Runcambra
Vale de Cambra
17-maio-2026

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:45	13,6ºC	70%
End	11:20	13,6ºC	70%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	602	Luis Oliveira	beira mar	Senior Masculino	30:02		03:00
2	167	RICARDO PEREIRA	ev-peraltafil	Senior Masculino	31:23	+01:21	03:08
3	180	Vitor Oliveira	gdc guilhovai	Senior Masculino	31:40	+01:37	03:10
4	164	ESMENIO BEIRÃO	ev-peraltafil	Senior Masculino	31:41	+01:38	03:10
5	20	PEDRO MOREIRA	acr vale de cambra	Senior Masculino	31:57	+01:55	03:12
6	16	JOSÉ VIEIRA	acr vale de cambra	Senior Masculino	32:20	+02:18	03:14
7	520	Diogo Fontes	núcleo de atletismo de cucujães	Senior Masculino	32:34	+02:31	03:15
8	13	BRUNO PINHEIRO	acr vale de cambra	Senior Masculino	32:39	+02:36	03:16
9	651	Jose Moreira	são salvador do campo	Veterano M45	32:46	+02:44	03:17
10	482	Toze Castro	individual	Veterano M45	32:59	+02:56	03:18
11	3	Henrique Gomes	a.c.d. os ilhavos	Senior Masculino	33:23	+03:21	03:20
12	169	VITOR SANTOS	ev-peraltafil	Veterano M45	33:33	+03:30	03:21
13	15	Fábio Correia	espinho	Senior Masculino	33:40	+03:37	03:22
14	18	MIGUEL TAVARES	acr vale de cambra	Senior Masculino	33:42	+03:40	03:22
15	6	andre santos	a.c.d. os ilhavos	Veterano M40	33:46	+03:44	03:23
16	179	André Adriano	gdc guilhovai	Veterano M40	34:04	+04:02	03:24
17	19	PEDRO MAGALHÃES	acr vale de cambra	Senior Masculino	34:13	+04:11	03:25
18	177	Jorge Cubal	gdc guilhovai	Senior Masculino	34:30	+04:28	03:27
19	181	Artur Rodrigues	gdc guilhovai	Veterano M50	35:03	+05:00	03:30
20	165	HELDER PIRES	ev-peraltafil	Senior Masculino	35:14	+05:11	03:31
21	26	BRUNO FREITAS	acr vale de cambra	Veterano M40	35:18	+05:15	03:32
22	544	João Nuno Duarte Fernandes	sspmsjm	Senior Masculino	35:20	+05:17	03:32
23	4	Marco Soares	a.c.d. os ilhavos	Senior Masculino	35:21	+05:19	03:32
24	17	MARCO PINHO	acr vale de cambra	Senior Masculino	35:39	+05:37	03:34
25	174	Mark Macedo	f.c.penafiel	Veterano M45	35:53	+05:51	03:35
26	182	António Fernandes	gdc guilhovai	Veterano M55	36:01	+05:58	03:36
27	464	Antônio Cristóvão	individual	Veterano M45	36:13	+06:11	03:37
28	187	Filipe Luz	grupo desportivo de são paio de oleiros	Senior Masculino	36:26	+06:23	03:39
29	634	Telma Pinho	el comandante team	Senior Feminino	36:37	+06:35	03:40
30	193	Pedro Cardoso	grupo juvenil do pinheiro da bemposta	Veterano M45	36:39	+06:36	03:40
31	601	Angelo Cesar Pinho Araujo	individual	Veterano M50	36:47	+06:45	03:41
32	309	Filipe Barros	individual	Senior Masculino	36:47	+06:45	03:41
33	132	Ricardo Carvalho	núcleo de atletismo de cucujães	Veterano M50	36:51	+06:49	03:41
34	188	António Martins	grupo juvenil do pinheiro da bemposta	Senior Masculino	37:04	+07:01	03:42
35	29	NUNO OLIVEIRA	acr vale de cambra	Veterano M40	37:07	+07:05	03:43
36	166	MARCO MARQUES	ev-peraltafil	Senior Masculino	37:11	+07:09	03:43
37	129	Nuno Albergaria	clube de campismo de são joão da madeira	Senior Masculino	37:12	+07:10	03:43
38	552	Daniel Almeida	vale correr	Senior Masculino	37:13	+07:10	03:43
39	123	CARLOS SEQUEIRA	clube atletismo de ovar	Veterano M45	37:13	+07:11	03:43
40	275	Bruno Vidinha	individual	Senior Masculino	37:19	+07:16	03:44
41	462	Vítor Coelho	individual	Veterano M40	37:19	+07:17	03:44

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	7	João Dias	a.c.d. os ilhavos	Veterano M45	37:24	+07:21	03:44
43	56	Joana Nunes	c. d. são salvador do campo	Senior Feminino	37:47	+07:44	03:47
44	369	Rafael Seromenho	individual	Senior Masculino	37:56	+07:54	03:48
45	542	Joana Marques	sport clube beira-mar	Senior Feminino	38:17	+08:15	03:50
46	44	Antonio Nunes	arada atlético clube	Veterano M55	38:17	+08:15	03:50
47	553	João Oliveira	vale correr	Senior Masculino	38:33	+08:30	03:51
48	33	ANTÓNIO PINTO ALMEIDA	acr vale de cambra	Veterano M55	38:42	+08:39	03:52
49	378	Rogério Tavares dos Santos	individual	Senior Masculino	38:50	+08:48	03:53
50	148	Filipe Coelho	coporunners	Veterano M50	38:51	+08:49	03:53
51	178	Sandra Ferreira	gdc guilhovai	Veterana F45	38:54	+08:51	03:53
52	39	José Figueiredo	afis/ovar	Veterano M55	39:03	+09:01	03:54
53	557	Tiago oliveira	vale correr	Senior Masculino	39:07	+09:05	03:55
54	172	MANUEL FERREIRA	ev-peraltafil	Veterano M55	39:09	+09:07	03:55
55	130	Fernando Oliveira	clube de campismo de são joão da madeira	Veterano M55	39:13	+09:10	03:55
56	2	ANDRÉ PINA	a. d. grijo a correr	Veterano M40	39:17	+09:14	03:56
57	41	Lara Costa	arada atlético clube	Senior Feminino	39:31	+09:28	03:57
58	125	PEDRO SILVA	clube atletismo de ovar	Veterano M50	39:44	+09:42	03:58
59	105	Bruno Fernandes	centro municipal de marcha e corrida vale de cambra	Veterano M40	39:49	+09:46	03:59
60	538	José Soares	sapatilhas verdes	Senior Masculino	39:51	+09:49	03:59
61	171	JOSE SILVA	ev-peraltafil	Veterano M55	39:56	+09:54	04:00
62	545	PEDRO TERRA	sstsjm-srviços sociais do pessoal do município de s. joão da madeira	Veterano M60	40:04	+10:02	04:00
63	126	ROGERIO CAMPOS	clube atletismo de ovar	Veterano M55	40:16	+10:13	04:02
64	386	Samuel de Oliveira Gomes	individual	Senior Masculino	40:24	+10:22	04:02
65	345	Marco Almeida	individual	Senior Masculino	40:29	+10:27	04:03
66	82	J A P O	cdc macieira de cambra	Veterano M40	40:30	+10:28	04:03
67	304	Emanuel Sol	individual	Senior Masculino	40:32	+10:30	04:03
68	649	Carlos Rodrigues	reclacambra mm saude	Veterano M45	40:40	+10:38	04:04
69	555	Pedro Pinho	vale correr	Senior Masculino	40:48	+10:45	04:05
70	380	Rui Almeida	individual	Senior Masculino	40:55	+10:52	04:05
71	87	Fernando Antunes	cdc macieira de cambra	Veterano M55	41:00	+10:57	04:06
72	633	INES GONÇALVES	clube atletismo de ovar	Senior Feminino	41:01	+10:59	04:06
73	86	Nuno Santos	cdc macieira de cambra	Veterano M50	41:07	+11:05	04:07
74	81	Carlos Teixeira	cdc macieira de cambra	Veterano M40	41:17	+11:14	04:08
75	186	LÍDIA PEREIRA	grecas - vagos	Veterana F55	41:17	+11:15	04:08
76	626	Paulo Sergio Santos	catari	Veterano M50	41:17	+11:15	04:08
77	280	CLÁUDIO COVAL	individual	Senior Masculino	41:20	+11:18	04:08
78	144	Ricardo Sousa	coporunners	Senior Masculino	41:23	+11:20	04:08
79	374	Ricardo Oliveira	individual	Senior Masculino	41:27	+11:25	04:09
80	57	Luis Carlos Rodrigues da Silva	carregosa lowlanders	Senior Masculino	41:35	+11:32	04:09
81	40	José Godinho	afis/ovar	Veterano M55	41:38	+11:35	04:10
82	118	FLORBELA ARAUJO	clube atletismo de ovar	Senior Feminino	41:48	+11:46	04:11
83	558	Elvio Santos	vale correr	Veterano M45	41:50	+11:47	04:11
84	162	Carlos Eduardo Costa da Cruz Martins	eva ms	Veterano M45	41:51	+11:49	04:11
85	359	Pedro Correia	individual	Senior Masculino	42:02	+12:00	04:12

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	365	Pedro Neto	individual	Senior Masculino	42:04	+12:01	04:12
87	327	João Vilar	individual	Senior Masculino	42:18	+12:16	04:14
88	119	LUIS NOVO	clube atletismo de ovar	Senior Masculino	42:19	+12:17	04:14
89	504	Vítor Santos	individual	Veterano M55	42:22	+12:20	04:14
90	505	Dinis Tavares	individual	Veterano M60	42:23	+12:21	04:14
91	395	Telmo Canavarro	individual	Senior Masculino	42:33	+12:30	04:15
92	282	Da Silva	individual	Senior Masculino	42:34	+12:31	04:15
93	370	Rafael Tavares	individual	Senior Masculino	42:36	+12:33	04:16
94	373	Ricardo Miguel Martins Gomes Gomes	individual	Senior Masculino	42:40	+12:38	04:16
95	574	Andre Cardoso	vicaima	Veterano M40	42:41	+12:39	04:16
96	457	Ricardo Casimiro	individual	Veterano M40	42:45	+12:43	04:17
97	448	José Rocha	individual	Veterano M40	42:46	+12:44	04:17
98	127	ANTONIO CASTRO	clube atletismo de ovar	Veterano M60	42:49	+12:46	04:17
99	291	Diogo Almeida	individual	Senior Masculino	42:59	+12:57	04:18
100	441	Bruno Silva	individual	Veterano M40	43:04	+13:01	04:18
101	330	Jorge Santos	individual	Senior Masculino	43:04	+13:02	04:18
102	149	Joaquim Rego	coporunners	Veterano M50	43:18	+13:15	04:20
103	168	PATRICIA FERREIRA	ev-peraltafil	Veterana F40	43:18	+13:16	04:20
104	653	Rui Jorge De Pinho Oliveira	unit	Senior Masculino	43:19	+13:16	04:20
105	582	Pedro Agostinho	vicaima	Veterano M55	43:20	+13:18	04:20
106	440	Antonio Manuel Pais Assunção	individual	Veterano M40	43:34	+13:31	04:21
107	322	João Almeida	individual	Senior Masculino	43:36	+13:33	04:22
108	510	Rodrigo Nunes Silva	individual	Veterano M60	43:43	+13:40	04:22
109	652	Cristino de Pinho Oliveira	unit	Senior Masculino	43:55	+13:53	04:24
110	295	Diogo Cruz	individual	Senior Masculino	43:57	+13:54	04:24
111	390	Sérgio Almeida	individual	Senior Masculino	43:59	+13:57	04:24
112	518	Fátima Santos	lusitânia de lourosa	Veterana F55	44:01	+13:58	04:24
113	450	Nuno correia	individual	Veterano M40	44:06	+14:04	04:25
114	393	Sérgio Pinto	individual	Senior Masculino	44:08	+14:06	04:25
115	358	Pedro Barbosa	individual	Senior Masculino	44:10	+14:08	04:25
116	163	CRISTIANA SANTOS	ev-peraltafil	Senior Feminino	44:15	+14:13	04:26
117	11	ANDRÉ ANICETO	acr vale de cambra	Senior Masculino	44:16	+14:13	04:26
118	480	Rui Pedro Jesus de Almeida	casa fc porto | vale de cambra	Veterano M45	44:21	+14:19	04:26
119	455	Pedro Tavares	individual	Veterano M40	44:23	+14:20	04:26
120	627	Pedro Costa	catari	Veterano M50	44:27	+14:24	04:27
121	235	Léa Le Picard	individual	Senior Feminino	44:33	+14:30	04:27
122	140	Luis Tavares	colep packaging	Veterano M40	44:33	+14:30	04:27
123	556	Roni Gomes	vale correr	Senior Masculino	44:41	+14:39	04:28
124	526	Pedro Pina	oliveira´s	Veterano M45	44:48	+14:45	04:29
125	335	Licinio Almeida	individual	Senior Masculino	44:48	+14:46	04:29
126	183	Carlos Monteiro	gemba running	Veterano M40	44:51	+14:48	04:29
127	121	SARA COSTA	clube atletismo de ovar	Veterana F40	45:01	+14:58	04:30
128	306	Fábio Pereira	individual	Senior Masculino	45:03	+15:00	04:30
129	113	Paulo Martins	centro municipal de marcha e corrida vale de cambra	Veterano M55	45:04	+15:02	04:30
130	485	carlos correia	individual	Veterano M50	45:11	+15:08	04:31

