Trilhos Termais
Caldas de São Jorge, PT
04-abril-2026

TRAIL LONGO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:00	20ºC	37%
End	22:28	20ºC	37%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	26	Renato Reis de Andrade	A seita que dói menos	51:14		02:34	
2	170	Pedro Bastos	PNB	51:53	+00:39	02:36	
3	2	Ivan Silva	Caldas de São Jorge Sport Clube	54:54	+03:40	02:45	
4	30	Manuel Oliveira	AMA-Associação Mondim Atletismo	54:55	+03:41	02:45	
5	41	Rui Lopes Silva	Clube Desportivo Feirense	56:46	+05:32	02:50	
6	61	Bruno Bastos	Individual	56:46	+05:32	02:50	
7	164	Tiago Oliveira	vale correr	56:51	+05:37	02:51	
8	38	Ricardo Silva	Caldas de São Jorge Sport Clube	56:55	+05:41	02:51	
9	145	Sérgio Coelho	Os fogo no cu	56:56	+05:42	02:51	
10	67	Eduardo Bastos	Individual	58:15	+07:01	02:55	
11	109	Sérgio Castro	Individual	58:36	+07:22	02:56	
12	128	Miguel Costa	Lourosa em Movimento	58:40	+07:26	02:56	
13	123	Ricardo Seromenho	JAM - Juventude Atlética Mozelense	59:01	+07:47	02:57	
14	29	Fernando Moura	AMA-Associação Mondim Atletismo	59:02	+07:48	02:57	
15	76	Leonardo Gil	Individual	59:32	+08:18	02:59	
16	74	Helder Paiva	Individual	59:37	+08:23	02:59	
17	153	Miguel Ferreira	Run & Fun	01:00:02	+08:48	03:00	
18	65	Diogo Silva	Individual	01:00:24	+09:10	03:01	
19	165	Elvio Santos	vale correr	01:00:36	+09:22	03:02	
20	72	Gonçalo Ferreira	Individual	01:00:39	+09:25	03:02	
21	45	Manuel Bastos	G.D.A Ronda	01:00:54	+09:40	03:03	
22	7	Amaro Teixeira	Atletico Clube Póvoa de Varzim	01:00:57	+09:43	03:03	
23	49	Domingos Ferreira	Guisande Trail Running	01:01:02	+09:48	03:03	
24	70	Frederico Santos	Individual	01:01:31	+10:17	03:05	
25	27	Ruben Aguiar	A seita que dói menos	01:02:11	+10:57	03:07	
26	130	Luís Silva	Lusitania de Lourosa FC- Secção de Atletismo	01:02:13	+10:59	03:07	
27	155	Ricardo Barbosa	Sapatilhas Verdes	01:02:31	+11:17	03:08	
28	42	João Ribeiro	Clube Desportivo Feirense	01:02:34	+11:20	03:08	
29	107	Pedro Pinto	Individual	01:02:39	+11:25	03:08	
30	131	Ricardo Santos	Mach1	01:03:02	+11:48	03:09	
31	77	Luís Oliveira	Individual	01:03:03	+11:49	03:09	
32	139	Fábio Manuel Gomes da Costa	Núcleo de Atletismo de Cucujães	01:03:11	+11:57	03:10	
33	826	Adriano Magalhães	Mind&body	01:03:17	+12:03	03:10	
34	40	Rafael Bravo	Clube Desportivo Feirense	01:03:30	+12:16	03:10	
35	140	Agostinho Costa	Núcleo de Atletismo de Cucujães	01:03:33	+12:19	03:11	
36	10	Arménio Rodrigues	Individual	01:04:04	+12:50	03:12	
37	69	Flavio Tavares	Individual	01:04:08	+12:54	03:12	
38	87	Tiago Gaspar	Individual	01:04:20	+13:06	03:13	
39	66	Diogo Tavares	Individual	01:04:21	+13:07	03:13	
40	94	Carlos Estrela	Individual	01:04:28	+13:14	03:13	
41	88	Tigo Sousa	Individual	01:04:30	+13:16	03:13	
42	91	Bruno Barros	Individual	01:04:37	+13:23	03:14	

TRAIL LONGO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	154	Diogo Reis	Sapatilhas Verdes	01:04:40	+13:26	03:14	
44	100	Marco Lopes	Individual	01:04:41	+13:27	03:14	
45	44	Pedro Cordas	Clube MILLENNIUMBCP	01:04:53	+13:39	03:15	
46	71	Gabriel Sousa	Individual	01:05:08	+13:54	03:15	
47	117	Francisco Pinheiro	Individual	01:05:10	+13:56	03:15	
48	104	Patrice Redon	Individual	01:05:12	+13:58	03:16	
49	119	Jose Paulo Teixeira	Individual	01:05:14	+14:00	03:16	
50	21	João Machado	365 Running Project	01:05:15	+14:01	03:16	
51	111	Tiago Ramos	Individual	01:05:15	+14:01	03:16	
52	28	Tiago Fonseca	A seita que dói menos	01:06:25	+15:11	03:19	
53	168	Carlos Carneiro	Vizinhos	01:06:29	+15:15	03:19	
54	48	Fabio Ventura	Guisande Trail Running	01:07:16	+16:02	03:22	
55	96	Francisco Lopes	Individual	01:07:25	+16:11	03:22	
56	152	Mário Jorge	Run & Fun	01:07:35	+16:21	03:23	
57	32	Filipe Soares	AZtrail	01:07:37	+16:23	03:23	
58	22	Tiago Neves	42RUN	01:07:46	+16:32	03:23	
59	89	Valter Soares	Individual	01:07:47	+16:33	03:23	
60	122	Nuno João costa	JAM - Juventude Atlética Mozelense	01:07:57	+16:43	03:24	
61	12	Daniel Gomes	JAVALIS100LIMITES	01:08:04	+16:50	03:24	
62	20	Marcos Carvalho	Running Espinho	01:08:04	+16:50	03:24	
63	112	Americo Bessa	Individual	01:08:07	+16:53	03:24	
64	58	Zoé Grimaud	Individual	01:08:29	+17:15	03:25	
65	86	Rúben Silva	Individual	01:08:34	+17:20	03:26	
66	115	Carlos Ferreira	Individual	01:09:09	+17:55	03:27	
67	19	Sérgio Gonçalves	RUN 4 FUN	01:09:58	+18:44	03:30	
68	80	Paulo Amorim	Individual	01:09:58	+18:44	03:30	
69	16	Ricardo Costa	Power Run Team	01:10:00	+18:46	03:30	
70	85	Roan Ribeiro	Individual	01:10:00	+18:46	03:30	
71	39	Bruno Gonçalves	Carregosa Lowlanders	01:10:03	+18:49	03:30	
72	15	Mónia Oliveira	Power Run Team	01:10:05	+18:51	03:30	
73	50	José Santos	Guisande Trail Running	01:10:13	+18:59	03:31	
74	43	Jorge Filipe Jesus Silva	Clube Desportivo Feirense	01:10:33	+19:19	03:32	
75	17	Claudio José Santos	Run & Fun	01:10:42	+19:28	03:32	
76	97	Hugo Silva	Individual	01:10:46	+19:32	03:32	
77	60	André Silva Mota	Individual	01:10:59	+19:45	03:33	
78	55	Laura Tavares	Individual	01:11:04	+19:50	03:33	
79	163	Roni Gomes	vale correr	01:11:07	+19:53	03:33	
80	150	Joel Pinto	Run & Fun	01:11:12	+19:58	03:34	
81	47	Leonel Oliveira	Grupo desportivo da Cruz das Eiras	01:11:29	+20:15	03:34	
82	46	Mauro Martins Nascimento	GDR Granja - TRUTAS DO MAU	01:12:06	+20:52	03:36	
83	52	Carlos Costa	Guisande Trail Running	01:12:43	+21:29	03:38	
84	141	Raul Délio Ferreira Pinto da Silva	Núcleo de Montanha de Espinho	01:12:44	+21:30	03:38	
85	82	Pedro Ferreira	Individual	01:12:53	+21:39	03:39	
86	79	Miguel Melo	Individual	01:13:01	+21:47	03:39	
87	62	Bruno Moreira	Individual	01:13:02	+21:48	03:39	
88	13	Rúben Silva	Lourosa em Movimento	01:13:04	+21:50	03:39	

TRAIL LONGO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	108	Rui Martins	Individual	01:13:04	+21:50	03:39	
90	136	Nuno Santos	Mind&body	01:13:55	+22:41	03:42	
91	135	Hugo Silva	Mind&body	01:13:57	+22:43	03:42	
92	169	Marco Danilo	Individual	01:13:57	+22:43	03:42	
93	25	Andre Valente	A seita que dói menos	01:14:32	+23:18	03:44	
94	68	Filipe Soares	Individual	01:15:14	+24:00	03:46	
95	78	Mário Jorge Alves da Silva	Individual	01:15:16	+24:02	03:46	
96	137	Carla Luis	Nova Linha Trail Runners	01:15:48	+24:34	03:47	
97	138	Vitor Ferreira	Nova Linha Trail Runners	01:15:48	+24:34	03:47	
98	14	António11862821 Pinto	Monte dos Amigos	01:15:56	+24:42	03:48	
99	120	PAULO SILVA	Individual	01:16:05	+24:51	03:48	
100	57	Sara Baptista	Individual	01:16:54	+25:40	03:51	
101	106	Pedro Pinheiro	Individual	01:16:55	+25:41	03:51	
102	161	Carlos silva	Tartaruguinhas	01:16:56	+25:42	03:51	
103	31	Mária Calmeiro	Arrifana Running	01:17:00	+25:46	03:51	
104	84	Ricardo Martins	Individual	01:17:01	+25:47	03:51	
105	157	António Reis	Sapatilhas Verdes	01:17:05	+25:51	03:51	
106	92	Bruno Oliveira	Individual	01:17:18	+26:04	03:52	
107	53	Jéssica Fonte	Individual	01:17:30	+26:16	03:52	
108	166	Gabriel Rodrigues	vale correr	01:17:30	+26:16	03:52	
109	51	Paulo Jesus	Guisande Trail Running	01:18:13	+26:59	03:55	
110	103	Orlando Henriques	Individual	01:18:28	+27:14	03:55	
111	113	António Moura	Individual	01:18:31	+27:17	03:56	
112	24	Mariana Pinho de Magalhães	A seita que dói menos	01:18:47	+27:33	03:56	
113	146	Daniela Sá	Os fogo no cu	01:19:30	+28:16	03:58	
114	93	Bruno Pinho	Individual	01:19:32	+28:18	03:59	
115	37	André silva	Bombeiros de Esmoriz	01:19:56	+28:42	04:00	
116	35	Rui Sousa	Bombeiros de Esmoriz	01:19:58	+28:44	04:00	
117	160	Flávio Marques	Sidel	01:20:02	+28:48	04:00	
118	54	Joana Filipa Rocha Tavares	Individual	01:20:27	+29:13	04:01	
119	156	João Rodrigues	Sapatilhas Verdes	01:21:14	+30:00	04:04	
120	99	Luís Cruz	Individual	01:23:28	+32:14	04:10	
121	64	Daniel Serra	Individual	01:23:30	+32:16	04:10	
122	148	Dany grilo	Run & Fun	01:25:07	+33:53	04:15	
123	149	João Silva	Run & Fun	01:25:08	+33:54	04:15	
124	6	Marlene Patusco	1002	01:25:10	+33:56	04:15	
125	18	Mike Funner	Run & Fun	01:25:18	+34:04	04:16	
126	151	Ac Costa	Run & Fun	01:25:32	+34:18	04:17	
127	147	Claudia Catarina	Run & Fun	01:25:35	+34:21	04:17	
128	23	Filipa Parreira	A seita que dói menos	01:25:40	+34:26	04:17	
129	90	Ana Sofia Silva	Individual	01:26:01	+34:47	04:18	
130	95	Filipe Machado	Individual	01:26:01	+34:47	04:18	
131	59	Alexandre Birra	Individual	01:26:28	+35:14	04:19	
132	125	Inês Costa Ferreira	Km zero	01:28:47	+37:33	04:26	
133	81	Pedro Fernando Vaz de Sousa Grilo	Individual	01:28:54	+37:40	04:27	
134	127	Pedro Daniel Alves Pinho	Km zero	01:28:56	+37:42	04:27	

