

## TRAIL 25K - STAGE 1

**25 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:00 | 11.7°C      | 93%      |
| End   | 13:06 | 12.2°C      | 95%      |

| RANK | BIB  | NAME                            | TEAM                                                   | CAT              | RESULT   | DIFF      | t/KM  |
|------|------|---------------------------------|--------------------------------------------------------|------------------|----------|-----------|-------|
| 1    | 1217 | Thomas Haag                     | runforestrun                                           | Senior Masculino | 02:27:49 |           | 05:55 |
| 2    | 122  | Daniel Gomes                    | individual                                             | Senior Masculino | 02:30:15 | +02:25    | 06:01 |
| 3    | 108  | Sérgio Pereira                  | break                                                  | Senior Masculino | 02:34:45 | +06:56    | 06:11 |
| 4    | 146  | Sérgio Moreira                  | paços runners                                          | Veterano M50     | 02:34:46 | +06:56    | 06:11 |
| 5    | 103  | Nuno Silva                      | a.r.sequeiró/destemidos                                | Senior Masculino | 02:35:53 | +08:03    | 06:14 |
| 6    | 104  | Ricardo Machado                 | a.r.sequeiró/destemidos                                | Veterano M40     | 02:36:05 | +08:15    | 06:15 |
| 7    | 137  | Alfredo da Silva Moreira        | individual                                             | Veterano M50     | 02:38:12 | +10:22    | 06:20 |
| 8    | 117  | Miguel Andrade                  | corredores do mato                                     | Veterano M40     | 02:42:08 | +14:18    | 06:29 |
| 9    | 102  | carlos silva                    | a.d.nós acreditamos                                    | Veterano M50     | 02:51:38 | +23:49    | 06:52 |
| 10   | 143  | Fernando Almeida                | nocturnos de paredes                                   | Veterano M40     | 03:00:12 | +32:22    | 07:13 |
| 11   | 111  | Luis Pais de Sousa              | break                                                  | Veterano M50     | 03:01:57 | +34:07    | 07:17 |
| 12   | 125  | Filipe Soares                   | individual                                             | Senior Masculino | 03:11:26 | +43:37    | 07:39 |
| 13   | 105  | António Mendes                  | associação desportiva aventuras de paiva - tuga mobile | Senior Masculino | 03:15:39 | +47:50    | 07:50 |
| 14   | 106  | Carlos Moreira                  | associação desportiva aventuras de paiva - tuga mobile | Veterano M40     | 03:15:40 | +47:50    | 07:50 |
| 15   | 107  | Filipe Pinto                    | associação desportiva aventuras de paiva - tuga mobile | Veterano M40     | 03:15:40 | +47:50    | 07:50 |
| 16   | 120  | José Gonçalves                  | impar running team                                     | Veterano M50     | 03:18:28 | +50:39    | 07:56 |
| 17   | 123  | FABIO Marques                   | individual                                             | Senior Masculino | 03:20:39 | +52:49    | 08:02 |
| 18   | 115  | Marlene pinheiro                | clube trilheiros & amigos                              | Veterana F40     | 03:23:11 | +55:21    | 08:08 |
| 19   | 138  | David Silva Dias                | individual                                             | Veterano M50     | 03:23:26 | +55:37    | 08:08 |
| 20   | 1021 | Gilberto Orlando                | clube trilheiros & amigos                              | Veterano M40     | 03:23:26 | +55:37    | 08:08 |
| 21   | 147  | Leandro Silva                   | sport clube freamunde                                  | Veterano M40     | 03:24:35 | +56:46    | 08:11 |
| 22   | 141  | José Sá                         | individual                                             | Veterano M50     | 03:26:23 | +58:33    | 08:15 |
| 23   | 149  | Paula Manuela Dias              | trepatrihos trail team                                 | Veterana F50     | 03:36:44 | +01:08:54 | 08:40 |
| 24   | 150  | Paulo Sampaio                   | trepatrihos trail team                                 | Veterano M40     | 03:37:04 | +01:09:14 | 08:41 |
| 25   | 151  | Cristina Silva                  | sérgio rodrigues fotografia                            | Veterana F50     | 03:40:40 | +01:12:51 | 08:50 |
| 26   | 140  | Henrique Santos                 | individual                                             | Veterano M50     | 03:40:45 | +01:12:55 | 08:50 |
| 27   | 145  | Fátima Pereira                  | os bravos dos trilhos                                  | Veterana F50     | 03:43:23 | +01:15:33 | 08:56 |
| 28   | 144  | Adriana Barbosa                 | os bravos dos trilhos                                  | Senior Feminino  | 03:43:23 | +01:15:34 | 08:56 |
| 29   | 130  | Maria de Fátima Vieira da Costa | individual                                             | Veterana F50     | 03:54:09 | +01:26:19 | 09:22 |
| 30   | 118  | PAULO SILVA                     | gd leões da guarda - lion runners                      | Veterano M50     | 03:54:18 | +01:26:28 | 09:22 |
| 31   | 113  | Isabel Oliveira                 | caminhadas da amizade                                  | Senior Feminino  | 03:56:41 | +01:28:51 | 09:28 |
| 32   | 114  | Ricardo Moraes                  | caminhadas da amizade                                  | Senior Masculino | 03:56:42 | +01:28:52 | 09:28 |
| 33   | 129  | Solange Sousa                   | individual                                             | Veterana F40     | 04:01:11 | +01:33:22 | 09:39 |
| 34   | 126  | Maximino Canhola                | individual                                             | Senior Masculino | 04:01:47 | +01:33:57 | 09:40 |
| 35   | 112  | Cristiana Seabra                | caminhadas da amizade                                  | Senior Feminino  | 04:01:47 | +01:33:58 | 09:40 |
| 36   | 119  | Pedro VilasBoas                 | impar running team                                     | Senior Masculino | 04:05:03 | +01:37:13 | 09:48 |
| 37   | 131  | Paula Cristina Oliveira Silva   | individual                                             | Veterana F50     | 04:05:54 | +01:38:04 | 09:50 |

## Trail 25K

**25 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:00 | 11.7°C      | 93%      |
| End   | 13:06 | 12.2°C      | 95%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|   |     |                  |                       |                 |          |           |          |
|---|-----|------------------|-----------------------|-----------------|----------|-----------|----------|
| 1 | 144 | Adriana Barbosa  | Os Bravos dos Trilhos | Senior Feminino | 03:43:23 | +01:15:34 | 08:56:57 |
| 2 | 113 | Isabel Oliveira  | Caminhadas da amizade | Senior Feminino | 03:56:41 | +01:28:51 | 09:28:52 |
| 3 | 112 | Cristiana Seabra | Caminhadas da amizade | Senior Feminino | 04:01:47 | +01:33:58 | 09:40:59 |

## Senior Masculino

|    |      |                  |                                                        |                  |          |                    |
|----|------|------------------|--------------------------------------------------------|------------------|----------|--------------------|
| 1  | 1217 | Thomas Haag      | RunForestRun                                           | Senior Masculino | 02:27:49 | 05:55:12           |
| 2  | 122  | Daniel Gomes     | Individual                                             | Senior Masculino | 02:30:15 | +02:25 06:01:00    |
| 3  | 108  | Sérgio Pereira   | BREAK                                                  | Senior Masculino | 02:34:45 | +06:56 06:11:00    |
| 4  | 103  | Nuno Silva       | A.R.Sequeirô/Destemidos                                | Senior Masculino | 02:35:53 | +08:03 06:14:00    |
| 5  | 125  | Filipe Soares    | Individual                                             | Senior Masculino | 03:11:26 | +43:37 07:39:00    |
| 6  | 105  | António Mendes   | Associação Desportiva Aventuras de Paiva - Tuga Mobile | Senior Masculino | 03:15:39 | +47:50 07:50:00    |
| 7  | 123  | FABIO Marques    | Individual                                             | Senior Masculino | 03:20:39 | +52:49 08:02:00    |
| 8  | 114  | Ricardo Morais   | Caminhadas da amizade                                  | Senior Masculino | 03:56:42 | +01:28:52 09:28:00 |
| 9  | 126  | Maximino Canhola | Individual                                             | Senior Masculino | 04:01:47 | +01:33:57 09:40:00 |
| 10 | 119  | Pedro VilasBoas  | Impar Running Team                                     | Senior Masculino | 04:05:03 | +01:37:13 09:48:00 |

