

30KM - STAGE 1

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:45	9,3°C	93%
End	14:41	9.3°C	93%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	23	Mário Ibarra	G.D.A Ronda	02:53:57		05:48	
2	47	Ricardo Senos	Individual	02:54:19	+00:22	05:49	
3	24	José Costa	G.D.A Ronda	03:00:37	+06:40	06:01	
4	94	Antonio Pinto	Individual	03:01:47	+07:50	06:04	
5	44	Domingos Gomes	Individual	03:09:19	+15:22	06:19	
6	2	carlos silva	A.D.NÓS ACREDITAMOS	03:16:51	+22:54	06:34	
7	25	Manuel Bastos	G.D.A Ronda	03:17:31	+23:34	06:35	
8	14	Nelson Reis	Bravos e bravitas	03:19:32	+25:35	06:39	
9	91	João Ribeiro	Feirense Trail	03:21:10	+27:13	06:42	
10	85	Liliana Cardoso	Runners do Demo	03:24:40	+30:43	06:49	
11	42	António Carlos Tavares de Paiva	Individual	03:29:36	+35:39	06:59	
12	5	António Fernandes	Amigos do trail OAZ	03:30:52	+36:55	07:02	
13	53	Fernando Santos	Individual	03:31:00	+37:03	07:02	
14	39	Pedro Soares	Individual	03:31:01	+37:04	07:02	
15	8	Pedro Carvalho	ARRASTASSOLAS	03:31:04	+37:07	07:02	
16	9	Bruno Soares	Arrifana Running	03:32:22	+38:25	07:05	
17	65	Ricardo Seromenho	JUVENTUDE ATLÉTICA MOZELENSE	03:32:23	+38:26	07:05	
18	26	Carlos Fazendeiro	G.D.A Ronda	03:33:22	+39:26	07:07	
19	70	Rui André Martins	Núcleo de Montanha de Espinho	03:36:52	+42:55	07:14	
20	31	Domingos Ferreira	Guisande Trail Running	03:38:40	+44:43	07:17	
21	68	João Pedro Fernando	Núcleo de Montanha de Espinho	03:39:26	+45:29	07:19	
22	13	Paulo Oliveira	Brandoenses Running	03:39:27	+45:30	07:19	
23	54	Francisco Pinheiro	Individual	03:45:28	+51:31	07:31	
24	66	Marta Reis	Juventude Cortegacense	03:47:09	+53:12	07:34	
25	62	Filipe Couto	INTERMARCHÉ CANEDO/FAJÕES	03:47:52	+53:55	07:36	
26	41	Américo Costa	Run & Fun	03:50:21	+56:24	07:41	
27	78	Nelson Pais	Run & Fun	03:50:22	+56:25	07:41	
28	86	Agostinho Pinheiro Silva Azevedo 17	Runners rego	03:53:19	+59:22	07:47	
29	12	Carlos Alberto Soares Moreira	Associação Desportiva Aventuras do Paiva - TugaMobile	03:53:31	+59:34	07:47	
30	11	António Mendes	Associação Desportiva Aventuras do Paiva - TugaMobile	03:53:31	+59:34	07:47	
31	45	Filipe Ramos	Individual	03:54:02	+01:00:05	07:48	
32	1	Tiago Neves	42RUN	03:56:00	+01:02:03	07:52	
33	7	Luís Ribeiro	ARRASTASSOLAS	03:57:05	+01:03:08	07:54	
34	69	José Pedro Conde Pinto da Silva	Núcleo de Montanha de Espinho	03:58:48	+01:04:51	07:58	
35	74	Sara Mota	Run & Fun	04:00:06	+01:06:09	08:00	
36	60	Pedro Ribeiro	Individual	04:00:24	+01:06:27	08:01	
37	30	LILIANA PINHO	Guisande Trail Running	04:00:55	+01:06:58	08:02	
38	33	Rui Lopes	Guisande Trail Running	04:01:38	+01:07:41	08:03	
39	10	Diogo Lopes	Arrifana Running	04:01:57	+01:08:00	08:04	
40	59	José Sá	Individual	04:01:58	+01:08:01	08:04	

30KM - STAGE 1

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	27	Diana Almeida	Grupo de corrida Argoncilhe	04:02:11	+01:08:14	08:04	
42	28	Pedro Ferreira	Grupo de corrida Argoncilhe	04:02:12	+01:08:15	08:04	
43	73	Céu Vilar	Run & Fun	04:02:54	+01:08:57	08:06	
44	81	Mário Jorge Almeida	Run & Fun	04:04:21	+01:10:24	08:09	
45	84	Bruno Albergaria	Run For Fun Laranjinhas	04:04:34	+01:10:37	08:09	
46	77	Joel Ferreira Pinto	Run & Fun	04:06:28	+01:12:31	08:13	
47	18	José Nunes	CDC S. MARTINHO DA GÂNDARA	04:09:53	+01:15:56	08:20	
48	83	Sandra Silva	Run For Fun Laranjinhas	04:10:33	+01:16:36	08:21	
49	38	Marabalha .	Individual	04:10:34	+01:16:37	08:21	
50	17	Carlos Couto	Carlos Couto	04:13:43	+01:19:46	08:27	
51	48	Rui Sousa	Individual	04:13:53	+01:19:56	08:28	
52	34	Cristina Madureira	ÍMPAR RUNNING TEAM	04:13:55	+01:19:58	08:28	
53	71	António Miguel Araújo de Magalhães	Núcleo de Montanha de Espinho	04:15:04	+01:21:07	08:30	
54	57	José Organista	Individual	04:17:10	+01:23:13	08:34	
55	4	Filipe Quelhas	AC PORTALEGRE / UTM	04:17:19	+01:23:22	08:35	
56	29	Diana Pinho	Guisande Trail Running	04:20:37	+01:26:40	08:41	
57	32	HELDER OLIVEIRA	Guisande Trail Running	04:20:38	+01:26:41	08:41	
58	37	João Guimarães	Individual	04:22:18	+01:28:21	08:45	
59	43	Bruno Alexandre Oliveira da Silva	Individual	04:25:33	+01:31:36	08:51	
60	40	Tiago Pereira	Individual	04:25:38	+01:31:41	08:51	
61	6	José Correia	ARCORUN	04:28:21	+01:34:24	08:57	
62	76	Cláudio Santos	Run & Fun	04:33:48	+01:39:51	09:08	
63	82	Gonçalo Araújo	Run For Fun Laranjinhas	04:33:48	+01:39:51	09:08	
64	79	Tino Silva	Run & Fun	04:33:52	+01:39:55	09:08	
65	72	Vitor Santos	Outlaw runners	04:34:56	+01:40:59	09:10	
66	89	Luís Silva	TrailNadas	04:36:14	+01:42:17	09:12	
67	15	Bruno Miguel Ferreira Gonçalves	Bruno Gonçalves	04:36:50	+01:42:53	09:14	
68	87	Luís Oliveira	Running Esmoriz	04:38:20	+01:44:23	09:17	
69	88	Orquídea Sousa	Running Esmoriz	04:38:20	+01:44:23	09:17	
70	80	Manuel Moreira	Run & Fun	04:40:06	+01:46:09	09:20	
71	49	Telmo Martins	Individual	04:44:28	+01:50:31	09:29	
72	51	Carlos Navega	Individual	04:49:59	+01:56:02	09:40	
73	67	André Mota	Miles&Vibes	04:53:49	+01:59:52	09:48	
74	90	Marco Almeida	ZeQuinhas Running Team	05:04:51	+02:10:54	10:10	
75	19	Luis Miguel Ferreira	Ferreiras & Ferreirinhas	05:10:08	+02:16:11	10:20	
76	36	Andre Yala Almeida	Individual	05:15:07	+02:21:10	10:30	
77	3	Célia Maria Azenha	AA Lebres do Sado	05:20:23	+02:26:26	10:41	
78	20	Nuno Ferreira	Ferreiras & Ferreirinhas	05:23:02	+02:29:05	10:46	
79	64	Luis Morais	javalis100limites	05:23:03	+02:29:06	10:46	
80	63	Mónica Morais	javalis100limites	05:44:46	+02:50:49	11:30	
81	21	João Soares	G.D. Leões da Guarda – LION RUNNERS	05:54:52	+03:00:55	11:50	
82	58	José Rodrigues Costa	Individual	05:54:53	+03:00:56	11:50	
83	22	Jorge Rocha	G.D. Leões da Guarda – LION RUNNERS	05:54:53	+03:00:56	11:50	

30KM

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:45	9,3°C	93%
End	14:41	9.3°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	27	Diana Almeida	Grupo de corrida Argoncilhe	Senior Feminino	04:02:11		08:04:11
2	29	Diana Pinho	Guisande Trail Running	Senior Feminino	04:20:37	+18:25	08:41:36
3	63	Mónica Morais	javalis100limites	Senior Feminino	05:44:46	+01:42:34	11:30:22

