

5 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	17,3°C	89%
End	11:01	17.3°C	89%

Official Timekeeper: Lap2Go	1 / 12	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	684	Paulo Marques	Talentos Objetivos	21:32	+04:26	04:18	
43	579	José Manuel Seromenho Duarte	Individual	21:32	+04:26	04:18	
44	685	José carlos Santos	Team ElComandante	21:34	+04:28	04:19	
45	667	Tiago Largo	R G Levanta Poeira	21:34	+04:28	04:19	
46	169	Leonardo Vieira	Focus_TUU	21:36	+04:30	04:19	
47	1032	Tiago Taborda	DCI/Trilhos Luso Bussaco	21:42	+04:36	04:20	
48	23	Carla Maria Gonçalo Manaia	Academia de Desportos de Condeixa	21:44	+04:38	04:21	
49	435	Andreia Silva	Individual	21:45	+04:39	04:21	
50	365	Iúri Simões	Individual	21:49	+04:43	04:22	
51	1051	Rafael Mendes	Individual	21:55	+04:49	04:23	
52	715	Mário Miguel Ferreira	ADCP PEDRALVA	21:56	+04:50	04:23	
53	431	Tiago Jorge Coimbra da Silva	Individual	21:58	+04:52	04:24	
54	251	pedro xu	Individual	22:00	+04:54	04:24	
55	475	Ana Mota	Individual	22:00	+04:54	04:24	
56	553	Mário Madeira	Individual	22:03	+04:57	04:25	
57	248	João Dias	Individual	22:04	+04:58	04:25	
58	737	Margarida Garcia	Escola de Atletismo de Coimbra/JPaiva	22:05	+04:59	04:25	
59	217	Rui Dias	GD 3 Santos Populares - Carregal do Sal	22:05	+04:59	04:25	
60	137	Rúben Fernandes	DCI/Trilhos Luso Bussaco	22:10	+05:04	04:26	
61	57	Pedro Gerardo	Associação Académica de Coimbra	22:12	+05:06	04:26	
62	575	Hugo Madeira	Individual	22:14	+05:08	04:27	
63	530	Luís André Bugalho Freixo	Individual	22:22	+05:16	04:28	
64	227	Guilherme Almeida	Gira Sol	22:23	+05:17	04:29	
65	345	Eduardo Coelho	Individual	22:26	+05:20	04:29	
66	336	Bruno Alvim	Individual	22:27	+05:21	04:29	
67	533	Ricardo João	Individual	22:27	+05:21	04:29	
68	69	Rui Rodrigues	Botão Camp	22:28	+05:22	04:30	
69	271	Diana Rodrigues	Individual	22:28	+05:22	04:30	
70	200	Fabiano Freitas	Focus_TUU	22:33	+05:27	04:31	
71	171	Pedro Ventura	Focus_TUU	22:36	+05:30	04:31	
72	570	Fernando Neves	Individual	22:42	+05:36	04:32	
73	123	Bruno Bernardes	Cluve - Clube de Veteranos de Atletismo de Coimbra	22:42	+05:36	04:32	
74	522	Gonçalo Neves	Individual	22:43	+05:37	04:33	
75	159	Hadassa Lima	Focus_TUU	22:43	+05:37	04:33	
76	588	Gilberto Palmeira	Individual	22:45	+05:39	04:33	
77	674	Sandra Maria Bastos Costa	RM Runners by Mira a Mexer	22:46	+05:40	04:33	
78	204	Pedro Craveiro	Focus_TUU	22:52	+05:46	04:34	
79	427	José Pedro Dinis Costa	Individual	22:57	+05:51	04:35	
80	17	Ana Cristina Fernandes Ferreira	Academia de Desportos de Condeixa	23:01	+05:55	04:36	
81	726	Miguel Figueiredo	Centro de Trail Carlos Sá Penacova Team	23:05	+05:59	04:37	
82	1046	Andre Pinho	Individual	23:08	+06:02	04:38	
83	166	Carlos Ramos	Focus_TUU	23:10	+06:04	04:38	
84	576	João Calado	Individual	23:10	+06:04	04:38	
85	58	Jorge Santos	Avelar sunset team	23:10	+06:04	04:38	
86	219	Virgilio Madeira	GD S DOMINGOS	23:13	+06:07	04:39	
87	28	Hugo Neves	Academia de Desportos de Condeixa	23:14	+06:08	04:39	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	155	Diogo Nunes	Focus_TUU	23:17	+06:11	04:39	
89	428	Leandro Filipe Carvalho Cardoso	Individual	23:23	+06:17	04:41	
90	739	Raquel Nobre	Gangue de Pereira	23:28	+06:22	04:42	
91	537	Sérgio Pereira	Individual	23:32	+06:26	04:42	
92	519	Bruno Pereira	Individual	23:32	+06:26	04:42	
93	341	Diogo Manuel Ferreira Correia	Individual	23:42	+06:36	04:44	
94	757	Hugo Oliveira	Individual	23:45	+06:39	04:45	
95	792	DANIEL CABRERA	TAGANGA TEAM	23:47	+06:41	04:45	
96	794	MILTON CAICEDO	TAGANGA TEAM	23:47	+06:41	04:45	
97	773	Júlia Santos	Individual	23:49	+06:43	04:46	
98	718	André Coelho	Botão Camp	23:51	+06:45	04:46	
99	518	Bruno Miguel Quaresma Faria	Individual	23:51	+06:45	04:46	
100	130	Pedro Roque	CPT Sobral de Ceira	23:51	+06:45	04:46	
101	535	Rodrigo Baptista Valido	Individual	23:53	+06:47	04:47	
102	591	Nuno Adelino	Individual	24:00	+06:54	04:48	
103	602	João Carlos Oliveira	Individual	24:05	+06:59	04:49	
104	139	Joaquim Godinho	DCI/Trilhos Luso Bussaco	24:11	+07:05	04:50	
105	531	Luís Nina	Individual	24:12	+07:06	04:50	
106	632	J. Sockitos	Light Runners	24:18	+07:12	04:52	
107	220	Ana Veiga	Geladólicos Anónimos	24:21	+07:15	04:52	
108	47	Bruno Alexandre Fonseca Santos	ARC Espariz	24:25	+07:19	04:53	
109	670	Paulo Providência	R G Levanta Poeira	24:27	+07:21	04:53	
110	1063	Pedro Gouveia	Individual	24:29	+07:23	04:54	
111	394	Reginaldo Santos	Individual	24:29	+07:23	04:54	
112	172	Ricardo Loureiro	Focus_TUU	24:30	+07:24	04:54	
113	33	Vítor Fonseca	Academia de Desportos de Condeixa	24:30	+07:24	04:54	
114	50	Maria João Benquerença	ARCD Venda da Luisa	24:38	+07:32	04:56	
115	45	Carlos Campos	Ameal Trail	24:38	+07:32	04:56	
116	108	Joaquim Baptista	Botão Camp	24:41	+07:35	04:56	
117	567	António Pereira	Individual	24:41	+07:35	04:56	
118	391	Pedro Martins	Individual	24:42	+07:36	04:56	
119	1036	Sónia Oliveira	Bora Treinar Running Club	24:46	+07:40	04:57	
120	11	Rafael craveiro Mateus	Academia de Desportos de Condeixa	24:46	+07:40	04:57	
121	370	João Martins	Individual	24:47	+07:41	04:57	
122	618	Hélder José Ferreira	Individual	24:48	+07:42	04:58	
123	545	Bruno Concha	Individual	24:51	+07:45	04:58	
124	230	Adérito Curto	Gira Sol	24:52	+07:46	04:58	
125	339	Daniel Martins	Individual	24:55	+07:49	04:59	
126	786	CARLOS ALBERTO GOMES LOPES	Individual	24:58	+07:52	05:00	
127	740	Nuno Duarte	Gangue de Pereira	24:58	+07:52	05:00	
128	581	Nuno Lopes	Individual	25:02	+07:56	05:00	
129	13	Diana Batista	Academia de Desportos de Condeixa	25:02	+07:56	05:00	
130	402	Tomás Dionísio Alves Martins	Individual	25:03	+07:57	05:01	
131	777	Pedro Barata	Individual	25:05	+07:59	05:01	
132	141	Antonio Gomes	Draco Runners	25:05	+07:59	05:01	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	574	Gustavo Pelichos	Individual	25:07	+08:01	05:01	
134	409	Carolina Veloso	Individual	25:07	+08:01	05:01	
135	557	Paulo Trigo	Individual	25:10	+08:04	05:02	
136	731	rui figueiredo	CPT Sobral de Ceira	25:13	+08:07	05:03	
137	699	Vitor Simões Figueiredo	Individual	25:15	+08:09	05:03	
138	228	Tiago Freitas	Gira Sol	25:15	+08:09	05:03	
139	743	António Fonseca	Gira Sol	25:17	+08:11	05:03	
140	94	Josué Faria	Botão Camp	25:18	+08:12	05:04	
141	492	Nita Rodrigues	Individual	25:20	+08:14	05:04	
142	784	Paulo Sousa	Individual	25:25	+08:19	05:05	
143	201	Nuno Ventura	Focus_TUU	25:26	+08:20	05:05	
144	24	Sandra de Carvalho	Academia de Desportos de Condeixa	25:28	+08:22	05:06	
145	117	Rui Manuel de Faria Ferreira	Casa do Povo de Lavos	25:28	+08:22	05:06	
146	66	João Firmino	Botão Camp	25:30	+08:24	05:06	
147	548	Filipe Cardoso	Individual	25:31	+08:25	05:06	
148	250	Luís Miguel Marto e Costa	Individual	25:32	+08:26	05:06	
149	763	Rui Lopes	Individual	25:33	+08:27	05:07	
150	298	Luana Bevervanco	Individual	25:40	+08:34	05:08	
151	796	Soraia Fonseca	THOMAR ATHLETICS	25:40	+08:34	05:08	
152	403	Vinícius Pereira	Individual	25:41	+08:35	05:08	
153	668	Miguel Santos	R G Levanta Poeira	25:41	+08:35	05:08	
154	120	Raquel Estrela	Clube Futebol Santa Clara	25:42	+08:36	05:08	
155	780	Hugo Jorge	Individual	25:42	+08:36	05:08	
156	179	Joana Guedes	Focus_TUU	25:43	+08:37	05:09	
157	429	Paulo Vitória	Individual	25:43	+08:37	05:09	
158	329	Afonso Andrade	Individual	25:44	+08:38	05:09	
159	243	Leandro dos Santos Cravo	Individual	25:46	+08:40	05:09	
160	463	Mara Janeiro	Individual	25:48	+08:42	05:10	
161	543	William Alves	Individual	25:50	+08:44	05:10	
162	649	Beatriz Fonseca	Núcleo do SCP de Condeixa	25:52	+08:46	05:10	
163	198	Nuno Fonseca	Focus_TUU	25:54	+08:48	05:11	
164	1034	victor cunha	Amantes de Trail e Running	25:55	+08:49	05:11	
165	369	João Goncalves	Individual	25:56	+08:50	05:11	
166	633	Pedro Cimo	Light Runners	25:57	+08:51	05:11	
167	694	Paulo Domingues	TRIBO NR	26:02	+08:56	05:12	
168	619	jose manuel gandara	Individual	26:06	+09:00	05:13	
169	36	Catarina Sequeira	Centro de Trail Carlos Sá Penacova Team	26:07	+09:01	05:13	
170	1055	Sílvia Gouveia	Individual	26:07	+09:01	05:13	
171	153	Eduardo Ferreira	Expresso Martini	26:08	+09:02	05:14	
172	199	Simão Conceição	Focus_TUU	26:13	+09:07	05:15	
173	126	Vitor Gomes	Cluve - Clube de Veteranos de Atletismo de Coimbra	26:16	+09:10	05:15	
174	22	Rute Aguiar de Melo	Academia de Desportos de Condeixa	26:16	+09:10	05:15	
175	787	Narciso Garcia Simões Arromba	Individual	26:19	+09:13	05:16	
176	127	Álvaro Pinheiro	Coimbra Trail Running	26:28	+09:22	05:18	
177	656	Liliana Rodrigues	OS PE NA COVA	26:31	+09:25	05:18	
178	680	Gualter Martins	Slow Pace	26:32	+09:26	05:18	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	793	Carlos Montenegro	TAGANGA TEAM	26:37	+09:31	05:19	
180	590	Jorge Lopes	Individual	26:39	+09:33	05:20	
181	356	Geivison Ferreira	Individual	26:42	+09:36	05:20	
182	358	Gonçalo dos Santos de Carvalho Saraiva	Individual	26:48	+09:42	05:22	
183	60	Mónica Martins	Bombeiros Voluntários de Brasfemes BTT e trail	26:49	+09:43	05:22	
184	392	Pedro Prado	Individual	26:51	+09:45	05:22	
185	640	Ana Paula Joquim	Light Runners	26:52	+09:46	05:22	
186	52	Filipa Seco	ARSM - Associação Recreativa de S. Miguel	26:52	+09:46	05:22	
187	513	Abel Filho	Individual	26:54	+09:48	05:23	
188	558	Pedro Ferreira	Individual	26:55	+09:49	05:23	
189	525	João Gomes	Individual	26:55	+09:49	05:23	
190	644	Pedro Valente	MATIZ	26:57	+09:51	05:23	
191	564	Rui Simões	Individual	26:59	+09:53	05:24	
192	368	João Cotas	Individual	27:00	+09:54	05:24	
193	700	Helena Gonçalves	Botão Camp	27:03	+09:57	05:25	
194	693	Miguel Campos	TRIBO NR	27:03	+09:57	05:25	
195	672	Daniela matos	Racho-te	27:04	+09:58	05:25	
196	571	Francisco Silva	Individual	27:07	+10:01	05:25	
197	782	Filipe Ferreira	Individual	27:07	+10:01	05:25	
198	449	Raquel Abreu	Individual	27:08	+10:02	05:26	
199	479	Catarina sofia sousa Neves	Individual	27:11	+10:05	05:26	
