10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	16.1ºC	88%
End	11:34	16.1ºC	88%

Junior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	33	Rita Gomes	C.F. Oliveira do Douro	Junior Feminino	43:35		04:21
2	692	Carolina Costa	VALOREM	Junior Feminino	55:15	+11:40	05:31
3	530	Sofia Costa Pereira	Start Fitness Studio	Junior Feminino	01:02:20	+18:45	06:14
4	135	Marta Beatriz Tavares Feiteira	Individual	Junior Feminino	01:06:05	+22:30	06:36
5	560	Maria João Riboeira	Torres	Junior Feminino	01:07:59	+24:24	06:48
6	676	Mariana Rodríguez	Pernas de Pau Velozes de Argoncile	Junior Feminino	01:08:30	+24:55	06:51
7	134	Mafalda Barbosa da Silva	Individual	Junior Feminino	01:12:22	+28:47	07:14

Junior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	48	Simão Flor	Centro de Atletismo do Porto	Junior Masculino	37:03		03:42
2	17	Tiago Silva	ACR Vale de Cambra	Junior Masculino	37:22	+00:19	03:44
3	35	Rafael Duarte	C.F. Oliveira do Douro	Junior Masculino	38:55	+01:52	03:53
4	36	Vitor Marques	C.F. Oliveira do Douro	Junior Masculino	39:39	+02:36	03:58
5	34	Arthur Leódido	C.F. Oliveira do Douro	Junior Masculino	39:55	+02:51	03:59
6	705	Francisco Marinho	Individual	Junior Masculino	46:03	+09:00	04:36
7	136	Gonçalo Ferreira	Individual	Junior Masculino	50:02	+12:59	05:00
8	22	luis Leite	Amigos das Menesas e Pombal	Junior Masculino	52:51	+15:48	05:17
9	138	Tiago Miguel Ramos Oliveira	Individual	Junior Masculino	53:56	+16:53	05:24
10	137	Hélder Silva	Individual	Junior Masculino	57:46	+20:43	05:47
11	405	José Colónia	Los Colónias	Junior Masculino	01:01:21	+24:18	06:08
12	547	Martim Marques Cação	Tartarugas de Seixezelo	Junior Masculino	01:07:39	+30:35	06:46

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	704	Andreia Santos	C.A.S. Tirso	Senior Feminino	37:05		03:43
2	117	Marta Martins	GDC Guilhovai	Senior Feminino	37:31	+00:25	03:45
3	37	Ana Alves	C.F. Oliveira do Douro	Senior Feminino	38:15	+01:09	03:49
4	143	Ana santos	Individual	Senior Feminino	42:17	+05:11	04:14
5	13	Sara Maria Dias Pereira	ACADEMIA FERNANDA RIBEIRO	Senior Feminino	42:46	+05:40	04:17
6	93	CRISTIANA SANTOS	EV-PERALTAFIL	Senior Feminino	44:00	+06:54	04:24
7	74	Ana Pinho	Clube Spiridon de Gaia	Senior Feminino	45:16	+08:10	04:32
8	70	Vera Ferreira	Clube Desportivo Feirense	Senior Feminino	45:36	+08:30	04:34
9	171	Maria João Silva	Individual	Senior Feminino	45:39	+08:33	04:34
10	645	Beu Ribeiro	Nascidos Para Correr - Associação Desportiva	Senior Feminino	45:57	+08:51	04:36
11	459	Cátia Pereira	Petrus Runners	Senior Feminino	46:54	+09:48	04:41
12	139	Álvaro Sousa	Individual	Senior Feminino	48:30	+11:24	04:51

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

13	415	Patricia Pereira	Madugym	Senior Feminino	49:17	+12:11	04:56
14	461	Joana Fortuna	Petrus Runners	Senior Feminino	50:36	+13:30	05:04
15	175	Priscila Diana	Individual	Senior Feminino	51:28	+14:22	05:09
16	145	Andreia Raquel Fernandes Soares Teixeira	Individual	Senior Feminino	52:48	+15:42	05:17
17	146	Andreia Sampaio	Individual	Senior Feminino	54:23	+17:17	05:26
18	411	Filipa Costa	Madugym	Senior Feminino	54:31	+17:25	05:27
19	90	Carina Gonçalves	EquipaBoot	Senior Feminino	54:43	+17:37	05:28
20	501	Lisa Robalinho	PreGo run	Senior Feminino	55:04	+17:58	05:30
21	179	Sílvia Magalhães	Individual	Senior Feminino	55:18	+18:12	05:32
22	466	Sónia Monteiro	Petrus Runners	Senior Feminino	55:31	+18:25	05:33
23	152	Catia Gomes	Individual	Senior Feminino	55:57	+18:51	05:36
24	91	Sara Nogueira	EquipaBoot	Senior Feminino	56:01	+18:55	05:36
25	180	Silvia da Mota Caldana	Individual	Senior Feminino	56:24	+19:18	05:38
26	142	Ana Rita Lopes Guedes	Individual	Senior Feminino	57:09	+20:03	05:43
27	595	Rita Matos	Individual	Senior Feminino	57:09	+20:03	05:43
28	498	Andreia Soares	PreGo run	Senior Feminino	57:48	+20:42	05:47
29	464	Maria João Barbosa	Petrus Runners	Senior Feminino	58:19	+21:14	05:50
30	568	Mariana Vieira	União Atletismo do Porto	Senior Feminino	58:48	+21:42	05:53
31	685	Vanessa Gomes	Treze	Senior Feminino	58:55	+21:49	05:54
32	593	Joana Oliveira	Individual	Senior Feminino	59:27	+22:21	05:57
33	548	Vânia Alves	Tartarugas de Seixezelo	Senior Feminino	59:44	+22:38	05:58
34	167	Jéssica Silva	Individual	Senior Feminino	01:00:00	+22:55	06:00
35	460	Fátima Santos	Petrus Runners	Senior Feminino	01:00:09	+23:04	06:01
36	416	Sara Oliveira	Madugym	Senior Feminino	01:00:27	+23:21	06:03
37	533	Luisa Ferreira	Start Fitness Studio	Senior Feminino	01:00:27	+23:21	06:03
38	174	Patrícia Santos	Individual	Senior Feminino	01:00:28	+23:22	06:03
39	155	Daniela Castro	Individual	Senior Feminino	01:00:29	+23:23	06:03
40	500	Catarina Amorim	PreGo run	Senior Feminino	01:00:55	+23:49	06:05
41	184	Teresa Tato Lima	Individual	Senior Feminino	01:00:59	+23:53	06:06
42	85	Sofia Gil	Corrida do Pedro	Senior Feminino	01:01:33	+24:27	06:09
43	140	Ana Gomes	Individual	Senior Feminino	01:02:41	+25:35	06:16
44	579	Margarida Moreira	A400	Senior Feminino	01:03:40	+26:34	06:22
45	186	Vanessa Cáceres de Jesus	Individual	Senior Feminino	01:03:42	+26:36	06:22
46	129	Cecília Moreira	Generation Três	Senior Feminino	01:04:00	+26:54	06:24
47	465	Monica Morais	Petrus Runners	Senior Feminino	01:04:48	+27:42	06:29
48	185	Vanessa Alves	Individual	Senior Feminino	01:05:01	+27:55	06:30
49	141	Ana Lis Guadalupe Diaz	Individual	Senior Feminino	01:05:41	+28:35	06:34
50	417	Tatiana Silva	Madugym	Senior Feminino	01:05:44	+28:38	06:34
51	177	Rita Santos	Individual	Senior Feminino	01:05:55	+28:49	06:35
52	578	Catarina Araújo	A400	Senior Feminino	01:06:01	+28:55	06:36
53	393	Joana Carmo	JI	Senior Feminino	01:06:21	+29:15	06:38
54	168	Jéssika costa	Individual	Senior Feminino	01:06:27	+29:21	06:39
55	462	Joana Isabel Rocha da Silva	Petrus Runners	Senior Feminino	01:06:42	+29:36	06:40
56	687	Filipa Ferreira	União Académica de Avintes	Senior Feminino	01:06:43	+29:37	06:40
57	628	Elisabete Veloso	Madugym	Senior Feminino	01:07:26	+30:20	06:45
58	158	Erica sousa	Individual	Senior Feminino	01:07:32	+30:26	06:45

