

TRAIL SPRINT - STAGE 1

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:00	9,7°C	87%
End	17:54	9.7°C	87%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1		Vitor Costa	A.D.Amarante	01:55:38		05:15	
2	81	Francisco Castro	Individual	02:00:55	+05:17	05:30	
3	143	Abílio Fernandes	Pegasus OcrProteam	02:01:52	+06:14	05:32	
4	39	Carlos mesquita	Escolinha nem o céu é o limite	02:09:48	+14:10	05:54	
5	141	Sérgio Moreira	paços runners	02:12:04	+16:26	06:00	
6	161	Sérgio Monteiro	Sardonisca Runners	02:12:55	+17:17	06:02	
7	91	Carlos Prudêncio	Individual	02:14:14	+18:36	06:06	
8	147	Pedro Viana	S4I Medense Fc	02:14:26	+18:48	06:07	
9	92	Helder Cunha	Individual	02:14:57	+19:19	06:08	
10	37	José Macedo	Damira trail Team	02:15:32	+19:54	06:10	
11	10	Sara Vaz	Damira trail Team	02:15:43	+20:05	06:10	
12	41	André Costa	Fisiomov	02:16:41	+21:03	06:13	
13	102	Frank Fritsche	Individual	02:17:02	+21:24	06:14	
14	103	Joaquim Teixeira	Individual	02:17:17	+21:39	06:14	
15	123	Gonçalo Antunes	KeMedo Team	02:17:54	+22:16	06:16	
16	80	Bruno Bernardes	Individual	02:18:09	+22:31	06:17	
17	34	Fernando Ribeiro	Damira trail Team	02:19:11	+23:33	06:20	
18	85	Luis Pereira	Individual	02:22:28	+26:50	06:29	
19	58	Bruno Cunha	Individual	02:22:40	+27:02	06:29	
20	95	Nuno Costa	Individual	02:22:44	+27:06	06:29	
21	46	PEDRO MONTEIRO	GAIA-RUNNING	02:23:46	+28:08	06:32	
22	7	Paula Santos	Individual	02:23:58	+28:20	06:33	
23	122	Ernesto Alves	Juventude Cortegacense	02:24:12	+28:34	06:33	
24	22	Rafael Almeida	A-Team	02:25:49	+30:11	06:38	
25	31	Vitor Coelho	Corredores do Mato	02:26:22	+30:44	06:39	
26	134	Bruno Videira	MIRO TRAIL	02:26:48	+31:10	06:40	
27	35	Jorge Seabra	Damira trail Team	02:26:56	+31:18	06:41	
28	138	Fernando Teixeira	Os Preguiças Team	02:27:14	+31:36	06:42	
29	97	André Dias	Individual	02:27:21	+31:43	06:42	
30	90	carlos fernandes	Individual	02:27:27	+31:49	06:42	
31	114	Alfredo Fraga	Arrastasolas	02:27:29	+31:51	06:42	
32	51	José Azevedo	Gens SC Trail	02:27:54	+32:16	06:43	
33	112	Paulo Gama	Individual	02:27:56	+32:18	06:43	
34	55	Miguel Sousa	HSANTAMARIART	02:28:06	+32:28	06:44	
35	49	Fernando Morais	GD Leões da Guarda - Lion Runners	02:29:26	+33:48	06:48	
36	25	Bruno Delgado	Black Bull	02:29:52	+34:14	06:49	
37	38	Ricardo Fernandes	Epic Climb Lovers	02:31:14	+35:36	06:52	
38	42	SOFIA FONSECA	GAIA-RUNNING	02:33:17	+37:39	06:58	
39	21	Bruno Dias	A-Team	02:33:17	+37:39	06:58	
40	110	José Sá	Individual	02:35:29	+39:51	07:04	
41	101	Francisco Pinheiro	Individual	02:35:55	+40:17	07:05	
42	96	Américo Areias	Individual	02:36:09	+40:31	07:06	

TRAIL SPRINT - STAGE 1

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	145	Rui Rocha Costa	Riba de Ave Hoquei Clube	02:36:51	+41:13	07:08	
44	169	Rui Barros	S4I Medense Fc	02:36:58	+41:20	07:08	
45	43	LEANDRO FERREYRA	GAIA-RUNNING	02:37:22	+41:44	07:09	
46	89	Anxo Vidal Abal	Individual	02:37:40	+42:02	07:10	
47	60	Gabriel Silva	Individual	02:38:00	+42:22	07:11	
48	132	Rodrigo Moura	MARME RUNNING CLUB	02:38:00	+42:22	07:11	
49	36	Nuno Teixeira	Damira trail Team	02:38:29	+42:51	07:12	
50	4	Fátima Coelho	GD Leões da Guarda - Lion Runners	02:38:42	+43:04	07:13	
51	5	Miguel lopes	Individual	02:38:46	+43:08	07:13	
52	111	Laurentino Martins	Individual	02:38:49	+43:11	07:13	
53	13	Cláudia Patrícia da Silva Moreira	A.D.Amarante	02:40:39	+45:01	07:18	
54	148	FERNANDO MORAIS	Saca Trilhos Anadia	02:41:29	+45:51	07:20	
55	144	Tania Bateira	Portocargo Runners	02:42:50	+47:12	07:24	
56	149	Nelson Lopes	Team el comandante	02:43:21	+47:43	07:25	
57	150	Ricardo Marques	Team el comandante	02:43:47	+48:09	07:27	
58	1201	José Ribeiro	Individual	02:43:48	+48:10	07:27	
59	23	Vítor Cardoso	Baguim Runners	02:44:14	+48:36	07:28	
60	76	Charles Hazeel	Individual	02:45:45	+50:07	07:32	
61	20	João Moreira	Amigos100limites	02:46:26	+50:48	07:34	
62	40	Helena Castro	Fisiomov	02:47:53	+52:15	07:38	
63	139	Sérgio Gomes	Os Preguiças Team	02:47:55	+52:17	07:38	
64	86	Pedro Nogueira	Individual	02:49:26	+53:48	07:42	
65	154	Vicente Sousa	tog Associação Running Team	02:50:20	+54:42	07:45	
66	45	GABRIEL RODRIGUES	GAIA-RUNNING	02:50:24	+54:46	07:45	
67	24	João Caetano	Black Bull	02:50:32	+54:54	07:45	
68	82	Hugo Martins	Individual	02:50:33	+54:55	07:45	
69	100	Filipe Escobar	Individual	02:50:40	+55:03	07:45	
70	33	Cristina Silva	Damira trail Team	02:51:01	+55:23	07:46	
71	28	Paulo Alves	Centro Cultural D. T. da STCP/N Seguros	02:52:18	+56:40	07:50	
72	121	Lino Moreira	Individual	02:53:49	+58:11	07:54	
73	135	Hugo Gomes	MSS Grupo Desportivo de Gondomar	02:55:02	+59:24	07:57	
74	67	Ana del Pino	Individual	02:55:17	+59:39	07:58	
75	30	Maria Joao severino	CoreSense	02:57:05	+01:01:27	08:03	
76	19	Bruno Madureira	AFIPRE Team	02:58:06	+01:02:28	08:06	
77	59	Diogo Nunes	Individual	03:00:26	+01:04:48	08:12	
78	64	Francisco Carvalho	Individual	03:00:26	+01:04:48	08:12	
79	98	Ernesto Macedo de Freitas	Individual	03:01:29	+01:05:51	08:15	
80	115	DOMINGOS MARTINS MACHADO	Individual	03:03:24	+01:07:46	08:20	
81	128	Dinis Lopes	MARME RUNNING CLUB	03:03:35	+01:07:57	08:21	
82	162	Milita Andrade	tog Associação Running Team	03:04:54	+01:09:16	08:24	
83	152	Ana Quevedo	tog Associação Running Team	03:04:56	+01:09:18	08:24	
84	163	António Franco	Individual	03:05:00	+01:09:22	08:25	
85	69	Joana Azevedo	Individual	03:05:28	+01:09:50	08:26	
86	126	Rómulo Terrau	Lusimed	03:06:00	+01:10:22	08:27	
87	156	Paulo Pinheiro	Tribo Da Corrida	03:06:03	+01:10:25	08:27	
88	12	Luis Filipe Ferreira	A TEAM AGEAS	03:06:09	+01:10:31	08:28	

TRAIL SPRINT - STAGE 1

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	117	GIL DA COSTA	Individual	03:06:21	+01:10:43	08:28	
90	6	Orlanda Rego	Individual	03:08:03	+01:12:25	08:33	
91	104	Miguel Dias	Individual	03:08:03	+01:12:25	08:33	
92	127	Davide Silveiro	MARME RUNNING CLUB	03:10:23	+01:14:45	08:39	
93	131	Miguel Amaral	MARME RUNNING CLUB	03:10:23	+01:14:45	08:39	
94	106	António Delgado	Individual	03:10:24	+01:14:46	08:39	
95	73	Lucinda Gomes	Individual	03:10:40	+01:15:02	08:40	
96	84	Luis Faria	Individual	03:10:47	+01:15:09	08:40	
97	153	Nuno Teixeira	tog Associação Running Team	03:11:31	+01:15:53	08:42	
98	125	Patrícia Marques	Linces do Marão	03:11:31	+01:15:53	08:42	
99	70	Liseta Pinto	Individual	03:12:15	+01:16:37	08:44	
100	107	António Moura	Grupo Corrida de Argoncilhe	03:12:45	+01:17:07	08:46	
101	1085	Antónia Soares	GAIA-RUNNING	03:13:49	+01:18:11	08:49	
102	151	Bruno Moreira	TEAM LANTEMIL	03:13:54	+01:18:16	08:49	
103	120	Antonio santos	Individual	03:16:14	+01:20:36	08:55	
104	87	Ricardo Peixoto	Individual	03:18:14	+01:22:36	09:01	
105	140	Ricardo Cardoso	Osodrac Team	03:18:29	+01:22:51	09:01	
106	47	PEDRO OLIVEIRA	GAIA-RUNNING	03:22:26	+01:26:48	09:12	
107	74	Manuela Sousa	Grupo Corrida de Argoncilhe	03:22:32	+01:26:54	09:12	
108	155	José Júnior	tog Associação Running Team	03:24:09	+01:28:31	09:17	
109	94	Marcio Mendes	Individual	03:25:42	+01:30:04	09:21	
110	83	Joao Pedro Rodrigues	Individual	03:26:38	+01:31:00	09:24	
111	75	Soledade Sousa	Individual	03:28:12	+01:32:34	09:28	
112	116	Fernando Silva	Grupo Corrida de Argoncilhe	03:28:17	+01:32:39	09:28	
113	26	Luis Pereira	Caça Raposas	03:28:30	+01:32:52	09:29	
114	113	Paulo Ribeiro	Individual	03:29:48	+01:34:10	09:32	
115	130	Maikel Guerra	MARME RUNNING CLUB	03:32:06	+01:36:28	09:38	
116	129	Diogo Guerreiro	MARME RUNNING CLUB	03:32:07	+01:36:29	09:38	
117	50	Maria de Fátima Vieira da Costa	GAIA-RUNNING	03:38:50	+01:43:12	09:57	
118	32	Mara Caldas	Damira trail Team	03:48:39	+01:53:01	10:24	
119	99	Fernando Coutinho	Individual	03:48:43	+01:53:05	10:24	
120	133	Tiago Futre	MARME RUNNING CLUB	03:54:46	+01:59:08	10:40	

Obs

BIB	NOTE	NAME	TEAM
44	DQ	THIAGO SOUZA	GAIA-RUNNING
157	DQ	Santiago Mezquita	Solorunners
2	DNF	Alexandra Fernandes	Individual
17	DNF	Adeva Pereira	Adevan Pereira
88	DNF	Tiago Neto	Individual
93	DNF	José Pinto	Individual
8	DNS	Ana Lages (Raposinha)	Individual
9	DNS	Ricardo Nunes	Furfor running Project
18	DNS	Sandra de Sousa Costa	AFIPRE Team
27	DNS	Ricardo Morais	Caminhadas da Amizade
48	DNS	Ana del Pino	GD Leões da Guarda - Lion Runners

