

SINES TRIATHLON'20 26

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
1	7	João Ferreira		JFCOACHING	03:23:54	00:25:18	01:51:08	01:04:02	30 - 34 anos	1
2	3	Salomão Savelenko		MOMENTUM	03:32:13	00:25:48	01:55:06	01:08:28	18 - 24 anos	1
3	190	Miguel Arraiolos		Apulso	03:34:04	00:25:19	01:59:20	01:06:13	35 - 39 anos	1
4	2	Tomás Teixeira		MOMENTUM	03:36:03	00:28:35	01:52:59	01:10:03	18 - 24 anos	2
5	265	João Cabral		MOMENTUM	03:38:41	00:28:04	01:56:29	01:10:08	18 - 24 anos	3
6	133	Gonçalo Carmo		LBsquad	03:42:32	00:30:12	01:59:45	01:08:16	25 - 29 anos	1
7	338	Filipe Henriques		Sporting Clube de Espinho	03:43:51	00:31:01	01:58:37	01:09:09	35 - 39 anos	2
8	183	Ricardo Gaspar		FET - Fátima Escola de Triatlo	03:44:19	00:31:39	01:58:28	01:09:57	35 - 39 anos	3
9	73	Miguel Andrade		LBsquad	03:45:09	00:30:27	02:02:53	01:07:35	30 - 34 anos	2
10	865	Rui Narigueta		Clube de Natação de Torres Novas	03:45:10	00:34:20	01:56:10	01:10:41	50 - 54 anos	1
11	36	Pedro Lopes		Amiciclo Grândola	03:46:02	00:32:34	01:59:28	01:09:50	35 - 39 anos	4
12	696	Bruno Pontes		Louletano Desportos Clube	03:46:19	00:32:23	02:00:10	01:09:01	40 - 44 anos	1
13	209	Duarte Santos		Thomar Athletics	03:46:44	00:29:28	02:03:00	01:10:09	25 - 29 anos	2
14	405	Manuel Júlio		Estoril Praia Credibom	03:48:34	00:30:31	02:02:43	01:11:16	40 - 44 anos	2
15	335	Afonso Garcia		Apulso	03:50:11	00:26:06	02:06:24	01:13:49	30 - 34 anos	3
16	584	Lino Barruncho		LBsquad	03:50:40	00:32:37	02:02:23	01:11:34	50 - 54 anos	2
17	422	Leonardo Jerónimo		Académica Triatlo	03:50:51	00:28:15	02:04:25	01:14:26	25 - 29 anos	3
18	745	José Costa		Clube de Vela de Tavira	03:51:04	00:31:44	02:00:01	01:15:07	40 - 44 anos	3
19	410	Rodrigo Viana		Marretas do Norte	03:52:30	00:31:49	02:03:25	01:12:34	30 - 34 anos	4

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
20	243	Rodrigo Marques		JFCOACHING	03:52:31	00:31:45	02:05:43	01:11:15	25 - 29 anos	4
21	924	Sergei Sorokin		Louletano Desportos Clube	03:53:25	00:32:59	02:03:23	01:12:18	40 - 44 anos	4
22	980	Pedro Conceição		Estoril Praia Credibom	03:54:29	00:30:25	02:03:42	01:16:09	45 - 49 anos	1
23	95	Ricardo Barata		Marretas do Norte	03:54:32	00:31:19	02:06:19	01:11:53	30 - 34 anos	5
24	555	Jose Galvao		OnTri Sports	03:55:17	00:31:36	02:02:47	01:15:37	55 - 59 anos	1
25	767	Maximilian Groot		Sintra Trail Runners	03:55:30	00:31:59	02:01:53	01:17:26	18 - 24 anos	4
26	45	Manuel Roque		Apulso	03:56:03	00:30:00	02:04:20	01:17:35	18 - 24 anos	5
27	783	Bruno Freitas		Ludens Clube Machico - Hospital Particular da Madeira	03:56:15	00:27:20	02:10:19	01:14:28	30 - 34 anos	6
28	986	Nuno Neves		Louletano Desportos Clube	03:57:02	00:29:11	02:05:33	01:17:31	45 - 49 anos	2
29	1004	João Fragoso		Triatlo Clube TAP	03:57:08	00:35:35	02:05:40	01:10:18	45 - 49 anos	3
30	975	Bruno Caixinha		OnTri Sports	03:57:54	00:33:56	02:05:32	01:13:33	35 - 39 anos	5
31	90	Lucas Souza			03:58:01	00:31:19	02:01:51	01:19:07	30 - 34 anos	7
32	507	Francisco Gameiro		Alhandra Sporting Club	03:58:09	00:31:24	02:10:54	01:11:24	40 - 44 anos	5
33	638	Afonso Brás			03:58:12	00:27:28	02:15:48	01:10:16	18 - 24 anos	6
34	151	Afonso Santos		Apulso	03:58:52	00:29:34	02:10:33	01:14:49	25 - 29 anos	5
35	1007	André Sousa		Outsystems Olímpico de Oeiras	03:59:02	00:27:47	02:12:58	01:13:08	18 - 24 anos	7
36	828	Lourenço Pestana		MOMENTUM	03:59:09	00:31:56	02:06:44	01:16:16	30 - 34 anos	8
37	935	Pablo Caro		C.D.E. JEREZANA DE TRIATLÓN	03:59:31	00:29:42	02:11:42	01:13:26	30 - 34 anos	9
38	598	Frederico Guerra		Outsystems Olímpico de Oeiras	04:00:09	00:31:16	02:11:05	01:12:48	18 - 24 anos	8

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
39	521	João Pacheco		Outsystems Olímpico de Oeiras	04:01:05	00:32:19	02:06:41	01:16:53	40 - 44 anos	6
40	546	Luis Nunes		CNATRIL Triatlo	04:01:36	00:34:28	02:05:51	01:16:24	50 - 54 anos	3
41	947	Raúl Santiago		Club Deportivo Cádiz Costa de la Luz	04:01:51	00:31:12	02:12:58	01:13:19	30 - 34 anos	10
42	203	Francisco Palma			04:01:52	00:32:25	02:10:10	01:12:23	25 - 29 anos	6
43	780	Ricardo Rosa		Ludens Clube Machico - Hospital Particular da Madeira	04:02:48	00:31:26	02:15:51	01:10:23	35 - 39 anos	6
44	155	Nuno Lopes		JFCOACHING	04:03:12	00:30:35	02:10:35	01:17:46	45 - 49 anos	4
45	1028	Vasco Damásio		Vasco da Gama Atlético Clube de Sines	04:03:44	00:37:37	02:07:55	01:12:40	35 - 39 anos	7
46	223	Diogo Vieira		Triatlo Fundação Salesianos	04:03:45	00:34:42	02:09:25	01:14:45	35 - 39 anos	8
47	888	Mariana Marques		CNATRIL Triatlo	04:03:46	00:30:47	02:12:07	01:16:34	35 - 39 anos	1
48	529	Ivan Valadares		Outsystems Olímpico de Oeiras	04:03:49	00:31:30	02:09:02	01:18:42	40 - 44 anos	7
49	479	Rui Fanguero		Clube Fluvial Vilacondense	04:04:04	00:32:44	02:11:37	01:14:47	40 - 44 anos	8
50	1021	Pedro Eloy		Vasco da Gama Atlético Clube de Sines	04:04:06	00:27:19	02:12:13	01:20:26	45 - 49 anos	5
51	260	Rodrigo Luz		Apulso	04:04:06	00:35:15	02:06:21	01:17:43	18 - 24 anos	9
52	326	Rafael Lopes		Apulso	04:04:16	00:29:49	02:03:13	01:26:52	30 - 34 anos	11
53	12	Bernardo Mira			04:04:44	00:30:34	02:15:06	01:12:14	35 - 39 anos	9
54	451	Guilherme Teles		OnTri Sports	04:04:53	00:37:30	02:04:10	01:17:54	40 - 44 anos	9
55	970	Gonçalo Martins		CNAL Triatlo	04:05:54	00:33:43	02:11:11	01:16:00	40 - 44 anos	10
56	340	Ricardino Gomes		LBsquad	04:05:58	00:32:13	02:14:13	01:14:05	35 - 39 anos	10
57	450	André Lopes		Triatlo Clube TAP	04:06:03	00:30:27	02:06:24	01:24:33	30 - 34 anos	12

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
58	755	André Bernardino		Exército de Portugal	04:06:27	00:39:36	02:06:02	01:15:10	30 - 34 anos	13
59	192	Ricardo Costa		Triatlo Clube TAP	04:06:34	00:30:21	02:13:12	01:16:25	40 - 44 anos	11
60	296	Sara Neto		MOMENTUM	04:06:37	00:34:57	02:12:19	01:14:14	35 - 39 anos	2
61	48	Frederico Batista		LBsquad	04:07:10	00:35:55	02:09:40	01:16:52	40 - 44 anos	12
62	985	Carlos Rosário		Vasco da Gama Atlético Clube de Sines	04:07:19	00:32:44	02:11:41	01:18:37	50 - 54 anos	4
63	929	Frederico Chaves			04:07:23	00:33:08	02:08:04	01:21:24	35 - 39 anos	11
64	934	André Firmino		Clube Desportivo da Venda do Pinheiro	04:07:28	00:28:05	02:12:53	01:22:36	25 - 29 anos	7
65	225	Hugo Silva		LBsquad	04:07:50	00:35:21	02:10:56	01:14:37	40 - 44 anos	13
66	196	Carlos Oliveira		CAOH	04:07:51	00:30:20	02:10:13	01:22:19	35 - 39 anos	12
67	677	João Piteira		Kainágua	04:08:05	00:27:46	02:11:30	01:23:56	30 - 34 anos	14
68	194	Gil Pires			04:08:10	00:40:34	02:11:00	01:10:18	25 - 29 anos	8
69	878	Miguel Mendes			04:08:16	00:33:32	02:13:33	01:14:01	25 - 29 anos	9
70	280	Duarte Oliveira		AmoraSub/Associação Naval Amorense	04:08:31	00:29:03	02:19:15	01:15:42	18 - 24 anos	10
71	1008	Frederico Teixeira			04:08:40	00:32:42	02:09:59	01:17:31	45 - 49 anos	6
72	527	Tiago Lopes		Outsystems Olímpico de Oeiras	04:08:57	00:32:03	02:03:07	01:24:39	30 - 34 anos	15
73	56	Ricardo Figueiredo		Clube do Pessoal da EDP	04:09:14	00:31:38	02:14:05	01:17:20	35 - 39 anos	13
74	907	Bruno Fonseca		3B Triatlo	04:09:23	00:38:26	02:04:21	01:20:23	45 - 49 anos	7
75	817	João Cunha		Mc Donald 's/Tribraga	04:09:37	00:30:50	02:16:52	01:18:05	30 - 34 anos	16
76	139	Carlos Pinto		LBsquad	04:09:43	00:35:33	02:09:16	01:18:40	50 - 54 anos	5

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
77	211	André Mendes		Apulso	04:09:54	00:33:28	02:10:06	01:20:54	25 - 29 anos	10
78	681	Jorge Vieira		MOMENTUM	04:10:00	00:37:56	02:09:25	01:16:57	55 - 59 anos	2
79	419	Fernando Batista		Clube Millennium BCP	04:10:00	00:33:31	02:14:26	01:16:32	40 - 44 anos	14
80	210	João Milheiro		Clube dos Galitos	04:10:18	00:38:10	02:04:44	01:21:31	30 - 34 anos	17
81	810	Carlos Fernandes		SFRAA	04:10:44	00:32:22	02:14:44	01:18:47	50 - 54 anos	6
82	261	Bruno Neves		MOMENTUM	04:11:15	00:35:33	02:14:21	01:14:14	25 - 29 anos	11
83	753	José Abrantes		Exército de Portugal	04:11:26	00:33:26	02:10:50	01:21:34	55 - 59 anos	3
84	858	Mário Pires		Apulso	04:11:56	00:34:16	02:09:36	01:21:09	50 - 54 anos	7
85	963	Luis Roquette		LBSquad	04:12:10	00:34:58	02:13:24	01:16:29	30 - 34 anos	18
86	785	Pedro Martins		Ludens Clube Machico - Hospital Particular da Madeira	04:12:11	00:31:05	02:15:19	01:20:47	35 - 39 anos	14
87	848	Jose Martin		Olid Triathlon Team Uninvest	04:12:12	00:34:56	02:08:52	01:22:23	55 - 59 anos	4
88	960	Diogo Viana		Marretas do Norte	04:12:15	00:41:01	02:13:03	01:10:57	35 - 39 anos	15
89	40	Jorge Reis		Clube Fluvial Vilacondense	04:12:16	00:37:28	02:08:33	01:19:58	40 - 44 anos	15
90	982	Ricardo Passos		Vasco da Gama Atlético Clube de Sines	04:12:19	00:31:04	02:14:28	01:21:46	35 - 39 anos	16
91	971	Jorge Silva		Marretas do Norte	04:12:20	00:37:02	02:08:44	01:21:28	35 - 39 anos	17
92	118	Ruben Chagas			04:12:23	00:39:00	02:07:00	01:21:08	35 - 39 anos	18
93	97	Nuno Santos			04:12:24	00:41:20	02:12:57	01:13:55	25 - 29 anos	12
94	560	Ivo Santos			04:12:26	00:36:20	02:07:13	01:24:25	35 - 39 anos	19
95	388	Ruben Maurício		AmoraSub/Associação Naval Amorense	04:13:13	00:32:30	02:14:14	01:21:34	35 - 39 anos	20

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
96	52	Rodrigo Marques		LBsquad	04:13:14	00:33:06	02:13:21	01:20:15	35 - 39 anos	21
97	750	Rui Costa		Exército de Portugal	04:13:22	00:37:59	02:07:45	01:21:53	50 - 54 anos	8
98	382	Tomás Gomes		LBsquad	04:13:23	00:36:59	02:13:55	01:14:32	30 - 34 anos	19
99	42	Nuno Dias		Amiciclo Grândola	04:13:38	00:39:10	02:12:57	01:16:39	35 - 39 anos	22
100	637	Ilya Lassshch		Estoril Praia Credibom	04:13:52	00:37:02	02:16:05	01:15:34	40 - 44 anos	16
101	635	Carlos Custódio		Clube Oriental de Lisboa	04:14:12	00:33:08	02:14:25	01:22:01	50 - 54 anos	9
102	471	Tomé Pires		BEST	04:14:24	00:41:03	02:09:14	01:17:43	25 - 29 anos	13
103	689	Mauro Azevedo			04:14:35	00:38:02	02:15:01	01:14:41	55 - 59 anos	5
104	1009	Manuel Barrera		Club Deportivo Cádiz Costa de la Luz	04:15:16	00:31:54	02:17:04	01:20:49	25 - 29 anos	14
105	453	Ricardo Carvalho		Clube dos Galitos	04:15:21	00:35:24	02:09:56	01:24:47	45 - 49 anos	8
106	131	Milton Cabral		DIVE - Into the Mountains	04:15:24	00:40:32	02:09:52	01:20:22	50 - 54 anos	10
107	181	Rafael Castro		Clube dos Galitos	04:15:27	00:34:30	02:09:34	01:27:12	35 - 39 anos	23
108	943	Maria Chico			04:15:36	00:30:36	02:15:13	01:24:45	45 - 49 anos	1
109	577	Alexandre Nunes			04:15:50	00:37:20	02:14:21	01:19:54	50 - 54 anos	11
110	855	Miguel Duarte			04:15:57	00:31:49	02:09:46	01:26:17	60 - 64 anos	1
111	525	Guilherme Libório		Outsystems Olímpico de Oeiras	04:15:59	00:32:11	02:20:35	01:17:39	45 - 49 anos	9
112	983	Pedro Rebola		Vasco da Gama Atlético Clube de Sines	04:16:25	00:37:34	02:09:31	01:23:45	50 - 54 anos	12
113	590	José Lucena			04:16:31	00:33:20	02:08:10	01:28:25	40 - 44 anos	17
114	520	Flávia Ribeiro		Outsystems Olímpico de Oeiras	04:16:49	00:36:06	02:12:23	01:24:08	30 - 34 anos	1

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
115	87	Filipe Godinho			04:17:02	00:31:15	02:11:36	01:27:50	40 - 44 anos	18
116	13	Jorge Fonseca		Estoril Praia Credibom	04:17:06	00:31:12	02:17:22	01:22:55	45 - 49 anos	10
117	175	Miguel Duarte		Associação Académica de São Mamede	04:17:14	00:33:01	02:13:47	01:25:16	45 - 49 anos	11
118	364	Gonçalo Jones		AmoraSub/Associação Naval Amorense	04:17:21	00:33:54	02:20:36	01:17:23	25 - 29 anos	15
119	363	Miguel Nascimento			04:17:51	00:34:56	02:10:47	01:27:03	25 - 29 anos	16
120	719	Anton Witt			04:18:01	00:36:38	02:13:16	01:21:31	30 - 34 anos	20
121	17	Vera Serafim			04:18:18	00:32:17	02:19:00	01:21:33	18 - 24 anos	1
122	311	Nuno Carvalhinho		Triatlo Clube TAP	04:18:25	00:37:20	02:10:09	01:25:20	50 - 54 anos	13
123	230	Nuno Costa		LBsquad	04:18:28	00:31:31	02:14:53	01:26:07	35 - 39 anos	24
124	711	Rui Santos		Outsystems Olímpico de Oeiras	04:18:35	00:31:16	02:15:01	01:26:16	35 - 39 anos	25
125	880	Pedro Conde			04:18:54	00:27:44	02:18:03	01:27:16	35 - 39 anos	26
126	69	David Tavares			04:19:01	00:32:53	02:15:56	01:24:32	35 - 39 anos	27
127	634	Duarte Zambujo			04:19:04	00:39:54	02:15:37	01:16:45	35 - 39 anos	28
128	276	Pedro Flores		Triatlo Fundação Salesianos	04:19:14	00:33:54	02:15:25	01:24:28	40 - 44 anos	19
129	467	Alexandre Coutinho			04:19:18	00:34:28	02:09:21	01:28:38	18 - 24 anos	11
130	544	Andre Barros		Holmes Place Oeiras	04:19:22	00:33:49	02:11:23	01:25:24	45 - 49 anos	12
131	132	António Calafate		JFCOACHING	04:19:36	00:32:05	02:14:09	01:28:07	55 - 59 anos	6
132	708	Ruben Fagundes		Outsystems Olímpico de Oeiras	04:19:40	00:31:16	02:14:44	01:29:34	25 - 29 anos	17
133	147	Tomás Lourenço			04:19:41	00:31:51	02:14:58	01:26:07	30 - 34 anos	21

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
134	305	Bernardo Santos		LBsquad	04:20:04	00:34:58	02:18:01	01:20:20	25 - 29 anos	18
135	774	Ricardo Félix			04:20:14	00:41:30	02:06:55	01:24:06	45 - 49 anos	13
136	77	Filipe Ferreira		CCD Crédito Agrícola	04:20:24	00:38:02	02:10:29	01:23:26	45 - 49 anos	14
137	24	Miguel Pereira			04:20:24	00:28:49	02:20:23	01:25:49	30 - 34 anos	22
138	74	Henrique Pereira		Triatlo Clube TAP	04:20:32	00:40:40	02:11:13	01:20:45	45 - 49 anos	15
139	78	Tiago Rosa		Sporting Clube de Espinho	04:20:51	00:45:02	02:09:18	01:20:49	40 - 44 anos	20
140	454	Deodato Evangelista		Bairro dos Anjos Leiria	04:21:18	00:38:38	02:09:03	01:28:35	45 - 49 anos	16
141	23	João Godinho			04:21:19	00:39:17	02:11:43	01:24:35	45 - 49 anos	17
142	6	Priscila Gonçalves		LBsquad	04:21:24	00:36:41	02:10:03	01:29:20	45 - 49 anos	2
143	34	Luis Alegrias		Kainágua	04:21:28	00:33:26	02:11:00	01:30:36	50 - 54 anos	14
144	347	Rui Santos		Triclube Penafiel	04:21:30	00:30:29	02:21:56	01:21:52	35 - 39 anos	29
145	401	João Horteiga			04:21:32	00:38:09	02:11:56	01:26:02	30 - 34 anos	23
146	468	Manuel Theotónio			04:21:33	00:36:06	02:17:13	01:22:16	25 - 29 anos	19
147	53	Diogo Dias			04:21:58	00:31:32	02:15:22	01:26:38	25 - 29 anos	20
148	958	Vermersch William			04:21:58	00:34:37	02:26:29	01:14:58	30 - 34 anos	24
149	911	Guilherme Pereira		Amigos	04:22:06	00:29:16	02:26:52	01:16:26	25 - 29 anos	21
150	255	Francisco Dias			04:22:11	00:34:43	02:20:10	01:22:33	30 - 34 anos	25
151	403	Telmo Nogueira		Alhandra Sporting Club	04:22:20	00:39:27	02:18:51	01:18:24	40 - 44 anos	21
152	593	Gonçalo Beirão		Outsystems Olímpico de Oeiras	04:22:33	00:31:30	02:19:22	01:27:39	30 - 34 anos	26

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Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
153	581	Rui Santos			04:22:40	00:40:21	02:10:21	01:25:26	45 - 49 anos	18
154	792	Tiago Teixeira			04:22:42	00:39:42	02:10:54	01:24:39	30 - 34 anos	27
155	356	Bonifacio Meixedo			04:22:52	00:39:56	02:13:19	01:23:11	35 - 39 anos	30
156	474	Guilherme Carvalho		AmoraSub/Associação Naval Amorense	04:22:53	00:37:32	02:17:22	01:22:08	35 - 39 anos	31
157	550	Luis Merca		3B Triatlo	04:23:05	00:31:59	02:14:59	01:30:30	35 - 39 anos	32
158	836	Bruno Pinto		Casa Benfica Abrantes	04:23:05	00:34:40	02:20:17	01:23:24	35 - 39 anos	33
159	102	Martim Oliveira			04:23:13	00:35:59	02:13:46	01:26:18	18 - 24 anos	12
160	626	Tomás Branco		Momentum	04:23:43	00:37:20	02:17:38	01:22:32	30 - 34 anos	28
161	288	Leilltonn Sousa			04:23:49	00:36:05	02:15:46	01:26:23	40 - 44 anos	22
162	195	Guilherme Franco			04:24:02	00:37:31	02:24:21	01:16:43	25 - 29 anos	22
163	200	Hugo Carvalho			04:24:05	00:36:03	02:17:04	01:24:53	25 - 29 anos	23
164	19	Manuel Mira			04:24:08	00:30:47	02:09:25	01:39:16	35 - 39 anos	34
165	516	Bernardo Freire			04:24:19	00:27:07	02:24:48	01:26:44	18 - 24 anos	13
166	66	Pedro Monteiro			04:24:46	00:39:14	02:15:15	01:20:50	30 - 34 anos	29
167	610	Ana Valentim		Clube Oriental de Lisboa	04:24:48	00:38:56	02:16:36	01:25:03	45 - 49 anos	3
168	82	Duarte Reis		LBsquad	04:24:52	00:33:42	02:24:10	01:19:31	35 - 39 anos	35
169	816	Pedro Lourenço		Clube dos Galitos	04:24:55	00:33:51	02:11:17	01:32:30	35 - 39 anos	36
170	968	Gaspar Costa		Ginásio Clube Naval de Faro	04:24:55	00:38:02	02:10:46	01:28:52	35 - 39 anos	37
171	231	Henrique Correia			04:25:00	00:36:12	02:16:22	01:26:55	25 - 29 anos	24