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	424	Rosália Sousa	individual	Veterana F45	45:20	+15:18	04:32
132	5	Tânia Henriques	a.c.d. os ilhavos	Veterana F40	45:20	+15:18	04:32
133	391	Sérgio Manuel Soares Barbosa	individual	Senior Masculino	45:21	+15:18	04:32
134	383	Rui Filipe da Silva Gomes	individual	Senior Masculino	45:22	+15:19	04:32
135	110	Silvio Carvalho	centro municipal de marcha e corrida vale de cambra	Veterano M50	45:26	+15:24	04:33
136	388	Sandro Nogueira	individual	Senior Masculino	45:27	+15:25	04:33
137	146	Miguel Oliveira	coporunners	Veterano M40	45:27	+15:25	04:33
138	379	Ruben Silva	individual	Senior Masculino	45:27	+15:25	04:33
139	481	Sérgio Pereira	individual	Veterano M45	45:28	+15:26	04:33
140	414	Ana Oliveira	individual	Veterana F45	45:44	+15:42	04:34
141	314	Gonçalo de Almeida Tavares	individual	Senior Masculino	45:46	+15:43	04:35
142	184	Carlos Marques	gemba running	Veterano M50	45:47	+15:44	04:35
143	632	Carlos Pinto	catari	Veterano M60	45:49	+15:47	04:35
144	342	Marcelo Almeida	individual	Senior Masculino	45:51	+15:48	04:35
145	30	RUI ALMEIDA	acr vale de cambra	Veterano M45	45:52	+15:49	04:35
146	12	Artur Francisco Almeida Oliveira	acr vale de cambra	Senior Masculino	46:00	+15:57	04:36
147	586	Luis Carlos da Rocha Carneiro Pais	individual	Senior Masculino	46:02	+16:00	04:36
148	362	Pedro Gilde	individual	Senior Masculino	46:04	+16:02	04:36
149	268	André Filipe Sousa Pinho	individual	Senior Masculino	46:08	+16:06	04:37
150	364	Pedro Manuel Oliveira Matos	individual	Senior Masculino	46:10	+16:08	04:37
151	53	CARLOS SILVA	bolinhos de bacalhau	Veterano M50	46:12	+16:09	04:37
152	515	Ricardo C.	kapital café	Veterano M40	46:15	+16:13	04:38
153	96	Patricia Soares	centro municipal de marcha e corrida vale de cambra	Veterana F40	46:17	+16:15	04:38
154	496	António Jorge da Silva Martins	individual	Veterano M55	46:19	+16:17	04:38
155	490	Milton Brandão	individual	Veterano M50	46:21	+16:19	04:38
156	49	PAULO SILVA	bolinhos de bacalhau	Veterano M45	46:30	+16:27	04:39
157	647	Marcio Coutinho	reclacambra mm saude	Veterano M40	46:33	+16:31	04:39
158	357	Paulo Sergio dos Santos Nunes	individual	Senior Masculino	46:36	+16:34	04:40
159	71	Henrique Silva	cdc macieira de cambra	Senior Masculino	46:38	+16:36	04:40
160	568	Micael Rocha	vicaima	Senior Masculino	46:39	+16:37	04:40
161	548	Pedro Fernandes	união atletismo do porto	Veterano M45	46:42	+16:40	04:40
162	84	Luis Rodrigues	cdc macieira de cambra	Veterano M45	46:49	+16:46	04:41
163	288	Dany Nogueira	individual	Senior Masculino	46:50	+16:48	04:41
164	554	Luís Lopes	vale correr	Senior Masculino	46:51	+16:49	04:41
165	337	Luís Carlos de Pinho Barbosa	individual	Senior Masculino	46:55	+16:53	04:41
166	483	Wandederley Ferreira Sa	individual	Veterano M45	46:55	+16:53	04:42
167	347	Miguel Almeida	individual	Senior Masculino	46:56	+16:54	04:42
168	317	Gonçalo Vilarinho Costa	individual	Senior Masculino	46:56	+16:54	04:42
169	512	Arlete Santos	jobra	Veterana F45	47:00	+16:57	04:42
170	351	Nuno Coelho	individual	Senior Masculino	47:07	+17:04	04:43
171	159	Tiago Bastos	elevate studio sjm	Senior Masculino	47:07	+17:04	04:43
172	372	Raul Filipe Brandão Pinho Augusto	individual	Senior Masculino	47:14	+17:11	04:43

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	176	Juliana Almeida	gdc guilhovai	Senior Feminino	47:16	+17:13	04:44
174	300	Dylan Nogueira	individual	Senior Masculino	47:17	+17:14	04:44
175	583	Marco Alves	individual	Veterano M50	47:17	+17:15	04:44
176	156	Pedro Gaspar	elevate studio sjm	Senior Masculino	47:18	+17:16	04:44
177	173	Júlia Conceição	f.c.penafiel	Veterana F55	47:19	+17:17	04:44
178	584	Marinho Duarte	individual	Senior Masculino	47:22	+17:19	04:44
179	274	Bruno Tavares	individual	Senior Masculino	47:23	+17:20	04:44
180	479	Rui Manuel Silva	individual	Veterano M45	47:25	+17:23	04:44
181	446	Jorge Costa	individual	Veterano M40	47:28	+17:26	04:45
182	325	João Marques	individual	Senior Masculino	47:34	+17:32	04:45
183	192	Hugo Sousa	grupo juvenil do pinheiro da bemposta	Veterano M45	47:35	+17:33	04:46
184	24	SUSANA MARTINS	acr vale de cambra	Veterana F50	47:38	+17:36	04:46
185	145	Bruno Pereira	coporunners	Veterano M40	47:44	+17:41	04:46
186	143	Jéssica Andrade	coporunners	Senior Feminino	47:44	+17:42	04:46
187	142	Fabiana Terra	coporunners	Senior Feminino	47:46	+17:43	04:47
188	147	Marcos Fonseca	coporunners	Veterano M45	47:46	+17:43	04:47
189	509	Nelson Silva	individual	Veterano M60	47:48	+17:46	04:47
190	456	Pedro Vilar	individual	Veterano M40	47:49	+17:46	04:47
191	500	José Brandão	individual	Veterano M55	47:52	+17:49	04:47
192	69	Daniel Vieira	cdc macieira de cambra	Senior Masculino	47:57	+17:54	04:48
193	355	Paulo Gonçalves	individual	Senior Masculino	48:01	+17:58	04:48
194	459	Siredy Oliveira	individual	Veterano M40	48:04	+18:01	04:48
195	59	Bruno Gonçalves	carregosa lowlanders	Veterano M40	48:15	+18:12	04:49
196	175	Mario Carvalho	gd vilarinho de cima	Veterano M60	48:18	+18:16	04:50
197	114	Arlindo Rodrigues	centro municipal de marcha e corrida vale de cambra	Veterano M60	48:19	+18:17	04:50
198	320	Jhonatas Ferreira	individual	Senior Masculino	48:20	+18:18	04:50
199	472	José Santos	individual	Veterano M45	48:22	+18:19	04:50
200	348	Miguel Gaspar Ribeiro	individual	Senior Masculino	48:24	+18:22	04:50
201	27	Eliseu Delgado	acr vale de cambra	Veterano M40	48:25	+18:23	04:51
202	615	Lucilia Correia	catari	Veterana F45	48:27	+18:25	04:51
203	503	Rui Godinho	individual	Veterano M55	48:29	+18:27	04:51
204	644	Joel Martinho	reclacambra mm saude	Senior Masculino	48:32	+18:29	04:51
205	313	Gil Henriques	individual	Senior Masculino	48:33	+18:30	04:51
206	38	Pedro Necho	afis/ovar	Veterano M45	48:37	+18:34	04:52
207	62	António Silva	casa fc porto | vale de cambra	Veterano M40	48:41	+18:38	04:52
208	371	Rafael Vilar	individual	Senior Masculino	48:41	+18:38	04:52
209	332	José Correia	individual	Senior Masculino	48:42	+18:39	04:52
210	326	João Sousa	individual	Senior Masculino	48:45	+18:43	04:53
211	447	José Cubal	individual	Veterano M40	48:50	+18:47	04:53
212	122	FATIMA ALEIXO	clube atletismo de ovar	Veterana F50	48:50	+18:48	04:53
213	387	Samuel Pedro	individual	Senior Masculino	48:51	+18:49	04:53
214	72	João Reis	cdc macieira de cambra	Senior Masculino	48:52	+18:49	04:53
215	493	Rui Gomes	individual	Veterano M50	48:59	+18:57	04:54
216	191	Amandio Silva	grupo juvenil do pinheiro da bemposta	Veterano M45	49:01	+18:59	04:54
217	285	Daniel Martins	individual	Senior Masculino	49:02	+18:59	04:54

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	111	António Alberto Gomes	centro municipal de marcha e corrida vale de cambra	Veterano M55	49:07	+19:05	04:55
219	1	André Martins da Silva	individual	Senior Masculino	49:07	+19:05	04:55
220	308	Filipe Baptista	jam - juventude atletica mozelense	Senior Masculino	49:11	+19:08	04:55
221	638	Matilde Baptista	individual	Veterana F55	49:11	+19:08	04:55
222	70	Gustavo Lages Barbosa	cdc macieira de cambra	Senior Masculino	49:18	+19:15	04:56
223	158	Rui Martins	elevate studio sjm	Senior Masculino	49:21	+19:19	04:56
224	473	MARCELO Teixeira da mota	individual	Veterano M45	49:25	+19:23	04:57
225	604	Sofia Fonseca	catari	Senior Feminino	49:28	+19:26	04:57
226	375	Ricardo Raikov	individual	Senior Masculino	49:29	+19:26	04:57
227	55	JORGE VENTURA	bolinhos de bacalhau	Veterano M60	49:30	+19:27	04:57
228	52	RUI CORREIA	bolinhos de bacalhau	Veterano M45	49:33	+19:30	04:57
229	438	Maria Pereira	individual	Veterana F60	49:33	+19:31	04:57
230	376	Ricardo Rocha Mendes	individual	Senior Masculino	49:43	+19:40	04:58
231	486	Eduardo Manuel Pereira Martins	individual	Veterano M50	49:56	+19:53	05:00
232	271	André Pereira	individual	Senior Masculino	49:57	+19:54	05:00
233	360	Pedro Costa	individual	Senior Masculino	49:57	+19:55	05:00
234	635	Vanessa Marisa Gomes Santos	individual	Senior Feminino	49:58	+19:55	05:00
235	277	Carlos Jorge Francês Monteiro	individual	Senior Masculino	49:58	+19:55	05:00
236	412	Vera Fernandes	individual	Veterana F40	49:59	+19:57	05:00
237	641	Jose Manuel Soares Moreira Rocha	individual	Veterano M50	50:00	+19:58	05:00
238	409	Ivone Matos	individual	Veterana F40	50:01	+19:58	05:00
239	128	Edmundo Guedes	clube campismo	Veterano M60	50:03	+20:01	05:00
240	575	Barry Page	vicaima	Veterano M45	50:07	+20:05	05:01
241	116	Joaquim Oliveira	centro municipal de marcha e corrida vale de cambra	Veterano M60	50:16	+20:13	05:02
242	102	Maria Filomena Santos	centro municipal de marcha e corrida vale de cambra	Veterana F55	50:16	+20:13	05:02
243	499	Jorge Manuel Silva Rodrigues	individual	Veterano M55	50:23	+20:20	05:02
244	547	Luis Silva	trailnadas	Veterano M40	50:28	+20:25	05:03
245	540	José Costa	serviços sociais culturais dos trabalhadores do município de ovar	Veterano M40	50:31	+20:28	05:03
246	539	Maria Costa	serviços sociais culturais dos trabalhadores do município de ovar	Veterana F60	50:32	+20:30	05:03
247	331	Jorge Tavares	individual	Senior Masculino	50:33	+20:31	05:03
248	442	Carlos Cunha	individual	Veterano M40	50:36	+20:33	05:04
249	394	Simao Ferreira	individual	Senior Masculino	50:36	+20:34	05:04
250	311	Francisco Bastos Henriques	individual	Senior Masculino	50:36	+20:34	05:04
251	60	Marco Almeida	carregosa lowlanders	Veterano M40	50:37	+20:34	05:04
252	284	Daniel Martins	individual	Senior Masculino	50:40	+20:38	05:04
253	117	Alcides Sales	cirac - circulo de recreio arte e cultura	Veterano M60	50:50	+20:48	05:05
254	569	Nuno Costa	vicaima	Senior Masculino	50:59	+20:57	05:06
255	318	Guilherme Almeida	individual	Senior Masculino	51:00	+20:58	05:06
256	588	Diogo Cruz	individual	Senior Masculino	51:07	+21:05	05:07
257	522	Marco Janeiro	oliveira´s	Senior Masculino	51:10	+21:08	05:07
258	251	Rita Ferreira	individual	Senior Feminino	51:14	+21:11	05:07

