

20KM - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	19:00	11.3°C	87%
End	22:27	11.3°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Daniel Santos	edv viana trail	Senior Masculino	01:30:30		04:32
2	47	Andre Valente	edv viana trail	Senior Masculino	01:30:31	+00:01	04:32
3	53	Mário Ibarra	g.d.a ronda	Senior Masculino	01:30:49	+00:19	04:32
4	106	Nuno Nunes	clube desportivo feirense	Veterano M40	01:31:51	+01:21	04:36
5	4	João Sousa	individual	Senior Masculino	01:32:23	+01:53	04:37
6	24	Renato Andrade	a seita que dói menos	Senior Masculino	01:36:06	+05:36	04:48
7	43	Rui Lopes Silva	clube desportivo feirense	Senior Masculino	01:40:23	+09:53	05:01
8	54	José Costa	g.d.a ronda	Veterano M40	01:40:24	+09:54	05:01
9	26	David ramalho	a.d.sebolido trail	Veterano M40	01:41:56	+11:26	05:06
10	45	Bruno Fernandes	cmmc vale de cambra	Veterano M40	01:41:56	+11:26	05:06
11	5	Ivan Silva	caldas de s.jorge sport clube	Veterano M40	01:43:43	+13:13	05:11
12	159	Paulo Aroso	team lantermil	Veterano M40	01:44:01	+13:31	05:12
13	160	Tiago Oliveira	vale correr	Senior Masculino	01:44:12	+13:42	05:13
14	83	Ricardo Martins	individual	Senior Masculino	01:44:15	+13:45	05:13
15	135	Marco André Cardoso Marques	lourosa em movimento	Senior Masculino	01:47:17	+16:47	05:22
16	110	Ricardo Vitorino	individual	Veterano M40	01:47:59	+17:29	05:24
17	37	Ricardo Silva	caldas de s.jorge sport clube	Veterano M40	01:48:06	+17:36	05:24
18	612	André Batista	clube desportivo feirense	Senior Masculino	01:49:05	+18:35	05:27
19	38	Renato Silva	caldas de s.jorge sport clube	Veterano M50	01:49:36	+19:06	05:29
20	60	Helder Oliveira	guisande trail running	Veterano M40	01:50:34	+20:04	05:32
21	2	Liliana Cardoso	runners do demo	Veterana F40	01:50:41	+20:11	05:32
22	36	Bruno Vidinha	caldas de s.jorge sport clube	Senior Masculino	01:50:50	+20:20	05:33
23	85	Sérgio Coelho	individual	Senior Masculino	01:51:56	+21:26	05:36
24	112	Sérgio Castro	individual	Veterano M40	01:52:32	+22:02	05:38
25	55	Manuel Bastos	g.d.a ronda	Veterano M50	01:53:14	+22:44	05:40
26	72	Eduardo Bastos	individual	Senior Masculino	01:53:30	+23:00	05:41
27	69	Bruno Bastos	individual	Senior Masculino	01:53:31	+23:01	05:41
28	12	Rui Pinto	amigos do trail de mesão frio	Veterano M40	01:54:33	+24:03	05:44
29	33	Nelson Reis	bravos e bravitas	Veterano M40	01:54:36	+24:06	05:44
30	14	Helder De paiva	individual	Senior Masculino	01:56:47	+26:17	05:50
31	34	Tiago Afonso Ladeira Duarte	c.d.c. paradela do vouga	Senior Masculino	01:57:44	+27:14	05:53
32	35	Carlos Cardoso	cal - clube atletismo de lamas	Veterano M50	01:59:24	+28:54	05:58
33	100	João Pedro Fernando	individual	Veterano M40	02:00:22	+29:52	06:01
34	10	Domingos Ferreira	guisande trail running	Veterano M40	02:00:26	+29:55	06:01
35	31	Paulo Oliveira	brandoenses running	Veterano M40	02:00:35	+30:04	06:02
36	28	Carlos Estrela	amigos do trail oaz	Veterano M40	02:01:26	+30:56	06:04
37	20	Nelson pais	run & fun	Veterano M40	02:01:38	+31:08	06:05
38	46	Silvio Carvalho	cmmc vale de cambra	Veterano M50	02:02:06	+31:36	06:06
39	168	IEIDA BELLO	clube desportivo feirense	Senior Feminino	02:02:27	+31:56	06:07
40	19	Jose Paulo Teixeira	individual	Veterano M50	02:02:42	+32:12	06:08
41	105	Nuno morais	individual	Veterano M40	02:02:48	+32:18	06:08
42	16	Stanislav Bzhostovych	individual	Senior Masculino	02:03:03	+32:33	06:09

20KM - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	13	Dmytro Karpov	individual	Senior Masculino	02:03:07	+32:37	06:09
44	32	José Luís Santos	brandoenses running	Veterano M60	02:03:24	+32:54	06:10
45	155	Ana Melo	saca trilhos anadia	Veterana F40	02:05:03	+34:32	06:15
46	146	Américo Costa	run & fun	Veterano M40	02:05:09	+34:39	06:15
47	49	Filipe Couto	espinho trail	Veterano M40	02:05:48	+35:18	06:17
48	156	Ricardo Barbosa	sapatilhas verdes	Senior Masculino	02:05:48	+35:18	06:17
49	136	Luís Silva	lusitania de lourosa fc - secção de atletismo	Senior Masculino	02:06:28	+35:58	06:19
50	124	Joel Silva	individual	Veterano M50	02:06:46	+36:16	06:20
51	82	Ricardo Andrés Neves dos Santos	individual	Senior Masculino	02:08:13	+37:43	06:25
52	127	Luis Paulo Teixeira Azevedo	individual	Veterano M50	02:09:23	+38:53	06:28
53	152	Miguel Ferreira	run & fun	Veterano M50	02:09:29	+38:59	06:28
54	73	Eliseu Laranjeira	individual	Senior Masculino	02:11:45	+41:14	06:35
55	57	Leonel Oliveira	grupo desportivo da cruz das eiras	Veterano M40	02:12:42	+42:12	06:38
56	27	João Moreira	amigos 100 limites	Veterano M60	02:12:59	+42:29	06:39
57	148	Joel Pinto	run & fun	Veterano M40	02:13:01	+42:31	06:39
58	29	Anthony Suarez	arrifana running	Senior Masculino	02:13:17	+42:47	06:40
59	147	Cláudio Santos	run & fun	Veterano M40	02:14:13	+43:43	06:43
60	137	André Mota	miles&vibes	Senior Masculino	02:15:12	+44:42	06:46
61	151	Mário Jorge Almeida	run & fun	Veterano M50	02:15:26	+44:56	06:46
62	86	Valter Rafael Jesus Leite Soares	individual	Senior Masculino	02:16:03	+45:33	06:48
63	91	Bruno Sérgio Rodrigues Barros	individual	Veterano M40	02:16:05	+45:35	06:48
64	80	Luís Carlos Pereira Carvalho	individual	Senior Masculino	02:16:26	+45:56	06:49
65	128	Diogo reis	individual	Senior Masculino	02:17:35	+47:05	06:53
66	104	Nikolai Karmanov	individual	Veterano M40	02:17:57	+47:26	06:54
67	170	Silverio Santos	clube desportivo feirense	Veterano M50	02:18:03	+47:33	06:54
68	89	Ana Cristina Correia Gomes	individual	Veterana F50	02:18:11	+47:41	06:55
69	107	PEDRO FRANCO	individual	Veterano M40	02:18:19	+47:49	06:55
70	938	Hugo sa	individual	Veterano M40	02:18:19	+47:49	06:55
71	9	LILIANA PINHO	guisande trail running	Veterana F40	02:18:20	+47:50	06:55
72	126	José Sá	individual	Veterano M50	02:19:00	+48:30	06:57
73	21	Mike funner	run & fun	Veterano M50	02:19:18	+48:48	06:58
74	130	Manuel Teixeira	individual	Veterano M50	02:20:01	+49:31	07:00
75	41	Filomena Marques	cf os marialvas	Veterana F40	02:20:17	+49:47	07:01
76	42	Filipe Soto	cf os marialvas	Veterano M40	02:20:21	+49:50	07:01
77	59	DIANA PINHO	guisande trail running	Senior Feminino	02:20:23	+49:53	07:01
78	87	Raquel Andrade	individual	Veterana F40	02:20:45	+50:15	07:02
79	117	Alcino Ferreira dos Santos	individual	Veterano M50	02:20:54	+50:24	07:03
80	74	Fabio Marques	individual	Senior Masculino	02:20:56	+50:26	07:03
81	134	Manuel Faria Sampaio	individual	Veterano M60	02:21:10	+50:40	07:04
82	90	Bruno Moura	individual	Veterano M40	02:21:11	+50:41	07:04
83	149	Manuel Moreira	run & fun	Veterano M50	02:21:12	+50:42	07:04
84	97	Gonçalo Nuno De Pinho Oliveira	individual	Veterano M40	02:21:22	+50:51	07:04
85	162	Nuno Filipe Soares Pinto	xonitas	Veterano M40	02:21:53	+51:23	07:06

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	161	Filipe José Coelho dos Reis	xonitas	Veterano M40	02:21:54	+51:24	07:06
87	154	Gonçalo Araújo	run for fun laranjinhas	Senior Masculino	02:23:23	+52:53	07:10
88	44	Nuno Bastos	cmvc	Veterano M40	02:24:02	+53:32	07:12
89	23	Jorge Silva	a seita que dói menos	Senior Masculino	02:24:58	+54:28	07:15
90	92	César Sousa	individual	Veterano M40	02:25:06	+54:36	07:15
91	145	Céu Vilar	run & fun	Veterana F40	02:27:16	+56:46	07:22
92	153	Ze Moutinho	run & fun	Veterano M60	02:27:16	+56:46	07:22
93	142	Carlos Daniel Monteiro da Silva	os vila maiores	Veterano M40	02:28:41	+58:11	07:26
94	93	Daniel Matos	individual	Veterano M40	02:28:48	+58:18	07:26
95	909	Sandra Silva	run for fun laranjinhas	Veterana F40	02:29:08	+58:38	07:27
96	138	Carla Luís	nova linha trail runners	Veterana F40	02:29:23	+58:52	07:28
97	139	Vitor Ferreira	nova linha trail runners	Veterano M40	02:29:23	+58:53	07:28
98	67	António Carlos Silva Oliveira	individual	Senior Masculino	02:31:30	+01:01:00	07:35
99	95	Filipe Ferreira	individual	Veterano M40	02:31:42	+01:01:12	07:35
100	108	Pedro Patrício	individual	Veterano M40	02:31:42	+01:01:12	07:35
101	68	Antonio Lopes	individual	Senior Masculino	02:33:27	+01:02:57	07:40
102	25	Teresa Maias	a.d. nós acreditamos	Veterana F40	02:34:40	+01:04:10	07:44
103	71	Davide Freitas	individual	Senior Masculino	02:34:41	+01:04:11	07:44
104	15	Ricardo Seca	individual	Senior Masculino	02:36:17	+01:05:47	07:49
105	129	Manuel Pires	individual	Veterano M50	02:36:18	+01:05:48	07:49
106	75	Filipe Fonseca	individual	Senior Masculino	02:36:52	+01:06:22	07:51
107	64	Sandra Zeferino	individual	Senior Feminino	02:36:54	+01:06:24	07:51
108	50	Ricardo Duarte	espinho trail	Veterano M40	02:36:59	+01:06:29	07:51
109	51	ricardo sousa	espinho trail	Veterano M40	02:36:59	+01:06:29	07:51
110	48	Bruno Duarte	espinho trail	Veterano M40	02:37:00	+01:06:30	07:51
111	56	Paulo Silva	gd leões da guarda - lion runners	Veterano M50	02:37:40	+01:07:10	07:53
112	39	Paula Gomes	caldolmetro 2.0	Veterana F40	02:40:10	+01:09:40	08:01
113	40	Roberto Morim	caldolmetro 2.0	Veterano M40	02:40:11	+01:09:41	08:01
114	94	Fernando Moreira	individual	Veterano M40	02:40:17	+01:09:47	08:01
115	79	José Manuel Carneiro Lopes	individual	Senior Masculino	02:40:18	+01:09:48	08:01
116	78	João Pedro Jesus Ferreira	individual	Senior Masculino	02:43:07	+01:12:37	08:09
117	141	Nuno Daniel Rodrigues Fernandes	opraticante.pt	Veterano M50	02:44:32	+01:14:02	08:14
118	119	António Vieira dos Reis	individual	Veterano M50	02:45:54	+01:15:24	08:18
119	158	João Pedro Martins	sapatilhas verdes	Veterano M40	02:45:56	+01:15:26	08:18
120	88	Susana Ferreira	individual	Veterana F40	02:49:40	+01:19:10	08:29
121	52	Hugo Carvalho	fruta da 5ª	Senior Masculino	02:56:29	+01:25:59	08:49
122	111	Rogério Henriques	individual	Veterano M40	03:02:12	+01:31:42	09:07

