Trail de Esposende 2026

Esposende, PT

21-março-2026

32KM - STAGE 1

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	11,8ºC	80%
End	14:31	11,8ºC	80%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2036	Sérgio Sá	Individual	02:56:20		05:31	
2	2035	Ricardo Miranda	ARCA BarceloS runners	03:16:47	+20:27	06:09	
3	2050	Vitor Mendes	MBT-B	03:22:25	+26:05	06:20	
4	2027	Luís Ribeiro	EDL Trail	03:31:47	+35:27	06:37	
5	2000	Vitor Barbosa	Inter de Cepães	03:33:57	+37:37	06:41	
6	2012	Cláudio Cunha	Inter de Cepães	03:33:58	+37:38	06:41	
7	2013	Luís Mendes Sá	GD Leões da Guarda - Lion Runners	03:34:47	+38:27	06:43	
8	2043	Tiago Pinheiro	Individual	03:37:47	+41:27	06:48	
9	2019	Pedro gomes	Individual	03:37:49	+41:29	06:48	
10	2026	Sérgio Silva	ÁGUIAS DE ALVELOS	03:38:13	+41:53	06:49	
11	2044	Alejandro alonso	Individual	03:41:17	+44:57	06:55	
12	2007	Antonio Lencastre	Primos das Corridas	03:44:23	+48:03	07:01	
13	2008	Samuel Amorim	GD Castelense	03:46:04	+49:44	07:04	
14	2015	Natalia Popova	HSantaMariaRT	03:49:27	+53:07	07:10	
15	2014	Júlio Cunha	Dr. Runner	03:57:27	+01:01:07	07:25	
16	2025	Marco Faria	GRE BONFIM	04:00:35	+01:04:15	07:31	
17	2030	Tiago Miranda	Individual	04:01:40	+01:05:20	07:33	
18	2039	Marcio Garrido Rodrigues	ADE Trail Running	04:01:42	+01:05:22	07:33	
19	2051	José Silva	Amigos da Montanha	04:01:42	+01:05:22	07:33	
20	2041	Jorge Domingues	LEBRES MINHOTAS	04:16:40	+01:20:20	08:01	
21	2029	Helder Oliveira	Terror dos Montes	04:19:44	+01:23:24	08:07	
22	2016	Ricardo Marques	Team El Comandante	04:20:27	+01:24:07	08:08	
23	2018	Francisco José Martins Ferreira	OLÍMPICO VIANENSE	04:22:37	+01:26:17	08:12	
24	2032	Rui Sousa	opraticante.pt	04:22:39	+01:26:19	08:12	
25	2009	Jorge Jaques	AD Barroselas	04:25:40	+01:29:20	08:18	
26	2048	Ruben Gabones	JBLF	04:27:22	+01:31:02	08:21	
27	2020	Vitor Fonseca	Individual	04:30:27	+01:34:07	08:27	
28	2021	Hugo Ribeiro	Individual	04:30:27	+01:34:07	08:27	
29	2003	Daniel Branco	Inter de Cepães	04:41:43	+01:45:23	08:48	
30	2034	ANTONIO LONGRAS	Individual	04:42:00	+01:45:40	08:49	
31	2011	Eduardo Silva	Barandeiro	04:43:20	+01:47:00	08:51	
32	2024	Marco Sampaio	Individual	04:44:15	+01:47:55	08:53	
33	2006	Luis Monte	Individual	04:44:23	+01:48:03	08:53	
34	2004	Hugo Rossas	Vilachotos	04:55:27	+01:59:07	09:14	
35	2031	Cristina Madureira	opraticante.pt	05:00:14	+02:03:54	09:23	
36	2045	BAHON Yannick	Individual	05:56:05	+02:59:45	11:08	
37	2037	Juliana Pinheiral	ADE Trail Running	05:56:11	+02:59:51	11:08	
38	2042	Gloria Bras	ADE Trail Running	05:56:12	+02:59:52	11:08	

Trail de Esposende 2026

Esposende, PT

21-março-2026

32KM

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	11,8ºC	80%
End	14:31	11,8ºC	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Masculino							
1	2027	Luís Ribeiro	EDL Trail	Senior Masculino	03:31:47		06:37
2	2000	Vitor Barbosa	Inter de Cepães	Senior Masculino	03:33:57	+02:10	06:41
3	2012	Cláudio Cunha	Inter de Cepães	Senior Masculino	03:33:58	+02:10	06:41
4	2019	Pedro gomes	Individual	Senior Masculino	03:37:49	+06:02	06:48
5	2044	Alejandro alonso	Individual	Senior Masculino	03:41:17	+09:29	06:55
6	2025	Marco Faria	GRE BONFIM	Senior Masculino	04:00:35	+28:47	07:31
7	2009	Jorge Jaques	AD Barroselas	Senior Masculino	04:25:40	+53:53	08:18
8	2048	Ruben Gabones	JBLF	Senior Masculino	04:27:22	+55:34	08:21
9	2003	Daniel Branco	Inter de Cepães	Senior Masculino	04:41:43	+01:09:55	08:48
10	2024	Marco Sampaio	Individual	Senior Masculino	04:44:15	+01:12:28	08:53
11	2006	Luis Monte	Individual	Senior Masculino	04:44:23	+01:12:36	08:53
Sub 23 Masculino							
1	2030	Tiago Miranda	Individual	Sub 23 Masculino	04:01:40		07:33
Veterana F35							
1	2015	Natalia Popova	HSantaMariaRT	Veterana F35	03:49:27		07:10
Veterana F40							
1	2037	Juliana Pinheiral	ADE Trail Running	Veterana F40	05:56:11		11:08
Veterana F50							
1	2031	Cristina Madureira	opraticante.pt	Veterana F50	05:00:14		09:23
2	2042	Gloria Bras	ADE Trail Running	Veterana F50	05:56:12	+55:57	11:08
Veterano M35							
1	2035	Ricardo Miranda	ARCA BarceloS runners	Veterano M35	03:16:47		06:09
2	2043	Tiago Pinheiro	Individual	Veterano M35	03:37:47	+21:00	06:48
3	2029	Helder Oliveira	Terror dos Montes	Veterano M35	04:19:44	+01:02:57	08:07
4	2021	Hugo Ribeiro	Individual	Veterano M35	04:30:27	+01:13:40	08:27
5	2004	Hugo Rossas	Vilachotos	Veterano M35	04:55:27	+01:38:40	09:14

32KM **32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	2036	Sérgio Sá	Individual	Veterano M40	02:56:20		05:31
2	2008	Samuel Amorim	GD Castelense	Veterano M40	03:46:04	+49:44	07:04
3	2039	Marcio Garrido Rodrigues	ADE Trail Running	Veterano M40	04:01:42	+01:05:21	07:33
4	2016	Ricardo Marques	Team El Comandante	Veterano M40	04:20:27	+01:24:06	08:08
5	2020	Vitor Fonseca	Individual	Veterano M40	04:30:27	+01:34:07	08:27

Veterano M45

1	2050	Vitor Mendes	MBT-B	Veterano M45	03:22:25		06:20
2	2026	Sérgio Silva	ÁGUIAS DE ALVELOS	Veterano M45	03:38:13	+15:48	06:49
3	2007	Antonio Lencastre	Primos das Corridas	Veterano M45	03:44:23	+21:58	07:01
4	2032	Rui Sousa	opraticante.pt	Veterano M45	04:22:39	+01:00:14	08:12
5	2011	Eduardo Silva	Barandeiro	Veterano M45	04:43:20	+01:20:55	08:51

Veterano M50

1	2013	Luís Mendes Sá	GD Leões da Guarda - Lion Runners	Veterano M50	03:34:47		06:43
2	2014	Júlio Cunha	Dr. Runner	Veterano M50	03:57:27	+22:40	07:25
3	2041	Jorge Domingues	LEBRES MINHOTAS	Veterano M50	04:16:40	+41:53	08:01

Veterano M55

1	2051	José Silva	Amigos da Montanha	Veterano M55	04:01:42		07:33

Veterano M60

1	2018	Francisco José Martins Ferreira	OLÍMPICO VIANENSE	Veterano M60	04:22:37		08:12
2	2034	ANTONIO LONGRAS	Individual	Veterano M60	04:42:00	+19:23	08:49
3	2045	BAHON Yannick	Individual	Veterano M60	05:56:05	+01:33:28	11:08

TEAM RESULTS - 32KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	INTER DE CEPÃES	11:49:37 [5 + 6 + 29]	40
2	ADE TRAIL RUNNING	15:54:04 [18 + 37 + 38]	93