59	574	Rita Batistute	Velora	Senior Feminino	01:07:56	+30:50	06:48
60	165	Isabel Rodrigues	Individual	Senior Feminino	01:08:33	+31:28	06:51
61	164	Isabel Patrícia Silva Brandão	Individual	Senior Feminino	01:08:41	+31:35	06:52
62	157	Diana Vasconcelos	Individual	Senior Feminino	01:08:55	+31:49	06:54
63	163	Inês Santos	Individual	Senior Feminino	01:09:04	+31:58	06:54
64	148	Beatriz Sousa de Matos	Individual	Senior Feminino	01:09:42	+32:36	06:58
65	144	Ana Silva	Individual	Senior Feminino	01:10:11	+33:05	07:01
66	183	Teresa Azevedo Soares	Individual	Senior Feminino	01:11:11	+34:05	07:07
67	160	Francisca Amador	Individual	Senior Feminino	01:12:25	+35:19	07:14
68	113	Sara Orosa	Fomos obrigados	Senior Feminino	01:13:03	+35:57	07:18
69	172	Mónica Ribeiro	Individual	Senior Feminino	01:13:08	+36:02	07:19
70	147	Audoeme Veras	Individual	Senior Feminino	01:14:00	+36:54	07:24
71	173	Patrícia Ribeiro da Silva	Individual	Senior Feminino	01:15:45	+38:39	07:35
72	414	Mariana Silva	Madugym	Senior Feminino	01:15:58	+38:52	07:36
73	154	Daniela Alexandra Guedes Coelho	Individual	Senior Feminino	01:16:33	+39:27	07:39
74	161	Francisca Morais	Individual	Senior Feminino	01:17:15	+40:10	07:44
75	166	Isabel Silva	Individual	Senior Feminino	01:18:09	+41:03	07:49
76	181	Soraia Santos	Individual	Senior Feminino	01:18:12	+41:06	07:49
77	156	Daniela Filipa Tavares de Oliveira Leça	Individual	Senior Feminino	01:20:09	+43:03	08:01
78	178	Sara Mota da Silva	Individual	Senior Feminino	01:20:09	+43:03	08:01
79	531	Ana Margarida Feiteira	Start Fitness Studio	Senior Feminino	01:20:22	+43:16	08:02
80	84	Salomé Trigo	Corrida do Pedro	Senior Feminino	01:21:51	+44:45	08:11
81	412	Inés Lopes	Madugym	Senior Feminino	01:22:09	+45:03	08:13
82	50	Jessica Fróis	Chamem do INEM	Senior Feminino	01:23:22	+46:16	08:20

Senior Masculino

1	100	RICARDO PEREIRA	EV-PERALTAFIL	Senior Masculino	31:56		03:12
2	94	ESMÉNIO BEIRÃO	EV-PERALTAFIL	Senior Masculino	32:40	+00:44	03:16
3	118	Luis Mendes	GDC Guilhovai	Senior Masculino	32:44	+00:47	03:16
4	99	RENATO SOUSA	EV-PERALTAFIL	Senior Masculino	32:48	+00:52	03:17
5	524	Daniel Sousa	Sport Clube Beira-Mar	Senior Masculino	33:13	+01:16	03:19
6	54	SERGIO PAIVA	CLUBE DE ATLETISMO DE OVAR	Senior Masculino	33:55	+01:59	03:24
7	304	Wilson Cabral	Individual	Senior Masculino	34:00	+02:04	03:24
8	576	Fernando Machado	Vizela Corre	Senior Masculino	34:53	+02:56	03:29
9	527	Tiago Rosas	Sporting Clube de Espinho / António Leitão	Senior Masculino	34:56	+02:59	03:30
10	95	HELDER PIRES	EV-PERALTAFIL	Senior Masculino	35:00	+03:03	03:30
11	525	Fabio Correia	Sporting Clube de Espinho / António Leitão	Senior Masculino	35:14	+03:17	03:31
12	53	CELSO LEITE	CLUBE DE ATLETISMO DE OVAR	Senior Masculino	35:52	+03:55	03:35
13	648	João Oliveira	Nascidos Para Correr - Associação Desportiva	Senior Masculino	36:11	+04:15	03:37
14	65	Pedro Magolo	Clube de Futebol União de Lamas	Senior Masculino	36:20	+04:23	03:38
15	512	Pedro Cardoso	SCESPINHO TRIATLO	Senior Masculino	37:36	+05:39	03:46
16	14	Marco Soares	ACD OS Ilhavos	Senior Masculino	37:40	+05:43	03:46

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

17	647	João Campos	Nascidos Para Correr - Associação Desportiva	Senior Masculino	38:04	+06:08	03:48
18	649	Pedro Gomes	Nascidos Para Correr - Associação Desportiva	Senior Masculino	38:08	+06:11	03:49
19	221	Filipe Martins	Individual	Senior Masculino	38:24	+06:27	03:50
20	443	Jorge Silva	NBA Barrosas	Senior Masculino	38:50	+06:53	03:53
21	66	Pedro Trombatella	Clube de Futebol União de Lamas	Senior Masculino	38:54	+06:57	03:53
22	299	Tiago Oliveira	Individual	Senior Masculino	38:55	+06:59	03:54
23	38	Tomás Fonseca	C.F. Oliveira do Douro	Senior Masculino	38:57	+07:00	03:54
24	526	Jorge Vasques	Sporting Clube de Espinho / António Leitão	Senior Masculino	39:32	+07:35	03:57
25	233	João Campos Cunha	Individual	Senior Masculino	39:34	+07:38	03:57
26	196	Bruno Carvalho	Individual	Senior Masculino	39:37	+07:40	03:58
27	424	Miguel Tavares	Madugym	Senior Masculino	39:59	+08:02	04:00
28	215	Fabio Costa	Individual	Senior Masculino	41:01	+09:04	04:06
29	469	Jorge Ribeiro	Petrus Runners	Senior Masculino	41:17	+09:20	04:08
30	438	Tiago Silva	Nascidos Para Correr - Associação Desportiva	Senior Masculino	41:27	+09:31	04:09
31	119	Rui Alves	GDC Guilhovai	Senior Masculino	41:44	+09:47	04:10
32	202	Bruno Rosinhas	Individual	Senior Masculino	42:01	+10:04	04:12
33	98	RAFAEL JESUS	EV-PERALTAFIL	Senior Masculino	42:04	+10:07	04:12
34	4	JORGE TEIXEIRA	4 ASES	Senior Masculino	42:06	+10:10	04:13
35	193	André Rocha	Individual	Senior Masculino	42:08	+10:11	04:13
36	550	Fábio Correia	TC Running	Senior Masculino	42:09	+10:12	04:13
37	650	Ricardo Gomes	Nascidos Para Correr - Associação Desportiva	Senior Masculino	42:13	+10:16	04:13
38	472	Sérgio Pereira	Petrus Runners	Senior Masculino	42:29	+10:32	04:15
39	187	Agostinho Lemos	Individual	Senior Masculino	42:44	+10:47	04:16
40	274	Pedro Ribeiro	Individual	Senior Masculino	42:52	+10:56	04:17
41	279	Rafael Silva	Individual	Senior Masculino	42:53	+10:57	04:17
42	681	Vasco Lino	Pernas de Pau Velozes de Argoncile	Senior Masculino	43:03	+11:06	04:18
43	237	João Santos	Individual	Senior Masculino	43:19	+11:23	04:20
44	42	Samuel Marques	Caldas S. Jorge Sport Clube	Senior Masculino	43:49	+11:52	04:23
45	535	Gonçalo Cardoso	Start Fitness Studio	Senior Masculino	44:07	+12:10	04:25
46	264	Paulo Resende	Individual	Senior Masculino	44:29	+12:33	04:27
47	89	Miguel Pereira	Equipa M&M	Senior Masculino	44:47	+12:50	04:29
48	290	Rui Pedro Teixeira	Individual	Senior Masculino	44:53	+12:56	04:29
49	630	Bruno Santos	Madugym	Senior Masculino	45:16	+13:20	04:32
50	229	Hugo Costa	Individual	Senior Masculino	45:21	+13:24	04:32
51	75	António Pereira	Clube Spiridon de Gaia	Senior Masculino	45:44	+13:47	04:34
52	197	Bruno Miranda	Individual	Senior Masculino	45:55	+13:59	04:36
53	64	Alejandro Rodrigues	Clube de Futebol União de Lamas	Senior Masculino	46:03	+14:06	04:36
54	212	Diogo Nunes	Individual	Senior Masculino	46:10	+14:13	04:37
55	679	João Silva	Pernas de Pau Velozes de Argoncile	Senior Masculino	46:30	+14:33	04:39
56	236	João Ricardo Caldeira Ferreira	Individual	Senior Masculino	46:36	+14:39	04:40
57	284	Ricardo Garrido	Individual	Senior Masculino	46:37	+14:41	04:40
58	7	RAFAEL OLIVEIRA	A.D.GRIJÓ A CORRER	Senior Masculino	46:41	+14:44	04:40

