

CORRIDA - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:30	27,4°C	72%
End	20:14	27.4°C	72%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	6	Alexandre Silva	THOMAR ATHLETICS	57:05		03:48	
2	5	João Protásio	THOMAR ATHLETICS	57:40	+00:35	03:51	
3	10	François Vie	Clube Desportivo de Espite	58:16	+01:11	03:53	
4	105	Fábio Barbosa	Clube Desportivo de Espite	58:46	+01:41	03:55	
5	102	João Pinto	Clube Desportivo de Espite	59:17	+02:12	03:57	
6	86	André Luís	Clube de Atletismo de Ferreira do Zêzere	01:00:43	+03:38	04:03	
7	7	Daniel Antunes	THOMAR ATHLETICS	01:01:20	+04:15	04:05	
8	8	Filipe Costa	Clube Desportivo de Espite	01:01:26	+04:22	04:06	
9	4	André Braz	THOMAR ATHLETICS	01:01:34	+04:29	04:06	
10	365	Marco Martins	Individual	01:02:49	+05:44	04:11	
11	346	Rui Miguel Pinto Fernandes	Associação Desportiva Cultural e Recreativa de Paço dos Negros	01:03:20	+06:15	04:13	
12	108	Ricardo André	Clube Desportivo de Espite	01:03:28	+06:23	04:14	
13	106	Dinis Santos	Clube Desportivo de Espite	01:05:17	+08:12	04:21	
14	505	António Alexandre Silva Almeida	Fátima Trail Team	01:06:04	+08:59	04:24	
15	107	Pedro Ribeiro	Clube Desportivo de Espite	01:06:45	+09:40	04:27	
16	502	Nuno Gamboa	Vizela Corre	01:07:38	+10:33	04:31	
17	15	Patrício Gaspar	Sandoeira Run Club	01:07:48	+10:43	04:31	
18	77	Frederico Constantino	CLAC Entroncamento	01:07:54	+10:49	04:32	
19	12	Luiz Mota	Clube de Atletismo de Ferreira do Zêzere	01:08:42	+11:37	04:35	
20	186	José Marcelino	Individual	01:09:21	+12:16	04:37	
21	91	André Alves	Clube de Atletismo de Ferreira do Zêzere	01:09:25	+12:20	04:38	
22	510	Dino Bento	THOMAR ATHLETICS	01:10:06	+13:01	04:40	
23	32	Rafael Lopes	Ama(dores) trail team/ACRU	01:10:19	+13:14	04:41	
24	45	Alexandre Henriques	Associação Desportiva Cultural e Recreativa de Paço dos Negros	01:10:36	+13:31	04:42	
25	121	João Freitas	ESCOLA DE ATLETISMO DE COIMBRA	01:11:04	+13:59	04:44	
26	9	Inês Gomes	Clube Desportivo de Espite	01:11:11	+14:06	04:45	
27	318	Gonçalo Dias	Individual	01:11:16	+14:11	04:45	
28	493	Rogério Duarte	Trilho Perdido Eventos / Importlux	01:11:17	+14:12	04:45	
29	218	Pedro Rafael do Carmo Rocha	Individual	01:11:32	+14:27	04:46	
30	101	Rute Ferreira	Clube Desportivo de Espite	01:12:00	+14:55	04:48	
31	34	Carlos Manuel Dias Simões	Ama(dores) trail team/ACRU	01:12:10	+15:05	04:49	
32	52	Marco Nobre	CASA DO BENFICA EM ABRANTES	01:12:30	+15:25	04:50	
33	212	Fábio Oliveira	Individual	01:12:38	+15:33	04:51	
34	480	Filipe Maurício	THOMAR ATHLETICS	01:12:54	+15:49	04:52	
35	28	Bruno Nico	Alcanena Trail Team	01:13:25	+16:20	04:54	
36	93	Tiago Fernandes	Clube de Atletismo de Ferreira do Zêzere	01:13:41	+16:36	04:55	
37	489	Hugo Matos	TRAMAGAL SPORT UNIÃO	01:14:03	+16:58	04:56	
38	337	Nuno Rodrigues	Individual	01:14:09	+17:04	04:57	
39	2	Erica Dias	THOMAR ATHLETICS	01:14:14	+17:09	04:57	
40	495	paulo alexandre correia	Trilho Perdido Eventos / Importlux	01:14:14	+17:09	04:57	

CORRIDA - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	513	Kjartan Decaestecker	Team Tourist	01:14:30	+17:25	04:58	
42	100	Melissa Fernandes	Clube Desportivo de Espite	01:15:24	+18:19	05:02	
43	504	João Carlos Nunes Feijão	SCD Glória do Ribatejo	01:15:39	+18:34	05:03	
44	445	Rita Furtado	RUN TEJO - PREVENT SPRAIN	01:15:45	+18:40	05:03	
45	30	Tiago Silva	Ama(dores) trail team/ACRU	01:16:04	+18:59	05:04	
46	285	José Vitor	Associação Desportiva Cultural e Recreativa de Paço dos Negros	01:16:21	+19:16	05:05	
47	295	Ricardo Vieira	Individual	01:16:32	+19:27	05:06	
48	92	Ricardo Neves	Clube de Atletismo de Ferreira do Zêzere	01:16:51	+19:46	05:07	
49	398	Vitor Rita	Individual	01:17:28	+20:23	05:10	
50	89	Tetyana Vakulyuk	Clube de Atletismo de Ferreira do Zêzere	01:17:38	+20:33	05:11	
51	3	Carla Lourenço	THOMAR ATHLETICS	01:17:57	+20:52	05:12	
52	36	Paulo Oliveira	Ama(dores) trail team/ACRU	01:17:57	+20:52	05:12	
53	59	Carlos Miguel Monteiro Esteves	CASA DO BENFICA EM ABRANTES	01:18:21	+21:16	05:13	
54	464	Bruno Mendes	Sandoeira Run Club	01:18:45	+21:40	05:15	
55	103	Iolanda Martins	Clube Desportivo de Espite	01:18:49	+21:44	05:15	
56	437	Fábio Abreu	OUTCORE	01:19:22	+22:17	05:17	
57	482	Tiago Homem	THOMAR ATHLETICS	01:19:42	+22:37	05:19	
58	296	Rodolfo Colhe	Individual	01:19:55	+22:50	05:20	
59	123	Filipe Neves	Fátima Trail Team	01:19:59	+22:54	05:20	
60	120	Gonçalo Carolino	ErraTrilhos	01:20:05	+23:00	05:20	
61	64	João Paulo Jacinto	CASA DO BENFICA EM ABRANTES	01:20:07	+23:02	05:20	
62	18	Catia Sulina	A.C.S Mamede	01:20:09	+23:04	05:21	
63	61	Jorge Vieira	CASA DO BENFICA EM ABRANTES	01:20:12	+23:07	05:21	
64	169	David Basto	Individual	01:20:26	+23:21	05:22	
65	234	Jorge Lercas	Individual	01:20:51	+23:46	05:23	
66	326	João Godinho	Individual	01:20:56	+23:51	05:24	
67	17	Pedro Vicente	2600TR	01:20:58	+23:53	05:24	
68	54	Ana Damas	CASA DO BENFICA EM ABRANTES	01:21:02	+23:57	05:24	
69	88	Sofia Nunes	Clube de Atletismo de Ferreira do Zêzere	01:21:34	+24:29	05:26	
70	215	Jorge Alves	Individual	01:21:41	+24:36	05:27	
71	462	JOAO LUZ	RX RUNNERS	01:21:44	+24:39	05:27	
72	406	Paulo Jorge dos Reis Mota	Individual	01:21:56	+24:51	05:28	
73	479	Rodolfo Fonseca	THOMAR ATHLETICS	01:22:00	+24:55	05:28	
74	387	José Manuel da Costa Guerra	Individual	01:22:11	+25:06	05:29	
75	428	Diogo Basto	NA DÚVIDA, FAZ!	01:22:16	+25:11	05:29	
76	71	André Gaspar	Centro Recreativo e Cultural do Coito	01:22:22	+25:17	05:29	
77	83	Carlos Correia	CLAC Entroncamento	01:22:27	+25:22	05:30	
78	395	Pedro Nunes	Individual	01:22:33	+25:28	05:30	
79	380	Carlos Manuel Costa Gonçalves	Monsanting GMCJamor	01:22:44	+25:39	05:31	
80	454	Tiago Santos	Running Doctors	01:22:49	+25:44	05:31	
81	463	André Freitas	Sandoeira Run Club	01:23:31	+26:26	05:34	
82	389	Luís Caetano	RX RUNNERS	01:23:33	+26:28	05:34	
83	372	Pedro Silva	Individual	01:23:33	+26:28	05:34	
84	60	Daniel Pedro	CASA DO BENFICA EM ABRANTES	01:23:44	+26:39	05:35	
85	348	Sérgio Martinho	Individual	01:24:24	+27:19	05:38	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	202	Samuel Conde	Individual	01:24:40	+27:35	05:39	
87	362	Marco Alexandre	Individual	01:24:48	+27:43	05:39	
88	370	Nuno Mendes	Individual	01:24:48	+27:43	05:39	
89	506	Ricardo Santos	Team P. Moles/Relâmpagos	01:24:54	+27:49	05:40	
90	289	Miguel Mendes Marçalo	Individual	01:24:57	+27:52	05:40	
91	68	Américo Rodrigues	Casa do Benfica em Algueirão Mem Martins	01:25:07	+28:02	05:41	
92	31	Miguel Lopes	Ama(dores) trail team/ACRU	01:25:17	+28:12	05:41	
93	1	Cátia Mendes	THOMAR ATHLETICS	01:25:21	+28:16	05:41	
94	423	Filipe Carvalho	Katsu Run Club	01:25:24	+28:19	05:42	
95	122	Luís Jorge	Fátima Trail Team	01:25:29	+28:24	05:42	
96	168	Daniel Gaspar	Individual	01:25:32	+28:27	05:42	
97	356	Flavio Lopes Francisco	Individual	01:25:32	+28:27	05:42	
98	85	Cristina Mendes	Clube de Atletismo de Ferreira do Zêzere	01:25:33	+28:28	05:42	
99	456	Micael Santos	Runwise	01:25:35	+28:30	05:42	
100	468	Tiago Miguel Pirralho Oliveira	SCD Glória do Ribatejo	01:25:36	+28:31	05:42	
101	353	Antonio Santos	Individual	01:25:42	+28:37	05:43	
102	220	Tiago Domingues	Individual	01:25:49	+28:44	05:43	
103	467	Marco Melo	SCALABIS NIGHT RUNNERS	01:25:51	+28:46	05:43	
104	394	Pedro Miguel Pereira Ricardo	Individual	01:25:51	+28:46	05:43	
105	314	Fábio Silva	Individual	01:25:52	+28:47	05:43	
106	309	Carlos Lourenço	Individual	01:25:58	+28:53	05:44	
107	328	João Paulino	RX RUNNERS	01:26:12	+29:07	05:45	
108	377	Vitor Almeida	Individual	01:26:28	+29:23	05:46	
109	87	Ana Sofia Vieira	Clube de Atletismo de Ferreira do Zêzere	01:26:45	+29:40	05:47	
110	38	Dale Mark Desautel	Amazing Global Runners	01:26:49	+29:44	05:47	
111	180	Guilherme Barnabé	Individual	01:26:57	+29:52	05:48	
112	189	Miguel Gomes	Individual	01:27:04	+29:59	05:48	
113	355	Elcides Silva	Individual	01:27:04	+29:59	05:48	
114	84	Leonel Campos	CLAC Entroncamento	01:27:11	+30:06	05:49	
115	352	Alexandre Apostolo	Individual	01:27:55	+30:50	05:52	
116	20	Simão Silva	ARCAR TEAM /TRAIL DO VALE	01:28:09	+31:04	05:53	
117	78	Rita Carrilho	CLAC Entroncamento	01:28:14	+31:09	05:53	
118	301	Simão Francisco	Individual	01:28:19	+31:14	05:53	
119	99	Hilário Louro	Clube de Trilhos Mãos do Zêzere	01:28:25	+31:20	05:54	
120	307	António Alberto	Individual	01:28:31	+31:26	05:54	
121	488	Bruno Garcia	Thomar Runners	01:28:47	+31:42	05:55	
122	465	Hugo Gameiro	Sandoeira Run Club	01:28:54	+31:49	05:56	
123	359	João Calado	Individual	01:29:01	+31:56	05:56	
124	388	José Miguel Lopes Santos Caetano	Individual	01:29:01	+31:56	05:56	
125	48	Luis Rodrigues	Bombeiros do Municipio de Tomar	01:29:04	+31:59	05:56	
126	408	Renato Tavares	Individual	01:29:05	+32:00	05:56	
127	304	Tomás Claro	Individual	01:29:06	+32:01	05:56	
128	26	Cindy Capaz	Alcanena Trail Team	01:29:08	+32:03	05:57	
129	486	Guilherme Silva	Thomar Runners	01:29:12	+32:07	05:57	
130	299	Samuel Gomes	Individual	01:29:18	+32:13	05:57	
131	409	Vitor Barata	Individual	01:29:23	+32:18	05:58	