Trail de Esposende 2026

Esposende, PT

21-março-2026

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11,9ºC	79%
End	14:44	11,9ºC	79%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1098	Marco Santos	365 RP	01:54:55		05:45	
2	1113	Tiago Pinheiro	ARCAA	01:54:57	+00:02	05:45	
3	1102	Joel Araújo	ARCAA	01:58:48	+03:53	05:56	
4	1108	Tiago Faria	ARCAA	02:01:08	+06:13	06:03	
5	1103	Bruno Ribeiro	ARCAA	02:04:39	+09:44	06:14	
6	1118	Anthony Gomes	VVC	02:08:17	+13:22	06:25	
7	1129	Erick Araújo	365 RP	02:10:13	+15:18	06:31	
8	1105	Duarte dos Santos Soeiro	ARCAA	02:11:40	+16:45	06:35	
9	1130	Ilídio Oliveira	365 RP	02:15:13	+20:18	06:46	
10	1018	Marco Rocha	Individual	02:16:15	+21:20	06:49	
11	1104	José da Silva	ARCAA	02:17:05	+22:10	06:51	
12	1132	Paulo Macedo	AIRORUN	02:20:26	+25:31	07:01	
13	1106	Nuno Fernandes	ARCAA	02:20:49	+25:54	07:02	
14	1138	Manuel Oliveira	VVC	02:21:37	+26:42	07:05	
15	1110	Tiago Sá	ARCAA	02:25:01	+30:06	07:15	
16	1120	Sérgio Campos	QRITMO	02:26:52	+31:57	07:21	
17	1142	Avelino Silva	Lobo com Fome	02:27:22	+32:27	07:22	
18	1099	Pedro Silva	365 RP	02:28:09	+33:14	07:24	
19	1026	Rui Amaral	Traileiros	02:29:41	+34:46	07:29	
20	1133	Simão Pereira	CAAT	02:31:46	+36:51	07:35	
21	1115	Armindo Araújo	BVF	02:33:26	+38:31	07:40	
22	1048	Ricardo Ramalho	Individual	02:33:53	+38:58	07:42	
23	1141	Ruben Martins	Individual	02:35:17	+40:22	07:46	
24	1114	Inês Madureira Rodrigues Parreira Augusto	ARCAA	02:35:21	+40:26	07:46	
25	1030	Daniel Cardoso	AIRORUN	02:35:30	+40:36	07:47	
26	1059	Tiago Cachada	Vila cova ativo	02:37:20	+42:25	07:52	
27	1090	Daniel Cachada	Vila cova ativo	02:37:21	+42:26	07:52	
28	1134	Pedro Ferreira	CAAT	02:37:31	+42:36	07:53	
29	1071	Nelson Gonçalves	juvmar	02:37:48	+42:53	07:53	
30	1109	Sara Araújo	ARCAA	02:38:18	+43:23	07:55	
31	1123	Tiago Mota	MBT-B	02:38:46	+43:51	07:56	
32	1081	Júlio Torres	Individual	02:39:27	+44:32	07:58	
33	1112	Natalia Branco	ARCAA	02:39:57	+45:02	08:00	
34	1128	Andreia Conceição	ACTIRUN	02:42:33	+47:38	08:08	
35	1078	Adélio Ramalho	Perelhal a Correr	02:45:18	+50:23	08:16	
36	1029	Hélder Azevedo	AIRORUN	02:48:35	+53:40	08:26	
37	1073	Xavier Beghin	Individual	02:55:39	+01:00:44	08:47	
38	1063	Rúben Campos	LOBOS DO MONTE RUN	02:55:44	+01:00:49	08:47	
39	1027	Marcelo Maciel	Individual	02:55:45	+01:00:50	08:47	
40	1012	Hernani Correia	MINHO AVENTURA	02:55:51	+01:00:56	08:48	
41	1000	João Couto	Trilhos de Viana	02:57:34	+01:02:39	08:53	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	1091	André Vilas-Boas	Vila cova ativo	02:59:18	+01:04:23	08:58	
43	1009	Joaquim Miranda	Trilhos de Viana	02:59:44	+01:04:49	08:59	
44	1053	Rodrigo Nogueira	Individual	03:03:41	+01:08:46	09:11	
45	1076	Miguel Soares	ARCA BarceloS runners	03:05:05	+01:10:10	09:15	
46	1006	Maria Ferreira	Individual	03:05:42	+01:10:47	09:17	
47	1050	Vitor Ramalho	Vila cova ativo	03:05:46	+01:10:51	09:17	
48	1042	Rui Machado	Lobos	03:05:47	+01:10:52	09:17	
49	1005	Joaquim Rodrigues	Trilhos de Viana	03:06:49	+01:11:54	09:20	
50	1003	Tiago Silva	Miradouro trail	03:08:53	+01:13:58	09:27	
51	1066	Gustavo Torres	Individual	03:09:28	+01:14:33	09:28	
52	1064	Carlos Anjo	LOBOS DO MONTE RUN	03:10:39	+01:15:44	09:32	
53	1092	Rui Miranda	Perelhal a Correr	03:10:55	+01:16:00	09:33	
54	1033	Vitor Silva	Individual	03:11:06	+01:16:11	09:33	
55	1094	Vítor Alves	LOBOS DO MONTE RUN	03:12:33	+01:17:38	09:38	
56	1140	Jorge Ribeiro	Perelhal a Correr	03:12:43	+01:17:48	09:38	
57	1008	Duarte ribeiro	Individual	03:13:06	+01:18:11	09:39	
58	1007	Paulo Martins	Individual	03:13:06	+01:18:11	09:39	
59	1107	Rosa Araújo	ARCAA	03:13:19	+01:18:24	09:40	
60	1061	Rui Costa	Vila cova ativo	03:13:35	+01:18:40	09:41	
61	1031	Pedro Torres	OCULT	03:14:38	+01:19:43	09:44	
62	1024	Manuel Faria	Individual	03:16:01	+01:21:06	09:48	
63	1136	Ernesto Araújo	Viavet Runners	03:16:15	+01:21:20	09:49	
64	1038	Ruben Laranjeira	Individual	03:16:24	+01:21:30	09:49	
65	1037	Inês Lopes	Individual	03:16:25	+01:21:30	09:49	
66	1035	Diogo Morgado	Individual	03:16:25	+01:21:30	09:49	
67	1075	Carlos Sousa	Estela Bike Time	03:16:42	+01:21:47	09:50	
68	1077	José Costa	GRE BONFIM	03:16:54	+01:21:59	09:51	
69	1097	Ivo Costa	Individual	03:18:10	+01:23:15	09:55	
70	1093	Paulo Gijo	ADCRSME	03:18:12	+01:23:17	09:55	
71	1069	Daniel de Freitas Ribeiro	Individual	03:20:44	+01:25:49	10:02	
72	1065	Pascal Leiras	RIBEITRAIL	03:22:14	+01:27:19	10:07	
73	1010	EMILIA OLIVEIRA	Estela Bike Time	03:23:29	+01:28:34	10:10	
74	1040	Manuel José Gomes	Individual	03:23:41	+01:28:46	10:11	
75	1058	João Pereira	Individual	03:24:42	+01:29:47	10:14	
76	1034	Christina Monteiro	Oxigénio	03:25:43	+01:30:48	10:17	
77	1047	Mário Martins	Oxigénio	03:25:44	+01:30:49	10:17	
78	1080	Sérgio Severino	Individual	03:26:20	+01:31:25	10:19	
79	1057	Tânia Ribeiro	Vila cova ativo	03:27:12	+01:32:17	10:22	
80	1015	Bruno Pereira	Perelhal a Correr	03:27:13	+01:32:18	10:22	
81	1137	João paulo rodrigues	Vila cova ativo	03:27:14	+01:32:19	10:22	
82	1060	Manuela Vilas -boas	Vila cova ativo	03:27:14	+01:32:19	10:22	
83	1052	Élio Ramos	Individual	03:27:23	+01:32:28	10:22	
84	1043	Lutz Welling	Individual	03:28:29	+01:33:34	10:25	
85	1016	Harro van der Pluijm	Individual	03:30:46	+01:35:51	10:32	
86	1083	José Fernandes	DIABOS À SOLTA	03:33:42	+01:38:47	10:41	
87	1025	Guilherme Faria	Individual	03:34:17	+01:39:22	10:43	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	1072	Isabel Novais	Perelhal a Correr	03:35:25	+01:40:30	10:46	
89	1124	Andreia Pelicano	MBT-B	03:37:00	+01:42:05	10:51	
90	1111	Paulo Barbosa	ARCAA	03:38:38	+01:43:43	10:56	
91	1084	Rosa Ribeiro	Individual	03:38:52	+01:43:57	10:57	
92	1085	Susana Silva	Individual	03:38:52	+01:43:57	10:57	
93	1119	Vânia Campos	DRGN	03:45:31	+01:50:36	11:17	
94	1044	Alexandre Vale	Vilachotos	03:51:09	+01:56:14	11:33	
95	1062	Miguel Mendes	ARC Vale S. Cosme	03:52:31	+01:57:36	11:38	
96	1023	Paula Silva	Individual	04:03:24	+02:08:29	12:10	
97	1004	José FILIPE	C.C.D.Terr	04:09:20	+02:14:25	12:28	
98	1022	Manuel Peixoto	Individual	04:12:10	+02:17:15	12:36	
99	1056	Diana Silva	Individual	04:13:24	+02:18:29	12:40	
100	1070	Pedro Rocha	juvmar	04:23:46	+02:28:51	13:11	
101	1079	André Vieira	Os Mano	04:25:02	+02:30:07	13:15	
102	1013	André Baptista	Individual	04:26:35	+02:31:40	13:20	
103	1067	João Vassalo	13	05:11:06	+03:16:11	15:33	
104	1046	Rodrigo Futuro	Individual	05:44:37	+03:49:42	17:14	
105	1045	Pedro Neves	Individual	05:44:37	+03:49:42	17:14	
106	1041	Osvaldo Oliveira	Individual	05:44:38	+03:49:43	17:14	
107	1087	Isa Catarina M. Ribeiro	ADE Trail Running	05:44:39	+03:49:44	17:14	

