

São Silvestre de Aveiro
Aveiro
28-novembro-2026

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	15,5ºC	89%
End	19:58	15,5ºC	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1936	João mouro	Sport Clube Beira-Mar	32:01		03:12	
2	486	Nuno Miguel	GRECAS	32:05	+00:04	03:13	
3	295	Luís Sousa	Clube dos Galitos	32:17	+00:16	03:14	
4	1104	Henrique Moreira	GRECAS	32:48	+00:47	03:17	
5	1934	Francisco Silveira	Sport Clube Beira-Mar	33:12	+01:12	03:19	
6	484	Vicente Regalado	GRECAS	33:19	+01:18	03:20	
7	254	Vicente Julião	GRECAS	33:20	+01:19	03:20	
8	49	André Fonte	ADREP - ASSOCIAÇÃO DESPORTIVA RECREATIVA E EDUCATIVA DA PALHAÇA	33:20	+01:19	03:20	
9	180	André Carvalho	CAOB - Oliveira do Bairro	33:33	+01:32	03:21	
10	32	Maurício Fernandes	ADCP PEDRALVA	33:44	+01:43	03:22	
11	2059	Luis Diogo	Individual	34:00	+01:59	03:24	
12	19	Andre santos	ACD os Ílhavos	34:00	+01:59	03:24	
13	1083	Gonçalo Prudêncio	Individual	34:05	+02:04	03:24	
14	317	Miguel Paiva	Correr Fermelã ACADOF	34:09	+02:08	03:25	
15	481	Renato Ferreira	GRECAS	34:30	+02:29	03:27	
16	983	David Machado Marques	Individual	34:48	+02:47	03:29	
17	1935	Henrique Gomes	Sport Clube Beira-Mar	34:57	+02:56	03:30	
18	1263	Milton César Miranda dos Santos	Individual	35:13	+03:12	03:31	
19	478	Alex Oliveira	GRECAS	35:20	+03:19	03:32	
20	495	João Miguel Almeida Mano	grohe	35:22	+03:21	03:32	
21	51	Alberto Fonte	ADREP - ASSOCIAÇÃO DESPORTIVA RECREATIVA E EDUCATIVA DA PALHAÇA	35:25	+03:24	03:33	
22	21	Rui Costa	ACD os Ílhavos	35:32	+03:31	03:33	
23	31	Diogo Duarte	ADCP PEDRALVA	35:35	+03:34	03:34	
24	1684	José Rodrigues	Individual	35:36	+03:35	03:34	
25	285	NUNO PAIS	Clube Atletismo de Ovar	35:44	+03:43	03:34	
26	1013	Diogo Rafael	Individual	35:45	+03:44	03:35	
27	33	Ricardo Andrade	ADCP PEDRALVA	35:51	+03:50	03:35	
28	1027	Edgar Pinheiro	Individual	35:57	+03:56	03:36	
29	483	Vasco Miguel Martins Lourenco	GRECAS	35:59	+03:58	03:36	
30	1399	Tiago Tomé	Individual	36:14	+04:13	03:37	
31	1779	Filipe Monteiro	Molinhas Team	36:16	+04:15	03:38	
32	1031	Eleutério Mota	Individual	36:19	+04:18	03:38	
33	284	João Margarido	CLTT - Clínica Litoralis Trail Team	36:23	+04:22	03:38	
34	1872	Rafael Alves	Reumáticos & Etc	36:27	+04:26	03:39	
35	1082	GONÇALO MOURA	Individual	36:28	+04:27	03:39	
36	108	Antonio fardilha	Barra Swim Club	36:31	+04:30	03:39	
37	39	João Oliveira	ADI - Associação Desportiva de Ílhavo	36:33	+04:32	03:39	
38	24	Fernando Silva	ACR Vale de Cambra	36:35	+04:34	03:39	
39	200	ricardo auxiliar	CENAP	36:39	+04:38	03:40	
40	1040	Fábio Correia	Individual	36:42	+04:41	03:40	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	1602	PAULO JESUS	Individual	36:43	+04:42	03:40	
42	314	Bruno Casal	Correr Fermelã ACADOF	36:54	+04:53	03:41	
43	1754	André Rafeiro	Moliceiro ao pico	36:56	+04:55	03:42	
44	1363	Rui Carvalho	Individual	37:13	+05:12	03:43	
45	1937	Luís Pires	Sport Clube Beira-Mar	37:16	+05:15	03:44	
46	508	Jorge Manuel Matos dos Santos	grohe	37:21	+05:20	03:44	
47	27	Tiago Marcelino	ACREMA	37:27	+05:26	03:45	
48	1930	Beatriz Borges Alves	Saca Trilhos de Anadia	37:32	+05:31	03:45	
49	4	Pedro Marques	#é_só_até_ali	37:36	+05:35	03:46	
50	913	André Oliveira	Individual	37:37	+05:36	03:46	
51	2021	Paulo Costa	Viriathvs Runners Viseu	37:40	+05:39	03:46	
52	1938	Paulo Silva	Sport Clube Beira-Mar	37:41	+05:40	03:46	
53	1990	Paulo Aroso	TEAM LANTEMIL	37:42	+05:41	03:46	
54	23	João Dias	ACD os Ílhavos	37:45	+05:44	03:46	
55	1738	Hélder Henriques	Miro Trail	37:47	+05:46	03:47	
56	1395	Tiago Paulino	Individual	37:51	+05:50	03:47	
57	991	Diogo Areias	Individual	37:53	+05:52	03:47	
58	43	Rafael Castro	ADI - Associação Desportiva de Ílhavo	37:55	+05:54	03:48	
59	1035	Emídio Correia	Individual	37:57	+05:56	03:48	
60	1001	Diogo Fernandes	Individual	38:00	+05:59	03:48	
61	1390	Tiago Goncalves	Individual	38:02	+06:01	03:48	
62	194	Marco Andrade	Casa do Povo de Avanca	38:03	+06:02	03:48	
63	1786	Rafael Caprichoso	Nas Ideias Club	38:03	+06:02	03:48	
64	907	André Ferreira	Individual	38:06	+06:05	03:49	
65	298	Ricardo França	Clube dos Galitos	38:07	+06:06	03:49	
66	20	Antonio Veiga	ACD os Ílhavos	38:07	+06:06	03:49	
67	1105	Hugo Antunes	Individual	38:07	+06:06	03:49	
68	1365	Rui Matos	Individual	38:09	+06:08	03:49	
69	1415	Vitor Sousa	Individual	38:12	+06:11	03:49	
70	1339	Ricardo Saltão	Individual	38:14	+06:13	03:49	
71	476	Carolina Ribeiro	GRECAS	38:15	+06:14	03:49	
72	1118	Joao Almeida	Individual	38:15	+06:14	03:49	
73	2035	Kevin Amoedo	WE CAN RUN	38:16	+06:15	03:50	
74	482	Tiago Silvestre	GRECAS	38:20	+06:19	03:50	
75	1850	Pedro Filipe Veiga dos Santos Candido Henriques	PRIO	38:25	+06:24	03:50	
76	318	Pedro Cruz	Correr Fermelã ACADOF	38:27	+06:26	03:51	
77	50	Filipe Fonte	ADREP - ASSOCIAÇÃO DESPORTIVA RECREATIVA E EDUCATIVA DA PALHAÇA	38:38	+06:37	03:52	
78	385	José Cruz	Dura F1	38:39	+06:38	03:52	
79	384	Samuel Cruz	Dura F1	38:40	+06:39	03:52	
80	319	Ricardo Alvarez	Correr Fermelã ACADOF	38:43	+06:42	03:52	
81	1566	Jorge Costa	Individual	38:45	+06:44	03:52	
82	1197	José Pedro Matos	Individual	38:45	+06:44	03:53	
83	1246	Mark Neves	Individual	38:45	+06:44	03:53	
84	1650	Thiago Jezer	Individual	38:46	+06:45	03:53	
85	480	Luis Silvestre	GRECAS	38:56	+06:55	03:54	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	110	Manuel Fardilha	Barra Swim Club	39:03	+07:02	03:54	
87	479	Filipe Nogueira	GRECAS	39:08	+07:07	03:55	
88	1532	Carlos seguel	Individual	39:08	+07:07	03:55	
89	291	Goncalo Costa	Clube dos Galitos	39:14	+07:13	03:55	
90	292	Gonçalo Gaspar	Clube dos Galitos	39:14	+07:13	03:55	
91	1910	André Assena	RM Runners By Mira a Mexer	39:16	+07:15	03:56	
92	900	André Andrade	Individual	39:19	+07:18	03:56	
93	300	Steve Lopes	Clube dos Galitos	39:20	+07:19	03:56	
94	1224	Luís Santiago	Individual	39:22	+07:21	03:56	
95	1375	Sérgio Baptista	Individual	39:23	+07:22	03:56	
96	989	David Vieira	Individual	39:28	+07:27	03:57	
97	181	Artur Santos	CAOB - Oliveira do Bairro	39:35	+07:34	03:57	
98	847	Sílvia Santos	Individual	39:35	+07:34	03:57	
99	192	João Valente	Casa do Povo de Avanca	39:35	+07:34	03:57	
100	1725	Tiago Gandarez	Lobitos	39:35	+07:34	03:58	
101	299	Rodrigo Viana	Clube dos Galitos	39:36	+07:35	03:58	
102	294	Jorge Pinho	Clube dos Galitos	39:37	+07:36	03:58	
103	1179	Jorge Miguel Pereira	Individual	39:39	+07:38	03:58	
104	1015	Diogo Rebelo	Individual	39:42	+07:41	03:58	
105	1942	Paulo Ferreira da Silva	Sport Clube Beira-Mar	39:48	+07:47	03:59	
106	897	Alexandre Nogueira	Individual	39:52	+07:51	03:59	
107	351	Tony Serôdio	DAR Recardães	39:53	+07:52	03:59	
108	1514	António Jorge Martins Francisco	Individual	39:55	+07:54	03:59	
109	1406	Vasco Amaral	Individual	39:56	+07:55	04:00	
110	1264	Nelson Gonçalves	Individual	39:57	+07:56	04:00	
111	1394	Tiago Neiva	Individual	40:01	+08:00	04:00	
112	301	Adão Antunes	Clube dos Galitos	40:01	+08:00	04:00	
113	1334	Ricardo Oliveira	Individual	40:09	+08:08	04:01	
114	196	Fernando Antunes	CDC Macieira de Cambra	40:11	+08:10	04:01	
115	425	Diogo Oliveira	Flowus	40:18	+08:17	04:02	
116	1932	Francisco Ribeiro	Sozense Trail - Corind/ Braga&Fernandes	40:20	+08:19	04:02	
117	1976	Simão Tomaz Duarte	TDcredito	40:23	+08:22	04:02	
118	1392	Tiago Manuel da Costa Rocha	Individual	40:23	+08:22	04:02	
119	1995	Fabio Silva	Trepanelas/Prifer	40:25	+08:24	04:03	
120	199	Luís Almeida	CENAP	40:26	+08:25	04:03	
121	1068	Francisco Xavier Martins Prior	Individual	40:35	+08:34	04:04	
122	138	Diogo Custódio	Bloco	40:36	+08:35	04:04	
123	179	Nelson Muga	CAMC	40:36	+08:35	04:04	
124	191	Dinis Dias	Casa do Povo de Avanca	40:40	+08:39	04:04	
125	945	Bruno Santos	Individual	40:40	+08:39	04:04	
126	917	André Santos	Individual	40:40	+08:39	04:04	
127	506	Diogo Cardoso	grohe	40:41	+08:40	04:04	
128	2072	Catarina Ferreira Bispo	Individual	40:41	+08:40	04:04	
129	1317	Rafael Tomé	Individual	40:46	+08:45	04:05	
130	1931	Pedro Vasques Martins	SALUS Studio	40:48	+08:47	04:05	
131	1724	Rui Miguel Lourenço	Lobitos	40:57	+08:56	04:06	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	1192	José Martins	Individual	40:57	+08:56	04:06	
133	2003	Maria Ferreira	UNIDOS RUN TEAM / AS OLIVEIRINHAS	41:00	+08:59	04:06	
134	1596	Oliveiros Garrelhas	Individual	41:01	+09:00	04:06	
135	1021	Diogo Silva	Individual	41:04	+09:03	04:06	
136	1313	Rafael Marques	Individual	41:08	+09:07	04:07	
137	1142	Joao Milheiro	Individual	41:09	+09:08	04:07	
138	30	Ivan Carquejo	ADC CONSTANTIM	41:10	+09:09	04:07	
139	353	Victor Figueiredo	DCI/Trilhos Luso Bussaco	41:10	+09:09	04:07	
140	1407	Vasco Lagarto	Individual	41:10	+09:09	04:07	
141	955	César Gomes	Individual	41:11	+09:10	04:07	
142	1633	Rómulo Pinto	Individual	41:11	+09:10	04:07	
143	1409	Vasco Seixas	Individual	41:11	+09:10	04:07	
144	524	Nuno Sarabando	Indelague Running Team	41:15	+09:14	04:07	
145	1220	Luis Menezes	Individual	41:16	+09:15	04:08	
146	1254	Miguel CastroSilva	Individual	41:16	+09:15	04:08	
147	2002	Simão Oliveira	UDCR Silveiro	41:20	+09:19	04:08	
148	1727	Nuno Oliveira	Lobitos	41:22	+09:21	04:08	
149	202	hernani laranja	CENAP	41:23	+09:22	04:08	
150	329	Mauricio Yanagui	COSTA NOVA RUN	41:29	+09:28	04:09	
151	320	Rui Oliveira	Correr Fermelã ACADOF	41:34	+09:33	04:09	
152	752	Margarida Simões	Individual	41:35	+09:34	04:10	
153	1605	Paulo pereira	Individual	41:36	+09:35	04:10	
154	658	Eduarda Leitão	Individual	41:38	+09:37	04:10	
155	1771	Tiago Rafael Maio Pedro	Moliceiro ao pico	41:39	+09:38	04:10	
156	1758	Diogo Rafael Maio Pedro	Moliceiro ao pico	41:40	+09:39	04:10	
157	25	Igor Alves	ACREMA	41:42	+09:41	04:10	
158	26	Luís Semião	ACREMA	41:42	+09:41	04:10	
159	967	Daniel Chipelo	Individual	41:46	+09:45	04:11	
160	1248	Maurício Barbosa Pereira	Individual	41:47	+09:46	04:11	
161	1207	Leonardo Jesus	Individual	41:48	+09:47	04:11	
162	1922	Filipe Esteves Rouxinol	ROYAL SCHOOL LANGUAGES	41:50	+09:49	04:11	
163	1353	Rogério Machado	Individual	41:51	+09:50	04:11	
164	457	Fábio André Almeida Gonçalves	Glicinias Plaza	41:54	+09:53	04:11	
165	456	Diogo Filipe Ferreira Filipe	Glicinias Plaza	41:54	+09:53	04:11	
166	753	MARIA MARQUES	Individual	41:57	+09:56	04:12	
167	1939	Rui Machado	Sport Clube Beira-Mar	41:57	+09:56	04:12	
168	1396	Tiago Pereira	Individual	41:58	+09:57	04:12	
169	242	José Guilherme Leite e Sá	Civilria RunClub	41:58	+09:57	04:12	
170	302	Daniel Espinhal	Clube dos Galitos	41:58	+09:57	04:12	
171	2027	Nuno Ribeiro	VVTR Valongo Vouga Trail Running	41:59	+09:58	04:12	
172	1109	Hugo Dias	Individual	41:59	+09:58	04:12	
173	104	Fernando Mónica	Barra Ocean Runners	42:05	+10:04	04:12	
174	333	Hilário Espadilha	COSTA NOVA RUN	42:09	+10:08	04:13	
175	1340	Ricardo Santos	Individual	42:12	+10:11	04:13	
176	1731	Carlos Pimenta	Luso Team	42:15	+10:14	04:14	
177	1332	Ricardo Melo	Individual	42:16	+10:15	04:14	