20KM

20 KM

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	19:00	11.3°C	87%
End	22:27	11.3°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	168	IEIDA BELLO	Clube Desportivo Feirense	Senior Feminino	02:02:27	+31:56	06:07:56
2	59	DIANA PINHO	Guisande Trail Running	Senior Feminino	02:20:23	+49:53	07:01:56
3	64	Sandra Zeferino	Individual	Senior Feminino	02:36:54	+01:06:24	07:51:56

Senior Masculino

1	1	Daniel Santos	EDV VIANA TRAIL	Senior Masculino	01:30:30	04:32
2	47	Andre Valente	EDV VIANA TRAIL	Senior Masculino	01:30:31	+00:01 04:32
3	53	Mário Ibarra	G.D.A Ronda	Senior Masculino	01:30:49	+00:19 04:32
4	4	João Sousa	Individual	Senior Masculino	01:32:23	+01:53 04:37
5	24	Renato Andrade	A Seita Que Dói Menos	Senior Masculino	01:36:06	+05:36 04:48
6	43	Rui Lopes Silva	Clube Desportivo Feirense	Senior Masculino	01:40:23	+09:53 05:01
7	160	Tiago Oliveira	Vale Correr	Senior Masculino	01:44:12	+13:42 05:13
8	83	Ricardo Martins	Individual	Senior Masculino	01:44:15	+13:45 05:13
9	135	Marco André Cardoso Marques	Lourosa em Movimento	Senior Masculino	01:47:17	+16:47 05:22
10	612	André Batista	Clube Desportivo Feirense	Senior Masculino	01:49:05	+18:35 05:27
11	36	Bruno Vidinha	Caldas de S.Jorge Sport Clube	Senior Masculino	01:50:50	+20:20 05:33
12	85	Sérgio Coelho	Individual	Senior Masculino	01:51:56	+21:26 05:36
13	72	Eduardo Bastos	Individual	Senior Masculino	01:53:30	+23:00 05:41
14	69	Bruno Bastos	Individual	Senior Masculino	01:53:31	+23:01 05:41
15	14	Helder De paiva	Individual	Senior Masculino	01:56:47	+26:17 05:50
16	34	Tiago Afonso Ladeira Duarte	C.D.C. Paradela do Vouga	Senior Masculino	01:57:44	+27:14 05:53
17	16	Stanislav Bzhostovych	Individual	Senior Masculino	02:03:03	+32:33 06:09
18	13	Dmytro Karpov	Individual	Senior Masculino	02:03:07	+32:37 06:09
19	156	Ricardo Barbosa	Sapatilhas verdes	Senior Masculino	02:05:48	+35:18 06:17
20	136	Luís Silva	Lusitania de Lourosa FC - Secção de Atletismo	Senior Masculino	02:06:28	+35:58 06:19
21	82	Ricardo Andrés Neves dos Santos	Individual	Senior Masculino	02:08:13	+37:43 06:25
22	73	Eliseu Laranjeira	Individual	Senior Masculino	02:11:45	+41:14 06:35
23	29	Anthony Suarez	Arrifana Running	Senior Masculino	02:13:17	+42:47 06:40
24	137	André Mota	Miles&Vibes	Senior Masculino	02:15:12	+44:42 06:46
25	86	Valter Rafael Jesus Leite Soares	Individual	Senior Masculino	02:16:03	+45:33 06:48
26	80	Luís Carlos Pereira Carvalho	Individual	Senior Masculino	02:16:26	+45:56 06:49
27	128	Diogo reis	Individual	Senior Masculino	02:17:35	+47:05 06:53
28	74	Fabio Marques	Individual	Senior Masculino	02:20:56	+50:26 07:03
29	154	Gonçalo Araújo	Run For Fun Laranjinhas	Senior Masculino	02:23:23	+52:53 07:10
30	23	Jorge Silva	A Seita Que Dói Menos	Senior Masculino	02:24:58	+54:28 07:15
31	67	António Carlos Silva Oliveira	Individual	Senior Masculino	02:31:30	+01:01:00 07:35
32	68	Antonio Lopes	Individual	Senior Masculino	02:33:27	+01:02:57 07:40

20KM

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20 KM

OFFICIAL RESULT

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33	71	Davide Freitas	Individual	Senior Masculino	02:34:41	+01:04:11	07:44
34	15	Ricardo Seca	Individual	Senior Masculino	02:36:17	+01:05:47	07:49
35	75	Filipe Fonseca	Individual	Senior Masculino	02:36:52	+01:06:22	07:51
36	79	José Manuel Carneiro Lopes	Individual	Senior Masculino	02:40:18	+01:09:48	08:01
37	78	João Pedro Jesus Ferreira	Individual	Senior Masculino	02:43:07	+01:12:37	08:09
38	52	Hugo Carvalho	Fruta da 5ª	Senior Masculino	02:56:29	+01:25:59	08:49

Veterana F40

1	2	Liliana Cardoso	RUNNERS DO DEMO	Veterana F40	01:50:41	+20:11	05:32
2	155	Ana Melo	Saca Trilhos Anadia	Veterana F40	02:05:03	+34:32	06:15
3	9	LILIANA PINHO	Guisande Trail Running	Veterana F40	02:18:20	+47:50	06:55
4	41	Filomena Marques	CF Os Marialvas	Veterana F40	02:20:17	+49:47	07:01
5	87	Raquel Andrade	Individual	Veterana F40	02:20:45	+50:15	07:02
6	145	Céu Vilar	Run & Fun	Veterana F40	02:27:16	+56:46	07:22
7	909	Sandra Silva	Run For Fun Laranjinhas	Veterana F40	02:29:08	+58:38	07:27
8	138	Carla Luis	Nova Linha TRAIL Runners	Veterana F40	02:29:23	+58:52	07:28
9	25	Teresa Maias	A.D. Nós Acreditamos	Veterana F40	02:34:40	+01:04:10	07:44
10	39	Paula Gomes	Caldolimetro 2.0	Veterana F40	02:40:10	+01:09:40	08:01
11	88	Susana Ferreira	Individual	Veterana F40	02:49:40	+01:19:10	08:29

Veterana F50

1	89	Ana Cristina Correia Gomes	Individual	Veterana F50	02:18:11	+47:41	06:55
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Veterano M40

1	106	Nuno Nunes	Clube Desportivo Feirense	Veterano M40	01:31:51	+01:21	04:36
2	54	José Costa	G.D.A Ronda	Veterano M40	01:40:24	+09:54	05:01
3	26	David ramalho	A.D.Sebolido trail	Veterano M40	01:41:56	+11:26	05:06
4	45	Bruno Fernandes	CMMC VALE DE CAMBRA	Veterano M40	01:41:56	+11:26	05:06
5	5	Ivan Silva	Caldas de S.Jorge Sport Clube	Veterano M40	01:43:43	+13:13	05:11
6	159	Paulo Aroso	Team Lantemil	Veterano M40	01:44:01	+13:31	05:12
7	110	Ricardo Vitorino	Individual	Veterano M40	01:47:59	+17:29	05:24
8	37	Ricardo Silva	Caldas de S.Jorge Sport Clube	Veterano M40	01:48:06	+17:36	05:24
9	60	Helder Oliveira	Guisande Trail Running	Veterano M40	01:50:34	+20:04	05:32
10	112	Sérgio Castro	Individual	Veterano M40	01:52:32	+22:02	05:38
11	12	Rui Pinto	Amigos do Trail de Mesão Frio	Veterano M40	01:54:33	+24:03	05:44
12	33	Nelson Reis	Bravos e Bravitas	Veterano M40	01:54:36	+24:06	05:44
13	100	João Pedro Fernando	Individual	Veterano M40	02:00:22	+29:52	06:01
14	10	Domingos Ferreira	Guisande Trail Running	Veterano M40	02:00:26	+29:55	06:01
15	31	Paulo Oliveira	Brandoenses Running	Veterano M40	02:00:35	+30:04	06:02
16	28	Carlos Estrela	Amigos do trail OAZ	Veterano M40	02:01:26	+30:56	06:04
17	20	Nelson pais	Run & Fun	Veterano M40	02:01:38	+31:08	06:05
18	105	Nuno morais	Individual	Veterano M40	02:02:48	+32:18	06:08

20KM

20 KM

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OFFICIAL RESULT

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19	146	Américo Costa	Run & Fun	Veterano M40	02:05:09	+34:39	06:15
20	49	Filipe Couto	ESPINHO TRAIL	Veterano M40	02:05:48	+35:18	06:17
21	57	Leonel Oliveira	Grupo desportivo da Cruz das Eiras	Veterano M40	02:12:42	+42:12	06:38
22	148	Joel Pinto	Run & Fun	Veterano M40	02:13:01	+42:31	06:39
23	147	Cláudio Santos	Run & Fun	Veterano M40	02:14:13	+43:43	06:43
24	91	Bruno Sérgio Rodrigues Barros	Individual	Veterano M40	02:16:05	+45:35	06:48
25	104	Nikolai Karmanov	Individual	Veterano M40	02:17:57	+47:26	06:54
26	107	PEDRO FRANCO	Individual	Veterano M40	02:18:19	+47:49	06:55
27	938	Hugo sa	Individual	Veterano M40	02:18:19	+47:49	06:55
28	42	Filipe Soto	CF Os Marialvas	Veterano M40	02:20:21	+49:50	07:01
29	90	Bruno Moura	Individual	Veterano M40	02:21:11	+50:41	07:04
30	97	Gonçalo Nuno De Pinho Oliveira	Individual	Veterano M40	02:21:22	+50:51	07:04
31	162	Nuno Filipe Soares Pinto	Xonitas	Veterano M40	02:21:53	+51:23	07:06
32	161	Filipe José Coelho dos Reis	Xonitas	Veterano M40	02:21:54	+51:24	07:06
33	44	Nuno Bastos	CMCVC	Veterano M40	02:24:02	+53:32	07:12
34	92	César Sousa	Individual	Veterano M40	02:25:06	+54:36	07:15
35	142	Carlos Daniel Monteiro da Silva	Os Vila Maiores	Veterano M40	02:28:41	+58:11	07:26
36	93	Daniel Matos	Individual	Veterano M40	02:28:48	+58:18	07:26
37	139	Vitor Ferreira	Nova Linha TRAIL Runners	Veterano M40	02:29:23	+58:53	07:28
38	95	Filipe Ferreira	Individual	Veterano M40	02:31:42	+01:01:12	07:35
39	108	Pedro Patrício	Individual	Veterano M40	02:31:42	+01:01:12	07:35
40	50	Ricardo Duarte	ESPINHO TRAIL	Veterano M40	02:36:59	+01:06:29	07:51
41	51	ricardo sousa	ESPINHO TRAIL	Veterano M40	02:36:59	+01:06:29	07:51
42	48	Bruno Duarte	ESPINHO TRAIL	Veterano M40	02:37:00	+01:06:30	07:51
43	40	Roberto Morim	Caldolimetro 2.0	Veterano M40	02:40:11	+01:09:41	08:01
44	94	Fernando Moreira	Individual	Veterano M40	02:40:17	+01:09:47	08:01
45	158	João Pedro Martins	Sapatilhas verdes	Veterano M40	02:45:56	+01:15:26	08:18
46	111	Rogério Henriques	Individual	Veterano M40	03:02:12	+01:31:42	09:07

Veterano M50

1	38	Renato Silva	Caldas de S.Jorge Sport Clube	Veterano M50	01:49:36	+19:06	05:29
2	55	Manuel Bastos	G.D.A Ronda	Veterano M50	01:53:14	+22:44	05:40
3	35	Carlos Cardoso	CAL - Clube Atletismo de Lamas	Veterano M50	01:59:24	+28:54	05:58
4	46	Silvio Carvalho	CMMC VALE DE CAMBRA	Veterano M50	02:02:06	+31:36	06:06
5	19	Jose Paulo Teixeira	Individual	Veterano M50	02:02:42	+32:12	06:08
6	124	Joel Silva	Individual	Veterano M50	02:06:46	+36:16	06:20
7	127	Luis Paulo Teixeira Azevedo	Individual	Veterano M50	02:09:23	+38:53	06:28
8	152	Miguel Ferreira	Run & Fun	Veterano M50	02:09:29	+38:59	06:28
9	151	Mário Jorge Almeida	Run & Fun	Veterano M50	02:15:26	+44:56	06:46
10	170	Silverio Santos	Clube Desportivo Feirense	Veterano M50	02:18:03	+47:33	06:54
11	126	José Sá	Individual	Veterano M50	02:19:00	+48:30	06:57
12	21	Mike funner	Run & Fun	Veterano M50	02:19:18	+48:48	06:58
13	130	Manuel Teixeira	Individual	Veterano M50	02:20:01	+49:31	07:00
14	117	Alcino Ferreira dos Santos	Individual	Veterano M50	02:20:54	+50:24	07:03

