Telhadela Trail
Telhadela, Albergaria-a-Velha
14-junho-2026

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	21,7ºC	75%
End	13:53	21,7ºC	75%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	116	Carlos Dias	DCI/Trilhos Luso Bussaco	02:26:09		06:21	
2	120	António Gomes	Dura-F1 Raceteam	02:45:48	+19:39	07:13	
3	157	João Oliveira	vale correr	02:54:09	+28:00	07:34	
4	122	Beatriz Alves	Individual	02:56:41	+30:32	07:41	
5	129	Flávio Tavares	Individual	02:58:11	+32:02	07:45	
6	114	Miguel Vieira	CCR Alqueidão da Serra	02:59:12	+33:03	07:47	
7	118	Pedro Lopes	DCI/Trilhos Luso Bussaco	03:00:41	+34:32	07:51	
8	133	João Pinho	Individual	03:01:59	+35:50	07:55	
9	121	José Cruz	Dura-F1 Raceteam	03:08:41	+42:32	08:12	
10	149	Elia Rodrigues	JOBRA	03:08:54	+42:45	08:13	
11	127	Diogo Rafael da Silva Amaral	Individual	03:09:35	+43:26	08:15	
12	124	Leida Bello	Individual	03:17:13	+51:04	08:34	
13	141	Iete Marisa Vilela Gonçalves	Individual	03:17:44	+51:35	08:36	
14	137	Rúben Silva	Individual	03:18:54	+52:45	08:39	
15	145	Americo Bessa	Individual	03:18:54	+52:45	08:39	
16	111	Sergio Freitas	CATR-Correio de albergaria trail running	03:21:14	+55:05	08:45	
17	100	Mário Felgueiras	Afifense Trail	03:23:50	+57:41	08:52	
18	101	Luís Dias	Águias da Freita	03:24:08	+57:59	08:53	
19	150	João neves	JOBRA	03:24:12	+58:03	08:53	
20	131	Helder Marques	Individual	03:28:06	+01:01:57	09:03	
21	109	Severina Almeida	CATR-Correio de albergaria trail running	03:30:56	+01:04:47	09:10	
22	107	Luis Carvalho	CATR-Correio de albergaria trail running	03:31:05	+01:04:56	09:11	
23	106	Abílio Costa	Casa do Povo de Avanca	03:37:00	+01:10:51	09:26	
24	156	Luis Almeida	Telhadela Trail	03:37:49	+01:11:40	09:28	
25	155	Carina Lopes	Telhadela Trail	03:37:58	+01:11:49	09:29	
26	154	SMónica Fernandes	Run & Fun	03:42:46	+01:16:37	09:41	
27	103	João Rocha	Associação Cultural Bunheirense	03:43:21	+01:17:12	09:43	
28	128	Fábio Marques	Individual	03:43:48	+01:17:39	09:44	
29	119	Joana Ribeiro	Dura-F1 Raceteam	03:44:03	+01:17:54	09:44	
30	147	Rui Miguel Da Costa Martins	Individual	03:45:41	+01:19:32	09:49	
31	144	Pedro Santos Costa	Individual	03:45:41	+01:19:32	09:49	
32	123	Cristina Oliveira	Individual	03:50:07	+01:23:58	10:00	
33	142	Hélio José Esteves Simões	Individual	03:50:10	+01:24:01	10:00	
34	112	Americo Martins	CATR-Correio de albergaria trail running	03:50:23	+01:24:14	10:01	
35	143	Luís Madaíl	Individual	03:58:08	+01:31:59	10:21	
36	138	Tiago Terceiro	Individual	03:58:08	+01:31:59	10:21	
37	110	Luís dos Santos Tavares	CATR-Correio de albergaria trail running	04:07:07	+01:40:58	10:45	
38	125	Carlos Alves	Individual	04:14:28	+01:48:19	11:04	
39	134	Jorge Cardoso	Individual	04:14:30	+01:48:21	11:04	
40	102	Sérgio Ruela	Associação Cultural Bunheirense	04:17:55	+01:51:46	11:13	
41	117	Clara Santos	DCI/Trilhos Luso Bussaco	04:19:50	+01:53:41	11:18	
42	140	Maxence Rabiller	Individual	04:41:21	+02:15:12	12:14	

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	113	Paulo Manuel Marques da Rocha	CATR-Correio de albergaria trail running	04:51:24	+02:25:15	12:40	
44	132	João Carvalho	Individual	04:53:03	+02:26:54	12:44	
45	105	Ruben Carvalho	BTT Isolamais/Molag SportAz Trail & Running	04:53:08	+02:26:59	12:45	
46	135	Luis Silva	Individual	04:54:54	+02:28:45	12:49	
47	130	Gabriel TAvares	Individual	04:54:55	+02:28:46	12:49	
48	104	Eduardo Vieira	AZtrail	04:55:50	+02:29:41	12:52	
49	151	José Justino	JustRunners	05:21:25	+02:55:16	13:58	
50	152	Carlos Justino	JustRunners	05:21:28	+02:55:19	13:59	