TRAIL LONGO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	124	Ana Rita Reis Bastos da Silva	Km zero	01:28:58	+37:44	04:27	
136	126	Fabio Alexandre de Paiva Almeida	Km zero	01:28:59	+37:45	04:27	
137	11	Carlos Rangel	Individual	01:39:37	+48:23	04:59	
138	63	César Lopes	Individual	01:39:40	+48:26	04:59	
139	4	Maria João	1002	01:52:51	+01:01:37	05:39	
140	5	Mariana Nunes	1002	01:52:54	+01:01:40	05:39	
141	56	Mariana Lourenço	Individual	01:54:59	+01:03:45	05:45	
142	129	Tânia Costa	Lourosa em Movimento	01:54:59	+01:03:45	05:45	
143	8	João Sousa	Bravos e Bravitas	01:56:01	+01:04:47	05:48	
144	133	Zé Sena	Mind&body	01:56:01	+01:04:47	05:48	

Trilhos Termais
Caldas de São Jorge, PT
04-abril-2026

Trail Longo — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:00	20ºC	37%
End	22:28	20ºC	37%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	58	Zoé Grimaud	Individual	Senior Feminino	01:08:29		03:25
2	55	Laura Tavares	Individual	Senior Feminino	01:11:04	+02:35	03:33
3	57	Sara Baptista	Individual	Senior Feminino	01:16:54	+08:25	03:51
4	31	Mária Calmeiro	Arrifana Running	Senior Feminino	01:17:00	+08:31	03:51
5	53	Jéssica Fonte	Individual	Senior Feminino	01:17:30	+09:01	03:52
6	24	Mariana Pinho de Magalhães	A seita que dói menos	Senior Feminino	01:18:47	+10:18	03:56
7	54	Joana Filipa Rocha Tavares	Individual	Senior Feminino	01:20:27	+11:58	04:01
8	6	Marlene Patusco	1002	Senior Feminino	01:25:10	+16:41	04:15
9	23	Filipa Parreira	A seita que dói menos	Senior Feminino	01:25:40	+17:11	04:17
10	125	Inês Costa Ferreira	Km zero	Senior Feminino	01:28:47	+20:18	04:26
11	124	Ana Rita Reis Bastos da Silva	Km zero	Senior Feminino	01:28:58	+20:29	04:27
12	4	Maria João	1002	Senior Feminino	01:52:51	+44:22	05:39
13	5	Mariana Nunes	1002	Senior Feminino	01:52:54	+44:25	05:39
14	56	Mariana Lourenço	Individual	Senior Feminino	01:54:59	+46:30	05:45

Senior Masculino

1	26	Renato Reis de Andrade	A seita que dói menos	Senior Masculino	51:14		02:34
2	41	Rui Lopes Silva	Clube Desportivo Feirense	Senior Masculino	56:46	+05:32	02:50
3	61	Bruno Bastos	Individual	Senior Masculino	56:46	+05:32	02:50
4	164	Tiago Oliveira	vale correr	Senior Masculino	56:51	+05:37	02:51
5	145	Sérgio Coelho	Os fogo no cu	Senior Masculino	56:56	+05:42	02:51
6	67	Eduardo Bastos	Individual	Senior Masculino	58:15	+07:01	02:55
7	128	Miguel Costa	Lourosa em Movimento	Senior Masculino	58:40	+07:26	02:56
8	29	Fernando Moura	AMA-Associação Mondim Atletismo	Senior Masculino	59:02	+07:48	02:57
9	76	Leonardo Gil	Individual	Senior Masculino	59:32	+08:18	02:59
10	74	Helder Paiva	Individual	Senior Masculino	59:37	+08:23	02:59
11	65	Diogo Silva	Individual	Senior Masculino	01:00:24	+09:10	03:01
12	72	Gonçalo Ferreira	Individual	Senior Masculino	01:00:39	+09:25	03:02
13	7	Amaro Teixeira	Atletico Clube Póvoa de Varzim	Senior Masculino	01:00:57	+09:43	03:03
14	70	Frederico Santos	Individual	Senior Masculino	01:01:31	+10:17	03:05
15	27	Ruben Aguiar	A seita que dói menos	Senior Masculino	01:02:11	+10:57	03:07
16	130	Luís Silva	Lusitania de Lourosa FC- Secção de Atletismo	Senior Masculino	01:02:13	+10:59	03:07
17	155	Ricardo Barbosa	Sapatilhas Verdes	Senior Masculino	01:02:31	+11:17	03:08
18	131	Ricardo Santos	Mach1	Senior Masculino	01:03:02	+11:48	03:09
19	77	Luís Oliveira	Individual	Senior Masculino	01:03:03	+11:49	03:09
20	139	Fábio Manuel Gomes da Costa	Núcleo de Atletismo de Cucujães	Senior Masculino	01:03:11	+11:57	03:10
21	40	Rafael Bravo	Clube Desportivo Feirense	Senior Masculino	01:03:30	+12:16	03:10

Trail Longo — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

22	69	Flavio Tavares	Individual	Senior Masculino	01:04:08	+12:54	03:12
23	87	Tiago Gaspar	Individual	Senior Masculino	01:04:20	+13:06	03:13
24	66	Diogo Tavares	Individual	Senior Masculino	01:04:21	+13:07	03:13
25	88	Tigo Sousa	Individual	Senior Masculino	01:04:30	+13:16	03:13
26	154	Diogo Reis	Sapatilhas Verdes	Senior Masculino	01:04:40	+13:26	03:14
27	71	Gabriel Sousa	Individual	Senior Masculino	01:05:08	+13:54	03:15
28	28	Tiago Fonseca	A seita que dói menos	Senior Masculino	01:06:25	+15:11	03:19
29	48	Fabio Ventura	Guisande Trail Running	Senior Masculino	01:07:16	+16:02	03:22
30	22	Tiago Neves	42RUN	Senior Masculino	01:07:46	+16:32	03:23
31	89	Valter Soares	Individual	Senior Masculino	01:07:47	+16:33	03:23
32	86	Rúben Silva	Individual	Senior Masculino	01:08:34	+17:20	03:26
33	80	Paulo Amorim	Individual	Senior Masculino	01:09:58	+18:44	03:30
34	85	Roan Ribeiro	Individual	Senior Masculino	01:10:00	+18:46	03:30
35	60	André Silva Mota	Individual	Senior Masculino	01:10:59	+19:45	03:33
36	163	Roni Gomes	vale correr	Senior Masculino	01:11:07	+19:53	03:33
37	82	Pedro Ferreira	Individual	Senior Masculino	01:12:53	+21:39	03:39
38	79	Miguel Melo	Individual	Senior Masculino	01:13:01	+21:47	03:39
39	62	Bruno Moreira	Individual	Senior Masculino	01:13:02	+21:48	03:39
40	13	Rúben Silva	Lourosa em Movimento	Senior Masculino	01:13:04	+21:50	03:39
41	169	Marco Danilo	Individual	Senior Masculino	01:13:57	+22:43	03:42
42	25	Andre Valente	A seita que dói menos	Senior Masculino	01:14:32	+23:18	03:44
43	68	Filipe Soares	Individual	Senior Masculino	01:15:14	+24:00	03:46
44	78	Mário Jorge Alves da Silva	Individual	Senior Masculino	01:15:16	+24:02	03:46
45	84	Ricardo Martins	Individual	Senior Masculino	01:17:01	+25:47	03:51
46	35	Rui Sousa	Bombeiros de Esmoriz	Senior Masculino	01:19:58	+28:44	04:00
47	64	Daniel Serra	Individual	Senior Masculino	01:23:30	+32:16	04:10
48	59	Alexandre Birra	Individual	Senior Masculino	01:26:28	+35:14	04:19
49	81	Pedro Fernando Vaz de Sousa Grilo	Individual	Senior Masculino	01:28:54	+37:40	04:27
50	127	Pedro Daniel Alves Pinho	Km zero	Senior Masculino	01:28:56	+37:42	04:27
51	126	Fabio Alexandre de Paiva Almeida	Km zero	Senior Masculino	01:28:59	+37:45	04:27
52	63	César Lopes	Individual	Senior Masculino	01:39:40	+48:26	04:59
53	133	Zé Sena	Mind&body	Senior Masculino	01:56:01	+01:04:47	05:48

Veterana F40

1	15	Mónia Oliveira	Power Run Team	Veterana F40	01:10:05		03:30
2	137	Carla Luis	Nova Linha Trail Runners	Veterana F40	01:15:48	+05:43	03:47
3	146	Daniela Sá	Os fogo no cu	Veterana F40	01:19:30	+09:25	03:58
4	147	Claudia Catarina	Run & Fun	Veterana F40	01:25:35	+15:30	04:17
5	90	Ana Sofia Silva	Individual	Veterana F40	01:26:01	+15:56	04:18
6	129	Tânia Costa	Lourosa em Movimento	Veterana F40	01:54:59	+44:54	05:45

Veterano M40

1	170	Pedro Bastos	PNB	Veterano M40	51:53		02:36
2	2	Ivan Silva	Caldas de São Jorge Sport Clube	Veterano M40	54:54	+03:01	02:45

Trail Longo

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	30	Manuel Oliveira	AMA-Associação Mondim Atletismo	Veterano M40	54:55	+03:02	02:45
4	38	Ricardo Silva	Caldas de São Jorge Sport Clube	Veterano M40	56:55	+05:02	02:51
5	109	Sérgio Castro	Individual	Veterano M40	58:36	+06:43	02:56
6	123	Ricardo Seromenho	JAM - Juventude Atlética Mozelense	Veterano M40	59:01	+07:08	02:57
7	165	Elvio Santos	vale correr	Veterano M40	01:00:36	+08:43	03:02
8	49	Domingos Ferreira	Guisande Trail Running	Veterano M40	01:01:02	+09:09	03:03
9	42	João Ribeiro	Clube Desportivo Feirense	Veterano M40	01:02:34	+10:41	03:08
10	107	Pedro Pinto	Individual	Veterano M40	01:02:39	+10:46	03:08
11	826	Adriano Magalhães	Mind&body	Veterano M40	01:03:17	+11:24	03:10
12	94	Carlos Estrela	Individual	Veterano M40	01:04:28	+12:35	03:13
13	91	Bruno Barros	Individual	Veterano M40	01:04:37	+12:44	03:14
14	100	Marco Lopes	Individual	Veterano M40	01:04:41	+12:48	03:14
15	104	Patrice Redon	Individual	Veterano M40	01:05:12	+13:19	03:16
16	21	João Machado	365 Running Project	Veterano M40	01:05:15	+13:22	03:16
17	111	Tiago Ramos	Individual	Veterano M40	01:05:15	+13:22	03:16
18	168	Carlos Carneiro	Vizinhos	Veterano M40	01:06:29	+14:36	03:19
19	96	Francisco Lopes	Individual	Veterano M40	01:07:25	+15:32	03:22
20	32	Filipe Soares	AZtrail	Veterano M40	01:07:37	+15:44	03:23
21	122	Nuno João costa	JAM - Juventude Atlética Mozelense	Veterano M40	01:07:57	+16:04	03:24
22	20	Marcos Carvalho	Running Espinho	Veterano M40	01:08:04	+16:11	03:24
23	19	Sérgio Gonçalves	RUN 4 FUN	Veterano M40	01:09:58	+18:05	03:30
24	16	Ricardo Costa	Power Run Team	Veterano M40	01:10:00	+18:07	03:30
25	39	Bruno Gonçalves	Carregosa Lowlanders	Veterano M40	01:10:03	+18:10	03:30
26	50	José Santos	Guisande Trail Running	Veterano M40	01:10:13	+18:20	03:31
27	97	Hugo Silva	Individual	Veterano M40	01:10:46	+18:53	03:32
28	150	Joel Pinto	Run & Fun	Veterano M40	01:11:12	+19:19	03:34
29	47	Leonel Oliveira	Grupo desportivo da Cruz das Eiras	Veterano M40	01:11:29	+19:36	03:34
30	108	Rui Martins	Individual	Veterano M40	01:13:04	+21:11	03:39
31	136	Nuno Santos	Mind&body	Veterano M40	01:13:55	+22:02	03:42
32	135	Hugo Silva	Mind&body	Veterano M40	01:13:57	+22:04	03:42
33	138	Vitor Ferreira	Nova Linha Trail Runners	Veterano M40	01:15:48	+23:55	03:47
34	14	António11862821 Pinto	Monte dos Amigos	Veterano M40	01:15:56	+24:03	03:48
35	106	Pedro Pinheiro	Individual	Veterano M40	01:16:55	+25:02	03:51
36	161	Carlos silva	Tartaruguinhas	Veterano M40	01:16:56	+25:03	03:51
37	92	Bruno Oliveira	Individual	Veterano M40	01:17:18	+25:25	03:52
38	166	Gabriel Rodrigues	vale correr	Veterano M40	01:17:30	+25:37	03:52
39	51	Paulo Jesus	Guisande Trail Running	Veterano M40	01:18:13	+26:20	03:55
40	103	Orlando Henriques	Individual	Veterano M40	01:18:28	+26:35	03:55
41	93	Bruno Pinho	Individual	Veterano M40	01:19:32	+27:39	03:59
42	37	André silva	Bombeiros de Esmoriz	Veterano M40	01:19:56	+28:03	04:00
43	160	Flávio Marques	Sidel	Veterano M40	01:20:02	+28:09	04:00
44	156	João Rodrigues	Sapatilhas Verdes	Veterano M40	01:21:14	+29:21	04:04
45	99	Luís Cruz	Individual	Veterano M40	01:23:28	+31:35	04:10
46	148	Dany grilo	Run & Fun	Veterano M40	01:25:07	+33:14	04:15

