

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
966	454	Alessandra Diaz	individual	Senior Feminino	59:37	+29:22	05:58
967	1331	Lurdes soares	individual	Veterana F55	59:38	+29:23	05:58
968	1356	Bruno Silva	individual	Veterano M40	59:39	+29:23	05:58
969	728	Marisol Carvalho	individual	Senior Feminino	59:41	+29:26	05:58
970	1767	João Alberto Rodrigues Pinho	reumáticos & etc	Veterano M55	59:42	+29:27	05:58
971	1294	Sonia Loureiro	individual	Veterana F45	59:42	+29:27	05:58
972	1490	Nuno Loureiro	individual	Veterano M45	59:43	+29:27	05:58
973	1015	Jorge Fuentes	individual	Senior Masculino	59:44	+29:29	05:58
974	1367	Emanuel Elísio Feio Mendes	individual	Veterano M40	59:45	+29:30	05:59
975	1711	João Soares	pmstudio	Senior Masculino	59:46	+29:30	05:59
976	980	João Igor de Jesus Ornelas	individual	Senior Masculino	59:46	+29:31	05:59
977	774	Sara Amador	individual	Senior Feminino	59:47	+29:31	05:59
978	1623	Inês Limas Da Silva	nas ideias club	Senior Feminino	59:49	+29:33	05:59
979	636	Jéssica Escalante	individual	Senior Feminino	59:49	+29:34	05:59
980	711	Mariana Cruz	individual	Senior Feminino	59:49	+29:34	05:59
981	987	João Neves	individual	Senior Masculino	59:49	+29:34	05:59
982	216	Paulo Costa	civilria runclub	Veterano M45	59:52	+29:37	05:59
983	781	Silvia Rodrigues	individual	Senior Feminino	59:53	+29:37	05:59
984	1305	Andreia Santos	individual	Veterana F50	59:53	+29:38	05:59
985	99	Alexandra Santos	babalus	Senior Feminino	59:54	+29:38	05:59
986	958	Hugo Filipe de Almeida Correia	individual	Senior Masculino	59:57	+29:42	06:00
987	982	João Lucas	individual	Senior Masculino	59:57	+29:42	06:00
988	1688	Joana Soares	peixinhos fora de água	Senior Feminino	59:58	+29:43	06:00
989	19	José Bastos	acr vale de cambra	Veterano M40	59:59	+29:43	06:00
990	18	Lara Bastos	acr vale de cambra	Senior Feminino	59:59	+29:43	06:00
991	1094	Nuno Machado	individual	Senior Masculino	01:00:01	+29:46	06:00
992	1684	Paula cardoso	paraquedistas baixo vouga	Veterana F55	01:00:02	+29:46	06:00
993	1099	Paulo Pires	individual	Senior Masculino	01:00:02	+29:46	06:00
994	524	Carla Sousa	individual	Senior Feminino	01:00:02	+29:47	06:00
995	638	Jéssica Santos	individual	Senior Feminino	01:00:02	+29:47	06:00
996	157	Maciel MENDES	cantaai	Veterano M50	01:00:02	+29:47	06:00
997	907	Edgar Morais	individual	Senior Masculino	01:00:02	+29:47	06:00
998	199	Paula Ferreira	civilria runclub	Veterana F55	01:00:03	+29:47	06:00
999	352	Catarina Marques	first round	Veterana F45	01:00:05	+29:49	06:00
1000	1527	Jorge Rocha	individual	Veterano M50	01:00:06	+29:51	06:01
1001	666	Leonor Rocha	individual	Senior Feminino	01:00:06	+29:51	06:01
1002	1604	Daniela Oliveira	kirchhoff running team	Veterana F45	01:00:07	+29:52	06:01
1003	1605	José Almeida	kirchhoff running team	Veterano M50	01:00:08	+29:52	06:01
1004	749	Patrícia Ferreira	individual	Senior Feminino	01:00:10	+29:54	06:01
1005	557	Cecilia Scarpiello	individual	Senior Feminino	01:00:11	+29:55	06:01
1006	102	Beatriz Marques	bai bagos	Senior Feminino	01:00:12	+29:56	06:01
1007	843	André Simão Campinos Ramos	individual	Senior Masculino	01:00:13	+29:57	06:01
1008	1098	Paulo Laranjeira	individual	Senior Masculino	01:00:13	+29:58	06:01
1009	530	Carolina Ferreira	individual	Senior Feminino	01:00:14	+29:58	06:01

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1010	1220	Diana Carolina Santos Gonçalves	individual	Veterana F40	01:00:14	+29:59	06:01
1011	1468	Gonçalo Ribeiro	individual	Veterano M45	01:00:15	+29:59	06:01
1012	1825	Sandrina Marques	swimming runners	Senior Feminino	01:00:15	+29:59	06:01
1013	431	João Miranda	grupo desportivo assempark	Veterano M50	01:00:15	+30:00	06:02
1014	572	Daniela Ramalho	individual	Senior Feminino	01:00:15	+30:00	06:02
1015	29	Simão Pedro Figueira Lopes	adss	Senior Masculino	01:00:16	+30:00	06:02
1016	397	Hélder Rodrigues	grecas - vagos	Veterano M60	01:00:16	+30:01	06:02
1017	1489	Miguel Miranda	individual	Veterano M45	01:00:17	+30:02	06:02
1018	810	Vanessa Filipa	individual	Senior Feminino	01:00:18	+30:02	06:02
1019	335	Catarina Pereira	first round	Senior Feminino	01:00:19	+30:03	06:02
1020	481	Andréa Sá	individual	Senior Feminino	01:00:19	+30:03	06:02
1021	1795	Luzia de Fátima Ferreira Dias Soares	run & fun	Veterana F40	01:00:21	+30:05	06:02
1022	469	Ana Francisco	individual	Senior Feminino	01:00:21	+30:06	06:02
1023	1278	Liliana Maria Marques Camões	individual	Veterana F45	01:00:24	+30:09	06:02
1024	1868	Ricardo Santos	turtle runners	Veterano M45	01:00:25	+30:10	06:03
1025	884	David Marques	individual	Senior Masculino	01:00:26	+30:10	06:03
1026	677	Luciana Santos	individual	Senior Feminino	01:00:27	+30:11	06:03
1027	1283	Marcia Marques	individual	Veterana F45	01:00:30	+30:14	06:03
1028	1316	Natália Capitão	individual	Veterana F50	01:00:33	+30:18	06:03
1029	928	Filipe Matos	individual	Senior Masculino	01:00:35	+30:19	06:03
1030	1581	ALEXANDRE MOREIRA CYSNE	individual	Veterano M60	01:00:36	+30:20	06:04
1031	1799	André Tavares	run club vivagym	Veterano M40	01:00:43	+30:27	06:04
1032	1072	Matteo Polo	individual	Senior Masculino	01:00:43	+30:28	06:04
1033	183	Carlos Almeida	civilria runclub	Senior Masculino	01:00:44	+30:28	06:04
1034	1062	Marco Domingues	individual	Senior Masculino	01:00:45	+30:30	06:05
1035	514	Beatriz Vilela	individual	Senior Feminino	01:00:46	+30:30	06:05
1036	1329	Judite Dias	individual	Veterana F55	01:00:46	+30:30	06:05
1037	1637	Joao Silva	nas ideias club	Senior Masculino	01:00:48	+30:33	06:05
1038	1747	Vera Abreu	prison d'aveiro - fugitives on the run	Veterana F40	01:00:49	+30:33	06:05
1039	1749	Nelson Adrego	prison d'aveiro - fugitives on the run	Veterano M50	01:00:50	+30:34	06:05
1040	1132	Rafael simoes	individual	Senior Masculino	01:00:51	+30:36	06:05
1041	1826	Susana Ganito	swimming runners	Veterana F45	01:00:52	+30:36	06:05
1042	1729	Tetyana Blynets	prio	Senior Feminino	01:00:54	+30:38	06:05
1043	713	Mariana dos Santos Dias Almeida Catarino	individual	Senior Feminino	01:00:54	+30:39	06:05
1044	196	maria joão almeida	civilria runclub	Veterana F50	01:00:56	+30:40	06:06
1045	1188	Tiago Roque	individual	Senior Masculino	01:00:56	+30:41	06:06
1046	373	Daniela Cação	futuros vizinhos	Senior Feminino	01:00:56	+30:41	06:06
1047	455	Alexandra Barbosa	individual	Senior Feminino	01:00:57	+30:41	06:06
1048	60	Mónica Alexandra Ribeiro Carvalho Neves	altice labs	Veterana F45	01:01:03	+30:48	06:06
1049	1230	Juliana Correia Silva	individual	Veterana F40	01:01:07	+30:51	06:07
1050	1888	Micaela Capela	we run mstn	Senior Feminino	01:01:08	+30:53	06:07
1051	429	Dina Silva	grupo desportivo assempark	Veterana F55	01:01:09	+30:54	06:07

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1052	1275	Joana Caçador	individual	Veterana F45	01:01:10	+30:55	06:07
1053	789	Sofia Costa	individual	Senior Feminino	01:01:11	+30:56	06:07
1054	513	Beatriz Vidal Pimentel Sarabando	individual	Senior Feminino	01:01:11	+30:56	06:07
1055	663	Laura Pires	individual	Senior Feminino	01:01:13	+30:57	06:07
1056	1853	Paula Vieira	timon e pumba	Senior Feminino	01:01:15	+31:00	06:08
1057	1222	Filipa Paiva	individual	Veterana F40	01:01:16	+31:00	06:08
1058	401	Mariana Carramão	grohe	Senior Feminino	01:01:16	+31:00	06:08
1059	399	Ana Rita Vicente	grohe	Senior Feminino	01:01:16	+31:00	06:08
1060	70	Nuno Duarte	altice labs	Veterano M45	01:01:16	+31:01	06:08
1061	1079	Miguel Calado	individual	Senior Masculino	01:01:16	+31:01	06:08
1062	775	Sara Baía	individual	Senior Feminino	01:01:16	+31:01	06:08
1063	592	Estefani Delgado	individual	Senior Feminino	01:01:17	+31:02	06:08
1064	525	Carla Tavares	individual	Senior Feminino	01:01:19	+31:04	06:08
1065	67	Vitor Miguel Alves Tavares	altice labs	Veterano M40	01:01:23	+31:08	06:08
1066	1574	Pedro Teles	individual	Veterano M55	01:01:24	+31:08	06:08
1067	1217	Daniela Ferreira	individual	Veterana F40	01:01:25	+31:10	06:09
1068	582	Diana Raquel Maia Marcelino	individual	Senior Feminino	01:01:27	+31:12	06:09
1069	667	Leonor Silva	individual	Senior Feminino	01:01:32	+31:16	06:09
1070	1299	Teresa De Pinho	individual	Veterana F45	01:01:32	+31:17	06:09
1071	1388	João nelson leal fidalgo	individual	Veterano M40	01:01:33	+31:17	06:09
1072	423	Ricardo Martins	grohe	Veterano M45	01:01:33	+31:18	06:09
1073	116	Fabiana Sarabando	barra ocean runners	Senior Feminino	01:01:34	+31:19	06:09
1074	1546	Vítor Faria	individual	Veterano M50	01:01:35	+31:19	06:09
1075	1411	Paulo Tiago Santos Saraiva	individual	Veterano M40	01:01:35	+31:20	06:10
1076	1506	Ricardo Lima	individual	Veterano M45	01:01:35	+31:20	06:10
1077	502	Beatriz Lima	individual	Senior Feminino	01:01:35	+31:20	06:10
1078	1396	José Luis Silva Santos	individual	Veterano M40	01:01:37	+31:22	06:10
1079	1092	Nuno David Freitas Matos	individual	Senior Masculino	01:01:39	+31:24	06:10
1080	618	Inês Geraldo Martins	individual	Senior Feminino	01:01:40	+31:24	06:10
1081	226	Luís Manuel Domingos Patrício	civilria runclub	Veterano M60	01:01:42	+31:27	06:10
1082	1185	Tiago Rendeiro Carvalho	individual	Senior Masculino	01:01:46	+31:31	06:11
1083	990	João Paulo de Assunção Silva	individual	Senior Masculino	01:01:48	+31:32	06:11
1084	1309	Cláudia Almeida	individual	Veterana F50	01:01:48	+31:33	06:11
1085	1191	Tomás Carvalho	individual	Senior Masculino	01:01:51	+31:35	06:11
1086	1464	Francisco Fernandes	individual	Veterano M45	01:01:53	+31:38	06:11
1087	566	Daniela Lopes	individual	Senior Feminino	01:01:53	+31:38	06:11
1088	500	Beatriz Farias	individual	Senior Feminino	01:01:54	+31:38	06:11
1089	705	Maria Rita Senos Bento	individual	Senior Feminino	01:01:54	+31:38	06:11
1090	1124	Rafael Almeida Oliveira	individual	Senior Masculino	01:01:54	+31:38	06:11
1091	351	Carla Salomé Marques Ferreira	first round	Veterana F45	01:01:54	+31:39	06:11
1092	442	Mauro Nascimento	grupo desportivo e recreativo da granja - trutas do mau	Veterano M55	01:01:54	+31:39	06:11
1093	301	Rui Rodrigues	é_só_até_ali	Veterano M45	01:01:55	+31:40	06:12
1094	1224	Helena Isabel Rebelo Dias	individual	Veterana F40	01:01:59	+31:44	06:12
1095	1620	Silvia Cristina Graça da Silva	misscelito	Senior Feminino	01:01:59	+31:44	06:12

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1096	329	Ricardo Bruno Cabral Barbosa	fefões	Veterano M45	01:01:59	+31:44	06:12
1097	554	Cátia Paiva	individual	Senior Feminino	01:02:00	+31:44	06:12
1098	487	Bárbara Marques	individual	Senior Feminino	01:02:03	+31:47	06:12
1099	598	Filipa Marques	individual	Senior Feminino	01:02:03	+31:47	06:12
1100	796	Sofia Reis	individual	Senior Feminino	01:02:04	+31:48	06:12
1101	697	Maria Inês Vidal	individual	Senior Feminino	01:02:04	+31:48	06:12
1102	53	Mahsun Kortak	altice labs	Senior Masculino	01:02:06	+31:50	06:13
1103	925	Fernando Baltazar	individual	Senior Masculino	01:02:06	+31:50	06:13
1104	187	Luis Cordeiro	civilria runclub	Senior Masculino	01:02:06	+31:51	06:13
1105	201	Maria do Rosário dos Santos Ferreira Bastos	civilria runclub	Veterana F60	01:02:08	+31:52	06:13
1106	1251	Salisa Moura	individual	Veterana F40	01:02:12	+31:56	06:13
1107	597	Filipa Costa	individual	Senior Feminino	01:02:14	+31:58	06:13
1108	773	Sandra Martins	individual	Senior Feminino	01:02:14	+31:58	06:13
1109	760	Rita Bastos	individual	Senior Feminino	01:02:16	+32:00	06:14
1110	1507	Ricardo Pinheiro	individual	Veterano M45	01:02:16	+32:00	06:14
1111	495	Beatriz Batista	individual	Senior Feminino	01:02:16	+32:00	06:14
1112	3835	João Olvalho	individual	Veterano M60	01:02:16	+32:00	06:14
1113	1386	Joao lacerda	individual	Veterano M40	01:02:16	+32:01	06:14
1114	704	Maria Pires	individual	Senior Feminino	01:02:21	+32:06	06:14
1115	134	Micaela Farias	barra ocean runners	Veterana F45	01:02:22	+32:07	06:14
1116	133	Ana Catarina Pinheiro	barra ocean runners	Veterana F45	01:02:22	+32:07	06:14
1117	653	Joana Santos	individual	Senior Feminino	01:02:22	+32:07	06:14
1118	215	Nuno Troia	civilria runclub	Veterano M45	01:02:23	+32:08	06:14
1119	192	Maria Luísa Cruz Gandarez	civilria runclub	Veterana F40	01:02:24	+32:09	06:14
1120	227	Paulo Alexandre Almeida Caetano	civilria runclub	Veterano M60	01:02:24	+32:09	06:14
1121	1175	Simão Mariano	individual	Senior Masculino	01:02:27	+32:12	06:15
1122	1262	Andreia Roque	individual	Veterana F45	01:02:27	+32:12	06:15
1123	1629	Marília Pereira	nas ideias club	Senior Feminino	01:02:30	+32:15	06:15
1124	1622	Ana Rui Martins	nas ideias club	Senior Feminino	01:02:31	+32:15	06:15
1125	822	Alexandre José do Amaral Resende	individual	Senior Masculino	01:02:31	+32:16	06:15
1126	1022	José Fernandes	individual	Senior Masculino	01:02:31	+32:16	06:15
1127	668	Lia Cruz	individual	Senior Feminino	01:02:35	+32:20	06:16
1128	945	Gonçalo Trindade	individual	Senior Masculino	01:02:39	+32:23	06:16
1129	1226	Ines Santos	individual	Veterana F40	01:02:39	+32:24	06:16
1130	1189	Tiago Trindade	individual	Senior Masculino	01:02:40	+32:24	06:16
1131	898	Diogo Oliveira	individual	Senior Masculino	01:02:42	+32:26	06:16
1132	1076	MICAEL CASTRO	individual	Senior Masculino	01:02:44	+32:29	06:16
1133	1257	Sonia Pires Bandeira	individual	Veterana F40	01:02:46	+32:30	06:17
1134	882	David Cobileac	individual	Senior Masculino	01:02:46	+32:30	06:17
1135	1685	Ana Miguel da Silva Loureiro	pathrunners	Senior Feminino	01:02:48	+32:33	06:17
1136	790	Sofia Costa	individual	Senior Feminino	01:02:51	+32:36	06:17
1137	733	Marta Gonçalves	individual	Senior Feminino	01:02:52	+32:36	06:17
1138	467	Ana Fernandes	individual	Senior Feminino	01:02:52	+32:37	06:17
1139	1003	João Sardo	individual	Senior Masculino	01:02:52	+32:37	06:17

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1140	1530	José Fernando Pereira Lopes de Sousa	individual	Veterano M50	01:02:53	+32:37	06:17
1141	484	ângela Martins	individual	Senior Feminino	01:02:54	+32:38	06:17
1142	660	Lara Mendes	individual	Senior Feminino	01:02:55	+32:39	06:17
1143	515	Bia Santos	individual	Senior Feminino	01:02:55	+32:39	06:17
1144	1417	Pedro Teles	individual	Veterano M40	01:02:57	+32:41	06:18
1145	258	GONÇALO GASPARE	clube dos galitos	Veterano M45	01:02:58	+32:42	06:18
1146	453	Adriana Domingues	individual	Senior Feminino	01:03:07	+32:51	06:19
1147	707	Mariana Almeida	individual	Senior Feminino	01:03:07	+32:52	06:19
1148	77	Victor Jorge Rodrigues dos Santos	altice labs	Veterano M55	01:03:07	+32:52	06:19
1149	168	Betina Dourado Beirão	civilria runclub	Senior Feminino	01:03:12	+32:56	06:19
1150	451	Vitor Sencadas	hut runners aveiro	Veterano M45	01:03:14	+32:59	06:19
1151	449	Cláudia Negrão	hut runners aveiro	Veterana F45	01:03:15	+32:59	06:19
1152	417	Aida Maria Estanqueiro	grohe	Veterana F50	01:03:16	+33:01	06:20
1153	1458	FABIO CORREIA DURAES	individual	Veterano M45	01:03:17	+33:01	06:20
1154	1558	Hélder Manuel Leques Andrade	individual	Veterano M55	01:03:18	+33:03	06:20
1155	261	Andreia Afonso	correr fermelã acadof	Senior Feminino	01:03:18	+33:03	06:20
1156	1510	Rui Almeida	individual	Veterano M45	01:03:19	+33:03	06:20
1157	689	Margarida Nunes	individual	Senior Feminino	01:03:19	+33:04	06:20
1158	872	Cristiano Pereira	individual	Senior Masculino	01:03:21	+33:05	06:20
1159	478	Ana Rita Pereira Duarte	individual	Senior Feminino	01:03:28	+33:12	06:21
1160	577	Débora Oliveira	individual	Senior Feminino	01:03:33	+33:18	06:21
1161	631	Isabel Rebolo	individual	Senior Feminino	01:03:35	+33:19	06:21
1162	1250	Rosa Geraldo	individual	Veterana F40	01:03:36	+33:20	06:22
1163	501	Beatriz José de Amaral Ferreira Gaspar	individual	Senior Feminino	01:03:36	+33:21	06:22
1164	1271	Daniela Maria Silva Gonçalves	individual	Veterana F45	01:03:40	+33:25	06:22
1165	1385	João José Rodrigues Branco	individual	Veterano M40	01:03:41	+33:26	06:22
1166	493	Beatriz Amaral	individual	Senior Feminino	01:03:42	+33:27	06:22
1167	40	Vanessa Correia Ramos	altice labs	Senior Feminino	01:03:43	+33:28	06:22
1168	831	André Castanheira	individual	Senior Masculino	01:03:48	+33:33	06:23
1169	1272	Elisa Manuela Martins Cunha	individual	Veterana F45	01:03:50	+33:35	06:23
1170	1719	Ricardo Costa	power runners force	Senior Masculino	01:03:54	+33:38	06:23
1171	1715	Cátia Silva	power runners force	Senior Feminino	01:03:54	+33:39	06:23
1172	1665	Élia Fogueiro	pantufas voadoras	Senior Feminino	01:04:02	+33:46	06:24
1173	888	Diogo Canhoto	individual	Senior Masculino	01:04:09	+33:54	06:25
1174	1694	Vera Olinda Moreira Alves	peregrinas	Veterana F45	01:04:16	+34:01	06:26
1175	193	Dina Loureiro Mendes	civilria runclub	Veterana F45	01:04:19	+34:04	06:26
1176	175	Sónia Vinhas	civilria runclub	Senior Feminino	01:04:19	+34:04	06:26
1177	1237	Margarida Fernandes	individual	Veterana F40	01:04:22	+34:06	06:26
1178	1252	Sandra Fernandes	individual	Veterana F40	01:04:23	+34:08	06:26
1179	583	Diana Santos	individual	Senior Feminino	01:04:24	+34:09	06:26
1180	1575	Raul Salazar	individual	Veterano M55	01:04:25	+34:09	06:26
1181	1242	NATÁLIA MARIA SIMOES BARTOLOMEU	individual	Veterana F40	01:04:27	+34:11	06:27

