

ULTRA TRAIL - STAGE 1

43 KM

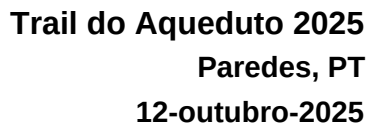
[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:00	11,4°C	70%
End	17:02	23°C	39%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	59	Marcos Ribeiro	A.D Nós Acreditamos	04:27:40		06:13	
2	8	Tiago Pinheiro	ÁGUIAS DE ALVELOS	04:35:12	+07:32	06:24	
3	25	Fábio Júnio Gonçalves da Silva	Individual	04:53:20	+25:40	06:49	
4	19	Tiago Figueiredo Sequeira	Duelo D´Ocasão	05:09:12	+41:32	07:11	
5	42	Manuel Sousa	Fatima Trail Team	05:20:28	+52:48	07:27	
6	11	António Gonçalves	Amigos 100 Limites	05:37:19	+01:09:39	07:51	
7	4	David Ramalho	A.D.Sebolido Trail	05:43:22	+01:15:42	07:59	
8	60	Nuno Morais	Caminhadas da Amizade	05:49:35	+01:21:55	08:08	
9	27	Leonardo Tomazine Neto	Individual	05:49:35	+01:21:55	08:08	
10	70	Célia Neto	Amantes Trail & Run	05:51:40	+01:24:00	08:11	
11	15	Pedro Ferreira	Cinfães a Correr	05:56:18	+01:28:38	08:17	
12	55	Armando Moreira	Retorta - Quinta das Arcas	06:03:55	+01:36:15	08:28	
13	57	António Moreira	ZEBREUS	06:09:03	+01:41:23	08:35	
14	33	Adriano Fernando Ferreira Magalhães0	Individual	06:09:54	+01:42:14	08:36	
15	20	NATALIYA POPOVA	A.D Nós Acreditamos	06:15:13	+01:47:33	08:44	
16	40	Rui gomes	Individual	06:18:05	+01:50:25	08:48	
17	21	Patrícia Silva	Individual	06:20:13	+01:52:33	08:51	
18	23	Bruno Teles	Individual	06:30:32	+02:02:52	09:05	
19	12	Fábio Moreira	Amigos 100 Limites	06:33:59	+02:06:19	09:10	
20	51	Fernando Teixeira	Os preguiças team	06:36:49	+02:09:09	09:14	
21	1	Carla Duarte	A.D Nós Acreditamos	06:37:47	+02:10:07	09:15	
22	16	Rodrigo Sousa Silva	Cinfães a Correr	06:37:48	+02:10:08	09:15	
23	43	Pedro Barbosa	CARBRITOS SALTADORES	06:39:12	+02:11:32	09:17	
24	2	Fernando Campos	FUTEBOL CLUBE PENAFIEL	06:39:45	+02:12:05	09:18	
25	34	Henri Costa	A.D Nós Acreditamos	06:58:55	+02:31:15	09:45	
26	32	Ligia Mendes	A.D Nós Acreditamos	07:00:53	+02:33:13	09:47	
27	53	Rui Barros	Retorta - Quinta das Arcas	07:01:26	+02:33:46	09:48	
28	49	Manuel Ferreira	MSS Grupo Desportivo de Gondomar	07:09:46	+02:42:06	10:00	
29	50	Daniela Moutinho	Os preguiças team	07:10:32	+02:42:52	10:01	
30	66	Paulo Dias	Individual	07:27:15	+02:59:35	10:24	
31	44	Vitor Manuel Nunes de Oliveira	Individual	07:27:30	+02:59:50	10:24	
32	39	Paulo Miguel Veloso Morais	Individual	07:29:09	+03:01:29	10:27	
33	24	Diogo Lopes	Individual	07:29:33	+03:01:53	10:27	
34	30	Tiago Ferreira	Individual	07:33:14	+03:05:34	10:32	
35	45	Paulo Silva	Individual	07:33:43	+03:06:03	10:33	
36	9	Gonçalo Leal	Alcateia Cinzenta	07:37:14	+03:09:34	10:38	
37	38	Nuno Teixeira	Tog Associação Running Team	07:44:02	+03:16:22	10:47	
38	41	Manuel Domingues	Individual	07:44:35	+03:16:55	10:48	
39	56	Fernando Silva	TrepaTrilhos Trail Team	07:57:33	+03:29:53	11:06	
40	29	Sérgio Ricardo Silva Ribeiro Eiras	Individual	08:03:48	+03:36:08	11:15	
41	58	Nuno Moura	ZEBREUS	08:04:20	+03:36:40	11:16	



43 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	47	Ricardo Moreira	MSS Grupo Desportivo de Gondomar	08:19:38	+03:51:58	11:37	
43	35	Henrique Sousa	Individual	08:49:57	+04:22:17	12:19	
44	10	Rosa Saldanha	AMA - ASSOCIAÇÃO MONDIM ATLETISMO	08:49:59	+04:22:19	12:20	
45	48	António Rocha	MSS Grupo Desportivo de Gondomar	08:53:15	+04:25:35	12:24	
46	36	João André Teixeira Soares	Individual	08:59:27	+04:31:47	12:33	
47	37	Jorge Rocha	Individual	08:59:30	+04:31:50	12:33	

43 KM

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	20	NATALIYA POPOVA	A.D Nós Acreditamos	Senior Feminino	06:15:13		08:44
2	21	Patrícia Silva	Individual	Senior Feminino	06:20:13	+04:59	08:51
3	50	Daniela Moutinho	Os preguiças team	Senior Feminino	07:10:32	+55:18	10:01

1	8	Tiago Pinheiro	ÁGUIAS DE ALVELOS	Senior Masculino	04:35:12	06:24:08
2	25	Fábio Júnio Gonçalves da Silva	Individual	Senior Masculino	04:53:20	+18:08 06:49:08
3	19	Tiago Figueiredo Sequeira	Duelo D'Ocasão	Senior Masculino	05:09:12	+33:59 07:11:08
4	11	António Gonçalves	Amigos 100 Limites	Senior Masculino	05:37:19	+01:02:06 07:51:08
5	27	Leonardo Tomazine Neto	Individual	Senior Masculino	05:49:35	+01:14:23 08:08:08
6	15	Pedro Ferreira	Cinfães a Correr	Senior Masculino	05:56:18	+01:21:06 08:17:08
7	57	António Moreira	ZEBREUS	Senior Masculino	06:09:03	+01:33:50 08:35:08
8	23	Bruno Teles	Individual	Senior Masculino	06:30:32	+01:55:20 09:05:08
9	12	Fábio Moreira	Amigos 100 Limites	Senior Masculino	06:33:59	+01:58:46 09:10:08
10	51	Fernando Teixeira	Os preguiças team	Senior Masculino	06:36:49	+02:01:37 09:14:08
11	53	Rui Barros	Retorta - Quinta das Arcas	Senior Masculino	07:01:26	+02:26:13 09:48:08
12	24	Diogo Lopes	Individual	Senior Masculino	07:29:33	+02:54:21 10:27:08
13	30	Tiago Ferreira	Individual	Senior Masculino	07:33:14	+02:58:01 10:32:08
14	9	Gonçalo Leal	Alcateia Cinzenta	Senior Masculino	07:37:14	+03:02:01 10:38:08
15	29	Sérgio Ricardo Silva Ribeiro Eiras	Individual	Senior Masculino	08:03:48	+03:28:36 11:15:08
16	58	Nuno Moura	ZEBREUS	Senior Masculino	08:04:20	+03:29:07 11:16:08

1	16	Rodrigo Sousa Silva	Cinfães a Correr	Sub 20 Masculino	06:37:48	09:15
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1	70	Célia Neto	Amantes Trail & Run	Veterana F40	05:51:40	08:11:00
2	1	Carla Duarte	A.D Nós Acreditamos	Veterana F40	06:37:47	+46:06 09:15:00
3	32	Ligia Mendes	A.D Nós Acreditamos	Veterana F40	07:00:53	+01:09:13 09:47:00

1	10	Rosa Saldanha	AMA - ASSOCIAÇÃO MONDIM ATLETISMO	Veterana F50	08:49:59	12:20
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43 KM

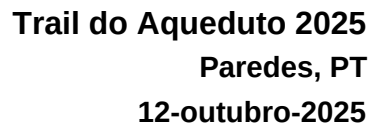
OFFICIAL RESULT

[illegible]

1	59	Marcos Ribeiro	A.D Nós Acreditamos	Veterano M40	04:27:40	06:13
2	4	David Ramalho	A.D.Sebolido Trail	Veterano M40	05:43:22	+01:15:41 07:59
3	60	Nuno Morais	Caminhadas da Amizade	Veterano M40	05:49:35	+01:21:54 08:08
4	33	Adriano Fernando Ferreira Magalhães0	Individual	Veterano M40	06:09:54	+01:42:13 08:36
5	40	Rui gomes	Individual	Veterano M40	06:18:05	+01:50:24 08:48
6	2	Fernando Campos	FUTEBOL CLUBE PENAFIEL	Veterano M40	06:39:45	+02:12:04 09:18
7	34	Henri Costa	A.D Nós Acreditamos	Veterano M40	06:58:55	+02:31:14 09:45
8	39	Paulo Miguel Veloso Morais	Individual	Veterano M40	07:29:09	+03:01:28 10:27
9	38	Nuno Teixeira	Tog Associação Running Team	Veterano M40	07:44:02	+03:16:21 10:47
10	56	Fernando Silva	TrepaTrilhos Trail Team	Veterano M40	07:57:33	+03:29:52 11:06
11	47	Ricardo Moreira	MSS Grupo Desportivo de Gondomar	Veterano M40	08:19:38	+03:51:57 11:37
12	35	Henrique Sousa	Individual	Veterano M40	08:49:57	+04:22:16 12:19
13	36	João André Teixeira Soares	Individual	Veterano M40	08:59:27	+04:31:46 12:33
14	37	Jorge Rocha	Individual	Veterano M40	08:59:30	+04:31:49 12:33

1	42	Manuel Sousa	Fatima Trail Team	Veterano M50	05:20:28	07:27
2	55	Armando Moreira	Retorta - Quinta das Arcas	Veterano M50	06:03:55	+43:26 08:28
3	43	Pedro Barbosa	CARBRITOS SALTADORES	Veterano M50	06:39:12	+01:18:43 09:17
4	49	Manuel Ferreira	MSS Grupo Desportivo de Gondomar	Veterano M50	07:09:46	+01:49:17 10:00
5	44	Vítor Manuel Nunes de Oliveira	Individual	Veterano M50	07:27:30	+02:07:01 10:24
6	41	Manuel Domingues	Individual	Veterano M50	07:44:35	+02:24:07 10:48
7	48	António Rocha	MSS Grupo Desportivo de Gondomar	Veterano M50	08:53:15	+03:32:47 12:24

1	66	Paulo Dias	Individual	Veterano M60	07:27:15	10:24
2	45	Paulo Silva	Individual	Veterano M60	07:33:43	+06:28 10:33

