

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

MASTER F35-40 - STAGE 1 — 6,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	12:00	16,3ºC	94%
End	12:52	16,3ºC	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1847	Joseline Santos	RUNTEJO	26:35		04:13	
2	1579	Vanessa Sousa	CAM-VC	27:40	+01:05	04:24	
3	1794	Elia Rodrigues	JOBRA	27:51	+01:16	04:25	
4	1559	Liliana Silva	ARCAA	28:09	+01:34	04:28	
5	1511	Tânia Cruz	ACRSD	28:24	+01:49	04:30	
6	1801	Suse Silva	JOBRA	28:43	+02:08	04:34	
7	1685	Susana Vilela	CSRDCS	28:56	+02:21	04:36	
8	1507	Carla Almeida	ACRSD	29:03	+02:28	04:37	
9	1884	Andreia Bessa	UDV	29:29	+02:54	04:41	
10	1806	Daniela Mendes	MCVC	29:42	+03:07	04:43	
11	1856	Rita Rosa	RUNTEJO	29:47	+03:12	04:44	
12	1849	Mafalda Moniz	RUNTEJO	30:11	+03:36	04:47	
13	1566	Inês Mendes	CAF-SCF	30:29	+03:54	04:50	
14	1586	Lígia Santos	CAO	30:40	+04:05	04:52	
15	1721	Catarina Lopes	GCB	30:49	+04:14	04:53	
16	1804	Tânia Silva	LFC-F	31:02	+04:27	04:56	
17	1663	Joana Grácio	CPRAB	31:13	+04:38	04:57	
18	1795	Esmeralda Soares	JOBRA	31:14	+04:39	04:58	
19	1711	Marta Oliveira	FCPF	31:18	+04:43	04:58	
20	1772	Fátima Veiga	GJVP	31:52	+05:17	05:04	
21	1583	Florbela Araújo	CAO	32:13	+05:38	05:07	
22	1604	Susana Alemão	CASJ	32:22	+05:47	05:08	
23	1775	Marlene Puga	GJVP	32:51	+06:16	05:13	
24	1626	Patrícia Azevedo	CDP	32:55	+06:20	05:13	
25	1536	Natacha Ribeirinho	AJL	33:05	+06:30	05:15	
26	1625	Maria Costa	CDP	33:08	+06:33	05:16	
27	1687	Tania Pinto	DEST	33:45	+07:10	05:21	
28	1679	Cláudia Pereira	CSRDCS	35:43	+09:08	05:40	
29	1720	Ana Ribeiro	GCB	36:38	+10:03	05:49	
30	1672	Andreia Silva	CSGAIA	38:03	+11:28	06:02	
31	1842	Sandra Souto	RUNRIVER	39:00	+12:25	06:11	
32	1753	Susana Louro	GDRCU	41:14	+14:39	06:33	
33	1683	Marlene Dias	CSRDCS	46:45	+20:10	07:25	

Obs

BIB	NOTE	NAME	TEAM

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master F35-40

6,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	12:00	16,3ºC	94%
End	12:52	16,3ºC	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Veterana F35							
1	1579	Vanessa Sousa	CAM-VC	Veterana F35	27:40		04:24
2	1801	Suse Silva	JOBRA	Veterana F35	28:43	+01:03	04:34
3	1507	Carla Almeida	ACRSD	Veterana F35	29:03	+01:22	04:37
4	1884	Andreia Bessa	UDV	Veterana F35	29:29	+01:49	04:41
5	1806	Daniela Mendes	MCVC	Veterana F35	29:42	+02:01	04:43
6	1721	Catarina Lopes	GCB	Veterana F35	30:49	+03:08	04:53
7	1804	Tânia Silva	LFC-F	Veterana F35	31:02	+03:21	04:56
8	1711	Marta Oliveira	FCPF	Veterana F35	31:18	+03:37	04:58
9	1772	Fátima Veiga	GJVP	Veterana F35	31:52	+04:12	05:04
10	1604	Susana Alemão	CASJ	Veterana F35	32:22	+04:42	05:08
11	1536	Natacha Ribeirinho	AJL	Veterana F35	33:05	+05:24	05:15
12	1687	Tania Pinto	DEST	Veterana F35	33:45	+06:05	05:21
Veterana F40							
1	1847	Joseline Santos	RUNTEJO	Veterana F40	26:35		04:13
2	1794	Elia Rodrigues	JOBRA	Veterana F40	27:51	+01:16	04:25
3	1559	Liliana Silva	ARCAA	Veterana F40	28:09	+01:34	04:28
4	1511	Tânia Cruz	ACRSD	Veterana F40	28:24	+01:49	04:30
5	1685	Susana Vilela	CSRDCS	Veterana F40	28:56	+02:21	04:36
6	1856	Rita Rosa	RUNTEJO	Veterana F40	29:47	+03:12	04:44
7	1849	Mafalda Moniz	RUNTEJO	Veterana F40	30:11	+03:36	04:47
8	1566	Inês Mendes	CAF-SCF	Veterana F40	30:29	+03:54	04:50
9	1586	Lígia Santos	CAO	Veterana F40	30:40	+04:05	04:52
10	1663	Joana Grácio	CPRAB	Veterana F40	31:13	+04:38	04:57
11	1795	Esmeralda Soares	JOBRA	Veterana F40	31:14	+04:39	04:58
12	1583	Florbela Araújo	CAO	Veterana F40	32:13	+05:38	05:07
13	1775	Marlene Puga	GJVP	Veterana F40	32:51	+06:16	05:13
14	1626	Patrícia Azevedo	CDP	Veterana F40	32:55	+06:20	05:13
15	1625	Maria Costa	CDP	Veterana F40	33:08	+06:33	05:16
16	1679	Cláudia Pereira	CSRDCS	Veterana F40	35:43	+09:08	05:40
17	1720	Ana Ribeiro	GCB	Veterana F40	36:38	+10:03	05:49
18	1672	Andreia Silva	CSGAIA	Veterana F40	38:03	+11:28	06:02
19	1842	Sandra Souto	RUNRIVER	Veterana F40	39:00	+12:25	06:11
20	1753	Susana Louro	GDRCU	Veterana F40	41:14	+14:39	06:33
21	1683	Marlene Dias	CSRDCS	Veterana F40	46:45	+20:10	07:25

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

MASTER M34-40 - STAGE 1

7,59 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	12:50	16,3ºC	95%
End	13:38	16,3ºC	95%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1752	Filipe Rosa	GDRCU	27:01		03:34	
2	1900	Bruno Silva	VIZELA	27:40	+00:39	03:39	
3	1901	Carlos Costa	VIZELA	27:44	+00:43	03:39	
4	1742	Luís Mendes	GDCG	28:12	+01:11	03:43	
5	1746	Tiago Costa	GDCG	28:31	+01:30	03:45	
6	1712	Tiago Pereira	FCPF	28:45	+01:44	03:47	
7	1560	Fernando Lemos	ARLVG	29:15	+02:14	03:51	
8	1908	Miguel Ribeiro	VIZELA	29:26	+02:25	03:53	
9	1512	Tiago Graça	ACRSD	29:29	+02:28	03:53	
10	1642	Cristiano Ribeiro	CDSSC	29:37	+02:36	03:54	
11	1506	António Silva	ACRSD	29:41	+02:40	03:55	
12	1591	Sérgio Paiva	CAO	29:44	+02:43	03:55	
13	1597	António Rodrigues	CAS	29:48	+02:47	03:56	
14	1533	Paulo Morais	AFR F	29:58	+02:57	03:57	
15	1744	Pedro Cerdeirinha	GDCG	30:02	+03:01	03:57	
16	1855	Ricardo Madeira	RUNTEJO	30:14	+03:13	03:59	
17	1681	Fábio Barbosa	CSRDCS	30:27	+03:26	04:01	
18	1620	Américo Moreira	CDP	30:31	+03:30	04:01	
19	1715	Jaime Gonçalves	FCV	30:34	+03:33	04:02	
20	1537	Vasco Damásio	AJL	30:41	+03:40	04:02	
21	1639	Bruno Cunha	CDSSC	30:42	+03:41	04:03	
22	1739	Jorge Cubal	GDCG	30:47	+03:46	04:03	
23	1576	Luciano Faria	CAM-VC	30:51	+03:50	04:04	
24	1573	Carlos Monteiro	CAM-VC	30:51	+03:50	04:04	
25	1714	Raul Ferreira	FCPS	31:07	+04:06	04:06	
26	1784	Vicente Julião	GRECAS	31:15	+04:14	04:07	
27	1732	Nuno Quitério	GCB	31:32	+04:31	04:09	
28	1779	Fábio Abrantes	GRE-AA	31:32	+04:31	04:09	
29	1584	Janik Lima	CAO	31:52	+04:51	04:12	
30	1765	Ricardo Belinha	GDSPO	32:01	+05:00	04:13	
31	1677	Bruno Jesus	CSRDCS	32:10	+05:09	04:14	
32	1601	Tiago Correia	CAS	32:16	+05:15	04:15	
33	1571	Tiago Pinto	CAF-SCF	32:24	+05:23	04:16	
34	1508	Marco Marques	ACRSD	32:29	+05:28	04:17	
35	1578	Sérgio Carmo	CAM-VC	32:36	+05:35	04:18	
36	1695	João Costa	EDL	32:42	+05:41	04:18	
37	1616	Paulo Gomes	CDCNAV	32:57	+05:56	04:21	
38	1617	Tiago Maia	CDCNAV	32:58	+05:57	04:21	
39	1565	André Pinto	CAF-SCF	33:12	+06:11	04:22	
40	1622	Bruno Moreira	CDP	33:27	+06:26	04:24	
41	1519	Hélder Pinto	ADCCJC	33:27	+06:26	04:24	
42	1653	Nicolás Roth	CFB	33:29	+06:28	04:25	