20KM

20 KM

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OFFICIAL RESULT

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15	149	Manuel Moreira	Run & Fun	Veterano M50	02:21:12	+50:42	07:04
16	129	Manuel Pires	Individual	Veterano M50	02:36:18	+01:05:48	07:49
17	56	Paulo Silva	GD Leões da Guarda - Lion Runners	Veterano M50	02:37:40	+01:07:10	07:53
18	141	Nuno Daniel Rodrigues Fernandes	OPraticante.PT	Veterano M50	02:44:32	+01:14:02	08:14
19	119	António Vieira dos Reis	Individual	Veterano M50	02:45:54	+01:15:24	08:18

Veterano M60

1	32	José Luís Santos	Brandoenses Running	Veterano M60	02:03:24	+32:54	06:10
2	27	João Moreira	Amigos 100 Limites	Veterano M60	02:12:59	+42:29	06:39
3	134	Manuel Faria Sampaio	Individual	Veterano M60	02:21:10	+50:40	07:04
4	153	Ze Moutinho	Run & Fun	Veterano M60	02:27:16	+56:46	07:22

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Official Timekeeper: Lap2Go	1 / 1	generate 19-Apr-2025 22:18
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13KM - STAGE 1

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13 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	19:30	10.4°C	90%
End	22:27	10.4°C	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	936	Francisco pereira	individual	Senior Masculino	55:41		04:17
2	3	Paulo Pereira	ns trail team	Veterano M40	55:51	+00:10	04:18
3	888	André Silva	ns trail team	Veterano M40	57:30	+01:49	04:25
4	587	Bruno Silva	bravos e bravitas	Veterano M40	57:31	+01:50	04:25
5	615	António Assunção	clube desportivo feirense	Veterano M40	58:22	+02:41	04:29
6	558	Fernando Lima	arrifana running	Veterano M50	58:52	+03:11	04:32
7	639	Hugo Ferreira	g.d.a ronda	Veterano M40	01:00:40	+04:59	04:40
8	614	Marco Oliveira	clube desportivo feirense	Senior Masculino	01:00:50	+05:09	04:41
9	637	André Melo	g.d.a ronda	Veterano M40	01:02:13	+06:32	04:47
10	512	bruno lima	individual	Veterano M40	01:02:19	+06:38	04:48
11	7	Fábio Fernandes correia	individual	Senior Masculino	01:02:31	+06:50	04:49
12	638	Hugo Daniel	g.d.a ronda	Veterano M40	01:02:31	+06:50	04:49
13	652	Hugo Horta	grupo alegre unido bajouca	Veterano M40	01:03:13	+07:32	04:52
14	715	Fabio Costa	individual	Senior Masculino	01:04:03	+08:22	04:56
15	889	António Nunes	ns trail team	Veterano M50	01:04:03	+08:22	04:56
16	801	António José Jesus Nogueira	individual	Veterano M40	01:04:05	+08:24	04:56
17	799	Antonio Cristóvão	individual	Veterano M40	01:04:14	+08:33	04:56
18	921	Nuno Santos	sentir escariz running	Veterano M40	01:04:54	+09:13	05:00
19	842	Williams Rodriguez	individual	Veterano M40	01:04:58	+09:17	05:00
20	586	Rui Teixeira	bravos e bravitas	Senior Masculino	01:05:52	+10:11	05:04
21	885	Fábio Almeida	night runners feira	Senior Masculino	01:06:36	+10:55	05:07
22	845	António Fernandes	individual	Veterano M50	01:07:00	+11:19	05:09
23	871	gilberto costa	javalis100limites	Veterano M40	01:07:54	+12:13	05:13
24	890	José Tavares	ns trail team	Veterano M50	01:07:55	+12:14	05:13
25	169	Paulo Oliveira	clube desportivo feirense	Veterano M40	01:08:00	+12:19	05:14
26	877	Ricardo Moreira	lourosa em movimento	Veterano M40	01:08:32	+12:51	05:16
27	922	Paulo Sérgio Silva Gomes	sentir escariz running	Veterano M40	01:09:38	+13:57	05:21
28	935	Manuel Miguéis	v.c bike	Veterano M40	01:09:39	+13:58	05:21
29	875	Pedro Matos	lourosa em movimento	Senior Masculino	01:09:44	+14:03	05:22
30	809	Filipe Marques	individual	Veterano M40	01:09:45	+14:04	05:22
31	878	João Santos	lourosa em movimento	Veterano M40	01:09:54	+14:13	05:23
32	916	Tiago Santos	sapatilhas verdes	Senior Masculino	01:09:56	+14:14	05:23
33	913	Serafim Pereira da Rocha	runners do rêgo	Veterano M40	01:09:59	+14:18	05:23
34	664	PEDRO LOPES	guisande trail running	Veterano M40	01:10:06	+14:25	05:24
35	810	Filipe Silva	individual	Veterano M40	01:10:34	+14:53	05:26
36	6	Mónica Oliveira	clube desportivo feirense	Veterana F50	01:10:41	+15:00	05:26
37	822	Nuno Costa	individual	Veterano M40	01:10:43	+15:02	05:26
38	600	Raphael Leite	bravos e bravitas	Veterano M40	01:10:51	+15:10	05:27
39	602	Antonio Silva	caldas de s.jorge sport clube	Veterano M60	01:11:23	+15:42	05:29
40	736	Miguel Tavares	individual	Senior Masculino	01:11:23	+15:42	05:29
41	585	Fábio Pereira	bravos e bravitas	Senior Masculino	01:11:24	+15:43	05:30
42	589	Sérgio Costa	bravos e bravitas	Veterano M40	01:11:36	+15:55	05:30

13KM - STAGE 1

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13 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	699	André Oliveira	individual	Senior Masculino	01:11:36	+15:55	05:30
44	911	Bruno Albergaria	run for fun laranjinhas	Veterano M40	01:12:19	+16:38	05:34
45	517	Vasco Azenha	individual	Veterano M40	01:12:23	+16:42	05:34
46	610	Marco Barbosa	clube de ancas	Senior Masculino	01:12:31	+16:50	05:35
47	925	Pedro Guimarães	trail snakes team	Senior Masculino	01:12:44	+17:03	05:36
48	750	Roberto Bastos	individual	Senior Masculino	01:13:03	+17:22	05:37
49	549	Helder Faria	arrifana running	Senior Masculino	01:13:28	+17:47	05:39
50	718	Firmino Miguel	individual	Senior Masculino	01:13:58	+18:17	05:41
51	590	Alcides Relvas	bravos e bravitas	Veterano M60	01:15:32	+19:51	05:49
52	655	FABIO VENTURA	guisande trail running	Senior Masculino	01:15:40	+19:59	05:49
53	534	Bruno Pereira	adc santa isabel	Veterano M40	01:16:13	+20:32	05:52
54	698	Andre Meireles	individual	Senior Masculino	01:16:30	+20:49	05:53
55	827	Pedro Delgado Paiva	individual	Veterano M40	01:16:38	+20:57	05:54
56	584	Constantino Mota	brandoenses running	Veterano M50	01:16:49	+21:08	05:55
57	849	Gabriel Rodrigues	individual	Veterano M50	01:16:59	+21:18	05:55
58	588	Hugo Teixeira	bravos e bravitas	Veterano M40	01:17:00	+21:19	05:55
59	511	Tânia Mateus	individual	Veterana F40	01:17:03	+21:22	05:56
60	753	Samuel Estrela	individual	Senior Masculino	01:17:11	+21:30	05:56
61	930	Luís Soeira	trepatrihos trail team	Veterano M50	01:17:17	+21:36	05:57
62	867	Paulo Dias	individual	Veterano M60	01:17:24	+21:43	05:57
63	592	Custódio Coutinho	c.d.c. paradela do vouga	Veterano M60	01:17:25	+21:44	05:57
64	879	Manuel Silva	lourosa em movimento	Veterano M40	01:17:29	+21:48	05:58
65	559	José Rodrigues	arrifana running	Veterano M50	01:17:30	+21:49	05:58
66	872	daniel gomes	javalis100limites	Veterano M50	01:17:51	+22:10	05:59
67	527	Andre Soares	2brothers team	Senior Masculino	01:18:00	+22:19	06:00
68	755	Tiago Cruz	individual	Senior Masculino	01:18:03	+22:22	06:00
69	833	Rui Albino	individual	Veterano M40	01:18:03	+22:22	06:00
70	717	Fernando Resende	individual	Senior Masculino	01:18:12	+22:31	06:01
71	701	Bruno Fileno	individual	Senior Masculino	01:18:44	+23:03	06:03
72	551	Tiago Gonçalves	arrifana running	Senior Masculino	01:19:15	+23:34	06:06
73	804	Daniel Silva	individual	Veterano M40	01:19:17	+23:36	06:06
74	572	Victor Manuel Dos Santos Silva	b.v.lourosa	Senior Masculino	01:19:23	+23:42	06:06
75	530	Pedro Vieira	a.d. amarante trail running	Veterano M40	01:19:45	+24:04	06:08
76	869	Paulo Nobre	inquipa	Veterano M40	01:19:49	+24:08	06:08
77	868	Diogo Aguiar	inquipa	Veterano M40	01:19:50	+24:09	06:08
78	907	Sara Mota	run & fun	Veterana F40	01:19:55	+24:14	06:09
79	823	Nuno Santos	individual	Veterano M40	01:20:04	+24:23	06:10
80	583	Carlos Santos	brandoenses running	Veterano M50	01:20:17	+24:36	06:11
81	509	Tiago Daniel Oliveira Pereira	individual	Senior Masculino	01:20:23	+24:42	06:11
82	933	Armando Almeida	twins & friends	Veterano M50	01:20:23	+24:42	06:11
83	898	Luis Gomes	pastello runners	Veterano M40	01:20:30	+24:49	06:12
84	735	Mário Bernardino Vendas Sá Figueiredo	individual	Senior Masculino	01:20:37	+24:56	06:12
85	836	Samuel Rebelo	individual	Veterano M40	01:22:19	+26:38	06:20
86	864	João Brito	individual	Veterano M60	01:23:26	+27:45	06:25
87	636	Helder Robalinho	g.d.a ronda	Senior Masculino	01:23:52	+28:11	06:27

13KM - STAGE 1

13 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	601	Armando Santos	caldas de s.jorge sport clube	Veterano M50	01:23:53	+28:12	06:27
89	751	Rúben Pinho	individual	Senior Masculino	01:24:02	+28:21	06:28
90	661	SONIA ALMEIDA	guisande trail running	Veterana F40	01:24:20	+28:39	06:29
91	851	jose ferreira	individual	Veterano M50	01:24:26	+28:45	06:30
92	621	Patricia Soares	cmmc vale de cambra	Veterana F40	01:24:32	+28:51	06:30
93	539	Jorge Rodrigues	ama(dores) trail team/acru	Veterano M50	01:24:35	+28:54	06:30
94	858	Pedro M. Perez Rollan	individual	Veterano M50	01:24:37	+28:56	06:31
95	756	Tiago Gaspar	individual	Senior Masculino	01:24:37	+28:56	06:31
96	713	Diogo Tavares	individual	Senior Masculino	01:24:38	+28:57	06:31
97	897	Carlos Couto	outlaw runners	Veterano M50	01:24:45	+29:04	06:31
98	824	Paulo martins	individual	Veterano M40	01:24:46	+29:05	06:31
99	752	Rúben Silva	individual	Senior Masculino	01:24:48	+29:07	06:31
100	798	Américo da Silva Bessa	individual	Veterano M40	01:24:48	+29:07	06:31
101	811	Filipe Soares	individual	Veterano M40	01:24:54	+29:13	06:32
102	627	António Oliveira	cmmc vale de cambra	Veterano M60	01:25:23	+29:42	06:34
103	640	José Morais	gaia trail	Veterano M60	01:25:23	+29:42	06:34
104	704	Carlos Simões	individual	Senior Masculino	01:25:33	+29:52	06:35
105	700	Andrés Yepes	individual	Senior Masculino	01:25:44	+30:03	06:36
106	514	Paulo Cardoso	individual	Veterano M40	01:25:56	+30:15	06:37
107	854	Manuel Ribeiro	individual	Veterano M50	01:26:08	+30:27	06:38
108	561	Renato Tavares	arrifana running	Veterano M50	01:26:17	+30:36	06:38
109	923	Erasmo Alves	taylors	Veterano M50	01:26:18	+30:37	06:38
110	821	Mário Pereira	individual	Veterano M40	01:26:27	+30:46	06:39
111	557	António Silva	arrifana running	Veterano M50	01:26:30	+30:49	06:39
112	563	Manuel Zola	arrifana running	Veterano M60	01:26:30	+30:49	06:39
113	722	Gonçalo Ferreira	individual	Senior Masculino	01:26:35	+30:54	06:40
114	605	Rogério de Pinho e Silva	cdc são martinho da gândara	Veterano M60	01:26:41	+31:00	06:40
115	550	Paulo Candeias	arrifana running	Senior Masculino	01:27:24	+31:43	06:43
116	711	Daniel Silva	individual	Senior Masculino	01:27:24	+31:43	06:43
117	522	Manuel constantino silva	individual	Veterano M60	01:27:26	+31:45	06:44
118	697	Alexandre Peixoto	individual	Senior Masculino	01:27:43	+32:02	06:45
119	861	Vitor Santos	individual	Veterano M50	01:27:44	+32:03	06:45
120	850	Helder Rodrigues	individual	Veterano M50	01:28:04	+32:23	06:46
121	846	António Silva	individual	Veterano M50	01:28:07	+32:26	06:47
122	910	Teresa Paiva	run for fun laranjinhas	Veterana F50	01:28:19	+32:38	06:48
123	553	Sónia Vidal	arrifana running	Veterana F40	01:28:25	+32:44	06:48
124	779	Sandra Lage	boavista trail	Veterana F40	01:28:38	+32:57	06:49
125	906	Elsa Mota	run & fun	Veterana F40	01:28:45	+33:04	06:50
126	595	João Pissarra	c³ (clube de corrida do coculudo)	Senior Masculino	01:29:07	+33:26	06:51
127	748	Ricardo José da Silva Costa	individual	Senior Masculino	01:30:03	+34:22	06:56
128	874	Michelangelo Lopes	lourosa em movimento	Senior Masculino	01:30:11	+34:30	06:56
129	81	Luis Marques	individual	Senior Masculino	01:30:26	+34:45	06:57
130	721	Francisco Xavier Pinto Cardoso	individual	Senior Masculino	01:30:34	+34:53	06:58
131	609	Hugo Seabra	clube de ancas	Senior Masculino	01:30:58	+35:17	07:00
132	857	Paulo Moreira	individual	Veterano M50	01:31:01	+35:20	07:00

