

CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	--	--
End	11:31	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	263	João mouro	Sport Clube Beira-Mar	31:35		03:10	
2	284	Francisco Silveira	Sport Clube Beira-Mar	32:55	+01:20	03:17	
3	25	David Pinto Carvalheiro	Escola de Atletismo Coimbra	34:36	+03:01	03:28	
4	20	João Andrade	Clube dos Galitos	35:36	+04:01	03:34	
5	141	Eleutério de Oliveira Mota	Individual	35:37	+04:02	03:34	
6	264	Luís Pires	Sport Clube Beira-Mar	35:56	+04:21	03:36	
7	210	Nelson Maia	Individual	36:33	+04:58	03:39	
8	113	Abdul Silva e Silva	Individual	37:30	+05:55	03:45	
9	250	Tiago Pereira	Passeio	37:33	+05:58	03:45	
10	214	PAULO SILVA	Individual	37:36	+06:01	03:46	
11	223	Ricardo Saltão	Individual	37:39	+06:04	03:46	
12	262	Francisco Ribeiro	Sozense Trail- Corind/ Braga&Fernandes	38:24	+06:49	03:50	
13	166	Izan Gonzalez	Individual	39:29	+07:54	03:57	
14	241	Simão Pedro Rodrigues Batista	Lobos do Brunheiro de Chaves / Anteros	39:32	+07:57	03:57	
15	197	Luis Semião	Individual	39:34	+07:59	03:57	
16	200	Marco Balsinha	Individual	39:39	+08:04	03:58	
17	207	Miguel Martins	Individual	39:41	+08:06	03:58	
18	203	Maurício Yanagui	Individual	40:20	+08:45	04:02	
19	153	Gonçalo Ressurreição	Individual	40:31	+08:56	04:03	
20	165	Iuri Santiago	Individual	40:52	+09:17	04:05	
21	123	António Santos	Individual	41:08	+09:33	04:07	
22	34	Francisco Martins	Hut Runners Aveiro	41:19	+09:44	04:08	
23	163	Hugo Santos	Individual	41:35	+10:00	04:10	
24	238	Tomás Marabuto	Individual	41:37	+10:02	04:10	
25	199	Manuel António Fosneca	Individual	41:44	+10:09	04:10	
26	17	Gabriel Matias Neto	CARAPPAUS DE CORRIDA	41:45	+10:10	04:11	
27	117	Alysson Luiz	Individual	41:48	+10:13	04:11	
28	120	André Oliveira	Individual	41:51	+10:16	04:11	
29	270	Nuno Silva	Tartarugas	42:14	+10:39	04:13	
30	248	Ricardo Cardoso	Paródia Aveirense	42:31	+10:56	04:15	
31	251	Tomás André	Passeio	42:34	+10:59	04:15	
32	105	Rens Jacobs	Individual	43:06	+11:31	04:19	
33	170	João Caetano	Individual	43:43	+12:08	04:22	
34	182	Jonas Bestgen	Individual	44:20	+12:45	04:26	
35	201	Marco Monteiro	Individual	44:33	+12:58	04:27	
36	222	Ricardo Rocha	Individual	44:34	+12:59	04:27	
37	239	Tomás Pereira	Individual	44:57	+13:22	04:30	
38	218	rafael chambel	Individual	44:58	+13:23	04:30	
39	260	Rui Rodrigues	RUN TO THE BAR	45:02	+13:27	04:30	
40	208	Miguel Oliveira	Individual	45:11	+13:36	04:31	
41	129	CRISTOVAO BRAGA APARICIO	Individual	45:17	+13:42	04:32	
42	130	Daniel Ferreira	Individual	45:23	+13:48	04:32	

Official Timekeeper: Lap2Go	1 / 6	generate 10-out.-2026 11:32
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CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	196	Lucas Urbano	Individual	45:25	+13:50	04:32	
44	168	João Almeida	Individual	45:28	+13:53	04:33	
45	109	Susana Cerqueira	Individual	45:29	+13:54	04:33	
46	224	Rodrigo Colhe	Individual	45:34	+13:59	04:33	
47	187	José Fernandes	Individual	45:58	+14:23	04:36	
48	144	Filipe Correia	Individual	46:05	+14:30	04:36	
49	249	André Vieira	Passeio	46:16	+14:41	04:38	
50	204	Micael Santos	Individual	46:17	+14:42	04:38	
51	128	Cláudio Sá	Individual	46:25	+14:50	04:39	
52	228	Rúben Pereira	Individual	46:25	+14:50	04:39	
53	161	Hugo Rocha Martins	Individual	46:27	+14:52	04:39	
54	154	Guilherme Sousa	Individual	46:28	+14:53	04:39	
55	237	Tomás Ferreira	Individual	46:58	+15:23	04:42	
56	265	Maria Varandas	Sport Comércio e Salgueiros	46:59	+15:24	04:42	
57	259	Hugo Silva	RUN TO THE BAR	47:13	+15:38	04:43	
58	219	Rafael Fernandes	Individual	47:26	+15:51	04:45	
59	111	Tânia Ramos	Individual	47:26	+15:51	04:45	
60	198	Luís Soares	Individual	47:27	+15:52	04:45	
61	184	Jorge Manuel Matos Rodrigues	Individual	47:39	+16:04	04:46	
62	285	Danil Bulakhov	Individual	47:39	+16:04	04:46	
63	190	José Mora	Individual	47:40	+16:05	04:46	
64	21	Margherita Bandini	Crinali asd	47:44	+16:09	04:46	
65	155	Gustavo Assaf	Individual	47:44	+16:09	04:46	
66	152	Gonçalo Pinheiro	Individual	47:48	+16:13	04:47	
67	3	Mário Óscar Silva Santos	amigos da Lua	47:53	+16:18	04:47	
68	258	Bruninho Ferrari	RUN TO THE BAR	47:55	+16:20	04:47	
69	14	António Ferreira	Canequinos Run Team	47:58	+16:23	04:48	
70	15	Daniel Fernandes	Canequinos Run Team	47:58	+16:23	04:48	
71	159	Hilário Monteiro	Individual	48:00	+16:25	04:48	
72	32	Sandra vieira	GRECAS Vagos	48:13	+16:38	04:49	
73	268	Abel Pereira dos Santos Filho	Talon Running	48:21	+16:46	04:50	
74	162	Hugo Rodrigues	Individual	48:29	+16:54	04:51	
75	267	Bruno Santos	Swimming Runners	48:33	+16:58	04:51	
76	230	Rui Loio	Individual	48:46	+17:11	04:53	
77	181	Joel Pinto	Individual	49:05	+17:30	04:55	
78	6	José Carvalho	Atronia	49:13	+17:38	04:55	
79	5	Armando Cavaleiro	Atronia	49:14	+17:39	04:55	
80	247	João Miragaia	Paródia Aveirense	49:16	+17:41	04:56	
81	169	João Artur Ferreira de Almeida	Individual	49:17	+17:42	04:56	
82	225	Rodrigo Monteiro	Individual	49:18	+17:43	04:56	
83	246	Bernardo Pereira	Paródia Aveirense	49:21	+17:46	04:56	
84	206	Miguel Galrinho	Individual	49:27	+17:52	04:57	
85	245	Raissa Rocha	MR Endurance Coach	49:29	+17:54	04:57	
86	211	Nuno Fernandes	Individual	49:32	+17:57	04:57	
87	216	Pedro Afonso	Individual	49:43	+18:08	04:58	
88	240	William Marques	Individual	49:52	+18:17	04:59	