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Official Timekeeper: Lap2Go	1 / 1	generate 12-out.-2025 16:30
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23 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	701	Samuel Pereira da Silva	AD Marco 09	02:02:13		05:19	
2	521	Carlos Vieira	Associação Desportiva Aventuras do Paiva-Tuga Mobile	02:08:51	+06:38	05:36	
3	648	Paulo Nogueira	AD Marco 09	02:14:24	+12:11	05:51	
4	651	Ricardo Rêgo	Individual	02:15:52	+13:39	05:54	
5	698	Luis Filipe Mendes Magalhães	ADVC Trail Team	02:18:03	+15:50	06:00	
6	556	José Costa	G. D.. A Ronda	02:20:38	+18:25	06:07	
7	564	Nelson Carvalhal	Ilumilamp/Adn/Ac Norte	02:20:58	+18:45	06:08	
8	712	Joel Sousa Pinto	AD Marco 09	02:22:00	+19:47	06:10	
9	514	Ricardo Jorge Ferreira Machado	A.R.Sequeirô/Destemidos	02:24:03	+21:50	06:16	
10	700	Agostinho Fernando da Costa Carneiro	AD Marco 09	02:24:58	+22:45	06:18	
11	522	Antero Moreira	Atlético Clube de Penha Longa	02:26:03	+23:50	06:21	
12	550	José Costa	Fatima Trail Team	02:26:31	+24:18	06:22	
13	534	Rui Neto	Clube Trilheiros & Amigos	02:27:04	+24:51	06:24	
14	540	Joaquim Correia	Duelo D'Ocasão	02:27:09	+24:56	06:24	
15	566	Paula Sofia Coutinho Soares	Individual	02:27:25	+25:12	06:25	
16	702	Eurico Moura	Retorta - Quinta das Arcas	02:28:08	+25:55	06:26	
17	507	Miguel Ângelo Dias Moreira	A.R.Sequeirô/Destemidos	02:31:36	+29:23	06:35	
18	685	Daniel Soares	T22	02:33:49	+31:36	06:41	
19	577	Davide Cerqueira	ADVC Trail Team	02:33:54	+31:41	06:41	
20	557	Tiago Casais	GDRJ Ribeiras	02:34:06	+31:53	06:42	
21	520	Pedro Carvalho	ARRASTASSOLAS	02:34:15	+32:02	06:42	
22	588	Helder Pinto	Individual	02:35:41	+33:28	06:46	
23	523	Adelino Moreira	Black Bull	02:35:54	+33:41	06:47	
24	678	Alfredo da Silva Moreira	Nós Cá de Casa	02:35:59	+33:46	06:47	
25	576	cesar duarte	ADVC Trail Team	02:36:14	+34:01	06:48	
26	625	Bruno Pereira	Individual	02:37:43	+35:30	06:51	
27	604	Pedro Batista	Individual	02:38:32	+36:19	06:54	
28	596	Luís Nogueira	Individual	02:39:11	+36:58	06:55	
29	508	Nuno Silva	A.R.Sequeirô/Destemidos	02:40:11	+37:58	06:58	
30	668	Fernando Seabra	Caminhadas da Amizade	02:42:20	+40:07	07:03	
31	675	Ibraim Sousa	MSS Grupo Desportivo de Gondomar	02:43:26	+41:13	07:06	
32	568	Adão Henrique da silva Barbosa coelho	Individual	02:44:47	+42:34	07:10	
33	677	Luís Silvestre	MSS Grupo Desportivo de Gondomar	02:45:01	+42:48	07:10	
34	572	André Meireles	Individual	02:45:56	+43:43	07:13	
35	524	Tiago Marinho	Black Bull	02:46:42	+44:29	07:15	
36	674	Bruno Rocha	MSS Grupo Desportivo de Gondomar	02:46:51	+44:38	07:15	
37	542	Orlando Rocha	EDV-VIANATRIL	02:47:03	+44:50	07:16	
38	665	Paulo Carvalho	CALCATRILHOS	02:49:09	+46:56	07:21	
39	688	Armando Machado	Trai Team Casa das Reparações	02:49:30	+47:17	07:22	
40	693	Antonio Rosendo	TriClube de Penafiel	02:52:09	+49:56	07:29	

23 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	631	Filipe Teixeira	Individual	02:52:21	+50:08	07:30	
42	699	Abilio Mendes Magalhes	ADVC Trail Team	02:52:40	+50:27	07:30	
43	650	Ricardo Carvalho	Individual	02:53:07	+50:54	07:32	
44	549	Tiago Pereira	Família e amigos	02:53:22	+51:09	07:32	
45	579	Diogo Leão	Individual	02:53:38	+51:25	07:33	
46	529	Pedro Teixeira	CALCATRILHOS	02:54:40	+52:27	07:36	
47	539	João Figueiredo	Dão Nelas Runners	02:55:45	+53:32	07:38	
48	538	José Dias	Costurarte	02:55:46	+53:33	07:39	
49	512	José Fernando Sampaio de Azevedo	A.R.Sequeirô/Destemidos	02:55:50	+53:37	07:39	
50	525	Bruno Delgado	Black Bull	02:57:10	+54:57	07:42	
51	637	João Coelho	Individual	02:57:33	+55:20	07:43	
52	599	Manuel Silva	Individual	02:57:33	+55:20	07:43	
53	664	José Sá	Individual	02:57:38	+55:25	07:43	
54	582	Fabio Marques	Caminhadas da Amizade	02:58:32	+56:19	07:46	
55	515	Rui Madureira	AD Marco 09	02:59:35	+57:22	07:48	
56	652	Rui Neto	Individual	02:59:37	+57:24	07:49	
57	638	Joao Filipe Alves Ferreira	Individual	02:59:56	+57:43	07:49	
58	503	Cláudia Moreira	A.D.Amarante Traill Running	03:00:55	+58:42	07:52	
59	510	Diogo Andre Carvalho da Silva	A.R.Sequeirô/Destemidos	03:02:44	+01:00:31	07:57	
60	581	Fábio João Duarte Coelho	Individual	03:02:54	+01:00:41	07:57	
61	621	Helena Gomes	A.D Nós Acreditamos	03:03:13	+01:01:00	07:58	
62	676	José Neves Sousa	MSS Grupo Desportivo de Gondomar	03:05:52	+01:03:39	08:05	
63	635	ISIDRO RIBEIRO	Individual	03:06:04	+01:03:51	08:05	
64	630	Filipe Garcez	Individual	03:06:19	+01:04:06	08:06	
65	569	Adérito Oliveira	Individual	03:06:28	+01:04:15	08:06	
66	679	Carlos Couto	Outlaw runners	03:07:02	+01:04:49	08:08	
67	561	Nuno Jaime Santos	GDRJ Ribeiras	03:08:13	+01:06:00	08:11	
68	605	Pedro Vieira	Individual	03:08:31	+01:06:18	08:12	
69	711	Pedro Fonseca	Individual	03:08:36	+01:06:23	08:12	
70	629	Filipe Escobar	Individual	03:08:41	+01:06:28	08:12	
71	527	Telmo Pereira	Black Bull	03:09:13	+01:07:00	08:14	
72	530	Céu Moreira	Caminhadas da Amizade	03:09:20	+01:07:07	08:14	
73	580	Fabio Freitas	Individual	03:09:26	+01:07:13	08:14	
74	506	Marcelo Teixeira	A.R.Sequeirô/Destemidos	03:11:08	+01:08:55	08:19	
75	684	Miguel Franzini	Sapatilhas Verdes	03:11:26	+01:09:13	08:19	
76	562	Pedro Fonseca	GDRJ Ribeiras	03:13:17	+01:11:04	08:24	
77	509	Tiago Rebelo Araújo	A.R.Sequeirô/Destemidos	03:13:18	+01:11:05	08:24	
78	649	Pedro Ventura	Individual	03:14:30	+01:12:17	08:27	
79	663	Jose Lopes	Individual	03:15:04	+01:12:51	08:29	
80	543	Nelson Mourão	ESPINHA	03:15:42	+01:13:29	08:31	
81	628	FENJIRO Abder	Individual	03:16:21	+01:14:08	08:32	
82	610	Rui Soares	Individual	03:16:22	+01:14:09	08:32	
83	505	André Pereira	A.R.Sequeirô/Destemidos	03:16:24	+01:14:11	08:32	
84	611	Telmo Silva	Individual	03:16:27	+01:14:14	08:32	
85	526	João Caetano	Black Bull	03:16:29	+01:14:16	08:33	

23 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	533	Isabel Isidoro	CAOH - Clube Atlético de Oliveira do Hospital	03:16:57	+01:14:44	08:34	
87	545	Tiago Ramos	ESPINHA	03:17:22	+01:15:09	08:35	
88	552	Diogo Moreira	FDM runners	03:19:09	+01:16:56	08:40	
89	573	António Guedes	Individual	03:19:11	+01:16:58	08:40	
90	681	Rui Barros	S4L Medense	03:19:13	+01:17:00	08:40	
91	697	Luís Miguel Cunha e Costa	ZEBREUS	03:19:14	+01:17:01	08:40	
92	658	Cláudio Brito	Individual	03:19:44	+01:17:31	08:41	
93	616	Victor Julien	Individual	03:19:55	+01:17:42	08:42	
94	623	Afonso Bonifacio	Individual	03:21:21	+01:19:08	08:45	
95	627	César Coelho Silva	Individual	03:21:42	+01:19:29	08:46	
96	535	José António Pamplona Barbosa Vinhas	Coronado runners	03:23:25	+01:21:12	08:51	
97	591	João Borges	Individual	03:24:22	+01:22:09	08:53	
98	624	André Sequeira	Individual	03:24:51	+01:22:38	08:54	
99	593	José Pinto	Individual	03:25:08	+01:22:55	08:55	
100	594	Leandro Pinto	Individual	03:25:09	+01:22:56	08:55	
101	532	Paulo Moreira	Caminhadas da Amizade	03:25:13	+01:23:00	08:55	
102	606	Ricardo Fernandes	PCRunners	03:25:22	+01:23:09	08:56	
103	683	Gonçalo Oliveira	Sapatilhas Verdes	03:26:11	+01:23:58	08:58	
104	618	Lia Silva	opraticante.pt	03:26:21	+01:24:08	08:58	
105	587	Gonçalo Camelo	Individual	03:27:33	+01:25:20	09:01	
106	640	Jose Augusto Mendes Rosendo	Individual	03:29:52	+01:27:39	09:07	
107	511	Fernanda Assunção Pereira Machado	A.R.Sequeirô/Destemidos	03:30:15	+01:28:02	09:08	
108	695	Filipe Teixeira	ZEBREUS	03:31:00	+01:28:47	09:10	
109	696	João Pedro Oliveira	ZEBREUS	03:31:00	+01:28:47	09:10	
110	501	Ricardo Lopes	A.D Nós Acreditamos	03:31:17	+01:29:04	09:11	
111	607	Ricardo Garcia	Individual	03:31:30	+01:29:17	09:12	
112	589	Hugo Lopes	Individual	03:31:31	+01:29:18	09:12	
113	667	Rui Alves	Individual	03:31:45	+01:29:32	09:12	
114	645	Paulo Eusébio	Individual	03:31:45	+01:29:32	09:12	
115	689	João Sousa	Trai Team Casa das Reparações	03:32:18	+01:30:05	09:14	
116	619	Rosa Ferreira	A.D Nós Acreditamos	03:33:07	+01:30:54	09:16	
117	691	Paula Dias	TrepaTrilhos Trail Team	03:36:00	+01:33:47	09:23	
118	672	Rui costa	Louredo trail running	03:36:07	+01:33:54	09:24	
119	632	Helder Pinheiro	Individual	03:37:09	+01:34:56	09:26	
120	570	André Brito	Individual	03:37:10	+01:34:57	09:27	
121	560	Nuno Correia	GDRJ Ribeiras	03:37:21	+01:35:08	09:27	
122	559	Rosa Gama	GDRJ Ribeiras	03:42:54	+01:40:41	09:41	
123	595	Luís Ferreira	Individual	03:44:12	+01:41:59	09:45	
124	671	Ricardo Luz	Invictus Runners	03:44:16	+01:42:03	09:45	
125	546	Alberto Barros	Espírito jovem	03:44:24	+01:42:11	09:45	
126	547	Eduardo Vieira	Família e amigos	03:44:55	+01:42:42	09:47	
127	584	Filipe Ferreira	Individual	03:44:55	+01:42:42	09:47	
128	597	Luis Peixoto	Individual	03:44:56	+01:42:43	09:47	
129	612	Tiago Rocha	Individual	03:44:56	+01:42:43	09:47	
130	583	Fernando Sousa	Individual	03:44:56	+01:42:43	09:47	

