

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	12,4°C	71%
End	12:27	12.4°C	71%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1	Nuno Miguel Costa	GRECAS - Vagos	01:04:11		03:23	
2	3	Fernando Lemos	GRECAS - Vagos	01:04:57	+00:46	03:25	
3	4	Pedro Sarabando	GRECAS - Vagos	01:14:40	+10:29	03:56	
4	16	João Pedro Margarido	CLTT- Clínica Litoral Trail Team	01:16:08	+11:57	04:00	
5	11	Antonio nunes	Arada atletico clube	01:18:09	+13:58	04:07	
6	25	Tiago Silvestre	GRECAS - Vagos	01:19:09	+14:58	04:10	
7	75	Luís Marques	Unidos Run Team/ As Oliveirinhas	01:19:38	+15:27	04:11	
8	61	Bruno Couto	JOBRA	01:19:50	+15:39	04:12	
9	2	Clarisse Cruz	GRECAS - Vagos	01:21:23	+17:12	04:17	
10	24	Luís Silvestre	GRECAS - Vagos	01:21:24	+17:13	04:17	
11	42	Ricardo Nunes	Individual	01:22:52	+18:41	04:22	
12	21	Tony Graça	DCI/Trilhos Luso Bussaco	01:24:16	+20:05	04:26	
13	35	Beatriz Alves	Individual	01:24:18	+20:07	04:26	
14	40	Emanuel Dias	Individual	01:24:32	+20:21	04:27	
15	36	Cátia Ferreira	Individual	01:25:36	+21:25	04:30	
16	68	Bruno Santos	Saca Trilhos Anadia	01:27:00	+22:49	04:35	
17	72	João Pedro Cardoso	Sport Clube Beira-Mar	01:27:03	+22:52	04:35	
18	29	lídia Pereira	GRECAS - Vagos	01:29:45	+25:34	04:43	
19	8	Fernando Silva	ADCP PEDRALVA	01:30:54	+26:43	04:47	
20	62	Nelson Santos	jovase trail running	01:31:56	+27:45	04:50	
21	69	FERNANDO MORAIS	Saca Trilhos Anadia	01:32:07	+27:56	04:51	
22	70	Francisco da Rocha Ribeiro	Sosense trail team corind/Braga &Fernandes	01:32:12	+28:01	04:51	
23	74	José Proença	TRAIL - Grupo Desportivo de Trancoso	01:32:38	+28:27	04:53	
24	76	Hilario Espadilha	GRECAS - Vagos	01:32:44	+28:33	04:53	
25	54	João Pedro Jorge Peralta	Individual	01:34:26	+30:15	04:58	
26	9	Sérgio Silva	ADCP PEDRALVA	01:34:27	+30:16	04:58	
27	38	Diogo Reis	Individual	01:35:57	+31:46	05:03	
28	23	Arcanjo Martins	Elkazeba	01:37:15	+33:04	05:07	
29	71	Tibério Almeida Santos	Sosense trail team corind/Braga &Fernandes	01:37:21	+33:10	05:07	
30	15	Rafael Simoes	CLTT- Clínica Litoral Trail Team	01:37:26	+33:15	05:08	
31	44	Xavier Rocha	Individual	01:41:32	+37:21	05:21	
32	32	Jorge Branco	Hut Runners Aveiro	01:41:55	+37:44	05:22	
33	60	Arlete Santos	JOBRA	01:42:02	+37:51	05:22	
34	41	Helder Marques	Individual	01:42:56	+38:45	05:25	
35	34	ABÍLIO MADAIL	Hut Runners Aveiro	01:43:17	+39:06	05:26	
36	51	nuno valadas	Individual	01:43:37	+39:26	05:27	
37	10	Mário Miguel Ferreira	ADCP PEDRALVA	01:43:49	+39:38	05:28	
38	67	Teresa Pinho	Saca Trilhos Anadia	01:46:01	+41:50	05:35	
39	47	Júlia Santos	Individual	01:46:16	+42:05	05:36	
40	53	Cesário Rocha	Individual	01:46:31	+42:20	05:36	
41	45	Dora Ribeiro de Paiva Nunes	Individual	01:46:41	+42:30	05:37	
42	55	José Pereira	Individual	01:47:21	+43:10	05:39	