SINES TRIATHLON^{'20}₂₆

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
172	130	Nuno Salema		Triatlo Fundação Salesianos	04:25:08	00:37:54	02:18:03	01:22:43	40 - 44 anos	23
173	322	Eurico Cunha		Clube Fluvial Vilacondense	04:25:09	00:39:12	02:05:54	01:31:53	40 - 44 anos	24
174	325	Francisco Bruno		Clube Millennium BCP	04:25:23	00:36:46	02:11:32	01:30:14	30 - 34 anos	30
175	88	Diogo Custódio		Clube Desportivo da Venda do Pinheiro	04:26:24	00:30:59	02:15:24	01:33:39	35 - 39 anos	38
176	271	Alessia Teixeira		Triclube Penafiel	04:26:25	00:35:43	02:10:07	01:35:15	30 - 34 anos	2
177	616	Jorge Abreu			04:26:29	00:38:58	02:21:39	01:19:30	40 - 44 anos	25
178	665	Ricardo Cabral		Wikaboo	04:26:44	00:36:10	02:11:05	01:33:36	40 - 44 anos	26
179	68	Nuno Barruncho		LBsquad	04:27:08	00:40:43	02:18:26	01:19:40	45 - 49 anos	19
180	752	Flávio Figueiredo		Exército de Portugal	04:27:12	00:35:19	02:21:33	01:24:56	40 - 44 anos	27
181	138	Pelayo Corominas			04:27:14	00:36:50	02:21:23	01:22:01	30 - 34 anos	31
182	913	Hugo Dias		Triatlo Fundação Salesianos	04:27:15	00:34:03	02:11:26	01:36:55	40 - 44 anos	28
183	673	Bruno Fonseca		Clube de Futebol Os Belenenses	04:27:36	00:33:26	02:19:00	01:29:58	45 - 49 anos	20
184	676	Francisco Fonseca			04:28:02	00:40:10	02:12:25	01:28:17	25 - 29 anos	25
185	849	Laura Rodríguez		Olid Triathlon Team Uninvest	04:28:22	00:32:49	02:21:45	01:27:01	45 - 49 anos	4
186	937	João Varela			04:28:23	00:40:25	02:16:28	01:25:36	30 - 34 anos	32
187	951	Emanuel Esteves			04:28:23	00:35:33	02:18:34	01:27:18	25 - 29 anos	26
188	657	José Valentim		LBsquad	04:28:25	00:39:59	02:11:01	01:30:55	45 - 49 anos	21
189	171	João Neves			04:28:29	00:27:38	02:24:18	01:28:29	30 - 34 anos	33
190	631	Marco Caetano			04:28:34	00:35:02	02:25:27	01:23:12	35 - 39 anos	39

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
191	548	Bruno Alves		Alhandra Sporting Club	04:28:43	00:37:34	02:18:43	01:26:06	45 - 49 anos	22
192	277	Gonçalo Martins		Clube Fluvial Vilacondense	04:28:44	00:42:03	02:14:33	01:25:17	30 - 34 anos	34
193	706	Pedro Couto		Associação Vale Grande	04:28:49	00:38:54	02:18:15	01:25:00	45 - 49 anos	23
194	868	Fábio Andrade		Triatlo - Clube Desportivo Vendo do Pinheiro	04:29:09	00:39:42	02:10:46	01:30:08	40 - 44 anos	29
195	595	Rui Gomes		Outsystems Olímpico de Oeiras	04:29:11	00:38:22	02:13:14	01:27:59	45 - 49 anos	24
196	39	Alexandre Sousa		Triatlo Clube TAP	04:29:15	00:35:42	02:19:58	01:27:47	35 - 39 anos	40
197	396	Mitler Nascimento			04:29:15	00:35:25	02:17:33	01:29:03	35 - 39 anos	41
198	596	Gonçalo Correia		Outsystems Olímpico de Oeiras	04:29:19	00:35:33	02:16:06	01:27:56	45 - 49 anos	25
199	417	Gonçalo Santos		Clube de Futebol Os Belenenses	04:29:22	00:32:51	02:22:24	01:29:16	30 - 34 anos	35
200	728	Nuno Correia		Pimpões Triatlo	04:29:25	00:39:12	02:14:38	01:27:33	50 - 54 anos	15
201	477	Diana Carvalho		CUPS	04:29:25	00:35:13	02:23:57	01:24:38	35 - 39 anos	3
202	585	Pedro Fernandes		Clube Oriental de Lisboa	04:29:26	00:35:12	02:20:15	01:29:03	45 - 49 anos	26
203	234	Paulo Frreitas			04:29:35	00:41:33	02:15:41	01:26:25	35 - 39 anos	42
204	770	Tiago Fonseca		Sporting Clube de Portugal	04:29:35	00:33:36	02:17:43	01:32:58	18 - 24 anos	14
205	523	Maria Medeiro		Outsystems Olímpico de Oeiras	04:29:35	00:31:58	02:20:59	01:31:27	25 - 29 anos	1
206	678	Rui Trovão		Académica Triatlo	04:30:00	00:37:51	02:13:43	01:31:32	40 - 44 anos	30
207	398	Pedro Correia		LUZIGÁS	04:30:07	00:37:15	02:19:00	01:27:28	45 - 49 anos	27
208	431	Hugo Marques		MOMENTUM	04:30:12	00:43:38	02:15:06	01:25:35	40 - 44 anos	31
209	126	Firmino Dias			04:30:22	00:37:26	02:14:57	01:30:23	45 - 49 anos	28

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
210	1003	Alexandre Rilhas			04:30:23	00:38:26	02:17:45	01:26:18	18 - 24 anos	15
211	540	Andre Monteiro		Académica Triatlo	04:30:29	00:39:04	02:16:39	01:28:16	30 - 34 anos	36
212	627	Vasco Baptista			04:30:42	00:38:18	02:06:52	01:34:46	45 - 49 anos	29
213	161	Sebastião Martins			04:31:07	00:34:59	02:21:19	01:30:24	35 - 39 anos	43
214	724	Jorge Araujo			04:31:21	00:31:36	02:22:12	01:29:20	55 - 59 anos	7
215	167	Paulo Carvalhinho		Kainágua	04:31:25	00:37:27	02:16:38	01:27:35	55 - 59 anos	8
216	818	Ynske Rodenhuis			04:31:26	00:31:44	02:26:14	01:28:49	40 - 44 anos	1
217	528	Sérgio Carvalho		Outsystems Olímpico de Oeiras	04:31:40	00:41:49	02:21:05	01:23:09	35 - 39 anos	44
218	987	Filipa Pinheiro		Marretas do Norte	04:31:43	00:28:21	02:18:06	01:38:59	30 - 34 anos	3
219	426	Anderson Silva			04:31:48	00:38:35	02:25:05	01:22:29	35 - 39 anos	45
220	832	Artur Lima		Grupo Desportivo de Nataç�o de Famalic�o	04:31:54	00:37:09	02:20:12	01:28:04	30 - 34 anos	37
221	215	Ant�nio Barbosa		Associa�o Vale Grande	04:32:01	00:41:22	02:24:43	01:18:43	45 - 49 anos	30
222	76	Nadine Dittrich		LBSquad	04:32:03	00:33:08	02:11:03	01:41:36	50 - 54 anos	1
223	763	Rog�rio Pires		Clube de Triatlo do Fund�o	04:32:03	00:40:09	02:15:13	01:30:03	50 - 54 anos	16
224	697	Miguel Melo		CRC Marvila Jovem	04:32:14	00:32:59	02:26:58	01:27:06	35 - 39 anos	46
225	323	Jo�o Ser�dio		Vit�ria de Janes	04:32:23	00:42:39	02:15:27	01:27:38	40 - 44 anos	32
226	257	Manuel Vilarinho			04:32:37	00:35:51	02:24:55	01:25:52	25 - 29 anos	27
227	212	Tiago Soares			04:32:46	00:38:38	02:23:15	01:23:46	35 - 39 anos	47
228	156	Jo�o Silva		Clube Fluvial Vilacondense	04:33:17	00:49:20	02:10:35	01:24:37	40 - 44 anos	33

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
229	327	Pedro Costa			04:33:21	00:43:30	02:16:01	01:25:52	50 - 54 anos	17
230	146	José Farinha		Clube Millennium BCP	04:33:37	00:41:51	02:14:37	01:31:39	50 - 54 anos	18
231	915	Pedro Bilro		Kainágua	04:33:49	00:34:46	02:19:09	01:32:47	50 - 54 anos	19
232	142	Gustavo Antunes			04:34:06	00:37:20	02:16:35	01:33:12	45 - 49 anos	31
233	756	Paulo Sousa		Exército de Portugal	04:34:13	00:43:02	02:16:16	01:28:59	30 - 34 anos	38
234	376	António Marinho			04:34:15	00:38:33	02:13:06	01:34:23	45 - 49 anos	32
235	298	Guilherme Ribeiro		OnTri Sports	04:34:18	00:43:11	02:22:37	01:23:19	25 - 29 anos	28
236	857	Gonçalo Soares		LBsquad	04:34:49	00:34:15	02:29:36	01:23:27	25 - 29 anos	29
237	705	Luis Gonçalves			04:34:54	00:39:56	02:22:17	01:25:02	40 - 44 anos	34
238	751	João Cardoso		Exército de Portugal	04:34:58	00:37:20	02:20:52	01:29:13	40 - 44 anos	35
239	984	Daniel Cesario		Vasco da Gama Atlético Clube de Sines	04:35:10	00:37:14	02:12:56	01:39:01	40 - 44 anos	36
240	649	João Rosa		Quitério TriPeniche	04:35:30	00:36:03	02:17:32	01:33:04	50 - 54 anos	20
241	355	Rui Sousa			04:35:39	00:34:16	02:30:14	01:25:43	55 - 59 anos	9
242	81	Hugo Alves			04:35:40	00:35:39	02:18:48	01:34:40	45 - 49 anos	33
243	615	Vicente Costa			04:35:50	00:29:22	02:17:05	01:43:26	18 - 24 anos	16
244	643	Mario Saloio		Kainágua	04:35:59	00:39:54	02:21:23	01:28:27	45 - 49 anos	34
245	106	Gonçalo Almeida		Alhandra Sporting Club	04:36:01	00:34:07	02:20:47	01:35:41	45 - 49 anos	35
246	390	João Afonso			04:36:03	00:35:04	02:23:33	01:29:01	45 - 49 anos	36
247	310	João Gaspar		Tribraga	04:36:16	00:39:06	02:29:42	01:20:23	35 - 39 anos	48

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
248	808	Eva Silva		Outsystems Olímpico de Oeiras	04:36:18	00:38:32	02:20:57	01:30:46	45 - 49 anos	5
249	972	Vitalii Provotorov			04:36:25	00:35:38	02:18:19	01:35:41	40 - 44 anos	37
250	787	Celso Guerra		OPraticante.pt	04:36:32	00:38:40	02:19:30	01:29:35	50 - 54 anos	21
251	562	Goncalo Falcao		CUPS	04:36:33	00:40:45	02:25:22	01:23:18	35 - 39 anos	49
252	430	Guilherme Carlos		Clube Desportivo da Venda do Pinheiro	04:36:43	00:33:33	02:18:04	01:38:03	18 - 24 anos	17
253	835	André Pereira		Casa Benfica Abrantes	04:36:47	00:43:33	02:20:39	01:25:32	30 - 34 anos	39
254	114	Luís Andrade		LBsquad	04:36:53	00:30:47	02:31:20	01:28:03	25 - 29 anos	30
255	219	Vitor Leal			04:36:53	00:33:05	02:25:38	01:29:11	25 - 29 anos	31
256	314	Joel Ramos			04:36:58	00:35:41	02:21:46	01:32:10	35 - 39 anos	50
257	16	Paulo Rodrigues		LBsquad	04:37:02	00:41:31	02:26:15	01:23:27	35 - 39 anos	51
258	603	André Cabral			04:37:29	00:36:24	02:29:38	01:25:37	50 - 54 anos	22
259	820	Afonso Valente		LBsquad	04:37:32	00:40:27	02:39:39	01:09:39	25 - 29 anos	32
260	51	Rita Machado		Apulso	04:37:37	00:34:38	02:21:35	01:35:54	35 - 39 anos	4
261	747	Luis Figueira		GRCD Leão Triatlo	04:37:39	00:35:02	02:19:41	01:33:24	50 - 54 anos	23
262	793	João Pinho			04:37:48	00:40:54	02:21:18	01:26:53	35 - 39 anos	52
263	730	João Simões			04:37:56	00:35:06	02:22:07	01:33:23	30 - 34 anos	40
264	27	António Marques			04:38:00	00:35:30	02:26:19	01:29:59	50 - 54 anos	24
265	360	Henrique Delgado		Triatlo Clube da Lourinhã	04:38:30	00:31:27	02:22:12	01:37:57	40 - 44 anos	38
266	938	Paulo Faria		Outsystems Olímpico de Oeiras	04:38:33	00:39:04	02:23:27	01:27:22	45 - 49 anos	37

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
267	63	André Mendes			04:39:06	00:38:05	02:20:43	01:31:48	35 - 39 anos	53
268	842	André Pestana			04:39:11	00:39:10	02:26:47	01:28:04	25 - 29 anos	33
269	642	Fernando Francisco		Centro Ciclismo Azeitonense	04:39:15	00:46:22	02:17:20	01:28:10	40 - 44 anos	39
270	749	Pedro Filipe		Vitória de Janes	04:39:18	00:28:51	02:29:43	01:33:39	50 - 54 anos	25
271	766	David Salgado			04:39:21	00:36:09	02:34:12	01:18:13	35 - 39 anos	54
272	594	Eladio Manuel		Outsystems Olímpico de Oeiras	04:39:23	00:42:11	02:21:35	01:27:02	50 - 54 anos	26
273	601	Tiago Malheiro		Outsystems Olímpico de Oeiras	04:39:33	00:35:34	02:25:47	01:31:55	30 - 34 anos	41
274	759	Pedro Ferreira			04:39:36	00:38:05	02:20:24	01:35:05	50 - 54 anos	27
275	653	Pedro Nogueira			04:39:47	00:37:55	02:18:27	01:36:18	45 - 49 anos	38
276	358	Bruno Nunes			04:39:50	00:40:15	02:22:43	01:28:46	30 - 34 anos	42
277	592	Manuel Horteiga		Outsystems Olímpico de Oeiras	04:40:04	00:39:42	02:20:23	01:31:21	25 - 29 anos	34
278	505	Fernando Fana		CCBTTELVAS -F.C.ELVENSES	04:40:14	00:37:51	02:11:04	01:44:43	40 - 44 anos	40
279	268	Joao Abreu		Clube Desportivo da Venda do Pinheiro	04:40:17	00:41:00	02:24:47	01:25:50	40 - 44 anos	41
280	235	Christian Ramos		Clube Oriental de Lisboa	04:40:42	00:39:24	02:29:08	01:27:07	45 - 49 anos	39
281	108	Rafael Barbosa		Thomar Athletics	04:40:45	00:39:34	02:23:30	01:29:12	25 - 29 anos	35
282	91	Sara Cruz			04:40:46	00:28:59	02:32:19	01:34:58	30 - 34 anos	4
283	777	André Ferreira		Ludens Clube Machico - Hospital Particular da Madeira	04:40:47	00:29:13	02:25:18	01:40:45	35 - 39 anos	55
284	625	Hugo Machado		ALTU Endurance	04:40:48	00:40:31	02:23:55	01:28:28	40 - 44 anos	42

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
285	458	Hugo Barbosa		Grupo Desportivo da Goma	04:40:51	00:44:56	02:18:13	01:29:10	40 - 44 anos	43
286	207	João Anastácio		LBsquad	04:41:01	00:40:59	02:21:23	01:28:51	25 - 29 anos	36
287	628	Roberto Rosado		GDRC Ponterrolense	04:41:01	00:42:03	02:16:18	01:36:34	40 - 44 anos	44
288	389	Válter Luís		Clube de Natação de Torres Novas	04:41:09	00:39:34	02:14:56	01:40:35	45 - 49 anos	40
289	127	Hélio Dias			04:41:12	00:41:18	02:16:15	01:36:07	35 - 39 anos	56
290	629	Ricardo Pereira			04:41:12	00:43:01	02:22:02	01:27:00	45 - 49 anos	41
291	232	Diogo Godinho			04:41:20	00:33:46	02:22:19	01:40:02	40 - 44 anos	45
292	178	Fernando Neto			04:41:27	00:40:33	02:27:47	01:24:00	45 - 49 anos	42
293	239	Bruno Carvalheiro		LBsquad	04:41:33	00:36:53	02:27:07	01:29:44	40 - 44 anos	46
294	757	José Rodrigues		Exército de Portugal	04:41:42	00:39:00	02:25:36	01:31:22	45 - 49 anos	43
295	110	João Neves		LBsquad	04:41:57	00:42:27	02:19:13	01:33:43	25 - 29 anos	37
296	442	Gonçalo Santos			04:41:59	00:37:38	02:26:15	01:30:52	30 - 34 anos	43
297	407	Rita Grilo		LBsquad	04:42:07	00:30:59	02:34:20	01:30:11	25 - 29 anos	2
298	47	André Nunes			04:42:29	00:37:18	02:22:04	01:32:16	30 - 34 anos	44
299	491	Pedro Fernandes			04:42:39	00:38:24	02:33:07	01:24:39	25 - 29 anos	38
300	778	Rosa Martins		Ludens Clube Machico - Hospital Particular da Madeira	04:42:41	00:33:25	02:19:31	01:43:31	25 - 29 anos	3
301	21	Pedro Luiz			04:42:43	00:39:35	02:20:27	01:37:27	40 - 44 anos	47
302	919	Diogo Viçosa		Apulso	04:42:53	00:36:44	02:32:04	01:29:06	35 - 39 anos	57
303	93	Bruno Carreira			04:43:03	00:41:09	02:24:16	01:30:48	40 - 44 anos	48

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
304	771	Pedro Graça			04:43:03	00:39:58	02:30:22	01:26:48	35 - 39 anos	58
305	957	Andre Melo		OnTri Sports	04:43:11	00:36:42	02:25:18	01:33:32	30 - 34 anos	45
306	568	Miguel Lima		OnTri Sports	04:43:18	00:38:25	02:11:33	01:47:07	40 - 44 anos	49
307	856	Ana Sampaio		Alhandra Sporting Club	04:43:18	00:30:02	02:32:36	01:33:55	35 - 39 anos	5
308	393	Ricardo Faria			04:43:34	00:35:17	02:20:05	01:41:34	45 - 49 anos	44
309	165	Júlio Marques			04:43:35	00:42:31	02:25:16	01:28:12	45 - 49 anos	45
310	162	João Valverde		Kainágua	04:43:37	00:43:51	02:26:45	01:23:25	30 - 34 anos	46
311	622	Joana Viana		ALTU Endurance	04:43:50	00:29:26	02:35:43	01:34:16	35 - 39 anos	6
312	119	Maria Gorjão			04:43:51	00:39:30	02:31:32	01:26:47	18 - 24 anos	2
313	359	Bruno Pilar		AmoraSub/Associação Naval Amorense	04:43:55	00:44:07	02:14:27	01:36:48	35 - 39 anos	59
314	571	Antonio Marcelo			04:44:05	00:39:39	02:26:37	01:27:39	55 - 59 anos	10
315	294	João Farinha			04:44:11	00:42:30	02:24:54	01:29:24	35 - 39 anos	60
316	109	Vitor Ferreira		Triatlo Fundação Salesianos	04:44:19	00:40:12	02:25:53	01:32:29	45 - 49 anos	46
317	122	Tiago Inácio		Alcance	04:44:29	00:34:31	02:17:44	01:46:37	18 - 24 anos	18
318	954	Aidan Mckay		Sintra Trail Runners	04:44:29	00:36:36	02:18:42	01:37:25	60 - 64 anos	2
319	502	Ricardo Freire		AmoraSub/Associação Naval Amorense	04:44:29	00:38:45	02:26:49	01:28:50	40 - 44 anos	50
320	30	Ricardo Dias			04:44:32	00:37:00	02:19:08	01:38:02	25 - 29 anos	39
321	989	Marco Machado		Grupo Desportivo da Goma	04:44:33	00:40:17	02:22:46	01:35:06	40 - 44 anos	51
322	732	Nuno Cortesao		Apulso	04:44:40	00:34:52	02:27:39	01:36:05	35 - 39 anos	61

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
323	701	Jorge Ambrósio		Outsystems Olímpico de Oeiras	04:44:41	00:41:25	02:24:01	01:32:07	25 - 29 anos	40
324	764	João Carles			04:44:50	00:37:41	02:24:58	01:35:06	25 - 29 anos	41
325	703	Luis Santos		Outsystems Olímpico de Oeiras	04:44:54	00:42:42	02:30:22	01:24:09	30 - 34 anos	47
326	366	José Santa			04:45:10	00:40:32	02:26:20	01:30:50	40 - 44 anos	52
327	385	Denise Lorenzoni		Clube Desportivo da Venda do Pinheiro	04:45:19	00:37:06	02:25:36	01:38:03	45 - 49 anos	6
328	490	Inês Rijo		Triatlo Clube da Lourinhã	04:45:24	00:36:58	02:29:57	01:31:00	30 - 34 anos	5
329	495	Alberto Pires			04:45:25	00:39:19	02:22:13	01:34:11	55 - 59 anos	11
330	368	Manuel Leite			04:45:25	00:38:35	02:26:22	01:33:09	30 - 34 anos	48
331	387	Frederico Carrelo		Triatlo Fundação Salesianos	04:45:31	00:37:42	02:21:02	01:38:53	30 - 34 anos	49
332	883	João Janeiro		Apulso	04:45:36	00:37:38	02:34:32	01:26:58	35 - 39 anos	62
333	710	Diana Gonçalves		Outsystems Olímpico de Oeiras	04:45:37	00:36:11	02:30:16	01:33:14	18 - 24 anos	3
334	377	Diogo Cartaxo			04:45:40	00:47:40	02:20:19	01:30:14	40 - 44 anos	53
335	172	Ricardo Silva		Alhandra Sporting Club	04:46:01	00:34:04	02:23:12	01:43:46	30 - 34 anos	50
336	378	João Rubina			04:46:08	00:42:16	02:25:05	01:31:12	30 - 34 anos	51
337	903	Alexandre Alves			04:46:25	00:38:23	02:20:16	01:41:07	25 - 29 anos	42
338	946	André Mafra			04:46:33	00:42:08	02:20:06	01:37:02	25 - 29 anos	43
339	113	Francisco Loureiro	ONTRI		04:46:41	00:35:06	02:31:36	01:32:59	25 - 29 anos	44
340	60	Shahin Gharghi	LBsquad		04:46:50	00:41:55	02:16:27	01:41:07	40 - 44 anos	54
341	611	João Pina			04:46:55	00:39:09	02:27:04	01:33:04	40 - 44 anos	55