Trail de Esposende 2026

Esposende, PT

21-março-2026

20KM

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11,9ºC	79%
End	14:44	11,9ºC	79%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Masculino							
1	1141	Ruben Martins	Individual	Junior Masculino	02:35:17		07:46
Senior Feminino							
1	1114	Inês Madureira Rodrigues Parreira Augusto	ARCAA	Senior Feminino	02:35:21		07:46
2	1037	Inês Lopes	Individual	Senior Feminino	03:16:25	+41:03	09:49
3	1119	Vânia Campos	DRGN	Senior Feminino	03:45:31	+01:10:10	11:17
4	1056	Diana Silva	Individual	Senior Feminino	04:13:24	+01:38:02	12:40
Senior Masculino							
1	1129	Erick Araújo	365 RP	Senior Masculino	02:10:13		06:31
2	1106	Nuno Fernandes	ARCAA	Senior Masculino	02:20:49	+10:35	07:02
3	1138	Manuel Oliveira	VVC	Senior Masculino	02:21:37	+11:24	07:05
4	1110	Tiago Sá	ARCAA	Senior Masculino	02:25:01	+14:48	07:15
5	1099	Pedro Silva	365 RP	Senior Masculino	02:28:09	+17:56	07:24
6	1133	Simão Pereira	CAAT	Senior Masculino	02:31:46	+21:33	07:35
7	1059	Tiago Cachada	Vila cova ativo	Senior Masculino	02:37:20	+27:07	07:52
8	1134	Pedro Ferreira	CAAT	Senior Masculino	02:37:31	+27:18	07:53
9	1123	Tiago Mota	MBT-B	Senior Masculino	02:38:46	+28:33	07:56
10	1073	Xavier Beghin	Individual	Senior Masculino	02:55:39	+45:25	08:47
11	1063	Rúben Campos	LOBOS DO MONTE RUN	Senior Masculino	02:55:44	+45:30	08:47
12	1027	Marcelo Maciel	Individual	Senior Masculino	02:55:45	+45:32	08:47
13	1053	Rodrigo Nogueira	Individual	Senior Masculino	03:03:41	+53:28	09:11
14	1066	Gustavo Torres	Individual	Senior Masculino	03:09:28	+59:14	09:28
15	1038	Ruben Laranjeira	Individual	Senior Masculino	03:16:24	+01:06:11	09:49
16	1035	Diogo Morgado	Individual	Senior Masculino	03:16:25	+01:06:12	09:49
17	1058	João Pereira	Individual	Senior Masculino	03:24:42	+01:14:29	10:14
18	1015	Bruno Pereira	Perelhal a Correr	Senior Masculino	03:27:13	+01:17:00	10:22
19	1044	Alexandre Vale	Vilachotos	Senior Masculino	03:51:09	+01:40:56	11:33
20	1013	André Baptista	Individual	Senior Masculino	04:26:35	+02:16:22	13:20
21	1067	João Vassalo	13	Senior Masculino	05:11:06	+03:00:53	15:33
22	1046	Rodrigo Futuro	Individual	Senior Masculino	05:44:37	+03:34:23	17:14
23	1045	Pedro Neves	Individual	Senior Masculino	05:44:37	+03:34:24	17:14

Sub 23 Masculino

1	1090	Daniel Cachada	Vila cova ativo	Sub 23 Masculino	02:37:21		07:52
2	1025	Guilherme Faria	Individual	Sub 23 Masculino	03:34:17	+56:55	10:43

Veterana F35

1	1034	Christina Monteiro	Oxigénio	Veterana F35	03:25:43		10:17

Veterana F40

1	1109	Sara Araújo	ARCAA	Veterana F40	02:38:18		07:55
2	1010	EMILIA OLIVEIRA	Estela Bike Time	Veterana F40	03:23:29	+45:10	10:10
3	1057	Tânia Ribeiro	Vila cova ativo	Veterana F40	03:27:12	+48:54	10:22
4	1072	Isabel Novais	Perelhal a Correr	Veterana F40	03:35:25	+57:06	10:46
5	1087	Isa Catarina M. Ribeiro	ADE Trail Running	Veterana F40	05:44:39	+03:06:21	17:14

Veterana F45

1	1112	Natalia Branco	ARCAA	Veterana F45	02:39:57		08:00
2	1128	Andreia Conceição	ACTIRUN	Veterana F45	02:42:33	+02:36	08:08
3	1060	Manuela Vilas -boas	Vila cova ativo	Veterana F45	03:27:14	+47:17	10:22
4	1124	Andreia Pelicano	MBT-B	Veterana F45	03:37:00	+57:02	10:51

Veterana F50

1	1006	Maria Ferreira	Individual	Veterana F50	03:05:42		09:17
2	1085	Susana Silva	Individual	Veterana F50	03:38:52	+33:09	10:57
3	1023	Paula Silva	Individual	Veterana F50	04:03:24	+57:41	12:10

Veterana F55

1	1107	Rosa Araújo	ARCAA	Veterana F55	03:13:19		09:40
2	1084	Rosa Ribeiro	Individual	Veterana F55	03:38:52	+25:33	10:57

Veterano M35

1	1098	Marco Santos	365 RP	Veterano M35	01:54:55		05:45
2	1113	Tiago Pinheiro	ARCAA	Veterano M35	01:54:57	+00:02	05:45
3	1108	Tiago Faria	ARCAA	Veterano M35	02:01:08	+06:13	06:03
4	1118	Anthony Gomes	VVC	Veterano M35	02:08:17	+13:21	06:25
5	1142	Avelino Silva	Lobo com Fome	Veterano M35	02:27:22	+32:27	07:22
6	1026	Rui Amaral	Traileiros	Veterano M35	02:29:41	+34:46	07:29
7	1071	Nelson Gonçalves	juvmar	Veterano M35	02:37:48	+42:52	07:53

20KM **20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

8	1050	Vitor Ramalho	Vila cova ativo	Veterano M35	03:05:46	+01:10:51	09:17
9	1003	Tiago Silva	Miradouro trail	Veterano M35	03:08:53	+01:13:57	09:27
10	1064	Carlos Anjo	LOBOS DO MONTE RUN	Veterano M35	03:10:39	+01:15:44	09:32
11	1140	Jorge Ribeiro	Perelhal a Correr	Veterano M35	03:12:43	+01:17:47	09:38
12	1136	Ernesto Araújo	Viavet Runners	Veterano M35	03:16:15	+01:21:20	09:49
13	1069	Daniel de Freitas Ribeiro	Individual	Veterano M35	03:20:44	+01:25:48	10:02
14	1065	Pascal Leiras	RIBEITRAIL	Veterano M35	03:22:14	+01:27:19	10:07
15	1079	André Vieira	Os Mano	Veterano M35	04:25:02	+02:30:06	13:15

Veterano M40

1	1105	Duarte dos Santos Soeiro	ARCAA	Veterano M40	02:11:40		06:35
2	1130	Ilídio Oliveira	365 RP	Veterano M40	02:15:13	+03:33	06:46
3	1081	Júlio Torres	Individual	Veterano M40	02:39:27	+27:46	07:58
4	1000	João Couto	Trilhos de Viana	Veterano M40	02:57:34	+45:53	08:53
5	1033	Vitor Silva	Individual	Veterano M40	03:11:06	+59:25	09:33
6	1094	Vítor Alves	LOBOS DO MONTE RUN	Veterano M40	03:12:33	+01:00:53	09:38
7	1061	Rui Costa	Vila cova ativo	Veterano M40	03:13:35	+01:01:54	09:41
8	1031	Pedro Torres	OCULT	Veterano M40	03:14:38	+01:02:57	09:44
9	1075	Carlos Sousa	Estela Bike Time	Veterano M40	03:16:42	+01:05:01	09:50
10	1047	Mário Martins	Oxigénio	Veterano M40	03:25:44	+01:14:03	10:17
11	1111	Paulo Barbosa	ARCAA	Veterano M40	03:38:38	+01:26:58	10:56

Veterano M45

1	1102	Joel Araújo	ARCAA	Veterano M45	01:58:48		05:56
2	1103	Bruno Ribeiro	ARCAA	Veterano M45	02:04:39	+05:51	06:14
3	1104	José da Silva	ARCAA	Veterano M45	02:17:05	+18:16	06:51
4	1132	Paulo Macedo	AIRORUN	Veterano M45	02:20:26	+21:37	07:01
5	1048	Ricardo Ramalho	Individual	Veterano M45	02:33:53	+35:04	07:42
6	1029	Hélder Azevedo	AIRORUN	Veterano M45	02:48:35	+49:46	08:26
7	1012	Hernani Correia	MINHO AVENTURA	Veterano M45	02:55:51	+57:02	08:48
8	1091	André Vilas-Boas	Vila cova ativo	Veterano M45	02:59:18	+01:00:30	08:58
9	1076	Miguel Soares	ARCA BarceloS runners	Veterano M45	03:05:05	+01:06:16	09:15
10	1042	Rui Machado	Lobos	Veterano M45	03:05:47	+01:06:58	09:17
11	1097	Ivo Costa	Individual	Veterano M45	03:18:10	+01:19:22	09:55
12	1093	Paulo Gijo	ADCRSME	Veterano M45	03:18:12	+01:19:23	09:55
13	1083	José Fernandes	DIABOS À SOLTA	Veterano M45	03:33:42	+01:34:53	10:41
14	1070	Pedro Rocha	juvmar	Veterano M45	04:23:46	+02:24:58	13:11

Veterano M50

1	1018	Marco Rocha	Individual	Veterano M50	02:16:15		06:49
2	1120	Sérgio Campos	QRITMO	Veterano M50	02:26:52	+10:37	07:21
3	1078	Adélio Ramalho	Perelhal a Correr	Veterano M50	02:45:18	+29:03	08:16

20KM **20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	1092	Rui Miranda	Perelhal a Correr	Veterano M50	03:10:55	+54:40	09:33
5	1024	Manuel Faria	Individual	Veterano M50	03:16:01	+59:46	09:48
6	1052	Élio Ramos	Individual	Veterano M50	03:27:23	+01:11:08	10:22
7	1022	Manuel Peixoto	Individual	Veterano M50	04:12:10	+01:55:55	12:36

Veterano M55

1	1030	Daniel Cardoso	AIRORUN	Veterano M55	02:35:30		07:47
2	1008	Duarte ribeiro	Individual	Veterano M55	03:13:06	+37:35	09:39
3	1007	Paulo Martins	Individual	Veterano M55	03:13:06	+37:35	09:39
4	1077	José Costa	GRE BONFIM	Veterano M55	03:16:54	+41:23	09:51
5	1040	Manuel José Gomes	Individual	Veterano M55	03:23:41	+48:10	10:11
6	1080	Sérgio Severino	Individual	Veterano M55	03:26:20	+50:49	10:19
7	1137	João paulo rodrigues	Vila cova ativo	Veterano M55	03:27:14	+51:43	10:22
8	1043	Lutz Welling	Individual	Veterano M55	03:28:29	+52:58	10:25
9	1062	Miguel Mendes	ARC Vale S. Cosme	Veterano M55	03:52:31	+01:17:00	11:38
10	1004	José FILIPE	C.C.D.Terr	Veterano M55	04:09:20	+01:33:49	12:28
11	1041	Osvaldo Oliveira	Individual	Veterano M55	05:44:38	+03:09:07	17:14