Senior Masculino

1	23	Mário Ibarra	G.D.A Ronda	Senior Masculino	02:53:57	05:48:24
2	39	Pedro Soares	Individual	Senior Masculino	03:31:01	+37:03 07:02:24
3	9	Bruno Soares	Arrifana Running	Senior Masculino	03:32:22	+38:24 07:05:08
4	11	António Mendes	Associação Desportiva Aventuras do Paiva - TugaMobile	Senior Masculino	03:53:31	+59:33 07:47:04
5	1	Tiago Neves	42RUN	Senior Masculino	03:56:00	+01:02:03 07:52:07
6	38	Marabalha .	Individual	Senior Masculino	04:10:34	+01:16:36 08:21:40
7	37	João Guimarães	Individual	Senior Masculino	04:22:18	+01:28:20 08:45:38
8	40	Tiago Pereira	Individual	Senior Masculino	04:25:38	+01:31:40 08:51:16
9	82	Gonçalo Araújo	Run For Fun Laranjinhas	Senior Masculino	04:33:48	+01:39:50 09:08:08
10	87	Luís Oliveira	Running Esmoriz	Senior Masculino	04:38:20	+01:44:22 09:17:40
11	67	André Mota	Miles&Vibes	Senior Masculino	04:53:49	+01:59:52 09:48:01
12	36	Andre Yala Almeida	Individual	Senior Masculino	05:15:07	+02:21:10 10:30:17

Veterana F40

1	85	Liliana Cardoso	Runners do Demo	Veterana F40	03:24:40	06:49
2	66	Marta Reis	Juventude Cortegacense	Veterana F40	03:47:09	+22:29 07:34
3	74	Sara Mota	Run & Fun	Veterana F40	04:00:06	+35:26 08:00
4	30	LILIANA PINHO	Guisande Trail Running	Veterana F40	04:00:55	+36:15 08:02
5	73	Céu Vilar	Run & Fun	Veterana F40	04:02:54	+38:14 08:06
6	83	Sandra Silva	Run For Fun Laranjinhas	Veterana F40	04:10:33	+45:53 08:21
7	34	Cristina Madureira	ÍMPAR RUNNING TEAM	Veterana F40	04:13:55	+49:15 08:26
8	88	Orquídea Sousa	Running Esmoriz	Veterana F40	04:38:20	+01:13:40 09:17

Veterana F60

1	3	Célia Maria Azenha	AA Lebres do Sado	Veterana F60	05:20:23	10:41
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Veterano M40

1	47	Ricardo Senos	Individual	Veterano M40	02:54:19	05:49:19
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Official Timekeeper: Lap2Go	1 / 3	generate 01-mai.-2025 14:43
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30KM

30 KM

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OFFICIAL RESULT

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2	24	José Costa	G.D.A Ronda	Veterano M40	03:00:37	+06:17	06:01
3	44	Domingos Gomes	Individual	Veterano M40	03:09:19	+15:00	06:19
4	14	Nelson Reis	Bravos e bravitas	Veterano M40	03:19:32	+25:12	06:39
5	91	João Ribeiro	Feirense Trail	Veterano M40	03:21:10	+26:50	06:42
6	42	António Carlos Tavares de Paiva	Individual	Veterano M40	03:29:36	+35:16	06:59
7	5	António Fernandes	Amigos do trail OAZ	Veterano M40	03:30:52	+36:32	07:02
8	65	Ricardo Seromenho	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M40	03:32:23	+38:04	07:05
9	70	Rui André Martins	Núcleo de Montanha de Espinho	Veterano M40	03:36:52	+42:33	07:14
10	31	Domingos Ferreira	Guisande Trail Running	Veterano M40	03:38:40	+44:21	07:17
11	68	João Pedro Fernando	Núcleo de Montanha de Espinho	Veterano M40	03:39:26	+45:07	07:19
12	13	Paulo Oliveira	Brandoenses Running	Veterano M40	03:39:27	+45:08	07:19
13	62	Filipe Couto	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	03:47:52	+53:32	07:36
14	41	Américo Costa	Run & Fun	Veterano M40	03:50:21	+56:02	07:41
15	78	Nelson Pais	Run & Fun	Veterano M40	03:50:22	+56:03	07:41
16	86	Agostinho Pinheiro Silva Azevedo 17	Runners rego	Veterano M40	03:53:19	+58:59	07:47
17	12	Carlos Alberto Soares Moreira	Associação Desportiva Aventuras do Paiva - TugaMobile	Veterano M40	03:53:31	+59:11	07:47
18	45	Filipe Ramos	Individual	Veterano M40	03:54:02	+59:43	07:48
19	69	José Pedro Conde Pinto da Silva	Núcleo de Montanha de Espinho	Veterano M40	03:58:48	+01:04:29	07:58
20	33	Rui Lopes	Guisande Trail Running	Veterano M40	04:01:38	+01:07:18	08:03
21	10	Diogo Lopes	Arrifana Running	Veterano M40	04:01:57	+01:07:37	08:04
22	28	Pedro Ferreira	Grupo de corrida Argoncilhe	Veterano M40	04:02:12	+01:07:52	08:04
23	84	Bruno Albergaria	Run For Fun Laranjinhas	Veterano M40	04:04:34	+01:10:15	08:09
24	77	Joel Ferreira Pinto	Run & Fun	Veterano M40	04:06:28	+01:12:08	08:13
25	48	Rui Sousa	Individual	Veterano M40	04:13:53	+01:19:34	08:28
26	4	Filipe Quelhas	AC PORTALEGRE / UTSM	Veterano M40	04:17:19	+01:23:00	08:35
27	32	HELDER OLIVEIRA	Guisande Trail Running	Veterano M40	04:20:38	+01:26:18	08:41
28	43	Bruno Alexandre Oliveira da Silva	Individual	Veterano M40	04:25:33	+01:31:14	08:51
29	6	José Correia	ARCORUN	Veterano M40	04:28:21	+01:34:01	08:57
30	76	Cláudio Santos	Run & Fun	Veterano M40	04:33:48	+01:39:28	09:08
31	79	Tino Silva	Run & Fun	Veterano M40	04:33:52	+01:39:32	09:08
32	89	Luís Silva	TrailNadas	Veterano M40	04:36:14	+01:41:54	09:12
33	15	Bruno Miguel Ferreira Gonçalves	Bruno Gonçalves	Veterano M40	04:36:50	+01:42:30	09:14
34	49	Telmo Martins	Individual	Veterano M40	04:44:28	+01:50:09	09:29
35	90	Marco Almeida	ZeQuinhas Running Team	Veterano M40	05:04:51	+02:10:31	10:10
36	19	Luis Miguel Ferreira	Ferreiras & Ferreirinhas	Veterano M40	05:10:08	+02:15:49	10:20
37	21	João Soares	G.D. Leões da Guarda – LION RUNNERS	Veterano M40	05:54:52	+03:00:33	11:50
38	22	Jorge Rocha	G.D. Leões da Guarda – LION RUNNERS	Veterano M40	05:54:53	+03:00:33	11:50

Veterano M50

1	94	Antonio Pinto	Individual	Veterano M50	03:01:47	06:04
2	2	carlos silva	A.D.NÓS ACREDITAMOS	Veterano M50	03:16:51	+15:03 06:34
3	25	Manuel Bastos	G.D.A Ronda	Veterano M50	03:17:31	+15:43 06:35

Official Timekeeper: Lap2Go	2 / 3	generate 01-mai.-2025 14:43
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30KM

30 KM

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OFFICIAL RESULT

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4	53	Fernando Santos	Individual	Veterano M50	03:31:00	+29:13	07:02
5	8	Pedro Carvalho	ARRASTASSOLAS	Veterano M50	03:31:00	+29:16	07:02
6	54	Francisco Pinheiro	Individual	Veterano M50	03:45:28	+43:41	07:31
7	7	Luís Ribeiro	ARRASTASSOLAS	Veterano M50	03:57:05	+55:18	07:54
8	60	Pedro Ribeiro	Individual	Veterano M50	04:00:24	+58:37	08:01
9	59	José Sá	Individual	Veterano M50	04:01:58	+01:00:11	08:04
10	81	Mário Jorge Almeida	Run & Fun	Veterano M50	04:04:21	+01:02:34	08:09
11	18	José Nunes	CDC S. MARTINHO DA GÂNDARA	Veterano M50	04:09:53	+01:08:05	08:20
12	17	Carlos Couto	Carlos Couto	Veterano M50	04:13:43	+01:11:56	08:27
13	71	António Miguel Araújo de Magalhães	Núcleo de Montanha de Espinho	Veterano M50	04:15:04	+01:13:17	08:30
14	57	José Organista	Individual	Veterano M50	04:17:10	+01:15:23	08:34
15	72	Vitor Santos	Outlaw runners	Veterano M50	04:34:56	+01:33:08	09:10
16	80	Manuel Moreira	Run & Fun	Veterano M50	04:40:06	+01:38:18	09:20
17	51	Carlos Navega	Individual	Veterano M50	04:49:59	+01:48:12	09:40
18	20	Nuno Ferreira	Ferreiras & Ferreirinhas	Veterano M50	05:23:02	+02:21:14	10:46
19	64	Luis Morais	javalis100limites	Veterano M50	05:23:03	+02:21:15	10:46
20	58	José Rodrigues Costa	Individual	Veterano M50	05:54:53	+02:53:05	11:50