Official Timekeeper: Lap2Go	3 / 10	generate 17-out.-2026 20:16
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CORRIDA - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	175	Francisco Matias	Individual	01:29:25	+32:20	05:58	
133	176	Frederico Luis	Individual	01:29:27	+32:22	05:58	
134	363	Marco Bernardo	Individual	01:29:31	+32:26	05:58	
135	452	Juliano Branco	Running Doctors	01:29:32	+32:27	05:58	
136	461	João Gonçalves	RX RUNNERS	01:29:33	+32:28	05:58	
137	327	João M. Pragosa	Individual	01:29:33	+32:28	05:58	
138	288	Manuel Vicente	Individual	01:29:37	+32:32	05:58	
139	211	Daniel José Silva Ferreira	Individual	01:29:51	+32:46	05:59	
140	183	João Gonçalves	Individual	01:29:53	+32:48	06:00	
141	306	Agostinho Corte Gonçalves	Individual	01:29:59	+32:54	06:00	
142	303	Tiago Alexandre de Jesus Mendes	Individual	01:30:19	+33:14	06:01	
143	62	Joel Martins	CASA DO BENFICA EM ABRANTES	01:30:32	+33:27	06:02	
144	119	Carlos Fresco	ErraTrilhos	01:30:34	+33:29	06:02	
145	323	Hernán Rodriguez	Individual	01:30:35	+33:30	06:02	
146	358	Hugo Morgado	Individual	01:30:36	+33:31	06:02	
147	216	José Diogo Costa Ferreira	Individual	01:30:40	+33:35	06:03	
148	381	Carlos Mendes	Individual	01:30:43	+33:38	06:03	
149	200	Rui Ferreira	Individual	01:30:44	+33:39	06:03	
150	374	Ricardo Costa	Individual	01:30:44	+33:39	06:03	
151	503	Ivo Brigido	Individual	01:30:46	+33:41	06:03	
152	21	Helder António Rosa Brás	ACR de Linhaceira Trilhos do Nabão	01:30:48	+33:43	06:03	
153	11	Fábio José Sousa de Oliveira	Individual	01:30:50	+33:45	06:03	
154	152	Marta Demianiuk	Individual	01:30:55	+33:50	06:04	
155	256	Malgorzata Mroczkowska	Individual	01:30:55	+33:50	06:04	
156	19	Carlos Martins	A.C.S Mamede	01:31:01	+33:56	06:04	
157	73	Pedro Pinto	Chamusca Trail	01:31:22	+34:17	06:05	
158	440	Jose freitas silva	Pato bravo	01:31:23	+34:18	06:06	
159	24	Rui Miguel Friezas Aldeano	ADR "O Relâmpago"	01:31:27	+34:22	06:06	
160	340	Pedro Marques	Individual	01:31:28	+34:23	06:06	
161	431	Filipa Jacinto	NA DÚVIDA, FAZ!	01:31:45	+34:40	06:07	
162	104	Vera Silva	Clube Desportivo de Espite	01:31:48	+34:43	06:07	
163	481	João Melo Roque	THOMAR ATHLETICS	01:31:48	+34:43	06:07	
164	33	Ademar Rodrigues	Ama(dores) trail team/ACRU	01:31:48	+34:43	06:07	
165	208	Bruna Maria Nascimento Ferreira	Individual	01:31:48	+34:43	06:07	
166	115	Tiago Oliveira	Condenados Tomar Running Team	01:31:49	+34:44	06:07	
167	405	Paulo Caldeira	Individual	01:32:06	+35:01	06:08	
168	418	José Martins Silva	Individual	01:32:30	+35:25	06:10	
169	278	Filipe lopes	Individual	01:32:36	+35:31	06:10	
170	347	Samuel Neto	Individual	01:32:55	+35:50	06:12	
171	235	Filipa Maria Marques Ferreira	Individual	01:32:59	+35:54	06:12	
172	112	José Dias	CMC Odivelas	01:33:14	+36:09	06:13	
173	325	Hugo Silva	Individual	01:33:15	+36:10	06:13	
174	14	Joel Mourão	Katsu Run Club	01:33:21	+36:16	06:13	
175	221	Catarina Correia	Individual	01:33:21	+36:17	06:13	
176	258	Raquel Figueiredo	Individual	01:33:22	+36:17	06:13	
177	410	viktor hugo baltazar	Individual	01:33:24	+36:19	06:14	

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15 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	473	Jorge Silvano	SILVANOS	01:33:24	+36:19	06:14	
179	217	Pedro Carlos	Individual	01:33:24	+36:19	06:14	
180	196	Rodrigo Azevedo	Individual	01:33:35	+36:30	06:14	
181	297	Rui Campos	Individual	01:33:52	+36:47	06:15	
182	317	Francisco Gaspar	Individual	01:34:20	+37:15	06:17	
183	302	Telmo Glória	Individual	01:34:26	+37:21	06:18	
184	399	Carlos Antony Reyes	Individual	01:34:29	+37:24	06:18	
185	484	Manuel Martins	THOMAR ATHLETICS	01:34:39	+37:34	06:19	
186	76	Jose marques	Chícharo Run Team A. Alvaiázere	01:34:42	+37:37	06:19	
187	239	Lidia Tirnovschi	Individual	01:34:44	+37:39	06:19	
188	312	Edgar Miguel Carreira Jacinto	Individual	01:34:44	+37:39	06:19	
189	166	Carlos Manuel Claro Fresco	Individual	01:34:50	+37:45	06:19	
190	135	Alexandra Santos	Individual	01:34:57	+37:52	06:20	
191	167	Césario Paulo	Individual	01:34:58	+37:53	06:20	
192	354	Edgar Fernandes	Individual	01:35:08	+38:03	06:21	
193	475	Tiago Lança	Sporting Clube Vila Maria	01:35:17	+38:12	06:21	
194	171	Edgar Duque Gonçalves	Individual	01:35:29	+38:24	06:22	
195	494	Américo Mota	Trilho Perdido Eventos / Importlux	01:35:38	+38:33	06:23	
196	214	Gonçalo Duarte	Individual	01:35:43	+38:38	06:23	
197	39	Filipe Costa	ARCAR Team / Trail do Vale	01:35:44	+38:39	06:23	
198	483	Sérgio Correia	THOMAR ATHLETICS	01:35:49	+38:44	06:23	
199	74	Ana Cardoso	Chícharo Run Team A. Alvaiázere	01:36:22	+39:17	06:25	
200	25	Francisco Henriques	Alcanena Trail Team	01:36:28	+39:23	06:26	
201	247	Tatiana Iria	Individual	01:36:35	+39:30	06:26	
202	282	João Pedro Correia de Almeida	Individual	01:36:38	+39:33	06:27	
203	272	André Silva	Individual	01:36:43	+39:38	06:27	
204	324	Hugo Seissa	Individual	01:36:48	+39:43	06:27	
205	329	João Ribeiro	Individual	01:36:50	+39:45	06:27	
206	335	Luis Serra	Individual	01:36:54	+39:49	06:28	
207	383	Claudio Sousa	Individual	01:36:54	+39:49	06:28	
208	55	Rita Guedes	CASA DO BENFICA EM ABRANTES	01:36:56	+39:51	06:28	
209	129	Nélio Barata	GDCFA	01:36:58	+39:53	06:28	
210	341	Pedro Miguel Nunes	Individual	01:37:00	+39:55	06:28	
211	478	Nuno Carreira	Terrantêz Trail Team	01:37:09	+40:04	06:29	
212	37	Jorge Rodrigues	Ama(dores) trail team/ACRU	01:37:14	+40:09	06:29	
213	435	Manuel Silva	OS MATRECOS	01:37:15	+40:10	06:29	
214	497	João Fonte	TURTLES - TEAM	01:37:15	+40:10	06:29	
215	300	Pedro Rodrigues	Individual	01:37:18	+40:13	06:29	
216	274	Bruno Miguel Ramos Duarte	Individual	01:37:32	+40:27	06:30	
217	369	Nuno Contente	Individual	01:37:59	+40:54	06:32	
218	203	Sérgio Cabral	Individual	01:38:00	+40:55	06:32	
219	162	André Silva	Individual	01:38:07	+41:02	06:32	
220	66	João Rosado	CASA DO BENFICA EM ABRANTES	01:38:19	+41:14	06:33	
221	396	Renato Amílcar Marques Lopes	Juventude Ouriense	01:38:20	+41:15	06:33	
222	182	Ítalo Mateus Alves Bezerra	Individual	01:38:38	+41:33	06:35	
223	163	António Xavier	Individual	01:38:44	+41:39	06:35	