TRAIL - STAGE 1

23 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
131	585	Filipe Silva	Individual	03:44:56	+01:42:43	09:47	
132	553	Kim Oliveira	FDM runners	03:46:06	+01:43:53	09:50	
133	673	Cesário Magalhães	Louredo trail running	03:48:26	+01:46:13	09:56	
134	602	Nuno Carvalho	Individual	03:48:42	+01:46:29	09:57	
135	633	Hugo Silva	Individual	03:48:47	+01:46:34	09:57	
136	565	Cristiana Seabra	Caminhadas da Amizade	03:49:47	+01:47:34	09:59	
137	601	Maximino Canhola	Individual	03:49:47	+01:47:34	09:59	
138	590	Hugo Pinto	Individual	03:51:15	+01:49:02	10:03	
139	504	Daniela Pontes	A.R.Sequeirô/Destemidos	03:51:26	+01:49:13	10:04	
140	666	Paulo Ribeiro	Individual	03:51:30	+01:49:17	10:04	
141	598	Luis Pereira	Individual	03:56:47	+01:54:34	10:18	
142	617	Carla Magalhães	Individual	04:02:10	+01:59:57	10:32	
143	536	Maria Pamplona Barbosa Vinhas	Coronado runners	04:03:49	+02:01:36	10:36	
144	537	Augusto Gil Costa Vinhas	Coronado runners	04:03:50	+02:01:37	10:36	
145	636	João Alves Cordeiro e Cunha	Individual	04:06:26	+02:04:13	10:43	
146	567	Sara Jacinta Sousa Rocha	Individual	04:06:31	+02:04:18	10:43	
147	692	Elísio Sousa Dias	TrepaTrilhos Trail Team	04:09:10	+02:06:57	10:50	
148	644	Nuno Ricardo da Silva Santos	Individual	04:10:30	+02:08:17	10:53	
149	613	Tiago Veloso	Individual	04:11:44	+02:09:31	10:57	
150	586	Gonçalo Brazão	Individual	04:11:45	+02:09:32	10:57	
151	592	João Girão	Individual	04:11:45	+02:09:32	10:57	
152	686	António Mendes	The Road to Mordor	04:13:39	+02:11:26	11:02	
153	687	Nelson Mendes	The Road to Mordor	04:13:40	+02:11:27	11:02	
154	622	Sandra Ferreira	Individual	04:13:51	+02:11:38	11:02	
155	690	Paula Cristina Oliveira Silva	TrepaTrilhos Trail Team	04:19:40	+02:17:27	11:17	
156	558	Sónia Pereira	GDRJ Ribeiras	04:21:43	+02:19:30	11:23	
157	531	Daniel Almeida	Caminhadas da Amizade	04:23:38	+02:21:25	11:28	
158	578	Diogo Jorge Antunes Dias da Silva	Individual	04:24:12	+02:21:59	11:29	
159	615	Valentin Gavrilita	Individual	04:24:12	+02:21:59	11:29	
160	641	Luis Li	Individual	04:29:13	+02:27:00	11:42	
161	662	José Fernando Pereira Rodrigues	Individual	04:29:55	+02:27:42	11:44	
162	513	Pedro Miguel Sacramento Pimenta	A.R.Sequeirô/Destemidos	04:35:57	+02:33:44	12:00	
163	661	Fernando Magalhães	Individual	04:35:58	+02:33:45	12:00	
164	669	Hugo Oliveira	Invictus Runners	04:36:02	+02:33:49	12:00	
165	609	Rui Miguel Araújo Pires	Individual	04:45:32	+02:43:19	12:25	

Trail

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	13,5°C	66%
End	13:45	13.5°C	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	566	Paula Sofia Coutinho Soares	Individual	Senior Feminino	02:27:25	06:25:00
2	565	Cristiana Seabra	Caminhadas da Amizade	Senior Feminino	03:49:47	+01:22:22 09:58:00
3	504	Daniela Pontes	A.R.Sequeirô/Destemidos	Senior Feminino	03:51:26	+01:24:01 10:04:00
4	567	Sara Jacinta Sousa Rocha	Individual	Senior Feminino	04:06:31	+01:39:05 10:43:00

Senior Masculino

1	701	Samuel Pereira da Silva	AD Marco 09	Senior Masculino	02:02:13	05:19
2	698	Luis Filipe Mendes Magalhães	ADVC Trail Team	Senior Masculino	02:18:03	+15:49 06:00
3	712	Joel Sousa Pinto	AD Marco 09	Senior Masculino	02:22:00	+19:46 06:10
4	507	Miguel Ângelo Dias Moreira	A.R.Sequeirô/Destemidos	Senior Masculino	02:31:36	+29:23 06:35
5	685	Daniel Soares	T22	Senior Masculino	02:33:49	+31:36 06:41
6	577	Davide Cerqueira	ADVC Trail Team	Senior Masculino	02:33:54	+31:41 06:41
7	557	Tiago Casais	GDRJ Ribeiras	Senior Masculino	02:34:06	+31:53 06:42
8	588	Helder Pinto	Individual	Senior Masculino	02:35:41	+33:27 06:46
9	523	Adelino Moreira	Black Bull	Senior Masculino	02:35:54	+33:40 06:47
10	576	cesar duarte	ADVC Trail Team	Senior Masculino	02:36:14	+34:00 06:48
11	604	Pedro Batista	Individual	Senior Masculino	02:38:32	+36:19 06:54
12	596	Luís Nogueira	Individual	Senior Masculino	02:39:11	+36:57 06:55
13	508	Nuno Silva	A.R.Sequeirô/Destemidos	Senior Masculino	02:40:11	+37:58 06:58
14	568	Adão Henrique da silva Barbosa coelho	Individual	Senior Masculino	02:44:47	+42:33 07:10
15	572	André Meireles	Individual	Senior Masculino	02:45:56	+43:42 07:13
16	524	Tiago Marinho	Black Bull	Senior Masculino	02:46:42	+44:28 07:15
17	579	Diogo Leão	Individual	Senior Masculino	02:53:38	+51:24 07:33
18	539	João Figueiredo	Dão Nelas Runners	Senior Masculino	02:55:45	+53:32 07:38
19	599	Manuel Silva	Individual	Senior Masculino	02:57:33	+55:20 07:43
20	582	Fabio Marques	Caminhadas da Amizade	Senior Masculino	02:58:32	+56:19 07:46
21	515	Rui Madureira	AD Marco 09	Senior Masculino	02:59:35	+57:21 07:48
22	581	Fábio João Duarte Coelho	Individual	Senior Masculino	03:02:54	+01:00:40 07:57
23	569	Adérito Oliveira	Individual	Senior Masculino	03:06:28	+01:04:15 08:06
24	605	Pedro Vieira	Individual	Senior Masculino	03:08:31	+01:06:18 08:12
25	580	Fabio Freitas	Individual	Senior Masculino	03:09:26	+01:07:12 08:14
26	506	Marcelo Teixeira	A.R.Sequeirô/Destemidos	Senior Masculino	03:11:08	+01:08:55 08:19
27	509	Tiago Rebelo Araújo	A.R.Sequeirô/Destemidos	Senior Masculino	03:13:18	+01:11:05 08:24
28	610	Rui Soares	Individual	Senior Masculino	03:16:22	+01:14:09 08:32
29	505	André Pereira	A.R.Sequeirô/Destemidos	Senior Masculino	03:16:24	+01:14:10 08:32
30	611	Telmo Silva	Individual	Senior Masculino	03:16:27	+01:14:14 08:32
31	573	António Guedes	Individual	Senior Masculino	03:19:11	+01:16:58 08:40
32	681	Rui Barros	S4L Medense	Senior Masculino	03:19:13	+01:17:00 08:40

Official Timekeeper: Lap2Go	1 / 5	generate 12-out.-2025 13:47
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Trail

23 KM

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OFFICIAL RESULT

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33	697	Luís Miguel Cunha e Costa	ZEBREUS	Senior Masculino	03:19:14	+01:17:01	08:40
34	616	Victor Julien	Individual	Senior Masculino	03:19:55	+01:17:42	08:42
35	535	José António Pamplona Barbosa Vinhas	Coronado runners	Senior Masculino	03:23:25	+01:21:12	08:51
36	591	João Borges	Individual	Senior Masculino	03:24:22	+01:22:09	08:53
37	593	José Pinto	Individual	Senior Masculino	03:25:08	+01:22:55	08:55
38	594	Leandro Pinto	Individual	Senior Masculino	03:25:09	+01:22:55	08:55
39	606	Ricardo Fernandes	PCRunners	Senior Masculino	03:25:22	+01:23:08	08:56
40	587	Gonçalo Camelo	Individual	Senior Masculino	03:27:33	+01:25:20	09:01
41	695	Filipe Teixeira	ZEBREUS	Senior Masculino	03:31:00	+01:28:46	09:10
42	696	João Pedro Oliveira	ZEBREUS	Senior Masculino	03:31:00	+01:28:46	09:10
43	501	Ricardo Lopes	A.D Nós Acreditamos	Senior Masculino	03:31:17	+01:29:04	09:11
44	607	Ricardo Garcia	Individual	Senior Masculino	03:31:30	+01:29:17	09:12
45	589	Hugo Lopes	Individual	Senior Masculino	03:31:31	+01:29:17	09:12
46	672	Rui costa	Louredo trail running	Senior Masculino	03:36:07	+01:33:53	09:24
47	570	André Brito	Individual	Senior Masculino	03:37:10	+01:34:57	09:27
48	595	Luís Ferreira	Individual	Senior Masculino	03:44:12	+01:41:59	09:45
49	547	Eduardo Vieira	Família e amigos	Senior Masculino	03:44:55	+01:42:41	09:47
50	584	Filipe Ferreira	Individual	Senior Masculino	03:44:55	+01:42:41	09:47
51	597	Luis Peixoto	Individual	Senior Masculino	03:44:56	+01:42:42	09:47
52	612	Tiago Rocha	Individual	Senior Masculino	03:44:56	+01:42:42	09:47
53	583	Fernando Sousa	Individual	Senior Masculino	03:44:56	+01:42:42	09:47
54	585	Filipe Silva	Individual	Senior Masculino	03:44:56	+01:42:42	09:47
55	602	Nuno Carvalho	Individual	Senior Masculino	03:48:42	+01:46:29	09:57
56	601	Maximino Canhola	Individual	Senior Masculino	03:49:47	+01:47:34	09:59
57	590	Hugo Pinto	Individual	Senior Masculino	03:51:15	+01:49:02	10:03
58	598	Luis Pereira	Individual	Senior Masculino	03:56:47	+01:54:33	10:18
59	613	Tiago Veloso	Individual	Senior Masculino	04:11:44	+02:09:31	10:57
60	586	Gonçalo Brazão	Individual	Senior Masculino	04:11:45	+02:09:31	10:57
61	592	João Girão	Individual	Senior Masculino	04:11:45	+02:09:31	10:57
62	686	António Mendes	The Road to Mordor	Senior Masculino	04:13:39	+02:11:25	11:02
63	687	Nelson Mendes	The Road to Mordor	Senior Masculino	04:13:40	+02:11:27	11:02
64	578	Diogo Jorge Antunes Dias da Silva	Individual	Senior Masculino	04:24:12	+02:21:58	11:29
65	615	Valentin Gavrilita	Individual	Senior Masculino	04:24:12	+02:21:58	11:29
66	609	Rui Miguel Araújo Pires	Individual	Senior Masculino	04:45:32	+02:43:18	12:25

Sub 20 Masculino

1	510	Diogo Andre Carvalho da Silva	A.R.Sequeirô/Destemidos	Sub 20 Masculino	03:02:44	07:57
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Veterana F40

1	503	Cláudia Moreira	A.D.Amarante Traill Running	Veterana F40	03:00:55	07:52
2	618	Lia Silva	opraticante.pt	Veterana F40	03:26:21	+25:26 08:58
3	511	Fernanda Assunção Pereira Machado	A.R.Sequeirô/Destemidos	Veterana F40	03:30:15	+29:20 09:08
4	619	Rosa Ferreira	A.D Nós Acreditamos	Veterana F40	03:33:07	+32:12 09:16

Official Timekeeper: Lap2Go	2 / 5	generate 12-out.-2025 13:47
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Trail

23 KM

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OFFICIAL RESULT

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5	617	Carla Magalhães	Individual	Veterana F40	04:02:10	+01:01:15	10:32
6	558	Sónia Pereira	GDRJ Ribeiras	Veterana F40	04:21:43	+01:20:48	11:23