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
259	495	André Rocha	individual	Veterano M55	51:19	+21:17	05:08
260	200	Ana Lourenço	individual	Senior Feminino	51:21	+21:18	05:08
261	37	Elisabete Silva	afis/ovar	Veterana F60	51:23	+21:20	05:08
262	270	André Mota	individual	Senior Masculino	51:24	+21:21	05:08
263	265	Aléxis Rato	individual	Senior Masculino	51:25	+21:22	05:08
264	315	Gonçalo Gomes	individual	Senior Masculino	51:28	+21:26	05:09
265	612	Yesika Oliveira	catari	Veterana F40	51:30	+21:27	05:09
266	75	Tiago Almeida	cdc macieira de cambra	Senior Masculino	51:31	+21:29	05:09
267	614	Cecilia Sousa	catari	Veterana F45	51:32	+21:30	05:09
268	43	Rui Neves	arada atlético clube	Veterano M50	51:37	+21:34	05:10
269	91	Sylvie Seixas	centro municipal de marcha e corrida vale de cambra	Senior Feminino	51:37	+21:35	05:10
270	97	Fátima Relvas	centro municipal de marcha e corrida vale de cambra	Veterana F45	51:38	+21:35	05:10
271	42	Arnaldo Cardoso	arada atlético clube	Veterano M45	51:38	+21:35	05:10
272	131	Paulo Valente	clube de campismo de são joão da madeira	Veterano M60	51:39	+21:36	05:10
273	302	Eduardo Pinho	individual	Senior Masculino	51:40	+21:37	05:10
274	46	Sãozita Ferreira	aztrail	Veterana F55	51:41	+21:38	05:10
275	297	Diogo martins	individual	Senior Masculino	51:42	+21:39	05:10
276	344	Márcio Filipe Moutinho Polido	individual	Senior Masculino	51:52	+21:50	05:11
277	138	João Paiva	colep packaging	Senior Masculino	51:53	+21:51	05:11
278	474	Nuno Sá	individual	Veterano M45	51:55	+21:52	05:11
279	506	Fernando Rocha Sacramento	individual	Veterano M60	51:55	+21:53	05:11
280	468	Domingos Gonçalves	individual	Veterano M45	51:55	+21:53	05:11
281	340	Luís Miguel Ferreira Marques	individual	Senior Masculino	51:55	+21:53	05:12
282	266	André Brandão de Pinho	individual	Senior Masculino	52:01	+21:58	05:12
283	625	Jorge Pereira	catari	Veterano M50	52:04	+22:02	05:12
284	623	Andre Fonseca	catari	Veterano M50	52:04	+22:02	05:12
285	562	Sandra Silva	vicaima	Senior Feminino	52:08	+22:06	05:13
286	608	Filipe Valquaresma	catari	Senior Masculino	52:12	+22:10	05:13
287	286	Daniel Santos	individual	Senior Masculino	52:18	+22:15	05:14
288	469	Filipe Alexandre Alves Loureiro	individual	Veterano M45	52:19	+22:16	05:14
289	232	Joana Mota Soares Pinto	individual	Senior Feminino	52:22	+22:19	05:14
290	396	Tiago Aguiar	individual	Senior Masculino	52:25	+22:22	05:14
291	534	Ruben Assunção	os aleijados	Senior Masculino	52:30	+22:27	05:15
292	433	Sandra Aguiar	individual	Veterana F50	52:34	+22:31	05:15
293	507	Jose Antonio Fernandes	individual	Veterano M60	52:35	+22:33	05:16
294	23	ARMANDA GARRIDO	acr vale de cambra	Veterana F40	52:37	+22:34	05:16
295	467	Daniel Almeida	individual	Veterano M45	52:44	+22:41	05:16
296	543	José Matos	sport clube beira-mar	Veterano M60	52:49	+22:47	05:17
297	190	Carlos Teixeira	grupo juvenil do pinheiro da bemposta	Veterano M40	52:50	+22:47	05:17
298	153	André Costa	elevate studio sjm	Senior Masculino	52:51	+22:49	05:17
299	213	Carolina Almeida	individual	Senior Feminino	52:53	+22:51	05:17
300	221	Diana Simões	individual	Senior Feminino	52:53	+22:51	05:17
301	628	Joaquim Almeida	catari	Veterano M55	52:56	+22:54	05:18
302	47	ADELIA BOUCINHA	bolinhos de bacalhau	Veterana F45	53:02	+23:00	05:18

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
303	350	Nuno Bastos	individual	Senior Masculino	53:04	+23:01	05:18
304	76	Ana Pinho	cdc macieira de cambra	Veterana F45	53:04	+23:02	05:18
305	346	Mário Rafael da Silva Marques	individual	Senior Masculino	53:05	+23:03	05:19
306	218	Filipe Rocha	individual	Senior Masculino	53:05	+23:03	05:19
307	353	Nuno Pinho	individual	Senior Masculino	53:07	+23:05	05:19
308	197	Ana Brandão	individual	Senior Feminino	53:10	+23:07	05:19
309	10	LARA BASTOS	acr vale de cambra	Senior Feminino	53:11	+23:09	05:19
310	48	TIAGO SOUSA	bolinhos de bacalhau	Veterano M40	53:13	+23:11	05:19
311	58	Sandra Moreira	carregosa lowlanders	Veterana F40	53:14	+23:12	05:19
312	338	Luis Gomes	individual	Senior Masculino	53:27	+23:25	05:21
313	572	Monique Tavares	vicaima	Veterana F45	53:30	+23:28	05:21
314	79	Patricia Monteiro	cdc macieira de cambra	Veterana F50	53:35	+23:33	05:22
315	487	Fernando pinto	individual	Veterano M50	53:39	+23:37	05:22
316	514	Lúcio Nunes	jose lucio pereira nunes	Veterano M60	53:45	+23:42	05:22
317	307	Fernando Henriques	individual	Senior Masculino	53:45	+23:43	05:23
318	185	Américo Oliveira	gemba running	Veterano M55	53:46	+23:43	05:23
319	107	Sergio Alves	centro municipal de marcha e corrida vale de cambra	Veterano M45	53:47	+23:45	05:23
320	135	Diana Henriques	colep packaging	Senior Feminino	53:48	+23:45	05:23
321	465	Carlos Fernandes	individual	Veterano M45	53:50	+23:47	05:23
322	491	Nuno Filipe Marques da Silva	individual	Veterano M50	53:50	+23:47	05:23
323	402	Tomás Oliveira	individual	Senior Masculino	53:50	+23:48	05:23
324	564	Tania Reis	vicaima	Senior Feminino	53:52	+23:50	05:23
325	622	Luis Monteiro	catari	Veterano M45	53:54	+23:52	05:23
326	477	Pedro Miguel Silva	individual	Veterano M45	53:58	+23:55	05:24
327	109	José Almeida	centro municipal de marcha e corrida vale de cambra	Veterano M50	53:59	+23:56	05:24
328	241	Maria Almeida	individual	Senior Feminino	54:00	+23:58	05:24
329	401	Tomás Marabuto	individual	Senior Masculino	54:01	+23:58	05:24
330	253	Rita Soares	individual	Senior Feminino	54:06	+24:04	05:25
331	80	António Vinha	cdc macieira de cambra	Veterano M40	54:07	+24:05	05:25
332	525	Marco Agostinho Almeida Correia	oliveira´s	Veterano M45	54:10	+24:08	05:25
333	51	PEDRO COSTA	bolinhos de bacalhau	Veterano M45	54:10	+24:08	05:25
334	98	Natércia Silva	centro municipal de marcha e corrida vale de cambra	Veterana F45	54:10	+24:08	05:25
335	589	Pedro Rafael Brandao Gomes	individual	Senior Masculino	54:14	+24:12	05:25
336	590	Ines Almeida Rodrigues	individual	Senior Feminino	54:14	+24:12	05:25
337	25	FERNANDA ALMEIDA	acr vale de cambra	Veterana F60	54:15	+24:12	05:25
338	461	Tiago Matos	individual	Veterano M40	54:28	+24:26	05:27
339	404	Vasco António Moreira da Rocha	individual	Senior Masculino	54:28	+24:26	05:27
340	287	Daniel Soares Gomes	individual	Senior Masculino	54:28	+24:26	05:27
341	319	Hélio José Lopes Seixas	individual	Senior Masculino	54:43	+24:41	05:28
342	550	Carina Sofia Pinho Correia	unit	Veterana F40	54:47	+24:44	05:29
343	551	Paulo Alexandre Rodrigues Montalvão Schmidt	unit	Veterano M50	54:47	+24:45	05:29
344	294	Diogo Brandão da Costa	individual	Senior Masculino	54:48	+24:46	05:29

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
345	581	Pedro Silva	vicaima	Veterano M50	54:51	+24:48	05:29
346	453	Paulo Tavares	individual	Veterano M40	54:53	+24:50	05:29
347	225	Inês Damas	individual	Senior Feminino	55:02	+25:00	05:30
348	421	Maria Helena Martins da silva	individual	Veterana F45	55:04	+25:02	05:30
349	22	TOMÁS VILARINHO	acr vale de cambra	Senior Masculino	55:04	+25:02	05:30
350	227	Inês Pinho	individual	Senior Feminino	55:05	+25:02	05:30
351	392	Sérgio Martins	individual	Senior Masculino	55:05	+25:02	05:30
352	508	Manuel Tavares	individual	Veterano M60	55:05	+25:03	05:31
353	298	Diogo Nogueira	individual	Senior Masculino	55:05	+25:03	05:31
354	133	Raquel Pinheiro	clube dos aceleras	Senior Feminino	55:06	+25:04	05:31
355	99	Claudia Quaresma	centro municipal de marcha e corrida vale de cambra	Veterana F50	55:07	+25:04	05:31
356	108	Carlos Brandão	centro municipal de marcha e corrida vale de cambra	Veterano M50	55:07	+25:05	05:31
357	205	Andreia Ferreira	individual	Senior Feminino	55:08	+25:06	05:31
358	324	João Marques	individual	Senior Masculino	55:08	+25:06	05:31
359	203	Ana Vilar	individual	Senior Feminino	55:18	+25:15	05:32
360	100	Paula Rodrigues	centro municipal de marcha e corrida vale de cambra	Veterana F50	55:18	+25:16	05:32
361	432	Paula Martins	individual	Veterana F50	55:20	+25:17	05:32
362	427	Ana Maria Vieira	individual	Veterana F50	55:21	+25:18	05:32
363	283	Daniel Gomes Tavares	individual	Senior Masculino	55:25	+25:23	05:33
364	67	Sofia Gomes	cdc macieira de cambra	Senior Feminino	55:31	+25:28	05:33
365	437	Madalena Correia	individual	Veterana F55	55:32	+25:29	05:33
366	93	Alexandre Costa	centro municipal de marcha e corrida vale de cambra	Senior Masculino	55:33	+25:30	05:33
367	502	Rui Correia	individual	Veterano M55	55:33	+25:31	05:33
368	642	Melanie Martinho	reclacambra mm saude	Senior Feminino	55:34	+25:31	05:33
369	648	Marcio Machado	reclacambra mm saude	Veterano M40	55:34	+25:32	05:33
370	339	Luís Magalhães	individual	Senior Masculino	55:40	+25:37	05:34
371	226	Inês Fraga	individual	Senior Feminino	55:43	+25:40	05:34
372	439	Andri Mosquera	individual	Veterano M40	55:44	+25:42	05:34
373	312	Gabriel Reis	individual	Senior Masculino	55:46	+25:43	05:35
374	264	Alexandre Almeida Pinho	individual	Senior Masculino	55:46	+25:44	05:35
375	570	Pedro Santos	vicaima	Senior Masculino	55:49	+25:47	05:35
376	578	Antonio Melo	vicaima	Veterano M50	55:49	+25:47	05:35
377	279	César Almeida Pinho	individual	Senior Masculino	55:51	+25:48	05:35
378	445	Jaime Azevedo	individual	Veterano M40	55:53	+25:50	05:35
379	646	Ana Mendes	reclacambra mm saude	Veterana F45	56:07	+26:04	05:37
380	511	Rui Nogueira	individual	Veterano M60	56:14	+26:12	05:37
381	494	Rui Silva	individual	Veterano M50	56:15	+26:13	05:38
382	363	Pedro Gomes	individual	Senior Masculino	56:18	+26:15	05:38
383	458	Samuel Costa	individual	Veterano M40	56:25	+26:23	05:39
384	385	Rui Sousa	individual	Senior Masculino	56:26	+26:24	05:39
385	334	José Sousa	individual	Senior Masculino	56:26	+26:24	05:39
386	92	Viviana Almeida	centro municipal de marcha e corrida vale de cambra	Senior Feminino	56:30	+26:28	05:39
387	289	David Filipe Matos Ferreira	individual	Senior Masculino	56:32	+26:29	05:39

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
388	137	João Bastos	colep packaging	Senior Masculino	56:33	+26:31	05:39
389	629	Jorge Filipe Almeida	catari	Veterano M55	56:36	+26:33	05:40
390	523	Sandrina Alves	oliveira´s	Veterana F40	56:43	+26:40	05:40
391	430	Georgina Maria Moreira Nogueira SIlva	individual	Veterana F50	56:43	+26:40	05:40
392	527	Luís Miguel Oliveira	oliveira´s	Veterano M50	56:44	+26:42	05:40
393	524	Ricardo Manuel Silva	oliveira´s	Veterano M40	56:45	+26:42	05:40
394	400	Tiago Soares	individual	Senior Masculino	56:59	+26:57	05:42
395	449	Luiz Costa	individual	Veterano M40	57:02	+26:59	05:42
396	476	Pedro Fernandes	individual	Veterano M45	57:14	+27:12	05:43
397	68	António Lages Barbosa	cdc macieira de cambra	Senior Masculino	57:19	+27:16	05:44
398	194	Virgolino Bastos	grupo juvenil do pinheiro da bemposta	Veterano M60	57:20	+27:18	05:44
399	321	João Almeida	individual	Senior Masculino	57:22	+27:19	05:44
400	529	Catarina Oliveira	os aleijados	Senior Feminino	57:22	+27:20	05:44
401	250	Raquel Valente	individual	Senior Feminino	57:32	+27:29	05:45
402	152	Tatiana Gomes	elevate studio sjm	Senior Feminino	57:39	+27:36	05:46
403	435	Elsa Ferreira	individual	Veterana F55	57:41	+27:38	05:46
404	650	Hernani Bastos	reclacambra mm saude	Veterano M50	57:44	+27:41	05:46
405	418	Carla Gabriel	individual	Veterana F45	57:45	+27:42	05:46
406	470	Filipe Teixeira	individual	Veterano M45	57:45	+27:43	05:47
407	389	SATNAM SINGH	individual	Senior Masculino	57:46	+27:43	05:47
408	549	Ana Bárbara Campos Dias de Brito Ferreira	unit	Senior Feminino	57:46	+27:44	05:47
409	206	Angelique Tavares	individual	Senior Feminino	57:47	+27:44	05:47
410	95	Joana Pinho	centro municipal de marcha e corrida vale de cambra	Veterana F40	57:51	+27:48	05:47
411	377	Rodrigo Vieira Fernandes	individual	Senior Masculino	57:56	+27:53	05:48
412	368	Pedro Sousa	individual	Senior Masculino	58:01	+27:58	05:48
413	134	João Coelho	clube dos aceleras	Senior Masculino	58:02	+28:00	05:48
414	639	Eduardo Rafael Martins Silva Paiva	individual	Veterano M40	58:03	+28:00	05:48
415	272	André Rodrigues	individual	Senior Masculino	58:06	+28:03	05:49
416	403	Vasco Almeida	individual	Senior Masculino	58:06	+28:04	05:49
417	405	Vítor Hugo Rego	individual	Senior Masculino	58:06	+28:04	05:49
418	155	Fábio Almeida	elevate studio sjm	Senior Masculino	58:10	+28:07	05:49
419	151	Rita Silva	elevate studio sjm	Senior Feminino	58:10	+28:07	05:49
420	94	Nelson Tavares	centro municipal de marcha e corrida vale de cambra	Senior Masculino	58:13	+28:10	05:49
421	54	Fernanda Lucia Tavares Almeida	bolinhos de bacalhau	Veterana F45	58:14	+28:11	05:49
422	290	David Silva	individual	Senior Masculino	58:18	+28:15	05:50
423	301	Dzmitry Barysenka	individual	Senior Masculino	58:18	+28:15	05:50
424	210	Beatriz Rodrigues	individual	Senior Feminino	58:18	+28:16	05:50
425	431	Maria Isabel Alves	individual	Veterana F50	58:20	+28:18	05:50
426	617	Antonia Soares	catari	Veterana F50	58:20	+28:18	05:50
427	631	Rui Ferraz	catari	Veterano M55	58:21	+28:18	05:50
428	208	Bárbara da Silva Costa	individual	Senior Feminino	58:29	+28:27	05:51
429	406	Ana Soares	individual	Veterana F40	58:30	+28:28	05:51

