

## 20KM - STAGE 1

**20 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 19:00 | 11.3°C      | 87%      |
| End   | 22:27 | 11.3°C      | 87%      |

| RANK | BIB | NAME                        | TEAM                           | CAT              | RESULT   | DIFF   | T/KM  |
|------|-----|-----------------------------|--------------------------------|------------------|----------|--------|-------|
| 1    | 1   | Daniel Santos               | edv viana trail                | Senior Masculino | 01:30:30 |        | 04:32 |
| 2    | 47  | Andre Valente               | edv viana trail                | Senior Masculino | 01:30:31 | +00:01 | 04:32 |
| 3    | 53  | Mário Ibarra                | g.d.a ronda                    | Senior Masculino | 01:30:49 | +00:19 | 04:32 |
| 4    | 106 | Nuno Nunes                  | clube desportivo feirense      | Veterano M40     | 01:31:51 | +01:21 | 04:36 |
| 5    | 4   | João Sousa                  | individual                     | Senior Masculino | 01:32:23 | +01:53 | 04:37 |
| 6    | 24  | Renato Andrade              | a seita que dói menos          | Senior Masculino | 01:36:06 | +05:36 | 04:48 |
| 7    | 43  | Rui Lopes Silva             | clube desportivo feirense      | Senior Masculino | 01:40:23 | +09:53 | 05:01 |
| 8    | 54  | José Costa                  | g.d.a ronda                    | Veterano M40     | 01:40:24 | +09:54 | 05:01 |
| 9    | 26  | David ramalho               | a.d.sebolido trail             | Veterano M40     | 01:41:56 | +11:26 | 05:06 |
| 10   | 45  | Bruno Fernandes             | cmmc vale de cambra            | Veterano M40     | 01:41:56 | +11:26 | 05:06 |
| 11   | 5   | Ivan Silva                  | caldas de s.jorge sport clube  | Veterano M40     | 01:43:43 | +13:13 | 05:11 |
| 12   | 159 | Paulo Aroso                 | team lantermil                 | Veterano M40     | 01:44:01 | +13:31 | 05:12 |
| 13   | 160 | Tiago Oliveira              | vale correr                    | Senior Masculino | 01:44:12 | +13:42 | 05:13 |
| 14   | 83  | Ricardo Martins             | individual                     | Senior Masculino | 01:44:15 | +13:45 | 05:13 |
| 15   | 135 | Marco André Cardoso Marques | lourosa em movimento           | Senior Masculino | 01:47:17 | +16:47 | 05:22 |
| 16   | 110 | Ricardo Vitorino            | individual                     | Veterano M40     | 01:47:59 | +17:29 | 05:24 |
| 17   | 37  | Ricardo Silva               | caldas de s.jorge sport clube  | Veterano M40     | 01:48:06 | +17:36 | 05:24 |
| 18   | 612 | André Batista               | clube desportivo feirense      | Senior Masculino | 01:49:05 | +18:35 | 05:27 |
| 19   | 38  | Renato Silva                | caldas de s.jorge sport clube  | Veterano M50     | 01:49:36 | +19:06 | 05:29 |
| 20   | 60  | Helder Oliveira             | guisande trail running         | Veterano M40     | 01:50:34 | +20:04 | 05:32 |
| 21   | 2   | Liliana Cardoso             | runners do demo                | Veterana F40     | 01:50:41 | +20:11 | 05:32 |
| 22   | 36  | Bruno Vidinha               | caldas de s.jorge sport clube  | Senior Masculino | 01:50:50 | +20:20 | 05:33 |
| 23   | 85  | Sérgio Coelho               | individual                     | Senior Masculino | 01:51:56 | +21:26 | 05:36 |
| 24   | 112 | Sérgio Castro               | individual                     | Veterano M40     | 01:52:32 | +22:02 | 05:38 |
| 25   | 55  | Manuel Bastos               | g.d.a ronda                    | Veterano M50     | 01:53:14 | +22:44 | 05:40 |
| 26   | 72  | Eduardo Bastos              | individual                     | Senior Masculino | 01:53:30 | +23:00 | 05:41 |
| 27   | 69  | Bruno Bastos                | individual                     | Senior Masculino | 01:53:31 | +23:01 | 05:41 |
| 28   | 12  | Rui Pinto                   | amigos do trail de mesão frio  | Veterano M40     | 01:54:33 | +24:03 | 05:44 |
| 29   | 33  | Nelson Reis                 | bravos e bravitas              | Veterano M40     | 01:54:36 | +24:06 | 05:44 |
| 30   | 14  | Helder De paiva             | individual                     | Senior Masculino | 01:56:47 | +26:17 | 05:50 |
| 31   | 34  | Tiago Afonso Ladeira Duarte | c.d.c. paradela do vouga       | Senior Masculino | 01:57:44 | +27:14 | 05:53 |
| 32   | 35  | Carlos Cardoso              | cal - clube atletismo de lamas | Veterano M50     | 01:59:24 | +28:54 | 05:58 |
| 33   | 100 | João Pedro Fernando         | individual                     | Veterano M40     | 02:00:22 | +29:52 | 06:01 |
| 34   | 10  | Domingos Ferreira           | guisande trail running         | Veterano M40     | 02:00:26 | +29:55 | 06:01 |
| 35   | 31  | Paulo Oliveira              | brandoenses running            | Veterano M40     | 02:00:35 | +30:04 | 06:02 |
| 36   | 28  | Carlos Estrela              | amigos do trail oaz            | Veterano M40     | 02:01:26 | +30:56 | 06:04 |
| 37   | 20  | Nelson pais                 | run & fun                      | Veterano M40     | 02:01:38 | +31:08 | 06:05 |
| 38   | 46  | Silvio Carvalho             | cmmc vale de cambra            | Veterano M50     | 02:02:06 | +31:36 | 06:06 |
| 39   | 168 | IEIDA BELLO                 | clube desportivo feirense      | Senior Feminino  | 02:02:27 | +31:56 | 06:07 |
| 40   | 19  | Jose Paulo Teixeira         | individual                     | Veterano M50     | 02:02:42 | +32:12 | 06:08 |
| 41   | 105 | Nuno morais                 | individual                     | Veterano M40     | 02:02:48 | +32:18 | 06:08 |
| 42   | 16  | Stanislav Bzhostovych       | individual                     | Senior Masculino | 02:03:03 | +32:33 | 06:09 |

## 20KM - STAGE 1

**20 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                             | TEAM                                          | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|----------------------------------|-----------------------------------------------|------------------|----------|--------|-------|
| 43   | 13  | Dmytro Karpov                    | individual                                    | Senior Masculino | 02:03:07 | +32:37 | 06:09 |
| 44   | 32  | José Luís Santos                 | brandoenses running                           | Veterano M60     | 02:03:24 | +32:54 | 06:10 |
| 45   | 155 | Ana Melo                         | saca trilhos anadia                           | Veterana F40     | 02:05:03 | +34:32 | 06:15 |
| 46   | 146 | Américo Costa                    | run & fun                                     | Veterano M40     | 02:05:09 | +34:39 | 06:15 |
| 47   | 49  | Filipe Couto                     | espinho trail                                 | Veterano M40     | 02:05:48 | +35:18 | 06:17 |
| 48   | 156 | Ricardo Barbosa                  | sapatilhas verdes                             | Senior Masculino | 02:05:48 | +35:18 | 06:17 |
| 49   | 136 | Luís Silva                       | lusitania de lourosa fc - secção de atletismo | Senior Masculino | 02:06:28 | +35:58 | 06:19 |
| 50   | 124 | Joel Silva                       | individual                                    | Veterano M50     | 02:06:46 | +36:16 | 06:20 |
| 51   | 82  | Ricardo Andrés Neves dos Santos  | individual                                    | Senior Masculino | 02:08:13 | +37:43 | 06:25 |
| 52   | 127 | Luis Paulo Teixeira Azevedo      | individual                                    | Veterano M50     | 02:09:23 | +38:53 | 06:28 |
| 53   | 152 | Miguel Ferreira                  | run & fun                                     | Veterano M50     | 02:09:29 | +38:59 | 06:28 |
| 54   | 73  | Eliseu Laranjeira                | individual                                    | Senior Masculino | 02:11:45 | +41:14 | 06:35 |
| 55   | 57  | Leonel Oliveira                  | grupo desportivo da cruz das eiras            | Veterano M40     | 02:12:42 | +42:12 | 06:38 |
| 56   | 27  | João Moreira                     | amigos 100 limites                            | Veterano M60     | 02:12:59 | +42:29 | 06:39 |
| 57   | 148 | Joel Pinto                       | run & fun                                     | Veterano M40     | 02:13:01 | +42:31 | 06:39 |
| 58   | 29  | Anthony Suarez                   | arrifana running                              | Senior Masculino | 02:13:17 | +42:47 | 06:40 |
| 59   | 147 | Cláudio Santos                   | run & fun                                     | Veterano M40     | 02:14:13 | +43:43 | 06:43 |
| 60   | 137 | André Mota                       | miles&vibes                                   | Senior Masculino | 02:15:12 | +44:42 | 06:46 |
| 61   | 151 | Mário Jorge Almeida              | run & fun                                     | Veterano M50     | 02:15:26 | +44:56 | 06:46 |
| 62   | 86  | Valter Rafael Jesus Leite Soares | individual                                    | Senior Masculino | 02:16:03 | +45:33 | 06:48 |
| 63   | 91  | Bruno Sérgio Rodrigues Barros    | individual                                    | Veterano M40     | 02:16:05 | +45:35 | 06:48 |
| 64   | 80  | Luís Carlos Pereira Carvalho     | individual                                    | Senior Masculino | 02:16:26 | +45:56 | 06:49 |
| 65   | 128 | Diogo reis                       | individual                                    | Senior Masculino | 02:17:35 | +47:05 | 06:53 |
| 66   | 104 | Nikolai Karmanov                 | individual                                    | Veterano M40     | 02:17:57 | +47:26 | 06:54 |
| 67   | 170 | Silverio Santos                  | clube desportivo feirense                     | Veterano M50     | 02:18:03 | +47:33 | 06:54 |
| 68   | 89  | Ana Cristina Correia Gomes       | individual                                    | Veterana F50     | 02:18:11 | +47:41 | 06:55 |
| 69   | 107 | PEDRO FRANCO                     | individual                                    | Veterano M40     | 02:18:19 | +47:49 | 06:55 |
| 70   | 938 | Hugo sa                          | individual                                    | Veterano M40     | 02:18:19 | +47:49 | 06:55 |
| 71   | 9   | LILIANA PINHO                    | guisande trail running                        | Veterana F40     | 02:18:20 | +47:50 | 06:55 |
| 72   | 126 | José Sá                          | individual                                    | Veterano M50     | 02:19:00 | +48:30 | 06:57 |
| 73   | 21  | Mike funner                      | run & fun                                     | Veterano M50     | 02:19:18 | +48:48 | 06:58 |
| 74   | 130 | Manuel Teixeira                  | individual                                    | Veterano M50     | 02:20:01 | +49:31 | 07:00 |
| 75   | 41  | Filomena Marques                 | cf os marialvas                               | Veterana F40     | 02:20:17 | +49:47 | 07:01 |
| 76   | 42  | Filipe Soto                      | cf os marialvas                               | Veterano M40     | 02:20:21 | +49:50 | 07:01 |
| 77   | 59  | DIANA PINHO                      | guisande trail running                        | Senior Feminino  | 02:20:23 | +49:53 | 07:01 |
| 78   | 87  | Raquel Andrade                   | individual                                    | Veterana F40     | 02:20:45 | +50:15 | 07:02 |
| 79   | 117 | Alcino Ferreira dos Santos       | individual                                    | Veterano M50     | 02:20:54 | +50:24 | 07:03 |
| 80   | 74  | Fabio Marques                    | individual                                    | Senior Masculino | 02:20:56 | +50:26 | 07:03 |
| 81   | 134 | Manuel Faria Sampaio             | individual                                    | Veterano M60     | 02:21:10 | +50:40 | 07:04 |
| 82   | 90  | Bruno Moura                      | individual                                    | Veterano M40     | 02:21:11 | +50:41 | 07:04 |
| 83   | 149 | Manuel Moreira                   | run & fun                                     | Veterano M50     | 02:21:12 | +50:42 | 07:04 |
| 84   | 97  | Gonçalo Nuno De Pinho Oliveira   | individual                                    | Veterano M40     | 02:21:22 | +50:51 | 07:04 |
| 85   | 162 | Nuno Filipe Soares Pinto         | xonitas                                       | Veterano M40     | 02:21:53 | +51:23 | 07:06 |

## 20KM - STAGE 1

**20 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                            | TEAM                              | CAT              | RESULT   | DIFF      | t/KM  |
|------|-----|---------------------------------|-----------------------------------|------------------|----------|-----------|-------|
| 86   | 161 | Filipe José Coelho dos Reis     | xonitas                           | Veterano M40     | 02:21:54 | +51:24    | 07:06 |
| 87   | 154 | Gonçalo Araújo                  | run for fun laranjinhas           | Senior Masculino | 02:23:23 | +52:53    | 07:10 |
| 88   | 44  | Nuno Bastos                     | cmvc                              | Veterano M40     | 02:24:02 | +53:32    | 07:12 |
| 89   | 23  | Jorge Silva                     | a seita que dói menos             | Senior Masculino | 02:24:58 | +54:28    | 07:15 |
| 90   | 92  | César Sousa                     | individual                        | Veterano M40     | 02:25:06 | +54:36    | 07:15 |
| 91   | 145 | Céu Vilar                       | run & fun                         | Veterana F40     | 02:27:16 | +56:46    | 07:22 |
| 92   | 153 | Ze Moutinho                     | run & fun                         | Veterano M60     | 02:27:16 | +56:46    | 07:22 |
| 93   | 142 | Carlos Daniel Monteiro da Silva | os vila maiores                   | Veterano M40     | 02:28:41 | +58:11    | 07:26 |
| 94   | 93  | Daniel Matos                    | individual                        | Veterano M40     | 02:28:48 | +58:18    | 07:26 |
| 95   | 909 | Sandra Silva                    | run for fun laranjinhas           | Veterana F40     | 02:29:08 | +58:38    | 07:27 |
| 96   | 138 | Carla Luís                      | nova linha trail runners          | Veterana F40     | 02:29:23 | +58:52    | 07:28 |
| 97   | 139 | Vitor Ferreira                  | nova linha trail runners          | Veterano M40     | 02:29:23 | +58:53    | 07:28 |
| 98   | 67  | António Carlos Silva Oliveira   | individual                        | Senior Masculino | 02:31:30 | +01:01:00 | 07:35 |
| 99   | 95  | Filipe Ferreira                 | individual                        | Veterano M40     | 02:31:42 | +01:01:12 | 07:35 |
| 100  | 108 | Pedro Patrício                  | individual                        | Veterano M40     | 02:31:42 | +01:01:12 | 07:35 |
| 101  | 68  | Antonio Lopes                   | individual                        | Senior Masculino | 02:33:27 | +01:02:57 | 07:40 |
| 102  | 25  | Teresa Maias                    | a.d. nós acreditamos              | Veterana F40     | 02:34:40 | +01:04:10 | 07:44 |
| 103  | 71  | Davide Freitas                  | individual                        | Senior Masculino | 02:34:41 | +01:04:11 | 07:44 |
| 104  | 15  | Ricardo Seca                    | individual                        | Senior Masculino | 02:36:17 | +01:05:47 | 07:49 |
| 105  | 129 | Manuel Pires                    | individual                        | Veterano M50     | 02:36:18 | +01:05:48 | 07:49 |
| 106  | 75  | Filipe Fonseca                  | individual                        | Senior Masculino | 02:36:52 | +01:06:22 | 07:51 |
| 107  | 64  | Sandra Zeferino                 | individual                        | Senior Feminino  | 02:36:54 | +01:06:24 | 07:51 |
| 108  | 50  | Ricardo Duarte                  | espinho trail                     | Veterano M40     | 02:36:59 | +01:06:29 | 07:51 |
| 109  | 51  | ricardo sousa                   | espinho trail                     | Veterano M40     | 02:36:59 | +01:06:29 | 07:51 |
| 110  | 48  | Bruno Duarte                    | espinho trail                     | Veterano M40     | 02:37:00 | +01:06:30 | 07:51 |
| 111  | 56  | Paulo Silva                     | gd leões da guarda - lion runners | Veterano M50     | 02:37:40 | +01:07:10 | 07:53 |
| 112  | 39  | Paula Gomes                     | caldolmetro 2.0                   | Veterana F40     | 02:40:10 | +01:09:40 | 08:01 |
| 113  | 40  | Roberto Morim                   | caldolmetro 2.0                   | Veterano M40     | 02:40:11 | +01:09:41 | 08:01 |
| 114  | 94  | Fernando Moreira                | individual                        | Veterano M40     | 02:40:17 | +01:09:47 | 08:01 |
| 115  | 79  | José Manuel Carneiro Lopes      | individual                        | Senior Masculino | 02:40:18 | +01:09:48 | 08:01 |
| 116  | 78  | João Pedro Jesus Ferreira       | individual                        | Senior Masculino | 02:43:07 | +01:12:37 | 08:09 |
| 117  | 141 | Nuno Daniel Rodrigues Fernandes | opraticante.pt                    | Veterano M50     | 02:44:32 | +01:14:02 | 08:14 |
| 118  | 119 | António Vieira dos Reis         | individual                        | Veterano M50     | 02:45:54 | +01:15:24 | 08:18 |
| 119  | 158 | João Pedro Martins              | sapatilhas verdes                 | Veterano M40     | 02:45:56 | +01:15:26 | 08:18 |
| 120  | 88  | Susana Ferreira                 | individual                        | Veterana F40     | 02:49:40 | +01:19:10 | 08:29 |
| 121  | 52  | Hugo Carvalho                   | fruta da 5ª                       | Senior Masculino | 02:56:29 | +01:25:59 | 08:49 |
| 122  | 111 | Rogério Henriques               | individual                        | Veterano M40     | 03:02:12 | +01:31:42 | 09:07 |