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	30	Carlos Ortet	GRUPO DESPORTIVO ASSEMPARK	01:48:02	+43:51	05:41	
44	58	GIL DA COSTA	Individual	01:48:10	+43:59	05:42	
45	64	Miriam Henriques	JuveRunTeam	01:48:21	+44:10	05:42	
46	49	Filipe Carvalho	Individual	01:49:00	+44:49	05:44	
47	63	Isabel Neno	JuveRunTeam	01:49:08	+44:57	05:45	
48	20	Idalina Ribeiro	DCI/Trilhos Luso Bussaco	01:50:31	+46:20	05:49	
49	19	Marta Rodrigues	DCI/Trilhos Luso Bussaco	01:51:08	+46:57	05:51	
50	33	Miguel Lopes	Hut Runners Aveiro	01:51:41	+47:30	05:53	
51	73	Maryna Skliar	Team Dartacão	01:53:33	+49:22	05:59	
52	50	Manuel ventura da Silva Marques	Individual	01:54:30	+50:19	06:02	
53	39	Elias Lourenço Junior	Individual	01:55:26	+51:15	06:05	
54	28	SUZETE MARCO	GRECAS - Vagos	01:56:39	+52:28	06:08	
55	26	Luísa Marques	GRECAS - Vagos	01:56:48	+52:37	06:09	
56	7	Fátima Ribeiro	ACTIB	02:01:55	+57:44	06:25	
57	31	Bruno Silveira	Hut Runners Aveiro	02:02:05	+57:54	06:26	
58	46	Alda Cordeiro	Individual	02:02:46	+58:35	06:28	
59	48	Elvis Manuel Costa Ferreira	Individual	02:03:16	+59:05	06:29	
60	37	Mariangel Marqués	Individual	02:03:28	+59:17	06:30	
61	57	Pedro Ruano de Castro	Individual	02:04:02	+59:51	06:32	
62	59	Henrique rocha	Individual	02:04:07	+59:56	06:32	
63	14	Márcio Silva	ARSM- Associação Recreativa de S.Miguel	02:10:09	+01:05:58	06:51	
64	12	Jorge Scevola	ARSM- Associação Recreativa de S.Miguel	02:10:09	+01:05:58	06:51	
65	17	Mário Simões	CLTT- Clínica Litoralis Trail Team	02:23:19	+01:19:08	07:33	
66	6	Mariana Nunes	1002	02:25:31	+01:21:20	07:40	
67	13	Paula Simões	ARSM- Associação Recreativa de S.Miguel	02:27:15	+01:23:04	07:45	
68	18	Joana Simões	Crosstrail Dunas de Calvão	02:27:16	+01:23:05	07:45	

19 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	35	Beatriz Alves	Individual	Senior Feminino	01:24:18	04:26:18
2	36	Cátia Ferreira	Individual	Senior Feminino	01:25:36	+01:18 04:30:18
3	67	Teresa Pinho	Saca Trilhos Anadia	Senior Feminino	01:46:01	+21:42 05:35:18
4	64	Miriam Henriques	JuveRunTeam	Senior Feminino	01:48:21	+24:02 05:42:18
5	63	Isabel Neno	JuveRunTeam	Senior Feminino	01:49:08	+24:50 05:45:18
6	37	Mariangel Marqués	Individual	Senior Feminino	02:03:28	+39:10 06:30:18
7	6	Mariana Nunes	1002	Senior Feminino	02:25:31	+01:01:13 07:40:18
8	18	Joana Simões	Crosstrail Dunas de Calvão	Senior Feminino	02:27:16	+01:02:57 07:45:18

1	25	Tiago Silvestre	GRECAS - Vagos	Senior Masculino	01:19:09	04:10:00
2	75	Luís Marques	Unidos Run Team/ As Oliveirinhas	Senior Masculino	01:19:38	+00:29 04:11:00
3	24	Luís Silvestre	GRECAS - Vagos	Senior Masculino	01:21:24	+02:14 04:17:00
4	42	Ricardo Nunes	Individual	Senior Masculino	01:22:52	+03:43 04:22:00
5	40	Emanuel Dias	Individual	Senior Masculino	01:24:32	+05:23 04:27:00
6	68	Bruno Santos	Saca Trilhos Anadia	Senior Masculino	01:27:00	+07:51 04:35:00
7	72	João Pedro Cardoso	Sport Clube Beira-Mar	Senior Masculino	01:27:03	+07:54 04:35:00
8	38	Diogo Reis	Individual	Senior Masculino	01:35:57	+16:47 05:03:00
9	15	Rafael Simoes	CLTT- Clínica Litoralís Trail Team	Senior Masculino	01:37:26	+18:17 05:08:00
10	44	Xavier Rocha	Individual	Senior Masculino	01:41:32	+22:23 05:21:00
11	41	Helder Marques	Individual	Senior Masculino	01:42:56	+23:46 05:25:00
12	39	Elias Lourenço Junior	Individual	Senior Masculino	01:55:26	+36:17 06:05:00
13	12	Jorge Scevola	ARSM- Associação Recreativa de S.Miguel	Senior Masculino	02:10:09	+51:00 06:51:00

1	70	Francisco da Rocha Ribeiro	Sosense trail team corind/Braga & Fernandes	Sub 23 Masculino	01:32:12	04:51
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1	45	Dora Ribeiro de Paiva Nunes	Individual	Veterana F40	01:46:41	05:37
2	19	Marta Rodrigues	DCI/Trilhos Luso Bussaco	Veterana F40	01:51:08	+04:26 05:51
3	26	Luísa Marques	GRECAS - Vagos	Veterana F40	01:56:48	+10:07 06:09
4	7	Fátima Ribeiro	ACTIB	Veterana F40	02:01:55	+15:13 06:25

19 KM

OFFICIAL RESULT

5	13	Paula Simões	ARSM- Associação Recreativa de S.Miguel	Veterana F40	02:27:15	+40:33	07:45
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1	2	Clarisse Cruz	GRECAS - Vagos	Veterana F45	01:21:23	04:17
2	60	Arlete Santos	JOBRA	Veterana F45	01:42:02	+20:39 05:22
3	20	Idalina Ribeiro	DCI/Trilhos Luso Bussaco	Veterana F45	01:50:31	+29:08 05:49
4	73	Maryna Skliar	Team Dartação	Veterana F45	01:53:33	+32:10 05:59

1	28	SUZETE MARCO	GRECAS - Vagos	Veterana F50	01:56:39	06:08
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1	29	lídia Pereira	GRECAS - Vagos	Veterana F55	01:29:45	04:43
2	47	Júlia Santos	Individual	Veterana F55	01:46:16	+16:30 05:36
3	46	Alda Cordeiro	Individual	Veterana F55	02:02:46	+33:01 06:28