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1182	546	Catarina Moreira	individual	Senior Feminino	01:04:28	+34:13	06:27
1183	994	João Pereira	individual	Senior Masculino	01:04:29	+34:14	06:27
1184	729	Marlène Parada	individual	Senior Feminino	01:04:30	+34:14	06:27
1185	1114	Pedro Neves	individual	Senior Masculino	01:04:33	+34:17	06:27
1186	586	Diva Sarabando	individual	Senior Feminino	01:04:33	+34:18	06:27
1187	459	Ana Azevedo	individual	Senior Feminino	01:04:38	+34:23	06:28
1188	1802	Cláudia Costa	runbikeclub viseu	Senior Feminino	01:04:40	+34:25	06:28
1189	536	Carolina Real	individual	Senior Feminino	01:04:40	+34:25	06:28
1190	825	Alexandre Reis	individual	Senior Masculino	01:04:41	+34:25	06:28
1191	1348	André Bóia	individual	Veterano M40	01:04:42	+34:27	06:28
1192	1525	João Nunes	individual	Veterano M50	01:04:42	+34:27	06:28
1193	1734	Marcelo Ramos	prio	Senior Masculino	01:04:43	+34:28	06:28
1194	377	Ângela Espinha	gazelas em rosa choque	Veterana F40	01:04:43	+34:28	06:28
1195	540	Catarina Ferreira	individual	Senior Feminino	01:04:44	+34:28	06:28
1196	863	Bruno silva	individual	Senior Masculino	01:04:44	+34:28	06:28
1197	48	Gonçalo Silvestre Moniz	altice labs	Senior Masculino	01:04:47	+34:31	06:29
1198	1078	Miguel Angelos dos Santos Ferreira	individual	Senior Masculino	01:04:50	+34:34	06:29
1199	1627	Maria Cabral	nas ideias club	Senior Feminino	01:04:50	+34:35	06:29
1200	1717	Mi Gonzatti	power runners force	Senior Feminino	01:04:51	+34:36	06:29
1201	1716	Gi	power runners force	Senior Feminino	01:04:51	+34:36	06:29
1202	1030	Josué Pinto	individual	Senior Masculino	01:04:52	+34:36	06:29
1203	1010	Joel Castro e Castelo	individual	Senior Masculino	01:04:52	+34:37	06:29
1204	1141	Ricardo Filipe Duarte dos Santos	individual	Senior Masculino	01:04:53	+34:37	06:29
1205	302	Nicole Siqueira	equipa flash	Senior Feminino	01:04:54	+34:38	06:29
1206	414	Carina Jesus	grohe	Veterana F40	01:04:54	+34:38	06:29
1207	1066	Marco Mota	individual	Senior Masculino	01:04:56	+34:41	06:30
1208	1364	Diogo Montenegro	individual	Veterano M40	01:04:57	+34:41	06:30
1209	1658	Eddie Mesquita	os comilões	Veterano M55	01:04:57	+34:41	06:30
1210	752	Raquel Cardoso	individual	Senior Feminino	01:04:57	+34:42	06:30
1211	1060	Marcelo Teixeira Ribau	individual	Senior Masculino	01:04:59	+34:44	06:30
1212	685	Mafalda Figueiredo	individual	Senior Feminino	01:05:00	+34:45	06:30
1213	673	Liliana Lourenço	individual	Senior Feminino	01:05:03	+34:48	06:30
1214	1433	Sergio Monteiro	individual	Veterano M40	01:05:05	+34:49	06:30
1215	295	Ana Valente	é_só_até_alí	Senior Feminino	01:05:08	+34:52	06:31
1216	1565	José Vieira	individual	Veterano M55	01:05:08	+34:53	06:31
1217	1403	Mauro Simões	individual	Veterano M40	01:05:13	+34:57	06:31
1218	1786	Inês Simões	road to bh	Veterana F40	01:05:13	+34:57	06:31
1219	1754	Sara Raquel Fernandes Sarabando	reumáticos & etc	Senior Feminino	01:05:13	+34:58	06:31
1220	284	ANA CASTRO	dar - desportivo atlético de recardães	Veterana F40	01:05:16	+35:00	06:32
1221	285	DANI SANTOS	dar - desportivo atlético de recardães	Veterana F40	01:05:17	+35:01	06:32
1222	630	Isabel Pinto	individual	Senior Feminino	01:05:17	+35:02	06:32
1223	103	Sofia Gomes	bai bagos	Senior Feminino	01:05:19	+35:04	06:32
1224	1713	Rafael Chaves	pmstudio	Senior Masculino	01:05:19	+35:04	06:32

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1225	517	Bruna Gabriele Vieira Lopes Siqueira	individual	Senior Feminino	01:05:20	+35:04	06:32
1226	563	Cristina Rafaela Semião da Mota	individual	Senior Feminino	01:05:24	+35:09	06:32
1227	798	Soraia Couceiro	individual	Senior Feminino	01:05:26	+35:11	06:33
1228	727	Marina Marques	individual	Senior Feminino	01:05:28	+35:12	06:33
1229	3	Sara Sabino	10treinadas	Senior Feminino	01:05:29	+35:13	06:33
1230	623	Inês Pinto	individual	Senior Feminino	01:05:30	+35:15	06:33
1231	1213	Carla Ferreira	individual	Veterana F40	01:05:32	+35:16	06:33
1232	135	maria tavares	barra ocean runners	Veterana F55	01:05:33	+35:17	06:33
1233	331	Paula Ferreira	ferreira morgado	Veterana F40	01:05:33	+35:17	06:33
1234	726	Marília Maia e Moura	individual	Senior Feminino	01:05:33	+35:17	06:33
1235	1670	Diogo Cardoso	pantufas voadoras	Senior Masculino	01:05:34	+35:18	06:33
1236	1330	Lúcia Maria Nunes Lopes	individual	Veterana F55	01:05:36	+35:21	06:34
1237	1434	Sérgio Oliveira	individual	Veterano M40	01:05:42	+35:27	06:34
1238	1542	Rui Martins	individual	Veterano M50	01:05:44	+35:28	06:34
1239	552	Catarina Silva	individual	Senior Feminino	01:05:51	+35:36	06:35
1240	333	Andreia Silva	first round	Senior Feminino	01:05:53	+35:38	06:35
1241	1666	Jéssica Fogeiro	pantufas voadoras	Senior Feminino	01:05:55	+35:40	06:36
1242	633	Janaína Rocha Chaves	individual	Senior Feminino	01:05:57	+35:41	06:36
1243	1347	ANDERSON SANTANA CHAVES	individual	Veterano M40	01:05:57	+35:41	06:36
1244	1287	Mónica Ferreira	individual	Veterana F45	01:06:00	+35:45	06:36
1245	1404	Miguel Linhares	individual	Veterano M40	01:06:01	+35:46	06:36
1246	621	Inês Oliveira Costa	individual	Senior Feminino	01:06:01	+35:46	06:36
1247	276	Margarida Ferreira	cross company	Veterana F45	01:06:02	+35:47	06:36
1248	1247	Rita Almeida	individual	Veterana F40	01:06:04	+35:48	06:36
1249	403	Carlos Emanuel Cardoso	grohe	Senior Masculino	01:06:08	+35:53	06:37
1250	553	Catarina Viola	individual	Senior Feminino	01:06:11	+35:55	06:37
1251	942	Gonçalo Santos	individual	Senior Masculino	01:06:11	+35:56	06:37
1252	1001	João Santos	individual	Senior Masculino	01:06:11	+35:56	06:37
1253	356	Rita Gaspar	first round	Veterana F45	01:06:16	+36:01	06:38
1254	998	João Pinto	individual	Senior Masculino	01:06:18	+36:03	06:38
1255	1227	Jana Stefunkova	individual	Veterana F40	01:06:24	+36:09	06:38
1256	1663	Sílvia Lopes	pace makers	Senior Feminino	01:06:28	+36:13	06:39
1257	1662	Mónica Lopes	pace makers	Senior Feminino	01:06:28	+36:13	06:39
1258	270	Diana Simões	cross company	Senior Feminino	01:06:34	+36:18	06:39
1259	421	João Carlos Pires da Fonte	grohe	Veterano M45	01:06:37	+36:22	06:40
1260	1760	Paula Pinto	reumáticos & etc	Veterana F50	01:06:41	+36:26	06:40
1261	1755	Teresa Raquel Martins Pereira	reumáticos & etc	Senior Feminino	01:06:41	+36:26	06:40
1262	983	João Miguel Firmino dos Anjos	individual	Senior Masculino	01:06:42	+36:27	06:40
1263	1714	Francisco Fernandes	pmstudio	Veterano M50	01:06:43	+36:27	06:40
1264	1560	João Morcela	individual	Veterano M55	01:06:43	+36:28	06:40
1265	349	Vivalda Soraia Martins de Freitas	first round	Veterana F40	01:06:46	+36:30	06:41
1266	354	Linda Freitas	first round	Veterana F45	01:06:46	+36:30	06:41
1267	899	Diogo Paula	individual	Senior Masculino	01:06:46	+36:31	06:41

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1268	1751	Raquel Almeida	pupilos do zé-tó	Senior Feminino	01:06:48	+36:32	06:41
1269	1353	António Mota	individual	Veterano M40	01:06:49	+36:34	06:41
1270	1897	Luis Agüero	we run mstn	Veterano M40	01:06:50	+36:34	06:41
1271	1887	Catarina Jesus	we run mstn	Senior Feminino	01:06:50	+36:34	06:41
1272	86	Tiago Correia	arco running team	Senior Masculino	01:06:50	+36:35	06:41
1273	262	Catarina Resende	correr fermelã acadof	Senior Feminino	01:06:52	+36:36	06:41
1274	802	Tassia Lino	individual	Senior Feminino	01:06:54	+36:38	06:41
1275	932	Francisco Ferreira	individual	Senior Masculino	01:06:54	+36:39	06:41
1276	640	Jéssica Simões	individual	Senior Feminino	01:06:54	+36:39	06:41
1277	1698	Ana Luísa Costa	playground running club	Senior Feminino	01:06:57	+36:41	06:42
1278	1703	João Costa	playground running club	Senior Masculino	01:06:57	+36:42	06:42
1279	1057	Manuel Luís Marques Loureiro	individual	Senior Masculino	01:07:05	+36:49	06:42
1280	750	Patrícia Santos	individual	Senior Feminino	01:07:12	+36:56	06:43
1281	1539	Ricardo Melo dos Santos	individual	Veterano M50	01:07:13	+36:57	06:43
1282	977	João Diogo Melo Teixeira Homem	individual	Senior Masculino	01:07:13	+36:58	06:43
1283	1324	Elizabete Ferreira	individual	Veterana F55	01:07:14	+36:58	06:43
1284	1640	Marcio Lasca	nas ideias club	Senior Masculino	01:07:16	+37:01	06:44
1285	594	Eva Cardoso	individual	Senior Feminino	01:07:16	+37:01	06:44
1286	1123	Pedro Vieira	individual	Senior Masculino	01:07:17	+37:01	06:44
1287	956	Henrique Rocha	individual	Senior Masculino	01:07:20	+37:04	06:44
1288	46	Francisco Bastos Albergaria	altice labs	Senior Masculino	01:07:21	+37:05	06:44
1289	1259	Vânia Costa	individual	Veterana F40	01:07:27	+37:11	06:45
1290	1779	João Miguel Monteiro Encarnação	rm runners by mira a mexer	Senior Masculino	01:07:31	+37:15	06:45
1291	1905	Carolina Jorge Oliveira	your pilates studio	Senior Feminino	01:07:31	+37:16	06:45
1292	413	Ana Luísa Laranjeira Ferreira Lindo	grohe	Veterana F40	01:07:33	+37:18	06:45
1293	208	Rui Simões	civilria runclub	Veterano M40	01:07:33	+37:18	06:45
1294	768	Rita Vidal Loura de Sousa Braga	individual	Senior Feminino	01:07:45	+37:30	06:47
1295	1266	Carla Nogueira	individual	Veterana F45	01:07:45	+37:30	06:47
1296	1235	Márcia Neves	individual	Veterana F40	01:07:46	+37:30	06:47
1297	1204	Ana Bonito	individual	Veterana F40	01:07:52	+37:36	06:47
1298	346	Cláudia Gonçalves	first round	Veterana F40	01:07:53	+37:37	06:47
1299	1109	Pedro Mendes	individual	Senior Masculino	01:07:53	+37:37	06:47
1300	472	Ana Loureiro	individual	Senior Feminino	01:07:53	+37:38	06:47
1301	612	Inês Barata	individual	Senior Feminino	01:07:53	+37:38	06:47
1302	1424	Ricardo José dos Santos Pires	individual	Veterano M40	01:07:54	+37:38	06:47
1303	485	Bárbara Baptista	individual	Senior Feminino	01:07:58	+37:42	06:48
1304	511	Beatriz Silva	individual	Senior Feminino	01:08:00	+37:45	06:48
1305	1733	Luis Carlos Pereira Regala de Figueiredo	prio	Senior Masculino	01:08:00	+37:45	06:48
1306	1077	Miguel Ângelo Silva Rodrigues	individual	Senior Masculino	01:08:03	+37:48	06:48
1307	1549	Alcides Marquinhos	individual	Veterano M55	01:08:04	+37:48	06:48
1308	544	Catarina Menano	individual	Senior Feminino	01:08:08	+37:53	06:49
1309	1075	Maxim Mironov	individual	Senior Masculino	01:08:10	+37:55	06:49

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1310	457	Alexandra Natali Saba caracciolo	individual	Senior Feminino	01:08:25	+38:09	06:50
1311	506	Beatriz Pereira	individual	Senior Feminino	01:08:32	+38:17	06:51
1312	690	Margarida Pereira	individual	Senior Feminino	01:08:33	+38:17	06:51
1313	869	Carlos Sousa	individual	Senior Masculino	01:08:33	+38:17	06:51
1314	741	Mónica Marques	individual	Senior Feminino	01:08:40	+38:25	06:52
1315	1577	Rui Cid	individual	Veterano M55	01:08:42	+38:26	06:52
1316	724	Mariana Sousa	individual	Senior Feminino	01:08:44	+38:28	06:52
1317	1570	paulo edgar Re	individual	Veterano M55	01:08:44	+38:28	06:52
1318	720	Mariana Rocha	individual	Senior Feminino	01:08:45	+38:29	06:52
1319	688	Mara Ferreira	individual	Senior Feminino	01:08:47	+38:32	06:53
1320	491	Bárbara Teixeira	individual	Senior Feminino	01:08:49	+38:33	06:53
1321	549	Catarina Ré	individual	Senior Feminino	01:08:49	+38:33	06:53
1322	1831	Nuno Martinho	tainadas run team - somengil	Veterano M45	01:08:49	+38:33	06:53
1323	664	Laura Rei	individual	Senior Feminino	01:08:51	+38:35	06:53
1324	1370	Fabrcio Marques de Sousa	individual	Veterano M40	01:08:55	+38:40	06:54
1325	770	Rosa Shirley Silva	individual	Senior Feminino	01:08:55	+38:40	06:54
1326	1416	Pedro Paiva	individual	Veterano M40	01:08:56	+38:41	06:54
1327	468	Ana Filipa Santos	individual	Senior Feminino	01:08:58	+38:42	06:54
1328	937	Gabriel Geraldo Aires	individual	Senior Masculino	01:08:58	+38:43	06:54
1329	1867	Pedro Santos	turtle runners	Veterano M45	01:08:59	+38:44	06:54
1330	650	Joana Monteiro	individual	Senior Feminino	01:09:05	+38:50	06:55
1331	830	Ana Paula Meneses Brandão	individual	Senior Masculino	01:09:13	+38:57	06:55
1332	531	Carolina Girão	individual	Senior Feminino	01:09:13	+38:58	06:55
1333	1261	Andrea Vale	individual	Veterana F45	01:09:15	+38:59	06:55
1334	84	Sandra Jesus	andril	Veterana F40	01:09:18	+39:03	06:56
1335	1083	Miguel Gonçalves Marques	individual	Senior Masculino	01:09:20	+39:04	06:56
1336	1104	Pedro Fajardo	individual	Senior Masculino	01:09:20	+39:05	06:56
1337	655	Joana Silva	individual	Senior Feminino	01:09:21	+39:05	06:56
1338	641	Jimena Villafañe	individual	Senior Feminino	01:09:23	+39:07	06:56
1339	691	Margarida Reverendo	individual	Senior Feminino	01:09:23	+39:07	06:56
1340	1090	Neto Dimaquela	individual	Senior Masculino	01:09:28	+39:13	06:57
1341	541	Catarina Ferreira	individual	Senior Feminino	01:09:30	+39:14	06:57
1342	771	Rosana Santos	individual	Senior Feminino	01:09:30	+39:14	06:57
1343	181	André Filipe Duarte Patarrana	civilria runclub	Senior Masculino	01:09:38	+39:22	06:58
1344	436	Rosa Ferreira	grupo desportivo da gafanha	Veterana F60	01:09:38	+39:23	06:58
1345	556	Cátia Santos	individual	Senior Feminino	01:09:40	+39:24	06:58
1346	1300	Vera Leite	individual	Veterana F45	01:09:43	+39:27	06:58
1347	589	Eliana Jesus Barros	individual	Senior Feminino	01:09:49	+39:33	06:59
1348	647	Joana Ferreira	individual	Senior Feminino	01:09:49	+39:33	06:59
1349	1265	Bruna Jaqueline Mendes Martins Barbosa	individual	Veterana F45	01:09:50	+39:34	06:59
1350	671	Lígia Almeida	individual	Senior Feminino	01:09:50	+39:35	06:59
1351	516	Bruna Ferreira	individual	Senior Feminino	01:09:53	+39:38	06:59
1352	1619	Sara Oliveira	misscelito	Senior Feminino	01:09:53	+39:38	06:59
1353	512	Beatriz Tavares	individual	Senior Feminino	01:09:58	+39:42	07:00
1354	1035	Leonardo Castro	individual	Senior Masculino	01:09:58	+39:43	07:00