## Veterana F40

|   |     |                  |                           |              |          |           |          |
|---|-----|------------------|---------------------------|--------------|----------|-----------|----------|
| 1 | 115 | Marlene pinheiro | Clube Trilheiros & amigos | Veterana F40 | 03:23:11 | +55:21    | 08:08:32 |
| 2 | 129 | Solange Sousa    | Individual                | Veterana F40 | 04:01:11 | +01:33:22 | 09:39:53 |

## Veterana F50

|   |     |                                 |                             |              |          |           |          |
|---|-----|---------------------------------|-----------------------------|--------------|----------|-----------|----------|
| 1 | 149 | Paula Manuela Dias              | TrepaTrilhos Trail Team     | Veterana F50 | 03:36:44 | +01:08:54 | 08:40:38 |
| 2 | 151 | Cristina Silva                  | Sérgio Rodrigues Fotografia | Veterana F50 | 03:40:40 | +01:12:51 | 08:50:31 |
| 3 | 145 | Fátima Pereira                  | Os Bravos dos Trilhos       | Veterana F50 | 03:43:23 | +01:15:33 | 08:58:56 |
| 4 | 130 | Maria de Fátima Vieira da Costa | Individual                  | Veterana F50 | 03:54:09 | +01:26:19 | 09:22:28 |
| 5 | 131 | Paula Cristina Oliveira Silva   | Individual                  | Veterana F50 | 04:05:54 | +01:38:04 | 09:50:02 |

## Veterano M40

|   |     |                  |                                                        |              |          |        |          |
|---|-----|------------------|--------------------------------------------------------|--------------|----------|--------|----------|
| 1 | 104 | Ricardo Machado  | A.R.Sequeirô/Destemidos                                | Veterano M40 | 02:36:05 | +08:15 | 06:15:00 |
| 2 | 117 | Miguel Andrade   | Corredores do Mato                                     | Veterano M40 | 02:42:08 | +14:18 | 06:29:00 |
| 3 | 143 | Fernando Almeida | Nocturnos de Paredes                                   | Veterano M40 | 03:00:12 | +32:22 | 07:13:00 |
| 4 | 106 | Carlos Moreira   | Associação Desportiva Aventuras de Paiva - Tuga Mobile | Veterano M40 | 03:15:40 | +47:50 | 07:50:00 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 2 | generate 16-Nov-2025 13:09 |
|-----------------------------|-------|----------------------------|

## Trail 25K

**25 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|   |      |                  |                                                        |              |          |           |       |
|---|------|------------------|--------------------------------------------------------|--------------|----------|-----------|-------|
| 5 | 107  | Filipe Pinto     | Associação Desportiva Aventuras de Paiva - Tuga Mobile | Veterano M40 | 03:15:40 | +47:50    | 07:50 |
| 6 | 1021 | Gilberto Orlando | Clube Trilheiros & amigos                              | Veterano M40 | 03:23:26 | +55:37    | 08:08 |
| 7 | 147  | Leandro Silva    | Sport Clube Freamunde                                  | Veterano M40 | 03:24:35 | +56:46    | 08:11 |
| 8 | 150  | Paulo Sampaio    | TrepaTrilhos Trail Team                                | Veterano M40 | 03:37:04 | +01:09:14 | 08:41 |

## Veterano M50

|   |     |                          |                                   |              |          |           |       |
|---|-----|--------------------------|-----------------------------------|--------------|----------|-----------|-------|
| 1 | 146 | Sérgio Moreira           | Paços runners                     | Veterano M50 | 02:34:46 | +06:56    | 06:11 |
| 2 | 137 | Alfredo da Silva Moreira | Individual                        | Veterano M50 | 02:38:12 | +10:22    | 06:20 |
| 3 | 102 | carlos silva             | A.D.Nós Acreditamos               | Veterano M50 | 02:51:38 | +23:49    | 06:52 |
| 4 | 111 | Luis Pais de Sousa       | BREAK                             | Veterano M50 | 03:01:57 | +34:07    | 07:17 |
| 5 | 120 | José Gonçalves           | Impar Running Team                | Veterano M50 | 03:18:28 | +50:39    | 07:56 |
| 6 | 138 | David Silva Dias         | Individual                        | Veterano M50 | 03:23:26 | +55:37    | 08:08 |
| 7 | 141 | José Sá                  | Individual                        | Veterano M50 | 03:26:23 | +58:33    | 08:15 |
| 8 | 140 | Henrique Santos          | Individual                        | Veterano M50 | 03:40:45 | +01:12:55 | 08:50 |
| 9 | 118 | PAULO SILVA              | GD Leões da Guarda - Lion Runners | Veterano M50 | 03:54:18 | +01:26:28 | 09:22 |

[illegible]

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 1 | generate 16-Nov-2025 13:08 |
|-----------------------------|-------|----------------------------|

## TRAIL 15K - STAGE 1

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:10 | 11.7°C      | 93%      |
| End   | 12:12 | 12°C        | 95%      |