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OFFICIAL RESULT

52	DNS	Daniel Fonseca	GETRUN
53	DNS	Filipe Leitão	GETRUN
54	DNS	Mário Santos Aguiar	GETRUN
61	DNS	João Paulo Amorim	Individual
62	DNS	Ricardo Barbosa	Individual
63	DNS	Vlad Ovchynnykov	Individual
65	DNS	João Filipe	Individual
71	DNS	Karina Moura	Individual
72	DNS	Karina Moura	Individual
77	DNS	Filipe Martins Ruano Lacerda	Individual
78	DNS	Joel Brás	Individual
105	DNS	Paulo Campis	Individual
108	DNS	António t	Individual
109	DNS	Armindo Freitas	Individual
118	DNS	Manuel costa	Individual
119	DNS	Manuel Cunha Lima	Individual
124	DNS	SARA ALVES	Linces do Marão
136	DNS	António Franco	Os Finos / GMTA / Team Luisa
137	DNS	Daniela Moutinho	Os Preguiças Team
142	DNS	Paulo genesio	PCRrunners
146	DNS	Ricardo Sousa	Ricardo Sousa

Trail Sprint

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[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:00	9,7°C	87%
End	17:54	9.7°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Masculino

1	58	Bruno Cunha	Individual	Senior Masculino	02:22:40	06:29:00
2	60	Gabriel Silva	Individual	Senior Masculino	02:38:00	+15:19 07:11:00
3	132	Rodrigo Moura	MARME RUNNING CLUB	Senior Masculino	02:38:00	+15:20 07:11:00
4	59	Diogo Nunes	Individual	Senior Masculino	03:00:26	+37:46 08:12:00
5	128	Dinis Lopes	MARME RUNNING CLUB	Senior Masculino	03:03:35	+40:54 08:21:00
6	156	Paulo Pinheiro	Tribo Da Corrida	Senior Masculino	03:06:03	+43:23 08:27:00
7	127	Davide Silveiro	MARME RUNNING CLUB	Senior Masculino	03:10:23	+47:42 08:39:00
8	131	Miguel Amaral	MARME RUNNING CLUB	Senior Masculino	03:10:23	+47:43 08:39:00
9	140	Ricardo Cardoso	Osodrac Team	Senior Masculino	03:18:29	+55:49 09:01:00
10	130	Maikel Guerra	MARME RUNNING CLUB	Senior Masculino	03:32:06	+01:09:26 09:38:00
11	129	Diogo Guerreiro	MARME RUNNING CLUB	Senior Masculino	03:32:07	+01:09:27 09:38:00
12	133	Tiago Futre	MARME RUNNING CLUB	Senior Masculino	03:54:46	+01:32:06 10:40:00

Sub 23 Feminino

1	42	SOFIA FONSECA	GAIA-RUNNING	Sub 23 Feminino	02:33:17	06:58
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Sub 23 Masculino

1	64	Francisco Carvalho	Individual	Sub 23 Masculino	03:00:26	08:12
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Veterana F35

1	40	Helena Castro	Fisiomov	Veterana F35	02:47:53	07:38
2	30	Maria Joao severino	CoreSense	Veterana F35	02:57:05	+09:11 08:03
3	125	Patrícia Marques	Linces do Marão	Veterana F35	03:11:31	+23:37 08:42

Veterana F40

1	10	Sara Vaz	Damira trail Team	Veterana F40	02:15:43	06:10:28
2	13	Cláudia Patrícia da Silva Moreira	A.D.Amarante	Veterana F40	02:40:39	+24:55 07:18:23
3	67	Ana del Pino	Individual	Veterana F40	02:55:17	+39:33 07:58:06
4	69	Joana Azevedo	Individual	Veterana F40	03:05:28	+49:45 08:26:21
5	32	Mara Caldas	Damira trail Team	Veterana F40	03:48:39	+01:32:56 10:24:15

Trail Sprint

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OFFICIAL RESULT

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Veterana F45

1	144	Tania Bateira	Portocargo Runners	Veterana F45	02:42:50	07:24
2	152	Ana Quevedo	tog Associação Running Team	Veterana F45	03:04:56	+22:06 08:24

Veterana F50

1	162	Milita Andrade	tog Associação Running Team	Veterana F50	03:04:54	08:24
2	70	Liseta Pinto	Individual	Veterana F50	03:12:15	+07:20 08:44
3	1085	Antónia Soares	GAIA-RUNNING	Veterana F50	03:13:49	+08:55 08:49

Veterana F55

1	7	Paula Santos	Individual	Veterana F55	02:23:58	06:33
2	4	Fátima Coelho	GD Leões da Guarda - Lion Runners	Veterana F55	02:38:42	+14:44 07:13
3	33	Cristina Silva	Damira trail Team	Veterana F55	02:51:01	+27:03 07:46
4	6	Orlanda Rego	Individual	Veterana F55	03:08:03	+44:04 08:33
5	50	Maria de Fátima Vieira da Costa	GAIA-RUNNING	Veterana F55	03:38:50	+01:14:52 09:57

Veterana F60

1	73	Lucinda Gomes	Individual	Veterana F60	03:10:40	08:40
2	74	Manuela Sousa	Grupo Corrida de Argoncilhe	Veterana F60	03:22:32	+11:52 09:12

Veterana F65

1	75	Soledade Sousa	Individual	Veterana F65	03:28:12	09:28
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Veterano M35

1	41	André Costa	Fisiomov	Veterano M35	02:16:41	06:13
2	123	Gonçalo Antunes	KeMedo Team	Veterano M35	02:17:54	+01:12 06:16
3	138	Fernando Teixeira	Os Preguiças Team	Veterano M35	02:27:14	+10:33 06:42
4	51	José Azevedo	Gens SC Trail	Veterano M35	02:27:54	+11:12 06:43
5	38	Ricardo Fernandes	Epic Climb Lovers	Veterano M35	02:31:14	+14:32 06:52
6	169	Rui Barros	S4I Medense Fc	Veterano M35	02:36:58	+20:16 07:08
7	76	Charles Hazeel	Individual	Veterano M35	02:45:45	+29:03 07:32
8	135	Hugo Gomes	MSS Grupo Desportivo de Gondomar	Veterano M35	02:55:02	+38:21 07:57
9	26	Luis Pereira	Caça Raposas	Veterano M35	03:28:30	+01:11:48 09:29

Trail Sprint

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OFFICIAL RESULT

[illegible]

Veterano M40

1	81	Francisco Castro	Individual	Veterano M40	02:00:55	05:30
2	39	Carlos mesquita	Escolinha nem o céu é o limite	Veterano M40	02:09:48	+08:53 05:54
3	161	Sérgio Monteiro	Sardonisca Runners	Veterano M40	02:12:55	+11:59 06:02
4	147	Pedro Viana	S4I Medense Fc	Veterano M40	02:14:26	+13:31 06:07
5	80	Bruno Bernardes	Individual	Veterano M40	02:18:09	+17:13 06:17
6	85	Luis Pereira	Individual	Veterano M40	02:22:28	+21:33 06:29
7	22	Rafael Almeida	A-Team	Veterano M40	02:25:49	+24:53 06:38
8	134	Bruno Videira	MIRO TRAIL	Veterano M40	02:26:48	+25:53 06:40
9	21	Bruno Dias	A-Team	Veterano M40	02:33:17	+32:21 06:58
10	43	LEANDRO FERREYRA	GAIA-RUNNING	Veterano M40	02:37:22	+36:26 07:09
11	149	Nelson Lopes	Team el comandante	Veterano M40	02:43:21	+42:25 07:25
12	150	Ricardo Marques	Team el comandante	Veterano M40	02:43:47	+42:52 07:27
13	1201	José Ribeiro	Individual	Veterano M40	02:43:48	+42:52 07:27
14	86	Pedro Nogueira	Individual	Veterano M40	02:49:26	+48:30 07:42
15	24	João Caetano	Black Bull	Veterano M40	02:50:32	+49:36 07:45
16	82	Hugo Martins	Individual	Veterano M40	02:50:33	+49:37 07:45
17	19	Bruno Madureira	AFIPRE Team	Veterano M40	02:58:06	+57:10 08:06
18	126	Rómulo Terrau	Lusimed	Veterano M40	03:06:00	+01:05:04 08:27
19	84	Luis Faria	Individual	Veterano M40	03:10:47	+01:09:51 08:40
20	151	Bruno Moreira	TEAM LANTEMIL	Veterano M40	03:13:54	+01:12:58 08:49
21	87	Ricardo Peixoto	Individual	Veterano M40	03:18:14	+01:17:18 09:01
22	83	Joao Pedro Rodrigues	Individual	Veterano M40	03:26:38	+01:25:43 09:24

Veterano M45

1	11	Vitor Costa	A.D.Amarante	Veterano M45	01:55:38	05:15
2	91	Carlos Prudêncio	Individual	Veterano M45	02:14:14	+18:35 06:06
3	92	Helder Cunha	Individual	Veterano M45	02:14:57	+19:18 06:08
4	34	Fernando Ribeiro	Damira trail Team	Veterano M45	02:19:11	+23:33 06:20
5	95	Nuno Costa	Individual	Veterano M45	02:22:44	+27:05 06:29
6	46	PEDRO MONTEIRO	GAIA-RUNNING	Veterano M45	02:23:46	+28:07 06:32
7	35	Jorge Seabra	Damira trail Team	Veterano M45	02:26:56	+31:17 06:41
8	90	carlos fernandes	Individual	Veterano M45	02:27:27	+31:49 06:42
9	25	Bruno Delgado	Black Bull	Veterano M45	02:29:52	+34:13 06:49
10	145	Rui Rocha Costa	Riba de Ave Hoquei Clube	Veterano M45	02:36:51	+41:12 07:08
11	89	Anxo Vidal Abal	Individual	Veterano M45	02:37:40	+42:01 07:10
12	36	Nuno Teixeira	Damira trail Team	Veterano M45	02:38:29	+42:50 07:12
13	5	Miguel lopes	Individual	Veterano M45	02:38:46	+43:08 07:13
14	154	Vicente Sousa	tog Associação Running Team	Veterano M45	02:50:20	+54:42 07:45
15	45	GABRIEL RODRIGUES	GAIA-RUNNING	Veterano M45	02:50:24	+54:46 07:45
16	28	Paulo Alves	Centro Cultural D. T. da STCP/N Seguros	Veterano M45	02:52:18	+56:40 07:50
17	153	Nuno Teixeira	tog Associação Running Team	Veterano M45	03:11:31	+01:15:53 08:42

Trail Sprint

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OFFICIAL RESULT

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18	94	Marcio Mendes	Individual	Veterano M45	03:25:42	+01:30:04	09:21
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Veterano M50

1	143	Abílio Fernandes	Pegasus OcrProteam	Veterano M50	02:01:52	05:32
2	141	Sérgio Moreira	paços runners	Veterano M50	02:12:04	+10:12 06:00
3	102	Frank Fritsche	Individual	Veterano M50	02:17:02	+15:10 06:14
4	103	Joaquim Teixeira	Individual	Veterano M50	02:17:17	+15:25 06:14
5	97	André Dias	Individual	Veterano M50	02:27:21	+25:29 06:42
6	101	Francisco Pinheiro	Individual	Veterano M50	02:35:55	+34:03 07:05
7	96	Américo Areias	Individual	Veterano M50	02:36:09	+34:17 07:06
8	23	Vitor Cardoso	Baguim Runners	Veterano M50	02:44:14	+42:22 07:28
9	139	Sérgio Gomes	Os Preguiças Team	Veterano M50	02:47:55	+46:03 07:38
10	100	Filipe Escobar	Individual	Veterano M50	02:50:40	+48:48 07:45
11	98	Ernesto Macedo de Freitas	Individual	Veterano M50	03:01:29	+59:36 08:15
12	163	António Franco	Individual	Veterano M50	03:05:00	+01:03:08 08:25
13	104	Miguel Dias	Individual	Veterano M50	03:08:03	+01:06:11 08:33
14	47	PEDRO OLIVEIRA	GAIA-RUNNING	Veterano M50	03:22:26	+01:20:34 09:12
15	99	Fernando Coutinho	Individual	Veterano M50	03:48:43	+01:46:51 10:24

