Trilhos da Cola
Castro da Cola, Ourique
01-maio-2026

TRAIL LONGO - STAGE 1 — 31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	--	--
End	14:35	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	13	Ricardo Pires	Individual	03:25:22		06:37	
2	7	Gonçalo Campina	Casa do Benfica de Almodôvar	03:51:24	+26:02	07:28	
3	18	Raoul Jansen	Individual	03:52:22	+27:00	07:30	
4	14	Marisa de jesus Castro Machado	Individual	04:01:41	+36:19	07:48	
5	12	Ricardo Raposo	Futebol Clube Alvaladense	04:11:54	+46:32	08:08	
6	1	Fernando Ramos	8300 Wild Sports	04:12:37	+47:15	08:09	
7	6	Bruno Gonçalves	C. D. C. Nave / Trail Runners	04:19:17	+53:55	08:22	
8	8	Antonio Parreira	Centro Minucipal Marcha e corrida de Grândola	04:35:09	+01:09:47	08:53	
9	4	Rafael Martins	Algarunners	04:49:16	+01:23:54	09:20	
10	5	Maria Eugenia Aguero	Algarviana Team	05:04:53	+01:39:31	09:50	
11	16	Natália Silva	Individual	05:14:25	+01:49:03	10:09	
12	3	Davide Gonçalves	Algarunners	05:16:31	+01:51:09	10:13	
13	2	Joaquim Mário Guerreiro	AA Lebres do Sado	05:18:25	+01:53:03	10:16	
14	22	PEDRO DOMÍNGUEZ ALLEGUE	Individual	05:23:02	+01:57:40	10:25	
15	15	Claudine Cabrita	Individual	05:25:53	+02:00:31	10:31	
16	25	Carlos Madeira	Temivels d`Atalaia	05:37:06	+02:11:44	10:52	
17	11	elsa rato	Clube Oriental de Pechão	05:51:15	+02:25:53	11:20	
18	20	Luís Graça	Individual	05:52:02	+02:26:40	11:21	
19	23	Carlos Manuel Ferreira Carrega	Individual	06:03:14	+02:37:52	11:43	

Trilhos da Cola
Castro da Cola, Ourique
01-maio-2026

Trail Longo — 31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	14:35	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Masculino							
1	13	Ricardo Pires	Individual	Senior Masculino	03:25:22		06:37
2	7	Gonçalo Campina	Casa do Benfica de Almodôvar	Senior Masculino	03:51:24	+26:02	07:28
3	3	Davide Gonçalves	Algarunners	Senior Masculino	05:16:31	+01:51:09	10:13
Sub 23 Masculino							
1	4	Rafael Martins	Algarunners	Sub 23 Masculino	04:49:16		09:20
Veterana F40							
1	14	Marisa de jesus Castro Machado	Individual	Veterana F40	04:01:41		07:48
Veterana F45							
1	5	Maria Eugenia Aguero	Algarviana Team	Veterana F45	05:04:53		09:50
2	16	Natália Silva	Individual	Veterana F45	05:14:25	+09:32	10:09
3	15	Claudine Cabrita	Individual	Veterana F45	05:25:53	+20:59	10:31
4	11	elsa rato	Clube Oriental de Pechão	Veterana F45	05:51:15	+46:21	11:20
Veterano M35							
1	18	Raoul Jansen	Individual	Veterano M35	03:52:22		07:30
Veterano M40							
1	12	Ricardo Raposo	Futebol Clube Alvaladense	Veterano M40	04:11:54		08:08
2	6	Bruno Gonçalves	C. D. C. Nave / Trail Runners	Veterano M40	04:19:17	+07:22	08:22
Veterano M50							
1	8	Antonio Parreira	Centro Minucipal Marcha e corrida de Grândola	Veterano M50	04:35:09		08:53
2	2	Joaquim Mário Guerreiro	AA Lebres do Sado	Veterano M50	05:18:25	+43:16	10:16

Trail Longo — 31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M55

1	1	Fernando Ramos	8300 Wild Sports	Veterano M55	04:12:37		08:09
2	22	PEDRO DOMÍNGUEZ ALLEGUE	Individual	Veterano M55	05:23:02	+01:10:24	10:25
3	20	Luís Graça	Individual	Veterano M55	05:52:02	+01:39:24	11:21

Veterano M60

1	25	Carlos Madeira	Temivels d`Atalaia	Veterano M60	05:37:06		10:52
2	23	Carlos Manuel Ferreira Carrega	Individual	Veterano M60	06:03:14	+26:07	11:43

Trilhos da Cola
Castro da Cola, Ourique
01-maio-2026

SPRINT - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	--	--
End	13:49	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	166	António Baixinho	Clube Futebol Vasco da Gama - Secção Atletismo	01:37:20		05:44	
2	156	Dinesh Khadka	Campesino RFC	01:37:55	+00:35	05:46	
3	148	Antonio Costa	Beja Atlético Clube	01:38:08	+00:48	05:46	
4	245	Miguel Cabrita	Individual	01:38:35	+01:15	05:48	
5	174	Alex Cabrita	Crosslift Trail	01:39:42	+02:22	05:52	
6	160	Vicente Guerreiro	Casa do Benfica de Almodôvar	01:40:18	+02:58	05:54	
7	200	Manuel Fernandes Seixas	GDAlcoutim-trailrunners	01:40:50	+03:30	05:56	
8	304	José Martins	SFUMA SPORTS AMARELEJA	01:40:50	+03:30	05:56	
9	173	Mário Costa	Crosslift Trail	01:41:51	+04:31	05:59	
10	277	Adérito Guerreiro	Juventude Atlético Clube	01:45:08	+07:48	06:11	
11	195	Nuno Palminha	GD Santa Cruz / Botelhos.pt	01:48:00	+10:40	06:21	
12	187	Nuno Lopes	Ficalho DC - Clube dos Trilhos	01:48:11	+10:51	06:22	
13	237	André Fernandes Pereira	Individual	01:48:16	+10:56	06:22	
14	126	Rui Costa	ADN Mértola	01:48:44	+11:24	06:24	
15	283	André Tavares	NDC Odemira	01:50:34	+13:14	06:30	
16	188	Luis Estevens	Ficalho DC - Clube dos Trilhos	01:53:00	+15:40	06:39	
17	169	David Guerreiro	Clube Futebol Vasco da Gama - Secção Atletismo	01:53:22	+16:02	06:40	
18	238	César Barros	Individual	01:54:54	+17:34	06:46	
19	269	Nuno Martins	Jardim Funcional VRSA Associação Desportiva	01:55:14	+17:54	06:47	
20	104	Orlando Cristina	100 Trilhos Castro Verde	01:55:42	+18:22	06:48	
21	123	Pedro Gonçalves	ADN Mértola	01:56:08	+18:48	06:50	
22	314	Ricardo Ferreira	Tugas On Tour	01:56:17	+18:57	06:50	
23	108	Diogo Neto	8300 Wild Sports	01:57:19	+19:59	06:54	
24	276	Luís Baião	Juventude Atlético Clube	01:58:14	+20:54	06:57	
25	274	Filipe Sousa	Juventude Atlético Clube	01:59:08	+21:48	07:00	
26	203	José Mestre	GDAlcoutim-trailrunners	01:59:27	+22:07	07:02	
27	202	Paulo Carrola	GDAlcoutim-trailrunners	01:59:44	+22:24	07:03	
28	305	Luis Filipe Silva	Team Nuno Afonso	01:59:58	+22:38	07:03	
29	302	Domingos Jerónimo	SFUMA SPORTS AMARELEJA	02:00:23	+23:03	07:05	
30	161	Márcio Palma	Casa do Benfica de Almodôvar	02:02:08	+24:48	07:11	
31	201	Nelson Palma	GDAlcoutim-trailrunners	02:02:20	+25:00	07:12	
32	263	Mário Gonçalves	Individual	02:02:41	+25:21	07:13	
33	287	Manuel Vicente Pedro	Os Kotas	02:02:45	+25:25	07:13	
34	164	Diogo Gouveia	CASA DO BENFICA EM MOURA	02:04:12	+26:52	07:18	
35	168	Octávio Carrasco	Clube Futebol Vasco da Gama - Secção Atletismo	02:04:35	+27:15	07:20	
36	111	Jorge Louro	8300 Wild Sports	02:04:42	+27:22	07:20	
37	179	Carlos Barreira	CSP43 Running Team	02:04:43	+27:23	07:20	
38	275	Flavio Pinela	Juventude Atlético Clube	02:04:44	+27:24	07:20	
39	286	Sérgio Beja	Os Kotas	02:04:56	+27:36	07:21	
40	266	Luis Messias	Individual	02:05:39	+28:19	07:23	
41	177	Pedro Lino	Crosstraining Cercal	02:06:12	+28:52	07:25	
42	112	Pedro Nascimento	8300 Wild Sports	02:06:33	+29:13	07:27	

