

TRAIL LONGO - STAGE 1

23 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	14,2°C	100%
End	12:42	14,2°C	100%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	7	Renato Andrade	A Seita Que Dói Menos	01:50:03		04:47	
2	22	Hugo Ferreira	G.D.A Ronda	01:53:13	+03:10	04:55	
3	38	João Valente	Individual	01:53:29	+03:26	04:56	
4	81	Marco China	Lourosa em Movimento	01:55:50	+05:47	05:02	
5	57	augusto oliveira tavares	Associação Cultural Bunheirense	01:57:33	+07:30	05:07	
6	45	Ricardo Santos	Individual	02:01:53	+11:50	05:18	
7	17	Ricardo Silva	Caldas de São Jorge Sport Clube	02:01:56	+11:53	05:18	
8	23	Victor Correia	G.D.A Ronda	02:04:03	+14:00	05:24	
9	102	Zé Paulo	Running Esmoriz	02:04:24	+14:21	05:25	
10	11	Rui Pinto	ACDCDSMF os Laranjinhas	02:06:39	+16:36	05:30	
11	110	Tiago Oliveira	Vale Correr	02:08:21	+18:18	05:35	
12	105	Tiago Santos	Sapatilhas Verdes	02:08:24	+18:21	05:35	
13	77	Ricardo Seromenho	Juventude Atlético Mozelense	02:09:47	+19:44	05:39	
14	113	Élvio Santos	Vale Correr	02:10:13	+20:10	05:40	
15	92	Fábio Costa	Núcleo de Atletismo de Cucujães	02:10:41	+20:38	05:41	
16	15	MÁRIO FÉLIX	Bora Treinar Running Club	02:11:47	+21:44	05:44	
17	120	Nelson Lopes	Team El comandante	02:12:23	+22:20	05:45	
18	122	Nuno Sousa	Running Espinho	02:14:50	+24:47	05:52	
19	95	João Tavares	Pés no Asfalto	02:17:06	+27:03	05:58	
20	5	Filipe Monteiro	A Seita Que Dói Menos	02:17:12	+27:09	05:58	
21	78	Carlos Mesquita	Linces do Marão	02:17:48	+27:45	05:59	
22	111	Tiago Pinho	Vale Correr	02:17:56	+27:53	06:00	
23	87	Adriano Magalhães	Mind&body	02:18:00	+27:57	06:00	
24	40	Jorge Oliveira	Individual	02:18:17	+28:14	06:01	
25	10	Bruno Albergaria	ACDCDSMF os Laranjinhas	02:19:57	+29:54	06:05	
26	12	Telmo Rui Aguiar leite	Aztrail	02:20:19	+30:16	06:06	
27	93	Agostinho Costa	Núcleo de Atletismo de Cucujães	02:20:44	+30:41	06:07	
28	16	José Santos	Brandoenses Running	02:21:25	+31:22	06:09	
29	109	Marcos Ourives	Trail me	02:22:16	+32:13	06:11	
30	59	Daniel Chipelo	Individual	02:23:15	+33:12	06:14	
31	101	Roni Gomes	Roni Gomes	02:23:23	+33:20	06:14	
32	6	Joel Cardoso	A Seita Que Dói Menos	02:24:11	+34:08	06:16	
33	43	Pedro Pires	Individual	02:27:53	+37:50	06:26	
34	71	José Sá	Individual	02:30:31	+40:28	06:33	
35	79	Ricardo Duarte	Lourosa em Movimento	02:30:58	+40:55	06:34	
36	20	fatima carvalho	Dura-F1 Raceteam	02:31:05	+41:02	06:34	
37	36	Gustavo Marques	Individual	02:31:18	+41:15	06:35	
38	89	Nuno Santos	Mind&body	02:32:09	+42:06	06:37	
39	67	Sérgio Renato Almeida Teixeira da Silva	Individual	02:32:13	+42:10	06:37	
40	29	Sara Pimentel	Individual	02:32:20	+42:17	06:37	
41	39	Jorge Maia	Individual	02:32:23	+42:20	06:38	

TRAIL LONGO - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	26	Ana Oliveira	Individual	03:14:53	+01:24:50	08:28	
88	44	Ricardo Biscaia Faria	Individual	03:17:54	+01:27:51	08:36	
89	56	Cristina Saraiva	CTM Vila Pouca de Aguiar	03:22:05	+01:32:02	08:47	
90	68	SIREDY BRUNO QUEIROZ OLIVEIRA	Individual	03:23:16	+01:33:13	08:50	
91	85	Carla Magalhães	Mind&body	03:28:36	+01:38:33	09:04	
92	30	Sara Rocha	Individual	03:31:41	+01:41:38	09:12	
93	75	Monica Morais	Javalis100limites	03:45:43	+01:55:40	09:49	
94	76	Luis Morais	Javalis100limites	03:45:43	+01:55:40	09:49	
95	86	Maria Jose	Mind&body	04:05:29	+02:15:26	10:40	
96	27	Márcia Rendeiro	Individual	04:06:03	+02:16:00	10:42	
97	28	Priscila Silva	Individual	04:06:04	+02:16:01	10:42	
98	70	José Rodrigues costa	Individual	04:06:06	+02:16:03	10:42	

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

23	487	Michelangelo Lopes	Lourosa em Movimento	Senior Masculino	02:41:11	+51:07	07:00
24	33	André Mota	Individual	Senior Masculino	02:43:54	+53:50	07:08
25	104	Miguel Sousa	Sapatilhas Verdes	Senior Masculino	02:49:21	+59:17	07:22
26	34	Cristiano Silva	Individual	Senior Masculino	02:53:38	+01:03:34	07:33
27	35	Filipe Soares	Individual	Senior Masculino	02:54:00	+01:03:56	07:34
28	42	Miguel Pimentel	Individual	Senior Masculino	02:56:15	+01:06:11	07:40
29	99	Diogo Soares	Remediados	Senior Masculino	03:10:32	+01:20:29	08:17
30	31	Adão Oliveira	Individual	Senior Masculino	03:11:31	+01:21:27	08:20
31	44	Ricardo Biscaia Faria	Individual	Senior Masculino	03:17:54	+01:27:51	08:36

Sub 23 Masculino

1	50	Nuno Santiago Oliveira	Individual	Sub 23 Masculino	02:35:50		06:47
2	52	Simão Ferreira	Individual	Sub 23 Masculino	02:35:53	+00:03	06:47
3	8	Gonçalo Araújo	ACDCDSMF os Laranjinhãs	Sub 23 Masculino	02:39:28	+03:38	06:56
4	49	João Fonseca	Individual	Sub 23 Masculino	02:47:18	+11:28	07:16
5	48	Bruno Leal	Individual	Sub 23 Masculino	02:52:51	+17:01	07:31

Veterana F40

1	18	Filomena Marques	CF Os Marialvas	Veterana F40	02:36:13		06:48
2	9	Sandra Silva	ACDCDSMF os Laranjinhãs	Veterana F40	02:37:41	+01:27	06:51
3	14	Sónia Gama	Bora Treinar Running Club	Veterana F40	02:51:00	+14:47	07:26
4	53	Daniela Sá	Individual	Veterana F40	02:59:32	+23:18	07:48
5	85	Carla Magalhães	Mind&body	Veterana F40	03:28:36	+52:22	09:04

Veterana F50

1	80	Célia Santos	Lourosa em Movimento	Veterana F50	02:38:16		06:53
2	54	Helena Silva	Individual	Veterana F50	02:53:49	+15:33	07:33
3	21	Eduarda Vinagre	G.D.A Atletismo Assempark	Veterana F50	02:58:41	+20:25	07:46
4	86	Maria Jose	Mind&body	Veterana F50	04:05:29	+01:27:13	10:40

Veterana F60

1	56	Cristina Saraiva	CTM Vila Pouca de Aguiar	Veterana F60	03:22:05		08:47
---	----	------------------	--------------------------	--------------	----------	--	-------

Veterano M40

1	22	Hugo Ferreira	G.D.A Ronda	Veterano M40	01:53:13		04:55
2	81	Marco China	Lourosa em Movimento	Veterano M40	01:55:50	+02:36	05:02
3	57	augusto oliveira tavares	Associação Cultural Bunheirense	Veterano M40	01:57:33	+04:19	05:07
4	17	Ricardo Silva	Caldas de São Jorge Sport Clube	Veterano M40	02:01:56	+08:42	05:18
5	77	Ricardo Seromenho	Juventude Atlético Mozelense	Veterano M40	02:09:47	+16:34	05:39