Trail Longo — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

47	149	João Silva	Run & Fun	Veterano M40	01:25:08	+33:15	04:15
48	95	Filipe Machado	Individual	Veterano M40	01:26:01	+34:08	04:18

Veterano M50

1	153	Miguel Ferreira	Run & Fun	Veterano M50	01:00:02		03:00
2	45	Manuel Bastos	G.D.A Ronda	Veterano M50	01:00:54	+00:52	03:03
3	10	Arménio Rodrigues	Individual	Veterano M50	01:04:04	+04:02	03:12
4	44	Pedro Cordas	Clube MILLENNIUMBCP	Veterano M50	01:04:53	+04:51	03:15
5	117	Francisco Pinheiro	Individual	Veterano M50	01:05:10	+05:08	03:15
6	119	Jose Paulo Teixeira	Individual	Veterano M50	01:05:14	+05:12	03:16
7	152	Mário Jorge	Run & Fun	Veterano M50	01:07:35	+07:33	03:23
8	112	Americo Bessa	Individual	Veterano M50	01:08:07	+08:05	03:24
9	115	Carlos Ferreira	Individual	Veterano M50	01:09:09	+09:07	03:27
10	43	Jorge Filipe Jesus Silva	Clube Desportivo Feirense	Veterano M50	01:10:33	+10:31	03:32
11	17	Claudio José Santos	Run & Fun	Veterano M50	01:10:42	+10:40	03:32
12	46	Mauro Martins Nascimento	GDR Granja - TRUTAS DO MAU	Veterano M50	01:12:06	+12:04	03:36
13	52	Carlos Costa	Guisande Trail Running	Veterano M50	01:12:43	+12:41	03:38
14	141	Raul Délio Ferreira Pinto da Silva	Núcleo de Montanha de Espinho	Veterano M50	01:12:44	+12:42	03:38
15	120	PAULO SILVA	Individual	Veterano M50	01:16:05	+16:03	03:48
16	157	António Reis	Sapatilhas Verdes	Veterano M50	01:17:05	+17:03	03:51
17	113	António Moura	Individual	Veterano M50	01:18:31	+18:29	03:56
18	18	Mike Funner	Run & Fun	Veterano M50	01:25:18	+25:16	04:16
19	151	Ac Costa	Run & Fun	Veterano M50	01:25:32	+25:30	04:17
20	8	João Sousa	Bravos e Bravitas	Veterano M50	01:56:01	+55:59	05:48

Veterano M60

1	140	Agostinho Costa	Núcleo de Atletismo de Cucujães	Veterano M60	01:03:33		03:11
2	12	Daniel Gomes	JAVALIS100LIMITES	Veterano M60	01:08:04	+04:31	03:24
3	11	Carlos Rangel	Individual	Veterano M60	01:39:37	+36:04	04:59

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO FEIRENSE	8 + 33 + 37	78
2	A SEITA QUE DÓI MENOS	1 + 31 + 58	90
3	VALE CORRER	6 + 14 + 77	97
4	RUN & FUN	22 + 52 + 67	141
5	GUISANDE TRAIL RUNNING	20 + 56 + 79	155
6	SAPATILHAS VERDES	38 + 47 + 110	195
7	MIND&BODY	25 + 86 + 90	201
8	LOUROSA EM MOVIMENTO	9 + 74 + 143	226
9	KM ZERO	132 + 133 + 134	399
10	1002	130 + 140 + 141	411

