

34KM - STAGE 1
34 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	12,9°C	82%
End	15:27	12,9°C	82%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	32	Rogério Pronto	Clube de Atletismo de Ferreira do Zêzere	03:11:52		05:39	
2	8	Fernando Santos	Arcd Venda Da Luísa	03:28:41	+16:49	06:08	
3	42	Luís Reis	Fátima Trail Team	03:29:04	+17:12	06:09	
4	31	Ivo Fernandes	Clube de Atletismo de Ferreira do Zêzere	03:29:07	+17:15	06:09	
5	4	Gonçalo Fernandes	Agroal Trail Team	03:35:36	+23:44	06:20	
6	80	Jorge Garrido	SARTIM	03:36:17	+24:25	06:22	
7	62	João Pinto	Constância Mountain Runners	03:39:07	+27:15	06:27	
8	22	João Borda d'Água	CASA DO BENFICA EM ABRANTES	03:39:47	+27:55	06:28	
9	34	Luíz Mota	Clube de Atletismo de Ferreira do Zêzere	03:41:15	+29:23	06:30	
10	70	Abel Pires	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	03:41:46	+29:54	06:31	
11	79	Sérgio Gonçalves	RUN 4 FUN	03:41:51	+29:59	06:31	
12	68	Vítor Marques	Individual	03:44:59	+33:07	06:37	
13	37	Lino Guerreiro	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	03:45:23	+33:31	06:38	
14	30	André Rosário	Clube de Atletismo de Ferreira do Zêzere	03:46:32	+34:40	06:40	
15	48	Tiago Pratas	IBEX Trail Team / CA Riachense	03:47:42	+35:50	06:42	
16	47	Paulo Santos	Grupódromo	03:51:27	+39:35	06:48	
17	88	paulo alexandre correia	Trilha Perdido Eventos / Importlux	03:52:07	+40:16	06:50	
18	92	Pedro Martins	OCS - Arrábida Trail Team	03:52:08	+40:16	06:50	
19	44	Miguel Marques	GRUPO DESPORTIVO SANTANDER TOTTA	03:58:58	+47:06	07:02	
20	90	Tiago Nepomuceno	OCS - Arrábida Trail Team	03:59:29	+47:37	07:03	
21	83	Daniel Pais	Team P. Moles	03:59:40	+47:48	07:03	
22	96	Ricardo Vieira	G.R Corredoura	04:00:16	+48:24	07:04	
23	28	Sofia Nunes	Clube de Atletismo de Ferreira do Zêzere	04:02:25	+50:33	07:08	
24	63	Joel Reis	Clube Bairro dos Anjos	04:03:26	+51:34	07:10	
25	52	Joao Domingues	Individual	04:04:39	+52:47	07:12	
26	76	angelo jorge carvalho pedrosa	Juventude Ouriense	04:05:18	+53:26	07:13	
27	43	Pedro Manso	Fátima Trail Team	04:06:15	+54:23	07:15	
28	17	Francisco gaio	Caracol Trail Team	04:06:48	+54:56	07:16	
29	6	Filipe Moleiro	Ama(dores) Trail Team/ACRU	04:08:33	+56:41	07:19	
30	29	Tetyana Vakulyuk	Clube de Atletismo de Ferreira do Zêzere	04:09:32	+57:40	07:20	
31	3	Mário Zarro	Amantes Trail & Run	04:13:12	+01:01:20	07:27	
32	54	José Manuel Sebastião Ribeiro	Individual	04:14:03	+01:02:11	07:28	
33	71	Hugo Machado	THOMAR ATHLETICS	04:14:05	+01:02:13	07:28	
34	65	Pedro Ferreira	SARTIM	04:16:48	+01:04:56	07:33	
35	75	Marco Alves	Juventude Ouriense	04:17:31	+01:05:39	07:34	
36	56	Celina Francisco	Clube Bairro dos Anjos	04:18:04	+01:06:12	07:35	
37	97	Juliana de Sousa Salgueiro	Terrantêz Trail Team	04:24:09	+01:12:17	07:46	
38	82	Bruno Faustino	Team P. Moles	04:24:10	+01:12:18	07:46	
39	89	Vitor Martins	Trilhos do Costume	04:25:49	+01:13:57	07:49	
40	9	Nélia Pedrosa	Bairro dos Anjos	04:29:03	+01:17:11	07:55	

34KM - STAGE 1**34 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	10	Rogério Duarte	Bairro dos Anjos	04:29:08	+01:17:16	07:55	
42	38	Arnaldo Santos	Clube Desportivo de Espite	04:33:34	+01:21:42	08:03	
43	78	Flávio Graça	OS MATRECOS	04:34:31	+01:22:39	08:04	
44	12	Luís Campos	Bairro dos Anjos	04:34:59	+01:23:07	08:05	
45	36	Sergio Pita	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	04:35:23	+01:23:31	08:06	
46	49	Manuela Eduarda Ferreira Mendes	IBEX Trail Team / CA Riachense	04:35:30	+01:23:38	08:06	
47	53	João Pedro Gaião Marques	Individual	04:35:35	+01:23:43	08:06	
48	39	Pedro Marques	COA / CORVUS TRAIL TEAM	04:36:50	+01:24:58	08:09	
49	13	Ricardo Patrício	Boavista Trail	04:37:49	+01:25:57	08:10	
50	19	Hugo Nunes	CASA DO BENFICA EM ABRANTES	04:37:58	+01:26:06	08:11	
51	20	Pedro Assunção	CASA DO BENFICA EM ABRANTES	04:37:59	+01:26:07	08:11	
52	18	André Fernandes	CASA DO BENFICA EM ABRANTES	04:37:59	+01:26:07	08:11	
53	64	Nuno Nunes	Individual	04:38:55	+01:27:03	08:12	
54	84	Carina Rosa	Terrantêz Trail Team	04:39:11	+01:27:19	08:13	
55	86	João Pedro Fialho Carreira	Terrantêz Trail Team	04:39:43	+01:27:51	08:14	
56	87	João Rafael	Terrantêz Trail Team	04:45:04	+01:33:13	08:23	
57	16	Jorge Neves	CAF Trail Team	04:46:07	+01:34:15	08:25	
58	45	Bruno Rito	Grupódromo	04:48:07	+01:36:15	08:28	
59	27	Leonel Campos	CLAC Entroncamento	04:51:20	+01:39:28	08:34	
60	61	Filipe lopes	Individual	04:51:34	+01:39:42	08:35	
61	21	Edgar Gaspar	CASA DO BENFICA EM ABRANTES	04:51:55	+01:40:03	08:35	
62	46	Hugo Basílio	Grupódromo	04:55:24	+01:43:32	08:41	
63	41	Wil Benson	CRCPZ Brasões	05:05:51	+01:53:59	09:00	
64	35	António Lopes	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	05:07:46	+01:55:54	09:03	
65	15	Fábio Rui Vieira Mendes	CAF Trail Team	05:09:33	+01:57:41	09:06	
66	24	Fátima Vassalo	Chamusca Trail	05:10:16	+01:58:24	09:08	
67	91	Jorge Paulino	OCS - Arrábida Trail Team	05:19:31	+02:07:39	09:24	
68	11	Rui Neto	Bairro dos Anjos	05:25:18	+02:13:26	09:34	
69	74	Miguel Pereira Aquino Gonçalves	Juventude Ouriense	05:28:18	+02:16:26	09:39	
70	51	Henrique Viegas	Individual	05:33:23	+02:21:31	09:48	
71	23	Pedro Silva	CASA DO BENFICA EM ABRANTES	05:36:02	+02:24:10	09:53	
72	73	Luis Silva	C.D. "Os Águias" de Alpiarça	05:38:13	+02:26:21	09:57	
73	2	André Pereira	Juventude Ouriense	05:38:13	+02:26:21	09:57	
74	77	Leonel Fernandes	NEXEBRA TRAIL TEAM	05:59:37	+02:47:45	10:35	
75	57	Claudia Pires	Individual	06:12:15	+03:00:23	10:57	
76	59	Isabel Gomes	Individual	06:18:40	+03:06:48	11:08	
77	66	Francisco Barata	Individual	06:44:18	+03:32:26	11:53	
78	72	Agostinho Silva	Individual	06:54:32	+03:42:40	12:12	
79	26	Carlos Sousa	Chamusca Trail	06:54:35	+03:42:43	12:12	

34KM**34 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	12,9°C	82%
End	15:27	12,9°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Masculino

1	48	Tiago Pratas	IBEX Trail Team / CA Riachense	Senior Masculino	03:47:42		06:42
2	83	Daniel Pais	Team P. Moles	Senior Masculino	03:59:40	+11:58	07:03
3	52	Joao Domingues	Individual	Senior Masculino	04:04:39	+16:57	07:12
4	54	José Manuel Sebastião Ribeiro	Individual	Senior Masculino	04:14:03	+26:20	07:28
5	82	Bruno Faustino	Team P. Moles	Senior Masculino	04:24:10	+36:28	07:46
6	53	João Pedro Gaião Marques	Individual	Senior Masculino	04:35:35	+47:53	08:06
7	19	Hugo Nunes	CASA DO BENFICA EM ABRANTES	Senior Masculino	04:37:58	+50:16	08:11
8	20	Pedro Assunção	CASA DO BENFICA EM ABRANTES	Senior Masculino	04:37:59	+50:17	08:11
9	74	Miguel Pereira Aquino Gonçalves	Juventude Ouriense	Senior Masculino	05:28:18	+01:40:36	09:39
10	51	Henrique Viegas	Individual	Senior Masculino	05:33:23	+01:45:41	09:48

Sub 23 Masculino

1	18	André Fernandes	CASA DO BENFICA EM ABRANTES	Sub 23 Masculino	04:37:59		08:11
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Veterana F35

1	56	Celina Francisco	Clube Bairro dos Anjos	Veterana F35	04:18:04		07:35
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Veterana F40

1	28	Sofia Nunes	Clube de Atletismo de Ferreira do Zézere	Veterana F40	04:02:25		07:08
2	97	Juliana de Sousa Salgueiro	Terrantêz Trail Team	Veterana F40	04:24:09	+21:44	07:46
3	57	Claudia Pires	Individual	Veterana F40	06:12:15	+02:09:50	10:57

Veterana F45

1	29	Tetyana Vakulyuk	Clube de Atletismo de Ferreira do Zézere	Veterana F45	04:09:32		07:20
2	9	Nélia Pedrosa	Bairro dos Anjos	Veterana F45	04:29:03	+19:30	07:55
3	49	Manuela Eduarda Ferreira Mendes	IBEX Trail Team / CA Riachense	Veterana F45	04:35:30	+25:57	08:06
4	84	Carina Rosa	Terrantêz Trail Team	Veterana F45	04:39:11	+29:39	08:13

