Trail Rota das Fontes
Castanheira do Vouga
22-março-2026

TRAIL LONGO - STAGE 1 — 31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	12,8ºC	79%
End	15:41	12,8ºC	79%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	51	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	02:53:21		05:36	
2	31	Fábio Carvalho	Individual	03:02:58	+09:37	05:54	
3	47	Carlos Domingues	Saca Trilhos Anadia	03:19:34	+26:13	06:26	
4	16	José Martins	DAR - Desportivo Atlético de Recardães	03:22:03	+28:42	06:31	
5	19	Valter Matos	DCI/Trilhos Luso Bussaco	03:24:34	+31:13	06:36	
6	49	Filipe Costa	Saca Trilhos Anadia	03:26:02	+32:41	06:39	
7	13	João Margarido	CLTT - Clínica Litoralis Trail Team	03:27:43	+34:22	06:42	
8	4	João Rodrigues	Alandroal United Runners	03:30:26	+37:05	06:47	
9	32	Henrique Madeira	Individual	03:30:48	+37:27	06:48	
10	56	JOSIAS MEIRA	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	03:31:43	+38:22	06:50	
11	39	JOAO CRUZ	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	03:35:28	+42:07	06:57	
12	28	Paula Sofia Coutinho Soares	Saca Trilhos Anadia	03:45:10	+51:49	07:16	
13	30	Bruno Marques	Individual	03:49:41	+56:20	07:25	
14	2	Victor Fernandes	ADAmarante	03:50:42	+57:21	07:27	
15	50	João Almeida	Saca Trilhos Anadia	03:53:41	+01:00:20	07:32	
16	11	Sofia Padilha	Centro Trail Carlos Sá Penacova Team	03:53:57	+01:00:36	07:33	
17	55	Ricardo Varalonga	Sport Clube Paradela	03:57:40	+01:04:19	07:40	
18	42	VITAL ESPINHAL	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	03:58:34	+01:05:13	07:42	
19	15	INÊS TEIXEIRA	DAR - Desportivo Atlético de Recardães	04:00:01	+01:06:40	07:45	
20	22	David Coutinho	DURA-F1 RACETEAM	04:01:49	+01:08:28	07:48	
21	54	Liliana Ferreira	Sport Clube Paradela	04:02:48	+01:09:27	07:50	
22	14	Leida Bello	Clube Desportivo Feirense	04:07:05	+01:13:44	07:58	
23	20	Vitor Pereira	DCI/Trilhos Luso Bussaco	04:09:33	+01:16:12	08:03	
24	48	David Araújo	Saca Trilhos Anadia	04:12:03	+01:18:42	08:08	
25	10	Pedro Monteiro	CATR-Correio de Albergaria Trail Running	04:12:09	+01:18:48	08:08	
26	45	Pedro Fernandes	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	04:20:21	+01:27:00	08:24	
27	43	Ana Melo	Saca Trilhos Anadia	04:20:27	+01:27:06	08:24	
28	40	TIAGO SANTOS	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	04:20:42	+01:27:21	08:25	
29	26	Marco Simões	Individual	04:32:44	+01:39:23	08:48	
30	21	Horácio Ferreira	DCI/Trilhos Luso Bussaco	04:33:19	+01:39:58	08:49	
31	7	Sérgio Ruela	Associação Cultural Bunheirense	04:34:40	+01:41:19	08:52	
32	18	Pedro Lopes	DCI/Trilhos Luso Bussaco	04:34:48	+01:41:27	08:52	
33	6	Ana Pereira	Associação Cultural Bunheirense	04:43:47	+01:50:26	09:09	
34	9	Ricardo Patrício	Boavista trail	04:43:58	+01:50:37	09:10	
35	34	Paulo Sérgio Mendes Sousa	Individual	04:44:00	+01:50:39	09:10	
36	5	António Paulo	António Paulo	04:49:12	+01:55:51	09:20	
37	3	João Almada	ADT	04:51:50	+01:58:29	09:25	
38	58	Bruno Almeida	Individual	04:54:56	+02:01:35	09:31	
39	8	João Rocha	Associação Cultural Bunheirense	04:55:00	+02:01:39	09:31	
40	53	Xavier Rocha	Sozense Trail- Corind/ Braga&Fernandes	05:03:58	+02:10:37	09:48	
41	33	Jorge Miguel de Bastos Loureiro	Individual	05:17:32	+02:24:11	10:15	
42	57	Diogo Caldeira	PUPILOS DO ZÉ TÓ	05:20:04	+02:26:43	10:19	

TRAIL LONGO - STAGE 1 — 31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	46	Filipe Almeida	PUPILOS DO ZÉ TÓ	05:20:04	+02:26:43	10:19	
44	37	Paulo Jorge dos Santos Pereira	Individual	05:35:24	+02:42:03	10:49	
45	44	Célia Serra	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	05:46:45	+02:53:24	11:11	
46	24	Fábio Branco	Individual	05:56:56	+03:03:35	11:31	
47	38	António Manuel da Fonseca Pereira	Individual	06:08:39	+03:15:18	11:54	
48	12	Marilyn Lourenço	CLTT - Clínica Litoralis Trail Team	06:08:40	+03:15:19	11:54	
49	17	Paula Duarte	DCI/Trilhos Luso Bussaco	07:09:29	+04:16:08	13:51	

Trail Rota das Fontes
Castanheira do Vouga
22-março-2026

Trail Longo — 31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	12,8ºC	79%
End	15:41	12,8ºC	79%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	11	Sofia Padilha	Centro Trail Carlos Sá Penacova Team	Senior Feminino	03:53:57		07:33
2	15	INÊS TEIXEIRA	DAR - Desportivo Atlético de Recardães	Senior Feminino	04:00:01	+06:03	07:45
3	54	Liliana Ferreira	Sport Clube Paradela	Senior Feminino	04:02:48	+08:51	07:50
4	14	Leida Bello	Clube Desportivo Feirense	Senior Feminino	04:07:05	+13:08	07:58
5	6	Ana Pereira	Associação Cultural Bunheirense	Senior Feminino	04:43:47	+49:50	09:09
Senior Masculino							
1	47	Carlos Domingues	Saca Trilhos Anadia	Senior Masculino	03:19:34		06:26
2	49	Filipe Costa	Saca Trilhos Anadia	Senior Masculino	03:26:02	+06:27	06:39
3	4	João Rodrigues	Alandroal United Runners	Senior Masculino	03:30:26	+10:52	06:47
4	39	JOAO CRUZ	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	Senior Masculino	03:35:28	+15:53	06:57
5	48	David Araújo	Saca Trilhos Anadia	Senior Masculino	04:12:03	+52:28	08:08
6	40	TIAGO SANTOS	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	Senior Masculino	04:20:42	+01:01:07	08:25
7	26	Marco Simões	Individual	Senior Masculino	04:32:44	+01:13:09	08:48
8	7	Sérgio Ruela	Associação Cultural Bunheirense	Senior Masculino	04:34:40	+01:15:06	08:52
9	53	Xavier Rocha	Sozense Trail- Corind/ Braga&Fernandes	Senior Masculino	05:03:58	+01:44:24	09:48
10	57	Diogo Caldeira	PUPILOS DO ZÉ TÓ	Senior Masculino	05:20:04	+02:00:29	10:19
11	24	Fábio Branco	Individual	Senior Masculino	05:56:56	+02:37:22	11:31
Veterana F40							
1	28	Paula Sofia Coutinho Soares	Saca Trilhos Anadia	Veterana F40	03:45:10		07:16
2	43	Ana Melo	Saca Trilhos Anadia	Veterana F40	04:20:27	+35:16	08:24
3	12	Marilyn Lourenço	CLTT - Clínica Litoralis Trail Team	Veterana F40	06:08:40	+02:23:29	11:54
Veterana F50							
1	44	Célia Serra	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	Veterana F50	05:46:45		11:11
2	17	Paula Duarte	DCI/Trilhos Luso Bussaco	Veterana F50	07:09:29	+01:22:43	13:51

