Trilhos do Inha
Canedo, PT
10-junho-2026

TRAIL CURTO - STAGE 1 — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	19,7ºC	52%
End	12:01	19,7ºC	52%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	37	Hugo Ferreira	G.D.A Ronda	01:09:57		05:00	
2	131	Nelson tEIXEIRA	Leões de Tardariz Trail	01:12:05	+02:08	05:09	
3	92	Filipe Oliveira	Milheiros de Poiares	01:16:45	+06:48	05:29	
4	25	Rui Lopes Silva	Clube Desportivo Feirense	01:17:47	+07:50	05:33	
5	118	Miguel ângelo Vieira Lemos	Runners do Rêgo	01:19:30	+09:33	05:41	
6	28	SERGIO CASTRO	Clube do Pessoal das Águas de Gaia	01:19:56	+09:59	05:43	
7	45	Liliana Cardoso	Guisande Trail Running	01:20:03	+10:06	05:43	
8	71	Sérgio Coelho	Individual	01:20:08	+10:11	05:43	
9	50	Helder Oliveira	Guisande Trail Running	01:21:10	+11:13	05:48	
10	4	PAULO OLIVEIRA	Brandoenses Running	01:22:18	+12:21	05:53	
11	119	Serafim Rocha	Runners do Rêgo	01:22:28	+12:31	05:53	
12	10	Rui Teixeira	Bravos e Bravitas	01:22:52	+12:55	05:55	
13	8	Rui Castro	Bravos e Bravitas	01:23:25	+13:28	05:57	
14	49	Domingos Ferreira	Guisande Trail Running	01:23:53	+13:56	06:00	
15	112	Nelson Pais	Run & Fun	01:24:03	+14:06	06:00	
16	21	Sofia Padilha	Centro Trail Carlos Sá Penacova Team	01:24:14	+14:17	06:01	
17	70	Ruben Silva	Individual	01:25:06	+15:09	06:05	
18	11	Samuel Adriano	Bravos e Bravitas	01:25:57	+16:00	06:08	
19	96	Fábio Almeida	NIGHT RUNNERS FEIRA	01:26:11	+16:14	06:09	
20	48	Roberto Bastos	Guisande Trail Running	01:27:56	+17:59	06:17	
21	113	Ac Costa	Run & Fun	01:28:56	+18:59	06:21	
22	55	Pedro Lopes	Guisande Trail Running	01:29:52	+19:55	06:25	
23	69	Cristiano Silva	Individual	01:30:56	+20:59	06:30	
24	108	Sara Mota	Run & Fun	01:31:02	+21:05	06:30	
25	6	José Luís Santos	Brandoenses Running	01:31:07	+21:10	06:31	
26	99	Bruno Loureiro	OPraticante.pt	01:31:40	+21:43	06:33	
27	27	Rodrigo de Lima Castro	Clube do Pessoal das Águas de Gaia	01:31:43	+21:46	06:33	
28	98	Ricardo Moutinho	OPraticante.pt	01:32:11	+22:14	06:35	
29	43	Catarina Isabel Isidoro Lopes	GINÁSIO CLUBE DE BRAGANÇA	01:32:45	+22:48	06:38	
30	22	Victor Silva	Chamas na Pista	01:33:03	+23:06	06:39	
31	46	Sónia Almeida	Guisande Trail Running	01:33:22	+23:25	06:40	
32	15	Alcides Relvas	Bravos e Bravitas	01:33:40	+23:43	06:41	
33	132	João Azevedo	Guisande Trail Running	01:36:27	+26:30	06:53	
34	30	Miguel Leal	Clube do Pessoal das Águas de Gaia	01:36:32	+26:35	06:54	
35	13	João Sousa	Bravos e Bravitas	01:36:48	+26:51	06:55	
36	94	Mario Oliveira	Milheiros de Poiares	01:36:58	+27:01	06:56	
37	81	Trago Magalhães	Individual	01:37:12	+27:15	06:57	
38	120	Miguel Moura	SECAI/GAIABIKE/WARELOG/GEOINERTE	01:37:52	+27:55	06:59	
39	5	HENRIQUE AMORIM	Brandoenses Running	01:38:21	+28:24	07:02	
40	24	Joao Gomes	CLUBE ATLETISMO LAMAS	01:38:47	+28:50	07:03	
41	23	Americo Gomes	CLUBE ATLETISMO LAMAS	01:38:49	+28:52	07:04	
42	2	Ricardo Vieira	Aleijadinhos de Soutelo	01:38:53	+28:56	07:04	