Official Timekeeper: Lap2Go

2 / 3

generate 31-mai.-2026 12:43

Trail Longo**23 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	113	Élvio Santos	Vale Correr	Veterano M40	02:10:13	+16:59	05:40
7	15	MÁRIO FÉLIX	Bora Treinar Running Club	Veterano M40	02:11:47	+18:34	05:44
8	120	Nelson Lopes	Team El comandante	Veterano M40	02:12:23	+19:10	05:45
9	87	Adriano Magalhães	Mind&body	Veterano M40	02:18:00	+24:46	06:00
10	10	Bruno Albergaria	ACDCDSMF os Laranjinhas	Veterano M40	02:19:57	+26:44	06:05
11	109	Marcos Ourives	Trail me	Veterano M40	02:22:16	+29:02	06:11
12	59	Daniel Chipelo	Individual	Veterano M40	02:23:15	+30:02	06:14
13	79	Ricardo Duarte	Lourosa em Movimento	Veterano M40	02:30:58	+37:45	06:34
14	89	Nuno Santos	Mind&body	Veterano M40	02:32:09	+38:55	06:37
15	67	Sérgio Renato Almeida Teixeira da Silva	Individual	Veterano M40	02:32:13	+39:00	06:37
16	60	Fernando Castro	Individual	Veterano M40	02:34:01	+40:48	06:42
17	19	Filipe Soto	CF Os Marialvas	Veterano M40	02:36:13	+42:59	06:48
18	62	Hugo Fardilha	Individual	Veterano M40	02:41:45	+48:31	07:02
19	108	Ricardo Marques	Team El comandante	Veterano M40	02:43:11	+49:58	07:06
20	88	Hugo silva	Mind&body	Veterano M40	02:50:48	+57:35	07:26
21	112	Carlos Gabriel Gomes Rodrigues	Vale Correr	Veterano M40	02:51:16	+58:03	07:27
22	106	Gonçalo Oliveira	Sapatilhas Verdes	Veterano M40	02:51:35	+58:21	07:28
23	65	Paulo Costa	Individual	Veterano M40	02:54:00	+01:00:47	07:34
24	25	Paulo Jesus	Guisande Trail Running	Veterano M40	02:55:38	+01:02:25	07:38
25	68	SIREDY BRUNO QUEIROZ OLIVEIRA	Individual	Veterano M40	03:23:16	+01:30:02	08:50

Veterano M50

1	23	Victor Correia	G.D.A Ronda	Veterano M50	02:04:03		05:24
2	11	Rui Pinto	ACDCDSMF os Laranjinhas	Veterano M50	02:06:39	+02:36	05:30
3	122	Nuno Sousa	Running Espinho	Veterano M50	02:14:50	+10:46	05:52
4	12	Telmo Rui Aguiar leite	Aztrail	Veterano M50	02:20:19	+16:15	06:06
5	71	José Sá	Individual	Veterano M50	02:30:31	+26:28	06:33
6	82	Jorge Oliveira	Lourosa em Movimento	Veterano M50	02:41:45	+37:41	07:02
7	96	JORGE COSTA nini	Powerun Team	Veterano M50	02:42:37	+38:33	07:04
8	69	César Sousa	Individual	Veterano M50	02:55:53	+51:49	07:39
9	76	Luis Morais	Javalis100limites	Veterano M50	03:45:43	+01:41:40	09:49
10	70	José Rodrigues costa	Individual	Veterano M50	04:06:06	+02:02:03	10:42

Veterano M60

1	93	Agostinho Costa	Núcleo de Atletismo de Cucujães	Veterano M60	02:20:44		06:07
2	16	José Santos	Brandoenses Running	Veterano M60	02:21:25	+00:41	06:09
3	73	Constantino Vieira	Individual	Veterano M60	02:44:45	+24:01	07:10
4	24	Carlos Fazendeiro	G.D.A Ronda	Veterano M60	02:53:54	+33:10	07:34

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	VALE CORRER	11 + 14 + 22	47
2	A SEITA QUE DÓI MENOS	1 + 20 + 32	53
3	G.D.A RONDA	2 + 8 + 75	85
4	ACDCDSMF OS LARANJINHAS	10 + 25 + 51	86
5	LOUROSA EM MOVIMENTO	4 + 35 + 52	91
6	MIND&BODY	23 + 38 + 67	128
7	BORA TREINAR RUNNING CLUB	16 + 57 + 68	141
8	SAPATILHAS VERDES	12 + 66 + 70	148

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	19°C	63%
End	12:17	19°C	63%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	535	Vitor Rito	Running Espinho	01:12:02		05:09	
2	341	Tiago Afonso Ladeira Duarte	C.D.C. Paradelas do Vouga	01:12:47	+00:45	05:12	
3	437	Antônio Cristóvão	Individual	01:13:10	+01:08	05:14	
4	526	Fernando lima	Pés no Asfalto	01:15:45	+03:43	05:25	
5	581	Renato Silva	Caldas de São Jorge Sport Clube	01:16:39	+04:37	05:29	
6	320	Carlos Paiva	ACDCDSMF os Laranjinas	01:19:19	+07:17	05:40	
7	348	David Coutinho	Dura-F1 Raceteam	01:19:20	+07:18	05:40	
8	538	Augusto Aluai	SC Espinho	01:19:21	+07:19	05:40	
9	346	Flávio Correia	Duelo D'ocasião	01:20:15	+08:13	05:44	
10	493	Manuel Silva	Lourosa em Movimento	01:20:19	+08:17	05:44	
11	531	Ricardo Oliveira	Ricardo Oliveira	01:20:26	+08:24	05:45	
12	395	Luis Ferreira	Individual	01:21:22	+09:20	05:49	
13	406	Ricardo Vaz Santos	Individual	01:21:24	+09:22	05:49	
14	522	Fábio Almeida	NIGHT RUNNERS FEIRA	01:25:21	+13:19	06:06	
15	336	Sérgio Costa	Bravos e Bravitas	01:25:25	+13:23	06:06	
16	326	Joaquim Moreira	Arriafana Running	01:25:45	+13:43	06:08	
17	496	Nuno sousa	Lousada Trilhos	01:26:47	+14:45	06:12	
18	319	Tiago Fonseca	A Seita Que Dói Menos	01:27:09	+15:07	06:13	
19	407	Ruben Silva	Individual	01:27:11	+15:09	06:14	
20	537	Fernando Morais	Saca Trilhos Anadia	01:27:39	+15:37	06:16	
21	440	Carlos Estrela	Individual	01:27:55	+15:53	06:17	
22	447	Jorge André Martins Castanheira	Individual	01:27:58	+15:56	06:17	
23	401	Pedro Oliveira	Individual	01:28:41	+16:39	06:20	
24	583	Ivan Silva	Caldas de São Jorge Sport Clube	01:29:18	+17:16	06:23	
25	582	Manuel Domingues	NS Pneus	01:29:18	+17:16	06:23	
26	391	João Miguel Oliveira Ruela	Individual	01:29:57	+17:55	06:26	
27	488	Ricardo Ramos	Lourosa em Movimento	01:30:02	+18:00	06:26	
28	344	custodio silva coutinho	CDC PARADELA DO VOUGA	01:31:31	+19:29	06:32	
29	399	Noé Gomes	Individual	01:31:36	+19:34	06:33	
30	335	João Santos	Bravos e Bravitas	01:31:54	+19:52	06:34	
31	308	Bruno Fernandes	100kalias	01:33:16	+21:14	06:40	
32	318	Jorge Silva	A Seita Que Dói Menos	01:33:28	+21:26	06:41	
33	371	André Monteiro	Individual	01:33:42	+21:40	06:42	
34	413	Miguel Rocha	Individual	01:33:44	+21:42	06:42	
35	337	Sérgio Almeida	Bravos e Bravitas	01:33:50	+21:48	06:42	
36	539	manuel rodrigues	SC Espinho	01:33:54	+21:52	06:42	
37	458	Ricky Matias	Individual	01:34:02	+22:00	06:43	
38	534	Marcos Carvalho	Running Espinho	01:34:16	+22:14	06:44	
39	540	Miguel Moura	SECAI/GAIABIKE/WARELOG/GEOINERTE	01:34:42	+22:40	06:46	
40	400	Pedro Benfeito	Individual	01:34:48	+22:46	06:46	
41	465	Carlos Alberto de Lima Bruno	Individual	01:35:13	+23:11	06:48	
42	306	Joana Lajas	100kalias	01:35:33	+23:31	06:49	