Telhadela Trail
Telhadela, Albergaria-a-Velha
14-junho-2026

Trail Longo 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	21,7ºC	75%
End	13:53	21,7ºC	75%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	122	Beatriz Alves	Individual	Senior Feminino	02:56:41		07:41
2	124	Leida Bello	Individual	Senior Feminino	03:17:13	+20:31	08:34
3	119	Joana Ribeiro	Dura-F1 Raceteam	Senior Feminino	03:44:03	+47:22	09:44
4	123	Cristina Oliveira	Individual	Senior Feminino	03:50:07	+53:25	10:00
Senior Masculino							
1	116	Carlos Dias	DCI/Trilhos Luso Bussaco	Senior Masculino	02:26:09		06:21
2	157	João Oliveira	vale correr	Senior Masculino	02:54:09	+28:00	07:34
3	129	Flávio Tavares	Individual	Senior Masculino	02:58:11	+32:02	07:45
4	114	Miguel Vieira	CCR Alqueidão da Serra	Senior Masculino	02:59:12	+33:03	07:47
5	133	João Pinho	Individual	Senior Masculino	03:01:59	+35:49	07:55
6	127	Diogo Rafael da Silva Amaral	Individual	Senior Masculino	03:09:35	+43:25	08:15
7	137	Rúben Silva	Individual	Senior Masculino	03:18:54	+52:44	08:39
8	131	Helder Marques	Individual	Senior Masculino	03:28:06	+01:01:56	09:03
9	107	Luis Carvalho	CATR-Correio de albergaria trail running	Senior Masculino	03:31:05	+01:04:56	09:11
10	128	Fábio Marques	Individual	Senior Masculino	03:43:48	+01:17:39	09:44
11	138	Tiago Terceiro	Individual	Senior Masculino	03:58:08	+01:31:59	10:21
12	125	Carlos Alves	Individual	Senior Masculino	04:14:28	+01:48:19	11:04
13	134	Jorge Cardoso	Individual	Senior Masculino	04:14:30	+01:48:21	11:04
14	102	Sérgio Ruela	Associação Cultural Bunheirense	Senior Masculino	04:17:55	+01:51:45	11:13
15	132	João Carvalho	Individual	Senior Masculino	04:53:03	+02:26:53	12:44
16	105	Ruben Carvalho	BTT Isolamais/Molag SportAz Trail & Running	Senior Masculino	04:53:08	+02:26:58	12:45
17	135	Luis Silva	Individual	Senior Masculino	04:54:54	+02:28:44	12:49
18	130	Gabriel TAvares	Individual	Senior Masculino	04:54:55	+02:28:46	12:49
Sub 23 Masculino							
1	140	Maxence Rabiller	Individual	Sub 23 Masculino	04:41:21		12:14
2	151	José Justino	JustRunners	Sub 23 Masculino	05:21:25	+40:04	13:58
Veterana F40							
1	149	Elia Rodrigues	JOBRA	Veterana F40	03:08:54		08:13
2	155	Carina Lopes	Telhadela Trail	Veterana F40	03:37:58	+29:04	09:29

Trail Longo — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	154	SMónica Fernandes	Run & Fun	Veterana F40	03:42:46	+33:51	09:41

Veterana F45

1	109	Severina Almeida	CATR-Correio de albergaria trail running	Veterana F45	03:30:56		09:10
2	117	Clara Santos	DCI/Trilhos Luso Bussaco	Veterana F45	04:19:50	+48:54	11:18

Veterana F50

1	141	Iete Marisa Vilela Gonçalves	Individual	Veterana F50	03:17:44		08:36

Veterano M40

1	101	Luís Dias	Águias da Freita	Veterano M40	03:24:08		08:53
2	156	Luis Almeida	Telhadela Trail	Veterano M40	03:37:49	+13:40	09:28
3	142	Hélio José Esteves Simões	Individual	Veterano M40	03:50:10	+26:01	10:00
4	143	Luís Madaíl	Individual	Veterano M40	03:58:08	+33:59	10:21