Trilhos Termais
Caldas de São Jorge, PT
04-abril-2026

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:30	17ºC	59%
End	22:11	17ºC	59%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1	João Sousa	Individual	58:41		04:31	
2	596	João Amaro	Clube Desportivo Feirense	59:47	+01:06	04:36	
3	867	Tiago Rosas	Sporting Clube de Espinho / Antonio Leitão	01:00:32	+01:51	04:39	
4	830	Fernando lima	NAC	01:00:45	+02:04	04:40	
5	578	Bruno Silva	Bravos e Bravitas	01:01:33	+02:52	04:44	
6	603	Carlos Dias	DCI/Trilhos Luso Bussaco	01:01:46	+03:05	04:45	
7	586	Bruno Vidinha	Caldas de São Jorge Sport Clube	01:02:38	+03:57	04:49	
8	568	Daniel Silva	Associação de Jovens da Landeira	01:06:24	+07:43	05:06	
9	898	André Melo	G.D.A Ronda	01:06:47	+08:06	05:08	
10	795	Tony Cunha	A.R.C Vale S. Cosme	01:07:13	+08:32	05:10	
11	862	Nuno Santos	Sentir Escariz running	01:07:35	+08:54	05:12	
12	561	Bruno Soares	Arrifana Running	01:09:37	+10:56	05:21	
13	532	Diogo Vieira	RIBEITRAIL	01:09:43	+11:02	05:22	
14	881	Manuel Miguéis	V.C BiKE	01:10:09	+11:28	05:24	
15	574	Rui Teixeira	Bravos e Bravitas	01:11:12	+12:31	05:29	
16	503	Carlos paiva	A.C.D.C.D.S.M.F	01:11:50	+13:09	05:32	
17	863	Paulo Sérgio Silva Gomes	Sentir Escariz running	01:12:34	+13:53	05:35	
18	695	Joao Tavares	Individual	01:12:41	+14:00	05:35	
19	821	Manuel Silva	Lourosa em Movimento	01:13:23	+14:42	05:39	
20	575	Samuel Adriano	Bravos e Bravitas	01:13:47	+15:06	05:41	
21	623	Pedro Lopes	Guisande Trail Running	01:13:54	+15:13	05:41	
22	579	Fábio Pereira	Bravos e Bravitas	01:14:17	+15:36	05:43	
23	533	Vitor Freitas	RIBEITRAIL	01:14:50	+16:09	05:45	
24	534	Bruno Cartaxo	RM RUNNERS by Mira a Mexer	01:15:31	+16:50	05:49	
25	778	Sérgio Silva	Individual	01:15:44	+17:03	05:50	
26	716	Roberto Bastos	Individual	01:15:46	+17:05	05:50	
27	886	Marco Oliveira	Individual	01:15:46	+17:05	05:50	
28	689	Francisco Manuel Teixeira Marques	Individual	01:15:51	+17:10	05:50	
29	593	Luis Santos	CLTT - Clínica Litoralis Trail Team	01:16:36	+17:55	05:54	
30	588	António Joaquim Vaz da Silva	Caldas de São Jorge Sport Clube	01:16:51	+18:10	05:55	
31	517	Tiago Jose Teixeira Ribeiro	Individual	01:17:04	+18:23	05:56	
32	763	Marco Oliveira	Individual	01:18:05	+19:24	06:00	
33	592	Victor Silva	Chamas na Pista	01:18:10	+19:29	06:01	
34	762	Marcio Oliveira	Individual	01:18:11	+19:30	06:01	
35	829	Jorge Portela	MSS Grupo Desportivo de Gondomar	01:18:14	+19:33	06:01	
36	535	FERNANDO MORAIS	Saca Trilhos Anadia	01:18:36	+19:55	06:03	
37	855	Sara Mota	Run & Fun	01:19:08	+20:27	06:05	
38	857	Nelson pais	Run & Fun	01:19:10	+20:29	06:05	
39	835	Fábio Jorge Ferreira Azevedo	NIGHT RUNNERS FEIRA	01:19:37	+20:56	06:07	
40	565	José Rodrigues	Arrifana Running	01:19:37	+20:56	06:07	
41	513	Afonso Fonseca	Individual	01:20:23	+21:42	06:11	
42	860	Miguel sousa	Sapatilhas Verdes	01:20:37	+21:56	06:12	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	582	Alcides Relvas	Bravos e Bravitas	01:20:48	+22:07	06:13	
44	884	Ana Gomes	Individual	01:21:30	+22:49	06:16	
45	792	José Augusto Ferreira	Individual	01:21:32	+22:51	06:16	
46	572	CARLOS SANTOS	Brandoenses Running	01:21:33	+22:52	06:16	
47	516	Tiago Jorge Alves da silva	Individual	01:21:35	+22:54	06:17	
48	777	Samuel Rebelo	Individual	01:21:48	+23:07	06:18	
49	523	Paulo Rocha	Individual	01:21:59	+23:18	06:18	
50	775	Rui Albino	Individual	01:22:03	+23:22	06:19	
51	897	Hugo Teixeira	Bravos e Bravitas	01:22:21	+23:40	06:20	
52	553	Adélia Tavares	ADC CJCLARK de Castelo de Paiva	01:22:23	+23:42	06:20	
53	546	Andre Soares	2Brothers Team	01:22:24	+23:43	06:20	
54	102	Nuno Costa	Individual	01:22:27	+23:46	06:21	
55	885	Sérgio Gonçalves	Individual	01:22:39	+23:58	06:21	
56	709	Paulo Resende	Individual	01:23:01	+24:20	06:23	
57	703	Miguel pereira	Individual	01:23:22	+24:41	06:25	
58	595	Vera Ferreira	Clube Desportivo Feirense	01:23:27	+24:46	06:25	
59	874	Hugo Fardilha	Treino e não sei porque não emagreço	01:24:06	+25:25	06:28	
60	804	Justino Soares	JAM - Juventude Atlética Mozelense	01:24:08	+25:27	06:28	
61	708	Nuno Santiago Oliveira	Individual	01:24:08	+25:27	06:28	
62	617	Sonia Almeida	Guisande Trail Running	01:24:33	+25:52	06:30	
63	678	André Flávio	Individual	01:25:05	+26:24	06:33	
64	573	CONSTANTINO MOTA	Brandoenses Running	01:25:12	+26:31	06:33	
65	783	Antonio Silva	Individual	01:25:23	+26:42	06:34	
66	760	Lazaro Teixeira	Individual	01:25:40	+26:59	06:35	
67	676	André Alão Silva	Individual	01:26:09	+27:28	06:38	
68	700	MARCELO MAGALHÃES	Individual	01:26:09	+27:28	06:38	
69	506	João Alberto Ferreira dos Santos	Bravos e Bravitas	01:26:23	+27:42	06:39	
70	757	Jorge Almeida	Individual	01:26:36	+27:55	06:40	
71	732	RUTE PINTO	Individual	01:26:44	+28:03	06:40	
72	179	Antonio Neves	Individual	01:26:54	+28:13	06:41	
73	583	Diogo Almeida	BV Viseu	01:26:58	+28:17	06:41	
74	772	Ricardo BRC	Individual	01:27:01	+28:20	06:42	
75	683	Daniel Pimentel	Individual	01:27:01	+28:20	06:42	
76	680	Carlos Simões	Individual	01:27:03	+28:22	06:42	
77	671	Sofia Cristina Azevedo Peixoto	Individual	01:27:09	+28:28	06:42	
78	753	Henrique Sousa	Individual	01:27:11	+28:30	06:42	
79	764	Marco Pinto	Individual	01:27:20	+28:39	06:43	
80	720	samuel rocha	Individual	01:27:46	+29:05	06:45	
81	765	Mário Ferreira	Individual	01:27:51	+29:10	06:45	
82	547	Pedro Soares	2Brothers Team	01:27:56	+29:15	06:46	
83	686	Fábio Pereira	Individual	01:28:00	+29:19	06:46	
84	699	Leandro Pereira	Individual	01:28:37	+29:56	06:49	
85	684	Diogo Rufino	Individual	01:28:37	+29:56	06:49	
86	789	Gabriel Rodrigues	Individual	01:28:52	+30:11	06:50	
87	525	Jorge de Vasconcelos	Individual	01:28:55	+30:14	06:50	
88	769	Renato Seixas	Individual	01:29:02	+30:21	06:51	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	849	Gabriel Azevedo	PT GABRIEL AZEVEDO	01:29:05	+30:24	06:51	
90	721	Sérgio Silva	Individual	01:29:28	+30:47	06:53	
91	613	Tiago Carriola	Furadouro Trail	01:29:39	+30:58	06:54	
92	620	Marco Pires	Guisande Trail Running	01:29:59	+31:18	06:55	
93	530	Luis Gomes	Pastello Runners	01:30:04	+31:23	06:56	
94	755	João Rocha	Individual	01:30:09	+31:28	06:56	
95	848	Bruno Oliveira	Petrus Runners	01:30:26	+31:45	06:57	
96	698	José Silva	Individual	01:30:52	+32:11	06:59	
97	717	Ruben Silva	Individual	01:31:01	+32:20	07:00	
98	688	Francisco dos Santos Almeida	Individual	01:31:01	+32:20	07:00	
99	734	SOFIA FERREIRA	Individual	01:31:04	+32:23	07:00	
100	710	Pedro André Santos Tavares	Individual	01:31:57	+33:16	07:04	
101	537	Raul leite	Trailnadas	01:32:05	+33:24	07:05	
102	822	José Leite	Mano Leite	01:32:06	+33:25	07:05	
103	756	João Silveira	Individual	01:32:07	+33:26	07:05	
104	754	Humberto Barros	Individual	01:32:12	+33:31	07:06	
105	770	Ricardo Ascensão	Individual	01:32:14	+33:33	07:06	
106	677	André Filipe Sousa Pinho	Individual	01:32:26	+33:45	07:07	
107	659	Liliana Gomes	Individual	01:32:37	+33:56	07:07	
108	780	Simão Cardoso	Individual	01:32:37	+33:56	07:07	
109	693	João Campos	Individual	01:32:41	+34:00	07:08	
110	785	César Sousa	Individual	01:32:58	+34:17	07:09	
111	782	Alcino Ferreira Dos Santos	Individual	01:33:23	+34:42	07:11	
112	589	Licínia Silva	Caminhadas da amizade	01:33:23	+34:42	07:11	
113	559	Rosa Saldanha	AMA-Associação Mondim Atletismo	01:33:26	+34:45	07:11	
114	816	maria do ceu	Korpi	01:33:27	+34:46	07:11	
115	606	CRISTINA JORGE	Figueira Kayak Clube	01:33:34	+34:53	07:12	
116	608	Rafael Ferreira	Figueira Kayak Clube	01:33:35	+34:54	07:12	
117	644	Catarina Souto	Individual	01:33:50	+35:09	07:13	
118	587	Joaquim Lobato	Caldas de São Jorge Sport Clube	01:33:54	+35:13	07:13	
119	806	rodrigo pinhal	JAVALIS100LIMITES	01:33:59	+35:18	07:14	
120	805	joana pereira	JAVALIS100LIMITES	01:33:59	+35:18	07:14	
121	766	Mário Neves	Individual	01:34:02	+35:21	07:14	
122	675	Alexandre Pinho	Individual	01:34:04	+35:23	07:14	
123	791	Jorge Costa	Individual	01:34:10	+35:29	07:15	
124	768	Pedro Vieria	Individual	01:34:28	+35:47	07:16	
125	648	Daniela Rodrigues	Individual	01:34:42	+36:01	07:17	
126	761	Luis Marques	Individual	01:34:53	+36:12	07:18	
127	803	Mário Costa	Individual	01:34:53	+36:12	07:18	
128	581	Vitor Lima	Bravos e Bravitas	01:35:08	+36:27	07:19	
129	733	Sandra Moreira	Individual	01:35:08	+36:27	07:19	
130	887	André Filipe Silva Freitas	Individual	01:35:11	+36:30	07:19	
131	622	Pedro Ferreira	Guisande Trail Running	01:35:49	+37:08	07:22	
132	813	Francisco manuel pinheiro guedes mota	Korpi	01:36:04	+37:23	07:23	
133	799	José Castro	Individual	01:36:10	+37:29	07:24	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	851	Carla Soares	Pupilos do Zé-Tó	01:36:15	+37:34	07:24	
135	692	Ivo Valente	Individual	01:36:16	+37:35	07:24	
136	707	Nuno Brandão	Individual	01:36:16	+37:35	07:24	
137	858	Daniel Serralva	Running Mozelos	01:36:43	+38:02	07:26	
138	713	Rafael Pinto Teixeira	Individual	01:36:51	+38:10	07:27	
139	649	Daniela Teixeira	Individual	01:37:00	+38:19	07:28	
140	719	S. Gonçalves	Individual	01:37:04	+38:23	07:28	
141	132	Mafalda Machado	Mind&body	01:37:05	+38:24	07:28	
142	651	Filipa Martins	Individual	01:37:08	+38:27	07:28	
143	877	Leandro Freitas	Trilhos de Viana	01:37:16	+38:35	07:29	
144	743	Dulce Bastos	Individual	01:37:38	+38:57	07:31	
145	702	Martim Oliveira	Individual	01:37:56	+39:15	07:32	
146	604	Rosa Silva	DUELO D'OCASIÃO	01:38:12	+39:31	07:33	
147	685	Edgar Moreira Oliveira Aguiar	Individual	01:38:28	+39:47	07:34	
148	661	Mafalda Oliveira	Individual	01:38:31	+39:50	07:35	
149	528	Sérgio Almeida	Mota Team	01:38:40	+39:59	07:35	
150	529	Vitor Sousa	Mota Team	01:38:41	+40:00	07:35	
151	508	André Bairos	BV Viseu	01:38:59	+40:18	07:37	
152	827	Cristiana Moreira	Missão imperdível	01:39:15	+40:34	07:38	
153	554	Manuela Rodrigues	ADC CJCLARK de Castelo de Paiva	01:39:16	+40:35	07:38	
154	555	Armindo Rodrigues	ADC CJCLARK de Castelo de Paiva	01:39:16	+40:35	07:38	
155	605	João Almeida	Estronca Silvas	01:39:18	+40:38	07:38	
156	563	Tiago Araújo	Arrifana Running	01:39:25	+40:44	07:39	
157	562	Renato Rodrigues	Arrifana Running	01:39:25	+40:44	07:39	
158	850	Ana Dias	Pupilos do Zé-Tó	01:39:29	+40:48	07:39	
159	567	José Sousa	Associação de atletismo Lebres do sado	01:39:40	+40:59	07:40	