34KM

34 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	21	Edgar Gaspar	CASA DO BENFICA EM ABRANTES	Veterano M40	04:51:55	+01:40:02	08:35
12	66	Francisco Barata	Individual	Veterano M40	06:44:18	+03:32:26	11:53

Veterano M45

1	42	Luís Reis	Fátima Trail Team	Veterano M45	03:29:04		06:09
2	79	Sérgio Gonçalves	RUN 4 FUN	Veterano M45	03:41:51	+12:46	06:31
3	47	Paulo Santos	Grupódromo	Veterano M45	03:51:27	+22:23	06:48
4	3	Mário Zarro	Amantes Trail & Run	Veterano M45	04:13:12	+44:07	07:27
5	10	Rogério Duarte	Bairro dos Anjos	Veterano M45	04:29:08	+01:00:04	07:55
6	38	Arnaldo Santos	Clube Desportivo de Espite	Veterano M45	04:33:34	+01:04:30	08:03
7	36	Sergio Pita	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M45	04:35:23	+01:06:18	08:06
8	39	Pedro Marques	COA / CORVUS TRAIL TEAM	Veterano M45	04:36:50	+01:07:46	08:09
9	13	Ricardo Patrício	Boavista Trail	Veterano M45	04:37:49	+01:08:45	08:10
10	46	Hugo Basílio	Grupódromo	Veterano M45	04:55:24	+01:26:20	08:41
11	11	Rui Neto	Bairro dos Anjos	Veterano M45	05:25:18	+01:56:14	09:34
12	2	André Pereira	Juventude Ouriense	Veterano M45	05:38:13	+02:09:09	09:57

Veterano M50

1	70	Abel Pires	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M50	03:41:46		06:31
2	37	Lino Guerreiro	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M50	03:45:23	+03:37	06:38
3	44	Miguel Marques	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M50	03:58:58	+17:11	07:02
4	43	Pedro Manso	Fátima Trail Team	Veterano M50	04:06:15	+24:28	07:15
5	71	Hugo Machado	THOMAR ATHLETICS	Veterano M50	04:14:05	+32:18	07:28
6	12	Luís Campos	Bairro dos Anjos	Veterano M50	04:34:59	+53:13	08:05
7	91	Jorge Paulino	OCS - Arrábida Trail Team	Veterano M50	05:19:31	+01:37:44	09:24
8	23	Pedro Silva	CASA DO BENFICA EM ABRANTES	Veterano M50	05:36:02	+01:54:15	09:53

Veterano M55

1	34	Luiz Mota	Clube de Atletismo de Ferreira do Zézere	Veterano M55	03:41:15		06:30
2	89	Vitor Martins	Trilhos do Costume	Veterano M55	04:25:49	+44:34	07:49
3	73	Luis Silva	C.D. "Os Águias" de Alpiarça	Veterano M55	05:38:13	+01:56:57	09:57
4	72	Agostinho Silva	Individual	Veterano M55	06:54:32	+03:13:16	12:12
5	26	Carlos sousa	Chamusca Trail	Veterano M55	06:54:35	+03:13:20	12:12

Veterano M60

1	88	paulo alexandre correia	Trilho Perdido Eventos / Imporlux	Veterano M60	03:52:07		06:50
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Official Timekeeper: Lap2Go	3 / 4	generate 17-mai.-2026 15:27
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34KM

34 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	17	Francisco gaio	Caracol Trail Team	Veterano M60	04:06:48	+14:40	07:16
3	27	Leonel Campos	CLAC Entroncamento	Veterano M60	04:51:20	+59:12	08:34
4	77	Leonel Fernandes	NEXEBRA TRAIL TEAM	Veterano M60	05:59:37	+02:07:29	10:35

TEAM RESULTS - 34KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DE ATLETISMO DE FERREIRA DO ZÉZERE	1 + 4 + 9	14
2	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	10 + 13 + 45	68
3	OCS - ARRÁBIDA TRAIL TEAM	18 + 20 + 67	105
4	CASA DO BENFICA EM ABRANTES	8 + 50 + 51	109
5	BAIRRO DOS ANJOS	40 + 41 + 44	125
6	JUVENTUDE OURIENSE	26 + 35 + 69	130
7	GRUPÓDROMO	16 + 58 + 62	136
8	TERRANTÊZ TRAIL TEAM	37 + 54 + 55	146