Veterano M45

1	120	António Gomes	Dura-F1 Raceteam	Veterano M45	02:45:48		07:13
2	118	Pedro Lopes	DCI/Trilhos Luso Bussaco	Veterano M45	03:00:41	+14:52	07:51
3	103	João Rocha	Associação Cultural Bunheirense	Veterano M45	03:43:21	+57:32	09:43
4	144	Pedro Santos Costa	Individual	Veterano M45	03:45:41	+59:52	09:49
5	110	Luís dos Santos Tavares	CATR-Correio de albergaria trail running	Veterano M45	04:07:07	+01:21:18	10:45
6	104	Eduardo Vieira	AZtrail	Veterano M45	04:55:50	+02:10:01	12:52

Veterano M50

1	121	José Cruz	Dura-F1 Raceteam	Veterano M50	03:08:41		08:12
2	145	Americo Bessa	Individual	Veterano M50	03:18:54	+10:13	08:39
3	111	Sergio Freitas	CATR-Correio de albergaria trail running	Veterano M50	03:21:14	+12:33	08:45
4	100	Mário Felgueiras	Afifense Trail	Veterano M50	03:23:50	+15:09	08:52
5	147	Rui Miguel Da Costa Martins	Individual	Veterano M50	03:45:41	+36:59	09:49
6	152	Carlos Justino	JustRunners	Veterano M50	05:21:28	+02:12:47	13:59

Veterano M55

1	150	João neves	JOBRA	Veterano M55	03:24:12		08:53
2	106	Abílio Costa	Casa do Povo de Avanca	Veterano M55	03:37:00	+12:48	09:26

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	112	Americo Martins	CATR-Correio de albergaria trail running	Veterano M55	03:50:23	+26:11	10:01
4	113	Paulo Manuel Marques da Rocha	CATR-Correio de albergaria trail running	Veterano M55	04:51:24	+01:27:12	12:40

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DURA-F1 RACETEAM	2 + 9 + 29	40
2	DCI/TRILHOS LUSO BUSSACO	1 + 7 + 41	49
3	CATR-CORREIO DE ALBERGARIA TRAIL RUNNING	16 + 21 + 22	59