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
342	397	José Machado	SFRAA		04:46:57	00:41:16	02:27:51	01:29:35	25 - 29 anos	45
343	501	Hugo Martins	Académica Triatlo		04:47:11	00:44:48	02:19:06	01:36:46	45 - 49 anos	47
344	998	Rita Monteiro	Clube Desportivo da Venda do Pinheiro		04:47:13	00:34:24	02:32:24	01:33:47	45 - 49 anos	7
345	112	Luís Silva	Clube Oriental de Lisboa		04:47:13	00:31:18	02:32:05	01:35:12	50 - 54 anos	28
346	201	Bártolo Dias	LBSquad		04:47:29	00:42:33	02:24:28	01:32:06	30 - 34 anos	52
347	840	Filipe Marques			04:47:36	00:37:28	02:25:17	01:36:00	30 - 34 anos	53
348	204	Patricia Contador	Amiciclo Grândola		04:47:37	00:41:46	02:27:02	01:32:23	35 - 39 anos	7
349	38	Afonso Pereira	ALTU Endurance		04:48:34	00:39:05	02:24:22	01:38:03	40 - 44 anos	56
350	188	Gonçalo Mendes	Clube Millennium BCP		04:48:39	00:35:26	02:30:17	01:36:07	25 - 29 anos	46
351	872	José Bonito			04:48:40	00:42:26	02:26:15	01:32:36	55 - 59 anos	12
352	457	Marcos Vales	Clube Fluvial Vilacondense		04:48:43	00:40:50	02:23:34	01:36:44	35 - 39 anos	63
353	552	Pedro Nunes	Triatlo Fundação Salesianos		04:48:48	00:38:23	02:24:02	01:37:42	40 - 44 anos	57
354	381	André Machado	ALTU Endurance		04:48:54	00:38:52	02:30:50	01:30:52	35 - 39 anos	64
355	186	Ricardo Almeida			04:49:04	00:41:43	02:31:25	01:26:41	45 - 49 anos	48
356	25	José Varela	Kainágua		04:49:08	00:37:24	02:23:53	01:38:11	50 - 54 anos	29
357	306	Carlos Gomes			04:49:13	00:40:59	02:28:44	01:28:41	45 - 49 anos	49
358	174	Francisco Duarte			04:49:23	00:43:15	02:23:34	01:35:37	18 - 24 anos	19
359	427	António Pessoa			04:49:51	00:39:51	02:25:41	01:34:18	30 - 34 anos	54

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
360	345	Martim Nunes		Zimbra Tri	04:49:53	00:42:26	02:28:45	01:29:29	50 - 54 anos	30
361	918	Bruno Carvalho		ALTU Endurance	04:50:01	00:39:29	02:34:43	01:28:56	30 - 34 anos	55
362	694	Guilherme Marta		CRC Marvila Jovem	04:50:01	00:40:31	02:30:47	01:32:09	40 - 44 anos	58
363	37	Jorge Rodrigues		OnTri Sports	04:50:01	00:44:26	02:32:44	01:24:27	40 - 44 anos	59
364	33	João Gandum			04:50:08	00:41:56	02:21:42	01:39:57	30 - 34 anos	56
365	301	Joao Nunes		ALTU Endurance	04:50:14	00:39:04	02:30:13	01:33:34	40 - 44 anos	60
366	647	Ricardo Mateus		Clube de Natação de Alcobaça CNAL	04:50:15	00:37:06	02:32:53	01:33:39	45 - 49 anos	50
367	344	Tiago Lopes			04:50:17	00:38:06	02:34:01	01:29:50	35 - 39 anos	65
368	965	Bruno Silva		GMC Team Silgar Nextgreen	04:50:18	00:41:26	02:27:35	01:34:27	35 - 39 anos	66
369	782	Bruno Gois		Ludens Clube Machico - Hospital Particular da Madeira	04:50:32	00:35:44	02:36:18	01:32:57	50 - 54 anos	31
370	700	João Westwood		Outsystems Olímpico de Oeiras	04:50:36	00:35:07	02:30:46	01:38:36	35 - 39 anos	67
371	408	Fernanda Santinha		Clube Oriental de Lisboa	04:50:40	00:39:50	02:37:08	01:26:50	50 - 54 anos	2
372	222	Vera Silva		Grupo Desportivo da Goma	04:50:50	00:43:32	02:33:06	01:27:32	25 - 29 anos	4
373	762	Gonçalo Ruivo			04:51:13	00:40:09	02:31:36	01:30:51	35 - 39 anos	68
374	117	Luís Lemos		FC Ferreiras	04:51:22	00:43:39	02:29:32	01:33:40	45 - 49 anos	51
375	129	Ricardo Ferreira			04:51:35	00:41:02	02:42:21	01:21:20	18 - 24 anos	20
376	949	Afonso Branco		Clube Desportivo da Venda do Pinheiro	04:51:38	00:36:14	02:31:04	01:36:14	25 - 29 anos	47
377	292	Nuno Silva		CAOH	04:51:49	00:32:20	02:25:44	01:46:58	35 - 39 anos	69

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
378	435	Fernanda Rates		LBSquad	04:51:53	00:38:24	02:30:42	01:36:29	40 - 44 anos	2
379	977	Jean Urbano			04:52:03	00:37:15	02:24:30	01:40:22	65 - 69 anos	1
380	901	Francisco Castro		AmoraSub/Associação Naval Amorense	04:52:06	00:41:03	02:36:08	01:23:46	25 - 29 anos	48
381	536	Marrion Dias			04:52:13	00:39:15	02:35:17	01:30:24	30 - 34 anos	57
382	35	João Fernandes			04:52:28	00:38:27	02:20:00	01:47:23	30 - 34 anos	58
383	41	Francisco Silva		OnTri Sports	04:52:28	00:45:34	02:21:36	01:34:16	40 - 44 anos	61
384	652	Mário Porfírio		Estoril Praia Credibom	04:52:33	00:37:12	02:31:08	01:36:12	50 - 54 anos	32
385	391	Aliona Gutu		Triatlo Fundação Salesianos	04:52:35	00:42:20	02:34:15	01:26:35	35 - 39 anos	8
386	715	Filipe Leitao		Outsystems Olímpico de Oeiras	04:53:02	00:40:04	02:34:49	01:31:27	50 - 54 anos	33
387	256	Inês Diogo			04:53:02	00:41:31	02:32:42	01:28:06	30 - 34 anos	6
388	496	João Oliveira		Outsystems Olímpico de Oeiras	04:53:04	00:42:35	02:26:29	01:38:27	40 - 44 anos	62
389	695	Gonçalo Silva		CRC Marvila Jovem	04:53:06	00:40:04	02:43:14	01:23:31	45 - 49 anos	52
390	586	Paulo Garrudo		Triatlo Fundação Salesianos	04:53:10	00:42:34	02:26:04	01:37:31	45 - 49 anos	53
391	92	Francisco Bastos		Triatlo Clube TAP	04:53:11	00:34:32	02:24:19	01:47:49	35 - 39 anos	70
392	436	João Balsa			04:53:11	00:38:33	02:28:19	01:38:14	35 - 39 anos	71
393	561	Luís Roseiro		Estoril Praia Credibom	04:53:20	00:35:00	02:24:42	01:43:56	60 - 64 anos	3
394	189	Santiago Sampaio			04:53:28	00:42:30	02:23:26	01:36:29	30 - 34 anos	59
395	240	Manuel Pires			04:53:32	00:42:40	02:32:37	01:29:52	65 - 69 anos	2
396	823	Carlos Gregório		Lusitano - Setúbal	04:53:35	00:44:07	02:34:55	01:26:43	45 - 49 anos	54

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
397	945	Carlos Rodrigues			04:53:39	00:44:49	02:28:02	01:32:23	40 - 44 anos	63
398	779	António Oliveira		Ludens Clube Machico - Hospital Particular da Madeira	04:53:44	00:38:27	02:27:15	01:40:42	60 - 64 anos	4
399	254	Tiago Vaz			04:53:44	00:45:11	02:26:58	01:33:19	45 - 49 anos	55
400	395	Hélio Rasteiro		Sporting Clube de Portugal	04:53:47	00:42:11	02:27:02	01:32:46	45 - 49 anos	56
401	698	Pedro Cordeiro			04:53:50	00:33:33	02:27:02	01:45:41	55 - 59 anos	13
402	809	Virgílio Ramos			04:53:51	00:34:28	02:15:49	01:53:11	45 - 49 anos	57
403	981	Rui Messias		Vasco da Gama Atlético Clube de Sines	04:53:59	00:44:43	02:23:29	01:39:48	40 - 44 anos	64
404	549	Luís Nascimento			04:54:06	00:52:45	02:34:22	01:19:58	40 - 44 anos	65
405	372	António Saraiva			04:54:07	00:38:28	02:33:17	01:32:06	25 - 29 anos	49
406	163	Paulo Lamego			04:54:09	00:35:17	02:27:30	01:45:10	55 - 59 anos	14
407	662	Fábio Fonseca		Nasdaq	04:54:19	00:36:40	02:28:36	01:39:52	50 - 54 anos	34
408	143	Mafalda Monteiro		LBSquad	04:54:23	00:39:54	02:29:32	01:37:43	35 - 39 anos	9
409	806	Frederico Nunes		MOMENTUM	04:54:33	00:39:52	02:26:19	01:41:48	18 - 24 anos	21
410	461	Simone Siebra			04:54:34	00:40:13	02:20:30	01:46:16	50 - 54 anos	3
411	208	Manuel Nunes			04:54:45	00:40:29	02:25:00	01:39:34	60 - 64 anos	5
412	524	Gonçalo Horteiga		Outsystems Olímpico de Oeiras	04:54:50	00:42:56	02:24:01	01:41:30	30 - 34 anos	60
413	589	Vitor Fonseca			04:54:57	00:40:50	02:21:04	01:44:32	45 - 49 anos	58
414	612	Andre Gordinho			04:54:57	00:43:09	02:19:58	01:41:08	40 - 44 anos	66
415	251	Ricardo Jerónimo			04:55:08	00:37:49	02:23:44	01:45:04	40 - 44 anos	67

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
416	966	Luis Monteiro			04:55:08	00:27:58	02:29:02	01:51:46	40 - 44 anos	68
417	709	Francisco Heitor		Outsystems Olímpico de Oeiras	04:55:13	00:31:30	02:31:09	01:43:44	50 - 54 anos	35
418	765	Celso Costa		Momentum	04:55:17	00:36:15	02:43:18	01:27:12	35 - 39 anos	72
419	882	Ricardo Quiterio		Quitério TriPeniche	04:55:30	00:42:00	02:19:32	01:46:12	45 - 49 anos	59
420	674	Pedro Rodrigues			04:55:31	00:42:02	02:29:31	01:35:44	30 - 34 anos	61
421	558	Ricardo Duarte			04:55:44	00:39:22	02:30:26	01:39:38	45 - 49 anos	60
422	282	João Esteves		Pimpões Triatlo	04:55:45	00:36:27	02:36:41	01:36:54	35 - 39 anos	73
423	67	Vasco Pearson			04:55:48	00:38:05	02:37:51	01:32:45	25 - 29 anos	50
424	973	Nuno Tavares			04:56:01	00:39:40	02:34:55	01:33:49	30 - 34 anos	62
425	238	Carlota Antunes		Triatlo Fundação Salesianos	04:56:03	00:35:59	02:35:43	01:38:47	35 - 39 anos	10
426	613	Viktoriya Savchenko			04:56:06	00:39:32	02:29:46	01:40:12	25 - 29 anos	5
427	693	Micael Domingues			04:56:09	00:46:52	02:24:21	01:35:14	30 - 34 anos	63
428	877	Nuno Vaz			04:56:15	00:37:26	02:32:46	01:38:33	50 - 54 anos	36
429	336	Pedro Melo		ALTU Endurance	04:56:17	00:41:08	02:34:07	01:34:07	45 - 49 anos	61
430	663	Dmitrii Bushev		OnTri Sports	04:56:21	00:38:05	02:26:49	01:39:17	35 - 39 anos	74
431	100	Maria Cocco		Triatlo Fundação Salesianos	04:56:29	00:36:18	02:34:40	01:40:34	18 - 24 anos	4
432	707	Ricardo Moita			04:56:35	00:39:06	02:31:32	01:36:02	25 - 29 anos	51
433	534	Afonso Barroso			04:56:43	00:41:24	02:34:52	01:33:49	25 - 29 anos	52
434	545	Plinio Marques		AmoraSub/Associação Naval Amorense	04:56:49	00:38:12	02:28:03	01:42:01	45 - 49 anos	62

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
435	859	Ana Oliveira		Tri Amazing	04:56:49	00:37:37	02:26:37	01:46:52	55 - 59 anos	1
436	845	Gonçalo Afonso			04:56:50	00:40:15	02:30:08	01:33:57	18 - 24 anos	22
437	493	Bruna Sá		Clube Fluvial Vilacondense	04:56:57	00:41:55	02:34:21	01:31:24	18 - 24 anos	5
438	904	João Santos			04:57:01	00:35:56	02:30:42	01:41:56	30 - 34 anos	64
439	216	Vadym Shkryba			04:57:17	00:47:12	02:28:09	01:33:43	25 - 29 anos	53
440	684	Ruben Almeida		MaisVila/Zero2Hero	04:57:25	00:41:20	02:23:03	01:44:13	30 - 34 anos	65
441	917	Ana Pereira		Apulso	04:57:29	00:44:07	02:31:29	01:35:58	35 - 39 anos	11
442	578	Pedro Pinto		Triatlo Fundação Salesianos	04:57:32	00:43:15	02:22:54	01:45:08	45 - 49 anos	63
443	893	Diogo Travassos		Académica Triatlo	04:57:45	00:33:05	02:22:24	01:53:45	25 - 29 anos	54
444	438	Pedro Martins			04:57:55	00:41:42	02:31:00	01:35:08	30 - 34 anos	66
445	953	Afonso Mesquita			04:57:58	00:40:26	02:33:47	01:36:11	25 - 29 anos	55
446	729	Hugo Simões			04:58:05	00:48:57	02:20:55	01:39:44	45 - 49 anos	64
447	459	Pedro Carrapatoso		SFRAA	04:58:08	00:44:54	02:35:19	01:30:21	35 - 39 anos	75
448	940	Frederico Soares			04:58:13	00:44:28	02:23:25	01:40:31	45 - 49 anos	65
449	830	Vitor Fonseca		AmoraSub/Associação Naval Amorense	04:58:17	00:41:57	02:27:37	01:38:55	45 - 49 anos	66
450	470	Renato Silva			04:58:23	00:48:29	02:26:57	01:34:43	40 - 44 anos	69
451	428	Salvador Branco		LBsquad	04:58:32	00:42:44	02:33:25	01:35:09	35 - 39 anos	76
452	157	Tiago Mina			04:58:41	00:35:43	02:39:31	01:33:50	25 - 29 anos	56
453	547	Luís Caldas			04:58:54	00:37:36	02:32:47	01:39:35	18 - 24 anos	23

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
454	263	Nuno Silva		Altu Endurance	04:59:06	00:43:10	02:26:38	01:41:56	45 - 49 anos	67
455	441	Izabella Pires		LBsquad	04:59:08	00:36:58	02:27:15	01:47:50	40 - 44 anos	3
456	293	Ricardo Santiago			04:59:23	00:40:05	02:35:30	01:35:12	45 - 49 anos	68
457	370	Tiago Duarte		AmoraSub/Associação Naval Amorense	04:59:27	00:42:59	02:27:29	01:38:15	50 - 54 anos	37
458	164	Rita Saraiva		Apulso	04:59:43	00:34:22	02:38:08	01:40:57	35 - 39 anos	12
459	533	Octávio Cardoso		AmoraSub/Associação Naval Amorense	04:59:45	00:37:50	02:24:39	01:48:25	45 - 49 anos	69
460	105	António Rodrigues		AmoraSub/Associação Naval Amorense	04:59:51	00:46:59	02:28:10	01:36:06	55 - 59 anos	15
461	939	Inês Marmelo			04:59:54	00:46:34	02:38:59	01:27:49	35 - 39 anos	13
462	718	Maria Sousa		Triatlo Clube TAP	04:59:56	00:40:18	02:36:35	01:35:28	50 - 54 anos	4
463	481	Catarina Sousa		Apulso	05:00:00	00:47:10	02:28:14	01:36:01	35 - 39 anos	14
464	775	David Ronan			05:00:01	00:39:18	02:37:30	01:35:13	45 - 49 anos	70
465	439	Pedro Botelho		AmoraSub/Associação Naval Amorense	05:00:01	00:32:21	02:28:35	01:52:42	50 - 54 anos	38
466	887	Maxime Barrezele			05:00:01	00:40:13	02:28:26	01:40:17	25 - 29 anos	57
467	717	Luis Silva		Associação Vale Grande	05:00:16	00:44:20	02:30:23	01:36:28	45 - 49 anos	71
468	308	Carlos Martins			05:00:20	00:41:45	02:40:38	01:29:15	55 - 59 anos	16
469	579	Mário Martins			05:00:21	00:49:33	02:29:25	01:35:33	40 - 44 anos	70
470	160	André Silva		Triatlo Ponterrolense	05:00:25	00:41:31	02:32:08	01:39:30	25 - 29 anos	58
471	198	Luiza Freitas		Triatlo Fundação Salesianos	05:00:48	00:40:46	02:35:24	01:37:11	40 - 44 anos	4
472	213	Michal Gontarz			05:00:57	00:45:08	02:38:05	01:29:02	45 - 49 anos	72

SINES TRIATHLON'20 26

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
473	614	Pedro Oliveira			05:01:09	00:45:30	02:29:39	01:38:05	50 - 54 anos	39
474	28	Luís Ribeiro			05:01:21	00:44:54	02:33:56	01:33:41	45 - 49 anos	73
475	738	Marco Nave			05:01:32	00:43:31	02:26:09	01:39:43	45 - 49 anos	74
476	773	Aleksandar Stojanovic		JM Triathlon Team	05:01:52	00:43:03	02:31:53	01:34:54	50 - 54 anos	40
477	948	Alejandro Benítez		Club Deportivo Cádiz Costa de la Luz	05:02:07	00:39:51	02:32:54	01:43:15	45 - 49 anos	75
478	515	Maria Marto		GRIND ENDURANCE TEAM	05:02:16	00:38:28	02:42:17	01:32:27	18 - 24 anos	6
479	226	Hernâni Meneses			05:02:41	00:42:22	02:37:30	01:34:34	40 - 44 anos	71
480	962	Catarina Monteiro			05:02:45	00:44:09	02:33:03	01:35:28	30 - 34 anos	7
481	990	André Proença			05:03:08	00:45:36	02:40:00	01:25:24	30 - 34 anos	67
482	400	Miguel Nascimento			05:03:09	00:51:52	02:36:59	01:22:48	40 - 44 anos	72
483	354	Tomás Faria		CCD Crédito Agrícola	05:03:12	00:44:57	02:43:44	01:26:24	45 - 49 anos	76
484	1012	Nic Treurnicht			05:03:20	00:41:17	02:36:25	01:36:33	40 - 44 anos	73
485	1001	Rodrigo Cachucho		Clube Aventura de Monforte	05:03:27	00:44:38	02:34:43	01:29:43	30 - 34 anos	68
486	509	Afonso Chiote		Triatlo Clube TAP	05:03:29	00:41:06	02:38:57	01:33:09	35 - 39 anos	77
487	464	Pedro Sá		SFRAA	05:03:29	00:41:10	02:31:04	01:42:16	35 - 39 anos	78
488	794	Dino Ramos		Clube de Triatlo de Abrantes	05:03:34	00:37:47	02:23:58	01:53:48	40 - 44 anos	74
489	846	Luis Rodrigues			05:03:37	00:32:34	02:31:30	01:52:20	50 - 54 anos	41
490	554	Hugo Carlos			05:03:39	00:42:18	02:34:47	01:37:12	45 - 49 anos	77
491	639	José Calheiros		Clube de Veteranos do Porto	05:03:42	00:36:40	02:47:01	01:33:49	60 - 64 anos	6

SINES TRIATHLON'20 26

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
492	826	João Praxedes			05:03:46	00:38:59	02:43:13	01:32:27	35 - 39 anos	79
493	854	Pedro Moreira			05:03:47	00:35:09	02:39:21	01:41:52	50 - 54 anos	42
494	350	Patrícia Pacheco		Ginásio Clube Naval de Faro	05:03:48	00:45:47	02:40:05	01:29:52	30 - 34 anos	8
495	797	Joao Silveira			05:03:48	00:42:09	02:37:51	01:34:36	45 - 49 anos	78
496	498	Afonso Amoretty			05:03:57	00:36:01	02:40:08	01:39:16	30 - 34 anos	69
497	645	Hugo Leal			05:04:01	00:38:26	02:20:16	01:58:00	40 - 44 anos	75
498	32	João Veloso			05:04:04	00:40:24	02:36:45	01:39:31	30 - 34 anos	70
499	801	Antonio Cunha			05:04:11	00:40:37	02:28:01	01:48:37	55 - 59 anos	17
500	556	Carlos Nunes		Núcleo do Sporting da Golegã	05:04:17	00:42:46	02:37:17	01:36:45	60 - 64 anos	7
501	513	João Sousa		OnTri Sports	05:04:26	00:44:18	02:33:40	01:40:55	25 - 29 anos	59
502	29	Francisco Carpinteiro		LBsquad	05:04:31	00:46:31	02:21:45	01:45:59	30 - 34 anos	71
503	341	José Capuchinho		OCS-TRIATHLON	05:04:34	00:40:22	02:34:38	01:40:35	50 - 54 anos	43
504	145	Gonçalo Domingues		OnTri Sports	05:04:39	00:37:57	02:30:33	01:46:49	25 - 29 anos	60
505	850	João Teives		Sporting Clube de Portugal	05:04:47	00:44:48	02:30:57	01:40:41	50 - 54 anos	44
506	659	Vasco Pinheiro			05:04:52	00:45:20	02:25:55	01:46:16	55 - 59 anos	18
507	307	Francisco Cavaco			05:04:55	00:35:49	02:30:43	01:52:50	25 - 29 anos	61
508	599	Pedro Nunes		Outsystems Olímpico de Oeiras	05:05:08	00:35:22	02:23:23	01:57:45	50 - 54 anos	45
509	504	Pedro Pisco		Outsystems Olímpico de Oeiras	05:05:14	00:45:31	02:36:13	01:34:12	50 - 54 anos	46
510	120	Diogo Justino		Clube Millennium BCP	05:05:40	00:46:07	02:34:32	01:32:47	40 - 44 anos	76