160	672	Tânia Dinis	Individual	01:39:40	+40:59	07:40	
161	687	Filipe Marques	Individual	01:39:41	+41:00	07:40	
162	558	Marisa Fernandes	AMA-Associação Mondim Atletismo	01:39:57	+41:16	07:41	
163	663	Margarida Pereira	Individual	01:40:00	+41:19	07:42	
164	681	Carlos Sousa	Individual	01:40:00	+41:19	07:42	
165	569	Pedro Brites	Atletas ao Domingo	01:40:22	+41:41	07:43	
166	895	Carla Cardoso	Individual	01:40:22	+41:41	07:43	
167	505	Sóninha Oliveira	Bravos e Bravitas	01:40:39	+41:58	07:45	
168	890	Liliana Costa	Individual	01:40:58	+42:17	07:46	
169	515	João Almeida	Individual	01:41:21	+42:40	07:48	
170	647	Daniela Lima	Individual	01:41:45	+43:04	07:50	
171	774	Romeu Valente	Individual	01:41:48	+43:07	07:50	
172	626	José Pinheiro	Guisande Trail Running	01:41:53	+43:12	07:50	
173	551	Andreia Teixeira	ADC CJCLARK de Castelo de Paiva	01:41:53	+43:12	07:50	
174	852	Liliana Vieira	RIBEITRAIL	01:42:08	+43:27	07:51	
175	730	Joana Tavares	Individual	01:42:08	+43:27	07:51	
176	619	Fernanda Pinheiro	Guisande Trail Running	01:42:14	+43:33	07:52	
177	640	Andreia couto	Individual	01:42:19	+43:38	07:52	
178	512	Catarina Matos	Individual	01:42:20	+43:39	07:52	
179	819	João Queirós	Linces do Marão	01:42:27	+43:46	07:53	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	3	VÍTOR ALMEIDA	Câmara Municipal de Santa Maria da Feira	01:42:30	+43:49	07:53	
181	872	Pedro Lopes	Trailnadas	01:43:01	+44:20	07:55	
182	591	Ricardo Fraga	Casal de Basto	01:43:13	+44:32	07:56	
183	590	Carla Gonçalves	Casal de Basto	01:43:13	+44:32	07:56	
184	856	Maria do Carmo	Run & Fun	01:43:15	+44:34	07:57	
185	643	Catarina Granja	Individual	01:43:18	+44:37	07:57	
186	557	Paulo Pereira	Alexcianos	01:43:22	+44:41	07:57	
187	896	Orquidea Reis	Individual	01:43:37	+44:56	07:58	
188	749	Antonio jesus	Individual	01:45:20	+46:39	08:06	
189	728	Helena Pires	Individual	01:45:58	+47:17	08:09	
190	859	Edite Guedes	SaltaPocinhas	01:46:02	+47:21	08:09	
191	888	Luis Pereira	Caça Raposas	01:46:15	+47:34	08:10	
192	750	Antonio Jose Moreira de Sousa	Individual	01:46:24	+47:43	08:11	
193	854	Mila Assuncao	Run & Fun	01:46:34	+47:53	08:12	
194	786	Eduardo Castro	Individual	01:46:44	+48:03	08:13	
195	634	Ana Catarina Lei	Individual	01:46:46	+48:05	08:13	
196	701	Marco Resende	Individual	01:47:14	+48:33	08:15	
197	815	martim campos freitas	Korpi	01:47:33	+48:52	08:16	
198	566	Simão Pereira	Arrifana Running	01:47:37	+48:56	08:17	
199	737	Vera Agostinho	Individual	01:47:39	+48:59	08:17	
200	817	Andre Luis SILVA Freitas	Korpi	01:47:40	+48:59	08:17	
201	627	Manuel Gomes	Guisande Trail Running	01:47:54	+49:13	08:18	
202	580	Sérgio Almeida	Bravos e Bravitas	01:48:12	+49:31	08:19	
203	576	Isa Dias	Bravos e Bravitas	01:48:12	+49:31	08:19	
204	807	Mario Fonseca	Juventude Cortegacense	01:48:31	+49:50	08:21	
205	601	Joana Oliveira de Almeida Pinho	CMMC Vale de Cambra	01:48:35	+49:54	08:21	
206	814	luis miguel teixeira simoes	Korpi	01:49:02	+50:21	08:23	
207	812	Jessica Ventura Azevedo	Korpi	01:49:02	+50:21	08:23	
208	504	Paula Martins	Arrifana Running	01:49:43	+51:02	08:26	
209	564	Diogo Lopes	Arrifana Running	01:49:43	+51:02	08:26	
210	630	simao costa	Homens do mato e mulheres da cidade	01:49:52	+51:11	08:27	
211	570	Eduardo Vieira	AZtrail	01:50:15	+51:34	08:29	
212	632	Ana Almeida	Individual	01:50:30	+51:49	08:30	
213	571	Iara Silva	Bombeiros de Esmoriz	01:50:33	+51:52	08:30	
214	868	Diana pais	Tartaruguinhas	01:51:21	+52:40	08:34	
215	767	Nuno Miguel da Silva	Individual	01:51:24	+52:43	08:34	
216	509	Lucia Santos	Caminhadas da amizade	01:51:35	+52:54	08:35	
217	629	Marco Soares	Homens do mato e mulheres da cidade	01:52:05	+53:24	08:37	
218	751	Carlos Alçada	Individual	01:52:37	+53:56	08:40	
219	682	Daniel Brás	Individual	01:53:11	+54:30	08:42	
220	696	Joel Soares	Individual	01:53:12	+54:31	08:42	
221	818	Antonio jose rodrigues teixeira	Korpi	01:53:25	+54:44	08:43	
222	636	Ana Filipa Gomes Sousa	Individual	01:53:34	+54:53	08:44	
223	642	Carolina Leite	Individual	01:54:07	+55:26	08:47	
224	828	Ana Ribeiro	Missão imperdível	01:54:12	+55:31	08:47	
225	540	Gisela Avelar	Missão imperdível	01:54:12	+55:31	08:47	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	641	Carolina Leite	Individual	01:54:39	+55:58	08:49	
227	729	Inês Brizido	Individual	01:54:49	+56:08	08:50	
228	843	Filipa Oliveira	Petrus Runners	01:54:53	+56:12	08:50	
229	844	Patricia Oliveira	Petrus Runners	01:54:53	+56:12	08:50	
230	847	Susana Marques	Petrus Runners	01:54:53	+56:12	08:50	
231	845	Eduardo Santos	Petrus Runners	01:54:54	+56:13	08:50	
232	705	Myke Santos	Individual	01:55:00	+56:19	08:51	
233	656	Joana Silva	Individual	01:55:16	+56:35	08:52	
234	790	João Pedro Pinheiro	Individual	01:55:58	+57:17	08:55	
235	662	Márcia Alves	Individual	01:55:58	+57:17	08:55	
236	776	Rui Ferreira	Individual	01:56:09	+57:28	08:56	
237	784	CARLOS MIGUEL BASTOS RODRIGUES DE PAIVA	Individual	01:57:07	+58:26	09:01	
238	669	Rute João Cirino da Silva	Individual	01:57:07	+58:26	09:01	
239	624	Pedro Santos	Guisande Trail Running	01:57:20	+58:39	09:02	
240	724	Albertina Oliveira	Individual	01:57:54	+59:13	09:04	
241	633	Ana Azevedo	Individual	01:57:56	+59:15	09:04	
242	846	Marlene Oliveira	Petrus Runners	01:57:58	+59:17	09:04	
243	518	Isabel Moreira	Individual	01:58:04	+59:23	09:05	
244	522	Mário Alves	Individual	01:58:05	+59:24	09:05	
245	625	Ricardo Lopes	Guisande Trail Running	01:58:48	+01:00:07	09:08	
246	616	Sandra Matos	Guisande Trail Running	01:58:48	+01:00:07	09:08	
247	621	Nuno Silva	Guisande Trail Running	01:58:48	+01:00:07	09:08	
248	560	José Cerdeira	AMA-Associação Mondim Atletismo	01:59:55	+01:01:14	09:13	
249	628	Ana Ferreira	Homens do mato e mulheres da cidade	01:59:55	+01:01:14	09:13	
250	711	Pedro Miguel Oliveira Gonçalves	Individual	02:00:05	+01:01:24	09:14	
251	654	Florbela Fernandes Lobo	Individual	02:00:06	+01:01:25	09:14	
252	747	Augusta Rodrigues	Individual	02:00:17	+01:01:36	09:15	
253	556	Rui Martins	ADC CJCLARK de Castelo de Paiva	02:00:28	+01:01:47	09:16	
254	691	Hugo sousa	Individual	02:00:29	+01:01:48	09:16	
255	552	Marta Sousa	ADC CJCLARK de Castelo de Paiva	02:00:29	+01:01:48	09:16	
256	781	Alcídio Figueiredo	Individual	02:00:47	+01:02:06	09:17	
257	788	Franck Coelho	Individual	02:00:51	+01:02:10	09:18	
258	577	Marta Carvalho	Bravos e Bravitas	02:00:52	+01:02:11	09:18	
259	876	Sandro Jorge	TrepaTrilhos Trail Team	02:01:46	+01:03:05	09:22	
260	875	Andreia Jorge	TrepaTrilhos Trail Team	02:01:46	+01:03:05	09:22	
261	834	SUSANA LEITE	NIGHT RUNNERS FEIRA	02:02:11	+01:03:30	09:24	
262	836	Antonio Almeida	NIGHT RUNNERS FEIRA	02:02:12	+01:03:31	09:24	
263	524	Pedro Oliveira	Individual	02:02:42	+01:04:01	09:26	
264	599	Rita sousa	CMMC Vale de Cambra	02:02:50	+01:04:09	09:27	
265	600	Alexandre Peixoto	CMMC Vale de Cambra	02:02:51	+01:04:10	09:27	
266	550	Carlos Augusto Fernandes Louro	ADABEM Running Team	02:02:54	+01:04:13	09:27	
267	549	Filipa de Sousa Costa	ADABEM Running Team	02:02:54	+01:04:13	09:27	
268	502	Dalila Barroca	1002	02:03:03	+01:04:22	09:28	
269	668	Rita Barroca Pereira da Rocha	Individual	02:03:03	+01:04:22	09:28	
270	745	Maria José da Silva Barbosa	Individual	02:03:24	+01:04:43	09:30	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
271	660	Mafalda Barbosa da Silva	Individual	02:03:24	+01:04:43	09:30	
272	712	Pedro Rocha	Individual	02:03:29	+01:04:48	09:30	
273	725	Elisa Ferreira	Individual	02:03:29	+01:04:48	09:30	
274	861	Eva Alves	Sapatilhas Verdes	02:03:40	+01:04:59	09:31	
275	542	Márcio Martins	100 Gás Trail Team	02:04:36	+01:05:55	09:35	
276	541	Carla Pimenta	100 Gás Trail Team	02:04:36	+01:05:55	09:35	
277	736	Telma Borges	Individual	02:05:17	+01:06:36	09:38	
278	824	Diana Almeida	Mind&body	02:05:26	+01:06:45	09:39	
279	865	Helena Duarte	Siga	02:05:35	+01:06:54	09:40	
280	536	Hélder Duarte	Siga	02:05:35	+01:06:54	09:40	
281	866	Anthony Tavares	Siga	02:05:36	+01:06:55	09:40	
282	746	Paula Caldas	Individual	02:05:49	+01:07:08	09:41	
283	665	Mariana Costa	Individual	02:06:05	+01:07:24	09:42	
284	655	Joana Costa	Individual	02:06:05	+01:07:25	09:42	
285	718	Rui Cunha	Individual	02:08:12	+01:09:31	09:52	
286	539	Fátima Nunes	Trilhados - ACD Santiago	02:08:31	+01:09:50	09:53	
287	538	Tânia Bastos	Trilhados - ACD Santiago	02:08:31	+01:09:50	09:53	
288	526	Carlos Barroso	Individual	02:09:13	+01:10:32	09:56	
289	653	Filipa Serôdio	Individual	02:09:40	+01:10:59	09:58	
290	715	Ricardo Serôdio	Individual	02:09:40	+01:10:59	09:58	
291	735	Tânia Tavares	Individual	02:09:42	+01:11:01	09:59	
292	779	Sérgio Tavares	Individual	02:09:42	+01:11:01	09:59	
293	527	Ulema Gonçalves	Mirandela a Correr	02:11:51	+01:13:10	10:09	
294	825	Telma Adegas	Mind&body	02:12:21	+01:13:40	10:11	
295	752	Hélder Correia	Individual	02:13:10	+01:14:29	10:15	
296	882	Susana Lopes	Zinde	02:14:12	+01:15:31	10:19	
297	883	David Silva	Zinde	02:14:14	+01:15:33	10:20	
298	511	Francisco Gonçalves	Francisco Gonçalves	02:14:29	+01:15:48	10:21	
299	831	Carla Patricia Tavares	NIGHT RUNNERS FEIRA	02:16:10	+01:17:29	10:28	
300	833	Lucinda Lemos	NIGHT RUNNERS FEIRA	02:16:10	+01:17:29	10:28	
301	838	Mário A. Costa Pereira	NIGHT RUNNERS FEIRA	02:16:10	+01:17:29	10:28	
302	832	Celia Pinho	NIGHT RUNNERS FEIRA	02:16:10	+01:17:29	10:28	
303	744	Maria da Luz Bastos Couto	Individual	02:16:28	+01:17:47	10:30	
304	631	Alexandra Serôdio	Individual	02:20:32	+01:21:51	10:49	
305	714	Ricardo Lagoela	Individual	02:20:32	+01:21:51	10:49	
306	731	Renata Lopes	Individual	02:20:37	+01:21:56	10:49	
307	658	Líbia Teixeira	Individual	02:22:43	+01:24:02	10:59	
308	869	Priscilla silva	Tartaruguinhas	02:22:47	+01:24:06	10:59	
309	811	ines da silva costa	Korpi	02:25:03	+01:26:22	11:09	
310	810	diva freitas	Korpi	02:25:03	+01:26:22	11:09	
311	639	Ana Sol	Individual	02:25:06	+01:26:25	11:10	
312	650	Fabiana Oliveira	Individual	02:26:27	+01:27:46	11:16	
313	635	Ana Esteves	Individual	02:27:48	+01:29:07	11:22	
314	638	Ana Maia	Individual	02:27:49	+01:29:08	11:22	
315	543	Beatriz Almeida	1002	02:33:03	+01:34:22	11:46	
316	545	Gil Nunes	1002	02:33:03	+01:34:22	11:46	