Veterana F50

1	621	Helena Gomes	A.D Nós Acreditamos	Veterana F50	03:03:13	07:58
2	530	Céu Moreira	Caminhadas da Amizade	Veterana F50	03:09:20	+06:06 08:14
3	533	Isabel Isidoro	CAOH - Clube Atlético de Oliveira do Hospital	Veterana F50	03:16:57	+13:43 08:34
4	691	Paula Dias	TrepaTrilhos Trail Team	Veterana F50	03:36:00	+32:46 09:23
5	559	Rosa Gama	GDRJ Ribeiras	Veterana F50	03:42:54	+39:40 09:41
6	536	Maria Pamplona Barbosa Vinhas	Coronado runners	Veterana F50	04:03:49	+01:00:35 10:36
7	622	Sandra Ferreira	Individual	Veterana F50	04:13:51	+01:10:37 11:02
8	690	Paula Cristina Oliveira Silva	TrepaTrilhos Trail Team	Veterana F50	04:19:40	+01:16:26 11:17

Veterano M40

1	521	Carlos Vieira	Associação Desportiva Aventuras do Paiva-Tuga Mobile	Veterano M40	02:08:51	05:36
2	648	Paulo Nogueira	AD Marco 09	Veterano M40	02:14:24	+05:32 05:51
3	651	Ricardo Rêgo	Individual	Veterano M40	02:15:52	+07:00 05:54
4	556	José Costa	G. D.. A Ronda	Veterano M40	02:20:38	+11:46 06:07
5	564	Nelson Carvalhal	Ilumilamp/Adn/Ac Norte	Veterano M40	02:20:58	+12:06 06:08
6	514	Ricardo Jorge Ferreira Machado	A.R.Sequeirô/Destemidos	Veterano M40	02:24:03	+15:12 06:16
7	534	Rui Neto	Clube Trilheiros & Amigos	Veterano M40	02:27:04	+18:13 06:24
8	702	Eurico Moura	Retorta - Quinta das Arcas	Veterano M40	02:28:08	+19:16 06:26
9	625	Bruno Pereira	Individual	Veterano M40	02:37:43	+28:51 06:51
10	675	Ibraim Sousa	MSS Grupo Desportivo de Gondomar	Veterano M40	02:43:26	+34:35 07:06
11	674	Bruno Rocha	MSS Grupo Desportivo de Gondomar	Veterano M40	02:46:51	+38:00 07:15
12	542	Orlando Rocha	EDV-VIANATRAIL	Veterano M40	02:47:03	+38:11 07:16
13	693	Antonio Rosendo	TriClube de Penafiel	Veterano M40	02:52:09	+43:18 07:29
14	631	Filipe Teixeira	Individual	Veterano M40	02:52:21	+43:29 07:30
15	650	Ricardo Carvalho	Individual	Veterano M40	02:53:07	+44:15 07:32
16	549	Tiago Pereira	Família e amigos	Veterano M40	02:53:22	+44:30 07:32
17	529	Pedro Teixeira	CALCATRILHOS	Veterano M40	02:54:40	+45:48 07:36
18	525	Bruno Delgado	Black Bull	Veterano M40	02:57:10	+48:18 07:42
19	637	João Coelho	Individual	Veterano M40	02:57:33	+48:41 07:43
20	652	Rui Neto	Individual	Veterano M40	02:59:37	+50:45 07:49
21	638	Joao Filipe Alves Ferreira	Individual	Veterano M40	02:59:56	+51:05 07:49
22	635	ISIDRO RIBEIRO	Individual	Veterano M40	03:06:04	+57:12 08:05
23	630	Filipe Garcez	Individual	Veterano M40	03:06:19	+57:28 08:06
24	561	Nuno Jaime Santos	GDRJ Ribeiras	Veterano M40	03:08:13	+59:21 08:11
25	711	Pedro Fonseca	Individual	Veterano M40	03:08:36	+59:45 08:12
26	629	Filipe Escobar	Individual	Veterano M40	03:08:41	+59:49 08:12
27	527	Telmo Pereira	Black Bull	Veterano M40	03:09:13	+01:00:21 08:14

Official Timekeeper: Lap2Go	3 / 5	generate 12-out.-2025 13:47
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Trail

23 KM

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OFFICIAL RESULT

[illegible]

28	684	Miguel Franzini	Sapatilhas Verdes	Veterano M40	03:11:26	+01:02:34	08:19
29	562	Pedro Fonseca	GDRJ Ribeiras	Veterano M40	03:13:17	+01:04:25	08:24
30	649	Pedro Ventura	Individual	Veterano M40	03:14:30	+01:05:38	08:27
31	543	Nelson Mourão	ESPINHA	Veterano M40	03:15:42	+01:06:50	08:31
32	628	FENJIRO Abder	Individual	Veterano M40	03:16:21	+01:07:29	08:32
33	526	João Caetano	Black Bull	Veterano M40	03:16:29	+01:07:38	08:33
34	545	Tiago Ramos	ESPINHA	Veterano M40	03:17:22	+01:08:31	08:35
35	552	Diogo Moreira	FDM runners	Veterano M40	03:19:09	+01:10:17	08:40
36	623	Afonso Bonifacio	Individual	Veterano M40	03:21:21	+01:12:29	08:45
37	627	César Coelho Silva	Individual	Veterano M40	03:21:42	+01:12:51	08:46
38	624	André Sequeira	Individual	Veterano M40	03:24:51	+01:16:00	08:54
39	683	Gonçalo Oliveira	Sapatilhas Verdes	Veterano M40	03:26:11	+01:17:20	08:58
40	640	Jose Augusto Mendes Rosendo	Individual	Veterano M40	03:29:52	+01:21:01	09:07
41	645	Paulo Eusébio	Individual	Veterano M40	03:31:45	+01:22:53	09:12
42	632	Helder Pinheiro	Individual	Veterano M40	03:37:09	+01:28:18	09:26
43	560	Nuno Correia	GDRJ Ribeiras	Veterano M40	03:37:21	+01:28:29	09:27
44	671	Ricardo Luz	Invictus Runners	Veterano M40	03:44:16	+01:35:25	09:45
45	553	Kim Oliveira	FDM runners	Veterano M40	03:46:06	+01:37:14	09:50
46	673	Cesário Magalhães	Louredo trail running	Veterano M40	03:48:26	+01:39:35	09:56
47	633	Hugo Silva	Individual	Veterano M40	03:48:47	+01:39:56	09:57
48	636	João Alves Cordeiro e Cunha	Individual	Veterano M40	04:06:26	+01:57:34	10:43
49	644	Nuno Ricardo da Silva Santos	Individual	Veterano M40	04:10:30	+02:01:38	10:53
50	531	Daniel Almeida	Caminhadas da Amizade	Veterano M40	04:23:38	+02:14:46	11:28
51	641	Luis Li	Individual	Veterano M40	04:29:13	+02:20:22	11:42
52	513	Pedro Miguel Sacramento Pimenta	A.R.Sequeirô/Destemidos	Veterano M40	04:35:57	+02:27:05	12:00
53	669	Hugo Oliveira	Invictus Runners	Veterano M40	04:36:02	+02:27:11	12:00

Veterano M50

1	522	Antero Moreira	Atlético Clube de Penha Longa	Veterano M50	02:26:03		06:21
2	550	José Costa	Fatima Trail Team	Veterano M50	02:26:31	+00:28	06:22
3	540	Joaquim Correia	Duelo D'Ocasão	Veterano M50	02:27:09	+01:06	06:24
4	520	Pedro Carvalho	ARRASTASSOLAS	Veterano M50	02:34:15	+08:12	06:42
5	678	Alfredo da Silva Moreira	Nós Cá de Casa	Veterano M50	02:35:59	+09:56	06:47
6	677	Luís Silvestre	MSS Grupo Desportivo de Gondomar	Veterano M50	02:45:01	+18:57	07:10
7	665	Paulo Carvalho	CALCATRILHOS	Veterano M50	02:49:09	+23:06	07:21
8	688	Armando Machado	Trai Team Casa das Reparações	Veterano M50	02:49:30	+23:27	07:22
9	699	Abilio Mendes Magalhes	ADVC Trail Team	Veterano M50	02:52:40	+26:37	07:30
10	538	José Dias	Costurarte	Veterano M50	02:55:46	+29:42	07:39
11	512	José Fernando Sampaio de Azevedo	A.R.Sequeirô/Destemidos	Veterano M50	02:55:50	+29:47	07:39
12	664	José Sá	Individual	Veterano M50	02:57:38	+31:35	07:43
13	676	José Neves Sousa	MSS Grupo Desportivo de Gondomar	Veterano M50	03:05:52	+39:49	08:05
14	679	Carlos Couto	Outlaw runners	Veterano M50	03:07:02	+40:59	08:08
15	663	Jose Lopes	Individual	Veterano M50	03:15:04	+49:00	08:29
16	658	Cláudio Brito	Individual	Veterano M50	03:19:44	+53:40	08:41

Official Timekeeper: Lap2Go	4 / 5	generate 12-out.-2025 13:47
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23 KM

OFFICIAL RESULT

17	532	Paulo Moreira	Caminhadas da Amizade	Veterano M50	03:25:13	+59:10	08:55
18	667	Rui Alves	Individual	Veterano M50	03:31:45	+01:05:42	09:12
19	689	João Sousa	Trai Team Casa das Reparações	Veterano M50	03:32:18	+01:06:15	09:14
20	546	Alberto Barros	Espírito jovem	Veterano M50	03:44:24	+01:18:21	09:45
21	666	Paulo Ribeiro	Individual	Veterano M50	03:51:30	+01:25:26	10:04
22	537	Augusto Gil Costa Vinhas	Coronado runners	Veterano M50	04:03:50	+01:37:46	10:36
23	692	Elísio Sousa Dias	TrepaTrilhos Trail Team	Veterano M50	04:09:10	+01:43:07	10:50
24	662	José Fernando Pereira Rodrigues	Individual	Veterano M50	04:29:55	+02:03:51	11:44
25	661	Fernando Magalhães	Individual	Veterano M50	04:35:58	+02:09:55	12:00

1	700	Agostinho Fernando da Costa Carneiro	AD Marco 09	Veterano M60	02:24:58	06:18
2	668	Fernando Seabra	Caminhadas da Amizade	Veterano M60	02:42:20	+17:22 07:03

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 12-out.-2025 13:48
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TRAIL CURTO - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	13,3°C	70%
End	13:30	13.3°C	70%