SPRINT - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	251	Rui Catalão Mano	Individual	02:06:52	+29:32	07:28	
44	170	Luís Rosmaninho	Clube Futebol Vasco da Gama - Secção Atletismo	02:07:02	+29:42	07:28	
45	113	NUNO BOTELHO	8300 Wild Sports	02:08:06	+30:46	07:32	
46	107	Melissa Neves	8300 Wild Sports	02:08:22	+31:02	07:33	
47	109	Fábio Viegas	8300 Wild Sports	02:08:24	+31:04	07:33	
48	248	Bruno Dores	Individual	02:08:37	+31:17	07:34	
49	220	Cláudio Tavares	Individual	02:09:13	+31:53	07:36	
50	264	Ramiro Ignacio López López	Individual	02:09:25	+32:05	07:37	
51	270	João Pacheco	João Pacheco	02:09:56	+32:36	07:39	
52	273	Ângelo Ferreira	Juventude Atlético Clube	02:09:57	+32:37	07:39	
53	243	João Braz	Individual	02:10:07	+32:47	07:39	
54	152	Silmara Freitas	Campesino RFC	02:10:28	+33:08	07:40	
55	288	Antonio Chainho Parreira	Os Kotas	02:10:48	+33:28	07:42	
56	127	Ivã Carlos Lima Marinheiro	ADN Mértola	02:11:17	+33:57	07:43	
57	229	Colette Kent	Individual	02:11:18	+33:58	07:43	
58	124	Ricardo Batista	ADN Mértola	02:11:39	+34:19	07:45	
59	103	MARIO JORGE SILVESTRE SILVA	100 Trilhos Castro Verde	02:12:00	+34:40	07:46	
60	183	Manuel Quaresma	Ficalho DC - Clube dos Trilhos	02:12:17	+34:57	07:47	
61	290	André Filipe Emídio Silva	Ourique Desportos Clube	02:12:28	+35:08	07:48	
62	205	João Pedro Agostinho Catarino	GDAlcoutim-trailrunners	02:12:28	+35:08	07:48	
63	146	Agostinho PalmaSilva	Alturence	02:12:56	+35:36	07:49	
64	222	José Miguel	Individual	02:12:57	+35:37	07:49	
65	138	Tony Viegas	Algarviana Team	02:14:18	+36:58	07:54	
66	219	André Correia	Individual	02:14:29	+37:09	07:55	
67	180	Nuno Dias	CSP43 Running Team	02:14:33	+37:13	07:55	
68	128	Ana Grade	Algarunners	02:14:43	+37:23	07:55	
69	215	Luis Guerreiro	GRIFOS	02:15:09	+37:49	07:57	
70	204	PAULO VIEGAS	GDAlcoutim-trailrunners	02:15:12	+37:52	07:57	
71	316	Filipe Pires	Vasco da Gama Atlético Clube	02:15:55	+38:35	08:00	
72	313	Hugo Conceição	Tugas On Tour	02:16:31	+39:11	08:02	
73	272	Nádia Silva	Juventude Atlético Clube	02:16:35	+39:15	08:02	
74	307	Orlando Ribeiro	Trava que é a descer...	02:16:38	+39:18	08:02	
75	198	Marta Alves Dias	GDAlcoutim-trailrunners	02:17:03	+39:43	08:04	
76	312	Hugo Silva	Tugas On Tour	02:17:31	+40:11	08:05	
77	131	Antonio Manuel Fraga Miranda	Algarunners	02:18:08	+40:48	08:08	
78	221	Henrique Silvestre	Individual	02:18:30	+41:10	08:09	
79	118	Jose Alves	8300 Wild Sports	02:18:50	+41:30	08:10	
80	102	Rita Castilho	100 Trilhos Castro Verde	02:20:23	+43:03	08:15	
81	209	Tiago Lopes	GDC Mombeja	02:21:39	+44:19	08:20	
82	150	Fábio Braizinha	Btt Salvada / Entre os Moinhos do Guadiana	02:21:40	+44:20	08:20	
83	294	Carla Bárbara	Ourique Desportos Clube	02:23:07	+45:47	08:25	
84	246	Pedro Lourenço	Individual	02:24:09	+46:49	08:29	
85	239	Ricardo Paulino	Individual	02:24:09	+46:49	08:29	
86	181	Eleuterio Mestre	D'ATALAIA 3.0	02:24:35	+47:15	08:30	
87	252	Vasco Pedrosa	Individual	02:24:35	+47:15	08:30	
88	254	Francisco Guerreiro	Individual	02:26:19	+48:59	08:36	

SPRINT - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	311	Sonia Palma	Tugas On Tour	02:26:43	+49:23	08:38	
90	140	Jose Dias	Algarviana Team	02:26:44	+49:24	08:38	
91	139	Vítor Manuel Mendes Castro Figueira	Algarviana Team	02:26:44	+49:24	08:38	
92	184	Rosa Ferro	Ficalho DC - Clube dos Trilhos	02:27:10	+49:50	08:39	
93	125	Nuno Ramos	ADN Mértola	02:27:46	+50:26	08:42	
94	214	Eleutério Martins	GRIFOS	02:28:22	+51:02	08:44	
95	235	Patricia Santos	Individual	02:29:16	+51:56	08:47	
96	293	Cláudia Afonso	Ourique Desportos Clube	02:30:03	+52:43	08:50	
97	134	João Pinheiro	Algarviana Team	02:30:51	+53:31	08:52	
98	136	Carlos Graça	Algarviana Team	02:31:30	+54:10	08:55	
99	240	André Martins	Individual	02:32:01	+54:41	08:57	
100	228	Paula Cabrita	Individual	02:32:01	+54:41	08:57	
101	241	Cláudio Neves	Individual	02:32:34	+55:14	08:58	
102	119	Mario Santos	8300 Wild Sports	02:32:38	+55:18	08:59	
103	227	Mara Domingos	Individual	02:32:46	+55:26	08:59	
104	165	Danielle Hrubá	Clube Desportivo Areias de São João	02:33:08	+55:48	09:00	
105	190	Sonia Luz	Futebol Clube Alvaladense	02:33:39	+56:19	09:02	
106	117	Sérgio Vieira	8300 Wild Sports	02:33:57	+56:37	09:03	
107	175	Rafael Vilhena	Crosstraining Cercal	02:34:13	+56:53	09:04	
108	192	Pedro Paulos	Futebol Clube Alvaladense	02:34:34	+57:14	09:06	
109	194	João Carlos Mendes	Futebol Clube Alvaladense	02:34:35	+57:15	09:06	
110	167	Alícia Reis	Clube Futebol Vasco da Gama - Secção Atletismo	02:35:17	+57:57	09:08	
111	105	Joaquim Mamede	100 Trilhos Castro Verde	02:35:18	+57:58	09:08	
112	193	Fernando Martins	Futebol Clube Alvaladense	02:36:12	+58:52	09:11	
113	106	Carlos Laires Domingos	412M	02:36:57	+59:37	09:14	
114	295	Fernanda Dias	Ourique Desportos Clube	02:38:16	+01:00:56	09:19	
115	176	Vânia Carrilho	Crosstraining Cercal	02:38:43	+01:01:23	09:20	
116	130	Ana Margarida Gualberto Bernardo Bárbara	Algarunners	02:39:08	+01:01:48	09:22	
117	223	Luís Guerreiro	Individual	02:39:24	+01:02:04	09:23	
118	145	Rui Madeira	Altimetria Associação Desportiva	02:40:15	+01:02:55	09:26	
119	234	Tania Barriga	Individual	02:40:59	+01:03:39	09:28	
120	120	Paul Brooks	8300 Wild Sports	02:41:26	+01:04:06	09:30	
121	231	Sara Horta	Individual	02:41:34	+01:04:14	09:30	
122	298	André Romeiro	Ourique Desportos Clube	02:41:46	+01:04:26	09:31	
123	271	Liliana Morgado	Juventude Atlético Clube	02:41:47	+01:04:27	09:31	
124	268	José António Pinheiro Eugénio Santos	Algarviana Team	02:42:30	+01:05:10	09:34	
125	260	FILIPE BORLAO COELHO FACHADAS	Individual	02:42:41	+01:05:21	09:34	
126	189	Vânia Relvas	Futebol Clube Alvaladense	02:42:47	+01:05:27	09:35	
127	253	Carlos Miguel Reis	Individual	02:47:42	+01:10:22	09:52	
128	155	Tiago Martins	Campesino RFC	02:47:50	+01:10:30	09:52	
129	281	Carla Valério	NDC Odemira	02:47:55	+01:10:35	09:53	
130	163	Filipe Ramos	Casa do Benfica de Almodôvar	02:48:41	+01:11:21	09:55	
131	199	Fernanda Maria Milheiras Menina	GDAlcoutim-trailrunners	02:49:46	+01:12:26	09:59	