1	1	Nuno Miguel Costa	GRECAS - Vagos	Veterano M40	01:04:11	03:23
2	3	Fernando Lemos	GRECAS - Vagos	Veterano M40	01:04:57	+00:45 03:25
3	16	João Pedro Margarido	CLTT- Clínica Litoral Trail Team	Veterano M40	01:16:08	+11:57 04:00
4	61	Bruno Couto	JOBRA	Veterano M40	01:19:50	+15:39 04:12
5	62	Nelson Santos	jovase trail running	Veterano M40	01:31:56	+27:45 04:50
6	51	nuno valadas	Individual	Veterano M40	01:43:37	+39:25 05:27
7	49	Filipe Carvalho	Individual	Veterano M40	01:49:00	+44:49 05:44
8	50	Manuel ventura da Silva Marques	Individual	Veterano M40	01:54:30	+50:18 06:02
9	31	Bruno Silveira	Hut Runners Aveiro	Veterano M40	02:02:05	+57:54 06:26
10	48	Elvis Manuel Costa Ferreira	Individual	Veterano M40	02:03:16	+59:04 06:29
11	14	Márcio Silva	ARSM- Associação Recreativa de S.Miguel	Veterano M40	02:10:09	+01:05:57 06:51

1	8	Fernando Silva	ADCP PEDRALVA	Veterano M45	01:30:54	04:47
2	9	Sérgio Silva	ADCP PEDRALVA	Veterano M45	01:34:27	+03:33 04:58

Trail

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M50

1	74	José Proença	TRAIL - Grupo Desportivo de Trancoso	Veterano M50	01:32:38	04:53
2	76	Hilario Espadilha	GRECAS - Vagos	Veterano M50	01:32:44	+00:05 04:53
3	71	Tibério Almeida Santos	Sosense trail team corind/Braga &Fernandes	Veterano M50	01:37:21	+04:43 05:07
4	10	Mário Miguel Ferreira	ADCP PEDRALVA	Veterano M50	01:43:49	+11:11 05:28
5	30	Carlos Ortet	GRUPO DESPORTIVO ASSEMPARK	Veterano M50	01:48:02	+15:23 05:41

Veterano M55

1	4	Pedro Sarabando	GRECAS - Vagos	Veterano M55	01:14:40	03:56
2	11	Antonio nunes	Arada atletico clube	Veterano M55	01:18:09	+03:28 04:07
3	54	João Pedro Jorge Peralta	Individual	Veterano M55	01:34:26	+19:45 04:58
4	32	Jorge Branco	Hut Runners Aveiro	Veterano M55	01:41:55	+27:15 05:22
5	53	Cesário Rocha	Individual	Veterano M55	01:46:31	+31:51 05:36
6	55	José Pereira	Individual	Veterano M55	01:47:21	+32:40 05:39
7	33	Miguel Lopes	Hut Runners Aveiro	Veterano M55	01:51:41	+37:00 05:53
8	57	Pedro Ruano de Castro	Individual	Veterano M55	02:04:02	+49:22 06:32
9	17	Mário Simões	CLTT- Clínica Litoralís Trail Team	Veterano M55	02:23:19	+01:08:38 07:33

Veterano M60

1	21	Tony Graça	DCI/Trilhos Luso Bussaco	Veterano M60	01:24:16	04:26
2	69	FERNANDO MORAIS	Saca Trilhos Anadia	Veterano M60	01:32:07	+07:50 04:51
3	23	Arcanjo Martins	Elkazeba	Veterano M60	01:37:15	+12:58 05:07
4	34	ABÍLIO MADAIL	Hut Runners Aveiro	Veterano M60	01:43:17	+19:00 05:26
5	58	GIL DA COSTA	Individual	Veterano M60	01:48:10	+23:53 05:42
6	59	Henrique rocha	Individual	Veterano M60	02:04:07	+39:50 06:32