TRAIL CURTO - STAGE 1 — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	35	Luís Miguel Alves Ferreira	Ferreiras e Ferreirinhas	01:39:21	+29:24	07:06	
44	40	Maximiano Borges	Gaiatrail	01:39:44	+29:47	07:07	
45	44	Diana Pinho	Guisande Trail Running	01:39:55	+29:58	07:08	
46	93	Helder Teixeira	Milheiros de Poiares	01:40:10	+30:13	07:09	
47	106	Céu Vilar	Run & Fun	01:40:17	+30:20	07:10	
48	78	José Sousa	Individual	01:41:09	+31:12	07:14	
49	9	Sandra Silva	Bravos e Bravitas	01:41:16	+31:19	07:14	
50	53	Paulo Jesus	Guisande Trail Running	01:41:51	+31:54	07:16	
51	73	Xavier Paiva	Individual	01:42:10	+32:13	07:18	
52	41	SOFIA FERREIRA	GDCTINCM	01:43:53	+33:56	07:25	
53	39	José Morais	Gaiatrail	01:45:22	+35:25	07:32	
54	29	Luis Coutinho	Clube do Pessoal das Águas de Gaia	01:45:22	+35:25	07:32	
55	80	Luís Marques	Individual	01:45:23	+35:26	07:32	
56	67	Andreia Teles	Individual	01:45:30	+35:33	07:32	
57	54	Pedro Ferreira	Guisande Trail Running	01:45:47	+35:50	07:33	
58	104	Nessa Maia	Pupilos do Ze To	01:46:28	+36:31	07:36	
59	75	Gil Campos	Individual	01:46:29	+36:32	07:36	
60	100	Sónia Monteiro	Petrus Runners	01:46:37	+36:40	07:37	
61	117	ZE MOUTINHO	Run & Fun	01:46:50	+36:53	07:38	
62	57	José Pinheiro	Guisande Trail Running	01:48:09	+38:12	07:44	
63	107	Elsa Mota	Run & Fun	01:48:10	+38:13	07:44	
64	122	André Valente	Teamrena	01:48:17	+38:20	07:44	
65	135	Alcíno Santos	Individual	01:48:36	+38:39	07:45	
66	102	Marina Silva	Porto Sentido Runners	01:48:36	+38:39	07:45	
67	51	Marco Pires	Guisande Trail Running	01:48:42	+38:45	07:46	
68	95	Victor Azevedo	MSS Grupo Desportivo de Gondomar	01:49:58	+40:01	07:51	
69	17	Manuel Morais	Brigada do Reumático	01:51:38	+41:41	07:58	
70	56	Carlos Costa	Guisande Trail Running	01:52:10	+42:13	08:01	
71	86	Sérgio Baptista	Individual	01:52:10	+42:13	08:01	
72	97	Raul Délio Ferreira Pinto da Silva	Núcleo de Montanha de Espinho	01:52:10	+42:13	08:01	
73	83	Cesar Sousa	Individual	01:52:36	+42:39	08:03	
74	115	Nelito Moreira	Run & Fun	01:53:33	+43:36	08:07	
75	103	André Oliveira	Porto Sentido Runners	01:53:48	+43:51	08:08	
76	72	Valter Alves	Individual	01:54:15	+44:18	08:10	
77	14	Vitor Lima	Bravos e Bravitas	01:54:34	+44:37	08:11	
78	47	Fernanda Pinheiro	Guisande Trail Running	01:56:29	+46:32	08:19	
79	59	Fernão Ribeiro	Individual	01:57:10	+47:13	08:22	
80	111	Mila Assunção	Run & Fun	01:59:28	+49:31	08:32	
81	38	Miguel Furtado	Gaiatrail	02:02:37	+52:40	08:45	
82	36	Nuno Filipe Alves Ferreira	Ferreiras e Ferreirinhas	02:03:26	+53:29	08:49	
83	26	Joao Guilherme Vieira de Brito	Clube do Pessoal das Águas de Gaia	02:04:41	+54:44	08:54	
84	101	Elizabete Loureiro	Porto Sentido Runners	02:05:06	+55:09	08:56	
85	68	Alejandro Narváez Little	Individual	02:06:20	+56:23	09:01	
86	87	Carolina Lança	Lança	02:06:25	+56:28	09:02	
87	105	Alexandra Ferreira	Run & Fun	02:06:28	+56:31	09:02	
88	114	Mike Funner	Run & Fun	02:06:29	+56:32	09:02	