SPRINT - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	211	Filipe Inácio	GDC Mombeja	02:51:01	+01:13:41	10:04	
133	247	André Correia Cabrita	Individual	02:51:44	+01:14:24	10:06	
134	255	Honorio rodrigues	Individual	02:53:12	+01:15:52	10:11	
135	300	David Dias	Serpa Running & Trail	02:53:15	+01:15:55	10:11	
136	315	Cláudia Domingos	Vasco da Gama Atlético Clube	02:56:54	+01:19:34	10:24	
137	153	Claúdia Rodrigues	Campesino RFC	02:56:56	+01:19:36	10:24	
138	151	Ricardo Ruivo	Btt Salvada / Entre os Moinhos do Guadiana	02:57:07	+01:19:47	10:25	
139	149	João Caiado	Btt Salvada / Entre os Moinhos do Guadiana	02:57:09	+01:19:49	10:25	
140	301	Silvia Carina Mendes	SFUMA SPORTS AMARELEJA	03:01:05	+01:23:45	10:39	
141	178	Liliana Claro	CSP43 Running Team	03:01:06	+01:23:46	10:39	
142	122	Cristina Lopes	ADN Mértola	03:01:22	+01:24:02	10:40	
143	121	Ana Marinheiro	ADN Mértola	03:01:25	+01:24:05	10:40	
144	267	FERRO SANTOS	Individual	03:03:38	+01:26:18	10:48	
145	278	Rui Correia	Juventude Atlético Clube	03:05:01	+01:27:41	10:53	
146	191	Tânia Luz	Futebol Clube Alvaladense	03:05:29	+01:28:09	10:55	
147	132	Marina Pinheiro	Algarviana Team	03:05:53	+01:28:33	10:56	
148	308	Ismael Silva	Trava que é a descer...	03:06:03	+01:28:43	10:57	
149	309	Pedro Filipe Vicente Conduto	Trava que é a descer...	03:06:04	+01:28:44	10:57	
150	196	Márcio Miguel Menina Domingos	GDAlcoutim-trailrunners	03:06:09	+01:28:49	10:57	
151	289	Ana Moreira	Ourique Desportos Clube	03:06:51	+01:29:31	10:59	
152	135	Paulo Borges	Algarviana Team	03:08:55	+01:31:35	11:07	
153	280	Paula Alves	NARM MESSEJANA	03:09:57	+01:32:37	11:10	
154	303	Helder Marques	SFUMA SPORTS AMARELEJA	03:10:00	+01:32:40	11:11	
155	265	António Rosa	Individual	03:10:09	+01:32:49	11:11	
156	208	João Aniceto	GDC Mombeja	03:11:46	+01:34:26	11:17	
157	213	Ernesto Serrano	GDC Mombeja	03:11:49	+01:34:29	11:17	
158	236	Suzete Figueiredo	Individual	03:11:58	+01:34:38	11:18	
159	249	João Soutino	Individual	03:11:59	+01:34:39	11:18	
160	143	Arquimínio Vale	Altimetria Associação Desportiva	03:12:02	+01:34:42	11:18	
161	210	Duarte Ferro	GDC Mombeja	03:14:21	+01:37:01	11:26	
162	185	Paula Pereira	Ficalho DC - Clube dos Trilhos	03:17:44	+01:40:24	11:38	
163	159	Kevin Bird	Campesino RFC	03:18:14	+01:40:54	11:40	
164	285	Mª Fátima Chainho	Os Kotas	03:19:18	+01:41:58	11:43	
165	186	Célia Caeiro	Ficalho DC - Clube dos Trilhos	03:22:03	+01:44:43	11:53	
166	257	Miguel Quiroga	Individual	03:22:18	+01:44:58	11:54	
167	306	Fernando Almeida	Temivels d`Atalaia	03:22:18	+01:44:58	11:54	
168	144	Eduardo Monteiro	Altimetria Associação Desportiva	03:22:24	+01:45:04	11:54	
169	262	Luis Lourenco	Individual	03:22:25	+01:45:05	11:54	
170	261	Honorio Teixeira	Individual	03:22:25	+01:45:05	11:54	
171	133	Celestina Estêvão	Algarviana Team	03:23:56	+01:46:36	12:00	
172	171	Ana Ávila	Clube Oriental de Pechão	03:24:34	+01:47:14	12:02	
173	212	Sérgio Roberto	GDC Mombeja	03:25:27	+01:48:07	12:05	
174	217	Joana Correia	Individual	03:25:43	+01:48:23	12:06	
175	101	Leila Feio Martins	100 Trilhos Castro Verde	03:26:08	+01:48:48	12:08	
176	258	Rui Manuel Fernandes Leite	Individual	03:32:04	+01:54:44	12:28	
177	129	Elisabete Jerónimo	Algarunners	03:34:17	+01:56:57	12:36	

SPRINT - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	116	Rui Guerreiro	8300 Wild Sports	03:34:28	+01:57:08	12:37	
179	259	António Carrasco	Individual	03:34:32	+01:57:12	12:37	
180	207	Carolina Almeida	GDC Mombeja	03:44:37	+02:07:17	13:13	
181	282	Silvia Campos	NDC Odemira	03:50:32	+02:13:12	13:34	
182	233	Leonor Barros	Individual	03:53:37	+02:16:17	13:45	
183	154	Lilia Duro	Campesino RFC	04:01:54	+02:24:34	14:14	
184	232	Denise Almeida	Individual	04:02:18	+02:24:58	14:15	
185	230	Daniela Maia	Individual	04:04:49	+02:27:29	14:24	
186	226	Joana Coelho	Individual	04:07:42	+02:30:22	14:34	
187	296	Luis Filipe Dias Pedro Guerreiro	Ourique Desportos Clube	04:07:43	+02:30:23	14:34	

Sprint — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	-99ºC	-99%
End	13:49	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Masculino							
1	148	Antonio Costa	Beja Atlético Clube	Junior Masculino	01:38:08		05:46
2	196	Márcio Miguel Menina Domingos	GDAlcoutim-trailrunners	Junior Masculino	03:06:09	+01:28:01	10:57
Senior Feminino							
1	107	Melissa Neves	8300 Wild Sports	Senior Feminino	02:08:22		07:33
2	289	Ana Moreira	Ourique Desportos Clube	Senior Feminino	03:06:51	+58:29	10:59
3	217	Joana Correia	Individual	Senior Feminino	03:25:43	+01:17:20	12:06
4	101	Leila Feio Martins	100 Trilhos Castro Verde	Senior Feminino	03:26:08	+01:17:45	12:08
Senior Masculino							
1	166	António Baixinho	Clube Futebol Vasco da Gama - Secção Atletismo	Senior Masculino	01:37:20		05:44
2	108	Diogo Neto	8300 Wild Sports	Senior Masculino	01:57:19	+19:58	06:54
3	164	Diogo Gouveia	CASA DO BENFICA EM MOURA	Senior Masculino	02:04:12	+26:52	07:18
4	109	Fábio Viegas	8300 Wild Sports	Senior Masculino	02:08:24	+31:03	07:33
5	220	Cláudio Tavares	Individual	Senior Masculino	02:09:13	+31:53	07:36
6	183	Manuel Quaresma	Ficalho DC - Clube dos Trilhos	Senior Masculino	02:12:17	+34:57	07:47
7	290	André Filipe Emídio Silva	Ourique Desportos Clube	Senior Masculino	02:12:28	+35:08	07:48
8	222	José Miguel	Individual	Senior Masculino	02:12:57	+35:37	07:49
9	219	André Correia	Individual	Senior Masculino	02:14:29	+37:08	07:55
10	221	Henrique Silvestre	Individual	Senior Masculino	02:18:30	+41:10	08:09
11	175	Rafael Vilhena	Crosstraining Cercal	Senior Masculino	02:34:13	+56:52	09:04
12	223	Luís Guerreiro	Individual	Senior Masculino	02:39:24	+01:02:03	09:23
13	149	João Caiado	Btt Salvada / Entre os Moinhos do Guadiana	Senior Masculino	02:57:09	+01:19:48	10:25
Sub 23 Feminino							
1	293	Cláudia Afonso	Ourique Desportos Clube	Sub 23 Feminino	02:30:03		08:50
2	207	Carolina Almeida	GDC Mombeja	Sub 23 Feminino	03:44:37	+01:14:34	13:13
Sub 23 Masculino							
1	160	Vicente Guerreiro	Casa do Benfica de Almodôvar	Sub 23 Masculino	01:40:18		05:54
2	208	João Aniceto	GDC Mombeja	Sub 23 Masculino	03:11:46	+01:31:28	11:17