Trail Longo

31 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	51	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	Veterano M40	02:53:21		05:36
2	31	Fábio Carvalho	Individual	Veterano M40	03:02:58	+09:37	05:54
3	19	Valter Matos	DCI/Trilhos Luso Bussaco	Veterano M40	03:24:34	+31:12	06:36
4	13	João Margarido	CLTT - Clínica Litoralis Trail Team	Veterano M40	03:27:43	+34:21	06:42
5	32	Henrique Madeira	Individual	Veterano M40	03:30:48	+37:26	06:48
6	56	JOSIAS MEIRA	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	Veterano M40	03:31:43	+38:21	06:50
7	30	Bruno Marques	Individual	Veterano M40	03:49:41	+56:19	07:25
8	2	Victor Fernandes	ADAmarante	Veterano M40	03:50:42	+57:21	07:27
9	50	João Almeida	Saca Trilhos Anadia	Veterano M40	03:53:41	+01:00:20	07:32
10	55	Ricardo Varalonga	Sport Clube Paradela	Veterano M40	03:57:40	+01:04:18	07:40
11	20	Vitor Pereira	DCI/Trilhos Luso Bussaco	Veterano M40	04:09:33	+01:16:11	08:03
12	10	Pedro Monteiro	CATR-Correio de Albergaria Trail Running	Veterano M40	04:12:09	+01:18:47	08:08
13	18	Pedro Lopes	DCI/Trilhos Luso Bussaco	Veterano M40	04:34:48	+01:41:26	08:52
14	9	Ricardo Patrício	Boavista trail	Veterano M40	04:43:58	+01:50:36	09:10
15	34	Paulo Sérgio Mendes Sousa	Individual	Veterano M40	04:44:00	+01:50:38	09:10
16	8	João Rocha	Associação Cultural Bunheirense	Veterano M40	04:55:00	+02:01:38	09:31
17	33	Jorge Miguel de Bastos Loureiro	Individual	Veterano M40	05:17:32	+02:24:11	10:15

Veterano M50

1	42	VITAL ESPINHAL	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	Veterano M50	03:58:34		07:42
2	22	David Coutinho	DURA-F1 RACETEAM	Veterano M50	04:01:49	+03:14	07:48
3	45	Pedro Fernandes	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	Veterano M50	04:20:21	+21:46	08:24
4	21	Horácio Ferreira	DCI/Trilhos Luso Bussaco	Veterano M50	04:33:19	+34:44	08:49
5	58	Bruno Almeida	Individual	Veterano M50	04:54:56	+56:21	09:31
6	46	Filipe Almeida	PUPILOS DO ZÉ TÓ	Veterano M50	05:20:04	+01:21:29	10:19
7	37	Paulo Jorge dos Santos Pereira	Individual	Veterano M50	05:35:24	+01:36:49	10:49

Veterano M60

1	16	José Martins	DAR - Desportivo Atlético de Recardães	Veterano M60	03:22:03		06:31
2	5	António Paulo	António Paulo	Veterano M60	04:49:12	+01:27:09	09:20
3	3	João Almada	ADT	Veterano M60	04:51:50	+01:29:47	09:25
4	38	António Manuel da Fonseca Pereira	Individual	Veterano M60	06:08:39	+02:46:36	11:54

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	SACA TRILHOS ANADIA	1 + 3 + 6	10
2	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	10 + 11 + 18	39
3	DCI/TRILHOS LUSO BUSSACO	5 + 23 + 30	58
4	ASSOCIAÇÃO CULTURAL BUNHEIRENSE	31 + 33 + 39	103

Trail Rota das Fontes
Castanheira do Vouga
22-março-2026

TRAIL CURTO - STAGE 1 — 16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	13,2ºC	79%
End	15:29	13,2ºC	79%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	159	Luis Manuel Pinho Diogo	DCI/Trilhos Luso Bussaco	01:52:48		07:03	
2	158	Carlos Dias	DCI/Trilhos Luso Bussaco	01:54:57	+02:09	07:11	
3	267	Sérgio Manito	Saca Trilhos Anadia	02:00:16	+07:28	07:31	
4	271	Marcos Ferreira	Sport Clube Paradela	02:02:38	+09:50	07:40	
5	243	José Manuel Gomes Nunes	Individual	02:03:51	+11:03	07:44	
6	215	Miguel Silva	Saca Trilhos Anadia	02:06:21	+13:33	07:54	
7	150	SAMUEL SANTOS	DAR - Desportivo Atlético de Recardães	02:08:02	+15:14	08:00	
8	149	Jose margarido	CLTT - Clínica Litoralis Trail Team	02:10:13	+17:25	08:08	
9	125	Augusto Tavares	Associação Cultural Bunheirense	02:13:19	+20:31	08:20	
10	135	Tiago Duarte	C.D.C. Paradela do Vouga	02:15:31	+22:43	08:28	
11	180	André Gomes	Individual	02:15:45	+22:57	08:29	
12	160	Marco Simões	DCI/Trilhos Luso Bussaco	02:16:11	+23:23	08:31	
13	154	SÉRGIO RODRIGUES	DAR - Desportivo Atlético de Recardães	02:19:06	+26:18	08:42	
14	258	Frederico Salgado	ORTHIA TRAIL DO SERROTE	02:19:47	+26:59	08:44	
15	200	Luis Ferreira	Individual	02:20:36	+27:48	08:47	
16	197	Jorge Campos	Individual	02:22:08	+29:20	08:53	
17	181	André Oliveira	Individual	02:23:05	+30:17	08:57	
18	210	Tiago Dias	Individual	02:23:13	+30:25	08:57	
19	106	João Pires	ADABEM Running Team	02:23:30	+30:42	08:58	
20	246	Carlos Duarte	Individual	02:25:10	+32:22	09:04	
21	134	Manuel Vicente	BiciARCA Run Team	02:26:12	+33:24	09:08	
22	230	João Alves	Individual	02:26:58	+34:10	09:11	
23	151	BRUNO RODRIGUES	DAR - Desportivo Atlético de Recardães	02:27:43	+34:55	09:14	
24	266	Filipe Silva	Saca Trilhos Anadia	02:27:56	+35:08	09:15	
25	152	JORGE FERREIRA	DAR - Desportivo Atlético de Recardães	02:28:30	+35:42	09:17	
26	175	Beatriz Alves	Individual	02:28:30	+35:42	09:17	
27	119	José Sousa	Associação Cultural Bunheirense	02:29:07	+36:19	09:19	
28	127	João Garrido	Associação Cultural Bunheirense	02:30:00	+37:12	09:22	
29	173	Rúben Martins	Tainadas Run Team - Somengil	02:32:59	+40:11	09:34	
30	132	Rodrigo Gouveia	BiciARCA Run Team	02:35:43	+42:55	09:44	
31	273	Daniel Alexandre	Sport Clube Paradela	02:36:17	+43:29	09:46	
32	261	Luís Pereira	Passo a Passo	02:37:17	+44:29	09:50	
33	161	Amilcar Goncalves	DCI/Trilhos Luso Bussaco	02:37:49	+45:01	09:52	
34	105	Igor Gomes	AD Manteigas Trail Team	02:39:08	+46:20	09:57	
35	274	Ricardo Jorge Rebelo Vidal	Sport Clube Paradela	02:41:30	+48:42	10:06	
36	213	Daniel Ferreira	Individual	02:43:04	+50:16	10:11	
37	244	Mário Oliveira	Individual	02:45:10	+52:22	10:19	
38	112	Zenaide Alves	ARSM - Associação Recreativa de São Miguel	02:45:11	+52:23	10:19	
39	156	NUNO SANTOS	DAR - Desportivo Atlético de Recardães	02:46:43	+53:55	10:25	
40	216	Alexandra Gomes	Individual	02:47:53	+55:05	10:30	
41	287	Sofia Costa	Sport Clube Paradela	02:48:15	+55:27	10:31	
42	279	Nuno Martinho	Tainadas Run Team - Somengil	02:48:24	+55:36	10:31	