RANK	BIB	NAME	TEAM	RESULT	DIFF	T/KM	CARD
1	1138	Luís Gomes	MSS Grupo Desportivo de Gondomar	01:06:07		05:05	
2	1074	Emanuel António de Sousa Rocha	Gang da Pedra	01:08:29	+02:22	05:16	
3	1177	Antonio nogueira	Individual	01:08:38	+02:31	05:17	
4	1289	Luciano Pereira	Pegasus OCR ProTeam	01:10:00	+03:53	05:23	
5	1187	Fernando Bastos	Grupo Desportivo de Oliveira de Frades	01:10:38	+04:31	05:26	
6	1136	Jorge Pereira	Individual	01:10:53	+04:46	05:27	
7	1194	Isidro Pinto	Fatima Trail Team	01:11:39	+05:32	05:31	
8	1053	Bruno Pinheiro	Dá-Lhe Gas Trail Team	01:12:54	+06:47	05:36	
9	1037	BRUNO MIGUEL DA ROCHA MOREIRA	Casas Adriano Astromil Clube	01:16:33	+10:26	05:53	
10	1281	Fábio Almeida	NIGHT RUNNERS FEIRA	01:16:52	+10:45	05:55	
11	1352	Simão Loureiro	ESPINHA	01:18:20	+12:13	06:02	
12	1052	André Silva	Dá-Lhe Gas Trail Team	01:19:34	+13:27	06:07	
13	1130	Filipe Teixeira	Individual	01:19:37	+13:30	06:07	
14	1272	Nuno sousa	Lousada Trilhos	01:19:46	+13:39	06:08	
15	1054	Vítor Araújo	Dá-Lhe Gas Trail Team	01:19:55	+13:48	06:09	
16	1057	Renato Barbosa	Duelo D´Ocasão	01:20:13	+14:06	06:10	
17	1313	Paula Pinto	EDV-VIANATRAIL	01:20:19	+14:12	06:11	
18	1058	Sérgio Queiroz	Duelo D´Ocasão	01:20:31	+14:24	06:12	
19	1060	Carlos Pereira	Duelo D´Ocasão	01:20:36	+14:29	06:12	
20	1303	José Graça	Tog Associação Running Team	01:20:41	+14:34	06:12	
21	1280	José Pereira	MSS Grupo Desportivo de Gondomar	01:20:54	+14:47	06:13	
22	1284	Orlando Nogueira	opraticante.pt	01:21:48	+15:41	06:18	
23	1265	Rui Almeida	Lobos dá montanha	01:22:27	+16:20	06:21	
24	1279	Jorge Moreira	M.M.S	01:23:41	+17:34	06:26	
25	1198	Jorge carvalho	Individual	01:24:08	+18:01	06:28	
26	1267	Fernando Machado	Louredo trail running	01:24:54	+18:47	06:32	
27	1152	Tiago Jesus	Individual	01:25:42	+19:35	06:36	
28	1255	João Brito	Individual	01:25:43	+19:36	06:36	
29	1197	Joaquim Fernando Mendes da Silva	Individual	01:26:20	+20:13	06:38	
30	1129	Filipe Soares	Individual	01:27:36	+21:29	06:44	
31	1061	Márcio Miguel Soares Botelho	Duelo D´Ocasão	01:27:46	+21:39	06:45	
32	1230	Daniel Silva	Individual	01:27:47	+21:40	06:45	
33	1026	Nuno Teixeira	Caldas de São Jorge Sport Clube	01:28:05	+21:58	06:47	
34	1065	Jorge Lopes	EquipaA	01:28:33	+22:26	06:49	
35	1216	Vítor Neto	Amigos 100 Limites	01:29:13	+23:06	06:52	
36	1336	Nuno Vale	Individual	01:29:29	+23:22	06:53	
37	1084	Filipe Lima	Gens SC Trail	01:29:32	+23:25	06:53	
38	1321	Celso Seabra	Individual	01:29:33	+23:26	06:53	
39	1227	Armindo Ribeiro	Individual	01:30:00	+23:53	06:55	
40	1118	Bruno Castelo	Individual	01:30:06	+23:59	06:56	
41	1039	Rogério Ribeiro	CB RUN	01:30:12	+24:05	06:56	

13 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

Official Timekeeper: Lap2Go	2 / 7	generate 12-out.-2025 13:43
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TRAIL CURTO - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	1050	Nuno Teixeira	Coxos e Mancos Felgueiras City	01:41:19	+35:12	07:48	
88	1188	Fernando Sousa	Individual	01:41:21	+35:14	07:48	
89	1232	Francisco Nunes	Individual	01:41:22	+35:15	07:48	
90	1147	Paulo Rafael Carvalho	Individual	01:41:27	+35:20	07:48	
91	1286	José Sá	Parjovem	01:41:27	+35:20	07:48	
92	1123	Daniel Teixeira	Individual	01:41:34	+35:27	07:49	
93	1264	José Freitas	Lobos dá montanha	01:41:37	+35:30	07:49	
94	1196	Joaquim Alves Pereira Gomes	Individual	01:42:09	+36:02	07:51	
95	1276	Bruno Santos	LUSOS XXI	01:42:20	+36:13	07:52	
96	1277	Sérgio Costa	LUSOS XXI	01:42:21	+36:14	07:52	
97	1049	Maria Sousa	Costurarte	01:42:29	+36:22	07:53	
98	1092	Bertina Ferreira	Individual	01:42:40	+36:33	07:54	
99	1122	Daniel Silva	Individual	01:42:47	+36:40	07:54	
100	1316	Miguel Leal	Individual	01:42:55	+36:48	07:55	
101	1209	ricardo coelho	Individual	01:43:01	+36:54	07:55	
102	574	Bruno Quintino	Individual	01:43:07	+37:00	07:56	
103	1235	Helder Ribeiro	Individual	01:43:13	+37:06	07:56	
104	1247	Rui Carvalho	Individual	01:43:13	+37:06	07:56	
105	1153	Tiago Sousa	Individual	01:43:15	+37:08	07:57	
106	1304	Tiago Serrano	Tontos Team	01:43:18	+37:11	07:57	
107	1270	Bruno ribeiro	Lousada Trilhos	01:43:24	+37:17	07:57	
108	1273	Miro sousa	Lousada Trilhos	01:43:35	+37:28	07:58	
109	1245	Paulo Silva	Individual	01:43:39	+37:32	07:58	
110	1282	Idalina Martins	North call	01:43:43	+37:36	07:59	
111	647	Paulo Neves	Individual	01:43:44	+37:37	07:59	
112	1034	Antonio Couto	Carby	01:43:48	+37:41	07:59	
113	1179	Carlos Daniel Moreira da Silva Azevedo	Individual	01:43:51	+37:44	07:59	
114	1087	Rosa Cerveira	Grupo Desportivo de Oliveira de Frades	01:44:05	+37:58	08:00	
115	1143	Marcelo Martins	Individual	01:44:10	+38:03	08:01	
116	1181	Carlos Magalhaes	Individual	01:44:55	+38:48	08:04	
117	1025	Bebiana Silva	Calçada Endurance Runners	01:45:20	+39:13	08:06	
118	1301	Agostinho Pacheco	Serviços Sociais Montepio Geral	01:45:55	+39:48	08:09	
119	1225	Armando Neves	Individual	01:46:33	+40:26	08:12	
120	1283	Mónica Rodrigues	North call	01:46:35	+40:28	08:12	
121	1312	Eduardo Caramalho	Individual	01:46:44	+40:37	08:13	
122	1275	Raquel Costa	LUSOS XXI	01:46:48	+40:41	08:13	
123	1015	Sandra Silva	Associação Desportiva Aventuras do Paiva-Tuga Mobile	01:46:50	+40:43	08:13	
124	1246	Pedro Silva	Individual	01:47:00	+40:53	08:14	
125	1030	Vitorino Campos	Caminhadas da Amizade	01:47:31	+41:24	08:16	
126	1010	Silvério Pereira	Alcateia Cinzenta	01:47:35	+41:28	08:17	
127	1224	ANTONIO ROGERIO PASTORINI KEPLER	Individual	01:47:57	+41:50	08:18	
128	1203	Manuel António Reis Moraes	Individual	01:48:36	+42:29	08:21	
129	1180	Carlos Ferreira	Individual	01:49:13	+43:06	08:24	
130	1110	Sara Gomes	Individual	01:49:34	+43:27	08:26	

TRAIL CURTO - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
131	1024	Antônio Osório Pinto	C.S.R.D.C. SANTIAGO	01:49:45	+43:38	08:27	
132	1051	Diogo Antônio dos Santos Ramos Neto	CSRDC Santiago de Subarrifana	01:49:46	+43:39	08:27	
133	1345	Sérgio Sousa	Individual	01:49:47	+43:40	08:27	
134	1067	Martinho Ferraz	Família e amigos	01:50:20	+44:13	08:29	
135	1297	Clara Pacheco	Serviços Sociais Montepio Geral	01:50:28	+44:21	08:30	
136	1300	Ricardo Resende	Serviços Sociais Montepio Geral	01:50:36	+44:29	08:30	
137	1022	Joana Barbosa	Black Bull	01:50:36	+44:29	08:30	
138	1299	Jorge Oliveira	Serviços Sociais Montepio Geral	01:50:37	+44:30	08:31	
139	1215	Tiago Soares	Individual	01:50:46	+44:39	08:31	
140	1088	Joaquim Santos	Grupo Desportivo de Oliveira de Frades	01:50:59	+44:52	08:32	
141	1244	nelo vitor	Individual	01:51:55	+45:48	08:37	
142	1268	Elisabete cruz	Lousada Trilhos	01:52:12	+46:05	08:38	
143	1184	Daniel silva	Individual	01:52:19	+46:12	08:38	
144	1160	Ligia Alves	Individual	01:52:20	+46:13	08:38	
145	1083	José Moura	GDRJ Ribeiras	01:52:22	+46:15	08:39	
146	1171	Isabel Santos	Individual	01:52:44	+46:37	08:40	
147	1145	Paulo Pinheiro	Individual	01:53:08	+47:01	08:42	
148	1133	João Leal	Individual	01:53:18	+47:11	08:43	
149	1182	Daniel Duarte	Individual	01:53:31	+47:24	08:44	
150	1314	Alexandra Campas	Individual	01:53:45	+47:38	08:45	
151	1063	Fábio Sousa	EDV-VIANATRIL	01:53:51	+47:44	08:45	
152	1017	Pedro Sequeira	Associação Desportiva Aventuras do Paiva-Tuga Mobile	01:54:09	+48:02	08:47	
153	1207	Pedro Ferreira	Individual	01:54:09	+48:02	08:47	
154	1139	Luis Miguel Santos	Individual	01:54:16	+48:09	08:47	
155	1269	Paula sousa	Lousada Trilhos	01:54:17	+48:10	08:47	
156	1191	Helder Sousa	Individual	01:55:13	+49:06	08:52	
157	1210	Ricardo Pinto	Caminhadas da Amizade	01:55:35	+49:28	08:53	
158	1173	Luísa Silva	Individual	01:56:24	+50:17	08:57	
159	1091	André Santos	Individual	01:56:25	+50:18	08:57	
160	1094	Catarina Ferreira	Individual	01:56:25	+50:18	08:57	
161	1079	Rosa Almeida	GDRJ Ribeiras	01:57:08	+51:01	09:01	
162	1217	Vitor Peixoto	Individual	01:57:08	+51:01	09:01	
163	1048	Paula Soares	Clube Zupper	01:57:09	+51:02	09:01	
164	1114	André Isidoro	Individual	01:57:16	+51:09	09:01	
165	1204	Manuel Fonseca	Individual	01:57:23	+51:16	09:02	
166	1258	Lidio oliveira	Individual	01:57:27	+51:20	09:02	
167	1158	Ester Cerqueira rocha	Individual	01:57:27	+51:20	09:02	
168	1006	Rui Pina	ADA Lamego Tribo Runners	01:57:33	+51:26	09:03	
169	1020	Diogo Sousa	Atletas da preguiça	01:57:36	+51:29	09:03	
170	1253	António Monteiro	Individual	01:57:37	+51:30	09:03	
171	1093	Carla Almeida	Grupo Desportivo de Oliveira de Frades	01:57:40	+51:33	09:03	
172	1004	Norberto Oliveira	ACDCDSMF OS Laranjinhas	01:57:48	+51:41	09:04	
173	1117	Bruno Briote	Individual	01:58:16	+52:09	09:06	
174	1254	Belmiro Barros	Individual	01:58:39	+52:32	09:08	
175	1172	Lígia Gonçalves	Caminhadas da Amizade	01:58:56	+52:49	09:09	

13 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

Official Timekeeper: Lap2Go	5 / 7	generate 12-out.-2025 13:43
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13 KM