Telhadela Trail
Telhadela, Albergaria-a-Velha
14-junho-2026

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	22,4ºC	64%
End	12:27	22,4ºC	64%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	255	António Assunção	Feirense Trail	01:11:25		04:46	
2	346	Jorge Pereira	Telhadela Trail	01:21:49	+10:24	05:27	
3	246	Bruno Casal	Correr Fermelã ACADOF	01:22:18	+10:53	05:29	
4	274	André Junqueira	Individual	01:22:34	+11:09	05:30	
5	312	João Silva	DCI/Trilhos Luso Bussaco	01:22:59	+11:34	05:32	
6	251	António Silva	DCI/Trilhos Luso Bussaco	01:23:48	+12:23	05:35	
7	205	José Felgueiras	Afifense Trail	01:26:33	+15:08	05:46	
8	214	Domingos Vieira	Associação Cultural Bunheirense	01:29:21	+17:56	05:57	
9	327	João Sousa	JOBRA	01:30:01	+18:36	06:00	
10	230	David Felizardo	BARRA OCEAN RUNNERS	01:31:53	+20:28	06:08	
11	250	Márcia Martins	DCI/Trilhos Luso Bussaco	01:32:06	+20:41	06:08	
12	226	João Miguel Garrido	Associação Cultural Bunheirense	01:33:43	+22:18	06:15	
13	259	Rui Bento	Fogacinhas	01:34:10	+22:45	06:17	
14	333	André Joaquim Moreira da Silva	Os Dragões de Mozelos	01:34:15	+22:50	06:17	
15	338	João Vilar	Pateira Carregal - Aveiro	01:34:25	+23:00	06:18	
16	326	Suse Silva	JOBRA	01:34:27	+23:02	06:18	
17	347	Fernando Antunes	Macieira de Cambra	01:34:29	+23:04	06:18	
18	281	João Paulo Tavares da Silva	Individual	01:36:24	+24:59	06:26	
19	208	Carlos Miguel Pinto	ASCR Mosteirinho Runners	01:36:26	+25:01	06:26	
20	328	Marcelo Fonseca	JOBRA	01:37:55	+26:30	06:32	
21	334	Fernando Oliveira	Pateira Carregal - Aveiro	01:38:00	+26:35	06:32	
22	263	RICARDO MENDES	GENS S.C TRAIL	01:38:22	+26:58	06:34	
23	247	José Rocha	Correr Fermelã ACADOF	01:38:56	+27:31	06:36	
24	283	Marco Leandro	Individual	01:40:37	+29:12	06:42	
25	215	João Ruela	Associação Cultural Bunheirense	01:40:42	+29:17	06:43	
26	331	João Barbosa	JUVENTUDE ATLÉTICA MOZELENSE	01:43:32	+32:07	06:54	
27	336	Ivo Ferreira	Pateira Carregal - Aveiro	01:45:29	+34:04	07:02	
28	319	Tino März	Individual	01:45:49	+34:24	07:03	
29	267	Francisca Días Martins	Individual	01:45:51	+34:27	07:03	
30	254	João Portugal	Dura-F1 Raceteam	01:47:29	+36:04	07:10	
31	243	Carlos Amilcar Domingues Santos Silva	CATR-Correio de albergaria trail running	01:48:55	+37:30	07:16	
32	275	Armenio Ferreira	Individual	01:49:22	+37:57	07:17	
33	344	Tiago Ramalho	Talento Run	01:49:22	+37:57	07:17	
34	233	João sousa	Bravos e Bravitas Run	01:49:28	+38:03	07:18	
35	330	José Ferreira	JOBRA	01:49:44	+38:19	07:19	
36	287	Paulo Pinhão	Individual	01:49:47	+38:22	07:19	
37	340	Tiago Coelho	Pateira Carregal - Aveiro	01:50:14	+38:49	07:21	
38	332	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	01:50:36	+39:11	07:22	
39	238	Carla Daniela de Sá Almeida de Melo Sereno	CATR-Correio de albergaria trail running	01:50:44	+39:19	07:23	
40	284	Marinho Duarte	Individual	01:50:47	+39:22	07:23	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	303	Daniel Almeida	Individual	01:52:30	+41:05	07:30	
42	313	Manuel ventura da Silva Marques	Individual	01:52:47	+41:22	07:31	
43	288	Rafael Rodrigues Tavares	Individual	01:53:58	+42:33	07:36	
44	249	Silvia Gomes	DCI/Trilhos Luso Bussaco	01:54:18	+42:53	07:37	
45	236	Sergio Silva	Carpe Diem	01:54:24	+42:59	07:38	
46	322	Renato Tavares	Individual	01:54:25	+43:00	07:38	
47	273	Alexandre Dias	Individual	01:55:00	+43:35	07:40	
48	339	Raul Loura	Pateira Carregal - Aveiro	01:55:37	+44:12	07:42	
49	329	PEDRO MIGUEL FONTOURA OLIVEIRA	JOBRA	01:56:05	+44:40	07:44	
50	210	José Moita	ASCR Mosteirinho Runners	01:56:55	+45:30	07:48	
51	258	Bruno Barros	Fogacinhas	01:57:41	+46:16	07:51	
52	262	Hugo Fardilha	Fogacinhas	01:57:41	+46:16	07:51	
53	311	Jimmy Silva	Individual	01:57:41	+46:16	07:51	
54	305	Luis Marques	Individual	01:58:30	+47:05	07:54	
55	260	Tiago dos Santos Gomes	Fogacinhas	01:58:30	+47:05	07:54	
56	337	Joao Henriques	Pateira Carregal - Aveiro	01:59:08	+47:43	07:57	
57	248	Paulo Silva	Dar Desportivo Atlético de Recardães	02:00:00	+48:35	08:00	
58	228	José Moreira	Associação Cultural Bunheirense	02:00:08	+48:43	08:01	
59	271	Márcia Cardoso	Individual	02:00:18	+48:53	08:01	
60	314	Rui Simões	Individual	02:00:22	+48:57	08:01	
61	245	António Matos	Clube trilheiros &amigos	02:00:34	+49:09	08:02	
62	307	Nuno Tavares	Individual	02:01:02	+49:37	08:04	
63	207	Vera Nogueira	Afifense Trail	02:01:28	+50:03	08:06	
64	276	Bruno Ferreira	Individual	02:01:28	+50:03	08:06	
65	222	Paula Oliveira	Associação Cultural Bunheirense	02:02:19	+50:54	08:09	
66	304	Gil Campos	Individual	02:04:07	+52:42	08:16	
67	309	CARLOS ALEXANDRE CACHULO	Individual	02:04:35	+53:10	08:18	
68	308	Ricardo Bastos	Individual	02:05:11	+53:46	08:21	
69	316	Carlos ferreira	Individual	02:06:09	+54:44	08:25	
70	229	Patricia Silva	BARRA OCEAN RUNNERS	02:07:00	+55:35	08:28	
71	292	Ana Alves	Individual	02:09:25	+58:00	08:38	
72	301	Albino Manuel Costa	Individual	02:09:26	+58:01	08:38	
73	294	Helena Pired	Individual	02:09:50	+58:25	08:39	
74	282	Marcio Nogueira	Individual	02:09:51	+58:26	08:39	
75	342	Mariana Ferreira	Ramboia	02:12:18	+01:00:53	08:49	
76	220	Marta Carmo	Associação Cultural Bunheirense	02:12:33	+01:01:08	08:50	
77	253	Liliana Oliveira	Domus Trail	02:12:58	+01:01:33	08:52	
78	261	João Vázquez	Fogacinhas	02:13:27	+01:02:02	08:54	
79	244	Humberto Almeida	CATR-Correio de albergaria trail running	02:14:19	+01:02:54	08:57	
80	211	Ana Sofia Chipelo	Associação Cultural Bunheirense	02:16:00	+01:04:35	09:04	
81	318	Paulo Silva	Individual	02:17:28	+01:06:03	09:10	
82	300	Rosa lopes	Individual	02:17:58	+01:06:33	09:12	
83	286	Moisés Ferreira	Individual	02:17:58	+01:06:33	09:12	
84	270	Juliana lopes	Individual	02:17:58	+01:06:33	09:12	
85	212	Oriana Martins	Associação Cultural Bunheirense	02:18:49	+01:07:24	09:15	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	241	Hugo Soares	CATR-Correio de albergaria trail running	02:19:00	+01:07:35	09:16	
87	225	José MURTOSA	Associação Cultural Bunheirense	02:19:15	+01:07:50	09:17	
88	302	Álvaro Elísio Oliveira Ramos	Individual	02:20:04	+01:08:39	09:20	
89	280	Francisco Machado	Individual	02:20:04	+01:08:39	09:20	
90	289	Tomás Oliveira	Individual	02:20:05	+01:08:40	09:20	
91	310	Filipe Miranda	Individual	02:21:40	+01:10:15	09:27	
92	231	Sónia Oliveira	Bravos e Bravitas Run	02:21:41	+01:10:16	09:27	
93	201	Micael Faria	3850-714	02:25:49	+01:14:24	09:43	
94	278	Fábio Branco	Individual	02:26:11	+01:14:46	09:45	
95	235	Anabela silva	Carpe Diem	02:26:26	+01:15:01	09:46	
96	209	Cristina Moita	ASCR Mosteirinho Runners	02:28:37	+01:17:12	09:54	
97	219	Júlia Rocha	Associação Cultural Bunheirense	02:29:05	+01:17:40	09:56	
98	237	Zoryana Zadorozhna	CATR-Correio de albergaria trail running	02:30:09	+01:18:44	10:01	
99	321	JOAO DIAS	Individual	02:30:16	+01:18:51	10:01	
100	315	Sérgio Tavares	Individual	02:31:10	+01:19:45	10:05	
101	264	Catarina Granja	Individual	02:31:14	+01:19:49	10:05	
102	345	Daniela Neves	Telhadela Trail	02:31:14	+01:19:49	10:05	
103	297	Otilia Maria Neves Rodrigues	Individual	02:38:27	+01:27:02	10:34	
104	257	Juliana Valente	Fogacinhas	02:40:28	+01:29:03	10:42	
105	320	Alvaro Mariano	Individual	02:44:55	+01:33:30	11:00	
106	203	Tiago Tavares	3850-714	02:46:09	+01:34:44	11:05	
107	202	Sérgio Jesus	3850-714	02:46:13	+01:34:48	11:05	
108	232	Marta Carvalho	Bravos e Bravitas Run	02:48:54	+01:37:29	11:16	
109	293	Ana Isabel	Individual	03:05:32	+01:54:07	12:22	
110	295	Lara Cristina Oliveira Silva	Individual	03:05:42	+01:54:17	12:23	
111	256	Inês Vázquez	Fogacinhas	03:09:11	+01:57:46	12:37	
112	317	Marco Alves	Individual	03:16:25	+02:05:00	13:06	
113	299	Sandra Soares	Individual	03:16:28	+02:05:03	13:06	
114	239	Maria do Sameiro Magno	CATR-Correio de albergaria trail running	03:17:07	+02:05:42	13:08	
115	240	Isaura Gonçalves Costa Marques Da Silva Silva	CATR-Correio de albergaria trail running	03:17:07	+02:05:42	13:08	
116	108	Iolanda Babo	CATR-Correio de albergaria trail running	03:17:07	+02:05:42	13:08	
117	265	Cátia Sofia Silva Guimarães	Individual	03:26:47	+02:15:22	13:47	
118	279	Flávio Tavares	Individual	03:26:48	+02:15:23	13:47	
119	266	Daniela Oliveira	Individual	03:27:10	+02:15:45	13:49	
120	252	Cristina Sofia Vilela Gonçalves	Domus Trail	03:27:10	+02:15:45	13:49	