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	13°C	82%
End	13:43	13°C	82%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	720	Mário Coelho	Clube Desportivo em Movimento	01:42:32		05:08	
2	508	Patricio Gaspar	Ama(dores) Trail Team/ACRU	01:48:34	+06:02	05:26	
3	551	Joke Descheemaeker	Clube de Atletismo de Ferreira do Zêzere	01:51:50	+09:18	05:36	
4	533	Tiago Fernandes	CASA DO BENFICA EM ABRANTES	01:55:51	+13:19	05:48	
5	7	Cláudio Bica	Clube Desportivo em Movimento	01:58:28	+15:56	05:55	
6	530	Ricardo Justo	CASA DO BENFICA EM ABRANTES	01:58:57	+16:25	05:57	
7	575	Ricardo Antunes	Grupódromo	01:59:32	+17:00	05:59	
8	576	João Ferreira	Grupódromo	01:59:41	+17:09	05:59	
9	567	Ricardo Vitorino	Fátima Trail Team	01:59:47	+17:15	05:59	
10	691	Rodrigo Arsenio	Team P. Moles	01:59:50	+17:18	05:59	
11	630	Paulo Oliveira	Ama(dores) Trail Team/ACRU	02:00:44	+18:12	06:02	
12	557	Rui Pereira	Clube Escola do Estreito	02:03:48	+21:16	06:11	
13	563	Manuel Conde Cruz	CONDÓPTICA	02:04:05	+21:33	06:12	
14	679	Miguel Mourão	SCOCS - Sport Clube Operário de Cem Soldos	02:04:13	+21:41	06:13	
15	617	Gonçalo Dias	Individual	02:04:25	+21:53	06:13	
16	616	Cláudio Silva	THOMAR ATHLETICS	02:06:18	+23:46	06:19	
17	724	Bruno Morgado	Clube Desportivo de Espite	02:06:40	+24:08	06:20	
18	33	Hélder Pereira	Clube de Atletismo de Ferreira do Zêzere	02:06:54	+24:22	06:21	
19	507	Ivo Oliveira	Ama(dores) Trail Team/ACRU	02:07:16	+24:44	06:22	
20	560	Tiago Silva	Clube Gavionense running	02:07:55	+25:23	06:24	
21	712	André Martins	Trilhos dos Templários / ACR Santa Cita	02:08:38	+26:06	06:26	
22	556	PETER GAME	Clube Desportivo em Movimento	02:09:14	+26:42	06:28	
23	509	Tiago Silva	Ama(dores) Trail Team/ACRU	02:11:04	+28:32	06:33	
24	552	Ricardo Gonçalves das Neves	Clube de Atletismo de Ferreira do Zêzere	02:12:07	+29:35	06:36	
25	706	Luís Sousa	THOMAR ATHLETICS	02:12:33	+30:01	06:38	
26	623	Tiago Fernandes	Clube de Atletismo de Ferreira do Zêzere	02:13:10	+30:38	06:39	
27	672	António Maia	SARTIM	02:14:39	+32:07	06:44	
28	534	Cláudio Tomás	CASA DO BENFICA EM ABRANTES	02:15:06	+32:34	06:45	
29	574	Sónia Ribeiro	Grupódromo	02:15:18	+32:46	06:46	
30	680	Pedro Lopes	SCOCS - Sport Clube Operário de Cem Soldos	02:16:24	+33:52	06:49	
31	614	Agostinho Pereira	Individual	02:18:07	+35:35	06:54	
32	510	Tiago Simoes	Ama(dores) Trail Team/ACRU	02:18:25	+35:53	06:55	
33	636	JOÃO SANTOS	Individual	02:18:53	+36:21	06:57	
34	535	João Paulo Jacinto	CASA DO BENFICA EM ABRANTES	02:18:55	+36:23	06:57	
35	725	Paulo Batista	CASA DO BENFICA EM ABRANTES	02:19:00	+36:28	06:57	
36	618	Gonçalo Frazão	Individual	02:19:01	+36:29	06:57	
37	653	Francisco da Silva Batista Pereira	Juventude Ouriense	02:19:20	+36:48	06:58	
38	543	Frederico Constantino	CLAC Entroncamento	02:19:33	+37:01	06:59	
39	709	Duarte Trindade	Trilhos cdp	02:19:59	+37:27	07:00	
40	670	Daniel Costa	SARTIM	02:20:01	+37:29	07:00	
41	638	Luis lopes	Individual	02:20:36	+38:04	07:02	
42	583	Rúben Aleixo	Individual	02:20:45	+38:13	07:02	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	519	Luis Monteiro	Amr Trail Team	02:21:34	+39:02	07:05	
44	550	Cristina Mendes	Clube de Atletismo de Ferreira do Zêzere	02:21:35	+39:03	07:05	
45	711	João Proença	Trilhos dos Templários / ACR Santa Cita	02:21:57	+39:25	07:06	
46	520	João Diogo Lopes de Almeida	Associação Hélio Fumo	02:21:57	+39:25	07:06	
47	554	Filip Descheemaeker	Clube de Atletismo de Ferreira do Zêzere	02:22:01	+39:29	07:06	
48	587	Afonso Marques	Individual	02:22:28	+39:56	07:07	
49	582	Pedro Martins	Individual	02:22:36	+40:04	07:08	
50	650	Luís Pimenta	Juventude Ouriense	02:22:54	+40:23	07:09	
51	640	Filipe neves	Individual	02:23:24	+40:52	07:10	
52	505	Patrícia Roque	Alcanena trail team	02:23:25	+40:53	07:10	
53	571	Horácio Barata	Grupo desportivo do Cabril	02:24:59	+42:27	07:15	
54	634	Sérgio Manuel Bento Lopes	Individual	02:25:25	+42:53	07:16	
55	568	Nelson Ribeiro Costa	Fátima Trail Team	02:26:02	+43:30	07:18	
56	633	Sérgio gameiro	Individual	02:27:43	+45:11	07:23	
57	628	Nuno Arnauth	Individual	02:28:43	+46:11	07:26	
58	531	Ana Damas	CASA DO BENFICA EM ABRANTES	02:28:43	+46:11	07:26	
59	511	Miguel Ribeiro Lopes	Ama(dores) Trail Team/ACRU	02:28:45	+46:13	07:26	
60	681	Bruno Pires	SCOCS - Sport Clube Operário de Cem Soldos	02:29:19	+46:47	07:28	
61	651	Frederico Reis	Juventude Ouriense	02:29:28	+46:56	07:28	
62	677	Tiago Joaquim	SCFZ Trail Runners	02:29:53	+47:21	07:30	
63	635	Hilário Louro	Individual	02:29:57	+47:25	07:30	
64	675	Pedro Alexandre Ramalho Mendes	SCFZ Trail Runners	02:30:02	+47:30	07:30	
65	596	Vânia Mourato	Individual	02:30:07	+47:35	07:30	
66	693	Ricardo Santos	Team P. Moles	02:30:17	+47:45	07:31	
67	512	Frederico Neves	Ama(dores) Trail Team/ACRU	02:30:27	+47:55	07:31	
68	703	Andreas Frank	THOMAR ATHLETICS	02:30:59	+48:27	07:33	
69	569	VITOR NEVES	Fátima Trail Team	02:31:11	+48:39	07:34	
70	589	Tomás Rei	Individual	02:31:12	+48:40	07:34	
71	622	Pedro Pereira	Individual	02:31:18	+48:46	07:34	
72	518	Mário Caridade	Amr Trail Team	02:31:35	+49:03	07:35	
73	707	Luís Marques	Tramagal Sport União	02:31:59	+49:27	07:36	
74	648	Carlos Gonçalves	Juventude Ouriense	02:32:38	+50:06	07:38	
75	547	Carlos Sequeira	CLAC Entroncamento	02:32:44	+50:12	07:38	
76	502	Carlos Duarte	100 Gás Trail Team	02:32:48	+50:16	07:38	
77	663	Daniel Alho	Papa Figos Team	02:33:25	+50:53	07:40	
78	692	João Ricardo Gouveia	Team P. Moles	02:34:37	+52:05	07:44	
79	719	Flávio lopes Francisco	United Warriors	02:34:55	+52:23	07:45	
80	701	Fátima Duarte	THOMAR ATHLETICS	02:34:56	+52:24	07:45	
81	667	Maria Sousa	SARTIM	02:34:57	+52:25	07:45	
82	503	Pedro Belas	Adega Taurina Running	02:35:32	+53:00	07:47	
83	601	Judith Ribeiro	Individual	02:36:05	+53:33	07:48	
84	705	Luis Nunes	THOMAR ATHLETICS	02:36:29	+53:57	07:49	
85	537	Rui Branco	CDRConcavada Running	02:36:41	+54:09	07:50	
86	544	Rita Ventura	CLAC Entroncamento	02:37:29	+54:57	07:52	
87	718	Francisco Farinha	Turbo-lentos	02:38:38	+56:06	07:56	
88	513	Jorge Rodrigues	Ama(dores) Trail Team/ACRU	02:39:36	+57:04	07:59	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	597	Cláudia Cordeiro	Individual	03:04:47	+01:22:15	09:14	
136	572	Maria Pinho	Grupo Desportivo do Pinheiro Grande	03:06:00	+01:23:28	09:18	
137	611	Nuno Galhardas	Individual	03:06:00	+01:23:28	09:18	
138	522	Marta Pereira	Bairro dos Anjos	03:06:41	+01:24:09	09:20	
139	656	Tiago Faria	Juventude Ouriense	03:06:53	+01:24:21	09:21	
140	585	Tjerk Schuurmans	Individual	03:06:54	+01:24:22	09:21	
141	524	Elsa Fajardo	Bairro dos Anjos	03:07:08	+01:24:36	09:21	
142	545	Teresa Ventura	CLAC Entroncamento	03:08:15	+01:25:43	09:25	
143	662	Paulo Cesário	Os Empata	03:08:17	+01:25:45	09:25	
144	600	Sofia galinha	Individual	03:08:48	+01:26:16	09:26	
145	608	Fábio Oliveira	Individual	03:10:07	+01:27:35	09:30	
146	715	Jorge Nunes	Trilhos dos Templários / ACR Santa Cita	03:10:37	+01:28:05	09:32	
147	549	Manuel Julio	CLAC Entroncamento	03:11:04	+01:28:32	09:33	
148	603	Anastácia Correia	Individual	03:11:24	+01:28:52	09:34	
149	590	Ana Neves	Individual	03:11:32	+01:29:00	09:35	
150	621	Nuno Marques	Individual	03:12:11	+01:29:39	09:37	
151	580	Leonardo da Silva	Individual	03:12:26	+01:29:54	09:37	
152	566	Sónia Cordeiro	Eagle Box	03:12:38	+01:30:06	09:38	
153	532	Valérie dos Santos	CASA DO BENFICA EM ABRANTES	03:13:11	+01:30:39	09:40	
154	641	Joaquim Cascalheira	Individual	03:13:31	+01:30:59	09:41	
155	579	João Rodrigo Correia Quintal	Individual	03:13:42	+01:31:10	09:41	
156	581	Pedro Coelho	Individual	03:13:42	+01:31:10	09:41	
157	606	Fernanda Pratas	COA / CORVUS TRAIL TEAM	03:14:07	+01:31:35	09:42	
158	721	Sónia Cardoso	Terrantêz Trail Team	03:14:26	+01:31:54	09:43	
159	586	Matilde Simões	Individual	03:19:15	+01:36:43	09:58	
160	694	Sandra Santos	Team Santos Trail Running	03:20:33	+01:38:01	10:02	
161	673	Andreia Ribeiro	SCFZ Trail Runners	03:20:42	+01:38:10	10:02	
162	645	Ana Margarida Correia Tomaz	Juventude Ouriense	03:23:09	+01:40:37	10:09	
163	684	Paula Ribeiro	Tálenos Team	03:26:10	+01:43:38	10:18	
164	558	Rodrigo Calado	Clube Gavionense running	03:27:24	+01:44:52	10:22	
165	514	Clara cordeiro	Amantes Trail & Run	03:32:22	+01:49:50	10:37	
166	548	Pedro Carmo	CLAC Entroncamento	03:32:39	+01:50:07	10:38	
167	546	Ana Carmo	CLAC Entroncamento	03:32:40	+01:50:08	10:38	
168	529	Carlos Antunes	SCFZ Trail Runners	03:33:34	+01:51:02	10:41	
169	686	Cremilde Raposo	Tálenos Team	03:33:56	+01:51:24	10:42	
170	685	Graça Gonçalves	Tálenos Team	03:33:56	+01:51:24	10:42	
171	526	Virginia Silva	C.D. "Os Águias" de Alpiarça	03:34:33	+01:52:01	10:44	
172	698	Sergio Lopes	Terrantêz Trail Team	03:34:51	+01:52:19	10:45	
173	674	André Teles Lopes	SCFZ Trail Runners	03:35:24	+01:52:52	10:46	
174	713	Renato André	Trilhos dos Templários / ACR Santa Cita	03:38:15	+01:55:43	10:55	
175	717	Marco Soares	Trilhos dos Templários / ACR Santa Cita	03:38:16	+01:55:44	10:55	
176	665	Sandra Correia	Sandra Correia	03:41:43	+01:59:11	11:05	
177	697	Helena Pedradas	Terrantêz Trail Team	03:45:28	+02:02:56	11:16	
178	541	Luís Pimentel	Chamusca Trail	03:47:08	+02:04:36	11:21	
179	604	Jacinta Almeida	Individual	03:47:59	+02:05:27	11:24	
180	578	Gabriela Pereira	Individual	03:50:28	+02:07:56	11:31	

20KM - STAGE 1

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	649	Tiago Vieira	Juventude Ouriense	03:52:02	+02:09:30	11:36	
182	696	Olinda Serrador	Terrantéz Trail Team	03:52:37	+02:10:05	11:38	
183	538	Angela Tavares	Chamusca Trail	04:01:32	+02:19:00	12:05	
184	539	Cirino Lourenço	Chamusca Trail	04:01:33	+02:19:01	12:05	
185	593	Inês Barata	Individual	04:16:22	+02:33:50	12:49	
186	565	Antonio Martins	Corridas no Terreno	04:38:47	+02:56:15	13:56	
187	564	Janilce Negrão	Corridas no Terreno	04:38:47	+02:56:15	13:56	
188	562	Paula Pedro	COA / CORVUS TRAIL TEAM	04:40:44	+02:58:12	14:02	
189	501	Carla Silvério	100 Gás Trail Team	04:40:44	+02:58:12	14:02	
190	1	Otília Vedor	Chamusca Trail	04:40:45	+02:58:13	14:02	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	13°C	82%
End	13:43	13°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	551	Joke Descheemaeker	Clube de Atletismo de Ferreira do Zézere	Senior Feminino	01:51:50		05:36
2	550	Cristina Mendes	Clube de Atletismo de Ferreira do Zézere	Senior Feminino	02:21:35	+29:44	07:05
3	646	Megane Silva	Juventude Ouriense	Senior Feminino	02:49:36	+57:45	08:29
4	647	Rita Santos	Juventude Ouriense	Senior Feminino	02:50:38	+58:47	08:32
5	577	Francisca Duarte	IBEX Trail Team / CA Riachense	Senior Feminino	03:01:12	+01:09:21	09:04
6	572	Maria Pinho	Grupo Desportivo do Pinheiro Grande	Senior Feminino	03:06:00	+01:14:10	09:18
7	522	Marta Pereira	Bairro dos Anjos	Senior Feminino	03:06:41	+01:14:50	09:20
8	673	Andreia Ribeiro	SCFZ Trail Runners	Senior Feminino	03:20:42	+01:28:51	10:02
9	645	Ana Margarida Correia Tomaz	Juventude Ouriense	Senior Feminino	03:23:09	+01:31:18	10:09
10	578	Gabriela Pereira	Individual	Senior Feminino	03:50:28	+01:58:37	11:31

