Trail RFM Monsanto
Lisboa, PT
15-March-2026

17KM - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	13.2ºC	70%
End	12:03	13.2ºC	70%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	209	Rui Pisco	linces de montemor	Veterano M40	01:13:32		04:20
2	54	Diogo carrilho	individual	Senior Masculino	01:13:50	+00:18	04:21
3	275	Ricardo Parada	adn mertola	Veterano M45	01:15:14	+01:42	04:26
4	270	Paulo Morais	individual	Veterano M50	01:17:12	+03:40	04:33
5	151	Nelson Costa	ccd crédito agrícola	Veterano M40	01:21:19	+07:47	04:47
6	277	Nuno Rocha	hb salatia runners	Veterano M35	01:21:44	+08:11	04:48
7	107	José Oliveira	trail da amizade	Veterano M40	01:22:39	+09:06	04:52
8	57	Duarte Bento	individual	Veterano M40	01:22:45	+09:12	04:52
9	265	Eduardo Lopes	individual	Veterano M40	01:22:55	+09:23	04:53
10	87	JAIME FERNANDES	individual	Veterano M50	01:23:12	+09:39	04:54
11	280	Tânia Santinho	xteam	Senior Feminino	01:23:22	+09:49	04:54
12	129	Márcio Rodrigues	acdrs quinhendros	Veterano M45	01:23:58	+10:25	04:56
13	49	Daniel Melo	thryv	Senior Masculino	01:25:16	+11:44	05:01
14	108	José Ricardo Oliveira Falé	clube ogma	Veterano M45	01:25:45	+12:12	05:03
15	273	Niclas Riecken	individual	Senior Masculino	01:26:00	+12:27	05:04
16	184	Pedro Ricardo Pacheco Fernandes	individual	Veterano M45	01:26:04	+12:32	05:04
17	118	Luís Afonso	fc mogadourense ad	Veterano M40	01:26:10	+12:38	05:04
18	170	Paulo Gomes	individual	Veterano M45	01:26:24	+12:52	05:05
19	82	Hugues Le Cheviller	individual	Senior Masculino	01:26:27	+12:55	05:05
20	199	Ricardo Santiago	individual	Veterano M45	01:26:57	+13:25	05:07
21	92	João Góis	individual	Veterano M35	01:26:58	+13:26	05:07
22	132	Marco Müller	individual	Senior Masculino	01:27:12	+13:40	05:08
23	115	Lucas Maganin	individual	Senior Masculino	01:27:36	+14:04	05:09
24	198	Ricardo Pita	individual	Veterano M45	01:27:43	+14:11	05:10
25	32	Carlos Cabrita	kettclub	Senior Masculino	01:27:53	+14:20	05:10
26	187	Przemyslaw Jankowiak	the nappers	Veterano M45	01:28:33	+15:00	05:13
27	145	Miguel Antunes	alcobertas trail team	Senior Masculino	01:28:36	+15:03	05:13
28	164	Nuno Semião	sado runnerss	Senior Masculino	01:28:39	+15:06	05:13
29	91	João Godinho	tanagra	Veterano M45	01:29:00	+15:27	05:14
30	128	Marcelo Carvalho	individual	Veterano M35	01:29:02	+15:30	05:14
31	2	Afonso Vale	individual	Sub 23 Masculino	01:29:54	+16:22	05:17
32	50	David Almeida	ccd crédito agrícola	Veterano M40	01:30:16	+16:44	05:19
33	269	Rita Mogo	individual	Veterana F40	01:30:23	+16:50	05:19
34	176	Pedro Fonseca	individual	Senior Masculino	01:30:41	+17:08	05:20
35	18	André Oliveira	individual	Veterano M40	01:30:54	+17:21	05:21
36	30	Bruno Oliveira	grcd leião cobras trailistas	Veterano M45	01:31:00	+17:27	05:21
37	231	Vítor Caires	individual	Senior Masculino	01:31:08	+17:35	05:22
38	70	Filipe Gonçalves	trilhos do costume	Veterano M45	01:31:41	+18:09	05:24
39	221	Tiago Amorim	individual	Veterano M40	01:31:53	+18:21	05:24
40	26	Ariana Tavares	nast núcleo associativo santo	Senior Feminino	01:32:35	+19:02	05:27
41	125	Luís Zêzere	ccd crédito agrícola	Veterano M50	01:33:20	+19:48	05:29

17KM - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	253	João Nuno Santos Silva	individual	Veterano M35	01:33:39	+20:07	05:31
43	180	Pedro Miguel Almeida	individual	Veterano M50	01:33:46	+20:14	05:31
44	85	Iván Fernández Rubio	individual	Sub 23 Masculino	01:34:01	+20:28	05:32
45	189	Rafael Garcia Ariza	individual	Senior Masculino	01:34:01	+20:28	05:32
46	179	Pedro Maia	individual	Veterano M40	01:34:17	+20:45	05:33
47	174	Pedro Carvalho	individual	Veterano M45	01:34:22	+20:50	05:33
48	121	Luis Botwlho	individual	Senior Masculino	01:34:28	+20:56	05:33
49	21	André Rodrigues	individual	Veterano M40	01:34:53	+21:20	05:35
50	80	Hugo Henriques	galhardos runners	Veterano M45	01:34:59	+21:27	05:35
51	73	Georg Schwab	individual	Veterano M35	01:35:16	+21:43	05:36
52	278	Nuno Rodrigues	serviços sociais montepio	Veterano M50	01:35:53	+22:21	05:38
53	48	Daniel Farinha	serviços sociais montepio	Veterano M40	01:35:54	+22:21	05:38
54	205	RUI FIGUEIRA	individual	Veterano M40	01:35:59	+22:27	05:39
55	123	Luís Jorge	individual	Veterano M40	01:36:57	+23:24	05:42
56	160	Nuno Gomes	individual	Veterano M50	01:37:05	+23:33	05:43
57	224	Tiago Gouveia	individual	Veterano M45	01:37:11	+23:38	05:43
58	106	José Miguel Bartolomeu de Mira	individual	Veterano M35	01:37:18	+23:45	05:43
59	203	Rogerio Oliveira	individual	Veterano M45	01:37:44	+24:12	05:45
60	158	NUNO FILIPE SILVA FERREIRA TORCATO	clube millennium bcp	Veterano M45	01:37:52	+24:20	05:45
61	10	Ana Pinela	sado runnerss	Veterana F35	01:37:55	+24:22	05:46
62	67	Filipe Amorim	individual	Veterano M50	01:38:04	+24:31	05:46
63	136	Maria João Leandro	g. d. independente do barreiro	Veterana F50	01:38:05	+24:33	05:46
64	226	Tiago Rodrigues	individual	Veterano M35	01:38:15	+24:43	05:47
65	233	Vitor Teixeira	os papa-trilhos de moninhos	Veterano M50	01:38:21	+24:48	05:47
66	20	André Ribeiro	individual	Veterano M35	01:38:35	+25:02	05:48
67	212	Sérgio Alexandre Correia Olim	adcsas	Sub 23 Masculino	01:38:49	+25:16	05:49
68	202	Rodrigo Santos	individual	Sub 23 Masculino	01:39:03	+25:31	05:50
69	24	ANTONIO TAVARES OLIVEIRA RAMOS	clube millennium bcp	Veterano M55	01:39:30	+25:58	05:51
70	34	Carlos Godinho	gurus-sup	Veterano M40	01:39:52	+26:19	05:52
71	188	Rafael Filipe Ala	urj fernão ferro	Veterano M40	01:40:12	+26:39	05:54
72	172	Paulo Luís	associação desportiva camacha	Senior Masculino	01:40:23	+26:50	05:54
73	83	Inês Peixoto	individual	Veterana F45	01:41:11	+27:38	05:57
74	102	Joni Correia	sicótrilhos	Veterano M35	01:41:13	+27:41	05:57
75	64	Fábio Brito	individual	Senior Masculino	01:41:19	+27:47	05:58
76	259	João Paulo Constantino	intermarché	Veterano M60	01:41:29	+27:56	05:58
77	258	Diogo Filipe Silva Pereira	intermarché	Senior Masculino	01:41:30	+27:57	05:58
78	100	João Ricardo Ferreira Sintra	individual	Veterano M35	01:41:52	+28:19	06:00
79	274	Cedric Legrand	individual	Veterano M35	01:41:54	+28:22	06:00
80	4	Alexandre Borges Pamplona Júnior	individual	Veterano M50	01:42:09	+28:37	06:01
81	235	Tiago Miguel	individual	Veterano M40	01:42:23	+28:51	06:01
82	51	Delfim Machado	individual	Veterano M45	01:43:14	+29:41	06:04
83	245	Hugo Couto	individual	Veterano M50	01:43:49	+30:17	06:06

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17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	131	MARCO HELDER RIBEIRO SILVA	clube millennium bcp	Veterano M40	01:43:57	+30:25	06:07
85	195	Ricardo Lourenço	individual	Veterano M45	01:44:02	+30:30	06:07
86	153	Neuza silva	individual	Veterana F40	01:44:02	+30:30	06:07
87	37	Carlos Reis	individual	Veterano M50	01:44:50	+31:18	06:10
88	97	João Moreira	individual	Senior Masculino	01:45:32	+31:59	06:12
89	257	Ivo Borgas	intermarché	Veterano M40	01:45:54	+32:21	06:14
90	99	João Pinto	chavelhas desconstruídos	Senior Masculino	01:45:57	+32:24	06:14
91	63	Eurico Gonçalves	individual	Veterano M55	01:46:06	+32:34	06:15
92	114	Lisandra Coelho	sado runnerss	Senior Feminino	01:46:10	+32:37	06:15
93	229	Valter Abreu	chavelhas desconstruídos	Senior Masculino	01:46:17	+32:44	06:15
94	201	Rodrigo Manuel Botelho Moniz Moita de Deus	individual	Veterano M45	01:46:20	+32:48	06:15
95	13	Ana Veríssimo	c c d o alvitejo	Veterana F55	01:46:42	+33:09	06:17
96	6	Alexandre Ribeiro	ccd crédito agrícola	Senior Masculino	01:46:44	+33:12	06:17
97	110	Juan Pablo Requena	latinos	Veterano M35	01:46:48	+33:16	06:17
98	249	Viacheslav Matveev	individual	Veterano M35	01:47:01	+33:28	06:18
99	261	Nicole Peres	individual	Senior Feminino	01:47:05	+33:32	06:18
100	150	Mónica Marina Amaro Martins	individual	Veterana F40	01:47:20	+33:47	06:19
101	207	Rui Melo	ccd crédito agrícola	Veterano M55	01:48:41	+35:08	06:24
102	252	Rui Filipe	individual	Veterano M40	01:48:41	+35:08	06:24
103	46	Daniel Caixinha	individual	Veterano M35	01:48:42	+35:10	06:24
104	16	André Massena de Albuquerque	individual	Veterano M35	01:48:44	+35:12	06:24
105	17	André Mendes	individual	Senior Masculino	01:48:46	+35:13	06:24
106	62	Elvis	individual	Senior Masculino	01:48:48	+35:15	06:24
107	186	Pedro Silva	individual	Veterano M45	01:49:03	+35:31	06:25
108	112	LEONARDO FILIPE	individual	Veterano M35	01:49:06	+35:34	06:25
109	1	Afonso Emanuel Gomes Gonçalves	individual	Veterano M40	01:49:10	+35:37	06:25
110	61	Elsa Pires	individual	Veterana F35	01:49:17	+35:45	06:26
111	181	PEDRO MIGUEL BATISTA CORDAS	clube millennium bcp	Veterano M50	01:49:19	+35:47	06:26
112	117	Lúcia Oliveira	totalenergies	Veterana F45	01:49:19	+35:47	06:26
113	103	Jorge Alves	individual	Veterano M45	01:49:22	+35:50	06:26
114	279	Catarina Cardoso	serviços sociais montepio	Veterana F40	01:49:27	+35:55	06:26
115	220	Tiago Adrião	thryv	Sub 23 Masculino	01:49:33	+36:01	06:27
116	120	Luis Antonio	individual	Veterano M45	01:49:50	+36:17	06:28
117	77	Hélio António Correia de Carvalho	individual	Veterano M45	01:50:08	+36:35	06:29
118	40	Carolina Strungari	individual	Senior Feminino	01:50:33	+37:00	06:30
119	41	Caroline vieira lima	individual	Veterana F45	01:50:53	+37:20	06:31
120	55	Diogo Manuel Tavares Marques Dias	individual	Veterano M45	01:52:03	+38:31	06:36
121	155	Nicola Thomas	the nappers	Veterana F35	01:52:12	+38:40	06:36
122	234	Márcia Aguiar	individual	Veterana F50	01:52:21	+38:49	06:37
123	27	Bárbara Palmela	sado runnerss	Senior Feminino	01:52:29	+38:56	06:37
124	74	Gizela Rocha	individual	Veterana F40	01:52:29	+38:56	06:37

17KM - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
125	223	Tiago Gonçalves	individual	Veterano M40	01:53:08	+39:35	06:39
126	271	Diogo Souto Tuna	individual	Senior Masculino	01:53:19	+39:46	06:40
127	276	Joao Frazao	gd santander totta	Veterano M45	01:53:20	+39:48	06:40
128	88	João	individual	Senior Masculino	01:53:23	+39:51	06:40
129	262	Sérgio Reisinho	individual	Veterano M50	01:53:28	+39:56	06:41
130	177	Pedro Gaspar	isto.	Veterano M40	01:53:36	+40:04	06:41
131	76	Gonçalo Moreira Rato	isto.	Veterano M35	01:53:38	+40:05	06:41
132	243	João Rodrigues	individual	Veterano M55	01:53:42	+40:10	06:41
133	239	Sonia Gomes	individual	Veterana F50	01:53:42	+40:10	06:41
134	244	Sónia Miguel	individual	Senior Feminino	01:53:45	+40:12	06:41
135	168	PAULA ISABEL ROSA BATALHA	clube millennium bcp	Veterana F60	01:54:05	+40:32	06:43
136	211	Sara Cartaxo	ccd crédito agrícola	Veterana F35	01:54:19	+40:47	06:44
137	146	Miguel Carvalhido Ferreira	individual	Senior Masculino	01:54:24	+40:51	06:44
138	119	Luis Alves	rolrun	Veterano M45	01:54:27	+40:55	06:44
139	130	Márcio Viegas	individual	Veterano M45	01:54:29	+40:56	06:44
140	122	Luís Filipe Costa dos Santos	individual	Veterano M60	01:54:34	+41:01	06:44
141	197	Ricardo Pato	individual	Veterano M45	01:55:13	+41:40	06:47
142	159	Nuno Freire	individual	Veterano M40	01:55:13	+41:41	06:47
143	5	Alexandre Daniel Cardoso Martins	individual	Senior Masculino	01:55:35	+42:02	06:48
144	142	Martins Vaz	individual	Veterano M55	01:56:00	+42:28	06:49
145	60	Elsa Ferreira	individual	Veterana F45	01:56:00	+42:28	06:49
146	33	Carlos Folgado	individual	Veterano M65	01:56:26	+42:54	06:51
147	66	Fernando Brito	individual	Veterano M40	01:56:28	+42:56	06:51
148	38	Carlos Ventura	individual	Senior Masculino	01:56:34	+43:01	06:51
149	264	Tadeu Pereira	individual	Veterano M45	01:56:39	+43:07	06:52
150	185	Pedro Sanguino	individual	Veterano M40	01:56:54	+43:21	06:53
151	165	Octávio Miguel Rita Pereira Cardoso	individual	Veterano M45	01:56:54	+43:22	06:53
152	36	Carlos Nunes	individual	Veterano M55	01:57:44	+44:12	06:56
153	173	Paulo Missas	grupo pega ribeirinha	Veterano M40	01:57:51	+44:19	06:56
154	193	Ricardo Francisco Pacheco	individual	Veterano M45	01:58:25	+44:52	06:58
155	137	Mariana Correia	individual	Senior Feminino	01:58:29	+44:56	06:58
156	194	Ricardo Guerreiro	individual	Veterano M45	01:58:35	+45:03	06:59
157	98	João Pereira	individual	Senior Masculino	01:58:37	+45:04	06:59
158	81	Hugo Santos	individual	Veterano M45	01:59:02	+45:29	07:00
159	52	Denise Assis	individual	Veterana F40	01:59:03	+45:31	07:00
160	183	Pedro Palha	isto.	Veterano M35	01:59:08	+45:35	07:00
161	148	Miguel Figueiredo	individual	Veterano M50	01:59:50	+46:17	07:03
162	260	Helder Outeiro	individual	Veterano M35	02:00:04	+46:32	07:04
163	222	Tiago Fernandes	individual	Veterano M40	02:00:30	+46:57	07:05
164	28	Bruno Azevedo	ccd crédito agrícola	Senior Masculino	02:00:34	+47:01	07:06
165	268	Helder de Jesus Paulo	individual	Veterano M65	02:00:36	+47:03	07:06
166	254	Patrícia Colaço	intermarché	Senior Feminino	02:00:38	+47:06	07:06
167	86	Ivo Sanfona	individual	Veterano M40	02:00:41	+47:08	07:06
168	191	Ricardo Camilo	os papa-trilhos de moninhos	Veterano M40	02:00:51	+47:18	07:07