13KM - STAGE 1

13 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	564	José Sousa	associação de atletismo lebres do sado	Veterano M50	01:31:02	+35:21	07:00
134	763	Xavier Alves Paiva	individual	Senior Masculino	01:31:11	+35:30	07:01
135	886	Carla Cardoso	night runners feira	Veterana F50	01:31:13	+35:32	07:01
136	709	Daniel Pimentel	individual	Senior Masculino	01:31:35	+35:54	07:03
137	581	Pedro Valença	botão camp	Veterano M50	01:31:41	+36:00	07:03
138	831	Ricardo Bastos	individual	Veterano M40	01:31:41	+36:00	07:03
139	707	Daniel Pedrosa	individual	Senior Masculino	01:32:06	+36:25	07:05
140	762	Vitor Sousa	individual	Senior Masculino	01:32:12	+36:31	07:06
141	914	Daniel Serralva	running mozelos	Senior Masculino	01:32:16	+36:35	07:06
142	668	Ana Camilo	individual	Senior Feminino	01:32:17	+36:36	07:06
143	624	Ricardo Almeida	cmmc vale de cambra	Veterano M40	01:32:19	+36:38	07:06
144	926	David Leite	traquinas do conga	Senior Masculino	01:32:25	+36:44	07:07
145	739	Nuno Reis	individual	Senior Masculino	01:32:44	+37:03	07:08
146	785	Vera Leite	individual	Veterana F40	01:32:59	+37:18	07:09
147	599	João Gomes	bravos e bravitas	Veterano M50	01:33:00	+37:19	07:09
148	635	João Almeida	estronca silvas	Veterano M40	01:33:01	+37:20	07:09
149	782	Sofia Ferreira	individual	Veterana F40	01:33:04	+37:23	07:10
150	691	Nádia Ribeiro	individual	Senior Feminino	01:33:06	+37:25	07:10
151	662	Carlos Costa	guisande trail running	Veterano M40	01:33:23	+37:42	07:11
152	859	Raul Silva	individual	Veterano M50	01:33:24	+37:43	07:11
153	733	Luis Pereira	individual	Senior Masculino	01:33:35	+37:54	07:12
154	11	Vitor Almeida	cmsmf	Senior Masculino	01:33:42	+38:01	07:12
155	847	Carlos Augusto Martins da Silva	individual	Veterano M50	01:33:43	+38:02	07:13
156	533	Liliana Mota	adc santa isabel	Veterana F40	01:33:44	+38:03	07:13
157	766	Daniela Caetano de Sá	individual	Veterana F40	01:33:50	+38:09	07:13
158	754	Sérgio Silva	individual	Senior Masculino	01:34:11	+38:30	07:15
159	742	Pedro Rocha	individual	Senior Masculino	01:34:12	+38:31	07:15
160	834	Rui Azenha	individual	Veterano M40	01:34:20	+38:39	07:15
161	780	Sara Soares	individual	Veterana F40	01:34:22	+38:41	07:16
162	802	Carlos Ferreira	individual	Veterano M40	01:34:24	+38:43	07:16
163	723	Gonçalo Santos	individual	Senior Masculino	01:34:38	+38:57	07:17
164	761	Vitor Miguel	individual	Senior Masculino	01:34:49	+39:08	07:18
165	650	Catarina Granja	granjadas	Senior Feminino	01:34:53	+39:12	07:18
166	651	Carlos Dias	granjadas	Senior Masculino	01:34:55	+39:14	07:18
167	819	Marco Paiva	individual	Veterano M40	01:35:10	+39:29	07:19
168	528	Pedro Soare	2brothers team	Veterano M40	01:35:11	+39:30	07:19
169	546	Filipe Rodrigues	amigos do trail oaz	Veterano M40	01:35:25	+39:44	07:20
170	807	Fernando Manuel Maia de Castro	individual	Veterano M40	01:35:32	+39:51	07:21
171	880	Jorge Oliveira	lourosa em movimento	Veterano M50	01:35:33	+39:52	07:21
172	899	Bruno Guedes	porto sentido runners	Veterano M40	01:35:53	+40:12	07:23
173	671	Ana Oliveira	individual	Senior Feminino	01:36:18	+40:37	07:24
174	618	Fátima Relvas	cmmc vale de cambra	Veterana F40	01:36:20	+40:39	07:25
175	887	Mário Costa Pereira	night runners feira	Veterano M50	01:36:20	+40:39	07:25
176	747	Ricardo Jorge Martins	individual	Senior Masculino	01:36:31	+40:50	07:25

13KM - STAGE 1

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13 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	806	Fausto Emanuel Forte dos Reis	individual	Veterano M40	01:36:32	+40:51	07:26
178	749	Ricardo Marques	individual	Senior Masculino	01:36:33	+40:52	07:26
179	611	Nico Elkan	clube de ancas	Senior Masculino	01:36:49	+41:08	07:27
180	591	Rakell Santos	c.d.c. paradelas do vouga	Senior Feminino	01:37:03	+41:22	07:28
181	672	Ana Santos	individual	Senior Feminino	01:38:34	+42:53	07:35
182	547	Mária Calmeiro	arrifana running	Senior Feminino	01:39:45	+44:04	07:40
183	855	Miguel Mocho	individual	Veterano M50	01:39:48	+44:07	07:41
184	628	Filipe Soares	cmmc vale de cambra	Veterano M60	01:39:50	+44:09	07:41
185	866	Mário Costa	individual	Veterano M60	01:39:56	+44:15	07:41
186	712	Diogo Oliveira	individual	Senior Masculino	01:39:59	+44:18	07:41
187	771	Helena Pires	individual	Veterana F40	01:39:59	+44:18	07:41
188	686	Liliana Arede	individual	Senior Feminino	01:40:01	+44:20	07:42
189	757	Tiago Lopes	individual	Senior Masculino	01:40:07	+44:26	07:42
190	908	Quinel Mota	run & fun	Veterano M60	01:40:19	+44:38	07:43
191	803	Carlos Pinto	individual	Veterano M40	01:40:36	+44:55	07:44
192	516	Ricardo Martins Ascensão	individual	Veterano M40	01:40:38	+44:57	07:44
193	537	Rosa Saldanha	ama associação mondim atletismo	Veterana F50	01:40:38	+44:57	07:44
194	643	Enrique Oliveira	geocrosstrail	Senior Masculino	01:40:39	+44:58	07:45
195	745	Renato Rodrigues	individual	Senior Masculino	01:40:39	+44:58	07:45
196	865	José Castro	individual	Veterano M60	01:40:44	+45:03	07:45
197	515	Pedro Fernandes	individual	Veterano M40	01:40:47	+45:06	07:45
198	852	José Matos	boavista trail	Veterano M50	01:40:47	+45:06	07:45
199	724	Henrique Augusto Saraiva Barbosa	individual	Senior Masculino	01:41:08	+45:27	07:47
200	593	Andreia da Rocha Seabra	c³ (clube de corrida do coculudo)	Senior Feminino	01:41:25	+45:44	07:48
201	597	Pedro Seabra	c³ (clube de corrida do coculudo)	Senior Masculino	01:41:25	+45:44	07:48
202	560	Paulo Fonseca	arrifana running	Veterano M50	01:41:26	+45:45	07:48
203	8	Paula Martins	arrifana running	Veterana F50	01:41:26	+45:45	07:48
204	856	Paulo Lara	boavista trail	Veterano M50	01:41:43	+46:02	07:49
205	540	Marina Moreira	amigos 100 limites	Senior Feminino	01:41:44	+46:03	07:50
206	706	Daniel Lara	individual	Senior Masculino	01:41:45	+46:04	07:50
207	758	Tomás Maria Ramalho Martinho	individual	Senior Masculino	01:41:47	+46:06	07:50
208	746	Ricardo David Tavares Almeida	individual	Senior Masculino	01:42:02	+46:21	07:51
209	684	Joana Patricia Costa Silva	individual	Senior Feminino	01:42:04	+46:23	07:51
210	774	Márcia da Silva Nunes	individual	Veterana F40	01:42:16	+46:35	07:52
211	830	Pedro Silva	individual	Veterano M40	01:42:17	+46:36	07:52
212	727	João Queirós	individual	Senior Masculino	01:42:43	+47:02	07:54
213	569	Antonio Joaquim Pereira Alves Soares	b.v.lourosa	Senior Masculino	01:42:53	+47:12	07:55
214	61	PAULO JESUS	guisande trail running	Veterano M40	01:43:44	+48:03	07:59
215	519	Carlos Barroso	individual	Veterano M50	01:43:44	+48:03	07:59
216	596	Maximino Canhola	c³ (clube de corrida do coculudo)	Senior Masculino	01:43:58	+48:17	08:00
217	791	Lucia Santos	individual	Veterana F50	01:44:31	+48:50	08:02
218	814	Hélder Pereira	individual	Veterano M40	01:44:32	+48:51	08:02

13KM - STAGE 1

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13 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	728	José Alisson	individual	Senior Masculino	01:44:38	+48:57	08:03
220	545	Andres Ferreira	amigos do trail oaz	Senior Masculino	01:44:39	+48:58	08:03
221	507	Luís Carlos Pereira Pinto	individual	Senior Masculino	01:44:58	+49:17	08:04
222	608	Goncalo Correia	clube de ancas	Senior Masculino	01:45:24	+49:43	08:06
223	729	Jose Seabra	individual	Senior Masculino	01:45:42	+50:01	08:08
224	876	Ruben Silva	lourosa em movimento	Senior Masculino	01:45:48	+50:07	08:08
225	562	José Beleza	arrifana running	Veterano M60	01:46:30	+50:49	08:12
226	502	Inês Landolt	apúlia a correr	Senior Feminino	01:47:01	+51:20	08:14
227	503	César Fernandes	apúlia a correr	Veterano M40	01:47:02	+51:21	08:14
228	58	CLAUDIA ALMEIDA	guisande trail running	Senior Feminino	01:47:19	+51:38	08:15
229	825	Paulo Pádua	individual	Veterano M40	01:47:19	+51:38	08:15
230	829	Pedro Santos	individual	Veterano M40	01:47:19	+51:38	08:15
231	896	Daniel Sanchez	outlaw runners	Veterano M40	01:47:30	+51:49	08:16
232	548	Marta Oliveira	arrifana running	Senior Feminino	01:47:33	+51:52	08:16
233	884	Ana Almeida	night runners feira	Senior Feminino	01:47:44	+52:03	08:17
234	634	Tiago Fidalgo	elite aradense	Senior Masculino	01:47:53	+52:12	08:18
235	633	Joel António Santos Magina	elite aradense	Senior Masculino	01:47:54	+52:13	08:18
236	632	Emanuel Silva Reis	elite aradense	Senior Masculino	01:47:55	+52:14	08:18
237	873	Vera Oliveira	lourosa em movimento	Senior Feminino	01:48:01	+52:20	08:19
238	741	Pedro Ferreira	individual	Senior Masculino	01:48:11	+52:30	08:19
239	552	Sandra Gomes	arrifana running	Veterana F40	01:48:23	+52:42	08:20
240	555	Susana Gomes	arrifana running	Veterana F50	01:48:23	+52:42	08:20
241	778	Mónica Godinho	individual	Veterana F40	01:48:58	+53:17	08:23
242	839	Sérgio Valente	individual	Veterano M40	01:49:01	+53:20	08:23
243	630	Maayan Goren	dotan goren	Senior Masculino	01:49:02	+53:21	08:23
244	631	DOTAN GOREN	dotan goren	Veterano M40	01:49:08	+53:27	08:24
245	924	Isabel Fernandes	team runners	Senior Feminino	01:49:13	+53:32	08:24
246	571	Márcio Filipe da Silva Cardoso	b.v.lourosa	Senior Masculino	01:49:16	+53:35	08:24
247	573	Xavier Alexandre Soares Silva	b.v.lourosa	Senior Masculino	01:49:16	+53:35	08:24
248	659	PATRICIA ALMEIDA	guisande trail running	Veterana F40	01:49:51	+54:10	08:27
249	657	José Teixeira	guisande trail running	Senior Masculino	01:49:52	+54:11	08:27
250	692	Sara Miguel Coelho Gomes	individual	Senior Feminino	01:50:19	+54:38	08:29
251	642	Bruno Araújo	geocrosstrail	Senior Masculino	01:51:19	+55:38	08:34
252	646	Domingos Ventura	geocrosstrail	Veterano M40	01:51:20	+55:39	08:34
253	526	Gisela Faria	team runners	Veterana F40	01:51:23	+55:42	08:34
254	579	Fátima Vaz	baixo vouga team	Veterana F50	01:51:34	+55:53	08:35
255	660	SANDRA MATOS	guisande trail running	Veterana F40	01:52:03	+56:22	08:37
256	523	Luís Miguel Vieira	novo banco	Veterano M50	01:52:29	+56:48	08:39
257	893	Diana Sofia Matins Pais	os vila maiores	Senior Feminino	01:52:43	+57:02	08:40
258	674	Carla Andreia Neves Pereira de Almeida	individual	Senior Feminino	01:53:20	+57:39	08:43
259	716	Fernando Manuel Pereira Bastos	individual	Senior Masculino	01:53:21	+57:40	08:43
260	565	Rafaela Oliveira	atletas da preguiça	Senior Feminino	01:53:24	+57:43	08:43
261	719	Francisco Manuel Teixeira Marques	individual	Senior Masculino	01:53:59	+58:18	08:46
262	682	Jéssica Fonte	individual	Senior Feminino	01:54:04	+58:23	08:46