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
511	399	Pedro Oliveira			05:05:52	00:36:10	02:42:46	01:38:30	40 - 44 anos	77
512	834	Joana Rosado		Triatlo Clube TAP	05:06:38	00:36:05	02:36:11	01:49:18	40 - 44 anos	5
513	802	Bruno Lima		Palmela Desporto	05:06:44	00:43:20	02:23:34	01:51:53	40 - 44 anos	78
514	896	Afonso Rodrigues			05:06:47	00:36:45	02:43:02	01:40:37	25 - 29 anos	62
515	180	António Cunha			05:06:59	00:40:35	02:45:59	01:28:29	30 - 34 anos	72
516	70	Maria Carvalho		LBSquad	05:07:00	00:43:05	02:42:43	01:32:29	30 - 34 anos	9
517	124	Andre Santos		Clube Vela de Tavira	05:07:04	00:47:32	02:30:58	01:40:27	40 - 44 anos	79
518	96	Tiago Santos		Triatlo Clube da Lourinhã	05:07:16	00:42:59	02:26:40	01:50:08	40 - 44 anos	80
519	237	João Dias			05:07:20	00:36:24	02:31:32	01:53:18	40 - 44 anos	81
520	445	Nuno Simoes			05:07:21	00:39:47	02:32:39	01:46:34	50 - 54 anos	47
521	959	Renan Costa			05:07:44	00:41:09	02:38:50	01:39:51	35 - 39 anos	80
522	900	Sérgio Gonçalves		Linda-a-Pastora	05:07:51	00:43:47	02:30:58	01:45:37	45 - 49 anos	79
523	1015	Guilherme Vanni			05:07:58	00:32:26	02:19:23	02:09:45	55 - 59 anos	19
524	870	João Albuquerque		Clube 4 Estilos	05:08:09	00:41:51	02:31:34	01:47:26	60 - 64 anos	8
525	539	Tiago Rodrigues		Triatlo Clube da Lourinhã	05:08:14	00:39:52	02:26:20	01:51:41	30 - 34 anos	73
526	726	Hélio Garcia			05:08:20	00:48:00	02:32:02	01:40:54	45 - 49 anos	80
527	315	Tomás Ferreira			05:08:30	00:43:01	02:38:07	01:39:56	30 - 34 anos	74
528	620	Hildebrando Castro			05:08:43	00:39:37	02:33:15	01:46:23	45 - 49 anos	81
529	768	Diogo Marques		OnTri Sports	05:08:53	00:49:32	02:22:44	01:45:41	35 - 39 anos	81

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
530	448	Pedro Marques			05:08:57	00:42:39	02:39:12	01:37:38	35 - 39 anos	82
531	895	Diogo Silva			05:09:00	00:34:15	02:40:51	01:46:52	18 - 24 anos	24
532	339	Diogo Filipe		Vasco da Gama Atlético Clube de Sines	05:09:01	00:51:33	02:38:35	01:31:50	30 - 34 anos	75
533	478	Carlos Rocha		Marretas do Norte	05:09:17	00:39:48	02:34:03	01:44:29	50 - 54 anos	48
534	125	André Pinto			05:09:25	00:44:22	02:25:32	01:48:43	45 - 49 anos	82
535	605	Joao Marques		Triatlo Fundação Salesianos	05:09:30	00:44:12	02:21:08	01:55:44	55 - 59 anos	20
536	655	Nuno Relvas			05:10:01	00:38:32	02:40:53	01:40:04	40 - 44 anos	82
537	44	Duarte Neutel		Triatlo Fundação Salesianos	05:10:05	00:39:33	02:30:01	01:54:22	25 - 29 anos	63
538	731	Rui Silvestre		TRIATLO DE FARO	05:10:09	00:42:41	02:17:37	01:59:27	50 - 54 anos	49
539	912	Hugo Sequeira			05:10:20	00:42:38	02:36:43	01:37:23	40 - 44 anos	83
540	851	Manuel Vieira		Estoril Praia Credibom	05:10:24	00:42:03	02:25:31	01:55:28	35 - 39 anos	83
541	821	Joao Pinto			05:10:32	00:54:38	02:40:05	01:27:08	50 - 54 anos	50
542	233	Tiago Santos		ALTU Endurance	05:10:37	00:41:24	02:40:17	01:38:54	25 - 29 anos	64
543	312	Ana Antunes			05:10:37	00:40:59	02:44:16	01:37:39	30 - 34 anos	10
544	197	Raquel Xavier		ALTU Endurance	05:10:51	00:38:08	02:43:08	01:38:30	35 - 39 anos	15
545	563	Bruno Sousa			05:11:27	00:38:53	02:47:29	01:37:34	50 - 54 anos	51
546	402	Leandro Nabais		ALTU Endurance	05:11:27	00:36:30	02:31:41	01:55:32	35 - 39 anos	84
547	723	João Silva		3B Triatlo	05:11:32	00:55:44	02:37:39	01:28:48	45 - 49 anos	83

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
548	690	André Sousa		CRC Marvila Jovem	05:11:35	00:41:47	02:42:19	01:35:44	40 - 44 anos	84
549	892	Tony Franco			05:11:40	00:42:50	02:29:44	01:49:09	35 - 39 anos	85
550	686	Ricardo Almeida			05:11:42	00:37:39	02:35:04	01:43:19	45 - 49 anos	84
551	675	Luís Revés			05:11:55	00:38:26	02:25:04	02:01:16	50 - 54 anos	52
552	714	André Silva		Outsystems Olímpico de Oeiras	05:12:13	00:39:25	02:43:34	01:42:05	45 - 49 anos	85
553	272	Filipa Freitas		Grupo Desportivo da Goma	05:12:26	00:49:03	02:41:54	01:34:22	30 - 34 anos	11
554	916	Carlos Ribeiro			05:13:08	00:49:35	02:40:02	01:36:36	40 - 44 anos	85
555	365	António Abrantes		ALTU Endurance	05:13:30	00:43:29	02:47:30	01:33:11	40 - 44 anos	86
556	221	Marcos Ribeiro		Triatlo Fundação Salesianos	05:13:45	00:42:17	02:41:03	01:42:22	50 - 54 anos	53
557	1018	Robbe Meyere			05:14:08	00:36:06	02:32:23	01:58:58	25 - 29 anos	65
558	914	Andreia Afonso			05:14:16	00:39:24	02:43:14	01:38:57	30 - 34 anos	12
559	379	Joao Pereira		Triatlo Fundação Salesianos	05:14:26	00:40:10	02:44:29	01:40:44	50 - 54 anos	54
560	623	João Costa		Triatlo Fundação Salesianos	05:14:26	00:37:00	02:40:20	01:48:26	45 - 49 anos	86
561	928	Tomasz Drebot		LBsquad	05:14:30	00:42:07	02:32:28	01:46:52	45 - 49 anos	87
562	862	David Fernandes			05:14:43	00:45:45	02:24:50	01:58:32	40 - 44 anos	87
563	121	Daniel Santos		Triatlo Clube da Lourinhã	05:14:46	00:46:39	02:34:49	01:43:12	50 - 54 anos	55
564	123	Ana Conduto		OnTri Sports	05:15:02	00:43:09	02:44:24	01:37:16	35 - 39 anos	16
565	978	Lorenzo Pigozzi			05:15:06	00:41:59	02:48:08	01:31:44	25 - 29 anos	66
566	553	Margarida Reis		Triatlo Fundação Salesianos	05:15:11	00:42:10	02:42:53	01:43:36	35 - 39 anos	17

SINES TRIATHLON^{'20}₂₆

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
567	902	Joana Mello			05:15:43	00:38:14	02:36:27	01:53:20	30 - 34 anos	13
568	349	Gerson Lima	MOMENTUM		05:15:53	00:42:56	02:37:59	01:46:12	35 - 39 anos	86
569	619	Fernando Figueiredo			05:16:30	00:39:19	02:30:36	01:57:10	55 - 59 anos	21
570	447	Vera Almeida		Triatlo Fundação Salesianos	05:16:32	00:46:03	02:47:29	01:35:26	45 - 49 anos	8
571	443	Maria Corvelo			05:16:35	00:48:51	02:41:30	01:36:55	25 - 29 anos	6
572	65	Laura Felgueiras			05:16:38	00:37:43	02:42:54	01:46:53	25 - 29 anos	7
573	84	Maurício Costa			05:16:44	00:37:41	02:37:04	01:53:52	55 - 59 anos	22
574	654	João Catarino			05:16:50	00:44:28	02:22:39	02:03:43	35 - 39 anos	87
575	227	Hugo Ferreira			05:17:11	00:55:11	02:43:12	01:28:53	40 - 44 anos	88
576	517	Tiago Osório	Apulso		05:17:16	00:41:53	02:43:27	01:45:00	40 - 44 anos	89
577	229	Rui Velez		Clube Oriental de Lisboa	05:17:18	00:39:31	02:39:57	01:51:50	60 - 64 anos	9
578	26	Luís Melro		LBSquad	05:17:26	00:46:23	02:39:48	01:39:04	45 - 49 anos	88
579	933	Tiago Rita			05:17:43	00:44:22	02:32:56	01:54:08	30 - 34 anos	76
580	565	Guillermo Diaz			05:18:17	00:43:52	02:38:03	01:48:30	55 - 59 anos	23
581	535	Ana Nico		Alhandra Sporting Club	05:18:19	00:42:05	02:38:38	01:51:00	30 - 34 anos	14
582	343	Mariana Carvalho		Triatlo Fundação Salesianos	05:18:33	00:43:28	02:36:20	01:49:18	60 - 64 anos	1
583	247	Ana Oliveira		Grupo Desportivo da Goma	05:18:34	00:38:57	02:44:02	01:45:21	35 - 39 anos	18
584	727	Nuno Silva			05:18:46	00:42:20	02:37:14	01:48:41	35 - 39 anos	88
585	1010	João Amorim		Outsystems Olímpico de Oeiras	05:18:51	00:38:04	02:39:51	01:51:30	18 - 24 anos	25

SINES TRIATHLON'20 26

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
586	177	Bruno Pimenta			05:18:54	00:41:20	02:37:35	01:51:29	40 - 44 anos	90
587	739	Daniela Langaro		Outsystems Olímpico de Oeiras	05:18:56	00:42:08	02:43:29	01:43:25	55 - 59 anos	2
588	580	Claudio Mestre			05:19:01	00:43:58	02:42:05	01:44:44	40 - 44 anos	91
589	300	Luís Mendes			05:19:06	00:43:30	02:40:56	01:45:04	50 - 54 anos	56
590	648	Diogo Garcia		Wikaboo	05:19:08	00:41:17	02:47:14	01:41:43	45 - 49 anos	89
591	449	Ana Duarte		Sporting Clube de Portugal	05:19:15	00:43:06	02:45:44	01:43:45	40 - 44 anos	6
592	361	Conceição Santos		AmoraSub/Associação Naval Amorense	05:19:39	00:48:47	02:37:50	01:44:36	45 - 49 anos	9
593	1020	Rúben Cruz		Vasco da Gama Atlético Clube de Sines	05:20:00	00:34:14	02:30:42	02:05:36	25 - 29 anos	67
594	43	Rodrigo Santos			05:20:03	00:46:11	02:50:23	01:35:51	50 - 54 anos	57
595	776	Duarte Rodrigues		Ludens Clube Machico - Hospital Particular da Madeira	05:20:17	00:44:42	02:37:41	01:48:21	50 - 54 anos	58
596	202	David Carlos			05:20:30	00:43:24	02:30:26	01:54:35	45 - 49 anos	90
597	518	Pedro Félix		Outsystems Olímpico de Oeiras	05:21:13	00:31:09	02:42:09	01:59:52	40 - 44 anos	92
598	144	Guilherme Pacheco		GRIND ENDURANCE TEAM	05:21:53	00:46:07	02:42:02	01:43:55	30 - 34 anos	77
599	853	Rui Valente			05:22:13	00:41:55	02:33:37	01:55:31	50 - 54 anos	59
600	1002	Hannah Schuylenbergh			05:22:16	00:47:20	02:40:31	01:44:16	18 - 24 anos	7
601	699	Vitor Gameiro		Outsystems Olímpico de Oeiras	05:22:21	00:40:37	02:27:07	02:05:18	50 - 54 anos	60
602	522	Lara Benito		CNATRIL Triatlo	05:22:31	00:38:50	02:49:22	01:47:43	30 - 34 anos	15
603	20	Gonçalo Vicente			05:22:33	00:41:14	02:33:24	01:59:34	45 - 49 anos	91
604	670	Rafael Nascimento		LBsquad	05:22:34	00:34:55	02:46:05	01:53:02	45 - 49 anos	92

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
605	889	Antonio Gameiro		Triatlo Fundação Salesianos	05:22:38	00:39:42	02:41:56	01:45:15	18 - 24 anos	26
606	781	Manuel Sardinha			05:22:54	00:43:19	02:48:38	01:40:31	65 - 69 anos	3
607	290	Rita Renda			05:23:07	00:34:44	02:46:46	01:53:54	25 - 29 anos	8
608	333	Hugo Lopes		ALTU Endurance	05:23:23	00:46:07	02:43:32	01:44:03	45 - 49 anos	93
609	62	Miguel Costa			05:23:37	00:39:05	02:57:59	01:39:16	45 - 49 anos	94
610	682	Pedro Melo		Clube de Veteranos do Porto	05:23:39	00:37:33	02:36:34	02:00:23	40 - 44 anos	93
611	267	José Filho			05:23:50	00:44:10	02:53:48	01:34:51	45 - 49 anos	95
612	98	José Gomes		Clube Millennium BCP	05:23:53	00:44:15	02:37:04	01:52:25	30 - 34 anos	78
613	242	Horácio Oliveira		AmoraSub/Associação Naval Amorense	05:23:58	00:45:55	03:01:44	01:29:14	50 - 54 anos	61
614	420	Catarina Aleixo		Triatlo Fundação Salesianos	05:24:27	00:45:27	02:49:58	01:39:49	35 - 39 anos	19
615	819	Jorge Barroso			05:24:43	00:39:04	02:46:00	01:49:25	45 - 49 anos	96
616	758	André Crispim		Exército de Portugal	05:24:46	00:41:33	02:52:00	01:42:59	25 - 29 anos	68
617	760	Lúcia Soares		Exército de Portugal	05:24:46	00:41:26	02:52:02	01:43:01	25 - 29 anos	9
618	153	Tiago Simões			05:24:59	00:41:44	02:44:06	01:49:59	25 - 29 anos	69
619	786	Nuno Lucas		OPraticante.pt	05:25:03	00:44:29	02:38:57	01:49:31	50 - 54 anos	62
620	299	Francisco Sanches-Osório		Estoril Praia Credibom	05:25:12	00:39:13	02:31:29	02:05:02	60 - 64 anos	10
621	679	Sara Malveiro			05:25:18	00:38:10	02:44:03	01:55:40	35 - 39 anos	20
622	302	Nuno Peres			05:25:35	00:44:41	02:31:52	01:58:18	55 - 59 anos	24
623	886	Debora Branco		OPraticante.pt	05:25:52	00:47:23	02:52:40	01:38:14	35 - 39 anos	21

SINES TRIATHLON^{'20}₂₆

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
624	843	João Catuna			05:26:27	00:58:05	02:32:33	01:46:41	55 - 59 anos	25
625	905	Paulo Favero			05:26:29	00:42:06	02:40:54	01:53:26	50 - 54 anos	63
626	434	Tiago Mendes		Clube Fluvial Vilacondense	05:26:30	00:42:23	02:47:10	01:41:08	30 - 34 anos	79
627	867	Rafael Onofre		LBsquad	05:26:44	00:37:05	02:51:01	01:50:20	25 - 29 anos	70
628	83	Rui Rodrigues			05:27:23	00:45:58	02:46:30	01:43:35	65 - 69 anos	4
629	103	André Carmo			05:27:54	00:46:02	02:49:35	01:40:18	35 - 39 anos	89
630	551	Beatriz Silva		OnTri Sports	05:27:55	00:39:21	02:30:29	02:09:42	18 - 24 anos	8
631	569	João Ramalho			05:28:05	00:48:47	02:42:35	01:44:41	35 - 39 anos	90
632	1031	Nabil Thamri			05:28:11	00:36:39	02:42:16	02:00:08	30 - 34 anos	80
633	557	Catarina Ventura			05:28:31	00:45:29	03:02:40	01:30:10	45 - 49 anos	10
634	621	André Rodrigues		ALTU Endurance	05:28:43	00:38:56	02:46:54	01:54:58	35 - 39 anos	91
635	795	Sebastian Groot		Sintra Trail Runners	05:28:45	00:35:58	02:43:45	01:59:14	60 - 64 anos	11
636	803	Tiago Matias			05:29:18	00:46:46	02:49:06	01:43:39	25 - 29 anos	71
637	264	José Gonçalves		Académica Triatlo	05:29:55	00:55:02	02:42:23	01:43:31	55 - 59 anos	26
638	796	João Câmara			05:29:56	00:49:53	02:51:16	01:39:30	25 - 29 anos	72
639	519	Antonio Rodrigues		Outsystems Olímpico de Oeiras	05:29:58	00:37:01	02:38:42	01:59:51	45 - 49 anos	97
640	837	Maura Duarte			05:30:45	00:42:39	02:48:27	01:52:15	30 - 34 anos	16
641	101	José Almeida		Clube Millennium BCP	05:30:47	00:41:50	02:43:10	01:58:55	55 - 59 anos	27
642	259	Nuno Nobre			05:30:49	00:42:35	02:39:57	01:59:17	50 - 54 anos	64

SINES TRIATHLON^{'20}₂₆

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
643	284	Teresa Sepúlveda		Clube Oriental de Lisboa	05:30:51	00:42:31	02:53:54	01:46:37	45 - 49 anos	11
644	996	Joshua Humphreys			05:30:59	00:46:04	02:47:59	01:44:51	35 - 39 anos	92
645	743	Andreia Tourais		Outsystems Olímpico de Oeiras	05:31:45	00:47:52	02:48:21	01:49:08	40 - 44 anos	7
646	784	Pedro Guerra			05:32:17	00:43:55	02:45:53	01:50:55	45 - 49 anos	98
647	829	Sérgio Oliveira		Triatlo Clube TAP	05:32:46	00:49:01	02:39:22	01:55:55	55 - 59 anos	28
648	386	Hugo Rocha			05:32:58	00:44:23	02:42:04	01:59:56	45 - 49 anos	99
649	530	Oleksandr Kochubeienko			05:33:42	00:42:21	02:40:05	02:01:51	30 - 34 anos	81
650	404	Filipa Godinho			05:34:13	00:40:52	02:57:55	01:47:07	30 - 34 anos	17
651	746	Hélio Carreira			05:34:43	00:51:54	02:39:51	01:51:44	40 - 44 anos	94
652	811	Carlos Gesteiro			05:34:51	00:46:27	02:37:21	02:00:39	45 - 49 anos	100
653	253	Miguel Cruz		Clube Millennium BCP	05:35:01	00:46:49	02:48:52	01:49:39	55 - 59 anos	29
654	291	Luís Campos			05:35:06	00:54:45	02:49:21	01:42:59	40 - 44 anos	95
655	661	Mariana Oliveira			05:35:12	00:40:25	02:57:33	01:46:03	25 - 29 anos	10
656	906	Graca Wessels			05:36:01	00:42:00	02:54:44	01:49:55	35 - 39 anos	22
657	269	Marco Ventura			05:36:37	00:39:38	02:45:51	02:00:32	50 - 54 anos	65
658	111	Tito Henriques		Vitória de Janes	05:36:46	00:43:45	02:34:51	02:09:28	50 - 54 anos	66
659	575	Tomás Monteiro		GRIND ENDURANCE TEAM	05:36:55	00:43:25	02:59:13	01:45:35	35 - 39 anos	93
660	199	Marcus Madeira		Momentum	05:37:57	00:41:12	02:42:39	02:04:44	35 - 39 anos	94
661	712	João Souza		Outsystems Olímpico de Oeiras	05:38:01	00:48:57	02:55:42	01:43:29	50 - 54 anos	67

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
662	249	Henrique Freire		GRCD Leão Triatlo	05:38:17	00:38:51	02:51:27	01:58:18	65 - 69 anos	5
663	1000	Charles Maes			05:38:52	00:49:47	02:42:22	01:58:53	25 - 29 anos	73
664	179	Constança Gamito		JFCOACHING	05:39:01	00:45:14	02:48:51	01:58:13	18 - 24 anos	9
665	278	Bruno Silva		3B Triatlo	05:39:02	00:37:41	02:43:50	02:11:20	50 - 54 anos	68
666	597	Marcos Dantas			05:39:30	00:36:26	02:48:20	02:07:04	55 - 59 anos	30
667	54	Gonçalo Lopes		OnTri Sports	05:39:38	00:42:16	02:43:16	02:04:22	45 - 49 anos	101
668	332	Eduardo Ferreira		Clube Millennium BCP	05:40:26	00:43:57	02:36:16	02:11:00	50 - 54 anos	69
669	636	Pedro Leiria			05:40:32	00:41:22	02:56:17	01:50:35	50 - 54 anos	70
670	57	Miguel Azevedo			05:40:34	00:45:49	02:56:18	01:48:13	55 - 59 anos	31
671	472	Paula Pita		Quitério TriPeniche	05:41:21	00:52:12	02:46:46	01:56:13	50 - 54 anos	5
672	685	Mauro Ruivo		Apulso	05:41:45	00:42:00	02:36:20	02:13:05	30 - 34 anos	82
673	297	Joao Brandao			05:41:46	00:47:04	02:47:55	01:58:41	25 - 29 anos	74
674	995	Alexandra Jorg		Aminata clube de natação de Évora	05:42:14	00:45:49	02:54:50	01:52:51	55 - 59 anos	3
675	158	Rita Guerreiro		Triatlo Fundação Salesianos	05:42:39	00:48:51	02:56:15	01:51:44	30 - 34 anos	18
676	134	Joana Vieira		Triatlo Fundação Salesianos	05:42:56	00:39:36	02:56:09	02:00:21	30 - 34 anos	19
677	275	Manuel Castelo-Branco		Clube de Futebol Os Belenenses	05:43:39	00:46:22	02:36:09	02:11:40	25 - 29 anos	75
678	184	Patricia Passos		Triatlo Fundação Salesianos	05:43:55	00:50:13	02:52:38	01:51:19	50 - 54 anos	6
679	287	Mário Fonseca			05:44:00	00:42:12	02:42:52	02:08:49	50 - 54 anos	71
680	348	Sónia Silva		Triatlo Fundação Salesianos	05:44:21	00:42:04	02:54:51	02:00:15	50 - 54 anos	7