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	22,4ºC	64%
End	12:27	22,4ºC	64%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	326	Suse Silva	JOBRA	Senior Feminino	01:34:27		06:18
2	267	Francisca Días Martins	Individual	Senior Feminino	01:45:51	+11:24	07:03
3	249	Silvia Gomes	DCI/Trilhos Luso Bussaco	Senior Feminino	01:54:18	+19:50	07:37
4	271	Márcia Cardoso	Individual	Senior Feminino	02:00:18	+25:51	08:01
5	342	Mariana Ferreira	Ramboia	Senior Feminino	02:12:18	+37:51	08:49
6	211	Ana Sofia Chipelo	Associação Cultural Bunheirense	Senior Feminino	02:16:00	+41:33	09:04
7	270	Juliana lopes	Individual	Senior Feminino	02:17:58	+43:31	09:12
8	212	Oriana Martins	Associação Cultural Bunheirense	Senior Feminino	02:18:49	+44:22	09:15
9	264	Catarina Granja	Individual	Senior Feminino	02:31:14	+56:46	10:05
10	345	Daniela Neves	Telhadela Trail	Senior Feminino	02:31:14	+56:47	10:05
11	257	Juliana Valente	Fogacinhas	Senior Feminino	02:40:28	+01:06:01	10:42
12	256	Inês Vázquez	Fogacinhas	Senior Feminino	03:09:11	+01:34:44	12:37
13	265	Cátia Sofia Silva Guimarães	Individual	Senior Feminino	03:26:47	+01:52:20	13:47
14	266	Daniela Oliveira	Individual	Senior Feminino	03:27:10	+01:52:42	13:49