TRAIL CURTO - STAGE 1 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	91	Mário Lança	Lança	02:06:45	+56:48	09:03	
90	123	Renato Andrade	Teamrena	02:07:58	+58:01	09:08	
91	121	Mariana Magalhaes	Teamrena	02:07:59	+58:02	09:08	
92	84	Luís Sousa	Individual	02:08:48	+58:51	09:12	
93	66	Vera Agostinho	Individual	02:09:00	+59:03	09:13	
94	20	Gary Quintal	Centro de Trail Carlos Sá Penacova Team	02:09:49	+59:52	09:16	
95	34	Mário Araújo	Equipa A	02:11:47	+01:01:50	09:25	
96	61	Henrique Leite	Individual	02:12:13	+01:02:16	09:27	
97	60	Gil Sousa	Individual	02:12:18	+01:02:21	09:27	
98	62	Nuno Queiros	Individual	02:12:18	+01:02:21	09:27	
99	58	David Sousa	Individual	02:12:19	+01:02:22	09:27	
100	3	VICTÓRIA BERNARDES	Brandoenses Running	02:13:06	+01:03:09	09:30	
101	85	Paulo Alexandre Oliveira Marques	Individual	02:15:12	+01:05:15	09:39	
102	77	Joel Filipe Oliveira Marques	Individual	02:15:12	+01:05:15	09:39	
103	127	Marcos Martins	Voltinhas	02:16:57	+01:07:00	09:47	
104	129	Samuel Martins	Voltinhas	02:16:57	+01:07:00	09:47	
105	128	Rodrigo Silva	Voltinhas	02:16:57	+01:07:00	09:47	
106	130	Tomás Domingues	Voltinhas	02:16:58	+01:07:01	09:47	
107	42	ARMANDINA TORRES	GDCTINCM	02:18:07	+01:08:10	09:52	
108	16	Daniel Santos	Brigada do Reumático	02:21:13	+01:11:16	10:05	
109	109	Maria Mota	Run & Fun	02:21:15	+01:11:18	10:05	
110	82	vitor peixoto	Individual	02:21:17	+01:11:20	10:06	
111	124	Hugo Alexandre Gomes Morais	Tomé Morais	02:21:21	+01:11:24	10:06	
112	12	Paula Soares	Bravos e Bravitas	02:21:57	+01:12:00	10:08	
113	7	Mariana Ribeiro	Bravos e Bravitas	02:22:00	+01:12:03	10:09	
114	116	Quinel Mota	Run & Fun	02:22:14	+01:12:17	10:10	
115	63	Barbara Fonseca	Individual	02:23:27	+01:13:30	10:15	
116	110	Augusta Rodrigues	Run & Fun	02:26:57	+01:17:00	10:30	
117	64	Joana Sá	Individual	02:27:32	+01:17:35	10:32	
118	65	Daniela Sá	Individual	02:27:32	+01:17:35	10:32	
119	33	Manuel Santiago	Clube do Pessoal das Águas de Gaia	02:30:20	+01:20:23	10:44	
120	31	Jorge da Encarnação	Clube do Pessoal das Águas de Gaia	02:30:21	+01:20:24	10:44	
121	1	Helder Marques	Individual	02:30:30	+01:20:33	10:45	

lap2go TIMING SOLUTION

Trilhos do Inha
Canedo, PT
10-junho-2026

Trail Curto — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	19,7ºC	52%
End	12:01	19,7ºC	52%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	87	Carolina Lança	Lança	Senior Feminino	02:06:25		09:02
2	7	Mariana Ribeiro	Bravos e Bravitas	Senior Feminino	02:22:00	+15:35	10:09

Senior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	8	Rui Castro	Bravos e Bravitas	Senior Masculino	01:23:25		05:57
2	96	Fábio Almeida	NIGHT RUNNERS FEIRA	Senior Masculino	01:26:11	+02:46	06:09
3	59	Fernão Ribeiro	Individual	Senior Masculino	01:57:10	+33:45	08:22
4	61	Henrique Leite	Individual	Senior Masculino	02:12:13	+48:48	09:27
5	60	Gil Sousa	Individual	Senior Masculino	02:12:18	+48:52	09:27
6	62	Nuno Queiros	Individual	Senior Masculino	02:12:18	+48:53	09:27
7	58	David Sousa	Individual	Senior Masculino	02:12:19	+48:53	09:27
8	127	Marcos Martins	Voltinhas	Senior Masculino	02:16:57	+53:32	09:47
9	129	Samuel Martins	Voltinhas	Senior Masculino	02:16:57	+53:32	09:47
10	128	Rodrigo Silva	Voltinhas	Senior Masculino	02:16:57	+53:32	09:47
11	130	Tomás Domingues	Voltinhas	Senior Masculino	02:16:58	+53:32	09:47