MASTER M34-40 - STAGE 1 — 7,59 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1644	Hélder Silva	CDSSC	33:35	+06:34	04:26	
44	1810	Vítor Pereira	NAZA	33:40	+06:39	04:26	
45	1716	Bruno Silva	GAUB	33:48	+06:47	04:27	
46	1909	Paulo Martins	VIZELA	33:56	+06:55	04:28	
47	1609	Nuno Albergaria	CCSJM	34:00	+06:59	04:29	
48	1618	José Bernardo	CDFE	34:00	+06:59	04:29	
49	1910	Pedro Costa	VIZELA	34:02	+07:01	04:29	
50	1876	Sofiane Baraka	SCS	34:02	+07:01	04:29	
51	1777	Sérgio Lima	GJVP	34:06	+07:05	04:30	
52	1534	Pedro Cardoso	AFR F	34:08	+07:07	04:30	
53	1596	André Jordão	CAS	34:08	+07:07	04:30	
54	1734	André Adriano	GDCG	34:12	+07:11	04:30	
55	1538	David Martins	AMVE	34:22	+07:21	04:32	
56	1808	Manuel Mascarenhas	NAZA	34:29	+07:28	04:33	
57	1826	Ricardo Silva	NPCAD	34:36	+07:35	04:34	
58	1828	Sérgio Rodrigues	NPCAD	34:37	+07:36	04:34	
59	1713	Vítor Coelho	FCPF	34:42	+07:41	04:34	
60	1581	Daniel Peixoto	CAO	34:53	+07:52	04:36	
61	1874	Pedro Luís	SCS	35:02	+08:01	04:37	
62	1696	Luís Dantas	EDL	35:12	+08:11	04:38	
63	1768	Davide Fernandes	GJVP	35:33	+08:32	04:41	
64	1686	Paulo Carvalho	DEST	35:37	+08:36	04:42	
65	1503	Daniel Flórido	AAC	35:42	+08:41	04:42	
66	1691	Mário Crujeira	EAT	36:11	+09:10	04:46	
67	1878	Paulo Costa	SSCMO	36:16	+09:15	04:47	
68	1838	Eduardo Brandão	RUNRIVER	36:16	+09:15	04:47	
69	1568	Marco Cunha	CAF-SCF	36:56	+09:55	04:52	
70	1694	David Frazão	EDL	37:04	+10:03	04:53	
71	1864	Carlos Gomes	SCS	37:10	+10:09	04:54	
72	1637	Márcio Azevedo	CDSC	37:22	+10:21	04:55	
73	1799	Marcelo Fonseca	JOBRA	37:34	+10:33	04:57	
74	1767	André Maciel	GJVP	37:58	+10:57	05:00	
75	1664	Joel Gomes	CPRAB	38:05	+11:04	05:01	
76	1577	Pedro Almendra	CAM-VC	38:27	+11:26	05:04	
77	1502	Rui Ferreira	365 RP	39:01	+12:00	05:08	
78	1862	André Nunes	SCS	39:35	+12:34	05:13	
79	1841	Raul Silva	RUNRIVER	39:36	+12:35	05:13	
80	2008	Vítor Lopes	CDSSC	40:07	+13:06	05:17	
81	1866	Daniel Amaral	SCS	40:27	+13:26	05:20	
82	1702	Bruno Caetano	FCPF	40:41	+13:40	05:22	
83	1802	Ramiro Costa	LFC-F	41:55	+14:54	05:31	
84	1678	Carlos Ferreira	CSRDCS	43:59	+16:58	05:48	
85	1883	Nuno Soares	SSTSJM	48:49	+21:48	06:26	

Obs

MASTER M34-40 - STAGE 1 — 7,59 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

BIB	NOTE	NAME	TEAM
1567	DNF	Luís Afonso	CAF-SCF



Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master M34-40

7,59 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	12:50	16,3ºC	95%
End	13:38	16,3ºC	95%

Veterano M35

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1742	Luís Mendes	GDCG	Veterano M35	28:12		03:43
2	1746	Tiago Costa	GDCG	Veterano M35	28:31	+00:18	03:45
3	1908	Miguel Ribeiro	VIZELA	Veterano M35	29:26	+01:14	03:53
4	1512	Tiago Graça	ACRSD	Veterano M35	29:29	+01:16	03:53
5	1642	Cristiano Ribeiro	CDSSC	Veterano M35	29:37	+01:24	03:54
6	1506	António Silva	ACRSD	Veterano M35	29:41	+01:29	03:55
7	1591	Sérgio Paiva	CAO	Veterano M35	29:44	+01:31	03:55
8	1597	António Rodrigues	CAS	Veterano M35	29:48	+01:35	03:56
9	1681	Fábio Barbosa	CSRDCS	Veterano M35	30:27	+02:14	04:01
10	1620	Américo Moreira	CDP	Veterano M35	30:31	+02:18	04:01
11	1537	Vasco Damásio	AJL	Veterano M35	30:41	+02:28	04:02
12	1639	Bruno Cunha	CDSSC	Veterano M35	30:42	+02:29	04:03
13	1739	Jorge Cubal	GDCG	Veterano M35	30:47	+02:34	04:03
14	1576	Luciano Faria	CAM-VC	Veterano M35	30:51	+02:38	04:04
15	1573	Carlos Monteiro	CAM-VC	Veterano M35	30:51	+02:39	04:04
16	1784	Vicente Julião	GRECAS	Veterano M35	31:15	+03:03	04:07
17	1779	Fábio Abrantes	GRE-AA	Veterano M35	31:32	+03:19	04:09
18	1571	Tiago Pinto	CAF-SCF	Veterano M35	32:24	+04:12	04:16
19	1578	Sérgio Carmo	CAM-VC	Veterano M35	32:36	+04:23	04:18
20	1616	Paulo Gomes	CDCNAV	Veterano M35	32:57	+04:45	04:21
21	1617	Tiago Maia	CDCNAV	Veterano M35	32:58	+04:45	04:21
22	1810	Vítor Pereira	NAZA	Veterano M35	33:40	+05:28	04:26
23	1716	Bruno Silva	GAUB	Veterano M35	33:48	+05:36	04:27
24	1910	Pedro Costa	VIZELA	Veterano M35	34:02	+05:49	04:29
25	1876	Sofiane Baraka	SCS	Veterano M35	34:02	+05:49	04:29
26	1534	Pedro Cardoso	AFR F	Veterano M35	34:08	+05:55	04:30
27	1596	André Jordão	CAS	Veterano M35	34:08	+05:55	04:30
28	1691	Mário Crujeira	EAT	Veterano M35	36:11	+07:58	04:46
29	1664	Joel Gomes	CPRAB	Veterano M35	38:05	+09:53	05:01
30	1577	Pedro Almendra	CAM-VC	Veterano M35	38:27	+10:14	05:04
31	1502	Rui Ferreira	365 RP	Veterano M35	39:01	+10:49	05:08
32	1862	André Nunes	SCS	Veterano M35	39:35	+11:22	05:13
33	2008	Vítor Lopes	CDSSC	Veterano M35	40:07	+11:54	05:17
34	1702	Bruno Caetano	FCPF	Veterano M35	40:41	+12:28	05:22
35	1678	Carlos Ferreira	CSRDCS	Veterano M35	43:59	+15:47	05:48

