











## Trail Longo

**25 KM**

### OFFICIAL RESULT

21	8	Ari Correia	ADA/ Lamego Tribo Runners	Veterano M40	03:24:17	+01:01:08	08:10
22	68	Rui Sousa	Individual	Veterano M40	03:26:30	+01:03:21	08:16
23	107	Paulo Sousa	Paulo Sousa	Veterano M40	03:29:47	+01:06:38	08:23
24	64	MARCIO FILIPE DE ALMEIDA GONÇALVES	Individual	Veterano M40	03:30:09	+01:07:00	08:24
25	60	Helder Gonçalves	Individual	Veterano M40	03:30:23	+01:07:14	08:25
26	16	Luís Teixeira	Bombi Team Tarouca	Veterano M40	03:33:12	+01:10:03	08:32
27	38	Sérgio Caetano	EU TU E A MONTANHA	Veterano M40	03:33:18	+01:10:09	08:32
28	104	Bruno Peixoto	Núcleo de Atletismo de Vila Real	Veterano M40	03:33:43	+01:10:34	08:33
29	69	Sérgio cunha	Linces do Marão	Veterano M40	03:40:49	+01:17:40	08:50
30	88	Hélio Polido	Linces do Marão	Veterano M40	03:42:09	+01:19:00	08:53
31	63	José Santos	Individual	Veterano M40	03:45:07	+01:21:58	09:00
32	87	Estêvão Gonçalves	Linces do Marão	Veterano M40	03:48:43	+01:25:34	09:09
33	18	Paulo Tavares	CCD CRÉDITO AGRÍCOLA	Veterano M40	03:49:39	+01:26:30	09:11
34	19	Vitor Cancela	CCD CRÉDITO AGRÍCOLA	Veterano M40	03:49:39	+01:26:30	09:11
35	106	Pedro Nunes	Núcleo de Atletismo de Vila Real	Veterano M40	03:51:15	+01:28:06	09:15
36	32	Pedro Caldas	EDV-VIANATRIL	Veterano M40	03:51:15	+01:28:06	09:15
37	70	Tiago Nascimento	Individual	Veterano M40	03:54:06	+01:30:57	09:22
38	23	Luís Correia	Clube desportivo de leomil	Veterano M40	03:58:12	+01:35:03	09:32
39	105	Martinho Gomes	Núcleo de Atletismo de Vila Real	Veterano M40	04:07:09	+01:44:00	09:53
40	31	Nuno Abel Silva	EDV-VIANATRIL	Veterano M40	04:09:25	+01:46:16	09:59
41	59	Francisco António Pedrosa Peixoto	Individual	Veterano M40	04:11:58	+01:48:49	10:05
42	54	Bruno António Amaral Pereira	Individual	Veterano M40	04:12:05	+01:48:55	10:05
43	97	Fernando Pereira	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	04:17:22	+01:54:13	10:18

## Veterano M50

1	39	Miguel Castro	EU TU E A MONTANHA	Veterano M50	02:55:24		07:01
2	35	Abílio Mina	EDV-VIANATRIL	Veterano M50	03:07:23	+11:58	07:30
3	36	pedro carvalho	EDV-VIANATRIL	Veterano M50	03:11:26	+16:01	07:39
4	28	António Campos	CTM VILA POUCA DE AGUIAR	Veterano M50	03:11:37	+16:13	07:40
5	101	Raul Morais	Moloni Running Team	Veterano M50	03:18:50	+23:26	07:57
6	91	Joel Alexandre Pinto e Silva	Linces do Marão	Veterano M50	03:26:28	+31:03	08:16
7	15	Henrique Alves	BANDARRA'S CLUBE CICLISMO DE TRANCOSO	Veterano M50	03:32:28	+37:04	08:30
8	29	Carlos Sousa	CTM VILA POUCA DE AGUIAR	Veterano M50	03:36:45	+41:20	08:40
9	74	José Sá	Individual	Veterano M50	03:39:36	+44:11	08:47
10	100	Domingos Barros	Moloni Running Team	Veterano M50	03:39:58	+44:33	08:48
11	118	Renato Ferreira	VISEU RUNNING TEAM TRAIN HARD	Veterano M50	03:43:49	+48:24	08:57
12	109	Luís Cardoso	Runners do Demo	Veterano M50	03:47:07	+51:42	09:05
13	76	Mauro Nascimento	Individual	Veterano M50	03:58:13	+01:02:48	09:32
14	73	João Paulo Monteiro Reis	Individual	Veterano M50	04:12:04	+01:16:39	10:05
15	98	Carlos Teixeira	Lobos do Brunheiro de Chaves / Anteros	Veterano M50	04:12:59	+01:17:34	10:07