Veterano M60

1	26	Carlos Fazendeiro	G.D.A Ronda	Veterano M60	03:33:22	07:07
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15KM - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	12,8°C	74%
End	12:43	12,8°C	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	818	Nelson Feiteira	Saca Trilhos Anadia	01:11:17		04:45	
2	552	António Assunção	Feirense Trail	01:14:17	+03:00	04:57	
3	515	Fernando Lima	Arrifana Running	01:16:43	+05:26	05:07	
4	581	Hugo Ferreira	G.D.A Ronda	01:19:08	+07:51	05:17	
5	846	Rui Lopes	Feirense Trail	01:21:24	+10:07	05:26	
6	582	Hugo Silva	G.D.A Ronda	01:22:17	+11:00	05:29	
7	782	Paulo Pereira	NS TRAIL TEAM	01:23:16	+11:59	05:33	
8	580	André Melo	G.D.A Ronda	01:23:52	+12:35	05:35	
9	579	Marco André Cardoso Marques	G.D.A Ronda	01:25:31	+14:14	05:42	
10	773	Orlando Valente	Lourosa em Movimento	01:25:45	+14:28	05:43	
11	584	Bruno Silva	Grupo Juvenil Pinheiro da Bemposta	01:25:48	+14:31	05:43	
12	783	Ricardo Almeida	NS TRAIL TEAM	01:25:52	+14:35	05:43	
13	845	André Batista	Feirense Trail	01:26:19	+15:02	05:45	
14	820	Tiago Santos	Sapatilhas Verdes	01:26:55	+15:38	05:48	
15	629	Renato Vieira	Individual	01:27:04	+15:47	05:48	
16	836	Manuel Migueis	VC.BIKE	01:27:41	+16:24	05:51	
17	785	José Tavares	NS TRAIL TEAM	01:28:45	+17:28	05:55	
18	822	Augusto Aluai	SC Espinho	01:28:49	+17:32	05:55	
19	809	João Silva	Runners rego	01:29:09	+17:52	05:57	
20	545	Fernando Antunes	CDC Macieira de Cambra	01:29:16	+17:59	05:57	
21	572	José Almeida	EV PERALTAFIL	01:29:29	+18:12	05:58	
22	600	Liliana cunha	Individual	01:29:37	+18:20	05:58	
23	611	Fábio Almeida	G.D.A Ronda	01:30:02	+18:45	06:00	
24	533	Sérgio Costa	Bravos e bravitas	01:31:11	+19:54	06:05	
25	784	Henrique Silva	NS TRAIL TEAM	01:31:42	+20:25	06:07	
26	772	Pedro Matos	Lourosa em Movimento	01:31:57	+20:40	06:08	
27	667	Filipe Marques	Individual	01:32:01	+20:44	06:08	
28	574	Cristiano Robalinho	Ferraris do monte	01:33:19	+22:02	06:13	
29	839	Alice Lopes	Jiv-Trail	01:33:22	+22:05	06:13	
30	810	Serafim Pereira da Rocha	Runners rego	01:34:02	+22:45	06:16	
31	591	PEDRO LOPES	Guisande Trail Running	01:34:23	+23:06	06:18	
32	735	MIGUEL LEMOS	INTERMARCHÉ CANEDO/FAJÕES	01:34:46	+23:29	06:19	
33	775	João Santos	Lourosa em Movimento	01:35:40	+24:23	06:23	
34	542	Fernando Seabra da Silva	Caminhadas da Amizade	01:36:14	+24:57	06:25	
35	660	David Barros	Individual	01:36:58	+25:41	06:28	
36	764	Ernesto Marques Alves	Juventude Cortegacense	01:38:04	+26:47	06:32	
37	762	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	01:38:48	+27:31	06:35	
38	621	Ivo Leitão	Individual	01:38:56	+27:39	06:36	
39	788	João Miguel Gomes da Silva	Os Cangurus Pernetas	01:39:19	+28:02	06:37	
40	585	Fábio Ventura	Guisande Trail Running	01:40:45	+29:28	06:43	
41	700	Vitor felix	Individual	01:41:25	+30:08	06:46	
42	659	Daniel Silva	Individual	01:41:40	+30:23	06:47	

15KM - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	617	Hery Clément	Individual	01:42:10	+30:53	06:49	
44	634	Valter Soares	Individual	01:42:36	+31:19	06:50	
45	840	Augusto Ferreira	Carcavelos Seguros	01:42:37	+31:20	06:50	
46	712	Jose Paulo	Individual	01:42:52	+31:35	06:51	
47	627	Nuno Almeida	Individual	01:42:56	+31:39	06:52	
48	522	José Luís Santos	Brandoenses Running	01:43:01	+31:44	06:52	
49	666	Filipe Carvalho	Individual	01:43:36	+32:19	06:54	
50	616	Helder Marques	Individual	01:44:01	+32:44	06:56	
51	691	RICKY Matias	Individual	01:44:15	+32:58	06:57	
52	620	Ivan rocha	Individual	01:44:35	+33:18	06:58	
53	750	Samuel da Silva Rocha	Juventude Cortegacense	01:45:04	+33:47	07:00	
54	539	Fábio Marques	Caminhadas da Amizade	01:45:23	+34:06	07:02	
55	546	Diogo Martins	CDC S. MARTINHO DA GÂNDARA	01:45:52	+34:35	07:03	
56	636	Xavier Alves Paiva	Individual	01:46:24	+35:07	07:06	
57	714	Marcelo Fernandes	Individual	01:46:35	+35:18	07:06	
58	615	Gabriel Correia	Individual	01:46:45	+35:28	07:07	
59	588	Carlos Costa	Guisande Trail Running	01:46:50	+35:33	07:07	
60	677	MANUEL SILVA	Individual	01:47:27	+36:10	07:10	
61	623	Jorge Silva	Individual	01:47:29	+36:12	07:10	
62	576	Mário Araujo	Ferraris do monte	01:48:05	+36:48	07:12	
63	587	SONIA ALMEIDA	Guisande Trail Running	01:48:10	+36:53	07:13	
64	534	João Gomes	Bravos e bravitas	01:48:13	+36:56	07:13	
65	717	Paulo S	Individual	01:48:38	+37:21	07:15	
66	693	Rui Albino	Individual	01:48:40	+37:23	07:15	
67	554	Paulo Silva	Corvos Running by S. V. P.	01:48:45	+37:28	07:15	
68	626	Mário Baptista	Individual	01:48:57	+37:40	07:16	
69	723	Ilda Fernandes	INTERMARCHÉ CANEDO/FAJÕES	01:48:59	+37:42	07:16	
70	521	Constantino Mota	Brandoenses Running	01:49:12	+37:55	07:17	
71	505	Fátima Pinho	AFIS/OVAR	01:49:26	+38:09	07:18	
72	507	Gil Dudot	AFIS/OVAR	01:49:33	+38:16	07:18	
73	516	Manuel Zola	Arrifana Running	01:49:48	+38:31	07:19	
74	710	José Augusto Ferreira	Individual	01:50:10	+38:53	07:21	
75	532	Raphael Leite	Bravos e bravitas	01:50:40	+39:23	07:23	
76	742	JOÃO NEVES	INTERMARCHÉ CANEDO/FAJÕES	01:50:42	+39:25	07:23	
77	728	Susana Martins	INTERMARCHÉ CANEDO/FAJÕES	01:51:08	+39:51	07:25	
78	675	Luís Pessoa	Individual	01:51:10	+39:53	07:25	
79	759	Filipe Nunes	Juventude Cortegacense	01:51:35	+40:18	07:26	
80	575	Daniel Rocha	Ferraris do monte	01:51:41	+40:24	07:27	
81	697	Tiago Magalhães	Individual	01:51:53	+40:36	07:28	
82	547	Marco Nunes	CDC S. MARTINHO DA GÂNDARA	01:52:17	+41:00	07:29	
83	549	Rogério de Pinho e Silva	CDC S. MARTINHO DA GÂNDARA	01:52:20	+41:03	07:29	
84	740	ALCINO SANTOS	INTERMARCHÉ CANEDO/FAJÕES	01:52:24	+41:07	07:30	
85	801	Luis Gomes	Pastello Runners	01:52:40	+41:23	07:31	
86	800	Vitor Folgado	Outlaw runners	01:53:15	+41:58	07:33	
87	703	Carlos Lancha	Individual	01:55:00	+43:43	07:40	
88	743	José Mário Pinho	INTERMARCHÉ CANEDO/FAJÕES	01:55:03	+43:46	07:40	

