

20KM - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:00	14,8°C	77%
End	12:31	14,8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	5	Jesus Oliveira	individual	Veterano M40	01:11:10		03:33
2	124	Ricardo Jordão	clube de praças da armada	Veterano M40	01:12:37	+01:27	03:38
3	485	Luís Brito	run tejo - prevent sprain	Veterano M50	01:12:54	+01:44	03:39
4	372	Marco Daniel Alves	individual	Veterano M45	01:13:18	+02:08	03:40
5	57	Tiago Andrónico	associação desportiva cultural e recreativa de paço dos negros	Veterano M35	01:13:51	+02:41	03:42
6	460	João Teixeira	juventude desportiva almansor	Senior Masculino	01:14:05	+02:55	03:42
7	171	Telmo Nogueira	grupo recreativo janz e associados	Veterano M40	01:14:14	+03:04	03:43
8	194	Bruno Miguel Pereira Vitorino	individual	Senior Masculino	01:15:18	+04:08	03:46
9	510	ALVARO SOARES	thomar athletics	Veterano M55	01:15:26	+04:16	03:46
10	296	André Pinto	individual	Veterano M35	01:15:34	+04:24	03:47
11	491	Catarina Cidade do Carmo	sporting clube de portugal	Senior Feminino	01:15:50	+04:40	03:48
12	154	Emanuel Diogo	gdc portos de sines e do algarve	Veterano M35	01:15:55	+04:45	03:48
13	493	Rui Teixeira	sr granja	Veterano M45	01:16:01	+04:51	03:48
14	157	Ricardo Belinha	gdspo	Veterano M40	01:16:25	+05:15	03:49
15	413	Vitor Gonçalves	individual	Veterano M50	01:16:35	+05:25	03:50
16	340	Gonçalo Martins	individual	Veterano M40	01:16:38	+05:28	03:50
17	533	Nuno Pires	penta clube da covilhã	Veterano M40	01:16:40	+05:29	03:50
18	516	Diogo Santos	trilho perdido eventos / imporlux	Veterano M40	01:17:42	+06:32	03:53
19	393	Henrique janota	individual	Veterano M50	01:17:45	+06:35	03:53
20	381	Ricardo Jorge	individual	Veterano M45	01:17:56	+06:45	03:54
21	121	Armando Monteiro	clube atletismo vale de figueira	Veterano M50	01:18:08	+06:57	03:54
22	145	Filipe centeno	escola de atletismo do cartaxo	Veterano M50	01:18:19	+07:09	03:55
23	336	Gonçalo Dias	individual	Veterano M40	01:18:34	+07:24	03:56
24	412	Samuel Eugénio	individual	Veterano M50	01:18:54	+07:44	03:57
25	361	Duarte Maria Abranches de Matos Cortes	individual	Veterano M45	01:18:59	+07:49	03:57
26	77	Jorge Aires	ca barreira	Veterano M50	01:19:13	+08:03	03:58
27	118	Paulo do Rosário Costa	clube atletismo de obidos	Veterano M50	01:19:19	+08:08	03:58
28	243	Rodrigo Batalha	individual	Senior Masculino	01:19:20	+08:10	03:58
29	428	Luiz Mota	individual	Veterano M55	01:19:24	+08:14	03:58
30	453	Manuel Matos	ip santarém	Veterano M55	01:19:26	+08:16	03:58
31	441	José Durão	individual	Veterano M60	01:19:34	+08:24	03:59
32	14	Alexandre Diniz	associação 20kms de almeirim	Veterano M40	01:19:36	+08:26	03:59
33	478	Luís Gouveia	pacers-aminhacorrida	Veterano M35	01:20:00	+08:50	04:00
34	306	Fábio Silva	individual	Veterano M35	01:20:03	+08:53	04:00
35	334	Frederico Cipriano Batista	individual	Veterano M40	01:20:51	+09:41	04:03
36	225	Manuel Lopo de Carvalho	individual	Senior Masculino	01:20:56	+09:46	04:03
37	150	PAULO PRINO	flechas negras	Veterano M50	01:20:57	+09:47	04:03
38	360	Carlos Nuno Patusco Frazão	individual	Veterano M45	01:21:09	+09:59	04:03
39	38	Gonçalo Cruz	alcanena trail team	Veterano M40	01:21:10	+10:00	04:03
40	355	Rui Sanches	individual	Veterano M40	01:21:43	+10:32	04:05
41	161	Paulo Almeida	gfd running	Veterano M55	01:21:43	+10:33	04:05

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	513	Hugo Matos	tramagal sport união	Veterano M40	01:22:08	+10:58	04:06
43	132	Helder Alvalade	clube raquel cabaço	Veterano M50	01:22:11	+11:01	04:07
44	401	mario seabra	individual	Veterano M50	01:22:21	+11:11	04:07
45	2	Rita Furtado	run tejo - prevent sprain	Senior Feminino	01:22:23	+11:12	04:07
46	159	Antonio Boné	gfd running	Senior Masculino	01:22:26	+11:16	04:07
47	58	Bruno H.	atletico clube geraldês	Veterano M35	01:22:39	+11:29	04:08
48	462	Bruno Miguel	laura & maria's	Veterano M35	01:22:52	+11:42	04:09
49	13	João Mota	associação 20kms de almeirim	Veterano M50	01:23:10	+12:00	04:10
50	519	Licínio Matos	udo união desportiva odemira	Veterano M40	01:23:14	+12:04	04:10
51	158	Ana Rebelo	gfd running	Senior Feminino	01:23:22	+12:12	04:10
52	391	Filipe Oliveira	individual	Veterano M50	01:23:32	+12:22	04:11
53	495	Nuno Costa	sr granja	Veterano M50	01:23:33	+12:23	04:11
54	337	Nuno Romão	individual	Veterano M50	01:23:38	+12:28	04:11
55	420	Eduardo Lourenço	individual	Veterano M55	01:23:53	+12:43	04:12
56	59	Hugo Pereira Lino	atletico clube geraldês	Veterano M40	01:23:58	+12:48	04:12
57	67	Paulo Ferreira	bruxos runners	Senior Masculino	01:24:02	+12:51	04:12
58	1	Filipe Torres	associação 20kms de almeirim	Veterano M40	01:24:02	+12:52	04:12
59	111	Angelo Silva	ccdtmetrolox	Veterano M40	01:24:06	+12:56	04:12
60	508	Tiago Rosa	thomar athletics	Veterano M40	01:24:19	+13:09	04:13
61	305	Duarte Roxo	individual	Veterano M35	01:24:43	+13:33	04:14
62	75	Bruno Fidalgo	c.d. "os águias" de alpiarça	Veterano M40	01:25:00	+13:50	04:15
63	138	João Caniço	cua benaventense - 3b triatlo	Veterano M45	01:25:06	+13:56	04:15
64	82	Luis Reis	capão residências sénior	Veterano M55	01:25:23	+14:13	04:16
65	346	Marius Leordean	individual	Veterano M40	01:25:27	+14:17	04:16
66	351	Pedro Duarte	individual	Veterano M40	01:25:31	+14:21	04:17
67	76	José Carlos David	c.d. "os águias" de alpiarça	Veterano M50	01:26:00	+14:50	04:18
68	62	André Santos	bombeiros voluntários de montemor-o-novo	Senior Masculino	01:26:15	+15:05	04:19
69	160	Artur Pinto	gfd running	Veterano M45	01:26:35	+15:25	04:20
70	323	Rui Lopes	individual	Veterano M35	01:26:48	+15:38	04:20
71	281	Tetyana Vakulyuk	individual	Veterana F45	01:26:56	+15:46	04:21
72	209	Henrique Freitas	individual	Senior Masculino	01:27:03	+15:53	04:21
73	47	Rui Cleto	amigos do atletismo de mafra	Veterano M55	01:27:04	+15:54	04:21
74	17	Rodrigo Galão	associação 20kms de almeirim	Veterano M40	01:27:09	+15:59	04:21
75	113	José Luís Santos	ccdtmetrolox	Veterano M55	01:27:12	+16:02	04:22
76	309	João Cardoso	individual	Veterano M35	01:27:22	+16:12	04:22
77	526	kilma rodrigues dos santos	walkandrun-seaside	Veterana F35	01:27:26	+16:16	04:22
78	376	Pedro Azeitona	individual	Veterano M45	01:27:42	+16:32	04:23
79	293	André Gaga	individual	Veterano M35	01:27:55	+16:45	04:24
80	78	Simao Silva	caj raposa	Veterano M35	01:28:03	+16:53	04:24
81	81	Dulcinea Silva	cansados	Veterana F50	01:28:07	+16:57	04:24
82	94	José Barbosa	casa do benfica em algueirão mem martins	Veterano M40	01:28:19	+17:09	04:25
83	273	Claudia Simão	individual	Veterana F45	01:28:46	+17:36	04:26
84	419	Cesar Gomes	individual	Veterano M55	01:28:47	+17:37	04:26
85	26	Miguel Truninger Sousa	a team ageas	Veterano M50	01:28:55	+17:44	04:27
86	222	José Meira	individual	Senior Masculino	01:28:58	+17:48	04:27

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Official Timekeeper: Lap2Go	3 / 11	generate 25-out.-2026 12:35
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20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	308	Ivo Carvalho	individual	Veterano M35	01:33:55	+22:45	04:42
132	423	Joao Pereira	individual	Veterano M55	01:33:58	+22:48	04:42
133	211	Iazalde Pelembe	individual	Senior Masculino	01:34:28	+23:17	04:43
134	494	José Alexandre	sr granja	Veterano M50	01:34:28	+23:18	04:43
135	435	Arnaldo Rolo	individual	Veterano M60	01:34:33	+23:23	04:44
136	103	Américo Pala	casa do benfica em algueirão mem martins	Veterano M65	01:34:35	+23:25	04:44
137	245	Rui Ferreira	individual	Senior Masculino	01:34:46	+23:36	04:44
138	474	Luis Salgueiro	os trinca espinhas	Veterano M50	01:34:48	+23:38	04:44
139	4	Alexandra Simão	individual	Senior Feminino	01:34:53	+23:43	04:45
140	509	Luis Nunes	thomar athletics	Veterano M50	01:34:54	+23:44	04:45
141	398	Luis Fernandes	individual	Veterano M50	01:34:55	+23:45	04:45
142	229	Miguel Bragança	individual	Senior Masculino	01:34:57	+23:47	04:45
143	365	João Pedro Simões	individual	Veterano M45	01:35:05	+23:55	04:45
144	131	Nuno Cidade do Carmo	clube pedro pessoa escola de atletismo	Veterano M50	01:35:12	+24:02	04:46
145	407	Pedro Miguel Almeida	individual	Veterano M50	01:35:35	+24:25	04:47
146	36	Inés Corbalan	adr "o relâmpago"	Veterana F45	01:35:37	+24:27	04:47
147	41	Martim Bacatelo	amigos de prevenção	Senior Masculino	01:35:41	+24:31	04:47
148	304	Diogo Pisco	individual	Veterano M35	01:35:44	+24:34	04:47
149	104	João Soares	casa do benfica em algueirão mem martins	Veterano M65	01:35:47	+24:37	04:47
150	164	Pedro Ferreira	grupo desportivo e recreativo a joanita linda-a-velha	Veterano M55	01:35:50	+24:40	04:48
151	467	Gonçalo Roque	madrugas de almeirim running team	Veterano M50	01:35:50	+24:40	04:48
152	468	Vasco Miguel Fortunato Carvalho	madrugas de almeirim running team	Veterano M50	01:35:52	+24:42	04:48
153	350	Paulo Lourenço	individual	Veterano M40	01:36:02	+24:52	04:48
154	98	António Godinho	casa do benfica em algueirão mem martins	Veterano M50	01:36:18	+25:08	04:49
155	515	Pedro Moita	trilho dos cágados	Veterano M45	01:36:36	+25:26	04:50
156	303	Diogo Esteves	individual	Veterano M35	01:36:38	+25:28	04:50
157	152	RUI SALES	g.d.r.c. ponterrolense	Veterano M55	01:36:39	+25:29	04:50
158	484	Pedro Vitorino	ribago run club	Veterano M40	01:36:39	+25:29	04:50
159	461	Manuel Almeida	lá vão... de almeirim	Veterano M65	01:36:40	+25:30	04:50
160	421	João Esteves	individual	Veterano M55	01:36:41	+25:31	04:50
161	440	Jorge Sousa	individual	Veterano M60	01:36:55	+25:45	04:51
162	96	Nuno Sabino	casa do benfica em algueirão mem martins	Veterano M45	01:36:58	+25:48	04:51
163	148	Nuno Lucas	fitness factory almeirim	Veterano M40	01:37:02	+25:52	04:51
164	312	João Mendes	individual	Veterano M35	01:37:03	+25:52	04:51
165	410	Rui Alves	individual	Veterano M50	01:37:27	+26:17	04:52
166	411	Rui Pedro Bilro Pécurto	individual	Veterano M50	01:37:27	+26:17	04:52
167	240	Tiago Soares	individual	Veterano M35	01:37:30	+26:20	04:52
168	238	Ricardo Aniceto	individual	Senior Masculino	01:37:33	+26:23	04:53
169	247	Stanislav Tabol	individual	Senior Masculino	01:37:34	+26:24	04:53
170	400	MÁRIO COSTA	individual	Veterano M50	01:37:34	+26:24	04:53
171	534	Marta Xavier	penta clube da covilhã	Veterana F40	01:37:38	+26:28	04:53
172	235	Pedro Sanfona	individual	Senior Masculino	01:37:47	+26:37	04:53
173	302	Diogo Agostinho	individual	Veterano M35	01:37:47	+26:37	04:53

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	295	André Matias Jorge	individual	Veterano M35	01:37:54	+26:44	04:54
175	503	Cláudio Dias	tartarugas racing club	Senior Masculino	01:37:55	+26:45	04:54
176	10	Diogo Oliveira	a20km-dm	Senior Masculino	01:38:02	+26:52	04:54
177	172	Helena Moreira	hecateam	Veterana F50	01:38:03	+26:53	04:54
178	389	Dinis Joaquim	individual	Veterano M50	01:38:09	+26:59	04:54
179	373	NUNO MAIA	individual	Veterano M45	01:38:09	+26:59	04:54
180	72	Bruno Silva	c.d. "os águias" de alpiarça	Senior Masculino	01:38:12	+27:02	04:55
181	348	Nuno Costa	individual	Veterano M40	01:38:31	+27:21	04:56
182	242	Ricardo Silva	individual	Senior Masculino	01:38:40	+27:30	04:56
183	471	Miguel Garcia	malinha runners	Veterano M35	01:38:46	+27:36	04:56
184	470	Diogo Malveiro	malinha runners	Veterano M35	01:38:47	+27:37	04:56
185	35	Pedro Belas	adega taurina running	Veterano M45	01:38:54	+27:44	04:57
186	40	João Bernardo da Silva de Sousa Ribeiro	amigos de prevenção	Senior Masculino	01:39:03	+27:53	04:57
187	253	Cláudia Nunes	desafios positivos d+	Veterana F35	01:39:06	+27:56	04:57
188	532	Rogério Palmeiro	individual	Senior Masculino	01:39:12	+28:02	04:58
189	378	Pedro Jerónimo	individual	Veterano M45	01:39:16	+28:06	04:58
190	129	PEDRO MIGUEL BATISTA CORDAS	clube millennium bcp	Veterano M50	01:39:17	+28:07	04:58
191	512	Lúcia Oliveira	totalenergies	Veterana F45	01:39:18	+28:08	04:58
192	234	Paulo Oliveira	individual	Senior Masculino	01:39:22	+28:12	04:58
193	251	Vasco Pinhão	individual	Senior Masculino	01:39:23	+28:13	04:58
194	324	Sérgio Felisberto	individual	Veterano M35	01:39:25	+28:15	04:58
195	368	JOSÉ PASSOS	individual	Veterano M45	01:39:26	+28:16	04:58
196	213	João Aranha	individual	Senior Masculino	01:39:26	+28:16	04:58
197	300	Carlos Cruz	individual	Veterano M35	01:39:30	+28:20	04:58
198	322	Ricardo Domingues	individual	Veterano M35	01:39:31	+28:20	04:59
199	262	Fabianne Pinheiro	individual	Veterana F40	01:39:31	+28:21	04:59
200	505	João Limeiro	tartarugas racing club	Senior Masculino	01:39:36	+28:25	04:59
201	455	Nuno Rouxinol	j&n	Veterano M45	01:39:38	+28:28	04:59
202	327	Valter Pinho	individual	Veterano M35	01:39:42	+28:32	04:59
203	408	Pedro Miguel Monteiro	individual	Veterano M50	01:39:50	+28:40	04:59
204	463	Sérgio Soares	laura & maria´s	Veterano M50	01:39:54	+28:43	05:00
205	433	Rodrigo Gonçalves da Silva	individual	Veterano M55	01:39:59	+28:48	05:00
206	424	Jorge polidoro	individual	Veterano M55	01:40:09	+28:59	05:00
207	22	Carlos Alberto Alves Lima	a natureza ensina	Veterano M55	01:40:17	+29:07	05:01
208	102	Vitor Silva	casa do benfica em algueirão mem martins	Veterano M60	01:40:17	+29:07	05:01
209	475	Sara Espanhol	pacers-aminhacorrida	Veterana F35	01:40:17	+29:07	05:01
210	522	André Mira	união desportiva da chamusca	Veterano M35	01:40:17	+29:07	05:01
211	191	Bernardo Nobre	individual	Senior Masculino	01:40:35	+29:25	05:02
212	231	Miguel Giada	individual	Senior Masculino	01:40:35	+29:25	05:02
213	116	Carlos Pinelas	clube amigos atletismo moita	Veterano M50	01:40:36	+29:26	05:02
214	520	André Lima	ultra maratonistas	Veterano M35	01:40:39	+29:29	05:02
215	486	Joao Gregorio	runners frente ribeirinha povoa sta iria	Veterano M45	01:40:45	+29:35	05:02
216	134	Márcio Rosa	cork trail tean	Veterano M35	01:40:46	+29:36	05:02
217	369	leonel coutinho	individual	Veterano M45	01:40:54	+29:44	05:03

20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	143	André Oliveira	eaglebox	Senior Masculino	01:41:10	+30:00	05:03
219	357	Samuel Filipe	individual	Veterano M40	01:41:17	+30:07	05:04
220	426	Jun Liang	individual	Veterana F55	01:41:24	+30:14	05:04
221	244	Rodrigo Silva	individual	Senior Masculino	01:41:31	+30:21	05:05
222	506	Francisco Freire	ténis 20kms	Veterano M50	01:41:32	+30:22	05:05
223	384	Vasco Baptista	individual	Veterano M45	01:41:34	+30:24	05:05
224	153	Ricardo Oliveira	gd marinhas/tarde desportiva runners	Veterano M35	01:41:37	+30:27	05:05
225	167	Antonio Madureira	grupo desportivo limpeza urbana	Veterano M55	01:41:39	+30:28	05:05
226	329	António Alberto	individual	Veterano M40	01:41:39	+30:29	05:05
227	166	Ricardo Silva	grupo desportivo limpeza urbana	Veterano M45	01:41:49	+30:39	05:05
228	149	SUSETE VIEIRA	flechas negras	Veterana F50	01:42:19	+31:09	05:07
229	367	João Simões	individual	Veterano M45	01:42:21	+31:11	05:07
230	316	Luis Galveias	individual	Veterano M35	01:42:37	+31:27	05:08
231	297	André Silva	individual	Veterano M35	01:42:37	+31:27	05:08
232	333	Francisco Gaspar	individual	Veterano M40	01:42:50	+31:40	05:08
233	28	Rui Pedro	a tertúlia do reirão	Veterano M40	01:42:59	+31:49	05:09
234	279	Rita Liliana de Lopes Matos Ferreira	individual	Veterana F45	01:43:10	+32:00	05:10
235	151	TIAGO PINTO	g.d.r.c. ponterrolense	Veterano M35	01:43:15	+32:05	05:10
236	146	JOÃO CAMPOS	fitness factory almeirim	Senior Masculino	01:43:16	+32:06	05:10
237	500	Sérgio Manuel Bento Lopes	superfresco trail team	Veterano M45	01:43:23	+32:13	05:10
238	20	Diogo Cunha	2600tr	Veterano M35	01:43:27	+32:17	05:10
239	418	Carlos sousa	individual	Veterano M55	01:43:29	+32:19	05:10
240	84	Miguel Almeida	casa do benfica em algueirão mem martins	Senior Masculino	01:43:34	+32:24	05:11
241	466	Miguel Petisca	madrugas de almeirim running team	Veterano M40	01:43:37	+32:27	05:11
242	432	Paulo Lourinho	individual	Veterano M55	01:43:45	+32:35	05:11
243	117	Edite eusebio	clube atletismo de obidos	Veterana F50	01:43:56	+32:46	05:12
244	307	Fernando Goulart da Silva	individual	Veterano M35	01:44:12	+33:02	05:13
245	64	Carlos Mestrinho	bombeiros voluntários de montemor-o-novo	Veterano M50	01:44:17	+33:07	05:13
246	99	João Afonso	casa do benfica em algueirão mem martins	Veterano M55	01:44:21	+33:11	05:13
247	241	Ricardo Santos	individual	Senior Masculino	01:44:57	+33:46	05:15
248	507	Mónica Machado	thomar athletics	Veterana F45	01:45:07	+33:57	05:15
249	180	Emma Rachel	individual	Senior Feminino	01:45:09	+33:59	05:15
250	42	Pedro Tiago Madureira Santos	amigos de prevenção	Senior Masculino	01:45:41	+34:31	05:17
251	511	Bruno Moraes	tmggodinho	Veterano M45	01:45:46	+34:36	05:17
252	198	Diogo Campino	individual	Senior Masculino	01:45:55	+34:45	05:18
253	114	Rafael Alexandre Monteiro Correia Pereira	chamusca trail	Senior Masculino	01:45:56	+34:45	05:18
254	498	Stephanie Tibourtine	steph e rui	Veterana F50	01:45:57	+34:47	05:18
255	499	Rui Pataca	steph e rui	Veterano M50	01:45:57	+34:47	05:18
256	527	ANABELA CARVALHO	walkandrun-seaside	Veterana F60	01:46:01	+34:51	05:18
257	396	João Ribeiro	individual	Veterano M50	01:46:05	+34:55	05:18
258	207	Gonçalo Tomás	individual	Senior Masculino	01:46:11	+35:01	05:19
259	311	João Lopes	individual	Veterano M35	01:46:15	+35:05	05:19
260	37	Alberto Santos	águias da estrada	Veterano M65	01:46:20	+35:10	05:19