13KM - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	843	Alcidio Figueiredo	individual	Veterano M50	01:54:08	+58:27	08:47
264	620	Joana Pinho	cmmc vale de cambra	Veterana F40	01:54:17	+58:36	08:47
265	622	Paula Rodrigues	cmmc vale de cambra	Veterana F40	01:54:17	+58:36	08:47
266	616	Rita Sousa	cmmc vale de cambra	Senior Feminino	01:54:19	+58:38	08:48
267	656	Jorge Alvarenga	guisande trail running	Senior Masculino	01:54:30	+58:49	08:48
268	654	Eduardo Sequeira	guisande trail running	Senior Masculino	01:54:31	+58:50	08:49
269	832	Rogério silva	individual	Veterano M40	01:54:37	+58:56	08:49
270	795	Rosa Santos	individual	Veterana F50	01:54:46	+59:05	08:50
271	544	Andre Mesquita	amigos do trail oaz	Senior Masculino	01:54:49	+59:08	08:50
272	789	Claudia cristina S. A. Campos	individual	Veterana F50	01:54:56	+59:15	08:50
273	510	Luzia de Fátima Ferreira Dias Soares	individual	Veterana F40	01:55:26	+59:45	08:53
274	929	Miguel Rodrigues	traquinas do conga	Veterano M50	01:55:49	+01:00:08	08:55
275	714	Eduardo Bastos	individual	Senior Masculino	01:55:57	+01:00:16	08:55
276	163	Ana sousa	baixo vouga team	Veterana F40	01:56:30	+01:00:49	08:58
277	838	Sérgio Moreira	individual	Veterano M40	01:56:30	+01:00:49	08:58
278	815	Hélio Paulino	individual	Veterano M40	01:56:30	+01:00:49	08:58
279	625	JOSE ALMEIDA	cmmc vale de cambra	Veterano M50	01:58:51	+01:03:10	09:09
280	574	Rui Fernando Sousa Vieira	b.v.lourosa	Veterano M40	01:59:13	+01:03:32	09:10
281	835	Rui Ferreira	individual	Veterano M40	01:59:13	+01:03:32	09:10
282	920	Leonel Dias	sentir escariz running	Senior Masculino	01:59:23	+01:03:42	09:11
283	508	Luís Cunha	individual	Senior Masculino	01:59:26	+01:03:45	09:11
284	520	Joaquim Pepe Roque	individual	Veterano M50	01:59:39	+01:03:58	09:12
285	582	Agostinho Pereira	botão camp	Veterano M60	01:59:56	+01:04:15	09:14
286	673	Anna Sellani	individual	Senior Feminino	02:00:03	+01:04:22	09:14
287	690	Marta Nicolau	individual	Senior Feminino	02:00:03	+01:04:22	09:14
288	501	Carlos Fernando Marques	@corredoresderua@	Veterano M60	02:00:12	+01:04:31	09:15
289	174	Hugo Soares	individual	Veterano M40	02:00:32	+01:04:51	09:16
290	794	RAQUEL BRITO	individual	Veterana F50	02:00:32	+01:04:51	09:16
291	543	Paula Moreira	amigos 100 limites	Veterana F60	02:00:46	+01:05:05	09:17
292	812	Gil Fontes	individual	Veterano M40	02:01:22	+01:05:41	09:20
293	542	Vânia Moreira	amigos 100 limites	Senior Feminino	02:02:31	+01:06:50	09:25
294	607	André Catalão	clube de ancas	Senior Masculino	02:03:15	+01:07:34	09:29
295	770	Gisela De Sousa Ferreira Avelar	individual	Veterana F40	02:03:27	+01:07:46	09:30
296	787	Ana Ribeiro	individual	Veterana F50	02:03:27	+01:07:46	09:30
297	647	Miguel Mota	geocrosstrail	Veterano M40	02:03:37	+01:07:56	09:31
298	730	Leonardo Alexandre Soares Rainha da Costa e Silva	individual	Senior Masculino	02:04:03	+01:08:22	09:33
299	837	Sérgio Ferreira	individual	Veterano M40	02:04:12	+01:08:31	09:33
300	769	Eva Luciana Ferreira Alves	individual	Veterana F40	02:04:37	+01:08:56	09:35
301	917	Angela Maria Tavares Teixeira da rocha	sapatilhas verdes	Veterana F50	02:04:37	+01:08:56	09:35
302	918	Laura Gomes	sapatilhas verdes	Veterana F50	02:04:38	+01:08:57	09:35
303	927	Leonardo Santos	traquinas do conga	Veterano M40	02:06:10	+01:10:29	09:42
304	881	Ana Catarina Lei	miles&vibes	Senior Feminino	02:06:23	+01:10:42	09:43
305	702	Bruno Filipe Azevedo Sousa	individual	Senior Masculino	02:06:24	+01:10:43	09:43

13KM - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
306	164	Rafaela Gonçalves	baze & vibes	Senior Feminino	02:06:28	+01:10:47	09:44
307	681	Gabriela Silva	individual	Senior Feminino	02:06:28	+01:10:47	09:44
308	738	Nuno Levi	individual	Senior Masculino	02:06:28	+01:10:47	09:44
309	720	Francisco Santos	individual	Senior Masculino	02:06:29	+01:10:48	09:44
310	743	Pedro Sousa Silva	individual	Senior Masculino	02:06:29	+01:10:48	09:44
311	667	Ana Brás	individual	Senior Feminino	02:07:05	+01:11:24	09:47
312	708	Daniel Pereira Brás	individual	Senior Masculino	02:07:06	+01:11:25	09:47
313	649	Quim zé	glassdrive sport	Veterano M40	02:07:55	+01:12:14	09:50
314	648	Vasco Sousa	glassdrive sport	Senior Masculino	02:07:56	+01:12:15	09:50
315	883	Carolina Tavares	miles&vibes	Senior Feminino	02:08:03	+01:12:22	09:51
316	882	Beatriz Reis Cardoso	miles&vibes	Senior Feminino	02:08:05	+01:12:24	09:51
317	783	sonia Luísa Ferreira da Costa	individual	Veterana F40	02:10:15	+01:14:34	10:01
318	781	Sílvia Teixeira Rodrigues	individual	Veterana F40	02:10:16	+01:14:35	10:01
319	683	Joana Fernandes	individual	Senior Feminino	02:10:18	+01:14:37	10:01
320	626	Paulo Jorge Santos	cmmc vale de cambra	Veterano M50	02:10:30	+01:14:49	10:02
321	619	Fernanda Almeida	cmmc vale de cambra	Veterana F40	02:10:31	+01:14:50	10:02
322	623	Carlos Silva	cmmc vale de cambra	Veterano M40	02:10:31	+01:14:50	10:02
323	531	Sara Pereira	adc santa isabel	Senior Feminino	02:10:45	+01:15:04	10:03
324	532	Francisco Santos	adc santa isabel	Senior Masculino	02:10:45	+01:15:04	10:03
325	768	Elisabete Cunha	individual	Veterana F40	02:10:55	+01:15:14	10:04
326	828	Pedro Oliveira	individual	Veterano M40	02:11:06	+01:15:25	10:05
327	675	Catarina Maia	individual	Senior Feminino	02:13:16	+01:17:35	10:15
328	665	PEDRO SANTOS	guisande trail running	Veterano M40	02:13:17	+01:17:36	10:15
329	666	Ricardo Lopes	guisande trail running	Veterano M40	02:13:18	+01:17:37	10:15
330	841	Vitor Santos	individual	Veterano M40	02:13:34	+01:17:53	10:16
331	140	Zina Maria Dias Pedro Fernandes	opraticante.pt	Veterana F40	02:14:33	+01:18:52	10:21
332	669	Ana Filipa Gomes Sousa	individual	Senior Feminino	02:15:13	+01:19:32	10:24
333	554	Lurdes Fernandes	arrifana running	Veterana F50	02:18:03	+01:22:22	10:37
334	524	Sterling Bolivar	outlaw runners	Veterano M40	02:18:04	+01:22:23	10:37
335	765	Cristina Gonçalves	individual	Veterana F40	02:21:10	+01:25:29	10:52
336	784	Vera costa	individual	Veterana F40	02:24:26	+01:28:45	11:07
337	895	Catarina Lopes Marques	os vila maiores	Veterana F60	02:28:06	+01:32:25	11:24
338	576	Loner tébus	baixo vouga team	Senior Masculino	02:31:16	+01:35:35	11:38
339	578	Cláudia Marçalo	baixo vouga team	Veterana F50	02:31:16	+01:35:35	11:38
340	575	Diana Cardoso	baixo vouga team	Senior Feminino	02:31:22	+01:35:41	11:39
341	577	Carla Marçalo	baixo vouga team	Veterana F40	02:31:24	+01:35:43	11:39
342	894	Priscilla da Costa da Silva	os vila maiores	Veterana F40	02:34:08	+01:38:27	11:51
343	862	Vítor Silva	individual	Veterano M50	02:34:09	+01:38:28	11:51
344	541	Rafaela Silva	amigos 100 limites	Senior Feminino	02:34:47	+01:39:06	11:54
345	696	Vânia Neves	individual	Senior Feminino	02:38:56	+01:43:15	12:14
346	805	Eduardo Guedes	individual	Veterano M40	02:38:56	+01:43:15	12:14
347	676	Diana Marques	individual	Senior Feminino	02:45:03	+01:49:22	12:42
348	689	Marisa Vilar	individual	Senior Feminino	02:45:03	+01:49:22	12:42
349	694	Susana Martins	individual	Senior Feminino	02:45:08	+01:49:27	12:42
350	800	António Gonçalves	individual	Veterano M40	02:45:08	+01:49:27	12:42

13KM - STAGE 1

13 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
351	645	Vania santos	geocrosstrail	Veterana F40	02:46:36	+01:50:55	12:49
352	641	Sofia Neves	geocrosstrail	Senior Feminino	02:46:38	+01:50:57	12:49
353	570	João Carlos da Silva Cardoso	b.v.lourosa	Senior Masculino	02:56:53	+02:01:12	13:36
354	566	Alexandra Catarina Neves Pinheiro	b.v.lourosa	Senior Feminino	02:56:56	+02:01:15	13:37
355	567	Cláudia Filipa Ribeiro da Silva	b.v.lourosa	Senior Feminino	02:56:56	+02:01:15	13:37
356	568	Soraia Maria Da Costa Silva	b.v.lourosa	Senior Feminino	02:56:58	+02:01:17	13:37