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

59	234	João Neves	Individual	Senior Masculino	46:41	+14:44	04:40
60	597	Diogo Alves	Individual	Senior Masculino	46:41	+14:44	04:40
61	599	João Paulo Amorim	Individual	Senior Masculino	46:46	+14:49	04:41
62	289	Rui Filipe da Silva Correia	Individual	Senior Masculino	46:48	+14:51	04:41
63	623	Ricardo Reis	JUVENTUDE ATLÉTICA MOZELENSE	Senior Masculino	47:14	+15:17	04:43
64	188	Alexandre Barreiros	Individual	Senior Masculino	47:14	+15:18	04:43
65	242	José Meireles	Individual	Senior Masculino	47:17	+15:20	04:44
66	288	Rube Pinto	Individual	Senior Masculino	47:35	+15:39	04:46
67	71	Rodrigo de Lima Castro	Clube do Pessoal das Águas de Gaia	Senior Masculino	47:40	+15:43	04:46
68	23	Nelson Carvalho	Amigos das Menesas e Pombal	Senior Masculino	47:47	+15:50	04:47
69	241	Jose Manuel Vieira Fernandes	Individual	Senior Masculino	47:50	+15:54	04:47
70	286	Roberto Santos	Individual	Senior Masculino	47:52	+15:56	04:47
71	285	Ricardo Sampaio	Individual	Senior Masculino	48:02	+16:06	04:48
72	605	Tiago Vaz	Individual	Senior Masculino	48:07	+16:11	04:49
73	218	Fábio Pimentel	Individual	Senior Masculino	48:13	+16:16	04:49
74	97	NUNO DAVID	EV-PERALTAFIL	Senior Masculino	48:15	+16:18	04:49
75	580	Carlos Moreira	A400	Senior Masculino	48:17	+16:21	04:50
76	598	João Oliveira	Individual	Senior Masculino	48:20	+16:23	04:50
77	606	Valter Costa	Individual	Senior Masculino	48:43	+16:46	04:52
78	552	Hugo Duarte	Termobrasa_Runners	Senior Masculino	49:09	+17:12	04:55
79	249	Luís Póvoa	Individual	Senior Masculino	49:13	+17:17	04:55
80	635	Rui Teixeira	Madugym	Senior Masculino	49:39	+17:43	04:58
81	278	Rafael Nunes	Individual	Senior Masculino	49:43	+17:46	04:58
82	225	Francisco Nunes	Individual	Senior Masculino	49:48	+17:51	04:59
83	680	Rui Gonçalves	Pernas de Pau Velozes de Argoncile	Senior Masculino	49:48	+17:51	04:59
84	495	Filipe Machado	PFR	Senior Masculino	49:49	+17:53	04:59
85	678	Fábio Novo	Pernas de Pau Velozes de Argoncile	Senior Masculino	49:58	+18:01	05:00
86	471	Rúben Fernandes	Petrus Runners	Senior Masculino	50:04	+18:07	05:00
87	689	Tiago Correia	União Académica de Avintes	Senior Masculino	50:06	+18:09	05:01
88	575	Arturo Batistute	Velora	Senior Masculino	50:31	+18:34	05:03
89	448	Nuno Marinho	Núcleo de Corrida Solverde	Senior Masculino	50:36	+18:39	05:04
90	496	Pedro Fernandes	PFR	Senior Masculino	50:50	+18:53	05:05
91	230	Hugo Martins	Individual	Senior Masculino	51:01	+19:04	05:06
92	254	Miguel Lapa	Individual	Senior Masculino	51:07	+19:10	05:07
93	214	Eduardo Ferreira	Individual	Senior Masculino	51:07	+19:10	05:07
94	421	Lucas	Madugym	Senior Masculino	51:14	+19:17	05:07
95	447	Kevin Silva	Núcleo de Corrida Solverde	Senior Masculino	51:16	+19:19	05:08
96	517	João Brandão Lima	Serviços Sociais Montepio	Senior Masculino	51:21	+19:24	05:08
97	403	Hélder Silva	Legio Februus	Senior Masculino	51:22	+19:25	05:08
98	235	João Pinto	Individual	Senior Masculino	51:23	+19:27	05:08
99	467	Filipe Ferreira	Petrus Runners	Senior Masculino	51:26	+19:29	05:09
100	282	Ricardo Filipe Pereira couto	Individual	Senior Masculino	52:06	+20:09	05:13
101	275	Pedro Ribeiro Lucas	Individual	Senior Masculino	52:06	+20:09	05:13
102	446	Diogo Santos	Núcleo de Corrida Solverde	Senior Masculino	52:19	+20:22	05:14

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

103	210	Davyd Willian Buarque de Macêdo	Individual	Senior Masculino	52:23	+20:27	05:14
104	205	Carlos Corga	Individual	Senior Masculino	52:48	+20:51	05:17
105	425	Rafael Silva	Madugym	Senior Masculino	52:51	+20:55	05:17
106	272	pedro pinto	Individual	Senior Masculino	52:54	+20:57	05:17
107	633	João Almeida	Madugym	Senior Masculino	53:06	+21:09	05:19
108	422	Luis Silva	Madugym	Senior Masculino	53:15	+21:19	05:20
109	581	Gabriel Pereira	A400	Senior Masculino	53:22	+21:25	05:20
110	240	José Luis Castro Costa	Individual	Senior Masculino	53:23	+21:26	05:20
111	688	Daniel Couto	União Académica de Avintes	Senior Masculino	53:34	+21:37	05:21
112	502	Ricardo Sousa	PreGo run	Senior Masculino	53:46	+21:50	05:23
113	538	Pedro Babo	Start Fitness Studio	Senior Masculino	53:55	+21:59	05:24
114	219	Fábio Rodrigues	Individual	Senior Masculino	53:56	+21:59	05:24
115	223	Flavio Braga	Individual	Senior Masculino	53:59	+22:03	05:24
116	2	João Dias	4 ASES	Senior Masculino	54:26	+22:30	05:27
117	457	Diogo Cunha	Pernas de Pau Velozes de Argoncile	Senior Masculino	54:37	+22:41	05:28
118	239	Jorge Sampaio	Individual	Senior Masculino	54:40	+22:43	05:28
119	562	Filipe Rego	União Académica de Avintes	Senior Masculino	55:01	+23:04	05:30
120	294	THIAGO SOUZA SANTANA	Individual	Senior Masculino	55:10	+23:13	05:31
121	259	Otavio Martins	Individual	Senior Masculino	55:10	+23:14	05:31
122	583	João Quinaz	A400	Senior Masculino	55:29	+23:32	05:33
123	226	Gil Batista	Individual	Senior Masculino	55:30	+23:34	05:33
124	270	Pedro Miguel Gomes Teixeira Oliveira	Individual	Senior Masculino	55:39	+23:42	05:34
125	426	Tiago Cunha	Madugym	Senior Masculino	55:43	+23:46	05:34
126	199	Bruno Oliveira	Individual	Senior Masculino	55:54	+23:57	05:35
127	92	Ivo Nascimento	EquipaBoot	Senior Masculino	56:01	+24:04	05:36
128	686	Rúben Barbosa	Treze	Senior Masculino	56:01	+24:05	05:36
129	271	Pedro Pereira	Individual	Senior Masculino	56:08	+24:11	05:37
130	224	Francisco Ferreira	Individual	Senior Masculino	56:21	+24:24	05:38
131	563	Tiago Manuel Sá Ramalho	União Académica de Avintes	Senior Masculino	56:40	+24:43	05:40
132	192	André Pinto	Individual	Senior Masculino	56:44	+24:47	05:40
133	8	SIMÃO BARROS	A.D.GRIJÓ A CORRER	Senior Masculino	56:55	+24:58	05:41
134	19	Miguel Garcia	ADCR Santa Cristina	Senior Masculino	56:57	+25:00	05:42
135	418	Carlos Silva	Madugym	Senior Masculino	57:00	+25:03	05:42
136	419	João Silva	Madugym	Senior Masculino	57:01	+25:04	05:42
137	434	Pedro Serrano	Midnight Runners	Senior Masculino	57:09	+25:12	05:43
138	273	Pedro Queirós	Individual	Senior Masculino	57:11	+25:15	05:43
139	258	Nuno Sousa	Individual	Senior Masculino	57:16	+25:20	05:44
140	296	Tiago Freitas	Individual	Senior Masculino	57:18	+25:21	05:44
141	295	Tiago Cunha	Individual	Senior Masculino	57:18	+25:22	05:44
142	220	Filipe Cardoso	Individual	Senior Masculino	57:19	+25:23	05:44
143	634	João Amorim	Madugym	Senior Masculino	57:45	+25:49	05:47
144	632	Daniel Pinheiro	Madugym	Senior Masculino	57:45	+25:49	05:47
145	251	Mateus de Mattos Sales	Individual	Senior Masculino	57:46	+25:49	05:47
146	468	João Martins	Petrus Runners	Senior Masculino	57:53	+25:57	05:47
147	201	Bruno Rodrigues	Individual	Senior Masculino	57:55	+25:58	05:47
148	204	Carlos Cardoso	Individual	Senior Masculino	57:58	+26:01	05:48