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10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	131	Daniel Gonçalves	Individual	50:02	+18:27	05:00	
90	173	João Fonseca	Individual	50:08	+18:33	05:01	
91	146	Gabriele Portuesi	Individual	50:18	+18:43	05:02	
92	261	Amilcar de Oliveira Raimundo	Sozense Trail- Corind/ Braga&Fernandes	50:22	+18:47	05:02	
93	195	Lourenço Rodrigues	Individual	50:36	+19:01	05:04	
94	235	Tiago Lourenço	Individual	50:57	+19:22	05:06	
95	140	Eduardo Gonçalves Luís Ferreira	Individual	51:41	+20:06	05:10	
96	78	Joana Gonçalves Mendes da Silva	Individual	51:49	+20:14	05:11	
97	158	Henrique Sousa	Individual	51:54	+20:19	05:11	
98	171	João Coelho	Individual	52:04	+20:29	05:12	
99	41	Ana Rei	Individual	52:24	+20:49	05:14	
100	61	Clara Ortiz	Individual	53:24	+21:49	05:20	
101	86	Laura Torrado	Individual	53:24	+21:49	05:20	
102	283	Eneko Rivera	Individual	53:24	+21:49	05:20	
103	119	André Martins	Individual	53:33	+21:58	05:21	
104	136	Diogo Campanudo	Individual	53:39	+22:04	05:22	
105	29	Bruno de Sousa Bastos	GD Pião	53:43	+22:08	05:22	
106	229	Rui Filipe Assunção dos Santos Silva	Individual	53:46	+22:11	05:23	
107	178	João Salgueiro	Individual	53:47	+22:12	05:23	
108	177	João Rocha	Individual	53:48	+22:13	05:23	
109	148	Gonçalo Azevedo	Individual	53:54	+22:19	05:23	
110	135	Dinis Afreixo Oliveira	Individual	54:02	+22:27	05:24	
111	145	Francisco Fernandes	Individual	54:09	+22:34	05:25	
112	221	Rafael Muniz	Individual	54:22	+22:47	05:26	
113	233	Tiago Domingos	Individual	54:31	+22:56	05:27	
114	220	Rafael Moraes	Individual	54:49	+23:14	05:29	
115	48	Beatriz Loureiro	Individual	54:52	+23:17	05:29	
116	107	Sara Cordeiro	Individual	54:53	+23:18	05:29	
117	49	Beatriz Magalhães Vieira	Individual	55:02	+23:27	05:30	
118	127	Carlos Daniel Ribeiro Gonçalves	Individual	55:03	+23:28	05:30	
119	95	Natália Rusak	Individual	55:09	+23:34	05:31	
120	18	jalex oliveira	CARAPUS DE CORRIDA	55:14	+23:39	05:31	
121	56	Carolina Rodrigues Lopes	Individual	55:14	+23:39	05:31	
122	110	Susana Ribeiro	Individual	55:30	+23:55	05:33	
123	114	Adalberto Correia Lima Junior	Individual	55:33	+23:58	05:33	
124	66	Eduarda Fernandes	Individual	55:34	+23:59	05:33	
125	179	João Tavares Ferreira	Individual	55:34	+23:59	05:33	
126	142	Fabício Marques de Sousa	Individual	55:40	+24:05	05:34	
127	156	Gustavo Moraes	Individual	55:42	+24:07	05:34	
128	215	Paulo Tiago Santos Saraiva	Individual	55:53	+24:18	05:35	
129	209	Miguel Paiva	Individual	56:00	+24:25	05:36	
130	147	Gil ota	Individual	56:07	+24:32	05:37	
131	76	Jessica Campos	Individual	56:10	+24:35	05:37	
132	160	Hugo Domingos Gomes Ferreira	Individual	56:17	+24:42	05:38	
133	69	Gabriela Correia	Individual	56:18	+24:43	05:38	