13KM

13 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	19:30	10.4°C	90%
End	22:27	10.4°C	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	668	Ana Camilo	Individual	Senior Feminino	01:32:17	+36:36	07:06
2	691	Nádia Ribeiro	Individual	Senior Feminino	01:33:06	+37:25	07:10
3	650	Catarina Granja	GranjaDias	Senior Feminino	01:34:53	+39:12	07:18
4	671	Ana Oliveira	Individual	Senior Feminino	01:36:18	+40:37	07:24
5	591	Rakell Santos	C.D.C. Paradela do Vouga	Senior Feminino	01:37:03	+41:22	07:28
6	672	Ana Santos	Individual	Senior Feminino	01:38:34	+42:53	07:35
7	547	Mária Calmeiro	Arrifana Running	Senior Feminino	01:39:45	+44:04	07:40
8	686	Liliana Arede	Individual	Senior Feminino	01:40:01	+44:20	07:42
9	593	Andreia da Rocha Seabra	C³ (Clube de Corrida do Cocoludo)	Senior Feminino	01:41:25	+45:44	07:48
10	540	Marina Moreira	Amigos 100 Limites	Senior Feminino	01:41:44	+46:03	07:50
11	684	Joana Patricia Costa Silva	Individual	Senior Feminino	01:42:04	+46:23	07:51
12	502	Inês Landolt	Apúlia a Correr	Senior Feminino	01:47:01	+51:20	08:14
13	58	CLAUDIA ALMEIDA	Guisande Trail Running	Senior Feminino	01:47:19	+51:38	08:15
14	548	Marta Oliveira	Arrifana Running	Senior Feminino	01:47:33	+51:52	08:16
15	884	Ana Almeida	Night Runners Feira	Senior Feminino	01:47:44	+52:03	08:17
16	873	Vera Oliveira	Lourosa em Movimento	Senior Feminino	01:48:01	+52:20	08:19
17	924	Isabel Fernandes	TEAM RUNNERS	Senior Feminino	01:49:13	+53:32	08:24
18	692	Sara Miguel Coelho Gomes	Individual	Senior Feminino	01:50:19	+54:38	08:29
19	893	Diana Sofia Matins Pais	Os Vila Maiores	Senior Feminino	01:52:43	+57:02	08:40
20	674	Carla Andreia Neves Pereira de Almeida	Individual	Senior Feminino	01:53:20	+57:39	08:43
21	565	Rafaela Oliveira	Atletas da preguiça	Senior Feminino	01:53:24	+57:43	08:43
22	682	Jéssica Fonte	Individual	Senior Feminino	01:54:04	+58:23	08:46
23	616	Rita Sousa	CMMC VALE DE CAMBRA	Senior Feminino	01:54:19	+58:38	08:48
24	673	Anna Sellani	Individual	Senior Feminino	02:00:03	+01:04:22	09:14
25	690	Marta Nicolau	Individual	Senior Feminino	02:00:03	+01:04:22	09:14
26	542	Vânia Moreira	Amigos 100 Limites	Senior Feminino	02:02:31	+01:06:50	09:25
27	881	Ana Catarina Lei	Miles&Vibes	Senior Feminino	02:06:23	+01:10:42	09:43
28	164	Rafaela Gonçalves	Baze & Vibes	Senior Feminino	02:06:28	+01:10:47	09:44
29	681	Gabriela Silva	Individual	Senior Feminino	02:06:28	+01:10:47	09:44
30	667	Ana Brás	Individual	Senior Feminino	02:07:05	+01:11:24	09:47
31	883	Carolina Tavares	Miles&Vibes	Senior Feminino	02:08:03	+01:12:22	09:51
32	882	Beatriz Reis Cardoso	Miles&Vibes	Senior Feminino	02:08:05	+01:12:24	09:51
33	683	Joana Fernandes	Individual	Senior Feminino	02:10:18	+01:14:37	10:01
34	531	Sara Pereira	ADC Santa Isabel	Senior Feminino	02:10:45	+01:15:04	10:03
35	675	Catarina Maia	Individual	Senior Feminino	02:13:16	+01:17:35	10:15
36	669	Ana Filipa Gomes Sousa	Individual	Senior Feminino	02:15:13	+01:19:32	10:24
37	575	Diana Cardoso	Baixo Vouga team	Senior Feminino	02:31:22	+01:35:41	11:39
38	541	Rafaela Silva	Amigos 100 Limites	Senior Feminino	02:34:47	+01:39:06	11:54
39	696	Vânia Neves	Individual	Senior Feminino	02:38:56	+01:43:15	12:14

Official Timekeeper: Lap2Go	1 / 9	generate 24-Apr-2025 10:58
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OFFICIAL RESULT

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40	676	Diana Marques	Individual	Senior Feminino	02:45:03	+01:49:22	12:42
41	689	Marisa Vilar	Individual	Senior Feminino	02:45:03	+01:49:22	12:42
42	694	Susana Martins	Individual	Senior Feminino	02:45:08	+01:49:27	12:42
43	641	Sofia Neves	Geocrosstrail	Senior Feminino	02:46:38	+01:50:57	12:49
44	566	Alexandra Catarina Neves Pinheiro	B.V.Lourosa	Senior Feminino	02:56:56	+02:01:15	13:37
45	567	Cláudia Filipa Ribeiro da Silva	B.V.Lourosa	Senior Feminino	02:56:56	+02:01:15	13:37
46	568	Soraia Maria Da Costa Silva	B.V.Lourosa	Senior Feminino	02:56:58	+02:01:17	13:37

Senior Masculino

1	936	Francisco pereira	Individual	Senior Masculino	55:41		04:17
2	614	Marco Oliveira	Clube Desportivo Feirense	Senior Masculino	01:00:50	+05:09	04:41
3	7	Fábio Fernandes correira	Individual	Senior Masculino	01:02:31	+06:50	04:49
4	715	Fabio Costa	Individual	Senior Masculino	01:04:03	+08:22	04:56
5	586	Rui Teixeira	Bravos e Bravitas	Senior Masculino	01:05:52	+10:11	05:04
6	885	Fábio Almeida	Night Runners Feira	Senior Masculino	01:06:36	+10:55	05:07
7	875	Pedro Matos	Lourosa em Movimento	Senior Masculino	01:09:44	+14:03	05:22
8	916	Tiago Santos	Sapatilhas verdes	Senior Masculino	01:09:56	+14:14	05:23
9	736	Miguel Tavares	Individual	Senior Masculino	01:11:23	+15:42	05:29
10	585	Fábio Pereira	Bravos e Bravitas	Senior Masculino	01:11:24	+15:43	05:30
11	699	André Oliveira	Individual	Senior Masculino	01:11:36	+15:55	05:30
12	610	Marco Barbosa	Clube de Ancas	Senior Masculino	01:12:31	+16:50	05:35
13	925	Pedro Guimarães	Trail Snakes Team	Senior Masculino	01:12:44	+17:03	05:36
14	750	Roberto Bastos	Individual	Senior Masculino	01:13:03	+17:22	05:37
15	549	Helder Faria	Arrifana Running	Senior Masculino	01:13:28	+17:47	05:39
16	718	Firmino Miguel	Individual	Senior Masculino	01:13:58	+18:17	05:41
17	655	FABIO VENTURA	Guisande Trail Running	Senior Masculino	01:15:40	+19:59	05:49
18	698	Andre Meireles	Individual	Senior Masculino	01:16:30	+20:49	05:53
19	753	Samuel Estrela	Individual	Senior Masculino	01:17:11	+21:30	05:56
20	527	Andre Soares	2Brothers Team	Senior Masculino	01:18:00	+22:19	06:00
21	755	Tiago Cruz	Individual	Senior Masculino	01:18:03	+22:22	06:00
22	717	Fernando Resende	Individual	Senior Masculino	01:18:12	+22:31	06:01
23	701	Bruno Fileno	Individual	Senior Masculino	01:18:44	+23:03	06:03
24	551	Tiago Gonçalves	Arrifana Running	Senior Masculino	01:19:15	+23:34	06:06
25	572	Victor Manuel Dos Santos Silva	B.V.Lourosa	Senior Masculino	01:19:23	+23:42	06:06
26	509	Tiago Daniel Oliveira Pereira	Individual	Senior Masculino	01:20:23	+24:42	06:11
27	735	Mário Bernardino Vendas Sá Figueiredo	Individual	Senior Masculino	01:20:37	+24:56	06:12
28	636	Helder Robalinho	G.D.A Ronda	Senior Masculino	01:23:52	+28:11	06:27
29	751	Rúben Pinho	Individual	Senior Masculino	01:24:02	+28:21	06:28
30	756	Tiago Gaspar	Individual	Senior Masculino	01:24:37	+28:56	06:31
31	713	Diogo Tavares	Individual	Senior Masculino	01:24:38	+28:57	06:31
32	752	Rúben Silva	Individual	Senior Masculino	01:24:48	+29:07	06:31
33	704	Carlos Simões	Individual	Senior Masculino	01:25:33	+29:52	06:35
34	700	Andrés Yepes	Individual	Senior Masculino	01:25:44	+30:03	06:36
35	722	Gonçalo Ferreira	Individual	Senior Masculino	01:26:35	+30:54	06:40

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OFFICIAL RESULT

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36	550	Paulo Candeias	Arrifana Running	Senior Masculino	01:27:24	+31:43	06:43
37	711	Daniel Silva	Individual	Senior Masculino	01:27:24	+31:43	06:43
38	697	Alexandre Peixoto	Individual	Senior Masculino	01:27:43	+32:02	06:45
39	595	João Pissarra	C³ (Clube de Corrida do Cocoludo)	Senior Masculino	01:29:07	+33:26	06:51
40	748	Ricardo José da Silva Costa	Individual	Senior Masculino	01:30:03	+34:22	06:56
41	874	Michelangelo Lopes	Lourosa em Movimento	Senior Masculino	01:30:11	+34:30	06:56
42	81	Luis Marques	Individual	Senior Masculino	01:30:26	+34:45	06:57
43	721	Francisco Xavier Pinto Cardoso	Individual	Senior Masculino	01:30:34	+34:53	06:58
44	609	Hugo Seabra	Clube de Ancas	Senior Masculino	01:30:58	+35:17	07:00
45	763	Xavier Alves Paiva	Individual	Senior Masculino	01:31:11	+35:30	07:01
46	709	Daniel Pimentel	Individual	Senior Masculino	01:31:35	+35:54	07:03
47	707	Daniel Pedrosa	Individual	Senior Masculino	01:32:06	+36:25	07:05
48	762	Vitor Sousa	Individual	Senior Masculino	01:32:12	+36:31	07:06
49	914	Daniel Serralva	Running Mozelos	Senior Masculino	01:32:16	+36:35	07:06
50	926	David Leite	Traquinas do Conga	Senior Masculino	01:32:25	+36:44	07:07
51	739	Nuno Reis	Individual	Senior Masculino	01:32:44	+37:03	07:08
52	733	Luis Pereira	Individual	Senior Masculino	01:33:35	+37:54	07:12
53	11	Vitor Almeida	CMSMF	Senior Masculino	01:33:42	+38:01	07:12
54	754	Sérgio Silva	Individual	Senior Masculino	01:34:11	+38:30	07:15
55	742	Pedro Rocha	Individual	Senior Masculino	01:34:12	+38:31	07:15
56	723	Gonçalo Santos	Individual	Senior Masculino	01:34:38	+38:57	07:17
57	761	Vitor Miguel	Individual	Senior Masculino	01:34:49	+39:08	07:18
58	651	Carlos Dias	GranjaDias	Senior Masculino	01:34:55	+39:14	07:18
59	747	Ricardo Jorge Martins	Individual	Senior Masculino	01:36:31	+40:50	07:25
60	749	Ricardo Marques	Individual	Senior Masculino	01:36:33	+40:52	07:26
61	611	Nico Elkan	Clube de Ancas	Senior Masculino	01:36:49	+41:08	07:27
62	712	Diogo Oliveira	Individual	Senior Masculino	01:39:59	+44:18	07:41
63	757	Tiago Lopes	Individual	Senior Masculino	01:40:07	+44:26	07:42
64	643	Enrique Oliveira	Geocrosstrail	Senior Masculino	01:40:39	+44:58	07:45
65	745	Renato Rodrigues	Individual	Senior Masculino	01:40:39	+44:58	07:45
66	724	Henrique Augusto Saraiva Barbosa	Individual	Senior Masculino	01:41:08	+45:27	07:47
67	597	Pedro Seabra	C³ (Clube de Corrida do Cocoludo)	Senior Masculino	01:41:25	+45:44	07:48
68	706	Daniel Lara	Individual	Senior Masculino	01:41:45	+46:04	07:50
69	758	Tomás Maria Ramalho Martinho	Individual	Senior Masculino	01:41:47	+46:06	07:50
70	746	Ricardo David Tavares Almeida	Individual	Senior Masculino	01:42:02	+46:21	07:51
71	727	João Queirós	Individual	Senior Masculino	01:42:43	+47:02	07:54
72	569	Antonio Joaquim Pereira Alves Soares	B.V.Lourosa	Senior Masculino	01:42:53	+47:12	07:55
73	596	Maximino Canhola	C³ (Clube de Corrida do Cocoludo)	Senior Masculino	01:43:58	+48:17	08:00
74	728	José Alisson	Individual	Senior Masculino	01:44:38	+48:57	08:03
75	545	Andres Ferreira	Amigos do trail OAZ	Senior Masculino	01:44:39	+48:58	08:03
76	507	Luís Carlos Pereira Pinto	Individual	Senior Masculino	01:44:58	+49:17	08:04
77	608	Goncalo Correia	Clube de Ancas	Senior Masculino	01:45:24	+49:43	08:06
78	729	Jose Seabra	Individual	Senior Masculino	01:45:42	+50:01	08:08
79	876	Ruben Silva	Lourosa em Movimento	Senior Masculino	01:45:48	+50:07	08:08
80	634	Tiago Fidalgo	Elite Aradense	Senior Masculino	01:47:53	+52:12	08:18
81	633	Joel António Santos Magina	Elite Aradense	Senior Masculino	01:47:54	+52:13	08:18