Senior Masculino

1	346	Jorge Pereira	Telhadela Trail	Senior Masculino	01:21:49		05:27
2	246	Bruno Casal	Correr Fermelã ACADOF	Senior Masculino	01:22:18	+00:29	05:29
3	274	André Junqueira	Individual	Senior Masculino	01:22:34	+00:45	05:30
4	214	Domingos Vieira	Associação Cultural Bunheirense	Senior Masculino	01:29:21	+07:32	05:57
5	327	João Sousa	JOBRA	Senior Masculino	01:30:01	+08:12	06:00
6	259	Rui Bento	Fogacinhas	Senior Masculino	01:34:10	+12:21	06:17
7	338	João Vilar	Pateira Carregal - Aveiro	Senior Masculino	01:34:25	+12:36	06:18
8	281	João Paulo Tavares da Silva	Individual	Senior Masculino	01:36:24	+14:35	06:26
9	208	Carlos Miguel Pinto	ASCR Mosteirinho Runners	Senior Masculino	01:36:26	+14:37	06:26
10	328	Marcelo Fonseca	JOBRA	Senior Masculino	01:37:55	+16:06	06:32
11	334	Fernando Oliveira	Pateira Carregal - Aveiro	Senior Masculino	01:38:00	+16:10	06:32
12	263	RICARDO MENDES	GENS S.C TRAIL	Senior Masculino	01:38:22	+16:33	06:34
13	247	José Rocha	Correr Fermelã ACADOF	Senior Masculino	01:38:56	+17:07	06:36
14	283	Marco Leandro	Individual	Senior Masculino	01:40:37	+18:48	06:42
15	215	João Ruela	Associação Cultural Bunheirense	Senior Masculino	01:40:42	+18:53	06:43
16	336	Ivo Ferreira	Pateira Carregal - Aveiro	Senior Masculino	01:45:29	+23:39	07:02
17	275	Armenio Ferreira	Individual	Senior Masculino	01:49:22	+27:33	07:17
18	344	Tiago Ramalho	Talento Run	Senior Masculino	01:49:22	+27:33	07:17
19	287	Paulo Pinhão	Individual	Senior Masculino	01:49:47	+27:58	07:19
20	284	Marinho Duarte	Individual	Senior Masculino	01:50:47	+28:57	07:23
21	288	Rafael Rodrigues Tavares	Individual	Senior Masculino	01:53:58	+32:08	07:36
22	273	Alexandre Dias	Individual	Senior Masculino	01:55:00	+33:11	07:40

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

23	258	Bruno Barros	Fogacinhas	Senior Masculino	01:57:41	+35:52	07:51
24	260	Tiago dos Santos Gomes	Fogacinhas	Senior Masculino	01:58:30	+36:41	07:54
25	337	Joao Henriques	Pateira Carregal - Aveiro	Senior Masculino	01:59:08	+37:19	07:57
26	276	Bruno Ferreira	Individual	Senior Masculino	02:01:28	+39:39	08:06
27	282	Marcio Nogueira	Individual	Senior Masculino	02:09:51	+48:01	08:39
28	286	Moisés Ferreira	Individual	Senior Masculino	02:17:58	+56:09	09:12
29	280	Francisco Machado	Individual	Senior Masculino	02:20:04	+58:15	09:20
30	289	Tomás Oliveira	Individual	Senior Masculino	02:20:05	+58:16	09:20
31	201	Micael Faria	3850-714	Senior Masculino	02:25:49	+01:03:59	09:43
32	278	Fábio Branco	Individual	Senior Masculino	02:26:11	+01:04:22	09:45
33	203	Tiago Tavares	3850-714	Senior Masculino	02:46:09	+01:24:20	11:05
34	202	Sérgio Jesus	3850-714	Senior Masculino	02:46:13	+01:24:24	11:05
35	279	Flávio Tavares	Individual	Senior Masculino	03:26:48	+02:04:59	13:47