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10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	8	Gonalo Coelho	Biomediciners	56:24	+24:49	05:38	
135	54	Carmen Mendes	Individual	56:25	+24:50	05:39	
136	189	Jos� Jord�o	Individual	56:25	+24:50	05:39	
137	234	Tiago Ferreira	Individual	56:27	+24:52	05:39	
138	150	Gonalo Crasto	Individual	56:28	+24:53	05:39	
139	43	Ana Sofia Soares Alves	Individual	56:37	+25:02	05:40	
140	28	Margarida Martins	GD Pi�o	56:50	+25:15	05:41	
141	24	Nuno Oliveira	D'Rastos	57:01	+25:26	05:42	
142	217	Pedro Oliveira	Individual	57:16	+25:41	05:44	
143	118	Andr� Lu�s	Individual	57:23	+25:48	05:44	
144	231	Rui Soares	Individual	57:24	+25:49	05:44	
145	282	Ant�nio Iglesias	Individual	57:24	+25:49	05:44	
146	79	J�lia Goulart	Individual	57:25	+25:50	05:45	
147	257	Luana Rodrigues	RUN TO THE BAR	57:29	+25:54	05:45	
148	80	Juliana Verd�	Individual	57:35	+26:00	05:45	
149	143	Fernando Manuel Pinto Laia	Individual	57:35	+26:00	05:46	
150	133	David Medeiros	Individual	57:48	+26:13	05:47	
151	60	C�tia Mota	Individual	57:50	+26:15	05:47	
152	7	Afonso Pinto	Biomediciners	57:51	+26:16	05:47	
153	244	Anabela Costa	Molinhas Team	57:58	+26:23	05:48	
154	33	H�lder Rodrigues	GRECAS Vagos	58:05	+26:30	05:49	
155	45	Beatriz Costa Santos	Individual	58:11	+26:36	05:49	
156	103	Raquel Vaz	Individual	58:14	+26:39	05:49	
157	266	Susana Ganito	Swimming Runners	58:34	+26:59	05:51	
158	23	Hugo Almeida	D'Rastos	58:40	+27:05	05:52	
159	256	Estela Gogulan	RUN TO THE BAR	58:41	+27:06	05:52	
160	63	Cristina soares	Individual	58:44	+27:09	05:52	
161	88	Manuela Sousa	Individual	58:44	+27:09	05:52	
162	174	Jo�o Miguel Moreira Freire	Individual	59:02	+27:27	05:54	
163	57	Catarina Cardoso Fernandes	Individual	59:05	+27:30	05:55	
164	102	Raquel Cunha	Individual	59:06	+27:31	05:55	
165	73	Ines Casa Branca	Individual	59:13	+27:38	05:55	
166	151	Gonalo Miranda	Individual	59:24	+27:49	05:56	
167	132	Daniel Ramos	Individual	59:24	+27:49	05:56	
168	167	jasiel gonzalez bedolla	Individual	59:36	+28:01	05:58	
169	99	Paula Ascen�o	Individual	59:57	+28:22	06:00	
170	124	Arthur Suzart Span�	Individual	01:00:23	+28:48	06:02	
171	12	Jorge Silva	CAF	01:00:35	+29:00	06:04	
172	75	In�s Ribau Almeida	Individual	01:01:05	+29:30	06:06	
173	96	Patr�cia Ferreira	Individual	01:01:06	+29:31	06:07	
174	115	Afonso Oliveira	Individual	01:01:07	+29:32	06:07	
175	81	Juliana Vidal	Individual	01:01:16	+29:41	06:08	
176	16	Maria Matias Neto	CARAPAU DE CORRIDA	01:01:31	+29:56	06:09	
177	9	Sim�o Oliveira	Biomediciners	01:01:56	+30:21	06:12	
178	126	Carlos Correia	Individual	01:02:00	+30:25	06:12	
179	125	Augusto Bombe	Individual	01:02:00	+30:25	06:12	

CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	134	David Pereira	Individual	01:02:03	+30:28	06:12	
181	137	Diogo Maia	Individual	01:02:24	+30:49	06:14	
182	82	Lara Martins	Individual	01:02:28	+30:53	06:15	
183	101	Rafaela Constâncio Severino	Individual	01:02:28	+30:53	06:15	
184	50	Beatriz Pereira	Individual	01:02:30	+30:55	06:15	
185	13	Miguel Ribeiro	CAF	01:02:35	+31:00	06:15	
186	30	Leandro Silva	GD Pião	01:02:40	+31:05	06:16	
187	194	LORENZO STANISLAW LAVALIER LIMA	Individual	01:02:51	+31:16	06:17	
188	42	Ana Rita Martins	Individual	01:02:52	+31:17	06:17	
189	205	Miguel Costa	Individual	01:02:59	+31:24	06:18	
190	175	João Monteiro	Individual	01:03:20	+31:45	06:20	
191	85	Laura Pereira	Individual	01:03:20	+31:45	06:20	
192	112	Vanessa Marques	Individual	01:03:28	+31:53	06:21	
193	10	Ellen Christine Rosa Silva	Biotechogatas	01:04:09	+32:34	06:25	
194	243	Matilde Vieira	M&M's	01:04:36	+33:01	06:28	
195	226	Rodrigo Viana	Individual	01:04:36	+33:01	06:28	
196	242	Maria João Dias	M&M's	01:04:36	+33:01	06:28	
197	70	Gabriella Aleixo Rocha	Individual	01:04:36	+33:01	06:28	
198	212	Nuno Matos	Individual	01:05:09	+33:34	06:31	
199	64	Diana Angélica Vázquez Limón	Individual	01:05:15	+33:40	06:32	
200	255	Duda Gomes	RUN TO THE BAR	01:05:19	+33:44	06:32	
201	26	Mafalda Corceiro Coelho Fortes	Fefões	01:05:28	+33:53	06:33	
202	27	Ricardo Bruno Cabral Barbosa	Fefões	01:05:28	+33:53	06:33	
203	83	Lara Rodrigues Ferreira da Silva	Individual	01:05:29	+33:54	06:33	
204	93	Mariana Silva	Individual	01:05:29	+33:54	06:33	
205	149	Gonçalo Chaves	Individual	01:05:30	+33:55	06:33	
206	84	Laryssa Siqueira	Individual	01:06:32	+34:57	06:39	
207	116	Afonso Pocinho	Individual	01:06:47	+35:12	06:41	
208	91	Maria Sousa	Individual	01:06:47	+35:12	06:41	
209	192	José Vieira	Individual	01:07:04	+35:29	06:42	
210	68	Ema Caetano Domingues Henriques	Individual	01:07:56	+36:21	06:48	
211	269	Dani Silva	Tartarugas	01:07:56	+36:21	06:48	
212	38	Ana Maio	Individual	01:07:56	+36:21	06:48	
213	4	Xavier Maria Pimenta Santos	amigos da Lua	01:08:30	+36:55	06:51	
214	2	José Mário Pimenta Santos	amigos da Lua	01:08:30	+36:55	06:51	
215	87	Leonor Silva Amaral	Individual	01:10:35	+39:00	07:04	
216	47	Beatriz Grilo Ferreira	Individual	01:10:36	+39:01	07:04	
217	253	João Carlos Figueiredo Rosa	PITRODESTRÓI	01:10:46	+39:11	07:05	
218	252	Ana Rita Figueiredo Rosa	PITRODESTRÓI	01:10:54	+39:19	07:05	
219	100	Philippa Frazão	Individual	01:11:22	+39:47	07:08	
220	202	Mário Costa	Individual	01:11:22	+39:47	07:08	
221	74	Inês Lalanda	Individual	01:11:36	+40:01	07:10	
222	19	Victor Neto	CARAPUS DE CORRIDA	01:12:07	+40:32	07:13	
223	62	Constança Henriques Bento	Individual	01:13:31	+41:56	07:21	
224	98	Patrícia Sofia Falcão Louro	Individual	01:13:31	+41:56	07:21	

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10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
225	183	Jonas Juliermerson	Individual	01:15:09	+43:34	07:31	
226	97	Patrícia Moltchanova	Individual	01:15:38	+44:03	07:34	
227	193	Kenji Vitória Morimoto	Individual	01:15:38	+44:03	07:34	
228	36	Alice Barbosa da Costa	Individual	01:16:07	+44:32	07:37	
229	55	Carolina Coutinho	Individual	01:16:17	+44:42	07:38	
230	236	Tiago Sabino	Individual	01:16:57	+45:22	07:42	
231	31	Pedro Miguel Barbosa	GD Pião	01:17:53	+46:18	07:47	
232	11	Mafalda Vilela Gomes	Biotechogatas	01:18:27	+46:52	07:51	
233	89	Maria Cerqueira	Individual	01:25:24	+53:49	08:32	
234	52	Bruna Pinto	Individual	01:25:24	+53:49	08:32	
235	164	Ismael José Ferreira Carvalho	Individual	01:25:57	+54:22	08:36	
236	51	Bruna Costa	Individual	01:25:59	+54:24	08:36	
237	138	Diogo Silva	Individual	01:26:00	+54:25	08:36	
238	106	Rita Cartaxo	Individual	01:26:24	+54:49	08:38	
239	71	Helena Vieira	Individual	01:26:24	+54:49	08:38	

Corrida

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	-99°C	-99%
End	11:31	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	109	Susana Cerqueira	Individual	Senior Feminino	45:29	04:33
2	265	Maria Varandas	Sport Comércio e Salgueiros	Senior Feminino	46:59	+01:30 04:42
3	111	Tânia Ramos	Individual	Senior Feminino	47:26	+01:57 04:45
4	21	Margherita Bandini	Crinali asd	Senior Feminino	47:44	+02:14 04:46
5	32	Sandra vieira	GRECAS Vagos	Senior Feminino	48:13	+02:44 04:49
6	245	Raissa Rocha	MR Endurance Coach	Senior Feminino	49:29	+03:59 04:57
7	78	Joana Gonçalves Mendes da Silva	Individual	Senior Feminino	51:49	+06:20 05:11
8	41	Ana Rei	Individual	Senior Feminino	52:24	+06:54 05:14
9	61	Clara Ortiz	Individual	Senior Feminino	53:24	+07:55 05:20
10	86	Laura Torrado	Individual	Senior Feminino	53:24	+07:55 05:20
11	48	Beatriz Loureiro	Individual	Senior Feminino	54:52	+09:23 05:29
12	107	Sara Cordeiro	Individual	Senior Feminino	54:53	+09:24 05:29
13	49	Beatriz Magalhães Vieira	Individual	Senior Feminino	55:02	+09:33 05:30
14	95	Natália Rusak	Individual	Senior Feminino	55:09	+09:39 05:31
15	56	Carolina Rodrigues Lopes	Individual	Senior Feminino	55:14	+09:45 05:31
16	110	Susana Ribeiro	Individual	Senior Feminino	55:30	+10:00 05:33
17	66	Eduarda Fernandes	Individual	Senior Feminino	55:34	+10:04 05:33
18	76	Jessica Campos	Individual	Senior Feminino	56:10	+10:41 05:37
19	69	Gabriela Correia	Individual	Senior Feminino	56:18	+10:49 05:38
20	54	Carmen Mendes	Individual	Senior Feminino	56:25	+10:56 05:39
21	43	Ana Sofia Soares Alves	Individual	Senior Feminino	56:37	+11:08 05:40
22	28	Margarida Martins	GD Pião	Senior Feminino	56:50	+11:21 05:41
23	79	Júlia Goulart	Individual	Senior Feminino	57:25	+11:56 05:45
24	257	Luana Rodrigues	RUN TO THE BAR	Senior Feminino	57:29	+12:00 05:45
25	80	Juliana Verdú	Individual	Senior Feminino	57:35	+12:05 05:45
26	60	Cátia Mota	Individual	Senior Feminino	57:50	+12:21 05:47
27	244	Anabela Costa	Molinhas Team	Senior Feminino	57:58	+12:29 05:48
28	45	Beatriz Costa Santos	Individual	Senior Feminino	58:11	+12:42 05:49
29	103	Raquel Vaz	Individual	Senior Feminino	58:14	+12:45 05:49
30	266	Susana Ganito	Swimming Runners	Senior Feminino	58:34	+13:05 05:51
31	256	Estela Gogulan	RUN TO THE BAR	Senior Feminino	58:41	+13:11 05:52
32	63	Cristina soares	Individual	Senior Feminino	58:44	+13:15 05:52
33	88	Manuela Sousa	Individual	Senior Feminino	58:44	+13:15 05:52
34	57	Catarina Cardoso Fernandes	Individual	Senior Feminino	59:05	+13:36 05:55
35	102	Raquel Cunha	Individual	Senior Feminino	59:06	+13:36 05:55
36	73	Ines Casa Branca	Individual	Senior Feminino	59:13	+13:43 05:55
37	99	Paula Ascensão	Individual	Senior Feminino	59:57	+14:28 06:00
38	75	Inês Ribau Almeida	Individual	Senior Feminino	01:01:05	+15:36 06:06
39	96	Patrícia Ferreira	Individual	Senior Feminino	01:01:06	+15:37 06:07

