

20KM - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:00	17,1°C	60%
End	20:59	17.1°C	60%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	175	Luís Pereira	Individual	01:31:00		04:33	
2	120	Gusthavo Simas	Individual	01:33:34	+02:34	04:41	
3	204	André alves	Individual	01:34:11	+03:11	04:43	
4	203	João Mendonça	Individual	01:40:51	+09:51	05:03	
5	200	José Rafael Trindade Mendes	Individual	01:41:05	+10:05	05:03	
6	123	David Novo de Matos	Individual	01:41:14	+10:14	05:04	
7	21	Marco Gonçalo Carvalho Cunha	clube tap portugal	01:41:21	+10:21	05:04	
8	140	Paulo Sequeira	Free Runners/IDentPrint	01:41:42	+10:42	05:05	
9	121	Lukas Stangl	Individual	01:42:05	+11:05	05:06	
10	206	João Nuno Roque de Carvalho do Nascimento Graca	Individual	01:42:21	+11:21	05:07	
11	152	João Ginja	Linda a Pastora Sporting clube	01:43:06	+12:06	05:09	
12	179	Bruno Silva Carvalho	Individual	01:44:51	+13:51	05:15	
13	102	António Pinto	CPA CHESMAS	01:45:32	+14:32	05:17	
14	90	Luis Pereira	7 Colinas Runners	01:45:37	+14:37	05:17	
15	189	Filipe Ribeiro	Free Runners/IDentPrint	01:50:44	+19:44	05:32	
16	164	Tiago Ameixinha	Free Runners/IDentPrint	01:52:26	+21:26	05:37	
17	82	Adolfo Leal	Correr é Sofrer	01:53:01	+22:01	05:39	
18	137	Pedro Cardoso	Grupo Desportivo de S. Domingos	01:53:47	+22:47	05:41	
19	195	Nuno Magro	Free Runners/IDentPrint	01:55:00	+24:00	05:45	
20	100	João Casinhas	CPA CHESMAS	01:55:35	+24:35	05:47	
21	81	Arlindo Paixão	Correr é Sofrer	01:56:12	+25:12	05:49	
22	212	Tiago Gouveia	Individual	01:58:01	+27:01	05:54	
23	84	Angelo Luis	Individual	01:58:53	+27:53	05:57	
24	227	Rafael Martins	Casa do Benfica de Almodôvar	01:59:48	+28:48	05:59	
25	63	João Varela	Individual	01:59:59	+28:59	06:00	
26	158	Pedro Franco	Individual	02:01:06	+30:06	06:03	
27	177	Matheus Costa	Amigos da Maria	02:01:51	+30:51	06:06	
28	54	Ana Patrícia Oliveira	Grupo Desportivo de S. Domingos	02:01:56	+30:56	06:06	
29	216	Nélio Barreiro	Amigos Atletismo Mafra	02:02:23	+31:23	06:07	
30	70	Ines Pereira	Individual	02:02:31	+31:31	06:08	
31	192	Pedro Silva	Free Runners/IDentPrint	02:02:32	+31:32	06:08	
32	83	Cristiano Oliveira	Roda Dianteira	02:02:34	+31:34	06:08	
33	113	Sílvio Neto	Individual	02:03:31	+32:31	06:11	
34	39	NEVILLE SUZMAN	Clube Millennium BCP	02:03:42	+32:42	06:11	
35	134	Nelson Mota	Individual	02:03:53	+32:53	06:12	
36	67	João Pedro Simões	Individual	02:03:54	+32:54	06:12	
37	115	Manuel Moreira	FICALHO DC-CLUBE DOS TRILHOS	02:03:57	+32:57	06:12	
38	10	Nuno Gomes	Voltarengelinho	02:04:01	+33:01	06:12	
39	78	Bernardo Borbinha	Individual	02:04:05	+33:05	06:12	
40	80	Agostinho Matos	CCD Siemens	02:04:19	+33:19	06:13	
41	56	João Prisal	Associação Desportiva dos Palmeiros	02:04:29	+33:29	06:13	