TRAIL CURTO - STAGE 1 — 16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	256	Narciso Pinho	Núcleo de Veteranos Beira Vouga	02:49:27	+56:39	10:35	
44	133	António Rodrigues	BiciARCA Run Team	02:50:32	+57:44	10:40	
45	225	Carlos Estrela	Individual	02:52:13	+59:25	10:46	
46	198	Jorge Cardoso	Individual	02:52:17	+59:29	10:46	
47	142	Carlos Amílcar	CATR-Correio de Albergaria Trail Running	02:52:23	+59:35	10:46	
48	192	Hugo Marques	Individual	02:52:24	+59:36	10:46	
49	245	CARLOS ALMEIDA	Individual	02:52:53	+01:00:05	10:48	
50	286	RICARDO HENRIQUES	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	02:53:48	+01:01:00	10:52	
51	272	Daniela Silva	Sport Clube Paradela	02:55:44	+01:02:56	10:59	
52	280	Daniel Simões	TRAIL BELA BELA	02:56:15	+01:03:27	11:01	
53	218	Joana Marreco	Individual	02:56:57	+01:04:09	11:04	
54	148	Cláudia Moreira	ADAmarante	02:57:00	+01:04:12	11:04	
55	131	Hélio José Esteves Simões	BiciARCA Run Team	02:58:36	+01:05:48	11:10	
56	108	Bruno Marques	ADF Bike Riders	02:58:39	+01:05:51	11:10	
57	234	Pedro Alves	Individual	02:58:39	+01:05:51	11:10	
58	153	PEDRO CARVALHO	DAR - Desportivo Atlético de Recardães	02:58:51	+01:06:03	11:11	
59	268	Silvino Pais	Saca Trilhos Anadia	02:59:00	+01:06:12	11:11	
60	196	Joni Campos	Individual	02:59:46	+01:06:58	11:14	
61	207	Sérgio Henriques	Individual	02:59:48	+01:07:00	11:14	
62	259	Mário Santos	Para sofrer	03:00:04	+01:07:16	11:15	
63	191	Hugo Luis	Individual	03:01:04	+01:08:16	11:19	
64	183	Bruno Filipe Rocha Ferreira	Individual	03:01:10	+01:08:22	11:19	
65	221	Carla Santos	Individual	03:01:48	+01:09:00	11:22	
66	269	Eduardo Meireles	Saca Trilhos Anadia	03:01:48	+01:09:00	11:22	
67	139	Sandra Ferreira	CalPet Run & Ride	03:02:09	+01:09:21	11:23	
68	228	Filipe Serra	Individual	03:03:12	+01:10:24	11:27	
69	165	Rosa Cerveira	Grupo Desportivo de Oliveira da Frades	03:06:54	+01:14:06	11:41	
70	251	Ricardo Branco	Lesmas Velozes	03:08:49	+01:16:01	11:48	
71	206	Rodrigo Cardoso	Individual	03:09:32	+01:16:44	11:51	
72	137	João Pacheco	CalPet Run & Ride	03:09:35	+01:16:47	11:51	
73	224	Bruno Melo	Individual	03:09:43	+01:16:55	11:51	
74	168	Edmundo Gonçalves Lopes	Hut Runners Aveiro	03:09:50	+01:17:02	11:52	
75	136	Sara Dinis	CalPet Run & Ride	03:10:03	+01:17:15	11:53	
76	238	António Trigueiro	Individual	03:10:08	+01:17:20	11:53	
77	275	João Saraiva	Sport Clube Paradela	03:12:53	+01:20:05	12:03	
78	255	Ernesto Martins	Mosqueteiros & Companhia	03:13:21	+01:20:33	12:05	
79	240	Carlos Ferreira	Individual	03:14:20	+01:21:32	12:09	
80	252	Mónica Fernandes	Mare	03:15:18	+01:22:30	12:12	
81	157	PAULO SILVA	DAR - Desportivo Atlético de Recardães	03:15:39	+01:22:51	12:14	
82	169	Francisco Leão	Individual	03:15:42	+01:22:54	12:14	
83	103	Hugo Guerra	ACTIB	03:17:07	+01:24:19	12:19	
84	116	Ana Sofia Chipelo	Associação Cultural Bunheirense	03:17:13	+01:24:25	12:20	
85	253	Paulo Ferreira	Mare	03:17:14	+01:24:26	12:20	
86	141	Severina Almeida	CATR-Correio de Albergaria Trail Running	03:17:18	+01:24:30	12:20	
87	232	Jorge Martins	Tainadas Run Team - Somengil	03:18:13	+01:25:25	12:23	
88	214	Gonçalo José Fernandes Romão	Individual	03:18:26	+01:25:38	12:24	

TRAIL CURTO - STAGE 1 — 16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	166	Joaquim Santos	Grupo Desportivo de Oliveira da Frades	03:18:36	+01:25:48	12:25	
90	102	Fátima Ribeiro	ACTIB	03:18:46	+01:25:58	12:25	
91	241	Fernando Manuel Ribeiro de Sousa	Individual	03:19:27	+01:26:39	12:28	
92	174	Aida Adams	Individual	03:19:44	+01:26:56	12:29	
93	281	Oscar Ramalho	TRAIL BELA BELA	03:20:30	+01:27:42	12:32	
94	193	JHONNY EURRESTA	Individual	03:22:49	+01:30:01	12:41	
95	109	Maria Rita Da Silva Fernandes	AGGVouzela	03:23:17	+01:30:30	12:42	
96	203	Miguel Abrantes	Individual	03:23:47	+01:30:59	12:44	
97	155	Alex Tondela	DAR - Desportivo Atlético de Recardães	03:25:27	+01:32:39	12:50	
98	140	Sandrine Matias	CalPet Run & Ride	03:26:10	+01:33:22	12:53	
99	270	Amilcar de Oliveira Raimundo	Sozense Trail Team - Braga & Fernandes Corind	03:27:17	+01:34:29	12:57	
100	227	EMIDIO MARQUES	Individual	03:28:26	+01:35:38	13:02	
101	195	João Gomes	Individual	03:29:33	+01:36:45	13:06	
102	278	Rosa Tavares	Tainadas Run Team - Somengil	03:30:42	+01:37:54	13:10	
103	242	Joao Campolargo	Individual	03:30:43	+01:37:55	13:10	
104	185	Bruno Silva	Individual	03:31:14	+01:38:26	13:12	
105	124	Paula Oliveira	Associação Cultural Bunheirense	03:31:49	+01:39:01	13:14	
106	189	Gabriel Gonçalves	Individual	03:32:12	+01:39:24	13:16	
107	209	Tiago da costa marques	Individual	03:34:57	+01:42:09	13:26	
108	167	Bruno Silveira	Hut Runners Aveiro	03:35:22	+01:42:34	13:28	
109	121	Ivone Reis	Associação Cultural Bunheirense	03:43:34	+01:50:46	13:58	
110	130	Eduardo Correia	BiciARCA Run Team	03:45:48	+01:53:00	14:07	
111	126	Gabriel Godinho	Associação Cultural Bunheirense	03:46:12	+01:53:24	14:08	
112	235	Pedro Cabrita	Individual	03:48:03	+01:55:15	14:15	
113	204	MIGUEL FRADE	Individual	03:50:06	+01:57:18	14:23	
114	276	Sandra Oliveira	Tainadas Run Team - Somengil	03:50:41	+01:57:53	14:25	
115	217	Cristina Soares	Individual	03:50:43	+01:57:55	14:25	
116	164	Bruno Tavares	Goodfellas	03:50:48	+01:58:00	14:26	
117	172	Rodrigo Arede De Oliveira	Individual	03:51:08	+01:58:20	14:27	
118	211	Ana Camilo	Individual	03:51:13	+01:58:25	14:27	
119	176	Marisa Marques	Individual	03:53:47	+02:00:59	14:37	
120	138	Luísa Mota	CalPet Run & Ride	03:56:39	+02:03:51	14:47	
121	247	José Tavares	Individual	03:57:11	+02:04:24	14:49	
122	223	Bruno Macedo	Individual	03:57:49	+02:05:01	14:52	
123	123	Celeste Dias	Associação Cultural Bunheirense	03:59:06	+02:06:18	14:57	
124	107	Cláudia Simões Costa Cardinal	ADAmarante	03:59:23	+02:06:35	14:58	
125	178	Sara Dias	Individual	03:59:29	+02:06:41	14:58	
126	147	Vasco Miguel Ferreira Cardoso	Cinfães a Correr	03:59:47	+02:06:59	14:59	
127	146	CÁTIA LUCIANA DE SOUSA MATOS	Cinfães a Correr	03:59:48	+02:07:00	14:59	
128	212	Cristiano Moreira	Individual	04:00:17	+02:07:29	15:01	
129	120	Aida Valente	Associação Cultural Bunheirense	04:04:29	+02:11:41	15:17	
130	128	José Rocha	Associação Cultural Bunheirense	04:04:30	+02:11:42	15:17	
131	208	SIMÃO PEREIRA	Individual	04:09:51	+02:17:03	15:37	
132	229	HUGO MATOS	Individual	04:09:52	+02:17:04	15:37	
133	260	Nelson Marques	Passo a Passo	04:11:06	+02:18:18	15:42	