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
681	656	Miguel Santos			05:44:31	00:53:59	02:44:38	01:52:11	45 - 49 anos	102
682	735	Pedro Pais		Outsystems Olímpico de Oeiras	05:44:38	00:47:42	02:35:49	02:11:18	25 - 29 anos	76
683	909	Rita Coutinho			05:44:38	00:42:10	02:50:43	02:02:41	50 - 54 anos	8
684	511	Sofia Morelle		SALESIANOS	05:46:00	00:37:06	03:02:09	01:57:56	40 - 44 anos	8
685	772	Fernando Silva			05:46:21	00:46:38	02:50:15	01:59:14	70 - 74 anos	1
686	380	Pedro Graça			05:46:22	00:49:38	02:50:41	01:55:38	45 - 49 anos	103
687	733	Rui Silva		Escola Triatlo Santo António Évora	05:46:28	00:41:20	02:45:52	02:10:35	40 - 44 anos	96
688	94	Joana Pinto		Triatlo Fundação Salesianos	05:46:56	00:40:04	02:55:13	02:05:47	25 - 29 anos	11
689	415	Charles Gonçalves		PERFORMANCE	05:46:58	00:45:07	02:50:14	01:59:40	55 - 59 anos	32
690	734	Miguel Pinto		Outsystems Olímpico de Oeiras	05:47:10	00:48:19	02:49:44	01:59:33	50 - 54 anos	72
691	483	Pedro Azevedo			05:47:40	00:39:35	02:27:37	02:30:13	25 - 29 anos	77
692	460	Eduardo Poças		GRCD Leão Triatlo	05:48:13	00:36:03	02:50:21	02:11:52	45 - 49 anos	104
693	245	Carolina Cruz		Clube Fluvial Vilacondense	05:48:20	00:39:08	02:56:32	02:03:34	25 - 29 anos	12
694	564	Tjerk Schuurmans			05:48:36	00:41:16	02:49:34	02:04:21	25 - 29 anos	78
695	329	Sérgio Marques			05:48:39	00:53:46	02:35:45	02:09:55	40 - 44 anos	97
696	839	Miguel Trindade			05:49:03	00:49:38	02:50:52	01:56:39	50 - 54 anos	73
697	964	Ricardo Rato			05:49:14	00:50:32	02:51:41	01:57:08	40 - 44 anos	98
698	644	Sérgio Maquinista		Repsol polímeros	05:50:30	00:56:29	02:54:05	01:52:18	40 - 44 anos	99
699	466	Davi Soares		Clube Fluvial Vilacondense	05:50:36	00:47:10	02:52:57	01:59:55	25 - 29 anos	79

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
700	116	João Gomes		AmoraSub/Associação Naval Amorense	05:53:04	00:51:28	02:43:21	02:09:15	25 - 29 anos	80
701	154	Mafalda Ferreira			05:53:28	00:48:46	03:04:19	01:52:27	55 - 59 anos	4
702	285	Carina Mina			05:54:30	00:43:15	03:01:33	01:59:46	25 - 29 anos	13
703	362	Mário Sobral			05:54:35	00:46:49	02:44:48	02:09:06	50 - 54 anos	74
704	107	Tiago Pinto			05:56:18	00:44:07	02:55:32	02:05:48	25 - 29 anos	81
705	205	Rui Santos		OnTri Sports	05:56:33	00:54:39	02:44:29	02:10:41	40 - 44 anos	100
706	214	Paulo Rodrigues			05:58:08	00:44:43	02:52:33	02:07:41	55 - 59 anos	33
707	413	João Blasques			05:58:41	00:45:04	03:09:06	01:53:56	45 - 49 anos	105
708	692	Paulo Farinha			06:00:04	00:48:09	02:46:04	02:07:34	50 - 54 anos	75
709	14	José Lopes			06:00:05	00:48:55	02:58:47	02:03:14	18 - 24 anos	27
710	79	Rui Levy			06:02:09	00:45:32	02:37:22	02:30:40	50 - 54 anos	76
711	1005	Raúl Schuurmans			06:03:25	00:44:36	03:10:20	01:59:01	25 - 29 anos	82
712	713	Sandra Tomé		Outsystems Olímpico de Oeiras	06:04:04	00:57:57	03:09:06	01:44:32	50 - 54 anos	9
713	462	Ana Fernandes		AmoraSub/Associação Naval Amorense	06:04:16	00:48:53	03:06:27	02:00:40	40 - 44 anos	9
714	754	Carlos Teixeira		Exército de Portugal	06:04:48	00:57:51	03:02:09	01:57:38	40 - 44 anos	101
715	1011	Inês Arede		Outsystems Olímpico de Oeiras	06:04:48	00:48:23	02:54:08	02:07:44	30 - 34 anos	20
716	825	Rui Silva			06:05:11	00:48:29	02:50:33	02:15:22	55 - 59 anos	34
717	804	Eleana Ennes			06:07:18	00:40:12	02:53:23	02:21:01	25 - 29 anos	14
718	873	Luis Casimiro		OCR Portugal LAB Club	06:07:58	00:51:14	02:57:51	02:01:27	60 - 64 anos	12

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
719	1023	Carlota Bessa			06:09:00	00:45:51	02:55:55	02:12:35	25 - 29 anos	15
720	908	Zakhar Sopila			06:09:40	00:50:28	03:16:15	01:52:13	18 - 24 anos	28
721	169	Teresa Marques		Triatlo Fundação Salesianos	06:10:02	00:40:52	03:11:40	02:06:20	45 - 49 anos	12
722	50	Pedro Ferreira			06:10:44	00:55:36	02:54:52	02:03:10	50 - 54 anos	77
723	1025	Luís Castelhana		CNATRIL Triatlo	06:12:53	00:46:02	02:54:50	02:19:43	35 - 39 anos	95
724	920	Bruno Esteves			06:14:43	00:42:54	03:01:33	02:17:10	30 - 34 anos	83
725	128	Ivo Ramos		MOMENTUM	06:16:33	00:48:50	02:41:29	02:39:00	25 - 29 anos	83
726	932	Rudi Gomes			06:18:16	00:46:44	03:17:13	02:04:07	30 - 34 anos	84
727	884	Jose Ferrão			06:18:29	00:54:52	03:07:44	02:06:35	70 - 74 anos	2
728	688	Helena Sécio			06:19:46	00:47:59	02:54:07	02:28:03	60 - 64 anos	2
729	926	Francinaldo Veloso			06:20:05	00:56:45	02:55:55	02:16:57	35 - 39 anos	96
730	191	Sara Ferreira		Clube Oriental de Lisboa	06:21:00	00:43:02	03:07:00	02:17:01	50 - 54 anos	10
731	392	Jose Barbosa			06:21:26	01:04:14	03:11:48	01:58:09	30 - 34 anos	85
732	476	Ana Nilsson		Triatlo Fundação Salesianos	06:21:32	00:44:33	02:48:16	02:38:35	30 - 34 anos	21
733	805	David Ennes			06:21:47	00:34:49	03:10:47	02:27:25	60 - 64 anos	13
734	224	Rui Passinhas			06:22:08	01:03:46	02:58:57	02:07:00	30 - 34 anos	86
735	650	Isabel Santos			06:24:52	00:56:59	03:09:09	02:07:29	50 - 54 anos	11
736	236	Hélio Conceição		Alcance	06:25:27	00:47:28	03:04:53	02:22:09	35 - 39 anos	97
737	894	Rita Mendes			06:33:09	00:45:15	03:23:14	02:13:57	18 - 24 anos	10

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
738	852	Carolina Silva		OnTri Sports	06:39:13	00:53:34	03:19:08	02:18:18	30 - 34 anos	22
739	910	Tuba Farooq			06:39:54	01:04:27	03:13:54	02:10:46	30 - 34 anos	23
740	991	Megan Smit			06:43:26	00:47:20	03:09:38	02:30:16	35 - 39 anos	23
741	994	David Pereira			06:43:30	00:46:55	03:09:08	02:30:16	35 - 39 anos	98
742	22	Beatriz Mota			06:45:32	00:48:35	03:28:07	02:19:47	25 - 29 anos	16
743	600	João Nascimento		LBSquad	06:53:10	00:52:31	03:09:10	02:41:29	30 - 34 anos	87
0	941	Bartolome Richarte	DNF	Escuela Jerezana de triatlón	03:34:58	00:40:21	02:29:48	00:17:12	60 - 64 anos	
0	885	João Maximiano	DNF	Triatlo Fundação Salesianos	04:39:57	00:45:34	02:54:34	00:42:17	50 - 54 anos	
0	1017	Maria Sá	DNF		05:44:15	00:40:02	03:09:27	01:43:13	45 - 49 anos	
0	936	Maksim Kazarin	DNF	Outsystems Olímpico de Oeiras	03:19:12	00:32:00	02:09:20	00:33:39	35 - 39 anos	
0	930	Diego Dias	DNF		06:22:44	01:04:59	02:11:16		30 - 34 anos	
0	831	João Cunha	DNF	MOMENTUM	03:05:33	00:35:17	02:21:22	00:01:06	25 - 29 anos	
0	942	Jose Turienzo	DNF	Club Deportivo Cádiz Costa de la Luz	03:47:21	00:38:10	02:43:46	00:17:29	55 - 59 anos	
0	944	Andrea Mentasti	DNF		03:19:18	00:34:06	02:26:29	00:01:13	25 - 29 anos	
0	1026	Jan Ellwitz	DNF		03:22:18	00:48:19	02:28:06		25 - 29 anos	
0	955	Maria Ribeiro	DNF	Clube Millennium BCP	03:50:58	00:55:50	02:42:53	00:02:28	55 - 59 anos	
0	956	Lucianna Machado	DNF	OnTri Sports	03:56:13	00:43:26	02:38:08	00:22:32	30 - 34 anos	
0	206	Antonio Blanc	DNF		02:56:26	00:36:27	02:12:44	00:01:04	35 - 39 anos	
0	320	André Cabaço	DNF		00:07:01	00:07:01			30 - 34 anos	

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
0	514	Hugo Baluga	DNF	Amiciclo Grândola	00:33:56	00:31:38	00:00:00		30 - 34 anos	
0	18	Gonçalo Costa	DNF		03:47:42	00:32:05	02:14:40	00:55:30	25 - 29 anos	
0	176	Daniel Oliveira	DNF		03:19:08	00:40:15	02:27:53	00:01:04	40 - 44 anos	
0	1006	Ana Costa	DNF	Clube Zupper	03:51:55	00:42:12	02:56:26	00:00:10	45 - 49 anos	
0	591	Carolina Durão	DNF	Outsystems Olímpico de Oeiras	04:39:04	00:35:52	02:48:23	01:00:08	30 - 34 anos	
0	99	Nuno Martins	DNF		04:36:55	00:37:11	03:55:22		25 - 29 anos	
0	115	Isabel Carvalho	DNF		00:00:00	00:00:00			40 - 44 anos	
0	702	Paulo Garcia	DNF		00:00:00	00:00:00			45 - 49 anos	
0	55	Maria Andrade	DNF		04:19:43	00:54:29	03:02:33	00:14:09	30 - 34 anos	
0	152	Angelo Sequeira	DNF	LBsquad	02:55:11	00:37:44	02:09:51	00:00:40	35 - 39 anos	
0	170	Alexandra Costa	DNF		00:00:00	00:00:00			30 - 34 anos	
0	173	Mafalda Tomás	DNF	Triatlo Clube TAP	03:22:03	00:54:33	02:23:20		40 - 44 anos	
0	58	Manuel Fraga	DNF		02:24:57	00:55:24	01:23:20		55 - 59 anos	
0	136	Mariana Batsyk	DNF		04:52:54	00:54:12	01:19:27		30 - 34 anos	
0	137	Sara Antunes	DNF		02:26:10	01:28:59	00:55:57		30 - 34 anos	
0	281	Ricardo Neves	DNF		01:58:08	00:50:34	01:02:05		50 - 54 anos	
0	289	João Tavares	DNF	ALTU Endurance	03:44:00	00:44:17	02:30:43	00:20:42	40 - 44 anos	
0	303	João Sousa	DNF	LBsquad	04:42:53	00:42:04	02:15:10	01:36:45	45 - 49 anos	
0	317	Rafael Santos	DNF		00:00:00	00:00:00			45 - 49 anos	

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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
0	324	Matilde Miranda	DNF		04:54:27	00:47:39	03:07:14	00:50:12	18 - 24 anos	
0	328	Bruno Carlos	DNF	OnTri Sports	03:27:55	00:44:42	02:32:45	00:01:57	45 - 49 anos	
0	672	Edinson Sanchez	DNF		04:37:33	00:40:55	03:51:00		45 - 49 anos	
0	411	Ana Nascimento	DNF	Clube Fluvial Vilacondense	02:50:50	00:49:42	01:56:21		30 - 34 anos	
0	503	Joao Almeida	DNF	Apulso	03:25:32	00:44:27	02:29:45	00:01:09	30 - 34 anos	
0	704	Ana Duarte	DNF	Outsystems Olímpico de Oeiras	03:26:14	00:43:17	02:37:58		50 - 54 anos	
0	604	Marco Rocha	DNF	Outsystems Olímpico de Oeiras	03:28:53	00:40:22	02:25:38	00:14:55	45 - 49 anos	
0	669	Luis Carvalho	DNF	Centro Ciclismo Azeitonense	03:49:21	00:39:33	02:14:47	00:48:25	50 - 54 anos	
0	487	Maria Basto	DNF	LBsquad	04:28:50	00:48:27	03:25:29	00:02:07	30 - 34 anos	
0	506	Beatriz Stromer	DNF	Clube Fluvial Vilacondense	05:46:26	00:48:49	03:20:13	01:26:15	30 - 34 anos	
0	574	Fábio Teixeira	DNF	Alhandra Sporting Club	01:36:40	00:35:58	00:56:56		40 - 44 anos	
0	582	Janos Velenyak	DNF		03:56:18	00:49:17	02:39:09	00:18:35	30 - 34 anos	
0	737	Ana Lopes	DNF	Outsystems Olímpico de Oeiras	00:45:31	00:41:53	00:00:00		60 - 64 anos	
0	736	Julio Nepomuceno	DNF	Escola Triatlo Santo António Évora	03:39:57	00:43:20	02:44:42	00:01:48	55 - 59 anos	
0	159	Amilcar Fernandes	DNF	JFCOACHING	01:33:14	01:17:56	00:10:41		45 - 49 anos	
0	815	Tomás Cunha	DNF		03:16:43	00:38:45	02:28:53	00:01:04	40 - 44 anos	
0	838	Beatriz Lourenço	DNF		04:11:26	00:43:04	03:01:06	00:16:48	25 - 29 anos	
0	847	Roman Klinkert	DNF	SSF Bonn Triathlon	04:55:07	00:42:33	02:15:47	01:35:40	60 - 64 anos	
0	869	Jose Miranda	DQ		04:05:24	00:42:01	02:31:21	00:44:16	60 - 64 anos	

18 - 24 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	3	Salomão Alexandre Savelenko	03:32:13	00:25:48	01:55:06	01:08:28	2
2	2	Tomás Teixeira	03:36:03	00:28:35	01:52:59	01:10:03	4
3	265	João Luís Gonçalves Cabral	03:38:41	00:28:04	01:56:29	01:10:08	5
4	767	Maximilian De Groot	03:55:30	00:31:59	02:01:53	01:17:26	25
5	45	Manuel Maria De Campos Roque	03:56:03	00:30:00	02:04:20	01:17:35	26
6	638	Afonso De Sousa Ramos Dos Santos Brás	03:58:12	00:27:28	02:15:48	01:10:16	33
7	1007	André Sousa	03:59:02	00:27:47	02:12:58	01:13:08	35
8	598	Frederico Van Zeller Janz Guerra	04:00:09	00:31:16	02:11:05	01:12:48	38
9	260	Rodrigo Luz	04:04:06	00:35:15	02:06:21	01:17:43	51
10	280	Duarte Lopes Oliveira	04:08:31	00:29:03	02:19:15	01:15:42	70
11	467	Alexandre Marques Coutinho	04:19:18	00:34:28	02:09:21	01:28:38	129
12	102	Martim Oliveira	04:23:13	00:35:59	02:13:46	01:26:18	159
13	516	Bernardo Freire	04:24:19	00:27:07	02:24:48	01:26:44	165
14	770	Tiago Fonseca	04:29:35	00:33:36	02:17:43	01:32:58	204
15	1003	Alexandre Rilhas	04:30:23	00:38:26	02:17:45	01:26:18	210
16	615	Vicente Costa	04:35:50	00:29:22	02:17:05	01:43:26	243
17	430	Guilherme Carlos	04:36:43	00:33:33	02:18:04	01:38:03	252
18	122	Tiago Miguel Barbosa De Castro Charneca Inácio	04:44:29	00:34:31	02:17:44	01:46:37	317
19	174	Francisco Duarte	04:49:23	00:43:15	02:23:34	01:35:37	358
20	129	Ricardo Guilherme Lopes Ferreira	04:51:35	00:41:02	02:42:21	01:21:20	375
21	806	Frederico Fernandes Nunes	04:54:33	00:39:52	02:26:19	01:41:48	409
22	845	Gonçalo Sá Afonso	04:56:50	00:40:15	02:30:08	01:33:57	436
23	547	Luís Caldas	04:58:54	00:37:36	02:32:47	01:39:35	453
24	895	Diogo Andrade E Sousa Rodrigues Da Silva	05:09:00	00:34:15	02:40:51	01:46:52	531
25	1010	João Amorim	05:18:51	00:38:04	02:39:51	01:51:30	585
26	889	Antonio Maria Fernandez De Tejada Gameiro	05:22:38	00:39:42	02:41:56	01:45:15	605
27	14	José Lopes	06:00:05	00:48:55	02:58:47	02:03:14	709
28	908	Zakhar Sopila	06:09:40	00:50:28	03:16:15	01:52:13	720

18 - 24 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	17	Vera Serafim	04:18:18	00:32:17	02:19:00	01:21:33	121
2	119	Maria Mexia Gorjão	04:43:51	00:39:30	02:31:32	01:26:47	312
3	710	Diana Margarida Rodrigues Gonçalves	04:45:37	00:36:11	02:30:16	01:33:14	333

4	100 Maria Cocco	04:56:29	00:36:18	02:34:40	01:40:34	431
5	493 Bruna Santos Sá	04:56:57	00:41:55	02:34:21	01:31:24	437
6	515 Maria Costa Anta Valente Marto	05:02:16	00:38:28	02:42:17	01:32:27	478
7	1002 Hannah Van Schuylenbergh	05:22:16	00:47:20	02:40:31	01:44:16	600
8	551 Beatriz Silva	05:27:55	00:39:21	02:30:29	02:09:42	630
9	179 Constança Raposo Gamito	05:39:01	00:45:14	02:48:51	01:58:13	664
10	894 Rita Mendes	06:33:09	00:45:15	03:23:14	02:13:57	737

25 - 29 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	133	Gonçalo Miguel Fernandes Carmo	03:42:32	00:30:12	01:59:45	01:08:16	6
2	209	Duarte Nuno Lourenço Dos Santos	03:46:44	00:29:28	02:03:00	01:10:09	13
3	422	Leonardo Jerónimo	03:50:51	00:28:15	02:04:25	01:14:26	17
4	243	Rodrigo Marques	03:52:31	00:31:45	02:05:43	01:11:15	20
5	151	Afonso Santos	03:58:52	00:29:34	02:10:33	01:14:49	34
6	203	Francisco Velho Da Palma	04:01:52	00:32:25	02:10:10	01:12:23	42
7	934	André Firmino	04:07:28	00:28:05	02:12:53	01:22:36	64
8	194	Gil Pires	04:08:10	00:40:34	02:11:00	01:10:18	68
9	878	Miguel Mendes	04:08:16	00:33:32	02:13:33	01:14:01	69
10	211	André Miguel Simões Da Fonseca Mendes	04:09:54	00:33:28	02:10:06	01:20:54	77
11	261	Bruno Neves	04:11:15	00:35:33	02:14:21	01:14:14	82
12	97	Nuno Santos	04:12:24	00:41:20	02:12:57	01:13:55	93
13	471	Tomé Pires	04:14:24	00:41:03	02:09:14	01:17:43	102
14	1009	Manuel Aguilar Barrera	04:15:16	00:31:54	02:17:04	01:20:49	104
15	364	Gonçalo Jones	04:17:21	00:33:54	02:20:36	01:17:23	118
16	363	Miguel Nascimento	04:17:51	00:34:56	02:10:47	01:27:03	119
17	708	Ruben Alexandre Cavalheiro Fagundes	04:19:40	00:31:16	02:14:44	01:29:34	132
18	305	Bernardo Freitas Dos Santos	04:20:04	00:34:58	02:18:01	01:20:20	134
19	468	Manuel Arez Theotónio	04:21:33	00:36:06	02:17:13	01:22:16	146
20	53	Diogo Dias	04:21:58	00:31:32	02:15:22	01:26:38	147
21	911	Guilherme Pereira	04:22:06	00:29:16	02:26:52	01:16:26	149
22	195	Guilherme Franco	04:24:02	00:37:31	02:24:21	01:16:43	162
23	200	Hugo Cardoso Carvalho	04:24:05	00:36:03	02:17:04	01:24:53	163
24	231	Henrique Correia	04:25:00	00:36:12	02:16:22	01:26:55	171
25	676	Francisco Fonseca	04:28:02	00:40:10	02:12:25	01:28:17	184
26	951	Emanuel Augusto Pereira Esteves	04:28:23	00:35:33	02:18:34	01:27:18	187
27	257	Manuel Vieira Da Silva Vilarinho	04:32:37	00:35:51	02:24:55	01:25:52	226