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20 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	122	Melanie Rudolph	Individual	02:04:43	+33:43	06:14	
43	2	Aureliano Monteiro Da Luz	Individual	02:05:03	+34:03	06:15	
44	148	Fernando Rosa	SIMECQ	02:05:14	+34:14	06:16	
45	119	Paulo Póvoa	Stravistas da Venda do Pinheiro	02:06:31	+35:31	06:20	
46	224	Tomas Gonçalves	Individual	02:07:34	+36:34	06:23	
47	193	Miguel Duarte Pedro	Individual	02:08:14	+37:14	06:25	
48	98	Luís Baleia	CPA CHESMAS	02:08:38	+37:38	06:26	
49	61	Luís Ferreira	#somais1km	02:09:15	+38:15	06:28	
50	174	Carlos Pascoal	Individual	02:09:28	+38:28	06:28	
51	234	Bruno Sérgio Rodrigues Barros	Individual	02:10:04	+39:04	06:30	
52	190	Luis Ferreira	Free Runners/IDentPrint	02:10:10	+39:10	06:30	
53	217	José Carvalho	Individual	02:10:16	+39:16	06:31	
54	160	João Caetano	Individual	02:10:42	+39:42	06:32	
55	191	Ricardo Vieira	Free Runners/IDentPrint	02:11:27	+40:27	06:34	
56	109	Pedro Gomes	SS CGD	02:12:18	+41:18	06:37	
57	146	Rui Branco	Free Runners/IDentPrint	02:13:24	+42:24	06:40	
58	233	Karolina Szerlag	Individual	02:13:36	+42:36	06:41	
59	218	Pedro Garcia	Individual	02:13:43	+42:43	06:41	
60	59	CARLOS CRAVEIRA	Individual	02:13:44	+42:44	06:41	
61	101	Paulo Varela	CPA CHESMAS	02:14:03	+43:03	06:42	
62	161	Natália Estevaeo	Individual	02:14:35	+43:35	06:44	
63	280	Everly Pinilla	Clube Desportivo Miranda do Douro	02:15:08	+44:08	06:45	
64	18	Joaquim Frade	Individual	02:15:58	+44:58	06:48	
65	58	Sérgio Dinis Pereira Marques	Individual	02:16:44	+45:44	06:50	
66	143	nelson ribeiro	Individual	02:16:58	+45:58	06:51	
67	167	Jorge Gonçalves	GD Santa Cruz / Botelhos.pt	02:18:23	+47:23	06:55	
68	93	André Pereira	Individual	02:19:23	+48:23	06:58	
69	205	Joaquim Mário Augusto Guerreiro	AA Lebres do Sado	02:19:55	+48:55	07:00	
70	169	DANIEL TOLICA	Individual	02:20:06	+49:06	07:00	
71	202	Samuel Caetano	Individual	02:20:15	+49:15	07:01	
72	60	João Filipe Henriques	SS CGD	02:20:19	+49:19	07:01	
73	30	EDUARDO FILIPE AMARO FERREIRA	Clube Millennium BCP	02:20:22	+49:22	07:01	
74	173	Tiago Joaquim Dias Ramos	Individual	02:20:25	+49:25	07:01	
75	112	Maria Gamito	Individual	02:20:27	+49:27	07:01	
76	231	Hugo Duarte	Corrida das Belas	02:20:34	+49:34	07:02	
77	166	Alexandre Jardim	CCD PM CASCAIS	02:20:45	+49:45	07:02	
78	230	Rui Filipe Marques Almeida	Individual	02:20:51	+49:51	07:03	
79	229	Raquel do Carmo Monteiro Pinto	Individual	02:20:52	+49:52	07:03	
80	17	Pedro Almeida	Individual	02:21:10	+50:10	07:03	
81	52	Mécia Frias	Family Team	02:21:38	+50:38	07:05	
82	89	José Ferreira	Individual	02:21:45	+50:45	07:05	
83	176	Jorge Serra	Amigos da Maria	02:22:03	+51:03	07:06	
84	178	Rodrigo de Oliveira	Amigos da Maria	02:22:03	+51:03	07:06	
85	236	Inês Duarte	Individual	02:22:09	+51:09	07:06	
86	131	José Relvas	Individual	02:22:51	+51:51	07:09	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	154	Vitor Nunes	Amigos Atletismo Mafra	02:23:40	+52:40	07:11	
88	1	Sérgio Pedro	Individual	02:24:19	+53:19	07:13	
89	94	Cristina Romão	Individual	02:25:14	+54:14	07:16	
90	77	Miguel Chibante	FIDELIDADE GDC	02:25:14	+54:14	07:16	
91	91	Jorge Nobre	Individual	02:25:19	+54:19	07:16	
92	76	Simão Ortega	Individual	02:25:32	+54:32	07:17	
93	149	Flamino Santos	SIMECQ	02:25:39	+54:39	07:17	
94	141	Paulo Henrique Costa	Individual	02:25:40	+54:40	07:17	
95	107	Nathalie Rodrigues	Individual	02:26:01	+55:01	07:18	
96	151	Sandra Silva	SIMECQ	02:26:12	+55:12	07:19	
97	138	Nelson Pantaleão	Individual	02:26:15	+55:15	07:19	
98	74	João Ramos	Individual	02:26:38	+55:38	07:20	
99	130	Rui Marino	Individual	02:27:12	+56:12	07:22	
100	128	Célia Catarino	Individual	02:27:22	+56:22	07:22	
101	11	Cristina Carrega	GMCJamor	02:28:35	+57:35	07:26	
102	12	Ana Teixeira	Individual	02:28:44	+57:44	07:26	
103	126	Rui Costa Neto	Individual	02:29:11	+58:11	07:28	
104	182	Nuno Bogalheiro	Individual	02:29:20	+58:20	07:28	
105	219	Sofia Duarte	Individual	02:29:21	+58:21	07:28	
106	237	Paula Palhinhas	Corrida das Belas	02:29:45	+58:45	07:29	
107	238	Tânia Mota	Amigos Atletismo Mafra	02:29:47	+58:47	07:29	
108	235	Tiago David	Individual	02:29:54	+58:54	07:30	
109	279	Miguel Almeida	Milenium BCP	02:30:03	+59:03	07:30	
110	135	Luke Smalley	Individual	02:31:13	+01:00:13	07:34	