Veterano M40

1	1752	Filipe Rosa	GDRCU	Veterano M40	27:01		03:34

Master M34-40

7,59 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	1900	Bruno Silva	VIZELA	Veterano M40	27:40	+00:38	03:39
3	1901	Carlos Costa	VIZELA	Veterano M40	27:44	+00:42	03:39
4	1712	Tiago Pereira	FCPF	Veterano M40	28:45	+01:43	03:47
5	1560	Fernando Lemos	ARLVG	Veterano M40	29:15	+02:13	03:51
6	1533	Paulo Morais	AFR F	Veterano M40	29:58	+02:56	03:57
7	1744	Pedro Cerdeirinha	GDCG	Veterano M40	30:02	+03:00	03:57
8	1855	Ricardo Madeira	RUNTEJO	Veterano M40	30:14	+03:12	03:59
9	1715	Jaime Gonçalves	FCV	Veterano M40	30:34	+03:32	04:02
10	1714	Raul Ferreira	FCPS	Veterano M40	31:07	+04:05	04:06
11	1732	Nuno Quitério	GCB	Veterano M40	31:32	+04:30	04:09
12	1584	Janik Lima	CAO	Veterano M40	31:52	+04:50	04:12
13	1765	Ricardo Belinha	GDSPO	Veterano M40	32:01	+04:59	04:13
14	1677	Bruno Jesus	CSRDCS	Veterano M40	32:10	+05:08	04:14
15	1601	Tiago Correia	CAS	Veterano M40	32:16	+05:14	04:15
16	1508	Marco Marques	ACRSD	Veterano M40	32:29	+05:27	04:17
17	1695	João Costa	EDL	Veterano M40	32:42	+05:40	04:18
18	1565	André Pinto	CAF-SCF	Veterano M40	33:12	+06:10	04:22
19	1622	Bruno Moreira	CDP	Veterano M40	33:27	+06:25	04:24
20	1519	Hélder Pinto	ADCCJC	Veterano M40	33:27	+06:25	04:24
21	1653	Nicolás Roth	CFB	Veterano M40	33:29	+06:27	04:25
22	1644	Hélder Silva	CDSSC	Veterano M40	33:35	+06:33	04:26
23	1909	Paulo Martins	VIZELA	Veterano M40	33:56	+06:54	04:28
24	1609	Nuno Albergaria	CCSJM	Veterano M40	34:00	+06:58	04:29
25	1618	José Bernardo	CDFE	Veterano M40	34:00	+06:58	04:29
26	1777	Sérgio Lima	GJVP	Veterano M40	34:06	+07:04	04:30
27	1734	André Adriano	GDCG	Veterano M40	34:12	+07:10	04:30
28	1538	David Martins	AMVE	Veterano M40	34:22	+07:20	04:32
29	1808	Manuel Mascarenhas	NAZA	Veterano M40	34:29	+07:27	04:33
30	1826	Ricardo Silva	NPCAD	Veterano M40	34:36	+07:34	04:34
31	1828	Sérgio Rodrigues	NPCAD	Veterano M40	34:37	+07:35	04:34
32	1713	Vítor Coelho	FCPF	Veterano M40	34:42	+07:41	04:34
33	1581	Daniel Peixoto	CAO	Veterano M40	34:53	+07:51	04:36
34	1874	Pedro Luís	SCS	Veterano M40	35:02	+08:00	04:37
35	1696	Luís Dantas	EDL	Veterano M40	35:12	+08:10	04:38
36	1768	Davide Fernandes	GJVP	Veterano M40	35:33	+08:31	04:41
37	1686	Paulo Carvalho	DEST	Veterano M40	35:37	+08:36	04:42
38	1503	Daniel Flórido	AAC	Veterano M40	35:42	+08:40	04:42
39	1878	Paulo Costa	SSCMO	Veterano M40	36:16	+09:14	04:47
40	1838	Eduardo Brandão	RUNRIVER	Veterano M40	36:16	+09:14	04:47
41	1568	Marco Cunha	CAF-SCF	Veterano M40	36:56	+09:54	04:52
42	1694	David Frazão	EDL	Veterano M40	37:04	+10:02	04:53
43	1864	Carlos Gomes	SCS	Veterano M40	37:10	+10:08	04:54
44	1637	Márcio Azevedo	CDSC	Veterano M40	37:22	+10:20	04:55
45	1799	Marcelo Fonseca	JOBRA	Veterano M40	37:34	+10:32	04:57
46	1767	André Maciel	GJVP	Veterano M40	37:58	+10:56	05:00
47	1841	Raul Silva	RUNRIVER	Veterano M40	39:36	+12:34	05:13

Master M34-40

7,59 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

48	1866	Daniel Amaral	SCS	Veterano M40	40:27	+13:25	05:20
49	1802	Ramiro Costa	LFC-F	Veterano M40	41:55	+14:53	05:31
50	1883	Nuno Soares	SSTSJM	Veterano M40	48:49	+21:47	06:26

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

MASTER F45-50 - STAGE 1

4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	13:40	17,3ºC	94%
End	14:25	17,3ºC	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1888	Estela Melo	UDV	19:41		04:15	
2	1781	Clarisse Cruz	GRECAS	21:44	+02:03	04:42	
3	1745	Sandra Ferreira	GDCG	21:54	+02:13	04:44	
4	1504	Paula Costa	ACDAV	22:02	+02:21	04:45	
5	1510	Sabina Neca	ACRSD	22:22	+02:41	04:50	
6	1557	Célia Alves	ARC-EAC	22:35	+02:54	04:53	
7	1867	Elisabete Nunes	SCS	23:20	+03:39	05:02	
8	1778	Sónia Machado	GM1DQ	23:59	+04:18	05:11	
9	1854	Paula Fernandes	RUNTEJO	24:23	+04:42	05:16	
10	1818	Liliana Gonçalves	NBA	24:32	+04:51	05:18	
11	1543	Elsa Miranda	ANE	24:36	+04:55	05:19	
12	1749	Anjos Moreira	GDD	24:55	+05:14	05:23	
13	1766	Andreia Branco	GJVP	25:04	+05:23	05:25	
14	1724	Inês Neto	GCB	25:22	+05:41	05:29	
15	1793	Arlete Santos	JOBRA	25:39	+05:58	05:32	
16	1623	Conceição Santos	CDP	25:50	+06:09	05:35	
17	1807	Regina Gilvaz	NAC	26:02	+06:21	05:37	
18	1875	Sara Soares	SCS	26:17	+06:36	05:40	
19	1757	Isabel Oliveira	GDRG	26:21	+06:40	05:42	
20	1688	Augusta Rodrigues	DP-VC	26:52	+07:11	05:48	
21	1540	Antónia Jordão	ANE	27:00	+07:19	05:50	
22	1727	Luísa Moreira	GCB	27:03	+07:22	05:51	
23	1846	Cláudia Borralho	RUNTEJO	27:10	+07:29	05:52	
24	1517	Susana Martins	ACRVC	27:37	+07:56	05:58	
25	1770	Fátima Barros	GJVP	27:51	+08:10	06:01	
26	1627	Ana Amaro	CDRAU	28:02	+08:21	06:03	
27	1805	Céu Fernandes	LPSC	28:07	+08:26	06:04	
28	1733	Sandra Figueiredo	GCB	28:27	+08:46	06:09	
29	1539	Ana Rosário	ANE	28:58	+09:17	06:15	
30	1835	Vera Ferreira	NSCPM	30:49	+11:08	06:39	
31	2005	Susana Oliveira	CPTBC	31:18	+11:37	06:46	
32	1873	Marta Luz	SCS	31:38	+11:57	06:50	
33	1833	Maria Vidal	NSCPM	32:18	+12:37	06:58	
34	1831	Catarina Fontinha	NSCPM	45:06	+25:25	09:44	

