

TRAIL SPRINT 22K - STAGE 1
22 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:00	14,9°C	65%
End	00:04	14,9°C	65%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	31	joao pedro	Retorta quinta das arcas	01:45:01		04:46	
2	83	Jose Loureiro	Leões de Tardariz Trail	01:53:07	+08:06	05:08	
3	27	Hugo Pinto	Individual	01:53:29	+08:28	05:09	
4	43	Pablo Conde Estévez	Individual	01:53:38	+08:37	05:10	
5	2	Victor Correia	Individual	01:55:02	+10:01	05:14	
6	70	João Gomes	tog Associação Running Team	01:55:53	+10:52	05:16	
7	26	Hermenegildo Mendes	Individual	01:56:40	+11:39	05:18	
8	1158	João Martins	Leões de Tardariz Trail	02:08:48	+23:47	05:51	
9	28	Paulo Santos	Individual	02:09:03	+24:02	05:52	
10	5	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	02:09:11	+24:10	05:52	
11	1	Lucinda Sousa	Individual	02:09:21	+24:20	05:53	
12	49	Rui Pinto	Individual	02:10:19	+25:18	05:55	
13	60	Miguel Alves	Leões de Tardariz Trail	02:11:42	+26:41	05:59	
14	75	Carlos Oliveira	TURBOLENTOS	02:14:07	+29:06	06:06	
15	32	Luis Pereira	Individual	02:16:56	+31:55	06:13	
16	68	António Rocha	S4L / Medense FC	02:18:09	+33:08	06:17	
17	46	Francisco Manuel de Jesus Pinheiro	Individual	02:18:12	+33:11	06:17	
18	4	João Moreira	Amigos 100 Limites	02:21:27	+36:26	06:26	
19	41	João Nunes	Individual	02:21:47	+36:46	06:27	
20	33	Pedro Azevedo	TURBOLENTOS	02:21:53	+36:52	06:27	
21	7	Pedro Campos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	02:22:50	+37:49	06:30	
22	78	Fernando Gomes	Valongo Trail Team	02:23:14	+38:13	06:31	
23	20	Marco Pinto	Individual	02:24:23	+39:22	06:34	
24	17	Rui Sousa	Ímpar running team	02:24:52	+39:51	06:35	
25	25	Fabio MARQUES	Individual	02:27:09	+42:08	06:41	
26	47	José Pedro Silva Nunes	Individual	02:29:43	+44:42	06:48	
27	40	Isaac Costa	Individual	02:30:45	+45:44	06:51	
28	61	Ceu Costa	Maia runners	02:31:30	+46:29	06:53	
29	62	Luis Leite	Maia runners	02:31:31	+46:30	06:53	
30	16	Cristina Madureira	Ímpar running team	02:32:50	+47:49	06:57	
31	51	Jorge Moreira	Individual	02:33:53	+48:52	07:00	
32	39	Hugo Silva	Individual	02:34:37	+49:36	07:02	
33	69	Fernando Leite	TIT - Tintas Isaval Team	02:35:18	+50:17	07:04	
34	55	Pedro Marques	Individual	02:35:36	+50:35	07:04	
35	71	Jorge Mesquita	tog Associação Running Team	02:35:52	+50:51	07:05	
36	3	Tiago Mota	Amigos 100 Limites	02:36:40	+51:39	07:07	
37	6	Berto castro	Bando das lokas	02:36:55	+51:54	07:08	
38	73	Fernando Silva	TrepaTrilhos Trail Team	02:39:27	+54:26	07:15	
39	34	Pedro Nogueira	Individual	02:46:59	+01:01:58	07:35	
40	72	Paula Dias	TrepaTrilhos Trail Team	02:47:36	+01:02:35	07:37	
41	66	Joaquim Manuel Martins de Freitas	Retorta quinta das arcas	02:47:37	+01:02:36	07:37	

TRAIL SPRINT 22K - STAGE 1**22 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	53	José Rodrigues Costa	Individual	02:47:40	+01:02:39	07:37	
43	44	Sérgio Moreira	Individual	02:48:21	+01:03:20	07:39	
44	52	José Fernandes	Individual	02:53:07	+01:08:06	07:52	
45	54	Ricardo Fernandes	PCRUNNERS	02:53:34	+01:08:33	07:53	
46	74	João Baía	TURBOLENTOS	02:56:24	+01:11:23	08:01	
47	77	Fernando Afonso	TURBOLENTOS	02:56:25	+01:11:24	08:01	
48	76	Henrique Pereira	TURBOLENTOS	02:56:25	+01:11:24	08:01	
49	67	Eugénio Soares	S4L / Medense FC	02:58:31	+01:13:30	08:07	
50	10	Paulo Silva	G. D. LEÕES DA GUARDA - LION RUNNERS	02:59:30	+01:14:29	08:10	
51	64	Filipe Ferreira	MSS Grupo Desportivo de Gondomar	02:59:37	+01:14:36	08:10	
52	18	Adriano Almeida Ribeiro	Individual	03:12:59	+01:27:58	08:46	
53	19	Íluri Cidade	Individual	03:13:00	+01:27:59	08:46	
54	9	JORGE ROCHA	G. D. LEÕES DA GUARDA - LION RUNNERS	03:15:18	+01:30:17	08:53	
55	11	Paula Ferreira	Gansos - Trail & Caminhada	03:19:03	+01:34:02	09:03	
56	59	Delfim Nunes	KeMedo Team	03:19:07	+01:34:06	09:03	
57	22	Paula Vinha	Individual	03:21:43	+01:36:43	09:10	
58	50	Rui Taveira	Individual	03:31:35	+01:46:34	09:37	
59	36	António Santos	Individual	03:31:37	+01:46:36	09:37	
60	57	Manuel Cunha Lima	Individual	03:56:33	+02:11:32	10:45	
61	45	Sérgio Orlando De Azevedo Fernandes	Individual	04:03:40	+02:18:39	11:05	
62	48	Paulo Alves	Individual	04:04:28	+02:19:27	11:07	

Trail Sprint 22K**22 KM****OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	20:00	14,9°C	65%
End	00:04	14,9°C	65%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Junior Masculino

1	18	Adriano Almeida Ribeiro	Individual	Junior Masculino	03:12:59		08:46
2	19	lúri Cidade	Individual	Junior Masculino	03:13:00	+00:01	08:46

Senior Masculino

1	70	João Gomes	tog Associação Running Team	Senior Masculino	01:55:53		05:16
2	1158	João Martins	Leões de Tardariz Trail	Senior Masculino	02:08:48	+12:55	05:51
3	20	Marco Pinto	Individual	Senior Masculino	02:24:23	+28:29	06:34

Veterana F45

1	16	Cristina Madureira	Ímpar running team	Veterana F45	02:32:50		06:57
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Veterana F50