Sprint — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F35

1	152	Silmara Freitas	Campesino RFC	Veterana F35	02:10:28		07:40
2	198	Marta Alves Dias	GDAlcoutim-trailrunners	Veterana F35	02:17:03	+06:34	08:04
3	228	Paula Cabrita	Individual	Veterana F35	02:32:01	+21:33	08:57
4	227	Mara Domingos	Individual	Veterana F35	02:32:46	+22:17	08:59
5	189	Vânia Relvas	Futebol Clube Alvaladense	Veterana F35	02:42:47	+32:19	09:35
6	315	Cláudia Domingos	Vasco da Gama Atlético Clube	Veterana F35	02:56:54	+46:25	10:24
7	280	Paula Alves	NARM MESSEJANA	Veterana F35	03:09:57	+59:28	11:10
8	226	Joana Coelho	Individual	Veterana F35	04:07:42	+01:57:13	14:34

Veterana F40

1	229	Colette Kent	Individual	Veterana F40	02:11:18		07:43
2	272	Nádia Silva	Juventude Atlético Clube	Veterana F40	02:16:35	+05:17	08:02
3	102	Rita Castilho	100 Trilhos Castro Verde	Veterana F40	02:20:23	+09:05	08:15
4	294	Carla Bárbara	Ourique Desportos Clube	Veterana F40	02:23:07	+11:49	08:25
5	190	Sonia Luz	Futebol Clube Alvaladense	Veterana F40	02:33:39	+22:20	09:02
6	167	Alícia Reis	Clube Futebol Vasco da Gama - Secção Atletismo	Veterana F40	02:35:17	+23:59	09:08
7	295	Fernanda Dias	Ourique Desportos Clube	Veterana F40	02:38:16	+26:58	09:19
8	231	Sara Horta	Individual	Veterana F40	02:41:34	+30:16	09:30
9	271	Liliana Morgado	Juventude Atlético Clube	Veterana F40	02:41:47	+30:28	09:31
10	281	Carla Valério	NDC Odemira	Veterana F40	02:47:55	+36:37	09:53
11	178	Liliana Claro	CSP43 Running Team	Veterana F40	03:01:06	+49:48	10:39
12	191	Tânia Luz	Futebol Clube Alvaladense	Veterana F40	03:05:29	+54:11	10:55
13	132	Marina Pinheiro	Algarviana Team	Veterana F40	03:05:53	+54:35	10:56
14	230	Daniela Maia	Individual	Veterana F40	04:04:49	+01:53:31	14:24

Veterana F45

1	128	Ana Grade	Algarunners	Veterana F45	02:14:43		07:55
2	311	Sonia Palma	Tugas On Tour	Veterana F45	02:26:43	+12:00	08:38
3	184	Rosa Ferro	Ficalho DC - Clube dos Trilhos	Veterana F45	02:27:10	+12:27	08:39
4	176	Vânia Carrilho	Crosstraining Cercal	Veterana F45	02:38:43	+24:00	09:20
5	234	Tania Barriga	Individual	Veterana F45	02:40:59	+26:16	09:28
6	153	Claúdia Rodrigues	Campesino RFC	Veterana F45	02:56:56	+42:13	10:24
7	301	Silvia Carina Mendes	SFUMA SPORTS AMARELEJA	Veterana F45	03:01:05	+46:22	10:39
8	171	Ana Ávila	Clube Oriental de Pechão	Veterana F45	03:24:34	+01:09:51	12:02
9	129	Elisabete Jerónimo	Algarunners	Veterana F45	03:34:17	+01:19:34	12:36
10	282	Silvia Campos	NDC Odemira	Veterana F45	03:50:32	+01:35:49	13:34
11	233	Leonor Barros	Individual	Veterana F45	03:53:37	+01:38:54	13:45
12	232	Denise Almeida	Individual	Veterana F45	04:02:18	+01:47:35	14:15

Sprint — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	235	Patricia Santos	Individual	Veterana F50	02:29:16		08:47
2	199	Fernanda Maria Milheiras Menina	GDAlcoutim-trailrunners	Veterana F50	02:49:46	+20:30	09:59
3	121	Ana Marinheiro	ADN Mértola	Veterana F50	03:01:25	+32:08	10:40
4	236	Suzete Figueiredo	Individual	Veterana F50	03:11:58	+42:42	11:18
5	185	Paula Pereira	Ficalho DC - Clube dos Trilhos	Veterana F50	03:17:44	+48:28	11:38

Veterana F55

1	165	Danielle Hrubá	Clube Desportivo Areias de São João	Veterana F55	02:33:08		09:00
2	130	Ana Margarida Gualberto Bernardo Bárbara	Algarunners	Veterana F55	02:39:08	+05:59	09:22
3	122	Cristina Lopes	ADN Mértola	Veterana F55	03:01:22	+28:14	10:40
4	186	Célia Caeiro	Ficalho DC - Clube dos Trilhos	Veterana F55	03:22:03	+48:55	11:53

Veterana F60

1	285	Mª Fátima Chainho	Os Kotas	Veterana F60	03:19:18		11:43
2	133	Celestina Estêvão	Algarviana Team	Veterana F60	03:23:56	+04:37	12:00

Veterana F65

1	154	Lilia Duro	Campesino RFC	Veterana F65	04:01:54		14:14

Veterano M35

1	173	Mário Costa	Crosslift Trail	Veterano M35	01:41:51		05:59
2	187	Nuno Lopes	Ficalho DC - Clube dos Trilhos	Veterano M35	01:48:11	+06:20	06:22
3	237	André Fernandes Pereira	Individual	Veterano M35	01:48:16	+06:25	06:22
4	238	César Barros	Individual	Veterano M35	01:54:54	+13:03	06:46
5	161	Márcio Palma	Casa do Benfica de Almodôvar	Veterano M35	02:02:08	+20:17	07:11
6	168	Octávio Carrasco	Clube Futebol Vasco da Gama - Secção Atletismo	Veterano M35	02:04:35	+22:43	07:20
7	270	João Pacheco	João Pacheco	Veterano M35	02:09:56	+28:05	07:39
8	103	MARIO JORGE SILVESTRE SILVA	100 Trilhos Castro Verde	Veterano M35	02:12:00	+30:09	07:46
9	316	Filipe Pires	Vasco da Gama Atlético Clube	Veterano M35	02:15:55	+34:03	08:00
10	209	Tiago Lopes	GDC Mombeja	Veterano M35	02:21:39	+39:48	08:20
11	239	Ricardo Paulino	Individual	Veterano M35	02:24:09	+42:17	08:29
12	155	Tiago Martins	Campesino RFC	Veterano M35	02:47:50	+01:05:59	09:52