TRAIL CURTO - STAGE 1
14 KM
OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	500	Mário Oliveira	Milheirós de Poaires	01:37:01	+24:59	06:56	
44	424	Tânia Mateus	Individual	01:37:06	+25:04	06:56	
45	317	Pedro Neves	42RUN	01:37:24	+25:22	06:57	
46	382	Fábio Pereira	Individual	01:37:27	+25:25	06:58	
47	385	Jhonny Eurresta	Individual	01:38:01	+25:59	07:00	
48	316	Tiago Neves	42RUN	01:38:05	+26:03	07:00	
49	469	josé augusto ferreira	Individual	01:38:07	+26:05	07:01	
50	542	Sara Eiró	Sport Comércio e Salgueiros	01:38:17	+26:15	07:01	
51	389	João Cabral	Individual	01:38:53	+26:51	07:04	
52	411	André Gonçalves Pinho	Individual	01:39:00	+26:58	07:04	
53	568	Miguel Melo	Velozes e Cansados	01:39:10	+27:08	07:05	
54	520	David Martins	Moelas Atlético Clube	01:39:11	+27:09	07:05	
55	422	RUTE PINTO	Individual	01:39:11	+27:09	07:05	
56	475	Virgílio Tavares	Individual	01:39:12	+27:10	07:05	
57	478	Vicente Pinto	Juventude Atlético Mozelense	01:39:39	+27:37	07:07	
58	410	Catarina Souto	Individual	01:39:41	+27:39	07:07	
59	566	RICHARD NOGUEIRA	Trail Running BTT Sanguedo	01:39:42	+27:40	07:07	
60	2	Mário Figueiredo	2MuchPower	01:40:18	+28:16	07:10	
61	374	Daniel Grosso	Individual	01:41:03	+29:01	07:13	
62	451	Nuno Lima	Individual	01:41:26	+29:24	07:15	
63	369	André Filipe Sousa Pinho	Individual	01:41:42	+29:40	07:16	
64	383	Francisco Almeida	Individual	01:41:43	+29:41	07:16	
65	457	Ricardo Bastos	Individual	01:42:02	+30:00	07:17	
66	503	Mafalda Machado	Mind&body	01:42:05	+30:03	07:18	
67	429	Céu Ferreira	Individual	01:42:10	+30:08	07:18	
68	372	Bruno Miguel Fernandes Soares	Individual	01:42:13	+30:11	07:18	
69	394	Júlio Gonçalo Ribeiro de Pinho	Individual	01:42:14	+30:12	07:18	
70	444	Gil Campos	Individual	01:43:09	+31:07	07:22	
71	303	Antonia Silva	100katorias	01:43:59	+31:57	07:26	
72	524	Dulce Bastos	Pés no Asfalto	01:44:15	+32:13	07:27	
73	414	Rafael Santos Martins	Individual	01:44:45	+32:43	07:29	
74	456	Ricardo Bastos	Individual	01:44:49	+32:47	07:29	
75	393	Jorge Sousa	Individual	01:45:16	+33:14	07:31	
76	417	Liliana Reis	Individual	01:45:32	+33:30	07:32	
77	449	Luis Alves	Individual	01:45:34	+33:32	07:32	
78	327	Simão Pereira	Arrifana Running	01:45:38	+33:36	07:33	
79	381	Fábio Gomes Silva	Individual	01:46:12	+34:10	07:35	
80	378	Diogo Monteiro	Individual	01:46:16	+34:14	07:35	
81	466	Carlos Lancha	Individual	01:46:44	+34:42	07:37	
82	404	Pierre Rodrigues da Silva	Individual	01:46:47	+34:45	07:38	
83	474	Pedro Santos	Individual	01:47:31	+35:29	07:41	
84	332	Marilene Baptista	Bravos e Bravitas	01:47:33	+35:31	07:41	
85	398	Mauricio Cunha	Individual	01:48:54	+36:52	07:47	
86	347	Rosa Silva	Duelo D'ocasião	01:49:09	+37:07	07:48	
87	565	Quintino Amorim	Trail Running BTT Sanguedo	01:49:22	+37:20	07:49	
88	499	Mário Alves	Mário Alves	01:49:26	+37:24	07:49	

TRAIL CURTO - STAGE 1

14 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	516	Orlando Silva	Mind&body	01:49:38	+37:36	07:50	
90	375	Daniel Pedrosa	Individual	01:50:16	+38:14	07:53	
91	442	Filipe Moreira	Individual	01:50:47	+38:45	07:55	
92	354	Jorge Santos	GIM	01:50:54	+38:52	07:55	
93	342	JOSÉ COELHO	CAL - CLUBE ATLETISMO DE LAMAS	01:50:58	+38:56	07:56	
94	495	Toninho Ventura	Lourosa em Movimento	01:51:05	+39:03	07:56	
95	490	Vera Oliveira	Lourosa em Movimento	01:51:06	+39:04	07:56	
96	553	Davide Morgado	Tartarugas do Trail	01:51:06	+39:04	07:56	
97	412	Diogo Lancha	Individual	01:51:13	+39:11	07:57	
98	345	Vítor M Cardoso	Corre São João	01:51:27	+39:25	07:58	
99	453	Pedro Santos	Individual	01:51:29	+39:27	07:58	
100	448	Jorge Santos	Individual	01:51:29	+39:27	07:58	
101	439	Armando Carragoso	Individual	01:51:34	+39:32	07:58	
102	388	João Azevedo	Individual	01:51:35	+39:33	07:58	
103	464	António David Cerveira Mateus	Individual	01:51:35	+39:33	07:58	
104	315	Sara Gomes	2MuchPower	01:52:08	+40:06	08:01	
105	321	Ricardo Barros	adiGordos & companhia	01:52:10	+40:08	08:01	
106	377	David Samuel Ferreira de Oliveira Correia Salgado	Individual	01:52:23	+40:21	08:02	
107	435	André Ribeiro	Individual	01:52:30	+40:28	08:02	
108	384	Hugo Conceição	Individual	01:52:51	+40:49	08:04	
109	409	VITOR ALMEIDA	Individual	01:53:17	+41:15	08:06	
110	564	Dulce Correia	Trail Running BTT Sanguedo	01:53:20	+41:18	08:06	
111	436	ANDRÉS YEPES	Individual	01:54:19	+42:17	08:10	
112	530	Rui Almeida Teixeira	Porto Sentido Runners	01:55:06	+43:04	08:13	
113	419	Maria Clara Gomes	Individual	01:55:24	+43:22	08:15	
114	443	Flávio Figueira	Individual	01:55:24	+43:22	08:15	
115	408	Tony Lopes	Individual	01:55:43	+43:41	08:16	
116	567	Fernando Correia	Trail Running BTT Sanguedo	01:56:03	+44:01	08:17	
117	310	Paula Alexandra Pereira Rodrigues	100kalorias	01:56:05	+44:03	08:18	
118	557	Herlander Santos	Tartarugas do Trail	01:56:08	+44:06	08:18	
119	556	Ailton Cruz	Tartarugas do Trail	01:56:32	+44:30	08:19	
120	380	Fábio Figueiredo	Individual	01:56:44	+44:42	08:20	
121	476	João Queirós	Linces do Marão	01:57:33	+45:31	08:24	
122	494	Ernesto Silva	Lourosa em Movimento	01:57:54	+45:52	08:25	
123	433	Rosa Mendes	Individual	01:57:56	+45:54	08:25	
124	558	Juan Regalado	Tartarugas do Trail	01:58:00	+45:58	08:26	
125	334	Fatinha Lopes	Bravos e Bravitas	01:58:29	+46:27	08:28	
126	352	João Almeida	Estronca Silvas	01:58:35	+46:33	08:28	
127	519	Diana Ferreira	Moelas Atlético Clube	01:58:39	+46:37	08:29	
128	532	Emília Assunção	Run&Fun	01:58:44	+46:42	08:29	
129	559	Elvira Pinto	TAYLORS	01:58:51	+46:49	08:29	
130	387	João Almeida	Individual	01:58:54	+46:52	08:30	
131	431	Cristina Durães	Individual	01:58:59	+46:57	08:30	
132	529	António Almeida Teixeira	Porto Sentido Runners	01:59:28	+47:26	08:32	
133	373	Bruno Santos	Individual	02:00:12	+48:10	08:35	