Sub 23 Masculino

1	205	José Felgueiras	Afifense Trail	Sub 23 Masculino	01:26:33		05:46
2	261	João Vázquez	Fogacinhas	Sub 23 Masculino	02:13:27	+46:54	08:54

Veterana F40

1	250	Márcia Martins	DCI/Trilhos Luso Bussaco	Veterana F40	01:32:06		06:08
2	229	Patricia Silva	BARRA OCEAN RUNNERS	Veterana F40	02:07:00	+34:54	08:28
3	292	Ana Alves	Individual	Veterana F40	02:09:25	+37:19	08:38
4	294	Helena Pired	Individual	Veterana F40	02:09:50	+37:44	08:39
5	209	Cristina Moita	ASCR Mosteirinho Runners	Veterana F40	02:28:37	+56:30	09:54
6	297	Otilia Maria Neves Rodrigues	Individual	Veterana F40	02:38:27	+01:06:20	10:34
7	293	Ana Isabel	Individual	Veterana F40	03:05:32	+01:33:26	12:22
8	295	Lara Cristina Oliveira Silva	Individual	Veterana F40	03:05:42	+01:33:36	12:23

Veterana F45

1	207	Vera Nogueira	Afifense Trail	Veterana F45	02:01:28		08:06
2	220	Marta Carmo	Associação Cultural Bunheirense	Veterana F45	02:12:33	+11:05	08:50
3	253	Liliana Oliveira	Domus Trail	Veterana F45	02:12:58	+11:29	08:52
4	231	Sónia Oliveira	Bravos e Bravitas Run	Veterana F45	02:21:41	+20:12	09:27
5	219	Júlia Rocha	Associação Cultural Bunheirense	Veterana F45	02:29:05	+27:37	09:56
6	237	Zoryana Zadorozhna	CATR-Correio de albergaria trail running	Veterana F45	02:30:09	+28:40	10:01
7	299	Sandra Soares	Individual	Veterana F45	03:16:28	+01:14:59	13:06
8	108	Iolanda Babo	CATR-Correio de albergaria trail running	Veterana F45	03:17:07	+01:15:38	13:08
9	252	Cristina Sofia Vilela Gonçalves	Domus Trail	Veterana F45	03:27:10	+01:25:41	13:49

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	238	Carla Daniela de Sá Almeida de Melo Sereno	CATR-Correio de albergaria trail running	Veterana F50	01:50:44		07:23
2	300	Rosa lopes	Individual	Veterana F50	02:17:58	+27:13	09:12
3	235	Anabela silva	Carpe Diem	Veterana F50	02:26:26	+35:41	09:46
4	232	Marta Carvalho	Bravos e Bravitas Run	Veterana F50	02:48:54	+58:09	11:16

Veterana F55

1	222	Paula Oliveira	Associação Cultural Bunheirense	Veterana F55	02:02:19		08:09
2	239	Maria do Sameiro Magno	CATR-Correio de albergaria trail running	Veterana F55	03:17:07	+01:14:47	13:08

Veterana F60

1	240	Isaura Gonçalves Costa Marques Da Silva Silva	CATR-Correio de albergaria trail running	Veterana F60	03:17:07		13:08

Veterano M40

1	255	António Assunção	Feirense Trail	Veterano M40	01:11:25		04:46
2	230	David Felizardo	BARRA OCEAN RUNNERS	Veterano M40	01:31:53	+20:27	06:08
3	333	André Joaquim Moreira da Silva	Os Dragões de Mozelos	Veterano M40	01:34:15	+22:50	06:17
4	340	Tiago Coelho	Pateira Carregal - Aveiro	Veterano M40	01:50:14	+38:49	07:21
5	303	Daniel Almeida	Individual	Veterano M40	01:52:30	+41:04	07:30
6	339	Raul Loura	Pateira Carregal - Aveiro	Veterano M40	01:55:37	+44:11	07:42
7	305	Luis Marques	Individual	Veterano M40	01:58:30	+47:04	07:54
8	307	Nuno Tavares	Individual	Veterano M40	02:01:02	+49:36	08:04
9	304	Gil Campos	Individual	Veterano M40	02:04:07	+52:41	08:16
10	308	Ricardo Bastos	Individual	Veterano M40	02:05:11	+53:45	08:21
11	301	Albino Manuel Costa	Individual	Veterano M40	02:09:26	+58:01	08:38
12	225	José MURTOSA	Associação Cultural Bunheirense	Veterano M40	02:19:15	+01:07:49	09:17
13	302	Álvaro Elísio Oliveira Ramos	Individual	Veterano M40	02:20:04	+01:08:38	09:20