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1355	795	Sofia Mota Amaral	individual	Senior Feminino	01:10:02	+39:47	07:00
1356	1248	Rita Cordeiro	individual	Veterana F40	01:10:05	+39:50	07:01
1357	694	Maria de Castro Tomé	individual	Senior Feminino	01:10:06	+39:51	07:01
1358	595	Fabiana santos	individual	Senior Feminino	01:10:06	+39:51	07:01
1359	542	Catarina Malheiro	individual	Senior Feminino	01:10:07	+39:52	07:01
1360	251	Steve Lopes	clube dos galitos	Senior Masculino	01:10:08	+39:52	07:01
1361	308	Isabel Neves	equipa maravilha	Veterana F45	01:10:08	+39:53	07:01
1362	591	Érica Diamantino	individual	Senior Feminino	01:10:08	+39:53	07:01
1363	309	Artur Mota	equipa maravilha	Veterano M45	01:10:09	+39:53	07:01
1364	2	Raquel Hipólito	10treinadas	Senior Feminino	01:10:15	+40:00	07:02
1365	4	Susana Ramos	10treinadas	Senior Feminino	01:10:15	+40:00	07:02
1366	1572	Pedro Rui Ferreira Cruz	individual	Veterano M55	01:10:16	+40:01	07:02
1367	1327	Ilda Silva	individual	Veterana F55	01:10:16	+40:01	07:02
1368	1233	Lucia Cândido	sport clube beira-mar	Veterana F40	01:10:17	+40:01	07:02
1369	337	Maria Vasconcelos	first round	Senior Feminino	01:10:17	+40:01	07:02
1370	315	Lara Almeida	está bom, mas está lento	Senior Feminino	01:10:18	+40:02	07:02
1371	784	Sofia Almeida	individual	Senior Feminino	01:10:20	+40:04	07:02
1372	1646	Carlos Godinho Ferreira	nas ideias club	Veterano M45	01:10:25	+40:09	07:02
1373	1624	Jheniffer Silva	nas ideias club	Senior Feminino	01:10:25	+40:09	07:02
1374	1634	Diogo Canha	nas ideias club	Senior Masculino	01:10:25	+40:09	07:02
1375	1636	Filipe Marçal Teixeira Ferreira	nas ideias club	Senior Masculino	01:10:25	+40:09	07:02
1376	1632	André Lima	nas ideias club	Senior Masculino	01:10:25	+40:10	07:03
1377	509	Beatriz Saramago	individual	Senior Feminino	01:10:26	+40:10	07:03
1378	1706	Eva Castro	pmstudio	Senior Feminino	01:10:26	+40:11	07:03
1379	562	Cristina Perciuleac	individual	Senior Feminino	01:10:28	+40:13	07:03
1380	58	Rui Pedro Machado Pires	altice labs	Senior Masculino	01:10:29	+40:14	07:03
1381	1229	Joana Tudela	individual	Veterana F40	01:10:35	+40:19	07:03
1382	1438	Vagner Marques	individual	Veterano M40	01:10:38	+40:22	07:04
1383	1273	Elisabete Ribeiro	individual	Veterana F45	01:10:38	+40:23	07:04
1384	1836	Nádia Moraes	td credito	Senior Feminino	01:10:39	+40:23	07:04
1385	1841	Sónia Ferreira	td credito	Veterana F45	01:10:39	+40:23	07:04
1386	1167	Senilton Sales	individual	Senior Masculino	01:10:40	+40:24	07:04
1387	756	Rayene Julyen Siqueira Placides Lage	individual	Senior Feminino	01:10:42	+40:26	07:04
1388	460	Ana Almeida	individual	Senior Feminino	01:10:46	+40:30	07:05
1389	1151	Rodrigo Rocha	individual	Senior Masculino	01:10:47	+40:31	07:05
1390	969	João André Marques Ferreira	individual	Senior Masculino	01:10:48	+40:32	07:05
1391	995	joão Pereirinha	individual	Senior Masculino	01:10:48	+40:33	07:05
1392	992	Joao Pedro fidalgo viera	individual	Senior Masculino	01:10:48	+40:33	07:05
1393	1832	Milson Matias	tainadas run team - somengil	Veterano M50	01:10:54	+40:38	07:05
1394	479	Ana Rita Pinho Almeida	individual	Senior Feminino	01:10:56	+40:41	07:06
1395	608	Gabriella Aleixo Rocha	individual	Senior Feminino	01:11:00	+40:44	07:06
1396	1135	Renato Soares de Sousa Pinto	individual	Senior Masculino	01:11:00	+40:45	07:06
1397	1552	ANTONIO TEIXEIRA	individual	Veterano M55	01:11:02	+40:46	07:06
1398	62	João Tiago Rodrigues dos Santos Guerrinha	altice labs	Veterano M40	01:11:09	+40:54	07:07
1399	787	Sofia Belém Santiago	individual	Senior Feminino	01:11:16	+41:00	07:08

PROVA PRINCIPAL - STAGE 1**10 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1400	1669	David Silva	pantufas voadoras	Senior Masculino	01:11:16	+41:01	07:08
1401	1668	Rafaela Gomes	pantufas voadoras	Senior Feminino	01:11:16	+41:01	07:08
1402	1693	Ricardo Peixinho	peixinhos fora de água	Veterano M45	01:11:18	+41:03	07:08
1403	680	Lúisa Coutinho	individual	Senior Feminino	01:11:20	+41:05	07:08
1404	1184	Tiago Neves	individual	Senior Masculino	01:11:20	+41:05	07:08
1405	1246	Renata Lopes	individual	Veterana F40	01:11:23	+41:08	07:08
1406	1363	Daniel Pinheiro	individual	Veterano M40	01:11:23	+41:08	07:08
1407	483	Andreia Santos	individual	Senior Feminino	01:11:25	+41:10	07:09
1408	748	Patrícia Fernandes Tavares	individual	Senior Feminino	01:11:25	+41:10	07:09
1409	1615	Carla Claudino	mário ferreira	Veterana F50	01:11:30	+41:15	07:09
1410	721	Mariana Rocha	individual	Senior Feminino	01:11:33	+41:18	07:09
1411	1219	Daniele Pimentel	individual	Veterana F40	01:11:34	+41:18	07:09
1412	1365	Ebenézer Wilson Pimentel dos Santos	individual	Veterano M40	01:11:35	+41:19	07:09
1413	708	Mariana Arvins	individual	Senior Feminino	01:11:35	+41:20	07:10
1414	367	Francisca Azevedo	fresenius kabi runners	Senior Feminino	01:11:37	+41:21	07:10
1415	369	Mónica Marques	fresenius kabi runners	Veterana F40	01:11:38	+41:23	07:10
1416	626	Inês Sousa	individual	Senior Feminino	01:11:42	+41:27	07:10
1417	1286	Marta Oliveira	individual	Veterana F45	01:11:46	+41:31	07:11
1418	837	André Moreira	individual	Senior Masculino	01:11:48	+41:32	07:11
1419	1140	Ricardo de Oliveira Alves	individual	Senior Masculino	01:11:51	+41:35	07:11
1420	613	Inês Borges	individual	Senior Feminino	01:11:51	+41:36	07:11
1421	1877	Catarina Rosa	usf aradas	Senior Feminino	01:11:56	+41:40	07:12
1422	534	Carolina Neves	individual	Senior Feminino	01:11:56	+41:40	07:12
1423	1103	Pedro Carvalho	individual	Senior Masculino	01:11:57	+41:42	07:12
1424	475	Ana Rita Azevedo	individual	Senior Feminino	01:11:57	+41:42	07:12
1425	1878	Sara Santana	usf aradas	Senior Feminino	01:11:57	+41:42	07:12
1426	743	Natacha Sofia Lopes Rodrigues	individual	Senior Feminino	01:12:02	+41:47	07:12
1427	547	Catarina Neto	individual	Senior Feminino	01:12:04	+41:48	07:12
1428	625	Inês Silva Bento	individual	Senior Feminino	01:12:05	+41:49	07:12
1429	297	Inês Castelhana	é_só_até_ali	Veterana F40	01:12:09	+41:53	07:13
1430	299	Lu Pessoa	é_só_até_ali	Veterana F60	01:12:09	+41:53	07:13
1431	95	Rui Sacchetti	associação distrital de ténis de mesa de viseu	Senior Masculino	01:12:14	+41:58	07:13
1432	700	Maria Julião	individual	Senior Feminino	01:12:14	+41:59	07:13
1433	197	Diana Reis Costa e Silva	civilria runclub	Veterana F55	01:12:15	+41:59	07:13
1434	94	Luciano Grácio	associação distrital de ténis de mesa de viseu	Senior Masculino	01:12:15	+41:59	07:13
1435	93	Mariana Afonso	associação distrital de ténis de mesa de viseu	Senior Feminino	01:12:15	+41:59	07:13
1436	1720	Ana Catarina Peixinho Fernandes	prio	Senior Feminino	01:12:17	+42:01	07:14
1437	1865	Ana Maia	turtle runners	Senior Feminino	01:12:19	+42:04	07:14
1438	1794	Rui Gomes	ruês	Senior Masculino	01:12:20	+42:04	07:14
1439	1793	Inês Santos	ruês	Senior Feminino	01:12:20	+42:04	07:14
1440	1037	Lorhan Caldas	individual	Senior Masculino	01:12:28	+42:13	07:15
1441	759	Rita Andrade	individual	Senior Feminino	01:12:38	+42:23	07:16

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1487	610	Gisela Pinto	individual	Senior Feminino	01:15:27	+45:12	07:33
1488	1830	Diana Domingues	tainadas run team - somengil	Veterana F45	01:15:39	+45:23	07:34
1489	538	Cassilda Silva	individual	Senior Feminino	01:15:40	+45:25	07:34
1490	649	Joana Inácio	individual	Senior Feminino	01:15:41	+45:26	07:34
1491	809	Vanessa almeida	individual	Senior Feminino	01:15:52	+45:37	07:35
1492	1334	Silvia Freire	individual	Veterana F55	01:15:57	+45:42	07:36
1493	679	Ludmila Nascimento	individual	Senior Feminino	01:15:58	+45:43	07:36
1494	1578	Rui Ferreira	individual	Veterano M55	01:16:04	+45:49	07:36
1495	543	Catarina Martins	individual	Senior Feminino	01:16:06	+45:50	07:37
1496	698	Maria João Anjo	individual	Senior Feminino	01:16:21	+46:05	07:38
1497	947	Guilherme Botelho Pereira	individual	Senior Masculino	01:16:21	+46:05	07:38
1498	712	Mariana Diaz	individual	Senior Feminino	01:16:24	+46:08	07:38
1499	788	Sofia Carvalho	individual	Senior Feminino	01:16:24	+46:09	07:38
1500	1689	Lénia Matos	peixinhos fora de água	Senior Feminino	01:16:26	+46:10	07:39
1501	783	Sofia Almeida	individual	Senior Feminino	01:16:30	+46:15	07:39
1502	1157	Rui Almeida	individual	Senior Masculino	01:16:31	+46:16	07:39
1503	1791	Rafaela Martins	rrr	Senior Feminino	01:16:32	+46:17	07:39
1504	1792	Rui Martins	rrr	Veterano M55	01:16:32	+46:17	07:39
1505	1548	Jorge Aires	individual	Veterano M55	01:16:33	+46:18	07:39
1506	1541	Rui Alves	individual	Veterano M50	01:16:33	+46:18	07:39
1507	314	Cláudia Batista	está bom, mas está lento	Senior Feminino	01:16:37	+46:22	07:40
1508	722	Mariana Silva	individual	Senior Feminino	01:16:38	+46:23	07:40
1509	1312	Helena Isabel Correia Pinto	individual	Veterana F50	01:17:00	+46:45	07:42
1510	1303	Ana Margarida Fraga Cardoso	individual	Veterana F50	01:17:00	+46:45	07:42
1511	1652	Adriana Martins	oh kurr	Senior Feminino	01:17:03	+46:47	07:42
1512	1653	Helena Afonso	oh kurr	Senior Feminino	01:17:05	+46:49	07:42
1513	497	Beatriz Costa	individual	Senior Feminino	01:17:09	+46:53	07:43
1514	1053	Luís Simões	individual	Senior Masculino	01:17:12	+46:56	07:43
1515	652	Joana Santos	individual	Senior Feminino	01:17:12	+46:57	07:43
1516	420	Nuno Miguel	grohe	Veterano M40	01:17:13	+46:58	07:43
1517	3844	Rita Calçada	individual	Senior Feminino	01:17:14	+46:58	07:43
1518	606	Frederica Nogueira	individual	Senior Feminino	01:17:24	+47:09	07:44
1519	751	Rafaela Freitas	individual	Senior Feminino	01:17:35	+47:19	07:45
1520	1212	Carina Alves	individual	Veterana F40	01:17:35	+47:19	07:45
1521	833	André Filipe Caleiro Cruz	individual	Senior Masculino	01:17:40	+47:25	07:46
1522	1341	Linda Rosa Sardo Caleiro Cruz	individual	Veterana F60	01:17:41	+47:25	07:46
1523	821	Alexandre Fernandes Vieira	individual	Senior Masculino	01:17:59	+47:43	07:48
1524	714	Mariana Fonseca	individual	Senior Feminino	01:17:59	+47:43	07:48
1525	477	Ana Rita Ferreira	individual	Senior Feminino	01:18:06	+47:50	07:49
1526	1202	Wanderson Araújo	individual	Senior Masculino	01:18:12	+47:56	07:49
1527	560	Cristiane santos	individual	Senior Feminino	01:18:12	+47:56	07:49
1528	372	Constança Silveirinha	futuros vizinhos	Senior Feminino	01:18:12	+47:57	07:49
1529	375	Oscar Esteves	futuros vizinhos	Senior Masculino	01:18:12	+47:57	07:49
1530	169	Catarina Carneiro	civilria runclub	Senior Feminino	01:18:14	+47:59	07:49
1531	1200	Vitor Mallmann	individual	Senior Masculino	01:18:20	+48:05	07:50
1532	1264	Áurea Almeida	individual	Veterana F45	01:18:35	+48:20	07:52

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	20,1°C	82%
End	20:39	20,1°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1809	Joana Marques	Sport Clube Beira-Mar	Senior Feminino	39:08		03:55
2	242	Inês Gomes	Clube Desportivo de Espite	Senior Feminino	39:34	+00:25	03:57
3	16	Sara Pereira	ACADEMIA FERNANDA RIBEIRO	Senior Feminino	41:52	+02:44	04:11
4	443	Tania Ferreira	Grupo Juvenil Pinheiro da Bemposta-O. Azeméis	Senior Feminino	42:30	+03:21	04:15
5	702	Maria Marques	Individual	Senior Feminino	42:41	+03:33	04:16
6	776	Sara Fernandes	Individual	Senior Feminino	42:50	+03:42	04:17
7	696	Maria Helena Borges Alves	Individual	Senior Feminino	42:58	+03:50	04:18
8	744	Nathalya Guimaraes Gobbo	Individual	Senior Feminino	43:05	+03:56	04:18
9	1875	Maria Ferreira	UNIDOS RUN TEAM / AS OLIVEIRINHAS	Senior Feminino	43:14	+04:06	04:19
10	476	Ana Rita Carlos	Individual	Senior Feminino	43:42	+04:33	04:22
11	1602	katerin oliveira	Katerin Oliveira	Senior Feminino	43:58	+04:50	04:24
12	452	Diana Póvoa da Silva Louro	Individual	Senior Feminino	44:07	+04:59	04:25
13	1728	Sara Duarte	PRIO	Senior Feminino	44:08	+04:59	04:25
14	627	Inês Vinhas Monteiro	Individual	Senior Feminino	44:42	+05:34	04:28
15	762	Rita Fardilha	Individual	Senior Feminino	44:57	+05:48	04:30
16	791	Sofia Figueiredo	Individual	Senior Feminino	45:51	+06:43	04:35
17	676	Luana Martins	Individual	Senior Feminino	46:00	+06:51	04:36
18	117	Maria João Eugénio	Barra Ocean Runners	Senior Feminino	46:50	+07:41	04:41
19	527	Carol Bernardo	Individual	Senior Feminino	46:54	+07:45	04:41
20	1880	Liliane Ferreira	Viseu 360	Senior Feminino	47:30	+08:21	04:45
21	1903	Sara Tschumi	WeCanRun Aveiro	Senior Feminino	47:38	+08:29	04:46
22	465	Ana Clara Lima	Individual	Senior Feminino	47:43	+08:34	04:46
23	398	Ana Catarina Campelo da Silva Pereira	grohe	Senior Feminino	48:00	+08:51	04:48
24	39	Raquel Pitorra Faria	Altice Labs	Senior Feminino	48:12	+09:03	04:49
25	439	Juliana Almeida	Grupo Desportivo e Cultural de Guilhovai	Senior Feminino	48:19	+09:10	04:50
26	486	Bárbara Lobo	Individual	Senior Feminino	48:28	+09:20	04:51
27	532	Carolina Morgado	Individual	Senior Feminino	48:31	+09:22	04:51
28	637	Jessica Fontes	Individual	Senior Feminino	48:34	+09:26	04:51
29	1609	Soraia Basílio	Love Tiles	Senior Feminino	48:38	+09:30	04:52
30	519	Bruna Tavares	Individual	Senior Feminino	48:44	+09:35	04:52
31	570	Daniela Onofre	Individual	Senior Feminino	48:55	+09:46	04:53
32	498	Beatriz Damas	Individual	Senior Feminino	49:08	+09:59	04:55
33	115	Carolina Tavares	Barra Ocean Runners	Senior Feminino	49:33	+10:24	04:57
34	522	Carla Marques	Individual	Senior Feminino	49:47	+10:39	04:59
35	177	Tatiana Oliveira	Civilria RunClub	Senior Feminino	49:53	+10:44	04:59
36	458	Alexandra Silva	Individual	Senior Feminino	50:06	+10:57	05:01
37	786	Sofia Assunção	Individual	Senior Feminino	50:11	+11:02	05:01

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	672	Liliana Almeida Santos	Individual	Senior Feminino	50:13	+11:04	05:01
39	167	Ana Nunes	Civilria RunClub	Senior Feminino	50:21	+11:12	05:02
40	336	Maria sousa	First Round	Senior Feminino	50:42	+11:34	05:04
41	699	Maria João Mota	Individual	Senior Feminino	50:59	+11:50	05:06
42	767	Rita Seara	Individual	Senior Feminino	51:26	+12:17	05:09
43	92	Joana Oliveira	Associação Cultural Bunheirense	Senior Feminino	51:42	+12:34	05:10
44	575	Daniela Simões	Individual	Senior Feminino	51:43	+12:35	05:10
45	1803	Kristina Zhuykova	RunBikeClub Viseu	Senior Feminino	51:48	+12:39	05:11
46	120	Silvana Oliveira	Barra Ocean Runners	Senior Feminino	51:50	+12:41	05:11
47	154	Mariana Filipa Silva Pereira	Cambra Runners	Senior Feminino	51:51	+12:42	05:11
48	678	Lucie Militão	Individual	Senior Feminino	51:54	+12:46	05:11
49	803	Tatiana Freitas	Individual	Senior Feminino	51:57	+12:49	05:12
50	656	Joana Silva Marques	Individual	Senior Feminino	52:08	+13:00	05:13
51	738	Michelle de Jesús	Individual	Senior Feminino	52:12	+13:03	05:13
52	686	Mafalda Segura	Individual	Senior Feminino	52:12	+13:03	05:13
53	695	Maria Gaspar	Individual	Senior Feminino	52:12	+13:04	05:13
54	179	Vera Monica Santos Maia	Civilria RunClub	Senior Feminino	52:29	+13:21	05:15
55	732	Marta Gomes	Individual	Senior Feminino	52:38	+13:29	05:16
56	1886	Bárbara Pereira	WE RUN MSTN	Senior Feminino	52:41	+13:32	05:16
57	1631	Tatiana Barroco	Nas Ideias Club	Senior Feminino	52:53	+13:44	05:17
58	1721	Ana Rita Ferreira Marques	PRIO	Senior Feminino	53:02	+13:54	05:18
59	537	Carolina Tavares	Individual	Senior Feminino	53:04	+13:55	05:18
60	1628	Mariana Ferreira	Nas Ideias Club	Senior Feminino	53:05	+13:56	05:18
61	807	Teresa Marta Ribeiro Santos	Individual	Senior Feminino	53:07	+13:59	05:19
62	654	Joana Silva	Individual	Senior Feminino	53:08	+14:00	05:19
63	599	Filipa Sikva	Individual	Senior Feminino	53:09	+14:01	05:19
64	761	Rita Coimbra	Individual	Senior Feminino	53:15	+14:06	05:19
65	769	Rosa Reis	Individual	Senior Feminino	53:16	+14:07	05:20
66	505	Beatriz Matos	Individual	Senior Feminino	53:19	+14:10	05:20
67	811	Vanessa Filipa Ferraz da Cruz Ramalho	Individual	Senior Feminino	53:21	+14:12	05:20
68	600	Filipa Soares	Individual	Senior Feminino	53:25	+14:17	05:21
69	400	Gabi Jesus Ferreira	grohe	Senior Feminino	53:50	+14:41	05:23
70	1687	Maria Mendes	PATHRunners	Senior Feminino	53:53	+14:44	05:23
71	735	Marta Sofia de Sá Pinto Barbosa	Individual	Senior Feminino	53:54	+14:45	05:23
72	558	Chloé Marion Lopes	Individual	Senior Feminino	54:01	+14:52	05:24
73	456	Alexandra Campos	Individual	Senior Feminino	54:07	+14:58	05:25
74	725	Mariana Toscano	Individual	Senior Feminino	54:07	+14:58	05:25
75	763	Rita Marieiro	Individual	Senior Feminino	54:10	+15:01	05:25
76	119	Rita Henriques	Barra Ocean Runners	Senior Feminino	54:12	+15:04	05:25
77	523	Gabriela Martins	Sport Clube Beira-Mar	Senior Feminino	54:29	+15:20	05:27
78	489	Bárbara Pereira	Individual	Senior Feminino	54:31	+15:22	05:27
79	766	Rita Pereira	Individual	Senior Feminino	54:33	+15:24	05:27
80	804	Tatiana Varandas	Individual	Senior Feminino	54:38	+15:29	05:28
81	365	Carolina Almeida	Fresenius Kabi RUNNERS	Senior Feminino	54:38	+15:29	05:28
82	644	Joana Barros	Individual	Senior Feminino	54:42	+15:33	05:28
83	737	Melanie Oliveira	Individual	Senior Feminino	55:01	+15:52	05:30