| RANK | BIB  | NAME                           | TEAM                              | CAT              | RESULT   | DIFF   | t/KM  |
|------|------|--------------------------------|-----------------------------------|------------------|----------|--------|-------|
| 1    | 1197 | Nelson Loureiro                | pegasus ocr proteam               | Veterano M40     | 01:15:52 |        | 05:04 |
| 2    | 1036 | João Amorim                    | f.c. penafiel                     | Veterano M50     | 01:18:00 | +02:07 | 05:12 |
| 3    | 1131 | Ricardo primo                  | individual                        | Veterano M40     | 01:19:54 | +04:02 | 05:20 |
| 4    | 1196 | Marco Lopes                    | pegasus ocr proteam               | Veterano M40     | 01:20:19 | +04:26 | 05:21 |
| 5    | 1170 | Nuno sousa                     | lousada trilhos                   | Veterano M40     | 01:23:12 | +07:20 | 05:33 |
| 6    | 1035 | André Nogueira                 | essência clínica                  | Veterano M40     | 01:24:26 | +08:33 | 05:38 |
| 7    | 1044 | Belmiro Ferreira               | gd leões da guarda - lion runners | Veterano M60     | 01:24:52 | +09:00 | 05:40 |
| 8    | 1195 | Henrique Loureiro              | pegasus ocr proteam               | Veterano M40     | 01:24:53 | +09:00 | 05:40 |
| 9    | 1191 | Joaquim Duarte                 | paços runners                     | Veterano M40     | 01:30:16 | +14:23 | 06:01 |
| 10   | 1221 | Ricardo Machado                | sport clube freamunde             | Veterano M60     | 01:30:16 | +14:23 | 06:01 |
| 11   | 1080 | Manuel bessa                   | individual                        | Senior Masculino | 01:31:09 | +15:17 | 06:05 |
| 12   | 1034 | José Dias                      | costurarte                        | Veterano M50     | 01:31:10 | +15:17 | 06:05 |
| 13   | 1102 | António Manuel Ribeiro Barbosa | individual                        | Veterano M40     | 01:32:07 | +16:14 | 06:08 |
| 14   | 1014 | Anselmo Campos                 | break                             | Veterano M40     | 01:32:08 | +16:15 | 06:09 |
| 15   | 1205 | Rui Santos                     | refit                             | Senior Masculino | 01:33:44 | +17:51 | 06:15 |
| 16   | 1179 | Joel Pereira                   | never alone trail team            | Senior Masculino | 01:33:52 | +17:59 | 06:15 |
| 17   | 1041 | Adao bessa                     | gang da pedra                     | Veterano M50     | 01:33:55 | +18:02 | 06:16 |
| 18   | 1181 | Jorge Araújo                   | never alone trail team            | Veterano M40     | 01:33:57 | +18:04 | 06:16 |
| 19   | 1070 | Diogo Pereira                  | individual                        | Senior Masculino | 01:34:19 | +18:26 | 06:17 |
| 20   | 1068 | David Nunes                    | individual                        | Senior Masculino | 01:35:19 | +19:26 | 06:21 |
| 21   | 1204 | Rui Pedro Ribeiro Dos Santos   | refit                             | Senior Masculino | 01:35:26 | +19:33 | 06:22 |
| 22   | 1029 | Carlos Vieira                  | coronado runners                  | Veterano M40     | 01:35:34 | +19:41 | 06:22 |
| 23   | 1136 | António Coelho                 | individual                        | Veterano M50     | 01:35:51 | +19:58 | 06:23 |
| 24   | 1168 | Fernando Machado               | louredo trail running             | Veterano M50     | 01:36:01 | +20:09 | 06:24 |
| 25   | 1134 | Vitorino Pereira               | individual                        | Veterano M40     | 01:36:05 | +20:13 | 06:24 |
| 26   | 1151 | Tozé Bessa Martins             | individual                        | Veterano M50     | 01:36:09 | +20:17 | 06:25 |
| 27   | 1009 | Vitor Carneiro                 | amigos 100 limites                | Veterano M40     | 01:36:18 | +20:25 | 06:25 |
| 28   | 1192 | António Ribeiro                | paços runners                     | Veterano M50     | 01:36:25 | +20:32 | 06:26 |
| 29   | 1174 | José Bessa                     | matema textos                     | Veterano M50     | 01:36:36 | +20:44 | 06:26 |
| 30   | 1007 | Joaquim Vidal                  | adcr                              | Veterano M40     | 01:36:47 | +20:54 | 06:27 |
| 31   | 1072 | joao maia                      | individual                        | Senior Masculino | 01:36:48 | +20:55 | 06:27 |
| 32   | 1209 | César Pinho                    | rio mau tt                        | Senior Masculino | 01:36:54 | +21:01 | 06:28 |
| 33   | 1075 | Jorge Martins                  | individual                        | Senior Masculino | 01:36:57 | +21:04 | 06:28 |
| 34   | 1208 | Ana Basto                      | rio mau tt                        | Senior Feminino  | 01:37:23 | +21:30 | 06:30 |
| 35   | 1210 | Rúben Pinho                    | rio mau tt                        | Senior Masculino | 01:37:47 | +21:54 | 06:31 |
| 36   | 1010 | Isidro Ribeiro                 | baltar runners                    | Veterano M40     | 01:37:59 | +22:06 | 06:32 |
| 37   | 1039 | Luís Miguel leite Rodrigues    | fcv                               | Veterano M50     | 01:38:02 | +22:09 | 06:32 |
| 38   | 1018 | Luís Barbosa                   | caminhadas da amizade             | Veterano M50     | 01:38:34 | +22:42 | 06:34 |
| 39   | 1109 | César Miguel Dos Santos Silva  | individual                        | Veterano M40     | 01:38:36 | +22:43 | 06:34 |
| 40   | 1220 | Joaquim Coelho                 | sport clube freamunde             | Veterano M60     | 01:38:44 | +22:51 | 06:35 |
| 41   | 1213 | Jorge Varela                   | rio mau tt                        | Veterano M40     | 01:39:01 | +23:08 | 06:36 |

## TRAIL 15K - STAGE 1

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB  | NAME                              | TEAM                   | CAT              | RESULT   | DIFF   | t/KM  |
|------|------|-----------------------------------|------------------------|------------------|----------|--------|-------|
| 42   | 1149 | Ricardo Rodrigues                 | individual             | Veterano M50     | 01:39:10 | +23:17 | 06:37 |
| 43   | 1089 | Ricardo Silva                     | individual             | Senior Masculino | 01:39:48 | +23:55 | 06:39 |
| 44   | 1107 | Bruno Silva                       | individual             | Veterano M40     | 01:39:52 | +23:59 | 06:39 |
| 45   | 1160 | José Meireles                     | josé meireles          | Veterano M40     | 01:40:25 | +24:32 | 06:42 |
| 46   | 1037 | Fabio Freitas                     | fabio miguel           | Senior Masculino | 01:40:56 | +25:04 | 06:44 |
| 47   | 1171 | Miro sousa                        | lousada trilhos        | Veterano M50     | 01:41:53 | +26:00 | 06:48 |
| 48   | 133  | Carlos Duarte                     | individual             | Veterano M40     | 01:43:37 | +27:44 | 06:55 |
| 49   | 1113 | Fausto Martins Leal               | individual             | Veterano M40     | 01:43:46 | +27:53 | 06:55 |
| 50   | 1162 | Carlos Araújo                     | kemedo team            | Veterano M50     | 01:44:06 | +28:13 | 06:56 |
| 51   | 1110 | Cláudio Ferreira                  | individual             | Veterano M40     | 01:44:10 | +28:18 | 06:57 |
| 52   | 1145 | Manuel Joaquim Saleiro de Azevedo | individual             | Veterano M50     | 01:44:20 | +28:27 | 06:57 |
| 53   | 1064 | Bruno Matos Barros                | individual             | Senior Masculino | 01:44:40 | +28:47 | 06:59 |
| 54   | 1140 | Francisco Nunes                   | individual             | Veterano M50     | 01:45:27 | +29:34 | 07:02 |
| 55   | 1118 | Jose Augusto Mendes Rosendo       | individual             | Veterano M40     | 01:45:46 | +29:53 | 07:03 |
| 56   | 1214 | José Varela                       | rio mau tt             | Veterano M40     | 01:46:26 | +30:34 | 07:06 |
| 57   | 1212 | António Varela                    | rio mau tt             | Veterano M40     | 01:46:40 | +30:48 | 07:07 |
| 58   | 1121 | Luís Pedro nunes Ribeiro          | individual             | Veterano M40     | 01:46:47 | +30:55 | 07:07 |
| 59   | 1122 | Manuel António Barbosa Ferreira   | individual             | Veterano M40     | 01:47:10 | +31:17 | 07:09 |
| 60   | 1216 | Antonio Moreira                   | rorizaventura          | Veterano M40     | 01:47:46 | +31:53 | 07:11 |
| 61   | 1202 | Hélder Alexandre Martins da Silva | refit                  | Senior Masculino | 01:47:55 | +32:02 | 07:12 |
| 62   | 1011 | Antonio Couto                     | baltar runners         | Veterano M50     | 01:48:02 | +32:10 | 07:12 |
| 63   | 1032 | Jorge Nogueira                    | coronado runners       | Veterano M50     | 01:48:05 | +32:13 | 07:12 |
| 64   | 1175 | Joaquim Alves Pereira gomes       | modelos sempre         | Veterano M50     | 01:48:18 | +32:25 | 07:13 |
| 65   | 1128 | Pedro marques                     | individual             | Veterano M40     | 01:48:18 | +32:26 | 07:13 |
| 66   | 1045 | Eduardo Gomes                     | goodbikers             | Senior Masculino | 01:48:21 | +32:29 | 07:13 |
| 67   | 1083 | Pedro Gomes                       | individual             | Senior Masculino | 01:48:40 | +32:47 | 07:15 |
| 68   | 1058 | Diana Neto                        | individual             | Senior Feminino  | 01:48:44 | +32:52 | 07:15 |
| 69   | 1104 | Arnaldo Carneiro                  | individual             | Veterano M40     | 01:48:52 | +32:59 | 07:15 |
| 70   | 1125 | Miguel Martins                    | individual             | Veterano M40     | 01:49:02 | +33:10 | 07:16 |
| 71   | 1182 | Filipe Machado                    | never alone trail team | Veterano M50     | 01:49:03 | +33:10 | 07:16 |
| 72   | 1186 | Pedro Bessa                       | os bravos dos trilhos  | Senior Masculino | 01:49:13 | +33:20 | 07:17 |
| 73   | 1106 | Augusto Maranhão                  | individual             | Veterano M40     | 01:49:34 | +33:41 | 07:18 |
| 74   | 1117 | Ivo Bras                          | individual             | Veterano M40     | 01:49:35 | +33:42 | 07:18 |
| 75   | 1141 | Hélder Ribeiro                    | individual             | Veterano M50     | 01:49:39 | +33:46 | 07:19 |
| 76   | 1124 | Maurício Marques                  | individual             | Veterano M40     | 01:49:46 | +33:54 | 07:19 |
| 77   | 1199 | Carlos Rafael Silva Machado       | refit                  | Senior Masculino | 01:49:46 | +33:54 | 07:19 |
| 78   | 1126 | Nuno Seixal                       | individual             | Veterano M40     | 01:50:28 | +34:36 | 07:22 |
| 79   | 1114 | Hélder Silva                      | individual             | Veterano M40     | 01:50:52 | +34:59 | 07:23 |
| 80   | 1063 | Bruno Gonçalves                   | individual             | Senior Masculino | 01:51:03 | +35:10 | 07:24 |
| 81   | 1147 | marco duarte                      | individual             | Veterano M50     | 01:51:03 | +35:11 | 07:24 |
| 82   | 1081 | Marcelo Romão                     | individual             | Senior Masculino | 01:51:20 | +35:28 | 07:25 |
| 83   | 1129 | Ricardo Manuel Da Silva Ribeiro   | individual             | Veterano M40     | 01:51:22 | +35:30 | 07:26 |