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
430	336	Lucas Santos Silva	individual	Senior Masculino	58:35	+28:32	05:51
431	530	Diana Levytska	os aleijados	Senior Feminino	58:36	+28:33	05:52
432	533	Marco Oliveira	os aleijados	Senior Masculino	58:36	+28:33	05:52
433	352	Nuno Miguel da Fonseca Coelho	individual	Senior Masculino	58:36	+28:33	05:52
434	310	Filipe Silva	individual	Senior Masculino	58:36	+28:34	05:52
435	292	Diogo Almeida	individual	Senior Masculino	58:37	+28:34	05:52
436	237	Liliana da Costa Brandão	individual	Senior Feminino	58:37	+28:34	05:52
437	329	Jorge Pinho	individual	Senior Masculino	58:37	+28:34	05:52
438	254	Rita Sousa	individual	Senior Feminino	58:37	+28:34	05:52
439	434	Conceição soares	individual	Veterana F55	58:39	+28:36	05:52
440	567	José Oliveira	vicaima	Senior Masculino	58:48	+28:46	05:53
441	531	Rita Faustino	os aleijados	Senior Feminino	58:52	+28:50	05:53
442	115	Domingos Silva	centro municipal de marcha e corrida vale de cambra	Veterano M60	59:02	+28:59	05:54
443	361	Pedro Freitas	individual	Senior Masculino	59:04	+29:01	05:54
444	645	Catarina Fecha	reclacambra mm saude	Veterana F40	59:04	+29:01	05:54
445	636	Rui Pedro Martins Ferreira	individual	Senior Masculino	59:08	+29:06	05:55
446	256	Sara Moreira	individual	Senior Feminino	59:08	+29:06	05:55
447	419	Carla Gabriela Martins Ferreira	individual	Veterana F45	59:09	+29:06	05:55
448	228	Jessica Costa	individual	Senior Feminino	59:09	+29:06	05:55
449	61	Clarisse Andreia Soares Sousa	casa fc porto | vale de cambra	Senior Feminino	59:11	+29:09	05:55
450	63	Roland Sousa	casa fc porto | vale de cambra	Veterano M40	59:12	+29:09	05:55
451	497	Carlos Alberto Soares Maria	individual	Veterano M55	59:12	+29:09	05:55
452	207	Aryanne Almeida	individual	Senior Feminino	59:12	+29:10	05:55
453	14	Carlos Filipe Ferreira Correia	acr vale de cambra	Senior Masculino	59:12	+29:10	05:55
454	219	Diana Marcelino	individual	Senior Feminino	59:23	+29:21	05:56
455	501	Luís Miguel Vieira	individual	Veterano M55	59:33	+29:31	05:57
456	77	Goreti Correia	cdc macieira de cambra	Veterana F45	59:35	+29:32	05:57
457	576	Frederico Capela	vicaima	Veterano M45	59:36	+29:34	05:58
458	224	Fátima Andrade	individual	Senior Feminino	59:37	+29:35	05:58
459	444	Diogo Rodrigues	individual	Veterano M40	59:38	+29:35	05:58
460	201	Ana Ramos	individual	Senior Feminino	59:45	+29:43	05:59
461	341	Marcel Oliveira da Silva	individual	Senior Masculino	59:58	+29:56	06:00
462	561	Joana Silva	vicaima	Senior Feminino	59:58	+29:56	06:00
463	154	Bruno Soares	elevate studio sjm	Senior Masculino	01:00:01	+29:58	06:00
464	565	Andre Pinho	vicaima	Senior Masculino	01:00:07	+30:05	06:01
465	381	Rui Carvalho	individual	Senior Masculino	01:00:08	+30:05	06:01
466	410	Jaqueline Ferreira	individual	Veterana F40	01:00:09	+30:06	06:01
467	257	Solange Teixeira	individual	Senior Feminino	01:00:10	+30:08	06:01
468	103	Maria Fátima Silva	centro municipal de marcha e corrida vale de cambra	Veterana F60	01:00:16	+30:14	06:02
469	220	Diana Oliveira	individual	Senior Feminino	01:00:21	+30:19	06:02
470	249	Raquel Rocha	individual	Senior Feminino	01:00:25	+30:23	06:03
471	230	Joana Figueiredo	individual	Senior Feminino	01:00:25	+30:23	06:03
472	417	Angela Ferreira	individual	Veterana F45	01:00:28	+30:25	06:03

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
473	463	André Vigário da Costa Tavares	individual	Veterano M45	01:00:29	+30:26	06:03
474	195	Adriana Gouveia	individual	Senior Feminino	01:00:37	+30:34	06:04
475	366	Pedro Oliveira	individual	Senior Masculino	01:00:38	+30:35	06:04
476	535	Pedro Assuncao	os ovtros	Senior Masculino	01:00:38	+30:35	06:04
477	50	Pedro Castro	bolinhos de bacalhau	Veterano M45	01:00:47	+30:45	06:05
478	65	Diana Amaral	cdc macieira de cambra	Senior Feminino	01:00:49	+30:47	06:05
479	215	Cátia Rio	individual	Senior Feminino	01:00:53	+30:51	06:05
480	610	Paulo Costa	catari	Senior Masculino	01:01:10	+31:08	06:07
481	605	Sofia Fontes Pedrosa	catari	Senior Feminino	01:01:10	+31:08	06:07
482	643	Sofia Sousa	reclacambra mm saude	Senior Feminino	01:01:19	+31:17	06:08
483	216	Cecília Vieira	individual	Senior Feminino	01:01:20	+31:17	06:08
484	262	Adriano Camilo Gomes	individual	Senior Masculino	01:01:22	+31:20	06:08
485	316	Gonçalo Silva Bessa	individual	Senior Masculino	01:01:32	+31:29	06:09
486	563	Tania Martins	vicaima	Senior Feminino	01:01:33	+31:31	06:09
487	621	Tiago Martins	catari	Veterano M40	01:01:35	+31:33	06:10
488	263	Afonso C Bernardes	individual	Senior Masculino	01:01:42	+31:39	06:10
489	214	Carolina Ferreira Santos	individual	Senior Feminino	01:01:45	+31:42	06:10
490	333	José Guilherme de Freitas Paz	individual	Senior Masculino	01:02:01	+31:59	06:12
491	537	Fernando Portugal	portugal	Veterano M50	01:02:07	+32:04	06:13
492	408	Filipa Daniela da Costa Almeida Paiva	individual	Veterana F40	01:02:12	+32:09	06:13
493	198	Ana Brandão	individual	Senior Feminino	01:02:12	+32:09	06:13
494	106	Ricardo Almeida	centro municipal de marcha e corrida vale de cambra	Veterano M45	01:02:15	+32:12	06:13
495	259	Tânia Cristina dos Santos Martins	individual	Senior Feminino	01:02:19	+32:16	06:14
496	136	Gabriel Silva	colep packaging	Senior Masculino	01:02:30	+32:27	06:15
497	299	Diogo Santos	individual	Senior Masculino	01:02:50	+32:48	06:17
498	466	Carlos Manuel Costa Almeida	individual	Veterano M45	01:03:06	+33:04	06:19
499	104	MARIA ISABEL PIEDADE	centro municipal de marcha e corrida vale de cambra	Veterana F60	01:03:07	+33:05	06:19
500	244	Mariana Jesus Pinho	individual	Senior Feminino	01:03:15	+33:13	06:20
501	90	Joana Sousa	centro municipal de marcha e corrida vale de cambra	Senior Feminino	01:03:21	+33:18	06:20
502	246	Mariana Silva	individual	Senior Feminino	01:03:21	+33:19	06:20
503	454	Pedro Paiva	individual	Veterano M40	01:03:47	+33:44	06:23
504	199	Ana Costa	individual	Senior Feminino	01:03:47	+33:44	06:23
505	420	Maria Correia	individual	Veterana F45	01:03:53	+33:51	06:23
506	436	Luisa Amorim	individual	Veterana F55	01:03:58	+33:56	06:24
507	579	Luis Monteiro	vicaima	Veterano M50	01:04:03	+34:00	06:24
508	616	Albina Maria Rocha Lourenço	catari	Veterana F50	01:04:36	+34:33	06:28
509	217	Cláudia Oliveira	individual	Senior Feminino	01:05:26	+35:24	06:33
510	323	João Durães	individual	Senior Masculino	01:05:26	+35:24	06:33
511	222	Dora Almeida	individual	Senior Feminino	01:05:43	+35:41	06:34
512	240	Magda Duarte	individual	Senior Feminino	01:05:53	+35:51	06:35
513	425	Sara Semblano	individual	Veterana F45	01:06:37	+36:35	06:40
514	66	Isabel Santos	cdc macieira de cambra	Senior Feminino	01:06:44	+36:42	06:40

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
515	428	Carla Maria da Silva Pinho Almeida	individual	Veterana F50	01:06:52	+36:50	06:41
516	415	Ana semblano	individual	Veterana F45	01:06:58	+36:56	06:42
517	585	Lara Silva	individual	Veterana F40	01:07:05	+37:02	06:42
518	571	Lucia Costa	vicaima	Veterana F45	01:07:05	+37:02	06:42
519	243	Mariana De Lima Martins	individual	Senior Feminino	01:07:07	+37:04	06:43
520	573	Catarina Vilar	vicaima	Veterana F50	01:07:17	+37:14	06:44
521	88	Ismael Fraga	centro cultural d. t. da stcp/n seguros	Veterano M45	01:07:20	+37:18	06:44
522	423	Paula Cristina Adriano Ferreira	individual	Veterana F45	01:07:21	+37:19	06:44
523	426	Sílvia Vilar	individual	Veterana F45	01:07:27	+37:24	06:45
524	252	Rita Santos	individual	Senior Feminino	01:07:27	+37:24	06:45
525	611	Lucia Maria Almeida	catari	Veterana F40	01:07:29	+37:27	06:45
526	566	Deivid Santos	vicaima	Senior Masculino	01:07:36	+37:33	06:46
527	150	Marta Ribeiro	elevate studio sjm	Senior Feminino	01:07:50	+37:48	06:47
528	624	Cristiano Casais	catari	Veterano M50	01:08:07	+38:05	06:49
529	536	Laura Portugal	portugal	Senior Feminino	01:08:33	+38:30	06:51
530	281	Cleberson Rodrigues da Silva sobral	individual	Senior Masculino	01:09:03	+39:00	06:54
531	239	Loide Pinho	individual	Senior Feminino	01:09:30	+39:28	06:57
532	559	Catarina Tavares	vicaima	Senior Feminino	01:09:38	+39:36	06:58
533	258	Susana Costa	individual	Senior Feminino	01:09:40	+39:38	06:58
534	603	Iris Ferreira	catari	Senior Feminino	01:09:46	+39:44	06:59
535	204	Anastasiya Danylyak	individual	Senior Feminino	01:09:48	+39:46	06:59
536	349	Nuno Alves	individual	Senior Masculino	01:10:01	+39:59	07:00
537	261	Tatiana Rodrigues	individual	Senior Feminino	01:10:01	+39:59	07:00
538	606	Sofia Nery	catari	Senior Feminino	01:10:08	+40:05	07:01
539	238	Liliana Pinto	individual	Senior Feminino	01:10:48	+40:45	07:05
540	260	Tânia Patrícia Barbosa Coutinho	individual	Senior Feminino	01:10:48	+40:45	07:05
541	407	Carina Pinto	individual	Veterana F40	01:11:05	+41:02	07:06
542	577	Paulo Vitorio	vicaima	Veterano M45	01:11:18	+41:15	07:08
543	161	Mariana Terras	elite tuga	Senior Feminino	01:12:56	+42:53	07:18
544	160	Francisca Coutinho	elite tuga	Senior Feminino	01:12:56	+42:53	07:18
545	451	Nuno Miguel Costa Almeida	individual	Veterano M40	01:13:11	+43:08	07:19
546	443	Carlos Manuel Almeida Silva	individual	Veterano M40	01:13:11	+43:09	07:19
547	255	Rosana Santos	individual	Senior Feminino	01:13:37	+43:35	07:22
548	305	Erik otero	individual	Senior Masculino	01:14:21	+44:18	07:26
549	607	Andre Relvas	catari	Senior Masculino	01:15:09	+45:06	07:31
550	242	Mariana Carvalho	individual	Senior Feminino	01:18:25	+48:22	07:50
551	609	Joao Silva	catari	Senior Masculino	01:18:35	+48:32	07:51
552	223	Fabiana Oliveira	individual	Senior Feminino	01:18:41	+48:39	07:52
553	236	Líbia Teixeira	individual	Senior Feminino	01:18:59	+48:56	07:54
554	85	Ricardo Matos	cdc macieira de cambra	Veterano M45	01:23:24	+53:22	08:20
555	416	Andreia Pessoa	individual	Veterana F45	01:34:49	+01:04:47	09:29