Veterana F30

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	21	Sofia Padilha	Centro Trail Carlos Sá Penacova Team	Veterana F30	01:24:14		06:01
2	43	Catarina Isabel Isidoro Lopes	GINÁSIO CLUBE DE BRAGANÇA	Veterana F30	01:32:45	+08:31	06:38
3	104	Nessa Maia	Pupilos do Ze To	Veterana F30	01:46:28	+22:13	07:36
4	100	Sónia Monteiro	Petrus Runners	Veterana F30	01:46:37	+22:22	07:37
5	121	Mariana Magalhaes	Teamrena	Veterana F30	02:07:59	+43:44	09:08
6	63	Barbara Fonseca	Individual	Veterana F30	02:23:27	+59:12	10:15
7	64	Joana Sá	Individual	Veterana F30	02:27:32	+01:03:17	10:32

Veterana F40

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	45	Liliana Cardoso	Guisande Trail Running	Veterana F40	01:20:03		05:43
2	108	Sara Mota	Run & Fun	Veterana F40	01:31:02	+10:58	06:30
3	46	Sónia Almeida	Guisande Trail Running	Veterana F40	01:33:22	+13:18	06:40
4	44	Diana Pinho	Guisande Trail Running	Veterana F40	01:39:55	+19:51	07:08
5	106	Céu Vilar	Run & Fun	Veterana F40	01:40:17	+20:13	07:10
6	41	SOFIA FERREIRA	GDCTINCM	Veterana F40	01:43:53	+23:49	07:25
7	107	Elsa Mota	Run & Fun	Veterana F40	01:48:10	+28:07	07:44
8	105	Alexandra Ferreira	Run & Fun	Veterana F40	02:06:28	+46:24	09:02

9	66	Vera Agostinho	Individual	Veterana F40	02:09:00	+48:56	09:13
10	65	Daniela Sá	Individual	Veterana F40	02:27:32	+01:07:29	10:32

Veterana F50

1	9	Sandra Silva	Bravos e Bravitas	Veterana F50	01:41:16		07:14
2	67	Andreia Teles	Individual	Veterana F50	01:45:30	+04:13	07:32
3	102	Marina Silva	Porto Sentido Runners	Veterana F50	01:48:36	+07:20	07:45
4	47	Fernanda Pinheiro	Guisande Trail Running	Veterana F50	01:56:29	+15:12	08:19
5	101	Elizabete Loureiro	Porto Sentido Runners	Veterana F50	02:05:06	+23:49	08:56
6	3	VICTÓRIA BERNARDES	Brandoenses Running	Veterana F50	02:13:06	+31:49	09:30
7	42	ARMANDINA TORRES	GDCTINCM	Veterana F50	02:18:07	+36:50	09:52
8	109	Maria Mota	Run & Fun	Veterana F50	02:21:15	+39:59	10:05
9	12	Paula Soares	Bravos e Bravitas	Veterana F50	02:21:57	+40:40	10:08

Veterana F60

1	111	Mila Assunção	Run & Fun	Veterana F60	01:59:28		08:32
2	110	Augusta Rodrigues	Run & Fun	Veterana F60	02:26:57	+27:29	10:30