## TRAIL 15K - STAGE 1

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB  | NAME                          | TEAM                      | CAT              | RESULT   | DIFF      | t/KM  |
|------|------|-------------------------------|---------------------------|------------------|----------|-----------|-------|
| 84   | 1154 | José Santos                   | individual                | Veterano M60     | 01:52:48 | +36:56    | 07:31 |
| 85   | 1193 | João couto                    | paços runners             | Veterano M50     | 01:52:56 | +37:03    | 07:32 |
| 86   | 1062 | ANTOINE PETITPRE              | individual                | Senior Masculino | 01:53:45 | +37:53    | 07:35 |
| 87   | 1016 | Romeu de Sousa Machado        | break                     | Veterano M40     | 01:53:46 | +37:53    | 07:35 |
| 88   | 1038 | Paulo Freitas                 | fc vizela                 | Veterano M40     | 01:54:01 | +38:09    | 07:36 |
| 89   | 1194 | Nelson Freitas                | pandilhas a monte         | Veterano M40     | 01:54:13 | +38:21    | 07:37 |
| 90   | 1057 | Catarina Teixeira             | individual                | Senior Feminino  | 01:54:26 | +38:33    | 07:38 |
| 91   | 1206 | Vitor Coelho                  | refit                     | Senior Masculino | 01:54:29 | +38:37    | 07:38 |
| 92   | 1156 | Mário Costa                   | individual                | Veterano M60     | 01:54:35 | +38:42    | 07:38 |
| 93   | 1074 | João Pissarra                 | individual                | Senior Masculino | 01:54:43 | +38:50    | 07:39 |
| 94   | 1138 | Antonio Neto                  | individual                | Veterano M50     | 01:54:47 | +38:54    | 07:39 |
| 95   | 1056 | Ana Teresa Lourenço Queiroga  | individual                | Senior Feminino  | 01:54:53 | +39:00    | 07:40 |
| 96   | 1008 | Jorge Cunha                   | adcr                      | Veterano M60     | 01:55:05 | +39:12    | 07:40 |
| 97   | 1090 | Rodrigo Barros                | individual                | Senior Masculino | 01:55:30 | +39:37    | 07:42 |
| 98   | 1166 | Rui Costa                     | louredo trail running     | Senior Masculino | 01:55:54 | +40:01    | 07:44 |
| 99   | 1207 | António Sampaio               | refit                     | Veterano M50     | 01:56:09 | +40:16    | 07:45 |
| 100  | 1167 | Cesario Magalhães             | louredo trail running     | Veterano M40     | 01:58:26 | +42:33    | 07:54 |
| 101  | 1161 | Helder Gomes                  | kemedo team               | Veterano M40     | 01:59:00 | +43:08    | 07:56 |
| 102  | 1027 | Maria Pamplona Barbosa Vinhas | coronado runners          | Veterana F50     | 01:59:15 | +43:23    | 07:57 |
| 103  | 1031 | Augusto Gil da Costa Vinhas   | coronado runners          | Veterano M50     | 01:59:15 | +43:23    | 07:57 |
| 104  | 1180 | Fatima Sousa                  | never alone trail team    | Veterana F50     | 02:00:19 | +44:27    | 08:01 |
| 105  | 1183 | Lino Cardoso                  | never alone trail team    | Veterano M50     | 02:00:20 | +44:28    | 08:01 |
| 106  | 1055 | Ana Filipa Barbosa silva      | individual                | Senior Feminino  | 02:01:01 | +45:09    | 08:04 |
| 107  | 1173 | Rómulo Terrau                 | lusimed                   | Veterano M40     | 02:03:04 | +47:12    | 08:12 |
| 108  | 1159 | Rui Peixoto                   | it runners                | Senior Masculino | 02:07:33 | +51:40    | 08:30 |
| 109  | 1157 | David Rodrigues               | it runners                | Senior Masculino | 02:07:34 | +51:41    | 08:30 |
| 110  | 1069 | Dinis Freitas                 | individual                | Senior Masculino | 02:07:59 | +52:07    | 08:32 |
| 111  | 1066 | Carlos Pacheco                | individual                | Senior Masculino | 02:08:17 | +52:24    | 08:33 |
| 112  | 1169 | Paula sousa                   | lousada trilhos           | Veterana F50     | 02:08:17 | +52:25    | 08:33 |
| 113  | 1130 | Ricardo Pinto                 | individual                | Veterano M40     | 02:08:53 | +53:00    | 08:36 |
| 114  | 1073 | João Pedro Azevedo Guimarães  | individual                | Senior Masculino | 02:10:28 | +54:35    | 08:42 |
| 115  | 1139 | FERNANDO AMARO                | individual                | Veterano M50     | 02:10:28 | +54:35    | 08:42 |
| 116  | 1155 | MANUEL BRAGA                  | individual                | Veterano M60     | 02:10:28 | +54:35    | 08:42 |
| 117  | 1042 | Florinda carvalho             | gansos                    | Veterana F40     | 02:14:03 | +58:10    | 08:56 |
| 118  | 1237 | Daniel Moreira Pereira        | studiopt                  | Veterano M40     | 02:14:22 | +58:29    | 08:58 |
| 119  | 1043 | Alcino tavares                | gansos                    | Veterano M50     | 02:14:28 | +58:35    | 08:58 |
| 120  | 1013 | Lucia Rebelo Abreu Pinheiro   | break                     | Veterana F50     | 02:14:29 | +58:36    | 08:58 |
| 121  | 1092 | Ana cristina silva neto       | clube trilheiros & amigos | Veterana F40     | 02:16:40 | +01:00:48 | 09:07 |
| 122  | 1153 | José Mendes                   | individual                | Veterano M60     | 02:16:48 | +01:00:56 | 09:07 |
| 123  | 1203 | Isaac Alves Andrade           | refit                     | Senior Masculino | 02:16:49 | +01:00:56 | 09:07 |
| 124  | 1218 | Alexandre Alfeirao            | runforestrun              | Veterano M40     | 02:17:04 | +01:01:12 | 09:08 |
| 125  | 1101 | Antonio Dias                  | individual                | Veterano M40     | 02:17:29 | +01:01:36 | 09:10 |
| 126  | 1177 | Mário Costa                   | moreira relax runners     | Veterano M60     | 02:18:21 | +01:02:28 | 09:13 |
| 127  | 1005 | Sérgio Oliveira               | 100pernas team            | Veterano M40     | 02:18:21 | +01:02:28 | 09:13 |