MINI TRAIL - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:05	12,4°C	71%
End	12:14	12.4°C	71%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	135	André Fonte	DAR - Recardães	46:18		03:52	
2	249	Sérgio Manito	Saca Trilhos Anadia	48:38	+02:20	04:03	
3	119	nelson maia	Bustos Runners	49:09	+02:51	04:06	
4	159	Vicente Julião	GRECAS - Vagos	49:52	+03:34	04:09	
5	127	João Andrade	Clube dos Galitos	50:34	+04:16	04:13	
6	5	Rui Pedro Gala	GRECAS - Vagos	50:46	+04:28	04:14	
7	108	Rui Costa	ACD OS ILHAVOS	51:49	+05:31	04:19	
8	101	Henrique Silva	GRECAS - Vagos	52:55	+06:37	04:25	
9	136	António José Araújo Ratola	DCI/Trilhos Luso Bussaco	53:29	+07:11	04:27	
10	125	Pedro Capela	CLTT- Clínica Litoralis Trail Team	55:01	+08:43	04:35	
11	118	Manuel Vicente	BiciARCA Run Team	55:28	+09:10	04:37	
12	270	João Costa	Trote maroto	55:43	+09:25	04:39	
13	268	Gonçalo Real	Trote maroto	55:43	+09:25	04:39	
14	269	Huguini i	Trote maroto	56:59	+10:41	04:45	
15	160	Tomás Espadilha	GRECAS - Vagos	58:05	+11:47	04:50	
16	115	Rodrigo Gouveia	BiciARCA Run Team	58:25	+12:07	04:52	
17	196	Pedro Pires	Individual	58:33	+12:15	04:53	
18	187	Francisco Manuel Teixeira Marques	Individual	58:41	+12:23	04:53	
19	267	Alexis Silva	Trote maroto	59:02	+12:44	04:55	
20	126	Gonçalo Costa	Clube dos Galitos	59:54	+13:36	04:59	
21	185	Daniel Amaral	Individual	59:54	+13:36	05:00	
22	221	Nelson Neves	Individual	01:01:28	+15:10	05:07	
23	237	Renato Santos Ferreira	Lobitos	01:01:36	+15:18	05:08	
24	216	Nuno Oliveira	Individual	01:01:57	+15:39	05:10	
25	165	Sérgio Silva	GRECAS - Vagos	01:03:02	+16:44	05:15	
26	132	Simão Martins	CTA Trail Team	01:03:13	+16:55	05:16	
27	124	Maria Fatima Pinho	CLTT- Clínica Litoralis Trail Team	01:03:23	+17:05	05:17	
28	146	João Laranjeiro	é_só_até_ali	01:03:54	+17:36	05:19	
29	214	Jorge Castanheira	Individual	01:04:03	+17:45	05:20	
30	194	Nelson Gonçalves	Individual	01:04:15	+17:57	05:21	
31	128	Pedro Filipe Oliveira Pimentel	Clube dos Galitos	01:04:34	+18:16	05:23	
32	180	Maria Helena Borges Alves	Individual	01:04:47	+18:29	05:24	
33	170	Pedro Lopes	GRUPO DESPORTIVO ASSEMPARK	01:05:20	+19:02	05:27	
34	120	Nuno Teixeira	Caldas de São Jorge Sport Clube	01:05:26	+19:08	05:27	
35	224	Rui Simões	Individual	01:05:40	+19:22	05:28	
36	162	Marta Loureiro	GRECAS - Vagos	01:05:42	+19:24	05:29	
37	109	Daniel Matos	ADC SANTA ISABEL	01:05:58	+19:40	05:30	
38	176	Bárbara Almeida	Individual	01:06:01	+19:43	05:30	
39	271	Carine Loureiro	Unidos Run Team/ As Oliveirinhas	01:06:07	+19:49	05:31	
40	186	Fábio Jesus	Individual	01:06:17	+19:59	05:31	
41	220	Jimmy Oliveira	Individual	01:06:22	+20:04	05:32	
42	184	Carlos Almeida	Individual	01:06:54	+20:36	05:34	

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	169	Paulo Gonçalves	GRUPO DESPORTIVO ASSEMPARK	01:07:00	+20:42	05:35	
44	110	Luis Santos	ADI-ILHAVO	01:07:14	+20:56	05:36	
45	183	Bruno Reis	Individual	01:07:41	+21:23	05:38	
46	230	Manuel Pires	Individual	01:07:52	+21:34	05:39	
47	238	Joao Pedro Monteiro Bernardes	Os Tais	01:08:11	+21:53	05:41	
48	121	Sara Dinis	CalPet Run & Ride	01:08:42	+22:24	05:44	
49	122	João Pacheco	CalPet Run & Ride	01:08:43	+22:25	05:44	
50	272	João Domingos	GRECAS - Vagos	01:08:54	+22:36	05:45	
51	191	Mauricio Pedreiras	Individual	01:08:55	+22:37	05:45	
52	154	Henrique Silva	Família e Amigos	01:09:18	+23:00	05:47	
53	66	Luis Dias	Luís Dias - Fisio Osteo	01:09:22	+23:04	05:47	
54	252	João Soares	Team Dartacão	01:09:24	+23:06	05:47	
55	206	Margarida Vidal	Individual	01:09:35	+23:17	05:48	
56	131	Guilherme Martins	CTA Trail Team	01:09:48	+23:30	05:49	
57	188	Humberto Garcia	Individual	01:10:11	+23:53	05:51	
58	222	Paulo Ferreira	Individual	01:10:36	+24:18	05:53	
59	102	Beatriz Pequeno	GRECAS - Vagos	01:10:38	+24:20	05:53	
60	181	Mónica Fernandes	Individual	01:10:38	+24:20	05:53	
61	218	Pedro Sarabando	Individual	01:10:40	+24:22	05:53	
62	229	Nelo Julião	Individual	01:10:42	+24:24	05:54	
63	134	Tiago Coelho	CTA Trail Team	01:10:59	+24:41	05:55	
64	264	Rafael Malta	Trepanelas/Prifer	01:11:00	+24:42	05:55	
65	223	Paulo Julião	Individual	01:11:11	+24:53	05:56	
66	171	Pedro Marques	GRUPO DESPORTIVO ASSEMPARK	01:11:33	+25:15	05:58	
67	163	Sandra Vieira	GRECAS - Vagos	01:11:37	+25:19	05:58	
68	175	Jorge Martins	Hut Runners Aveiro	01:12:00	+25:42	06:00	
69	172	João Dono	GRUPO DESPORTIVO ASSEMPARK	01:12:37	+26:19	06:03	
70	212	Flavio Dias	Individual	01:13:16	+26:58	06:06	
71	197	Rui Cruz	Individual	01:13:19	+27:01	06:07	
72	189	Jhonny Eurresta	Individual	01:13:20	+27:02	06:07	
73	234	Marco Aurélio Martins	Kenyateam	01:13:42	+27:24	06:09	
74	226	Fernando Freire	Individual	01:13:47	+27:29	06:09	
75	129	Marco Costa	Com(dores)	01:14:58	+28:40	06:15	
76	152	Rui Paiva	Família e Amigos	01:15:16	+28:58	06:16	
77	235	Adelio Guenda	Leve leve	01:15:38	+29:20	06:18	
78	198	Tiago Martinho	Individual	01:16:28	+30:10	06:22	
79	219	Bruno Santos	Individual	01:16:36	+30:18	06:23	
80	217	Pedro Couto	Individual	01:16:59	+30:41	06:25	
81	164	João Arraes	GRECAS - Vagos	01:18:10	+31:52	06:31	
82	207	Sandrine Matias	Individual	01:18:16	+31:58	06:31	
83	123	Marilyn Lourenço	CLTT- Clínica Litoralis Trail Team	01:18:21	+32:03	06:32	
84	167	Andreia Ribeiro	GRUPO DESPORTIVO ASSEMPARK	01:18:22	+32:04	06:32	
85	133	Tomás Coelho	CTA Trail Team	01:18:52	+32:34	06:34	
86	246	João Cruz	primos	01:19:03	+32:45	06:35	
87	266	Viviana Pereira	Trote maroto	01:19:03	+32:45	06:35	
88	263	Serafim Gouveia	Team Dartacão	01:19:41	+33:23	06:38	