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
317	544	Fagner Moreno	1002	02:33:04	+01:34:23	11:46	
318	787	Eduardo Guedes	Individual	02:35:35	+01:36:54	11:58	
319	673	Vânia Neves	Individual	02:35:35	+01:36:54	11:58	
320	738	Vera costa	Individual	02:35:52	+01:37:11	11:59	
321	666	Marta Fernandes	Individual	02:36:01	+01:37:20	12:00	
322	664	Maria João Ferreira	Individual	02:40:45	+01:42:04	12:22	
323	520	Hugo Almeida	Individual	02:40:45	+01:42:04	12:22	
324	519	Alexandra Rainha Silva	Individual	02:41:12	+01:42:31	12:24	
325	800	José Manuel da Costa e Silva	Individual	02:41:18	+01:42:37	12:24	

Trilhos Termais
Caldas de São Jorge, PT
04-abril-2026

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:30	17ºC	59%
End	22:11	17ºC	59%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	595	Vera Ferreira	Clube Desportivo Feirense	Senior Feminino	01:23:27		06:25
2	671	Sofia Cristina Azevedo Peixoto	Individual	Senior Feminino	01:27:09	+03:42	06:42
3	659	Liliana Gomes	Individual	Senior Feminino	01:32:37	+09:10	07:07
4	606	CRISTINA JORGE	Figueira Kayak Clube	Senior Feminino	01:33:34	+10:07	07:12
5	644	Catarina Souto	Individual	Senior Feminino	01:33:50	+10:23	07:13
6	805	joana pereira	JAVALIS100LIMITES	Senior Feminino	01:33:59	+10:32	07:14
7	648	Daniela Rodrigues	Individual	Senior Feminino	01:34:42	+11:15	07:17
8	649	Daniela Teixeira	Individual	Senior Feminino	01:37:00	+13:33	07:28
9	132	Mafalda Machado	Mind&body	Senior Feminino	01:37:05	+13:38	07:28
10	651	Filipa Martins	Individual	Senior Feminino	01:37:08	+13:41	07:28
11	661	Mafalda Oliveira	Individual	Senior Feminino	01:38:31	+15:04	07:35
12	672	Tânia Dinis	Individual	Senior Feminino	01:39:40	+16:13	07:40
13	663	Margarida Pereira	Individual	Senior Feminino	01:40:00	+16:33	07:42
14	647	Daniela Lima	Individual	Senior Feminino	01:41:45	+18:18	07:50
15	551	Andreia Teixeira	ADC CJCLARK de Castelo de Paiva	Senior Feminino	01:41:53	+18:26	07:50
16	852	Liliana Vieira	RIBEITRAIL	Senior Feminino	01:42:08	+18:41	07:51
17	640	Andreia couto	Individual	Senior Feminino	01:42:19	+18:52	07:52
18	512	Catarina Matos	Individual	Senior Feminino	01:42:20	+18:53	07:52
19	590	Carla Gonçalves	Casal de Basto	Senior Feminino	01:43:13	+19:46	07:56
20	643	Catarina Granja	Individual	Senior Feminino	01:43:18	+19:51	07:57
21	634	Ana Catarina Lei	Individual	Senior Feminino	01:46:46	+23:19	08:13
22	812	Jessica Ventura Azevedo	Korpi	Senior Feminino	01:49:02	+25:35	08:23
23	632	Ana Almeida	Individual	Senior Feminino	01:50:30	+27:03	08:30
24	571	Iara Silva	Bombeiros de Esmoriz	Senior Feminino	01:50:33	+27:06	08:30
25	868	Diana pais	Tartaruguinhas	Senior Feminino	01:51:21	+27:54	08:34
26	636	Ana Filipa Gomes Sousa	Individual	Senior Feminino	01:53:34	+30:07	08:44
27	642	Carolina Leite	Individual	Senior Feminino	01:54:07	+30:40	08:47
28	641	Carolina Leite	Individual	Senior Feminino	01:54:39	+31:12	08:49
29	843	Filipa Oliveira	Petrus Runners	Senior Feminino	01:54:53	+31:26	08:50
30	844	Patricia Oliveira	Petrus Runners	Senior Feminino	01:54:53	+31:26	08:50
31	656	Joana Silva	Individual	Senior Feminino	01:55:16	+31:49	08:52
32	662	Márcia Alves	Individual	Senior Feminino	01:55:58	+32:31	08:55
33	669	Rute João Cirino da Silva	Individual	Senior Feminino	01:57:07	+33:40	09:01
34	633	Ana Azevedo	Individual	Senior Feminino	01:57:56	+34:29	09:04
35	654	Florbela Fernandes Lobo	Individual	Senior Feminino	02:00:06	+36:39	09:14
36	599	Rita sousa	CMMC Vale de Cambra	Senior Feminino	02:02:50	+39:23	09:27
37	549	Filipa de Sousa Costa	ADABEM Running Team	Senior Feminino	02:02:54	+39:27	09:27
38	502	Dalila Barroca	1002	Senior Feminino	02:03:03	+39:36	09:28
39	668	Rita Barroca Pereira da Rocha	Individual	Senior Feminino	02:03:03	+39:36	09:28

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	660	Mafalda Barbosa da Silva	Individual	Senior Feminino	02:03:24	+39:57	09:30
41	865	Helena Duarte	Siga	Senior Feminino	02:05:35	+42:08	09:40
42	665	Mariana Costa	Individual	Senior Feminino	02:06:05	+42:38	09:42
43	655	Joana Costa	Individual	Senior Feminino	02:06:05	+42:38	09:42
44	538	Tânia Bastos	Trilhados - ACD Santiago	Senior Feminino	02:08:31	+45:04	09:53
45	653	Filipa Serôdio	Individual	Senior Feminino	02:09:40	+46:13	09:58
46	631	Alexandra Serôdio	Individual	Senior Feminino	02:20:32	+57:05	10:49
47	658	Líbia Teixeira	Individual	Senior Feminino	02:22:43	+59:16	10:59
48	811	ines da silva costa	Korpi	Senior Feminino	02:25:03	+01:01:35	11:09
49	810	diva freitas	Korpi	Senior Feminino	02:25:03	+01:01:36	11:09
50	639	Ana Sol	Individual	Senior Feminino	02:25:06	+01:01:39	11:10
51	650	Fabiana Oliveira	Individual	Senior Feminino	02:26:27	+01:02:59	11:16
52	635	Ana Esteves	Individual	Senior Feminino	02:27:48	+01:04:21	11:22
53	638	Ana Maia	Individual	Senior Feminino	02:27:49	+01:04:22	11:22
54	543	Beatriz Almeida	1002	Senior Feminino	02:33:03	+01:09:36	11:46
55	673	Vânia Neves	Individual	Senior Feminino	02:35:35	+01:12:08	11:58
56	666	Marta Fernandes	Individual	Senior Feminino	02:36:01	+01:12:34	12:00
57	664	Maria João Ferreira	Individual	Senior Feminino	02:40:45	+01:17:18	12:22

Senior Masculino

1	1	João Sousa	Individual	Senior Masculino	58:41		04:31
2	596	João Amaro	Clube Desportivo Feirense	Senior Masculino	59:47	+01:05	04:36
3	867	Tiago Rosas	Sporting Clube de Espinho / Antonio Leitão	Senior Masculino	01:00:32	+01:51	04:39
4	603	Carlos Dias	DCI/Trilhos Luso Bussaco	Senior Masculino	01:01:46	+03:04	04:45
5	586	Bruno Vidinha	Caldas de São Jorge Sport Clube	Senior Masculino	01:02:38	+03:56	04:49
6	561	Bruno Soares	Arrifana Running	Senior Masculino	01:09:37	+10:55	05:21
7	532	Diogo Vieira	RIBEITRAIL	Senior Masculino	01:09:43	+11:01	05:22
8	574	Rui Teixeira	Bravos e Bravitas	Senior Masculino	01:11:12	+12:30	05:29
9	695	Joao Tavares	Individual	Senior Masculino	01:12:41	+13:59	05:35
10	575	Samuel Adriano	Bravos e Bravitas	Senior Masculino	01:13:47	+15:05	05:41
11	533	Vitor Freitas	RIBEITRAIL	Senior Masculino	01:14:50	+16:08	05:45
12	716	Roberto Bastos	Individual	Senior Masculino	01:15:46	+17:04	05:50
13	886	Marco Oliveira	Individual	Senior Masculino	01:15:46	+17:04	05:50
14	689	Francisco Manuel Teixeira Marques	Individual	Senior Masculino	01:15:51	+17:09	05:50
15	593	Luis Santos	CLTT - Clínica Litoralis Trail Team	Senior Masculino	01:16:36	+17:54	05:54
16	517	Tiago Jose Teixeira Ribeiro	Individual	Senior Masculino	01:17:04	+18:22	05:56
17	592	Victor Silva	Chamas na Pista	Senior Masculino	01:18:10	+19:29	06:01
18	513	Afonso Fonseca	Individual	Senior Masculino	01:20:23	+21:41	06:11
19	860	Miguel sousa	Sapatilhas Verdes	Senior Masculino	01:20:37	+21:55	06:12
20	516	Tiago Jorge Alves da silva	Individual	Senior Masculino	01:21:35	+22:53	06:17
21	546	Andre Soares	2Brothers Team	Senior Masculino	01:22:24	+23:42	06:20
22	885	Sérgio Gonçalves	Individual	Senior Masculino	01:22:39	+23:57	06:21
23	709	Paulo Resende	Individual	Senior Masculino	01:23:01	+24:19	06:23
24	703	Miguel pereira	Individual	Senior Masculino	01:23:22	+24:40	06:25

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

25	708	Nuno Santiago Oliveira	Individual	Senior Masculino	01:24:08	+25:26	06:28
26	678	André Flávio	Individual	Senior Masculino	01:25:05	+26:23	06:33
27	676	André Alão Silva	Individual	Senior Masculino	01:26:09	+27:27	06:38
28	700	MARCELO MAGALHÃES	Individual	Senior Masculino	01:26:09	+27:27	06:38
29	583	Diogo Almeida	BV Viseu	Senior Masculino	01:26:58	+28:16	06:41
30	683	Daniel Pimentel	Individual	Senior Masculino	01:27:01	+28:19	06:42
31	680	Carlos Simões	Individual	Senior Masculino	01:27:03	+28:22	06:42
32	720	samuel rocha	Individual	Senior Masculino	01:27:46	+29:04	06:45
33	686	Fábio Pereira	Individual	Senior Masculino	01:28:00	+29:18	06:46
34	699	Leandro Pereira	Individual	Senior Masculino	01:28:37	+29:55	06:49
35	684	Diogo Rufino	Individual	Senior Masculino	01:28:37	+29:55	06:49
36	849	Gabriel Azevedo	PT GABRIEL AZEVEDO	Senior Masculino	01:29:05	+30:23	06:51
37	721	Sérgio Silva	Individual	Senior Masculino	01:29:28	+30:47	06:53
38	698	José Silva	Individual	Senior Masculino	01:30:52	+32:10	06:59
39	717	Ruben Silva	Individual	Senior Masculino	01:31:01	+32:19	07:00
40	688	Francisco dos Santos Almeida	Individual	Senior Masculino	01:31:01	+32:19	07:00
41	710	Pedro André Santos Tavares	Individual	Senior Masculino	01:31:57	+33:15	07:04
42	677	André Filipe Sousa Pinho	Individual	Senior Masculino	01:32:26	+33:44	07:07
43	693	João Campos	Individual	Senior Masculino	01:32:41	+33:59	07:08
44	806	rodrigo pinhal	JAVALIS100LIMITES	Senior Masculino	01:33:59	+35:17	07:14
45	675	Alexandre Pinho	Individual	Senior Masculino	01:34:04	+35:22	07:14
46	887	André Filipe Silva Freitas	Individual	Senior Masculino	01:35:11	+36:29	07:19
47	813	Francisco manuel pinheiro guedes mota	Korpi	Senior Masculino	01:36:04	+37:22	07:23
48	692	Ivo Valente	Individual	Senior Masculino	01:36:16	+37:34	07:24
49	707	Nuno Brandão	Individual	Senior Masculino	01:36:16	+37:35	07:24
50	858	Daniel Serralva	Running Mozelos	Senior Masculino	01:36:43	+38:02	07:26
51	713	Rafael Pinto Teixeira	Individual	Senior Masculino	01:36:51	+38:09	07:27
52	719	S. Gonçalves	Individual	Senior Masculino	01:37:04	+38:22	07:28
53	702	Martim Oliveira	Individual	Senior Masculino	01:37:56	+39:14	07:32
54	685	Edgar Moreira Oliveira Aguiar	Individual	Senior Masculino	01:38:28	+39:46	07:34
55	508	André Bairos	BV Viseu	Senior Masculino	01:38:59	+40:17	07:37
56	563	Tiago Araújo	Arrifana Running	Senior Masculino	01:39:25	+40:43	07:39
57	562	Renato Rodrigues	Arrifana Running	Senior Masculino	01:39:25	+40:43	07:39
58	687	Filipe Marques	Individual	Senior Masculino	01:39:41	+40:59	07:40
59	681	Carlos Sousa	Individual	Senior Masculino	01:40:00	+41:18	07:42
60	515	João Almeida	Individual	Senior Masculino	01:41:21	+42:39	07:48
61	819	João Queirós	Linces do Marão	Senior Masculino	01:42:27	+43:45	07:53
62	3	VÍTOR ALMEIDA	Câmara Municipal de Santa Maria da Feira	Senior Masculino	01:42:30	+43:48	07:53
63	591	Ricardo Fraga	Casal de Basto	Senior Masculino	01:43:13	+44:31	07:56
64	888	Luis Pereira	Caça Raposas	Senior Masculino	01:46:15	+47:33	08:10
65	701	Marco Resende	Individual	Senior Masculino	01:47:14	+48:32	08:15
66	815	martim campos freitas	Korpi	Senior Masculino	01:47:33	+48:52	08:16
67	807	Mario Fonseca	Juventude Cortegacense	Senior Masculino	01:48:31	+49:49	08:21
68	814	luis miguel teixeira simoes	Korpi	Senior Masculino	01:49:02	+50:20	08:23
69	682	Daniel Brás	Individual	Senior Masculino	01:53:11	+54:29	08:42
70	696	Joel Soares	Individual	Senior Masculino	01:53:12	+54:31	08:42