15KM - STAGE 1

15 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	548	edgar pinho	CDC S. MARTINHO DA GÂNDARA	01:55:08	+43:51	07:41	
90	748	Americo Jorge Pereira da Costa	Juventude Cortegacense	01:55:10	+43:53	07:41	
91	736	Nuno Santos	INTERMARCHÉ CANEDO/FAJÕES	01:55:13	+43:56	07:41	
92	570	Alberto Barros	Espírito jovem	01:55:15	+43:58	07:41	
93	726	Conceição Ferreira	INTERMARCHÉ CANEDO/FAJÕES	01:55:31	+44:14	07:42	
94	847	Rolando Paulo	Feirense Trail	01:55:47	+44:30	07:43	
95	614	Filipe Soares	Individual	01:55:48	+44:31	07:43	
96	647	Maria do Céu Ferreira	Individual	01:56:06	+44:49	07:44	
97	765	Joel Sequeira	Juventude Cortegacense	01:56:17	+45:00	07:45	
98	56	jorge oliveira	Individual	01:56:29	+45:12	07:46	
99	746	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	01:56:56	+45:39	07:48	
100	681	Paulo Costa	Individual	01:57:25	+46:08	07:50	
101	599	Laura Tavares	Individual	01:57:33	+46:16	07:50	
102	698	Valter Mota	Individual	01:57:39	+46:22	07:51	
103	829	Miguel Oliveira	Trail Running Suil Park	01:57:42	+46:25	07:51	
104	828	Hugo Guimarães	Trail Running Suil Park	01:57:44	+46:27	07:51	
105	696	Telmo Oliveira	Individual	01:57:44	+46:27	07:51	
106	827	Carlos Oliveira	Trail Running Suil Park	01:57:44	+46:27	07:51	
107	835	André oliveira	Trsp	01:57:45	+46:28	07:51	
108	622	João Rodrigues	Individual	01:57:57	+46:40	07:52	
109	718	Pedro M Perez Rollan	Individual	01:58:01	+46:44	07:52	
110	812	Helena Silva	Running Esmoriz	01:58:23	+47:06	07:54	
111	679	Marco Paiva	Individual	01:58:54	+47:37	07:56	
112	832	Paula Dias	TrepaTrilhos Trail Team	01:59:01	+47:44	07:56	
113	624	Luis Marques	Individual	01:59:12	+47:55	07:57	
114	716	Miguel Silva	Individual	01:59:32	+48:15	07:58	
115	672	João Machado	Individual	01:59:33	+48:16	07:58	
116	680	Marco Pinto	Individual	01:59:37	+48:20	07:58	
117	670	Gonçalo nuno de Pinho Oliveira	Individual	01:59:46	+48:29	07:59	
118	760	Joao Paulo Costa Oliveira	Juventude Cortegacense	02:00:01	+48:44	08:00	
119	658	Bruno Miguel Leite Moreira	Individual	02:00:03	+48:46	08:00	
120	664	Fernando Castro	Individual	02:00:36	+49:19	08:02	
121	776	Jorge Oliveira	Lourosa em Movimento	02:00:37	+49:20	08:02	
122	633	Tomás Martinho	Individual	02:00:43	+49:26	08:03	
123	704	CECILIO MANUEL SILVA FERREIRA	Individual	02:00:45	+49:28	08:03	
124	501	Mariana Magalhães	A seita que dói menos	02:01:09	+49:52	08:05	
125	769	Manuel Constantino Silva	Juventude Cortegacense	02:01:11	+49:54	08:05	
126	93	Andre Vivas	Individual	02:01:13	+49:56	08:05	
127	562	Renato Fontinha	cristina fonseca	02:01:16	+49:59	08:05	
128	849	Silvério Santos	Feirense Trail	02:01:28	+50:11	08:06	
129	567	Elsa Mota	Elsa Mota	02:01:41	+50:24	08:07	
130	602	Sónia Monteiro	Individual	02:01:42	+50:25	08:07	
131	767	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	02:01:51	+50:34	08:07	
132	630	Ricardo Sousa	Individual	02:02:09	+50:52	08:09	
133	541	Luís Barbosa	Caminhadas da Amizade	02:02:44	+51:27	08:11	

15KM - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	668	Gil Ferreira	Individual	02:02:45	+51:28	08:11	
135	804	José Carlos Cepeda Coelho	PRODD TINTOL	02:03:33	+52:16	08:14	
136	699	Valter sa	Individual	02:03:57	+52:40	08:16	
137	819	Luís Santos	Salgueiros Running	02:04:01	+52:44	08:16	
138	725	Sofia Ferreira	INTERMARCHÉ CANEDO/FAJÕES	02:04:12	+52:55	08:17	
139	843	David Maia	Miguel & David	02:04:16	+52:59	08:17	
140	571	João Almeida	Estronca Silvas	02:04:23	+53:06	08:18	
141	583	Luis Gonçalves	G.D.R.Sao Francisco da Serra	02:04:44	+53:27	08:19	
142	640	Natália Pinto Gomes	Individual	02:05:01	+53:44	08:20	
143	686	Ricardo Bastos	Individual	02:05:21	+54:04	08:21	
144	524	Mariline Baptista	Bravos e bravitas	02:05:54	+54:37	08:24	
145	745	RENATO ARAÚJO	JUF ACC	02:06:25	+55:08	08:26	
146	563	Silvia Gomes	DCI/Trilhos Luso Bussaco	02:06:58	+55:41	08:28	
147	790	Pedro Patrício Marques Melo	Os Cangurus Pernetas	02:07:00	+55:43	08:28	
148	741	Eduardo Pinto	INTERMARCHÉ CANEDO/FAJÕES	02:07:03	+55:46	08:28	
149	738	Ricardo Sousa	INTERMARCHÉ CANEDO/FAJÕES	02:07:30	+56:13	08:30	
150	715	Mário Pereira	Individual	02:07:51	+56:34	08:31	
151	807	RICHARD NOGUEIRA	Richard Nogueira	02:07:59	+56:42	08:32	
152	506	Paula Cruz	AFIS/OVAR	02:08:06	+56:49	08:32	
153	830	Marco Correia	TrailNadas	02:08:17	+57:00	08:33	
154	669	Gilberto Pinto	Individual	02:08:24	+57:07	08:34	
155	761	Maria José Franco Oliveira	Juventude Cortegacense	02:08:27	+57:10	08:34	
156	792	Nuno Figueiredo	Os Lesmas	02:08:36	+57:19	08:34	
157	791	Mónia Oliveira	Os Lesmas	02:08:36	+57:19	08:34	
158	565	Emanuel Reis	Elite Aradense	02:08:41	+57:24	08:35	
159	564	Américo Santos	Elite Aradense	02:08:45	+57:28	08:35	
160	601	Regina Costa	Individual	02:08:46	+57:29	08:35	
161	566	Joel Magina	Elite Aradense	02:09:04	+57:47	08:36	
162	834	Carlos Freitas	Trilhados	02:09:06	+57:49	08:36	
163	730	Bruno Duarte	INTERMARCHÉ CANEDO/FAJÕES	02:09:09	+57:52	08:37	
164	737	Ricardo Duarte	INTERMARCHÉ CANEDO/FAJÕES	02:09:10	+57:53	08:37	
165	573	Liliana Gomes	Família Gomes	02:09:17	+58:00	08:37	
166	789	Juliana Marques Melo	Os Cangurus Pernetas	02:09:20	+58:03	08:37	
167	595	Daniela Alexandra Tavares Oliveira	Individual	02:09:25	+58:08	08:38	
168	597	Estela Maria Santos Ferreira	Individual	02:09:26	+58:09	08:38	
169	608	Diogo Costa	Individual	02:09:29	+58:12	08:38	
170	592	José Pinheiro	Guisande Trail Running	02:09:40	+58:23	08:39	
171	842	Miguel Ribeiro	Miguel & David	02:09:58	+58:41	08:40	
172	673	Jorge Botelho	Individual	02:09:58	+58:41	08:40	
173	625	Marco Danilo	Individual	02:10:04	+58:47	08:40	
174	692	Rogério Henriques	Individual	02:10:09	+58:52	08:41	
175	512	Mária Calmeiro	Arrifana Running	02:10:21	+59:04	08:41	
176	519	Henrique Amorim	Brandoenses Running	02:10:24	+59:07	08:42	
177	720	Rui Magalhães	Individual	02:10:32	+59:15	08:42	
178	537	Passarinha Jr.	Buscando o China	02:10:42	+59:25	08:43	
179	683	Pedro Botelho	Individual	02:10:46	+59:29	08:43	