20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
261	458	Sérgio Oliveira	joma	Senior Masculino	01:46:29	+35:19	05:19
262	459	Elsa Oliveira	joma	Veterana F60	01:46:29	+35:19	05:19
263	289	Fátima Vassalo	individual	Veterana F55	01:46:37	+35:27	05:20
264	168	Vitor Silva	grupo desportivo limpeza urbana	Veterano M55	01:46:39	+35:29	05:20
265	24	Andre Martins Oliveira	a team ageas	Veterano M40	01:46:46	+35:36	05:20
266	6	Telma Azevedo	individual	Veterana F40	01:46:49	+35:39	05:20
267	452	Narciso Garcia Simões Arromba	individual	Veterano M65	01:46:56	+35:46	05:21
268	326	Tiago Simoes	individual	Veterano M35	01:47:04	+35:54	05:21
269	68	Bruno Silva	bruxos runners	Veterano M40	01:47:11	+36:00	05:22
270	202	Filipe Teixeira	individual	Senior Masculino	01:47:23	+36:13	05:22
271	438	Fernando José da Fonseca Coelho	individual	Veterano M60	01:47:23	+36:13	05:22
272	380	Ricardo Flores	individual	Veterano M45	01:47:33	+36:23	05:23
273	89	Cristina Carvalho	casa do benfica em algueirão mem martins	Veterana F55	01:47:49	+36:38	05:23
274	417	Carlos Peso	individual	Veterano M55	01:47:53	+36:43	05:24
275	483	Catarina Vanessa Miranda Grilo	ribago run club	Senior Feminino	01:47:56	+36:46	05:24
276	173	Cláudio Nunes	horto leal	Senior Masculino	01:48:02	+36:52	05:24
277	444	Paulo Miguel Tainha	individual	Veterano M60	01:48:11	+37:01	05:25
278	174	Fabio Leal	horto leal	Veterano M35	01:48:23	+37:13	05:25
279	315	João Russo	individual	Veterano M35	01:48:27	+37:17	05:25
280	34	Lino Carraco	acrm silveirinha grande e claras	Veterano M55	01:48:28	+37:18	05:25
281	518	Alessandra Costa	trilhos luso bussaco	Veterana F50	01:48:37	+37:27	05:26
282	155	Nelio Barata	gdca	Veterano M40	01:48:39	+37:29	05:26
283	95	Hugo Serrano	casa do benfica em algueirão mem martins	Veterano M45	01:48:45	+37:35	05:26
284	299	Bruno sousa	individual	Veterano M35	01:48:56	+37:46	05:27
285	523	MIGUEL COSTA	vintage motoclubede sarzedo	Veterano M50	01:49:03	+37:53	05:27
286	256	Johanna Faria	individual	Veterana F35	01:49:06	+37:56	05:27
287	496	Miguel Videira Dias	ss cgd	Veterano M50	01:49:08	+37:58	05:27
288	66	Ivanildo Oliveira	brigada do reumático	Veterano M50	01:49:20	+38:10	05:28
289	429	miguel matos	individual	Veterano M55	01:49:28	+38:17	05:28
290	170	Jorge Miguel Azenha Bernardo	grupo desportivo santander totta	Veterano M50	01:49:30	+38:20	05:28
291	142	João Paveia	desafios positivos d+	Veterano M45	01:49:31	+38:21	05:29
292	352	Pedro M Nunes	individual	Veterano M40	01:49:40	+38:30	05:29
293	106	Jorge Santos	casa do benfica em algueirão mem martins	Veterano M65	01:49:42	+38:32	05:29
294	107	José Inocêncio	casa do benfica em algueirão mem martins	Veterano M65	01:49:42	+38:32	05:29
295	85	Rodrigo Félix	casa do benfica em algueirão mem martins	Senior Masculino	01:49:45	+38:35	05:29
296	386	André Silva	individual	Veterano M50	01:49:46	+38:36	05:29
297	268	Patrícia Nunes	individual	Veterana F40	01:49:56	+38:46	05:30
298	260	Carina Inácio	individual	Veterana F40	01:49:59	+38:49	05:30
299	70	José Simões	btt veredas de noudar	Veterano M60	01:50:17	+39:07	05:31
300	489	Paulo Figueiredo	sangria runners	Veterano M45	01:50:20	+39:09	05:31
301	210	Horácio coelho	individual	Senior Masculino	01:50:22	+39:12	05:31

20KM - STAGE 1

20 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
302	514	André Vicente	trilho dos cágados	Veterano M40	01:50:32	+39:22	05:32
303	90	Pedro Carrasqueira	casa do benfica em algueirão mem martins	Veterano M45	01:50:42	+39:31	05:32
304	86	Tânia Coelho	casa do benfica em algueirão mem martins	Veterana F40	01:50:42	+39:32	05:32
305	92	Alvaro Cachopo	casa do benfica em algueirão mem martins	Veterano M40	01:50:42	+39:32	05:32
306	377	Pedro Carrinho	individual	Veterano M45	01:50:43	+39:33	05:32
307	349	Nuno Salvador	individual	Veterano M40	01:50:55	+39:45	05:33
308	280	Sandra Ribeiro	individual	Veterana F45	01:51:00	+39:50	05:33
309	344	Luis Ferreira	individual	Veterano M40	01:51:00	+39:50	05:33
310	341	Henrique Santos	individual	Veterano M40	01:51:01	+39:51	05:33
311	479	Nuno Oliveira	pacers-aminhacorrida	Veterano M50	01:51:01	+39:51	05:33
312	332	Dino Ramos	individual	Veterano M40	01:51:02	+39:52	05:33
313	521	Hugo Lopes	ultra maratonistas	Veterano M40	01:51:02	+39:52	05:33
314	445	Pedro Carvalho	individual	Veterano M60	01:51:25	+40:15	05:34
315	402	Miguel Mendes	individual	Veterano M50	01:51:31	+40:21	05:35
316	147	Rúben Lopes	fitness factory almeirim	Senior Masculino	01:51:49	+40:39	05:35
317	204	Francisco Maurício	individual	Senior Masculino	01:52:07	+40:56	05:36
318	51	Dina Mota	associação de atletismo lebres do sado	Veterana F55	01:52:38	+41:28	05:38
319	291	Graça Roldão	individual	Veterana F60	01:52:58	+41:47	05:39
320	192	Bernardo Santos	individual	Senior Masculino	01:53:00	+41:50	05:39
321	447	Antonio Nunes	individual	Veterano M65	01:53:00	+41:50	05:39
322	83	Carolina Charrua	casa do benfica em algueirão mem martins	Senior Feminino	01:53:05	+41:55	05:39
323	100	Marco Charrua	casa do benfica em algueirão mem martins	Veterano M55	01:53:05	+41:55	05:39
324	325	Tiago Madeira	individual	Veterano M35	01:53:13	+42:03	05:40
325	248	Tiago Fernandes	individual	Senior Masculino	01:53:19	+42:08	05:40
326	219	João Vasconcelos	individual	Senior Masculino	01:53:37	+42:27	05:41
327	254	Joana Caetano	individual	Veterana F35	01:54:29	+43:19	05:43
328	276	Inês Jerónimo	individual	Veterana F45	01:54:31	+43:21	05:44
329	405	Paulo Sousa	individual	Veterano M50	01:54:40	+43:30	05:44
330	450	Joaquim Safara	individual	Veterano M65	01:54:46	+43:36	05:44
331	137	Luís Andrade	cua benaventense - 3b triatlo	Veterano M40	01:54:51	+43:41	05:45
332	139	Ludovico do Rio	cua benaventense - 3b triatlo	Veterano M45	01:54:51	+43:41	05:45
333	162	Diogo Ferreira	gouxaria run team	Veterano M40	01:54:56	+43:46	05:45
334	454	Joana Frazão	j&n	Veterana F40	01:55:03	+43:52	05:45
335	126	NUNO FILIPE BRAGA MENDES	clube millennium bcp	Veterano M40	01:55:07	+43:57	05:45
336	395	João Pedro Costa	individual	Veterano M50	01:55:22	+44:12	05:46
337	472	Oscar Faria	mozrun	Veterano M45	01:55:24	+44:14	05:46
338	69	Manuela Pinto	btt veredas de noudar	Veterana F60	01:55:26	+44:16	05:46
339	370	Luis Filipe Prego Semião	individual	Veterano M45	01:55:39	+44:29	05:47
340	282	Vera Silva	individual	Veterana F45	01:55:39	+44:29	05:47
341	382	Rodrigo Silva	individual	Veterano M45	01:55:48	+44:38	05:47
342	156	LUÍS COSTA	gdrc ponterrolense	Veterano M50	01:56:00	+44:50	05:48
343	425	José Branco	individual	Veterano M55	01:56:22	+45:12	05:49
344	19	Jorge Monteiro	1º dezembro queijas	Veterano M55	01:56:27	+45:17	05:49

20 KM

OFFICIAL RESULT

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
345	15	António Cavaleiro	associação 20kms de almeirim	Veterano M35	01:56:38	+45:27	05:50
346	135	Cláudia Maria Santana Pastor Pires Pepe	correr em évora	Veterana F50	01:57:26	+46:16	05:52
347	136	Rui Manuel Ferreira dos Reis Santos	correr em évora	Veterano M50	01:57:26	+46:16	05:52
348	436	Carlos Manuel Barrento Tavares da Silva	individual	Veterano M60	01:57:34	+46:24	05:53
349	439	Hernâni Gaspar	individual	Veterano M60	01:57:50	+46:40	05:54
350	50	André Ip	asas nos pés	Senior Masculino	01:58:06	+46:56	05:54
351	11	Mariana Rodrigues	a20km-dm	Veterana F35	01:58:29	+47:19	05:55
352	8	Ana Rodrigues	a20km-dm	Veterana F40	01:58:31	+47:21	05:56
353	122	VÍTOR AMADO	clube atletismo vale de figueira	Veterano M65	01:58:35	+47:25	05:56
354	179	Cláudia Mira	individual	Senior Feminino	01:58:49	+47:39	05:56
355	54	Mário Oliveira	associação de atletismo lebres do sado	Veterano M50	01:59:02	+47:52	05:57
356	133	Luis Lourenco	cool runners loulé	Veterano M55	01:59:14	+48:04	05:58
357	217	João Pinheiro	individual	Senior Masculino	01:59:19	+48:09	05:58
358	476	Ana Casquilho	pacers-aminhacorrida	Veterana F45	01:59:28	+48:18	05:58
359	414	Vitor pereira	individual	Veterano M50	01:59:50	+48:40	06:00
360	182	Inês Dias	individual	Senior Feminino	02:00:01	+48:50	06:00
361	318	Miguel Dias	individual	Veterano M35	02:00:05	+48:55	06:00
362	416	Carlos Mira	individual	Veterano M55	02:00:26	+49:16	06:01
363	7	LINA MATEUS	individual	Veterana F45	02:00:29	+49:18	06:01
364	404	Paulo Pereira	individual	Veterano M50	02:00:34	+49:24	06:02
365	115	jorge duarte	chester's team	Veterano M50	02:00:43	+49:33	06:02
366	464	MARTA PALONGO	lebres do sado	Veterana F40	02:00:53	+49:43	06:03
367	239	Ricardo Duarte	individual	Senior Masculino	02:01:03	+49:53	06:03
368	141	Diogo Jesus	desafios positivos d+	Veterano M40	02:01:14	+50:03	06:04
369	284	Carla Mira	individual	Veterana F50	02:01:18	+50:08	06:04
370	286	Sofia galinha	individual	Veterana F50	02:01:32	+50:22	06:05
371	258	Ana Viana	individual	Veterana F40	02:01:34	+50:24	06:05
372	270	Rita Neves	individual	Veterana F40	02:01:37	+50:26	06:05
373	18	Isabel Antunes	1º dezembro queijas	Veterana F50	02:01:44	+50:34	06:05
374	442	Luis Cabeça	individual	Veterano M60	02:01:47	+50:37	06:05
375	140	Blisa Simão	desafios positivos d+	Veterana F45	02:01:51	+50:41	06:06
376	255	Joana Correia	individual	Veterana F35	02:02:06	+50:56	06:06
377	345	Márcio Emanuel Figueiredo Lopes	individual	Veterano M40	02:02:15	+51:05	06:07
378	178	Ana Jorge	individual	Senior Feminino	02:02:18	+51:08	06:07
379	277	Paula Almeida Cruz	individual	Veterana F45	02:02:35	+51:24	06:08
380	363	Hugo Lopes	individual	Veterano M45	02:03:21	+52:11	06:10
381	186	Mariana Martins Mourão	individual	Senior Feminino	02:03:30	+52:20	06:10
382	52	Mafalda Nunes	associação de atletismo lebres do sado	Veterana F55	02:04:00	+52:50	06:12
383	128	MARIO RUI TAVARES ROMAO	clube millennium bcp	Veterano M50	02:04:14	+53:04	06:13
384	237	Raul Schuurmans	individual	Senior Masculino	02:04:30	+53:19	06:13
385	88	Vera Toledo	casa do benfica em algueirão mem martins	Veterana F50	02:04:35	+53:25	06:14
386	269	Regiane Fichtner	individual	Veterana F40	02:04:44	+53:34	06:14

20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
387	290	Odete Francisco	individual	Veterana F55	02:04:49	+53:39	06:14
388	183	INES VIEIRA	individual	Senior Feminino	02:04:50	+53:40	06:14
389	189	Sara Alexandra Joaquim Santos	casa do benfica em algueirão mem martins	Senior Feminino	02:05:02	+53:52	06:15
390	278	Rita Alexandra Reis Joaquim	casa do benfica em algueirão mem martins	Veterana F45	02:05:03	+53:52	06:15
391	422	João Marques	individual	Veterano M55	02:05:10	+54:00	06:15
392	30	Luis Rosa	a tertúlia do reirão	Veterano M50	02:05:21	+54:10	06:16
393	274	Elsa Carrilho	individual	Veterana F45	02:05:35	+54:25	06:17
394	264	Joana Lopes	individual	Veterana F40	02:05:46	+54:36	06:17
395	187	Micaela Matos Henriques	individual	Senior Feminino	02:05:54	+54:43	06:18
396	443	Narciso Cerqueira	individual	Veterano M60	02:05:54	+54:44	06:18
397	294	André Luiz Freitas de Andrade	individual	Veterano M35	02:05:55	+54:45	06:18
398	203	Francisco Caetano	individual	Senior Masculino	02:05:56	+54:46	06:18
399	383	RUBEN SILVA	individual	Veterano M45	02:06:06	+54:56	06:18
400	465	Luis Pereira	luis pereira	Veterano M50	02:06:10	+55:00	06:19
401	233	Nuno Miguel Moreira	individual	Senior Masculino	02:06:16	+55:05	06:19
402	430	Nuno Moreira	individual	Veterano M55	02:06:16	+55:06	06:19
403	265	Juliana Antunes	individual	Veterana F40	02:06:23	+55:13	06:19
404	287	Vanda Fernandes	individual	Veterana F50	02:06:23	+55:13	06:19
405	288	Zita Silva	individual	Veterana F50	02:06:45	+55:35	06:20
406	39	José Levezinho	alverca urban runners	Veterano M50	02:06:46	+55:36	06:20
407	80	Josué Duarte	calceteiros de fafe	Senior Masculino	02:06:52	+55:42	06:21
408	79	João Barra	calceteiros de fafe	Senior Masculino	02:06:52	+55:42	06:21
409	29	Sérgio Marques	a tertúlia do reirão	Veterano M45	02:07:32	+56:22	06:23
410	317	Luís Pires	individual	Veterano M35	02:07:39	+56:29	06:23
411	31	Filipe Tomás	a. c. s. mamede	Veterano M65	02:08:40	+57:30	06:26
412	266	Leila liliana rosado lopes	individual	Veterana F40	02:08:50	+57:39	06:26
413	415	Carlos Lopes	individual	Veterano M55	02:09:18	+58:08	06:28
414	208	Guilherme Carvalho	individual	Senior Masculino	02:09:27	+58:17	06:28
415	184	Joana Renata	individual	Senior Feminino	02:09:28	+58:17	06:28
416	319	Pedro Kapata	individual	Veterano M35	02:09:28	+58:17	06:28
417	232	Miguel Pereira	individual	Senior Masculino	02:09:35	+58:25	06:29
418	188	Patrícia Trindade	individual	Senior Feminino	02:09:47	+58:37	06:29
419	214	João Carlos Barão Castanheira	individual	Senior Masculino	02:09:54	+58:44	06:30
420	55	Paulo mota	associação de atletismo lebres do sado	Veterano M55	02:09:54	+58:44	06:30
421	197	David Gonçalves	individual	Senior Masculino	02:10:38	+59:28	06:32
422	48	Carlos Rodrigues	amigos do atletismo de mafra	Veterano M65	02:10:38	+59:28	06:32
423	250	VASCO FRAGOSO	individual	Senior Masculino	02:11:15	+01:00:05	06:34
424	261	Catia Moraes	individual	Veterana F40	02:11:17	+01:00:07	06:34
425	201	Fernando José Videira Carvalho	individual	Senior Masculino	02:12:55	+01:01:45	06:39
426	193	Bruno Carvalho	individual	Senior Masculino	02:12:55	+01:01:45	06:39
427	176	Ricardo Costa	hybridus fr	Veterano M35	02:14:39	+01:03:29	06:44
428	175	Fábio Francisco	hybridus fr	Veterano M35	02:14:39	+01:03:29	06:44
429	56	Daphne van Winkel	associação desportiva cultural e recreativa de paço dos negros	Veterana F45	02:17:11	+01:06:01	06:52

20KM - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
430	73	Paula Barroso	c.d. "os águias" de alpiarça	Veterana F50	02:18:15	+01:07:05	06:55
431	347	Nelson Nunes	individual	Veterano M40	02:18:40	+01:07:30	06:56
432	119	INÊS PEREIRA	clube atletismo vale de figueira	Senior Feminino	02:19:53	+01:08:43	07:00
433	120	FILIPE GRAÇA	clube atletismo vale de figueira	Veterano M35	02:19:53	+01:08:43	07:00
434	501	Afonso Cachim	tartarugas racing club	Senior Masculino	02:20:27	+01:09:17	07:01
435	504	Francisco Alves	tartarugas racing club	Senior Masculino	02:20:31	+01:09:21	07:02
436	87	Ana Pauleta	casa do benfica em algueirão mem martins	Veterana F45	02:22:50	+01:11:40	07:08
437	53	Bruno Lino	associação de atletismo lebres do sado	Veterano M50	02:25:00	+01:13:50	07:15
438	530	Fabício Vieira Dias	individual	Senior Masculino	02:27:22	+01:16:12	07:22
439	451	MARIO PIRES	individual	Veterano M65	02:27:40	+01:16:30	07:23
440	91	Patricia Pedro	casa do benfica em algueirão mem martins	Veterana F60	02:30:38	+01:19:28	07:32
441	105	Joaquim Mónica	casa do benfica em algueirão mem martins	Veterano M65	02:30:38	+01:19:28	07:32

Obs

BIB	NOTE	NAME	TEAM	CAT
16	DQ	Rui Manuel Farinha Freire Rodrigues	Associação 20Kms de Almeirim	Veterano M60
110	DQ	Otília Rosado	CCDTMetroLX	Veterana F50
230	DQ	Miguel ferreira	Individual	Senior Masculino
387	DQ	António Bértolo	Individual	Veterano M50
449	DQ	Joaquim José Alves Rebelo	Individual	Veterano M65
482	DQ	Nuno Lucas	Pernas de Gafanhoto	Veterano M45
490	DQ	Silvaneide Macedo	SO MAIS UM	Veterana F40
529	DQ	Nuno Patrício	WalkandRun-Seaside	Veterano M55
25	DNF	Tiago Cavaleiro	A TEAM AGEAS	Veterano M40
33	DNF	Luís Filipe Carvalho	ACRM Silveirinha Grande e Claras	Veterano M50
49	DNF	Diogo Narciso	ARCD MENDIGA	Veterano M35
101	DNF	Paulo Carneiro	Casa do Benfica em Algueirão Mem Martins	Veterano M60
177	DNF	Alice Dourado	Individual	Senior Feminino
223	DNF	Lucas Ascensão Marques	Individual	Senior Masculino
272	DNF	Andreia Margarida Lopes da Costa Roque	Individual	Veterana F45
392	DNF	Filipe Pires	Individual	Veterano M50

20km

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	14,8°C	77%
End	12:31	14.8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	491	Catarina Cidade do Carmo	Sporting Clube de Portugal	Senior Feminino	01:15:50		03:48
2	2	Rita Furtado	Run Tejo - Prevent Sprain	Senior Feminino	01:22:23	+06:32	04:07
3	158	Ana Rebelo	GFD Running	Senior Feminino	01:23:22	+07:31	04:10
4	185	Margarida Pereira	Individual	Senior Feminino	01:30:51	+15:00	04:33
5	4	Alexandra Simão	Individual	Senior Feminino	01:34:53	+19:03	04:45
6	180	Emma Rachel	Individual	Senior Feminino	01:45:09	+29:19	05:15
7	483	Catarina Vanessa Miranda Grilo	Ribago Run Club	Senior Feminino	01:47:56	+32:06	05:24
8	83	Carolina Charrua	Casa do Benfica em Algueirão Mem Martins	Senior Feminino	01:53:05	+37:14	05:39
9	179	Cláudia Mira	Individual	Senior Feminino	01:58:49	+42:58	05:56
10	182	Inês Dias	Individual	Senior Feminino	02:00:01	+44:10	06:00
11	178	Ana Jorge	Individual	Senior Feminino	02:02:18	+46:28	06:07
12	186	Mariana Martins Mourão	Individual	Senior Feminino	02:03:30	+47:39	06:10
13	183	INES VIEIRA	Individual	Senior Feminino	02:04:50	+48:59	06:14
14	189	Sara Alexandra Joaquim Santos	Casa do Benfica em Algueirão Mem Martins	Senior Feminino	02:05:02	+49:12	06:15
15	187	Micaela Matos Henriques	Individual	Senior Feminino	02:05:54	+50:03	06:18
16	184	Joana Renata	Individual	Senior Feminino	02:09:28	+53:37	06:28
17	188	Patrícia Trindade	Individual	Senior Feminino	02:09:47	+53:57	06:29
18	119	INÊS PEREIRA	CLUBE ATLETISMO VALE DE FIGUEIRA	Senior Feminino	02:19:53	+01:04:02	07:00

Senior Masculino

1	460	João Teixeira	Juventude Desportiva Almansor	Senior Masculino	01:14:05	03:42
2	194	Bruno Miguel Pereira Vitorino	Individual	Senior Masculino	01:15:18	+01:12 03:46
3	243	Rodrigo Batalha	Individual	Senior Masculino	01:19:20	+05:14 03:58
4	225	Manuel Lopo de Carvalho	Individual	Senior Masculino	01:20:56	+06:50 04:03
5	159	Antonio Boné	GFD Running	Senior Masculino	01:22:26	+08:20 04:07
6	67	Paulo Ferreira	Bruxos Runners	Senior Masculino	01:24:02	+09:56 04:12
7	62	André Santos	Bombeiros Voluntários De Montemor-O-Novo	Senior Masculino	01:26:15	+12:09 04:19
8	209	Henrique Freitas	Individual	Senior Masculino	01:27:03	+12:57 04:21
9	222	José Meira	Individual	Senior Masculino	01:28:58	+14:52 04:27
10	502	Alexandre Santos	Tartarugas Racing Club	Senior Masculino	01:29:26	+15:20 04:28
11	206	Gonçalo Pereira	Individual	Senior Masculino	01:30:07	+16:01 04:30
12	199	Diogo Gonçalves	Individual	Senior Masculino	01:31:02	+16:56 04:33
13	190	André Limeiro	Individual	Senior Masculino	01:31:17	+17:11 04:34
14	218	João Silva	Individual	Senior Masculino	01:32:02	+17:56 04:36
15	227	Miguel Frazão	Individual	Senior Masculino	01:32:12	+18:06 04:37