**TRAIL CURTO - STAGE 1**

**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:35	3,8°C	71%
End	13:16	3,8°C	71%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	716	José Meneses	NOCTURNOS DE PAREDES	01:17:06		05:30	
2	694	Jorge Costa	Linces do Marão	01:21:30	+04:24	05:49	
3	529	Samuel Lobo	AMA - Mondim Atletismo	01:23:09	+06:03	05:56	
4	707	Nuno Monteiro	Lobos do Brunheiro de Chaves / Anteros	01:24:01	+06:55	06:00	
5	649	António Branquinho	Serfit Ginasio Sernancelhe	01:24:13	+07:07	06:01	
6	586	Tiago Ferreira	Fox Running Team	01:25:07	+08:01	06:05	
7	712	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	01:25:21	+08:15	06:06	
8	611	João Dias	Individual	01:27:42	+10:36	06:16	
9	589	Paulo Matos	Fox Running Team	01:28:49	+11:43	06:21	
10	534	Gonçalo Torres	AMA - Mondim Atletismo	01:29:57	+12:51	06:26	
11	532	Fernando Mota	AMA - Mondim Atletismo	01:30:52	+13:46	06:29	
12	700	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	01:31:17	+14:11	06:31	
13	557	Luís Morais	C. R. Ferreira de Aves	01:31:31	+14:25	06:32	
14	704	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	01:31:32	+14:26	06:32	
15	621	Márcio Ribeiro	Individual	01:33:33	+16:27	06:41	
16	695	Rui Cigre	Linces do Marão	01:34:05	+16:59	06:43	
17	519	Vitor Guedes	ADA/ Lamego Tribo Runners	01:34:40	+17:34	06:46	
18	523	José Manuel Rodrigues Lobão	ADA/tribo runners José Lobão Mini trail Seniores	01:35:36	+18:30	06:50	
19	746	Carlos Correia	RUNNING4FUN TEAM VISEU	01:35:51	+18:45	06:51	
20	666	Cláudio Monteiro	Individual	01:36:46	+19:40	06:55	
21	690	Tiago Pimenta	Linces do Marão	01:37:27	+20:21	06:58	
22	706	Leonel Videira	Lobos do Brunheiro de Chaves / Anteros	01:37:46	+20:40	06:59	
23	555	Anabela Morais	C. R. Ferreira de Aves	01:38:02	+20:56	07:00	
24	708	Simão Batista	Lobos do Brunheiro de Chaves / Anteros	01:38:30	+21:24	07:02	
25	610	Hugo Alexandre da Silva	Individual	01:38:34	+21:28	07:02	
26	734	Alex Machado	Runners do Demo	01:39:00	+21:54	07:04	
27	522	Manuel Gomes	ADA/ Lamego Tribo Runners	01:39:16	+22:10	07:05	
28	515	Nuno Figueiredo	ADA/ Lamego Tribo Runners	01:39:22	+22:16	07:06	
29	686	Lara Fabiana Paradela Fernandes	Linces do Marão	01:39:43	+22:37	07:07	
30	757	Ruben Mendonça Assunção	TriWheelsFamily/Tarouca BTT	01:39:46	+22:40	07:08	
31	701	Rosa Carmo	Lobos do Brunheiro de Chaves / Anteros	01:39:57	+22:51	07:08	
32	682	José A. Nunes	Individual	01:40:39	+23:33	07:11	
33	755	Cecília Almeida	TRAIL - Grupo Desportivo de Trancoso	01:42:06	+25:00	07:18	
34	629	Rafael Marques Claro	Individual	01:44:02	+26:56	07:26	
35	670	José Alves	Individual	01:44:10	+27:04	07:26	
36	713	Samuel Oliveira	Lobos do Brunheiro de Chaves / Anteros	01:44:28	+27:22	07:28	
37	719	Gilberto Correia	Núcleo de Atletismo de Vila Real	01:45:14	+28:08	07:31	
38	714	Domingos Domingues	Lobos do Brunheiro de Chaves / Anteros	01:45:14	+28:08	07:31	
39	572	Diana Batista	Durius A. C. Pesqueira	01:45:18	+28:12	07:31	
40	574	Diogo Lacerda	EDV-VIANATRIL	01:45:57	+28:51	07:34	
41	661	Miguel Gonçalves	Individual	01:46:42	+29:36	07:37	
42	625	Pedro Manuel Jesus Caria	Individual	01:46:44	+29:38	07:37	