17KM - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	19	André Pereira	caf trail team	Veterano M35	02:00:52	+47:19	07:07
170	126	Luísa Maria de Sousa	linces de noudar	Veterana F50	02:01:05	+47:32	07:07
171	3	Albertino Pacheco	individual	Veterano M60	02:01:09	+47:37	07:08
172	208	Rui Pedro da Cruz Carvalho	individual	Veterano M45	02:01:12	+47:40	07:08
173	267	Bruno Araújo	individual	Senior Masculino	02:01:32	+48:00	07:09
174	12	Ana Rita Mendes	chill capybaras	Senior Feminino	02:01:33	+48:01	07:09
175	11	Ana Raquel	individual	Senior Feminino	02:01:57	+48:24	07:10
176	162	Nuno Lopes	individual	Veterano M45	02:01:58	+48:25	07:10
177	45	Christelle PELOUX	individual	Veterana F40	02:02:03	+48:30	07:11
178	111	Laurent BILLERY	individual	Veterano M50	02:02:03	+48:31	07:11
179	219	Teresa Cardoso	individual	Veterana F45	02:02:05	+48:32	07:11
180	95	João Marques	os papa-trilhos de moninhos	Veterano M45	02:02:27	+48:54	07:12
181	105	José Gaspar Schwalbach	schwalbach	Veterano M40	02:02:37	+49:05	07:13
182	69	Filipe Frade	individual	Veterano M40	02:02:43	+49:10	07:13
183	241	Suzana Faria Cano	grcd leião cobras trailistas	Veterana F50	02:02:45	+49:12	07:13
184	113	Leonel Neves	amigos vale silêncio	Veterano M70	02:02:45	+49:13	07:13
185	29	Bruno Miguel Silva e Graça	individual	Veterano M45	02:03:05	+49:33	07:14
186	8	Ana Fonseca	individual	Veterana F45	02:03:14	+49:41	07:15
187	225	Tiago Marques	inclusão sem barreiras	Veterano M45	02:03:16	+49:44	07:15
188	161	Nuno Henriques	inclusão sem barreiras	Veterano M40	02:03:17	+49:45	07:15
189	255	João Francisco Jorge Rodrigues Mendes	intermarché	Senior Masculino	02:04:06	+50:34	07:18
190	266	Daniel Carvalho	individual	Senior Masculino	02:04:41	+51:08	07:20
191	140	MARTA OLIVEIRA FERREIRA	clube millennium bcp	Junior Feminino	02:05:25	+51:52	07:23
192	190	Ricardo Augusto Vasques Saraiva Faria	linda-a-pastora sporting clube	Veterano M50	02:05:26	+51:54	07:23
193	93	João Infante	linda-a-pastora sporting clube	Veterano M60	02:05:28	+51:55	07:23
194	154	NEVILLE SUZMAN	clube millennium bcp	Veterano M55	02:05:30	+51:58	07:23
195	59	EDUARDO FILIPE AMARO FERREIRA	clube millennium bcp	Veterano M50	02:05:31	+51:58	07:23
196	149	Miguel Macedo	individual	Veterano M45	02:05:43	+52:11	07:24
197	144	Michal Rusnak	individual	Veterano M35	02:07:18	+53:46	07:29
198	84	Ivan	individual	Veterano M35	02:07:18	+53:46	07:29
199	31	Bruno Veiga	individual	Veterano M35	02:07:38	+54:05	07:30
200	250	Antonio Grilo	individual	Veterano M60	02:07:47	+54:15	07:31
201	192	Ricardo Costa	os papa-trilhos de moninhos	Veterano M50	02:07:54	+54:21	07:31
202	71	Filipe José Magalhães	clube oriental de pechão	Veterano M45	02:07:56	+54:23	07:32
203	14	André Antunes	linda-a-pastora sporting clube	Veterano M45	02:09:09	+55:37	07:36
204	214	Sofia Aleixo	linda-a-pastora sporting clube	Veterana F45	02:09:09	+55:37	07:36
205	56	DIOGO SILVA	caf trail team	Veterano M45	02:09:26	+55:53	07:37
206	147	Miguel Ferreira da Costa	tuga in mud	Veterano M35	02:09:45	+56:13	07:38
207	218	Tânia Cristina Martins dos Santos	tuga in mud	Senior Feminino	02:09:46	+56:14	07:38
208	210	Sandra Gil	individual	Veterana F50	02:10:08	+56:36	07:39
209	143	Mauro	individual	Senior Masculino	02:10:11	+56:38	07:39
210	25	Aquilino Martins	linces de noudar	Veterano M50	02:10:26	+56:54	07:40
211	200	Rodrigo Lencastre	individual	Veterano M50	02:10:47	+57:14	07:42

17KM - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
212	230	Vera Loureiro	copofonia team	Veterana F45	02:11:07	+57:35	07:43
213	9	Ana Lúcia Magalhães	clube oriental de pechão	Veterana F45	02:12:53	+59:21	07:49
214	139	Mark raven	individual	Veterano M65	02:13:10	+59:38	07:50
215	22	António Botelho	individual	Veterano M45	02:13:17	+59:44	07:50
216	133	Maria Antónia Saldanha	individual	Veterana F50	02:13:17	+59:44	07:50
217	204	Rui Fernandes	individual	Veterano M55	02:14:55	+01:01:22	07:56
218	124	Luis Miguel Duque Santos	individual	Veterano M60	02:15:10	+01:01:38	07:57
219	171	Paulo Lima Fortes	schwalbach	Veterano M50	02:15:26	+01:01:53	07:58
220	43	Catia curica	individual	Veterana F45	02:16:31	+01:02:59	08:02
221	127	Manuel Duarte Pelado Figo	individual	Veterano M35	02:20:26	+01:06:54	08:16
222	182	PEDRO MIGUEL RAPOSO CORREIA	clube millennium bcp	Veterano M45	02:21:24	+01:07:51	08:19
223	215	SUSANA CARLA SILVA FELICIANO	clube millennium bcp	Veterana F50	02:21:24	+01:07:51	08:19
224	53	Dilia Brilha	individual	Veterana F45	02:21:36	+01:08:03	08:20
225	47	Daniel Carvalho	trilhos pina manique	Veterano M40	02:21:36	+01:08:04	08:20
226	89	Joao Carvalho	individual	Veterano M35	02:22:11	+01:08:39	08:22
227	96	JOAO MIGUEL BATALHA SOTERO	clube millennium bcp	Senior Masculino	02:22:29	+01:08:56	08:23
228	206	Rui Manuel Campos Viegas	galhardos runners	Veterano M45	02:23:30	+01:09:58	08:27
229	141	Martinette Müller	individual	Veterana F35	02:27:01	+01:13:28	08:39
230	242	Isabel Lucas	individual	Senior Feminino	02:29:42	+01:16:09	08:48
231	178	Pedro Lopes	individual	Veterano M50	02:29:48	+01:16:15	08:49
232	238	Carlos Melo	individual	Veterano M35	02:29:49	+01:16:17	08:49
233	263	Feng li	individual	Veterano M55	02:32:25	+01:18:53	08:58
234	167	Pascal Jose Pineda	latinos	Veterano M60	02:35:23	+01:21:51	09:08
235	251	Joana D'Arc Chouriço	running club santa casa	Veterano M60	02:42:38	+01:29:06	09:34
236	44	CÉLIA DE JESUS CASINHAS CAIADO	individual	Veterana F55	02:55:41	+01:42:08	10:20
237	163	Nuno Nunes	grupo trail areias salir porto	Veterano M55	02:55:41	+01:42:09	10:20
238	217	Susana Pronto	individual	Veterana F45	02:55:42	+01:42:10	10:20
239	228	Tom Connell	individual	Veterano M50	03:01:01	+01:47:29	10:39

Trail RFM Monsanto
Lisboa, PT
15-March-2026

17KM **17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	13.2ºC	70%
End	12:03	13.2ºC	70%

Junior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	140	MARTA OLIVEIRA FERREIRA	Clube Millennium BCP	Junior Feminino	02:05:25	+51:52	07:23

Senior Feminino

1	280	Tânia Santinho	XTEAM	Senior Feminino	01:23:22	+09:49	04:54
2	26	Ariana Tavares	NAST Núcleo Associativo Santo	Senior Feminino	01:32:35	+19:02	05:27
3	114	Lisandra Coelho	Sado runnerss	Senior Feminino	01:46:10	+32:37	06:15
4	261	Nicole Peres	Individual	Senior Feminino	01:47:05	+33:32	06:18
5	40	Carolina Strungari	Individual	Senior Feminino	01:50:33	+37:00	06:30
6	27	Bárbara Palmela	Sado runnerss	Senior Feminino	01:52:29	+38:56	06:37
7	244	Sónia Miguel	Individual	Senior Feminino	01:53:45	+40:12	06:41
8	137	Mariana Correia	Individual	Senior Feminino	01:58:29	+44:56	06:58
9	254	Patrícia Colaço	INTERMARCHÉ	Senior Feminino	02:00:38	+47:06	07:06
10	12	Ana Rita Mendes	Chill Capybaras	Senior Feminino	02:01:33	+48:01	07:09
11	11	Ana Raquel	Individual	Senior Feminino	02:01:57	+48:24	07:10
12	218	Tânia Cristina Martins dos Santos	Tuga In Mud	Senior Feminino	02:09:46	+56:14	07:38
13	242	Isabel Lucas	Individual	Senior Feminino	02:29:42	+01:16:09	08:48

Senior Masculino

1	54	Diogo carrilho	Individual	Senior Masculino	01:13:50	+00:18	04:21
2	49	Daniel Melo	Thryv	Senior Masculino	01:25:16	+11:44	05:01
3	273	Niclas Riecken	Individual	Senior Masculino	01:26:00	+12:27	05:04
4	82	Hugues Le Cheviller	Individual	Senior Masculino	01:26:27	+12:55	05:05
5	132	Marco Müller	Individual	Senior Masculino	01:27:12	+13:40	05:08
6	115	Lucas Maganin	Individual	Senior Masculino	01:27:36	+14:04	05:09
7	32	Carlos Cabrita	Kettclub	Senior Masculino	01:27:53	+14:20	05:10
8	145	Miguel Antunes	Alcobertas Trail Team	Senior Masculino	01:28:36	+15:03	05:13
9	164	Nuno Semião	Sado runnerss	Senior Masculino	01:28:39	+15:06	05:13
10	176	Pedro Fonseca	Individual	Senior Masculino	01:30:41	+17:08	05:20
11	231	Vítor Caires	Individual	Senior Masculino	01:31:08	+17:35	05:22
12	189	Rafael Garcia Ariza	Individual	Senior Masculino	01:34:01	+20:28	05:32
13	121	Luis Botwlho	Individual	Senior Masculino	01:34:28	+20:56	05:33
14	172	Paulo Luís	Associação Desportiva Camacha	Senior Masculino	01:40:23	+26:50	05:54
15	64	Fábio Brito	Individual	Senior Masculino	01:41:19	+27:47	05:58
16	258	Diogo Filipe Silva Pereira	INTERMARCHÉ	Senior Masculino	01:41:30	+27:57	05:58
17	97	João Moreira	Individual	Senior Masculino	01:45:32	+31:59	06:12
18	99	João Pinto	Chavelhas Desconstruídos	Senior Masculino	01:45:57	+32:24	06:14

19	229	Valter Abreu	Chavelhas Desconstruídos	Senior Masculino	01:46:17	+32:44	06:15
20	6	Alexandre Ribeiro	CCD CRÉDITO AGRÍCOLA	Senior Masculino	01:46:44	+33:12	06:17
21	17	André Mendes	Individual	Senior Masculino	01:48:46	+35:13	06:24
22	62	Elvis	Individual	Senior Masculino	01:48:48	+35:15	06:24
23	271	Diogo Souto Tuna	Individual	Senior Masculino	01:53:19	+39:46	06:40
24	88	João	Individual	Senior Masculino	01:53:23	+39:51	06:40
25	146	Miguel Carvalhido Ferreira	Individual	Senior Masculino	01:54:24	+40:51	06:44
26	5	Alexandre Daniel Cardoso Martins	Individual	Senior Masculino	01:55:35	+42:02	06:48
27	38	Carlos Ventura	Individual	Senior Masculino	01:56:34	+43:01	06:51
28	98	João Pereira	Individual	Senior Masculino	01:58:37	+45:04	06:59
29	28	Bruno Azevedo	CCD CRÉDITO AGRÍCOLA	Senior Masculino	02:00:34	+47:01	07:06
30	267	Bruno Araújo	Individual	Senior Masculino	02:01:32	+48:00	07:09
31	255	João Francisco Jorge Rodrigues Mendes	INTERMARCHÉ	Senior Masculino	02:04:06	+50:34	07:18
32	266	Daniel Carvalho	Individual	Senior Masculino	02:04:41	+51:08	07:20
33	143	Mauro	Individual	Senior Masculino	02:10:11	+56:38	07:39
34	96	JOAO MIGUEL BATALHA SOTERO	Clube Millennium BCP	Senior Masculino	02:22:29	+01:08:56	08:23

Sub 23 Masculino

1	2	Afonso Vale	Individual	Sub 23 Masculino	01:29:54	+16:22	05:17
2	85	Iván Fernández Rubio	Individual	Sub 23 Masculino	01:34:01	+20:28	05:32
3	212	Sérgio Alexandre Correia Olim	ADCSAS	Sub 23 Masculino	01:38:49	+25:16	05:49
4	202	Rodrigo Santos	Individual	Sub 23 Masculino	01:39:03	+25:31	05:50
5	220	Tiago Adrião	Thryv	Sub 23 Masculino	01:49:33	+36:01	06:27

Veterana F35

1	10	Ana Pinela	Sado runnerss	Veterana F35	01:37:55	+24:22	05:46
2	61	Elsa Pires	Individual	Veterana F35	01:49:17	+35:45	06:26
3	155	Nicola Thomas	The NAPpers	Veterana F35	01:52:12	+38:40	06:36
4	211	Sara Cartaxo	CCD CRÉDITO AGRÍCOLA	Veterana F35	01:54:19	+40:47	06:44
5	141	Martinette Müller	Individual	Veterana F35	02:27:01	+01:13:28	08:39