## TRAIL 15K - STAGE 1

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB  | NAME                            | TEAM                   | CAT              | RESULT   | DIFF      | t/KM  |
|------|------|---------------------------------|------------------------|------------------|----------|-----------|-------|
| 128  | 1003 | Cláudia Meireles                | 100pernas team         | Veterana F50     | 02:18:21 | +01:02:29 | 09:13 |
| 129  | 1004 | Fernando Oliveira               | 100pernas team         | Veterano M40     | 02:18:21 | +01:02:29 | 09:13 |
| 130  | 1133 | Tiago Dias                      | individual             | Veterano M40     | 02:19:21 | +01:03:29 | 09:17 |
| 131  | 1103 | António Ricardo Martins Pacheco | individual             | Veterano M40     | 02:19:22 | +01:03:29 | 09:17 |
| 132  | 1084 | Pedro meireles                  | individual             | Senior Masculino | 02:19:57 | +01:04:05 | 09:20 |
| 133  | 148  | Lilibeth Santos                 | trepatrihos trail team | Veterana F40     | 02:20:05 | +01:04:13 | 09:20 |
| 134  | 1051 | Paulo Pereira                   | hibridos               | Veterano M40     | 02:20:20 | +01:04:28 | 09:21 |
| 135  | 1091 | Rui Brandão                     | individual             | Senior Masculino | 02:20:27 | +01:04:35 | 09:22 |
| 136  | 1023 | Bruno Silva                     | coronado runners       | Senior Masculino | 02:21:12 | +01:05:20 | 09:25 |
| 137  | 1024 | Fátima Felix                    | coronado runners       | Veterana F40     | 02:21:16 | +01:05:23 | 09:25 |
| 138  | 1028 | Bruno Chimeno                   | coronado runners       | Veterano M40     | 02:21:17 | +01:05:24 | 09:25 |
| 139  | 1049 | Carlos Lima                     | hibridos               | Veterano M40     | 02:21:25 | +01:05:33 | 09:26 |
| 140  | 1189 | Ana Rita Marques Pereira        | os bravos dos trilhos  | Veterana F40     | 02:22:17 | +01:06:24 | 09:29 |
| 141  | 1190 | José Carlos da Costa Almeida    | os bravos dos trilhos  | Veterano M40     | 02:22:19 | +01:06:26 | 09:29 |
| 142  | 1219 | Paulo Ferreira                  | runforestrun           | Veterano M40     | 02:26:06 | +01:10:13 | 09:44 |
| 143  | 1093 | Casimira Freire                 | individual             | Veterana F40     | 02:29:42 | +01:13:49 | 09:59 |
| 144  | 1239 | Alexandra Valinhas              | trepatrihos trail team | Veterana F40     | 02:31:10 | +01:15:18 | 10:05 |
| 145  | 1241 | Elísio Dias                     | trepatrihos trail team | Veterano M50     | 02:31:13 | +01:15:21 | 10:05 |
| 146  | 1240 | Andreia Jorge                   | trepatrihos trail team | Veterana F40     | 02:31:15 | +01:15:23 | 10:05 |
| 147  | 1127 | Paulo Sérgio Esgaio             | individual             | Veterano M40     | 02:31:31 | +01:15:38 | 10:06 |
| 148  | 1086 | pedro oliveira                  | individual             | Senior Masculino | 02:33:12 | +01:17:20 | 10:13 |
| 149  | 1059 | Estefânia Cunha                 | individual             | Senior Feminino  | 02:33:13 | +01:17:20 | 10:13 |
| 150  | 1054 | Fernando Campos                 | impar running team     | Veterano M50     | 02:34:38 | +01:18:46 | 10:19 |
| 151  | 1053 | Maria Carla Moreira Pacheco     | impar running team     | Veterana F40     | 02:34:39 | +01:18:46 | 10:19 |
| 152  | 1184 | José Andrade                    | os " fisgas "          | Veterano M40     | 02:36:49 | +01:20:56 | 10:27 |
| 153  | 1105 | Artur Fonseca                   | individual             | Veterano M40     | 02:39:39 | +01:23:46 | 10:39 |
| 154  | 1142 | JOAO PAULO DE ALMEIDA SANTANA   | individual             | Veterano M50     | 02:43:47 | +01:27:54 | 10:55 |
| 155  | 1146 | Manuel Jorge Nogueira Silva     | individual             | Veterano M50     | 02:43:47 | +01:27:54 | 10:55 |
| 156  | 1187 | Ana Godinho                     | os bravos dos trilhos  | Veterana F40     | 02:49:35 | +01:33:42 | 11:18 |
| 157  | 1188 | Ana Margarida da Silva Pereira  | os bravos dos trilhos  | Veterana F40     | 02:49:36 | +01:33:43 | 11:18 |
| 158  | 1176 | Rosa costa                      | moreira relax runners  | Veterana F60     | 02:49:38 | +01:33:45 | 11:19 |
| 159  | 1060 | Sara Matos                      | individual             | Senior Feminino  | 03:02:01 | +01:46:08 | 12:08 |
| 160  | 1067 | César Pereira                   | individual             | Senior Masculino | 03:02:02 | +01:46:09 | 12:08 |
| 161  | 1065 | Carlos Neto                     | individual             | Senior Masculino | 03:02:03 | +01:46:10 | 12:08 |

## Trail 15K

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:10 | 11.7°C      | 93%      |
| End   | 12:12 | 12°C        | 95%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|   |      |                              |            |                 |          |           |       |
|---|------|------------------------------|------------|-----------------|----------|-----------|-------|
| 1 | 1208 | Ana Basto                    | Rio Mau TT | Senior Feminino | 01:37:23 | +21:30    | 06:30 |
| 2 | 1058 | Diana Neto                   | Individual | Senior Feminino | 01:48:44 | +32:52    | 07:15 |
| 3 | 1057 | Catarina Teixeira            | Individual | Senior Feminino | 01:54:26 | +38:33    | 07:38 |
| 4 | 1056 | Ana Teresa Lourenço Queiroga | Individual | Senior Feminino | 01:54:53 | +39:00    | 07:40 |
| 5 | 1055 | Ana Filipa Barbosa silva     | Individual | Senior Feminino | 02:01:01 | +45:09    | 08:04 |
| 6 | 1059 | Estefânia Cunha              | Individual | Senior Feminino | 02:33:13 | +01:17:20 | 10:13 |
| 7 | 1060 | Sara Matos                   | Individual | Senior Feminino | 03:02:01 | +01:46:08 | 12:08 |