149	584	José Novais	A400	Senior Masculino	58:07	+26:10	05:49
150	3	Jonathan Alsleben	4 ASES	Senior Masculino	58:12	+26:15	05:49
151	227	Gonçalo Tato	Individual	Senior Masculino	58:21	+26:25	05:50
152	539	Vítor Hugo Damião Gonçalves	Start Fitness Studio	Senior Masculino	58:27	+26:30	05:51
153	297	Tiago Moreira	Individual	Senior Masculino	58:48	+26:51	05:53
154	260	Paulo Ferreira	Individual	Senior Masculino	58:48	+26:51	05:53
155	587	Pedro Ferreira	A400	Senior Masculino	58:49	+26:53	05:53
156	189	André Gustavo Faria Alves Da SIlva	Individual	Senior Masculino	58:50	+26:53	05:53
157	298	Tiago Moutinho	Individual	Senior Masculino	58:52	+26:55	05:53
158	250	Luiz Eduardo Correa gutler	Individual	Senior Masculino	59:00	+27:03	05:54
159	408	Luís Silva	Lusitania de Lourosa FC- Secção de Atletismo	Senior Masculino	59:01	+27:05	05:54
160	195	António Lopes	Individual	Senior Masculino	59:02	+27:06	05:54
161	276	Pedro Santos	Individual	Senior Masculino	59:06	+27:10	05:55
162	537	Jorge Mano	Start Fitness Studio	Senior Masculino	59:08	+27:11	05:55
163	600	Luís Rodrigues	Individual	Senior Masculino	59:28	+27:31	05:57
164	253	Miguel Cardoso	Individual	Senior Masculino	59:29	+27:32	05:57
165	266	Pedro Borges	Individual	Senior Masculino	59:39	+27:42	05:58
166	207	Daniel Almeida	Individual	Senior Masculino	59:44	+27:48	05:58
167	263	Paulo Pereira da Silva	Individual	Senior Masculino	59:47	+27:51	05:59
168	585	Leonardo Oliveira	A400	Senior Masculino	59:53	+27:56	05:59
169	395	João Brito	JJ&TEIXEIRA	Senior Masculino	59:57	+28:00	06:00
170	396	Pedro Alves	JJ&TEIXEIRA	Senior Masculino	59:57	+28:01	06:00
171	292	simao carvalho	Individual	Senior Masculino	01:00:04	+28:08	06:00
172	631	Bruno Silva	Madugym	Senior Masculino	01:00:16	+28:20	06:02
173	534	André Oliveira	Start Fitness Studio	Senior Masculino	01:00:27	+28:30	06:03
174	572	Ricardo Vaz	Vazinhos Running Team	Senior Masculino	01:00:43	+28:46	06:04
175	231	Igor Rodrigues	Individual	Senior Masculino	01:00:52	+28:56	06:05
176	627	João Colónia	Los Colónias	Senior Masculino	01:01:00	+29:04	06:06
177	601	Miguel Sá	Individual	Senior Masculino	01:01:02	+29:06	06:06
178	244	Kevin Serradeiro	Individual	Senior Masculino	01:01:03	+29:06	06:06
179	303	Vítor Santos	Individual	Senior Masculino	01:01:09	+29:12	06:07
180	76	Diogo Emanuel Silva	Clube Spiridon de Gaia	Senior Masculino	01:01:17	+29:21	06:08
181	248	Luís Pina	Individual	Senior Masculino	01:01:32	+29:36	06:09
182	87	Gabriel Mendonça	Corrida do Pedro	Senior Masculino	01:01:33	+29:36	06:09
183	423	Miguel Pais	Madugym	Senior Masculino	01:01:45	+29:48	06:10
184	256	Nuno Daniel Carneiro Oliveira	Individual	Senior Masculino	01:01:48	+29:51	06:11
185	211	Diogo Filipe Ribeiro Silva	Individual	Senior Masculino	01:01:52	+29:55	06:11
186	255	Nelson Almeida	Individual	Senior Masculino	01:01:56	+29:59	06:12
187	536	João Ferreira	Start Fitness Studio	Senior Masculino	01:02:19	+30:22	06:14
188	420	Leonardo Oliveira	Madugym	Senior Masculino	01:02:35	+30:38	06:15
189	301	Tomás Ferraz	Individual	Senior Masculino	01:02:41	+30:44	06:16
190	213	Domingos Oliveira	Individual	Senior Masculino	01:03:36	+31:39	06:22
191	586	Pedro Bernardes	A400	Senior Masculino	01:03:40	+31:43	06:22
192	582	Jefferson Barletta	A400	Senior Masculino	01:04:11	+32:14	06:25
193	243	José Pedro Santos	Individual	Senior Masculino	01:05:20	+33:23	06:32
194	200	Bruno Ricardo Batista Castro Matos	Individual	Senior Masculino	01:05:20	+33:23	06:32

195	194	Andres Pereyra	Individual	Senior Masculino	01:05:41	+33:44	06:34
196	191	Andre Moreira Fernandes Dias	Individual	Senior Masculino	01:06:04	+34:08	06:36
197	245	Leonardo Ribeiro	Individual	Senior Masculino	01:06:15	+34:19	06:38
198	394	Ivo Santos	JI	Senior Masculino	01:06:20	+34:24	06:38
199	198	Bruno Mota	Individual	Senior Masculino	01:06:54	+34:58	06:41
200	596	Bruno Vinhas	Individual	Senior Masculino	01:06:57	+35:00	06:42
201	265	Pedro Anjo	Individual	Senior Masculino	01:07:46	+35:49	06:47
202	281	Ricardo Araújo	Individual	Senior Masculino	01:08:11	+36:15	06:49
203	228	Henrique Mesquita Pinto	Individual	Senior Masculino	01:08:34	+36:37	06:51
204	277	Rafael Miranda	Individual	Senior Masculino	01:08:55	+36:59	06:54
205	262	Paulo Mesquita14081	Individual	Senior Masculino	01:09:23	+37:26	06:56
206	238	Joel Moreira	Individual	Senior Masculino	01:09:37	+37:40	06:58
207	261	Paulo Ferreira	Individual	Senior Masculino	01:11:43	+39:47	07:10
208	300	Tiago Silva	Individual	Senior Masculino	01:12:24	+40:27	07:14
209	268	pedro dias	Individual	Senior Masculino	01:13:01	+41:04	07:18
210	257	Nuno Pereira	Individual	Senior Masculino	01:13:02	+41:05	07:18
211	114	André Tavares	Fomos obrigados	Senior Masculino	01:13:03	+41:06	07:18
212	293	Simão Oliveira Pinto	Individual	Senior Masculino	01:14:28	+42:32	07:27
213	570	Márcio Carvalho	Unidos à sapatilha	Senior Masculino	01:15:30	+43:34	07:33
214	115	Pedro Tavares	Fomos obrigados	Senior Masculino	01:15:54	+43:57	07:35
215	269	Pedro Filipe Do Novo Gonçalves	Individual	Senior Masculino	01:16:39	+44:43	07:40
216	217	Fábio Hélder Sousa Machado	Individual	Senior Masculino	01:17:19	+45:22	07:44
217	283	Ricardo Filipe Silva	Individual	Senior Masculino	01:18:09	+46:12	07:49
218	130	Ricardo Teixeira	Generation Três	Senior Masculino	01:18:28	+46:31	07:51
219	603	Rui Manuel de Silva Ferreira	Individual	Senior Masculino	01:18:37	+46:40	07:52
220	602	Pedro Ferreira	Individual	Senior Masculino	01:18:37	+46:40	07:52
221	209	Daniel Pereira Correia	Individual	Senior Masculino	01:19:35	+47:38	07:57
222	86	David Neves	Corrida do Pedro	Senior Masculino	01:21:51	+49:55	08:11
223	51	Bruno Camarinha	Chamem do INEM	Senior Masculino	01:23:23	+51:26	08:20