Obs

BIB	NOTE	NAME	TEAM

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master F45-50

4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	13:40	17,3ºC	94%
End	14:25	17,3ºC	94%

Veterana F45

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1781	Clarisse Cruz	GRECAS	Veterana F45	21:44		04:42
2	1745	Sandra Ferreira	GDCG	Veterana F45	21:54	+00:10	04:44
3	1504	Paula Costa	ACDAV	Veterana F45	22:02	+00:17	04:45
4	1557	Célia Alves	ARC-EAC	Veterana F45	22:35	+00:51	04:53
5	1778	Sónia Machado	GM1DQ	Veterana F45	23:59	+02:15	05:11
6	1854	Paula Fernandes	RUNTEJO	Veterana F45	24:23	+02:38	05:16
7	1818	Liliana Gonçalves	NBA	Veterana F45	24:32	+02:47	05:18
8	1543	Elsa Miranda	ANE	Veterana F45	24:36	+02:52	05:19
9	1766	Andreia Branco	GJVP	Veterana F45	25:04	+03:19	05:25
10	1724	Inês Neto	GCB	Veterana F45	25:22	+03:38	05:29
11	1793	Arlete Santos	JOBRA	Veterana F45	25:39	+03:55	05:32
12	1623	Conceição Santos	CDP	Veterana F45	25:50	+04:06	05:35
13	1875	Sara Soares	SCS	Veterana F45	26:17	+04:32	05:40
14	1540	Antónia Jordão	ANE	Veterana F45	27:00	+05:16	05:50
15	1770	Fátima Barros	GJVP	Veterana F45	27:51	+06:07	06:01
16	1805	Céu Fernandes	LPSC	Veterana F45	28:07	+06:23	06:04
17	1835	Vera Ferreira	NSCPM	Veterana F45	30:49	+09:05	06:39
18	1873	Marta Luz	SCS	Veterana F45	31:38	+09:54	06:50
19	1833	Maria Vidal	NSCPM	Veterana F45	32:18	+10:33	06:58
20	1831	Catarina Fontinha	NSCPM	Veterana F45	45:06	+23:21	09:44

Veterana F50

1	1888	Estela Melo	UDV	Veterana F50	19:41		04:15
2	1510	Sabina Neca	ACRSD	Veterana F50	22:22	+02:41	04:50
3	1867	Elisabete Nunes	SCS	Veterana F50	23:20	+03:39	05:02
4	1749	Anjos Moreira	GDD	Veterana F50	24:55	+05:13	05:23
5	1807	Regina Gilvaz	NAC	Veterana F50	26:02	+06:21	05:37
6	1757	Isabel Oliveira	GDRG	Veterana F50	26:21	+06:40	05:42
7	1688	Augusta Rodrigues	DP-VC	Veterana F50	26:52	+07:11	05:48
8	1727	Luísa Moreira	GCB	Veterana F50	27:03	+07:22	05:51
9	1846	Cláudia Borralho	RUNTEJO	Veterana F50	27:10	+07:28	05:52
10	1517	Susana Martins	ACRVC	Veterana F50	27:37	+07:56	05:58
11	1627	Ana Amaro	CDRAU	Veterana F50	28:02	+08:21	06:03
12	1733	Sandra Figueiredo	GCB	Veterana F50	28:27	+08:45	06:09
13	1539	Ana Rosário	ANE	Veterana F50	28:58	+09:17	06:15
14	2005	Susana Oliveira	CPTBC	Veterana F50	31:18	+11:37	06:46

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master F45-50

4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

MASTER M45-50 - STAGE 1 — 6,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	14:20	17,3ºC	92%
End	15:02	17,3ºC	92%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1748	Vítor Oliveira	GDCG	22:12		03:31	
2	1650	Rui Pedro Silva	CDSSC	22:53	+00:41	03:38	
3	1558	José C Moreira	ARC-EAC	22:57	+00:45	03:39	
4	1792	Mário Fonseca	JIV	23:00	+00:48	03:39	
5	1782	Nuno Miguel Costa	GRECAS	23:04	+00:52	03:40	
6	1743	Paulo Gomes	GDCG	23:09	+00:57	03:40	
7	1845	Carlos Tiago	RUNTEJO	23:35	+01:23	03:45	
8	1848	Luís Pinto	RUNTEJO	23:39	+01:27	03:45	
9	1610	César Miranda	CDCNAV	23:41	+01:29	03:46	
10	1894	Marco Ferreira	UDV	24:03	+01:51	03:49	
11	1853	Nuno Carrasqueiro	RUNTEJO	24:10	+01:58	03:50	
12	1754	Vítor Dinis	GDRCU	24:16	+02:04	03:51	
13	1736	António José Castro	GDCG	24:19	+02:07	03:52	
14	1738	Artur Rodrigues	GDCG	24:22	+02:10	03:52	
15	1907	Marco Correia	VIZELA	24:35	+02:23	03:54	
16	1587	Luís Silva	CAO	24:48	+02:36	03:56	
17	1670	Sérgio Junqueira	CPRAB	25:06	+02:54	03:59	
18	1911	Pedro Maravilhas	VIZELA	25:09	+02:57	04:00	
19	1718	Joel Couto	GAUB	25:23	+03:11	04:02	
20	1501	Marco Faria	365 RP	25:31	+03:19	04:03	
21	1773	Fernando Grilo	GJVP	25:46	+03:34	04:05	
22	1693	Sérgio Sousa	EAT	26:10	+03:58	04:09	
23	1709	Manuel Bessa	FCPF	26:21	+04:09	04:11	
24	1785	Bruno Ferreira	IFC	26:24	+04:12	04:11	
25	1820	Ramiro Ribeiro	NBA	26:25	+04:13	04:12	
26	1532	Paulo Gomes	AFR F	26:26	+04:14	04:12	
27	1717	Hugo Horta	GAUB	26:36	+04:24	04:13	
28	1600	Mário Cardoso	CAS	26:38	+04:26	04:14	
29	1704	João Amorim	FCPF	26:47	+04:35	04:15	
30	1619	Vitor Carvalho	CDFE	26:49	+04:37	04:15	
31	1629	Elias Gonçalves	CDRAU	27:15	+05:03	04:20	
32	1660	André Veloso	CPRAB	27:23	+05:11	04:21	
33	1710	Mark Macedo	FCPF	27:30	+05:18	04:22	
34	1582	Dinis Batista	CAO	27:31	+05:19	04:22	
35	1521	Igor Tchemaguine	ADNO	27:40	+05:28	04:24	
36	1730	Mário Saraiva	GCB	27:49	+05:37	04:25	
37	1641	Carlos Monteiro	CDSSC	27:52	+05:40	04:25	
38	1763	Armando Bastos	GDSPO	28:20	+06:08	04:30	
39	1755	António Lourenço	GDRG	28:24	+06:12	04:30	
40	1890	Filipe G Leite	UDV	28:25	+06:13	04:31	
41	1513	António Francisco	ACRVC	28:33	+06:21	04:32	
42	1651	Sílvio Guimarães	CDSSC	28:35	+06:23	04:32	

MASTER M45-50 - STAGE 1 — 6,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1840	Jorge Vieira	RUNRIVER	28:40	+06:28	04:33	
44	1680	Daniel Pinto	CSRDCS	28:43	+06:31	04:34	
45	1758	João Paulo Monteiro	GDRG	28:59	+06:47	04:36	
46	1572	Hélder Pereira	CAFZZ	29:11	+06:59	04:38	
47	1865	Carlos Lopes	SCS	29:23	+07:11	04:40	
48	1549	Mário Boucinha	ANE	29:28	+07:16	04:41	
49	1649	Miguel Neves	CDSSC	29:46	+07:34	04:44	
50	1613	José Ribeiro	CDCNAV	29:55	+07:43	04:45	
51	2003	Augusto Ferreira	CPTBC	30:00	+07:48	04:46	
52	1816	Leandro Queirós	NBA	30:02	+07:50	04:46	
53	1871	Marco Pereira	SCS	30:06	+07:54	04:47	
54	1839	Hélio Videira	RUNRIVER	30:23	+08:11	04:49	
55	1803	Ricardo Oliveira	LFC-F	30:30	+08:18	04:50	
56	1585	José Pinto	CAO	30:44	+08:32	04:53	
57	1541	António Mouro	ANE	30:48	+08:36	04:53	
58	1800	Pedro Oliveira	JOBRA	30:52	+08:40	04:54	
59	1814	João Fontão	NBA	31:05	+08:53	04:56	
60	1832	Jorge Formiga	NSCPM	33:12	+11:00	05:16	
61	1823	Jóice Jesus	NPCAD	33:47	+11:35	05:22	
62	1631	José Miguel Amaro	CDRAU	33:57	+11:45	05:23	
63	1594	Nuno Monteiro	CAOV	35:19	+13:07	05:36	
64	1656	António Miranda	CFOD	35:47	+13:35	05:41	
65	1700	Ricardo Ferreira	FCES	36:14	+14:02	05:45	
66	1556	Rui Neves	ARAC	36:39	+14:27	05:49	
67	1774	João Cerqueira	GJVP	37:31	+15:19	05:57	
68	1682	Hugo Neto	CSRDCS	37:52	+15:40	06:01	
69	1659	Joel Tomé	COP	41:03	+18:51	06:31	