Veterana F40

1	269	Rita Mogo	Individual	Veterana F40	01:30:23	+16:50	05:19
2	153	Neuza silva	Individual	Veterana F40	01:44:02	+30:30	06:07
3	150	Mónica Marina Amaro Martins	Individual	Veterana F40	01:47:20	+33:47	06:19
4	279	Catarina Cardoso	Serviços Sociais Montepio	Veterana F40	01:49:27	+35:55	06:26
5	74	Gizela Rocha	Individual	Veterana F40	01:52:29	+38:56	06:37
6	52	Denise Assis	Individual	Veterana F40	01:59:03	+45:31	07:00
7	45	Christelle PELOUX	Individual	Veterana F40	02:02:03	+48:30	07:11

17KM **17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F45

1	83	Inês Peixoto	Individual	Veterana F45	01:41:11	+27:38	05:57
2	117	Lúcia Oliveira	TotalEnergies	Veterana F45	01:49:19	+35:47	06:26
3	41	Caroline vieira lima	Individual	Veterana F45	01:50:53	+37:20	06:31
4	60	Elsa Ferreira	Individual	Veterana F45	01:56:00	+42:28	06:49
5	219	Teresa Cardoso	Individual	Veterana F45	02:02:05	+48:32	07:11
6	8	Ana Fonseca	Individual	Veterana F45	02:03:14	+49:41	07:15
7	214	Sofia Aleixo	Linda-A-Pastora Sporting Clube	Veterana F45	02:09:09	+55:37	07:36
8	230	Vera Loureiro	Copofonia Team	Veterana F45	02:11:07	+57:35	07:43
9	9	Ana Lúcia Magalhães	Clube Oriental de Pechão	Veterana F45	02:12:53	+59:21	07:49
10	43	Catia curica	Individual	Veterana F45	02:16:31	+01:02:59	08:02
11	53	Dilia Brilha	Individual	Veterana F45	02:21:36	+01:08:03	08:20
12	217	Susana Pronto	Individual	Veterana F45	02:55:42	+01:42:10	10:20

Veterana F50

1	136	Maria João Leandro	G. D. Independente do Barreiro	Veterana F50	01:38:05	+24:33	05:46
2	234	Márcia Aguiar	Individual	Veterana F50	01:52:21	+38:49	06:37
3	239	Sonia Gomes	Individual	Veterana F50	01:53:42	+40:10	06:41
4	126	Luísa Maria de Sousa	Linces de Noudar	Veterana F50	02:01:05	+47:32	07:07
5	241	Suzana Faria Cano	GRCD Leião Cobras Trailistas	Veterana F50	02:02:45	+49:12	07:13
6	210	Sandra Gil	Individual	Veterana F50	02:10:08	+56:36	07:39
7	133	Maria Antónia Saldanha	Individual	Veterana F50	02:13:17	+59:44	07:50
8	215	SUSANA CARLA SILVA FELICIANO	Clube Millennium BCP	Veterana F50	02:21:24	+01:07:51	08:19

Veterana F55

1	13	Ana Veríssimo	C C D O ALVITEJO	Veterana F55	01:46:42	+33:09	06:17
2	44	CÉLIA DE JESUS CASINHAS CAIADO	Individual	Veterana F55	02:55:41	+01:42:08	10:20

Veterana F60

1	168	PAULA ISABEL ROSA BATALHA	Clube Millennium BCP	Veterana F60	01:54:05	+40:32	06:43

Veterano M35

1	277	Nuno Rocha	HB Salatia Runners	Veterano M35	01:21:44	+08:11	04:48
2	92	João Góis	Individual	Veterano M35	01:26:58	+13:26	05:07
3	128	Marcelo Carvalho	Individual	Veterano M35	01:29:02	+15:30	05:14
4	253	João Nuno Santos Silva	Individual	Veterano M35	01:33:39	+20:07	05:31
5	73	Georg Schwab	Individual	Veterano M35	01:35:16	+21:43	05:36
6	106	José Miguel Bartolomeu de Mira	Individual	Veterano M35	01:37:18	+23:45	05:43
7	226	Tiago Rodrigues	Individual	Veterano M35	01:38:15	+24:43	05:47

8	20	André Ribeiro	Individual	Veterano M35	01:38:35	+25:02	05:48
9	102	Joni Correia	SicóTrilhos	Veterano M35	01:41:13	+27:41	05:57
10	100	João Ricardo Ferreira Sintra	Individual	Veterano M35	01:41:52	+28:19	06:00
11	274	Cedric Legrand	Individual	Veterano M35	01:41:54	+28:22	06:00
12	110	Juan Pablo Requena	LATINOS	Veterano M35	01:46:48	+33:16	06:17
13	249	Viacheslav Matveev	Individual	Veterano M35	01:47:01	+33:28	06:18
14	46	Daniel Caixinha	Individual	Veterano M35	01:48:42	+35:10	06:24
15	16	André Massena de Albuquerque	Individual	Veterano M35	01:48:44	+35:12	06:24
16	112	LEONARDO FILIPE	Individual	Veterano M35	01:49:06	+35:34	06:25
17	76	Gonçalo Moreira Rato	ISTO.	Veterano M35	01:53:38	+40:05	06:41
18	183	Pedro Palha	ISTO.	Veterano M35	01:59:08	+45:35	07:00
19	260	Helder Outeiro	Individual	Veterano M35	02:00:04	+46:32	07:04
20	19	André Pereira	CAF Trail Team	Veterano M35	02:00:52	+47:19	07:07
21	144	Michal Rusnak	Individual	Veterano M35	02:07:18	+53:46	07:29
22	84	Ivan	Individual	Veterano M35	02:07:18	+53:46	07:29
23	31	Bruno Veiga	Individual	Veterano M35	02:07:38	+54:05	07:30
24	147	Miguel Ferreira da Costa	Tuga In Mud	Veterano M35	02:09:45	+56:13	07:38
25	127	Manuel Duarte Pelado Figo	Individual	Veterano M35	02:20:26	+01:06:54	08:16
26	89	Joao Carvalho	Individual	Veterano M35	02:22:11	+01:08:39	08:22
27	238	Carlos Melo	Individual	Veterano M35	02:29:49	+01:16:17	08:49

Veterano M40

1	209	Rui Pisco	Linces de Montemor	Veterano M40	01:13:32		04:20
2	151	Nelson Costa	CCD CRÉDITO AGRÍCOLA	Veterano M40	01:21:19	+07:47	04:47
3	107	José Oliveira	Trail da Amizade	Veterano M40	01:22:39	+09:06	04:52
4	57	Duarte Bento	Individual	Veterano M40	01:22:45	+09:12	04:52
5	265	Eduardo Lopes	Individual	Veterano M40	01:22:55	+09:23	04:53
6	118	Luís Afonso	FC MOGADOURENSE AD	Veterano M40	01:26:10	+12:38	05:04
7	50	David Almeida	CCD CRÉDITO AGRÍCOLA	Veterano M40	01:30:16	+16:44	05:19
8	18	André Oliveira	Individual	Veterano M40	01:30:54	+17:21	05:21
9	221	Tiago Amorim	Individual	Veterano M40	01:31:53	+18:21	05:24
10	179	Pedro Maia	Individual	Veterano M40	01:34:17	+20:45	05:33
11	21	André Rodrigues	Individual	Veterano M40	01:34:53	+21:20	05:35
12	48	Daniel Farinha	Serviços Sociais Montepio	Veterano M40	01:35:54	+22:21	05:38
13	205	RUI FIGUEIRA	Individual	Veterano M40	01:35:59	+22:27	05:39
14	123	Luís Jorge	Individual	Veterano M40	01:36:57	+23:24	05:42
15	34	Carlos Godinho	Gurus-Sup	Veterano M40	01:39:52	+26:19	05:52
16	188	Rafael Filipe Ala	URJ Fernão Ferro	Veterano M40	01:40:12	+26:39	05:54
17	235	Tiago Miguel	Individual	Veterano M40	01:42:23	+28:51	06:01
18	131	MARCO HELDER RIBEIRO SILVA	Clube Millennium BCP	Veterano M40	01:43:57	+30:25	06:07
19	257	Ivo Borgas	INTERMARCHÉ	Veterano M40	01:45:54	+32:21	06:14
20	252	Rui Filipe	Individual	Veterano M40	01:48:41	+35:08	06:24
21	1	Afonso Emanuel Gomes Gonçalves	Individual	Veterano M40	01:49:10	+35:37	06:25
22	223	Tiago Gonçalves	Individual	Veterano M40	01:53:08	+39:35	06:39
23	177	Pedro Gaspar	ISTO.	Veterano M40	01:53:36	+40:04	06:41

24	159	Nuno Freire	Individual	Veterano M40	01:55:13	+41:41	06:47
25	66	Fernando Brito	Individual	Veterano M40	01:56:28	+42:56	06:51
26	185	Pedro Sanguino	Individual	Veterano M40	01:56:54	+43:21	06:53
27	173	Paulo Missas	Grupo Pega Ribeirinha	Veterano M40	01:57:51	+44:19	06:56
28	222	Tiago Fernandes	Individual	Veterano M40	02:00:30	+46:57	07:05
29	86	Ivo Sanfona	Individual	Veterano M40	02:00:41	+47:08	07:06
30	191	Ricardo Camilo	Os Papa-Trilhos de Moninhos	Veterano M40	02:00:51	+47:18	07:07
31	105	José Gaspar Schwalbach	Schwalbach	Veterano M40	02:02:37	+49:05	07:13
32	69	Filipe Frade	Individual	Veterano M40	02:02:43	+49:10	07:13
33	161	Nuno Henriques	Inclusão Sem Barreiras	Veterano M40	02:03:17	+49:45	07:15
34	47	Daniel Carvalho	Trilhos Pina Manique	Veterano M40	02:21:36	+01:08:04	08:20

Veterano M45

1	275	Ricardo Parada	ADN Mertola	Veterano M45	01:15:14	+01:42	04:26
2	129	Márcio Rodrigues	ACDRS QUINHENDROS	Veterano M45	01:23:58	+10:25	04:56
3	108	José Ricardo Oliveira Falé	Clube OGMA	Veterano M45	01:25:45	+12:12	05:03
4	184	Pedro Ricardo Pacheco Fernandes	Individual	Veterano M45	01:26:04	+12:32	05:04
5	170	Paulo Gomes	Individual	Veterano M45	01:26:24	+12:52	05:05
6	199	Ricardo Santiago	Individual	Veterano M45	01:26:57	+13:25	05:07
7	198	Ricardo Pita	Individual	Veterano M45	01:27:43	+14:11	05:10
8	187	Przemyslaw Jankowiak	The NAPpers	Veterano M45	01:28:33	+15:00	05:13
9	91	João Godinho	Tanagra	Veterano M45	01:29:00	+15:27	05:14
10	30	Bruno Oliveira	GRCD Leião Cobras Trailistas	Veterano M45	01:31:00	+17:27	05:21
11	70	Filipe Gonçalves	Trilhos do Costume	Veterano M45	01:31:41	+18:09	05:24
12	174	Pedro Carvalho	Individual	Veterano M45	01:34:22	+20:50	05:33
13	80	Hugo Henriques	GALHARDOS RUNNERS	Veterano M45	01:34:59	+21:27	05:35
14	224	Tiago Gouveia	Individual	Veterano M45	01:37:11	+23:38	05:43
15	203	Rogerio Oliveira	Individual	Veterano M45	01:37:44	+24:12	05:45
16	158	NUNO FILIPE SILVA FERREIRA TORCATO	Clube Millennium BCP	Veterano M45	01:37:52	+24:20	05:45
17	51	Delfim Machado	Individual	Veterano M45	01:43:14	+29:41	06:04
18	195	Ricardo Lourenço	Individual	Veterano M45	01:44:02	+30:30	06:07
19	201	Rodrigo Manuel Botelho Moniz Moita de Deus	Individual	Veterano M45	01:46:20	+32:48	06:15
20	186	Pedro Silva	Individual	Veterano M45	01:49:03	+35:31	06:25
21	103	Jorge Alves	Individual	Veterano M45	01:49:22	+35:50	06:26
22	120	Luis Antonio	Individual	Veterano M45	01:49:50	+36:17	06:28
23	77	Hélio António Correia de Carvalho	Individual	Veterano M45	01:50:08	+36:35	06:29
24	55	Diogo Manuel Tavares Marques Dias	Individual	Veterano M45	01:52:03	+38:31	06:36
25	276	Joao Frazao	GD Santander Totta	Veterano M45	01:53:20	+39:48	06:40
26	119	Luis Alves	RolRun	Veterano M45	01:54:27	+40:55	06:44
27	130	Márcio Viegas	Individual	Veterano M45	01:54:29	+40:56	06:44
28	197	Ricardo Pato	Individual	Veterano M45	01:55:13	+41:40	06:47
29	264	Tadeu Pereira	Individual	Veterano M45	01:56:39	+43:07	06:52
30	165	Octávio Miguel Rita Pereira Cardoso	Individual	Veterano M45	01:56:54	+43:22	06:53
31	193	Ricardo Francisco Pacheco	Individual	Veterano M45	01:58:25	+44:52	06:58

32	194	Ricardo Guerreiro	Individual	Veterano M45	01:58:35	+45:03	06:59
33	81	Hugo Santos	Individual	Veterano M45	01:59:02	+45:29	07:00
34	208	Rui Pedro da Cruz Carvalho	Individual	Veterano M45	02:01:12	+47:40	07:08
35	162	Nuno Lopes	Individual	Veterano M45	02:01:58	+48:25	07:10
36	95	João Marques	Os Papa-Trilhos de Moninhos	Veterano M45	02:02:27	+48:54	07:12
37	29	Bruno Miguel Silva e Graça	Individual	Veterano M45	02:03:05	+49:33	07:14
38	225	Tiago Marques	Inclusão Sem Barreiras	Veterano M45	02:03:16	+49:44	07:15
39	149	Miguel Macedo	Individual	Veterano M45	02:05:43	+52:11	07:24
40	71	Filipe José Magalhães	Clube Oriental de Pechão	Veterano M45	02:07:56	+54:23	07:32
41	14	André Antunes	Linda-A-Pastora Sporting Clube	Veterano M45	02:09:09	+55:37	07:36
42	56	DIOGO SILVA	CAF Trail Team	Veterano M45	02:09:26	+55:53	07:37
43	22	António Botelho	Individual	Veterano M45	02:13:17	+59:44	07:50
44	182	PEDRO MIGUEL RAPOSO CORREIA	Clube Millennium BCP	Veterano M45	02:21:24	+01:07:51	08:19
45	206	Rui Manuel Campos Viegas	GALHARDOS RUNNERS	Veterano M45	02:23:30	+01:09:58	08:27