Veterana F40

1	101	PATRICIA FERREIRA	EV-PERALTAFIL	Veterana F40	43:04		04:18
2	55	LIGIA SANTOS	CLUBE DE ATLETISMO DE OVAR	Veterana F40	43:43	+00:39	04:22
3	607	Sofia Ferreira	Individual	Veterana F40	52:18	+09:14	05:14
4	504	Helena silva	REUMATICOS	Veterana F40	52:29	+09:25	05:15
5	80	Andreia Silva	Clube Spiridon de Gaia	Veterana F40	54:25	+11:20	05:26
6	473	Marisa Martins	Petrus Runners	Veterana F40	54:29	+11:24	05:27
7	513	CÉLINE GOMES	SEI_ LÁ	Veterana F40	55:25	+12:20	05:32
8	475	Susana Marques	Petrus Runners	Veterana F40	55:31	+12:27	05:33
9	307	Carina Sofia Pinho Correia	Individual	Veterana F40	57:47	+14:43	05:47
10	81	Rosa Guedes	Clube Spiridon de Gaia	Veterana F40	58:08	+15:04	05:49
11	305	Ana Lia Pereira	Individual	Veterana F40	58:29	+15:25	05:51
12	24	Andreia Manuela Pereira Barbosa	Andreia Manuela Pereira Barbosa	Veterana F40	01:04:24	+21:19	06:26
13	643	Marina Martins	MARCAP	Veterana F40	01:04:37	+21:33	06:28
14	540	Carina Silva	Start Fitness Studio	Veterana F40	01:07:33	+24:29	06:45

15	561	Mariana Torres	Torres	Veterana F40	01:08:04	+25:00	06:48
16	474	Marlene Oliveira	Petrus Runners	Veterana F40	01:08:32	+25:28	06:51
17	309	Norma Magalhães	Individual	Veterana F40	01:12:09	+29:05	07:13
18	541	Mariana Gregório	Start Fitness Studio	Veterana F40	01:13:12	+30:07	07:19
19	310	Raquel Teixeira	Individual	Veterana F40	01:18:35	+35:31	07:52
20	311	Sofia Pereira	Individual	Veterana F40	01:21:52	+38:47	08:11
21	306	Andreia Alvadia	Individual	Veterana F40	01:21:52	+38:47	08:11

Veterana F45

1	121	Sandra Ferreira	GDC Guilhovai	Veterana F45	39:02		03:54
2	120	Paula Oliveira	GDC Guilhovai	Veterana F45	46:49	+07:47	04:41
3	88	Carla Maria Mendes Martins	Dci/trilhos luso bussaco	Veterana F45	50:31	+11:29	05:03
4	651	Patrícia Pinho	Nascidos Para Correr - Associação Desportiva	Veterana F45	51:34	+12:31	05:09
5	314	Liliana Pereira	Individual	Veterana F45	53:35	+14:33	05:22
6	427	Vera Martins	Madugym	Veterana F45	55:36	+16:34	05:34
7	636	Céu Melo	Madugym	Veterana F45	57:07	+18:04	05:43
8	110	Joana Fernandes	Fénix Voadoras	Veterana F45	58:22	+19:20	05:50
9	313	Cristiana Reis	Individual	Veterana F45	01:02:59	+23:57	06:18
10	497	Isabel Neves	Power Masters	Veterana F45	01:03:00	+23:58	06:18
11	312	Ana Manuela Lopes	Individual	Veterana F45	01:03:29	+24:27	06:21
12	477	Sandra Cecília Veludo	Petrus Runners	Veterana F45	01:05:37	+26:35	06:34
13	476	Adriana Silva	Petrus Runners	Veterana F45	01:09:03	+30:01	06:54
14	132	Cristina Silva	Graphicsleader	Veterana F45	01:11:34	+32:31	07:09
15	451	Yazmin Jaramillo	Núcleo de Corrida Solverde	Veterana F45	01:12:06	+33:04	07:13
16	20	Susana Sousa	Amigos ComDor	Veterana F45	01:15:11	+36:09	07:31
17	542	Daniela Sousa	Start Fitness Studio	Veterana F45	01:16:37	+37:35	07:40
18	315	Sandra Amorim	Individual	Veterana F45	01:18:35	+39:33	07:52

Veterana F50

1	122	Clotilde Santos	GDC Guilhovai	Veterana F50	49:02		04:54
2	318	Maria Gabriela Reis Silva Pelicano	Individual	Veterana F50	54:27	+05:25	05:27
3	637	Carla Chaves	Madugym	Veterana F50	55:36	+06:34	05:34
4	478	Teresa Reis	Petrus Runners	Veterana F50	57:14	+08:12	05:43
5	111	Alexandra Graça	Fénix Voadoras	Veterana F50	58:22	+09:19	05:50
6	558	MARIA MANUEL VIEIRA NEVES	TOG - Trinca Orelhas de Gato	Veterana F50	01:01:22	+12:20	06:08
7	316	Ana Paula Rodrigues Augusto	Individual	Veterana F50	01:06:04	+17:02	06:36

Veterana F55

1	409	Fátima Santos	Lusitania de Lourosa FC- Secção de Atletismo	Veterana F55	46:35		04:39
2	391	MATILDE BAPTISTA	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F55	48:40	+02:05	04:52

3	624	Rosa Lídia Camarinha da Silva	Ligeirinhos	Veterana F55	59:20	+12:45	05:56
4	39	Ana Paula Castro	CAL - Clube de Atletismo de Lamas	Veterana F55	59:24	+12:48	05:56
5	638	Fátima Poças	Madugym	Veterana F55	01:00:14	+13:39	06:01
6	319	Fernanda Lemos	Individual	Veterana F55	01:00:27	+13:52	06:03
7	429	Fernanda Araujo	Madugym	Veterana F55	01:07:01	+20:26	06:42
8	652	Conceição Morais	Nascidos Para Correr - Associação Desportiva	Veterana F55	01:09:31	+22:56	06:57

Veterana F60

1	653	Rosa Pinto	Nascidos Para Correr - Associação Desportiva	Veterana F60	49:20		04:56
2	514	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterana F60	53:34	+04:14	05:21
3	625	Deolinda Camarinha	Ligeirinhos	Veterana F60	54:46	+05:26	05:29
4	321	Maria Castro	Individual	Veterana F60	59:08	+09:48	05:55
5	479	Margarida Neves	Petrus Runners	Veterana F60	01:02:23	+13:03	06:14
6	320	Conceição Mota	Individual	Veterana F60	01:07:16	+17:56	06:44
7	390	Alice Guimarães	Invicta Runners Team	Veterana F60	01:20:51	+31:31	08:05

Veterano M40

1	336	Paulo morais	Individual	Veterano M40	33:25		03:21
2	123	André Adriano	GDC Guilhovai	Veterano M40	34:24	+00:58	03:26
3	15	andre santos	ACD OS Ilhavos	Veterano M40	35:12	+01:46	03:31
4	590	LUIS MIGUEL	CB RUN	Veterano M40	39:09	+05:43	03:55
5	9	ANDRÉ PINA	A.D.GRIJÓ A CORRER	Veterano M40	39:59	+06:33	04:00
6	332	Miguel Carvalho	Individual	Veterano M40	40:05	+06:40	04:01
7	398	Sergio Mota	JJ&TEIXEIRA	Veterano M40	40:15	+06:49	04:01
8	654	Bruno Monteiro	Nascidos Para Correr - Associação Desportiva	Veterano M40	40:26	+07:00	04:03
9	16	Filipe Silva	ACDCDSMF os Laranjinhas	Veterano M40	41:12	+07:46	04:07
10	608	André Correia	Individual	Veterano M40	41:46	+08:20	04:11
11	342	Toni Ferreira	Individual	Veterano M40	41:59	+08:33	04:12
12	655	Ricardo Silva	Nascidos Para Correr - Associação Desportiva	Veterano M40	42:20	+08:54	04:14
13	656	Sérgio Rodrigues	Nascidos Para Correr - Associação Desportiva	Veterano M40	42:20	+08:54	04:14
14	436	António Pinto	MONTE DOS AMIGOS	Veterano M40	44:04	+10:38	04:24
15	341	Samuel Duarte	Individual	Veterano M40	44:09	+10:43	04:25
16	5	HÉLDER SANTOS	4 ASES	Veterano M40	44:12	+10:46	04:25
17	328	Joaquim Malheiro	Individual	Veterano M40	44:40	+11:14	04:28
18	515	José Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M40	45:17	+11:51	04:32
19	683	Sérgio Neves	Power Masters	Veterano M40	45:53	+12:27	04:35
20	482	Carlos Jorge Costa Carvalho	Petrus Runners	Veterano M40	46:08	+12:42	04:37