Veterano M55

1	37	José Macedo	Damira trail Team	Veterano M55	02:15:32	06:10
2	122	Ernesto Alves	Juventude Cortegacense	Veterano M55	02:24:12	+08:39 06:33
3	31	Vitor Coelho	Corredores do Mato	Veterano M55	02:26:22	+10:49 06:39
4	112	Paulo Gama	Individual	Veterano M55	02:27:56	+12:23 06:43
5	55	Miguel Sousa	HSANTAMARIART	Veterano M55	02:28:06	+12:34 06:44
6	49	Fernando Morais	GD Leões da Guarda - Lion Runners	Veterano M55	02:29:26	+13:53 06:48
7	110	José Sá	Individual	Veterano M55	02:35:29	+19:56 07:04
8	111	Laurentino Martins	Individual	Veterano M55	02:38:49	+23:16 07:13
9	106	António Delgado	Individual	Veterano M55	03:10:24	+54:51 08:39
10	107	António Moura	Grupo Corrida de Argoncilhe	Veterano M55	03:12:45	+57:12 08:46
11	113	Paulo Ribeiro	Individual	Veterano M55	03:29:48	+01:14:16 09:32

Veterano M60

1	148	FERNANDO MORAIS	Saca Trilhos Anadia	Veterano M60	02:41:29	07:20
2	20	João Moreira	Amigos100limites	Veterano M60	02:46:26	+04:56 07:34
3	12	Luis Filipe Ferreira	A TEAM AGEAS	Veterano M60	03:06:09	+24:39 08:28
4	155	José Júnior	tog Associação Running Team	Veterano M60	03:24:09	+42:40 09:17

22 KM

OFFICIAL RESULT

[illegible]

1	114	Alfredo Fraga	Arrastasolas	Veterano M65	02:27:29	06:42:00
2	115	DOMINGOS MARTINS MACHADO	Individual	Veterano M65	03:03:24	+35:55 08:20:00
3	117	GIL DA COSTA	Individual	Veterano M65	03:06:21	+38:52 08:28:00
4	116	Fernando Silva	Grupo Corrida de Argoncilhe	Veterano M65	03:28:17	+01:00:48 09:28:00

1	121	Lino Moreira	Individual	Veterano M70	02:53:49	07:54
2	120	Antonio santos	Individual	Veterano M70	03:16:14	+22:24 08:55

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 17-jan.-2026 17:55
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TRAIL MINI - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:30	10,7°C	82%
End	17:51	10,7°C	82%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1006	João Saiyajin	CB RUN	01:02:33		05:13	
2	1005	Joao Pedro Padilha Leal	RETORTA QUINTA DAS ARCAS	01:02:56	+00:23	05:15	
3	1008	Paulo Costa	A.D.Amarante	01:03:47	+01:14	05:19	
4	1074	Hugo Pinto	EDV-VIANATRAIL	01:05:35	+03:02	05:28	
5	1097	Ricardo Brandão	Gens SC Trail	01:05:39	+03:06	05:28	
6	1001	Pedro Tapadas	Fátima Trail Team	01:05:51	+03:18	05:29	
7	1303	Manuel Curral	ARA-Alfandeguense	01:06:59	+04:26	05:35	
8	1073	Antonio nogueira	DUELO D'OCASIÃO	01:07:26	+04:53	05:37	
9	1186	Nelson Teixeira	Leões Tardariz Trail	01:09:47	+07:14	05:49	
10	1095	André Almeida	Gens SC Trail	01:09:48	+07:15	05:49	
11	1218	Pedro Gilvaz	Individual	01:10:49	+08:16	05:54	
12	1072	António Ratola	DCI/Trilhos Luso Bussaco	01:12:18	+09:45	06:01	
13	1286	Daniel Terra	S4I Medense Fc	01:12:46	+10:13	06:04	
14	1222	Rui Gomes	Douroconta Gabinete de Contabilidade	01:15:10	+12:37	06:16	
15	1	Lucinda Sousa	Individual	01:18:17	+15:44	06:31	
16	1060	Fernando Antunes	CDC Macieira de Cambra	01:18:20	+15:47	06:32	
17	160	Rui Alvim	MSS Grupo Desportivo de Gondomar	01:18:26	+15:53	06:32	
18	1070	Júlio Macedo	Damira trail Team	01:18:36	+16:03	06:33	
19	1193	Carlos Santos	Individual	01:19:07	+16:34	06:36	
20	1140	Nuno Silva	Individual	01:20:11	+17:38	06:41	
21	1127	Luís Almeida	Individual	01:21:51	+19:18	06:49	
22	1226	António Fernandes	GD Estaleiros Navais de Viana do Castelo	01:22:04	+19:31	06:50	
23	1040	Cândido Costa	Atletas 100%	01:22:36	+20:03	06:53	
24	3	Célia Neto	Pegasus OcrProteam	01:22:39	+20:06	06:53	
25	1020	Daniel Matos	ADC SANTA ISABEL	01:24:00	+21:27	07:00	
26	1014	António Daniel Mendes	A.D.Amarante	01:24:03	+21:30	07:00	
27	1228	Joao Correia	Individual	01:24:20	+21:47	07:02	
28	1098	Paulo Jorge	Gens SC Trail	01:24:21	+21:48	07:02	
29	1007	Paula Lage	Furfor running team	01:24:26	+21:53	07:02	
30	1093	Adao bessa	Gang da Pedra	01:24:55	+22:22	07:05	
31	1094	Leonel Neves	Gens SC Trail	01:25:00	+22:27	07:05	
32	1136	Rui Pedro Teixeira Rodrigues	Individual	01:25:20	+22:47	07:07	
33	1271	José Pereira	MSS Grupo Desportivo de Gondomar	01:25:47	+23:14	07:09	
34	1287	Miguel Moura	S4I Medense Fc	01:25:50	+23:17	07:09	
35	1269	Portela bianchi	MSS Grupo Desportivo de Gondomar	01:25:51	+23:18	07:09	
36	1304	Ricardo Mendes	Gens SC Trail	01:25:57	+23:24	07:10	
37	1055	Telmo Pereira	Black Bull	01:26:17	+23:44	07:11	
38	1090	JORGE PEREIRA	GAIA-RUNNING	01:26:28	+23:55	07:12	
39	1134	Ricardo Ramalho	Individual	01:26:58	+24:25	07:15	
40	1216	Marco Santos	Mirandela a Correr	01:28:45	+26:12	07:24	
41	1191	Vitor Manuel Ribeiro Pinheiro	A.D.Amarante	01:29:33	+27:00	07:28	
42	1079	Diogo Cardoso	Fátima Trail Team	01:30:01	+27:28	07:30	

TRAIL MINI - STAGE 1

12 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1024	Helder Azevedo	Alcateia Cinzenta	01:30:12	+27:39	07:31	
44	1259	Carlos Araújo	KeMedo Team	01:30:24	+27:51	07:32	
45	1059	Joaquim Cunha	Casa dos Trabalhadores - Águas do Porto	01:30:35	+28:02	07:33	
46	1306	André Nogueira	Individual	01:32:01	+29:28	07:40	
47	2104	Edmar Lima	Individual	01:32:16	+29:43	07:41	
48	1261	Jose Vaz	Lentinhos	01:32:23	+29:50	07:42	
49	1195	Helder Pinheiro	Individual	01:34:02	+31:29	07:50	
50	1281	Liliana Loureiro	Os Preguiças Team	01:34:40	+32:07	07:53	
51	1289	Pedro Marques	S4I Medense Fc	01:34:41	+32:09	07:53	
52	1036	Miguel Mesquita	Atletas 100%	01:34:43	+32:10	07:54	
53	1283	Nuno Mota	S4I Medense Fc	01:35:02	+32:29	07:55	
54	1054	Vítor Pereira	Black Bull	01:35:07	+32:34	07:56	
55	1119	Gonçalo Dias	Individual	01:35:10	+32:37	07:56	
56	1248	VITOR DIAS	Individual	01:35:10	+32:37	07:56	
57	1135	Ricardo Vieira	Individual	01:35:21	+32:48	07:57	
58	1122	Ivo Moreira	Individual	01:35:39	+33:06	07:58	
59	1257	Joao Oliveira	Juventude Cortegacense	01:35:51	+33:18	07:59	
60	1103	Xulia Vidal Tubío	Individual	01:35:58	+33:25	08:00	
61	1221	Rui Albino	Individual	01:36:00	+33:27	08:00	
62	1293	Miguel Moreira	tog Associação Running Team	01:36:20	+33:47	08:02	
63	1247	Paulo S	Individual	01:36:29	+33:56	08:02	
64	1132	Rafael Ribeiro de Moura	Individual	01:36:47	+34:15	08:04	
65	1268	Fernando Branco	MSS Grupo Desportivo de Gondomar	01:37:36	+35:03	08:08	
66	1096	Manuel Silva	Gens SC Trail	01:37:44	+35:11	08:09	
67	1149	Inês Reis	Individual	01:37:56	+35:23	08:10	
68	68	Dulce Prêda	Grupo Corrida de Argoncilhe	01:38:03	+35:30	08:10	
69	1039	Diogo Marinho	Atletas 100%	01:38:39	+36:06	08:13	
70	1198	João Amorim	Individual	01:38:47	+36:14	08:14	
71	1146	Tania Marisa	Individual	01:39:45	+37:12	08:19	
72	1153	Anabela Barata	Individual	01:39:58	+37:25	08:20	
73	1110	Márcia Sousa	Individual	01:40:00	+37:27	08:20	
74	1086	Cecília Sousa	GAIA-RUNNING	01:40:02	+37:29	08:20	
75	1068	Vítor M Cardoso	Corre São João	01:40:02	+37:29	08:20	
76	1116	Bernardo Manuel Coelho Magalhães	Individual	01:40:03	+37:30	08:20	
77	1124	João Santos	Individual	01:40:17	+37:44	08:21	
78	1145	Sara Baptista	Individual	01:40:32	+37:59	08:23	
79	1213	Filipe Ferreira	Individual	01:40:42	+38:09	08:24	
80	1015	Pedro Vieira	A.D.Amarante	01:41:07	+38:34	08:26	
81	1231	José Gomes	Individual	01:41:23	+38:50	08:27	
82	1260	Helder Gomes	KeMedo Team	01:42:02	+39:29	08:30	
83	1211	Alcino Costa	Individual	01:42:06	+39:33	08:31	
84	1194	Fábio Almeida	Individual	01:42:25	+39:52	08:32	
85	1129	Miguel Sá	Individual	01:42:37	+40:04	08:33	
86	1100	Jorge Silva	GETRUN	01:42:55	+40:22	08:35	
87	1120	Henrique Galindro	Individual	01:43:07	+40:34	08:36	
88	1243	Jorge Sousa	Individual	01:43:09	+40:36	08:36	