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

71	845	Eduardo Santos	Petrus Runners	Senior Masculino	01:54:54	+56:12	08:50
72	705	Myke Santos	Individual	Senior Masculino	01:55:00	+56:18	08:51
73	711	Pedro Miguel Oliveira Gonçalves	Individual	Senior Masculino	02:00:05	+01:01:23	09:14
74	691	Hugo sousa	Individual	Senior Masculino	02:00:29	+01:01:47	09:16
75	600	Alexandre Peixoto	CMMC Vale de Cambra	Senior Masculino	02:02:51	+01:04:09	09:27
76	550	Carlos Augusto Fernandes Louro	ADABEM Running Team	Senior Masculino	02:02:54	+01:04:12	09:27
77	712	Pedro Rocha	Individual	Senior Masculino	02:03:29	+01:04:47	09:30
78	866	Anthony Tavares	Siga	Senior Masculino	02:05:36	+01:06:54	09:40
79	718	Rui Cunha	Individual	Senior Masculino	02:08:12	+01:09:30	09:52
80	715	Ricardo Serôdio	Individual	Senior Masculino	02:09:40	+01:10:58	09:58
81	714	Ricardo Lagoela	Individual	Senior Masculino	02:20:32	+01:21:50	10:49
82	545	Gil Nunes	1002	Senior Masculino	02:33:03	+01:34:21	11:46
83	544	Fagner Moreno	1002	Senior Masculino	02:33:04	+01:34:22	11:46

Veterana F40

1	617	Sonia Almeida	Guisande Trail Running	Veterana F40	01:24:33		06:30
2	732	RUTE PINTO	Individual	Veterana F40	01:26:44	+02:10	06:40
3	734	SOFIA FERREIRA	Individual	Veterana F40	01:31:04	+06:31	07:00
4	589	Licínia Silva	Caminhadas da amizade	Veterana F40	01:33:23	+08:50	07:11
5	733	Sandra Moreira	Individual	Veterana F40	01:35:08	+10:35	07:19
6	851	Carla Soares	Pupilos do Zé-Tó	Veterana F40	01:36:15	+11:42	07:24
7	604	Rosa Silva	DUELO D'OCASIÃO	Veterana F40	01:38:12	+13:39	07:33
8	827	Cristiana Moreira	Missão imperdível	Veterana F40	01:39:15	+14:41	07:38
9	850	Ana Dias	Pupilos do Zé-Tó	Veterana F40	01:39:29	+14:56	07:39
10	558	Marisa Fernandes	AMA-Associação Mondim Atletismo	Veterana F40	01:39:57	+15:24	07:41
11	505	Sóninha Oliveira	Bravos e Bravitas	Veterana F40	01:40:39	+16:06	07:45
12	890	Liliana Costa	Individual	Veterana F40	01:40:58	+16:25	07:46
13	730	Joana Tavares	Individual	Veterana F40	01:42:08	+17:35	07:51
14	728	Helena Pires	Individual	Veterana F40	01:45:58	+21:25	08:09
15	859	Edite Guedes	SaltaPocinhas	Veterana F40	01:46:02	+21:29	08:09
16	737	Vera Agostinho	Individual	Veterana F40	01:47:39	+23:06	08:17
17	576	Isa Dias	Bravos e Bravitas	Veterana F40	01:48:12	+23:39	08:19
18	601	Joana Oliveira de Almeida Pinho	CMMC Vale de Cambra	Veterana F40	01:48:35	+24:02	08:21
19	540	Gisela Avelar	Missão imperdível	Veterana F40	01:54:12	+29:39	08:47
20	729	Inês Brizido	Individual	Veterana F40	01:54:49	+30:16	08:50
21	847	Susana Marques	Petrus Runners	Veterana F40	01:54:53	+30:20	08:50
22	724	Albertina Oliveira	Individual	Veterana F40	01:57:54	+33:20	09:04
23	846	Marlene Oliveira	Petrus Runners	Veterana F40	01:57:58	+33:25	09:04
24	518	Isabel Moreira	Individual	Veterana F40	01:58:04	+33:31	09:05
25	616	Sandra Matos	Guisande Trail Running	Veterana F40	01:58:48	+34:15	09:08
26	628	Ana Ferreira	Homens do mato e mulheres da cidade	Veterana F40	01:59:55	+35:22	09:13
27	552	Marta Sousa	ADC CJCLARK de Castelo de Paiva	Veterana F40	02:00:29	+35:56	09:16
28	875	Andreia Jorge	TrepaTrilhos Trail Team	Veterana F40	02:01:46	+37:13	09:22

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

29	725	Elisa Ferreira	Individual	Veterana F40	02:03:29	+38:56	09:30
30	861	Eva Alves	Sapatilhas Verdes	Veterana F40	02:03:40	+39:07	09:31
31	541	Carla Pimenta	100 Gás Trail Team	Veterana F40	02:04:36	+40:03	09:35
32	736	Telma Borges	Individual	Veterana F40	02:05:17	+40:43	09:38
33	824	Diana Almeida	Mind&body	Veterana F40	02:05:26	+40:53	09:39
34	735	Tânia Tavares	Individual	Veterana F40	02:09:42	+45:09	09:59
35	831	Carla Patricia Tavares	NIGHT RUNNERS FEIRA	Veterana F40	02:16:10	+51:36	10:28
36	731	Renata Lopes	Individual	Veterana F40	02:20:37	+56:04	10:49
37	869	Priscilla silva	Tartaruguinhas	Veterana F40	02:22:47	+58:14	10:59
38	738	Vera costa	Individual	Veterana F40	02:35:52	+01:11:19	11:59

Veterana F50

1	855	Sara Mota	Run & Fun	Veterana F50	01:19:08		06:05
2	884	Ana Gomes	Individual	Veterana F50	01:21:30	+02:21	06:16
3	553	Adélia Tavares	ADC CJCLARK de Castelo de Paiva	Veterana F50	01:22:23	+03:14	06:20
4	559	Rosa Saldanha	AMA-Associação Mondim Atletismo	Veterana F50	01:33:26	+14:17	07:11
5	816	maria do ceu	Korpi	Veterana F50	01:33:27	+14:18	07:11
6	743	Dulce Bastos	Individual	Veterana F50	01:37:38	+18:29	07:31
7	554	Manuela Rodrigues	ADC CJCLARK de Castelo de Paiva	Veterana F50	01:39:16	+20:07	07:38
8	895	Carla Cardoso	Individual	Veterana F50	01:40:22	+21:13	07:43
9	619	Fernanda Pinheiro	Guisande Trail Running	Veterana F50	01:42:14	+23:05	07:52
10	896	Orquidea Reis	Individual	Veterana F50	01:43:37	+24:28	07:58
11	504	Paula Martins	Arrifana Running	Veterana F50	01:49:43	+30:34	08:26
12	828	Ana Ribeiro	Missão imperdível	Veterana F50	01:54:12	+35:03	08:47
13	577	Marta Carvalho	Bravos e Bravitas	Veterana F50	02:00:52	+41:43	09:18
14	834	SUSANA LEITE	NIGHT RUNNERS FEIRA	Veterana F50	02:02:11	+43:02	09:24
15	745	Maria José da Silva Barbosa	Individual	Veterana F50	02:03:24	+44:15	09:30
16	746	Paula Caldas	Individual	Veterana F50	02:05:49	+46:40	09:41
17	539	Fátima Nunes	Trilhados - ACD Santiago	Veterana F50	02:08:31	+49:22	09:53
18	825	Telma Adegas	Mind&body	Veterana F50	02:12:21	+53:12	10:11
19	882	Susana Lopes	Zinde	Veterana F50	02:14:12	+55:03	10:19
20	833	Lucinda Lemos	NIGHT RUNNERS FEIRA	Veterana F50	02:16:10	+57:01	10:28
21	832	Celia Pinho	NIGHT RUNNERS FEIRA	Veterana F50	02:16:10	+57:01	10:28
22	744	Maria da Luz Bastos Couto	Individual	Veterana F50	02:16:28	+57:19	10:30

Veterana F60

1	856	Maria do Carmo	Run & Fun	Veterana F60	01:43:15		07:57
2	854	Mila Assuncao	Run & Fun	Veterana F60	01:46:34	+03:19	08:12
3	509	Lucia Santos	Caminhadas da amizade	Veterana F60	01:51:35	+08:19	08:35
4	747	Augusta Rodrigues	Individual	Veterana F60	02:00:17	+17:01	09:15
5	527	Ulema Gonçalves	Mirandela a Correr	Veterana F60	02:11:51	+28:36	10:09