1	1	Lucinda Sousa	Individual	Veterana F50	02:09:21		05:53
2	61	Ceu Costa	Maia runners	Veterana F50	02:31:30	+22:09	06:53
3	72	Paula Dias	TrepaTrilhos Trail Team	Veterana F50	02:47:36	+38:15	07:37
4	11	Paula Ferreira	Gansos - Trail & Caminhada	Veterana F50	03:19:03	+01:09:42	09:03
5	22	Paula Vinha	Individual	Veterana F50	03:21:43	+01:12:22	09:10

Veterano M35

1	27	Hugo Pinto	Individual	Veterano M35	01:53:29		05:09
2	26	Hermenegildo Mendes	Individual	Veterano M35	01:56:40	+03:11	05:18
3	28	Paulo Santos	Individual	Veterano M35	02:09:03	+15:34	05:52
4	7	Pedro Campos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M35	02:22:50	+29:21	06:30
5	25	Fabio MARQUES	Individual	Veterano M35	02:27:09	+33:40	06:41
6	3	Tiago Mota	Amigos 100 Limites	Veterano M35	02:36:40	+43:11	07:07
7	54	Ricardo Fernandes	PCRUNNERS	Veterano M35	02:53:34	+01:00:05	07:53
8	74	João Baía	TURBOLENTOS	Veterano M35	02:56:24	+01:02:55	08:01

Veterano M40

1	31	joao pedro	Retorta quinta das arcas	Veterano M40	01:45:01		04:46
2	60	Miguel Alves	Leões de Tardariz Trail	Veterano M40	02:11:42	+26:40	05:59

Trail Sprint 22K**22 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	75	Carlos Oliveira	TURBOLENTOS	Veterano M40	02:14:07	+29:05	06:06
4	32	Luis Pereira	Individual	Veterano M40	02:16:56	+31:54	06:13
5	33	Pedro Azevedo	TURBOLENTOS	Veterano M40	02:21:53	+36:52	06:27
6	17	Rui Sousa	Ímpar running team	Veterano M40	02:24:52	+39:50	06:35
7	69	Fernando Leite	TIT - Tintas Isaval Team	Veterano M40	02:35:18	+50:16	07:04
8	34	Pedro Nogueira	Individual	Veterano M40	02:46:59	+01:01:58	07:35
9	76	Henrique Pereira	TURBOLENTOS	Veterano M40	02:56:25	+01:11:23	08:01

Veterano M45

1	43	Pablo Conde Estévez	Individual	Veterano M45	01:53:38		05:10
2	41	João Nunes	Individual	Veterano M45	02:21:47	+28:09	06:27
3	40	Isaac Costa	Individual	Veterano M45	02:30:45	+37:07	06:51
4	62	Luis Leite	Maia runners	Veterano M45	02:31:31	+37:53	06:53
5	39	Hugo Silva	Individual	Veterano M45	02:34:37	+40:59	07:02
6	71	Jorge Mesquita	tog Associação Running Team	Veterano M45	02:35:52	+42:14	07:05
7	73	Fernando Silva	TrepaTrilhos Trail Team	Veterano M45	02:39:27	+45:49	07:15
8	44	Sérgio Moreira	Individual	Veterano M45	02:48:21	+54:43	07:39
9	77	Fernando Afonso	TURBOLENTOS	Veterano M45	02:56:25	+01:02:47	08:01
10	64	Filipe Ferreira	MSS Grupo Desportivo de Gondomar	Veterano M45	02:59:37	+01:05:59	08:10
11	9	JORGE ROCHA	G. D. LEÕES DA GUARDA - LION RUNNERS	Veterano M45	03:15:18	+01:21:40	08:53
12	36	António Santos	Individual	Veterano M45	03:31:37	+01:37:59	09:37
13	45	Sérgio Orlando De Azevedo Fernandes	Individual	Veterano M45	04:03:40	+02:10:02	11:05

Veterano M50

1	83	Jose Loureiro	Leões de Tardariz Trail	Veterano M50	01:53:07		05:08
2	2	Victor Correia	Individual	Veterano M50	01:55:02	+01:55	05:14
3	49	Rui Pinto	Individual	Veterano M50	02:10:19	+17:11	05:55
4	46	Francisco Manuel de Jesus Pinheiro	Individual	Veterano M50	02:18:12	+25:04	06:17
5	47	José Pedro Silva Nunes	Individual	Veterano M50	02:29:43	+36:36	06:48
6	6	Berto castro	Bando das lokas	Veterano M50	02:36:55	+43:47	07:08
7	66	Joaquim Manuel Martins de Freitas	Retorta quinta das arcas	Veterano M50	02:47:37	+54:30	07:37
8	59	Delfim Nunes	KeMedo Team	Veterano M50	03:19:07	+01:26:00	09:03
9	50	Rui Taveira	Individual	Veterano M50	03:31:35	+01:38:28	09:37
10	48	Paulo Alves	Individual	Veterano M50	04:04:28	+02:11:21	11:07

Veterano M55

1	5	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M55	02:09:11		05:52
2	78	Fernando Gomes	Valongo Trail Team	Veterano M55	02:23:14	+14:03	06:31
3	51	Jorge Moreira	Individual	Veterano M55	02:33:53	+24:42	07:00
4	55	Pedro Marques	Individual	Veterano M55	02:35:36	+26:25	07:04

Official Timekeeper: Lap2Go

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generate 06-abr-2025 00:19

TEAM RESULTS - TRAIL SPRINT 22K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LEÕES DE TARDARIZ TRAIL	2 + 8 + 13	23
2	TURBOLENTOS	14 + 20 + 46	80