Senior Masculino

1	7	Cláudio Bica	Clube Desportivo em Movimento	Senior Masculino	01:58:28		05:55
2	557	Rui Pereira	Clube Escola do Estreito	Senior Masculino	02:03:48	+05:20	06:11
3	679	Miguel Mourão	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	02:04:13	+05:45	06:13
4	507	Ivo Oliveira	Ama(dores) Trail Team/ACRU	Senior Masculino	02:07:16	+08:48	06:22
5	509	Tiago Silva	Ama(dores) Trail Team/ACRU	Senior Masculino	02:11:04	+12:36	06:33
6	680	Pedro Lopes	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	02:16:24	+17:56	06:49
7	510	Tiago Simoes	Ama(dores) Trail Team/ACRU	Senior Masculino	02:18:25	+19:57	06:55
8	543	Frederico Constantino	CLAC Entroncamento	Senior Masculino	02:19:33	+21:04	06:59
9	583	Rúben Aleixo	Individual	Senior Masculino	02:20:45	+22:17	07:02
10	711	João Proença	Trilhos dos Templários / ACR Santa Cita	Senior Masculino	02:21:57	+23:29	07:06
11	582	Pedro Martins	Individual	Senior Masculino	02:22:36	+24:08	07:08
12	675	Pedro Alexandre Ramalho Mendes	SCFZ Trail Runners	Senior Masculino	02:30:02	+31:34	07:30
13	648	Carlos Gonçalves	Juventude Ouriense	Senior Masculino	02:32:38	+34:10	07:38
14	537	Rui Branco	CDRConcavada Running	Senior Masculino	02:36:41	+38:13	07:50
15	584	Sebastião Soares	Individual	Senior Masculino	02:46:28	+48:00	08:19
16	666	Afonso Arinto	SARTIM	Senior Masculino	02:49:19	+50:51	08:28
17	585	Tjerk Schuurmans	Individual	Senior Masculino	03:06:54	+01:08:26	09:21
18	580	Leonardo da Silva	Individual	Senior Masculino	03:12:26	+01:13:58	09:37
19	579	João Rodrigo Correia Quintal	Individual	Senior Masculino	03:13:42	+01:15:13	09:41
20	581	Pedro Coelho	Individual	Senior Masculino	03:13:42	+01:15:14	09:41
21	674	André Teles Lopes	SCFZ Trail Runners	Senior Masculino	03:35:24	+01:36:56	10:46

Official Timekeeper: Lap2Go	1 / 7	generate 17-mai.-2026 15:27
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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

22	649	Tiago Vieira	Juventude Ouriense	Senior Masculino	03:52:02	+01:53:34	11:36
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Sub 23 Feminino

1	544	Rita Ventura	CLAC Entroncamento	Sub 23 Feminino	02:37:29		07:52
2	586	Matilde Simões	Individual	Sub 23 Feminino	03:19:15	+41:45	09:58

Sub 23 Masculino

1	530	Ricardo Justo	CASA DO BENFICA EM ABRANTES	Sub 23 Masculino	01:58:57		05:57
2	691	Rodrigo Arsenio	Team P. Moles	Sub 23 Masculino	01:59:50	+00:53	05:59
3	563	Manuel Conde Cruz	CONDÓPTICA	Sub 23 Masculino	02:04:05	+05:08	06:12
4	587	Afonso Marques	Individual	Sub 23 Masculino	02:22:28	+23:30	07:07
5	650	Luís Pimenta	Juventude Ouriense	Sub 23 Masculino	02:22:54	+23:57	07:09
6	589	Tomás Rei	Individual	Sub 23 Masculino	02:31:12	+32:15	07:34
7	558	Rodrigo Calado	Clube Gavionense running	Sub 23 Masculino	03:27:24	+01:28:27	10:22

Veterana F35

1	590	Ana Neves	Individual	Veterana F35	03:11:32		09:35
2	538	Angela Tavares	Chamusca Trail	Veterana F35	04:01:32	+49:59	12:05

Veterana F40

1	574	Sónia Ribeiro	Grupódromo	Veterana F40	02:15:18		06:46
2	505	Patrícia Roque	Alcanena trail team	Veterana F40	02:23:25	+08:07	07:10
3	531	Ana Damas	CASA DO BENFICA EM ABRANTES	Veterana F40	02:28:43	+13:25	07:26
4	596	Vânia Mourato	Individual	Veterana F40	02:30:07	+14:49	07:30
5	667	Maria Sousa	SARTIM	Veterana F40	02:34:57	+19:38	07:45
6	592	Francisca Silva	Individual	Veterana F40	02:40:17	+24:58	08:01
7	523	Mercês Guarda	Bairro dos Anjos	Veterana F40	02:55:35	+40:17	08:47
8	700	Ana Gracio	THOMAR ATHLETICS	Veterana F40	02:56:34	+41:16	08:50
9	595	Tatiana Iria	Individual	Veterana F40	03:04:04	+48:46	09:12
10	594	Liliana Gomes	Individual	Veterana F40	03:04:13	+48:55	09:13
11	545	Teresa Ventura	CLAC Entroncamento	Veterana F40	03:08:15	+52:57	09:25
12	532	Valérie dos Santos	CASA DO BENFICA EM ABRANTES	Veterana F40	03:13:11	+57:53	09:40
13	593	Inês Barata	Individual	Veterana F40	04:16:22	+02:01:03	12:49

Veterana F45

1	668	Ana Barata	SARTIM	Veterana F45	02:44:06		08:12
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20KM

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	669	Patrícia Pato	SARTIM	Veterana F45	03:02:19	+18:13	09:07
3	597	Cláudia Cordeiro	Individual	Veterana F45	03:04:47	+20:41	09:14
4	566	Sónia Cordeiro	Eagle Box	Veterana F45	03:12:38	+28:32	09:38
5	721	Sónia Cardoso	Terrantéz Trail Team	Veterana F45	03:14:26	+30:20	09:43
6	546	Ana Carmo	CLAC Entroncamento	Veterana F45	03:32:40	+48:34	10:38
7	562	Paula Pedro	COA / CORVUS TRAIL TEAM	Veterana F45	04:40:44	+01:56:38	14:02
8	501	Carla Silvério	100 Gás Trail Team	Veterana F45	04:40:44	+01:56:38	14:02

Veterana F50

1	524	Elsa Fajardo	Bairro dos Anjos	Veterana F50	03:07:08		09:21
2	600	Sofia galinha	Individual	Veterana F50	03:08:48	+01:40	09:26
3	694	Sandra Santos	Team Santos Trail Running	Veterana F50	03:20:33	+13:24	10:02
4	684	Paula Ribeiro	Tálenos Team	Veterana F50	03:26:10	+19:01	10:18
5	514	Clara cordeiro	Amantes Trail & Run	Veterana F50	03:32:22	+25:13	10:37
6	1	Otilia Vedor	Chamusca Trail	Veterana F50	04:40:45	+01:33:36	14:02

Veterana F55

1	701	Fátima Duarte	THOMAR ATHLETICS	Veterana F55	02:34:56		07:45
2	601	Judith Ribeiro	Individual	Veterana F55	02:36:05	+01:08	07:48
3	540	Ana Margarida	CCD O Alvitejo	Veterana F55	02:55:02	+20:05	08:45
4	542	Glória Ferreira	Chitas de Alcobaça	Veterana F55	02:58:41	+23:44	08:56
5	602	Raquel Correia	COA / CORVUS TRAIL TEAM	Veterana F55	02:59:53	+24:56	09:00
6	685	Graça Gonçalves	Tálenos Team	Veterana F55	03:33:56	+58:59	10:42
7	526	Virginia Silva	C.D. "Os Águias" de Alpiarça	Veterana F55	03:34:33	+59:36	10:44
8	665	Sandra Correia	Sandra Correia	Veterana F55	03:41:43	+01:06:46	11:05
9	696	Olinda Serrador	Terrantéz Trail Team	Veterana F55	03:52:37	+01:17:40	11:38

Veterana F60

1	605	Maria João Anastácio	Individual	Veterana F60	02:54:11		08:43
2	603	Anastácia Correia	Individual	Veterana F60	03:11:24	+17:12	09:34
3	686	Cremilde Raposo	Tálenos Team	Veterana F60	03:33:56	+39:44	10:42
4	604	Jacinta Almeida	Individual	Veterana F60	03:47:59	+53:47	11:24
5	564	Janilce Negrão	Corridas no Terreno	Veterana F60	04:38:47	+01:44:36	13:56

Veterana F65

1	606	Fernanda Pratas	COA / CORVUS TRAIL TEAM	Veterana F65	03:14:07		09:42
2	697	Helena Pedradas	Terrantéz Trail Team	Veterana F65	03:45:28	+31:21	11:16

20KM

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	554	Filip Descheemaeker	Clube de Atletismo de Ferreira do Zézere	Veterano M50	02:22:01	+12:47	07:06
7	568	Nelson Ribeiro Costa	Fátima Trail Team	Veterano M50	02:26:02	+16:47	07:18
8	635	Hilário Louro	Individual	Veterano M50	02:29:57	+20:42	07:30
9	705	Luis Nunes	THOMAR ATHLETICS	Veterano M50	02:36:29	+27:15	07:49
10	637	José Miguel Lopes Santos Caetano	Individual	Veterano M50	02:46:16	+37:02	08:19
11	714	Alexandre Vaqueiro	Trilhos dos Templários / ACR Santa Cita	Veterano M50	02:52:44	+43:30	08:38
12	710	Tiago Costa	Trilhos do Costume	Veterano M50	02:58:16	+49:02	08:55
13	715	Jorge Nunes	Trilhos dos Templários / ACR Santa Cita	Veterano M50	03:10:37	+01:01:22	09:32
14	717	Marco Soares	Trilhos dos Templários / ACR Santa Cita	Veterano M50	03:38:16	+01:29:02	10:55

Veterano M55

1	535	João Paulo Jacinto	CASA DO BENFICA EM ABRANTES	Veterano M55	02:18:55		06:57
2	725	Paulo Batista	CASA DO BENFICA EM ABRANTES	Veterano M55	02:19:00	+00:05	06:57
3	640	Filipe neves	Individual	Veterano M55	02:23:24	+04:28	07:10
4	707	Luís Marques	Tramagal Sport União	Veterano M55	02:31:59	+13:04	07:36
5	502	Carlos Duarte	100 Gás Trail Team	Veterano M55	02:32:48	+13:53	07:38
6	513	Jorge Rodrigues	Ama(dores) Trail Team/ACRU	Veterano M55	02:39:36	+20:40	07:59
7	659	Manuel Silva	Manuel Silva	Veterano M55	02:43:44	+24:48	08:11
8	695	Jorge Santos	Team Santos Trail Running	Veterano M55	02:45:47	+26:51	08:17
9	688	Paulo Rijo	Tálenos Team	Veterano M55	02:48:30	+29:34	08:26
10	642	Vitor Baltazar	Individual	Veterano M55	03:00:21	+41:25	09:01
11	641	Joaquim Cascalheira	Individual	Veterano M55	03:13:31	+54:35	09:41
12	529	Carlos Antunes	SCFZ Trail Runners	Veterano M55	03:33:34	+01:14:38	10:41

Veterano M60

1	571	Horácio Barata	Grupo desportivo do Cabril	Veterano M60	02:24:59		07:15
2	569	VITOR NEVES	Fátima Trail Team	Veterano M60	02:31:11	+06:11	07:34
3	643	Vitor Reis	Serra D Aire Trail Team	Veterano M60	02:55:01	+30:01	08:45
4	662	Paulo Cesário	Os Empata	Veterano M60	03:08:17	+43:18	09:25