200	725	Nuno Costa	Botão Camp	27:12	+10:06	05:26	
201	322	Rute Viseu	Individual	27:25	+10:19	05:29	
202	212	Ricardo Lopes	Focus_TUU	27:25	+10:19	05:29	
203	107	João Martelo	Botão Camp	27:27	+10:21	05:29	
204	467	RITA JOANA RODRIGUES DE OLIVEIRA FERNANDES	Individual	27:30	+10:24	05:30	
205	501	Natália Lucas	Individual	27:32	+10:26	05:30	
206	113	Nelson Azenha	C.O.L - Centro de Operações Lentas	27:34	+10:28	05:31	
207	55	José Sequeira	ARSM - Associação Recreativa de S. Miguel	27:38	+10:32	05:32	
208	355	Francisco Tomás Ferreira Brandão	Individual	27:40	+10:34	05:32	
209	360	Guilherme Lourenço	Individual	27:40	+10:34	05:32	
210	583	Ricardo Rodrigues	Individual	27:46	+10:40	05:33	
211	1054	Andréia Paula	Individual	27:59	+10:53	05:36	
212	105	Manuel Santos	Botão Camp	28:00	+10:54	05:36	
213	686	Rita Carvalho	TRIBO NR	28:02	+10:56	05:36	
214	53	André Pimentel Cruz	ARSM - Associação Recreativa de S. Miguel	28:02	+10:56	05:36	
215	209	Pedro Albuquerque	Focus_TUU	28:03	+10:57	05:37	
216	208	João Antunes	Focus_TUU	28:03	+10:57	05:37	
217	15	Bruno Ferreira	Academia de Desportos de Condeixa	28:05	+10:59	05:37	
218	32	Samuel Fontes dos Anjos	Academia de Desportos de Condeixa	28:05	+10:59	05:37	
219	18	Ana Flor da Silva Marques	Academia de Desportos de Condeixa	28:06	+11:00	05:37	
220	459	Isabel Marques	Individual	28:07	+11:01	05:37	
221	1038	Milene Santos	FunRunners	28:07	+11:01	05:37	
222	741	Nuno Rasteiro	Gangue de Pereira	28:13	+11:07	05:39	
223	771	Anastasiia Zenkovich	Individual	28:15	+11:09	05:39	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	31	Nuno Correia	Academia de Desportos de Condeixa	28:16	+11:10	05:39	
225	594	Ricardo Jorge Ferreira Alves	Individual	28:16	+11:10	05:39	
226	623	Odeta Cruz	João Silva CCR Praia de Mira	28:22	+11:16	05:40	
227	1067	Ana Dinis	Light Runners	28:25	+11:19	05:41	
228	1069	Ana Rute Moreira	TRIBO NR	28:27	+11:21	05:41	
229	281	Inês Machado Gomes Baptista	Individual	28:28	+11:22	05:42	
230	114	Pedro Fonseca	C.O.L - Centro de Operações Lentas	28:32	+11:26	05:42	
231	154	Francisca Nunes	Focus_TUU	28:33	+11:27	05:43	
232	683	Raquel Neves	Talentos Objetivos	28:35	+11:29	05:43	
233	101	Ricardo Firmino	Botão Camp	28:35	+11:29	05:43	
234	290	Joana Vieira	Individual	28:39	+11:33	05:44	
235	353	Francisco Palrilha	Individual	28:39	+11:33	05:44	
236	272	Eva Paulo	Individual	28:41	+11:35	05:44	
237	556	Paulo Alexandre	Individual	28:48	+11:42	05:46	
238	473	Telma Francisco	Individual	28:48	+11:42	05:46	
239	25	Sandra Ponte	Academia de Desportos de Condeixa	28:51	+11:45	05:46	
240	26	Zulmira Rlbeiro	Academia de Desportos de Condeixa	28:51	+11:45	05:46	
241	404	Vítor Lopes	Individual	28:52	+11:46	05:46	
242	658	Francisco Marques	Pacemakers	28:54	+11:48	05:47	
243	207	Gonçalo Azevedo Mendes	Focus_TUU	28:56	+11:50	05:47	
244	412	Francisca Ferreira	Individual	28:56	+11:50	05:47	
245	197	Filipe Balsas	Focus_TUU	28:56	+11:50	05:47	
246	174	Tomás Pereira	Focus_TUU	28:57	+11:51	05:47	
247	1028	João Carlos Balças da Silva	Academia de Desportos de Condeixa	28:57	+11:51	05:47	
248	676	Marco Alexandre Costa Santos	Roda Dianteira BTT	29:00	+11:54	05:48	
249	3	Susana Lobo	100 Ritmo	29:03	+11:57	05:49	
250	476	Andrea Canelas	Individual	29:03	+11:57	05:49	
251	611	João Paulo Mouta Dias	Individual	29:08	+12:02	05:50	
252	112	Ana Caldeira	C.O.L - Centro de Operações Lentas	29:08	+12:02	05:50	
253	719	Diogo Rodrigues	Botão Camp	29:15	+12:09	05:51	
254	515	André Pinto	Individual	29:17	+12:11	05:51	
255	395	Rodrigo Silveira	Individual	29:18	+12:12	05:52	
256	385	Nathan Pontes	Individual	29:20	+12:14	05:52	
257	216	Gary Quintal	FunRunners	29:21	+12:15	05:52	
258	202	Tiago Cardoso	Focus_TUU	29:22	+12:16	05:52	
259	367	João Carlos Filipe Costa	Individual	29:23	+12:17	05:53	
260	577	João Caldeira	Individual	29:26	+12:20	05:53	
261	491	Telma Costa	Individual	29:26	+12:20	05:53	
262	205	Simão Paredes	Focus_TUU	29:27	+12:21	05:53	
263	397	Rúben Antunes	Individual	29:28	+12:22	05:54	
264	357	Gonçalo Catarino	Individual	29:32	+12:26	05:54	
265	613	José Simão	Individual	29:34	+12:28	05:55	
266	193	Maria da Graça das Neves Silva	Focus_TUU	29:36	+12:30	05:55	
267	421	Alexandre Jesus	Individual	29:37	+12:31	05:55	
268	438	Danielle Bueno	Individual	29:41	+12:35	05:56	
269	346	Fábio Pimentel	Individual	29:45	+12:39	05:57	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	587	Carlos Silva	Individual	29:45	+12:39	05:57	
271	211	Alvaro Portugal	Focus_TUU	29:45	+12:39	05:57	
272	597	António Manuel Esteves Joaquim	Individual	29:54	+12:48	05:59	
273	95	Luis Lopes	Botão Camp	29:55	+12:49	05:59	
274	142	Francisco Pereira	EntreProvas	30:01	+12:55	06:00	
275	327	Tânia Branco	Individual	30:02	+12:56	06:00	
276	696	Luís Miguel Nunes	TRIBO NR	30:04	+12:58	06:01	
277	189	Catarina Monteiro	Focus_TUU	30:04	+12:58	06:01	
278	1045	André Filipe Morais	Individual	30:05	+12:59	06:01	
279	482	Joana Costa	Individual	30:05	+12:59	06:01	
280	203	Jose Luis Nunes	Focus_TUU	30:05	+12:59	06:01	
281	657	Joana Santos	Pacemakers	30:10	+13:04	06:02	
282	377	Keven Reis	Individual	30:12	+13:06	06:02	
283	393	Rafael Almeida	Individual	30:17	+13:11	06:03	
284	384	Miguel Fonseca	Individual	30:17	+13:11	06:03	
285	425	Eurickson Monteiro	Individual	30:17	+13:11	06:03	
286	40	Sónia Conceição	Ameal Trail	30:17	+13:11	06:03	
287	14	Érica Beatriz Santiago Marques	Academia de Desportos de Condeixa	30:18	+13:12	06:04	
288	1057	Rita Gomes	Individual	30:22	+13:16	06:04	
289	629	Filipa Domingos	Light Runners	30:25	+13:19	06:05	
290	635	Liliana Dias	Light Runners	30:25	+13:19	06:05	
291	628	Ana Simões	Light Runners	30:25	+13:19	06:05	
292	136	Rafaela Rodrigues	DCI/Trilhos Luso Bussaco	30:26	+13:20	06:05	
293	30	Hélio Jorge	Academia de Desportos de Condeixa	30:27	+13:21	06:05	
294	511	Maria Isabel Garcia de Campos Trindade	Individual	30:28	+13:22	06:06	
295	178	Inês de Brito	Focus_TUU	30:28	+13:22	06:06	
296	80	Regina Costa	Botão Camp	30:29	+13:23	06:06	
297	770	Sónia Saraiva	Individual	30:29	+13:23	06:06	
298	49	Carla Cotas	ARCD Venda da Luisa	30:32	+13:26	06:06	
299	1060	João Paulo Parreira Silvano	Individual	30:40	+13:34	06:08	
300	521	Daniel Sousa Fonseca	Individual	30:40	+13:34	06:08	
301	721	Diana Lourenço	Botão Camp	30:42	+13:36	06:08	
302	85	Vânia Fernandes	Botão Camp	30:42	+13:36	06:08	
303	74	Liliana Nunes	Botão Camp	30:45	+13:39	06:09	
304	82	Sónia Pereira	Botão Camp	30:51	+13:45	06:10	
305	692	Marcos Alves	TRIBO NR	30:52	+13:46	06:10	
306	615	António Apolinário Silva Carvalho Saraiva	Individual	30:54	+13:48	06:11	
307	264	Catarina Correia	Individual	30:56	+13:50	06:11	
308	299	Luísa carvalho	Individual	30:58	+13:52	06:12	
309	177	Carolina Rato	Focus_TUU	30:59	+13:53	06:12	
310	673	Nuno Silva	Racho-te	31:00	+13:54	06:12	
311	307	Mariana Silva	Individual	31:01	+13:55	06:12	
312	464	Marta Cardoso	Individual	31:01	+13:55	06:12	
313	627	Â. Sockitas	Light Runners	31:03	+13:57	06:13	
314	48	Luís António Pinto Pereira	ARC Espariz	31:06	+14:00	06:13	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
315	559	Pedro Marinheira	Individual	31:10	+14:04	06:14	
316	314	patricia cravo	Individual	31:10	+14:04	06:14	
317	170	Leonel Monteiro	Focus_TUU	31:12	+14:06	06:14	
318	586	Antonio Trigo	Individual	31:13	+14:07	06:15	
319	362	Henrique Esteves	Individual	31:19	+14:13	06:16	
320	157	Catarina Pastilha	Focus_TUU	31:21	+14:15	06:16	
321	505	Ana Oliveira	Individual	31:22	+14:16	06:16	
322	62	Tiago Marques	Bombeiros Voluntários de Brasfemes BTT e trail	31:24	+14:18	06:17	
323	1068	Débora Soares	Roda Dianteira BTT	31:25	+14:19	06:17	
324	646	Inês Guedes Teixeira	NAC	31:29	+14:23	06:18	
325	647	José Manuel Oliveira Teixeira	NAC	31:29	+14:23	06:18	
326	173	Tiago Borges	Focus_TUU	31:31	+14:25	06:18	
327	1042	Madalena Santos	Individual	31:31	+14:25	06:18	
328	697	António Faria	TRIBO NR	31:31	+14:25	06:18	
329	308	Mariana Silva	Individual	31:32	+14:26	06:18	
330	671	José Luís Cruz	R G Levanta Poeira	31:35	+14:29	06:19	
331	19	Ana Pocinho	Academia de Desportos de Condeixa	31:37	+14:31	06:19	
332	21	Liliana Agante	Academia de Desportos de Condeixa	31:37	+14:31	06:19	
333	12	Angela Ribeiro	Academia de Desportos de Condeixa	31:37	+14:31	06:19	
334	20	Anabela Sofia Santiago Marques	Academia de Desportos de Condeixa	31:37	+14:31	06:19	
335	161	Maria Ávila	Focus_TUU	31:40	+14:34	06:20	
336	167	Frederico Macedo	Focus_TUU	31:40	+14:34	06:20	
337	316	Patricia Santos	Individual	31:41	+14:35	06:20	
338	320	Rita pires	Individual	31:41	+14:35	06:20	
339	38	Danieli Sousa	MIRO TRAIL	31:42	+14:36	06:20	
340	182	Sandra Rito	Focus_TUU	31:43	+14:37	06:21	
341	206	Alfredo Cortesão	Focus_TUU	31:45	+14:39	06:21	
342	382	Micael Neves	Individual	31:48	+14:42	06:22	
343	648	Rita Fonseca	Núcleo do SCP de Condeixa	31:50	+14:44	06:22	
344	785	manuel filipe vieira da costa	Individual	31:53	+14:47	06:23	
345	140	Cristina Carolino	Draco Runners	31:54	+14:48	06:23	
346	497	Elsa Patrício	Individual	31:58	+14:52	06:24	
347	791	MARIA LUISA HURTADO	TAGANGA TEAM	32:01	+14:55	06:24	
348	614	Pedro Teixeira	Individual	32:02	+14:56	06:24	
349	164	Sara Silva	Focus_TUU	32:05	+14:59	06:25	
350	621	Victor Pereira	Individual	32:06	+15:00	06:25	
351	1066	FERNANDO MANUEL MAFRA VIEIRA REPOLHO	Individual	32:07	+15:01	06:25	
352	698	Ilidio Cordeiro	Trilhos de Sicó	32:10	+15:04	06:26	
353	87	Elsa Santos	Botão Camp	32:11	+15:05	06:26	
354	388	Oscar Torres Sánchez	Individual	32:15	+15:09	06:27	
355	555	Nuno Santos	Individual	32:17	+15:11	06:27	
356	61	Teresa Simões	Bombeiros Voluntários de Brasfemes BTT e trail	32:19	+15:13	06:28	
357	326	Tabita Rodrigues	Individual	32:20	+15:14	06:28	
358	540	Tiago Furtado da Silva Leite	Individual	32:23	+15:17	06:29	
359	8	Adriano Santos	100Pernas	32:33	+15:27	06:31	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