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Corrida

10 KM

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OFFICIAL RESULT

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40	81	Juliana Vidal	Individual	Senior Feminino	01:01:16	+15:47	06:08
41	16	Maria Matias Neto	CARAPAU DE CORRIDA	Senior Feminino	01:01:31	+16:02	06:09
42	82	Lara Martins	Individual	Senior Feminino	01:02:28	+16:58	06:15
43	101	Rafaela Constâncio Severino	Individual	Senior Feminino	01:02:28	+16:58	06:15
44	50	Beatriz Pereira	Individual	Senior Feminino	01:02:30	+17:01	06:15
45	42	Ana Rita Martins	Individual	Senior Feminino	01:02:52	+17:23	06:17
46	85	Laura Pereira	Individual	Senior Feminino	01:03:20	+17:51	06:20
47	112	Vanessa Marques	Individual	Senior Feminino	01:03:28	+17:59	06:21
48	10	Ellen Christine Rosa Silva	Biotechogatas	Senior Feminino	01:04:09	+18:40	06:25
49	243	Matilde Vieira	M&M's	Senior Feminino	01:04:36	+19:06	06:28
50	242	Maria João Dias	M&M's	Senior Feminino	01:04:36	+19:07	06:28
51	70	Gabriella Aleixo Rocha	Individual	Senior Feminino	01:04:36	+19:07	06:28
52	64	Diana Angélica Vázquez Limón	Individual	Senior Feminino	01:05:15	+19:46	06:32
53	255	Duda Gomes	RUN TO THE BAR	Senior Feminino	01:05:19	+19:50	06:32
54	26	Mafalda Corceiro Coelho Fortes	Fefões	Senior Feminino	01:05:28	+19:58	06:33
55	83	Lara Rodrigues Ferreira da Silva	Individual	Senior Feminino	01:05:29	+20:00	06:33
56	93	Mariana Silva	Individual	Senior Feminino	01:05:29	+20:00	06:33
57	84	Laryssa Siqueira	Individual	Senior Feminino	01:06:32	+21:03	06:39
58	91	Maria Sousa	Individual	Senior Feminino	01:06:47	+21:18	06:41
59	68	Ema Caetano Domingues Henriques	Individual	Senior Feminino	01:07:56	+22:27	06:48
60	269	Dani Silva	Tartarugas	Senior Feminino	01:07:56	+22:27	06:48
61	38	Ana Maio	Individual	Senior Feminino	01:07:56	+22:27	06:48
62	87	Leonor Silva Amaral	Individual	Senior Feminino	01:10:35	+25:06	07:04
63	47	Beatriz Grilo Ferreira	Individual	Senior Feminino	01:10:36	+25:07	07:04
64	252	Ana Rita Figueiredo Rosa	PITRODESTRÓI	Senior Feminino	01:10:54	+25:25	07:05
65	100	Philippa Frazão	Individual	Senior Feminino	01:11:22	+25:53	07:08
66	74	Inês Lalande	Individual	Senior Feminino	01:11:36	+26:06	07:10
67	62	Constança Henriques Bento	Individual	Senior Feminino	01:13:31	+28:02	07:21
68	98	Patrícia Sofia Falcão Louro	Individual	Senior Feminino	01:13:31	+28:02	07:21
69	97	Patrícia Moltchanova	Individual	Senior Feminino	01:15:38	+30:09	07:34
70	36	Alice Barbosa da Costa	Individual	Senior Feminino	01:16:07	+30:38	07:37
71	55	Carolina Coutinho	Individual	Senior Feminino	01:16:17	+30:48	07:38
72	11	Mafalda Vilela Gomes	Biotechogatas	Senior Feminino	01:18:27	+32:57	07:51
73	89	Maria Cerqueira	Individual	Senior Feminino	01:25:24	+39:55	08:32
74	52	Bruna Pinto	Individual	Senior Feminino	01:25:24	+39:55	08:32
75	51	Bruna Costa	Individual	Senior Feminino	01:25:59	+40:30	08:36
76	106	Rita Cartaxo	Individual	Senior Feminino	01:26:24	+40:54	08:38
77	71	Helena Vieira	Individual	Senior Feminino	01:26:24	+40:54	08:38