TRAIL MINI 12K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:30	14,5°C	68%
End	23:42	14,5°C	68%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1174	Luís Gomes	MSS Grupo Desportivo de Gondomar	55:21		04:37	
2	1051	André Almeida	Gens SC Trail	56:12	+00:51	04:41	
3	1053	Ricardo Brandão	Gens SC Trail	57:35	+02:14	04:48	
4	24	Bruno Pereira	Fatima Trail Team	58:31	+03:10	04:53	
5	1114	Carlos Monteiro	Individual	58:59	+03:38	04:55	
6	1129	Jorge Dias	Individual	01:00:13	+04:52	05:01	
7	1100	Emanuel António de Sousa Rocha	Individual	01:00:23	+05:02	05:02	
8	1106	António José Jesus Nogueira	Individual	01:00:25	+05:04	05:02	
9	1050	Andreia Santos	Gens SC Trail	01:02:21	+07:00	05:12	
10	1013	Fábio Moreira	Amigos 100 Limites	01:02:25	+07:04	05:12	
11	1031	Rui Cardoso	DUELO D'OCASIÃO	01:02:41	+07:20	05:13	
12	1017	Manuel José Pereira Curral	ARA - Alfandeguense	01:04:21	+09:00	05:22	
13	1036	Pedro Loureiro	Erdal-Vimarunners	01:04:26	+09:05	05:22	
14	1228	Ricardo Silva	TRAIL - Grupo Desportivo de Trancoso	01:04:35	+09:14	05:23	
15	1182	Rui Alvim	MSS Grupo Desportivo de Gondomar	01:05:28	+10:07	05:27	
16	1177	Bruno Rocha	MSS Grupo Desportivo de Gondomar	01:05:30	+10:09	05:27	
17	1186	Luís Silvestre	MSS Grupo Desportivo de Gondomar	01:05:32	+10:11	05:28	
18	1191	ORLANDO NOGUEIRA	NBA-BARROSAS	01:05:33	+10:12	05:28	
19	1179	Ibraim Sousa	MSS Grupo Desportivo de Gondomar	01:05:51	+10:30	05:29	
20	1096	André Viana	Individual	01:06:16	+10:55	05:31	
21	1227	Diogo Silva	TRAIL - Grupo Desportivo de Trancoso	01:06:50	+11:29	05:34	
22	1068	João Rocha	Individual	01:07:31	+12:10	05:38	
23	1072	Paulo Costa	Individual	01:07:32	+12:11	05:38	
24	1024	Vitor Cardoso	Baguim Runners	01:07:53	+12:32	05:39	
25	1052	Bruno Rocha	Gens SC Trail	01:08:17	+12:56	05:41	
26	1077	Célia Neto	Individual	01:08:22	+13:01	05:42	
27	1196	Sérgio Sousa	OPraticante.pt	01:09:32	+14:11	05:48	
28	1155	Pedro Miguel de Ascenção Neves	Juventude Desportiva de Gondomar	01:10:07	+14:46	05:51	
29	1097	Avelino Silva	Individual	01:10:10	+14:49	05:51	
30	1015	Nuno Couto	Amigos 100 Limites	01:10:20	+14:59	05:52	
31	1181	Manuel Ferreira	MSS Grupo Desportivo de Gondomar	01:10:56	+15:35	05:55	
32	1049	José Sá	GD	01:11:07	+15:46	05:56	
33	1109	Ricardo Bomtempo	Individual	01:11:29	+16:08	05:57	
34	1014	Alcino Silva	Amigos 100 Limites	01:11:42	+16:21	05:59	
35	1098	Cláudio Silva	Individual	01:11:46	+16:25	05:59	
36	1178	Sérgio Silva	MSS Grupo Desportivo de Gondomar	01:11:49	+16:28	05:59	
37	1119	Miguel Lopes	Individual	01:12:13	+16:52	06:01	
38	1008	Alipio Fernandes	AMA - Associação Mondim Atletismo	01:12:40	+17:19	06:03	
39	1213	Cristina Loureiro	Taylor's	01:12:41	+17:20	06:03	
40	1173	José Gabriel	MSS Grupo Desportivo de Gondomar	01:13:47	+18:26	06:09	
41	1153	Daniel Gomes	Javalis 100 Limites	01:14:15	+18:54	06:11	
42	1152	Joao Barbosa	Javalis 100 Limites	01:14:16	+18:55	06:11	

TRAIL MINI 12K - STAGE 1**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1073	Tristan Hautecoeur	Individual	01:14:19	+18:58	06:12	
44	1125	André Dias	Individual	01:14:44	+19:23	06:14	
45	1162	David Silva	Leões de Tardariz Trail	01:14:51	+19:30	06:14	
46	1199	Liliana Loureiro	Os Preguiças Team	01:15:32	+20:11	06:18	
47	1165	António Pinto	Leões de Tardariz Trail	01:15:41	+20:20	06:18	
48	1176	Margarida Carvalho	MSS Grupo Desportivo de Gondomar	01:15:50	+20:29	06:19	
49	1163	Pedro Ferreira	Leões de Tardariz Trail	01:15:55	+20:34	06:20	
50	1038	Diogo Moreira	FDM RUNNING	01:15:59	+20:38	06:20	
51	1121	Pedro Neves	Individual	01:16:25	+21:04	06:22	
52	1147	Manuel Domingues	Individual	01:17:03	+21:42	06:25	
53	1183	Antonio Martins	MSS Grupo Desportivo de Gondomar	01:17:13	+21:52	06:26	
54	1150	Paulo Dias	Individual	01:17:27	+22:06	06:27	
55	1071	Nuno Moreira	Individual	01:18:27	+23:06	06:32	
56	1067	Joao Paulo Madureira	Individual	01:18:27	+23:06	06:32	
57	1120	Nuno guerra	Individual	01:18:33	+23:12	06:33	
58	1157	Filipa Moreira	Leões de Tardariz Trail	01:19:00	+23:39	06:35	
59	1034	José Rodrigues	Eles Andem Aí	01:19:00	+23:39	06:35	
60	1004	Rui Mendes	ABUTRES	01:19:08	+23:47	06:36	
61	1172	Filipe Neves	MOOVE/Afacycles/Aloft	01:19:16	+23:55	06:36	
62	1200	Sérgio Gomes	Os Preguiças Team	01:19:20	+23:59	06:37	
63	1066	Hugo gomes	Individual	01:19:32	+24:11	06:38	
64	1103	Pedro Tiago Ribeiro Martins	Individual	01:19:49	+24:28	06:39	
65	1236	André Nabiço	Vasco da Gama Atlético Clube	01:19:52	+24:31	06:39	
66	1205	jorge varela	Rio Mau TT	01:20:24	+25:03	06:42	
67	1075	Adriana Dias	Individual	01:21:10	+25:49	06:46	
68	1184	Albino José Loureiro Pereira	MSS Grupo Desportivo de Gondomar	01:21:54	+26:33	06:50	
69	1206	José Varela	Rio Mau TT	01:22:01	+26:40	06:50	
70	1128	Gabriel Rodrigues	Individual	01:22:06	+26:45	06:50	
71	1203	Ana Basto	Rio Mau TT	01:22:07	+26:46	06:51	
72	1003	Hugo Lopez	ABUTRES	01:22:14	+26:53	06:51	
73	1005	José Coelho	ABUTRES	01:22:15	+26:54	06:51	
74	1180	António Rocha	MSS Grupo Desportivo de Gondomar	01:22:19	+26:58	06:52	
75	1237	Hugo Duarte	Xtrail Running	01:22:31	+27:10	06:53	
76	1089	Orlanda Rego	Individual	01:22:33	+27:12	06:53	
77	1134	Paulo Jorge Correia Santos	Individual	01:22:33	+27:12	06:53	
78	1116	Kim Oliveira	Individual	01:23:13	+27:52	06:56	
79	1207	Rui Mota	S4L / Medense FC	01:23:28	+28:07	06:57	
80	1080	Susana Silva	Individual	01:23:29	+28:08	06:57	
81	1115	Ivo Oliveira	Individual	01:23:29	+28:08	06:57	
82	1137	Vitor Santos	Individual	01:23:30	+28:09	06:57	
83	1211	Raquel Vasconcelos	Sport Comércio e Salgueiros	01:23:43	+28:22	06:59	
84	1204	Ruben Pinho	Rio Mau TT	01:25:12	+29:51	07:06	
85	1222	Vicente Sousa	tog Associação Running Team	01:25:14	+29:53	07:06	
86	1218	Ana Sá Pinto	tog Associação Running Team	01:25:14	+29:53	07:06	
87	1048	Renato Fontinha	Gansos - Trail & Caminhada	01:25:17	+29:56	07:06	
88	1039	José Silva	FDM RUNNING	01:25:45	+30:25	07:09	