**20KM**

**20 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 19:00 | 11.3°C      | 87%      |
| End   | 22:27 | 11.3°C      | 87%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|   |     |                 |                           |                 |          |           |          |
|---|-----|-----------------|---------------------------|-----------------|----------|-----------|----------|
| 1 | 168 | IEIDA BELLO     | Clube Desportivo Feirense | Senior Feminino | 02:02:27 | +31:56    | 06:07:56 |
| 2 | 59  | DIANA PINHO     | Guisande Trail Running    | Senior Feminino | 02:20:23 | +49:53    | 07:01:56 |
| 3 | 64  | Sandra Zeferino | Individual                | Senior Feminino | 02:36:54 | +01:06:24 | 07:51:56 |

## Senior Masculino

|    |     |                                  |                                               |                  |          |                 |
|----|-----|----------------------------------|-----------------------------------------------|------------------|----------|-----------------|
| 1  | 1   | Daniel Santos                    | EDV VIANA TRAIL                               | Senior Masculino | 01:30:30 | 04:32           |
| 2  | 47  | Andre Valente                    | EDV VIANA TRAIL                               | Senior Masculino | 01:30:31 | +00:01 04:32    |
| 3  | 53  | Mário Ibarra                     | G.D.A Ronda                                   | Senior Masculino | 01:30:49 | +00:19 04:32    |
| 4  | 4   | João Sousa                       | Individual                                    | Senior Masculino | 01:32:23 | +01:53 04:37    |
| 5  | 24  | Renato Andrade                   | A Seita Que Dói Menos                         | Senior Masculino | 01:36:06 | +05:36 04:48    |
| 6  | 43  | Rui Lopes Silva                  | Clube Desportivo Feirense                     | Senior Masculino | 01:40:23 | +09:53 05:01    |
| 7  | 160 | Tiago Oliveira                   | Vale Correr                                   | Senior Masculino | 01:44:12 | +13:42 05:13    |
| 8  | 83  | Ricardo Martins                  | Individual                                    | Senior Masculino | 01:44:15 | +13:45 05:13    |
| 9  | 135 | Marco André Cardoso Marques      | Lourosa em Movimento                          | Senior Masculino | 01:47:17 | +16:47 05:22    |
| 10 | 612 | André Batista                    | Clube Desportivo Feirense                     | Senior Masculino | 01:49:05 | +18:35 05:27    |
| 11 | 36  | Bruno Vidinha                    | Caldas de S.Jorge Sport Clube                 | Senior Masculino | 01:50:50 | +20:20 05:33    |
| 12 | 85  | Sérgio Coelho                    | Individual                                    | Senior Masculino | 01:51:56 | +21:26 05:36    |
| 13 | 72  | Eduardo Bastos                   | Individual                                    | Senior Masculino | 01:53:30 | +23:00 05:41    |
| 14 | 69  | Bruno Bastos                     | Individual                                    | Senior Masculino | 01:53:31 | +23:01 05:41    |
| 15 | 14  | Helder De paiva                  | Individual                                    | Senior Masculino | 01:56:47 | +26:17 05:50    |
| 16 | 34  | Tiago Afonso Ladeira Duarte      | C.D.C. Paradela do Vouga                      | Senior Masculino | 01:57:44 | +27:14 05:53    |
| 17 | 16  | Stanislav Bzhostovych            | Individual                                    | Senior Masculino | 02:03:03 | +32:33 06:09    |
| 18 | 13  | Dmytro Karpov                    | Individual                                    | Senior Masculino | 02:03:07 | +32:37 06:09    |
| 19 | 156 | Ricardo Barbosa                  | Sapatilhas verdes                             | Senior Masculino | 02:05:48 | +35:18 06:17    |
| 20 | 136 | Luís Silva                       | Lusitania de Lourosa FC - Secção de Atletismo | Senior Masculino | 02:06:28 | +35:58 06:19    |
| 21 | 82  | Ricardo Andrés Neves dos Santos  | Individual                                    | Senior Masculino | 02:08:13 | +37:43 06:25    |
| 22 | 73  | Eliseu Laranjeira                | Individual                                    | Senior Masculino | 02:11:45 | +41:14 06:35    |
| 23 | 29  | Anthony Suarez                   | Arrifana Running                              | Senior Masculino | 02:13:17 | +42:47 06:40    |
| 24 | 137 | André Mota                       | Miles&Vibes                                   | Senior Masculino | 02:15:12 | +44:42 06:46    |
| 25 | 86  | Valter Rafael Jesus Leite Soares | Individual                                    | Senior Masculino | 02:16:03 | +45:33 06:48    |
| 26 | 80  | Luís Carlos Pereira Carvalho     | Individual                                    | Senior Masculino | 02:16:26 | +45:56 06:49    |
| 27 | 128 | Diogo reis                       | Individual                                    | Senior Masculino | 02:17:35 | +47:05 06:53    |
| 28 | 74  | Fabio Marques                    | Individual                                    | Senior Masculino | 02:20:56 | +50:26 07:03    |
| 29 | 154 | Gonçalo Araújo                   | Run For Fun Laranjinhas                       | Senior Masculino | 02:23:23 | +52:53 07:10    |
| 30 | 23  | Jorge Silva                      | A Seita Que Dói Menos                         | Senior Masculino | 02:24:58 | +54:28 07:15    |
| 31 | 67  | António Carlos Silva Oliveira    | Individual                                    | Senior Masculino | 02:31:30 | +01:01:00 07:35 |
| 32 | 68  | Antonio Lopes                    | Individual                                    | Senior Masculino | 02:33:27 | +01:02:57 07:40 |

**20KM**

[illegible]

**20 KM**

## OFFICIAL RESULT

[illegible]

|    |    |                            |             |                  |          |           |       |
|----|----|----------------------------|-------------|------------------|----------|-----------|-------|
| 33 | 71 | Davide Freitas             | Individual  | Senior Masculino | 02:34:41 | +01:04:11 | 07:44 |
| 34 | 15 | Ricardo Seca               | Individual  | Senior Masculino | 02:36:17 | +01:05:47 | 07:49 |
| 35 | 75 | Filipe Fonseca             | Individual  | Senior Masculino | 02:36:52 | +01:06:22 | 07:51 |
| 36 | 79 | José Manuel Carneiro Lopes | Individual  | Senior Masculino | 02:40:18 | +01:09:48 | 08:01 |
| 37 | 78 | João Pedro Jesus Ferreira  | Individual  | Senior Masculino | 02:43:07 | +01:12:37 | 08:09 |
| 38 | 52 | Hugo Carvalho              | Fruta da 5ª | Senior Masculino | 02:56:29 | +01:25:59 | 08:49 |

## Veterana F40

|    |     |                  |                          |              |          |           |       |
|----|-----|------------------|--------------------------|--------------|----------|-----------|-------|
| 1  | 2   | Liliana Cardoso  | RUNNERS DO DEMO          | Veterana F40 | 01:50:41 | +20:11    | 05:32 |
| 2  | 155 | Ana Melo         | Saca Trilhos Anadia      | Veterana F40 | 02:05:03 | +34:32    | 06:15 |
| 3  | 9   | LILIANA PINHO    | Guisande Trail Running   | Veterana F40 | 02:18:20 | +47:50    | 06:55 |
| 4  | 41  | Filomena Marques | CF Os Marialvas          | Veterana F40 | 02:20:17 | +49:47    | 07:01 |
| 5  | 87  | Raquel Andrade   | Individual               | Veterana F40 | 02:20:45 | +50:15    | 07:02 |
| 6  | 145 | Céu Vilar        | Run & Fun                | Veterana F40 | 02:27:16 | +56:46    | 07:22 |
| 7  | 909 | Sandra Silva     | Run For Fun Laranjinhas  | Veterana F40 | 02:29:08 | +58:38    | 07:27 |
| 8  | 138 | Carla Luis       | Nova Linha TRAIL Runners | Veterana F40 | 02:29:23 | +58:52    | 07:28 |
| 9  | 25  | Teresa Maias     | A.D. Nós Acreditamos     | Veterana F40 | 02:34:40 | +01:04:10 | 07:44 |
| 10 | 39  | Paula Gomes      | Caldolimetro 2.0         | Veterana F40 | 02:40:10 | +01:09:40 | 08:01 |
| 11 | 88  | Susana Ferreira  | Individual               | Veterana F40 | 02:49:40 | +01:19:10 | 08:29 |

## Veterana F50

|   |    |                            |            |              |          |        |       |
|---|----|----------------------------|------------|--------------|----------|--------|-------|
| 1 | 89 | Ana Cristina Correia Gomes | Individual | Veterana F50 | 02:18:11 | +47:41 | 06:55 |
|---|----|----------------------------|------------|--------------|----------|--------|-------|

## Veterano M40

|    |     |                     |                               |              |          |        |       |
|----|-----|---------------------|-------------------------------|--------------|----------|--------|-------|
| 1  | 106 | Nuno Nunes          | Clube Desportivo Feirense     | Veterano M40 | 01:31:51 | +01:21 | 04:36 |
| 2  | 54  | José Costa          | G.D.A Ronda                   | Veterano M40 | 01:40:24 | +09:54 | 05:01 |
| 3  | 26  | David ramalho       | A.D.Sebolido trail            | Veterano M40 | 01:41:56 | +11:26 | 05:06 |
| 4  | 45  | Bruno Fernandes     | CMMC VALE DE CAMBRA           | Veterano M40 | 01:41:56 | +11:26 | 05:06 |
| 5  | 5   | Ivan Silva          | Caldas de S.Jorge Sport Clube | Veterano M40 | 01:43:43 | +13:13 | 05:11 |
| 6  | 159 | Paulo Aroso         | Team Lantemil                 | Veterano M40 | 01:44:01 | +13:31 | 05:12 |
| 7  | 110 | Ricardo Vitorino    | Individual                    | Veterano M40 | 01:47:59 | +17:29 | 05:24 |
| 8  | 37  | Ricardo Silva       | Caldas de S.Jorge Sport Clube | Veterano M40 | 01:48:06 | +17:36 | 05:24 |
| 9  | 60  | Helder Oliveira     | Guisande Trail Running        | Veterano M40 | 01:50:34 | +20:04 | 05:32 |
| 10 | 112 | Sérgio Castro       | Individual                    | Veterano M40 | 01:52:32 | +22:02 | 05:38 |
| 11 | 12  | Rui Pinto           | Amigos do Trail de Mesão Frio | Veterano M40 | 01:54:33 | +24:03 | 05:44 |
| 12 | 33  | Nelson Reis         | Bravos e Bravitas             | Veterano M40 | 01:54:36 | +24:06 | 05:44 |
| 13 | 100 | João Pedro Fernando | Individual                    | Veterano M40 | 02:00:22 | +29:52 | 06:01 |
| 14 | 10  | Domingos Ferreira   | Guisande Trail Running        | Veterano M40 | 02:00:26 | +29:55 | 06:01 |
| 15 | 31  | Paulo Oliveira      | Brandoenses Running           | Veterano M40 | 02:00:35 | +30:04 | 06:02 |
| 16 | 28  | Carlos Estrela      | Amigos do trail OAZ           | Veterano M40 | 02:01:26 | +30:56 | 06:04 |
| 17 | 20  | Nelson pais         | Run & Fun                     | Veterano M40 | 02:01:38 | +31:08 | 06:05 |
| 18 | 105 | Nuno morais         | Individual                    | Veterano M40 | 02:02:48 | +32:18 | 06:08 |

**20KM**

**20 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |     |                                 |                                    |              |          |           |       |
|----|-----|---------------------------------|------------------------------------|--------------|----------|-----------|-------|
| 19 | 146 | Américo Costa                   | Run & Fun                          | Veterano M40 | 02:05:09 | +34:39    | 06:15 |
| 20 | 49  | Filipe Couto                    | ESPINHO TRAIL                      | Veterano M40 | 02:05:48 | +35:18    | 06:17 |
| 21 | 57  | Leonel Oliveira                 | Grupo desportivo da Cruz das Eiras | Veterano M40 | 02:12:42 | +42:12    | 06:38 |
| 22 | 148 | Joel Pinto                      | Run & Fun                          | Veterano M40 | 02:13:01 | +42:31    | 06:39 |
| 23 | 147 | Cláudio Santos                  | Run & Fun                          | Veterano M40 | 02:14:13 | +43:43    | 06:43 |
| 24 | 91  | Bruno Sérgio Rodrigues Barros   | Individual                         | Veterano M40 | 02:16:05 | +45:35    | 06:48 |
| 25 | 104 | Nikolai Karmanov                | Individual                         | Veterano M40 | 02:17:57 | +47:26    | 06:54 |
| 26 | 107 | PEDRO FRANCO                    | Individual                         | Veterano M40 | 02:18:19 | +47:49    | 06:55 |
| 27 | 938 | Hugo sa                         | Individual                         | Veterano M40 | 02:18:19 | +47:49    | 06:55 |
| 28 | 42  | Filipe Soto                     | CF Os Marialvas                    | Veterano M40 | 02:20:21 | +49:50    | 07:01 |
| 29 | 90  | Bruno Moura                     | Individual                         | Veterano M40 | 02:21:11 | +50:41    | 07:04 |
| 30 | 97  | Gonçalo Nuno De Pinho Oliveira  | Individual                         | Veterano M40 | 02:21:22 | +50:51    | 07:04 |
| 31 | 162 | Nuno Filipe Soares Pinto        | Xonitas                            | Veterano M40 | 02:21:53 | +51:23    | 07:06 |
| 32 | 161 | Filipe José Coelho dos Reis     | Xonitas                            | Veterano M40 | 02:21:54 | +51:24    | 07:06 |
| 33 | 44  | Nuno Bastos                     | CMCVC                              | Veterano M40 | 02:24:02 | +53:32    | 07:12 |
| 34 | 92  | César Sousa                     | Individual                         | Veterano M40 | 02:25:06 | +54:36    | 07:15 |
| 35 | 142 | Carlos Daniel Monteiro da Silva | Os Vila Maiores                    | Veterano M40 | 02:28:41 | +58:11    | 07:26 |
| 36 | 93  | Daniel Matos                    | Individual                         | Veterano M40 | 02:28:48 | +58:18    | 07:26 |
| 37 | 139 | Vitor Ferreira                  | Nova Linha TRAIL Runners           | Veterano M40 | 02:29:23 | +58:53    | 07:28 |
| 38 | 95  | Filipe Ferreira                 | Individual                         | Veterano M40 | 02:31:42 | +01:01:12 | 07:35 |
| 39 | 108 | Pedro Patrício                  | Individual                         | Veterano M40 | 02:31:42 | +01:01:12 | 07:35 |
| 40 | 50  | Ricardo Duarte                  | ESPINHO TRAIL                      | Veterano M40 | 02:36:59 | +01:06:29 | 07:51 |
| 41 | 51  | ricardo sousa                   | ESPINHO TRAIL                      | Veterano M40 | 02:36:59 | +01:06:29 | 07:51 |
| 42 | 48  | Bruno Duarte                    | ESPINHO TRAIL                      | Veterano M40 | 02:37:00 | +01:06:30 | 07:51 |
| 43 | 40  | Roberto Morim                   | Caldolimetro 2.0                   | Veterano M40 | 02:40:11 | +01:09:41 | 08:01 |
| 44 | 94  | Fernando Moreira                | Individual                         | Veterano M40 | 02:40:17 | +01:09:47 | 08:01 |
| 45 | 158 | João Pedro Martins              | Sapatilhas verdes                  | Veterano M40 | 02:45:56 | +01:15:26 | 08:18 |
| 46 | 111 | Rogério Henriques               | Individual                         | Veterano M40 | 03:02:12 | +01:31:42 | 09:07 |