Official Timekeeper: Lap2Go	5 / 10	generate 17-out.-2026 20:16
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CORRIDA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	287	Luís Matos	Individual	01:38:49	+41:44	06:35	
225	141	Daniela Cruz	Individual	01:38:49	+41:44	06:35	
226	165	Bruno Oliveira	Individual	01:38:54	+41:49	06:36	
227	114	Carlos Lopes	Condenados Tomar Running Team	01:39:00	+41:55	06:36	
228	63	Miguel Capitulino	CASA DO BENFICA EM ABRANTES	01:39:05	+42:00	06:36	
229	474	Nuno Miguel Dias Freire	Sousa Freire	01:39:05	+42:00	06:36	
230	56	Mara Lavrador	CASA DO BENFICA EM ABRANTES	01:39:05	+42:00	06:36	
231	414	Manuel oliveira	Individual	01:39:37	+42:32	06:38	
232	364	Marco Gralha	Individual	01:39:41	+42:36	06:39	
233	286	Keegan Crawford	Individual	01:39:54	+42:49	06:40	
234	43	Nuno Anastácio	ARCD Venda da Luísa	01:40:04	+42:59	06:40	
235	444	Henrique Penim	Raposas do Zézere	01:40:20	+43:15	06:41	
236	442	Cláudio Cotrim	Raposas do Zézere	01:40:21	+43:16	06:41	
237	313	Edgar Pratas Soares	Individual	01:40:23	+43:18	06:42	
238	332	Jorge Oliveira	Individual	01:40:23	+43:18	06:42	
239	275	Carlos Oliveira	Individual	01:40:24	+43:19	06:42	
240	47	Pedro Oliveira	Bobadelas Running Team	01:40:24	+43:19	06:42	
241	298	Rui Pintalhão	Individual	01:40:30	+43:25	06:42	
242	397	Ricardo Dias	Team P. Moles/Relâmpagos	01:40:35	+43:30	06:42	
243	223	Diana Cristina Duro Morgado	Individual	01:40:46	+43:41	06:43	
244	403	Luís Manuel Antunes Ferreira	Individual	01:40:47	+43:42	06:43	
245	75	Carlos Gaspar	Chícharo Run Team A. Alvaiázere	01:40:48	+43:43	06:43	
246	413	Jose Fonseca	Individual	01:40:49	+43:44	06:43	
247	42	Luís Morgado	ARCAR Team / Trail do Vale	01:40:51	+43:46	06:43	
248	470	Luis Tomaz	SCOCS - Sport Club Operário de Cem Soldos	01:41:02	+43:57	06:44	
249	336	Mauro Filipe Algarve Laia	Individual	01:41:12	+44:07	06:45	
250	82	Pedro Carmo	CLAC Entroncamento	01:41:16	+44:11	06:45	
251	96	RICARDO FERREIRA	Clube de Taekwondo de Peniche	01:41:32	+44:27	06:46	
252	98	JOÃO CORREIA	Clube de Taekwondo de Peniche	01:41:32	+44:27	06:46	
253	97	Marco Sousa	Clube de Taekwondo de Peniche	01:41:32	+44:27	06:46	
254	219	Santiago Carola	Individual	01:41:45	+44:40	06:47	
255	27	Mónica Branco	Alcanena Trail Team	01:41:48	+44:43	06:47	
256	371	Nuno Moreira	Individual	01:41:48	+44:43	06:47	
257	402	José Pinheiro	Individual	01:42:25	+45:20	06:50	
258	343	Ricardo Amaral	Individual	01:42:34	+45:29	06:50	
259	40	Pedro Ferreira	ARCAR Team / Trail do Vale	01:42:40	+45:35	06:51	
260	179	Gonçalo Teles Lopes	Individual	01:42:43	+45:38	06:51	
261	109	NUNO FILIPE BRAGA MENDES	Clube Millennium BCP	01:42:44	+45:39	06:51	
262	417	Helder de Jesus Paulo	Individual	01:43:00	+45:55	06:52	
263	284	José Guia	Individual	01:43:41	+46:36	06:55	
264	243	Patrícia Freitas	Individual	01:43:44	+46:39	06:55	
265	514	Frederico Neves	Ama(dores) trail team/ACRU	01:43:44	+46:39	06:55	
266	174	Francisco Luzio	Individual	01:43:48	+46:43	06:55	
267	357	Frederico Faisca	Individual	01:43:51	+46:47	06:55	
268	280	Hugo Santos	Individual	01:43:57	+46:52	06:56	
269	271	André Azevedo	Individual	01:43:57	+46:52	06:56	

15 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	7 / 10	generate 17-out.-2026 20:16
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CORRIDA - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
315	154	Neuza Carreira	Individual	01:50:54	+53:49	07:24	
316	131	Maria Pinho	Grupo Desportivo do Pinheiro Grande	01:51:07	+54:02	07:24	
317	492	Alice Maria Hipólito Santos	Trilho Perdido Eventos / Importlux	01:51:27	+54:22	07:26	
318	425	NUNO ALEXANDRE	KRAV MAGA BY VICTOR DOMINGUES	01:51:56	+54:51	07:28	
319	424	VICTOR DOMINGUES	KRAV MAGA BY VICTOR DOMINGUES	01:51:57	+54:52	07:28	
320	207	Beatriz Café	Individual	01:51:57	+54:52	07:28	
321	292	Paulo Ricardo de Deus Rocha	Individual	01:52:15	+55:10	07:29	
322	246	Sara Pires	Individual	01:52:15	+55:10	07:29	
323	267	Laura Sommer	Individual	01:52:35	+55:30	07:30	
324	70	Tiago Furtado da Silva Leite	Casal em Portugal	01:52:51	+55:46	07:31	
325	69	Cristiane Leite Peixoto Furtado	Casal em Portugal	01:52:52	+55:47	07:31	
326	49	Oswaldo Neto	BR em movimento	01:53:14	+56:09	07:33	
327	496	Luis Pinto	Trilhos & Bigodes	01:53:29	+56:24	07:34	
328	366	Miguel Horta	Individual	01:53:33	+56:28	07:34	
329	416	Friedrich Mayer	Individual	01:54:23	+57:18	07:38	
330	339	Pedro Manso	Individual	01:54:38	+57:33	07:39	
331	321	Helder Vaz	Individual	01:55:51	+58:46	07:43	
332	192	Pedro Duarte	Individual	01:56:19	+59:14	07:45	
333	210	Rita Duarte	Individual	01:56:20	+59:15	07:45	
334	471	Anabela Santos	Sharish Gin / Gd Piranhas Do Alqueva	01:56:38	+59:33	07:47	
335	50	João Soutino	Campo Maior trail runners	01:57:19	+01:00:14	07:49	
336	490	Suzete Figueiredo	Trevos do Forte	01:57:19	+01:00:14	07:49	
337	194	Rafael Pacheco	Individual	01:57:21	+01:00:16	07:49	
338	117	Paulo Marcelo	Correr Queluz	01:57:27	+01:00:22	07:50	
339	206	yaser khan	Individual	01:57:34	+01:00:29	07:50	
340	334	Luís Pedro Simões Branco	Individual	01:57:41	+01:00:36	07:51	
341	294	Ricardo Mourão	Individual	01:57:50	+01:00:45	07:51	
342	147	Inês Lopes Ferreira	Individual	01:57:51	+01:00:46	07:51	
343	204	Tiago Filipe da Costa Loureiro	Individual	01:57:52	+01:00:47	07:51	
344	161	André Loureiro	Individual	01:57:53	+01:00:48	07:52	
345	315	Filipe Grácio	Individual	01:58:17	+01:01:12	07:53	
346	260	Sonia Fernandes	Monsanting GMCJamor	01:58:38	+01:01:33	07:55	
347	385	Jaime Abreu	Monsanting GMCJamor	01:58:38	+01:01:33	07:55	
348	156	Simone Agostinho Sécio	Individual	01:58:39	+01:01:34	07:55	
349	404	Nuno Homem	Individual	01:59:01	+01:01:56	07:56	
350	164	Bruno Homem	Individual	01:59:02	+01:01:57	07:56	
351	266	Cristina Mendes	Individual	01:59:02	+01:01:57	07:56	
352	477	Carina Lopes	Terrantéz Trail Team	01:59:05	+01:02:00	07:56	
353	382	Carlos Soares	Individual	01:59:05	+01:02:00	07:56	
354	229	Ana Cadete	Individual	01:59:09	+01:02:04	07:57	
355	373	Ricardo Basílio	Individual	01:59:21	+01:02:16	07:57	
356	257	Márcia Matos	Individual	01:59:30	+01:02:25	07:58	
357	227	Soraia Sousa Mourato	Individual	01:59:37	+01:02:32	07:58	
358	193	Rafael Henriques	Individual	01:59:43	+01:02:38	07:59	
359	333	Luís Miguel Pereira da Graça	Individual	01:59:44	+01:02:39	07:59	
360	455	Leandra Caetano	Runwise	01:59:47	+01:02:42	07:59	