TRAIL MINI 12K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1037	Carla Martins	Escola de Atletismo Rio Tinto RunRiver	01:25:49	+30:28	07:09	
90	1110	ricardo coelho	Individual	01:25:51	+30:30	07:09	
91	1242	Elisabete Rocha	Leões de Tardariz Trail	01:25:59	+30:38	07:10	
92	1159	Jesus Castro	Leões de Tardariz Trail	01:26:27	+31:06	07:12	
93	1160	La Salete Martins	Leões de Tardariz Trail	01:26:32	+31:11	07:13	
94	1245	Helder Guedes	Individual	01:27:00	+31:40	07:15	
95	1030	Hélder Manuel Pinto de Jesus	DEMOLIDORES TEAM	01:27:08	+31:47	07:16	
96	1105	Tiago Venceslau	Individual	01:27:09	+31:48	07:16	
97	1185	António Luís	MSS Grupo Desportivo de Gondomar	01:27:16	+31:55	07:16	
98	1235	André Pereira	TURBOLENTOS	01:27:23	+32:02	07:17	
99	1208	Domingos Nogueira	SB WALKER	01:27:26	+32:05	07:17	
100	1229	Rui Pedro Pena	TRAIL - Grupo Desportivo de Trancoso	01:27:28	+32:07	07:17	
101	1226	André Pena	TRAIL - Grupo Desportivo de Trancoso	01:27:29	+32:08	07:17	
102	1156	Agostinho da Silva Neves	Juventude Desportiva de Gondomar	01:27:30	+32:09	07:17	
103	1130	José Faria	Individual	01:27:39	+32:18	07:18	
104	1025	Miguel Pereira	CCDTC.M.GONDOMAR	01:27:40	+32:19	07:18	
105	1022	Avô João	Avô João	01:27:50	+32:29	07:19	
106	1167	Sérgio Costa	LUSOS XXI	01:27:52	+32:31	07:19	
107	1095	André Silva	Individual	01:28:38	+33:17	07:23	
108	1007	Rosa Saldanha	AMA - Associação Mondim Atletismo	01:28:44	+33:23	07:24	
109	1149	José Santos	Individual	01:28:49	+33:28	07:24	
110	1161	Leandro Ferreira	Leões de Tardariz Trail	01:29:26	+34:05	07:27	
111	21	Carina Silva	Individual	01:29:36	+34:15	07:28	
112	65	Ricardo Alves	PCRUNNERS	01:29:42	+34:21	07:28	
113	1244	Carlos Azevedo	Individual	01:30:31	+35:10	07:33	
114	1138	Alberto Sousa	Individual	01:32:38	+37:17	07:43	
115	1225	Miguel Cunha	tog Associação Running Team	01:34:14	+38:53	07:51	
116	1233	Carina Rios	TURBOLENTOS	01:34:18	+38:57	07:51	
117	1085	Susana Lourenco	Individual	01:34:19	+38:58	07:52	
118	1234	Sara Resende	TURBOLENTOS	01:34:19	+38:58	07:52	
119	1021	Pedro policiano	Atlético Clube Alfenense	01:34:42	+39:21	07:53	
120	1020	Guilhermina Amaral	Atlético Clube Alfenense	01:34:42	+39:21	07:54	
121	1220	Kiniss Neves	tog Associação Running Team	01:35:07	+39:46	07:56	
122	1131	José Joaquim Ferreira dos Santos Silva	Individual	01:35:54	+40:33	07:59	
123	1108	Orlando Miguel da Costa Brizida	Individual	01:35:54	+40:33	07:59	
124	1088	Luciana Cox	Individual	01:36:07	+40:46	08:01	
125	1023	Lourenço Cardoso	Baguim Runners	01:36:39	+41:18	08:03	
126	1018	JOSE MANUEL RODRIGUEZ CID	ASALTAMONTES TRAIL	01:36:42	+41:21	08:03	
127	1136	Paulo Santos	Individual	01:38:35	+43:14	08:13	
128	1101	José Gama	Individual	01:38:36	+43:15	08:13	
129	1212	Tartarugas do Asfalto	Tartarugas do Asfalto	01:39:21	+44:00	08:17	
130	1144	Jorge Caria	Individual	01:39:21	+44:00	08:17	
131	1139	Alcidio Figueiredo	Individual	01:40:26	+45:05	08:22	
132	1189	Manuel Pereira	MSS Grupo Desportivo de Gondomar	01:40:39	+45:18	08:23	
133	1091	Sandra Ferreira	Individual	01:42:21	+47:00	08:32	