Senior Masculino

1	263	João mouro	Sport Clube Beira-Mar	Senior Masculino	31:35	03:10
2	284	Francisco Silveira	Sport Clube Beira-Mar	Senior Masculino	32:55	+01:19 03:17
3	25	David Pinto Carvalheiro	Escola de Atletismo Coimbra	Senior Masculino	34:36	+03:00 03:28
4	20	João Andrade	Clube dos Galitos	Senior Masculino	35:36	+04:00 03:34
5	141	Eleutério de Oliveira Mota	Individual	Senior Masculino	35:37	+04:01 03:34

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Corrida

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OFFICIAL RESULT

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6	264	Luís Pires	Sport Clube Beira-Mar	Senior Masculino	35:56	+04:21	03:36
7	210	Nelson Maia	Individual	Senior Masculino	36:33	+04:57	03:39
8	113	Abdul Silva e Silva	Individual	Senior Masculino	37:30	+05:55	03:45
9	250	Tiago Pereira	Passeio	Senior Masculino	37:33	+05:57	03:45
10	214	PAULO SILVA	Individual	Senior Masculino	37:36	+06:01	03:46
11	223	Ricardo Saltão	Individual	Senior Masculino	37:39	+06:03	03:46
12	262	Francisco Ribeiro	Sozense Trail- Corind/ Braga&Fernandes	Senior Masculino	38:24	+06:48	03:50
13	166	Izan Gonzalez	Individual	Senior Masculino	39:29	+07:53	03:57
14	241	Simão Pedro Rodrigues Batista	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	39:32	+07:56	03:57
15	197	Luis Semião	Individual	Senior Masculino	39:34	+07:58	03:57
16	200	Marco Balsinha	Individual	Senior Masculino	39:39	+08:03	03:58
17	207	Miguel Martins	Individual	Senior Masculino	39:41	+08:06	03:58
18	203	Maurício Yanagui	Individual	Senior Masculino	40:20	+08:44	04:02
19	153	Gonçalo Ressureição	Individual	Senior Masculino	40:31	+08:55	04:03
20	165	Iuri Santiago	Individual	Senior Masculino	40:52	+09:17	04:05
21	123	António Santos	Individual	Senior Masculino	41:08	+09:32	04:07
22	34	Francisco Martins	Hut Runners Aveiro	Senior Masculino	41:19	+09:43	04:08
23	163	Hugo Santos	Individual	Senior Masculino	41:35	+10:00	04:10
24	238	Tomás Marabuto	Individual	Senior Masculino	41:37	+10:01	04:10
25	199	Manuel António Fosneca	Individual	Senior Masculino	41:44	+10:08	04:10
26	17	Gabriel Matias Neto	CARAPUS DE CORRIDA	Senior Masculino	41:45	+10:09	04:11
27	117	Alysson Luiz	Individual	Senior Masculino	41:48	+10:12	04:11
28	120	André Oliveira	Individual	Senior Masculino	41:51	+10:15	04:11
29	270	Nuno Silva	Tartarugas	Senior Masculino	42:14	+10:38	04:13
30	248	Ricardo Cardoso	Paródia Aveirense	Senior Masculino	42:31	+10:55	04:15
31	251	Tomás André	Passeio	Senior Masculino	42:34	+10:58	04:15
32	105	Rens Jacobs	Individual	Senior Masculino	43:06	+11:31	04:19
33	170	João Caetano	Individual	Senior Masculino	43:43	+12:08	04:22
34	182	Jonas Bestgen	Individual	Senior Masculino	44:20	+12:44	04:26
35	201	Marco Monteiro	Individual	Senior Masculino	44:33	+12:58	04:27
36	222	Ricardo Rocha	Individual	Senior Masculino	44:34	+12:58	04:27
37	239	Tomás Pereira	Individual	Senior Masculino	44:57	+13:22	04:30
38	218	rafael chambel	Individual	Senior Masculino	44:58	+13:22	04:30
39	260	Rui Rodrigues	RUN TO THE BAR	Senior Masculino	45:02	+13:26	04:30
40	208	Miguel Oliveira	Individual	Senior Masculino	45:11	+13:35	04:31
41	129	CRISTOVAO BRAGA APARICIO	Individual	Senior Masculino	45:17	+13:41	04:32
42	130	Daniel Ferreira	Individual	Senior Masculino	45:23	+13:47	04:32
43	196	Lucas Urbano	Individual	Senior Masculino	45:25	+13:49	04:32
44	168	João Almeida	Individual	Senior Masculino	45:28	+13:53	04:33
45	224	Rodrigo Colhe	Individual	Senior Masculino	45:34	+13:58	04:33
46	187	José Fernandes	Individual	Senior Masculino	45:58	+14:22	04:36
47	144	Filipe Correia	Individual	Senior Masculino	46:05	+14:29	04:36
48	249	André Vieira	Passeio	Senior Masculino	46:16	+14:40	04:38
49	204	Micael Santos	Individual	Senior Masculino	46:17	+14:41	04:38
50	128	Cláudio Sá	Individual	Senior Masculino	46:25	+14:50	04:39