28	298	Guilherme Nuno De Macedo Ribeiro	04:34:18	00:43:11	02:22:37	01:23:19	235
29	857	Gonçalo Soares	04:34:49	00:34:15	02:29:36	01:23:27	236
30	114	Luís Pedro Andrade	04:36:53	00:30:47	02:31:20	01:28:03	254
31	219	Vitor Leal	04:36:53	00:33:05	02:25:38	01:29:11	255
32	820	Afonso Martins Valente	04:37:32	00:40:27	02:39:39	01:09:39	259
33	842	André Pestana	04:39:11	00:39:10	02:26:47	01:28:04	268
34	592	Manuel Horteiga	04:40:04	00:39:42	02:20:23	01:31:21	277
35	108	Rafael Barbosa	04:40:45	00:39:34	02:23:30	01:29:12	281
36	207	João Anastácio	04:41:01	00:40:59	02:21:23	01:28:51	286
37	110	João Neves	04:41:57	00:42:27	02:19:13	01:33:43	295
38	491	Pedro Fernandes	04:42:39	00:38:24	02:33:07	01:24:39	299
39	30	Ricardo Jorge Dos Santos Dias	04:44:32	00:37:00	02:19:08	01:38:02	320
40	701	Jorge Miguel Morêncio Ambrósio	04:44:41	00:41:25	02:24:01	01:32:07	323
41	764	João Maria Carles	04:44:50	00:37:41	02:24:58	01:35:06	324
42	903	Alexandre Alves	04:46:25	00:38:23	02:20:16	01:41:07	337
43	946	André Mafra	04:46:33	00:42:08	02:20:06	01:37:02	338
44	113	Francisco Manuel Coimbra Loureiro	04:46:41	00:35:06	02:31:36	01:32:59	339
45	397	José Machado	04:46:57	00:41:16	02:27:51	01:29:35	342
46	188	Gonçalo Alexandre Lopes Brandão Mendes	04:48:39	00:35:26	02:30:17	01:36:07	350
47	949	Afonso Maria Lousada Portela Branco	04:51:38	00:36:14	02:31:04	01:36:14	376
48	901	Francisco Castro	04:52:06	00:41:03	02:36:08	01:23:46	380
49	372	António Saraiva	04:54:07	00:38:28	02:33:17	01:32:06	405
50	67	Vasco Pearson	04:55:48	00:38:05	02:37:51	01:32:45	423
51	707	Ricardo Moita	04:56:35	00:39:06	02:31:32	01:36:02	432
52	534	Afonso Barroso	04:56:43	00:41:24	02:34:52	01:33:49	433
53	216	Vadym Shkryba	04:57:17	00:47:12	02:28:09	01:33:43	439
54	893	Diogo Travassos	04:57:45	00:33:05	02:22:24	01:53:45	443
55	953	Afonso Mesquita	04:57:58	00:40:26	02:33:47	01:36:11	445
56	157	Tiago Mina	04:58:41	00:35:43	02:39:31	01:33:50	452
57	887	Maxime Barrezele	05:00:01	00:40:13	02:28:26	01:40:17	466
58	160	André Lourenço Silva	05:00:25	00:41:31	02:32:08	01:39:30	470
59	513	João Pedro Bento Sousa	05:04:26	00:44:18	02:33:40	01:40:55	501
60	145	Gonçalo Domingues	05:04:39	00:37:57	02:30:33	01:46:49	504
61	307	Francisco Cavaco	05:04:55	00:35:49	02:30:43	01:52:50	507
62	896	Afonso Rodrigues	05:06:47	00:36:45	02:43:02	01:40:37	514
63	44	Duarte Rodrigues Neutel	05:10:05	00:39:33	02:30:01	01:54:22	537
64	233	Tiago Francisco Dias Santos	05:10:37	00:41:24	02:40:17	01:38:54	542

65	1018 Robbe De Meyere	05:14:08	00:36:06	02:32:23	01:58:58	557
66	978 Lorenzo Pigozzi	05:15:06	00:41:59	02:48:08	01:31:44	565
67	1020 Rúben Manuel Da Costa Beja Marques Cruz	05:20:00	00:34:14	02:30:42	02:05:36	593
68	758 André Crispim	05:24:46	00:41:33	02:52:00	01:42:59	616
69	153 Tiago Almeida Santos Simões	05:24:59	00:41:44	02:44:06	01:49:59	618
70	867 Rafael De Vasconcelos Gonçalves Onofre	05:26:44	00:37:05	02:51:01	01:50:20	627
71	803 Tiago Matias	05:29:18	00:46:46	02:49:06	01:43:39	636
72	796 João Aguiar Câmara	05:29:56	00:49:53	02:51:16	01:39:30	638
73	1000 Charles Maes	05:38:52	00:49:47	02:42:22	01:58:53	663
74	297 Joao Manuel Ribeiro Brandao	05:41:46	00:47:04	02:47:55	01:58:41	673
75	275 Manuel Maria De Abreu Castelo-Branco	05:43:39	00:46:22	02:36:09	02:11:40	677
76	735 Pedro Amorim Pais	05:44:38	00:47:42	02:35:49	02:11:18	682
77	483 Pedro Henrique Pinho Meireles De Azevedo	05:47:40	00:39:35	02:27:37	02:30:13	691
78	564 Tjerk Schuurmans	05:48:36	00:41:16	02:49:34	02:04:21	694
79	466 Davi Soares	05:50:36	00:47:10	02:52:57	01:59:55	699
80	116 João Francisco Rocha Gomes	05:53:04	00:51:28	02:43:21	02:09:15	700
81	107 Tiago Franco De Melo Pinto	05:56:18	00:44:07	02:55:32	02:05:48	704
82	1005 Raúl Schuurmans	06:03:25	00:44:36	03:10:20	01:59:01	711
83	128 Ivo Ramos	06:16:33	00:48:50	02:41:29	02:39:00	725

25 - 29 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	523	Maria Gomes Calção Medeiro	04:29:35	00:31:58	02:20:59	01:31:27	205
2	407	Rita Grilo	04:42:07	00:30:59	02:34:20	01:30:11	297
3	778	Rosa Daniela Freitas Martins	04:42:41	00:33:25	02:19:31	01:43:31	300
4	222	Vera Mónica Peixoto Silva	04:50:50	00:43:32	02:33:06	01:27:32	372
5	613	Viktoriya Savchenko	04:56:06	00:39:32	02:29:46	01:40:12	426
6	443	Maria Carolina Carreira Corvelo	05:16:35	00:48:51	02:41:30	01:36:55	571
7	65	Laura Gil Felgueiras	05:16:38	00:37:43	02:42:54	01:46:53	572
8	290	Rita Renda	05:23:07	00:34:44	02:46:46	01:53:54	607
9	760	Lúcia Soares	05:24:46	00:41:26	02:52:02	01:43:01	617
10	661	Mariana Oliveira	05:35:12	00:40:25	02:57:33	01:46:03	655
11	94	Joana Pinto	05:46:56	00:40:04	02:55:13	02:05:47	688
12	245	Carolina Leite Cruz	05:48:20	00:39:08	02:56:32	02:03:34	693
13	285	Carina Mina	05:54:30	00:43:15	03:01:33	01:59:46	702
14	804	Eleana Ennes	06:07:18	00:40:12	02:53:23	02:21:01	717
15	1023	Carlota Bessa	06:09:00	00:45:51	02:55:55	02:12:35	719

16 22 Beatriz Serra Mota 06:45:32 00:48:35 03:28:07 02:19:47 742

30 - 34 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	7	João Francisco Cristóvão Ferreira	03:23:54	00:25:18	01:51:08	01:04:02	1
2	73	Miguel Andrade	03:45:09	00:30:27	02:02:53	01:07:35	9
3	335	Afonso Garcia	03:50:11	00:26:06	02:06:24	01:13:49	15
4	410	Rodrigo Viana	03:52:30	00:31:49	02:03:25	01:12:34	19
5	95	Ricardo Barata	03:54:32	00:31:19	02:06:19	01:11:53	23
6	783	Bruno Filipe Nóbrega Freitas	03:56:15	00:27:20	02:10:19	01:14:28	27
7	90	Lucas Souza	03:58:01	00:31:19	02:01:51	01:19:07	31
8	828	Lourenço Pestana	03:59:09	00:31:56	02:06:44	01:16:16	36
9	935	Pablo Francisco Cárdenas Caro	03:59:31	00:29:42	02:11:42	01:13:26	37
10	947	Raúl Lamas Santiago	04:01:51	00:31:12	02:12:58	01:13:19	41
11	326	Rafael Lopes	04:04:16	00:29:49	02:03:13	01:26:52	52
12	450	André Lopes	04:06:03	00:30:27	02:06:24	01:24:33	57
13	755	André Bernardino	04:06:27	00:39:36	02:06:02	01:15:10	58
14	677	João Piteira	04:08:05	00:27:46	02:11:30	01:23:56	67
15	527	Tiago De Almeida Simões Lopes	04:08:57	00:32:03	02:03:07	01:24:39	72
16	817	João Campos Cunha	04:09:37	00:30:50	02:16:52	01:18:05	75
17	210	João Alexandre Domingues Milheiro	04:10:18	00:38:10	02:04:44	01:21:31	80
18	963	Luis Roquette	04:12:10	00:34:58	02:13:24	01:16:29	85
19	382	Tomás Carneiro Gomes	04:13:23	00:36:59	02:13:55	01:14:32	98
20	719	Anton Witt	04:18:01	00:36:38	02:13:16	01:21:31	120
21	147	Tomás Caldeira Lourenço	04:19:41	00:31:51	02:14:58	01:26:07	133
22	24	Miguel Pereira	04:20:24	00:28:49	02:20:23	01:25:49	137
23	401	João Hortega	04:21:32	00:38:09	02:11:56	01:26:02	145
24	958	Vermersch William	04:21:58	00:34:37	02:26:29	01:14:58	148
25	255	Francisco Dias	04:22:11	00:34:43	02:20:10	01:22:33	150
26	593	Gonçalo Beirão	04:22:33	00:31:30	02:19:22	01:27:39	152
27	792	Tiago Teixeira	04:22:42	00:39:42	02:10:54	01:24:39	154
28	626	Tomás Branco	04:23:43	00:37:20	02:17:38	01:22:32	160
29	66	Pedro Líbano Monteiro	04:24:46	00:39:14	02:15:15	01:20:50	166
30	325	Francisco Bruno	04:25:23	00:36:46	02:11:32	01:30:14	174
31	138	Pelayo Corominas	04:27:14	00:36:50	02:21:23	01:22:01	181
32	937	João Varela	04:28:23	00:40:25	02:16:28	01:25:36	186
33	171	João Neves	04:28:29	00:27:38	02:24:18	01:28:29	189

34	277 Gonçalo Martins	04:28:44	00:42:03	02:14:33	01:25:17	192
35	417 Gonçalo Santos	04:29:22	00:32:51	02:22:24	01:29:16	199
36	540 Andre Miguel Lameiro Monteiro	04:30:29	00:39:04	02:16:39	01:28:16	211
37	832 Artur Lima	04:31:54	00:37:09	02:20:12	01:28:04	220
38	756 Paulo Jorge Da Silva Sousa	04:34:13	00:43:02	02:16:16	01:28:59	233
39	835 André Prates Pereira	04:36:47	00:43:33	02:20:39	01:25:32	253
40	730 João Carlos Simões	04:37:56	00:35:06	02:22:07	01:33:23	263
41	601 Tiago Malheiro	04:39:33	00:35:34	02:25:47	01:31:55	273
42	358 Bruno Lopes Nunes	04:39:50	00:40:15	02:22:43	01:28:46	276
43	442 Gonçalo Tavares Dos Santos	04:41:59	00:37:38	02:26:15	01:30:52	296
44	47 André Nunes	04:42:29	00:37:18	02:22:04	01:32:16	298
45	957 Andre Felipe Saraiva De Melo	04:43:11	00:36:42	02:25:18	01:33:32	305
46	162 João Valverde	04:43:37	00:43:51	02:26:45	01:23:25	310
47	703 Luis Filipe Fonseca Dos Santos	04:44:54	00:42:42	02:30:22	01:24:09	325
48	368 Manuel Leite	04:45:25	00:38:35	02:26:22	01:33:09	330
49	387 Frederico Teixeira Coelho Simões Carrelo	04:45:31	00:37:42	02:21:02	01:38:53	331
50	172 Ricardo Miguel Bandarra Silva	04:46:01	00:34:04	02:23:12	01:43:46	335
51	378 João Rubina	04:46:08	00:42:16	02:25:05	01:31:12	336
52	201 Bártolo Correia Lomba Dias	04:47:29	00:42:33	02:24:28	01:32:06	346
53	840 Filipe Marques	04:47:36	00:37:28	02:25:17	01:36:00	347
54	427 António Pessoa	04:49:51	00:39:51	02:25:41	01:34:18	359
55	918 Bruno Carvalho	04:50:01	00:39:29	02:34:43	01:28:56	361
56	33 João Gandum	04:50:08	00:41:56	02:21:42	01:39:57	364
57	536 Marrion Silveira Dias	04:52:13	00:39:15	02:35:17	01:30:24	381
58	35 João Rainho Fernandes	04:52:28	00:38:27	02:20:00	01:47:23	382
59	189 Santiago Villax Sampaio	04:53:28	00:42:30	02:23:26	01:36:29	394
60	524 Gonçalo João Horta	04:54:50	00:42:56	02:24:01	01:41:30	412
61	674 Pedro Rodrigues	04:55:31	00:42:02	02:29:31	01:35:44	420
62	973 Nuno Tavares	04:56:01	00:39:40	02:34:55	01:33:49	424
63	693 Micael Domingues	04:56:09	00:46:52	02:24:21	01:35:14	427
64	904 João Santos	04:57:01	00:35:56	02:30:42	01:41:56	438
65	684 Ruben Jorge Moreira De Almeida	04:57:25	00:41:20	02:23:03	01:44:13	440
66	438 Pedro David Coelho Martins	04:57:55	00:41:42	02:31:00	01:35:08	444
67	990 André Proença	05:03:08	00:45:36	02:40:00	01:25:24	481
68	1001 Rodrigo Cachucho	05:03:27	00:44:38	02:34:43	01:29:43	485
69	498 Afonso Amoretty	05:03:57	00:36:01	02:40:08	01:39:16	496
70	32 João Veloso	05:04:04	00:40:24	02:36:45	01:39:31	498

71	29 Francisco Palma Carpinteiro	05:04:31	00:46:31	02:21:45	01:45:59	502
72	180 António Maria Da Silveira Falcão E Cunha	05:06:59	00:40:35	02:45:59	01:28:29	515
73	539 Tiago António Marques Rodrigues	05:08:14	00:39:52	02:26:20	01:51:41	525
74	315 Tomás L. Ferreira	05:08:30	00:43:01	02:38:07	01:39:56	527
75	339 Diogo Filipe	05:09:01	00:51:33	02:38:35	01:31:50	532
76	933 Tiago Rita	05:17:43	00:44:22	02:32:56	01:54:08	579
77	144 Guilherme Pacheco	05:21:53	00:46:07	02:42:02	01:43:55	598
78	98 José Pedro Ferreira Gomes	05:23:53	00:44:15	02:37:04	01:52:25	612
79	434 Tiago Tasca Mendes	05:26:30	00:42:23	02:47:10	01:41:08	626
80	1031 Nabil Thamri	05:28:11	00:36:39	02:42:16	02:00:08	632
81	530 Oleksandr Kochubeienko	05:33:42	00:42:21	02:40:05	02:01:51	649
82	685 Mauro Ruivo	05:41:45	00:42:00	02:36:20	02:13:05	672
83	920 Bruno Esteves	06:14:43	00:42:54	03:01:33	02:17:10	724
84	932 Rudi Gomes	06:18:16	00:46:44	03:17:13	02:04:07	726
85	392 Jose Miguel Carvalho Barbosa	06:21:26	01:04:14	03:11:48	01:58:09	731
86	224 Rui Passinhas	06:22:08	01:03:46	02:58:57	02:07:00	734
87	600 João Nascimento	06:53:10	00:52:31	03:09:10	02:41:29	743

30 - 34 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	520	Flávia Ribeiro	04:16:49	00:36:06	02:12:23	01:24:08	114
2	271	Alessia Teixeira	04:26:25	00:35:43	02:10:07	01:35:15	176
3	987	Filipa Mendes Pinheiro	04:31:43	00:28:21	02:18:06	01:38:59	218
4	91	Sara Francisco Cruz	04:40:46	00:28:59	02:32:19	01:34:58	282
5	490	Inês Costa Rijo	04:45:24	00:36:58	02:29:57	01:31:00	328
6	256	Inês Patrícia Gomes Diogo	04:53:02	00:41:31	02:32:42	01:28:06	387
7	962	Catarina Monteiro	05:02:45	00:44:09	02:33:03	01:35:28	480
8	350	Patrícia Cristina Guerreiro Pacheco	05:03:48	00:45:47	02:40:05	01:29:52	494
9	70	Maria Teresa Carvalho	05:07:00	00:43:05	02:42:43	01:32:29	516
10	312	Ana Teresa Gomes Antunes	05:10:37	00:40:59	02:44:16	01:37:39	543
11	272	Filipa Freitas	05:12:26	00:49:03	02:41:54	01:34:22	553
12	914	Andreia Cardoso Afonso	05:14:16	00:39:24	02:43:14	01:38:57	558
13	902	Joana Mello	05:15:43	00:38:14	02:36:27	01:53:20	567
14	535	Ana Margarida Inglês Calixto Nico	05:18:19	00:42:05	02:38:38	01:51:00	581
15	522	Lara Benito	05:22:31	00:38:50	02:49:22	01:47:43	602
16	837	Maura Duarte	05:30:45	00:42:39	02:48:27	01:52:15	640
17	404	Filipa Castilho Mendes Godinho	05:34:13	00:40:52	02:57:55	01:47:07	650

18	158 Rita Guerreiro	05:42:39	00:48:51	02:56:15	01:51:44	675
19	134 Joana Vieira	05:42:56	00:39:36	02:56:09	02:00:21	676
20	1011 Inês Arede	06:04:48	00:48:23	02:54:08	02:07:44	715
21	476 Ana Claudia Nilsson	06:21:32	00:44:33	02:48:16	02:38:35	732
22	852 Carolina José Fernandes Silva	06:39:13	00:53:34	03:19:08	02:18:18	738
23	910 Tuba Farooq	06:39:54	01:04:27	03:13:54	02:10:46	739

35 - 39 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	190	Miguel Arraiolos	03:34:04	00:25:19	01:59:20	01:06:13	3
2	338	Filipe Henriques	03:43:51	00:31:01	01:58:37	01:09:09	7
3	183	Ricardo Gaspar	03:44:19	00:31:39	01:58:28	01:09:57	8
4	36	Pedro Lopes	03:46:02	00:32:34	01:59:28	01:09:50	11
5	975	Bruno Caixinha	03:57:54	00:33:56	02:05:32	01:13:33	30
6	780	Ricardo Rosa	04:02:48	00:31:26	02:15:51	01:10:23	43
7	1028	Vasco Damásio	04:03:44	00:37:37	02:07:55	01:12:40	45
8	223	Diogo Vieira	04:03:45	00:34:42	02:09:25	01:14:45	46
9	12	Bernardo Palma Mira	04:04:44	00:30:34	02:15:06	01:12:14	53
10	340	Ricardino Gomes	04:05:58	00:32:13	02:14:13	01:14:05	56
11	929	Frederico Chaves	04:07:23	00:33:08	02:08:04	01:21:24	63
12	196	Carlos Oliveira	04:07:51	00:30:20	02:10:13	01:22:19	66
13	56	Ricardo Figueiredo	04:09:14	00:31:38	02:14:05	01:17:20	73
14	785	Pedro Martins	04:12:11	00:31:05	02:15:19	01:20:47	86
15	960	Diogo Viana	04:12:15	00:41:01	02:13:03	01:10:57	88
16	982	Ricardo Passos	04:12:19	00:31:04	02:14:28	01:21:46	90
17	971	Jorge Silva	04:12:20	00:37:02	02:08:44	01:21:28	91
18	118	Ruben Manuel Rodrigues Chagas	04:12:23	00:39:00	02:07:00	01:21:08	92
19	560	Ivo Santos	04:12:26	00:36:20	02:07:13	01:24:25	94
20	388	Ruben Filipe Fonseca Maurício	04:13:13	00:32:30	02:14:14	01:21:34	95
21	52	Rodrigo Ferreira Marques	04:13:14	00:33:06	02:13:21	01:20:15	96
22	42	Nuno Miguel Da Silva Dias	04:13:38	00:39:10	02:12:57	01:16:39	99
23	181	Rafael Castro	04:15:27	00:34:30	02:09:34	01:27:12	107
24	230	Nuno Martins Marques Da Costa	04:18:28	00:31:31	02:14:53	01:26:07	123
25	711	Rui Santos	04:18:35	00:31:16	02:15:01	01:26:16	124
26	880	Pedro Conde	04:18:54	00:27:44	02:18:03	01:27:16	125
27	69	David Tavares	04:19:01	00:32:53	02:15:56	01:24:32	126
28	634	Duarte Zambujo	04:19:04	00:39:54	02:15:37	01:16:45	127

29	347 Rui Miguel Silva Santos	04:21:30	00:30:29	02:21:56	01:21:52	144
30	356 Bonifacio Meixedo	04:22:52	00:39:56	02:13:19	01:23:11	155
31	474 Guilherme Pereira De Carvalho	04:22:53	00:37:32	02:17:22	01:22:08	156
32	550 Luis Miguel Gaspar Merca	04:23:05	00:31:59	02:14:59	01:30:30	157
33	836 Bruno Pinto	04:23:05	00:34:40	02:20:17	01:23:24	158
34	19 Manuel Mira	04:24:08	00:30:47	02:09:25	01:39:16	164
35	82 Duarte José Da Silva E Sá Reis	04:24:52	00:33:42	02:24:10	01:19:31	168
36	816 Pedro Lourenço	04:24:55	00:33:51	02:11:17	01:32:30	169
37	968 Gaspar Rodrigues Santos Costa	04:24:55	00:38:02	02:10:46	01:28:52	170
38	88 Diogo Gonçalo Tarelho Custódio	04:26:24	00:30:59	02:15:24	01:33:39	175
39	631 Marco Caetano	04:28:34	00:35:02	02:25:27	01:23:12	190
40	39 Alexandre Sousa	04:29:15	00:35:42	02:19:58	01:27:47	196
41	396 Mitler Nascimento	04:29:15	00:35:25	02:17:33	01:29:03	197
42	234 Paulo Alexandre Melo Machado Frreitas	04:29:35	00:41:33	02:15:41	01:26:25	203
43	161 Sebastião Martins	04:31:07	00:34:59	02:21:19	01:30:24	213
44	528 Sérgio Ricardo Baptista Carvalho	04:31:40	00:41:49	02:21:05	01:23:09	217
45	426 Anderson De Oliveira Silva	04:31:48	00:38:35	02:25:05	01:22:29	219
46	697 Miguel Melo	04:32:14	00:32:59	02:26:58	01:27:06	224
47	212 Tiago Miguel Nunes Soares	04:32:46	00:38:38	02:23:15	01:23:46	227
48	310 João António Lameirão Gaspar	04:36:16	00:39:06	02:29:42	01:20:23	247
49	562 Goncalo Falcao	04:36:33	00:40:45	02:25:22	01:23:18	251
50	314 Joel Ramos	04:36:58	00:35:41	02:21:46	01:32:10	256
51	16 Paulo Ricardo Mesquita Rodrigues	04:37:02	00:41:31	02:26:15	01:23:27	257
52	793 João Pinho	04:37:48	00:40:54	02:21:18	01:26:53	262
53	63 André Mendes	04:39:06	00:38:05	02:20:43	01:31:48	267
54	766 David Salgado	04:39:21	00:36:09	02:34:12	01:18:13	271
55	777 André Filipe Cortezão Ferreira	04:40:47	00:29:13	02:25:18	01:40:45	283
56	127 Hélio Filipe Nunes Dias	04:41:12	00:41:18	02:16:15	01:36:07	289
57	919 Diogo Vila Viçosa	04:42:53	00:36:44	02:32:04	01:29:06	302
58	771 Pedro Graça	04:43:03	00:39:58	02:30:22	01:26:48	304
59	359 Bruno Pilar	04:43:55	00:44:07	02:14:27	01:36:48	313
60	294 João Pedro Lourenço Farinha	04:44:11	00:42:30	02:24:54	01:29:24	315
61	732 Nuno Cortesao	04:44:40	00:34:52	02:27:39	01:36:05	322
62	883 João Pedro Janeiro	04:45:36	00:37:38	02:34:32	01:26:58	332
63	457 Marcos David Vales	04:48:43	00:40:50	02:23:34	01:36:44	352
64	381 André Guerreiro Viegas Machado	04:48:54	00:38:52	02:30:50	01:30:52	354
65	344 Tiago Lopes	04:50:17	00:38:06	02:34:01	01:29:50	367