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82	632	Emanuel Silva Reis	Elite Aradense	Senior Masculino	01:47:55	+52:14	08:18
83	741	Pedro Ferreira	Individual	Senior Masculino	01:48:11	+52:30	08:19
84	630	Maayan Goren	Dotan Goren	Senior Masculino	01:49:02	+53:21	08:23
85	571	Márcio Filipe da Silva Cardoso	B.V.Lourosa	Senior Masculino	01:49:16	+53:35	08:24
86	573	Xavier Alexandre Soares Silva	B.V.Lourosa	Senior Masculino	01:49:16	+53:35	08:24
87	657	José Teixeira	Guisande Trail Running	Senior Masculino	01:49:52	+54:11	08:27
88	642	Bruno Araújo	Geocrosstrail	Senior Masculino	01:51:19	+55:38	08:34
89	716	Fernando Manuel Pereira Bastos	Individual	Senior Masculino	01:53:21	+57:40	08:43
90	719	Francisco Manuel Teixeira Marques	Individual	Senior Masculino	01:53:59	+58:18	08:46
91	656	Jorge Alvarenga	Guisande Trail Running	Senior Masculino	01:54:30	+58:49	08:48
92	654	Eduardo Sequeira	Guisande Trail Running	Senior Masculino	01:54:31	+58:50	08:49
93	544	Andre Mesquita	Amigos do trail OAZ	Senior Masculino	01:54:49	+59:08	08:50
94	714	Eduardo Bastos	Individual	Senior Masculino	01:55:57	+01:00:16	08:55
95	920	Leonel Dias	Sentir Escariz Running	Senior Masculino	01:59:23	+01:03:42	09:11
96	508	Luís Cunha	Individual	Senior Masculino	01:59:26	+01:03:45	09:11
97	607	André Catalão	Clube de Ancas	Senior Masculino	02:03:15	+01:07:34	09:29
98	730	Leonardo Alexandre Soares Rainha da Costa e Silva	Individual	Senior Masculino	02:04:03	+01:08:22	09:33
99	702	Bruno Filipe Azevedo Sousa	Individual	Senior Masculino	02:06:24	+01:10:43	09:43
100	738	Nuno Levi	Individual	Senior Masculino	02:06:28	+01:10:47	09:44
101	720	Francisco Santos	Individual	Senior Masculino	02:06:29	+01:10:48	09:44
102	743	Pedro Sousa Silva	Individual	Senior Masculino	02:06:29	+01:10:48	09:44
103	708	Daniel Pereira Brás	Individual	Senior Masculino	02:07:06	+01:11:25	09:47
104	648	Vasco Sousa	Glassdrive Sport	Senior Masculino	02:07:56	+01:12:15	09:50
105	532	Francisco Santos	ADC Santa Isabel	Senior Masculino	02:10:45	+01:15:04	10:03
106	576	Loner tébus	Baixo Vouga team	Senior Masculino	02:31:16	+01:35:35	11:38
107	570	João Carlos da Silva Cardoso	B.V.Lourosa	Senior Masculino	02:56:53	+02:01:12	13:36

Veterana F40

1	511	Tânia Mateus	Individual	Veterana F40	01:17:03	+21:22	05:56
2	907	Sara Mota	Run & Fun	Veterana F40	01:19:55	+24:14	06:09
3	661	SONIA ALMEIDA	Guisande Trail Running	Veterana F40	01:24:20	+28:39	06:29
4	621	Patricia Soares	CMMC VALE DE CAMBRA	Veterana F40	01:24:32	+28:51	06:30
5	553	Sónia Vidal	Arrifana Running	Veterana F40	01:28:25	+32:44	06:48
6	779	Sandra Lage	Boavista Trail	Veterana F40	01:28:38	+32:57	06:49
7	906	Elsa Mota	Run & Fun	Veterana F40	01:28:45	+33:04	06:50
8	785	Vera Leite	Individual	Veterana F40	01:32:59	+37:18	07:09
9	782	Sofia Ferreira	Individual	Veterana F40	01:33:04	+37:23	07:10
10	533	Liliana Mota	ADC Santa Isabel	Veterana F40	01:33:44	+38:03	07:13
11	766	Daniela Caetano de Sá	Individual	Veterana F40	01:33:50	+38:09	07:13
12	780	Sara Soares	Individual	Veterana F40	01:34:22	+38:41	07:16
13	618	Fátima Relvas	CMMC VALE DE CAMBRA	Veterana F40	01:36:20	+40:39	07:25
14	771	Helena Pires	Individual	Veterana F40	01:39:59	+44:18	07:41
15	774	Márcia da Silva Nunes	Individual	Veterana F40	01:42:16	+46:35	07:52
16	552	Sandra Gomes	Arrifana Running	Veterana F40	01:48:23	+52:42	08:20

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17	778	Mónica Godinho	Individual	Veterana F40	01:48:58	+53:17	08:23
18	659	PATRICIA ALMEIDA	Guisande Trail Running	Veterana F40	01:49:51	+54:10	08:27
19	526	Gisela Faria	TEAM RUNNERS	Veterana F40	01:51:23	+55:42	08:34
20	660	SANDRA MATOS	Guisande Trail Running	Veterana F40	01:52:03	+56:22	08:37
21	620	Joana Pinho	CMMC VALE DE CAMBRA	Veterana F40	01:54:17	+58:36	08:47
22	622	Paula Rodrigues	CMMC VALE DE CAMBRA	Veterana F40	01:54:17	+58:36	08:47
23	510	Luzia de Fátima Ferreira Dias Soares	Individual	Veterana F40	01:55:26	+59:45	08:53
24	163	Ana sousa	Baixo Vouga team	Veterana F40	01:56:30	+01:00:49	08:58
25	770	Gisela De Sousa Ferreira Avelar	Individual	Veterana F40	02:03:27	+01:07:46	09:30
26	769	Eva Luciana Ferreira Alves	Individual	Veterana F40	02:04:37	+01:08:56	09:35
27	783	sonia Luísa Ferreira da Costa	Individual	Veterana F40	02:10:15	+01:14:34	10:01
28	781	Sílvia Teixeira Rodrigues	Individual	Veterana F40	02:10:16	+01:14:35	10:01
29	619	Fernanda Almeida	CMMC VALE DE CAMBRA	Veterana F40	02:10:31	+01:14:50	10:02
30	768	Elisabete Cunha	Individual	Veterana F40	02:10:55	+01:15:14	10:04
31	140	Zina Maria Dias Pedro Fernandes	OPraticante.PT	Veterana F40	02:14:33	+01:18:52	10:21
32	765	Cristina Gonçalves	Individual	Veterana F40	02:21:10	+01:25:29	10:52
33	784	Vera costa	Individual	Veterana F40	02:24:26	+01:28:45	11:07
34	577	Carla Marçalo	Baixo Vouga team	Veterana F40	02:31:24	+01:35:43	11:39
35	894	Priscilla da Costa da Silva	Os Vila Maiores	Veterana F40	02:34:08	+01:38:27	11:51
36	645	Vania santos	Geocrosstrail	Veterana F40	02:46:36	+01:50:55	12:49

Veterana F50

1	6	Mónica Oliveira	Clube Desportivo Feirense	Veterana F50	01:10:41	+15:00	05:26
2	910	Teresa Paiva	Run For Fun Laranjinhas	Veterana F50	01:28:19	+32:38	06:48
3	886	Carla Cardoso	Night Runners Feira	Veterana F50	01:31:13	+35:32	07:01
4	537	Rosa Saldanha	AMA associação mondim atletismo	Veterana F50	01:40:38	+44:57	07:44
5	8	Paula Martins	Arrifana Running	Veterana F50	01:41:26	+45:45	07:48
6	791	Lucia Santos	Individual	Veterana F50	01:44:31	+48:50	08:02
7	555	Susana Gomes	Arrifana Running	Veterana F50	01:48:23	+52:42	08:20
8	579	Fátima Vaz	Baixo Vouga team	Veterana F50	01:51:34	+55:53	08:35
9	795	Rosa Santos	Individual	Veterana F50	01:54:46	+59:05	08:50
10	789	Claudia cristina S. A. Campos	Individual	Veterana F50	01:54:56	+59:15	08:50
11	794	RAQUEL BRITO	Individual	Veterana F50	02:00:32	+01:04:51	09:16
12	787	Ana Ribeiro	Individual	Veterana F50	02:03:27	+01:07:46	09:30
13	917	Angela Maria Tavares Teixeira da rocha	Sapatilhas verdes	Veterana F50	02:04:37	+01:08:56	09:35
14	918	Laura Gomes	Sapatilhas verdes	Veterana F50	02:04:38	+01:08:57	09:35
15	554	Lurdes Fernandes	Arrifana Running	Veterana F50	02:18:03	+01:22:22	10:37
16	578	Cláudia Marçalo	Baixo Vouga team	Veterana F50	02:31:16	+01:35:35	11:38

Veterana F60

1	543	Paula Moreira	Amigos 100 Limites	Veterana F60	02:00:46	+01:05:05	09:17
2	895	Catarina Lopes Marques	Os Vila Maiores	Veterana F60	02:28:06	+01:32:25	11:24

13KM

13 KM



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Veterano M40

1	3	Paulo Pereira	NS Trail Team	Veterano M40	55:51	+00:10	04:18
2	888	André Silva	NS Trail Team	Veterano M40	57:30	+01:49	04:25
3	587	Bruno Silva	Bravos e Bravitas	Veterano M40	57:31	+01:50	04:25
4	615	António Assunção	Clube Desportivo Feirense	Veterano M40	58:22	+02:41	04:29
5	639	Hugo Ferreira	G.D.A Ronda	Veterano M40	01:00:40	+04:59	04:40
6	637	André Melo	G.D.A Ronda	Veterano M40	01:02:13	+06:32	04:47
7	512	bruno lima	Individual	Veterano M40	01:02:19	+06:38	04:48
8	638	Hugo Daniel	G.D.A Ronda	Veterano M40	01:02:31	+06:50	04:49
9	652	Hugo Horta	Grupo Alegre Unido Bajouca	Veterano M40	01:03:13	+07:32	04:52
10	801	António José Jesus Nogueira	Individual	Veterano M40	01:04:05	+08:24	04:56
11	799	Antonio Cristóvão	Individual	Veterano M40	01:04:14	+08:33	04:56
12	921	Nuno Santos	Sentir Escariz Running	Veterano M40	01:04:54	+09:13	05:00
13	842	Williams Rodriguez	Individual	Veterano M40	01:04:58	+09:17	05:00
14	871	gilberto costa	Javalis100limites	Veterano M40	01:07:54	+12:13	05:13
15	169	Paulo Oliveira	Clube Desportivo Feirense	Veterano M40	01:08:00	+12:19	05:14
16	877	Ricardo Moreira	Lourosa em Movimento	Veterano M40	01:08:32	+12:51	05:16
17	922	Paulo Sérgio Silva Gomes	Sentir Escariz Running	Veterano M40	01:09:38	+13:57	05:21
18	935	Manuel Miguéis	V.C BiKE	Veterano M40	01:09:39	+13:58	05:21
19	809	Filipe Marques	Individual	Veterano M40	01:09:45	+14:04	05:22
20	878	João Santos	Lourosa em Movimento	Veterano M40	01:09:54	+14:13	05:23
21	913	Serafim Pereira da Rocha	Runners do Rêgo	Veterano M40	01:09:59	+14:18	05:23
22	664	PEDRO LOPES	Guisande Trail Running	Veterano M40	01:10:06	+14:25	05:24
23	810	Filipe Silva	Individual	Veterano M40	01:10:34	+14:53	05:26
24	822	Nuno Costa	Individual	Veterano M40	01:10:43	+15:02	05:26
25	600	Raphael Leite	Bravos e Bravitas	Veterano M40	01:10:51	+15:10	05:27
26	589	Sérgio Costa	Bravos e Bravitas	Veterano M40	01:11:36	+15:55	05:30
27	911	Bruno Albergaria	Run For Fun Laranjinhãs	Veterano M40	01:12:19	+16:38	05:34
28	517	Vasco Azenha	Individual	Veterano M40	01:12:23	+16:42	05:34
29	534	Bruno Pereira	ADC Santa Isabel	Veterano M40	01:16:13	+20:32	05:52
30	827	Pedro Delgado Paiva	Individual	Veterano M40	01:16:38	+20:57	05:54
31	588	Hugo Teixeira	Bravos e Bravitas	Veterano M40	01:17:00	+21:19	05:55
32	879	Manuel Silva	Lourosa em Movimento	Veterano M40	01:17:29	+21:48	05:58
33	833	Rui Albino	Individual	Veterano M40	01:18:03	+22:22	06:00
34	804	Daniel Silva	Individual	Veterano M40	01:19:17	+23:36	06:06
35	530	Pedro Vieira	A.D. Amarante Trail Running	Veterano M40	01:19:45	+24:04	06:08
36	869	Paulo Nobre	Inquipa	Veterano M40	01:19:49	+24:08	06:08
37	868	Diogo Aguiar	Inquipa	Veterano M40	01:19:50	+24:09	06:08
38	823	Nuno Santos	Individual	Veterano M40	01:20:04	+24:23	06:10
39	898	Luis Gomes	Pastello Runners	Veterano M40	01:20:30	+24:49	06:12
40	836	Samuel Rebelo	Individual	Veterano M40	01:22:19	+26:38	06:20
41	824	Paulo martins	Individual	Veterano M40	01:24:46	+29:05	06:31
42	798	Américo da Silva Bessa	Individual	Veterano M40	01:24:48	+29:07	06:31
43	811	Filipe Soares	Individual	Veterano M40	01:24:54	+29:13	06:32
44	514	Paulo Cardoso	Individual	Veterano M40	01:25:56	+30:15	06:37