15KM - STAGE 1

15 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	695	Sérgio Filipe Santos Pereira	Individual	02:11:09	+59:52	08:45	
181	639	Daniela Caetano De Sá	Individual	02:11:27	+01:00:10	08:46	
182	808	Tó-Zé Pinheiro	Run & Fun	02:12:14	+01:00:57	08:49	
183	685	Pedro Silva	Individual	02:12:52	+01:01:35	08:51	
184	590	PAULO JESUS	Guisande Trail Running	02:13:03	+01:01:46	08:52	
185	823	Jorge Vasconcelos	SCCOIMBRÕES/EQUIPA A	02:13:35	+01:02:18	08:54	
186	538	Lucia Santos	Caminhadas da Amizade	02:13:36	+01:02:19	08:54	
187	844	Vitor Mota	Bravos & Bravitas	02:13:42	+01:02:25	08:55	
188	799	Adelino Pinheiro	Outlaw runners	02:14:11	+01:02:54	08:57	
189	796	Bruno Barros	Outlaw runners	02:14:14	+01:02:57	08:57	
190	568	BRUNO CÂMARA	Equipa A	02:14:43	+01:03:26	08:59	
191	530	Margarida Neves	Bravos e bravitas	02:15:55	+01:04:38	09:04	
192	803	Vera Lúcia Martins Rodrigues	PRODD TINTOL	02:16:33	+01:05:17	09:06	
193	805	Rui Manuel Oliveira Coelho	PRODD TINTOL	02:16:34	+01:05:17	09:06	
194	684	Pedro Oliveira	Individual	02:16:51	+01:05:34	09:07	
195	643	Vera Leite	Individual	02:17:25	+01:06:08	09:10	
196	841	Isabel Santos	Individual	02:17:25	+01:06:08	09:10	
197	513	Sandra Gomes	Arrifana Running	02:17:26	+01:06:09	09:10	
198	514	Paula Martins	Arrifana Running	02:17:27	+01:06:10	09:10	
199	661	David Teixeira	Individual	02:18:15	+01:06:58	09:13	
200	768	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	02:18:54	+01:07:37	09:16	
201	821	Pedro Serrano	Sapatilhas Verdes	02:19:28	+01:08:11	09:18	
202	650	Sandra Ferreira	Individual	02:20:15	+01:08:58	09:21	
203	758	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	02:20:27	+01:09:10	09:22	
204	553	MIGUEL ANTONIO MAGALHAES CUNHA	Clube Millennium BCP	02:20:42	+01:09:25	09:23	
205	671	joao dias	Individual	02:21:09	+01:09:52	09:25	
206	676	Manuel Dias	Individual	02:21:10	+01:09:53	09:25	
207	610	Ezequiel Oliveira	Individual	02:21:43	+01:10:26	09:27	
208	511	Helena Cunha	ARRASTASSOLAS	02:22:25	+01:11:08	09:30	
209	540	Ricardo Pinto	Caminhadas da Amizade	02:23:55	+01:12:38	09:36	
210	770	Patrícia Marques	Linces do Marão	02:24:04	+01:12:47	09:36	
211	727	ROSA CRISTINA	INTERMARCHÉ CANEDO/FAJÕES	02:25:30	+01:14:13	09:42	
212	831	Alexandra Valinhas	TrepaTrilhos Trail Team	02:25:41	+01:14:24	09:43	
213	729	Fernanda Almeida	INTERMARCHÉ CANEDO/FAJÕES	02:26:04	+01:14:47	09:44	
214	653	Alberto Martins	Individual	02:26:11	+01:14:54	09:45	
215	596	Diana Filipa Gonçalves Pinto	Individual	02:26:23	+01:15:06	09:46	
216	833	Elisio Dias	TrepaTrilhos Trail Team	02:26:35	+01:15:18	09:46	
217	711	José Patrício da Silva Almeida	Individual	02:27:29	+01:16:12	09:50	
218	802	Lúcia Ferreira Ramalho	PRODD TINTOL	02:27:44	+01:16:27	09:51	
219	556	Daniela Vieira	cristina fonseca	02:27:50	+01:16:33	09:51	
220	665	Fernando Oliveira	Individual	02:27:50	+01:16:33	09:51	
221	656	António Santos	Individual	02:27:56	+01:16:39	09:52	
222	751	Elisabete Alves Silva	Juventude Cortegacense	02:28:11	+01:16:54	09:53	
223	688	Ricardo Ferreira	Individual	02:28:42	+01:17:25	09:55	

15 KM

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	6 / 7	generate 01-mai.-2025 14:29
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15 KM

OFFICIAL RESULT

generate 01-mai.-2025 14:29

15KM

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	12,8°C	74%
End	12:43	12,8°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	600	Liliana cunha	Individual	Senior Feminino	01:29:37	05:58
2	505	Fátima Pinho	AFIS/OVAR	Senior Feminino	01:49:26	+19:49 07:18
3	599	Laura Tavares	Individual	Senior Feminino	01:57:33	+27:56 07:50
4	501	Mariana Magalhães	A seita que dói menos	Senior Feminino	02:01:09	+31:32 08:05
5	602	Sónia Monteiro	Individual	Senior Feminino	02:01:42	+32:05 08:07
6	563	Silvia Gomes	DCI/Trilhos Luso Bussaco	Senior Feminino	02:06:58	+37:21 08:28
7	506	Paula Cruz	AFIS/OVAR	Senior Feminino	02:08:06	+38:29 08:32
8	601	Regina Costa	Individual	Senior Feminino	02:08:46	+39:09 08:35
9	573	Liliana Gomes	Família Gomes	Senior Feminino	02:09:17	+39:40 08:37
10	595	Daniela Alexandra Tavares Oliveira	Individual	Senior Feminino	02:09:25	+39:48 08:38
11	597	Estela Maria Santos Ferreira	Individual	Senior Feminino	02:09:26	+39:49 08:38
12	512	Mária Calmeiro	Arrifana Running	Senior Feminino	02:10:21	+40:44 08:41
13	841	Isabel Santos	Individual	Senior Feminino	02:17:25	+47:48 09:10
14	770	Patrícia Marques	Linces do Marão	Senior Feminino	02:24:04	+54:27 09:36
15	596	Diana Filipa Gonçalves Pinto	Individual	Senior Feminino	02:26:23	+56:46 09:46
16	802	Lúcia Ferreira Ramalho	PRODD TINTOL	Senior Feminino	02:27:44	+58:07 09:51
17	593	Ana Almeida	G.D.A Ronda	Senior Feminino	02:30:21	+01:00:44 10:01
18	778	Ana Catarina Lei	Miles&Vibes	Senior Feminino	02:39:16	+01:09:39 10:37
19	594	Ana Amorim	Individual	Senior Feminino	02:39:26	+01:09:49 10:38
20	771	Vera Oliveira	Lourosa em Movimento	Senior Feminino	02:39:30	+01:09:53 10:38
21	517	Marta Ribeiro	Bloco On The Road	Senior Feminino	02:39:45	+01:10:08 10:39
22	555	Raquel Moreira	crisrina fonseca	Senior Feminino	02:43:19	+01:13:42 10:53
23	550	Maria Oliveira	Clube Atlético Javalinense	Senior Feminino	03:02:55	+01:33:18 12:12
24	598	Joana Fernandes	Individual	Senior Feminino	03:03:19	+01:33:41 12:13
25	787	Marta Sofia Gomes Rodrigues	Os Cangurus Pernetas	Senior Feminino	03:05:09	+01:35:32 12:21

Senior Masculino

1	846	Rui Lopes	Feirense Trail	Senior Masculino	01:21:24	05:26
2	579	Marco André Cardoso Marques	G.D.A Ronda	Senior Masculino	01:25:31	+04:07 05:42
3	845	André Batista	Feirense Trail	Senior Masculino	01:26:19	+04:54 05:45
4	820	Tiago Santos	Sapatilhas Verdes	Senior Masculino	01:26:55	+05:31 05:48
5	629	Renato Vieira	Individual	Senior Masculino	01:27:04	+05:40 05:48
6	809	João Silva	Runners rego	Senior Masculino	01:29:09	+07:44 05:57
7	611	Fábio Almeida	G.D.A Ronda	Senior Masculino	01:30:02	+08:37 06:00
8	772	Pedro Matos	Lourosa em Movimento	Senior Masculino	01:31:57	+10:33 06:08
9	574	Cristiano Robalinho	Ferraris do monte	Senior Masculino	01:33:19	+11:55 06:13
10	621	Ivo Leitão	Individual	Senior Masculino	01:38:56	+17:32 06:36
11	788	João Miquel Gomes da Silva	Os Cangurus Pernetas	Senior Masculino	01:39:19	+17:55 06:37

Official Timekeeper: Lap2Go	1 / 8	generate 01-mai.-2025 14:29
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15KM

15 KM

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OFFICIAL RESULT

[illegible]