111	65	Selma Florindo	LineUp	02:31:14	+01:00:14	07:34	
112	36	MARCO HELDER RIBEIRO SILVA	Clube Millennium BCP	02:31:19	+01:00:19	07:34	
113	197	Sónia Alves	Individual	02:31:28	+01:00:28	07:34	
114	208	LUIS MIGUEL DAMIAO MARTINHO	Individual	02:31:29	+01:00:29	07:34	
115	41	PAULA ISABEL ROSA BATALHA	Clube Millennium BCP	02:32:55	+01:01:55	07:39	
116	145	Luis Santos	Individual	02:33:14	+01:02:14	07:40	
117	3	Marta Rita	GMCJamor	02:33:41	+01:02:41	07:41	
118	155	Ricardo Pereira	Stravistas da Venda do Pinheiro	02:33:56	+01:02:56	07:42	
119	186	Mario Marcelino	Individual	02:34:01	+01:03:01	07:42	
120	14	Paulo Belbute	Individual	02:34:09	+01:03:09	07:42	
121	180	Orlando Duarte	Individual	02:36:38	+01:05:38	07:50	
122	53	Pedro Silva	Family Team	02:36:38	+01:05:38	07:50	
123	187	Alexandre Duarte	Individual	02:36:44	+01:05:44	07:50	
124	159	Teresa Condeixa	Corrida das Belas	02:37:06	+01:06:06	07:51	
125	104	Eugenia Martins Conceição	Corrida das Belas	02:37:06	+01:06:06	07:51	
126	46	Ana Pereira	Individual	02:37:18	+01:06:18	07:52	
127	75	Miguel Figueiredo	Individual	02:38:24	+01:07:24	07:55	
128	5	António Martins	Housemartins Belas	02:38:34	+01:07:34	07:56	
129	201	Nuno Miguel Roupeta da Silva	Individual	02:39:50	+01:08:50	08:00	
130	37	MARCOS JOSE NORITAKE	Clube Millennium BCP	02:41:14	+01:10:15	08:04	
131	22	Rui Teixeira	Trilhos do Costume	02:41:15	+01:10:15	08:04	
132	162	Paula Fernandes	Individual	02:41:31	+01:10:31	08:05	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	87	Bruno Capelas	Individual	02:41:37	+01:10:37	08:05	
134	221	Carlos Gonçalves	Individual	02:42:10	+01:11:10	08:06	
135	51	Márcia Aguiar	BELOURA TEAM	02:42:53	+01:11:53	08:09	
136	55	Nuno Berton	Passo Firme, Corrida Forte.	02:43:48	+01:12:48	08:11	
137	153	José Barroco	Individual	02:44:11	+01:13:11	08:13	
138	71	Carlota Pereira Gonçalves	Individual	02:44:54	+01:13:54	08:15	
139	136	Gustavo Vinha	Pés no trilho, cabeça no vinho	02:45:14	+01:14:14	08:16	
140	209	Kátia Almeida	Trilhos do Costume	02:45:49	+01:14:49	08:17	
141	23	Tatiana Amorim	Trilhos do Costume	02:46:04	+01:15:04	08:18	
142	92	Teresa Nobre	Individual	02:46:36	+01:15:36	08:20	
143	105	Carlos Pereira	Individual	02:46:36	+01:15:36	08:20	
144	196	Ivo Alexandre Teixeira Marques	Individual	02:47:10	+01:16:10	08:22	
145	156	Maria João Carneiro	Individual	02:47:24	+01:16:24	08:22	
146	220	Marco Salgado	Individual	02:47:44	+01:16:44	08:23	
147	185	Carlos Rangel	Individual	02:51:06	+01:20:06	08:33	
148	45	Cláudia Miranda Simões	BELOURA TEAM	02:51:15	+01:20:15	08:34	
149	72	Luis Delgado	Clube de Atletismo da Nazaré	02:53:28	+01:22:28	08:40	
150	42	PAULO ALEXANDRE GONCALVES NUNES	Clube Millennium BCP	02:53:39	+01:22:39	08:41	
151	207	SONIA MARIA ALEVADA SARAMAGO	Individual	02:54:36	+01:23:36	08:44	
152	57	Romão Santos	Associação Desportiva dos Palmeiros	02:55:15	+01:24:15	08:46	
153	9	Francisco Amaro	Individual	02:55:23	+01:24:23	08:46	
154	26	Maria Dulce Duarte	Individual	02:56:50	+01:25:50	08:50	
155	73	Maria Delgado	Clube de Atletismo da Nazaré	03:02:30	+01:31:30	09:07	
156	198	Ana Ferreira	Individual	03:07:26	+01:36:26	09:22	
157	199	Pedro Rodrigues	Individual	03:07:28	+01:36:28	09:22	
158	40	Rita OLIVEIRA NORITAKE	Clube Millennium BCP	03:09:26	+01:38:26	09:28	
159	66	Sofia Oliveira	Corrida das Belas	03:14:11	+01:43:11	09:43	
160	34	LUIZ MANUEL CONCEICAO MENDES	Clube Millennium BCP	03:14:12	+01:43:12	09:43	
161	33	JOAO MIGUEL BATALHA SOTERO	Clube Millennium BCP	03:14:13	+01:43:13	09:43	
162	38	MARIA ROSARIO SANTOS NOBRE	Clube Millennium BCP	03:14:14	+01:43:14	09:43	
163	64	Rita Lino	Corrida das Belas	03:14:47	+01:43:47	09:44	
164	68	Mário Lino	Corrida das Belas	03:14:48	+01:43:48	09:44	
165	116	Sónia Castro	Individual	03:16:19	+01:45:19	09:49	
166	147	Ana Paula Nunes	SIMECQ	03:16:20	+01:45:20	09:49	
167	232	Lúcia Patriarca	Individual	03:27:25	+01:56:25	10:22	
168	129	Marisa Paula Pereira Pinto	Individual	03:27:25	+01:56:25	10:22	
169	117	Viriato Ferreira de Sousa	Individual	03:27:28	+01:56:28	10:22	
170	13	Vanessa Nascimento	Individual	03:30:58	+01:59:58	10:33	
171	118	Vera Cristina Ribeiro Tavares	Individual	03:34:17	+02:03:17	10:43	
172	114	Marta Pimenta	Individual	03:34:17	+02:03:17	10:43	
173	165	Hugo Lampreia	Individual	03:59:32	+02:28:32	11:59	

20KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	17:00	17,1°C	60%
End	20:59	17.1°C	60%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	122	Melanie Rudolph	Individual	Senior Feminino	02:04:43	06:14
2	233	Karolina Szerlag	Individual	Senior Feminino	02:13:36	+08:53 06:41
3	280	Everly Pinilla	Clube Desportivo Miranda do Douro	Senior Feminino	02:15:08	+10:25 06:45
4	229	Raquel do Carmo Monteiro Pinto	Individual	Senior Feminino	02:20:52	+16:08 07:03
5	238	Tânia Mota	Amigos Atletismo Mafra	Senior Feminino	02:29:47	+25:03 07:29
6	71	Carlota Pereira Gonçalves	Individual	Senior Feminino	02:44:54	+40:11 08:15
7	23	Tatiana Amorim	Trilhos do Costume	Senior Feminino	02:46:04	+41:20 08:18
8	156	Maria João Carneiro	Individual	Senior Feminino	02:47:24	+42:40 08:22
9	45	Cláudia Miranda Simões	BELOURA TEAM	Senior Feminino	02:51:15	+46:31 08:34
10	73	Maria Delgado	Clube de Atletismo da Nazaré	Senior Feminino	03:02:30	+57:46 09:07
11	40	Rita OLIVEIRA NORITAKE	Clube Millennium BCP	Senior Feminino	03:09:26	+01:04:42 09:28
12	64	Rita Lino	Corrida das Belas	Senior Feminino	03:14:47	+01:10:04 09:44
13	13	Vanessa Nascimento	Individual	Senior Feminino	03:30:58	+01:26:15 10:33