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20km

20 KM

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16	205	Francisco Pombas	Individual	Senior Masculino	01:32:12	+18:06	04:37
17	212	ivanildo moraes	Individual	Senior Masculino	01:32:12	+18:06	04:37
18	224	Luís Bento	Individual	Senior Masculino	01:32:43	+18:37	04:38
19	246	Sergio Fangueiro	Individual	Senior Masculino	01:32:53	+18:47	04:39
20	165	Diogo Silva	Grupo Desportivo Limpeza Urbana	Senior Masculino	01:32:54	+18:48	04:39
21	211	Iazalde Pelembe	Individual	Senior Masculino	01:34:28	+20:22	04:43
22	245	Rui Ferreira	Individual	Senior Masculino	01:34:46	+20:40	04:44
23	229	Miguel Bragança	Individual	Senior Masculino	01:34:57	+20:51	04:45
24	41	Martim Bacatelo	Amigos de Prevenção	Senior Masculino	01:35:41	+21:35	04:4
25	238	Ricardo Aniceto	Individual	Senior Masculino	01:37:33	+23:27	04:53
26	247	Stanislav Tabol	Individual	Senior Masculino	01:37:34	+23:28	04:53
27	235	Pedro Sanfona	Individual	Senior Masculino	01:37:47	+23:41	04:53
28	503	Cláudio Dias	Tartarugas Racing Club	Senior Masculino	01:37:55	+23:49	04:54
29	10	Diogo Oliveira	A20km-DM	Senior Masculino	01:38:02	+23:56	04:54
30	72	Bruno Silva	C.D. "Os Águias" de Alpiarça	Senior Masculino	01:38:12	+24:06	04:55
31	242	Ricardo Silva	Individual	Senior Masculino	01:38:40	+24:34	04:56
32	40	João Bernardo da Silva de Sousa Ribeiro	Amigos de Prevenção	Senior Masculino	01:39:03	+24:57	04:57
33	532	Rogério Palmeiro	Individual	Senior Masculino	01:39:12	+25:06	04:58
34	234	Paulo Oliveira	Individual	Senior Masculino	01:39:22	+25:16	04:58
35	251	Vasco Pinhão	Individual	Senior Masculino	01:39:23	+25:17	04:58
36	213	João Aranha	Individual	Senior Masculino	01:39:26	+25:20	04:58
37	505	João Limeiro	Tartarugas Racing Club	Senior Masculino	01:39:36	+25:30	04:59
38	191	Bernardo Nobre	Individual	Senior Masculino	01:40:35	+26:29	05:02
39	231	Miguel Giada	Individual	Senior Masculino	01:40:35	+26:29	05:02
40	143	André Oliveira	EAGLEBOX	Senior Masculino	01:41:10	+27:04	05:03
41	244	Rodrigo Silva	Individual	Senior Masculino	01:41:31	+27:25	05:05
42	146	JOÃO CAMPOS	Fitness Factory Almeirim	Senior Masculino	01:43:16	+29:11	05:10
43	84	Miguel Almeida	Casa do Benfica em Algueirão Mem Martins	Senior Masculino	01:43:34	+29:28	05:11
44	241	Ricardo Santos	Individual	Senior Masculino	01:44:57	+30:51	05:15
45	42	Pedro Tiago Madureira Santos	Amigos de Prevenção	Senior Masculino	01:45:41	+31:35	05:17
46	198	Diogo Campino	Individual	Senior Masculino	01:45:55	+31:49	05:18
47	114	Rafael Alexandre Monteiro Correia Pereira	Chamusca Trail	Senior Masculino	01:45:56	+31:50	05:18
48	207	Gonçalo Tomás	Individual	Senior Masculino	01:46:11	+32:05	05:19
49	458	Sérgio Oliveira	JOMA	Senior Masculino	01:46:29	+32:23	05:19
50	202	Filipe Teixeira	Individual	Senior Masculino	01:47:23	+33:17	05:22
51	173	Cláudio Nunes	Horto Leal	Senior Masculino	01:48:02	+33:56	05:24
52	85	Rodrigo Félix	Casa do Benfica em Algueirão Mem Martins	Senior Masculino	01:49:45	+35:39	05:29
53	210	Horácio coelho	Individual	Senior Masculino	01:50:22	+36:16	05:31
54	147	Rúben Lopes	Fitness Factory Almeirim	Senior Masculino	01:51:49	+37:43	05:35
55	204	Francisco Maurício	Individual	Senior Masculino	01:52:07	+38:01	05:36
56	192	Bernardo Santos	Individual	Senior Masculino	01:53:00	+38:54	05:39
57	248	Tiago Fernandes	Individual	Senior Masculino	01:53:19	+39:13	05:40
58	219	João Vasconcelos	Individual	Senior Masculino	01:53:37	+39:31	05:41
59	50	André Ip	Asas nos Pés	Senior Masculino	01:58:06	+44:00	05:54

20km

20 KM

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60	217	João Pinheiro	Individual	Senior Masculino	01:59:19	+45:13	05:58
61	239	Ricardo Duarte	Individual	Senior Masculino	02:01:03	+46:57	06:03
62	237	Raul Schuurmans	Individual	Senior Masculino	02:04:30	+50:24	06:13
63	203	Francisco Caetano	Individual	Senior Masculino	02:05:56	+51:50	06:18
64	233	Nuno Miguel Moreira	Individual	Senior Masculino	02:06:16	+52:10	06:19
65	80	Josué Duarte	Calceteiros de Fafe	Senior Masculino	02:06:52	+52:46	06:21
66	79	João Barra	Calceteiros de Fafe	Senior Masculino	02:06:52	+52:46	06:21
67	208	Guilherme Carvalho	Individual	Senior Masculino	02:09:27	+55:21	06:28
68	232	Miguel Pereira	Individual	Senior Masculino	02:09:35	+55:29	06:29
69	214	João Carlos Barão Castanheira	Individual	Senior Masculino	02:09:54	+55:48	06:30
70	197	David Gonçalves	Individual	Senior Masculino	02:10:38	+56:32	06:32
71	250	VASCO FRAGOSO	Individual	Senior Masculino	02:11:15	+57:09	06:34
72	201	Fernando José Videira Carvalho	Individual	Senior Masculino	02:12:55	+58:49	06:39
73	193	Bruno Carvalho	Individual	Senior Masculino	02:12:55	+58:49	06:39
74	501	Afonso Cachim	Tartarugas Racing Club	Senior Masculino	02:20:27	+01:06:21	07:01
75	504	Francisco Alves	Tartarugas Racing Club	Senior Masculino	02:20:31	+01:06:25	07:02
76	530	Fabício Vieira Dias	Individual	Senior Masculino	02:27:22	+01:13:16	07:22

Veterana F35

1	526	kilma rodrigues dos santos	WalkandRun-Seaside	Veterana F35	01:27:26	04:22
2	253	Cláudia Nunes	Desafios Positivos D+	Veterana F35	01:39:06	+11:40 04:57
3	475	Sara Espanhol	PACERS-AMINHACORRIDA	Veterana F35	01:40:17	+12:51 05:01
4	256	Johanna Faria	Individual	Veterana F35	01:49:06	+21:39 05:27
5	254	Joana Caetano	Individual	Veterana F35	01:54:29	+27:02 05:43
6	11	Mariana Rodrigues	A20km-DM	Veterana F35	01:58:29	+31:03 05:55
7	255	Joana Correia	Individual	Veterana F35	02:02:06	+34:40 06:06

Veterana F40

1	534	Marta Xavier	Penta Clube da Covilhã	Veterana F40	01:37:38	04:53
2	262	Fabianne Pinheiro	Individual	Veterana F40	01:39:31	+01:53 04:59
3	6	Telma Azevedo	Individual	Veterana F40	01:46:49	+09:11 05:20
4	268	Patrícia Nunes	Individual	Veterana F40	01:49:56	+12:18 05:30
5	260	Carina Inácio	Individual	Veterana F40	01:49:59	+12:21 05:30
6	86	Tânia Coelho	Casa do Benfica em Algueirão Mem Martins	Veterana F40	01:50:42	+13:04 05:32
7	454	Joana Frazão	J&N	Veterana F40	01:55:03	+17:24 05:45
8	8	Ana Rodrigues	A20km-DM	Veterana F40	01:58:31	+20:53 05:56
9	464	MARTA PALONGO	LEBRES DO SADO	Veterana F40	02:00:53	+23:15 06:03
10	258	Ana Viana	Individual	Veterana F40	02:01:34	+23:56 06:05
11	270	Rita Neves	Individual	Veterana F40	02:01:37	+23:58 06:05
12	269	Regiane Fichtner	Individual	Veterana F40	02:04:44	+27:06 06:14
13	264	Joana Lopes	Individual	Veterana F40	02:05:46	+28:08 06:17
14	265	Juliana Antunes	Individual	Veterana F40	02:06:23	+28:45 06:19
15	266	Leila liliana rosado lopes	Individual	Veterana F40	02:08:50	+31:11 06:26

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20km

20 KM

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16	261	Catia Morais	Individual	Veterana F40	02:11:17	+33:39	06:34
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Veterana F45

1	281	Tetyana Vakulyuk	Individual	Veterana F45	01:26:56	04:21
2	273	Claudia Simão	Individual	Veterana F45	01:28:46	+01:50 04:26
3	36	Inés Corbalan	ADR "O Relâmpago"	Veterana F45	01:35:37	+08:41 04:47
4	512	Lúcia Oliveira	TotalEnergies	Veterana F45	01:39:18	+12:21 04:58
5	279	Rita Liliana de Lopes Matos Ferreira	Individual	Veterana F45	01:43:10	+16:14 05:10
6	507	Mónica Machado	Thomar Athletics	Veterana F45	01:45:07	+18:11 05:15
7	280	Sandra Ribeiro	Individual	Veterana F45	01:51:00	+24:04 05:33
8	276	Inês Jerónimo	Individual	Veterana F45	01:54:31	+27:35 05:44
9	282	Vera Silva	Individual	Veterana F45	01:55:39	+28:42 05:47
10	476	Ana Casquilho	PACERS-AMINHACORRIDA	Veterana F45	01:59:28	+32:32 05:58
11	7	LINA MATEUS	Individual	Veterana F45	02:00:29	+33:32 06:01
12	140	Blisa Simão	Desafios Positivos D+	Veterana F45	02:01:51	+34:54 06:06
13	277	Paula Almeida Cruz	Individual	Veterana F45	02:02:35	+35:38 06:08
14	278	Rita Alexandra Reis Joaquim	Casa do Benfica em Algueirão Mem Martins	Veterana F45	02:05:03	+38:06 06:15
15	274	Elsa Carrilho	Individual	Veterana F45	02:05:35	+38:39 06:17
16	56	Daphne van Winkel	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterana F45	02:17:11	+50:15 06:52
17	87	Ana Pauleta	Casa do Benfica em Algueirão Mem Martins	Veterana F45	02:22:50	+55:53 07:08

Veterana F50

1	81	Dulcinea Silva	Cansados	Veterana F50	01:28:07	04:24
2	172	Helena Moreira	HeCaTEAM	Veterana F50	01:38:03	+09:55 04:54
3	149	SUSETE VIEIRA	FLECHAS NEGRAS	Veterana F50	01:42:19	+14:12 05:07
4	117	Edite eusebio	Clube atletismo de obidos	Veterana F50	01:43:56	+15:49 05:12
5	498	Stephanie Tibourtine	Steph e Rui	Veterana F50	01:45:57	+17:49 05:18
6	518	Alessandra Costa	TRILHOS LUSO BUSSACO	Veterana F50	01:48:37	+20:30 05:26
7	135	Cláudia Maria Santana Pastor Pires Pepe	Correr em Évora	Veterana F50	01:57:26	+29:18 05:52
8	284	Carla Mira	Individual	Veterana F50	02:01:18	+33:10 06:04
9	286	Sofia galinha	Individual	Veterana F50	02:01:32	+33:25 06:05
10	18	Isabel Antunes	1º Dezembro Queijas	Veterana F50	02:01:44	+33:36 06:05
11	88	Vera Toledo	Casa do Benfica em Algueirão Mem Martins	Veterana F50	02:04:35	+36:27 06:14
12	287	Vanda Fernandes	Individual	Veterana F50	02:06:23	+38:16 06:19
13	288	Zita Silva	Individual	Veterana F50	02:06:45	+38:37 06:20
14	73	Paula Barroso	C.D. "Os Águias" de Alpiarça	Veterana F50	02:18:15	+50:07 06:55

20km

20 KM

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Veterana F55

1	46	Ana Santos	Amigos do Atletismo de Mafra	Veterana F55	01:33:50	04:42
2	426	Jun Liang	Individual	Veterana F55	01:41:24	+07:34 05:04
3	289	Fátima Vassalo	Individual	Veterana F55	01:46:37	+12:47 05:20
4	89	Cristina Carvalho	Casa do Benfica em Algueirão Mem Martins	Veterana F55	01:47:49	+13:58 05:23
5	51	Dina Mota	Associação de atletismo Lebres do sado	Veterana F55	01:52:38	+18:47 05:38
6	52	Mafalda Nunes	Associação de atletismo Lebres do sado	Veterana F55	02:04:00	+30:09 06:12
7	290	Odete Francisco	Individual	Veterana F55	02:04:49	+30:59 06:14

Veterana F60

1	527	ANABELA CARVALHO	WalkandRun-Seaside	Veterana F60	01:46:01	05:18
2	459	Elsa Oliveira	JOMA	Veterana F60	01:46:29	+00:27 05:19
3	291	Graça Roldão	Individual	Veterana F60	01:52:58	+06:56 05:39
4	69	Manuela Pinto	BTT Veredas de Noudar	Veterana F60	01:55:26	+09:24 05:46
5	91	Patricia Pedro	Casa do Benfica em Algueirão Mem Martins	Veterana F60	02:30:38	+44:36 07:32

Veterano M35

1	57	Tiago Andrónico	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterano M35	01:13:51	03:42
2	296	André Pinto	Individual	Veterano M35	01:15:34	+01:43 03:47
3	154	Emanuel Diogo	GDC Portos de Sines e do Algarve	Veterano M35	01:15:55	+02:03 03:48
4	478	Luís Gouveia	PACERS-AMINHACORRIDA	Veterano M35	01:20:00	+06:08 04:00
5	306	Fábio Silva	Individual	Veterano M35	01:20:03	+06:12 04:00
6	58	Bruno H.	Atlético Clube Gerdal	Veterano M35	01:22:39	+08:48 04:08
7	462	Bruno Miguel	Laura & Maria's	Veterano M35	01:22:52	+09:00 04:09
8	305	Duarte Roxo	Individual	Veterano M35	01:24:43	+10:51 04:14
9	323	Rui Lopes	Individual	Veterano M35	01:26:48	+12:56 04:20
10	309	João Cardoso	Individual	Veterano M35	01:27:22	+13:30 04:22
11	293	André Gaga	Individual	Veterano M35	01:27:55	+14:03 04:24
12	78	Simão Silva	CAJ Raposa	Veterano M35	01:28:03	+14:11 04:24
13	74	João Nunes	C.D. "Os Águias" de Alpiarça	Veterano M35	01:29:28	+15:36 04:28
14	310	João Esteves	Individual	Veterano M35	01:29:38	+15:46 04:29
15	298	Bruno Miguel Figueiredo Madeira Silva	Individual	Veterano M35	01:29:51	+15:59 04:30
16	477	Carlos Espanhol	PACERS-AMINHACORRIDA	Veterano M35	01:30:07	+16:15 04:30
17	320	Pedro Nunes	Individual	Veterano M35	01:31:54	+18:02 04:36
18	308	Ivo Carvalho	Individual	Veterano M35	01:33:55	+20:04 04:42
19	304	Diogo Pisco	Individual	Veterano M35	01:35:44	+21:52 04:47
20	303	Diogo Esteves	Individual	Veterano M35	01:36:38	+22:46 04:50
21	312	João Mendes	Individual	Veterano M35	01:37:03	+23:11 04:51
22	240	Tiago Soares	Individual	Veterano M35	01:37:30	+23:38 04:52

20km

20 KM

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23	302	Diogo Agostinho	Individual	Veterano M35	01:37:47	+23:55	04:53
24	295	André Matias Jorge	Individual	Veterano M35	01:37:54	+24:02	04:54
25	471	Miguel Garcia	Maltinha Runners	Veterano M35	01:38:46	+24:55	04:56
26	470	Diogo Malveiro	Maltinha Runners	Veterano M35	01:38:47	+24:55	04:56
27	324	Sérgio Felisberto	Individual	Veterano M35	01:39:25	+25:33	04:58
28	300	Carlos Cruz	Individual	Veterano M35	01:39:30	+25:38	04:58
29	322	Ricardo Domingues	Individual	Veterano M35	01:39:31	+25:39	04:59
30	327	Valter Pinho	Individual	Veterano M35	01:39:42	+25:50	04:59
31	522	André Mira	União desportiva da Chamusca	Veterano M35	01:40:17	+26:26	05:01
32	520	André Lima	Ultra Maratonistas	Veterano M35	01:40:39	+26:47	05:02
33	134	Márcio Rosa	Cork Trail Tean	Veterano M35	01:40:46	+26:54	05:02
34	153	Ricardo Oliveira	GD Marinhaís/Tarde Desportiva Runners	Veterano M35	01:41:37	+27:45	05:05
35	316	Luis Galveias	Individual	Veterano M35	01:42:37	+28:45	05:08
36	297	André Silva	Individual	Veterano M35	01:42:37	+28:46	05:08
37	151	TIAGO PINTO	G.D.R.C. PONTERROLENSE	Veterano M35	01:43:15	+29:23	05:10
38	20	Diogo Cunha	2600TR	Veterano M35	01:43:27	+29:35	05:10
39	307	Fernando Goulart da Silva	Individual	Veterano M35	01:44:12	+30:20	05:13
40	311	João Lopes	Individual	Veterano M35	01:46:15	+32:24	05:19
41	326	Tiago Simoes	Individual	Veterano M35	01:47:04	+33:12	05:21
42	174	Fabio Leal	Horto Leal	Veterano M35	01:48:23	+34:31	05:25
43	315	João Russo	Individual	Veterano M35	01:48:27	+34:35	05:25
44	299	Bruno sousa	Individual	Veterano M35	01:48:56	+35:04	05:27
45	325	Tiago Madeira	Individual	Veterano M35	01:53:13	+39:22	05:40
46	15	António Cavaleiro	Associação 20Kms de Almeirim	Veterano M35	01:56:38	+42:46	05:50
47	318	Miguel Dias	Individual	Veterano M35	02:00:05	+46:13	06:00
48	294	André Luiz Freitas de Andrade	Individual	Veterano M35	02:05:55	+52:03	06:18
49	317	Luís Pires	Individual	Veterano M35	02:07:39	+53:48	06:23
50	319	Pedro Kapata	Individual	Veterano M35	02:09:28	+55:36	06:28
51	176	Ricardo Costa	Hybridus FR	Veterano M35	02:14:39	+01:00:47	06:44
52	175	Fábio Francisco	Hybridus FR	Veterano M35	02:14:39	+01:00:47	06:44
53	120	FILIPÉ GRAÇA	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M35	02:19:53	+01:06:01	07:00

Veterano M40

1	5	Jesus Oliveira	Individual	Veterano M40	01:11:10	03:33
2	124	Ricardo Jordão	Clube de Praças da Armada	Veterano M40	01:12:37	+01:27 03:38
3	171	Telmo Nogueira	Grupo Recreativo Janz e Associados	Veterano M40	01:14:14	+03:04 03:43
4	157	Ricardo Belinha	GDSP0	Veterano M40	01:16:25	+05:15 03:49
5	340	Gonçalo Martins	Individual	Veterano M40	01:16:38	+05:28 03:50
6	533	Nuno Pires	Penta Clube da Covilhã	Veterano M40	01:16:40	+05:29 03:50
7	516	Diogo Santos	Trilho Perdido Eventos / Importlux	Veterano M40	01:17:42	+06:32 03:53
8	336	Gonçalo Dias	Individual	Veterano M40	01:18:34	+07:24 03:56
9	14	Alexandre Diniz	Associação 20Kms de Almeirim	Veterano M40	01:19:36	+08:26 03:59
10	334	Frederico Cipriano Batista	Individual	Veterano M40	01:20:51	+09:41 04:03