CORRIDA - STAGE 1

15 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	T/KM	CARD
361	58	Jesuína Oliveira	CASA DO BENFICA EM ABRANTES	01:59:49	+01:02:44	07:59	
362	228	Tatiana Marques	Individual	02:00:03	+01:02:58	08:00	
363	430	João Pedro Rodrigues	NA DÚVIDA, FAZ!	02:00:09	+01:03:04	08:01	
364	224	Filipa Ferreira	Individual	02:00:09	+01:03:04	08:01	
365	146	Inês Ferreira	Individual	02:00:09	+01:03:04	08:01	
366	330	João Rui Ribeiro de Oliveira	Individual	02:00:31	+01:03:26	08:02	
367	401	Francisco. Amaro	Individual	02:00:52	+01:03:47	08:03	
368	170	Diogo Pereira	Individual	02:01:05	+01:04:00	08:04	
369	291	Nuno Ribeiro	Individual	02:01:05	+01:04:00	08:04	
370	158	Vanessa Marmelo	Individual	02:01:06	+01:04:01	08:04	
371	127	Licínia Sousa	Gang das Caminhadas	02:01:42	+01:04:37	08:07	
372	459	Nathalie Carvalho	Runwise	02:02:09	+01:05:04	08:09	
373	144	Filipa Verissimo	Individual	02:02:48	+01:05:43	08:11	
374	449	Dário Marreiros	Run2Eat	02:03:11	+01:06:06	08:13	
375	231	Ana Margarida Vieira da Silva	Individual	02:03:15	+01:06:10	08:13	
376	16	Carlos Antunes	SCFZ Trail Runners	02:03:27	+01:06:22	08:14	
377	80	Ana Carmo	CLAC Entroncamento	02:03:43	+01:06:38	08:15	
378	137	Ana Júlia Martins Machado	Individual	02:04:10	+01:07:05	08:17	
379	457	Pedro Pinto	Runwise	02:04:39	+01:07:34	08:19	
380	419	Colin Gibson	Individual	02:04:48	+01:07:43	08:19	
381	90	Maria Fernandes	Clube de Atletismo de Ferreira do Zêzere	02:06:13	+01:09:08	08:25	
382	375	Tiago Freitas	Individual	02:06:15	+01:09:10	08:25	
383	138	Andreia Gaspar	Individual	02:07:05	+01:10:00	08:28	
384	269	Jacqueline Correia	Individual	02:08:00	+01:10:55	08:32	
385	233	Diana Neves	Individual	02:08:22	+01:11:17	08:33	
386	432	João Pedro Lázaro	Os Flechas	02:08:42	+01:11:37	08:35	
387	433	Nuno Filipe Dias	Os Flechas	02:08:44	+01:11:39	08:35	
388	13	Filipa Godinho	Katsu Run Club	02:09:05	+01:12:00	08:36	
389	195	Ricardo Ganhão	Individual	02:09:39	+01:12:34	08:39	
390	226	Soraia Martins	Individual	02:09:46	+01:12:41	08:39	
391	491	Sandra Correia	Trilho Perdido Eventos / Importlux	02:10:23	+01:13:18	08:42	
392	81	Mónica Ventura	CLAC Entroncamento	02:10:23	+01:13:18	08:42	
393	283	João Pinto	Individual	02:11:37	+01:14:32	08:46	
394	132	Fernando Godinho	Grupo Desportivo Nabância	02:11:48	+01:14:43	08:47	
395	237	Inês Barata	Individual	02:11:57	+01:14:52	08:48	
396	252	Carina Caridade	Individual	02:12:15	+01:15:10	08:49	
397	411	CELSO CLAYTON DA SILVA	Individual	02:12:23	+01:15:18	08:50	
398	420	Assel Guzinski	Individual	02:12:53	+01:15:48	08:52	
399	149	Lidia Vaculenco	Individual	02:13:08	+01:16:03	08:53	
400	511	Miriam Menezes Queiroz	Individual	02:13:09	+01:16:04	08:53	
401	197	Ruben Daniel Santos Sousa	Individual	02:13:53	+01:16:48	08:56	
402	140	Carla Duque	Individual	02:14:19	+01:17:14	08:57	
403	509	Bleno Lima	Individual	02:17:06	+01:20:01	09:08	
404	469	André Teles Lopes	SCFZ Trail Runners	02:17:46	+01:20:41	09:11	
405	111	Filipe Costa	CMC Odivelas	02:18:11	+01:21:06	09:13	
406	113	Manuel Costa	CMC Odivelas	02:18:11	+01:21:06	09:13	

15 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	10 / 10	generate 17-out.-2026 20:16
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Corrida

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:30	27,4°C	72%
End	20:14	27.4°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	9	Inês Gomes	Clube Desportivo de Espite	Senior Feminino	01:11:11	04:45
2	101	Rute Ferreira	Clube Desportivo de Espite	Senior Feminino	01:12:00	+00:48 04:48
3	100	Melissa Fernandes	Clube Desportivo de Espite	Senior Feminino	01:15:24	+04:13 05:02
4	445	Rita Furtado	RUN TEJO - PREVENT SPRAIN	Senior Feminino	01:15:45	+04:34 05:03
5	1	Cátia Mendes	THOMAR ATHLETICS	Senior Feminino	01:25:21	+14:09 05:41
6	85	Cristina Mendes	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	01:25:33	+14:21 05:42
7	152	Marta Demianiuk	Individual	Senior Feminino	01:30:55	+19:44 06:04
8	135	Alexandra Santos	Individual	Senior Feminino	01:34:57	+23:46 06:20
9	74	Ana Cardoso	Chícharo Run Team A. Alvaiázere	Senior Feminino	01:36:22	+25:11 06:25
10	141	Daniela Cruz	Individual	Senior Feminino	01:38:49	+27:38 06:35
11	512	Mariana Correia	CASA DO BENFICA EM ABRANTES	Senior Feminino	01:45:40	+34:28 07:03
12	133	Francisca Duarte	ÍBEX Trail Team/ CA Riachense	Senior Feminino	01:47:30	+36:18 07:10
13	421	Monica Meirinho	Juventude Ouriense	Senior Feminino	01:50:05	+38:53 07:20
14	154	Neuza Carreira	Individual	Senior Feminino	01:50:54	+39:43 07:24
15	131	Maria Pinho	Grupo Desportivo do Pinheiro Grande	Senior Feminino	01:51:07	+39:55 07:24
16	147	Inês Lopes Ferreira	Individual	Senior Feminino	01:57:51	+46:40 07:51
17	156	Simone Agostinho Sécio	Individual	Senior Feminino	01:58:39	+47:28 07:55
18	455	Leandra Caetano	Runwise	Senior Feminino	01:59:47	+48:36 07:59
19	146	Inês Ferreira	Individual	Senior Feminino	02:00:09	+48:58 08:01
20	158	Vanessa Marmelo	Individual	Senior Feminino	02:01:06	+49:55 08:04
21	144	Filipa Verissimo	Individual	Senior Feminino	02:02:48	+51:37 08:11
22	137	Ana Júlia Martins Machado	Individual	Senior Feminino	02:04:10	+52:58 08:17
23	138	Andreia Gaspar	Individual	Senior Feminino	02:07:05	+55:54 08:28
24	13	Filipa Godinho	Katsu Run Club	Senior Feminino	02:09:05	+57:53 08:36
25	149	Lidia Vaculenco	Individual	Senior Feminino	02:13:08	+01:01:56 08:53
26	140	Carla Duque	Individual	Senior Feminino	02:14:19	+01:03:08 08:57
27	157	Tamara Domingues	Individual	Senior Feminino	02:27:08	+01:15:57 09:49
28	185	Marta Luta	Individual	Senior Feminino	02:28:03	+01:16:52 09:52
29	155	Patrícia Graça	Individual	Senior Feminino	02:28:06	+01:16:55 09:52
30	145	Giulia Valente Rodrigues	Individual	Senior Feminino	02:29:25	+01:18:14 09:58
31	450	Sara Fernandes Martins de Sousa	Running Doctors	Senior Feminino	02:44:39	+01:33:28 10:59

Senior Masculino

1	6	Alexandre Silva	THOMAR ATHLETICS	Senior Masculino	57:05		03:48
2	5	João Protásio	THOMAR ATHLETICS	Senior Masculino	57:40	+00:34	03:51
3	10	François Vie	Clube Desportivo de Espite	Senior Masculino	58:16	+01:10	03:53

Official Timekeeper: Lap2Go	1 / 12	generate 17-out.-2026 20:16
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Corrida

15 KM

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OFFICIAL RESULT

[illegible]