TRAIL MINI - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1026	Rosa Saldanha	AMA - Associação Mondim Atletismo	01:43:36	+41:03	08:38	
90	1217	Paulo Henriques	Individual	01:43:49	+41:16	08:39	
91	1172	Céu Ferreira	Individual	01:43:56	+41:23	08:40	
92	1174	Maria Loureiro	Individual	01:45:01	+42:28	08:45	
93	1187	Paulo Resende	Individual	01:45:17	+42:44	08:46	
94	1181	Henrique Mendes	Individual	01:45:34	+43:01	08:48	
95	14	Carlos Macedo	A.D.Amarante	01:45:35	+43:02	08:48	
96	1235	Vitor Santos	Individual	01:45:53	+43:20	08:49	
97	1252	Mário Costa	Individual	01:46:26	+43:53	08:52	
98	1069	Paulo Gil	Dakabola	01:46:34	+44:01	08:53	
99	1225	Silvério dos Santos Pereira	Alcateia Cinzenta	01:46:37	+44:04	08:53	
100	1245	Manuel Paulo Caetano Monteiro	Individual	01:46:39	+44:06	08:53	
101	1049	Rui Filipe Rosas Caramelo	Bebés, cerveja e amigos	01:46:47	+44:14	08:54	
102	1214	Humberto Barros	Individual	01:46:50	+44:17	08:54	
103	1196	Henrique Sousa	Individual	01:47:08	+44:35	08:56	
104	1266	Carla Sousa	MSS Grupo Desportivo de Gondomar	01:47:09	+44:36	08:56	
105	1264	Bruno Silva	Mirandela a Correr	01:47:49	+45:16	08:59	
106	79	Alberto Mendes	Individual	01:47:52	+45:19	08:59	
107	1125	João Sousa	Individual	01:48:04	+45:31	09:00	
108	1200	Jorge Cunha	Individual	01:48:06	+45:33	09:01	
109	1077	Joel Magina	Elite Aradense	01:48:08	+45:35	09:01	
110	1075	Américo Santos	Elite Aradense	01:48:08	+45:35	09:01	
111	1076	Emanuel Reis	Elite Aradense	01:48:08	+45:35	09:01	
112	15	Juliana Pinheiral	Ade trail running	01:48:14	+45:41	09:01	
113	16	Carol Pereira	Ade trail running	01:48:14	+45:41	09:01	
114	1177	Carmo Marinho	Run & Fun	01:48:42	+46:09	09:04	
115	1197	João Almeida	Individual	01:49:15	+46:42	09:06	
116	1209	Ricardo Antunes	Individual	01:49:21	+46:48	09:07	
117	29	Miguel Silva	CIN RUNNING TEAM	01:49:45	+47:12	09:09	
118	1290	Rui mota	S4I Medense Fc	01:50:20	+47:47	09:12	
119	1121	Ivanoel André da Silva Martins	Individual	01:50:22	+47:49	09:12	
120	1131	Pedro Coelho	Individual	01:50:25	+47:52	09:12	
121	1258	Fernando Camboa	Juventude Cortegacense	01:50:42	+48:09	09:14	
122	1056	Ricardo Pinto	Caminhadas da Amizade	01:50:50	+48:17	09:14	
123	1123	João Bizot	Individual	01:51:22	+48:49	09:17	
124	1002	Diogo Fernandes	ACDL Team	01:51:23	+48:50	09:17	
125	1230	Jorge Oliveira	Individual	01:51:36	+49:03	09:18	
126	1050	Vânia Queirós	Black Bull	01:51:39	+49:06	09:18	
127	1307	Alexandra Mouta	Individual	01:52:08	+49:35	09:21	
128	1089	André Fonseca	GAIA-RUNNING	01:52:12	+49:39	09:21	
129	1084	Joana Cadinha	GAIA-RUNNING	01:52:12	+49:39	09:21	
130	1282	Hugo Pires	Requinho	01:52:15	+49:42	09:21	
131	1082	Tomás Cuco	GAIA-RUNNING	01:52:18	+49:45	09:22	
132	1308	Luís Mouta	Individual	01:52:19	+49:46	09:22	
133	1159	Patrícia Laranjeira	Individual	01:52:45	+50:12	09:24	
134	1092	RUI FERRAZ	GAIA-RUNNING	01:53:18	+50:45	09:26	

TRAIL MINI - STAGE 1

12 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	1154	Carla Patrícia Santos Vigário de Sousa	Individual	01:53:32	+50:59	09:28	
136	1246	Paulo Lara	Boavista Trail	01:53:40	+51:07	09:28	
137	1251	Jose Castro	Individual	01:53:41	+51:08	09:28	
138	1099	Fernando Paiva	Gens SC Trail	01:54:12	+51:39	09:31	
139	1091	Pedro Costa	GAIA-RUNNING	01:54:45	+52:12	09:34	
140	1025	Marisa Fernandes	AMA - Associação Mondim Atletismo	01:55:37	+53:04	09:38	
141	1199	Joao Pereira	Individual	01:56:07	+53:34	09:41	
142	1183	João Campos	Individual	01:56:15	+53:42	09:41	
143	1297	Cátia Costa	TREINA ARMANDA	01:56:23	+53:50	09:42	
144	1280	Clara Teixeira	Os Preguiças Team	01:57:27	+54:54	09:47	
145	1057	Artur Mário de Carvalho Morais	Caretos.OCR	01:57:29	+54:56	09:47	
146	1101	Flor Marcolino	HPWARE TEAM	01:57:56	+55:23	09:50	
147	1102	Hélder Pereira	HPWARE TEAM	01:57:56	+55:23	09:50	
148	1033	Isaac Couto	A-Team	01:58:45	+56:12	09:54	
149	1052	Sandra Teixeira	Black Bull	01:58:58	+56:25	09:55	
150	1021	Paula Azevedo	AFIPRE Team	01:59:16	+56:43	09:56	
151	1220	Ricardo Pinto	Individual	01:59:35	+57:02	09:58	
152	56	Bárbara Ferreira	Individual	01:59:37	+57:04	09:58	
153	57	Sofia Cortinhas	Individual	01:59:37	+57:04	09:58	
154	1045	Cristina Paredes	BAD Running Team	01:59:52	+57:19	09:59	
155	1046	Hugo Santos	BAD Running Team	01:59:53	+57:20	09:59	
156	1087	Claudia Alvarez	GAIA-RUNNING	02:00:21	+57:48	10:02	
157	1188	Pedro Ricardo Santos Monteiro	Individual	02:00:26	+57:53	10:02	
158	1292	Kiniss Neves	tog Associação Running Team	02:00:40	+58:07	10:03	
159	1126	Leandro Duarte Peixoto	Individual	02:01:05	+58:32	10:05	
160	1029	Nádia Fernandes	Amigos100limites	02:01:35	+59:02	10:08	
161	1133	Ricardo Maia	Individual	02:01:35	+59:02	10:08	
162	1053	Telma Almeida	Black Bull	02:01:37	+59:04	10:08	
163	1242	Frank Coelho	Individual	02:01:52	+59:19	10:09	
164	1210	Tiago Barbosa	Individual	02:03:13	+01:00:40	10:16	
165	1139	José Pedro Bandeira Gomes	Individual	02:03:22	+01:00:49	10:17	
166	1180	Bruno Santos	Individual	02:03:26	+01:00:53	10:17	
167	1305	Rita Loureiro	Individual	02:03:33	+01:01:00	10:18	
168	1044	Diogo Sousa	Atletas da preguiça	02:04:00	+01:01:27	10:20	
169	1255	serafim fonseca	MSS Grupo Desportivo de Gondomar	02:04:28	+01:01:55	10:22	
170	1137	Tiago Oliveira	Individual	02:04:29	+01:01:56	10:22	
171	1189	Rui Araujo	Individual	02:04:47	+01:02:14	10:24	
172	1107	Cristiana Alves	Individual	02:04:48	+01:02:15	10:24	
173	1184	José Ricardo Gonçalves Loureiro	Individual	02:04:48	+01:02:15	10:24	
174	1047	Lourenço Cardoso	Baguim Runners	02:04:54	+01:02:21	10:25	
175	1182	João Almeida	Individual	02:05:34	+01:03:01	10:28	
176	1017	António Gonçalves	A.D.Amarante	02:05:37	+01:03:04	10:28	
177	1016	Albano Coelho	A.D.Amarante	02:05:40	+01:03:07	10:28	
178	1204	Luis Ribeiro	Individual	02:06:27	+01:03:54	10:32	
179	1223	Rui Jorge Viana	Individual	02:06:28	+01:03:55	10:32	

TRAIL MINI - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	1171	Ana Maria Ferreira	Individual	02:07:05	+01:04:32	10:35	
181	1118	Diogo Figueiredo	Individual	02:07:18	+01:04:45	10:37	
182	1273	Bruno Rodrigues	O Jogo	02:07:38	+01:05:05	10:38	
183	1272	Mariana Serra	O Jogo	02:07:38	+01:05:05	10:38	
184	1295	Fernando Barbosa	tog Associação Running Team	02:07:59	+01:05:26	10:40	
185	1128	Miguel Ribeiro	Individual	02:09:14	+01:06:41	10:46	
186	1104	Andreia Sousa	Individual	02:09:15	+01:06:42	10:46	
187	1117	Carlos Espogeira	Individual	02:09:57	+01:07:24	10:50	
188	1244	Josué Loureiro	Individual	02:10:01	+01:07:28	10:50	
189	1115	André Vieira	Individual	02:10:02	+01:07:29	10:50	
190	1291	Rafaela Oliveira	tog Associação Running Team	02:10:03	+01:07:30	10:50	
191	1249	Jorge Ferreira	Individual	02:10:34	+01:08:01	10:53	
192	1144	Neuza Oliveira	Individual	02:11:31	+01:08:58	10:58	
193	1176	Paula Cunha	Individual	02:12:03	+01:09:30	11:00	
194	1027	José Cerdeira	AMA - Associação Mondim Atletismo	02:12:08	+01:09:35	11:01	
195	1037	Catarina Pereira	Atletas 100%	02:12:11	+01:09:38	11:01	
196	1083	ALBERTINA OLIVEIRA	GAIA-RUNNING	02:12:40	+01:10:07	11:03	
197	1294	Paulina Soares	tog Associação Running Team	02:12:44	+01:10:11	11:04	
198	1240	Eduardo Nascimento	Individual	02:12:51	+01:10:18	11:04	
199	1012	Margarida Quintela Santos	A TEAM AGEAS	02:12:51	+01:10:18	11:04	
200	1111	Patricia Oliveira	Individual	02:12:51	+01:10:18	11:04	
201	1160	Raquel Guedes	Individual	02:12:52	+01:10:19	11:04	
202	1274	Helena Santos	OPraticante.pt	02:12:53	+01:10:20	11:04	
203	1234	Sérgio Grande	Individual	02:13:34	+01:11:01	11:08	
204	1229	João Miguel Torres	Individual	02:14:42	+01:12:09	11:14	
205	1288	Paulo Freitas	S4I Medense Fc	02:15:15	+01:12:42	11:16	
206	1023	Ana Santos	Alcateia Cinzenta	02:15:16	+01:12:43	11:16	
207	1285	Lígia Freitas	S4I Medense Fc	02:15:16	+01:12:43	11:16	
208	1106	Carolina Elvira	Individual	02:15:32	+01:12:59	11:18	
209	1066	Rita Pimparel	Coronado runners	02:15:34	+01:13:01	11:18	
210	1071	Paula Cruz	Damira trail Team	02:15:37	+01:13:04	11:18	
211	1064	André Rafael Marques Vilaça	Coronado runners	02:15:50	+01:13:17	11:19	
212	1142	Catarina Araújo	AFIPRE Team	02:15:51	+01:13:18	11:19	
213	1067	Bruno Chimeno	Coronado runners	02:15:59	+01:13:26	11:20	
214	1065	Vânia Rebelo	Coronado runners	02:16:04	+01:13:31	11:20	
215	1088	PAULO COSTA	GAIA-RUNNING	02:16:25	+01:13:52	11:22	
216	1081	Carlos Manuel da Silva Lopes	Flowerpeoplex	02:16:29	+01:13:56	11:22	
217	1080	Maria de Lurdes de Sousa Pereira	Flowerpeoplex	02:16:29	+01:13:56	11:22	
218	1168	Paula Alexandra Gonçalves	Individual	02:16:49	+01:14:16	11:24	
219	1236	Alberto Cesar	Individual	02:16:51	+01:14:18	11:24	
220	66	Carolina Fernandes	Individual	02:17:45	+01:15:12	11:29	
221	1063	Catarina pereira	Coresense	02:18:14	+01:15:41	11:31	
222	1224	Rui Teixeira	Individual	02:18:14	+01:15:41	11:31	
223	1041	Joaquim Teixeira	Atletas 100%	02:18:15	+01:15:42	11:31	
224	1262	Sandra Vilares	Mirandela a Correr	02:18:56	+01:16:23	11:35	
225	1263	Cristina Ramires	Mirandela a Correr	02:18:56	+01:16:23	11:35	