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20km

20 KM

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OFFICIAL RESULT

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11	38	Gonalo Cruz	Alcanena Trail Team	Veterano M40	01:21:10	+10:00	04:03
12	355	Rui Sanches	Individual	Veterano M40	01:21:43	+10:32	04:05
13	513	Hugo Matos	Tramagal Sport Unio	Veterano M40	01:22:08	+10:58	04:06
14	519	Licinio Matos	UDO Unio Desportiva Odemira	Veterano M40	01:23:14	+12:04	04:10
15	59	Hugo Pereira Lino	Atltico Clube Gerales	Veterano M40	01:23:58	+12:48	04:12
16	1	Filipe Torres	Associao 20Kms de Almeirim	Veterano M40	01:24:02	+12:52	04:12
17	111	Angelo Silva	CCDTMetroLX	Veterano M40	01:24:06	+12:56	04:12
18	508	Tiago Rosa	Thomar Athletics	Veterano M40	01:24:19	+13:09	04:13
19	75	Bruno Fidalgo	C.D. "Os guias" de Alpiara	Veterano M40	01:25:00	+13:50	04:13
20	346	Marius Leordean	Individual	Veterano M40	01:25:27	+14:17	04:16
21	351	Pedro Duarte	Individual	Veterano M40	01:25:31	+14:21	04:17
22	17	Rodrigo Galo	Associao 20Kms de Almeirim	Veterano M40	01:27:09	+15:59	04:21
23	94	Jos Barbossa	Casa do Benfica em Algueiro Mem Martins	Veterano M40	01:28:19	+17:09	04:25
24	125	DIOGO MONTEIRO COSTA SOARES JUSTINO	Clube Millennium BCP	Veterano M40	01:30:16	+19:06	04:31
25	343	Joo Fulgncio	Individual	Veterano M40	01:30:51	+19:41	04:33
26	353	Ricardo Pinhao	Individual	Veterano M40	01:31:20	+20:10	04:34
27	528	Samuel Valerio	WalkandRun-Seaside	Veterano M40	01:31:35	+20:25	04:35
28	487	Joao Francisco Velez	RX Runners	Veterano M40	01:32:04	+20:54	04:36
29	492	Ilisito Ferreira	SR Granja	Veterano M40	01:32:24	+21:14	04:37
30	335	Gil Manuel Serdio Almeida	Individual	Veterano M40	01:33:36	+22:26	04:41
31	331	David Bento	Individual	Veterano M40	01:33:50	+22:40	04:41
32	350	Paulo Loureno	Individual	Veterano M40	01:36:02	+24:52	04:48
33	484	Pedro Vitorino	Ribago Run Club	Veterano M40	01:36:39	+25:29	04:50
34	148	Nuno Lucas	Fitness Factory Almeirim	Veterano M40	01:37:02	+25:52	04:51
35	348	Nuno Costa	Individual	Veterano M40	01:38:31	+27:21	04:56
36	357	Samuel Filipe	Individual	Veterano M40	01:41:17	+30:07	05:04
37	329	Antnio Alberto	Individual	Veterano M40	01:41:39	+30:29	05:05
38	333	Francisco Gaspar	Individual	Veterano M40	01:42:50	+31:40	05:08
39	28	Rui Pedro	A tertlia do Reiro	Veterano M40	01:42:59	+31:49	05:09
40	466	Miguel Petisca	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M40	01:43:37	+32:27	05:11
41	24	Andre Martins Oliveira	A TEAM AGEAS	Veterano M40	01:46:46	+35:36	05:20
42	68	Bruno Silva	Bruxos Runners	Veterano M40	01:47:11	+36:00	05:22
43	155	Nelio Barata	GDCFA	Veterano M40	01:48:39	+37:29	05:26
44	352	Pedro M Nunes	Individual	Veterano M40	01:49:40	+38:30	05:29
45	514	Andr Vicente	TRILHO DOS CGADOS	Veterano M40	01:50:32	+39:22	05:32
46	92	Alvaro Cachopo	Casa do Benfica em Algueiro Mem Martins	Veterano M40	01:50:42	+39:32	05:32
47	349	Nuno Salvador	Individual	Veterano M40	01:50:55	+39:45	05:33
48	344	Luis Ferreira	Individual	Veterano M40	01:51:00	+39:50	05:33
49	341	Henrique Santos	Individual	Veterano M40	01:51:01	+39:51	05:33
50	332	Dino Ramos	Individual	Veterano M40	01:51:02	+39:52	05:33
51	521	Hugo Lopes	Ultra Maratonistas	Veterano M40	01:51:02	+39:52	05:33
52	137	Lus Andrade	CUA Benaventense - 3B Triatlo	Veterano M40	01:54:51	+43:41	05:45
53	162	Diogo Ferreira	Gouxaria Run Team	Veterano M40	01:54:56	+43:46	05:45
54	126	NUNO FILIPE BRAGA MENDES	Clube Millennium BCP	Veterano M40	01:55:07	+43:57	05:46

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20km

20 KM

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55	141	Diogo Jesus	Desafios Positivos D+	Veterano M40	02:01:14	+50:03	06:04
56	345	Márcio Emanuel Figueiredo Lopes	Individual	Veterano M40	02:02:15	+51:05	06:07
57	347	Nelson Nunes	Individual	Veterano M40	02:18:40	+01:07:30	06:56

Veterano M45

1	372	Marco Daniel Alves	Individual	Veterano M45	01:13:18	03:40
2	493	Rui Teixeira	SR Granja	Veterano M45	01:16:01	+02:43 03:48
3	381	Ricardo Jorge	Individual	Veterano M45	01:17:56	+04:37 03:54
4	361	Duarte Maria Abranches de Matos Cortes	Individual	Veterano M45	01:18:59	+05:41 03:57
5	360	Carlos Nuno Patusco Frazão	Individual	Veterano M45	01:21:09	+07:51 04:03
6	138	João Caniço	CUA Benaventense - 3B Triatlo	Veterano M45	01:25:06	+11:48 04:15
7	160	Artur Pinto	GFD Running	Veterano M45	01:26:35	+13:17 04:20
8	376	Pedro Azeitona	Individual	Veterano M45	01:27:42	+14:24 04:23
9	375	Paulo Andrade	Individual	Veterano M45	01:29:14	+15:55 04:28
10	366	João Rodrigues	Individual	Veterano M45	01:29:50	+16:31 04:29
11	374	Nuno Neves	Individual	Veterano M45	01:29:52	+16:34 04:30
12	97	Rui Ferreira	Casa do Benfica em Algueirão Mem Martins	Veterano M45	01:29:57	+16:39 04:30
13	379	Pedro Mamede	Individual	Veterano M45	01:31:18	+17:59 04:34
14	364	Hugo Pereira	Individual	Veterano M45	01:33:12	+19:54 04:40
15	61	Ricardo Patrício	BOAVISTA TRAIL	Veterano M45	01:33:20	+20:02 04:40
16	60	Joao Fernandes	B.E.J.A	Veterano M45	01:33:29	+20:11 04:40
17	365	João Pedro Simões	Individual	Veterano M45	01:35:05	+21:47 04:45
18	515	Pedro Moita	TRILHO DOS CÁGADOS	Veterano M45	01:36:36	+23:18 04:50
19	96	Nuno Sabino	Casa do Benfica em Algueirão Mem Martins	Veterano M45	01:36:58	+23:40 04:51
20	373	NUNO MAIA	Individual	Veterano M45	01:38:09	+24:51 04:54
21	35	Pedro Belas	Adega Taurina running	Veterano M45	01:38:54	+25:36 04:57
22	378	Pedro Jerónimo	Individual	Veterano M45	01:39:16	+25:58 04:58
23	368	JOSÉ PASSOS	Individual	Veterano M45	01:39:26	+26:08 04:58
24	455	Nuno Rouxinol	J&N	Veterano M45	01:39:38	+26:20 04:59
25	486	Joao Gregorio	Runners Frente Ribeirinha Povia Sta Iria	Veterano M45	01:40:45	+27:27 05:02
26	369	leonel coutinho	Individual	Veterano M45	01:40:54	+27:36 05:03
27	384	Vasco Baptista	Individual	Veterano M45	01:41:34	+28:16 05:05
28	166	Ricardo Silva	Grupo Desportivo Limpeza Urbana	Veterano M45	01:41:49	+28:31 05:05
29	367	João Simões	Individual	Veterano M45	01:42:21	+29:03 05:07
30	500	Sérgio Manuel Bento Lopes	Superfresco Trail Team	Veterano M45	01:43:23	+30:05 05:10
31	511	Bruno Morais	tmggodinho	Veterano M45	01:45:46	+32:28 05:17
32	380	Ricardo Flores	Individual	Veterano M45	01:47:33	+34:15 05:23
33	95	Hugo Serrano	Casa do Benfica em Algueirão Mem Martins	Veterano M45	01:48:45	+35:27 05:26
34	142	João Paveia	Desafios Positivos D+	Veterano M45	01:49:31	+36:13 05:29
35	489	Paulo Figueiredo	Sangria Runners	Veterano M45	01:50:20	+37:01 05:31
36	90	Pedro Carrasqueira	Casa do Benfica em Algueirão Mem Martins	Veterano M45	01:50:42	+37:23 05:32

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20km

20 KM

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37	377	Pedro Carrinho	Individual	Veterano M45	01:50:43	+37:25	05:32
38	139	Ludovico do Rio	CUA Benaventense - 3B Triatlo	Veterano M45	01:54:51	+41:33	05:45
39	472	Oscar Faria	MOZRUN	Veterano M45	01:55:24	+42:06	05:46
40	370	Luis Filipe Prego Semião	Individual	Veterano M45	01:55:39	+42:21	05:47
41	382	Rodrigo Silva	Individual	Veterano M45	01:55:48	+42:30	05:47
42	363	Hugo Lopes	Individual	Veterano M45	02:03:21	+50:03	06:10
43	383	RUBEN SILVA	Individual	Veterano M45	02:06:06	+52:48	06:18
44	29	Sérgio Marques	A tertúlia do Reirão	Veterano M45	02:07:32	+54:14	06:23

Veterano M50

1	485	Luís Brito	Run Tejo - Prevent Sprain	Veterano M50	01:12:54		03:39
2	413	Vitor Gonçalves	Individual	Veterano M50	01:16:35	+03:41	03:50
3	393	Henrique janota	Individual	Veterano M50	01:17:45	+04:51	03:53
4	121	Armando Monteiro	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M50	01:18:08	+05:13	03:54
5	145	Filipe centeno	ESCOLA DE ATLETISMO DO CARTAXO	Veterano M50	01:18:19	+05:25	03:55
6	412	Samuel Eugénio	Individual	Veterano M50	01:18:54	+06:00	03:57
7	77	Jorge Aires	CA Barreira	Veterano M50	01:19:13	+06:19	03:58
8	118	Paulo do Rosário Costa	Clube atletismo de obidos	Veterano M50	01:19:19	+06:24	03:58
9	150	PAULO PRINO	FLECHAS NEGRAS	Veterano M50	01:20:57	+08:03	04:03
10	132	Helder Alvalade	Clube Raquel Cabaço	Veterano M50	01:22:11	+09:17	04:07
11	401	mario seabra	Individual	Veterano M50	01:22:21	+09:27	04:07
12	13	João Mota	Associação 20Kms de Almeirim	Veterano M50	01:23:10	+10:16	04:10
13	391	Filipe Oliveira	Individual	Veterano M50	01:23:32	+10:38	04:11
14	495	Nuno Costa	SR Granja	Veterano M50	01:23:33	+10:39	04:11
15	337	Nuno Romão	Individual	Veterano M50	01:23:38	+10:44	04:11
16	76	José Carlos David	C.D. "Os Águias" de Alpiarça	Veterano M50	01:26:00	+13:06	04:18
17	26	Miguel Truninger Sousa	A TEAM AGEAS	Veterano M50	01:28:55	+16:00	04:27
18	12	Carlos Jesus	Associação 20Kms de Almeirim	Veterano M50	01:29:10	+16:16	04:27
19	406	Pedro Alexandre Mendonça	Individual	Veterano M50	01:29:50	+16:56	04:29
20	403	Paulo Henriques	Individual	Veterano M50	01:31:08	+18:14	04:33
21	385	Acácio Gomes	Individual	Veterano M50	01:31:41	+18:47	04:35
22	388	Antonio Pereira	Individual	Veterano M50	01:31:44	+18:50	04:35
23	409	Rogério Horta	Individual	Veterano M50	01:32:05	+19:11	04:36
24	494	José Alexandre	SR Granja	Veterano M50	01:34:28	+21:34	04:43
25	474	Luis Salgueiro	Os Trinca Espinhas	Veterano M50	01:34:48	+21:54	04:44
26	509	Luis Nunes	Thomar Athletics	Veterano M50	01:34:54	+22:00	04:45
27	398	Luis Fernandes	Individual	Veterano M50	01:34:55	+22:01	04:45
28	131	Nuno Cidade do Carmo	CLUBE PEDRO PESSOA ESCOLA DE ATLETISMO	Veterano M50	01:35:12	+22:18	04:46
29	407	Pedro Miguel Almeida	Individual	Veterano M50	01:35:35	+22:41	04:47
30	467	Gonçalo Roque	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:35:50	+22:56	04:48
31	468	Vasco Miguel Fortunato Carvalho	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:35:52	+22:58	04:48

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20km

20 KM

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OFFICIAL RESULT

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32	98	António Godinho	Casa do Benfica em Algueirão Mem Martins	Veterano M50	01:36:18	+23:24	04:49
33	410	Rui Alves	Individual	Veterano M50	01:37:27	+24:33	04:52
34	411	Rui Pedro Bilro Pécurto	Individual	Veterano M50	01:37:27	+24:33	04:52
35	400	MÁRIO COSTA	Individual	Veterano M50	01:37:34	+24:40	04:53
36	389	Dinis Joaquim	Individual	Veterano M50	01:38:09	+25:15	04:54
37	129	PEDRO MIGUEL BATISTA CORDAS	Clube Millennium BCP	Veterano M50	01:39:17	+26:23	04:58
38	408	Pedro Miguel Monteiro	Individual	Veterano M50	01:39:50	+26:56	04:59
39	463	Sérgio Soares	Laura & Maria´s	Veterano M50	01:39:54	+26:59	05:00
40	116	Carlos Pinelas	Clube Amigos Atletismo Moita	Veterano M50	01:40:36	+27:42	05:02
41	506	Francisco Freire	Ténis 20kms	Veterano M50	01:41:32	+28:38	05:05
42	64	Carlos Mestrinho	Bombeiros Voluntários De Montemor-O-Novo	Veterano M50	01:44:17	+31:23	05:13
43	499	Rui Pataca	Steph e Rui	Veterano M50	01:45:57	+33:03	05:18
44	396	João Ribeiro	Individual	Veterano M50	01:46:05	+33:11	05:18
45	523	MIGUEL COSTA	Vintage Motoclube Sarzedo	Veterano M50	01:49:03	+36:09	05:27
46	496	Miguel Videira Dias	SS CGD	Veterano M50	01:49:08	+36:14	05:27
47	66	Ivanildo Oliveira	Brigada do Reumático	Veterano M50	01:49:20	+36:26	05:28
48	170	Jorge Miguel Azenha Bernardo	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M50	01:49:30	+36:36	05:28
49	386	André Silva	Individual	Veterano M50	01:49:46	+36:52	05:29
50	479	Nuno Oliveira	PACERS-AMINHACORRIDA	Veterano M50	01:51:01	+38:07	05:33
51	402	Miguel Mendes	Individual	Veterano M50	01:51:31	+38:37	05:35
52	405	Paulo Sousa	Individual	Veterano M50	01:54:40	+41:46	05:44
53	395	João Pedro Costa	Individual	Veterano M50	01:55:22	+42:28	05:46
54	156	LUÍS COSTA	GDRC Ponterrolense	Veterano M50	01:56:00	+43:06	05:48
55	136	Rui Manuel Ferreira dos Reis Santos	Correr em Évora	Veterano M50	01:57:26	+44:32	05:52
56	54	Mário Oliveira	Associação de atletismo Lebres do sado	Veterano M50	01:59:02	+46:08	05:57
57	414	Vitor pereira	Individual	Veterano M50	01:59:50	+46:56	06:00
58	404	Paulo Pereira	Individual	Veterano M50	02:00:34	+47:40	06:02
59	115	jorge duarte	Chester's Team	Veterano M50	02:00:43	+47:49	06:02
60	128	MARIO RUI TAVARES ROMAO	Clube Millennium BCP	Veterano M50	02:04:14	+51:20	06:13
61	30	Luis Rosa	A tertúlia do Reirão	Veterano M50	02:05:21	+52:26	06:16
62	465	Luis Pereira	Luis Pereira	Veterano M50	02:06:10	+53:16	06:19
63	39	José Levezinho	Alverca Urban Runners	Veterano M50	02:06:46	+53:52	06:20
64	53	Bruno Lino	Associação de atletismo Lebres do sado	Veterano M50	02:25:00	+01:12:06	07:15

Veterano M55

1	510	ALVARO SOARES	Thomar Athletics	Veterano M55	01:15:26	03:46
2	428	Luiz Mota	Individual	Veterano M55	01:19:24	+03:58 03:58
3	453	Manuel Matos	IP SANTARÉM	Veterano M55	01:19:26	+03:59 03:58
4	161	Paulo Almeida	GFD Running	Veterano M55	01:21:43	+06:16 04:05
5	420	Eduardo Lourenço	Individual	Veterano M55	01:23:53	+08:27 04:12
6	82	Luis Reis	Capão Residências Sénior	Veterano M55	01:25:23	+09:57 04:16
7	47	Rui Cleto	Amigos do Atletismo de Mafra	Veterano M55	01:27:04	+11:38 04:21

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20km

20 KM

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OFFICIAL RESULT

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8	113	José Luís Santos	CCDTMetroLX	Veterano M55	01:27:12	+11:45	04:22
9	419	Cesar Gomes	Individual	Veterano M55	01:28:47	+13:21	04:26
10	123	Jorge Sirgado	Clube de Atletismo de Ferreira do Zêzere	Veterano M55	01:30:48	+15:22	04:32
11	423	Joao Pereira	Individual	Veterano M55	01:33:58	+18:31	04:42
12	164	Pedro Ferreira	Grupo Desportivo e Recreativo A Joanita Linda-a-Velha	Veterano M55	01:35:50	+20:23	04:48
13	152	RUI SALES	G.D.R.C. PONTERROLENSE	Veterano M55	01:36:39	+21:12	04:50
14	421	João Esteves	Individual	Veterano M55	01:36:41	+21:14	04:50
15	433	Rodrigo Gonçalves da Silva	Individual	Veterano M55	01:39:59	+24:32	05:00
16	424	Jorge polidoro	Individual	Veterano M55	01:40:09	+24:42	05:00
17	22	Carlos Alberto Alves Lima	A Natureza Ensina	Veterano M55	01:40:17	+24:51	05:01
18	167	Antonio Madureira	Grupo Desportivo Limpeza Urbana	Veterano M55	01:41:39	+26:12	05:05
19	418	Carlos sousa	Individual	Veterano M55	01:43:29	+28:03	05:10
20	432	Paulo Lourinho	Individual	Veterano M55	01:43:45	+28:19	05:11
21	99	João Afonso	Casa do Benfica em Algueirão Mem Martins	Veterano M55	01:44:21	+28:54	05:13
22	168	Vitor Silva	Grupo Desportivo Limpeza Urbana	Veterano M55	01:46:39	+31:13	05:20
23	417	Carlos Peso	Individual	Veterano M55	01:47:53	+32:27	05:24
24	34	Lino Carraco	ACRM Silveirinha Grande e Claras	Veterano M55	01:48:28	+33:01	05:25
25	429	miguel matos	Individual	Veterano M55	01:49:28	+34:01	05:28
26	100	Marco Charrua	Casa do Benfica em Algueirão Mem Martins	Veterano M55	01:53:05	+37:38	05:39
27	425	José Branco	Individual	Veterano M55	01:56:22	+40:55	05:49
28	19	Jorge Monteiro	1º Dezembro Queijas	Veterano M55	01:56:27	+41:00	05:49
29	133	Luis Lourenco	Cool Runners Loulé	Veterano M55	01:59:14	+43:47	05:58
30	416	Carlos Mira	Individual	Veterano M55	02:00:26	+45:00	06:01
31	422	João Marques	Individual	Veterano M55	02:05:10	+49:43	06:15
32	430	Nuno Moreira	Individual	Veterano M55	02:06:16	+50:49	06:19
33	415	Carlos Lopes	Individual	Veterano M55	02:09:18	+53:52	06:28
34	55	Paulo mota	Associação de atletismo Lebres do sado	Veterano M55	02:09:54	+54:28	06:30

Veterano M60

1	441	José Durão	Individual	Veterano M60	01:19:34	03:59
2	497	Paulo Pires	SS CGD	Veterano M60	01:31:37	+12:03 04:35
3	446	Petru Nemes	Individual	Veterano M60	01:32:41	+13:07 04:38
4	435	Arnaldo Rolo	Individual	Veterano M60	01:34:33	+14:59 04:44
5	440	Jorge Sousa	Individual	Veterano M60	01:36:55	+17:21 04:51
6	102	Vitor Silva	Casa do Benfica em Algueirão Mem Martins	Veterano M60	01:40:17	+20:43 05:01
7	438	Fernando José da Fonseca Coelho	Individual	Veterano M60	01:47:23	+27:49 05:22
8	444	Paulo Miguel Tainha	Individual	Veterano M60	01:48:11	+28:37 05:25
9	70	José Simões	BTT Veredas de Noudar	Veterano M60	01:50:17	+30:43 05:31
10	445	Pedro Carvalho	Individual	Veterano M60	01:51:25	+31:51 05:34
11	436	Carlos Manuel Barrento Tavares da Silva	Individual	Veterano M60	01:57:34	+38:00 05:53

Official Timekeeper: Lap2Go	11 / 12	generate 25-out.-2026 12:35
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20km

20 KM

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OFFICIAL RESULT

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12	439	Hernâni Gaspar	Individual	Veterano M60	01:57:50	+38:16	05:54
13	442	Luis Cabeça	Individual	Veterano M60	02:01:47	+42:13	06:05
14	443	Narciso Cerqueira	Individual	Veterano M60	02:05:54	+46:20	06:18

Veterano M65

1	71	José Castro	C.C.D. "O ALVITEJO"	Veterano M65	01:32:21	04:37
2	103	Américo Pala	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:34:35	+02:13 04:44
3	104	João Soares	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:35:47	+03:25 04:47
4	461	Manuel Almeida	Lá Vão... de Almeirim	Veterano M65	01:36:40	+04:18 04:50
5	37	Alberto Santos	ÁGUIAS DA ESTRADA	Veterano M65	01:46:20	+13:58 05:19
6	452	Narciso Garcia Simões Arromba	Individual	Veterano M65	01:46:56	+14:34 05:21
7	106	Jorge Santos	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:49:42	+17:20 05:29
8	107	José Inocêncio	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:49:42	+17:20 05:29
9	447	Antonio Nunes	Individual	Veterano M65	01:53:00	+20:39 05:39
10	450	Joaquim Safara	Individual	Veterano M65	01:54:46	+22:24 05:44
11	122	VÍTOR AMADO	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M65	01:58:35	+26:13 05:56
12	31	Filipe Tomás	A. C. S. Mamede	Veterano M65	02:08:40	+36:18 06:26
13	48	Carlos Rodrigues	Amigos do Atletismo de Mafra	Veterano M65	02:10:38	+38:16 06:32
14	451	MARIO PIRES	Individual	Veterano M65	02:27:40	+55:19 07:23
15	105	Joaquim Mónica	Casa do Benfica em Algueirão Mem Martins	Veterano M65	02:30:38	+58:16 07:32