## Senior Masculino

|    |      |                                   |                        |                  |          |        |       |
|----|------|-----------------------------------|------------------------|------------------|----------|--------|-------|
| 1  | 1080 | Manuel bessa                      | Individual             | Senior Masculino | 01:31:09 | +15:17 | 06:05 |
| 2  | 1205 | Rui Santos                        | Refit                  | Senior Masculino | 01:33:44 | +17:51 | 06:15 |
| 3  | 1179 | Joel Pereira                      | Never Alone Trail Team | Senior Masculino | 01:33:52 | +17:59 | 06:15 |
| 4  | 1070 | Diogo Pereira                     | Individual             | Senior Masculino | 01:34:19 | +18:26 | 06:17 |
| 5  | 1068 | David Nunes                       | Individual             | Senior Masculino | 01:35:19 | +19:26 | 06:21 |
| 6  | 1204 | Rui Pedro Ribeiro Dos Santos      | Refit                  | Senior Masculino | 01:35:26 | +19:33 | 06:22 |
| 7  | 1072 | joao maia                         | Individual             | Senior Masculino | 01:36:48 | +20:55 | 06:27 |
| 8  | 1209 | César Pinho                       | Rio Mau TT             | Senior Masculino | 01:36:54 | +21:01 | 06:28 |
| 9  | 1075 | Jorge Martins                     | Individual             | Senior Masculino | 01:36:57 | +21:04 | 06:28 |
| 10 | 1210 | Rúben Pinho                       | Rio Mau TT             | Senior Masculino | 01:37:47 | +21:54 | 06:31 |
| 11 | 1089 | Ricardo Silva                     | Individual             | Senior Masculino | 01:39:48 | +23:55 | 06:39 |
| 12 | 1037 | Fabio Freitas                     | Fabio Miguel           | Senior Masculino | 01:40:56 | +25:04 | 06:44 |
| 13 | 1064 | Bruno Matos Barros                | Individual             | Senior Masculino | 01:44:40 | +28:47 | 06:59 |
| 14 | 1202 | Hélder Alexandre Martins da Silva | Refit                  | Senior Masculino | 01:47:55 | +32:02 | 07:12 |
| 15 | 1045 | Eduardo Gomes                     | Goodbikers             | Senior Masculino | 01:48:21 | +32:29 | 07:13 |
| 16 | 1083 | Pedro Gomes                       | Individual             | Senior Masculino | 01:48:40 | +32:47 | 07:15 |
| 17 | 1186 | Pedro Bessa                       | Os Bravos dos Trilhos  | Senior Masculino | 01:49:13 | +33:20 | 07:17 |
| 18 | 1199 | Carlos Rafael Silva Machado       | Refit                  | Senior Masculino | 01:49:46 | +33:54 | 07:19 |
| 19 | 1063 | Bruno Gonçalves                   | Individual             | Senior Masculino | 01:51:03 | +35:10 | 07:24 |
| 20 | 1081 | Marcelo Romão                     | Individual             | Senior Masculino | 01:51:20 | +35:28 | 07:25 |
| 21 | 1062 | ANTOINE PETITPRE                  | Individual             | Senior Masculino | 01:53:45 | +37:53 | 07:35 |
| 22 | 1206 | Vitor Coelho                      | Refit                  | Senior Masculino | 01:54:29 | +38:37 | 07:38 |
| 23 | 1074 | João Pissarra                     | Individual             | Senior Masculino | 01:54:43 | +38:50 | 07:39 |
| 24 | 1090 | Rodrigo Barros                    | Individual             | Senior Masculino | 01:55:30 | +39:37 | 07:42 |
| 25 | 1166 | Rui Costa                         | Louredo Trail running  | Senior Masculino | 01:55:54 | +40:01 | 07:44 |
| 26 | 1159 | Rui Peixoto                       | IT RUNNERS             | Senior Masculino | 02:07:33 | +51:40 | 08:30 |
| 27 | 1157 | David Rodrigues                   | IT RUNNERS             | Senior Masculino | 02:07:34 | +51:41 | 08:30 |
| 28 | 1069 | Dinis Freitas                     | Individual             | Senior Masculino | 02:07:59 | +52:07 | 08:32 |
| 29 | 1066 | Carlos Pacheco                    | Individual             | Senior Masculino | 02:08:17 | +52:24 | 08:33 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 5 | generate 16-Nov-2025 12:17 |
|-----------------------------|-------|----------------------------|

## Trail 15K

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |      |                              |                  |                  |          |           |       |
|----|------|------------------------------|------------------|------------------|----------|-----------|-------|
| 30 | 1073 | João Pedro Azevedo Guimarães | Individual       | Senior Masculino | 02:10:28 | +54:35    | 08:42 |
| 31 | 1203 | Isaac Alves Andrade          | Refit            | Senior Masculino | 02:16:49 | +01:00:56 | 09:07 |
| 32 | 1084 | Pedro meireles               | Individual       | Senior Masculino | 02:19:57 | +01:04:05 | 09:20 |
| 33 | 1091 | Rui Brandão                  | Individual       | Senior Masculino | 02:20:27 | +01:04:35 | 09:22 |
| 34 | 1023 | Bruno Silva                  | Coronado Runners | Senior Masculino | 02:21:12 | +01:05:20 | 09:25 |
| 35 | 1086 | pedro oliveira               | Individual       | Senior Masculino | 02:33:12 | +01:17:20 | 10:13 |
| 36 | 1067 | César Pereira                | Individual       | Senior Masculino | 03:02:02 | +01:46:09 | 12:08 |
| 37 | 1065 | Carlos Neto                  | Individual       | Senior Masculino | 03:02:03 | +01:46:10 | 12:08 |

## Veterana F40

|    |      |                                |                           |              |          |           |       |
|----|------|--------------------------------|---------------------------|--------------|----------|-----------|-------|
| 1  | 1042 | Florinda carvalho              | Gansos                    | Veterana F40 | 02:14:03 | +58:10    | 08:56 |
| 2  | 1092 | Ana cristina silva neto        | Clube Trilheiros & amigos | Veterana F40 | 02:16:40 | +01:00:48 | 09:07 |
| 3  | 148  | Lilibeth Santos                | TrepaTrilhos Trail Team   | Veterana F40 | 02:20:05 | +01:04:13 | 09:20 |
| 4  | 1024 | Fátima Felix                   | Coronado Runners          | Veterana F40 | 02:21:16 | +01:05:23 | 09:25 |
| 5  | 1189 | Ana Rita Marques Pereira       | Os Bravos dos Trilhos     | Veterana F40 | 02:22:17 | +01:06:24 | 09:29 |
| 6  | 1093 | Casimira Freire                | Individual                | Veterana F40 | 02:29:42 | +01:13:49 | 09:59 |
| 7  | 1239 | Alexandra Valinhas             | TrepaTrilhos Trail Team   | Veterana F40 | 02:31:10 | +01:15:18 | 10:05 |
| 8  | 1240 | Andreia Jorge                  | TrepaTrilhos Trail Team   | Veterana F40 | 02:31:15 | +01:15:23 | 10:05 |
| 9  | 1053 | Maria Carla Moreira Pacheco    | Impar Running Team        | Veterana F40 | 02:34:39 | +01:18:46 | 10:19 |
| 10 | 1187 | Ana Godinho                    | Os Bravos dos Trilhos     | Veterana F40 | 02:49:35 | +01:33:42 | 11:18 |
| 11 | 1188 | Ana Margarida da Silva Pereira | Os Bravos dos Trilhos     | Veterana F40 | 02:49:36 | +01:33:43 | 11:18 |

## Veterana F50

|   |      |                               |                        |              |          |           |       |
|---|------|-------------------------------|------------------------|--------------|----------|-----------|-------|
| 1 | 1027 | Maria Pamplona Barbosa Vinhas | Coronado Runners       | Veterana F50 | 01:59:15 | +43:23    | 07:57 |
| 2 | 1180 | Fatima Sousa                  | Never Alone Trail Team | Veterana F50 | 02:00:19 | +44:27    | 08:01 |
| 3 | 1169 | Paula sousa                   | Lousada Trilhos        | Veterana F50 | 02:08:17 | +52:25    | 08:33 |
| 4 | 1013 | Lucia Rebelo Abreu Pinheiro   | BREAK                  | Veterana F50 | 02:14:29 | +58:36    | 08:58 |
| 5 | 1003 | Cláudia Meireles              | 100Pernas Team         | Veterana F50 | 02:18:21 | +01:02:29 | 09:13 |

## Veterana F60

|   |      |            |                       |              |          |           |       |
|---|------|------------|-----------------------|--------------|----------|-----------|-------|
| 1 | 1176 | Rosa costa | Moreira Relax Runners | Veterana F60 | 02:49:38 | +01:33:45 | 11:19 |
|---|------|------------|-----------------------|--------------|----------|-----------|-------|