TRAIL CURTO - STAGE 1 — 16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	262	Rufino Cardoso	Passo a Passo	04:11:06	+02:18:18	15:42	
135	282	Sandra Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	04:11:35	+02:18:47	15:43	
136	264	Patrícia da Silva Bernardino	Portugal_De_A_a_Z	04:11:56	+02:19:08	15:45	
137	265	Jorge da Silva Bernardino	Portugal_De_A_a_Z	04:11:59	+02:19:11	15:45	
138	219	Carla Alexandra Marinho Melo	Individual	04:13:23	+02:20:35	15:50	
139	171	Ricardo Fonseca Oliveira	Individual	04:14:38	+02:21:50	15:55	
140	170	R. Caçador	Individual	04:14:39	+02:21:51	15:55	
141	162	Beatriz Colaço	Equipa BF	04:16:15	+02:23:27	16:01	
142	163	Francisco Custódio	Equipa BF	04:16:15	+02:23:27	16:01	
143	144	Goreti Correia	CDC Macieira de Cambra	04:22:06	+02:29:18	16:23	
144	285	José Ricardo Marques Reis	Individual	04:26:07	+02:33:19	16:38	
145	104	Avelino Silva	ACTIB	04:28:08	+02:35:20	16:46	
146	199	Jorge Pinto	Individual	04:28:10	+02:35:22	16:46	
147	186	Carlos Monteiro	Individual	04:34:03	+02:41:15	17:08	
148	220	Carla lopes	Individual	04:34:21	+02:41:33	17:09	
149	117	Oriana Martins	Associação Cultural Bunheirense	04:39:12	+02:46:24	17:27	
150	129	Roberto Calisto	Associação Cultural Bunheirense	04:39:14	+02:46:26	17:27	
151	277	JOEL JOSÉ GONZÁLEZ EURRESTA	Tainadas Run Team - Somengil	04:41:14	+02:48:26	17:35	
152	237	António Couto	Individual	05:15:59	+03:23:11	19:45	
153	184	Bruno Martins	Individual	05:38:32	+03:45:44	21:09	
154	113	Catarina Monteiro	As Patinhas	05:58:10	+04:05:22	22:23	
155	114	Nanci Kelly	As Patinhas	05:58:10	+04:05:22	22:23	

Trail Rota das Fontes
Castanheira do Vouga
22-março-2026

Trail Curto — 16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	13,2ºC	79%
End	15:29	13,2ºC	79%

Junior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	173	Rúben Martins	Tainadas Run Team - Somengil	Junior Masculino	02:32:59		09:34
2	169	Francisco Leão	Individual	Junior Masculino	03:15:42	+42:42	12:14
3	172	Rodrigo Arede De Oliveira	Individual	Junior Masculino	03:51:08	+01:18:08	14:27
4	171	Ricardo Fonseca Oliveira	Individual	Junior Masculino	04:14:38	+01:41:38	15:55
5	170	R. Caçador	Individual	Junior Masculino	04:14:39	+01:41:39	15:55

Senior Feminino

1	175	Beatriz Alves	Individual	Senior Feminino	02:28:30		09:17
2	136	Sara Dinis	CalPet Run & Ride	Senior Feminino	03:10:03	+41:32	11:53
3	252	Mónica Fernandes	Mare	Senior Feminino	03:15:18	+46:48	12:12
4	116	Ana Sofia Chipelo	Associação Cultural Bunheirense	Senior Feminino	03:17:13	+48:42	12:20
5	174	Aida Adams	Individual	Senior Feminino	03:19:44	+51:14	12:29
6	276	Sandra Oliveira	Tainadas Run Team - Somengil	Senior Feminino	03:50:41	+01:22:10	14:25
7	176	Marisa Marques	Individual	Senior Feminino	03:53:47	+01:25:16	14:37
8	178	Sara Dias	Individual	Senior Feminino	03:59:29	+01:30:58	14:58
9	282	Sandra Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Feminino	04:11:35	+01:43:04	15:43
10	264	Patrícia da Silva Bernardino	Portugal_De_A_a_Z	Senior Feminino	04:11:56	+01:43:25	15:45
11	162	Beatriz Colaço	Equipa BF	Senior Feminino	04:16:15	+01:47:44	16:01
12	117	Oriana Martins	Associação Cultural Bunheirense	Senior Feminino	04:39:12	+02:10:42	17:27
13	113	Catarina Monteiro	As Patinhas	Senior Feminino	05:58:10	+03:29:39	22:23
14	114	Nanci Kelly	As Patinhas	Senior Feminino	05:58:10	+03:29:39	22:23

Senior Masculino

1	159	Luis Manuel Pinho Diogo	DCI/Trilhos Luso Bussaco	Senior Masculino	01:52:48		07:03
2	158	Carlos Dias	DCI/Trilhos Luso Bussaco	Senior Masculino	01:54:57	+02:08	07:11
3	271	Marcos Ferreira	Sport Clube Paradela	Senior Masculino	02:02:38	+09:49	07:40
4	150	SAMUEL SANTOS	DAR - Desportivo Atlético de Recardães	Senior Masculino	02:08:02	+15:13	08:00
5	180	André Gomes	Individual	Senior Masculino	02:15:45	+22:57	08:29
6	200	Luis Ferreira	Individual	Senior Masculino	02:20:36	+27:47	08:47
7	197	Jorge Campos	Individual	Senior Masculino	02:22:08	+29:19	08:53
8	181	André Oliveira	Individual	Senior Masculino	02:23:05	+30:16	08:57
9	210	Tiago Dias	Individual	Senior Masculino	02:23:13	+30:24	08:57
10	266	Filipe Silva	Saca Trilhos Anadia	Senior Masculino	02:27:56	+35:07	09:15
11	119	José Sousa	Associação Cultural Bunheirense	Senior Masculino	02:29:07	+36:18	09:19
12	198	Jorge Cardoso	Individual	Senior Masculino	02:52:17	+59:28	10:46

Trail Curto

16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

13	192	Hugo Marques	Individual	Senior Masculino	02:52:24	+59:35	10:46
14	280	Daniel Simões	TRAIL BELA BELA	Senior Masculino	02:56:15	+01:03:26	11:01
15	196	Joni Campos	Individual	Senior Masculino	02:59:46	+01:06:57	11:14
16	207	Sérgio Henriques	Individual	Senior Masculino	02:59:48	+01:06:59	11:14
17	191	Hugo Luis	Individual	Senior Masculino	03:01:04	+01:08:15	11:19
18	183	Bruno Filipe Rocha Ferreira	Individual	Senior Masculino	03:01:10	+01:08:21	11:19
19	251	Ricardo Branco	Lesmas Velozes	Senior Masculino	03:08:49	+01:16:01	11:48
20	206	Rodrigo Cardoso	Individual	Senior Masculino	03:09:32	+01:16:43	11:51
21	137	João Pacheco	CalPet Run & Ride	Senior Masculino	03:09:35	+01:16:46	11:51
22	193	JHONNY EURRESTA	Individual	Senior Masculino	03:22:49	+01:30:01	12:41
23	203	Miguel Abrantes	Individual	Senior Masculino	03:23:47	+01:30:59	12:44
24	195	João Gomes	Individual	Senior Masculino	03:29:33	+01:36:44	13:06
25	185	Bruno Silva	Individual	Senior Masculino	03:31:14	+01:38:25	13:12
26	189	Gabriel Gonçalves	Individual	Senior Masculino	03:32:12	+01:39:23	13:16
27	209	Tiago da costa marques	Individual	Senior Masculino	03:34:57	+01:42:08	13:26
28	204	MIGUEL FRADE	Individual	Senior Masculino	03:50:06	+01:57:18	14:23
29	208	SIMÃO PEREIRA	Individual	Senior Masculino	04:09:51	+02:17:03	15:37
30	163	Francisco Custódio	Equipa BF	Senior Masculino	04:16:15	+02:23:26	16:01
31	285	José Ricardo Marques Reis	Individual	Senior Masculino	04:26:07	+02:33:18	16:38
32	199	Jorge Pinto	Individual	Senior Masculino	04:28:10	+02:35:21	16:46
33	186	Carlos Monteiro	Individual	Senior Masculino	04:34:03	+02:41:14	17:08
34	277	JOEL JOSÉ GONZÁLEZ EURRESTA	Tainadas Run Team - Somengil	Senior Masculino	04:41:14	+02:48:25	17:35
35	184	Bruno Martins	Individual	Senior Masculino	05:38:32	+03:45:43	21:09

