4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

SUB10 - STAGE 1

0,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:40	14,7ºC	56%
End	10:44	14,7ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	529	Gonçalo Rocha	grecas - vagos	Benjamim A Masculino	01:16		-
2	508	Camila Vitória Macedo de Freitas	c.d.c. paradela do vouga	Benjamim A Feminino	01:22	+00:05	-
3	564	David Oliveira	individual	Benjamim A Masculino	01:26	+00:09	-
4	576	Francisca Pedro	sport clube beira-mar	Benjamim A Feminino	01:26	+00:09	-
5	511	Francisco Velho	capge	Benjamim A Masculino	01:26	+00:09	-
6	512	Santiago Soares	capge	Benjamim A Masculino	01:29	+00:12	-
7	502	Lucas Pinho	acr vale de cambra	Benjamim A Masculino	01:33	+00:16	-
8	563	Constança Nina	individual	Benjamim A Feminino	01:35	+00:18	-
9	510	Filipa Costa	capge	Benjamim A Feminino	01:36	+00:19	-
10	509	Beatriz Ferreira	capge	Benjamim A Feminino	01:39	+00:22	-
11	575	AURORA RODRIGUES	sport clube beira-mar	Benjamim A Feminino	02:05	+00:48	-
12	585	Isabela Rodrigues	sport clube beira-mar	Benjamim A Feminino	03:03	+01:46	-

4º Cross São Salvador
Ilhavo, PT
21-fevereiro-2026

Sub10 — 0,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:40	14,7ºC	56%
End	10:44	14,7ºC	56%

Benjamim A Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	508	Camila Vitória Macedo de Freitas	C.D.C. Paradela do Vouga	Benjamim A Feminino	01:22	+00:05	-
2	576	Francisca Pedro	Sport Clube Beira-Mar	Benjamim A Feminino	01:25	+00:09	-
3	563	Constança Nina	Individual	Benjamim A Feminino	01:35	+00:18	-
4	510	Filipa Costa	CAPGE	Benjamim A Feminino	01:35	+00:19	-
5	509	Beatriz Ferreira	CAPGE	Benjamim A Feminino	01:39	+00:22	-
6	575	AURORA RODRIGUES	Sport Clube Beira-Mar	Benjamim A Feminino	02:04	+00:48	-
7	585	Isabela Rodrigues	Sport Clube Beira-Mar	Benjamim A Feminino	03:02	+01:46	-

Benjamim A Masculino

1	529	Gonçalo Rocha	GRECAS - Vagos	Benjamim A Masculino	01:16		-
2	564	David Oliveira	Individual	Benjamim A Masculino	01:25	+00:09	-
3	511	Francisco Velho	CAPGE	Benjamim A Masculino	01:25	+00:09	-
4	512	Santiago Soares	CAPGE	Benjamim A Masculino	01:28	+00:12	-
5	502	Lucas Pinho	ACR Vale de Cambra	Benjamim A Masculino	01:32	+00:16	-

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

SUB12 - STAGE 1

0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:25	13,3ºC	87%
End	10:29	13,3ºC	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	565	Rafael de Oliveira Soares	individual	Benjamim B Masculino	02:33		-
2	583	Melro Fragosa	individual	Benjamim B Masculino	02:36	+00:02	-
3	514	Martinho Simões	capge	Benjamim B Masculino	02:38	+00:04	-
4	547	ANA RITA CAMARA FERREIRA	grupo desportivo gafanha	Benjamim B Feminino	02:38	+00:05	-
5	577	JÚLIO ROSA ANDRADE	sport clube beira-mar	Benjamim B Masculino	02:41	+00:07	-
6	525	Alexandre Duarte	dar-recardães	Benjamim B Masculino	02:41	+00:08	-
7	550	MARIA LUIZA DA SILVA SCHEIN	grupo desportivo gafanha	Benjamim B Feminino	02:50	+00:16	-
8	504	Vicente Alves	acr vale de cambra	Benjamim B Masculino	02:56	+00:23	-
9	548	LAURA FANECA GAVIÃO	grupo desportivo gafanha	Benjamim B Feminino	02:57	+00:23	-
10	503	Sofia Perat	acr vale de cambra	Benjamim B Feminino	02:58	+00:24	-
11	533	Mafalda Vaz	grecas - vagos	Benjamim B Feminino	02:59	+00:25	-
12	530	Alice Conde	grecas - vagos	Benjamim B Feminino	02:59	+00:26	-
13	532	Leila Rocha	grecas - vagos	Benjamim B Feminino	03:04	+00:30	-
14	552	DAVID AMARANTE ALMEIDA PAZ	grupo desportivo gafanha	Benjamim B Masculino	03:09	+00:35	-
15	567	Tomás Nunes	individual	Benjamim B Masculino	03:19	+00:46	-
16	549	Maria Jorge Lameira Cruz	grupo desportivo gafanha	Benjamim B Feminino	03:21	+00:48	-
17	551	Nadia Conde Neves	grupo desportivo gafanha	Benjamim B Feminino	03:22	+00:48	-
18	566	Rafael Marques	individual	Benjamim B Masculino	03:40	+01:06	-
19	507	Carlota Santos	adi - associação desportiva de ílhavo	Benjamim B Feminino	04:02	+01:28	-