Runcambra
Vale de Cambra
17-maio-2026

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:45	13,6ºC	70%
End	11:20	13,6ºC	70%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	634	Telma Pinho	El Comandante Team	Senior Feminino	36:37		03:40
2	56	Joana Nunes	C. D. São Salvador do Campo	Senior Feminino	37:47	+01:09	03:47
3	542	Joana Marques	Sport Clube Beira-Mar	Senior Feminino	38:17	+01:40	03:50
4	41	Lara Costa	ARADA ATLÉTICO CLUBE	Senior Feminino	39:31	+02:53	03:57
5	633	INES GONÇALVES	Clube Atletismo de Ovar	Senior Feminino	41:01	+04:24	04:06
6	118	FLORBELA ARAUJO	Clube Atletismo de Ovar	Senior Feminino	41:48	+05:11	04:11
7	163	CRISTIANA SANTOS	EV-PERALTAFIL	Senior Feminino	44:15	+07:37	04:26
8	235	Léa Le Picard	Individual	Senior Feminino	44:33	+07:55	04:27
9	176	Juliana Almeida	GDC Guilhovai	Senior Feminino	47:16	+10:38	04:44
10	143	Jéssica Andrade	CopoRunners	Senior Feminino	47:44	+11:07	04:46
11	142	Fabiana Terra	CopoRunners	Senior Feminino	47:46	+11:08	04:47
12	604	Sofia Fonseca	CATARI	Senior Feminino	49:28	+12:51	04:57
13	635	Vanessa Marisa Gomes Santos	Individual	Senior Feminino	49:58	+13:20	05:00
14	251	Rita Ferreira	Individual	Senior Feminino	51:14	+14:36	05:07
15	200	Ana Lourenço	Individual	Senior Feminino	51:21	+14:43	05:08
16	91	Sylvie Seixas	Centro Municipal de Marcha e Corrida Vale de Cambra	Senior Feminino	51:37	+15:00	05:10
17	562	Sandra Silva	VICAIMA	Senior Feminino	52:08	+15:31	05:13
18	232	Joana Mota Soares Pinto	Individual	Senior Feminino	52:22	+15:44	05:14
19	213	Carolina Almeida	Individual	Senior Feminino	52:53	+16:16	05:17
20	221	Diana Simões	Individual	Senior Feminino	52:53	+16:16	05:17
21	197	Ana Brandão	Individual	Senior Feminino	53:10	+16:32	05:19
22	10	LARA BASTOS	ACR Vale de Cambra	Senior Feminino	53:11	+16:34	05:19
23	135	Diana Henriques	Colep Packaging	Senior Feminino	53:48	+17:10	05:23
24	564	Tania Reis	VICAIMA	Senior Feminino	53:52	+17:14	05:23
25	241	Maria Almeida	Individual	Senior Feminino	54:00	+17:23	05:24
26	253	Rita Soares	Individual	Senior Feminino	54:06	+17:29	05:25
27	590	Ines Almeida Rodrigues	Individual	Senior Feminino	54:14	+17:37	05:25
28	225	Inês Damas	Individual	Senior Feminino	55:02	+18:25	05:30
29	227	Inês Pinho	Individual	Senior Feminino	55:05	+18:27	05:30
30	133	Raquel Pinheiro	Clube dos Aceleras	Senior Feminino	55:06	+18:29	05:31
31	205	Andreia Ferreira	Individual	Senior Feminino	55:08	+18:31	05:31
32	203	Ana Vilar	Individual	Senior Feminino	55:18	+18:40	05:32
33	67	Sofia Gomes	CDC Macieira de Cambra	Senior Feminino	55:31	+18:53	05:33
34	642	Melanie Martinho	Reclacambra MM Saude	Senior Feminino	55:34	+18:56	05:33
35	226	Inês Fraga	Individual	Senior Feminino	55:43	+19:05	05:34
36	92	Viviana Almeida	Centro Municipal de Marcha e Corrida Vale de Cambra	Senior Feminino	56:30	+19:52	05:39
37	529	Catarina Oliveira	Os Aleijados	Senior Feminino	57:22	+20:45	05:44
38	250	Raquel Valente	Individual	Senior Feminino	57:32	+20:54	05:45

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

39	152	Tatiana Gomes	Elevate Studio SJM	Senior Feminino	57:39	+21:01	05:46
40	549	Ana Bárbara Campos Dias de Brito Ferreira	Unit	Senior Feminino	57:46	+21:09	05:47
41	206	Angelique Tavares	Individual	Senior Feminino	57:47	+21:09	05:47
42	151	Rita Silva	Elevate Studio SJM	Senior Feminino	58:10	+21:32	05:49
43	210	Beatriz Rodrigues	Individual	Senior Feminino	58:18	+21:41	05:50
44	208	Bárbara da Silva Costa	Individual	Senior Feminino	58:29	+21:52	05:51
45	530	Diana Levytska	Os Aleijados	Senior Feminino	58:36	+21:58	05:52
46	237	Liliana da Costa Brandão	Individual	Senior Feminino	58:37	+21:59	05:52
47	254	Rita Sousa	Individual	Senior Feminino	58:37	+21:59	05:52
48	531	Rita Faustino	Os Aleijados	Senior Feminino	58:52	+22:15	05:53
49	256	Sara Moreira	Individual	Senior Feminino	59:08	+22:31	05:55
50	228	Jessica Costa	Individual	Senior Feminino	59:09	+22:31	05:55
51	61	Clarisse Andreia Soares Sousa	Casa FC Porto | Vale de Cambra	Senior Feminino	59:11	+22:34	05:55
52	207	Aryanne Almeida	Individual	Senior Feminino	59:12	+22:35	05:55
53	219	Diana Marcelino	Individual	Senior Feminino	59:23	+22:46	05:56
54	224	Fátima Andrade	Individual	Senior Feminino	59:37	+23:00	05:58
55	201	Ana Ramos	Individual	Senior Feminino	59:45	+23:08	05:59
56	561	Joana Silva	VICAIMA	Senior Feminino	59:58	+23:21	06:00
57	257	Solange Teixeira	Individual	Senior Feminino	01:00:10	+23:33	06:01
58	220	Diana Oliveira	Individual	Senior Feminino	01:00:21	+23:44	06:02
59	249	Raquel Rocha	Individual	Senior Feminino	01:00:25	+23:48	06:03
60	230	Joana Figueiredo	Individual	Senior Feminino	01:00:25	+23:48	06:03
61	195	Adriana Gouveia	Individual	Senior Feminino	01:00:37	+23:59	06:04
62	65	Diana Amaral	CDC Macieira de Cambra	Senior Feminino	01:00:49	+24:12	06:05
63	215	Cátia Rio	Individual	Senior Feminino	01:00:53	+24:16	06:05
64	605	Sofia Fontes Pedrosa	CATARI	Senior Feminino	01:01:10	+24:32	06:07
65	643	Sofia Sousa	Reclacambra MM Saude	Senior Feminino	01:01:19	+24:42	06:08
66	216	Cecília Vieira	Individual	Senior Feminino	01:01:20	+24:42	06:08
67	563	Tania Martins	VICAIMA	Senior Feminino	01:01:33	+24:56	06:09
68	214	Carolina Ferreira Santos	Individual	Senior Feminino	01:01:45	+25:07	06:10
69	198	Ana Brandão	Individual	Senior Feminino	01:02:12	+25:34	06:13
70	259	Tânia Cristina dos Santos Martins	Individual	Senior Feminino	01:02:19	+25:41	06:14
71	244	Mariana Jesus Pinho	Individual	Senior Feminino	01:03:15	+26:37	06:20
72	90	Joana Sousa	Centro Municipal de Marcha e Corrida Vale de Cambra	Senior Feminino	01:03:21	+26:43	06:20
73	246	Mariana Silva	Individual	Senior Feminino	01:03:21	+26:43	06:20
74	199	Ana Costa	Individual	Senior Feminino	01:03:47	+27:09	06:23
75	217	Cláudia Oliveira	Individual	Senior Feminino	01:05:26	+28:48	06:33
76	222	Dora Almeida	Individual	Senior Feminino	01:05:43	+29:06	06:34
77	240	Magda Duarte	Individual	Senior Feminino	01:05:53	+29:16	06:35
78	66	Isabel Santos	CDC Macieira de Cambra	Senior Feminino	01:06:44	+30:07	06:40
79	243	Mariana De Lima Martins	Individual	Senior Feminino	01:07:07	+30:29	06:43
80	252	Rita Santos	Individual	Senior Feminino	01:07:27	+30:49	06:45
81	150	Marta Ribeiro	Elevate Studio SJM	Senior Feminino	01:07:50	+31:13	06:47
82	536	Laura Portugal	PORTUGAL	Senior Feminino	01:08:33	+31:55	06:51
83	239	Loide Pinho	Individual	Senior Feminino	01:09:30	+32:53	06:57

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

84	559	Catarina Tavares	VICAIMA	Senior Feminino	01:09:38	+33:01	06:58
85	258	Susana Costa	Individual	Senior Feminino	01:09:40	+33:03	06:58
86	603	Iris Ferreira	CATARI	Senior Feminino	01:09:46	+33:09	06:59
87	204	Anastasiya Danylyak	Individual	Senior Feminino	01:09:48	+33:10	06:59
88	261	Tatiana Rodrigues	Individual	Senior Feminino	01:10:01	+33:24	07:00
89	606	Sofia Nery	CATARI	Senior Feminino	01:10:08	+33:30	07:01
90	238	Liliana Pinto	Individual	Senior Feminino	01:10:48	+34:10	07:05
91	260	Tânia Patrícia Barbosa Coutinho	Individual	Senior Feminino	01:10:48	+34:10	07:05
92	161	Mariana Terras	Elite tuga	Senior Feminino	01:12:56	+36:18	07:18
93	160	Francisca Coutinho	Elite tuga	Senior Feminino	01:12:56	+36:18	07:18
94	255	Rosana Santos	Individual	Senior Feminino	01:13:37	+37:00	07:22
95	242	Mariana Carvalho	Individual	Senior Feminino	01:18:25	+41:47	07:50
96	223	Fabiana Oliveira	Individual	Senior Feminino	01:18:41	+42:03	07:52
97	236	Líbia Teixeira	Individual	Senior Feminino	01:18:59	+42:21	07:54

Senior Masculino

1	602	Luis Oliveira	Beira Mar	Senior Masculino	30:02		03:00
2	167	RICARDO PEREIRA	EV-PERALTAFIL	Senior Masculino	31:23	+01:21	03:08
3	180	Vitor Oliveira	GDC Guilhovai	Senior Masculino	31:40	+01:37	03:10
4	164	ESMENIO BEIRÃO	EV-PERALTAFIL	Senior Masculino	31:41	+01:38	03:10
5	20	PEDRO MOREIRA	ACR Vale de Cambra	Senior Masculino	31:57	+01:55	03:12
6	16	JOSÉ VIEIRA	ACR Vale de Cambra	Senior Masculino	32:20	+02:18	03:14
7	520	Diogo Fontes	Núcleo de Atletismo de Cucujães	Senior Masculino	32:34	+02:31	03:15
8	13	BRUNO PINHEIRO	ACR Vale de Cambra	Senior Masculino	32:39	+02:36	03:16
9	3	Henrique Gomes	A.C.D. Os Ilhavos	Senior Masculino	33:23	+03:21	03:20
10	15	Fábio Correia	Espinho	Senior Masculino	33:40	+03:37	03:22
11	18	MIGUEL TAVARES	ACR Vale de Cambra	Senior Masculino	33:42	+03:40	03:22
12	19	PEDRO MAGALHÃES	ACR Vale de Cambra	Senior Masculino	34:13	+04:11	03:25
13	177	Jorge Cubal	GDC Guilhovai	Senior Masculino	34:30	+04:28	03:27
14	165	HELDER PIRES	EV-PERALTAFIL	Senior Masculino	35:14	+05:11	03:31
15	544	João Nuno Duarte Fernandes	SSPMSJM	Senior Masculino	35:20	+05:17	03:32
16	4	Marco Soares	A.C.D. Os Ilhavos	Senior Masculino	35:21	+05:19	03:32
17	17	MARCO PINHO	ACR Vale de Cambra	Senior Masculino	35:39	+05:37	03:34
18	187	Filipe Luz	Grupo Desportivo de São paio de oleiros	Senior Masculino	36:26	+06:23	03:39
19	309	Filipe Barros	Individual	Senior Masculino	36:47	+06:45	03:41
20	188	António Martins	Grupo Juvenil do Pinheiro da Bemposta	Senior Masculino	37:04	+07:01	03:42
21	166	MARCO MARQUES	EV-PERALTAFIL	Senior Masculino	37:11	+07:09	03:43
22	129	Nuno Albergaria	Clube de Campismo de São João da Madeira	Senior Masculino	37:12	+07:10	03:43
23	552	Daniel Almeida	Vale Correr	Senior Masculino	37:13	+07:10	03:43
24	275	Bruno Vidinha	Individual	Senior Masculino	37:19	+07:16	03:44
25	369	Rafael Seromenho	Individual	Senior Masculino	37:56	+07:54	03:48
26	553	João Oliveira	Vale Correr	Senior Masculino	38:33	+08:30	03:51
27	378	Rogério Tavares dos Santos	Individual	Senior Masculino	38:50	+08:48	03:53