Veterano M40

1	156	Dinesh Khadka	Campesino RFC	Veterano M40	01:37:55		05:46

Sprint

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	245	Miguel Cabrita	Individual	Veterano M40	01:38:35	+00:40	05:48
3	200	Manuel Fernandes Seixas	GDAlcoutim-trailrunners	Veterano M40	01:40:50	+02:55	05:56
4	169	David Guerreiro	Clube Futebol Vasco da Gama - Secção Atletismo	Veterano M40	01:53:22	+15:27	06:40
5	269	Nuno Martins	Jardim Funcional VRSA Associação Desportiva	Veterano M40	01:55:14	+17:19	06:47
6	123	Pedro Gonçalves	ADN Mértola	Veterano M40	01:56:08	+18:13	06:50
7	274	Filipe Sousa	Juventude Atlético Clube	Veterano M40	01:59:08	+21:13	07:00
8	111	Jorge Louro	8300 Wild Sports	Veterano M40	02:04:42	+26:47	07:20
9	112	Pedro Nascimento	8300 Wild Sports	Veterano M40	02:06:33	+28:38	07:27
10	170	Luís Rosmaninho	Clube Futebol Vasco da Gama - Secção Atletismo	Veterano M40	02:07:02	+29:07	07:28
11	273	Ângelo Ferreira	Juventude Atlético Clube	Veterano M40	02:09:57	+32:02	07:39
12	243	João Braz	Individual	Veterano M40	02:10:07	+32:12	07:39
13	124	Ricardo Batista	ADN Mértola	Veterano M40	02:11:39	+33:44	07:45
14	312	Hugo Silva	Tugas On Tour	Veterano M40	02:17:31	+39:36	08:05
15	150	Fábio Braizinha	Btt Salvada / Entre os Moinhos do Guadiana	Veterano M40	02:21:40	+43:45	08:20
16	246	Pedro Lourenço	Individual	Veterano M40	02:24:09	+46:14	08:29
17	134	João Pinheiro	Algarviana Team	Veterano M40	02:30:51	+52:56	08:52
18	240	André Martins	Individual	Veterano M40	02:32:01	+54:06	08:57
19	241	Cláudio Neves	Individual	Veterano M40	02:32:34	+54:39	08:58
20	192	Pedro Paulos	Futebol Clube Alvaladense	Veterano M40	02:34:34	+56:39	09:06
21	210	Duarte Ferro	GDC Mombeja	Veterano M40	03:14:21	+01:36:26	11:26
22	296	Luis Filipe Dias Pedro Guerreiro	Ourique Desportos Clube	Veterano M40	04:07:43	+02:29:48	14:34

Veterano M45

1	174	Alex Cabrita	Crosslift Trail	Veterano M45	01:39:42		05:52
2	195	Nuno Palminha	GD Santa Cruz / Botelhos.pt	Veterano M45	01:48:00	+08:18	06:21
3	126	Rui Costa	ADN Mértola	Veterano M45	01:48:44	+09:02	06:24
4	283	André Tavares	NDC Odemira	Veterano M45	01:50:34	+10:52	06:30
5	188	Luis Estevens	Ficalho DC - Clube dos Trilhos	Veterano M45	01:53:00	+13:18	06:39
6	104	Orlando Cristina	100 Trilhos Castro Verde	Veterano M45	01:55:42	+16:00	06:48
7	314	Ricardo Ferreira	Tugas On Tour	Veterano M45	01:56:17	+16:35	06:50
8	276	Luís Baião	Juventude Atlético Clube	Veterano M45	01:58:14	+18:32	06:57
9	202	Paulo Carrola	GDAlcoutim-trailrunners	Veterano M45	01:59:44	+20:02	07:03
10	305	Luis Filipe Silva	Team Nuno Afonso	Veterano M45	01:59:58	+20:16	07:03
11	302	Domingos Jerónimo	SFUMA SPORTS AMARELEJA	Veterano M45	02:00:23	+20:41	07:05
12	201	Nelson Palma	GDAlcoutim-trailrunners	Veterano M45	02:02:20	+22:38	07:12
13	179	Carlos Barreira	CSP43 Running Team	Veterano M45	02:04:43	+25:01	07:20
14	275	Flavio Pinela	Juventude Atlético Clube	Veterano M45	02:04:44	+25:02	07:20
15	286	Sérgio Beja	Os Kotas	Veterano M45	02:04:56	+25:14	07:21
16	177	Pedro Lino	Crosstraining Cercal	Veterano M45	02:06:12	+26:30	07:25
17	251	Rui Catalão Mano	Individual	Veterano M45	02:06:52	+27:10	07:28
18	113	NUNO BOTELHO	8300 Wild Sports	Veterano M45	02:08:06	+28:24	07:32
19	248	Bruno Dores	Individual	Veterano M45	02:08:37	+28:55	07:34

Sprint — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	180	Nuno Dias	CSP43 Running Team	Veterano M45	02:14:33	+34:50	07:55
21	313	Hugo Conceição	Tugas On Tour	Veterano M45	02:16:31	+36:49	08:02
22	307	Orlando Ribeiro	Trava que é a descer...	Veterano M45	02:16:38	+36:56	08:02
23	181	Eleuterio Mestre	D'ATALAIA 3.0	Veterano M45	02:24:35	+44:53	08:30
24	252	Vasco Pedrosa	Individual	Veterano M45	02:24:35	+44:53	08:30
25	125	Nuno Ramos	ADN Mértola	Veterano M45	02:27:46	+48:04	08:42
26	214	Eleutério Martins	GRIFOS	Veterano M45	02:28:22	+48:40	08:44
27	298	André Romeiro	Ourique Desportos Clube	Veterano M45	02:41:46	+01:02:04	09:31
28	163	Filipe Ramos	Casa do Benfica de Almodôvar	Veterano M45	02:48:41	+01:08:58	09:55
29	211	Filipe Inácio	GDC Mombeja	Veterano M45	02:51:01	+01:11:19	10:04
30	247	André Correia Cabrita	Individual	Veterano M45	02:51:44	+01:12:02	10:06
31	300	David Dias	Serpa Running & Trail	Veterano M45	02:53:15	+01:13:32	10:11
32	135	Paulo Borges	Algarviana Team	Veterano M45	03:08:55	+01:29:13	11:07
33	249	João Soutino	Individual	Veterano M45	03:11:59	+01:32:17	11:18
34	143	Arquimínio Vale	Altimetria Associação Desportiva	Veterano M45	03:12:02	+01:32:19	11:18
35	306	Fernando Almeida	Temivels d`Atalaia	Veterano M45	03:22:18	+01:42:36	11:54
36	144	Eduardo Monteiro	Altimetria Associação Desportiva	Veterano M45	03:22:24	+01:42:42	11:54

Veterano M50

1	277	Adérito Guerreiro	Juventude Atlético Clube	Veterano M50	01:45:08		06:11
2	203	José Mestre	GDAlcoutim-trailrunners	Veterano M50	01:59:27	+14:18	07:02
3	127	Ivã Carlos Lima Marinheiro	ADN Mértola	Veterano M50	02:11:17	+26:08	07:43
4	204	PAULO VIEGAS	GDAlcoutim-trailrunners	Veterano M50	02:15:12	+30:03	07:57
5	254	Francisco Guerreiro	Individual	Veterano M50	02:26:19	+41:10	08:36
6	136	Carlos Graça	Algarviana Team	Veterano M50	02:31:30	+46:22	08:55
7	117	Sérgio Vieira	8300 Wild Sports	Veterano M50	02:33:57	+48:48	09:03
8	194	João Carlos Mendes	Futebol Clube Alvaladense	Veterano M50	02:34:35	+49:26	09:06
9	193	Fernando Martins	Futebol Clube Alvaladense	Veterano M50	02:36:12	+51:03	09:11
10	106	Carlos Laires Domingos	412M	Veterano M50	02:36:57	+51:48	09:14
11	253	Carlos Miguel Reis	Individual	Veterano M50	02:47:42	+01:02:34	09:52
12	255	Honorio rodrigues	Individual	Veterano M50	02:53:12	+01:08:03	10:11
13	151	Ricardo Ruivo	Btt Salvada / Entre os Moinhos do Guadiana	Veterano M50	02:57:07	+01:11:58	10:25
14	308	Ismael Silva	Trava que é a descer...	Veterano M50	03:06:03	+01:20:54	10:57
15	309	Pedro Filipe Vicente Conduto	Trava que é a descer...	Veterano M50	03:06:04	+01:20:55	10:57
16	303	Helder Marques	SFUMA SPORTS AMARELEJA	Veterano M50	03:10:00	+01:24:51	11:11
17	257	Miguel Quiroga	Individual	Veterano M50	03:22:18	+01:37:09	11:54
18	258	Rui Manuel Fernandes Leite	Individual	Veterano M50	03:32:04	+01:46:55	12:28
19	116	Rui Guerreiro	8300 Wild Sports	Veterano M50	03:34:28	+01:49:19	12:37

Veterano M55

1	304	José Martins	SFUMA SPORTS AMARELEJA	Veterano M55	01:40:50		05:56
2	263	Mário Gonçalves	Individual	Veterano M55	02:02:41	+21:50	07:13
3	264	Ramiro Ignacio López López	Individual	Veterano M55	02:09:25	+28:34	07:37