Veterano M60

1	1115	Armindo Araújo	BVF	Veterano M60	02:33:26		07:40
2	1009	Joaquim Miranda	Trilhos de Viana	Veterano M60	02:59:44	+26:17	08:59
3	1005	Joaquim Rodrigues	Trilhos de Viana	Veterano M60	03:06:49	+33:22	09:20
4	1016	Harro van der Pluijm	Individual	Veterano M60	03:30:46	+57:20	10:32

TEAM RESULTS - 20KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ARCAA	05:54:53 [2 + 3 + 4]	9
2	365 RP	06:20:21 [1 + 7 + 9]	17
3	AIRORUN	07:44:31 [12 + 25 + 36]	73
4	VILA COVA ATIVO	08:13:59 [26 + 27 + 42]	95
5	TRILHOS DE VIANA	09:04:06 [41 + 43 + 49]	133
6	PERELHAL A CORRER	09:08:55 [35 + 53 + 56]	144
7	LOBOS DO MONTE RUN	09:18:55 [38 + 52 + 55]	145

Trail de Esposende 2026

Esposende, PT

21-março-2026

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	12,4ºC	79%
End	13:27	12,4ºC	79%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	98	Francisco Pilar	juvmar	01:24:44		06:03	
2	154	João Borges	CAAT	01:27:27	+02:43	06:15	
3	67	Joao Bacelar	Individual	01:31:39	+06:55	06:33	
4	37	Vitor cunha	Vilaça team Trail	01:31:54	+07:10	06:34	
5	152	Rafael Carvalho	ARCAA	01:32:44	+08:00	06:37	
6	111	Paulo Vilaça	Cdc priscos	01:32:50	+08:06	06:38	
7	11	José Boucinha	VF's	01:38:55	+14:11	07:04	
8	141	Hélder Pereira Borjes	CAAT	01:39:33	+14:49	07:07	
9	82	Nuno Lomba	Apúlia a Correr	01:39:52	+15:08	07:08	
10	99	José Mariz	juvmar	01:40:29	+15:45	07:11	
11	119	Miguel Pilar	Pilar Team	01:40:38	+15:54	07:11	
12	129	José Alves	Individual	01:41:04	+16:20	07:13	
13	44	Leonardo Torres	Individual	01:41:26	+16:42	07:15	
14	50	Jose duraes	Individual	01:41:33	+16:49	07:15	
15	156	Ricardo Figueiredo	ARCAA	01:42:17	+17:33	07:18	
16	2	Valdemar Fragoso.	Individual	01:43:06	+18:22	07:22	
17	66	Sergio Filipe	Individual	01:43:27	+18:43	07:23	
18	148	Ana Lúcia Silva Dias	Escola Desportiva Limiana	01:45:02	+20:18	07:30	
19	128	Teresa Santos	Individual	01:46:20	+21:36	07:36	
20	48	Lino Vilaça	Vilaça team Trail	01:46:26	+21:42	07:36	
21	91	João Oliveira	Individual	01:46:38	+21:54	07:37	
22	123	Ricardo Miranda	ÁGUIAS DE ALVELOS	01:47:11	+22:27	07:39	
23	153	Diogo Pereira	CAAT	01:47:37	+22:53	07:41	
24	147	Lucia Lopes	Individual	01:48:17	+23:33	07:44	
25	72	Ricardo Moreira	100Ritmo	01:48:37	+23:53	07:46	
26	104	EDUARDO CUNHA	AGUIAS DE ALVELOS	01:49:08	+24:24	07:48	
27	102	Virgílio Ribeiro	Individual	01:49:23	+24:39	07:49	
28	103	Francisco Cavalheiro	Individual	01:49:24	+24:40	07:49	
29	101	Miguel Fino Loureiro	juvmar	01:51:25	+26:41	07:57	
30	58	Luís Miguel Rodrigues	J&L	01:51:36	+26:52	07:58	
31	116	Paula Ferreira	Akuafit	01:51:36	+26:52	07:58	
32	28	José Ferreira	Individual	01:51:40	+26:56	07:59	
33	1	CARLOS PEREIRA	Individual	01:52:15	+27:31	08:01	
34	120	Vitor Junqueira	Individual	01:52:59	+28:15	08:04	
35	65	David Pilar	TEAM PILAR	01:52:59	+28:15	08:04	
36	108	Fernando Pilar	Individual	01:53:15	+28:31	08:05	
37	122	Miguel Ribeiro	Individual	01:54:16	+29:32	08:10	
38	45	Alexandre Fonseca	Individual	01:54:31	+29:47	08:11	
39	112	Guillaume Cepa	No trilho do castro	01:55:16	+30:32	08:14	
40	8	Tiago Tiago Santos	Individual	01:55:36	+30:52	08:15	
41	110	Artur Carqueijó	Individual	01:56:06	+31:22	08:18	
42	64	Teresa Pilar	TEAM PILAR	01:56:22	+31:38	08:19	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	36	Duarte Dias	Individual	01:57:19	+32:35	08:23	
44	155	Márcia Moreira	MBT-B	01:58:18	+33:34	08:27	
45	63	Ricardo Carqueijó	Individual	01:58:19	+33:35	08:27	
46	174	José Ferreira	Individual	01:58:31	+33:47	08:28	
47	47	Hugo Pereira	Individual	02:00:03	+35:19	08:34	
48	1126	André Martins	MBT-B	02:01:30	+36:46	08:41	
49	87	Paulo Saraiva	Individual	02:01:56	+37:12	08:43	
50	135	Mónica Martins	LEBRES MINHOTAS	02:02:10	+37:26	08:44	
51	29	Carlos Soares	Amigos da Montanha	02:02:12	+37:28	08:44	
52	124	Magda Barros	Individual	02:02:15	+37:31	08:44	
53	149	Hugo Ribeiro	Miles & Vibes	02:02:51	+38:07	08:47	
54	40	Susana Carvalho	Individual	02:02:55	+38:11	08:47	
55	150	Joel Afonso	Individual	02:03:30	+38:46	08:49	
56	18	Hélder Oliveira	Miradouro trail	02:03:36	+38:52	08:50	
57	175	Luís Silva	ARCAA	02:03:39	+38:55	08:50	
58	10	Anna Wezgraj da Silva	Lobos com Fome	02:03:49	+39:05	08:51	
59	71	Martinho Capitao	Individual	02:04:30	+39:46	08:54	
60	125	Isabel Maria Ribeiro Rodrigues Rodrigues	Individual	02:04:57	+40:13	08:55	
61	143	Filipe Monteiro	ADE Trail Running	02:05:27	+40:43	08:58	
62	142	José Oliveira	ADE Trail Running	02:05:27	+40:43	08:58	
63	144	Pedro Figueiredo	ADE Trail Running	02:05:28	+40:44	08:58	
64	100	JOAO PAULO MACEDO	juvmar	02:07:27	+42:43	09:06	
65	52	André Carvalho	Individual	02:07:54	+43:10	09:08	
66	157	Vera Rodrigues	Associação de Atletismo Vilacondense	02:08:03	+43:19	09:09	
67	75	Carlos Laranjeira	Individual	02:09:06	+44:22	09:13	
68	107	Emilio Hipolito	Apúlia a Correr	02:09:17	+44:33	09:14	
69	146	Pedro Martins	Individual	02:09:55	+45:11	09:17	
70	13	TIAGO CORREIA	Individual	02:10:39	+45:55	09:20	
71	68	Ana Patrícia	Individual	02:11:43	+46:59	09:24	
72	69	Carlos Carvalho	Individual	02:11:43	+46:59	09:24	
73	117	Judite Torres	Individual	02:11:50	+47:06	09:25	
74	130	Vítor Ribeiro	Individual	02:11:52	+47:08	09:25	
75	12	Mariana Ferreira	Individual	02:12:35	+47:51	09:28	
76	132	Maria Cepa	Pilar Team	02:12:45	+48:01	09:29	
77	3	Francisca Lima	Perelhal a Correr	02:15:17	+50:33	09:40	
78	23	José Monteiro	Individual	02:18:29	+53:45	09:53	
79	24	Helder Silva	Individual	02:19:03	+54:19	09:56	
80	93	Diniz Patrão	ARGO	02:19:17	+54:33	09:57	
81	73	Marina Ribeiro	100Ritmo	02:19:22	+54:38	09:57	
82	113	Mariana Lopes	Vilaça team Trail	02:20:10	+55:26	10:01	
83	4	Antonio Lima	Perelhal a Correr	02:21:25	+56:41	10:06	
84	38	João Gomes	Individual	02:22:41	+57:57	10:11	
85	41	Alberto Sa	Lobos do Monte Tun	02:23:00	+58:16	10:13	
86	89	Antonio Cardoso	Miradouro trail	02:23:40	+58:56	10:16	
87	84	Luís Areias	Individual	02:24:14	+59:30	10:18	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	76	Luis Faria	Inter de Cepães	02:24:14	+59:30	10:18	
89	163	Wellington jose	Individual	02:24:30	+59:46	10:19	
90	6	Ricardo Pereira	Individual	02:25:43	+01:00:59	10:25	
91	164	Tiago Pinheiro	Individual	02:26:00	+01:01:16	10:26	
92	70	Claudia Welling	Individual	02:26:00	+01:01:16	10:26	
93	118	Jacinta Pilar	Pilq4 Team	02:26:00	+01:01:16	10:26	
94	172	Lucia Pilar	Pilar Team	02:26:14	+01:01:30	10:27	
95	90	Isabel Fernandes	ARC Vale S. Cosme	02:26:28	+01:01:44	10:28	
96	109	Isabel Domingues	LEBRES MINHOTAS	02:27:48	+01:03:04	10:33	
97	25	Leonel Pinheiro	Individual	02:28:15	+01:03:31	10:35	
98	86	Manuel Francisco Vasco Gaifem Tito Gaifem	Individual	02:28:43	+01:03:59	10:37	
99	95	Flavio Nunes	Individual	02:29:02	+01:04:18	10:39	
100	139	João Vale Sá	Individual	02:29:16	+01:04:32	10:40	
101	140	Daniela Lemos	Individual	02:29:18	+01:04:34	10:40	
102	162	Miguel Soares	Individual	02:29:51	+01:05:07	10:42	
103	85	Liliana Pereira	Individual	02:31:08	+01:06:24	10:48	
104	81	Telmo Regalado	Individual	02:32:36	+01:07:52	10:54	
105	83	Carlos Vale	Vilachotos	02:34:05	+01:09:21	11:00	
106	74	Guilherme Nunes	Vilachotos	02:34:05	+01:09:21	11:00	
107	121	Hugo Simão	Individual	02:34:32	+01:09:48	11:02	
108	92	José silva	Individual	02:35:29	+01:10:45	11:06	
109	127	Daniel Alberto de Sá Alves	Individual	02:35:30	+01:10:46	11:06	
110	35	Denise Pinheiro	OCULT	02:35:45	+01:11:01	11:07	
111	34	Bruno Peixoto	OCULT	02:35:46	+01:11:02	11:08	
112	96	João Santos	Individual	02:35:46	+01:11:02	11:08	
113	94	Simplicio Sousa	Individual	02:38:44	+01:14:00	11:20	
114	57	Joel Monteiro	Joel Monnteiro	02:38:44	+01:14:00	11:20	
115	171	Luciana Queiros	juvmar	02:39:56	+01:15:12	11:25	
116	79	Rui Pedro	Individual	02:40:40	+01:15:56	11:29	
117	134	Maria Ferreira	MSS Grupo Desportivo de Gondomar	02:40:41	+01:15:57	11:29	
118	80	Vera Amorim	Individual	02:40:43	+01:15:59	11:29	
119	133	Joaquim Moreira	MSS Grupo Desportivo de Gondomar	02:41:03	+01:16:19	11:30	
120	88	Renato Salgueiro	Individual	02:41:12	+01:16:28	11:31	
121	173	Mara Ferreira	Pilar Team	02:42:10	+01:17:26	11:35	
122	131	Catarina Cepa	Pilar Team	02:42:10	+01:17:26	11:35	
123	19	Vânia Carvalho	Estela Bike Time	02:43:48	+01:19:04	11:42	
124	9	Vitória Carneiro	Miles & Vibes	02:44:11	+01:19:27	11:44	
125	158	Cristiana Carvalho	Associação de Atletismo Vilacondense	02:44:53	+01:20:09	11:47	
126	21	Daniel Alves	Estela Bike Time	02:45:05	+01:20:21	11:48	
127	54	Daniela Almeida	Individual	02:45:06	+01:20:22	11:48	
128	20	Fernando Alves	Estela Bike Time	02:45:15	+01:20:31	11:48	
129	62	Pedro Lourenço	Estela Bike Time	02:45:15	+01:20:31	11:48	
130	43	Pedro Carvalho	Individual	02:45:26	+01:20:42	11:49	
131	46	Ricardo Azevedo	Gemeses lovers	02:45:26	+01:20:42	11:49	
132	49	Veronica Pereira	Individual	02:45:26	+01:20:42	11:49	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	42	Sara Almeida	Individual	02:45:27	+01:20:43	11:49	
134	55	Paulo Alves	Individual	02:45:27	+01:20:43	11:49	
135	61	José Carlos Boucinha	Estela Bike Time	02:46:41	+01:21:57	11:54	
136	136	Rui Ferreira	Individual	02:48:06	+01:23:22	12:00	
137	170	Rui Silva	Individual	02:48:09	+01:23:25	12:01	
138	56	Marina Cepa	100Ritmo	02:50:37	+01:25:53	12:11	
139	31	Carlos Felgueiras	ADCRSME	03:02:30	+01:37:46	13:02	
140	22	Anabela da Rocha Casal Casal	Trilhos de Viana	03:03:43	+01:38:59	13:07	
141	5	José Coelho	Individual	03:03:46	+01:39:02	13:08	
142	60	Mariana Campelo	Individual	03:09:13	+01:44:29	13:31	
143	59	Joana Cunha	Individual	03:09:14	+01:44:30	13:31	
144	160	Luís Neiva Sá	Individual	03:10:53	+01:46:09	13:38	
145	161	Daniel Sá	Individual	03:10:53	+01:46:09	13:38	
146	159	Ana Silva	ADCRSME	03:10:54	+01:46:10	13:38	
147	137	Ana Santos	Individual	03:10:55	+01:46:11	13:38	
148	168	Ana Eusébio	Individual	03:11:45	+01:47:01	13:42	
149	32	Sílvia Campos	FamaRun	03:12:49	+01:48:05	13:46	
150	33	Marcelo Azevedo	FamaRun	03:12:49	+01:48:05	13:46	
151	77	Ricardo Pires	Individual	03:19:47	+01:55:03	14:16	
152	78	Joana Mourão	Individual	03:19:47	+01:55:03	14:16	
153	169	Ana Eusebio	Individual	03:22:01	+01:57:17	14:26	
154	1095	Alexandra Oliveira	Individual	03:28:39	+02:03:55	14:54	
155	26	Diana Martins Ferreira	Speedy Gonzalas	03:30:21	+02:05:37	15:02	
156	1096	Bruno Carqueijó	Individual	03:31:52	+02:07:08	15:08	
157	165	Sandra Carqueijó	Individual	03:31:53	+02:07:09	15:08	
158	167	Maria Graça	Individual	03:46:36	+02:21:52	16:11	
159	1135	Carlos Fernandes	Spin & Run Esposende	03:57:44	+02:33:00	16:59	
160	7	Ana Oliveira	Individual	03:57:45	+02:33:01	16:59	