TRAIL CURTO - STAGE 1

14 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	390	João Miguel Fonseca e Sousa	Individual	02:00:15	+48:13	08:35	
135	353	Gordinho Fit	GD Outeiros	02:00:16	+48:14	08:35	
136	309	Gabriela Silva	100kalias	02:00:45	+48:43	08:37	
137	307	Margarida Silva	100kalias	02:00:50	+48:48	08:38	
138	343	Filipe Ribeiro	CALÇADA S.A	02:01:05	+49:03	08:39	
139	502	Kika Machado	Mind&body	02:01:46	+49:44	08:42	
140	468	Jorge Tavares	Individual	02:02:13	+50:11	08:44	
141	355	André Rodrigues da Silva	Gym on the Mountain	02:02:55	+50:53	08:47	
142	333	Ana Paula Teixeira	Bravos e Bravitas	02:03:14	+51:12	08:48	
143	525	Susana Gomes	Pés no Asfalto	02:04:13	+52:11	08:52	
144	523	Sandra Gomes	Pés no Asfalto	02:04:13	+52:11	08:52	
145	527	Paulo Fonseca	Pés no Asfalto	02:04:14	+52:12	08:52	
146	416	Gisela Avelar	Individual	02:04:55	+52:53	08:55	
147	544	Joel Eurresta	Tainadas Run Team - Somengil	02:05:02	+53:00	08:56	
148	313	Cláudia Meireles	100Pernas Team	02:06:04	+54:02	09:00	
149	314	Sérgio Oliveira	100Pernas Team	02:06:04	+54:02	09:00	
150	368	Alberto Alves	Individual	02:06:14	+54:12	09:01	
151	505	Joana Guedes	Mind&body	02:06:18	+54:16	09:01	
152	515	Nuno Oliveira	Mind&body	02:06:18	+54:16	09:01	
153	427	Ana Ribeiro	Individual	02:06:27	+54:25	09:02	
154	325	Paula Martins	Arrifana Running	02:06:43	+54:41	09:03	
155	521	Ana Almeida	NIGHT RUNNERS FEIRA	02:06:43	+54:41	09:03	
156	386	João Abílio da Silva Rodrigues	Individual	02:06:54	+54:52	09:04	
157	366	Margarida Santiago	Individual	02:06:54	+54:52	09:04	
158	506	Marcia Nunes	Mind&body	02:07:50	+55:48	09:08	
159	454	Ramiro Fernandes	Individual	02:08:19	+56:17	09:10	
160	363	Daniela silva	Individual	02:09:18	+57:16	09:14	
161	365	Filipa Seródio	Individual	02:09:21	+57:19	09:14	
162	357	Alexandra Seródio	Individual	02:09:21	+57:19	09:14	
163	428	Carlinda Santos	Individual	02:09:34	+57:32	09:15	
164	430	Conceição Correia	Individual	02:09:34	+57:32	09:15	
165	438	Antonio Jesus	Individual	02:09:40	+57:38	09:16	
166	434	AMERICO JORGE SA	Individual	02:09:59	+57:57	09:17	
167	554	João Soares	Tartarugas do Trail	02:11:31	+59:29	09:24	
168	460	Sebastião Calvo	Individual	02:12:02	+01:00:00	09:26	
169	482	Leonardo Mendes	Los fogaceiros	02:12:06	+01:00:04	09:26	
170	486	Gonçalo Coelho	Los fogaceiros	02:12:06	+01:00:04	09:26	
171	483	Manuel victor	Los fogaceiros	02:12:06	+01:00:04	09:26	
172	441	FERNANDO MENDES	Individual	02:12:16	+01:00:14	09:27	
173	861	Roberto Marques	Bws	02:13:08	+01:01:06	09:31	
174	392	Jonathan Martins Panoeiro	Individual	02:13:46	+01:01:44	09:33	
175	418	Mafalda Sofia Bastos de Oliveira	Individual	02:14:50	+01:02:48	09:38	
176	356	Adriana Gouveia	Individual	02:14:50	+01:02:48	09:38	
177	364	Ema Silva	Individual	02:14:55	+01:02:53	09:38	
178	548	Gabriel Mendonça	Tangerinas do monte	02:16:13	+01:04:11	09:44	
179	546	Sofia Gil	Tangerinas do monte	02:16:14	+01:04:12	09:44	

TRAIL CURTO - STAGE 1

14 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	403	Pedro Silva	Individual	02:17:05	+01:05:03	09:47	
181	405	Ricardo João dos Santos Costa	Individual	02:17:06	+01:05:04	09:48	
182	379	Diogo Oliveira	Individual	02:17:06	+01:05:04	09:48	
183	359	Beatriz Alves Resende Couto	Individual	02:17:07	+01:05:05	09:48	
184	473	Pedro Ferreira	Individual	02:17:08	+01:05:06	09:48	
185	432	Maria Teresa Santos Martins	Individual	02:17:13	+01:05:11	09:48	
186	507	Patricia Costa	Mind&body	02:18:08	+01:06:06	09:52	
187	511	Carlos Santos	Mind&body	02:18:09	+01:06:07	09:52	
188	573	Rosa Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:18:12	+01:06:10	09:52	
189	492	Palmira Fontes	Lourosa em Movimento	02:18:53	+01:06:51	09:55	
190	491	Maria Alice Neves	Lourosa em Movimento	02:18:53	+01:06:51	09:55	
191	470	Manuel Paiva	Individual	02:18:59	+01:06:57	09:56	
192	472	Paulo Barros	Individual	02:19:05	+01:07:03	09:56	
193	467	Fernando Henriques	Individual	02:19:49	+01:07:47	09:59	
194	463	ALCIDIO FIGUEIREDO	Individual	02:20:00	+01:07:58	10:00	
195	402	Pedro Pereira	Individual	02:20:56	+01:08:54	10:04	
196	569	André Simões	Vespera de Sexta Feira	02:23:19	+01:11:17	10:14	
197	570	Jose Oliveira	Vespera de Sexta Feira	02:23:19	+01:11:17	10:14	
198	571	Paulo Roncon	Vespera de Sexta Feira	02:23:20	+01:11:18	10:14	
199	574	Luisa Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:23:52	+01:11:50	10:17	
200	575	Miguel Sa	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:23:53	+01:11:51	10:17	
201	501	Ze Sena	Mind&body	02:24:52	+01:12:50	10:21	
202	549	Rui Fontes	Tangerinas do monte	02:24:59	+01:12:57	10:21	
203	551	Lara Almeida	Tartarugas do Trail	02:26:20	+01:14:18	10:27	
204	555	Juliana dos Santos Garbayo	Tartarugas do Trail	02:26:20	+01:14:18	10:27	
205	322	Catarina Martins	Aqui Não há Pedal!	02:26:37	+01:14:35	10:28	
206	323	Daniela Silva	Aqui Não há Pedal!	02:26:38	+01:14:36	10:28	
207	856	Eva Morais	Tartarugas do Trail	02:26:47	+01:14:45	10:29	
208	552	Mariana Silva	Tartarugas do Trail	02:27:14	+01:15:12	10:31	
209	550	Cláudia Batista	Tartarugas do Trail	02:27:14	+01:15:12	10:31	
210	328	Ana Cristina Serafim Macieira	Bora Treinar Running Club	02:28:29	+01:16:27	10:36	
211	330	Nelson silva	Bora Treinar Running Club	02:28:30	+01:16:28	10:36	
212	304	Catarina Martins	100kalias	02:29:31	+01:17:29	10:41	
213	513	Hélder Sousa	Mind&body	02:29:48	+01:17:46	10:42	
214	426	Aida linhares	Individual	02:32:50	+01:20:48	10:55	
215	510	Telma Adegas	Mind&body	02:36:28	+01:24:26	11:11	
216	504	Catia Machado	Mind&body	02:36:44	+01:24:42	11:12	
217	533	Cristiana Pinto	Running Esmoriz	02:38:33	+01:26:31	11:19	
218	479	Ivyan Gabriella	Los fogaceiros	02:38:45	+01:26:43	11:20	
219	485	Zair Augusto	Los fogaceiros	02:38:45	+01:26:43	11:20	
220	461	Sérgio Tavares	Individual	02:38:59	+01:26:57	11:21	
221	311	Carla Matos	100kalias	02:38:59	+01:26:57	11:21	
222	425	Tânia Tavares	Individual	02:38:59	+01:26:57	11:21	
223	471	Nuno Pereira	Individual	02:40:01	+01:27:59	11:26	
224	562	Ana Luísa Costa	Tou Que Nem Póssso	02:41:12	+01:29:10	11:31	
225	563	Maria João Oliveira	Tou Que Nem Póssso	02:41:14	+01:29:12	11:31	

TRAIL CURTO - STAGE 1**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	302	Ana Rita Tavares	100kalias	02:41:23	+01:29:21	11:32	
227	305	Inês dos Santos Almeida	100kalias	02:41:23	+01:29:21	11:32	
228	545	Salomé Trigo	Tangerinas do monte	02:46:33	+01:34:31	11:54	
229	547	David Neves	Tangerinas do monte	02:46:33	+01:34:31	11:54	
230	338	Catia Balona	Bws	02:53:50	+01:41:48	12:25	
231	340	Catia Duro	Bws	02:53:50	+01:41:48	12:25	
232	339	Igor Balona	Bws	02:53:50	+01:41:48	12:25	
233	481	César camacho	Los fogaceiros	03:06:26	+01:54:24	13:19	
234	480	Juliana Marinho	Los fogaceiros	03:06:27	+01:54:25	13:19	
235	484	Sóstenes Cordeiro Alves Júnior	Los fogaceiros	03:06:27	+01:54:25	13:19	
236	517	Filipe Tabuada	Mind&body	03:15:59	+02:03:57	14:00	
237	518	To Zé	Mind&body	03:15:59	+02:03:57	14:00	