TRAIL MINI - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	1028	Vânia Moreira	Amigos100limites	02:21:14	+01:18:41	11:46	
227	1141	Tiago Pinto	Individual	02:23:32	+01:20:59	11:58	
228	1030	Paula Moreira	Amigos100limites	02:24:00	+01:21:27	12:00	
229	1206	Miguel Mota	Individual	02:24:21	+01:21:48	12:02	
230	1150	Joana Filipa Neves	Individual	02:24:21	+01:21:48	12:02	
231	1238	António Couto	Individual	02:24:49	+01:22:16	12:04	
232	1212	Antonio Pereira	Individual	02:24:56	+01:22:23	12:05	
233	1043	Bruno Costa	Atletas da preguiça	02:29:16	+01:26:43	12:26	
234	1309	José Ricardo	Individual	02:30:20	+01:27:47	12:32	
235	1147	Vânia Patrícia Ferreira	Individual	02:30:32	+01:27:59	12:33	
236	1237	ALCIDIO FIGUEIREDO	Individual	02:31:28	+01:28:55	12:37	
237	1112	Rita Figueiredo	Individual	02:31:28	+01:28:55	12:37	
238	158	Bruno Sá	VITALIS	02:32:35	+01:30:02	12:43	
239	159	Márcia Silva	VITALIS	02:32:35	+01:30:02	12:43	
240	1279	André Brito	Os 4's	02:32:51	+01:30:18	12:44	
241	1276	Rita Magalhães	Os 4's	02:32:51	+01:30:18	12:44	
242	1278	Telma Ferreira	Os 4's	02:32:51	+01:30:18	12:44	
243	1277	Liliana Maciel	Os 4's	02:32:52	+01:30:19	12:44	
244	1162	Rute Silva	Individual	02:35:42	+01:33:09	12:58	
245	1152	Silvana Isabel Isidro Leite da Silva	Individual	02:35:42	+01:33:09	12:58	
246	1205	Luis Silva	Individual	02:36:57	+01:34:24	13:05	
247	1202	Leonel Fernandes	Individual	02:37:14	+01:34:41	13:06	
248	1143	Catia Santos	Individual	02:37:14	+01:34:41	13:06	
249	1232	Leonel Pinto	Individual	02:41:32	+01:38:59	13:28	
250	1042	Soraia Pereira	Atletas da preguiça	02:41:44	+01:39:11	13:29	
251	1165	Liliana Moreira	Individual	02:44:31	+01:41:58	13:43	
252	1109	Julia Teles	Individual	02:45:46	+01:43:13	13:49	
253	1296	Victória Palmieri Lima	Trail-Running.pt	02:45:46	+01:43:13	13:49	
254	1284	Lia Oliveira	S4I Medense Fc	02:46:51	+01:44:18	13:54	
255	1161	Raquel Santos	Individual	02:47:28	+01:44:55	13:57	
256	1219	Pedro Neves	Individual	02:47:32	+01:44:59	13:58	
257	1175	Maria Praça	Individual	02:48:33	+01:46:00	14:03	
258	1270	José Antonio Freitas	MSS Grupo Desportivo de Gondomar	02:48:34	+01:46:01	14:03	
259	1156	Joana Barbosa	GAIA-RUNNING	02:49:37	+01:47:04	14:08	
260	1163	Sónia Matos	Individual	02:49:37	+01:47:04	14:08	
261	1298	José Dara	TrepaTrilhos Trail Team	02:49:48	+01:47:15	14:09	
262	1164	Tânia Costa	Individual	02:50:43	+01:48:10	14:14	
263	1013	Alvaro Pinto	A TEAM AGEAS	02:51:01	+01:48:28	14:15	
264	1011	Helena Alexandre	A TEAM AGEAS	02:51:01	+01:48:28	14:15	
265	1022	Maria Helena Azevedo	AFIPRE Team	02:54:07	+01:51:34	14:31	
266	1114	Samara Lopes	Individual	02:58:20	+01:55:47	14:52	
267	1151	Maria das Dores Graça	Individual	03:20:59	+02:18:26	16:45	
268	1179	Ondina Moleiro	Individual	03:21:03	+02:18:30	16:45	

Obs

TRAIL MINI - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

BIB	NOTE	NAME	TEAM
1148	DQ	Emi Moreira	Individual
1078	DNF	Mário Araújo	Equipa A
1003	DNS	Flor Madureira	Sapatilhas Verdes
1004	DNS	Ines Moreira	Triclube Penafiel
1009	DNS	Sandra Cardoso	Baguim Runners
1010	DNS	Tiago Pinto	Fátima Trail Team
1018	DNS	Teresa Pina	ADA/Lamego Tribo Runners
1019	DNS	Rui Pina	ADA/Lamego Tribo Runners
1031	DNS	Celina Correia	ARS / Destemidos
1032	DNS	Altino Rocha	Associação Branzelo Ativo
1034	DNS	Wiliana Ferreira	A-Team
1035	DNS	Awais Dilawer	A-Team
1048	DNS	Pedro Quintas	Bebés, cerveja e amigos
1051	DNS	Joana Rocha	Black Bull
1058	DNS	Carlos Miranda	carlos miranda
1061	DNS	Elisabete Queirós Pereira	CENTRO CICLISTA DE GONDOMAR
1062	DNS	Willians Santos	CIN RUNNING TEAM
1105	DNS	Beatriz Matos	Individual
1108	DNS	Isabel Marcolino	Individual
1113	DNS	Rita Mendes	Individual
1130	DNS	NORTURE Florian	Individual
1138	DNS	Louane Goletto	Individual
1155	DNS	Helena Ribeiro	Individual
1158	DNS	Marisa Doreta	Individual
1166	DNS	Margarida Coelho	Individual
1167	DNS	Maria Manuel vieira neves	Individual
1169	DNS	Sandra Pereira	Individual
1170	DNS	Sónia Neves	Individual
1173	DNS	Claudia Ribeiro	Individual
1178	DNS	Marilia Fernanda Sá Marques Paiva	Individual
1185	DNS	Jose Tiago Coelho santos	Individual
1190	DNS	Thiago Marcolino	Individual
1192	DNS	Bruno Teixeira	Individual
1203	DNS	Leonel Pinheiro	Individual
1207	DNS	Paulo Cunha	Individual
1208	DNS	Paulo Cunha	Individual
1215	DNS	João Carvalho	Individual
1227	DNS	Iazalde Martins8	Individual
1233	DNS	Paulo Jorge Dias	Individual
1239	DNS	César Cunha	Individual
1241	DNS	Emanuel Pereira	Individual
1250	DNS	Isaac Pereira	Individual
1253	DNS	Agostinho Silva Pedrosa	Individual
1254	DNS	José Pereira	Individual
1256	DNS	Samuel Rocha	Juventude Cortegacense
1265	DNS	Filipe Neves	MOOVE / Afacycles / Aloft

12 KM

OFFICIAL RESULT

1267	DNS	Margarida Carvalho	MSS Grupo Desportivo de Gondomar
1275	DNS	Hermínia Oliveira	OPraticante.pt
1299	DNS	Jorge Leonel Ferreira	Triclube Penafiel
1300	DNS	Sandra Rodrigues	WOLVES
1301	DNS	Cristina Coelho	WOLVES
1302	DNS	Antonio Miranda	WOLVES
1310	DNS	Sandra Silva Alves da Costa	Individual

Trail Mini

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:30	10,7°C	82%
End	17:51	10,7°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Juvenil Feminino

1	1103	Xulia Vidal Tubío	Individual	Juvenil Femenino	01:35:58	08:00
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Juvenil Masculino

1	1082	Tomás Cuco	GAIA-RUNNING	Juvenil Masculino	01:52:18	09:22
2	1033	Isaac Couto	A-Team	Juvenil Masculino	01:58:45	+06:26 09:54

Senior Feminino

1	1110	Márcia Sousa	Individual	Senior Feminino	01:40:00		08:20:00
2	56	Bárbara Ferreira	Individual	Senior Feminino	01:59:37	+19:37	09:58:37
3	57	Sofia Cortinhas	Individual	Senior Feminino	01:59:37	+19:37	09:58:37
4	1305	Rita Loureiro	Individual	Senior Feminino	02:03:33	+23:33	10:18:33
5	1107	Cristiana Alves	Individual	Senior Feminino	02:04:48	+24:48	10:24:48
6	1104	Andreia Sousa	Individual	Senior Feminino	02:09:15	+29:15	10:46:15
7	1291	Rafaela Oliveira	tog Associação Running Team	Senior Feminino	02:10:03	+30:03	10:50:03
8	1111	Patricia Oliveira	Individual	Senior Feminino	02:12:51	+32:51	11:04:51
9	1106	Carolina Elvira	Individual	Senior Feminino	02:15:32	+35:32	11:18:32
10	1112	Rita Figueiredo	Individual	Senior Feminino	02:31:28	+51:28	12:37:28
11	1276	Rita Magalhães	Os 4's	Senior Feminino	02:32:51	+52:51	12:44:51
12	1109	Julia Teles	Individual	Senior Feminino	02:45:46	+01:05:46	13:49:46
13	1296	Victória Palmieri Lima	Trail-Running.pt	Senior Feminino	02:45:46	+01:05:46	13:49:46
14	1114	Samara Lopes	Individual	Senior Feminino	02:58:20	+01:18:20	14:52:20

Senior Masculino

1	1303	Manuel Curral	ARA-Alfandeguense	Senior Masculino	01:06:59	05:35
2	1072	António Ratola	DCI/Trilhos Luso Bussaco	Senior Masculino	01:12:18	+05:18 06:01
3	1127	Luís Almeida	Individual	Senior Masculino	01:21:51	+14:52 06:49
4	1094	Leonel Neves	Gens SC Trail	Senior Masculino	01:25:00	+18:01 07:05
5	1136	Rui Pedro Teixeira Rodrigues	Individual	Senior Masculino	01:25:20	+18:20 07:07
6	1134	Ricardo Ramalho	Individual	Senior Masculino	01:26:58	+19:58 07:15
7	1036	Miguel Mesquita	Atletas 100%	Senior Masculino	01:34:43	+27:43 07:54
8	1119	Gonçalo Dias	Individual	Senior Masculino	01:35:10	+28:11 07:56
9	1135	Ricardo Vieira	Individual	Senior Masculino	01:35:21	+28:21 07:57
10	1122	Ivo Moreira	Individual	Senior Masculino	01:35:39	+28:40 07:58
11	1132	Rafael Ribeiro de Moura	Individual	Senior Masculino	01:36:47	+29:48 08:04
12	1116	Bernardo Manuel Coelho Magalhães	Individual	Senior Masculino	01:40:03	+33:04 08:20

Trail Mini

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

13	1124	João Santos	Individual	Senior Masculino	01:40:17	+33:18	08:21
14	1129	Miguel Sá	Individual	Senior Masculino	01:42:37	+35:38	08:33
15	1120	Henrique Galindro	Individual	Senior Masculino	01:43:07	+36:08	08:36
16	1125	João Sousa	Individual	Senior Masculino	01:48:04	+41:04	09:00
17	1077	Joel Magina	Elite Aradense	Senior Masculino	01:48:08	+41:08	09:01
18	1075	Américo Santos	Elite Aradense	Senior Masculino	01:48:08	+41:08	09:01
19	1076	Emanuel Reis	Elite Aradense	Senior Masculino	01:48:08	+41:09	09:01
20	1121	Ivanoel André da Silva Martins	Individual	Senior Masculino	01:50:22	+43:22	09:12
21	1131	Pedro Coelho	Individual	Senior Masculino	01:50:25	+43:26	09:12
22	1123	João Bizot	Individual	Senior Masculino	01:51:22	+44:23	09:17
23	1308	Luís Mouta	Individual	Senior Masculino	01:52:19	+45:19	09:22
24	1126	Leandro Duarte Peixoto	Individual	Senior Masculino	02:01:05	+54:06	10:05
25	1133	Ricardo Maia	Individual	Senior Masculino	02:01:35	+54:36	10:08
26	1137	Tiago Oliveira	Individual	Senior Masculino	02:04:29	+57:30	10:22
27	1118	Diogo Figueiredo	Individual	Senior Masculino	02:07:18	+01:00:19	10:37
28	1128	Miguel Ribeiro	Individual	Senior Masculino	02:09:14	+01:02:15	10:46
29	1117	Carlos Espogeira	Individual	Senior Masculino	02:09:57	+01:02:57	10:50
30	1115	André Vieira	Individual	Senior Masculino	02:10:02	+01:03:02	10:50
31	1064	André Rafael Marques Vilaça	Coronado runners	Senior Masculino	02:15:50	+01:08:51	11:19