Sub 23 Feminino

1	211	Ana Camilo	Individual	Sub 23 Feminino	03:51:13		14:27

Sub 23 Masculino

1	215	Miguel Silva	Saca Trilhos Anadia	Sub 23 Masculino	02:06:21		07:54
2	135	Tiago Duarte	C.D.C. Paradela do Vouga	Sub 23 Masculino	02:15:31	+09:09	08:28
3	213	Daniel Ferreira	Individual	Sub 23 Masculino	02:43:04	+36:42	10:11
4	214	Gonçalo José Fernandes Romão	Individual	Sub 23 Masculino	03:18:26	+01:12:05	12:24
5	212	Cristiano Moreira	Individual	Sub 23 Masculino	04:00:17	+01:53:56	15:01

Veterana F40

1	216	Alexandra Gomes	Individual	Veterana F40	02:47:53		10:30
2	287	Sofia Costa	Sport Clube Paradela	Veterana F40	02:48:15	+00:21	10:31
3	272	Daniela Silva	Sport Clube Paradela	Veterana F40	02:55:44	+07:50	10:59
4	218	Joana Marreco	Individual	Veterana F40	02:56:57	+09:03	11:04
5	148	Cláudia Moreira	ADAmarante	Veterana F40	02:57:00	+09:06	11:04
6	141	Severina Almeida	CATR-Correio de Albergaria Trail Running	Veterana F40	03:17:18	+29:24	12:20

Trail Curto 16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

7	102	Fátima Ribeiro	ACTIB	Veterana F40	03:18:46	+30:52	12:25
8	140	Sandrine Matias	CalPet Run & Ride	Veterana F40	03:26:10	+38:16	12:53
9	121	Ivone Reis	Associação Cultural Bunheirense	Veterana F40	03:43:34	+55:40	13:58
10	217	Cristina Soares	Individual	Veterana F40	03:50:43	+01:02:49	14:25
11	138	Luísa Mota	CalPet Run & Ride	Veterana F40	03:56:39	+01:08:45	14:47
12	107	Cláudia Simões Costa Cardinal	ADAmarante	Veterana F40	03:59:23	+01:11:29	14:58
13	146	CÁTIA LUCIANA DE SOUSA MATOS	Cinfães a Correr	Veterana F40	03:59:48	+01:11:54	14:59
14	120	Aida Valente	Associação Cultural Bunheirense	Veterana F40	04:04:29	+01:16:35	15:17
15	144	Goreti Correia	CDC Macieira de Cambra	Veterana F40	04:22:06	+01:34:12	16:23

Veterana F50

1	112	Zenaide Alves	ARSM - Associação Recreativa de São Miguel	Veterana F50	02:45:11		10:19
2	221	Carla Santos	Individual	Veterana F50	03:01:48	+16:37	11:22
3	139	Sandra Ferreira	CalPet Run & Ride	Veterana F50	03:02:09	+16:58	11:23
4	109	Maria Rita Da Silva Fernandes	AGGVouzela	Veterana F50	03:23:17	+38:06	12:42
5	278	Rosa Tavares	Tainadas Run Team - Somengil	Veterana F50	03:30:42	+45:31	13:10
6	124	Paula Oliveira	Associação Cultural Bunheirense	Veterana F50	03:31:49	+46:37	13:14
7	123	Celeste Dias	Associação Cultural Bunheirense	Veterana F50	03:59:06	+01:13:54	14:57
8	219	Carla Alexandra Marinho Melo	Individual	Veterana F50	04:13:23	+01:28:11	15:50
9	220	Carla lopes	Individual	Veterana F50	04:34:21	+01:49:09	17:09

Veterana F60

1	165	Rosa Cerveira	Grupo Desportivo de Oliveira da Frades	Veterana F60	03:06:54		11:41

Veterano M40

1	267	Sérgio Manito	Saca Trilhos Anadia	Veterano M40	02:00:16		07:31
2	149	Jose margarido	CLTT - Clínica Litoralis Trail Team	Veterano M40	02:10:13	+09:57	08:08
3	125	Augusto Tavares	Associação Cultural Bunheirense	Veterano M40	02:13:19	+13:03	08:20
4	160	Marco Simões	DCI/Trilhos Luso Bussaco	Veterano M40	02:16:11	+15:55	08:31
5	154	SÉRGIO RODRIGUES	DAR - Desportivo Atlético de Recardães	Veterano M40	02:19:06	+18:50	08:42
6	258	Frederico Salgado	ORTHIA TRAIL DO SERROTE	Veterano M40	02:19:47	+19:31	08:44
7	230	João Alves	Individual	Veterano M40	02:26:58	+26:42	09:11
8	151	BRUNO RODRIGUES	DAR - Desportivo Atlético de Recardães	Veterano M40	02:27:43	+27:27	09:14
9	152	JORGE FERREIRA	DAR - Desportivo Atlético de Recardães	Veterano M40	02:28:30	+28:13	09:17
10	127	João Garrido	Associação Cultural Bunheirense	Veterano M40	02:30:00	+29:43	09:22
11	132	Rodrigo Gouveia	BiciARCA Run Team	Veterano M40	02:35:43	+35:26	09:44
12	273	Daniel Alexandre	Sport Clube Paradela	Veterano M40	02:36:17	+36:01	09:46
13	105	Igor Gomes	AD Manteigas Trail Team	Veterano M40	02:39:08	+38:51	09:57
14	274	Ricardo Jorge Rebelo Vidal	Sport Clube Paradela	Veterano M40	02:41:30	+41:14	10:06

Trail Curto

16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

15	279	Nuno Martinho	Tainadas Run Team - Somengil	Veterano M40	02:48:24	+48:07	10:31
16	225	Carlos Estrela	Individual	Veterano M40	02:52:13	+51:57	10:46
17	286	RICARDO HENRIQUES	LAAC - JOSÉ VIDAL / BAIRRADA - BIKE & SPORT	Veterano M40	02:53:48	+53:31	10:52
18	131	Hélio José Esteves Simões	BiciARCA Run Team	Veterano M40	02:58:36	+58:19	11:10
19	108	Bruno Marques	ADF Bike Riders	Veterano M40	02:58:39	+58:22	11:10
20	234	Pedro Alves	Individual	Veterano M40	02:58:39	+58:23	11:10
21	153	PEDRO CARVALHO	DAR - Desportivo Atlético de Recardães	Veterano M40	02:58:51	+58:35	11:11
22	259	Mário Santos	Para sofrer	Veterano M40	03:00:04	+59:48	11:15
23	228	Filipe Serra	Individual	Veterano M40	03:03:12	+01:02:55	11:27
24	224	Bruno Melo	Individual	Veterano M40	03:09:43	+01:09:27	11:51
25	168	Edmundo Gonçalves Lopes	Hut Runners Aveiro	Veterano M40	03:09:50	+01:09:33	11:52
26	103	Hugo Guerra	ACTIB	Veterano M40	03:17:07	+01:16:50	12:19
27	253	Paulo Ferreira	Mare	Veterano M40	03:17:14	+01:16:57	12:20
28	232	Jorge Martins	Tainadas Run Team - Somengil	Veterano M40	03:18:13	+01:17:56	12:23
29	227	EMIDIO MARQUES	Individual	Veterano M40	03:28:26	+01:28:10	13:02
30	167	Bruno Silveira	Hut Runners Aveiro	Veterano M40	03:35:22	+01:35:06	13:28
31	130	Eduardo Correia	BiciARCA Run Team	Veterano M40	03:45:48	+01:45:32	14:07
32	126	Gabriel Godinho	Associação Cultural Bunheirense	Veterano M40	03:46:12	+01:45:56	14:08
33	235	Pedro Cabrita	Individual	Veterano M40	03:48:03	+01:47:46	14:15
34	164	Bruno Tavares	Goodfellas	Veterano M40	03:50:48	+01:50:32	14:26
35	223	Bruno Macedo	Individual	Veterano M40	03:57:49	+01:57:32	14:52
36	128	José Rocha	Associação Cultural Bunheirense	Veterano M40	04:04:30	+02:04:14	15:17
37	229	HUGO MATOS	Individual	Veterano M40	04:09:52	+02:09:36	15:37
38	260	Nelson Marques	Passo a Passo	Veterano M40	04:11:06	+02:10:49	15:42