Trail Curto**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	488	Ricardo Ramos	Lourosa em Movimento	Senior Masculino	01:30:02	+09:46	06:26
10	399	Noé Gomes	Individual	Senior Masculino	01:31:36	+11:20	06:33
11	308	Bruno Fernandes	100kalorias	Senior Masculino	01:33:16	+13:00	06:40
12	318	Jorge Silva	A Seita Que Dói Menos	Senior Masculino	01:33:28	+13:12	06:41
13	371	André Monteiro	Individual	Senior Masculino	01:33:42	+13:27	06:42
14	400	Pedro Benfeito	Individual	Senior Masculino	01:34:48	+14:32	06:46
15	382	Fábio Pereira	Individual	Senior Masculino	01:37:27	+17:11	06:58
16	385	Jhonny Eurresta	Individual	Senior Masculino	01:38:01	+17:45	07:00
17	316	Tiago Neves	42RUN	Senior Masculino	01:38:05	+17:49	07:00
18	389	João Cabral	Individual	Senior Masculino	01:38:53	+18:37	07:04
19	568	Miguel Melo	Velozes e Cansados	Senior Masculino	01:39:10	+18:54	07:05
20	520	David Martins	Moelas Atlético Clube	Senior Masculino	01:39:11	+18:55	07:05
21	2	Mário Figueiredo	2MuchPower	Senior Masculino	01:40:18	+20:03	07:10
22	374	Daniel Grosso	Individual	Senior Masculino	01:41:03	+20:47	07:13
23	369	André Filipe Sousa Pinho	Individual	Senior Masculino	01:41:42	+21:27	07:16
24	383	Francisco Almeida	Individual	Senior Masculino	01:41:43	+21:27	07:16
25	372	Bruno Miguel Fernandes Soares	Individual	Senior Masculino	01:42:13	+21:58	07:18
26	394	Júlio Gonçalo Ribeiro de Pinho	Individual	Senior Masculino	01:42:14	+21:58	07:18
27	393	Jorge Sousa	Individual	Senior Masculino	01:45:16	+25:00	07:31
28	381	Fábio Gomes Silva	Individual	Senior Masculino	01:46:12	+25:56	07:35
29	378	Diogo Monteiro	Individual	Senior Masculino	01:46:16	+26:00	07:35
30	404	Pierre Rodrigues da Silva	Individual	Senior Masculino	01:46:47	+26:31	07:38
31	398	Mauricio Cunha	Individual	Senior Masculino	01:48:54	+28:38	07:47
32	375	Daniel Pedrosa	Individual	Senior Masculino	01:50:16	+30:00	07:53
33	553	Davide Morgado	Tartarugas do Trail	Senior Masculino	01:51:06	+30:50	07:56
34	388	João Azevedo	Individual	Senior Masculino	01:51:35	+31:19	07:58
35	377	David Samuel Ferreira de Oliveira Correia Salgado	Individual	Senior Masculino	01:52:23	+32:07	08:02
36	384	Hugo Conceição	Individual	Senior Masculino	01:52:51	+32:35	08:04
37	409	VITOR ALMEIDA	Individual	Senior Masculino	01:53:17	+33:02	08:06
38	408	Tony Lopes	Individual	Senior Masculino	01:55:43	+35:27	08:16
39	380	Fábio Figueiredo	Individual	Senior Masculino	01:56:44	+36:28	08:20
40	387	João Almeida	Individual	Senior Masculino	01:58:54	+38:38	08:30
41	373	Bruno Santos	Individual	Senior Masculino	02:00:12	+39:57	08:35
42	390	João Miguel Fonseca e Sousa	Individual	Senior Masculino	02:00:15	+39:59	08:35
43	353	Gordinho Fit	GD Outeiros	Senior Masculino	02:00:16	+40:01	08:35
44	343	Filipe Ribeiro	CALÇADA S.A	Senior Masculino	02:01:05	+40:49	08:39
45	544	Joel Eurresta	Tainadas Run Team - Somengil	Senior Masculino	02:05:02	+44:46	08:56
46	368	Alberto Alves	Individual	Senior Masculino	02:06:14	+45:58	09:01
47	386	João Abílio da Silva Rodrigues	Individual	Senior Masculino	02:06:54	+46:38	09:04
48	554	João Soares	Tartarugas do Trail	Senior Masculino	02:11:31	+51:15	09:24
49	482	Leonardo Mendes	Los fogaceiros	Senior Masculino	02:12:06	+51:50	09:26
50	483	Manuel victor	Los fogaceiros	Senior Masculino	02:12:06	+51:51	09:26
51	392	Jonathan Martins Panoeiro	Individual	Senior Masculino	02:13:46	+53:31	09:33
52	548	Gabriel Mendonça	Tangerinas do monte	Senior Masculino	02:16:13	+55:57	09:44
53	403	Pedro Silva	Individual	Senior Masculino	02:17:05	+56:49	09:47
54	405	Ricardo João dos Santos Costa	Individual	Senior Masculino	02:17:06	+56:50	09:48

Official Timekeeper: Lap2Go	2 / 7	generate 31-mai.-2026 12:43
-----------------------------	-------	-----------------------------

Trail Curto

14 KM

OFFICIAL RESULT

55	379	Diogo Oliveira	Individual	Senior Masculino	02:17:06	+56:50	09:48
56	402	Pedro Pereira	Individual	Senior Masculino	02:20:56	+01:00:40	10:04
57	569	André Simões	Vespera de Sexta Feira	Senior Masculino	02:23:19	+01:03:04	10:14
58	570	Jose Oliveira	Vespera de Sexta Feira	Senior Masculino	02:23:19	+01:03:04	10:14
59	501	Ze Sena	Mind&body	Senior Masculino	02:24:52	+01:04:36	10:21
60	549	Rui Fontes	Tangerinas do monte	Senior Masculino	02:24:59	+01:04:43	10:21
61	485	Zair Augusto	Los fogaceiros	Senior Masculino	02:38:45	+01:18:29	11:20
62	547	David Neves	Tangerinas do monte	Senior Masculino	02:46:33	+01:26:18	11:54
63	339	Igor Balona	Bws	Senior Masculino	02:53:50	+01:33:34	12:25
64	481	César camacho	Los fogaceiros	Senior Masculino	03:06:26	+01:46:11	13:19
65	484	Sóstenes Cordeiro Alves Júnior	Los fogaceiros	Senior Masculino	03:06:27	+01:46:12	13:19

Sub 23 Feminino

1	410	Catarina Souto	Individual	Sub 23 Feminino	01:39:41		07:07
2	503	Mafalda Machado	Mind&body	Sub 23 Feminino	01:42:05	+02:23	07:18
3	309	Gabriela Silva	100kcalorias	Sub 23 Feminino	02:00:45	+21:03	08:37
4	502	Kika Machado	Mind&body	Sub 23 Feminino	02:01:46	+22:04	08:42

Sub 23 Masculino

1	341	Tiago Afonso Ladeira Duarte	C.D.C. Paradelas do Vouga	Sub 23 Masculino	01:12:47		05:12
2	413	Miguel Rocha	Individual	Sub 23 Masculino	01:33:44	+20:56	06:42
3	411	André Gonçalves Pinho	Individual	Sub 23 Masculino	01:39:00	+26:13	07:04
4	414	Rafael Santos Martins	Individual	Sub 23 Masculino	01:44:45	+31:57	07:29
5	412	Diogo Lancha	Individual	Sub 23 Masculino	01:51:13	+38:25	07:57
6	529	António Almeida Teixeira	Porto Sentido Runners	Sub 23 Masculino	01:59:28	+46:40	08:32
7	486	Gonçalo Coelho	Los fogaceiros	Sub 23 Masculino	02:12:06	+59:18	09:26

Veterana F40

1	424	Tânia Mateus	Individual	Veterana F40	01:37:06		06:56
2	542	Sara Eiró	Sport Comércio e Salgueiros	Veterana F40	01:38:17	+01:10	07:01
3	422	RUTE PINTO	Individual	Veterana F40	01:39:11	+02:05	07:05
4	417	Liliana Reis	Individual	Veterana F40	01:45:32	+08:26	07:32
5	332	Marilene Baptista	Bravos e Bravitas	Veterana F40	01:47:33	+10:27	07:41
6	347	Rosa Silva	Duelo D'ocasião	Veterana F40	01:49:09	+12:03	07:48
7	490	Vera Oliveira	Lourosa em Movimento	Veterana F40	01:51:06	+13:59	07:56
8	419	Maria Clara Gomes	Individual	Veterana F40	01:55:24	+18:18	08:15
9	310	Paula Alexandra Pereira Rodrigues	100kcalorias	Veterana F40	01:56:05	+18:59	08:18
10	523	Sandra Gomes	Pés no Asfalto	Veterana F40	02:04:13	+27:07	08:52
11	416	Gisela Avelar	Individual	Veterana F40	02:04:55	+27:49	08:55
12	505	Joana Guedes	Mind&body	Veterana F40	02:06:18	+29:11	09:01
13	506	Marcia Nunes	Mind&body	Veterana F40	02:07:50	+30:44	09:08
14	418	Mafalda Sofia Bastos de Oliveira	Individual	Veterana F40	02:14:50	+37:43	09:38