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Corrida

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OFFICIAL RESULT

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51	228	Rúben Pereira	Individual	Senior Masculino	46:25	+14:50	04:39
52	161	Hugo Rocha Martins	Individual	Senior Masculino	46:27	+14:52	04:39
53	154	Guilherme Sousa	Individual	Senior Masculino	46:28	+14:52	04:39
54	237	Tomás Ferreira	Individual	Senior Masculino	46:58	+15:22	04:42
55	259	Hugo Silva	RUN TO THE BAR	Senior Masculino	47:13	+15:38	04:43
56	219	Rafael Fernandes	Individual	Senior Masculino	47:26	+15:50	04:45
57	198	Luís Soares	Individual	Senior Masculino	47:27	+15:51	04:45
58	184	Jorge Manuel Matos Rodrigues	Individual	Senior Masculino	47:39	+16:03	04:46
59	285	Danil Bulakhov	Individual	Senior Masculino	47:39	+16:03	04:46
60	190	José Mora	Individual	Senior Masculino	47:40	+16:05	04:46
61	155	Gustavo Assaf	Individual	Senior Masculino	47:44	+16:08	04:46
62	152	Gonçalo Pinheiro	Individual	Senior Masculino	47:48	+16:12	04:47
63	3	Mário Óscar Silva Santos	amigos da Lua	Senior Masculino	47:53	+16:17	04:47
64	258	Bruninho Ferrari	RUN TO THE BAR	Senior Masculino	47:55	+16:19	04:47
65	14	António Ferreira	Canequinos Run Team	Senior Masculino	47:58	+16:22	04:48
66	15	Daniel Fernandes	Canequinos Run Team	Senior Masculino	47:58	+16:22	04:48
67	159	Hilário Monteiro	Individual	Senior Masculino	48:00	+16:24	04:48
68	268	Abel Pereira dos Santos Filho	Talon Running	Senior Masculino	48:21	+16:45	04:50
69	162	Hugo Rodrigues	Individual	Senior Masculino	48:29	+16:54	04:51
70	267	Bruno Santos	Swimming Runners	Senior Masculino	48:33	+16:57	04:51
71	230	Rui Loio	Individual	Senior Masculino	48:46	+17:10	04:53
72	181	Joel Pinto	Individual	Senior Masculino	49:05	+17:30	04:55
73	6	José Carvalho	Atronia	Senior Masculino	49:13	+17:38	04:55
74	5	Armando Cavaleiro	Atronia	Senior Masculino	49:14	+17:38	04:55
75	247	João Miragaia	Paródia Aveirense	Senior Masculino	49:16	+17:40	04:56
76	169	João Artur Ferreira de Almeida	Individual	Senior Masculino	49:17	+17:41	04:56
77	225	Rodrigo Monteiro	Individual	Senior Masculino	49:18	+17:42	04:56
78	246	Bernardo Pereira	Paródia Aveirense	Senior Masculino	49:21	+17:45	04:56
79	206	Miguel Galrinho	Individual	Senior Masculino	49:27	+17:51	04:57
80	211	Nuno Fernandes	Individual	Senior Masculino	49:32	+17:56	04:57
81	216	Pedro Afonso	Individual	Senior Masculino	49:43	+18:07	04:58
82	240	William Marques	Individual	Senior Masculino	49:52	+18:16	04:59
83	131	Daniel Gonçalves	Individual	Senior Masculino	50:02	+18:27	05:00
84	173	João Fonseca	Individual	Senior Masculino	50:08	+18:32	05:01
85	146	Gabriele Portuesi	Individual	Senior Masculino	50:18	+18:42	05:02
86	261	Amilcar de Oliveira Raimundo	Sozense Trail- Corind/ Braga&Fernandes	Senior Masculino	50:22	+18:46	05:02
87	195	Lourenço Rodrigues	Individual	Senior Masculino	50:36	+19:01	05:04
88	235	Tiago Lourenço	Individual	Senior Masculino	50:57	+19:21	05:06
89	140	Eduardo Gonçalves Luís Ferreira	Individual	Senior Masculino	51:41	+20:06	05:10
90	158	Henrique Sousa	Individual	Senior Masculino	51:54	+20:19	05:11
91	171	João Coelho	Individual	Senior Masculino	52:04	+20:28	05:12
92	283	Eneko Rivera	Individual	Senior Masculino	53:24	+21:48	05:20
93	119	André Martins	Individual	Senior Masculino	53:33	+21:57	05:21
94	136	Diogo Campanudo	Individual	Senior Masculino	53:39	+22:03	05:22
95	29	Bruno de Sousa Bastos	GD Pião	Senior Masculino	53:43	+22:07	05:22
96	229	Rui Filipe Assunção dos Santos Silva	Individual	Senior Masculino	53:46	+22:10	05:23

