São Silvestre Cidade Palco de Natal

Santa Maria da Feira

28-novembro-2026

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	21:00	13,3ºC	94%
End	22:34	13,3ºC	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	363	VÍTOR MANUEL DOS SANTOS OLIVEIRA	Grupo Desportivo e Cultural de Guilhovai	31:37		03:10	
2	1002	Artur Silva	Vizela Correr	31:39	+00:02	03:10	
3	2514	Nuno Costa	Vizela Correr	32:40	+01:03	03:16	
4	358	Diogo Xavier Sousa Fontes	Grupo Desportivo e Cultural de Guilhovai	32:46	+01:09	03:17	
5	160	João Alegria	Clube de Campismo	33:31	+01:54	03:21	
6	145	JOÃO AMARO	CLUBE ATLETISMO DE OVAR	33:43	+02:06	03:22	
7	116	Rui Ferreira	C. D. São Salvador do Campo	33:43	+02:06	03:22	
8	356	Emanuel Tojal	Grupo Desportivo 3 Santos Populares	33:46	+02:09	03:23	
9	739	Joaquim Figueiredo	Individual	33:54	+02:17	03:23	
10	524	Mário Ibarra	Individual	33:56	+02:19	03:24	
11	146	SERGIO PAIVA	CLUBE ATLETISMO DE OVAR	33:58	+02:21	03:24	
12	126	Gustavo Ferreira	CDFEIRENSE	34:28	+02:51	03:27	
13	854	Lucas Oliveira	NAC- Núcleo de Atletismo de Cucujães	34:30	+02:53	03:27	
14	365	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	34:33	+02:56	03:27	
15	364	Tozé Castro	Grupo Desportivo e Cultural de Guilhovai	34:38	+03:01	03:28	
16	129	Ricardo Alves	CDFEIRENSE	34:46	+03:09	03:29	
17	832	Fábio Rodrigues	JUVENTUDE ILHA VERDE	34:50	+03:13	03:29	
18	400	Dinis Martins Azevedo	Individual	35:08	+03:31	03:31	
19	144	CELSO LEITE	CLUBE ATLETISMO DE OVAR	35:19	+03:42	03:32	
20	150	LUIS SILVA	CLUBE ATLETISMO DE OVAR	35:22	+03:45	03:32	
21	360	LEANDRO MANUEL MARQUES PEREIRA	Grupo Desportivo e Cultural de Guilhovai	35:33	+03:56	03:33	
22	597	João Henrique Mendes	Individual	35:42	+04:05	03:34	
23	573	Valter Laranjeira	Individual	35:42	+04:05	03:34	
24	328	Ricardo Belinha	GDSPO	35:45	+04:08	03:34	
25	914	Fernando lima	NAC- Núcleo de Atletismo de Cucujães	35:56	+04:19	03:36	
26	359	Jorge Cubal	Grupo Desportivo e Cultural de Guilhovai	36:03	+04:26	03:36	
27	815	António Cristóvão	JOBRA- Associação Jovens da Branca	36:28	+04:51	03:39	
28	817	Ricardo oliveira	JOBRA- Associação Jovens da Branca	36:28	+04:51	03:39	
29	290	Manuel Bessa	EV. PERALTAFIL	36:38	+05:01	03:40	
30	316	Hugo Silva	G.D.A Ronda	36:44	+05:07	03:40	
31	89	Carla Martinho	Beira Mar	36:49	+05:12	03:41	
32	317	José Costa	G.D.A Ronda	37:11	+05:34	03:43	
33	1000	Fabio Monteiro	Vale Correr	37:27	+05:50	03:45	
34	245	Diogo Rouxinol	Elite 3700	37:41	+06:04	03:46	
35	164	Telma Pinho	Grupo Desportivo e Cultural de Guilhovai	37:41	+06:04	03:46	
36	177	Andre Adriano	Grupo Desportivo e Cultural de Guilhovai	37:41	+06:04	03:46	
37	303	Vitor Carvalho	Feirense	38:02	+06:25	03:48	
38	806	Helder Costa	CDFEIRENSE	38:10	+06:33	03:49	
39	118	Renato Silva	Caldas São Jorge Sport Clube	38:17	+06:40	03:50	
40	161	Nuno Albergaria	Clube de Campismo de sao Joao da Madeira	38:21	+06:44	03:50	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	367	JOSÉ CARLOS RIBEIRO TAVARES	Grupo Desportivo e Cultural de Guilhovai	38:33	+06:56	03:51	
42	131	Gonçalo Bernardo	CDFEIRENSE	38:40	+07:03	03:52	
43	209	André Melo	G.D.A Ronda	38:44	+07:07	03:52	
44	176	Vitor Resende	Clube Futebol União de Lamas	38:47	+07:10	03:53	
45	361	SANDRA CRISTINA DE OLIVEIRA FERREIRA	Grupo Desportivo e Cultural de Guilhovai	38:49	+07:12	03:53	
46	846	Luís Gomes	McDonald's	39:02	+07:25	03:54	
47	31	Filipe Silva	ACDCDSMF OS Laranjinhas	39:02	+07:25	03:54	
48	152	Paulo Resende	CLUBE ATLETISMO DE OVAR	39:04	+07:27	03:54	
49	839	Jaime Gomes	Lourosa em Movimento	39:11	+07:34	03:55	
50	153	ROGERIO CAMPOS	CLUBE ATLETISMO DE OVAR	39:19	+07:42	03:56	
51	159	Mário Silva	Clube de atletismo HM Training grupo de sangalhos	39:21	+07:44	03:56	
52	953	Miguel Gonçalves	Runners do Demo	39:31	+07:54	03:57	
53	591	Diogo Oliveira	Individual	40:08	+08:31	04:01	
54	874	Victor Correia	NIGHT RUNNERS FEIRA	40:17	+08:40	04:02	
55	681	Filipe Marques	Individual	40:17	+08:40	04:02	
56	163	João Pereira	Clube de Futebol União de Lamas	40:25	+08:48	04:03	
57	78	Domingos Vieira	Associação Cultural Bunheirense	40:32	+08:55	04:03	
58	556	Rui Lopes Silva	Individual	40:33	+08:56	04:03	
59	845	José Paiva	McDonald's	40:35	+08:58	04:04	
60	162	Cristiano Cardoso	Clube de Futebol União de Lamas	40:48	+09:11	04:05	
61	33	Rui pinto	ACDCDSMF OS Laranjinhas	40:57	+09:20	04:06	
62	330	Armando Bastos	GDSPO	41:00	+09:23	04:06	
63	46	Lara costa	ARADA ATLÉTICO CLUBE	41:01	+09:24	04:06	
64	47	Antonio Nunes	ARADA ATLÉTICO CLUBE	41:02	+09:25	04:06	
65	243	André Machado	Elite 3700	41:08	+09:31	04:07	
66	327	Manuel Silva	GDSPO	41:17	+09:40	04:08	
67	938	Pedro Silva	CLUBE ATLETISMO DE OVAR	41:19	+09:42	04:08	
68	148	LIGIA SANTOS	CLUBE ATLETISMO DE OVAR	41:19	+09:42	04:08	
69	128	Joana Santos	CDFEIRENSE	41:27	+09:50	04:09	
70	873	José Correia	NIGHT RUNNERS FEIRA	41:30	+09:53	04:09	
71	347	Ricardo Mendonça	Golfinos	41:55	+10:18	04:11	
72	151	MARCO SILVA	CLUBE ATLETISMO DE OVAR	41:55	+10:18	04:12	
73	518	João azeveod	Individual	41:57	+10:20	04:12	
74	512	Francisco Xavier	CDFEIRENSE	41:57	+10:20	04:12	
75	907	Manuel fidalgo	Passo Firme	41:58	+10:21	04:12	
76	857	Vítor Santos	NAC- Núcleo de Atletismo de Cucujães	42:04	+10:27	04:12	
77	87	Paulo bandalho	Bandalhos Running	42:05	+10:28	04:13	
78	25	JOSÉ SILVA	A. D. GRIJÓ A CORRER	42:11	+10:34	04:13	
79	601	Pedro Brandão	Individual	42:15	+10:38	04:14	
80	731	António Botelho Botelho	Individual	42:16	+10:39	04:14	
81	119	Manuel Valente	Caldas São Jorge Sport Clube	42:19	+10:42	04:14	
82	108	Paulo Oliveira	Brandoenses Running	42:22	+10:45	04:14	
83	833	André Cruz	L&R	42:24	+10:47	04:14	
84	292	Hugo Andrade	Familia Andrade	42:25	+10:48	04:15	
85	143	VERA FERREIRA	CLUBE ATLETISMO DE OVAR	42:27	+10:50	04:15	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	318	João Oliveira	Gansos	42:28	+10:51	04:15	
87	969	José Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	42:32	+10:55	04:15	
88	147	FLORBELA ARAUJO	CLUBE ATLETISMO DE OVAR	42:32	+10:55	04:15	
89	837	Manuel Bastos	Lourosa em Movimento	42:34	+10:57	04:15	
90	380	João Sá	HMC	42:40	+11:03	04:16	
91	257	António Oliveira	Escola EB Fernando Pessoa	42:43	+11:06	04:16	
92	970	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	42:44	+11:07	04:16	
93	526	Miguel Pereira	Individual	42:51	+11:14	04:17	
94	168	Gonçalo Tavares	Clube Desportivo Feirense	43:01	+11:24	04:18	
95	910	João twveres	Pés no Asfalto	43:02	+11:25	04:18	
96	104	FERNANDO CRUZ	Brandoenses Running	43:09	+11:32	04:19	
97	799	Cristiana Lopes	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	43:10	+11:33	04:19	
98	191	João Manuel Oliveira Lima	Controlauto de Guisande	43:16	+11:39	04:20	
99	115	José Luís Santos	Brandoenses Running	43:17	+11:40	04:20	
100	768	Heitor Araújo	Individual	43:25	+11:48	04:20	
101	111	António Espinheira	Brandoenses Running	43:31	+11:54	04:21	
102	952	Laura Rochinha	Runners do Demo	43:36	+11:59	04:22	
103	2501	Alcides Relvas	Bravos e Bravistas	43:57	+12:20	04:24	
104	479	Abel Fernandes	Individual	44:04	+12:27	04:24	
105	871	FÁBIO JORGE FERREIRA AZEVEDO	NIGHT RUNNERS FEIRA	44:05	+12:28	04:24	
106	335	helder motinha	Getsound	44:07	+12:30	04:25	
107	599	Miguel Rocha	Individual	44:07	+12:30	04:25	
108	552	Roberto Bastos	Individual	44:12	+12:35	04:25	
109	727	Vitor Moreira	Individual	44:15	+12:38	04:26	
110	253	Porfirio Martins	Elite 3700	44:18	+12:41	04:26	
111	534	Pedro Catarino	Individual	44:19	+12:42	04:26	
112	781	Paulo lassal	Javalistaberneiros	44:19	+12:42	04:26	
113	249	Renata Veiros	Elite 3700	44:22	+12:45	04:26	
114	352	LUIS CRUJO	GOOD FITNESS	44:27	+12:50	04:27	
115	841	Luís Silva	Lusitania de Lourosa FC- Secção de Atletismo	44:32	+12:55	04:27	
116	562	Tiago Cunha	Individual	44:33	+12:56	04:27	
117	664	Andre Soares	Individual	44:34	+12:57	04:27	
118	848	Fernando Ferreira	McDonald's	44:38	+13:01	04:28	
119	743	Jose Luis Silva	Individual	44:41	+13:04	04:28	
120	156	Pedro Leal	CLUBE ATLETISMO DE OVAR	44:42	+13:05	04:28	
121	538	Pedro Neto	Individual	44:44	+13:07	04:28	
122	334	Helder Barbosa	Getsound	45:01	+13:24	04:30	
123	545	Ricardo Coelho	Individual	45:02	+13:25	04:30	
124	234	Mário Gonçalves	DCI/Trilhos Luso Bussaco	45:03	+13:26	04:30	
125	862	Diogo Correia	NIGHT RUNNERS FEIRA	45:03	+13:26	04:30	
126	730	António Alves	Individual	45:04	+13:27	04:30	
127	65	Diogo Lopes	Arrifana Running	45:07	+13:30	04:31	
128	492	Cristiano Silva	Individual	45:13	+13:36	04:31	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
129	491	Claudio Ferreira	Individual	45:13	+13:36	04:31	
130	57	Roberto Santos	Arrifana Running	45:19	+13:42	04:32	
131	720	Samuel Sousa	Individual	45:21	+13:44	04:32	
132	590	David Ferreira	Individual	45:26	+13:49	04:33	
133	29	Teresa Paiva	ACDCDSMF OS Laranjinhas	45:27	+13:50	04:33	
134	861	Adam Lunn	NIGHT RUNNERS FEIRA	45:31	+13:54	04:33	
135	272	Pedro Silva	Escola EB Fernando Pessoa	45:34	+13:57	04:33	
136	812	Beatriz Claro	JOBRA- Associação Jovens da Branca	45:37	+14:00	04:34	
137	967	manuel rodrigues	SCEspinho	45:39	+14:02	04:34	
138	112	Carlos Santos	Brandoenses Running	45:39	+14:02	04:34	
139	218	António Fernando Correia da Silva	Controlauto Santa Maria da Feira	45:40	+14:03	04:34	
140	220	Ricardo Ferreira	Controlauto Santa Maria da Feira	45:40	+14:03	04:34	
141	986	Elisabete Nunes	Sport Comércio e Salgueiros	45:43	+14:06	04:34	
142	322	Carlos Osorio	GDC CASTELO DE PAIVA	45:47	+14:10	04:35	
143	947	Cláudio Santos	Run & Fun	45:50	+14:13	04:35	
144	236	Jorge Correia	Duelod'Ocasião	45:51	+14:14	04:35	
145	719	Rui Oliveira	Individual	45:55	+14:18	04:35	
146	858	Agostinho Costa	NAC- Núcleo de Atletismo de Cucujães	45:57	+14:20	04:36	
147	600	Nuno Santiago Oliveira	Arrifana Running	45:57	+14:20	04:36	
148	188	Roan Ribeiro	Controlauto de Guisande	46:02	+14:25	04:36	
149	256	Alexandre Santos	Escola EB Fernando Pessoa	46:05	+14:28	04:37	
150	855	Regina Maria Gilvaz	NAC- Núcleo de Atletismo de Cucujães	46:06	+14:29	04:37	
151	954	Carlos Rocha	RUNNING ESPINHO	46:06	+14:29	04:37	
152	196	Pedro Lopes	Controlauto de Guisande	46:07	+14:30	04:37	
153	66	Gonçalo Silva	Arrifana Running	46:09	+14:32	04:37	
154	286	Ismael Silva	Estalagem	46:14	+14:37	04:37	
155	558	Samuel dias coelho	Individual	46:16	+14:39	04:38	
156	507	Fábio Castro	Individual	46:17	+14:40	04:38	
157	51	PAULO GRILO	ARCORUN	46:18	+14:41	04:38	
158	508	Fabrício Marques	Individual	46:23	+14:46	04:38	
159	520	José Batista	Individual	46:24	+14:47	04:38	
160	113	HENRIQUE AMORIM	Brandoenses Running	46:25	+14:48	04:39	
161	127	Miguel Silva	CDFEIRENSE	46:27	+14:50	04:39	
162	879	Paulo Miranda	O último vai a pé	46:27	+14:50	04:39	
163	627	Raquel Andrade	Individual	46:31	+14:54	04:39	
164	672	Bruno Moura	Individual	46:32	+14:55	04:39	
165	872	Joaquim Moreira	NIGHT RUNNERS FEIRA	46:38	+15:01	04:40	
166	868	Isabel Costa	NIGHT RUNNERS FEIRA	46:39	+15:02	04:40	
167	402	gabriel lopes branco	Individual	46:39	+15:02	04:40	
168	764	António Leitão	Individual	46:41	+15:04	04:40	
169	863	Tiago Coelho	NIGHT RUNNERS FEIRA	46:42	+15:05	04:40	
170	229	Paulo Silva	Daniela Nunea	46:47	+15:10	04:41	
171	232	LILIANA MARTINHO	DCI/Trilhos Luso Bussaco	46:47	+15:10	04:41	
172	828	António Patrício	JUF ACC	46:50	+15:13	04:41	
173	823	Fernando Magalhães	JUF ACC	46:50	+15:13	04:41	
174	84	Alexandre Soares	Atletas da 222	46:50	+15:13	04:41	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
175	173	Mónica Oliveira	Clube Desportivo Feirense	46:50	+15:13	04:41	
176	782	Sergio Araújo	Javalistaberneiros	46:51	+15:14	04:41	
177	395	Óscar Almeida	H-RAKY	46:52	+15:15	04:41	
178	339	António Ferreira	Go Tour	46:55	+15:18	04:41	
179	766	Carlos Matos	Individual	46:56	+15:19	04:42	
180	478	Miguel Almeida	Individual	46:58	+15:21	04:42	
181	702	Marco Oliveira	Individual	46:59	+15:22	04:42	
182	69	Simão Pereira	Arrifana Running	46:59	+15:22	04:42	
183	221	Carlos Manuel de Sousa Costa	Controlauto Santa Maria da Feira	46:59	+15:22	04:42	
184	673	Carlos Rodrigues	Individual	46:59	+15:22	04:42	
185	183	Daniel Santos	Controlauto de Guisande	47:04	+15:27	04:42	
186	235	Daniel Silva	Duelod'Ocasião	47:06	+15:29	04:43	
187	223	joaquim magalhães	Controlauto Santa Maria da Feira	47:08	+15:31	04:43	
188	908	José Manuel Félix Silva	Pernetas	47:09	+15:32	04:43	
189	777	MATILDE BAPTISTA	JAM - Juventude Atlética Mozelense	47:12	+15:35	04:43	
190	814	Esmeralda Soares	JOBRA- Associação Jovens da Branca	47:18	+15:41	04:44	
191	869	Irene Sá	NIGHT RUNNERS FEIRA	47:18	+15:41	04:44	
192	348	Rui Oliveira	Golfinos	47:19	+15:42	04:44	
193	76	Ana Sofia Carvalho Chipelo	Associação Cultural Bunheirense	47:27	+15:50	04:45	
194	227	João Vinha	CRE	47:28	+15:51	04:45	
195	329	Alcindo Dias	GDSPO	47:28	+15:51	04:45	
196	7	Tomás Andrade Soares	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	47:33	+15:56	04:45	
197	738	João Garranas	Individual	47:39	+16:02	04:46	
198	331	Avelino Freitas	GDSPO	47:41	+16:04	04:46	
199	535	Pedro Da Silva Oliveira	Individual	47:42	+16:05	04:46	
200	536	Pedro Miguel Carneiro	Individual	47:43	+16:06	04:46	
201	504	Eduardo Rodrigues	Individual	47:46	+16:09	04:47	
202	481	Alexandre Ferreira	Individual	47:49	+16:12	04:47	
203	921	António Leiye	PLAYGROUND	47:49	+16:12	04:47	
204	293	Pedro Andrade	Familia Andrade	47:51	+16:14	04:47	
205	949	Mário Almeida	Run & Fun	47:51	+16:14	04:47	
206	578	Yann Lopes	Individual	47:53	+16:16	04:47	
207	2512	Valter Martins	Individual	47:56	+16:19	04:48	
208	723	Tiago Cruz	Individual	48:00	+16:23	04:48	
209	24	Pedro Miguel Soares	2Brothers Team	48:01	+16:24	04:48	
210	818	José Ferreira	JOBRA- Associação Jovens da Branca	48:02	+16:25	04:48	
211	485	André Ferreira	Individual	48:03	+16:26	04:48	
212	482	Alexandre Ferreira	Individual	48:04	+16:27	04:48	
213	362	Clotilde Almeida Batista Costa Sousa santos	Grupo Desportivo e Cultural de Guilhovai	48:05	+16:28	04:48	
214	688	Hugo Miguel Henriques Silva	Individual	48:05	+16:28	04:49	
215	567	Tiago Ramos	Individual	48:11	+16:34	04:49	
216	847	António Amorim	McDonald's	48:16	+16:39	04:50	
217	340	Jorge Almeida	Go Tour	48:17	+16:40	04:50	
218	142	Rui Silva	Clínica Medica dos Dezassete	48:18	+16:41	04:50	
219	74	Manuel Oliveira	Arrifana Running	48:24	+16:47	04:50	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
220	180	JOAO MIGUEL LAPA ESTIVEIRA	Clube Millennium BCP	48:25	+16:48	04:51	
221	299	Joaquim Pinto	FAMÍLIA PINTO	48:25	+16:48	04:51	
222	549	Ricardo Ribeiro	Individual	48:31	+16:54	04:51	
223	991	Carlos Teixeira	Tainadas Team	48:32	+16:55	04:51	
224	281	Pedro Benfeito	Escombreiros & Marteleiros	48:35	+16:58	04:51	
225	598	Leonardo Santos	Individual	48:35	+16:58	04:52	
226	13	Álvaro Carvalhinho	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	48:39	+17:02	04:52	
227	178	Vanda Ribeiro	Clube Grupo Recreativo Eirense	48:39	+17:02	04:52	
228	619	Isabel Sousa	Individual	48:41	+17:04	04:52	
229	39	Fernando Silva	ADCP PEDRALVA	48:47	+17:10	04:53	
230	582	Catarina Fernandes	Individual	48:47	+17:10	04:53	
231	572	Tomás Maia	Individual	48:47	+17:10	04:53	
232	732	Antonio Silva	Individual	48:48	+17:11	04:53	
233	368	Valdemar Alves	Grupo Desportivo e Cultural de Guilhovai	48:55	+17:18	04:54	
234	951	ZE MOUtinho	Run & Fun	49:00	+17:23	04:54	
235	319	Diogo Nobre	GD Estaleiros Navais de Viana do Castelo	49:00	+17:23	04:54	
236	321	José Reigada	GD Estaleiros Navais de Viana do Castelo	49:01	+17:24	04:54	
237	189	Sónia Almeida	Controlauto de Guisande	49:02	+17:25	04:54	
238	230	Ana José Mendes Meireles	DCI/Trilhos Luso Bussaco	49:03	+17:26	04:54	
239	98	Manuel Sousa	Bracara Genus	49:04	+17:27	04:54	
240	850	Bruno Marques	Montanha Clube Trail Running/Efapel	49:05	+17:28	04:55	
241	77	Carina Gouveia	Associação Cultural Bunheirense	49:06	+17:29	04:55	
242	737	Filipe Ribeiro	Individual	49:07	+17:30	04:55	
243	238	Cátia Sofia	Elite 3700	49:08	+17:31	04:55	
244	695	Jorge Ramos	Individual	49:08	+17:31	04:55	
245	577	Wilson Miguel Bastos Pinho	Individual	49:10	+17:33	04:55	
246	592	Diogo Silva	Individual	49:12	+17:35	04:55	
247	822	Cris Pinto	JUF ACC	49:18	+17:41	04:56	
248	225	Filipe Pereira	CORVOS RUNNING BY S.V.P	49:20	+17:43	04:56	
249	493	Daniel Moreira	Individual	49:21	+17:44	04:56	
250	712	Pedro Santos	Individual	49:22	+17:45	04:56	
251	539	Pedro Oliveira	Individual	49:23	+17:46	04:56	
252	759	Virgilio Tavares	Individual	49:27	+17:50	04:57	
253	629	Rute Pinto	Individual	49:27	+17:50	04:57	
254	716	Ricardo Ramos	Individual	49:28	+17:51	04:57	
255	912	dulce bastos	Pés no Asfalto	49:28	+17:51	04:57	
256	563	Tiago F. Reis	Individual	49:29	+17:52	04:57	
257	710	Pedro Ferreira	Individual	49:30	+17:53	04:57	
258	878	Luís Costa	O último vai a pé	49:30	+17:53	04:57	
259	650	Isabel santos	Individual	49:31	+17:54	04:57	
260	34	Rui Sousa	ACDCDSMF OS Laranjinhas	49:34	+17:57	04:57	
261	55	Mária Calmeiro	Arrifana Running	49:36	+17:59	04:58	
262	514	Helder Rodrigues	Individual	49:38	+18:01	04:58	
263	379	Carlos Sá	HMC	49:45	+18:08	04:58	
264	85	Jorge Vasconcelos	Atletas da 222	49:48	+18:11	04:59	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
265	297	Renato Ferreira	Família Ferreira	49:48	+18:11	04:59	
266	541	PEDRO TAVARES	Individual	49:51	+18:14	04:59	
267	175	Silvério Santos	Clube Desportivo Feirense	49:52	+18:15	04:59	
268	813	Arlete Santos	JOBRA- Associação Jovens da Branca	49:53	+18:16	04:59	
269	747	Manuel Oliveira	Individual	49:53	+18:16	04:59	
270	778	manuel santos	JAM - Juventude Atlética Mozelense	50:00	+18:23	05:00	
271	79	António Rodrigues	Associação Cultural Bunheirense	50:02	+18:25	05:00	
272	697	Jose Fernando Lopes da Silva	Individual	50:03	+18:26	05:00	
273	875	Carlos Fazendeiro	NIGHT RUNNERS FEIRA	50:04	+18:27	05:00	
274	648	Helena Silva	Individual	50:04	+18:27	05:00	
275	357	Juliana Almeida	Grupo Desportivo e Cultural de Guilhovai	50:06	+18:29	05:01	
276	708	Pedro Azevedo	Individual	50:10	+18:33	05:01	