Obs

BIB	NOTE	NAME	TEAM
1524	DQ	Hélder Ferreira	ADTL
1598	DQ	Filipe Fraga	CAS
1647	DQ	Jorge Campos	CDSSC
1797	DQ	José Ferreira	JOBRA
1589	DNF	Pedro Silva	CAO
1726	DNF	Jorge Pires	GCB

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master M45-50

6,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	14:20	17,3ºC	92%
End	15:02	17,3ºC	92%

Veterano M45

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1748	Vítor Oliveira	GDCG	Veterano M45	22:12		03:31
2	1650	Rui Pedro Silva	CDSSC	Veterano M45	22:53	+00:40	03:38
3	1558	José C Moreira	ARC-EAC	Veterano M45	22:57	+00:44	03:39
4	1792	Mário Fonseca	JIV	Veterano M45	23:00	+00:48	03:39
5	1782	Nuno Miguel Costa	GRECAS	Veterano M45	23:04	+00:52	03:40
6	1845	Carlos Tiago	RUNTEJO	Veterano M45	23:35	+01:22	03:45
7	1610	César Miranda	CDCNAV	Veterano M45	23:41	+01:29	03:46
8	1736	António José Castro	GDCG	Veterano M45	24:19	+02:06	03:52
9	1907	Marco Correia	VIZELA	Veterano M45	24:35	+02:23	03:54
10	1587	Luís Silva	CAO	Veterano M45	24:48	+02:35	03:56
11	1670	Sérgio Junqueira	CPRAB	Veterano M45	25:06	+02:53	03:59
12	1911	Pedro Maravilhas	VIZELA	Veterano M45	25:09	+02:57	04:00
13	1718	Joel Couto	GAUB	Veterano M45	25:23	+03:10	04:02
14	1709	Manuel Bessa	FCPF	Veterano M45	26:21	+04:08	04:11
15	1820	Ramiro Ribeiro	NBA	Veterano M45	26:25	+04:13	04:12
16	1532	Paulo Gomes	AFR F	Veterano M45	26:26	+04:14	04:12
17	1717	Hugo Horta	GAUB	Veterano M45	26:36	+04:23	04:13
18	1629	Elias Gonçalves	CDRAU	Veterano M45	27:15	+05:03	04:20
19	1660	André Veloso	CPRAB	Veterano M45	27:23	+05:10	04:21
20	1710	Mark Macedo	FCPF	Veterano M45	27:30	+05:17	04:22
21	1730	Mário Saraiva	GCB	Veterano M45	27:49	+05:36	04:25
22	1840	Jorge Vieira	RUNRIVER	Veterano M45	28:40	+06:27	04:33
23	1680	Daniel Pinto	CSRDCS	Veterano M45	28:43	+06:30	04:34
24	1572	Hélder Pereira	CAFZZ	Veterano M45	29:11	+06:59	04:38
25	1871	Marco Pereira	SCS	Veterano M45	30:06	+07:53	04:47
26	1839	Hélio Videira	RUNRIVER	Veterano M45	30:23	+08:10	04:49
27	1803	Ricardo Oliveira	LFC-F	Veterano M45	30:30	+08:17	04:50
28	1800	Pedro Oliveira	JOBRA	Veterano M45	30:52	+08:40	04:54
29	1814	João Fontão	NBA	Veterano M45	31:05	+08:53	04:56
30	1594	Nuno Monteiro	CAOV	Veterano M45	35:19	+13:06	05:36
31	1700	Ricardo Ferreira	FCES	Veterano M45	36:14	+14:01	05:45
32	1682	Hugo Neto	CSRDCS	Veterano M45	37:52	+15:39	06:01

Veterano M50

1	1743	Paulo Gomes	GDCG	Veterano M50	23:09		03:40
2	1848	Luís Pinto	RUNTEJO	Veterano M50	23:39	+00:30	03:45
3	1894	Marco Ferreira	UDV	Veterano M50	24:03	+00:54	03:49
4	1853	Nuno Carrasqueiro	RUNTEJO	Veterano M50	24:10	+01:01	03:50

Master M45-50

6,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	1754	Vítor Dinis	GDRCU	Veterano M50	24:16	+01:07	03:51
6	1738	Artur Rodrigues	GDCG	Veterano M50	24:22	+01:12	03:52
7	1501	Marco Faria	365 RP	Veterano M50	25:31	+02:21	04:03
8	1773	Fernando Grilo	GJVP	Veterano M50	25:46	+02:37	04:05
9	1693	Sérgio Sousa	EAT	Veterano M50	26:10	+03:01	04:09
10	1785	Bruno Ferreira	IFC	Veterano M50	26:24	+03:15	04:11
11	1600	Mário Cardoso	CAS	Veterano M50	26:38	+03:28	04:14
12	1704	João Amorim	FCPF	Veterano M50	26:47	+03:37	04:15
13	1619	Vitor Carvalho	CDFE	Veterano M50	26:49	+03:40	04:15
14	1582	Dinis Batista	CAO	Veterano M50	27:31	+04:22	04:22
15	1521	Igor Tchemaguine	ADNO	Veterano M50	27:40	+04:31	04:24
16	1641	Carlos Monteiro	CDSSC	Veterano M50	27:52	+04:43	04:25
17	1763	Armando Bastos	GDSPO	Veterano M50	28:20	+05:11	04:30
18	1755	António Lourenço	GDRG	Veterano M50	28:24	+05:14	04:30
19	1890	Filipe G Leite	UDV	Veterano M50	28:25	+05:16	04:31
20	1513	António Francisco	ACRVC	Veterano M50	28:33	+05:23	04:32
21	1651	Sílvio Guimarães	CDSSC	Veterano M50	28:35	+05:26	04:32
22	1758	João Paulo Monteiro	GDRG	Veterano M50	28:59	+05:50	04:36
23	1865	Carlos Lopes	SCS	Veterano M50	29:23	+06:14	04:40
24	1549	Mário Boucinha	ANE	Veterano M50	29:28	+06:18	04:41
25	1649	Miguel Neves	CDSSC	Veterano M50	29:46	+06:37	04:44
26	1613	José Ribeiro	CDCNAV	Veterano M50	29:55	+06:46	04:45
27	2003	Augusto Ferreira	CPTBC	Veterano M50	30:00	+06:51	04:46
28	1816	Leandro Queirós	NBA	Veterano M50	30:02	+06:53	04:46
29	1585	José Pinto	CAO	Veterano M50	30:44	+07:34	04:53
30	1541	António Mouro	ANE	Veterano M50	30:48	+07:39	04:53
31	1832	Jorge Formiga	NSCPM	Veterano M50	33:12	+10:03	05:16
32	1823	Jóice Jesus	NPCAD	Veterano M50	33:47	+10:38	05:22
33	1631	José Miguel Amaro	CDRAU	Veterano M50	33:57	+10:48	05:23
34	1656	António Miranda	CFOD	Veterano M50	35:47	+12:38	05:41
35	1556	Rui Neves	ARAC	Veterano M50	36:39	+13:30	05:49
36	1774	João Cerqueira	GJVP	Veterano M50	37:31	+14:22	05:57
37	1659	Joel Tomé	COP	Veterano M50	41:03	+17:54	06:31