Senior Masculino

1	175	Luís Pereira	Individual	Senior Masculino	01:31:00		04:33
2	120	Gusthavo Simas	Individual	Senior Masculino	01:33:34	+02:33	04:41
3	204	André alves	Individual	Senior Masculino	01:34:11	+03:10	04:43
4	203	João Mendonça	Individual	Senior Masculino	01:40:51	+09:50	05:03
5	200	José Rafael Trindade Mendes	Individual	Senior Masculino	01:41:05	+10:04	05:03
6	121	Lukas Stangl	Individual	Senior Masculino	01:42:05	+11:04	05:06
7	206	João Nuno Roque de Carvalho do Nascimento Graca	Individual	Senior Masculino	01:42:21	+11:20	05:07
8	164	Tiago Ameixinha	Free Runners/IDentPrint	Senior Masculino	01:52:26	+21:25	05:37
9	63	João Varela	Individual	Senior Masculino	01:59:59	+28:58	06:00
10	177	Matheus Costa	Amigos da Maria	Senior Masculino	02:01:51	+30:50	06:06
11	113	Silvio Neto	Individual	Senior Masculino	02:03:31	+32:30	06:11
12	67	João Pedro Simões	Individual	Senior Masculino	02:03:54	+32:53	06:12
13	78	Bernardo Borbinha	Individual	Senior Masculino	02:04:05	+33:04	06:12
14	217	José Carvalho	Individual	Senior Masculino	02:10:16	+39:15	06:31
15	146	Rui Branco	Free Runners/IDentPrint	Senior Masculino	02:13:24	+42:23	06:40
16	218	Pedro Garcia	Individual	Senior Masculino	02:13:43	+42:42	06:41
17	93	André Pereira	Individual	Senior Masculino	02:19:23	+48:22	06:58
18	230	Rui Filipe Marques Almeida	Individual	Senior Masculino	02:20:51	+49:50	07:03
19	74	João Ramos	Individual	Senior Masculino	02:26:38	+55:37	07:20
20	135	Luke Smalley	Individual	Senior Masculino	02:31:13	+01:00:12	07:34
21	53	Pedro Silva	Family Team	Senior Masculino	02:36:38	+01:05:37	07:50

Official Timekeeper: Lap2Go	1 / 6	generate 10-mai.-2025 21:00
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OFFICIAL RESULT

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22	33	JOAO MIGUEL BATALHA SOTERO	Clube Millennium BCP	Senior Masculino	03:14:13	+01:43:12	09:43
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Sub 23 Masculino

1	227	Rafael Martins	Casa do Benfica de Almodôvar	Sub 23 Masculino	01:59:48	05:59
2	224	Tomas Gonçalves	Individual	Sub 23 Masculino	02:07:34	+07:45 06:23
3	169	DANIEL TOLICA	Individual	Sub 23 Masculino	02:20:06	+20:17 07:00

Veterana F40

1	52	Mécia Frias	Family Team	Veterana F40	02:21:38		07:05
2	236	Inês Duarte	Individual	Veterana F40	02:22:09	+00:30	07:06
3	12	Ana Teixeira	Individual	Veterana F40	02:28:44	+07:05	07:26
4	219	Sofia Duarte	Individual	Veterana F40	02:29:21	+07:42	07:28
5	65	Selma Florindo	LineUp	Veterana F40	02:31:14	+09:36	07:34
6	159	Teresa Condeixa	Corrida das Belas	Veterana F40	02:37:06	+15:27	07:51
7	118	Vera Cristina Ribeiro Tavares	Individual	Veterana F40	03:34:17	+01:12:38	10:43
8	114	Marta Pimenta	Individual	Veterana F40	03:34:17	+01:12:38	10:43

Veterana F45

1	54	Ana Patrícia Oliveira	Grupo Desportivo de S. Domingos	Veterana F45	02:01:56	06:06
2	70	Ines Pereira	Individual	Veterana F45	02:02:31	+00:35 06:08
3	161	Natália Estevão	Individual	Veterana F45	02:14:35	+12:39 06:44
4	107	Nathalie Rodrigues	Individual	Veterana F45	02:26:01	+24:05 07:18
5	151	Sandra Silva	SIMECQ	Veterana F45	02:26:12	+24:16 07:19
6	237	Paula Palhinhas	Corrida das Belas	Veterana F45	02:29:45	+27:49 07:29
7	162	Paula Fernandes	Individual	Veterana F45	02:41:31	+39:35 08:05
8	198	Ana Ferreira	Individual	Veterana F45	03:07:26	+01:05:30 09:22
9	232	Lúcia Patriarca	Individual	Veterana F45	03:27:25	+01:25:29 10:22