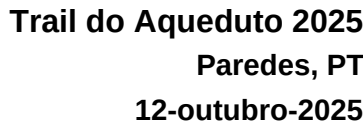
OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	T/KM	CARD
222	1035	Artur Morais	CARETOS.OCR	02:11:57	+01:05:50	10:09	
223	1219	Alcídio Figueiredo	Individual	02:12:55	+01:06:48	10:13	
224	1176	Micaela Leite	Individual	02:13:11	+01:07:04	10:15	
225	1250	Tozé Bessa Martins	Individual	02:13:12	+01:07:05	10:15	
226	1069	Eduardo Nuno	Família e amigos	02:13:40	+01:07:33	10:17	
227	1028	Hugo Taipa	Caminhadas da Amizade	02:14:32	+01:08:25	10:21	
228	1137	Luís Carlos Teixeira Coelho	Individual	02:15:28	+01:09:21	10:25	
229	1080	Conceição Ribeiro	GDRJ Ribeiras	02:15:29	+01:09:22	10:25	
230	1127	Filipe José Barros Nunes	Individual	02:15:30	+01:09:23	10:25	
231	1104	Marta Silva	Individual	02:15:42	+01:09:35	10:26	
232	1240	José Serafim Pauperio	Individual	02:15:45	+01:09:38	10:27	
233	1003	Mário Adelino Machado Oliveira	A.R.Sequeirô/Destemidos	02:16:25	+01:10:18	10:30	
234	1107	Rita Castelo	Individual	02:17:27	+01:11:20	10:34	
235	1308	Cristina Coelho	WOLVES	02:17:54	+01:11:47	10:36	
236	1309	Abel Ribeiro	WOLVES	02:17:54	+01:11:47	10:36	
237	1043	Célia Neto	Clube Trilheiros & Amigos	02:18:06	+01:11:59	10:37	
238	1064	Carla Couto	EquipaA	02:18:10	+01:12:03	10:38	
239	1045	Emilia Sousa	Clube Trilheiros & Amigos	02:18:10	+01:12:03	10:38	
240	1012	Paula Moreira	Amigos 100 Limites	02:19:30	+01:13:23	10:44	
241	1251	VITOR RAMOS	Individual	02:19:31	+01:13:24	10:44	
242	1112	Susana Paupério	Individual	02:20:02	+01:13:55	10:46	
243	1351	Clara Teixeira	Individual	02:21:00	+01:14:53	10:51	
244	1011	José Cerdeira	AMA - ASSOCIAÇÃO MONDIM ATLETISMO	02:21:14	+01:15:07	10:52	
245	1078	Alexandra Gonçalves	GDRJ Ribeiras	02:21:29	+01:15:22	10:53	
246	1077	Flor Ribeiro	Gansos	02:21:44	+01:15:37	10:54	
247	1097	Diana Oliveira	Individual	02:24:08	+01:18:01	11:05	
248	1243	Manuel Jorge Nogueira Silva	Individual	02:25:07	+01:19:00	11:10	
249	1237	JOÃO SANTANA	Individual	02:25:14	+01:19:07	11:10	
250	1001	Ana Sofia	A.R.Sequeirô/Destemidos	02:25:39	+01:19:32	11:12	
251	1242	Luís Matos	Individual	02:26:39	+01:20:32	11:17	
252	1099	Maria João Couto	Individual	02:26:46	+01:20:39	11:17	
253	1089	Ana Vinhas	Individual	02:26:48	+01:20:41	11:18	
254	1193	Hugo Teixeira	Individual	02:26:48	+01:20:41	11:18	
255	1100	Maria João Santana	Individual	02:26:49	+01:20:42	11:18	
256	1305	Ana corina Neves Silva	TrepaTrilhos Trail Team	02:27:35	+01:21:28	11:21	
257	1350	Cláudia Gonçalves	Individual	02:27:38	+01:21:31	11:21	
258	1105	Raquel Cardoso	Individual	02:27:39	+01:21:32	11:21	
259	1212	Rúben Pereira	Individual	02:27:39	+01:21:32	11:21	
260	1222	António Couto	Individual	02:28:36	+01:22:29	11:26	
261	1249	To Madureira	Individual	02:29:39	+01:23:32	11:31	
262	1291	Joel Coelho	Pepperoni pizzeria	02:31:23	+01:25:16	11:39	
263	1290	Silvia Cruz	Pepperoni pizzeria	02:31:28	+01:25:21	11:39	
264	1317	Maria Leal	Individual	02:33:56	+01:27:49	11:51	
265	1311	Rui Sousa	WOLVES	02:33:57	+01:27:50	11:51	
266	1266	Vítor Mamede	Lobos dá montanha	02:34:32	+01:28:25	11:53	
267	1263	Alberto Almeida	Lobos dá montanha	02:34:32	+01:28:25	11:53	

13 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	7 / 7	generate 12-out.-2025 13:43
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13 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	1313	Paula Pinto	EDV-VIANATRAIL	Senior Feminino	01:20:19	06:11
2	1092	Bertina Ferreira	Individual	Senior Feminino	01:42:40	+22:21 07:54
3	1025	Bebiana Silva	Calçada Endurance Runners	Senior Feminino	01:45:20	+25:01 08:06
4	1275	Raquel Costa	LUSOS XXI	Senior Feminino	01:46:48	+26:29 08:13
5	1110	Sara Gomes	Individual	Senior Feminino	01:49:34	+29:15 08:26
6	1094	Catarina Ferreira	Individual	Senior Feminino	01:56:25	+36:06 08:57
7	1093	Carla Almeida	Grupo Desportivo de Oliveira de Frades	Senior Feminino	01:57:40	+37:20 09:03
8	1102	Mariana Pinto	Individual	Senior Feminino	01:59:10	+38:51 09:10
9	1353	Ainda Nunes	Individual	Senior Feminino	02:01:01	+40:42 09:19
10	1101	Mariana Lourenço	Individual	Senior Feminino	02:02:01	+41:42 09:23
11	1040	Marlene Ferreira	Cinfães a Correr	Senior Feminino	02:03:11	+42:52 09:29
12	1018	Rafaela Oliveira	Atletas da preguiça	Senior Feminino	02:03:30	+43:11 09:30
13	1090	Andreia Fernandes	Individual	Senior Feminino	02:10:03	+49:43 10:00
14	1042	Isabelle Ferreira	Clube Trilheiros & Amigos	Senior Feminino	02:10:26	+50:07 10:02
15	1104	Marta Silva	Individual	Senior Feminino	02:15:42	+55:23 10:26
16	1107	Rita Castelo	Individual	Senior Feminino	02:17:27	+57:07 10:34
17	1112	Susana Paupério	Individual	Senior Feminino	02:20:02	+59:43 10:46
18	1097	Diana Oliveira	Individual	Senior Feminino	02:24:08	+01:03:49 11:05
19	1001	Ana Sofia	A.R.Sequeirô/Destemidos	Senior Feminino	02:25:39	+01:05:20 11:12
20	1099	Maria João Couto	Individual	Senior Feminino	02:26:46	+01:06:27 11:17
21	1089	Ana Vinhas	Individual	Senior Feminino	02:26:48	+01:06:29 11:18
22	1100	Maria João Santana	Individual	Senior Feminino	02:26:49	+01:06:29 11:18
23	1350	Cláudia Gonçalves	Individual	Senior Feminino	02:27:38	+01:07:18 11:21
24	1105	Raquel Cardoso	Individual	Senior Feminino	02:27:39	+01:07:20 11:21
25	1106	Ricardina rosa Pinto de Sousa	Individual	Senior Feminino	02:35:14	+01:14:54 11:56
26	1098	Flávia silva	Individual	Senior Feminino	02:37:55	+01:17:36 12:09
27	1096	Cláudia Gonçalves	Individual	Senior Feminino	02:48:54	+01:28:34 13:00
28	1111	Sara Matos	Individual	Senior Feminino	02:53:23	+01:33:04 13:20
29	1259	Patrícia Isabel Freitas Moura	JÁ CHEGAMOS?	Senior Feminino	03:05:49	+01:45:30 14:18

1	1138	Luís Gomes	MSS Grupo Desportivo de Gondomar	Senior Masculino	01:06:07	05:05
2	1074	Emanuel António de Sousa Rocha	Gang da Pedra	Senior Masculino	01:08:29	+02:22 05:16
3	1136	Jorge Pereira	Individual	Senior Masculino	01:10:53	+04:45 05:27
4	1053	Bruno Pinheiro	Dá-Lhe Gas Trail Team	Senior Masculino	01:12:54	+06:46 05:36
5	1281	Fábio Almeida	NIGHT RUNNERS FEIRA	Senior Masculino	01:16:52	+10:44 05:55
6	1052	André Silva	Dá-Lhe Gas Trail Team	Senior Masculino	01:19:34	+13:27 06:07

Official Timekeeper: Lap2Go	1 / 8	generate 12-out.-2025 13:43
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Trail Curto

13 KM

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7	1130	Filipe Teixeira	Individual	Senior Masculino	01:19:37	+13:29	06:07
8	1057	Renato Barbosa	Duelo D´Ocasião	Senior Masculino	01:20:13	+14:06	06:10
9	1058	Sérgio Queiroz	Duelo D´Ocasião	Senior Masculino	01:20:31	+14:23	06:12
10	1152	Tiago Jesus	Individual	Senior Masculino	01:25:42	+19:35	06:36
11	1129	Filipe Soares	Individual	Senior Masculino	01:27:36	+21:29	06:44
12	1336	Nuno Vale	Individual	Senior Masculino	01:29:29	+23:22	06:53
13	1084	Filipe Lima	Gens SC Trail	Senior Masculino	01:29:32	+23:24	06:53
14	1321	Celso Seabra	Individual	Senior Masculino	01:29:33	+23:25	06:53
15	1118	Bruno Castelo	Individual	Senior Masculino	01:30:06	+23:58	06:56
16	1036	PEDRO FILIPE OLIVEIRA DA SILVA	Casas Adriano Astromil Clube	Senior Masculino	01:30:49	+24:41	06:59
17	1151	Rui Santos	Individual	Senior Masculino	01:31:29	+25:22	07:02
18	1124	Daniel Torres	Individual	Senior Masculino	01:34:10	+28:02	07:15
19	1128	Filipe Natário	Individual	Senior Masculino	01:34:10	+28:02	07:15
20	1146	Paulo Pinto	Individual	Senior Masculino	01:35:30	+29:22	07:21
21	1343	Hugo Ferreira	Individual	Senior Masculino	01:35:52	+29:45	07:22
22	1021	Paulo Coelho	Black Bull	Senior Masculino	01:36:13	+30:05	07:24
23	1141	Luís Silva	Individual	Senior Masculino	01:36:16	+30:08	07:24
24	1119	Bruno Silva	Individual	Senior Masculino	01:37:38	+31:31	07:31
25	1354	Ricardo Simões	Individual	Senior Masculino	01:37:49	+31:41	07:31
26	1355	Carlos Costa	Individual	Senior Masculino	01:37:49	+31:42	07:31
27	1132	João Grilo	Individual	Senior Masculino	01:38:39	+32:32	07:35
28	1056	Jorge Correia	Duelo D´Ocasião	Senior Masculino	01:39:20	+33:13	07:38
29	1116	Bruno Almeida	Individual	Senior Masculino	01:39:41	+33:34	07:40
30	1113	Alberto Araújo	Individual	Senior Masculino	01:40:56	+34:49	07:46
31	1147	Paulo Rafael Carvalho	Individual	Senior Masculino	01:41:27	+35:19	07:48
32	1123	Daniel Teixeira	Individual	Senior Masculino	01:41:34	+35:26	07:49
33	1122	Daniel Silva	Individual	Senior Masculino	01:42:47	+36:39	07:54
34	574	Bruno Quintino	Individual	Senior Masculino	01:43:07	+37:00	07:56
35	1153	Tiago Sousa	Individual	Senior Masculino	01:43:15	+37:07	07:57
36	1143	Marcelo Martins	Individual	Senior Masculino	01:44:10	+38:03	08:01
37	1145	Paulo Pinheiro	Individual	Senior Masculino	01:53:08	+47:00	08:42
38	1133	João Leal	Individual	Senior Masculino	01:53:18	+47:10	08:43
39	1063	Fábio Sousa	EDV-VIANATRIL	Senior Masculino	01:53:51	+47:44	08:45
40	1139	Luis Miguel Santos	Individual	Senior Masculino	01:54:16	+48:09	08:47
41	1091	André Santos	Individual	Senior Masculino	01:56:25	+50:17	08:57
42	1114	André Isidoro	Individual	Senior Masculino	01:57:16	+51:08	09:01
43	1117	Bruno Briote	Individual	Senior Masculino	01:58:16	+52:09	09:06
44	1027	Celso Ribeiro	Caminhadas da Amizade	Senior Masculino	01:58:59	+52:51	09:09
45	1296	João Moura	sem_equipa	Senior Masculino	02:02:09	+56:02	09:24
46	1134	João Sousa	Individual	Senior Masculino	02:04:22	+58:15	09:34
47	1126	Domingos Santos	Individual	Senior Masculino	02:04:39	+58:32	09:35
48	1075	joao pinto	Gang da Pedra	Senior Masculino	02:08:39	+01:02:31	09:54
49	1293	Ruben Gonçalves	PORTO SENTIDO RUNNERS	Senior Masculino	02:10:22	+01:04:15	10:02
50	1120	Carlos Sousa	Individual	Senior Masculino	02:10:34	+01:04:26	10:03
51	1137	Luís Carlos Teixeira Coelho	Individual	Senior Masculino	02:15:28	+01:09:20	10:25
52	1127	Filipe José Barros Nunes	Individual	Senior Masculino	02:15:30	+01:09:23	10:25