360	354	Francisco Ribeiro	Individual	32:33	+15:27	06:31	
361	494	Carlota Joaquina	Individual	32:40	+15:34	06:32	
362	650	Ana Fonseca	Núcleo do SCP de Condeixa	32:40	+15:34	06:32	
363	437	Claudia Costa	Individual	32:42	+15:36	06:32	
364	517	Bruno Costa	Individual	32:43	+15:37	06:33	
365	550	Jorge Farinha	Individual	32:45	+15:39	06:33	
366	286	Joana Maria Rodrigues Guerreiro	Individual	32:49	+15:43	06:34	
367	90	Sónia Ribeiro	Botão Camp	32:52	+15:46	06:34	
368	96	Bruno Craveiro	Botão Camp	32:52	+15:46	06:34	
369	520	Daniel Roque	Individual	32:54	+15:48	06:35	
370	592	Paulo Martins	Individual	32:59	+15:53	06:36	
371	604	José de Jesus Monteiro	Individual	33:01	+15:55	06:36	
372	276	Glória Figueiredo Cardoso	Individual	33:08	+16:02	06:38	
373	538	Telmo Simões	Individual	33:12	+16:06	06:38	
374	192	Maria Glória Andrade Santos	Focus_TUU	33:20	+16:14	06:40	
375	453	Tânia Margarida pereira Simões	Individual	33:26	+16:20	06:41	
376	499	Jianwei Zheng	Individual	33:28	+16:22	06:42	
377	798	Pedro Lopes	THOMAR ATHLETICS	33:29	+16:23	06:42	
378	441	Helena Isabel Prata Domingues	Individual	33:29	+16:23	06:42	
379	312	Nataliya Samodyelkina	Individual	33:30	+16:24	06:42	
380	240	André Samuel Rodrigues Sousa	Individual	33:35	+16:29	06:43	
381	689	Francisco Pires	TRIBO NR	33:39	+16:33	06:44	
382	284	Joana André	Individual	33:39	+16:33	06:44	
383	728	Susana Trilho	Coimbra Trail Running	33:40	+16:34	06:44	
384	235	Fernanda Duarte	HOT.Runners	33:44	+16:38	06:45	
385	610	Carlos Barroso	Individual	33:48	+16:42	06:46	
386	190	Márcia Pereira	Focus_TUU	33:50	+16:44	06:46	
387	457	Anne Marie Roque	Individual	33:50	+16:44	06:46	
388	1047	António Silva	Individual	33:53	+16:47	06:47	
389	279	Inês Cunha	Individual	33:55	+16:49	06:47	
390	98	João Santos	Botão Camp	33:56	+16:50	06:47	
391	466	Rita Fernandes	Individual	34:00	+16:54	06:48	
392	224	Mónica Dias	Gira Sol	34:07	+17:01	06:49	
393	183	Alexandra Ferraz	Focus_TUU	34:08	+17:02	06:50	
394	295	Laura Marques	Individual	34:08	+17:02	06:50	
395	239	Afonso Cortez Dias	Individual	34:11	+17:05	06:50	
396	639	Mariya Oliveira	Light Runners	34:16	+17:10	06:51	
397	241	Bernardo Cortez Dias	Individual	34:20	+17:14	06:52	
398	717	Catarina Ramos	Botão Camp	34:23	+17:17	06:53	
399	411	Daniela Mendes	Individual	34:31	+17:25	06:54	
400	152	Sónia Matos	Esquadrão Quase Atletas	34:33	+17:27	06:55	
401	150	Katarina Augusto	Esquadrão Quase Atletas	34:33	+17:27	06:55	
402	151	Paula Santos	Esquadrão Quase Atletas	34:34	+17:28	06:55	
403	75	Rita Trindade	Botão Camp	34:37	+17:31	06:55	
404	277	Helena Sofia Gama Santos	Individual	34:37	+17:31	06:55	
405	503	Susana Madeira	Individual	34:37	+17:31	06:55	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
406	1052	Ana Borba	Individual	34:40	+17:34	06:56	
407	569	Emilson da Silva Borba	Individual	34:41	+17:35	06:56	
408	723	Isabel Pinto	Botão Camp	34:53	+17:47	06:59	
409	489	Sandra Serém	Individual	34:55	+17:49	06:59	
410	73	Dora Antunes	Botão Camp	35:00	+17:54	07:00	
411	88	Liliana Santos	Botão Camp	35:00	+17:54	07:00	
412	92	Elsa Costa	Botão Camp	35:01	+17:55	07:00	
413	63	Andreia Graça	Botão Camp	35:01	+17:55	07:00	
414	93	João Dias	Botão Camp	35:01	+17:55	07:00	
415	1050	Beatriz Correia	Individual	35:01	+17:55	07:00	
416	508	Lurdes soares	Individual	35:02	+17:56	07:00	
417	493	Carla claudino	Individual	35:02	+17:56	07:00	
418	1043	Mariana Costa	Individual	35:03	+17:57	07:01	
419	1044	Sofia Morais	Individual	35:03	+17:57	07:01	
420	413	Gabriela Sofia Rodrigues da Silva	Individual	35:11	+18:05	07:02	
421	148	Paulo Palhinha	Escola de Atletismo de Coimbra/JPaiva	35:19	+18:13	07:04	
422	146	Nadea Morais	Escola de Atletismo de Coimbra/JPaiva	35:19	+18:13	07:04	
423	688	Isabel Ventura	TRIBO NR	35:20	+18:14	07:04	
424	687	Micaela Pires	TRIBO NR	35:20	+18:14	07:04	
425	168	Jorge França	Focus_TUU	35:22	+18:16	07:04	
426	387	Nuno Reis	Individual	35:37	+18:31	07:07	
427	176	Carolina Abreu	Focus_TUU	35:39	+18:33	07:08	
428	636	Inês Sobral	Light Runners	35:40	+18:34	07:08	
429	223	Tânia Faria	Gira Sol	35:47	+18:41	07:09	
430	310	Marta Belo	Individual	35:52	+18:46	07:10	
431	1048	David Leonardo Antunes	Individual	35:53	+18:47	07:11	
432	278	Inês Alexandra Coelho Figueiredo	Individual	35:55	+18:49	07:11	
433	637	Patricia Coelho	Light Runners	35:56	+18:50	07:11	
434	213	Juliana Costa	FunRunners	35:58	+18:52	07:12	
435	184	Ana Cardoso	Focus_TUU	36:08	+19:02	07:14	
436	162	Mariana Almeida	Focus_TUU	36:08	+19:02	07:14	
437	566	Alexis Enrique Infante Riera	Individual	36:08	+19:02	07:14	
438	188	Carla Rodrigues	Focus_TUU	36:09	+19:03	07:14	
439	83	Teresa Santos	Botão Camp	36:10	+19:04	07:14	
440	324	Sara Veloso	Individual	36:12	+19:06	07:14	
441	218	Idalina Madeira	GD S DOMINGOS	36:12	+19:06	07:14	
442	285	Joana Baio	Individual	36:16	+19:10	07:15	
443	252	Ana Baio	Individual	36:16	+19:10	07:15	
444	443	Joana Dias	Individual	36:33	+19:27	07:19	
445	560	Renato Dias	Individual	36:33	+19:27	07:19	
446	660	Vagner Marques	Pitukos Power Couple	36:35	+19:29	07:19	
447	1053	Patrícia Cordeiro Peguinho	Individual	36:39	+19:33	07:20	
448	302	Maria Caranova	Individual	36:41	+19:35	07:20	
449	398	Samuel Silva	Individual	36:41	+19:35	07:20	
450	191	Carla Vieira	Focus_TUU	36:42	+19:36	07:20	
451	381	Mauro Neto	Individual	37:03	+19:57	07:25	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
452	280	Inês Filipa Simões Valença	Individual	37:03	+19:57	07:25	
453	664	José Carimba	Prunners	37:03	+19:57	07:25	
454	573	Francisco Valério	Individual	37:04	+19:58	07:25	
455	659	Joana Tudela	Pitukos Power Couple	37:08	+20:02	07:26	
456	480	Clara Paiva	Individual	37:08	+20:02	07:26	
457	283	Isabelle Algaranhar	Individual	37:09	+20:03	07:26	
458	509	Paula Ribeiro	Individual	37:10	+20:04	07:26	
459	495	Cristina Silva	Individual	37:11	+20:05	07:26	
460	1058	Sandra Ferrão	Individual	37:12	+20:06	07:26	
461	334	Ângelo Neves	Individual	37:35	+20:29	07:31	
462	89	Luisa Baptista	Botão Camp	37:39	+20:33	07:32	
463	163	Marisa Campos	Focus_TUU	37:48	+20:42	07:34	
464	1030	Elisabete Santos	Cdm Running Crew	37:48	+20:42	07:34	
465	180	Joana Lucena	Focus_TUU	37:49	+20:43	07:34	
466	256	Ana Santos	Individual	37:49	+20:43	07:34	
467	789	Joni Silva	Os Piursos	37:52	+20:46	07:34	
468	788	Carole Henriques	Os Piursos	37:52	+20:46	07:34	
469	677	Rosa Amélia Lebre Otero	Rosa Amélia Lebre Otero	38:07	+21:01	07:37	
470	745	Agnisse Pascoal	Individual	38:08	+21:02	07:38	
471	348	Felipe Rodrigues da Silva	Individual	38:11	+21:05	07:38	
472	415	Larissa de Lima Silva	Individual	38:11	+21:05	07:38	
473	764	Warya G	Individual	38:11	+21:05	07:38	
474	679	Helena Simões	Slow Pace	38:15	+21:09	07:39	
475	439	Dora Santos	Individual	38:18	+21:12	07:40	
476	407	Beatriz Oliveira Ferreira	Individual	38:19	+21:13	07:40	
477	293	Lara Covas	Individual	38:19	+21:13	07:40	
478	72	Diana Ribeiro	Botão Camp	38:20	+21:14	07:40	
479	774	Julieta Coelho	Individual	38:21	+21:15	07:40	
480	185	Catarina Filipe	Focus_TUU	38:29	+21:23	07:42	
481	642	Inês Teixeira	Makelt Real	38:31	+21:25	07:42	
482	643	Hugo Marques	Makelt Real	38:31	+21:25	07:42	
483	638	Véronique Seco	Light Runners	38:37	+21:31	07:43	
484	746	Alexandra de Brito	Individual	38:52	+21:46	07:46	
485	303	Maria Dias	Individual	39:01	+21:55	07:48	
486	330	Alexandre Bravo	Individual	39:02	+21:56	07:48	
487	215	Flávio Silva	FunRunners	39:04	+21:58	07:49	
488	109	Joaquim Melo	Botão Camp	39:11	+22:05	07:50	
489	504	Zurita Dias	Individual	39:13	+22:07	07:51	
490	477	Carla Gomes	Individual	39:13	+22:07	07:51	
491	460	Joana Carvalho	Individual	39:24	+22:18	07:53	
492	156	Carolina Pedrosa Mendes	Focus_TUU	39:47	+22:41	07:57	
493	194	Bruno Simões	Focus_TUU	39:47	+22:41	07:57	
494	160	Joana Bexiga	Focus_TUU	39:47	+22:41	07:57	
495	181	Renata Patrão	Focus_TUU	39:47	+22:41	07:57	
496	210	Pedro Calisto	Focus_TUU	39:47	+22:41	07:57	
497	461	Joana Rodrigues	Individual	39:56	+22:50	07:59	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
498	444	Joana Loureiro	Individual	40:38	+23:32	08:08	
499	78	Claudia Simoes	Botão Camp	40:41	+23:35	08:08	
500	722	Sónia Gomes	Botão Camp	40:41	+23:35	08:08	
501	317	Poliana Nascimento	Individual	40:54	+23:48	08:11	
502	122	Estela Pedreiro	Cluve - Clube de Veteranos de Atletismo de Coimbra	41:08	+24:02	08:14	
503	1056	Helena correia	Individual	41:51	+24:45	08:22	
504	321	Rosana de Jesus Barbeitos da Silva	Individual	41:57	+24:51	08:23	
505	447	Marta Sofia Firmo Morais	Individual	42:05	+24:59	08:25	
506	474	ANA CAROLINA LEONEL CRESPO OLIVEIRA	Individual	42:12	+25:06	08:26	
507	158	Fernanda Tayná Fernandes Fontes da Silva	Focus_TUU	42:18	+25:12	08:28	
508	313	Patrícia Costa	Individual	42:20	+25:14	08:28	
509	375	José Matos	Individual	42:36	+25:30	08:31	
510	451	Sara Matos	Individual	42:37	+25:31	08:31	
511	653	Raquel Bernardo	O TRIO	42:54	+25:48	08:35	
512	652	Marta Azevedo	O TRIO	42:54	+25:48	08:35	
513	651	Daniela Rodrigues	O TRIO	42:55	+25:49	08:35	
514	71	Catarina Santos	Botão Camp	42:58	+25:52	08:36	
515	274	Filipa Oliveira	Individual	43:15	+26:09	08:39	
516	2001	Eunice Santos	Sexto Sentido 1	43:40	+26:34	08:44	
517	2004	Rita Fernandes	Sexto Sentido 1	43:40	+26:34	08:44	
518	81	Sofia Isabel pereira de Seíça	Botão Camp	43:47	+26:41	08:45	
519	7	Lucas vilhalba	100Pernas	43:51	+26:45	08:46	
520	214	Rita Saraiva	FunRunners	46:17	+29:11	09:15	
521	288	Joana Santos	Individual	48:28	+31:22	09:42	
522	64	Vanessa Azedo	Botão Camp	49:44	+32:38	09:57	
523	97	Fernando Silva	Botão Camp	49:50	+32:44	09:58	
524	9	Thiago Baldassa	100Pernas	53:26	+36:20	10:41	
525	710	Ana Rosário	Academia de Desportos de Condeixa	55:45	+38:39	11:09	
526	6	Jeniffer Rodrigues	100Pernas	56:03	+38:57	11:13	
527	5	Jaine Santos	100Pernas	56:03	+38:57	11:13	
528	448	Nathália Valderrama	Individual	01:01:09	+44:03	12:14	