Sub 23 Masculino

1	1070	Júlio Macedo	Damira trail Team	Sub 23 Masculino	01:18:36	06:33
2	1140	Nuno Silva	Individual	Sub 23 Masculino	01:20:11	+01:34 06:41
3	1283	Nuno Mota	S4I Medense Fc	Sub 23 Masculino	01:35:02	+16:25 07:55
4	1139	José Pedro Bandeira Gomes	Individual	Sub 23 Masculino	02:03:22	+44:45 10:17
5	1141	Tiago Pinto	Individual	Sub 23 Masculino	02:23:32	+01:04:55 11:58

Veterana F35

1	1146	Tania Marisa	Individual	Veterana F35	01:39:45	08:19
2	1145	Sara Baptista	Individual	Veterana F35	01:40:32	+00:46 08:23
3	1050	Vânia Queirós	Black Bull	Veterana F35	01:51:39	+11:53 09:18
4	1307	Alexandra Mouta	Individual	Veterana F35	01:52:08	+12:22 09:21
5	1297	Cátia Costa	TREINA ARMANDA	Veterana F35	01:56:23	+16:37 09:42
6	1144	Neuza Oliveira	Individual	Veterana F35	02:11:31	+31:45 10:58
7	1037	Catarina Pereira	Atletas 100%	Veterana F35	02:12:11	+32:25 11:01
8	1274	Helena Santos	OPraticante.pt	Veterana F35	02:12:53	+33:07 11:04
9	1142	Catarina Araújo	AFIPRE Team	Veterana F35	02:15:51	+36:05 11:19
10	1065	Vânia Rebelo	Coronado runners	Veterana F35	02:16:04	+36:18 11:20
11	66	Carolina Fernandes	Individual	Veterana F35	02:17:45	+37:59 11:29
12	1028	Vânia Moreira	Amigos100limites	Veterana F35	02:21:14	+41:28 11:46
13	1147	Vânia Patrícia Ferreira	Individual	Veterana F35	02:30:32	+50:46 12:33
14	1278	Telma Ferreira	Os 4's	Veterana F35	02:32:51	+53:05 12:44
15	1277	Liliana Maciel	Os 4's	Veterana F35	02:32:52	+53:06 12:44
16	1143	Catia Santos	Individual	Veterana F35	02:37:14	+57:28 13:06

Official Timekeeper: Lap2Go	2 / 8	generate 17-jan.-2026 17:53
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Trail Mini

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

17	1042	Soraia Pereira	Atletas da preguiça	Veterana F35	02:41:44	+01:01:58	13:29
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Veterana F40

1	3	Célia Neto	Pegasus OcrProteam	Veterana F40	01:22:39	06:53
2	1149	Inês Reis	Individual	Veterana F40	01:37:56	+15:17 08:10
3	68	Dulce Prêda	Grupo Corrida de Argoncilhe	Veterana F40	01:38:03	+15:24 08:10
4	15	Juliana Pinheiral	Ade trail running	Veterana F40	01:48:14	+25:34 09:01
5	1025	Marisa Fernandes	AMA - Associação Mondim Atletismo	Veterana F40	01:55:37	+32:58 09:38
6	1280	Clara Teixeira	Os Preguiças Team	Veterana F40	01:57:27	+34:47 09:47
7	1021	Paula Azevedo	AFIPRE Team	Veterana F40	01:59:16	+36:37 09:56
8	1029	Nádia Fernandes	Amigos100limites	Veterana F40	02:01:35	+38:55 10:08
9	1083	ALBERTINA OLIVEIRA	GAIA-RUNNING	Veterana F40	02:12:40	+50:01 11:03
10	1066	Rita Pimparel	Coronado runners	Veterana F40	02:15:34	+52:55 11:18
11	1071	Paula Cruz	Damira trail Team	Veterana F40	02:15:37	+52:58 11:18
12	1063	Catarina pereira	CoreSense	Veterana F40	02:18:14	+55:34 11:31
13	1150	Joana Filipa Neves	Individual	Veterana F40	02:24:21	+01:01:42 12:02
14	1152	Silvana Isabel Isidro Leite da Silva	Individual	Veterana F40	02:35:42	+01:13:02 12:58
15	1284	Lia Oliveira	S4I Medense Fc	Veterana F40	02:46:51	+01:24:11 13:54
16	1151	Maria das Dores Graça	Individual	Veterana F40	03:20:59	+01:58:19 16:45

Veterana F45

1	1007	Paula Lage	Furfor running team	Veterana F45	01:24:26	07:02
2	1281	Liliana Loureiro	Os Preguiças Team	Veterana F45	01:34:40	+10:14 07:53
3	1153	Anabela Barata	Individual	Veterana F45	01:39:58	+15:31 08:20
4	1266	Carla Sousa	MSS Grupo Desportivo de Gondomar	Veterana F45	01:47:09	+22:42 08:56
5	16	Carol Pereira	Ade trail running	Veterana F45	01:48:14	+23:48 09:01
6	1084	Joana Cadinha	GAIA-RUNNING	Veterana F45	01:52:12	+27:46 09:21
7	1159	Patrícia Laranjeira	Individual	Veterana F45	01:52:45	+28:19 09:24
8	1154	Carla Patrícia Santos Vigário de Sousa	Individual	Veterana F45	01:53:32	+29:05 09:28
9	1101	Flor Marcolino	HPWARE TEAM	Veterana F45	01:57:56	+33:30 09:50
10	1052	Sandra Teixeira	Black Bull	Veterana F45	01:58:58	+34:31 09:55
11	1053	Telma Almeida	Black Bull	Veterana F45	02:01:37	+37:11 10:08
12	1272	Mariana Serra	O Jogo	Veterana F45	02:07:38	+43:12 10:38
13	1160	Raquel Guedes	Individual	Veterana F45	02:12:52	+48:26 11:04
14	1023	Ana Santos	Alcateia Cinzenta	Veterana F45	02:15:16	+50:50 11:16
15	1285	Lígia Freitas	S4I Medense Fc	Veterana F45	02:15:16	+50:50 11:16
16	1080	Maria de Lurdes de Sousa Pereira	Flowerpeoplex	Veterana F45	02:16:29	+52:03 11:22
17	1262	Sandra Vilares	Mirandela a Correr	Veterana F45	02:18:56	+54:29 11:35
18	159	Márcia Silva	VITALIS	Veterana F45	02:32:35	+01:08:09 12:43
19	1162	Rute Silva	Individual	Veterana F45	02:35:42	+01:11:15 12:58
20	1161	Raquel Santos	Individual	Veterana F45	02:47:28	+01:23:02 13:57

Official Timekeeper: Lap2Go	3 / 8	generate 17-jan.-2026 17:53
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Trail Mini

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

21	1156	Joana Barbosa	GAIA-RUNNING	Veterana F45	02:49:37	+01:25:10	14:08
22	1163	Sónia Matos	Individual	Veterana F45	02:49:37	+01:25:11	14:08
23	1164	Tânia Costa	Individual	Veterana F45	02:50:43	+01:26:17	14:14

Veterana F50

1	1086	Cecília Sousa	GAIA-RUNNING	Veterana F50	01:40:02		08:20
2	1026	Rosa Saldanha	AMA - Associação Mondim Atletismo	Veterana F50	01:43:36	+03:34	08:38
3	1045	Cristina Paredes	BAD Running Team	Veterana F50	01:59:52	+19:50	09:59
4	1292	Kiniss Neves	tog Associação Running Team	Veterana F50	02:00:40	+20:38	10:03
5	1168	Paula Alexandra Gonçalves	Individual	Veterana F50	02:16:49	+36:47	11:24
6	1263	Cristina Ramires	Mirandela a Correr	Veterana F50	02:18:56	+38:54	11:35
7	1165	Liliana Moreira	Individual	Veterana F50	02:44:31	+01:04:29	13:43

Veterana F55

1	1	Lucinda Sousa	Individual	Veterana F55	01:18:17		06:31
2	1172	Céu Ferreira	Individual	Veterana F55	01:43:56	+25:38	08:40
3	1174	Maria Loureiro	Individual	Veterana F55	01:45:01	+26:44	08:45
4	1171	Ana Maria Ferreira	Individual	Veterana F55	02:07:05	+48:48	10:35
5	1176	Paula Cunha	Individual	Veterana F55	02:12:03	+53:46	11:00
6	1175	Maria Praça	Individual	Veterana F55	02:48:33	+01:30:15	14:03
7	1011	Helena Alexandre	A TEAM AGEAS	Veterana F55	02:51:01	+01:32:44	14:15

Veterana F60

1	1177	Carmo Marinho	Run & Fun	Veterana F60	01:48:42	09:04
2	1087	Claudia Alvarez	GAIA-RUNNING	Veterana F60	02:00:21	+11:38 10:02
3	1294	Paulina Soares	tog Associação Running Team	Veterana F60	02:12:44	+24:01 11:04
4	1012	Margarida Quintela Santos	A TEAM AGEAS	Veterana F60	02:12:51	+24:08 11:04
5	1030	Paula Moreira	Amigos100limites	Veterana F60	02:24:00	+35:17 12:00
6	1179	Ondina Moleiro	Individual	Veterana F60	03:21:03	+01:32:20 16:45

Veterana F65

1	1022	Maria Helena Azevedo	AFIPRE Team	Veterana F65	02:54:07	14:31
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Veterano M35

1	1074	Hugo Pinto	EDV-VIANATRAIL	Veterano M35	01:05:35	05:28
2	1186	Nelson Teixeira	Leões Tardariz Trail	Veterano M35	01:09:47	+04:12 05:49
3	1304	Ricardo Mendes	Gens SC Trail	Veterano M35	01:25:57	+20:21 07:10
4	1191	Vitor Manuel Ribeiro Pinheiro	A.D.Amarante	Veterano M35	01:29:33	+23:58 07:28

Trail Mini

12 KM

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OFFICIAL RESULT

[illegible]

5	1079	Diogo Cardoso	Fátima Trail Team	Veterano M35	01:30:01	+24:25	07:30
6	1024	Helder Azevedo	Alcateia Cinzenta	Veterano M35	01:30:12	+24:36	07:31
7	1306	André Nogueira	Individual	Veterano M35	01:32:01	+26:25	07:40
8	2104	Edmar Lima	Individual	Veterano M35	01:32:16	+26:41	07:41
9	1054	Vítor Pereira	Black Bull	Veterano M35	01:35:07	+29:32	07:56
10	1039	Diogo Marinho	Atletas 100%	Veterano M35	01:38:39	+33:03	08:13
11	1187	Paulo Resende	Individual	Veterano M35	01:45:17	+39:41	08:46
12	1181	Henrique Mendes	Individual	Veterano M35	01:45:34	+39:59	08:48
13	1002	Diogo Fernandes	ACDL Team	Veterano M35	01:51:23	+45:48	09:17
14	1183	João Campos	Individual	Veterano M35	01:56:15	+50:39	09:41
15	1188	Pedro Ricardo Santos Monteiro	Individual	Veterano M35	02:00:26	+54:51	10:02
16	1180	Bruno Santos	Individual	Veterano M35	02:03:26	+57:51	10:17
17	1189	Rui Araujo	Individual	Veterano M35	02:04:47	+59:11	10:24
18	1184	José Ricardo Gonçalves Loureiro	Individual	Veterano M35	02:04:48	+59:13	10:24
19	1182	João Almeida	Individual	Veterano M35	02:05:34	+59:58	10:28
20	1088	PAULO COSTA	GAIA-RUNNING	Veterano M35	02:16:25	+01:10:50	11:22
21	1279	André Brito	Os 4's	Veterano M35	02:32:51	+01:27:15	12:44