277	880	Tiago Lopes	O último vai a pé	50:10	+18:33	05:01	
278	554	Rúben Alves	Individual	50:11	+18:34	05:01	
279	694	Jorge Almeida	Individual	50:12	+18:35	05:01	
280	93	Elder Neves	Bora Treinar Running Club	50:18	+18:41	05:02	
281	92	Sónia Gama	Bora Treinar Running Club	50:18	+18:41	05:02	
282	966	Luís Santos	Salgueiros Running	50:18	+18:41	05:02	
283	521	José Nuno Gonçalves Cunha	Individual	50:24	+18:47	05:02	
284	267	João Amorim	Escola EB Fernando Pessoa	50:24	+18:47	05:02	
285	616	Elisabete Coutinho Gonçalves	Individual	50:26	+18:49	05:03	
286	490	Carlos Resende	Individual	50:27	+18:50	05:03	
287	483	Allan Pinto	Individual	50:27	+18:50	05:03	
288	663	Andre Marques	Individual	50:28	+18:51	05:03	
289	570	Tiago Soares	Individual	50:31	+18:54	05:03	
290	718	Rogério Martins Barreira	Individual	50:33	+18:56	05:03	
291	825	Alberto Ferreira	JUF ACC	50:35	+18:58	05:03	
292	620	Ivone Matos	Individual	50:37	+19:00	05:04	
293	733	Carlos Bruno	Individual	50:40	+19:03	05:04	
294	354	Gustavo Marques	Grupo de Corrida de Argoncilhe	50:41	+19:04	05:04	
295	713	Ricardo Bastos	Individual	50:42	+19:05	05:04	
296	231	CARLA HENRIQUES	DCI/Trilhos Luso Bussaco	50:42	+19:05	05:04	
297	343	Hugo Matos	Go Tour	50:42	+19:05	05:04	
298	811	Manuel Arnaldo Oliveira	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	50:46	+19:09	05:05	
299	932	Rui Silva	Pupilos do Zé-Tó	50:48	+19:11	05:05	
300	207	Diogo castro	Controlauto Santa Maria da Feira	50:49	+19:12	05:05	
301	80	Zenaide Alves	Associação desportiva de São Miguel	50:50	+19:13	05:05	
302	602	Rafael Martins	Individual	50:56	+19:19	05:06	
303	735	Claudio Mendes	Individual	50:57	+19:20	05:06	
304	94	José Augusto Costa	Bracara Genus	50:58	+19:21	05:06	
305	934	Luis Almeida	Pupilos do Zé-Tó	51:00	+19:23	05:06	
306	81	Bruno Neves	Associação Desportiva Grijó a Correr	51:04	+19:27	05:06	
307	699	Márcio Alves	Individual	51:06	+19:29	05:07	
308	751	Nuno André Rocha	Individual	51:07	+19:30	05:07	
309	377	Vítor Hugo Gomes Ferreira	HMC	51:07	+19:30	05:07	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
310	2011	Edgar Cardoso	Individual	51:08	+19:31	05:07	
311	680	Fábio Almeida	Individual	51:11	+19:34	05:07	
312	149	FATIMA ALEIXO	CLUBE ATLETISMO DE OVAR	51:14	+19:37	05:07	
313	888	Daniela Sá	Os Fogo no Cu	51:14	+19:37	05:07	
314	396	Hugo Morais	Hugo Morais	51:15	+19:38	05:07	
315	500	Diogo Monteiro	Individual	51:19	+19:43	05:08	
316	557	Rui Reis	Individual	51:20	+19:43	05:08	
317	193	Marco Pires	Controlauto de Guisande	51:26	+19:49	05:09	
318	555	Rui Costa	Individual	51:31	+19:54	05:09	
319	456	Mariana Ferreira	Individual	51:31	+19:54	05:09	
320	37	Artur Barbosa	ACR Vale de Cambra	51:32	+19:55	05:09	
321	246	Pedro Nunes	Elite 3700	51:34	+19:57	05:09	
322	772	Manuel constantino silva	Individual	51:39	+20:02	05:10	
323	595	Gonçalo Morais	Individual	51:41	+20:04	05:10	
324	919	António Dias	PLAYGROUND	51:43	+20:06	05:10	
325	959	TIAGO SILVA	SACORK	51:44	+20:07	05:10	
326	53	Mário Pereira	Arrifana Running	51:45	+20:08	05:10	
327	917	Rui Oliveira	Pés no Asfalto	51:46	+20:09	05:11	
328	894	Ricardo Couto	Os Manos 07	51:52	+20:15	05:11	
329	893	Sérgio Ferreira	Os Manos 07	51:52	+20:15	05:11	
330	165	Fabio Barbosa	Clube Desportivo Espite	51:53	+20:16	05:11	
331	826	FERNANDO OLIVEIRA	JUF ACC	52:01	+20:24	05:12	
332	753	Paulo Correia	Individual	52:09	+20:32	05:13	
333	866	Vera Fernandes	NIGHT RUNNERS FEIRA	52:10	+20:33	05:13	
334	110	Telmo Silva	Brandoenses Running	52:13	+20:36	05:13	
335	501	Diogo Oliveira	Individual	52:14	+20:37	05:13	
336	553	Rodolfo Castro	Individual	52:19	+20:42	05:14	
337	651	Luciana Fidalgo	Individual	52:19	+20:42	05:14	
338	714	Ricardo Pais	Individual	52:24	+20:47	05:14	
339	640	Ana Rodrigues	Individual	52:25	+20:48	05:15	
340	810	Antonio Augusto Silva	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	52:26	+20:49	05:15	
341	233	Carla Gonçalves	DCI/Trilhos Luso Bussaco	52:30	+20:53	05:15	
342	793	Fábio Lourenço	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	52:32	+20:55	05:15	
343	484	andre dias	Individual	52:39	+21:02	05:16	
344	197	Philippe lopes	Controlauto de Guisande	52:40	+21:03	05:16	
345	83	António Neto	Associação Figueireds Runners AND Friends	52:40	+21:03	05:16	
346	621	Liliana Reis	Individual	52:41	+21:04	05:16	
347	955	Filipe Santos	sabiUs	52:42	+21:05	05:16	
348	589	Bruno Oliveira	Individual	52:44	+21:07	05:16	
349	760	Vitor Fernandes	Individual	52:46	+21:09	05:17	
350	155	ARTUR REIS	CLUBE ATLETISMO DE OVAR	52:47	+21:10	05:17	
351	101	Perpetua Pereira	Brandoenses Running	52:50	+21:13	05:17	
352	635	Sónia Ramos	Individual	52:54	+21:17	05:17	
353	645	Cristina coelho	Individual	52:54	+21:17	05:17	
354	373	Jeffersom Viana	Hajam Pernas	52:58	+21:21	05:18	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
355	355	Rogério Henriques	Grupo de Corrida de Argoncilhe	52:58	+21:21	05:18	
356	366	ANTÓNIO DIAS DOS SANTOS	Grupo Desportivo e Cultural de Guilhovai	52:59	+21:22	05:18	
357	798	Tiago Sousa	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	52:59	+21:22	05:18	
358	320	Paulo Gonçalves	GD Estaleiros Navais de Viana do Castelo	53:06	+21:29	05:19	
359	696	Jorge Tavares	Individual	53:09	+21:32	05:19	
360	870	Maria José	NIGHT RUNNERS FEIRA	53:10	+21:33	05:19	
361	237	Catarina Vieira	Elite 3700	53:11	+21:34	05:19	
362	675	Daniel Filipe Costa	Individual	53:16	+21:39	05:20	
363	2511	António Fernandes	Individual	53:18	+21:41	05:20	
364	920	Nilton Rebelo	PLAYGROUND	53:20	+21:43	05:20	
365	742	José Lourenço	Individual	53:23	+21:46	05:20	
366	807	Nuno Moreira	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	53:23	+21:46	05:20	
367	755	Rui Pedro Pascoal Carvalho de Oliveira	Individual	53:24	+21:47	05:20	
368	840	Sandra Silva	Lusitânia de Lourosa	53:25	+21:48	05:21	
369	835	Rafael Ferreira	L&R	53:25	+21:48	05:21	
370	634	Sofia Almeida	Individual	53:25	+21:48	05:21	
371	103	Américo Rocha	Brandoenses Running	53:26	+21:49	05:21	
372	596	Henrique Sousa	Individual	53:26	+21:49	05:21	
373	692	joaquim antonio oliveira e silva	Individual	53:27	+21:50	05:21	
374	42	Fernando Sá	Agrupamento Esc. Santa Mª Feira- "Escola que Sabe Bem Estar"	53:28	+21:51	05:21	
375	542	Pedro Tiago Correia Valente	Individual	53:29	+21:52	05:21	
376	496	David Pereira	Individual	53:34	+21:57	05:21	
377	711	Pedro Oliveira	Individual	53:36	+21:59	05:22	
378	661	Maria do Céu Sardoura Ferreira	Individual	53:37	+22:00	05:22	
379	909	Pedro Miguel Ferreira Bastos	Pernetas	53:37	+22:00	05:22	
380	525	Mário Jorge Alves da Silva	Individual	53:39	+22:02	05:22	
381	464	Rute Rodrigues	Individual	53:39	+22:02	05:22	
382	796	Pedro Gonçalves	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	53:41	+22:04	05:22	
383	528	Miguel Silva Pinto Duro	Individual	53:41	+22:04	05:22	
384	745	Luís Cunha	Individual	53:45	+22:08	05:23	
385	517	João Augusto Gomes	Individual	53:48	+22:11	05:23	
386	945	Céu Vilar	Run & Fun	53:52	+22:15	05:23	
387	950	Mike Ferreira	Run & Fun	53:54	+22:17	05:23	
388	561	Sandro Pais	Individual	53:56	+22:19	05:24	
389	67	Jorge Coelho	Arrifana Running	53:57	+22:20	05:24	
390	750	Miguel Pereira	Individual	53:59	+22:22	05:24	
391	70	Albano Soares	Arrifana Running	54:01	+22:24	05:24	
392	324	Américo Lopes	GDSPO	54:02	+22:25	05:24	
393	136	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	54:02	+22:25	05:24	
394	612	Cristina Gomes	Individual	54:04	+22:27	05:24	
395	913	Sandra Moreira	Pés no Asfalto	54:08	+22:31	05:25	
396	262	Márcia Campos	Escola EB Fernando Pessoa	54:12	+22:35	05:25	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
397	378	Cecília Freitas	HMC	54:19	+22:42	05:26	
398	780	Sandra Santos	Javalistaberneiros	54:23	+22:46	05:26	
399	404	Rafael Martins	Individual	54:25	+22:48	05:26	
400	668	Bruno Figueiredo	Individual	54:36	+22:59	05:28	
401	630	Sandra Antunes	Individual	54:38	+23:01	05:28	
402	678	Duarte Carinha	Individual	54:42	+23:05	05:28	
403	865	Vânia Silva	NIGHT RUNNERS FEIRA	54:43	+23:06	05:28	
404	774	Eugénio Cordeiro	Individual	54:47	+23:10	05:29	
405	767	Domingos Cunha Costa	Individual	54:49	+23:12	05:29	
406	606	Andreia Silva	Individual	54:51	+23:14	05:29	
407	510	Flàvio Ricardo De Pinho Nunes	Individual	54:51	+23:14	05:29	
408	239	Daniela Silva	Elite 3700	54:51	+23:14	05:29	
409	859	Inês Correia	NIGHT RUNNERS FEIRA	54:58	+23:21	05:30	
410	707	Paulo Silva	Individual	54:58	+23:21	05:30	
411	665	Ângelo Oliveira	Individual	54:59	+23:22	05:30	
412	158	Helena Mourão	Clube de atletismo HM Training grupo de sangalhos	55:02	+23:25	05:30	
413	740	Jorge Esteves	Individual	55:03	+23:26	05:30	
414	516	João Almeida	Individual	55:04	+23:27	05:30	
415	791	Marlene Correia	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	55:09	+23:32	05:31	
416	295	Carlos Leal	Familia Andrade	55:12	+23:35	05:31	
417	265	André Almeida	Escola EB Fernando Pessoa	55:14	+23:37	05:31	
418	594	Gabriel costa	Individual	55:14	+23:37	05:31	
419	911	Daniel Carvalho	Pés no Asfalto	55:16	+23:39	05:32	
420	63	José Oliveira	Arrifana Running	55:17	+23:40	05:32	
421	71	Cândido Martins	Arrifana Running	55:17	+23:40	05:32	
422	995	Diogo Silva	Trio Run Plus	55:22	+23:45	05:32	
423	997	Diana Marques	Trio Run Plus	55:22	+23:45	05:32	
424	506	Erivaldo Oliveira	Individual	55:26	+23:49	05:33	
425	915	paulo fonseca	Pés no Asfalto	55:28	+23:51	05:33	
426	769	Jose Menezes	Individual	55:30	+23:53	05:33	
427	844	Mike Paiva	Maxicasa Team Running	55:30	+23:53	05:33	
428	565	Tiago Mota	Individual	55:30	+23:53	05:33	
429	130	Sonia Beleza	CDFEIRENSE	55:31	+23:54	05:33	
430	414	Ana Oliveira	Individual	55:35	+23:58	05:33	
431	2012	Roberto Duarte	Individual	55:37	+24:00	05:34	
432	487	André Filipe Oliveira Ferreira	Individual	55:41	+24:04	05:34	
433	834	Pedro Santos	L&R	55:44	+24:07	05:34	
434	614	Diana Sofia Ventura Andrade	Individual	55:45	+24:08	05:35	
435	693	Jonathan Costa	Individual	55:49	+24:12	05:35	
436	724	Tiago Oliveira	Individual	55:49	+24:12	05:35	
437	924	João Faria	Primeiro Corremos, Depois Bebemos	55:50	+24:13	05:35	
438	683	Francisco Silva	Individual	55:52	+24:15	05:35	
439	172	Isabel Sousa	Clube Desportivo Feirense	55:53	+24:16	05:35	
440	280	João Santos	Escombreiros & Marteleiros	55:54	+24:17	05:35	
441	827	Renato Araújo	JUF ACC	55:58	+24:21	05:36	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
442	660	MANUELA PINTO	Individual	56:00	+24:23	05:36	
443	729	Alcino Ferreira dos Santos	Individual	56:01	+24:24	05:36	
444	529	Nuno Silva	Individual	56:03	+24:26	05:36	
445	546	Ricardo Ferreira	Individual	56:04	+24:27	05:36	
446	30	Márcia Silva	ACDCDSMF OS Laranjinhas	56:04	+24:27	05:36	
447	2509	Marilene Silva	Clube de atletismo HM Training grupo de sangalhos	56:07	+24:30	05:37	
448	581	Carolina Cruzeiro da Silva Lanca	Individual	56:07	+24:30	05:37	
449	9	Gil Ferreira	Município de santa Maria da feira	56:09	+24:32	05:37	
450	489	Baptiste Ganne	Individual	56:12	+24:35	05:37	
451	580	Blanche Leloup	Individual	56:12	+24:35	05:37	
452	394	Ana Freitas	Hóquei Clube São Pedro do Sul	56:12	+24:35	05:37	
453	186	Paulo Pinho	Controlauto de Guisande	56:14	+24:37	05:37	
454	706	Paulo Martins	Individual	56:18	+24:41	05:38	
455	523	Marcelo Correia	Individual	56:22	+24:45	05:38	
456	669	Bruno Gaspar	Individual	56:28	+24:51	05:39	
457	342	Guto Muniz	Go Tour	56:29	+24:52	05:39	
458	309	Joaquim Ribeiro	Fiães S.C. Running	56:34	+24:57	05:39	
459	2505	Luís Sousa	Papa KMS	56:35	+24:58	05:39	
460	407	Alexandra Campos	Individual	56:35	+24:58	05:40	
461	82	Ricardo Neves	Associação Desportiva Grijó a Correr	56:35	+24:58	05:40	
462	305	Cristina Fernandes	Fiães S.C. Running	56:37	+25:00	05:40	
463	412	Ana Lopes	Individual	56:39	+25:02	05:40	
464	2507	Cesário Rocha	Individual	56:40	+25:03	05:40	
465	2504	Duarte Aguiar	Papa KMS	56:42	+25:05	05:40	
466	757	Telmo Nogueira	Individual	56:45	+25:08	05:41	
467	974	Fabio Bastos	sorteio	56:50	+25:13	05:41	
468	771	Manuel Cardoso	Individual	56:54	+25:17	05:41	
469	480	Alberto Alves	Individual	56:54	+25:17	05:41	
470	52	PEDRO MANUEL PEREIRA MELO	ARCORUN	56:57	+25:20	05:42	
471	49	RICARDO PAIVA	ARCORUN	56:57	+25:20	05:42	
472	349	MARCO PEREIRA	GOOD FITNESS	56:58	+25:21	05:42	
473	968	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	57:00	+25:23	05:42	
474	345	Barbara Peralta	Golfinos	57:02	+25:25	05:42	
475	531	Paulo Gonçalves	Individual	57:03	+25:26	05:42	
476	100	Alice Silva	Brandoenses Running	57:06	+25:29	05:43	
477	105	Hugo Santos	Brandoenses Running	57:07	+25:30	05:43	
478	473	Tatiana Duarte	Individual	57:10	+25:33	05:43	
479	575	Vitor Oliveira	Individual	57:10	+25:33	05:43	
480	611	Cristiana Moreira	Individual	57:11	+25:34	05:43	
481	270	Marco Carvalho	Escola EB Fernando Pessoa	57:15	+25:38	05:43	
482	307	João Oliveira	Fiães S.C. Running	57:17	+25:40	05:44	
483	304	Andreia Regal	Fiães S.C. Running	57:17	+25:40	05:44	
484	985	Jorge Gonçalves	sorteio	57:19	+25:42	05:44	
485	513	Guilherme Henrique Vieira Ferreira	Individual	57:24	+25:47	05:44	
486	166	Vera Rodrigues	Clube Desportivo Feirense	57:24	+25:47	05:44	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
487	593	Francisco Miguel Vieira Ferreira	Individual	57:25	+25:48	05:45	
488	36	Fernanda Almeida	ACR Vale de Cambra	57:26	+25:49	05:45	
489	783	Domingos Silva	Jesus Runers	57:26	+25:49	05:45	
490	522	Luís Carlos Pereira Pinto	Individual	57:28	+25:51	05:45	
491	722	Sérgio Marques	Individual	57:30	+25:53	05:45	
492	569	Tiago Santos	Individual	57:31	+25:54	05:45	
493	586	Leonor Pepe	Individual	57:34	+25:57	05:45	
494	625	Marta Martins	Individual	57:37	+26:00	05:46	
495	264	Silvia Caetano	Escola EB Fernando Pessoa	57:41	+26:04	05:46	
496	935	Rui Gonçalves	Pupilos do Zé-Tó	57:44	+26:07	05:46	
497	341	Simão Pereira	Go Tour	57:46	+26:09	05:47	
498	190	Fernanda Pinheiro	Controlauto de Guisande	57:47	+26:10	05:47	
499	996	Catarina Maia	Trio Run Plus	57:48	+26:11	05:47	
500	647	Dalila Duarte	Individual	57:50	+26:13	05:47	
501	242	Sara Baptista	Elite 3700	58:07	+26:30	05:49	
502	252	Pedro Pinheiro	Elite 3700	58:07	+26:30	05:49	
503	801	Rosa Rosário	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	58:08	+26:31	05:49	
504	916	paulo silva	Pés no Asfalto	58:11	+26:34	05:49	
505	948	Manuel Moreira	Run & Fun	58:14	+26:37	05:49	
506	544	RENATO GUIMARAES	Individual	58:14	+26:37	05:49	
507	333	Mário Nogueira	GDSPO	58:14	+26:37	05:49	
508	346	Joana Soares	Golfinos	58:15	+26:38	05:49	
509	2503	Juliana Silva	Papa KMS	58:15	+26:38	05:49	
510	137	Joel Soares	CIRES RUNNING TEAM	58:15	+26:38	05:50	
511	819	Francisco Soares	JOBRA- Associação Jovens da Branca	58:16	+26:39	05:50	
512	282	Pedro Nogueira	Escombreiros & Marteleiros	58:18	+26:41	05:50	
513	515	Alexandre Costa	Individual	58:22	+26:45	05:50	
514	374	Cátia Daniela Pinho Rocha	HMC	58:28	+26:51	05:51	
515	154	ARLINDO SILVA	CLUBE ATLETISMO DE OVAR	58:29	+26:52	05:51	
516	96	Sebastião Moura	Bracara Genus	58:37	+27:00	05:52	
517	97	Ulisses Lopes	Bracara Genus	58:37	+27:00	05:52	
518	749	Mário Oliveira	Individual	58:38	+27:01	05:52	
519	311	Tiago Pereira Andrade	Furadourotrail	58:39	+27:02	05:52	
520	698	Leandro Rocha	Individual	58:44	+27:07	05:52	
521	60	Cândida Dias	Arrifana Running	58:44	+27:07	05:52	
522	332	Toninho Ventura	GDSPO	58:44	+27:07	05:52	
523	35	LARA BASTOS	ACR Vale de Cambra	58:45	+27:08	05:52	
524	351	VITOR MOREIRA	GOOD FITNESS	59:01	+27:24	05:54	
525	918	Bela Arrojado	PLAYGROUND	59:04	+27:27	05:54	
526	889	Carla Augusta Sá Pereira	Os Fogo no Cu	59:05	+27:28	05:55	
527	829	Luís Higino	JUF ACC	59:05	+27:28	05:55	
528	413	Ana Lucinha dias pereira	Individual	59:07	+27:30	05:55	
529	170	Liliana Costa	Clube Desportivo Feirense	59:08	+27:31	05:55	
530	167	Frederico Santos	Clube Desportivo Feirense	59:09	+27:32	05:55	
531	382	Roberto Silva	HMC	59:10	+27:33	05:55	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
532	864	Graça Melo Reis de Melo	NIGHT RUNNERS FEIRA	59:10	+27:33	05:55	
533	613	Diana Franco	Individual	59:12	+27:35	05:55	
534	982	André Pais	sorteio	59:14	+27:37	05:55	
535	495	David Pereira	Individual	59:14	+27:37	05:55	
536	644	Carlota Joaquina	Individual	59:14	+27:37	05:55	
537	302	Candido antonio marinho goncalves faria	Fariarunning	59:17	+27:40	05:56	
538	102	VICTÓRIA BERNARDES	Brandoenses Running	59:18	+27:41	05:56	
539	2506	Alda Cordeiro	Individual	59:21	+27:44	05:56	
540	44	Victor Costa	Agrupamento Esc. Santa Mª Feira- "Escola que Sabe Bem Estar"	59:22	+27:45	05:56	
541	980	Laurinda Oliveira	sorteio	59:22	+27:45	05:56	
542	824	Luis Rocha	JUF ACC	59:22	+27:45	05:56	
543	940	BIANCA SILVA	RHC LOUROSA	59:23	+27:46	05:56	
544	941	SOFIA COSTA SA	RHC LOUROSA	59:23	+27:46	05:56	
545	942	RUI MIGUEL SA	RHC LOUROSA	59:23	+27:46	05:56	
546	435	Diana Fernandes	Individual	59:27	+27:50	05:57	
547	471	Tânia Soares Soares	Individual	59:27	+27:50	05:57	
548	438	Filipa Margarida Rodrigues	Individual	59:29	+27:52	05:57	
549	476	Vanessa Pires de Almeida	Individual	59:36	+27:59	05:58	
550	748	Marco César Ramos Clemente	Individual	59:42	+28:05	05:58	
551	763	Antonio Carlos Gomes Freitas	Individual	59:45	+28:08	05:58	
552	432	Claudia Lima	Individual	59:45	+28:08	05:59	
553	633	Sara tavares	Individual	59:46	+28:09	05:59	
554	604	Ana cabral	Individual	59:46	+28:09	05:59	
555	962	SÓNIA COELHO	SACORK	59:47	+28:10	05:59	
556	964	CARLOS ALEXANDRE SILVA	SACORK	59:47	+28:10	05:59	
557	803	Vera Moreira	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	59:48	+28:11	05:59	
558	27	Pedro Vieira	A.D. AMARANTE	59:53	+28:16	05:59	
559	551	Ricardo Soares	Individual	59:59	+28:22	06:00	
560	430	Cécile Pinto	Individual	59:59	+28:22	06:00	
561	532	Paulo Jorge Gomes Ferreira	Individual	01:00:05	+28:28	06:01	
562	687	Gustavo Ribeiro	Individual	01:00:06	+28:29	06:01	
563	224	paulo lopes	Controlauto Santa Maria da Feira	01:00:09	+28:32	06:01	
564	206	bruno alves	Controlauto Santa Maria da Feira	01:00:09	+28:32	06:01	