TRAIL MINI 12K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	1232	Elisio Dias	TrepaTrilhos Trail Team	01:42:22	+47:01	08:32	
135	1132	Luis Sousa	Individual	01:42:27	+47:06	08:32	
136	1081	Andreia Cristina MArtins Oliva Teles	Individual	01:42:29	+47:08	08:32	
137	1164	Américo Martins	Leões de Tardariz Trail	01:43:25	+48:04	08:37	
138	1148	Joaquim Leite	Individual	01:43:27	+48:06	08:37	
139	1217	Elisabete Ferreira	tog Associação Running Team	01:44:12	+48:51	08:41	
140	1046	Adriana Abreu	Gansos - Trail & Caminhada	01:44:22	+49:01	08:42	
141	1142	Francisco Costa	Individual	01:44:27	+49:06	08:42	
142	1194	Paulo Gomes	NO TOMORROW RUNNING TEAM	01:45:20	+49:59	08:47	
143	1042	Marisa Pinheiro	Gansos - Trail & Caminhada	01:45:31	+50:10	08:48	
144	1104	Tiago Veiga	Individual	01:45:34	+50:13	08:48	
145	1011	Nádia Fernandes	Amigos 100 Limites	01:45:42	+50:21	08:49	
146	1016	Nelson Fernandes	Amigos 100 Limites	01:45:43	+50:22	08:49	
147	1190	Serafim Fonseca	MSS Grupo Desportivo de Gondomar	01:45:44	+50:23	08:49	
148	1143	Frank Coelho	Individual	01:46:04	+50:43	08:50	
149	1192	Marlene P.	Nexplore	01:48:37	+53:16	09:03	
150	1193	Pedro Marinho	Nexplore	01:48:39	+53:18	09:03	
151	1118	Luís Miguel Gomes Ferreira	Individual	01:48:57	+53:36	09:05	
152	1214	Paula Andrade	Team Shark	01:50:27	+55:06	09:12	
153	1083	Claudia Lopes	Individual	01:50:27	+55:06	09:12	
154	1019	Sónia Monteiro	Atlético Clube Alfenense	01:50:28	+55:07	09:12	
155	1090	Paula Cristina Soledade Pinheiro	Individual	01:50:32	+55:11	09:13	
156	1010	Vânia Moreira	Amigos 100 Limites	01:51:56	+56:35	09:20	
157	1064	LAURE SEYSSEL	Individual	01:51:57	+56:36	09:20	
158	1195	Helena Santos	OPraticante.pt	01:52:20	+56:59	09:22	
159	1012	Paula Moreira	Amigos 100 Limites	01:52:50	+57:29	09:24	
160	1044	Sofia Lopes	Gansos - Trail & Caminhada	01:54:07	+58:46	09:31	
161	1055	DOTAN GOREN	Goren	01:54:49	+59:28	09:34	
162	1054	Maayan Goren	Goren	01:54:51	+59:30	09:34	
163	1082	Carla Oliveira	Individual	01:54:55	+59:34	09:35	
164	1133	Manuel Pinheiro	Individual	01:54:57	+59:36	09:35	
165	1057	Alvaro Fernandes	HI-FIT	01:55:04	+59:43	09:35	
166	1058	Inês Landolt	HI-FIT	01:55:06	+59:45	09:36	
167	1060	Ricardo Moreira	HI-FIT	01:55:07	+59:46	09:36	
168	1041	Daniela Vieira	Gansos - Trail & Caminhada	01:55:56	+01:00:35	09:40	
169	1040	Raquel Moreira	Gansos - Trail & Caminhada	01:55:56	+01:00:35	09:40	
170	1043	Silvia Barbosa	Gansos - Trail & Caminhada	01:55:57	+01:00:36	09:40	
171	1047	Miguel Costa	Gansos - Trail & Caminhada	02:00:59	+01:05:38	10:05	
172	1045	Flor Ribeiro	Gansos - Trail & Caminhada	02:00:59	+01:05:38	10:05	
173	1056	Ana Sofia Oliveira	HI-FIT	02:01:52	+01:06:31	10:09	
174	1059	Olinda Neiva	HI-FIT	02:01:52	+01:06:31	10:09	
175	1111	Abel Andrade	Individual	02:01:53	+01:06:32	10:09	
176	1168	Rui Moreira	LUSOS XXI	02:04:14	+01:08:53	10:21	
177	1084	Livia Sousa	Individual	02:04:27	+01:09:06	10:22	
178	1166	João Carvalho	LUSOS XXI	02:04:28	+01:09:07	10:22	
179	1112	Antonio Costa	Individual	02:04:29	+01:09:08	10:22	

TRAIL MINI 12K - STAGE 1**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	1065	Bruno Miguel Garcês	Individual	02:05:22	+01:10:01	10:27	
181	1061	Pedro Pereira	Individual	02:05:22	+01:10:01	10:27	
182	1076	Ana Moreira	Individual	02:05:23	+01:10:02	10:27	
183	1069	Josué Ribeiro	Individual	02:05:23	+01:10:02	10:27	
184	1170	Paulo Melo	Melofitness	02:06:05	+01:10:44	10:30	
185	1169	Elisabete Melo	Melofitness	02:06:06	+01:10:45	10:31	
186	1124	Valter Caseiro	Individual	02:10:12	+01:14:51	10:51	
187	1188	Mário Magalhães	MSS Grupo Desportivo de Gondomar	02:10:14	+01:14:53	10:51	
188	1027	Rui Rodrigues	Centro Cultural D. T. da STCP/N Seguros	02:11:06	+01:15:45	10:55	
189	1107	Filipe Miguel Rodrigues Almeida	Individual	02:19:47	+01:24:26	11:39	
190	1122	Pedro Santos	Individual	02:20:30	+01:25:09	11:43	
191	1201	Hermínia Oliveira	Os Pressinhas	02:21:34	+01:26:13	11:48	
192	1151	Abílio Soares	Individual	02:21:34	+01:26:13	11:48	
193	1006	Marisa Fernandes	AMA - Associação Mondim Atletismo	02:24:29	+01:29:08	12:02	
194	1224	Luís Teixeira	tog Associação Running Team	02:24:58	+01:29:37	12:05	
195	1216	Célia Pires	tog Associação Running Team	02:24:58	+01:29:37	12:05	
196	1092	Susana Soares	Individual	02:27:58	+01:32:37	12:20	
197	1093	Teresa Bessa	Individual	02:34:11	+01:38:50	12:51	
198	1231	Irene Nunes	TrepaTrilhos Trail Team	02:35:48	+01:40:27	12:59	
199	1141	Fernando Pereira	Individual	02:35:49	+01:40:28	12:59	
200	1187	José António Freitas	MSS Grupo Desportivo de Gondomar	02:39:47	+01:44:26	13:19	
201	1026	Avelino Pereira	CCDTC.M.GONDOMAR	03:01:53	+02:06:32	15:09	
202	1033	Paula Silva	Eles Andem Aí	03:03:20	+02:07:59	15:17	

Trail Mini 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:30	14,5°C	68%
End	23:42	14,5°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Junior Masculino

1	1054	Maayan Goren	Goren	Junior Masculino	01:54:51		09:34
2	1061	Pedro Pereira	Individual	Junior Masculino	02:05:22	+10:31	10:27

Juvenil Masculino

1	1228	Ricardo Silva	TRAIL - Grupo Desportivo de Trancoso	Juvenil Masculino	01:04:35		05:23
2	1227	Diogo Silva	TRAIL - Grupo Desportivo de Trancoso	Juvenil Masculino	01:06:50	+02:15	05:34
3	1226	André Pena	TRAIL - Grupo Desportivo de Trancoso	Juvenil Masculino	01:27:29	+22:53	07:17