12	585	Fábio Ventura	Guisande Trail Running	Senior Masculino	01:40:45	+19:21	06:43
13	617	Hery Clément	Individual	Senior Masculino	01:42:10	+20:45	06:49
14	634	Valter Soares	Individual	Senior Masculino	01:42:36	+21:11	06:50
15	627	Nuno Almeida	Individual	Senior Masculino	01:42:56	+21:32	06:52
16	616	Helder Marques	Individual	Senior Masculino	01:44:01	+22:36	06:56
17	620	Ivan rocha	Individual	Senior Masculino	01:44:35	+23:10	06:58
18	750	Samuel da Silva Rocha	Juventude Cortegacense	Senior Masculino	01:45:04	+23:39	07:00
19	539	Fábio Marques	Caminhadas da Amizade	Senior Masculino	01:45:23	+23:59	07:02
20	546	Diogo Martins	CDC S. MARTINHO DA GÂNDARA	Senior Masculino	01:45:52	+24:28	07:03
21	636	Xavier Alves Paiva	Individual	Senior Masculino	01:46:24	+25:00	07:06
22	615	Gabriel Correia	Individual	Senior Masculino	01:46:45	+25:20	07:07
23	623	Jorge Silva	Individual	Senior Masculino	01:47:29	+26:04	07:10
24	576	Mário Araujo	Ferraris do monte	Senior Masculino	01:48:05	+26:41	07:12
25	626	Mário Baptista	Individual	Senior Masculino	01:48:57	+27:33	07:16
26	507	Gil Dudot	AFIS/OVAR	Senior Masculino	01:49:33	+28:08	07:18
27	575	Daniel Rocha	Ferraris do monte	Senior Masculino	01:51:41	+30:16	07:27
28	547	Marco Nunes	CDC S. MARTINHO DA GÂNDARA	Senior Masculino	01:52:17	+30:53	07:29
29	748	Americo Jorge Pereira da Costa	Juventude Cortegacense	Senior Masculino	01:55:10	+33:45	07:41
30	614	Filipe Soares	Individual	Senior Masculino	01:55:48	+34:24	07:43
31	622	João Rodrigues	Individual	Senior Masculino	01:57:57	+36:33	07:52
32	624	Luis Marques	Individual	Senior Masculino	01:59:12	+37:48	07:57
33	633	Tomás Martinho	Individual	Senior Masculino	02:00:43	+39:18	08:03
34	93	Andre Vivas	Individual	Senior Masculino	02:01:13	+39:48	08:05
35	630	Ricardo Sousa	Individual	Senior Masculino	02:02:09	+40:44	08:09
36	843	David Maia	Miguel & David	Senior Masculino	02:04:16	+42:51	08:17
37	565	Emanuel Reis	Elite Aradense	Senior Masculino	02:08:41	+47:16	08:35
38	564	Américo Santos	Elite Aradense	Senior Masculino	02:08:45	+47:21	08:35
39	566	Joel Magina	Elite Aradense	Senior Masculino	02:09:04	+47:39	08:36
40	608	Diogo Costa	Individual	Senior Masculino	02:09:29	+48:05	08:38
41	842	Miguel Ribeiro	Miguel & David	Senior Masculino	02:09:58	+48:34	08:40
42	625	Marco Danilo	Individual	Senior Masculino	02:10:04	+48:39	08:40
43	844	Vitor Mota	Bravos & Bravitas	Senior Masculino	02:13:42	+52:18	08:55
44	610	Ezequiel Oliveira	Individual	Senior Masculino	02:21:43	+01:00:19	09:27
45	613	Fábio Oliveira	Individual	Senior Masculino	02:29:50	+01:08:26	09:59
46	607	César Filipe Oliveira Braga	Individual	Senior Masculino	02:30:51	+01:09:26	10:03
47	619	Igor Pereir	Individual	Senior Masculino	02:34:06	+01:12:42	10:16
48	631	Rui Pedro da Costa Santos	Individual	Senior Masculino	02:38:55	+01:17:31	10:36
49	502	Renato Andrade	A seita que dói menos	Senior Masculino	02:44:11	+01:22:47	10:57
50	628	Ramazan Faruk Oguz	Individual	Senior Masculino	02:47:58	+01:26:34	11:12
51	605	Bruno Santos	Individual	Senior Masculino	02:55:27	+01:34:02	11:42
52	551	Tiago Rodrigues	Clube Atlético Javalinense	Senior Masculino	03:02:55	+01:41:30	12:12
53	508	Edgar Ferreira	Amigos do Leandro	Senior Masculino	03:07:09	+01:45:45	12:29
54	577	Pedro Oliveira	ForMud	Senior Masculino	03:08:59	+01:47:35	12:36

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Veterana F40

1	839	Alice Lopes	Jiv-Trail	Veterana F40	01:33:22	06:13
2	587	SONIA ALMEIDA	Guisande Trail Running	Veterana F40	01:48:10	+14:48 07:13
3	723	Ilda Fernandes	INTERMARCHÉ CANEDO/FAJÕES	Veterana F40	01:48:59	+15:36 07:16
4	567	Elsa Mota	Elsa Mota	Veterana F40	02:01:41	+28:18 08:07
5	725	Sofia Ferreira	INTERMARCHÉ CANEDO/FAJÕES	Veterana F40	02:04:12	+30:49 08:17
6	640	Natália Pinto Gomes	Individual	Veterana F40	02:05:01	+31:38 08:20
7	524	Marilene Baptista	Bravos e bravitas	Veterana F40	02:05:54	+32:31 08:24
8	791	Mónia Oliveira	Os Lesmas	Veterana F40	02:08:36	+35:14 08:34
9	789	Juliana Marques Melo	Os Cangurus Pernetas	Veterana F40	02:09:20	+35:57 08:37
10	639	Daniela Caetano De Sá	Individual	Veterana F40	02:11:27	+38:04 08:46
11	803	Vera Lúcia Martins Rodrigues	PRODD TINTOL	Veterana F40	02:16:33	+43:11 09:06
12	643	Vera Leite	Individual	Veterana F40	02:17:25	+44:02 09:10
13	513	Sandra Gomes	Arrifana Running	Veterana F40	02:17:26	+44:03 09:10
14	511	Helena Cunha	ARRASTASSOLAS	Veterana F40	02:22:25	+49:02 09:30
15	831	Alexandra Valinhas	TrepaTrilhos Trail Team	Veterana F40	02:25:41	+52:18 09:43
16	556	Daniela Vieira	crisrina fonseca	Veterana F40	02:27:50	+54:27 09:51
17	751	Elisabete Alves Silva	Juventude Cortegacense	Veterana F40	02:28:11	+54:49 09:53
18	638	Andreia Silva	Individual	Veterana F40	02:29:50	+56:27 09:59
19	641	Sonia costa	Individual	Veterana F40	02:29:51	+56:28 09:59
20	559	Sofia Lopes	crisrina fonseca	Veterana F40	02:33:56	+01:00:33 10:16
21	557	Marisa Pinheiro	crisrina fonseca	Veterana F40	02:34:20	+01:00:57 10:17
22	526	Paula Soares	Bravos e bravitas	Veterana F40	02:36:35	+01:03:12 10:26
23	754	Silvana Rocha	Juventude Cortegacense	Veterana F40	02:39:45	+01:06:23 10:39
24	753	Marcia Almeida Rola	Juventude Cortegacense	Veterana F40	02:40:20	+01:06:57 10:41
25	558	Silvia Barbosa	crisrina fonseca	Veterana F40	02:43:19	+01:09:56 10:53
26	722	Cristina Araújo	INTERMARCHÉ CANEDO/FAJÕES	Veterana F40	02:47:46	+01:14:23 11:11
27	752	Laura Nidia Santos Soares	Juventude Cortegacense	Veterana F40	02:53:55	+01:20:32 11:36
28	637	Ana Guerra	Individual	Veterana F40	02:56:55	+01:23:33 11:48
29	793	Priscilla da Costa da Silva	Os Lindos	Veterana F40	03:03:17	+01:29:54 12:13
30	523	Isa Dias	Bravos e bravitas	Veterana F40	03:07:59	+01:34:36 12:32
31	509	Ana Borges	Amigos do Leandro	Veterana F40	03:08:32	+01:35:10 12:34
32	724	Patrícia Gomes	INTERMARCHÉ CANEDO/FAJÕES	Veterana F40	03:08:33	+01:35:11 12:34
33	578	Helena Peixoto	ForMud	Veterana F40	03:08:59	+01:35:36 12:36
34	795	Erika Darcilia	Outlaw runners	Veterana F40	03:17:12	+01:43:49 13:09
35	525	Marta Carvalho	Bravos e bravitas	Veterana F40	03:27:04	+01:53:41 13:48

Veterana F50

1	728	Susana Martins	INTERMARCHÉ CANEDO/FAJÕES	Veterana F50	01:51:08	07:25
2	726	Conceição Ferreira	INTERMARCHÉ CANEDO/FAJÕES	Veterana F50	01:55:31	+04:22 07:42

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3	647	Maria do Céu Ferreira	Individual	Veterana F50	01:56:06	+04:57	07:44
4	812	Helena Silva	Running Esmoriz	Veterana F50	01:58:23	+07:14	07:54
5	832	Paula Dias	TrepaTrilhos Trail Team	Veterana F50	01:59:01	+07:52	07:56
6	514	Paula Martins	Arrifana Running	Veterana F50	02:17:27	+26:18	09:10
7	650	Sandra Ferreira	Individual	Veterana F50	02:20:15	+29:06	09:21
8	727	ROSA CRISTINA	INTERMARCHÉ CANEDO/FAJÕES	Veterana F50	02:25:30	+34:21	09:42
9	527	Fatinha Lopes	Bravos e bravitas	Veterana F50	02:28:42	+37:33	09:55
10	646	Kelly Farias	Individual	Veterana F50	02:28:49	+37:40	09:55
11	774	Palmira Fontes	Lourosa em Movimento	Veterana F50	02:29:50	+38:41	09:59
12	649	Raquel Brito	Individual	Veterana F50	02:34:30	+43:21	10:18
13	651	Sofia Martins	Individual	Veterana F50	02:42:21	+51:12	10:49
14	560	Paula Ferreira	cristina fonseca	Veterana F50	02:42:41	+51:32	10:51
15	645	Cristina flor	Individual	Veterana F50	02:47:46	+56:37	11:11
16	811	Fernanda Rocha	Running Esmoriz	Veterana F50	02:56:57	+01:05:48	11:48
17	813	Maria Manuel	Running Esmoriz	Veterana F50	02:57:50	+01:06:41	11:51
18	755	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F50	02:58:27	+01:07:18	11:54
19	529	Virginia Moreira	Bravos e bravitas	Veterana F50	03:07:57	+01:16:48	12:32
20	528	Goretti Sousa	Bravos e bravitas	Veterana F50	03:27:03	+01:35:54	13:48