21	564	Vitor Manuel de Sousa Alves	União Académica de Avintes	Veterano M40	46:15	+12:50	04:38
22	322	Bruno Miguel Silva Magalhães	Individual	Veterano M40	46:24	+12:59	04:38
23	340	Samuel Cunha	Individual	Veterano M40	47:23	+13:57	04:44
24	26	MANUEL CARDOSO	ARCORUN	Veterano M40	49:51	+16:25	04:59
25	483	Luís Filipe Gomes Barbosa	Petrus Runners	Veterano M40	49:58	+16:33	05:00
26	339	Ricardo Jorge Cardoso Pinto	Individual	Veterano M40	50:40	+17:14	05:04
27	430	Bruno Cavadas	Madugym	Veterano M40	51:15	+17:49	05:08
28	690	André Barros	União Académica de Avintes	Veterano M40	52:17	+18:51	05:14
29	481	Bruno Silva	Petrus Runners	Veterano M40	52:20	+18:54	05:14
30	609	Orlando Henriques	Individual	Veterano M40	52:43	+19:17	05:16
31	25	Filipe Emanuel Moreira Pereira	Andreia Manuela Pereira Barbosa	Veterano M40	52:46	+19:20	05:17
32	325	Hugo Teixeira	Individual	Veterano M40	53:03	+19:37	05:18
33	335	Paulo Ferreira	Individual	Veterano M40	53:21	+19:55	05:20
34	330	Márcio Moreira	Individual	Veterano M40	54:04	+20:38	05:24
35	571	Rogério Pinhal	Unidos à sapatilha	Veterano M40	54:23	+20:57	05:26
36	543	André Ribeiro	Start Fitness Studio	Veterano M40	54:51	+21:25	05:29
37	545	Nuno Tavares	Start Fitness Studio	Veterano M40	54:51	+21:25	05:29
38	323	Filipe Dias Pereira	Individual	Veterano M40	56:20	+22:55	05:38
39	337	Pedro Moreira	Individual	Veterano M40	56:29	+23:03	05:39
40	553	Rui Moita	Termobrasa_Runners	Veterano M40	58:03	+24:37	05:48
41	327	Jacinto Pereira	Individual	Veterano M40	58:09	+24:43	05:49
42	124	Vítor Oliveira	GDC Guilhovai	Veterano M40	59:20	+25:54	05:56
43	52	Edgar Alves	Chamem do INEM	Veterano M40	59:23	+25:57	05:56
44	691	Ricardo Almeida	União Académica de Avintes	Veterano M40	59:33	+26:07	05:57
45	334	Nuno Paiva	Individual	Veterano M40	01:00:16	+26:50	06:02
46	644	Pedro Paiva	MARCAP	Veterano M40	01:04:37	+31:12	06:28
47	43	Miguel Santos	Caldas S. Jorge Sport Clube	Veterano M40	01:05:06	+31:40	06:31
48	333	Noel Freitas	Individual	Veterano M40	01:06:38	+33:12	06:40
49	544	Flávio Rodrigues	Start Fitness Studio	Veterano M40	01:07:32	+34:07	06:45
50	397	João Teixeira	JJ&TEIXEIRA	Veterano M40	01:07:55	+34:29	06:47
51	452	António Sá	Núcleo de Corrida Solverde	Veterano M40	01:12:06	+38:40	07:13
52	329	Jorge Machado	Individual	Veterano M40	01:17:14	+43:49	07:43
53	518	Paulo Lopes	Serviços Sociais Montepio	Veterano M40	01:17:16	+43:50	07:44
54	577	Vítor Andrade	Vj	Veterano M40	01:19:01	+45:35	07:54

Veterano M45

1	125	Tozé Castro	GDC Guilhovai	Veterano M45	33:07		03:19
2	102	VITOR SANTOS	EV-PERALTAFIL	Veterano M45	34:35	+01:27	03:27
3	56	Carlos Sequeira	CLUBE DE ATLETISMO DE OVAR	Veterano M45	38:34	+05:26	03:51
4	610	Filipe Marques	Individual	Veterano M45	38:49	+05:41	03:53
5	358	Vitor Ferreira	Individual	Veterano M45	41:22	+08:15	04:08
6	658	Sérgio Santos	Nascidos Para Correr - Associação Desportiva	Veterano M45	42:20	+09:12	04:14
7	657	Domingos Silva	Nascidos Para Correr - Associação Desportiva	Veterano M45	42:48	+09:40	04:17
8	350	João Cunha	Individual	Veterano M45	42:51	+09:44	04:17

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	356	Ricardo gomes	Individual	Veterano M45	44:18	+11:10	04:26
10	453	João Costa	Núcleo de Corrida Solverde	Veterano M45	44:37	+11:29	04:28
11	565	Ricardo Martins	União Académica de Avintes	Veterano M45	44:38	+11:31	04:28
12	27	RICARDO PAIVA	ARCORUN	Veterano M45	45:14	+12:07	04:31
13	505	Luis ramos	REUMATICOS	Veterano M45	45:30	+12:22	04:33
14	566	Vitor Correia	União Académica de Avintes	Veterano M45	46:18	+13:11	04:38
15	21	Cristiano Gomes	Amigos ComDor	Veterano M45	46:37	+13:29	04:40
16	616	Ricardo Bastos	Individual	Veterano M45	46:54	+13:46	04:41
17	554	Pedro Costa	Termobrasa_Runners	Veterano M45	47:07	+13:59	04:43
18	355	Ricardo Barbosa	Individual	Veterano M45	47:11	+14:04	04:43
19	659	Virgilio Vieira	Nascidos Para Correr - Associação Desportiva	Veterano M45	47:15	+14:07	04:43
20	344	Carlos Teixeira	Individual	Veterano M45	47:24	+14:17	04:44
21	519	Filipe Monteiro	Serviços Sociais Montepio	Veterano M45	47:54	+14:47	04:47
22	352	Jorge Valente	Individual	Veterano M45	47:59	+14:51	04:48
23	348	Hugo Oliveira	Individual	Veterano M45	48:10	+15:02	04:49
24	611	Jorge Santos	Individual	Veterano M45	48:11	+15:04	04:49
25	400	Sergio Silva	JJ&TEIXEIRA	Veterano M45	49:05	+15:58	04:55
26	353	Marcelo Teixeira da mota	Individual	Veterano M45	50:15	+17:07	05:01
27	569	Pedro Fernandes	União Atletismo do Porto	Veterano M45	50:22	+17:15	05:02
28	72	Jose Fernando Campos Costa	Clube do Pessoal das Águas de Gaia	Veterano M45	50:29	+17:21	05:03
29	399	João Rocha	JJ&TEIXEIRA	Veterano M45	50:44	+17:37	05:04
30	349	Humberto Barros	Individual	Veterano M45	50:48	+17:40	05:05
31	485	José Ricardo Veludo	Petrus Runners	Veterano M45	50:50	+17:43	05:05
32	614	Pedro Ferreira	Individual	Veterano M45	51:04	+17:56	05:06
33	49	Vitor Alves	Centro Óptico Vera Cruz	Veterano M45	51:06	+17:58	05:07
34	639	Sérgio Melo	Madugym	Veterano M45	51:59	+18:52	05:12
35	28	Rui Maia	ARCORUN	Veterano M45	52:05	+18:57	05:12
36	546	Luís Amorim	Start Fitness Studio	Veterano M45	52:57	+19:50	05:18
37	615	Pedro Ferriera	Individual	Veterano M45	53:08	+20:00	05:19
38	454	José Pires	Núcleo de Corrida Solverde	Veterano M45	53:13	+20:06	05:19
39	351	Joaquim moreira	Individual	Veterano M45	54:09	+21:02	05:25
40	591	Miguel Barbosa	EquipaBoot	Veterano M45	56:01	+22:54	05:36
41	458	Sérgio Aradas	Pernas de Pau Velozes de Argoncile	Veterano M45	57:41	+24:33	05:46
42	702	João Marcos Guimarães Videiras	JJ&TEIXEIRA	Veterano M45	58:39	+25:31	05:52
43	83	Manuel Paz Dias	Clube Spiridon de Gaia	Veterano M45	59:25	+26:17	05:56
44	612	José Macedo	Individual	Veterano M45	01:00:12	+27:05	06:01
45	573	André Vaz	Vazinhos Running Team	Veterano M45	01:01:00	+27:52	06:06
46	347	Henrique Camelo	Individual	Veterano M45	01:02:05	+28:58	06:13
47	684	Hugo Morais	Tomé Morais	Veterano M45	01:02:05	+28:58	06:13
48	696	Ricardo Pereira	VALOREM	Veterano M45	01:03:15	+30:07	06:19
49	484	Fernando Guimarães	Petrus Runners	Veterano M45	01:05:20	+32:12	06:32
50	521	Ricardo Resende	Serviços Sociais Montepio	Veterano M45	01:06:52	+33:44	06:41
51	343	Carlos Sergio Sousa Carvalho Oliveira	Individual	Veterano M45	01:06:58	+33:51	06:42
52	354	Orlando da Conceição de Araújo	Individual	Veterano M45	01:12:21	+39:14	07:14