Veterano M50

1	270	Paulo Morais	Individual	Veterano M50	01:17:12	+03:40	04:33
2	87	JAIME FERNANDES	Individual	Veterano M50	01:23:12	+09:39	04:54
3	125	Luís Zêzere	CCD CRÉDITO AGRÍCOLA	Veterano M50	01:33:20	+19:48	05:29
4	180	Pedro Miguel Almeida	Individual	Veterano M50	01:33:46	+20:14	05:31
5	278	Nuno Rodrigues	Serviços Sociais Montepio	Veterano M50	01:35:53	+22:21	05:38
6	160	Nuno Gomes	Individual	Veterano M50	01:37:05	+23:33	05:43
7	67	Filipe Amorim	Individual	Veterano M50	01:38:04	+24:31	05:46
8	233	Vitor Teixeira	Os Papa-Trilhos de Moninhos	Veterano M50	01:38:21	+24:48	05:47
9	4	Alexandre Borges Pamplona Júnior	Individual	Veterano M50	01:42:09	+28:37	06:01
10	245	Hugo Couto	Individual	Veterano M50	01:43:49	+30:17	06:06
11	37	Carlos Reis	Individual	Veterano M50	01:44:50	+31:18	06:10
12	181	PEDRO MIGUEL BATISTA CORDAS	Clube Millennium BCP	Veterano M50	01:49:19	+35:47	06:26
13	262	Sérgio Reisinho	Individual	Veterano M50	01:53:28	+39:56	06:41
14	148	Miguel Figueiredo	Individual	Veterano M50	01:59:50	+46:17	07:03
15	111	Laurent BILLERY	Individual	Veterano M50	02:02:03	+48:31	07:11
16	190	Ricardo Augusto Vasques Saraiva Faria	Linda-A-Pastora Sporting Clube	Veterano M50	02:05:26	+51:54	07:23
17	59	EDUARDO FILIPE AMARO FERREIRA	Clube Millennium BCP	Veterano M50	02:05:31	+51:58	07:23
18	192	Ricardo Costa	Os Papa-Trilhos de Moninhos	Veterano M50	02:07:54	+54:21	07:31
19	25	Aquilino Martins	Linces de Noudar	Veterano M50	02:10:26	+56:54	07:40
20	200	Rodrigo Lencastre	Individual	Veterano M50	02:10:47	+57:14	07:42
21	171	Paulo Lima Fortes	Schwalbach	Veterano M50	02:15:26	+01:01:53	07:58
22	178	Pedro Lopes	Individual	Veterano M50	02:29:48	+01:16:15	08:49
23	228	Tom Connell	Individual	Veterano M50	03:01:01	+01:47:29	10:39

Veterano M55

1	24	ANTONIO TAVARES OLIVEIRA RAMOS	Clube Millennium BCP	Veterano M55	01:39:30	+25:58	05:51
2	63	Eurico Gonçalves	Individual	Veterano M55	01:46:06	+32:34	06:15

17KM

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	207	Rui Melo	CCD CRÉDITO AGRÍCOLA	Veterano M55	01:48:41	+35:08	06:24
4	243	João Rodrigues	Individual	Veterano M55	01:53:42	+40:10	06:41
5	142	Martins Vaz	Individual	Veterano M55	01:56:00	+42:28	06:49
6	36	Carlos Nunes	Individual	Veterano M55	01:57:44	+44:12	06:56
7	154	NEVILLE SUZMAN	Clube Millennium BCP	Veterano M55	02:05:30	+51:58	07:23
8	204	Rui Fernandes	Individual	Veterano M55	02:14:55	+01:01:22	07:56
9	263	Feng li	Individual	Veterano M55	02:32:25	+01:18:53	08:58
10	163	Nuno Nunes	Grupo Trail Areias Salir Porto	Veterano M55	02:55:41	+01:42:09	10:20

Veterano M60

1	259	João Paulo Constantino	INTERMARCHÉ	Veterano M60	01:41:29	+27:56	05:58
2	122	Luís Filipe Costa dos Santos	Individual	Veterano M60	01:54:34	+41:01	06:44
3	3	Albertino Pacheco	Individual	Veterano M60	02:01:09	+47:37	07:08
4	93	João Infante	Linda-A-Pastora Sporting Clube	Veterano M60	02:05:28	+51:55	07:23
5	250	Antonio Grilo	Individual	Veterano M60	02:07:47	+54:15	07:31
6	124	Luis Miguel Duque Santos	Individual	Veterano M60	02:15:10	+01:01:38	07:57
7	167	Pascal Jose Pineda	LATINOS	Veterano M60	02:35:23	+01:21:51	09:08
8	251	Joana D'Arc Chouriço	Running Club Santa Casa	Veterano M60	02:42:38	+01:29:06	09:34

Veterano M65

1	33	Carlos Folgado	Individual	Veterano M65	01:56:26	+42:54	06:51
2	268	Helder de Jesus Paulo	Individual	Veterano M65	02:00:36	+47:03	07:06
3	139	Mark raven	Individual	Veterano M65	02:13:10	+59:38	07:50

Veterano M70

1	113	Leonel Neves	Amigos Vale Silêncio	Veterano M70	02:02:45	+49:13	07:13

TEAM RESULTS - 17KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CCD CRÉDITO AGRÍCOLA	5 + 32 + 41	78
2	SADO RUNNERSS	28 + 61 + 92	181
3	CLUBE MILLENNIUM BCP	60 + 69 + 84	213
4	SERVIÇOS SOCIAIS MONTEPIO	52 + 53 + 114	219
5	INTERMARCHÉ	76 + 77 + 89	242
6	OS PAPA-TRILHOS DE MONINHOS	65 + 168 + 180	413
7	ISTO.	130 + 131 + 160	421
8	LINDA-A-PASTORA SPORTING CLUBE	192 + 193 + 203	588

Trail RFM Monsanto
Lisboa, PT
15-March-2026

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:10	13ºC	73%
End	11:27	13ºC	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	466	Cesar Isidro	individual	Veterano M40	38:46		03:53
2	665	Rafael Almeida	individual	Juvenil Masculino	40:39	+01:52	04:04
3	721	Tomás Nunes	btf run club	Senior Masculino	41:24	+02:37	04:08
4	688	Rui Henriques	serviços sociais montepio	Veterano M45	41:56	+03:09	04:12
5	655	Pedro Abecasis Valente	individual	Veterano M45	44:20	+05:33	04:26
6	600	Marcos Francisco de Paula	individual	Veterano M50	44:35	+05:48	04:28
7	780	Emanuel Conde	individual	Senior Masculino	45:33	+06:46	04:33
8	779	Samuel Conde	individual	Senior Masculino	45:53	+07:06	04:35
9	629	Nathan Courquin	individual	Senior Masculino	46:17	+07:30	04:38
10	574	Lino martins	individual	Veterano M40	46:58	+08:11	04:42
11	448	Bruno Dias	cpa chesmas	Veterano M45	47:15	+08:28	04:44
12	621	Mauro Fonseca	individual	Veterano M45	47:17	+08:30	04:44
13	723	Túlio Filipe Soares Azevedo	psp/ uep- corpo intervenção	Senior Masculino	47:26	+08:40	04:45
14	661	Pedro Miguel torres Barroso	psp/ uep- corpo intervenção	Veterano M35	47:28	+08:41	04:45
15	447	Bruno Cunha	individual	Veterano M45	47:33	+08:46	04:45
16	449	Bruno Duque	serviços sociais montepio	Veterano M40	47:39	+08:52	04:46
17	720	Tiago Pires	individual	Veterano M45	47:40	+08:54	04:46
18	654	Pedro	individual	Veterano M55	47:42	+08:55	04:46
19	750	Diogo Lavrador	individual	Senior Masculino	47:45	+08:58	04:47
20	595	Marcelo Romão	individual	Senior Masculino	48:30	+09:43	04:51
21	658	Pedro Filipe	ccd crédito agrícola	Veterano M35	48:42	+09:55	04:52
22	587	Luis Santos	adi-ilhavo	Veterano M45	48:53	+10:06	04:53
23	443	Bernardino Ribeiro	medrunning86	Veterano M55	48:54	+10:07	04:53
24	522	Henrique Freitas	individual	Senior Masculino	48:54	+10:07	04:53
25	782	Henrique Rijo	individual	Veterano M55	48:56	+10:09	04:54
26	515	Gonçalo Figueiredo	individual	Junior Masculino	49:12	+10:25	04:55
27	668	Rafaela Gonçalves	individual	Senior Feminino	49:39	+10:52	04:58
28	567	José Pinto	individual	Veterano M60	49:42	+10:55	04:58
29	791	Duarte Costa	serviços sociais montepio	Veterano M45	49:58	+11:11	05:00
30	787	Gonçalo Santos Vicente	os cansados	Senior Masculino	50:11	+11:24	05:01
31	788	Dylan Pereira Gil	os cansados	Senior Masculino	50:11	+11:24	05:01
32	491	Eduardo Filipe Matos Ribeiro	individual	Senior Masculino	50:30	+11:43	05:03
33	674	Ricardo Miguel Cunha Almeida	psp/ uep- corpo intervenção	Veterano M35	50:47	+12:00	05:05
34	481	David Correia Martins	individual	Senior Masculino	51:07	+12:20	05:07
35	781	Ricardo	individual	Veterano M40	51:24	+12:37	05:08
36	473	Cristiano Salvador Leitão	psp/ uep- corpo intervenção	Senior Masculino	52:08	+13:21	05:13
37	489	Dulce Silva	ccd crédito agrícola	Senior Feminino	52:08	+13:21	05:13
38	404	Afonso Palos	strix/ pata na poça	Senior Masculino	52:13	+13:26	05:13
39	751	Alejandro Ruiz Bazaga	individual	Senior Masculino	52:54	+14:07	05:17
40	577	Luis Estêvão	individual	Senior Masculino	53:10	+14:23	05:19
41	497	FANAN	metralhas	Veterano M50	53:12	+14:25	05:19

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	615	Mário Luís de Jesus Rodrigues Guimarães	run crew trail montijo	Veterano M50	53:49	+15:02	05:23
43	599	Marco Amado	individual	Senior Masculino	54:01	+15:14	05:24
44	681	ROBSON FIGUEIREDO	individual	Veterano M45	54:06	+15:19	05:25
45	632	NUNO MIGUEL SIMÕES MARQUES	asas nos pés	Veterano M50	54:20	+15:33	05:26
46	213	Simão Ortega	individual	Veterano M40	54:32	+15:45	05:27
47	718	Tiago Martins	individual	Veterano M35	54:49	+16:03	05:29
48	75	Gonçalo Martins	individual	Veterano M35	54:50	+16:03	05:29
49	79	Henrique Martins	individual	Veterano M35	54:51	+16:04	05:29
50	566	JOSE MIGUEL VEIGA V PERICAO ALMEIDA	clube millennium bcp	Veterano M55	55:24	+16:37	05:32
51	550	Joao Francisco Moreira	individual	Veterano M40	55:24	+16:37	05:32
52	749	José Castro	individual	Veterano M55	55:35	+16:48	05:34
53	458	Carolina Filipe	individual	Senior Feminino	55:35	+16:48	05:34
54	486	Diogo Martinez	ifctorrense	Veterano M35	55:43	+16:56	05:34
55	784	Ricardo Lima	individual	Veterano M45	55:56	+17:09	05:36
56	570	JUVENAL MOREIRA	nucleo desportivo autocoope	Veterano M60	56:01	+17:14	05:36
57	651	Paulo Rodrigues	serviços sociais montepio	Veterano M50	56:13	+17:26	05:37
58	411	Ana Cristina Alves Montez	clube ogma	Veterana F50	56:18	+17:31	05:38
59	701	Sérgio Filipe Oliveira Ferreira	psp/ uep- corpo intervenção	Veterano M40	56:25	+17:38	05:39
60	578	Luís Figueiredo	individual	Veterano M50	56:34	+17:47	05:39
61	641	PATRICIA PAIS	nucleo desportivo autocoope	Senior Feminino	56:36	+17:49	05:40
62	560	Jorge Narciso	serviços sociais montepio	Veterano M60	57:34	+18:47	05:45
63	786	Tomás Correia	individual	Juvenil Masculino	57:37	+18:50	05:46
64	722	Tomás Rocha	hortega serviços	Veterano M40	57:37	+18:50	05:46
65	517	Gonçalo João Hortega	hortega serviços	Senior Masculino	57:37	+18:51	05:46
66	752	Rui Andrade	individual	Veterano M35	57:41	+18:55	05:46
67	432	António Almeida	nucleo desportivo autocoope	Veterano M60	57:45	+18:58	05:47
68	430	Andreia Filipa Massi Valente Veiga	individual	Senior Feminino	57:47	+19:00	05:47
69	440	Antonio Vaz Oliveira	individual	Veterano M55	57:50	+19:03	05:47
70	652	Paulo Silva	individual	Veterano M60	57:52	+19:05	05:47
71	635	Nuno Oliveira	strix/ pata na poça	Senior Masculino	57:54	+19:07	05:47
72	455	Carlos Padua Gonçalves	individual	Veterano M45	57:54	+19:08	05:47
73	496	Fábio Manuel Nunes Reia	psp/ uep- corpo intervenção	Veterano M35	57:59	+19:12	05:48
74	673	Ricardo Gomes	psp/ uep- corpo intervenção	Veterano M35	57:59	+19:12	05:48
75	753	Carlos Sousa	individual	Veterano M50	58:03	+19:17	05:48
76	731	Vitor Pereira	individual	Veterano M65	58:10	+19:23	05:49
77	715	Tiago Costa	individual	Veterano M40	58:11	+19:24	05:49
78	631	Nuno Fernandes	individual	Senior Masculino	58:17	+19:31	05:50
79	426	André Ribeiro	individual	Senior Masculino	58:21	+19:34	05:50
80	792	Marco Seca	xutos & pontapés	Veterano M40	58:24	+19:37	05:50
81	630	Nelson Pantaleão	individual	Veterano M45	58:51	+20:04	05:53
82	500	FERNANDO ALCIDES SILVA GONCALVES RODRIGUES	clube millennium bcp	Veterano M60	59:00	+20:13	05:54
83	520	Gustavo Henrique felix	individual	Senior Masculino	59:03	+20:17	05:54

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	554	João Vaz	ccd crédito agrícola	Sub 23 Masculino	59:06	+20:19	05:55
85	474	Cristina Augusta Ferreira	individual	Veterana F50	59:14	+20:27	05:55
86	663	Pedro Ribeiro	não_estavas_capaz_não_vinhas	Veterano M45	59:14	+20:27	05:55
87	563	José Guerreiro	serviços sociais montepio	Veterano M65	59:22	+20:35	05:56
88	580	Luís Grencho	serviços sociais montepio	Veterano M50	59:22	+20:35	05:56
89	686	Rui César Almeida	individual	Veterano M50	01:00:09	+21:22	06:01
90	748	Nuno Oliveira	individual	Veterano M45	01:00:33	+21:46	06:03
91	593	Madalena Pereira de Freitas	individual	Senior Feminino	01:00:33	+21:47	06:03
92	597	Márcia Estrela	individual	Senior Feminino	01:00:35	+21:48	06:04
93	738	Sandra Silva	individual	Veterana F45	01:00:39	+21:52	06:04
94	680	Roberto Francisco Ferreira	run crew trail montijo	Veterano M35	01:00:48	+22:01	06:05
95	549	João Fernandes	individual	Veterano M50	01:01:00	+22:13	06:06
96	524	HUGO SANTOS	individual	Veterano M45	01:01:17	+22:31	06:08
97	531	Ines Melo	individual	Senior Feminino	01:01:26	+22:39	06:09
98	488	Duarte Ribeiro	individual	Veterano M45	01:01:27	+22:40	06:09
99	526	Idilio Freire	individual	Veterano M60	01:01:27	+22:40	06:09
100	714	Tiago Agostinho	individual	Veterano M35	01:01:27	+22:41	06:09
101	525	HUGO TIMOTEO	individual	Veterano M45	01:01:32	+22:45	06:09
102	456	Carlos Soares	individual	Veterano M35	01:01:37	+22:50	06:10
103	744	Tahir Ali	individual	Senior Masculino	01:01:58	+23:11	06:12
104	568	José Silva	individual	Veterano M60	01:02:11	+23:24	06:13
105	471	Cláudio Miguel Damas Garrinhas	individual	Senior Masculino	01:02:17	+23:31	06:14
106	620	MATTHEW MILLINGTON	darlington	Senior Masculino	01:02:19	+23:32	06:14
107	638	OLIVIA 'TIMPS' DARLING	darlington	Senior Feminino	01:02:19	+23:32	06:14
108	662	Pedro Prata	individual	Veterano M35	01:02:20	+23:33	06:14
109	485	Diogo Luis	individual	Veterano M40	01:02:26	+23:40	06:15
110	470	Cláudia Guerreiro	individual	Veterana F35	01:02:34	+23:47	06:15
111	729	Vincent Farges	individual	Veterano M50	01:02:35	+23:48	06:16
112	691	Rui Romão	individual	Veterano M45	01:03:07	+24:21	06:19
113	495	FABIO CAMACHO	individual	Veterano M40	01:03:08	+24:21	06:19
114	727	Vera Batista	sado runnerss	Veterana F45	01:03:12	+24:26	06:19
115	614	Mário Lino	individual	Veterano M60	01:03:14	+24:27	06:19
116	717	Tiago Jesus	individual	Sub 23 Masculino	01:03:19	+24:33	06:20
117	584	LUIS MANUEL MENDES NUNES NARCISO	clube millennium bcp	Veterano M45	01:03:29	+24:42	06:21
118	692	RUTE SOFIA SANTOS RIBEIRO	clube millennium bcp	Veterana F40	01:03:31	+24:44	06:21
119	576	Luís Damião	ccd crédito agrícola	Veterano M55	01:03:44	+24:57	06:22
120	444	Bráulio Filipe Oliveira Teles	strix/ pata na poça	Senior Masculino	01:03:47	+25:00	06:23
121	716	Tiago Daniel Henriques Lopes	individual	Senior Masculino	01:03:54	+25:07	06:23
122	516	Gonçalo Frederico Túbal Rodrigues	individual	Veterano M35	01:03:54	+25:08	06:23
123	702	Sergio Pinheiro	individual	Veterano M40	01:03:55	+25:08	06:24
124	634	Nuno Nogueira	actemium	Veterano M40	01:04:01	+25:14	06:24
125	523	Henrique Pereira Travanca	actemium	Senior Masculino	01:04:01	+25:14	06:24
126	575	Lucinda Baptista	serviços sociais montepio	Veterana F55	01:04:08	+25:21	06:25