Veterana F60

1	538	Lucia Santos	Caminhadas da Amizade	Veterana F60	02:13:36	08:54
2	530	Margarida Neves	Bravos e bravitas	Veterana F60	02:15:55	+02:18 09:04
3	758	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	Veterana F60	02:20:27	+06:50 09:22
4	729	Fernanda Almeida	INTERMARCHÉ CANEDO/FAJÕES	Veterana F60	02:26:04	+12:27 09:44
5	816	Paula Fernandes	RUNNING ESPINHO	Veterana F60	02:30:03	+16:26 10:00
6	794	Catarina Lopes Marques	Os Lindos	Veterana F60	03:03:07	+49:31 12:12
7	652	Conceição Pereira	Individual	Veterana F60	03:09:53	+56:16 12:40

Veterano M40

1	818	Nelson Feiteira	Saca Trilhos Anadia	Veterano M40	01:11:17	04:45
2	552	António Assunção	Feirense Trail	Veterano M40	01:14:17	+02:59 04:57
3	581	Hugo Ferreira	G.D.A Ronda	Veterano M40	01:19:08	+07:50 05:17
4	582	Hugo Silva	G.D.A Ronda	Veterano M40	01:22:17	+10:59 05:29
5	782	Paulo Pereira	NS TRAIL TEAM	Veterano M40	01:23:16	+11:58 05:33
6	580	André Melo	G.D.A Ronda	Veterano M40	01:23:52	+12:34 05:35
7	584	Bruno Silva	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	01:25:48	+14:30 05:43
8	783	Ricardo Almeida	NS TRAIL TEAM	Veterano M40	01:25:52	+14:34 05:43
9	836	Manuel Migueis	VC.BIKE	Veterano M40	01:27:41	+16:24 05:51
10	572	José Almeida	EV PERALTAFIL	Veterano M40	01:29:29	+18:11 05:58
11	533	Sérgio Costa	Bravos e bravitas	Veterano M40	01:31:11	+19:53 06:05
12	667	Filipe Marques	Individual	Veterano M40	01:32:01	+20:44 06:08

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13	810	Serafim Pereira da Rocha	Runners rego	Veterano M40	01:34:02	+22:45	06:16
14	591	PEDRO LOPES	Guisande Trail Running	Veterano M40	01:34:23	+23:05	06:18
15	735	MIGUEL LEMOS	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	01:34:46	+23:29	06:19
16	775	João Santos	Lourosa em Movimento	Veterano M40	01:35:40	+24:23	06:23
17	660	David Barros	Individual	Veterano M40	01:36:58	+25:41	06:28
18	762	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	Veterano M40	01:38:48	+27:31	06:35
19	700	Vitor felix	Individual	Veterano M40	01:41:25	+30:07	06:46
20	659	Daniel Silva	Individual	Veterano M40	01:41:40	+30:22	06:46
21	666	Filipe Carvalho	Individual	Veterano M40	01:43:36	+32:18	06:54
22	691	RICKY Matias	Individual	Veterano M40	01:44:15	+32:57	06:57
23	588	Carlos Costa	Guisande Trail Running	Veterano M40	01:46:50	+35:33	07:07
24	677	MANUEL SILVA	Individual	Veterano M40	01:47:27	+36:09	07:10
25	693	Rui Albino	Individual	Veterano M40	01:48:40	+37:23	07:15
26	532	Raphael Leite	Bravos e bravitas	Veterano M40	01:50:40	+39:22	07:23
27	675	Luís Pessoa	Individual	Veterano M40	01:51:10	+39:52	07:25
28	759	Filipe Nunes	Juventude Cortegacense	Veterano M40	01:51:35	+40:17	07:26
29	697	Tiago Magalhães	Individual	Veterano M40	01:51:53	+40:36	07:28
30	801	Luis Gomes	Pastello Runners	Veterano M40	01:52:40	+41:23	07:31
31	548	edgar pinho	CDC S. MARTINHO DA GÂNDARA	Veterano M40	01:55:08	+43:51	07:41
32	736	Nuno Santos	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	01:55:13	+43:55	07:41
33	847	Rolando Paulo	Feirense Trail	Veterano M40	01:55:47	+44:29	07:43
34	681	Paulo Costa	Individual	Veterano M40	01:57:25	+46:08	07:50
35	698	Valter Mota	Individual	Veterano M40	01:57:39	+46:21	07:51
36	829	Miguel Oliveira	Trail Running Suil Park	Veterano M40	01:57:42	+46:25	07:51
37	828	Hugo Guimarães	Trail Running Suil Park	Veterano M40	01:57:44	+46:26	07:51
38	696	Telmo Oliveira	Individual	Veterano M40	01:57:44	+46:26	07:51
39	827	Carlos Oliveira	Trail Running Suil Park	Veterano M40	01:57:44	+46:27	07:51
40	835	André oliveira	Trsp	Veterano M40	01:57:45	+46:27	07:51
41	679	Marco Paiva	Individual	Veterano M40	01:58:54	+47:36	07:56
42	672	João Machado	Individual	Veterano M40	01:59:33	+48:15	07:58
43	680	Marco Pinto	Individual	Veterano M40	01:59:37	+48:19	07:58
44	670	Gonçalo nuno de Pinho Oliveira	Individual	Veterano M40	01:59:46	+48:28	07:59
45	760	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	02:00:01	+48:43	08:00
46	658	Bruno Miguel Leite Moreira	Individual	Veterano M40	02:00:03	+48:45	08:00
47	664	Fernando Castro	Individual	Veterano M40	02:00:36	+49:19	08:02
48	668	Gil Ferreira	Individual	Veterano M40	02:02:45	+51:28	08:11
49	804	José Carlos Cepeda Coelho	PRODD TINTOL	Veterano M40	02:03:33	+52:15	08:14
50	699	Valter sa	Individual	Veterano M40	02:03:57	+52:39	08:16
51	819	Luís Santos	Salgueiros Running	Veterano M40	02:04:01	+52:43	08:16
52	571	João Almeida	Estronca Silvas	Veterano M40	02:04:23	+53:05	08:18
53	583	Luis Gonçalves	G.D.R.Sao Francisco da Serra	Veterano M40	02:04:44	+53:26	08:19
54	686	Ricardo Bastos	Individual	Veterano M40	02:05:21	+54:04	08:21
55	790	Pedro Patrício Marques Melo	Os Cangurus Pernetas	Veterano M40	02:07:00	+55:43	08:28
56	738	Ricardo Sousa	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:07:30	+56:13	08:30

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57	830	Marco Correia	TrailNadas	Veterano M40	02:08:17	+56:59	08:33
58	669	Gilberto Pinto	Individual	Veterano M40	02:08:24	+57:06	08:34
59	761	Maria José Franco Oliveira	Juventude Cortegacense	Veterano M40	02:08:27	+57:09	08:34
60	792	Nuno Figueiredo	Os Lesmas	Veterano M40	02:08:36	+57:18	08:34
61	834	Carlos Freitas	Trilhados	Veterano M40	02:09:06	+57:48	08:36
62	730	Bruno Duarte	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:09:09	+57:52	08:37
63	737	Ricardo Duarte	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:09:10	+57:52	08:37
64	673	Jorge Botelho	Individual	Veterano M40	02:09:58	+58:41	08:40
65	692	Rogério Henriques	Individual	Veterano M40	02:10:09	+58:51	08:41
66	519	Henrique Amorim	Brandoenses Running	Veterano M40	02:10:24	+59:07	08:42
67	537	Passarinha Jr.	Buscando o China	Veterano M40	02:10:42	+59:24	08:43
68	683	Pedro Botelho	Individual	Veterano M40	02:10:46	+59:28	08:43
69	695	Sérgio Filipe Santos Pereira	Individual	Veterano M40	02:11:09	+59:52	08:45
70	685	Pedro Silva	Individual	Veterano M40	02:12:52	+01:01:34	08:51
71	590	PAULO JESUS	Guisande Trail Running	Veterano M40	02:13:03	+01:01:46	08:52
72	823	Jorge Vasconcelos	SCCOIMBRÕES/EQUIPA A	Veterano M40	02:13:35	+01:02:18	08:54
73	796	Bruno Barros	Outlaw runners	Veterano M40	02:14:14	+01:02:57	08:57
74	568	BRUNO CÂMARA	Equipa A	Veterano M40	02:14:43	+01:03:26	08:59
75	805	Rui Manuel Oliveira Coelho	PRODD TINTOL	Veterano M40	02:16:34	+01:05:16	09:06
76	684	Pedro Oliveira	Individual	Veterano M40	02:16:51	+01:05:33	09:07
77	661	David Teixeira	Individual	Veterano M40	02:18:15	+01:06:58	09:13
78	821	Pedro Serrano	Sapatilhas Verdes	Veterano M40	02:19:28	+01:08:11	09:18
79	671	joao dias	Individual	Veterano M40	02:21:09	+01:09:51	09:25
80	676	Manuel Dias	Individual	Veterano M40	02:21:10	+01:09:52	09:25
81	540	Ricardo Pinto	Caminhadas da Amizade	Veterano M40	02:23:55	+01:12:37	09:36
82	653	Alberto Martins	Individual	Veterano M40	02:26:11	+01:14:53	09:45
83	665	Fernando Oliveira	Individual	Veterano M40	02:27:50	+01:16:33	09:51
84	656	António Santos	Individual	Veterano M40	02:27:56	+01:16:38	09:52
85	688	Ricardo Ferreira	Individual	Veterano M40	02:28:42	+01:17:24	09:55
86	678	Marco André Ferreira Lopes	Individual	Veterano M40	02:30:34	+01:19:17	10:02
87	662	Duarte Malheiro	Individual	Veterano M40	02:30:48	+01:19:30	10:03
88	732	Francisco Aragão	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:32:11	+01:20:53	10:09
89	731	Carlos Oliveira	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:32:12	+01:20:54	10:09
90	797	Daniel Sanchez	Outlaw runners	Veterano M40	02:32:39	+01:21:21	10:11
91	655	Antonio Reis	Individual	Veterano M40	02:33:38	+01:22:20	10:15
92	654	Antonio Jose Moreira Sousa	Individual	Veterano M40	02:33:52	+01:22:35	10:15
93	663	Eduardo Amorim	Individual	Veterano M40	02:33:53	+01:22:35	10:16
94	694	Sérgio Alexandre Pires Monteiro	Individual	Veterano M40	02:33:55	+01:22:37	10:16
95	518	Rui Rosas	Bloco On The Road	Veterano M40	02:39:45	+01:28:27	10:39
96	657	Bruno Conceição	Individual	Veterano M40	02:40:05	+01:28:48	10:40
97	569	Mário Araújo	Equipa A	Veterano M40	02:44:15	+01:32:57	10:57
98	733	Hugo Fardilha	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:47:47	+01:36:29	11:11
99	510	Fernando Lopes	ARCORUN	Veterano M40	02:48:05	+01:36:47	11:12

