TRAIL - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14,9ºC	100%
End	11:04	14,9ºC	100%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	91	Renato Andrade	Team Rena	50:29		03:53	
2	76	Fernando lima	PÉS no Asfalto	51:03	+00:34	03:56	
3	43	Rogério Tavares dos Santos	Individual	52:37	+02:08	04:03	
4	90	João Pedro Soares Ferreira	Team Rena	54:17	+03:48	04:11	
5	65	Filipe Oliveira	Milheirós de Poiares	54:23	+03:54	04:11	
6	16	Ricardo Silva	Caldas de São Jorge Sport Clube	54:30	+04:01	04:12	
7	50	Filipe Almeida	Individual	56:24	+05:55	04:20	
8	42	Ricardo Miguel Martins Gomes	Individual	56:51	+06:22	04:22	
9	19	Rui Lopes Silva	Clube Desportivo Feirense	57:52	+07:23	04:27	
10	104	Rui Pinto	ACDCDSMF os Laranjinhas	58:37	+08:08	04:31	
11	75	João Tavares	PÉS no Asfalto	58:37	+08:08	04:31	
12	69	Fábio Costa	Núcleo de Atletismo de Cucujães	59:01	+08:32	04:32	
13	20	Paulo Jesus	DRAGON CLUB	59:02	+08:33	04:32	
14	79	António Silveira	Pupilos do Zé-Tó	59:30	+09:01	04:35	
15	88	Filipe Monteiro	Team Rena	01:01:29	+11:00	04:44	
16	52	Gabriel Cardoso	Individual	01:02:37	+12:08	04:49	
17	92	Tiago Fonseca	Team Rena	01:02:56	+12:27	04:50	
18	10	Bruno Albergaria	ACDCDSMF os Laranjinhas	01:03:49	+13:20	04:55	
19	110	Leida Bello	Individual	01:03:54	+13:25	04:55	
20	33	Fernando Pacheco	Individual	01:04:00	+13:31	04:55	
21	7	Jorge Silva	A Seita Que Dói Menos	01:04:07	+13:38	04:56	
22	89	Francisco Carvalho	Team Rena	01:04:09	+13:40	04:56	
23	8	Gonçalo Araújo	ACDCDSMF os Laranjinhas	01:04:54	+14:25	05:00	
24	32	Diogo Cruz	Individual	01:05:36	+15:07	05:03	
25	59	José Carlos Sá	Individual	01:05:55	+15:26	05:04	
26	18	Paulo Ferreira	CalPet Run & Ride	01:06:22	+15:53	05:06	
27	706	Simão Ferreira	Individual	01:06:49	+16:20	05:08	
28	17	Sandra Ferreira	CalPet Run & Ride	01:07:15	+16:46	05:10	
29	29	Carlos Eduardo Soares de Seixas	Individual	01:07:26	+16:57	05:11	
30	66	Hélder Teixeira	Milheirós de Poiares	01:07:49	+17:20	05:13	
31	31	Daniel Gomes	Individual	01:08:06	+17:37	05:14	
32	11	José pinho	ACDCDSMF os Laranjinhas	01:08:13	+17:44	05:15	
33	77	José Nuno Lopes Dias Vieira	Pupilos do Zé-Tó	01:08:49	+18:20	05:18	
34	93	Renato Seixas	Team Rena	01:09:34	+19:05	05:21	
35	72	Pedro Martins	Óscar Almeida	01:09:46	+19:17	05:22	
36	68	Mário Oliveira	Milheirós de Poiares	01:09:59	+19:30	05:23	
37	67	Armando Almeida	Milheirós de Poiares	01:10:00	+19:31	05:23	
38	64	FERNANDO OLIVEIRA	JUF ACC	01:10:45	+20:16	05:27	
39	87	Andre Valente	Team Rena	01:12:00	+21:31	05:32	
40	74	Óscar Almeida	Óscar Almeida	01:12:36	+22:07	05:35	
41	9	Sandra Silva	ACDCDSMF os Laranjinhas	01:13:06	+22:37	05:37	
42	44	Tiago Albuquerque	Individual	01:13:24	+22:55	05:39	