Veterano M65

1	689	José Raposo	Tálenos Team	Veterano M65	02:42:04		08:06
2	644	Helder DJPaulo	Individual	Veterano M65	02:59:28	+17:23	08:58
3	549	Manuel Julio	CLAC Entroncamento	Veterano M65	03:11:04	+28:59	09:33
4	541	Luís Pimentel	Chamusca Trail	Veterano M65	03:47:08	+01:05:03	11:21
5	565	Antonio Martins	Corridas no Terreno	Veterano M65	04:38:47	+01:56:42	13:56

TEAM RESULTS - 20KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO EM MOVIMENTO	1 + 5 + 22	28
2	AMA(DORES) TRAIL TEAM/ACRU	2 + 11 + 19	32
3	CASA DO BENFICA EM ABRANTES	4 + 6 + 28	38
4	GRUPÓDROMO	7 + 8 + 29	44
5	CLUBE DE ATLETISMO DE FERREIRA DO ZÉZERE	3 + 18 + 24	45
6	SCOCS - SPORT CLUBE OPERÁRIO DE CEM SOLDOS	14 + 30 + 60	104
7	THOMAR ATHLETICS	16 + 25 + 68	109
8	FÁTIMA TRAIL TEAM	9 + 55 + 69	133
9	JUVENTUDE OURIENSE	37 + 50 + 61	148
10	SARTIM	27 + 40 + 81	148
11	TEAM P. MOLES	10 + 66 + 78	154
12	TRILHOS DOS TEMPLÁRIOS / ACR SANTA CITA	21 + 45 + 111	177
13	CLAC ENTRONCAMENTO	38 + 75 + 86	199
14	SCFZ TRAIL RUNNERS	62 + 64 + 161	287
15	CLUBE GAVIONENSE RUNNING	20 + 103 + 164	287
16	TÁLENTOS TEAM	95 + 102 + 127	324
17	BAIRRO DOS ANJOS	117 + 138 + 141	396
18	COA / CORVUS TRAIL TEAM	124 + 157 + 188	469
19	TERRANTÉZ TRAIL TEAM	158 + 172 + 177	507
20	CHAMUSCA TRAIL	178 + 183 + 184	545

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	14,6°C	83%
End	12:45	14,6°C	83%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1313	Adriano Silva	SicóTrilhos	01:07:16		04:48	
2	1118	José Pedro	Individual	01:09:23	+02:07	04:57	
3	1351	António Emidio	Agroal Trail Team	01:10:46	+03:30	05:03	
4	1189	Pedro Marques Lourenço	Individual	01:13:20	+06:04	05:14	
5	1290	Bruno Branquinho	Run For Autism Portugal	01:15:41	+08:25	05:24	
6	1030	Edgar Rafael Nunes Manso	CCD Sertã	01:16:52	+09:36	05:29	
7	1309	Eduardo Santos	Serra D Aire Trail Team	01:17:35	+10:19	05:32	
8	1203	Nuno Rodrigues	Individual	01:17:53	+10:37	05:34	
9	1123	Ruben Santos	Individual	01:18:38	+11:22	05:37	
10	1044	David Dias	Chamusca Trail	01:19:01	+11:45	05:39	
11	1350	Pedro Rafael Carmo Rocha	Cefad	01:19:42	+12:26	05:42	
12	1199	Márcio Salgado	Individual	01:20:26	+13:10	05:45	
13	1083	Marco Fernandes	FERREIRA GOMES & FILHOS, LDA	01:21:13	+13:57	05:48	
14	1037	Pedro Domingos	Centro Recreativo e Cultural do Coito	01:21:39	+14:23	05:50	
15	1206	Tiago Ramos	Individual	01:21:51	+14:35	05:51	
16	1196	João Godinho	Individual	01:22:12	+14:56	05:52	
17	528	Ricardo Brites	Caracol Trail Team	01:22:19	+15:03	05:53	
18	1233	Vitor Rita	Individual	01:22:19	+15:03	05:53	
19	1086	Luís André	Gouxarun	01:22:21	+15:05	05:53	
20	1302	Joel Mourão	SCOCS - Sport Clube Operário de Cem Soldos	01:23:04	+15:48	05:56	
21	1192	Tiago Silvério	Individual	01:23:28	+16:12	05:58	
22	1077	Micael Florêncio	FERREIRA GOMES & FILHOS, LDA	01:24:13	+16:57	06:01	
23	1055	Tiago Simões	Clube de Atletismo de Ferreira do Zêzere	01:24:14	+16:58	06:01	
24	1288	Tiago Gaspar	Run For Autism Portugal	01:24:39	+17:23	06:03	
25	1038	André Gaspar	Centro Recreativo e Cultural do Coito	01:24:56	+17:40	06:04	
26	1225	João casinhas	Individual	01:25:11	+17:55	06:05	
27	1193	César Ferreira	Individual	01:25:29	+18:13	06:06	
28	1043	Flavio Carvalho	Chamusca Trail	01:26:21	+19:05	06:10	
29	1289	Tiago Branquinho	Run For Autism Portugal	01:26:24	+19:08	06:10	
30	1260	Francisco Caetano	Lezília Running	01:26:28	+19:12	06:11	
31	1188	Nelson Luz	Individual	01:26:31	+19:15	06:11	
32	1234	Helder Moringa	Individual	01:26:53	+19:37	06:12	
33	506	Cristina Pedro	Alcanena trail team	01:26:53	+19:37	06:12	
34	1011	Rui Alexandre Henriques Figueira	ARCAR Team / Trail do Vale	01:27:29	+20:13	06:15	
35	1056	Jorge Sirgado	Clube de Atletismo de Ferreira do Zêzere	01:27:32	+20:16	06:15	
36	1014	Marco António Marques Vieira	ARPO Ourém	01:27:37	+20:21	06:15	
37	1183	João Pedro Alves	Tramagal Sport União	01:27:48	+20:32	06:16	
38	1218	Pedro Vitorino	Agroal Trail Team	01:28:00	+20:44	06:17	
39	1220	Afonso Eloy	Individual	01:29:53	+22:37	06:25	
40	1226	Mário Nico	Individual	01:29:54	+22:38	06:25	
41	1120	Renan de Oliveira Prestes	Individual	01:30:15	+22:59	06:27	
42	1053	Marco Franco	Clube de Atletismo de Ferreira do Zêzere	01:30:24	+23:08	06:27	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1211	Henrique Antunes	Individual	01:30:36	+23:20	06:28	
44	1126	Tiago Coutinho	Individual	01:30:39	+23:23	06:28	
45	1332	Juvenal Silva	THOMAR ATHLETICS	01:31:01	+23:45	06:30	
46	1237	Nuno Homem	Individual	01:31:08	+23:52	06:31	
47	1110	Alexandre Alcobio	Individual	01:31:23	+24:07	06:32	
48	1004	Igor Pinheiro	Alcanena trail team	01:31:39	+24:23	06:33	
49	1262	Pedro Custódio	LIZ RUNNERS	01:32:59	+25:43	06:39	
50	1271	João Maia	MR Team	01:33:20	+26:04	06:40	
51	1051	Ricardo Duarte	Clube de Atletismo de Ferreira do Zêzere	01:33:41	+26:25	06:42	
52	1325	Hugo Mateus	Team P. Moles	01:33:44	+26:28	06:42	
53	1027	João Paulo de Oliveira Jacinto	Carrapiteiro Bike Team	01:34:05	+26:49	06:43	
54	1180	Gonçalo Barreto	Individual	01:34:12	+26:56	06:44	
55	1087	Paulo Santos	Gouxarun	01:35:15	+27:59	06:48	
56	1010	João Cardoso	ARCAR Team / Trail do Vale	01:35:27	+28:11	06:49	
57	1185	Luis martins	Individual	01:36:05	+28:49	06:52	
58	1072	Rui Pereira	Fátima Trail Team	01:36:11	+28:55	06:52	
59	1236	Nuno Falcão Rodrigues	Individual	01:36:23	+29:07	06:53	
60	1336	Wilsinei Dos Santos Rosa	Trilhos cdp	01:36:29	+29:13	06:54	
61	1333	Rui Mendes	THOMAR ATHLETICS	01:36:42	+29:26	06:54	
62	1001	Célia Sol	Agroal Trail Team	01:36:49	+29:33	06:55	
63	1112	Daniel Gaspar	Individual	01:36:59	+29:43	06:56	
64	1254	Patrício Gonçalves	Juventude Ouriense	01:37:03	+29:47	06:56	
65	1247	Jose Santos	Juventude Ouriense	01:37:03	+29:47	06:56	
66	1200	Nuno Gomes	Individual	01:37:12	+29:56	06:57	
67	1084	MARCO GOMES	FERREIRA GOMES & FILHOS, LDA	01:37:34	+30:18	06:58	
68	1080	VASCO PEREIRA	FERREIRA GOMES & FILHOS, LDA	01:37:35	+30:19	06:58	
69	1119	Nuno Lourenço	Individual	01:37:36	+30:20	06:58	
70	1006	SAMUEL Silva	Ama(dores) Trail Team/ACRU	01:38:30	+31:14	07:02	
71	1324	Francisco Alarico	Team P. Moles	01:38:45	+31:29	07:03	
72	1034	Tiago Santos	CDRConcavada Running	01:38:48	+31:32	07:03	
73	1306	Francisca Antunes	SCOCS - Sport Clube Operário de Cem Soldos	01:38:53	+31:37	07:04	
74	1301	Joao Maia	SCOCS - Sport Clube Operário de Cem Soldos	01:38:54	+31:38	07:04	
75	1070	Rodrigo Manso	Fátima Trail Team	01:39:04	+31:48	07:05	
76	1201	Nuno Jacinto	Individual	01:39:04	+31:48	07:05	
77	1073	Thierry Pereira	Fátima Trail Team	01:39:18	+32:02	07:06	
78	1235	Manuel Simões	Individual	01:39:24	+32:08	07:06	
79	1335	Cátia Fernandes	Trilhos cdp	01:39:34	+32:18	07:07	
80	1198	Jorge Sarca	Individual	01:39:40	+32:24	07:07	
81	1013	Nuno Anastácio	Arcd Venda Da Luísa	01:39:41	+32:25	07:07	
82	1184	Júlio Calão	Individual	01:39:44	+32:28	07:07	
83	1095	Telma Azevedo	Grupódromo	01:39:50	+32:34	07:08	
84	1164	Gisela Brás	Individual	01:40:05	+32:49	07:09	
85	1322	Andreia Alexandra Fernandes Coelho	Team P. Moles	01:40:11	+32:55	07:09	
86	1046	Ana Cardoso	Chícharo Run Team A Alvaiázere	01:40:18	+33:02	07:10	
87	1096	Filipa Ascensão	Grupódromo	01:41:02	+33:46	07:13	