10 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1408	César Isidro	individual	Veterano M40	34:03		03:24
2	1558	Vitor Rito	running espinho	Veterano M40	35:28	+01:25	03:33
3	1521	Tiago Oliveira	juventude desportiva almansor	Senior Masculino	35:30	+01:26	03:33
4	1069	João Plácido	caracol trail team	Veterano M40	35:45	+01:41	03:34
5	1596	André alves	walkandrun-seaside	Veterano M35	35:54	+01:50	03:35
6	1522	Tiago Dias	juventude desportiva almansor	Veterano M35	36:08	+02:04	03:37
7	1268	Micael Agostinho	individual	Senior Masculino	36:44	+02:40	03:40
8	1183	Nuno Silva	hecateam	Veterano M45	37:11	+03:08	03:43
9	1144	CARLOS SILVA	g.d.r.c. ponterrolense	Senior Masculino	37:13	+03:10	03:43
10	1519	Álvaro Oliveira	joma	Veterano M55	37:33	+03:29	03:45
11	1065	Nilton Silva	ca barreira	Veterano M45	37:41	+03:38	03:46
12	1390	Fábio Cardoso	individual	Veterano M35	37:53	+03:50	03:47
13	1153	JOAQUIM LEAL	g.d.r.c. ponterrolense	Veterano M50	37:54	+03:50	03:47
14	1036	Núrio Ramos	asas nos pés	Veterano M35	37:55	+03:51	03:48
15	1263	João Oliveira	individual	Senior Masculino	38:31	+04:27	03:51
16	1245	Carlos Pedro	individual	Senior Masculino	38:54	+04:51	03:53
17	1163	Dinis Prudencio	grf benedita - atletismo	Veterano M55	39:55	+05:52	04:00
18	1266	Luís Castro	individual	Senior Masculino	39:59	+05:55	04:00
19	1405	Ricardo Daniel Pereira Dias	individual	Veterano M35	40:00	+05:56	04:00
20	1035	Luís Rebelo	arsc toledo	Veterano M60	40:13	+06:10	04:01
21	1049	André Domingues	bombeiros voluntários de montemor-o-novo	Senior Masculino	40:16	+06:12	04:02
22	1154	JOSÉ LEMOS	g.d.r.c. ponterrolense	Veterano M60	40:26	+06:22	04:03
23	1523	Paulo Buchadas	juventude desportiva almansor	Veterano M40	40:31	+06:27	04:03
24	1353	Deonilde Costa	individual	Veterana F50	40:34	+06:30	04:03
25	1034	Sérgio Rafael Conceição Lima de Almeida	angels run	Veterano M45	40:43	+06:39	04:04
26	1297	Tomás Valpaços	individual	Senior Masculino	41:18	+07:14	04:08
27	1388	Diogo Cosme	individual	Veterano M35	41:20	+07:17	04:08
28	1599	Mario Carvalho	gd vilarinho de cima	Veterano M60	41:27	+07:23	04:09
29	1583	Tiago Roberto	thomar athletics	Veterano M40	42:14	+08:10	04:13
30	1288	Rómulo Fernandes	individual	Senior Masculino	42:16	+08:12	04:14
31	1528	André Perdigão	no pain box	Veterano M35	42:18	+08:14	04:14
32	1556	Carlos Caria	ribago run club	Veterano M35	42:24	+08:21	04:14
33	1152	FERNANDO SILVA	g.d.r.c. ponterrolense	Veterano M50	42:31	+08:28	04:15
34	1125	Leandro Castelo	fitness factory almeirim	Senior Masculino	42:32	+08:29	04:15
35	1567	Carlos Amaro	sr granja	Veterano M45	42:35	+08:31	04:15
36	1283	Pedro Matos	individual	Senior Masculino	43:34	+09:30	04:21
37	1435	Gonçalo Manuel de Oliveira Cartaxo	individual	Veterano M45	43:45	+09:42	04:23
38	1526	Daniel vilhena	ms estúdio/ ms estofos	Senior Masculino	43:46	+09:42	04:23
39	1582	João Pinto Coelho	thomar athletics	Veterano M40	43:59	+09:55	04:24
40	1151	MARCO SILVA	g.d.r.c. ponterrolense	Veterano M45	44:03	+09:59	04:24

10 KM

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Official Timekeeper: Lap2Go	2 / 13	generate 25-out.-2026 12:35
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10 KM

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Official Timekeeper: Lap2Go	3 / 13	generate 25-out.-2026 12:35
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10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	1173	Jose Costa	grupo desportivo limpeza urbana	Veterano M60	50:07	+16:03	05:01
130	1261	João Miguel Costa Oliveira	individual	Senior Masculino	50:28	+16:25	05:03
131	1041	David Gomes	atlético clube geraldês	Veterano M45	50:30	+16:26	05:03
132	1491	Paulo Pereira	individual	Veterano M55	50:35	+16:32	05:04
133	1295	Tomás Freitas	individual	Senior Masculino	50:40	+16:36	05:04
134	1332	Inês Gonçalves	individual	Veterana F40	50:53	+16:49	05:05
135	1496	João Rodrigues	individual	Veterano M60	51:04	+17:00	05:06
136	1104	Carlos Monteiro	clube raquel cabaço	Veterano M45	51:04	+17:00	05:06
137	1431	Bruno Miguel Bordalo Lourenço	individual	Veterano M45	51:11	+17:08	05:07
138	1457	Filipe Borges	individual	Veterano M50	51:16	+17:13	05:08
139	1600	Sara Nunes	penta clube da covilhã	Veterana F35	51:17	+17:13	05:08
140	1256	Gonçalo Grilo	individual	Senior Masculino	51:21	+17:18	05:08
141	1338	vera santos	individual	Veterana F40	51:22	+17:18	05:08
142	1461	Jorge Manuel Barroso Aldeias	individual	Veterano M50	51:26	+17:22	05:09
143	1286	Ricardo Marecos	individual	Senior Masculino	51:29	+17:26	05:09
144	1385	Braulio Nunes	individual	Veterano M35	51:38	+17:34	05:10
145	1274	Nuno Delfina	individual	Senior Masculino	51:48	+17:44	05:11
146	1530	Diogo Maximiano	one dias	Senior Masculino	51:48	+17:44	05:11
147	23	Américo da Encarnação Vieira dos Santos	a natureza ensina	Veterano M65	51:53	+17:49	05:11
148	1171	Carlos Machado	grupo desportivo limpeza urbana	Veterano M45	51:59	+17:56	05:12
149	1387	Cláudio Condeço	individual	Veterano M35	52:11	+18:07	05:13
150	1241	Bernardo Jarego	individual	Senior Masculino	52:13	+18:09	05:13
151	1222	Mariana Estevão	individual	Senior Feminino	52:19	+18:15	05:14
152	1482	Vitor Martins	individual	Veterano M50	52:22	+18:18	05:14
153	1489	José António Afonso	individual	Veterano M55	52:24	+18:21	05:14
154	321	Duarte Madeira	individual	Senior Masculino	52:25	+18:21	05:14
155	1490	Luis Pinhão	individual	Veterano M55	52:26	+18:22	05:15
156	1101	PEDRO MANUEL SILVA ANTUNES CANAS	clube millennium bcp	Veterano M50	52:27	+18:23	05:15
157	1559	Mário Dias	running espinho	Veterano M45	52:28	+18:25	05:15
158	1323	ANA MARTINS	individual	Veterana F40	52:30	+18:26	05:15
159	181	Inês Bernardes	individual	Senior Feminino	52:33	+18:29	05:15
160	1477	Rui Costa Nunes	individual	Veterano M50	52:34	+18:31	05:15
161	1272	Miguel Vieira	individual	Senior Masculino	52:35	+18:31	05:15
162	1591	André Franco	ultra maratonistas	Veterano M40	52:36	+18:32	05:16
163	1590	Ricardo Pereira	ultra maratonistas	Veterano M35	52:36	+18:32	05:16
164	1040	Carlos Miguel Cardoso	associação humanitária bombeiros voluntários de vila de rei	Veterano M40	52:37	+18:33	05:16
165	1203	Eduarda Silva	individual	Senior Feminino	52:38	+18:34	05:16
166	1424	Mouzinho Cardoso	individual	Veterano M40	52:45	+18:42	05:17
167	1563	José Luís Martins	serviços sociais montepio	Veterano M60	52:47	+18:43	05:17
168	1527	Mário Santos	ms estúdio/ ms estofo	Veterano M55	52:48	+18:44	05:17
169	1335	Rita Ribeiro Heitor	individual	Veterana F40	52:48	+18:44	05:17
170	1395	João Campião	individual	Veterano M35	52:51	+18:48	05:17
171	1085	MARINA GOMES	clube atletismo vale de figueira	Veterana F35	52:52	+18:48	05:17

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	1096	JOSÉ NETO	clube atletismo vale de figueira	Veterano M65	52:55	+18:52	05:18
173	1407	Bruno Ferreira	individual	Veterano M40	52:57	+18:53	05:18
174	1557	Miguel Ângelo Clemente Elias	ribago run club	Veterano M40	52:59	+18:55	05:18
175	1432	DIOGO LOPES	individual	Veterano M45	53:03	+19:00	05:18
176	1001	Mário Figueiredo	os corre dores	Veterano M45	53:03	+19:00	05:18
177	1060	Luís Cipriano	brigada do reumático	Veterano M50	53:05	+19:01	05:18
178	1061	Aida Martins	c.c.d. "o alvitejo"	Veterana F60	53:10	+19:06	05:19
179	1437	Hugo Agostinho	individual	Veterano M45	53:13	+19:09	05:19
180	1200	Catarina Leitão	individual	Senior Feminino	53:18	+19:14	05:20
181	1204	Filipa Fidalgo	individual	Senior Feminino	53:19	+19:16	05:20
182	1276	Nuno Santos	individual	Senior Masculino	53:20	+19:16	05:20
183	1028	João Paulo Rodrigues de Oliveira	adra	Veterano M55	53:29	+19:26	05:21
184	1537	Pedro Miguel Marques	os pukis	Senior Masculino	53:38	+19:34	05:22
185	127	Luis Gonçalves	clube millennium bcp	Veterano M45	53:44	+19:41	05:22
186	1190	Andreia Neves	individual	Senior Feminino	53:52	+19:48	05:23
187	1450	Tiago Felicia	individual	Veterano M45	53:53	+19:49	05:23
188	1160	Evelin Sobreira	gfd running	Veterana F40	53:57	+19:53	05:24
189	1525	Francisco Barradas	madrugas de almeirim running team	Veterano M45	54:01	+19:57	05:24
190	1054	Joaquim Santos	bombeiros voluntários de montemor-o-novo	Veterano M45	54:02	+19:58	05:24
191	1233	Sara Fernandes	individual	Senior Feminino	54:11	+20:08	05:25
192	1564	Fábio Soares	so mais um	Veterano M40	54:14	+20:10	05:25
193	1093	AIRES PRATAS	clube atletismo vale de figueira	Veterano M65	54:18	+20:15	05:26
194	1111	Rita Palma	dream runners évora	Veterana F55	54:20	+20:16	05:26
195	1138	Tiago Estorninho	fitness factory almeirim	Veterano M35	54:31	+20:28	05:27
196	1091	LUÍS SOUSA	clube atletismo vale de figueira	Veterano M50	54:43	+20:39	05:28
197	1485	Helder Silva	individual	Veterano M55	54:44	+20:40	05:28
198	1403	Miguel António Marcelino	individual	Veterano M35	54:44	+20:40	05:28
199	1439	João Pires	individual	Veterano M45	54:44	+20:40	05:28
200	1411	Diogo Clemente leitão	individual	Veterano M40	54:44	+20:41	05:28
201	1258	HELTON IVO DE SOUZA FILHO	individual	Senior Masculino	54:44	+20:41	05:28
202	1326	Carina Vieira	individual	Veterana F40	54:45	+20:41	05:29
203	1428	Sérgio Antunes da Silva	individual	Veterano M40	54:46	+20:43	05:29
204	1469	Nuno Nunes	individual	Veterano M50	54:51	+20:47	05:29
205	1344	Joana Pernas	individual	Veterana F45	54:58	+20:54	05:30
206	1312	Jakeline Guimarães	individual	Veterana F35	55:02	+20:58	05:30
207	1253	Fábio Nunes	individual	Senior Masculino	55:11	+21:08	05:31
208	1015	Rafael Ferreira	a20km-dm	Senior Masculino	55:27	+21:23	05:33
209	1172	Nuno Costa	grupo desportivo limpeza urbana	Veterano M50	55:28	+21:24	05:33
210	1206	Inês Paulo	individual	Senior Feminino	55:28	+21:25	05:33
211	1140	João Agostinho	fitness factory almeirim	Veterano M40	55:32	+21:28	05:33
212	1318	Mónica Figueiredo	individual	Veterana F35	55:33	+21:29	05:33
213	1062	Tiago da Silva	c.d. "os águias" de alpiarça	Senior Masculino	55:33	+21:29	05:33
214	1255	Gonçalo Cruz	individual	Senior Masculino	55:33	+21:29	05:33
215	1505	Samuel Antonio	individual	Veterano M60	55:36	+21:32	05:34

10 KM

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	6 / 13	generate 25-out.-2026 12:35
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10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
259	1487	João Aniceto	individual	Veterano M55	56:55	+22:51	05:41
260	1108	Nuno Tiago Santos	desafios positivos d+	Veterano M50	56:58	+22:55	05:42
261	1306	Cátia Alexandre	individual	Veterana F35	57:02	+22:58	05:42
262	1120	Bernardo Galante	fitness factory almeirim	Senior Masculino	57:04	+23:00	05:42
263	1585	Nuno Silva	trilhos pina manique	Veterano M45	57:11	+23:07	05:43
264	1064	Miguel Portugal Moreira	c.d. "os águias" de alpiarça	Veterano M45	57:12	+23:08	05:43
265	1576	Ricardo Duarte	tartarugas racing club	Veterano M45	57:16	+23:12	05:44
266	1401	Marco Túlio Filho	individual	Veterano M35	57:20	+23:16	05:44
267	1039	Ana Duarte	associação desportiva cultural e recreativa de paço dos negros	Veterana F35	57:24	+23:20	05:44
268	1242	Bryan Adriano	individual	Senior Masculino	57:25	+23:21	05:44
269	1267	Martinho da Ponte Cerdeira	individual	Senior Masculino	57:28	+23:24	05:45
270	1516	Paula Lucas	jafitness	Veterana F40	57:35	+23:32	05:46
271	1103	Sónia Cristina Henriques	clube natação de rio maior	Veterana F45	57:38	+23:34	05:46
272	1409	Claudia Ribeiro	individual	Veterano M40	57:41	+23:37	05:46
273	1410	Daniel Vital	individual	Veterano M40	57:41	+23:37	05:46
274	1314	Joana Ferreira	individual	Veterana F35	57:41	+23:38	05:46
275	1072	Paula Simões	casa do benfica em algueirão mem martins	Veterana F45	57:43	+23:40	05:46
276	1366	Célia Mousinho	individual	Veterana F55	57:45	+23:41	05:46
277	1077	Joaquim Fernandes	casa do benfica em algueirão mem martins	Veterano M65	57:45	+23:41	05:46
278	1380	MARIA LUZIMAR DE PINHO CUNHA	individual	Veterana F65	57:46	+23:42	05:47
279	1089	CLARA MINA	clube atletismo vale de figueira	Veterana F65	57:54	+23:50	05:47
280	1327	Carla Sofia Valente Gomes	individual	Veterana F40	58:05	+24:01	05:49
281	1470	Oswaldo Ferreira	individual	Veterano M50	58:06	+24:02	05:49
282	1290	Ruben Machado	individual	Senior Masculino	58:09	+24:05	05:49
283	481	Mário Almeida	peniche a correr	Veterano M45	58:09	+24:06	05:49
284	480	Raquel Romão	peniche a correr	Veterana F40	58:09	+24:06	05:49
285	1149	RITA DUARTE	g.d.r.c. ponterrolense	Veterana F45	58:16	+24:12	05:50
286	1213	Margarida Martins Barroso	individual	Senior Feminino	58:17	+24:13	05:50
287	1243	Carlos Azevedo	individual	Senior Masculino	58:19	+24:16	05:50
288	1211	Madalena Mendes Paulo	individual	Senior Feminino	58:20	+24:16	05:50
289	1017	Gonçalo Fortunato	a20km-dm	Veterano M35	58:20	+24:17	05:50
290	1589	João Flôr	ultra maratonistas	Senior Masculino	58:33	+24:29	05:51
291	1422	Luís Teixeira	individual	Veterano M40	58:44	+24:41	05:52
292	1497	Jose Costa	individual	Veterano M60	58:48	+24:45	05:53
293	1430	Vitor Costa	individual	Veterano M40	58:51	+24:47	05:53
294	1063	Marina Marques	c.d. "os águias" de alpiarça	Veterana F40	58:54	+24:50	05:53
295	1595	Maria SebasTião	walkandrun-seaside	Veterana F40	58:56	+24:53	05:54
296	1433	Diogo Simões	individual	Veterano M45	58:57	+24:53	05:54
297	220	Joaquim Azevedo	individual	Senior Masculino	59:01	+24:58	05:54
298	1329	Elisangela Oliveira	individual	Veterana F40	59:19	+25:15	05:56
299	1058	Abílio Catarro	bombeiros voluntários de montemor-o-novo	Veterano M65	59:27	+25:23	05:57
300	1307	Cátia Costa	individual	Veterana F35	59:28	+25:24	05:57
301	1162	Maria Dias	gouxaria run team	Senior Feminino	59:33	+25:29	05:57

10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
302	1577	Nuno Fonseca	tartarugas racing club	Veterano M50	59:33	+25:29	05:57
303	1244	Carlos Martins	individual	Senior Masculino	59:40	+25:37	05:58
304	1300	Ana Filipa Teixeira gomes	individual	Veterana F35	59:40	+25:37	05:58
305	1009	Ricardo Mesquita	associação 20kms de almeirim	Veterano M40	59:42	+25:38	05:58
306	1008	Angela Apolinário	associação 20kms de almeirim	Veterana F40	59:42	+25:39	05:58
307	1474	Ricardo Gonçalves	individual	Veterano M50	01:00:01	+25:58	06:00
308	1554	Diogo Soeiro	pombinhos	Senior Masculino	01:00:10	+26:06	06:01
309	1553	Matilde Pacheco	pombinhos	Senior Feminino	01:00:11	+26:07	06:01
310	1536	Bruna Alexandra de Pinho Resende	os pukis	Senior Feminino	01:00:13	+26:09	06:01
311	1349	Sónia Sofia Fernandes Cordeiro	individual	Veterana F45	01:00:17	+26:13	06:02
312	1235	Susie Pires	individual	Senior Feminino	01:00:19	+26:15	06:02
313	1481	VALTER TAINHA	individual	Veterano M50	01:00:21	+26:17	06:02
314	1454	António Manuel de São Miguel Martins	individual	Veterano M50	01:00:21	+26:18	06:02
315	1070	Vanessa Neto	casa do benfica em algueirão mem martins	Senior Feminino	01:00:21	+26:18	06:02
316	1468	Nuno Miguel da Silva Pereira	individual	Veterano M50	01:00:23	+26:19	06:02
317	1045	Luís Godinho	bandidos da corrida	Veterano M45	01:00:24	+26:20	06:02
318	1044	Nélio Freixo	bandidos da corrida	Veterano M40	01:00:25	+26:21	06:02
319	1043	Nadia Courela	bandidos da corrida	Veterana F35	01:00:25	+26:21	06:02
320	1304	Carolina Cruz	individual	Veterana F35	01:00:33	+26:29	06:03
321	1030	Soraia Carcavelos	agualva runners	Veterana F40	01:00:34	+26:30	06:03
322	1131	Joana Catarina Ferreira Mendes	fitness factory almeirim	Veterana F35	01:00:54	+26:50	06:05
323	1087	MARGARIDA ALPALHÃO	clube atletismo vale de figueira	Veterana F45	01:00:59	+26:56	06:06
324	1098	Verónica Paiva	clube do canhão	Veterana F40	01:01:07	+27:03	06:07
325	434	Zé Pedro	individual	Veterano M55	01:01:14	+27:10	06:07
326	1381	Ambrosio Raposo	individual	Veterano M35	01:01:15	+27:11	06:08
327	1073	Nuno Rafael	casa do benfica em algueirão mem martins	Veterano M45	01:01:17	+27:13	06:08
328	1155	Sílvia Pinto	gafanhori	Veterana F45	01:01:17	+27:14	06:08
329	1158	Marco Baiona	gd marinhas/tarde desportiva runners	Veterano M40	01:01:22	+27:18	06:08
330	1483	António Silva	individual	Veterano M55	01:01:25	+27:22	06:09
331	1250	Diogo Salvaterra	individual	Senior Masculino	01:01:25	+27:22	06:09
332	1187	Adriana Borges	individual	Senior Feminino	01:01:31	+27:27	06:09
333	1302	Ana Rita Silva	individual	Veterana F35	01:01:34	+27:30	06:09
334	1285	Rafael Félix	individual	Senior Masculino	01:01:35	+27:31	06:09
335	1124	João Silva	fitness factory almeirim	Senior Masculino	01:01:35	+27:31	06:09
336	1175	Andreia Sofia Costa Bandeira	grupo desportivo santander totta	Veterana F45	01:01:42	+27:38	06:10
337	1050	Ana Arranja	bombeiros voluntários de montemor-o-novo	Veterana F40	01:01:43	+27:39	06:10
338	1333	Nádia Lopes	individual	Veterana F40	01:01:47	+27:43	06:11
339	1225	Marta Estrabocha	individual	Senior Feminino	01:01:55	+27:51	06:11
340	1473	Pedro Quintino	individual	Veterano M50	01:01:58	+27:54	06:12
341	1246	Daniel Brito	individual	Senior Masculino	01:02:08	+28:05	06:13
342	1449	Rui Magalhães	individual	Veterano M45	01:02:12	+28:09	06:13
343	1328	Cláudia da Silva Martins	individual	Veterana F40	01:02:13	+28:09	06:13