4º Cross São Salvador
Ilhavo, PT
21-fevereiro-2026

Sub12 — 0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:25	13,3ºC	87%
End	10:29	13,3ºC	87%

Benjamim B Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	547	ANA RITA CAMARA FERREIRA	Grupo Desportivo Gafanha	Benjamim B Feminino	02:38	+00:05	-
2	550	MARIA LUIZA DA SILVA SCHEIN	Grupo Desportivo Gafanha	Benjamim B Feminino	02:49	+00:16	-
3	548	LAURA FANECA GAVIÃO	Grupo Desportivo Gafanha	Benjamim B Feminino	02:56	+00:23	-
4	503	Sofia Perat	ACR Vale de Cambra	Benjamim B Feminino	02:57	+00:24	-
5	533	Mafalda Vaz	GRECAS - Vagos	Benjamim B Feminino	02:58	+00:25	-
6	530	Alice Conde	GRECAS - Vagos	Benjamim B Feminino	02:59	+00:26	-
7	532	Leila Rocha	GRECAS - Vagos	Benjamim B Feminino	03:03	+00:30	-
8	549	Maria Jorge Lameira Cruz	Grupo Desportivo Gafanha	Benjamim B Feminino	03:21	+00:48	-
9	551	Nadia Conde Neves	Grupo Desportivo Gafanha	Benjamim B Feminino	03:21	+00:48	-
10	507	Carlota Santos	ADI - Associação Desportiva de Ílhavo	Benjamim B Feminino	04:01	+01:28	-

Benjamim B Masculino

1	565	Rafael de Oliveira Soares	Individual	Benjamim B Masculino	02:32		-
2	583	Melro Fragosa	Individual	Benjamim B Masculino	02:35	+00:02	-
3	514	Martinho Simões	CAPGE	Benjamim B Masculino	02:37	+00:04	-
4	577	JÚLIO ROSA ANDRADE	Sport Clube Beira-Mar	Benjamim B Masculino	02:40	+00:07	-
5	525	Alexandre Duarte	DAR-Recardães	Benjamim B Masculino	02:41	+00:08	-
6	504	Vicente Alves	ACR Vale de Cambra	Benjamim B Masculino	02:56	+00:23	-
7	552	DAVID AMARANTE ALMEIDA PAZ	Grupo Desportivo Gafanha	Benjamim B Masculino	03:08	+00:35	-
8	567	Tomás Nunes	Individual	Benjamim B Masculino	03:19	+00:46	-
9	566	Rafael Marques	Individual	Benjamim B Masculino	03:39	+01:06	-

4º Cross São Salvador
Ilhavo, PT
21-fevereiro-2026

SUB14 - STAGE 1 — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:10	12,2ºC	90%
End	10:16	12,2ºC	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	546	Gustavo Soares	grupo desportivo assempark	Infantil Masculino	03:56		-
2	535	Tiago Santo	grecas - vagos	Infantil Masculino	04:00	+00:04	-
3	521	Guilherme Nunes Figueiredo	ccd sertã	Infantil Masculino	04:05	+00:09	-
4	517	Eduardo Ferreira	capge	Infantil Masculino	04:15	+00:19	-
5	570	José Manuel Fernandes da Silva	individual	Infantil Masculino	04:26	+00:29	-
6	571	Valentim Julião	individual	Infantil Masculino	04:28	+00:32	-
7	516	Leonor Costa	capge	Infantil Feminino	04:33	+00:37	-
8	569	soraia Rodrigues	individual	Infantil Feminino	04:55	+00:59	-
9	568	Sofia Rodrigues	individual	Infantil Feminino	05:03	+01:07	-
10	579	Mafalda Gonçalves	sport clube beira-mar	Infantil Feminino	05:14	+01:18	-