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## TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	535	Jorge Alves	AMA - Mondim Atletismo	01:46:50	+29:44	07:38	
44	651	Catalino Christophe	Individual	01:47:06	+30:00	07:39	
45	626	Pedro Pires	Individual	01:47:28	+30:22	07:41	
46	628	Pedro Sousa	Individual	01:47:29	+30:23	07:41	
47	583	Carlos Jorge Rodrigues Rocha	Fitness Lafões Club	01:48:12	+31:06	07:44	
48	718	Florabela Alves	Núcleo de Atletismo de Vila Real	01:48:23	+31:17	07:44	
49	721	Nelson Silva	Núcleo de Atletismo de Vila Real	01:48:23	+31:17	07:45	
50	753	Eduardo Ferreira	TRAIL - Grupo Desportivo de Trancoso	01:48:45	+31:39	07:46	
51	616	Jorge Parente	Individual	01:49:22	+32:16	07:49	
52	539	Luis Costa	AMA - Mondim Atletismo	01:50:46	+33:40	07:55	
53	720	João Graça	Núcleo de Atletismo de Vila Real	01:50:58	+33:52	07:56	
54	550	André Ferreira	ASCR Mosteirinho Runners	01:51:18	+34:12	07:57	
55	608	Francisco Rodrigues	Individual	01:51:28	+34:22	07:58	
56	722	Rui Manuel Fernandes Ferreira	OriMarão	01:51:44	+34:38	07:59	
57	580	António Ferreira	Esgalhada Trail Team	01:51:58	+34:52	08:00	
58	754	Roberto Rodrigues	TRAIL - Grupo Desportivo de Trancoso	01:52:04	+34:58	08:00	
59	505	Pedro Vieira	A.D. Amarante Trail Running	01:52:43	+35:37	08:03	
60	527	Paulo Sá	Alibox	01:52:58	+35:52	08:04	
61	669	João Paulo Lázaro	Individual	01:54:07	+37:01	08:09	
62	516	Pedro Vicente	ADA/ Lamego Tribo Runners	01:54:18	+37:12	08:10	
63	525	Fábio Edgar Marques morais	Alibox	01:55:12	+38:06	08:14	
64	634	Carla Filipa Vieira Pinto	Individual	01:55:35	+38:29	08:15	
65	688	João Rodrigues	Linces do Marão	01:55:44	+38:38	08:16	
66	581	André Marques	EU TU E A MONTANHA	01:55:46	+38:40	08:16	
67	524	Paulo Marques	ADFA - Desportos de Natureza	01:56:22	+39:16	08:19	
68	566	Guilhermino Meireles	CTM VILA POUCA DE AGUIAR	01:56:25	+39:19	08:19	
69	622	Miguel Carril	Individual	01:56:29	+39:23	08:19	
70	508	David Vicente Pereira	ADA/ Lamego Tribo Runners	01:56:33	+39:27	08:19	
71	678	Sérgio Pinto	Individual	01:56:40	+39:34	08:20	
72	584	Catarina Caria	Fox Running Team	01:56:57	+39:51	08:21	
73	703	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	01:57:01	+39:55	08:22	
74	711	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	01:57:35	+40:29	08:24	
75	553	Belmiro Costa	Bouça Alta - Running	01:57:36	+40:30	08:24	
76	684	Luis Filipe	Lamaecus D'Ouro	01:57:37	+40:31	08:24	
77	687	Sara Alves Dias	Linces do Marão	01:57:49	+40:43	08:25	
78	681	Joaquim Rodrigues Santos	Individual	01:58:00	+40:54	08:26	
79	696	João Gil	Linces do Marão	01:58:07	+41:01	08:26	
80	657	Francisco Ventura	Individual	01:58:33	+41:27	08:28	
81	709	Paula Adagoi	Lobos do Brunheiro de Chaves / Anteros	01:58:53	+41:47	08:29	
82	579	Pedro Caramelo	Esgalhada Trail Team	01:59:29	+42:23	08:32	
83	674	Manuel Pires	Individual	01:59:46	+42:40	08:33	
84	659	Jorge Emanuel Mendonça Duarte Pinto	Individual	01:59:50	+42:44	08:34	
85	518	Steeve Haté	ADA/ Lamego Tribo Runners	02:00:25	+43:19	08:36	
86	705	Igor Rodrigues	Lobos do Brunheiro de Chaves / Anteros	02:00:42	+43:36	08:37	
87	531	Rosa Saldanha	AMA - Mondim Atletismo	02:00:46	+43:40	08:38	