PROVA PRINCIPAL - STAGE 1 — 10 KM

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	369	Rúben Moreira da Conceição Reis	Diário de Aveiro	42:20	+10:19	04:14	
179	450	Mário Carvalho	GD Vilarinho de Cima	42:24	+10:23	04:14	
180	454	André Capela Bóia	Glicinias Plaza	42:26	+10:25	04:15	
181	1764	João Pedro Ferreira Maio	Moliceiro ao pico	42:27	+10:26	04:15	
182	1245	Mário Valente	Individual	42:28	+10:27	04:15	
183	1760	Fernando Jorge Teixeira Saldanha	Moliceiro ao pico	42:28	+10:27	04:15	
184	441	Matteo FATTI	Frenchsixseven	42:28	+10:27	04:15	
185	1358	Rúben Rodrigues	Individual	42:30	+10:29	04:15	
186	287	Agnelo Silva	Clube dos Galitos	42:30	+10:29	04:15	
187	1276	Octávio Costa	Individual	42:32	+10:31	04:15	
188	1107	Hugo Cabral Monteiro	Individual	42:33	+10:32	04:15	
189	29	Manuel António Roseiro Ferreira	ADABEM Running team	42:39	+10:38	04:16	
190	1178	Jorge Maio	Individual	42:41	+10:40	04:16	
191	1623	Ricardo Fernandes	Individual	42:41	+10:40	04:16	
192	2033	Sara Mendes	WE CAN RUN	42:43	+10:42	04:16	
193	1996	João Mano	Trepanelas/Prifer	42:44	+10:44	04:16	
194	390	Emanuel Heleno	Espaço P	42:45	+10:44	04:16	
195	282	Luis Santos	CLTT - Clínica Litoralis Trail Team	42:48	+10:47	04:17	
196	204	carlos amorim	CENAP	42:49	+10:48	04:17	
197	1484	Solange Silva	Individual	42:52	+10:51	04:17	
198	1906	Paulo Alves	RM Runners By Mira a Mexer	42:55	+10:54	04:18	
199	1098	Guilherme Pinto	Individual	42:56	+10:55	04:18	
200	738	Luana Martins	Individual	42:57	+10:56	04:18	
201	1247	Martim Fonseca	Individual	42:58	+10:57	04:18	
202	1562	joão paulo baptista	Individual	42:59	+10:58	04:18	
203	1659	António Amado	Individual	43:03	+11:02	04:18	
204	2022	Pedro Almeida	Viseu360	43:04	+11:03	04:18	
205	973	António Carlos Santiago dos Santos	Individual	43:04	+11:03	04:18	
206	109	Diogo Jerónimo	Barra Swim Club	43:06	+11:05	04:19	
207	615	Carolina de Carvalho Cortez	Individual	43:08	+11:07	04:19	
208	78	Manuel Fonseca	Bai Bagos	43:09	+11:08	04:19	
209	1590	Nuno Bartolomeu	Individual	43:09	+11:08	04:19	
210	1796	Santiago Simões	Os Franciscos	43:11	+11:10	04:19	
211	1722	Ricardo Miranda	Lobitos	43:12	+11:11	04:19	
212	1064	Francisco Gonçalves Santos	Individual	43:12	+11:11	04:19	
213	521	Francisco Martins	Hut Runners	43:12	+11:11	04:19	
214	1838	André Santos	PRIO	43:12	+11:11	04:19	
215	1571	JP Griné	Individual	43:15	+11:14	04:19	
216	1053	Felisberto Pereira	Individual	43:16	+11:15	04:20	
217	100	Tiago Neves	Barra Ocean Runners	43:21	+11:20	04:20	
218	1338	Ricardo Roque	Individual	43:23	+11:22	04:20	
219	1911	Bruno Cartaxo	RM Runners By Mira a Mexer	43:25	+11:24	04:20	
220	1172	Joel Vicente	Individual	43:29	+11:28	04:21	
221	2001	Daniel Vieira	UDCR Silveiro	43:30	+11:29	04:21	
222	205	joaquim ramos	CENAP	43:30	+11:29	04:21	
223	439	Basile MICHEL	Frenchsixseven	43:31	+11:30	04:21	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	1361	Rui Almeida	Individual	43:32	+11:31	04:21	
225	1402	Tomás Santos	Individual	43:32	+11:31	04:21	
226	1136	João Forte	Individual	43:33	+11:32	04:21	
227	1636	Rui Branco	Individual	43:34	+11:33	04:21	
228	990	Dinis Santos	Individual	43:34	+11:33	04:21	
229	177	Custódio Coutinho	C.D.C. Paradela do Vouga	43:35	+11:34	04:21	
230	1528	Carlos Metrogos	Individual	43:38	+11:37	04:22	
231	961	Cristiano Rodrigues	Individual	43:40	+11:39	04:22	
232	761	Maria Helena Borges Alves	Individual	43:42	+11:41	04:22	
233	1320	Renato Esteves	Individual	43:44	+11:43	04:22	
234	515	João Ferreira	Grupo Desportivo da Mata	43:45	+11:44	04:23	
235	1662	António Valdemar Alves da Silva	Individual	43:47	+11:46	04:23	
236	1524	Bruno silva	Individual	43:48	+11:47	04:23	
237	263	Bruno Bernardes de Jesus	Civilria RunClub	43:52	+11:51	04:23	
238	930	Bernardo Carvalho	Individual	43:57	+11:56	04:24	
239	1092	Guilherme Gonçalves Nogueira Machado	Individual	43:58	+11:57	04:24	
240	237	Cristofe Henrique Gonçalves Fonseca	Civilria RunClub	44:01	+12:00	04:24	
241	1012	Diogo Pinho	Individual	44:03	+12:02	04:24	
242	213	Tomás Pereira	CFA Team	44:05	+12:04	04:24	
243	1729	charles alexander mendibelso	Los compa	44:06	+12:05	04:25	
244	1222	Luís Miguel Almeida de Sousa	Individual	44:06	+12:05	04:25	
245	82	Tiago Pimentel	Bai Bagos	44:07	+12:06	04:25	
246	1067	Francisco Santos Malta	Individual	44:08	+12:07	04:25	
247	341	Carlos Miguel Gomes Leal	Cross Company	44:09	+12:08	04:25	
248	1294	Pedro Limas	Individual	44:14	+12:13	04:25	
249	184	Gabriel Matias Neto	CARAPAUS DE CORRIDA	44:18	+12:17	04:26	
250	851	Sofia Figueiredo	Individual	44:19	+12:18	04:26	
251	905	Andre da Silva Amado	Individual	44:20	+12:19	04:26	
252	461	Nuno André de Vasconcelos Cabral Monteiro	Glicinias Plaza	44:22	+12:21	04:26	
253	1202	José Vigário Novo	Individual	44:22	+12:21	04:26	
254	1352	Rogério Castro Lima	Individual	44:22	+12:21	04:26	
255	1180	Jorge Pereira	Individual	44:23	+12:22	04:26	
256	513	José Campos	GRUPO DESPORTIVO ASSEMPARK	44:24	+12:23	04:26	
257	1296	Pedro Maçorano	Individual	44:25	+12:24	04:26	
258	176	Filipe Mota	C.D.C. Paradela do Vouga	44:25	+12:24	04:27	
259	81	Rúben Gomes	Bai Bagos	44:26	+12:25	04:27	
260	1616	Pedro Manuel de Faria Fernandes	Individual	44:29	+12:28	04:27	
261	159	Ricardo Patrício	BOAVISTA TRAIL	44:33	+12:32	04:27	
262	289	Fábio André Pereira Da Costa	Clube dos Galitos	44:34	+12:33	04:27	
263	2034	Gonçalo Maurício	WE CAN RUN	44:34	+12:33	04:27	
264	1195	José Nunes	Individual	44:36	+12:35	04:28	
265	106	Mariana novais	Barra Swim Club	44:37	+12:36	04:28	
266	111	Pedro fardilha	Barra Swim Club	44:37	+12:36	04:28	
267	1522	Bruno Ferreira	Individual	44:38	+12:37	04:28	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
268	1014	Diogo ramos	Individual	44:39	+12:38	04:28	
269	916	andre rexholt	Individual	44:40	+12:39	04:28	
270	1196	Jose paiva	Individual	44:40	+12:39	04:28	
271	998	Diogo Carvalho	Individual	44:41	+12:40	04:28	
272	971	Daniel Lopes	Individual	44:41	+12:40	04:28	
273	1164	João Romeiro	Individual	44:44	+12:43	04:28	
274	912	André Oliveira	Individual	44:47	+12:46	04:29	
275	1101	Gustavo Capão	Individual	44:48	+12:47	04:29	
276	1929	José Rodrigues	RunBikeClub Viseu	44:53	+12:52	04:29	
277	1954	JHONNY EURRESTA	Tainadas Run Team - Somengil	44:55	+12:54	04:30	
278	352	Ivo Goncalves	DCI/Trilhos Luso Bussaco	44:56	+12:55	04:30	
279	1597	Paulo Cardoso	Individual	44:57	+12:56	04:30	
280	1287	Pedro Couto	Individual	44:58	+12:57	04:30	
281	462	Nuno Galvanize	Glicinias Plaza	44:58	+12:57	04:30	
282	1005	Diogo Martins	Individual	44:59	+12:58	04:30	
283	1907	Rui Cainé	RM Runners By Mira a Mexer	44:59	+12:58	04:30	
284	286	Filipe Correia	Clube de Atletismo de Sangalhos HM Training Group	45:01	+13:00	04:30	
285	266	Hugo Gonçalves	Civilria RunClub	45:03	+13:02	04:30	
286	1851	Pedro Miguel Laranjeira Costa	PRIO	45:04	+13:03	04:30	
287	94	André Lima	Barra Ocean Runners	45:04	+13:03	04:30	
288	91	Laura Pires	Barra Ocean Runners	45:05	+13:04	04:30	
289	1367	Rui Pedro Gomes Sousa	Individual	45:08	+13:07	04:31	
290	210	Filipe Martins	CFA Team	45:09	+13:08	04:31	
291	1376	Sérgio Henriques	Individual	45:11	+13:10	04:31	
292	133	Alysson Luiz	Bloco	45:11	+13:10	04:31	
293	1507	Adolfo Andrade	Individual	45:12	+13:11	04:31	
294	1619	Pedro Miguel Silva Garrido	Individual	45:12	+13:11	04:31	
295	1212	Luis Carlos Antunes Moreno	Individual	45:12	+13:11	04:31	
296	297	Pedro Teles	Clube dos Galitos	45:16	+13:15	04:32	
297	1620	Pedro Miguel Valente Pinho	Individual	45:16	+13:15	04:32	
298	250	Ruben Pio	Civilria RunClub	45:17	+13:16	04:32	
299	144	João Martins	Bloco	45:17	+13:16	04:32	
300	1173	Jonas Bestgen	Individual	45:17	+13:16	04:32	
301	1292	Pedro Freitas	Individual	45:18	+13:17	04:32	
302	1380	Simão Magalhães	Individual	45:18	+13:17	04:32	
303	137	David Quitério	Bloco	45:22	+13:21	04:32	
304	899	Andre Andrade	Individual	45:25	+13:24	04:33	
305	178	Humberto Tua	CalPet RUN & RIDE	45:26	+13:25	04:33	
306	1569	JOSE FIGUEIRAS	Individual	45:26	+13:25	04:33	
307	1349	Rodrigo Lopes	Individual	45:28	+13:27	04:33	
308	79	Miguel Martins	Bai Bagos	45:31	+13:30	04:33	
309	1193	José Miguel Resende Ferreira	Individual	45:32	+13:31	04:33	
310	1994	Alexandre Prior	Trepanelas/Prifer	45:33	+13:32	04:33	
311	1345	Roberto Garcia	Individual	45:34	+13:33	04:33	
312	1564	João Rocha	Individual	45:36	+13:36	04:34	
313	22	Sara Viviana dos Santos Costa	ACD os Ílhavos	45:38	+13:37	04:34	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
314	105	Miguel Leão	Barra Ocean Runners	45:39	+13:38	04:34	
315	582	Bárbara Almeida	Individual	45:41	+13:40	04:34	
316	1346	Rodrigo Almeida	Individual	45:42	+13:41	04:34	
317	1713	Ricardo Ferreira	Lacticoop	45:44	+13:43	04:34	
318	1896	Joao Antunes	Riaga Group	45:45	+13:44	04:35	
319	1022	Diogo Simões	Individual	45:45	+13:44	04:35	
320	316	José Rocha	Correr Fermelã ACADOF	45:46	+13:45	04:35	
321	952	Carlos Coutinho	Individual	45:47	+13:46	04:35	
322	1219	Luis Lemos	Individual	45:48	+13:47	04:35	
323	1536	Diogo Barbosa	Individual	45:48	+13:47	04:35	
324	504	Ana Marisa Fonseca Lopes	grohe	45:49	+13:48	04:35	
325	2020	Rui Almeida	Viriathvs Runners Viseu	45:51	+13:50	04:35	
326	1110	Hugo Guerra	Individual	45:51	+13:50	04:35	
327	1054	Fernando Braga Cunha	Individual	45:51	+13:50	04:35	
328	1273	Nuno Rocha	Individual	45:52	+13:51	04:35	
329	246	Marco Carvalho	Civilria RunClub	45:54	+13:53	04:35	
330	705	Joana Branco	Individual	45:54	+13:53	04:35	
331	1556	Jean François Rodrigues	Individual	45:56	+13:55	04:36	
332	796	Mélanie Quintela	Individual	46:06	+14:05	04:37	
333	906	André Fernandes	Individual	46:06	+14:05	04:37	
334	1476	Rita Resende	Individual	46:08	+14:07	04:37	
335	1218	Luís Lamas	Individual	46:09	+14:08	04:37	
336	1723	Ricardo Soares	Lobitos	46:12	+14:11	04:37	
337	1387	Tiago das Neves Diniz	Individual	46:12	+14:11	04:37	
338	1236	Marco Mateus	Individual	46:12	+14:12	04:37	
339	293	Hugo Ribeiro	Clube dos Galitos	46:13	+14:12	04:37	
340	896	Alexandre Dias	Individual	46:16	+14:15	04:38	
341	1342	Ricardo Simões	Individual	46:17	+14:16	04:38	
342	940	Bruno Figueiredo	Individual	46:17	+14:16	04:38	
343	953	Carlos Simões	Individual	46:18	+14:17	04:38	
344	1183	José Afonso	Individual	46:18	+14:17	04:38	
345	1675	Francisco leite	Individual	46:20	+14:19	04:38	
346	1377	Sérgio Pereira	Individual	46:21	+14:20	04:38	
347	1216	Luís Dinis	Individual	46:21	+14:20	04:38	
348	944	Bruno Pereira	Individual	46:21	+14:20	04:38	
349	2054	Renato Figueiredo	Individual	46:27	+14:26	04:39	
350	1214	Luis Carlos Valente Pinho	Individual	46:27	+14:26	04:39	
351	1970	Pedro Correia	Tainadas Run Team - Somengil	46:27	+14:26	04:39	
352	312	Pedro Filipe Martins da Silva	Corredores do Alambique	46:28	+14:27	04:39	
353	1204	Júlio Tomás Gomes Teixeira	Individual	46:28	+14:27	04:39	
354	1955	João Filipe Martins Dias	Tainadas Run Team - Somengil	46:28	+14:27	04:39	
355	1974	Cosimo Gomes	TDcredito	46:29	+14:28	04:39	
356	1969	Nuno Martinho	Tainadas Run Team - Somengil	46:29	+14:28	04:39	
357	936	Bruno Amaral	Individual	46:30	+14:29	04:39	
358	309	Hugo José Santos Inácio	CMD Lacerda	46:30	+14:29	04:39	
359	2019	Hugo Romão	Verrom	46:31	+14:30	04:39	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
360	974	Daniel Rocha	Individual	46:32	+14:31	04:39	
361	1325	Rens Jacobs	Individual	46:32	+14:31	04:39	
362	736	Liliane Ferreira	Individual	46:32	+14:31	04:39	
363	980	David Couto	Individual	46:33	+14:32	04:39	
364	1978	Diogo Cardoso	TDcredito	46:33	+14:32	04:39	
365	1057	Fernando pontes da silva	Individual	46:34	+14:33	04:39	
366	1721	Rafael da Cruz Amaral	Lobitos	46:34	+14:33	04:39	
367	1322	Renato Lima	Individual	46:35	+14:34	04:40	
368	1581	Marcio Marcelino	Individual	46:38	+14:37	04:40	
369	247	Miguel Cruz	Civilria RunClub	46:38	+14:37	04:40	
370	1356	Ruben Almeida	Individual	46:40	+14:39	04:40	
371	1149	João Peão	Individual	46:40	+14:39	04:40	
372	1601	Paulo ferreira	Individual	46:41	+14:40	04:40	
373	999	Diogo Coutinho	Individual	46:43	+14:42	04:40	
374	63	Ana Veiga	Ana Paula Veiga	46:43	+14:42	04:40	
375	107	Rita fardilha	Barra Swim Club	46:45	+14:44	04:40	
376	580	Anke Jasmin Spadinger	Individual	46:45	+14:44	04:41	
377	927	Bernardo Abreu	Individual	46:46	+14:45	04:41	
378	1113	Hugo Martins	Individual	46:46	+14:45	04:41	
379	1351	Rodrigo Paiva	Individual	46:47	+14:46	04:41	
380	35	Raquel Fonseca	ADI - Associação Desportiva de Ílhavo	46:47	+14:46	04:41	
381	1405	André Filipe Afonso Pereira	Individual	46:48	+14:47	04:41	
382	1834	Sara Tschumi Murtinheira Martins	PRIO	46:48	+14:47	04:41	
383	149	Marcelo Luzardo	Bloco	46:48	+14:47	04:41	
384	1852	Rafael Oliveira Marques	PRIO	46:49	+14:48	04:41	
385	269	Nuno Alegria	Civilria RunClub	46:49	+14:48	04:41	
386	1449	Gorete Pereira	Viriathvs Runners Viseu	46:50	+14:49	04:41	
387	494	João Gonçalo Afonso da Fonte	grohe	46:53	+14:52	04:41	
388	1122	João Batista	Individual	46:53	+14:52	04:41	
389	18	Sandra da Luz Mendonça Amorim	Academia Desportiva de Arcos de Valdevez	46:54	+14:53	04:41	
390	529	Agnes Djurstedt	Individual	46:54	+14:53	04:41	
391	1893	Henrique Ascenso	Riaga Group	46:55	+14:54	04:41	
392	661	Pedro Gil Ferreira da Costa	Individual	46:57	+14:56	04:42	
393	911	Andre Monte	Individual	47:01	+15:00	04:42	
394	946	Bruno Santos	Individual	47:01	+15:00	04:42	
395	1573	Luís André Santos Matos	Individual	47:01	+15:00	04:42	
396	737	Luana Ferreira	Individual	47:02	+15:01	04:42	
397	235	Adeilson Barboza da Silva	Civilria RunClub	47:04	+15:03	04:42	
398	1585	Martin Lund	Individual	47:04	+15:03	04:42	
399	1778	Arsélio Santos	Molinhas Team	47:05	+15:04	04:42	
400	1116	Jaime Augusto	Individual	47:07	+15:06	04:43	
401	1644	Rui Santos	Individual	47:11	+15:10	04:43	
402	962	CRISTOVAO BRAGA APARICIO	Individual	47:13	+15:12	04:43	
403	411	Miguel Santos	Eu Tu e a Montanha	47:14	+15:13	04:43	
404	1669	carlos branco	Individual	47:14	+15:13	04:43	
405	1319	RENATO BASTOS	Individual	47:16	+15:15	04:44	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
406	1882	Vitor Alves	Reumáticos & Etc	47:16	+15:15	04:44	
407	1539	ELVIS MATIAS	Individual	47:17	+15:16	04:44	
408	37	Hugo Oliveira	ADI - Associação Desportiva de Ílhavo	47:20	+15:19	04:44	
409	359	João Simões	DECATHLON	47:21	+15:20	04:44	
410	949	Carlos Almeida	Individual	47:22	+15:21	04:44	
411	548	Ana Jorge Eugénio	Individual	47:22	+15:21	04:44	
412	1832	Rita Marques	PRIO	47:23	+15:22	04:44	
413	1331	Ricardo Manuel Guerra Pina	Individual	47:23	+15:22	04:44	
414	1208	Lucas Freire	Individual	47:25	+15:24	04:45	
415	923	Artur Rodrigues	Individual	47:25	+15:24	04:45	
416	227	Mariana Matos	Civilria RunClub	47:26	+15:25	04:45	
417	1517	Armindo Bastos	Individual	47:28	+15:27	04:45	
418	1225	Luís Simões	Individual	47:33	+15:32	04:45	
419	355	Pedro Lopes	DCI/Trilhos Luso Bussaco	47:33	+15:32	04:45	
420	1730	Mauricio Alberto Simões	Los compa	47:34	+15:33	04:45	
421	1408	Vasco Pinho	Individual	47:35	+15:34	04:46	
422	288	Diogo Maia	Clube dos Galitos	47:38	+15:37	04:46	
423	1257	Miguel Ferreira Valente	Individual	47:39	+15:38	04:46	
424	350	Paulo Silva	DAR Recardães	47:40	+15:39	04:46	
425	1311	Rafael Gomes	Individual	47:41	+15:40	04:46	
426	1048	Fábio Teixeira	Individual	47:42	+15:41	04:46	
427	1034	Emanuel Ricardo Correia da Silva	Individual	47:42	+15:41	04:46	
428	1423	Ana Nunes	Individual	47:43	+15:42	04:46	
429	1267	Nuno Cardoso	Individual	47:44	+15:43	04:46	
430	1043	Fábio Manuel Martins Laranjeira	Individual	47:46	+15:45	04:47	
431	1373	Santiago Amaral Lopes Maia	Individual	47:47	+15:46	04:47	
432	1139	João Lima	Individual	47:48	+15:47	04:47	
433	1166	João Sousa	Individual	47:50	+15:49	04:47	
434	1682	José Alberto Loureiro Pereira Pinto	Individual	47:53	+15:52	04:47	
435	1577	Luis Pessoa	Individual	47:53	+15:52	04:47	
436	1170	João Vidal	Individual	47:54	+15:53	04:47	
437	1645	Rui Vaz	Individual	47:55	+15:54	04:47	
438	1979	Filipe Leal	TDcredito	47:56	+15:55	04:48	
439	1302	Pedro Palavra	Individual	47:57	+15:56	04:48	
440	374	João Nuno Garcia Teixeira	Diário de Aveiro	47:58	+15:57	04:48	
441	1124	João Campos	Individual	47:59	+15:58	04:48	
442	1066	Francisco Rodrigues	Individual	47:59	+15:58	04:48	
443	1458	Margarida Vidal	Individual	48:00	+15:59	04:48	
444	1119	João Augusto Martins Carvalhas	Individual	48:01	+16:00	04:48	
445	969	Daniel Fernandes	Individual	48:02	+16:01	04:48	
446	244	José Ribau Esteves	Civilria RunClub	48:04	+16:03	04:48	
447	274	Renato Filipe Nunes França	Civilria RunClub	48:04	+16:03	04:48	
448	934	Bernardo Tavares	Individual	48:04	+16:03	04:48	
449	1129	João de Melo Félix de Almeida	Individual	48:05	+16:04	04:48	
450	387	JEFERSON DE OLIVEIRA DUTRA	DUTRA	48:07	+16:06	04:49	
451	826	Jorge Neto	Individual	48:08	+16:07	04:49	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
452	429	DIOGO SANTOS	FO RUNNERS	48:08	+16:07	04:49	
453	2042	ANDRE LUIZ VAZ DINIZ	WE CAN RUN	48:09	+16:08	04:49	
454	1348	Rodrigo Estima Ribeiro	Individual	48:09	+16:08	04:49	
455	1108	Hugo Costa	Individual	48:09	+16:08	04:49	
456	1642	Rui Miguel Costeira Tavares	Individual	48:11	+16:10	04:49	
457	679	Helena Silva	Individual	48:11	+16:10	04:49	
458	134	Andrio Peres	Bloco	48:12	+16:11	04:49	
459	914	Andre Pinho	Individual	48:12	+16:11	04:49	
460	11	Diogo Ministro	#NumdóiJoca	48:13	+16:12	04:49	
461	1667	Carlos Alberto Pinto da Silva	Individual	48:15	+16:14	04:49	
462	510	Dinis F. Oliveira	GRUPO DESPORTIVO ASSEMPARK	48:16	+16:15	04:50	
463	336	Margherita Bandini	Crinali asd	48:16	+16:15	04:50	
464	1977	Elisabete Rodrigues	TDcredito	48:17	+16:16	04:50	
465	76	João Pereira	Bai Bagos	48:20	+16:19	04:50	
466	1114	Hugo Miguel Galhano Baptista	Individual	48:20	+16:19	04:50	
467	1553	Hugo Morgado	Individual	48:20	+16:19	04:50	
468	1285	PEDRO BASTOS	Individual	48:21	+16:20	04:50	
469	523	Jorge Martins	Hut Runners	48:25	+16:24	04:51	
470	959	Cristiano Pereira	Individual	48:26	+16:25	04:51	
471	1006	Diogo Mateus Rodrigues	Individual	48:28	+16:27	04:51	
472	1169	João Tristão	Individual	48:29	+16:28	04:51	
473	1023	Diogo Tavares	Individual	48:30	+16:29	04:51	
474	143	João Marques	Bloco	48:31	+16:30	04:51	
475	1685	Júlio junior	Individual	48:32	+16:31	04:51	
476	970	Daniel Fonseca Marques	Individual	48:32	+16:31	04:51	
477	366	Bruno Godinho de Oliveira	Diário de Aveiro	48:36	+16:35	04:52	
478	1625	Ricardo Jorge Grilo Marques Senos	Individual	48:36	+16:35	04:52	
479	260	Sandrina Pereira	Civilria RunClub	48:37	+16:36	04:52	
480	1607	Pedro Almeida	Individual	48:38	+16:37	04:52	
481	243	José Manuel Rato Margarido	Civilria RunClub	48:40	+16:39	04:52	
482	818	Raissa Rocha	Individual	48:41	+16:40	04:52	
483	1341	Ricardo Saraiva	Individual	48:41	+16:40	04:52	
484	1009	Diogo Moniz	Individual	48:42	+16:41	04:52	
485	1991	Filipe Freire	Tecnovikings	48:42	+16:41	04:52	
486	62	Alexandre Resende	Alex Crew	48:43	+16:42	04:52	
487	1508	Adriano Carreira	Individual	48:44	+16:43	04:52	
488	539	Ana Cláudia Videira	Individual	48:44	+16:43	04:52	
489	459	Luís Filipe Ferreira Filipe	Glicinias Plaza	48:47	+16:46	04:53	
490	1973	Raquel Lopes	TDcredito	48:47	+16:46	04:53	
491	1846	João Pedro Martins Gonçalves	PRIO	48:47	+16:46	04:53	
492	98	Rui Saraiva	Barra Ocean Runners	48:48	+16:47	04:53	
493	2023	CELSO CONCEICAO	Vurros do C*	48:48	+16:47	04:53	
494	420	Afonso Marques	FC ODA	48:48	+16:47	04:53	
495	1610	Pedro Cardoso	Individual	48:49	+16:48	04:53	
496	90	Carolina Tavares	Barra Ocean Runners	48:49	+16:48	04:53	
497	1075	Gonçalo Bourgeois	Individual	48:49	+16:48	04:53	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
498	1252	Miguel Cardoso	Individual	48:49	+16:48	04:53	
499	1277	Paulo Alexandre Santos	Individual	48:52	+16:51	04:53	
500	190	Daniel Silva	Casa do Povo de Avanca	48:52	+16:51	04:53	
501	41	Pedro Costa	ADI - Associação Desportiva de Ílhavo	48:52	+16:51	04:53	
502	1046	Fábio Santos	Individual	48:53	+16:52	04:53	
503	195	Luis Enrique Gonçalves Santiago	CASHM - Clube de Atletismo de Sangalhos	48:54	+16:53	04:53	
504	1521	Bruno dias	Individual	48:57	+16:56	04:54	
505	1701	PEDRO ROCHA	Individual	48:58	+16:57	04:54	
506	1041	Fábio Correia	Individual	48:59	+16:58	04:54	
507	1591	Nuno Fernandes	Individual	49:00	+16:59	04:54	
508	1759	Diogo Rufino	Moliceiro ao pico	49:00	+16:59	04:54	
509	391	Jorge Moreirinhas	Estrela Runners	49:03	+17:02	04:54	
510	1062	Francisco Carinha	Individual	49:04	+17:03	04:54	
511	1900	Tiago Cateto da Silva	Riaga Group	49:05	+17:04	04:54	
512	1059	Filipe Oliveira	Individual	49:08	+17:07	04:55	
513	939	Bruno Ferreira	Individual	49:09	+17:08	04:55	
514	1401	Tom Ladeiras	Individual	49:09	+17:08	04:55	
515	1945	Nuno Morais	Stepbystep	49:10	+17:09	04:55	
516	1093	Guilherme José de Antunes e Sousa	Individual	49:10	+17:10	04:55	
517	686	Inês Cunha	Individual	49:11	+17:10	04:55	
518	1256	Miguel Duarte Rocha Pina	Individual	49:13	+17:12	04:55	
519	1545	Filipe Feijó	Individual	49:13	+17:12	04:55	
520	485	Sandra Vieira	GRECAS	49:15	+17:14	04:56	
521	209	David Magano	CFA Team	49:17	+17:16	04:56	
522	1493	Catarina Teixeira	Individual	49:18	+17:17	04:56	
523	1609	Pedro Branco Dores	Individual	49:22	+17:21	04:56	
524	1238	Marco Morgado	Individual	49:22	+17:21	04:56	
525	1923	Paulo Silva	ROYAL SCHOOL LANGUAGES	49:23	+17:22	04:56	
526	2060	Lucas Urbano	Individual	49:23	+17:22	04:56	
527	1266	Niklas Dahm	Individual	49:23	+17:22	04:56	
528	589	Beatriz Antunes Santos	Individual	49:24	+17:23	04:56	
529	399	Miguel Rosa	Eu Posso Correr Team	49:25	+17:24	04:56	
530	397	Hélder Lopes	Eu Posso Correr Team	49:25	+17:24	04:56	
531	1360	Ruben Silva	Individual	49:26	+17:25	04:57	
532	1541	Fabiano Silva Viana	Individual	49:27	+17:26	04:57	
533	1189	José Frias	Individual	49:27	+17:26	04:57	
534	677	Gissell Andrade	Individual	49:27	+17:26	04:57	
535	1221	Luís Miguel	Individual	49:28	+17:27	04:57	
536	1315	Rafael Neves Santos	Individual	49:28	+17:27	04:57	
537	902	André Birbigão	Individual	49:28	+17:27	04:57	
538	1128	João Costa	Individual	49:32	+17:31	04:57	
539	909	André Gonçalves	Individual	49:32	+17:32	04:57	
540	1194	José Morgado	Individual	49:33	+17:32	04:57	
541	595	Beatriz Matos	Individual	49:35	+17:34	04:58	
542	1176	Jorge Couto	Individual	49:36	+17:35	04:58	
543	1696	Paulo José Rodrigues Fernandes	Individual	49:37	+17:36	04:58	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
544	1769	Rogério Morais	Moliceiro ao pico	49:39	+17:38	04:58	
545	1044	Fábio Marcelino	Individual	49:39	+17:38	04:58	
546	1809	Sérgio Ferraz	Penta Clube da Covilhã	49:40	+17:39	04:58	
547	1026	Edgar Moreto	Individual	49:41	+17:40	04:58	
548	507	João Carlos Pires da Fonte	grohe	49:41	+17:40	04:58	
549	1050	Fábio Vidal	Individual	49:42	+17:41	04:58	
550	161	Inês Machado	BORA TREINAR RUNNING CLUB	49:43	+17:42	04:58	
551	1103	Henrique Ferreira	Individual	49:43	+17:42	04:58	
552	1811	Rui Coutinho	Pernalonga	49:43	+17:42	04:58	
553	1802	Guilherme Freitas	Paulitita	49:44	+17:43	04:58	
554	1127	João Conde	Individual	49:45	+17:44	04:58	
555	895	Alexander Saborano Vieira	Individual	49:46	+17:45	04:59	
556	1056	FERNANDO MESQUITA	Individual	49:46	+17:45	04:59	
557	929	Bernardo Amaral	Individual	49:47	+17:46	04:59	
558	1589	Nuno Amaral	Individual	49:47	+17:46	04:59	
559	1281	Paulo Rosário	Individual	49:49	+17:48	04:59	
560	1905	Mustafa Ertuelbay	RM Runners By Mira a Mexer	49:49	+17:48	04:59	
561	1845	João Pedro Gandarez Caetano	PRIO	49:50	+17:49	04:59	
562	1810	João Oliveira	Pernalonga	49:52	+17:51	04:59	
563	226	Luana Maria do Nascimento de Morais	Civilria RunClub	49:53	+17:52	04:59	
564	2005	Nuno Santos	UNIDOS RUN TEAM / AS OLIVEIRINHAS	49:53	+17:52	04:59	
565	1506	Sónia Silvestre	Individual	49:54	+17:53	04:59	
566	1144	João novo	Individual	49:55	+17:54	05:00	
567	42	Pedro Rodrigues	ADI - Associação Desportiva de Ílhavo	49:58	+17:57	05:00	
568	224	Jacqueline Fernandes	Civilria RunClub	49:58	+17:57	05:00	
569	238	Elder Silva	Civilria RunClub	49:58	+17:57	05:00	
570	540	Ana Cristina Eufrásio Poeta	Individual	49:58	+17:57	05:00	
571	1580	Manuel ventura da Silva Marques	Individual	49:58	+17:57	05:00	
572	68	Armando Cavaleiro	Atronia	49:59	+17:58	05:00	
573	308	Diogo Rafael Dias Macieira	CMD Lacerda	50:00	+17:59	05:00	
574	1768	Rodrigo Filipe Emílio Rocha	Moliceiro ao pico	50:00	+17:59	05:00	
575	1803	Sérgio Freitas	Paulitita	50:00	+17:59	05:00	
576	1515	António José Santos Silva	Individual	50:01	+18:00	05:00	
577	1069	Frederico Marques	Individual	50:03	+18:02	05:00	
578	1626	Ricardo Queirós	Individual	50:03	+18:03	05:00	
579	871	Marisa Isabel Galante de Carvalho	Individual	50:05	+18:04	05:00	
580	1595	Nuno Miguel Trincão Craveiro	Individual	50:06	+18:05	05:01	
581	1953	Fernando Almeida	Tainadas Run Team - Somengil	50:07	+18:06	05:01	
582	381	Antonio Gomes	Draco Runners	50:08	+18:07	05:01	
583	769	Maria Raquel Rodrigues Macedo	Individual	50:08	+18:07	05:01	
584	1187	José Fernando da Costa Cubal	Individual	50:09	+18:08	05:01	
585	579	Andreia Vieira	Individual	50:10	+18:09	05:01	
586	1347	Rodrigo Colhe	Individual	50:11	+18:10	05:01	
587	69	José Carvalho	Atronia	50:11	+18:11	05:01	
588	505	Arminda dos Anjos Fernandes Afonso	grohe	50:15	+18:14	05:02	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
589	947	Bruno Santos	Individual	50:20	+18:19	05:02	
590	941	Bruno Gaspar	Individual	50:20	+18:19	05:02	
591	335	Luís Soares	COSTA NOVA RUN	50:22	+18:21	05:02	
592	1096	Guilherme Oliveira	Individual	50:23	+18:22	05:02	
593	471	Rui Miguel Simões	Glicinias Plaza	50:23	+18:22	05:02	
594	36	António Gonçalves	ADI - Associação Desportiva de Ílhavo	50:24	+18:23	05:02	
595	1481	Sandra Costa	Individual	50:27	+18:26	05:03	
596	145	João Pedro Nunes Machado	Bloco	50:28	+18:27	05:03	
597	1398	TIAGO TEIXEIRA	Individual	50:29	+18:28	05:03	
598	1826	Joana Silvestre Lopes	PRIO	50:29	+18:28	05:03	
599	1309	Rafael Campos	Individual	50:30	+18:29	05:03	
600	331	Rui Santos	COSTA NOVA RUN	50:30	+18:29	05:03	
601	1138	João Lemos	Individual	50:31	+18:30	05:03	
602	1908	Sérgio Domingues	RM Runners By Mira a Mexer	50:32	+18:31	05:03	
603	3	João Pedro Pinto	#é_só_até_ali	50:32	+18:31	05:03	
604	1326	Ricardo Bastos	Individual	50:34	+18:33	05:03	
605	1177	Jorge Lúcio	Individual	50:35	+18:34	05:04	
606	1993	Rui Figueiredo	Tecnovikings	50:36	+18:35	05:04	
607	455	Daniel Maio	Glicinias Plaza	50:37	+18:36	05:04	
608	2013	Igor Do Carmo De Nora	Urban Wolves	50:38	+18:37	05:04	
609	392	Célia Castelão	Eu Posso Correr Team	50:39	+18:38	05:04	
610	48	Valdemar Oliveira	ADI - Associação Desportiva de Ílhavo	50:40	+18:39	05:04	
611	240	Hugo Cunha Soares	Civilria RunClub	50:40	+18:39	05:04	
612	830	Rita Martins	Individual	50:40	+18:39	05:04	
613	1047	Fábio Serrano	Individual	50:41	+18:40	05:04	
614	1898	Juan Perez	Riaga Group	50:41	+18:40	05:04	
615	1913	Ricardo Mingatos	RM Runners By Mira a Mexer	50:42	+18:41	05:04	
616	1781	Ernesto Martins	Mosqueteiros & Companhia	50:43	+18:42	05:04	
617	872	Tânia Ramos	Individual	50:44	+18:43	05:04	
618	346	André Andrade	Cross Company	50:44	+18:43	05:04	
619	1215	Luís Daniel Almeida Oliveira	Individual	50:47	+18:46	05:05	
620	1073	Gil Vicente Curado Silva	Individual	50:47	+18:46	05:05	
621	1540	Eugenio Silva	Individual	50:48	+18:47	05:05	
622	1574	LUÍS Ferreira	Individual	50:49	+18:48	05:05	
623	1554	Hugo Neves	Individual	50:51	+18:50	05:05	
624	1199	Jose Rodrigues	Individual	50:51	+18:50	05:05	
625	1560	João Ferreira	Individual	50:52	+18:51	05:05	
626	1546	Filipe Pinto	Individual	50:52	+18:51	05:05	
627	1912	Miguel Alcaide	RM Runners By Mira a Mexer	50:53	+18:52	05:05	
628	731	Liliana Almeida Santos	Individual	50:53	+18:52	05:05	
629	311	Nelson Gil Monteiro Azevedo	Corredores do Alambique	50:54	+18:53	05:05	
630	932	Bernardo Marçal	Individual	50:59	+18:58	05:06	
631	526	Manuela Melo	Indelague Running Team	51:00	+18:59	05:06	
632	1530	Carlos Santos	Individual	51:00	+18:59	05:06	
633	1145	João Nuno Gomes	Individual	51:02	+19:01	05:06	
634	1867	Teresa Pereira	Reumáticos & Etc	51:04	+19:03	05:06	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
635	1869	Francisco Rodrigues	Reumáticos & Etc	51:04	+19:03	05:06	
636	83	Paulo Morgado	Bai Bagos	51:04	+19:03	05:06	
637	1894	Henrique Lamim	Riaga Group	51:06	+19:05	05:07	
638	760	Maria Gaspar	Individual	51:06	+19:05	05:07	
639	1527	Carlos Martínez Almazán	Individual	51:07	+19:06	05:07	
640	1736	Marcos Roldão	Mestres da Ciática	51:08	+19:07	05:07	
641	1698	Paulo Santos	Individual	51:09	+19:08	05:07	
642	1681	Jorge Vilela	Individual	51:09	+19:08	05:07	
643	1550	Gustavo Vasconcelos	Individual	51:16	+19:15	05:08	
644	173	Joaquim Silva Costa Costa Costa	C.A.O_club atletismo de ovar	51:17	+19:16	05:08	
645	57	Elisabete Silva	AFIS/OVAR	51:17	+19:16	05:08	
646	472	António Manuel Neto Lemos	Glicinias Plaza	51:17	+19:16	05:08	
647	1058	Filipe Gomes	Individual	51:19	+19:18	05:08	
648	1386	Tiago Coelho	Individual	51:19	+19:18	05:08	
649	1902	Filomena Botas	RM Runners By Mira a Mexer	51:21	+19:20	05:08	
650	512	João Dôno	GRUPO DESPORTIVO ASSEMPARK	51:21	+19:20	05:08	
651	388	Beatriz Mota	Equipa maravilla	51:22	+19:21	05:08	
652	1132	João Esteves	Individual	51:22	+19:21	05:08	
653	1389	Tiago Ferreira	Individual	51:23	+19:22	05:08	
654	463	Rafael Maio	Glicinias Plaza	51:23	+19:22	05:08	
655	1509	Alexandre Rios Paulo	Individual	51:25	+19:24	05:08	
656	1961	Ricardo Silva	Tainadas Run Team - Somengil	51:25	+19:24	05:08	
657	842	Sara Gomes	Individual	51:25	+19:24	05:09	
658	1163	João Rocha	Individual	51:26	+19:25	05:09	
659	426	Ricardo Manuel Monteiro da Costa	Flowus	51:27	+19:26	05:09	
660	1382	Simeon Schmitt	Individual	51:27	+19:26	05:09	
661	52	Rafaela Martins	ADSÁTÃO RUNNERS	51:29	+19:28	05:09	
662	719	juliana lopes	Individual	51:30	+19:29	05:09	
663	1037	Fábio Martins	Individual	51:31	+19:30	05:09	
664	1897	Joao Tavares	Riaga Group	51:31	+19:30	05:09	
665	1350	Rodrigo Monteiro	Individual	51:32	+19:31	05:09	
666	771	Mariana Augusto	Individual	51:32	+19:31	05:09	
667	253	Tiago Leitão	Civilria RunClub	51:34	+19:33	05:09	
668	1676	Gonçalo Caetano Alves	Individual	51:36	+19:35	05:10	
669	1578	Luís Sampaio	Individual	51:38	+19:37	05:10	
670	1567	Jorge Santos	Individual	51:42	+19:41	05:10	
671	1629	Ricardo Ventura da Cruz	Individual	51:45	+19:44	05:11	
672	327	Sónia Dinis	COSTA NOVA RUN	51:46	+19:45	05:11	
673	890	ADÉRITO JOÃO OLIVEIRA	Individual	51:47	+19:46	05:11	
674	1720	Pedro Soares dos Santos	Lobitos	51:48	+19:47	05:11	
675	1182	Jorge Sousa	Individual	51:48	+19:47	05:11	
676	1981	Samuel Morais Neves	TDcredito	51:49	+19:48	05:11	
677	1699	Paulo Sergio Pinto Maia	Individual	51:49	+19:48	05:11	
678	1588	Nelo Julião	Individual	51:50	+19:49	05:11	
679	345	Marta Varandas	Cross Company	51:54	+19:53	05:11	
680	2046	João Ricardo Valente	Sousa e Friends	51:54	+19:53	05:11	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
681	903	André Costa	Individual	51:56	+19:55	05:12	
682	1933	Manuela Nunes	Sport Clube Beira-Mar	51:56	+19:55	05:12	
683	1555	Hugo Rodrigues	Individual	51:57	+19:56	05:12	
684	1941	José Resende	Sport Clube Beira-Mar	51:57	+19:56	05:12	
685	893	Afonso Pinheiro Teixeira	Individual	51:58	+19:57	05:12	
686	404	Sónia Belém	Eu Posso Correr Team	51:58	+19:57	05:12	
687	13	José Pedro	100ekipa	52:00	+19:59	05:12	
688	1230	Marcelo Coutinho	Individual	52:00	+19:59	05:12	
689	747	Mafalda Segura	Individual	52:01	+20:00	05:12	
690	1085	Gonçalo Salgueiro	Individual	52:02	+20:01	05:12	
691	1988	Luís Rocha	Team Dartacão	52:02	+20:01	05:12	
692	1989	Serafim Gouveia	Team Dartacão	52:03	+20:02	05:12	
693	12	Marta R	100ekipa	52:03	+20:02	05:12	
694	15	Rodrigo Morgado Gaspar	138	52:04	+20:03	05:12	
695	1735	José Silvares	Mestres da Ciática	52:05	+20:04	05:13	
696	1232	Marcelo Silva	Individual	52:06	+20:05	05:13	
697	926	Benjamin Gras	Individual	52:06	+20:05	05:13	
698	1336	Ricardo Rocha	Individual	52:08	+20:07	05:13	
699	1210	Lucas Rocha	Individual	52:10	+20:09	05:13	
700	201	Marco Silva	CENAP	52:10	+20:09	05:13	
701	458	João Tinoco Maia	Glicinias Plaza	52:10	+20:09	05:13	
702	996	Diogo Campanudo	Individual	52:11	+20:10	05:13	
703	440	David CARTIER	Frenchsixseven	52:12	+20:11	05:13	
704	986	David Nunes Aires Duarte	Individual	52:13	+20:12	05:13	
705	1090	Guilherme Cajeira	Individual	52:15	+20:14	05:14	
706	276	Rui Diogo	Civilria RunClub	52:15	+20:14	05:14	
707	1921	André Antunes	ROYAL SCHOOL LANGUAGES	52:17	+20:16	05:14	
708	904	André Costa	Individual	52:18	+20:17	05:14	
709	1344	Ricardo Sousa	Individual	52:21	+20:20	05:14	
710	270	Paulo Daniel Rola	Civilria RunClub	52:21	+20:20	05:14	
711	2069	João Coelho	Individual	52:21	+20:20	05:14	
712	265	Francisco Caldas	Civilria RunClub	52:22	+20:21	05:14	
713	1683	José Luís Alves	Individual	52:25	+20:24	05:14	
714	910	André Marques Boia	Individual	52:25	+20:24	05:14	
715	1604	Paulo Nina	Individual	52:25	+20:24	05:15	
716	1603	Paulo Julião	Individual	52:26	+20:25	05:15	
717	1289	Pedro Cruz	Individual	52:26	+20:25	05:15	
718	80	Rafael Morgado	Bai Bagos	52:26	+20:25	05:15	
719	262	Amândio Reima Cruz	Civilria RunClub	52:30	+20:29	05:15	
720	1239	Marco Pereira	Individual	52:30	+20:29	05:15	
721	933	Bernardo Pereira	Individual	52:33	+20:32	05:15	
722	1181	Jorge Pinto	Individual	52:33	+20:32	05:15	
723	310	Diogo Miguel Silva Miranda	Corredores do Alambique	52:34	+20:33	05:15	
724	1414	Vítor Silva	Individual	52:34	+20:33	05:15	
725	1378	Sérgio Rosa Tavares	Individual	52:35	+20:34	05:15	
726	794	Matilde Almeida	Individual	52:35	+20:34	05:15	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
727	1733	Filipa Moreira	Mestres da Ciática	52:36	+20:35	05:16	
728	172	Francisco Igreja	BORA TREINAR RUNNING CLUB	52:36	+20:35	05:16	
729	874	Telma Francisco	Individual	52:36	+20:35	05:16	
730	1030	Eduardo Santos	Individual	52:37	+20:36	05:16	
731	142	João Francisco Silva	Bloco	52:37	+20:36	05:16	
732	88	Ana Rei	Barra Ocean Runners	52:37	+20:36	05:16	
733	434	LUIS MOURO	FO RUNNERS	52:38	+20:37	05:16	
734	1200	José Santos	Individual	52:39	+20:38	05:16	
735	430	GONÇALO DIAS	FO RUNNERS	52:39	+20:38	05:16	
736	1519	Bruno Costa	Individual	52:39	+20:38	05:16	
737	997	Diogo Capão	Individual	52:40	+20:39	05:16	
738	446	Liliana Ferreira	Gab.Fisio Cleide Martins	52:41	+20:40	05:16	
739	950	Carlos Andrade e Sousa	Individual	52:41	+20:40	05:16	
740	1880	Ricardo Neves	Reumáticos & Etc	52:41	+20:40	05:16	
741	267	Miguel Valls	Civilria RunClub	52:42	+20:41	05:16	
742	71	Beatriz Marques	Bai Bagos	52:43	+20:42	05:16	
743	148	José Pontes	Bloco	52:43	+20:42	05:16	
744	951	Carlos Caetano	Individual	52:44	+20:43	05:16	
745	93	Silvana Oliveira	Barra Ocean Runners	52:45	+20:44	05:17	
746	1316	Rafael Santos	Individual	52:48	+20:47	05:17	
747	1813	Teresa Henriques	Princesa da Raia	52:48	+20:47	05:17	
748	1049	Fábio Vaz	Individual	52:48	+20:47	05:17	
749	251	Rui Simoes	Civilria RunClub	52:48	+20:47	05:17	
750	1321	Renato Gama	Individual	52:50	+20:49	05:17	
751	1920	Henrique Manuel Mendes Gomes Ribeiro de Almeida	ROYAL SCHOOL LANGUAGES	52:52	+20:51	05:17	
752	1891	Caio Biancardi	Riaga Group	52:54	+20:53	05:17	
753	466	Jimmy Daniel de Oliveira da Silva	Glicinias Plaza	52:54	+20:53	05:17	
754	966	Daniel Branco	Individual	52:56	+20:55	05:18	
755	1111	Hugo Lopes	Individual	52:56	+20:55	05:18	
756	655	Dulce Cunha	Individual	52:56	+20:55	05:18	
757	1052	Felisberto Filipe Ferreira Rocha	Individual	52:57	+20:56	05:18	
758	1038	Fábio Almeida	Individual	52:58	+20:57	05:18	
759	1272	Nuno Oliveira	Individual	52:58	+20:57	05:18	
760	573	andreia duarte	Individual	52:59	+20:58	05:18	
761	519	Helena Silva	HavO Run Club	53:00	+20:59	05:18	
762	1624	Ricardo Fonseca	Individual	53:00	+20:59	05:18	
763	633	Cláudia Daniela Sousa Florindo	Individual	53:01	+21:00	05:18	
764	325	Juvenal Carvalho	COSTA NOVA RUN	53:02	+21:01	05:18	
765	339	Océana Simões	Cross Company	53:02	+21:01	05:18	
766	918	Antonio Manuel Pais Assunção	Individual	53:02	+21:01	05:18	
767	1171	Joaquim Gomes	Individual	53:02	+21:01	05:18	
768	1917	Bruno Herculano	ROAD TO BH	53:05	+21:04	05:18	
769	568	Ana Vieira	Individual	53:05	+21:04	05:18	
770	1357	Rúben Gomes	Individual	53:07	+21:06	05:19	
771	1442	Delfina Rodrigues	Individual	53:08	+21:07	05:19	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
772	7	Miguel Nunes	#é_só_até_ali	53:09	+21:08	05:19	
773	1137	João Henriques	Individual	53:09	+21:08	05:19	
774	1307	Rafael Abrantes	Individual	53:10	+21:09	05:19	
775	1899	Tiago Capela	Riaga Group	53:10	+21:10	05:19	
776	570	Andreia Afonso	Individual	53:11	+21:10	05:19	
777	141	JESUS GRATEROL	Bloco	53:14	+21:13	05:19	
778	2	Inês Castelhano	#é_só_até_ali	53:14	+21:13	05:19	
779	6	Gustavo Barros	#é_só_até_ali	53:14	+21:13	05:19	
780	1422	Ana Carina Silva	Individual	53:15	+21:14	05:19	
781	1956	Joel Eurresta	Tainadas Run Team - Somengil	53:17	+21:16	05:20	
782	17	José Carlos Mortágua Tavares	A Fuga aos Sedentários	53:17	+21:17	05:20	
783	1269	Nuno Fernandes	Individual	53:19	+21:18	05:20	
784	702	Jessica Silva	Individual	53:20	+21:19	05:20	
785	1543	Fernando Manuel Ribeiro de Sousa	Individual	53:21	+21:20	05:20	
786	1121	João Bastos	Individual	53:21	+21:20	05:20	
787	578	Andreia Silva	Individual	53:22	+21:21	05:20	
788	16	João Francisco Melo Tendeiro Loureiro	A Fuga aos Sedentários	53:22	+21:21	05:20	
789	1262	Miguel Vieira	Individual	53:22	+21:21	05:20	
790	2004	João Pacheco	UNIDOS RUN TEAM / AS OLIVEIRINHAS	53:24	+21:23	05:20	
791	343	Tiago Guerra	Cross Company	53:24	+21:23	05:20	
792	1964	Marco Martins	Tainadas Run Team - Somengil	53:25	+21:24	05:20	
793	1840	Carlos Domingues	PRIO	53:25	+21:24	05:20	
794	942	Bruno Gonçalves	Individual	53:25	+21:24	05:20	
795	609	Carina Santos	Individual	53:26	+21:25	05:21	
796	1391	Tiago Henriques	Individual	53:26	+21:25	05:21	
797	146	João Santos	Bloco	53:27	+21:26	05:21	
798	155	Tiago Santos	Bloco	53:27	+21:26	05:21	
799	167	Ricardo Longo	BORA TREINAR RUNNING CLUB	53:29	+21:28	05:21	
800	925	Benjamim Ferreira	Individual	53:31	+21:30	05:21	
801	1072	Gabriel Romero	Individual	53:31	+21:30	05:21	
802	58	Maria Rita da Silva Fernandes	AGGVouzela	53:32	+21:31	05:21	
803	1674	Fernando Lopes	Individual	53:33	+21:32	05:21	
804	10	Armando Felgueiras	#NumdóiJoca	53:34	+21:33	05:21	
805	1298	Pedro Marques Matias	Individual	53:34	+21:34	05:21	
806	1060	Filipe Ribeiro	Individual	53:36	+21:35	05:22	
807	1217	Luís Henrique Santos Torres	Individual	53:36	+21:35	05:22	
808	1017	Diogo Rodrigues	Individual	53:37	+21:36	05:22	
809	1864	Miguel Flores	Rei & Príncipes	53:37	+21:36	05:22	
810	1161	João Ribeiro	Individual	53:38	+21:37	05:22	
811	28	Fátima Ribeiro	ACTIB	53:43	+21:42	05:22	
812	692	Inês Martins	Individual	53:45	+21:44	05:23	
813	46	Pedro Marques	ADI - Associação Desportiva de Ílhavo	53:47	+21:46	05:23	
814	828	Rita Maria	Individual	53:47	+21:46	05:23	
815	259	Rosabell Dos Santos	Civilria RunClub	53:47	+21:46	05:23	
816	611	Carla Bastos	Individual	53:49	+21:48	05:23	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
817	1036	Erik Wichmann	Individual	53:50	+21:49	05:23	
818	1672	Fernando Alberto Lacerda	Individual	53:50	+21:49	05:23	
819	740	Lucília Alves	Individual	53:52	+21:51	05:23	
820	1579	Manuel Melo	Individual	53:52	+21:51	05:23	
821	1652	Tiago Joao de Freitas Cruz	Individual	53:53	+21:52	05:23	
822	704	Joana Antunes	Individual	53:55	+21:54	05:23	
823	1024	Diogo Videira Neto	Individual	53:55	+21:54	05:24	
824	834	Rita Soares	Individual	53:55	+21:54	05:24	
825	99	Tiago Mónica	Barra Ocean Runners	53:55	+21:54	05:24	
826	166	Ricardo Gomes	BORA TREINAR RUNNING CLUB	53:55	+21:54	05:24	
827	1061	Flavio Sousa	Individual	53:56	+21:55	05:24	
828	1971	João Campolargo	Tainadas Run Team - Somengil	53:57	+21:56	05:24	
829	1167	João Tavares	Individual	53:58	+21:57	05:24	
830	1628	Ricardo Veiga	Individual	53:58	+21:57	05:24	
831	1677	Jaime Júnior	Individual	54:00	+21:59	05:24	
832	1949	Bruno Santos	Swimming runners	54:00	+21:59	05:24	
833	1859	Filipa Santos	Refúgio Estúdio	54:03	+22:02	05:24	
834	14	Afonso Marques Freire	138	54:04	+22:03	05:24	
835	892	Afonso Pereira	Individual	54:05	+22:04	05:24	
836	1371	Rui Vieira	Individual	54:07	+22:06	05:25	
837	784	Marisa Raquel Rosete Almeida	Individual	54:10	+22:09	05:25	
838	649	Diana Santos	Individual	54:10	+22:09	05:25	
839	1538	Edmundo Gonçalves Lopes	Individual	54:12	+22:11	05:25	
840	368	Rafael Simão da Silva Nunes	Diário de Aveiro	54:12	+22:11	05:25	
841	559	Ana Rita Batista	Individual	54:12	+22:11	05:25	
842	878	Tiziana Scarna	Individual	54:13	+22:12	05:25	
843	1835	Soraia Catarina Soares Basílio	PRIO	54:13	+22:12	05:25	
844	714	Joana Silva Marques	Individual	54:15	+22:14	05:25	
845	1004	Diogo Gonçalves	Individual	54:15	+22:14	05:26	
846	1666	Carlos Alberto Ferreira	Individual	54:16	+22:15	05:26	
847	344	catarina sofia sousa neves	Cross Company	54:17	+22:16	05:26	
848	102	Maria João Tavres	Barra Ocean Runners	54:18	+22:17	05:26	
849	1494	Claudia Cristina Marques Almeida	Individual	54:19	+22:18	05:26	
850	1366	Rui Neves	Individual	54:21	+22:20	05:26	
851	1203	Julien Joly	Individual	54:22	+22:21	05:26	
852	1190	José Guilherme Antunes Silva	Individual	54:22	+22:21	05:26	
853	1523	Bruno Santos	Individual	54:23	+22:22	05:26	
854	489	Mariana Carramão	grohe	54:24	+22:23	05:26	
855	389	Diogo Mateus	Equipa maravilla	54:24	+22:23	05:26	
856	723	Laura Maio	Individual	54:25	+22:24	05:26	
857	1960	Miguel Santos	Tainadas Run Team - Somengil	54:26	+22:25	05:27	
858	1967	Rosa Tavares	Tainadas Run Team - Somengil	54:26	+22:25	05:27	
859	354	Clara Santos	DCI/Trilhos Luso Bussaco	54:29	+22:28	05:27	
860	567	Ana Valente	Individual	54:30	+22:29	05:27	
861	1819	Catarina Vieira Dias	PRIO	54:32	+22:31	05:27	
862	1329	Ricardo José dos Santos Pires	Individual	54:33	+22:32	05:27	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
863	604	Bruna Santos	Individual	54:35	+22:34	05:27	
864	1757	Diogo Filipe Oliveira Andrade	Moliceiro ao pico	54:36	+22:35	05:28	
865	1879	João Laranjeiro	Reumáticos & Etc	54:37	+22:36	05:28	
866	1874	Virginia Oliveira	Reumáticos & Etc	54:37	+22:36	05:28	
867	1343	Ricardo Soares	Individual	54:38	+22:37	05:28	
868	1962	Rui Machadi	Tainadas Run Team - Somengil	54:39	+22:38	05:28	
869	1822	Filipa Vieira Soares	PRIO	54:39	+22:38	05:28	
870	1115	Hugo Simões	Individual	54:40	+22:39	05:28	
871	789	Marta Diogo	Individual	54:40	+22:39	05:28	
872	1697	Paulo Lima	Individual	54:41	+22:40	05:28	
873	1430	Angelica Teixeira	Individual	54:41	+22:40	05:28	
874	1112	Hugo Marques	Individual	54:42	+22:41	05:28	
875	1065	Francisco Matos	Individual	54:42	+22:41	05:28	
876	1544	Fernando Matos	Individual	54:43	+22:42	05:28	
877	518	Rui Jesus	HavO Run Club	54:43	+22:42	05:28	
878	1653	Toze jesus	Individual	54:44	+22:43	05:28	
879	1606	Paulo Tavares	Individual	54:46	+22:45	05:29	
880	599	Bebiana Marques	Individual	54:48	+22:47	05:29	
881	1693	Octavio Sergio Rodrigues Linhares	Individual	54:48	+22:47	05:29	
882	449	Helder Mendes	GD Outeiros	54:49	+22:48	05:29	
883	183	Luísa Silva	CAOB - Oliveira do Bairro	54:52	+22:51	05:29	
884	1952	Lénia Rocha de Oliveira	Tainadas Run Team - Somengil	54:52	+22:51	05:29	
885	182	Renato Duarte	CAOB - Oliveira do Bairro	54:53	+22:52	05:29	
886	514	Paulo Antunes	GRUPO DESPORTIVO ASSEMPARK	54:54	+22:53	05:29	
887	75	Bernardo Leandro	Bai Bagos	54:54	+22:53	05:29	
888	824	Rita Cipriano	Individual	54:55	+22:54	05:29	
889	2066	Dário Macário	Individual	54:56	+22:55	05:30	
890	525	Liliana Ordaz	Indelague Running Team	54:56	+22:55	05:30	
891	829	Rita Marieiro	Individual	54:58	+22:57	05:30	
892	1079	Gonçalo Ferreira Fernandes	Individual	54:58	+22:57	05:30	
893	1537	Maria João Almeida	Individual	55:00	+22:59	05:30	
894	273	Pedro Lima	Civilria RunClub	55:00	+22:59	05:30	
895	739	Lúcia Miguel	Individual	55:01	+23:00	05:30	
896	618	Carolina Rocha	Individual	55:01	+23:00	05:30	
897	1801	David Jesus	Pascoalitos	55:01	+23:00	05:30	
898	638	Cristiana Simões Ferreira Lemos	Individual	55:03	+23:02	05:30	
899	1328	Ricardo Ferreira	Individual	55:03	+23:02	05:30	
900	264	Carlos da Silva Lourenço	Civilria RunClub	55:03	+23:02	05:30	
901	639	Cristina Soares	Individual	55:05	+23:04	05:31	
902	1916	Tatiana Costa	ROAD TO BH	55:07	+23:06	05:31	
903	1029	Eduardo Pereira	Individual	55:07	+23:06	05:31	
904	1364	Rui Gonçalves	Individual	55:08	+23:07	05:31	
905	759	Maria Emília Nunes Carneiro	Individual	55:08	+23:07	05:31	
906	1018	Diogo Santos	Individual	55:09	+23:08	05:31	
907	1940	José Matos	Sport Clube Beira-Mar	55:10	+23:09	05:31	
908	1003	Diogo Gaspar	Individual	55:10	+23:09	05:31	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
909	1716	SÓNIA SIMÕES	Lobitos	55:11	+23:10	05:31	
910	1191	José Manuel Marques Baptista	Individual	55:11	+23:10	05:31	
911	1745	Sónia Patrícia Dias Azevedo	Moliceiro ao pico	55:11	+23:10	05:31	
912	1719	Micael Santos	Lobitos	55:11	+23:10	05:31	
913	283	Marilyn Lourenço	CLTT - Clínica Litoralis Trail Team	55:16	+23:15	05:32	
914	1141	João Miguel	Individual	55:20	+23:19	05:32	
915	1168	João Tavares	Individual	55:20	+23:19	05:32	
916	2055	Nuno Clemente	Individual	55:21	+23:20	05:32	
917	340	Stephanie Simoes	Cross Company	55:21	+23:20	05:32	
918	1742	Beatriz da Mota Veiga Fernandes	Moliceiro ao pico	55:22	+23:21	05:32	
919	628	Cátia Coelho	Individual	55:23	+23:22	05:32	
920	1471	Paula Almeida Cruz	Individual	55:26	+23:25	05:33	
921	1957	Joni Regalado	Tainadas Run Team - Somengil	55:26	+23:25	05:33	
922	475	Bruno Tavares	Goodfellaa	55:27	+23:26	05:33	
923	306	Sabine Pereira Brito	CMD Lacerda	55:27	+23:26	05:33	
924	132	Afonso Marques	Bloco	55:29	+23:28	05:33	
925	1205	Leandro Pinto	Individual	55:33	+23:32	05:33	
926	1892	Daniel Medina	Riaga Group	55:33	+23:32	05:33	
927	1312	Rafael Marques	Individual	55:33	+23:32	05:33	
928	1071	Gabriel Pires	Individual	55:34	+23:33	05:33	
929	522	Rodrigo Monteiro	Hut Runners	55:35	+23:34	05:34	
930	1383	Thiago Silva	Individual	55:36	+23:35	05:34	
931	1782	Ana Marques	Nas Ideias Club	55:37	+23:36	05:34	
932	1063	Francisco Dominguez Jiménez	Individual	55:38	+23:37	05:34	
933	783	Marie Averbeck	Individual	55:38	+23:37	05:34	
934	1711	António Vitor de Almeida Tavares	Lacticoop	55:39	+23:38	05:34	
935	1473	Paula Rocha	Individual	55:43	+23:42	05:34	
936	332	Maryna Skliar	COSTA NOVA RUN	55:43	+23:42	05:34	
937	334	João Rodrigues	COSTA NOVA RUN	55:43	+23:42	05:34	
938	1858	Nuno Pina	Projeto Poente	55:43	+23:42	05:34	
939	1295	PEDRO LUIZ DE JESUS MOREIRA	Individual	55:44	+23:43	05:34	
940	193	Alexandra Mortágua	Casa do Povo de Avanca	55:45	+23:44	05:34	
941	808	Patricia Amaral Santos	Individual	55:46	+23:45	05:35	
942	2036	Marcelo Cataldo	WE CAN RUN	55:48	+23:47	05:35	
943	1808	Patrícia Marcelo	Penta Clube da Covilhã	55:50	+23:49	05:35	
944	1534	Celso Maia	Individual	55:54	+23:53	05:35	
945	725	Lavinia santos	Individual	55:54	+23:53	05:35	
946	1374	Saul Campanario	Individual	55:57	+23:56	05:36	
947	922	António Rodolfo Pereira	Individual	55:58	+23:57	05:36	
948	600	Betina Beirão	Individual	55:58	+23:57	05:36	
949	233	Tatiana Oliveira	Civilria RunClub	55:58	+23:57	05:36	
950	1213	Luís Carlos Jesus Cruz	Individual	56:00	+23:59	05:36	
951	711	Joana Rodrigues	Individual	56:00	+23:59	05:36	
952	394	Silvia Oliveira	Eu Posso Correr Team	56:02	+24:01	05:36	
953	1314	Rafael Moreira Martinho	Individual	56:08	+24:07	05:37	
954	1689	Martyn Pillinger	Individual	56:11	+24:10	05:37	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
955	1814	Filipe Henriques Ferreira da Rocha	Princesa da Raia	56:12	+24:11	05:37	
956	1611	Pedro Cavaco Matos	Individual	56:12	+24:11	05:37	
957	555	Ana Miranda	Individual	56:12	+24:11	05:37	
958	342	Ricardo Gabriel Duarte Marques	Cross Company	56:13	+24:12	05:37	
959	696	Inês Sousa	Individual	56:13	+24:12	05:37	
960	229	NATACHA ALVAREZ	Civilria RunClub	56:14	+24:13	05:37	
961	1087	Gonçalo Teixeira	Individual	56:14	+24:13	05:37	
962	337	Ana Marques	Cross Company	56:15	+24:14	05:37	
963	1529	Carlos Pires	Individual	56:16	+24:15	05:38	
964	2028	Rui Barros	VVTR Valongo Vouga Trail Running	56:16	+24:15	05:38	
965	127	Mariana Brites Augusto	Bloco	56:17	+24:16	05:38	
966	1249	Maxim Mironov	Individual	56:18	+24:17	05:38	
967	460	Manuel Aguiar Campos Cardoso da Silva	Glicinias Plaza	56:18	+24:17	05:38	
968	403	Isabel Luís	Eu Posso Correr Team	56:19	+24:18	05:38	
969	1658	António Abrantes	Individual	56:19	+24:18	05:38	
970	1019	Diogo Silva	Individual	56:19	+24:18	05:38	
971	721	Kristine Plikse	Individual	56:19	+24:18	05:38	
972	326	Sara Cordeiro	COSTA NOVA RUN	56:21	+24:20	05:38	
973	1464	Marina Leitão	Individual	56:21	+24:20	05:38	
974	1691	Nuno FOntes	Individual	56:21	+24:20	05:38	
975	1077	Gonçalo Estima	Individual	56:22	+24:21	05:38	
976	415	Inês Pinto	Falcon 21	56:22	+24:21	05:38	
977	674	Gilda Aires	Individual	56:23	+24:22	05:38	
978	2040	Dário Ferreira	WE CAN RUN	56:23	+24:22	05:38	
979	993	Diogo Barroso	Individual	56:24	+24:23	05:38	
980	1078	Gonçalo Ferreira da Silva Crasto	Individual	56:25	+24:24	05:38	
981	1002	Diogo Ferreira Miguel	Individual	56:25	+24:24	05:38	
982	1337	Ricardo Rocha	Individual	56:27	+24:26	05:39	
983	520	José Silva	HavO Run Club	56:27	+24:26	05:39	
984	1354	Romain Sousa	Individual	56:27	+24:26	05:39	
985	1542	Fernando Manuel Quental de Oliveira	Individual	56:28	+24:27	05:39	
986	452	Liliana Filipa Roldão dos Santos	Glicinias Plaza	56:29	+24:28	05:39	
987	53	Emanuel Pereira	ADSÁTÃO RUNNERS	56:29	+24:28	05:39	
988	712	Joana Saavedra	Individual	56:30	+24:29	05:39	
989	1558	João Costa	Individual	56:31	+24:30	05:39	
990	1125	João Cardoso	Individual	56:33	+24:32	05:39	