Veterano M45

1	312	João Silva	DCI/Trilhos Luso Bussaco	Veterano M45	01:22:59		05:32
2	251	António Silva	DCI/Trilhos Luso Bussaco	Veterano M45	01:23:48	+00:49	05:35
3	226	João Miguel Garrido	Associação Cultural Bunheirense	Veterano M45	01:33:43	+10:44	06:15
4	313	Manuel ventura da Silva Marques	Individual	Veterano M45	01:52:47	+29:48	07:31
5	329	PEDRO MIGUEL FONTOURA OLIVEIRA	JOBRA	Veterano M45	01:56:05	+33:06	07:44
6	262	Hugo Fardilha	Fogacinhas	Veterano M45	01:57:41	+34:42	07:51
7	311	Jimmy Silva	Individual	Veterano M45	01:57:41	+34:42	07:51
8	314	Rui Simões	Individual	Veterano M45	02:00:22	+37:23	08:01

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	309	CARLOS ALEXANDRE CACHULO	Individual	Veterano M45	02:04:35	+41:36	08:18
10	241	Hugo Soares	CATR-Correio de albergaria trail running	Veterano M45	02:19:00	+56:01	09:16
11	310	Filipe Miranda	Individual	Veterano M45	02:21:40	+58:41	09:27
12	315	Sérgio Tavares	Individual	Veterano M45	02:31:10	+01:08:11	10:05

Veterano M50

1	331	João Barbosa	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	01:43:32		06:54
2	319	Tino März	Individual	Veterano M50	01:45:49	+02:16	07:03
3	254	João Portugal	Dura-F1 Raceteam	Veterano M50	01:47:29	+03:56	07:10
4	243	Carlos Amilcar Domingues Santos Silva	CATR-Correio de albergaria trail running	Veterano M50	01:48:55	+05:22	07:16
5	233	João sousa	Bravos e Bravitas Run	Veterano M50	01:49:28	+05:56	07:18
6	330	José Ferreira	JOBRA	Veterano M50	01:49:44	+06:11	07:19
7	210	José Moita	ASCR Mosteirinho Runners	Veterano M50	01:56:55	+13:22	07:48
8	228	José Moreira	Associação Cultural Bunheirense	Veterano M50	02:00:08	+16:36	08:01
9	316	Carlos ferreira	Individual	Veterano M50	02:06:09	+22:37	08:25
10	244	Humberto Almeida	CATR-Correio de albergaria trail running	Veterano M50	02:14:19	+30:47	08:57
11	318	Paulo Silva	Individual	Veterano M50	02:17:28	+33:55	09:10
12	317	Marco Alves	Individual	Veterano M50	03:16:25	+01:32:52	13:06

Veterano M55

1	347	Fernando Antunes	Macieira de Cambra	Veterano M55	01:34:29		06:18
2	332	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M55	01:50:36	+16:06	07:22
3	236	Sergio Silva	Carpe Diem	Veterano M55	01:54:24	+19:54	07:38
4	322	Renato Tavares	Individual	Veterano M55	01:54:25	+19:55	07:38
5	248	Paulo Silva	Dar Desportivo Atlético de Recardães	Veterano M55	02:00:00	+25:30	08:00
6	245	António Matos	Clube trilheiros &amigos	Veterano M55	02:00:34	+26:04	08:02
7	321	JOAO DIAS	Individual	Veterano M55	02:30:16	+55:46	10:01
8	320	Alvaro Mariano	Individual	Veterano M55	02:44:55	+01:10:25	11:00

TEAM RESULTS - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DCI/TRILHOS LUSO BUSSACO	5 + 6 + 11	22
2	JOBRA	9 + 16 + 20	45
3	ASSOCIAÇÃO CULTURAL BUNHEIRENSE	8 + 12 + 25	45
4	PATEIRA CARREGAL - AVEIRO	15 + 21 + 27	63
5	FOGACINHAS	13 + 51 + 52	116
6	CATR-CORREIO DE ALBERGARIA TRAIL RUNNING	31 + 39 + 79	149
7	ASCR MOSTEIRINHO RUNNERS	19 + 50 + 96	165
8	BRAVOS E BRAVITAS RUN	34 + 92 + 108	234
9	3850-714	93 + 106 + 107	306