Sprint — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	205	João Pedro Agostinho Catarino	GDAlcoutim-trailrunners	Veterano M55	02:12:28	+31:38	07:48
5	138	Tony Viegas	Algarviana Team	Veterano M55	02:14:18	+33:27	07:54
6	215	Luis Guerreiro	GRIFOS	Veterano M55	02:15:09	+34:18	07:57
7	131	Antonio Manuel Fraga Miranda	Algarunners	Veterano M55	02:18:08	+37:17	08:08
8	118	Jose Alves	8300 Wild Sports	Veterano M55	02:18:50	+38:00	08:10
9	139	Vítor Manuel Mendes Castro Figueira	Algarviana Team	Veterano M55	02:26:44	+45:53	08:38
10	119	Mario Santos	8300 Wild Sports	Veterano M55	02:32:38	+51:47	08:59
11	145	Rui Madeira	Altimetria Associação Desportiva	Veterano M55	02:40:15	+59:24	09:26
12	260	FILIPE BORLAO COELHO FACHADAS	Individual	Veterano M55	02:42:41	+01:01:50	09:34
13	278	Rui Correia	Juventude Atlético Clube	Veterano M55	03:05:01	+01:24:10	10:53
14	262	Luis Lourenco	Individual	Veterano M55	03:22:25	+01:41:34	11:54
15	261	Honorio Teixeira	Individual	Veterano M55	03:22:25	+01:41:34	11:54
16	212	Sérgio Roberto	GDC Mombeja	Veterano M55	03:25:27	+01:44:36	12:05
17	259	António Carrasco	Individual	Veterano M55	03:34:32	+01:53:41	12:37

Veterano M60

1	287	Manuel Vicente Pedro	Os Kotas	Veterano M60	02:02:45		07:13
2	266	Luis Messias	Individual	Veterano M60	02:05:39	+02:54	07:23
3	105	Joaquim Mamede	100 Trilhos Castro Verde	Veterano M60	02:35:18	+32:32	09:08
4	120	Paul Brooks	8300 Wild Sports	Veterano M60	02:41:26	+38:41	09:30
5	265	António Rosa	Individual	Veterano M60	03:10:09	+01:07:24	11:11

Veterano M65

1	288	Antonio Chainho Parreira	Os Kotas	Veterano M65	02:10:48		07:42
2	146	Agostinho PalmaSilva	Alturence	Veterano M65	02:12:56	+02:08	07:49
3	140	Jose Dias	Algarviana Team	Veterano M65	02:26:44	+15:55	08:38
4	213	Ernesto Serrano	GDC Mombeja	Veterano M65	03:11:49	+01:01:00	11:17

Veterano M70

1	268	José António Pinheiro Eugénio Santos	Algarviana Team	Veterano M70	02:42:30		09:34
2	267	FERRO SANTOS	Individual	Veterano M70	03:03:38	+21:07	10:48
3	159	Kevin Bird	Campesino RFC	Veterano M70	03:18:14	+35:44	11:40

TEAM RESULTS - SPRINT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE FUTEBOL VASCO DA GAMA - SECÇÃO ATLETISMO	1 + 17 + 35	53
2	JUVENTUDE ATLÉTICO CLUBE	10 + 24 + 25	59
3	GDALCOUTIM-TRAILRUNNERS	7 + 26 + 27	60
4	FICALHO DC - CLUBE DOS TRILHOS	12 + 16 + 60	88
5	ADN MÉRTOLA	14 + 21 + 56	91
6	8300 WILD SPORTS	23 + 36 + 42	101
7	OS KOTAS	33 + 39 + 55	127
8	100 TRILHOS CASTRO VERDE	20 + 59 + 80	159
9	CASA DO BENFICA DE ALMODÔVAR	6 + 30 + 130	166
10	TUGAS ON TOUR	22 + 72 + 76	170
11	SFUMA SPORTS AMARELEJA	8 + 29 + 140	177
12	CAMPESINO RFC	2 + 54 + 128	184
13	OURIQUE DESPORTOS CLUBE	61 + 83 + 96	240
14	CSP43 RUNNING TEAM	37 + 67 + 141	245
15	ALGARVIANA TEAM	65 + 90 + 91	246
16	ALGARUNNERS	68 + 77 + 116	261
17	CROSSTRAINING CERCAL	41 + 107 + 115	263
18	FUTEBOL CLUBE ALVALADENSE	105 + 108 + 109	322
19	NDC ODEMIRA	15 + 129 + 181	325
20	BTT SALVADA / ENTRE OS MOINHOS DO GUADIANA	82 + 138 + 139	359
21	GDC MOMBEJA	81 + 132 + 156	369
22	TRAVA QUE É A DESCER...	74 + 148 + 149	371
23	ALTIMETRIA ASSOCIAÇÃO DESPORTIVA	118 + 160 + 168	446

MINI TRAIL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:05	--	--
End	14:30	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	512	Jorge Miguel Franco António	C. D. C. Nave / Trail Runners	01:01:37		06:10	
2	514	Paulo Anibal	Clube Oriental de Pechão	01:05:25	+03:48	06:32	
3	587	Miguel Nunes	Individual	01:09:53	+08:16	06:59	
4	611	Santiago Leal	RAÇA FC	01:14:41	+13:04	07:28	
5	566	Cristiano Santos	Individual	01:15:51	+14:14	07:35	
6	575	Francisco Albino	Individual	01:17:11	+15:34	07:43	
7	610	Martim cola	RAÇA FC	01:18:52	+17:15	07:53	
8	607	Nuno Gomes	Ourique Desportos Clube	01:21:25	+19:48	08:09	
9	599	Joel Pedro	Os Kotas	01:25:32	+23:55	08:33	
10	580	João Godinho	Individual	01:25:52	+24:15	08:35	
11	533	Daniela Alves	Individual	01:26:40	+25:03	08:40	
12	581	João Mouzaco Godinho	Individual	01:28:39	+27:02	08:52	
13	608	Antonio Barros	RAÇA FC	01:30:29	+28:52	09:03	
14	594	Pedro Marques Inácio Casaca Amélia	Malta do Andamento	01:30:40	+29:03	09:04	
15	569	Eduardo Leão	Individual	01:31:36	+29:59	09:10	
16	589	Ricardo Torres	Individual	01:31:57	+30:20	09:12	
17	565	Bernardo Barão	Individual	01:32:34	+30:57	09:15	
18	585	Márcio Jorge	Individual	01:32:37	+31:00	09:16	
19	518	Romualdo Mateus	GDC Mombeja	01:32:42	+31:05	09:16	
20	513	João Coelho	Casa do Benfica de Almodôvar	01:32:47	+31:10	09:17	
21	586	Marco MOedas	Individual	01:33:33	+31:56	09:21	
22	578	João Cunha	Individual	01:35:00	+33:23	09:30	
23	567	Diogo Silva	Individual	01:36:30	+34:53	09:39	
24	505	Marlene Marques	100 Trilhos Castro Verde	01:36:30	+34:53	09:39	
25	516	António Mateus	GDC Mombeja	01:36:44	+35:07	09:40	
26	609	Henrique Lopes	RAÇA FC	01:37:17	+35:40	09:44	
27	619	Maria Inês Guerreiro	Individual	01:37:52	+36:15	09:47	
28	603	Juliana Pereira	Ourique Desportos Clube	01:38:56	+37:19	09:54	
29	517	José Miguel Pirrolas	GDC Mombeja	01:42:37	+41:00	10:16	
30	615	Nuno Neto	Trava que é a descer...	01:42:38	+41:01	10:16	
31	526	Andreia Rebolo	Individual	01:44:09	+42:32	10:25	
32	598	Jaime Henriques	Os Kotas	01:45:14	+43:37	10:31	
33	595	Marina Pedro	Os Kotas	01:45:15	+43:38	10:31	
34	544	Maria jose Guerreiro	Individual	01:46:16	+44:39	10:38	
35	613	Frederico Monteiro	Trava que é a descer...	01:46:24	+44:47	10:38	
36	573	Filipe Cunha Marques	Individual	01:49:54	+48:17	10:59	
37	572	Filipe Beato	Individual	01:51:11	+49:34	11:07	
38	539	Liliana Bruno	Individual	01:51:42	+50:05	11:10	
39	521	Alice Pulquéria Sebastião	Individual	01:52:07	+50:30	11:13	
40	564	Álvaro Rebolo	Individual	01:52:08	+50:31	11:13	
41	543	Maria João	Individual	01:52:47	+51:10	11:17	