Veterano M30

1	131	Nelson tEIXEIRA	Leões de Tardariz Trail	Veterano M30	01:12:05		05:09
2	25	Rui Lopes Silva	Clube Desportivo Feirense	Veterano M30	01:17:47	+05:41	05:33
3	71	Sérgio Coelho	Individual	Veterano M30	01:20:08	+08:02	05:43
4	10	Rui Teixeira	Bravos e Bravitas	Veterano M30	01:22:52	+10:47	05:55
5	70	Ruben Silva	Individual	Veterano M30	01:25:06	+13:01	06:05
6	11	Samuel Adriano	Bravos e Bravitas	Veterano M30	01:25:57	+13:51	06:08
7	48	Roberto Bastos	Guisande Trail Running	Veterano M30	01:27:56	+15:51	06:17
8	69	Cristiano Silva	Individual	Veterano M30	01:30:56	+18:51	06:30
9	27	Rodrigo de Lima Castro	Clube do Pessoal das Águas de Gaia	Veterano M30	01:31:43	+19:37	06:33
10	98	Ricardo Moutinho	OPraticante.pt	Veterano M30	01:32:11	+20:05	06:35
11	22	Victor Silva	Chamas na Pista	Veterano M30	01:33:03	+20:57	06:39
12	132	João Azevedo	Guisande Trail Running	Veterano M30	01:36:27	+24:21	06:53
13	2	Ricardo Vieira	Aleijadinhos de Soutelo	Veterano M30	01:38:53	+26:47	07:04
14	73	Xavier Paiva	Individual	Veterano M30	01:42:10	+30:05	07:18
15	122	André Valente	Teamrena	Veterano M30	01:48:17	+36:11	07:44
16	72	Valter Alves	Individual	Veterano M30	01:54:15	+42:09	08:10
17	26	Joao Guilherme Vieira de Brito	Clube do Pessoal das Águas de Gaia	Veterano M30	02:04:41	+52:35	08:54
18	68	Alejandro Narváez Little	Individual	Veterano M30	02:06:20	+54:14	09:01
19	123	Renato Andrade	Teamrena	Veterano M30	02:07:58	+55:52	09:08

Trail Curto — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	37	Hugo Ferreira	G.D.A Ronda	Veterano M40	01:09:57		05:00
2	92	Filipe Oliveira	Milheiros de Poiares	Veterano M40	01:16:45	+06:47	05:29
3	118	Miguel ângelo Vieira Lemos	Runners do Rêgo	Veterano M40	01:19:30	+09:33	05:41
4	28	SERGIO CASTRO	Clube do Pessoal das Águas de Gaia	Veterano M40	01:19:56	+09:58	05:43
5	50	Helder Oliveira	Guisande Trail Running	Veterano M40	01:21:10	+11:12	05:48
6	4	PAULO OLIVEIRA	Brandoenses Running	Veterano M40	01:22:18	+12:20	05:53
7	119	Serafim Rocha	Runners do Rêgo	Veterano M40	01:22:28	+12:30	05:53
8	49	Domingos Ferreira	Guisande Trail Running	Veterano M40	01:23:53	+13:55	06:00
9	112	Nelson Pais	Run & Fun	Veterano M40	01:24:03	+14:05	06:00
10	55	Pedro Lopes	Guisande Trail Running	Veterano M40	01:29:52	+19:54	06:25
11	99	Bruno Loureiro	OPraticante.pt	Veterano M40	01:31:40	+21:42	06:33
12	81	Trago Magalhães	Individual	Veterano M40	01:37:12	+27:14	06:57
13	35	Luís Miguel Alves Ferreira	Ferreiras e Ferreirinhas	Veterano M40	01:39:21	+29:23	07:06
14	93	Helder Teixeira	Milheiros de Poiares	Veterano M40	01:40:10	+30:13	07:09
15	78	José Sousa	Individual	Veterano M40	01:41:09	+31:11	07:14
16	53	Paulo Jesus	Guisande Trail Running	Veterano M40	01:41:51	+31:53	07:16
17	80	Luís Marques	Individual	Veterano M40	01:45:23	+35:25	07:32
18	54	Pedro Ferreira	Guisande Trail Running	Veterano M40	01:45:47	+35:49	07:33
19	75	Gil Campos	Individual	Veterano M40	01:46:29	+36:31	07:36
20	51	Marco Pires	Guisande Trail Running	Veterano M40	01:48:42	+38:44	07:46
21	17	Manuel Morais	Brigada do Reumático	Veterano M40	01:51:38	+41:41	07:58
22	103	André Oliveira	Porto Sentido Runners	Veterano M40	01:53:48	+43:50	08:08
23	38	Miguel Furtado	Gaiatrail	Veterano M40	02:02:37	+52:39	08:45
24	34	Mário Araújo	Equipa A	Veterano M40	02:11:47	+01:01:49	09:25
25	77	Joel Filipe Oliveira Marques	Individual	Veterano M40	02:15:12	+01:05:14	09:39
26	16	Daniel Santos	Brigada do Reumático	Veterano M40	02:21:13	+01:11:15	10:05
27	82	vitor peixoto	Individual	Veterano M40	02:21:17	+01:11:20	10:06
28	124	Hugo Alexandre Gomes Morais	Tomé Morais	Veterano M40	02:21:21	+01:11:23	10:06
29	1	Helder Marques	Individual	Veterano M40	02:30:30	+01:20:32	10:45