TRAIL - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	63	Tiago Sousa	JUF ACC	01:14:15	+23:46	05:43	
44	51	Filipe Ribeiro	Individual	01:15:03	+24:34	05:46	
45	12	César Araújo	ACDCDSMF os Laranjinhas	01:15:32	+25:03	05:49	
46	55	Luís Marques	Individual	01:15:46	+25:17	05:50	
47	82	Rui Pedro Portugal	Pupilos do Zé-Tó	01:15:59	+25:30	05:51	
48	13	Miguel Pereira	ACDCDSMF os Laranjinhas	01:16:36	+26:07	05:54	
49	86	Mariana Magalhães	Team Rena	01:16:44	+26:15	05:54	
50	39	Nelson Pereira	Individual	01:16:59	+26:30	05:55	
51	15	David Cosme	Anti-Social Social Run Club - Canas de Senhorim	01:17:11	+26:42	05:56	
52	37	João Fonseca	Individual	01:18:00	+27:31	06:00	
53	26	André Coelho	Individual	01:18:20	+27:51	06:02	
54	30	Daniel Carvalho	Individual	01:18:25	+27:56	06:02	
55	47	Sónia Oliveira	Individual	01:18:30	+28:01	06:02	
56	23	Cláudia Filipa Santos Silva	Individual	01:19:50	+29:21	06:08	
57	25	Silvia Oliveira	Individual	01:19:57	+29:28	06:09	
58	21	Paulo Jesus	Guisande Trail Running	01:20:27	+29:58	06:11	
59	62	José Santos	Individual	01:20:45	+30:16	06:13	
60	71	Frederico Martins	Óscar Almeida	01:21:19	+30:50	06:15	
61	58	César Sousa	Individual	01:21:29	+31:00	06:16	
62	45	Cristiana Moreira	Individual	01:23:07	+32:38	06:24	
63	84	Ana Pavanita	Team Rena	01:25:49	+35:20	06:36	
64	85	Carolina Leite	Team Rena	01:25:50	+35:21	06:36	
65	28	Bruno Miguel Soares Pereira	Individual	01:26:17	+35:48	06:38	
66	41	RENATO PAIVA FERREIRA	Individual	01:26:38	+36:09	06:40	
67	60	MANUEL FERNANDO MOREIRA FERREIRA	Individual	01:26:44	+36:15	06:40	
68	48	Vera Agostinho	Individual	01:28:19	+37:50	06:48	
69	105	Alberto Alves	Individual	01:28:51	+38:22	06:50	
70	57	Ceferino Almeida	Individual	01:29:00	+38:31	06:51	
71	38	João Pacheco	Individual	01:29:28	+38:59	06:53	
72	36	Henrique Feiteirinha	Individual	01:29:28	+38:59	06:53	
73	49	Ana Ribeiro	Individual	01:30:26	+39:57	06:57	
74	78	Elisio Maia	Pupilos do Zé-Tó	01:33:13	+42:44	07:10	
75	81	Miguel fontes	Pupilos do Zé-Tó	01:33:13	+42:44	07:10	
76	83	Vitor Pereira	Pupilos do Zé-Tó	01:33:14	+42:45	07:10	
77	46	Gisela Avelar	Individual	01:36:18	+45:49	07:24	
78	34	Filipe Coelho	Individual	01:36:30	+46:01	07:25	
79	56	Marco André dos Santos Soares	Individual	01:40:37	+50:08	07:44	
80	22	Bárbara Santos	Individual	01:41:00	+50:31	07:46	
81	54	Joel Jesus	Individual	01:41:01	+50:32	07:46	
82	61	Manuel Paiva	Individual	01:49:26	+58:57	08:25	
83	6	Gil Nunes	1002	02:04:17	+01:13:48	09:34	
84	5	Beatriz Almeida	1002	02:04:17	+01:13:48	09:34	