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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84	648	Joana Filipa Cravo Santos	Individual	Senior Feminino	55:07	+15:58	05:31
85	587	Dulce Cunha	Individual	Senior Feminino	55:11	+16:02	05:31
86	723	Mariana Soares	Individual	Senior Feminino	55:12	+16:04	05:31
87	1699	Ana Matos	Playground Running Club	Senior Feminino	55:16	+16:07	05:32
88	1707	Mariana Castro	PMSTUDIO	Senior Feminino	55:25	+16:17	05:33
89	614	Inês Breda	Individual	Senior Feminino	55:28	+16:19	05:33
90	779	Silvia Ferreira	Individual	Senior Feminino	55:28	+16:20	05:33
91	746	Patrícia Carvalho Cabral Monteiro	Individual	Senior Feminino	55:30	+16:21	05:33
92	812	Vanessa Pires de Almeida	Individual	Senior Feminino	55:35	+16:27	05:34
93	306	Beatriz Mota	Equipa Maravilha	Senior Feminino	55:37	+16:28	05:34
94	1723	Catarina salvador gonçaves	PRIO	Senior Feminino	55:40	+16:31	05:34
95	533	Carolina Moutinho	Individual	Senior Feminino	55:44	+16:35	05:34
96	731	Marta Dias	Individual	Senior Feminino	55:46	+16:37	05:35
97	1625	Joana Miranda	Nas Ideias Club	Senior Feminino	55:47	+16:38	05:35
98	174	Luana Maria do Nascimento de Morais	Civilria RunClub	Senior Feminino	55:48	+16:40	05:35
99	1869	Nance Silvestre	UNBRK RUN CLUB	Senior Feminino	55:49	+16:40	05:35
100	364	Ana Margarida Neves	Fresenius Kabi RUNNERS	Senior Feminino	55:51	+16:42	05:35
101	1770	Catarina João da Costa Campos	RIS 2048	Senior Feminino	55:59	+16:50	05:36
102	1769	Bárbara Raquel Marques Pereira	RIS 2048	Senior Feminino	55:59	+16:51	05:36
103	548	catarina pessoa	Individual	Senior Feminino	56:00	+16:51	05:36
104	149	Sandra Ramos	BORA TREINAR RUNNING CLUB	Senior Feminino	56:03	+16:55	05:36
105	794	Sofia Martins	Individual	Senior Feminino	56:07	+16:59	05:37
106	27	Andreia Cristina Gonçalves Vieira	ADSS	Senior Feminino	56:09	+17:01	05:37
107	681	Luisa Fontes	Individual	Senior Feminino	56:11	+17:02	05:37
108	815	Zenyth Marques	Individual	Senior Feminino	56:13	+17:04	05:37
109	559	Claudia Cenicante	Individual	Senior Feminino	56:14	+17:06	05:37
110	658	Joice Figueiredo	Individual	Senior Feminino	56:23	+17:14	05:38
111	521	Carina Fidalgo	Individual	Senior Feminino	56:26	+17:17	05:39
112	646	Joana Canastra	Individual	Senior Feminino	56:27	+17:18	05:39
113	683	Luzia Couto Ferreira	Individual	Senior Feminino	56:28	+17:19	05:39
114	494	Beatriz Antunes Santos	Individual	Senior Feminino	56:31	+17:22	05:39
115	674	Liliana Pião	Individual	Senior Feminino	56:34	+17:25	05:39
116	665	Leila Oliveira	Individual	Senior Feminino	56:40	+17:31	05:40
117	38	Dária Manskaia Gonçalves	Altice Labs	Senior Feminino	56:56	+17:48	05:42
118	564	Daniela Filipa Henriques Mendes	Individual	Senior Feminino	57:00	+17:51	05:42
119	272	Oceana rodrigues simoes	Cross Company	Senior Feminino	57:01	+17:52	05:42
120	269	Diana Almeida	Cross Company	Senior Feminino	57:01	+17:53	05:42
121	661	Lara Salomé Seabra da Silva	Individual	Senior Feminino	57:02	+17:53	05:42
122	718	Mariana Novais	Individual	Senior Feminino	57:02	+17:53	05:42
123	1664	Andreia Silva	Pantufas Voadoras	Senior Feminino	57:04	+17:55	05:42
124	1856	Matilde Almeida	Triangle's Runners	Senior Feminino	57:08	+17:59	05:43
125	1753	Rebeca Vale	Reumáticos & Etc	Senior Feminino	57:23	+18:14	05:44
126	574	Daniela Resende	Individual	Senior Feminino	57:32	+18:24	05:45
127	642	Joana Alves	Individual	Senior Feminino	57:39	+18:30	05:46
128	800	Tânia Pires	Individual	Senior Feminino	57:55	+18:46	05:47
129	622	Inês Onofre	Individual	Senior Feminino	57:57	+18:48	05:48

Official Timekeeper: Lap2Go	3 / 37	generate 28-jun.-2026 01:24
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

130	339	Susete Freitas	First Round	Senior Feminino	58:00	+18:51	05:48
131	669	Lia Jorge Martins Fino Figueiredo	Individual	Senior Feminino	58:01	+18:52	05:48
132	797	Sofia Ventura	Individual	Senior Feminino	58:03	+18:54	05:48
133	1626	Mafalda Machado Martins	Nas Ideias Club	Senior Feminino	58:07	+18:58	05:49
134	152	Juliana Matias	CalPet RUN & RIDE	Senior Feminino	58:11	+19:03	05:49
135	706	Marialex Marchán	Individual	Senior Feminino	58:16	+19:08	05:50
136	692	Maria Almeida	Individual	Senior Feminino	58:21	+19:12	05:50
137	780	Silvia Moreira	Individual	Senior Feminino	58:23	+19:14	05:50
138	709	Mariana Augusto	Individual	Senior Feminino	58:24	+19:16	05:50
139	488	Bárbara Oliveira	Individual	Senior Feminino	58:26	+19:17	05:51
140	716	Mariana Limas	Individual	Senior Feminino	58:26	+19:17	05:51
141	550	Catarina Santos Barbosa	Individual	Senior Feminino	58:26	+19:17	05:51
142	643	Joana Antunes	Individual	Senior Feminino	58:27	+19:18	05:51
143	173	Isabelle Araujo	Civilria RunClub	Senior Feminino	58:27	+19:18	05:51
144	639	Jessica Silva	Individual	Senior Feminino	58:27	+19:18	05:51
145	1701	Mariana Rodrigues	Playground Running Club	Senior Feminino	58:40	+19:31	05:52
146	1722	Bruna Palma	PRIO	Senior Feminino	58:41	+19:33	05:52
147	740	Mónica Duarte	Individual	Senior Feminino	58:45	+19:36	05:52
148	461	Ana Antunes	Individual	Senior Feminino	58:45	+19:36	05:53
149	271	Marta Gomes	Cross Company	Senior Feminino	58:45	+19:37	05:53
150	635	Jessica Almeida	Individual	Senior Feminino	58:49	+19:40	05:53
151	447	Mariana Valentim Teixeira de Bastos	Hut Runners Aveiro	Senior Feminino	58:50	+19:41	05:53
152	470	Ana Gabriela Silva	Individual	Senior Feminino	58:58	+19:49	05:54
153	526	Carlota Pimenta	Individual	Senior Feminino	59:02	+19:54	05:54
154	176	Soraia Pires	Civilria RunClub	Senior Feminino	59:04	+19:55	05:54
155	159	Magda Esteves	CASA DO POVO DE MANGUALDE	Senior Feminino	59:05	+19:57	05:55
156	782	Sofia Alexandra dos Santos Neves	Individual	Senior Feminino	59:13	+20:04	05:55
157	813	Viviana Espinoza	Individual	Senior Feminino	59:14	+20:05	05:55
158	158	Daniela Amaral	CASA DO POVO DE MANGUALDE	Senior Feminino	59:16	+20:08	05:56
159	792	Sofia Girão	Individual	Senior Feminino	59:28	+20:20	05:57
160	480	Ana Teresa Almiro Miroto	Individual	Senior Feminino	59:29	+20:20	05:57
161	593	Estefania Soares	Individual	Senior Feminino	59:31	+20:22	05:57
162	568	Daniela Mota	Individual	Senior Feminino	59:32	+20:24	05:57
163	508	Beatriz Santos	Individual	Senior Feminino	59:33	+20:24	05:57
164	657	Joana Silva Pereira	Individual	Senior Feminino	59:36	+20:27	05:58
165	808	Thaís Rocha	Individual	Senior Feminino	59:36	+20:27	05:58
166	454	Alessandra Díaz	Individual	Senior Feminino	59:37	+20:29	05:58
167	728	Marisol Carvalho	Individual	Senior Feminino	59:41	+20:32	05:58
168	774	Sara Amador	Individual	Senior Feminino	59:47	+20:38	05:59
169	1623	Inês Limas Da Silva	Nas Ideias Club	Senior Feminino	59:49	+20:40	05:59
170	636	Jéssica Escalante	Individual	Senior Feminino	59:49	+20:40	05:59
171	711	Mariana Cruz	Individual	Senior Feminino	59:49	+20:40	05:59
172	781	Silvia Rodrigues	Individual	Senior Feminino	59:53	+20:44	05:59
173	99	Alexandra Santos	Babalus	Senior Feminino	59:54	+20:45	05:59
174	1688	Joana Soares	Peixinhos Fora de Água	Senior Feminino	59:58	+20:49	06:00

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

175	18	Lara Bastos	ACR Vale de Cambra	Senior Feminino	59:59	+20:50	06:00
176	524	Carla Sousa	Individual	Senior Feminino	01:00:02	+20:53	06:00
177	638	Jéssica Santos	Individual	Senior Feminino	01:00:02	+20:53	06:00
178	666	Leonor Rocha	Individual	Senior Feminino	01:00:06	+20:58	06:01
179	749	Patrícia Ferreira	Individual	Senior Feminino	01:00:10	+21:01	06:01
180	557	Cecilia Scarpiello	Individual	Senior Feminino	01:00:11	+21:02	06:01
181	102	Beatriz Marques	Bai Bagos	Senior Feminino	01:00:12	+21:03	06:01
182	530	Carolina Ferreira	Individual	Senior Feminino	01:00:14	+21:05	06:01
183	1825	Sandrina Marques	Swimming runners	Senior Feminino	01:00:15	+21:06	06:01
184	572	Daniela Ramalho	Individual	Senior Feminino	01:00:15	+21:07	06:02
185	810	Vanessa Filipa	Individual	Senior Feminino	01:00:18	+21:09	06:02
186	335	Catarina Pereira	First Round	Senior Feminino	01:00:19	+21:10	06:02
187	481	Andréa Sá	Individual	Senior Feminino	01:00:19	+21:10	06:02
188	469	Ana Francisco	Individual	Senior Feminino	01:00:21	+21:13	06:02
189	677	Luciana Santos	Individual	Senior Feminino	01:00:27	+21:18	06:03
190	514	Beatriz Vilela	Individual	Senior Feminino	01:00:46	+21:37	06:05
191	1729	Tetyana Blynets	PRIO	Senior Feminino	01:00:54	+21:45	06:05
192	713	Mariana dos Santos Dias Almeida Catarino	Individual	Senior Feminino	01:00:54	+21:45	06:05
193	373	Daniela Cação	Futuros Vizinhos	Senior Feminino	01:00:56	+21:48	06:06
194	455	Alexandra Barbosa	Individual	Senior Feminino	01:00:57	+21:48	06:06
195	1888	Micaela Capela	WE RUN MSTN	Senior Feminino	01:01:08	+22:00	06:07
196	789	Sofia Costa	Individual	Senior Feminino	01:01:11	+22:03	06:07
197	513	Beatriz Vidal Pimentel Sarabando	Individual	Senior Feminino	01:01:11	+22:03	06:07
198	663	Laura Pires	Individual	Senior Feminino	01:01:13	+22:04	06:07
199	1853	Paula Vieira	Timon e Pumba	Senior Feminino	01:01:15	+22:06	06:08
200	401	Mariana Carramão	grohe	Senior Feminino	01:01:16	+22:07	06:08
201	399	Ana Rita Vicente	grohe	Senior Feminino	01:01:16	+22:07	06:08
202	775	Sara Baia	Individual	Senior Feminino	01:01:16	+22:08	06:08
203	592	Estefani Delgado	Individual	Senior Feminino	01:01:17	+22:09	06:08
204	525	Carla Tavares	Individual	Senior Feminino	01:01:19	+22:11	06:08
205	582	Diana Raquel Maia Marcelino	Individual	Senior Feminino	01:01:27	+22:19	06:09
206	667	Leonor Silva	Individual	Senior Feminino	01:01:32	+22:23	06:09
207	116	Fabiana Sarabando	Barra Ocean Runners	Senior Feminino	01:01:34	+22:26	06:09
208	502	Beatriz Lima	Individual	Senior Feminino	01:01:35	+22:27	06:10
209	618	Inês Geraldo Martins	Individual	Senior Feminino	01:01:40	+22:31	06:10
210	566	Daniela Lopes	Individual	Senior Feminino	01:01:53	+22:45	06:11
211	500	Beatriz Farias	Individual	Senior Feminino	01:01:54	+22:45	06:11
212	705	Maria Rita Senos Bento	Individual	Senior Feminino	01:01:54	+22:45	06:11
213	1620	Silvia Cristina Graça da Silva	Misscelito	Senior Feminino	01:01:59	+22:51	06:12
214	554	Cátia Paiva	Individual	Senior Feminino	01:02:00	+22:51	06:12
215	487	Bárbara Marques	Individual	Senior Feminino	01:02:03	+22:54	06:12
216	598	Filipa Marques	Individual	Senior Feminino	01:02:03	+22:54	06:12
217	796	Sofia Reis	Individual	Senior Feminino	01:02:04	+22:55	06:12
218	697	Maria Inês Vidal	Individual	Senior Feminino	01:02:04	+22:55	06:12
219	597	Filipa Costa	Individual	Senior Feminino	01:02:14	+23:05	06:13
220	773	Sandra Martins	Individual	Senior Feminino	01:02:14	+23:05	06:13

Prova Principal**10 KM****OFFICIAL RESULT**

221	760	Rita Bastos	Individual	Senior Feminino	01:02:16	+23:07	06:14
222	495	Beatriz Batista	Individual	Senior Feminino	01:02:16	+23:07	06:14
223	704	Maria Pires	Individual	Senior Feminino	01:02:21	+23:13	06:14
224	653	Joana Santos	Individual	Senior Feminino	01:02:22	+23:14	06:14
225	1629	Marília Pereira	Nas Ideias Club	Senior Feminino	01:02:30	+23:22	06:15
226	1622	Ana Rui Martins	Nas Ideias Club	Senior Feminino	01:02:31	+23:22	06:15
227	668	Lia Cruz	Individual	Senior Feminino	01:02:35	+23:26	06:16
228	1685	Ana Miguel da Silva Loureiro	PATHRunners	Senior Feminino	01:02:48	+23:40	06:17
229	790	Sofia Costa	Individual	Senior Feminino	01:02:51	+23:43	06:17
230	733	Marta Gonçalves	Individual	Senior Feminino	01:02:52	+23:43	06:17
231	467	Ana Fernandes	Individual	Senior Feminino	01:02:52	+23:43	06:17
232	484	ângela Martins	Individual	Senior Feminino	01:02:54	+23:45	06:17
233	660	Lara Mendes	Individual	Senior Feminino	01:02:55	+23:46	06:17
234	515	Bia Santos	Individual	Senior Feminino	01:02:55	+23:46	06:17
235	453	Adriana Domingues	Individual	Senior Feminino	01:03:07	+23:58	06:19
236	707	Mariana Almeida	Individual	Senior Feminino	01:03:07	+23:58	06:19
237	168	Betina Dourado Beirão	Civilria RunClub	Senior Feminino	01:03:12	+24:03	06:19
238	261	Andreia Afonso	Correr Fermelã ACADOF	Senior Feminino	01:03:18	+24:09	06:20
239	689	Margarida Nunes	Individual	Senior Feminino	01:03:19	+24:10	06:20
240	478	Ana Rita Pereira Duarte	Individual	Senior Feminino	01:03:28	+24:19	06:21
241	577	Débora Oliveira	Individual	Senior Feminino	01:03:33	+24:24	06:21
242	631	Isabel Rebolo	Individual	Senior Feminino	01:03:35	+24:26	06:21
243	501	Beatriz José de Amaral Ferreira Gaspar	Individual	Senior Feminino	01:03:36	+24:28	06:22
244	493	Beatriz Amaral	Individual	Senior Feminino	01:03:42	+24:33	06:22
245	40	Vanessa Correia Ramos	Altice Labs	Senior Feminino	01:03:43	+24:34	06:22
246	1715	Cátia Silva	Power Runners Force	Senior Feminino	01:03:54	+24:45	06:23
247	1665	Élia Fogueiro	Pantufas Voadoras	Senior Feminino	01:04:02	+24:53	06:24
248	175	Sónia Vinhas	Civilria RunClub	Senior Feminino	01:04:19	+25:11	06:26
249	583	Diana Santos	Individual	Senior Feminino	01:04:24	+25:16	06:26
250	546	Catarina Moreira	Individual	Senior Feminino	01:04:28	+25:19	06:27
251	729	Marlène Parada	Individual	Senior Feminino	01:04:30	+25:21	06:27
252	586	Diva Sarabando	Individual	Senior Feminino	01:04:33	+25:24	06:27
253	459	Ana Azevedo	Individual	Senior Feminino	01:04:38	+25:29	06:28
254	1802	Cláudia Costa	RunBikeClub Viseu	Senior Feminino	01:04:40	+25:32	06:28
255	536	Carolina Real	Individual	Senior Feminino	01:04:40	+25:32	06:28
256	540	Catarina Ferreira	Individual	Senior Feminino	01:04:44	+25:35	06:28
257	1627	Maria Cabral	Nas Ideias Club	Senior Feminino	01:04:50	+25:42	06:29
258	1717	Mi Gonzatti	Power Runners Force	Senior Feminino	01:04:51	+25:43	06:29
259	1716	Gi	Power Runners Force	Senior Feminino	01:04:51	+25:43	06:29
260	302	Nicole Siqueira	Equipa Flash	Senior Feminino	01:04:54	+25:45	06:29
261	752	Raquel Cardoso	Individual	Senior Feminino	01:04:57	+25:48	06:30
262	685	Mafalda Figueiredo	Individual	Senior Feminino	01:05:00	+25:52	06:30
263	673	Liliana Lourenço	Individual	Senior Feminino	01:05:03	+25:54	06:30
264	295	Ana Valente	é_só_até_ali	Senior Feminino	01:05:08	+25:59	06:31
265	1754	Sara Raquel Fernandes Sarabando	Reumáticos & Etc	Senior Feminino	01:05:13	+26:05	06:31
266	630	Isabel Pinto	Individual	Senior Feminino	01:05:17	+26:09	06:32

Prova Principal

10 KM

OFFICIAL RESULT

267	103	Sofia Gomes	Bai Bagos	Senior Feminino	01:05:19	+26:11	06:32
268	517	Bruna Gabriele Vieira Lopes Siqueira	Individual	Senior Feminino	01:05:20	+26:11	06:32
269	563	Cristina Rafaela Semião da Mota	Individual	Senior Feminino	01:05:24	+26:16	06:32
270	798	Soraia Couceiro	Individual	Senior Feminino	01:05:26	+26:17	06:33
271	727	Marina Marques	Individual	Senior Feminino	01:05:28	+26:19	06:33
272	3	Sara Sabino	10Treinadas	Senior Feminino	01:05:29	+26:20	06:33
273	623	Inês Pinto	Individual	Senior Feminino	01:05:30	+26:22	06:33
274	726	Marília Maia e Moura	Individual	Senior Feminino	01:05:33	+26:24	06:33
275	552	Catarina Silva	Individual	Senior Feminino	01:05:51	+26:42	06:35
276	333	Andreia Silva	First Round	Senior Feminino	01:05:53	+26:45	06:35
277	1666	Jéssica Fogeiro	Pantufas Voadoras	Senior Feminino	01:05:55	+26:47	06:36
278	633	Janaína Rocha Chaves	Individual	Senior Feminino	01:05:57	+26:48	06:36
279	621	Inês Oliveira Costa	Individual	Senior Feminino	01:06:01	+26:53	06:36
280	553	Catarina Viola	Individual	Senior Feminino	01:06:11	+27:02	06:37
281	1663	Sílvia Lopes	Pace Makers	Senior Feminino	01:06:28	+27:20	06:39
282	1662	Mónica Lopes	Pace Makers	Senior Feminino	01:06:28	+27:20	06:39
283	270	Diana Simões	Cross Company	Senior Feminino	01:06:34	+27:25	06:39
284	1755	Teresa Raquel Martins Pereira	Reumáticos & Etc	Senior Feminino	01:06:41	+27:32	06:40
285	1751	Raquel Almeida	Pupilos do Zé-Tó	Senior Feminino	01:06:48	+27:39	06:41
286	1887	Catarina Jesus	WE RUN MSTN	Senior Feminino	01:06:50	+27:41	06:41
287	262	Catarina Resende	Correr Fermelã ACADOF	Senior Feminino	01:06:52	+27:43	06:41
288	802	Tássia Lino	Individual	Senior Feminino	01:06:54	+27:45	06:41
289	640	Jéssica Simões	Individual	Senior Feminino	01:06:54	+27:46	06:41
290	1698	Ana Luísa Costa	Playground Running Club	Senior Feminino	01:06:57	+27:48	06:42
291	750	Patrícia Santos	Individual	Senior Feminino	01:07:12	+28:03	06:43
292	594	Eva Cardoso	Individual	Senior Feminino	01:07:16	+28:08	06:44
293	1905	Carolina Jorge Oliveira	Your Pilates Studio	Senior Feminino	01:07:31	+28:22	06:45
294	768	Rita Vidal Loura de Sousa Braga	Individual	Senior Feminino	01:07:45	+28:36	06:47
295	472	Ana Loureiro	Individual	Senior Feminino	01:07:53	+28:45	06:47
296	612	Inês Barata	Individual	Senior Feminino	01:07:53	+28:45	06:47
297	485	Bárbara Baptista	Individual	Senior Feminino	01:07:58	+28:49	06:48
298	511	Beatriz Silva	Individual	Senior Feminino	01:08:00	+28:52	06:48
299	544	Catarina Menano	Individual	Senior Feminino	01:08:08	+28:59	06:49
300	457	Alexandra Natali Saba caracciolo	Individual	Senior Feminino	01:08:25	+29:16	06:50
301	506	Beatriz Pereira	Individual	Senior Feminino	01:08:32	+29:24	06:51
302	690	Margarida Pereira	Individual	Senior Feminino	01:08:33	+29:24	06:51
303	741	Mónica Marques	Individual	Senior Feminino	01:08:40	+29:31	06:52
304	724	Mariana Sousa	Individual	Senior Feminino	01:08:44	+29:35	06:52
305	720	Mariana Rocha	Individual	Senior Feminino	01:08:45	+29:36	06:52
306	688	Mara Ferreira	Individual	Senior Feminino	01:08:47	+29:39	06:53
307	491	Bárbara Teixeira	Individual	Senior Feminino	01:08:49	+29:40	06:53
308	549	Catarina Ré	Individual	Senior Feminino	01:08:49	+29:40	06:53
309	664	Laura Rei	Individual	Senior Feminino	01:08:51	+29:42	06:53
310	770	Rosa Shirley Silva	Individual	Senior Feminino	01:08:55	+29:47	06:54
311	468	Ana Filipa Santos	Individual	Senior Feminino	01:08:58	+29:49	06:54
312	650	Joana Monteiro	Individual	Senior Feminino	01:09:05	+29:56	06:55