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

MASTER F55+ - STAGE 1

3,15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:20	18,2ºC	89%
End	15:50	18,2ºC	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1844	Beatriz Fernandes	RUNTEJO	15:31		04:55	
2	1690	Deolinda Oliveira	EAT	15:57	+00:26	05:04	
3	1624	Fátima Silva	CDP	16:12	+00:41	05:08	
4	1708	Júlia Conceição	FCPF	16:14	+00:43	05:09	
5	1518	Adélia Tavares	ADCCJC	16:23	+00:52	05:12	
6	1819	Paula Moreira	NBA	16:50	+01:19	05:21	
7	1791	Matilde Baptista	JAM	17:09	+01:38	05:27	
8	1703	Fátima Couto	FCPF	17:23	+01:52	05:31	
9	1575	Florinda Fernandes	CAM-VC	17:31	+02:00	05:34	
10	1843	Anabela Ferreira	RUNTEJO	17:44	+02:13	05:38	
11	1836	Teresa Bernardo	NSLF	18:09	+02:38	05:46	
12	1771	Fátima Dantas	GJVP	18:21	+02:50	05:49	
13	2006	Paula Melo	CPTBC	18:36	+03:05	05:54	
14	1827	Rosa Pinto	NPCAD	18:36	+03:05	05:54	
15	1756	Helena Almeida	GDRG	19:39	+04:08	06:14	
16	1872	Maria Pereira	SCS	20:12	+04:41	06:25	
17	1602	Helena Mourão	CASHM	20:22	+04:51	06:28	
18	1723	Eufémia Domingues	GCB	21:18	+05:47	06:46	
19	1645	Hermínia Rodrigues	CDSSC	21:31	+06:00	06:50	
20	1634	Paula Guerreiro	CDRAU	21:36	+06:05	06:51	
21	1636	Silvina Pena	CDRAU	21:44	+06:13	06:54	
22	1852	Maria Dias	RUNTEJO	21:49	+06:18	06:55	
23	1547	Lindalva Silva	ANE	22:16	+06:45	07:04	
24	1515	Fernanda Almeida	ACRVC	22:38	+07:07	07:11	
25	1542	Carla Oleirinha	ANE	23:39	+08:08	07:31	
26	1877	Maria Costa	SSCMO	24:50	+09:19	07:53	
27	1554	Victoria Courelas	ANE	25:37	+10:06	08:08	
28	1675	Maria Valente	CSJSC	25:38	+10:07	08:08	
29	1668	Regina Ferreira	CPRAB	25:39	+10:08	08:09	
30	1834	Teresa Ferreira	NSCPM	26:46	+11:15	08:30	
31	1563	Isabel Rhodes	CAAV	27:11	+11:40	08:38	
32	1881	Maria Fernandes	SSTSJM	27:41	+12:10	08:47	
33	1553	Vanda Augusto	ANE	30:57	+15:26	09:50	

Obs

BIB	NOTE	NAME	TEAM
1505	DNF	Rosa Trancoso	ACFR

Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master F55+ — 3,15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:20	18,2ºC	89%
End	15:50	18,2ºC	89%

Veterana F55

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1844	Beatriz Fernandes	RUNTEJO	Veterana F55	15:31		04:55
2	1690	Deolinda Oliveira	EAT	Veterana F55	15:57	+00:26	05:04
3	1624	Fátima Silva	CDP	Veterana F55	16:12	+00:40	05:08
4	1708	Júlia Conceição	FCPF	Veterana F55	16:14	+00:43	05:09
5	1518	Adélia Tavares	ADCCJC	Veterana F55	16:23	+00:51	05:12
6	1819	Paula Moreira	NBA	Veterana F55	16:50	+01:19	05:21
7	1791	Matilde Baptista	JAM	Veterana F55	17:09	+01:38	05:27
8	1703	Fátima Couto	FCPF	Veterana F55	17:23	+01:51	05:31
9	1575	Florinda Fernandes	CAM-VC	Veterana F55	17:31	+02:00	05:34
10	1843	Anabela Ferreira	RUNTEJO	Veterana F55	17:44	+02:13	05:38
11	1836	Teresa Bernardo	NSLF	Veterana F55	18:09	+02:38	05:46
12	2006	Paula Melo	CPTBC	Veterana F55	18:36	+03:05	05:54
13	1756	Helena Almeida	GDRG	Veterana F55	19:39	+04:08	06:14
14	1634	Paula Guerreiro	CDRAU	Veterana F55	21:36	+06:05	06:51
15	1636	Silvina Pena	CDRAU	Veterana F55	21:44	+06:13	06:54
16	1852	Maria Dias	RUNTEJO	Veterana F55	21:49	+06:18	06:55
17	1547	Lindalva Silva	ANE	Veterana F55	22:16	+06:45	07:04
18	1542	Carla Oleirinha	ANE	Veterana F55	23:39	+08:08	07:31

Veterana F60

1	1771	Fátima Dantas	GJVP	Veterana F60	18:21		05:49
2	1827	Rosa Pinto	NPCAD	Veterana F60	18:36	+00:15	05:54
3	1872	Maria Pereira	SCS	Veterana F60	20:12	+01:51	06:25
4	1723	Eufémia Domingues	GCB	Veterana F60	21:18	+02:57	06:46
5	1645	Hermínia Rodrigues	CDSSC	Veterana F60	21:31	+03:10	06:50
6	1877	Maria Costa	SSCMO	Veterana F60	24:50	+06:29	07:53
7	1675	Maria Valente	CSJSC	Veterana F60	25:38	+07:17	08:08
8	1668	Regina Ferreira	CPRAB	Veterana F60	25:39	+07:18	08:09

Veterana F65

1	1602	Helena Mourão	CASHM	Veterana F65	20:22		06:28
2	1515	Fernanda Almeida	ACRVC	Veterana F65	22:38	+02:16	07:11
3	1563	Isabel Rhodes	CAAV	Veterana F65	27:11	+06:48	08:38

Master F55+ — 3,15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F70

1	1554	Victoria Courelas	ANE	Veterana F70	25:37		08:08
2	1881	Maria Fernandes	SSTSJM	Veterana F70	27:41	+02:04	08:47
3	1553	Vanda Augusto	ANE	Veterana F70	30:57	+05:20	09:50

Veterana F75

1	1834	Teresa Ferreira	NSCPM	Veterana F75	26:46		08:30



Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

MASTER M55+ - STAGE 1

4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	16:00	18,2ºC	92%
End	16:42	18,2ºC	92%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1528	Davide Figueiredo	AFR F	18:31		04:00	
2	1530	Joaquim Figueiredo	AFR F	18:31		04:00	
3	1857	Rodolfo Lopes	RUNTEJO	18:53	+00:22	04:05	
4	1902	Domingos Fernandes	VIZELA	19:04	+00:33	04:07	
5	1735	António Fernandes	GDCG	19:10	+00:39	04:08	
6	1523	Alexandre Monteiro	ADRAP	19:18	+00:47	04:10	
7	2007	Ulisses Lopes	CPTBC	19:26	+00:55	04:12	
8	1798	Luís Magalhães	JOBRA	19:28	+00:57	04:12	
9	1574	Domingos Barros	CAM-VC	19:44	+01:13	04:16	
10	1546	Joaquim Belchior	ANE	20:09	+01:38	04:21	
11	1783	Pedro Sarabando	GRECAS	20:12	+01:41	04:22	
12	1516	Fernando Silva	ACRVC	20:16	+01:45	04:23	
13	1635	Raul Pena	CDRAU	20:28	+01:57	04:25	
14	1599	Luís Filipe Rosa	CAS	20:32	+02:01	04:26	
15	1529	Fernando Figueiredo	AFR F	20:42	+02:11	04:28	
16	1725	João Alves	GCB	20:44	+02:13	04:29	
17	1821	Peter Knight	NDCO	20:47	+02:16	04:29	
18	1555	António Nunes	ARAC	20:51	+02:20	04:30	
19	1607	Fernando Oliveira	CCSJM	20:54	+02:23	04:31	
20	1676	Renato Silva	CSJSC	20:56	+02:25	04:31	
21	1899	Antonio Pereira	VIZELA	21:00	+02:29	04:32	
22	1603	Mário Silva	CASHM	21:08	+02:37	04:34	
23	1580	Carlos Carneiro	CAMC	21:14	+02:43	04:35	
24	1905	Joaquim Lopes	VIZELA	21:15	+02:44	04:35	
25	1740	José Tavares	GDCG	21:19	+02:48	04:36	
26	1906	Manuel Costa	VIZELA	21:28	+02:57	04:38	
27	1787	Paulo Garcia	IND	21:28	+02:57	04:38	
28	1786	Miguel David	IND	21:28	+02:57	04:38	
29	1886	António Costa	UDV	21:34	+03:03	04:39	
30	1861	Paulo Reis	SCE	21:41	+03:10	04:41	
31	1590	Rogério Campos	CAO	21:41	+03:10	04:41	
32	1562	Carlos Alves	CAAV	21:47	+03:16	04:42	
33	1741	Lino Ferreira	GDCG	22:00	+03:29	04:45	
34	1527	Carlos Gomes	AFR F	22:01	+03:30	04:45	
35	1514	António Pinto	ACRVC	22:03	+03:32	04:46	
36	1729	Manuel Palmeiro	GCB	22:07	+03:36	04:47	
37	1535	Vítor Figueiredo	AFR F	22:10	+03:39	04:47	
38	1633	Luís Gouveia	CDRAU	22:15	+03:44	04:48	
39	1630	João Correia	CDRAU	22:23	+03:52	04:50	
40	2004	Mário Gonçalves	CPTBC	22:24	+03:53	04:50	
41	1545	João Veiga	ANE	22:27	+03:56	04:51	
42	1813	Fernando Almeida	NBA	22:28	+03:57	04:51	