Trail de Esposende 2026

Esposende, PT

21-março-2026

14KM

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	12,4ºC	79%
End	13:27	12,4ºC	79%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Feminino							
1	155	Márcia Moreira	MBT-B	Junior Feminino	01:58:18		08:27
2	159	Ana Silva	ADCRSME	Junior Feminino	03:10:54	+01:12:35	13:38
Junior Masculino							
1	154	João Borges	CAAT	Junior Masculino	01:27:27		06:15
2	152	Rafael Carvalho	ARCAA	Junior Masculino	01:32:44	+05:17	06:37
3	153	Diogo Pereira	CAAT	Junior Masculino	01:47:37	+20:10	07:41
4	161	Daniel Sá	Individual	Junior Masculino	03:10:53	+01:43:26	13:38
Juvenil Masculino							
1	156	Ricardo Figueiredo	ARCAA	Juvenil Masculino	01:42:17		07:18
2	175	Luís Silva	ARCAA	Juvenil Masculino	02:03:39	+21:21	08:50
Senior Feminino							
1	124	Magda Barros	Individual	Senior Feminino	02:02:15		08:44
2	68	Ana Patrícia	Individual	Senior Feminino	02:11:43	+09:28	09:24
3	12	Mariana Ferreira	Individual	Senior Feminino	02:12:35	+10:20	09:28
4	3	Francisca Lima	Perelhal a Correr	Senior Feminino	02:15:17	+13:02	09:40
5	73	Marina Ribeiro	100Ritmo	Senior Feminino	02:19:22	+17:06	09:57
6	140	Daniela Lemos	Individual	Senior Feminino	02:29:18	+27:03	10:40
7	35	Denise Pinheiro	OCULT	Senior Feminino	02:35:45	+33:30	11:07
8	80	Vera Amorim	Individual	Senior Feminino	02:40:43	+38:28	11:29
9	173	Mara Ferreira	Pilar Team	Senior Feminino	02:42:10	+39:54	11:35
10	54	Daniela Almeida	Individual	Senior Feminino	02:45:06	+42:51	11:48
11	59	Joana Cunha	Individual	Senior Feminino	03:09:14	+01:06:59	13:31
12	168	Ana Eusébio	Individual	Senior Feminino	03:11:45	+01:09:29	13:42
13	26	Diana Martins Ferreira	Speedy Gonzalas	Senior Feminino	03:30:21	+01:28:06	15:02
Senior Masculino							
1	67	Joao Bacelar	Individual	Senior Masculino	01:31:39		06:33
2	66	Sergio Filipe	Individual	Senior Masculino	01:43:27	+11:48	07:23
3	102	Virgílio Ribeiro	Individual	Senior Masculino	01:49:23	+17:44	07:49
4	45	Alexandre Fonseca	Individual	Senior Masculino	01:54:31	+22:52	08:11
5	8	Tiago Tiago Santos	Individual	Senior Masculino	01:55:36	+23:56	08:15