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	530	CATIA SOFIA MATOS GUERREIRO	Individual	01:52:55	+51:18	11:18	
43	604	Olívia Maria Marques Dias	Ourique Desportos Clube	01:53:05	+51:28	11:18	
44	506	Artur Lagartinho	100 Trilhos Castro Verde	01:54:53	+53:16	11:29	
45	558	Susana Guerreiro	Individual	01:54:58	+53:21	11:30	
46	529	Catarina da Conceição Guerreiro	Individual	01:54:58	+53:21	11:30	
47	547	Marlita Figueirinhas Nobre	Individual	01:55:55	+54:18	11:36	
48	592	José Casaca	Malta do Andamento	01:56:20	+54:43	11:38	
49	596	Adelino André Mamede	Os Kotas	01:58:09	+56:32	11:49	
50	527	Bárbara Guerreiro	Individual	01:58:14	+56:37	11:49	
51	583	Jorge Ramalho	Individual	01:58:27	+56:50	11:51	
52	559	Susana Canario	Individual	02:00:27	+58:50	12:03	
53	546	Maria Rodrigues	Individual	02:00:40	+59:03	12:04	
54	540	Margarida Guerreiro	Individual	02:00:40	+59:03	12:04	
55	532	Cláudia Gonçalves	Individual	02:02:03	+01:00:26	12:12	
56	616	Lenia Gabriel	Vicentina Studio Fitness	02:02:22	+01:00:45	12:14	
57	531	Celia Santos Guerreiro	Individual	02:04:00	+01:02:23	12:24	
58	568	DUARTE PEREIRA	Individual	02:04:00	+01:02:23	12:24	
59	557	Soraia Guerreiro	Individual	02:04:01	+01:02:24	12:24	
60	551	Nélia Luz	Individual	02:04:56	+01:03:19	12:30	
61	548	Marta Isabel Afonso Guerreiro	Individual	02:06:01	+01:04:24	12:36	
62	520	Alexandra Martinho	Individual	02:11:48	+01:10:11	13:11	
63	620	Ana catarina Santos Pina Vaz	Individual	02:12:16	+01:10:39	13:14	
64	538	Elsa Ramos	Individual	02:12:30	+01:10:53	13:15	
65	591	Rui Silva	Individual	02:13:08	+01:11:31	13:19	
66	597	Diogo Beja	Os Kotas	02:15:49	+01:14:12	13:35	
67	574	Filipe Miguel Pedro Nunes	Individual	02:17:45	+01:16:08	13:46	
68	561	Tatiana Filipa Encarnação Bento	Individual	02:17:46	+01:16:09	13:47	
69	563	Zélia Cristina Piedade	Individual	02:19:08	+01:17:31	13:55	
70	621	Adriana Alves	Individual	02:19:13	+01:17:36	13:55	
71	602	Andreia Marques	Ourique Desportos Clube	02:19:23	+01:17:46	13:56	
72	577	Hugo Segurado Dias	Individual	02:22:59	+01:21:22	14:18	
73	515	Helena Carraça	Futebol Clube Alvaladense	02:24:07	+01:22:30	14:25	
74	542	Maria Inês Guerreiro	Individual	02:25:27	+01:23:50	14:33	
75	560	Tânia Raposo	Individual	02:25:31	+01:23:54	14:33	
76	537	Elisabete Aniceto Raposo	Individual	02:25:33	+01:23:56	14:33	
77	541	Maria Candeias	Individual	02:26:53	+01:25:16	14:41	
78	519	Adriana Fernandes	Individual	02:27:22	+01:25:45	14:44	
79	528	CARLA GUERREIRO	Individual	02:32:00	+01:30:23	15:12	
80	617	Marta Gloria	Vicentina Studio Fitness	02:32:01	+01:30:24	15:12	
81	501	Madalena Gonçalves	@RunWalk	02:33:50	+01:32:13	15:23	
82	504	Rui Gonçalves	@RunWalk	02:33:51	+01:32:14	15:23	
83	553	Sandra Mamede	Individual	02:34:06	+01:32:29	15:25	
84	618	Rafaela dos Santos Viana	Vicentina Studio Fitness	02:41:24	+01:39:47	16:08	
85	545	Maria Piedade Gonçalves	Individual	02:41:25	+01:39:48	16:08	
86	579	JOÃO DIONÍSIO SANTOS	Individual	02:57:25	+01:55:48	17:44	

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	534	Débora Filipa Marques Bento	Individual	02:57:33	+01:55:56	17:45	
88	523	Ana Rita Isidro Aires	Individual	02:57:34	+01:55:57	17:45	
89	507	Anabela Quiterio	Algarviana Team	03:03:58	+02:02:21	18:24	
90	509	Silvia Afonso	Algarviana Team	03:24:17	+02:22:40	20:26	
91	510	Rui Luis Machado Freitas Santos	Algarviana Team	03:29:26	+02:27:49	20:57	
92	552	Raquel Carvalho	Individual	03:32:45	+02:31:08	21:17	
93	536	Dulce da Conceição Calado Varela	Individual	03:32:47	+02:31:10	21:17	
94	555	Sofia Isabel Costa Candieas	Individual	03:32:50	+02:31:13	21:17	
95	550	Nadiya Glushko	Individual	03:32:50	+02:31:13	21:17	
96	601	Ana Maruta	Ourique Desportos Clube	03:44:00	+02:42:23	22:24	
97	612	Ana Neto	RunWalk	03:44:00	+02:42:23	22:24	
98	502	Nélia Pereira	@RunWalk	03:44:00	+02:42:23	22:24	
99	508	Milene Lança	Algarviana Team	03:44:01	+02:42:24	22:24	
100	503	Paula Gaudêncio	@RunWalk	03:44:02	+02:42:25	22:24	

Trilhos da Cola
Castro da Cola, Ourique
01-maio-2026

Mini Trail — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:05	-99ºC	-99%
End	14:30	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	533	Daniela Alves	Individual	Senior Feminino	01:26:40		08:40
2	505	Marlene Marques	100 Trilhos Castro Verde	Senior Feminino	01:36:30	+09:50	09:39
3	619	Maria Inês Guerreiro	Individual	Senior Feminino	01:37:52	+11:12	09:47
4	603	Juliana Pereira	Ourique Desportos Clube	Senior Feminino	01:38:56	+12:16	09:54
5	526	Andreia Rebolo	Individual	Senior Feminino	01:44:09	+17:29	10:25
6	595	Marina Pedro	Os Kotas	Senior Feminino	01:45:15	+18:35	10:31
7	544	Maria jose Guerreiro	Individual	Senior Feminino	01:46:16	+19:36	10:38
8	539	Liliana Bruno	Individual	Senior Feminino	01:51:42	+25:01	11:10
9	521	Alice Pulquéria Sebastião	Individual	Senior Feminino	01:52:07	+25:27	11:13
10	543	Maria João	Individual	Senior Feminino	01:52:47	+26:06	11:17
11	530	CATIA SOFIA MATOS GUERREIRO	Individual	Senior Feminino	01:52:55	+26:15	11:18
12	604	Olívia Maria Marques Dias	Ourique Desportos Clube	Senior Feminino	01:53:05	+26:24	11:18
13	558	Susana Guerreiro	Individual	Senior Feminino	01:54:58	+28:17	11:30
14	529	Catarina da Conceição Guerreiro	Individual	Senior Feminino	01:54:58	+28:17	11:30
15	547	Marlita Figueirinhas Nobre	Individual	Senior Feminino	01:55:55	+29:15	11:36
16	527	Bárbara Guerreiro	Individual	Senior Feminino	01:58:14	+31:33	11:49
17	559	Susana Canario	Individual	Senior Feminino	02:00:27	+33:47	12:03
18	546	Maria Rodrigues	Individual	Senior Feminino	02:00:40	+34:00	12:04
19	540	Margarida Guerreiro	Individual	Senior Feminino	02:00:40	+34:00	12:04
20	532	Cláudia Gonçalves	Individual	Senior Feminino	02:02:03	+35:23	12:12
21	616	Lenia Gabriel	Vicentina Studio Fitness	Senior Feminino	02:02:22	+35:42	12:14
22	531	Celia Santos Guerreiro	Individual	Senior Feminino	02:04:00	+37:19	12:24
23	557	Soraia Guerreiro	Individual	Senior Feminino	02:04:01	+37:20	12:24
24	551	Nélia Luz	Individual	Senior Feminino	02:04:56	+38:16	12:30
25	548	Marta Isabel Afonso Guerreiro	Individual	Senior Feminino	02:06:01	+39:20	12:36
26	520	Alexandra Martinho	Individual	Senior Feminino	02:11:48	+45:08	13:11
27	620	Ana catarina Santos Pina Vaz	Individual	Senior Feminino	02:12:16	+45:36	13:14
28	538	Elsa Ramos	Individual	Senior Feminino	02:12:30	+45:50	13:15
29	561	Tatiana Filipa Encarnação Bento	Individual	Senior Feminino	02:17:46	+51:05	13:47
30	563	Zélia Cristina Piedade	Individual	Senior Feminino	02:19:08	+52:27	13:55
31	621	Adriana Alves	Individual	Senior Feminino	02:19:13	+52:33	13:55
32	602	Andreia Marques	Ourique Desportos Clube	Senior Feminino	02:19:23	+52:42	13:56
33	515	Helena Carraça	Futebol Clube Alvaladense	Senior Feminino	02:24:07	+57:27	14:25
34	542	Maria Inês Guerreiro	Individual	Senior Feminino	02:25:27	+58:47	14:33
35	560	Tânia Raposo	Individual	Senior Feminino	02:25:31	+58:51	14:33
36	537	Elisabete Aniceto Raposo	Individual	Senior Feminino	02:25:33	+58:52	14:33
37	541	Maria Candeias	Individual	Senior Feminino	02:26:53	+01:00:13	14:41
38	519	Adriana Fernandes	Individual	Senior Feminino	02:27:22	+01:00:42	14:44
39	528	CARLA GUERREIRO	Individual	Senior Feminino	02:32:00	+01:05:20	15:12