565	867	Amélia Nunes	NIGHT RUNNERS FEIRA	01:00:24	+28:47	06:02	
566	337	Patrícia Silva	Go Tour	01:00:25	+28:48	06:03	
567	666	Arménio Martins	Individual	01:00:25	+28:48	06:03	
568	187	Ricardo Assunção	Controlauto de Guisande	01:00:26	+28:49	06:03	
569	411	Ana Gomes	Individual	01:00:31	+28:54	06:03	
570	571	Tomás Ferraz	Individual	01:00:31	+28:54	06:03	
571	258	Mike Santos	Escola EB Fernando Pessoa	01:00:34	+28:57	06:03	
572	454	Mariana Almeida	Individual	01:00:34	+28:57	06:03	
573	609	Cátia lopes	Individual	01:00:36	+28:59	06:04	
574	468	Sónia Ribeiro	Individual	01:00:38	+29:01	06:04	
575	657	Sónia Vieira	Individual	01:00:39	+29:02	06:04	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
576	434	Diana Faria	Individual	01:00:43	+29:06	06:04	
577	449	Joana Silva Marques	Individual	01:00:44	+29:07	06:04	
578	498	Diogo Gonçalves	Individual	01:00:44	+29:07	06:04	
579	301	Marta rodrigues	Fariarunning	01:00:45	+29:08	06:05	
580	691	João Tiago Rodrigues dos Santos Guerrinha	Individual	01:00:45	+29:08	06:05	
581	615	Elisa Manuela Martins Cunha	Individual	01:00:46	+29:09	06:05	
582	61	Goreti Almeida	Arrifana Running	01:00:47	+29:10	06:05	
583	86	Vitor Marques	Atletas da 222	01:00:50	+29:13	06:05	
584	899	Cátia Pinto	Paguei para sofrer	01:00:50	+29:13	06:05	
585	226	Marco Nunes	CORVOS RUNNING BY S.V.P	01:00:50	+29:13	06:05	
586	371	Hugo Miguel Folgado Valente	H & S	01:00:52	+29:15	06:05	
587	754	Paulo Costa	Individual	01:00:52	+29:15	06:05	
588	736	Fernando manuel soares almeida	Individual	01:00:53	+29:16	06:05	
589	68	Manuel Hespanha	Arrifana Running	01:00:53	+29:16	06:05	
590	933	Maria dos anjos	Pupilos do Zé-Tó	01:00:58	+29:21	06:06	
591	925	Lara Pina	Pupilos do Zé-Tó	01:00:58	+29:21	06:06	
592	658	Susana Silva	Individual	01:00:59	+29:22	06:06	
593	886	Daniel Lousada Coelho	Os Coelhinhos	01:01:05	+29:28	06:06	
594	398	Rui Resende	IEM Endurance Team	01:01:10	+29:33	06:07	
595	397	António Marques	IEM Endurance Team	01:01:11	+29:34	06:07	
596	679	enes agostinho	Individual	01:01:11	+29:34	06:07	
597	624	Marlene enes	Individual	01:01:11	+29:34	06:07	
598	618	Gisela Avelar	Individual	01:01:14	+29:37	06:07	
599	251	Pedro Pereira	Elite 3700	01:01:20	+29:43	06:08	
600	106	João Santos	Brandoenses Running	01:01:23	+29:46	06:08	
601	109	Pedro Jorge	Brandoenses Running	01:01:23	+29:46	06:08	
602	976	Luis Pereira	sorteio	01:01:27	+29:50	06:09	
603	923	Francisco Pinto	Primeiro Corremos, Depois Bebemos	01:01:35	+29:58	06:10	
604	652	Maria Barbosa	Individual	01:01:41	+30:04	06:10	
605	901	Leonardo Silva	Paguei para sofrer	01:01:42	+30:05	06:10	
606	900	Eduarda Lopes	Paguei para sofrer	01:01:42	+30:05	06:10	
607	903	Susana Costa	Paguei para sofrer	01:01:44	+30:07	06:10	
608	375	Maria Sá	HMC	01:01:45	+30:08	06:10	
609	626	Mónica Figueiredo	Individual	01:01:58	+30:21	06:12	
610	741	José Faro	Individual	01:02:00	+30:23	06:12	
611	973	Cátia Pinheiro	sorteio	01:02:06	+30:29	06:13	
612	472	Tatiana Barroco	Individual	01:02:09	+30:32	06:13	
613	537	Pedro Monteiro	Individual	01:02:10	+30:33	06:13	
614	72	Casimiro Fernandes	Arrifana Running	01:02:10	+30:33	06:13	
615	216	Xana Albergaria	Controlauto Santa Maria da Feira	01:02:19	+30:42	06:14	
616	574	Vitor Campos	Individual	01:02:20	+30:43	06:14	
617	440	Gabriela Ribeiro	Individual	01:02:25	+30:48	06:15	
618	28	Vera Conceição	ACDCDSMF OS Laranjinhas	01:02:25	+30:48	06:15	
619	649	Isabel Gomes	Individual	01:02:26	+30:49	06:15	
620	447	Joana Rebelo	Individual	01:02:34	+30:57	06:15	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
621	261	Ana Rebelo	Escola EB Fernando Pessoa	01:02:35	+30:58	06:15	
622	268	João Peralta	Escola EB Fernando Pessoa	01:02:35	+30:58	06:15	
623	421	Bruna Ribeiro	Individual	01:02:35	+30:58	06:16	
624	401	Gabriel Costa	Individual	01:02:35	+30:58	06:16	
625	930	Rita Azevedo	Pupilos do Zé-Tó	01:02:36	+30:59	06:16	
626	928	Inês Oliveira	Pupilos do Zé-Tó	01:02:36	+30:59	06:16	
627	709	Pedro Azevedo	Individual	01:02:37	+31:00	06:16	
628	417	Ana Tavares	Individual	01:02:37	+31:01	06:16	
629	511	Francisco Ribeiro	Individual	01:02:50	+31:13	06:17	
630	677	Douglas Mendez	Individual	01:02:50	+31:13	06:17	
631	533	Pedro Aleixo	Individual	01:02:51	+31:14	06:17	
632	415	Ana Pinto	Individual	01:02:55	+31:18	06:18	
633	831	Mario fonseca	Juventude Cortegacense	01:02:56	+31:19	06:18	
634	770	Luis Azevedo	Individual	01:02:57	+31:20	06:18	
635	519	João Santos	Individual	01:02:59	+31:22	06:18	
636	548	Ricardo Mota	Individual	01:03:01	+31:24	06:18	
637	943	Luzia de Fátima Ferreira Dias Soares	Run & Fun	01:03:01	+31:24	06:18	
638	420	Beatriz Magalhães Temporão	Individual	01:03:02	+31:25	06:18	
639	705	Gabriel Pires	Individual	01:03:02	+31:25	06:18	
640	509	Filipe Leite	Individual	01:03:02	+31:25	06:18	
641	463	Rosa Pereira	Individual	01:03:02	+31:25	06:18	
642	583	Catia Sofia	Individual	01:03:05	+31:28	06:18	
643	54	Joana Silva	Arrifana Running	01:03:05	+31:28	06:18	
644	403	João Lopes	Individual	01:03:05	+31:28	06:19	
645	808	Ricardo Sousa	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:03:08	+31:31	06:19	
646	809	Pedro Cordeiro	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:03:09	+31:32	06:19	
647	637	Vânia Andrade	Individual	01:03:24	+31:47	06:20	
648	477	Vera Mónica Nogueira Almeida	Individual	01:03:30	+31:53	06:21	
649	641	Anabela Monteito	Individual	01:03:31	+31:54	06:21	
650	499	Diogo Menezes	Individual	01:03:34	+31:57	06:21	
651	636	Sónia Santos	Individual	01:03:35	+31:58	06:22	
652	423	Carla Nunes	Individual	01:03:35	+31:58	06:22	
653	169	Isabel Pinho Brandão	Clube Desportivo Feirense	01:03:43	+32:06	06:22	
654	211	carla martins	Controlauto Santa Maria da Feira	01:03:43	+32:06	06:22	
655	174	António Amorim	Clube Desportivo Feirense	01:03:44	+32:07	06:22	
656	171	Sandra Santos	Clube Desportivo Feirense	01:03:44	+32:07	06:22	
657	451	Manuela Fernandes	Individual	01:03:45	+32:08	06:22	
658	428	Catarina Marabuto	Individual	01:03:45	+32:08	06:22	
659	426	Catarina Borges	Individual	01:03:45	+32:09	06:23	
660	474	Telma Gomes	Individual	01:03:46	+32:09	06:23	
661	802	Vera Lopes	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:03:47	+32:10	06:23	
662	789	Joana Fonseca	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:03:47	+32:10	06:23	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
663	622	Mafalda Sofia Bastos de Oliveira	Individual	01:03:54	+32:17	06:23	
664	406	Adriana Pereira Gouveia	Individual	01:03:55	+32:18	06:23	
665	202	cristina oliveira	Controlauto Santa Maria da Feira	01:03:55	+32:18	06:24	
666	203	gabriela patrocinio	Controlauto Santa Maria da Feira	01:03:55	+32:18	06:24	
667	961	FERNANDA GONÇALVES	SACORK	01:04:09	+32:32	06:25	
668	965	VÍTOR RIBEIRO	SACORK	01:04:13	+32:36	06:25	
669	200	Filipe Santos	Controlauto de Guisande	01:04:20	+32:43	06:26	
670	439	Filipa Monteiro	Individual	01:04:27	+32:50	06:27	
671	704	Nuno José Santos Silva	Individual	01:04:30	+32:53	06:27	
672	898	Anita costa	Paguei para sofrer	01:04:40	+33:03	06:28	
673	905	Pedro Gomes	Paguei para sofrer	01:04:46	+33:09	06:29	
674	684	GABRIEL ANTÓNIO PEREIRA RESENDE	Individual	01:04:50	+33:13	06:29	
675	486	André Filipe	Individual	01:04:51	+33:14	06:29	
676	372	Susana Cristina Oliveira Almeida	H & S	01:04:54	+33:17	06:29	
677	323	Bruno Tracana	GDCR dos Lages - Seua	01:04:55	+33:18	06:30	
678	993	Fátima Nunes	Trilhados - ACD Santiago	01:04:56	+33:19	06:30	
679	608	Catarina Prazeres	Individual	01:05:01	+33:24	06:30	
680	269	Luís Gonzaga	Escola EB Fernando Pessoa	01:05:01	+33:24	06:30	
681	228	Manuel Tavares	CRE	01:05:01	+33:24	06:30	
682	38	José Bastos	ACR Vale de Cambra	01:05:05	+33:28	06:30	
683	860	Isabel Ribeiro	NIGHT RUNNERS FEIRA	01:05:11	+33:34	06:31	
684	212	lucia ribeiro	Controlauto Santa Maria da Feira	01:05:17	+33:40	06:32	
685	929	Olivia Pacheco	Pupilos do Zé-Tó	01:05:17	+33:40	06:32	
686	505	Emanuel Ribeiro	Individual	01:05:23	+33:46	06:32	
687	465	Samaritana Patrícia Dias Pereira	Individual	01:05:27	+33:50	06:33	
688	208	Gerson ragel	Controlauto Santa Maria da Feira	01:05:33	+33:56	06:33	
689	204	Liliana Tavares	Controlauto Santa Maria da Feira	01:05:33	+33:56	06:33	
690	312	Ana Andrade	Furadourotrail	01:05:35	+33:58	06:34	
691	310	Ana Guilherme Amaral	Furadourotrail	01:05:35	+33:58	06:34	
692	784	Carolina Rodrigues	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:05:41	+34:04	06:34	
693	797	Rafael Sousa	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:05:41	+34:04	06:34	
694	667	Armindo Marques	Individual	01:05:42	+34:05	06:34	
695	446	Joana Oliveira	Individual	01:05:42	+34:05	06:34	
696	466	Sara Lia Castro	Individual	01:05:43	+34:06	06:34	
697	73	José Beleza	Arrifana Running	01:05:48	+34:11	06:35	
698	607	Catarina Costa	Individual	01:05:50	+34:13	06:35	
699	792	Teresa Capelo	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:05:50	+34:13	06:35	
700	639	Ana Ribeiro	Individual	01:05:50	+34:13	06:35	
701	56	Mariana Soares	Arrifana Running	01:05:51	+34:14	06:35	
702	123	Miguel Santos	Carlos e as Bananas	01:05:55	+34:18	06:36	
703	787	Isabel Maria Santos	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	01:05:56	+34:19	06:36	
704	122	Luís Henriques	Carlos e as Bananas	01:05:56	+34:19	06:36	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
705	120	Catarina Silva	Carlos e as Bananas	01:05:56	+34:19	06:36	
706	121	Carlos Almeida	Carlos e as Bananas	01:05:56	+34:19	06:36	
707	124	Tiago Rodrigues	Carlos e as Bananas	01:05:56	+34:19	06:36	
708	132	Nélson Tavares	Centro Municipal de Marcha Corrida Vale de Cambra	01:05:57	+34:20	06:36	
709	50	Jorge Leite	ARCORUN	01:05:58	+34:21	06:36	
710	685	Gabriel dias	Individual	01:06:00	+34:23	06:36	
711	882	Isabel Lopes	Os " tá-lentos"	01:06:01	+34:24	06:36	
712	885	Antonio Silva	Os " tá-lentos"	01:06:03	+34:26	06:36	
713	773	ABÍLIO SOARES	Individual	01:06:03	+34:26	06:36	
714	344	Rafael Muniz	Go Tour	01:06:12	+34:35	06:37	
715	701	Marco Carvalho arvalho	Individual	01:06:20	+34:43	06:38	
716	853	Pedro Filipe	Murprotec Portugal	01:06:20	+34:43	06:38	
717	338	Adalberto Júnior	Go Tour	01:06:27	+34:50	06:39	
718	926	Cátia Ferreira	Pupilos do Zé-Tó	01:06:40	+35:03	06:40	
719	734	Carlos Matos	Individual	01:06:44	+35:07	06:40	
720	937	Paula Vieira	Reclamações	01:06:45	+35:08	06:40	
721	978	Rita Pina	sorteio	01:06:49	+35:12	06:41	
722	285	Alvaro Pinho	Estalagem	01:06:53	+35:16	06:41	
723	284	Cristina Oliveira	Estalagem	01:06:56	+35:19	06:42	
724	248	Vasco Costa	Elite 3700	01:06:56	+35:19	06:42	
725	643	Carla Soutinho	Individual	01:07:04	+35:27	06:42	
726	240	Filipa Morais Ferreira	Elite 3700	01:07:17	+35:40	06:44	
727	45	António Bernardo	Agrupamento Esc. Santa Mª Feira- "Escola que Sabe Bem Estar"	01:07:23	+35:46	06:44	
728	213	marisa costa	Controlauto Santa Maria da Feira	01:07:30	+35:53	06:45	
729	214	sara costa	Controlauto Santa Maria da Feira	01:07:30	+35:53	06:45	
730	884	Sueli Silva	Os " tá-lentos"	01:07:33	+35:56	06:45	
731	26	MANUEL COUTO	A. D. GRIJÓ A CORRER	01:07:34	+35:57	06:45	
732	559	Samuel Oliveira	Individual	01:07:43	+36:07	06:46	
733	605	Ana Rita Mota	Individual	01:07:44	+36:07	06:46	
734	448	JOANA REIS	Individual	01:07:44	+36:07	06:46	
735	977	Bruna Pinho	sorteio	01:07:51	+36:14	06:47	
736	139	Hugo Sousa	CIRES RUNNING TEAM	01:07:52	+36:15	06:47	
737	876	Beatriz Barranquinho	O último vai a pé	01:08:00	+36:23	06:48	
738	306	Maria Barbosa	Fiães S.C. Running	01:08:09	+36:32	06:49	
739	308	Mário Leandro	Fiães S.C. Running	01:08:10	+36:33	06:49	
740	655	Rosa Santos	Individual	01:08:11	+36:34	06:49	
741	540	Pedro Pereira	Individual	01:08:11	+36:34	06:49	
742	462	Priscila Brandão	Individual	01:08:13	+36:36	06:49	
743	459	Marisa Azevedo	Individual	01:08:15	+36:38	06:50	
744	288	Alberto Vitelo	Estrelas de Portugal	01:08:22	+36:45	06:50	
745	470	Tânia Almeida	Individual	01:08:22	+36:45	06:50	
746	287	Alexandra Mangueija	Estrelas de Portugal	01:08:22	+36:45	06:50	
747	671	Bruno Miguel Vilar Rocha	Individual	01:08:24	+36:47	06:50	
748	653	Maria Peixoto	Individual	01:08:30	+36:53	06:51	
749	883	Goreti Silva	Os " tá-lentos"	01:08:36	+36:59	06:52	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
750	181	ARMANDO RUI CARDOSO PIRES MARTINS	Clube Millennium BCP	01:08:37	+37:00	06:52	
751	588	Andre Dias	Individual	01:08:37	+37:00	06:52	
752	469	Tânia Almeida	Individual	01:08:37	+37:00	06:52	
753	255	Beatriz Abreu	Escola EB Fernando Pessoa	01:08:39	+37:02	06:52	
754	388	Vitor Godinho	HomeGym	01:08:58	+37:21	06:54	
755	389	Liliana Andrade	HomeGym	01:08:58	+37:21	06:54	
756	391	Ricardo Martins	HomeGym	01:08:58	+37:21	06:54	
757	390	Almerinda Pereira	HomeGym	01:08:59	+37:22	06:54	
758	384	Tânia Frutuosa	HomeGym	01:08:59	+37:22	06:54	
759	385	Bruno Resende	HomeGym	01:08:59	+37:22	06:54	
760	383	Ana Pereira	HomeGym	01:08:59	+37:22	06:54	
761	386	José Reis	HomeGym	01:09:00	+37:23	06:54	
762	387	Mauro Andrade	HomeGym	01:09:00	+37:23	06:54	
763	392	Manuel Fonseca	HomeGym	01:09:01	+37:24	06:54	
764	721	Sergio Daniel Pires Ribeiro Moscoso	Individual	01:09:03	+37:26	06:54	
765	59	Aracelys tovar	Arrifana Running	01:09:04	+37:27	06:54	
766	638	Vitor Hugo Pais	Individual	01:09:07	+37:30	06:55	
767	979	Vania Cardoso	sorteio	01:09:15	+37:38	06:56	
768	939	Carlos Alçada	Reclamações	01:09:16	+37:39	06:56	
769	989	Ana Diogo	SSCPN_26_Team_258763924836104758150 2	01:09:16	+37:39	06:56	
770	779	Vera santos	Javalistaberneiros	01:09:24	+37:47	06:56	
771	931	Bruno Andrade	Pupilos do Zé-Tó	01:09:26	+37:49	06:57	
772	927	Diana Marques	Pupilos do Zé-Tó	01:09:26	+37:49	06:57	
773	460	Marli Conceição	Individual	01:09:26	+37:49	06:57	
774	399	Mafalda Silva	Individual	01:09:32	+37:55	06:57	
775	222	Fernando silva	Controlauto Santa Maria da Feira	01:09:33	+37:56	06:57	
776	543	Rafael Silva	Individual	01:09:33	+37:56	06:57	
777	198	Phillipe Lopes	Controlauto de Guisande	01:09:38	+38:01	06:58	
778	48	Pedro Leite	ARCORUN	01:09:48	+38:11	06:59	
779	431	Claudia Figueiredo	Individual	01:09:54	+38:17	06:59	
780	922	Inês Marques	Primeiro Corremos, Depois Bebemos	01:10:04	+38:27	07:00	
781	433	Débora Costa	Individual	01:10:05	+38:28	07:01	
782	452	Mara Seca	Individual	01:10:06	+38:29	07:01	
783	455	Mariana Campos	Individual	01:10:06	+38:29	07:01	
784	457	Marin Martinez Conesa	Individual	01:10:10	+38:33	07:01	
785	279	Eduardo Maia	Escombreiros & Marteleiros	01:10:15	+38:38	07:02	
786	336	Inês Pereira	Go Tour	01:10:20	+38:43	07:02	
787	568	Tiago Roque	Individual	01:10:21	+38:44	07:02	
788	728	Albano Silva	Individual	01:10:27	+38:50	07:03	
789	241	Sandra Costa	Elite 3700	01:10:40	+39:03	07:04	
790	244	Bruno Correia	Elite 3700	01:10:40	+39:03	07:04	
791	276	Renato Barros	Escola EB Fernando Pessoa	01:10:44	+39:07	07:04	
792	277	Xavier Santiago	Escola EB Fernando Pessoa	01:10:45	+39:08	07:04	
793	944	Paula Alexandra	Run & Fun	01:11:17	+39:40	07:08	
794	325	Teresa Azevedo	GDSPO	01:11:23	+39:46	07:08	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
795	429	Catarina Pinho	Individual	01:11:23	+39:46	07:08	
796	972	Beatriz Mendes	sorteio	01:11:48	+40:11	07:11	
797	497	Diogo Canha Ferreira	Individual	01:11:54	+40:17	07:11	
798	444	Jheniffer Silva	Individual	01:11:54	+40:17	07:11	
799	64	Georgina Ferreira	Arrifana Running	01:12:03	+40:26	07:12	
800	62	Mafalda Sousa	Arrifana Running	01:12:03	+40:26	07:12	
801	994	Susana Martins	Trio Run Plus	01:12:04	+40:27	07:12	
802	436	Diana Silva	Individual	01:12:27	+40:50	07:15	
803	425	Catarina Arede	Individual	01:12:27	+40:50	07:15	
804	756	Rui Silva	Individual	01:12:28	+40:51	07:15	
805	91	Paulo Silva	BOLINHOS DE BACALHAU	01:12:31	+40:54	07:15	
806	90	Jorge Castro	BOLINHOS DE BACALHAU	01:12:31	+40:54	07:15	
807	424	Catarina Almeida	Individual	01:12:37	+41:00	07:16	
808	891	Catarina Silva	Os Mafagafinho ho ho	01:12:38	+41:01	07:16	
809	890	Ana Silva	Os Mafagafinho ho ho	01:12:38	+41:01	07:16	
810	746	Luís Ferreira	Individual	01:12:39	+41:02	07:16	
811	892	Francisco Xavier	Os Mafagafinho ho ho	01:12:39	+41:02	07:16	
812	2510	Silvia Calvelhe	Individual	01:12:42	+41:05	07:16	
813	725	Tiago Oliveira	Individual	01:12:43	+41:06	07:16	
814	58	Thiago Magalhaes	Arrifana Running	01:12:45	+41:08	07:16	
815	585	Katia Dos Santos Ribeiro Silva	Individual	01:12:52	+41:15	07:17	
816	502	Diogo Silva	Individual	01:12:52	+41:15	07:17	
817	125	Ricardo Matos	Cdc.Macieira de Cambra	01:13:06	+41:29	07:19	
818	2508	Neusa Ramalho	Clube de atletismo HM Training grupo de sangalhos	01:13:18	+41:41	07:20	
819	902	Andreia Santod	Paguei para sofrer	01:13:37	+42:00	07:22	
820	904	edgar pinho	Paguei para sofrer	01:13:38	+42:01	07:22	
821	717	Rodrigo silva	Individual	01:13:48	+42:11	07:23	
822	603	Alexandra pereira	Individual	01:13:48	+42:11	07:23	
823	617	Elodie Viana	Individual	01:13:54	+42:17	07:23	
824	437	Eva Denise da Silva e Santos Sousa	Individual	01:13:55	+42:18	07:24	
825	419	Beatriz Azevedo	Individual	01:13:56	+42:19	07:24	
826	631	Sandra Correia	Individual	01:14:16	+42:39	07:26	
827	370	Maria Manuela Figueiredo Adriano	Grupo SN	01:14:39	+43:02	07:28	
828	369	Arminda Cristina Lopes Soares Fantasca	Grupo SN	01:14:39	+43:02	07:28	
829	662	Teresa Bessa	Individual	01:14:47	+43:10	07:29	
830	659	Susana Soares	Individual	01:14:47	+43:10	07:29	
831	628	Rute Nadir	Individual	01:14:53	+43:16	07:29	
832	689	Ivo Pinto Lopes	Individual	01:14:55	+43:18	07:30	
833	999	Joana Rita Oliveira Aguiar	UDS TEAM	01:14:59	+43:22	07:30	
834	263	Raquel Ferreira	Escola EB Fernando Pessoa	01:15:02	+43:25	07:30	
835	752	Paulo Alexandre Correia de Vasconcelos	Individual	01:15:04	+43:27	07:30	
836	141	Fabiana Fonseca	Clínica Medica dos Dezassete	01:15:19	+43:42	07:32	
837	140	Debora Fonseca	Clínica Medica dos Dezassete	01:15:19	+43:42	07:32	
838	957	MARIA DIAS	SACORK	01:15:26	+43:49	07:33	
839	610	Cláudia Pinto	Individual	01:15:26	+43:49	07:33	

10KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
840	646	Cristina Figueiredo	Individual	01:15:27	+43:50	07:33	
841	838	Inês Neves Rocha	Lourosa em Movimento	01:15:38	+44:01	07:34	
842	210	CARINA FREITAS	Controlauto Santa Maria da Feira	01:15:39	+44:02	07:34	
843	963	António Oliveira	SACORK	01:15:51	+44:14	07:35	
844	405	Ana Sofia Rodrigues Martins	Individual	01:15:52	+44:15	07:35	
845	830	Filipa Graça	Junta de Freguesia de São João de Vêr	01:16:02	+44:25	07:36	
846	587	Margarida Fernandes	Individual	01:16:32	+44:55	07:39	
847	217	raquel bastos	Controlauto Santa Maria da Feira	01:16:50	+45:13	07:41	
848	441	Inês Pereira	Individual	01:18:59	+47:22	07:54	
849	656	Sandra Gomes	Individual	01:32:52	+01:01:15	09:17	

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	21:00	13,3ºC	94%
End	22:34	13,3ºC	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Feminino							
1	35	LARA BASTOS	ACR Vale de Cambra	Junior Feminino	58:45		05:52
2	940	BIANCA SILVA	RHC LOUROSA	Junior Feminino	59:23	+00:38	05:56
3	941	SOFIA COSTA SA	RHC LOUROSA	Junior Feminino	59:23	+00:38	05:56
4	925	Lara Pina	Pupilos do Zé-Tó	Junior Feminino	01:00:58	+02:13	06:06
5	399	Mafalda Silva	Individual	Junior Feminino	01:09:32	+10:47	06:57
Junior Masculino							
1	126	Gustavo Ferreira	CDFEIRENSE	Junior Masculino	34:28		03:27
2	854	Lucas Oliveira	NAC- Núcleo de Atletismo de Cucujães	Junior Masculino	34:30	+00:01	03:27
3	400	Dinis Martins Azevedo	Individual	Junior Masculino	35:08	+00:40	03:31
4	845	José Paiva	McDonald's	Junior Masculino	40:35	+06:07	04:04
5	292	Hugo Andrade	Familia Andrade	Junior Masculino	42:25	+07:57	04:15
6	127	Miguel Silva	CDFEIRENSE	Junior Masculino	46:27	+11:58	04:39
7	402	gabriel lopes branco	Individual	Junior Masculino	46:39	+12:11	04:40
8	404	Rafael Martins	Individual	Junior Masculino	54:25	+19:56	05:26
9	886	Daniel Lousada Coelho	Os Coelhinhos	Junior Masculino	01:01:05	+26:36	06:06
10	401	Gabriel Costa	Individual	Junior Masculino	01:02:35	+28:07	06:16
11	403	João Lopes	Individual	Junior Masculino	01:03:05	+28:36	06:19
12	48	Pedro Leite	ARCORUN	Junior Masculino	01:09:48	+35:20	06:59
Senior Feminino							
1	164	Telma Pinho	Grupo Desportivo e Cultural de Guilhovai	Senior Feminino	37:41		03:46
2	128	Joana Santos	CDFEIRENSE	Senior Feminino	41:27	+03:46	04:09
3	143	VERA FERREIRA	CLUBE ATLETISMO DE OVAR	Senior Feminino	42:27	+04:46	04:15
4	952	Laura Rochinha	Runners do Demo	Senior Feminino	43:36	+05:55	04:22
5	76	Ana Sofia Carvalho Chipelo	Associação Cultural Bunheirense	Senior Feminino	47:27	+09:46	04:45
6	230	Ana José Mendes Meireles	DCI/Trilhos Luso Bussaco	Senior Feminino	49:03	+11:22	04:54
7	77	Carina Gouveia	Associação Cultural Bunheirense	Senior Feminino	49:06	+11:24	04:55
8	238	Cátia Sofia	Elite 3700	Senior Feminino	49:08	+11:27	04:55
9	55	Mária Calmeiro	Arrifana Running	Senior Feminino	49:36	+11:55	04:58
10	357	Juliana Almeida	Grupo Desportivo e Cultural de Guilhovai	Senior Feminino	50:06	+12:24	05:01
11	456	Mariana Ferreira	Individual	Senior Feminino	51:31	+13:50	05:09
12	237	Catarina Vieira	Elite 3700	Senior Feminino	53:11	+15:30	05:19
13	464	Rute Rodrigues	Individual	Senior Feminino	53:39	+15:58	05:22

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14	239	Daniela Silva	Elite 3700	Senior Feminino	54:51	+17:10	05:29
15	859	Inês Correia	NIGHT RUNNERS FEIRA	Senior Feminino	54:58	+17:17	05:30
16	791	Marlene Correia	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Feminino	55:09	+17:28	05:31
17	414	Ana Oliveira	Individual	Senior Feminino	55:35	+17:54	05:33
18	30	Márcia Silva	ACDCDSMF OS Laranjinhas	Senior Feminino	56:04	+18:23	05:36
19	2509	Marilene Silva	Clube de atletismo HM Training grupo de sangalhos	Senior Feminino	56:07	+18:25	05:37
20	407	Alexandra Campos	Individual	Senior Feminino	56:35	+18:54	05:40
21	412	Ana Lopes	Individual	Senior Feminino	56:39	+18:57	05:40
22	345	Barbara Peralta	Golfinos	Senior Feminino	57:02	+19:21	05:42
23	473	Tatiana Duarte	Individual	Senior Feminino	57:10	+19:28	05:43
24	166	Vera Rodrigues	Clube Desportivo Feirense	Senior Feminino	57:24	+19:43	05:44
25	242	Sara Baptista	Elite 3700	Senior Feminino	58:07	+20:25	05:49
26	346	Joana Soares	Golfinos	Senior Feminino	58:15	+20:33	05:49
27	374	Cátia Daniela Pinho Rocha	HMC	Senior Feminino	58:28	+20:47	05:51
28	413	Ana Lucinha dias pereira	Individual	Senior Feminino	59:07	+21:25	05:55
29	435	Diana Fernandes	Individual	Senior Feminino	59:27	+21:46	05:57
30	471	Tânia Soares Soares	Individual	Senior Feminino	59:27	+21:46	05:57
31	438	Filipa Margarida Rodrigues	Individual	Senior Feminino	59:29	+21:48	05:57
32	476	Vanessa Pires de Almeida	Individual	Senior Feminino	59:36	+21:54	05:58
33	432	Claudia Lima	Individual	Senior Feminino	59:45	+22:04	05:59
34	430	Cécile Pinto	Individual	Senior Feminino	59:59	+22:18	06:00
35	337	Patrícia Silva	Go Tour	Senior Feminino	01:00:25	+22:44	06:03
36	411	Ana Gomes	Individual	Senior Feminino	01:00:31	+22:50	06:03
37	454	Mariana Almeida	Individual	Senior Feminino	01:00:34	+22:53	06:03
38	468	Sónia Ribeiro	Individual	Senior Feminino	01:00:38	+22:56	06:04
39	434	Diana Faria	Individual	Senior Feminino	01:00:43	+23:01	06:04
40	449	Joana Silva Marques	Individual	Senior Feminino	01:00:44	+23:02	06:04
41	899	Cátia Pinto	Paguei para sofrer	Senior Feminino	01:00:50	+23:09	06:05
42	900	Eduarda Lopes	Paguei para sofrer	Senior Feminino	01:01:42	+24:01	06:10
43	375	Maria Sá	HMC	Senior Feminino	01:01:45	+24:03	06:10
44	973	Cátia Pinheiro	sorteio	Senior Feminino	01:02:06	+24:25	06:13
45	472	Tatiana Barroco	Individual	Senior Feminino	01:02:09	+24:28	06:13
46	440	Gabriela Ribeiro	Individual	Senior Feminino	01:02:25	+24:44	06:15
47	447	Joana Rebelo	Individual	Senior Feminino	01:02:34	+24:53	06:15
48	421	Bruna Ribeiro	Individual	Senior Feminino	01:02:35	+24:54	06:16
49	930	Rita Azevedo	Pupilos do Zé-Tó	Senior Feminino	01:02:36	+24:54	06:16
50	928	Inês Oliveira	Pupilos do Zé-Tó	Senior Feminino	01:02:36	+24:55	06:16
51	417	Ana Tavares	Individual	Senior Feminino	01:02:37	+24:56	06:16
52	415	Ana Pinto	Individual	Senior Feminino	01:02:55	+25:14	06:18
53	420	Beatriz Magalhães Temporão	Individual	Senior Feminino	01:03:02	+25:20	06:18
54	463	Rosa Pereira	Individual	Senior Feminino	01:03:02	+25:21	06:18
55	54	Joana Silva	Arrifana Running	Senior Feminino	01:03:05	+25:23	06:18
56	477	Vera Mónica Nogueira Almeida	Individual	Senior Feminino	01:03:30	+25:49	06:21
57	423	Carla Nunes	Individual	Senior Feminino	01:03:35	+25:54	06:22