## Veterano M50

|    |     |                             |                                |              |          |        |       |
|----|-----|-----------------------------|--------------------------------|--------------|----------|--------|-------|
| 1  | 38  | Renato Silva                | Caldas de S.Jorge Sport Clube  | Veterano M50 | 01:49:36 | +19:06 | 05:29 |
| 2  | 55  | Manuel Bastos               | G.D.A Ronda                    | Veterano M50 | 01:53:14 | +22:44 | 05:40 |
| 3  | 35  | Carlos Cardoso              | CAL - Clube Atletismo de Lamas | Veterano M50 | 01:59:24 | +28:54 | 05:58 |
| 4  | 46  | Silvio Carvalho             | CMMC VALE DE CAMBRA            | Veterano M50 | 02:02:06 | +31:36 | 06:06 |
| 5  | 19  | Jose Paulo Teixeira         | Individual                     | Veterano M50 | 02:02:42 | +32:12 | 06:08 |
| 6  | 124 | Joel Silva                  | Individual                     | Veterano M50 | 02:06:46 | +36:16 | 06:20 |
| 7  | 127 | Luis Paulo Teixeira Azevedo | Individual                     | Veterano M50 | 02:09:23 | +38:53 | 06:28 |
| 8  | 152 | Miguel Ferreira             | Run & Fun                      | Veterano M50 | 02:09:29 | +38:59 | 06:28 |
| 9  | 151 | Mário Jorge Almeida         | Run & Fun                      | Veterano M50 | 02:15:26 | +44:56 | 06:46 |
| 10 | 170 | Silverio Santos             | Clube Desportivo Feirense      | Veterano M50 | 02:18:03 | +47:33 | 06:54 |
| 11 | 126 | José Sá                     | Individual                     | Veterano M50 | 02:19:00 | +48:30 | 06:57 |
| 12 | 21  | Mike funner                 | Run & Fun                      | Veterano M50 | 02:19:18 | +48:48 | 06:58 |
| 13 | 130 | Manuel Teixeira             | Individual                     | Veterano M50 | 02:20:01 | +49:31 | 07:00 |
| 14 | 117 | Alcino Ferreira dos Santos  | Individual                     | Veterano M50 | 02:20:54 | +50:24 | 07:03 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 3 / 4 | generate 19-Apr-2025 22:28 |
|-----------------------------|-------|----------------------------|

**20KM**

**20 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |     |                                 |                                   |              |          |           |       |
|----|-----|---------------------------------|-----------------------------------|--------------|----------|-----------|-------|
| 15 | 149 | Manuel Moreira                  | Run & Fun                         | Veterano M50 | 02:21:12 | +50:42    | 07:04 |
| 16 | 129 | Manuel Pires                    | Individual                        | Veterano M50 | 02:36:18 | +01:05:48 | 07:49 |
| 17 | 56  | Paulo Silva                     | GD Leões da Guarda - Lion Runners | Veterano M50 | 02:37:40 | +01:07:10 | 07:53 |
| 18 | 141 | Nuno Daniel Rodrigues Fernandes | OPraticante.PT                    | Veterano M50 | 02:44:32 | +01:14:02 | 08:14 |
| 19 | 119 | António Vieira dos Reis         | Individual                        | Veterano M50 | 02:45:54 | +01:15:24 | 08:18 |

## Veterano M60

|   |     |                      |                     |              |          |        |       |
|---|-----|----------------------|---------------------|--------------|----------|--------|-------|
| 1 | 32  | José Luís Santos     | Brandoenses Running | Veterano M60 | 02:03:24 | +32:54 | 06:10 |
| 2 | 27  | João Moreira         | Amigos 100 Limites  | Veterano M60 | 02:12:59 | +42:29 | 06:39 |
| 3 | 134 | Manuel Faria Sampaio | Individual          | Veterano M60 | 02:21:10 | +50:40 | 07:04 |
| 4 | 153 | Ze Moutinho          | Run & Fun           | Veterano M60 | 02:27:16 | +56:46 | 07:22 |

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|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 1 | generate 19-Apr-2025 22:18 |
|-----------------------------|-------|----------------------------|



## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 19:30 | 10.4°C      | 90%      |
| End   | 22:27 | 10.4°C      | 90%      |

| RANK | BIB | NAME                        | TEAM                          | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|-----------------------------|-------------------------------|------------------|----------|--------|-------|
| 1    | 936 | Francisco pereira           | individual                    | Senior Masculino | 55:41    |        | 04:17 |
| 2    | 3   | Paulo Pereira               | ns trail team                 | Veterano M40     | 55:51    | +00:10 | 04:18 |
| 3    | 888 | André Silva                 | ns trail team                 | Veterano M40     | 57:30    | +01:49 | 04:25 |
| 4    | 587 | Bruno Silva                 | bravos e bravitas             | Veterano M40     | 57:31    | +01:50 | 04:25 |
| 5    | 615 | António Assunção            | clube desportivo feirense     | Veterano M40     | 58:22    | +02:41 | 04:29 |
| 6    | 558 | Fernando Lima               | arrifana running              | Veterano M50     | 58:52    | +03:11 | 04:32 |
| 7    | 639 | Hugo Ferreira               | g.d.a ronda                   | Veterano M40     | 01:00:40 | +04:59 | 04:40 |
| 8    | 614 | Marco Oliveira              | clube desportivo feirense     | Senior Masculino | 01:00:50 | +05:09 | 04:41 |
| 9    | 637 | André Melo                  | g.d.a ronda                   | Veterano M40     | 01:02:13 | +06:32 | 04:47 |
| 10   | 512 | bruno lima                  | individual                    | Veterano M40     | 01:02:19 | +06:38 | 04:48 |
| 11   | 7   | Fábio Fernandes correia     | individual                    | Senior Masculino | 01:02:31 | +06:50 | 04:49 |
| 12   | 638 | Hugo Daniel                 | g.d.a ronda                   | Veterano M40     | 01:02:31 | +06:50 | 04:49 |
| 13   | 652 | Hugo Horta                  | grupo alegre unido bajouca    | Veterano M40     | 01:03:13 | +07:32 | 04:52 |
| 14   | 715 | Fabio Costa                 | individual                    | Senior Masculino | 01:04:03 | +08:22 | 04:56 |
| 15   | 889 | António Nunes               | ns trail team                 | Veterano M50     | 01:04:03 | +08:22 | 04:56 |
| 16   | 801 | António José Jesus Nogueira | individual                    | Veterano M40     | 01:04:05 | +08:24 | 04:56 |
| 17   | 799 | Antonio Cristóvão           | individual                    | Veterano M40     | 01:04:14 | +08:33 | 04:56 |
| 18   | 921 | Nuno Santos                 | sentir escariz running        | Veterano M40     | 01:04:54 | +09:13 | 05:00 |
| 19   | 842 | Williams Rodriguez          | individual                    | Veterano M40     | 01:04:58 | +09:17 | 05:00 |
| 20   | 586 | Rui Teixeira                | bravos e bravitas             | Senior Masculino | 01:05:52 | +10:11 | 05:04 |
| 21   | 885 | Fábio Almeida               | night runners feira           | Senior Masculino | 01:06:36 | +10:55 | 05:07 |
| 22   | 845 | António Fernandes           | individual                    | Veterano M50     | 01:07:00 | +11:19 | 05:09 |
| 23   | 871 | gilberto costa              | javalis100limites             | Veterano M40     | 01:07:54 | +12:13 | 05:13 |
| 24   | 890 | José Tavares                | ns trail team                 | Veterano M50     | 01:07:55 | +12:14 | 05:13 |
| 25   | 169 | Paulo Oliveira              | clube desportivo feirense     | Veterano M40     | 01:08:00 | +12:19 | 05:14 |
| 26   | 877 | Ricardo Moreira             | lourosa em movimento          | Veterano M40     | 01:08:32 | +12:51 | 05:16 |
| 27   | 922 | Paulo Sérgio Silva Gomes    | sentir escariz running        | Veterano M40     | 01:09:38 | +13:57 | 05:21 |
| 28   | 935 | Manuel Miguéis              | v.c bike                      | Veterano M40     | 01:09:39 | +13:58 | 05:21 |
| 29   | 875 | Pedro Matos                 | lourosa em movimento          | Senior Masculino | 01:09:44 | +14:03 | 05:22 |
| 30   | 809 | Filipe Marques              | individual                    | Veterano M40     | 01:09:45 | +14:04 | 05:22 |
| 31   | 878 | João Santos                 | lourosa em movimento          | Veterano M40     | 01:09:54 | +14:13 | 05:23 |
| 32   | 916 | Tiago Santos                | sapatilhas verdes             | Senior Masculino | 01:09:56 | +14:14 | 05:23 |
| 33   | 913 | Serafim Pereira da Rocha    | runners do rêgo               | Veterano M40     | 01:09:59 | +14:18 | 05:23 |
| 34   | 664 | PEDRO LOPES                 | guisande trail running        | Veterano M40     | 01:10:06 | +14:25 | 05:24 |
| 35   | 810 | Filipe Silva                | individual                    | Veterano M40     | 01:10:34 | +14:53 | 05:26 |
| 36   | 6   | Mónica Oliveira             | clube desportivo feirense     | Veterana F50     | 01:10:41 | +15:00 | 05:26 |
| 37   | 822 | Nuno Costa                  | individual                    | Veterano M40     | 01:10:43 | +15:02 | 05:26 |
| 38   | 600 | Raphael Leite               | bravos e bravitas             | Veterano M40     | 01:10:51 | +15:10 | 05:27 |
| 39   | 602 | Antonio Silva               | caldas de s.jorge sport clube | Veterano M60     | 01:11:23 | +15:42 | 05:29 |
| 40   | 736 | Miguel Tavares              | individual                    | Senior Masculino | 01:11:23 | +15:42 | 05:29 |
| 41   | 585 | Fábio Pereira               | bravos e bravitas             | Senior Masculino | 01:11:24 | +15:43 | 05:30 |
| 42   | 589 | Sérgio Costa                | bravos e bravitas             | Veterano M40     | 01:11:36 | +15:55 | 05:30 |

## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                                  | TEAM                        | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|---------------------------------------|-----------------------------|------------------|----------|--------|-------|
| 43   | 699 | André Oliveira                        | individual                  | Senior Masculino | 01:11:36 | +15:55 | 05:30 |
| 44   | 911 | Bruno Albergaria                      | run for fun laranjinhas     | Veterano M40     | 01:12:19 | +16:38 | 05:34 |
| 45   | 517 | Vasco Azenha                          | individual                  | Veterano M40     | 01:12:23 | +16:42 | 05:34 |
| 46   | 610 | Marco Barbosa                         | clube de ancas              | Senior Masculino | 01:12:31 | +16:50 | 05:35 |
| 47   | 925 | Pedro Guimarães                       | trail snakes team           | Senior Masculino | 01:12:44 | +17:03 | 05:36 |
| 48   | 750 | Roberto Bastos                        | individual                  | Senior Masculino | 01:13:03 | +17:22 | 05:37 |
| 49   | 549 | Helder Faria                          | arrifana running            | Senior Masculino | 01:13:28 | +17:47 | 05:39 |
| 50   | 718 | Firmino Miguel                        | individual                  | Senior Masculino | 01:13:58 | +18:17 | 05:41 |
| 51   | 590 | Alcides Relvas                        | bravos e bravitas           | Veterano M60     | 01:15:32 | +19:51 | 05:49 |
| 52   | 655 | FABIO VENTURA                         | guisande trail running      | Senior Masculino | 01:15:40 | +19:59 | 05:49 |
| 53   | 534 | Bruno Pereira                         | adc santa isabel            | Veterano M40     | 01:16:13 | +20:32 | 05:52 |
| 54   | 698 | Andre Meireles                        | individual                  | Senior Masculino | 01:16:30 | +20:49 | 05:53 |
| 55   | 827 | Pedro Delgado Paiva                   | individual                  | Veterano M40     | 01:16:38 | +20:57 | 05:54 |
| 56   | 584 | Constantino Mota                      | brandoenses running         | Veterano M50     | 01:16:49 | +21:08 | 05:55 |
| 57   | 849 | Gabriel Rodrigues                     | individual                  | Veterano M50     | 01:16:59 | +21:18 | 05:55 |
| 58   | 588 | Hugo Teixeira                         | bravos e bravitas           | Veterano M40     | 01:17:00 | +21:19 | 05:55 |
| 59   | 511 | Tânia Mateus                          | individual                  | Veterana F40     | 01:17:03 | +21:22 | 05:56 |
| 60   | 753 | Samuel Estrela                        | individual                  | Senior Masculino | 01:17:11 | +21:30 | 05:56 |
| 61   | 930 | Luís Soeira                           | trepatrihos trail team      | Veterano M50     | 01:17:17 | +21:36 | 05:57 |
| 62   | 867 | Paulo Dias                            | individual                  | Veterano M60     | 01:17:24 | +21:43 | 05:57 |
| 63   | 592 | Custódio Coutinho                     | c.d.c. paradela do vouga    | Veterano M60     | 01:17:25 | +21:44 | 05:57 |
| 64   | 879 | Manuel Silva                          | lourosa em movimento        | Veterano M40     | 01:17:29 | +21:48 | 05:58 |
| 65   | 559 | José Rodrigues                        | arrifana running            | Veterano M50     | 01:17:30 | +21:49 | 05:58 |
| 66   | 872 | daniel gomes                          | javalis100limites           | Veterano M50     | 01:17:51 | +22:10 | 05:59 |
| 67   | 527 | Andre Soares                          | 2brothers team              | Senior Masculino | 01:18:00 | +22:19 | 06:00 |
| 68   | 755 | Tiago Cruz                            | individual                  | Senior Masculino | 01:18:03 | +22:22 | 06:00 |
| 69   | 833 | Rui Albino                            | individual                  | Veterano M40     | 01:18:03 | +22:22 | 06:00 |
| 70   | 717 | Fernando Resende                      | individual                  | Senior Masculino | 01:18:12 | +22:31 | 06:01 |
| 71   | 701 | Bruno Fileno                          | individual                  | Senior Masculino | 01:18:44 | +23:03 | 06:03 |
| 72   | 551 | Tiago Gonçalves                       | arrifana running            | Senior Masculino | 01:19:15 | +23:34 | 06:06 |
| 73   | 804 | Daniel Silva                          | individual                  | Veterano M40     | 01:19:17 | +23:36 | 06:06 |
| 74   | 572 | Victor Manuel Dos Santos Silva        | b.v.lourosa                 | Senior Masculino | 01:19:23 | +23:42 | 06:06 |
| 75   | 530 | Pedro Vieira                          | a.d. amarante trail running | Veterano M40     | 01:19:45 | +24:04 | 06:08 |
| 76   | 869 | Paulo Nobre                           | inquipa                     | Veterano M40     | 01:19:49 | +24:08 | 06:08 |
| 77   | 868 | Diogo Aguiar                          | inquipa                     | Veterano M40     | 01:19:50 | +24:09 | 06:08 |
| 78   | 907 | Sara Mota                             | run & fun                   | Veterana F40     | 01:19:55 | +24:14 | 06:09 |
| 79   | 823 | Nuno Santos                           | individual                  | Veterano M40     | 01:20:04 | +24:23 | 06:10 |
| 80   | 583 | Carlos Santos                         | brandoenses running         | Veterano M50     | 01:20:17 | +24:36 | 06:11 |
| 81   | 509 | Tiago Daniel Oliveira Pereira         | individual                  | Senior Masculino | 01:20:23 | +24:42 | 06:11 |
| 82   | 933 | Armando Almeida                       | twins & friends             | Veterano M50     | 01:20:23 | +24:42 | 06:11 |
| 83   | 898 | Luis Gomes                            | pastello runners            | Veterano M40     | 01:20:30 | +24:49 | 06:12 |
| 84   | 735 | Mário Bernardino Vendas Sá Figueiredo | individual                  | Senior Masculino | 01:20:37 | +24:56 | 06:12 |
| 85   | 836 | Samuel Rebelo                         | individual                  | Veterano M40     | 01:22:19 | +26:38 | 06:20 |
| 86   | 864 | João Brito                            | individual                  | Veterano M60     | 01:23:26 | +27:45 | 06:25 |
| 87   | 636 | Helder Robalinho                      | g.d.a ronda                 | Senior Masculino | 01:23:52 | +28:11 | 06:27 |

## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                           | TEAM                              | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|--------------------------------|-----------------------------------|------------------|----------|--------|-------|
| 88   | 601 | Armando Santos                 | caldas de s.jorge sport clube     | Veterano M50     | 01:23:53 | +28:12 | 06:27 |
| 89   | 751 | Rúben Pinho                    | individual                        | Senior Masculino | 01:24:02 | +28:21 | 06:28 |
| 90   | 661 | SONIA ALMEIDA                  | guisande trail running            | Veterana F40     | 01:24:20 | +28:39 | 06:29 |
| 91   | 851 | jose ferreira                  | individual                        | Veterano M50     | 01:24:26 | +28:45 | 06:30 |
| 92   | 621 | Patricia Soares                | cmmc vale de cambra               | Veterana F40     | 01:24:32 | +28:51 | 06:30 |
| 93   | 539 | Jorge Rodrigues                | ama(dores) trail team/acru        | Veterano M50     | 01:24:35 | +28:54 | 06:30 |
| 94   | 858 | Pedro M. Perez Rollan          | individual                        | Veterano M50     | 01:24:37 | +28:56 | 06:31 |
| 95   | 756 | Tiago Gaspar                   | individual                        | Senior Masculino | 01:24:37 | +28:56 | 06:31 |
| 96   | 713 | Diogo Tavares                  | individual                        | Senior Masculino | 01:24:38 | +28:57 | 06:31 |
| 97   | 897 | Carlos Couto                   | outlaw runners                    | Veterano M50     | 01:24:45 | +29:04 | 06:31 |
| 98   | 824 | Paulo martins                  | individual                        | Veterano M40     | 01:24:46 | +29:05 | 06:31 |
| 99   | 752 | Rúben Silva                    | individual                        | Senior Masculino | 01:24:48 | +29:07 | 06:31 |
| 100  | 798 | Américo da Silva Bessa         | individual                        | Veterano M40     | 01:24:48 | +29:07 | 06:31 |
| 101  | 811 | Filipe Soares                  | individual                        | Veterano M40     | 01:24:54 | +29:13 | 06:32 |
| 102  | 627 | António Oliveira               | cmmc vale de cambra               | Veterano M60     | 01:25:23 | +29:42 | 06:34 |
| 103  | 640 | José Morais                    | gaia trail                        | Veterano M60     | 01:25:23 | +29:42 | 06:34 |
| 104  | 704 | Carlos Simões                  | individual                        | Senior Masculino | 01:25:33 | +29:52 | 06:35 |
| 105  | 700 | Andrés Yepes                   | individual                        | Senior Masculino | 01:25:44 | +30:03 | 06:36 |
| 106  | 514 | Paulo Cardoso                  | individual                        | Veterano M40     | 01:25:56 | +30:15 | 06:37 |
| 107  | 854 | Manuel Ribeiro                 | individual                        | Veterano M50     | 01:26:08 | +30:27 | 06:38 |
| 108  | 561 | Renato Tavares                 | arrifana running                  | Veterano M50     | 01:26:17 | +30:36 | 06:38 |
| 109  | 923 | Erasmus Alves                  | taylors                           | Veterano M50     | 01:26:18 | +30:37 | 06:38 |
| 110  | 821 | Mário Pereira                  | individual                        | Veterano M40     | 01:26:27 | +30:46 | 06:39 |
| 111  | 557 | António Silva                  | arrifana running                  | Veterano M50     | 01:26:30 | +30:49 | 06:39 |
| 112  | 563 | Manuel Zola                    | arrifana running                  | Veterano M60     | 01:26:30 | +30:49 | 06:39 |
| 113  | 722 | Gonçalo Ferreira               | individual                        | Senior Masculino | 01:26:35 | +30:54 | 06:40 |
| 114  | 605 | Rogério de Pinho e Silva       | cdc são martinho da gândara       | Veterano M60     | 01:26:41 | +31:00 | 06:40 |
| 115  | 550 | Paulo Candeias                 | arrifana running                  | Senior Masculino | 01:27:24 | +31:43 | 06:43 |
| 116  | 711 | Daniel Silva                   | individual                        | Senior Masculino | 01:27:24 | +31:43 | 06:43 |
| 117  | 522 | Manuel constantino silva       | individual                        | Veterano M60     | 01:27:26 | +31:45 | 06:44 |
| 118  | 697 | Alexandre Peixoto              | individual                        | Senior Masculino | 01:27:43 | +32:02 | 06:45 |
| 119  | 861 | Vitor Santos                   | individual                        | Veterano M50     | 01:27:44 | +32:03 | 06:45 |
| 120  | 850 | Helder Rodrigues               | individual                        | Veterano M50     | 01:28:04 | +32:23 | 06:46 |
| 121  | 846 | António Silva                  | individual                        | Veterano M50     | 01:28:07 | +32:26 | 06:47 |
| 122  | 910 | Teresa Paiva                   | run for fun laranjinhas           | Veterana F50     | 01:28:19 | +32:38 | 06:48 |
| 123  | 553 | Sónia Vidal                    | arrifana running                  | Veterana F40     | 01:28:25 | +32:44 | 06:48 |
| 124  | 779 | Sandra Lage                    | boavista trail                    | Veterana F40     | 01:28:38 | +32:57 | 06:49 |
| 125  | 906 | Elsa Mota                      | run & fun                         | Veterana F40     | 01:28:45 | +33:04 | 06:50 |
| 126  | 595 | João Pissarra                  | cª (clube de corrida do coculudo) | Senior Masculino | 01:29:07 | +33:26 | 06:51 |
| 127  | 748 | Ricardo José da Silva Costa    | individual                        | Senior Masculino | 01:30:03 | +34:22 | 06:56 |
| 128  | 874 | Michelangelo Lopes             | loursa em movimento               | Senior Masculino | 01:30:11 | +34:30 | 06:56 |
| 129  | 81  | Luis Marques                   | individual                        | Senior Masculino | 01:30:26 | +34:45 | 06:57 |
| 130  | 721 | Francisco Xavier Pinto Cardoso | individual                        | Senior Masculino | 01:30:34 | +34:53 | 06:58 |
| 131  | 609 | Hugo Seabra                    | clube de ancas                    | Senior Masculino | 01:30:58 | +35:17 | 07:00 |
| 132  | 857 | Paulo Moreira                  | individual                        | Veterano M50     | 01:31:01 | +35:20 | 07:00 |

## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                            | TEAM                                   | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|---------------------------------|----------------------------------------|------------------|----------|--------|-------|
| 133  | 564 | José Sousa                      | associação de atletismo lebres do sado | Veterano M50     | 01:31:02 | +35:21 | 07:00 |
| 134  | 763 | Xavier Alves Paiva              | individual                             | Senior Masculino | 01:31:11 | +35:30 | 07:01 |
| 135  | 886 | Carla Cardoso                   | night runners feira                    | Veterana F50     | 01:31:13 | +35:32 | 07:01 |
| 136  | 709 | Daniel Pimentel                 | individual                             | Senior Masculino | 01:31:35 | +35:54 | 07:03 |
| 137  | 581 | Pedro Valença                   | botão camp                             | Veterano M50     | 01:31:41 | +36:00 | 07:03 |
| 138  | 831 | Ricardo Bastos                  | individual                             | Veterano M40     | 01:31:41 | +36:00 | 07:03 |
| 139  | 707 | Daniel Pedrosa                  | individual                             | Senior Masculino | 01:32:06 | +36:25 | 07:05 |
| 140  | 762 | Vitor Sousa                     | individual                             | Senior Masculino | 01:32:12 | +36:31 | 07:06 |
| 141  | 914 | Daniel Serralva                 | running mozelos                        | Senior Masculino | 01:32:16 | +36:35 | 07:06 |
| 142  | 668 | Ana Camilo                      | individual                             | Senior Feminino  | 01:32:17 | +36:36 | 07:06 |
| 143  | 624 | Ricardo Almeida                 | cmmc vale de cambra                    | Veterano M40     | 01:32:19 | +36:38 | 07:06 |
| 144  | 926 | David Leite                     | traquinas do conga                     | Senior Masculino | 01:32:25 | +36:44 | 07:07 |
| 145  | 739 | Nuno Reis                       | individual                             | Senior Masculino | 01:32:44 | +37:03 | 07:08 |
| 146  | 677 | Eliana Pinho                    | individual                             | Senior Feminino  | 01:32:56 | +37:15 | 07:09 |
| 147  | 678 | Elisabete Silva                 | individual                             | Senior Feminino  | 01:32:59 | +37:18 | 07:09 |
| 148  | 685 | Jordana Pinto                   | individual                             | Senior Feminino  | 01:32:59 | +37:18 | 07:09 |
| 149  | 785 | Vera Leite                      | individual                             | Veterana F40     | 01:32:59 | +37:18 | 07:09 |
| 150  | 599 | João Gomes                      | bravos e bravitas                      | Veterano M50     | 01:33:00 | +37:19 | 07:09 |
| 151  | 635 | João Almeida                    | estronca silvas                        | Veterano M40     | 01:33:01 | +37:20 | 07:09 |
| 152  | 680 | Flávia Sofia Dos Santos Marinho | individual                             | Senior Feminino  | 01:33:04 | +37:23 | 07:10 |
| 153  | 782 | Sofia Ferreira                  | individual                             | Veterana F40     | 01:33:04 | +37:23 | 07:10 |
| 154  | 691 | Nádia Ribeiro                   | individual                             | Senior Feminino  | 01:33:06 | +37:25 | 07:10 |
| 155  | 679 | Fabiana Rosário                 | individual                             | Senior Feminino  | 01:33:06 | +37:25 | 07:10 |
| 156  | 662 | Carlos Costa                    | guisande trail running                 | Veterano M40     | 01:33:23 | +37:42 | 07:11 |
| 157  | 859 | Raul Silva                      | individual                             | Veterano M50     | 01:33:24 | +37:43 | 07:11 |
| 158  | 733 | Luis Pereira                    | individual                             | Senior Masculino | 01:33:35 | +37:54 | 07:12 |
| 159  | 11  | Vitor Almeida                   | cmsmf                                  | Senior Masculino | 01:33:42 | +38:01 | 07:12 |
| 160  | 847 | Carlos Augusto Martins da Silva | individual                             | Veterano M50     | 01:33:43 | +38:02 | 07:13 |
| 161  | 533 | Liliana Mota                    | adc santa isabel                       | Veterana F40     | 01:33:44 | +38:03 | 07:13 |
| 162  | 766 | Daniela Caetano de Sá           | individual                             | Veterana F40     | 01:33:50 | +38:09 | 07:13 |
| 163  | 754 | Sérgio Silva                    | individual                             | Senior Masculino | 01:34:11 | +38:30 | 07:15 |
| 164  | 742 | Pedro Rocha                     | individual                             | Senior Masculino | 01:34:12 | +38:31 | 07:15 |
| 165  | 834 | Rui Azenha                      | individual                             | Veterano M40     | 01:34:20 | +38:39 | 07:15 |
| 166  | 780 | Sara Soares                     | individual                             | Veterana F40     | 01:34:22 | +38:41 | 07:16 |
| 167  | 802 | Carlos Ferreira                 | individual                             | Veterano M40     | 01:34:24 | +38:43 | 07:16 |
| 168  | 723 | Gonçalo Santos                  | individual                             | Senior Masculino | 01:34:38 | +38:57 | 07:17 |
| 169  | 761 | Vitor Miguel                    | individual                             | Senior Masculino | 01:34:49 | +39:08 | 07:18 |
| 170  | 650 | Catarina Granja                 | granjadas                              | Senior Feminino  | 01:34:53 | +39:12 | 07:18 |
| 171  | 651 | Carlos Dias                     | granjadas                              | Senior Masculino | 01:34:55 | +39:14 | 07:18 |
| 172  | 819 | Marco Paiva                     | individual                             | Veterano M40     | 01:35:10 | +39:29 | 07:19 |
| 173  | 528 | Pedro Soare                     | 2brothers team                         | Veterano M40     | 01:35:11 | +39:30 | 07:19 |
| 174  | 546 | Filipe Rodrigues                | amigos do trail oaz                    | Veterano M40     | 01:35:25 | +39:44 | 07:20 |
| 175  | 807 | Fernando Manuel Maia de Castro  | individual                             | Veterano M40     | 01:35:32 | +39:51 | 07:21 |
| 176  | 880 | Jorge Oliveira                  | lourosa em movimento                   | Veterano M50     | 01:35:33 | +39:52 | 07:21 |

## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                                 | TEAM                              | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|--------------------------------------|-----------------------------------|------------------|----------|--------|-------|
| 177  | 899 | Bruno Guedes                         | porto sentido runners             | Veterano M40     | 01:35:53 | +40:12 | 07:23 |
| 178  | 671 | Ana Oliveira                         | individual                        | Senior Feminino  | 01:36:18 | +40:37 | 07:24 |
| 179  | 618 | Fátima Relvas                        | cmmc vale de cambra               | Veterana F40     | 01:36:20 | +40:39 | 07:25 |
| 180  | 887 | Mário Costa Pereira                  | night runners feira               | Veterano M50     | 01:36:20 | +40:39 | 07:25 |
| 181  | 747 | Ricardo Jorge Martins                | individual                        | Senior Masculino | 01:36:31 | +40:50 | 07:25 |
| 182  | 806 | Fausto Emanuel Forte dos Reis        | individual                        | Veterano M40     | 01:36:32 | +40:51 | 07:26 |
| 183  | 749 | Ricardo Marques                      | individual                        | Senior Masculino | 01:36:33 | +40:52 | 07:26 |
| 184  | 611 | Nico Elkan                           | clube de ancas                    | Senior Masculino | 01:36:49 | +41:08 | 07:27 |
| 185  | 591 | Rakell Santos                        | c.d.c. paradela do vouga          | Senior Feminino  | 01:37:03 | +41:22 | 07:28 |
| 186  | 672 | Ana Santos                           | individual                        | Senior Feminino  | 01:38:34 | +42:53 | 07:35 |
| 187  | 547 | Mária Calmeiro                       | arrifana running                  | Senior Feminino  | 01:39:45 | +44:04 | 07:40 |
| 188  | 855 | Miguel Mocho                         | individual                        | Veterano M50     | 01:39:48 | +44:07 | 07:41 |
| 189  | 628 | Filipe Soares                        | cmmc vale de cambra               | Veterano M60     | 01:39:50 | +44:09 | 07:41 |
| 190  | 866 | Mário Costa                          | individual                        | Veterano M60     | 01:39:56 | +44:15 | 07:41 |
| 191  | 712 | Diogo Oliveira                       | individual                        | Senior Masculino | 01:39:59 | +44:18 | 07:41 |
| 192  | 771 | Helena Pires                         | individual                        | Veterana F40     | 01:39:59 | +44:18 | 07:41 |
| 193  | 686 | Liliana Arede                        | individual                        | Senior Feminino  | 01:40:01 | +44:20 | 07:42 |
| 194  | 757 | Tiago Lopes                          | individual                        | Senior Masculino | 01:40:07 | +44:26 | 07:42 |
| 195  | 908 | Quinel Mota                          | run & fun                         | Veterano M60     | 01:40:19 | +44:38 | 07:43 |
| 196  | 803 | Carlos Pinto                         | individual                        | Veterano M40     | 01:40:36 | +44:55 | 07:44 |
| 197  | 516 | Ricardo Martins Ascensão             | individual                        | Veterano M40     | 01:40:38 | +44:57 | 07:44 |
| 198  | 537 | Rosa Saldanha                        | ama associação mondim atletismo   | Veterana F50     | 01:40:38 | +44:57 | 07:44 |
| 199  | 643 | Enrique Oliveira                     | geocrosstrail                     | Senior Masculino | 01:40:39 | +44:58 | 07:45 |
| 200  | 745 | Renato Rodrigues                     | individual                        | Senior Masculino | 01:40:39 | +44:58 | 07:45 |
| 201  | 865 | José Castro                          | individual                        | Veterano M60     | 01:40:44 | +45:03 | 07:45 |
| 202  | 515 | Pedro Fernandes                      | individual                        | Veterano M40     | 01:40:47 | +45:06 | 07:45 |
| 203  | 852 | José Matos                           | boavista trail                    | Veterano M50     | 01:40:47 | +45:06 | 07:45 |
| 204  | 724 | Henrique Augusto Saraiva Barbosa     | individual                        | Senior Masculino | 01:41:08 | +45:27 | 07:47 |
| 205  | 593 | Andreia da Rocha Seabra              | c³ (clube de corrida do coculudo) | Senior Feminino  | 01:41:25 | +45:44 | 07:48 |
| 206  | 597 | Pedro Seabra                         | c³ (clube de corrida do coculudo) | Senior Masculino | 01:41:25 | +45:44 | 07:48 |
| 207  | 560 | Paulo Fonseca                        | arrifana running                  | Veterano M50     | 01:41:26 | +45:45 | 07:48 |
| 208  | 856 | Paulo Lara                           | boavista trail                    | Veterano M50     | 01:41:43 | +46:02 | 07:49 |
| 209  | 540 | Marina Moreira                       | amigos 100 limites                | Senior Feminino  | 01:41:44 | +46:03 | 07:50 |
| 210  | 706 | Daniel Lara                          | individual                        | Senior Masculino | 01:41:45 | +46:04 | 07:50 |
| 211  | 758 | Tomás Maria Ramalho Martinho         | individual                        | Senior Masculino | 01:41:47 | +46:06 | 07:50 |
| 212  | 746 | Ricardo David Tavares Almeida        | individual                        | Senior Masculino | 01:42:02 | +46:21 | 07:51 |
| 213  | 684 | Joana Patricia Costa Silva           | individual                        | Senior Feminino  | 01:42:04 | +46:23 | 07:51 |
| 214  | 774 | Márcia da Silva Nunes                | individual                        | Veterana F40     | 01:42:16 | +46:35 | 07:52 |
| 215  | 830 | Pedro Silva                          | individual                        | Veterano M40     | 01:42:17 | +46:36 | 07:52 |
| 216  | 727 | João Queirós                         | individual                        | Senior Masculino | 01:42:43 | +47:02 | 07:54 |
| 217  | 569 | Antonio Joaquim Pereira Alves Soares | b.v.lourosa                       | Senior Masculino | 01:42:53 | +47:12 | 07:55 |
| 218  | 61  | PAULO JESUS                          | guisande trail running            | Veterano M40     | 01:43:44 | +48:03 | 07:59 |

## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                                   | TEAM                              | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|----------------------------------------|-----------------------------------|------------------|----------|--------|-------|
| 219  | 519 | Carlos Barroso                         | individual                        | Veterano M50     | 01:43:44 | +48:03 | 07:59 |
| 220  | 596 | Maximino Canhola                       | cª (clube de corrida do coculudo) | Senior Masculino | 01:43:58 | +48:17 | 08:00 |
| 221  | 791 | Lucia Santos                           | individual                        | Veterana F50     | 01:44:31 | +48:50 | 08:02 |
| 222  | 814 | Hélder Pereira                         | individual                        | Veterano M40     | 01:44:32 | +48:51 | 08:02 |
| 223  | 728 | José Alisson                           | individual                        | Senior Masculino | 01:44:38 | +48:57 | 08:03 |
| 224  | 545 | Andres Ferreira                        | amigos do trail oaz               | Senior Masculino | 01:44:39 | +48:58 | 08:03 |
| 225  | 507 | Luís Carlos Pereira Pinto              | individual                        | Senior Masculino | 01:44:58 | +49:17 | 08:04 |
| 226  | 608 | Goncalo Correia                        | clube de ancas                    | Senior Masculino | 01:45:24 | +49:43 | 08:06 |
| 227  | 729 | Jose Seabra                            | individual                        | Senior Masculino | 01:45:42 | +50:01 | 08:08 |
| 228  | 876 | Ruben Silva                            | lourosa em movimento              | Senior Masculino | 01:45:48 | +50:07 | 08:08 |
| 229  | 562 | José Beleza                            | arrifana running                  | Veterano M60     | 01:46:30 | +50:49 | 08:12 |
| 230  | 502 | Inês Landolt                           | apúlia a correr                   | Senior Feminino  | 01:47:01 | +51:20 | 08:14 |
| 231  | 503 | César Fernandes                        | apúlia a correr                   | Veterano M40     | 01:47:02 | +51:21 | 08:14 |
| 232  | 58  | CLAUDIA ALMEIDA                        | guisande trail running            | Senior Feminino  | 01:47:19 | +51:38 | 08:15 |
| 233  | 825 | Paulo Pádua                            | individual                        | Veterano M40     | 01:47:19 | +51:38 | 08:15 |
| 234  | 829 | Pedro Santos                           | individual                        | Veterano M40     | 01:47:19 | +51:38 | 08:15 |
| 235  | 896 | Daniel Sanchez                         | outlaw runners                    | Veterano M40     | 01:47:30 | +51:49 | 08:16 |
| 236  | 548 | Marta Oliveira                         | arrifana running                  | Senior Feminino  | 01:47:33 | +51:52 | 08:16 |
| 237  | 884 | Ana Almeida                            | night runners feira               | Senior Feminino  | 01:47:44 | +52:03 | 08:17 |
| 238  | 634 | Tiago Fidalgo                          | elite aradense                    | Senior Masculino | 01:47:53 | +52:12 | 08:18 |
| 239  | 633 | Joel António Santos Magina             | elite aradense                    | Senior Masculino | 01:47:54 | +52:13 | 08:18 |
| 240  | 632 | Emanuel Silva Reis                     | elite aradense                    | Senior Masculino | 01:47:55 | +52:14 | 08:18 |
| 241  | 873 | Vera Oliveira                          | lourosa em movimento              | Senior Feminino  | 01:48:01 | +52:20 | 08:19 |
| 242  | 741 | Pedro Ferreira                         | individual                        | Senior Masculino | 01:48:11 | +52:30 | 08:19 |
| 243  | 552 | Sandra Gomes                           | arrifana running                  | Veterana F40     | 01:48:23 | +52:42 | 08:20 |
| 244  | 555 | Susana Gomes                           | arrifana running                  | Veterana F50     | 01:48:23 | +52:42 | 08:20 |
| 245  | 778 | Mónica Godinho                         | individual                        | Veterana F40     | 01:48:58 | +53:17 | 08:23 |
| 246  | 839 | Sérgio Valente                         | individual                        | Veterano M40     | 01:49:01 | +53:20 | 08:23 |
| 247  | 630 | Maayan Goren                           | dotan goren                       | Senior Masculino | 01:49:02 | +53:21 | 08:23 |
| 248  | 631 | DOTAN GOREN                            | dotan goren                       | Veterano M40     | 01:49:08 | +53:27 | 08:24 |
| 249  | 924 | Isabel Fernandes                       | team runners                      | Senior Feminino  | 01:49:13 | +53:32 | 08:24 |
| 250  | 571 | Márcio Filipe da Silva Cardoso         | b.v.lourosa                       | Senior Masculino | 01:49:16 | +53:35 | 08:24 |
| 251  | 573 | Xavier Alexandre Soares Silva          | b.v.lourosa                       | Senior Masculino | 01:49:16 | +53:35 | 08:24 |
| 252  | 659 | PATRICIA ALMEIDA                       | guisande trail running            | Veterana F40     | 01:49:51 | +54:10 | 08:27 |
| 253  | 657 | José Teixeira                          | guisande trail running            | Senior Masculino | 01:49:52 | +54:11 | 08:27 |
| 254  | 692 | Sara Miguel Coelho Gomes               | individual                        | Senior Feminino  | 01:50:19 | +54:38 | 08:29 |
| 255  | 8   | Paula Martins                          | arrifana running                  | Veterana F50     | 01:50:44 | +55:03 | 08:31 |
| 256  | 642 | Bruno Araújo                           | geocrosstrail                     | Senior Masculino | 01:51:19 | +55:38 | 08:34 |
| 257  | 646 | Domingos Ventura                       | geocrosstrail                     | Veterano M40     | 01:51:20 | +55:39 | 08:34 |
| 258  | 526 | Gisela Faria                           | team runners                      | Veterana F40     | 01:51:23 | +55:42 | 08:34 |
| 259  | 579 | Fátima Vaz                             | baixo vouga team                  | Veterana F50     | 01:51:34 | +55:53 | 08:35 |
| 260  | 660 | SANDRA MATOS                           | guisande trail running            | Veterana F40     | 01:52:03 | +56:22 | 08:37 |
| 261  | 523 | Luís Miguel Vieira                     | novo banco                        | Veterano M50     | 01:52:29 | +56:48 | 08:39 |
| 262  | 893 | Diana Sofia Matins Pais                | os vila maiores                   | Senior Feminino  | 01:52:43 | +57:02 | 08:40 |
| 263  | 674 | Carla Andreia Neves Pereira de Almeida | individual                        | Senior Feminino  | 01:53:20 | +57:39 | 08:43 |



## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                                              | TEAM                   | CAT              | RESULT   | DIFF      | t/KM  |
|------|-----|---------------------------------------------------|------------------------|------------------|----------|-----------|-------|
| 264  | 716 | Fernando Manuel Pereira Bastos                    | individual             | Senior Masculino | 01:53:21 | +57:40    | 08:43 |
| 265  | 565 | Rafaela Oliveira                                  | atletas da preguiça    | Senior Feminino  | 01:53:24 | +57:43    | 08:43 |
| 266  | 719 | Francisco Manuel Teixeira Marques                 | individual             | Senior Masculino | 01:53:59 | +58:18    | 08:46 |
| 267  | 682 | Jéssica Fonte                                     | individual             | Senior Feminino  | 01:54:04 | +58:23    | 08:46 |
| 268  | 843 | Alcidio Figueiredo                                | individual             | Veterano M50     | 01:54:08 | +58:27    | 08:47 |
| 269  | 620 | Joana Pinho                                       | cmmc vale de cambra    | Veterana F40     | 01:54:17 | +58:36    | 08:47 |
| 270  | 622 | Paula Rodrigues                                   | cmmc vale de cambra    | Veterana F40     | 01:54:17 | +58:36    | 08:47 |
| 271  | 616 | Rita Sousa                                        | cmmc vale de cambra    | Senior Feminino  | 01:54:19 | +58:38    | 08:48 |
| 272  | 656 | Jorge Alvarenga                                   | guisande trail running | Senior Masculino | 01:54:30 | +58:49    | 08:48 |
| 273  | 654 | Eduardo Sequeira                                  | guisande trail running | Senior Masculino | 01:54:31 | +58:50    | 08:49 |
| 274  | 832 | Rogério silva                                     | individual             | Veterano M40     | 01:54:37 | +58:56    | 08:49 |
| 275  | 795 | Rosa Santos                                       | individual             | Veterana F50     | 01:54:46 | +59:05    | 08:50 |
| 276  | 544 | Andre Mesquita                                    | amigos do trail oaz    | Senior Masculino | 01:54:49 | +59:08    | 08:50 |
| 277  | 789 | Claudia cristina S. A. Campos                     | individual             | Veterana F50     | 01:54:56 | +59:15    | 08:50 |
| 278  | 510 | Luzia de Fátima Ferreira Dias Soares              | individual             | Veterana F40     | 01:55:26 | +59:45    | 08:53 |
| 279  | 929 | Miguel Rodrigues                                  | traquinas do conga     | Veterano M50     | 01:55:49 | +01:00:08 | 08:55 |
| 280  | 714 | Eduardo Bastos                                    | individual             | Senior Masculino | 01:55:57 | +01:00:16 | 08:55 |
| 281  | 163 | Ana sousa                                         | baixo vouga team       | Veterana F40     | 01:56:30 | +01:00:49 | 08:58 |
| 282  | 838 | Sérgio Moreira                                    | individual             | Veterano M40     | 01:56:30 | +01:00:49 | 08:58 |
| 283  | 815 | Hélio Paulino                                     | individual             | Veterano M40     | 01:56:30 | +01:00:49 | 08:58 |
| 284  | 625 | JOSE ALMEIDA                                      | cmmc vale de cambra    | Veterano M50     | 01:58:51 | +01:03:10 | 09:09 |
| 285  | 574 | Rui Fernando Sousa Vieira                         | b.v.lourosa            | Veterano M40     | 01:59:13 | +01:03:32 | 09:10 |
| 286  | 835 | Rui Ferreira                                      | individual             | Veterano M40     | 01:59:13 | +01:03:32 | 09:10 |
| 287  | 920 | Leonel Dias                                       | sentir escariz running | Senior Masculino | 01:59:23 | +01:03:42 | 09:11 |
| 288  | 508 | Luís Cunha                                        | individual             | Senior Masculino | 01:59:26 | +01:03:45 | 09:11 |
| 289  | 520 | Joaquim Pepe Roque                                | individual             | Veterano M50     | 01:59:39 | +01:03:58 | 09:12 |
| 290  | 582 | Agostinho Pereira                                 | botão camp             | Veterano M60     | 01:59:56 | +01:04:15 | 09:14 |
| 291  | 673 | Anna Sellani                                      | individual             | Senior Feminino  | 02:00:03 | +01:04:22 | 09:14 |
| 292  | 690 | Marta Nicolau                                     | individual             | Senior Feminino  | 02:00:03 | +01:04:22 | 09:14 |
| 293  | 501 | Carlos Fernando Marques                           | @corredoresderua@      | Veterano M60     | 02:00:12 | +01:04:31 | 09:15 |
| 294  | 174 | Hugo Soares                                       | individual             | Veterano M40     | 02:00:32 | +01:04:51 | 09:16 |
| 295  | 794 | RAQUEL BRITO                                      | individual             | Veterana F50     | 02:00:32 | +01:04:51 | 09:16 |
| 296  | 543 | Paula Moreira                                     | amigos 100 limites     | Veterana F60     | 02:00:46 | +01:05:05 | 09:17 |
| 297  | 812 | Gil Fontes                                        | individual             | Veterano M40     | 02:01:22 | +01:05:41 | 09:20 |
| 298  | 542 | Vânia Moreira                                     | amigos 100 limites     | Senior Feminino  | 02:02:31 | +01:06:50 | 09:25 |
| 299  | 607 | André Catalão                                     | clube de ancas         | Senior Masculino | 02:03:15 | +01:07:34 | 09:29 |
| 300  | 770 | Gisela De Sousa Ferreira Avelar                   | individual             | Veterana F40     | 02:03:27 | +01:07:46 | 09:30 |
| 301  | 787 | Ana Ribeiro                                       | individual             | Veterana F50     | 02:03:27 | +01:07:46 | 09:30 |
| 302  | 647 | Miguel Mota                                       | geocrosstrail          | Veterano M40     | 02:03:37 | +01:07:56 | 09:31 |
| 303  | 730 | Leonardo Alexandre Soares Rainha da Costa e Silva | individual             | Senior Masculino | 02:04:03 | +01:08:22 | 09:33 |
| 304  | 837 | Sérgio Ferreira                                   | individual             | Veterano M40     | 02:04:12 | +01:08:31 | 09:33 |
| 305  | 769 | Eva Luciana Ferreira Alves                        | individual             | Veterana F40     | 02:04:37 | +01:08:56 | 09:35 |

**13 KM**

## OFFICIAL RESULT

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|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 8 / 9 | generate 19-Apr-2025 22:28 |
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## 13KM - STAGE 1

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                              | TEAM          | CAT              | RESULT   | DIFF      | t/KM  |
|------|-----|-----------------------------------|---------------|------------------|----------|-----------|-------|
| 351  | 805 | Eduardo Guedes                    | individual    | Veterano M40     | 02:38:56 | +01:43:15 | 12:14 |
| 352  | 676 | Diana Marques                     | individual    | Senior Feminino  | 02:45:03 | +01:49:22 | 12:42 |
| 353  | 689 | Marisa Vilar                      | individual    | Senior Feminino  | 02:45:03 | +01:49:22 | 12:42 |
| 354  | 694 | Susana Martins                    | individual    | Senior Feminino  | 02:45:08 | +01:49:27 | 12:42 |
| 355  | 800 | António Gonçalves                 | individual    | Veterano M40     | 02:45:08 | +01:49:27 | 12:42 |
| 356  | 645 | Vania santos                      | geocrosstrail | Veterana F40     | 02:46:36 | +01:50:55 | 12:49 |
| 357  | 641 | Sofia Neves                       | geocrosstrail | Senior Feminino  | 02:46:38 | +01:50:57 | 12:49 |
| 358  | 570 | João Carlos da Silva Cardoso      | b.v.lourosa   | Senior Masculino | 02:56:53 | +02:01:12 | 13:36 |
| 359  | 566 | Alexandra Catarina Neves Pinheiro | b.v.lourosa   | Senior Feminino  | 02:56:56 | +02:01:15 | 13:37 |
| 360  | 567 | Cláudia Filipa Ribeiro da Silva   | b.v.lourosa   | Senior Feminino  | 02:56:56 | +02:01:15 | 13:37 |
| 361  | 568 | Soraia Maria Da Costa Silva       | b.v.lourosa   | Senior Feminino  | 02:56:58 | +02:01:17 | 13:37 |

**13KM**

**13 KM**

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## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 19:30 | 10.4°C      | 90%      |
| End   | 22:27 | 10.4°C      | 90%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|    |     |                                        |                                   |                 |          |           |       |
|----|-----|----------------------------------------|-----------------------------------|-----------------|----------|-----------|-------|
| 1  | 668 | Ana Camilo                             | Individual                        | Senior Feminino | 01:32:17 | +36:36    | 07:06 |
| 2  | 677 | Eliana Pinho                           | Individual                        | Senior Feminino | 01:32:56 | +37:15    | 07:09 |
| 3  | 678 | Elisabete Silva                        | Individual                        | Senior Feminino | 01:32:59 | +37:18    | 07:09 |
| 4  | 685 | Jordana Pinto                          | Individual                        | Senior Feminino | 01:32:59 | +37:18    | 07:09 |
| 5  | 680 | Flávia Sofia Dos Santos Marinho        | Individual                        | Senior Feminino | 01:33:04 | +37:23    | 07:10 |
| 6  | 691 | Nádia Ribeiro                          | Individual                        | Senior Feminino | 01:33:06 | +37:25    | 07:10 |
| 7  | 679 | Fabiana Rosário                        | Individual                        | Senior Feminino | 01:33:06 | +37:25    | 07:10 |
| 8  | 650 | Catarina Granja                        | GranjaDias                        | Senior Feminino | 01:34:53 | +39:12    | 07:18 |
| 9  | 671 | Ana Oliveira                           | Individual                        | Senior Feminino | 01:36:18 | +40:37    | 07:24 |
| 10 | 591 | Rakell Santos                          | C.D.C. Paradela do Vouga          | Senior Feminino | 01:37:03 | +41:22    | 07:28 |
| 11 | 672 | Ana Santos                             | Individual                        | Senior Feminino | 01:38:34 | +42:53    | 07:35 |
| 12 | 547 | Mária Calmeiro                         | Arrifana Running                  | Senior Feminino | 01:39:45 | +44:04    | 07:40 |
| 13 | 686 | Liliana Arede                          | Individual                        | Senior Feminino | 01:40:01 | +44:20    | 07:42 |
| 14 | 593 | Andreia da Rocha Seabra                | C³ (Clube de Corrida do Cocoludo) | Senior Feminino | 01:41:25 | +45:44    | 07:48 |
| 15 | 540 | Marina Moreira                         | Amigos 100 Limites                | Senior Feminino | 01:41:44 | +46:03    | 07:50 |
| 16 | 684 | Joana Patricia Costa Silva             | Individual                        | Senior Feminino | 01:42:04 | +46:23    | 07:51 |
| 17 | 502 | Inês Landolt                           | Apúlia a Correr                   | Senior Feminino | 01:47:01 | +51:20    | 08:14 |
| 18 | 58  | CLAUDIA ALMEIDA                        | Guisande Trail Running            | Senior Feminino | 01:47:19 | +51:38    | 08:15 |
| 19 | 548 | Marta Oliveira                         | Arrifana Running                  | Senior Feminino | 01:47:33 | +51:52    | 08:16 |
| 20 | 884 | Ana Almeida                            | Night Runners Feira               | Senior Feminino | 01:47:44 | +52:03    | 08:17 |
| 21 | 873 | Vera Oliveira                          | Lourosa em Movimento              | Senior Feminino | 01:48:01 | +52:20    | 08:19 |
| 22 | 924 | Isabel Fernandes                       | TEAM RUNNERS                      | Senior Feminino | 01:49:13 | +53:32    | 08:24 |
| 23 | 692 | Sara Miguel Coelho Gomes               | Individual                        | Senior Feminino | 01:50:19 | +54:38    | 08:29 |
| 24 | 893 | Diana Sofia Matins Pais                | Os Vila Maiores                   | Senior Feminino | 01:52:43 | +57:02    | 08:40 |
| 25 | 674 | Carla Andreia Neves Pereira de Almeida | Individual                        | Senior Feminino | 01:53:20 | +57:39    | 08:43 |
| 26 | 565 | Rafaela Oliveira                       | Atletas da preguiça               | Senior Feminino | 01:53:24 | +57:43    | 08:43 |
| 27 | 682 | Jéssica Fonte                          | Individual                        | Senior Feminino | 01:54:04 | +58:23    | 08:46 |
| 28 | 616 | Rita Sousa                             | CMMC VALE DE CAMBRA               | Senior Feminino | 01:54:19 | +58:38    | 08:48 |
| 29 | 673 | Anna Sellani                           | Individual                        | Senior Feminino | 02:00:03 | +01:04:22 | 09:14 |
| 30 | 690 | Marta Nicolau                          | Individual                        | Senior Feminino | 02:00:03 | +01:04:22 | 09:14 |
| 31 | 542 | Vânia Moreira                          | Amigos 100 Limites                | Senior Feminino | 02:02:31 | +01:06:50 | 09:25 |
| 32 | 881 | Ana Catarina Lei                       | Miles&Vibes                       | Senior Feminino | 02:06:23 | +01:10:42 | 09:43 |
| 33 | 164 | Rafaela Gonçalves                      | Baze & Vibes                      | Senior Feminino | 02:06:28 | +01:10:47 | 09:44 |
| 34 | 681 | Gabriela Silva                         | Individual                        | Senior Feminino | 02:06:28 | +01:10:47 | 09:44 |
| 35 | 667 | Ana Brás                               | Individual                        | Senior Feminino | 02:07:05 | +01:11:24 | 09:47 |
| 36 | 883 | Carolina Tavares                       | Miles&Vibes                       | Senior Feminino | 02:08:03 | +01:12:22 | 09:51 |
| 37 | 882 | Beatriz Reis Cardoso                   | Miles&Vibes                       | Senior Feminino | 02:08:05 | +01:12:24 | 09:51 |
| 38 | 683 | Joana Fernandes                        | Individual                        | Senior Feminino | 02:10:18 | +01:14:37 | 10:01 |
| 39 | 531 | Sara Pereira                           | ADC Santa Isabel                  | Senior Feminino | 02:10:45 | +01:15:04 | 10:03 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 9 | generate 19-Apr-2025 22:28 |
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**13KM**