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	417	Ana Melo	individual	Veterana F45	01:04:29	+25:42	06:27
128	616	Marta Coutinho	individual	Veterana F40	01:04:29	+25:42	06:27
129	684	Rúben Manuel Guerreiro José	individual	Senior Masculino	01:04:31	+25:44	06:27
130	436	António Gonçalves	individual	Veterano M50	01:04:47	+26:00	06:29
131	666	Rafael Antunes	individual	Senior Masculino	01:04:47	+26:00	06:29
132	461	Cátia Madail	individual	Veterana F35	01:04:51	+26:04	06:29
133	613	Marina Rocha Oliveira	individual	Veterana F35	01:04:52	+26:05	06:29
134	561	José Carlos Alves	individual	Veterano M50	01:04:56	+26:09	06:30
135	546	João Baptista	individual	Senior Masculino	01:05:00	+26:13	06:30
136	626	Miguel Santos	individual	Veterano M50	01:05:05	+26:18	06:31
137	585	Luís Manuel Pinto Bettencourt	grcd leião cobras trailistas	Veterano M70	01:05:15	+26:28	06:32
138	755	Miguel Pádua	individual	Veterano M45	01:05:19	+26:32	06:32
139	649	Paulo Gonçalves	individual	Veterano M50	01:05:19	+26:33	06:32
140	667	Rafael Pina	individual	Veterano M45	01:05:20	+26:33	06:32
141	627	Miguel Velez	individual	Veterano M60	01:05:20	+26:33	06:32
142	794	Luis Tavares	individual	Veterano M60	01:05:23	+26:36	06:32
143	656	Pedro Boto	serviços sociais montepio	Veterano M55	01:05:39	+26:52	06:34
144	640	Patrícia Lascas	serpa running & trail	Senior Feminino	01:05:40	+26:53	06:34
145	509	Francisco Chorão	serpa running & trail	Senior Masculino	01:05:40	+26:53	06:34
146	623	Miguel Macedo Rocha	individual	Senior Masculino	01:05:43	+26:56	06:34
147	492	Eduardo Teixeira	individual	Senior Masculino	01:05:44	+26:58	06:34
148	725	Vânia Margarida Martins de Figueiredo	individual	Veterana F40	01:05:50	+27:03	06:35
149	433	António Antunes	individual	Veterano M60	01:05:58	+27:11	06:36
150	405	Albino Araújo	individual	Veterano M55	01:05:58	+27:11	06:36
151	480	DANIELA FERNANDES	individual	Veterana F35	01:06:00	+27:13	06:36
152	594	MANUEL ANTONIO SEQUEIRA RIBEIRO PEREIRA	clube millennium bcp	Veterano M55	01:06:03	+27:16	06:36
153	505	Filipe Martins	individual	Veterano M45	01:06:05	+27:18	06:37
154	434	António Barbas	filsat	Veterano M55	01:06:09	+27:23	06:37
155	445	BRUNO ANTONIO CUNHA POCAS VAZ	clube millennium bcp	Veterano M55	01:06:55	+28:08	06:42
156	659	PEDRO MANUEL SILVA ANTUNES CANAS	clube millennium bcp	Veterano M50	01:06:57	+28:10	06:42
157	672	Ricardo Gama	grupo desportivo santander	Veterano M40	01:07:10	+28:23	06:43
158	571	Karen Tonini dos Santos	individual	Senior Feminino	01:07:12	+28:25	06:43
159	446	Bruno Antunes de Oliveira	individual	Senior Masculino	01:07:12	+28:25	06:43
160	703	Sergio Silva	grupo desportivo santander	Veterano M45	01:07:12	+28:25	06:43
161	424	André Lourenço	individual	Senior Masculino	01:07:31	+28:44	06:45
162	401	Accalia Morgado	individual	Veterana F55	01:07:35	+28:48	06:46
163	743	Fernanda Reis	individual	Senior Feminino	01:07:35	+28:48	06:46
164	793	Walter Carreira	individual	Veterana F35	01:07:35	+28:48	06:46
165	739	Ana gorgueira	individual	Veterana F35	01:07:51	+29:04	06:47
166	696	SARA CARVALHO	individual	Veterana F50	01:07:58	+29:11	06:48
167	538	Jade Taylor	individual	Veterana F35	01:07:59	+29:12	06:48
168	671	Ricardo Filipe Pereira da Silva	individual	Veterano M45	01:08:06	+29:19	06:49

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	402	ADRIANA MARIA PONTE MEDEIROS	clube millennium bcp	Veterana F55	01:08:24	+29:37	06:50
170	687	Rui Gonçalves	individual	Veterano M65	01:08:31	+29:44	06:51
171	582	Luís Lourenço	serviços sociais montepio	Veterano M45	01:08:41	+29:54	06:52
172	711	Teresa Quaresma	serviços sociais montepio	Veterana F50	01:08:41	+29:55	06:52
173	726	Vânia Pereira	meias d'ouro	Senior Feminino	01:08:44	+29:58	06:52
174	559	JORGE MOREIRA	nucleo desportivo autocoope	Veterano M60	01:08:50	+30:03	06:53
175	583	Luis Maciel	individual	Veterano M40	01:08:51	+30:04	06:53
176	660	Pedro Miguel Nunes Trindade	individual	Senior Masculino	01:08:53	+30:07	06:53
177	746	Veronica	individual	Veterana F35	01:08:54	+30:07	06:53
178	745	Larissa Fernandes	individual	Senior Feminino	01:08:54	+30:07	06:53
179	475	Custódio Atalho	individual	Veterana F55	01:09:06	+30:19	06:55
180	558	Jorge Manuel Fernandes	cabrizrun	Veterano M55	01:09:06	+30:19	06:55
181	694	Sandra Atalho	individual	Veterana F55	01:09:06	+30:20	06:55
182	747	Ana Rita Mondelo Avidago	individual	Veterana F55	01:09:09	+30:22	06:55
183	441	Augusto Verissimo	individual	Veterano M55	01:09:12	+30:25	06:55
184	410	Ana Correia	pickpocket	Senior Feminino	01:09:22	+30:36	06:56
185	589	Luís Torres	pickpocket	Senior Masculino	01:09:23	+30:36	06:56
186	469	Claudia Grencho	serviços sociais montepio	Veterana F50	01:09:40	+30:53	06:58
187	533	Ingrid Hazan	les pains	Senior Feminino	01:09:42	+30:55	06:58
188	569	Joséphine Guillot	les pains	Senior Feminino	01:09:43	+30:56	06:58
189	579	Luís Filipe Encarnação	individual	Veterano M50	01:09:54	+31:07	06:59
190	527	Igor Fernandes da Costa Velez	individual	Veterano M45	01:10:07	+31:20	07:01
191	564	José Levita	individual	Senior Masculino	01:10:07	+31:21	07:01
192	406	Alexandra Pinto	individual	Veterana F50	01:10:14	+31:27	07:01
193	741	Duarte Cardoso	individual	Sub 23 Masculino	01:10:21	+31:34	07:02
194	467	Clara Cardoso	individual	Veterana F45	01:10:33	+31:46	07:03
195	437	António José Gaspar Pombinho	individual	Veterano M65	01:11:03	+32:16	07:06
196	693	Salvador Brito	strix/ pata na poça	Sub 23 Masculino	01:11:04	+32:17	07:06
197	530	Ines Grilo	individual	Senior Feminino	01:11:17	+32:31	07:08
198	581	Luís Lobo	individual	Senior Masculino	01:11:26	+32:39	07:09
199	521	Helen Ferreira	individual	Senior Feminino	01:11:51	+33:04	07:11
200	643	Patricia Vieira Silva	serviços sociais montepio	Veterana F50	01:11:54	+33:07	07:11
201	528	Ines Esteves	individual	Senior Feminino	01:12:04	+33:17	07:12
202	425	André Moreira	individual	Veterano M35	01:12:08	+33:21	07:13
203	463	Cecília Reis	individual	Veterana F45	01:12:39	+33:52	07:16
204	650	Paulo Jorge Reis Santos	individual	Veterano M50	01:12:39	+33:52	07:16
205	547	João Cláudio Esperto	individual	Veterano M55	01:12:48	+34:02	07:17
206	769	Duarte Porém	intermarché	Veterano M55	01:13:11	+34:24	07:19
207	760	Ana Rita	intermarché	Veterana F45	01:13:11	+34:24	07:19
208	421	Anabela Meia Via	individual	Veterana F55	01:13:12	+34:25	07:19
209	537	Isabel Maria Lopes Resende	individual	Veterana F45	01:13:14	+34:27	07:19
210	740	Rita Martins	individual	Sub 23 Feminino	01:13:31	+34:44	07:21
211	737	Matheus Malagoli	individual	Senior Masculino	01:13:31	+34:45	07:21
212	710	Teresa Fernandes	clube millennium bcp	Veterana F50	01:13:37	+34:50	07:22
213	730	Virgilio Costa	clube millennium bcp	Veterano M55	01:13:37	+34:50	07:22

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
214	636	NUNO VASCO HORTA PINTO ANJOS	clube millennium bcp	Veterano M55	01:13:47	+35:00	07:23
215	785	Alexandra Gonçalves	individual	Veterana F55	01:14:02	+35:16	07:24
216	682	Rodrigo Gomes Pereira	individual	Sub 23 Masculino	01:14:06	+35:19	07:25
217	439	António Varela	individual	Veterano M60	01:14:26	+35:40	07:27
218	540	Jean Monnet	individual	Veterano M65	01:14:27	+35:40	07:27
219	604	Maria de Fátima Lavrador	individual	Veterana F50	01:14:30	+35:43	07:27
220	412	ANA FILIPA LUZ COSTA TORRES	clube millennium bcp	Veterana F40	01:14:35	+35:48	07:28
221	706	Simona Faktorova	individual	Veterana F40	01:14:37	+35:50	07:28
222	648	Paulo Barbosa	individual	Veterano M55	01:14:41	+35:54	07:28
223	544	Joana Santod	individual	Veterana F40	01:14:45	+35:58	07:29
224	708	Tânia Duarte	individual	Veterana F35	01:14:52	+36:06	07:29
225	606	Maria Galindro	individual	Senior Feminino	01:14:58	+36:11	07:30
226	677	Rita Gonçalves	serviços sociais montepio	Veterana F50	01:15:06	+36:19	07:31
227	504	Filipa Vaz	individual	Veterana F35	01:15:23	+36:36	07:32
228	506	Flávia Luís da Costa Félix	individual	Senior Feminino	01:15:23	+36:36	07:32
229	724	Valerio Barreto	individual	Veterano M40	01:15:23	+36:37	07:32
230	562	José Fernandes	individual	Veterano M50	01:15:29	+36:43	07:33
231	588	Luis Sequeira Fernandes	individual	Veterano M50	01:15:30	+36:43	07:33
232	628	Natalia Kubicova	individual	Veterana F35	01:15:38	+36:51	07:34
233	610	Maria Rodrigues	individual	Veterana F40	01:15:43	+36:56	07:34
234	414	Ana Margarida F. F. Carreira	individual	Veterana F50	01:15:50	+37:03	07:35
235	697	Sara Cristina Garcia Pedro	individual	Veterana F40	01:15:52	+37:05	07:35
236	689	RUI MARINO GOUVEIA MARTINS	individual	Veterano M55	01:15:59	+37:12	07:36
237	728	Vera Guerra	individual	Veterana F35	01:16:11	+37:24	07:37
238	508	Francisco Carvalho	individual	Veterano M35	01:16:17	+37:30	07:38
239	707	Sonia Carvalho	individual	Veterana F35	01:16:21	+37:35	07:38
240	609	Maria Rodrigues	individual	Senior Feminino	01:16:26	+37:39	07:39
241	601	Margarida Guerreiro	individual	Senior Feminino	01:16:26	+37:39	07:39
242	664	Pedro Vaz	ccd crédito agrícola	Veterano M55	01:16:29	+37:42	07:39
243	573	Leonor Lousada	individual	Senior Feminino	01:16:42	+37:55	07:40
244	590	Luis Vitorino	strix/ pata na poça	Senior Masculino	01:17:01	+38:14	07:42
245	548	João Coelho	strix/ pata na poça	Senior Masculino	01:17:07	+38:20	07:43
246	777	Margarida Maria Tomás Peseiro	individual	Senior Feminino	01:17:11	+38:24	07:43
247	776	José Proença	individual	Senior Masculino	01:17:11	+38:24	07:43
248	762	Cláudia Paula	intermarché	Veterana F40	01:17:22	+38:35	07:44
249	770	João Martins	intermarché	Senior Masculino	01:17:22	+38:35	07:44
250	35	Carlos Jesus	individual	Veterano M60	01:17:41	+38:55	07:46
251	216	Susana Jesus	individual	Senior Feminino	01:17:41	+38:55	07:46
252	712	Thais Silva Pereira	os recusas	Senior Feminino	01:18:14	+39:27	07:49
253	790	José Carlos Mestre Silva	os recusas	Veterano M50	01:18:34	+39:47	07:51
254	553	João Silva	individual	Senior Masculino	01:18:40	+39:53	07:52
255	511	Francisco Rodrigues	individual	Veterano M55	01:18:40	+39:53	07:52
256	483	Diana Martins	individual	Senior Feminino	01:18:46	+39:59	07:53