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58	451	Manuela Fernandes	Individual	Senior Feminino	01:03:45	+26:04	06:22
59	428	Catarina Marabuto	Individual	Senior Feminino	01:03:45	+26:04	06:22
60	426	Catarina Borges	Individual	Senior Feminino	01:03:45	+26:04	06:23
61	474	Telma Gomes	Individual	Senior Feminino	01:03:46	+26:05	06:23
62	789	Joana Fonseca	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Feminino	01:03:47	+26:06	06:23
63	406	Adriana Pereira Gouveia	Individual	Senior Feminino	01:03:55	+26:13	06:23
64	202	cristina oliveira	Controlauto Santa Maria da Feira	Senior Feminino	01:03:55	+26:14	06:24
65	203	gabriela patrocinio	Controlauto Santa Maria da Feira	Senior Feminino	01:03:55	+26:14	06:24
66	439	Filipa Monteiro	Individual	Senior Feminino	01:04:27	+26:45	06:27
67	898	Anita costa	Paguei para sofrer	Senior Feminino	01:04:40	+26:59	06:28
68	860	Isabel Ribeiro	NIGHT RUNNERS FEIRA	Senior Feminino	01:05:11	+27:29	06:31
69	929	Olivia Pacheco	Pupilos do Zé-Tó	Senior Feminino	01:05:17	+27:36	06:32
70	465	Samaritana Patrícia Dias Pereira	Individual	Senior Feminino	01:05:27	+27:46	06:33
71	204	Liliana Tavares	Controlauto Santa Maria da Feira	Senior Feminino	01:05:33	+27:52	06:33
72	310	Ana Guilherme Amaral	Furadourotrail	Senior Feminino	01:05:35	+27:54	06:34
73	784	Carolina Rodrigues	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Feminino	01:05:41	+27:59	06:34
74	446	Joana Oliveira	Individual	Senior Feminino	01:05:42	+28:01	06:34
75	466	Sara Lia Castro	Individual	Senior Feminino	01:05:43	+28:01	06:34
76	792	Teresa Capelo	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Feminino	01:05:50	+28:08	06:35
77	56	Mariana Soares	Arrifana Running	Senior Feminino	01:05:51	+28:10	06:35
78	787	Isabel Maria Santos	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Feminino	01:05:56	+28:15	06:36
79	120	Catarina Silva	Carlos e as Bananas	Senior Feminino	01:05:56	+28:15	06:36
80	882	Isabel Lopes	Os " tá-lentos"	Senior Feminino	01:06:01	+28:19	06:36
81	926	Cátia Ferreira	Pupilos do Zé-Tó	Senior Feminino	01:06:40	+28:58	06:40
82	937	Paula Vieira	Reclamações	Senior Feminino	01:06:45	+29:03	06:40
83	240	Filipa Morais Ferreira	Elite 3700	Senior Feminino	01:07:17	+29:36	06:44
84	448	JOANA REIS	Individual	Senior Feminino	01:07:44	+30:03	06:46
85	876	Beatriz Barranquinho	O último vai a pé	Senior Feminino	01:08:00	+30:19	06:48
86	462	Priscila Brandão	Individual	Senior Feminino	01:08:13	+30:32	06:49
87	459	Marisa Azevedo	Individual	Senior Feminino	01:08:15	+30:34	06:50
88	470	Tânia Almeida	Individual	Senior Feminino	01:08:22	+30:40	06:50
89	469	Tânia Almeida	Individual	Senior Feminino	01:08:37	+30:56	06:52
90	255	Beatriz Abreu	Escola EB Fernando Pessoa	Senior Feminino	01:08:39	+30:58	06:52
91	384	Tânia Frutuosa	HomeGym	Senior Feminino	01:08:59	+31:17	06:54
92	383	Ana Pereira	HomeGym	Senior Feminino	01:08:59	+31:18	06:54
93	779	Vera santos	Javalistaberneiros	Senior Feminino	01:09:24	+31:43	06:56
94	927	Diana Marques	Pupilos do Zé-Tó	Senior Feminino	01:09:26	+31:44	06:57
95	460	Marli Conceição	Individual	Senior Feminino	01:09:26	+31:45	06:57
96	431	Claudia Figueiredo	Individual	Senior Feminino	01:09:54	+32:13	06:59
97	922	Inês Marques	Primeiro Corremos, Depois Bebemos	Senior Feminino	01:10:04	+32:23	07:00

98	433	Débora Costa	Individual	Senior Feminino	01:10:05	+32:24	07:01
99	452	Mara Seca	Individual	Senior Feminino	01:10:06	+32:24	07:01
100	455	Mariana Campos	Individual	Senior Feminino	01:10:06	+32:24	07:01
101	457	Marin Martinez Conesa	Individual	Senior Feminino	01:10:10	+32:28	07:01
102	336	Inês Pereira	Go Tour	Senior Feminino	01:10:20	+32:39	07:02
103	241	Sandra Costa	Elite 3700	Senior Feminino	01:10:40	+32:58	07:04
104	429	Catarina Pinho	Individual	Senior Feminino	01:11:23	+33:42	07:08
105	972	Beatriz Mendes	sorteio	Senior Feminino	01:11:48	+34:07	07:11
106	444	Jheniffer Silva	Individual	Senior Feminino	01:11:54	+34:13	07:11
107	994	Susana Martins	Trio Run Plus	Senior Feminino	01:12:04	+34:23	07:12
108	436	Diana Silva	Individual	Senior Feminino	01:12:27	+34:45	07:15
109	425	Catarina Arede	Individual	Senior Feminino	01:12:27	+34:46	07:15
110	424	Catarina Almeida	Individual	Senior Feminino	01:12:37	+34:55	07:16
111	891	Catarina Silva	Os Mafagafinho ho ho	Senior Feminino	01:12:38	+34:56	07:16
112	890	Ana Silva	Os Mafagafinho ho ho	Senior Feminino	01:12:38	+34:57	07:16
113	437	Eva Denise da Silva e Santos Sousa	Individual	Senior Feminino	01:13:55	+36:14	07:24
114	419	Beatriz Azevedo	Individual	Senior Feminino	01:13:56	+36:15	07:24
115	369	Arminda Cristina Lopes Soares Fantasca	Grupo SN	Senior Feminino	01:14:39	+36:57	07:28
116	999	Joana Rita Oliveira Aguiar	UDS TEAM	Senior Feminino	01:14:59	+37:17	07:30
117	957	MARIA DIAS	SACORK	Senior Feminino	01:15:26	+37:44	07:33
118	405	Ana Sofia Rodrigues Martins	Individual	Senior Feminino	01:15:52	+38:11	07:35
119	830	Filipa Graça	Junta de Freguesia de São João de Vêr	Senior Feminino	01:16:02	+38:21	07:36
120	441	Inês Pereira	Individual	Senior Feminino	01:18:59	+41:18	07:54

Senior Masculino

1	1002	Artur Silva	Vizela Correr	Senior Masculino	31:39		03:10
2	2514	Nuno Costa	Vizela Correr	Senior Masculino	32:40	+01:01	03:16
3	358	Diogo Xavier Sousa Fontes	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	32:46	+01:07	03:17
4	160	João Alegria	Clube de Campismo	Senior Masculino	33:31	+01:51	03:21
5	145	JOÃO AMARO	CLUBE ATLETISMO DE OVAR	Senior Masculino	33:43	+02:04	03:22
6	524	Mário Ibarra	Individual	Senior Masculino	33:56	+02:16	03:24
7	146	SERGIO PAIVA	CLUBE ATLETISMO DE OVAR	Senior Masculino	33:58	+02:19	03:24
8	832	Fábio Rodrigues	JUVENTUDE ILHA VERDE	Senior Masculino	34:50	+03:11	03:29
9	144	CELSO LEITE	CLUBE ATLETISMO DE OVAR	Senior Masculino	35:19	+03:39	03:32
10	573	Valter Laranjeira	Individual	Senior Masculino	35:42	+04:03	03:34
11	359	Jorge Cubal	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	36:03	+04:24	03:36
12	245	Diogo Rouxinol	Elite 3700	Senior Masculino	37:41	+06:01	03:46
13	846	Luís Gomes	McDonald's	Senior Masculino	39:02	+07:22	03:54
14	953	Miguel Gonçalves	Runners do Demo	Senior Masculino	39:31	+07:52	03:57
15	163	João Pereira	Clube de Futebol União de Lamas	Senior Masculino	40:25	+08:46	04:03
16	78	Domingos Vieira	Associação Cultural Bunheirense	Senior Masculino	40:32	+08:53	04:03
17	556	Rui Lopes Silva	Individual	Senior Masculino	40:33	+08:54	04:03

18	162	Cristiano Cardoso	Clube de Futebol União de Lamas	Senior Masculino	40:48	+09:09	04:05
19	243	André Machado	Elite 3700	Senior Masculino	41:08	+09:28	04:07
20	347	Ricardo Mendonça	Golfinos	Senior Masculino	41:55	+10:16	04:11
21	518	João azeveod	Individual	Senior Masculino	41:57	+10:18	04:12
22	512	Francisco Xavier	CDFEIRENSE	Senior Masculino	41:57	+10:18	04:12
23	833	André Cruz	L&R	Senior Masculino	42:24	+10:45	04:14
24	318	João Oliveira	Gansos	Senior Masculino	42:28	+10:49	04:15
25	257	António Oliveira	Escola EB Fernando Pessoa	Senior Masculino	42:43	+11:04	04:16
26	526	Miguel Pereira	Individual	Senior Masculino	42:51	+11:12	04:17
27	910	João twveres	Pés no Asfalto	Senior Masculino	43:02	+11:22	04:18
28	479	Abel Fernandes	Individual	Senior Masculino	44:04	+12:24	04:24
29	552	Roberto Bastos	Individual	Senior Masculino	44:12	+12:33	04:25
30	534	Pedro Catarino	Individual	Senior Masculino	44:19	+12:40	04:26
31	841	Luís Silva	Lusitania de Lourosa FC- Secção de Atletismo	Senior Masculino	44:32	+12:53	04:27
32	562	Tiago Cunha	Individual	Senior Masculino	44:33	+12:54	04:27
33	538	Pedro Neto	Individual	Senior Masculino	44:44	+13:05	04:28
34	545	Ricardo Coelho	Individual	Senior Masculino	45:02	+13:22	04:30
35	862	Diogo Correia	NIGHT RUNNERS FEIRA	Senior Masculino	45:03	+13:24	04:30
36	492	Cristiano Silva	Individual	Senior Masculino	45:13	+13:34	04:31
37	491	Claudio Ferreira	Individual	Senior Masculino	45:13	+13:34	04:31
38	57	Roberto Santos	Arrifana Running	Senior Masculino	45:19	+13:39	04:32
39	861	Adam Lunn	NIGHT RUNNERS FEIRA	Senior Masculino	45:31	+13:52	04:33
40	322	Carlos Osorio	GDC CASTELO DE PAIVA	Senior Masculino	45:47	+14:08	04:35
41	236	Jorge Correia	Duelod'Ocasião	Senior Masculino	45:51	+14:11	04:35
42	188	Roan Ribeiro	Controlauto de Guisande	Senior Masculino	46:02	+14:22	04:36
43	256	Alexandre Santos	Escola EB Fernando Pessoa	Senior Masculino	46:05	+14:26	04:37
44	558	Samuel dias coelho	Individual	Senior Masculino	46:16	+14:37	04:38
45	507	Fábio Castro	Individual	Senior Masculino	46:17	+14:38	04:38
46	508	Fabrício Marques	Individual	Senior Masculino	46:23	+14:44	04:38
47	520	José Batista	Individual	Senior Masculino	46:24	+14:44	04:38
48	879	Paulo Miranda	O último vai a pé	Senior Masculino	46:27	+14:48	04:39
49	863	Tiago Coelho	NIGHT RUNNERS FEIRA	Senior Masculino	46:42	+15:03	04:40
50	339	António Ferreira	Go Tour	Senior Masculino	46:55	+15:16	04:41
51	478	Miguel Almeida	Individual	Senior Masculino	46:58	+15:19	04:42
52	183	Daniel Santos	Controlauto de Guisande	Senior Masculino	47:04	+15:25	04:42
53	235	Daniel Silva	Duelod'Ocasião	Senior Masculino	47:06	+15:26	04:43
54	908	José Manuel Félix Silva	Pernetas	Senior Masculino	47:09	+15:30	04:43
55	348	Rui Oliveira	Golfinos	Senior Masculino	47:19	+15:40	04:44
56	535	Pedro Da Silva Oliveira	Individual	Senior Masculino	47:42	+16:03	04:46
57	536	Pedro Miguel Carneiro	Individual	Senior Masculino	47:43	+16:04	04:46
58	504	Eduardo Rodrigues	Individual	Senior Masculino	47:46	+16:06	04:47
59	481	Alexandre Ferreira	Individual	Senior Masculino	47:49	+16:09	04:47
60	293	Pedro Andrade	Familia Andrade	Senior Masculino	47:51	+16:12	04:47
61	578	Yann Lopes	Individual	Senior Masculino	47:53	+16:14	04:47
62	2512	Valter Martins	Individual	Senior Masculino	47:56	+16:16	04:48
63	485	André Ferreira	Individual	Senior Masculino	48:03	+16:24	04:48

64	482	Alexandre Ferreira	Individual	Senior Masculino	48:04	+16:25	04:48
65	567	Tiago Ramos	Individual	Senior Masculino	48:11	+16:32	04:49
66	340	Jorge Almeida	Go Tour	Senior Masculino	48:17	+16:37	04:50
67	549	Ricardo Ribeiro	Individual	Senior Masculino	48:31	+16:52	04:51
68	281	Pedro Benfeito	Escombreiros & Marteleiros	Senior Masculino	48:35	+16:56	04:51
69	572	Tomás Maia	Individual	Senior Masculino	48:47	+17:08	04:53
70	319	Diogo Nobre	GD Estaleiros Navais de Viana do Castelo	Senior Masculino	49:00	+17:21	04:54
71	577	Wilson Miguel Bastos Pinho	Individual	Senior Masculino	49:10	+17:31	04:55
72	225	Filipe Pereira	CORVOS RUNNING BY S.V.P	Senior Masculino	49:20	+17:41	04:56
73	493	Daniel Moreira	Individual	Senior Masculino	49:21	+17:42	04:56
74	539	Pedro Oliveira	Individual	Senior Masculino	49:23	+17:44	04:56
75	563	Tiago F. Reis	Individual	Senior Masculino	49:29	+17:50	04:57
76	878	Luís Costa	O último vai a pé	Senior Masculino	49:30	+17:51	04:57
77	514	Helder Rodrigues	Individual	Senior Masculino	49:38	+17:59	04:58
78	541	PEDRO TAVARES	Individual	Senior Masculino	49:51	+18:11	04:59
79	880	Tiago Lopes	O último vai a pé	Senior Masculino	50:10	+18:31	05:01
80	554	Rúben Alves	Individual	Senior Masculino	50:11	+18:32	05:01
81	521	José Nuno Gonçalves Cunha	Individual	Senior Masculino	50:24	+18:45	05:02
82	490	Carlos Resende	Individual	Senior Masculino	50:27	+18:48	05:03
83	483	Allan Pinto	Individual	Senior Masculino	50:27	+18:48	05:03
84	570	Tiago Soares	Individual	Senior Masculino	50:31	+18:52	05:03
85	932	Rui Silva	Pupilos do Zé-Tó	Senior Masculino	50:48	+19:09	05:05
86	207	Diogo castro	Controlauto Santa Maria da Feira	Senior Masculino	50:49	+19:09	05:05
87	377	Vítor Hugo Gomes Ferreira	HMC	Senior Masculino	51:07	+19:28	05:07
88	2011	Edgar Cardoso	Individual	Senior Masculino	51:08	+19:29	05:07
89	500	Diogo Monteiro	Individual	Senior Masculino	51:19	+19:40	05:08
90	557	Rui Reis	Individual	Senior Masculino	51:20	+19:40	05:08
91	555	Rui Costa	Individual	Senior Masculino	51:31	+19:51	05:09
92	246	Pedro Nunes	Elite 3700	Senior Masculino	51:34	+19:54	05:09
93	959	TIAGO SILVA	SACORK	Senior Masculino	51:44	+20:05	05:10
94	893	Sérgio Ferreira	Os Manos 07	Senior Masculino	51:52	+20:13	05:11
95	165	Fabio Barbosa	Clube Desportivo Espite	Senior Masculino	51:53	+20:13	05:11
96	501	Diogo Oliveira	Individual	Senior Masculino	52:14	+20:35	05:13
97	553	Rodolfo Castro	Individual	Senior Masculino	52:19	+20:40	05:14
98	793	Fábio Lourenço	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Masculino	52:32	+20:53	05:15
99	484	andre dias	Individual	Senior Masculino	52:39	+21:00	05:16
100	955	Filipe Santos	sabiUs	Senior Masculino	52:42	+21:03	05:16
101	798	Tiago Sousa	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Masculino	52:59	+21:20	05:18
102	835	Rafael Ferreira	L&R	Senior Masculino	53:25	+21:46	05:21
103	542	Pedro Tiago Correia Valente	Individual	Senior Masculino	53:29	+21:50	05:21
104	496	David Pereira	Individual	Senior Masculino	53:34	+21:55	05:21
105	525	Mário Jorge Alves da Silva	Individual	Senior Masculino	53:39	+21:59	05:22

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OFFICIAL RESULT

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106	796	Pedro Gonçalves	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Masculino	53:41	+22:01	05:22
107	528	Miguel Silva Pinto Duro	Individual	Senior Masculino	53:41	+22:02	05:22
108	517	João Augusto Gomes	Individual	Senior Masculino	53:48	+22:09	05:23
109	561	Sandro Pais	Individual	Senior Masculino	53:56	+22:17	05:24
110	324	Américo Lopes	GDSPO	Senior Masculino	54:02	+22:23	05:24
111	510	Flàvio Ricardo De Pinho Nunes	Individual	Senior Masculino	54:51	+23:12	05:29
112	516	João Almeida	Individual	Senior Masculino	55:04	+23:25	05:30
113	995	Diogo Silva	Trio Run Plus	Senior Masculino	55:22	+23:43	05:32
114	506	Erivaldo Oliveira	Individual	Senior Masculino	55:26	+23:47	05:33
115	565	Tiago Mota	Individual	Senior Masculino	55:30	+23:51	05:33
116	2012	Roberto Duarte	Individual	Senior Masculino	55:37	+23:58	05:34
117	487	André Filipe Oliveira Ferreira	Individual	Senior Masculino	55:41	+24:02	05:34
118	834	Pedro Santos	L&R	Senior Masculino	55:44	+24:05	05:34
119	924	João Faria	Primeiro Corremos, Depois Bebemos	Senior Masculino	55:50	+24:10	05:35
120	280	João Santos	Escombreiros & Marteleiros	Senior Masculino	55:54	+24:15	05:35
121	529	Nuno Silva	Individual	Senior Masculino	56:03	+24:23	05:36
122	546	Ricardo Ferreira	Individual	Senior Masculino	56:04	+24:25	05:36
123	489	Baptiste Ganne	Individual	Senior Masculino	56:12	+24:33	05:37
124	186	Paulo Pinho	Controlauto de Guisande	Senior Masculino	56:14	+24:35	05:37
125	523	Marcelo Correia	Individual	Senior Masculino	56:22	+24:43	05:38
126	2505	Luís Sousa	Papa KMS	Senior Masculino	56:35	+24:55	05:39
127	974	Fabio Bastos	sorteio	Senior Masculino	56:50	+25:11	05:41
128	480	Alberto Alves	Individual	Senior Masculino	56:54	+25:15	05:41
129	349	MARCO PEREIRA	GOOD FITNESS	Senior Masculino	56:58	+25:19	05:42
130	531	Paulo Gonçalves	Individual	Senior Masculino	57:03	+25:24	05:42
131	575	Vitor Oliveira	Individual	Senior Masculino	57:10	+25:30	05:43
132	513	Guilherme Henrique Vieira Ferreira	Individual	Senior Masculino	57:24	+25:44	05:44
133	522	Luís Carlos Pereira Pinto	Individual	Senior Masculino	57:28	+25:49	05:45
134	569	Tiago Santos	Individual	Senior Masculino	57:31	+25:52	05:45
135	341	Simão Pereira	Go Tour	Senior Masculino	57:46	+26:07	05:47
136	544	RENATO GUIMARAES	Individual	Senior Masculino	58:14	+26:35	05:49
137	137	Joel Soares	CIRES RUNNING TEAM	Senior Masculino	58:15	+26:36	05:50
138	282	Pedro Nogueira	Escombreiros & Marteleiros	Senior Masculino	58:18	+26:39	05:50
139	311	Tiago Pereira Andrade	Furadourotrail	Senior Masculino	58:39	+26:59	05:52
140	167	Frederico Santos	Clube Desportivo Feirense	Senior Masculino	59:09	+27:30	05:55
141	495	David Pereira	Individual	Senior Masculino	59:14	+27:34	05:55
142	551	Ricardo Soares	Individual	Senior Masculino	59:59	+28:20	06:00
143	532	Paulo Jorge Gomes Ferreira	Individual	Senior Masculino	01:00:05	+28:26	06:01
144	206	bruno alves	Controlauto Santa Maria da Feira	Senior Masculino	01:00:09	+28:30	06:01
145	187	Ricardo Assunção	Controlauto de Guisande	Senior Masculino	01:00:26	+28:47	06:03
146	571	Tomás Ferraz	Individual	Senior Masculino	01:00:31	+28:52	06:03
147	258	Mike Santos	Escola EB Fernando Pessoa	Senior Masculino	01:00:34	+28:55	06:03
148	498	Diogo Gonçalves	Individual	Senior Masculino	01:00:44	+29:04	06:04
149	226	Marco Nunes	CORVOS RUNNING BY S.V.P	Senior Masculino	01:00:50	+29:11	06:05