MASTER M55+ - STAGE 1 — 4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1689	Modesto Rodrigues	DP-VC	22:32	+04:01	04:52	
44	1611	Fernando Silva	CDCNAV	22:41	+04:10	04:54	
45	1904	João Cunha	VIZELA	22:45	+04:14	04:55	
46	1658	Carlos Moreira	CLX	23:08	+04:37	05:00	
47	1666	Jucelino Monteiro	CPRAB	23:13	+04:42	05:01	
48	1570	Ricardo Machado	CAF-SCF	23:22	+04:51	05:03	
49	1789	Severino Ribeiro	IND	23:26	+04:55	05:04	
50	1891	Joaquim Moreira	UDV	23:32	+05:01	05:05	
51	1661	António Alves	CPRAB	23:35	+05:04	05:06	
52	1812	Alberto Postiga	NBA	23:53	+05:22	05:10	
53	1858	Augusto Castro	SCE	24:03	+05:32	05:12	
54	1588	Pedro Leal	CAO	24:13	+05:42	05:14	
55	1606	Albano Braga	CCSJM	24:23	+05:52	05:16	
56	1815	José Monteiro	NBA	24:26	+05:55	05:17	
57	1731	Miguel Garcia	GCB	24:29	+05:58	05:17	
58	1759	Joaquim Almeida	GDRG	24:31	+06:00	05:18	
59	1811	Adão Regadas	NBA	24:45	+06:14	05:21	
60	1509	Pedro Martins	ACRSD	25:32	+07:01	05:31	
61	1825	Paulo Sérgio	NPCAD	25:43	+07:12	05:33	
62	1632	José Rosa	CDRAU	25:52	+07:21	05:35	
63	1722	Delmar Domingues	GCB	26:04	+07:33	05:38	
64	1673	António Conceição	CSJSC	26:32	+08:01	05:44	
65	1719	Virgílio Alberto	GAUB	26:50	+08:19	05:48	
66	1879	Emídio Santos	SSTSJM	27:13	+08:42	05:53	
67	1551	Sérgio Macatrão	ANE	27:16	+08:45	05:53	
68	1863	Carlos Alves	SCS	27:17	+08:46	05:54	
69	1684	Osório Pinto	CSRDCS	27:26	+08:55	05:56	
70	1654	Américo Pereira	CFOD	28:06	+09:35	06:04	
71	1882	Normando Santos	SSTSJM	28:09	+09:38	06:05	
72	1569	Paulo Carvalho	CAF-SCF	28:16	+09:45	06:06	
73	1655	Anselmo Moreira	CFOD	28:19	+09:48	06:07	
74	1760	Severino Santos	GDRG	28:38	+10:07	06:11	
75	1526	António Neto	AFR F	28:50	+10:19	06:14	
76	1830	Bauduíno Ferreira	NSCPM	29:06	+10:35	06:17	
77	1544	Fernando Chamusca	ANE	29:18	+10:47	06:20	
78	1850	Manuel Martins	RUNTEJO	29:23	+10:52	06:21	
79	1747	Valdemar Alves	GDCG	29:29	+10:58	06:22	
80	1674	Joaquim Lobato	CSJSC	29:35	+11:04	06:23	
81	1612	José Gomes	CDCNAV	29:43	+11:12	06:25	
82	1595	Manuel Sá	CAP	30:36	+12:05	06:37	
83	1628	António Ribeiro	CDRAU	31:50	+13:19	06:53	
84	1665	José Oliveira	CPRAB	32:22	+13:51	06:59	
85	1822	Isaque Pinto	NPCAD	33:44	+15:13	07:17	
86	1699	Jose Moura	FCES	34:25	+15:54	07:26	
87	1880	Josué Fernandes	SSTSJM	35:36	+17:05	07:41	
88	1837	Armando De Lacerda	OPSA	37:44	+19:13	08:09	

MASTER M55+ - STAGE 1 — 4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1657	Auspício Fernandes	CFOD	42:44	+24:13	09:14	
90	1829	António Seca	NSCPM	42:53	+24:22	09:16	

Obs

BIB	NOTE	NAME	TEAM



Campeonato Nacional Cross Longo

Valenca, PT

21-novembro-2026

Master M55+

4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	16:00	18,2ºC	92%
End	16:42	18,2ºC	92%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Veterano M55							
1	1528	Davide Figueiredo	AFR F	Veterano M55	18:31		04:00
2	1530	Joaquim Figueiredo	AFR F	Veterano M55	18:31	+00:00	04:00
3	1857	Rodolfo Lopes	RUNTEJO	Veterano M55	18:53	+00:21	04:05
4	1902	Domingos Fernandes	VIZELA	Veterano M55	19:04	+00:33	04:07
5	1735	António Fernandes	GDCG	Veterano M55	19:10	+00:39	04:08
6	1798	Luís Magalhães	JOBRA	Veterano M55	19:28	+00:57	04:12
7	1574	Domingos Barros	CAM-VC	Veterano M55	19:44	+01:13	04:16
8	1546	Joaquim Belchior	ANE	Veterano M55	20:09	+01:38	04:21
9	1783	Pedro Sarabando	GRECAS	Veterano M55	20:12	+01:41	04:22
10	1516	Fernando Silva	ACRVC	Veterano M55	20:16	+01:45	04:23
11	1599	Luís Filipe Rosa	CAS	Veterano M55	20:32	+02:01	04:26
12	1725	João Alves	GCB	Veterano M55	20:44	+02:13	04:29
13	1555	António Nunes	ARAC	Veterano M55	20:51	+02:20	04:30
14	1607	Fernando Oliveira	CCSJM	Veterano M55	20:54	+02:23	04:31
15	1676	Renato Silva	CSJSC	Veterano M55	20:56	+02:24	04:31
16	1580	Carlos Carneiro	CAMC	Veterano M55	21:14	+02:43	04:35
17	1787	Paulo Garcia	IND	Veterano M55	21:28	+02:57	04:38
18	1786	Miguel David	IND	Veterano M55	21:28	+02:57	04:38
19	1886	António Costa	UDV	Veterano M55	21:34	+03:03	04:39
20	1861	Paulo Reis	SCE	Veterano M55	21:41	+03:10	04:41
21	1590	Rogério Campos	CAO	Veterano M55	21:41	+03:10	04:41
22	1741	Lino Ferreira	GDCG	Veterano M55	22:00	+03:28	04:45
23	1514	António Pinto	ACRVC	Veterano M55	22:03	+03:32	04:46
24	1633	Luís Gouveia	CDRAU	Veterano M55	22:15	+03:44	04:48
25	1813	Fernando Almeida	NBA	Veterano M55	22:28	+03:56	04:51
26	1689	Modesto Rodrigues	DP-VC	Veterano M55	22:32	+04:01	04:52
27	1666	Jucelino Monteiro	CPRAB	Veterano M55	23:13	+04:42	05:01
28	1891	Joaquim Moreira	UDV	Veterano M55	23:32	+05:01	05:05
29	1509	Pedro Martins	ACRSD	Veterano M55	25:32	+07:01	05:31
30	1825	Paulo Sérgio	NPCAD	Veterano M55	25:43	+07:12	05:33
31	1673	António Conceição	CSJSC	Veterano M55	26:32	+08:01	05:44
32	1719	Virgílio Alberto	GAUB	Veterano M55	26:50	+08:19	05:48
33	1654	Américo Pereira	CFOD	Veterano M55	28:06	+09:34	06:04
34	1569	Paulo Carvalho	CAF-SCF	Veterano M55	28:16	+09:45	06:06
35	1674	Joaquim Lobato	CSJSC	Veterano M55	29:35	+11:04	06:23
Veterano M60							
1	1523	Alexandre Monteiro	ADRAP	Veterano M60	19:18		04:10