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	17,3°C	89%
End	11:01	17,3°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Junior Feminino

1	154	Francisca Nunes	Focus_TUU	Junior Feminino	28:33	05:43
2	648	Rita Fonseca	Núcleo do SCP de Condeixa	Junior Feminino	31:50	+03:17 06:22

Junior Masculino

1	790	DANIEL BEJARANO	Olivaís Atletismo	Junior Masculino	17:48	03:34
2	1039	Derek Van Helden	Individual	Junior Masculino	19:02	+01:13 03:48
3	242	ezequiel cardoso	Individual	Junior Masculino	20:15	+02:26 04:03
4	155	Diogo Nunes	Focus_TUU	Junior Masculino	23:17	+05:28 04:39
5	11	Rafael craveiro Mateus	Academia de Desportos de Condeixa	Junior Masculino	24:46	+06:57 04:57
6	243	Leandro dos Santos Cravo	Individual	Junior Masculino	25:46	+07:57 05:09
7	240	André Samuel Rodrigues Sousa	Individual	Junior Masculino	33:35	+15:46 06:43
8	239	Afonso Cortez Dias	Individual	Junior Masculino	34:11	+16:22 06:50
9	241	Bernardo Cortez Dias	Individual	Junior Masculino	34:20	+16:32 06:52
10	664	José Carimba	Prunners	Junior Masculino	37:03	+19:14 07:25

Juvenil Feminino

1	1040	Carolina Cortez	Individual	Juvenil Feminino	20:53		04:11
2	649	Beatriz Fonseca	Núcleo do SCP de Condeixa	Juvenil Feminino	25:52	+04:59	05:10
3	646	Inês Guedes Teixeira	NAC	Juvenil Feminino	31:29	+10:35	06:18

Juvenil Masculino

1	143	Gabriel Seromenho Sousa Duarte	Escola de Atletismo de Coimbra/JPaiva	Juvenil Masculino	18:33		03:43
2	251	pedro xu	Individual	Juvenil Masculino	22:00	+03:26	04:24
3	248	João Dias	Individual	Juvenil Masculino	22:04	+03:30	04:25
4	250	Luís Miguel Marto e Costa	Individual	Juvenil Masculino	25:32	+06:58	05:06

Senior Feminino

1	737	Margarida Garcia	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	22:05		04:25:00
2	271	Diana Rodrigues	Individual	Senior Feminino	22:28	+00:23	04:30:00
3	159	Hadassa Lima	Focus_TUU	Senior Feminino	22:43	+00:38	04:33:00
4	220	Ana Veiga	Geladólicos Anónimos	Senior Feminino	24:21	+02:15	04:52:00

Official Timekeeper: Lap2Go	1 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

5	13	Diana Batista	Academia de Desportos de Condeixa	Senior Feminino	25:02	+02:57	05:00
6	298	Luana Bevervanco	Individual	Senior Feminino	25:40	+03:35	05:08
7	796	Soraia Fonseca	THOMAR ATHLETICS	Senior Feminino	25:40	+03:35	05:08
8	52	Filipa Seco	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	26:52	+04:47	05:22
9	672	Daniela matos	Racho-te	Senior Feminino	27:04	+04:59	05:25
10	322	Rute Viseu	Individual	Senior Feminino	27:25	+05:19	05:29
11	1069	Ana Rute Moreira	TRIBO NR	Senior Feminino	28:27	+06:21	05:41
12	281	Inês Machado Gomes Baptista	Individual	Senior Feminino	28:28	+06:22	05:42
13	683	Raquel Neves	Talentos Objetivos	Senior Feminino	28:35	+06:29	05:43
14	290	Joana Vieira	Individual	Senior Feminino	28:39	+06:34	05:44
15	272	Eva Paulo	Individual	Senior Feminino	28:41	+06:35	05:44
16	112	Ana Caldeira	C.O.L - Centro de Operações Lentas	Senior Feminino	29:08	+07:03	05:50
17	327	Tânia Branco	Individual	Senior Feminino	30:02	+07:57	06:00
18	657	Joana Santos	Pacemakers	Senior Feminino	30:10	+08:04	06:02
19	14	Érica Beatriz Santiago Marques	Academia de Desportos de Condeixa	Senior Feminino	30:18	+08:13	06:04
20	629	Filipa Domingos	Light Runners	Senior Feminino	30:25	+08:19	06:05
21	628	Ana Simões	Light Runners	Senior Feminino	30:25	+08:20	06:05
22	136	Rafaela Rodrigues	DCI/Trilhos Luso Bussaco	Senior Feminino	30:26	+08:21	06:05
23	264	Catarina Correia	Individual	Senior Feminino	30:56	+08:51	06:11
24	299	Luísa carvalho	Individual	Senior Feminino	30:58	+08:53	06:12
25	307	Mariana Silva	Individual	Senior Feminino	31:01	+08:56	06:12
26	627	Â. Sockitas	Light Runners	Senior Feminino	31:03	+08:58	06:13
27	314	patricia cravo	Individual	Senior Feminino	31:10	+09:05	06:14
28	157	Catarina Pastilha	Focus_TUU	Senior Feminino	31:21	+09:16	06:16
29	1068	Débora Soares	Roda Dianteira BTT	Senior Feminino	31:25	+09:19	06:17
30	1042	Madalena Santos	Individual	Senior Feminino	31:31	+09:25	06:18
31	308	Mariana Silva	Individual	Senior Feminino	31:32	+09:26	06:18
32	12	Angela Ribeiro	Academia de Desportos de Condeixa	Senior Feminino	31:37	+09:32	06:19
33	161	Maria Ávila	Focus_TUU	Senior Feminino	31:40	+09:35	06:20
34	316	Patricia Santos	Individual	Senior Feminino	31:41	+09:35	06:20
35	320	Rita pires	Individual	Senior Feminino	31:41	+09:36	06:20
36	791	MARIA LUISA HURTADO	TAGANGA TEAM	Senior Feminino	32:01	+09:56	06:24
37	164	Sara Silva	Focus_TUU	Senior Feminino	32:05	+09:59	06:25
38	326	Tabita Rodrigues	Individual	Senior Feminino	32:20	+10:14	06:28
39	286	Joana Maria Rodrigues Guerreiro	Individual	Senior Feminino	32:49	+10:44	06:34
40	276	Glória Figueiredo Cardoso	Individual	Senior Feminino	33:08	+11:03	06:38
41	312	Nataliya Samodyelkina	Individual	Senior Feminino	33:30	+11:24	06:42
42	284	Joana André	Individual	Senior Feminino	33:39	+11:34	06:44
43	279	Inês Cunha	Individual	Senior Feminino	33:55	+11:49	06:47
44	295	Laura Marques	Individual	Senior Feminino	34:08	+12:03	06:50
45	717	Catarina Ramos	Botão Camp	Senior Feminino	34:23	+12:18	06:53
46	277	Helena Sofia Gama Santos	Individual	Senior Feminino	34:37	+12:32	06:55
47	63	Andreia Graça	Botão Camp	Senior Feminino	35:01	+12:55	07:00