Veterano M40

1	1006	João Saiyajin	CB RUN	Veterano M40	01:02:33	05:13
2	1005	Joao Pedro Padilha Leal	RETORTA QUINTA DAS ARCAS	Veterano M40	01:02:56	+00:23 05:15
3	1097	Ricardo Brandão	Gens SC Trail	Veterano M40	01:05:39	+03:06 05:28
4	1001	Pedro Tapadas	Fátima Trail Team	Veterano M40	01:05:51	+03:18 05:29
5	1095	André Almeida	Gens SC Trail	Veterano M40	01:09:48	+07:15 05:49
6	1286	Daniel Terra	S4I Medense Fc	Veterano M40	01:12:46	+10:13 06:04
7	1193	Carlos Santos	Individual	Veterano M40	01:19:07	+16:34 06:36
8	1014	António Daniel Mendes	A.D.Amarante	Veterano M40	01:24:03	+21:30 07:00
9	1195	Helder Pinheiro	Individual	Veterano M40	01:34:02	+31:29 07:50
10	1096	Manuel Silva	Gens SC Trail	Veterano M40	01:37:44	+35:11 08:09
11	1198	João Amorim	Individual	Veterano M40	01:38:47	+36:14 08:14
12	1194	Fábio Almeida	Individual	Veterano M40	01:42:25	+39:52 08:32
13	1049	Rui Filipe Rosas Caramelo	Bebés, cerveja e amigos	Veterano M40	01:46:47	+44:14 08:54
14	1196	Henrique Sousa	Individual	Veterano M40	01:47:08	+44:35 08:56
15	79	Alberto Mendes	Individual	Veterano M40	01:47:52	+45:19 08:59
16	1200	Jorge Cunha	Individual	Veterano M40	01:48:06	+45:33 09:01
17	1197	João Almeida	Individual	Veterano M40	01:49:15	+46:42 09:06
18	1209	Ricardo Antunes	Individual	Veterano M40	01:49:21	+46:48 09:07
19	29	Miguel Silva	CIN RUNNING TEAM	Veterano M40	01:49:45	+47:12 09:09
20	1199	Joao Pereira	Individual	Veterano M40	01:56:07	+53:34 09:41
21	1046	Hugo Santos	BAD Running Team	Veterano M40	01:59:53	+57:20 09:59
22	1210	Tiago Barbosa	Individual	Veterano M40	02:03:13	+01:00:40 10:16
23	1044	Diogo Sousa	Atletas da preguiça	Veterano M40	02:04:00	+01:01:27 10:20
24	1204	Luis Ribeiro	Individual	Veterano M40	02:06:27	+01:03:54 10:32
25	1067	Bruno Chimeno	Coronado runners	Veterano M40	02:15:59	+01:13:26 11:20
26	1206	Miguel Mota	Individual	Veterano M40	02:24:21	+01:21:48 12:02

Trail Mini

12 KM

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OFFICIAL RESULT

[illegible]

27	1043	Bruno Costa	Atletas da preguiça	Veterano M40	02:29:16	+01:26:43	12:26
28	1205	Luis Silva	Individual	Veterano M40	02:36:57	+01:34:24	13:05
29	1202	Leonel Fernandes	Individual	Veterano M40	02:37:14	+01:34:41	13:06

Veterano M45

1	1008	Paulo Costa	A.D.Amarante	Veterano M45	01:03:47	05:19
2	1073	Antonio nogueira	DUELO D'OCASIÃO	Veterano M45	01:07:26	+03:39 05:37
3	1218	Pedro Gilvaz	Individual	Veterano M45	01:10:49	+07:02 05:54
4	1222	Rui Gomes	Douroconta Gabinete de Contabilidade	Veterano M45	01:15:10	+11:23 06:16
5	1040	Cândido Costa	Atletas 100%	Veterano M45	01:22:36	+18:49 06:53
6	1020	Daniel Matos	ADC SANTA ISABEL	Veterano M45	01:24:00	+20:13 07:00
7	1098	Paulo Jorge	Gens SC Trail	Veterano M45	01:24:21	+20:33 07:02
8	1055	Telmo Pereira	Black Bull	Veterano M45	01:26:17	+22:30 07:11
9	1216	Marco Santos	Mirandela a Correr	Veterano M45	01:28:45	+24:58 07:24
10	1221	Rui Albino	Individual	Veterano M45	01:36:00	+32:12 08:00
11	1293	Miguel Moreira	tog Associação Running Team	Veterano M45	01:36:20	+32:32 08:02
12	1213	Filipe Ferreira	Individual	Veterano M45	01:40:42	+36:55 08:24
13	1015	Pedro Vieira	A.D.Amarante	Veterano M45	01:41:07	+37:20 08:26
14	1211	Alcino Costa	Individual	Veterano M45	01:42:06	+38:19 08:31
15	1217	Paulo Henriques	Individual	Veterano M45	01:43:49	+40:02 08:39
16	1225	Silvério dos Santos Pereira	Alcateia Cinzenta	Veterano M45	01:46:37	+42:50 08:53
17	1214	Humberto Barros	Individual	Veterano M45	01:46:50	+43:03 08:54
18	1264	Bruno Silva	Mirandela a Correr	Veterano M45	01:47:49	+44:02 08:59
19	1056	Ricardo Pinto	Caminhadas da Amizade	Veterano M45	01:50:50	+47:03 09:14
20	1102	Hélder Pereira	HPWARE TEAM	Veterano M45	01:57:56	+54:09 09:50
21	1220	Ricardo Pinto	Individual	Veterano M45	01:59:35	+55:48 09:58
22	1223	Rui Jorge Viana	Individual	Veterano M45	02:06:28	+01:02:40 10:32
23	1081	Carlos Manuel da Silva Lopes	Flowerpeoplex	Veterano M45	02:16:29	+01:12:42 11:22
24	1224	Rui Teixeira	Individual	Veterano M45	02:18:14	+01:14:27 11:31
25	1041	Joaquim Teixeira	Atletas 100%	Veterano M45	02:18:15	+01:14:28 11:31
26	1212	Antonio Pereira	Individual	Veterano M45	02:24:56	+01:21:09 12:05
27	158	Bruno Sá	VITALIS	Veterano M45	02:32:35	+01:28:48 12:43
28	1219	Pedro Neves	Individual	Veterano M45	02:47:32	+01:43:45 13:58

Veterano M50

1	160	Rui Alvim	MSS Grupo Desportivo de Gondomar	Veterano M50	01:18:26	06:32
2	1226	António Fernandes	GD Estaleiros Navais de Viana do Castelo	Veterano M50	01:22:04	+03:37 06:50
3	1228	Joao Correia	Individual	Veterano M50	01:24:20	+05:54 07:02
4	1287	Miguel Moura	S4I Medense Fc	Veterano M50	01:25:50	+07:24 07:09
5	1090	JORGE PEREIRA	GAIA-RUNNING	Veterano M50	01:26:28	+08:02 07:12
6	1259	Carlos Araújo	KeMedo Team	Veterano M50	01:30:24	+11:57 07:32

Trail Mini

12 KM

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OFFICIAL RESULT

[illegible]

7	1289	Pedro Marques	S4I Medense Fc	Veterano M50	01:34:41	+16:15	07:53
8	1257	Joao Oliveira	Juventude Cortegacense	Veterano M50	01:35:51	+17:24	07:59
9	1268	Fernando Branco	MSS Grupo Desportivo de Gondomar	Veterano M50	01:37:36	+19:10	08:08
10	1231	José Gomes	Individual	Veterano M50	01:41:23	+22:56	08:27
11	1260	Helder Gomes	KeMedo Team	Veterano M50	01:42:02	+23:36	08:30
12	1235	Vitor Santos	Individual	Veterano M50	01:45:53	+27:26	08:49
13	1069	Paulo Gil	Dakabola	Veterano M50	01:46:34	+28:07	08:53
14	1290	Rui mota	S4I Medense Fc	Veterano M50	01:50:20	+31:54	09:12
15	1230	Jorge Oliveira	Individual	Veterano M50	01:51:36	+33:09	09:18
16	1089	André Fonseca	GAIA-RUNNING	Veterano M50	01:52:12	+33:46	09:21
17	1282	Hugo Pires	Requinho	Veterano M50	01:52:15	+33:48	09:21
18	1099	Fernando Paiva	Gens SC Trail	Veterano M50	01:54:12	+35:46	09:31
19	1016	Albano Coelho	A.D.Amarante	Veterano M50	02:05:40	+47:13	10:28
20	1273	Bruno Rodrigues	O Jogo	Veterano M50	02:07:38	+49:11	10:38
21	1234	Sérgio Grande	Individual	Veterano M50	02:13:34	+55:07	11:08
22	1229	João Miguel Torres	Individual	Veterano M50	02:14:42	+56:16	11:14
23	1288	Paulo Freitas	S4I Medense Fc	Veterano M50	02:15:15	+56:49	11:16
24	1232	Leonel Pinto	Individual	Veterano M50	02:41:32	+01:23:06	13:28

Veterano M55

1	1060	Fernando Antunes	CDC Macieira de Cambra	Veterano M55	01:18:20	06:32
2	1093	Adao bessa	Gang da Pedra	Veterano M55	01:24:55	+06:34 07:05
3	1269	Portela bianchi	MSS Grupo Desportivo de Gondomar	Veterano M55	01:25:51	+07:30 07:09
4	1059	Joaquim Cunha	Casa dos Trabalhadores - Águas do Porto	Veterano M55	01:30:35	+12:14 07:33
5	1248	VITOR DIAS	Individual	Veterano M55	01:35:10	+16:49 07:56
6	1247	Paulo S	Individual	Veterano M55	01:36:29	+18:08 08:02
7	1243	Jorge Sousa	Individual	Veterano M55	01:43:09	+24:48 08:36
8	1245	Manuel Paulo Caetano Monteiro	Individual	Veterano M55	01:46:39	+28:18 08:53
9	1092	RUI FERRAZ	GAIA-RUNNING	Veterano M55	01:53:18	+34:57 09:26
10	1246	Paulo Lara	Boavista Trail	Veterano M55	01:53:40	+35:19 09:28
11	1091	Pedro Costa	GAIA-RUNNING	Veterano M55	01:54:45	+36:24 09:34
12	1242	Frank Coelho	Individual	Veterano M55	02:01:52	+43:31 10:09
13	1047	Lourenço Cardoso	Baguim Runners	Veterano M55	02:04:54	+46:33 10:25
14	1295	Fernando Barbosa	tog Associação Running Team	Veterano M55	02:07:59	+49:38 10:40
15	1244	Josué Loureiro	Individual	Veterano M55	02:10:01	+51:41 10:50
16	1240	Eduardo Nascimento	Individual	Veterano M55	02:12:51	+54:30 11:04
17	1236	Alberto Cesar	Individual	Veterano M55	02:16:51	+58:30 11:24
18	1238	António Couto	Individual	Veterano M55	02:24:49	+01:06:28 12:04
19	1309	José Ricardo	Individual	Veterano M55	02:30:20	+01:11:59 12:32
20	1237	ALCIDIO FIGUEIREDO	Individual	Veterano M55	02:31:28	+01:13:07 12:37
21	1013	Alvaro Pinto	A TEAM AGEAS	Veterano M55	02:51:01	+01:32:40 14:15

12 KM

OFFICIAL RESULT

[illegible]

1	1261	Jose Vaz	Lentinhos	Veterano M60	01:32:23	07:42
2	1068	Vítor M Cardoso	Corre São João	Veterano M60	01:40:02	+07:39 08:20
3	1100	Jorge Silva	GETRUN	Veterano M60	01:42:55	+10:32 08:35
4	1057	Artur Mário de Carvalho Morais	Caretos.OCR	Veterano M60	01:57:29	+25:06 09:47
5	1017	António Gonçalves	A.D.Amarante	Veterano M60	02:05:37	+33:14 10:28
6	1249	Jorge Ferreira	Individual	Veterano M60	02:10:34	+38:11 10:53
7	1027	José Cerdeira	AMA - Associação Mondim Atletismo	Veterano M60	02:12:08	+39:44 11:01
8	1270	José Antonio Freitas	MSS Grupo Desportivo de Gondomar	Veterano M60	02:48:34	+01:16:10 14:03