10KM - STAGE 1

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
257	678	Rita Leite	individual	Senior Feminino	01:18:46	+39:59	07:53
258	415	Ana Maria Folgado	individual	Veterana F55	01:18:58	+40:12	07:54
259	409	Ana Catroga Varela	individual	Veterana F45	01:18:59	+40:12	07:54
260	542	Joana Folgado	individual	Senior Feminino	01:18:59	+40:13	07:54
261	618	Matilde Cordas	individual	Senior Feminino	01:19:18	+40:31	07:56
262	468	Claudia Figueiredo	individual	Veterana F45	01:19:29	+40:42	07:57
263	545	Joao Afonso Malho Costa	individual	Veterano M45	01:19:36	+40:49	07:58
264	639	Patricia Barbosa	individual	Veterana F40	01:19:36	+40:49	07:58
265	644	Paula Alexandra Silva	cabrizrun	Veterana F55	01:20:03	+41:16	08:00
266	572	LENIA BRITO	individual	Veterana F40	01:20:16	+41:29	08:02
267	428	André Vilela	individual	Senior Masculino	01:20:21	+41:34	08:02
268	450	Bruno Gonçalves	individual	Senior Masculino	01:20:21	+41:34	08:02
269	429	Andreia Filipa Caetano	individual	Veterana F40	01:20:30	+41:43	08:03
270	462	Cátia Ribeiro	não_estavas_capaz_não_vinhas	Veterana F40	01:21:01	+42:14	08:06
271	514	Gabriel Venceslau Branco Carreira	individual	Veterano M50	01:21:09	+42:22	08:07
272	713	THEO LELONG	individual	Senior Masculino	01:21:13	+42:26	08:07
273	413	Ana Gaspar	individual	Veterana F45	01:21:49	+43:02	08:11
274	657	Pedro Fernando dos Reis Moleiro	individual	Veterano M55	01:21:49	+43:03	08:11
275	676	Ricardo Sepúlveda	individual	Veterano M45	01:22:00	+43:14	08:12
276	586	Luis Marques	individual	Veterano M40	01:22:02	+43:16	08:12
277	465	Celia Julio	individual	Veterana F50	01:22:12	+43:25	08:13
278	733	Mariana Melo	individual	Senior Feminino	01:22:54	+44:07	08:17
279	736	Eleonora Belenghi	individual	Senior Feminino	01:22:54	+44:07	08:17
280	420	Ana Tostão	individual	Senior Feminino	01:23:43	+44:56	08:22
281	683	Rúben Carriço	os recusas	Senior Feminino	01:23:55	+45:08	08:24
282	698	Sara Neto Araújo	individual	Veterana F40	01:24:01	+45:14	08:24
283	543	Joana Oliveira	individual	Sub 23 Feminino	01:24:40	+45:53	08:28
284	507	Francisco Camacho	individual	Sub 23 Masculino	01:24:40	+45:53	08:28
285	408	Ana Catarina de Castro Moreira	individual	Senior Feminino	01:24:59	+46:12	08:30
286	512	Frederico Nascimento	individual	Veterano M45	01:25:23	+46:36	08:32
287	565	José Luís Lourenço	os papa-trilhos de moninhos	Veterano M50	01:25:40	+46:53	08:34
288	499	Fernanda Simões	os papa-trilhos de moninhos	Veterana F50	01:25:40	+46:53	08:34
289	592	Madalena Correia	individual	Senior Feminino	01:27:08	+48:21	08:43
290	611	MARIA ROSARIO SANTOS NOBRE	clube millennium bcp	Veterana F55	01:27:19	+48:33	08:44
291	435	António Costa	individual	Veterano M65	01:27:23	+48:36	08:44
292	451	Carina Sofia Ferreira da Silva	grupo desportivo santander	Veterana F40	01:27:48	+49:01	08:47
293	452	Carlos Alberto Lopez Ferreira	individual	Veterano M40	01:28:28	+49:41	08:51
294	622	Michelle Bond	as gurias do sul	Veterana F40	01:29:22	+50:35	08:56
295	646	Paula Schneider	as gurias do sul	Veterana F35	01:29:23	+50:36	08:56
296	637	Olena	individual	Veterana F35	01:29:53	+51:06	08:59
297	479	Daniela Caeiro	individual	Veterana F35	01:30:42	+51:55	09:04
298	494	Elsa Ferro	gurus-sup	Veterana F40	01:30:42	+51:55	09:04
299	539	Jaime Ferro	gurus-sup	Veterano M40	01:30:42	+51:55	09:04

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
300	669	Raquel Pinto	individual	Senior Feminino	01:30:56	+52:09	09:06
301	775	Luísa Santos	individual	Veterana F55	01:31:57	+53:10	09:12
302	535	Iryna Chystiakova	individual	Veterana F40	01:32:03	+53:16	09:12
303	427	André Rocha	individual	Senior Masculino	01:32:56	+54:10	09:18
304	407	Álvaro Costa	individual	Veterano M55	01:34:50	+56:03	09:29
305	431	Angela Costa	individual	Veterana F55	01:34:50	+56:03	09:29
306	422	Anabela Miguel Fernandes	individual	Veterana F50	01:34:51	+56:04	09:29
307	617	Marta Ramos	não_estavas_capaz_não_vinhas	Veterana F50	01:36:37	+57:50	09:40
308	453	Carlos Graça	individual	Veterano M60	01:36:39	+57:52	09:40
309	536	Isabel Graça	individual	Veterana F55	01:36:39	+57:52	09:40
310	472	Cláudio Ricardo Areias Alexandre	individual	Veterano M40	01:38:35	+59:48	09:52
311	460	Cátia Guerreiro	individual	Veterana F35	01:38:36	+59:49	09:52
312	742	Rita Carvalho	individual	Veterana F50	01:38:52	+01:00:05	09:53
313	532	Inês Vicente	individual	Sub 23 Feminino	01:40:04	+01:01:17	10:00
314	653	Paulo Vicente	individual	Veterano M55	01:40:05	+01:01:19	10:01
315	705	Sílvia Oliveira	os recusas	Senior Feminino	01:40:55	+01:02:08	10:06
316	679	Rita Moura	os recusas	Senior Feminino	01:40:56	+01:02:09	10:06
317	518	Gonçalo Sá	os recusas	Senior Masculino	01:40:57	+01:02:10	10:06
318	498	FATIMA ALMEIDA	filsat	Veterana F65	01:40:57	+01:02:10	10:06
319	557	Jorge Manuel dos Santos Luís	individual	Veterano M50	01:42:03	+01:03:16	10:12
320	605	Maria do Céu Cabral Gomes	individual	Veterana F45	01:42:09	+01:03:22	10:13
321	647	Paula Soler	individual	Veterana F55	01:42:33	+01:03:46	10:15
322	482	David João da Silva Vicente	individual	Veterano M45	01:43:25	+01:04:38	10:21
323	166	Oriana Marques	cdc paradela do vouga	Senior Feminino	01:46:43	+01:07:57	10:40
324	459	Catarina Rodrigues	individual	Senior Feminino	01:49:54	+01:11:07	10:59
325	477	Daniel Martins	individual	Senior Masculino	01:49:56	+01:11:09	11:00
326	757	Ana Carolina Baptista Pereira	intermarché	Senior Feminino	01:50:01	+01:11:15	11:00
327	764	Ana Lúcia Martins	intermarché	Veterana F40	01:50:01	+01:11:15	11:00
328	767	Rui Pedro Antunes	intermarché	Senior Masculino	01:50:02	+01:11:15	11:00
329	608	Maria José Ramalho	individual	Veterana F55	01:51:05	+01:12:19	11:07
330	695	Sandra Vicente	individual	Veterana F50	01:52:33	+01:13:46	11:15
331	442	Beatriz Vicente	individual	Sub 23 Feminino	01:52:34	+01:13:48	11:15
332	763	Catarina Oliveira Santos	intermarché	Veterana F45	01:53:01	+01:14:14	11:18
333	758	Catarina Duarte	intermarché	Senior Feminino	01:53:01	+01:14:14	11:18
334	771	Luís Godinho	intermarché	Veterano M45	01:53:02	+01:14:15	11:18
335	759	Gracinda Correia	intermarché	Senior Feminino	01:53:02	+01:14:15	11:18
336	761	Mafalda Alves	intermarché	Veterana F50	01:53:03	+01:14:16	11:18
337	478	Daniela Alexandra Sousa de Jesus	individual	Sub 23 Feminino	01:53:34	+01:14:47	11:21
338	783	Alicia Shan	individual	Senior Feminino	01:54:09	+01:15:22	11:25
339	709	Tayme Brecciani	individual	Senior Feminino	01:59:55	+01:21:08	12:00
340	487	Dirceu Tomazine	individual	Veterano M35	01:59:55	+01:21:08	12:00
341	15	André Filipe Coelho Matos de Oliveira	chill capybaras	Veterano M35	02:00:07	+01:21:20	12:01
342	642	Patrícia Soler	individual	Veterana F55	02:04:47	+01:26:00	12:29

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
343	774	Catarina Rodrigues de Almeida Costa	intermarché	Senior Feminino	02:15:58	+01:37:11	13:36
344	772	TIAGO FERNANDES	intermarché	Veterano M45	02:15:59	+01:37:12	13:36
345	704	Sílvia Glória	individual	Veterana F45	02:16:01	+01:37:14	13:36

Trail RFM Monsanto
Lisboa, PT
15-March-2026

10KM **10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:10	13ºC	73%
End	11:27	13ºC	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Masculino							
1	515	Gonçalo Figueiredo	Individual	Junior Masculino	49:12	+10:25	04:55
Juvenil Masculino							
1	665	Rafael Almeida	Individual	Juvenil Masculino	40:39	+01:52	04:04
2	786	Tomás Correia	Individual	Juvenil Masculino	57:37	+18:50	05:46
Senior Feminino							
1	668	Rafaela Gonçalves	Individual	Senior Feminino	49:39	+10:52	04:58
2	489	Dulce Silva	CCD CRÉDITO AGRÍCOLA	Senior Feminino	52:08	+13:21	05:13
3	458	Carolina Filipe	Individual	Senior Feminino	55:35	+16:48	05:34
4	641	PATRICIA PAIS	NUCLEO DESPORTIVO AUTOCOOPE	Senior Feminino	56:36	+17:49	05:40
5	430	Andreia Filipa Massi Valente Veiga	Individual	Senior Feminino	57:47	+19:00	05:47
6	593	Madalena Pereira de Freitas	Individual	Senior Feminino	01:00:33	+21:47	06:03
7	597	Márcia Estrela	Individual	Senior Feminino	01:00:35	+21:48	06:04
8	531	Ines Melo	Individual	Senior Feminino	01:01:26	+22:39	06:09
9	638	OLIVIA 'TIMPS' DARLING	DARLINGTON	Senior Feminino	01:02:19	+23:32	06:14
10	640	Patrícia Lascas	Serpa Running & Trail	Senior Feminino	01:05:40	+26:53	06:34
11	571	Karen Tonini dos Santos	Individual	Senior Feminino	01:07:12	+28:25	06:43
12	743	Fernanda Reis	Individual	Senior Feminino	01:07:35	+28:48	06:46
13	726	Vânia Pereira	Meias D'Ouro	Senior Feminino	01:08:44	+29:58	06:52
14	745	Larissa Fernandes	Individual	Senior Feminino	01:08:54	+30:07	06:53
15	410	Ana Correia	Pickpocket	Senior Feminino	01:09:22	+30:36	06:56
16	533	Ingrid Hazan	Les pains	Senior Feminino	01:09:42	+30:55	06:58
17	569	Joséphine Guillot	Les pains	Senior Feminino	01:09:43	+30:56	06:58
18	530	Ines Grilo	Individual	Senior Feminino	01:11:17	+32:31	07:08
19	521	Helen Ferreira	Individual	Senior Feminino	01:11:51	+33:04	07:11
20	528	Ines Esteves	Individual	Senior Feminino	01:12:04	+33:17	07:12
21	606	Maria Galindro	Individual	Senior Feminino	01:14:58	+36:11	07:30
22	506	Flávia Luís da Costa Félix	Individual	Senior Feminino	01:15:23	+36:36	07:32
23	609	Maria Rodrigues	Individual	Senior Feminino	01:16:26	+37:39	07:39
24	601	Margarida Guerreiro	Individual	Senior Feminino	01:16:26	+37:39	07:39
25	573	Leonor Lousada	Individual	Senior Feminino	01:16:42	+37:55	07:40
26	777	Margarida Maria Tomás Peseiro	Individual	Senior Feminino	01:17:11	+38:24	07:43
27	216	Susana Jesus	Individual	Senior Feminino	01:17:41	+38:55	07:46
28	712	Thais Silva Pereira	Os Recusas	Senior Feminino	01:18:14	+39:27	07:49
29	483	Diana Martins	Individual	Senior Feminino	01:18:46	+39:59	07:53

30	678	Rita Leite	Individual	Senior Feminino	01:18:46	+39:59	07:53
31	542	Joana Folgado	Individual	Senior Feminino	01:18:59	+40:13	07:54
32	618	Matilde Cordas	Individual	Senior Feminino	01:19:18	+40:31	07:56
33	733	Mariana Melo	Individual	Senior Feminino	01:22:54	+44:07	08:17
34	736	Eleonora Belenghi	Individual	Senior Feminino	01:22:54	+44:07	08:17
35	420	Ana Tostão	Individual	Senior Feminino	01:23:43	+44:56	08:22
36	683	Rúben Carriço	Os Recusas	Senior Feminino	01:23:55	+45:08	08:24
37	408	Ana Catarina de Castro Moreira	Individual	Senior Feminino	01:24:59	+46:12	08:30
38	592	Madalena Correia	Individual	Senior Feminino	01:27:08	+48:21	08:43
39	669	Raquel Pinto	Individual	Senior Feminino	01:30:56	+52:09	09:06
40	705	Sílvia Oliveira	Os Recusas	Senior Feminino	01:40:55	+01:02:08	10:06
41	679	Rita Moura	Os Recusas	Senior Feminino	01:40:56	+01:02:09	10:06
42	166	Oriana Marques	CDC PARADELA DO VOUGA	Senior Feminino	01:46:43	+01:07:57	10:40
43	459	Catarina Rodrigues	Individual	Senior Feminino	01:49:54	+01:11:07	10:59
44	757	Ana Carolina Baptista Pereira	INTERMARCHÉ	Senior Feminino	01:50:01	+01:11:15	11:00
45	758	Catarina Duarte	INTERMARCHÉ	Senior Feminino	01:53:01	+01:14:14	11:18
46	759	Gracinda Correia	INTERMARCHÉ	Senior Feminino	01:53:02	+01:14:15	11:18
47	783	Alicia Shan	Individual	Senior Feminino	01:54:09	+01:15:22	11:25
48	709	Tayme Brecciani	Individual	Senior Feminino	01:59:55	+01:21:08	12:00
49	774	Catarina Rodrigues de Almeida Costa	INTERMARCHÉ	Senior Feminino	02:15:58	+01:37:11	13:36