Trail Curto**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

15	507	Patricia Costa	Mind&body	Veterana F40	02:18:08	+41:02	09:52
16	573	Rosa Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterana F40	02:18:12	+41:06	09:52
17	555	Juliana dos Santos Garbayo	Tartarugas do Trail	Veterana F40	02:26:20	+49:14	10:27
18	328	Ana Cristina Serafim Macieira	Bora Treinar Running Club	Veterana F40	02:28:29	+51:23	10:36
19	504	Catia Machado	Mind&body	Veterana F40	02:36:44	+59:37	11:12
20	533	Cristiana Pinto	Running Esmoriz	Veterana F40	02:38:33	+01:01:27	11:19
21	425	Tânia Tavares	Individual	Veterana F40	02:38:59	+01:01:53	11:21
22	563	Maria João Oliveira	Tou Que Nem Pósso	Veterana F40	02:41:14	+01:04:08	11:31
23	340	Catia Duro	Bws	Veterana F40	02:53:50	+01:16:44	12:25

Veterana F50

1	429	Céu Ferreira	Individual	Veterana F50	01:42:10		07:18
2	524	Dulce Bastos	Pés no Asfalto	Veterana F50	01:44:15	+02:05	07:27
3	564	Dulce Correia	Trail Running BTT Sanguedo	Veterana F50	01:53:20	+11:09	08:06
4	334	Fatinha Lopes	Bravos e Bravitas	Veterana F50	01:58:29	+16:18	08:28
5	559	Elvira Pinto	TAYLORS	Veterana F50	01:58:51	+16:41	08:29
6	431	Cristina Durães	Individual	Veterana F50	01:58:59	+16:48	08:30
7	333	Ana Paula Teixeira	Bravos e Bravitas	Veterana F50	02:03:14	+21:04	08:48
8	525	Susana Gomes	Pés no Asfalto	Veterana F50	02:04:13	+22:03	08:52
9	313	Cláudia Meireles	100Pernas Team	Veterana F50	02:06:04	+23:53	09:00
10	427	Ana Ribeiro	Individual	Veterana F50	02:06:27	+24:17	09:02
11	325	Paula Martins	Arrifana Running	Veterana F50	02:06:43	+24:33	09:03
12	428	Carlinda Santos	Individual	Veterana F50	02:09:34	+27:24	09:15
13	430	Conceição Correia	Individual	Veterana F50	02:09:34	+27:24	09:15
14	432	Maria Teresa Santos Martins	Individual	Veterana F50	02:17:13	+35:02	09:48
15	492	Palmira Fontes	Lourosa em Movimento	Veterana F50	02:18:53	+36:43	09:55
16	491	Maria Alice Neves	Lourosa em Movimento	Veterana F50	02:18:53	+36:43	09:55
17	574	Luisa Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterana F50	02:23:52	+41:42	10:17
18	426	Aida linhares	Individual	Veterana F50	02:32:50	+50:39	10:55
19	510	Telma Adegas	Mind&body	Veterana F50	02:36:28	+54:18	11:11
20	311	Carla Matos	100kalorias	Veterana F50	02:38:59	+56:48	11:21

Veterana F60

1	433	Rosa Mendes	Individual	Veterana F60	01:57:56		08:25
2	532	Emília Assunção	Run&Fun	Veterana F60	01:58:44	+00:47	08:29

Veterano M40

1	535	Vitor Rito	Running Espinho	Veterano M40	01:12:02		05:09
2	437	Antônio Cristóvão	Individual	Veterano M40	01:13:10	+01:08	05:14
3	320	Carlos Paiva	ACDCDSMF os Laranjinhas	Veterano M40	01:19:19	+07:17	05:40
4	493	Manuel Silva	Lourosa em Movimento	Veterano M40	01:20:19	+08:17	05:44

Trail Curto

14 KM

OFFICIAL RESULT

5	531	Ricardo Oliveira	Ricardo Oliveira	Veterano M40	01:20:26	+08:24	05:45
6	336	Sérgio Costa	Bravos e Bravitas	Veterano M40	01:25:25	+13:23	06:06
7	496	Nuno sousa	Lousada Trilhos	Veterano M40	01:26:47	+14:45	06:12
8	440	Carlos Estrela	Individual	Veterano M40	01:27:55	+15:53	06:17
9	447	Jorge André Martins Castanheira	Individual	Veterano M40	01:27:58	+15:56	06:17
10	583	Ivan Silva	Caldas de São Jorge Sport Clube	Veterano M40	01:29:18	+17:16	06:23
11	335	João Santos	Bravos e Bravitas	Veterano M40	01:31:54	+19:52	06:34
12	458	Ricky Matias	Individual	Veterano M40	01:34:02	+21:59	06:43
13	534	Marcos Carvalho	Running Espinho	Veterano M40	01:34:16	+22:13	06:44
14	317	Pedro Neves	42RUN	Veterano M40	01:37:24	+25:22	06:57
15	451	Nuno Lima	Individual	Veterano M40	01:41:26	+29:24	07:15
16	457	Ricardo Bastos	Individual	Veterano M40	01:42:02	+30:00	07:17
17	444	Gil Campos	Individual	Veterano M40	01:43:09	+31:07	07:22
18	456	Ricardo Bastos	Individual	Veterano M40	01:44:49	+32:47	07:29
19	449	Luis Alves	Individual	Veterano M40	01:45:34	+33:32	07:32
20	499	Mário Alves	Mário Alves	Veterano M40	01:49:26	+37:23	07:49
21	516	Orlando Silva	Mind&body	Veterano M40	01:49:38	+37:36	07:50
22	442	Filipe Moreira	Individual	Veterano M40	01:50:47	+38:44	07:55
23	342	JOSÉ COELHO	CAL - CLUBE ATLETISMO DE LAMAS	Veterano M40	01:50:58	+38:56	07:56
24	453	Pedro Santos	Individual	Veterano M40	01:51:29	+39:26	07:58
25	448	Jorge Santos	Individual	Veterano M40	01:51:29	+39:27	07:58
26	439	Armando Carragoso	Individual	Veterano M40	01:51:34	+39:31	07:58
27	435	André Ribeiro	Individual	Veterano M40	01:52:30	+40:28	08:02
28	436	ANDRÉS YEPES	Individual	Veterano M40	01:54:19	+42:17	08:10
29	443	Flávio Figueira	Individual	Veterano M40	01:55:24	+43:22	08:15
30	556	Ailton Cruz	Tartarugas do Trail	Veterano M40	01:56:32	+44:29	08:19
31	476	João Queirós	Linces do Marão	Veterano M40	01:57:33	+45:31	08:24
32	352	João Almeida	Estronca Silvas	Veterano M40	01:58:35	+46:33	08:28
33	314	Sérgio Oliveira	100Pernas Team	Veterano M40	02:06:04	+54:01	09:00
34	515	Nuno Oliveira	Mind&body	Veterano M40	02:06:18	+54:16	09:01
35	454	Ramiro Fernandes	Individual	Veterano M40	02:08:19	+56:17	09:10
36	438	Antonio Jesus	Individual	Veterano M40	02:09:40	+57:38	09:16
37	434	AMERICO JORGE SA	Individual	Veterano M40	02:09:59	+57:57	09:17
38	460	Sebastião Calvo	Individual	Veterano M40	02:12:02	+59:59	09:26
39	441	FERNANDO MENDES	Individual	Veterano M40	02:12:16	+01:00:13	09:27
40	861	Roberto Marques	Bws	Veterano M40	02:13:08	+01:01:06	09:31
41	511	Carlos Santos	Mind&body	Veterano M40	02:18:09	+01:06:07	09:52
42	330	Nelson Silva	Bora Treinar Running Club	Veterano M40	02:28:30	+01:16:27	10:36
43	513	Hélder Sousa	Mind&body	Veterano M40	02:29:48	+01:17:46	10:42
44	461	Sérgio Tavares	Individual	Veterano M40	02:38:59	+01:26:56	11:21

Veterano M50

1	526	Fernando lima	Pés no Asfalto	Veterano M50	01:15:45		05:25
2	581	Renato Silva	Caldas de São Jorge Sport Clube	Veterano M50	01:16:39	+00:54	05:29