10 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	9 / 13	generate 25-out.-2026 12:35
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10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
388	1115	Hugo Dias	estrelinha	Veterano M45	01:05:20	+31:16	06:32
389	1134	SUZANA PESTANA	fitness factory almeirim	Veterana F45	01:05:25	+31:21	06:32
390	1398	João Gregório	individual	Veterano M35	01:05:25	+31:21	06:32
391	1220	Mariana cocharro	individual	Senior Feminino	01:05:25	+31:21	06:32
392	1198	Carolina Cunha	individual	Senior Feminino	01:05:30	+31:27	06:33
393	1052	Hortense Faria	bombeiros voluntários de montemor-o-novo	Veterana F65	01:05:31	+31:27	06:33
394	1572	Alberto Tadeia	tadeia	Veterano M55	01:05:44	+31:40	06:34
395	1569	Inês Correia	tadeia	Senior Feminino	01:05:44	+31:40	06:34
396	1342	Claudia Laranjo	individual	Veterana F45	01:05:58	+31:54	06:36
397	1293	Tiago Miguel Flamino Tacão	individual	Senior Masculino	01:05:58	+31:54	06:36
398	1226	Melissa Monsanto Fulgêncio Tacão	individual	Senior Feminino	01:05:58	+31:54	06:36
399	1472	PEDRO MIGUEL	individual	Veterano M50	01:05:59	+31:55	06:36
400	1376	Isabel América	individual	Veterana F60	01:06:01	+31:57	06:36
401	1386	Bruno Alves	individual	Veterano M35	01:06:01	+31:57	06:36
402	1382	André Almeida	individual	Veterano M35	01:06:07	+32:03	06:37
403	1476	Rui Almas	individual	Veterano M50	01:06:18	+32:14	06:38
404	1082	Eugénia Santos	centro de marcha e corrida de alcanena	Veterana F55	01:06:34	+32:31	06:39
405	1105	Tânia Ferreira	constância mountain runners	Veterana F50	01:07:02	+32:59	06:42
406	1167	Gonçalo Magalhães	grupo desportivo e recreativo a joanita linda-a-velha	Senior Masculino	01:07:08	+33:05	06:43
407	1580	Joana Correia	ténis 20kms	Veterana F50	01:07:10	+33:06	06:43
408	1330	Fátima Henriques	individual	Veterana F40	01:07:21	+33:18	06:44
409	1478	Rui Inácio	individual	Veterano M50	01:07:21	+33:18	06:44
410	1574	Vanda Duarte	tartarugas racing club	Veterana F45	01:07:29	+33:26	06:45
411	1215	Maria Baptista	individual	Senior Feminino	01:07:40	+33:37	06:46
412	1217	Maria Carolina Costa	individual	Senior Feminino	01:07:41	+33:37	06:46
413	1208	Joana Silva	individual	Senior Feminino	01:07:49	+33:46	06:47
414	1313	Joana Calado	individual	Veterana F35	01:07:50	+33:46	06:47
415	1020	Ana Pedro	a team ageas	Veterana F45	01:07:51	+33:48	06:47
416	1515	Adriana Hipolito	jafitness	Veterana F35	01:07:59	+33:56	06:48
417	1207	Inês Russo	individual	Senior Feminino	01:08:04	+34:00	06:48
418	1355	Helena Isabel Russo Piedade	individual	Veterana F50	01:08:04	+34:00	06:48
419	1597	Alexandra Paixão	ja fitness	Senior Feminino	01:08:05	+34:01	06:48
420	1188	Adriana Pombas Barbosa Nunes	individual	Senior Feminino	01:08:05	+34:01	06:48
421	1137	PEDRO MATEUS	fitness factory almeirim	Veterano M35	01:08:09	+34:05	06:49
422	1237	Afonso Tomaz	individual	Senior Masculino	01:08:12	+34:08	06:49
423	1517	Luís Galão	jafitness	Veterano M35	01:08:33	+34:29	06:51
424	1139	David Clemente	fitness factory almeirim	Veterano M40	01:08:34	+34:30	06:51
425	1507	Armando Peneda	individual	Veterano M65	01:08:46	+34:43	06:53
426	1196	Camila Luis	individual	Senior Feminino	01:08:55	+34:51	06:53
427	1444	Paulo Luis	individual	Veterano M45	01:08:55	+34:52	06:54
428	1025	Ana Fidalgo	a.d.c.r paço dos negros trail running team	Veterana F40	01:08:57	+34:53	06:54
429	1371	Maria Luís	individual	Veterana F55	01:09:19	+35:16	06:56
430	1466	Miguel Ribeiro	individual	Veterano M50	01:09:39	+35:35	06:58

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
431	1436	Helder Moreira	individual	Veterano M45	01:09:46	+35:42	06:59
432	112	Rui Pastor	ccdtmetrolox	Veterano M50	01:09:56	+35:52	07:00
433	1156	Célia Figueiras	gafanhori	Veterana F50	01:09:59	+35:56	07:00
434	1022	Pedro Alexandre Dias	a team ageas	Veterano M45	01:10:05	+36:01	07:00
435	1224	Mariana Marques	individual	Senior Feminino	01:10:11	+36:07	07:01
436	1046	Carlos Garcia	blues brothers	Veterano M65	01:10:20	+36:16	07:02
437	1365	Carla Aniceto	individual	Veterana F55	01:10:41	+36:37	07:04
438	1179	Fábio Pio Dias	grupo desportivo santander totta	Veterano M50	01:10:54	+36:51	07:05
439	1181	Paulo Jose Silva Coelho	grupo desportivo santander totta	Veterano M60	01:11:03	+37:00	07:06
440	1095	JOSÉ LINDO	clube atletismo vale de figueira	Veterano M65	01:11:05	+37:01	07:06
441	1086	LAURA LEITÃO	clube atletismo vale de figueira	Veterana F40	01:11:06	+37:02	07:07
442	1094	ANTÓNIO CAMACHO	clube atletismo vale de figueira	Veterano M65	01:11:10	+37:07	07:07
443	1372	Paula Neves	individual	Veterana F55	01:11:11	+37:07	07:07
444	1011	Claudia Veríssimo	associação 20kms de almeirim	Veterana F50	01:11:21	+37:17	07:08
445	1239	Bernardo da Mata Silvério Gonçalves Ruivo	individual	Senior Masculino	01:11:22	+37:18	07:08
446	1514	Miguel Gaga	jafitness	Senior Masculino	01:11:25	+37:21	07:09
447	1128	Pedro Coelho	fitness factory almeirim	Senior Masculino	01:11:42	+37:38	07:10
448	1038	Margarida Fernandes	associação desportiva cultural e recreativa de paço dos negros	Senior Feminino	01:11:43	+37:39	07:10
449	1350	Susana Sofia Tomé Duarte	individual	Veterana F45	01:11:43	+37:39	07:10
450	1455	Bruno Roque	individual	Veterano M50	01:11:52	+37:49	07:11
451	1532	João Vieira Dias	one dias	Veterano M40	01:12:00	+37:56	07:12
452	1531	Carla Henriques	one dias	Veterana F35	01:12:00	+37:56	07:12
453	1504	Rui Silva	individual	Veterano M60	01:12:41	+38:38	07:16
454	1176	Deolinda Maria Ferreira Pitacho	grupo desportivo santander totta	Veterana F55	01:13:01	+38:57	07:18
455	1513	João Nunes	jafitness	Senior Masculino	01:13:14	+39:10	07:19
456	1133	ROSA EURIDCE GUEDES DOS SANTOS DE ALMEIDA	fitness factory almeirim	Veterana F45	01:13:33	+39:29	07:21
457	1080	João Silva	cdcr dos ctt - delegação ribatejo	Veterano M45	01:13:48	+39:45	07:23
458	1078	Joaquim Grilo	casa do benfica em algueirão mem martins	Veterano M65	01:13:59	+39:55	07:24
459	1075	Adalberto Grilo	casa do benfica em algueirão mem martins	Veterano M65	01:13:59	+39:55	07:24
460	1014	António Balbi	a20km-dm	Veterano M65	01:14:10	+40:06	07:25
461	1305	Catarina Isabel Martins Mourato	individual	Veterana F35	01:14:24	+40:20	07:26
462	1219	Maria Santos Almeida	individual	Senior Feminino	01:14:33	+40:29	07:27
463	1280	Pedro Coelho	individual	Senior Masculino	01:14:58	+40:54	07:30
464	1185	Débora Duarte	horto leal	Senior Feminino	01:15:06	+41:03	07:31
465	1186	Susana Figueiras	horto leal	Veterana F35	01:15:08	+41:04	07:31
466	1362	Sara Silva	individual	Veterana F50	01:15:08	+41:05	07:31
467	1367	Cristina Matos	individual	Veterana F55	01:15:09	+41:05	07:31
468	1441	Nuno Ferreira	individual	Veterano M45	01:15:17	+41:13	07:32
469	1347	PATRICIA ROMAO	individual	Veterana F45	01:15:17	+41:13	07:32
470	1199	Carolina Santos	individual	Senior Feminino	01:15:29	+41:26	07:33
471	1251	DIOGO VIDEIRA TOMÁS	individual	Senior Masculino	01:15:33	+41:29	07:33

10 KM

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Official Timekeeper: Lap2Go	12 / 13	generate 25-out.-2026 12:35
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10 KM

[illegible][illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
512	1024	Joao Bogalho	a tertúlia do reirão	Veterano M45	01:32:45	+58:42	09:17
513	1231	Sara Amaro	individual	Senior Feminino	01:35:43	+01:01:39	09:34
514	1542	Sérgio Conceição	os tartarugas	Veterano M50	01:37:48	+01:03:44	09:47
515	1236	Talita Cândido	individual	Senior Feminino	01:47:03	+01:13:00	10:42
516	1321	Thais Mendes Costa	individual	Veterana F35	01:47:05	+01:13:01	10:42

Obs

BIB	NOTE	NAME	TEAM	CAT
1047	DQ	José Correia	Blues Brothers	Veterano M65
1238	DQ	António Pedro Piedade Madureira	Individual	Senior Masculino
1339	DQ	Ana Isabel Alves	Individual	Veterana F45
1462	DQ	José Miguel Velha	Individual	Veterano M50
1562	DQ	Sónia Borrego	Serviços Sociais Montepio	Veterana F45
1594	DQ	Paulo Quaresma	Veteranos de Massama	Veterano M65
1006	DNF	João Bastos	Associação 20Kms de Almeirim	Veterano M40
1010	DNF	Bruno Veríssimo	Associação 20Kms de Almeirim	Veterano M45
1081	DNF	Carolina Brás da Silva	Centro de Marcha e Corrida de Alcanena	Senior Feminino
1116	DNF	ALEXANDRA COLAÇO	Fitness Factory Almeirim	Senior Feminino
1165	DNF	Hélder Figueiredo	Grupo Barraqueiro	Veterano M55
1174	DNF	rodrigo alexandre martins bras	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino
1180	DNF	Carlos Manuel Barata Bras	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M55
1212	DNF	Margarida Aranha Pereira	Individual	Senior Feminino
1228	DNF	Patrícia Antunes	Individual	Senior Feminino
1234	DNF	Sofia Vedor	Individual	Senior Feminino
1257	DNF	Guilherme Henriques	Individual	Senior Masculino
1331	DNF	Helena Teresa Carreira Carlos dos Santos	Individual	Veterana F40
1337	DNF	Sofia Félix Santos	Individual	Veterana F40
1358	DNF	Maria João Mercê Chaparreiro	Individual	Veterana F50
1369	DNF	Isabel Maria Bento Dias Carvalho	Individual	Veterana F55
1373	DNF	Regina Matos	Individual	Veterana F55
1377	DNF	Maria Marques	Individual	Veterana F60
1378	DNF	Natália Henriques	Individual	Veterana F60
1379	DNF	São Marques	Individual	Veterana F60
1459	DNF	Joaquim Cardoso	Individual	Veterano M50
1464	DNF	Luis Marques	Individual	Veterano M50
1499	DNF	Paulo Matos	Individual	Veterano M60
1533	DNF	Ricardo Silva	Os Corre Does	Veterano M40
1555	DNF	Márcio Neves	Quitério TriPeniche	Veterano M40
1571	DNF	Gilda Mota	Tadeia	Veterana F55

10Km

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	14,8°C	77%
End	11:47	14.8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1143	CATARINA VIEIRA	G.D.R.C. PONTERROLENSE	Senior Feminino	45:52	04:35
2	1184	Inês Morais	HEXOS RUNNING CLUB	Senior Feminino	46:59	+01:06 04:42
3	1222	Mariana Estevão	Individual	Senior Feminino	52:19	+06:26 05:14
4	181	Inês Bernardes	Individual	Senior Feminino	52:33	+06:40 05:15
5	1203	Eduarda Silva	Individual	Senior Feminino	52:38	+06:45 05:16
6	1200	Catarina Leitão	Individual	Senior Feminino	53:18	+07:25 05:20
7	1204	Filipa Fidalgo	Individual	Senior Feminino	53:19	+07:26 05:20
8	1190	Andreia Neves	Individual	Senior Feminino	53:52	+07:59 05:23
9	1233	Sara Fernandes	Individual	Senior Feminino	54:11	+08:18 05:25
10	1206	Inês Paulo	Individual	Senior Feminino	55:28	+09:35 05:33
11	1205	Inês Clara Dórdio	Individual	Senior Feminino	56:13	+10:20 05:37
12	1210	Leonor Pinho	Individual	Senior Feminino	56:23	+10:31 05:38
13	1213	Margarida Martins Barroso	Individual	Senior Feminino	58:17	+12:24 05:50
14	1211	Madalena Mendes Paulo	Individual	Senior Feminino	58:20	+12:27 05:50
15	1162	Maria Dias	Gouxaria Run Team	Senior Feminino	59:33	+13:40 05:57
16	1553	Matilde Pacheco	Pombinhos	Senior Feminino	01:00:11	+14:18 06:01
17	1536	Bruna Alexandra de Pinho Resende	Os Pukis	Senior Feminino	01:00:13	+14:20 06:01
18	1235	Susie Pires	Individual	Senior Feminino	01:00:19	+14:26 06:02
19	1070	Vanessa Neto	Casa do Benfica em Algueirão Mem Martins	Senior Feminino	01:00:21	+14:28 06:02
20	1187	Adriana Borges	Individual	Senior Feminino	01:01:31	+15:38 06:09
21	1225	Marta Estrabocha	Individual	Senior Feminino	01:01:55	+16:02 06:11
22	1192	Bárbara Valpaços	Individual	Senior Feminino	01:03:00	+17:07 06:18
23	1202	Daniela Azevedo	Individual	Senior Feminino	01:03:02	+17:09 06:18
24	1230	Rita Soares	Individual	Senior Feminino	01:03:02	+17:09 06:18
25	1227	Neuza Nogueira	Individual	Senior Feminino	01:03:03	+17:10 06:18
26	1529	Cristiana Ponte	One Dias	Senior Feminino	01:03:28	+17:35 06:21
27	1586	Carolina Teodoro	TURBOLENTOS	Senior Feminino	01:03:32	+17:39 06:21
28	1193	Beatriz Afonso	Individual	Senior Feminino	01:04:22	+18:29 06:26
29	1232	Sara Bento	Individual	Senior Feminino	01:04:43	+18:50 06:28
30	1220	Mariana cocharro	Individual	Senior Feminino	01:05:25	+19:32 06:32
31	1198	Carolina Cunha	Individual	Senior Feminino	01:05:30	+19:38 06:33
32	1569	Inês Correia	Tadeia	Senior Feminino	01:05:44	+19:51 06:34
33	1226	Melissa Monsanto Fulgêncio Tacão	Individual	Senior Feminino	01:05:58	+20:05 06:36
34	1215	Maria Baptista	Individual	Senior Feminino	01:07:40	+21:48 06:46
35	1217	Maria Carolina Costa	Individual	Senior Feminino	01:07:41	+21:48 06:46
36	1208	Joana Silva	Individual	Senior Feminino	01:07:49	+21:57 06:47
37	1207	Inês Russo	Individual	Senior Feminino	01:08:04	+22:11 06:48
38	1597	Alexandra Paixão	JA FITNESS	Senior Feminino	01:08:05	+22:12 06:48
39	1188	Adriana Pombas Barbosa Nunes	Individual	Senior Feminino	01:08:05	+22:12 06:48

Official Timekeeper: Lap2Go	1 / 14	generate 25-out.-2026 12:35
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10Km

10 KM

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OFFICIAL RESULT

[illegible]

40	1196	Camila Iuis	Individual	Senior Feminino	01:08:55	+23:02	06:53
41	1224	Mariana Marques	Individual	Senior Feminino	01:10:11	+24:18	07:01
42	1038	Margarida Fernandes	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Senior Feminino	01:11:43	+25:50	07:10
43	1219	Maria Santos Almeida	Individual	Senior Feminino	01:14:33	+28:40	07:27
44	1185	Débora Duarte	Horto Leal	Senior Feminino	01:15:06	+29:13	07:31
45	1199	Carolina Santos	Individual	Senior Feminino	01:15:29	+29:36	07:33
46	1221	Mariana Contaiffer	Individual	Senior Feminino	01:16:56	+31:03	07:42
47	1209	LARA MARQUES	Individual	Senior Feminino	01:19:58	+34:05	08:00
48	1189	Ana Catarina Félix	Individual	Senior Feminino	01:24:28	+38:35	08:27
49	1223	Mariana Félix	Individual	Senior Feminino	01:24:28	+38:35	08:27
50	1229	Rita Gomes	Individual	Senior Feminino	01:24:31	+38:38	08:27
51	1216	Maria Beatriz Correia	Individual	Senior Feminino	01:27:28	+41:35	08:45
52	1118	Magda Adriano	Fitness Factory Almeirim	Senior Feminino	01:29:06	+43:14	08:55
53	1019	Magali Martins	A TEAM AGEAS	Senior Feminino	01:29:26	+43:34	08:57
54	1026	Cindy Sousa	Adega Taurina running	Senior Feminino	01:31:56	+46:03	09:12
55	1197	Carina Alves	Individual	Senior Feminino	01:31:59	+46:06	09:12
56	1231	Sara Amaro	Individual	Senior Feminino	01:35:43	+49:50	09:34
57	1236	Talita Cândido	Individual	Senior Feminino	01:47:03	+01:01:10	10:42

Senior Masculino

1	1521	Tiago Oliveira	Juventude Desportiva Almansor	Senior Masculino	35:30	03:33
2	1268	Micael Agostinho	Individual	Senior Masculino	36:44	+01:13 03:40
3	1144	CARLOS SILVA	G.D.R.C. PONTERROLENSE	Senior Masculino	37:13	+01:43 03:43
4	1263	João Oliveira	Individual	Senior Masculino	38:31	+03:00 03:51
5	1245	Carlos Pedro	Individual	Senior Masculino	38:54	+03:24 03:53
6	1266	Luís Castro	Individual	Senior Masculino	39:59	+04:28 04:00
7	1049	André Domingues	Bombeiros Voluntários De Montemor-O-Novo	Senior Masculino	40:16	+04:45 04:02
8	1297	Tomás Valpaços	Individual	Senior Masculino	41:18	+05:47 04:08
9	1288	Rómulo Fernandes	Individual	Senior Masculino	42:16	+06:45 04:14
10	1125	Leandro Castelo	Fitness Factory Almeirim	Senior Masculino	42:32	+07:02 04:15
11	1283	Pedro Matos	Individual	Senior Masculino	43:34	+08:03 04:21
12	1526	Daniel vilhena	Ms estúdio/ Ms estofos	Senior Masculino	43:46	+08:15 04:23
13	1145	JORGE GONÇALVES	G.D.R.C. PONTERROLENSE	Senior Masculino	44:06	+08:36 04:25
14	1248	Danilo Pereira Ramos	Individual	Senior Masculino	44:11	+08:40 04:25
15	1578	Alexandre Marques	Team P. Moles - Relâmpagos	Senior Masculino	44:32	+09:01 04:27
16	1269	Miguel Alexandre Alves Marques	Individual	Senior Masculino	44:47	+09:16 04:29
17	1146	PATRICK LIMA	G.D.R.C. PONTERROLENSE	Senior Masculino	45:53	+10:22 04:35
18	1277	Pedro Alexandre	Individual	Senior Masculino	46:02	+10:32 04:36
19	1561	Ricardo Jorge	SARTIM	Senior Masculino	46:37	+11:06 04:40
20	1282	Pedro Madeira	Individual	Senior Masculino	47:15	+11:45 04:44
21	1291	Samuel Gonçalves Soares	Individual	Senior Masculino	47:36	+12:06 04:46
22	1570	José Tadeia	Tadeia	Senior Masculino	47:38	+12:08 04:46
23	1270	Miguel Freitas	Individual	Senior Masculino	47:41	+12:10 04:46
24	1538	Mauro Bandejas	Os sopinha	Senior Masculino	47:46	+12:15 04:47

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10Km

10 KM

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25	1573	Márcio Silva	Tartarugas Racing Club	Senior Masculino	48:06	+12:35	04:49
26	1284	Rafael Alturas	Individual	Senior Masculino	48:06	+12:36	04:49
27	1275	Nuno Garcias	Individual	Senior Masculino	48:33	+13:03	04:51
28	1249	Diogo Pedro	Individual	Senior Masculino	48:40	+13:09	04:52
29	1126	Leandro Costa	Fitness Factory Almeirim	Senior Masculino	49:34	+14:03	04:57
30	1296	Tomás Mateus	Individual	Senior Masculino	49:46	+14:16	04:59
31	1254	gabriel lopes branco	Individual	Senior Masculino	49:47	+14:17	04:59
32	1261	João Miguel Costa Oliveira	Individual	Senior Masculino	50:28	+14:58	05:03
33	1295	Tomás Freitas	Individual	Senior Masculino	50:40	+15:10	05:04
34	1256	Gonçalo Grilo	Individual	Senior Masculino	51:21	+15:51	05:08
35	1286	Ricardo Marecos	Individual	Senior Masculino	51:29	+15:59	05:09
36	1274	Nuno Delfina	Individual	Senior Masculino	51:48	+16:17	05:11
37	1530	Diogo Maximiano	One Dias	Senior Masculino	51:48	+16:18	05:11
38	1241	Bernardo Jarego	Individual	Senior Masculino	52:13	+16:42	05:13
39	321	Duarte Madeira	Individual	Senior Masculino	52:25	+16:54	05:14
40	1272	Miguel Vieira	Individual	Senior Masculino	52:35	+17:04	05:15
41	1276	Nuno Santos	Individual	Senior Masculino	53:20	+17:49	05:20
42	1537	Pedro Miguel Marques	Os Pukis	Senior Masculino	53:38	+18:07	05:22
43	1258	HELTON IVO DE SOUZA FILHO	Individual	Senior Masculino	54:44	+19:14	05:28
44	1253	Fábio Nunes	Individual	Senior Masculino	55:11	+19:41	05:31
45	1015	Rafael Ferreira	A20km-DM	Senior Masculino	55:27	+19:56	05:33
46	1062	Tiago da Silva	C.D. "Os Águias" de Alpiarça	Senior Masculino	55:33	+20:02	05:33
47	1255	Gonçalo Cruz	Individual	Senior Masculino	55:33	+20:02	05:33
48	1048	Luís Dias	Bombeiros Voluntários De Montemor-O-Novo	Senior Masculino	55:53	+20:22	05:35
49	1565	João Faria	Somaizesta	Senior Masculino	55:54	+20:24	05:35
50	1166	Carlos Mourato	Grupo Desportivo da Parreira	Senior Masculino	55:59	+20:29	05:36
51	1262	João Oliveira	Individual	Senior Masculino	56:05	+20:34	05:36
52	1123	João Amaro	Fitness Factory Almeirim	Senior Masculino	56:14	+20:44	05:37
53	1289	Ruben Loureiro	Individual	Senior Masculino	56:16	+20:45	05:38
54	1273	Nuno Carvalho	Individual	Senior Masculino	56:23	+20:53	05:38
55	1259	João Aniceto	Individual	Senior Masculino	56:54	+21:24	05:41
56	1120	Bernardo Galante	Fitness Factory Almeirim	Senior Masculino	57:04	+21:33	05:42
57	1242	Bryan Adriano	Individual	Senior Masculino	57:25	+21:54	05:44
58	1267	Martinho da Ponte Cerdeira	Individual	Senior Masculino	57:28	+21:57	05:45
59	1290	Ruben Machado	Individual	Senior Masculino	58:09	+22:38	05:49
60	1243	Carlos Azevedo	Individual	Senior Masculino	58:19	+22:49	05:50
61	1589	João Flôr	Ultra Maratonistas	Senior Masculino	58:33	+23:03	05:51
62	220	Joaquim Azevedo	Individual	Senior Masculino	59:01	+23:31	05:54
63	1244	Carlos Martins	Individual	Senior Masculino	59:40	+24:10	05:58
64	1554	Diogo Soeiro	Pombinhos	Senior Masculino	01:00:10	+24:40	06:01
65	1250	Diogo Salvaterra	Individual	Senior Masculino	01:01:25	+25:55	06:09
66	1285	Rafael Félix	Individual	Senior Masculino	01:01:35	+26:04	06:09
67	1124	João Silva	Fitness Factory Almeirim	Senior Masculino	01:01:35	+26:04	06:09
68	1246	Daniel Brito	Individual	Senior Masculino	01:02:08	+26:38	06:13
69	1240	Bernardo Gonçalves	Individual	Senior Masculino	01:02:36	+27:05	06:16
70	1247	Daniel Fonseca	Individual	Senior Masculino	01:04:34	+29:03	06:27