14KM - STAGE 1
14 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	1061	Paulo Cruz	CONDÓPTICA	01:52:06	+44:50	08:00	
135	1003	Paulo Levada	Agroal Trail Team	01:52:31	+45:15	08:02	
136	1204	Pedro Miguel Branquinho Ferreira Leal Cabaço	Individual	01:52:47	+45:31	08:03	
137	1129	Rita Delgado da Silva Ferreira Matias	Individual	01:53:06	+45:50	08:05	
138	1117	João Duque	Individual	01:53:46	+46:30	08:08	
139	1007	Cátia Madail	Andreia Vieira	01:53:58	+46:42	08:08	
140	1134	Catarina Be	Individual	01:54:06	+46:50	08:09	
141	1094	Liliana Gaspar Carvalho	Grupódromo	01:54:08	+46:52	08:09	
142	1190	Pedro Vinagre	Individual	01:54:22	+47:06	08:10	
143	1293	Sérgio Marques	RX RUNNERS	01:54:37	+47:21	08:11	
144	1097	Mário Alexandre Pedro Pernadas	Grupódromo	01:54:38	+47:22	08:11	
145	1079	PATRICIA GOMES	FERREIRA GOMES & FILHOS, LDA	01:54:40	+47:24	08:11	
146	1047	António Oliveira	Chitas de Alcobaça	01:54:53	+47:37	08:12	
147	1303	Rafael Henriques	SCOCS - Sport Clube Operário de Cem Soldos	01:55:01	+47:45	08:13	
148	1016	André Silva	ASladrilho	01:55:05	+47:49	08:13	
149	1064	Silvia Baião	Constância Mountain Runners	01:55:30	+48:14	08:15	
150	1240	Jorge Amado	Individual	01:55:42	+48:26	08:16	
151	1307	Rodrigo Dinis	SCOCS - Sport Clube Operário de Cem Soldos	01:55:45	+48:29	08:16	
152	1205	rui filipe frade farinha	Individual	01:55:52	+48:36	08:17	
153	1249	Eva Silva Reis	Juventude Ouriense	01:55:59	+48:43	08:17	
154	1139	Ana Pinto	Individual	01:56:20	+49:04	08:19	
155	1328	Magda Raposo	Terrantêz Trail Team	01:57:02	+49:46	08:22	
156	1054	Rodrigo Lopes	Clube de Atletismo de Ferreira do Zêzere	01:57:14	+49:58	08:22	
157	1041	Sofia Martins	Chamusca Trail	01:57:18	+50:02	08:23	
158	1326	Gabriel Perleques	Team P. Moles	01:57:29	+50:13	08:24	
159	1195	Gonçalo José Dos Santos Bernardo	Individual	01:57:42	+50:26	08:24	
160	1133	Carina Filipa Gomes de Sousa	Individual	01:57:52	+50:36	08:25	
161	1187	Nélio Oliveira	Individual	01:57:52	+50:36	08:25	
162	1049	João Dias	CLAC Entroncamento	01:58:32	+51:16	08:28	
163	1124	Rui Mendes	Individual	01:58:52	+51:36	08:29	
164	1214	Rodrigo Ferreira	Constância Mountain Runners	01:58:59	+51:43	08:30	
165	1258	Amílcar Freire	Lentidão Furiosa-Freixianda	01:59:20	+52:04	08:31	
166	1282	Pedro Miguel Simões caseiro	Overshoot	01:59:22	+52:06	08:32	
167	1281	Fernanda Cavalheiro	Overshoot	01:59:23	+52:07	08:32	
168	1231	Pedro Novo	Individual	01:59:40	+52:24	08:33	
169	1172	Cristina Mendes	Individual	02:00:27	+53:11	08:36	
170	1207	Artur Gaspar	Individual	02:00:29	+53:13	08:36	
171	1259	fabricio simões Matias	Lentidão Furiosa-Freixianda	02:00:36	+53:20	08:37	
172	1295	Cátia Ramalho	SCFZ Trail Runners	02:00:36	+53:20	08:37	
173	1098	Paula Oliveira	Grupódromo	02:01:19	+54:03	08:40	
174	1108	Marisa Gomes	Individual	02:01:23	+54:07	08:40	
175	1115	Fabio Miguel Ferreira Henriques20	Individual	02:01:24	+54:08	08:40	
176	1155	Helena Gomes	Individual	02:01:50	+54:34	08:42	
177	1329	Rute Pinheiro	Terrantêz Trail Team	02:02:23	+55:07	08:44	
178	1342	Gonçalo Ferreira	UCC - União Casal e Curvaceiras	02:02:31	+55:15	08:45	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
225	1025	Micael Luz	Carinos Team Run	02:15:41	+01:08:25	09:42	
226	1076	Leandro Miguel Ferreira Santos	FERREIRA GOMES & FILHOS, LDA	02:15:52	+01:08:36	09:42	
227	1165	Margarida Falcão Rodrigues	Individual	02:18:12	+01:10:56	09:52	
228	1023	PAULA JESUS MARQUES SILVA CRUZ	Cacau Training run	02:18:47	+01:11:31	09:55	
229	1137	Raquel Oliveira	Individual	02:18:48	+01:11:32	09:55	
230	1103	Diana António	Individual	02:19:52	+01:12:36	09:59	
231	1263	Filipe Duque	LZ Car Solutions	02:19:59	+01:12:43	10:00	
232	1264	Tiago Martins	LZ Car Solutions	02:19:59	+01:12:43	10:00	
233	1243	Jaime Areia	Individual	02:20:09	+01:12:53	10:01	
234	1202	Nuno Oliveira	Individual	02:20:53	+01:13:37	10:04	
235	1284	Andreia Soares	Porca Team	02:20:55	+01:13:39	10:04	
236	1232	Rui Almas	Constância Mountain Runners	02:22:59	+01:15:43	10:13	
237	1107	Lidia Vaculenco	Individual	02:23:01	+01:15:45	10:13	
238	1347	João Vinagre	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	02:23:05	+01:15:49	10:13	
239	1057	Sandra Santos	Clube Desportivo de Espite	02:23:45	+01:16:29	10:16	
240	1170	Tânia Ferreira	Constância Mountain Runners	02:23:47	+01:16:31	10:16	
241	1212	Hugo de Oliveira	Individual	02:23:47	+01:16:31	10:16	
242	1058	João Miguel Martins Pires	Clube Triatlo de Abrantes	02:24:31	+01:17:15	10:19	
243	1266	Ana Filipa Gomes Sousa	Miles & Vibes	02:24:32	+01:17:16	10:19	
244	1059	Joana Filipa Nunes Freire Mendes Antunes	Clube União Idanhense	02:24:59	+01:17:43	10:21	
245	1158	Marta Graça	Individual	02:25:00	+01:17:44	10:21	
246	1317	Paulo Fernandes	Só p@ M@lucos	02:25:29	+01:18:13	10:24	
247	1315	Vanessa Martins	Só p@ M@lucos	02:25:30	+01:18:14	10:24	
248	1316	Nathalie Fernandes	Só p@ M@lucos	02:25:30	+01:18:14	10:24	
249	1245	Carolina Gonçalves	Já chegámos?	02:25:53	+01:18:37	10:25	
250	1246	Sara Oliveira	Já chegámos?	02:25:53	+01:18:37	10:25	
251	1102	Carolina Silva	Individual	02:26:13	+01:18:57	10:27	
252	1297	carolina silva	SCOCS - Sport Clube Operário de Cem Soldos	02:26:15	+01:18:59	10:27	
253	1138	Tânia Abreu	Individual	02:26:21	+01:19:05	10:27	
254	1109	Matilde Carvalho	Individual	02:26:22	+01:19:06	10:27	
255	1163	Carla Cruz	Individual	02:26:29	+01:19:13	10:28	
256	1257	Dulce Almeida	Lentidão Furiosa-Freixianda	02:26:35	+01:19:19	10:28	
257	1145	Patricia Barreto	Individual	02:27:07	+01:19:51	10:31	
258	1131	ANA RUTE FERREIRA	Individual	02:27:41	+01:20:25	10:33	
259	1169	Susana Godinho	Individual	02:27:58	+01:20:42	10:34	
260	1066	Dalila José Gonçalves Medroa Mateus	Constância Mountain Runners	02:27:58	+01:20:42	10:34	
261	1012	Joana Costa	Arcd Venda Da Luísa	02:28:41	+01:21:25	10:37	
262	1177	Esmeralda Domingues Barata Gomes	Individual	02:28:41	+01:21:25	10:37	
263	1091	Rita Rodrigues	Grupo Desportivo do Pinheiro Grande	02:29:03	+01:21:47	10:39	
264	1132	Andreia Filipa Carvalho Pereira	Individual	02:29:16	+01:22:00	10:40	
265	1221	Baltasar Nogueira	Individual	02:30:46	+01:23:30	10:46	
266	1174	Filomena Nogueira	Individual	02:30:47	+01:23:31	10:46	

14KM

14 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	14,6°C	83%
End	12:45	14,6°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
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Senior Feminino

1	1046	Ana Cardoso	Chícharo Run Team A Alvaiázere	Senior Feminino	01:40:18		07:10
2	1280	Sónia Patrício	OUTCORE	Senior Feminino	01:45:28	+05:09	07:32
3	1281	Fernanda Cavalheiro	Overshoot	Senior Feminino	01:59:23	+19:04	08:32
4	1108	Marisa Gomes	Individual	Senior Feminino	02:01:23	+21:04	08:40
5	1340	Diana Nunes	UCC - União Casal e Curvaceiras	Senior Feminino	02:02:31	+22:12	08:45
6	1104	Inês Ramalho	Individual	Senior Feminino	02:05:49	+25:30	08:59
7	1348	Maria Inês Correia	FERREIRA GOMES & FILHOS, LDA	Senior Feminino	02:06:14	+25:55	09:01
8	1298	Filipa Godinho	SCOCS - Sport Clube Operário de Cem Soldos	Senior Feminino	02:08:31	+28:12	09:11
9	1341	Inês Filipa de Sousa	UCC - União Casal e Curvaceiras	Senior Feminino	02:12:21	+32:02	09:27
10	1015	Flávia Neves	ASladrilho	Senior Feminino	02:12:53	+32:34	09:30
11	1100	Andreia Gaspar	Individual	Senior Feminino	02:14:58	+34:39	09:38
12	1103	Diana António	Individual	Senior Feminino	02:19:52	+39:33	09:59
13	1107	Lidia Vaculenco	Individual	Senior Feminino	02:23:01	+42:42	10:13
14	1266	Ana Filipa Gomes Sousa	Miles & Vibes	Senior Feminino	02:24:32	+44:13	10:19
15	1245	Carolina Gonçalves	Já chegámos?	Senior Feminino	02:25:53	+45:34	10:25
16	1246	Sara Oliveira	Já chegámos?	Senior Feminino	02:25:53	+45:34	10:25
17	1102	Carolina Silva	Individual	Senior Feminino	02:26:13	+45:54	10:27
18	1297	carolina silva	SCOCS - Sport Clube Operário de Cem Soldos	Senior Feminino	02:26:15	+45:56	10:27
19	1109	Matilde Carvalho	Individual	Senior Feminino	02:26:22	+46:03	10:27
20	1276	Tatiana Ferreira	Os Loucos	Senior Feminino	02:30:49	+50:30	10:46
21	1106	Lidia Marques	Individual	Senior Feminino	02:30:55	+50:36	10:47
22	1319	Carolina Esteves	Start CPR	Senior Feminino	02:33:37	+53:18	10:58
23	1320	Maria João dos Santos Esteves	Start CPR	Senior Feminino	02:33:38	+53:19	10:58
24	1318	Beatriz Cotrim Leitão	Start CPR	Senior Feminino	02:33:40	+53:21	10:59
25	1101	Carolina Machado	Individual	Senior Feminino	02:37:59	+57:40	11:17
26	1074	Érica da Costa Andrade	Fenomenais	Senior Feminino	02:49:07	+01:08:48	12:05
27	1105	Joana Nunes	Individual	Senior Feminino	02:49:07	+01:08:48	12:05