4	102	João Pinto	Clube Desportivo de Espite	Senior Masculino	59:17	+02:11	03:57
5	86	André Luís	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	01:00:43	+03:37	04:03
6	7	Daniel Antunes	THOMAR ATHLETICS	Senior Masculino	01:01:20	+04:14	04:05
7	77	Frederico Constantino	CLAC Entroncamento	Senior Masculino	01:07:54	+10:48	04:32
8	186	José Marcelino	Individual	Senior Masculino	01:09:21	+12:15	04:37
9	121	João Freitas	ESCOLA DE ATLETISMO DE COIMBRA	Senior Masculino	01:11:04	+13:58	04:44
10	52	Marco Nobre	CASA DO BENFICA EM ABRANTES	Senior Masculino	01:12:30	+15:24	04:50
11	513	Kjartan Decaestecker	Team Tourist	Senior Masculino	01:14:30	+17:24	04:58
12	504	João Carlos Nunes Feijão	SCD Glória do Ribatejo	Senior Masculino	01:15:39	+18:33	05:03
13	30	Tiago Silva	Ama(dores) trail team/ACRU	Senior Masculino	01:16:04	+18:58	05:04
14	464	Bruno Mendes	Sandoeira Run Club	Senior Masculino	01:18:45	+21:39	05:15
15	437	Fábio Abreu	OUTCORE	Senior Masculino	01:19:22	+22:16	05:17
16	169	David Basto	Individual	Senior Masculino	01:20:26	+23:20	05:22
17	479	Rodolfo Fonseca	THOMAR ATHLETICS	Senior Masculino	01:22:00	+24:54	05:28
18	428	Diogo Basto	NA DÚVIDA, FAZ!	Senior Masculino	01:22:16	+25:10	05:29
19	463	André Freitas	Sandoeira Run Club	Senior Masculino	01:23:31	+26:25	05:34
20	202	Samuel Conde	Individual	Senior Masculino	01:24:40	+27:34	05:39
21	423	Filipe Carvalho	Katsu Run Club	Senior Masculino	01:25:24	+28:18	05:42
22	168	Daniel Gaspar	Individual	Senior Masculino	01:25:32	+28:26	05:42
23	456	Micael Santos	Runwise	Senior Masculino	01:25:35	+28:29	05:42
24	468	Tiago Miguel Pirralho Oliveira	SCD Glória do Ribatejo	Senior Masculino	01:25:36	+28:30	05:42
25	180	Guilherme Barnabé	Individual	Senior Masculino	01:26:57	+29:51	05:48
26	189	Miguel Gomes	Individual	Senior Masculino	01:27:04	+29:58	05:48
27	465	Hugo Gameiro	Sandoeira Run Club	Senior Masculino	01:28:54	+31:48	05:56
28	175	Francisco Matias	Individual	Senior Masculino	01:29:25	+32:19	05:58
29	176	Frederico Luis	Individual	Senior Masculino	01:29:27	+32:21	05:58
30	183	João Gonçalves	Individual	Senior Masculino	01:29:53	+32:47	06:00
31	200	Rui Ferreira	Individual	Senior Masculino	01:30:44	+33:38	06:03
32	503	Ivo Brígido	Individual	Senior Masculino	01:30:46	+33:40	06:03
33	11	Fábio José Sousa de Oliveira	Individual	Senior Masculino	01:30:50	+33:44	06:03
34	14	Joel Mourão	Katsu Run Club	Senior Masculino	01:33:21	+36:15	06:13
35	196	Rodrigo Azevedo	Individual	Senior Masculino	01:33:35	+36:29	06:14
36	166	Carlos Manuel Claro Fresco	Individual	Senior Masculino	01:34:50	+37:44	06:19
37	167	Césarío Paulo	Individual	Senior Masculino	01:34:58	+37:52	06:20
38	171	Edgar Duque Gonçalves	Individual	Senior Masculino	01:35:29	+38:23	06:22
39	25	Francisco Henriques	Alcanena Trail Team	Senior Masculino	01:36:28	+39:22	06:26
40	203	Sérgio Cabral	Individual	Senior Masculino	01:38:00	+40:54	06:32
41	162	André Silva	Individual	Senior Masculino	01:38:07	+41:02	06:32
42	182	Ítalo Mateus Alves Bezerra	Individual	Senior Masculino	01:38:38	+41:33	06:35
43	163	António Xavier	Individual	Senior Masculino	01:38:44	+41:38	06:35
44	165	Bruno Oliveira	Individual	Senior Masculino	01:38:54	+41:48	06:36
45	444	Henrique Penim	Raposas do Zêzere	Senior Masculino	01:40:20	+43:14	06:41
46	442	Cláudio Cotrim	Raposas do Zêzere	Senior Masculino	01:40:21	+43:15	06:41
47	179	Gonçalo Teles Lopes	Individual	Senior Masculino	01:42:43	+45:37	06:51

Official Timekeeper: Lap2Go	2 / 12	generate 17-out.-2026 20:16
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Corrida

15 KM

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OFFICIAL RESULT

[illegible]

48	174	Francisco Luzio	Individual	Senior Masculino	01:43:48	+46:42	06:55
49	172	Ezequiel Saul	Individual	Senior Masculino	01:45:35	+48:29	07:02
50	441	Bruno Morgado	Raposas do Zêzere	Senior Masculino	01:47:10	+50:05	07:09
51	134	Tiago Pratas	ÍBEX Trail Team/ CA Riachense	Senior Masculino	01:47:30	+50:24	07:10
52	125	Guilherme Abreu	GA	Senior Masculino	01:48:47	+51:41	07:13
53	126	Vinicius Abreu	GA	Senior Masculino	01:48:57	+51:51	07:16
54	451	Francisco Neves	Running Doctors	Senior Masculino	01:48:59	+51:53	07:16
55	49	Oswaldo Neto	BR em movimento	Senior Masculino	01:53:14	+56:09	07:33
56	192	Pedro Duarte	Individual	Senior Masculino	01:56:19	+59:13	07:45
57	194	Rafael Pacheco	Individual	Senior Masculino	01:57:21	+01:00:16	07:49
58	206	yaser khan	Individual	Senior Masculino	01:57:34	+01:00:29	07:50
59	204	Tiago Filipe da Costa Loureiro	Individual	Senior Masculino	01:57:52	+01:00:47	07:51
60	161	André Loureiro	Individual	Senior Masculino	01:57:53	+01:00:47	07:52
61	164	Bruno Homem	Individual	Senior Masculino	01:59:02	+01:01:56	07:56
62	193	Rafael Henriques	Individual	Senior Masculino	01:59:43	+01:02:37	07:59
63	430	João Pedro Rodrigues	NA DÚVIDA, FAZ!	Senior Masculino	02:00:09	+01:03:03	08:01
64	170	Diogo Pereira	Individual	Senior Masculino	02:01:05	+01:03:59	08:04
65	457	Pedro Pinto	Runwise	Senior Masculino	02:04:39	+01:07:33	08:19
66	195	Ricardo Ganhão	Individual	Senior Masculino	02:09:39	+01:12:33	08:39
67	197	Ruben Daniel Santos Sousa	Individual	Senior Masculino	02:13:53	+01:16:47	08:56
68	509	Bleno Lima	Individual	Senior Masculino	02:17:06	+01:20:00	09:08
69	469	André Teles Lopes	SCFZ Trail Runners	Senior Masculino	02:17:46	+01:20:40	09:11
70	111	Filipe Costa	CMC Odivelas	Senior Masculino	02:18:11	+01:21:05	09:13
71	515	Goncalo Bispo	Individual	Senior Masculino	02:25:15	+01:28:09	09:41

Sub 23 Feminino

1	2	Erica Dias	THOMAR ATHLETICS	Sub 23 Feminino	01:14:14	04:57
2	78	Rita Carrilho	CLAC Entroncamento	Sub 23 Feminino	01:28:14	+14:00 05:53
3	208	Bruna Maria Nascimento Ferreira	Individual	Sub 23 Feminino	01:31:48	+17:34 06:07
4	207	Beatriz Café	Individual	Sub 23 Feminino	01:51:57	+37:42 07:28
5	210	Rita Duarte	Individual	Sub 23 Feminino	01:56:20	+42:05 07:45
6	209	Joana Felix	Individual	Sub 23 Feminino	02:39:47	+01:25:32 10:39

Sub 23 Masculino

1	4	André Braz	THOMAR ATHLETICS	Sub 23 Masculino	01:01:34	04:06
2	218	Pedro Rafael do Carmo Rocha	Individual	Sub 23 Masculino	01:11:32	+09:57 04:46
3	212	Fábio Oliveira	Individual	Sub 23 Masculino	01:12:38	+11:03 04:51
4	480	Filipe Maurício	THOMAR ATHLETICS	Sub 23 Masculino	01:12:54	+11:19 04:52
5	482	Tiago Homem	THOMAR ATHLETICS	Sub 23 Masculino	01:19:42	+18:07 05:19
6	215	Jorge Alves	Individual	Sub 23 Masculino	01:21:41	+20:06 05:27
7	71	André Gaspar	Centro Recreativo e Cultural do Coito	Sub 23 Masculino	01:22:22	+20:48 05:29
8	220	Tiago Domingues	Individual	Sub 23 Masculino	01:25:49	+24:14 05:43
9	20	Simão Silva	ARCAR TEAM /TRAIL DO VALE	Sub 23 Masculino	01:28:09	+26:34 05:53

Official Timekeeper: Lap2Go	3 / 12	generate 17-out.-2026 20:16
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Corrida

15 KM

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OFFICIAL RESULT

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10	211	Daniel José Silva Ferreira	Individual	Sub 23 Masculino	01:29:51	+28:16	05:59
11	216	José Diogo Costa Ferreira	Individual	Sub 23 Masculino	01:30:40	+29:05	06:03
12	481	João Melo Roque	THOMAR ATHLETICS	Sub 23 Masculino	01:31:48	+30:14	06:07
13	217	Pedro Carlos	Individual	Sub 23 Masculino	01:33:24	+31:49	06:14
14	214	Gonçalo Duarte	Individual	Sub 23 Masculino	01:35:43	+34:09	06:23
15	219	Santiago Carola	Individual	Sub 23 Masculino	01:41:45	+40:11	06:47

Veterana F35

1	103	Iolanda Martins	Clube Desportivo de Espite	Veterana F35	01:18:49	05:15
2	26	Cindy Capaz	Alcanena Trail Team	Veterana F35	01:29:08	+10:19 05:57
3	221	Catarina Correia	Individual	Veterana F35	01:33:21	+14:32 06:13
4	223	Diana Cristina Duro Morgado	Individual	Veterana F35	01:40:46	+21:57 06:43
5	448	Ana Rita Pinho Souto	Run2Eat	Veterana F35	01:44:30	+25:40 06:58
6	225	Joana Caetano	Individual	Veterana F35	01:46:49	+28:00 07:07
7	69	Cristiane Leite Peixoto Furtado	Casal em Portugal	Veterana F35	01:52:52	+34:03 07:31
8	227	Soraia Sousa Mourato	Individual	Veterana F35	01:59:37	+40:48 07:58
9	228	Tatiana Marques	Individual	Veterana F35	02:00:03	+41:14 08:00
10	224	Filipa Ferreira	Individual	Veterana F35	02:00:09	+41:20 08:01
11	226	Soraia Martins	Individual	Veterana F35	02:09:46	+50:57 08:39
12	511	Miriam Menezes Queiroz	Individual	Veterana F35	02:13:09	+54:20 08:53
13	446	Gabriella Almeida	Run2Eat	Veterana F35	02:38:34	+01:19:45 10:34

Veterana F40

1	3	Carla Lourenço	THOMAR ATHLETICS	Veterana F40	01:17:57	05:12
2	18	Catia Sulina	A.C.S Mamede	Veterana F40	01:20:09	+02:11 05:21
3	54	Ana Damas	CASA DO BENFICA EM ABRANTES	Veterana F40	01:21:02	+03:05 05:24
4	88	Sofia Nunes	Clube de Atletismo de Ferreira do Zêzere	Veterana F40	01:21:34	+03:36 05:26
5	87	Ana Sofia Vieira	Clube de Atletismo de Ferreira do Zêzere	Veterana F40	01:26:45	+08:47 05:47
6	104	Vera Silva	Clube Desportivo de Espite	Veterana F40	01:31:48	+13:50 06:07
7	235	Filipa Maria Marques Ferreira	Individual	Veterana F40	01:32:59	+15:01 06:12
8	239	Lidia Tirnovschi	Individual	Veterana F40	01:34:44	+16:47 06:19
9	247	Tatiana Iria	Individual	Veterana F40	01:36:35	+18:38 06:26
10	55	Rita Guedes	CASA DO BENFICA EM ABRANTES	Veterana F40	01:36:56	+18:58 06:28
11	27	Mónica Branco	Alcanena Trail Team	Veterana F40	01:41:48	+23:50 06:47
12	243	Patrícia Freitas	Individual	Veterana F40	01:43:44	+25:46 06:55
13	23	Joana Rita Lopes Figueiredo Bicho Marques	ADR "O Relâmpago"	Veterana F40	01:46:42	+28:44 07:07
14	118	Sandra Marques	CPR A-DO-BARBAS	Veterana F40	01:48:11	+30:14 07:13
15	238	Inês Teixeira	Individual	Veterana F40	01:48:53	+30:55 07:16
16	79	Teresa Ventura	CLAC Entroncamento	Veterana F40	01:49:08	+31:10 07:17
17	246	Sara Pires	Individual	Veterana F40	01:52:15	+34:18 07:29