991	1694	Otemberg Silva	Individual	56:34	+24:33	05:39	
992	2015	Rui Ladeiro	Urban Wolves	56:34	+24:33	05:39	
993	984	David Magalhães	Individual	56:35	+24:34	05:39	
994	2012	Bernardo Sousa	Urban Wolves	56:35	+24:34	05:39	
995	1670	Daniel Fernandes	Individual	56:36	+24:35	05:40	
996	1007	Diogo Melo Correia	Individual	56:38	+24:37	05:40	
997	1243	Mário Fragoso	Individual	56:42	+24:41	05:40	
998	1598	Paulo Costa	Individual	56:43	+24:42	05:40	
999	775	Mariana Martins Oliveira	Individual	56:44	+24:43	05:40	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1000	813	Paula Ferreira	Individual	56:44	+24:43	05:40	
1001	1497	Judite Dias	Individual	56:44	+24:43	05:40	
1002	726	Lena Mokina	Individual	56:45	+24:44	05:40	
1003	1310	Rafael Dias Fernandes	Individual	56:45	+24:44	05:40	
1004	1227	Manuel Almeida	Individual	56:45	+24:44	05:41	
1005	1641	Rui Martins	Individual	56:45	+24:44	05:41	
1006	547	Ana Isabel Bernardes Romeiro	Individual	56:45	+24:44	05:41	
1007	981	David Fontes	Individual	56:46	+24:45	05:41	
1008	1453	Joana caçador	Individual	56:46	+24:45	05:41	
1009	1584	Marcos Dias de Paula	Individual	56:46	+24:45	05:41	
1010	1946	Sandrina Marques	Swimming runners	56:47	+24:46	05:41	
1011	1572	Julio Tome	Individual	56:47	+24:46	05:41	
1012	1630	Richard sousa	Individual	56:48	+24:47	05:41	
1013	2044	Inês Silva	Individual	56:48	+24:47	05:41	
1014	1324	René Sampaio	Individual	56:49	+24:48	05:41	
1015	1175	Jorge Branco	Individual	56:54	+24:53	05:41	
1016	1842	Diogo Soares Alves	PRIO	56:57	+24:57	05:42	
1017	867	Susana Pechim	Individual	56:58	+24:57	05:42	
1018	219	Claudia Rodrigues de Pinho	Civilria RunClub	56:58	+24:57	05:42	
1019	920	António Pereira	Individual	56:58	+24:57	05:42	
1020	1250	Miguel Branco	Individual	57:00	+24:59	05:42	
1021	877	Teresa José Almeida e Cunha	Individual	57:01	+25:00	05:42	
1022	688	Inês Huet Casa Nova	Individual	57:01	+25:00	05:42	
1023	1184	José Aniceto	Individual	57:02	+25:01	05:42	
1024	258	Gabi Jesus Ferreira	Civilria RunClub	57:04	+25:03	05:42	
1025	296	Mário Pires	Clube dos Galitos	57:04	+25:03	05:42	
1026	563	Ana Sofia montez	Individual	57:04	+25:03	05:42	
1027	647	Diana Regalado	Individual	57:05	+25:04	05:42	
1028	1094	Guilherme Martins	Individual	57:05	+25:04	05:43	
1029	216	Ana Nunes	Civilria RunClub	57:06	+25:05	05:43	
1030	1687	Manuel Costa Mateus	Individual	57:07	+25:06	05:43	
1031	1226	Maksym Semenchuk	Individual	57:09	+25:08	05:43	
1032	1157	João Pedro Teixeira de Almeida Nunes Salgueiro	Individual	57:10	+25:09	05:43	
1033	1565	Joao Roldao	Individual	57:10	+25:09	05:43	
1034	1008	Diogo Miguel Martins Rodrigues	Individual	57:11	+25:10	05:43	
1035	1673	Fernando José Carvalheiro Romeiro	Individual	57:11	+25:11	05:43	
1036	765	Maria Miguel mendes Martins	Individual	57:15	+25:14	05:43	
1037	60	José Júlio Monteiro Fernandes	Alex Crew	57:15	+25:14	05:43	
1038	128	Matilde Mota	Bloco	57:16	+25:15	05:44	
1039	1237	Marco Matias	Individual	57:16	+25:15	05:44	
1040	530	Alessandra Diaz	Individual	57:16	+25:15	05:44	
1041	1032	Emanuel Elísio Feio Mendes	Individual	57:18	+25:17	05:44	
1042	1491	Susana Vieira	Individual	57:21	+25:20	05:44	
1043	560	Ana Rita Pereira Duarte	Individual	57:23	+25:22	05:44	
1044	1639	Rui Herculano Cardoso	Individual	57:24	+25:23	05:44	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1045	1549	Gonçalo Ribeiro	Individual	57:24	+25:23	05:44	
1046	44	Tude Melo	ADI - Associação Desportiva de Ílhavo	57:26	+25:25	05:45	
1047	982	David Gonçalves	Individual	57:26	+25:25	05:45	
1048	1211	Luis Bonifácio	Individual	57:27	+25:26	05:45	
1049	1818	Catarina Salvador Gonçalves	PRIO	57:27	+25:26	05:45	
1050	405	Isabel Vieira	Eu Posso Correr Team	57:27	+25:27	05:45	
1051	1547	Francisco Fernandes	Individual	57:28	+25:27	05:45	
1052	889	Vera Maia	Individual	57:28	+25:27	05:45	
1053	442	Silvio GIORDANENGO	Frenchsixseven	57:32	+25:31	05:45	
1054	1403	Tomás Tavares	Individual	57:32	+25:31	05:45	
1055	1419	AIDA QUEIRÓS	Individual	57:33	+25:32	05:45	
1056	2026	João Almeida	VVTR Valongo Vouga Trail Running	57:34	+25:33	05:45	
1057	1241	Mário Beleza	Individual	57:34	+25:33	05:45	
1058	576	Andreia Novo	Individual	57:34	+25:33	05:45	
1059	797	Mélany Martins	Individual	57:37	+25:36	05:46	
1060	443	Ulysse MAUPU-ESTUPINA	Frenchsixseven	57:38	+25:37	05:46	
1061	720	Juliana Silva	Individual	57:38	+25:37	05:46	
1062	1076	Gonçalo Duarte	Individual	57:40	+25:39	05:46	
1063	985	David Mendes	Individual	57:44	+25:43	05:46	
1064	1563	João Paulo Mendes Rodrigues	Individual	57:44	+25:43	05:46	
1065	1330	Ricardo Lemos	Individual	57:45	+25:44	05:47	
1066	214	Anabela Leite	CFA Team	57:50	+25:49	05:47	
1067	245	Luis Simoes	Civilria RunClub	57:50	+25:49	05:47	
1068	1505	Paulina Conde Teixeira	Individual	57:51	+25:50	05:47	
1069	1678	João Maltez Capelôa	Individual	57:51	+25:50	05:47	
1070	938	Bruno Costa	Individual	57:56	+25:55	05:48	
1071	1671	Fábio Aparecido Nunes Lopes	Individual	57:59	+25:58	05:48	
1072	1146	João Oliveira	Individual	57:59	+25:58	05:48	
1073	280	Luís Patrício	Civilria RunClub	58:00	+25:59	05:48	
1074	1303	Pedro Sancho Soares Costa	Individual	58:00	+25:59	05:48	
1075	186	Carolina Ferreira	Casa Benfica Bairrada	58:01	+26:00	05:48	
1076	187	João Ferreira	Casa Benfica Bairrada	58:01	+26:00	05:48	
1077	323	Inês Baptista	COSTA NOVA RUN	58:02	+26:01	05:48	
1078	376	Horácio Barros de Oliveira	Diário de Aveiro	58:02	+26:01	05:48	
1079	152	Ricardo Dias	Bloco	58:02	+26:01	05:48	
1080	1333	Ricardo Neves	Individual	58:03	+26:02	05:48	
1081	135	Bruno Enrico Eid Alcântara	Bloco	58:03	+26:02	05:48	
1082	1306	Peter Star	Individual	58:03	+26:02	05:48	
1083	124	Leonor Fonte	Bloco	58:03	+26:02	05:48	
1084	620	Catarina Albuquerque Ferreira	Individual	58:03	+26:02	05:48	
1085	277	ANTONIO MANUEL FERNANDES MARQUES	Civilria RunClub	58:05	+26:04	05:49	
1086	1663	Armando Sousa	Individual	58:05	+26:04	05:49	
1087	1102	Gustavo Costa Alves Silva	Individual	58:07	+26:06	05:49	
1088	602	Bruna Batista Velha	Individual	58:11	+26:10	05:49	
1089	832	Rita Pires	Individual	58:12	+26:11	05:49	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1090	781	Mariana Soares	Individual	58:13	+26:12	05:49	
1091	118	Carlos Neto	Bella ria	58:13	+26:12	05:49	
1092	2073	Sofia Silva	Individual	58:13	+26:12	05:49	
1093	1255	Miguel Coelho	Individual	58:13	+26:12	05:49	
1094	470	Ruben Oliveira	Glicinias Plaza	58:14	+26:13	05:49	
1095	451	Beatriz Simões Fernandes	Glicinias Plaza	58:14	+26:13	05:49	
1096	1140	João Lucas	Individual	58:15	+26:14	05:49	
1097	421	Vasco Marques	FC ODA	58:15	+26:14	05:49	
1098	1836	Vera Catarina Friaes Andres	PRIO	58:15	+26:14	05:50	
1099	1443	Elisabete Cruz	Individual	58:15	+26:14	05:50	
1100	34	Marta Oliveira	ADI - Associação Desportiva de Ílhavo	58:17	+26:16	05:50	
1101	1686	Luis Pina	Individual	58:19	+26:18	05:50	
1102	1516	António Martins	Individual	58:19	+26:18	05:50	
1103	414	Cátia Rodrigues	Falcon 21	58:21	+26:20	05:50	
1104	330	Miguel Oliveira	COSTA NOVA RUN	58:22	+26:21	05:50	
1105	1884	Williams Simões	Reumáticos & Etc	58:22	+26:21	05:50	
1106	659	Érica Diamantino	Individual	58:22	+26:21	05:50	
1107	1042	Fábio Duarte	Individual	58:24	+26:23	05:50	
1108	1477	Rosa lopes	Individual	58:24	+26:23	05:50	
1109	1450	Helga Soares	Individual	58:25	+26:24	05:51	
1110	410	Magda Esteves	Eu Tu e a Montanha	58:25	+26:24	05:51	
1111	1274	Nuno Simões	Individual	58:26	+26:25	05:51	
1112	1436	Carla Soares	Individual	58:26	+26:25	05:51	
1113	360	Pedro Louro	DECATHLON	58:27	+26:26	05:51	
1114	5	Marisa Moreira	#é_só_até_ali	58:27	+26:26	05:51	
1115	1282	Paulo Saraiva	Individual	58:28	+26:27	05:51	
1116	92	Mafalda Martins	Barra Ocean Runners	58:29	+26:28	05:51	
1117	1472	Paula Duarte	Individual	58:29	+26:28	05:51	
1118	1950	Francisco Oliveira	Swimming runners	58:30	+26:29	05:51	
1119	786	Marta Campanário	Individual	58:30	+26:29	05:51	
1120	569	Anamar Rei Marques	Individual	58:31	+26:30	05:51	
1121	1412	Vinicius Rodrigues Gonçalves	Individual	58:32	+26:31	05:51	
1122	1372	Samuel Silva	Individual	58:34	+26:33	05:51	
1123	1647	Sérgio Oliveira	Individual	58:35	+26:34	05:51	
1124	684	Inês Barreira	Individual	58:35	+26:34	05:51	
1125	1535	Dennis Antunes Pereira	Individual	58:35	+26:34	05:52	
1126	1444	Fátima Dias	Individual	58:36	+26:35	05:52	
1127	709	Joana Macedo	Individual	58:36	+26:35	05:52	
1128	840	Sandra Machado	Individual	58:36	+26:35	05:52	
1129	1655	Alberto Dinis Brandão de Azevedo Pereira Pinto	Individual	58:36	+26:35	05:52	
1130	1434	Carla Alegria	Individual	58:37	+26:36	05:52	
1131	1966	Kelinha Mirena	Tainadas Run Team - Somengil	58:37	+26:36	05:52	
1132	1242	Mario Ferreira	Individual	58:38	+26:37	05:52	
1133	531	Alexandra Barbosa	Individual	58:38	+26:37	05:52	
1134	1265	Nelson Oliveira	Individual	58:39	+26:38	05:52	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1135	2041	Manuel Carlos Martins	WE CAN RUN	58:40	+26:39	05:52	
1136	2037	Carla Lemos	WE CAN RUN	58:41	+26:40	05:52	
1137	1705	Daniela Amaral	KMCL Running	58:41	+26:40	05:52	
1138	1707	Carlos Almeida	KMCL Running	58:41	+26:40	05:52	
1139	1435	Carla Almeida	Individual	58:45	+26:44	05:53	
1140	1162	João Ricardo da Silva Campos	Individual	58:47	+26:46	05:53	
1141	1575	Luís Lourenço	Individual	58:49	+26:48	05:53	
1142	1275	Nuno Tavares	Individual	58:53	+26:52	05:53	
1143	1284	Pedro André	Individual	58:53	+26:52	05:53	
1144	151	Miguel Amaral	Bloco	58:53	+26:52	05:53	
1145	379	Filipe Jorge Conde Freire	Diatosta	58:53	+26:52	05:53	
1146	378	Diogo Manuel Correia Freire	Diatosta	58:53	+26:52	05:53	
1147	2050	Baltasar Santana	Individual	58:54	+26:53	05:53	
1148	1561	João Francisco Matos	Individual	58:55	+26:54	05:53	
1149	1853	Simão Pedro Matias Antão	PRIO	58:55	+26:54	05:53	
1150	1120	João Baldaia	Individual	58:55	+26:54	05:54	
1151	1791	Sofia Durães	Os 4 Magníficos	58:55	+26:54	05:54	
1152	1792	Jorge Godinho	Os 4 Magníficos	58:56	+26:55	05:54	
1153	70	Ana Rita Cruz	Bai Bagos	58:56	+26:55	05:54	
1154	1084	Gonçalo Salgado	Individual	58:56	+26:55	05:54	
1155	992	Diogo Barros	Individual	58:57	+26:56	05:54	
1156	885	Viviana Espinoza	Individual	58:57	+26:56	05:54	
1157	139	Fábio Mota	Bloco	58:57	+26:56	05:54	
1158	1784	Inês Limas	Nas Ideias Club	58:57	+26:56	05:54	
1159	230	Rafaela Oliveira	Civilria RunClub	58:58	+26:57	05:54	
1160	1799	Ana Maria Pislaru	Pace e Jola	58:58	+26:57	05:54	
1161	1800	Mafaldas Macedo Silva	Pace e Jola	58:58	+26:57	05:54	
1162	629	Cátia Coelho	Individual	58:59	+26:58	05:54	
1163	817	Rafaela Monteiro Vieira	Individual	58:59	+26:58	05:54	
1164	1943	Liliana Bastos	Stepbystep	59:00	+26:59	05:54	
1165	768	Maria Pires	Individual	59:01	+27:01	05:54	
1166	377	Ana Margarida Silva Rodrigues	Diatosta	59:07	+27:06	05:55	
1167	1155	João Pedro Moreira de Carvalho	Individual	59:07	+27:06	05:55	
1168	1999	Ana Paula Fernandes	Trilhos&Rodas	59:08	+27:07	05:55	
1169	706	Joana Duarte Rolo	Individual	59:09	+27:08	05:55	
1170	517	Duarte Horta	HavO Run Club	59:11	+27:10	05:55	
1171	1854	Tiago Coimbra Ferreira	PRIO	59:13	+27:12	05:55	
1172	509	Paulo Alexandre Nogueira Vinagre	grohe	59:13	+27:12	05:55	
1173	303	GONÇALO GASPAR	Clube dos Galitos	59:16	+27:15	05:56	
1174	1627	Ricardo Rodrigues	Individual	59:19	+27:18	05:56	
1175	1455	Lúcia Isabel de Mesquita Bettencourt Avelar	Individual	59:19	+27:18	05:56	
1176	948	Caetano Tavares	Individual	59:19	+27:18	05:56	
1177	1632	Roberto Pinto	Individual	59:20	+27:19	05:56	
1178	858	Sonja Wichtrup	Individual	59:20	+27:19	05:56	
1179	876	Telma Rodrigues	Individual	59:21	+27:20	05:56	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1180	956	Christophe Mota	Individual	59:23	+27:22	05:56	
1181	575	Andreia Leal Pereira	Individual	59:24	+27:23	05:56	
1182	1646	Sérgio Miguel Ferreira Vinagre	Individual	59:25	+27:24	05:57	
1183	77	João Sampaio	Bai Bagos	59:25	+27:24	05:57	
1184	1198	José Pedro Rocha	Individual	59:28	+27:27	05:57	
1185	1634	Rui Almeida	Individual	59:33	+27:32	05:57	
1186	835	Rita vicente	Individual	59:33	+27:32	05:57	
1187	772	Mariana Carramão	Individual	59:33	+27:32	05:57	
1188	1783	Eva Cardoso	Nas Ideias Club	59:33	+27:32	05:57	
1189	680	Helga Afonso	Individual	59:33	+27:32	05:57	
1190	1815	Maria Aurora do Bernardo Henriques	Princesa da Raia	59:38	+27:37	05:58	
1191	754	Maria Almeida	Individual	59:40	+27:39	05:58	
1192	827	Rita Machado	Individual	59:40	+27:39	05:58	
1193	1413	Vitor SIlva	Individual	59:41	+27:40	05:58	
1194	1660	António José Santos	Individual	59:43	+27:42	05:58	
1195	1235	Marco Martins	Individual	59:43	+27:42	05:58	
1196	47	Álvaro Mariano	ADI - Associação Desportiva de Ílhavo	59:47	+27:46	05:59	
1197	1848	José Luís da Costa Fernandes	PRIO	59:48	+27:47	05:59	
1198	255	Vitor José de Araújo Alves Santana	Civilria RunClub	59:48	+27:47	05:59	
1199	1980	Jorge Sereno	TDcredito	59:50	+27:49	05:59	
1200	1982	André Tavora	TDcredito	59:51	+27:50	05:59	
1201	1914	Lucie Paradinha	ROAD TO BH	59:52	+27:51	05:59	
1202	1870	João Pereira	Reumáticos & Etc	59:53	+27:52	05:59	
1203	636	Cristiana Dias	Individual	59:54	+27:53	05:59	
1204	1958	Joni Rocha	Tainadas Run Team - Somengil	59:59	+27:58	06:00	
1205	741	Ludimila costa	Individual	01:00:00	+27:59	06:00	
1206	349	Arlindo Santos	DAR Recardães	01:00:00	+27:59	06:00	
1207	1355	Rosmel Mendez	Individual	01:00:02	+28:01	06:00	
1208	1418	Yedferson José cañizalez	Individual	01:00:02	+28:01	06:00	
1209	1335	Ricardo Preto	Individual	01:00:03	+28:02	06:00	
1210	1831	Raquel Marques Ferreira	PRIO	01:00:03	+28:02	06:00	
1211	87	Alexandre Vaz Loureiro	Bando dos Quatro	01:00:07	+28:06	06:01	
1212	1640	Rui Manuel Lopes Rios dos Santos	Individual	01:00:10	+28:09	06:01	
1213	370	Aldina Salgado	Diário de Aveiro	01:00:11	+28:10	06:01	
1214	367	Firmino Salgado	Diário de Aveiro	01:00:11	+28:10	06:01	
1215	562	Ana Sofia Domingues Bimna	Individual	01:00:13	+28:12	06:01	
1216	234	Thaís Rocha	Civilria RunClub	01:00:13	+28:12	06:01	
1217	1228	Manuel Gomes	Individual	01:00:15	+28:14	06:02	
1218	1744	Daniela Alexandra Baptista Campos	Moliceiro ao pico	01:00:16	+28:15	06:02	
1219	1774	Magda Teresa Nogueira Rodrigues	Moliceiro ao pico	01:00:17	+28:16	06:02	
1220	2067	Paulo Costa	Individual	01:00:17	+28:16	06:02	
1221	564	Ana Sofia Soares Alves	Individual	01:00:18	+28:17	06:02	
1222	1478	Rosimeire de jesus Oliveira e Sousa Vigario	Individual	01:00:18	+28:17	06:02	
1223	371	Cristina Paredes	Diário de Aveiro	01:00:18	+28:17	06:02	
1224	1206	Leandro Reis	Individual	01:00:18	+28:17	06:02	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1225	1790	João Ildefonso	Os 4 Magníficos	01:00:20	+28:19	06:02	
1226	2051	Jane Sofia	Individual	01:00:20	+28:19	06:02	
1227	1070	Frederico Teixeira	Individual	01:00:21	+28:20	06:02	
1228	400	Arlete António	Eu Posso Correr Team	01:00:24	+28:23	06:02	
1229	626	Catarina Ré	Individual	01:00:25	+28:24	06:02	
1230	803	Natália Tavares	Individual	01:00:26	+28:25	06:03	
1231	467	José Antonio Michelena Tamayo	Glicinias Plaza	01:00:28	+28:27	06:03	
1232	1039	Fábio bastos	Individual	01:00:33	+28:32	06:03	
1233	1968	Milson Matias	Tainadas Run Team - Somengil	01:00:33	+28:32	06:03	
1234	130	Rafaela Soares	Bloco	01:00:36	+28:35	06:04	
1235	1518	Artur Salvador	Individual	01:00:36	+28:35	06:04	
1236	1695	Paulo Caetano	Individual	01:00:38	+28:37	06:04	
1237	1362	Rui Capão	Individual	01:00:39	+28:38	06:04	
1238	873	Tânia Vieira	Individual	01:00:39	+28:38	06:04	
1239	1862	Carlos Alves	Rei & Príncipes	01:00:45	+28:44	06:04	
1240	1863	Hernâni Amaral	Rei & Príncipes	01:00:45	+28:44	06:04	
1241	845	Sara Miguel Silva Rodrigues	Individual	01:00:45	+28:44	06:05	
1242	1055	Fernando José dos Santos Espadilha	Individual	01:00:46	+28:45	06:05	
1243	836	Rocelis Marcelino	Individual	01:00:49	+28:48	06:05	
1244	511	Dina Silva	GRUPO DESPORTIVO ASSEMPARK	01:00:58	+28:57	06:06	
1245	89	Andréa Sa	Barra Ocean Runners	01:00:59	+28:58	06:06	
1246	1765	Marco Manuel Oliveira Andrade	Moliceiro ao pico	01:00:59	+28:58	06:06	
1247	621	Catarina Dias Pires	Individual	01:01:00	+28:59	06:06	
1248	1495	Daniela Costa	Individual	01:01:01	+29:00	06:06	
1249	304	Ana Fernandes	CMD Lacerda	01:01:01	+29:00	06:06	
1250	140	Gustavo Assaf	Bloco	01:01:03	+29:02	06:06	
1251	848	Sílvia Antunes	Individual	01:01:04	+29:03	06:06	
1252	1614	Pedro Ferreira	Individual	01:01:05	+29:04	06:06	
1253	1456	Madalena Ferreira	Individual	01:01:05	+29:04	06:07	
1254	418	TERESA PEREIRA DE PINHO	Família de Pinho Silva	01:01:06	+29:05	06:07	
1255	801	Miriam Lopes	Individual	01:01:07	+29:06	06:07	
1256	648	Diana Rosa	Individual	01:01:07	+29:06	06:07	
1257	1133	João Fernandes	Individual	01:01:12	+29:11	06:07	
1258	275	Ricardo Miguel Gonçalves Pereira	Civilria RunClub	01:01:13	+29:12	06:07	
1259	1622	Pedro Vilarinho	Individual	01:01:14	+29:13	06:07	
1260	2009	Renato Cardoso	UNSTOPPABLE WORLD	01:01:15	+29:14	06:08	
1261	1143	Joao Nelson	Individual	01:01:16	+29:15	06:08	
1262	954	César Ferreira	Individual	01:01:17	+29:16	06:08	
1263	1618	Pedro Miguel Santos Costa	Individual	01:01:17	+29:16	06:08	
1264	528	Adriana Lopes	Individual	01:01:17	+29:16	06:08	
1265	788	Marta Dias	Individual	01:01:18	+29:17	06:08	
1266	968	Daniel da Silva Magalhães	Individual	01:01:18	+29:17	06:08	
1267	857	Sofia Soares	Individual	01:01:18	+29:17	06:08	
1268	1513	antonio joaquim oliveira da silva	Individual	01:01:18	+29:17	06:08	
1269	468	Nuno Miguel Amaral Cardoso da Silva	Glicinias Plaza	01:01:19	+29:18	06:08	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1270	322	Inês Almeida	COSTA NOVA RUN	01:01:22	+29:21	06:08	
1271	1186	José Coutinho	Individual	01:01:23	+29:22	06:08	
1272	1201	José Viegas	Individual	01:01:24	+29:23	06:08	
1273	321	Cátia Mota	COSTA NOVA RUN	01:01:27	+29:26	06:09	
1274	1501	Luiza Valério	Individual	01:01:27	+29:27	06:09	
1275	1474	RAQUEL BRITO	Individual	01:01:28	+29:27	06:09	
1276	211	Pedro Mendes	CFA Team	01:01:29	+29:28	06:09	
1277	1817	Beatriz Costa Santos	PRIO	01:01:31	+29:30	06:09	
1278	74	Teresa Araújo	Bai Bagos	01:01:31	+29:30	06:09	
1279	72	Francisca Ferro	Bai Bagos	01:01:31	+29:30	06:09	
1280	129	Matilde Vieira	Bloco	01:01:32	+29:31	06:09	
1281	2000	Paula cardoso	Trilhos&Rodas	01:01:32	+29:31	06:09	
1282	755	Maria Antunes	Individual	01:01:34	+29:33	06:09	
1283	436	Simão Conceição	FOCUS_TUU	01:01:35	+29:34	06:09	
1284	158	Carolina Rodrigues Lopes	Bloco da Comunidade	01:01:36	+29:35	06:10	
1285	1459	Maria Gomes	Individual	01:01:36	+29:35	06:10	
1286	1576	Luis Pedro Rodrigues	Individual	01:01:36	+29:35	06:10	
1287	839	Sandra Fernandes	Individual	01:01:37	+29:36	06:10	
1288	1615	Pedro ferreira	Individual	01:01:38	+29:37	06:10	
1289	1308	Rafael Almeida	Individual	01:01:40	+29:39	06:10	
1290	122	Camila Maria Eid da Silva	Bloco	01:01:42	+29:41	06:10	
1291	707	Joana Frade Carvalho	Individual	01:01:42	+29:41	06:10	
1292	407	Jorge Lopes	Eu Posso Correr Team	01:01:43	+29:42	06:10	
1293	1251	MIGUEL CARDOSO	Individual	01:01:43	+29:42	06:10	
1294	881	Vânia Fidalgo	Individual	01:01:43	+29:42	06:10	
1295	169	Rosário Bastos	BORA TREINAR RUNNING CLUB	01:01:44	+29:43	06:10	
1296	1475	Rita Gomes	Individual	01:01:44	+29:43	06:10	
1297	1080	Gonçalo Marques	Individual	01:01:45	+29:44	06:10	
1298	1789	Carla Caiado	Os 4 Magníficos	01:01:45	+29:44	06:10	
1299	1097	Guilherme Pains Pereira	Individual	01:01:48	+29:47	06:11	
1300	257	Carla Torres	Civilria RunClub	01:01:49	+29:48	06:11	
1301	2031	Catarina Marques	WE CAN RUN	01:01:51	+29:50	06:11	
1302	1812	Daniel Peixoto	PexTeam	01:01:51	+29:50	06:11	
1303	2058	Paulo Ventura	Individual	01:01:51	+29:50	06:11	
1304	849	Sofia Cardoso	Individual	01:01:52	+29:51	06:11	
1305	1915	Synara Tolentino	ROAD TO BH	01:01:54	+29:53	06:11	
1306	313	Catarina Resende	Correr Fermelã ACADOF	01:01:58	+29:57	06:12	
1307	453	Rafaela Semião	Glicinias Plaza	01:02:02	+30:01	06:12	
1308	860	Soraia Couceiro	Individual	01:02:02	+30:01	06:12	
1309	324	Juliana Verdú	COSTA NOVA RUN	01:02:04	+30:03	06:12	
1310	1710	Maria Conceição Costa Simões	Lacticoop	01:02:06	+30:05	06:13	
1311	657	Dziyana Boiba	Individual	01:02:06	+30:05	06:13	
1312	888	Zinaida Shakel	Individual	01:02:06	+30:05	06:13	
1313	347	Márcio Simões	Cross Company	01:02:07	+30:06	06:13	
1314	1463	Mariana Pinho	Individual	01:02:08	+30:07	06:13	
1315	1500	Lúcia Maria Nunes Lopes	Individual	01:02:08	+30:07	06:13	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1316	2063	Manuel José Pires Rebelo	Individual	01:02:09	+30:08	06:13	
1317	358	Afonso Vinhas	DECATHLON	01:02:10	+30:09	06:13	
1318	662	Filipa Agante Santos	Individual	01:02:12	+30:11	06:13	
1319	1552	Hugo Filipe Costa	Individual	01:02:13	+30:12	06:13	
1320	220	Daniela Ferreira	Civilria RunClub	01:02:14	+30:13	06:13	
1321	1849	Luis Filipe Gusmão Monge Soares	PRIO	01:02:20	+30:19	06:14	
1322	1150	João Pedro Alves Fernandes	Individual	01:02:20	+30:19	06:14	
1323	96	Manuel Lima	Barra Ocean Runners	01:02:22	+30:21	06:14	
1324	1485	Sonia Alvaro	Individual	01:02:23	+30:22	06:14	
1325	85	Carolina Fernandes Casal	Bando dos Quatro	01:02:24	+30:23	06:14	
1326	1718	Luís Carlos Nogueira Arede da Silva	Lobitos	01:02:24	+30:23	06:14	
1327	1878	Francisco Gomes	Reumáticos & Etc	01:02:24	+30:23	06:14	
1328	156	Frederico Figueira	Bloco	01:02:24	+30:23	06:14	
1329	1873	Paula Pinto	Reumáticos & Etc	01:02:24	+30:23	06:14	
1330	382	Hugo Almeida	D'RASTOS	01:02:26	+30:25	06:15	
1331	383	Nuno Oliveira	D'RASTOS	01:02:26	+30:25	06:15	
1332	646	Diana Oliveira	Individual	01:02:27	+30:26	06:15	
1333	445	Cleide Martins	Gab.Fisio Cleide Martins	01:02:29	+30:28	06:15	
1334	447	Pedro Sousa	Gab.Fisio Cleide Martins	01:02:29	+30:28	06:15	
1335	581	Anouk Eggen	Individual	01:02:29	+30:28	06:15	
1336	1253	Miguel Carvalhosa	Individual	01:02:31	+30:30	06:15	
1337	2010	Ana Rita	Urban Wolves	01:02:31	+30:30	06:15	
1338	2011	Mariana Cruz	Urban Wolves	01:02:32	+30:31	06:15	
1339	995	Diogo Caetano	Individual	01:02:34	+30:33	06:15	
1340	1795	Pedro Costa	Os Franciscos	01:02:35	+30:34	06:15	
1341	757	Maria Campos	Individual	01:02:35	+30:34	06:16	
1342	745	Mafalda Maia	Individual	01:02:36	+30:35	06:16	
1343	1715	Liliana Colaço	Lobitos	01:02:37	+30:36	06:16	
1344	668	Filipa Silva	Individual	01:02:37	+30:36	06:16	
1345	1259	Miguel Mendes	Individual	01:02:38	+30:37	06:16	
1346	1480	Sandra Almeida	Individual	01:02:39	+30:38	06:16	
1347	779	Mariana Santos	Individual	01:02:40	+30:39	06:16	
1348	2006	Francisco Paião	UNSTOPPABLE WORLD	01:02:40	+30:39	06:16	
1349	542	Ana Fardilha	Individual	01:02:44	+30:43	06:16	
1350	1368	Rui Pedro Machado Pires	Individual	01:02:45	+30:44	06:16	
1351	960	Cristiano Pereira	Individual	01:02:45	+30:44	06:17	
1352	1283	Pedro Alves	Individual	01:02:46	+30:45	06:17	
1353	1762	Gabriel Figueiredo Duarte	Moliceiro ao pico	01:02:47	+30:46	06:17	
1354	887	Zarina Gontscharenko Silva	Individual	01:02:48	+30:47	06:17	
1355	1525	Carlos Augusto Loureiro Pereira	Individual	01:02:49	+30:48	06:17	
1356	1461	MARIA MANUEL MONTEIRO DAMAS	Individual	01:02:50	+30:49	06:17	
1357	1948	Susana Ganito	Swimming runners	01:02:51	+30:50	06:17	
1358	591	Beatriz Loureiro	Individual	01:02:51	+30:50	06:17	
1359	487	Hélder Rodrigues	GRECAS	01:02:52	+30:51	06:17	
1360	798	MI Gonzatti	Individual	01:02:52	+30:51	06:17	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1361	1963	Samuel Póvoa	Tainadas Run Team - Somengil	01:02:53	+30:52	06:17	
1362	852	Sofia Maria Ferreira Morais	Individual	01:02:53	+30:52	06:17	
1363	1885	Carolina Valente	Riaga Group	01:02:54	+30:53	06:17	
1364	643	Diana Costa	Individual	01:02:55	+30:54	06:18	
1365	1010	Diogo Oliveira	Individual	01:02:56	+30:55	06:18	
1366	924	Bavieche Samgi	Individual	01:02:56	+30:55	06:18	
1367	278	Horacio neves	Individual	01:02:58	+30:57	06:18	
1368	532	Alexandra Ramos	Individual	01:03:00	+30:59	06:18	
1369	957	Cláudio Silva	Individual	01:03:00	+30:59	06:18	
1370	697	iolanda ferreira	Individual	01:03:01	+31:00	06:18	
1371	188	Cristina Coutinho	Casa Benfica Bairrada	01:03:03	+31:02	06:18	
1372	1499	Linda Rosa Sardo Caleiro Cruz	Individual	01:03:04	+31:03	06:18	
1373	171	António Pinho	BORA TREINAR RUNNING CLUB	01:03:06	+31:05	06:19	
1374	627	Cátia Almeida	Individual	01:03:07	+31:06	06:19	
1375	1457	Márcia Marques	Individual	01:03:08	+31:07	06:19	
1376	622	Catarina Fernandes	Individual	01:03:08	+31:07	06:19	
1377	469	Paulo Costa	Glicinias Plaza	01:03:09	+31:08	06:19	
1378	812	Paula Ascenção	Individual	01:03:11	+31:10	06:19	
1379	770	Mariana Almeida	Individual	01:03:13	+31:12	06:19	
1380	756	Maria Cainé	Individual	01:03:13	+31:12	06:19	
1381	1925	Bárbara Marina Pereira Martins	Run & Rise	01:03:13	+31:12	06:19	
1382	1909	Cristina Gonçalo	RM Runners By Mira a Mexer	01:03:16	+31:15	06:20	
1383	1318	Renan Matos Magalhães	Individual	01:03:17	+31:16	06:20	
1384	1903	Julia Alves	RM Runners By Mira a Mexer	01:03:17	+31:16	06:20	
1385	1637	Rui Cunha	Individual	01:03:21	+31:20	06:20	
1386	408	Luis Balão	Eu Posso Correr Team	01:03:21	+31:20	06:20	
1387	979	David Beleza	Individual	01:03:22	+31:21	06:20	
1388	165	Pedro Antero Carvalhido	BORA TREINAR RUNNING CLUB	01:03:23	+31:22	06:20	
1389	1447	Flávia Bobbio	Individual	01:03:26	+31:25	06:21	
1390	1074	Gonçalo Bento de Sousa	Individual	01:03:28	+31:27	06:21	
1391	614	Carolina Coelho	Individual	01:03:30	+31:29	06:21	
1392	802	Mónica Marques	Individual	01:03:31	+31:30	06:21	
1393	782	Mariana Sousa	Individual	01:03:32	+31:31	06:21	
1394	596	Beatriz Pereira	Individual	01:03:37	+31:36	06:22	
1395	1593	Nuno Miguel Mendes Passos	Individual	01:03:39	+31:38	06:22	
1396	624	CATARINA MENANO	Individual	01:03:43	+31:42	06:22	
1397	1147	João Patela	Individual	01:03:43	+31:42	06:22	
1398	777	Mariana Resende	Individual	01:03:43	+31:42	06:22	
1399	590	Beatriz Fonseca Duarte de Pinho Soares	Individual	01:03:44	+31:43	06:22	
1400	362	Rodrigo Figueiredo	DECATHLON	01:03:44	+31:43	06:22	
1401	598	Beatriz Vilela	Individual	01:03:46	+31:45	06:23	
1402	820	Raquel Lopes Correia	Individual	01:03:47	+31:46	06:23	
1403	1635	Rui Almeida	Individual	01:03:47	+31:46	06:23	
1404	1583	Marco Lemos	Individual	01:03:51	+31:50	06:23	
1405	1100	Guilherme Sousa	Individual	01:03:52	+31:51	06:23	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1406	2030	António Amaral	Walk&Run4Fun	01:03:54	+31:53	06:23	
1407	2029	Marta Amaral	Walk&Run4Fun	01:03:54	+31:53	06:23	
1408	1000	Diogo Dias	Individual	01:03:54	+31:53	06:23	
1409	1260	Miguel Simões	Individual	01:03:54	+31:53	06:23	
1410	664	Filipa Marques	Individual	01:03:54	+31:53	06:23	
1411	805	Neuza Ribeiro	Individual	01:03:56	+31:55	06:24	
1412	1240	Marco Túlio Silva	Individual	01:03:56	+31:55	06:24	
1413	1531	Carlos Santos	Individual	01:03:56	+31:55	06:24	
1414	543	Ana Filipa Lopes Nuno	Individual	01:03:58	+31:57	06:24	
1415	566	Ana Teresa Ramos de Carvalho	Individual	01:03:58	+31:57	06:24	
1416	884	Virgínia Sofia Gonçalves Ferreira	Individual	01:03:59	+31:58	06:24	
1417	850	Sofia Costa	Individual	01:04:03	+32:02	06:24	
1418	1608	Pedro Alves Costa	Individual	01:04:05	+32:04	06:24	
1419	131	Rayene Lage	Bloco	01:04:07	+32:06	06:25	
1420	1865	Andreia Simões	Reumáticos & Etc	01:04:09	+32:08	06:25	
1421	1877	Carlos Oliveira	Reumáticos & Etc	01:04:09	+32:08	06:25	
1422	473	Vasco Miguel	Glicinias Plaza	01:04:11	+32:10	06:25	
1423	114	Mariana Simoes	BCM³	01:04:12	+32:11	06:25	
1424	593	Beatriz Machado	Individual	01:04:12	+32:11	06:25	
1425	1717	Stephanie Jesus Cavaco	Lobitos	01:04:13	+32:12	06:25	
1426	882	Vera Barros	Individual	01:04:14	+32:13	06:25	
1427	1385	Tiago Barros	Individual	01:04:14	+32:13	06:25	
1428	1756	Bruno Miguel Sampaio Rodrigues	Moliceiro ao pico	01:04:15	+32:14	06:26	
1429	746	Mafalda Martins	Individual	01:04:17	+32:16	06:26	
1430	157	Paulo Sérgio Dias	Bloco	01:04:17	+32:16	06:26	
1431	1918	João Oliveira	ROAD TO BH	01:04:21	+32:20	06:26	
1432	586	Barbara Mariana Santos Tavares	Individual	01:04:21	+32:20	06:26	
1433	883	Veronica Noronha	Individual	01:04:22	+32:21	06:26	
1434	1209	Lucas Martins Garcia	Individual	01:04:22	+32:21	06:26	
1435	1780	Sara Sabino	Mom’s Out	01:04:24	+32:23	06:26	
1436	1732	Ana Salgado	Mestres da Ciática	01:04:25	+32:24	06:26	
1437	1737	Rodrigo Cunha	Mestres da Ciática	01:04:25	+32:24	06:26	
1438	1770	Rúben Marcelo Arede da Cruz	Moliceiro ao pico	01:04:26	+32:25	06:27	
1439	1288	Pedro Creoulo	Individual	01:04:28	+32:27	06:27	
1440	819	Raquel Hipólito	Individual	01:04:28	+32:27	06:27	
1441	868	Susana Ramos	Individual	01:04:28	+32:27	06:27	
1442	1466	Marta Pereira	Individual	01:04:30	+32:29	06:27	
1443	416	Rita Santos	Falcon 21	01:04:30	+32:29	06:27	
1444	1446	FERNANDA MARIA VAZ SOARES	Individual	01:04:35	+32:34	06:27	
1445	682	Inês Almeida	Individual	01:04:35	+32:34	06:27	
1446	724	Laura Santos	Individual	01:04:38	+32:37	06:28	
1447	1866	Sara Sarabando	Reumáticos & Etc	01:04:39	+32:38	06:28	
1448	1871	Mauro Simões	Reumáticos & Etc	01:04:39	+32:38	06:28	
1449	1106	Hugo Barbosa	Individual	01:04:42	+32:41	06:28	
1450	1498	Licínia Almeida	Individual	01:04:42	+32:41	06:28	
1451	1651	Tiago Ferreira	Individual	01:04:43	+32:42	06:28	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1452	718	Juliana Gomes	Individual	01:04:43	+32:42	06:28	
1453	1526	Carlos Jorge Silva	Individual	01:04:45	+32:44	06:28	
1454	546	Ana Helena da Silva Lopes Rodrigues dos Reis	Individual	01:04:45	+32:44	06:29	
1455	1437	Cláudia Almeida	Individual	01:04:47	+32:46	06:29	
1456	809	Patricia Blard	Individual	01:04:50	+32:49	06:29	
1457	438	Victoire DEVAULX DE CHAMBORD	Frenchsixseven	01:04:52	+32:51	06:29	
1458	1148	Joao Paulino	Individual	01:04:56	+32:55	06:30	
1459	1153	João Pedro Jesus Jardim	Individual	01:04:57	+32:56	06:30	
1460	823	Rita Almeida	Individual	01:04:58	+32:57	06:30	
1461	386	PRICILA SIMOES DUTRA	DUTRA	01:04:59	+32:58	06:30	
1462	1	Artur Varum	Civilria RunClub	01:04:59	+32:58	06:30	
1463	228	Pedro Pires	Civilria RunClub	01:05:00	+32:59	06:30	
1464	862	Soraia Monteiro	Individual	01:05:00	+32:59	06:30	
1465	1643	Rui Pereira	Individual	01:05:00	+32:59	06:30	
1466	793	Marta Pereira	Individual	01:05:00	+32:59	06:30	
1467	448	Margarida de Jesus Alves Pinto	Garage210	01:05:01	+33:00	06:30	
1468	1286	Pedro Calvo	Individual	01:05:06	+33:05	06:31	
1469	208	Luísa Fontes	CFA Team	01:05:06	+33:05	06:31	
1470	670	Francisca Branquinho	Individual	01:05:07	+33:06	06:31	
1471	217	Beatriz Varum	Civilria RunClub	01:05:07	+33:06	06:31	
1472	239	Gonçalo Almeida	Civilria RunClub	01:05:07	+33:06	06:31	
1473	1807	Sónia Matos	Penela a Mexer	01:05:10	+33:09	06:31	
1474	1804	Katarina Augusto	Penela a Mexer	01:05:11	+33:10	06:31	
1475	2032	Jimena Villafañe	WE CAN RUN	01:05:13	+33:12	06:31	
1476	516	Roda da Rocha Teixeira Ferreira	Grupo Desportivo Gafanha	01:05:16	+33:15	06:32	
1477	249	Ricardo Resende	Civilria RunClub	01:05:22	+33:21	06:32	
1478	1033	Emanuel Ornelas	Individual	01:05:22	+33:21	06:32	
1479	690	Inês Margarida da Silva Ferreira	Individual	01:05:23	+33:22	06:32	
1480	634	Cláudia Ferreira	Individual	01:05:27	+33:26	06:33	
1481	1793	Maria Gabriel	Os Franciscos	01:05:28	+33:27	06:33	
1482	663	Filipa Ferreira	Individual	01:05:29	+33:28	06:33	
1483	1126	João Coelho	Individual	01:05:29	+33:28	06:33	
1484	1901	Carolina Jorge Oliveira	RM Runners By Mira a Mexer	01:05:31	+33:30	06:33	
1485	1904	João Miguel Monteiro Encarnação	RM Runners By Mira a Mexer	01:05:31	+33:30	06:33	
1486	763	Maria Julião	Individual	01:05:39	+33:38	06:34	
1487	623	Catarina Malheiro	Individual	01:05:45	+33:44	06:35	
1488	537	Ana Cerca	Individual	01:05:46	+33:45	06:35	
1489	65	Carina Gomes	Asas nos Pés	01:05:46	+33:45	06:35	
1490	1492	Vera Leite	Individual	01:05:46	+33:45	06:35	
1491	592	Beatriz Lourenço	Individual	01:05:47	+33:46	06:35	
1492	2045	Manuel Oliveira de Sousa	Sousa e Friends	01:05:47	+33:46	06:35	
1493	750	Margarida Nunes	Individual	01:05:48	+33:47	06:35	
1494	86	Carolina Moreira Freitas	Bando dos Quatro	01:05:49	+33:48	06:35	
1495	729	Lia Cruz	Individual	01:05:49	+33:48	06:35	
1496	1468	Natália Capitão	Individual	01:05:49	+33:48	06:35	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1497	206	Cláudia Batista	CFA Team	01:05:51	+33:50	06:35	
1498	963	Daniel Almeida	Individual	01:05:51	+33:50	06:35	
1499	1740	Ana Luís Alves Gonçalves	Moliceiro ao pico	01:05:53	+33:52	06:35	
1500	1488	Sónia Silva	Individual	01:05:53	+33:52	06:35	
1501	749	Márcia Silva	Individual	01:05:53	+33:52	06:35	
1502	419	Rafaela Pires	FC ODA	01:05:55	+33:54	06:35	
1503	232	Tassia Lino	Civilria RunClub	01:05:56	+33:55	06:36	
1504	45	Claudia Sousa	ADI - Associação Desportiva de Ílhavo	01:05:58	+33:57	06:36	
1505	921	António Pires	Individual	01:05:59	+33:58	06:36	
1506	38	João Ferreira	ADI - Associação Desportiva de Ílhavo	01:06:00	+33:59	06:36	
1507	73	Sofia Gomes	Bai Bagos	01:06:03	+34:02	06:36	
1508	364	Luís Oliveira	Devagar e longe	01:06:04	+34:03	06:36	
1509	778	Mariana Salomé Pascoal Ribeiro	Individual	01:06:05	+34:04	06:37	
1510	307	Bruno Vieira	CMD Lacerda	01:06:07	+34:06	06:37	
1511	305	Rafaela Oliveira	CMD Lacerda	01:06:08	+34:07	06:37	
1512	1233	Marco Alexandre José Barreira	Individual	01:06:09	+34:08	06:37	
1513	632	Cíntia Martins Alves	Individual	01:06:09	+34:08	06:37	
1514	1690	Miguel Pinho	Individual	01:06:09	+34:08	06:37	
1515	1648	Sergio Paulo Loureiro Ferreira	Individual	01:06:10	+34:09	06:37	
1516	1895	Joao Almeida	Riaga Group	01:06:13	+34:12	06:37	
1517	654	Dora Philipa Almeida	Individual	01:06:13	+34:12	06:37	
1518	1152	Joao Pedro Correia Alves	Individual	01:06:14	+34:13	06:37	
1519	831	Rita Moreira	Individual	01:06:14	+34:13	06:37	
1520	915	André Pinto	Individual	01:06:15	+34:14	06:37	
1521	1134	João Ferreira	Individual	01:06:15	+34:14	06:37	
1522	1467	Marta Sousa	Individual	01:06:17	+34:16	06:38	
1523	261	Eugénia Rogeiro Pinto Rojão	Civilria RunClub	01:06:18	+34:17	06:38	
1524	241	João Pedro Rojão Afonso	Civilria RunClub	01:06:18	+34:17	06:38	
1525	1244	Mario Pereira	Individual	01:06:19	+34:18	06:38	
1526	715	Joana Vidal	Individual	01:06:19	+34:18	06:38	
1527	667	Filipa Silva	Individual	01:06:19	+34:18	06:38	
1528	958	Cristiano António Guedes da Silva	Individual	01:06:19	+34:18	06:38	
1529	2053	Liliana Patrícia Lourenço	Individual	01:06:26	+34:25	06:39	
1530	795	Matilde Mota da Silva	Individual	01:06:27	+34:26	06:39	
1531	2052	Miguel Ferreira Monteiro	Individual	01:06:27	+34:26	06:39	
1532	1511	André Pereira	Individual	01:06:27	+34:26	06:39	
1533	607	Carina Alves	Individual	01:06:30	+34:29	06:39	
1534	1777	Rui José Rodrigues Neto	Moliceiro ao pico	01:06:32	+34:31	06:39	
1535	630	Cesarina Silva	Individual	01:06:34	+34:33	06:39	
1536	2043	Paulo Neves	WE CAN RUN	01:06:37	+34:36	06:40	
1537	1086	Gonçalo Silvestre Moniz	Individual	01:06:43	+34:42	06:40	
1538	561	Ana Rodrigues	Individual	01:06:45	+34:44	06:41	
1539	2008	José Rodrigues	UNSTOPPABLE WORLD	01:06:46	+34:45	06:41	
1540	1951	Fabiana Santos	Tainadas Run Team - Somengil	01:06:51	+34:50	06:41	
1541	197	Milena laranja	CENAP	01:06:59	+34:58	06:42	
1542	203	Jordao laranja	CENAP	01:07:00	+34:59	06:42	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1543	84	Ana João Vaz	Bando dos Quatro	01:07:01	+35:00	06:42	
1544	1668	Carlos Barroso	Individual	01:07:02	+35:01	06:42	
1545	55	Inês Correia	AF Physiology	01:07:04	+35:03	06:42	
1546	56	Alexandre Figueiredo	AF Physiology	01:07:04	+35:03	06:42	
1547	1613	Pedro Curto	Individual	01:07:06	+35:05	06:43	
1548	1490	Susana Curto	Individual	01:07:06	+35:05	06:43	
1549	527	Adriana Abreu Domingues	Individual	01:07:10	+35:09	06:43	
1550	617	Carolina Martins	Individual	01:07:10	+35:09	06:43	
1551	676	Gisela Simões	Individual	01:07:11	+35:10	06:43	
1552	215	Ana Nunes	Civilria RunClub	01:07:11	+35:10	06:43	
1553	1088	Gonzaga Oliveira	Individual	01:07:12	+35:11	06:43	
1554	1746	Diana Marlene Pimentel Proença	Moliceiro ao pico	01:07:16	+35:15	06:44	
1555	685	Inês Craveiro	Individual	01:07:17	+35:16	06:44	
1556	853	Sofia Martins	Individual	01:07:18	+35:17	06:44	
1557	116	Inês Alvarinhas	Bella ria	01:07:18	+35:17	06:44	
1558	695	Inês Simões Castelhano	Individual	01:07:18	+35:17	06:44	
1559	1992	Pedro Rodrigues	Tecnovikings	01:07:18	+35:17	06:44	
1560	153	Simão Nogueira	Bloco	01:07:20	+35:19	06:44	
1561	553	Ana Miguel da Silva Loureiro	Individual	01:07:21	+35:20	06:44	
1562	1359	Rúben Santos	Individual	01:07:22	+35:21	06:44	
1563	694	Inês Osório	Individual	01:07:23	+35:22	06:44	
1564	1291	Pedro Damasio Araujo De Freitas	Individual	01:07:23	+35:22	06:44	
1565	880	Vânia Costa	Individual	01:07:23	+35:22	06:44	
1566	976	Daniel Teixeira	Individual	01:07:25	+35:24	06:44	
1567	164	Dante Ferreira Marinho	BORA TREINAR RUNNING CLUB	01:07:30	+35:29	06:45	
1568	393	Melanie Pires	Eu Posso Correr Team	01:07:40	+35:39	06:46	
1569	743	Lurdes Margaça	Individual	01:07:41	+35:40	06:46	
1570	423	Ricardo Bruno Cabral Barbosa	Fefões	01:07:41	+35:40	06:46	
1571	1327	Ricardo fernandes	Individual	01:07:42	+35:41	06:46	
1572	574	Andreia Filipa Fernandes	Individual	01:07:42	+35:41	06:46	
1573	372	Mafalda Sofia da Silva Mateus	Diário de Aveiro	01:07:42	+35:41	06:46	
1574	1533	Celso Fernandes	Individual	01:07:42	+35:41	06:46	
1575	1025	Edgar Morais	Individual	01:07:43	+35:42	06:46	
1576	207	Filomena Figueiredo	CFA Team	01:07:43	+35:42	06:46	
1577	1445	Fátima Lopes	Individual	01:07:43	+35:42	06:46	
1578	189	Fernando Duarte Silva	Casa Benfica Bairrada	01:07:44	+35:43	06:46	
1579	1428	Ana Silva	Individual	01:07:44	+35:43	06:46	
1580	2007	Jorge França	UNSTOPPABLE WORLD	01:07:47	+35:46	06:47	
1581	693	Inês Matos	Individual	01:07:48	+35:47	06:47	
1582	1798	José Filipe	Os Franciscos	01:07:49	+35:48	06:47	
1583	8	Inês Ribeiro	#ninjadoasfalto	01:07:52	+35:51	06:47	
1584	9	João rodrigues	#ninjadoasfalto	01:07:52	+35:51	06:47	
1585	154	Tiago Figueira	Bloco	01:07:53	+35:52	06:47	
1586	716	Júlia Mar	Individual	01:07:53	+35:52	06:47	
1587	1712	Joao Nogueira	Lacticoop	01:07:53	+35:52	06:47	
1588	535	Ana Beatriz Saramago Santos	Individual	01:07:55	+35:54	06:48	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1589	1734	João Monteiro	Mestres da Ciática	01:07:56	+35:55	06:48	
1590	380	João Manuel Ferreira da Silva	Diatosta	01:07:57	+35:56	06:48	
1591	844	Sara Marques Vieira e Silva	Individual	01:07:59	+35:58	06:48	
1592	2062	Marco Paulo Morgado	Individual	01:08:01	+36:00	06:48	
1593	1816	Ana Sofia Vidal Picado	PRIO	01:08:01	+36:00	06:48	
1594	1665	Augusto Pinto	Individual	01:08:02	+36:01	06:48	
1595	856	Sofia Sinthon	Individual	01:08:04	+36:03	06:48	
1596	1400	Tibério Baptista	Individual	01:08:08	+36:07	06:49	
1597	943	Bruno Miguel Fonseca Mendes	Individual	01:08:09	+36:08	06:49	
1598	1369	Rui Pedro Passos Ferreira	Individual	01:08:09	+36:09	06:49	
1599	1091	Guilherme Cunha	Individual	01:08:11	+36:10	06:49	
1600	544	Ana Fraga	Individual	01:08:11	+36:10	06:49	
1601	972	Daniel Pinheiro	Individual	01:08:12	+36:11	06:49	
1602	1135	Joao Filipe Santos	Individual	01:08:15	+36:14	06:50	
1603	776	Mariana Monte	Individual	01:08:15	+36:14	06:50	
1604	1887	Gabriela Felix	Riaga Group	01:08:20	+36:19	06:50	
1605	799	Milene Ladeira	Viriathvs Runners Viseu	01:08:22	+36:21	06:50	
1606	766	Maria P Ferreira	Individual	01:08:22	+36:21	06:50	
1607	125	Margarida Dias	Bloco	01:08:25	+36:24	06:50	
1608	1559	João dos Reis Sol	Individual	01:08:27	+36:26	06:51	
1609	1301	Pedro Nunes	Individual	01:08:29	+36:28	06:51	
1610	601	Bianca Oliveira	Individual	01:08:29	+36:28	06:51	
1611	363	Maria Miguel Vidal	Devagar e longe	01:08:32	+36:31	06:51	
1612	1323	Renato Lourenco	Individual	01:08:37	+36:36	06:52	
1613	1828	Margarida Oliveira Marques da Silva	PRIO	01:08:38	+36:37	06:52	
1614	1824	Joana Patrícia Feio Pereira	PRIO	01:08:38	+36:37	06:52	
1615	787	Marta da Costa Sousa	Individual	01:08:40	+36:39	06:52	
1616	1919	Vera Rocha	ROAD TO BH	01:08:47	+36:46	06:53	
1617	552	Ana Micaela Figueira Simoes	Individual	01:08:52	+36:51	06:53	
1618	1393	Tiago Mirassol	Individual	01:08:52	+36:51	06:53	
1619	115	Beatriz Pacheco	Bella ria	01:08:52	+36:51	06:53	
1620	1621	Pedro Neves	Individual	01:08:59	+36:58	06:54	
1621	160	ALINE HELLINGTON	BORA TREINAR RUNNING CLUB	01:08:59	+36:58	06:54	
1622	1424	Ana Patrícia Santos Rodrigues	Individual	01:09:01	+37:00	06:54	
1623	1927	Filipa Alexandra Santos Saraiva	Run & Rise	01:09:03	+37:02	06:54	
1624	1451	Ivone Jaco	Individual	01:09:08	+37:07	06:55	
1625	1411	VINICIUS OLIVEIRA	Individual	01:09:09	+37:08	06:55	
1626	503	Amelia Paulo Coelho Cardoso Coutinho	grohe	01:09:13	+37:12	06:55	
1627	631	Charlotte Hähner	Individual	01:09:26	+37:25	06:57	
1628	814	Pauline Reimer	Individual	01:09:26	+37:25	06:57	
1629	533	Amanda Brünnich Jespersen	Individual	01:09:26	+37:25	06:57	
1630	866	Susana Costa	Individual	01:09:28	+37:27	06:57	
1631	1797	Andrea Vale	Os Franciscos	01:09:29	+37:28	06:57	
1632	1482	Sandra Ferrao	Individual	01:09:35	+37:34	06:57	
1633	66	Diana Barros	Asas nos Pés	01:09:39	+37:38	06:58	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1634	870	Tânia Inácio	Individual	01:09:50	+37:49	06:59	
1635	2068	Ana Varejão	Individual	01:09:50	+37:49	06:59	
1636	613	Carmen Silva	Individual	01:09:50	+37:49	06:59	
1637	603	Bruna Ruiz	Individual	01:09:50	+37:49	06:59	
1638	545	Ana Gomes	Individual	01:09:51	+37:50	06:59	
1639	669	Francisca Adrego	Individual	01:09:52	+37:51	06:59	
1640	656	Dulce Sousa	Individual	01:09:56	+37:55	07:00	
1641	891	Afonso Capitão sousa	Individual	01:09:56	+37:55	07:00	
1642	683	Inês Amaral Gomes	Individual	01:09:57	+37:56	07:00	
1643	1830	Marlene Costa Moreira	PRIO	01:10:03	+38:02	07:00	
1644	1926	Daniela Dinis Branco Gapo	Run & Rise	01:10:07	+38:06	07:01	
1645	1928	Joana Rita Pereira Simões	Run & Rise	01:10:08	+38:07	07:01	
1646	937	Bruno Brito de Oliveira Göedert	Individual	01:10:11	+38:10	07:01	
1647	117	Joana Vidal	Bella ria	01:10:18	+38:17	07:02	
1648	869	Tânia Faria	Individual	01:10:21	+38:20	07:02	
1649	713	Joana Sarrico	Individual	01:10:22	+38:21	07:02	
1650	1503	Maria Manuel Furtado	Individual	01:10:22	+38:21	07:02	
1651	1656	Alcides Marquinhos	Individual	01:10:26	+38:25	07:03	
1652	1825	Joana Rita de Jesus Monteiro	PRIO	01:10:28	+38:27	07:03	
1653	1820	Cristiana Raquel Fernandes Lobo Leite	PRIO	01:10:28	+38:27	07:03	
1654	1841	Diogo Artur Landeira Limas	PRIO	01:10:29	+38:28	07:03	
1655	791	Marta Pedro	Individual	01:10:38	+38:37	07:04	
1656	703	Joana Matias	Individual	01:10:38	+38:37	07:04	
1657	1582	MARCO FILIPE CARVALHO MARQUES	Individual	01:10:55	+38:54	07:05	
1658	433	JORGE VIEIRA	FO RUNNERS	01:11:04	+39:03	07:06	
1659	435	PAULO DOUTOR	FO RUNNERS	01:11:05	+39:04	07:07	
1660	616	Carolina ferreira	Individual	01:11:06	+39:05	07:07	
1661	816	Rafaela Dias Pires	Individual	01:11:14	+39:13	07:07	
1662	123	Inês gomes	Bloco	01:11:15	+39:14	07:07	
1663	150	Martim Claro	Bloco	01:11:15	+39:14	07:07	
1664	538	Ana Clara Lirio Morais	Individual	01:11:25	+39:24	07:08	
1665	773	Mariana Freire	Individual	01:11:28	+39:27	07:09	
1666	1888	Gabriela Pinto	Riaga Group	01:11:29	+39:28	07:09	
1667	1496	Filomena aria Cardoso Pedrosa Ferreira Martins	Individual	01:11:36	+39:35	07:10	
1668	1270	Nuno Garrido	Individual	01:11:36	+39:35	07:10	
1669	863	Stephanie Martins	Individual	01:11:37	+39:36	07:10	
1670	2039	Susana Senos	WE CAN RUN	01:12:01	+40:00	07:12	
1671	1185	José Carlos Moreira Cabral	Individual	01:12:03	+40:02	07:12	
1672	61	Rita Ferreira Santos	Alex Crew	01:12:04	+40:03	07:12	
1673	444	Tiago Carriola	Furadouro trail	01:12:05	+40:04	07:13	
1674	806	Nicole Monteiro Rakov	Individual	01:12:05	+40:04	07:13	
1675	701	Jessica Lourenço	Individual	01:12:07	+40:06	07:13	
1676	732	Liliana Amaral	Individual	01:12:07	+40:06	07:13	
1677	168	Cláudia Marques	BORA TREINAR RUNNING CLUB	01:12:10	+40:10	07:13	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1678	728	Letícia Sacramento	Individual	01:12:11	+40:10	07:13	
1679	2048	Joana Fonseca Valente	Sousa e Friends	01:12:14	+40:13	07:13	
1680	2049	João José Lourenço Marques	Sousa e Friends	01:12:14	+40:13	07:13	
1681	185	Victor Neto	CARAPAUS DE CORRIDA	01:12:15	+40:14	07:13	
1682	699	Iris Rafeiro Saraiva	Individual	01:12:18	+40:17	07:14	
1683	742	Luísa Coutinho	Individual	01:12:18	+40:17	07:14	
1684	1520	Bruno David dos Reis Sol	Individual	01:12:22	+40:21	07:14	
1685	1117	Jeremy Gozar	Individual	01:12:23	+40:22	07:14	
1686	428	RITA SOARES	FO RUNNERS	01:12:27	+40:26	07:15	
1687	338	Maria Vilhena	Cross Company	01:12:31	+40:30	07:15	
1688	1504	Maria Margarida Urbano	Individual	01:12:36	+40:35	07:16	
1689	1123	João Caçador	Individual	01:12:47	+40:46	07:17	
1690	1300	Pedro Neves	Individual	01:12:47	+40:46	07:17	
1691	1231	Marcelo Ribau	Individual	01:12:48	+40:47	07:17	
1692	594	Beatriz Marques dos Santos	Individual	01:12:53	+40:52	07:17	
1693	792	Marta Pereira	Individual	01:12:54	+40:53	07:17	
1694	583	Bárbara Costeira	Individual	01:13:02	+41:01	07:18	
1695	1600	Paulo Fernando da Costa Leite Antunes	Individual	01:13:04	+41:03	07:18	
1696	1557	João Carlos de Antão Bilber	Individual	01:13:04	+41:03	07:18	
1697	222	Inês Patrício	Civilria RunClub	01:13:06	+41:05	07:19	
1698	727	Leonor Miranda	Individual	01:13:07	+41:06	07:19	
1699	422	Mafalda Corceiro Coelho Fortes	Fefões	01:13:07	+41:06	07:19	
1700	671	Francisca Teixo	Individual	01:13:08	+41:07	07:19	
1701	1432	Bruna Barbosa	Individual	01:13:12	+41:11	07:19	
1702	1011	Diogo Paula	Individual	01:13:35	+41:34	07:22	
1703	804	Natascha Cardoso	Individual	01:13:41	+41:40	07:22	
1704	1805	Margarida Ferreira	Penela a Mexer	01:13:43	+41:42	07:22	
1705	175	Sofia Gonçalves	C.D.C. Paradela do Vouga	01:13:50	+41:49	07:23	
1706	610	Carla Almeida	Individual	01:13:57	+41:56	07:24	
1707	901	André Bebiano	Individual	01:13:57	+41:56	07:24	
1708	356	Ana Almeida	DECATHLON	01:14:00	+41:59	07:24	
1709	1420	Alexandra Lopes	Individual	01:14:02	+42:01	07:24	
1710	846	Sara Neves	Individual	01:14:03	+42:02	07:24	
1711	780	Mariana Simões Santos	Individual	01:14:04	+42:03	07:24	
1712	1297	Pedro Magalhães	Individual	01:14:09	+42:08	07:25	
1713	1747	Fabiana Horta Leandro	Moliceiro ao pico	01:14:13	+42:12	07:25	
1714	653	Diuzdelly Borges	Individual	01:14:19	+42:18	07:26	
1715	1631	Roberto Borges	Individual	01:14:20	+42:19	07:26	
1716	841	Sara Frias	Individual	01:14:22	+42:21	07:26	
1717	651	Diana Santos	Individual	01:14:22	+42:21	07:26	
1718	767	Maria Pedro Silva	Individual	01:14:25	+42:24	07:27	
1719	843	Sara Julião	Individual	01:14:38	+42:37	07:28	
1720	218	Cátia Silvério	Civilria RunClub	01:14:49	+42:48	07:29	
1721	577	Andreia Silva	Individual	01:14:51	+42:50	07:29	
1722	1709	Cláudia Sofia Martins Dias Ferreira Vaz	Lacticoop	01:14:58	+42:57	07:30	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1723	1708	Joana Dias Nogueira	Lacticoop	01:14:58	+42:57	07:30	
1724	1876	Linda Silva João	Reumáticos & Etc	01:15:09	+43:08	07:31	
1725	427	FLÁVIA SILVA	FO RUNNERS	01:15:10	+43:09	07:31	
1726	432	ANA SILVA	FO RUNNERS	01:15:10	+43:09	07:31	
1727	409	Joao Carlos Gaspar Simoes	Eu Posso Correr Team	01:15:21	+43:20	07:32	
1728	406	Maria Cidalia Jesus Freire	Eu Posso Correr Team	01:15:21	+43:20	07:32	
1729	424	Eduarda Agra	Flauchover BVP	01:15:21	+43:20	07:32	
1730	1470	Patrícia Valente	Individual	01:15:25	+43:24	07:33	
1731	730	Lígia Fernandes	Individual	01:15:27	+43:26	07:33	
1732	1890	Afonso Silva	Riaga Group	01:15:29	+43:28	07:33	
1733	1889	Maria Louro	Riaga Group	01:15:29	+43:28	07:33	
1734	1750	Natacha da Luz Nunes Freitas	Moliceiro ao pico	01:15:35	+43:34	07:34	
1735	1753	Sandra Marina Silva Pitarma Neto	Moliceiro ao pico	01:15:36	+43:35	07:34	
1736	642	Débora Pato	Individual	01:15:39	+43:38	07:34	
1737	833	Rita Portas	Individual	01:15:39	+43:38	07:34	
1738	1489	Sonia sousa	Individual	01:15:46	+43:45	07:35	
1739	733	Liliana Claudia Marques Veiga	Individual	01:15:48	+43:47	07:35	
1740	2014	Rafael Fernandes	Urban Wolves	01:15:48	+43:47	07:35	
1741	665	Filipa Pereira	Individual	01:15:53	+43:52	07:35	
1742	1293	Pedro Gonçalves	Individual	01:15:55	+43:54	07:35	
1743	2070	André Ferreira	Individual	01:16:03	+44:02	07:36	
1744	541	Ana Cruz	Individual	01:16:03	+44:02	07:36	
1745	112	Beatriz Pimentel	BCM³	01:16:45	+44:44	07:41	
1746	1381	Simão Mortágua	Individual	01:16:48	+44:47	07:41	
1747	854	Sofia Santos	Individual	01:16:48	+44:48	07:41	
1748	605	Bruna Tavares Paulino	Individual	01:16:49	+44:48	07:41	
1749	571	Andreia Alhais	Individual	01:17:06	+45:05	07:43	
1750	681	Inês Alhais	Individual	01:17:06	+45:05	07:43	
1751	861	Soraia Mesquita	Individual	01:17:15	+45:14	07:43	
1752	821	Raquel Monteiro	Individual	01:17:15	+45:14	07:44	
1753	113	Claudia Silva	BCM³	01:17:48	+45:47	07:47	
1754	675	Giovanna Miranda	Individual	01:17:48	+45:47	07:47	
1755	689	Inês Lalanda	Individual	01:17:54	+45:53	07:47	
1756	328	Lorhan Caldas	COSTA NOVA RUN	01:18:14	+46:13	07:49	
1757	1421	Alexandra Monteiro	Individual	01:18:21	+46:20	07:50	
1758	1965	Diana Domingues	Tainadas Run Team - Somengil	01:19:26	+47:25	07:57	
1759	635	Claudia Griné	Individual	01:19:51	+47:50	07:59	
1760	1433	Carina lopes malta	Individual	01:19:51	+47:50	07:59	
1761	608	Carina Dominguez	Individual	01:19:51	+47:50	07:59	
1762	875	Telma Gonçalves	Individual	01:19:54	+47:53	07:59	
1763	931	Bernardo Lemos	Individual	01:20:01	+48:00	08:00	
1764	722	Lara Marques Pires	Individual	01:20:01	+48:00	08:00	
1765	1427	Ana Ribeiro	Individual	01:20:16	+48:15	08:02	
1766	554	Ana Miguel da Silva Rodrigues	Individual	01:20:33	+48:32	08:03	
1767	644	Diana Filipe Albuquerque	Individual	01:20:33	+48:32	08:03	
1768	103	sara ezequiel	Barra Ocean Runners	01:20:35	+48:34	08:03	