Veterano M50

1	243	José Manuel Gomes Nunes	Individual	Veterano M50	02:03:51		07:44
2	106	João Pires	ADABEM Running Team	Veterano M50	02:23:30	+19:38	08:58
3	134	Manuel Vicente	BiciARCA Run Team	Veterano M50	02:26:12	+22:20	09:08
4	261	Luís Pereira	Passo a Passo	Veterano M50	02:37:17	+33:25	09:50
5	161	Amilcar Goncalves	DCI/Trilhos Luso Bussaco	Veterano M50	02:37:49	+33:57	09:52
6	244	Mário Oliveira	Individual	Veterano M50	02:45:10	+41:18	10:19
7	156	NUNO SANTOS	DAR - Desportivo Atlético de Recardães	Veterano M50	02:46:43	+42:51	10:25
8	256	Narciso Pinho	Núcleo de Veteranos Beira Vouga	Veterano M50	02:49:27	+45:35	10:35
9	133	António Rodrigues	BiciARCA Run Team	Veterano M50	02:50:32	+46:40	10:40
10	142	Carlos Amílcar	CATR-Correio de Albergaria Trail Running	Veterano M50	02:52:23	+48:31	10:46
11	268	Silvino Pais	Saca Trilhos Anadia	Veterano M50	02:59:00	+55:08	11:11
12	238	António Trigueiro	Individual	Veterano M50	03:10:08	+01:06:16	11:53
13	275	João Saraiva	Sport Clube Paradela	Veterano M50	03:12:53	+01:09:01	12:03
14	240	Carlos Ferreira	Individual	Veterano M50	03:14:20	+01:10:28	12:09
15	157	PAULO SILVA	DAR - Desportivo Atlético de Recardães	Veterano M50	03:15:39	+01:11:47	12:14
16	241	Fernando Manuel Ribeiro de Sousa	Individual	Veterano M50	03:19:27	+01:15:36	12:28

Trail Curto

16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

17	281	Oscar Ramalho	TRAIL BELA BELA	Veterano M50	03:20:30	+01:16:38	12:32
18	155	Alex Tondela	DAR - Desportivo Atlético de Recardães	Veterano M50	03:25:27	+01:21:35	12:50
19	270	Amilcar de Oliveira Raimundo	Sozense Trail Team - Braga & Fernandes Corind	Veterano M50	03:27:17	+01:23:25	12:57
20	242	Joao Campolargo	Individual	Veterano M50	03:30:43	+01:26:51	13:10
21	147	Vasco Miguel Ferreira Cardoso	Cinfães a Correr	Veterano M50	03:59:47	+01:55:55	14:59
22	262	Rufino Cardoso	Passo a Passo	Veterano M50	04:11:06	+02:07:14	15:42
23	265	Jorge da Silva Bernardino	Portugal_De_A_a_Z	Veterano M50	04:11:59	+02:08:07	15:45
24	129	Roberto Calisto	Associação Cultural Bunheirense	Veterano M50	04:39:14	+02:35:22	17:27
25	237	António Couto	Individual	Veterano M50	05:15:59	+03:12:07	19:45

Veterano M60

1	246	Carlos Duarte	Individual	Veterano M60	02:25:10		09:04
2	245	CARLOS ALMEIDA	Individual	Veterano M60	02:52:53	+27:43	10:48
3	269	Eduardo Meireles	Saca Trilhos Anadia	Veterano M60	03:01:48	+36:38	11:22
4	255	Ernesto Martins	Mosqueteiros & Companhia	Veterano M60	03:13:21	+48:11	12:05
5	166	Joaquim Santos	Grupo Desportivo de Oliveira da Frades	Veterano M60	03:18:36	+53:26	12:25
6	247	José Tavares	Individual	Veterano M60	03:57:11	+01:32:01	14:49
7	104	Avelino Silva	ACTIB	Veterano M60	04:28:08	+02:02:58	16:46

TEAM RESULTS - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DCI/TRILHOS LUSO BUSSACO	1 + 2 + 12	15
2	SACA TRILHOS ANADIA	3 + 6 + 24	33
3	DAR - DESPORTIVO ATLÉTICO DE RECARDÃES	7 + 13 + 23	43
4	ASSOCIAÇÃO CULTURAL BUNHEIRENSE	9 + 27 + 28	64
5	SPORT CLUBE PARADELA	4 + 31 + 35	70
6	BICIARCA RUN TEAM	21 + 30 + 44	95
7	TAINADAS RUN TEAM - SOMENGIL	29 + 42 + 87	158
8	CALPET RUN & RIDE	67 + 72 + 75	214
9	PASSO A PASSO	32 + 133 + 134	299
10	ACTIB	83 + 90 + 145	318

Trail Rota das Fontes
Castanheira do Vouga
22-março-2026

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:45	15,9ºC	69%
End	12:21	15,9ºC	69%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	420	Diogo Pimenta	DCI/Trilhos Luso Bussaco	01:03:11		06:19	
2	445	Daniel Carvalho	Individual	01:06:38	+03:27	06:40	
3	488	André Costa	TRAIL BELA BELA	01:09:16	+06:05	06:56	
4	492	Nuno Ribeiro	VVTR VALONGO DO VOUGA TRAIL RUNNING	01:10:30	+07:19	07:03	
5	417	Fernando Antunes	CDC Macieira de Cambra	01:10:32	+07:21	07:03	
6	424	RICARDO MENDES	GENS S.C TRAIL	01:14:00	+10:49	07:24	
7	450	Francisco Manuel Teixeira Marques	Individual	01:15:09	+11:58	07:31	
8	416	Nuno Teixeira	Caldas de São Jorge Sport Clube	01:16:43	+13:32	07:40	
9	458	Rúben Santos	Individual	01:22:11	+19:00	08:13	
10	473	Pedro Alexandre Mostardinha de de Almeida	Individual	01:22:35	+19:24	08:16	
11	482	Marcelo Martins Barbosa	Quem se lembrou???	01:25:23	+22:12	08:32	
12	498	Bárbara Almeida	Individual	01:25:24	+22:13	08:32	
13	456	Rafael Fernandes	Individual	01:25:25	+22:14	08:33	
14	484	Diogo Silva	Sport Clube Paradela	01:25:57	+22:46	08:36	
15	470	Bruno Ribeiro	Individual	01:26:02	+22:51	08:36	
16	493	Pedro Pandeirada	Baalmeida	01:26:48	+23:37	08:41	
17	411	Lídia Antunes	BiciARCA Run Team	01:29:09	+25:58	08:55	
18	407	José Moreira	Associação Cultural Bunheirense	01:29:51	+26:40	08:59	
19	418	Ivo Gonçalves	DAR - Desportivo Atlético de Recardães	01:30:36	+27:25	09:04	
20	459	Tiago Rodrigues	Individual	01:30:37	+27:26	09:04	
21	494	João Neves	Baalmeida	01:30:56	+27:45	09:06	
22	429	Leandro Margarido	Individual	01:31:12	+28:01	09:07	
23	454	Marcelo Miguel	Individual	01:31:14	+28:03	09:07	
24	472	Leandro Barros	Individual	01:31:42	+28:31	09:10	
25	481	André Tavares	Quem se lembrou???	01:31:56	+28:45	09:12	
26	486	Mariana Martins dos Santos	TRAIL BELA BELA	01:33:59	+30:48	09:24	
27	453	Jorge Santos	Individual	01:34:13	+31:02	09:25	
28	478	João Isidoro dos Santos	Individual	01:35:39	+32:28	09:34	
29	236	VITOR FERNANDES	Individual	01:35:39	+32:28	09:34	
30	406	Paulo Silva	Associação Cultural Bunheirense	01:35:49	+32:38	09:35	
31	483	Margarida Duarte	Saca Trilhos Anadia	01:36:12	+33:01	09:37	
32	489	Fábio Arede	TRAIL BELA BELA	01:38:26	+35:15	09:51	
33	442	Silvia da Silva	Individual	01:38:57	+35:46	09:54	
34	475	Francisco Silva	Individual	01:40:19	+37:08	10:02	
35	476	Paulo Silva	Individual	01:41:23	+38:12	10:08	
36	451	Hugo Antunes	Individual	01:42:12	+39:01	10:13	
37	448	Diogo Santos	Individual	01:42:32	+39:21	10:15	
38	463	Lucia silva	Individual	01:42:33	+39:22	10:15	
39	426	Carolina Bela Simões	Individual	01:42:34	+39:23	10:15	
40	467	Sónia Oliveira	Individual	01:43:34	+40:23	10:21	
41	443	Silvia Oliveira	Individual	01:43:35	+40:24	10:22	