Senior Masculino

1	721	Tomás Nunes	BTF RUN CLUB	Senior Masculino	41:24	+02:37	04:08
2	780	Emanuel Conde	Individual	Senior Masculino	45:33	+06:46	04:33
3	779	Samuel Conde	Individual	Senior Masculino	45:53	+07:06	04:35
4	629	Nathan Courquin	Individual	Senior Masculino	46:17	+07:30	04:38
5	723	Túlio Filipe Soares Azevedo	PSP/ UEP- Corpo Intervenção	Senior Masculino	47:26	+08:40	04:45
6	750	Diogo Lavrador	Individual	Senior Masculino	47:45	+08:58	04:47
7	595	Marcelo Romão	Individual	Senior Masculino	48:30	+09:43	04:51
8	522	Henrique Freitas	Individual	Senior Masculino	48:54	+10:07	04:53
9	787	Gonçalo Santos Vicente	Os Cansados	Senior Masculino	50:11	+11:24	05:01
10	788	Dylan Pereira Gil	Os Cansados	Senior Masculino	50:11	+11:24	05:01
11	491	Eduardo Filipe Matos Ribeiro	Individual	Senior Masculino	50:30	+11:43	05:03
12	481	David Correia Martins	Individual	Senior Masculino	51:07	+12:20	05:07
13	473	Cristiano Salvador Leitão	PSP/ UEP- Corpo Intervenção	Senior Masculino	52:08	+13:21	05:13
14	404	Afonso Palos	Strix/ Pata na Poça	Senior Masculino	52:13	+13:26	05:13
15	751	Alejandro Ruiz Bazaga	Individual	Senior Masculino	52:54	+14:07	05:17
16	577	Luis Estêvão	Individual	Senior Masculino	53:10	+14:23	05:19
17	599	Marco Amado	Individual	Senior Masculino	54:01	+15:14	05:24
18	517	Gonçalo João Hortega	HORTEGA SERVIÇOS	Senior Masculino	57:37	+18:51	05:46
19	635	Nuno Oliveira	Strix/ Pata na Poça	Senior Masculino	57:54	+19:07	05:47
20	631	Nuno Fernandes	Individual	Senior Masculino	58:17	+19:31	05:50
21	426	André Ribeiro	Individual	Senior Masculino	58:21	+19:34	05:50
22	520	Gustavo Henrique felix	Individual	Senior Masculino	59:03	+20:17	05:54
23	744	Tahir Ali	Individual	Senior Masculino	01:01:58	+23:11	06:12

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	471	Cláudio Miguel Damas Garrinhas	Individual	Senior Masculino	01:02:17	+23:31	06:14
25	620	MATTHEW MILLINGTON	DARLINGTON	Senior Masculino	01:02:19	+23:32	06:14
26	444	Bráulio Filipe Oliveira Teles	Strix/ Pata na Poça	Senior Masculino	01:03:47	+25:00	06:23
27	716	Tiago Daniel Henriques Lopes	Individual	Senior Masculino	01:03:54	+25:07	06:23
28	523	Henrique Pereira Travanca	Actemium	Senior Masculino	01:04:01	+25:14	06:24
29	684	Rúben Manuel Guerreiro José	Individual	Senior Masculino	01:04:31	+25:44	06:27
30	666	Rafael Antunes	Individual	Senior Masculino	01:04:47	+26:00	06:29
31	546	João Baptista	Individual	Senior Masculino	01:05:00	+26:13	06:30
32	509	Francisco Chorão	Serpa Running & Trail	Senior Masculino	01:05:40	+26:53	06:34
33	623	Miguel Macedo Rocha	Individual	Senior Masculino	01:05:43	+26:56	06:34
34	492	Eduardo Teixeira	Individual	Senior Masculino	01:05:44	+26:58	06:34
35	446	Bruno Antunes de Oliveira	Individual	Senior Masculino	01:07:12	+28:25	06:43
36	424	André Lourenço	Individual	Senior Masculino	01:07:31	+28:44	06:45
37	660	Pedro Miguel Nunes Trindade	Individual	Senior Masculino	01:08:53	+30:07	06:53
38	589	Luís Torres	Pickpocket	Senior Masculino	01:09:23	+30:36	06:56
39	564	José Levita	Individual	Senior Masculino	01:10:07	+31:21	07:01
40	581	Luís Lobo	Individual	Senior Masculino	01:11:26	+32:39	07:09
41	737	Matheus Malagoli	Individual	Senior Masculino	01:13:31	+34:45	07:21
42	590	Luis Vitorino	Strix/ Pata na Poça	Senior Masculino	01:17:01	+38:14	07:42
43	548	João Coelho	Strix/ Pata na Poça	Senior Masculino	01:17:07	+38:20	07:43
44	776	José Proença	Individual	Senior Masculino	01:17:11	+38:24	07:43
45	770	João Martins	INTERMARCHÉ	Senior Masculino	01:17:22	+38:35	07:44
46	553	João Silva	Individual	Senior Masculino	01:18:40	+39:53	07:52
47	428	André Vilela	Individual	Senior Masculino	01:20:21	+41:34	08:02
48	450	Bruno Gonçalves	Individual	Senior Masculino	01:20:21	+41:34	08:02
49	713	THEO LELONG	Individual	Senior Masculino	01:21:13	+42:26	08:07
50	427	André Rocha	Individual	Senior Masculino	01:32:56	+54:10	09:18
51	518	Gonçalo Sá	Os Recusas	Senior Masculino	01:40:57	+01:02:10	10:06
52	477	Daniel Martins	Individual	Senior Masculino	01:49:56	+01:11:09	11:00
53	767	Rui Pedro Antunes	INTERMARCHÉ	Senior Masculino	01:50:02	+01:11:15	11:00

Sub 23 Feminino

1	740	Rita Martins	Individual	Sub 23 Feminino	01:13:31	+34:44	07:21
2	543	Joana Oliveira	Individual	Sub 23 Feminino	01:24:40	+45:53	08:28
3	532	Inês Vicente	Individual	Sub 23 Feminino	01:40:04	+01:01:17	10:00
4	442	Beatriz Vicente	Individual	Sub 23 Feminino	01:52:34	+01:13:48	11:15
5	478	Daniela Alexandra Sousa de Jesus	Individual	Sub 23 Feminino	01:53:34	+01:14:47	11:21

Sub 23 Masculino

1	554	João Vaz	CCD CRÉDITO AGRÍCOLA	Sub 23 Masculino	59:06	+20:19	05:55
2	717	Tiago Jesus	Individual	Sub 23 Masculino	01:03:19	+24:33	06:20
3	741	Duarte Cardoso	Individual	Sub 23 Masculino	01:10:21	+31:34	07:02
4	693	Salvador Brito	Strix/ Pata na Poça	Sub 23 Masculino	01:11:04	+32:17	07:06
5	682	Rodrigo Gomes Pereira	Individual	Sub 23 Masculino	01:14:06	+35:19	07:25

6	507	Francisco Camacho	Individual	Sub 23 Masculino	01:24:40	+45:53	08:28

Veterana F35

1	470	Cláudia Guerreiro	Individual	Veterana F35	01:02:34	+23:47	06:15
2	461	Cátia Madail	Individual	Veterana F35	01:04:51	+26:04	06:29
3	613	Marina Rocha Oliveira	Individual	Veterana F35	01:04:52	+26:05	06:29
4	480	DANIELA FERNANDES	Individual	Veterana F35	01:06:00	+27:13	06:36
5	793	Walter Carreira	Individual	Veterana F35	01:07:35	+28:48	06:46
6	739	Ana gorgueira	Individual	Veterana F35	01:07:51	+29:04	06:47
7	538	Jade Taylor	Individual	Veterana F35	01:07:59	+29:12	06:48
8	746	Veronica	Individual	Veterana F35	01:08:54	+30:07	06:53
9	708	Tânia Duarte	Individual	Veterana F35	01:14:52	+36:06	07:29
10	504	Filipa Vaz	Individual	Veterana F35	01:15:23	+36:36	07:32
11	628	Natalia Kubicova	Individual	Veterana F35	01:15:38	+36:51	07:34
12	728	Vera Guerra	Individual	Veterana F35	01:16:11	+37:24	07:37
13	707	Sonia Carvalho	Individual	Veterana F35	01:16:21	+37:35	07:38
14	646	Paula Schneider	As Gurias do Sul	Veterana F35	01:29:23	+50:36	08:56
15	637	Olena	Individual	Veterana F35	01:29:53	+51:06	08:59
16	479	Daniela Caeiro	Individual	Veterana F35	01:30:42	+51:55	09:04
17	460	Cátia Guerreiro	Individual	Veterana F35	01:38:36	+59:49	09:52

Veterana F40

1	692	RUTE SOFIA SANTOS RIBEIRO	Clube Millennium BCP	Veterana F40	01:03:31	+24:44	06:21
2	616	Marta Coutinho	Individual	Veterana F40	01:04:29	+25:42	06:27
3	725	Vânia Margarida Martins de Figueiredo	Individual	Veterana F40	01:05:50	+27:03	06:35
4	412	ANA FILIPA LUZ COSTA TORRES	Clube Millennium BCP	Veterana F40	01:14:35	+35:48	07:28
5	706	Simona Faktorova	Individual	Veterana F40	01:14:37	+35:50	07:28
6	544	Joana Santod	Individual	Veterana F40	01:14:45	+35:58	07:29
7	610	Maria Rodrigues	Individual	Veterana F40	01:15:43	+36:56	07:34
8	697	Sara Cristina Garcia Pedro	Individual	Veterana F40	01:15:52	+37:05	07:35
9	762	Cláudia Paula	INTERMARCHÉ	Veterana F40	01:17:22	+38:35	07:44
10	639	Patricia Barbosa	Individual	Veterana F40	01:19:36	+40:49	07:58
11	572	LENIA BRITO	Individual	Veterana F40	01:20:16	+41:29	08:02
12	429	Andreia Filipa Caetano	Individual	Veterana F40	01:20:30	+41:43	08:03
13	462	Cátia Ribeiro	Não_estavas_capaz_não_vinhas	Veterana F40	01:21:01	+42:14	08:06
14	698	Sara Neto Araújo	Individual	Veterana F40	01:24:01	+45:14	08:24
15	451	Carina Sofia Ferreira da Silva	Grupo Desportivo Santander	Veterana F40	01:27:48	+49:01	08:47
16	622	Michelle Bond	As Gurias do Sul	Veterana F40	01:29:22	+50:35	08:56
17	494	Elsa Ferro	Gurus-Sup	Veterana F40	01:30:42	+51:55	09:04
18	535	Iryna Chystiakova	Individual	Veterana F40	01:32:03	+53:16	09:12
19	764	Ana Lúcia Martins	INTERMARCHÉ	Veterana F40	01:50:01	+01:11:15	11:00

10KM **10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F45

1	738	Sandra Silva	Individual	Veterana F45	01:00:39	+21:52	06:04
2	727	Vera Batista	Sado runnerss	Veterana F45	01:03:12	+24:26	06:19
3	417	Ana Melo	Individual	Veterana F45	01:04:29	+25:42	06:27
4	467	Clara Cardoso	Individual	Veterana F45	01:10:33	+31:46	07:03
5	463	Cecília Reis	Individual	Veterana F45	01:12:39	+33:52	07:16
6	760	Ana Rita	INTERMARCHÉ	Veterana F45	01:13:11	+34:24	07:19
7	537	Isabel Maria Lopes Resende	Individual	Veterana F45	01:13:14	+34:27	07:19
8	409	Ana Catroga Varela	Individual	Veterana F45	01:18:59	+40:12	07:54
9	468	Claudia Figueiredo	Individual	Veterana F45	01:19:29	+40:42	07:57
10	413	Ana Gaspar	Individual	Veterana F45	01:21:49	+43:02	08:11
11	605	Maria do Céu Cabral Gomes	Individual	Veterana F45	01:42:09	+01:03:22	10:13
12	763	Catarina Oliveira Santos	INTERMARCHÉ	Veterana F45	01:53:01	+01:14:14	11:18
13	704	Sílvia Glória	Individual	Veterana F45	02:16:01	+01:37:14	13:36

Veterana F50

1	411	Ana Cristina Alves Montez	Clube OGMA	Veterana F50	56:18	+17:31	05:38
2	474	Cristina Augusta Ferreira	Individual	Veterana F50	59:14	+20:27	05:55
3	696	SARA CARVALHO	Individual	Veterana F50	01:07:58	+29:11	06:48
4	711	Teresa Quaresma	Serviços Sociais Montepio	Veterana F50	01:08:41	+29:55	06:52
5	469	Claudia Grencho	Serviços Sociais Montepio	Veterana F50	01:09:40	+30:53	06:58
6	406	Alexandra Pinto	Individual	Veterana F50	01:10:14	+31:27	07:01
7	643	Patricia Vieira Silva	Serviços Sociais Montepio	Veterana F50	01:11:54	+33:07	07:11
8	710	Teresa Fernandes	Clube Millennium BCP	Veterana F50	01:13:37	+34:50	07:22
9	604	Maria de Fátima Lavrador	Individual	Veterana F50	01:14:30	+35:43	07:27
10	677	Rita Gonçalves	Serviços Sociais Montepio	Veterana F50	01:15:06	+36:19	07:31
11	414	Ana Margarida F. F. Carreira	Individual	Veterana F50	01:15:50	+37:03	07:35
12	465	Celia Julio	Individual	Veterana F50	01:22:12	+43:25	08:13
13	499	Fernanda Simões	Os Papa-Trilhos de Moninhos	Veterana F50	01:25:40	+46:53	08:34
14	422	Anabela Miguel Fernandes	Individual	Veterana F50	01:34:51	+56:04	09:29
15	617	Marta Ramos	Não_estavas_capaz_não_vinhas	Veterana F50	01:36:37	+57:50	09:40
16	742	Rita Carvalho	Individual	Veterana F50	01:38:52	+01:00:05	09:53
17	695	Sandra Vicente	Individual	Veterana F50	01:52:33	+01:13:46	11:15
18	761	Mafalda Alves	INTERMARCHÉ	Veterana F50	01:53:03	+01:14:16	11:18

Veterana F55

1	575	Lucinda Baptista	Serviços Sociais Montepio	Veterana F55	01:04:08	+25:21	06:25
2	401	Accalia Morgado	Individual	Veterana F55	01:07:35	+28:48	06:46
3	402	ADRIANA MARIA PONTE MEDEIROS	Clube Millennium BCP	Veterana F55	01:08:24	+29:37	06:50
4	475	Custódio Atalho	Individual	Veterana F55	01:09:06	+30:19	06:55
5	694	Sandra Atalho	Individual	Veterana F55	01:09:06	+30:20	06:55
6	747	Ana Rita Mondelo Avidago	Individual	Veterana F55	01:09:09	+30:22	06:55

7	421	Anabela Meia Via	Individual	Veterana F55	01:13:12	+34:25	07:19
8	785	Alexandra Gonçalves	Individual	Veterana F55	01:14:02	+35:16	07:24
9	415	Ana Maria Folgado	Individual	Veterana F55	01:18:58	+40:12	07:54
10	644	Paula Alexandra Silva	Cabrizrun	Veterana F55	01:20:03	+41:16	08:00
11	611	MARIA ROSARIO SANTOS NOBRE	Clube Millennium BCP	Veterana F55	01:27:19	+48:33	08:44
12	775	Luísa Santos	Individual	Veterana F55	01:31:57	+53:10	09:12
13	431	Angela Costa	Individual	Veterana F55	01:34:50	+56:03	09:29
14	536	Isabel Graça	Individual	Veterana F55	01:36:39	+57:52	09:40
15	647	Paula Soler	Individual	Veterana F55	01:42:33	+01:03:46	10:15
16	608	Maria José Ramalho	Individual	Veterana F55	01:51:05	+01:12:19	11:07
17	642	Patrícia Soler	Individual	Veterana F55	02:04:47	+01:26:00	12:29