**13 KM**

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## OFFICIAL RESULT

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|    |     |                                   |                    |                 |          |           |       |
|----|-----|-----------------------------------|--------------------|-----------------|----------|-----------|-------|
| 40 | 675 | Catarina Maia                     | Individual         | Senior Feminino | 02:13:16 | +01:17:35 | 10:15 |
| 41 | 669 | Ana Filipa Gomes Sousa            | Individual         | Senior Feminino | 02:15:13 | +01:19:32 | 10:24 |
| 42 | 575 | Diana Cardoso                     | Baixo Vouga team   | Senior Feminino | 02:31:22 | +01:35:41 | 11:39 |
| 43 | 541 | Rafaela Silva                     | Amigos 100 Limites | Senior Feminino | 02:34:47 | +01:39:06 | 11:54 |
| 44 | 696 | Vânia Neves                       | Individual         | Senior Feminino | 02:38:56 | +01:43:15 | 12:14 |
| 45 | 676 | Diana Marques                     | Individual         | Senior Feminino | 02:45:03 | +01:49:22 | 12:42 |
| 46 | 689 | Marisa Vilar                      | Individual         | Senior Feminino | 02:45:03 | +01:49:22 | 12:42 |
| 47 | 694 | Susana Martins                    | Individual         | Senior Feminino | 02:45:08 | +01:49:27 | 12:42 |
| 48 | 641 | Sofia Neves                       | Geocrosstrail      | Senior Feminino | 02:46:38 | +01:50:57 | 12:49 |
| 49 | 566 | Alexandra Catarina Neves Pinheiro | B.V.Lourosa        | Senior Feminino | 02:56:56 | +02:01:15 | 13:37 |
| 50 | 567 | Cláudia Filipa Ribeiro da Silva   | B.V.Lourosa        | Senior Feminino | 02:56:56 | +02:01:15 | 13:37 |
| 51 | 568 | Soraia Maria Da Costa Silva       | B.V.Lourosa        | Senior Feminino | 02:56:58 | +02:01:17 | 13:37 |

## Senior Masculino

|    |     |                                       |                           |                  |          |              |
|----|-----|---------------------------------------|---------------------------|------------------|----------|--------------|
| 1  | 936 | Francisco pereira                     | Individual                | Senior Masculino | 55:41    | 04:17        |
| 2  | 614 | Marco Oliveira                        | Clube Desportivo Feirense | Senior Masculino | 01:00:50 | +05:09 04:41 |
| 3  | 7   | Fábio Fernandes correia               | Individual                | Senior Masculino | 01:02:31 | +06:50 04:49 |
| 4  | 715 | Fabio Costa                           | Individual                | Senior Masculino | 01:04:03 | +08:22 04:56 |
| 5  | 586 | Rui Teixeira                          | Bravos e Bravitas         | Senior Masculino | 01:05:52 | +10:11 05:04 |
| 6  | 885 | Fábio Almeida                         | Night Runners Feira       | Senior Masculino | 01:06:36 | +10:55 05:07 |
| 7  | 875 | Pedro Matos                           | Lourosa em Movimento      | Senior Masculino | 01:09:44 | +14:03 05:22 |
| 8  | 916 | Tiago Santos                          | Sapatilhas verdes         | Senior Masculino | 01:09:56 | +14:14 05:23 |
| 9  | 736 | Miguel Tavares                        | Individual                | Senior Masculino | 01:11:23 | +15:42 05:29 |
| 10 | 585 | Fábio Pereira                         | Bravos e Bravitas         | Senior Masculino | 01:11:24 | +15:43 05:30 |
| 11 | 699 | André Oliveira                        | Individual                | Senior Masculino | 01:11:36 | +15:55 05:30 |
| 12 | 610 | Marco Barbosa                         | Clube de Ancas            | Senior Masculino | 01:12:31 | +16:50 05:35 |
| 13 | 925 | Pedro Guimarães                       | Trail Snakes Team         | Senior Masculino | 01:12:44 | +17:03 05:36 |
| 14 | 750 | Roberto Bastos                        | Individual                | Senior Masculino | 01:13:03 | +17:22 05:37 |
| 15 | 549 | Helder Faria                          | Arrifana Running          | Senior Masculino | 01:13:28 | +17:47 05:39 |
| 16 | 718 | Firmino Miguel                        | Individual                | Senior Masculino | 01:13:58 | +18:17 05:41 |
| 17 | 655 | FABIO VENTURA                         | Guisande Trail Running    | Senior Masculino | 01:15:40 | +19:59 05:49 |
| 18 | 698 | Andre Meireles                        | Individual                | Senior Masculino | 01:16:30 | +20:49 05:53 |
| 19 | 753 | Samuel Estrela                        | Individual                | Senior Masculino | 01:17:11 | +21:30 05:56 |
| 20 | 527 | Andre Soares                          | 2Brothers Team            | Senior Masculino | 01:18:00 | +22:19 06:00 |
| 21 | 755 | Tiago Cruz                            | Individual                | Senior Masculino | 01:18:03 | +22:22 06:00 |
| 22 | 717 | Fernando Resende                      | Individual                | Senior Masculino | 01:18:12 | +22:31 06:01 |
| 23 | 701 | Bruno Fileno                          | Individual                | Senior Masculino | 01:18:44 | +23:03 06:03 |
| 24 | 551 | Tiago Gonçalves                       | Arrifana Running          | Senior Masculino | 01:19:15 | +23:34 06:06 |
| 25 | 572 | Victor Manuel Dos Santos Silva        | B.V.Lourosa               | Senior Masculino | 01:19:23 | +23:42 06:06 |
| 26 | 509 | Tiago Daniel Oliveira Pereira         | Individual                | Senior Masculino | 01:20:23 | +24:42 06:11 |
| 27 | 735 | Mário Bernardino Vendas Sá Figueiredo | Individual                | Senior Masculino | 01:20:37 | +24:56 06:12 |
| 28 | 636 | Helder Robalinho                      | G.D.A Ronda               | Senior Masculino | 01:23:52 | +28:11 06:27 |
| 29 | 751 | Rúben Pinho                           | Individual                | Senior Masculino | 01:24:02 | +28:21 06:28 |
| 30 | 756 | Tiago Gaspar                          | Individual                | Senior Masculino | 01:24:37 | +28:56 06:31 |

**13KM**

**13 KM**

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## OFFICIAL RESULT

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|    |     |                                      |                                               |                  |          |        |       |
|----|-----|--------------------------------------|-----------------------------------------------|------------------|----------|--------|-------|
| 31 | 713 | Diogo Tavares                        | Individual                                    | Senior Masculino | 01:24:38 | +28:57 | 06:31 |
| 32 | 752 | Rúben Silva                          | Individual                                    | Senior Masculino | 01:24:48 | +29:07 | 06:31 |
| 33 | 704 | Carlos Simões                        | Individual                                    | Senior Masculino | 01:25:33 | +29:52 | 06:35 |
| 34 | 700 | Andrés Yepes                         | Individual                                    | Senior Masculino | 01:25:44 | +30:03 | 06:36 |
| 35 | 722 | Gonalo Ferreira                     | Individual                                    | Senior Masculino | 01:26:35 | +30:54 | 06:40 |
| 36 | 550 | Paulo Candeias                       | Arrifana Running                              | Senior Masculino | 01:27:24 | +31:43 | 06:43 |
| 37 | 711 | Daniel Silva                         | Individual                                    | Senior Masculino | 01:27:24 | +31:43 | 06:43 |
| 38 | 697 | Alexandre Peixoto                    | Individual                                    | Senior Masculino | 01:27:43 | +32:02 | 06:45 |
| 39 | 595 | Joo Pissarra                        | C <sup>3</sup> (Clube de Corrida do Cocoludo) | Senior Masculino | 01:29:07 | +33:26 | 06:51 |
| 40 | 748 | Ricardo Jos da Silva Costa          | Individual                                    | Senior Masculino | 01:30:03 | +34:22 | 06:56 |
| 41 | 874 | Michelangelo Lopes                   | Lourosa em Movimento                          | Senior Masculino | 01:30:11 | +34:30 | 06:56 |
| 42 | 81  | Luis Marques                         | Individual                                    | Senior Masculino | 01:30:26 | +34:45 | 06:57 |
| 43 | 721 | Francisco Xavier Pinto Cardoso       | Individual                                    | Senior Masculino | 01:30:34 | +34:53 | 06:58 |
| 44 | 609 | Hugo Seabra                          | Clube de Ancas                                | Senior Masculino | 01:30:58 | +35:17 | 07:00 |
| 45 | 763 | Xavier Alves Paiva                   | Individual                                    | Senior Masculino | 01:31:11 | +35:30 | 07:01 |
| 46 | 709 | Daniel Pimentel                      | Individual                                    | Senior Masculino | 01:31:35 | +35:54 | 07:03 |
| 47 | 707 | Daniel Pedrosa                       | Individual                                    | Senior Masculino | 01:32:06 | +36:25 | 07:05 |
| 48 | 762 | Vitor Sousa                          | Individual                                    | Senior Masculino | 01:32:12 | +36:31 | 07:06 |
| 49 | 914 | Daniel Serralva                      | Running Mozelos                               | Senior Masculino | 01:32:16 | +36:35 | 07:06 |
| 50 | 926 | David Leite                          | Traquinas do Conga                            | Senior Masculino | 01:32:25 | +36:44 | 07:07 |
| 51 | 739 | Nuno Reis                            | Individual                                    | Senior Masculino | 01:32:44 | +37:03 | 07:08 |
| 52 | 733 | Luis Pereira                         | Individual                                    | Senior Masculino | 01:33:35 | +37:54 | 07:12 |
| 53 | 11  | Vitor Almeida                        | CMSMF                                         | Senior Masculino | 01:33:42 | +38:01 | 07:12 |
| 54 | 754 | Srgio Silva                         | Individual                                    | Senior Masculino | 01:34:11 | +38:30 | 07:15 |
| 55 | 742 | Pedro Rocha                          | Individual                                    | Senior Masculino | 01:34:12 | +38:31 | 07:15 |
| 56 | 723 | Gonalo Santos                       | Individual                                    | Senior Masculino | 01:34:38 | +38:57 | 07:17 |
| 57 | 761 | Vitor Miguel                         | Individual                                    | Senior Masculino | 01:34:49 | +39:08 | 07:18 |
| 58 | 651 | Carlos Dias                          | GranjaDias                                    | Senior Masculino | 01:34:55 | +39:14 | 07:18 |
| 59 | 747 | Ricardo Jorge Martins                | Individual                                    | Senior Masculino | 01:36:31 | +40:50 | 07:25 |
| 60 | 749 | Ricardo Marques                      | Individual                                    | Senior Masculino | 01:36:33 | +40:52 | 07:26 |
| 61 | 611 | Nico Elkan                           | Clube de Ancas                                | Senior Masculino | 01:36:49 | +41:08 | 07:27 |
| 62 | 712 | Diogo Oliveira                       | Individual                                    | Senior Masculino | 01:39:59 | +44:18 | 07:41 |
| 63 | 757 | Tiago Lopes                          | Individual                                    | Senior Masculino | 01:40:07 | +44:26 | 07:42 |
| 64 | 643 | Enrique Oliveira                     | Geocrosstrail                                 | Senior Masculino | 01:40:39 | +44:58 | 07:45 |
| 65 | 745 | Renato Rodrigues                     | Individual                                    | Senior Masculino | 01:40:39 | +44:58 | 07:45 |
| 66 | 724 | Henrique Augusto Saraiva Barbosa     | Individual                                    | Senior Masculino | 01:41:08 | +45:27 | 07:47 |
| 67 | 597 | Pedro Seabra                         | C <sup>3</sup> (Clube de Corrida do Cocoludo) | Senior Masculino | 01:41:25 | +45:44 | 07:48 |
| 68 | 706 | Daniel Lara                          | Individual                                    | Senior Masculino | 01:41:45 | +46:04 | 07:50 |
| 69 | 758 | Toms Maria Ramalho Martinho         | Individual                                    | Senior Masculino | 01:41:47 | +46:06 | 07:50 |
| 70 | 746 | Ricardo David Tavares Almeida        | Individual                                    | Senior Masculino | 01:42:02 | +46:21 | 07:51 |
| 71 | 727 | Joo Queirs                         | Individual                                    | Senior Masculino | 01:42:43 | +47:02 | 07:54 |
| 72 | 569 | Antonio Joaquim Pereira Alves Soares | B.V.Lourosa                                   | Senior Masculino | 01:42:53 | +47:12 | 07:55 |
| 73 | 596 | Maximino Canhola                     | C <sup>3</sup> (Clube de Corrida do Cocoludo) | Senior Masculino | 01:43:58 | +48:17 | 08:00 |
| 74 | 728 | Jos Alisson                         | Individual                                    | Senior Masculino | 01:44:38 | +48:57 | 08:03 |
| 75 | 545 | Andres Ferreira                      | Amigos do trail OAZ                           | Senior Masculino | 01:44:39 | +48:58 | 08:03 |
| 76 | 507 | Lus Carlos Pereira Pinto            | Individual                                    | Senior Masculino | 01:44:58 | +49:17 | 08:04 |

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| Official Timekeeper: Lap2Go | 3 / 9 | generate 19-Apr-2025 22:28 |
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**13KM**