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1769	744	Mafalda Cerqueira Correia	Individual	01:21:06	+49:05	08:07	
1770	606	Camila silva	Individual	01:21:11	+49:10	08:07	
1771	650	Diana Santos	Individual	01:21:11	+49:10	08:07	
1772	1794	Patrícia Ferreira	Os Franciscos	01:21:38	+49:37	08:10	
1773	1548	Gonçalo Fidalgo	Individual	01:21:38	+49:37	08:10	
1774	221	Gabi Desmolins	Civilria RunClub	01:21:39	+49:38	08:10	
1775	1460	Maria Lucinda Amaral Lopes Maia	Individual	01:21:46	+49:45	08:11	
1776	1743	Catarina Filipa das Neves Gomes	Moliceiro ao pico	01:21:47	+49:46	08:11	
1777	2064	David Campos	Individual	01:21:57	+49:56	08:12	
1778	2065	Ixabu campos	Individual	01:21:57	+49:56	08:12	
1779	758	Maria do Rosário Batalha Alves Santos Paulino	Individual	01:22:02	+50:01	08:12	
1780	437	Héloise LAURIN	Frenchsixseven	01:22:08	+50:07	08:13	
1781	223	Isabelle Araujo	Civilria RunClub	01:22:15	+50:14	08:14	
1782	225	Larissa Aiko Fonseca de Campos	Civilria RunClub	01:22:15	+50:14	08:14	
1783	1268	Nuno David Freitas Matos	Individual	01:22:19	+50:18	08:14	
1784	1483	Sandra Salgueiro	Individual	01:22:37	+50:36	08:16	
1785	1439	Cristina Maria Alves Marques	Individual	01:24:15	+52:14	08:25	
1786	1448	Gisela Maria da Silva Mello	Individual	01:24:26	+52:25	08:27	
1787	556	Ana Oliveira	Individual	01:24:46	+52:45	08:29	
1788	660	Fabiana santos	Individual	01:28:10	+56:09	08:49	
1789	1998	Lucy Alcatrão	Trilhos&Rodas	01:28:10	+56:09	08:49	
1790	1997	Carla liliana Silva	Trilhos&Rodas	01:28:13	+56:12	08:49	



São Silvestre de Aveiro
Aveiro
28-novembro-2026

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	15,5ºC	89%
End	19:58	15,5ºC	89%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1930	Beatriz Borges Alves	Saca Trilhos de Anadia	Senior Feminino	37:32		03:45
2	476	Carolina Ribeiro	GRECAS	Senior Feminino	38:15	+00:42	03:49
3	847	Sílvia Santos	Individual	Senior Feminino	39:35	+02:02	03:57
4	2072	Catarina Ferreira Bispo	Individual	Senior Feminino	40:41	+03:08	04:04
5	2003	Maria Ferreira	UNIDOS RUN TEAM / AS OLIVEIRINHAS	Senior Feminino	41:00	+03:27	04:06
6	752	Margarida Simões	Individual	Senior Feminino	41:35	+04:02	04:10
7	658	Eduarda Leitão	Individual	Senior Feminino	41:38	+04:05	04:10
8	753	MARIA MARQUES	Individual	Senior Feminino	41:57	+04:24	04:12
9	2033	Sara Mendes	WE CAN RUN	Senior Feminino	42:43	+05:10	04:16
10	738	Luana Martins	Individual	Senior Feminino	42:57	+05:24	04:18
11	615	Carolina de Carvalho Cortez	Individual	Senior Feminino	43:08	+05:35	04:19
12	761	Maria Helena Borges Alves	Individual	Senior Feminino	43:42	+06:09	04:22
13	851	Sofia Figueiredo	Individual	Senior Feminino	44:19	+06:46	04:26
14	106	Mariana novais	Barra Swim Club	Senior Feminino	44:37	+07:04	04:28
15	91	Laura Pires	Barra Ocean Runners	Senior Feminino	45:05	+07:32	04:30
16	582	Bárbara Almeida	Individual	Senior Feminino	45:41	+08:08	04:34
17	705	Joana Branco	Individual	Senior Feminino	45:54	+08:21	04:35
18	796	Mélanie Quintela	Individual	Senior Feminino	46:06	+08:33	04:37
19	736	Liliane Ferreira	Individual	Senior Feminino	46:32	+09:00	04:39
20	63	Ana Veiga	Ana Paula Veiga	Senior Feminino	46:43	+09:10	04:40
21	107	Rita fardilha	Barra Swim Club	Senior Feminino	46:45	+09:12	04:40
22	580	Anke Jasmin Spadinger	Individual	Senior Feminino	46:45	+09:12	04:41
23	35	Raquel Fonseca	ADI - Associação Desportiva de Ílhavo	Senior Feminino	46:47	+09:14	04:41
24	1834	Sara Tschumi Murtinheira Martins	PRIO	Senior Feminino	46:48	+09:15	04:41
25	529	Agnes Djurstedt	Individual	Senior Feminino	46:54	+09:21	04:41
26	737	Luana Ferreira	Individual	Senior Feminino	47:02	+09:29	04:42
27	548	Ana Jorge Eugénio	Individual	Senior Feminino	47:22	+09:49	04:44
28	1832	Rita Marques	PRIO	Senior Feminino	47:23	+09:50	04:44
29	227	Mariana Matos	Civilria RunClub	Senior Feminino	47:26	+09:53	04:45
30	826	Jorge Neto	Individual	Senior Feminino	48:08	+10:35	04:49
31	679	Helena Silva	Individual	Senior Feminino	48:11	+10:38	04:49
32	336	Margherita Bandini	Crinali asd	Senior Feminino	48:16	+10:43	04:50
33	818	Raissa Rocha	Individual	Senior Feminino	48:41	+11:08	04:52
34	539	Ana Cláudia Videira	Individual	Senior Feminino	48:44	+11:12	04:52
35	1973	Raquel Lopes	TDcredito	Senior Feminino	48:47	+11:14	04:53
36	90	Carolina Tavares	Barra Ocean Runners	Senior Feminino	48:49	+11:16	04:53
37	686	Inês Cunha	Individual	Senior Feminino	49:11	+11:38	04:55
38	589	Beatriz Antunes Santos	Individual	Senior Feminino	49:24	+11:51	04:56

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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39	677	Gissell Andrade	Individual	Senior Feminino	49:27	+11:54	04:57
40	595	Beatriz Matos	Individual	Senior Feminino	49:35	+12:02	04:58
41	161	Inês Machado	BORA TREINAR RUNNING CLUB	Senior Feminino	49:43	+12:10	04:58
42	226	Luana Maria do Nascimento de Morais	Civilria RunClub	Senior Feminino	49:53	+12:20	04:59
43	224	Jacqueline Fernandes	Civilria RunClub	Senior Feminino	49:58	+12:25	05:00
44	540	Ana Cristina Eufrásio Poeta	Individual	Senior Feminino	49:58	+12:26	05:00
45	769	Maria Raquel Rodrigues Macedo	Individual	Senior Feminino	50:08	+12:35	05:01
46	579	Andreia Vieira	Individual	Senior Feminino	50:10	+12:37	05:01
47	1826	Joana Silvestre Lopes	PRIO	Senior Feminino	50:29	+12:56	05:03
48	392	Célia Castelão	Eu Posso Correr Team	Senior Feminino	50:39	+13:06	05:04
49	830	Rita Martins	Individual	Senior Feminino	50:40	+13:08	05:04
50	872	Tânia Ramos	Individual	Senior Feminino	50:44	+13:11	05:04
51	731	Liliana Almeida Santos	Individual	Senior Feminino	50:53	+13:20	05:05
52	1867	Teresa Pereira	Reumáticos & Etc	Senior Feminino	51:04	+13:31	05:06
53	760	Maria Gaspar	Individual	Senior Feminino	51:06	+13:33	05:07
54	1902	Filomena Botas	RM Runners By Mira a Mexer	Senior Feminino	51:21	+13:48	05:08
55	388	Beatriz Mota	Equipa maravilla	Senior Feminino	51:22	+13:49	05:08
56	842	Sara Gomes	Individual	Senior Feminino	51:25	+13:52	05:09
57	52	Rafaela Martins	ADSÁTÃO RUNNERS	Senior Feminino	51:29	+13:56	05:09
58	719	juliana lopes	Individual	Senior Feminino	51:30	+13:57	05:09
59	771	Mariana Augusto	Individual	Senior Feminino	51:32	+13:59	05:09
60	327	Sónia Dinis	COSTA NOVA RUN	Senior Feminino	51:46	+14:13	05:11
61	1933	Manuela Nunes	Sport Clube Beira-Mar	Senior Feminino	51:56	+14:23	05:12
62	747	Mafalda Segura	Individual	Senior Feminino	52:01	+14:28	05:12
63	794	Matilde Almeida	Individual	Senior Feminino	52:35	+15:02	05:15
64	1733	Filipa Moreira	Mestres da Ciática	Senior Feminino	52:36	+15:03	05:16
65	874	Telma Francisco	Individual	Senior Feminino	52:36	+15:04	05:16
66	88	Ana Rei	Barra Ocean Runners	Senior Feminino	52:37	+15:04	05:16
67	446	Liliana Ferreira	Gab.Fisio Cleide Martins	Senior Feminino	52:41	+15:08	05:16
68	71	Beatriz Marques	Bai Bagos	Senior Feminino	52:43	+15:10	05:16
69	93	Silvana Oliveira	Barra Ocean Runners	Senior Feminino	52:45	+15:13	05:17
70	1813	Teresa Henriques	Princesa da Raia	Senior Feminino	52:48	+15:15	05:17
71	655	Dulce Cunha	Individual	Senior Feminino	52:56	+15:24	05:18
72	573	andreia duarte	Individual	Senior Feminino	52:59	+15:26	05:18
73	633	Cláudia Daniela Sousa Florindo	Individual	Senior Feminino	53:01	+15:28	05:18
74	339	Océana Simões	Cross Company	Senior Feminino	53:02	+15:29	05:18
75	568	Ana Vieira	Individual	Senior Feminino	53:05	+15:32	05:18
76	570	Andreia Afonso	Individual	Senior Feminino	53:11	+15:38	05:19
77	2	Inês Castelhano	#é_só_até_ali	Senior Feminino	53:14	+15:41	05:19
78	702	Jessica Silva	Individual	Senior Feminino	53:20	+15:48	05:20
79	578	Andreia Silva	Individual	Senior Feminino	53:22	+15:49	05:20
80	609	Carina Santos	Individual	Senior Feminino	53:26	+15:53	05:21
81	28	Fátima Ribeiro	ACTIB	Senior Feminino	53:43	+16:10	05:22
82	692	Inês Martins	Individual	Senior Feminino	53:45	+16:12	05:23
83	828	Rita Maria	Individual	Senior Feminino	53:47	+16:14	05:23
84	611	Carla Bastos	Individual	Senior Feminino	53:49	+16:16	05:23

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

85	740	Lucília Alves	Individual	Senior Feminino	53:52	+16:19	05:23
86	704	Joana Antunes	Individual	Senior Feminino	53:55	+16:22	05:23
87	834	Rita Soares	Individual	Senior Feminino	53:55	+16:22	05:24
88	1859	Filipa Santos	Refúgio Estúdio	Senior Feminino	54:03	+16:30	05:24
89	784	Marisa Raquel Rosete Almeida	Individual	Senior Feminino	54:10	+16:37	05:25
90	649	Diana Santos	Individual	Senior Feminino	54:10	+16:37	05:25
91	559	Ana Rita Batista	Individual	Senior Feminino	54:12	+16:39	05:25
92	878	Tiziana Scarna	Individual	Senior Feminino	54:13	+16:40	05:25
93	1835	Soraia Catarina Soares Basílio	PRIO	Senior Feminino	54:13	+16:40	05:25
94	714	Joana Silva Marques	Individual	Senior Feminino	54:15	+16:42	05:25
95	489	Mariana Carramão	grohe	Senior Feminino	54:24	+16:51	05:26
96	723	Laura Maio	Individual	Senior Feminino	54:25	+16:52	05:26
97	567	Ana Valente	Individual	Senior Feminino	54:30	+16:57	05:27
98	1819	Catarina Vieira Dias	PRIO	Senior Feminino	54:32	+16:59	05:27
99	604	Bruna Santos	Individual	Senior Feminino	54:35	+17:02	05:27
100	1822	Filipa Vieira Soares	PRIO	Senior Feminino	54:39	+17:06	05:28
101	789	Marta Diogo	Individual	Senior Feminino	54:40	+17:07	05:28
102	599	Bebiana Marques	Individual	Senior Feminino	54:48	+17:15	05:29
103	1952	Lénia Rocha de Oliveira	Tainadas Run Team - Somengil	Senior Feminino	54:52	+17:19	05:29
104	824	Rita Cipriano	Individual	Senior Feminino	54:55	+17:22	05:29
105	829	Rita Marieiro	Individual	Senior Feminino	54:58	+17:25	05:30
106	739	Lúcia Miguel	Individual	Senior Feminino	55:01	+17:28	05:30
107	618	Carolina Rocha	Individual	Senior Feminino	55:01	+17:28	05:30
108	638	Cristiana Simões Ferreira Lemos	Individual	Senior Feminino	55:03	+17:30	05:30
109	639	Cristina Soares	Individual	Senior Feminino	55:05	+17:32	05:31
110	1916	Tatiana Costa	ROAD TO BH	Senior Feminino	55:07	+17:34	05:31
111	759	Maria Emília Nunes Carneiro	Individual	Senior Feminino	55:08	+17:36	05:31
112	1716	SÓNIA SIMÕES	Lobitos	Senior Feminino	55:11	+17:38	05:31
113	1745	Sónia Patrícia Dias Azevedo	Moliceiro ao pico	Senior Feminino	55:11	+17:38	05:31
114	340	Stephanie Simoes	Cross Company	Senior Feminino	55:21	+17:48	05:32
115	1742	Beatriz da Mota Veiga Fernandes	Moliceiro ao pico	Senior Feminino	55:22	+17:49	05:32
116	628	Cátia Coelho	Individual	Senior Feminino	55:23	+17:50	05:32
117	306	Sabine Pereira Brito	CMD Lacerda	Senior Feminino	55:27	+17:54	05:33
118	1782	Ana Marques	Nas Ideias Club	Senior Feminino	55:37	+18:04	05:34
119	783	Marie Averbeck	Individual	Senior Feminino	55:38	+18:05	05:34
120	808	Patricia Amaral Santos	Individual	Senior Feminino	55:46	+18:13	05:35
121	725	Lavinia santos	Individual	Senior Feminino	55:54	+18:21	05:35
122	600	Betina Beirão	Individual	Senior Feminino	55:58	+18:25	05:36
123	233	Tatiana Oliveira	Civilria RunClub	Senior Feminino	55:58	+18:25	05:36
124	711	Joana Rodrigues	Individual	Senior Feminino	56:00	+18:28	05:36
125	394	Silvia Oliveira	Eu Posso Correr Team	Senior Feminino	56:02	+18:30	05:36
126	555	Ana Miranda	Individual	Senior Feminino	56:12	+18:39	05:37
127	696	Inês Sousa	Individual	Senior Feminino	56:13	+18:40	05:37
128	229	NATACHA ALVAREZ	Civilria RunClub	Senior Feminino	56:14	+18:41	05:37
129	337	Ana Marques	Cross Company	Senior Feminino	56:15	+18:42	05:37
130	127	Mariana Brites Augusto	Bloco	Senior Feminino	56:17	+18:44	05:38