14KM

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

6	63	Ricardo Carqueijó	Individual	Senior Masculino	01:58:19	+26:40	08:27
7	149	Hugo Ribeiro	Miles & Vibes	Senior Masculino	02:02:51	+31:12	08:47
8	150	Joel Afonso	Individual	Senior Masculino	02:03:30	+31:51	08:49
9	144	Pedro Figueiredo	ADE Trail Running	Senior Masculino	02:05:28	+33:48	08:58
10	75	Carlos Laranjeira	Individual	Senior Masculino	02:09:06	+37:27	09:13
11	130	Vítor Ribeiro	Individual	Senior Masculino	02:11:52	+40:13	09:25
12	93	Diniz Patrão	ARGO	Senior Masculino	02:19:17	+47:38	09:57
13	38	João Gomes	Individual	Senior Masculino	02:22:41	+51:02	10:11
14	84	Luís Areias	Individual	Senior Masculino	02:24:14	+52:35	10:18
15	76	Luis Faria	Inter de Cepães	Senior Masculino	02:24:14	+52:35	10:18
16	139	João Vale Sá	Individual	Senior Masculino	02:29:16	+57:37	10:40
17	81	Telmo Regalado	Individual	Senior Masculino	02:32:36	+01:00:56	10:54
18	74	Guilherme Nunes	Vilachotos	Senior Masculino	02:34:05	+01:02:26	11:00
19	121	Hugo Simão	Individual	Senior Masculino	02:34:32	+01:02:52	11:02
20	92	José silva	Individual	Senior Masculino	02:35:29	+01:03:50	11:06
21	127	Daniel Alberto de Sá Alves	Individual	Senior Masculino	02:35:30	+01:03:50	11:06
22	34	Bruno Peixoto	OCULT	Senior Masculino	02:35:46	+01:04:07	11:08
23	96	João Santos	Individual	Senior Masculino	02:35:46	+01:04:07	11:08
24	79	Rui Pedro	Individual	Senior Masculino	02:40:40	+01:09:01	11:29
25	88	Renato Salgueiro	Individual	Senior Masculino	02:41:12	+01:09:33	11:31
26	46	Ricardo Azevedo	Gemeses lovers	Senior Masculino	02:45:26	+01:13:47	11:49
27	170	Rui Silva	Individual	Senior Masculino	02:48:09	+01:16:30	12:01
28	33	Marcelo Azevedo	FamaRun	Senior Masculino	03:12:49	+01:41:10	13:46

Veterana F35

1	148	Ana Lúcia Silva Dias	Escola Desportiva Limiana	Veterana F35	01:45:02		07:30
2	147	Lucia Lopes	Individual	Veterana F35	01:48:17	+03:15	07:44
3	40	Susana Carvalho	Individual	Veterana F35	02:02:55	+17:52	08:47
4	10	Anna Wezgraj da Silva	Lobos com Fome	Veterana F35	02:03:49	+18:47	08:51
5	113	Mariana Lopes	Vilaça team Trail	Veterana F35	02:20:10	+35:07	10:01
6	131	Catarina Cepa	Pilar Team	Veterana F35	02:42:10	+57:07	11:35
7	49	Veronica Pereira	Individual	Veterana F35	02:45:26	+01:00:24	11:49
8	42	Sara Almeida	Individual	Veterana F35	02:45:27	+01:00:24	11:49
9	137	Ana Santos	Individual	Veterana F35	03:10:55	+01:25:52	13:38

Veterana F40

1	125	Isabel Maria Ribeiro Rodrigues Rodrigues	Individual	Veterana F40	02:04:57		08:55
2	85	Liliana Pereira	Individual	Veterana F40	02:31:08	+26:10	10:48
3	171	Luciana Queiros	juvmar	Veterana F40	02:39:56	+34:58	11:25
4	19	Vânia Carvalho	Estela Bike Time	Veterana F40	02:43:48	+38:51	11:42
5	56	Marina Cepa	100Ritmo	Veterana F40	02:50:37	+45:39	12:11
6	60	Mariana Campelo	Individual	Veterana F40	03:09:13	+01:04:16	13:31

7	167	Maria Graça	Individual	Veterana F40	03:46:36	+01:41:39	16:11

Veterana F45

1	116	Paula Ferreira	Akuafit	Veterana F45	01:51:36		07:58
2	135	Mónica Martins	LEBRES MINHOTAS	Veterana F45	02:02:10	+10:33	08:44
3	172	Lucia Pilar	Pilar Team	Veterana F45	02:26:14	+34:37	10:27
4	9	Vitória Carneiro	Miles & Vibes	Veterana F45	02:44:11	+52:34	11:44
5	158	Cristiana Carvalho	Associação de Atletismo Vilacondense	Veterana F45	02:44:53	+53:17	11:47
6	22	Anabela da Rocha Casal Casal	Trilhos de Viana	Veterana F45	03:03:43	+01:12:06	13:07
7	32	Sílvia Campos	FamaRun	Veterana F45	03:12:49	+01:21:12	13:46
8	78	Joana Mourão	Individual	Veterana F45	03:19:47	+01:28:10	14:16
9	1095	Alexandra Oliveira	Individual	Veterana F45	03:28:39	+01:37:03	14:54

Veterana F50

1	128	Teresa Santos	Individual	Veterana F50	01:46:20		07:36
2	157	Vera Rodrigues	Associação de Atletismo Vilacondense	Veterana F50	02:08:03	+21:42	09:09
3	118	Jacinta Pilar	Pilq4 Team	Veterana F50	02:26:00	+39:40	10:26
4	169	Ana Eusebio	Individual	Veterana F50	03:22:01	+01:35:41	14:26

Veterana F55

1	64	Teresa Pilar	TEAM PILAR	Veterana F55	01:56:22		08:19
2	117	Judite Torres	Individual	Veterana F55	02:11:50	+15:27	09:25
3	132	Maria Cepa	Pilar Team	Veterana F55	02:12:45	+16:23	09:29
4	70	Claudia Welling	Individual	Veterana F55	02:26:00	+29:38	10:26
5	90	Isabel Fernandes	ARC Vale S. Cosme	Veterana F55	02:26:28	+30:05	10:28
6	109	Isabel Domingues	LEBRES MINHOTAS	Veterana F55	02:27:48	+31:25	10:33
7	134	Maria Ferreira	MSS Grupo Desportivo de Gondomar	Veterana F55	02:40:41	+44:19	11:29
8	7	Ana Oliveira	Individual	Veterana F55	03:57:45	+02:01:23	16:59

Veterano M35

1	82	Nuno Lomba	Apúlia a Correr	Veterano M35	01:39:52		07:08
2	91	João Oliveira	Individual	Veterano M35	01:46:38	+06:46	07:37
3	123	Ricardo Miranda	ÁGUIAS DE ALVELOS	Veterano M35	01:47:11	+07:18	07:39
4	101	Miguel Fino Loureiro	juvmar	Veterano M35	01:51:25	+11:32	07:57
5	122	Miguel Ribeiro	Individual	Veterano M35	01:54:16	+14:24	08:10
6	112	Guillaume Cepa	No trilho do castro	Veterano M35	01:55:16	+15:24	08:14
7	110	Artur Carqueijó	Individual	Veterano M35	01:56:06	+16:13	08:18

8	36	Duarte Dias	Individual	Veterano M35	01:57:19	+17:26	08:23
9	52	André Carvalho	Individual	Veterano M35	02:07:54	+28:02	09:08
10	146	Pedro Martins	Individual	Veterano M35	02:09:55	+30:03	09:17
11	13	TIAGO CORREIA	Individual	Veterano M35	02:10:39	+30:47	09:20
12	24	Helder Silva	Individual	Veterano M35	02:19:03	+39:10	09:56
13	89	Antonio Cardoso	Miradouro trail	Veterano M35	02:23:40	+43:47	10:16
14	95	Flavio Nunes	Individual	Veterano M35	02:29:02	+49:10	10:39
15	94	Simplicio Sousa	Individual	Veterano M35	02:38:44	+58:52	11:20
16	57	Joel Monteiro	Joel Monnteiro	Veterano M35	02:38:44	+58:52	11:20
17	43	Pedro Carvalho	Individual	Veterano M35	02:45:26	+01:05:34	11:49
18	136	Rui Ferreira	Individual	Veterano M35	02:48:06	+01:08:14	12:00
19	1096	Bruno Carqueijó	Individual	Veterano M35	03:31:52	+01:52:00	15:08
20	165	Sandra Carqueijó	Individual	Veterano M35	03:31:53	+01:52:01	15:08

Veterano M40

1	98	Francisco Pilar	juvmar	Veterano M40	01:24:44		06:03
2	11	José Boucinha	VF's	Veterano M40	01:38:55	+14:11	07:04
3	44	Leonardo Torres	Individual	Veterano M40	01:41:26	+16:42	07:15
4	28	José Ferreira	Individual	Veterano M40	01:51:40	+26:55	07:59
5	120	Vitor Junqueira	Individual	Veterano M40	01:52:59	+28:15	08:04
6	47	Hugo Pereira	Individual	Veterano M40	02:00:03	+35:18	08:34
7	29	Carlos Soares	Amigos da Montanha	Veterano M40	02:02:12	+37:27	08:44
8	18	Hélder Oliveira	Miradouro trail	Veterano M40	02:03:36	+38:52	08:50
9	142	José Oliveira	ADE Trail Running	Veterano M40	02:05:27	+40:43	08:58
10	100	JOAO PAULO MACEDO	juvmar	Veterano M40	02:07:27	+42:42	09:06
11	69	Carlos Carvalho	Individual	Veterano M40	02:11:43	+46:59	09:24
12	163	Wellington jose	Individual	Veterano M40	02:24:30	+59:46	10:19
13	164	Tiago Pinheiro	Individual	Veterano M40	02:26:00	+01:01:16	10:26
14	25	Leonel Pinheiro	Individual	Veterano M40	02:28:15	+01:03:31	10:35
15	21	Daniel Alves	Estela Bike Time	Veterano M40	02:45:05	+01:20:21	11:48
16	20	Fernando Alves	Estela Bike Time	Veterano M40	02:45:15	+01:20:31	11:48
17	62	Pedro Lourenço	Estela Bike Time	Veterano M40	02:45:15	+01:20:31	11:48
18	55	Paulo Alves	Individual	Veterano M40	02:45:27	+01:20:43	11:49
19	61	José Carlos Boucinha	Estela Bike Time	Veterano M40	02:46:41	+01:21:57	11:54
20	77	Ricardo Pires	Individual	Veterano M40	03:19:47	+01:55:03	14:16
21	1135	Carlos Fernandes	Spin & Run Esposende	Veterano M40	03:57:44	+02:33:00	16:59