Official Timekeeper: Lap2Go	2 / 8	generate 12-out.-2025 13:43
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Trail Curto

13 KM

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53	1135	Jonatan Modesto	Individual	Senior Masculino	02:35:04	+01:28:56	11:56
54	1154	Vítor Rodrigues	Individual	Senior Masculino	02:38:20	+01:32:13	12:11
55	1007	Fábio Silva	Alcateia Cinzenta	Senior Masculino	02:49:03	+01:42:56	13:00
56	1121	César Pereira	Individual	Senior Masculino	02:53:21	+01:47:13	13:20
57	1260	Fábio Augusto Freitas Vieira	JÁ CHEGAMOS?	Senior Masculino	03:05:50	+01:59:42	14:18

Sub 20 Feminino

1	1155	Gina Videira	Individual	Sub 20 Feminino	02:08:40	09:54
2	1317	Maria Leal	Individual	Sub 20 Feminino	02:33:56	+25:16 11:51
3	1008	Beatriz Pereirinha	Alcateia Cinzenta	Sub 20 Feminino	02:38:58	+30:18 12:14

Sub 20 Masculino

1	1156	Gabriel Silva Barroncas	Individual	Sub 20 Masculino	01:39:10	07:38
2	1051	Diogo António dos Santos Ramos Neto	CSRDC Santiago de Subarrifana	Sub 20 Masculino	01:49:46	+10:35 08:27

Veterana F40

1	1285	Liliana Loureiro	Os preguiças team	Veterana F40	01:30:44	06:59
2	1157	Carla Ines Moreira	Individual	Veterana F40	01:35:07	+04:23 07:19
3	1059	Rosa Silva	Duelo D´Ocasião	Veterana F40	01:39:46	+09:02 07:40
4	1282	Idalina Martins	North call	Veterana F40	01:43:43	+12:59 07:59
5	1015	Sandra Silva	Associação Desportiva Aventuras do Paiva-Tuga Mobile	Veterana F40	01:46:50	+16:06 08:13
6	1022	Joana Barbosa	Black Bull	Veterana F40	01:50:36	+19:52 08:30
7	1268	Elisabete cruz	Lousada Trilhos	Veterana F40	01:52:12	+21:28 08:38
8	1160	Ligia Alves	Individual	Veterana F40	01:52:20	+21:36 08:38
9	1314	Alexandra Campas	Individual	Veterana F40	01:53:45	+23:01 08:45
10	1079	Rosa Almeida	GDRJ Ribeiras	Veterana F40	01:57:08	+26:24 09:01
11	1158	Ester Cerqueira rocha	Individual	Veterana F40	01:57:27	+26:43 09:02
12	1164	Sara Cunha	Individual	Veterana F40	01:58:59	+28:15 09:09
13	1295	Ana Pinho	Sapatilhas Verdes	Veterana F40	02:00:23	+29:39 09:16
14	1023	Joana Rocha	Black Bull	Veterana F40	02:02:56	+32:12 09:27
15	1341	Tania Rodrigues	Individual	Veterana F40	02:08:09	+37:25 09:51
16	1278	Cidalia Machado	M.M.S	Veterana F40	02:08:40	+37:56 09:54
17	1044	Patrícia Leal	Clube Trilheiros & Amigos	Veterana F40	02:10:28	+39:44 10:02
18	1162	Luísa Mota	Individual	Veterana F40	02:10:33	+39:49 10:03
19	1043	Célia Neto	Clube Trilheiros & Amigos	Veterana F40	02:18:06	+47:22 10:37
20	1351	Clara Teixeira	Individual	Veterana F40	02:21:00	+50:16 10:51
21	1078	Alexandra Gonçalves	GDRJ Ribeiras	Veterana F40	02:21:29	+50:45 10:53
22	1290	Silvia Cruz	Pepperoni pizzeria	Veterana F40	02:31:28	+01:00:44 11:39
23	1307	Sandra Rodrigues	WOLVES	Veterana F40	02:38:02	+01:07:18 12:09
24	1159	Helena Amaral	Individual	Veterana F40	02:39:00	+01:08:16 12:14

Trail Curto

13 KM

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Veterana F50

1	1049	Maria Sousa	Costurarte	Veterana F50	01:42:29	07:53
2	1283	Mónica Rodrigues	North call	Veterana F50	01:46:35	+04:06 08:12
3	1297	Clara Pacheco	Serviços Sociais Montepio Geral	Veterana F50	01:50:28	+07:58 08:30
4	1171	Isabel Santos	Individual	Veterana F50	01:52:44	+10:15 08:40
5	1269	Paula sousa	Lousada Trilhos	Veterana F50	01:54:17	+11:48 08:47
6	1173	Luísa Silva	Individual	Veterana F50	01:56:24	+13:54 08:57
7	1048	Paula Soares	Clube Zupper	Veterana F50	01:57:09	+14:39 09:01
8	1172	Lígia Gonçalves	Caminhadas da Amizade	Veterana F50	01:58:56	+16:26 09:09
9	1166	Cristina Carvalho	Individual	Veterana F50	01:59:03	+16:34 09:09
10	1014	Helena Cunha	ARRASTASSOLAS	Veterana F50	02:06:24	+23:54 09:43
11	1170	Fátima Ribeiro	Individual	Veterana F50	02:06:32	+24:03 09:44
12	1165	Cármem Ferreira	Individual	Veterana F50	02:11:03	+28:34 10:05
13	1176	Micaela Leite	Individual	Veterana F50	02:13:11	+30:42 10:15
14	1080	Conceição Ribeiro	GDRJ Ribeiras	Veterana F50	02:15:29	+32:59 10:25
15	1308	Cristina Coelho	WOLVES	Veterana F50	02:17:54	+35:24 10:36
16	1064	Carla Couto	EquipaA	Veterana F50	02:18:10	+35:40 10:38
17	1045	Emilia Sousa	Clube Trilheiros & Amigos	Veterana F50	02:18:10	+35:40 10:38
18	1077	Flor Ribeiro	Gansos	Veterana F50	02:21:44	+39:15 10:54
19	1174	Madalena Santos	Individual	Veterana F50	02:35:46	+53:16 11:59
20	1009	Cacilda Ferreira	Alcateia Cinzenta	Veterana F50	02:49:04	+01:06:35 13:00

Veterana F60

1	1087	Rosa Cerveira	Grupo Desportivo de Oliveira de Frades	Veterana F60	01:44:05	08:00
2	1320	Lucia Santos	Caminhadas da Amizade	Veterana F60	02:06:05	+22:00 09:42
3	1292	Lurdes Conceição	PORTO SENTIDO RUNNERS	Veterana F60	02:10:22	+26:17 10:02
4	1005	Teresa Maria Correia Pina	ADA Lamego Tribo Runners	Veterana F60	02:11:50	+27:45 10:08
5	1012	Paula Moreira	Amigos 100 Limites	Veterana F60	02:19:30	+35:25 10:44
6	1305	Ana corina Neves Silva	TrepaTrilhos Trail Team	Veterana F60	02:27:35	+43:29 11:21
7	1002	Maria Madalena Pereira Machado	A.R.Sequeirô/Desternidos	Veterana F60	02:54:30	+01:10:24 13:25

Veterano M40

1	1177	Antonio nogueira	Individual	Veterano M40	01:08:38	05:17
2	1289	Luciano Pereira	Pegasus OCR ProTeam	Veterano M40	01:10:00	+01:21 05:23
3	1187	Fernando Bastos	Grupo Desportivo de Oliveira de Frades	Veterano M40	01:10:38	+01:59 05:26
4	1194	Isidro Pinto	Fatima Trail Team	Veterano M40	01:11:39	+03:00 05:31
5	1037	BRUNO MIGUEL DA ROCHA MOREIRA	Casas Adriano Astromil Clube	Veterano M40	01:16:33	+07:54 05:53
6	1352	Simão Loureiro	ESPINHA	Veterano M40	01:18:20	+09:41 06:02
7	1272	Nuno sousa	Lousada Trilhos	Veterano M40	01:19:46	+11:07 06:08
8	1054	Vítor Araújo	Dá-Lhe Gas Trail Team	Veterano M40	01:19:55	+11:17 06:09

Trail Curto

13 KM

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9	1060	Carlos Pereira	Duelo D'Ocasão	Veterano M40	01:20:36	+11:57	06:12
10	1265	Rui Almeida	Lobos dá montanha	Veterano M40	01:22:27	+13:48	06:21
11	1198	Jorge carvalho	Individual	Veterano M40	01:24:08	+15:29	06:28
12	1197	Joaquim Fernando Mendes da Silva	Individual	Veterano M40	01:26:20	+17:41	06:38
13	1061	Márcio Miguel Soares Botelho	Duelo D'Ocasão	Veterano M40	01:27:46	+19:07	06:45
14	1026	Nuno Teixeira	Caldas de São Jorge Sport Clube	Veterano M40	01:28:05	+19:26	06:47
15	1065	Jorge Lopes	EquipaA	Veterano M40	01:28:33	+19:55	06:49
16	1216	Vitor Neto	Amigos 100 Limites	Veterano M40	01:29:13	+20:34	06:52
17	1190	Hélder António de Oliveira Mendes	Individual	Veterano M40	01:30:18	+21:39	06:57
18	1183	Daniel Matos	Individual	Veterano M40	01:30:32	+21:53	06:58
19	1199	Jorge Ferreira	Individual	Veterano M40	01:31:35	+22:56	07:03
20	1195	João Amorim	Individual	Veterano M40	01:31:47	+23:08	07:04
21	1288	Paulo Ferreira	Paulo Ferreira	Veterano M40	01:32:46	+24:07	07:08
22	1033	Daniel Couto	Carby	Veterano M40	01:33:21	+24:42	07:11
23	1076	Paulo torres	Gang da Pedra	Veterano M40	01:34:28	+25:49	07:16
24	1206	Pedro Barbosa	Individual	Veterano M40	01:34:40	+26:01	07:17
25	1068	Pedro Lima	Família e amigos	Veterano M40	01:35:08	+26:29	07:19
26	1200	Jorge Leonel Ferreira	Individual	Veterano M40	01:35:47	+27:09	07:22
27	1082	Rui Gonçalves	GDRJ Ribeiras	Veterano M40	01:36:25	+27:46	07:25
28	1205	Marco Paiva	Individual	Veterano M40	01:37:31	+28:52	07:30
29	1271	Frederico silva	Lousada Trilhos	Veterano M40	01:38:06	+29:27	07:33
30	1019	Bruno Costa	Atletas da preguiça	Veterano M40	01:40:45	+32:06	07:45
31	1050	Nuno Teixeira	Coxos e Mancos Felgueiras City	Veterano M40	01:41:19	+32:40	07:48
32	1188	Fernando Sousa	Individual	Veterano M40	01:41:21	+32:43	07:48
33	1286	José Sá	Parjovem	Veterano M40	01:41:27	+32:48	07:48
34	1264	José Freitas	Lobos dá montanha	Veterano M40	01:41:37	+32:58	07:49
35	1196	Joaquim Alves Pereira Gomes	Individual	Veterano M40	01:42:09	+33:30	07:51
36	1276	Bruno Santos	LUSOS XXI	Veterano M40	01:42:20	+33:41	07:52
37	1277	Sérgio Costa	LUSOS XXI	Veterano M40	01:42:21	+33:42	07:52
38	1209	ricardo coelho	Individual	Veterano M40	01:43:01	+34:22	07:55
39	1304	Tiago Serrano	Tontos Team	Veterano M40	01:43:18	+34:39	07:57
40	1270	Bruno ribeiro	Lousada Trilhos	Veterano M40	01:43:24	+34:45	07:57
41	647	Paulo Neves	Individual	Veterano M40	01:43:44	+35:05	07:59
42	1179	Carlos Daniel Moreira da Silva Azevedo	Individual	Veterano M40	01:43:51	+35:12	07:59
43	1181	Carlos Magalhaes	Individual	Veterano M40	01:44:55	+36:16	08:04
44	1010	Silvério Pereira	Alcateia Cinzenta	Veterano M40	01:47:35	+38:56	08:17
45	1203	Manuel António Reis Morais	Individual	Veterano M40	01:48:36	+39:57	08:21
46	1180	Carlos Ferreira	Individual	Veterano M40	01:49:13	+40:34	08:24
47	1345	Sérgio Sousa	Individual	Veterano M40	01:49:47	+41:08	08:27
48	1067	Martinho Ferraz	Família e amigos	Veterano M40	01:50:20	+41:41	08:29
49	1300	Ricardo Resende	Serviços Sociais Montepio Geral	Veterano M40	01:50:36	+41:57	08:30
50	1299	Jorge Oliveira	Serviços Sociais Montepio Geral	Veterano M40	01:50:37	+41:58	08:31
51	1215	Tiago Soares	Individual	Veterano M40	01:50:46	+42:07	08:31
52	1184	Daniel silva	Individual	Veterano M40	01:52:19	+43:40	08:38
53	1182	Daniel Duarte	Individual	Veterano M40	01:53:31	+44:53	08:44
54	1207	Pedro Ferreira	Individual	Veterano M40	01:54:09	+45:30	08:47