53	520	Jorge Oliveira	Serviços Sociais Montepio	Veterano M45	01:16:55	+43:47	07:41

Veterano M50

1	126	Artur Rodrigues	GDC Guilhovai	Veterano M50	35:04		03:30
2	103	MANUEL BESSA	EV-PERALTAFIL	Veterano M50	37:41	+02:37	03:46
3	60	José Miguel	Clube de Atletismo os Gaienses/Toyota	Veterano M50	39:08	+04:04	03:55
4	641	Pedro Santos	Madugym	Veterano M50	39:27	+04:23	03:57
5	507	Paulo pereira	REUMATICOS	Veterano M50	40:12	+05:08	04:01
6	57	PEDRO SILVA	CLUBE DE ATLETISMO DE OVAR	Veterano M50	40:51	+05:47	04:05
7	506	Fernando santos	REUMATICOS	Veterano M50	41:25	+06:21	04:09
8	365	jorge lagareiro	Individual	Veterano M50	41:41	+06:37	04:10
9	10	JOSÉ SILVA	A.D.GRIJÓ A CORRER	Veterano M50	42:15	+07:11	04:13
10	660	Henrique Coelho	Nascidos Para Correr - Associação Desportiva	Veterano M50	43:37	+08:33	04:22
11	371	Paulo Sousa	Individual	Veterano M50	43:51	+08:47	04:23
12	551	José Correia	TC Running	Veterano M50	44:08	+09:03	04:25
13	487	Luís Soeira	Petrus Runners	Veterano M50	46:00	+10:55	04:36
14	370	Paulo Daniel Duarte	Individual	Veterano M50	46:52	+11:48	04:41
15	508	Paulo ramos	REUMATICOS	Veterano M50	47:29	+12:25	04:45
16	661	Joice Jesus	Nascidos Para Correr - Associação Desportiva	Veterano M50	47:43	+12:38	04:46
17	549	Erasmo Alves	TAYLORS	Veterano M50	48:25	+13:20	04:50
18	662	Marco Almeida	Nascidos Para Correr - Associação Desportiva	Veterano M50	49:16	+14:11	04:56
19	29	PAULO GRILO	ARCORUN	Veterano M50	49:52	+14:48	04:59
20	407	Jorge Mota	LOUSADA RUNNERS	Veterano M50	50:21	+15:17	05:02
21	431	Francisco Pereira	Madugym	Veterano M50	50:32	+15:28	05:03
22	486	Jorge Barbosa	Petrus Runners	Veterano M50	50:50	+15:46	05:05
23	620	Quim Zé	Individual	Veterano M50	51:19	+16:14	05:08
24	360	Antonio Manuel oliveira Pereira	Individual	Veterano M50	51:40	+16:36	05:10
25	6	CLÁUDIO OLIVEIRA	4 ASES	Veterano M50	52:20	+17:16	05:14
26	44	Carlos Sousa	Caldas S. Jorge Sport Clube	Veterano M50	52:40	+17:35	05:16
27	361	Cesar Sousa	Individual	Veterano M50	52:41	+17:37	05:16
28	366	José Fernando Silva	Individual	Veterano M50	52:53	+17:49	05:17
29	437	Carlos Roberto Almeida Ferreira	NAC	Veterano M50	53:25	+18:21	05:21
30	364	Jorge Humberto Silva Costa	Individual	Veterano M50	54:27	+19:23	05:27
31	567	Artur Rego	União Académica de Avintes	Veterano M50	55:01	+19:57	05:30
32	367	Marco Amador	Individual	Veterano M50	55:13	+20:09	05:31
33	619	Paulo Aleixo	Individual	Veterano M50	56:49	+21:44	05:41
34	456	António Miguel Araújo de Magalhães	Núcleo de Corrida Solverde	Veterano M50	57:36	+22:32	05:46
35	363	Joao Manuel PEREIRA	Individual	Veterano M50	01:01:47	+26:43	06:11
36	362	Hélder Teixeira	Individual	Veterano M50	01:03:41	+28:37	06:22
37	555	Pedro Pinto	Termobrasa_Runners	Veterano M50	01:04:31	+29:26	06:27
38	698	Miguel Silva	VALOREM	Veterano M50	01:05:54	+30:50	06:35

39	406	António Colónia	Los Colónias	Veterano M50	01:06:40	+31:36	06:40
40	706	Rui Silva	Tartarugas de Seixezelo	Veterano M50	01:07:39	+32:35	06:46
41	663	Rui Santos	Nascidos Para Correr - Associação Desportiva	Veterano M50	01:09:06	+34:01	06:55
42	618	Jorge Oliveira	Individual	Veterano M50	01:10:02	+34:57	07:00

Veterano M55

1	701	Domingos Fernandes	Vizela Corre	Veterano M55	34:48		03:29
2	58	ROGERIO CAMPOS	CLUBE DE ATLETISMO DE OVAR	Veterano M55	37:47	+02:59	03:47
3	529	Paulo Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M55	37:54	+03:05	03:47
4	528	Augusto Aluai	Sporting Clube de Espinho / António Leitão	Veterano M55	39:01	+04:13	03:54
5	105	MANUEL FERREIRA	EV-PERALTAFIL	Veterano M55	40:19	+05:31	04:02
6	104	JOSE SILVA	EV-PERALTAFIL	Veterano M55	40:40	+05:52	04:04
7	73	Camilo Guedes	Clube do Pessoal das Águas de Gaia	Veterano M55	41:35	+06:47	04:10
8	441	Paulo Santos	Nascidos Para Correr - Associação Desportiva	Veterano M55	42:17	+07:29	04:14
9	666	Francelino Resende	Nascidos Para Correr - Associação Desportiva	Veterano M55	43:11	+08:23	04:19
10	667	José Gonçalves	Nascidos Para Correr - Associação Desportiva	Veterano M55	43:40	+08:52	04:22
11	410	Fernando Almeida	Macieira Atletismo	Veterano M55	44:17	+09:29	04:26
12	682	Joaquim Seabra	Pernas de Pau Velozes de Argoncile	Veterano M55	44:32	+09:44	04:27
13	61	José Mota	Clube de Atletismo os Gaienses/Toyota	Veterano M55	46:02	+11:13	04:36
14	669	Paulo Martins	Nascidos Para Correr - Associação Desportiva	Veterano M55	48:12	+13:24	04:49
15	375	Manuel Oliveira	Individual	Veterano M55	48:47	+13:59	04:53
16	668	José Pereira	Nascidos Para Correr - Associação Desportiva	Veterano M55	51:40	+16:52	05:10
17	374	Luís Coutinho	Individual	Veterano M55	52:25	+17:37	05:14
18	556	Sérgio Moreira	Termobrasa_Runners	Veterano M55	53:46	+18:58	05:23
19	621	André Rocha	Individual	Veterano M55	54:25	+19:37	05:27
20	724	Antonio Santos	Individual	Veterano M55	55:18	+20:30	05:32
21	703	Manuel Santos	Individual	Veterano M55	55:33	+20:45	05:33
22	40	JOÃO NEVES	CAL - Clube de Atletismo de Lamas	Veterano M55	55:42	+20:54	05:34
23	45	Joaquim Lobato	Caldas S. Jorge Sport Clube	Veterano M55	55:59	+21:10	05:36
24	665	Fernando Rocha	Nascidos Para Correr - Associação Desportiva	Veterano M55	56:39	+21:51	05:40
25	490	Roberto Francisco de Oliveira Ferreira	Petrus Runners	Veterano M55	57:46	+22:57	05:47
26	664	António Santos	Nascidos Para Correr - Associação Desportiva	Veterano M55	57:54	+23:06	05:47
27	440	Isaque Pinto	Nascidos Para Correr - Associação Desportiva	Veterano M55	58:34	+23:46	05:51
28	30	PEDRO MELO	ARCORUN	Veterano M55	59:27	+24:39	05:57
29	489	Luis Manuel da Silva Morais	Petrus Runners	Veterano M55	01:01:25	+26:37	06:09