Trail — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14,9ºC	100%
End	11:04	14,9ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	110	Leida Bello	Individual	Senior Feminino	01:03:54		04:55
2	86	Mariana Magalhães	Team Rena	Senior Feminino	01:16:44	+12:50	05:54
3	23	Cláudia Filipa Santos Silva	Individual	Senior Feminino	01:19:50	+15:56	06:08
4	25	Silvia Oliveira	Individual	Senior Feminino	01:19:57	+16:03	06:09
5	84	Ana Pavanita	Team Rena	Senior Feminino	01:25:49	+21:55	06:36
6	85	Carolina Leite	Team Rena	Senior Feminino	01:25:50	+21:56	06:36
7	22	Bárbara Santos	Individual	Senior Feminino	01:41:00	+37:06	07:46
8	5	Beatriz Almeida	1002	Senior Feminino	02:04:17	+01:00:23	09:34
Senior Masculino							
1	91	Renato Andrade	Team Rena	Senior Masculino	50:29		03:53
2	43	Rogério Tavares dos Santos	Individual	Senior Masculino	52:37	+02:08	04:03
3	90	João Pedro Soares Ferreira	Team Rena	Senior Masculino	54:17	+03:48	04:11
4	42	Ricardo Miguel Martins Gomes	Individual	Senior Masculino	56:51	+06:21	04:22
5	19	Rui Lopes Silva	Clube Desportivo Feirense	Senior Masculino	57:52	+07:23	04:27
6	75	João Tavares	PÉS no Asfalto	Senior Masculino	58:37	+08:08	04:31
7	69	Fábio Costa	Núcleo de Atletismo de Cucujães	Senior Masculino	59:01	+08:32	04:32
8	88	Filipe Monteiro	Team Rena	Senior Masculino	01:01:29	+11:00	04:44
9	92	Tiago Fonseca	Team Rena	Senior Masculino	01:02:56	+12:27	04:50
10	33	Fernando Pacheco	Individual	Senior Masculino	01:04:00	+13:30	04:55
11	7	Jorge Silva	A Seita Que Dói Menos	Senior Masculino	01:04:07	+13:38	04:56
12	89	Francisco Carvalho	Team Rena	Senior Masculino	01:04:09	+13:39	04:56
13	8	Gonçalo Araújo	ACDCDSMF os Laranjinhas	Senior Masculino	01:04:54	+14:24	05:00
14	32	Diogo Cruz	Individual	Senior Masculino	01:05:36	+15:07	05:03
15	706	Simão Ferreira	Individual	Senior Masculino	01:06:49	+16:19	05:08
16	29	Carlos Eduardo Soares de Seixas	Individual	Senior Masculino	01:07:26	+16:56	05:11
17	31	Daniel Gomes	Individual	Senior Masculino	01:08:06	+17:36	05:14
18	87	Andre Valente	Team Rena	Senior Masculino	01:12:00	+21:31	05:32
19	44	Tiago Albuquerque	Individual	Senior Masculino	01:13:24	+22:54	05:39
20	63	Tiago Sousa	JUF ACC	Senior Masculino	01:14:15	+23:46	05:43
21	39	Nelson Pereira	Individual	Senior Masculino	01:16:59	+26:30	05:55
22	37	João Fonseca	Individual	Senior Masculino	01:18:00	+27:31	06:00
23	26	André Coelho	Individual	Senior Masculino	01:18:20	+27:51	06:02
24	30	Daniel Carvalho	Individual	Senior Masculino	01:18:25	+27:55	06:02
25	28	Bruno Miguel Soares Pereira	Individual	Senior Masculino	01:26:17	+35:48	06:38
26	41	RENATO PAIVA FERREIRA	Individual	Senior Masculino	01:26:38	+36:09	06:40
27	105	Alberto Alves	Individual	Senior Masculino	01:28:51	+38:21	06:50
28	38	João Pacheco	Individual	Senior Masculino	01:29:28	+38:59	06:53

Trail — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

29	36	Henrique Feiteirinha	Individual	Senior Masculino	01:29:28	+38:59	06:53
30	34	Filipe Coelho	Individual	Senior Masculino	01:36:30	+46:00	07:25
31	6	Gil Nunes	1002	Senior Masculino	02:04:17	+01:13:47	09:34

Veterana F40

1	9	Sandra Silva	ACDCDSMF os Laranjinhas	Veterana F40	01:13:06		05:37
2	47	Sónia Oliveira	Individual	Veterana F40	01:18:30	+05:24	06:02
3	45	Cristiana Moreira	Individual	Veterana F40	01:23:07	+10:00	06:24
4	48	Vera Agostinho	Individual	Veterana F40	01:28:19	+15:13	06:48
5	46	Gisela Avelar	Individual	Veterana F40	01:36:18	+23:11	07:24

Veterana F50

1	17	Sandra Ferreira	CalPet Run & Ride	Veterana F50	01:07:15		05:10
2	49	Ana Ribeiro	Individual	Veterana F50	01:30:26	+23:11	06:57