**13 KM**

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## OFFICIAL RESULT

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|     |     |                                                   |                        |                  |          |           |       |
|-----|-----|---------------------------------------------------|------------------------|------------------|----------|-----------|-------|
| 77  | 608 | Goncalo Correia                                   | Clube de Ancas         | Senior Masculino | 01:45:24 | +49:43    | 08:06 |
| 78  | 729 | Jose Seabra                                       | Individual             | Senior Masculino | 01:45:42 | +50:01    | 08:08 |
| 79  | 876 | Ruben Silva                                       | Lourosa em Movimento   | Senior Masculino | 01:45:48 | +50:07    | 08:08 |
| 80  | 634 | Tiago Fidalgo                                     | Elite Aradense         | Senior Masculino | 01:47:53 | +52:12    | 08:18 |
| 81  | 633 | Joel António Santos Magina                        | Elite Aradense         | Senior Masculino | 01:47:54 | +52:13    | 08:18 |
| 82  | 632 | Emanuel Silva Reis                                | Elite Aradense         | Senior Masculino | 01:47:55 | +52:14    | 08:18 |
| 83  | 741 | Pedro Ferreira                                    | Individual             | Senior Masculino | 01:48:11 | +52:30    | 08:19 |
| 84  | 630 | Maayan Goren                                      | Dotan Goren            | Senior Masculino | 01:49:02 | +53:21    | 08:23 |
| 85  | 571 | Márcio Filipe da Silva Cardoso                    | B.V.Lourosa            | Senior Masculino | 01:49:16 | +53:35    | 08:24 |
| 86  | 573 | Xavier Alexandre Soares Silva                     | B.V.Lourosa            | Senior Masculino | 01:49:16 | +53:35    | 08:24 |
| 87  | 657 | José Teixeira                                     | Guisande Trail Running | Senior Masculino | 01:49:52 | +54:11    | 08:27 |
| 88  | 642 | Bruno Araújo                                      | Geocrosstrail          | Senior Masculino | 01:51:19 | +55:38    | 08:34 |
| 89  | 716 | Fernando Manuel Pereira Bastos                    | Individual             | Senior Masculino | 01:53:21 | +57:40    | 08:43 |
| 90  | 719 | Francisco Manuel Teixeira Marques                 | Individual             | Senior Masculino | 01:53:59 | +58:18    | 08:46 |
| 91  | 656 | Jorge Alvarenga                                   | Guisande Trail Running | Senior Masculino | 01:54:30 | +58:49    | 08:48 |
| 92  | 654 | Eduardo Sequeira                                  | Guisande Trail Running | Senior Masculino | 01:54:31 | +58:50    | 08:49 |
| 93  | 544 | Andre Mesquita                                    | Amigos do trail OAZ    | Senior Masculino | 01:54:49 | +59:08    | 08:50 |
| 94  | 714 | Eduardo Bastos                                    | Individual             | Senior Masculino | 01:55:57 | +01:00:16 | 08:55 |
| 95  | 920 | Leonel Dias                                       | Sentir Escariz Running | Senior Masculino | 01:59:23 | +01:03:42 | 09:11 |
| 96  | 508 | Luís Cunha                                        | Individual             | Senior Masculino | 01:59:26 | +01:03:45 | 09:11 |
| 97  | 607 | André Catalão                                     | Clube de Ancas         | Senior Masculino | 02:03:15 | +01:07:34 | 09:29 |
| 98  | 730 | Leonardo Alexandre Soares Rainha da Costa e Silva | Individual             | Senior Masculino | 02:04:03 | +01:08:22 | 09:33 |
| 99  | 702 | Bruno Filipe Azevedo Sousa                        | Individual             | Senior Masculino | 02:06:24 | +01:10:43 | 09:43 |
| 100 | 738 | Nuno Levi                                         | Individual             | Senior Masculino | 02:06:28 | +01:10:47 | 09:44 |
| 101 | 720 | Francisco Santos                                  | Individual             | Senior Masculino | 02:06:29 | +01:10:48 | 09:44 |
| 102 | 743 | Pedro Sousa Silva                                 | Individual             | Senior Masculino | 02:06:29 | +01:10:48 | 09:44 |
| 103 | 708 | Daniel Pereira Brás                               | Individual             | Senior Masculino | 02:07:06 | +01:11:25 | 09:47 |
| 104 | 648 | Vasco Sousa                                       | Glassdrive Sport       | Senior Masculino | 02:07:56 | +01:12:15 | 09:50 |
| 105 | 532 | Francisco Santos                                  | ADC Santa Isabel       | Senior Masculino | 02:10:45 | +01:15:04 | 10:03 |
| 106 | 576 | Loner tébus                                       | Baixo Vouga team       | Senior Masculino | 02:31:16 | +01:35:35 | 11:38 |
| 107 | 570 | João Carlos da Silva Cardoso                      | B.V.Lourosa            | Senior Masculino | 02:56:53 | +02:01:12 | 13:36 |

## Veterana F40

|    |     |                       |                        |              |          |        |       |
|----|-----|-----------------------|------------------------|--------------|----------|--------|-------|
| 1  | 511 | Tânia Mateus          | Individual             | Veterana F40 | 01:17:03 | +21:22 | 05:56 |
| 2  | 907 | Sara Mota             | Run & Fun              | Veterana F40 | 01:19:55 | +24:14 | 06:09 |
| 3  | 661 | SONIA ALMEIDA         | Guisande Trail Running | Veterana F40 | 01:24:20 | +28:39 | 06:29 |
| 4  | 621 | Patricia Soares       | CMMC VALE DE CAMBRA    | Veterana F40 | 01:24:32 | +28:51 | 06:30 |
| 5  | 553 | Sónia Vidal           | Arrifana Running       | Veterana F40 | 01:28:25 | +32:44 | 06:48 |
| 6  | 779 | Sandra Lage           | Boavista Trail         | Veterana F40 | 01:28:38 | +32:57 | 06:49 |
| 7  | 906 | Elsa Mota             | Run & Fun              | Veterana F40 | 01:28:45 | +33:04 | 06:50 |
| 8  | 785 | Vera Leite            | Individual             | Veterana F40 | 01:32:59 | +37:18 | 07:09 |
| 9  | 782 | Sofia Ferreira        | Individual             | Veterana F40 | 01:33:04 | +37:23 | 07:10 |
| 10 | 533 | Liliana Mota          | ADC Santa Isabel       | Veterana F40 | 01:33:44 | +38:03 | 07:13 |
| 11 | 766 | Daniela Caetano de Sá | Individual             | Veterana F40 | 01:33:50 | +38:09 | 07:13 |

**13KM**

[illegible]

**13 KM**

## OFFICIAL RESULT

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|    |     |                                      |                        |              |          |           |       |
|----|-----|--------------------------------------|------------------------|--------------|----------|-----------|-------|
| 12 | 780 | Sara Soares                          | Individual             | Veterana F40 | 01:34:22 | +38:41    | 07:16 |
| 13 | 618 | Fátima Relvas                        | CMMC VALE DE CAMBRA    | Veterana F40 | 01:36:20 | +40:39    | 07:25 |
| 14 | 771 | Helena Pires                         | Individual             | Veterana F40 | 01:39:59 | +44:18    | 07:41 |
| 15 | 774 | Márcia da Silva Nunes                | Individual             | Veterana F40 | 01:42:16 | +46:35    | 07:52 |
| 16 | 552 | Sandra Gomes                         | Arrifana Running       | Veterana F40 | 01:48:23 | +52:42    | 08:20 |
| 17 | 778 | Mónica Godinho                       | Individual             | Veterana F40 | 01:48:58 | +53:17    | 08:23 |
| 18 | 659 | PATRICIA ALMEIDA                     | Guisande Trail Running | Veterana F40 | 01:49:51 | +54:10    | 08:27 |
| 19 | 526 | Gisela Faria                         | TEAM RUNNERS           | Veterana F40 | 01:51:23 | +55:42    | 08:34 |
| 20 | 660 | SANDRA MATOS                         | Guisande Trail Running | Veterana F40 | 01:52:03 | +56:22    | 08:37 |
| 21 | 620 | Joana Pinho                          | CMMC VALE DE CAMBRA    | Veterana F40 | 01:54:17 | +58:36    | 08:47 |
| 22 | 622 | Paula Rodrigues                      | CMMC VALE DE CAMBRA    | Veterana F40 | 01:54:17 | +58:36    | 08:47 |
| 23 | 510 | Luzia de Fátima Ferreira Dias Soares | Individual             | Veterana F40 | 01:55:26 | +59:45    | 08:53 |
| 24 | 163 | Ana sousa                            | Baixo Vouga team       | Veterana F40 | 01:56:30 | +01:00:49 | 08:58 |
| 25 | 770 | Gisela De Sousa Ferreira Avelar      | Individual             | Veterana F40 | 02:03:27 | +01:07:46 | 09:30 |
| 26 | 769 | Eva Luciana Ferreira Alves           | Individual             | Veterana F40 | 02:04:37 | +01:08:56 | 09:35 |
| 27 | 783 | sonia Luísa Ferreira da Costa        | Individual             | Veterana F40 | 02:10:15 | +01:14:34 | 10:01 |
| 28 | 781 | Sílvia Teixeira Rodrigues            | Individual             | Veterana F40 | 02:10:16 | +01:14:35 | 10:01 |
| 29 | 619 | Fernanda Almeida                     | CMMC VALE DE CAMBRA    | Veterana F40 | 02:10:31 | +01:14:50 | 10:02 |
| 30 | 768 | Elisabete Cunha                      | Individual             | Veterana F40 | 02:10:55 | +01:15:14 | 10:04 |
| 31 | 140 | Zina Maria Dias Pedro Fernandes      | OPraticante.PT         | Veterana F40 | 02:14:33 | +01:18:52 | 10:21 |
| 32 | 765 | Cristina Gonçalves                   | Individual             | Veterana F40 | 02:21:10 | +01:25:29 | 10:52 |
| 33 | 784 | Vera costa                           | Individual             | Veterana F40 | 02:24:26 | +01:28:45 | 11:07 |
| 34 | 577 | Carla Marçalo                        | Baixo Vouga team       | Veterana F40 | 02:31:24 | +01:35:43 | 11:39 |
| 35 | 894 | Priscilla da Costa da Silva          | Os Vila Maiores        | Veterana F40 | 02:34:08 | +01:38:27 | 11:51 |
| 36 | 645 | Vania santos                         | Geocrosstrail          | Veterana F40 | 02:46:36 | +01:50:55 | 12:49 |

## Veterana F50

|    |     |                                        |                                 |              |          |           |       |
|----|-----|----------------------------------------|---------------------------------|--------------|----------|-----------|-------|
| 1  | 6   | Mónica Oliveira                        | Clube Desportivo Feirense       | Veterana F50 | 01:10:41 | +15:00    | 05:26 |
| 2  | 910 | Teresa Paiva                           | Run For Fun Laranjinhas         | Veterana F50 | 01:28:19 | +32:38    | 06:48 |
| 3  | 886 | Carla Cardoso                          | Night Runners Feira             | Veterana F50 | 01:31:13 | +35:32    | 07:01 |
| 4  | 537 | Rosa Saldanha                          | AMA associação mondim atletismo | Veterana F50 | 01:40:38 | +44:57    | 07:44 |
| 5  | 791 | Lucia Santos                           | Individual                      | Veterana F50 | 01:44:31 | +48:50    | 08:02 |
| 6  | 555 | Susana Gomes                           | Arrifana Running                | Veterana F50 | 01:48:23 | +52:42    | 08:20 |
| 7  | 8   | Paula Martins                          | Arrifana Running                | Veterana F50 | 01:50:44 | +55:03    | 08:31 |
| 8  | 579 | Fátima Vaz                             | Baixo Vouga team                | Veterana F50 | 01:51:34 | +55:53    | 08:35 |
| 9  | 795 | Rosa Santos                            | Individual                      | Veterana F50 | 01:54:46 | +59:05    | 08:50 |
| 10 | 789 | Claudia cristina S. A. Campos          | Individual                      | Veterana F50 | 01:54:56 | +59:15    | 08:50 |
| 11 | 794 | RAQUEL BRITO                           | Individual                      | Veterana F50 | 02:00:32 | +01:04:51 | 09:16 |
| 12 | 787 | Ana Ribeiro                            | Individual                      | Veterana F50 | 02:03:27 | +01:07:46 | 09:30 |
| 13 | 917 | Angela Maria Tavares Teixeira da rocha | Sapatilhas verdes               | Veterana F50 | 02:04:37 | +01:08:56 | 09:35 |
| 14 | 918 | Laura Gomes                            | Sapatilhas verdes               | Veterana F50 | 02:04:38 | +01:08:57 | 09:35 |
| 15 | 554 | Lurdes Fernandes                       | Arrifana Running                | Veterana F50 | 02:18:03 | +01:22:22 | 10:37 |
| 16 | 578 | Cláudia Marçalo                        | Baixo Vouga team                | Veterana F50 | 02:31:16 | +01:35:35 | 11:38 |



**13 KM**

## OFFICIAL RESULT

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|   |     |                        |                    |              |          |           |       |
|---|-----|------------------------|--------------------|--------------|----------|-----------|-------|
| 1 | 543 | Paula Moreira          | Amigos 100 Limites | Veterana F60 | 02:00:46 | +01:05:05 | 09:17 |
| 2 | 895 | Catarina Lopes Marques | Os Vila Maiores    | Veterana F60 | 02:28:06 | +01:32:25 | 11:24 |

|    |     |                             |                             |              |          |        |       |
|----|-----|-----------------------------|-----------------------------|--------------|----------|--------|-------|
| 1  | 3   | Paulo Pereira               | NS Trail Team               | Veterano M40 | 55:51    | +00:10 | 04:18 |
| 2  | 888 | André Silva                 | NS Trail Team               | Veterano M40 | 57:30    | +01:49 | 04:25 |
| 3  | 587 | Bruno Silva                 | Bravos e Bravitas           | Veterano M40 | 57:31    | +01:50 | 04:25 |
| 4  | 615 | António Assunção            | Clube Desportivo Feirense   | Veterano M40 | 58:22    | +02:41 | 04:29 |
| 5  | 639 | Hugo Ferreira               | G.D.A Ronda                 | Veterano M40 | 01:00:40 | +04:59 | 04:40 |
| 6  | 637 | André Melo                  | G.D.A Ronda                 | Veterano M40 | 01:02:13 | +06:32 | 04:47 |
| 7  | 512 | bruno lima                  | Individual                  | Veterano M40 | 01:02:19 | +06:38 | 04:48 |
| 8  | 638 | Hugo Daniel                 | G.D.A Ronda                 | Veterano M40 | 01:02:31 | +06:50 | 04:49 |
| 9  | 652 | Hugo Horta                  | Grupo Alegre Unido Bajouca  | Veterano M40 | 01:03:13 | +07:32 | 04:52 |
| 10 | 801 | António José Jesus Nogueira | Individual                  | Veterano M40 | 01:04:05 | +08:24 | 04:56 |
| 11 | 799 | Antonio Cristóvão           | Individual                  | Veterano M40 | 01:04:14 | +08:33 | 04:56 |
| 12 | 921 | Nuno Santos                 | Sentir Escariz Running      | Veterano M40 | 01:04:54 | +09:13 | 05:00 |
| 13 | 842 | Williams Rodriguez          | Individual                  | Veterano M40 | 01:04:58 | +09:17 | 05:00 |
| 14 | 871 | gilberto costa              | Javalis100limites           | Veterano M40 | 01:07:54 | +12:13 | 05:13 |
| 15 | 169 | Paulo Oliveira              | Clube Desportivo Feirense   | Veterano M40 | 01:08:00 | +12:19 | 05:14 |
| 16 | 877 | Ricardo Moreira             | Lourosa em Movimento        | Veterano M40 | 01:08:32 | +12:51 | 05:16 |
| 17 | 922 | Paulo Sérgio Silva Gomes    | Sentir Escariz Running      | Veterano M40 | 01:09:38 | +13:57 | 05:21 |
| 18 | 935 | Manuel Miguéis              | V.C BiKE                    | Veterano M40 | 01:09:39 | +13:58 | 05:21 |
| 19 | 809 | Filipe Marques              | Individual                  | Veterano M40 | 01:09:45 | +14:04 | 05:22 |
| 20 | 878 | João Santos                 | Lourosa em Movimento        | Veterano M40 | 01:09:54 | +14:13 | 05:23 |
| 21 | 913 | Serafim Pereira da Rocha    | Runners do Rêgo             | Veterano M40 | 01:09:59 | +14:18 | 05:23 |
| 22 | 664 | PEDRO LOPES                 | Guisande Trail Running      | Veterano M40 | 01:10:06 | +14:25 | 05:24 |
| 23 | 810 | Filipe Silva                | Individual                  | Veterano M40 | 01:10:34 | +14:53 | 05:26 |
| 24 | 822 | Nuno Costa                  | Individual                  | Veterano M40 | 01:10:43 | +15:02 | 05:26 |
| 25 | 600 | Raphael Leite               | Bravos e Bravitas           | Veterano M40 | 01:10:51 | +15:10 | 05:27 |
| 26 | 589 | Sérgio Costa                | Bravos e Bravitas           | Veterano M40 | 01:11:36 | +15:55 | 05:30 |
| 27 | 911 | Bruno Albergaria            | Run For Fun Laranjinhas     | Veterano M40 | 01:12:19 | +16:38 | 05:34 |
| 28 | 517 | Vasco Azenha                | Individual                  | Veterano M40 | 01:12:23 | +16:42 | 05:34 |
| 29 | 534 | Bruno Pereira               | ADC Santa Isabel            | Veterano M40 | 01:16:13 | +20:32 | 05:52 |
| 30 | 827 | Pedro Delgado Paiva         | Individual                  | Veterano M40 | 01:16:38 | +20:57 | 05:54 |
| 31 | 588 | Hugo Teixeira               | Bravos e Bravitas           | Veterano M40 | 01:17:00 | +21:19 | 05:55 |
| 32 | 879 | Manuel Silva                | Lourosa em Movimento        | Veterano M40 | 01:17:29 | +21:48 | 05:58 |
| 33 | 833 | Rui Albino                  | Individual                  | Veterano M40 | 01:18:03 | +22:22 | 06:00 |
| 34 | 804 | Daniel Silva                | Individual                  | Veterano M40 | 01:19:17 | +23:36 | 06:06 |
| 35 | 530 | Pedro Vieira                | A.D. Amarante Trail Running | Veterano M40 | 01:19:45 | +24:04 | 06:08 |
| 36 | 869 | Paulo Nobre                 | Inquipa                     | Veterano M40 | 01:19:49 | +24:08 | 06:08 |
| 37 | 868 | Diogo Aguiar                | Inquipa                     | Veterano M40 | 01:19:50 | +24:09 | 06:08 |
| 38 | 823 | Nuno Santos                 | Individual                  | Veterano M40 | 01:20:04 | +24:23 | 06:10 |
| 39 | 898 | Luis Gomes                  | Pastello Runners            | Veterano M40 | 01:20:30 | +24:49 | 06:12 |