Corrida

15 KM

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OFFICIAL RESULT

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18	477	Carina Lopes	Terrantêz Trail Team	Veterana F40	01:59:05	+41:08	07:56
19	229	Ana Cadete	Individual	Veterana F40	01:59:09	+41:11	07:57
20	231	Ana Margarida Vieira da Silva	Individual	Veterana F40	02:03:15	+45:18	08:13
21	233	Diana Neves	Individual	Veterana F40	02:08:22	+50:25	08:33
22	237	Inês Barata	Individual	Veterana F40	02:11:57	+53:59	08:48
23	245	Sandra Lopes	Individual	Veterana F40	02:20:46	+01:02:48	09:23

Veterana F45

1	89	Tetyana Vakulyuk	Clube de Atletismo de Ferreira do Zêzere	Veterana F45	01:17:38	05:11
2	256	Malgorzata Mroczkowska	Individual	Veterana F45	01:30:55	+13:17 06:04
3	431	Filipa Jacinto	NA DÚVIDA, FAZ!	Veterana F45	01:31:45	+14:07 06:07
4	258	Raquel Figueiredo	Individual	Veterana F45	01:33:22	+15:44 06:13
5	56	Mara Lavrador	CASA DO BENFICA EM ABRANTES	Veterana F45	01:39:05	+21:27 06:36
6	130	Sara Camões	GMCJamor	Veterana F45	01:46:50	+29:12 07:07
7	248	Alexandra Borges	Individual	Veterana F45	01:46:50	+29:12 07:07
8	261	Susana Zarro	Individual	Veterana F45	01:47:05	+29:27 07:08
9	260	Sonia Fernandes	Monsanting GMCJamor	Veterana F45	01:58:38	+41:00 07:55
10	257	Márcia Matos	Individual	Veterana F45	01:59:30	+41:52 07:58
11	80	Ana Carmo	CLAC Entroncamento	Veterana F45	02:03:43	+46:05 08:15
12	81	Mónica Ventura	CLAC Entroncamento	Veterana F45	02:10:23	+52:45 08:42
13	252	Carina Caridade	Individual	Veterana F45	02:12:15	+54:37 08:49
14	254	Elsa Carvalho	Individual	Veterana F45	02:29:06	+01:11:27 09:56
15	249	Ana Cristina Graça	Individual	Veterana F45	02:35:31	+01:17:53 10:22

Veterana F50

1	57	Cláudia Mendes	CASA DO BENFICA EM ABRANTES	Veterana F50	01:45:22	07:01
2	262	Lina Marques	Individual	Veterana F50	01:45:44	+00:21 07:03
3	263	Salomé Silva	Individual	Veterana F50	01:46:48	+01:26 07:07
4	264	Sofia Almeida	Individual	Veterana F50	01:47:42	+02:19 07:11
5	490	Suzete Figueiredo	Trevos do Forte	Veterana F50	01:57:19	+11:57 07:49
6	127	Licinia Sousa	Gang das Caminhadas	Veterana F50	02:01:42	+16:19 08:07
7	90	Maria Fernandes	Clube de Atletismo de Ferreira do Zêzere	Veterana F50	02:06:13	+20:50 08:25
8	72	Otilia Vedor	Chamusca Trail	Veterana F50	02:33:55	+48:33 10:16

Veterana F55

1	508	Isabel Santos	Federação da Família para a Paz Mundial e Unificação	Veterana F55	01:48:26	07:14
2	267	Laura Sommer	Individual	Veterana F55	01:52:35	+04:08 07:30
3	471	Anabela Santos	Sharish Gin / Gd Piranhas Do Alqueva	Veterana F55	01:56:38	+08:11 07:47

Corrida

15 KM

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OFFICIAL RESULT

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4	266	Cristina Mendes	Individual	Veterana F55	01:59:02	+10:35	07:56
5	459	Nathalie Carvalho	Runwise	Veterana F55	02:02:09	+13:43	08:09
6	491	Sandra Correia	Trilho Perdido Eventos / Importlux	Veterana F55	02:10:23	+21:56	08:42
7	426	Luisa Duarte	Monsanting GMCJamor	Veterana F55	02:28:47	+40:20	09:55
8	447	Rita de Cássia Cirqueira	Run2Eat	Veterana F55	02:38:34	+50:08	10:34
9	44	Teresa Alves	Associação de Toledo	Veterana F55	02:44:38	+56:12	10:59

Veterana F60

1	268	LeeAnne Crawford	Individual	Veterana F60	01:47:49	07:11
2	492	Alice Maria Hipólito Santos	Trilho Perdido Eventos / Importlux	Veterana F60	01:51:27	+03:38 07:26
3	58	Jesuína Oliveira	CASA DO BENFICA EM ABRANTES	Veterana F60	01:59:49	+12:00 07:59

Veterana F65

1	269	Jacqueline Correia	Individual	Veterana F65	02:08:00	08:32
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Veterano M35

1	105	Fábio Barbosa	Clube Desportivo de Espite	Veterano M35	58:46	03:55
2	15	Patrício Gaspar	Sandoeira Run Club	Veterano M35	01:07:48	+09:02 04:31
3	32	Rafael Lopes	Ama(dores) trail team/ACRU	Veterano M35	01:10:19	+11:33 04:41
4	45	Alexandre Henriques	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterano M35	01:10:36	+11:49 04:42
5	28	Bruno Nico	Alcanena Trail Team	Veterano M35	01:13:25	+14:38 04:54
6	285	José Vitor	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterano M35	01:16:21	+17:35 05:05
7	295	Ricardo Vieira	Individual	Veterano M35	01:16:32	+17:46 05:06
8	59	Carlos Miguel Monteiro Esteves	CASA DO BENFICA EM ABRANTES	Veterano M35	01:18:21	+19:35 05:13
9	296	Rodolfo Colhe	Individual	Veterano M35	01:19:55	+21:08 05:20
10	60	Daniel Pedro	CASA DO BENFICA EM ABRANTES	Veterano M35	01:23:44	+24:57 05:35
11	289	Miguel Mendes Marçalo	Individual	Veterano M35	01:24:57	+26:11 05:40
12	31	Miguel Lopes	Ama(dores) trail team/ACRU	Veterano M35	01:25:17	+26:30 05:41
13	301	Simão Francisco	Individual	Veterano M35	01:28:19	+29:33 05:53
14	304	Tomás Claro	Individual	Veterano M35	01:29:06	+30:20 05:56
15	486	Guilherme Silva	Thomar Runners	Veterano M35	01:29:12	+30:26 05:57
16	299	Samuel Gomes	Individual	Veterano M35	01:29:18	+30:32 05:57
17	288	Manuel Vicente	Individual	Veterano M35	01:29:37	+30:51 05:58
18	303	Tiago Alexandre de Jesus Mendes	Individual	Veterano M35	01:30:19	+31:32 06:01
19	278	Filipe lopes	Individual	Veterano M35	01:32:36	+33:49 06:10
20	297	Rui Campos	Individual	Veterano M35	01:33:52	+35:05 06:15
21	302	Telmo Glória	Individual	Veterano M35	01:34:26	+35:40 06:18
22	483	Sérgio Correia	THOMAR ATHLETICS	Veterano M35	01:35:49	+37:03 06:23
23	282	João Pedro Correia de Almeida	Individual	Veterano M35	01:36:38	+37:52 06:27

Official Timekeeper: Lap2Go	6 / 12	generate 17-out.-2026 20:16
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Corrida

15 KM

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24	272	André Silva	Individual	Veterano M35	01:36:43	+37:57	06:27
25	300	Pedro Rodrigues	Individual	Veterano M35	01:37:18	+38:32	06:29
26	274	Bruno Miguel Ramos Duarte	Individual	Veterano M35	01:37:32	+38:46	06:30
27	287	Luís Matos	Individual	Veterano M35	01:38:49	+40:03	06:35
28	286	Keegan Crawford	Individual	Veterano M35	01:39:54	+41:07	06:40
29	43	Nuno Anastácio	ARCD Venda da Luísa	Veterano M35	01:40:04	+41:17	06:40
30	275	Carlos Oliveira	Individual	Veterano M35	01:40:24	+41:37	06:42
31	298	Rui Pintalhão	Individual	Veterano M35	01:40:30	+41:44	06:42
32	284	José Guia	Individual	Veterano M35	01:43:41	+44:55	06:55
33	280	Hugo Santos	Individual	Veterano M35	01:43:57	+45:10	06:56
34	271	André Azevedo	Individual	Veterano M35	01:43:57	+45:10	06:56
35	277	Diogo Rufino	Individual	Veterano M35	01:44:29	+45:43	06:58
36	279	Filipe Romano	Individual	Veterano M35	01:46:52	+48:05	07:07
37	273	Bruno gomes	Individual	Veterano M35	01:47:42	+48:55	07:11
38	293	Pedro Joaquim	Individual	Veterano M35	01:48:46	+49:59	07:15
39	292	Paulo Ricardo de Deus Rocha	Individual	Veterano M35	01:52:15	+53:28	07:29
40	70	Tiago Furtado da Silva Leite	Casal em Portugal	Veterano M35	01:52:51	+54:05	07:31
41	294	Ricardo Mourão	Individual	Veterano M35	01:57:50	+59:03	07:51
42	291	Nuno Ribeiro	Individual	Veterano M35	02:01:05	+01:02:18	08:04
43	283	João Pinto	Individual	Veterano M35	02:11:37	+01:12:51	08:46