Prova Principal

10 KM

OFFICIAL RESULT

313	531	Carolina Girão	Individual	Senior Feminino	01:09:13	+30:05	06:55
314	655	Joana Silva	Individual	Senior Feminino	01:09:21	+30:12	06:56
315	641	Jimena Villafañe	Individual	Senior Feminino	01:09:23	+30:14	06:56
316	691	Margarida Reverendo	Individual	Senior Feminino	01:09:23	+30:14	06:56
317	541	Catarina Ferreira	Individual	Senior Feminino	01:09:30	+30:21	06:57
318	771	Rosana Santos	Individual	Senior Feminino	01:09:30	+30:21	06:57
319	556	Cátia Santos	Individual	Senior Feminino	01:09:40	+30:31	06:58
320	589	Eliana Jesus Barros	Individual	Senior Feminino	01:09:49	+30:40	06:59
321	647	Joana Ferreira	Individual	Senior Feminino	01:09:49	+30:40	06:59
322	671	Légia Almeida	Individual	Senior Feminino	01:09:50	+30:42	06:59
323	516	Bruna Ferreira	Individual	Senior Feminino	01:09:53	+30:44	06:59
324	1619	Sara Oliveira	Misscelito	Senior Feminino	01:09:53	+30:44	06:59
325	512	Beatriz Tavares	Individual	Senior Feminino	01:09:58	+30:49	07:00
326	795	Sofia Mota Amaral	Individual	Senior Feminino	01:10:02	+30:54	07:00
327	694	Maria de Castro Tomé	Individual	Senior Feminino	01:10:06	+30:57	07:01
328	595	Fabiana santos	Individual	Senior Feminino	01:10:06	+30:58	07:01
329	542	Catarina Malheiro	Individual	Senior Feminino	01:10:07	+30:59	07:01
330	591	Érica Diamantino	Individual	Senior Feminino	01:10:08	+31:00	07:01
331	2	Raquel Hipólito	10Treinadas	Senior Feminino	01:10:15	+31:06	07:02
332	4	Susana Ramos	10Treinadas	Senior Feminino	01:10:15	+31:07	07:02
333	337	Maria Vasconcelos	First Round	Senior Feminino	01:10:17	+31:08	07:02
334	315	Lara Almeida	Está bom, mas está lento	Senior Feminino	01:10:18	+31:09	07:02
335	784	Sofia Almeida	Individual	Senior Feminino	01:10:20	+31:11	07:02
336	1624	Jheniffer Silva	Nas Ideias Club	Senior Feminino	01:10:25	+31:16	07:02
337	509	Beatriz Saramago	Individual	Senior Feminino	01:10:26	+31:17	07:03
338	1706	Eva Castro	PMSTUDIO	Senior Feminino	01:10:26	+31:18	07:03
339	562	Cristina Perciuleac	Individual	Senior Feminino	01:10:28	+31:20	07:03
340	1836	Nádia Morais	TD Credito	Senior Feminino	01:10:39	+31:30	07:04
341	756	Rayene Julyen Siqueira Placides Lage	Individual	Senior Feminino	01:10:42	+31:33	07:04
342	460	Ana Almeida	Individual	Senior Feminino	01:10:46	+31:37	07:05
343	479	Ana Rita Pinho Almeida	Individual	Senior Feminino	01:10:56	+31:48	07:06
344	608	Gabriella Aleixo Rocha	Individual	Senior Feminino	01:11:00	+31:51	07:06
345	787	Sofia Belém Santiago	Individual	Senior Feminino	01:11:16	+32:07	07:08
346	1668	Rafaela Gomes	Pantufas Voadoras	Senior Feminino	01:11:16	+32:08	07:08
347	680	Luísa Coutinho	Individual	Senior Feminino	01:11:20	+32:12	07:08
348	483	Andreia Santos	Individual	Senior Feminino	01:11:25	+32:17	07:09
349	748	Patrícia Fernandes Tavares	Individual	Senior Feminino	01:11:25	+32:17	07:09
350	721	Mariana Rocha	Individual	Senior Feminino	01:11:33	+32:25	07:09
351	708	Mariana Arvins	Individual	Senior Feminino	01:11:35	+32:27	07:10
352	367	Francisca Azevedo	Fresenius Kabi RUNNERS	Senior Feminino	01:11:37	+32:28	07:10
353	626	Inês Sousa	Individual	Senior Feminino	01:11:42	+32:34	07:10
354	613	Inês Borges	Individual	Senior Feminino	01:11:51	+32:43	07:11
355	1877	Catarina Rosa	USF Aradas	Senior Feminino	01:11:56	+32:47	07:12
356	534	Carolina Neves	Individual	Senior Feminino	01:11:56	+32:47	07:12
357	475	Ana Rita Azevedo	Individual	Senior Feminino	01:11:57	+32:49	07:12
358	1878	Sara Santana	USF Aradas	Senior Feminino	01:11:57	+32:49	07:12

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

359	743	Natacha Sofia Lopes Rodrigues	Individual	Senior Feminino	01:12:02	+32:53	07:12
360	547	Catarina Neto	Individual	Senior Feminino	01:12:04	+32:55	07:12
361	625	Inês Silva Bento	Individual	Senior Feminino	01:12:05	+32:56	07:12
362	700	Maria Julião	Individual	Senior Feminino	01:12:14	+33:06	07:13
363	93	Mariana Afonso	Associação Distrital de Ténis de Mesa de Viseu	Senior Feminino	01:12:15	+33:06	07:13
364	1720	Ana Catarina Peixinho Fernandes	PRIO	Senior Feminino	01:12:17	+33:08	07:14
365	1865	Ana Maia	Turtle Runners	Senior Feminino	01:12:19	+33:10	07:14
366	1793	Inês Santos	Ruês	Senior Feminino	01:12:20	+33:11	07:14
367	759	Rita Andrade	Individual	Senior Feminino	01:12:38	+33:30	07:16
368	482	Andreia Falcão	Individual	Senior Feminino	01:12:40	+33:31	07:16
369	507	Beatriz Rodrigues	Individual	Senior Feminino	01:12:43	+33:34	07:16
370	510	Beatriz Silva	Individual	Senior Feminino	01:12:46	+33:38	07:17
371	1724	Cristiana Raquel Fernandes Lobo Leite	PRIO	Senior Feminino	01:12:50	+33:41	07:17
372	765	Rita Moreira	Individual	Senior Feminino	01:13:15	+34:06	07:19
373	730	Marta Cardoso Pereira	Individual	Senior Feminino	01:13:29	+34:20	07:21
374	561	Cristina Monteiro	Individual	Senior Feminino	01:13:34	+34:26	07:21
375	471	Ana Gonçalves	Individual	Senior Feminino	01:13:35	+34:27	07:22
376	473	Ana Martelo	Individual	Senior Feminino	01:14:24	+35:15	07:26
377	687	Maísa Martins	Individual	Senior Feminino	01:14:44	+35:35	07:28
378	573	Daniela Rei	Individual	Senior Feminino	01:14:46	+35:37	07:29
379	659	Juliana Gomes	Individual	Senior Feminino	01:14:57	+35:49	07:30
380	464	Ana Barbosa	Individual	Senior Feminino	01:14:58	+35:50	07:30
381	1630	Sara Pinto	Nas Ideias Club	Senior Feminino	01:15:02	+35:54	07:30
382	715	Mariana Frade Santos	Individual	Senior Feminino	01:15:07	+35:58	07:31
383	37	Catarina Madail de Bastos	Altice Labs	Senior Feminino	01:15:14	+36:05	07:31
384	778	Sara Silva Juliao	Individual	Senior Feminino	01:15:16	+36:08	07:32
385	610	Gisela Pinto	Individual	Senior Feminino	01:15:27	+36:19	07:33
386	538	Cassilda Silva	Individual	Senior Feminino	01:15:40	+36:32	07:34
387	649	Joana Inácio	Individual	Senior Feminino	01:15:41	+36:32	07:34
388	809	Vanessa almeida	Individual	Senior Feminino	01:15:52	+36:44	07:35
389	679	Ludmila Nascimento	Individual	Senior Feminino	01:15:58	+36:50	07:36
390	543	Catarina Martins	Individual	Senior Feminino	01:16:06	+36:57	07:37
391	698	Maria João Anjo	Individual	Senior Feminino	01:16:21	+37:12	07:38
392	712	Mariana Diaz	Individual	Senior Feminino	01:16:24	+37:15	07:38
393	788	Sofia Carvalho	Individual	Senior Feminino	01:16:24	+37:16	07:38
394	1689	Lénia Matos	Peixinhos Fora de Água	Senior Feminino	01:16:26	+37:17	07:39
395	783	Sofia Almeida	Individual	Senior Feminino	01:16:30	+37:22	07:39
396	1791	Rafaela Martins	RRR	Senior Feminino	01:16:32	+37:24	07:39
397	314	Cláudia Batista	Está bom, mas está lento	Senior Feminino	01:16:37	+37:29	07:40
398	722	Mariana Silva	Individual	Senior Feminino	01:16:38	+37:29	07:40
399	1652	Adriana Martins	Oh Kurr	Senior Feminino	01:17:03	+37:54	07:42
400	1653	Helena Afonso	Oh Kurr	Senior Feminino	01:17:05	+37:56	07:42
401	497	Beatriz Costa	Individual	Senior Feminino	01:17:09	+38:00	07:43
402	652	Joana Santos	Individual	Senior Feminino	01:17:12	+38:04	07:43
403	3844	Rita Calçada	Individual	Senior Feminino	01:17:14	+38:05	07:43
404	606	Frederica Nogueira	Individual	Senior Feminino	01:17:24	+38:16	07:44

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

405	751	Rafaela Freitas	Individual	Senior Feminino	01:17:35	+38:26	07:45
406	714	Mariana Fonseca	Individual	Senior Feminino	01:17:59	+38:50	07:48
407	477	Ana Rita Ferreira	Individual	Senior Feminino	01:18:06	+38:57	07:49
408	560	Cristiane santos	Individual	Senior Feminino	01:18:12	+39:03	07:49
409	372	Constança Silveirinha	Futuros Vizinhos	Senior Feminino	01:18:12	+39:03	07:49
410	169	Catarina Carneiro	Civilria RunClub	Senior Feminino	01:18:14	+39:05	07:49
411	628	Isabel Alexandre Teixeira da Silva	Individual	Senior Feminino	01:18:52	+39:43	07:53
412	734	Marta Hora	Individual	Senior Feminino	01:19:36	+40:28	07:58
413	499	Beatriz Esteves	Individual	Senior Feminino	01:19:49	+40:41	07:59
414	569	Daniela Neto	Individual	Senior Feminino	01:19:54	+40:45	07:59
415	1659	Nina Teixeira	Osseloa	Senior Feminino	01:20:09	+41:00	08:01
416	571	Daniela Paninho	Individual	Senior Feminino	01:20:09	+41:00	08:01
417	615	Inês de Oliveira Madail	Individual	Senior Feminino	01:20:27	+41:18	08:03
418	338	Odete Freitas	First Round	Senior Feminino	01:20:53	+41:44	08:05
419	588	Eduarda Pereira	Individual	Senior Feminino	01:21:15	+42:06	08:08
420	503	Beatriz Magalhaes	Individual	Senior Feminino	01:21:15	+42:07	08:08
421	463	Ana Baeta	Individual	Senior Feminino	01:21:40	+42:31	08:10
422	805	Telma Gonçalves	Individual	Senior Feminino	01:21:45	+42:36	08:11
423	584	Diana Sousa	Individual	Senior Feminino	01:21:51	+42:42	08:11
424	684	Mafalda Ferreira	Individual	Senior Feminino	01:22:29	+43:20	08:15
425	757	Rebeca Silva	Individual	Senior Feminino	01:22:39	+43:30	08:16
426	565	Daniela Francisco	Individual	Senior Feminino	01:22:41	+43:33	08:16
427	146	Carolina Leal	BipBip	Senior Feminino	01:22:41	+43:33	08:16
428	518	Bruna Meles	Individual	Senior Feminino	01:23:00	+43:51	08:18
429	619	Inês Lalanda de castro	Individual	Senior Feminino	01:23:26	+44:17	08:21
430	528	Carolina Coutinho	Individual	Senior Feminino	01:23:28	+44:19	08:21
431	535	Carolina Pereira	Individual	Senior Feminino	01:23:57	+44:48	08:24
432	520	Camila Anavarro	Individual	Senior Feminino	01:24:01	+44:53	08:24
433	624	Inês Rocha	Individual	Senior Feminino	01:24:22	+45:13	08:26
434	81	Beatriz Quintaneiro	Amigos em fuga	Senior Feminino	01:24:27	+45:19	08:27
435	551	Catarina Silva	Individual	Senior Feminino	01:25:20	+46:11	08:32
436	719	Mariana Ramos	Individual	Senior Feminino	01:25:30	+46:22	08:33
437	474	Ana Miguel Rodrigues	Individual	Senior Feminino	01:27:30	+48:21	08:45
438	607	Gabriela Ferreira morais	Individual	Senior Feminino	01:28:21	+49:13	08:50
439	670	Lidia Maria Labianca	Individual	Senior Feminino	01:29:23	+50:14	08:56
440	605	Francisca Vicente Silva	Individual	Senior Feminino	01:29:59	+50:51	09:00
441	1686	Catarina Almeida	PATHRunners	Senior Feminino	01:31:13	+52:04	09:07
442	366	Daniela Costa	Fresenius Kabi RUNNERS	Senior Feminino	01:31:27	+52:18	09:09
443	576	DAYANNE GRAZIELLE MESQUITA RODRIGUES	Individual	Senior Feminino	01:32:30	+53:22	09:15
444	1883	Vanessa Vieira	Vouguinhas	Senior Feminino	01:38:13	+59:04	09:49
445	755	Rayane Oliveira Costa	Individual	Senior Feminino	01:38:13	+59:04	09:49
446	1882	Mafalda Rodrigues Matos de Carvalho	Vouguinhas	Senior Feminino	01:39:33	+01:00:24	09:57

Prova Principal

10 KM

OFFICIAL RESULT

Senior Masculino

1	827	Alexandre Venancio	Sport Clube Beira-Mar	Senior Masculino	30:15		03:01
2	985	João Mouro	Sport Clube Beira-Mar	Senior Masculino	32:49	+02:33	03:17
3	247	Henrique Moreira	Clube dos Galitos	Senior Masculino	33:31	+03:16	03:21
4	282	ANDRÉ FONTE	DAR - Desportivo atlético de Recardães	Senior Masculino	33:40	+03:24	03:22
5	10	Henrique Gomes	A.C.D. Os Ílhavos	Senior Masculino	33:59	+03:43	03:24
6	426	Emanuel Tojal	Grupo Desportivo 3 Santos Populares	Senior Masculino	34:17	+04:02	03:26
7	440	Jorge Cubal	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	34:30	+04:14	03:27
8	1816	Tiago Pinto	Sport Clube de Freamunde	Senior Masculino	34:39	+04:23	03:28
9	1614	Ricardo Andrade	Mário Ferreira	Senior Masculino	34:41	+04:26	03:28
10	407	Joao Ramos Moreira	grohe	Senior Masculino	34:49	+04:34	03:29
11	232	CELSE LEITE	Clube Atletismo de Ovar	Senior Masculino	34:50	+04:35	03:29
12	1120	Pedro Santos	Individual	Senior Masculino	35:19	+05:03	03:32
13	249	Mário Rocha	Clube dos Galitos	Senior Masculino	35:28	+05:12	03:33
14	1067	Marco Soares	A.C.D. Os Ílhavos	Senior Masculino	35:34	+05:19	03:33
15	1822	João Nuno Duarte Fernandes	SSPMSJM	Senior Masculino	35:42	+05:27	03:34
16	393	Vicente Julião	GRECAS - Vagos	Senior Masculino	36:01	+05:46	03:36
17	1613	Diogo Duarte	Mário Ferreira	Senior Masculino	36:08	+05:52	03:37
18	17	António Coimbra	ACADEMIA FERNANDA RIBEIRO	Senior Masculino	36:18	+06:02	03:38
19	1635	Filipe Luz	Nas Ideias Club	Senior Masculino	36:21	+06:05	03:38
20	231	Nuno Fernandes	Clube Atlético Macedo de Cavaleiros	Senior Masculino	36:31	+06:15	03:39
21	404	Diogo Canedo	grohe	Senior Masculino	36:35	+06:20	03:40
22	380	Márcio Faustino	GDR GRANJA TRUTAS DO MAU	Senior Masculino	36:41	+06:25	03:40
23	1810	Luís Pires	Sport Clube Beira-Mar	Senior Masculino	37:01	+06:46	03:42
24	1029	José Sá	Individual	Senior Masculino	37:18	+07:02	03:44
25	881	David Cardoso Madail	Individual	Senior Masculino	37:21	+07:06	03:44
26	1876	Nuno Santos	UNIDOS RUN TEAM / AS OLIVEIRINHAS	Senior Masculino	37:27	+07:12	03:45
27	123	Diogo Ramos	Barra Ocean Runners	Senior Masculino	37:31	+07:16	03:45
28	1179	Tiago Alves	Individual	Senior Masculino	37:39	+07:23	03:46
29	1172	Sérgio Pires	Individual	Senior Masculino	37:42	+07:26	03:46
30	847	António Fardilha	Individual	Senior Masculino	37:42	+07:27	03:46
31	1166	Santiago Miguel Graça Almeida	Individual	Senior Masculino	37:52	+07:36	03:47
32	943	Gonçalo Santos Circuncisão	Individual	Senior Masculino	37:56	+07:40	03:48
33	327	Cláudio Silva	FC Estrelas Susanenses	Senior Masculino	37:57	+07:41	03:48
34	1016	Jorge Reis	Individual	Senior Masculino	37:58	+07:42	03:48
35	948	Guilherme Casal	Individual	Senior Masculino	37:58	+07:43	03:48
36	1638	Leonardo Gil	Nas Ideias Club	Senior Masculino	38:12	+07:56	03:49
37	8	António Veiga	A.C.D. Os Ílhavos	Senior Masculino	38:22	+08:06	03:50
38	848	António José Araújo Ratola	Individual	Senior Masculino	38:23	+08:08	03:50
39	1180	Tiago Clemêncio Viegas	Individual	Senior Masculino	38:26	+08:11	03:51
40	1056	Manuel Fardilha	Individual	Senior Masculino	38:39	+08:23	03:52
41	892	Diogo Lopes	Individual	Senior Masculino	38:40	+08:24	03:52