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

28	557	Tiago oliveira	Vale Correr	Senior Masculino	39:07	+09:05	03:55
29	538	José Soares	Sapatilhas verdes	Senior Masculino	39:51	+09:49	03:59
30	386	Samuel de Oliveira Gomes	Individual	Senior Masculino	40:24	+10:22	04:02
31	345	Marco Almeida	Individual	Senior Masculino	40:29	+10:27	04:03
32	304	Emanuel Sol	Individual	Senior Masculino	40:32	+10:30	04:03
33	555	Pedro Pinho	Vale Correr	Senior Masculino	40:48	+10:45	04:05
34	380	Rui Almeida	Individual	Senior Masculino	40:55	+10:52	04:05
35	280	CLÁUDIO COVAL	Individual	Senior Masculino	41:20	+11:18	04:08
36	144	Ricardo Sousa	CopoRunners	Senior Masculino	41:23	+11:20	04:08
37	374	Ricardo Oliveira	Individual	Senior Masculino	41:27	+11:25	04:09
38	57	Luis Carlos Rodrigues da Silva	Carregosa Lowlanders	Senior Masculino	41:35	+11:32	04:09
39	359	Pedro Correia	Individual	Senior Masculino	42:02	+12:00	04:12
40	365	Pedro Neto	Individual	Senior Masculino	42:04	+12:01	04:12
41	327	João Vilar	Individual	Senior Masculino	42:18	+12:16	04:14
42	119	LUIS NOVO	Clube Atletismo de Ovar	Senior Masculino	42:19	+12:17	04:14
43	395	Telmo Canavarro	Individual	Senior Masculino	42:33	+12:30	04:15
44	282	Da Silva	Individual	Senior Masculino	42:34	+12:31	04:15
45	370	Rafael Tavares	Individual	Senior Masculino	42:36	+12:33	04:16
46	373	Ricardo Miguel Martins Gomes Gomes	Individual	Senior Masculino	42:40	+12:38	04:16
47	291	Diogo Almeida	Individual	Senior Masculino	42:59	+12:57	04:18
48	330	Jorge Santos	Individual	Senior Masculino	43:04	+13:02	04:18
49	653	Rui Jorge De Pinho Oliveira	Unit	Senior Masculino	43:19	+13:16	04:20
50	322	João Almeida	Individual	Senior Masculino	43:36	+13:33	04:22
51	652	Cristino de Pinho Oliveira	Unit	Senior Masculino	43:55	+13:53	04:24
52	295	Diogo Cruz	Individual	Senior Masculino	43:57	+13:54	04:24
53	390	Sérgio Almeida	Individual	Senior Masculino	43:59	+13:57	04:24
54	393	Sérgio Pinto	Individual	Senior Masculino	44:08	+14:06	04:25
55	358	Pedro Barbosa	Individual	Senior Masculino	44:10	+14:08	04:25
56	11	ANDRÉ ANICETO	ACR Vale de Cambra	Senior Masculino	44:16	+14:13	04:26
57	556	Roni Gomes	Vale Correr	Senior Masculino	44:41	+14:39	04:28
58	335	Licinio Almeida	Individual	Senior Masculino	44:48	+14:46	04:29
59	306	Fábio Pereira	Individual	Senior Masculino	45:03	+15:00	04:30
60	391	Sérgio Manuel Soares Barbosa	Individual	Senior Masculino	45:21	+15:18	04:32
61	383	Rui Filipe da Silva Gomes	Individual	Senior Masculino	45:22	+15:19	04:32
62	388	Sandro Nogueira	Individual	Senior Masculino	45:27	+15:25	04:33
63	379	Ruben Silva	Individual	Senior Masculino	45:27	+15:25	04:33
64	314	Gonçalo de Almeida Tavares	Individual	Senior Masculino	45:46	+15:43	04:35
65	342	Marcelo Almeida	Individual	Senior Masculino	45:51	+15:48	04:35
66	12	Artur Francisco Almeida Oliveira	ACR Vale de Cambra	Senior Masculino	46:00	+15:57	04:36
67	586	Luis Carlos da Rocha Carneiro Pais	Individual	Senior Masculino	46:02	+16:00	04:36
68	362	Pedro Gilde	Individual	Senior Masculino	46:04	+16:02	04:36
69	268	André Filipe Sousa Pinho	Individual	Senior Masculino	46:08	+16:06	04:37
70	364	Pedro Manuel Oliveira Matos	Individual	Senior Masculino	46:10	+16:08	04:37
71	357	Paulo Sergio dos Santos Nunes	Individual	Senior Masculino	46:36	+16:34	04:40
72	71	Henrique Silva	CDC Macieira de Cambra	Senior Masculino	46:38	+16:36	04:40
73	568	Micael Rocha	VICAIMA	Senior Masculino	46:39	+16:37	04:40

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

74	288	Dany Nogueira	Individual	Senior Masculino	46:50	+16:48	04:41
75	554	Luís Lopes	Vale Correr	Senior Masculino	46:51	+16:49	04:41
76	337	Luís Carlos de Pinho Barbosa	Individual	Senior Masculino	46:55	+16:53	04:41
77	347	Miguel Almeida	Individual	Senior Masculino	46:56	+16:54	04:42
78	317	Gonçalo Vilarinho Costa	Individual	Senior Masculino	46:56	+16:54	04:42
79	351	Nuno Coelho	Individual	Senior Masculino	47:07	+17:04	04:43
80	159	Tiago Bastos	Elevate Studio SJM	Senior Masculino	47:07	+17:04	04:43
81	372	Raul Filipe Brandão Pinho Augusto	Individual	Senior Masculino	47:14	+17:11	04:43
82	300	Dylan Nogueira	Individual	Senior Masculino	47:17	+17:14	04:44
83	156	Pedro Gaspar	Elevate Studio SJM	Senior Masculino	47:18	+17:16	04:44
84	584	Marinho Duarte	Individual	Senior Masculino	47:22	+17:19	04:44
85	274	Bruno Tavares	Individual	Senior Masculino	47:23	+17:20	04:44
86	325	João Marques	Individual	Senior Masculino	47:34	+17:32	04:45
87	69	Daniel Vieira	CDC Macieira de Cambra	Senior Masculino	47:57	+17:54	04:48
88	355	Paulo Gonçalves	Individual	Senior Masculino	48:01	+17:58	04:48
89	320	Jhonatas Ferreira	Individual	Senior Masculino	48:20	+18:18	04:50
90	348	Miguel Gaspar Ribeiro	Individual	Senior Masculino	48:24	+18:22	04:50
91	644	Joel Martinho	Reclacambra MM Saude	Senior Masculino	48:32	+18:29	04:51
92	313	Gil Henriques	Individual	Senior Masculino	48:33	+18:30	04:51
93	371	Rafael Vilar	Individual	Senior Masculino	48:41	+18:38	04:52
94	332	José Correia	Individual	Senior Masculino	48:42	+18:39	04:52
95	326	João Sousa	Individual	Senior Masculino	48:45	+18:43	04:53
96	387	Samuel Pedro	Individual	Senior Masculino	48:51	+18:49	04:53
97	72	João Reis	CDC Macieira de Cambra	Senior Masculino	48:52	+18:49	04:53
98	285	Daniel Martins	Individual	Senior Masculino	49:02	+18:59	04:54
99	1	André Martins da Silva	Individual	Senior Masculino	49:07	+19:05	04:55
100	308	Filipe Baptista	JAM - Juventude Atletica Mozelense	Senior Masculino	49:11	+19:08	04:55
101	70	Gustavo Lages Barbosa	CDC Macieira de Cambra	Senior Masculino	49:18	+19:15	04:56
102	158	Rui Martins	Elevate Studio SJM	Senior Masculino	49:21	+19:19	04:56
103	375	Ricardo Raikov	Individual	Senior Masculino	49:29	+19:26	04:57
104	376	Ricardo Rocha Mendes	Individual	Senior Masculino	49:43	+19:40	04:58
105	271	André Pereira	Individual	Senior Masculino	49:57	+19:54	05:00
106	360	Pedro Costa	Individual	Senior Masculino	49:57	+19:55	05:00
107	277	Carlos Jorge Francês Monteiro	Individual	Senior Masculino	49:58	+19:55	05:00
108	331	Jorge Tavares	Individual	Senior Masculino	50:33	+20:31	05:03
109	394	Simao Ferreira	Individual	Senior Masculino	50:36	+20:34	05:04
110	311	Francisco Bastos Henriques	Individual	Senior Masculino	50:36	+20:34	05:04
111	284	Daniel Martins	Individual	Senior Masculino	50:40	+20:38	05:04
112	569	Nuno Costa	VICAIMA	Senior Masculino	50:59	+20:57	05:06
113	318	Guilherme Almeida	Individual	Senior Masculino	51:00	+20:58	05:06
114	588	Diogo Cruz	Individual	Senior Masculino	51:07	+21:05	05:07
115	522	Marco Janeiro	Oliveira´s	Senior Masculino	51:10	+21:08	05:07
116	270	André Mota	Individual	Senior Masculino	51:24	+21:21	05:08
117	265	Aléxis Rato	Individual	Senior Masculino	51:25	+21:22	05:08
118	315	Gonçalo Gomes	Individual	Senior Masculino	51:28	+21:26	05:09
119	75	Tiago Almeida	CDC Macieira de Cambra	Senior Masculino	51:31	+21:29	05:09

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

120	302	Eduardo Pinho	Individual	Senior Masculino	51:40	+21:37	05:10
121	297	Diogo martins	Individual	Senior Masculino	51:42	+21:39	05:10
122	344	Márcio Filipe Moutinho Polido	Individual	Senior Masculino	51:52	+21:50	05:11
123	138	João Paiva	Colep Packaging	Senior Masculino	51:53	+21:51	05:11
124	340	Luís Miguel Ferreira Marques	Individual	Senior Masculino	51:55	+21:53	05:12
125	266	André Brandão de Pinho	Individual	Senior Masculino	52:01	+21:58	05:12
126	608	Filipe Valquaresma	CATARI	Senior Masculino	52:12	+22:10	05:13
127	286	Daniel Santos	Individual	Senior Masculino	52:18	+22:15	05:14
128	396	Tiago Aguiar	Individual	Senior Masculino	52:25	+22:22	05:14
129	534	Ruben Assunção	Os Aleijados	Senior Masculino	52:30	+22:27	05:15
130	153	André Costa	Elevate Studio SJM	Senior Masculino	52:51	+22:49	05:17
131	350	Nuno Bastos	Individual	Senior Masculino	53:04	+23:01	05:18
132	346	Mário Rafael da Silva Marques	Individual	Senior Masculino	53:05	+23:03	05:19
133	218	Filipe Rocha	Individual	Senior Masculino	53:05	+23:03	05:19
134	353	Nuno Pinho	Individual	Senior Masculino	53:07	+23:05	05:19
135	338	Luis Gomes	Individual	Senior Masculino	53:27	+23:25	05:21
136	307	Fernando Henriques	Individual	Senior Masculino	53:45	+23:43	05:23
137	402	Tomás Oliveira	Individual	Senior Masculino	53:50	+23:48	05:23
138	401	Tomás Marabuto	Individual	Senior Masculino	54:01	+23:58	05:24
139	589	Pedro Rafael Brandao Gomes	Individual	Senior Masculino	54:14	+24:12	05:25
140	404	Vasco António Moreira da Rocha	Individual	Senior Masculino	54:28	+24:26	05:27
141	287	Daniel Soares Gomes	Individual	Senior Masculino	54:28	+24:26	05:27
142	319	Hélio José Lopes Seixas	Individual	Senior Masculino	54:43	+24:41	05:28
143	294	Diogo Brandão da Costa	Individual	Senior Masculino	54:48	+24:46	05:29
144	22	TOMÁS VILARINHO	ACR Vale de Cambra	Senior Masculino	55:04	+25:02	05:30
145	392	Sérgio Martins	Individual	Senior Masculino	55:05	+25:02	05:30
146	298	Diogo Nogueira	Individual	Senior Masculino	55:05	+25:03	05:31
147	324	João Marques	Individual	Senior Masculino	55:08	+25:06	05:31
148	283	Daniel Gomes Tavares	Individual	Senior Masculino	55:25	+25:23	05:33
149	93	Alexandre Costa	Centro Municipal de Marcha e Corrida Vale de Cambra	Senior Masculino	55:33	+25:30	05:33
150	339	Luís Magalhães	Individual	Senior Masculino	55:40	+25:37	05:34
151	312	Gabriel Reis	Individual	Senior Masculino	55:46	+25:43	05:35
152	264	Alexandre Almeida Pinho	Individual	Senior Masculino	55:46	+25:44	05:35
153	570	Pedro Santos	VICAIMA	Senior Masculino	55:49	+25:47	05:35
154	279	César Almeida Pinho	Individual	Senior Masculino	55:51	+25:48	05:35
155	363	Pedro Gomes	Individual	Senior Masculino	56:18	+26:15	05:38
156	385	Rui Sousa	Individual	Senior Masculino	56:26	+26:24	05:39
157	334	José Sousa	Individual	Senior Masculino	56:26	+26:24	05:39
158	289	David Filipe Matos Ferreira	Individual	Senior Masculino	56:32	+26:29	05:39
159	137	João Bastos	Colep Packaging	Senior Masculino	56:33	+26:31	05:39
160	400	Tiago Soares	Individual	Senior Masculino	56:59	+26:57	05:42
161	68	António Lages Barbosa	CDC Macieira de Cambra	Senior Masculino	57:19	+27:16	05:44
162	321	João Almeida	Individual	Senior Masculino	57:22	+27:19	05:44
163	389	SATNAM SINGH	Individual	Senior Masculino	57:46	+27:43	05:47
164	377	Rodrigo Vieira Fernandes	Individual	Senior Masculino	57:56	+27:53	05:48
165	368	Pedro Sousa	Individual	Senior Masculino	58:01	+27:58	05:48