Veterana F65

1	498	FATIMA ALMEIDA	Filsat	Veterana F65	01:40:57	+01:02:10	10:06

Veterano M35

1	661	Pedro Miguel torres Barroso	PSP/ UEP- Corpo Intervenção	Veterano M35	47:28	+08:41	04:45
2	658	Pedro Filipe	CCD CRÉDITO AGRÍCOLA	Veterano M35	48:42	+09:55	04:52
3	674	Ricardo Miguel Cunha Almeida	PSP/ UEP- Corpo Intervenção	Veterano M35	50:47	+12:00	05:05
4	718	Tiago Martins	Individual	Veterano M35	54:49	+16:03	05:29
5	75	Gonçalo Martins	Individual	Veterano M35	54:50	+16:03	05:29
6	79	Henrique Martins	Individual	Veterano M35	54:51	+16:04	05:29
7	486	Diogo Martinez	IFCTORRENSE	Veterano M35	55:43	+16:56	05:34
8	752	Rui Andrade	Individual	Veterano M35	57:41	+18:55	05:46
9	496	Fábio Manuel Nunes Reia	PSP/ UEP- Corpo Intervenção	Veterano M35	57:59	+19:12	05:48
10	673	Ricardo Gomes	PSP/ UEP- Corpo Intervenção	Veterano M35	57:59	+19:12	05:48
11	680	Roberto Francisco Ferreira	Run Crew Trail Montijo	Veterano M35	01:00:48	+22:01	06:05
12	714	Tiago Agostinho	Individual	Veterano M35	01:01:27	+22:41	06:09
13	456	Carlos Soares	Individual	Veterano M35	01:01:37	+22:50	06:10
14	662	Pedro Prata	Individual	Veterano M35	01:02:20	+23:33	06:14
15	516	Gonçalo Frederico Túbal Rodrigues	Individual	Veterano M35	01:03:54	+25:08	06:23
16	425	André Moreira	Individual	Veterano M35	01:12:08	+33:21	07:13
17	508	Francisco Carvalho	Individual	Veterano M35	01:16:17	+37:30	07:38
18	487	Dirceu Tomazine	Individual	Veterano M35	01:59:55	+01:21:08	12:00
19	15	André Filipe Coelho Matos de Oliveira	Chill Capybaras	Veterano M35	02:00:07	+01:21:20	12:01

Veterano M40

1	466	Cesar Isidro	Individual	Veterano M40	38:46		03:53
2	574	Lino martins	Individual	Veterano M40	46:58	+08:11	04:42
3	449	Bruno Duque	Serviços Sociais Montepio	Veterano M40	47:39	+08:52	04:46
4	781	Ricardo	Individual	Veterano M40	51:24	+12:37	05:08
5	213	Simão Ortega	Individual	Veterano M40	54:32	+15:45	05:27

6	550	Joao Francisco Moreira	Individual	Veterano M40	55:24	+16:37	05:32
7	701	Sérgio Filipe Oliveira Ferreira	PSP/ UEP- Corpo Intervenção	Veterano M40	56:25	+17:38	05:39
8	722	Tomás Rocha	HORTEGA SERVIÇOS	Veterano M40	57:37	+18:50	05:46
9	715	Tiago Costa	Individual	Veterano M40	58:11	+19:24	05:49
10	792	Marco Seca	Xutos & Pontapés	Veterano M40	58:24	+19:37	05:50
11	485	Diogo Luis	Individual	Veterano M40	01:02:26	+23:40	06:15
12	495	FABIO CAMACHO	Individual	Veterano M40	01:03:08	+24:21	06:19
13	702	Sergio Pinheiro	Individual	Veterano M40	01:03:55	+25:08	06:24
14	634	Nuno Nogueira	Actemium	Veterano M40	01:04:01	+25:14	06:24
15	672	Ricardo Gama	Grupo Desportivo Santander	Veterano M40	01:07:10	+28:23	06:43
16	583	Luis Maciel	Individual	Veterano M40	01:08:51	+30:04	06:53
17	724	Valerio Barreto	Individual	Veterano M40	01:15:23	+36:37	07:32
18	586	Luis Marques	Individual	Veterano M40	01:22:02	+43:16	08:12
19	452	Carlos Alberto Lopez Ferreira	Individual	Veterano M40	01:28:28	+49:41	08:51
20	539	Jaime Ferro	Gurus-Sup	Veterano M40	01:30:42	+51:55	09:04
21	472	Cláudio Ricardo Areias Alexandre	Individual	Veterano M40	01:38:35	+59:48	09:52

Veterano M45

1	688	Rui Henriques	Serviços Sociais Montepio	Veterano M45	41:56	+03:09	04:12
2	655	Pedro Abecasis Valente	Individual	Veterano M45	44:20	+05:33	04:26
3	448	Bruno Dias	CPA CHESMAS	Veterano M45	47:15	+08:28	04:44
4	621	Mauro Fonseca	Individual	Veterano M45	47:17	+08:30	04:44
5	447	Bruno Cunha	Individual	Veterano M45	47:33	+08:46	04:45
6	720	Tiago Pires	Individual	Veterano M45	47:40	+08:54	04:46
7	587	Luis Santos	ADI-ILHAVO	Veterano M45	48:53	+10:06	04:53
8	791	Duarte Costa	Serviços Sociais Montepio	Veterano M45	49:58	+11:11	05:00
9	681	ROBSON FIGUEIREDO	Individual	Veterano M45	54:06	+15:19	05:25
10	784	Ricardo Lima	Individual	Veterano M45	55:56	+17:09	05:36
11	455	Carlos Padua Gonçalves	Individual	Veterano M45	57:54	+19:08	05:47
12	630	Nelson Pantaleão	Individual	Veterano M45	58:51	+20:04	05:53
13	663	Pedro Ribeiro	Não_estavas_capaz_não_vinhas	Veterano M45	59:14	+20:27	05:55
14	748	Nuno Oliveira	Individual	Veterano M45	01:00:33	+21:46	06:03
15	524	HUGO SANTOS	Individual	Veterano M45	01:01:17	+22:31	06:08
16	488	Duarte Ribeiro	Individual	Veterano M45	01:01:27	+22:40	06:09
17	525	HUGO TIMOTEO	Individual	Veterano M45	01:01:32	+22:45	06:09
18	691	Rui Romão	Individual	Veterano M45	01:03:07	+24:21	06:19
19	584	LUIS MANUEL MENDES NUNES NARCISO	Clube Millennium BCP	Veterano M45	01:03:29	+24:42	06:21
20	755	Miguel Pádua	Individual	Veterano M45	01:05:19	+26:32	06:32
21	667	Rafael Pina	Individual	Veterano M45	01:05:20	+26:33	06:32
22	505	Filipe Martins	Individual	Veterano M45	01:06:05	+27:18	06:37
23	703	Sergio Silva	Grupo Desportivo Santander	Veterano M45	01:07:12	+28:25	06:43
24	671	Ricardo Filipe Pereira da Silva	Individual	Veterano M45	01:08:06	+29:19	06:49
25	582	Luís Lourenço	Serviços Sociais Montepio	Veterano M45	01:08:41	+29:54	06:52
26	527	Igor Fernandes da Costa Velez	Individual	Veterano M45	01:10:07	+31:20	07:01

27	545	Joao Afonso Malho Costa	Individual	Veterano M45	01:19:36	+40:49	07:58
28	676	Ricardo Sepúlveda	Individual	Veterano M45	01:22:00	+43:14	08:12
29	512	Frederico Nascimento	Individual	Veterano M45	01:25:23	+46:36	08:32
30	482	David João da Silva Vicente	Individual	Veterano M45	01:43:25	+01:04:38	10:21
31	771	Luís Godinho	INTERMARCHÉ	Veterano M45	01:53:02	+01:14:15	11:18
32	772	TIAGO FERNANDES	INTERMARCHÉ	Veterano M45	02:15:59	+01:37:12	13:36

Veterano M50

1	600	Marcos Francisco de Paula	Individual	Veterano M50	44:35	+05:48	04:28
2	497	FANAN	Metralhas	Veterano M50	53:12	+14:25	05:19
3	615	Mário Luís de Jesus Rodrigues Guimarães	Run Crew Trail Montijo	Veterano M50	53:49	+15:02	05:23
4	632	NUNO MIGUEL SIMÕES MARQUES	Asas nos Pés	Veterano M50	54:20	+15:33	05:26
5	651	Paulo Rodrigues	Serviços Sociais Montepio	Veterano M50	56:13	+17:26	05:37
6	578	Luís Figueiredo	Individual	Veterano M50	56:34	+17:47	05:39
7	753	Carlos Sousa	Individual	Veterano M50	58:03	+19:17	05:48
8	580	Luís Grencho	Serviços Sociais Montepio	Veterano M50	59:22	+20:35	05:56
9	686	Rui César Almeida	Individual	Veterano M50	01:00:09	+21:22	06:01
10	549	João Fernandes	Individual	Veterano M50	01:01:00	+22:13	06:06
11	729	Vincent Farges	Individual	Veterano M50	01:02:35	+23:48	06:16
12	436	António Gonçalves	Individual	Veterano M50	01:04:47	+26:00	06:29
13	561	José Carlos Alves	Individual	Veterano M50	01:04:56	+26:09	06:30
14	626	Miguel Santos	Individual	Veterano M50	01:05:05	+26:18	06:31
15	649	Paulo Gonçalves	Individual	Veterano M50	01:05:19	+26:33	06:32
16	659	PEDRO MANUEL SILVA ANTUNES CANAS	Clube Millennium BCP	Veterano M50	01:06:57	+28:10	06:42
17	579	Luís Filipe Encarnação	Individual	Veterano M50	01:09:54	+31:07	06:59
18	650	Paulo Jorge Reis Santos	Individual	Veterano M50	01:12:39	+33:52	07:16
19	562	José Fernandes	Individual	Veterano M50	01:15:29	+36:43	07:33
20	588	Luis Sequeira Fernandes	Individual	Veterano M50	01:15:30	+36:43	07:33
21	790	José Carlos Mestre Silva	Os Recusas	Veterano M50	01:18:34	+39:47	07:51
22	514	Gabriel Venceslau Branco Carreira	Individual	Veterano M50	01:21:09	+42:22	08:07
23	565	José Luís Lourenço	Os Papa-Trilhos de Moninhos	Veterano M50	01:25:40	+46:53	08:34
24	557	Jorge Manuel dos Santos Luís	Individual	Veterano M50	01:42:03	+01:03:16	10:12

Veterano M55

1	654	Pedro	Individual	Veterano M55	47:42	+08:55	04:46
2	443	Bernardino Ribeiro	MEDRUNNING86	Veterano M55	48:54	+10:07	04:53
3	782	Henrique Rijo	Individual	Veterano M55	48:56	+10:09	04:54
4	566	JOSE MIGUEL VEIGA V PERICAO ALMEIDA	Clube Millennium BCP	Veterano M55	55:24	+16:37	05:32
5	749	José Castro	Individual	Veterano M55	55:35	+16:48	05:34
6	440	Antonio Vaz Oliveira	Individual	Veterano M55	57:50	+19:03	05:47
7	576	Luís Damião	CCD CRÉDITO AGRÍCOLA	Veterano M55	01:03:44	+24:57	06:22

8	656	Pedro Boto	Serviços Sociais Montepio	Veterano M55	01:05:39	+26:52	06:34
9	405	Albino Araújo	Individual	Veterano M55	01:05:58	+27:11	06:36
10	594	MANUEL ANTONIO SEQUEIRA RIBEIRO PEREIRA	Clube Millennium BCP	Veterano M55	01:06:03	+27:16	06:36
11	434	António Barbas	Filsat	Veterano M55	01:06:09	+27:23	06:37
12	445	BRUNO ANTONIO CUNHA POCAS VAZ	Clube Millennium BCP	Veterano M55	01:06:55	+28:08	06:42
13	558	Jorge Manuel Fernandes	Cabrizrun	Veterano M55	01:09:06	+30:19	06:55
14	441	Augusto Verissimo	Individual	Veterano M55	01:09:12	+30:25	06:55
15	547	João Cláudio Esperto	Individual	Veterano M55	01:12:48	+34:02	07:17
16	769	Duarte Porém	INTERMARCHÉ	Veterano M55	01:13:11	+34:24	07:19
17	730	Virgilio Costa	Clube Millennium BCP	Veterano M55	01:13:37	+34:50	07:22
18	636	NUNO VASCO HORTA PINTO ANJOS	Clube Millennium BCP	Veterano M55	01:13:47	+35:00	07:23
19	648	Paulo Barbosa	Individual	Veterano M55	01:14:41	+35:54	07:28
20	689	RUI MARINO GOUVEIA MARTINS	Individual	Veterano M55	01:15:59	+37:12	07:36
21	664	Pedro Vaz	CCD CRÉDITO AGRÍCOLA	Veterano M55	01:16:29	+37:42	07:39
22	511	Francisco Rodrigues	Individual	Veterano M55	01:18:40	+39:53	07:52
23	657	Pedro Fernando dos Reis Moleiro	Individual	Veterano M55	01:21:49	+43:03	08:11
24	407	Álvaro Costa	Individual	Veterano M55	01:34:50	+56:03	09:29
25	653	Paulo Vicente	Individual	Veterano M55	01:40:05	+01:01:19	10:01

Veterano M60

1	567	José Pinto	Individual	Veterano M60	49:42	+10:55	04:58
2	570	JUVENAL MOREIRA	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M60	56:01	+17:14	05:36
3	560	Jorge Narciso	Serviços Sociais Montepio	Veterano M60	57:34	+18:47	05:45
4	432	António Almeida	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M60	57:45	+18:58	05:47
5	652	Paulo Silva	Individual	Veterano M60	57:52	+19:05	05:47
6	500	FERNANDO ALCIDES SILVA GONCALVES RODRIGUES	Clube Millennium BCP	Veterano M60	59:00	+20:13	05:54
7	526	Idilio Freire	Individual	Veterano M60	01:01:27	+22:40	06:09
8	568	José Silva	Individual	Veterano M60	01:02:11	+23:24	06:13
9	614	Mário Lino	Individual	Veterano M60	01:03:14	+24:27	06:19
10	627	Miguel Velez	Individual	Veterano M60	01:05:20	+26:33	06:32
11	794	Luis Tavares	Individual	Veterano M60	01:05:23	+26:36	06:32
12	433	António Antunes	Individual	Veterano M60	01:05:58	+27:11	06:36
13	559	JORGE MOREIRA	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M60	01:08:50	+30:03	06:53
14	439	António Varela	Individual	Veterano M60	01:14:26	+35:40	07:27
15	35	Carlos Jesus	Individual	Veterano M60	01:17:41	+38:55	07:46
16	453	Carlos Graça	Individual	Veterano M60	01:36:39	+57:52	09:40

Veterano M65

1	731	Vitor Pereira	Individual	Veterano M65	58:10	+19:23	05:49

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	563	José Guerreiro	Serviços Sociais Montepio	Veterano M65	59:22	+20:35	05:56
3	687	Rui Gonçalves	Individual	Veterano M65	01:08:31	+29:44	06:51
4	437	António José Gaspar Pombinho	Individual	Veterano M65	01:11:03	+32:16	07:06
5	540	Jean Monnet	Individual	Veterano M65	01:14:27	+35:40	07:27
6	435	António Costa	Individual	Veterano M65	01:27:23	+48:36	08:44

Veterano M70

1	585	Luís Manuel Pinto Bettencourt	GRCD Leião Cobras Trailistas	Veterano M70	01:05:15	+26:28	06:32

TEAM RESULTS - 10KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	SERVIÇOS SOCIAIS MONTEPIO	4 + 16 + 29	49
2	PSP/ UEP- CORPO INTERVENÇÃO	13 + 14 + 33	60
3	CCD CRÉDITO AGRÍCOLA	21 + 37 + 84	142
4	NUCLEO DESPORTIVO AUTOCOOPE	56 + 61 + 67	184
5	STRIX/ PATA NA POÇA	38 + 71 + 120	229
6	CLUBE MILLENNIUM BCP	50 + 82 + 117	249
7	GRUPO DESPORTIVO SANTANDER	157 + 160 + 292	609
8	INTERMARCHÉ	206 + 207 + 248	661
9	NÃO_ESTAVAS_CAPAZ_NÃO_VINHAS	86 + 270 + 307	663
10	OS RECUSAS	252 + 253 + 281	786