6	519	Alexandra Rainha Silva	Individual	Veterana F60	02:41:12	+57:57	12:24

Veterano M40

1	578	Bruno Silva	Bravos e Bravitas	Veterano M40	01:01:33		04:44
2	568	Daniel Silva	Associação de Jovens da Landeira	Veterano M40	01:06:24	+04:51	05:06
3	898	André Melo	G.D.A Ronda	Veterano M40	01:06:47	+05:13	05:08
4	862	Nuno Santos	Sentir Escariz running	Veterano M40	01:07:35	+06:02	05:12
5	881	Manuel Miguéis	V.C BiKE	Veterano M40	01:10:09	+08:36	05:24
6	503	Carlos paiva	A.C.D.C.D.S.M.F	Veterano M40	01:11:50	+10:16	05:32
7	863	Paulo Sérgio Silva Gomes	Sentir Escariz running	Veterano M40	01:12:34	+11:00	05:35
8	821	Manuel Silva	Lourosa em Movimento	Veterano M40	01:13:23	+11:49	05:39
9	623	Pedro Lopes	Guisande Trail Running	Veterano M40	01:13:54	+12:21	05:41
10	579	Fábio Pereira	Bravos e Bravitas	Veterano M40	01:14:17	+12:44	05:43
11	534	Bruno Cartaxo	RM RUNNERS by Mira a Mexer	Veterano M40	01:15:31	+13:58	05:49
12	778	Sérgio Silva	Individual	Veterano M40	01:15:44	+14:11	05:50
13	763	Marco Oliveira	Individual	Veterano M40	01:18:05	+16:32	06:00
14	762	Marcio Oliveira	Individual	Veterano M40	01:18:11	+16:37	06:01
15	857	Nelson pais	Run & Fun	Veterano M40	01:19:10	+17:36	06:05
16	835	Fábio Jorge Ferreira Azevedo	NIGHT RUNNERS FEIRA	Veterano M40	01:19:37	+18:04	06:07
17	565	José Rodrigues	Arrifana Running	Veterano M40	01:19:37	+18:04	06:07
18	777	Samuel Rebelo	Individual	Veterano M40	01:21:48	+20:14	06:18
19	523	Paulo Rocha	Individual	Veterano M40	01:21:59	+20:25	06:18
20	775	Rui Albino	Individual	Veterano M40	01:22:03	+20:30	06:19
21	897	Hugo Teixeira	Bravos e Bravitas	Veterano M40	01:22:21	+20:47	06:20
22	102	Nuno Costa	Individual	Veterano M40	01:22:27	+20:53	06:21
23	874	Hugo Fardilha	Treino e não sei porque não emagreço	Veterano M40	01:24:06	+22:33	06:28
24	760	Lazaro Teixeira	Individual	Veterano M40	01:25:40	+24:07	06:35
25	506	João Alberto Ferreira dos Santos	Bravos e Bravitas	Veterano M40	01:26:23	+24:50	06:39
26	757	Jorge Almeida	Individual	Veterano M40	01:26:36	+25:03	06:40
27	179	Antonio Neves	Individual	Veterano M40	01:26:54	+25:21	06:41
28	772	Ricardo BRC	Individual	Veterano M40	01:27:01	+25:27	06:42
29	753	Henrique Sousa	Individual	Veterano M40	01:27:11	+25:38	06:42
30	764	Marco Pinto	Individual	Veterano M40	01:27:20	+25:47	06:43
31	765	Mário Ferreira	Individual	Veterano M40	01:27:51	+26:17	06:45
32	547	Pedro Soares	2Brothers Team	Veterano M40	01:27:56	+26:22	06:46
33	769	Renato Seixas	Individual	Veterano M40	01:29:02	+27:28	06:51
34	613	Tiago Carriola	Furadouro Trail	Veterano M40	01:29:39	+28:06	06:54
35	620	Marco Pires	Guisande Trail Running	Veterano M40	01:29:59	+28:26	06:55
36	755	João Rocha	Individual	Veterano M40	01:30:09	+28:36	06:56
37	848	Bruno Oliveira	Petrus Runners	Veterano M40	01:30:26	+28:52	06:57
38	537	Raul leite	Trailnadas	Veterano M40	01:32:05	+30:32	07:05
39	756	João Silveira	Individual	Veterano M40	01:32:07	+30:34	07:05
40	754	Humberto Barros	Individual	Veterano M40	01:32:12	+30:39	07:06

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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41	770	Ricardo Ascensão	Individual	Veterano M40	01:32:14	+30:41	07:06
42	780	Simão Cardoso	Individual	Veterano M40	01:32:37	+31:04	07:07
43	766	Mário Neves	Individual	Veterano M40	01:34:02	+32:28	07:14
44	768	Pedro Vieria	Individual	Veterano M40	01:34:28	+32:54	07:16
45	761	Luis Marques	Individual	Veterano M40	01:34:53	+33:19	07:18
46	622	Pedro Ferreira	Guisande Trail Running	Veterano M40	01:35:49	+34:16	07:22
47	528	Sérgio Almeida	Mota Team	Veterano M40	01:38:40	+37:07	07:35
48	605	João Almeida	Estronca Silvas	Veterano M40	01:39:18	+37:45	07:38
49	774	Romeu Valente	Individual	Veterano M40	01:41:48	+40:15	07:50
50	872	Pedro Lopes	Trailnadas	Veterano M40	01:43:01	+41:28	07:55
51	557	Paulo Pereira	Alexcianos	Veterano M40	01:43:22	+41:48	07:57
52	749	Antonio jesus	Individual	Veterano M40	01:45:20	+43:46	08:06
53	750	Antonio Jose Moreira de Sousa	Individual	Veterano M40	01:46:24	+44:51	08:11
54	817	Andre Luis SILVA Freitas	Korpi	Veterano M40	01:47:40	+46:06	08:17
55	564	Diogo Lopes	Arrifana Running	Veterano M40	01:49:43	+48:10	08:26
56	630	simao costa	Homens do mato e mulheres da cidade	Veterano M40	01:49:52	+48:19	08:27
57	570	Eduardo Vieira	AZtrail	Veterano M40	01:50:15	+48:42	08:29
58	767	Nuno Miguel da Silva	Individual	Veterano M40	01:51:24	+49:51	08:34
59	629	Marco Soares	Homens do mato e mulheres da cidade	Veterano M40	01:52:05	+50:32	08:37
60	751	Carlos Alçada	Individual	Veterano M40	01:52:37	+51:04	08:40
61	818	Antonio jose rodrigues teixeira	Korpi	Veterano M40	01:53:25	+51:52	08:43
62	776	Rui Ferreira	Individual	Veterano M40	01:56:09	+54:36	08:56
63	624	Pedro Santos	Guisande Trail Running	Veterano M40	01:57:20	+55:47	09:02
64	522	Mário Alves	Individual	Veterano M40	01:58:05	+56:31	09:05
65	625	Ricardo Lopes	Guisande Trail Running	Veterano M40	01:58:48	+57:14	09:08
66	621	Nuno Silva	Guisande Trail Running	Veterano M40	01:58:48	+57:15	09:08
67	876	Sandro Jorge	TrepaTrilhos Trail Team	Veterano M40	02:01:46	+01:00:12	09:22
68	524	Pedro Oliveira	Individual	Veterano M40	02:02:42	+01:01:08	09:26
69	542	Márcio Martins	100 Gás Trail Team	Veterano M40	02:04:36	+01:03:03	09:35
70	779	Sérgio Tavares	Individual	Veterano M40	02:09:42	+01:08:09	09:59
71	752	Hélder Correia	Individual	Veterano M40	02:13:10	+01:11:37	10:15
72	520	Hugo Almeida	Individual	Veterano M40	02:40:45	+01:39:12	12:22

Veterano M50

1	830	Fernando lima	NAC	Veterano M50	01:00:45		04:40
2	795	Tony Cunha	A.R.C Vale S. Cosme	Veterano M50	01:07:13	+06:27	05:10
3	829	Jorge Portela	MSS Grupo Desportivo de Gondomar	Veterano M50	01:18:14	+17:28	06:01
4	792	José Augusto Ferreira	Individual	Veterano M50	01:21:32	+20:47	06:16
5	572	CARLOS SANTOS	Brandoenses Running	Veterano M50	01:21:33	+20:47	06:16
6	573	CONSTANTINO MOTA	Brandoenses Running	Veterano M50	01:25:12	+24:26	06:33
7	783	Antonio Silva	Individual	Veterano M50	01:25:23	+24:38	06:34
8	789	Gabriel Rodrigues	Individual	Veterano M50	01:28:52	+28:07	06:50
9	525	Jorge de Vasconcelos	Individual	Veterano M50	01:28:55	+28:10	06:50

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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10	530	Luis Gomes	Pastello Runners	Veterano M50	01:30:04	+29:18	06:56
11	822	José Leite	Mano Leite	Veterano M50	01:32:06	+31:21	07:05
12	785	César Sousa	Individual	Veterano M50	01:32:58	+32:12	07:09
13	782	Alcino Ferreira Dos Santos	Individual	Veterano M50	01:33:23	+32:37	07:11
14	608	Rafael Ferreira	Figueira Kayak Clube	Veterano M50	01:33:35	+32:49	07:12
15	587	Joaquim Lobato	Caldas de São Jorge Sport Clube	Veterano M50	01:33:54	+33:08	07:13
16	791	Jorge Costa	Individual	Veterano M50	01:34:10	+33:25	07:15
17	581	Vitor Lima	Bravos e Bravitas	Veterano M50	01:35:08	+34:22	07:19
18	529	Vitor Sousa	Mota Team	Veterano M50	01:38:41	+37:55	07:35
19	555	Armindo Rodrigues	ADC CJCLARK de Castelo de Paiva	Veterano M50	01:39:16	+38:31	07:38
20	567	José Sousa	Associação de atletismo Lebres do sado	Veterano M50	01:39:40	+38:54	07:40
21	569	Pedro Brites	Atletas ao Domingo	Veterano M50	01:40:22	+39:36	07:43
22	786	Eduardo Castro	Individual	Veterano M50	01:46:44	+45:58	08:13
23	566	Simão Pereira	Arrifana Running	Veterano M50	01:47:37	+46:51	08:17
24	580	Sérgio Almeida	Bravos e Bravitas	Veterano M50	01:48:12	+47:26	08:19
25	790	João Pedro Pinheiro	Individual	Veterano M50	01:55:58	+55:12	08:55
26	784	CARLOS MIGUEL BASTOS RODRIGUES DE PAIVA	Individual	Veterano M50	01:57:07	+56:21	09:01
27	556	Rui Martins	ADC CJCLARK de Castelo de Paiva	Veterano M50	02:00:28	+59:43	09:16
28	781	Alcídio Figueiredo	Individual	Veterano M50	02:00:47	+01:00:01	09:17
29	788	Franck Coelho	Individual	Veterano M50	02:00:51	+01:00:05	09:18
30	836	Antonio Almeida	NIGHT RUNNERS FEIRA	Veterano M50	02:02:12	+01:01:26	09:24
31	536	Hélder Duarte	Siga	Veterano M50	02:05:35	+01:04:50	09:40
32	883	David Silva	Zinde	Veterano M50	02:14:14	+01:13:28	10:20
33	838	Mário A. Costa Pereira	NIGHT RUNNERS FEIRA	Veterano M50	02:16:10	+01:15:24	10:28
34	787	Eduardo Guedes	Individual	Veterano M50	02:35:35	+01:34:49	11:58

Veterano M60

1	588	António Joaquim Vaz da Silva	Caldas de São Jorge Sport Clube	Veterano M60	01:16:51		05:55
2	535	FERNANDO MORAIS	Saca Trilhos Anadia	Veterano M60	01:18:36	+01:45	06:03
3	582	Alcides Relvas	Bravos e Bravitas	Veterano M60	01:20:48	+03:56	06:13
4	804	Justino Soares	JAM - Juventude Atlética Mozelense	Veterano M60	01:24:08	+07:16	06:28
5	803	Mário Costa	Individual	Veterano M60	01:34:53	+18:02	07:18
6	799	José Castro	Individual	Veterano M60	01:36:10	+19:18	07:24
7	877	Leandro Freitas	Trilhos de Viana	Veterano M60	01:37:16	+20:24	07:29
8	626	José Pinheiro	Guisande Trail Running	Veterano M60	01:41:53	+25:02	07:50
9	627	Manuel Gomes	Guisande Trail Running	Veterano M60	01:47:54	+31:03	08:18
10	560	José Cerdeira	AMA-Associação Mondim Atletismo	Veterano M60	01:59:55	+43:04	09:13
11	526	Carlos Barroso	Individual	Veterano M60	02:09:13	+52:21	09:56
12	511	Francisco Gonçalves	Francisco Gonçalves	Veterano M60	02:14:29	+57:37	10:21
13	800	José Manuel da Costa e Silva	Individual	Veterano M60	02:41:18	+01:24:26	12:24

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

TEAM RESULTS - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	BRAVOS E BRAVITAS	5 + 15 + 20	40
2	CALDAS DE SÃO JORGE SPORT CLUBE	7 + 30 + 118	155
3	GUISANDE TRAIL RUNNING	21 + 62 + 92	175
4	ARRIFANA RUNNING	12 + 40 + 156	208
5	RIBEITRAIL	13 + 23 + 174	210
6	RUN & FUN	37 + 38 + 184	259
7	ADC CJCLARK DE CASTELO DE PAIVA	52 + 153 + 154	359
8	KORPI	114 + 132 + 197	443
9	AMA-ASSOCIAÇÃO MONDIM ATLETISMO	113 + 162 + 248	523
10	PETRUS RUNNERS	95 + 228 + 229	552
11	NIGHT RUNNERS FEIRA	39 + 261 + 262	562
12	MISSÃO IMPERDÍVEL	152 + 224 + 225	601
13	HOMENS DO MATO E MULHERES DA CIDADE	210 + 217 + 249	676
14	MIND&BODY	141 + 278 + 294	713
15	CMMC VALE DE CAMBRA	205 + 264 + 265	734
16	SIGA	279 + 280 + 281	840
17	1002	268 + 315 + 316	899