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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150	371	Hugo Miguel Folgado Valente	H & S	Senior Masculino	01:00:52	+29:13	06:05
151	398	Rui Resende	IEM Endurance Team	Senior Masculino	01:01:10	+29:31	06:07
152	397	António Marques	IEM Endurance Team	Senior Masculino	01:01:11	+29:31	06:07
153	976	Luis Pereira	sorteio	Senior Masculino	01:01:27	+29:48	06:09
154	923	Francisco Pinto	Primeiro Corremos, Depois Bebemos	Senior Masculino	01:01:35	+29:56	06:10
155	901	Leonardo Silva	Paguei para sofrer	Senior Masculino	01:01:42	+30:03	06:10
156	537	Pedro Monteiro	Individual	Senior Masculino	01:02:10	+30:30	06:13
157	574	Vitor Campos	Individual	Senior Masculino	01:02:20	+30:40	06:14
158	511	Francisco Ribeiro	Individual	Senior Masculino	01:02:50	+31:11	06:17
159	533	Pedro Aleixo	Individual	Senior Masculino	01:02:51	+31:12	06:17
160	831	Mario fonseca	Juventude Cortegacense	Senior Masculino	01:02:56	+31:16	06:18
161	519	João Santos	Individual	Senior Masculino	01:02:59	+31:19	06:18
162	548	Ricardo Mota	Individual	Senior Masculino	01:03:01	+31:22	06:18
163	509	Filipe Leite	Individual	Senior Masculino	01:03:02	+31:23	06:18
164	499	Diogo Menezes	Individual	Senior Masculino	01:03:34	+31:55	06:21
165	486	André Filipe	Individual	Senior Masculino	01:04:51	+33:11	06:29
166	505	Emanuel Ribeiro	Individual	Senior Masculino	01:05:23	+33:44	06:32
167	208	Gerson ragel	Controlauto Santa Maria da Feira	Senior Masculino	01:05:33	+33:53	06:33
168	797	Rafael Sousa	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Senior Masculino	01:05:41	+34:02	06:34
169	123	Miguel Santos	Carlos e as Bananas	Senior Masculino	01:05:55	+34:16	06:36
170	122	Luís Henriques	Carlos e as Bananas	Senior Masculino	01:05:56	+34:17	06:36
171	121	Carlos Almeida	Carlos e as Bananas	Senior Masculino	01:05:56	+34:17	06:36
172	124	Tiago Rodrigues	Carlos e as Bananas	Senior Masculino	01:05:56	+34:17	06:36
173	132	Nélson Tavares	Centro Municipal de Marcha Corrida Vale de Cambra	Senior Masculino	01:05:57	+34:18	06:36
174	853	Pedro Filipe	Murprotec Portugal	Senior Masculino	01:06:20	+34:41	06:38
175	338	Adalberto Júnior	Go Tour	Senior Masculino	01:06:27	+34:48	06:39
176	248	Vasco Costa	Elite 3700	Senior Masculino	01:06:56	+35:17	06:42
177	559	Samuel Oliveira	Individual	Senior Masculino	01:07:43	+36:04	06:46
178	540	Pedro Pereira	Individual	Senior Masculino	01:08:11	+36:32	06:49
179	388	Vitor Godinho	HomeGym	Senior Masculino	01:08:58	+37:19	06:54
180	385	Bruno Resende	HomeGym	Senior Masculino	01:08:59	+37:20	06:54
181	386	José Reis	HomeGym	Senior Masculino	01:09:00	+37:20	06:54
182	387	Mauro Andrade	HomeGym	Senior Masculino	01:09:00	+37:21	06:54
183	931	Bruno Andrade	Pupilos do Zé-Tó	Senior Masculino	01:09:26	+37:46	06:57
184	543	Rafael Silva	Individual	Senior Masculino	01:09:33	+37:54	06:57
185	279	Eduardo Maia	Escombreiros & Marteleiros	Senior Masculino	01:10:15	+38:36	07:02
186	568	Tiago Roque	Individual	Senior Masculino	01:10:21	+38:42	07:02
187	244	Bruno Correia	Elite 3700	Senior Masculino	01:10:40	+39:00	07:04
188	497	Diogo Canha Ferreira	Individual	Senior Masculino	01:11:54	+40:15	07:11
189	892	Francisco Xavier	Os Mafagafinho ho ho	Senior Masculino	01:12:39	+41:00	07:16
190	58	Thiago Magalhaes	Arrifana Running	Senior Masculino	01:12:45	+41:05	07:16
191	502	Diogo Silva	Individual	Senior Masculino	01:12:52	+41:13	07:17

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Sub 23 Feminino

1	46	Lara costa	ARADA ATLÉTICO CLUBE	Sub 23 Feminino	41:01		04:06
2	249	Renata Veiros	Elite 3700	Sub 23 Feminino	44:22	+03:21	04:26
3	812	Beatriz Claro	JOBRA- Associação Jovens da Branca	Sub 23 Feminino	45:37	+04:36	04:34
4	582	Catarina Fernandes	Individual	Sub 23 Feminino	48:47	+07:46	04:53
5	581	Carolina Cruzeiro da Silva Lanca	Individual	Sub 23 Feminino	56:07	+15:06	05:37
6	580	Blanche Leloup	Individual	Sub 23 Feminino	56:12	+15:11	05:37
7	586	Leonor Pepe	Individual	Sub 23 Feminino	57:34	+16:33	05:45
8	583	Catia Sofia	Individual	Sub 23 Feminino	01:03:05	+22:04	06:18
9	977	Bruna Pinho	sorteio	Sub 23 Feminino	01:07:51	+26:50	06:47
10	325	Teresa Azevedo	GDSPO	Sub 23 Feminino	01:11:23	+30:22	07:08
11	585	Katia Dos Santos Ribeiro Silva	Individual	Sub 23 Feminino	01:12:52	+31:51	07:17
12	838	Inês Neves Rocha	Lourosa em Movimento	Sub 23 Feminino	01:15:38	+34:37	07:34
13	587	Margarida Fernandes	Individual	Sub 23 Feminino	01:16:32	+35:31	07:39

Sub 23 Masculino

1	116	Rui Ferreira	C. D. São Salvador do Campo	Sub 23 Masculino	33:43		03:22
2	356	Emanuel Tojal	Grupo Desportivo 3 Santos Populares	Sub 23 Masculino	33:46	+00:02	03:23
3	129	Ricardo Alves	CDFEIRENSE	Sub 23 Masculino	34:46	+01:02	03:29
4	360	LEANDRO MANUEL MARQUES PEREIRA	Grupo Desportivo e Cultural de Guilhovai	Sub 23 Masculino	35:33	+01:49	03:33
5	597	João Henrique Mendes	Individual	Sub 23 Masculino	35:42	+01:58	03:34
6	591	Diogo Oliveira	Individual	Sub 23 Masculino	40:08	+06:25	04:01
7	601	Pedro Brandão	Individual	Sub 23 Masculino	42:15	+08:31	04:14
8	168	Gonçalo Tavares	Clube Desportivo Feirense	Sub 23 Masculino	43:01	+09:17	04:18
9	599	Miguel Rocha	Individual	Sub 23 Masculino	44:07	+10:24	04:25
10	590	David Ferreira	Individual	Sub 23 Masculino	45:26	+11:42	04:33
11	600	Nuno Santiago Oliveira	Arrifana Running	Sub 23 Masculino	45:57	+12:14	04:36
12	7	Tomás Andrade Soares	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Sub 23 Masculino	47:33	+13:49	04:45
13	598	Leonardo Santos	Individual	Sub 23 Masculino	48:35	+14:51	04:52
14	592	Diogo Silva	Individual	Sub 23 Masculino	49:12	+15:28	04:55
15	602	Rafael Martins	Individual	Sub 23 Masculino	50:56	+17:12	05:06
16	595	Gonçalo Morais	Individual	Sub 23 Masculino	51:41	+17:57	05:10
17	589	Bruno Oliveira	Individual	Sub 23 Masculino	52:44	+19:00	05:16
18	596	Henrique Sousa	Individual	Sub 23 Masculino	53:26	+19:43	05:21
19	594	Gabriel costa	Individual	Sub 23 Masculino	55:14	+21:30	05:31
20	911	Daniel Carvalho	Pés no Asfalto	Sub 23 Masculino	55:16	+21:32	05:32
21	593	Francisco Miguel Vieira Ferreira	Individual	Sub 23 Masculino	57:25	+23:42	05:45
22	139	Hugo Sousa	CIRES RUNNING TEAM	Sub 23 Masculino	01:07:52	+34:08	06:47
23	588	Andre Dias	Individual	Sub 23 Masculino	01:08:37	+34:53	06:52

Veterana F40

1	361	SANDRA CRISTINA DE OLIVEIRA FERREIRA	Grupo Desportivo e Cultural de Guilhovai	Veterana F40	38:49		03:53
2	148	LIGIA SANTOS	CLUBE ATLETISMO DE OVAR	Veterana F40	41:19	+02:30	04:08
3	147	FLORBELA ARAUJO	CLUBE ATLETISMO DE OVAR	Veterana F40	42:32	+03:43	04:15
4	799	Cristiana Lopes	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterana F40	43:10	+04:21	04:19
5	627	Raquel Andrade	Individual	Veterana F40	46:31	+07:42	04:39
6	232	LILIANA MARTINHO	DCI/Trilhos Luso Bussaco	Veterana F40	46:47	+07:58	04:41
7	814	Esmeralda Soares	JOBRA- Associação Jovens da Branca	Veterana F40	47:18	+08:28	04:44
8	619	Isabel Sousa	Individual	Veterana F40	48:41	+09:52	04:52
9	189	Sónia Almeida	Controlauto de Guisande	Veterana F40	49:02	+10:13	04:54
10	822	Cris Pinto	JUF ACC	Veterana F40	49:18	+10:28	04:56
11	629	Rute Pinto	Individual	Veterana F40	49:27	+10:38	04:57
12	813	Arlete Santos	JOBRA- Associação Jovens da Branca	Veterana F40	49:53	+11:03	04:59
13	92	Sónia Gama	Bora Treinar Running Club	Veterana F40	50:18	+11:29	05:02
14	616	Elisabete Coutinho Gonçalves	Individual	Veterana F40	50:26	+11:36	05:03
15	620	Ivone Matos	Individual	Veterana F40	50:37	+11:48	05:04
16	231	CARLA HENRIQUES	DCI/Trilhos Luso Bussaco	Veterana F40	50:42	+11:53	05:04
17	888	Daniela Sá	Os Fogo no Cu	Veterana F40	51:14	+12:25	05:07
18	866	Vera Fernandes	NIGHT RUNNERS FEIRA	Veterana F40	52:10	+13:20	05:13
19	621	Liliana Reis	Individual	Veterana F40	52:41	+13:52	05:16
20	635	Sónia Ramos	Individual	Veterana F40	52:54	+14:04	05:17
21	634	Sofia Almeida	Individual	Veterana F40	53:25	+14:36	05:21
22	612	Cristina Gomes	Individual	Veterana F40	54:04	+15:15	05:24
23	262	Márcia Campos	Escola EB Fernando Pessoa	Veterana F40	54:12	+15:23	05:25
24	378	Cecília Freitas	HMC	Veterana F40	54:19	+15:29	05:26
25	780	Sandra Santos	Javalistaberneiros	Veterana F40	54:23	+15:34	05:26
26	630	Sandra Antunes	Individual	Veterana F40	54:38	+15:49	05:28
27	865	Vânia Silva	NIGHT RUNNERS FEIRA	Veterana F40	54:43	+15:54	05:28
28	606	Andreia Silva	Individual	Veterana F40	54:51	+16:02	05:29
29	997	Diana Marques	Trio Run Plus	Veterana F40	55:22	+16:33	05:32
30	130	Sonia Beleza	CDFEIRENSE	Veterana F40	55:31	+16:41	05:33
31	614	Diana Sofia Ventura Andrade	Individual	Veterana F40	55:45	+16:56	05:35
32	100	Alice Silva	Brandoenses Running	Veterana F40	57:06	+18:17	05:43
33	611	Cristiana Moreira	Individual	Veterana F40	57:11	+18:22	05:43
34	304	Andreia Regal	Fiães S.C. Running	Veterana F40	57:17	+18:28	05:44
35	625	Marta Martins	Individual	Veterana F40	57:37	+18:47	05:46
36	264	Silvia Caetano	Escola EB Fernando Pessoa	Veterana F40	57:41	+18:51	05:46
37	996	Catarina Maia	Trio Run Plus	Veterana F40	57:48	+18:59	05:47
38	801	Rosa Rosário	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterana F40	58:08	+19:19	05:49
39	2503	Juliana Silva	Papa KMS	Veterana F40	58:15	+19:26	05:49

40	60	Cândida Dias	Arrifana Running	Veterana F40	58:44	+19:55	05:52
41	170	Liliana Costa	Clube Desportivo Feirense	Veterana F40	59:08	+20:19	05:55
42	864	Graça Melo Reis de Melo	NIGHT RUNNERS FEIRA	Veterana F40	59:10	+20:21	05:55
43	613	Diana Franco	Individual	Veterana F40	59:12	+20:22	05:55
44	633	Sara tavares	Individual	Veterana F40	59:46	+20:56	05:59
45	604	Ana cabral	Individual	Veterana F40	59:46	+20:57	05:59
46	803	Vera Moreira	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterana F40	59:48	+20:59	05:59
47	609	Cátia lopes	Individual	Veterana F40	01:00:36	+21:47	06:04
48	615	Elisa Manuela Martins Cunha	Individual	Veterana F40	01:00:46	+21:56	06:05
49	61	Goreti Almeida	Arrifana Running	Veterana F40	01:00:47	+21:57	06:05
50	624	Marlene enes	Individual	Veterana F40	01:01:11	+22:22	06:07
51	618	Gisela Avelar	Individual	Veterana F40	01:01:14	+22:25	06:07
52	626	Mónica Figueiredo	Individual	Veterana F40	01:01:58	+23:09	06:12
53	216	Xana Albergaria	Controlauto Santa Maria da Feira	Veterana F40	01:02:19	+23:30	06:14
54	28	Vera Conceição	ACDCDSMF OS Laranjinhas	Veterana F40	01:02:25	+23:36	06:15
55	261	Ana Rebelo	Escola EB Fernando Pessoa	Veterana F40	01:02:35	+23:45	06:15
56	943	Luzia de Fátima Ferreira Dias Soares	Run & Fun	Veterana F40	01:03:01	+24:12	06:18
57	637	Vânia Andrade	Individual	Veterana F40	01:03:24	+24:35	06:20
58	636	Sónia Santos	Individual	Veterana F40	01:03:35	+24:46	06:22
59	169	Isabel Pinho Brandão	Clube Desportivo Feirense	Veterana F40	01:03:43	+24:54	06:22
60	211	carla martins	Controlauto Santa Maria da Feira	Veterana F40	01:03:43	+24:54	06:22
61	171	Sandra Santos	Clube Desportivo Feirense	Veterana F40	01:03:44	+24:55	06:22
62	802	Vera Lopes	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterana F40	01:03:47	+24:58	06:23
63	622	Mafalda Sofia Bastos de Oliveira	Individual	Veterana F40	01:03:54	+25:05	06:23
64	372	Susana Cristina Oliveira Almeida	H & S	Veterana F40	01:04:54	+26:05	06:29
65	608	Catarina Prazeres	Individual	Veterana F40	01:05:01	+26:11	06:30
66	212	lucia ribeiro	Controlauto Santa Maria da Feira	Veterana F40	01:05:17	+26:27	06:32
67	312	Ana Andrade	Furadourotrail	Veterana F40	01:05:35	+26:46	06:34
68	607	Catarina Costa	Individual	Veterana F40	01:05:50	+27:00	06:35
69	978	Rita Pina	sorteio	Veterana F40	01:06:49	+28:00	06:41
70	213	marisa costa	Controlauto Santa Maria da Feira	Veterana F40	01:07:30	+28:41	06:45
71	214	sara costa	Controlauto Santa Maria da Feira	Veterana F40	01:07:30	+28:41	06:45
72	605	Ana Rita Mota	Individual	Veterana F40	01:07:44	+28:55	06:46
73	287	Alexandra Mangueija	Estrelas de Portugal	Veterana F40	01:08:22	+29:33	06:50
74	883	Goreti Silva	Os " tá-lentos"	Veterana F40	01:08:36	+29:47	06:52
75	389	Liliana Andrade	HomeGym	Veterana F40	01:08:58	+30:09	06:54
76	59	Aracelys tovar	Arrifana Running	Veterana F40	01:09:04	+30:15	06:54
77	638	Vitor Hugo Pais	Individual	Veterana F40	01:09:07	+30:18	06:55
78	979	Vania Cardoso	sorteio	Veterana F40	01:09:15	+30:26	06:56
79	989	Ana Diogo	SSCPN_26_Team_258763924836 1047581502	Veterana F40	01:09:16	+30:27	06:56
80	944	Paula Alexandra	Run & Fun	Veterana F40	01:11:17	+32:28	07:08
81	2510	Silvia Calvelhe	Individual	Veterana F40	01:12:42	+33:53	07:16
82	902	Andreia Santod	Paguei para sofrer	Veterana F40	01:13:37	+34:48	07:22

83	603	Alexandra pereira	Individual	Veterana F40	01:13:48	+34:59	07:23
84	617	Elodie Viana	Individual	Veterana F40	01:13:54	+35:05	07:23
85	631	Sandra Correia	Individual	Veterana F40	01:14:16	+35:27	07:26
86	370	Maria Manuela Figueiredo Adriano	Grupo SN	Veterana F40	01:14:39	+35:50	07:28
87	628	Rute Nadir	Individual	Veterana F40	01:14:53	+36:03	07:29
88	263	Raquel Ferreira	Escola EB Fernando Pessoa	Veterana F40	01:15:02	+36:13	07:30
89	141	Fabiana Fonseca	Clínica Medica dos Dezassete	Veterana F40	01:15:19	+36:30	07:32
90	140	Debora Fonseca	Clínica Medica dos Dezassete	Veterana F40	01:15:19	+36:30	07:32
91	610	Cláudia Pinto	Individual	Veterana F40	01:15:26	+36:37	07:33
92	210	CARINA FREITAS	Controlauto Santa Maria da Feira	Veterana F40	01:15:39	+36:50	07:34

Veterana F50

1	89	Carla Martinho	Beira Mar	Veterana F50	36:49		03:41
2	29	Teresa Paiva	ACDCDSMF OS Laranjinhas	Veterana F50	45:27	+08:37	04:33
3	986	Elisabete Nunes	Sport Comércio e Salgueiros	Veterana F50	45:43	+08:53	04:34
4	855	Regina Maria Gilvaz	NAC- Núcleo de Atletismo de Cucujães	Veterana F50	46:06	+09:17	04:37
5	868	Isabel Costa	NIGHT RUNNERS FEIRA	Veterana F50	46:39	+09:49	04:40
6	173	Mónica Oliveira	Clube Desportivo Feirense	Veterana F50	46:50	+10:01	04:41
7	777	MATILDE BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F50	47:12	+10:22	04:43
8	362	Clotilde Almeida Batista Costa Sousa santos	Grupo Desportivo e Cultural de Guilhovai	Veterana F50	48:05	+11:15	04:48
9	178	Vanda Ribeiro	Clube Grupo Recreativo Eirense	Veterana F50	48:39	+11:50	04:52
10	912	dulce bastos	Pés no Asfalto	Veterana F50	49:28	+12:39	04:57
11	650	Isabel santos	Individual	Veterana F50	49:31	+12:42	04:57
12	648	Helena Silva	Individual	Veterana F50	50:04	+13:15	05:00
13	80	Zenaide Alves	Associação desportiva de São Miguel	Veterana F50	50:50	+14:01	05:05
14	149	FATIMA ALEIXO	CLUBE ATLETISMO DE OVAR	Veterana F50	51:14	+14:25	05:07
15	651	Luciana Fidalgo	Individual	Veterana F50	52:19	+15:30	05:14
16	640	Ana Rodrigues	Individual	Veterana F50	52:25	+15:36	05:15
17	233	Carla Gonçalves	DCI/Trilhos Luso Bussaco	Veterana F50	52:30	+15:41	05:15
18	101	Perpetua Pereira	Brandoenses Running	Veterana F50	52:50	+16:00	05:17
19	645	Cristina coelho	Individual	Veterana F50	52:54	+16:05	05:17
20	840	Sandra Silva	Lusitânia de Lourosa	Veterana F50	53:25	+16:36	05:21
21	945	Céu Vilar	Run & Fun	Veterana F50	53:52	+17:03	05:23
22	913	Sandra Moreira	Pés no Asfalto	Veterana F50	54:08	+17:19	05:25
23	172	Isabel Sousa	Clube Desportivo Feirense	Veterana F50	55:53	+19:04	05:35
24	394	Ana Freitas	Hóquei Clube São Pedro do Sul	Veterana F50	56:12	+19:23	05:37
25	305	Cristina Fernandes	Fiães S.C. Running	Veterana F50	56:37	+19:48	05:40
26	647	Dalila Duarte	Individual	Veterana F50	57:50	+21:01	05:47
27	918	Bela Arrojado	PLAYGROUND	Veterana F50	59:04	+22:14	05:54
28	889	Carla Augusta Sá Pereira	Os Fogo no Cu	Veterana F50	59:05	+22:16	05:55
29	644	Carlota Joaquina	Individual	Veterana F50	59:14	+22:25	05:55
30	102	VICTÓRIA BERNARDES	Brandoenses Running	Veterana F50	59:18	+22:29	05:56