66	965 Bruno Miguel Silva	04:50:18	00:41:26	02:27:35	01:34:27	368
67	700 João André Westwood	04:50:36	00:35:07	02:30:46	01:38:36	370
68	762 Gonçalo Ruivo	04:51:13	00:40:09	02:31:36	01:30:51	373
69	292 Nuno Filipe Santos Silva	04:51:49	00:32:20	02:25:44	01:46:58	377
70	92 Francisco Bastos	04:53:11	00:34:32	02:24:19	01:47:49	391
71	436 João Pedro Rocha Balsa	04:53:11	00:38:33	02:28:19	01:38:14	392
72	765 Celso Costa	04:55:17	00:36:15	02:43:18	01:27:12	418
73	282 João Santos Esteves	04:55:45	00:36:27	02:36:41	01:36:54	422
74	663 Dmitrii Bushev	04:56:21	00:38:05	02:26:49	01:39:17	430
75	459 Pedro Carrapatoso	04:58:08	00:44:54	02:35:19	01:30:21	447
76	428 Salvador Branco	04:58:32	00:42:44	02:33:25	01:35:09	451
77	509 Afonso Chiote	05:03:29	00:41:06	02:38:57	01:33:09	486
78	464 Pedro F Sá	05:03:29	00:41:10	02:31:04	01:42:16	487
79	826 João Miguel Alves Praxedes	05:03:46	00:38:59	02:43:13	01:32:27	492
80	959 Renan Mariano Costa	05:07:44	00:41:09	02:38:50	01:39:51	521
81	768 Diogo Carlos Saramago Marques	05:08:53	00:49:32	02:22:44	01:45:41	529
82	448 Pedro André Da Silva Marques	05:08:57	00:42:39	02:39:12	01:37:38	530
83	851 Manuel Vieira	05:10:24	00:42:03	02:25:31	01:55:28	540
84	402 Leandro Teixeira Nabais	05:11:27	00:36:30	02:31:41	01:55:32	546
85	892 Tony Franco	05:11:40	00:42:50	02:29:44	01:49:09	549
86	349 Gerson Thiago Gomes De Lima	05:15:53	00:42:56	02:37:59	01:46:12	568
87	654 João Catarino	05:16:50	00:44:28	02:22:39	02:03:43	574
88	727 Nuno Silva	05:18:46	00:42:20	02:37:14	01:48:41	584
89	103 André Filipe Martins Do Carmo	05:27:54	00:46:02	02:49:35	01:40:18	629
90	569 João Ramalho	05:28:05	00:48:47	02:42:35	01:44:41	631
91	621 André Rodrigues	05:28:43	00:38:56	02:46:54	01:54:58	634
92	996 Joshua Humphreys	05:30:59	00:46:04	02:47:59	01:44:51	644
93	575 Tomás Líbano Monteiro	05:36:55	00:43:25	02:59:13	01:45:35	659
94	199 Marcus André Mariano Madeira	05:37:57	00:41:12	02:42:39	02:04:44	660
95	1025 Luís Castelhana	06:12:53	00:46:02	02:54:50	02:19:43	723
96	926 Francinaldo Rodrigues Veloso	06:20:05	00:56:45	02:55:55	02:16:57	729
97	236 Hélio João Ribeiro Conceição	06:25:27	00:47:28	03:04:53	02:22:09	736
98	994 David Pereira	06:43:30	00:46:55	03:09:08	02:30:16	741

35 - 39 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	888	Mariana Pereira De Sousa Marques	04:03:46	00:30:47	02:12:07	01:16:34	47

2	296 Sara Neto	04:06:37	00:34:57	02:12:19	01:14:14	60
3	477 Diana Araújo Wallis De Carvalho	04:29:25	00:35:13	02:23:57	01:24:38	201
4	51 Rita Machado	04:37:37	00:34:38	02:21:35	01:35:54	260
5	856 Ana Filipa Sampaio	04:43:18	00:30:02	02:32:36	01:33:55	307
6	622 Joana Viana	04:43:50	00:29:26	02:35:43	01:34:16	311
7	204 Patricia Alexandra Silva Contador	04:47:37	00:41:46	02:27:02	01:32:23	348
8	391 Aliona Gutu	04:52:35	00:42:20	02:34:15	01:26:35	385
9	143 Mafalda Monteiro	04:54:23	00:39:54	02:29:32	01:37:43	408
10	238 Carlota Maria Amaro Nogueira Antunes	04:56:03	00:35:59	02:35:43	01:38:47	425
11	917 Ana Rita Simões Pereira	04:57:29	00:44:07	02:31:29	01:35:58	441
12	164 Rita Saraiva	04:59:43	00:34:22	02:38:08	01:40:57	458
13	939 Inês Prostès Da Fonseca Marmelo	04:59:54	00:46:34	02:38:59	01:27:49	461
14	481 Catarina Vasques Seabra Águas Rodrigues De Sousa	05:00:00	00:47:10	02:28:14	01:36:01	463
15	197 Raquel Xavier	05:10:51	00:38:08	02:43:08	01:38:30	544
16	123 Ana Conduto	05:15:02	00:43:09	02:44:24	01:37:16	564
17	553 Margarida Reis	05:15:11	00:42:10	02:42:53	01:43:36	566
18	247 Ana Teresa Da Silva Magalhaes Oliveira	05:18:34	00:38:57	02:44:02	01:45:21	583
19	420 Catarina Barbosa Pessoa Aleixo	05:24:27	00:45:27	02:49:58	01:39:49	614
20	679 Sara Malveiro	05:25:18	00:38:10	02:44:03	01:55:40	621
21	886 Debora Branco	05:25:52	00:47:23	02:52:40	01:38:14	623
22	906 Graca Wessels	05:36:01	00:42:00	02:54:44	01:49:55	656
23	991 Megan Smit	06:43:26	00:47:20	03:09:38	02:30:16	740

40 - 44 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	696 Bruno Pontes		03:46:19	00:32:23	02:00:10	01:09:01	12
2	405 Manuel Júlio		03:48:34	00:30:31	02:02:43	01:11:16	14
3	745 José Luís Costa		03:51:04	00:31:44	02:00:01	01:15:07	18
4	924 Sergei Sorokin		03:53:25	00:32:59	02:03:23	01:12:18	21
5	507 Francisco Gameiro		03:58:09	00:31:24	02:10:54	01:11:24	32
6	521 João Brísida Pacheco		04:01:05	00:32:19	02:06:41	01:16:53	39
7	529 Ivan Jorge Camacho Valadares		04:03:49	00:31:30	02:09:02	01:18:42	48
8	479 Rui Miguel Das Neves Fanguero		04:04:04	00:32:44	02:11:37	01:14:47	49
9	451 Guilherme Teles		04:04:53	00:37:30	02:04:10	01:17:54	54
10	970 Gonçalo Martins		04:05:54	00:33:43	02:11:11	01:16:00	55
11	192 Ricardo Costa		04:06:34	00:30:21	02:13:12	01:16:25	59
12	48 Frederico Cipriano Batista		04:07:10	00:35:55	02:09:40	01:16:52	61

13	225 Hugo Miguel Martins Ferreira Da Silva	04:07:50	00:35:21	02:10:56	01:14:37	65
14	419 Fernando Manuels Conceicao Batista	04:10:00	00:33:31	02:14:26	01:16:32	79
15	40 Jorge Reis	04:12:16	00:37:28	02:08:33	01:19:58	89
16	637 Ilya Lassshch	04:13:52	00:37:02	02:16:05	01:15:34	100
17	590 José Diogo Lucena	04:16:31	00:33:20	02:08:10	01:28:25	113
18	87 Filipe Godinho	04:17:02	00:31:15	02:11:36	01:27:50	115
19	276 Pedro Flores	04:19:14	00:33:54	02:15:25	01:24:28	128
20	78 Tiago Rosa	04:20:51	00:45:02	02:09:18	01:20:49	139
21	403 Telmo Ricardo Fragoso Nogueira	04:22:20	00:39:27	02:18:51	01:18:24	151
22	288 Leilttonn Pablllo Sipaubá De Sousa	04:23:49	00:36:05	02:15:46	01:26:23	161
23	130 Nuno Salema	04:25:08	00:37:54	02:18:03	01:22:43	172
24	322 Eurico Cunha	04:25:09	00:39:12	02:05:54	01:31:53	173
25	616 Jorge Ferreira De Abreu	04:26:29	00:38:58	02:21:39	01:19:30	177
26	665 Ricardo Cabral	04:26:44	00:36:10	02:11:05	01:33:36	178
27	752 Flávio Vieira Carvalho De Figueiredo	04:27:12	00:35:19	02:21:33	01:24:56	180
28	913 Hugo Jose Quiteres Fernandes Dias	04:27:15	00:34:03	02:11:26	01:36:55	182
29	868 Fábio Andrade	04:29:09	00:39:42	02:10:46	01:30:08	194
30	678 Rui Trovão	04:30:00	00:37:51	02:13:43	01:31:32	206
31	431 Hugo Claudio Martins Marques	04:30:12	00:43:38	02:15:06	01:25:35	208
32	323 João Paulo Serôdio	04:32:23	00:42:39	02:15:27	01:27:38	225
33	156 João Silva	04:33:17	00:49:20	02:10:35	01:24:37	228
34	705 Luis Carlos Teixeira Pereira Gonçalves	04:34:54	00:39:56	02:22:17	01:25:02	237
35	751 João Paulo Nunes Ferreira Ribeiro Cardoso	04:34:58	00:37:20	02:20:52	01:29:13	238
36	984 Daniel Jose Cesario	04:35:10	00:37:14	02:12:56	01:39:01	239
37	972 Vitalii Provotorov	04:36:25	00:35:38	02:18:19	01:35:41	249
38	360 Henrique Delgado	04:38:30	00:31:27	02:22:12	01:37:57	265
39	642 Fernando Alberto Das Dores Francisco	04:39:15	00:46:22	02:17:20	01:28:10	269
40	505 Fernando Manuel Moreira Trindade Fana	04:40:14	00:37:51	02:11:04	01:44:43	278
41	268 Joao Helder Mota Canas De Abreu	04:40:17	00:41:00	02:24:47	01:25:50	279
42	625 Hugo Machado	04:40:48	00:40:31	02:23:55	01:28:28	284
43	458 Hugo Barbosa	04:40:51	00:44:56	02:18:13	01:29:10	285
44	628 Roberto Emanuel Pereira Rosado	04:41:01	00:42:03	02:16:18	01:36:34	287
45	232 Diogo Godinho	04:41:20	00:33:46	02:22:19	01:40:02	291
46	239 Bruno Carvalheiro	04:41:33	00:36:53	02:27:07	01:29:44	293
47	21 Pedro Alexandre Tomas Luiz	04:42:43	00:39:35	02:20:27	01:37:27	301
48	93 Bruno Miguel Batalha Carreira	04:43:03	00:41:09	02:24:16	01:30:48	303
49	568 Miguel Lima	04:43:18	00:38:25	02:11:33	01:47:07	306

50	502 Ricardo Jorge Da Silva Freire	04:44:29	00:38:45	02:26:49	01:28:50	319
51	989 Marco Machado	04:44:33	00:40:17	02:22:46	01:35:06	321
52	366 José João Bodas Santa	04:45:10	00:40:32	02:26:20	01:30:50	326
53	377 Diogo Mendes Cartaxo	04:45:40	00:47:40	02:20:19	01:30:14	334
54	60 Shahin Gharghi	04:46:50	00:41:55	02:16:27	01:41:07	340
55	611 João Manuel Espinheira Magalhães Pina	04:46:55	00:39:09	02:27:04	01:33:04	341
56	38 Afonso Álvares Pereira	04:48:34	00:39:05	02:24:22	01:38:03	349
57	552 Pedro Paiva Nunes	04:48:48	00:38:23	02:24:02	01:37:42	353
58	694 Guilherme Marta	04:50:01	00:40:31	02:30:47	01:32:09	362
59	37 Jorge Rodrigues	04:50:01	00:44:26	02:32:44	01:24:27	363
60	301 Joao Almeida Nunes	04:50:14	00:39:04	02:30:13	01:33:34	365
61	41 Francisco Silva	04:52:28	00:45:34	02:21:36	01:34:16	383
62	496 João Reis De Oliveira	04:53:04	00:42:35	02:26:29	01:38:27	388
63	945 Carlos Alberto Da Silva Rodrigues	04:53:39	00:44:49	02:28:02	01:32:23	397
64	981 Rui Messias	04:53:59	00:44:43	02:23:29	01:39:48	403
65	549 Luís Manuel Perdigão Do Nascimento	04:54:06	00:52:45	02:34:22	01:19:58	404
66	612 Andre Jose Leonardo Gordinho	04:54:57	00:43:09	02:19:58	01:41:08	414
67	251 Ricardo Manuel Valadas Jerónimo	04:55:08	00:37:49	02:23:44	01:45:04	415
68	966 Luis Monteiro	04:55:08	00:27:58	02:29:02	01:51:46	416
69	470 Renato André Santos Da Silva	04:58:23	00:48:29	02:26:57	01:34:43	450
70	579 Mário Viegas Sorribas Martins	05:00:21	00:49:33	02:29:25	01:35:33	469
71	226 Hernâni Leal Teles De Meneses	05:02:41	00:42:22	02:37:30	01:34:34	479
72	400 Miguel Do Nascimento	05:03:09	00:51:52	02:36:59	01:22:48	482
73	1012 Nic Treurnicht	05:03:20	00:41:17	02:36:25	01:36:33	484
74	794 Dino Ramos	05:03:34	00:37:47	02:23:58	01:53:48	488
75	645 Hugo Miguel Silva Pereira Leal	05:04:01	00:38:26	02:20:16	01:58:00	497
76	120 Diogo Justino	05:05:40	00:46:07	02:34:32	01:32:47	510
77	399 Pedro Oliveira	05:05:52	00:36:10	02:42:46	01:38:30	511
78	802 Bruno Lima	05:06:44	00:43:20	02:23:34	01:51:53	513
79	124 Andre Passos Dos Santos	05:07:04	00:47:32	02:30:58	01:40:27	517
80	96 Tiago Santos	05:07:16	00:42:59	02:26:40	01:50:08	518
81	237 João Nuno Alves Dias	05:07:20	00:36:24	02:31:32	01:53:18	519
82	655 Nuno Relvas	05:10:01	00:38:32	02:40:53	01:40:04	536
83	912 Hugo Sequeira	05:10:20	00:42:38	02:36:43	01:37:23	539
84	690 André Sousa	05:11:35	00:41:47	02:42:19	01:35:44	548
85	916 Carlos Ribeiro	05:13:08	00:49:35	02:40:02	01:36:36	554
86	365 António João Da Silva Soares Abrantes	05:13:30	00:43:29	02:47:30	01:33:11	555

87	862 David Roque Fernandes	05:14:43	00:45:45	02:24:50	01:58:32	562
88	227 Hugo Alexandre Pacheco Faria Anjos Ferreira	05:17:11	00:55:11	02:43:12	01:28:53	575
89	517 Tiago Vaz Osório	05:17:16	00:41:53	02:43:27	01:45:00	576
90	177 Bruno Pimenta	05:18:54	00:41:20	02:37:35	01:51:29	586
91	580 Claudio Mestre	05:19:01	00:43:58	02:42:05	01:44:44	588
92	518 Pedro Félix	05:21:13	00:31:09	02:42:09	01:59:52	597
93	682 Pedro Melo	05:23:39	00:37:33	02:36:34	02:00:23	610
94	746 Hélio Carreira	05:34:43	00:51:54	02:39:51	01:51:44	651
95	291 Luís Carlos Monteiro Campos	05:35:06	00:54:45	02:49:21	01:42:59	654
96	733 Rui André Dias Silva	05:46:28	00:41:20	02:45:52	02:10:35	687
97	329 Sérgio Miguel Gorjão Marques	05:48:39	00:53:46	02:35:45	02:09:55	695
98	964 Ricardo Rato	05:49:14	00:50:32	02:51:41	01:57:08	697
99	644 Sérgio Nuno Maquinista	05:50:30	00:56:29	02:54:05	01:52:18	698
100	205 Rui Fernando Lourenço Martins Dos Santos	05:56:33	00:54:39	02:44:29	02:10:41	705
101	754 Carlos Teixeira	06:04:48	00:57:51	03:02:09	01:57:38	714

40 - 44 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	818 Ynske Rodenhuis		04:31:26	00:31:44	02:26:14	01:28:49	216
2	435 Fernanda Costa Rates		04:51:53	00:38:24	02:30:42	01:36:29	378
3	441 Izabella Moreno Ducatti Pires		04:59:08	00:36:58	02:27:15	01:47:50	455
4	198 Luiza Teixeira De Freitas		05:00:48	00:40:46	02:35:24	01:37:11	471
5	834 Joana Morato Rosado		05:06:38	00:36:05	02:36:11	01:49:18	512
6	449 Ana Duarte		05:19:15	00:43:06	02:45:44	01:43:45	591
7	743 Andreia Tourais		05:31:45	00:47:52	02:48:21	01:49:08	645
8	511 Sofia Morelle		05:46:00	00:37:06	03:02:09	01:57:56	684
9	462 Ana Filipa Rosa Fernandes		06:04:16	00:48:53	03:06:27	02:00:40	713

45 - 49 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	980 Pedro Duarte Pereira Da Conceição		03:54:29	00:30:25	02:03:42	01:16:09	22
2	986 Nuno Neves		03:57:02	00:29:11	02:05:33	01:17:31	28
3	1004 João Fragoso		03:57:08	00:35:35	02:05:40	01:10:18	29
4	155 Nuno Ricardo Pais Lopes		04:03:12	00:30:35	02:10:35	01:17:46	44
5	1021 Pedro Eloy		04:04:06	00:27:19	02:12:13	01:20:26	50
6	1008 Frederico Teixeira		04:08:40	00:32:42	02:09:59	01:17:31	71
7	907 Bruno Miguel Roque Fonseca		04:09:23	00:38:26	02:04:21	01:20:23	74

8	453 Ricardo Carvalho	04:15:21	00:35:24	02:09:56	01:24:47	105
9	525 Guilherme Libório	04:15:59	00:32:11	02:20:35	01:17:39	111
10	13 Jorge Fonseca	04:17:06	00:31:12	02:17:22	01:22:55	116
11	175 Miguel Correia Duarte	04:17:14	00:33:01	02:13:47	01:25:16	117
12	544 Andre Aires Ferreira De Barros	04:19:22	00:33:49	02:11:23	01:25:24	130
13	774 Ricardo Félix	04:20:14	00:41:30	02:06:55	01:24:06	135
14	77 Filipe Ferreira	04:20:24	00:38:02	02:10:29	01:23:26	136
15	74 Henrique Pereira	04:20:32	00:40:40	02:11:13	01:20:45	138
16	454 Deodato Evangelista	04:21:18	00:38:38	02:09:03	01:28:35	140
17	23 João Luis De Sousa Godinho	04:21:19	00:39:17	02:11:43	01:24:35	141
18	581 Rui Da Silva Santos	04:22:40	00:40:21	02:10:21	01:25:26	153
19	68 Nuno Rolão Barruncho	04:27:08	00:40:43	02:18:26	01:19:40	179
20	673 Bruno Da Fonseca	04:27:36	00:33:26	02:19:00	01:29:58	183
21	657 José Valentim	04:28:25	00:39:59	02:11:01	01:30:55	188
22	548 Bruno Alves	04:28:43	00:37:34	02:18:43	01:26:06	191
23	706 Pedro Couto	04:28:49	00:38:54	02:18:15	01:25:00	193
24	595 Rui Gomes	04:29:11	00:38:22	02:13:14	01:27:59	195
25	596 Gonçalo S. Correia	04:29:19	00:35:33	02:16:06	01:27:56	198
26	585 Pedro Fernandes	04:29:26	00:35:12	02:20:15	01:29:03	202
27	398 Pedro Miguel Carmo Correia	04:30:07	00:37:15	02:19:00	01:27:28	207
28	126 Firmino Alexandre Martins Ribeiro Dias	04:30:22	00:37:26	02:14:57	01:30:23	209
29	627 Vasco Baptista	04:30:42	00:38:18	02:06:52	01:34:46	212
30	215 António Barbosa	04:32:01	00:41:22	02:24:43	01:18:43	221
31	142 Gustavo Antunes	04:34:06	00:37:20	02:16:35	01:33:12	232
32	376 António Marinho	04:34:15	00:38:33	02:13:06	01:34:23	234
33	81 Hugo Alves	04:35:40	00:35:39	02:18:48	01:34:40	242
34	643 Mario Saloio	04:35:59	00:39:54	02:21:23	01:28:27	244
35	106 Gonçalo D.R. Almeida	04:36:01	00:34:07	02:20:47	01:35:41	245
36	390 João Manuel De Oliveira Afonso	04:36:03	00:35:04	02:23:33	01:29:01	246
37	938 Paulo Faria	04:38:33	00:39:04	02:23:27	01:27:22	266
38	653 Pedro Miguel Ferreira Da Silva Nogueira	04:39:47	00:37:55	02:18:27	01:36:18	275
39	235 Christian Ramos	04:40:42	00:39:24	02:29:08	01:27:07	280
40	389 Válder Cruz Luís	04:41:09	00:39:34	02:14:56	01:40:35	288
41	629 Ricardo Pereira	04:41:12	00:43:01	02:22:02	01:27:00	290
42	178 Fernando Jorge Palma Neto	04:41:27	00:40:33	02:27:47	01:24:00	292
43	757 José Rodrigues	04:41:42	00:39:00	02:25:36	01:31:22	294
44	393 Ricardo Faria	04:43:34	00:35:17	02:20:05	01:41:34	308