Senior Feminino

1	1157	Filipa Moreira	Leões de Tardariz Trail	Senior Feminino	01:19:00		06:35
2	1203	Ana Basto	Rio Mau TT	Senior Feminino	01:22:07	+03:07	06:51
3	1010	Vânia Moreira	Amigos 100 Limites	Senior Feminino	01:51:56	+32:56	09:20
4	1064	LAURE SEYSSEL	Individual	Senior Feminino	01:51:57	+32:57	09:20
5	1056	Ana Sofia Oliveira	HI-FIT	Senior Feminino	02:01:52	+42:51	10:09

Senior Masculino

1	1174	Luis Gomes	MSS Grupo Desportivo de Gondomar	Senior Masculino	55:21		04:37
2	1031	Rui Cardoso	DUELO D'OCAÇÃO	Senior Masculino	01:02:41	+07:20	05:13
3	1017	Manuel José Pereira Curral	ARA - Alfandeguense	Senior Masculino	01:04:21	+08:59	05:22
4	1068	João Rocha	Individual	Senior Masculino	01:07:31	+12:10	05:38
5	1072	Paulo Costa	Individual	Senior Masculino	01:07:32	+12:11	05:38
6	1173	José Gabriel	MSS Grupo Desportivo de Gondomar	Senior Masculino	01:13:47	+18:25	06:09
7	1073	Tristan Hautecoeur	Individual	Senior Masculino	01:14:19	+18:58	06:12
8	1071	Nuno Moreira	Individual	Senior Masculino	01:18:27	+23:06	06:32
9	1067	Joao Paulo Madureira	Individual	Senior Masculino	01:18:27	+23:06	06:32
10	1066	Hugo gomes	Individual	Senior Masculino	01:19:32	+24:11	06:38
11	1003	Hugo Lopez	ABUTRES	Senior Masculino	01:22:14	+26:52	06:51
12	1245	Helder Guedes	Individual	Senior Masculino	01:27:00	+31:39	07:15
13	1244	Carlos Azevedo	Individual	Senior Masculino	01:30:31	+35:10	07:33
14	1057	Alvaro Fernandes	HI-FIT	Senior Masculino	01:55:04	+59:43	09:35
15	1065	Bruno Miguel Garcês	Individual	Senior Masculino	02:05:22	+01:10:01	10:27

Trail Mini 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

16	1069	Josué Ribeiro	Individual	Senior Masculino	02:05:23	+01:10:02	10:27
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Veterana F35

1	1037	Carla Martins	Escola de Atletismo Rio Tinto RunRiver	Veterana F35	01:25:49		07:09
2	21	Carina Silva	Individual	Veterana F35	01:29:36	+03:47	07:28
3	1011	Nádia Fernandes	Amigos 100 Limites	Veterana F35	01:45:42	+19:53	08:49
4	1195	Helena Santos	OPraticante.pt	Veterana F35	01:52:20	+26:31	09:22
5	1058	Inês Landolt	HI-FIT	Veterana F35	01:55:06	+29:17	09:36
6	1040	Raquel Moreira	Gansos - Trail & Caminhada	Veterana F35	01:55:56	+30:07	09:40

Veterana F40

1	1050	Andreia Santos	Gens SC Trail	Veterana F40	01:02:21		05:12
2	1077	Célia Neto	Individual	Veterana F40	01:08:22	+06:01	05:42
3	1075	Adriana Dias	Individual	Veterana F40	01:21:10	+18:49	06:46
4	1080	Susana Silva	Individual	Veterana F40	01:23:29	+21:07	06:57
5	1233	Carina Rios	TURBOLENTOS	Veterana F40	01:34:18	+31:56	07:51
6	1234	Sara Resende	TURBOLENTOS	Veterana F40	01:34:19	+31:58	07:52
7	1042	Marisa Pinheiro	Gansos - Trail & Caminhada	Veterana F40	01:45:31	+43:10	08:48
8	1192	Marlene P.	Nexplore	Veterana F40	01:48:37	+46:15	09:03
9	1019	Sónia Monteiro	Atlético Clube Alfenense	Veterana F40	01:50:28	+48:06	09:12
10	1041	Daniela Vieira	Gansos - Trail & Caminhada	Veterana F40	01:55:56	+53:34	09:40
11	1076	Ana Moreira	Individual	Veterana F40	02:05:23	+01:03:01	10:27
12	1006	Marisa Fernandes	AMA - Associação Mondim Atletismo	Veterana F40	02:24:29	+01:22:07	12:02

Veterana F45

1	1199	Liliana Loureiro	Os Preguiças Team	Veterana F45	01:15:32		06:18
2	1211	Raquel Vasconcelos	Sport Comércio e Salgueiros	Veterana F45	01:23:43	+08:11	06:59
3	1085	Susana Lourenco	Individual	Veterana F45	01:34:19	+18:46	07:52
4	1212	Tartarugas do Asfalto	Tartarugas do Asfalto	Veterana F45	01:39:21	+23:49	08:17
5	1081	Andreia Cristina MArtins Oliva Teles	Individual	Veterana F45	01:42:29	+26:56	08:32
6	1217	Elisabete Ferreira	tog Associação Running Team	Veterana F45	01:44:12	+28:39	08:41
7	1083	Claudia Lopes	Individual	Veterana F45	01:50:27	+34:55	09:12
8	1044	Sofia Lopes	Gansos - Trail & Caminhada	Veterana F45	01:54:07	+38:34	09:31
9	1082	Carla Oliveira	Individual	Veterana F45	01:54:55	+39:23	09:35
10	1043	Silvia Barbosa	Gansos - Trail & Caminhada	Veterana F45	01:55:57	+40:25	09:40
11	1084	Livia Sousa	Individual	Veterana F45	02:04:27	+48:55	10:22
12	1216	Célia Pires	tog Associação Running Team	Veterana F45	02:24:58	+01:09:26	12:05
13	1033	Paula Silva	Eles Andem Aí	Veterana F45	03:03:20	+01:47:48	15:17

Trail Mini 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	1098	Cláudio Silva	Individual	Veterano M35	01:11:46	+13:15	05:59
8	1034	José Rodrigues	Eles Andem Aí	Veterano M35	01:19:00	+20:29	06:35
9	1103	Pedro Tiago Ribeiro Martins	Individual	Veterano M35	01:19:49	+21:17	06:39
10	1236	André Nabiço	Vasco da Gama Atlético Clube	Veterano M35	01:19:52	+21:21	06:39
11	1204	Ruben Pinho	Rio Mau TT	Veterano M35	01:25:12	+26:41	07:06
12	1105	Tiago Venceslau	Individual	Veterano M35	01:27:09	+28:38	07:16
13	1095	André Silva	Individual	Veterano M35	01:28:38	+30:07	07:23
14	1101	José Gama	Individual	Veterano M35	01:38:36	+40:05	08:13
15	1104	Tiago Veiga	Individual	Veterano M35	01:45:34	+47:03	08:48