Official Timekeeper: Lap2Go	2 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

48	1043	Mariana Costa	Individual	Senior Feminino	35:03	+12:58	07:01
49	1044	Sofia Morais	Individual	Senior Feminino	35:03	+12:58	07:01
50	310	Marta Belo	Individual	Senior Feminino	35:52	+13:47	07:10
51	278	Inês Alexandra Coelho Figueiredo	Individual	Senior Feminino	35:55	+13:50	07:11
52	162	Mariana Almeida	Focus_TUU	Senior Feminino	36:08	+14:02	07:14
53	324	Sara Veloso	Individual	Senior Feminino	36:12	+14:06	07:14
54	285	Joana Baio	Individual	Senior Feminino	36:16	+14:11	07:15
55	252	Ana Baio	Individual	Senior Feminino	36:16	+14:11	07:15
56	302	Maria Caranova	Individual	Senior Feminino	36:41	+14:35	07:20
57	280	Inês Filipa Simões Valença	Individual	Senior Feminino	37:03	+14:57	07:25
58	283	Isabelle Algaranhar	Individual	Senior Feminino	37:09	+15:03	07:26
59	163	Marisa Campos	Focus_TUU	Senior Feminino	37:48	+15:43	07:34
60	256	Ana Santos	Individual	Senior Feminino	37:49	+15:44	07:34
61	788	Carole Henriques	Os Piursos	Senior Feminino	37:52	+15:47	07:34
62	745	Agnisse Pascoal	Individual	Senior Feminino	38:08	+16:03	07:38
63	293	Lara Covas	Individual	Senior Feminino	38:19	+16:13	07:40
64	642	Inês Teixeira	Makelt Real	Senior Feminino	38:31	+16:26	07:42
65	746	Alexandra de Brito	Individual	Senior Feminino	38:52	+16:47	07:46
66	303	Maria Dias	Individual	Senior Feminino	39:01	+16:56	07:48
67	156	Carolina Pedrosa Mendes	Focus_TUU	Senior Feminino	39:47	+17:41	07:57
68	160	Joana Bexiga	Focus_TUU	Senior Feminino	39:47	+17:41	07:57
69	317	Poliana Nascimento	Individual	Senior Feminino	40:54	+18:49	08:11
70	321	Rosana de Jesus Barbeitos da Silva	Individual	Senior Feminino	41:57	+19:51	08:23
71	158	Fernanda Tayná Fernandes Fontes da Silva	Focus_TUU	Senior Feminino	42:18	+20:12	08:28
72	313	Patrícia Costa	Individual	Senior Feminino	42:20	+20:15	08:28
73	653	Raquel Bernardo	O TRIO	Senior Feminino	42:54	+20:49	08:35
74	652	Marta Azevedo	O TRIO	Senior Feminino	42:54	+20:49	08:35
75	651	Daniela Rodrigues	O TRIO	Senior Feminino	42:55	+20:49	08:35
76	274	Filipa Oliveira	Individual	Senior Feminino	43:15	+21:09	08:39
77	288	Joana Santos	Individual	Senior Feminino	48:28	+26:23	09:42
78	64	Vanessa Azedo	Botão Camp	Senior Feminino	49:44	+27:39	09:57
79	710	Ana Rosário	Academia de Desportos de Condeixa	Senior Feminino	55:45	+33:40	11:09
80	6	Jeniffer Rodrigues	100Pernas	Senior Feminino	56:03	+33:58	11:13
81	5	Jaine Santos	100Pernas	Senior Feminino	56:03	+33:58	11:13

Senior Masculino

1	711	Maurício Fernandes	ADCP PEDRALVA	Senior Masculino	17:06		03:25
2	110	Lourençol Ferreira	C. D. São Salvador do Campo	Senior Masculino	17:10	+00:03	03:26
3	144	José Galvão	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	17:34	+00:27	03:31
4	400	Tiago Batista	Individual	Senior Masculino	19:14	+02:07	03:51
5	351	Francisco Balteiro	Individual	Senior Masculino	19:43	+02:37	03:57
6	760	Jorge Pinto	Individual	Senior Masculino	19:59	+02:52	04:00
7	390	Pedro Junior	Individual	Senior Masculino	20:06	+03:00	04:01

Official Timekeeper: Lap2Go	3 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

8	759	João Narciso	Individual	Senior Masculino	20:08	+03:01	04:02
9	37	Telmo Santos	Ameal Trail	Senior Masculino	20:29	+03:23	04:06
10	1035	Pedro Pires	Bora Treinar Running Club	Senior Masculino	20:31	+03:24	04:06
11	169	Leonardo Vieira	Focus_TUU	Senior Masculino	21:36	+04:29	04:19
12	365	Ílri Simões	Individual	Senior Masculino	21:49	+04:42	04:22
13	137	Rúben Fernandes	DCI/Trilhos Luso Bussaco	Senior Masculino	22:10	+05:04	04:26
14	345	Eduardo Coelho	Individual	Senior Masculino	22:26	+05:19	04:29
15	336	Bruno Alvim	Individual	Senior Masculino	22:27	+05:20	04:29
16	69	Rui Rodrigues	Botão Camp	Senior Masculino	22:28	+05:21	04:30
17	171	Pedro Ventura	Focus_TUU	Senior Masculino	22:36	+05:30	04:31
18	1046	Andre Pinho	Individual	Senior Masculino	23:08	+06:01	04:38
19	166	Carlos Ramos	Focus_TUU	Senior Masculino	23:10	+06:03	04:38
20	341	Diogo Manuel Ferreira Correia	Individual	Senior Masculino	23:42	+06:35	04:44
21	757	Hugo Oliveira	Individual	Senior Masculino	23:45	+06:39	04:45
22	792	DANIEL CABRERA	TAGANGA TEAM	Senior Masculino	23:47	+06:40	04:45
23	718	André Coelho	Botão Camp	Senior Masculino	23:51	+06:44	04:46
24	632	J. Sockitos	Light Runners	Senior Masculino	24:18	+07:11	04:52
25	172	Ricardo Loureiro	Focus_TUU	Senior Masculino	24:30	+07:23	04:54
26	370	João Martins	Individual	Senior Masculino	24:47	+07:40	04:57
27	339	Daniel Martins	Individual	Senior Masculino	24:55	+07:48	04:59
28	402	Tomás Dionísio Alves Martins	Individual	Senior Masculino	25:03	+07:57	05:01
29	66	João Firmino	Botão Camp	Senior Masculino	25:30	+08:23	05:06
30	763	Rui Lopes	Individual	Senior Masculino	25:33	+08:26	05:07
31	403	Vinícius Pereira	Individual	Senior Masculino	25:41	+08:34	05:08
32	329	Afonso Andrade	Individual	Senior Masculino	25:44	+08:37	05:09
33	369	João Goncalves	Individual	Senior Masculino	25:56	+08:49	05:11
34	633	Pedro Cimo	Light Runners	Senior Masculino	25:57	+08:50	05:11
35	153	Eduardo Ferreira	Expresso Martini	Senior Masculino	26:08	+09:01	05:14
36	356	Geivison Ferreira	Individual	Senior Masculino	26:42	+09:35	05:20
37	358	Gonçalo dos Santos de Carvalho Saraiva	Individual	Senior Masculino	26:48	+09:41	05:22
38	392	Pedro Prado	Individual	Senior Masculino	26:51	+09:44	05:22
39	113	Nelson Azenha	C.O.L - Centro de Operações Lentas	Senior Masculino	27:34	+10:28	05:31
40	355	Francisco Tomás Ferreira Brandão	Individual	Senior Masculino	27:40	+10:33	05:32
41	360	Guilherme Lourenço	Individual	Senior Masculino	27:40	+10:33	05:32
42	53	André Pimentel Cruz	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	28:02	+10:56	05:36
43	15	Bruno Ferreira	Academia de Desportos de Condeixa	Senior Masculino	28:05	+10:58	05:37
44	114	Pedro Fonseca	C.O.L - Centro de Operações Lentas	Senior Masculino	28:32	+11:25	05:42
45	353	Francisco Palrilha	Individual	Senior Masculino	28:39	+11:32	05:44
46	404	Vítor Lopes	Individual	Senior Masculino	28:52	+11:45	05:46
47	658	Francisco Marques	Pacemakers	Senior Masculino	28:54	+11:47	05:47
48	174	Tomás Pereira	Focus_TUU	Senior Masculino	28:57	+11:50	05:47
49	719	Diogo Rodrigues	Botão Camp	Senior Masculino	29:15	+12:08	05:51
50	395	Rodrigo Silveira	Individual	Senior Masculino	29:18	+12:11	05:52

Official Timekeeper: Lap2Go	4 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

51	385	Nathan Pontes	Individual	Senior Masculino	29:20	+12:14	05:52
52	397	Rúben Antunes	Individual	Senior Masculino	29:28	+12:22	05:54
53	357	Gonalo Catarino	Individual	Senior Masculino	29:32	+12:25	05:54
54	346	Fbio Pimentel	Individual	Senior Masculino	29:45	+12:38	05:57
55	1045	Andr Filipe Morais	Individual	Senior Masculino	30:05	+12:58	06:01
56	377	Keven Reis	Individual	Senior Masculino	30:12	+13:05	06:02
57	393	Rafael Almeida	Individual	Senior Masculino	30:17	+13:10	06:03
58	384	Miguel Fonseca	Individual	Senior Masculino	30:17	+13:10	06:03
59	673	Nuno Silva	Racho-te	Senior Masculino	31:00	+13:53	06:12
60	170	Leonel Monteiro	Focus_TUU	Senior Masculino	31:12	+14:05	06:14
61	362	Henrique Esteves	Individual	Senior Masculino	31:19	+14:13	06:16
62	173	Tiago Borges	Focus_TUU	Senior Masculino	31:31	+14:24	06:18
63	167	Frederico Macedo	Focus_TUU	Senior Masculino	31:40	+14:34	06:20
64	382	Micael Neves	Individual	Senior Masculino	31:48	+14:41	06:22
65	388	Oscar Torres Snchez	Individual	Senior Masculino	32:15	+15:08	06:27
66	354	Francisco Ribeiro	Individual	Senior Masculino	32:33	+15:27	06:31
67	798	Pedro Lopes	THOMAR ATHLETICS	Senior Masculino	33:29	+16:22	06:42
68	1047	Antnio Silva	Individual	Senior Masculino	33:53	+16:46	06:47
69	168	Jorge Frana	Focus_TUU	Senior Masculino	35:22	+18:16	07:04
70	387	Nuno Reis	Individual	Senior Masculino	35:37	+18:31	07:07
71	1048	David Leonardo Antunes	Individual	Senior Masculino	35:53	+18:46	07:11
72	398	Samuel Silva	Individual	Senior Masculino	36:41	+19:34	07:20
73	381	Mauro Neto	Individual	Senior Masculino	37:03	+19:56	07:25
74	334	ngelo Neves	Individual	Senior Masculino	37:35	+20:28	07:31
75	348	Felipe Rodrigues da Silva	Individual	Senior Masculino	38:11	+21:04	07:38
76	764	Warya G	Individual	Senior Masculino	38:11	+21:05	07:38
77	643	Hugo Marques	Makelt Real	Senior Masculino	38:31	+21:24	07:42
78	330	Alexandre Bravo	Individual	Senior Masculino	39:02	+21:55	07:48
79	375	Jos Matos	Individual	Senior Masculino	42:36	+25:29	08:31
80	7	Lucas vilhalba	100Pernas	Senior Masculino	43:51	+26:44	08:46