Veterano M40

1	65	Filipe Oliveira	Milheirós de Poiares	Veterano M40	54:23		04:11
2	16	Ricardo Silva	Caldas de São Jorge Sport Clube	Veterano M40	54:30	+00:06	04:12
3	50	Filipe Almeida	Individual	Veterano M40	56:24	+02:00	04:20
4	20	Paulo Jesus	DRAGON CLUB	Veterano M40	59:02	+04:38	04:32
5	52	Gabriel Cardoso	Individual	Veterano M40	01:02:37	+08:13	04:49
6	10	Bruno Albergaria	ACDCDSMF os Laranjinhas	Veterano M40	01:03:49	+09:25	04:55
7	18	Paulo Ferreira	CalPet Run & Ride	Veterano M40	01:06:22	+11:58	05:06
8	66	Hélder Teixeira	Milheirós de Poiares	Veterano M40	01:07:49	+13:26	05:13
9	11	José pinho	ACDCDSMF os Laranjinhas	Veterano M40	01:08:13	+13:49	05:15
10	77	José Nuno Lopes Dias Vieira	Pupilos do Zé-Tó	Veterano M40	01:08:49	+14:25	05:18
11	93	Renato Seixas	Team Rena	Veterano M40	01:09:34	+15:10	05:21
12	72	Pedro Martins	Óscar Almeida	Veterano M40	01:09:46	+15:23	05:22
13	64	FERNANDO OLIVEIRA	JUF ACC	Veterano M40	01:10:45	+16:22	05:27
14	51	Filipe Ribeiro	Individual	Veterano M40	01:15:03	+20:39	05:46
15	55	Luís Marques	Individual	Veterano M40	01:15:46	+21:22	05:50
16	15	David Cosme	Anti-Social Social Run Club - Canas de Senhorim	Veterano M40	01:17:11	+22:47	05:56
17	21	Paulo Jesus	Guisande Trail Running	Veterano M40	01:20:27	+26:04	06:11
18	71	Frederico Martins	Óscar Almeida	Veterano M40	01:21:19	+26:55	06:15
19	56	Marco André dos Santos Soares	Individual	Veterano M40	01:40:37	+46:13	07:44
20	54	Joel Jesus	Individual	Veterano M40	01:41:01	+46:37	07:46

Veterano M50

1	76	Fernando lima	PÉS no Asfalto	Veterano M50	51:03		03:56
2	104	Rui Pinto	ACDCDSMF os Laranjinhas	Veterano M50	58:37	+07:34	04:31

Trail

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	79	António Silveira	Pupilos do Zé-Tó	Veterano M50	59:30	+08:26	04:35
4	59	José Carlos Sá	Individual	Veterano M50	01:05:55	+14:51	05:04
5	67	Armando Almeida	Milheirós de Poiares	Veterano M50	01:10:00	+18:56	05:23
6	74	Óscar Almeida	Óscar Almeida	Veterano M50	01:12:36	+21:33	05:35
7	12	César Araújo	ACDCDSMF os Laranjinhas	Veterano M50	01:15:32	+24:28	05:49
8	82	Rui Pedro Portugal	Pupilos do Zé-Tó	Veterano M50	01:15:59	+24:56	05:51
9	13	Miguel Pereira	ACDCDSMF os Laranjinhas	Veterano M50	01:16:36	+25:32	05:54
10	58	César Sousa	Individual	Veterano M50	01:21:29	+30:25	06:16
11	60	MANUEL FERNANDO MOREIRA FERREIRA	Individual	Veterano M50	01:26:44	+35:40	06:40
12	57	Ceferino Almeida	Individual	Veterano M50	01:29:00	+37:56	06:51
13	78	Elisio Maia	Pupilos do Zé-Tó	Veterano M50	01:33:13	+42:09	07:10
14	81	Miguel fontes	Pupilos do Zé-Tó	Veterano M50	01:33:13	+42:10	07:10
15	83	Vitor Pereira	Pupilos do Zé-Tó	Veterano M50	01:33:14	+42:10	07:10
16	61	Manuel Paiva	Individual	Veterano M50	01:49:26	+58:22	08:25

Veterano M60

1	68	Mário Oliveira	Milheirós de Poiares	Veterano M60	01:09:59		05:23
2	62	José Santos	Individual	Veterano M60	01:20:45	+10:46	06:13

TEAM RESULTS - TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	TEAM RENA	1 + 4 + 15 + 17	37
2	ACDCDSMF OS LARANJINHAS	10 + 18 + 23 + 32	83
3	MILHEIRÓS DE POIARES	5 + 30 + 36 + 37	108
4	PUPILOS DO ZÉ-TÓ	14 + 33 + 47 + 74	168