12 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	3 / 4	generate 04-jan.-2026 12:30
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12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	137	JOANA MARGARIDA JESUS MESQUITA	Domus Trail	01:36:08	+49:50	08:01	
135	254	Juliana Fresco	Team Dartacão	01:36:58	+50:40	08:05	
136	251	Inês Santos	Team Dartacão	01:36:58	+50:40	08:05	
137	114	Nazaré Saimeira	BiciARCA Run Team	01:37:10	+50:52	08:06	
138	232	Jaime Areia	Individual	01:37:17	+50:59	08:06	
139	149	Filipe B. Lopes	Família e Amigos	01:41:19	+55:01	08:27	
140	255	Sónia Pereira	Team Dartacão	01:41:50	+55:32	08:29	
141	259	Marta Limas	Team Dartacão	01:41:59	+55:41	08:30	
142	257	Patrícia da Paula	Team Dartacão	01:41:59	+55:41	08:30	
143	178	Diana Santos	Individual	01:43:20	+57:02	08:37	
144	143	Lúsa Pessoa	é_só_até_ali	01:44:25	+58:07	08:42	
145	141	Catarina Santos Costa	é_só_até_ali	01:44:26	+58:08	08:42	
146	148	Dina oliveira	Elkazeba	01:45:49	+59:31	08:49	
147	205	Clara Barreira	Individual	01:45:49	+59:31	08:49	
148	182	Nance Silvestre	Individual	01:48:42	+01:02:24	09:04	
149	179	Jessica amaral	Individual	01:48:48	+01:02:30	09:04	
150	215	Nuno Freitas	Individual	01:48:49	+01:02:31	09:04	
151	208	Carla Bornes	Individual	01:51:28	+01:05:10	09:17	
152	260	Elson Margarido	Team Dartacão	02:08:35	+01:22:17	10:43	
153	107	Paula Fontes	1002	02:11:50	+01:25:32	10:59	
154	103	Sofia Fontes	1002	02:11:52	+01:25:34	10:59	
155	105	Maria João	1002	02:11:53	+01:25:35	10:59	
156	106	Gil nunes	1002	02:12:32	+01:26:14	11:03	
157	104	Beatriz Almeida	1002	02:12:32	+01:26:14	11:03	
158	244	Ana Laranjeiro	Paraquedistas Baixo Vouga	02:14:22	+01:28:04	11:12	
159	239	Carla liliana Silva	Paraquedistas Baixo Vouga	02:14:30	+01:28:12	11:13	
160	241	Lucy Alcatrão	Paraquedistas Baixo Vouga	02:14:33	+01:28:15	11:13	

Mini Trail

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:05	12,4°C	71%
End	12:14	12,4°C	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	180	Maria Helena Borges Alves	Individual	Senior Feminino	01:04:47	05:24
2	176	Bárbara Almeida	Individual	Senior Feminino	01:06:01	+01:14 05:30
3	121	Sara Dinis	CalPet Run & Ride	Senior Feminino	01:08:42	+03:55 05:44
4	181	Mónica Fernandes	Individual	Senior Feminino	01:10:38	+05:51 05:53
5	167	Andreia Ribeiro	GRUPO DESPORTIVO ASSEMPARK	Senior Feminino	01:18:22	+13:35 06:32
6	266	Viviana Pereira	Trote maroto	Senior Feminino	01:19:03	+14:16 06:35
7	155	Bárbara Ferreira	gaia sport center	Senior Feminino	01:20:45	+15:58 06:44
8	140	Ana Valente	é_só_até_ali	Senior Feminino	01:21:47	+17:00 06:49
9	158	Tânia António	GRECAS - Vagos	Senior Feminino	01:24:24	+19:36 07:02
10	250	Cláudia Rodrigues	Team Dartacão	Senior Feminino	01:25:19	+20:32 07:07
11	139	Rafaela Reis	Dunas de Calvão	Senior Feminino	01:28:06	+23:19 07:20
12	177	Diana Rito	Individual	Senior Feminino	01:31:34	+26:47 07:38
13	265	Mariana Fernandes	Trote maroto	Senior Feminino	01:32:22	+27:35 07:42
14	245	Daniela Borba	primos	Senior Feminino	01:32:23	+27:36 07:42
15	251	Inês Santos	Team Dartacão	Senior Feminino	01:36:58	+32:11 08:05
16	178	Diana Santos	Individual	Senior Feminino	01:43:20	+38:33 08:37
17	141	Catarina Santos Costa	é_só_até_ali	Senior Feminino	01:44:26	+39:39 08:42
18	182	Nance Silvestre	Individual	Senior Feminino	01:48:42	+43:55 09:04
19	179	Jessica amaral	Individual	Senior Feminino	01:48:48	+44:01 09:04
20	103	Sofia Fontes	1002	Senior Feminino	02:11:52	+01:07:05 10:59