13KM

13 KM



OFFICIAL RESULT

45	821	Mário Pereira	Individual	Veterano M40	01:26:27	+30:46	06:39
46	831	Ricardo Bastos	Individual	Veterano M40	01:31:41	+36:00	07:03
47	624	Ricardo Almeida	CMMC VALE DE CAMBRA	Veterano M40	01:32:19	+36:38	07:06
48	635	João Almeida	Estronca Silvas	Veterano M40	01:33:01	+37:20	07:09
49	662	Carlos Costa	Guisande Trail Running	Veterano M40	01:33:23	+37:42	07:11
50	834	Rui Azenha	Individual	Veterano M40	01:34:20	+38:39	07:15
51	802	Carlos Ferreira	Individual	Veterano M40	01:34:24	+38:43	07:16
52	819	Marco Paiva	Individual	Veterano M40	01:35:10	+39:29	07:19
53	528	Pedro Soare	2Brothers Team	Veterano M40	01:35:11	+39:30	07:19
54	546	Filipe Rodrigues	Amigos do trail OAZ	Veterano M40	01:35:25	+39:44	07:20
55	807	Fernando Manuel Maia de Castro	Individual	Veterano M40	01:35:32	+39:51	07:21
56	899	Bruno Guedes	Porto Sentido Runners	Veterano M40	01:35:53	+40:12	07:23
57	806	Fausto Emanuel Forte dos Reis	Individual	Veterano M40	01:36:32	+40:51	07:26
58	803	Carlos Pinto	Individual	Veterano M40	01:40:36	+44:55	07:44
59	516	Ricardo Martins Ascensão	Individual	Veterano M40	01:40:38	+44:57	07:44
60	515	Pedro Fernandes	Individual	Veterano M40	01:40:47	+45:06	07:45
61	830	Pedro Silva	Individual	Veterano M40	01:42:17	+46:36	07:52
62	61	PAULO JESUS	Guisande Trail Running	Veterano M40	01:43:44	+48:03	07:59
63	814	Hélder Pereira	Individual	Veterano M40	01:44:32	+48:51	08:02
64	503	César Fernandes	Apúlia a Correr	Veterano M40	01:47:02	+51:21	08:14
65	825	Paulo Pádua	Individual	Veterano M40	01:47:19	+51:38	08:15
66	829	Pedro Santos	Individual	Veterano M40	01:47:19	+51:38	08:15
67	896	Daniel Sanchez	Outlaw Runners	Veterano M40	01:47:30	+51:49	08:16
68	839	Sérgio Valente	Individual	Veterano M40	01:49:01	+53:20	08:23
69	631	DOTAN GOREN	Dotan Goren	Veterano M40	01:49:08	+53:27	08:24
70	646	Domingos Ventura	Geocrosstrail	Veterano M40	01:51:20	+55:39	08:34
71	832	Rogério silva	Individual	Veterano M40	01:54:37	+58:56	08:49
72	838	Sérgio Moreira	Individual	Veterano M40	01:56:30	+01:00:49	08:58
73	815	Hélio Paulino	Individual	Veterano M40	01:56:30	+01:00:49	08:58
74	574	Rui Fernando Sousa Vieira	B.V.Lourosa	Veterano M40	01:59:13	+01:03:32	09:10
75	835	Rui Ferreira	Individual	Veterano M40	01:59:13	+01:03:32	09:10
76	174	Hugo Soares	Individual	Veterano M40	02:00:32	+01:04:51	09:16
77	812	Gil Fontes	Individual	Veterano M40	02:01:22	+01:05:41	09:20
78	647	Miguel Mota	Geocrosstrail	Veterano M40	02:03:37	+01:07:56	09:31
79	837	Sérgio Ferreira	Individual	Veterano M40	02:04:12	+01:08:31	09:33
80	927	Leonardo Santos	Traquinas do Conga	Veterano M40	02:06:10	+01:10:29	09:42
81	649	Quim zé	Glassdrive Sport	Veterano M40	02:07:55	+01:12:14	09:50
82	623	Carlos Silva	CMMC VALE DE CAMBRA	Veterano M40	02:10:31	+01:14:50	10:02
83	828	Pedro Oliveira	Individual	Veterano M40	02:11:06	+01:15:25	10:05
84	665	PEDRO SANTOS	Guisande Trail Running	Veterano M40	02:13:17	+01:17:36	10:15
85	666	Ricardo Lopes	Guisande Trail Running	Veterano M40	02:13:18	+01:17:37	10:15
86	841	Vitor Santos	Individual	Veterano M40	02:13:34	+01:17:53	10:16
87	524	Sterling Bolivar	Outlaw Runners	Veterano M40	02:18:04	+01:22:23	10:37
88	805	Eduardo Guedes	Individual	Veterano M40	02:38:56	+01:43:15	12:14
89	800	António Gonçalves	Individual	Veterano M40	02:45:08	+01:49:27	12:42

13KM

13 KM



OFFICIAL RESULT

Veterano M50

1	558	Fernando Lima	Arrifana Running	Veterano M50	58:52	+03:11	04:32
2	889	António Nunes	NS Trail Team	Veterano M50	01:04:03	+08:22	04:56
3	845	António Fernandes	Individual	Veterano M50	01:07:00	+11:19	05:09
4	890	José Tavares	NS Trail Team	Veterano M50	01:07:55	+12:14	05:13
5	584	Constantino Mota	Brandoenses Running	Veterano M50	01:16:49	+21:08	05:55
6	849	Gabriel Rodrigues	Individual	Veterano M50	01:16:59	+21:18	05:55
7	930	Luís Soeira	TrepaTrilhos Trail Team	Veterano M50	01:17:17	+21:36	05:57
8	559	José Rodrigues	Arrifana Running	Veterano M50	01:17:30	+21:49	05:58
9	872	daniel gomes	Javalis100limites	Veterano M50	01:17:51	+22:10	05:59
10	583	Carlos Santos	Brandoenses Running	Veterano M50	01:20:17	+24:36	06:11
11	933	Armando Almeida	Twins & Friends	Veterano M50	01:20:23	+24:42	06:11
12	601	Armando Santos	Caldas de S.Jorge Sport Clube	Veterano M50	01:23:53	+28:12	06:27
13	851	jose ferreira	Individual	Veterano M50	01:24:26	+28:45	06:30
14	539	Jorge Rodrigues	Ama(Dores) Trail Team/ACRU	Veterano M50	01:24:35	+28:54	06:30
15	858	Pedro M. Perez Rollan	Individual	Veterano M50	01:24:37	+28:56	06:31
16	897	Carlos Couto	Outlaw Runners	Veterano M50	01:24:45	+29:04	06:31
17	854	Manuel Ribeiro	Individual	Veterano M50	01:26:08	+30:27	06:38
18	561	Renato Tavares	Arrifana Running	Veterano M50	01:26:17	+30:36	06:38
19	923	Erasmio Alves	TAYLORS	Veterano M50	01:26:18	+30:37	06:38
20	557	António Silva	Arrifana Running	Veterano M50	01:26:30	+30:49	06:39
21	861	Vitor Santos	Individual	Veterano M50	01:27:44	+32:03	06:45
22	850	Helder Rodrigues	Individual	Veterano M50	01:28:04	+32:23	06:46
23	846	António Silva	Individual	Veterano M50	01:28:07	+32:26	06:47
24	857	Paulo Moreira	Individual	Veterano M50	01:31:01	+35:20	07:00
25	564	José Sousa	Associação de atletismo Lebres do sado	Veterano M50	01:31:02	+35:21	07:00
26	581	Pedro Valença	Botão Camp	Veterano M50	01:31:41	+36:00	07:03
27	599	João Gomes	Bravos e Bravitas	Veterano M50	01:33:00	+37:19	07:09
28	859	Raul Silva	Individual	Veterano M50	01:33:24	+37:43	07:11
29	847	Carlos Augusto Martins da Silva	Individual	Veterano M50	01:33:43	+38:02	07:13
30	880	Jorge Oliveira	Lourosa em Movimento	Veterano M50	01:35:33	+39:52	07:21
31	887	Mário Costa Pereira	Night Runners Feira	Veterano M50	01:36:20	+40:39	07:25
32	855	Miguel Mocho	Individual	Veterano M50	01:39:48	+44:07	07:41
33	852	José Matos	Boavista Trail	Veterano M50	01:40:47	+45:06	07:45
34	560	Paulo Fonseca	Arrifana Running	Veterano M50	01:41:26	+45:45	07:48
35	856	Paulo Lara	Boavista Trail	Veterano M50	01:41:43	+46:02	07:49
36	519	Carlos Barroso	Individual	Veterano M50	01:43:44	+48:03	07:59
37	523	Luís Miguel Vieira	Novo Banco	Veterano M50	01:52:29	+56:48	08:39
38	843	Alcidio Figueiredo	Individual	Veterano M50	01:54:08	+58:27	08:47
39	929	Miguel Rodrigues	Traquinas do Conga	Veterano M50	01:55:49	+01:00:08	08:55
40	625	JOSE ALMEIDA	CMMC VALE DE CAMBRA	Veterano M50	01:58:51	+01:03:10	09:09
41	520	Joaquim Pepe Roque	Individual	Veterano M50	01:59:39	+01:03:58	09:12
42	626	Paulo Jorge Santos	CMMC VALE DE CAMBRA	Veterano M50	02:10:30	+01:14:49	10:02

13KM**13 KM****OFFICIAL RESULT**

43	862	Vítor Silva	Individual	Veterano M50	02:34:09	+01:38:28	11:51
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Veterano M60

1	602	Antonio Silva	Caldas de S.Jorge Sport Clube	Veterano M60	01:11:23	+15:42	05:29
2	590	Alcides Relvas	Bravos e Bravitas	Veterano M60	01:15:32	+19:51	05:49
3	867	Paulo Dias	Individual	Veterano M60	01:17:24	+21:43	05:57
4	592	Custódio Coutinho	C.D.C. Paradela do Vouga	Veterano M60	01:17:25	+21:44	05:57
5	864	João Brito	Individual	Veterano M60	01:23:26	+27:45	06:25
6	627	António Oliveira	CMMC VALE DE CAMBRA	Veterano M60	01:25:23	+29:42	06:34
7	640	José Morais	Gaia Trail	Veterano M60	01:25:23	+29:42	06:34
8	563	Manuel Zola	Arrifana Running	Veterano M60	01:26:30	+30:49	06:39
9	605	Rogério de Pinho e Silva	CDC São Martinho da Gândara	Veterano M60	01:26:41	+31:00	06:40
10	522	Manuel constantino silva	Individual	Veterano M60	01:27:26	+31:45	06:44
11	628	Filipe Soares	CMMC VALE DE CAMBRA	Veterano M60	01:39:50	+44:09	07:41
12	866	Mário Costa	Individual	Veterano M60	01:39:56	+44:15	07:41
13	908	Quinel Mota	Run & Fun	Veterano M60	01:40:19	+44:38	07:43
14	865	José Castro	Individual	Veterano M60	01:40:44	+45:03	07:45
15	562	José Beleza	Arrifana Running	Veterano M60	01:46:30	+50:49	08:12
16	582	Agostinho Pereira	Botão Camp	Veterano M60	01:59:56	+01:04:15	09:14
17	501	Carlos Fernando Marques	@corredoresderua@	Veterano M60	02:00:12	+01:04:31	09:15

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Official Timekeeper: Lap2Go	1 / 1	generate 19-Apr-2025 22:18
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