Sub 23 Feminino

1	409	Carolina Veloso	Individual	Sub 23 Feminino	25:07		05:01
2	412	Francisca Ferreira	Individual	Sub 23 Feminino	28:56	+03:49	05:47
3	411	Daniela Mendes	Individual	Sub 23 Feminino	34:31	+09:23	06:54
4	1050	Beatriz Correia	Individual	Sub 23 Feminino	35:01	+09:54	07:00
5	413	Gabriela Sofia Rodrigues da Silva	Individual	Sub 23 Feminino	35:11	+10:04	07:02
6	415	Larissa de Lima Silva	Individual	Sub 23 Feminino	38:11	+13:04	07:38
7	407	Beatriz Oliveira Ferreira	Individual	Sub 23 Feminino	38:19	+13:11	07:40

Sub 23 Masculino

1	420	Alex de Jesus Silva Junior9	Individual	Sub 23 Masculino	17:14	03:27
2	712	Diogo Duarte	ADCP PEDRALVA	Sub 23 Masculino	18:01	+00:47 03:36

Official Timekeeper: Lap2Go	5 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

3	145	Pedro António Teixeira Fidalgo de Oliveira	Escola de Atletismo de Coimbra/JPaiva	Sub 23 Masculino	18:22	+01:08	03:40
4	1051	Rafael Mendes	Individual	Sub 23 Masculino	21:55	+04:40	04:23
5	431	Tiago Jorge Coimbra da Silva	Individual	Sub 23 Masculino	21:58	+04:43	04:24
6	427	José Pedro Dinis Costa	Individual	Sub 23 Masculino	22:57	+05:43	04:35
7	428	Leandro Filipe Carvalho Cardoso	Individual	Sub 23 Masculino	23:23	+06:08	04:41
8	429	Paulo Vitória	Individual	Sub 23 Masculino	25:43	+08:29	05:09
9	421	Alexandre Jesus	Individual	Sub 23 Masculino	29:37	+12:23	05:55
10	425	Eurickson Monteiro	Individual	Sub 23 Masculino	30:17	+13:03	06:03

Veterana F35

1	2	Karen Duarte Mendes	Academia de Desportos de Condeixa	Veterana F35	20:27	04:05
2	435	Andreia Silva	Individual	Veterana F35	21:45	+01:18 04:21
3	120	Raquel Estrela	Clube Futebol Santa Clara	Veterana F35	25:42	+05:14 05:08
4	179	Joana Guedes	Focus_TUU	Veterana F35	25:43	+05:15 05:09
5	700	Helena Gonçalves	Botão Camp	Veterana F35	27:03	+06:35 05:25
6	449	Raquel Abreu	Individual	Veterana F35	27:08	+06:40 05:26
7	1038	Milene Santos	FunRunners	Veterana F35	28:07	+07:39 05:37
8	1067	Ana Dinis	Light Runners	Veterana F35	28:25	+07:58 05:41
9	438	Danielle Bueno	Individual	Veterana F35	29:41	+09:13 05:56
10	635	Liliana Dias	Light Runners	Veterana F35	30:25	+09:57 06:05
11	178	Inês de Brito	Focus_TUU	Veterana F35	30:28	+10:00 06:06
12	721	Diana Lourenço	Botão Camp	Veterana F35	30:42	+10:14 06:08
13	177	Carolina Rato	Focus_TUU	Veterana F35	30:59	+10:31 06:12
14	182	Sandra Rito	Focus_TUU	Veterana F35	31:43	+11:16 06:21
15	437	Claudia Costa	Individual	Veterana F35	32:42	+12:15 06:32
16	453	Tânia Margarida pereira Simões	Individual	Veterana F35	33:26	+12:58 06:41
17	441	Helena Isabel Prata Domingues	Individual	Veterana F35	33:29	+13:01 06:42
18	1052	Ana Borba	Individual	Veterana F35	34:40	+14:12 06:56
19	176	Carolina Abreu	Focus_TUU	Veterana F35	35:39	+15:11 07:08
20	223	Tânia Faria	Gira Sol	Veterana F35	35:47	+15:19 07:09
21	443	Joana Dias	Individual	Veterana F35	36:33	+16:05 07:19
22	1053	Patrícia Cordeiro Peguinho	Individual	Veterana F35	36:39	+16:11 07:20
23	180	Joana Lucena	Focus_TUU	Veterana F35	37:49	+17:21 07:34
24	181	Renata Patrão	Focus_TUU	Veterana F35	39:47	+19:19 07:57
25	444	Joana Loureiro	Individual	Veterana F35	40:38	+20:10 08:08
26	451	Sara Matos	Individual	Veterana F35	42:37	+22:09 08:31
27	448	Nathália Valderrama	Individual	Veterana F35	01:01:09	+40:42 12:14

Veterana F40

1	17	Ana Cristina Fernandes Ferreira	Academia de Desportos de Condeixa	Veterana F40	23:01	04:36
2	463	Mara Janeiro	Individual	Veterana F40	25:48	+02:47 05:10

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

3	1055	Sílvia Gouveia	Individual	Veterana F40	26:07	+03:06	05:13
4	467	RITA JOANA RODRIGUES DE OLIVEIRA FERNANDES	Individual	Veterana F40	27:30	+04:29	05:30
5	1054	Andréia Paula	Individual	Veterana F40	27:59	+04:58	05:36
6	686	Rita Carvalho	TRIBO NR	Veterana F40	28:02	+05:00	05:36
7	459	Isabel Marques	Individual	Veterana F40	28:07	+05:05	05:37
8	473	Telma Francisco	Individual	Veterana F40	28:48	+05:46	05:46
9	770	Sónia Saraiva	Individual	Veterana F40	30:29	+07:27	06:06
10	49	Carla Cotas	ARCD Venda da Luisa	Veterana F40	30:32	+07:30	06:06
11	74	Liliana Nunes	Botão Camp	Veterana F40	30:45	+07:44	06:09
12	464	Marta Cardoso	Individual	Veterana F40	31:01	+08:00	06:12
13	19	Ana Pocinho	Academia de Desportos de Condeixa	Veterana F40	31:37	+08:35	06:19
14	21	Liliana Agante	Academia de Desportos de Condeixa	Veterana F40	31:37	+08:35	06:19
15	20	Anabela Sofia Santiago Marques	Academia de Desportos de Condeixa	Veterana F40	31:37	+08:36	06:19
16	457	Anne Marie Roque	Individual	Veterana F40	33:50	+10:49	06:46
17	466	Rita Fernandes	Individual	Veterana F40	34:00	+10:59	06:48
18	224	Mónica Dias	Gira Sol	Veterana F40	34:07	+11:06	06:49
19	183	Alexandra Ferraz	Focus_TUU	Veterana F40	34:08	+11:06	06:50
20	75	Rita Trindade	Botão Camp	Veterana F40	34:37	+11:36	06:55
21	73	Dora Antunes	Botão Camp	Veterana F40	35:00	+11:58	07:00
22	636	Inês Sobral	Light Runners	Veterana F40	35:40	+12:38	07:08
23	637	Patricia Coelho	Light Runners	Veterana F40	35:56	+12:55	07:11
24	213	Juliana Costa	FunRunners	Veterana F40	35:58	+12:56	07:12
25	184	Ana Cardoso	Focus_TUU	Veterana F40	36:08	+13:06	07:14
26	659	Joana Tudela	Pitukos Power Couple	Veterana F40	37:08	+14:06	07:26
27	677	Rosa Amélia Lebre Otero	Rosa Amélia Lebre Otero	Veterana F40	38:07	+15:06	07:37
28	679	Helena Simões	Slow Pace	Veterana F40	38:15	+15:14	07:39
29	439	Dora Santos	Individual	Veterana F40	38:18	+15:16	07:40
30	72	Diana Ribeiro	Botão Camp	Veterana F40	38:20	+15:19	07:40
31	185	Catarina Filipe	Focus_TUU	Veterana F40	38:29	+15:27	07:42
32	638	Véronique Seco	Light Runners	Veterana F40	38:37	+15:35	07:43
33	460	Joana Carvalho	Individual	Veterana F40	39:24	+16:22	07:53
34	461	Joana Rodrigues	Individual	Veterana F40	39:56	+16:55	07:59
35	447	Marta Sofia Firmo Morais	Individual	Veterana F40	42:05	+19:03	08:25
36	71	Catarina Santos	Botão Camp	Veterana F40	42:58	+19:57	08:36
37	214	Rita Saraiva	FunRunners	Veterana F40	46:17	+23:15	09:15

Veterana F45

1	475	Ana Mota	Individual	Veterana F45	22:00		04:24
2	739	Raquel Nobre	Gangue de Pereira	Veterana F45	23:28	+01:27	04:42
3	1036	Sónia Oliveira	Bora Treinar Running Club	Veterana F45	24:46	+02:45	04:57
4	36	Catarina Sequeira	Centro de Trail Carlos Sá Penacova Team	Veterana F45	26:07	+04:06	05:13

Official Timekeeper: Lap2Go	7 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

5	22	Rute Aguiar de Melo	Academia de Desportos de Condeixa	Veterana F45	26:16	+04:15	05:15
6	656	Liliana Rodrigues	OS PE NA COVA	Veterana F45	26:31	+04:30	05:18
7	479	Catarina sofia sousa Neves	Individual	Veterana F45	27:11	+05:10	05:26
8	18	Ana Flor da Silva Marques	Academia de Desportos de Condeixa	Veterana F45	28:06	+06:05	05:37
9	771	Anastasiia Zenkovich	Individual	Veterana F45	28:15	+06:14	05:39
10	3	Susana Lobo	100 Ritmo	Veterana F45	29:03	+07:02	05:49
11	476	Andrea Canelas	Individual	Veterana F45	29:03	+07:02	05:49
12	491	Telma Costa	Individual	Veterana F45	29:26	+07:25	05:53
13	482	Joana Costa	Individual	Veterana F45	30:05	+08:04	06:01
14	40	Sónia Conceição	Ameal Trail	Veterana F45	30:17	+08:16	06:03
15	1057	Rita Gomes	Individual	Veterana F45	30:22	+08:21	06:04
16	80	Regina Costa	Botão Camp	Veterana F45	30:29	+08:28	06:06
17	85	Vânia Fernandes	Botão Camp	Veterana F45	30:42	+08:42	06:08
18	82	Sónia Pereira	Botão Camp	Veterana F45	30:51	+08:50	06:10
19	38	Danieli Sousa	MIRO TRAIL	Veterana F45	31:42	+09:41	06:20
20	728	Susana Trilho	Coimbra Trail Running	Veterana F45	33:40	+11:39	06:44
21	639	Mariya Oliveira	Light Runners	Veterana F45	34:16	+12:16	06:51
22	152	Sónia Matos	Esquadrão Quase Atletas	Veterana F45	34:33	+12:32	06:55
23	150	Katarina Augusto	Esquadrão Quase Atletas	Veterana F45	34:33	+12:32	06:55
24	151	Paula Santos	Esquadrão Quase Atletas	Veterana F45	34:34	+12:33	06:55
25	489	Sandra Serém	Individual	Veterana F45	34:55	+12:54	06:59
26	146	Nadea Moraes	Escola de Atletismo de Coimbra/JPaiva	Veterana F45	35:19	+13:18	07:04
27	687	Micaela Pires	TRIBO NR	Veterana F45	35:20	+13:19	07:04
28	83	Teresa Santos	Botão Camp	Veterana F45	36:10	+14:09	07:14
29	480	Clara Paiva	Individual	Veterana F45	37:08	+15:07	07:26
30	1030	Elisabete Santos	Cdm Running Crew	Veterana F45	37:48	+15:48	07:34
31	477	Carla Gomes	Individual	Veterana F45	39:13	+17:12	07:51
32	78	Claudia Simoes	Botão Camp	Veterana F45	40:41	+18:40	08:08
33	722	Sónia Gomes	Botão Camp	Veterana F45	40:41	+18:40	08:08
34	1056	Helena correia	Individual	Veterana F45	41:51	+19:51	08:22
35	474	ANA CAROLINA LEONEL CRESPO OLIVEIRA	Individual	Veterana F45	42:12	+20:11	08:26
36	81	Sofia Isabel pereira de Seica	Botão Camp	Veterana F45	43:47	+21:46	08:45