Veterano M40

1	8	Filipe Costa	Clube Desportivo de Espite	Veterano M40	01:01:26	04:06
2	346	Rui Miguel Pinto Fernandes	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterano M40	01:03:20	+01:53 04:13
3	108	Ricardo André	Clube Desportivo de Espite	Veterano M40	01:03:28	+02:01 04:14
4	106	Dinis Santos	Clube Desportivo de Espite	Veterano M40	01:05:17	+03:50 04:21
5	505	António Alexandre Silva Almeida	Fátima Trail Team	Veterano M40	01:06:04	+04:37 04:24
6	107	Pedro Ribeiro	Clube Desportivo de Espite	Veterano M40	01:06:45	+05:18 04:27
7	91	André Alves	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	01:09:25	+07:58 04:38
8	510	Dino Bento	THOMAR ATHLETICS	Veterano M40	01:10:06	+08:39 04:40
9	318	Gonçalo Dias	Individual	Veterano M40	01:11:16	+09:49 04:45
10	34	Carlos Manuel Dias Simões	Ama(dores) trail team/ACRU	Veterano M40	01:12:10	+10:43 04:49
11	93	Tiago Fernandes	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	01:13:41	+12:14 04:55
12	489	Hugo Matos	TRAMAGAL SPORT UNIÃO	Veterano M40	01:14:03	+12:36 04:56
13	337	Nuno Rodrigues	Individual	Veterano M40	01:14:09	+12:42 04:57
14	92	Ricardo Neves	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	01:16:51	+15:24 05:07
15	120	Gonçalo Carolino	ErraTrilhos	Veterano M40	01:20:05	+18:38 05:20
16	61	Jorge Vieira	CASA DO BENFICA EM ABRANTES	Veterano M40	01:20:12	+18:45 05:21
17	326	João Godinho	Individual	Veterano M40	01:20:56	+19:29 05:24
18	348	Sérgio Martinho	Individual	Veterano M40	01:24:24	+22:57 05:38
19	122	Luís Jorge	Fátima Trail Team	Veterano M40	01:25:29	+24:02 05:42
20	314	Fábio Silva	Individual	Veterano M40	01:25:52	+24:25 05:43

Official Timekeeper: Lap2Go	7 / 12	generate 17-out.-2026 20:16
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Corrida

15 KM

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OFFICIAL RESULT

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21	309	Carlos Lourenço	Individual	Veterano M40	01:25:58	+24:31	05:44
22	328	João Paulino	RX RUNNERS	Veterano M40	01:26:12	+24:45	05:45
23	307	António Alberto	Individual	Veterano M40	01:28:31	+27:04	05:54
24	488	Bruno Garcia	Thomar Runners	Veterano M40	01:28:47	+27:20	05:55
25	452	Juliano Branco	Running Doctors	Veterano M40	01:29:32	+28:05	05:58
26	327	João M. Pragosa	Individual	Veterano M40	01:29:33	+28:06	05:58
27	306	Agostinho Corte Gonçalves	Individual	Veterano M40	01:29:59	+28:32	06:00
28	119	Carlos Fresco	ErraTrilhos	Veterano M40	01:30:34	+29:07	06:02
29	323	Hernán Rodriguez	Individual	Veterano M40	01:30:35	+29:08	06:02
30	19	Carlos Martins	A.C.S Mamede	Veterano M40	01:31:01	+29:34	06:04
31	73	Pedro Pinto	Chamusca Trail	Veterano M40	01:31:22	+29:55	06:05
32	24	Rui Miguel Friezas Aldeano	ADR "O Relâmpago"	Veterano M40	01:31:27	+30:00	06:06
33	340	Pedro Marques	Individual	Veterano M40	01:31:28	+30:01	06:06
34	33	Ademar Rodrigues	Ama(dores) trail team/ACRU	Veterano M40	01:31:48	+30:21	06:07
35	115	Tiago Oliveira	Condenados Tomar Running Team	Veterano M40	01:31:49	+30:22	06:07
36	347	Samuel Neto	Individual	Veterano M40	01:32:55	+31:28	06:12
37	325	Hugo Silva	Individual	Veterano M40	01:33:15	+31:48	06:13
38	317	Francisco Gaspar	Individual	Veterano M40	01:34:20	+32:53	06:17
39	312	Edgar Miguel Carreira Jacinto	Individual	Veterano M40	01:34:44	+33:17	06:19
40	475	Tiago Lança	Sporting Clube Vila Maria	Veterano M40	01:35:17	+33:50	06:21
41	39	Filipe Costa	ARCAR Team / Trail do Vale	Veterano M40	01:35:44	+34:17	06:23
42	324	Hugo Seissa	Individual	Veterano M40	01:36:48	+35:21	06:27
43	329	João Ribeiro	Individual	Veterano M40	01:36:50	+35:23	06:27
44	335	Luis Serra	Individual	Veterano M40	01:36:54	+35:27	06:28
45	129	Nélio Barata	GDCFA	Veterano M40	01:36:58	+35:31	06:28
46	341	Pedro Miguel Nunes	Individual	Veterano M40	01:37:00	+35:33	06:28
47	497	João Fonte	TURTLES - TEAM	Veterano M40	01:37:15	+35:48	06:29
48	114	Carlos Lopes	Condenados Tomar Running Team	Veterano M40	01:39:00	+37:33	06:36
49	313	Edgar Pratas Soares	Individual	Veterano M40	01:40:23	+38:56	06:42
50	332	Jorge Oliveira	Individual	Veterano M40	01:40:23	+38:56	06:42
51	47	Pedro Oliveira	Bobadelas Running Team	Veterano M40	01:40:24	+38:57	06:42
52	336	Mauro Filipe Algarve Laia	Individual	Veterano M40	01:41:12	+39:45	06:45
53	343	Ricardo Amaral	Individual	Veterano M40	01:42:34	+41:07	06:50
54	40	Pedro Ferreira	ARCAR Team / Trail do Vale	Veterano M40	01:42:40	+41:13	06:51
55	109	NUNO FILIPE BRAGA MENDES	Clube Millennium BCP	Veterano M40	01:42:44	+41:17	06:51
56	514	Frederico Neves	Ama(dores) trail team/ACRU	Veterano M40	01:43:44	+42:17	06:55
57	41	Pedro Miguel Ventura Alves	ARCAR Team / Trail do Vale	Veterano M40	01:47:03	+45:36	07:08
58	350	Tiago Glória	Individual	Veterano M40	01:47:27	+46:00	07:10
59	342	Pedro Tomás	Individual	Veterano M40	01:47:28	+46:01	07:10
60	46	Cristóvão Reis	Auto Moeda	Veterano M40	01:47:32	+46:05	07:10
61	124	Simao Conceicao	FOCUS_TUU	Veterano M40	01:47:47	+46:20	07:11
62	331	Jorge Faro	Individual	Veterano M40	01:48:00	+46:33	07:12
63	345	Ricardo Marques	Individual	Veterano M40	01:48:01	+46:34	07:12
64	316	Francisco Barata	Individual	Veterano M40	01:49:04	+47:37	07:16
65	319	Gonçalo Vieira	Individual	Veterano M40	01:49:53	+48:26	07:20
66	351	Victor Agostinho	RX RUNNERS	Veterano M40	01:50:36	+49:09	07:22

Official Timekeeper: Lap2Go	8 / 12	generate 17-out.-2026 20:16
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Corrida

15 KM

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67	339	Pedro Manso	Individual	Veterano M40	01:54:38	+53:11	07:39
68	321	Helder Vaz	Individual	Veterano M40	01:55:51	+54:24	07:43
69	334	Luís Pedro Simões Branco	Individual	Veterano M40	01:57:41	+56:14	07:51
70	315	Filipe Grácio	Individual	Veterano M40	01:58:17	+56:50	07:53
71	333	Luís Miguel Pereira da Graça	Individual	Veterano M40	01:59:44	+58:17	07:59
72	330	João Rui Ribeiro de Oliveira	Individual	Veterano M40	02:00:31	+59:04	08:02
73	432	João Pedro Lázaro	Os Flechas	Veterano M40	02:08:42	+01:07:15	08:35
74	433	Nuno Filipe Dias	Os Flechas	Veterano M40	02:08:44	+01:07:17	08:35
75	322	Hélio José Brigido Bacharel	Individual	Veterano M40	02:21:13	+01:19:46	09:25
76	344	Ricardo Ferreira	Individual	Veterano M40	02:25:53	+01:24:26	09:44
77	453	Pedro Martins	Running Doctors	Veterano M40	02:44:39	+01:43:12	10:59

Veterano M45

1	365	Marco Martins	Individual	Veterano M45	01:02:49		04:11
2	502	Nuno Gamboa	Vizela Corre	Veterano M45	01:07:38	+04:49	04:31
3	36	Paulo Oliveira	Ama(dores) trail team/ACRU	Veterano M45	01:17:57	+15:08	05:12
4	17	Pedro Vicente	2600TR	Veterano M45	01:20:58	+18:09	05:24
5	462	JOAO LUZ	RX RUNNERS	Veterano M45	01:21:44	+18:55	05:27
6	454	Tiago Santos	Running Doctors	Veterano M45	01:22:49	+20:00	05:31
7	372	Pedro Silva	Individual	Veterano M45	01:23:33	+20:44	05:34
8	362	Marco Alexandre	Individual	Veterano M45	01:24:48	+21:59	05:39
9	370	Nuno Mendes	Individual	Veterano M45	01:24:48	+21:59	05:39
10	506	Ricardo Santos	Team P. Moles/Relâmpagos	Veterano M45	01:24:54	+22:05	05:40
11	356	Flavio Lopes Francisco	Individual	Veterano M45	01:25:32	+22:43	05:42
12	353	Antonio Santos	Individual	Veterano M45	01:25:42	+22:53	05:43
13	467	Marco Melo	SCALABIS NIGHT RUNNERS	Veterano M45	01:25:51	+23:02	05:43
14	377	Vitor Almeida	Individual	Veterano M45	01:26:28	+23:39	05:46
15	355	Elcides Silva	Individual	Veterano M45	01:27:04	+24:15	05:48
16	352	Alexandre Apostolo	Individual	Veterano M45	01:27:55	+25:06	05:52
17	359	João Calado	Individual	Veterano M45	01:29:01	+26:12	05:56
18	48	Luis Rodrigues	Bombeiros do Municipio de Tomar	Veterano M45	01:29:04	+26:15	05:56
19	363	Marco Bernardo	Individual	Veterano M45	01:29:31	+26:42	05:58
20	461	João Gonçalves	RX RUNNERS	Veterano M45	01:29:33	+26:44	05:58
21	62	Joel Martins	CASA DO BENFICA EM ABRANTES	Veterano M45	01:30:32	+27:43	06:02
22	358	Hugo Morgado	Individual	Veterano M45	01:30:36	+27:47	06:02
23	374	Ricardo Costa	Individual	Veterano M45	01:30:44	+27:55	06:03
24	473	Jorge Silvano	SILVANOS	Veterano M45	01:33:24	+30:35	06:14
25	354	Edgar Fernandes	Individual	Veterano M45	01:35:08	+32:19	06:21
26	478	Nuno Carreira	Terrantêz Trail Team	Veterano M45	01:37:09	+34:19	06:29
27	369	Nuno Contente	Individual	Veterano M45	01:37:59	+35:10	06:32
28	63	Miguel Capitulino	CASA DO BENFICA EM ABRANTES	Veterano M45	01:39:05	+36:16	06:36
29	364	Marco Gralha	Individual	Veterano M45	01:39:41	+36:52	06:39
30	42	Luís Morgado	ARCAR Team / Trail do Vale	Veterano M45	01:40:51	+38:02	06:43
31	82	Pedro Carmo	CLAC Entroncamento	Veterano M45	01:41:16	+38:27	06:45