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

131	721	Kristine Plikse	Individual	Senior Feminino	56:19	+18:46	05:38
132	326	Sara Cordeiro	COSTA NOVA RUN	Senior Feminino	56:21	+18:48	05:38
133	415	Inês Pinto	Falcon 21	Senior Feminino	56:22	+18:49	05:38
134	674	Gilda Aires	Individual	Senior Feminino	56:23	+18:50	05:38
135	452	Liliana Filipa Roldão dos Santos	Glicinias Plaza	Senior Feminino	56:29	+18:56	05:39
136	712	Joana Saavedra	Individual	Senior Feminino	56:30	+18:57	05:39
137	775	Mariana Martins Oliveira	Individual	Senior Feminino	56:44	+19:11	05:40
138	813	Paula Ferreira	Individual	Senior Feminino	56:44	+19:11	05:40
139	726	Lena Mokina	Individual	Senior Feminino	56:45	+19:12	05:40
140	547	Ana Isabel Bernardes Romeiro	Individual	Senior Feminino	56:45	+19:13	05:41
141	1946	Sandrina Marques	Swimming runners	Senior Feminino	56:47	+19:14	05:41
142	2044	Inês Silva	Individual	Senior Feminino	56:48	+19:15	05:41
143	867	Susana Pechim	Individual	Senior Feminino	56:58	+19:25	05:42
144	219	Claudia Rodrigues de Pinho	Civilria RunClub	Senior Feminino	56:58	+19:25	05:42
145	877	Teresa José Almeida e Cunha	Individual	Senior Feminino	57:01	+19:28	05:42
146	688	Inês Huet Casa Nova	Individual	Senior Feminino	57:01	+19:28	05:42
147	258	Gabi Jesus Ferreira	Civilria RunClub	Senior Feminino	57:04	+19:31	05:42
148	563	Ana Sofia montez	Individual	Senior Feminino	57:04	+19:31	05:42
149	647	Diana Regalado	Individual	Senior Feminino	57:05	+19:32	05:42
150	216	Ana Nunes	Civilria RunClub	Senior Feminino	57:06	+19:33	05:43
151	765	Maria Miguel mendes Martins	Individual	Senior Feminino	57:15	+19:42	05:43
152	60	José Júlio Monteiro Fernandes	Alex Crew	Senior Feminino	57:15	+19:42	05:43
153	128	Matilde Mota	Bloco	Senior Feminino	57:16	+19:43	05:44
154	530	Alessandra Diaz	Individual	Senior Feminino	57:16	+19:44	05:44
155	560	Ana Rita Pereira Duarte	Individual	Senior Feminino	57:23	+19:50	05:44
156	1818	Catarina Salvador Gonçalves	PRIO	Senior Feminino	57:27	+19:54	05:45
157	576	Andreia Novo	Individual	Senior Feminino	57:34	+20:01	05:45
158	797	Mélany Martins	Individual	Senior Feminino	57:37	+20:04	05:46
159	720	Juliana Silva	Individual	Senior Feminino	57:38	+20:05	05:46
160	186	Carolina Ferreira	Casa Benfica Bairrada	Senior Feminino	58:01	+20:28	05:48
161	323	Inês Baptista	COSTA NOVA RUN	Senior Feminino	58:02	+20:29	05:48
162	124	Leonor Fonte	Bloco	Senior Feminino	58:03	+20:30	05:48
163	620	Catarina Albuquerque Ferreira	Individual	Senior Feminino	58:03	+20:30	05:48
164	602	Bruna Batista Velha	Individual	Senior Feminino	58:11	+20:38	05:49
165	832	Rita Pires	Individual	Senior Feminino	58:12	+20:39	05:49
166	781	Mariana Soares	Individual	Senior Feminino	58:13	+20:40	05:49
167	2073	Sofia Silva	Individual	Senior Feminino	58:13	+20:40	05:49
168	451	Beatriz Simões Fernandes	Glicinias Plaza	Senior Feminino	58:14	+20:41	05:49
169	1836	Vera Catarina Friaes Andres	PRIO	Senior Feminino	58:15	+20:42	05:50
170	34	Marta Oliveira	ADI - Associação Desportiva de Ílhavo	Senior Feminino	58:17	+20:44	05:50
171	414	Cátia Rodrigues	Falcon 21	Senior Feminino	58:21	+20:48	05:50
172	659	Érica Diamantino	Individual	Senior Feminino	58:22	+20:49	05:50
173	410	Magda Esteves	Eu Tu e a Montanha	Senior Feminino	58:25	+20:52	05:51
174	92	Mafalda Martins	Barra Ocean Runners	Senior Feminino	58:29	+20:56	05:51
175	786	Marta Campanário	Individual	Senior Feminino	58:30	+20:57	05:51
176	569	Anamar Rei Marques	Individual	Senior Feminino	58:31	+20:58	05:51

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

177	684	Inês Barreira	Individual	Senior Feminino	58:35	+21:02	05:51
178	709	Joana Macedo	Individual	Senior Feminino	58:36	+21:03	05:52
179	840	Sandra Machado	Individual	Senior Feminino	58:36	+21:03	05:52
180	531	Alexandra Barbosa	Individual	Senior Feminino	58:38	+21:05	05:52
181	1705	Daniela Amaral	KMCL Running	Senior Feminino	58:41	+21:08	05:52
182	70	Ana Rita Cruz	Bai Bagos	Senior Feminino	58:56	+21:23	05:54
183	885	Viviana Espinoza	Individual	Senior Feminino	58:57	+21:24	05:54
184	1784	Inês Limas	Nas Ideias Club	Senior Feminino	58:57	+21:24	05:54
185	230	Rafaela Oliveira	Civilria RunClub	Senior Feminino	58:58	+21:25	05:54
186	1799	Ana Maria Pislaru	Pace e Jola	Senior Feminino	58:58	+21:25	05:54
187	1800	Mafaldas Macedo Silva	Pace e Jola	Senior Feminino	58:58	+21:25	05:54
188	629	Cátia Coelho	Individual	Senior Feminino	58:59	+21:26	05:54
189	817	Rafaela Monteiro Vieira	Individual	Senior Feminino	58:59	+21:26	05:54
190	1943	Liliana Bastos	Stepbystep	Senior Feminino	59:00	+21:27	05:54
191	768	Maria Pires	Individual	Senior Feminino	59:01	+21:29	05:54
192	377	Ana Margarida Silva Rodrigues	Diatosta	Senior Feminino	59:07	+21:34	05:55
193	706	Joana Duarte Rolo	Individual	Senior Feminino	59:09	+21:36	05:55
194	858	Sonja Wichtrup	Individual	Senior Feminino	59:20	+21:47	05:56
195	876	Telma Rodrigues	Individual	Senior Feminino	59:21	+21:48	05:56
196	575	Andreia Leal Pereira	Individual	Senior Feminino	59:24	+21:51	05:56
197	835	Rita vicente	Individual	Senior Feminino	59:33	+22:00	05:57
198	772	Mariana Carramão	Individual	Senior Feminino	59:33	+22:00	05:57
199	1783	Eva Cardoso	Nas Ideias Club	Senior Feminino	59:33	+22:00	05:57
200	680	Helga Afonso	Individual	Senior Feminino	59:33	+22:01	05:57
201	754	Maria Almeida	Individual	Senior Feminino	59:40	+22:07	05:58
202	827	Rita Machado	Individual	Senior Feminino	59:40	+22:07	05:58
203	1914	Lucie Paradinha	ROAD TO BH	Senior Feminino	59:52	+22:19	05:59
204	636	Cristiana Dias	Individual	Senior Feminino	59:54	+22:21	05:59
205	741	Ludimila costa	Individual	Senior Feminino	01:00:00	+22:27	06:00
206	1831	Raquel Marques Ferreira	PRIO	Senior Feminino	01:00:03	+22:30	06:00
207	562	Ana Sofia Domingues Bimna	Individual	Senior Feminino	01:00:13	+22:40	06:01
208	234	Thaís Rocha	Civilria RunClub	Senior Feminino	01:00:13	+22:40	06:01
209	1744	Daniela Alexandra Baptista Campos	Moliceiro ao pico	Senior Feminino	01:00:16	+22:43	06:02
210	564	Ana Sofia Soares Alves	Individual	Senior Feminino	01:00:18	+22:45	06:02
211	626	Catarina Ré	Individual	Senior Feminino	01:00:25	+22:52	06:02
212	803	Natália Tavares	Individual	Senior Feminino	01:00:26	+22:54	06:03
213	130	Rafaela Soares	Bloco	Senior Feminino	01:00:36	+23:03	06:04
214	873	Tânia Vieira	Individual	Senior Feminino	01:00:39	+23:06	06:04
215	845	Sara Miguel Silva Rodrigues	Individual	Senior Feminino	01:00:45	+23:12	06:05
216	836	Rocelis Marcelino	Individual	Senior Feminino	01:00:49	+23:16	06:05
217	89	Andréa Sa	Barra Ocean Runners	Senior Feminino	01:00:59	+23:26	06:06
218	621	Catarina Dias Pires	Individual	Senior Feminino	01:01:00	+23:27	06:06
219	304	Ana Fernandes	CMD Lacerda	Senior Feminino	01:01:01	+23:28	06:06
220	848	Sílvia Antunes	Individual	Senior Feminino	01:01:04	+23:31	06:06
221	801	Miriam Lopes	Individual	Senior Feminino	01:01:07	+23:34	06:07
222	648	Diana Rosa	Individual	Senior Feminino	01:01:07	+23:34	06:07

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

223	528	Adriana Lopes	Individual	Senior Feminino	01:01:17	+23:44	06:08
224	788	Marta Dias	Individual	Senior Feminino	01:01:18	+23:45	06:08
225	857	Sofia Soares	Individual	Senior Feminino	01:01:18	+23:45	06:08
226	322	Inês Almeida	COSTA NOVA RUN	Senior Feminino	01:01:22	+23:49	06:08
227	321	Cátia Mota	COSTA NOVA RUN	Senior Feminino	01:01:27	+23:54	06:09
228	1817	Beatriz Costa Santos	PRIO	Senior Feminino	01:01:31	+23:58	06:09
229	74	Teresa Araújo	Bai Bagos	Senior Feminino	01:01:31	+23:58	06:09
230	72	Francisca Ferro	Bai Bagos	Senior Feminino	01:01:31	+23:58	06:09
231	129	Matilde Vieira	Bloco	Senior Feminino	01:01:32	+23:59	06:09
232	755	Maria Antunes	Individual	Senior Feminino	01:01:34	+24:01	06:09
233	158	Carolina Rodrigues Lopes	Bloco da Comunidade	Senior Feminino	01:01:36	+24:03	06:10
234	839	Sandra Fernandes	Individual	Senior Feminino	01:01:37	+24:04	06:10
235	122	Camila Maria Eid da Silva	Bloco	Senior Feminino	01:01:42	+24:09	06:10
236	707	Joana Frade Carvalho	Individual	Senior Feminino	01:01:42	+24:09	06:10
237	881	Vânia Fidalgo	Individual	Senior Feminino	01:01:43	+24:10	06:10
238	1789	Carla Caiado	Os 4 Magníficos	Senior Feminino	01:01:45	+24:12	06:10
239	2031	Catarina Marques	WE CAN RUN	Senior Feminino	01:01:51	+24:18	06:11
240	849	Sofia Cardoso	Individual	Senior Feminino	01:01:52	+24:19	06:11
241	1915	Synara Tolentino	ROAD TO BH	Senior Feminino	01:01:54	+24:21	06:11
242	313	Catarina Resende	Correr Fermelã ACADOF	Senior Feminino	01:01:58	+24:25	06:12
243	453	Rafaela Semião	Glicinias Plaza	Senior Feminino	01:02:02	+24:29	06:12
244	860	Soraia Couceiro	Individual	Senior Feminino	01:02:02	+24:29	06:12
245	324	Juliana Verdú	COSTA NOVA RUN	Senior Feminino	01:02:04	+24:31	06:12
246	657	Dziyana Boiba	Individual	Senior Feminino	01:02:06	+24:33	06:13
247	888	Zinaida Shakel	Individual	Senior Feminino	01:02:06	+24:33	06:13
248	662	Filipa Agante Santos	Individual	Senior Feminino	01:02:12	+24:39	06:13
249	220	Daniela Ferreira	Civilria RunClub	Senior Feminino	01:02:14	+24:41	06:13
250	85	Carolina Fernandes Casal	Bando dos Quatro	Senior Feminino	01:02:24	+24:51	06:14
251	646	Diana Oliveira	Individual	Senior Feminino	01:02:27	+24:54	06:15
252	445	Cleide Martins	Gab.Fisio Cleide Martins	Senior Feminino	01:02:29	+24:56	06:15
253	581	Anouk Eggen	Individual	Senior Feminino	01:02:29	+24:57	06:15
254	2010	Ana Rita	Urban Wolves	Senior Feminino	01:02:31	+24:59	06:15
255	2011	Mariana Cruz	Urban Wolves	Senior Feminino	01:02:32	+24:59	06:15
256	757	Maria Campos	Individual	Senior Feminino	01:02:35	+25:02	06:16
257	745	Mafalda Maia	Individual	Senior Feminino	01:02:36	+25:03	06:16
258	1715	Liliana Colaço	Lobitos	Senior Feminino	01:02:37	+25:04	06:16
259	668	Filipa Silva	Individual	Senior Feminino	01:02:37	+25:04	06:16
260	779	Mariana Santos	Individual	Senior Feminino	01:02:40	+25:07	06:16
261	542	Ana Fardilha	Individual	Senior Feminino	01:02:44	+25:11	06:16
262	887	Zarina Gontscharenko Silva	Individual	Senior Feminino	01:02:48	+25:16	06:17
263	591	Beatriz Loureiro	Individual	Senior Feminino	01:02:51	+25:19	06:17
264	798	MI Gonzatti	Individual	Senior Feminino	01:02:52	+25:19	06:17
265	852	Sofia Maria Ferreira Morais	Individual	Senior Feminino	01:02:53	+25:20	06:17
266	1885	Carolina Valente	Riaga Group	Senior Feminino	01:02:54	+25:21	06:17
267	643	Diana Costa	Individual	Senior Feminino	01:02:55	+25:23	06:18
268	532	Alexandra Ramos	Individual	Senior Feminino	01:03:00	+25:27	06:18

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

269	697	iolanda ferreira	Individual	Senior Feminino	01:03:01	+25:28	06:18
270	627	Cátia Almeida	Individual	Senior Feminino	01:03:07	+25:34	06:19
271	622	Catarina Fernandes	Individual	Senior Feminino	01:03:08	+25:35	06:19
272	812	Paula Ascenção	Individual	Senior Feminino	01:03:11	+25:38	06:19
273	770	Mariana Almeida	Individual	Senior Feminino	01:03:13	+25:40	06:19
274	756	Maria Cainé	Individual	Senior Feminino	01:03:13	+25:40	06:19
275	1925	Bárbara Marina Pereira Martins	Run & Rise	Senior Feminino	01:03:13	+25:40	06:19
276	1903	Julia Alves	RM Runners By Mira a Mexer	Senior Feminino	01:03:17	+25:44	06:20
277	614	Carolina Coelho	Individual	Senior Feminino	01:03:30	+25:57	06:21
278	802	Mónica Marques	Individual	Senior Feminino	01:03:31	+25:58	06:21
279	782	Mariana Sousa	Individual	Senior Feminino	01:03:32	+25:59	06:21
280	596	Beatriz Pereira	Individual	Senior Feminino	01:03:37	+26:05	06:22
281	624	CATARINA MENANO	Individual	Senior Feminino	01:03:43	+26:10	06:22
282	777	Mariana Resende	Individual	Senior Feminino	01:03:43	+26:10	06:22
283	590	Beatriz Fonseca Duarte de Pinho Soares	Individual	Senior Feminino	01:03:44	+26:11	06:22
284	598	Beatriz Vilela	Individual	Senior Feminino	01:03:46	+26:14	06:23
285	820	Raquel Lopes Correia	Individual	Senior Feminino	01:03:47	+26:14	06:23
286	664	Filipa Marques	Individual	Senior Feminino	01:03:54	+26:22	06:23
287	805	Neuza Ribeiro	Individual	Senior Feminino	01:03:56	+26:23	06:24
288	543	Ana Filipa Lopes Nuno	Individual	Senior Feminino	01:03:58	+26:25	06:24
289	566	Ana Teresa Ramos de Carvalho	Individual	Senior Feminino	01:03:58	+26:25	06:24
290	884	Virgínia Sofia Gonçalves Ferreira	Individual	Senior Feminino	01:03:59	+26:26	06:24
291	850	Sofia Costa	Individual	Senior Feminino	01:04:03	+26:30	06:24
292	131	Rayene Lage	Bloco	Senior Feminino	01:04:07	+26:34	06:25
293	1865	Andreia Simões	Reumáticos & Etc	Senior Feminino	01:04:09	+26:36	06:25
294	114	Mariana Simoes	BCM³	Senior Feminino	01:04:12	+26:39	06:25
295	593	Beatriz Machado	Individual	Senior Feminino	01:04:12	+26:39	06:25
296	1717	Stephanie Jesus Cavaco	Lobitos	Senior Feminino	01:04:13	+26:40	06:25
297	882	Vera Barros	Individual	Senior Feminino	01:04:14	+26:41	06:25
298	746	Mafalda Martins	Individual	Senior Feminino	01:04:17	+26:44	06:26
299	586	Barbara Mariana Santos Tavares	Individual	Senior Feminino	01:04:21	+26:48	06:26
300	883	Veronica Noronha	Individual	Senior Feminino	01:04:22	+26:49	06:26
301	1780	Sara Sabino	Mom's Out	Senior Feminino	01:04:24	+26:51	06:26
302	1732	Ana Salgado	Mestres da Ciática	Senior Feminino	01:04:25	+26:52	06:26
303	819	Raquel Hipólito	Individual	Senior Feminino	01:04:28	+26:55	06:27
304	868	Susana Ramos	Individual	Senior Feminino	01:04:28	+26:55	06:27
305	416	Rita Santos	Falcon 21	Senior Feminino	01:04:30	+26:57	06:27
306	682	Inês Almeida	Individual	Senior Feminino	01:04:35	+27:02	06:27
307	724	Laura Santos	Individual	Senior Feminino	01:04:38	+27:05	06:28
308	1866	Sara Sarabando	Reumáticos & Etc	Senior Feminino	01:04:39	+27:06	06:28
309	718	Juliana Gomes	Individual	Senior Feminino	01:04:43	+27:10	06:28
310	546	Ana Helena da Silva Lopes Rodrigues dos Reis	Individual	Senior Feminino	01:04:45	+27:12	06:29
311	809	Patricia Blard	Individual	Senior Feminino	01:04:50	+27:17	06:29
312	438	Victoire DEVAULX DE CHAMBORD	Frenchsixseven	Senior Feminino	01:04:52	+27:19	06:29
313	823	Rita Almeida	Individual	Senior Feminino	01:04:58	+27:26	06:30

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

314	386	PRICILA SIMOES DUTRA	DUTRA	Senior Feminino	01:04:59	+27:26	06:30
315	862	Soraia Monteiro	Individual	Senior Feminino	01:05:00	+27:27	06:30
316	793	Marta Pereira	Individual	Senior Feminino	01:05:00	+27:27	06:30
317	208	Luísa Fontes	CFA Team	Senior Feminino	01:05:06	+27:34	06:31
318	670	Francisca Branquinho	Individual	Senior Feminino	01:05:07	+27:34	06:31
319	217	Beatriz Varum	Civilria RunClub	Senior Feminino	01:05:07	+27:34	06:31
320	2032	Jimena Villafañe	WE CAN RUN	Senior Feminino	01:05:13	+27:40	06:31
321	690	Inês Margarida da Silva Ferreira	Individual	Senior Feminino	01:05:23	+27:50	06:32
322	634	Cláudia Ferreira	Individual	Senior Feminino	01:05:27	+27:54	06:33
323	1793	Maria Gabriel	Os Franciscos	Senior Feminino	01:05:28	+27:55	06:33
324	663	Filipa Ferreira	Individual	Senior Feminino	01:05:29	+27:56	06:33
325	1901	Carolina Jorge Oliveira	RM Runners By Mira a Mexer	Senior Feminino	01:05:31	+27:58	06:33
326	763	Maria Julião	Individual	Senior Feminino	01:05:39	+28:06	06:34
327	623	Catarina Malheiro	Individual	Senior Feminino	01:05:45	+28:12	06:35
328	537	Ana Cerca	Individual	Senior Feminino	01:05:46	+28:13	06:35
329	65	Carina Gomes	Asas nos Pés	Senior Feminino	01:05:46	+28:13	06:35
330	592	Beatriz Lourenço	Individual	Senior Feminino	01:05:47	+28:14	06:35
331	750	Margarida Nunes	Individual	Senior Feminino	01:05:48	+28:15	06:35
332	86	Carolina Moreira Freitas	Bando dos Quatro	Senior Feminino	01:05:49	+28:16	06:35
333	729	Lia Cruz	Individual	Senior Feminino	01:05:49	+28:16	06:35
334	206	Cláudia Batista	CFA Team	Senior Feminino	01:05:51	+28:18	06:35
335	1740	Ana Luís Alves Gonçalves	Moliceiro ao pico	Senior Feminino	01:05:53	+28:20	06:35
336	749	Márcia Silva	Individual	Senior Feminino	01:05:53	+28:21	06:35
337	419	Rafaela Pires	FC ODA	Senior Feminino	01:05:55	+28:22	06:35
338	232	Tassia Lino	Civilria RunClub	Senior Feminino	01:05:56	+28:23	06:36
339	73	Sofia Gomes	Bai Bagos	Senior Feminino	01:06:03	+28:30	06:36
340	778	Mariana Salomé Pascoal Ribeiro	Individual	Senior Feminino	01:06:05	+28:32	06:37
341	305	Rafaela Oliveira	CMD Lacerda	Senior Feminino	01:06:08	+28:35	06:37
342	632	Cíntia Martins Alves	Individual	Senior Feminino	01:06:09	+28:36	06:37
343	654	Dora Philipa Almeida	Individual	Senior Feminino	01:06:13	+28:40	06:37
344	831	Rita Moreira	Individual	Senior Feminino	01:06:14	+28:41	06:37
345	715	Joana Vidal	Individual	Senior Feminino	01:06:19	+28:46	06:38
346	667	Filipa Silva	Individual	Senior Feminino	01:06:19	+28:46	06:38
347	2053	Liliana Patrícia Lourenço	Individual	Senior Feminino	01:06:26	+28:53	06:39
348	795	Matilde Mota da Silva	Individual	Senior Feminino	01:06:27	+28:54	06:39
349	607	Carina Alves	Individual	Senior Feminino	01:06:30	+28:58	06:39
350	630	Cesarina Silva	Individual	Senior Feminino	01:06:34	+29:01	06:39
351	561	Ana Rodrigues	Individual	Senior Feminino	01:06:45	+29:12	06:41
352	1951	Fabiana Santos	Tainadas Run Team - Somengil	Senior Feminino	01:06:51	+29:18	06:41
353	197	Milena laranja	CENAP	Senior Feminino	01:06:59	+29:27	06:42
354	84	Ana João Vaz	Bando dos Quatro	Senior Feminino	01:07:01	+29:28	06:42
355	55	Inês Correia	AF Physiology	Senior Feminino	01:07:04	+29:31	06:42
356	527	Adriana Abreu Domingues	Individual	Senior Feminino	01:07:10	+29:37	06:43
357	617	Carolina Martins	Individual	Senior Feminino	01:07:10	+29:37	06:43
358	676	Gisela Simões	Individual	Senior Feminino	01:07:11	+29:38	06:43
359	215	Ana Nunes	Civilria RunClub	Senior Feminino	01:07:11	+29:38	06:43

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

360	1746	Diana Marlene Pimentel Proença	Moliceiro ao pico	Senior Feminino	01:07:16	+29:43	06:44
361	685	Inês Craveiro	Individual	Senior Feminino	01:07:17	+29:45	06:44
362	853	Sofia Martins	Individual	Senior Feminino	01:07:18	+29:45	06:44
363	116	Inês Alvarinhas	Bella ria	Senior Feminino	01:07:18	+29:45	06:44
364	695	Inês Simões Castelhano	Individual	Senior Feminino	01:07:18	+29:45	06:44
365	553	Ana Miguel da Silva Loureiro	Individual	Senior Feminino	01:07:21	+29:49	06:44
366	694	Inês Osório	Individual	Senior Feminino	01:07:23	+29:50	06:44
367	880	Vânia Costa	Individual	Senior Feminino	01:07:23	+29:51	06:44
368	393	Melanie Pires	Eu Posso Correr Team	Senior Feminino	01:07:40	+30:08	06:46
369	743	Lurdes Margaça	Individual	Senior Feminino	01:07:41	+30:08	06:46
370	574	Andreia Filipa Fernandes	Individual	Senior Feminino	01:07:42	+30:09	06:46
371	207	Filomena Figueiredo	CFA Team	Senior Feminino	01:07:43	+30:10	06:46
372	693	Inês Matos	Individual	Senior Feminino	01:07:48	+30:15	06:47
373	8	Inês Ribeiro	#ninjadoasfalto	Senior Feminino	01:07:52	+30:19	06:47
374	716	Júlia Mar	Individual	Senior Feminino	01:07:53	+30:20	06:47
375	535	Ana Beatriz Saramago Santos	Individual	Senior Feminino	01:07:55	+30:22	06:48
376	844	Sara Marques Vieira e Silva	Individual	Senior Feminino	01:07:59	+30:26	06:48
377	1816	Ana Sofia Vidal Picado	PRIO	Senior Feminino	01:08:01	+30:28	06:48
378	856	Sofia Sinthon	Individual	Senior Feminino	01:08:04	+30:31	06:48
379	544	Ana Fraga	Individual	Senior Feminino	01:08:11	+30:38	06:49
380	776	Mariana Monte	Individual	Senior Feminino	01:08:15	+30:43	06:50
381	1887	Gabriela Felix	Riaga Group	Senior Feminino	01:08:20	+30:47	06:50
382	799	Milene Ladeira	Viriathvs Runners Viseu	Senior Feminino	01:08:22	+30:49	06:50
383	766	Maria P Ferreira	Individual	Senior Feminino	01:08:22	+30:49	06:50
384	125	Margarida Dias	Bloco	Senior Feminino	01:08:25	+30:52	06:50
385	601	Bianca Oliveira	Individual	Senior Feminino	01:08:29	+30:56	06:51
386	363	Maria Miguel Vidal	Devagar e longe	Senior Feminino	01:08:32	+30:59	06:51
387	1828	Margarida Oliveira Marques da Silva	PRIO	Senior Feminino	01:08:38	+31:05	06:52
388	1824	Joana Patrícia Feio Pereira	PRIO	Senior Feminino	01:08:38	+31:05	06:52
389	787	Marta da Costa Sousa	Individual	Senior Feminino	01:08:40	+31:07	06:52
390	552	Ana Micaela Figueira Simoes	Individual	Senior Feminino	01:08:52	+31:19	06:53
391	115	Beatriz Pacheco	Bella ria	Senior Feminino	01:08:52	+31:20	06:53
392	160	ALINE HELLINGTON	BORA TREINAR RUNNING CLUB	Senior Feminino	01:08:59	+31:26	06:54
393	1927	Filipa Alexandra Santos Saraiva	Run & Rise	Senior Feminino	01:09:03	+31:30	06:54
394	631	Charlotte Hähner	Individual	Senior Feminino	01:09:26	+31:53	06:57
395	814	Pauline Reimer	Individual	Senior Feminino	01:09:26	+31:53	06:57
396	533	Amanda Brünnich Jespersen	Individual	Senior Feminino	01:09:26	+31:53	06:57
397	866	Susana Costa	Individual	Senior Feminino	01:09:28	+31:55	06:57
398	66	Diana Barros	Asas nos Pés	Senior Feminino	01:09:39	+32:06	06:58
399	870	Tânia Inácio	Individual	Senior Feminino	01:09:50	+32:17	06:59
400	2068	Ana Varejão	Individual	Senior Feminino	01:09:50	+32:17	06:59
401	613	Carmen Silva	Individual	Senior Feminino	01:09:50	+32:17	06:59
402	603	Bruna Ruiz	Individual	Senior Feminino	01:09:50	+32:17	06:59
403	545	Ana Gomes	Individual	Senior Feminino	01:09:51	+32:18	06:59
404	669	Francisca Adrego	Individual	Senior Feminino	01:09:52	+32:19	06:59
405	656	Dulce Sousa	Individual	Senior Feminino	01:09:56	+32:23	07:00

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

406	683	Inês Amaral Gomes	Individual	Senior Feminino	01:09:57	+32:24	07:00
407	1830	Marlene Costa Moreira	PRIO	Senior Feminino	01:10:03	+32:30	07:00
408	1926	Daniela Dinis Branco Gapo	Run & Rise	Senior Feminino	01:10:07	+32:34	07:01
409	1928	Joana Rita Pereira Simões	Run & Rise	Senior Feminino	01:10:08	+32:35	07:01
410	117	Joana Vidal	Bella ria	Senior Feminino	01:10:18	+32:45	07:02
411	869	Tânia Faria	Individual	Senior Feminino	01:10:21	+32:48	07:02
412	713	Joana Sarrico	Individual	Senior Feminino	01:10:22	+32:49	07:02
413	1825	Joana Rita de Jesus Monteiro	PRIO	Senior Feminino	01:10:28	+32:55	07:03
414	1820	Cristiana Raquel Fernandes Lobo Leite	PRIO	Senior Feminino	01:10:28	+32:55	07:03
415	791	Marta Pedro	Individual	Senior Feminino	01:10:38	+33:05	07:04
416	703	Joana Matias	Individual	Senior Feminino	01:10:38	+33:05	07:04
417	616	Carolina ferreira	Individual	Senior Feminino	01:11:06	+33:33	07:07
418	816	Rafaela Dias Pires	Individual	Senior Feminino	01:11:14	+33:41	07:07
419	123	Inês gomes	Bloco	Senior Feminino	01:11:15	+33:42	07:07
420	538	Ana Clara Lirio Morais	Individual	Senior Feminino	01:11:25	+33:52	07:08
421	773	Mariana Freire	Individual	Senior Feminino	01:11:28	+33:55	07:09
422	1888	Gabriela Pinto	Riaga Group	Senior Feminino	01:11:29	+33:56	07:09
423	863	Stephanie Martins	Individual	Senior Feminino	01:11:37	+34:04	07:10
424	61	Rita Ferreira Santos	Alex Crew	Senior Feminino	01:12:04	+34:31	07:12
425	806	Nicole Monteiro Rakov	Individual	Senior Feminino	01:12:05	+34:32	07:13
426	701	Jessica Lourenço	Individual	Senior Feminino	01:12:07	+34:34	07:13
427	732	Liliana Amaral	Individual	Senior Feminino	01:12:07	+34:34	07:13
428	728	Letícia Sacramento	Individual	Senior Feminino	01:12:11	+34:38	07:13
429	699	Iris Rafeiro Saraiva	Individual	Senior Feminino	01:12:18	+34:45	07:14
430	742	Luísa Coutinho	Individual	Senior Feminino	01:12:18	+34:45	07:14
431	428	RITA SOARES	FO RUNNERS	Senior Feminino	01:12:27	+34:54	07:15
432	338	Maria Vilhena	Cross Company	Senior Feminino	01:12:31	+34:58	07:15
433	594	Beatriz Marques dos Santos	Individual	Senior Feminino	01:12:53	+35:20	07:17
434	792	Marta Pereira	Individual	Senior Feminino	01:12:54	+35:21	07:17
435	583	Bárbara Costeira	Individual	Senior Feminino	01:13:02	+35:29	07:18
436	222	Inês Patrício	Civilria RunClub	Senior Feminino	01:13:06	+35:33	07:19
437	727	Leonor Miranda	Individual	Senior Feminino	01:13:07	+35:34	07:19
438	422	Mafalda Corceiro Coelho Fortes	Fefões	Senior Feminino	01:13:07	+35:34	07:19
439	671	Francisca Teixo	Individual	Senior Feminino	01:13:08	+35:35	07:19
440	804	Natascha Cardoso	Individual	Senior Feminino	01:13:41	+36:08	07:22
441	175	Sofia Gonçalves	C.D.C. Paradela do Vouga	Senior Feminino	01:13:50	+36:17	07:23
442	610	Carla Almeida	Individual	Senior Feminino	01:13:57	+36:24	07:24
443	356	Ana Almeida	DECATHLON	Senior Feminino	01:14:00	+36:27	07:24
444	846	Sara Neves	Individual	Senior Feminino	01:14:03	+36:30	07:24
445	780	Mariana Simões Santos	Individual	Senior Feminino	01:14:04	+36:31	07:24
446	1747	Fabiana Horta Leandro	Moliceiro ao pico	Senior Feminino	01:14:13	+36:40	07:25
447	653	Diuzdelly Borges	Individual	Senior Feminino	01:14:19	+36:46	07:26
448	841	Sara Frias	Individual	Senior Feminino	01:14:22	+36:49	07:26
449	651	Diana Santos	Individual	Senior Feminino	01:14:22	+36:49	07:26
450	767	Maria Pedro Silva	Individual	Senior Feminino	01:14:25	+36:52	07:27
451	843	Sara Julião	Individual	Senior Feminino	01:14:38	+37:06	07:28

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

452	218	Cátia Silvério	Civilria RunClub	Senior Feminino	01:14:49	+37:16	07:29
453	577	Andreia Silva	Individual	Senior Feminino	01:14:51	+37:18	07:29
454	1708	Joana Dias Nogueira	Lacticoop	Senior Feminino	01:14:58	+37:25	07:30
455	427	FLÁVIA SILVA	FO RUNNERS	Senior Feminino	01:15:10	+37:37	07:31
456	730	Lígia Fernandes	Individual	Senior Feminino	01:15:27	+37:54	07:33
457	1889	Maria Louro	Riaga Group	Senior Feminino	01:15:29	+37:56	07:33
458	1750	Natacha da Luz Nunes Freitas	Moliceiro ao pico	Senior Feminino	01:15:35	+38:02	07:34
459	1753	Sandra Marina Silva Pitarma Neto	Moliceiro ao pico	Senior Feminino	01:15:36	+38:03	07:34
460	642	Débora Pato	Individual	Senior Feminino	01:15:39	+38:06	07:34
461	833	Rita Portas	Individual	Senior Feminino	01:15:39	+38:06	07:34
462	733	Liliana Claudia Marques Veiga	Individual	Senior Feminino	01:15:48	+38:15	07:35
463	665	Filipa Pereira	Individual	Senior Feminino	01:15:53	+38:20	07:35
464	541	Ana Cruz	Individual	Senior Feminino	01:16:03	+38:30	07:36
465	112	Beatriz Pimentel	BCM³	Senior Feminino	01:16:45	+39:12	07:41
466	854	Sofia Santos	Individual	Senior Feminino	01:16:48	+39:16	07:41
467	605	Bruna Tavares Paulino	Individual	Senior Feminino	01:16:49	+39:16	07:41
468	571	Andreia Alhais	Individual	Senior Feminino	01:17:06	+39:33	07:43
469	681	Inês Alhais	Individual	Senior Feminino	01:17:06	+39:33	07:43
470	861	Soraia Mesquita	Individual	Senior Feminino	01:17:15	+39:42	07:43
471	821	Raquel Monteiro	Individual	Senior Feminino	01:17:15	+39:42	07:44
472	113	Claudia Silva	BCM³	Senior Feminino	01:17:48	+40:15	07:47
473	675	Giovanna Miranda	Individual	Senior Feminino	01:17:48	+40:15	07:47
474	689	Inês Lalanda	Individual	Senior Feminino	01:17:54	+40:21	07:47
475	635	Claudia Griné	Individual	Senior Feminino	01:19:51	+42:18	07:59
476	608	Carina Dominguez	Individual	Senior Feminino	01:19:51	+42:18	07:59
477	875	Telma Gonçalves	Individual	Senior Feminino	01:19:54	+42:21	07:59
478	722	Lara Marques Pires	Individual	Senior Feminino	01:20:01	+42:28	08:00
479	554	Ana Miguel da Silva Rodrigues	Individual	Senior Feminino	01:20:33	+43:00	08:03
480	644	Diana Filipe Albuquerque	Individual	Senior Feminino	01:20:33	+43:00	08:03
481	744	Mafalda Cerqueira Correia	Individual	Senior Feminino	01:21:06	+43:33	08:07
482	606	Camila silva	Individual	Senior Feminino	01:21:11	+43:38	08:07
483	650	Diana Santos	Individual	Senior Feminino	01:21:11	+43:38	08:07
484	1794	Patrícia Ferreira	Os Franciscos	Senior Feminino	01:21:38	+44:05	08:10
485	221	Gabi Desmolins	Civilria RunClub	Senior Feminino	01:21:39	+44:06	08:10
486	1743	Catarina Filipa das Neves Gomes	Moliceiro ao pico	Senior Feminino	01:21:47	+44:14	08:11
487	2065	Ixabu campos	Individual	Senior Feminino	01:21:57	+44:24	08:12
488	758	Maria do Rosário Batalha Alves Santos Paulino	Individual	Senior Feminino	01:22:02	+44:29	08:12
489	437	Héloise LAURIN	Frenchsixseven	Senior Feminino	01:22:08	+44:35	08:13
490	223	Isabelle Araujo	Civilria RunClub	Senior Feminino	01:22:15	+44:42	08:14
491	225	Larissa Aiko Fonseca de Campos	Civilria RunClub	Senior Feminino	01:22:15	+44:42	08:14
492	556	Ana Oliveira	Individual	Senior Feminino	01:24:46	+47:13	08:29
493	660	Fabiana santos	Individual	Senior Feminino	01:28:10	+50:37	08:49

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Senior Masculino

1	1936	João mouro	Sport Clube Beira-Mar	Senior Masculino	32:01		03:12
2	295	Luís Sousa	Clube dos Galitos	Senior Masculino	32:17	+00:15	03:14
3	1104	Henrique Moreira	GRECAS	Senior Masculino	32:48	+00:47	03:17
4	1934	Francisco Silveira	Sport Clube Beira-Mar	Senior Masculino	33:12	+01:11	03:19
5	484	Vicente Regalado	GRECAS	Senior Masculino	33:19	+01:17	03:20
6	254	Vicente Julião	GRECAS	Senior Masculino	33:20	+01:18	03:20
7	49	André Fonte	ADREP - ASSOCIAÇÃO DESPORTIVA RECREATIVA E EDUCATIVA DA PALHAÇA	Senior Masculino	33:20	+01:19	03:20
8	180	André Carvalho	CAOB - Oliveira do Bairro	Senior Masculino	33:33	+01:32	03:21
9	32	Maurício Fernandes	ADCP PEDRALVA	Senior Masculino	33:44	+01:42	03:22
10	2059	Luis Diogo	Individual	Senior Masculino	34:00	+01:58	03:24
11	19	Andre santos	ACD os Ílhavos	Senior Masculino	34:00	+01:58	03:24
12	1083	Gonçalo Prudêncio	Individual	Senior Masculino	34:05	+02:03	03:24
13	317	Miguel Paiva	Correr Fermelã ACADOF	Senior Masculino	34:09	+02:08	03:25
14	481	Renato Ferreira	GRECAS	Senior Masculino	34:30	+02:28	03:27
15	983	David Machado Marques	Individual	Senior Masculino	34:48	+02:47	03:29
16	1935	Henrique Gomes	Sport Clube Beira-Mar	Senior Masculino	34:57	+02:56	03:30
17	1263	Milton César Miranda dos Santos	Individual	Senior Masculino	35:13	+03:11	03:31
18	478	Alex Oliveira	GRECAS	Senior Masculino	35:20	+03:18	03:32
19	495	João Miguel Almeida Mano	grohe	Senior Masculino	35:22	+03:21	03:32
20	21	Rui Costa	ACD os Ílhavos	Senior Masculino	35:32	+03:31	03:33
21	31	Diogo Duarte	ADCP PEDRALVA	Senior Masculino	35:35	+03:33	03:34
22	285	NUNO PAIS	Clube Atletismo de Ovar	Senior Masculino	35:44	+03:42	03:34
23	1013	Diogo Rafael	Individual	Senior Masculino	35:45	+03:44	03:35
24	33	Ricardo Andrade	ADCP PEDRALVA	Senior Masculino	35:51	+03:49	03:35
25	1027	Edgar Pinheiro	Individual	Senior Masculino	35:57	+03:55	03:36
26	483	Vasco Miguel Martins Lourenco	GRECAS	Senior Masculino	35:59	+03:58	03:36
27	1399	Tiago Tomé	Individual	Senior Masculino	36:14	+04:13	03:37
28	1779	Filipe Monteiro	Molinhas Team	Senior Masculino	36:16	+04:14	03:38
29	1031	Eleutério Mota	Individual	Senior Masculino	36:19	+04:17	03:38
30	1872	Rafael Alves	Reumáticos & Etc	Senior Masculino	36:27	+04:26	03:39
31	1082	GONÇALO MOURA	Individual	Senior Masculino	36:28	+04:26	03:39
32	108	Antonio fardilha	Barra Swim Club	Senior Masculino	36:31	+04:29	03:39
33	39	João Oliveira	ADI - Associação Desportiva de Ílhavo	Senior Masculino	36:33	+04:31	03:39
34	200	ricardo auxiliar	CENAP	Senior Masculino	36:39	+04:38	03:40
35	1040	Fábio Correia	Individual	Senior Masculino	36:42	+04:40	03:40
36	314	Bruno Casal	Correr Fermelã ACADOF	Senior Masculino	36:54	+04:53	03:41
37	1754	André Rafeiro	Moliceiro ao pico	Senior Masculino	36:56	+04:55	03:42
38	1363	Rui Carvalho	Individual	Senior Masculino	37:13	+05:11	03:43
39	1937	Luís Pires	Sport Clube Beira-Mar	Senior Masculino	37:16	+05:15	03:44
40	27	Tiago Marcelino	ACREMA	Senior Masculino	37:27	+05:25	03:45
41	4	Pedro Marques	#é_só_até_ali	Senior Masculino	37:36	+05:35	03:46
42	913	André Oliveira	Individual	Senior Masculino	37:37	+05:36	03:46