Prova Principal

10 KM

OFFICIAL RESULT

131	840	André Santos	Individual	Senior Masculino	44:24	+14:08	04:26
132	957	Hugo Dias	Individual	Senior Masculino	44:29	+14:14	04:27
133	1815	Rodrigo Silva	Sport Clube de Freamunde	Senior Masculino	44:33	+14:18	04:27
134	1641	Márcio Soares	Nas Ideias Club	Senior Masculino	44:40	+14:24	04:28
135	155	bruno Verissimo	Cambra Runners	Senior Masculino	44:42	+14:26	04:28
136	57	Rodrigo Leite Correia	Altice Labs	Senior Masculino	44:44	+14:29	04:28
137	55	Mário Miguel Rosa Baltazar	Altice Labs	Senior Masculino	44:44	+14:29	04:28
138	1197	Vasco Silva	Individual	Senior Masculino	44:48	+14:32	04:29
139	127	João Conde	Barra Ocean Runners	Senior Masculino	44:48	+14:32	04:29
140	1127	Rafael Guerra	Individual	Senior Masculino	44:49	+14:34	04:29
141	838	André Oliveira	Individual	Senior Masculino	44:57	+14:42	04:30
142	1138	Ricardo Correia	Individual	Senior Masculino	44:58	+14:42	04:30
143	917	Fabio Costa	Individual	Senior Masculino	45:01	+14:46	04:30
144	1101	Pedro Alves	Individual	Senior Masculino	45:02	+14:47	04:30
145	965	Ivo Marcelino	Individual	Senior Masculino	45:14	+14:58	04:31
146	895	Diogo Marques Costa	Individual	Senior Masculino	45:14	+14:58	04:31
147	894	Diogo Lourenço	Individual	Senior Masculino	45:15	+14:59	04:31
148	1121	Pedro Sena	Individual	Senior Masculino	45:15	+15:00	04:32
149	1806	Francisco Ribeiro	Sozense Cycling&Trail- Corind/ Braga&Fernandes	Senior Masculino	45:17	+15:01	04:32
150	1633	António Pedro	Nas Ideias Club	Senior Masculino	45:22	+15:07	04:32
151	1049	Luís Ribeiro	Individual	Senior Masculino	45:22	+15:07	04:32
152	1672	EMANUEL ALMEIDA	Pantufas Voadoras	Senior Masculino	45:24	+15:08	04:32
153	228	Luis Santos	CLTT- Clínica Litoral Trail Team	Senior Masculino	45:27	+15:11	04:33
154	1009	Joaquim Santos	Individual	Senior Masculino	45:28	+15:12	04:33
155	1808	Xavier Rocha	Sozense Cycling&Trail- Corind/ Braga&Fernandes	Senior Masculino	45:40	+15:24	04:34
156	1639	Luís Rocha	Nas Ideias Club	Senior Masculino	45:47	+15:31	04:35
157	912	Emanuel Monteiro	Individual	Senior Masculino	45:47	+15:32	04:35
158	112	João Baldaia	Baldaia Running Team	Senior Masculino	45:47	+15:32	04:35
159	1004	João Simões	Individual	Senior Masculino	45:50	+15:34	04:35
160	860	Bruno Miguel Quaresma Faria	Individual	Senior Masculino	45:50	+15:34	04:35
161	861	Bruno Novera	Individual	Senior Masculino	45:51	+15:35	04:35
162	109	Tiago Pimentel	Bai Bagos	Senior Masculino	45:52	+15:36	04:35
163	1117	Pedro Pereira	Individual	Senior Masculino	45:52	+15:37	04:35
164	1859	Hugo Marques	Triangle's Runners	Senior Masculino	45:55	+15:40	04:36
165	903	Diogo Vieira	Individual	Senior Masculino	45:57	+15:41	04:36
166	967	JHONNY EURRESTA	Individual	Senior Masculino	45:59	+15:43	04:36
167	268	Rafael Fernandes	COSTA NOVA RUNCLUB	Senior Masculino	46:01	+15:45	04:36
168	1097	Óscar Mendes	Individual	Senior Masculino	46:02	+15:47	04:36
169	1732	Guilherme Lopes	PRIO	Senior Masculino	46:03	+15:48	04:36
170	1063	Marco Fonseca	Individual	Senior Masculino	46:05	+15:49	04:36
171	959	Hugo Martins	Individual	Senior Masculino	46:12	+15:57	04:37
172	1837	Filipe Pereira	TD Credito	Senior Masculino	46:15	+15:59	04:37
173	1894	Humberto Tua	WE RUN MSTN	Senior Masculino	46:16	+16:00	04:38
174	1173	Sérgio Tavares	Individual	Senior Masculino	46:17	+16:02	04:38
175	1137	Ricardo Cardoso	Individual	Senior Masculino	46:21	+16:06	04:38

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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176	1890	Carlos Capela	WE RUN MSTN	Senior Masculino	46:22	+16:07	04:38
177	1642	Nuno Galvanize	Nas Ideias Club	Senior Masculino	46:24	+16:09	04:38
178	1073	Mauricio Pedreiras	Individual	Senior Masculino	46:28	+16:13	04:39
179	1171	Sérgio Pato	Individual	Senior Masculino	46:36	+16:21	04:40
180	1027	José Ramos	Individual	Senior Masculino	46:38	+16:22	04:40
181	108	Rúben Gomes	Bai Bagos	Senior Masculino	46:39	+16:24	04:40
182	867	Carlos Coutinho	Individual	Senior Masculino	46:46	+16:31	04:41
183	264	José Rocha	Correr Fermelã ACADOF	Senior Masculino	46:48	+16:32	04:41
184	1048	Luís Pinho	Individual	Senior Masculino	47:01	+16:45	04:42
185	1106	Pedro Heleno	Individual	Senior Masculino	47:04	+16:48	04:42
186	1904	Luís Xavier	WeCanRun Aveiro	Senior Masculino	47:09	+16:53	04:43
187	1032	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	47:23	+17:08	04:44
188	1126	Rafael Gomes	Individual	Senior Masculino	47:26	+17:11	04:45
189	839	Andre Pinho	Individual	Senior Masculino	47:32	+17:17	04:45
190	1041	Luís Carlos Florindo Martins	Individual	Senior Masculino	47:32	+17:17	04:45
191	1160	Rui Pedro Marques Saraiva	Individual	Senior Masculino	47:34	+17:18	04:45
192	1081	Miguel Fontes	Individual	Senior Masculino	47:37	+17:21	04:46
193	129	Nuno Oliveira	Barra Ocean Runners	Senior Masculino	47:41	+17:26	04:46
194	1148	Roberto Santos	Individual	Senior Masculino	47:42	+17:27	04:46
195	885	David Quitério	Individual	Senior Masculino	47:48	+17:33	04:47
196	1087	Miguel Simões	Individual	Senior Masculino	47:55	+17:40	04:48
197	986	João Neves	Individual	Senior Masculino	48:03	+17:48	04:48
198	1017	José Afonso	Individual	Senior Masculino	48:06	+17:51	04:49
199	989	Joao Parracho	Individual	Senior Masculino	48:08	+17:53	04:49
200	921	Fabio Oliveira	Individual	Senior Masculino	48:11	+17:55	04:49
201	1677	Nuno Coelho	Pantufas Voadoras	Senior Masculino	48:11	+17:55	04:49
202	448	Francisco Martins	Hut Runners Aveiro	Senior Masculino	48:16	+18:00	04:50
203	855	Bernardo Pereira	Individual	Senior Masculino	48:17	+18:01	04:50
204	1034	Leandro Pinto	Individual	Senior Masculino	48:17	+18:01	04:50
205	949	Guilherme Domingues	Individual	Senior Masculino	48:24	+18:09	04:50
206	148	Pedro Espinheira	BipBip	Senior Masculino	48:36	+18:21	04:52
207	1860	João Gomes	Triangle's Runners	Senior Masculino	48:43	+18:27	04:52
208	934	Francisco Santos Oliveira	Individual	Senior Masculino	48:45	+18:30	04:53
209	1644	Ricardo Noronha	Nas Ideias Club	Senior Masculino	48:46	+18:31	04:53
210	1111	Pedro Miguel Gomes de Oliveira	Individual	Senior Masculino	48:47	+18:32	04:53
211	878	Danilo Santana	Individual	Senior Masculino	48:52	+18:36	04:53
212	914	Emanuel Tiago Santos Heleno	Individual	Senior Masculino	48:54	+18:39	04:53
213	1153	Rogério Castro Lima	Individual	Senior Masculino	48:55	+18:40	04:54
214	918	Fábio Figueiredo	Individual	Senior Masculino	48:55	+18:40	04:54
215	1115	Pedro Nogueira de Lemos Soares Lopes	Individual	Senior Masculino	48:56	+18:40	04:54
216	1709	Anacleto Lopes	PMSTUDIO	Senior Masculino	48:56	+18:41	04:54
217	1798	Rodrigo Monteiro	Run Club Vivagym	Senior Masculino	49:06	+18:51	04:55
218	182	Armindo Leonel Ribeiro Bastos	Civilria RunClub	Senior Masculino	49:08	+18:52	04:55
219	849	António Tebús	Individual	Senior Masculino	49:08	+18:52	04:55
220	122	Bryan Valério	Barra Ocean Runners	Senior Masculino	49:09	+18:53	04:55
221	889	Diogo Filipe Rufino Silva	Individual	Senior Masculino	49:10	+18:54	04:55

Official Timekeeper: Lap2Go	15 / 37	generate 28-jun.-2026 01:24
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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222	1110	Pedro Miguel Azevedo Pinto	Individual	Senior Masculino	49:16	+19:00	04:56
223	1181	Tiago Ferreira Bastos	Individual	Senior Masculino	49:18	+19:02	04:56
224	1645	Ricardo Rocha	Nas Ideias Club	Senior Masculino	49:28	+19:13	04:57
225	245	Diogo Maia	Clube dos Galitos	Senior Masculino	49:35	+19:19	04:57
226	859	Bruno Migueis Pereira Tavares	Individual	Senior Masculino	49:37	+19:21	04:58
227	857	Bernardo Tavares	Individual	Senior Masculino	49:43	+19:27	04:58
228	858	Bruno Ferreira	Individual	Senior Masculino	49:47	+19:32	04:59
229	1183	Tiago Miguel Ferreira Gomes Campanhe	Individual	Senior Masculino	49:48	+19:32	04:59
230	1021	José Fernandes	Individual	Senior Masculino	49:54	+19:38	04:59
231	1174	Simão Ferreira Simões	Individual	Senior Masculino	49:56	+19:40	05:00
232	1675	Miguel Gaspar	Pantufas Voadoras	Senior Masculino	49:57	+19:42	05:00
233	844	André Tavares Coelho	Individual	Senior Masculino	49:57	+19:42	05:00
234	845	André Tiago Silva Grilo	Individual	Senior Masculino	49:58	+19:43	05:00
235	1050	Luís Rocha	Individual	Senior Masculino	49:58	+19:43	05:00
236	1892	Eduardo Bispo	WE RUN MSTN	Senior Masculino	49:59	+19:44	05:00
237	1170	Sérgio Moreira	Individual	Senior Masculino	50:03	+19:47	05:00
238	342	Luís Santos	First Round	Senior Masculino	50:03	+19:47	05:00
239	1013	Jonathan José Bermudez de Almeida	Individual	Senior Masculino	50:06	+19:51	05:01
240	1156	Rúben Marques	Individual	Senior Masculino	50:08	+19:52	05:01
241	911	Élio Maia	Individual	Senior Masculino	50:08	+19:53	05:01
242	374	Diogo Crespo	Futuros Vizinhos	Senior Masculino	50:15	+20:00	05:02
243	23	Francisco Vieito	Adriazul	Senior Masculino	50:19	+20:03	05:02
244	1088	Nahuel Luis Rodriguez	Individual	Senior Masculino	50:20	+20:04	05:02
245	1731	Gonçalo Martins	PRIO	Senior Masculino	50:23	+20:08	05:02
246	1036	Leonardo Moço	Individual	Senior Masculino	50:25	+20:09	05:02
247	941	Gonçalo Salgueiro	Individual	Senior Masculino	50:26	+20:10	05:03
248	1855	Rafael Malta	Trepanelas/Prifer	Senior Masculino	50:27	+20:11	05:03
249	826	Alexandre Saraiva	Individual	Senior Masculino	50:31	+20:16	05:03
250	916	Fábio Correia	Individual	Senior Masculino	50:33	+20:18	05:03
251	1155	Ruben Lemos	Individual	Senior Masculino	50:34	+20:19	05:03
252	1870	Mickaël Marques	UNBRK RUN CLUB	Senior Masculino	50:35	+20:20	05:04
253	1105	Pedro Fonseca	Individual	Senior Masculino	50:35	+20:20	05:04
254	1144	Ricardo Roque	Individual	Senior Masculino	50:36	+20:20	05:04
255	1712	Pedro Maio	PMSTUDIO	Senior Masculino	50:36	+20:20	05:04
256	1011	Joel Henrique Rodrigues de Oliveira	Individual	Senior Masculino	50:41	+20:26	05:04
257	161	Miguel Santos	CASA DO POVO DE MANGUALDE	Senior Masculino	50:46	+20:31	05:05
258	1736	Ricardo Jorge Santos Silva	PRIO	Senior Masculino	50:56	+20:41	05:06
259	936	Frederico Saraiva Teixeira	Individual	Senior Masculino	50:56	+20:41	05:06
260	1807	João Loureiro	Sozense Cycling&Trail- Corind/ Braga&Fernandes	Senior Masculino	50:58	+20:42	05:06
261	131	Pedro Marquinhos	Barra Ocean Runners	Senior Masculino	50:58	+20:42	05:06
262	1047	Luís Pedro Preto Vicente	Individual	Senior Masculino	50:59	+20:44	05:06
263	862	Bruno Pinheiro	Individual	Senior Masculino	51:00	+20:44	05:06
264	106	Pedro Martins	Bai Bagos	Senior Masculino	51:05	+20:49	05:06
265	1059	Marcelo Silva	Individual	Senior Masculino	51:08	+20:52	05:07

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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266	424	DIOGO GARRIDO	Grow Runners Opticalia Aveiro Feira Ovar	Senior Masculino	51:10	+20:55	05:07
267	3837	Diego nascimento	Individual	Senior Masculino	51:11	+20:56	05:07
268	963	Hugo Simões	Individual	Senior Masculino	51:16	+21:00	05:08
269	910	Eduardo Seabra	Individual	Senior Masculino	51:23	+21:08	05:08
270	940	Gonçalo Miranda	Individual	Senior Masculino	51:24	+21:09	05:08
271	1643	Rafa Caprichoso	Nas Ideias Club	Senior Masculino	51:29	+21:13	05:09
272	920	Fábio Malheiro	Individual	Senior Masculino	51:37	+21:22	05:10
273	1082	Miguel Galrinho	Individual	Senior Masculino	51:38	+21:23	05:10
274	1149	Rodrigo Colhe	Individual	Senior Masculino	51:38	+21:23	05:10
275	819	Afonso Oliveira	Individual	Senior Masculino	51:40	+21:24	05:10
276	1857	Francisco Cordeiro	Triangle's Runners	Senior Masculino	51:40	+21:24	05:10
277	828	Alexandre Viegas de Oliveira	Individual	Senior Masculino	51:46	+21:30	05:11
278	1187	Tiago Ribeiro	Individual	Senior Masculino	51:47	+21:31	05:11
279	1061	Marco André Oliveira Ribeiro	Individual	Senior Masculino	51:49	+21:33	05:11
280	1661	Hugo Pintor	Osseloa	Senior Masculino	51:49	+21:34	05:11
281	1023	José Gonçalo Trindade	Individual	Senior Masculino	51:52	+21:36	05:11
282	935	Francisco Tavares	Individual	Senior Masculino	51:53	+21:37	05:11
283	1033	Leandro Ferreira	Individual	Senior Masculino	51:54	+21:38	05:11
284	1146	Ricardo Vasconcelos	Individual	Senior Masculino	51:56	+21:41	05:12
285	184	Elder de Oliveira Silva	Civilria RunClub	Senior Masculino	51:57	+21:42	05:12
286	1040	Luís Carlos	Individual	Senior Masculino	52:03	+21:48	05:12
287	1710	Bruno Santos	PMSTUDIO	Senior Masculino	52:03	+21:48	05:12
288	893	Diogo loureiro	Individual	Senior Masculino	52:08	+21:52	05:13
289	1773	Lucas Mariano	RIS 2048	Senior Masculino	52:08	+21:53	05:13
290	1735	Paulo André Gonçalves Lobo	PRIO	Senior Masculino	52:14	+21:59	05:13
291	1199	Vítor Hugo Pinto de Sousa	Individual	Senior Masculino	52:22	+22:06	05:14
292	1833	Gustavo Magalhães	Tartarugas do Asfalto	Senior Masculino	52:24	+22:08	05:14
293	1201	Vitor Rompange	Individual	Senior Masculino	52:29	+22:13	05:15
294	966	Jaime Ricardo Catarino*	Individual	Senior Masculino	52:29	+22:13	05:15
295	185	José João Pereira Duarte	Civilria RunClub	Senior Masculino	52:35	+22:20	05:16
296	188	Miguel Ângelo Pereira Duarte	Civilria RunClub	Senior Masculino	52:36	+22:20	05:16
297	962	Hugo Rodrigues	Individual	Senior Masculino	52:38	+22:23	05:16
298	1028	José Rodrigues	Individual	Senior Masculino	52:38	+22:23	05:16
299	1158	Rui Jesus	Individual	Senior Masculino	52:59	+22:43	05:18
300	1038	Lúcio Aires	Individual	Senior Masculino	53:03	+22:47	05:18
301	1089	Nelson Santos	Individual	Senior Masculino	53:12	+22:56	05:19
302	955	Henrique lamim	Individual	Senior Masculino	53:14	+22:58	05:19
303	1024	José Henriques	Individual	Senior Masculino	53:16	+23:00	05:20
304	1039	Luís Afonso	Individual	Senior Masculino	53:17	+23:01	05:20
305	1026	José Miguel Gonçalves	Individual	Senior Masculino	53:21	+23:05	05:20
306	1143	Ricardo Lopes	Individual	Senior Masculino	53:38	+23:22	05:22
307	1674	Ivo Silva	Pantufas Voadoras	Senior Masculino	53:39	+23:23	05:22
308	1043	Luis Malarmey Ribeiro de Almeida	Individual	Senior Masculino	53:40	+23:24	05:22
309	1861	Marco Santos	Triangle's Runners	Senior Masculino	53:41	+23:26	05:22
310	307	Guilherme Pedreira	Equipa Maravilha	Senior Masculino	53:44	+23:29	05:22
311	6	Tomás Ferreira Raimundo	3DOliveira	Senior Masculino	53:46	+23:31	05:23

Prova Principal

10 KM

OFFICIAL RESULT

312	405	João Gonçalves Afonso da Fonte	grohe	Senior Masculino	53:48	+23:32	05:23
313	904	Duarte Brito	Individual	Senior Masculino	53:49	+23:34	05:23
314	1159	Rui Miguel Laranjeira Tavares	Individual	Senior Masculino	53:52	+23:36	05:23
315	1814	Jaime Silva	Sport Clube de Freamunde	Senior Masculino	54:00	+23:44	05:24
316	1871	João Costa	União Recreativa Oliveirense	Senior Masculino	54:02	+23:47	05:24
317	1134	Renato Lima	Individual	Senior Masculino	54:03	+23:47	05:24
318	1069	Mário Costa	Individual	Senior Masculino	54:03	+23:48	05:24
319	909	Eduardo Pereira	Individual	Senior Masculino	54:05	+23:50	05:25
320	130	Nuno Paiva	Barra Ocean Runners	Senior Masculino	54:06	+23:50	05:25
321	316	Davide Morgado	Está bom, mas está lento	Senior Masculino	54:06	+23:51	05:25
322	1046	Luís Neves	Individual	Senior Masculino	54:11	+23:55	05:25
323	1002	João Santos	Individual	Senior Masculino	54:15	+23:59	05:25
324	1196	Vasco Rodrigues	Individual	Senior Masculino	54:19	+24:03	05:26
325	1147	Roberth Pereira	Individual	Senior Masculino	54:24	+24:09	05:26
326	834	Andre Filipe Ferreira Fernandes	Individual	Senior Masculino	54:38	+24:23	05:28
327	842	Andre Silva	Individual	Senior Masculino	54:42	+24:27	05:28
328	973	João Batista	Individual	Senior Masculino	54:45	+24:30	05:29
329	1671	Diogo Gonçalves Marques	Pantufas Voadoras	Senior Masculino	54:48	+24:32	05:29
330	1884	Filipe Mateus	Vouguinhas	Senior Masculino	54:54	+24:38	05:29
331	1195	Vasco Rafael	Individual	Senior Masculino	54:54	+24:38	05:29
332	1100	Pedro Aguiar	Individual	Senior Masculino	54:56	+24:41	05:30
333	1690	Marcelo Rangel	Peixinhos Fora de Água	Senior Masculino	55:00	+24:45	05:30
334	901	Diogo Santos	Individual	Senior Masculino	55:02	+24:47	05:30
335	42	André Rodrigues Almeida	Altice Labs	Senior Masculino	55:03	+24:48	05:30
336	344	Tiago Rendeiro	First Round	Senior Masculino	55:06	+24:51	05:31
337	41	Alexandre Gandarinho Simões	Altice Labs	Senior Masculino	55:08	+24:52	05:31
338	896	Diogo Mateus	Individual	Senior Masculino	55:08	+24:52	05:31
339	1846	Pedro Teixeira	Team Dartacão	Senior Masculino	55:13	+24:58	05:31
340	1730	Alexandre Emílio Costa	PRIO	Senior Masculino	55:14	+24:58	05:31
341	933	Francisco Pinto	Individual	Senior Masculino	55:27	+25:11	05:33
342	853	Bernardo De Francesco Barreto	Individual	Senior Masculino	55:30	+25:15	05:33
343	49	João Abílio da Silva Rodrigues	Altice Labs	Senior Masculino	55:34	+25:18	05:33
344	1065	Marco Matias	Individual	Senior Masculino	55:35	+25:20	05:34
345	978	João Duarte Pereira	Individual	Senior Masculino	55:36	+25:21	05:34
346	946	Guilherme Baptista	Individual	Senior Masculino	55:37	+25:21	05:34
347	883	David Costa	Individual	Senior Masculino	55:37	+25:22	05:34
348	1854	Marco Resende	Timon e Pumba	Senior Masculino	55:44	+25:29	05:34
349	343	Rafael Almeida	First Round	Senior Masculino	55:48	+25:32	05:35
350	1020	José Carvalho	Individual	Senior Masculino	55:55	+25:40	05:36
351	832	André Costa	Individual	Senior Masculino	55:59	+25:44	05:36
352	817	Abel Filho	Individual	Senior Masculino	56:03	+25:47	05:36
353	931	Filipe Ribeiro	Individual	Senior Masculino	56:04	+25:48	05:36
354	1165	Ryan Wehner	Individual	Senior Masculino	56:09	+25:53	05:37
355	267	Edgar Silva	COSTA NOVA RUNCLUB	Senior Masculino	56:10	+25:55	05:37
356	866	Bruno Xavier	Individual	Senior Masculino	56:20	+26:05	05:38
357	975	João Coelho	Individual	Senior Masculino	56:23	+26:07	05:38