## Veterano M40

|   |      |                                |                     |              |          |              |
|---|------|--------------------------------|---------------------|--------------|----------|--------------|
| 1 | 1197 | Nelson Loureiro                | Pegasus OCR ProTeam | Veterano M40 | 01:15:52 | 05:04        |
| 2 | 1131 | Ricardo primo                  | Individual          | Veterano M40 | 01:19:54 | +04:02 05:20 |
| 3 | 1196 | Marco Lopes                    | Pegasus OCR ProTeam | Veterano M40 | 01:20:19 | +04:26 05:21 |
| 4 | 1170 | Nuno sousa                     | Lousada Trilhos     | Veterano M40 | 01:23:12 | +07:20 05:33 |
| 5 | 1035 | André Nogueira                 | Essência Clínica    | Veterano M40 | 01:24:26 | +08:33 05:38 |
| 6 | 1195 | Henrique Loureiro              | Pegasus OCR ProTeam | Veterano M40 | 01:24:53 | +09:00 05:40 |
| 7 | 1191 | Joaquim Duarte                 | Paços runners       | Veterano M40 | 01:30:16 | +14:23 06:01 |
| 8 | 1102 | António Manuel Ribeiro Barbosa | Individual          | Veterano M40 | 01:32:07 | +16:14 06:08 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 2 / 5 | generate 16-Nov-2025 12:17 |
|-----------------------------|-------|----------------------------|

## Trail 15K

**15 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |      |                                 |                        |              |          |           |       |
|----|------|---------------------------------|------------------------|--------------|----------|-----------|-------|
| 9  | 1014 | Anselmo Campos                  | BREAK                  | Veterano M40 | 01:32:08 | +16:15    | 06:09 |
| 10 | 1181 | Jorge Araújo                    | Never Alone Trail Team | Veterano M40 | 01:33:57 | +18:04    | 06:16 |
| 11 | 1029 | Carlos Vieira                   | Coronado Runners       | Veterano M40 | 01:35:34 | +19:41    | 06:22 |
| 12 | 1134 | Vitorino Pereira                | Individual             | Veterano M40 | 01:36:05 | +20:13    | 06:24 |
| 13 | 1009 | Vitor Carneiro                  | Amigos 100 Limites     | Veterano M40 | 01:36:18 | +20:25    | 06:25 |
| 14 | 1007 | Joaquim Vidal                   | ADCR                   | Veterano M40 | 01:36:47 | +20:54    | 06:27 |
| 15 | 1010 | Isidro Ribeiro                  | Baltar Runners         | Veterano M40 | 01:37:59 | +22:06    | 06:32 |
| 16 | 1109 | César Miguel Dos Santos Silva   | Individual             | Veterano M40 | 01:38:36 | +22:43    | 06:34 |
| 17 | 1213 | Jorge Varela                    | Rio Mau TT             | Veterano M40 | 01:39:01 | +23:08    | 06:36 |
| 18 | 1107 | Bruno Silva                     | Individual             | Veterano M40 | 01:39:52 | +23:59    | 06:39 |
| 19 | 1160 | José Meireles                   | José Meireles          | Veterano M40 | 01:40:25 | +24:32    | 06:42 |
| 20 | 133  | Carlos Duarte                   | Individual             | Veterano M40 | 01:43:37 | +27:44    | 06:55 |
| 21 | 1113 | Fausto Martins Leal             | Individual             | Veterano M40 | 01:43:46 | +27:53    | 06:55 |
| 22 | 1110 | Cláudio Ferreira                | Individual             | Veterano M40 | 01:44:10 | +28:18    | 06:57 |
| 23 | 1118 | Jose Augusto Mendes Rosendo     | Individual             | Veterano M40 | 01:45:46 | +29:53    | 07:03 |
| 24 | 1214 | José Varela                     | Rio Mau TT             | Veterano M40 | 01:46:26 | +30:34    | 07:06 |
| 25 | 1212 | António Varela                  | Rio Mau TT             | Veterano M40 | 01:46:40 | +30:48    | 07:07 |
| 26 | 1121 | Luís Pedro nunes Ribeiro        | Individual             | Veterano M40 | 01:46:47 | +30:55    | 07:07 |
| 27 | 1122 | Manuel António Barbosa Ferreira | Individual             | Veterano M40 | 01:47:10 | +31:17    | 07:09 |
| 28 | 1216 | Antonio Moreira                 | RorizAventura          | Veterano M40 | 01:47:46 | +31:53    | 07:11 |
| 29 | 1128 | Pedro marques                   | Individual             | Veterano M40 | 01:48:18 | +32:26    | 07:13 |
| 30 | 1104 | Arnaldo Carneiro                | Individual             | Veterano M40 | 01:48:52 | +32:59    | 07:15 |
| 31 | 1125 | Miguel Martins                  | Individual             | Veterano M40 | 01:49:02 | +33:10    | 07:16 |
| 32 | 1106 | Augusto Maranhão                | Individual             | Veterano M40 | 01:49:34 | +33:41    | 07:18 |
| 33 | 1117 | Ivo Bras                        | Individual             | Veterano M40 | 01:49:35 | +33:42    | 07:18 |
| 34 | 1124 | Maurício Marques                | Individual             | Veterano M40 | 01:49:46 | +33:54    | 07:19 |
| 35 | 1126 | Nuno Seixal                     | Individual             | Veterano M40 | 01:50:28 | +34:36    | 07:22 |
| 36 | 1114 | Hélder Silva                    | Individual             | Veterano M40 | 01:50:52 | +34:59    | 07:23 |
| 37 | 1129 | Ricardo Manuel Da Silva Ribeiro | Individual             | Veterano M40 | 01:51:22 | +35:30    | 07:26 |
| 38 | 1016 | Romeu de Sousa Machado          | BREAK                  | Veterano M40 | 01:53:46 | +37:53    | 07:35 |
| 39 | 1038 | Paulo Freitas                   | FC Vizela              | Veterano M40 | 01:54:01 | +38:09    | 07:36 |
| 40 | 1194 | Nelson Freitas                  | Pandilhas a Monte      | Veterano M40 | 01:54:13 | +38:21    | 07:37 |
| 41 | 1167 | Cesario Magalhães               | Louredo Trail running  | Veterano M40 | 01:58:26 | +42:33    | 07:54 |
| 42 | 1161 | Helder Gomes                    | KeMedo Team            | Veterano M40 | 01:59:00 | +43:08    | 07:56 |
| 43 | 1173 | Rómulo Terrau                   | LUSIMED                | Veterano M40 | 02:03:04 | +47:12    | 08:12 |
| 44 | 1130 | Ricardo Pinto                   | Individual             | Veterano M40 | 02:08:53 | +53:00    | 08:36 |
| 45 | 1237 | Daniel Moreira Pereira          | STUDIOPT               | Veterano M40 | 02:14:22 | +58:29    | 08:58 |
| 46 | 1218 | Alexandre Alfeirao              | RunForestRun           | Veterano M40 | 02:17:04 | +01:01:12 | 09:08 |
| 47 | 1101 | Antonio Dias                    | Individual             | Veterano M40 | 02:17:29 | +01:01:36 | 09:10 |
| 48 | 1005 | Sérgio Oliveira                 | 100Pernas Team         | Veterano M40 | 02:18:21 | +01:02:28 | 09:13 |
| 49 | 1004 | Fernando Oliveira               | 100Pernas Team         | Veterano M40 | 02:18:21 | +01:02:29 | 09:13 |
| 50 | 1133 | Tiago Dias                      | Individual             | Veterano M40 | 02:19:21 | +01:03:29 | 09:17 |
| 51 | 1103 | António Ricardo Martins Pacheco | Individual             | Veterano M40 | 02:19:22 | +01:03:29 | 09:17 |
| 52 | 1051 | Paulo Pereira                   | Híbridos               | Veterano M40 | 02:20:20 | +01:04:28 | 09:21 |
| 53 | 1028 | Bruno Chimeno                   | Coronado Runners       | Veterano M40 | 02:21:17 | +01:05:24 | 09:25 |
| 54 | 1049 | Carlos Lima                     | Híbridos               | Veterano M40 | 02:21:25 | +01:05:33 | 09:26 |