Veterana F50

1	23	Carla Maria Gonçalves Manaia	Academia de Desportos de Condeixa	Veterana F50	21:44	04:21
2	674	Sandra Maria Bastos Costa	RM Runners by Mira a Mexer	Veterana F50	22:46	+01:02 04:33
3	50	Maria João Benquerença	ARCD Venda da Luisa	Veterana F50	24:38	+02:53 04:56
4	492	Nita Rodrigues	Individual	Veterana F50	25:20	+03:35 05:04
5	24	Sandra de Carvalho	Academia de Desportos de Condeixa	Veterana F50	25:28	+03:43 05:06
6	60	Mónica Martins	Bombeiros Voluntários de Brasfemes BTT e trail	Veterana F50	26:49	+05:04 05:22

Official Timekeeper: Lap2Go	8 / 15	generate 05-out.-2026 11:07
-----------------------------	--------	-----------------------------

5 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

7	501	Natália Lucas	Individual	Veterana F50	27:32	+05:47	05:30
8	25	Sandra Ponte	Academia de Desportos de Condeixa	Veterana F50	28:51	+07:06	05:46
9	189	Catarina Monteiro	Focus_TUU	Veterana F50	30:04	+08:19	06:01
10	497	Elsa Patrício	Individual	Veterana F50	31:58	+10:13	06:24
11	87	Elsa Santos	Botão Camp	Veterana F50	32:11	+10:26	06:26
12	494	Carlota Joaquina	Individual	Veterana F50	32:40	+10:55	06:32
13	650	Ana Fonseca	Núcleo do SCP de Condeixa	Veterana F50	32:40	+10:55	06:32
14	90	Sónia Ribeiro	Botão Camp	Veterana F50	32:52	+11:07	06:34
15	499	Jianwei Zheng	Individual	Veterana F50	33:28	+11:43	06:42
16	190	Márcia Pereira	Focus_TUU	Veterana F50	33:50	+12:05	06:46
17	503	Susana Madeira	Individual	Veterana F50	34:37	+12:53	06:55
18	88	Liliana Santos	Botão Camp	Veterana F50	35:00	+13:16	07:00
19	493	Carla claudino	Individual	Veterana F50	35:02	+13:18	07:00
20	188	Carla Rodrigues	Focus_TUU	Veterana F50	36:09	+14:24	07:14
21	495	Cristina Silva	Individual	Veterana F50	37:11	+15:26	07:26
22	1058	Sandra Ferrão	Individual	Veterana F50	37:12	+15:27	07:26
23	89	Luisa Baptista	Botão Camp	Veterana F50	37:39	+15:54	07:32
24	504	Zurita Dias	Individual	Veterana F50	39:13	+17:28	07:51
25	122	Estela Pedreiro	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterana F50	41:08	+19:23	08:14
26	2001	Eunice Santos	Sexto Sentido 1	Veterana F50	43:40	+21:55	08:44

Veterana F55

1	773	Júlia Santos	Individual	Veterana F55	23:49		04:46
2	640	Ana Paula Joquim	Light Runners	Veterana F55	26:52	+03:02	05:22
3	505	Ana Oliveira	Individual	Veterana F55	31:22	+07:33	06:16
4	140	Cristina Carolino	Draco Runners	Veterana F55	31:54	+08:04	06:23
5	192	Maria Glória Andrade Santos	Focus_TUU	Veterana F55	33:20	+09:31	06:40
6	723	Isabel Pinto	Botão Camp	Veterana F55	34:53	+11:04	06:59
7	92	Elsa Costa	Botão Camp	Veterana F55	35:01	+11:11	07:00
8	508	Lurdes soares	Individual	Veterana F55	35:02	+11:13	07:00
9	191	Carla Vieira	Focus_TUU	Veterana F55	36:42	+12:52	07:20
10	509	Paula Ribeiro	Individual	Veterana F55	37:10	+13:21	07:26

Veterana F60

1	623	Odeta Cruz	João Silva CCR Praia de Mira	Veterana F60	28:22		05:40
2	26	Zulmira Ribeiro	Academia de Desportos de Condeixa	Veterana F60	28:51	+00:29	05:46
3	193	Maria da Graça das Neves Silva	Focus_TUU	Veterana F60	29:36	+01:14	05:55
4	511	Maria Isabel Garcia de Campos Trindade	Individual	Veterana F60	30:28	+02:05	06:06
5	688	Isabel Ventura	TRIBO NR	Veterana F60	35:20	+06:58	07:04

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterana F65

1	235	Fernanda Duarte	HOT.Runners	Veterana F65	33:44	06:45
2	218	Idalina Madeira	GD S DOMINGOS	Veterana F65	36:12	+02:27 07:14

Veterana F75

1	774	Julieta Coelho	Individual	Veterana F75	38:21	07:40
---	-----	----------------	------------	--------------	-------	-------

Veterano M35

1	138	Diogo Reis	DCI/Trilhos Luso Bussaco	Veterano M35	18:19	03:40
2	645	Helder Henriques	MIRO TRAIL	Veterano M35	19:48	+01:29 03:58
3	196	Pedro André Jesus Martins	Focus_TUU	Veterano M35	20:31	+02:12 04:06
4	195	Nuno Simões	Focus_TUU	Veterano M35	21:01	+02:42 04:12
5	530	Luís André Bugalho Freixo	Individual	Veterano M35	22:22	+04:02 04:28
6	533	Ricardo João	Individual	Veterano M35	22:27	+04:08 04:29
7	522	Gonçalo Neves	Individual	Veterano M35	22:43	+04:24 04:33
8	537	Sérgio Pereira	Individual	Veterano M35	23:32	+05:13 04:42
9	519	Bruno Pereira	Individual	Veterano M35	23:32	+05:13 04:42
10	518	Bruno Miguel Quaresma Faria	Individual	Veterano M35	23:51	+05:32 04:46
11	535	Rodrigo Baptista Valido	Individual	Veterano M35	23:53	+05:34 04:47
12	531	Luís Nina	Individual	Veterano M35	24:12	+05:53 04:50
13	394	Reginaldo Santos	Individual	Veterano M35	24:29	+06:09 04:54
14	391	Pedro Martins	Individual	Veterano M35	24:42	+06:23 04:56
15	740	Nuno Duarte	Gangue de Pereira	Veterano M35	24:58	+06:38 05:00
16	777	Pedro Barata	Individual	Veterano M35	25:05	+06:45 05:01
17	94	Josué Faria	Botão Camp	Veterano M35	25:18	+06:59 05:04
18	543	William Alves	Individual	Veterano M35	25:50	+07:31 05:10
19	513	Abel Filho	Individual	Veterano M35	26:54	+08:35 05:23
20	525	João Gomes	Individual	Veterano M35	26:55	+08:36 05:23
21	368	João Cotas	Individual	Veterano M35	27:00	+08:40 05:24
22	1028	João Carlos Balças da Silva	Academia de Desportos de Condeixa	Veterano M35	28:57	+10:37 05:47
23	367	João Carlos Filipe Costa	Individual	Veterano M35	29:23	+11:04 05:53
24	540	Tiago Furtado da Silva Leite	Individual	Veterano M35	32:23	+14:04 06:29
25	8	Adriano Santos	100Pernas	Veterano M35	32:33	+14:14 06:31
26	517	Bruno Costa	Individual	Veterano M35	32:43	+14:24 06:33
27	520	Daniel Roque	Individual	Veterano M35	32:54	+14:34 06:35
28	538	Telmo Simões	Individual	Veterano M35	33:12	+14:53 06:38
29	93	João Dias	Botão Camp	Veterano M35	35:01	+16:42 07:00
30	789	Joni Silva	Os Piursos	Veterano M35	37:52	+19:33 07:34
31	215	Flávio Silva	FunRunners	Veterano M35	39:04	+20:45 07:49
32	194	Bruno Simões	Focus_TUU	Veterano M35	39:47	+21:27 07:57

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

33	9	Thiago Baldassa	100Pernas	Veterano M35	53:26	+35:07	10:41
----	---	-----------------	-----------	--------------	-------	--------	-------

Veterano M40

1	714	Óscar Maia	ADCP PEDRALVA	Veterano M40	17:42	03:32
2	546	Bruno Gonçalves	Individual	Veterano M40	21:17	+03:35 04:15
3	667	Tiago Largo	R G Levanta Poeira	Veterano M40	21:34	+03:52 04:19
4	1032	Tiago Taborda	DCI/Trilhos Luso Bussaco	Veterano M40	21:42	+04:00 04:20
5	553	Mário Madeira	Individual	Veterano M40	22:03	+04:21 04:25
6	217	Rui Dias	GD 3 Santos Populares - Carregal do Sal	Veterano M40	22:05	+04:23 04:25
7	227	Guilherme Almeida	Gira Sol	Veterano M40	22:23	+04:41 04:29
8	123	Bruno Bernardes	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M40	22:42	+05:00 04:32
9	28	Hugo Neves	Academia de Desportos de Condeixa	Veterano M40	23:14	+05:32 04:39
10	47	Bruno Alexandre Fonseca Santos	ARC Espariz	Veterano M40	24:25	+06:43 04:53
11	545	Bruno Concha	Individual	Veterano M40	24:51	+07:09 04:58
12	557	Paulo Trigo	Individual	Veterano M40	25:10	+07:28 05:02
13	548	Filipe Cardoso	Individual	Veterano M40	25:31	+07:49 05:06
14	780	Hugo Jorge	Individual	Veterano M40	25:42	+08:00 05:08
15	198	Nuno Fonseca	Focus_TUU	Veterano M40	25:54	+08:12 05:11
16	199	Simão Conceição	Focus_TUU	Veterano M40	26:13	+08:30 05:15
17	127	Álvaro Pinheiro	Coimbra Trail Running	Veterano M40	26:28	+08:46 05:18
18	680	Gualter Martins	Slow Pace	Veterano M40	26:32	+08:50 05:18
19	558	Pedro Ferreira	Individual	Veterano M40	26:55	+09:12 05:23
20	644	Pedro Valente	MATIZ	Veterano M40	26:57	+09:14 05:23
21	564	Rui Simões	Individual	Veterano M40	26:59	+09:16 05:24
22	556	Paulo Alexandre	Individual	Veterano M40	28:48	+11:05 05:46
23	197	Filipe Balsas	Focus_TUU	Veterano M40	28:56	+11:14 05:47
24	676	Marco Alexandre Costa Santos	Roda Dianteira BTT	Veterano M40	29:00	+11:18 05:48
25	515	André Pinto	Individual	Veterano M40	29:17	+11:35 05:51
26	95	Luis Lopes	Botão Camp	Veterano M40	29:55	+12:12 05:59
27	1060	João Paulo Parreira Silvano	Individual	Veterano M40	30:40	+12:57 06:08
28	521	Daniel Sousa Fonseca	Individual	Veterano M40	30:40	+12:58 06:08
29	559	Pedro Marinheira	Individual	Veterano M40	31:10	+13:28 06:14
30	555	Nuno Santos	Individual	Veterano M40	32:17	+14:35 06:27
31	550	Jorge Farinha	Individual	Veterano M40	32:45	+15:03 06:33
32	689	Francisco Pires	TRIBO NR	Veterano M40	33:39	+15:57 06:44
33	560	Renato Dias	Individual	Veterano M40	36:33	+18:50 07:19
34	660	Vagner Marques	Pitukos Power Couple	Veterano M40	36:35	+18:53 07:19
35	2004	Rita Fernandes	Sexto Sentido 1	Veterano M40	43:40	+25:58 08:44