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

166	134	João Coelho	Clube dos Aceleras	Senior Masculino	58:02	+28:00	05:48
167	272	André Rodrigues	Individual	Senior Masculino	58:06	+28:03	05:49
168	403	Vasco Almeida	Individual	Senior Masculino	58:06	+28:04	05:49
169	405	Vítor Hugo Rego	Individual	Senior Masculino	58:06	+28:04	05:49
170	155	Fábio Almeida	Elevate Studio SJM	Senior Masculino	58:10	+28:07	05:49
171	94	Nelson Tavares	Centro Municipal de Marcha e Corrida Vale de Cambra	Senior Masculino	58:13	+28:10	05:49
172	290	David Silva	Individual	Senior Masculino	58:18	+28:15	05:50
173	301	Dzmitry Barysenka	Individual	Senior Masculino	58:18	+28:15	05:50
174	336	Lucas Santos Silva	Individual	Senior Masculino	58:35	+28:32	05:51
175	533	Marco Oliveira	Os Aleijados	Senior Masculino	58:36	+28:33	05:52
176	352	Nuno Miguel da Fonseca Coelho	Individual	Senior Masculino	58:36	+28:33	05:52
177	310	Filipe Silva	Individual	Senior Masculino	58:36	+28:34	05:52
178	292	Diogo Almeida	Individual	Senior Masculino	58:37	+28:34	05:52
179	329	Jorge Pinho	Individual	Senior Masculino	58:37	+28:34	05:52
180	567	José Oliveira	VICAIMA	Senior Masculino	58:48	+28:46	05:53
181	361	Pedro Freitas	Individual	Senior Masculino	59:04	+29:01	05:54
182	636	Rui Pedro Martins Ferreira	Individual	Senior Masculino	59:08	+29:06	05:55
183	14	Carlos Filipe Ferreira Correia	ACR Vale de Cambra	Senior Masculino	59:12	+29:10	05:55
184	341	Marcel Oliveira da Silva	Individual	Senior Masculino	59:58	+29:56	06:00
185	154	Bruno Soares	Elevate Studio SJM	Senior Masculino	01:00:01	+29:58	06:00
186	565	Andre Pinho	VICAIMA	Senior Masculino	01:00:07	+30:05	06:01
187	381	Rui Carvalho	Individual	Senior Masculino	01:00:08	+30:05	06:01
188	366	Pedro Oliveira	Individual	Senior Masculino	01:00:38	+30:35	06:04
189	535	Pedro Assuncao	OS OVTROS	Senior Masculino	01:00:38	+30:35	06:04
190	610	Paulo Costa	CATARI	Senior Masculino	01:01:10	+31:08	06:07
191	262	Adriano Camilo Gomes	Individual	Senior Masculino	01:01:22	+31:20	06:08
192	316	Gonçalo Silva Bessa	Individual	Senior Masculino	01:01:32	+31:29	06:09
193	263	Afonso C Bernardes	Individual	Senior Masculino	01:01:42	+31:39	06:10
194	333	José Guilherme de Freitas Paz	Individual	Senior Masculino	01:02:01	+31:59	06:12
195	136	Gabriel Silva	Colep Packaging	Senior Masculino	01:02:30	+32:27	06:15
196	299	Diogo Santos	Individual	Senior Masculino	01:02:50	+32:48	06:17
197	323	João Durães	Individual	Senior Masculino	01:05:26	+35:24	06:33
198	566	Deivid Santos	VICAIMA	Senior Masculino	01:07:36	+37:33	06:46
199	281	Cleberson Rodrigues da Silva sobral	Individual	Senior Masculino	01:09:03	+39:00	06:54
200	349	Nuno Alves	Individual	Senior Masculino	01:10:01	+39:59	07:00
201	305	Erik otero	Individual	Senior Masculino	01:14:21	+44:18	07:26
202	607	Andre Relvas	CATARI	Senior Masculino	01:15:09	+45:06	07:31
203	609	Joao Silva	CATARI	Senior Masculino	01:18:35	+48:32	07:51

Veterana F40

1	168	PATRICIA FERREIRA	EV-PERALTAFIL	Veterana F40	43:18		04:20
2	121	SARA COSTA	Clube Atletismo de Ovar	Veterana F40	45:01	+01:42	04:30
3	5	Tânia Henriques	A.C.D. Os Ilhavos	Veterana F40	45:20	+02:02	04:32
4	96	Patricia Soares	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F40	46:17	+02:59	04:38

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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5	412	Vera Fernandes	Individual	Veterana F40	49:59	+06:40	05:00
6	409	Ivone Matos	Individual	Veterana F40	50:01	+06:42	05:00
7	612	Yesika Oliveira	CATARI	Veterana F40	51:30	+08:11	05:09
8	23	ARMANDA GARRIDO	ACR Vale de Cambra	Veterana F40	52:37	+09:18	05:16
9	58	Sandra Moreira	Carregosa Lowlanders	Veterana F40	53:14	+09:56	05:19
10	550	Carina Sofia Pinho Correia	Unit	Veterana F40	54:47	+11:28	05:29
11	523	Sandrina Alves	Oliveira´s	Veterana F40	56:43	+13:24	05:40
12	95	Joana Pinho	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F40	57:51	+14:32	05:47
13	406	Ana Soares	Individual	Veterana F40	58:30	+15:11	05:51
14	645	Catarina Fecha	Reclacambra MM Saude	Veterana F40	59:04	+15:45	05:54
15	410	Jaqueline Ferreira	Individual	Veterana F40	01:00:09	+16:50	06:01
16	408	Filipa Daniela da Costa Almeida Paiva	Individual	Veterana F40	01:02:12	+18:53	06:13
17	585	Lara Silva	Individual	Veterana F40	01:07:05	+23:46	06:42
18	611	Lucia Maria Almeida	CATARI	Veterana F40	01:07:29	+24:10	06:45
19	407	Carina Pinto	Individual	Veterana F40	01:11:05	+27:46	07:06

Veterana F45

1	178	Sandra Ferreira	GDC Guilhovai	Veterana F45	38:54		03:53
2	424	Rosália Sousa	Individual	Veterana F45	45:20	+06:26	04:32
3	414	Ana Oliveira	Individual	Veterana F45	45:44	+06:50	04:34
4	512	Arlete Santos	JOBRA	Veterana F45	47:00	+08:06	04:42
5	615	Lucilia Correia	CATARI	Veterana F45	48:27	+09:33	04:51
6	614	Cecilia Sousa	CATARI	Veterana F45	51:32	+12:38	05:09
7	97	Fátima Relvas	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F45	51:38	+12:43	05:10
8	47	ADELIA BOUCINHA	BOLINHOS DE BACALHAU	Veterana F45	53:02	+14:08	05:18
9	76	Ana Pinho	CDC Macieira de Cambra	Veterana F45	53:04	+14:10	05:18
10	572	Monique Tavares	VICAIMA	Veterana F45	53:30	+14:36	05:21
11	98	Natércia Silva	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F45	54:10	+15:16	05:25
12	421	Maria Helena Martins da silva	Individual	Veterana F45	55:04	+16:10	05:30
13	646	Ana Mendes	Reclacambra MM Saude	Veterana F45	56:07	+17:13	05:37
14	418	Carla Gabriel	Individual	Veterana F45	57:45	+18:50	05:46
15	54	Fernanda Lucia Tavares Almeida	BOLINHOS DE BACALHAU	Veterana F45	58:14	+19:20	05:49
16	419	Carla Gabriela Martins Ferreira	Individual	Veterana F45	59:09	+20:14	05:55
17	77	Goreti Correia	CDC Macieira de Cambra	Veterana F45	59:35	+20:41	05:57
18	417	Angela Ferreira	Individual	Veterana F45	01:00:28	+21:33	06:03
19	420	Maria Correia	Individual	Veterana F45	01:03:53	+24:59	06:23
20	425	Sara Semblano	Individual	Veterana F45	01:06:37	+27:43	06:40
21	415	Ana semblano	Individual	Veterana F45	01:06:58	+28:04	06:42
22	571	Lucia Costa	VICAIMA	Veterana F45	01:07:05	+28:10	06:42
23	423	Paula Cristina Adriano Ferreira	Individual	Veterana F45	01:07:21	+28:27	06:44
24	426	Sílvia Vilar	Individual	Veterana F45	01:07:27	+28:32	06:45
25	416	Andreia Pessoa	Individual	Veterana F45	01:34:49	+55:55	09:29

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	24	SUSANA MARTINS	ACR Vale de Cambra	Veterana F50	47:38		04:46
2	122	FATIMA ALEIXO	Clube Atletismo de Ovar	Veterana F50	48:50	+01:12	04:53
3	433	Sandra Aguiar	Individual	Veterana F50	52:34	+04:55	05:15
4	79	Patricia Monteiro	CDC Macieira de Cambra	Veterana F50	53:35	+05:57	05:22
5	99	Claudia Quaresma	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F50	55:07	+07:28	05:31
6	100	Paula Rodrigues	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F50	55:18	+07:40	05:32
7	432	Paula Martins	Individual	Veterana F50	55:20	+07:41	05:32
8	427	Ana Maria Vieira	Individual	Veterana F50	55:21	+07:42	05:32
9	430	Georgina Maria Moreira Nogueira SIlva	Individual	Veterana F50	56:43	+09:04	05:40
10	431	Maria Isabel Alves	Individual	Veterana F50	58:20	+10:42	05:50
11	617	Antonia Soares	CATARI	Veterana F50	58:20	+10:42	05:50
12	616	Albina Maria Rocha Lourenço	CATARI	Veterana F50	01:04:36	+16:57	06:28
13	428	Carla Maria da Silva Pinho Almeida	Individual	Veterana F50	01:06:52	+19:14	06:41
14	573	Catarina Vilar	VICAIMA	Veterana F50	01:07:17	+19:38	06:44

Veterana F55

1	186	LÍDIA PEREIRA	GRECAS - Vagos	Veterana F55	41:17		04:08
2	518	Fátima Santos	Lusitânia de Lourosa	Veterana F55	44:01	+02:43	04:24
3	173	Júlia Conceição	F.C.Penafiel	Veterana F55	47:19	+06:02	04:44
4	638	Matilde Baptista	Individual	Veterana F55	49:11	+07:53	04:55
5	102	Maria Filomena Santos	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F55	50:16	+08:58	05:02
6	46	Sãozita Ferreira	AZTrail	Veterana F55	51:41	+10:23	05:10
7	437	Madalena Correia	Individual	Veterana F55	55:32	+14:14	05:33
8	435	Elsa Ferreira	Individual	Veterana F55	57:41	+16:23	05:46
9	434	Conceição soares	Individual	Veterana F55	58:39	+17:21	05:52
10	436	Luisa Amorim	Individual	Veterana F55	01:03:58	+22:41	06:24

Veterana F60

1	438	Maria Pereira	Individual	Veterana F60	49:33		04:57
2	539	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterana F60	50:32	+00:58	05:03
3	37	Elisabete Silva	AFIS/OVAR	Veterana F60	51:23	+01:49	05:08
4	25	FERNANDA ALMEIDA	ACR Vale de Cambra	Veterana F60	54:15	+04:41	05:25
5	103	Maria Fátima Silva	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F60	01:00:16	+10:42	06:02
6	104	MARIA ISABEL PIEDADE	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterana F60	01:03:07	+13:34	06:19

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	6	andre santos	A.C.D. Os Ilhavos	Veterano M40	33:46		03:23
2	179	André Adriano	GDC Guilhovai	Veterano M40	34:04	+00:17	03:24
3	26	BRUNO FREITAS	ACR Vale de Cambra	Veterano M40	35:18	+01:31	03:32
4	29	NUNO OLIVEIRA	ACR Vale de Cambra	Veterano M40	37:07	+03:21	03:43
5	462	Vítor Coelho	Individual	Veterano M40	37:19	+03:33	03:44
6	2	ANDRÉ PINA	A. D. GRIJO A CORRER	Veterano M40	39:17	+05:30	03:56
7	105	Bruno Fernandes	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M40	39:49	+06:02	03:59
8	82	J A P O	CDC Macieira de Cambra	Veterano M40	40:30	+06:43	04:03
9	81	Carlos Teixeira	CDC Macieira de Cambra	Veterano M40	41:17	+07:30	04:08
10	574	Andre Cardoso	VICAIMA	Veterano M40	42:41	+08:54	04:16
11	457	Ricardo Casimiro	Individual	Veterano M40	42:45	+08:59	04:17
12	448	José Rocha	Individual	Veterano M40	42:46	+08:59	04:17
13	441	Bruno Silva	Individual	Veterano M40	43:04	+09:17	04:18
14	440	Antonio Manuel Pais Assunção	Individual	Veterano M40	43:34	+09:47	04:21
15	450	Nuno correia	Individual	Veterano M40	44:06	+10:20	04:25
16	455	Pedro Tavares	Individual	Veterano M40	44:23	+10:36	04:26
17	140	Luis Tavares	Colep Packaging	Veterano M40	44:33	+10:46	04:27
18	183	Carlos Monteiro	Gemba Running	Veterano M40	44:51	+11:04	04:29
19	146	Miguel Oliveira	CopoRunners	Veterano M40	45:27	+11:41	04:33
20	515	Ricardo C.	Kapital Café	Veterano M40	46:15	+12:29	04:38
21	647	Marcio Coutinho	Reclacambra MM Saude	Veterano M40	46:33	+12:46	04:39
22	446	Jorge Costa	Individual	Veterano M40	47:28	+13:41	04:45
23	145	Bruno Pereira	CopoRunners	Veterano M40	47:44	+13:57	04:46
24	456	Pedro Vilar	Individual	Veterano M40	47:49	+14:02	04:47
25	459	Siredy Oliveira	Individual	Veterano M40	48:04	+14:17	04:48
26	59	Bruno Gonçalves	Carregosa Lowlanders	Veterano M40	48:15	+14:28	04:49
27	27	Eliseu Delgado	ACR Vale de Cambra	Veterano M40	48:25	+14:38	04:51
28	62	António Silva	Casa FC Porto | Vale de Cambra	Veterano M40	48:41	+14:54	04:52
29	447	José Cubal	Individual	Veterano M40	48:50	+15:03	04:53
30	547	Luis Silva	TrailNadas	Veterano M40	50:28	+16:41	05:03
31	540	José Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M40	50:31	+16:44	05:03
32	442	Carlos Cunha	Individual	Veterano M40	50:36	+16:49	05:04
33	60	Marco Almeida	Carregosa Lowlanders	Veterano M40	50:37	+16:50	05:04
34	190	Carlos Teixeira	Grupo Juvenil do Pinheiro da Bemposta	Veterano M40	52:50	+19:03	05:17
35	48	TIAGO SOUSA	BOLINHOS DE BACALHAU	Veterano M40	53:13	+19:26	05:19
36	80	António Vinha	CDC Macieira de Cambra	Veterano M40	54:07	+20:21	05:25
37	461	Tiago Matos	Individual	Veterano M40	54:28	+20:41	05:27
38	453	Paulo Tavares	Individual	Veterano M40	54:53	+21:06	05:29
39	648	Marcio Machado	Reclacambra MM Saude	Veterano M40	55:34	+21:47	05:33
40	439	Andri Mosquera	Individual	Veterano M40	55:44	+21:58	05:34
41	445	Jaime Azevedo	Individual	Veterano M40	55:53	+22:06	05:35
42	458	Samuel Costa	Individual	Veterano M40	56:25	+22:39	05:39