Mini Trail — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	617	Marta Gloria	Vicentina Studio Fitness	Senior Feminino	02:32:01	+01:05:21	15:12
41	501	Madalena Gonçalves	@RunWalk	Senior Feminino	02:33:50	+01:07:09	15:23
42	553	Sandra Mamede	Individual	Senior Feminino	02:34:06	+01:07:26	15:25
43	618	Rafaela dos Santos Viana	Vicentina Studio Fitness	Senior Feminino	02:41:24	+01:14:44	16:08
44	545	Maria Piedade Gonçalves	Individual	Senior Feminino	02:41:25	+01:14:44	16:08
45	534	Débora Filipa Marques Bento	Individual	Senior Feminino	02:57:33	+01:30:53	17:45
46	523	Ana Rita Isidro Aires	Individual	Senior Feminino	02:57:34	+01:30:54	17:45
47	507	Anabela Quiterio	Algarviana Team	Senior Feminino	03:03:58	+01:37:18	18:24
48	509	Silvia Afonso	Algarviana Team	Senior Feminino	03:24:17	+01:57:36	20:26
49	552	Raquel Carvalho	Individual	Senior Feminino	03:32:45	+02:06:05	21:17
50	536	Dulce da Conceição Calado Varela	Individual	Senior Feminino	03:32:47	+02:06:06	21:17
51	555	Sofia Isabel Costa Candieas	Individual	Senior Feminino	03:32:50	+02:06:10	21:17
52	550	Nadiya Glushko	Individual	Senior Feminino	03:32:50	+02:06:10	21:17
53	601	Ana Maruta	Ourique Desportos Clube	Senior Feminino	03:44:00	+02:17:20	22:24
54	612	Ana Neto	RunWalk	Senior Feminino	03:44:00	+02:17:20	22:24
55	502	Nélia Pereira	@RunWalk	Senior Feminino	03:44:00	+02:17:20	22:24
56	508	Milene Lança	Algarviana Team	Senior Feminino	03:44:01	+02:17:21	22:24
57	503	Paula Gaudêncio	@RunWalk	Senior Feminino	03:44:02	+02:17:21	22:24

Senior Masculino

1	512	Jorge Miguel Franco António	C. D. C. Nave / Trail Runners	Senior Masculino	01:01:37		06:10
2	514	Paulo Anibal	Clube Oriental de Pechão	Senior Masculino	01:05:25	+03:47	06:32
3	587	Miguel Nunes	Individual	Senior Masculino	01:09:53	+08:15	06:59
4	611	Santiago Leal	RAÇA FC	Senior Masculino	01:14:41	+13:03	07:28
5	566	Cristiano Santos	Individual	Senior Masculino	01:15:51	+14:14	07:35
6	575	Francisco Albino	Individual	Senior Masculino	01:17:11	+15:33	07:43
7	610	Martim cola	RAÇA FC	Senior Masculino	01:18:52	+17:14	07:53
8	607	Nuno Gomes	Ourique Desportos Clube	Senior Masculino	01:21:25	+19:47	08:09
9	599	Joel Pedro	Os Kotas	Senior Masculino	01:25:32	+23:54	08:33
10	580	João Godinho	Individual	Senior Masculino	01:25:52	+24:14	08:35
11	581	João Mouzaco Godinho	Individual	Senior Masculino	01:28:39	+27:02	08:52
12	608	Antonio Barros	RAÇA FC	Senior Masculino	01:30:29	+28:51	09:03
13	594	Pedro Marques Inácio Casaca Amélia	Malta do Andamento	Senior Masculino	01:30:40	+29:02	09:04
14	569	Eduardo Leão	Individual	Senior Masculino	01:31:36	+29:58	09:10
15	589	Ricardo Torres	Individual	Senior Masculino	01:31:57	+30:19	09:12
16	565	Bernardo Barão	Individual	Senior Masculino	01:32:34	+30:56	09:15
17	585	Márcio Jorge	Individual	Senior Masculino	01:32:37	+31:00	09:16
18	518	Romualdo Mateus	GDC Mombeja	Senior Masculino	01:32:42	+31:04	09:16
19	513	João Coelho	Casa do Benfica de Almodôvar	Senior Masculino	01:32:47	+31:09	09:17
20	586	Marco MOedas	Individual	Senior Masculino	01:33:33	+31:55	09:21
21	578	João Cunha	Individual	Senior Masculino	01:35:00	+33:22	09:30
22	567	Diogo Silva	Individual	Senior Masculino	01:36:30	+34:52	09:39
23	516	António Mateus	GDC Mombeja	Senior Masculino	01:36:44	+35:06	09:40
24	609	Henrique Lopes	RAÇA FC	Senior Masculino	01:37:17	+35:39	09:44
25	517	José Miguel Pirrolas	GDC Mombeja	Senior Masculino	01:42:37	+40:59	10:16

Mini Trail — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

26	615	Nuno Neto	Trava que é a descer...	Senior Masculino	01:42:38	+41:00	10:16
27	598	Jaime Henriques	Os Kotas	Senior Masculino	01:45:14	+43:36	10:31
28	613	Frederico Monteiro	Trava que é a descer...	Senior Masculino	01:46:24	+44:46	10:38
29	573	Filipe Cunha Marques	Individual	Senior Masculino	01:49:54	+48:16	10:59
30	572	Filipe Beato	Individual	Senior Masculino	01:51:11	+49:33	11:07
31	564	Álvaro Rebolo	Individual	Senior Masculino	01:52:08	+50:30	11:13
32	506	Artur Lagartinho	100 Trilhos Castro Verde	Senior Masculino	01:54:53	+53:15	11:29
33	592	José Casaca	Malta do Andamento	Senior Masculino	01:56:20	+54:42	11:38
34	596	Adelino André Mamede	Os Kotas	Senior Masculino	01:58:09	+56:31	11:49
35	583	Jorge Ramalho	Individual	Senior Masculino	01:58:27	+56:49	11:51
36	568	DUARTE PEREIRA	Individual	Senior Masculino	02:04:00	+01:02:22	12:24
37	591	Rui Silva	Individual	Senior Masculino	02:13:08	+01:11:30	13:19
38	597	Diogo Beja	Os Kotas	Senior Masculino	02:15:49	+01:14:11	13:35
39	574	Filipe Miguel Pedro Nunes	Individual	Senior Masculino	02:17:45	+01:16:07	13:46
40	577	Hugo Segurado Dias	Individual	Senior Masculino	02:22:59	+01:21:21	14:18
41	504	Rui Gonçalves	@RunWalk	Senior Masculino	02:33:51	+01:32:13	15:23
42	579	JOÃO DIONÍSIO SANTOS	Individual	Senior Masculino	02:57:25	+01:55:47	17:44
43	510	Rui Luis Machado Freitas Santos	Algarviana Team	Senior Masculino	03:29:26	+02:27:48	20:57

TEAM RESULTS - MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	RAÇA FC	4 + 7 + 13	24
2	GDC MOMBEJA	19 + 25 + 29	73
3	OS KOTAS	9 + 32 + 33	74
4	OURIQUE DESPORTOS CLUBE	8 + 28 + 43	79
5	VICENTINA STUDIO FITNESS	56 + 80 + 84	220
6	@RUNWALK	81 + 82 + 98	261
7	ALGARVIANA TEAM	89 + 90 + 91	270