Senior Masculino

1	135	André Fonte	DAR - Recardães	Senior Masculino	46:18		03:52
2	159	Vicente Julião	GRECAS - Vagos	Senior Masculino	49:52	+03:33	04:09
3	127	João Andrade	Clube dos Galitos	Senior Masculino	50:34	+04:16	04:13
4	5	Rui Pedro Gala	GRECAS - Vagos	Senior Masculino	50:46	+04:27	04:14
5	136	António José Araújo Ratola	DCI/Trilhos Luso Bussaco	Senior Masculino	53:29	+07:11	04:27
6	270	João Costa	Trote maroto	Senior Masculino	55:43	+09:25	04:39
7	268	Gonçalo Real	Trote maroto	Senior Masculino	55:43	+09:25	04:39
8	269	Huguini i	Trote maroto	Senior Masculino	56:59	+10:40	04:45
9	196	Pedro Pires	Individual	Senior Masculino	58:33	+12:14	04:53
10	187	Francisco Manuel Teixeira Marques	Individual	Senior Masculino	58:41	+12:22	04:53
11	267	Alexis Silva	Trote maroto	Senior Masculino	59:02	+12:44	04:55
12	126	Gonçalo Costa	Clube dos Galitos	Senior Masculino	59:54	+13:35	04:59
13	185	Daniel Amaral	Individual	Senior Masculino	59:54	+13:35	05:00
14	132	Simão Martins	CTA Trail Team	Senior Masculino	01:03:13	+16:54	05:16
15	194	Nelson Gonçalves	Individual	Senior Masculino	01:04:15	+17:56	05:21

Official Timekeeper: Lap2Go	1 / 5	generate 04-jan.-2026 12:30
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12 KM

OFFICIAL RESULT

16	186	Fábio Jesus	Individual	Senior Masculino	01:06:17	+19:58	05:31
17	184	Carlos Almeida	Individual	Senior Masculino	01:06:54	+20:35	05:34
18	183	Bruno Reis	Individual	Senior Masculino	01:07:41	+21:22	05:38
19	238	Joao Pedro Monteiro Bernardes	Os Tais	Senior Masculino	01:08:11	+21:52	05:41
20	122	João Pacheco	CalPet Run & Ride	Senior Masculino	01:08:43	+22:24	05:44
21	191	Maurício Pedreiras	Individual	Senior Masculino	01:08:55	+22:36	05:45
22	252	João Soares	Team Dartação	Senior Masculino	01:09:24	+23:05	05:47
23	131	Guilherme Martins	CTA Trail Team	Senior Masculino	01:09:48	+23:29	05:49
24	188	Humberto Garcia	Individual	Senior Masculino	01:10:11	+23:52	05:51
25	264	Rafael Malta	Trepanelas/Prifer	Senior Masculino	01:11:00	+24:41	05:55
26	197	Rui Cruz	Individual	Senior Masculino	01:13:19	+27:00	06:07
27	189	Jhonny Eurresta	Individual	Senior Masculino	01:13:20	+27:01	06:07
28	152	Rui Paiva	Família e Amigos	Senior Masculino	01:15:16	+28:57	06:16
29	235	Adelio Guenda	Leve leve	Senior Masculino	01:15:38	+29:19	06:18
30	198	Tiago Martinho	Individual	Senior Masculino	01:16:28	+30:09	06:22
31	133	Tomás Coelho	CTA Trail Team	Senior Masculino	01:18:52	+32:33	06:34
32	246	João Cruz	primos	Senior Masculino	01:19:03	+32:44	06:35
33	193	Mickael Marques	Individual	Senior Masculino	01:24:24	+38:06	07:02
34	192	Micael Castro	Individual	Senior Masculino	01:27:38	+41:19	07:18
35	201	Xavier Oliveira	Individual	Senior Masculino	01:30:19	+44:00	07:32
36	190	Joel José González Eurresta	Individual	Senior Masculino	01:32:04	+45:45	07:40
37	195	Pedro Mendes	Individual	Senior Masculino	01:34:23	+48:05	07:52
38	149	Filipe B. Lopes	Família e Amigos	Senior Masculino	01:41:19	+55:00	08:27

1	102	Beatriz Pequeno	GRECAS - Vagos	Sub 23 Feminino	01:10:38	05:53
2	105	Maria João	1002	Sub 23 Feminino	02:11:53	+01:01:14 10:59
3	104	Beatriz Almeida	1002	Sub 23 Feminino	02:12:32	+01:01:54 11:03