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M45

1	29	Carlos Patrão os	Academia de Desportos de Condeixa	Veterano M45	18:46	03:45
2	44	Nelson Meco	Ameal Trail	Veterano M45	18:47	+00:00 03:45
3	675	André Assena	RM Runners by Mira a Mexer	Veterano M45	19:47	+01:00 03:57
4	716	Mário Félix	Bora Treinar Running Club	Veterano M45	20:15	+01:29 04:03
5	1033	Joaquim Amaral	Almatrail	Veterano M45	21:06	+02:19 04:13
6	579	José Manuel Seromenho Duarte	Individual	Veterano M45	21:32	+02:45 04:18
7	575	Hugo Madeira	Individual	Veterano M45	22:14	+03:27 04:27
8	200	Fabiano Freitas	Focus_TUU	Veterano M45	22:33	+03:47 04:31
9	570	Fernando Neves	Individual	Veterano M45	22:42	+03:55 04:32
10	576	João Calado	Individual	Veterano M45	23:10	+04:23 04:38
11	794	MILTON CAICEDO	TAGANGA TEAM	Veterano M45	23:47	+05:00 04:45
12	1063	Pedro Gouveia	Individual	Veterano M45	24:29	+05:42 04:54
13	567	António Pereira	Individual	Veterano M45	24:41	+05:55 04:56
14	581	Nuno Lopes	Individual	Veterano M45	25:02	+06:15 05:00
15	574	Gustavo Pelichos	Individual	Veterano M45	25:07	+06:20 05:01
16	228	Tiago Freitas	Gira Sol	Veterano M45	25:15	+06:28 05:03
17	201	Nuno Ventura	Focus_TUU	Veterano M45	25:26	+06:40 05:05
18	793	Carlos Montenegro	TAGANGA TEAM	Veterano M45	26:37	+07:51 05:19
19	571	Francisco Silva	Individual	Veterano M45	27:07	+08:20 05:25
20	782	Filipe Ferreira	Individual	Veterano M45	27:07	+08:21 05:25
21	583	Ricardo Rodrigues	Individual	Veterano M45	27:46	+09:00 05:33
22	741	Nuno Rasteiro	Gangue de Pereira	Veterano M45	28:13	+09:27 05:39
23	31	Nuno Correia	Academia de Desportos de Condeixa	Veterano M45	28:16	+09:29 05:39
24	101	Ricardo Firmino	Botão Camp	Veterano M45	28:35	+09:48 05:43
25	202	Tiago Cardoso	Focus_TUU	Veterano M45	29:22	+10:36 05:52
26	577	João Caldeira	Individual	Veterano M45	29:26	+10:39 05:53
27	62	Tiago Marques	Bombeiros Voluntários de Brasfemes BTT e trail	Veterano M45	31:24	+12:37 06:17
28	647	José Manuel Oliveira Teixeira	NAC	Veterano M45	31:29	+12:42 06:18
29	61	Teresa Simões	Bombeiros Voluntários de Brasfemes BTT e trail	Veterano M45	32:19	+13:32 06:28
30	96	Bruno Craveiro	Botão Camp	Veterano M45	32:52	+14:06 06:34
31	98	João Santos	Botão Camp	Veterano M45	33:56	+15:09 06:47
32	148	Paulo Palhinha	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	35:19	+16:32 07:04
33	566	Alexis Enrique Infante Riera	Individual	Veterano M45	36:08	+17:21 07:14
34	573	Francisco Valério	Individual	Veterano M45	37:04	+18:17 07:25
35	97	Fernando Silva	Botão Camp	Veterano M45	49:50	+31:03 09:58

Veterano M50

1	116	Paulo Renato Mesquita Monteiro	Casa do Povo de Lavos	Veterano M50	18:02	03:36
2	124	Luis Vaz	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M50	19:56	+01:53 03:59

Official Timekeeper: Lap2Go	12 / 15	generate 05-out.-2026 11:07
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

3	1029	Paulo Nunes	Academia de Desportos de Condeixa	Veterano M50	20:22	+02:19	04:04
4	102	José Dias	Botão Camp	Veterano M50	21:26	+03:23	04:17
5	715	Mário Miguel Ferreira	ADCP PEDRALVA	Veterano M50	21:56	+03:54	04:23
6	588	Gilberto Palmeira	Individual	Veterano M50	22:45	+04:42	04:33
7	204	Pedro Craveiro	Focus_TUU	Veterano M50	22:52	+04:49	04:34
8	726	Miguel Figueiredo	Centro de Trail Carlos Sá Penacova Team	Veterano M50	23:05	+05:02	04:37
9	591	Nuno Adelino	Individual	Veterano M50	24:00	+05:57	04:48
10	33	Vítor Fonseca	Academia de Desportos de Condeixa	Veterano M50	24:30	+06:27	04:54
11	45	Carlos Campos	Ameal Trail	Veterano M50	24:38	+06:36	04:56
12	731	rui figueiredo	CPT Sobral de Ceira	Veterano M50	25:13	+07:10	05:03
13	784	Paulo Sousa	Individual	Veterano M50	25:25	+07:22	05:05
14	1034	victor cunha	Amantes de Trail e Running	Veterano M50	25:55	+07:52	05:11
15	694	Paulo Domingues	TRIBO NR	Veterano M50	26:02	+07:59	05:12
16	590	Jorge Lopes	Individual	Veterano M50	26:39	+08:36	05:20
17	693	Miguel Campos	TRIBO NR	Veterano M50	27:03	+09:01	05:25
18	725	Nuno Costa	Botão Camp	Veterano M50	27:12	+09:09	05:26
19	105	Manuel Santos	Botão Camp	Veterano M50	28:00	+09:57	05:36
20	32	Samuel Fontes dos Anjos	Academia de Desportos de Condeixa	Veterano M50	28:05	+10:02	05:37
21	594	Ricardo Jorge Ferreira Alves	Individual	Veterano M50	28:16	+10:14	05:39
22	216	Gary Quintal	FunRunners	Veterano M50	29:21	+11:19	05:52
23	205	Simão Paredes	Focus_TUU	Veterano M50	29:27	+11:24	05:53
24	587	Carlos Silva	Individual	Veterano M50	29:45	+11:42	05:57
25	203	Jose Luis Nunes	Focus_TUU	Veterano M50	30:05	+12:02	06:01
26	30	Hélio Jorge	Academia de Desportos de Condeixa	Veterano M50	30:27	+12:24	06:05
27	692	Marcos Alves	TRIBO NR	Veterano M50	30:52	+12:49	06:10
28	586	Antonio Trigo	Individual	Veterano M50	31:13	+13:11	06:15
29	592	Paulo Martins	Individual	Veterano M50	32:59	+14:56	06:36
30	569	Emilson da Silva Borba	Individual	Veterano M50	34:41	+16:38	06:56

Veterano M55

1	799	Alvaro Soares	THOMAR ATHLETICS	Veterano M55	17:35		03:31
2	111	Gil Ferreira	C. D. São Salvador do Campo	Veterano M55	18:16	+00:40	03:39
3	125	Hugo Coelho	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M55	18:32	+00:56	03:42
4	1064	Paulo Garcia	Individual	Veterano M55	18:52	+01:16	03:46
5	233	Ricardo Saraiva	Grupo Recreativo Eirense	Veterano M55	18:55	+01:19	03:47
6	51	Basílio Simões	ARCD Venda da Luisa	Veterano M55	21:16	+03:40	04:15
7	684	Paulo Marques	Talentos Objetivos	Veterano M55	21:32	+03:56	04:18
8	130	Pedro Roque	CPT Sobral de Ceira	Veterano M55	23:51	+06:15	04:46
9	602	João Carlos Oliveira	Individual	Veterano M55	24:05	+06:29	04:49
10	108	Joaquim Baptista	Botão Camp	Veterano M55	24:41	+07:05	04:56
11	141	Antonio Gomes	Draco Runners	Veterano M55	25:05	+07:29	05:01

Official Timekeeper: Lap2Go	13 / 15	generate 05-out.-2026 11:07
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

12	699	Vitor Simões Figueiredo	Individual	Veterano M55	25:15	+07:39	05:03
13	117	Rui Manuel de Faria Ferreira	Casa do Povo de Lavos	Veterano M55	25:28	+07:52	05:06
14	668	Miguel Santos	R G Levanta Poeira	Veterano M55	25:41	+08:05	05:08
15	107	João Martelo	Botão Camp	Veterano M55	27:27	+09:51	05:29
16	209	Pedro Albuquerque	Focus_TUU	Veterano M55	28:03	+10:27	05:37
17	208	João Antunes	Focus_TUU	Veterano M55	28:03	+10:27	05:37
18	207	Gonçalo Azevedo Mendes	Focus_TUU	Veterano M55	28:56	+11:20	05:47
19	597	António Manuel Esteves Joaquim	Individual	Veterano M55	29:54	+12:18	05:59
20	142	Francisco Pereira	EntreProvas	Veterano M55	30:01	+12:25	06:00
21	696	Luís Miguel Nunes	TRIBO NR	Veterano M55	30:04	+12:28	06:01
22	206	Alfredo Cortesão	Focus_TUU	Veterano M55	31:45	+14:09	06:21
23	604	José de Jesus Monteiro	Individual	Veterano M55	33:01	+15:25	06:36
24	109	Joaquim Melo	Botão Camp	Veterano M55	39:11	+21:35	07:50
25	210	Pedro Calisto	Focus_TUU	Veterano M55	39:47	+22:11	07:57

Veterano M60

1	234	Miguel COIMBRA	Grupo Recreativo Eirense	Veterano M60	21:07	04:13
2	685	José carlos Santos	Team ElComandante	Veterano M60	21:34	+00:26 04:19
3	57	Pedro Gerardo	Associação Académica de Coimbra	Veterano M60	22:12	+01:04 04:26
4	670	Paulo Providência	R G Levanta Poeira	Veterano M60	24:27	+03:19 04:53
5	743	António Fonseca	Gira Sol	Veterano M60	25:17	+04:09 05:03
6	126	Vitor Gomes	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M60	26:16	+05:08 05:15
7	611	João Paulo Mouta Dias	Individual	Veterano M60	29:08	+08:00 05:50
8	613	José Simão	Individual	Veterano M60	29:34	+08:26 05:55
9	697	António Faria	TRIBO NR	Veterano M60	31:31	+10:24 06:18
10	614	Pedro Teixeira	Individual	Veterano M60	32:02	+10:54 06:24
11	698	Ilidio Cordeiro	Trilhos de Sicó	Veterano M60	32:10	+11:02 06:26
12	610	Carlos Barroso	Individual	Veterano M60	33:48	+12:40 06:46

Veterano M65

1	58	Jorge Santos	Avelar sunset team	Veterano M65	23:10		04:38
2	219	Virgilio Madeira	GD S DOMINGOS	Veterano M65	23:13	+00:02	04:39
3	230	Adérito Curto	Gira Sol	Veterano M65	24:52	+01:42	04:58
4	212	Ricardo Lopes	Focus_TUU	Veterano M65	27:25	+04:14	05:29
5	211	Alvaro Portugal	Focus_TUU	Veterano M65	29:45	+06:35	05:57
6	615	António Apolinário Silva Carvalho Saraiva	Individual	Veterano M65	30:54	+07:43	06:11
7	48	Luís António Pinto Pereira	ARC Espariz	Veterano M65	31:06	+07:56	06:13
8	785	manuel filipe vieira da costa	Individual	Veterano M65	31:53	+08:42	06:23

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M70

1	139	Joaquim Godinho	DCI/Trilhos Luso Bussaco	Veterano M70	24:11		04:50
2	618	Hélder José Ferreira	Individual	Veterano M70	24:48	+00:36	04:58
3	786	CARLOS ALBERTO GOMES LOPES	Individual	Veterano M70	24:58	+00:46	05:00
4	619	jose manuel gandara	Individual	Veterano M70	26:06	+01:55	05:13
5	787	Narciso Garcia Simões Arromba	Individual	Veterano M70	26:19	+02:07	05:16
6	671	José Luís Cruz	R G Levanta Poeira	Veterano M70	31:35	+07:23	06:19
7	1066	FERNANDO MANUEL MAFRA VIEIRA REPOLHO	Individual	Veterano M70	32:07	+07:55	06:25

Veterano M75

1	55	José Sequeira	ARSM - Associação Recreativa de S. Miguel	Veterano M75	27:38	05:32
2	621	Victor Pereira	Individual	Veterano M75	32:06	+04:28 06:25