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

Sub14

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:10	12,2ºC	90%
End	10:16	12,2ºC	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Infantil Feminino							
1	516	Leonor Costa	CAPGE	Infantil Feminino	04:33	+00:37	-
2	569	soraia Rodrigues	Individual	Infantil Feminino	04:55	+00:59	-
3	568	Sofia Rodrigues	Individual	Infantil Feminino	05:03	+01:07	-
4	579	Mafalda Gonçalves	Sport Clube Beira-Mar	Infantil Feminino	05:14	+01:18	-
Infantil Masculino							
1	546	Gustavo Soares	GRUPO DESPORTIVO ASSEMPARK	Infantil Masculino	03:55		-
2	535	Tiago Santo	GRECAS - Vagos	Infantil Masculino	04:00	+00:04	-
3	521	Guilherme Nunes Figueiredo	CCD Sertã	Infantil Masculino	04:04	+00:09	-
4	517	Eduardo Ferreira	CAPGE	Infantil Masculino	04:15	+00:19	-
5	570	José Manuel Fernandes da Silva	Individual	Infantil Masculino	04:25	+00:29	-
6	571	Valentim Julião	Individual	Infantil Masculino	04:28	+00:32	-

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

SUB16 - STAGE 1

1,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:55	13,4ºC	59%
End	10:04	13,4ºC	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	539	Gabriel Lima	grecas - vagos	Iniciado Masculino	06:38		-
2	523	Lourenço Garrido	centro recreativo de estarreja	Iniciado Masculino	06:39	+00:00	-
3	537	Alexandre Julião	grecas - vagos	Iniciado Masculino	06:44	+00:06	-
4	505	Adriana Moreira	acr vale de cambra	Iniciado Feminino	07:00	+00:22	-
5	506	João Pereira	acr vale de cambra	Iniciado Masculino	07:11	+00:32	-
6	540	Mateus Lima	grecas - vagos	Iniciado Masculino	07:32	+00:53	-
7	555	SOFIA TEIXEIRA DE ALMEIDA	grupo desportivo gafanha	Iniciado Feminino	07:48	+01:10	-
8	518	Leonor Fernandes	capge	Iniciado Feminino	08:00	+01:21	-
9	556	Sophia Leite Silva	grupo desportivo gafanha	Iniciado Feminino	08:50	+02:12	-
10	557	António Carlos Pereira da Silva	grupo desportivo gafanha	Iniciado Masculino	09:25	+02:47	-
11	522	Alice Chipelo	centro recreativo de estarreja	Iniciado Feminino	09:33	+02:54	-

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

Sub16

1,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:55	13,4ºC	59%
End	10:04	13,4ºC	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Iniciado Feminino							
1	505	Adriana Moreira	ACR Vale de Cambra	Iniciado Feminino	07:00	+00:22	-
2	555	SOFIA TEIXEIRA DE ALMEIDA	Grupo Desportivo Gafanha	Iniciado Feminino	07:48	+01:10	-
3	518	Leonor Fernandes	CAPGE	Iniciado Feminino	08:00	+01:21	-
4	556	Sophia Leite Silva	Grupo Desportivo Gafanha	Iniciado Feminino	08:50	+02:12	-
5	522	Alice Chipelo	Centro Recreativo de Estarreja	Iniciado Feminino	09:32	+02:54	-
Iniciado Masculino							
1	539	Gabriel Lima	GRECAS - Vagos	Iniciado Masculino	06:38		-
2	523	Lourenço Garrido	Centro Recreativo de Estarreja	Iniciado Masculino	06:38	+00:00	-
3	537	Alexandre Julião	GRECAS - Vagos	Iniciado Masculino	06:44	+00:06	-
4	506	João Pereira	ACR Vale de Cambra	Iniciado Masculino	07:10	+00:32	-
5	540	Mateus Lima	GRECAS - Vagos	Iniciado Masculino	07:31	+00:53	-
6	557	António Carlos Pereira da Silva	Grupo Desportivo Gafanha	Iniciado Masculino	09:25	+02:47	-

4º Cross São Salvador
Ilhavo, PT
21-fevereiro-2026

SUB18 - STAGE 1 — 2,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	10,7ºC	66%
End	09:45	10,7ºC	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	542	Denis Carvalho	grecas - vagos	Juvenil Masculino	08:59		03:35
2	543	Samuel Echezuria	grecas - vagos	Juvenil Masculino	09:04	+00:05	03:38
3	545	Tiago Silva	grecas - vagos	Juvenil Masculino	09:32	+00:33	03:49
4	562	AFONSO MARQUES LOPES	grupo desportivo gafanha	Juvenil Masculino	09:37	+00:38	03:51
5	541	Angelo Caetano	grecas - vagos	Juvenil Masculino	10:13	+01:14	04:05
6	572	Catarina Dias	individual	Juvenil Feminino	11:11	+02:12	04:28
7	558	Joana Martins Correia	grupo desportivo gafanha	Juvenil Feminino	12:20	+03:21	04:56
8	559	Leticia Nunes da Silva	grupo desportivo gafanha	Juvenil Feminino	13:37	+04:38	05:27
9	560	MARIA CONDE ROCHA	grupo desportivo gafanha	Juvenil Feminino	15:35	+06:36	06:14

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

Sub18

2,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	10,7ºC	66%
End	09:45	10,7ºC	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Juvenil Feminino							
1	572	Catarina Dias	Individual	Juvenil Feminino	11:11	+02:12	04:28
2	558	Joana Martins Correia	Grupo Desportivo Gafanha	Juvenil Feminino	12:19	+03:21	04:56
3	559	Leticia Nunes da Silva	Grupo Desportivo Gafanha	Juvenil Feminino	13:36	+04:38	05:27
4	560	MARIA CONDE ROCHA	Grupo Desportivo Gafanha	Juvenil Feminino	15:34	+06:36	06:14
Juvenil Masculino							
1	542	Denis Carvalho	GRECAS - Vagos	Juvenil Masculino	08:58		03:35
2	543	Samuel Echezuria	GRECAS - Vagos	Juvenil Masculino	09:04	+00:05	03:38
3	545	Tiago Silva	GRECAS - Vagos	Juvenil Masculino	09:32	+00:33	03:49
4	562	AFONSO MARQUES LOPES	Grupo Desportivo Gafanha	Juvenil Masculino	09:36	+00:38	03:51
5	541	Angelo Caetano	GRECAS - Vagos	Juvenil Masculino	10:12	+01:14	04:05

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

PROVA PRINCIPAL - STAGE 1 — 5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	11:00	14,7ºC	56%
End	11:45	14,7ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	94	Carlos Rodrigues	gdc guilhovai	Senior Masculino	16:00		03:12
2	95	Zacarias Sitoi	santiago	Senior Masculino	16:02	+00:01	03:12
3	33	Nuno Miguel Costa	grecas - vagos	Veterano M35	16:07	+00:06	03:13
4	79	Diogo Fontes	núcleo de atletismo de cucujães	Senior Masculino	17:06	+01:05	03:25
5	1	Francisco Silveira	acd os ílhavos	Senior Masculino	17:08	+01:08	03:26
6	23	Artur Rodrigues	gdc guilhovai	Veterano M45	17:14	+01:14	03:27
7	34	Vicente Julião	grecas - vagos	Veterano M35	17:37	+01:36	03:31
8	17	DANIEL PEIXOTO	clube atletismo de ovar	Veterano M35	18:10	+02:09	03:38
9	18	LUIS SILVA	clube atletismo de ovar	Veterano M45	18:17	+02:17	03:40
10	7	Fernando Silva	acr vale de cambra	Veterano M55	18:26	+02:25	03:41
11	8	José Rosa	adi - associação desportiva de ílhavo	Senior Masculino	18:28	+02:27	03:42
12	35	Pedro Sarabando	grecas - vagos	Veterano M55	18:32	+02:31	03:42
13	28	Henrique Silva	grecas - vagos	Sub 23 Masculino	18:37	+02:37	03:43
14	538	Alex valente	grecas - vagos	Sub 23 Masculino	18:40	+02:40	03:44
15	92	Carla Martinho	sport clube beira-mar	Veterana F45	18:55	+02:55	03:47
16	6	Tiago Silva	acr vale de cambra	Junior Masculino	19:03	+03:03	03:49
17	82	Fernando santos	reumaticos	Veterano M45	19:07	+03:07	03:49
18	56	Hugo Almeida	individual	Veterano M35	19:13	+03:12	03:51
19	26	Tiago Silvestre	grecas - vagos	Senior Masculino	19:15	+03:15	03:51
20	25	Luís Silvestre	grecas - vagos	Senior Masculino	19:25	+03:25	03:53
21	5	João Dias	acd os ílhavos	Veterano M45	19:41	+03:41	03:56
22	3	Fábio Sousa	acd os ílhavos	Veterano M35	19:53	+03:52	03:59
23	22	Sandra Ferreira	gdc guilhovai	Veterana F45	19:57	+03:57	03:59
24	76	Bruno Santos	juventude atlética mozelense	Veterano M45	20:05	+04:05	04:01
25	84	Paulo pereira	reumaticos	Veterano M45	20:19	+04:19	04:04
26	24	Duarte Pequeno	grecas - vagos	Junior Masculino	20:23	+04:23	04:05
27	89	André Assena	rm runners by mira a mexer	Veterano M45	20:31	+04:30	04:06
28	70	Vitor Nunes	individual	Veterano M45	20:34	+04:33	04:07
29	10	André Pereira	adi - associação desportiva de ílhavo	Veterano M35	20:35	+04:34	04:07
30	44	Mário Carvalho	grupo vilarinho cima	Veterano M55	21:05	+05:04	04:13
31	72	Tiago Oliveira	juventude atlética mozelense	Sub 23 Masculino	21:18	+05:18	04:16
32	98	Paulo Silva	acd os ílhavos	Veterano M45	21:36	+05:36	04:19
33	49	Marco Soares	individual	Senior Masculino	21:36	+05:36	04:19
34	11	Luis Santos	adi - associação desportiva de ílhavo	Veterano M45	21:42	+05:41	04:20
35	4	Sérgio Almeida	acd os ílhavos	Veterano M35	21:57	+05:57	04:23
36	60	Pedro Rodrigues	individual	Veterano M35	22:21	+06:21	04:28
37	27	Beatriz Pequeno	grecas - vagos	Sub 23 Feminino	22:30	+06:30	04:30
38	75	Nuno Costa	juventude atlética mozelense	Veterano M35	22:38	+06:38	04:32
39	86	Raul teixeira	reumaticos	Veterano M45	22:42	+06:41	04:32
40	68	Rui Simões	individual	Veterano M45	22:53	+06:52	04:35
41	65	Jimmy Oliveira	individual	Veterano M45	23:12	+07:12	04:38
42	64	Hilario Monteiro	individual	Veterano M45	23:13	+07:13	04:39

PROVA PRINCIPAL - STAGE 1 5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	74	Matilde Baptista	juventude atlética mozelense	Veterana F55	23:14	+07:13	04:39
44	48	Júlio Tomás Gomes Teixeira	individual	Senior Masculino	23:17	+07:16	04:39
45	81	Helena silva	reumaticos	Veterana F35	23:21	+07:20	04:40
46	2	Tânia Henriques	acd os ílhavos	Veterana F35	23:22	+07:22	04:40
47	71	João Carlos Oliveira	individual	Veterano M55	23:25	+07:25	04:41
48	31	Marta Loureiro	grecas - vagos	Veterana F45	23:44	+07:44	04:45
49	63	ELVIS JOSÉ MATIAS DE JESUS	individual	Veterano M45	23:54	+07:54	04:47
50	16	SARA COSTA	clube atletismo de ovar	Veterana F35	23:58	+07:57	04:48
51	77	Américo Vicente	juventude atlética mozelense	Veterano M55	24:14	+08:14	04:51
52	88	Rui Cainé	rm runners by mira a mexer	Veterano M35	24:16	+08:15	04:51
53	91	GONÇALO MAURÍCIO	sport clube beira-mar	Sub 23 Masculino	24:23	+08:23	04:53
54	85	Paulo ramos	reumaticos	Veterano M45	24:27	+08:27	04:53
55	15	Fátima Pinho	cltt	Veterana F55	24:38	+08:38	04:56
56	78	Manuel Oliveira	juventude atlética mozelense	Veterano M55	25:14	+09:14	05:03
57	9	Ricardo Melo	adi - associação desportiva de ílhavo	Senior Masculino	25:28	+09:27	05:06
58	29	Ana Estrela	grecas - vagos	Veterana F45	25:35	+09:34	05:07
59	93	José Matos	sport clube beira-mar	Veterano M55	25:36	+09:36	05:07
60	66	Nuno Nunes	individual	Veterano M45	25:44	+09:43	05:09
61	38	João Dono	grupo desportivo assempark	Veterano M55	25:45	+09:45	05:09
62	36	Andreia Ribeiro	grupo desportivo assempark	Veterana F35	26:23	+10:23	05:17
63	96	Luis Barreto	individual	Veterano M45	26:43	+10:43	05:21
64	69	Sandro Marques	individual	Veterano M45	26:45	+10:45	05:21
65	30	Carina Silva	grecas - vagos	Veterana F45	26:52	+10:52	05:22
66	51	Sérgio Silva	individual	Senior Masculino	26:57	+10:57	05:23
67	50	Martim Ferreira Santos	individual	Senior Masculino	26:57	+10:57	05:23
68	32	Suzete Marco	grecas - vagos	Veterana F45	27:44	+11:43	05:33
69	59	Nuno Pereira	individual	Veterano M35	28:02	+12:02	05:36
70	54	Angelina Rodrigues	individual	Veterana F45	28:03	+12:02	05:37
71	53	Marta Luísa Quintal Oliveira	individual	Veterana F35	28:12	+12:12	05:38
72	13	Margarida de Jesus Nunes	ccd sertã	Veterana F35	28:17	+12:17	05:39
73	62	Sérgio campino	individual	Veterano M35	28:32	+12:31	05:42
74	47	João Neves	individual	Senior Masculino	28:34	+12:33	05:43
75	45	Rose ramos	individual	Senior Feminino	29:04	+13:03	05:49
76	39	Diana Patrícia Pacheco Faneca Gavião	grupo desportivo gafanha	Veterana F35	29:17	+13:16	05:51
77	52	Catarina Mendes Santos	individual	Veterana F35	30:00	+13:59	06:00
78	582	João Braga	individual	Veterana F45	30:16	+14:15	06:03
79	21	Arlindo Santos	dar-recardães	Veterano M55	30:21	+14:21	06:04
80	67	Paulo Magano	individual	Veterano M45	31:11	+15:11	06:14
81	80	Marta cardoso	reumaticos	Senior Feminino	31:20	+15:19	06:16
82	61	Robson Souza	individual	Veterano M35	32:33	+16:33	06:31
83	19	Cristina Coutinho	cristina coutinho	Veterana F55	33:05	+17:04	06:37
84	41	ROSA DA ROCHA TEIXEIRA FERREIRA	grupo desportivo gafanha	Veterana F55	33:26	+17:26	06:41
85	20	Fernando Silva	cristina coutinho	Veterano M55	34:17	+18:17	06:52
86	40	Liliana da Rocha Pereira Silva	grupo desportivo gafanha	Veterana F35	37:51	+21:50	07:34

PROVA PRINCIPAL - STAGE 1 5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	42	Paulo Alexandre Gomes da Silva	grupo desportivo gafanha	Veterano M35	37:51	+21:50	07:34
88	73	Sandra Pinto	juventude atlética mozelense	Veterana F45	44:05	+28:04	08:49

4º Cross São Salvador

Ilhavo, PT

21-fevereiro-2026

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	11:00	14,7ºC	56%
End	11:45	14,7ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Masculino							
1	6	Tiago Silva	ACR Vale de Cambra	Junior Masculino	19:03	+03:03	03:49
2	24	Duarte Pequeno	GRECAS - Vagos	Junior Masculino	20:23	+04:23	04:05
Senior Feminino							
1	45	Rose ramos	Individual	Senior Feminino	29:03	+13:03	05:49
2	80	Marta cardoso	Reumaticos	Senior Feminino	31:19	+15:19	06:16
Senior Masculino							
1	94	Carlos Rodrigues	GDC Guilhovai	Senior Masculino	16:00		03:12
2	95	Zacarias Sitoi	Santiago	Senior Masculino	16:01	+00:01	03:12
3	79	Diogo Fontes	Núcleo de Atletismo de Cucujães	Senior Masculino	17:05	+01:05	03:25
4	1	Francisco Silveira	ACD os Ílhavos	Senior Masculino	17:08	+01:08	03:26
5	8	José Rosa	ADI - Associação Desportiva de Ílhavo	Senior Masculino	18:27	+02:27	03:42
6	26	Tiago Silvestre	GRECAS - Vagos	Senior Masculino	19:15	+03:15	03:51
7	25	Luís Silvestre	GRECAS - Vagos	Senior Masculino	19:25	+03:25	03:53
8	49	Marco Soares	Individual	Senior Masculino	21:36	+05:36	04:19
9	48	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	23:16	+07:16	04:39
10	9	Ricardo Melo	ADI - Associação Desportiva de Ílhavo	Senior Masculino	25:27	+09:27	05:06
11	51	Sérgio Silva	Individual	Senior Masculino	26:57	+10:57	05:23
12	50	Martim Ferreira Santos	Individual	Senior Masculino	26:57	+10:57	05:23
13	47	João Neves	Individual	Senior Masculino	28:33	+12:33	05:43
Sub 23 Feminino							
1	27	Beatriz Pequeno	GRECAS - Vagos	Sub 23 Feminino	22:30	+06:30	04:30
Sub 23 Masculino							
1	28	Henrique Silva	GRECAS - Vagos	Sub 23 Masculino	18:37	+02:37	03:43
2	538	Alex valente	GRECAS - Vagos	Sub 23 Masculino	18:40	+02:40	03:44
3	72	Tiago Oliveira	JUVENTUDE ATLÉTICA MOZELENSE	Sub 23 Masculino	21:18	+05:18	04:16
4	91	GONÇALO MAURÍCIO	Sport Clube Beira-Mar	Sub 23 Masculino	24:23	+08:23	04:53

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F35

1	81	Helena silva	Reumaticos	Veterana F35	23:20	+07:20	04:40
2	2	Tânia Henriques	ACD os Ílhavos	Veterana F35	23:22	+07:22	04:40
3	16	SARA COSTA	Clube Atletismo de Ovar	Veterana F35	23:57	+07:57	04:48
4	36	Andreia Ribeiro	GRUPO DESPORTIVO ASSEMPARK	Veterana F35	26:23	+10:23	05:17
5	53	Marta Luísa Quintal Oliveira	Individual	Veterana F35	28:12	+12:12	05:38
6	13	Margarida de Jesus Nunes	CCD Sertã	Veterana F35	28:17	+12:17	05:39
7	39	Diana Patrícia Pacheco Faneca Gavião	Grupo Desportivo Gafanha	Veterana F35	29:17	+13:16	05:51
8	52	Catarina Mendes Santos	Individual	Veterana F35	29:59	+13:59	06:00
9	40	Liliana da Rocha Pereira Silva	Grupo Desportivo Gafanha	Veterana F35	37:50	+21:50	07:34

Veterana F45

1	92	Carla Martinho	Sport Clube Beira-Mar	Veterana F45	18:55	+02:55	03:47
2	22	Sandra Ferreira	GDC Guilhovai	Veterana F45	19:57	+03:57	03:59
3	31	Marta Loureiro	GRECAS - Vagos	Veterana F45	23:44	+07:44	04:45
4	29	Ana Estrela	GRECAS - Vagos	Veterana F45	25:34	+09:34	05:07
5	30	Carina Silva	GRECAS - Vagos	Veterana F45	26:52	+10:52	05:22
6	32	Suzete Marco	GRECAS - Vagos	Veterana F45	27:43	+11:43	05:33
7	54	Angelina Rodrigues	Individual	Veterana F45	28:02	+12:02	05:37
8	582	João Braga	Individual	Veterana F45	30:15	+14:15	06:03
9	73	Sandra Pinto	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F45	44:04	+28:04	08:49

Veterana F55

1	74	Matilde Baptista	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F55	23:13	+07:13	04:39
2	15	Fátima Pinho	CLTT	Veterana F55	24:38	+08:38	04:56
3	19	Cristina Coutinho	Cristina Coutinho	Veterana F55	33:04	+17:04	06:37
4	41	ROSA DA ROCHA TEIXEIRA FERREIRA	Grupo Desportivo Gafanha	Veterana F55	33:26	+17:26	06:41

Veterano M35

1	33	Nuno Miguel Costa	GRECAS - Vagos	Veterano M35	16:06	+00:06	03:13
2	34	Vicente Julião	GRECAS - Vagos	Veterano M35	17:36	+01:36	03:31
3	17	DANIEL PEIXOTO	Clube Atletismo de Ovar	Veterano M35	18:09	+02:09	03:38
4	56	Hugo Almeida	Individual	Veterano M35	19:12	+03:12	03:51
5	3	Fábio Sousa	ACD os Ílhavos	Veterano M35	19:52	+03:52	03:59
6	10	André Pereira	ADI - Associação Desportiva de Ílhavo	Veterano M35	20:34	+04:34	04:07
7	4	Sérgio Almeida	ACD os Ílhavos	Veterano M35	21:57	+05:57	04:23
8	60	Pedro Rodrigues	Individual	Veterano M35	22:21	+06:21	04:28

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	75	Nuno Costa	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M35	22:38	+06:38	04:32
10	88	Rui Cainé	RM Runners By Mira a Mexer	Veterano M35	24:15	+08:15	04:51
11	59	Nuno Pereira	Individual	Veterano M35	28:02	+12:02	05:36
12	62	Sérgio campino	Individual	Veterano M35	28:31	+12:31	05:42
13	61	Robson Souza	Individual	Veterano M35	32:33	+16:33	06:31
14	42	Paulo Alexandre Gomes da Silva	Grupo Desportivo Gafanha	Veterano M35	37:51	+21:50	07:34

Veterano M45

1	23	Artur Rodrigues	GDC Guilhovai	Veterano M45	17:14	+01:14	03:27
2	18	LUIS SILVA	Clube Atletismo de Ovar	Veterano M45	18:17	+02:17	03:40
3	82	Fernando santos	Reumaticos	Veterano M45	19:07	+03:07	03:49
4	5	João Dias	ACD os Ílhavos	Veterano M45	19:41	+03:41	03:56
5	76	Bruno Santos	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M45	20:05	+04:05	04:01
6	84	Paulo pereira	Reumaticos	Veterano M45	20:19	+04:19	04:04
7	89	André Assena	RM Runners By Mira a Mexer	Veterano M45	20:30	+04:30	04:06
8	70	Vitor Nunes	Individual	Veterano M45	20:33	+04:33	04:07
9	98	Paulo Silva	ACD os Ílhavos	Veterano M45	21:36	+05:36	04:19
10	11	Luis Santos	ADI - Associação Desportiva de Ílhavo	Veterano M45	21:41	+05:41	04:20
11	86	Raul teixeira	Reumaticos	Veterano M45	22:42	+06:41	04:32
12	68	Rui Simões	Individual	Veterano M45	22:52	+06:52	04:35
13	65	Jimmy Oliveira	Individual	Veterano M45	23:12	+07:12	04:38
14	64	Hilario Monteiro	Individual	Veterano M45	23:13	+07:13	04:39
15	63	ELVIS JOSÉ MATIAS DE JESUS	Individual	Veterano M45	23:54	+07:54	04:47
16	85	Paulo ramos	Reumaticos	Veterano M45	24:27	+08:27	04:53
17	66	Nuno Nunes	Individual	Veterano M45	25:43	+09:43	05:09
18	96	Luis Barreto	Individual	Veterano M45	26:43	+10:43	05:21
19	69	Sandro Marques	Individual	Veterano M45	26:45	+10:45	05:21
20	67	Paulo Magano	Individual	Veterano M45	31:11	+15:11	06:14

Veterano M55

1	7	Fernando Silva	ACR Vale de Cambra	Veterano M55	18:25	+02:25	03:41
2	35	Pedro Sarabando	GRECAS - Vagos	Veterano M55	18:31	+02:31	03:42
3	44	Mário Carvalho	Grupo Vilarinho Cima	Veterano M55	21:04	+05:04	04:13
4	71	João Carlos Oliveira	Individual	Veterano M55	23:25	+07:25	04:41
5	77	Américo Vicente	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M55	24:14	+08:14	04:51
6	78	Manuel Oliveira	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M55	25:14	+09:14	05:03
7	93	José Matos	Sport Clube Beira-Mar	Veterano M55	25:36	+09:36	05:07
8	38	João Dono	GRUPO DESPORTIVO ASSEMPARK	Veterano M55	25:45	+09:45	05:09
9	21	Arlindo Santos	DAR-Recardães	Veterano M55	30:21	+14:21	06:04

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	20	Fernando Silva	Cristina Coutinho	Veterano M55	34:17	+18:17	06:52