31	2506	Alda Cordeiro	Individual	Veterana F50	59:21	+22:32	05:56
32	980	Laurinda Oliveira	sorteio	Veterana F50	59:22	+22:33	05:56
33	962	SÓNIA COELHO	SACORK	Veterana F50	59:47	+22:58	05:59
34	867	Amélia Nunes	NIGHT RUNNERS FEIRA	Veterana F50	01:00:24	+23:35	06:02
35	657	Sónia Vieira	Individual	Veterana F50	01:00:39	+23:50	06:04
36	301	Marta rodrigues	Fariarunning	Veterana F50	01:00:45	+23:56	06:05
37	933	Maria dos anjos	Pupilos do Zé-Tó	Veterana F50	01:00:58	+24:09	06:06
38	658	Susana Silva	Individual	Veterana F50	01:00:59	+24:09	06:06
39	652	Maria Barbosa	Individual	Veterana F50	01:01:41	+24:52	06:10
40	903	Susana Costa	Paguei para sofrer	Veterana F50	01:01:44	+24:55	06:10
41	649	Isabel Gomes	Individual	Veterana F50	01:02:26	+25:37	06:15
42	641	Anabela Monteito	Individual	Veterana F50	01:03:31	+26:41	06:21
43	961	FERNANDA GONÇALVES	SACORK	Veterana F50	01:04:09	+27:20	06:25
44	993	Fátima Nunes	Trilhados - ACD Santiago	Veterana F50	01:04:56	+28:06	06:30
45	639	Ana Ribeiro	Individual	Veterana F50	01:05:50	+29:01	06:35
46	284	Cristina Oliveira	Estalagem	Veterana F50	01:06:56	+30:07	06:42
47	643	Carla Soutinho	Individual	Veterana F50	01:07:04	+30:15	06:42
48	655	Rosa Santos	Individual	Veterana F50	01:08:11	+31:22	06:49
49	653	Maria Peixoto	Individual	Veterana F50	01:08:30	+31:41	06:51
50	390	Almerinda Pereira	HomeGym	Veterana F50	01:08:59	+32:09	06:54
51	2508	Neusa Ramalho	Clube de atletismo HM Training grupo de sangalhos	Veterana F50	01:13:18	+36:29	07:20
52	659	Susana Soares	Individual	Veterana F50	01:14:47	+37:58	07:29
53	646	Cristina Figueiredo	Individual	Veterana F50	01:15:27	+38:38	07:33
54	217	raquel bastos	Controlauto Santa Maria da Feira	Veterana F50	01:16:50	+40:00	07:41
55	656	Sandra Gomes	Individual	Veterana F50	01:32:52	+56:03	09:17

Veterana F60

1	869	Irene Sá	NIGHT RUNNERS FEIRA	Veterana F60	47:18		04:44
2	870	Maria José	NIGHT RUNNERS FEIRA	Veterana F60	53:10	+05:51	05:19
3	661	Maria do Céu Sardoura Ferreira	Individual	Veterana F60	53:37	+06:18	05:22
4	158	Helena Mourão	Clube de atletismo HM Training grupo de sangalhos	Veterana F60	55:02	+07:43	05:30
5	660	MANUELA PINTO	Individual	Veterana F60	56:00	+08:41	05:36
6	968	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterana F60	57:00	+09:42	05:42
7	36	Fernanda Almeida	ACR Vale de Cambra	Veterana F60	57:26	+10:07	05:45
8	190	Fernanda Pinheiro	Controlauto de Guisande	Veterana F60	57:47	+10:28	05:47
9	884	Sueli Silva	Os " tá-lentos"	Veterana F60	01:07:33	+20:14	06:45
10	306	Maria Barbosa	Fiães S.C. Running	Veterana F60	01:08:09	+20:51	06:49
11	64	Georgina Ferreira	Arrifana Running	Veterana F60	01:12:03	+24:44	07:12
12	62	Mafalda Sousa	Arrifana Running	Veterana F60	01:12:03	+24:44	07:12
13	662	Teresa Bessa	Individual	Veterana F60	01:14:47	+27:28	07:29

Veterano M40

1	363	VÍTOR MANUEL DOS SANTOS OLIVEIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	31:37		03:10
2	364	Tozé Castro	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	34:38	+03:00	03:28
3	150	LUIS SILVA	CLUBE ATLETISMO DE OVAR	Veterano M40	35:22	+03:44	03:32
4	328	Ricardo Belinha	GDSPO	Veterano M40	35:45	+04:07	03:34
5	815	António Cristóvão	JOBRA- Associação Jovens da Branca	Veterano M40	36:28	+04:50	03:39
6	817	Ricardo oliveira	JOBRA- Associação Jovens da Branca	Veterano M40	36:28	+04:50	03:39
7	316	Hugo Silva	G.D.A Ronda	Veterano M40	36:44	+05:07	03:40
8	1000	Fabio Monteiro	Vale Correr	Veterano M40	37:27	+05:50	03:45
9	177	Andre Adriano	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	37:41	+06:04	03:46
10	806	Helder Costa	CDFEIRENSE	Veterano M40	38:10	+06:33	03:49
11	161	Nuno Albergaria	Clube de Campismo de sao Joao da Madeira	Veterano M40	38:21	+06:43	03:50
12	131	Gonçalo Bernardo	CDFEIRENSE	Veterano M40	38:40	+07:03	03:52
13	209	André Melo	G.D.A Ronda	Veterano M40	38:44	+07:07	03:52
14	31	Filipe Silva	ACDCDSMF OS Laranjinhas	Veterano M40	39:02	+07:24	03:54
15	681	Filipe Marques	Individual	Veterano M40	40:17	+08:40	04:02
16	327	Manuel Silva	GDSPO	Veterano M40	41:17	+09:39	04:08
17	151	MARCO SILVA	CLUBE ATLETISMO DE OVAR	Veterano M40	41:55	+10:18	04:12
18	907	Manuel fidalgo	Passo Firme	Veterano M40	41:58	+10:21	04:12
19	108	Paulo Oliveira	Brandoenses Running	Veterano M40	42:22	+10:45	04:14
20	969	José Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M40	42:32	+10:54	04:15
21	380	João Sá	HMC	Veterano M40	42:40	+11:03	04:16
22	104	FERNANDO CRUZ	Brandoenses Running	Veterano M40	43:09	+11:31	04:19
23	191	João Manuel Oliveira Lima	Controlauto de Guisande	Veterano M40	43:16	+11:39	04:20
24	871	FÁBIO JORGE FERREIRA AZEVEDO	NIGHT RUNNERS FEIRA	Veterano M40	44:05	+12:27	04:24
25	335	helder motinha	Getsound	Veterano M40	44:07	+12:29	04:25
26	727	Vitor Moreira	Individual	Veterano M40	44:15	+12:38	04:26
27	781	Paulo lassal	Javalistaberneiros	Veterano M40	44:19	+12:42	04:26
28	664	Andre Soares	Individual	Veterano M40	44:34	+12:56	04:27
29	334	Helder Barbosa	Getsound	Veterano M40	45:01	+13:23	04:30
30	65	Diogo Lopes	Arrifana Running	Veterano M40	45:07	+13:29	04:31
31	720	Samuel Sousa	Individual	Veterano M40	45:21	+13:44	04:32
32	272	Pedro Silva	Escola EB Fernando Pessoa	Veterano M40	45:34	+13:56	04:33
33	218	António Fernando Correia da Silva	Controlauto Santa Maria da Feira	Veterano M40	45:40	+14:03	04:34
34	220	Ricardo Ferreira	Controlauto Santa Maria da Feira	Veterano M40	45:40	+14:03	04:34
35	719	Rui Oliveira	Individual	Veterano M40	45:55	+14:18	04:35
36	196	Pedro Lopes	Controlauto de Guisande	Veterano M40	46:07	+14:29	04:37
37	66	Gonçalo Silva	Arrifana Running	Veterano M40	46:09	+14:32	04:37
38	672	Bruno Moura	Individual	Veterano M40	46:32	+14:55	04:39
39	823	Fernando Magalhães	JUF ACC	Veterano M40	46:50	+15:12	04:41

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40	84	Alexandre Soares	Atletas da 222	Veterano M40	46:50	+15:12	04:41
41	702	Marco Oliveira	Individual	Veterano M40	46:59	+15:21	04:42
42	673	Carlos Rodrigues	Individual	Veterano M40	46:59	+15:22	04:42
43	723	Tiago Cruz	Individual	Veterano M40	48:00	+16:23	04:48
44	24	Pedro Miguel Soares	2Brothers Team	Veterano M40	48:01	+16:24	04:48
45	688	Hugo Miguel Henriques Silva	Individual	Veterano M40	48:05	+16:28	04:49
46	847	António Amorim	McDonald's	Veterano M40	48:16	+16:38	04:50
47	142	Rui Silva	Clínica Medica dos Dezassete	Veterano M40	48:18	+16:41	04:50
48	991	Carlos Teixeira	Tainadas Team	Veterano M40	48:32	+16:55	04:51
49	13	Álvaro Carvalhinho	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterano M40	48:39	+17:02	04:52
50	39	Fernando Silva	ADCP PEDRALVA	Veterano M40	48:47	+17:09	04:53
51	850	Bruno Marques	Montanha Clube Trail Running/Efapel	Veterano M40	49:05	+17:28	04:55
52	695	Jorge Ramos	Individual	Veterano M40	49:08	+17:31	04:55
53	712	Pedro Santos	Individual	Veterano M40	49:22	+17:44	04:56
54	716	Ricardo Ramos	Individual	Veterano M40	49:28	+17:51	04:57
55	710	Pedro Ferreira	Individual	Veterano M40	49:30	+17:53	04:57
56	379	Carlos Sá	HMC	Veterano M40	49:45	+18:07	04:58
57	697	Jose Fernando Lopes da Silva	Individual	Veterano M40	50:03	+18:25	05:00
58	708	Pedro Azevedo	Individual	Veterano M40	50:10	+18:33	05:01
59	694	Jorge Almeida	Individual	Veterano M40	50:12	+18:34	05:01
60	93	Elder Neves	Bora Treinar Running Club	Veterano M40	50:18	+18:40	05:02
61	966	Luís Santos	Salgueiros Running	Veterano M40	50:18	+18:41	05:02
62	267	João Amorim	Escola EB Fernando Pessoa	Veterano M40	50:24	+18:47	05:02
63	663	Andre Marques	Individual	Veterano M40	50:28	+18:50	05:03
64	718	Rogério Martins Barreira	Individual	Veterano M40	50:33	+18:55	05:03
65	354	Gustavo Marques	Grupo de Corrida de Argoncilhe	Veterano M40	50:41	+19:03	05:04
66	713	Ricardo Bastos	Individual	Veterano M40	50:42	+19:04	05:04
67	343	Hugo Matos	Go Tour	Veterano M40	50:42	+19:05	05:04
68	934	Luis Almeida	Pupilos do Zé-Tó	Veterano M40	51:00	+19:22	05:06
69	81	Bruno Neves	Associação Desportiva Grijó a Correr	Veterano M40	51:04	+19:27	05:06
70	699	Márcio Alves	Individual	Veterano M40	51:06	+19:28	05:07
71	680	Fábio Almeida	Individual	Veterano M40	51:11	+19:34	05:07
72	396	Hugo Morais	Hugo Morais	Veterano M40	51:15	+19:37	05:07
73	193	Marco Pires	Controlauto de Guisande	Veterano M40	51:26	+19:49	05:09
74	37	Artur Barbosa	ACR Vale de Cambra	Veterano M40	51:32	+19:55	05:09
75	919	António Dias	PLAYGROUND	Veterano M40	51:43	+20:05	05:10
76	53	Mário Pereira	Arrifana Running	Veterano M40	51:45	+20:08	05:10
77	894	Ricardo Couto	Os Manos 07	Veterano M40	51:52	+20:14	05:11
78	110	Telmo Silva	Brandoenses Running	Veterano M40	52:13	+20:36	05:13
79	714	Ricardo Pais	Individual	Veterano M40	52:24	+20:47	05:14
80	197	Philippe lopes	Controlauto de Guisande	Veterano M40	52:40	+21:03	05:16
81	373	Jeffersom Viana	Hajam Pernas	Veterano M40	52:58	+21:21	05:18
82	355	Rogério Henriques	Grupo de Corrida de Argoncilhe	Veterano M40	52:58	+21:21	05:18
83	696	Jorge Tavares	Individual	Veterano M40	53:09	+21:31	05:19

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84	675	Daniel Filipe Costa	Individual	Veterano M40	53:16	+21:39	05:20
85	920	Nilton Rebelo	PLAYGROUND	Veterano M40	53:20	+21:43	05:20
86	807	Nuno Moreira	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterano M40	53:23	+21:46	05:20
87	103	Américo Rocha	Brandoenses Running	Veterano M40	53:26	+21:49	05:21
88	692	joaquim antonio oliveira e silva	Individual	Veterano M40	53:27	+21:49	05:21
89	711	Pedro Oliveira	Individual	Veterano M40	53:36	+21:59	05:22
90	909	Pedro Miguel Ferreira Bastos	Pernetas	Veterano M40	53:37	+22:00	05:22
91	67	Jorge Coelho	Arrifana Running	Veterano M40	53:57	+22:20	05:24
92	136	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	Veterano M40	54:02	+22:25	05:24
93	668	Bruno Figueiredo	Individual	Veterano M40	54:36	+22:59	05:28
94	678	Duarte Carinha	Individual	Veterano M40	54:42	+23:05	05:28
95	707	Paulo Silva	Individual	Veterano M40	54:58	+23:21	05:30
96	665	Ângelo Oliveira	Individual	Veterano M40	54:59	+23:22	05:30
97	265	André Almeida	Escola EB Fernando Pessoa	Veterano M40	55:14	+23:37	05:31
98	844	Mike Paiva	Maxicasa Team Running	Veterano M40	55:30	+23:53	05:33
99	693	Jonathan Costa	Individual	Veterano M40	55:49	+24:12	05:35
100	724	Tiago Oliveira	Individual	Veterano M40	55:49	+24:12	05:35
101	683	Francisco Silva	Individual	Veterano M40	55:52	+24:15	05:35
102	9	Gil Ferreira	Município de santa Maria da feira	Veterano M40	56:09	+24:32	05:37
103	706	Paulo Martins	Individual	Veterano M40	56:18	+24:41	05:38
104	669	Bruno Gaspar	Individual	Veterano M40	56:28	+24:51	05:39
105	342	Guto Muniz	Go Tour	Veterano M40	56:29	+24:51	05:39
106	82	Ricardo Neves	Associação Desportiva Grijó a Correr	Veterano M40	56:35	+24:58	05:40
107	2504	Duarte Aguiar	Papa KMS	Veterano M40	56:42	+25:05	05:40
108	49	RICARDO PAIVA	ARCORUN	Veterano M40	56:57	+25:20	05:42
109	105	Hugo Santos	Brandoenses Running	Veterano M40	57:07	+25:30	05:43
110	270	Marco Carvalho	Escola EB Fernando Pessoa	Veterano M40	57:15	+25:38	05:43
111	722	Sérgio Marques	Individual	Veterano M40	57:30	+25:53	05:45
112	935	Rui Gonçalves	Pupilos do Zé-Tó	Veterano M40	57:44	+26:06	05:46
113	252	Pedro Pinheiro	Elite 3700	Veterano M40	58:07	+26:29	05:49
114	515	Alexandre Costa	Individual	Veterano M40	58:22	+26:45	05:50
115	698	Leandro Rocha	Individual	Veterano M40	58:44	+27:06	05:52
116	351	VITOR MOREIRA	GOOD FITNESS	Veterano M40	59:01	+27:24	05:54
117	982	André Pais	sorteio	Veterano M40	59:14	+27:36	05:55
118	824	Luis Rocha	JUF ACC	Veterano M40	59:22	+27:45	05:56
119	27	Pedro Vieira	A.D. AMARANTE	Veterano M40	59:53	+28:16	05:59
120	687	Gustavo Ribeiro	Individual	Veterano M40	01:00:06	+28:28	06:01
121	666	Arménio Martins	Individual	Veterano M40	01:00:25	+28:48	06:03
122	691	João Tiago Rodrigues dos Santos Guerrinha	Individual	Veterano M40	01:00:45	+29:08	06:05
123	68	Manuel Hespanha	Arrifana Running	Veterano M40	01:00:53	+29:16	06:05
124	679	enes agostinho	Individual	Veterano M40	01:01:11	+29:33	06:07
125	251	Pedro Pereira	Elite 3700	Veterano M40	01:01:20	+29:42	06:08
126	106	João Santos	Brandoenses Running	Veterano M40	01:01:23	+29:46	06:08

127	109	Pedro Jorge	Brandoenses Running	Veterano M40	01:01:23	+29:46	06:08
128	268	João Peralta	Escola EB Fernando Pessoa	Veterano M40	01:02:35	+30:57	06:15
129	709	Pedro Azevedo	Individual	Veterano M40	01:02:37	+31:00	06:16
130	677	Douglas Mendez	Individual	Veterano M40	01:02:50	+31:13	06:17
131	705	Gabriel Pires	Individual	Veterano M40	01:03:02	+31:25	06:18
132	808	Ricardo Sousa	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterano M40	01:03:08	+31:31	06:19
133	704	Nuno José Santos Silva	Individual	Veterano M40	01:04:30	+32:52	06:27
134	905	Pedro Gomes	Paguei para sofrer	Veterano M40	01:04:46	+33:09	06:29
135	684	GABRIEL ANTÓNIO PEREIRA RESENDE	Individual	Veterano M40	01:04:50	+33:13	06:29
136	323	Bruno Tracana	GDCR dos Lages - Seua	Veterano M40	01:04:55	+33:18	06:30
137	269	Luís Gonzaga	Escola EB Fernando Pessoa	Veterano M40	01:05:01	+33:23	06:30
138	38	José Bastos	ACR Vale de Cambra	Veterano M40	01:05:05	+33:27	06:30
139	667	Armindo Marques	Individual	Veterano M40	01:05:42	+34:05	06:34
140	685	Gabriel dias	Individual	Veterano M40	01:06:00	+34:22	06:36
141	344	Rafael Muniz	Go Tour	Veterano M40	01:06:12	+34:34	06:37
142	701	Marco Carvalho arvalho	Individual	Veterano M40	01:06:20	+34:43	06:38
143	288	Alberto Vitelo	Estrelas de Portugal	Veterano M40	01:08:22	+36:44	06:50
144	671	Bruno Miguel Vilar Rocha	Individual	Veterano M40	01:08:24	+36:46	06:50
145	391	Ricardo Martins	HomeGym	Veterano M40	01:08:58	+37:21	06:54
146	721	Sergio Daniel Pires Ribeiro Moscoso	Individual	Veterano M40	01:09:03	+37:26	06:54
147	939	Carlos Alçada	Reclamações	Veterano M40	01:09:16	+37:39	06:56
148	198	Phillipe Lopes	Controlauto de Guisande	Veterano M40	01:09:38	+38:01	06:58
149	90	Jorge Castro	BOLINHOS DE BACALHAU	Veterano M40	01:12:31	+40:53	07:15
150	725	Tiago Oliveira	Individual	Veterano M40	01:12:43	+41:05	07:16
151	904	edgar pinho	Paguei para sofrer	Veterano M40	01:13:38	+42:00	07:22
152	717	Rodrigo silva	Individual	Veterano M40	01:13:48	+42:10	07:23
153	689	Ivo Pinto Lopes	Individual	Veterano M40	01:14:55	+43:18	07:30

Veterano M50

1	739	Joaquim Figueiredo	Individual	Veterano M50	33:54		03:23
2	365	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	34:33	+00:38	03:27
3	914	Fernando lima	NAC- Núcleo de Atletismo de Cucujães	Veterano M50	35:56	+02:01	03:36
4	290	Manuel Bessa	EV. PERALTAFIL	Veterano M50	36:38	+02:43	03:40
5	317	José Costa	G.D.A Ronda	Veterano M50	37:11	+03:17	03:43
6	303	Vitor Carvalho	Feirense	Veterano M50	38:02	+04:08	03:48
7	118	Renato Silva	Caldas São Jorge Sport Clube	Veterano M50	38:17	+04:23	03:50
8	152	Paulo Resende	CLUBE ATLETISMO DE OVAR	Veterano M50	39:04	+05:09	03:54
9	839	Jaime Gomes	Lourosa em Movimento	Veterano M50	39:11	+05:17	03:55
10	153	ROGERIO CAMPOS	CLUBE ATLETISMO DE OVAR	Veterano M50	39:19	+05:25	03:56
11	874	Victor Correia	NIGHT RUNNERS FEIRA	Veterano M50	40:17	+06:22	04:02
12	33	Rui pinto	ACDCDSMF OS Laranjinhas	Veterano M50	40:57	+07:03	04:06
13	330	Armando Bastos	GDSPO	Veterano M50	41:00	+07:05	04:06