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Corrida

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OFFICIAL RESULT

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97	178	João Salgueiro	Individual	Senior Masculino	53:47	+22:11	05:23
98	177	João Rocha	Individual	Senior Masculino	53:48	+22:12	05:23
99	148	Gonçalo Azevedo	Individual	Senior Masculino	53:54	+22:18	05:23
100	135	Dinis Afreixo Oliveira	Individual	Senior Masculino	54:02	+22:26	05:24
101	145	Francisco Fernandes	Individual	Senior Masculino	54:09	+22:34	05:25
102	221	Rafael Muniz	Individual	Senior Masculino	54:22	+22:47	05:26
103	233	Tiago Domingos	Individual	Senior Masculino	54:31	+22:56	05:27
104	220	Rafael Moraes	Individual	Senior Masculino	54:49	+23:13	05:29
105	127	Carlos Daniel Ribeiro Gonçalves	Individual	Senior Masculino	55:03	+23:27	05:30
106	18	jalex oliveira	CARAPAS DE CORRIDA	Senior Masculino	55:14	+23:38	05:31
107	114	Adalberto Correia Lima Junior	Individual	Senior Masculino	55:33	+23:57	05:33
108	179	João Tavares Ferreira	Individual	Senior Masculino	55:34	+23:58	05:33
109	142	Fabício Marques de Sousa	Individual	Senior Masculino	55:40	+24:04	05:34
110	156	Gustavo Moraes	Individual	Senior Masculino	55:42	+24:06	05:34
111	215	Paulo Tiago Santos Saraiva	Individual	Senior Masculino	55:53	+24:17	05:35
112	209	Miguel Paiva	Individual	Senior Masculino	56:00	+24:24	05:36
113	147	Gil ota	Individual	Senior Masculino	56:07	+24:32	05:37
114	160	Hugo Domingos Gomes Ferreira	Individual	Senior Masculino	56:17	+24:41	05:38
115	8	Gonçalo Coelho	Biomedicinens	Senior Masculino	56:24	+24:48	05:38
116	189	José Jordão	Individual	Senior Masculino	56:25	+24:50	05:39
117	234	Tiago Ferreira	Individual	Senior Masculino	56:27	+24:52	05:39
118	150	Gonçalo Crasto	Individual	Senior Masculino	56:28	+24:52	05:39
119	24	Nuno Oliveira	D'Rastos	Senior Masculino	57:01	+25:25	05:42
120	217	Pedro Oliveira	Individual	Senior Masculino	57:16	+25:40	05:44
121	118	André Luís	Individual	Senior Masculino	57:23	+25:47	05:44
122	231	Rui Soares	Individual	Senior Masculino	57:24	+25:48	05:44
123	282	António Iglesias	Individual	Senior Masculino	57:24	+25:48	05:44
124	143	Fernando Manuel Pinto Laia	Individual	Senior Masculino	57:35	+26:00	05:46
125	133	David Medeiros	Individual	Senior Masculino	57:48	+26:13	05:47
126	7	Afonso Pinto	Biomedicinens	Senior Masculino	57:51	+26:15	05:47
127	33	Hélder Rodrigues	GRECAS Vagos	Senior Masculino	58:05	+26:30	05:49
128	23	Hugo Almeida	D'Rastos	Senior Masculino	58:40	+27:04	05:52
129	174	João Miguel Moreira Freire	Individual	Senior Masculino	59:02	+27:27	05:54
130	151	Gonçalo Miranda	Individual	Senior Masculino	59:24	+27:49	05:56
131	132	Daniel Ramos	Individual	Senior Masculino	59:24	+27:49	05:56
132	167	jasiel gonzalez bedolla	Individual	Senior Masculino	59:36	+28:00	05:58
133	124	Arthur Suzart Spanó	Individual	Senior Masculino	01:00:23	+28:47	06:02
134	12	Jorge Silva	CAF	Senior Masculino	01:00:35	+28:59	06:04
135	115	Afonso Oliveira	Individual	Senior Masculino	01:01:07	+29:31	06:07
136	9	Simão Oliveira	Biomedicinens	Senior Masculino	01:01:56	+30:20	06:12
137	126	Carlos Correia	Individual	Senior Masculino	01:02:00	+30:24	06:12
138	125	Augusto Bombe	Individual	Senior Masculino	01:02:00	+30:24	06:12
139	134	David Pereira	Individual	Senior Masculino	01:02:03	+30:27	06:12
140	137	Diogo Maia	Individual	Senior Masculino	01:02:24	+30:48	06:14
141	13	Miguel Ribeiro	CAF	Senior Masculino	01:02:35	+30:59	06:15
142	30	Leandro Silva	GD Pião	Senior Masculino	01:02:40	+31:04	06:16

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Corrida

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OFFICIAL RESULT

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143	194	LORENZO STANISLAW LAVALIER LIMA	Individual	Senior Masculino	01:02:51	+31:15	06:17
144	205	Miguel Costa	Individual	Senior Masculino	01:02:59	+31:23	06:18
145	175	João Monteiro	Individual	Senior Masculino	01:03:20	+31:44	06:20
146	226	Rodrigo Viana	Individual	Senior Masculino	01:04:36	+33:00	06:28
147	212	Nuno Matos	Individual	Senior Masculino	01:05:09	+33:33	06:31
148	27	Ricardo Bruno Cabral Barbosa	Fefões	Senior Masculino	01:05:28	+33:52	06:33
149	149	Gonçalo Chaves	Individual	Senior Masculino	01:05:30	+33:54	06:33
150	116	Afonso Pocinho	Individual	Senior Masculino	01:06:47	+35:11	06:41
151	192	José Vieira	Individual	Senior Masculino	01:07:04	+35:28	06:42
152	4	Xavier Maria Pimenta Santos	amigos da Lua	Senior Masculino	01:08:30	+36:54	06:51
153	2	José Mário Pimenta Santos	amigos da Lua	Senior Masculino	01:08:30	+36:55	06:51
154	253	João Carlos Figueiredo Rosa	PITRODESTRÓI	Senior Masculino	01:10:46	+39:10	07:05
155	202	Mário Costa	Individual	Senior Masculino	01:11:22	+39:47	07:08
156	19	Victor Neto	CARAPUS DE CORRIDA	Senior Masculino	01:12:07	+40:31	07:13
157	183	Jonas Juliermerson	Individual	Senior Masculino	01:15:09	+43:34	07:31
158	193	Kenji Vitória Morimoto	Individual	Senior Masculino	01:15:38	+44:02	07:34
159	236	Tiago Sabino	Individual	Senior Masculino	01:16:57	+45:21	07:42
160	31	Pedro Miguel Barbosa	GD Pião	Senior Masculino	01:17:53	+46:17	07:47
161	164	Ismael José Ferreira Carvalho	Individual	Senior Masculino	01:25:57	+54:22	08:36
162	138	Diogo Silva	Individual	Senior Masculino	01:26:00	+54:24	08:36