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

43	1990	Paulo Aroso	TEAM LANTEMIL	Senior Masculino	37:42	+05:41	03:46
44	1738	Hélder Henriques	Miro Trail	Senior Masculino	37:47	+05:46	03:47
45	1395	Tiago Paulino	Individual	Senior Masculino	37:51	+05:50	03:47
46	991	Diogo Areias	Individual	Senior Masculino	37:53	+05:51	03:47
47	43	Rafael Castro	ADI - Associação Desportiva de Ílhavo	Senior Masculino	37:55	+05:54	03:48
48	1035	Emídio Correia	Individual	Senior Masculino	37:57	+05:56	03:48
49	1001	Diogo Fernandes	Individual	Senior Masculino	38:00	+05:58	03:48
50	1390	Tiago Goncalves	Individual	Senior Masculino	38:02	+06:00	03:48
51	1786	Rafael Caprichoso	Nas Ideias Club	Senior Masculino	38:03	+06:02	03:48
52	907	André Ferreira	Individual	Senior Masculino	38:06	+06:04	03:49
53	298	Ricardo França	Clube dos Galitos	Senior Masculino	38:07	+06:05	03:49
54	20	Antonio Veiga	ACD os Ílhavos	Senior Masculino	38:07	+06:05	03:49
55	1105	Hugo Antunes	Individual	Senior Masculino	38:07	+06:06	03:49
56	1365	Rui Matos	Individual	Senior Masculino	38:09	+06:07	03:49
57	1415	Vitor Sousa	Individual	Senior Masculino	38:12	+06:10	03:49
58	1339	Ricardo Saltão	Individual	Senior Masculino	38:14	+06:12	03:49
59	1118	Joao Almeida	Individual	Senior Masculino	38:15	+06:13	03:49
60	2035	Kevin Amoedo	WE CAN RUN	Senior Masculino	38:16	+06:15	03:50
61	482	Tiago Silvestre	GRECAS	Senior Masculino	38:20	+06:18	03:50
62	1850	Pedro Filipe Veiga dos Santos Candido Henriques	PRIO	Senior Masculino	38:25	+06:23	03:50
63	318	Pedro Cruz	Correr Fermelã ACADOF	Senior Masculino	38:27	+06:26	03:51
64	50	Filipe Fonte	ADREP - ASSOCIAÇÃO DESPORTIVA RECREATIVA E EDUCATIVA DA PALHAÇA	Senior Masculino	38:38	+06:37	03:52
65	384	Samuel Cruz	Dura F1	Senior Masculino	38:40	+06:38	03:52
66	319	Ricardo Alvarez	Correr Fermelã ACADOF	Senior Masculino	38:43	+06:42	03:52
67	1197	José Pedro Matos	Individual	Senior Masculino	38:45	+06:43	03:53
68	1246	Mark Neves	Individual	Senior Masculino	38:45	+06:44	03:53
69	480	Luis Silvestre	GRECAS	Senior Masculino	38:56	+06:55	03:54
70	110	Manuel Fardilha	Barra Swim Club	Senior Masculino	39:03	+07:01	03:54
71	479	Filipe Nogueira	GRECAS	Senior Masculino	39:08	+07:07	03:55
72	291	Goncalo Costa	Clube dos Galitos	Senior Masculino	39:14	+07:12	03:55
73	292	Gonçalo Gaspar	Clube dos Galitos	Senior Masculino	39:14	+07:12	03:55
74	900	André Andrade	Individual	Senior Masculino	39:19	+07:17	03:56
75	300	Steve Lopes	Clube dos Galitos	Senior Masculino	39:20	+07:18	03:56
76	1224	Luís Santiago	Individual	Senior Masculino	39:22	+07:20	03:56
77	1375	Sérgio Baptista	Individual	Senior Masculino	39:23	+07:22	03:56
78	989	David Vieira	Individual	Senior Masculino	39:28	+07:26	03:57
79	181	Artur Santos	CAOB - Oliveira do Bairro	Senior Masculino	39:35	+07:33	03:57
80	192	João Valente	Casa do Povo de Avanca	Senior Masculino	39:35	+07:33	03:57
81	1725	Tiago Gandarez	Lobitos	Senior Masculino	39:35	+07:34	03:58
82	299	Rodrigo Viana	Clube dos Galitos	Senior Masculino	39:36	+07:34	03:58
83	294	Jorge Pinho	Clube dos Galitos	Senior Masculino	39:37	+07:35	03:58
84	1179	Jorge Miguel Pereira	Individual	Senior Masculino	39:39	+07:37	03:58
85	1015	Diogo Rebelo	Individual	Senior Masculino	39:42	+07:40	03:58
86	897	Alexandre Nogueira	Individual	Senior Masculino	39:52	+07:50	03:59

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

87	1406	Vasco Amaral	Individual	Senior Masculino	39:56	+07:54	04:00
88	1264	Nelson Gonçalves	Individual	Senior Masculino	39:57	+07:55	04:00
89	1394	Tiago Neiva	Individual	Senior Masculino	40:01	+08:00	04:00
90	1334	Ricardo Oliveira	Individual	Senior Masculino	40:09	+08:08	04:01
91	425	Diogo Oliveira	Flowus	Senior Masculino	40:18	+08:17	04:02
92	1932	Francisco Ribeiro	Sozense Trail - Corind/ Braga&Fernandes	Senior Masculino	40:20	+08:19	04:02
93	1976	Simão Tomaz Duarte	TDcredito	Senior Masculino	40:23	+08:21	04:02
94	1392	Tiago Manuel da Costa Rocha	Individual	Senior Masculino	40:23	+08:22	04:02
95	1995	Fabio Silva	Trepanelas/Prifer	Senior Masculino	40:25	+08:23	04:03
96	199	Luís Almeida	CENAP	Senior Masculino	40:26	+08:24	04:03
97	1068	Francisco Xavier Martins Prior	Individual	Senior Masculino	40:35	+08:34	04:04
98	138	Diogo Custódio	Bloco	Senior Masculino	40:36	+08:34	04:04
99	191	Dinis Dias	Casa do Povo de Avanca	Senior Masculino	40:40	+08:38	04:04
100	945	Bruno Santos	Individual	Senior Masculino	40:40	+08:39	04:04
101	917	André Santos	Individual	Senior Masculino	40:40	+08:39	04:04
102	1317	Rafael Tomé	Individual	Senior Masculino	40:46	+08:44	04:05
103	1931	Pedro Vasques Martins	SALUS Studio	Senior Masculino	40:48	+08:46	04:05
104	1724	Rui Miguel Lourenço	Lobitos	Senior Masculino	40:57	+08:55	04:06
105	1192	José Martins	Individual	Senior Masculino	40:57	+08:56	04:06
106	1021	Diogo Silva	Individual	Senior Masculino	41:04	+09:03	04:06
107	1313	Rafael Marques	Individual	Senior Masculino	41:08	+09:07	04:07
108	1142	Joao Milheiro	Individual	Senior Masculino	41:09	+09:07	04:07
109	30	Ivan Carquejo	ADC CONSTANTIM	Senior Masculino	41:10	+09:08	04:07
110	353	Victor Figueiredo	DCI/Trilhos Luso Bussaco	Senior Masculino	41:10	+09:09	04:07
111	1407	Vasco Lagarto	Individual	Senior Masculino	41:10	+09:09	04:07
112	955	César Gomes	Individual	Senior Masculino	41:11	+09:09	04:07
113	1409	Vasco Seixas	Individual	Senior Masculino	41:11	+09:09	04:07
114	524	Nuno Sarabando	Indelague Running Team	Senior Masculino	41:15	+09:13	04:07
115	1220	Luis Menezes	Individual	Senior Masculino	41:16	+09:14	04:08
116	1254	Miguel CastroSilva	Individual	Senior Masculino	41:16	+09:14	04:08
117	2002	Simão Oliveira	UDCR Silveiro	Senior Masculino	41:20	+09:18	04:08
118	329	Mauricio Yanagui	COSTA NOVA RUN	Senior Masculino	41:29	+09:27	04:09
119	320	Rui Oliveira	Correr Fermelã ACADOF	Senior Masculino	41:34	+09:33	04:09
120	1771	Tiago Rafael Maio Pedro	Moliceiro ao pico	Senior Masculino	41:39	+09:38	04:10
121	1758	Diogo Rafael Maio Pedro	Moliceiro ao pico	Senior Masculino	41:40	+09:38	04:10
122	25	Igor Alves	ACREMA	Senior Masculino	41:42	+09:40	04:10
123	26	Luís Semião	ACREMA	Senior Masculino	41:42	+09:40	04:10
124	967	Daniel Chipelo	Individual	Senior Masculino	41:46	+09:45	04:11
125	1248	Maurício Barbosa Pereira	Individual	Senior Masculino	41:47	+09:46	04:11
126	1207	Leonardo Jesus	Individual	Senior Masculino	41:48	+09:47	04:11
127	1353	Rogério Machado	Individual	Senior Masculino	41:51	+09:49	04:11
128	457	Fábio André Almeida Gonçalves	Glicinias Plaza	Senior Masculino	41:54	+09:52	04:11
129	456	Diogo Filipe Ferreira Filipe	Glicinias Plaza	Senior Masculino	41:54	+09:53	04:11
130	1396	Tiago Pereira	Individual	Senior Masculino	41:58	+09:56	04:12
131	242	José Guilherme Leite e Sá	Civilria RunClub	Senior Masculino	41:58	+09:56	04:12

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

132	2027	Nuno Ribeiro	VVTR Valongo Vouga Trail Running	Senior Masculino	41:59	+09:57	04:12
133	1109	Hugo Dias	Individual	Senior Masculino	41:59	+09:57	04:12
134	1340	Ricardo Santos	Individual	Senior Masculino	42:12	+10:10	04:13
135	1332	Ricardo Melo	Individual	Senior Masculino	42:16	+10:15	04:14
136	369	Rúben Moreira da Conceição Reis	Diário de Aveiro	Senior Masculino	42:20	+10:18	04:14
137	454	André Capela Bóia	Glicinias Plaza	Senior Masculino	42:26	+10:25	04:15
138	1764	João Pedro Ferreira Maio	Moliceiro ao pico	Senior Masculino	42:27	+10:25	04:15
139	1245	Mário Valente	Individual	Senior Masculino	42:28	+10:26	04:15
140	1760	Fernando Jorge Teixeira Saldanha	Moliceiro ao pico	Senior Masculino	42:28	+10:26	04:15
141	441	Matteo FATTI	Frenchsixseven	Senior Masculino	42:28	+10:26	04:15
142	1358	Rúben Rodrigues	Individual	Senior Masculino	42:30	+10:28	04:15
143	287	Agnelo Silva	Clube dos Galitos	Senior Masculino	42:30	+10:28	04:15
144	1276	Octávio Costa	Individual	Senior Masculino	42:32	+10:30	04:15
145	1107	Hugo Cabral Monteiro	Individual	Senior Masculino	42:33	+10:32	04:15
146	1178	Jorge Maio	Individual	Senior Masculino	42:41	+10:39	04:16
147	1996	João Mano	Trepanelas/Prifer	Senior Masculino	42:44	+10:43	04:16
148	390	Emanuel Heleno	Espaço P	Senior Masculino	42:45	+10:43	04:16
149	282	Luis Santos	CLTT - Clínica Litoralis Trail Team	Senior Masculino	42:48	+10:47	04:17
150	1906	Paulo Alves	RM Runners By Mira a Mexer	Senior Masculino	42:55	+10:54	04:18
151	1098	Guilherme Pinto	Individual	Senior Masculino	42:56	+10:54	04:18
152	1247	Martim Fonseca	Individual	Senior Masculino	42:58	+10:56	04:18
153	109	Diogo Jerónimo	Barra Swim Club	Senior Masculino	43:06	+11:05	04:19
154	78	Manuel Fonseca	Bai Bagos	Senior Masculino	43:09	+11:08	04:19
155	1796	Santiago Simões	Os Franciscos	Senior Masculino	43:11	+11:09	04:19
156	1722	Ricardo Miranda	Lobitos	Senior Masculino	43:12	+11:10	04:19
157	1064	Francisco Gonçalves Santos	Individual	Senior Masculino	43:12	+11:11	04:19
158	521	Francisco Martins	Hut Runners	Senior Masculino	43:12	+11:11	04:19
159	1838	André Santos	PRIO	Senior Masculino	43:12	+11:11	04:19
160	1053	Felisberto Pereira	Individual	Senior Masculino	43:16	+11:14	04:20
161	100	Tiago Neves	Barra Ocean Runners	Senior Masculino	43:21	+11:19	04:20
162	1338	Ricardo Roque	Individual	Senior Masculino	43:23	+11:22	04:20
163	1172	Joel Vicente	Individual	Senior Masculino	43:29	+11:27	04:21
164	2001	Daniel Vieira	UDCR Silveiro	Senior Masculino	43:30	+11:29	04:21
165	439	Basile MICHEL	Frenchsixseven	Senior Masculino	43:31	+11:29	04:21
166	1361	Rui Almeida	Individual	Senior Masculino	43:32	+11:30	04:21
167	1402	Tomás Santos	Individual	Senior Masculino	43:32	+11:31	04:21
168	1136	João Forte	Individual	Senior Masculino	43:33	+11:31	04:21
169	990	Dinis Santos	Individual	Senior Masculino	43:34	+11:33	04:21
170	961	Cristiano Rodrigues	Individual	Senior Masculino	43:40	+11:38	04:22
171	1320	Renato Esteves	Individual	Senior Masculino	43:44	+11:43	04:22
172	515	João Ferreira	Grupo Desportivo da Mata	Senior Masculino	43:45	+11:44	04:23
173	930	Bernardo Carvalho	Individual	Senior Masculino	43:57	+11:55	04:24
174	1092	Guilherme Gonçalves Nogueira Machado	Individual	Senior Masculino	43:58	+11:57	04:24
175	237	Cristofe Henrique Gonçalves Fonseca	Civilria RunClub	Senior Masculino	44:01	+11:59	04:24
176	1012	Diogo Pinho	Individual	Senior Masculino	44:03	+12:01	04:24

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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177	213	Tomás Pereira	CFA Team	Senior Masculino	44:05	+12:03	04:24
178	1729	charles alexander mendibelso	Los compa	Senior Masculino	44:06	+12:04	04:25
179	1222	Luís Miguel Almeida de Sousa	Individual	Senior Masculino	44:06	+12:05	04:25
180	82	Tiago Pimentel	Bai Bagos	Senior Masculino	44:07	+12:05	04:25
181	1067	Francisco Santos Malta	Individual	Senior Masculino	44:08	+12:07	04:25
182	341	Carlos Miguel Gomes Leal	Cross Company	Senior Masculino	44:09	+12:07	04:25
183	1294	Pedro Limas	Individual	Senior Masculino	44:14	+12:12	04:25
184	184	Gabriel Matias Neto	CARAPAUS DE CORRIDA	Senior Masculino	44:18	+12:16	04:26
185	905	Andre da Silva Amado	Individual	Senior Masculino	44:20	+12:18	04:26
186	461	Nuno André de Vasconcelos Cabral Monteiro	Glicinias Plaza	Senior Masculino	44:22	+12:21	04:26
187	1202	José Vigário Novo	Individual	Senior Masculino	44:22	+12:21	04:26
188	1352	Rogério Castro Lima	Individual	Senior Masculino	44:22	+12:21	04:26
189	1180	Jorge Pereira	Individual	Senior Masculino	44:23	+12:21	04:26
190	1296	Pedro Maçorano	Individual	Senior Masculino	44:25	+12:23	04:26
191	176	Filipe Mota	C.D.C. Paradela do Vouga	Senior Masculino	44:25	+12:24	04:27
192	81	Rúben Gomes	Bai Bagos	Senior Masculino	44:26	+12:25	04:27
193	289	Fábio André Pereira Da Costa	Clube dos Galitos	Senior Masculino	44:34	+12:32	04:27
194	2034	Gonçalo Maurício	WE CAN RUN	Senior Masculino	44:34	+12:33	04:27
195	1195	José Nunes	Individual	Senior Masculino	44:36	+12:35	04:28
196	1014	Diogo ramos	Individual	Senior Masculino	44:39	+12:37	04:28
197	916	andre rexholt	Individual	Senior Masculino	44:40	+12:38	04:28
198	1196	Jose paiva	Individual	Senior Masculino	44:40	+12:38	04:28
199	998	Diogo Carvalho	Individual	Senior Masculino	44:41	+12:39	04:28
200	971	Daniel Lopes	Individual	Senior Masculino	44:41	+12:39	04:28
201	1164	João Romeiro	Individual	Senior Masculino	44:44	+12:43	04:28
202	912	André Oliveira	Individual	Senior Masculino	44:47	+12:46	04:29
203	1101	Gustavo Capão	Individual	Senior Masculino	44:48	+12:46	04:29
204	1929	José Rodrigues	RunBikeClub Viseu	Senior Masculino	44:53	+12:51	04:29
205	1954	JHONNY EURRESTA	Tainadas Run Team - Somengil	Senior Masculino	44:55	+12:53	04:30
206	352	Ivo Goncalves	DCI/Trilhos Luso Bussaco	Senior Masculino	44:56	+12:54	04:30
207	1287	Pedro Couto	Individual	Senior Masculino	44:58	+12:57	04:30
208	462	Nuno Galvanize	Glicinias Plaza	Senior Masculino	44:58	+12:57	04:30
209	1005	Diogo Martins	Individual	Senior Masculino	44:59	+12:57	04:30
210	1907	Rui Cainé	RM Runners By Mira a Mexer	Senior Masculino	44:59	+12:57	04:30
211	286	Filipe Correia	Clube de Atletismo de Sangalhos HM Training Group	Senior Masculino	45:01	+12:59	04:30
212	1851	Pedro Miguel Laranjeira Costa	PRIO	Senior Masculino	45:04	+13:02	04:30
213	94	André Lima	Barra Ocean Runners	Senior Masculino	45:04	+13:03	04:30
214	1367	Rui Pedro Gomes Sousa	Individual	Senior Masculino	45:08	+13:07	04:31
215	210	Filipe Martins	CFA Team	Senior Masculino	45:09	+13:07	04:31
216	1376	Sérgio Henriques	Individual	Senior Masculino	45:11	+13:09	04:31
217	133	Alysson Luiz	Bloco	Senior Masculino	45:11	+13:10	04:31
218	1212	Luis Carlos Antunes Moreno	Individual	Senior Masculino	45:12	+13:11	04:31
219	297	Pedro Teles	Clube dos Galitos	Senior Masculino	45:16	+13:14	04:32
220	250	Ruben Pio	Civilria RunClub	Senior Masculino	45:17	+13:15	04:32
221	144	João Martins	Bloco	Senior Masculino	45:17	+13:16	04:32

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

222	1173	Jonas Bestgen	Individual	Senior Masculino	45:17	+13:16	04:32
223	1292	Pedro Freitas	Individual	Senior Masculino	45:18	+13:16	04:32
224	1380	Simão Magalhães	Individual	Senior Masculino	45:18	+13:17	04:32
225	137	David Quitério	Bloco	Senior Masculino	45:22	+13:21	04:32
226	899	Andre Andrade	Individual	Senior Masculino	45:25	+13:23	04:33
227	178	Humberto Tua	CalPet RUN & RIDE	Senior Masculino	45:26	+13:24	04:33
228	1349	Rodrigo Lopes	Individual	Senior Masculino	45:28	+13:26	04:33
229	79	Miguel Martins	Bai Bagos	Senior Masculino	45:31	+13:30	04:33
230	1193	José Miguel Resende Ferreira	Individual	Senior Masculino	45:32	+13:31	04:33
231	1994	Alexandre Prior	Trepanelas/Prifer	Senior Masculino	45:33	+13:31	04:33
232	1345	Roberto Garcia	Individual	Senior Masculino	45:34	+13:32	04:33
233	1346	Rodrigo Almeida	Individual	Senior Masculino	45:42	+13:41	04:34
234	1896	Joao Antunes	Riaga Group	Senior Masculino	45:45	+13:44	04:35
235	1022	Diogo Simões	Individual	Senior Masculino	45:45	+13:44	04:35
236	316	José Rocha	Correr Fermelã ACADOF	Senior Masculino	45:46	+13:44	04:35
237	952	Carlos Coutinho	Individual	Senior Masculino	45:47	+13:46	04:35
238	1219	Luis Lemos	Individual	Senior Masculino	45:48	+13:47	04:35
239	1110	Hugo Guerra	Individual	Senior Masculino	45:51	+13:50	04:35
240	1054	Fernando Braga Cunha	Individual	Senior Masculino	45:51	+13:50	04:35
241	1273	Nuno Rocha	Individual	Senior Masculino	45:52	+13:50	04:35
242	246	Marco Carvalho	Civilria RunClub	Senior Masculino	45:54	+13:52	04:35
243	906	André Fernandes	Individual	Senior Masculino	46:06	+14:05	04:37
244	1218	Luís Lamas	Individual	Senior Masculino	46:09	+14:08	04:37
245	1723	Ricardo Soares	Lobitos	Senior Masculino	46:12	+14:10	04:37
246	1387	Tiago das Neves Diniz	Individual	Senior Masculino	46:12	+14:10	04:37
247	1236	Marco Mateus	Individual	Senior Masculino	46:12	+14:11	04:37
248	293	Hugo Ribeiro	Clube dos Galitos	Senior Masculino	46:13	+14:11	04:37
249	896	Alexandre Dias	Individual	Senior Masculino	46:16	+14:14	04:38
250	1342	Ricardo Simões	Individual	Senior Masculino	46:17	+14:16	04:38
251	940	Bruno Figueiredo	Individual	Senior Masculino	46:17	+14:16	04:38
252	953	Carlos Simões	Individual	Senior Masculino	46:18	+14:16	04:38
253	1183	José Afonso	Individual	Senior Masculino	46:18	+14:17	04:38
254	1377	Sérgio Pereira	Individual	Senior Masculino	46:21	+14:19	04:38
255	1216	Luís Dinis	Individual	Senior Masculino	46:21	+14:20	04:38
256	944	Bruno Pereira	Individual	Senior Masculino	46:21	+14:20	04:38
257	2054	Renato Figueiredo	Individual	Senior Masculino	46:27	+14:25	04:39
258	1214	Luis Carlos Valente Pinho	Individual	Senior Masculino	46:27	+14:25	04:39
259	312	Pedro Filipe Martins da Silva	Corredores do Alambique	Senior Masculino	46:28	+14:26	04:39
260	1204	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	46:28	+14:26	04:39
261	1955	João Filipe Martins Dias	Tainadas Run Team - Somengil	Senior Masculino	46:28	+14:27	04:39
262	1974	Cosimo Gomes	TDcredito	Senior Masculino	46:29	+14:27	04:39
263	936	Bruno Amaral	Individual	Senior Masculino	46:30	+14:28	04:39
264	309	Hugo José Santos Inácio	CMD Lacerda	Senior Masculino	46:30	+14:29	04:39
265	974	Daniel Rocha	Individual	Senior Masculino	46:32	+14:30	04:39
266	1325	Rens Jacobs	Individual	Senior Masculino	46:32	+14:31	04:39
267	980	David Couto	Individual	Senior Masculino	46:33	+14:31	04:39

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

268	1057	Fernando pontes da silva	Individual	Senior Masculino	46:34	+14:32	04:39
269	1721	Rafael da Cruz Amaral	Lobitos	Senior Masculino	46:34	+14:32	04:39
270	1322	Renato Lima	Individual	Senior Masculino	46:35	+14:34	04:40
271	247	Miguel Cruz	Civilria RunClub	Senior Masculino	46:38	+14:36	04:40
272	1356	Ruben Almeida	Individual	Senior Masculino	46:40	+14:38	04:40
273	1149	João Peão	Individual	Senior Masculino	46:40	+14:39	04:40
274	999	Diogo Coutinho	Individual	Senior Masculino	46:43	+14:41	04:40
275	927	Bernardo Abreu	Individual	Senior Masculino	46:46	+14:44	04:41
276	1113	Hugo Martins	Individual	Senior Masculino	46:46	+14:45	04:41
277	1351	Rodrigo Paiva	Individual	Senior Masculino	46:47	+14:45	04:41
278	1405	André Filipe Afonso Pereira	Individual	Senior Masculino	46:48	+14:46	04:41
279	149	Marcelo Luzardo	Bloco	Senior Masculino	46:48	+14:46	04:41
280	1852	Rafael Oliveira Marques	PRIO	Senior Masculino	46:49	+14:48	04:41
281	494	João Gonçalo Afonso da Fonte	grohe	Senior Masculino	46:53	+14:51	04:41
282	1122	João Batista	Individual	Senior Masculino	46:53	+14:51	04:41
283	1893	Henrique Ascenso	Riaga Group	Senior Masculino	46:55	+14:53	04:41
284	911	Andre Monte	Individual	Senior Masculino	47:01	+14:59	04:42
285	946	Bruno Santos	Individual	Senior Masculino	47:01	+14:59	04:42
286	235	Adeilson Barboza da Silva	Civilria RunClub	Senior Masculino	47:04	+15:02	04:42
287	1778	Arsélio Santos	Molinhas Team	Senior Masculino	47:05	+15:03	04:42
288	1116	Jaime Augusto	Individual	Senior Masculino	47:07	+15:06	04:43
289	962	CRISTOVAO BRAGA APARICIO	Individual	Senior Masculino	47:13	+15:11	04:43
290	411	Miguel Santos	Eu Tu e a Montanha	Senior Masculino	47:14	+15:12	04:43
291	1319	RENATO BASTOS	Individual	Senior Masculino	47:16	+15:14	04:44
292	37	Hugo Oliveira	ADI - Associação Desportiva de Ílhavo	Senior Masculino	47:20	+15:18	04:44
293	359	João Simões	DECATHLON	Senior Masculino	47:21	+15:20	04:44
294	949	Carlos Almeida	Individual	Senior Masculino	47:22	+15:20	04:44
295	1331	Ricardo Manuel Guerra Pina	Individual	Senior Masculino	47:23	+15:21	04:44
296	1208	Lucas Freire	Individual	Senior Masculino	47:25	+15:24	04:45
297	923	Artur Rodrigues	Individual	Senior Masculino	47:25	+15:24	04:45
298	1225	Luís Simões	Individual	Senior Masculino	47:33	+15:31	04:45
299	1730	Mauricio Alberto Simões	Los compa	Senior Masculino	47:34	+15:32	04:45
300	1408	Vasco Pinho	Individual	Senior Masculino	47:35	+15:34	04:46
301	288	Diogo Maia	Clube dos Galitos	Senior Masculino	47:38	+15:36	04:46
302	1257	Miguel Ferreira Valente	Individual	Senior Masculino	47:39	+15:37	04:46
303	1311	Rafael Gomes	Individual	Senior Masculino	47:41	+15:40	04:46
304	1048	Fábio Teixeira	Individual	Senior Masculino	47:42	+15:40	04:46
305	1034	Emanuel Ricardo Correia da Silva	Individual	Senior Masculino	47:42	+15:41	04:46
306	1267	Nuno Cardoso	Individual	Senior Masculino	47:44	+15:42	04:46
307	1043	Fábio Manuel Martins Laranjeira	Individual	Senior Masculino	47:46	+15:44	04:47
308	1373	Santiago Amaral Lopes Maia	Individual	Senior Masculino	47:47	+15:45	04:47
309	1139	João Lima	Individual	Senior Masculino	47:48	+15:46	04:47
310	1166	João Sousa	Individual	Senior Masculino	47:50	+15:49	04:47
311	1170	João Vidal	Individual	Senior Masculino	47:54	+15:52	04:47
312	1302	Pedro Palavra	Individual	Senior Masculino	47:57	+15:55	04:48
313	1124	João Campos	Individual	Senior Masculino	47:59	+15:57	04:48

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

314	1066	Francisco Rodrigues	Individual	Senior Masculino	47:59	+15:57	04:48
315	1119	João Augusto Martins Carvalhas	Individual	Senior Masculino	48:01	+16:00	04:48
316	969	Daniel Fernandes	Individual	Senior Masculino	48:02	+16:01	04:48
317	244	José Ribau Esteves	Civilria RunClub	Senior Masculino	48:04	+16:03	04:48
318	934	Bernardo Tavares	Individual	Senior Masculino	48:04	+16:03	04:48
319	1129	João de Melo Félix de Almeida	Individual	Senior Masculino	48:05	+16:03	04:48
320	387	JEFERSON DE OLIVEIRA DUTRA	DUTRA	Senior Masculino	48:07	+16:05	04:49
321	429	DIOGO SANTOS	FO RUNNERS	Senior Masculino	48:08	+16:07	04:49
322	1348	Rodrigo Estima Ribeiro	Individual	Senior Masculino	48:09	+16:07	04:49
323	1108	Hugo Costa	Individual	Senior Masculino	48:09	+16:08	04:49
324	134	Andrio Peres	Bloco	Senior Masculino	48:12	+16:10	04:49
325	914	Andre Pinho	Individual	Senior Masculino	48:12	+16:11	04:49
326	11	Diogo Ministro	#NumdóiJoca	Senior Masculino	48:13	+16:11	04:49
327	510	Dinis F. Oliveira	GRUPO DESPORTIVO ASSEMPARK	Senior Masculino	48:16	+16:14	04:50
328	76	João Pereira	Bai Bagos	Senior Masculino	48:20	+16:18	04:50
329	1114	Hugo Miguel Galhano Baptista	Individual	Senior Masculino	48:20	+16:18	04:50
330	1285	PEDRO BASTOS	Individual	Senior Masculino	48:21	+16:19	04:50
331	959	Cristiano Pereira	Individual	Senior Masculino	48:26	+16:24	04:51
332	1006	Diogo Mateus Rodrigues	Individual	Senior Masculino	48:28	+16:26	04:51
333	1169	João Tristão	Individual	Senior Masculino	48:29	+16:27	04:51
334	1023	Diogo Tavares	Individual	Senior Masculino	48:30	+16:29	04:51
335	143	João Marques	Bloco	Senior Masculino	48:31	+16:30	04:51
336	970	Daniel Fonseca Marques	Individual	Senior Masculino	48:32	+16:31	04:51
337	366	Bruno Godinho de Oliveira	Diário de Aveiro	Senior Masculino	48:36	+16:34	04:52
338	243	José Manuel Rato Margarido	Civilria RunClub	Senior Masculino	48:40	+16:39	04:52
339	1341	Ricardo Saraiva	Individual	Senior Masculino	48:41	+16:39	04:52
340	1009	Diogo Moniz	Individual	Senior Masculino	48:42	+16:40	04:52
341	1991	Filipe Freire	Tecnovikings	Senior Masculino	48:42	+16:40	04:52
342	62	Alexandre Resende	Alex Crew	Senior Masculino	48:43	+16:42	04:52
343	459	Luís Filipe Ferreira Filipe	Glicinias Plaza	Senior Masculino	48:47	+16:45	04:53
344	1846	João Pedro Martins Gonçalves	PRIO	Senior Masculino	48:47	+16:45	04:53
345	98	Rui Saraiva	Barra Ocean Runners	Senior Masculino	48:48	+16:46	04:53
346	2023	CELSO CONCEICAO	Vurros do C*	Senior Masculino	48:48	+16:46	04:53
347	420	Afonso Marques	FC ODA	Senior Masculino	48:48	+16:47	04:53
348	1075	Gonçalo Bourgeois	Individual	Senior Masculino	48:49	+16:47	04:53
349	1252	Miguel Cardoso	Individual	Senior Masculino	48:49	+16:47	04:53
350	1277	Paulo Alexandre Santos	Individual	Senior Masculino	48:52	+16:51	04:53
351	190	Daniel Silva	Casa do Povo de Avanca	Senior Masculino	48:52	+16:51	04:53
352	41	Pedro Costa	ADI - Associação Desportiva de Ílhavo	Senior Masculino	48:52	+16:51	04:53
353	1046	Fábio Santos	Individual	Senior Masculino	48:53	+16:52	04:53
354	1041	Fábio Correia	Individual	Senior Masculino	48:59	+16:57	04:54
355	1759	Diogo Rufino	Moliceiro ao pico	Senior Masculino	49:00	+16:59	04:54
356	391	Jorge Moreirinhas	Estrela Runners	Senior Masculino	49:03	+17:02	04:54
357	1062	Francisco Carinha	Individual	Senior Masculino	49:04	+17:02	04:54
358	1900	Tiago Cateto da Silva	Riaga Group	Senior Masculino	49:05	+17:03	04:54

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

359	1059	Filipe Oliveira	Individual	Senior Masculino	49:08	+17:07	04:55
360	939	Bruno Ferreira	Individual	Senior Masculino	49:09	+17:08	04:55
361	1401	Tom Ladeiras	Individual	Senior Masculino	49:09	+17:08	04:55
362	1093	Guilherme José de Antunes e Sousa	Individual	Senior Masculino	49:10	+17:09	04:55
363	1256	Miguel Duarte Rocha Pina	Individual	Senior Masculino	49:13	+17:11	04:55
364	209	David Magano	CFA Team	Senior Masculino	49:17	+17:16	04:56
365	1238	Marco Morgado	Individual	Senior Masculino	49:22	+17:21	04:56
366	2060	Lucas Urbano	Individual	Senior Masculino	49:23	+17:21	04:56
367	1266	Niklas Dahm	Individual	Senior Masculino	49:23	+17:22	04:56
368	399	Miguel Rosa	Eu Posso Correr Team	Senior Masculino	49:25	+17:23	04:56
369	397	Hélder Lopes	Eu Posso Correr Team	Senior Masculino	49:25	+17:23	04:56
370	1360	Ruben Silva	Individual	Senior Masculino	49:26	+17:24	04:57
371	1189	José Frias	Individual	Senior Masculino	49:27	+17:25	04:57
372	1221	Luís Miguel	Individual	Senior Masculino	49:28	+17:26	04:57
373	1315	Rafael Neves Santos	Individual	Senior Masculino	49:28	+17:26	04:57
374	902	André Birbigão	Individual	Senior Masculino	49:28	+17:27	04:57
375	1128	João Costa	Individual	Senior Masculino	49:32	+17:30	04:57
376	909	André Gonçalves	Individual	Senior Masculino	49:32	+17:31	04:57
377	1194	José Morgado	Individual	Senior Masculino	49:33	+17:31	04:57
378	1176	Jorge Couto	Individual	Senior Masculino	49:36	+17:34	04:58
379	1769	Rogério Morais	Moliceiro ao pico	Senior Masculino	49:39	+17:37	04:58
380	1044	Fábio Marcelino	Individual	Senior Masculino	49:39	+17:38	04:58
381	1026	Edgar Moreto	Individual	Senior Masculino	49:41	+17:39	04:58
382	1050	Fábio Vidal	Individual	Senior Masculino	49:42	+17:40	04:58
383	1103	Henrique Ferreira	Individual	Senior Masculino	49:43	+17:41	04:58
384	1811	Rui Coutinho	Pernalonga	Senior Masculino	49:43	+17:41	04:58
385	1802	Guilherme Freitas	Paulitita	Senior Masculino	49:44	+17:43	04:58
386	1127	João Conde	Individual	Senior Masculino	49:45	+17:43	04:58
387	895	Alexander Saborano Vieira	Individual	Senior Masculino	49:46	+17:44	04:59
388	1056	FERNANDO MESQUITA	Individual	Senior Masculino	49:46	+17:44	04:59
389	929	Bernardo Amaral	Individual	Senior Masculino	49:47	+17:45	04:59
390	1281	Paulo Rosário	Individual	Senior Masculino	49:49	+17:47	04:59
391	1905	Mustafa Ertuelbay	RM Runners By Mira a Mexer	Senior Masculino	49:49	+17:47	04:59
392	1845	João Pedro Gandarez Caetano	PRIO	Senior Masculino	49:50	+17:48	04:59
393	1810	João Oliveira	Pernalonga	Senior Masculino	49:52	+17:50	04:59
394	2005	Nuno Santos	UNIDOS RUN TEAM / AS OLIVEIRINHAS	Senior Masculino	49:53	+17:51	04:59
395	1144	João novo	Individual	Senior Masculino	49:55	+17:54	05:00
396	42	Pedro Rodrigues	ADI - Associação Desportiva de Ílhavo	Senior Masculino	49:58	+17:56	05:00
397	238	Elder Silva	Civilria RunClub	Senior Masculino	49:58	+17:57	05:00
398	68	Armando Cavaleiro	Atronia	Senior Masculino	49:59	+17:58	05:00
399	308	Diogo Rafael Dias Macieira	CMD Lacerda	Senior Masculino	50:00	+17:58	05:00
400	1768	Rodrigo Filipe Emílio Rocha	Moliceiro ao pico	Senior Masculino	50:00	+17:58	05:00
401	1069	Frederico Marques	Individual	Senior Masculino	50:03	+18:01	05:00
402	1953	Fernando Almeida	Tainadas Run Team - Somengil	Senior Masculino	50:07	+18:06	05:01
403	1187	José Fernando da Costa Cubal	Individual	Senior Masculino	50:09	+18:07	05:01

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

404	1347	Rodrigo Colhe	Individual	Senior Masculino	50:11	+18:09	05:01
405	69	José Carvalho	Atronia	Senior Masculino	50:11	+18:10	05:01
406	947	Bruno Santos	Individual	Senior Masculino	50:20	+18:18	05:02
407	941	Bruno Gaspar	Individual	Senior Masculino	50:20	+18:19	05:02
408	1096	Guilherme Oliveira	Individual	Senior Masculino	50:23	+18:21	05:02
409	36	António Gonçalves	ADI - Associação Desportiva de Ílhavo	Senior Masculino	50:24	+18:23	05:02
410	145	João Pedro Nunes Machado	Bloco	Senior Masculino	50:28	+18:26	05:03
411	1398	TIAGO TEIXEIRA	Individual	Senior Masculino	50:29	+18:27	05:03
412	1309	Rafael Campos	Individual	Senior Masculino	50:30	+18:28	05:03
413	331	Rui Santos	COSTA NOVA RUN	Senior Masculino	50:30	+18:29	05:03
414	1138	João Lemos	Individual	Senior Masculino	50:31	+18:29	05:03
415	1908	Sérgio Domingues	RM Runners By Mira a Mexer	Senior Masculino	50:32	+18:31	05:03
416	3	João Pedro Pinto	#é_só_até_ali	Senior Masculino	50:32	+18:31	05:03
417	1326	Ricardo Bastos	Individual	Senior Masculino	50:34	+18:32	05:03
418	1177	Jorge Lúcio	Individual	Senior Masculino	50:35	+18:34	05:04
419	1993	Rui Figueiredo	Tecnovikings	Senior Masculino	50:36	+18:34	05:04
420	455	Daniel Maio	Glicinias Plaza	Senior Masculino	50:37	+18:35	05:04
421	2013	Igor Do Carmo De Nora	Urban Wolves	Senior Masculino	50:38	+18:37	05:04
422	240	Hugo Cunha Soares	Civilria RunClub	Senior Masculino	50:40	+18:38	05:04
423	1047	Fábio Serrano	Individual	Senior Masculino	50:41	+18:39	05:04
424	1898	Juan Perez	Riaga Group	Senior Masculino	50:41	+18:39	05:04
425	1215	Luís Daniel Almeida Oliveira	Individual	Senior Masculino	50:47	+18:46	05:05
426	1073	Gil Vicente Curado Silva	Individual	Senior Masculino	50:47	+18:46	05:05
427	1199	Jose Rodrigues	Individual	Senior Masculino	50:51	+18:50	05:05
428	311	Nelson Gil Monteiro Azevedo	Corredores do Alambique	Senior Masculino	50:54	+18:53	05:05
429	932	Bernardo Marçal	Individual	Senior Masculino	50:59	+18:57	05:06
430	1145	João Nuno Gomes	Individual	Senior Masculino	51:02	+19:00	05:06
431	1869	Francisco Rodrigues	Reumáticos & Etc	Senior Masculino	51:04	+19:02	05:06
432	1894	Henrique Lamim	Riaga Group	Senior Masculino	51:06	+19:04	05:07
433	1736	Marcos Roldão	Mestres da Ciática	Senior Masculino	51:08	+19:07	05:07
434	1058	Filipe Gomes	Individual	Senior Masculino	51:19	+19:17	05:08
435	1386	Tiago Coelho	Individual	Senior Masculino	51:19	+19:17	05:08
436	1132	João Esteves	Individual	Senior Masculino	51:22	+19:21	05:08
437	1389	Tiago Ferreira	Individual	Senior Masculino	51:23	+19:21	05:08
438	463	Rafael Maio	Glicinias Plaza	Senior Masculino	51:23	+19:22	05:08
439	1961	Ricardo Silva	Tainadas Run Team - Somengil	Senior Masculino	51:25	+19:23	05:08
440	1163	João Rocha	Individual	Senior Masculino	51:26	+19:24	05:09
441	426	Ricardo Manuel Monteiro da Costa	Flowus	Senior Masculino	51:27	+19:25	05:09
442	1382	Simeon Schmitt	Individual	Senior Masculino	51:27	+19:26	05:09
443	1037	Fábio Martins	Individual	Senior Masculino	51:31	+19:30	05:09
444	1897	Joao Tavares	Riaga Group	Senior Masculino	51:31	+19:30	05:09
445	1350	Rodrigo Monteiro	Individual	Senior Masculino	51:32	+19:30	05:09
446	253	Tiago Leitão	Civilria RunClub	Senior Masculino	51:34	+19:33	05:09
447	890	ADÉRITO JOÃO OLIVEIRA	Individual	Senior Masculino	51:47	+19:45	05:11
448	1720	Pedro Soares dos Santos	Lobitos	Senior Masculino	51:48	+19:46	05:11
449	1182	Jorge Sousa	Individual	Senior Masculino	51:48	+19:47	05:11

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

450	903	André Costa	Individual	Senior Masculino	51:56	+19:54	05:12
451	893	Afonso Pinheiro Teixeira	Individual	Senior Masculino	51:58	+19:56	05:12
452	1230	Marcelo Coutinho	Individual	Senior Masculino	52:00	+19:59	05:12
453	1085	Gonçalo Salgueiro	Individual	Senior Masculino	52:02	+20:00	05:12
454	15	Rodrigo Morgado Gaspar	138	Senior Masculino	52:04	+20:03	05:12
455	1735	José Silvares	Mestres da Ciática	Senior Masculino	52:05	+20:04	05:13
456	1232	Marcelo Silva	Individual	Senior Masculino	52:06	+20:04	05:13
457	926	Benjamin Gras	Individual	Senior Masculino	52:06	+20:04	05:13
458	1336	Ricardo Rocha	Individual	Senior Masculino	52:08	+20:07	05:13
459	1210	Lucas Rocha	Individual	Senior Masculino	52:10	+20:08	05:13
460	201	Marco Silva	CENAP	Senior Masculino	52:10	+20:08	05:13
461	458	João Tinoco Maia	Glicinias Plaza	Senior Masculino	52:10	+20:09	05:13
462	996	Diogo Campanudo	Individual	Senior Masculino	52:11	+20:09	05:13
463	440	David CARTIER	Frenchsixseven	Senior Masculino	52:12	+20:10	05:13
464	986	David Nunes Aires Duarte	Individual	Senior Masculino	52:13	+20:11	05:13
465	1090	Guilherme Cajeira	Individual	Senior Masculino	52:15	+20:13	05:14
466	904	André Costa	Individual	Senior Masculino	52:18	+20:16	05:14
467	1344	Ricardo Sousa	Individual	Senior Masculino	52:21	+20:19	05:14
468	2069	João Coelho	Individual	Senior Masculino	52:21	+20:20	05:14
469	910	André Marques Boia	Individual	Senior Masculino	52:25	+20:23	05:14
470	1289	Pedro Cruz	Individual	Senior Masculino	52:26	+20:24	05:15
471	80	Rafael Morgado	Bai Bagos	Senior Masculino	52:26	+20:25	05:15
472	1239	Marco Pereira	Individual	Senior Masculino	52:30	+20:28	05:15
473	933	Bernardo Pereira	Individual	Senior Masculino	52:33	+20:31	05:15
474	1181	Jorge Pinto	Individual	Senior Masculino	52:33	+20:32	05:15
475	310	Diogo Miguel Silva Miranda	Corredores do Alambique	Senior Masculino	52:34	+20:32	05:15
476	1414	Vítor Silva	Individual	Senior Masculino	52:34	+20:32	05:15
477	1378	Sérgio Rosa Tavares	Individual	Senior Masculino	52:35	+20:33	05:15
478	1030	Eduardo Santos	Individual	Senior Masculino	52:37	+20:35	05:16
479	142	João Francisco Silva	Bloco	Senior Masculino	52:37	+20:35	05:16
480	1200	José Santos	Individual	Senior Masculino	52:39	+20:37	05:16
481	430	GONÇALO DIAS	FO RUNNERS	Senior Masculino	52:39	+20:37	05:16
482	997	Diogo Capão	Individual	Senior Masculino	52:40	+20:38	05:16
483	950	Carlos Andrade e Sousa	Individual	Senior Masculino	52:41	+20:39	05:16
484	148	José Pontes	Bloco	Senior Masculino	52:43	+20:41	05:16
485	951	Carlos Caetano	Individual	Senior Masculino	52:44	+20:43	05:16
486	1316	Rafael Santos	Individual	Senior Masculino	52:48	+20:46	05:17
487	1049	Fábio Vaz	Individual	Senior Masculino	52:48	+20:46	05:17
488	251	Rui Simoes	Civilria RunClub	Senior Masculino	52:48	+20:47	05:17
489	1321	Renato Gama	Individual	Senior Masculino	52:50	+20:48	05:17
490	1920	Henrique Manuel Mendes Gomes Ribeiro de Almeida	ROYAL SCHOOL LANGUAGES	Senior Masculino	52:52	+20:50	05:17
491	1891	Caio Biancardi	Riaga Group	Senior Masculino	52:54	+20:53	05:17
492	966	Daniel Branco	Individual	Senior Masculino	52:56	+20:54	05:18
493	1111	Hugo Lopes	Individual	Senior Masculino	52:56	+20:55	05:18
494	1052	Felisberto Filipe Ferreira Rocha	Individual	Senior Masculino	52:57	+20:55	05:18
495	1038	Fábio Almeida	Individual	Senior Masculino	52:58	+20:56	05:18