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100	531	Helder Silva	Bravos e bravitas	Veterano M40	02:48:26	+01:37:08	11:14
101	739	SERJONI SANTOS	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	02:55:06	+01:43:48	11:40
102	837	Marco Costa	Velha Guarda RC	Veterano M40	02:55:55	+01:44:38	11:44
103	734	Márcio Moreira	INTERMARCHÉ CANEDO/FAJÕES	Veterano M40	03:08:33	+01:57:16	12:34
104	798	Sterling Bolivar	Outlaw runners	Veterano M40	03:17:09	+02:05:51	13:09
105	689	Ricardo Ferreira	Individual	Veterano M40	03:24:39	+02:13:22	13:39

Veterano M50

1	515	Fernando Lima	Arrifana Running	Veterano M50	01:16:43		05:07
2	773	Orlando Valente	Lourosa em Movimento	Veterano M50	01:25:45	+09:02	05:43
3	785	José Tavares	NS TRAIL TEAM	Veterano M50	01:28:45	+12:02	05:55
4	822	Augusto Aluai	SC Espinho	Veterano M50	01:28:49	+12:06	05:55
5	545	Fernando Antunes	CDC Macieira de Cambra	Veterano M50	01:29:16	+12:32	05:57
6	784	Henrique Silva	NS TRAIL TEAM	Veterano M50	01:31:42	+14:59	06:07
7	764	Ernesto Marques Alves	Juventude Cortegacense	Veterano M50	01:38:04	+21:20	06:32
8	840	Augisto Ferreira	Carcavelos Seguros	Veterano M50	01:42:37	+25:54	06:50
9	712	Jose Paulo	Individual	Veterano M50	01:42:52	+26:08	06:51
10	714	Marcelo Fernandes	Individual	Veterano M50	01:46:35	+29:51	07:06
11	534	João Gomes	Bravos e bravitas	Veterano M50	01:48:13	+31:30	07:13
12	717	Paulo S	Individual	Veterano M50	01:48:38	+31:54	07:15
13	554	Paulo Silva	Corvos Running by S. V. P.	Veterano M50	01:48:45	+32:02	07:15
14	521	Constantino Mota	Brandoenses Running	Veterano M50	01:49:12	+32:28	07:17
15	710	José Augusto Ferreira	Individual	Veterano M50	01:50:10	+33:27	07:21
16	742	JOÃO NEVES	INTERMARCHÉ CANEDO/FAJÕES	Veterano M50	01:50:42	+33:59	07:23
17	740	ALCINO SANTOS	INTERMARCHÉ CANEDO/FAJÕES	Veterano M50	01:52:24	+35:41	07:30
18	800	Vitor Folgado	Outlaw runners	Veterano M50	01:53:15	+36:32	07:33
19	703	Carlos Lancha	Individual	Veterano M50	01:55:00	+38:17	07:40
20	743	José Mário Pinho	INTERMARCHÉ CANEDO/FAJÕES	Veterano M50	01:55:03	+38:20	07:40
21	570	Alberto Barros	Espírito jovem	Veterano M50	01:55:15	+38:31	07:41
22	765	Joel Sequeira	Juventude Cortegacense	Veterano M50	01:56:17	+39:34	07:45
23	56	jorge oliveira	Individual	Veterano M50	01:56:29	+39:46	07:46
24	746	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	01:56:56	+40:12	07:48
25	718	Pedro M Perez Rollan	Individual	Veterano M50	01:58:01	+41:18	07:52
26	716	Miguel Silva	Individual	Veterano M50	01:59:32	+42:48	07:58
27	776	Jorge Oliveira	Lourosa em Movimento	Veterano M50	02:00:37	+43:53	08:02
28	704	CECILIO MANUEL SILVA FERREIRA	Individual	Veterano M50	02:00:45	+44:02	08:03
29	562	Renato Fontinha	cristina fonseca	Veterano M50	02:01:16	+44:33	08:05
30	849	Silvério Santos	Feirense Trail	Veterano M50	02:01:28	+44:45	08:06
31	767	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M50	02:01:51	+45:08	08:07
32	541	Luís Barbosa	Caminhadas da Amizade	Veterano M50	02:02:44	+46:01	08:11
33	745	RENATO ARAÚJO	JUF ACC	Veterano M50	02:06:25	+49:41	08:26

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15KM

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15 KM

OFFICIAL RESULT

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34	741	Eduardo Pinto	INTERMARCHÉ CANEDO/FAJÕES	Veterano M50	02:07:03	+50:20	08:28
35	715	Mário Pereira	Individual	Veterano M50	02:07:51	+51:08	08:31
36	807	RICHARD NOGUEIRA	Richard Nogueira	Veterano M50	02:07:59	+51:16	08:32
37	720	Rui Magalhães	Individual	Veterano M50	02:10:32	+53:49	08:42
38	808	Tó-Zé Pinheiro	Run & Fun	Veterano M50	02:12:14	+55:31	08:49
39	799	Adelino Pinheiro	Outlaw runners	Veterano M50	02:14:11	+57:28	08:57
40	553	MIGUEL ANTONIO MAGALHAES CUNHA	Clube Millennium BCP	Veterano M50	02:20:42	+01:03:59	09:23
41	833	Elisio Dias	TrepaTrilhos Trail Team	Veterano M50	02:26:35	+01:09:51	09:46
42	711	José Patrício da Silva Almeida	Individual	Veterano M50	02:27:29	+01:10:46	09:50
43	561	Álvaro Almeida	cristina fonseca	Veterano M50	02:34:15	+01:17:32	10:17
44	713	Manuel Marques	Individual	Veterano M50	02:39:50	+01:23:07	10:39
45	766	Nelson Sergio Carvalho Azevedo	Juventude Cortegacense	Veterano M50	02:40:17	+01:23:34	10:41
46	763	Antonio Fernandes seixas das Neves	Juventude Cortegacense	Veterano M50	02:41:47	+01:25:04	10:47
47	544	ANTONIO PAULO PEREIRA	Cardoso Pereira	Veterano M50	02:42:36	+01:25:53	10:50
48	705	João Lourenço	Individual	Veterano M50	02:49:37	+01:32:54	11:18
49	702	António Couto	Individual	Veterano M50	02:56:18	+01:39:35	11:45
50	814	Jorge Augusto Oliveira Guerra	Running Esmoriz	Veterano M50	02:57:53	+01:41:10	11:52
51	707	Joaquim Pepe Roque	Individual	Veterano M50	03:03:20	+01:46:37	12:13
52	536	Vitor Lima	Bravos e bravitas	Veterano M50	03:27:00	+02:10:17	13:48

Veterano M60

1	542	Fernando Seabra da Silva	Caminhadas da Amizade	Veterano M60	01:36:14		06:25
2	522	José Luís Santos	Brandoenses Running	Veterano M60	01:43:01	+06:47	06:52
3	516	Manuel Zola	Arrifana Running	Veterano M60	01:49:48	+13:33	07:19
4	549	Rogério de Pinho e Silva	CDC S. MARTINHO DA GÂNDARA	Veterano M60	01:52:20	+16:05	07:29
5	769	Manuel Constantino Silva	Juventude Cortegacense	Veterano M60	02:01:11	+24:57	08:05
6	592	José Pinheiro	Guisande Trail Running	Veterano M60	02:09:40	+33:26	08:39
7	768	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M60	02:18:54	+42:40	09:16
8	815	Joaquim Pinto	Running Esmoriz	Veterano M60	02:57:07	+01:20:52	11:48

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