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Prova Principal

10 KM

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OFFICIAL RESULT

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358	944	Gonçalo Teixeira	Individual	Senior Masculino	56:23	+26:08	05:38
359	854	Bernardo Patoilo	Individual	Senior Masculino	56:27	+26:12	05:39
360	126	Guilherme Martins	Barra Ocean Runners	Senior Masculino	56:28	+26:12	05:39
361	1142	Ricardo Jorge Nunes Santos	Individual	Senior Masculino	56:31	+26:15	05:39
362	923	Fábio Tavares Silva	Individual	Senior Masculino	56:33	+26:17	05:39
363	915	Enzo Cruz	Individual	Senior Masculino	56:33	+26:18	05:39
364	919	Fábio Gonçalves	Individual	Senior Masculino	56:34	+26:19	05:39
365	1068	Mário Caçoiló	Individual	Senior Masculino	56:47	+26:31	05:41
366	107	Rafael Morgado	Bai Bagos	Senior Masculino	56:50	+26:34	05:41
367	1008	João Victor Francisco Félix Vieira	Individual	Senior Masculino	56:53	+26:38	05:41
368	1131	Rafael Santos	Individual	Senior Masculino	57:00	+26:45	05:42
369	1018	José Baptista	Individual	Senior Masculino	57:02	+26:47	05:42
370	851	Bavieche Samgi	Individual	Senior Masculino	57:11	+26:55	05:43
371	1107	Pedro Jorge Alcaide Ferreira	Individual	Senior Masculino	57:20	+27:04	05:44
372	865	Bruno Vilarinho	Individual	Senior Masculino	57:20	+27:04	05:44
373	1828	JOEL JOSÉ GONZÁLEZ EURRESTA	Tainadas Run Team - Somengil	Senior Masculino	57:23	+27:07	05:44
374	891	Diogo Leigo Teixeira	Individual	Senior Masculino	57:33	+27:17	05:45
375	961	Hugo Riço	Individual	Senior Masculino	57:33	+27:17	05:45
376	988	João Neves	Individual	Senior Masculino	57:35	+27:19	05:45
377	993	João Pedro Rodrigues Carvalho	Individual	Senior Masculino	57:36	+27:20	05:46
378	1879	Bruno Marinho	VELOCIDADE FURIOSA	Senior Masculino	57:42	+27:27	05:46
379	1006	João Tavares	Individual	Senior Masculino	57:48	+27:33	05:47
380	1673	Guilherme Cardoso	Pantufas Voadoras	Senior Masculino	57:52	+27:37	05:47
381	190	Tiago Leitão	Civilria RunClub	Senior Masculino	57:53	+27:38	05:47
382	1169	Sergio Costa Rodrigues	Individual	Senior Masculino	58:02	+27:47	05:48
383	1893	Emanuel Silva	WE RUN MSTN	Senior Masculino	58:04	+27:49	05:48
384	1182	Tiago Lopes	Individual	Senior Masculino	58:19	+28:04	05:50
385	35	Joel Mariano	Alcance	Senior Masculino	58:24	+28:08	05:50
386	44	Bruno Rafael Graça Gameiro	Altice Labs	Senior Masculino	58:27	+28:11	05:51
387	180	Adeilson Silva	Civilria RunClub	Senior Masculino	58:28	+28:13	05:51
388	1005	João Soares	Individual	Senior Masculino	58:37	+28:21	05:52
389	402	Carlos Domingues	grohe	Senior Masculino	58:41	+28:26	05:52
390	996	João Pinho	Individual	Senior Masculino	58:46	+28:30	05:53
391	56	Miguel Calça Coelho	Altice Labs	Senior Masculino	58:58	+28:43	05:54
392	823	Alexandre Massarelli	Individual	Senior Masculino	58:59	+28:43	05:54
393	1102	Pedro Carlos	Individual	Senior Masculino	59:01	+28:46	05:54
394	981	João Ladeira	Individual	Senior Masculino	59:07	+28:51	05:55
395	104	Bernardo Leandro	Bai Bagos	Senior Masculino	59:22	+29:06	05:56
396	952	Guilherme Simões	Individual	Senior Masculino	59:29	+29:13	05:57
397	1177	Steve Alexis Martins Pires	Individual	Senior Masculino	59:31	+29:16	05:57
398	972	João Augusto Martins Carvalhas	Individual	Senior Masculino	59:35	+29:19	05:57
399	1015	Jorge Fuentes	Individual	Senior Masculino	59:44	+29:29	05:58
400	1711	João Soares	PMSTUDIO	Senior Masculino	59:46	+29:30	05:59
401	980	João Igor de Jesus Ornelas	Individual	Senior Masculino	59:46	+29:31	05:59
402	987	João Neves	Individual	Senior Masculino	59:49	+29:34	05:59
403	958	Hugo Filipe de Almeida Correia	Individual	Senior Masculino	59:57	+29:42	06:00

Prova Principal

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OFFICIAL RESULT

404	982	João Lucas	Individual	Senior Masculino	59:57	+29:42	06:00
405	1094	Nuno Machado	Individual	Senior Masculino	01:00:01	+29:46	06:00
406	1099	Paulo Pires	Individual	Senior Masculino	01:00:02	+29:46	06:00
407	907	Edgar Morais	Individual	Senior Masculino	01:00:02	+29:47	06:00
408	843	André Simão Campinos Ramos	Individual	Senior Masculino	01:00:13	+29:57	06:01
409	1098	Paulo Laranjeira	Individual	Senior Masculino	01:00:13	+29:58	06:01
410	29	Simão Pedro Figueira Lopes	ADSS	Senior Masculino	01:00:16	+30:00	06:02
411	884	David Marques	Individual	Senior Masculino	01:00:26	+30:10	06:03
412	928	Filipe Matos	Individual	Senior Masculino	01:00:35	+30:19	06:03
413	1072	Matteo Polo	Individual	Senior Masculino	01:00:43	+30:28	06:04
414	183	Carlos Almeida	Civilria RunClub	Senior Masculino	01:00:44	+30:28	06:04
415	1062	Marco Domingues	Individual	Senior Masculino	01:00:45	+30:30	06:05
416	1637	Joao Silva	Nas Ideias Club	Senior Masculino	01:00:48	+30:33	06:05
417	1132	Rafael simoes	Individual	Senior Masculino	01:00:51	+30:36	06:05
418	1188	Tiago Roque	Individual	Senior Masculino	01:00:56	+30:41	06:06
419	1079	Miguel Calado	Individual	Senior Masculino	01:01:16	+31:01	06:08
420	1092	Nuno David Freitas Matos	Individual	Senior Masculino	01:01:39	+31:24	06:10
421	1185	Tiago Rendeiro Carvalho	Individual	Senior Masculino	01:01:46	+31:31	06:11
422	990	João Paulo de Assunção Silva	Individual	Senior Masculino	01:01:48	+31:32	06:11
423	1191	Tomás Carvalho	Individual	Senior Masculino	01:01:51	+31:35	06:11
424	1124	Rafael Almeida Oliveira	Individual	Senior Masculino	01:01:54	+31:38	06:11
425	53	Mahsun Kortak	Altice Labs	Senior Masculino	01:02:06	+31:50	06:13
426	925	Fernando Baltazar	Individual	Senior Masculino	01:02:06	+31:50	06:13
427	187	Luis Cordeiro	Civilria RunClub	Senior Masculino	01:02:06	+31:51	06:13
428	1175	Simão Mariano	Individual	Senior Masculino	01:02:27	+32:12	06:15
429	822	Alexandre José do Amaral Resende	Individual	Senior Masculino	01:02:31	+32:16	06:15
430	1022	José Fernandes	Individual	Senior Masculino	01:02:31	+32:16	06:15
431	945	Gonçalo Trindade	Individual	Senior Masculino	01:02:39	+32:23	06:16
432	1189	Tiago Trindade	Individual	Senior Masculino	01:02:40	+32:24	06:16
433	898	Diogo Oliveira	Individual	Senior Masculino	01:02:42	+32:26	06:16
434	1076	MICAEL CASTRO	Individual	Senior Masculino	01:02:44	+32:29	06:16
435	882	David Cobileac	Individual	Senior Masculino	01:02:46	+32:30	06:17
436	1003	João Sardo	Individual	Senior Masculino	01:02:52	+32:37	06:17
437	872	Cristiano Pereira	Individual	Senior Masculino	01:03:21	+33:05	06:20
438	831	André Castanheira	Individual	Senior Masculino	01:03:48	+33:33	06:23
439	1719	Ricardo Costa	Power Runners Force	Senior Masculino	01:03:54	+33:38	06:23
440	888	Diogo Canhoto	Individual	Senior Masculino	01:04:09	+33:54	06:25
441	994	João Pereira	Individual	Senior Masculino	01:04:29	+34:14	06:27
442	1114	Pedro Neves	Individual	Senior Masculino	01:04:33	+34:17	06:27
443	825	Alexandre Reis	Individual	Senior Masculino	01:04:41	+34:25	06:28
444	1734	Marcelo Ramos	PRIO	Senior Masculino	01:04:43	+34:28	06:28
445	863	Bruno silva	Individual	Senior Masculino	01:04:44	+34:28	06:28
446	48	Gonçalo Silvestre Moniz	Altice Labs	Senior Masculino	01:04:47	+34:31	06:29
447	1078	Miguel Angelos dos Santos Ferreira	Individual	Senior Masculino	01:04:50	+34:34	06:29
448	1030	Josué Pinto	Individual	Senior Masculino	01:04:52	+34:36	06:29
449	1010	Joel Castro e Castelo	Individual	Senior Masculino	01:04:52	+34:37	06:29

Prova Principal

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OFFICIAL RESULT

496	837	André Moreira	Individual	Senior Masculino	01:11:48	+41:32	07:11
497	1140	Ricardo de Oliveira Alves	Individual	Senior Masculino	01:11:51	+41:35	07:11
498	1103	Pedro Carvalho	Individual	Senior Masculino	01:11:57	+41:42	07:12
499	95	Rui Sacchetti	Associação Distrital de Ténis de Mesa de Viseu	Senior Masculino	01:12:14	+41:58	07:13
500	94	Luciano Grácio	Associação Distrital de Ténis de Mesa de Viseu	Senior Masculino	01:12:15	+41:59	07:13
501	1794	Rui Gomes	Ruês	Senior Masculino	01:12:20	+42:04	07:14
502	1037	Lorhan Caldas	Individual	Senior Masculino	01:12:28	+42:13	07:15
503	913	Emanuel Silva	Individual	Senior Masculino	01:12:46	+42:31	07:17
504	991	João Pedro Correia Alves	Individual	Senior Masculino	01:13:17	+43:02	07:20
505	1163	Rui Soares Carneiro	Individual	Senior Masculino	01:13:29	+43:13	07:21
506	3836	Daniel Ferreira	Individual	Senior Masculino	01:13:30	+43:14	07:21
507	54	Mário Jorge Marques da Silva	Altice Labs	Senior Masculino	01:13:33	+43:17	07:21
508	1136	Ricardo Alves	Individual	Senior Masculino	01:14:57	+44:42	07:30
509	997	João Pinho	Individual	Senior Masculino	01:15:05	+44:50	07:31
510	947	Guilherme Botelho Pereira	Individual	Senior Masculino	01:16:21	+46:05	07:38
511	1157	Rui Almeida	Individual	Senior Masculino	01:16:31	+46:16	07:39
512	1053	Luís Simões	Individual	Senior Masculino	01:17:12	+46:56	07:43
513	833	André Filipe Caleiro Cruz	Individual	Senior Masculino	01:17:40	+47:25	07:46
514	821	Alexandre Fernandes Vieira	Individual	Senior Masculino	01:17:59	+47:43	07:48
515	1202	Wanderson Araújo	Individual	Senior Masculino	01:18:12	+47:56	07:49
516	375	Oscar Esteves	Futuros Vizinhos	Senior Masculino	01:18:12	+47:57	07:49
517	1200	Vitor Mallmann	Individual	Senior Masculino	01:18:20	+48:05	07:50
518	953	Gustavo Cortinhal	Individual	Senior Masculino	01:19:01	+48:45	07:54
519	850	Artur Rosa	Individual	Senior Masculino	01:19:10	+48:55	07:55
520	1055	Manuel Bravo	Individual	Senior Masculino	01:19:34	+49:19	07:57
521	1660	Alipio Estima	Osseloá	Senior Masculino	01:20:09	+49:53	08:01
522	1096	Nuno Silva Costa*	Individual	Senior Masculino	01:20:50	+50:35	08:05
523	1891	Cristiano Trindade	WE RUN MSTN	Senior Masculino	01:22:21	+52:05	08:14
524	147	Diogo Macedo	BipBip	Senior Masculino	01:22:41	+52:26	08:16
525	905	Duarte Graça	Individual	Senior Masculino	01:23:56	+53:41	08:24
526	1113	Pedro Monteiro	Individual	Senior Masculino	01:25:13	+54:57	08:31
527	926	Fernando Espadilha	Individual	Senior Masculino	01:27:30	+57:14	08:45
528	868	Carlos Miguel Santos	Individual	Senior Masculino	01:29:59	+59:44	09:00
529	1885	João Filipe Patela	Vouguinhas	Senior Masculino	01:39:33	+01:09:17	09:57

Veterana F40

1	260	Joana Nunes	Clube São Salvador do Campo	Veterana F40	37:07		03:43
2	1203	Elia Rodrigues	JOBRA	Veterana F40	40:42	+03:34	04:04
3	1817	Inês Mendes	Sport Clube de Freamunde	Veterana F40	41:31	+04:23	04:09
4	234	FLORBELA ARAUJO	Clube Atletismo de Ovar	Veterana F40	41:54	+04:46	04:11
5	1221	Elvira Correia	Individual	Veterana F40	44:06	+06:58	04:25
6	78	Helena Matos	Ameal Trail	Veterana F40	45:41	+08:33	04:34
7	286	DINORA BASTOS	DAR - Desportivo atlético de Recardães	Veterana F40	46:54	+09:46	04:41

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8	191	jacqueline fernandes	Civilria RunClub	Veterana F40	47:25	+10:17	04:45
9	415	Mariana Rocha	grohe	Veterana F40	47:33	+10:26	04:45
10	1228	Joana Macedo	Individual	Veterana F40	51:33	+14:25	05:09
11	1839	Raquel Lopes	TD Credito	Veterana F40	52:12	+15:05	05:13
12	1240	Marta Pereira	Individual	Veterana F40	52:27	+15:19	05:15
13	1245	Rafaela Pereira	Individual	Veterana F40	52:28	+15:20	05:15
14	1223	Helen Brache	Individual	Veterana F40	52:41	+15:33	05:16
15	1896	Isabel Neno	WE RUN MSTN	Veterana F40	52:58	+15:50	05:18
16	1253	Sara Gomes	Individual	Veterana F40	53:15	+16:08	05:20
17	1785	Diana Lopes	ROAD TO BH	Veterana F40	54:45	+17:38	05:29
18	1210	Anabela Lourenço	Individual	Veterana F40	55:14	+18:06	05:31
19	1211	Andréia da Cruz Ribeiro	Individual	Veterana F40	55:49	+18:41	05:35
20	31	Liliana Patrícia Lopes Pragana	Agora Vai...	Veterana F40	55:59	+18:51	05:36
21	150	Inês Machado	BORA TREINAR RUNNING CLUB	Veterana F40	56:03	+18:55	05:36
22	347	Patrícia Alexandra Pereira Mata	First Round	Veterana F40	56:28	+19:21	05:39
23	132	Carla Barbosa	Barra Ocean Runners	Veterana F40	56:40	+19:32	05:40
24	274	STEPHANIE rodrigues simoes	Cross Company	Veterana F40	57:32	+20:24	05:45
25	1209	Ana Sofia Montez	Individual	Veterana F40	57:47	+20:40	05:47
26	381	daniela cunha	GDR GRANJA TRUTAS DO MAU	Veterana F40	57:49	+20:42	05:47
27	1780	Julia Alves	RM Runners By Mira a Mexer	Veterana F40	57:57	+20:49	05:48
28	435	Diana Gavião	GRUPO DESPORTIVO DA GAFANHA	Veterana F40	58:12	+21:04	05:49
29	1258	Telma Francisco	Individual	Veterana F40	58:13	+21:05	05:49
30	1216	Cláudia Griné	Individual	Veterana F40	58:15	+21:07	05:49
31	100	Ana Luísa	Babalus	Veterana F40	58:31	+21:23	05:51
32	1239	Marta Nunes dos santos	Individual	Veterana F40	59:02	+21:54	05:54
33	1254	Sara Ratola	Individual	Veterana F40	59:05	+21:57	05:54
34	1249	Rocelis Marcelino	Individual	Veterana F40	59:05	+21:57	05:54
35	1215	Catarina Campos	Individual	Veterana F40	59:13	+22:05	05:55
36	348	Patrícia Silva	First Round	Veterana F40	59:23	+22:15	05:56
37	1208	Ana Santos	Individual	Veterana F40	59:33	+22:25	05:57
38	1220	Diana Carolina Santos Gonçalves	Individual	Veterana F40	01:00:14	+23:06	06:01
39	1795	Luzia de Fátima Ferreira Dias Soares	Run & Fun	Veterana F40	01:00:21	+23:13	06:02
40	1747	Vera Abreu	Prison D'Aveiro - Fugitives On The Run	Veterana F40	01:00:49	+23:41	06:05
41	1230	Juliana Correia Silva	Individual	Veterana F40	01:01:07	+23:59	06:07
42	1222	Filipa Paiva	Individual	Veterana F40	01:01:16	+24:08	06:08
43	1217	Daniela Ferreira	Individual	Veterana F40	01:01:25	+24:17	06:09
44	1224	Helena Isabel Rebelo Dias	Individual	Veterana F40	01:01:59	+24:51	06:12
45	1251	Salisa Moura	Individual	Veterana F40	01:02:12	+25:04	06:13
46	192	Maria Luísa Cruz Gandarez	Civilria RunClub	Veterana F40	01:02:24	+25:16	06:14
47	1226	Ines Santos	Individual	Veterana F40	01:02:39	+25:31	06:16
48	1257	Sonia Pires Bandeira	Individual	Veterana F40	01:02:46	+25:38	06:17
49	1250	Rosa Geraldo	Individual	Veterana F40	01:03:36	+26:28	06:22
50	1237	Margarida Fernandes	Individual	Veterana F40	01:04:22	+27:14	06:26
51	1252	Sandra Fernandes	Individual	Veterana F40	01:04:23	+27:16	06:26