Veterano M40

1	1051	André Almeida	Gens SC Trail	Veterano M40	56:12		04:41
2	1053	Ricardo Brandão	Gens SC Trail	Veterano M40	57:35	+01:22	04:48
3	1106	António José Jesus Nogueira	Individual	Veterano M40	01:00:25	+04:12	05:02
4	1177	Bruno Rocha	MSS Grupo Desportivo de Gondomar	Veterano M40	01:05:30	+09:17	05:27
5	1052	Bruno Rocha	Gens SC Trail	Veterano M40	01:08:17	+12:04	05:41
6	1196	Sérgio Sousa	OPraticante.pt	Veterano M40	01:09:32	+13:19	05:48
7	1155	Pedro Miguel de Ascensão Neves	Juventude Desportiva de Gondomar	Veterano M40	01:10:07	+13:55	05:51
8	1015	Nuno Couto	Amigos 100 Limites	Veterano M40	01:10:20	+14:07	05:52
9	1109	Ricardo Bomtempo	Individual	Veterano M40	01:11:29	+15:16	05:57
10	1014	Alcino Silva	Amigos 100 Limites	Veterano M40	01:11:42	+15:29	05:59
11	1178	Sérgio Silva	MSS Grupo Desportivo de Gondomar	Veterano M40	01:11:49	+15:36	05:59
12	1038	Diogo Moreira	FDM RUNNING	Veterano M40	01:15:59	+19:46	06:20
13	1205	jorge varela	Rio Mau TT	Veterano M40	01:20:24	+24:11	06:42
14	1039	José Silva	FDM RUNNING	Veterano M40	01:25:45	+29:33	07:09
15	1110	ricardo coelho	Individual	Veterano M40	01:25:51	+29:38	07:09
16	1030	Hélder Manuel Pinto de Jesus	DEMOLIDORES TEAM	Veterano M40	01:27:08	+30:55	07:16
17	1235	André Pereira	TURBOLENTOS	Veterano M40	01:27:23	+31:11	07:17
18	1167	Sérgio Costa	LUSOS XXI	Veterano M40	01:27:52	+31:39	07:19
19	1161	Leandro Ferreira	Leões de Tardariz Trail	Veterano M40	01:29:26	+33:13	07:27
20	65	Ricardo Alves	PCRUNNERS	Veterano M40	01:29:42	+33:29	07:28
21	1108	Orlando Miguel da Costa Brizida	Individual	Veterano M40	01:35:54	+39:41	07:59
22	1060	Ricardo Moreira	HI-FIT	Veterano M40	01:55:07	+58:54	09:36
23	1166	João Carvalho	LUSOS XXI	Veterano M40	02:04:28	+01:08:16	10:22
24	1107	Filipe Miguel Rodrigues Almeida	Individual	Veterano M40	02:19:47	+01:23:34	11:39

Veterano M45

1	1114	Carlos Monteiro	Individual	Veterano M45	58:59		04:55
2	1179	Ibraim Sousa	MSS Grupo Desportivo de Gondomar	Veterano M45	01:05:51	+06:51	05:29
3	1049	José Sá	GD	Veterano M45	01:11:07	+12:08	05:56
4	1119	Miguel Lopes	Individual	Veterano M45	01:12:13	+13:13	06:01

Trail Mini 12K**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	1121	Pedro Neves	Individual	Veterano M45	01:16:25	+17:25	06:22
6	1120	Nuno guerra	Individual	Veterano M45	01:18:33	+19:34	06:33
7	1004	Rui Mendes	ABUTRES	Veterano M45	01:19:08	+20:09	06:36
8	1172	Filipe Neves	MOOVE/Afacycles/Aloft	Veterano M45	01:19:16	+20:17	06:36
9	1200	Sérgio Gomes	Os Preguiças Team	Veterano M45	01:19:20	+20:21	06:37
10	1206	José Varela	Rio Mau TT	Veterano M45	01:22:01	+23:01	06:50
11	1237	Hugo Duarte	Xtrail Running	Veterano M45	01:22:31	+23:32	06:53
12	1116	Kim Oliveira	Individual	Veterano M45	01:23:13	+24:14	06:56
13	1115	Ivo Oliveira	Individual	Veterano M45	01:23:29	+24:29	06:57
14	1222	Vicente Sousa	tog Associação Running Team	Veterano M45	01:25:14	+26:14	07:06
15	1208	Domingos Nogueira	SB WALKER	Veterano M45	01:27:26	+28:27	07:17
16	1021	Pedro policiano	Atlético Clube Afenense	Veterano M45	01:34:42	+35:42	07:53
17	1016	Nelson Fernandes	Amigos 100 Limites	Veterano M45	01:45:43	+46:44	08:49
18	1193	Pedro Marinho	Nexplore	Veterano M45	01:48:39	+49:40	09:03
19	1118	Luís Miguel Gomes Ferreira	Individual	Veterano M45	01:48:57	+49:58	09:05
20	1055	DOTAN GOREN	Goren	Veterano M45	01:54:49	+55:50	09:34
21	1047	Miguel Costa	Gansos - Trail & Caminhada	Veterano M45	02:00:59	+01:01:59	10:05
22	1111	Abel Andrade	Individual	Veterano M45	02:01:53	+01:02:54	10:09
23	1168	Rui Moreira	LUSOS XXI	Veterano M45	02:04:14	+01:05:14	10:21
24	1112	Antonio Costa	Individual	Veterano M45	02:04:29	+01:05:29	10:22
25	1124	Valter Caseiro	Individual	Veterano M45	02:10:12	+01:11:13	10:51
26	1122	Pedro Santos	Individual	Veterano M45	02:20:30	+01:21:31	11:43

Veterano M50

1	1129	Jorge Dias	Individual	Veterano M50	01:00:13		05:01
2	1182	Rui Alvim	MSS Grupo Desportivo de Gondomar	Veterano M50	01:05:28	+05:14	05:27
3	1191	ORLANDO NOGUEIRA	NBA-BARROSAS	Veterano M50	01:05:33	+05:19	05:28
4	1024	Vitor Cardoso	Baguim Runners	Veterano M50	01:07:53	+07:39	05:39
5	1181	Manuel Ferreira	MSS Grupo Desportivo de Gondomar	Veterano M50	01:10:56	+10:42	05:55
6	1152	Joao Barbosa	Javalis 100 Limites	Veterano M50	01:14:16	+14:02	06:11
7	1125	André Dias	Individual	Veterano M50	01:14:44	+14:31	06:14
8	1162	David Silva	Leões de Tardariz Trail	Veterano M50	01:14:51	+14:37	06:14
9	1163	Pedro Ferreira	Leões de Tardariz Trail	Veterano M50	01:15:55	+15:42	06:20
10	1128	Gabriel Rodrigues	Individual	Veterano M50	01:22:06	+21:52	06:50
11	1005	José Coelho	ABUTRES	Veterano M50	01:22:15	+22:01	06:51
12	1180	António Rocha	MSS Grupo Desportivo de Gondomar	Veterano M50	01:22:19	+22:05	06:52
13	1134	Paulo Jorge Correia Santos	Individual	Veterano M50	01:22:33	+22:20	06:53
14	1207	Rui Mota	S4L / Medense FC	Veterano M50	01:23:28	+23:14	06:57
15	1137	Vitor Santos	Individual	Veterano M50	01:23:30	+23:16	06:57
16	1048	Renato Fontinha	Gansos - Trail & Caminhada	Veterano M50	01:25:17	+25:03	07:06
17	1229	Rui Pedro Pena	TRAIL - Grupo Desportivo de Trancoso	Veterano M50	01:27:28	+27:14	07:17
18	1130	José Faria	Individual	Veterano M50	01:27:39	+27:25	07:18