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14	47	Antonio Nunes	ARADA ATLÉTICO CLUBE	Veterano M50	41:02	+07:08	04:06
15	938	Pedro Silva	CLUBE ATLETISMO DE OVAR	Veterano M50	41:19	+07:24	04:08
16	873	José Correia	NIGHT RUNNERS FEIRA	Veterano M50	41:30	+07:35	04:09
17	857	Vítor Santos	NAC- Núcleo de Atletismo de Cucujães	Veterano M50	42:04	+08:10	04:12
18	87	Paulo bandalho	Bandalhos Running	Veterano M50	42:05	+08:10	04:13
19	25	JOSÉ SILVA	A. D. GRIJÓ A CORRER	Veterano M50	42:11	+08:16	04:13
20	731	António Botelho Botelho	Individual	Veterano M50	42:16	+08:21	04:14
21	837	Manuel Bastos	Lourosa em Movimento	Veterano M50	42:34	+08:40	04:15
22	111	António Espinheira	Brandoenses Running	Veterano M50	43:31	+09:37	04:21
23	253	Porfirio Martins	Elite 3700	Veterano M50	44:18	+10:24	04:26
24	352	LUIS CRUJO	GOOD FITNESS	Veterano M50	44:27	+10:32	04:27
25	743	Jose Luis Silva	Individual	Veterano M50	44:41	+10:46	04:28
26	730	António Alves	Individual	Veterano M50	45:04	+11:09	04:30
27	112	Carlos Santos	Brandoenses Running	Veterano M50	45:39	+11:44	04:34
28	947	Cláudio Santos	Run & Fun	Veterano M50	45:50	+11:55	04:35
29	954	Carlos Rocha	RUNNING ESPINHO	Veterano M50	46:06	+12:11	04:37
30	51	PAULO GRILO	ARCORUN	Veterano M50	46:18	+12:24	04:38
31	113	HENRIQUE AMORIM	Brandoenses Running	Veterano M50	46:25	+12:31	04:39
32	872	Joaquim Moreira	NIGHT RUNNERS FEIRA	Veterano M50	46:38	+12:44	04:40
33	782	Sergio Araújo	Javalistaberneiros	Veterano M50	46:51	+12:56	04:41
34	395	Óscar Almeida	H-RAKY	Veterano M50	46:52	+12:58	04:41
35	69	Simão Pereira	Arrifana Running	Veterano M50	46:59	+13:04	04:42
36	221	Carlos Manuel de Sousa Costa	Controlauto Santa Maria da Feira	Veterano M50	46:59	+13:04	04:42
37	223	joaquim magalhães	Controlauto Santa Maria da Feira	Veterano M50	47:08	+13:13	04:43
38	329	Alcindo Dias	GDSPO	Veterano M50	47:28	+13:33	04:45
39	738	João Garranas	Individual	Veterano M50	47:39	+13:44	04:46
40	331	Avelino Freitas	GDSPO	Veterano M50	47:41	+13:46	04:46
41	921	António Leiye	PLAYGROUND	Veterano M50	47:49	+13:54	04:47
42	949	Mário Almeida	Run & Fun	Veterano M50	47:51	+13:57	04:47
43	818	José Ferreira	JOBRA- Associação Jovens da Branca	Veterano M50	48:02	+14:07	04:48
44	180	JOAO MIGUEL LAPA ESTIVEIRA	Clube Millennium BCP	Veterano M50	48:25	+14:31	04:51
45	299	Joaquim Pinto	FAMÍLIA PINTO	Veterano M50	48:25	+14:31	04:51
46	732	Antonio Silva	Individual	Veterano M50	48:48	+14:53	04:53
47	737	Filipe Ribeiro	Individual	Veterano M50	49:07	+15:12	04:55
48	759	Virgilio Tavares	Individual	Veterano M50	49:27	+15:33	04:57
49	34	Rui Sousa	ACDCDSMF OS Laranjinhas	Veterano M50	49:34	+15:40	04:57
50	85	Jorge Vasconcelos	Atletas da 222	Veterano M50	49:48	+15:53	04:59
51	297	Renato Ferreira	Família Ferreira	Veterano M50	49:48	+15:54	04:59
52	175	Silvério Santos	Clube Desportivo Feirense	Veterano M50	49:52	+15:58	04:59
53	747	Manuel Oliveira	Individual	Veterano M50	49:53	+15:58	04:59
54	79	António Rodrigues	Associação Cultural Bunheirense	Veterano M50	50:02	+16:08	05:00
55	825	Alberto Ferreira	JUF ACC	Veterano M50	50:35	+16:40	05:03
56	733	Carlos Bruno	Individual	Veterano M50	50:40	+16:46	05:04
57	735	Claudio Mendes	Individual	Veterano M50	50:57	+17:03	05:06
58	94	José Augusto Costa	Bracara Genus	Veterano M50	50:58	+17:03	05:06

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59	751	Nuno André Rocha	Individual	Veterano M50	51:07	+17:12	05:07
60	917	Rui Oliveira	Pés no Asfalto	Veterano M50	51:46	+17:52	05:11
61	826	FERNANDO OLIVEIRA	JUF ACC	Veterano M50	52:01	+18:06	05:12
62	753	Paulo Correia	Individual	Veterano M50	52:09	+18:15	05:13
63	760	Vitor Fernandes	Individual	Veterano M50	52:46	+18:52	05:17
64	320	Paulo Gonçalves	GD Estaleiros Navais de Viana do Castelo	Veterano M50	53:06	+19:11	05:19
65	742	José Lourenço	Individual	Veterano M50	53:23	+19:28	05:20
66	755	Rui Pedro Pascoal Carvalho de Oliveira	Individual	Veterano M50	53:24	+19:30	05:20
67	42	Fernando Sá	Agrupamento Esc. Santa Mª Feira-"Escola que Sabe Bem Estar"	Veterano M50	53:28	+19:33	05:21
68	745	Luís Cunha	Individual	Veterano M50	53:45	+19:51	05:23
69	950	Mike Ferreira	Run & Fun	Veterano M50	53:54	+19:59	05:23
70	750	Miguel Pereira	Individual	Veterano M50	53:59	+20:04	05:24
71	740	Jorge Esteves	Individual	Veterano M50	55:03	+21:09	05:30
72	295	Carlos Leal	Familia Andrade	Veterano M50	55:12	+21:17	05:31
73	63	José Oliveira	Arrifana Running	Veterano M50	55:17	+21:22	05:32
74	915	paulo fonseca	Pés no Asfalto	Veterano M50	55:28	+21:33	05:33
75	827	Renato Araújo	JUF ACC	Veterano M50	55:58	+22:04	05:36
76	729	Alcino Ferreira dos Santos	Individual	Veterano M50	56:01	+22:06	05:36
77	2507	Cesário Rocha	Individual	Veterano M50	56:40	+22:45	05:40
78	757	Telmo Nogueira	Individual	Veterano M50	56:45	+22:51	05:41
79	307	João Oliveira	Fiães S.C. Running	Veterano M50	57:17	+23:22	05:44
80	985	Jorge Gonçalves	sorteio	Veterano M50	57:19	+23:24	05:44
81	916	paulo silva	Pés no Asfalto	Veterano M50	58:11	+24:17	05:49
82	948	Manuel Moreira	Run & Fun	Veterano M50	58:14	+24:19	05:49
83	96	Sebastião Moura	Bracara Genus	Veterano M50	58:37	+24:42	05:52
84	97	Ulisses Lopes	Bracara Genus	Veterano M50	58:37	+24:42	05:52
85	749	Mário Oliveira	Individual	Veterano M50	58:38	+24:43	05:52
86	332	Toninho Ventura	GDSPO	Veterano M50	58:44	+24:50	05:52
87	382	Roberto Silva	HMC	Veterano M50	59:10	+25:15	05:55
88	302	Candido antonio marinho goncalves faria	Fariarunning	Veterano M50	59:17	+25:22	05:56
89	44	Victor Costa	Agrupamento Esc. Santa Mª Feira-"Escola que Sabe Bem Estar"	Veterano M50	59:22	+25:27	05:56
90	942	RUI MIGUEL SA	RHC LOUROSA	Veterano M50	59:23	+25:28	05:56
91	748	Marco César Ramos Clemente	Individual	Veterano M50	59:42	+25:47	05:58
92	964	CARLOS ALEXANDRE SILVA	SACORK	Veterano M50	59:47	+25:52	05:59
93	224	paulo lopes	Controlauto Santa Maria da Feira	Veterano M50	01:00:09	+26:15	06:01
94	754	Paulo Costa	Individual	Veterano M50	01:00:52	+26:58	06:05
95	736	Fernando manuel soares almeida	Individual	Veterano M50	01:00:53	+26:58	06:05
96	741	José Faro	Individual	Veterano M50	01:02:00	+28:05	06:12
97	809	Pedro Cordeiro	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterano M50	01:03:09	+29:14	06:19
98	174	António Amorim	Clube Desportivo Feirense	Veterano M50	01:03:44	+29:49	06:22
99	965	VÍTOR RIBEIRO	SACORK	Veterano M50	01:04:13	+30:18	06:25
100	200	Filipe Santos	Controlauto de Guisande	Veterano M50	01:04:20	+30:25	06:26

101	50	Jorge Leite	ARCORUN	Veterano M50	01:05:58	+32:03	06:36
102	734	Carlos Matos	Individual	Veterano M50	01:06:44	+32:49	06:40
103	285	Alvaro Pinho	Estalagem	Veterano M50	01:06:53	+32:59	06:41
104	308	Mário Leandro	Fiães S.C. Running	Veterano M50	01:08:10	+34:15	06:49
105	392	Manuel Fonseca	HomeGym	Veterano M50	01:09:01	+35:07	06:54
106	222	Fernando silva	Controlauto Santa Maria da Feira	Veterano M50	01:09:33	+35:38	06:57
107	728	Albano Silva	Individual	Veterano M50	01:10:27	+36:32	07:03
108	276	Renato Barros	Escola EB Fernando Pessoa	Veterano M50	01:10:44	+36:50	07:04
109	277	Xavier Santiago	Escola EB Fernando Pessoa	Veterano M50	01:10:45	+36:50	07:04
110	756	Rui Silva	Individual	Veterano M50	01:12:28	+38:33	07:15
111	91	Paulo Silva	BOLINHOS DE BACALHAU	Veterano M50	01:12:31	+38:36	07:15
112	746	Luís Ferreira	Individual	Veterano M50	01:12:39	+38:44	07:16
113	125	Ricardo Matos	Cdc.Macieira de Cambra	Veterano M50	01:13:06	+39:11	07:19
114	752	Paulo Alexandre Correia de Vasconcelos	Individual	Veterano M50	01:15:04	+41:09	07:30
115	963	António Oliveira	SACORK	Veterano M50	01:15:51	+41:56	07:35

Veterano M60

1	367	JOSÉ CARLOS RIBEIRO TAVARES	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	38:33		03:51
2	176	Vitor Resende	Clube Futebol União de Lamas	Veterano M60	38:47	+00:13	03:53
3	159	Mário Silva	Clube de atletismo HM Training grupo de sangalhos	Veterano M60	39:21	+00:47	03:56
4	119	Manuel Valente	Caldas São Jorge Sport Clube	Veterano M60	42:19	+03:46	04:14
5	970	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	42:44	+04:11	04:16
6	115	José Luís Santos	Brandoenses Running	Veterano M60	43:17	+04:44	04:20
7	768	Heitor Araújo	Individual	Veterano M60	43:25	+04:51	04:20
8	2501	Alcides Relvas	Bravos e Bravistas	Veterano M60	43:57	+05:24	04:24
9	848	Fernando Ferreira	McDonald's	Veterano M60	44:38	+06:05	04:28
10	156	Pedro Leal	CLUBE ATLETISMO DE OVAR	Veterano M60	44:42	+06:08	04:28
11	234	Mário Gonçalves	DCI/Trilhos Luso Bussaco	Veterano M60	45:03	+06:29	04:30
12	858	Agostinho Costa	NAC- Núcleo de Atletismo de Cucujães	Veterano M60	45:57	+07:23	04:36
13	286	Ismael Silva	Estalagem	Veterano M60	46:14	+07:41	04:37
14	764	António Leitão	Individual	Veterano M60	46:41	+08:07	04:40
15	229	Paulo Silva	Daniela Nunea	Veterano M60	46:47	+08:13	04:41
16	828	António Patrício	JUF ACC	Veterano M60	46:50	+08:16	04:41
17	766	Carlos Matos	Individual	Veterano M60	46:56	+08:23	04:42
18	227	João Vinha	CRE	Veterano M60	47:28	+08:54	04:45
19	368	Valdemar Alves	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	48:55	+10:22	04:54
20	951	ZE MOUtinho	Run & Fun	Veterano M60	49:00	+10:27	04:54
21	98	Manuel Sousa	Bracara Genus	Veterano M60	49:04	+10:31	04:54
22	875	Carlos Fazendeiro	NIGHT RUNNERS FEIRA	Veterano M60	50:04	+11:31	05:00

23	811	Manuel Arnaldo Oliveira	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterano M60	50:46	+12:12	05:05
24	772	Manuel constantino silva	Individual	Veterano M60	51:39	+13:05	05:10
25	810	Antonio Augusto Silva	JF União de freguesias de Santa Maria da Feira, Travanca, Sanfins e Espargo	Veterano M60	52:26	+13:53	05:15
26	155	ARTUR REIS	CLUBE ATLETISMO DE OVAR	Veterano M60	52:47	+14:13	05:17
27	366	ANTÓNIO DIAS DOS SANTOS	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	52:59	+14:25	05:18
28	2511	António Fernandes	Individual	Veterano M60	53:18	+14:45	05:20
29	70	Albano Soares	Arrifana Running	Veterano M60	54:01	+15:28	05:24
30	767	Domingos Cunha Costa	Individual	Veterano M60	54:49	+16:15	05:29
31	71	Cândido Martins	Arrifana Running	Veterano M60	55:17	+16:43	05:32
32	769	Jose Menezes	Individual	Veterano M60	55:30	+16:56	05:33
33	309	Joaquim Ribeiro	Fiães S.C. Running	Veterano M60	56:34	+18:01	05:39
34	771	Manuel Cardoso	Individual	Veterano M60	56:54	+18:20	05:41
35	52	PEDRO MANUEL PEREIRA MELO	ARCORUN	Veterano M60	56:57	+18:23	05:42
36	783	Domingos Silva	Jesus Runers	Veterano M60	57:26	+18:53	05:45
37	333	Mário Nogueira	GDSPO	Veterano M60	58:14	+19:41	05:49
38	819	Francisco Soares	JOBRA- Associação Jovens da Branca	Veterano M60	58:16	+19:43	05:50
39	154	ARLINDO SILVA	CLUBE ATLETISMO DE OVAR	Veterano M60	58:29	+19:56	05:51
40	829	Luís Higino	JUF ACC	Veterano M60	59:05	+20:32	05:55
41	763	Antonio Carlos Gomes Freitas	Individual	Veterano M60	59:45	+21:11	05:58
42	86	Vitor Marques	Atletas da 222	Veterano M60	01:00:50	+22:16	06:05
43	770	Luis Azevedo	Individual	Veterano M60	01:02:57	+24:24	06:18
44	228	Manuel Tavares	CRE	Veterano M60	01:05:01	+26:28	06:30
45	885	Antonio Silva	Os " tá-lentos"	Veterano M60	01:06:03	+27:29	06:36
46	45	António Bernardo	Agrupamento Esc. Santa Mª Feira- "Escola que Sabe Bem Estar"	Veterano M60	01:07:23	+28:50	06:44
47	181	ARMANDO RUI CARDOSO PIRES MARTINS	Clube Millennium BCP	Veterano M60	01:08:37	+30:03	06:52

Veterano M70

1	967	manuel rodrigues	SCEspinho	Veterano M70	45:39		04:34
2	74	Manuel Oliveira	Arrifana Running	Veterano M70	48:24	+02:44	04:50
3	321	José Reigada	GD Estaleiros Navais de Viana do Castelo	Veterano M70	49:01	+03:21	04:54
4	778	manuel santos	JAM - Juventude Atlética Mozelense	Veterano M70	50:00	+04:20	05:00
5	83	António Neto	Associação Figueireds Runners AND Friends	Veterano M70	52:40	+07:01	05:16
6	774	Eugénio Cordeiro	Individual	Veterano M70	54:47	+09:08	05:29
7	72	Casimiro Fernandes	Arrifana Running	Veterano M70	01:02:10	+16:31	06:13
8	73	José Beleza	Arrifana Running	Veterano M70	01:05:48	+20:08	06:35
9	773	ABÍLIO SOARES	Individual	Veterano M70	01:06:03	+20:24	06:36

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	26	MANUEL COUTO	A. D. GRIJÓ A CORRER	Veterano M70	01:07:34	+21:55	06:45

TEAM RESULTS - 10KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI	1 + 4 + 14	19
2	CLUBE ATLETISMO DE OVAR	6 + 11 + 19	36
3	CDFEIRENSE	12 + 16 + 38	66
4	G.D.A RONDA	30 + 32 + 43	105
5	NAC- NÚCLEO DE ATLETISMO DE CUCUJÃES	13 + 25 + 76	114
6	GDSPO	24 + 62 + 66	152
7	JOBRA- ASSOCIAÇÃO JOVENS DA BRANCA	27 + 28 + 136	191
8	ELITE 3700	34 + 65 + 110	209
9	MCDONALD'S	46 + 59 + 118	223
10	NIGHT RUNNERS FEIRA	54 + 70 + 105	229
11	ACDCDSMF OS LARANJINHAS	47 + 61 + 133	241
12	BRANDOENSES RUNNING	82 + 96 + 99	277
13	ESCOLA EB FERNANDO PESSOA	91 + 135 + 149	375
14	CONTROLAUTO DE GUISANDE	98 + 148 + 152	398
15	ARRIFANA RUNNING	127 + 130 + 147	404
16	CONTROLAUTO SANTA MARIA DA FEIRA	139 + 140 + 183	462
17	ASSOCIAÇÃO CULTURAL BUNHEIRENSE	57 + 193 + 241	491
18	JF UNIÃO DE FREGUESIAS DE SANTA MARIA DA FEIRA, TRAVANCA, SANFINS E ESPARGO	97 + 196 + 226	519
19	DCI/TRILHOS LUSO BUSSACO	124 + 171 + 238	533
20	CLUBE DESPORTIVO FEIRENSE	94 + 175 + 267	536
21	RUN & FUN	143 + 205 + 234	582
22	JUF ACC	172 + 173 + 247	592
23	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	87 + 92 + 473	652
24	HMC	90 + 263 + 309	662
25	PÉS NO ASFALTO	95 + 255 + 327	677
26	JAVALISTABERNEIROS	112 + 176 + 398	686
27	GO TOUR	178 + 217 + 297	692
28	O ÚLTIMO VAI A PÉ	162 + 258 + 277	697
29	FAMILIA ANDRADE	84 + 204 + 416	704
30	GOLFINOS	71 + 192 + 474	737
31	GD ESTALEIROS NAVAIS DE VIANA DO CASTELO	235 + 236 + 358	829
32	L&R	83 + 369 + 433	885
33	PLAYGROUND	203 + 324 + 364	891
34	CLUBE DE ATLETISMO HM TRAINING GRUPO DE SANGALHOS	51 + 412 + 447	910
35	LOUROSA EM MOVIMENTO	49 + 89 + 840	978
36	ATLETAS DA 222	174 + 264 + 583	1021
37	BRACARA GENUS	239 + 304 + 516	1059

TEAM RESULTS - 10KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

38	ARCORUN	157 + 470 + 471	1098
39	PUPILOS DO ZÉ-TÓ	299 + 305 + 496	1100
40	GOOD FITNESS	114 + 472 + 524	1110
41	ESCOMBREIROS & MARTELEIROS	224 + 440 + 512	1176
42	ACR VALE DE CAMBRA	320 + 488 + 523	1331
43	TRIO RUN PLUS	422 + 423 + 499	1344
44	FIÃES S.C. RUNNING	458 + 462 + 482	1402
45	PAPA KMS	459 + 465 + 509	1433
46	SACORK	325 + 555 + 556	1436
47	SORTEIO	467 + 484 + 534	1485
48	ESTALAGEM	154 + 721 + 722	1597
49	RHC LOUROSA	543 + 544 + 545	1632
50	AGRUPAMENTO ESC. SANTA Mª FEIRA- "ESCOLA QUE SABE BEM ESTAR"	374 + 540 + 726	1640
51	PAGUEI PARA SOFRER	584 + 605 + 606	1795
52	PRIMEIRO CORREMOS, DEPOIS BEBEMOS	437 + 603 + 779	1819
53	CLÍNICA MEDICA DOS DEZASSETE	218 + 835 + 836	1889
54	FURADOUROTRAIL	519 + 689 + 690	1898
55	CARLOS E AS BANANAS	701 + 703 + 704	2108
56	OS " TÁ-LENTOS"	710 + 711 + 729	2150
57	HOMEGYM	753 + 754 + 755	2262
58	OS MAFAGAFINHO HO HO	807 + 808 + 810	2425