1	101	Henrique Silva	GRECAS - Vagos	Sub 23 Masculino	52:55		04:25
2	160	Tomás Espadilha	GRECAS - Vagos	Sub 23 Masculino	58:05	+05:09	04:50
3	237	Renato Santos Ferreira	Lobitos	Sub 23 Masculino	01:01:36	+08:40	05:08
4	134	Tiago Coelho	CTA Trail Team	Sub 23 Masculino	01:10:59	+18:04	05:55
5	202	Guilherme Julião	Individual	Sub 23 Masculino	01:22:28	+29:32	06:52
6	247	Simao gomes	Puro Judo	Sub 23 Masculino	01:26:16	+33:20	07:11
7	106	Gil nunes	1002	Sub 23 Masculino	02:12:32	+01:19:36	11:03

1	271	Carine Loureiro	Unidos Run Team/ As Oliveirinhas	Veterana F40	01:06:07	05:31
2	123	Marilyn Lourenço	CLTT- Clínica Litoralis Trail Team	Veterana F40	01:18:21	+12:14 06:32
3	113	Ana Gaspar	BiciARCA Run Team	Veterana F40	01:25:13	+19:06 07:06

Mini Trail

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

4	161	Ana Estrela	GRECAS - Vagos	Veterana F40	01:28:13	+22:06	07:21
5	204	Ana Bonito	Individual	Veterana F40	01:34:21	+28:14	07:52
6	137	JOANA MARGARIDA JESUS MESQUITA	Domus Trail	Veterana F40	01:36:08	+30:01	08:01
7	254	Juliana Fresco	Team Dartação	Veterana F40	01:36:58	+30:51	08:05
8	255	Sónia Pereira	Team Dartação	Veterana F40	01:41:50	+35:43	08:29

Veterana F45

1	162	Marta Loureiro	GRECAS - Vagos	Veterana F45	01:05:42	05:29
2	206	Margarida Vidal	Individual	Veterana F45	01:09:35	+03:53 05:48
3	207	Sandrine Matias	Individual	Veterana F45	01:18:16	+12:33 06:31
4	111	Cristina Paredes	BAD Running Team	Veterana F45	01:24:24	+18:41 07:02
5	256	Angelina Rodrigues	Team Dartacão	Veterana F45	01:24:31	+18:48 07:03
6	142	Marisa Moreira	é_só_até_ali	Veterana F45	01:26:18	+20:35 07:12
7	258	Rita Boto	Team Dartacão	Veterana F45	01:27:28	+21:46 07:17
8	257	Patrícia da Paula	Team Dartacão	Veterana F45	01:41:59	+36:16 08:30
9	205	Clara Barreira	Individual	Veterana F45	01:45:49	+40:06 08:49

Veterana F50

1	163	Sandra Vieira	GRECAS - Vagos	Veterana F50	01:11:37		05:58
2	259	Marta Limas	Team Dartacção	Veterana F50	01:41:59	+30:21	08:30
3	148	Dina oliveira	Elkazeba	Veterana F50	01:45:49	+34:11	08:49
4	208	Carla Bornes	Individual	Veterana F50	01:51:28	+39:50	09:17
5	107	Paula Fontes	1002	Veterana F50	02:11:50	+01:00:13	10:59
6	239	Carla liliana Silva	Paraquedistas Baixo Vouga	Veterana F50	02:14:30	+01:02:53	11:13
7	241	Lucy Alcatrão	Paraquedistas Baixo Vouga	Veterana F50	02:14:33	+01:02:55	11:13

Veterana F55

1	156	Gina Ferreira	gaia sport center	Veterana F55	01:20:43	06:44
2	209	Brigite Areias	Individual	Veterana F55	01:24:03	+03:20 07:00
3	138	Maria Mesquita	Domus Trail	Veterana F55	01:28:40	+07:57 07:23
4	168	Dina Silva	GRUPO DESPORTIVO ASSEMPARK	Veterana F55	01:33:31	+12:47 07:48
5	243	Paula Cardoso	Paraquedistas Baixo Vouga	Veterana F55	01:34:13	+13:30 07:51
6	114	Nazaré Saimeira	BiciARCA Run Team	Veterana F55	01:37:10	+16:27 08:06

Veterana F60

1	124	Maria Fatima Pinho	CLTT- Clínica Litoralis Trail Team	Veterana F60	01:03:23	05:17
2	210	Carmo Marinho	Run & Fun	Veterana F60	01:21:06	+17:42 06:46
3	211	Madalena moço	Individual	Veterana F60	01:34:19	+30:55 07:52
4	143	Luísa Pessoa	é só até ali	Veterana F60	01:44:25	+41:01 08:42

12 KM

OFFICIAL RESULT

5	244	Ana Laranjeiro	Paraquedistas Baixo Vouga	Veterana F60	02:14:22	+01:10:59	11:12
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Veterano M40