Official Timekeeper: Lap2Go	5 / 8	generate 12-out.-2025 13:43
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Trail Curto

13 KM

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OFFICIAL RESULT

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55	1191	Helder Sousa	Individual	Veterano M40	01:55:13	+46:34	08:52
56	1210	Ricardo Pinto	Caminhadas da Amizade	Veterano M40	01:55:35	+46:56	08:53
57	1217	Vitor Peixoto	Individual	Veterano M40	01:57:08	+48:30	09:01
58	1204	Manuel Fonseca	Individual	Veterano M40	01:57:23	+48:44	09:02
59	1020	Diogo Sousa	Atletas da preguiça	Veterano M40	01:57:36	+48:57	09:03
60	1319	Ricardo Vaz	ADVC Trail Team	Veterano M40	01:59:09	+50:30	09:10
61	1186	Duarte Nuno Esteves Pires	Individual	Veterano M40	02:00:44	+52:05	09:17
62	1185	Duarte Malheiro	Individual	Veterano M40	02:05:12	+56:33	09:38
63	1192	Hugo Miguel da Rocha Teixeira	Individual	Veterano M40	02:05:33	+56:55	09:39
64	1081	Nuno Almeida	GDRJ Ribeiras	Veterano M40	02:05:51	+57:12	09:41
65	643	Mário Santos	Individual	Veterano M40	02:06:24	+57:45	09:43
66	1298	Joaquim Melo	Serviços Sociais Montepio Geral	Veterano M40	02:09:35	+01:00:56	09:58
67	1214	Sérgio Nogueira	Individual	Veterano M40	02:11:49	+01:03:10	10:08
68	1028	Hugo Taipa	Caminhadas da Amizade	Veterano M40	02:14:32	+01:05:53	10:21
69	1193	Hugo Teixeira	Individual	Veterano M40	02:26:48	+01:18:10	11:18
70	1212	Rúben Pereira	Individual	Veterano M40	02:27:39	+01:19:00	11:21
71	1291	Joel Coelho	Pepperoni pizzeria	Veterano M40	02:31:23	+01:22:44	11:39
72	1266	Vitor Mamede	Lobos dá montanha	Veterano M40	02:34:32	+01:25:53	11:53
73	1263	Alberto Almeida	Lobos dá montanha	Veterano M40	02:34:32	+01:25:53	11:53
74	1178	Artur Fonseca	Individual	Veterano M40	02:34:48	+01:26:09	11:54

Veterano M50

1	1303	José Graça	Tog Associação Running Team	Veterano M50	01:20:41	06:12
2	1284	Orlando Nogueira	opraticante.pt	Veterano M50	01:21:48	+01:07 06:18
3	1279	Jorge Moreira	M.M.S	Veterano M50	01:23:41	+03:00 06:26
4	1267	Fernando Machado	Louredo trail running	Veterano M50	01:24:54	+04:13 06:32
5	1230	Daniel Silva	Individual	Veterano M50	01:27:47	+07:06 06:45
6	1227	Armindo Ribeiro	Individual	Veterano M50	01:30:00	+09:19 06:55
7	1039	Rogério Ribeiro	CB RUN	Veterano M50	01:30:12	+09:31 06:56
8	1041	Hélder Devezza	CLUBE ATLÉTICO MACEDO CAVALEIROS	Veterano M50	01:32:20	+11:38 07:06
9	1221	António Coelho	Individual	Veterano M50	01:33:02	+12:21 07:09
10	1262	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	01:33:13	+12:32 07:10
11	1241	Josué Loureiro	Individual	Veterano M50	01:34:25	+13:44 07:16
12	1073	Jaime Silva	Frezitrofa	Veterano M50	01:36:24	+15:42 07:25
13	1029	Luís Barbosa	Caminhadas da Amizade	Veterano M50	01:37:34	+16:53 07:30
14	1302	João Cardoso	Serviços Sociais Montepio Geral	Veterano M50	01:38:41	+18:00 07:35
15	1072	Jorge Almeida	Fox Runnung Team	Veterano M50	01:38:45	+18:03 07:36
16	1223	António Gomes	Individual	Veterano M50	01:39:14	+18:32 07:38
17	1232	Francisco Nunes	Individual	Veterano M50	01:41:22	+20:41 07:48
18	1316	Miguel Leal	Individual	Veterano M50	01:42:55	+22:14 07:55
19	1235	Helder Ribeiro	Individual	Veterano M50	01:43:13	+22:31 07:56
20	1247	Rui Carvalho	Individual	Veterano M50	01:43:13	+22:32 07:56
21	1273	Miro sousa	Lousada Trilhos	Veterano M50	01:43:35	+22:53 07:58
22	1245	Paulo Silva	Individual	Veterano M50	01:43:39	+22:58 07:58

Official Timekeeper: Lap2Go	6 / 8	generate 12-out.-2025 13:43
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Trail Curto

13 KM

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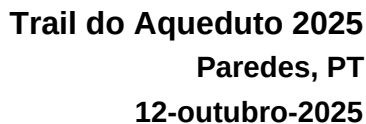
[illegible]

23	1034	Antonio Couto	Carby	Veterano M50	01:43:48	+23:06	07:59
24	1301	Agostinho Pacheco	Serviços Sociais Montepio Geral	Veterano M50	01:45:55	+25:13	08:09
25	1225	Armando Neves	Individual	Veterano M50	01:46:33	+25:52	08:12
26	1312	Eduardo Caramalho	Individual	Veterano M50	01:46:44	+26:03	08:13
27	1246	Pedro Silva	Individual	Veterano M50	01:47:00	+26:18	08:14
28	1030	Vitorino Campos	Caminhadas da Amizade	Veterano M50	01:47:31	+26:49	08:16
29	1224	ANTONIO ROGERIO PASTORINI KEPLER	Individual	Veterano M50	01:47:57	+27:16	08:18
30	1244	nelo vitor	Individual	Veterano M50	01:51:55	+31:14	08:37
31	1083	José Moura	GDRJ Ribeiras	Veterano M50	01:52:22	+31:41	08:39
32	1017	Pedro Sequeira	Associação Desportiva Aventuras do Paiva-Tuga Mobile	Veterano M50	01:54:09	+33:27	08:47
33	1006	Rui Pina	ADA Lamego Tribo Runners	Veterano M50	01:57:33	+36:52	09:03
34	1239	José Rodrigues	Individual	Veterano M50	02:02:31	+41:50	09:25
35	1233	Frank Coelho	Individual	Veterano M50	02:03:52	+43:11	09:32
36	1218	Adão António Nunes de Barros	Individual	Veterano M50	02:04:50	+44:09	09:36
37	1340	Fernando Barbosa	Individual	Veterano M50	02:06:00	+45:19	09:42
38	1231	Filipe Barros	Individual	Veterano M50	02:09:26	+48:45	09:57
39	1219	Alcídio Figueiredo	Individual	Veterano M50	02:12:55	+52:14	10:13
40	1250	Tozé Bessa Martins	Individual	Veterano M50	02:13:12	+52:31	10:15
41	1069	Eduardo Nuno	Família e amigos	Veterano M50	02:13:40	+52:59	10:17
42	1240	José Serafim Pauperio	Individual	Veterano M50	02:15:45	+55:03	10:27
43	1003	Mário Adelino Machado Oliveira	A.R.Sequeirô/Destemidos	Veterano M50	02:16:25	+55:43	10:30
44	1309	Abel Ribeiro	WOLVES	Veterano M50	02:17:54	+57:12	10:36
45	1251	VITOR RAMOS	Individual	Veterano M50	02:19:31	+58:50	10:44
46	1243	Manuel Jorge Nogueira Silva	Individual	Veterano M50	02:25:07	+01:04:25	11:10
47	1237	JOÃO SANTANA	Individual	Veterano M50	02:25:14	+01:04:33	11:10
48	1242	Luís Matos	Individual	Veterano M50	02:26:39	+01:05:58	11:17
49	1222	António Couto	Individual	Veterano M50	02:28:36	+01:07:55	11:26
50	1249	To Madureira	Individual	Veterano M50	02:29:39	+01:08:58	11:31
51	1311	Rui Sousa	WOLVES	Veterano M50	02:33:57	+01:13:16	11:51
52	1310	Hugo Ferraz	WOLVES	Veterano M50	02:37:59	+01:17:17	12:09
53	1306	José Carlos Barbosa silva	TrepaTrilhos Trail Team	Veterano M50	02:39:00	+01:18:19	12:14
54	1248	Rui Machado	MSS Grupo Desportivo de Gondomar	Veterano M50	04:15:17	+02:54:36	19:38

Veterano M60

1	1280	José Pereira	MSS Grupo Desportivo de Gondomar	Veterano M60	01:20:54	06:13
2	1255	João Brito	Individual	Veterano M60	01:25:43	+04:49 06:36
3	1062	Amadeu Valente	Duelo D´Ocasão	Veterano M60	01:32:30	+11:35 07:07
4	1318	António Miranda	WOLVES	Veterano M60	01:36:17	+15:22 07:24
5	1038	Ilídio Oliveira	Casas Adriano Astromil Clube	Veterano M60	01:38:30	+17:36 07:35
6	1024	António Osório Pinto	C.S.R.D.C. SANTIAGO	Veterano M60	01:49:45	+28:51 08:27
7	1088	Joaquim Santos	Grupo Desportivo de Oliveira de Frades	Veterano M60	01:50:59	+30:04 08:32
8	1258	Lidio oliveira	Individual	Veterano M60	01:57:27	+36:32 09:02

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9	1253	António Monteiro	Individual	Veterano M60	01:57:37	+36:42	09:03
10	1004	Norberto Oliveira	ACDCDSMF OS Laranjinhas	Veterano M60	01:57:48	+36:53	09:04
11	1254	Belmiro Barros	Individual	Veterano M60	01:58:39	+37:44	09:08
12	1257	José Leal	Individual	Veterano M60	01:59:37	+38:42	09:12
13	1031	Francisco Moreira	Caminhadas da Amizade	Veterano M60	02:01:11	+40:17	09:19
14	1256	José Coelho	Individual	Veterano M60	02:03:06	+42:12	09:28
15	1032	Fernando Martins Isidoro	CAOH - Clube Atlético de Oliveira do Hospital	Veterano M60	02:11:50	+50:55	10:08
16	1035	Artur Moraes	CARETOS.OCR	Veterano M60	02:11:57	+51:03	10:09
17	1011	José Cerdeira	AMA - ASSOCIAÇÃO MONDIM ATLETISMO	Veterano M60	02:21:14	+01:00:20	10:52
18	1071	Sérgio Pedro Silva Vasconcelos Reis	FIDELIDADE GDC	Veterano M60	02:49:40	+01:28:45	13:03

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