Veterana F50

1	112	Maria Gamito	Individual	Veterana F50	02:20:27	07:01
2	11	Cristina Carrega	GMCJamor	Veterana F50	02:28:35	+08:07 07:26
3	197	Sónia Alves	Individual	Veterana F50	02:31:28	+11:00 07:34
4	3	Marta Rita	GMCJamor	Veterana F50	02:33:41	+13:13 07:41
5	104	Eugenia Martins Conceição	Corrida das Belas	Veterana F50	02:37:06	+16:39 07:51
6	51	Márcia Aguiar	BELOURA TEAM	Veterana F50	02:42:53	+22:25 08:09
7	209	Kátia Almeida	Trilhos do Costume	Veterana F50	02:45:49	+25:22 08:17
8	207	SONIA MARIA ALEVADA SARAMAGO	Individual	Veterana F50	02:54:36	+34:08 08:44
9	66	Sofia Oliveira	Corrida das Belas	Veterana F50	03:14:11	+53:43 09:43
10	147	Ana Paula Nunes	SIMECQ	Veterana F50	03:16:20	+55:52 09:49

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11	129	Marisa Paula Pereira Pinto	Individual	Veterana F50	03:27:25	+01:06:58	10:22
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Veterana F55

1	94	Cristina Romão	Individual	Veterana F55	02:25:14	07:16
2	128	Célia Catarino	Individual	Veterana F55	02:27:22	+02:07 07:22
3	46	Ana Pereira	Individual	Veterana F55	02:37:18	+12:03 07:52
4	92	Teresa Nobre	Individual	Veterana F55	02:46:36	+21:21 08:20
5	26	Maria Dulce Duarte	Individual	Veterana F55	02:56:50	+31:35 08:50
6	38	MARIA ROSARIO SANTOS NOBRE	Clube Millennium BCP	Veterana F55	03:14:14	+48:59 09:43
7	116	Sónia Castro	Individual	Veterana F55	03:16:19	+51:05 09:49

Veterana F60

1	41	PAULA ISABEL ROSA BATALHA	Clube Millennium BCP	Veterana F60	02:32:55	07:39
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Veterano M40

1	123	David Novo de Matos	Individual	Veterano M40	01:41:14	05:04
2	21	Marco Gonçalves Carvalho Cunha	clube tap portugal	Veterano M40	01:41:21	+00:07 05:04
3	179	Bruno Silva Carvalho	Individual	Veterano M40	01:44:51	+03:36 05:15
4	189	Filipe Ribeiro	Free Runners/IDentPrint	Veterano M40	01:50:44	+09:29 05:32
5	158	Pedro Franco	Individual	Veterano M40	02:01:06	+19:51 06:03
6	83	Cristiano Oliveira	Roda Dianteira	Veterano M40	02:02:34	+21:20 06:08
7	191	Ricardo Vieira	Free Runners/IDentPrint	Veterano M40	02:11:27	+30:13 06:34
8	231	Hugo Duarte	Corrida das Belas	Veterano M40	02:20:34	+39:19 07:02
9	89	José Ferreira	Individual	Veterano M40	02:21:45	+40:30 07:05
10	178	Rodrigo de Oliveira	Amigos da Maria	Veterano M40	02:22:03	+40:48 07:06
11	154	Vitor Nunes	Amigos Atletismo Mafra	Veterano M40	02:23:40	+42:26 07:11
12	1	Sérgio Pedro	Individual	Veterano M40	02:24:19	+43:05 07:13
13	76	Simão Ortega	Individual	Veterano M40	02:25:32	+44:18 07:17
14	235	Tiago David	Individual	Veterano M40	02:29:54	+48:39 07:30
15	36	MARCO HELDER RIBEIRO SILVA	Clube Millennium BCP	Veterano M40	02:31:19	+50:04 07:34
16	87	Bruno Capelas	Individual	Veterano M40	02:41:37	+01:00:22 08:05
17	196	Ivo Alexandre Teixeira Marques	Individual	Veterano M40	02:47:10	+01:05:56 08:22

Veterano M45

1	140	Paulo Sequeira	Free Runners/IDentPrint	Veterano M45	01:41:42	05:05
2	137	Pedro Cardoso	Grupo Desportivo de S. Domingos	Veterano M45	01:53:47	+12:05 05:41
3	212	Tiago Gouveia	Individual	Veterano M45	01:58:01	+16:18 05:54
4	84	Angelo Luis	Individual	Veterano M45	01:58:53	+17:10 05:57
5	192	Pedro Silva	Free Runners/IDentPrint	Veterano M45	02:02:32	+20:50 06:08