Senior Masculino

1	1313	Adriano Silva	SicóTrilhos	Senior Masculino	01:07:16		04:48
2	1118	José Pedro	Individual	Senior Masculino	01:09:23	+02:07	04:57
3	1123	Ruben Santos	Individual	Senior Masculino	01:18:38	+11:22	05:37
4	1037	Pedro Domingos	Centro Recreativo e Cultural do Coito	Senior Masculino	01:21:39	+14:22	05:50
5	1302	Joel Mourão	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	01:23:04	+15:48	05:56

14KM

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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6	1077	Micael Florêncio	FERREIRA GOMES & FILHOS, LDA	Senior Masculino	01:24:13	+16:57	06:01
7	1260	Francisco Caetano	Lezíria Running	Senior Masculino	01:26:28	+19:12	06:11
8	1014	Marco António Marques Vieira	ARPO Ourém	Senior Masculino	01:27:37	+20:20	06:15
9	1120	Renan de Oliveira Prestes	Individual	Senior Masculino	01:30:15	+22:59	06:27
10	1126	Tiago Coutinho	Individual	Senior Masculino	01:30:39	+23:22	06:28
11	1110	Alexandre Alcobio	Individual	Senior Masculino	01:31:23	+24:07	06:32
12	1112	Daniel Gaspar	Individual	Senior Masculino	01:36:59	+29:43	06:56
13	1247	Jose Santos	Juventude Ouriense	Senior Masculino	01:37:03	+29:47	06:56
14	1119	Nuno Lourenço	Individual	Senior Masculino	01:37:36	+30:19	06:58
15	1006	SAMUEL Silva	Ama(dores) Trail Team/ACRU	Senior Masculino	01:38:30	+31:13	07:02
16	1301	Joao Maia	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	01:38:54	+31:37	07:04
17	1299	João Antunes	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	01:41:53	+34:37	07:17
18	1113	David Basto	Individual	Senior Masculino	01:42:34	+35:18	07:20
19	1269	Ricardo Antunes Henriques	MR Team	Senior Masculino	01:43:24	+36:08	07:23
20	1078	Rui Ferreira	FERREIRA GOMES & FILHOS, LDA	Senior Masculino	01:43:31	+36:15	07:24
21	1268	Rafael Baptista	MoVimentFit	Senior Masculino	01:44:24	+37:08	07:27
22	1125	Sérgio Pereira	Individual	Senior Masculino	01:45:16	+38:00	07:31
23	1354	Tiago Simões Costa	Individual	Senior Masculino	01:46:40	+39:23	07:37
24	1267	João Baptista	MoVimentFit	Senior Masculino	01:47:37	+40:20	07:41
25	1075	Francisco Manuel Ramalho Luzio	FERREIRA GOMES & FILHOS, LDA	Senior Masculino	01:50:40	+43:24	07:54
26	1117	João Duque	Individual	Senior Masculino	01:53:46	+46:30	08:08
27	1303	Rafael Henriques	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	01:55:01	+47:45	08:13
28	1016	André Silva	ASladrilho	Senior Masculino	01:55:05	+47:49	08:13
29	1124	Rui Mendes	Individual	Senior Masculino	01:58:52	+51:36	08:29
30	1115	Fabio Miguel Ferreira Henriques20	Individual	Senior Masculino	02:01:24	+54:07	08:40
31	1342	Gonçalo Ferreira	UCC - União Casal e Curvaceiras	Senior Masculino	02:02:31	+55:14	08:45
32	1114	David Marques	Individual	Senior Masculino	02:06:06	+58:49	09:00
33	1300	João Cartaxo	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	02:08:28	+01:01:12	09:11
34	1304	Ricardo Catarino	SCOCS - Sport Clube Operário de Cem Soldos	Senior Masculino	02:11:40	+01:04:24	09:24
35	1025	Micael Luz	Carinos Team Run	Senior Masculino	02:15:41	+01:08:25	09:42
36	1076	Leandro Miguel Ferreira Santos	FERREIRA GOMES & FILHOS, LDA	Senior Masculino	02:15:52	+01:08:35	09:42
37	1263	Filipe Duque	LZ Car Solutions	Senior Masculino	02:19:59	+01:12:43	10:00
38	1058	João Miguel Martins Pires	Clube Triatlo de Abrantes	Senior Masculino	02:24:31	+01:17:14	10:19
39	1277	André Vargès	Os Loucos	Senior Masculino	02:30:51	+01:23:35	10:47
40	1128	Tiago Matias	Individual	Senior Masculino	02:33:39	+01:26:23	10:59
41	1122	Rodrigo Godinho	Individual	Senior Masculino	02:49:06	+01:41:50	12:05
42	1127	Tiago Magno	Individual	Senior Masculino	02:49:08	+01:41:51	12:05

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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3	1048	Inês Ferreira	CLAC Entroncamento	Veterana F40	01:41:08	+04:18	07:13
4	1094	Liliana Gaspar Carvalho	Grupódromo	Veterana F40	01:54:08	+17:18	08:09
5	1079	PATRICIA GOMES	FERREIRA GOMES & FILHOS, LDA	Veterana F40	01:54:40	+17:50	08:11
6	1139	Ana Pinto	Individual	Veterana F40	01:56:20	+19:30	08:19
7	1295	Cátia Ramalho	SCFZ Trail Runners	Veterana F40	02:00:36	+23:47	08:37
8	1292	Ana Sofia Sereno	Running Dragons	Veterana F40	02:05:38	+28:48	08:58
9	1029	Sandra Isabel Antunes Martins	CCD Sertã	Veterana F40	02:06:28	+29:38	09:02
10	1141	Carina Lopes	Individual	Veterana F40	02:08:48	+31:58	09:12
11	1026	Helena Isabel Campos Damas	Carrapiteiro Bike Team	Veterana F40	02:11:08	+34:19	09:22
12	1270	Silvia Sousa	MR Team	Veterana F40	02:12:26	+35:36	09:28
13	1338	Sara Quitério	Trilhos dos Templários / ACR Santa Cita	Veterana F40	02:12:51	+36:01	09:29
14	1284	Andreia Soares	Porca Team	Veterana F40	02:20:55	+44:05	10:04
15	1145	Patricia Barreto	Individual	Veterana F40	02:27:07	+50:18	10:31
16	1012	Joana Costa	Arcd Venda Da Luísa	Veterana F40	02:28:41	+51:51	10:37
17	1296	Liliana Figueiredo	SCFZ Trail Runners	Veterana F40	02:33:07	+56:18	10:56
18	1344	Helena Miranda	UCC - União Casal e Curvaceiras	Veterana F40	02:39:14	+01:02:24	11:22
19	1343	Catarina Gonçalves	UCC - União Casal e Curvaceiras	Veterana F40	02:39:14	+01:02:25	11:22
20	1143	Eunice Simões	Individual	Veterana F40	02:53:29	+01:16:40	12:24
21	1142	Cátia Rei	Individual	Veterana F40	03:13:51	+01:37:02	13:51
22	1248	Isabel Soares	Juventude Ouriense	Veterana F40	03:15:37	+01:38:47	13:58

Veterana F45

1	506	Cristina Pedro	Alcanena trail team	Veterana F45	01:26:53		06:12
2	1322	Andreia Alexandra Fernandes Coelho	Team P. Moles	Veterana F45	01:40:11	+13:17	07:09
3	1096	Filipa Ascensão	Grupódromo	Veterana F45	01:41:02	+14:09	07:13
4	1150	Carla Gomes	Individual	Veterana F45	01:47:48	+20:54	07:42
5	1159	Silvia Marto	Individual	Veterana F45	01:48:08	+21:15	07:43
6	1250	Raquel Vieira	Juventude Ouriense	Veterana F45	01:50:32	+23:39	07:54
7	1060	Mónica Conde	CONDÓPTICA	Veterana F45	01:51:47	+24:54	07:59
8	1064	Silvia Baião	Constância Mountain Runners	Veterana F45	01:55:30	+28:37	08:15
9	1249	Eva Silva Reis	Juventude Ouriense	Veterana F45	01:55:59	+29:05	08:17
10	1328	Magda Raposo	Terrantêz Trail Team	Veterana F45	01:57:02	+30:09	08:22
11	1155	Helena Gomes	Individual	Veterana F45	02:01:50	+34:56	08:42
12	1329	Rute Pinheiro	Terrantêz Trail Team	Veterana F45	02:02:23	+35:29	08:44
13	1148	Ana Luísa Jesus	Individual	Veterana F45	02:04:39	+37:46	08:54
14	1161	Tânia Costa	Individual	Veterana F45	02:08:03	+41:10	09:09
15	1327	Filomena Duarte	Terrantêz Trail Team	Veterana F45	02:12:52	+45:59	09:29
16	1158	Marta Graça	Individual	Veterana F45	02:25:00	+58:06	10:21
17	1316	Nathalie Fernandes	Só p@ M@lucos	Veterana F45	02:25:30	+58:36	10:24
18	1257	Dulce Almeida	Lentidão Furiosa-Freixianda	Veterana F45	02:26:35	+59:41	10:28
19	1091	Rita Rodrigues	Grupo Desportivo do Pinheiro Grande	Veterana F45	02:29:03	+01:02:10	10:39
20	1311	Sónia Borrego	Serviços Sociais Montepio	Veterana F45	02:33:33	+01:06:40	10:58
21	1154	Fátima Reis	Individual	Veterana F45	02:35:16	+01:08:23	11:05

14KM**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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Veterana F70

1	1067	Maria dos Santos J.N.Conceição	Constância Mountain Runners	Veterana F70	03:13:13	13:48
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Veterano M35