45	165 Júlio Rafael Marques	04:43:35	00:42:31	02:25:16	01:28:12	309
46	109 Vítor A Ferreira	04:44:19	00:40:12	02:25:53	01:32:29	316
47	501 Hugo Rodolfo De Campos Martins	04:47:11	00:44:48	02:19:06	01:36:46	343
48	186 Ricardo Almeida	04:49:04	00:41:43	02:31:25	01:26:41	355
49	306 Carlos César Gomes	04:49:13	00:40:59	02:28:44	01:28:41	357
50	647 Ricardo Mário Dias Paiva Lopes Mateus	04:50:15	00:37:06	02:32:53	01:33:39	366
51	117 Luís Lemos	04:51:22	00:43:39	02:29:32	01:33:40	374
52	695 Gonçalo Silva	04:53:06	00:40:04	02:43:14	01:23:31	389
53	586 Paulo Garrudo	04:53:10	00:42:34	02:26:04	01:37:31	390
54	823 Carlos Gregório	04:53:35	00:44:07	02:34:55	01:26:43	396
55	254 Tiago Vaz	04:53:44	00:45:11	02:26:58	01:33:19	399
56	395 Hélio Rasteiro	04:53:47	00:42:11	02:27:02	01:32:46	400
57	809 Virgílio Ramos	04:53:51	00:34:28	02:15:49	01:53:11	402
58	589 Vítor Alexandre Oliveira Fonseca	04:54:57	00:40:50	02:21:04	01:44:32	413
59	882 Ricardo Quiterio	04:55:30	00:42:00	02:19:32	01:46:12	419
60	558 Ricardo Miguel Nunes Duarte	04:55:44	00:39:22	02:30:26	01:39:38	421
61	336 Pedro Miguel Da Conceição Melo	04:56:17	00:41:08	02:34:07	01:34:07	429
62	545 Plinio Miguel Marques	04:56:49	00:38:12	02:28:03	01:42:01	434
63	578 Pedro Gonçalves Pinto	04:57:32	00:43:15	02:22:54	01:45:08	442
64	729 Hugo Ricardo Cardoso Simões	04:58:05	00:48:57	02:20:55	01:39:44	446
65	940 Frederico Soares	04:58:13	00:44:28	02:23:25	01:40:31	448
66	830 Vítor Alexandre Oliveira Fonseca	04:58:17	00:41:57	02:27:37	01:38:55	449
67	263 Nuno Silva	04:59:06	00:43:10	02:26:38	01:41:56	454
68	293 Ricardo Santiago	04:59:23	00:40:05	02:35:30	01:35:12	456
69	533 Octávio Miguel Rita Pereira Cardoso	04:59:45	00:37:50	02:24:39	01:48:25	459
70	775 David Ronan	05:00:01	00:39:18	02:37:30	01:35:13	464
71	717 Luis Miguel Alves Silva	05:00:16	00:44:20	02:30:23	01:36:28	467
72	213 Michal Gontarz	05:00:57	00:45:08	02:38:05	01:29:02	472
73	28 Luís Ribeiro	05:01:21	00:44:54	02:33:56	01:33:41	474
74	738 Marco Nave	05:01:32	00:43:31	02:26:09	01:39:43	475
75	948 Alejandro Rodríguez Benítez	05:02:07	00:39:51	02:32:54	01:43:15	477
76	354 Tomás Braga Faria	05:03:12	00:44:57	02:43:44	01:26:24	483
77	554 Hugo Rodrigo Silva Carlos	05:03:39	00:42:18	02:34:47	01:37:12	490
78	797 Joao Pedro Pereira Neto Da Silveira	05:03:48	00:42:09	02:37:51	01:34:36	495
79	900 Sérgio Gonçalves	05:07:51	00:43:47	02:30:58	01:45:37	522
80	726 Hélio Garcia	05:08:20	00:48:00	02:32:02	01:40:54	526
81	620 Hildebrando Castro	05:08:43	00:39:37	02:33:15	01:46:23	528

82	125 André Pinto	05:09:25	00:44:22	02:25:32	01:48:43	534
83	723 João Pedro Caniço Marques Abrantes Da Silva	05:11:32	00:55:44	02:37:39	01:28:48	547
84	686 Ricardo Almeida	05:11:42	00:37:39	02:35:04	01:43:19	550
85	714 André Filipe Matias Gil Da Silva	05:12:13	00:39:25	02:43:34	01:42:05	552
86	623 João Luís Costa	05:14:26	00:37:00	02:40:20	01:48:26	560
87	928 Tomasz Drebot	05:14:30	00:42:07	02:32:28	01:46:52	561
88	26 Luís Miguel Caxias Melro	05:17:26	00:46:23	02:39:48	01:39:04	578
89	648 Diogo Navas Garcia	05:19:08	00:41:17	02:47:14	01:41:43	590
90	202 David Carlos	05:20:30	00:43:24	02:30:26	01:54:35	596
91	20 Gonçalo Eduardo Vítor Vicente	05:22:33	00:41:14	02:33:24	01:59:34	603
92	670 Rafael Morado Nascimento	05:22:34	00:34:55	02:46:05	01:53:02	604
93	333 Hugo Lopes	05:23:23	00:46:07	02:43:32	01:44:03	608
94	62 Miguel Ângelo Abrantes Costa	05:23:37	00:39:05	02:57:59	01:39:16	609
95	267 José Leovigildo De Melo Coelho Filho	05:23:50	00:44:10	02:53:48	01:34:51	611
96	819 Jorge Alexandre Batista Da Silva Barroso	05:24:43	00:39:04	02:46:00	01:49:25	615
97	519 Antonio Jose Caldeira Amaral Silva Rodrigues	05:29:58	00:37:01	02:38:42	01:59:51	639
98	784 Pedro Guerra	05:32:17	00:43:55	02:45:53	01:50:55	646
99	386 Hugo Rocha	05:32:58	00:44:23	02:42:04	01:59:56	648
100	811 Carlos Alfredo Vitorino Gesteiro	05:34:51	00:46:27	02:37:21	02:00:39	652
101	54 Gonçalo Lopes	05:39:38	00:42:16	02:43:16	02:04:22	667
102	656 Miguel De Andrade Sobral Dos Santos	05:44:31	00:53:59	02:44:38	01:52:11	681
103	380 Pedro Miguel Antunes Graça	05:46:22	00:49:38	02:50:41	01:55:38	686
104	460 Eduardo Poças	05:48:13	00:36:03	02:50:21	02:11:52	692
105	413 João Blasques	05:58:41	00:45:04	03:09:06	01:53:56	707

45 - 49 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	943	Maria Del Pilar Ayuso Chico	04:15:36	00:30:36	02:15:13	01:24:45	108
2	6	Priscila De Fatima Gonçalves	04:21:24	00:36:41	02:10:03	01:29:20	142
3	610	Ana Valentim	04:24:48	00:38:56	02:16:36	01:25:03	167
4	849	Laura Feroso Rodríguez	04:28:22	00:32:49	02:21:45	01:27:01	185
5	808	Eva Silva	04:36:18	00:38:32	02:20:57	01:30:46	248
6	385	Denise Lorenzoni	04:45:19	00:37:06	02:25:36	01:38:03	327
7	998	Rita Da Rocha Sousa Monteiro	04:47:13	00:34:24	02:32:24	01:33:47	344
8	447	Vera Almeida	05:16:32	00:46:03	02:47:29	01:35:26	570
9	361	Conceição Martins Dos Santos	05:19:39	00:48:47	02:37:50	01:44:36	592
10	557	Catarina Ventura	05:28:31	00:45:29	03:02:40	01:30:10	633

11	284 Teresa Maria Henriques Dos Santos Sepúlveda	05:30:51	00:42:31	02:53:54	01:46:37	643
12	169 Teresa Firme Marques	06:10:02	00:40:52	03:11:40	02:06:20	721

50 - 54 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	865	Rui Narigueta	03:45:10	00:34:20	01:56:10	01:10:41	10
2	584	Lino Barruncho	03:50:40	00:32:37	02:02:23	01:11:34	16
3	546	Luis Mira Nunes	04:01:36	00:34:28	02:05:51	01:16:24	40
4	985	Carlos Rosário	04:07:19	00:32:44	02:11:41	01:18:37	62
5	139	Carlos Pinto	04:09:43	00:35:33	02:09:16	01:18:40	76
6	810	Carlos Barroso Fernandes	04:10:44	00:32:22	02:14:44	01:18:47	81
7	858	Mário Pires	04:11:56	00:34:16	02:09:36	01:21:09	84
8	750	Rui Costa	04:13:22	00:37:59	02:07:45	01:21:53	97
9	635	Carlos Alberto Dos Santos Custódio	04:14:12	00:33:08	02:14:25	01:22:01	101
10	131	Milton Cabral	04:15:24	00:40:32	02:09:52	01:20:22	106
11	577	Alexandre Nunes	04:15:50	00:37:20	02:14:21	01:19:54	109
12	983	Pedro Rebola	04:16:25	00:37:34	02:09:31	01:23:45	112
13	311	Nuno Miguel Rico Carvalhinho	04:18:25	00:37:20	02:10:09	01:25:20	122
14	34	Luis Alegrias	04:21:28	00:33:26	02:11:00	01:30:36	143
15	728	Nuno Correia	04:29:25	00:39:12	02:14:38	01:27:33	200
16	763	Rogério Moises Caveiro Pires	04:32:03	00:40:09	02:15:13	01:30:03	223
17	327	Pedro Costa	04:33:21	00:43:30	02:16:01	01:25:52	229
18	146	José Farinha	04:33:37	00:41:51	02:14:37	01:31:39	230
19	915	Pedro Miguel Calado Bilro	04:33:49	00:34:46	02:19:09	01:32:47	231
20	649	João António Da Silva Rosa	04:35:30	00:36:03	02:17:32	01:33:04	240
21	787	Celso Manuel Mestre Guerra	04:36:32	00:38:40	02:19:30	01:29:35	250
22	603	André Cabral	04:37:29	00:36:24	02:29:38	01:25:37	258
23	747	Luis Figueira	04:37:39	00:35:02	02:19:41	01:33:24	261
24	27	António Carlos Esquetim Marques	04:38:00	00:35:30	02:26:19	01:29:59	264
25	749	Pedro Ricardo Branco Barata Filipe	04:39:18	00:28:51	02:29:43	01:33:39	270
26	594	Eladio Manuel	04:39:23	00:42:11	02:21:35	01:27:02	272
27	759	Pedro Ferreira	04:39:36	00:38:05	02:20:24	01:35:05	274
28	112	Luís Silva	04:47:13	00:31:18	02:32:05	01:35:12	345
29	25	José António Boleto Varela	04:49:08	00:37:24	02:23:53	01:38:11	356
30	345	Martim Nunes	04:49:53	00:42:26	02:28:45	01:29:29	360
31	782	Bruno Rafael Paiva Gois	04:50:32	00:35:44	02:36:18	01:32:57	369
32	652	Mário Porfírio	04:52:33	00:37:12	02:31:08	01:36:12	384

33	715 Filipe Leitaó	04:53:02	00:40:04	02:34:49	01:31:27	386
34	662 Fabio Noventa Fonseca	04:54:19	00:36:40	02:28:36	01:39:52	407
35	709 Francisco Deslandes Heitor	04:55:13	00:31:30	02:31:09	01:43:44	417
36	877 Nuno Pedro Da Silva Do Carmo Vaz	04:56:15	00:37:26	02:32:46	01:38:33	428
37	370 Tiago Duarte	04:59:27	00:42:59	02:27:29	01:38:15	457
38	439 Pedro Botelho	05:00:01	00:32:21	02:28:35	01:52:42	465
39	614 Pedro Antonio Oliveira	05:01:09	00:45:30	02:29:39	01:38:05	473
40	773 Aleksandar Stojanovic	05:01:52	00:43:03	02:31:53	01:34:54	476
41	846 Luis Rodrigues	05:03:37	00:32:34	02:31:30	01:52:20	489
42	854 Pedro Moreira	05:03:47	00:35:09	02:39:21	01:41:52	493
43	341 José Capuchinho	05:04:34	00:40:22	02:34:38	01:40:35	503
44	850 João Teives	05:04:47	00:44:48	02:30:57	01:40:41	505
45	599 Pedro Nunes	05:05:08	00:35:22	02:23:23	01:57:45	508
46	504 Pedro David Da Costa Amaro Galvão Pisco	05:05:14	00:45:31	02:36:13	01:34:12	509
47	445 Nuno Simoes	05:07:21	00:39:47	02:32:39	01:46:34	520
48	478 Carlos Alberto Meira Da Rocha	05:09:17	00:39:48	02:34:03	01:44:29	533
49	731 Rui Silvestre	05:10:09	00:42:41	02:17:37	01:59:27	538
50	821 Joao Pinto	05:10:32	00:54:38	02:40:05	01:27:08	541
51	563 Bruno Sousa	05:11:27	00:38:53	02:47:29	01:37:34	545
52	675 Luís Miguel Cavaco Revés	05:11:55	00:38:26	02:25:04	02:01:16	551
53	221 Marcos Cagido Ribeiro	05:13:45	00:42:17	02:41:03	01:42:22	556
54	379 Joao Luis Bento Rosa Pereira	05:14:26	00:40:10	02:44:29	01:40:44	559
55	121 Daniel José Da Graça Oliveira Santos	05:14:46	00:46:39	02:34:49	01:43:12	563
56	300 Luís Mendes	05:19:06	00:43:30	02:40:56	01:45:04	589
57	43 Rodrigo Ferreira Santos	05:20:03	00:46:11	02:50:23	01:35:51	594
58	776 Duarte Rodrigues	05:20:17	00:44:42	02:37:41	01:48:21	595
59	853 Rui Da Silva Valente	05:22:13	00:41:55	02:33:37	01:55:31	599
60	699 Vitor Gameiro	05:22:21	00:40:37	02:27:07	02:05:18	601
61	242 Horácio Fernando Santos Oliveira	05:23:58	00:45:55	03:01:44	01:29:14	613
62	786 Nuno Lucas	05:25:03	00:44:29	02:38:57	01:49:31	619
63	905 Paulo Favero	05:26:29	00:42:06	02:40:54	01:53:26	625
64	259 Nuno Miguel Nobre	05:30:49	00:42:35	02:39:57	01:59:17	642
65	269 Marco António Do Nascimento Ventura	05:36:37	00:39:38	02:45:51	02:00:32	657
66	111 Tito Lívio Henriques	05:36:46	00:43:45	02:34:51	02:09:28	658
67	712 João Souza	05:38:01	00:48:57	02:55:42	01:43:29	661
68	278 Bruno Miguel Carvalho Da Silva	05:39:02	00:37:41	02:43:50	02:11:20	665
69	332 Eduardo Filipe Amaro Ferreira	05:40:26	00:43:57	02:36:16	02:11:00	668

70	636 Pedro Leiria	05:40:32	00:41:22	02:56:17	01:50:35	669
71	287 Mário Fonseca	05:44:00	00:42:12	02:42:52	02:08:49	679
72	734 Miguel Cardoso Pinto	05:47:10	00:48:19	02:49:44	01:59:33	690
73	839 Miguel Trindade	05:49:03	00:49:38	02:50:52	01:56:39	696
74	362 Mário Nuno Sobral	05:54:35	00:46:49	02:44:48	02:09:06	703
75	692 Paulo José Cláudio Farinha	06:00:04	00:48:09	02:46:04	02:07:34	708
76	79 Rui Lobo Levy	06:02:09	00:45:32	02:37:22	02:30:40	710
77	50 Pedro Ferreira	06:10:44	00:55:36	02:54:52	02:03:10	722

50 - 54 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	76	Nadine Dittrich	04:32:03	00:33:08	02:11:03	01:41:36	222
2	408	Fernanda Marques Santinha	04:50:40	00:39:50	02:37:08	01:26:50	371
3	461	Simone Siebra	04:54:34	00:40:13	02:20:30	01:46:16	410
4	718	Maria Sousa	04:59:56	00:40:18	02:36:35	01:35:28	462
5	472	Paula Pita	05:41:21	00:52:12	02:46:46	01:56:13	671
6	184	Patricia Passos	05:43:55	00:50:13	02:52:38	01:51:19	678
7	348	Sónia Margarida Patrão Da Silva	05:44:21	00:42:04	02:54:51	02:00:15	680
8	909	Rita Borges Coutinho	05:44:38	00:42:10	02:50:43	02:02:41	683
9	713	Sandra Tomé	06:04:04	00:57:57	03:09:06	01:44:32	712
10	191	Sara Colaço Ferreira	06:21:00	00:43:02	03:07:00	02:17:01	730
11	650	Isabel Alexandra Santos	06:24:52	00:56:59	03:09:09	02:07:29	735

55 - 59 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	555	Jose Rui Galvao	03:55:17	00:31:36	02:02:47	01:15:37	24
2	681	Jorge Vieira	04:10:00	00:37:56	02:09:25	01:16:57	78
3	753	José Carlos Gonçalves Da Silva Abrantes	04:11:26	00:33:26	02:10:50	01:21:34	83
4	848	Jose Vicente Bermejo Martin	04:12:12	00:34:56	02:08:52	01:22:23	87
5	689	Mauro Alexandre Marques Azevedo	04:14:35	00:38:02	02:15:01	01:14:41	103
6	132	António Jorge Bento Calafate Calafate	04:19:36	00:32:05	02:14:09	01:28:07	131
7	724	Jorge Alexandre U Nunes De Araujo	04:31:21	00:31:36	02:22:12	01:29:20	214
8	167	Paulo Carvalhinho	04:31:25	00:37:27	02:16:38	01:27:35	215
9	355	Rui Manuel Do Pranto Sousa	04:35:39	00:34:16	02:30:14	01:25:43	241
10	571	Antonio Marcelo	04:44:05	00:39:39	02:26:37	01:27:39	314
11	495	Alberto Pires	04:45:25	00:39:19	02:22:13	01:34:11	329
12	872	José Bonito	04:48:40	00:42:26	02:26:15	01:32:36	351

13	698	Pedro Miguel Cardoso Cordeiro	04:53:50	00:33:33	02:27:02	01:45:41	401
14	163	Paulo Jorge Lamego	04:54:09	00:35:17	02:27:30	01:45:10	406
15	105	António Rodrigues	04:59:51	00:46:59	02:28:10	01:36:06	460
16	308	Carlos Manuel Nabais Martins	05:00:20	00:41:45	02:40:38	01:29:15	468
17	801	Antonio Da Cunha	05:04:11	00:40:37	02:28:01	01:48:37	499
18	659	Vasco Pinheiro	05:04:52	00:45:20	02:25:55	01:46:16	506
19	1015	Guilherme Pereira Vanni	05:07:58	00:32:26	02:19:23	02:09:45	523
20	605	Joao Carlos Parda Gonçalves Marques	05:09:30	00:44:12	02:21:08	01:55:44	535
21	619	Fernando Figueiredo	05:16:30	00:39:19	02:30:36	01:57:10	569
22	84	Maurício José Vaz Costa	05:16:44	00:37:41	02:37:04	01:53:52	573
23	565	Guillermo Sarria Diaz	05:18:17	00:43:52	02:38:03	01:48:30	580
24	302	Nuno Miguel Da Conceição Santos Fernandes Peres	05:25:35	00:44:41	02:31:52	01:58:18	622
25	843	João Catuna	05:26:27	00:58:05	02:32:33	01:46:41	624
26	264	José Carlos Nunes Gonçalves	05:29:55	00:55:02	02:42:23	01:43:31	637
27	101	José Luís Almeida	05:30:47	00:41:50	02:43:10	01:58:55	641
28	829	Sérgio Oliveira	05:32:46	00:49:01	02:39:22	01:55:55	647
29	253	Miguel António Reis Cruz	05:35:01	00:46:49	02:48:52	01:49:39	653
30	597	Marcos André Lourenço Dantas	05:39:30	00:36:26	02:48:20	02:07:04	666
31	57	Miguel Azevedo	05:40:34	00:45:49	02:56:18	01:48:13	670
32	415	Charles Gonçalves	05:46:58	00:45:07	02:50:14	01:59:40	689
33	214	Paulo Jorge Rodrigues	05:58:08	00:44:43	02:52:33	02:07:41	706
34	825	Rui Manuel Duarte Melo Silva	06:05:11	00:48:29	02:50:33	02:15:22	716

55 - 59 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	859	Ana Filipa Oliveira	04:56:49	00:37:37	02:26:37	01:46:52	435
2	739	Daniela Langaro	05:18:56	00:42:08	02:43:29	01:43:25	587
3	995	Alexandra Jorg	05:42:14	00:45:49	02:54:50	01:52:51	674
4	154	Mafalda Ferreira	05:53:28	00:48:46	03:04:19	01:52:27	701

60 - 64 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	855	Miguel Duarte	04:15:57	00:31:49	02:09:46	01:26:17	110
2	954	Aidan Mckay	04:44:29	00:36:36	02:18:42	01:37:25	318
3	561	Luís Roseiro	04:53:20	00:35:00	02:24:42	01:43:56	393
4	779	António Jorge Pinho De Oliveira	04:53:44	00:38:27	02:27:15	01:40:42	398
5	208	Manuel António Santos Nunes	04:54:45	00:40:29	02:25:00	01:39:34	411

6	639	José Calheiros	05:03:42	00:36:40	02:47:01	01:33:49	491
7	556	Carlos Manuel Pires De Oliveira Nunes	05:04:17	00:42:46	02:37:17	01:36:45	500
8	870	João Paulo Coelho Da Silva Albuquerque	05:08:09	00:41:51	02:31:34	01:47:26	524
9	229	Rui Manuel Castro Velez	05:17:18	00:39:31	02:39:57	01:51:50	577
10	299	Francisco Sanches-Osório	05:25:12	00:39:13	02:31:29	02:05:02	620
11	795	Sebastian De Groot	05:28:45	00:35:58	02:43:45	01:59:14	635
12	873	Luis Casimiro	06:07:58	00:51:14	02:57:51	02:01:27	718
13	805	David Ennes	06:21:47	00:34:49	03:10:47	02:27:25	733

60 - 64 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	343	Mariana Pizarro Monteiro De Carvalho	05:18:33	00:43:28	02:36:20	01:49:18	582
2	688	Helena Maria De Oliveira Sécio	06:19:46	00:47:59	02:54:07	02:28:03	728

65 - 69 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	977	Jean Louis dos Santos Urbano	04:52:03	00:37:15	02:24:30	01:40:22	379
2	240	Manuel Pires Pires	04:53:32	00:42:40	02:32:37	01:29:52	395
3	781	Manuel Gregorio Gouveia Sardinha	05:22:54	00:43:19	02:48:38	01:40:31	606
4	83	Rui Manuel Lourenco Tavares Rodrigues Rodrigues	05:27:23	00:45:58	02:46:30	01:43:35	628
5	249	Henrique Freire	05:38:17	00:38:51	02:51:27	01:58:18	662

70 - 74 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	772	Fernando André Silva	05:46:21	00:46:38	02:50:15	01:59:14	685
2	884	Jose Pedro Delgado Sequeira Ferrão	06:18:29	00:54:52	03:07:44	02:06:35	727