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6	10	Nuno Gomes	Voltarengelinho	Veterano M45	02:04:01	+22:18	06:12
7	80	Agostinho Matos	CCD Siemens	Veterano M45	02:04:19	+22:36	06:13
8	2	Aureliano Monteiro Da Luz	Individual	Veterano M45	02:05:03	+23:20	06:15
9	98	Luís Baleia	CPA CHESMAS	Veterano M45	02:08:38	+26:55	06:26
10	234	Bruno Sérgio Rodrigues Barros	Individual	Veterano M45	02:10:04	+28:21	06:30
11	109	Pedro Gomes	SS CGD	Veterano M45	02:12:18	+30:35	06:37
12	58	Sérgio Dinis Pereira Marques	Individual	Veterano M45	02:16:44	+35:01	06:50
13	167	Jorge Gonçalves	GD Santa Cruz / Botelhos.pt	Veterano M45	02:18:23	+36:40	06:55
14	202	Samuel Caetano	Individual	Veterano M45	02:20:15	+38:32	07:01
15	173	Tiago Joaquim Dias Ramos	Individual	Veterano M45	02:20:25	+38:42	07:01
16	77	Miguel Chibante	FIDELIDADE GDC	Veterano M45	02:25:14	+43:31	07:16
17	141	Paulo Henrique Costa	Individual	Veterano M45	02:25:40	+43:58	07:17
18	138	Nelson Pantaleão	Individual	Veterano M45	02:26:15	+44:32	07:19
19	155	Ricardo Pereira	Stravistas da Venda do Pinheiro	Veterano M45	02:33:56	+52:13	07:42
20	186	Mario Marcelino	Individual	Veterano M45	02:34:01	+52:18	07:42
21	221	Carlos Gonçalves	Individual	Veterano M45	02:42:10	+01:00:27	08:06
22	136	Gustavo Vinha	Pés no trilho, cabeça no vinho	Veterano M45	02:45:14	+01:03:32	08:16
23	199	Pedro Rodrigues	Individual	Veterano M45	03:07:28	+01:25:45	09:22

Veterano M50

1	102	António Pinto	CPA CHESMAS	Veterano M50	01:45:32		05:17
2	195	Nuno Magro	Free Runners/IDentPrint	Veterano M50	01:55:00	+09:27	05:45
3	100	João Casinhas	CPA CHESMAS	Veterano M50	01:55:35	+10:02	05:47
4	216	Nélio Barreiro	Amigos Atletismo Mafra	Veterano M50	02:02:23	+16:50	06:07
5	56	João Prisal	Associação Desportiva dos Palmeiros	Veterano M50	02:04:29	+18:56	06:13
6	190	Luis Ferreira	Free Runners/IDentPrint	Veterano M50	02:10:10	+24:37	06:30
7	160	João Caetano	Individual	Veterano M50	02:10:42	+25:09	06:32
8	59	CARLOS CRAVEIRA	Individual	Veterano M50	02:13:44	+28:11	06:41
9	101	Paulo Varela	CPA CHESMAS	Veterano M50	02:14:03	+28:30	06:42
10	143	nelson ribeiro	Individual	Veterano M50	02:16:58	+31:25	06:51
11	205	Joaquim Mário Augusto Guerreiro	AA Lebres do Sado	Veterano M50	02:19:55	+34:22	07:00
12	60	João Filipe Henriques	SS CGD	Veterano M50	02:20:19	+34:46	07:01
13	30	EDUARDO FILIPE AMARO FERREIRA	Clube Millennium BCP	Veterano M50	02:20:22	+34:50	07:01
14	166	Alexandre Jardim	CCD PM CASCAIS	Veterano M50	02:20:45	+35:12	07:02
15	17	Pedro Almeida	Individual	Veterano M50	02:21:10	+35:37	07:03
16	130	Rui Marino	Individual	Veterano M50	02:27:12	+41:39	07:22
17	126	Rui Costa Neto	Individual	Veterano M50	02:29:11	+43:38	07:28
18	182	Nuno Bogalheiro	Individual	Veterano M50	02:29:20	+43:47	07:28
19	14	Paulo Belbute	Individual	Veterano M50	02:34:09	+48:36	07:42
20	75	Miguel Figueiredo	Individual	Veterano M50	02:38:24	+52:52	07:55
21	5	António Martins	Housemartins Belas	Veterano M50	02:38:34	+53:01	07:56
22	201	Nuno Miguel Roupeta da Silva	Individual	Veterano M50	02:39:50	+54:17	08:00
23	22	Rui Teixeira	Trilhos do Costume	Veterano M50	02:41:15	+55:42	08:04
24	55	Nuno Berton	Passo Firme, Corrida Forte.	Veterano M50	02:43:48	+58:15	08:11