Veterano M45

1	37	Vitor cunha	Vilaça team Trail	Veterano M45	01:31:54		06:34
2	119	Miguel Pilar	Pilar Team	Veterano M45	01:40:38	+08:44	07:11
3	50	Jose duraes	Individual	Veterano M45	01:41:33	+09:39	07:15
4	72	Ricardo Moreira	100Ritmo	Veterano M45	01:48:37	+16:43	07:46
5	104	EDUARDO CUNHA	AGUIAS DE ALVELOS	Veterano M45	01:49:08	+17:14	07:48
6	58	Luís Miguel Rodrigues	J&L	Veterano M45	01:51:36	+19:42	07:58

7	1126	André Martins	MBT-B	Veterano M45	02:01:30	+29:36	08:41
8	71	Martinho Capitao	Individual	Veterano M45	02:04:30	+32:36	08:54
9	143	Filipe Monteiro	ADE Trail Running	Veterano M45	02:05:27	+33:33	08:58
10	31	Carlos Felgueiras	ADCRSME	Veterano M45	03:02:30	+01:30:36	13:02

Veterano M50

1	111	Paulo Vilaça	Cdc priscos	Veterano M50	01:32:50		06:38
2	141	Hélder Pereira Borjes	CAAT	Veterano M50	01:39:33	+06:43	07:07
3	2	Valdemar Fragoso.	Individual	Veterano M50	01:43:06	+10:16	07:22
4	103	Francisco Cavalheiro	Individual	Veterano M50	01:49:24	+16:34	07:49
5	1	CARLOS PEREIRA	Individual	Veterano M50	01:52:15	+19:25	08:01
6	108	Fernando Pilar	Individual	Veterano M50	01:53:15	+20:25	08:05
7	87	Paulo Saraiva	Individual	Veterano M50	02:01:56	+29:06	08:43
8	83	Carlos Vale	Vilachotos	Veterano M50	02:34:05	+01:01:15	11:00
9	5	José Coelho	Individual	Veterano M50	03:03:46	+01:30:56	13:08
10	160	Luís Neiva Sá	Individual	Veterano M50	03:10:53	+01:38:02	13:38

Veterano M55

1	129	José Alves	Individual	Veterano M55	01:41:04		07:13
2	48	Lino Vilaça	Vilaça team Trail	Veterano M55	01:46:26	+05:21	07:36
3	65	David Pilar	TEAM PILAR	Veterano M55	01:52:59	+11:54	08:04
4	174	José Ferreira	Individual	Veterano M55	01:58:31	+17:26	08:28
5	23	José Monteiro	Individual	Veterano M55	02:18:29	+37:24	09:53
6	6	Ricardo Pereira	Individual	Veterano M55	02:25:43	+44:39	10:25
7	162	Miguel Soares	Individual	Veterano M55	02:29:51	+48:46	10:42
8	133	Joaquim Moreira	MSS Grupo Desportivo de Gondomar	Veterano M55	02:41:03	+59:59	11:30

Veterano M60

1	99	José Mariz	juvmar	Veterano M60	01:40:29		07:11
2	107	Emilio Hipolito	Apúlia a Correr	Veterano M60	02:09:17	+28:47	09:14

Veterano M65

1	4	Antonio Lima	Perelhal a Correr	Veterano M65	02:21:25		10:06
2	86	Manuel Francisco Vasco Gaifem Tito Gaifem	Individual	Veterano M65	02:28:43	+07:17	10:37

14KM **14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M70

1	41	Alberto Sa	Lobos do Monte Tun	Veterano M70	02:23:00	10:13

TEAM RESULTS - 14KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CAAT	04:54:36 [2 + 8 + 23]	33
2	JUVMAR	04:56:37 [1 + 10 + 29]	40
3	ARCAA	05:18:39 [5 + 15 + 57]	77
4	VILAÇA TEAM TRAIL	05:38:29 [4 + 20 + 82]	106
5	ADE TRAIL RUNNING	06:16:22 [61 + 62 + 63]	186
6	PILAR TEAM	06:19:36 [11 + 76 + 94]	181
7	100RITMO	06:58:35 [25 + 81 + 138]	244
8	ESTELA BIKE TIME	08:14:08 [123 + 126 + 128]	377

Trail de Esposende 2026

Esposende, PT

21-março-2026

BAMBIS - STAGE 1 — 0,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:00	15,2ºC	73%
End	15:02	15,2ºC	73%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	4003	João Eduardo Garcia	Individual	01:03		-	
2	4018	Leonardo Rua	Individual	01:03		-	
3	4004	Teresa Laranjeira	Rodrigues Laranjeira	01:03		-	
4	4011	Margarida Laranjeira	juvmar	01:04	+00:01	-	
5	4013	Diana Alves	juvmar	01:07	+00:04	-	
6	4017	Martim Miranda	juvmar	01:08	+00:05	-	
7	4014	Alex Lima	juvmar	01:09	+00:06	-	
8	4027	Eduardo Laranjeira	Individual	01:09	+00:06	-	
9	4012	Ana Gomes	juvmar	01:10	+00:07	-	
10	4028	Vicente Oliveira	juvmar	01:13	+00:10	-	
11	4002	Ivo Pedro	Individual	01:23	+00:20	-	
12	4000	Ana João Rodrigues Sousa	Equipa da Gaby	01:33	+00:30	-	
13	4005	Pedro Amorim	Pedro Vieira Amorim	01:34	+00:31	-	
14	4008	Duarte Costa	Individual	01:48	+00:45	-	
15	4020	Guiomar Vale	ADE Trail Running	02:27	+01:24	-	

Trail de Esposende 2026

Esposende, PT

21-março-2026

Bambis — 0,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:00	15,2ºC	73%
End	15:02	15,2ºC	73%

Bambis Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	4004	Teresa Laranjeira	Rodrigues Laranjeira	Bambis Feminino	01:03		-
2	4011	Margarida Laranjeira	juvmar	Bambis Feminino	01:04	+00:00	-
3	4013	Diana Alves	juvmar	Bambis Feminino	01:07	+00:03	-
4	4012	Ana Gomes	juvmar	Bambis Feminino	01:10	+00:07	-
5	4000	Ana João Rodrigues Sousa	Equipa da Gaby	Bambis Feminino	01:33	+00:29	-
6	4020	Guiomar Vale	ADE Trail Running	Bambis Feminino	02:27	+01:24	-

Bambis Masculino

1	4003	João Eduardo Garcia	Individual	Bambis Masculino	01:03		-
2	4018	Leonardo Rua	Individual	Bambis Masculino	01:03	+00:00	-
3	4017	Martim Miranda	juvmar	Bambis Masculino	01:08	+00:05	-
4	4014	Alex Lima	juvmar	Bambis Masculino	01:09	+00:06	-
5	4027	Eduardo Laranjeira	Individual	Bambis Masculino	01:09	+00:06	-
6	4028	Vicente Oliveira	juvmar	Bambis Masculino	01:13	+00:09	-
7	4002	Ivo Pedro	Individual	Bambis Masculino	01:23	+00:20	-
8	4005	Pedro Amorim	Pedro Vieira Amorim	Bambis Masculino	01:34	+00:31	-
9	4008	Duarte Costa	Individual	Bambis Masculino	01:48	+00:45	-

Trail de Esposende 2026

Esposende, PT

21-março-2026

BENJAMINS A - STAGE 1 — 0,7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:15	15,2ºC	73%
End	15:16	15,2ºC	73%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	5030	Rodrigo Fernandes	União Cultural e Recreativa de Aborim	03:44		-	
2	5000	Francisco Alves	Individual	03:47	+00:03	-	
3	5032	Barbara Miranda	União Cultural e Recreativa de Aborim	03:48	+00:04	-	
4	5029	Dinis Silva	União Cultural e Recreativa de Aborim	03:57	+00:13	-	
5	5014	Duarte Gonçalves	juvmar	04:01	+00:17	-	
6	5004	Francisco Pinto	Individual	04:10	+00:26	-	
7	5009	Clara Alves	juvmar	04:13	+00:29	-	
8	5036	Duarte Marques	Individual	04:16	+00:32	-	
9	4019	Afonso Miranda	União Cultural e Recreativa de Aborim	04:27	+00:43	-	
10	5010	Bruno Calheiros	juvmar	04:31	+00:47	-	
11	5021	Martim Loureiro	juvmar	04:35	+00:51	-	
12	5011	Íris Couto	juvmar	04:38	+00:54	-	
13	5001	Francisca Silva	Fifi & Companhia	04:40	+00:56	-	
14	5027	Maria Viana	juvmar	04:41	+00:57	-	
15	5026	Afonso Moreira	juvmar	04:43	+00:59	-	
16	5006	Ana Luís Duarte Soares	Individual	04:46	+01:02	-	
17	4001	Vasco Oliveira	Individual	04:48	+01:04	-	
18	5028	Johamberly Añez	juvmar	04:56	+01:12	-	
19	5007	Amélia Sofia P. G. Pacheco de Oliveira	Individual	04:58	+01:14	-	
20	5016	Luisa Laranjeira	juvmar	04:59	+01:15	-	
21	5005	Carolina Amorim	Carolina Vieira Amorim	05:09	+01:25	-	
22	4007	Afonso Costa	Individual	05:15	+01:31	-	
23	4009	Gonçalo Lomba	Individual	05:20	+01:36	-	
24	5035	Benjamim de Martins Pinheiro	Individual	05:26	+01:42	-	
25	4015	Matilde Loureiro	juvmar	05:35	+01:51	-	
26	5025	Joana Miranda	juvmar	06:05	+02:21	-	