1	249	Sérgio Manito	Saca Trilhos Anadia	Veterano M40	48:38	04:03
2	119	nelson maia	Bustos Runners	Veterano M40	49:09	+00:31 04:06
3	108	Rui Costa	ACD OS ILHAVOS	Veterano M40	51:49	+03:10 04:19
4	115	Rodrigo Gouveia	BiciARCA Run Team	Veterano M40	58:25	+09:47 04:52
5	216	Nuno Oliveira	Individual	Veterano M40	01:01:57	+13:19 05:10
6	214	Jorge Castanheira	Individual	Veterano M40	01:04:03	+15:24 05:20
7	128	Pedro Filipe Oliveira Pimentel	Clube dos Galitos	Veterano M40	01:04:34	+15:56 05:23
8	120	Nuno Teixeira	Caldas de São Jorge Sport Clube	Veterano M40	01:05:26	+16:48 05:27
9	66	Luis Dias	Luís Dias - Fisio Osteo	Veterano M40	01:09:22	+20:44 05:47
10	218	Pedro Sarabando	Individual	Veterano M40	01:10:40	+22:02 05:53
11	175	Jorge Martins	Hut Runners Aveiro	Veterano M40	01:12:00	+23:22 06:00
12	212	Flavio Dias	Individual	Veterano M40	01:13:16	+24:38 06:06
13	234	Marco Aurélio Martins	Kenyateam	Veterano M40	01:13:42	+25:04 06:09
14	217	Pedro Couto	Individual	Veterano M40	01:16:59	+28:20 06:25
15	144	João Pedro Pinto	é_só_até_ali	Veterano M40	01:20:53	+32:15 06:44
16	153	Nelson Rocha	Família e Amigos	Veterano M40	01:22:07	+33:29 06:51
17	112	Hugo Santos	BAD Running Team	Veterano M40	01:24:23	+35:45 07:02
18	261	Nuno Pereira	Team Dartação	Veterano M40	01:24:29	+35:51 07:02
19	236	Ludimar Guenda	Leve leve	Veterano M40	01:27:50	+39:12 07:19
20	215	Nuno Freitas	Individual	Veterano M40	01:48:49	+01:00:10 09:04
21	260	Elson Margarido	Team Dartação	Veterano M40	02:08:35	+01:19:57 10:43

Veterano M45

1	221	Nelson Neves	Individual	Veterano M45	01:01:28	05:07
2	146	João Laranjeiro	é_só_até_ali	Veterano M45	01:03:54	+02:26 05:19
3	224	Rui Simões	Individual	Veterano M45	01:05:40	+04:12 05:28
4	109	Daniel Matos	ADC SANTA ISABEL	Veterano M45	01:05:58	+04:30 05:30
5	220	Jimmy Oliveira	Individual	Veterano M45	01:06:22	+04:54 05:32
6	110	Luis Santos	ADI-ILHAVO	Veterano M45	01:07:14	+05:46 05:36
7	154	Henrique Silva	Família e Amigos	Veterano M45	01:09:18	+07:50 05:47
8	222	Paulo Ferreira	Individual	Veterano M45	01:10:36	+09:07 05:53
9	223	Paulo Julião	Individual	Veterano M45	01:11:11	+09:43 05:56
10	129	Marco Costa	Com(dores)	Veterano M45	01:14:58	+13:30 06:15
11	219	Bruno Santos	Individual	Veterano M45	01:16:36	+15:08 06:23
12	233	Celso Alves	JuveRunTeam	Veterano M45	01:21:20	+19:52 06:47
13	248	Jordao martins laranja	Puro Judo	Veterano M45	01:22:02	+20:34 06:50
14	145	Filipe Ferreira	é só até ali	Veterano M45	01:31:22	+29:53 07:37

Mini Trail

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M50

1	125	Pedro Capela	CLTT- Clínica Litoral Trail Team	Veterano M50	55:01	04:35
2	118	Manuel Vicente	BiciARCA Run Team	Veterano M50	55:28	+00:27 04:37
3	165	Sérgio Silva	GRECAS - Vagos	Veterano M50	01:03:02	+08:00 05:15
4	170	Pedro Lopes	GRUPO DESPORTIVO ASSEMPARK	Veterano M50	01:05:20	+10:19 05:27
5	169	Paulo Gonçalves	GRUPO DESPORTIVO ASSEMPARK	Veterano M50	01:07:00	+11:59 05:35
6	229	Nelo Julião	Individual	Veterano M50	01:10:42	+15:41 05:54
7	171	Pedro Marques	GRUPO DESPORTIVO ASSEMPARK	Veterano M50	01:11:33	+16:32 05:58
8	226	Fernando Freire	Individual	Veterano M50	01:13:47	+18:45 06:09
9	164	João Arraes	GRECAS - Vagos	Veterano M50	01:18:10	+23:09 06:31
10	262	Luís Rocha	Team Dartacão	Veterano M50	01:20:06	+25:04 06:40
11	225	Carlos ferreira	Individual	Veterano M50	01:21:55	+26:54 06:50
12	147	Miguel Nunes	é_só_até_ali	Veterano M50	01:22:11	+27:10 06:51
13	117	António Rodrigues	BiciARCA Run Team	Veterano M50	01:23:43	+28:42 06:59
14	228	Luís Lourenço	Individual	Veterano M50	01:24:04	+29:03 07:00

Veterano M55

1	230	Manuel Pires	Individual	Veterano M55	01:07:52	05:39
2	172	João Dono	GRUPO DESPORTIVO ASSEMPARK	Veterano M55	01:12:37	+04:45 06:03
3	263	Serafim Gouveia	Team Dartação	Veterano M55	01:19:41	+11:48 06:38
4	157	Marcelo Ferreira	gaia sport center	Veterano M55	01:20:55	+13:03 06:45

Veterano M60

1	272	João Domingos	GRECAS - Vagos	Veterano M60	01:08:54	05:45
2	174	VALTER JACINTO	GRUPO DESPORTIVO ASSEMPARK	Veterano M60	01:32:31	+23:36 07:43
3	173	José Campos	GRUPO DESPORTIVO ASSEMPARK	Veterano M60	01:33:31	+24:36 07:48
4	232	Jaime Areia	Individual	Veterano M60	01:37:17	+28:22 08:06