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

496	1272	Nuno Oliveira	Individual	Senior Masculino	52:58	+20:56	05:18
497	918	Antonio Manuel Pais Assunção	Individual	Senior Masculino	53:02	+21:00	05:18
498	1171	Joaquim Gomes	Individual	Senior Masculino	53:02	+21:00	05:18
499	1917	Bruno Herculano	ROAD TO BH	Senior Masculino	53:05	+21:03	05:18
500	1357	Rúben Gomes	Individual	Senior Masculino	53:07	+21:05	05:19
501	1137	João Henriques	Individual	Senior Masculino	53:09	+21:07	05:19
502	1307	Rafael Abrantes	Individual	Senior Masculino	53:10	+21:09	05:19
503	1899	Tiago Capela	Riaga Group	Senior Masculino	53:10	+21:09	05:19
504	141	JESUS GRATEROL	Bloco	Senior Masculino	53:14	+21:12	05:19
505	1956	Joel Eurresta	Tainadas Run Team - Somengil	Senior Masculino	53:17	+21:15	05:20
506	17	José Carlos Mortágua Tavares	A Fuga aos Sedentários	Senior Masculino	53:17	+21:16	05:20
507	1269	Nuno Fernandes	Individual	Senior Masculino	53:19	+21:17	05:20
508	1121	João Bastos	Individual	Senior Masculino	53:21	+21:19	05:20
509	16	João Francisco Melo Tendeiro Loureiro	A Fuga aos Sedentários	Senior Masculino	53:22	+21:20	05:20
510	1262	Miguel Vieira	Individual	Senior Masculino	53:22	+21:21	05:20
511	2004	João Pacheco	UNIDOS RUN TEAM / AS OLIVEIRINHAS	Senior Masculino	53:24	+21:22	05:20
512	343	Tiago Guerra	Cross Company	Senior Masculino	53:24	+21:22	05:20
513	1964	Marco Martins	Tainadas Run Team - Somengil	Senior Masculino	53:25	+21:23	05:20
514	1840	Carlos Domingues	PRIO	Senior Masculino	53:25	+21:23	05:20
515	942	Bruno Gonçalves	Individual	Senior Masculino	53:25	+21:23	05:20
516	1391	Tiago Henriques	Individual	Senior Masculino	53:26	+21:24	05:21
517	146	João Santos	Bloco	Senior Masculino	53:27	+21:25	05:21
518	155	Tiago Santos	Bloco	Senior Masculino	53:27	+21:25	05:21
519	167	Ricardo Longo	BORA TREINAR RUNNING CLUB	Senior Masculino	53:29	+21:28	05:21
520	925	Benjamim Ferreira	Individual	Senior Masculino	53:31	+21:29	05:21
521	1072	Gabriel Romero	Individual	Senior Masculino	53:31	+21:30	05:21
522	10	Armando Felgueiras	#NumdóiJoca	Senior Masculino	53:34	+21:32	05:21
523	1298	Pedro Marques Matias	Individual	Senior Masculino	53:34	+21:33	05:21
524	1060	Filipe Ribeiro	Individual	Senior Masculino	53:36	+21:34	05:22
525	1217	Luís Henrique Santos Torres	Individual	Senior Masculino	53:36	+21:35	05:22
526	1017	Diogo Rodrigues	Individual	Senior Masculino	53:37	+21:35	05:22
527	1161	João Ribeiro	Individual	Senior Masculino	53:38	+21:37	05:22
528	1036	Erik Wichmann	Individual	Senior Masculino	53:50	+21:48	05:23
529	1024	Diogo Videira Neto	Individual	Senior Masculino	53:55	+21:53	05:24
530	99	Tiago Mónica	Barra Ocean Runners	Senior Masculino	53:55	+21:54	05:24
531	166	Ricardo Gomes	BORA TREINAR RUNNING CLUB	Senior Masculino	53:55	+21:54	05:24
532	1061	Flavio Sousa	Individual	Senior Masculino	53:56	+21:54	05:24
533	1167	João Tavares	Individual	Senior Masculino	53:58	+21:56	05:24
534	14	Afonso Marques Freire	138	Senior Masculino	54:04	+22:02	05:24
535	892	Afonso Pereira	Individual	Senior Masculino	54:05	+22:03	05:24
536	1371	Rui Vieira	Individual	Senior Masculino	54:07	+22:05	05:25
537	368	Rafael Simão da Silva Nunes	Diário de Aveiro	Senior Masculino	54:12	+22:10	05:25
538	1004	Diogo Gonçalves	Individual	Senior Masculino	54:15	+22:14	05:26
539	1366	Rui Neves	Individual	Senior Masculino	54:21	+22:20	05:26
540	1203	Julien Joly	Individual	Senior Masculino	54:22	+22:20	05:26
541	1190	José Guilherme Antunes Silva	Individual	Senior Masculino	54:22	+22:21	05:26

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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542	389	Diogo Mateus	Equipa maravilla	Senior Masculino	54:24	+22:23	05:26
543	1960	Miguel Santos	Tainadas Run Team - Somengil	Senior Masculino	54:26	+22:24	05:27
544	1329	Ricardo José dos Santos Pires	Individual	Senior Masculino	54:33	+22:32	05:27
545	1757	Diogo Filipe Oliveira Andrade	Moliceiro ao pico	Senior Masculino	54:36	+22:35	05:28
546	1343	Ricardo Soares	Individual	Senior Masculino	54:38	+22:36	05:28
547	1962	Rui Machadi	Tainadas Run Team - Somengil	Senior Masculino	54:39	+22:37	05:28
548	1115	Hugo Simões	Individual	Senior Masculino	54:40	+22:38	05:28
549	1112	Hugo Marques	Individual	Senior Masculino	54:42	+22:40	05:28
550	1065	Francisco Matos	Individual	Senior Masculino	54:42	+22:40	05:28
551	518	Rui Jesus	HavO Run Club	Senior Masculino	54:43	+22:42	05:28
552	449	Helder Mendes	GD Outeiros	Senior Masculino	54:49	+22:47	05:29
553	182	Renato Duarte	CAOB - Oliveira do Bairro	Senior Masculino	54:53	+22:52	05:29
554	75	Bernardo Leandro	Bai Bagos	Senior Masculino	54:54	+22:53	05:29
555	2066	Dário Macário	Individual	Senior Masculino	54:56	+22:54	05:30
556	1079	Gonçalo Ferreira Fernandes	Individual	Senior Masculino	54:58	+22:57	05:30
557	1328	Ricardo Ferreira	Individual	Senior Masculino	55:03	+23:01	05:30
558	1029	Eduardo Pereira	Individual	Senior Masculino	55:07	+23:05	05:31
559	1364	Rui Gonçalves	Individual	Senior Masculino	55:08	+23:06	05:31
560	1018	Diogo Santos	Individual	Senior Masculino	55:09	+23:08	05:31
561	1003	Diogo Gaspar	Individual	Senior Masculino	55:10	+23:09	05:31
562	1191	José Manuel Marques Baptista	Individual	Senior Masculino	55:11	+23:09	05:31
563	1719	Micael Santos	Lobitos	Senior Masculino	55:11	+23:09	05:31
564	1141	João Miguel	Individual	Senior Masculino	55:20	+23:18	05:32
565	1168	João Tavares	Individual	Senior Masculino	55:20	+23:19	05:32
566	1957	Joni Regalado	Tainadas Run Team - Somengil	Senior Masculino	55:26	+23:25	05:33
567	475	Bruno Tavares	Goodfellaa	Senior Masculino	55:27	+23:25	05:33
568	132	Afonso Marques	Bloco	Senior Masculino	55:29	+23:28	05:33
569	1205	Leandro Pinto	Individual	Senior Masculino	55:33	+23:31	05:33
570	1892	Daniel Medina	Riaga Group	Senior Masculino	55:33	+23:31	05:33
571	1312	Rafael Marques	Individual	Senior Masculino	55:33	+23:32	05:33
572	1071	Gabriel Pires	Individual	Senior Masculino	55:34	+23:33	05:33
573	522	Rodrigo Monteiro	Hut Runners	Senior Masculino	55:35	+23:33	05:34
574	1383	Thiago Silva	Individual	Senior Masculino	55:36	+23:35	05:34
575	1063	Francisco Dominguez Jiménez	Individual	Senior Masculino	55:38	+23:36	05:34
576	1858	Nuno Pina	Projeto Poente	Senior Masculino	55:43	+23:42	05:34
577	1295	PEDRO LUIZ DE JESUS MOREIRA	Individual	Senior Masculino	55:44	+23:42	05:34
578	2036	Marcelo Cataldo	WE CAN RUN	Senior Masculino	55:48	+23:46	05:35
579	1374	Saul Campanario	Individual	Senior Masculino	55:57	+23:55	05:36
580	922	António Rodolfo Pereira	Individual	Senior Masculino	55:58	+23:56	05:36
581	1213	Luís Carlos Jesus Cruz	Individual	Senior Masculino	56:00	+23:58	05:36
582	1314	Rafael Moreira Martinho	Individual	Senior Masculino	56:08	+24:07	05:37
583	1814	Filipe Henriques Ferreira da Rocha	Princesa da Raia	Senior Masculino	56:12	+24:10	05:37
584	342	Ricardo Gabriel Duarte Marques	Cross Company	Senior Masculino	56:13	+24:11	05:37
585	1087	Gonçalo Teixeira	Individual	Senior Masculino	56:14	+24:13	05:37
586	2028	Rui Barros	VVTR Valongo Vouga Trail Running	Senior Masculino	56:16	+24:14	05:38
587	1249	Maxim Mironov	Individual	Senior Masculino	56:18	+24:16	05:38

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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588	460	Manuel Aguiar Campos Cardoso da Silva	Glicinias Plaza	Senior Masculino	56:18	+24:17	05:38
589	1019	Diogo Silva	Individual	Senior Masculino	56:19	+24:17	05:38
590	1077	Gonçalo Estima	Individual	Senior Masculino	56:22	+24:20	05:38
591	993	Diogo Barroso	Individual	Senior Masculino	56:24	+24:23	05:38
592	1078	Gonçalo Ferreira da Silva Crasto	Individual	Senior Masculino	56:25	+24:23	05:38
593	1002	Diogo Ferreira Miguel	Individual	Senior Masculino	56:25	+24:23	05:38
594	1337	Ricardo Rocha	Individual	Senior Masculino	56:27	+24:25	05:39
595	1354	Romain Sousa	Individual	Senior Masculino	56:27	+24:26	05:39
596	53	Emanuel Pereira	ADSÁTÃO RUNNERS	Senior Masculino	56:29	+24:27	05:39
597	1125	João Cardoso	Individual	Senior Masculino	56:33	+24:31	05:39
598	2015	Rui Ladeiro	Urban Wolves	Senior Masculino	56:34	+24:33	05:39
599	984	David Magalhães	Individual	Senior Masculino	56:35	+24:33	05:39
600	2012	Bernardo Sousa	Urban Wolves	Senior Masculino	56:35	+24:33	05:39
601	1007	Diogo Melo Correia	Individual	Senior Masculino	56:38	+24:36	05:40
602	1243	Mário Fragoso	Individual	Senior Masculino	56:42	+24:40	05:40
603	1310	Rafael Dias Fernandes	Individual	Senior Masculino	56:45	+24:43	05:40
604	1227	Manuel Almeida	Individual	Senior Masculino	56:45	+24:43	05:41
605	981	David Fontes	Individual	Senior Masculino	56:46	+24:44	05:41
606	1324	René Sampaio	Individual	Senior Masculino	56:49	+24:47	05:41
607	1175	Jorge Branco	Individual	Senior Masculino	56:54	+24:53	05:41
608	1842	Diogo Soares Alves	PRIO	Senior Masculino	56:57	+24:56	05:42
609	920	António Pereira	Individual	Senior Masculino	56:58	+24:57	05:42
610	1250	Miguel Branco	Individual	Senior Masculino	57:00	+24:58	05:42
611	1184	José Aniceto	Individual	Senior Masculino	57:02	+25:00	05:42
612	296	Mário Pires	Clube dos Galitos	Senior Masculino	57:04	+25:02	05:42
613	1094	Guilherme Martins	Individual	Senior Masculino	57:05	+25:03	05:43
614	1226	Maksym Semenchuk	Individual	Senior Masculino	57:09	+25:08	05:43
615	1157	João Pedro Teixeira de Almeida Nunes Salgueiro	Individual	Senior Masculino	57:10	+25:08	05:43
616	1008	Diogo Miguel Martins Rodrigues	Individual	Senior Masculino	57:11	+25:09	05:43
617	1237	Marco Matias	Individual	Senior Masculino	57:16	+25:15	05:44
618	1032	Emanuel Elísio Feio Mendes	Individual	Senior Masculino	57:18	+25:16	05:44
619	44	Tude Melo	ADI - Associação Desportiva de Ílhavo	Senior Masculino	57:26	+25:24	05:45
620	982	David Gonçalves	Individual	Senior Masculino	57:26	+25:25	05:45
621	1211	Luis Bonifácio	Individual	Senior Masculino	57:27	+25:25	05:45
622	442	Silvio GIORDANENGO	Frenchsixseven	Senior Masculino	57:32	+25:31	05:45
623	1403	Tomás Tavares	Individual	Senior Masculino	57:32	+25:31	05:45
624	2026	João Almeida	VVTR Valongo Vouga Trail Running	Senior Masculino	57:34	+25:32	05:45
625	1241	Mário Beleza	Individual	Senior Masculino	57:34	+25:32	05:45
626	443	Ulysse MAUPU-ESTUPINA	Frenchsixseven	Senior Masculino	57:38	+25:36	05:46
627	1076	Gonçalo Duarte	Individual	Senior Masculino	57:40	+25:38	05:46
628	985	David Mendes	Individual	Senior Masculino	57:44	+25:42	05:46
629	1330	Ricardo Lemos	Individual	Senior Masculino	57:45	+25:44	05:47
630	245	Luis Simoes	Civilria RunClub	Senior Masculino	57:50	+25:48	05:47
631	938	Bruno Costa	Individual	Senior Masculino	57:56	+25:54	05:48

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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632	1146	João Oliveira	Individual	Senior Masculino	57:59	+25:58	05:48
633	1303	Pedro Sancho Soares Costa	Individual	Senior Masculino	58:00	+25:58	05:48
634	187	João Ferreira	Casa Benfica Bairrada	Senior Masculino	58:01	+26:00	05:48
635	152	Ricardo Dias	Bloco	Senior Masculino	58:02	+26:01	05:48
636	1333	Ricardo Neves	Individual	Senior Masculino	58:03	+26:01	05:48
637	135	Bruno Enrico Eid Alcântara	Bloco	Senior Masculino	58:03	+26:01	05:48
638	1306	Peter Star	Individual	Senior Masculino	58:03	+26:01	05:48
639	1102	Gustavo Costa Alves Silva	Individual	Senior Masculino	58:07	+26:05	05:49
640	1255	Miguel Coelho	Individual	Senior Masculino	58:13	+26:12	05:49
641	1140	João Lucas	Individual	Senior Masculino	58:15	+26:13	05:49
642	421	Vasco Marques	FC ODA	Senior Masculino	58:15	+26:13	05:49
643	330	Miguel Oliveira	COSTA NOVA RUN	Senior Masculino	58:22	+26:20	05:50
644	1042	Fábio Duarte	Individual	Senior Masculino	58:24	+26:22	05:50
645	1274	Nuno Simões	Individual	Senior Masculino	58:26	+26:24	05:51
646	360	Pedro Louro	DECATHLON	Senior Masculino	58:27	+26:25	05:51
647	1282	Paulo Saraiva	Individual	Senior Masculino	58:28	+26:26	05:51
648	1412	Vinicius Rodrigues Gonçalves	Individual	Senior Masculino	58:32	+26:30	05:51
649	1372	Samuel Silva	Individual	Senior Masculino	58:34	+26:32	05:51
650	1242	Mario Ferreira	Individual	Senior Masculino	58:38	+26:36	05:52
651	1265	Nelson Oliveira	Individual	Senior Masculino	58:39	+26:37	05:52
652	1162	João Ricardo da Silva Campos	Individual	Senior Masculino	58:47	+26:45	05:53
653	1275	Nuno Tavares	Individual	Senior Masculino	58:53	+26:51	05:53
654	1284	Pedro André	Individual	Senior Masculino	58:53	+26:51	05:53
655	151	Miguel Amaral	Bloco	Senior Masculino	58:53	+26:51	05:53
656	379	Filipe Jorge Conde Freire	Diatosta	Senior Masculino	58:53	+26:51	05:53
657	378	Diogo Manuel Correia Freire	Diatosta	Senior Masculino	58:53	+26:51	05:53
658	2050	Baltasar Santana	Individual	Senior Masculino	58:54	+26:52	05:53
659	1853	Simão Pedro Matias Antão	PRIO	Senior Masculino	58:55	+26:53	05:53
660	1120	João Baldaia	Individual	Senior Masculino	58:55	+26:54	05:54
661	1084	Gonçalo Salgado	Individual	Senior Masculino	58:56	+26:55	05:54
662	992	Diogo Barros	Individual	Senior Masculino	58:57	+26:55	05:54
663	139	Fábio Mota	Bloco	Senior Masculino	58:57	+26:56	05:54
664	1155	João Pedro Moreira de Carvalho	Individual	Senior Masculino	59:07	+27:06	05:55
665	517	Duarte Horta	HavO Run Club	Senior Masculino	59:11	+27:09	05:55
666	1854	Tiago Coimbra Ferreira	PRIO	Senior Masculino	59:13	+27:11	05:55
667	948	Caetano Tavares	Individual	Senior Masculino	59:19	+27:18	05:56
668	956	Christophe Mota	Individual	Senior Masculino	59:23	+27:22	05:56
669	77	João Sampaio	Bai Bagos	Senior Masculino	59:25	+27:23	05:57
670	1198	José Pedro Rocha	Individual	Senior Masculino	59:28	+27:27	05:57
671	1413	Vitor SIlva	Individual	Senior Masculino	59:41	+27:39	05:58
672	1235	Marco Martins	Individual	Senior Masculino	59:43	+27:42	05:58
673	1848	José Luís da Costa Fernandes	PRIO	Senior Masculino	59:48	+27:47	05:59
674	255	Vitor José de Araújo Alves Santana	Civilria RunClub	Senior Masculino	59:48	+27:47	05:59
675	1870	João Pereira	Reumáticos & Etc	Senior Masculino	59:53	+27:52	05:59
676	1958	Joni Rocha	Tainadas Run Team - Somengil	Senior Masculino	59:59	+27:57	06:00
677	1355	Rosmel Mendez	Individual	Senior Masculino	01:00:02	+28:00	06:00

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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678	1418	Yedferson José cañizalez	Individual	Senior Masculino	01:00:02	+28:01	06:00
679	1335	Ricardo Preto	Individual	Senior Masculino	01:00:03	+28:01	06:00
680	87	Alexandre Vaz Loureiro	Bando dos Quatro	Senior Masculino	01:00:07	+28:05	06:01
681	367	Firmino Salgado	Diário de Aveiro	Senior Masculino	01:00:11	+28:10	06:01
682	1228	Manuel Gomes	Individual	Senior Masculino	01:00:15	+28:14	06:02
683	1206	Leandro Reis	Individual	Senior Masculino	01:00:18	+28:17	06:02
684	1790	João Ildefonso	Os 4 Magníficos	Senior Masculino	01:00:20	+28:18	06:02
685	1070	Frederico Teixeira	Individual	Senior Masculino	01:00:21	+28:20	06:02
686	1039	Fábio bastos	Individual	Senior Masculino	01:00:33	+28:31	06:03
687	1362	Rui Capão	Individual	Senior Masculino	01:00:39	+28:37	06:04
688	1055	Fernando José dos Santos Espadilha	Individual	Senior Masculino	01:00:46	+28:44	06:05
689	1765	Marco Manuel Oliveira Andrade	Moliceiro ao pico	Senior Masculino	01:00:59	+28:57	06:06
690	140	Gustavo Assaf	Bloco	Senior Masculino	01:01:03	+29:01	06:06
691	1133	João Fernandes	Individual	Senior Masculino	01:01:12	+29:10	06:07
692	1143	Joao Nelson	Individual	Senior Masculino	01:01:16	+29:14	06:08
693	954	César Ferreira	Individual	Senior Masculino	01:01:17	+29:15	06:08
694	968	Daniel da Silva Magalhães	Individual	Senior Masculino	01:01:18	+29:16	06:08
695	1186	José Coutinho	Individual	Senior Masculino	01:01:23	+29:21	06:08
696	1201	José Viegas	Individual	Senior Masculino	01:01:24	+29:22	06:08
697	211	Pedro Mendes	CFA Team	Senior Masculino	01:01:29	+29:27	06:09
698	436	Simão Conceição	FOCUS_TUU	Senior Masculino	01:01:35	+29:33	06:09
699	1308	Rafael Almeida	Individual	Senior Masculino	01:01:40	+29:38	06:10
700	1251	MIGUEL CARDOSO	Individual	Senior Masculino	01:01:43	+29:42	06:10
701	1080	Gonçalo Marques	Individual	Senior Masculino	01:01:45	+29:43	06:10
702	1097	Guilherme Pains Pereira	Individual	Senior Masculino	01:01:48	+29:46	06:11
703	1812	Daniel Peixoto	PexTeam	Senior Masculino	01:01:51	+29:50	06:11
704	2063	Manuel José Pires Rebelo	Individual	Senior Masculino	01:02:09	+30:07	06:13
705	358	Afonso Vinhas	DECATHLON	Senior Masculino	01:02:10	+30:08	06:13
706	1849	Luis Filipe Gusmão Monge Soares	PRIO	Senior Masculino	01:02:20	+30:18	06:14
707	1150	João Pedro Alves Fernandes	Individual	Senior Masculino	01:02:20	+30:19	06:14
708	96	Manuel Lima	Barra Ocean Runners	Senior Masculino	01:02:22	+30:20	06:14
709	1718	Luís Carlos Nogueira Arede da Silva	Lobitos	Senior Masculino	01:02:24	+30:22	06:14
710	447	Pedro Sousa	Gab.Fisio Cleide Martins	Senior Masculino	01:02:29	+30:28	06:15
711	1253	Miguel Carvalhosa	Individual	Senior Masculino	01:02:31	+30:29	06:15
712	995	Diogo Caetano	Individual	Senior Masculino	01:02:34	+30:33	06:15
713	1795	Pedro Costa	Os Franciscos	Senior Masculino	01:02:35	+30:33	06:15
714	1259	Miguel Mendes	Individual	Senior Masculino	01:02:38	+30:36	06:16
715	2006	Francisco Paião	UNSTOPPABLE WORLD	Senior Masculino	01:02:40	+30:39	06:16
716	1368	Rui Pedro Machado Pires	Individual	Senior Masculino	01:02:45	+30:43	06:16
717	960	Cristiano Pereira	Individual	Senior Masculino	01:02:45	+30:44	06:17
718	1283	Pedro Alves	Individual	Senior Masculino	01:02:46	+30:44	06:17
719	1762	Gabriel Figueiredo Duarte	Moliceiro ao pico	Senior Masculino	01:02:47	+30:45	06:17
720	1963	Samuel Póvoa	Tainadas Run Team - Somengil	Senior Masculino	01:02:53	+30:51	06:17
721	1010	Diogo Oliveira	Individual	Senior Masculino	01:02:56	+30:54	06:18
722	924	Bavieche Samgi	Individual	Senior Masculino	01:02:56	+30:54	06:18
723	957	Cláudio Silva	Individual	Senior Masculino	01:03:00	+30:59	06:18

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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724	1318	Renan Matos Magalhães	Individual	Senior Masculino	01:03:17	+31:15	06:20
725	979	David Beleza	Individual	Senior Masculino	01:03:22	+31:20	06:20
726	165	Pedro Antero Carvalhido	BORA TREINAR RUNNING CLUB	Senior Masculino	01:03:23	+31:21	06:20
727	1074	Gonçalo Bento de Sousa	Individual	Senior Masculino	01:03:28	+31:27	06:21
728	1147	João Patela	Individual	Senior Masculino	01:03:43	+31:41	06:22
729	362	Rodrigo Figueiredo	DECATHLON	Senior Masculino	01:03:44	+31:42	06:22
730	1100	Guilherme Sousa	Individual	Senior Masculino	01:03:52	+31:51	06:23
731	1000	Diogo Dias	Individual	Senior Masculino	01:03:54	+31:53	06:23
732	1260	Miguel Simões	Individual	Senior Masculino	01:03:54	+31:53	06:23
733	1240	Marco Túlio Silva	Individual	Senior Masculino	01:03:56	+31:54	06:24
734	1385	Tiago Barros	Individual	Senior Masculino	01:04:14	+32:13	06:25
735	1756	Bruno Miguel Sampaio Rodrigues	Moliceiro ao pico	Senior Masculino	01:04:15	+32:14	06:26
736	1918	João Oliveira	ROAD TO BH	Senior Masculino	01:04:21	+32:19	06:26
737	1209	Lucas Martins Garcia	Individual	Senior Masculino	01:04:22	+32:21	06:26
738	1737	Rodrigo Cunha	Mestres da Ciática	Senior Masculino	01:04:25	+32:23	06:26
739	1770	Rúben Marcelo Arede da Cruz	Moliceiro ao pico	Senior Masculino	01:04:26	+32:24	06:27
740	1288	Pedro Creoulo	Individual	Senior Masculino	01:04:28	+32:26	06:27
741	1871	Mauro Simões	Reumáticos & Etc	Senior Masculino	01:04:39	+32:37	06:28
742	1106	Hugo Barbosa	Individual	Senior Masculino	01:04:42	+32:40	06:28
743	1148	Joao Paulino	Individual	Senior Masculino	01:04:56	+32:54	06:30
744	1153	João Pedro Jesus Jardim	Individual	Senior Masculino	01:04:57	+32:55	06:30
745	1286	Pedro Calvo	Individual	Senior Masculino	01:05:06	+33:04	06:31
746	239	Gonçalo Almeida	Civilria RunClub	Senior Masculino	01:05:07	+33:06	06:31
747	249	Ricardo Resende	Civilria RunClub	Senior Masculino	01:05:22	+33:20	06:32
748	1033	Emanuel Ornelas	Individual	Senior Masculino	01:05:22	+33:21	06:32
749	1126	João Coelho	Individual	Senior Masculino	01:05:29	+33:27	06:33
750	1904	João Miguel Monteiro Encarnação	RM Runners By Mira a Mexer	Senior Masculino	01:05:31	+33:30	06:33
751	963	Daniel Almeida	Individual	Senior Masculino	01:05:51	+33:49	06:35
752	921	António Pires	Individual	Senior Masculino	01:05:59	+33:57	06:36
753	38	João Ferreira	ADI - Associação Desportiva de Ílhavo	Senior Masculino	01:06:00	+33:58	06:36
754	364	Luís Oliveira	Devagar e longe	Senior Masculino	01:06:04	+34:03	06:36
755	307	Bruno Vieira	CMD Lacerda	Senior Masculino	01:06:07	+34:06	06:37
756	1233	Marco Alexandre José Barreira	Individual	Senior Masculino	01:06:09	+34:07	06:37
757	1895	Joao Almeida	Riaga Group	Senior Masculino	01:06:13	+34:11	06:37
758	1152	Joao Pedro Correia Alves	Individual	Senior Masculino	01:06:14	+34:12	06:37
759	915	André Pinto	Individual	Senior Masculino	01:06:15	+34:13	06:37
760	1134	João Ferreira	Individual	Senior Masculino	01:06:15	+34:13	06:37
761	241	João Pedro Rojão Afonso	Civilria RunClub	Senior Masculino	01:06:18	+34:16	06:38
762	1244	Mario Pereira	Individual	Senior Masculino	01:06:19	+34:17	06:38
763	958	Cristiano António Guedes da Silva	Individual	Senior Masculino	01:06:19	+34:18	06:38
764	2052	Miguel Ferreira Monteiro	Individual	Senior Masculino	01:06:27	+34:25	06:39
765	1086	Gonçalo Silvestre Moniz	Individual	Senior Masculino	01:06:43	+34:41	06:40
766	56	Alexandre Figueiredo	AF Physiology	Senior Masculino	01:07:04	+35:02	06:42
767	1088	Gonzaga Oliveira	Individual	Senior Masculino	01:07:12	+35:10	06:43
768	1992	Pedro Rodrigues	Tecnovikings	Senior Masculino	01:07:18	+35:16	06:44
769	153	Simão Nogueira	Bloco	Senior Masculino	01:07:20	+35:19	06:44

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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770	1359	Rúben Santos	Individual	Senior Masculino	01:07:22	+35:21	06:44
771	1291	Pedro Damasio Araujo De Freitas	Individual	Senior Masculino	01:07:23	+35:21	06:44
772	976	Daniel Teixeira	Individual	Senior Masculino	01:07:25	+35:23	06:44
773	164	Dante Ferreira Marinho	BORA TREINAR RUNNING CLUB	Senior Masculino	01:07:30	+35:29	06:45
774	1327	Ricardo fernandes	Individual	Senior Masculino	01:07:42	+35:40	06:46
775	1025	Edgar Morais	Individual	Senior Masculino	01:07:43	+35:41	06:46
776	2007	Jorge França	UNSTOPPABLE WORLD	Senior Masculino	01:07:47	+35:45	06:47
777	9	João rodrigues	#ninjadoasfalto	Senior Masculino	01:07:52	+35:50	06:47
778	154	Tiago Figueira	Bloco	Senior Masculino	01:07:53	+35:51	06:47
779	1734	João Monteiro	Mestres da Ciática	Senior Masculino	01:07:56	+35:54	06:48
780	1400	Tibério Baptista	Individual	Senior Masculino	01:08:08	+36:06	06:49
781	943	Bruno Miguel Fonseca Mendes	Individual	Senior Masculino	01:08:09	+36:08	06:49
782	1369	Rui Pedro Passos Ferreira	Individual	Senior Masculino	01:08:09	+36:08	06:49
783	1091	Guilherme Cunha	Individual	Senior Masculino	01:08:11	+36:09	06:49
784	972	Daniel Pinheiro	Individual	Senior Masculino	01:08:12	+36:11	06:49
785	1135	Joao Filipe Santos	Individual	Senior Masculino	01:08:15	+36:13	06:50
786	1301	Pedro Nunes	Individual	Senior Masculino	01:08:29	+36:27	06:51
787	1323	Renato Lourenco	Individual	Senior Masculino	01:08:37	+36:35	06:52
788	1393	Tiago Mirassol	Individual	Senior Masculino	01:08:52	+36:51	06:53
789	1411	VINICIUS OLIVEIRA	Individual	Senior Masculino	01:09:09	+37:07	06:55
790	891	Afonso Capitão sousa	Individual	Senior Masculino	01:09:56	+37:55	07:00
791	937	Bruno Brito de Oliveira Göedert	Individual	Senior Masculino	01:10:11	+38:09	07:01
792	1841	Diogo Artur Landeira Limas	PRIO	Senior Masculino	01:10:29	+38:27	07:03
793	150	Martim Claro	Bloco	Senior Masculino	01:11:15	+39:13	07:07
794	1270	Nuno Garrido	Individual	Senior Masculino	01:11:36	+39:35	07:10
795	1185	José Carlos Moreira Cabral	Individual	Senior Masculino	01:12:03	+40:01	07:12
796	1117	Jeremy Gozar	Individual	Senior Masculino	01:12:23	+40:21	07:14
797	1123	João Caçador	Individual	Senior Masculino	01:12:47	+40:45	07:17
798	1300	Pedro Neves	Individual	Senior Masculino	01:12:47	+40:46	07:17
799	1231	Marcelo Ribau	Individual	Senior Masculino	01:12:48	+40:46	07:17
800	1011	Diogo Paula	Individual	Senior Masculino	01:13:35	+41:33	07:22
801	901	André Bebiano	Individual	Senior Masculino	01:13:57	+41:56	07:24
802	1297	Pedro Magalhães	Individual	Senior Masculino	01:14:09	+42:07	07:25
803	1890	Afonso Silva	Riaga Group	Senior Masculino	01:15:29	+43:27	07:33
804	2014	Rafael Fernandes	Urban Wolves	Senior Masculino	01:15:48	+43:46	07:35
805	1293	Pedro Gonçalves	Individual	Senior Masculino	01:15:55	+43:53	07:35
806	2070	André Ferreira	Individual	Senior Masculino	01:16:03	+44:01	07:36
807	1381	Simão Mortágua	Individual	Senior Masculino	01:16:48	+44:47	07:41
808	328	Lorhan Caldas	COSTA NOVA RUN	Senior Masculino	01:18:14	+46:12	07:49
809	931	Bernardo Lemos	Individual	Senior Masculino	01:20:01	+47:59	08:00
810	2064	David Campos	Individual	Senior Masculino	01:21:57	+49:55	08:12
811	1268	Nuno David Freitas Matos	Individual	Senior Masculino	01:22:19	+50:17	08:14

Veterana F45

1	1484	Solange Silva	Individual	Veterana F45	42:52	04:17

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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2	22	Sara Viviana dos Santos Costa	ACD os Ílhavos	Veterana F45	45:38	+02:46	04:34
3	504	Ana Marisa Fonseca Lopes	grohe	Veterana F45	45:49	+02:57	04:35
4	1476	Rita Resende	Individual	Veterana F45	46:08	+03:16	04:37
5	1449	Gorete Pereira	Viriathvs Runners Viseu	Veterana F45	46:50	+03:58	04:41
6	18	Sandra da Luz Mendonça Amorim	Academia Desportiva de Arcos de Valdevez	Veterana F45	46:54	+04:02	04:41
7	1423	Ana Nunes	Individual	Veterana F45	47:43	+04:51	04:46
8	1458	Margarida Vidal	Individual	Veterana F45	48:00	+05:08	04:48
9	1977	Elisabete Rodrigues	TDcredito	Veterana F45	48:17	+05:25	04:50
10	260	Sandrina Pereira	Civilria RunClub	Veterana F45	48:37	+05:45	04:52
11	485	Sandra Vieira	GRECAS	Veterana F45	49:15	+06:23	04:56
12	871	Marisa Isabel Galante de Carvalho	Individual	Veterana F45	50:05	+07:12	05:00
13	505	Arminda dos Anjos Fernandes Afonso	grohe	Veterana F45	50:15	+07:23	05:02
14	1481	Sandra Costa	Individual	Veterana F45	50:27	+07:35	05:03
15	526	Manuela Melo	Indelague Running Team	Veterana F45	51:00	+08:07	05:06
16	345	Marta Varandas	Cross Company	Veterana F45	51:54	+09:02	05:11
17	404	Sónia Belém	Eu Posso Correr Team	Veterana F45	51:58	+09:06	05:12
18	12	Marta R	100ekipa	Veterana F45	52:03	+09:11	05:12
19	519	Helena Silva	HavO Run Club	Veterana F45	53:00	+10:08	05:18
20	1442	Delfina Rodrigues	Individual	Veterana F45	53:08	+10:15	05:19
21	1422	Ana Carina Silva	Individual	Veterana F45	53:15	+10:23	05:19
22	58	Maria Rita da Silva Fernandes	AGGVouzela	Veterana F45	53:32	+10:39	05:21
23	259	Rosabell Dos Santos	Civilria RunClub	Veterana F45	53:47	+10:55	05:23
24	344	catarina sofia sousa neves	Cross Company	Veterana F45	54:17	+11:25	05:26
25	1967	Rosa Tavares	Tainadas Run Team - Somengil	Veterana F45	54:26	+11:34	05:27
26	354	Clara Santos	DCI/Trilhos Luso Bussaco	Veterana F45	54:29	+11:37	05:27
27	1874	Virginia Oliveira	Reumáticos & Etc	Veterana F45	54:37	+11:45	05:28
28	1430	Angelica Teixeira	Individual	Veterana F45	54:41	+11:49	05:28
29	183	Luísa Silva	CAOB - Oliveira do Bairro	Veterana F45	54:52	+12:00	05:29
30	525	Liliana Ordaz	Indelague Running Team	Veterana F45	54:56	+12:04	05:30
31	1537	Maria João Almeida	Individual	Veterana F45	55:00	+12:08	05:30
32	283	Marilyn Lourenço	CLTT - Clínica Litoralis Trail Team	Veterana F45	55:16	+12:24	05:32
33	1471	Paula Almeida Cruz	Individual	Veterana F45	55:26	+12:34	05:33
34	1473	Paula Rocha	Individual	Veterana F45	55:43	+12:50	05:34
35	332	Maryna Skliar	COSTA NOVA RUN	Veterana F45	55:43	+12:51	05:34
36	193	Alexandra Mortágua	Casa do Povo de Avanca	Veterana F45	55:45	+12:52	05:34
37	1808	Patrícia Marcelo	Penta Clube da Covilhã	Veterana F45	55:50	+12:57	05:35
38	403	Isabel Luís	Eu Posso Correr Team	Veterana F45	56:19	+13:26	05:38
39	1464	Marina Leitão	Individual	Veterana F45	56:21	+13:28	05:38
40	1453	Joana caçador	Individual	Veterana F45	56:46	+13:54	05:41
41	1491	Susana Vieira	Individual	Veterana F45	57:21	+14:28	05:44
42	1419	AIDA QUEIRÓS	Individual	Veterana F45	57:33	+14:41	05:45
43	214	Anabela Leite	CFA Team	Veterana F45	57:50	+14:57	05:47
44	1443	Elisabete Cruz	Individual	Veterana F45	58:15	+15:23	05:50
45	1477	Rosa lopes	Individual	Veterana F45	58:24	+15:32	05:50
46	1450	Helga Soares	Individual	Veterana F45	58:25	+15:33	05:51
47	1436	Carla Soares	Individual	Veterana F45	58:26	+15:34	05:51

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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48	5	Marisa Moreira	#é_só_até_ali	Veterana F45	58:27	+15:35	05:51
49	1472	Paula Duarte	Individual	Veterana F45	58:29	+15:37	05:51
50	1444	Fátima Dias	Individual	Veterana F45	58:36	+15:43	05:52
51	1434	Carla Alegria	Individual	Veterana F45	58:37	+15:45	05:52
52	1966	Kelinha Mirena	Tainadas Run Team - Somengil	Veterana F45	58:37	+15:45	05:52
53	2037	Carla Lemos	WE CAN RUN	Veterana F45	58:41	+15:48	05:52
54	1435	Carla Almeida	Individual	Veterana F45	58:45	+15:53	05:53
55	1791	Sofia Durães	Os 4 Magníficos	Veterana F45	58:55	+16:03	05:54
56	1455	Lúcia Isabel de Mesquita Bettencourt Avelar	Individual	Veterana F45	59:19	+16:27	05:56
57	370	Aldina Salgado	Diário de Aveiro	Veterana F45	01:00:11	+17:19	06:01
58	1774	Magda Teresa Nogueira Rodrigues	Moliceiro ao pico	Veterana F45	01:00:17	+17:24	06:02
59	1478	Rosimeire de jesus Oliveira e Sousa Vigario	Individual	Veterana F45	01:00:18	+17:25	06:02
60	371	Cristina Paredes	Diário de Aveiro	Veterana F45	01:00:18	+17:26	06:02
61	2051	Jane Sofia	Individual	Veterana F45	01:00:20	+17:28	06:02
62	400	Arlete António	Eu Posso Correr Team	Veterana F45	01:00:24	+17:32	06:02
63	1456	Madalena Ferreira	Individual	Veterana F45	01:01:05	+18:13	06:07
64	418	TERESA PEREIRA DE PINHO	Família de Pinho Silva	Veterana F45	01:01:06	+18:14	06:07
65	1474	RAQUEL BRITO	Individual	Veterana F45	01:01:28	+18:36	06:09
66	1459	Maria Gomes	Individual	Veterana F45	01:01:36	+18:44	06:10
67	169	Rosário Bastos	BORA TREINAR RUNNING CLUB	Veterana F45	01:01:44	+18:51	06:10
68	1475	Rita Gomes	Individual	Veterana F45	01:01:44	+18:52	06:10
69	257	Carla Torres	Civilria RunClub	Veterana F45	01:01:49	+18:57	06:11
70	1710	Maria Conceição Costa Simões	Lacticoop	Veterana F45	01:02:06	+19:14	06:13
71	1463	Mariana Pinho	Individual	Veterana F45	01:02:08	+19:16	06:13
72	1485	Sonia Alvaro	Individual	Veterana F45	01:02:23	+19:31	06:14
73	1873	Paula Pinto	Reumáticos & Etc	Veterana F45	01:02:24	+19:32	06:14
74	1480	Sandra Almeida	Individual	Veterana F45	01:02:39	+19:47	06:16
75	1461	MARIA MANUEL MONTEIRO DAMAS	Individual	Veterana F45	01:02:50	+19:58	06:17
76	1948	Susana Ganito	Swimming runners	Veterana F45	01:02:51	+19:59	06:17
77	1457	Márcia Marques	Individual	Veterana F45	01:03:08	+20:15	06:19
78	1909	Cristina Gonçalo	RM Runners By Mira a Mexer	Veterana F45	01:03:16	+20:24	06:20
79	1447	Flávia Bobbio	Individual	Veterana F45	01:03:26	+20:34	06:21
80	2029	Marta Amaral	Walk&Run4Fun	Veterana F45	01:03:54	+21:01	06:23
81	1466	Marta Pereira	Individual	Veterana F45	01:04:30	+21:38	06:27
82	1446	FERNANDA MARIA VAZ SOARES	Individual	Veterana F45	01:04:35	+21:42	06:27
83	1437	Cláudia Almeida	Individual	Veterana F45	01:04:47	+21:55	06:29
84	448	Margarida de Jesus Alves Pinto	Garage210	Veterana F45	01:05:01	+22:09	06:30
85	1807	Sónia Matos	Penela a Mexer	Veterana F45	01:05:10	+22:18	06:31
86	1804	Katarina Augusto	Penela a Mexer	Veterana F45	01:05:11	+22:18	06:31
87	1492	Vera Leite	Individual	Veterana F45	01:05:46	+22:54	06:35
88	1468	Natália Capitão	Individual	Veterana F45	01:05:49	+22:57	06:35
89	1488	Sónia Silva	Individual	Veterana F45	01:05:53	+23:01	06:35
90	45	Claudia Sousa	ADI - Associação Desportiva de Ílhavo	Veterana F45	01:05:58	+23:06	06:36
91	1467	Marta Sousa	Individual	Veterana F45	01:06:17	+23:25	06:38