Trail de Esposende 2026

Esposende, PT

21-março-2026

Benjamins A — 0,7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:15	15,2ºC	73%
End	15:16	15,2ºC	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Benjamim A Feminino							
1	5032	Barbara Miranda	União Cultural e Recreativa de Aborim	Benjamim A Feminino	03:48		-
2	5009	Clara Alves	juvmar	Benjamim A Feminino	04:13	+00:25	-
3	5011	Íris Couto	juvmar	Benjamim A Feminino	04:38	+00:49	-
4	5001	Francisca Silva	Fifi & Companhia	Benjamim A Feminino	04:40	+00:51	-
5	5027	Maria Viana	juvmar	Benjamim A Feminino	04:41	+00:52	-
6	5006	Ana Luís Duarte Soares	Individual	Benjamim A Feminino	04:46	+00:57	-
7	5028	Johamberly Añez	juvmar	Benjamim A Feminino	04:56	+01:07	-
8	5007	Amélia Sofia P. G. Pacheco de Oliveira	Individual	Benjamim A Feminino	04:58	+01:09	-
9	5016	Luisa Laranjeira	juvmar	Benjamim A Feminino	04:59	+01:10	-
10	5005	Carolina Amorim	Carolina Vieira Amorim	Benjamim A Feminino	05:09	+01:20	-
11	4015	Matilde Loureiro	juvmar	Benjamim A Feminino	05:35	+01:47	-
12	5025	Joana Miranda	juvmar	Benjamim A Feminino	06:05	+02:17	-
Benjamim A Masculino							
1	5030	Rodrigo Fernandes	União Cultural e Recreativa de Aborim	Benjamim A Masculino	03:44		-
2	5000	Francisco Alves	Individual	Benjamim A Masculino	03:47	+00:03	-
3	5029	Dinis Silva	União Cultural e Recreativa de Aborim	Benjamim A Masculino	03:57	+00:13	-
4	5014	Duarte Gonçalves	juvmar	Benjamim A Masculino	04:01	+00:17	-
5	5004	Francisco Pinto	Individual	Benjamim A Masculino	04:10	+00:26	-
6	5036	Duarte Marques	Individual	Benjamim A Masculino	04:16	+00:32	-
7	4019	Afonso Miranda	União Cultural e Recreativa de Aborim	Benjamim A Masculino	04:27	+00:43	-
8	5010	Bruno Calheiros	juvmar	Benjamim A Masculino	04:31	+00:47	-
9	5021	Martim Loureiro	juvmar	Benjamim A Masculino	04:35	+00:51	-
10	5026	Afonso Moreira	juvmar	Benjamim A Masculino	04:43	+00:59	-
11	4001	Vasco Oliveira	Individual	Benjamim A Masculino	04:48	+01:04	-
12	4007	Afonso Costa	Individual	Benjamim A Masculino	05:15	+01:31	-
13	4009	Gonçalo Lomba	Individual	Benjamim A Masculino	05:20	+01:36	-
14	5035	Benjamim de Martins Pinheiro	Individual	Benjamim A Masculino	05:26	+01:42	-

Trail de Esposende 2026

Esposende, PT

21-março-2026

BENJAMINS B - STAGE 1 — 2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:30	15,2ºC	73%
End	15:48	15,2ºC	73%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	6004	António Laranjeira	Individual	10:13		05:06	
2	6001	Félix Rosas	Individual	10:32	+00:19	05:16	
3	6009	Tiago Dantas	A.D. Calca Folhas	11:04	+00:51	05:32	
4	6006	Bernardo Almeida	Individual	11:29	+01:16	05:44	
5	5018	Miguel Viana	juvmar	11:41	+01:28	05:50	
6	6016	Afonso Barbosa	União Cultural e Recreativa de Aborim	11:50	+01:37	05:55	
7	5002	Afonso Marques	Marques	13:09	+02:56	06:35	
8	6015	Luis Rosas	União Cultural e Recreativa de Aborim	13:47	+03:34	06:54	
9	6002	Vasco Martins Ramalho	Vasco	14:59	+04:46	07:29	
10	6005	Miguel Medeiros	Individual	15:12	+04:59	07:36	
11	6008	Maria Fernandes	juvmar	15:18	+05:05	07:39	

Trail de Esposende 2026

Esposende, PT

21-março-2026

Benjamins B — 2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:30	15,2ºC	73%
End	15:48	15,2ºC	73%

Benjamim B Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6008	Maria Fernandes	juvmar	Benjamim B Feminino	15:18		07:39

Benjamim B Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6004	António Laranjeira	Individual	Benjamim B Masculino	10:13		05:06
2	6001	Félix Rosas	Individual	Benjamim B Masculino	10:32	+00:19	05:16
3	6009	Tiago Dantas	A.D. Calca Folhas	Benjamim B Masculino	11:04	+00:51	05:32
4	6006	Bernardo Almeida	Individual	Benjamim B Masculino	11:29	+01:15	05:44
5	5018	Miguel Viana	juvmar	Benjamim B Masculino	11:41	+01:27	05:50
6	6016	Afonso Barbosa	União Cultural e Recreativa de Aborim	Benjamim B Masculino	11:50	+01:36	05:55
7	5002	Afonso Marques	Marques	Benjamim B Masculino	13:09	+02:56	06:35
8	6015	Luis Rosas	União Cultural e Recreativa de Aborim	Benjamim B Masculino	13:47	+03:34	06:54
9	6002	Vasco Martins Ramalho	Vasco	Benjamim B Masculino	14:59	+04:45	07:29
10	6005	Miguel Medeiros	Individual	Benjamim B Masculino	15:12	+04:58	07:36

Trail de Esposende 2026

Esposende, PT

21-março-2026

INFANTIS - STAGE 1 — 2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	16:00	15,3ºC	74%
End	16:08	15,3ºC	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	7010	André Meira	juvmar	10:14		05:07	
2	7022	Edgar Brito	União Cultural e Recreativa de Aborim	10:21	+00:07	05:10	
3	7024	Guilherme Carreira de Oliveira	Individual	10:27	+00:13	05:13	
4	7005	Jasmim Lima	juvmar	10:48	+00:34	05:24	
5	7003	Guilherme Pereira	Individual	10:48	+00:34	05:24	
6	7025	João Caramês	Individual	10:53	+00:39	05:26	
7	7023	Naiara Arantes	União Cultural e Recreativa de Aborim	11:28	+01:14	05:44	
8	7018	Inês Pilar	juvmar	12:14	+02:00	06:07	
9	7020	Gustavo Pereira	juvmar	13:22	+03:08	06:41	
10	7021	Leonor Andrade	União Cultural e Recreativa de Aborim	14:17	+04:03	07:09	
11	7013	Tiago Fragoso	juvmar	14:31	+04:17	07:16	
12	6014	Maria Napoleão	União Cultural e Recreativa de Aborim	14:42	+04:28	07:21	
13	7004	Teresa Lencastre	Primos das Corridas	14:51	+04:37	07:26	

Trail de Esposende 2026

Esposende, PT

21-março-2026

Infantis

2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	16:00	15,3ºC	74%
End	16:08	15,3ºC	74%

Infantil Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	7005	Jasmim Lima	juvmar	Infantil Feminino	10:48		05:24
2	7023	Naiara Arantes	União Cultural e Recreativa de Aborim	Infantil Feminino	11:28	+00:40	05:44
3	7018	Inês Pilar	juvmar	Infantil Feminino	12:14	+01:26	06:07
4	7021	Leonor Andrade	União Cultural e Recreativa de Aborim	Infantil Feminino	14:17	+03:29	07:09
5	6014	Maria Napoleão	União Cultural e Recreativa de Aborim	Infantil Feminino	14:42	+03:54	07:21
6	7004	Teresa Lencastre	Primos das Corridas	Infantil Feminino	14:51	+04:03	07:26

Infantil Masculino

1	7010	André Meira	juvmar	Infantil Masculino	10:14		05:07
2	7022	Edgar Brito	União Cultural e Recreativa de Aborim	Infantil Masculino	10:21	+00:06	05:10
3	7024	Guilherme Carreira de Oliveira	Individual	Infantil Masculino	10:27	+00:12	05:13
4	7003	Guilherme Pereira	Individual	Infantil Masculino	10:48	+00:33	05:24
5	7025	João Caramês	Individual	Infantil Masculino	10:53	+00:38	05:26
6	7020	Gustavo Pereira	juvmar	Infantil Masculino	13:22	+03:07	06:41
7	7013	Tiago Fragoso	juvmar	Infantil Masculino	14:31	+04:16	07:16

Trail de Esposende 2026

Esposende, PT

21-março-2026

INICIADOS - STAGE 1

4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	16:30	15,5ºC	75%
End	16:57	15,5ºC	75%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	8011	João Miranda	União Cultural e Recreativa de Aborim	21:55		05:29	
2	8008	João Vilela	juvmar	22:48	+00:53	05:42	
3	8010	Francisco Laranjeira	juvmar	23:32	+01:37	05:53	
4	7008	Diego Macedo	juvmar	25:25	+03:30	06:21	
5	7006	Francisca Silva	juvmar	27:33	+05:38	06:53	
6	7009	Regina Viana	juvmar	29:19	+07:24	07:20	
7	7016	Joana Silva Rodrigues	juvmar	31:13	+09:18	07:48	
8	8003	Henrique Lencastre	Primos das Corridas	32:31	+10:36	08:08	

Trail de Esposende 2026

Esposende, PT

21-março-2026

Iniciados

4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	16:30	15,5ºC	75%
End	16:57	15,5ºC	75%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Iniciado Feminino							
1	7006	Francisca Silva	juvmar	Iniciado Feminino	27:33		06:53
2	7009	Regina Viana	juvmar	Iniciado Feminino	29:19	+01:45	07:20
3	7016	Joana Silva Rodrigues	juvmar	Iniciado Feminino	31:13	+03:39	07:48
Iniciado Masculino							
1	8011	João Miranda	União Cultural e Recreativa de Aborim	Iniciado Masculino	21:55		05:29
2	8008	João Vilela	juvmar	Iniciado Masculino	22:48	+00:53	05:42
3	8010	Francisco Laranjeira	juvmar	Iniciado Masculino	23:32	+01:37	05:53
4	7008	Diego Macedo	juvmar	Iniciado Masculino	25:25	+03:30	06:21
5	8003	Henrique Lencastre	Primos das Corridas	Iniciado Masculino	32:31	+10:36	08:08