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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52	1242	NATÁLIA MARIA SIMOES BARTOLOMEU	Individual	Veterana F40	01:04:27	+27:19	06:27
53	377	Ângela Espinha	Gazelas em Rosa Choque	Veterana F40	01:04:43	+27:36	06:28
54	414	Carina Jesus	grohe	Veterana F40	01:04:54	+27:46	06:29
55	1786	Inês Simões	ROAD TO BH	Veterana F40	01:05:13	+28:05	06:31
56	284	ANA CASTRO	DAR - Desportivo atlético de Recardães	Veterana F40	01:05:16	+28:08	06:32
57	285	DANI SANTOS	DAR - Desportivo atlético de Recardães	Veterana F40	01:05:17	+28:09	06:32
58	1213	Carla Ferreira	Individual	Veterana F40	01:05:32	+28:24	06:33
59	331	Paula Ferreira	Ferreira morgado	Veterana F40	01:05:33	+28:25	06:33
60	1247	Rita Almeida	Individual	Veterana F40	01:06:04	+28:56	06:36
61	1227	Jana Stefunkova	Individual	Veterana F40	01:06:24	+29:16	06:38
62	349	Vivalda Soraia Martins de Freitas	First Round	Veterana F40	01:06:46	+29:38	06:41
63	1259	Vânia Costa	Individual	Veterana F40	01:07:27	+30:19	06:45
64	413	Ana Luísa Laranjeira Ferreira Lindo	grohe	Veterana F40	01:07:33	+30:25	06:45
65	1235	Márcia Neves	Individual	Veterana F40	01:07:46	+30:38	06:47
66	1204	Ana Bonito	Individual	Veterana F40	01:07:52	+30:44	06:47
67	346	Cláudia Gonçalves	First Round	Veterana F40	01:07:53	+30:45	06:47
68	84	Sandra Jesus	Andril	Veterana F40	01:09:18	+32:10	06:56
69	1248	Rita Cordeiro	Individual	Veterana F40	01:10:05	+32:58	07:01
70	1233	Lucia Cândido	Sport Clube Beira-Mar	Veterana F40	01:10:17	+33:09	07:02
71	1229	Joana Tudela	Individual	Veterana F40	01:10:35	+33:27	07:03
72	1246	Renata Lopes	Individual	Veterana F40	01:11:23	+34:15	07:08
73	1219	Daniele Pimentel	Individual	Veterana F40	01:11:34	+34:26	07:09
74	369	Mónica Marques	Fresenius Kabi RUNNERS	Veterana F40	01:11:38	+34:31	07:10
75	297	Inês Castelhana	é_só_até_ali	Veterana F40	01:12:09	+35:01	07:13
76	1206	Ana João	Individual	Veterana F40	01:13:29	+36:22	07:21
77	1234	Marcia Jesus	Individual	Veterana F40	01:13:30	+36:22	07:21
78	303	TAIS SIQUEIRA	Equipa Flash	Veterana F40	01:13:47	+36:39	07:23
79	1738	Diana Patrícia dos Santos Castro Pinto	PRIO	Veterana F40	01:14:54	+37:47	07:29
80	1244	Olha Moreira	Individual	Veterana F40	01:15:02	+37:55	07:30
81	1214	Carla Sofia Almeida Santos	Individual	Veterana F40	01:15:10	+38:02	07:31
82	1212	Carina Alves	Individual	Veterana F40	01:17:35	+40:27	07:45
83	7	Monica Cruz	3Doliveira	Veterana F40	01:19:25	+42:17	07:56
84	1243	Neuza Cecilio	Individual	Veterana F40	01:21:35	+44:27	08:09
85	1256	Sónia Maria dos Santos Pereira	Individual	Veterana F40	01:22:19	+45:11	08:14

Veterana F45

1	1	Carla Martinho	Sport Clube Beira-Mar	Veterana F45	36:12		03:37
2	322	Carolina Pereira	FAST & FURIOUS	Veterana F45	44:53	+08:41	04:29
3	235	SARA COSTA	Clube Atletismo de Ovar	Veterana F45	45:11	+08:58	04:31
4	287	MARIBEL CARDOSO	DAR - Desportivo atlético de Recardães	Veterana F45	45:33	+09:21	04:33
5	416	Ana Marisa Fonseca Lopes	grohe	Veterana F45	46:21	+10:09	04:38
6	1284	Margarida Vidal	Individual	Veterana F45	47:26	+11:14	04:45

Official Timekeeper: Lap2Go	24 / 37	generate 28-jun.-2026 01:25
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Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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7	1282	Manuela Melo	Individual	Veterana F45	50:35	+14:23	05:04
8	1296	Sónia Oliveira	Individual	Veterana F45	52:10	+15:58	05:13
9	194	Sandrina Nóbrega Pereira	Civilria RunClub	Veterana F45	52:12	+16:00	05:13
10	355	Marisa Martins	First Round	Veterana F45	53:12	+17:00	05:19
11	353	Filipa Neves	First Round	Veterana F45	53:17	+17:05	05:20
12	350	Andreia Neves	First Round	Veterana F45	53:18	+17:05	05:20
13	277	Marisa Isabel Galante de Carvalho	Cross Company	Veterana F45	54:21	+18:08	05:26
14	1279	Liliana Ordaz	Individual	Veterana F45	54:49	+18:37	05:29
15	1277	Joana Tavares	Individual	Veterana F45	55:00	+18:48	05:30
16	298	Marisa Moreira	é_só_até_ali	Veterana F45	55:41	+19:29	05:34
17	275	Catarina sofia sousa Neves	Cross Company	Veterana F45	55:53	+19:41	05:35
18	1297	Susana Silva	Individual	Veterana F45	56:17	+20:05	05:38
19	323	Rita Carvalho	FAST & FURIOUS	Veterana F45	56:25	+20:13	05:38
20	1288	PAULA ROCHA	Individual	Veterana F45	56:46	+20:33	05:41
21	1291	SANDRA SANTOS	Individual	Veterana F45	56:49	+20:37	05:41
22	1292	Solange Silva	Individual	Veterana F45	56:50	+20:38	05:41
23	1293	Sónia Bola	Individual	Veterana F45	58:09	+21:57	05:49
24	1276	Joana Costa	Individual	Veterana F45	58:38	+22:26	05:52
25	1263	Antonio Jesus	Individual	Veterana F45	58:54	+22:42	05:53
26	1847	Maryna Skliar	Team Dartação	Veterana F45	58:55	+22:43	05:53
27	1834	Elsa Marta de Pinho Pereira da Silva	Tartarugas do Asfalto	Veterana F45	59:03	+22:51	05:54
28	1781	Cristina Gonçalo	RM Runners By Mira a Mexer	Veterana F45	59:26	+23:14	05:57
29	1787	Vera Rocha	ROAD TO BH	Veterana F45	59:33	+23:20	05:57
30	1294	Sonia Loureiro	Individual	Veterana F45	59:42	+23:30	05:58
31	352	Catarina Marques	First Round	Veterana F45	01:00:05	+23:52	06:00
32	1604	Daniela Oliveira	Kirchhoff Running Team	Veterana F45	01:00:07	+23:55	06:01
33	1278	Liliana Maria Marques Camões	Individual	Veterana F45	01:00:24	+24:12	06:02
34	1283	Marcia Marques	Individual	Veterana F45	01:00:30	+24:18	06:03
35	1826	Susana Ganito	Swimming runners	Veterana F45	01:00:52	+24:40	06:05
36	60	Mónica Alexandra Ribeiro Carvalho Neves	Altice Labs	Veterana F45	01:01:03	+24:51	06:06
37	1275	Joana Caçador	Individual	Veterana F45	01:01:10	+24:58	06:07
38	1299	Teresa De Pinho	Individual	Veterana F45	01:01:32	+25:20	06:09
39	351	Carla Salomé Marques Ferreira	First Round	Veterana F45	01:01:54	+25:42	06:11
40	134	Micaela Farias	Barra Ocean Runners	Veterana F45	01:02:22	+26:10	06:14
41	133	Ana Catarina Pinheiro	Barra Ocean Runners	Veterana F45	01:02:22	+26:10	06:14
42	1262	Andreia Roque	Individual	Veterana F45	01:02:27	+26:15	06:15
43	449	Cláudia Negrão	Hut Runners Aveiro	Veterana F45	01:03:15	+27:02	06:19
44	1271	Daniela Maria Silva Gonçalves	Individual	Veterana F45	01:03:40	+27:28	06:22
45	1272	Elisa Manuela Martins Cunha	Individual	Veterana F45	01:03:50	+27:38	06:23
46	1694	Vera Olinda Moreira Alves	Peregrinas	Veterana F45	01:04:16	+28:04	06:26
47	193	Dina Loureiro Mendes	Civilria RunClub	Veterana F45	01:04:19	+28:07	06:26
48	1287	Mónica Ferreira	Individual	Veterana F45	01:06:00	+29:48	06:36
49	276	Margarida Ferreira	Cross Company	Veterana F45	01:06:02	+29:50	06:36
50	356	Rita Gaspar	First Round	Veterana F45	01:06:16	+30:04	06:38
51	354	Linda Freitas	First Round	Veterana F45	01:06:46	+30:34	06:41
52	1266	Carla Nogueira	Individual	Veterana F45	01:07:45	+31:33	06:47

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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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53	1261	Andrea Vale	Individual	Veterana F45	01:09:15	+33:03	06:55
54	1300	Vera Leite	Individual	Veterana F45	01:09:43	+33:31	06:58
55	1265	Bruna Jaqueline Mendes Martins Barbosa	Individual	Veterana F45	01:09:50	+33:37	06:59
56	308	Isabel Neves	Equipa Maravilha	Veterana F45	01:10:08	+33:56	07:01
57	1273	Elisabete Ribeiro	Individual	Veterana F45	01:10:38	+34:26	07:04
58	1841	Sónia Ferreira	TD Credito	Veterana F45	01:10:39	+34:27	07:04
59	1286	Marta Oliveira	Individual	Veterana F45	01:11:46	+35:34	07:11
60	59	Marta Filipa Jorge dos Santos	Altice Labs	Veterana F45	01:12:52	+36:40	07:17
61	1280	Linda Nunes	Individual	Veterana F45	01:14:49	+38:36	07:29
62	1281	Lucília Queiros	Individual	Veterana F45	01:15:10	+38:58	07:31
63	1285	Marisa Samuel	Individual	Veterana F45	01:15:14	+39:02	07:31
64	1830	Diana Domingues	Tainadas Run Team - Somengil	Veterana F45	01:15:39	+39:26	07:34
65	1264	Áurea Almeida	Individual	Veterana F45	01:18:35	+42:23	07:52
66	1866	Rita Nércio	Turtle Runners	Veterana F45	01:19:07	+42:55	07:55
67	1274	Filomena Macedo	Individual	Veterana F45	01:19:43	+43:31	07:58
68	1267	Carmen Rodrigues	Individual	Veterana F45	01:23:58	+47:46	08:24
69	1301	Vera Martins	Individual	Veterana F45	01:23:58	+47:46	08:24
70	319	Maria de Fátima Bartolomeu Simões	Family Top	Veterana F45	01:24:34	+48:22	08:27

Veterana F50

1	1310	Deonilde Costa	Individual	Veterana F50	42:16		04:14
2	383	Tila Pina	GDR GRANJA TRUTAS DO MAU	Veterana F50	46:26	+04:09	04:39
3	382	Isabel Oliveira	GDR GRANJA TRUTAS DO MAU	Veterana F50	48:09	+05:53	04:49
4	1759	Paula Cristina dos Santos Silva	Reumáticos & Etc	Veterana F50	50:18	+08:02	05:02
5	394	Sandra vieira	GRECAS - Vagos	Veterana F50	51:02	+08:46	05:06
6	1842	Maria Elisabete Pereira Rodrigues	TD Credito	Veterana F50	52:13	+09:56	05:13
7	1304	Ana Rodrigues	Individual	Veterana F50	52:37	+10:21	05:16
8	1872	Tina Albuquerque	União Recreativa Oliveirense	Veterana F50	54:47	+12:31	05:29
9	1306	Beatriz Barciela	Individual	Veterana F50	54:48	+12:32	05:29
10	195	Mafalda Sofia da Silva Mateus	Civilria RunClub	Veterana F50	56:18	+14:02	05:38
11	1314	Luiza Manuel Valério	Individual	Veterana F50	56:20	+14:04	05:38
12	1761	Virgínia Oliveira Fernandes	Reumáticos & Etc	Veterana F50	57:17	+15:00	05:44
13	418	Arminda dos Anjos Fernandes Afonso	grohe	Veterana F50	57:46	+15:30	05:47
14	1782	Sandra Costa	RM Runners By Mira a Mexer	Veterana F50	59:26	+17:10	05:57
15	1305	Andreia Santos	Individual	Veterana F50	59:53	+17:37	05:59
16	1316	Natália Capitão	Individual	Veterana F50	01:00:33	+18:17	06:03
17	196	maria joão almeida	Civilria RunClub	Veterana F50	01:00:56	+18:39	06:06
18	1309	Cláudia Almeida	Individual	Veterana F50	01:01:48	+19:32	06:11
19	417	Aida Maria Estanqueiro	grohe	Veterana F50	01:03:16	+21:00	06:20
20	1760	Paula Pinto	Reumáticos & Etc	Veterana F50	01:06:41	+24:25	06:40
21	1615	Carla Claudino	Mário Ferreira	Veterana F50	01:11:30	+29:14	07:09
22	24	Ana Vitória Neves	Adriazul	Veterana F50	01:12:56	+30:40	07:18
23	1320	Sónia Sousa	Individual	Veterana F50	01:13:16	+31:00	07:20
24	21	Maria Eugenia Abreu	ADR "O Relâmpago"	Veterana F50	01:13:21	+31:05	07:20

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Prova Principal

10 KM

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OFFICIAL RESULT

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128	1416	Pedro Paiva	Individual	Veterano M40	01:08:56	+37:57	06:54
129	1438	Vagner Marques	Individual	Veterano M40	01:10:38	+39:38	07:04
130	62	João Tiago Rodrigues dos Santos Guerrinha	Altice Labs	Veterano M40	01:11:09	+40:10	07:07
131	1363	Daniel Pinheiro	Individual	Veterano M40	01:11:23	+40:24	07:08
132	1365	Ebenézer Wilson Pimentel dos Santos	Individual	Veterano M40	01:11:35	+40:35	07:09
133	1402	Mauro Santos	Individual	Veterano M40	01:12:39	+41:39	07:16
134	87	Luís Almeida	ARCO RUNNING TEAM	Veterano M40	01:14:41	+43:41	07:28
135	420	Nuno Miguel	grohe	Veterano M40	01:17:13	+46:13	07:43
136	1391	João Silva	Individual	Veterano M40	01:18:36	+47:36	07:52
137	61	Gonçalo Álvaro Ferreira Rodrigues	Altice Labs	Veterano M40	01:19:33	+48:33	07:57
138	1377	Henrique Almeida	Individual	Veterano M40	01:19:43	+48:43	07:58
139	66	Pedro Emanuel Rego Gonçalves	Altice Labs	Veterano M40	01:21:34	+50:34	08:09
140	65	Pedro Antero Nunes de Sousa Pires Carvalhido	Altice Labs	Veterano M40	01:22:15	+51:15	08:13
141	1366	Elias Anavarro	Individual	Veterano M40	01:24:01	+53:02	08:24
142	1740	Hugo Filipe Brandão Resende	PRIIO	Veterano M40	01:26:55	+55:56	08:42
143	304	Raul Siqueira	Equipa Flash	Veterano M40	01:28:07	+57:07	08:49
144	1405	Nuno Aido	Individual	Veterano M40	01:28:22	+57:23	08:50

Veterano M45

1	318	Mark Macedo	F.C.Penafiel	Veterano M45	35:03		03:30
2	236	LUIS SILVA	Clube Atletismo de Ovar	Veterano M45	36:12	+01:09	03:37
3	259	Gonçalo Pereira	Clube dos Galitos	Veterano M45	36:28	+01:24	03:39
4	290	NUNO CORREIA	DAR - Desportivo atlético de Recardães	Veterano M45	36:30	+01:26	03:39
5	422	Jorge Manuel Matos dos Santos	grohe	Veterano M45	37:53	+02:49	03:47
6	289	DAVIDE SILVA	DAR - Desportivo atlético de Recardães	Veterano M45	38:32	+03:28	03:51
7	1474	João Paulo Dias	Individual	Veterano M45	38:43	+03:40	03:52
8	1478	Jorge Costa	Individual	Veterano M45	39:25	+04:21	03:56
9	1469	Helder Costa	Individual	Veterano M45	39:25	+04:21	03:56
10	139	Ricardo Vicente	Barra Ocean Runners	Veterano M45	39:45	+04:41	03:58
11	237	RUI COSTA	Clube Atletismo de Ovar	Veterano M45	40:52	+05:49	04:05
12	1651	José Almeida	NAVR	Veterano M45	40:58	+05:54	04:06
13	1501	Pedro Marcelino	Individual	Veterano M45	41:05	+06:01	04:07
14	1498	Pedro Canha	Individual	Veterano M45	41:12	+06:08	04:07
15	1511	Rui DIOGO	Individual	Veterano M45	41:19	+06:15	04:08
16	14	Luis Dias	A.D.Fermentelos/ Bike Riders	Veterano M45	41:19	+06:15	04:08
17	68	Andre Filipe Nobre Lopes de Almeida	Altice Labs	Veterano M45	41:30	+06:27	04:09
18	1851	Miguel Azevedo	Team El Comandante	Veterano M45	41:35	+06:31	04:10
19	5	Joao Carlos da Cunha Silva	20vercorrer	Veterano M45	41:54	+06:50	04:11
20	1475	João Paulo Pereira Fernandes	Individual	Veterano M45	42:11	+07:07	04:13
21	1503	Pedro Óscar	Individual	Veterano M45	42:27	+07:23	04:15
22	257	Daniel Espinhal	Clube dos Galitos	Veterano M45	42:37	+07:33	04:16
23	1443	André Nova	Individual	Veterano M45	42:40	+07:36	04:16

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

49	1553	Carlos Cunha	Individual	Veterano M55	01:23:53	+48:12	08:23
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Veterano M60

1	241	MARIO VAZ	Clube Atletismo de Ovar	Veterano M60	38:45		03:52
2	1594	Mario Carvalho	Individual	Veterano M60	40:59	+02:14	04:06
3	434	Manuel Machado	GRUPO DESPORTIVO ASSEMPARK	Veterano M60	41:25	+02:40	04:09
4	1596	Paulo Dias	Individual	Veterano M60	43:33	+04:48	04:21
5	1591	Juvenal Magueta	Individual	Veterano M60	44:51	+06:05	04:29
6	433	José Campos	GRUPO DESPORTIVO ASSEMPARK	Veterano M60	46:08	+07:22	04:37
7	1590	José Alberto Pereira Monteiro	Individual	Veterano M60	47:14	+08:28	04:43
8	1598	PEDRO ROCHA	Individual	Veterano M60	48:08	+09:23	04:49
9	1593	Manuel Oliveira	Individual	Veterano M60	48:10	+09:25	04:49
10	240	Joaquim Silva Costa Costa Costa	Clube Atletismo de Ovar	Veterano M60	49:05	+10:20	04:55
11	388	Joaquim Almeida	GDR GRANJA TRUTAS DO MAU	Veterano M60	49:43	+10:58	04:58
12	390	Adérito Curto	Gira Sol	Veterano M60	50:23	+11:37	05:02
13	1812	José Matos	Sport Clube Beira-Mar	Veterano M60	50:48	+12:03	05:05
14	1874	João Costa	União Recreativa Oliveirense	Veterano M60	51:06	+12:21	05:07
15	1582	Antonio Álvaro Alves Pinhal Aluai	Individual	Veterano M60	51:45	+13:00	05:11
16	1585	Arménio Neves	Individual	Veterano M60	52:34	+13:49	05:15
17	1588	João Sardo	Individual	Veterano M60	54:16	+15:31	05:26
18	225	Gonçalo Alves	Civilria RunClub	Veterano M60	55:00	+16:14	05:30
19	1584	António Marques	Individual	Veterano M60	55:06	+16:21	05:31
20	1580	Abílio Manuel Borges	Individual	Veterano M60	55:54	+17:09	05:35
21	1587	João Maltez Capelôa	Individual	Veterano M60	57:26	+18:41	05:45
22	1752	Almerindo Ferreira	R G Levanta Poeira	Veterano M60	57:28	+18:43	05:45
23	98	EURICO INOCÊNCIO	Athlon Runners	Veterano M60	57:58	+19:12	05:48
24	1592	Luis Afonso Araujo Pina	Individual	Veterano M60	58:10	+19:25	05:49
25	1595	Mario Vilarinho	Individual	Veterano M60	58:25	+19:40	05:51
26	163	Carlos Almeida	CASA DO POVO DE MANGUALDE	Veterano M60	59:16	+20:31	05:56
27	397	Hélder Rodrigues	GRECAS - Vagos	Veterano M60	01:00:16	+21:31	06:02
28	1581	ALEXANDRE MOREIRA CYSNE	Individual	Veterano M60	01:00:36	+21:51	06:04
29	226	Luís Manuel Domingos Patrício	Civilria RunClub	Veterano M60	01:01:42	+22:57	06:10
30	3835	João Olvalho	Individual	Veterano M60	01:02:16	+23:30	06:14
31	227	Paulo Alexandre Almeida Caetano	Civilria RunClub	Veterano M60	01:02:24	+23:39	06:14
32	1597	pedro figueiredo	Individual	Veterano M60	01:12:42	+33:56	07:16
33	1589	João Trindade Paião Senos	Individual	Veterano M60	01:24:05	+45:20	08:25