Official Timekeeper: Lap2Go	9 / 12	generate 17-out.-2026 20:16
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Corrida

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OFFICIAL RESULT

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32	96	RICARDO FERREIRA	Clube de Taekwondo de Peniche	Veterano M45	01:41:32	+38:43	06:46
33	371	Nuno Moreira	Individual	Veterano M45	01:41:48	+38:59	06:47
34	357	Frederico Faisca	Individual	Veterano M45	01:43:51	+41:02	06:55
35	29	Nuno Moreira	Alverca Urban Runners	Veterano M45	01:46:34	+43:45	07:06
36	376	Ulrich Cassiano	Individual	Veterano M45	01:47:01	+44:12	07:08
37	424	VICTOR DOMINGUES	KRAV MAGA BY VICTOR DOMINGUES	Veterano M45	01:51:57	+49:07	07:28
38	496	Luis Pinto	Trilhos & Bigodes	Veterano M45	01:53:29	+50:40	07:34
39	366	Miguel Horta	Individual	Veterano M45	01:53:33	+50:44	07:34
40	50	João Soutino	Campo Maior trail runners	Veterano M45	01:57:19	+54:30	07:49
41	373	Ricardo Basilio	Individual	Veterano M45	01:59:21	+56:32	07:57
42	375	Tiago Freitas	Individual	Veterano M45	02:06:15	+01:03:26	08:25

Veterano M50

1	493	Rogério Duarte	Trilho Perdido Eventos / Importlux	Veterano M50	01:11:17	04:45
2	398	Vitor Rita	Individual	Veterano M50	01:17:28	+06:11 05:10
3	387	José Manuel da Costa Guerra	Individual	Veterano M50	01:22:11	+10:53 05:29
4	83	Carlos Correia	CLAC Entroncamento	Veterano M50	01:22:27	+11:09 05:30
5	395	Pedro Nunes	Individual	Veterano M50	01:22:33	+11:15 05:30
6	380	Carlos Manuel Costa Gonçalves	Monsanting GMCJamor	Veterano M50	01:22:44	+11:26 05:31
7	389	Luís Caetano	RX RUNNERS	Veterano M50	01:23:33	+12:15 05:34
8	394	Pedro Miguel Pereira Ricardo	Individual	Veterano M50	01:25:51	+14:34 05:43
9	99	Hilário Louro	Clube de Trilhos Mãos do Zêzere	Veterano M50	01:28:25	+17:07 05:54
10	388	José Miguel Lopes Santos Caetano	Individual	Veterano M50	01:29:01	+17:43 05:56
11	381	Carlos Mendes	Individual	Veterano M50	01:30:43	+19:25 06:03
12	21	Helder António Rosa Brás	ACR de Linhaceira Trilhos do Nabão	Veterano M50	01:30:48	+19:30 06:03
13	112	José Dias	CMC Odivelas	Veterano M50	01:33:14	+21:56 06:13
14	383	Claudio Sousa	Individual	Veterano M50	01:36:54	+25:36 06:28
15	396	Renato Amílcar Marques Lopes	Juventude Ouriense	Veterano M50	01:38:20	+27:03 06:33
16	474	Nuno Miguel Dias Freire	Sousa Freire	Veterano M50	01:39:05	+27:47 06:36
17	397	Ricardo Dias	Team P. Moles/Relâmpagos	Veterano M50	01:40:35	+29:17 06:42
18	470	Luis Tomaz	SCOCS - Sport Club Operário de Cem Soldos	Veterano M50	01:41:02	+29:44 06:44
19	97	Marco Sousa	Clube de Taekwondo de Peniche	Veterano M50	01:41:32	+30:14 06:46
20	384	Francisco Silva	Individual	Veterano M50	01:44:07	+32:49 06:56
21	128	Américo Pinto	Gang das Caminhadas	Veterano M50	01:44:25	+33:07 06:58
22	22	António Janeiro	ACRDC SISMARIA	Veterano M50	01:46:55	+35:37 07:08
23	391	Miguel Matias	Individual	Veterano M50	01:48:42	+37:24 07:15
24	393	Nuno Monteiro	Individual	Veterano M50	01:49:34	+38:16 07:18
25	425	NUNO ALEXANDRE	KRAV MAGA BY VICTOR DOMINGUES	Veterano M50	01:51:56	+40:38 07:28
26	117	Paulo Marcelo	Correr Queluz	Veterano M50	01:57:27	+46:09 07:50
27	385	Jaime Abreu	Monsanting GMCJamor	Veterano M50	01:58:38	+47:20 07:55
28	382	Carlos Soares	Individual	Veterano M50	01:59:05	+47:47 07:56

Corrida

15 KM

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29	132	Fernando Godinho	Grupo Desportivo Nabância	Veterano M50	02:11:48	+01:00:30	08:47
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Veterano M55

1	12	Luiz Mota	Clube de Atletismo de Ferreira do Zêzere	Veterano M55	01:08:42	04:35
2	123	Filipe Neves	Fátima Trail Team	Veterano M55	01:19:59	+11:16 05:20
3	64	João Paulo Jacinto	CASA DO BENFICA EM ABRANTES	Veterano M55	01:20:07	+11:24 05:20
4	406	Paulo Jorge dos Reis Mota	Individual	Veterano M55	01:21:56	+13:13 05:28
5	408	Renato Tavares	Individual	Veterano M55	01:29:05	+20:22 05:56
6	409	Vitor Barata	Individual	Veterano M55	01:29:23	+20:40 05:58
7	405	Paulo Caldeira	Individual	Veterano M55	01:32:06	+23:23 06:08
8	410	viktor hugo baltazar	Individual	Veterano M55	01:33:24	+24:41 06:14
9	399	Carlos Antony Reyes	Individual	Veterano M55	01:34:29	+25:47 06:18
10	494	Américo Mota	Trilho Perdido Eventos / Importlux	Veterano M55	01:35:38	+26:55 06:23
11	37	Jorge Rodrigues	Ama(dores) trail team/ACRU	Veterano M55	01:37:14	+28:31 06:29
12	435	Manuel Silva	OS MATRECOS	Veterano M55	01:37:15	+28:32 06:29
13	403	Luís Manuel Antunes Ferreira	Individual	Veterano M55	01:40:47	+32:04 06:43
14	75	Carlos Gaspar	Chícharo Run Team A. Alvaiázere	Veterano M55	01:40:48	+32:05 06:43
15	98	JOÃO CORREIA	Clube de Taekwondo de Peniche	Veterano M55	01:41:32	+32:49 06:46
16	402	José Pinheiro	Individual	Veterano M55	01:42:25	+33:42 06:50
17	404	Nuno Homem	Individual	Veterano M55	01:59:01	+50:18 07:56
18	401	Francisco. Amaro	Individual	Veterano M55	02:00:52	+52:09 08:03
19	449	Dário Marreiros	Run2Eat	Veterano M55	02:03:11	+54:28 08:13
20	16	Carlos Antunes	SCFZ Trail Runners	Veterano M55	02:03:27	+54:44 08:14

Veterano M60

1	495	paulo alexandre correia	Trilho Perdido Eventos / Imporlux	Veterano M60	01:14:14	04:57
2	234	Jorge Lercas	Individual	Veterano M60	01:20:51	+06:36 05:23
3	38	Dale Mark Desautel	Amazing Global Runners	Veterano M60	01:26:49	+12:35 05:47
4	84	Leonel Campos	CLAC Entroncamento	Veterano M60	01:27:11	+12:57 05:49
5	76	Jose marques	Chícharo Run Team A. Alvaiázere	Veterano M60	01:34:42	+20:27 06:19
6	66	João Rosado	CASA DO BENFICA EM ABRANTES	Veterano M60	01:38:19	+24:04 06:33
7	414	Manuel oliveira	Individual	Veterano M60	01:39:37	+25:23 06:38
8	413	Jose Fonseca	Individual	Veterano M60	01:40:49	+26:34 06:43
9	411	CELSO CLAYTON DA SILVA	Individual	Veterano M60	02:12:23	+58:08 08:50
10	113	Manuel Costa	CMC Odivelas	Veterano M60	02:18:11	+01:03:57 09:13
11	427	Paulo Cruz	Monsanting GMCJamor	Veterano M60	02:28:48	+01:14:33 09:55

Corrida

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Veterano M65

1	68	Américo Rodrigues	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:25:07	05:41
2	440	Jose freitas silva	Pato bravo	Veterano M65	01:31:23	+06:15 06:06
3	418	José Martins Silva	Individual	Veterano M65	01:32:30	+07:22 06:10
4	417	Helder de Jesus Paulo	Individual	Veterano M65	01:43:00	+17:52 06:52
5	416	Friedrich Mayer	Individual	Veterano M65	01:54:23	+29:15 07:38

Veterano M70

1	484	Manuel Martins	THOMAR ATHLETICS	Veterano M70	01:34:39	06:19
2	419	Colin Gibson	Individual	Veterano M70	02:04:48	+30:09 08:19

Veterano M75

1	420	Assel Guzinski	Individual	Veterano M75	02:12:53	08:52
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