Official Timekeeper: Lap2Go

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generate 06-abr-2025 00:21

Trail Mini 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

19	1025	Miguel Pereira	CCDTC.M.GONDOMAR	Veterano M50	01:27:40	+27:26	07:18
20	1225	Miguel Cunha	tog Associação Running Team	Veterano M50	01:34:14	+34:00	07:51
21	1131	José Joaquim Ferreira dos Santos Silva	Individual	Veterano M50	01:35:54	+35:40	07:59
22	1023	Lourenço Cardoso	Baquim Runners	Veterano M50	01:36:39	+36:25	08:03
23	1018	JOSE MANUEL RODRIGUEZ CID	ASALTAMONTES TRAIL	Veterano M50	01:36:42	+36:28	08:03
24	1136	Paulo Santos	Individual	Veterano M50	01:38:35	+38:22	08:13
25	1232	Elisio Dias	TrepaTrilhos Trail Team	Veterano M50	01:42:22	+42:08	08:32
26	1132	Luis Sousa	Individual	Veterano M50	01:42:27	+42:13	08:32
27	1194	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M50	01:45:20	+45:06	08:47
28	1133	Manuel Pinheiro	Individual	Veterano M50	01:54:57	+54:43	09:35
29	1027	Rui Rodrigues	Centro Cultural D. T. da STCP/N Seguros	Veterano M50	02:11:06	+01:10:52	10:55
30	1224	Luís Teixeira	tog Associação Running Team	Veterano M50	02:24:58	+01:24:44	12:05

Veterano M55

1	1186	Luís Silvestre	MSS Grupo Desportivo de Gondomar	Veterano M55	01:05:32		05:28
2	1153	Daniel Gomes	Javalis 100 Limites	Veterano M55	01:14:15	+08:43	06:11
3	1147	Manuel Domingues	Individual	Veterano M55	01:17:03	+11:31	06:25
4	1183	Antonio Martins	MSS Grupo Desportivo de Gondomar	Veterano M55	01:17:13	+11:41	06:26
5	1184	Albino José Loureiro Pereira	MSS Grupo Desportivo de Gondomar	Veterano M55	01:21:54	+16:22	06:50
6	1185	António Luís	MSS Grupo Desportivo de Gondomar	Veterano M55	01:27:16	+21:44	07:16
7	1022	Avô João	Avô João	Veterano M55	01:27:50	+22:18	07:19
8	1138	Alberto Sousa	Individual	Veterano M55	01:32:38	+27:06	07:43
9	1144	Jorge Caria	Individual	Veterano M55	01:39:21	+33:49	08:17
10	1139	Alcídio Figueiredo	Individual	Veterano M55	01:40:26	+34:54	08:22
11	1142	Francisco Costa	Individual	Veterano M55	01:44:27	+38:55	08:42
12	1143	Frank Coelho	Individual	Veterano M55	01:46:04	+40:32	08:50
13	1170	Paulo Melo	Melofitness	Veterano M55	02:06:05	+01:00:33	10:30
14	1141	Fernando Pereira	Individual	Veterano M55	02:35:49	+01:30:17	12:59

Veterano M60

1	1008	Alípio Fernandes	AMA - Associação Mondim Atletismo	Veterano M60	01:12:40		06:03
2	1165	António Pinto	Leões de Tardariz Trail	Veterano M60	01:15:41	+03:00	06:18
3	1150	Paulo Dias	Individual	Veterano M60	01:17:27	+04:46	06:27
4	1149	José Santos	Individual	Veterano M60	01:28:49	+16:08	07:24
5	1164	Américo Martins	Leões de Tardariz Trail	Veterano M60	01:43:25	+30:44	08:37
6	1148	Joaquim Leite	Individual	Veterano M60	01:43:27	+30:46	08:37
7	1188	Mário Magalhães	MSS Grupo Desportivo de Gondomar	Veterano M60	02:10:14	+57:33	10:51

Trail Mini 12K**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

8	1187	José António Freitas	MSS Grupo Desportivo de Gondomar	Veterano M60	02:39:47	+01:27:06	13:19
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Veterano M65

1	1189	Manuel Pereira	MSS Grupo Desportivo de Gondomar	Veterano M65	01:40:39		08:23
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Veterano M70

1	1156	Agostinho da Silva Neves	Juventude Desportiva de Gondomar	Veterano M70	01:27:30		07:17
2	1190	Serafim Fonseca	MSS Grupo Desportivo de Gondomar	Veterano M70	01:45:44	+18:14	08:49
3	1151	Abílio Soares	Individual	Veterano M70	02:21:34	+54:03	11:48
4	1026	Avelino Pereira	CCDTC.M.GONDOMAR	Veterano M70	03:01:53	+01:34:23	15:09

TEAM RESULTS - TRAIL MINI 12K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GENS SC TRAIL	2 + 3 + 9	14
2	MSS GRUPO DESPORTIVO DE GONDOMAR	1 + 15 + 16	32
3	AMIGOS 100 LIMITES	10 + 30 + 34	74
4	TRAIL - GRUPO DESPORTIVO DE TRANCOSO	14 + 21 + 100	135
5	LEÕES DE TARDARIZ TRAIL	45 + 47 + 49	141
6	ABUTRES	60 + 72 + 73	205
7	RIO MAU TT	66 + 69 + 71	206
8	TOG ASSOCIAÇÃO RUNNING TEAM	85 + 86 + 115	286
9	TURBOLENTOS	98 + 116 + 118	332
10	AMA - ASSOCIAÇÃO MONDIM ATLETISMO	38 + 108 + 193	339
11	GANSOS - TRAIL & CAMINHADA	87 + 140 + 143	370
12	ATLÉTICO CLUBE ALFENENSE	119 + 120 + 154	393
13	LUSOS XXI	106 + 176 + 178	460
14	HI-FIT	165 + 166 + 167	498