10Km

10 KM

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71	1252	Eduardo Costa	Individual	Senior Masculino	01:04:43	+29:13	06:28
72	1293	Tiago Miguel Flamino Tacão	Individual	Senior Masculino	01:05:58	+30:27	06:36
73	1167	Gonçalo Magalhães	Grupo Desportivo e Recreativo A Joanita Linda-a-Velha	Senior Masculino	01:07:08	+31:38	06:43
74	1237	Afonso Tomaz	Individual	Senior Masculino	01:08:12	+32:41	06:49
75	1239	Bernardo da Mata Silvério Gonçalves Ruivo	Individual	Senior Masculino	01:11:22	+35:51	07:08
76	1514	Miguel Gaga	JAFITNESS	Senior Masculino	01:11:25	+35:54	07:09
77	1128	Pedro Coelho	Fitness Factory Almeirim	Senior Masculino	01:11:42	+36:11	07:10
78	1513	João Nunes	JAFITNESS	Senior Masculino	01:13:14	+37:43	07:19
79	1280	Pedro Coelho	Individual	Senior Masculino	01:14:58	+39:28	07:30
80	1251	DIOGO VIDEIRA TOMÁS	Individual	Senior Masculino	01:15:33	+40:02	07:33
81	1279	Pedro Carvalho	Individual	Senior Masculino	01:16:09	+40:38	07:37
82	1071	Ricardo Costa	Casa do Benfica em Algueirão Mem Martins	Senior Masculino	01:19:25	+43:55	07:57
83	1278	Pedro Caldeira	Individual	Senior Masculino	01:22:47	+47:16	08:17

Veterana F35

1	1301	Ana Isabel	Individual	Veterana F35	46:08		04:37
2	1548	Inês Teixeira	Peniche a Correr	Veterana F35	48:25	+02:16	04:50
3	1600	Sara Nunes	Penta Clube da Covilhã	Veterana F35	51:17	+05:08	05:08
4	1085	MARINA GOMES	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterana F35	52:52	+06:43	05:17
5	1312	Jakeline Guimarães	Individual	Veterana F35	55:02	+08:53	05:30
6	1318	Mónica Figueiredo	Individual	Veterana F35	55:33	+09:24	05:33
7	1147	INÊS PORFÍRIO	G.D.R.C. PONTERROLENSE	Veterana F35	56:18	+10:09	05:38
8	1311	Inês Santos	Individual	Veterana F35	56:53	+10:44	05:41
9	1316	Margarida Mira	Individual	Veterana F35	56:53	+10:44	05:41
10	1306	Cátia Alexandre	Individual	Veterana F35	57:02	+10:54	05:42
11	1039	Ana Duarte	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterana F35	57:24	+11:15	05:44
12	1314	Joana Ferreira	Individual	Veterana F35	57:41	+11:33	05:46
13	1307	Cátia Costa	Individual	Veterana F35	59:28	+13:19	05:57
14	1300	Ana Filipa Teixeira gomes	Individual	Veterana F35	59:40	+13:32	05:58
15	1043	Nadia Courela	Bandidos da Corrida	Veterana F35	01:00:25	+14:16	06:02
16	1304	Carolina Cruz	Individual	Veterana F35	01:00:33	+14:24	06:03
17	1131	Joana Catarina Ferreira Mendes	Fitness Factory Almeirim	Veterana F35	01:00:54	+14:45	06:05
18	1302	Ana Rita Silva	Individual	Veterana F35	01:01:34	+15:26	06:09
19	1308	Cláudia Antunes	Individual	Veterana F35	01:03:35	+17:27	06:22
20	1317	Marta Xavier	Individual	Veterana F35	01:03:56	+17:48	06:24
21	1298	Adriana Palmeiro	Individual	Veterana F35	01:05:16	+19:08	06:32
22	1313	Joana Calado	Individual	Veterana F35	01:07:50	+21:41	06:47
23	1515	Adriana Hipolito	JAFITNESS	Veterana F35	01:07:59	+21:51	06:48
24	1531	Carla Henriques	One Dias	Veterana F35	01:12:00	+25:52	07:12
25	1305	Catarina Isabel Martins Mourato	Individual	Veterana F35	01:14:24	+28:15	07:26
26	1186	Susana Figueiras	Horto Leal	Veterana F35	01:15:08	+28:59	07:31
27	1319	Priscila Canico	Individual	Veterana F35	01:17:53	+31:44	07:47

10Km

10 KM

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28	1320	Sofia Marques	Individual	Veterana F35	01:18:34	+32:25	07:51
29	1310	Inês Margarida de Almeida Ferreira	Individual	Veterana F35	01:21:43	+35:35	08:10
30	1309	Diana Gil	Individual	Veterana F35	01:24:28	+38:20	08:27
31	1299	ALEXANDRA ISABEL BONFIM DE ALMEIDA	Individual	Veterana F35	01:26:32	+40:24	08:39
32	1303	Andreia Santos	Individual	Veterana F35	01:26:32	+40:24	08:39
33	1097	Núria Marques	Clube do Canhão	Veterana F35	01:32:01	+45:52	09:12
34	1321	Thais Mendes Costa	Individual	Veterana F35	01:47:05	+01:00:56	10:42

Veterana F40

1	1581	ANA GRACIO	Thomar Athletics	Veterana F40	48:59		04:54
2	1148	CÁTIA AMARO	G.D.R.C. PONTERROLENSE	Veterana F40	49:37	+00:38	04:58
3	1332	Inês Gonçalves	Individual	Veterana F40	50:53	+01:54	05:05
4	1338	vera santos	Individual	Veterana F40	51:22	+02:23	05:08
5	1323	ANA MARTINS	Individual	Veterana F40	52:30	+03:30	05:15
6	1335	Rita Ribeiro Heitor	Individual	Veterana F40	52:48	+03:49	05:17
7	1160	Evelin Sobreira	GFD Running	Veterana F40	53:57	+04:58	05:24
8	1326	Carina Vieira	Individual	Veterana F40	54:45	+05:46	05:29
9	263	Tânia Santo	Individual	Veterana F40	56:27	+07:28	05:39
10	1516	Paula Lucas	JAFITNESS	Veterana F40	57:35	+08:36	05:46
11	1327	Carla Sofia Valente Gomes	Individual	Veterana F40	58:05	+09:06	05:49
12	480	Raquel Romão	Peniche a Correr	Veterana F40	58:09	+09:10	05:49
13	1063	Marina Marques	C.D. "Os Águias" de Alpiarça	Veterana F40	58:54	+09:55	05:53
14	1595	Maria SebasTião	WalkandRun-Seaside	Veterana F40	58:56	+09:57	05:54
15	1329	Elisangela Oliveira	Individual	Veterana F40	59:19	+10:20	05:56
16	1008	Angela Apolinário	Associação 20Kms de Almeirim	Veterana F40	59:42	+10:43	05:58
17	1030	Soraia Carcavelos	Agualva Runners	Veterana F40	01:00:34	+11:35	06:03
18	1098	Verónica Paiva	Clube do Canhão	Veterana F40	01:01:07	+12:08	06:07
19	1050	Ana Arranja	Bombeiros Voluntários De Montemor-O-Novo	Veterana F40	01:01:43	+12:44	06:10
20	1333	Nádia Lopes	Individual	Veterana F40	01:01:47	+12:48	06:11
21	1328	Cláudia da Silva Martins	Individual	Veterana F40	01:02:13	+13:14	06:13
22	1546	Ana Carvalho	Papa léguas da Charneca	Veterana F40	01:04:17	+15:18	06:26
23	267	Mariana Diniz	Individual	Veterana F40	01:04:19	+15:20	06:26
24	1113	Patrícia Carreiras	Estrelinha	Veterana F40	01:04:36	+15:37	06:28
25	1325	Ana Rita Caetano Monteiro Mesquita	Individual	Veterana F40	01:05:16	+16:17	06:32
26	1330	Fátima Henriques	Individual	Veterana F40	01:07:21	+18:22	06:44
27	1025	Ana Fidalgo	A.D.C.R Paço dos Negros trail running team	Veterana F40	01:08:57	+19:58	06:54
28	1086	LAURA LEITÃO	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterana F40	01:11:06	+22:07	07:07
29	1336	Silvia Faniva	Individual	Veterana F40	01:29:14	+40:15	08:55

Veterana F45

1	32	Mónica Jordão	ACRM Silveirinha Grande e Claras	Veterana F45	46:54	04:41
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10Km

10 KM

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2	1002	Inês Henriques	Clube Natação de Rio Maior	Veterana F45	47:35	+00:41	04:46
3	1004	Helena Reis	Associação 20Kms de Almeirim	Veterana F45	49:00	+02:05	04:54
4	1344	Joana Pernas	Individual	Veterana F45	54:58	+08:03	05:30
5	1346	Marta Pernas	Individual	Veterana F45	55:41	+08:46	05:34
6	1107	Susana Madeira	Desafios Positivos D+	Veterana F45	56:14	+09:19	05:37
7	1103	Sónia Cristina Henriques	Clube Natação de Rio Maior	Veterana F45	57:38	+10:43	05:46
8	1072	Paula Simões	Casa do Benfica em Algueirão Mem Martins	Veterana F45	57:43	+10:49	05:46
9	1149	RITA DUARTE	G.D.R.C. PONTERROLENSE	Veterana F45	58:16	+11:21	05:50
10	1349	Sónia Sofia Fernandes Cordeiro	Individual	Veterana F45	01:00:17	+13:22	06:02
11	1087	MARGARIDA ALPALHÃO	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterana F45	01:00:59	+14:05	06:06
12	1155	Sílvia Pinto	Gafanhori	Veterana F45	01:01:17	+14:23	06:08
13	1175	Andreia Sofia Costa Bandeira	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana F45	01:01:42	+14:47	06:10
14	1106	Sónia Lobato	Desafios Positivos D+	Veterana F45	01:02:45	+15:51	06:17
15	1134	SUZANA PESTANA	Fitness Factory Almeirim	Veterana F45	01:05:25	+18:30	06:32
16	1342	Claudia Laranjo	Individual	Veterana F45	01:05:58	+19:03	06:36
17	1574	Vanda Duarte	Tartarugas Racing Club	Veterana F45	01:07:29	+20:35	06:45
18	1020	Ana Pedro	A TEAM AGEAS	Veterana F45	01:07:51	+20:57	06:47
19	1350	Susana Sofia Tomé Duarte	Individual	Veterana F45	01:11:43	+24:49	07:10
20	1133	ROSA EURIDCE GUEDES DOS SANTOS DE ALMEIDA	Fitness Factory Almeirim	Veterana F45	01:13:33	+26:39	07:21
21	1347	PATRICIA ROMAO	Individual	Veterana F45	01:15:17	+28:23	07:32
22	1348	Silvia Matinha	Individual	Veterana F45	01:20:46	+33:51	08:05
23	1540	Sandra Caratão	os tartarugas	Veterana F45	01:32:05	+45:11	09:13
24	1023	Ana Pedro	A tertúlia do Reirão	Veterana F45	01:32:10	+45:15	09:13

Veterana F50

1	1353	Deonilde Costa	Individual	Veterana F50	40:34		04:03
2	1363	Sónia Neves	Individual	Veterana F50	44:53	+04:18	04:29
3	1359	Maria Rebola	Individual	Veterana F50	46:41	+06:06	04:44
4	283	Ana Lúcia Henriques	Individual	Veterana F50	49:53	+09:19	04:59
5	1352	Carla Guerreiro	Individual	Veterana F50	56:17	+15:43	05:38
6	1105	Tânia Ferreira	Constância Mountain Runners	Veterana F50	01:07:02	+26:28	06:42
7	1580	Joana Correia	Ténis 20kms	Veterana F50	01:07:10	+26:35	06:43
8	1355	Helena Isabel Russo Piedade	Individual	Veterana F50	01:08:04	+27:29	06:48
9	1156	Célia Figueiras	Gafanhori	Veterana F50	01:09:59	+29:25	07:00
10	1011	Claudia Veríssimo	Associação 20Kms de Almeirim	Veterana F50	01:11:21	+30:46	07:08
11	1362	Sara Silva	Individual	Veterana F50	01:15:08	+34:34	07:31
12	1051	Graça Lopes	Bombeiros Voluntários De Montemor-O-Novo	Veterana F50	01:16:10	+35:36	07:37
13	1088	TERESA POITA	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterana F50	01:18:08	+37:34	07:49
14	1351	Anabela Semedo	Individual	Veterana F50	01:19:14	+38:40	07:55
15	1541	Elisabete Maria Antunes Patrício	os tartarugas	Veterana F50	01:19:54	+39:20	07:59

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10Km

10 KM

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16	1361	Sara Margarida Rosado Aranha Pereira	Individual	Veterana F50	01:29:30	+48:56	08:57
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Veterana F55

1	1111	Rita Palma	Dream Runners Évora	Veterana F55	54:20	05:26
2	1031	Ana Bárbara	ÁGUIAS DA ESTRADA	Veterana F55	55:56	+01:35 05:36
3	1366	Célia Mousinho	Individual	Veterana F55	57:45	+03:24 05:46
4	1370	Kristina Hookom Brack	Individual	Veterana F55	01:03:38	+09:17 06:22
5	1566	Maria Alegria	Somaizesta	Veterana F55	01:03:41	+09:20 06:22
6	1368	Fernanda Afonso	Individual	Veterana F55	01:04:39	+10:19 06:28
7	1082	Eugénia Santos	Centro de Marcha e Corrida de Alcanena	Veterana F55	01:06:34	+12:14 06:39
8	1371	Maria Luís	Individual	Veterana F55	01:09:19	+14:59 06:56
9	1365	Carla Aniceto	Individual	Veterana F55	01:10:41	+16:21 07:04
10	1372	Paula Neves	Individual	Veterana F55	01:11:11	+16:50 07:07
11	1176	Deolinda Maria Ferreira Pitacho	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana F55	01:13:01	+18:41 07:18
12	1367	Cristina Matos	Individual	Veterana F55	01:15:09	+20:48 07:31
13	1364	Ana Carla Lourenço Mendes Paulo	Individual	Veterana F55	01:18:31	+24:10 07:51

Veterana F60

1	1061	Aida Martins	C.C.D. "O ALVITEJO"	Veterana F60	53:10	05:19
2	1518	Odeta Cruz	João silva CCR Praia de Mira	Veterana F60	56:30	+03:20 05:39
3	1374	Anastácia Correia	Individual	Veterana F60	56:48	+03:38 05:41
4	1568	Dora Pires	SS CGD	Veterana F60	01:02:22	+09:12 06:14
5	1375	Elisabete Antunes	Individual	Veterana F60	01:05:10	+12:00 06:31
6	1376	Isabel América	Individual	Veterana F60	01:06:01	+12:51 06:36
7	1575	Adelina Costa	Tartarugas Racing Club	Veterana F60	01:21:33	+28:23 08:09

Veterana F65

1	1380	MARIA LUZIMAR DE PINHO CUNHA	Individual	Veterana F65	57:46	05:47
2	1089	CLARA MINA	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterana F65	57:54	+00:07 05:47
3	1114	Beatriz Silva	Estrelinha	Veterana F65	01:04:50	+07:03 06:29
4	1052	Hortense Faria	Bombeiros Voluntários De Montemor-O-Novo	Veterana F65	01:05:31	+07:44 06:33

Veterano M35

1	1596	André alves	WalkandRun-Seaside	Veterano M35	35:54	03:35
2	1522	Tiago Dias	Juventude Desportiva Almansor	Veterano M35	36:08	+00:14 03:37
3	1390	Fábio Cardoso	Individual	Veterano M35	37:53	+01:59 03:47
4	1036	Núrio Ramos	Asas nos Pés	Veterano M35	37:55	+02:01 03:48

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10Km

10 KM

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5	1405	Ricardo Daniel Pereira Dias	Individual	Veterano M35	40:00	+04:06	04:00
6	1388	Diogo Cosme	Individual	Veterano M35	41:20	+05:26	04:08
7	1528	André Perdigão	No Pain Box	Veterano M35	42:18	+06:23	04:14
8	1556	Carlos Caria	Ribago Run Club	Veterano M35	42:24	+06:30	04:14
9	1579	Francisco Alarico	Team P. Moles - Relâmpagos	Veterano M35	44:31	+08:37	04:27
10	1396	João Carolino	Individual	Veterano M35	44:56	+09:02	04:30
11	1389	Diogo Trincão	Individual	Veterano M35	44:56	+09:02	04:30
12	1406	Vitor Ilharco	Individual	Veterano M35	45:34	+09:40	04:33
13	1402	Mário Filipe	Individual	Veterano M35	45:40	+09:45	04:34
14	1391	Fabio carreira	Individual	Veterano M35	46:42	+10:48	04:40
15	1012	João Palhoto	Associação 20Kms de Almeirim	Veterano M35	48:24	+12:30	04:50
16	1400	Márcio Miguel dos Santos	Individual	Veterano M35	48:51	+12:57	04:53
17	1394	Henrique Graís	Individual	Veterano M35	48:56	+13:02	04:54
18	1383	André Ferreira	Individual	Veterano M35	49:28	+13:34	04:57
19	1385	Braulio Nunes	Individual	Veterano M35	51:38	+15:44	05:10
20	1387	Cláudio Condeço	Individual	Veterano M35	52:11	+16:17	05:13
21	1590	Ricardo Pereira	Ultra Maratonistas	Veterano M35	52:36	+16:42	05:16
22	1395	João Campião	Individual	Veterano M35	52:51	+16:57	05:17
23	1138	Tiago Estorninho	Fitness Factory Almeirim	Veterano M35	54:31	+18:37	05:27
24	1403	Miguel António Marcelino	Individual	Veterano M35	54:44	+18:50	05:28
25	1392	Fábio Lopes	Individual	Veterano M35	55:43	+19:49	05:34
26	1177	David Santos Martinez	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M35	56:26	+20:32	05:39
27	1393	Gonçalo Jorge Coutinho da Silva	Individual	Veterano M35	56:32	+20:38	05:39
28	1401	Marco Túlio Filho	Individual	Veterano M35	57:20	+21:25	05:44
29	1017	Gonçalo Fortunato	A20km-DM	Veterano M35	58:20	+22:26	05:50
30	1381	Ambrosio Raposo	Individual	Veterano M35	01:01:15	+25:21	06:08
31	1136	FILIPE FRÓIS	Fitness Factory Almeirim	Veterano M35	01:05:02	+29:08	06:30
32	1398	João Gregório	Individual	Veterano M35	01:05:25	+29:30	06:32
33	1386	Bruno Alves	Individual	Veterano M35	01:06:01	+30:07	06:36
34	1382	André Almeida	Individual	Veterano M35	01:06:07	+30:13	06:37
35	1137	PEDRO MATEUS	Fitness Factory Almeirim	Veterano M35	01:08:09	+32:15	06:49
36	1517	Luís Galão	JAFITNESS	Veterano M35	01:08:33	+32:38	06:51
37	1397	João Dionísio	Individual	Veterano M35	01:16:52	+40:58	07:41
38	1027	Rui Paulino	Adega Taurina running	Veterano M35	01:31:55	+56:01	09:12

Veterano M40

1	1408	César Isidro	Individual	Veterano M40	34:03		03:24
2	1558	Vitor Rito	RUNNING ESPINHO	Veterano M40	35:28	+01:25	03:33
3	1069	João Plácido	Caracol Trail Team	Veterano M40	35:45	+01:41	03:34
4	1523	Paulo Buchadas	Juventude Desportiva Almansor	Veterano M40	40:31	+06:27	04:03
5	1583	Tiago Roberto	Thomar Athletics	Veterano M40	42:14	+08:10	04:13
6	1582	João Pinto Coelho	Thomar Athletics	Veterano M40	43:59	+09:55	04:24
7	1260	João Brás	Individual	Veterano M40	45:18	+11:15	04:32
8	339	Gonçalo Lopes	Individual	Veterano M40	46:12	+12:09	04:37