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25	220	Marco Salgado	Individual	Veterano M50	02:47:44	+01:02:12	08:23
26	57	Romão Santos	Associação Desportiva dos Palmeiros	Veterano M50	02:55:15	+01:09:42	08:46
27	165	Hugo Lampreia	Individual	Veterano M50	03:59:32	+02:13:59	11:59

Veterano M55

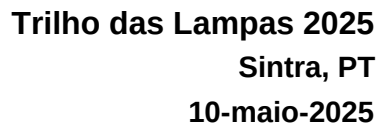
1	90	Luis Pereira	7 Colinas Runners	Veterano M55	01:45:37	05:17
2	82	Adolfo Leal	Correr é Sofrer	Veterano M55	01:53:01	+07:24 05:39
3	39	NEVILLE SUZMAN	Clube Millennium BCP	Veterano M55	02:03:42	+18:05 06:11
4	134	Nelson Mota	Individual	Veterano M55	02:03:53	+18:15 06:12
5	115	Manuel Moreira	FICALHO DC-CLUBE DOS TRILHOS	Veterano M55	02:03:57	+18:20 06:12
6	193	Miguel Duarte Pedro	Individual	Veterano M55	02:08:14	+22:37 06:25
7	61	Luís Ferreira	#somais1km	Veterano M55	02:09:15	+23:37 06:28
8	176	Jorge Serra	Amigos da Maria	Veterano M55	02:22:03	+36:25 07:06
9	131	José Relvas	Individual	Veterano M55	02:22:51	+37:13 07:09
10	279	Miguel Almeida	Milenium BCP	Veterano M55	02:30:03	+44:25 07:30
11	208	LUIS MIGUEL DAMIAO MARTINHO	Individual	Veterano M55	02:31:29	+45:52 07:34
12	37	MARCOS JOSE NORITAKE	Clube Millennium BCP	Veterano M55	02:41:14	+55:37 08:04
13	9	Francisco Amaro	Individual	Veterano M55	02:55:23	+01:09:46 08:46

Veterano M60

1	152	João Ginja	Linda a Pastora Sporting clube	Veterano M60	01:43:06	05:09
2	81	Arlindo Paixão	Correr é Sofrer	Veterano M60	01:56:12	+13:06 05:49
3	119	Paulo Póvoa	Stravistas da Venda do Pinheiro	Veterano M60	02:06:31	+23:25 06:20
4	174	Carlos Pascoal	Individual	Veterano M60	02:09:28	+26:22 06:28
5	91	Jorge Nobre	Individual	Veterano M60	02:25:19	+42:13 07:16
6	149	Flamino Santos	SIMECQ	Veterano M60	02:25:39	+42:33 07:17
7	145	Luis Santos	Individual	Veterano M60	02:33:14	+50:08 07:40
8	72	Luis Delgado	Clube de Atletismo da Nazaré	Veterano M60	02:53:28	+01:10:22 08:40
9	42	PAULO ALEXANDRE GONCALVES NUNES	Clube Millennium BCP	Veterano M60	02:53:39	+01:10:33 08:41
10	68	Mário Lino	Corrida das Belas	Veterano M60	03:14:48	+01:31:41 09:44
11	117	Viriato Ferreira de Sousa	Individual	Veterano M60	03:27:28	+01:44:21 10:22

Veterano M65

1	148	Fernando Rosa	SIMECQ	Veterano M65	02:05:14	06:16
2	180	Orlando Duarte	Individual	Veterano M65	02:36:38	+31:23 07:50
3	187	Alexandre Duarte	Individual	Veterano M65	02:36:44	+31:29 07:50
4	153	José Barroco	Individual	Veterano M65	02:44:11	+38:56 08:13
5	105	Carlos Pereira	Individual	Veterano M65	02:46:36	+41:21 08:20
6	34	LUIZ MANUEL CONCEICAO MENDES	Clube Millennium BCP	Veterano M65	03:14:12	+01:08:57 09:43



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1	18	Joaquim Frade	Individual	Veterano M70	02:15:58	06:48
2	185	Carlos Rangel	Individual	Veterano M70	02:51:06	+35:07 08:33

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Official Timekeeper: Lap2Go	1 / 1	generate 10-mai.-2025 20:56
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