Official Timekeeper: Lap2Go	5 / 7	generate 31-mai.-2026 12:43
-----------------------------	-------	-----------------------------

Trail Curto

14 KM

OFFICIAL RESULT

<small>LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION</small>							
<small>LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION</small>							
3	348	David Coutinho	Dura-F1 Raceteam	Veterano M50	01:19:20	+03:34	05:40
4	538	Augusto Aluai	SC Espinho	Veterano M50	01:19:21	+03:35	05:40
5	326	Joaquim Moreira	Arrifana Running	Veterano M50	01:25:45	+10:00	06:08
6	582	Manuel Domingues	NS Pneus	Veterano M50	01:29:18	+13:33	06:23
7	337	Sérgio Almeida	Bravos e Bravitas	Veterano M50	01:33:50	+18:04	06:42
8	540	Miguel Moura	SECAI/GAIABIKE/WARELOG/GE OINERTE	Veterano M50	01:34:42	+18:57	06:46
9	465	Carlos Alberto de Lima Bruno	Individual	Veterano M50	01:35:13	+19:27	06:48
10	469	osé augusto ferreira	Individual	Veterano M50	01:38:07	+22:22	07:01
11	475	Virgilio Tavares	Individual	Veterano M50	01:39:12	+23:26	07:05
12	478	Vicente Pinto	Juventude Atlético Mozelense	Veterano M50	01:39:39	+23:53	07:07
13	566	RICHARD NOGUEIRA	Trail Running BTT Sanguedo	Veterano M50	01:39:42	+23:57	07:07
14	327	Simão Pereira	Arrifana Running	Veterano M50	01:45:38	+29:52	07:33
15	466	Carlos Lancha	Individual	Veterano M50	01:46:44	+30:59	07:37
16	474	Pedro Santos	Individual	Veterano M50	01:47:31	+31:45	07:41
17	565	Quintino Amorim	Trail Running BTT Sanguedo	Veterano M50	01:49:22	+33:37	07:49
18	495	Toninho Ventura	Lourosa em Movimento	Veterano M50	01:51:05	+35:20	07:56
19	464	António David Cerveira Mateus	Individual	Veterano M50	01:51:35	+35:50	07:58
20	321	Ricardo Barros	adiGordos & companhia	Veterano M50	01:52:10	+36:24	08:01
21	530	Rui Almeida Teixeira	Porto Sentido Runners	Veterano M50	01:55:06	+39:21	08:13
22	557	Herlander Santos	Tartarugas do Trail	Veterano M50	01:56:08	+40:23	08:18
23	494	Ernesto Silva	Lourosa em Movimento	Veterano M50	01:57:54	+42:09	08:25
24	468	Jorge Tavares	Individual	Veterano M50	02:02:13	+46:27	08:44
25	355	André Rodrigues da Silva	Gym on the Mountain	Veterano M50	02:02:55	+47:09	08:47
26	527	Paulo Fonseca	Pés no Asfalto	Veterano M50	02:04:14	+48:28	08:52
27	473	Pedro Ferreira	Individual	Veterano M50	02:17:08	+01:01:22	09:48
28	470	Manuel Paiva	Individual	Veterano M50	02:18:59	+01:03:13	09:56
29	472	Paulo Barros	Individual	Veterano M50	02:19:05	+01:03:20	09:56
30	467	Fernando Henriques	Individual	Veterano M50	02:19:49	+01:04:03	09:59
31	463	ALCIDIO FIGUEIREDO	Individual	Veterano M50	02:20:00	+01:04:14	10:00
32	571	Paulo Roncon	Vespera de Sexta Feira	Veterano M50	02:23:20	+01:07:34	10:14
33	575	Miguel Sa	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterano M50	02:23:53	+01:08:08	10:17
34	471	Nuno Pereira	Individual	Veterano M50	02:40:01	+01:24:15	11:26
35	517	Filipe Tabuada	Mind&body	Veterano M50	03:15:59	+02:00:13	14:00
36	518	To Zé	Mind&body	Veterano M50	03:15:59	+02:00:14	14:00

Veterano M60

1	537	Fernando Morais	Saca Trilhos Anadia	Veterano M60	01:27:39		06:16
2	344	custodio silva coutinho	CDC PARADELA DO VOUGA	Veterano M60	01:31:31	+03:51	06:32
3	539	manuel rodrigues	SC Espinho	Veterano M60	01:33:54	+06:14	06:42
4	500	Mário Oliveira	Milheirós de Poiares	Veterano M60	01:37:01	+09:22	06:56
5	354	Jorge Santos	GIM	Veterano M60	01:50:54	+23:14	07:55
6	345	Vitor M Cardoso	Corre São João	Veterano M60	01:51:27	+23:47	07:58
7	567	Fernando Correia	Trail Running BTT Sanguedo	Veterano M60	01:56:03	+28:23	08:17

MINI TRAIL - STAGE 1**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	19,6°C	63%
End	11:42	19,6°C	63%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	734	André Melo	G.D.A Ronda	40:17		02:53	
2	702	João Pedro Soares Ferreira	A Seita Que Dói Menos	40:36	+00:19	02:54	
3	701	Francisco Carvalho	A Seita Que Dói Menos	44:15	+03:58	03:10	
4	714	Samuel Adriano	Bravos e Bravitas	44:18	+04:01	03:10	
5	707	Tony Bri	ACDCDSMF os Laranjinha	45:43	+05:26	03:16	
6	812	Vítor Santos	Individual	46:01	+05:44	03:17	
7	331	Alcides Relvas	Bravos e Bravitas	46:38	+06:21	03:20	
8	826	André Henriques	MACOVICTOR	47:10	+06:53	03:22	
9	779	Rúben Rocha	Individual	48:22	+08:05	03:27	
10	704	César Araújo	ACDCDSMF os Laranjinha	49:03	+08:46	03:30	
11	706	Paulo Almeida	ACDCDSMF os Laranjinha	50:18	+10:01	03:36	
12	821	Américo Lei	Lei Runners	51:53	+11:36	03:42	
13	721	João Sousa	Bravos e Bravitas	52:18	+12:01	03:44	
14	709	Sónia Vidal	Arrifana Running	53:11	+12:54	03:48	
15	705	Miguel Pereira	ACDCDSMF os Laranjinha	53:11	+12:54	03:48	
16	805	Márcio Oliveira	Individual	54:13	+13:56	03:52	
17	819	André Rodrigues	Lei Runners	55:00	+14:43	03:56	
18	816	Pedro Custódio	JUF ACC	55:01	+14:44	03:56	
19	783	Tiago Filipe da Silva Reis	Individual	55:07	+14:50	03:56	
20	762	André Tavares	Individual	55:41	+15:24	03:59	
21	722	Vitor Lima	Bravos e Bravitas	56:36	+16:19	04:03	
22	784	Xavier Sousa	Individual	56:44	+16:27	04:03	
23	817	Leandro Lopes	Lei Runners	56:50	+16:33	04:04	
24	763	Daniel Almeida	Individual	57:12	+16:55	04:05	
25	778	Ricardo Silva	Individual	57:23	+17:06	04:06	
26	768	Filipe Silva	Individual	57:23	+17:06	04:06	
27	782	Steeve Lima	Individual	57:23	+17:06	04:06	
28	740	Beatriz Pinto Nogueira	Individual	57:25	+17:08	04:06	
29	797	Clarinda carvalho	Individual	57:28	+17:11	04:06	
30	852	Simao gomes	Puro judo	57:35	+17:18	04:07	
31	703	Pedro Vieira	A. D. Amarante	57:49	+17:32	04:08	
32	758	Sara Rocha	Individual	58:14	+17:57	04:10	
33	840	Marriá Rocha	Maria Brandão	58:23	+18:06	04:10	
34	820	João Lei	Lei Runners	59:07	+18:50	04:13	
35	796	Carla sousa	Individual	59:22	+19:05	04:14	
36	799	Gui ligeiro	Individual	59:22	+19:05	04:14	
37	839	Maria Brandão	Maria Brandão	59:33	+19:16	04:15	
38	808	Serafim Augusto da Silva Almeida	Individual	01:01:19	+21:02	04:23	
39	747	Catarina Silva	Individual	01:01:19	+21:02	04:23	
40	477	RENATO ARAÚJO	JUF ACC	01:01:57	+21:40	04:26	
41	813	Adelino de Oliveira Melo	Individual	01:02:00	+21:43	04:26	
42	807	Ricardo Bastos	Individual	01:02:21	+22:04	04:27	