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10 KM

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Veterano M45

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10Km

10 KM

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4	1567	Carlos Amaro	SR Granja	Veterano M45	42:35	+05:23	04:15
5	1435	Gonalo Manuel de Oliveira Cartaxo	Individual	Veterano M45	43:45	+06:33	04:23
6	1151	MARCO SILVA	G.D.R.C. PONTERROLENSE	Veterano M45	44:03	+06:51	04:24
7	1110	Bruno Bernardo	Di'bikes - Oficina de Bicicletas	Veterano M45	44:47	+07:35	04:29
8	1442	Nuno Ramos	Individual	Veterano M45	45:29	+08:17	04:33
9	1178	Sergio Augustos Santos Sales	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M45	46:11	+09:00	04:37
10	1588	Carlos Baptista	TURBOLENTOS	Veterano M45	47:25	+10:13	04:44
11	1053	Joaquim Freitas	Bombeiros Voluntrios De Montemor-O-Novo	Veterano M45	47:33	+10:21	04:45
12	1549	Sergio Pacheco	Peniche a Correr	Veterano M45	48:24	+11:12	04:50
13	1016	Francisco Bento	A20km-DM	Veterano M45	48:44	+11:32	04:52
14	1005	Jorge Apolinrio	Associao 20Kms de Almeirim	Veterano M45	48:53	+11:41	04:53
15	1452	Toms Cruz	Individual	Veterano M45	48:58	+11:46	04:54
16	1447	Pedro Paulo	Individual	Veterano M45	48:59	+11:47	04:54
17	1013	Frederico Russo	A20km-DM	Veterano M45	49:00	+11:48	04:54
18	1552	Rui Jorge Santos	Plo Aqutico	Veterano M45	49:27	+12:16	04:57
19	1041	David Gomes	Atltico Clube Gerdaldez	Veterano M45	50:30	+13:18	05:03
20	1104	Carlos Monteiro	Clube Raquel Cabao	Veterano M45	51:04	+13:52	05:06
21	1431	Bruno Miguel Bordalo Loureno	Individual	Veterano M45	51:11	+14:00	05:07
22	1171	Carlos Machado	Grupo Desportivo Limpeza Urbana	Veterano M45	51:59	+14:48	05:12
23	1559	Mrio Dias	RUNNING ESPINHO	Veterano M45	52:28	+15:17	05:15
24	1432	DIOGO LOPES	Individual	Veterano M45	53:03	+15:52	05:18
25	1001	Mrio Figueiredo	Os Corre Dores	Veterano M45	53:03	+15:52	05:18
26	1437	Hugo Agostinho	Individual	Veterano M45	53:13	+16:01	05:19
27	127	Luis Gonalves	Clube Millennium BCP	Veterano M45	53:44	+16:33	05:22
28	1450	Tiago Felicia	Individual	Veterano M45	53:53	+16:41	05:23
29	1525	Francisco Barradas	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	54:01	+16:49	05:24
30	1054	Joaquim Santos	Bombeiros Voluntrios De Montemor-O-Novo	Veterano M45	54:02	+16:50	05:24
31	1439	Joo Pires	Individual	Veterano M45	54:44	+17:32	05:28
32	1598	Joo Cavaleiro	Individual	Veterano M45	56:25	+19:13	05:39
33	1360	Marco Madeira	Individual	Veterano M45	56:25	+19:14	05:39
34	1585	Nuno Silva	Trilhos Pina Manique	Veterano M45	57:11	+19:59	05:43
35	1064	Miguel Portugal Moreira	C.D. "Os guias" de Alpiara	Veterano M45	57:12	+20:00	05:43
36	1576	Ricardo Duarte	Tartarugas Racing Club	Veterano M45	57:16	+20:04	05:44
37	481	Mrio Almeida	Peniche a Correr	Veterano M45	58:09	+20:57	05:49
38	1433	Diogo Simes	Individual	Veterano M45	58:57	+21:45	05:54
39	1045	Lus Godinho	Bandidos da Corrida	Veterano M45	01:00:24	+23:12	06:02
40	1073	Nuno Rafael	Casa do Benfica em Algueiro Mem Martins	Veterano M45	01:01:17	+24:05	06:08
41	1449	Rui Magalhes	Individual	Veterano M45	01:02:12	+25:00	06:13
42	1448	Rui Gonalves	Individual	Veterano M45	01:02:13	+25:01	06:13
43	1446	Paulo Tavares	Individual	Veterano M45	01:03:28	+26:16	06:21
44	1453	Vasco Roldao	Individual	Veterano M45	01:03:34	+26:22	06:21
45	1547	Hugo Mendes	Papa lguas da Charneca	Veterano M45	01:04:17	+27:05	06:26
46	1544	Antnio Duarte	Os Tontinhos	Veterano M45	01:04:38	+27:26	06:28

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10Km

10 KM

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47	1438	Hugo Fernandes	Individual	Veterano M45	01:05:02	+27:50	06:30
48	1115	Hugo Dias	Estrelinha	Veterano M45	01:05:20	+28:08	06:32
49	1444	Paulo Luis	Individual	Veterano M45	01:08:55	+31:44	06:54
50	1436	Helder Moreira	Individual	Veterano M45	01:09:46	+32:34	06:59
51	1022	Pedro Alexandre Dias	A TEAM AGEAS	Veterano M45	01:10:05	+32:53	07:00
52	1080	João Silva	CDCR dos CTT - Delegação Ribatejo	Veterano M45	01:13:48	+36:36	07:23
53	1441	Nuno Ferreira	Individual	Veterano M45	01:15:17	+38:05	07:32
54	1434	Gabriel Bonfim de. Almeida	Individual	Veterano M45	01:16:52	+39:40	07:41
55	1021	António Cebola	A TEAM AGEAS	Veterano M45	01:28:55	+51:43	08:54
56	1024	Joao Bogalho	A tertúlia do Reirão	Veterano M45	01:32:45	+55:33	09:17

Veterano M50

1	1153	JOAQUIM LEAL	G.D.R.C. PONTERROLENSE	Veterano M50	37:54		03:47
2	1152	FERNANDO SILVA	G.D.R.C. PONTERROLENSE	Veterano M50	42:31	+04:37	04:15
3	1066	Daniel Lourenço	CA Barreira	Veterano M50	45:06	+07:12	04:31
4	1560	Luís Caetano	RX Runners	Veterano M50	45:21	+07:27	04:32
5	1413	Luís Catarino	Individual	Veterano M50	46:45	+08:51	04:41
6	1161	Joao Graça	GFD Running	Veterano M50	47:19	+09:25	04:44
7	1456	Dinis Silva	Individual	Veterano M50	47:20	+09:26	04:44
8	1535	João Ferreirinho	Os Corre Dore	Veterano M50	47:29	+09:35	04:45
9	1479	Rui Marques	Individual	Veterano M50	49:03	+11:09	04:54
10	1550	João Madeira	Perofilho tem Pernas !	Veterano M50	49:11	+11:17	04:55
11	1584	Pedro Neves	TRILHO DOS CÁGADOS	Veterano M50	49:40	+11:46	04:58
12	1458	Hélder António	Individual	Veterano M50	49:55	+12:01	04:59
13	1457	Filipe Borges	Individual	Veterano M50	51:16	+13:22	05:08
14	1461	Jorge Manuel Barroso Aldeias	Individual	Veterano M50	51:26	+13:32	05:09
15	1482	Vitor Martins	Individual	Veterano M50	52:22	+14:28	05:14
16	1101	PEDRO MANUEL SILVA ANTUNES CANAS	Clube Millennium BCP	Veterano M50	52:27	+14:33	05:15
17	1477	Rui Costa Nunes	Individual	Veterano M50	52:34	+14:40	05:15
18	1060	Luís Cipriano	Brigada do Reumático	Veterano M50	53:05	+15:11	05:18
19	1091	LUÍS SOUSA	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M50	54:43	+16:49	05:28
20	1469	Nuno Nunes	Individual	Veterano M50	54:51	+16:57	05:29
21	1172	Nuno Costa	Grupo Desportivo Limpeza Urbana	Veterano M50	55:28	+17:34	05:33
22	1467	Nuno Gomes	Individual	Veterano M50	55:51	+17:57	05:35
23	1037	Carlos Ipe	Asas nos Pés	Veterano M50	55:55	+18:01	05:36
24	1018	Rui Neta	A20km-DM	Veterano M50	56:16	+18:22	05:38
25	1108	Nuno Tiago Santos	Desafios Positivos D+	Veterano M50	56:58	+19:04	05:42
26	1470	Osvaldo Ferreira	Individual	Veterano M50	58:06	+20:12	05:49
27	1577	Nuno Fonseca	Tartarugas Racing Club	Veterano M50	59:33	+21:39	05:57
28	1474	Ricardo Gonçalves	Individual	Veterano M50	01:00:01	+22:07	06:00
29	1481	VALTER TAINHA	Individual	Veterano M50	01:00:21	+22:27	06:02
30	1454	António Manuel de São Miguel Martins	Individual	Veterano M50	01:00:21	+22:27	06:02
31	1468	Nuno Miquel da Silva Pereira	Individual	Veterano M50	01:00:23	+22:29	06:02

10 KM

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32	1473	Pedro Quintino	Individual	Veterano M50	01:01:58	+24:04	06:12
33	1460	Joaquim Manuel Sampaio Tome	Individual	Veterano M50	01:03:25	+25:30	06:20
34	1471	Pedro Matinha	Individual	Veterano M50	01:04:51	+26:57	06:29
35	1472	PEDRO MIGUEL	Individual	Veterano M50	01:05:59	+28:05	06:36
36	1476	Rui Almas	Individual	Veterano M50	01:06:18	+28:24	06:38
37	1478	Rui Inácio	Individual	Veterano M50	01:07:21	+29:27	06:44
38	1466	Miguel Ribeiro	Individual	Veterano M50	01:09:39	+31:45	06:58
39	112	Rui Pastor	CCDTMetroLX	Veterano M50	01:09:56	+32:02	07:00
40	1179	Fábio Pio Dias	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M50	01:10:54	+33:00	07:05
41	1455	Bruno Roque	Individual	Veterano M50	01:11:52	+33:58	07:11
42	1055	Nuno Marques	Bombeiros Voluntários De Montemor-O-Novo	Veterano M50	01:16:10	+38:16	07:37
43	1480	Telmo Marques	Individual	Veterano M50	01:19:58	+42:04	08:00
44	1542	Sérgio Conceição	os tartarugas	Veterano M50	01:37:48	+59:54	09:47

1	1519	Álvaro Oliveira	JOMA	Veterano M55	37:33	03:45
2	1163	Dinis Prudencio	GRF Benedita - Atletismo	Veterano M55	39:55	+02:22 04:00
3	1141	Jorge Ferreira	Fitness Factory Almeirim	Veterano M55	45:16	+07:43 04:32
4	431	Nuno Silva	Individual	Veterano M55	47:03	+09:30 04:42
5	1056	Antonio Malhão	Bombeiros Voluntários De Montemor-O-Novo	Veterano M55	47:33	+10:00 04:45
6	1003	Luís Miguel Duarte	Clube Natação de Rio Maior	Veterano M55	47:35	+10:02 04:45
7	1491	Paulo Pereira	Individual	Veterano M55	50:35	+13:02 05:04
8	1489	José António Afonso	Individual	Veterano M55	52:24	+14:51 05:14
9	1490	Luis Pinhão	Individual	Veterano M55	52:26	+14:53 05:15
10	1527	Mário Santos	Ms estúdio/ Ms estofos	Veterano M55	52:48	+15:15 05:17
11	1028	João Paulo Rodrigues de Oliveira	ADRA	Veterano M55	53:29	+15:56 05:21
12	1485	Helder Silva	Individual	Veterano M55	54:44	+17:10 05:28
13	1486	HERNANI MADEIRA	Individual	Veterano M55	55:45	+18:12 05:35
14	1092	ALBERTO PASCOAL	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M55	56:07	+18:34 05:37
15	1488	Joaquim Guerreiro	Individual	Veterano M55	56:17	+18:44 05:38
16	1487	João Aniceto	Individual	Veterano M55	56:55	+19:21 05:41
17	434	Zé Pedro	Individual	Veterano M55	01:01:14	+23:40 06:07
18	1483	António Silva	Individual	Veterano M55	01:01:25	+23:52 06:09
19	1572	Alberto Tadeia	Tadeia	Veterano M55	01:05:44	+28:11 06:34

1	1035	Luís Rebelo	ARSC Toledo	Veterano M60	40:13	04:01
2	1154	JOSÉ LEMOS	G.D.R.C. PONTERROLENSE	Veterano M60	40:26	+00:12 04:03
3	1599	Mário Carvalho	GD Vilarinho de Cima	Veterano M60	41:27	+01:13 04:09
4	1112	Paulo Palma	Dream Runners Évora	Veterano M60	44:17	+04:03 04:26
5	1501	Quiterio Correia Paulo	Individual	Veterano M60	46:51	+06:37 04:41

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10Km

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6	1498	José Garraão	Individual	Veterano M60	47:01	+06:48	04:42
7	1502	Rui Paulo	Individual	Veterano M60	48:02	+07:48	04:48
8	1057	Carlos Madeira	Bombeiros Voluntários De Montemor-O-Novo	Veterano M60	49:41	+09:27	04:58
9	1173	Jose Costa	Grupo Desportivo Limpeza Urbana	Veterano M60	50:07	+09:53	05:01
10	1496	João Rodrigues	Individual	Veterano M60	51:04	+10:50	05:06
11	1563	José Luís Martins	Serviços Sociais Montepio	Veterano M60	52:47	+12:33	05:17
12	1505	Samuel Antonio	Individual	Veterano M60	55:36	+15:22	05:34
13	1495	Fernando Barros	Individual	Veterano M60	55:37	+15:23	05:34
14	1500	Pavlo Tymoshenco	Individual	Veterano M60	56:23	+16:09	05:38
15	1494	Albino de Jesus Tavares Vicente	Individual	Veterano M60	56:33	+16:19	05:39
16	1497	Jose Costa	Individual	Veterano M60	58:48	+18:35	05:53
17	1042	Vitor Prata	Aza-Azambuja com alma	Veterano M60	01:02:41	+22:27	06:16
18	1493	„José Serrão	Individual	Veterano M60	01:03:32	+23:18	06:21
19	1506	Ulisses Antunes	Individual	Veterano M60	01:05:10	+24:56	06:31
20	1181	Paulo Jose Silva Coelho	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M60	01:11:03	+30:50	07:06
21	1504	Rui Silva	Individual	Veterano M60	01:12:41	+32:28	07:16

Veterano M65

1	1068	Vitor Ribeiro	Cansados	Veterano M65	44:57	04:30
2	1032	José Pajinha	Alverca Urban Runners	Veterano M65	48:26	+03:29 04:51
3	1512	Ricardo Almeida Lourenco	Individual	Veterano M65	49:50	+04:53 04:59
4	23	Américo da Encarnação Vieira dos Santos	A Natureza Ensina	Veterano M65	51:53	+06:55 05:11
5	1096	JOSÉ NETO	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M65	52:55	+07:58 05:18
6	1093	AIRES PRATAS	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M65	54:18	+09:21 05:26
7	1059	Manuel António	Bombeiros Voluntários De Montemor-O-Novo	Veterano M65	55:57	+11:00 05:36
8	1067	Jorge Agostinho	CA Barreira	Veterano M65	56:14	+11:17 05:37
9	1029	João Augusto Ferreira Sousa	ADRA	Veterano M65	56:35	+11:38 05:40
10	1076	Alexandre Reis	Casa do Benfica em Algueirão Mem Martins	Veterano M65	56:41	+11:44 05:40
11	1508	Carlos Arraiolos	Individual	Veterano M65	56:53	+11:56 05:41
12	1077	Joaquim Fernandes	Casa do Benfica em Algueirão Mem Martins	Veterano M65	57:45	+12:48 05:46
13	1058	Abílio Catarro	Bombeiros Voluntários De Montemor-O-Novo	Veterano M65	59:27	+14:29 05:57
14	1083	António Grazina	Chester's Team	Veterano M65	01:02:32	+17:35 06:15
15	1084	Fernando Veríssimo	Chester's Team	Veterano M65	01:02:32	+17:35 06:15
16	1511	jose maria esteves pardal	Individual	Veterano M65	01:03:24	+18:27 06:20
17	1551	Jorge Ribeiro	Perofilho tem Pernas !	Veterano M65	01:04:29	+19:32 06:27
18	1509	Estevão Lopes Ribeiro	Individual	Veterano M65	01:04:53	+19:56 06:29
19	1507	Armando Peneda	Individual	Veterano M65	01:08:46	+23:49 06:53
20	1046	Carlos Garcia	Blues Brothers	Veterano M65	01:10:20	+25:23 07:02

10 KM

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21	1095	JOSÉ LINDO	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M65	01:11:05	+26:07	07:06
22	1094	ANTÓNIO CAMACHO	CLUBE ATLETISMO VALE DE FIGUEIRA	Veterano M65	01:11:10	+26:13	07:07
23	1078	Joaquim Grilo	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:13:59	+29:02	07:24
24	1075	Adalberto Grilo	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:13:59	+29:02	07:24
25	1014	António Balbi	A20km-DM	Veterano M65	01:14:10	+29:13	07:25
26	1079	Mario Lameirão	Casa do Benfca em Algueirão Mem Martins	Veterano M65	01:15:36	+30:39	07:34
27	1170	Jacinto Pereira	Grupo Desportivo e Recreativo A Joanita Linda-a-Velha	Veterano M65	01:19:03	+34:06	07:54
28	1593	Manuel Azevedo	Veteranos de Massama	Veterano M65	01:22:48	+37:50	08:17

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 25-out.-2026 12:35
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[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 25-out.-2026 12:35
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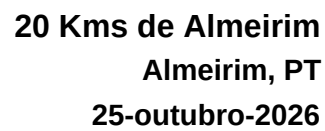
20000m

Official Timekeeper: Lap2Go	1 / 3	generate 25-out.-2026 12:35
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OFFICIAL RESULT

[illegible]

32	173	Cláudio Nunes	Horto Leal	Senior Masculino	01:48:02	+36:52	05:24
33	315	João Russo	Individual	Veterano M35	01:48:27	+37:17	05:25
34	204	Francisco Maurício	Individual	Senior Masculino	01:52:07	+40:56	05:36
35	425	José Branco	Individual	Veterano M55	01:56:22	+45:12	05:49
36	15	António Cavaleiro	Associação 20Kms de Almeirim	Veterano M35	01:56:38	+45:27	05:50
37	50	André Ip	Asas nos Pés	Senior Masculino	01:58:06	+46:56	05:54
38	11	Mariana Rodrigues	A20km-DM	Veterana F35	01:58:29	+47:19	05:55
39	8	Ana Rodrigues	A20km-DM	Veterana F40	01:58:31	+47:21	05:56
40	182	Inês Dias	Individual	Senior Feminino	02:00:01	+48:50	06:00
41	318	Miguel Dias	Individual	Veterano M35	02:00:05	+48:55	06:00
42	7	LINA MATEUS	Individual	Veterana F45	02:00:29	+49:18	06:01
43	115	jorge duarte	Chester's Team	Veterano M50	02:00:43	+49:33	06:02
44	233	Nuno Miguel Moreira	Individual	Senior Masculino	02:06:16	+55:05	06:19
45	184	Joana Renata	Individual	Senior Feminino	02:09:28	+58:17	06:28
46	250	VASCO FRAGOSO	Individual	Senior Masculino	02:11:15	+01:00:05	06:34
47	175	Fábio Francisco	Hybridus FR	Veterano M35	02:14:39	+01:03:29	06:44
48	56	Daphne van Winkel	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterana F45	02:17:11	+01:06:01	06:52



OFFICIAL RESULT

20000m

Official Timekeeper: Lap2Go	3 / 3	generate 25-out.-2026 12:35
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20km | Atleta Almeirim

20000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	182	Inês Dias	Individual	Senior Feminino	02:00:01		06:00
2	184	Joana Renata	Individual	Senior Feminino	02:09:28	+09:26	06:28

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	224	Luís Bento	Individual	Senior Masculino	01:32:43		04:38
2	10	Diogo Oliveira	A20km-DM	Senior Masculino	01:38:02	+05:19	04:54
3	242	Ricardo Silva	Individual	Senior Masculino	01:38:40	+05:57	04:56
4	231	Miguel Giada	Individual	Senior Masculino	01:40:35	+07:52	05:02
5	146	JOÃO CAMPOS	Fitness Factory Almeirim	Senior Masculino	01:43:16	+10:33	05:10
6	173	Cláudio Nunes	Horto Leal	Senior Masculino	01:48:02	+15:19	05:24
7	204	Francisco Maurício	Individual	Senior Masculino	01:52:07	+19:23	05:36
8	50	André Ip	Asas nos Pés	Senior Masculino	01:58:06	+25:23	05:54
9	233	Nuno Miguel Moreira	Individual	Senior Masculino	02:06:16	+33:32	06:19
10	250	VASCO FRAGOSO	Individual	Senior Masculino	02:11:15	+38:32	06:34

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	11	Mariana Rodrigues	A20km-DM	Veterana F35	01:58:29		05:55

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	8	Ana Rodrigues	A20km-DM	Veterana F40	01:58:31		05:56

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	7	LINA MATEUS	Individual	Veterana F45	02:00:29		06:01
2	56	Daphne van Winkel	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterana F45	02:17:11	+16:42	06:52

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	289	Fátima Vassalo	Individual	Veterana F55	01:46:37		05:20

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	323	Rui Lopes	Individual	Veterano M35	01:26:48		04:20

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OFFICIAL RESULT

[illegible]

2	293	André Gaga	Individual	Veterano M35	01:27:55	+01:07	04:24
3	78	Simao Silva	CAJ Raposa	Veterano M35	01:28:03	+01:14	04:24
4	304	Diogo Pisco	Individual	Veterano M35	01:35:44	+08:55	04:47
5	240	Tiago Soares	Individual	Veterano M35	01:37:30	+10:41	04:52
6	315	João Russo	Individual	Veterano M35	01:48:27	+21:38	05:25
7	15	António Cavaleiro	Associação 20Kms de Almeirim	Veterano M35	01:56:38	+29:49	05:50
8	318	Miguel Dias	Individual	Veterano M35	02:00:05	+33:16	06:00
9	175	Fábio Francisco	Hybridus FR	Veterano M35	02:14:39	+47:50	06:44

Veterano M40

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	5	Jesus Oliveira	Individual	Veterano M40	01:11:10		03:33
2	340	Gonalo Martins	Individual	Veterano M40	01:16:38	+05:28	03:50
3	516	Diogo Santos	Trilho Perdido Eventos / Imporlux	Veterano M40	01:17:42	+06:32	03:53
4	14	Alexandre Diniz	Associao 20Kms de Almeirim	Veterano M40	01:19:36	+08:26	03:59
5	1	Filipe Torres	Associao 20Kms de Almeirim	Veterano M40	01:24:02	+12:52	04:12
6	17	Rodrigo Galo	Associao 20Kms de Almeirim	Veterano M40	01:27:09	+15:59	04:21
7	335	Gil Manuel Serdio Almeida	Individual	Veterano M40	01:33:36	+22:26	04:41
8	148	Nuno Lucas	Fitness Factory Almeirim	Veterano M40	01:37:02	+25:52	04:51
9	28	Rui Pedro	A tertlia do Reiro	Veterano M40	01:42:59	+31:49	05:09
10	466	Miguel Petisca	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M40	01:43:37	+32:27	05:11

Veterano M45

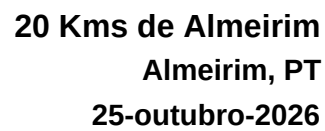
RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	367	João Simões	Individual	Veterano M45	01:42:21		05:07
2	380	Ricardo Flores	Individual	Veterano M45	01:47:33	+05:12	05:23

Veterano M50

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	13	João Mota	Associação 20Kms de Almeirim	Veterano M50	01:23:10		04:10
2	12	Carlos Jesus	Associação 20Kms de Almeirim	Veterano M50	01:29:10	+05:59	04:27
3	467	Gonçalo Roque	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:35:50	+12:39	04:48
4	468	Vasco Miguel Fortunato Carvalho	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:35:52	+12:41	04:48
5	115	jorge duarte	Chester's Team	Veterano M50	02:00:43	+37:32	06:02

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	419	Cesar Gomes	Individual	Veterano M55	01:28:47		04:26
2	421	João Esteves	Individual	Veterano M55	01:36:41	+07:53	04:50
3	424	Jorge polidoro	Individual	Veterano M55	01:40:09	+11:21	05:00
4	425	José Branco	Individual	Veterano M55	01:56:22	+27:34	05:49

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	461	Manuel Almeida	Lá Vão... de Almeirim	Veterano M65	01:36:40		04:50



OFFICIAL RESULT

20000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	532	Rogério Palmeiro	Individual	Senior Masculino	01:39:12		04:58
2	530	Fabrício Vieira Dias	Individual	Senior Masculino	02:27:22	+48:09	07:22