30	488	Jorge Soares	Petrus Runners	Veterano M55	01:02:38	+27:50	06:16
31	376	Nuno Manuel Santos	Individual	Veterano M55	01:03:39	+28:51	06:22
32	699	Joaquim Lemos	VALOREM	Veterano M55	01:05:54	+31:06	06:35
33	559	Fernando Quintino da Silva Barbosa	TOG - Trinca Orelhas de Gato	Veterano M55	01:11:19	+36:31	07:08
34	373	AGOSTINHO TOMÁS	Individual	Veterano M55	01:14:50	+40:02	07:29

Veterano M60

1	511	Belmiro Rodrigues	S.C.Coimbrões	Veterano M60	38:33		03:51
2	68	Vitor Resende	Clube de Futebol União de Lamas	Veterano M60	38:45	+00:12	03:53
3	127	José Tavares	GDC Guilhovai	Veterano M60	39:24	+00:51	03:56
4	59	MARIO VAZ	CLUBE DE ATLETISMO DE OVAR	Veterano M60	39:44	+01:10	03:58
5	672	Jorge Luz	Nascidos Para Correr - Associação Desportiva	Veterano M60	40:40	+02:06	04:04
6	723	Mário Carvalho	GD Vilarinho de Cima	Veterano M60	43:08	+04:35	04:19
7	675	Sebastião Cardoso	Nascidos Para Correr - Associação Desportiva	Veterano M60	44:01	+05:28	04:24
8	626	José Carlos Gomes	Ligeirinhos	Veterano M60	44:25	+05:52	04:27
9	671	Emanuel Madureira	Nascidos Para Correr - Associação Desportiva	Veterano M60	44:54	+06:21	04:29
10	670	António Nascimento	Nascidos Para Correr - Associação Desportiva	Veterano M60	45:24	+06:51	04:32
11	386	JOSÉ MOTA	Individual	Veterano M60	45:31	+06:58	04:33
12	674	Rogério Sarmento	Nascidos Para Correr - Associação Desportiva	Veterano M60	47:37	+09:04	04:46
13	389	Rui Fonseca	Individual	Veterano M60	47:55	+09:21	04:47
14	63	Manuel Sousa	Clube de Atletismo os Gaienses/Toyota	Veterano M60	47:58	+09:25	04:48
15	109	LUIS CRUZ	EV-PERALTAFIL	Veterano M60	48:15	+09:41	04:49
16	673	Manuel Carriço	Nascidos Para Correr - Associação Desportiva	Veterano M60	48:25	+09:52	04:51
17	392	Justino Soares	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M60	48:40	+10:07	04:52
18	384	José Costa	Individual	Veterano M60	48:43	+10:10	04:52
19	107	JOAQUIM PEREIRA	EV-PERALTAFIL	Veterano M60	48:51	+10:18	04:53
20	128	Valdemar Alves	GDC Guilhovai	Veterano M60	49:02	+10:29	04:54
21	388	Nelson Silva	Individual	Veterano M60	49:06	+10:33	04:55
22	494	Silvério Guedes	Petrus Runners	Veterano M60	49:46	+11:13	04:59
23	41	PAULO NEVES	CAL - Clube de Atletismo de Lamas	Veterano M60	50:55	+12:22	05:06
24	491	António Jorge Leitão Dias	Petrus Runners	Veterano M60	51:24	+12:51	05:08
25	380	Fernando Miranda	Individual	Veterano M60	51:30	+12:57	05:09
26	382	Jacinto Oliveira da silva	Individual	Veterano M60	51:37	+13:04	05:10
27	700	Rui Costa	VALOREM	Veterano M60	53:18	+14:45	05:20
28	385	jose fernando rodrigues rocha	Individual	Veterano M60	55:05	+16:32	05:31
29	433	Benjamim Sousa	Madugym	Veterano M60	55:08	+16:35	05:31
30	493	José Fernando da Costa Fernandes Santos	Petrus Runners	Veterano M60	55:17	+16:43	05:32
31	510	Domingos Costa	Runners On Fire B v Valadares	Veterano M60	55:24	+16:51	05:32

10KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

32	622	Albino Leite	Individual	Veterano M60	57:08	+18:34	05:43
33	381	Inocêncio Ferreira	Individual	Veterano M60	57:56	+19:23	05:48
34	492	Joaquim Carvalho Pinto de Sousa	Petrus Runners	Veterano M60	59:46	+21:13	05:59
35	383	Jorge mota	Individual	Veterano M60	01:01:50	+23:17	06:11
36	442	António Pereira	Nascidos Para Correr - Associação Desportiva	Veterano M60	01:02:27	+23:54	06:15
37	387	Manuel Jesus	Individual	Veterano M60	01:03:30	+24:56	06:21
38	642	Jorge Esteves	Madugym	Veterano M60	01:05:37	+27:04	06:34
39	131	Abílio Teixeira	Generation Três	Veterano M60	01:05:49	+27:16	06:35
40	11	M. COUTO	A.D.GRIJÓ A CORRER	Veterano M60	01:06:15	+27:42	06:38
41	108	LEONEL SILVA	EV-PERALTAFIL	Veterano M60	01:07:08	+28:35	06:43
42	106	ANTONIO FERREIRA	EV-PERALTAFIL	Veterano M60	01:07:08	+28:35	06:43
43	46	Abel Santos	Caldas S. Jorge Sport Clube	Veterano M60	01:07:10	+28:37	06:43
44	379	António Mota	Individual	Veterano M60	01:07:15	+28:42	06:44
45	47	Orlando Oliveira	Caracóis do Asfalto	Veterano M60	01:09:05	+30:32	06:55

TEAM RESULTS - 10KM - FEM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GDC GUILHOVAI	2 + 4 + 16	22
2	NASCIDOS PARA CORRER - ASSOCIAÇÃO DESPORTIVA	14 + 22 + 26	62
3	PETRUS RUNNERS	17 + 24 + 35	76
4	CLUBE SPIRIDON DE GAIA	11 + 33 + 56	100
5	MADUGYM	21 + 36 + 45	102
6	PREGO RUN	39 + 55 + 76	170
7	START FITNESS STUDIO	73 + 80 + 108	261

TEAM RESULTS - 10KM - MEN

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	EV-PERALTAFIL	1 + 2 + 4	7
2	GDC GUILHOVAI	3 + 5 + 10	18
3	CLUBE DE ATLETISMO DE OVAR	8 + 19 + 27	54
4	SPORTING CLUBE DE ESPINHO / ANTÓNIO LEITÃO	14 + 18 + 28	60
5	NASCIDOS PARA CORRER - ASSOCIAÇÃO DESPORTIVA	20 + 29 + 30	79
6	CLUBE DE FUTEBOL UNIÃO DE LAMAS	21 + 34 + 37	92
7	C.F. OLIVEIRA DO DOURO	38 + 40 + 49	127
8	MADUGYM	45 + 52 + 116	213
9	REUMATICOS	55 + 66 + 120	241
10	A.D.GRIJÓ A CORRER	53 + 79 + 138	270
11	PETRUS RUNNERS	64 + 84 + 125	273
12	CLUBE DE ATLETISMO OS GAIENSES/TOYOTA	42 + 126 + 163	331
13	PERNAS DE PAU VELOZES DE ARGONCILE	90 + 108 + 134	332
14	UNIÃO ACADÉMICA DE AVINTES	110 + 131 + 132	373
15	4 ASES	75 + 103 + 240	418
16	CLUBE DO PESSOAL DAS ÁGUAS DE GAIA	68 + 156 + 204	428
17	JJ&TEIXEIRA	56 + 183 + 209	448
18	ARCORUN	115 + 194 + 195	504
19	NÚCLEO DE CORRIDA SOLVERDE	109 + 207 + 222	538
20	TERMOBRASA_RUNNERS	145 + 185 + 264	594
21	START FITNESS STUDIO	100 + 252 + 266	618
22	CALDAS S. JORGE SPORT CLUBE	96 + 243 + 297	636
23	A400	173 + 260 + 290	723
24	SERVIÇOS SOCIAIS MONTEPIO	161 + 224 + 418	803
25	CLUBE SPIRIDON DE GAIA	122 + 352 + 376	850
26	VALOREM	258 + 394 + 410	1062
27	LOS COLÓNIAS	372 + 377 + 417	1166