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	452	João Silva	Individual	01:44:56	+41:45	10:30	
43	425	Andreia Pereira	Goodfellas	01:45:51	+42:40	10:35	
44	461	Afonso Santos	Individual	01:46:07	+42:56	10:37	
45	408	António Garrido	Associação Cultural Bunheirense	01:46:33	+43:22	10:39	
46	432	Catarina Granja	Individual	01:49:18	+46:07	10:56	
47	423	João Tavares	Espírito livre	01:49:49	+46:38	10:59	
48	436	Liliana Ferreira	Individual	01:49:50	+46:39	10:59	
49	465	Patrícia Maria Simões Martins	Individual	01:50:01	+46:50	11:00	
50	447	Diogo Santos	Individual	01:50:32	+47:21	11:03	
51	419	Marlene Martins	DCI/Trilhos Luso Bussaco	01:50:56	+47:45	11:06	
52	421	ANDREA MARQUES	DCI/Trilhos Luso Bussaco	01:51:26	+48:15	11:09	
53	487	Marina Simões	TRAIL BELA BELA	01:51:33	+48:22	11:09	
54	460	Tomás Inácio	Individual	01:51:41	+48:30	11:10	
55	497	Humberto Almeida	CATR-Correio de Albergaria Trail Running	01:51:41	+48:30	11:10	
56	490	MARCO GOMES	TRAIL BELA BELA	01:51:42	+48:31	11:10	
57	485	CRISTINA ABRANTES	TRAIL BELA BELA	01:51:43	+48:32	11:10	
58	491	RODRIGO NEVES	TRAIL BELA BELA	01:51:44	+48:33	11:10	
59	437	Mariana Oliveira Tavares	Individual	01:51:59	+48:48	11:12	
60	444	Vera Figueiredo	Individual	01:54:18	+51:07	11:26	
61	435	Joana Patrícia Alves Pereira	Individual	01:55:47	+52:36	11:35	
62	469	Rosa Santos	Individual	01:56:47	+53:36	11:41	
63	413	André Fernandes	Brigada dos Reumáticos	02:00:15	+57:04	12:02	
64	415	Stephen Sampaio	Brigada dos Reumáticos	02:00:16	+57:05	12:02	
65	474	Pedro Azevedo	Individual	02:00:18	+57:07	12:02	
66	431	Ana Tavares	Individual	02:00:18	+57:07	12:02	
67	480	Daniel Peixoto	PexTeam	02:02:09	+58:58	12:13	
68	479	Joana Costa	PexTeam	02:02:09	+58:58	12:13	
69	427	Mara Filipe Da Silva Almeida	Individual	02:02:57	+59:46	12:18	
70	428	Duarte Martins Miranda	Individual	02:02:58	+59:47	12:18	
71	401	Alexandra Figueiredo	ACTIB	02:03:01	+59:50	12:18	
72	414	Susana Almeida	Brigada dos Reumáticos	02:03:59	+01:00:48	12:24	
73	477	Ricardo José Tavares Moreira	Individual	02:04:40	+01:01:29	12:28	
74	402	Marta Cândido	ACTIB	02:05:44	+01:02:33	12:34	
75	439	Patrícia Simões	Individual	02:07:31	+01:04:20	12:45	
76	455	Marco Dias freire	Individual	02:07:31	+01:04:20	12:45	
77	405	Isabel costa	Associação Cultural Bunheirense	02:08:15	+01:05:04	12:49	
78	462	Dulce Sampaio dos reis	Individual	02:09:08	+01:05:57	12:55	
79	441	Sara Filipa	Individual	02:10:37	+01:07:26	13:04	
80	434	Fabiana Lima	Individual	02:10:37	+01:07:26	13:04	
81	464	Mónica Barbosa	Individual	02:12:04	+01:08:53	13:12	
82	422	Kelly Farias	DCI/Trilhos Luso Bussaco	02:12:23	+01:09:12	13:14	
83	446	David Alexandre Mendes Ferreira	Individual	02:16:06	+01:12:55	13:37	
84	438	Marlene Beatriz Domingues da Silva	Individual	02:18:50	+01:15:39	13:53	
85	466	Sara Silva	Individual	02:19:24	+01:16:13	13:56	
86	468	Susana Raquel Pinto de Matos	Individual	02:22:17	+01:19:06	14:14	
87	433	Cátia Machado	Individual	02:22:19	+01:19:08	14:14	

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	403	Cátia Silva	As Belas e Eles	02:27:45	+01:24:34	14:47	
89	404	Carla Barbosa	As Belas e Eles	02:27:46	+01:24:35	14:47	
90	409	Gabriela Ferreira Silva	Banda Castanheirense	02:35:01	+01:31:50	15:30	

Trail Rota das Fontes
Castanheira do Vouga
22-março-2026

Mini Trail — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:45	15,9ºC	69%
End	12:21	15,9ºC	69%

Junior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	483	Margarida Duarte	Saca Trilhos Anadia	Junior Feminino	01:36:12		09:37
2	426	Carolina Bela Simões	Individual	Junior Feminino	01:42:34	+06:22	10:15
3	427	Mara Filipe Da Silva Almeida	Individual	Junior Feminino	02:02:57	+26:44	12:18
4	401	Alexandra Figueiredo	ACTIB	Junior Feminino	02:03:01	+26:48	12:18
5	402	Marta Cândido	ACTIB	Junior Feminino	02:05:44	+29:32	12:34

Junior Masculino

1	428	Duarte Martins Miranda	Individual	Junior Masculino	02:02:58		12:18

Juvenil Masculino

1	429	Leandro Margarido	Individual	Juvenil Masculino	01:31:12		09:07

Senior Feminino

1	498	Bárbara Almeida	Individual	Senior Feminino	01:25:24		08:32
2	486	Mariana Martins dos Santos	TRAIL BELA BELA	Senior Feminino	01:33:59	+08:35	09:24
3	442	Silvia da Silva	Individual	Senior Feminino	01:38:57	+13:33	09:54
4	443	Silvia Oliveira	Individual	Senior Feminino	01:43:35	+18:11	10:22
5	425	Andreia Pereira	Goodfellas	Senior Feminino	01:45:51	+20:27	10:35
6	432	Catarina Granja	Individual	Senior Feminino	01:49:18	+23:54	10:56
7	436	Liliana Ferreira	Individual	Senior Feminino	01:49:50	+24:26	10:59
8	419	Marlene Martins	DCI/Trilhos Luso Bussaco	Senior Feminino	01:50:56	+25:32	11:06
9	487	Marina Simões	TRAIL BELA BELA	Senior Feminino	01:51:33	+26:09	11:09
10	485	CRISTINA ABRANTES	TRAIL BELA BELA	Senior Feminino	01:51:43	+26:19	11:10
11	437	Mariana Oliveira Tavares	Individual	Senior Feminino	01:51:59	+26:35	11:12
12	444	Vera Figueiredo	Individual	Senior Feminino	01:54:18	+28:54	11:26
13	435	Joana Patrícia Alves Pereira	Individual	Senior Feminino	01:55:47	+30:23	11:35
14	431	Ana Tavares	Individual	Senior Feminino	02:00:18	+34:54	12:02
15	439	Patrícia Simões	Individual	Senior Feminino	02:07:31	+42:06	12:45
16	441	Sara Filipa	Individual	Senior Feminino	02:10:37	+45:13	13:04
17	434	Fabiana Lima	Individual	Senior Feminino	02:10:37	+45:13	13:04
18	438	Marlene Beatriz Domingues da Silva	Individual	Senior Feminino	02:18:50	+53:26	13:53
19	433	Cátia Machado	Individual	Senior Feminino	02:22:19	+56:55	14:14
20	403	Cátia Silva	As Belas e Eles	Senior Feminino	02:27:45	+01:02:21	14:47