MINI TRAIL - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	710	Duarte Carinha	Associação Cultural Bunheirense	01:02:25	+22:08	04:27	
44	727	Gary Quintal	Centro de Trail Carlos Sá Penacova Team	01:03:23	+23:06	04:32	
45	751	Joana Barros	Individual	01:03:43	+23:26	04:33	
46	776	Pedro Teixeira	Individual	01:03:47	+23:30	04:33	
47	766	Fábio Hélder	Individual	01:04:00	+23:43	04:34	
48	789	Bruno Oliveira	Individual	01:04:07	+23:50	04:35	
49	855	Paulo Pinto	Souto	01:04:24	+24:07	04:36	
50	814	Alberto Rodrigues Silva	Individual	01:04:27	+24:10	04:36	
51	767	Fábio Viana	Individual	01:04:38	+24:21	04:37	
52	803	João Martins	Individual	01:04:40	+24:23	04:37	
53	810	claudio jose bastos lopes	Individual	01:04:40	+24:23	04:37	
54	824	Alexandra souza	Lousada Trilhos	01:04:41	+24:24	04:37	
55	738	Andreia machado	Individual	01:05:12	+24:55	04:39	
56	753	Marlene Beatriz Domingues da Silva	Individual	01:05:20	+25:03	04:40	
57	823	Carla vieira	Lousada Trilhos	01:05:33	+25:16	04:41	
58	713	Cristina Fantasca	Bravos e Bravitas	01:05:58	+25:41	04:43	
59	837	Maria Almeida	MaDu	01:06:57	+26:40	04:47	
60	838	Duarte Lopes	MaDu	01:06:57	+26:40	04:47	
61	739	Bárbara Fonseca	Individual	01:07:07	+26:50	04:48	
62	777	Ricardo Serigado	Individual	01:07:10	+26:53	04:48	
63	715	Isa Dias	Bravos e Bravitas	01:07:12	+26:55	04:48	
64	761	Viviana Afonso	Individual	01:07:15	+26:58	04:48	
65	804	José Filipe Gomes de Oliveira	Individual	01:07:21	+27:04	04:49	
66	801	André Miguel Brito dos Santos	Individual	01:07:34	+27:17	04:50	
67	716	Manuela Adriano	Bravos e Bravitas	01:07:48	+27:31	04:51	
68	743	Carla Silva Monteiro	Individual	01:07:52	+27:35	04:51	
69	770	Hugo Cabral Monteiro	Individual	01:07:52	+27:35	04:51	
70	708	Joaquim Resende	ACDCDSMF os Laranjinhos	01:09:14	+28:57	04:57	
71	798	Dina Paiva	Individual	01:10:40	+30:23	05:03	
72	790	Jose Sá	Individual	01:10:40	+30:23	05:03	
73	726	Tiago Rocha	CALÇADA S.A	01:10:41	+30:24	05:03	
74	725	Simão Rocha	CALÇADA S.A	01:10:41	+30:24	05:03	
75	719	Vírginia Moreira	Bravos e Bravitas	01:10:58	+30:41	05:04	
76	744	Carolina Teixeira	Individual	01:11:31	+31:14	05:06	
77	769	Henrique Araújo Silva	Individual	01:11:31	+31:14	05:07	
78	845	Catarina Alexandra Gonçalves Monteiro	Os Formigueiros	01:11:39	+31:22	05:07	
79	787	Maria Oliveira	Individual	01:11:41	+31:24	05:07	
80	775	Pedro Barros	Individual	01:11:41	+31:24	05:07	
81	771	Jorge Manuel da Silva	Individual	01:11:41	+31:24	05:07	
82	815	Isac Costa	Isac Costa	01:13:03	+32:46	05:13	
83	791	Aracelys tovar	Individual	01:13:06	+32:49	05:13	
84	764	David Rodrigues	Individual	01:13:33	+33:16	05:15	
85	742	Carina soares da silva	Individual	01:13:33	+33:16	05:15	
86	862	telma borges	Trail Brokers	01:13:47	+33:30	05:16	
87	822	Carla ribeiro	Lousada Trilhos	01:14:23	+34:06	05:19	

MINI TRAIL - STAGE 1**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	851	Milena laranja	Puro judo	01:15:11	+34:54	05:22	
89	736	Ana Lemos	Individual	01:15:16	+34:59	05:23	
90	752	Lígia Silva	Individual	01:15:16	+34:59	05:23	
91	730	Rita Barbosa	Duelo D'ocasião	01:15:22	+35:05	05:23	
92	854	Jordão Laranja	Puro judo	01:15:24	+35:07	05:23	
93	853	Carla pinheiro	Puro judo	01:15:25	+35:08	05:23	
94	772	Júnior Neves	Individual	01:15:47	+35:30	05:25	
95	811	JoaQuim Leite	Individual	01:15:50	+35:33	05:25	
96	792	MARIA GORETTI NEVES DE MATTOS	Individual	01:15:50	+35:33	05:25	
97	759	Vânia Ferreira	Individual	01:16:14	+35:57	05:27	
98	737	Andreia Borges	Individual	01:17:02	+36:45	05:30	
99	760	Vera Lucia Gomes Coelho	Individual	01:17:04	+36:47	05:30	
100	755	Marta Filipa Gomes Coelho	Individual	01:17:04	+36:47	05:30	
101	757	Sandra Gomes	Individual	01:17:14	+36:57	05:31	
102	732	Igor Carreira	Equipa José Sousa	01:18:44	+38:27	05:37	
103	731	Maria Ramos	Equipa José Sousa	01:18:45	+38:28	05:37	
104	846	Daniel Matos	Os Formigueiros	01:19:32	+39:15	05:41	
105	847	Fernando Ribeiro	Os Formigueiros	01:19:32	+39:15	05:41	
106	723	Sofia Alves	C&S	01:19:57	+39:40	05:43	
107	724	Carla Sousa	C&S	01:20:00	+39:43	05:43	
108	718	Marta Carvalho	Bravos e Bravitas	01:20:04	+39:47	05:43	
109	717	Sónia Oliveira	Bravos e Bravitas	01:20:06	+39:49	05:43	
110	780	Sérgio Bastos	Individual	01:20:59	+40:42	05:47	
111	741	Carina Melo	Individual	01:21:06	+40:49	05:48	
112	749	Elisabete Gomes	Individual	01:21:08	+40:51	05:48	
113	745	Caroline Costa	Individual	01:23:29	+43:12	05:58	
114	750	Inês Gomes	Individual	01:24:31	+44:14	06:02	
115	748	Diana Fião	Individual	01:24:31	+44:14	06:02	
116	756	Rosa Lops	Individual	01:26:59	+46:42	06:13	
117	773	Marcio Santos	Individual	01:27:00	+46:43	06:13	
118	785	Beatriz Filipa da Silva Gonçalves	Individual	01:30:35	+50:18	06:28	
119	765	Ebrahim Madgh Hashtroudi	Individual	01:31:14	+50:57	06:31	
120	786	Beatriz Pereira	Individual	01:31:53	+51:36	06:34	
121	781	Sérgio Santos	Individual	01:31:53	+51:36	06:34	
122	793	Sónia Cardoso	Individual	01:31:54	+51:37	06:34	
123	806	Pedro Pereira	Individual	01:31:55	+51:38	06:34	
124	848	Miguel Matos	Os Formigueiros	01:35:35	+55:18	06:50	
125	850	Carlos monteiro	Puro judo	01:35:40	+55:23	06:50	
126	754	Marta Fernandes	Individual	01:40:13	+59:56	07:10	
127	794	Vera costa	Individual	01:40:17	+01:00:00	07:10	
128	844	Carla Machado	Os Formigueiros	01:44:33	+01:04:16	07:28	
129	849	Matilde Monteiro	Os Formigueiros	01:44:33	+01:04:16	07:28	
130	733	Andreia Regal	Fiães running	01:44:37	+01:04:20	07:28	
131	842	Jorge Gonçalves	Os Bezerros	01:45:05	+01:04:48	07:30	
132	841	Georgina Silva	Os Bezerros	01:45:06	+01:04:49	07:30	

MINI TRAIL - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	712	Beatriz Dias	Bora Treinar Running Club	01:47:03	+01:06:46	07:39	
134	711	Ana Monteiro	Bora Treinar Running Club	01:47:03	+01:06:46	07:39	
135	729	Hélio Pereira	CHONÉ	01:51:46	+01:11:29	07:59	
136	728	Andreia Almeida	CHONÉ	01:51:46	+01:11:29	07:59	

TEAM RESULTS - MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	BRAVOS E BRAVITAS	4 + 7 + 13	24
2	ACDCDSMF OS LARANJINHAS	5 + 10 + 11	26
3	LEI RUNNERS	12 + 17 + 23	52
4	LOUSADA TRILHOS	54 + 57 + 87	198
5	PURO JUDO	30 + 88 + 92	210
6	OS FORMIGUEIROS	78 + 104 + 105	287