1	1351	António Emidio	Agroal Trail Team	Veterano M35	01:10:46	05:03
2	1189	Pedro Marques Lourenço	Individual	Veterano M35	01:13:20	+02:34 05:14
3	1086	Luís André	Gouxarun	Veterano M35	01:22:21	+11:34 05:53
4	1192	Tiago Silvério	Individual	Veterano M35	01:23:28	+12:42 05:58
5	1288	Tiago Gaspar	Run For Autism Portugal	Veterano M35	01:24:39	+13:53 06:03
6	1188	Nelson Luz	Individual	Veterano M35	01:26:31	+15:45 06:11
7	1183	João Pedro Alves	Tramagal Sport União	Veterano M35	01:27:48	+17:02 06:16
8	1180	Gonçalo Barreto	Individual	Veterano M35	01:34:12	+23:26 06:44
9	1185	Luis martins	Individual	Veterano M35	01:36:05	+25:19 06:52
10	1336	Wilsinei Dos Santos Rosa	Trilhos cdp	Veterano M35	01:36:29	+25:43 06:54
11	1080	VASCO PEREIRA	FERREIRA GOMES & FILHOS, LDA	Veterano M35	01:37:35	+26:48 06:58
12	1324	Francisco Alarico	Team P. Moles	Veterano M35	01:38:45	+27:59 07:03
13	1013	Nuno Anastácio	Arcd Venda Da Luísa	Veterano M35	01:39:41	+28:55 07:07
14	1184	Júlio Calão	Individual	Veterano M35	01:39:44	+28:58 07:07
15	1286	Jaime Domingues	RIBATEXAS	Veterano M35	01:42:43	+31:57 07:20
16	1310	Emanuel Silva	Serranos Run Team	Veterano M35	01:44:27	+33:41 07:28
17	1182	João Almeida	Individual	Veterano M35	01:46:51	+36:05 07:38
18	1186	Marco Andrade	Individual	Veterano M35	01:46:57	+36:11 07:38
19	1190	Pedro Vinagre	Individual	Veterano M35	01:54:22	+43:36 08:10
20	1307	Rodrigo Dinis	SCOCS - Sport Clube Operário de Cem Soldos	Veterano M35	01:55:45	+44:59 08:16
21	1187	Nélio Oliveira	Individual	Veterano M35	01:57:52	+47:06 08:25
22	1282	Pedro Miguel Simões caseiro	Overshoot	Veterano M35	01:59:22	+48:36 08:32
23	1264	Tiago Martins	LZ Car Solutions	Veterano M35	02:19:59	+01:09:13 10:00
24	1352	Tiago Santos	Agroal Trail Team	Veterano M35	02:34:09	+01:23:22 11:01
25	1181	Gonçalo Neto	Individual	Veterano M35	02:51:55	+01:41:09 12:17
26	1032	Tiago Fernandes	CDRConcavada Running	Veterano M35	02:56:02	+01:45:16 12:34

Veterano M40

1	1030	Edgar Rafael Nunes Manso	CCD Sertã	Veterano M40	01:16:52	05:29
2	1203	Nuno Rodrigues	Individual	Veterano M40	01:17:53	+01:00 05:34
3	1199	Márcio Salgado	Individual	Veterano M40	01:20:26	+03:34 05:45
4	1083	Marco Fernandes	FERREIRA GOMES & FILHOS, LDA	Veterano M40	01:21:13	+04:20 05:48
5	1206	Tiago Ramos	Individual	Veterano M40	01:21:51	+04:58 05:51
6	1196	João Godinho	Individual	Veterano M40	01:22:12	+05:19 05:52
7	1193	César Ferreira	Individual	Veterano M40	01:25:29	+08:37 06:06

14KM

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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8	1043	Flavio Carvalho	Chamusca Trail	Veterano M40	01:26:21	+09:28	06:10
9	1289	Tiago Branquinho	Run For Autism Portugal	Veterano M40	01:26:24	+09:32	06:10
10	1004	Igor Pinheiro	Alcanena trail team	Veterano M40	01:31:39	+14:47	06:33
11	1271	João Maia	MR Team	Veterano M40	01:33:20	+16:28	06:40
12	1051	Ricardo Duarte	Clube de Atletismo de Ferreira do Zézere	Veterano M40	01:33:41	+16:48	06:42
13	1325	Hugo Mateus	Team P. Moles	Veterano M40	01:33:44	+16:51	06:42
14	1200	Nuno Gomes	Individual	Veterano M40	01:37:12	+20:19	06:57
15	1084	MARCO GOMES	FERREIRA GOMES & FILHOS, LDA	Veterano M40	01:37:34	+20:42	06:58
16	1034	Tiago Santos	CDRConcavada Running	Veterano M40	01:38:48	+21:55	07:03
17	1201	Nuno Jacinto	Individual	Veterano M40	01:39:04	+22:11	07:05
18	1198	Jorge Sarca	Individual	Veterano M40	01:39:40	+22:47	07:07
19	1082	JOÃO SIMÕES	FERREIRA GOMES & FILHOS, LDA	Veterano M40	01:43:32	+26:39	07:24
20	1081	EDUARDO FERREIRA	FERREIRA GOMES & FILHOS, LDA	Veterano M40	01:43:32	+26:39	07:24
21	1272	Rogério Reis	MR Team	Veterano M40	01:44:49	+27:57	07:29
22	1285	Ademar Rodrigues	Porca Team	Veterano M40	01:47:45	+30:52	07:42
23	1197	Jorge Pereira	Individual	Veterano M40	01:48:09	+31:16	07:43
24	1194	Frederico Paulo	Individual	Veterano M40	01:48:57	+32:04	07:47
25	1204	Pedro Miguel Branquinho Ferreira Leal Cabaço	Individual	Veterano M40	01:52:47	+35:54	08:03
26	1293	Sérgio Marques	RX RUNNERS	Veterano M40	01:54:37	+37:44	08:11
27	1205	rui filipe frade farinha	Individual	Veterano M40	01:55:52	+38:59	08:17
28	1195	Gonçalo José Dos Santos Bernardo	Individual	Veterano M40	01:57:42	+40:49	08:24
29	1033	Pedro Silvério	CDRConcavada Running	Veterano M40	02:06:03	+49:11	09:00
30	1008	Pedro Alves	ARCAR Team / Trail do Vale	Veterano M40	02:07:32	+50:40	09:07
31	1021	Bruno Costa	Bichos da Barquinha	Veterano M40	02:14:17	+57:24	09:36
32	1202	Nuno Oliveira	Individual	Veterano M40	02:20:53	+01:04:00	10:04
33	1273	Thierry Santos	Murtal Run	Veterano M40	02:31:53	+01:15:00	10:51

Veterano M45

1	1290	Bruno Branquinho	Run For Autism Portugal	Veterano M45	01:15:41		05:24
2	1044	David Dias	Chamusca Trail	Veterano M45	01:19:01	+03:20	05:39
3	1055	Tiago Simões	Clube de Atletismo de Ferreira do Zézere	Veterano M45	01:24:14	+08:33	06:01
4	1218	Pedro Vitorino	Agroal Trail Team	Veterano M45	01:28:00	+12:19	06:17
5	1053	Marco Franco	Clube de Atletismo de Ferreira do Zézere	Veterano M45	01:30:24	+14:43	06:27
6	1211	Henrique Antunes	Individual	Veterano M45	01:30:36	+14:55	06:28
7	1010	João Cardoso	ARCAR Team / Trail do Vale	Veterano M45	01:35:27	+19:46	06:49
8	1072	Rui Pereira	Fátima Trail Team	Veterano M45	01:36:11	+20:30	06:52
9	1254	Patrício Gonçalves	Juventude Ouriense	Veterano M45	01:37:03	+21:22	06:56
10	1265	Carlos Cerdeira	Mação Night Runners	Veterano M45	01:45:26	+29:45	07:32
11	1216	Nelson Silva	Individual	Veterano M45	01:45:30	+29:49	07:32

14KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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26	1221	Baltasar Nogueira	Individual	Veterano M50	02:30:46	+01:08:27	10:46
27	1255	Renato Lopes	Juventude Ouriense	Veterano M50	02:56:34	+01:34:15	12:37

Veterano M55

1	1234	Helder Moringa	Individual	Veterano M55	01:26:53		06:12
2	1056	Jorge Sirgado	Clube de Atletismo de Ferreira do Zézere	Veterano M55	01:27:32	+00:39	06:15
3	1332	Juvenal Silva	THOMAR ATHLETICS	Veterano M55	01:31:01	+04:08	06:30
4	1237	Nuno Homem	Individual	Veterano M55	01:31:08	+04:15	06:31
5	1236	Nuno Falcão Rodrigues	Individual	Veterano M55	01:36:23	+09:30	06:53
6	1333	Rui Mendes	THOMAR ATHLETICS	Veterano M55	01:36:42	+09:49	06:54
7	1235	Manuel Simões	Individual	Veterano M55	01:39:24	+12:31	07:06
8	1047	António Oliveira	Chitas de Alcobaça	Veterano M55	01:54:53	+28:00	08:12
9	1049	João Dias	CLAC Entroncamento	Veterano M55	01:58:32	+31:39	08:28
10	1022	Pedro Xavier	Bichos da Barquinha	Veterano M55	02:06:57	+40:04	09:04

Veterano M60

1	1089	Henrique Narciso	Grupo de Cicloturismo Barquinhense	Veterano M60	01:41:23		07:15
2	1028	Arlindo Maduro	Casa do Benfica de Tomar	Veterano M60	01:42:50	+01:27	07:21
3	1312	José Luís Martins	Serviços Sociais Montepio	Veterano M60	01:47:05	+05:41	07:39
4	1238	Albino Jesus Tavares Vicente	Individual	Veterano M60	01:50:39	+09:16	07:54
5	1090	José Calado	Grupo de Cicloturismo Barquinhense	Veterano M60	01:51:34	+10:10	07:58
6	1061	Paulo Cruz	CONDÓPTICA	Veterano M60	01:52:06	+10:42	08:00
7	1240	Jorge Amado	Individual	Veterano M60	01:55:42	+14:18	08:16
8	1242	Vitor Boavida	Individual	Veterano M60	02:08:59	+27:36	09:13
9	1347	João Vinagre	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M60	02:23:05	+41:41	10:13
10	1239	Humberto Emídio	Individual	Veterano M60	02:33:50	+52:27	10:59
11	1045	Ilídio Vicente	Chamusca Trail	Veterano M60	02:39:58	+58:35	11:26

Veterano M65

1	1243	Jaime Areia	Individual	Veterano M65	02:20:09		10:01
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Veterano M70

1	1244	Jose Matias	Individual	Veterano M70	01:49:13		07:48
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