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

92	1490	Susana Curto	Individual	Veterana F45	01:07:06	+24:14	06:43
93	372	Mafalda Sofia da Silva Mateus	Diário de Aveiro	Veterana F45	01:07:42	+24:50	06:46
94	1445	Fátima Lopes	Individual	Veterana F45	01:07:43	+24:51	06:46
95	1428	Ana Silva	Individual	Veterana F45	01:07:44	+24:52	06:46
96	1919	Vera Rocha	ROAD TO BH	Veterana F45	01:08:47	+25:55	06:53
97	1424	Ana Patrícia Santos Rodrigues	Individual	Veterana F45	01:09:01	+26:09	06:54
98	1451	Ivone Jaco	Individual	Veterana F45	01:09:08	+26:16	06:55
99	503	Amelia Paulo Coelho Cardoso Coutinho	grohe	Veterana F45	01:09:13	+26:21	06:55
100	1797	Andrea Vale	Os Franciscos	Veterana F45	01:09:29	+26:37	06:57
101	1482	Sandra Ferrao	Individual	Veterana F45	01:09:35	+26:43	06:57
102	2039	Susana Senos	WE CAN RUN	Veterana F45	01:12:01	+29:08	07:12
103	168	Cláudia Marques	BORA TREINAR RUNNING CLUB	Veterana F45	01:12:10	+29:18	07:13
104	2048	Joana Fonseca Valente	Sousa e Friends	Veterana F45	01:12:14	+29:22	07:13
105	1432	Bruna Barbosa	Individual	Veterana F45	01:13:12	+30:20	07:19
106	1805	Margarida Ferreira	Penela a Mexer	Veterana F45	01:13:43	+30:50	07:22
107	1420	Alexandra Lopes	Individual	Veterana F45	01:14:02	+31:10	07:24
108	1709	Cláudia Sofia Martins Dias Ferreira Vaz	Lacticoop	Veterana F45	01:14:58	+32:05	07:30
109	432	ANA SILVA	FO RUNNERS	Veterana F45	01:15:10	+32:18	07:31
110	1470	Patrícia Valente	Individual	Veterana F45	01:15:25	+32:33	07:33
111	1489	Sonia sousa	Individual	Veterana F45	01:15:46	+32:54	07:35
112	1421	Alexandra Monteiro	Individual	Veterana F45	01:18:21	+35:29	07:50
113	1965	Diana Domingues	Tainadas Run Team - Somengil	Veterana F45	01:19:26	+36:34	07:57
114	1433	Carina lopes malta	Individual	Veterana F45	01:19:51	+36:59	07:59
115	1427	Ana Ribeiro	Individual	Veterana F45	01:20:16	+37:24	08:02
116	1460	Maria Lucinda Amaral Lopes Maia	Individual	Veterana F45	01:21:46	+38:54	08:11
117	1483	Sandra Salgueiro	Individual	Veterana F45	01:22:37	+39:45	08:16
118	1439	Cristina Maria Alves Marques	Individual	Veterana F45	01:24:15	+41:22	08:25
119	1448	Gisela Maria da Silva Mello	Individual	Veterana F45	01:24:26	+41:34	08:27
120	1998	Lucy Alcatrão	Trilhos&Rodas	Veterana F45	01:28:10	+45:18	08:49
121	1997	Carla liliana Silva	Trilhos&Rodas	Veterana F45	01:28:13	+45:21	08:49

Veterana F55

1	1493	Catarina Teixeira	Individual	Veterana F55	49:18		04:56
2	1506	Sónia Silvestre	Individual	Veterana F55	49:54	+00:35	04:59
3	57	Elisabete Silva	AFIS/OVAR	Veterana F55	51:17	+01:59	05:08
4	102	Maria João Tavres	Barra Ocean Runners	Veterana F55	54:18	+05:00	05:26
5	1494	Claudia Cristina Marques Almeida	Individual	Veterana F55	54:19	+05:01	05:26
6	1497	Judite Dias	Individual	Veterana F55	56:44	+07:26	05:40
7	405	Isabel Vieira	Eu Posso Correr Team	Veterana F55	57:27	+08:09	05:45
8	1505	Paulina Conde Teixeira	Individual	Veterana F55	57:51	+08:32	05:47
9	1999	Ana Paula Fernandes	Trilhos&Rodas	Veterana F55	59:08	+09:50	05:55
10	1815	Maria Aurora do Bernardo Henriques	Princesa da Raia	Veterana F55	59:38	+10:20	05:58
11	511	Dina Silva	GRUPO DESPORTIVO ASSEMPARK	Veterana F55	01:00:58	+11:40	06:06
12	1495	Daniela Costa	Individual	Veterana F55	01:01:01	+11:42	06:06

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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13	1501	Luiza Valério	Individual	Veterana F55	01:01:27	+12:09	06:09
14	2000	Paula cardoso	Trilhos&Rodas	Veterana F55	01:01:32	+12:14	06:09
15	1500	Lúcia Maria Nunes Lopes	Individual	Veterana F55	01:02:08	+12:50	06:13
16	188	Cristina Coutinho	Casa Benfica Bairrada	Veterana F55	01:03:03	+13:45	06:18
17	1499	Linda Rosa Sardo Caleiro Cruz	Individual	Veterana F55	01:03:04	+13:46	06:18
18	1498	Licínia Almeida	Individual	Veterana F55	01:04:42	+15:24	06:28
19	516	Roda da Rocha Teixeira Ferreira	Grupo Desportivo Gafanha	Veterana F55	01:05:16	+15:58	06:32
20	261	Eugénia Rogeiro Pinto Rojão	Civilria RunClub	Veterana F55	01:06:18	+16:59	06:38
21	1503	Maria Manuel Furtado	Individual	Veterana F55	01:10:22	+21:04	07:02
22	1496	Filomena aria Cardoso Pedrosa Ferreira Martins	Individual	Veterana F55	01:11:36	+22:18	07:10
23	1504	Maria Margarida Urbano	Individual	Veterana F55	01:12:36	+23:18	07:16
24	1876	Linda Silva João	Reumáticos & Etc	Veterana F55	01:15:09	+25:50	07:31
25	406	Maria Cidalia Jesus Freire	Eu Posso Correr Team	Veterana F55	01:15:21	+26:03	07:32
26	424	Eduarda Agra	Flauchover BVP	Veterana F55	01:15:21	+26:03	07:32
27	103	sara ezequiel	Barra Ocean Runners	Veterana F55	01:20:35	+31:17	08:03

Veterano M45

1	486	Nuno Miguel	GRECAS	Veterano M45	32:05		03:13
2	51	Alberto Fonte	ADREP - ASSOCIAÇÃO DESPORTIVA RECREATIVA E EDUCATIVA DA PALHAÇA	Veterano M45	35:25	+03:20	03:33
3	284	João Margarido	CLTT - Clínica Litoralis Trail Team	Veterano M45	36:23	+04:17	03:38
4	1602	PAULO JESUS	Individual	Veterano M45	36:43	+04:37	03:40
5	508	Jorge Manuel Matos dos Santos	grohe	Veterano M45	37:21	+05:16	03:44
6	1938	Paulo Silva	Sport Clube Beira-Mar	Veterano M45	37:41	+05:36	03:46
7	23	João Dias	ACD os Ílhavos	Veterano M45	37:45	+05:39	03:46
8	194	Marco Andrade	Casa do Povo de Avanca	Veterano M45	38:03	+05:58	03:48
9	385	José Cruz	Dura F1	Veterano M45	38:39	+06:34	03:52
10	1566	Jorge Costa	Individual	Veterano M45	38:45	+06:39	03:52
11	1650	Thiago Jezer	Individual	Veterano M45	38:46	+06:41	03:53
12	1532	Carlos seguel	Individual	Veterano M45	39:08	+07:03	03:55
13	1910	André Assena	RM Runners By Mira a Mexer	Veterano M45	39:16	+07:11	03:56
14	1514	António Jorge Martins Francisco	Individual	Veterano M45	39:55	+07:49	03:59
15	301	Adão Antunes	Clube dos Galitos	Veterano M45	40:01	+07:56	04:00
16	179	Nelson Muga	CAMC	Veterano M45	40:36	+08:30	04:04
17	506	Diogo Cardoso	grohe	Veterano M45	40:41	+08:35	04:04
18	1596	Oliveiros Garrelhas	Individual	Veterano M45	41:01	+08:56	04:06
19	1633	Rómulo Pinto	Individual	Veterano M45	41:11	+09:05	04:07
20	1727	Nuno Oliveira	Lobitos	Veterano M45	41:22	+09:16	04:08
21	202	hernani laranja	CENAP	Veterano M45	41:23	+09:17	04:08
22	1605	Paulo pereira	Individual	Veterano M45	41:36	+09:30	04:10
23	1922	Filipe Esteves Rouxinol	ROYAL SCHOOL LANGUAGES	Veterano M45	41:50	+09:44	04:11
24	1939	Rui Machado	Sport Clube Beira-Mar	Veterano M45	41:57	+09:52	04:12
25	302	Daniel Espinhal	Clube dos Galitos	Veterano M45	41:58	+09:53	04:12
26	104	Fernando Mónica	Barra Ocean Runners	Veterano M45	42:05	+09:59	04:12

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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27	333	Hilário Espadilha	COSTA NOVA RUN	Veterano M45	42:09	+10:03	04:13
28	1731	Carlos Pimenta	Luso Team	Veterano M45	42:15	+10:10	04:14
29	1623	Ricardo Fernandes	Individual	Veterano M45	42:41	+10:35	04:16
30	1562	joão paulo baptista	Individual	Veterano M45	42:59	+10:54	04:18
31	2022	Pedro Almeida	Viseu360	Veterano M45	43:04	+10:58	04:18
32	973	António Carlos Santiago dos Santos	Individual	Veterano M45	43:04	+10:59	04:18
33	1590	Nuno Bartolomeu	Individual	Veterano M45	43:09	+11:04	04:19
34	1571	JP Griné	Individual	Veterano M45	43:15	+11:09	04:19
35	1911	Bruno Cartaxo	RM Runners By Mira a Mexer	Veterano M45	43:25	+11:19	04:20
36	1636	Rui Branco	Individual	Veterano M45	43:34	+11:29	04:21
37	1528	Carlos Metrogos	Individual	Veterano M45	43:38	+11:32	04:22
38	1524	Bruno silva	Individual	Veterano M45	43:48	+11:43	04:23
39	263	Bruno Bernardes de Jesus	Civilria RunClub	Veterano M45	43:52	+11:46	04:23
40	1616	Pedro Manuel de Faria Fernandes	Individual	Veterano M45	44:29	+12:23	04:27
41	159	Ricardo Patrício	BOAVISTA TRAIL	Veterano M45	44:33	+12:28	04:27
42	111	Pedro fardilha	Barra Swim Club	Veterano M45	44:37	+12:31	04:28
43	1522	Bruno Ferreira	Individual	Veterano M45	44:38	+12:32	04:28
44	1597	Paulo Cardoso	Individual	Veterano M45	44:57	+12:51	04:30
45	266	Hugo Gonçalves	Civilria RunClub	Veterano M45	45:03	+12:58	04:30
46	1507	Adolfo Andrade	Individual	Veterano M45	45:12	+13:06	04:31
47	1619	Pedro Miguel Silva Garrido	Individual	Veterano M45	45:12	+13:07	04:31
48	1620	Pedro Miguel Valente Pinho	Individual	Veterano M45	45:16	+13:10	04:32
49	1569	JOSE FIGUEIRAS	Individual	Veterano M45	45:26	+13:20	04:33
50	1564	João Rocha	Individual	Veterano M45	45:36	+13:31	04:34
51	105	Miguel Leão	Barra Ocean Runners	Veterano M45	45:39	+13:34	04:34
52	1713	Ricardo Ferreira	Lacticoop	Veterano M45	45:44	+13:38	04:34
53	1536	Diogo Barbosa	Individual	Veterano M45	45:48	+13:43	04:35
54	2020	Rui Almeida	Viriathvs Runners Viseu	Veterano M45	45:51	+13:45	04:35
55	1556	Jean François Rodrigues	Individual	Veterano M45	45:56	+13:51	04:36
56	1970	Pedro Correia	Tainadas Run Team - Somengil	Veterano M45	46:27	+14:22	04:39
57	1969	Nuno Martinho	Tainadas Run Team - Somengil	Veterano M45	46:29	+14:24	04:39
58	2019	Hugo Romão	Verrom	Veterano M45	46:31	+14:26	04:39
59	1978	Diogo Cardoso	TDcredito	Veterano M45	46:33	+14:28	04:39
60	1581	Marcio Marcelino	Individual	Veterano M45	46:38	+14:32	04:40
61	1601	Paulo ferreira	Individual	Veterano M45	46:41	+14:36	04:40
62	269	Nuno Alegria	Civilria RunClub	Veterano M45	46:49	+14:44	04:41
63	661	Pedro Gil Ferreira da Costa	Individual	Veterano M45	46:57	+14:51	04:42
64	1573	Luís André Santos Matos	Individual	Veterano M45	47:01	+14:55	04:42
65	1585	Martin Lund	Individual	Veterano M45	47:04	+14:59	04:42
66	1644	Rui Santos	Individual	Veterano M45	47:11	+15:05	04:43
67	1882	Vitor Alves	Reumáticos & Etc	Veterano M45	47:16	+15:11	04:44
68	1539	ELVIS MATIAS	Individual	Veterano M45	47:17	+15:11	04:44
69	1517	Armindo Bastos	Individual	Veterano M45	47:28	+15:23	04:45
70	355	Pedro Lopes	DCI/Trilhos Luso Bussaco	Veterano M45	47:33	+15:28	04:45
71	1577	Luis Pessoa	Individual	Veterano M45	47:53	+15:48	04:47
72	1645	Rui Vaz	Individual	Veterano M45	47:55	+15:49	04:47

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

73	1979	Filipe Leal	TDcredito	Veterano M45	47:56	+15:50	04:48
74	374	João Nuno Garcia Teixeira	Diário de Aveiro	Veterano M45	47:58	+15:52	04:48
75	274	Renato Filipe Nunes França	Civilria RunClub	Veterano M45	48:04	+15:59	04:48
76	1642	Rui Miguel Costeira Tavares	Individual	Veterano M45	48:11	+16:05	04:49
77	1553	Hugo Morgado	Individual	Veterano M45	48:20	+16:14	04:50
78	523	Jorge Martins	Hut Runners	Veterano M45	48:25	+16:20	04:51
79	1625	Ricardo Jorge Grilo Marques Senos	Individual	Veterano M45	48:36	+16:31	04:52
80	1607	Pedro Almeida	Individual	Veterano M45	48:38	+16:33	04:52
81	1508	Adriano Carreira	Individual	Veterano M45	48:44	+16:38	04:52
82	1610	Pedro Cardoso	Individual	Veterano M45	48:49	+16:43	04:53
83	1521	Bruno dias	Individual	Veterano M45	48:57	+16:52	04:54
84	1591	Nuno Fernandes	Individual	Veterano M45	49:00	+16:55	04:54
85	1945	Nuno Morais	Stepbystep	Veterano M45	49:10	+17:05	04:55
86	1545	Filipe Feijó	Individual	Veterano M45	49:13	+17:08	04:55
87	1609	Pedro Branco Dores	Individual	Veterano M45	49:22	+17:16	04:56
88	1923	Paulo Silva	ROYAL SCHOOL LANGUAGES	Veterano M45	49:23	+17:17	04:56
89	1541	Fabiano Silva Viana	Individual	Veterano M45	49:27	+17:21	04:57
90	1809	Sérgio Ferraz	Penta Clube da Covilhã	Veterano M45	49:40	+17:34	04:58
91	507	João Carlos Pires da Fonte	grohe	Veterano M45	49:41	+17:35	04:58
92	1589	Nuno Amaral	Individual	Veterano M45	49:47	+17:42	04:59
93	1580	Manuel ventura da Silva Marques	Individual	Veterano M45	49:58	+17:53	05:00
94	1803	Sérgio Freitas	Paulitita	Veterano M45	50:00	+17:54	05:00
95	1515	António José Santos Silva	Individual	Veterano M45	50:01	+17:55	05:00
96	1626	Ricardo Queirós	Individual	Veterano M45	50:03	+17:58	05:00
97	1595	Nuno Miguel Trincão Craveiro	Individual	Veterano M45	50:06	+18:01	05:01
98	471	Rui Miguel Simões	Glicinias Plaza	Veterano M45	50:23	+18:18	05:02
99	1913	Ricardo Mingatos	RM Runners By Mira a Mexer	Veterano M45	50:42	+18:36	05:04
100	346	André Andrade	Cross Company	Veterano M45	50:44	+18:38	05:04
101	1540	Eugenio Silva	Individual	Veterano M45	50:48	+18:42	05:05
102	1574	LUÍS Ferreira	Individual	Veterano M45	50:49	+18:44	05:05
103	1554	Hugo Neves	Individual	Veterano M45	50:51	+18:45	05:05
104	1560	João Ferreira	Individual	Veterano M45	50:52	+18:46	05:05
105	1546	Filipe Pinto	Individual	Veterano M45	50:52	+18:46	05:05
106	1912	Miguel Alcaide	RM Runners By Mira a Mexer	Veterano M45	50:53	+18:48	05:05
107	1530	Carlos Santos	Individual	Veterano M45	51:00	+18:54	05:06
108	83	Paulo Morgado	Bai Bagos	Veterano M45	51:04	+18:59	05:06
109	1527	Carlos Martínez Almazán	Individual	Veterano M45	51:07	+19:01	05:07
110	1550	Gustavo Vasconcelos	Individual	Veterano M45	51:16	+19:11	05:08
111	1509	Alexandre Rios Paulo	Individual	Veterano M45	51:25	+19:19	05:08
112	1578	Luís Sampaio	Individual	Veterano M45	51:38	+19:32	05:10
113	1567	Jorge Santos	Individual	Veterano M45	51:42	+19:37	05:10
114	1629	Ricardo Ventura da Cruz	Individual	Veterano M45	51:45	+19:39	05:11
115	1981	Samuel Morais Neves	TDcredito	Veterano M45	51:49	+19:43	05:11
116	1588	Nelo Julião	Individual	Veterano M45	51:50	+19:44	05:11
117	2046	João Ricardo Valente	Sousa e Friends	Veterano M45	51:54	+19:48	05:11
118	1555	Hugo Rodrigues	Individual	Veterano M45	51:57	+19:51	05:12

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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119	13	José Pedro	100ekipa	Veterano M45	52:00	+19:55	05:12
120	276	Rui Diogo	Civilria RunClub	Veterano M45	52:15	+20:10	05:14
121	1921	André Antunes	ROYAL SCHOOL LANGUAGES	Veterano M45	52:17	+20:12	05:14
122	270	Paulo Daniel Rola	Civilria RunClub	Veterano M45	52:21	+20:16	05:14
123	265	Francisco Caldas	Civilria RunClub	Veterano M45	52:22	+20:16	05:14
124	1604	Paulo Nina	Individual	Veterano M45	52:25	+20:19	05:15
125	1603	Paulo Julião	Individual	Veterano M45	52:26	+20:20	05:15
126	262	Amândio Reima Cruz	Civilria RunClub	Veterano M45	52:30	+20:24	05:15
127	434	LUIS MOURO	FO RUNNERS	Veterano M45	52:38	+20:33	05:16
128	1519	Bruno Costa	Individual	Veterano M45	52:39	+20:34	05:16
129	1880	Ricardo Neves	Reumáticos & Etc	Veterano M45	52:41	+20:36	05:16
130	267	Miguel Valls	Civilria RunClub	Veterano M45	52:42	+20:36	05:16
131	466	Jimmy Daniel de Oliveira da Silva	Glicinias Plaza	Veterano M45	52:54	+20:49	05:17
132	1624	Ricardo Fonseca	Individual	Veterano M45	53:00	+20:55	05:18
133	325	Juvenal Carvalho	COSTA NOVA RUN	Veterano M45	53:02	+20:56	05:18
134	7	Miguel Nunes	#é_só_até_ali	Veterano M45	53:09	+21:03	05:19
135	6	Gustavo Barros	#é_só_até_ali	Veterano M45	53:14	+21:09	05:19
136	1543	Fernando Manuel Ribeiro de Sousa	Individual	Veterano M45	53:21	+21:15	05:20
137	46	Pedro Marques	ADI - Associação Desportiva de Ílhavo	Veterano M45	53:47	+21:42	05:23
138	1579	Manuel Melo	Individual	Veterano M45	53:52	+21:47	05:23
139	1652	Tiago Joao de Freitas Cruz	Individual	Veterano M45	53:53	+21:47	05:23
140	1628	Ricardo Veiga	Individual	Veterano M45	53:58	+21:52	05:24
141	1949	Bruno Santos	Swimming runners	Veterano M45	54:00	+21:55	05:24
142	1538	Edmundo Gonçalves Lopes	Individual	Veterano M45	54:12	+22:06	05:25
143	1523	Bruno Santos	Individual	Veterano M45	54:23	+22:17	05:26
144	1879	João Laranjeiro	Reumáticos & Etc	Veterano M45	54:37	+22:31	05:28
145	1544	Fernando Matos	Individual	Veterano M45	54:43	+22:37	05:28
146	1653	Toze jesus	Individual	Veterano M45	54:44	+22:39	05:28
147	1606	Paulo Tavares	Individual	Veterano M45	54:46	+22:41	05:29
148	273	Pedro Lima	Civilria RunClub	Veterano M45	55:00	+22:55	05:30
149	1801	David Jesus	Pascoalitos	Veterano M45	55:01	+22:56	05:30
150	264	Carlos da Silva Lourenço	Civilria RunClub	Veterano M45	55:03	+22:58	05:30
151	2055	Nuno Clemente	Individual	Veterano M45	55:21	+23:15	05:32
152	1711	António Vitor de Almeida Tavares	Lacticoop	Veterano M45	55:39	+23:33	05:34
153	334	João Rodrigues	COSTA NOVA RUN	Veterano M45	55:43	+23:38	05:34
154	1534	Celso Maia	Individual	Veterano M45	55:54	+23:49	05:35
155	1611	Pedro Cavaco Matos	Individual	Veterano M45	56:12	+24:06	05:37
156	1529	Carlos Pires	Individual	Veterano M45	56:16	+24:10	05:38
157	2040	Dário Ferreira	WE CAN RUN	Veterano M45	56:23	+24:18	05:38
158	1542	Fernando Manuel Quental de Oliveira	Individual	Veterano M45	56:28	+24:22	05:39
159	1558	João Costa	Individual	Veterano M45	56:31	+24:25	05:39
160	1598	Paulo Costa	Individual	Veterano M45	56:43	+24:37	05:40
161	1641	Rui Martins	Individual	Veterano M45	56:45	+24:40	05:41
162	1584	Marcos Dias de Paula	Individual	Veterano M45	56:46	+24:41	05:41
163	1572	Julio Tome	Individual	Veterano M45	56:47	+24:42	05:41
164	1630	Richard sousa	Individual	Veterano M45	56:48	+24:42	05:41

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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165	1565	Joao Roldao	Individual	Veterano M45	57:10	+25:05	05:43
166	1639	Rui Herculano Cardoso	Individual	Veterano M45	57:24	+25:19	05:44
167	1549	Gonçalo Ribeiro	Individual	Veterano M45	57:24	+25:19	05:44
168	1547	Francisco Fernandes	Individual	Veterano M45	57:28	+25:22	05:45
169	889	Vera Maia	Individual	Veterano M45	57:28	+25:22	05:45
170	1563	João Paulo Mendes Rodrigues	Individual	Veterano M45	57:44	+25:38	05:46
171	118	Carlos Neto	Bella ria	Veterano M45	58:13	+26:07	05:49
172	470	Ruben Oliveira	Glicinias Plaza	Veterano M45	58:14	+26:08	05:49
173	1516	António Martins	Individual	Veterano M45	58:19	+26:14	05:50
174	1950	Francisco Oliveira	Swimming runners	Veterano M45	58:30	+26:24	05:51
175	1647	Sérgio Oliveira	Individual	Veterano M45	58:35	+26:29	05:51
176	1535	Dennis Antunes Pereira	Individual	Veterano M45	58:35	+26:30	05:52
177	2041	Manuel Carlos Martins	WE CAN RUN	Veterano M45	58:40	+26:34	05:52
178	1575	Luís Lourenço	Individual	Veterano M45	58:49	+26:43	05:53
179	1561	João Francisco Matos	Individual	Veterano M45	58:55	+26:49	05:53
180	1792	Jorge Godinho	Os 4 Magníficos	Veterano M45	58:56	+26:50	05:54
181	303	GONÇALO GASPAR	Clube dos Galitos	Veterano M45	59:16	+27:10	05:56
182	1627	Ricardo Rodrigues	Individual	Veterano M45	59:19	+27:13	05:56
183	1632	Roberto Pinto	Individual	Veterano M45	59:20	+27:14	05:56
184	1646	Sérgio Miguel Ferreira Vinagre	Individual	Veterano M45	59:25	+27:19	05:57
185	1634	Rui Almeida	Individual	Veterano M45	59:33	+27:27	05:57
186	1980	Jorge Sereno	TDcredito	Veterano M45	59:50	+27:45	05:59
187	1640	Rui Manuel Lopes Rios dos Santos	Individual	Veterano M45	01:00:10	+28:05	06:01
188	2067	Paulo Costa	Individual	Veterano M45	01:00:17	+28:11	06:02
189	467	José Antonio Michelena Tamayo	Glicinias Plaza	Veterano M45	01:00:28	+28:22	06:03
190	1968	Milson Matias	Tainadas Run Team - Somengil	Veterano M45	01:00:33	+28:27	06:03
191	1518	Artur Salvador	Individual	Veterano M45	01:00:36	+28:31	06:04
192	1862	Carlos Alves	Rei & Príncipes	Veterano M45	01:00:45	+28:39	06:04
193	1614	Pedro Ferreira	Individual	Veterano M45	01:01:05	+28:59	06:06
194	275	Ricardo Miguel Gonçalves Pereira	Civilria RunClub	Veterano M45	01:01:13	+29:08	06:07
195	1622	Pedro Vilarinho	Individual	Veterano M45	01:01:14	+29:09	06:07
196	2009	Renato Cardoso	UNSTOPPABLE WORLD	Veterano M45	01:01:15	+29:10	06:08
197	1618	Pedro Miguel Santos Costa	Individual	Veterano M45	01:01:17	+29:11	06:08
198	1513	antonio joaquim oliveira da silva	Individual	Veterano M45	01:01:18	+29:13	06:08
199	468	Nuno Miguel Amaral Cardoso da Silva	Glicinias Plaza	Veterano M45	01:01:19	+29:13	06:08
200	1576	Luis Pedro Rodrigues	Individual	Veterano M45	01:01:36	+29:31	06:10
201	1615	Pedro ferreira	Individual	Veterano M45	01:01:38	+29:32	06:10
202	407	Jorge Lopes	Eu Posso Correr Team	Veterano M45	01:01:43	+29:37	06:10
203	347	Márcio Simões	Cross Company	Veterano M45	01:02:07	+30:01	06:13
204	1552	Hugo Filipe Costa	Individual	Veterano M45	01:02:13	+30:07	06:13
205	1878	Francisco Gomes	Reumáticos & Etc	Veterano M45	01:02:24	+30:18	06:14
206	156	Frederico Figueira	Bloco	Veterano M45	01:02:24	+30:19	06:14
207	382	Hugo Almeida	D'RASTOS	Veterano M45	01:02:26	+30:20	06:15
208	383	Nuno Oliveira	D'RASTOS	Veterano M45	01:02:26	+30:20	06:15
209	1525	Carlos Augusto Loureiro Pereira	Individual	Veterano M45	01:02:49	+30:43	06:17
210	171	António Pinho	BORA TREINAR RUNNING CLUB	Veterano M45	01:03:06	+31:00	06:19

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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211	469	Paulo Costa	Glicinias Plaza	Veterano M45	01:03:09	+31:03	06:19
212	1637	Rui Cunha	Individual	Veterano M45	01:03:21	+31:15	06:20
213	408	Luis Balão	Eu Posso Correr Team	Veterano M45	01:03:21	+31:16	06:20
214	1593	Nuno Miguel Mendes Passos	Individual	Veterano M45	01:03:39	+31:34	06:22
215	1635	Rui Almeida	Individual	Veterano M45	01:03:47	+31:41	06:23
216	1583	Marco Lemos	Individual	Veterano M45	01:03:51	+31:46	06:23
217	2030	António Amaral	Walk&Run4Fun	Veterano M45	01:03:54	+31:48	06:23
218	1531	Carlos Santos	Individual	Veterano M45	01:03:56	+31:50	06:24
219	1608	Pedro Alves Costa	Individual	Veterano M45	01:04:05	+31:59	06:24
220	1877	Carlos Oliveira	Reumáticos & Etc	Veterano M45	01:04:09	+32:03	06:25
221	1651	Tiago Ferreira	Individual	Veterano M45	01:04:43	+32:37	06:28
222	1526	Carlos Jorge Silva	Individual	Veterano M45	01:04:45	+32:39	06:28
223	228	Pedro Pires	Civilria RunClub	Veterano M45	01:05:00	+32:54	06:30
224	1643	Rui Pereira	Individual	Veterano M45	01:05:00	+32:54	06:30
225	1648	Sergio Paulo Loureiro Ferreira	Individual	Veterano M45	01:06:10	+34:04	06:37
226	1511	André Pereira	Individual	Veterano M45	01:06:27	+34:22	06:39
227	1777	Rui José Rodrigues Neto	Moliceiro ao pico	Veterano M45	01:06:32	+34:27	06:39
228	2008	José Rodrigues	UNSTOPPABLE WORLD	Veterano M45	01:06:46	+34:41	06:41
229	203	Jordao laranja	CENAP	Veterano M45	01:07:00	+34:54	06:42
230	1613	Pedro Curto	Individual	Veterano M45	01:07:06	+35:00	06:43
231	423	Ricardo Bruno Cabral Barbosa	Fefões	Veterano M45	01:07:41	+35:36	06:46
232	1533	Celso Fernandes	Individual	Veterano M45	01:07:42	+35:37	06:46
233	1712	Joao Nogueira	Lacticoop	Veterano M45	01:07:53	+35:48	06:47
234	380	João Manuel Ferreira da Silva	Diatosta	Veterano M45	01:07:57	+35:51	06:48
235	2062	Marco Paulo Morgado	Individual	Veterano M45	01:08:01	+35:55	06:48
236	1559	João dos Reis Sol	Individual	Veterano M45	01:08:27	+36:21	06:51
237	1621	Pedro Neves	Individual	Veterano M45	01:08:59	+36:53	06:54
238	1582	MARCO FILIPE CARVALHO MARQUES	Individual	Veterano M45	01:10:55	+38:49	07:05
239	433	JORGE VIEIRA	FO RUNNERS	Veterano M45	01:11:04	+38:59	07:06
240	435	PAULO DOUTOR	FO RUNNERS	Veterano M45	01:11:05	+38:59	07:07
241	444	Tiago Carriola	Furadouro trail	Veterano M45	01:12:05	+39:59	07:13
242	2049	João José Lourenço Marques	Sousa e Friends	Veterano M45	01:12:14	+40:09	07:13
243	185	Victor Neto	CARAPAUS DE CORRIDA	Veterano M45	01:12:15	+40:09	07:13
244	1520	Bruno David dos Reis Sol	Individual	Veterano M45	01:12:22	+40:16	07:14
245	1600	Paulo Fernando da Costa Leite Antunes	Individual	Veterano M45	01:13:04	+40:58	07:18
246	1557	João Carlos de Antão Bilber	Individual	Veterano M45	01:13:04	+40:59	07:18
247	1631	Roberto Borges	Individual	Veterano M45	01:14:20	+42:14	07:26
248	1548	Gonçalo Fidalgo	Individual	Veterano M45	01:21:38	+49:33	08:10

Veterano M55

1	1684	José Rodrigues	Individual	Veterano M55	35:36		03:34
2	24	Fernando Silva	ACR Vale de Cambra	Veterano M55	36:35	+00:59	03:39
3	2021	Paulo Costa	Viriathvs Runners Viseu	Veterano M55	37:40	+02:03	03:46
4	1942	Paulo Ferreira da Silva	Sport Clube Beira-Mar	Veterano M55	39:48	+04:12	03:59

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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5	351	Tony Serôdio	DAR Recardães	Veterano M55	39:53	+04:17	03:59
6	196	Fernando Antunes	CDC Macieira de Cambra	Veterano M55	40:11	+04:34	04:01
7	450	Mário Carvalho	GD Vilarinho de Cima	Veterano M55	42:24	+06:48	04:14
8	29	Manuel António Roseiro Ferreira	ADABEM Running team	Veterano M55	42:39	+07:03	04:16
9	204	carlos amorim	CENAP	Veterano M55	42:49	+07:13	04:17
10	1659	António Amado	Individual	Veterano M55	43:03	+07:26	04:18
11	205	joaquim ramos	CENAP	Veterano M55	43:30	+07:54	04:21
12	177	Custódio Coutinho	C.D.C. Paradela do Vouga	Veterano M55	43:35	+07:58	04:21
13	1662	António Valdemar Alves da Silva	Individual	Veterano M55	43:47	+08:10	04:23
14	513	José Campos	GRUPO DESPORTIVO ASSEMPARK	Veterano M55	44:24	+08:47	04:26
15	1675	Francisco leite	Individual	Veterano M55	46:20	+10:43	04:38
16	1669	carlos branco	Individual	Veterano M55	47:14	+11:38	04:43
17	350	Paulo Silva	DAR Recardães	Veterano M55	47:40	+12:03	04:46
18	1682	José Alberto Loureiro Pereira Pinto	Individual	Veterano M55	47:53	+12:16	04:47
19	2042	ANDRE LUIZ VAZ DINIZ	WE CAN RUN	Veterano M55	48:09	+12:33	04:49
20	1667	Carlos Alberto Pinto da Silva	Individual	Veterano M55	48:15	+12:38	04:49
21	1685	Júlio junior	Individual	Veterano M55	48:32	+12:55	04:51
22	195	Luis Enrique Gonçalves Santiago	CASHM - Clube de Atletismo de Sangalhos	Veterano M55	48:54	+13:18	04:53
23	1701	PEDRO ROCHA	Individual	Veterano M55	48:58	+13:22	04:54
24	1696	Paulo José Rodrigues Fernandes	Individual	Veterano M55	49:37	+14:01	04:58
25	381	Antonio Gomes	Draco Runners	Veterano M55	50:08	+14:31	05:01
26	335	Luís Soares	COSTA NOVA RUN	Veterano M55	50:22	+14:46	05:02
27	48	Valdemar Oliveira	ADI - Associação Desportiva de Ílhavo	Veterano M55	50:40	+15:04	05:04
28	1781	Ernesto Martins	Mosqueteiros & Companhia	Veterano M55	50:43	+15:07	05:04
29	1698	Paulo Santos	Individual	Veterano M55	51:09	+15:32	05:07
30	1681	Jorge Vilela	Individual	Veterano M55	51:09	+15:33	05:07
31	173	Joaquim Silva Costa Costa Costa	C.A.O_club atletismo de ovar	Veterano M55	51:17	+15:40	05:08
32	472	António Manuel Neto Lemos	Glicinias Plaza	Veterano M55	51:17	+15:41	05:08
33	512	João Dôno	GRUPO DESPORTIVO ASSEMPARK	Veterano M55	51:21	+15:45	05:08
34	1676	Gonçalo Caetano Alves	Individual	Veterano M55	51:36	+16:00	05:10
35	1699	Paulo Sergio Pinto Maia	Individual	Veterano M55	51:49	+16:13	05:11
36	1941	José Resende	Sport Clube Beira-Mar	Veterano M55	51:57	+16:21	05:12
37	1988	Luís Rocha	Team Dartacão	Veterano M55	52:02	+16:26	05:12
38	1989	Serafim Gouveia	Team Dartacão	Veterano M55	52:03	+16:26	05:12
39	1683	José Luís Alves	Individual	Veterano M55	52:25	+16:49	05:14
40	172	Francisco Igreja	BORA TREINAR RUNNING CLUB	Veterano M55	52:36	+17:00	05:16
41	1674	Fernando Lopes	Individual	Veterano M55	53:33	+17:57	05:21
42	1864	Miguel Flores	Rei & Príncipes	Veterano M55	53:37	+18:01	05:22
43	1672	Fernando Alberto Lacerda	Individual	Veterano M55	53:50	+18:14	05:23
44	1971	João Campolargo	Tainadas Run Team - Somengil	Veterano M55	53:57	+18:21	05:24
45	1677	Jaime Júnior	Individual	Veterano M55	54:00	+18:24	05:24
46	1666	Carlos Alberto Ferreira	Individual	Veterano M55	54:16	+18:40	05:26
47	1697	Paulo Lima	Individual	Veterano M55	54:41	+19:04	05:28
48	1693	Octavio Sergio Rodrigues Linhares	Individual	Veterano M55	54:48	+19:12	05:29

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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49	514	Paulo Antunes	GRUPO DESPORTIVO ASSEMPARK	Veterano M55	54:54	+19:17	05:29
50	1940	José Matos	Sport Clube Beira-Mar	Veterano M55	55:10	+19:33	05:31
51	1689	Martyn Pillinger	Individual	Veterano M55	56:11	+20:34	05:37
52	1658	António Abrantes	Individual	Veterano M55	56:19	+20:43	05:38
53	1691	Nuno FOntes	Individual	Veterano M55	56:21	+20:45	05:38
54	520	José Silva	HavO Run Club	Veterano M55	56:27	+20:51	05:39
55	1694	Otemberg Silva	Individual	Veterano M55	56:34	+20:58	05:39
56	1670	Daniel Fernandes	Individual	Veterano M55	56:36	+21:00	05:40
57	1687	Manuel Costa Mateus	Individual	Veterano M55	57:07	+21:31	05:43
58	1673	Fernando José Carvalheiro Romeiro	Individual	Veterano M55	57:11	+21:35	05:43
59	1678	João Maltez Capelôa	Individual	Veterano M55	57:51	+22:15	05:47
60	1671	Fábio Aparecido Nunes Lopes	Individual	Veterano M55	57:59	+22:22	05:48
61	280	Luís Patrício	Civilria RunClub	Veterano M55	58:00	+22:23	05:48
62	376	Horácio Barros de Oliveira	Diário de Aveiro	Veterano M55	58:02	+22:26	05:48
63	277	ANTONIO MANUEL FERNANDES MARQUES	Civilria RunClub	Veterano M55	58:05	+22:29	05:49
64	1663	Armando Sousa	Individual	Veterano M55	58:05	+22:29	05:49
65	1686	Luis Pina	Individual	Veterano M55	58:19	+22:43	05:50
66	1884	Williams Simões	Reumáticos & Etc	Veterano M55	58:22	+22:46	05:50
67	1655	Alberto Dinis Brandão de Azevedo Pereira Pinto	Individual	Veterano M55	58:36	+23:00	05:52
68	1707	Carlos Almeida	KMCL Running	Veterano M55	58:41	+23:05	05:52
69	509	Paulo Alexandre Nogueira Vinagre	grohe	Veterano M55	59:13	+23:37	05:55
70	1660	António José Santos	Individual	Veterano M55	59:43	+24:07	05:58
71	47	Álvaro Mariano	ADI - Associação Desportiva de Ílhavo	Veterano M55	59:47	+24:10	05:59
72	1982	André Tavora	TDcredito	Veterano M55	59:51	+24:15	05:59
73	349	Arlindo Santos	DAR Recardães	Veterano M55	01:00:00	+24:24	06:00
74	1695	Paulo Caetano	Individual	Veterano M55	01:00:38	+25:02	06:04
75	1863	Hernâni Amaral	Rei & Príncipes	Veterano M55	01:00:45	+25:09	06:04
76	2058	Paulo Ventura	Individual	Veterano M55	01:01:51	+26:15	06:11
77	487	Hélder Rodrigues	GRECAS	Veterano M55	01:02:52	+27:16	06:17
78	278	Horacio neves	Individual	Veterano M55	01:02:58	+27:22	06:18
79	473	Vasco Miguel	Glicinias Plaza	Veterano M55	01:04:11	+28:35	06:25
80	157	Paulo Sérgio Dias	Bloco	Veterano M55	01:04:17	+28:41	06:26
81	1	Artur Varum	Civilria RunClub	Veterano M55	01:04:59	+29:23	06:30
82	2045	Manuel Oliveira de Sousa	Sousa e Friends	Veterano M55	01:05:47	+30:11	06:35
83	1690	Miguel Pinho	Individual	Veterano M55	01:06:09	+30:33	06:37
84	2043	Paulo Neves	WE CAN RUN	Veterano M55	01:06:37	+31:01	06:40
85	1668	Carlos Barroso	Individual	Veterano M55	01:07:02	+31:25	06:42
86	189	Fernando Duarte Silva	Casa Benfica Bairrada	Veterano M55	01:07:44	+32:08	06:46
87	1798	José Filipe	Os Franciscos	Veterano M55	01:07:49	+32:13	06:47
88	1665	Augusto Pinto	Individual	Veterano M55	01:08:02	+32:26	06:48
89	1656	Alcides Marquinhos	Individual	Veterano M55	01:10:26	+34:50	07:03
90	409	Joao Carlos Gaspar Simoes	Eu Posso Correr Team	Veterano M55	01:15:21	+39:45	07:32

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING