

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	16:00	22°C	73%
End	17:18	22°C	73%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1000	Sandra Ferreira	GDC Guilhovai	19:32		03:54	
2	68	Lara Costa	ARADA ATLÉTICO CLUBE	19:59	+00:27	04:00	
3	85	INES GONÇALVES	Clube Atletismo de Ovar	20:01	+00:29	04:00	
4	66	Fátima Pinho	AFIS-OVAR	20:12	+00:40	04:02	
5	86	LIGIA SANTOS	Clube Atletismo de Ovar	21:24	+01:52	04:17	
6	208	Juliana Figueiras	Individual	22:11	+02:39	04:26	
7	267	Jessica Fontes	Individual	22:26	+02:54	04:29	
8	436	Teresa Paiva	Laranjinhas	22:41	+03:09	04:32	
9	313	Mafalda Oliveira	Individual	22:46	+03:14	04:33	
10	191	Catarina Ribeiro	Individual	23:27	+03:55	04:41	
11	98	Catia Sofia	Elite 3700	23:37	+04:05	04:43	
12	435	MATILDE BAPTISTA	JAM JUVENTUDE ATLÉTICA MOZELENSE	23:40	+04:08	04:44	
13	72	Brígida Lima	AZTrail	23:50	+04:18	04:46	
14	434	CÁTIA BAPTISTA	JAM JUVENTUDE ATLÉTICA MOZELENSE	23:53	+04:21	04:47	
15	139	Ana oliveira	Individual	24:08	+04:36	04:50	
16	270	Joana Bastos Oliveira	Individual	24:29	+04:57	04:54	
17	519	Ana Águas	Individual	24:40	+05:08	04:56	
18	127	Ana Gabriela Calazans Vilela	Individual	24:46	+05:14	04:57	
19	316	Manuela Nunes	Individual	24:57	+05:25	04:59	
20	327	Maria Pereira	Sport Clube Salgueiros	25:02	+05:30	05:00	
21	458	Dulce Bastos	Pés no Asfalto	25:10	+05:38	05:02	
22	506	Perpétua Silva	Brandoenses running	25:24	+05:52	05:05	
23	156	Andreia Soares Teixeira	Individual	25:24	+05:52	05:05	
24	145	Ana Rodrigues	Individual	25:31	+05:59	05:06	
25	36	Sandra Silva	Bravos e Bravitas	25:42	+06:10	05:08	
26	22	Mária Calmeiro	Arrifana Running	25:45	+06:13	05:09	
27	427	Vânia Vieira	Individual	25:46	+06:14	05:09	
28	504	Sónia Gama	BORA TREINAR RUNNING CLUB	25:51	+06:19	05:10	
29	523	Ana Garrido	Individual	25:53	+06:21	05:11	
30	533	Bruna Santos	Individual	25:53	+06:21	05:11	
31	33	CRISTINA TAVARES	SOREMA	26:00	+06:28	05:12	
32	152	Andreia Ferreira	Individual	26:10	+06:38	05:14	
33	338	Mariana Sousa	Individual	26:14	+06:42	05:15	
34	97	Catarina Vieira	Elite 3700	26:16	+06:44	05:15	
35	282	Joice campos	Individual	26:20	+06:48	05:16	
36	302	LUANA MARIA DO NASCIMENTO DE MORAIS	Individual	26:34	+07:02	05:19	
37	651	Paula Soares	Bravos e Bravitas	26:36	+07:04	05:19	
38	200	Céu Ferreira	Individual	26:41	+07:09	05:20	
39	449	Mariana Ferreira	O Diabo veste Strava	26:46	+07:14	05:21	
40	450	Tatiana Barroco	O Diabo veste Strava	26:46	+07:14	05:21	
41	387	Sandra Marina Ferreira Costa	Individual	26:47	+07:15	05:21	

Official Timekeeper: Lap2Go	1 / 11	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	516	SOFIA FERREIRA	GDCTINCMMDAD	26:57	+07:25	05:23	
43	89	Andreia Cristina Costa da Silva	Clube Spiridon Gaia	27:01	+07:29	05:24	
44	411	Susana Rodrigues	Individual	27:03	+07:31	05:25	
45	81	Claudia Ferreira	Casa Benfica Matosinhos	27:09	+07:37	05:26	
46	30	Vânia Gabriela Silva	Arrifana Running	27:11	+07:39	05:26	
47	318	Margarida Sobral Pimenta	Individual	27:16	+07:44	05:27	
48	255	Inês Eira Pereira	Individual	27:18	+07:46	05:28	
49	609	Olenka Dzvinyk	Individual	27:19	+07:47	05:28	
50	325	Maria Monteiro	Individual	27:19	+07:47	05:28	
51	383	Rose N Souza Moreira	Individual	27:20	+07:48	05:28	
52	290	Lara Santos	Individual	27:21	+07:49	05:28	
53	503	Eduarda Vinagre	BORA TREINAR RUNNING CLUB	27:21	+07:49	05:28	
54	189	Catarina Lopes	Individual	27:22	+07:50	05:28	
55	621	Sara Pereira	Individual	27:31	+07:59	05:30	
56	400	Silvana Isabel Moura Rodrigues	Individual	27:33	+08:01	05:31	
57	486	CARLA MARIA CRUZ	SOREMA	27:34	+08:02	05:31	
58	26	Orquídea Gomes	Arrifana Running	27:39	+08:07	05:32	
59	170	Beatriz Matos	Individual	27:41	+08:09	05:32	
60	352	Mylene Oliveira	Individual	27:41	+08:09	05:32	
61	358	Odete Silva	Individual	27:41	+08:09	05:32	
62	420	Thais Rocha	Individual	27:43	+08:11	05:33	
63	551	Cristiana Moreira	Individual	27:47	+08:15	05:33	
64	475	Sandra Souto	Runriver-Escola de Atletismo de Rio Tinto	27:51	+08:19	05:34	
65	332	Mariana Caetano Monteiro	Individual	27:53	+08:21	05:35	
66	47	Marta Pereira	1002	27:54	+08:22	05:35	
67	188	Catarina Caixas	Individual	27:56	+08:24	05:35	
68	451	Vanessa Almeida	Os trevos	27:57	+08:25	05:35	
69	76	VICTÓRIA BERNARDES	Brandoenses running	27:58	+08:26	05:36	
70	321	Maria Gaspar	Individual	27:58	+08:26	05:36	
71	328	Maria Romeira Faria	Individual	28:01	+08:29	05:36	
72	166	Bárbara Isabel Sousa Castanheira	Individual	28:09	+08:37	05:38	
73	91	Rosa Adriana Freitas Guedes	Clube Spiridon Gaia	28:11	+08:39	05:38	
74	34	Fatinha Lopes	Bravos e Bravitas	28:18	+08:46	05:40	
75	432	Xana Albergaria	Individual	28:20	+08:48	05:40	
76	39	Jerusa Santos	5000 passos consigo	28:25	+08:53	05:41	
77	643	Suzana Duarte	SSPMSJM	28:29	+08:57	05:42	
78	25	Marta Oliveira	Arrifana Running	28:29	+08:57	05:42	
79	517	Adelaide Duarte	Individual	28:32	+09:00	05:42	
80	496	Joana Fonseca	Xuxas da Laranja	28:35	+09:03	05:43	
81	404	Sofia Oliveira	Individual	28:45	+09:13	05:45	
82	457	Carmo Paiva	Pés no Asfalto	28:50	+09:18	05:46	
83	448	Inês Correia	NIGHT Runners Feira	29:01	+09:29	05:48	
84	37	Sara Oliveira	Bravos e Bravitas	29:06	+09:34	05:49	
85	557	Daniela Marques	Individual	29:07	+09:35	05:49	
86	8	Cândida Dias	Arrifana Running	29:09	+09:37	05:50	
87	112	Adelaide Marques	Individual	29:17	+09:45	05:51	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	178	Carina Novo	Individual	29:19	+09:47	05:52	
89	151	Ana Teixeira	Individual	29:28	+09:56	05:54	
90	514	Andrea Marques	DCI/Trilhos/Luso Bussaco	29:28	+09:56	05:54	
91	296	Lília Martins	Individual	29:35	+10:03	05:55	
92	230	Eliana Oliveira	Individual	29:35	+10:03	05:55	
93	248	Francisca Soeiro	Individual	29:37	+10:05	05:55	
94	469	Luísa Pires	RE3 Rosa	29:44	+10:12	05:57	
95	470	Sónia Beleza	RE3 Rosa	29:44	+10:12	05:57	
96	222	Diana de Almeida Franco	Individual	29:46	+10:14	05:57	
97	199	Cátia Sofia Oliveira Teixeira	Individual	29:48	+10:16	05:58	
98	150	Ana Sofia Soares Alves	Individual	29:49	+10:17	05:58	
99	371	Paula Novo	Individual	29:53	+10:21	05:59	
100	288	Lara Ferreira Neves	Individual	29:53	+10:21	05:59	
101	80	Cristina Coutinho	Casa Benfica Bairrada	29:54	+10:22	05:59	
102	393	Sara Lia da Silva Ferreira de Castro	Individual	29:55	+10:23	05:59	
103	314	MafaldaSofia Bastos de Oliveira	Individual	29:59	+10:27	06:00	
104	360	Olívia Santos	Individual	30:12	+10:40	06:02	
105	177	Carina Magalhães	Individual	30:13	+10:41	06:03	
106	129	Ana Gonçalves	Individual	30:17	+10:45	06:03	
107	373	Porcina Maria Soares Marques Oliveira	Individual	30:18	+10:46	06:04	
108	348	Michelle Rosana Ferreira Silva	Individual	30:19	+10:47	06:04	
109	305	Lúcia Maria de Oliveira Brandão Correia	Individual	30:20	+10:48	06:04	
110	136	Ana Margarida Pinho da Costa	Individual	30:24	+10:52	06:05	
111	341	Marlene Correia	Individual	30:26	+10:54	06:05	
112	425	Vanessa matos	Individual	30:28	+10:56	06:06	
113	429	Vera Monica Vitorino Cordeiro	Individual	30:28	+10:56	06:06	
114	524	Ana Gomes	Individual	30:30	+10:58	06:06	
115	584	Lia Juliana Soares	Individual	30:38	+11:06	06:08	
116	38	Sílvia Ferreira	Bravos e Bravitas	30:40	+11:08	06:08	
117	96	Ana Alexandra Vinha	Elite 3700	30:42	+11:10	06:08	
118	410	Susana Cristina Oliveira Almeida	Individual	30:47	+11:15	06:09	
119	168	Beatriz Fernandes	Individual	30:48	+11:16	06:10	
120	14	Fátima Pereira	Arrifana Running	30:49	+11:17	06:10	
121	581	Larissa Luz	Individual	30:50	+11:18	06:10	
122	487	Luciana Pereira	Taylors	30:51	+11:19	06:10	
123	272	Joana Fecha	Individual	30:53	+11:21	06:11	
124	642	Luzia de Fátima Ferreira Dias Soares	Run & Fun	30:54	+11:22	06:11	
125	197	Catia Lopes	Individual	30:55	+11:23	06:11	
126	538	Catarina Castro	Individual	30:57	+11:25	06:11	
127	245	Flávia Oliveira	Individual	30:57	+11:25	06:11	
128	492	Paula Cardoso	Trilhos&Rodas	30:59	+11:27	06:12	
129	446	Palmira Fontes	Lourosa Em Movimento	31:00	+11:28	06:12	
130	445	Maria Neves	Lourosa Em Movimento	31:00	+11:28	06:12	
131	1	Paula Martins	Individual	31:02	+11:30	06:12	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	3	Andrea Sampaio	Arrifana Running	31:03	+11:31	06:13	
133	75	Mariana Filipa Simões Penetra	BCM	31:04	+11:32	06:13	
134	484	Esmeraldina Dias	Slow Motion	31:06	+11:34	06:13	
135	265	Jessica Almeida	Individual	31:07	+11:35	06:13	
136	618	Rosimeire Pereira Curti	Individual	31:11	+11:39	06:14	
137	193	Catarina Simões	Individual	31:12	+11:40	06:14	
138	204	Claudia Duarte	Individual	31:13	+11:41	06:15	
139	254	Iasmin Tavares	Individual	31:14	+11:42	06:15	
140	308	Luciana Jesus	Individual	31:22	+11:50	06:16	
141	412	Tânia Barbosa de Oliveira	Individual	31:23	+11:51	06:17	
142	120	Amanda Cruz	Individual	31:27	+11:55	06:17	
143	276	Joana Margarete Nogueira	Individual	31:32	+12:00	06:18	
144	167	Bárbara Meireles	Individual	31:32	+12:00	06:18	
145	241	Fernanda Gonçalves	Individual	31:32	+12:00	06:18	
146	501	Beatriz Guedes	As Panteras Cor De Rosa	31:35	+12:03	06:19	
147	84	Mariana Filipa Soares de Almeida	Chora agora bebé	31:36	+12:04	06:19	
148	242	Filipa Alves	Individual	31:36	+12:04	06:19	
149	441	PAULA SIMOES CABELLO	LATINAS RUNNERS	31:40	+12:08	06:20	
150	132	Ana Leça	Individual	31:42	+12:10	06:20	
151	246	Francisca Almeida	Individual	31:43	+12:11	06:21	
152	258	Isabel Martins	Individual	31:43	+12:11	06:21	
153	543	Claudia Cerqueira	Individual	31:44	+12:12	06:21	
154	205	Claudia Novo	Individual	31:44	+12:12	06:21	
155	635	Vanessa Alves	Individual	31:45	+12:13	06:21	
156	398	Sara Terra	Individual	31:48	+12:16	06:22	
157	378	Rita Figueiredo	Individual	31:49	+12:17	06:22	
158	226	Díaz Guada	Individual	31:49	+12:17	06:22	
159	357	Neuza Silva	Individual	31:51	+12:19	06:22	
160	372	PAULA ROCHA	Individual	31:56	+12:24	06:23	
161	275	Joana Filipa Rocha Tavares	Individual	31:56	+12:24	06:23	
162	405	Solange Teixeira	Individual	31:56	+12:24	06:23	
163	41	Cláudia Almeida	1002	31:57	+12:25	06:23	
164	223	Diana Ribeiro	Individual	31:57	+12:25	06:23	
165	35	Isa Dias	Bravos e Bravitas	31:59	+12:27	06:24	
166	77	Lucia Bastos dos Santos	Caminhadas da Amizade	31:59	+12:27	06:24	
167	231	Eliana silva	Individual	32:02	+12:30	06:24	
168	141	Ana Paula Oliveira Mota Paula Mota	Individual	32:03	+12:31	06:25	
169	423	Valentina arcia	Individual	32:04	+12:32	06:25	
170	149	Ana Sofia Barbosa	Individual	32:07	+12:35	06:25	
171	196	Cátia Coimbra	Individual	32:11	+12:39	06:26	
172	284	Júlia Evelyn	Individual	32:12	+12:40	06:26	
173	140	Ana Patrícia	Individual	32:12	+12:40	06:26	
174	368	Paula Barbosa	Individual	32:13	+12:41	06:27	
175	179	Carla Augusta Sá Pereira	Individual	32:16	+12:44	06:27	
176	367	Paula Alexandra Braga Catarino	Individual	32:16	+12:44	06:27	
177	15	Filipa Anjos	Arrifana Running	32:18	+12:46	06:28	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	636	Vera Lopes	Individual	32:21	+12:49	06:28	
179	125	Ana Filipa Sousa Martins	Individual	32:22	+12:50	06:28	
180	536	Carolina Sousa Rovers	Individual	32:23	+12:51	06:29	
181	591	Mafalda Ribeiro	Individual	32:23	+12:51	06:29	
182	217	Denise Gomes dos Santos Alves	Individual	32:24	+12:52	06:29	
183	264	Jeniffer Rodrigues	Individual	32:25	+12:53	06:29	
184	415	Tatiana Silva	Individual	32:27	+12:55	06:29	
185	419	Teresa Ventura	Individual	32:27	+12:55	06:29	
186	278	Joana Reis	Individual	32:28	+12:56	06:30	
187	12	Cátia Ferreira	Arrifana Running	32:30	+12:58	06:30	
188	45	Mariana Nunes	1002	32:31	+12:59	06:30	
189	65	Vera Conceição	ACDCDSMF os Laranjinhas	32:37	+13:05	06:31	
190	598	Maria Silva	Individual	32:39	+13:07	06:32	
191	615	Rosa Lopes	Individual	32:41	+13:09	06:32	
192	186	Catarina Alexandra Castro Costa	Individual	32:43	+13:11	06:33	
193	224	Diana Santos	Individual	32:43	+13:11	06:33	
194	363	Patricia Costa	Individual	32:45	+13:13	06:33	
195	453	Sandra Ribeiro	PÉ DE ATLETA	32:45	+13:13	06:33	
196	613	Rita Sousa	Individual	32:47	+13:15	06:34	
197	512	Ana Paula Oliveira Azevedo	CENAP- Centro Atlético Póvoa Pacense	32:50	+13:18	06:34	
198	113	Adriana Gouveia	Individual	32:51	+13:19	06:34	
199	155	Andreia Silva	Individual	32:52	+13:20	06:34	
200	452	Diana Valquíria Teixeira Costa Leite	PÉ DE ATLETA	32:54	+13:22	06:35	
201	599	Maria Teixeira	Individual	32:54	+13:22	06:35	
202	154	Andréia Sá	Individual	32:54	+13:22	06:35	
203	641	Céu Vilar	Run & Fun	32:55	+13:23	06:35	
204	228	Eárine Oliveira	Individual	32:55	+13:23	06:35	
205	406	Sónia Marques	Individual	33:00	+13:28	06:36	
206	74	Claudia Maria Alves e Silva	BCM	33:00	+13:28	06:36	
207	999	Telma Lopes	Individual	33:03	+13:31	06:37	
208	209	Daniela Alexandra Carneiro Carvalho Silva	Individual	33:11	+13:39	06:38	
209	610	Patrícia Sampaio	Individual	33:12	+13:40	06:38	
210	380	Rita Martins	Individual	33:15	+13:43	06:39	
211	243	Filipa Monteiro	Individual	33:15	+13:43	06:39	
212	262	Janaína Martins	Individual	33:18	+13:46	06:40	
213	315	Manuela Maia	Individual	33:18	+13:46	06:40	
214	337	Mariana Silva	Individual	33:18	+13:46	06:40	
215	128	Ana Gama	Individual	33:19	+13:47	06:40	
216	532	Beatriz Pinto	Individual	33:20	+13:48	06:40	
217	247	Francisca Martins	Individual	33:25	+13:53	06:41	
218	586	Lizandra yamamoto	Individual	33:27	+13:55	06:41	
219	573	Jinna Arismendy Ruiz	Individual	33:29	+13:57	06:42	
220	421	Thayse Jordão	Individual	33:31	+13:59	06:42	
221	333	Mariana Castelhana	Individual	33:31	+13:59	06:42	
222	6	Beatriz Pinto	Arrifana Running	33:32	+14:00	06:42	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
223	59	Rafaela Silva	2177 runners	33:33	+14:01	06:43	
224	58	Daniela Fernandes	2177 runners	33:34	+14:02	06:43	
225	148	Ana Soares	Individual	33:34	+14:02	06:43	
226	297	Liliana Oliveira	Individual	33:35	+14:03	06:43	
227	100	Felisbela Valgôde Rodrigues Almeida Leite	F&S em Movimento	33:45	+14:13	06:45	
228	118	Aline Floret Matias	Individual	33:45	+14:13	06:45	
229	101	Sílvia Ferreira Dias	F&S em Movimento	33:45	+14:13	06:45	
230	251	Glória Cristina Almeida Gonçalves	Individual	33:46	+14:14	06:45	
231	83	Lisandra Catarina Silva Oliveira Almeida	Chora agora bebé	33:47	+14:15	06:45	
232	82	Joana Silva	Centro de marcha	33:50	+14:18	06:46	
233	510	Marta Carvalho	Bravos e Bravitas	33:51	+14:19	06:46	
234	511	Sónia Oliveira	Bravos e Bravitas	33:52	+14:20	06:46	
235	194	Catarina Tavares	Individual	33:55	+14:23	06:47	
236	529	Andreia Susana Figueira	Individual	33:57	+14:25	06:47	
237	548	Cláudia Vilela	Individual	33:58	+14:26	06:48	
238	579	Karen Montenuuevo	Individual	34:02	+14:30	06:48	
239	465	Vanessa Gomes	Pés no Asfalto	34:03	+14:31	06:49	
240	464	Susana Gomes	Pés no Asfalto	34:03	+14:31	06:49	
241	632	Susana Margarida Miguel Ribeiro Mendes	Individual	34:09	+14:37	06:50	
242	219	Deolinda Ferreira	Individual	34:10	+14:38	06:50	
243	19	Jéssica Pedrosa	Arrifana Running	34:10	+14:38	06:50	
244	23	Maria Martins	Arrifana Running	34:11	+14:39	06:50	
245	60	Rita Rocha	2177 runners	34:11	+14:39	06:50	
246	397	Sara Sousa Cristina	Individual	34:11	+14:39	06:50	
247	51	Sofia Fontes	1002	34:12	+14:40	06:50	
248	44	Maria João	1002	34:12	+14:40	06:50	
249	535	Carolina Ferreira	Individual	34:17	+14:45	06:51	
250	92	Catarina Resende	Correr Fermelã ACADOF	34:19	+14:47	06:52	
251	144	Ana Rodrigues	Individual	34:20	+14:48	06:52	
252	478	Diana Brochado	Sidel	34:20	+14:48	06:52	
253	401	Sílvia Calvelhe	Individual	34:23	+14:51	06:53	
254	386	Sandra Fernandes	Individual	34:25	+14:53	06:53	
255	362	Patrícia Colaço	Individual	34:27	+14:55	06:53	
256	153	Andreia Oliveira	Individual	34:28	+14:56	06:54	
257	521	Ana Fial	Individual	34:29	+14:57	06:54	
258	353	Natércia Rodrigues da Costa	Individual	34:29	+14:57	06:54	
259	462	Mariana Oliveira	Pés no Asfalto	34:30	+14:58	06:54	
260	463	Sandra Gomes	Pés no Asfalto	34:30	+14:58	06:54	
261	527	Andreia Cardoso	Individual	34:30	+14:58	06:54	
262	280	Joana Tavares	Individual	34:36	+15:04	06:55	
263	198	Cátia Silva	Individual	34:40	+15:08	06:56	
264	71	Catarina Pinho	Associação Cultural Bunheirense	34:44	+15:12	06:57	
265	617	Rosa Santos	Individual	34:47	+15:15	06:57	
266	311	Ludimila marvila Costa	Individual	34:48	+15:16	06:58	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
267	542	Clare Hogg	Individual	34:49	+15:17	06:58	
268	481	Margarida Gonçalves Dembach	Sidel	34:50	+15:18	06:58	
269	271	Joana Catarina Rodrigues Cabral	Individual	34:52	+15:20	06:58	
270	142	Ana Raquel Ferreira Soares	Individual	34:53	+15:21	06:59	
271	99	Gisela Freitas	Elite 3700	34:54	+15:22	06:59	
272	381	Rosa Dias	Individual	34:54	+15:22	06:59	
273	407	Soraia Couceiro	Individual	34:55	+15:23	06:59	
274	374	Rafaela Semião	Individual	34:56	+15:24	06:59	
275	174	Bianca Souza	Individual	34:56	+15:24	06:59	
276	78	Ana Rufino	CaminhaQuePassa	34:57	+15:25	06:59	
277	11	Catarina Pinho	Arrifana Running	35:01	+15:29	07:00	
278	345	Michele Machado	Individual	35:09	+15:37	07:02	
279	283	Joice Carvalho Ferreira	Individual	35:10	+15:38	07:02	
280	104	Mariana Almeida	Guisande Trail Running	35:10	+15:38	07:02	
281	649	Fátima Nunes	Trilhados - ACD Santiago	35:11	+15:39	07:02	
282	650	Susana Figueiredo	Trilhados - ACD Santiago	35:11	+15:39	07:02	
283	473	Sofia Puga	Run Pink Ladies	35:12	+15:40	07:02	
284	471	Marta Soares	Run Pink Ladies	35:12	+15:40	07:02	
285	40	Maria Eduarda Reis Brandão	LusoBrasileiras Run Club	35:19	+15:47	07:04	
286	115	Alcina Costa	Individual	35:24	+15:52	07:05	
287	304	Luana Teixeira	Individual	35:28	+15:56	07:06	
288	210	Daniela Freitas	Individual	35:28	+15:56	07:06	
289	334	Mariana Moreira	Individual	35:37	+16:05	07:07	
290	16	Georgina Ferreira	Arrifana Running	35:37	+16:05	07:07	
291	366	Patrícia Ribeiro da Silva	Individual	35:38	+16:06	07:08	
292	87	Neusa Ramalho	Clube de atletismo HM Training Group de Sangalhos	35:43	+16:11	07:09	
293	426	Vanessa Moutinho	Individual	35:43	+16:11	07:09	
294	395	Sara Rodrigues	Individual	35:45	+16:13	07:09	
295	477	Márcia Silva	Setladies	35:49	+16:17	07:10	
296	508	Cristina Soares	Bravos e Bravitas	35:54	+16:22	07:11	
297	509	Manuela Adriano	Bravos e Bravitas	35:54	+16:22	07:11	
298	335	Mariana Noites	Individual	35:56	+16:24	07:11	
299	665	Cristiana Duarte Silva	Individual	35:58	+16:26	07:12	
300	221	Diana Cristina Almeida Catarino	Individual	36:02	+16:30	07:12	
301	343	Melissa Monteiro	Individual	36:03	+16:31	07:13	
302	62	Renata Albuquerque	Academia A20	36:09	+16:37	07:14	
303	124	Ana Cristina Henriques Veríssimo	Individual	36:09	+16:37	07:14	
304	460	Lara Silva	Pés no Asfalto	36:12	+16:40	07:14	
305	158	Andreza Jesus	Individual	36:16	+16:44	07:15	
306	370	Paula Loureiro	Individual	36:16	+16:44	07:15	
307	522	Ana Filipa Gomes Borgas	Individual	36:24	+16:52	07:17	
308	566	Erica Guedes	Individual	36:31	+16:59	07:18	
309	134	Ana Maia	Individual	36:32	+17:00	07:18	
310	286	Juliana Neves	Individual	36:32	+17:00	07:18	
311	365	Patrícia Pinto	Individual	36:33	+17:01	07:19	
312	137	Ana Margarida soares silva pinho	Individual	36:35	+17:03	07:19	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
313	534	Carina Gaspar	Individual	36:38	+17:06	07:20	
314	61	Giovanna Grilli	Academia A20	36:41	+17:09	07:20	
315	299	Lina Cabral	Individual	36:45	+17:13	07:21	
316	256	Inês Lalandá	Individual	36:50	+17:18	07:22	
317	73	Beatriz Isabel Martins Pimentel	BCM	36:54	+17:22	07:23	
318	239	Fabiana Santos	Individual	36:55	+17:23	07:23	
319	631	Sueli torres	Individual	36:56	+17:24	07:23	
320	497	Marlene Patusco	1002	36:56	+17:24	07:23	
321	483	Raquel Ferreira Caetano da Rosa	Sidel	37:00	+17:28	07:24	
322	595	Margarete Couto	Individual	37:02	+17:30	07:24	
323	273	Joana Ferreira	Individual	37:02	+17:30	07:24	
324	172	Beatriz Silva	Individual	37:04	+17:32	07:25	
325	289	Lara Gama	Individual	37:04	+17:32	07:25	
326	279	Joana Silva	Individual	37:05	+17:33	07:25	
327	331	Mariana Aparício	Individual	37:06	+17:34	07:25	
328	390	Sara Faria	Individual	37:06	+17:34	07:25	
329	135	Ana Margarida Marques	Individual	37:10	+17:38	07:26	
330	169	Beatriz Maia	Individual	37:10	+17:38	07:26	
331	442	ROSNELLY CABELLO REQUENA	LATINAS RUNNERS	37:12	+17:40	07:26	
332	554	Daniela Alves	Individual	37:12	+17:40	07:26	
333	623	Shirlei Mesquita Sandim	Individual	37:16	+17:44	07:27	
334	206	Claudia Pinho	Individual	37:26	+17:54	07:29	
335	211	Daniela Gonçalves	Individual	37:27	+17:55	07:29	
336	147	Ana Silva	Individual	37:27	+17:55	07:29	
337	547	Cláudia Sofia Rodrigues Pinto	Individual	37:30	+17:58	07:30	
338	515	ARMANDINA TORRES	GDCTINCMMAD	37:33	+18:01	07:31	
339	212	Daniela Nunes	Individual	37:33	+18:01	07:31	
340	320	Maria Farias	Individual	37:34	+18:02	07:31	
341	622	Sara Veloso	Individual	37:39	+18:07	07:32	
342	146	Ana Sibebe Silva	Individual	37:40	+18:08	07:32	
343	605	Mel Oliveira	Individual	37:42	+18:10	07:32	
344	494	Daniela Rocha	Xuxas da Laranja	37:43	+18:11	07:33	
345	260	Isabela Lima	Individual	37:44	+18:12	07:33	
346	24	Mariana Soares	Arrifana Running	37:45	+18:13	07:33	
347	376	Rita Andrade	Individual	37:45	+18:13	07:33	
348	428	Vera Manuela Silva Fernandes	Individual	37:52	+18:20	07:34	
349	306	Lucia Silva	Individual	38:00	+18:28	07:36	
350	518	Alexandra Oliveira	Individual	38:03	+18:31	07:37	
351	202	Cláudia Carvalheira	Individual	38:07	+18:35	07:37	
352	603	Marlene Ferreira	Individual	38:11	+18:39	07:38	
353	540	Cátia Borges	Individual	38:13	+18:41	07:39	
354	225	Diana Silva	Individual	38:14	+18:42	07:39	
355	537	Casilene da silva lopes	Individual	38:20	+18:48	07:40	
356	576	Joana Cristina Rodrigues Reis	Individual	38:24	+18:52	07:41	
357	229	Eduarda Almeida	Individual	38:29	+18:57	07:42	
358	185	Caroline Araujo Silva	Individual	38:30	+18:58	07:42	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
359	130	Ana Graziela Garcia	Individual	38:30	+18:58	07:42	
360	250	Gisela Pinto	Individual	38:31	+18:59	07:42	
361	416	Tatiana Silva	Individual	38:34	+19:02	07:43	
362	468	Karla Oliveira	RE3 Rosa	38:35	+19:03	07:43	
363	105	Patricia Almeida	Guisande Trail Running	38:43	+19:11	07:45	
364	312	Mãe Fátima	Individual	38:52	+19:20	07:46	
365	612	Paula Maria Rodrigues Pereira da Silva	Individual	38:55	+19:23	07:47	
366	664	Rosa Maria Costa	Individual	38:55	+19:23	07:47	
367	287	karisa silva	Individual	38:59	+19:27	07:48	
368	122	Amanda Gabrielle Anselmo Rodrigues	Individual	38:59	+19:27	07:48	
369	597	Maria Almeida	Individual	39:10	+19:38	07:50	
370	433	Yana Zelinska	Individual	39:29	+19:57	07:54	
371	391	Sara gomes	Individual	39:30	+19:58	07:54	
372	526	Ana Sofia Deus	Individual	39:35	+20:03	07:55	
373	364	Patrícia Couto	Individual	39:35	+20:03	07:55	
374	590	Lurdes Margaça	Individual	39:44	+20:12	07:57	
375	555	Daniela Cardoso	Individual	39:46	+20:14	07:57	
376	507	Cristiana Silva	Bravos e Bravitas	39:47	+20:15	07:57	
377	600	Mariana Azevedo	Individual	39:48	+20:16	07:58	
378	21	Leatitia Geraudo	Arrifana Running	39:49	+20:17	07:58	
379	17	Inês Pinto	Arrifana Running	39:49	+20:17	07:58	
380	354	Nathalia Martins	Individual	39:56	+20:24	07:59	
381	216	Danieli Cristina Pedroso França	Individual	40:00	+20:28	08:00	
382	307	Luciana Ferreira	Individual	40:00	+20:28	08:00	
383	626	Sofia Carvalho	Individual	40:00	+20:28	08:00	
384	394	Sara Oliveira	Individual	40:05	+20:33	08:01	
385	138	ANA MARTINS	Individual	40:12	+20:40	08:02	
386	192	Catarina Silva	Individual	40:19	+20:47	08:04	
387	606	Mirtes Fabiana Barbosa	Individual	40:20	+20:48	08:04	
388	589	Ludimila Silva	Individual	40:20	+20:48	08:04	
389	630	Sónia Rocha	Individual	40:24	+20:52	08:05	
390	261	Jaine Santos	Individual	40:25	+20:53	08:05	
391	424	Vanessa Fonseca	Individual	40:27	+20:55	08:05	
392	633	Susana Teixeira	Individual	40:27	+20:55	08:05	
393	588	Lúcia Cândido	Individual	40:27	+20:55	08:05	
394	568	Filipa Dinis	Individual	40:29	+20:57	08:06	
395	342	Mayara Gomes da Silva	Individual	40:30	+20:58	08:06	
396	344	Mena Silva	Individual	40:30	+20:58	08:06	
397	439	MARELY PENA	LATINAS RUNNERS	40:39	+21:07	08:08	
398	440	MARIA LUISA GIL HURTADO	LATINAS RUNNERS	40:40	+21:08	08:08	
399	438	LILIANA FORERO	LATINAS RUNNERS	40:41	+21:09	08:08	
400	294	Letícia Gomes	Individual	40:45	+21:13	08:09	
401	300	Lívia Sousa Rêgo	Individual	40:45	+21:13	08:09	
402	553	Dalila Barroca	Individual	40:49	+21:17	08:10	
403	46	Marta Moreira	1002	40:50	+21:18	08:10	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
404	582	Laura Félix	Individual	40:51	+21:19	08:10	
405	619	Sandra Gomes	Individual	40:55	+21:23	08:11	
406	596	Margarida Sousa	Individual	40:55	+21:23	08:11	
407	281	Joana Vieira	Individual	40:58	+21:26	08:12	
408	43	Maria de Fátima Pereira Barreto Vida	1002	41:02	+21:30	08:12	
409	326	Maria Novo	Individual	41:17	+21:45	08:15	
410	240	Fabiana Silva	Individual	41:19	+21:47	08:16	
411	106	Andreia Oliveira	Happys	41:19	+21:47	08:16	
412	437	KATIUSKA CABELLO DE LICCIEN	LATINAS RUNNERS	41:24	+21:52	08:17	
413	109	Leonor Maio	Happys	41:29	+21:57	08:18	
414	110	Patrícia Maio	Happys	41:29	+21:57	08:18	
415	63	Dulce Maria	ACDCDSMF os Laranjinhas	41:38	+22:06	08:20	
416	163	Bárbara Correia Andrez	Individual	41:50	+22:18	08:22	
417	647	Andréa Silva	Três Corações, Uma Meta	41:50	+22:18	08:22	
418	184	Carolina Silva Pinto Oliveira	Individual	41:52	+22:20	08:22	
419	565	Elvira Venancio	Individual	41:53	+22:21	08:23	
420	277	Joana Moreira	Individual	42:10	+22:38	08:26	
421	583	Leonor Albergaria	Individual	42:10	+22:38	08:26	
422	309	Lucie dos Santos Rosa	Individual	42:11	+22:39	08:26	
423	49	Mónica Ferreira	1002	42:13	+22:41	08:27	
424	50	Rute Jesus	1002	42:13	+22:41	08:27	
425	48	Mónica Cruz	1002	42:13	+22:41	08:27	
426	157	Andreia Sofia Mendes Águas	Individual	42:21	+22:49	08:28	
427	525	Ana Paula Batalha Lopes	Individual	42:27	+22:55	08:29	
428	319	Maria de Fátima Ferreira Freitas	Individual	42:37	+23:05	08:31	
429	601	Mariana Esteves	Individual	42:41	+23:09	08:32	
430	539	Catarina Silva	Individual	43:04	+23:32	08:37	
431	108	Eugénia Pereira	Happys	43:11	+23:39	08:38	
432	268	Jéssica Oliveira	Individual	43:12	+23:40	08:38	
433	220	Diana Cardoso	Individual	43:13	+23:41	08:39	
434	182	Carla Marçalo	Individual	43:13	+23:41	08:39	
435	592	Magali Tavares	Individual	43:20	+23:48	08:40	
436	541	Cécile Pinto	Individual	43:22	+23:50	08:40	
437	528	Andreia Silva	Individual	43:22	+23:50	08:40	
438	298	Liliana Rodrigues	Individual	43:23	+23:51	08:41	
439	578	Juliana de Lima Ferreira Pains Pereira	Individual	43:28	+23:56	08:42	
440	103	Ana Almeida	Guisande Trail Running	43:42	+24:10	08:44	
441	18	Isabel Silva	Arrifana Running	43:49	+24:17	08:46	
442	119	Aline Santos	Individual	44:14	+24:42	08:51	
443	190	Catarina Madail de Bastos	Individual	44:33	+25:01	08:55	
444	238	Fabiana Ferreira	Individual	44:42	+25:10	08:56	
445	476	Filipa Dias	Setladies	45:05	+25:33	09:01	
446	195	Cátia Cardoso	Individual	45:08	+25:36	09:02	
447	382	rosa Frade	Individual	45:08	+25:36	09:02	
448	556	Daniela Maria Pereira Pereira	Individual	45:29	+25:57	09:06	

CORRIDA - STAGE 1

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
449	520	Ana Castro	Individual	45:53	+26:21	09:11	
450	175	Bibiana Silva	Individual	46:11	+26:39	09:14	
451	418	Telma Alvarez	Individual	46:11	+26:39	09:14	
452	203	Cláudia Casimiro	Individual	46:12	+26:40	09:14	
453	384	Sandra Almeida	Individual	46:21	+26:49	09:16	
454	291	Leonor de Almeida Gonçalves	Individual	46:21	+26:49	09:16	
455	237	Evelise Dubal	Individual	46:37	+27:05	09:19	
456	624	SILVIA MARIANA MATOS DA SILVA	Individual	46:38	+27:06	09:20	
457	490	Catarina Silva	Trilhos&Rodas	46:51	+27:19	09:22	
458	263	Jeniffer da Silva Oliveira	Individual	46:53	+27:21	09:23	
459	285	Juliana Miranda	Individual	46:53	+27:21	09:23	
460	479	Gisela Pinto Oliveira	Sidel	47:07	+27:35	09:25	
461	292	Leonor de Almeida Sousa	Individual	47:15	+27:43	09:27	
462	340	Marina Ribeiro da Silva	Individual	47:15	+27:43	09:27	
463	552	Cristiane Rocha	Individual	47:16	+27:44	09:27	
464	455	Ana Rodrigues	Pés no Asfalto	47:38	+28:06	09:32	
465	571	Isilda Rabasquinho	Individual	47:42	+28:10	09:32	
466	431	Wellen Andrade da silva	Individual	48:05	+28:33	09:37	
467	454	Ana Figueiredo	Pés no Asfalto	48:10	+28:38	09:38	
468	227	Divana Aparecida Rodrigues	Individual	48:27	+28:55	09:41	
469	70	Débora Guedes	As Panteras Cor De Rosa	48:48	+29:16	09:46	
470	408	Soraia Santos	Individual	50:23	+30:51	10:05	
471	489	Carla Farinha	Trilhos&Rodas	50:29	+30:57	10:06	
472	629	Sónia Maria Ferreira Vieira	Individual	51:22	+31:50	10:16	
473	126	Ana Fitas	Individual	51:22	+31:50	10:16	
474	502	Mafalda Ferreira	As Panteras Cor De Rosa	51:47	+32:15	10:21	
475	567	Fernanda Nogueira	Individual	53:35	+34:03	10:43	
476	644	Adriana Silva	Três Corações, Uma Meta	53:42	+34:10	10:44	
477	648	Laís Ribeiro da Silva	Três Corações, Uma Meta	53:42	+34:10	10:44	
478	645	Alicia Moreira de Souza	Três Corações, Uma Meta	53:42	+34:10	10:44	
479	646	Ana Crstina	Três Corações, Uma Meta	53:45	+34:13	10:45	
480	472	Sofia Carvalha	Run Pink Ladies	53:47	+34:15	10:45	

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	16:00	22°C	73%
End	17:18	22°C	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	68	Lara Costa	ARADA ATLÉTICO CLUBE	Senior Feminino	19:59	04:00
2	85	INES GONÇALVES	Clube Atletismo de Ovar	Senior Feminino	20:01	+00:01 04:00
3	66	Fátima Pinho	AFIS-OVAR	Senior Feminino	20:12	+00:12 04:02
4	267	Jessica Fontes	Individual	Senior Feminino	22:26	+02:26 04:29
5	313	Mafalda Oliveira	Individual	Senior Feminino	22:46	+02:46 04:33
6	98	Catia Sofia	Elite 3700	Senior Feminino	23:37	+03:37 04:43
7	127	Ana Gabriela Calazans Vilela	Individual	Senior Feminino	24:46	+04:46 04:57
8	282	Joice campos	Individual	Senior Feminino	26:20	+06:20 05:16
9	449	Mariana Ferreira	O Diabo veste Strava	Senior Feminino	26:46	+06:46 05:21
10	318	Margarida Sobral Pimenta	Individual	Senior Feminino	27:16	+07:16 05:27
11	255	Inês Eira Pereira	Individual	Senior Feminino	27:18	+07:18 05:28
12	609	Olenka Dzvinnyk	Individual	Senior Feminino	27:19	+07:19 05:28
13	290	Lara Santos	Individual	Senior Feminino	27:21	+07:21 05:28
14	189	Catarina Lopes	Individual	Senior Feminino	27:22	+07:22 05:28
15	621	Sara Pereira	Individual	Senior Feminino	27:31	+07:31 05:30
16	170	Beatriz Matos	Individual	Senior Feminino	27:41	+07:41 05:32
17	332	Mariana Caetano Monteiro	Individual	Senior Feminino	27:53	+07:53 05:35
18	188	Catarina Caixas	Individual	Senior Feminino	27:56	+07:56 05:35
19	328	Maria Romeira Faria	Individual	Senior Feminino	28:01	+08:01 05:36
20	166	Bárbara Isabel Sousa Castanheira	Individual	Senior Feminino	28:09	+08:09 05:38
21	448	Inês Correia	NIGHT Runners Feira	Senior Feminino	29:01	+09:01 05:48
22	248	Francisca Soeiro	Individual	Senior Feminino	29:37	+09:37 05:55
23	199	Cátia Sofia Oliveira Teixeira	Individual	Senior Feminino	29:48	+09:48 05:58
24	150	Ana Sofia Soares Alves	Individual	Senior Feminino	29:49	+09:49 05:58
25	288	Lara Ferreira Neves	Individual	Senior Feminino	29:53	+09:53 05:59
26	524	Ana Gomes	Individual	Senior Feminino	30:30	+10:31 06:06
27	168	Beatriz Fernandes	Individual	Senior Feminino	30:48	+10:48 06:10
28	581	Larissa Luz	Individual	Senior Feminino	30:50	+10:50 06:10
29	245	Flávia Oliveira	Individual	Senior Feminino	30:57	+10:57 06:11
30	75	Mariana Filipa Simões Penetra	BCM	Senior Feminino	31:04	+11:04 06:13
31	254	Iasmin Tavares	Individual	Senior Feminino	31:14	+11:15 06:15
32	501	Beatriz Guedes	As Panteras Cor De Rosa	Senior Feminino	31:35	+11:35 06:19
33	441	PAULA SIMOES CABELLO	LATINAS RUNNERS	Senior Feminino	31:40	+11:40 06:20
34	132	Ana Leça	Individual	Senior Feminino	31:42	+11:42 06:20
35	246	Francisca Almeida	Individual	Senior Feminino	31:43	+11:43 06:21
36	635	Vanessa Alves	Individual	Senior Feminino	31:45	+11:45 06:21
37	378	Rita Figueiredo	Individual	Senior Feminino	31:49	+11:49 06:22
38	226	Díaz Guada	Individual	Senior Feminino	31:49	+11:49 06:22
39	275	Joana Filipa Rocha Tavares	Individual	Senior Feminino	31:56	+11:56 06:23

Official Timekeeper: Lap2Go	1 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

40	223	Diana Ribeiro	Individual	Senior Feminino	31:57	+11:57	06:23
41	284	Júlia Evelyn	Individual	Senior Feminino	32:12	+12:12	06:26
42	125	Ana Filipa Sousa Martins	Individual	Senior Feminino	32:22	+12:22	06:28
43	264	Jeniffer Rodrigues	Individual	Senior Feminino	32:25	+12:25	06:29
44	598	Maria Silva	Individual	Senior Feminino	32:39	+12:39	06:32
45	224	Diana Santos	Individual	Senior Feminino	32:43	+12:44	06:33
46	363	Patricia Costa	Individual	Senior Feminino	32:45	+12:45	06:33
47	113	Adriana Gouveia	Individual	Senior Feminino	32:51	+12:52	06:34
48	155	Andreia Silva	Individual	Senior Feminino	32:52	+12:52	06:34
49	228	Eárine Oliveira	Individual	Senior Feminino	32:55	+12:55	06:35
50	74	Claudia Maria Alves e Silva	BCM	Senior Feminino	33:00	+13:00	06:36
51	999	Telma Lopes	Individual	Senior Feminino	33:03	+13:03	06:37
52	610	Patrícia Sampaio	Individual	Senior Feminino	33:12	+13:12	06:38
53	337	Mariana Silva	Individual	Senior Feminino	33:18	+13:18	06:40
54	247	Francisca Martins	Individual	Senior Feminino	33:25	+13:25	06:41
55	333	Mariana Castelhana	Individual	Senior Feminino	33:31	+13:31	06:42
56	6	Beatriz Pinto	Arrifana Running	Senior Feminino	33:32	+13:32	06:42
57	59	Rafaela Silva	2177 runners	Senior Feminino	33:33	+13:33	06:43
58	58	Daniela Fernandes	2177 runners	Senior Feminino	33:34	+13:34	06:43
59	83	Lisandra Catarina Silva Oliveira Almeida	Chora agora bebé	Senior Feminino	33:47	+13:47	06:45
60	194	Catarina Tavares	Individual	Senior Feminino	33:55	+13:55	06:47
61	19	Jéssica Pedrosa	Arrifana Running	Senior Feminino	34:10	+14:10	06:50
62	60	Rita Rocha	2177 runners	Senior Feminino	34:11	+14:11	06:50
63	44	Maria João	1002	Senior Feminino	34:12	+14:13	06:50
64	535	Carolina Ferreira	Individual	Senior Feminino	34:17	+14:17	06:51
65	462	Mariana Oliveira	Pés no Asfalto	Senior Feminino	34:30	+14:30	06:54
66	280	Joana Tavares	Individual	Senior Feminino	34:36	+14:36	06:55
67	481	Margarida Gonçalves Dembach	Sidel	Senior Feminino	34:50	+14:51	06:58
68	99	Gisela Freitas	Elite 3700	Senior Feminino	34:54	+14:54	06:59
69	104	Mariana Almeida	Guisande Trail Running	Senior Feminino	35:10	+15:10	07:02
70	40	Maria Eduarda Reis Brandão	LusoBrasileiras Run Club	Senior Feminino	35:19	+15:19	07:04
71	210	Daniela Freitas	Individual	Senior Feminino	35:28	+15:28	07:06
72	334	Mariana Moreira	Individual	Senior Feminino	35:37	+15:37	07:07
73	366	Patrícia Ribeiro da Silva	Individual	Senior Feminino	35:38	+15:38	07:08
74	665	Cristiana Duarte Silva	Individual	Senior Feminino	35:58	+15:58	07:12
75	460	Lara Silva	Pés no Asfalto	Senior Feminino	36:12	+16:12	07:14
76	286	Juliana Neves	Individual	Senior Feminino	36:32	+16:32	07:18
77	61	Giovanna Grilli	Academia A20	Senior Feminino	36:41	+16:41	07:20
78	256	Inês Lalanda	Individual	Senior Feminino	36:50	+16:50	07:22
79	73	Beatriz Isabel Martins Pimentel	BCM	Senior Feminino	36:54	+16:54	07:23
80	172	Beatriz Silva	Individual	Senior Feminino	37:04	+17:04	07:25
81	289	Lara Gama	Individual	Senior Feminino	37:04	+17:04	07:25
82	331	Mariana Aparício	Individual	Senior Feminino	37:06	+17:06	07:25
83	135	Ana Margarida Marques	Individual	Senior Feminino	37:10	+17:10	07:26
84	169	Beatriz Maia	Individual	Senior Feminino	37:10	+17:10	07:26
85	206	Claudia Pinho	Individual	Senior Feminino	37:26	+17:26	07:29

Official Timekeeper: Lap2Go	2 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

86	622	Sara Veloso	Individual	Senior Feminino	37:39	+17:39	07:32
87	146	Ana Sibebe Silva	Individual	Senior Feminino	37:40	+17:40	07:32
88	24	Mariana Soares	Arrifana Running	Senior Feminino	37:45	+17:45	07:33
89	225	Diana Silva	Individual	Senior Feminino	38:14	+18:14	07:39
90	416	Tatiana Silva	Individual	Senior Feminino	38:34	+18:34	07:43
91	105	Patricia Almeida	Guisande Trail Running	Senior Feminino	38:43	+18:43	07:45
92	122	Amanda Gabrielle Anselmo Rodrigues	Individual	Senior Feminino	38:59	+18:59	07:48
93	526	Ana Sofia Deus	Individual	Senior Feminino	39:35	+19:35	07:55
94	600	Mariana Azevedo	Individual	Senior Feminino	39:48	+19:48	07:58
95	626	Sofia Carvalho	Individual	Senior Feminino	40:00	+20:00	08:00
96	394	Sara Oliveira	Individual	Senior Feminino	40:05	+20:05	08:01
97	138	ANA MARTINS	Individual	Senior Feminino	40:12	+20:12	08:02
98	192	Catarina Silva	Individual	Senior Feminino	40:19	+20:19	08:04
99	294	Letícia Gomes	Individual	Senior Feminino	40:45	+20:45	08:09
100	596	Margarida Sousa	Individual	Senior Feminino	40:55	+20:55	08:11
101	281	Joana Vieira	Individual	Senior Feminino	40:58	+20:58	08:12
102	109	Leonor Maio	Happys	Senior Feminino	41:29	+21:29	08:18
103	184	Carolina Silva Pinto Oliveira	Individual	Senior Feminino	41:52	+21:52	08:22
104	277	Joana Moreira	Individual	Senior Feminino	42:10	+22:10	08:26
105	583	Leonor Albergaria	Individual	Senior Feminino	42:10	+22:10	08:26
106	309	Lucie dos Santos Rosa	Individual	Senior Feminino	42:11	+22:11	08:26
107	157	Andreia Sofia Mendes Águas	Individual	Senior Feminino	42:21	+22:21	08:28
108	319	Maria de Fátima Ferreira Freitas	Individual	Senior Feminino	42:37	+22:37	08:31
109	601	Mariana Esteves	Individual	Senior Feminino	42:41	+22:41	08:32
110	539	Catarina Silva	Individual	Senior Feminino	43:04	+23:04	08:37
111	541	Cécile Pinto	Individual	Senior Feminino	43:22	+23:22	08:40
112	103	Ana Almeida	Guisande Trail Running	Senior Feminino	43:42	+23:42	08:44
113	119	Aline Santos	Individual	Senior Feminino	44:14	+24:14	08:51
114	238	Fabiana Ferreira	Individual	Senior Feminino	44:42	+24:42	08:56
115	476	Filipa Dias	Setladies	Senior Feminino	45:05	+25:05	09:01
116	291	Leonor de Almeida Gonçalves	Individual	Senior Feminino	46:21	+26:21	09:16
117	490	Catarina Silva	Trilhos&Rodas	Senior Feminino	46:51	+26:51	09:22
118	479	Gisela Pinto Oliveira	Sidel	Senior Feminino	47:07	+27:07	09:25
119	292	Leonor de Almeida Sousa	Individual	Senior Feminino	47:15	+27:15	09:27
120	340	Marina Ribeiro da Silva	Individual	Senior Feminino	47:15	+27:15	09:27
121	454	Ana Figueiredo	Pés no Asfalto	Senior Feminino	48:10	+28:10	09:38
122	70	Débora Guedes	As Panteras Cor De Rosa	Senior Feminino	48:48	+28:48	09:46
123	648	Laís Ribeiro da Silva	Três Corações, Uma Meta	Senior Feminino	53:42	+33:42	10:44
124	645	Alicia Moreira de Souza	Três Corações, Uma Meta	Senior Feminino	53:42	+33:43	10:44

Veterana F30

1	434	CÁTIA BAPTISTA	JAM JUVENTUDE ATLÉTICA MOZELENSE	Veterana F30	23:53	04:47
2	270	Joana Bastos Oliveira	Individual	Veterana F30	24:29	+00:36 04:54
3	22	Mária Calmeiro	Arrifana Running	Veterana F30	25:45	+01:52 05:09

Official Timekeeper: Lap2Go	3 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

4	523	Ana Garrido	Individual	Veterana F30	25:53	+02:00	05:11
5	97	Catarina Vieira	Elite 3700	Veterana F30	26:16	+02:23	05:15
6	302	LUANA MARIA DO NASCIMENTO DE MORAIS	Individual	Veterana F30	26:34	+02:41	05:19
7	450	Tatiana Barroco	O Diabo veste Strava	Veterana F30	26:46	+02:53	05:21
8	400	Silvana Isabel Moura Rodrigues	Individual	Veterana F30	27:33	+03:40	05:31
9	321	Maria Gaspar	Individual	Veterana F30	27:58	+04:05	05:36
10	557	Daniela Marques	Individual	Veterana F30	29:07	+05:14	05:49
11	469	Luísa Pires	RE3 Rosa	Veterana F30	29:44	+05:51	05:5
12	425	Vanessa matos	Individual	Veterana F30	30:28	+06:35	06:06
13	429	Vera Monica Vitorino Cordeiro	Individual	Veterana F30	30:28	+06:35	06:06
14	272	Joana Fecha	Individual	Veterana F30	30:53	+07:00	06:11
15	265	Jessica Almeida	Individual	Veterana F30	31:07	+07:14	06:13
16	193	Catarina Simões	Individual	Veterana F30	31:12	+07:19	06:14
17	308	Luciana Jesus	Individual	Veterana F30	31:22	+07:29	06:16
18	412	Tânia Barbosa de Oliveira	Individual	Veterana F30	31:23	+07:30	06:17
19	167	Bárbara Meireles	Individual	Veterana F30	31:32	+07:39	06:18
20	84	Mariana Filipa Soares de Almeida	Chora agora bebé	Veterana F30	31:36	+07:42	06:19
21	357	Neuza Silva	Individual	Veterana F30	31:51	+07:58	06:22
22	405	Solange Teixeira	Individual	Veterana F30	31:56	+08:03	06:23
23	423	Valentina arcia	Individual	Veterana F30	32:04	+08:11	06:25
24	149	Ana Sofia Barbosa	Individual	Veterana F30	32:07	+08:14	06:25
25	591	Mafalda Ribeiro	Individual	Veterana F30	32:23	+08:30	06:29
26	415	Tatiana Silva	Individual	Veterana F30	32:27	+08:33	06:29
27	45	Mariana Nunes	1002	Veterana F30	32:31	+08:38	06:30
28	615	Rosa Lopes	Individual	Veterana F30	32:41	+08:48	06:32
29	380	Rita Martins	Individual	Veterana F30	33:15	+09:22	06:39
30	243	Filipa Monteiro	Individual	Veterana F30	33:15	+09:22	06:39
31	128	Ana Gama	Individual	Veterana F30	33:19	+09:26	06:40
32	573	Jinna Arismendy Ruiz	Individual	Veterana F30	33:29	+09:36	06:42
33	421	Thayse Jordão	Individual	Veterana F30	33:31	+09:38	06:42
34	148	Ana Soares	Individual	Veterana F30	33:34	+09:41	06:43
35	82	Joana Silva	Centro de marcha	Veterana F30	33:50	+09:57	06:46
36	529	Andreia Susana Figueira	Individual	Veterana F30	33:57	+10:04	06:47
37	579	Karen Montenuuevo	Individual	Veterana F30	34:02	+10:09	06:48
38	465	Vanessa Gomes	Pés no Asfalto	Veterana F30	34:03	+10:10	06:49
39	92	Catarina Resende	Correr Fermelã ACADOF	Veterana F30	34:19	+10:26	06:52
40	144	Ana Rodrigues	Individual	Veterana F30	34:20	+10:27	06:52
41	478	Diana Brochado	Sidel	Veterana F30	34:20	+10:27	06:52
42	153	Andreia Oliveira	Individual	Veterana F30	34:28	+10:35	06:54
43	521	Ana Fial	Individual	Veterana F30	34:29	+10:36	06:54
44	527	Andreia Cardoso	Individual	Veterana F30	34:30	+10:37	06:54
45	198	Cátia Silva	Individual	Veterana F30	34:40	+10:47	06:56
46	374	Rafaela Semião	Individual	Veterana F30	34:56	+11:03	06:59
47	78	Ana Rufino	CaminhaQuePassa	Veterana F30	34:57	+11:04	06:59
48	11	Catarina Pinho	Arrifana Running	Veterana F30	35:01	+11:08	07:00
49	283	Joice Carvalho Ferreira	Individual	Veterana F30	35:10	+11:17	07:02

Official Timekeeper: Lap2Go	4 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

50	426	Vanessa Moutinho	Individual	Veterana F30	35:43	+11:50	07:09
51	395	Sara Rodrigues	Individual	Veterana F30	35:45	+11:52	07:09
52	365	Patrícia Pinto	Individual	Veterana F30	36:33	+12:40	07:19
53	631	Sueli torres	Individual	Veterana F30	36:56	+13:03	07:23
54	497	Marlene Patusco	1002	Veterana F30	36:56	+13:03	07:23
55	279	Joana Silva	Individual	Veterana F30	37:05	+13:12	07:25
56	554	Daniela Alves	Individual	Veterana F30	37:12	+13:19	07:26
57	211	Daniela Gonçalves	Individual	Veterana F30	37:27	+13:33	07:29
58	212	Daniela Nunes	Individual	Veterana F30	37:33	+13:40	07:31
59	320	Maria Farias	Individual	Veterana F30	37:34	+13:41	07:31
60	605	Mel Oliveira	Individual	Veterana F30	37:42	+13:49	07:32
61	260	Isabela Lima	Individual	Veterana F30	37:44	+13:51	07:33
62	518	Alexandra Oliveira	Individual	Veterana F30	38:03	+14:10	07:37
63	576	Joana Cristina Rodrigues Reis	Individual	Veterana F30	38:24	+14:31	07:41
64	229	Eduarda Almeida	Individual	Veterana F30	38:29	+14:36	07:42
65	185	Caroline Araujo Silva	Individual	Veterana F30	38:30	+14:37	07:42
66	130	Ana Graziela Garcia	Individual	Veterana F30	38:30	+14:37	07:42
67	250	Gisela Pinto	Individual	Veterana F30	38:31	+14:38	07:42
68	433	Yana Zelinska	Individual	Veterana F30	39:29	+15:36	07:54
69	391	Sara gomes	Individual	Veterana F30	39:30	+15:37	07:54
70	21	Leatitia Geraudo	Arrifana Running	Veterana F30	39:49	+15:56	07:58
71	17	Inês Pinto	Arrifana Running	Veterana F30	39:49	+15:56	07:58
72	354	Nathalia Martins	Individual	Veterana F30	39:56	+16:03	07:59
73	261	Jaine Santos	Individual	Veterana F30	40:25	+16:32	08:05
74	424	Vanessa Fonseca	Individual	Veterana F30	40:27	+16:34	08:05
75	568	Filipa Dinis	Individual	Veterana F30	40:29	+16:36	08:06
76	342	Mayara Gomes da Silva	Individual	Veterana F30	40:30	+16:37	08:06
77	440	MARIA LUISA GIL HURTADO	LATINAS RUNNERS	Veterana F30	40:40	+16:47	08:08
78	592	Magali Tavares	Individual	Veterana F30	43:20	+19:27	08:40
79	298	Liliana Rodrigues	Individual	Veterana F30	43:23	+19:30	08:41
80	382	rosa Frade	Individual	Veterana F30	45:08	+21:15	09:02
81	556	Daniela Maria Pereira Pereira	Individual	Veterana F30	45:29	+21:36	09:06
82	175	Bibiana Silva	Individual	Veterana F30	46:11	+22:18	09:14
83	624	SILVIA MARIANA MATOS DA SILVA	Individual	Veterana F30	46:38	+22:45	09:20
84	263	Jeniffer da Silva Oliveira	Individual	Veterana F30	46:53	+23:00	09:23
85	552	Cristiane Rocha	Individual	Veterana F30	47:16	+23:23	09:27
86	455	Ana Rodrigues	Pés no Asfalto	Veterana F30	47:38	+23:45	09:32
87	431	Wellen Andrade da silva	Individual	Veterana F30	48:05	+24:12	09:37
88	408	Soraia Santos	Individual	Veterana F30	50:23	+26:30	10:05
89	472	Sofia Carvalho	Run Pink Ladies	Veterana F30	53:47	+29:54	10:45

Veterana F35

1	191	Catarina Ribeiro	Individual	Veterana F35	23:27	04:41
2	316	Manuela Nunes	Individual	Veterana F35	24:57	+01:30 04:59
3	156	Andreia Soares Teixeira	Individual	Veterana F35	25:24	+01:57 05:05

Official Timekeeper: Lap2Go	5 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

4	427	Vânia Vieira	Individual	Veterana F35	25:46	+02:18	05:09
5	152	Andreia Ferreira	Individual	Veterana F35	26:10	+02:43	05:14
6	338	Mariana Sousa	Individual	Veterana F35	26:14	+02:47	05:15
7	387	Sandra Marina Ferreira Costa	Individual	Veterana F35	26:47	+03:19	05:21
8	411	Susana Rodrigues	Individual	Veterana F35	27:03	+03:35	05:25
9	81	Claudia Ferreira	Casa Benfica Matosinhos	Veterana F35	27:09	+03:41	05:26
10	30	Vânia Gabriela Silva	Arrifana Running	Veterana F35	27:11	+03:43	05:26
11	325	Maria Monteiro	Individual	Veterana F35	27:19	+03:52	05:28
12	383	Rose N Souza Moreira	Individual	Veterana F35	27:20	+03:53	05:28
13	352	Mylene Oliveira	Individual	Veterana F35	27:41	+04:14	05:32
14	420	Thaís Rocha	Individual	Veterana F35	27:43	+04:15	05:33
15	451	Vanessa Almeida	Os trevos	Veterana F35	27:57	+04:29	05:35
16	39	Jerusa Santos	5000 passos consigo	Veterana F35	28:25	+04:57	05:41
17	496	Joana Fonseca	Xuxas da Laranja	Veterana F35	28:35	+05:08	05:43
18	514	Andrea Marques	DCI/Trilhos/Luso Bussaco	Veterana F35	29:28	+06:01	05:54
19	230	Eliana Oliveira	Individual	Veterana F35	29:35	+06:07	05:55
20	222	Diana de Almeida Franco	Individual	Veterana F35	29:46	+06:18	05:57
21	371	Paula Novo	Individual	Veterana F35	29:53	+06:25	05:59
22	393	Sara Lia da Silva Ferreira de Castro	Individual	Veterana F35	29:55	+06:27	05:59
23	360	Olívia Santos	Individual	Veterana F35	30:12	+06:44	06:02
24	305	Lúcia Maria de Oliveira Brandão Correia	Individual	Veterana F35	30:20	+06:52	06:04
25	136	Ana Margarida Pinho da Costa	Individual	Veterana F35	30:24	+06:56	06:05
26	341	Marlene Correia	Individual	Veterana F35	30:26	+06:58	06:05
27	538	Catarina Castro	Individual	Veterana F35	30:57	+07:29	06:11
28	204	Claudia Duarte	Individual	Veterana F35	31:13	+07:45	06:15
29	276	Joana Margarete Nogueira	Individual	Veterana F35	31:32	+08:04	06:18
30	543	Claudia Cerqueira	Individual	Veterana F35	31:44	+08:16	06:21
31	205	Claudia Novo	Individual	Veterana F35	31:44	+08:17	06:21
32	196	Cátia Coimbra	Individual	Veterana F35	32:11	+08:43	06:26
33	140	Ana Patrícia	Individual	Veterana F35	32:12	+08:44	06:26
34	15	Filipa Anjos	Arrifana Running	Veterana F35	32:18	+08:51	06:28
35	278	Joana Reis	Individual	Veterana F35	32:28	+09:01	06:30
36	12	Cátia Ferreira	Arrifana Running	Veterana F35	32:30	+09:02	06:30
37	512	Ana Paula Oliveira Azevedo	CENAP- Centro Atlético Póvoa Pacense	Veterana F35	32:50	+09:22	06:34
38	262	Janaína Martins	Individual	Veterana F35	33:18	+09:50	06:40
39	397	Sara Sousa Cristina	Individual	Veterana F35	34:11	+10:44	06:50
40	51	Sofia Fontes	1002	Veterana F35	34:12	+10:45	06:50
41	362	Patrícia Colaço	Individual	Veterana F35	34:27	+11:00	06:53
42	353	Natércia Rodrigues da Costa	Individual	Veterana F35	34:29	+11:01	06:54
43	311	Ludimila marvila Costa	Individual	Veterana F35	34:48	+11:21	06:58
44	142	Ana Raquel Ferreira Soares	Individual	Veterana F35	34:53	+11:26	06:59
45	407	Soraia Couceiro	Individual	Veterana F35	34:55	+11:28	06:59
46	650	Susana Figueiredo	Trilhados - ACD Santiago	Veterana F35	35:11	+11:44	07:02
47	473	Sofia Puga	Run Pink Ladies	Veterana F35	35:12	+11:44	07:02
48	304	Luana Teixeira	Individual	Veterana F35	35:28	+12:00	07:08

Official Timekeeper: Lap2Go	6 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

49	508	Cristina Soares	Bravos e Bravitas	Veterana F35	35:54	+12:26	07:11
50	221	Diana Cristina Almeida Catarino	Individual	Veterana F35	36:02	+12:35	07:12
51	343	Melissa Monteiro	Individual	Veterana F35	36:03	+12:35	07:13
52	370	Paula Loureiro	Individual	Veterana F35	36:16	+12:49	07:15
53	522	Ana Filipa Gomes Borgas	Individual	Veterana F35	36:24	+12:57	07:17
54	566	Erica Guedes	Individual	Veterana F35	36:31	+13:04	07:18
55	137	Ana Margarida soares silva pinho	Individual	Veterana F35	36:35	+13:07	07:19
56	239	Fabiana Santos	Individual	Veterana F35	36:55	+13:27	07:23
57	483	Raquel Ferreira Caetano da Rosa	Sidel	Veterana F35	37:00	+13:32	07:24
58	494	Daniela Rocha	Xuxas da Laranja	Veterana F35	37:43	+14:15	07:33
59	376	Rita Andrade	Individual	Veterana F35	37:45	+14:18	07:33
60	540	Cátia Borges	Individual	Veterana F35	38:13	+14:46	07:39
61	468	Karla Oliveira	RE3 Rosa	Veterana F35	38:35	+15:07	07:43
62	364	Patrícia Couto	Individual	Veterana F35	39:35	+16:08	07:55
63	555	Daniela Cardoso	Individual	Veterana F35	39:46	+16:19	07:57
64	307	Luciana Ferreira	Individual	Veterana F35	40:00	+16:32	08:00
65	300	Lívia Sousa Rêgo	Individual	Veterana F35	40:45	+17:17	08:09
66	553	Dalila Barroca	Individual	Veterana F35	40:49	+17:21	08:10
67	46	Marta Moreira	1002	Veterana F35	40:50	+17:22	08:10
68	582	Laura Félix	Individual	Veterana F35	40:51	+17:23	08:10
69	240	Fabiana Silva	Individual	Veterana F35	41:19	+17:51	08:16
70	268	Jéssica Oliveira	Individual	Veterana F35	43:12	+19:45	08:38
71	220	Diana Cardoso	Individual	Veterana F35	43:13	+19:45	08:39
72	578	Juliana de Lima Ferreira Pains Pereira	Individual	Veterana F35	43:28	+20:00	08:42
73	18	Isabel Silva	Arrifana Running	Veterana F35	43:49	+20:22	08:46
74	190	Catarina Madail de Bastos	Individual	Veterana F35	44:33	+21:05	08:55
75	195	Cátia Cardoso	Individual	Veterana F35	45:08	+21:40	09:02
76	285	Juliana Miranda	Individual	Veterana F35	46:53	+23:25	09:23
77	126	Ana Fitas	Individual	Veterana F35	51:22	+27:55	10:16

Veterana F40

1	86	LIGIA SANTOS	Clube Atletismo de Ovar	Veterana F40	21:24	04:17
2	208	Juliana Figueiras	Individual	Veterana F40	22:11	+00:47 04:26
3	72	Brígida Lima	AZTrail	Veterana F40	23:50	+02:25 04:46
4	519	Ana Águas	Individual	Veterana F40	24:40	+03:15 04:56
5	533	Bruna Santos	Individual	Veterana F40	25:53	+04:28 05:11
6	89	Andreia Cristina Costa da Silva	Clube Spiridon Gaia	Veterana F40	27:01	+05:37 05:24
7	358	Odete Silva	Individual	Veterana F40	27:41	+06:17 05:32
8	551	Cristiana Moreira	Individual	Veterana F40	27:47	+06:22 05:33
9	475	Sandra Souto	Runriver-Escola de Atletismo de Rio Tinto	Veterana F40	27:51	+06:26 05:34
10	91	Rosa Adriana Freitas Guedes	Clube Spiridon Gaia	Veterana F40	28:11	+06:47 05:38
11	25	Marta Oliveira	Arrifana Running	Veterana F40	28:29	+07:04 05:42
12	404	Sofia Oliveira	Individual	Veterana F40	28:45	+07:20 05:45
13	37	Sara Oliveira	Bravos e Bravitas	Veterana F40	29:06	+07:41 05:49

Official Timekeeper: Lap2Go	7 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

14	112	Adelaide Marques	Individual	Veterana F40	29:17	+07:53	05:51
15	178	Carina Novo	Individual	Veterana F40	29:19	+07:54	05:52
16	296	Lília Martins	Individual	Veterana F40	29:35	+08:10	05:55
17	314	MafaldaSofia Bastos de Oliveira	Individual	Veterana F40	29:59	+08:35	06:00
18	177	Carina Magalhães	Individual	Veterana F40	30:13	+08:48	06:03
19	410	Susana Cristina Oliveira Almeida	Individual	Veterana F40	30:47	+09:22	06:09
20	487	Luciana Pereira	Taylors	Veterana F40	30:51	+09:26	06:10
21	642	Luzia de Fátima Ferreira Dias Soares	Run & Fun	Veterana F40	30:54	+09:29	06:11
22	120	Amanda Cruz	Individual	Veterana F40	31:27	+10:03	06:17
23	242	Filipa Alves	Individual	Veterana F40	31:36	+10:11	06:19
24	398	Sara Terra	Individual	Veterana F40	31:48	+10:23	06:22
25	217	Denise Gomes dos Santos Alves	Individual	Veterana F40	32:24	+10:59	06:29
26	65	Vera Conceição	ACDCDSMF os Laranjinhas	Veterana F40	32:37	+11:12	06:31
27	186	Catarina Alexandra Castro Costa	Individual	Veterana F40	32:43	+11:18	06:33
28	453	Sandra Ribeiro	PÉ DE ATLETA	Veterana F40	32:45	+11:20	06:33
29	154	Andréia Sá	Individual	Veterana F40	32:54	+11:30	06:35
30	586	Lizandra yamamoto	Individual	Veterana F40	33:27	+12:02	06:41
31	297	Liliana Oliveira	Individual	Veterana F40	33:35	+12:10	06:43
32	118	Aline Floret Matias	Individual	Veterana F40	33:45	+12:21	06:45
33	101	Sílvia Ferreira Dias	F&S em Movimento	Veterana F40	33:45	+12:21	06:45
34	23	Maria Martins	Arrifana Running	Veterana F40	34:11	+12:46	06:50
35	401	Sílvia Calvelhe	Individual	Veterana F40	34:23	+12:58	06:53
36	386	Sandra Fernandes	Individual	Veterana F40	34:25	+13:00	06:53
37	271	Joana Catarina Rodrigues Cabral	Individual	Veterana F40	34:52	+13:27	06:58
38	174	Bianca Souza	Individual	Veterana F40	34:56	+13:32	06:59
39	115	Alcina Costa	Individual	Veterana F40	35:24	+14:00	07:05
40	335	Mariana Noites	Individual	Veterana F40	35:56	+14:32	07:11
41	124	Ana Cristina Henriques Veríssimo	Individual	Veterana F40	36:09	+14:45	07:14
42	158	Andreza Jesus	Individual	Veterana F40	36:16	+14:51	07:15
43	134	Ana Maia	Individual	Veterana F40	36:32	+15:07	07:18
44	534	Carina Gaspar	Individual	Veterana F40	36:38	+15:14	07:20
45	595	Margarete Couto	Individual	Veterana F40	37:02	+15:37	07:24
46	273	Joana Ferreira	Individual	Veterana F40	37:02	+15:38	07:24
47	390	Sara Faria	Individual	Veterana F40	37:06	+15:42	07:25
48	147	Ana Silva	Individual	Veterana F40	37:27	+16:03	07:29
49	547	Cláudia Sofia Rodrigues Pinto	Individual	Veterana F40	37:30	+16:06	07:30
50	428	Vera Manuela Silva Fernandes	Individual	Veterana F40	37:52	+16:27	07:34
51	537	Casilene da silva lopes	Individual	Veterana F40	38:20	+16:55	07:40
52	597	Maria Almeida	Individual	Veterana F40	39:10	+17:45	07:50
53	590	Lurdes Margaça	Individual	Veterana F40	39:44	+18:19	07:57
54	507	Cristiana Silva	Bravos e Bravitas	Veterana F40	39:47	+18:22	07:57
55	216	Danieli Cristina Pedroso França	Individual	Veterana F40	40:00	+18:35	08:00
56	630	Sónia Rocha	Individual	Veterana F40	40:24	+19:00	08:05
57	588	Lúcia Cândido	Individual	Veterana F40	40:27	+19:03	08:05
58	438	LILIANA FORERO	LATINAS RUNNERS	Veterana F40	40:41	+19:16	08:08
59	106	Andreia Oliveira	Happys	Veterana F40	41:19	+19:54	08:16

Official Timekeeper: Lap2Go	8 / 12	generate 29-ago.-2026 17:33
-----------------------------	--------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

60	110	Patrícia Maio	Happys	Veterana F40	41:29	+20:04	08:18
61	163	Bárbara Correia Andrez	Individual	Veterana F40	41:50	+20:25	08:22
62	48	Mónica Cruz	1002	Veterana F40	42:13	+20:49	08:27
63	182	Carla Marçalo	Individual	Veterana F40	43:13	+21:48	08:39
64	528	Andreia Silva	Individual	Veterana F40	43:22	+21:57	08:40
65	418	Telma Alvarez	Individual	Veterana F40	46:11	+24:47	09:14
66	227	Divana Aparecida Rodrigues	Individual	Veterana F40	48:27	+27:03	09:41
67	502	Mafalda Ferreira	As Panteras Cor De Rosa	Veterana F40	51:47	+30:23	10:21
68	646	Ana Crstina	Três Corações, Uma Meta	Veterana F40	53:45	+32:20	10:45