Master M55+ — 4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	2007	Ulisses Lopes	CPTBC	Veterano M60	19:26	+00:07	04:12
3	1635	Raul Pena	CDRAU	Veterano M60	20:28	+01:10	04:25
4	1529	Fernando Figueiredo	AFR F	Veterano M60	20:42	+01:24	04:28
5	1899	Antonio Pereira	VIZELA	Veterano M60	21:00	+01:42	04:32
6	1603	Mário Silva	CASHM	Veterano M60	21:08	+01:49	04:34
7	1905	Joaquim Lopes	VIZELA	Veterano M60	21:15	+01:57	04:35
8	1740	José Tavares	GDCG	Veterano M60	21:19	+02:01	04:36
9	1906	Manuel Costa	VIZELA	Veterano M60	21:28	+02:09	04:38
10	1562	Carlos Alves	CAAV	Veterano M60	21:47	+02:29	04:42
11	1729	Manuel Palmeiro	GCB	Veterano M60	22:07	+02:49	04:47
12	1535	Vítor Figueiredo	AFR F	Veterano M60	22:10	+02:52	04:47
13	1630	João Correia	CDRAU	Veterano M60	22:23	+03:05	04:50
14	2004	Mário Gonçalves	CPTBC	Veterano M60	22:24	+03:06	04:50
15	1611	Fernando Silva	CDCNAV	Veterano M60	22:41	+03:23	04:54
16	1904	João Cunha	VIZELA	Veterano M60	22:45	+03:27	04:55
17	1789	Severino Ribeiro	IND	Veterano M60	23:26	+04:08	05:04
18	1812	Alberto Postiga	NBA	Veterano M60	23:53	+04:35	05:10
19	1588	Pedro Leal	CAO	Veterano M60	24:13	+04:54	05:14
20	1759	Joaquim Almeida	GDRG	Veterano M60	24:31	+05:13	05:18
21	1811	Adão Regadas	NBA	Veterano M60	24:45	+05:27	05:21
22	1632	José Rosa	CDRAU	Veterano M60	25:52	+06:34	05:35
23	1747	Valdemar Alves	GDCG	Veterano M60	29:29	+10:10	06:22
24	1822	Isaque Pinto	NPCAD	Veterano M60	33:44	+14:25	07:17
25	1699	Jose Moura	FCES	Veterano M60	34:25	+15:07	07:26

Veterano M65

1	1821	Peter Knight	NDCO	Veterano M65	20:47		04:29
2	1527	Carlos Gomes	AFR F	Veterano M65	22:01	+01:13	04:45
3	1545	João Veiga	ANE	Veterano M65	22:27	+01:40	04:51
4	1658	Carlos Moreira	CLX	Veterano M65	23:08	+02:20	05:00
5	1570	Ricardo Machado	CAF-SCF	Veterano M65	23:22	+02:34	05:03
6	1661	António Alves	CPRAB	Veterano M65	23:35	+02:47	05:06
7	1858	Augusto Castro	SCE	Veterano M65	24:03	+03:15	05:12
8	1815	José Monteiro	NBA	Veterano M65	24:26	+03:38	05:17
9	1731	Miguel Garcia	GCB	Veterano M65	24:29	+03:41	05:17
10	1722	Delmar Domingues	GCB	Veterano M65	26:04	+05:16	05:38
11	1863	Carlos Alves	SCS	Veterano M65	27:17	+06:29	05:54
12	1684	Osório Pinto	CSRDCS	Veterano M65	27:26	+06:38	05:56
13	1882	Normando Santos	SSTSJM	Veterano M65	28:09	+07:21	06:05
14	1595	Manuel Sá	CAP	Veterano M65	30:36	+09:48	06:37
15	1665	José Oliveira	CPRAB	Veterano M65	32:22	+11:34	06:59

Veterano M70

1	1606	Albano Braga	CCSJM	Veterano M70	24:23		05:16

Master M55+ — 4,63 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	1879	Emídio Santos	SSTSJM	Veterano M70	27:13	+02:50	05:53
3	1551	Sérgio Macatrão	ANE	Veterano M70	27:16	+02:52	05:53
4	1655	Anselmo Moreira	CFOD	Veterano M70	28:19	+03:56	06:07
5	1760	Severino Santos	GDRG	Veterano M70	28:38	+04:15	06:11
6	1526	António Neto	AFR F	Veterano M70	28:50	+04:27	06:14
7	1830	Bauduíno Ferreira	NSCPM	Veterano M70	29:06	+04:43	06:17
8	1612	José Gomes	CDCNAV	Veterano M70	29:43	+05:19	06:25
9	1837	Armando De Lacerda	OPSA	Veterano M70	37:44	+13:21	08:09

Veterano M75

1	1544	Fernando Chamusca	ANE	Veterano M75	29:18		06:20
2	1628	António Ribeiro	CDRAU	Veterano M75	31:50	+02:31	06:53
3	1880	Josué Fernandes	SSTSJM	Veterano M75	35:36	+06:17	07:41

Veterano M80

1	1850	Manuel Martins	RUNTEJO	Veterano M80	29:23		06:21
2	1657	Auspício Fernandes	CFOD	Veterano M80	42:44	+13:20	09:14
3	1829	António Seca	NSCPM	Veterano M80	42:53	+13:30	09:16

TEAM RESULTS - MASTER FEMININO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	RUNTEJO	8 [1, 1, 6, 6, ...]	24
2	ANE	7 [1, 3, 8, 13, ...]	15
3	JOBRA	4 [2, 2, 11, 11]	14
4	SCS	4 [3, 3, 13, 18]	12
5	GCB	6 [4, 6, 8, 10, ...]	9
6	NSCPM	4 [1, 17, 19, 20]	8
7	GJVP	5 [1, 9, 9, 13, ...]	8
8	CDP	4 [3, 12, 14, 15]	6

TEAM RESULTS - MASTER MASCULINO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GDCG	13 [1, 1, 1, 2, ...]	42
2	AFR F	9 [1, 2, 2, 4, ...]	33
3	RUNTEJO	6 [1, 2, 3, 4, ...]	30
4	VIZELA	12 [2, 3, 3, 4, ...]	30
5	ANE	6 [1, 3, 3, 8, ...]	21
6	CDRAU	7 [2, 3, 13, 18, ...]	13
7	SSTSJM	4 [2, 3, 13, 50]	13
8	CFOD	4 [2, 4, 33, 34]	12
9	CDSSC	8 [2, 5, 12, 16, ...]	11
10	ACRSD	4 [4, 6, 16, 29]	8
11	UDV	4 [3, 19, 19, 28]	6
12	FCPF	6 [4, 12, 14, 20, ...]	5
13	CAF-SCF	5 [5, 18, 18, 34, ...]	4
14	GDRG	4 [5, 18, 20, 22]	4
15	CPRAB	6 [6, 11, 15, 19, ...]	3
16	CDCNAV	6 [7, 8, 15, 20, ...]	3
17	CAO	8 [7, 10, 12, 14, ...]	2
18	CAM-VC	5 [7, 14, 15, 19, ...]	2
19	CAS	5 [8, 11, 11, 15, ...]	1
20	NBA	7 [8, 15, 18, 21, ...]	1
21	GJVP	5 [8, 26, 36, 36, ...]	1