Veterano M50

1	113	Ac Costa	Run & Fun	Veterano M50	01:28:56		06:21
2	30	Miguel Leal	Clube do Pessoal das Águas de Gaia	Veterano M50	01:36:32	+07:35	06:54
3	13	João Sousa	Bravos e Bravitas	Veterano M50	01:36:48	+07:51	06:55
4	120	Miguel Moura	SECAI/GAIABIKE/WARELOG/GEOINERTE	Veterano M50	01:37:52	+08:56	06:59
5	5	HENRIQUE AMORIM	Brandoenses Running	Veterano M50	01:38:21	+09:25	07:02
6	24	Joao Gomes	CLUBE ATLETISMO LAMAS	Veterano M50	01:38:47	+09:51	07:03
7	23	Americo Gomes	CLUBE ATLETISMO LAMAS	Veterano M50	01:38:49	+09:53	07:04
8	29	Luis Coutinho	Clube do Pessoal das Águas de Gaia	Veterano M50	01:45:22	+16:26	07:32
9	135	Alcíno Santos	Individual	Veterano M50	01:48:36	+19:40	07:45

Trail Curto — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	95	Victor Azevedo	MSS Grupo Desportivo de Gondomar	Veterano M50	01:49:58	+21:02	07:51
11	56	Carlos Costa	Guisande Trail Running	Veterano M50	01:52:10	+23:14	08:01
12	86	Sérgio Baptista	Individual	Veterano M50	01:52:10	+23:14	08:01
13	97	Raul Délio Ferreira Pinto da Silva	Núcleo de Montanha de Espinho	Veterano M50	01:52:10	+23:14	08:01
14	83	Cesar Sousa	Individual	Veterano M50	01:52:36	+23:40	08:03
15	115	Nelito Moreira	Run & Fun	Veterano M50	01:53:33	+24:37	08:07
16	14	Vitor Lima	Bravos e Bravitas	Veterano M50	01:54:34	+25:37	08:11
17	36	Nuno Filipe Alves Ferreira	Ferreiras e Ferreirinhas	Veterano M50	02:03:26	+34:30	08:49
18	114	Mike Funner	Run & Fun	Veterano M50	02:06:29	+37:32	09:02
19	91	Mário Lança	Lança	Veterano M50	02:06:45	+37:49	09:03
20	84	Luís Sousa	Individual	Veterano M50	02:08:48	+39:51	09:12
21	20	Gary Quintal	Centro de Trail Carlos Sá Penacova Team	Veterano M50	02:09:49	+40:53	09:16
22	85	Paulo Alexandre Oliveira Marques	Individual	Veterano M50	02:15:12	+46:16	09:39

Veterano M60

1	6	José Luís Santos	Brandoenses Running	Veterano M60	01:31:07		06:31
2	15	Alcides Relvas	Bravos e Bravitas	Veterano M60	01:33:40	+02:33	06:41
3	94	Mario Oliveira	Milheiros de Poiares	Veterano M60	01:36:58	+05:51	06:56
4	40	Maximiano Borges	Gaiatrail	Veterano M60	01:39:44	+08:36	07:07
5	39	José Morais	Gaiatrail	Veterano M60	01:45:22	+14:14	07:32
6	117	ZE MOUTINHO	Run & Fun	Veterano M60	01:46:50	+15:42	07:38
7	57	José Pinheiro	Guisande Trail Running	Veterano M60	01:48:09	+17:01	07:44
8	116	Quinel Mota	Run & Fun	Veterano M60	02:22:14	+51:06	10:10
9	33	Manuel Santiago	Clube do Pessoal das Águas de Gaia	Veterano M60	02:30:20	+59:12	10:44
10	31	Jorge da Encarnação	Clube do Pessoal das Águas de Gaia	Veterano M60	02:30:21	+59:13	10:44

TEAM RESULTS - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GUISANDE TRAIL RUNNING	7 + 9 + 14	30
2	BRAVOS E BRAVITAS	12 + 13 + 18	43
3	RUN & FUN	15 + 21 + 24	60
4	CLUBE DO PESSOAL DAS ÁGUAS DE GAIA	6 + 27 + 34	67
5	BRANDOENSES RUNNING	10 + 25 + 39	74
6	MILHEIROS DE POIARES	3 + 36 + 46	85
7	GAIATRAIL	44 + 53 + 81	178
8	PORTO SENTIDO RUNNERS	66 + 75 + 84	225
9	TEAMRENA	64 + 90 + 91	245
10	VOLTINHAS	103 + 104 + 105	312