**13KM**

**13 KM**

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## OFFICIAL RESULT

[illegible]

|    |     |                                |                        |              |          |           |       |
|----|-----|--------------------------------|------------------------|--------------|----------|-----------|-------|
| 40 | 836 | Samuel Rebelo                  | Individual             | Veterano M40 | 01:22:19 | +26:38    | 06:20 |
| 41 | 824 | Paulo martins                  | Individual             | Veterano M40 | 01:24:46 | +29:05    | 06:31 |
| 42 | 798 | Américo da Silva Bessa         | Individual             | Veterano M40 | 01:24:48 | +29:07    | 06:31 |
| 43 | 811 | Filipe Soares                  | Individual             | Veterano M40 | 01:24:54 | +29:13    | 06:32 |
| 44 | 514 | Paulo Cardoso                  | Individual             | Veterano M40 | 01:25:56 | +30:15    | 06:37 |
| 45 | 821 | Mário Pereira                  | Individual             | Veterano M40 | 01:26:27 | +30:46    | 06:39 |
| 46 | 831 | Ricardo Bastos                 | Individual             | Veterano M40 | 01:31:41 | +36:00    | 07:03 |
| 47 | 624 | Ricardo Almeida                | CMMC VALE DE CAMBRA    | Veterano M40 | 01:32:19 | +36:38    | 07:06 |
| 48 | 635 | João Almeida                   | Estronca Silvas        | Veterano M40 | 01:33:01 | +37:20    | 07:09 |
| 49 | 662 | Carlos Costa                   | Guisande Trail Running | Veterano M40 | 01:33:23 | +37:42    | 07:11 |
| 50 | 834 | Rui Azenha                     | Individual             | Veterano M40 | 01:34:20 | +38:39    | 07:15 |
| 51 | 802 | Carlos Ferreira                | Individual             | Veterano M40 | 01:34:24 | +38:43    | 07:16 |
| 52 | 819 | Marco Paiva                    | Individual             | Veterano M40 | 01:35:10 | +39:29    | 07:19 |
| 53 | 528 | Pedro Soare                    | 2Brothers Team         | Veterano M40 | 01:35:11 | +39:30    | 07:19 |
| 54 | 546 | Filipe Rodrigues               | Amigos do trail OAZ    | Veterano M40 | 01:35:25 | +39:44    | 07:20 |
| 55 | 807 | Fernando Manuel Maia de Castro | Individual             | Veterano M40 | 01:35:32 | +39:51    | 07:21 |
| 56 | 899 | Bruno Guedes                   | Porto Sentido Runners  | Veterano M40 | 01:35:53 | +40:12    | 07:23 |
| 57 | 806 | Fausto Emanuel Forte dos Reis  | Individual             | Veterano M40 | 01:36:32 | +40:51    | 07:26 |
| 58 | 803 | Carlos Pinto                   | Individual             | Veterano M40 | 01:40:36 | +44:55    | 07:44 |
| 59 | 516 | Ricardo Martins Ascensão       | Individual             | Veterano M40 | 01:40:38 | +44:57    | 07:44 |
| 60 | 515 | Pedro Fernandes                | Individual             | Veterano M40 | 01:40:47 | +45:06    | 07:45 |
| 61 | 830 | Pedro Silva                    | Individual             | Veterano M40 | 01:42:17 | +46:36    | 07:52 |
| 62 | 61  | PAULO JESUS                    | Guisande Trail Running | Veterano M40 | 01:43:44 | +48:03    | 07:59 |
| 63 | 814 | Hélder Pereira                 | Individual             | Veterano M40 | 01:44:32 | +48:51    | 08:02 |
| 64 | 503 | César Fernandes                | Apúlia a Correr        | Veterano M40 | 01:47:02 | +51:21    | 08:14 |
| 65 | 825 | Paulo Pádua                    | Individual             | Veterano M40 | 01:47:19 | +51:38    | 08:15 |
| 66 | 829 | Pedro Santos                   | Individual             | Veterano M40 | 01:47:19 | +51:38    | 08:15 |
| 67 | 896 | Daniel Sanchez                 | Outlaw Runners         | Veterano M40 | 01:47:30 | +51:49    | 08:16 |
| 68 | 839 | Sérgio Valente                 | Individual             | Veterano M40 | 01:49:01 | +53:20    | 08:23 |
| 69 | 631 | DOTAN GOREN                    | Dotan Goren            | Veterano M40 | 01:49:08 | +53:27    | 08:24 |
| 70 | 646 | Domingos Ventura               | Geocrosstrail          | Veterano M40 | 01:51:20 | +55:39    | 08:34 |
| 71 | 832 | Rogério silva                  | Individual             | Veterano M40 | 01:54:37 | +58:56    | 08:49 |
| 72 | 838 | Sérgio Moreira                 | Individual             | Veterano M40 | 01:56:30 | +01:00:49 | 08:58 |
| 73 | 815 | Hélio Paulino                  | Individual             | Veterano M40 | 01:56:30 | +01:00:49 | 08:58 |
| 74 | 574 | Rui Fernando Sousa Vieira      | B.V.Lourosa            | Veterano M40 | 01:59:13 | +01:03:32 | 09:10 |
| 75 | 835 | Rui Ferreira                   | Individual             | Veterano M40 | 01:59:13 | +01:03:32 | 09:10 |
| 76 | 174 | Hugo Soares                    | Individual             | Veterano M40 | 02:00:32 | +01:04:51 | 09:16 |
| 77 | 812 | Gil Fontes                     | Individual             | Veterano M40 | 02:01:22 | +01:05:41 | 09:20 |
| 78 | 647 | Miguel Mota                    | Geocrosstrail          | Veterano M40 | 02:03:37 | +01:07:56 | 09:31 |
| 79 | 837 | Sérgio Ferreira                | Individual             | Veterano M40 | 02:04:12 | +01:08:31 | 09:33 |
| 80 | 927 | Leonardo Santos                | Traquinas do Conga     | Veterano M40 | 02:06:10 | +01:10:29 | 09:42 |
| 81 | 649 | Quim zé                        | Glassdrive Sport       | Veterano M40 | 02:07:55 | +01:12:14 | 09:50 |
| 82 | 623 | Carlos Silva                   | CMMC VALE DE CAMBRA    | Veterano M40 | 02:10:31 | +01:14:50 | 10:02 |
| 83 | 828 | Pedro Oliveira                 | Individual             | Veterano M40 | 02:11:06 | +01:15:25 | 10:05 |
| 84 | 665 | PEDRO SANTOS                   | Guisande Trail Running | Veterano M40 | 02:13:17 | +01:17:36 | 10:15 |
| 85 | 666 | Ricardo Lopes                  | Guisande Trail Running | Veterano M40 | 02:13:18 | +01:17:37 | 10:15 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 7 / 9 | generate 19-Apr-2025 22:28 |
|-----------------------------|-------|----------------------------|

**13KM**

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |     |                   |                |              |          |           |       |
|----|-----|-------------------|----------------|--------------|----------|-----------|-------|
| 86 | 841 | Vitor Santos      | Individual     | Veterano M40 | 02:13:34 | +01:17:53 | 10:16 |
| 87 | 524 | Sterling Bolivar  | Outlaw Runners | Veterano M40 | 02:18:04 | +01:22:23 | 10:37 |
| 88 | 805 | Eduardo Guedes    | Individual     | Veterano M40 | 02:38:56 | +01:43:15 | 12:14 |
| 89 | 800 | António Gonçalves | Individual     | Veterano M40 | 02:45:08 | +01:49:27 | 12:42 |

## Veterano M50

|    |     |                                 |                                        |              |          |        |       |
|----|-----|---------------------------------|----------------------------------------|--------------|----------|--------|-------|
| 1  | 558 | Fernando Lima                   | Arrifana Running                       | Veterano M50 | 58:52    | +03:11 | 04:32 |
| 2  | 889 | António Nunes                   | NS Trail Team                          | Veterano M50 | 01:04:03 | +08:22 | 04:56 |
| 3  | 845 | António Fernandes               | Individual                             | Veterano M50 | 01:07:00 | +11:19 | 05:09 |
| 4  | 890 | José Tavares                    | NS Trail Team                          | Veterano M50 | 01:07:55 | +12:14 | 05:13 |
| 5  | 584 | Constantino Mota                | Brandoenses Running                    | Veterano M50 | 01:16:49 | +21:08 | 05:55 |
| 6  | 849 | Gabriel Rodrigues               | Individual                             | Veterano M50 | 01:16:59 | +21:18 | 05:55 |
| 7  | 930 | Luís Soeira                     | TrepaTrilhos Trail Team                | Veterano M50 | 01:17:17 | +21:36 | 05:57 |
| 8  | 559 | José Rodrigues                  | Arrifana Running                       | Veterano M50 | 01:17:30 | +21:49 | 05:58 |
| 9  | 872 | daniel gomes                    | Javalis100limites                      | Veterano M50 | 01:17:51 | +22:10 | 05:59 |
| 10 | 583 | Carlos Santos                   | Brandoenses Running                    | Veterano M50 | 01:20:17 | +24:36 | 06:11 |
| 11 | 933 | Armando Almeida                 | Twins & Friends                        | Veterano M50 | 01:20:23 | +24:42 | 06:11 |
| 12 | 601 | Armando Santos                  | Caldas de S.Jorge Sport Clube          | Veterano M50 | 01:23:53 | +28:12 | 06:27 |
| 13 | 851 | jose ferreira                   | Individual                             | Veterano M50 | 01:24:26 | +28:45 | 06:30 |
| 14 | 539 | Jorge Rodrigues                 | Ama(Dores) Trail Team/ACRU             | Veterano M50 | 01:24:35 | +28:54 | 06:30 |
| 15 | 858 | Pedro M. Perez Rollan           | Individual                             | Veterano M50 | 01:24:37 | +28:56 | 06:31 |
| 16 | 897 | Carlos Couto                    | Outlaw Runners                         | Veterano M50 | 01:24:45 | +29:04 | 06:31 |
| 17 | 854 | Manuel Ribeiro                  | Individual                             | Veterano M50 | 01:26:08 | +30:27 | 06:38 |
| 18 | 561 | Renato Tavares                  | Arrifana Running                       | Veterano M50 | 01:26:17 | +30:36 | 06:38 |
| 19 | 923 | Erasmó Alves                    | TAYLORS                                | Veterano M50 | 01:26:18 | +30:37 | 06:38 |
| 20 | 557 | António Silva                   | Arrifana Running                       | Veterano M50 | 01:26:30 | +30:49 | 06:39 |
| 21 | 861 | Vitor Santos                    | Individual                             | Veterano M50 | 01:27:44 | +32:03 | 06:45 |
| 22 | 850 | Helder Rodrigues                | Individual                             | Veterano M50 | 01:28:04 | +32:23 | 06:46 |
| 23 | 846 | António Silva                   | Individual                             | Veterano M50 | 01:28:07 | +32:26 | 06:47 |
| 24 | 857 | Paulo Moreira                   | Individual                             | Veterano M50 | 01:31:01 | +35:20 | 07:00 |
| 25 | 564 | José Sousa                      | Associação de atletismo Lebres do sado | Veterano M50 | 01:31:02 | +35:21 | 07:00 |
| 26 | 581 | Pedro Valença                   | Botão Camp                             | Veterano M50 | 01:31:41 | +36:00 | 07:03 |
| 27 | 599 | João Gomes                      | Bravos e Bravitas                      | Veterano M50 | 01:33:00 | +37:19 | 07:09 |
| 28 | 859 | Raul Silva                      | Individual                             | Veterano M50 | 01:33:24 | +37:43 | 07:11 |
| 29 | 847 | Carlos Augusto Martins da Silva | Individual                             | Veterano M50 | 01:33:43 | +38:02 | 07:13 |
| 30 | 880 | Jorge Oliveira                  | Lourosa em Movimento                   | Veterano M50 | 01:35:33 | +39:52 | 07:21 |
| 31 | 887 | Mário Costa Pereira             | Night Runners Feira                    | Veterano M50 | 01:36:20 | +40:39 | 07:25 |
| 32 | 855 | Miguel Mocho                    | Individual                             | Veterano M50 | 01:39:48 | +44:07 | 07:41 |
| 33 | 852 | José Matos                      | Boavista Trail                         | Veterano M50 | 01:40:47 | +45:06 | 07:45 |
| 34 | 560 | Paulo Fonseca                   | Arrifana Running                       | Veterano M50 | 01:41:26 | +45:45 | 07:48 |
| 35 | 856 | Paulo Lara                      | Boavista Trail                         | Veterano M50 | 01:41:43 | +46:02 | 07:49 |
| 36 | 519 | Carlos Barroso                  | Individual                             | Veterano M50 | 01:43:44 | +48:03 | 07:59 |
| 37 | 523 | Luís Miguel Vieira              | Novo Banco                             | Veterano M50 | 01:52:29 | +56:48 | 08:39 |
| 38 | 843 | Alcidio Figueiredo              | Individual                             | Veterano M50 | 01:54:08 | +58:27 | 08:47 |

**13KM**

**13 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |     |                    |                     |              |          |           |       |
|----|-----|--------------------|---------------------|--------------|----------|-----------|-------|
| 39 | 929 | Miguel Rodrigues   | Traquinas do Conga  | Veterano M50 | 01:55:49 | +01:00:08 | 08:55 |
| 40 | 625 | JOSE ALMEIDA       | CMMC VALE DE CAMBRA | Veterano M50 | 01:58:51 | +01:03:10 | 09:09 |
| 41 | 520 | Joaquim Pepe Roque | Individual          | Veterano M50 | 01:59:39 | +01:03:58 | 09:12 |
| 42 | 626 | Paulo Jorge Santos | CMMC VALE DE CAMBRA | Veterano M50 | 02:10:30 | +01:14:49 | 10:02 |
| 43 | 862 | Vitor Silva        | Individual          | Veterano M50 | 02:34:09 | +01:38:28 | 11:51 |

## Veterano M60

|    |     |                          |                               |              |          |           |       |
|----|-----|--------------------------|-------------------------------|--------------|----------|-----------|-------|
| 1  | 602 | Antonio Silva            | Caldas de S.Jorge Sport Clube | Veterano M60 | 01:11:23 | +15:42    | 05:29 |
| 2  | 590 | Alcides Relvas           | Bravos e Bravitas             | Veterano M60 | 01:15:32 | +19:51    | 05:49 |
| 3  | 867 | Paulo Dias               | Individual                    | Veterano M60 | 01:17:24 | +21:43    | 05:57 |
| 4  | 592 | Custódio Coutinho        | C.D.C. Paradela do Vouga      | Veterano M60 | 01:17:25 | +21:44    | 05:57 |
| 5  | 864 | João Brito               | Individual                    | Veterano M60 | 01:23:26 | +27:45    | 06:25 |
| 6  | 627 | António Oliveira         | CMMC VALE DE CAMBRA           | Veterano M60 | 01:25:23 | +29:42    | 06:34 |
| 7  | 640 | José Morais              | Gaia Trail                    | Veterano M60 | 01:25:23 | +29:42    | 06:34 |
| 8  | 563 | Manuel Zola              | Arrifana Running              | Veterano M60 | 01:26:30 | +30:49    | 06:39 |
| 9  | 605 | Rogério de Pinho e Silva | CDC São Martinho da Gândara   | Veterano M60 | 01:26:41 | +31:00    | 06:40 |
| 10 | 522 | Manuel constantino silva | Individual                    | Veterano M60 | 01:27:26 | +31:45    | 06:44 |
| 11 | 628 | Filipe Soares            | CMMC VALE DE CAMBRA           | Veterano M60 | 01:39:50 | +44:09    | 07:41 |
| 12 | 866 | Mário Costa              | Individual                    | Veterano M60 | 01:39:56 | +44:15    | 07:41 |
| 13 | 908 | Quinel Mota              | Run & Fun                     | Veterano M60 | 01:40:19 | +44:38    | 07:43 |
| 14 | 865 | José Castro              | Individual                    | Veterano M60 | 01:40:44 | +45:03    | 07:45 |
| 15 | 562 | José Beleza              | Arrifana Running              | Veterano M60 | 01:46:30 | +50:49    | 08:12 |
| 16 | 582 | Agostinho Pereira        | Botão Camp                    | Veterano M60 | 01:59:56 | +01:04:15 | 09:14 |
| 17 | 501 | Carlos Fernando Marques  | @corredoresderua@             | Veterano M60 | 02:00:12 | +01:04:31 | 09:15 |

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|                             |       |                            |
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| Official Timekeeper: Lap2Go | 1 / 1 | generate 19-Apr-2025 22:18 |
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