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Senior Masculino

1	420	Diogo Pimenta	DCI/Trilhos Luso Bussaco	Senior Masculino	01:03:11		06:19
2	445	Daniel Carvalho	Individual	Senior Masculino	01:06:38	+03:26	06:40
3	488	André Costa	TRAIL BELA BELA	Senior Masculino	01:09:16	+06:04	06:56
4	424	RICARDO MENDES	GENS S.C TRAIL	Senior Masculino	01:14:00	+10:48	07:24
5	450	Francisco Manuel Teixeira Marques	Individual	Senior Masculino	01:15:09	+11:58	07:31
6	458	Rúben Santos	Individual	Senior Masculino	01:22:11	+19:00	08:13
7	482	Marcelo Martins Barbosa	Quem se lembrou???	Senior Masculino	01:25:23	+22:12	08:32
8	456	Rafael Fernandes	Individual	Senior Masculino	01:25:25	+22:14	08:33
9	484	Diogo Silva	Sport Clube Paradela	Senior Masculino	01:25:57	+22:46	08:36
10	418	Ivo Gonçalves	DAR - Desportivo Atlético de Recardães	Senior Masculino	01:30:36	+27:25	09:04
11	459	Tiago Rodrigues	Individual	Senior Masculino	01:30:37	+27:25	09:04
12	454	Marcelo Miguel	Individual	Senior Masculino	01:31:14	+28:03	09:07
13	481	André Tavares	Quem se lembrou???	Senior Masculino	01:31:56	+28:45	09:12
14	453	Jorge Santos	Individual	Senior Masculino	01:34:13	+31:01	09:25
15	489	Fábio Arede	TRAIL BELA BELA	Senior Masculino	01:38:26	+35:15	09:51
16	451	Hugo Antunes	Individual	Senior Masculino	01:42:12	+39:00	10:13
17	448	Diogo Santos	Individual	Senior Masculino	01:42:32	+39:20	10:15
18	452	João Silva	Individual	Senior Masculino	01:44:56	+41:45	10:30
19	447	Diogo Santos	Individual	Senior Masculino	01:50:32	+47:20	11:03
20	460	Tomás Inácio	Individual	Senior Masculino	01:51:41	+48:29	11:10
21	490	MARCO GOMES	TRAIL BELA BELA	Senior Masculino	01:51:42	+48:30	11:10
22	491	RODRIGO NEVES	TRAIL BELA BELA	Senior Masculino	01:51:44	+48:33	11:10
23	413	André Fernandes	Brigada dos Reumáticos	Senior Masculino	02:00:15	+57:03	12:02
24	455	Marco Dias freire	Individual	Senior Masculino	02:07:31	+01:04:20	12:45
25	446	David Alexandre Mendes Ferreira	Individual	Senior Masculino	02:16:06	+01:12:54	13:37

Sub 23 Feminino

1	409	Gabriela Ferreira Silva	Banda Castanheirense	Sub 23 Feminino	02:35:01		15:30

Sub 23 Masculino

1	461	Afonso Santos	Individual	Sub 23 Masculino	01:46:07		10:37

Veterana F40

1	411	Lídia Antunes	BiciARCA Run Team	Veterana F40	01:29:09		08:55
2	463	Lucia silva	Individual	Veterana F40	01:42:33	+13:24	10:15
3	467	Sónia Oliveira	Individual	Veterana F40	01:43:34	+14:24	10:21
4	465	Patrícia Maria Simões Martins	Individual	Veterana F40	01:50:01	+20:51	11:00
5	421	ANDREA MARQUES	DCI/Trilhos Luso Bussaco	Veterana F40	01:51:26	+22:16	11:09
6	479	Joana Costa	PexTeam	Veterana F40	02:02:09	+32:59	12:13

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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7	414	Susana Almeida	Brigada dos Reumáticos	Veterana F40	02:03:59	+34:49	12:24
8	462	Dulce Sampaio dos reis	Individual	Veterana F40	02:09:08	+39:58	12:55
9	464	Mónica Barbosa	Individual	Veterana F40	02:12:04	+42:54	13:12
10	466	Sara Silva	Individual	Veterana F40	02:19:24	+50:14	13:56
11	468	Susana Raquel Pinto de Matos	Individual	Veterana F40	02:22:17	+53:08	14:14
12	404	Carla Barbosa	As Belas e Eles	Veterana F40	02:27:46	+58:36	14:47

Veterana F50

1	469	Rosa Santos	Individual	Veterana F50	01:56:47		11:41
2	405	Isabel costa	Associação Cultural Bunheirense	Veterana F50	02:08:15	+11:27	12:49
3	422	Kelly Farias	DCI/Trilhos Luso Bussaco	Veterana F50	02:12:23	+15:36	13:14

Veterano M40

1	492	Nuno Ribeiro	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterano M40	01:10:30		07:03
2	416	Nuno Teixeira	Caldas de São Jorge Sport Clube	Veterano M40	01:16:43	+06:13	07:40
3	473	Pedro Alexandre Mostardinha de de Almeida	Individual	Veterano M40	01:22:35	+12:05	08:16
4	470	Bruno Ribeiro	Individual	Veterano M40	01:26:02	+15:32	08:36
5	493	Pedro Pandeirada	Baalmeida	Veterano M40	01:26:48	+16:17	08:41
6	494	João Neves	Baalmeida	Veterano M40	01:30:56	+20:25	09:06
7	472	Leandro Barros	Individual	Veterano M40	01:31:42	+21:12	09:10
8	236	VITOR FERNANDES	Individual	Veterano M40	01:35:39	+25:09	09:34
9	406	Paulo Silva	Associação Cultural Bunheirense	Veterano M40	01:35:49	+25:18	09:35
10	415	Stephen Sampaio	Brigada dos Reumáticos	Veterano M40	02:00:16	+49:45	12:02
11	474	Pedro Azevedo	Individual	Veterano M40	02:00:18	+49:47	12:02
12	480	Daniel Peixoto	PexTeam	Veterano M40	02:02:09	+51:38	12:13

Veterano M50

1	417	Fernando Antunes	CDC Macieira de Cambra	Veterano M50	01:10:32		07:03
2	407	José Moreira	Associação Cultural Bunheirense	Veterano M50	01:29:51	+19:19	08:59
3	475	Francisco Silva	Individual	Veterano M50	01:40:19	+29:47	10:02
4	476	Paulo Silva	Individual	Veterano M50	01:41:23	+30:51	10:08
5	423	João Tavares	Espírito livre	Veterano M50	01:49:49	+39:17	10:59
6	497	Humberto Almeida	CATR-Correio de Albergaria Trail Running	Veterano M50	01:51:41	+41:09	11:10
7	477	Ricardo José Tavares Moreira	Individual	Veterano M50	02:04:40	+54:08	12:28

Veterano M60

1	478	João Isidoro dos Santos	Individual	Veterano M60	01:35:39		09:34

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	408	António Garrido	Associação Cultural Bunheirense	Veterano M60	01:46:33	+10:54	10:39

TEAM RESULTS - MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	TRAIL BELA BELA	3 + 26 + 32	61
2	ASSOCIAÇÃO CULTURAL BUNHEIRENSE	18 + 30 + 45	93
3	DCI/TRILHOS LUSO BUSSACO	1 + 51 + 52	104
4	BRIGADA DOS REUMÁTICOS	63 + 64 + 72	199