Veterana F45

1	1000	Sandra Ferreira	GDC Guilhovai	Veterana F45	19:32		03:54
2	139	Ana oliveira	Individual	Veterana F45	24:08	+04:35	04:50
3	504	Sónia Gama	BORA TREINAR RUNNING CLUB	Veterana F45	25:51	+06:18	05:10
4	516	SOFIA FERREIRA	GDCTINCMMAD	Veterana F45	26:57	+07:24	05:23
5	47	Marta Pereira	1002	Veterana F45	27:54	+08:21	05:35
6	432	Xana Albergaria	Individual	Veterana F45	28:20	+08:47	05:40
7	517	Adelaide Duarte	Individual	Veterana F45	28:32	+08:59	05:42
8	8	Cândida Dias	Arrifana Running	Veterana F45	29:09	+09:36	05:50
9	470	Sónia Beleza	RE3 Rosa	Veterana F45	29:44	+10:12	05:57
10	584	Lia Juliana Soares	Individual	Veterana F45	30:38	+11:05	06:08
11	38	Sílvia Ferreira	Bravos e Bravitas	Veterana F45	30:40	+11:07	06:08
12	96	Ana Alexandra Vinha	Elite 3700	Veterana F45	30:42	+11:09	06:08
13	197	Catía Lopes	Individual	Veterana F45	30:55	+11:22	06:11
14	618	Rosimeire Pereira Curti	Individual	Veterana F45	31:11	+11:38	06:14
15	372	PAULA ROCHA	Individual	Veterana F45	31:56	+12:23	06:23
16	35	Isa Dias	Bravos e Bravitas	Veterana F45	31:59	+12:26	06:24
17	231	Eliana silva	Individual	Veterana F45	32:02	+12:29	06:24
18	368	Paula Barbosa	Individual	Veterana F45	32:13	+12:41	06:27
19	367	Paula Alexandra Braga Catarino	Individual	Veterana F45	32:16	+12:43	06:27
20	636	Vera Lopes	Individual	Veterana F45	32:21	+12:48	06:28
21	536	Carolina Sousa Rovers	Individual	Veterana F45	32:23	+12:50	06:29
22	613	Rita Sousa	Individual	Veterana F45	32:47	+13:15	06:34
23	452	Diana Valquíria Teixeira Costa Leite	PÉ DE ATLETA	Veterana F45	32:54	+13:21	06:35
24	209	Daniela Alexandra Carneiro Carvalho Silva	Individual	Veterana F45	33:11	+13:39	06:38
25	315	Manuela Maia	Individual	Veterana F45	33:18	+13:45	06:40
26	251	Glória Cristina Almeida Gonçalves	Individual	Veterana F45	33:46	+14:13	06:45
27	511	Sónia Oliveira	Bravos e Bravitas	Veterana F45	33:52	+14:19	06:46
28	548	Cláudia Vilela	Individual	Veterana F45	33:58	+14:25	06:48
29	463	Sandra Gomes	Pés no Asfalto	Veterana F45	34:30	+14:57	06:54
30	71	Catarina Pinho	Associação Cultural Bunheirense	Veterana F45	34:44	+15:11	06:57
31	345	Michele Machado	Individual	Veterana F45	35:09	+15:36	07:02
32	471	Marta Soares	Run Pink Ladies	Veterana F45	35:12	+15:39	07:02
33	477	Márcia Silva	Setladies	Veterana F45	35:49	+16:16	07:10

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

34	509	Manuela Adriano	Bravos e Bravitas	Veterana F45	35:54	+16:21	07:11
35	603	Marlene Ferreira	Individual	Veterana F45	38:11	+18:39	07:38
36	287	karisa silva	Individual	Veterana F45	38:59	+19:26	07:48
37	606	Mirtes Fabiana Barbosa	Individual	Veterana F45	40:20	+20:47	08:04
38	633	Susana Teixeira	Individual	Veterana F45	40:27	+20:54	08:05
39	439	MARELY PENA	LATINAS RUNNERS	Veterana F45	40:39	+21:07	08:08
40	49	Mónica Ferreira	1002	Veterana F45	42:13	+22:41	08:27
41	50	Rute Jesus	1002	Veterana F45	42:13	+22:41	08:27
42	525	Ana Paula Batalha Lopes	Individual	Veterana F45	42:27	+22:54	08:29
43	520	Ana Castro	Individual	Veterana F45	45:53	+26:20	09:11
44	203	Cláudia Casimiro	Individual	Veterana F45	46:12	+26:39	09:14
45	237	Evelise Dubal	Individual	Veterana F45	46:37	+27:04	09:19

Veterana F50

1	436	Teresa Paiva	Laranjinhas	Veterana F50	22:41	04:32
2	458	Dulce Bastos	Pés no Asfalto	Veterana F50	25:10	+02:28 05:02
3	506	Perpétua Silva	Brandoenses running	Veterana F50	25:24	+02:42 05:05
4	145	Ana Rodrigues	Individual	Veterana F50	25:31	+02:49 05:06
5	36	Sandra Silva	Bravos e Bravitas	Veterana F50	25:42	+03:00 05:08
6	33	CRISTINA TAVARES	SOREMA	Veterana F50	26:00	+03:18 05:12
7	651	Paula Soares	Bravos e Bravitas	Veterana F50	26:36	+03:55 05:19
8	503	Eduarda Vinagre	BORA TREINAR RUNNING CLUB	Veterana F50	27:21	+04:39 05:28
9	76	VICTÓRIA BERNARDES	Brandoenses running	Veterana F50	27:58	+05:16 05:36
10	34	Fatinha Lopes	Bravos e Bravitas	Veterana F50	28:18	+05:36 05:40
11	643	Suzana Duarte	SSPMSJM	Veterana F50	28:29	+05:47 05:42
12	457	Carmo Paiva	Pés no Asfalto	Veterana F50	28:50	+06:08 05:46
13	373	Porcina Maria Soares Marques Oliveira	Individual	Veterana F50	30:18	+07:36 06:04
14	348	Michelle Rosana Ferreira Silva	Individual	Veterana F50	30:19	+07:38 06:04
15	1	Paula Martins	Individual	Veterana F50	31:02	+08:20 06:12
16	241	Fernanda Gonçalves	Individual	Veterana F50	31:32	+08:51 06:18
17	41	Cláudia Almeida	1002	Veterana F50	31:57	+09:15 06:23
18	179	Carla Augusta Sá Pereira	Individual	Veterana F50	32:16	+09:34 06:27
19	641	Céu Vilar	Run & Fun	Veterana F50	32:55	+10:13 06:35
20	406	Sónia Marques	Individual	Veterana F50	33:00	+10:18 06:36
21	100	Felisbela Valgôde Rodrigues Almeida Leite	F&S em Movimento	Veterana F50	33:45	+11:03 06:45
22	510	Marta Carvalho	Bravos e Bravitas	Veterana F50	33:51	+11:09 06:46
23	464	Susana Gomes	Pés no Asfalto	Veterana F50	34:03	+11:21 06:49
24	632	Susana Margarida Miguel Ribeiro Mendes	Individual	Veterana F50	34:09	+11:27 06:50
25	219	Deolinda Ferreira	Individual	Veterana F50	34:10	+11:28 06:50
26	617	Rosa Santos	Individual	Veterana F50	34:47	+12:05 06:57
27	542	Clare Hogg	Individual	Veterana F50	34:49	+12:07 06:58
28	649	Fátima Nunes	Trilhados - ACD Santiago	Veterana F50	35:11	+12:30 07:02
29	62	Renata Albuquerque	Academia A20	Veterana F50	36:09	+13:27 07:14
30	299	Lina Cabral	Individual	Veterana F50	36:45	+14:03 07:21

Official Timekeeper: Lap2Go	10 / 12	generate 29-ago.-2026 17:33
-----------------------------	---------	-----------------------------

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

31	442	ROSNELLY CABELLO REQUENA	LATINAS RUNNERS	Veterana F50	37:12	+14:30	07:26
32	515	ARMANDINA TORRES	GDCTINCMAD	Veterana F50	37:33	+14:51	07:31
33	306	Lucia Silva	Individual	Veterana F50	38:00	+15:18	07:36
34	202	Cláudia Carvalheira	Individual	Veterana F50	38:07	+15:25	07:37
35	312	Mãe Fátima	Individual	Veterana F50	38:52	+16:10	07:46
36	612	Paula Maria Rodrigues Pereira da Silva	Individual	Veterana F50	38:55	+16:13	07:47
37	589	Ludimila Silva	Individual	Veterana F50	40:20	+17:38	08:04
38	344	Mena Silva	Individual	Veterana F50	40:30	+17:48	08:06
39	619	Sandra Gomes	Individual	Veterana F50	40:55	+18:13	08:11
40	43	Maria de Fátima Pereira Barreto Vida	1002	Veterana F50	41:02	+18:21	08:12
41	437	KATIUSKA CABELLO DE LICCIEN	LATINAS RUNNERS	Veterana F50	41:24	+18:42	08:17
42	647	Andréa Silva	Três Corações, Uma Meta	Veterana F50	41:50	+19:08	08:22
43	384	Sandra Almeida	Individual	Veterana F50	46:21	+23:40	09:16
44	489	Carla Farinha	Trilhos&Rodas	Veterana F50	50:29	+27:47	10:06
45	629	Sónia Maria Ferreira Vieira	Individual	Veterana F50	51:22	+28:40	10:16
46	644	Adriana Silva	Três Corações, Uma Meta	Veterana F50	53:42	+31:00	10:44

Veterana F55

1	435	MATILDE BAPTISTA	JAM JUVENTUDE ATLÉTICA MOZELENSE	Veterana F55	23:40	04:44
2	200	Céu Ferreira	Individual	Veterana F55	26:41	+03:00 05:20
3	486	CARLA MARIA CRUZ	SOREMA	Veterana F55	27:34	+03:53 05:31
4	26	Orquídea Gomes	Arrifana Running	Veterana F55	27:39	+03:58 05:32
5	151	Ana Teixeira	Individual	Veterana F55	29:28	+05:47 05:54
6	80	Cristina Coutinho	Casa Benfica Bairrada	Veterana F55	29:54	+06:14 05:59
7	129	Ana Gonçalves	Individual	Veterana F55	30:17	+06:36 06:03
8	492	Paula Cardoso	Trilhos&Rodas	Veterana F55	30:59	+07:18 06:12
9	446	Palmira Fontes	Lourosa Em Movimento	Veterana F55	31:00	+07:19 06:12
10	445	Maria Neves	Lourosa Em Movimento	Veterana F55	31:00	+07:19 06:12
11	484	Esmeraldina Dias	Slow Motion	Veterana F55	31:06	+07:25 06:13
12	258	Isabel Martins	Individual	Veterana F55	31:43	+08:02 06:21
13	141	Ana Paula Oliveira Mota Paula Mota	Individual	Veterana F55	32:03	+08:22 06:25
14	419	Teresa Ventura	Individual	Veterana F55	32:27	+08:46 06:29
15	599	Maria Teixeira	Individual	Veterana F55	32:54	+09:13 06:35
16	532	Beatriz Pinto	Individual	Veterana F55	33:20	+09:39 06:40
17	87	Neusa Ramalho	Clube de atletismo HM Training Group de Sangalhos	Veterana F55	35:43	+12:02 07:09
18	623	Shirlei Mesquita Sandim	Individual	Veterana F55	37:16	+13:35 07:27
19	108	Eugénia Pereira	Happys	Veterana F55	43:11	+19:30 08:38
20	567	Fernanda Nogueira	Individual	Veterana F55	53:35	+29:54 10:43

Veterana F60

1	327	Maria Pereira	Sport Clube Salgueiros	Veterana F60	25:02		05:00
2	3	Andrea Sampaio	Arrifana Running	Veterana F60	31:03	+06:00	06:13

Corrida

5 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

3	77	Lucia Bastos dos Santos	Caminhadas da Amizade	Veterana F60	31:59	+06:56	06:24
4	16	Georgina Ferreira	Arrifana Running	Veterana F60	35:37	+10:34	07:07
5	664	Rosa Maria Costa	Individual	Veterana F60	38:55	+13:52	07:47
6	63	Dulce Maria	ACDCDSMF os Laranjinhas	Veterana F60	41:38	+16:35	08:20
7	571	Isilda Rabasquinho	Individual	Veterana F60	47:42	+22:39	09:32

Veterana F65

1	14	Fátima Pereira	Arrifana Running	Veterana F65	30:49	06:10
2	381	Rosa Dias	Individual	Veterana F65	34:54	+04:04 06:59
3	326	Maria Novo	Individual	Veterana F65	41:17	+10:27 08:15

Veterana F75

1	565	Elvira Venancio	Individual	Veterana F75	41:53	08:23
---	-----	-----------------	------------	--------------	-------	-------

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 29-ago.-2026 17:33
-----------------------------	-------	-----------------------------