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

43	524	Ricardo Manuel Silva	Oliveira´s	Veterano M40	56:45	+22:58	05:40
44	449	Luiz Costa	Individual	Veterano M40	57:02	+23:15	05:42
45	639	Eduardo Rafael Martins Silva Paiva	Individual	Veterano M40	58:03	+24:16	05:48
46	63	Roland Sousa	Casa FC Porto | Vale de Cambra	Veterano M40	59:12	+25:25	05:55
47	444	Diogo Rodrigues	Individual	Veterano M40	59:38	+25:51	05:58
48	621	Tiago Martins	CATARI	Veterano M40	01:01:35	+27:48	06:10
49	454	Pedro Paiva	Individual	Veterano M40	01:03:47	+30:00	06:23
50	451	Nuno Miguel Costa Almeida	Individual	Veterano M40	01:13:11	+39:24	07:19
51	443	Carlos Manuel Almeida Silva	Individual	Veterano M40	01:13:11	+39:24	07:19

Veterano M45

1	651	Jose Moreira	são salvador do campo	Veterano M45	32:46		03:17
2	482	Toze Castro	Individual	Veterano M45	32:59	+00:12	03:18
3	169	VITOR SANTOS	EV-PERALTAFIL	Veterano M45	33:33	+00:46	03:21
4	174	Mark Macedo	F.C.Penafiel	Veterano M45	35:53	+03:06	03:35
5	464	Antônio Cristóvão	Individual	Veterano M45	36:13	+03:27	03:37
6	193	Pedro Cardoso	Grupo Juvenil do Pinheiro da Bemposta	Veterano M45	36:39	+03:52	03:40
7	123	CARLOS SEQUEIRA	Clube Atletismo de Ovar	Veterano M45	37:13	+04:27	03:43
8	7	João Dias	A.C.D. Os Ilhavos	Veterano M45	37:24	+04:37	03:44
9	649	Carlos Rodrigues	Reclacambra MM Saude	Veterano M45	40:40	+07:54	04:04
10	558	Elvio Santos	Vale Correr	Veterano M45	41:50	+09:03	04:11
11	162	Carlos Eduardo Costa da Cruz Martins	EVA MS	Veterano M45	41:51	+09:04	04:11
12	480	Rui Pedro Jesus de Almeida	Casa FC Porto | Vale de Cambra	Veterano M45	44:21	+11:35	04:26
13	526	Pedro Pina	Oliveira´s	Veterano M45	44:48	+12:01	04:29
14	481	Sérgio Pereira	Individual	Veterano M45	45:28	+12:42	04:33
15	30	RUI ALMEIDA	ACR Vale de Cambra	Veterano M45	45:52	+13:05	04:35
16	49	PAULO SILVA	BOLINHOS DE BACALHAU	Veterano M45	46:30	+13:43	04:39
17	548	Pedro Fernandes	União Atletismo do Porto	Veterano M45	46:42	+13:55	04:40
18	84	Luis Rodrigues	CDC Macieira de Cambra	Veterano M45	46:49	+14:02	04:41
19	483	Wandederley Ferreira Sa	Individual	Veterano M45	46:55	+14:09	04:42
20	479	Rui Manuel Silva	Individual	Veterano M45	47:25	+14:38	04:44
21	192	Hugo Sousa	Grupo Juvenil do Pinheiro da Bemposta	Veterano M45	47:35	+14:49	04:46
22	147	Marcos Fonseca	CopoRunners	Veterano M45	47:46	+14:59	04:47
23	472	José Santos	Individual	Veterano M45	48:22	+15:35	04:50
24	38	Pedro Necho	AFIS/OVAR	Veterano M45	48:37	+15:50	04:52
25	191	Amandio Silva	Grupo Juvenil do Pinheiro da Bemposta	Veterano M45	49:01	+16:14	04:54
26	473	MARCELO Teixeira da mota	Individual	Veterano M45	49:25	+16:39	04:57
27	52	RUI CORREIA	BOLINHOS DE BACALHAU	Veterano M45	49:33	+16:46	04:57
28	575	Barry Page	VICAIMA	Veterano M45	50:07	+17:21	05:01
29	42	Arnaldo Cardoso	ARADA ATLÉTICO CLUBE	Veterano M45	51:38	+18:51	05:10
30	474	Nuno Sá	Individual	Veterano M45	51:55	+19:08	05:11
31	468	Domingos Gonçalves	Individual	Veterano M45	51:55	+19:08	05:11
32	469	Filipe Alexandre Alves Loureiro	Individual	Veterano M45	52:19	+19:32	05:14

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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33	467	Daniel Almeida	Individual	Veterano M45	52:44	+19:57	05:16
34	107	Sergio Alves	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M45	53:47	+21:00	05:23
35	465	Carlos Fernandes	Individual	Veterano M45	53:50	+21:03	05:23
36	622	Luis Monteiro	CATARI	Veterano M45	53:54	+21:07	05:23
37	477	Pedro Miguel Silva	Individual	Veterano M45	53:58	+21:11	05:24
38	525	Marco Agostinho Almeida Correia	Oliveira´s	Veterano M45	54:10	+21:23	05:25
39	51	PEDRO COSTA	BOLINHOS DE BACALHAU	Veterano M45	54:10	+21:24	05:25
40	476	Pedro Fernandes	Individual	Veterano M45	57:14	+24:28	05:43
41	470	Filipe Teixeira	Individual	Veterano M45	57:45	+24:59	05:47
42	576	Frederico Capela	VICAIMA	Veterano M45	59:36	+26:49	05:58
43	463	André Vigário da Costa Tavares	Individual	Veterano M45	01:00:29	+27:42	06:03
44	50	Pedro Castro	BOLINHOS DE BACALHAU	Veterano M45	01:00:47	+28:00	06:05
45	106	Ricardo Almeida	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M45	01:02:15	+29:28	06:13
46	466	Carlos Manuel Costa Almeida	Individual	Veterano M45	01:03:06	+30:20	06:19
47	88	Ismael Fraga	Centro Cultural D. T. da STCP/N Seguros	Veterano M45	01:07:20	+34:34	06:44
48	577	Paulo Vitorio	VICAIMA	Veterano M45	01:11:18	+38:31	07:08
49	85	Ricardo Matos	CDC Macieira de Cambra	Veterano M45	01:23:24	+50:38	08:20

Veterano M50

1	181	Artur Rodrigues	GDC Guilhovai	Veterano M50	35:03		03:30
2	601	Angelo Cesar Pinho Araujo	Individual	Veterano M50	36:47	+01:44	03:41
3	132	Ricardo Carvalho	Núcleo de Atletismo de Cucujães	Veterano M50	36:51	+01:48	03:41
4	148	Filipe Coelho	CopoRunners	Veterano M50	38:51	+03:48	03:53
5	125	PEDRO SILVA	Clube Atletismo de Ovar	Veterano M50	39:44	+04:41	03:58
6	86	Nuno Santos	CDC Macieira de Cambra	Veterano M50	41:07	+06:04	04:07
7	626	Paulo Sergio Santos	CATARI	Veterano M50	41:17	+06:14	04:08
8	149	Joaquim Rego	CopoRunners	Veterano M50	43:18	+08:15	04:20
9	627	Pedro Costa	CATARI	Veterano M50	44:27	+09:24	04:27
10	485	carlos correia	Individual	Veterano M50	45:11	+10:08	04:31
11	110	Silvio Carvalho	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M50	45:26	+10:23	04:33
12	184	Carlos Marques	Gemba Running	Veterano M50	45:47	+10:44	04:35
13	53	CARLOS SILVA	BOLINHOS DE BACALHAU	Veterano M50	46:12	+11:09	04:37
14	490	Milton Brandão	Individual	Veterano M50	46:21	+11:18	04:38
15	583	Marco Alves	Individual	Veterano M50	47:17	+12:14	04:44
16	493	Rui Gomes	Individual	Veterano M50	48:59	+13:56	04:54
17	486	Eduardo Manuel Pereira Martins	Individual	Veterano M50	49:56	+14:53	05:00
18	641	Jose Manuel Soares Moreira Rocha	Individual	Veterano M50	50:00	+14:57	05:00
19	43	Rui Neves	ARADA ATLÉTICO CLUBE	Veterano M50	51:37	+16:34	05:10
20	625	Jorge Pereira	CATARI	Veterano M50	52:04	+17:01	05:12
21	623	Andre Fonseca	CATARI	Veterano M50	52:04	+17:01	05:12
22	487	Fernando pinto	Individual	Veterano M50	53:39	+18:36	05:22
23	491	Nuno Filipe Marques da Silva	Individual	Veterano M50	53:50	+18:47	05:23

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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24	109	José Almeida	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M50	53:59	+18:56	05:24
25	551	Paulo Alexandre Rodrigues Montalvão Schmidt	Unit	Veterano M50	54:47	+19:44	05:29
26	581	Pedro Silva	VICAIMA	Veterano M50	54:51	+19:48	05:29
27	108	Carlos Brandão	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M50	55:07	+20:04	05:31
28	578	Antonio Melo	VICAIMA	Veterano M50	55:49	+20:46	05:35
29	494	Rui Silva	Individual	Veterano M50	56:15	+21:12	05:38
30	527	Luís Miguel Oliveira	Oliveira´s	Veterano M50	56:44	+21:41	05:40
31	650	Hernani Bastos	Reclacambra MM Saude	Veterano M50	57:44	+22:41	05:46
32	537	Fernando Portugal	PORTUGAL	Veterano M50	01:02:07	+27:04	06:13
33	579	Luis Monteiro	VICAIMA	Veterano M50	01:04:03	+29:00	06:24
34	624	Cristiano Casais	CATARI	Veterano M50	01:08:07	+33:04	06:49

Veterano M55

1	182	António Fernandes	GDC Guilhovai	Veterano M55	36:01		03:36
2	44	Antonio Nunes	ARADA ATLÉTICO CLUBE	Veterano M55	38:17	+02:16	03:50
3	33	ANTÓNIO PINTO ALMEIDA	ACR Vale de Cambra	Veterano M55	38:42	+02:40	03:52
4	39	José Figueiredo	AFIS/OVAR	Veterano M55	39:03	+03:02	03:54
5	172	MANUEL FERREIRA	EV-PERALTAFIL	Veterano M55	39:09	+03:08	03:55
6	130	Fernando Oliveira	Clube de Campismo de São João da Madeira	Veterano M55	39:13	+03:11	03:55
7	171	JOSE SILVA	EV-PERALTAFIL	Veterano M55	39:56	+03:55	04:00
8	126	ROGERIO CAMPOS	Clube Atletismo de Ovar	Veterano M55	40:16	+04:14	04:02
9	87	Fernando Antunes	CDC Macieira de Cambra	Veterano M55	41:00	+04:58	04:06
10	40	José Godinho	AFIS/OVAR	Veterano M55	41:38	+05:36	04:10
11	504	Vítor Santos	Individual	Veterano M55	42:22	+06:21	04:14
12	582	Pedro Agostinho	VICAIMA	Veterano M55	43:20	+07:19	04:20
13	113	Paulo Martins	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M55	45:04	+09:03	04:30
14	496	António Jorge da Silva Martins	Individual	Veterano M55	46:19	+10:18	04:38
15	500	José Brandão	Individual	Veterano M55	47:52	+11:50	04:47
16	503	Rui Godinho	Individual	Veterano M55	48:29	+12:28	04:51
17	111	António Alberto Gomes	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M55	49:07	+13:06	04:55
18	499	Jorge Manuel Silva Rodrigues	Individual	Veterano M55	50:23	+14:21	05:02
19	495	André Rocha	Individual	Veterano M55	51:19	+15:18	05:08
20	628	Joaquim Almeida	CATARI	Veterano M55	52:56	+16:55	05:18
21	185	Américo Oliveira	Gemba Running	Veterano M55	53:46	+17:44	05:23
22	502	Rui Correia	Individual	Veterano M55	55:33	+19:32	05:33
23	629	Jorge Filipe Almeida	CATARI	Veterano M55	56:36	+20:34	05:40
24	631	Rui Ferraz	CATARI	Veterano M55	58:21	+22:19	05:50
25	497	Carlos Alberto Soares Maria	Individual	Veterano M55	59:12	+23:10	05:55
26	501	Luís Miguel Vieira	Individual	Veterano M55	59:33	+23:32	05:57

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterano M60

1	545	PEDRO TERRA	SSTSJM-Srviços Sociais do Pessoal do Município de S. João da Madeira	Veterano M60	40:04		04:00
2	505	Dinis Tavares	Individual	Veterano M60	42:23	+02:18	04:14
3	127	ANTONIO CASTRO	Clube Atletismo de Ovar	Veterano M60	42:49	+02:44	04:17
4	510	Rodrigo Nunes Silva	Individual	Veterano M60	43:43	+03:38	04:22
5	632	Carlos Pinto	CATARI	Veterano M60	45:49	+05:44	04:35
6	509	Nelson Silva	Individual	Veterano M60	47:48	+07:43	04:47
7	175	Mario Carvalho	GD Vilarinho de Cima	Veterano M60	48:18	+08:14	04:50
8	114	Arlindo Rodrigues	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M60	48:19	+08:15	04:50
9	55	JORGE VENTURA	BOLINHOS DE BACALHAU	Veterano M60	49:30	+09:25	04:57
10	128	Edmundo Guedes	Clube Campismo	Veterano M60	50:03	+09:58	05:00
11	116	Joaquim Oliveira	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M60	50:16	+10:11	05:02
12	117	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	50:50	+10:46	05:05
13	131	Paulo Valente	Clube de Campismo de São João da Madeira	Veterano M60	51:39	+11:34	05:10
14	506	Fernando Rocha Sacramento	Individual	Veterano M60	51:55	+11:50	05:11
15	507	Jose Antonio Fernandes	Individual	Veterano M60	52:35	+12:30	05:16
16	543	José Matos	Sport Clube Beira-Mar	Veterano M60	52:49	+12:44	05:17
17	514	Lúcio Nunes	jose lucio pereira nunes	Veterano M60	53:45	+13:40	05:22
18	508	Manuel Tavares	Individual	Veterano M60	55:05	+15:01	05:31
19	511	Rui Nogueira	Individual	Veterano M60	56:14	+16:10	05:37
20	194	Virgolino Bastos	Grupo Juvenil do Pinheiro da Bemposta	Veterano M60	57:20	+17:16	05:44
21	115	Domingos Silva	Centro Municipal de Marcha e Corrida Vale de Cambra	Veterano M60	59:02	+18:57	05:54