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| Official Timekeeper: Lap2Go | 3 / 5 | generate 16-Nov-2025 12:17 |
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## Trail 15K

**15 KM**

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## OFFICIAL RESULT

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|    |      |                              |                       |              |          |           |       |
|----|------|------------------------------|-----------------------|--------------|----------|-----------|-------|
| 55 | 1190 | José Carlos da Costa Almeida | Os Bravos dos Trilhos | Veterano M40 | 02:22:19 | +01:06:26 | 09:29 |
| 56 | 1219 | Paulo Ferreira               | RunForestRun          | Veterano M40 | 02:26:06 | +01:10:13 | 09:44 |
| 57 | 1127 | Paulo Sérgio Esgaio          | Individual            | Veterano M40 | 02:31:31 | +01:15:38 | 10:06 |
| 58 | 1184 | José Andrade                 | Os " Fiskas "         | Veterano M40 | 02:36:49 | +01:20:56 | 10:27 |
| 59 | 1105 | Artur Fonseca                | Individual            | Veterano M40 | 02:39:39 | +01:23:46 | 10:39 |

## Veterano M50

|    |      |                                   |                         |              |          |           |       |
|----|------|-----------------------------------|-------------------------|--------------|----------|-----------|-------|
| 1  | 1036 | João Amorim                       | F.C. Penafiel           | Veterano M50 | 01:18:00 | +02:07    | 05:12 |
| 2  | 1034 | José Dias                         | Costurarte              | Veterano M50 | 01:31:10 | +15:17    | 06:05 |
| 3  | 1041 | Adao bessa                        | Gang da Pedra           | Veterano M50 | 01:33:55 | +18:02    | 06:16 |
| 4  | 1136 | António Coelho                    | Individual              | Veterano M50 | 01:35:51 | +19:58    | 06:23 |
| 5  | 1168 | Fernando Machado                  | Louredo Trail running   | Veterano M50 | 01:36:01 | +20:09    | 06:24 |
| 6  | 1151 | Tozé Bessa Martins                | Individual              | Veterano M50 | 01:36:09 | +20:17    | 06:25 |
| 7  | 1192 | António Ribeiro                   | Paços runners           | Veterano M50 | 01:36:25 | +20:32    | 06:26 |
| 8  | 1174 | José Bessa                        | MATEMA TEXTEIS          | Veterano M50 | 01:36:36 | +20:44    | 06:26 |
| 9  | 1039 | Luís Miguel leite Rodrigues       | Fcv                     | Veterano M50 | 01:38:02 | +22:09    | 06:32 |
| 10 | 1018 | Luís Barbosa                      | Caminhadas da amizade   | Veterano M50 | 01:38:34 | +22:42    | 06:34 |
| 11 | 1149 | Ricardo Rodrigues                 | Individual              | Veterano M50 | 01:39:10 | +23:17    | 06:37 |
| 12 | 1171 | Miro sousa                        | Lousada Trilhos         | Veterano M50 | 01:41:53 | +26:00    | 06:48 |
| 13 | 1162 | Carlos Araújo                     | KeMedo Team             | Veterano M50 | 01:44:06 | +28:13    | 06:56 |
| 14 | 1145 | Manuel Joaquim Saleiro de Azevedo | Individual              | Veterano M50 | 01:44:20 | +28:27    | 06:57 |
| 15 | 1140 | Francisco Nunes                   | Individual              | Veterano M50 | 01:45:27 | +29:34    | 07:02 |
| 16 | 1011 | Antonio Couto                     | Baltar Runners          | Veterano M50 | 01:48:02 | +32:10    | 07:12 |
| 17 | 1032 | Jorge Nogueira                    | Coronado Runners        | Veterano M50 | 01:48:05 | +32:13    | 07:12 |
| 18 | 1175 | Joaquim Alves Pereira gomes       | Modelos sempre          | Veterano M50 | 01:48:18 | +32:25    | 07:13 |
| 19 | 1182 | Filipe Machado                    | Never Alone Trail Team  | Veterano M50 | 01:49:03 | +33:10    | 07:16 |
| 20 | 1141 | Hélder Ribeiro                    | Individual              | Veterano M50 | 01:49:39 | +33:46    | 07:19 |
| 21 | 1147 | marco duarte                      | Individual              | Veterano M50 | 01:51:03 | +35:11    | 07:24 |
| 22 | 1193 | João couto                        | Paços runners           | Veterano M50 | 01:52:56 | +37:03    | 07:32 |
| 23 | 1138 | Antonio Neto                      | Individual              | Veterano M50 | 01:54:47 | +38:54    | 07:39 |
| 24 | 1207 | António Sampaio                   | Refit                   | Veterano M50 | 01:56:09 | +40:16    | 07:45 |
| 25 | 1031 | Augusto Gil da Costa Vinhas       | Coronado Runners        | Veterano M50 | 01:59:15 | +43:23    | 07:57 |
| 26 | 1183 | Lino Cardoso                      | Never Alone Trail Team  | Veterano M50 | 02:00:20 | +44:28    | 08:01 |
| 27 | 1139 | FERNANDO AMARO                    | Individual              | Veterano M50 | 02:10:28 | +54:35    | 08:42 |
| 28 | 1043 | Alcino tavares                    | Gansos                  | Veterano M50 | 02:14:28 | +58:35    | 08:58 |
| 29 | 1241 | Elísio Dias                       | TrepaTrilhos Trail Team | Veterano M50 | 02:31:13 | +01:15:21 | 10:05 |
| 30 | 1054 | Fernando Campos                   | Impar Running Team      | Veterano M50 | 02:34:38 | +01:18:46 | 10:19 |
| 31 | 1142 | JOAO PAULO DE ALMEIDA SANTANA     | Individual              | Veterano M50 | 02:43:47 | +01:27:54 | 10:55 |
| 32 | 1146 | Manuel Jorge Nogueira Silva       | Individual              | Veterano M50 | 02:43:47 | +01:27:54 | 10:55 |

## Veterano M60

|   |      |                  |                                   |              |          |        |       |
|---|------|------------------|-----------------------------------|--------------|----------|--------|-------|
| 1 | 1044 | Belmiro Ferreira | GD Leões da Guarda - Lion Runners | Veterano M60 | 01:24:52 | +09:00 | 05:40 |
| 2 | 1221 | Ricardo Machado  | Sport Clube Freamunde             | Veterano M60 | 01:30:16 | +14:23 | 06:01 |

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| Official Timekeeper: Lap2Go | 4 / 5 | generate 16-Nov-2025 12:17 |
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## Trail 15K

**15 KM**

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## OFFICIAL RESULT

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|   |      |                |                       |              |          |           |       |
|---|------|----------------|-----------------------|--------------|----------|-----------|-------|
| 3 | 1220 | Joaquim Coelho | Sport Clube Freamunde | Veterano M60 | 01:38:44 | +22:51    | 06:35 |
| 4 | 1154 | José Santos    | Individual            | Veterano M60 | 01:52:48 | +36:56    | 07:31 |
| 5 | 1156 | Mário Costa    | Individual            | Veterano M60 | 01:54:35 | +38:42    | 07:38 |
| 6 | 1008 | Jorge Cunha    | ADCR                  | Veterano M60 | 01:55:05 | +39:12    | 07:40 |
| 7 | 1155 | MANUEL BRAGA   | Individual            | Veterano M60 | 02:10:28 | +54:35    | 08:42 |
| 8 | 1153 | José Mendes    | Individual            | Veterano M60 | 02:16:48 | +01:00:56 | 09:07 |
| 9 | 1177 | Mário Costa    | Moreira Relax Runners | Veterano M60 | 02:18:21 | +01:02:28 | 09:13 |

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| Official Timekeeper: Lap2Go | 1 / 1 | generate 16-Nov-2025 12:17 |
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