1	1271	José Pereira	MSS Grupo Desportivo de Gondomar	Veterano M65	01:25:47	07:09
2	1252	Mário Costa	Individual	Veterano M65	01:46:26	+20:39 08:52
3	1258	Fernando Camboa	Juventude Cortegacense	Veterano M65	01:50:42	+24:54 09:14
4	1251	Jose Castro	Individual	Veterano M65	01:53:41	+27:53 09:28

1	14	Carlos Macedo	A.D.Amarante	Veterano M70	01:45:35	08:48
2	1255	serafim fonseca	MSS Grupo Desportivo de Gondomar	Veterano M70	02:04:28	+18:53
3	1298	José Dara	TrepaTrilhos Trail Team	Veterano M70	02:49:48	+01:04:13

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Official Timekeeper: Lap2Go	1 / 1	generate 17-jan.-2026 17:55
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CAMINHADA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:45	10,7°C	82%
End	17:59	10,7°C	82%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2049	Clarinda Carvalho	Individual	01:29:17		08:56	
2	2111	Tomás dias	Individual	01:37:31	+08:14	09:45	
3	2105	Pedro Magalhães	Individual	01:37:33	+08:16	09:45	
4	2066	Maria José Reis	Individual	01:38:45	+09:28	09:52	
5	2052	Cristina Rodrigues	Individual	01:43:35	+14:18	10:22	
6	2112	Ana Oliveira	Lentinhos	01:44:26	+15:09	10:27	
7	2125	Rui Oliveira	Município de Gondomar	01:48:12	+18:55	10:49	
8	2016	António Castro	CENTRO CICLISTA DE GONDOMAR	01:49:37	+20:20	10:58	
9	2092	Jorge Cardoso	Individual	01:49:47	+20:30	10:59	
10	2118	Susana Moura	UF Fânzeres e São Pedro da Cova	01:52:35	+23:18	11:16	
11	2119	Carla Alves	UF Fânzeres e São Pedro da Cova	01:52:35	+23:18	11:16	
12	2106	Ricardo Almeida	Individual	01:53:22	+24:05	11:20	
13	2122	Afonso Caldas	Município de Gondomar	01:54:12	+24:55	11:25	
14	2124	Vanessa Oliveira	Município de Gondomar	01:54:12	+24:55	11:25	
15	2123	Sara Duarte	Município de Gondomar	01:55:55	+26:38	11:35	
16	2009	Guilherme Mesquita	Atletas 100%	01:58:24	+29:07	11:50	
17	2010	Fátima Veiga	Atletas da preguiça	01:58:28	+29:11	11:51	
18	2100	Manuel António Silva Costa	Individual	01:59:02	+29:45	11:54	
19	2087	Duarte Pereira	Individual	01:59:07	+29:50	11:55	
20	2121	Francisco Caldas	Município de Gondomar	02:04:25	+35:08	12:27	
21	2094	Leonardo Garcia de Lima Monteiro	Individual	02:08:19	+39:02	12:50	
22	2097	Luis Regala	Individual	02:08:52	+39:35	12:53	
23	2088	Filipe Monteiro	Individual	02:08:53	+39:36	12:53	
24	2042	Agostinha Gonçalves	Individual	02:09:13	+39:56	12:55	
25	2086	Carlos Ribeiro	Individual	02:09:34	+40:17	12:57	
26	2079	Teresa Taveira	Individual	02:09:35	+40:18	12:57	
27	2062	Maria Correia	Individual	02:09:52	+40:35	12:59	
28	2021	Carlos Pinto	CIN RUNNING TEAM	02:11:31	+42:14	13:09	
29	2068	Mariana Pinto	Individual	02:11:31	+42:14	13:09	
30	2020	Antonio Magalhaes	CIN RUNNING TEAM	02:11:32	+42:15	13:09	
31	2064	Maria José Gomes Magalhães	Individual	02:11:33	+42:16	13:09	
32	2033	FLOR QUERALES	GAIA-RUNNING	02:12:39	+43:22	13:16	
33	2116	Jorge Cardoso	Osodrac Team	02:13:11	+43:54	13:19	
34	2059	Helena Santos Monteiro	Individual	02:13:18	+44:01	13:20	
35	2115	Paula Cardoso	Osodrac Team	02:13:18	+44:01	13:20	
36	1157	Maria Oliveira	Individual	02:13:19	+44:02	13:20	
37	2110	Rui Dias	Individual	02:13:24	+44:07	13:20	
38	2048	Cidalia Silva	Individual	02:13:24	+44:07	13:20	
39	2047	Cátia Pinto	Individual	02:14:26	+45:09	13:27	
40	2070	Patrícia Castro	Individual	02:14:26	+45:09	13:27	
41	2008	Cláudia Ribeiro	Atletas 100%	02:19:05	+49:48	13:55	
42	1038	Daniel Pereira	Atletas 100%	02:19:06	+49:49	13:55	

CAMINHADA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	2051	Cristina Monteiro	Individual	02:19:21	+50:04	13:56	
44	2011	Inês Borges	Borges	02:20:05	+50:48	14:00	
45	2012	David Barquinha	Borges	02:20:05	+50:48	14:00	
46	2023	Claudia Lopes	Cocos	02:20:50	+51:33	14:05	
47	2024	Carla Lopes	Cocos	02:20:51	+51:34	14:05	
48	2025	Adalberto Martins	Cocos	02:20:51	+51:34	14:05	
49	2117	Armanda Costa	TREINA ARMANDA	02:25:54	+56:37	14:35	
50	2071	Paula Sousa	Individual	02:25:55	+56:38	14:35	
51	2029	Mateus Manuel de Oliveira Pereira	Dragões do Santa Cruz	02:26:04	+56:47	14:36	
52	2095	Luís Figueirinha	Individual	02:27:02	+57:45	14:42	
53	2072	Rosalina Pereira	Individual	02:27:03	+57:46	14:42	
54	2046	Catarina Figueirinha	Individual	02:27:06	+57:49	14:43	
55	2037	Beatriz Gomes	Gundemarus	02:29:12	+59:55	14:55	
56	2038	Glória Martins	Gundemarus	02:29:12	+59:55	14:55	
57	2041	RUI BALTAZAR	Gundemarus	02:29:12	+59:55	14:55	
58	2039	Liliana Lage	Gundemarus	02:29:12	+59:55	14:55	
59	2040	Jorge Martins	Gundemarus	02:29:13	+59:56	14:55	
60	2076	Solange Magalhães	Individual	02:30:46	+01:01:29	15:05	
61	2045	Carla Santos	Individual	02:30:47	+01:01:30	15:05	
62	2057	Fernanda Vidal	Individual	02:30:49	+01:01:32	15:05	
63	2082	Vera costa	Individual	02:30:53	+01:01:36	15:05	
64	2081	Vera Antunes	Individual	02:32:04	+01:02:47	15:12	
65	2060	Ivone Pinto	Individual	02:32:04	+01:02:47	15:12	
66	2054	Diana Ferreira	Individual	02:32:13	+01:02:56	15:13	
67	2044	Ana Moreira	Individual	02:32:22	+01:03:05	15:14	
68	2067	Maria Pinto	Individual	02:32:27	+01:03:10	15:15	
69	2014	Diana Guerreiro	CDCF ALDEIA STO ANTONIO	02:32:42	+01:03:25	15:16	
70	2015	Davide Pinheiro	CDCF ALDEIA STO ANTONIO	02:32:42	+01:03:25	15:16	
71	2026	Francisco Miguel Guerra dos Reis	Dragões do Santa Cruz	02:34:13	+01:04:56	15:25	
72	2030	Sérgio Duarte Alves de Oliveira	Dragões do Santa Cruz	02:34:13	+01:04:56	15:25	
73	2027	Leandro Mateus Moreira Pereira	Dragões do Santa Cruz	02:34:14	+01:04:57	15:25	
74	2032	ALINE TREVISAN	GAIA-RUNNING	02:37:06	+01:07:49	15:43	
75	2035	PAULA COSTA	GAIA-RUNNING	02:37:06	+01:07:49	15:43	
76	2034	ISA PINTO	GAIA-RUNNING	02:37:06	+01:07:49	15:43	
77	2085	carlos manuel galhano oliveira	Individual	02:37:37	+01:08:20	15:46	
78	2083	Americo Manuel Mendes Leopoldo dos Santos	Individual	02:37:38	+01:08:21	15:46	
79	2003	Cláudia Couto	Amigos do cu-e	02:40:10	+01:10:53	16:01	
80	2001	Ana Baía	Amigos do cu-e	02:40:11	+01:10:54	16:01	
81	2005	Anibal rocha	Amigos do cu-e	02:40:14	+01:10:57	16:01	
82	2004	Silvia Monteiro	Amigos do cu-e	02:40:15	+01:10:58	16:01	
83	2002	Ana silva	Amigos do cu-e	02:40:28	+01:11:11	16:03	
84	2006	Filipe Areosa	Amigos do cu-e	02:40:28	+01:11:11	16:03	
85	2007	Paulo Ribeiro	Amigos do cu-e	02:40:29	+01:11:12	16:03	
86	2019	Marisa Martins	CIN RUNNING TEAM	02:48:21	+01:19:04	16:50	
87	2090	Hugo Adalberto Maia Guedes	Individual	02:48:21	+01:19:04	16:50	

CAMINHADA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	2107	Ricardo Cancela	Individual	02:48:21	+01:19:04	16:50	
89	2018	Ana Monteiro	CIN RUNNING TEAM	02:48:22	+01:19:05	16:50	
90	2109	Ruben Rocha	Individual	02:50:06	+01:20:49	17:01	
91	2069	Núria Barros	Individual	02:50:08	+01:20:51	17:01	
92	2099	Luís Vilela	Individual	02:55:22	+01:26:05	17:32	
93	2056	Fernanda nogueira	Individual	02:58:35	+01:29:18	17:52	
94	2101	Manuel Falcão	Individual	02:58:36	+01:29:19	17:52	
95	2075	Sandra Rodrigues Gomes	Individual	02:58:37	+01:29:20	17:52	
96	2065	Maria José Moura de Castro	Individual	03:15:54	+01:46:37	19:35	
97	2043	Ana Aguiar	Individual	03:16:02	+01:46:45	19:36	

Obs

BIB	NOTE	NAME	TEAM
2013	DQ	Rafael Barquinha	Borges
2050	DQ	Cláudia De Araújo Rodrigues	Individual
2053	DQ	Daniela Rosário	Individual
2084	DQ	Antonio Rosário	Individual
2098	DQ	Luís Silva	Individual
2126	DQ	Paula Pereira	Município de Gondomar
2058	DNF	Graciete Aleixo	Individual
2061	DNF	LEONOR MIRANDA	Individual
2077	DNF	Soraia marques	Individual
2017	DNS	Paulo Oliveira	CENTRO CICLISTA DE GONDOMAR
2022	DNS	Paulo Alves	CIN RUNNING TEAM
2028	DNS	Manuel Camilo Pereira da Silva	Dragões do Santa Cruz
2031	DNS	Vanessa Dias	Equipa A
2036	DNS	Maria Cardoso	Gens SC Trail
2055	DNS	Fátima Ferreira	Individual
2063	DNS	Maria de Fátima da Costa Oliveira	Individual
2073	DNS	Sandra Fonseca Fonseca	Individual
2074	DNS	Sandra Meireles	Individual
2078	DNS	Teresa Sequeira	Individual
2080	DNS	Valeria Wiendl	Individual
2089	DNS	Gil Ramos	Individual
2091	DNS	João Miranda de Azevedo	Individual
2093	DNS	José Pedro dos Santos Maia	Individual
2096	DNS	Luís Miguel Ribeiro	Individual
2102	DNS	Paulo Oliveira	Individual
2103	DNS	Pedro Camelo	Individual
2108	DNS	Rodrigo Fonseca	Individual
2113	DNS	Ana Rodrigues	O Jogo
2114	DNS	Helena Vieira	O Jogo
2120	DNS	Nelson Monteiro	Individual