**Trail Curto**

**14 KM**

**OFFICIAL RESULT**

5	704	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:31:32	+08:23	06:32
6	621	Márcio Ribeiro	Individual	Senior Masculino	01:33:33	+10:24	06:41
7	523	José Manuel Rodrigues Lobão	ADA/tribo runners José Lobão Mini trail Seniores	Senior Masculino	01:35:36	+12:27	06:50
8	690	Tiago Pimenta	Linces do Marão	Senior Masculino	01:37:27	+14:18	06:58
9	706	Leonel Videira	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:37:46	+14:37	06:59
10	708	Simão Batista	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:38:30	+15:20	07:02
11	610	Hugo Alexandre da Silva	Individual	Senior Masculino	01:38:34	+15:25	07:02
12	734	Alex Machado	Runners do Demo	Senior Masculino	01:39:00	+15:51	07:04
13	629	Rafael Marques Claro	Individual	Senior Masculino	01:44:02	+20:53	07:26
14	574	Diogo Lacerda	EDV-VIANATRIL	Senior Masculino	01:45:57	+22:48	07:34
15	625	Pedro Manuel Jesus Caria	Individual	Senior Masculino	01:46:44	+23:35	07:37
16	626	Pedro Pires	Individual	Senior Masculino	01:47:28	+24:19	07:41
17	628	Pedro Sousa	Individual	Senior Masculino	01:47:29	+24:20	07:41
18	753	Eduardo Ferreira	TRAIL - Grupo Desportivo de Trancoso	Senior Masculino	01:48:45	+25:36	07:46
19	616	Jorge Parente	Individual	Senior Masculino	01:49:22	+26:13	07:49
20	550	André Ferreira	ASCR Mosteirinho Runners	Senior Masculino	01:51:18	+28:09	07:57
21	608	Francisco Rodrigues	Individual	Senior Masculino	01:51:28	+28:19	07:58
22	754	Roberto Rodrigues	TRAIL - Grupo Desportivo de Trancoso	Senior Masculino	01:52:04	+28:55	08:00
23	525	Fábio Edgar Marques morais	Alibox	Senior Masculino	01:55:12	+32:03	08:14
24	688	João Rodrigues	Linces do Marão	Senior Masculino	01:55:44	+32:35	08:16
25	581	André Marques	EU TU E A MONTANHA	Senior Masculino	01:55:46	+32:37	08:16
26	524	Paulo Marques	ADFA - Desportos de Natureza	Senior Masculino	01:56:22	+33:13	08:19
27	622	Miguel Carril	Individual	Senior Masculino	01:56:29	+33:20	08:19
28	508	David Vicente Pereira	ADA/ Lamego Tribo Runners	Senior Masculino	01:56:33	+33:24	08:19
29	703	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:57:01	+33:52	08:22
30	684	Luis Filipe	Lamaecus D'Ouro	Senior Masculino	01:57:37	+34:28	08:24
31	579	Pedro Caramelo	Esgalhada Trail Team	Senior Masculino	01:59:29	+36:20	08:32
32	705	Igor Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:00:42	+37:32	08:37
33	612	João Pedro Carvalho	Individual	Senior Masculino	02:01:00	+37:51	08:39
34	623	Nuno Moreira	Individual	Senior Masculino	02:01:20	+38:11	08:40
35	758	Tiago Miguel	Reset Gym	Senior Masculino	02:03:20	+40:11	08:49
36	759	Joel Mouta	Reset Gym	Senior Masculino	02:03:21	+40:12	08:49
37	511	Miguel Angelo	ADA/ Lamego Tribo Runners	Senior Masculino	02:04:35	+41:26	08:54
38	582	Ricardo Cruz Campos	EU TU E A MONTANHA	Senior Masculino	02:04:51	+41:42	08:55
39	606	Alexandre Carvalho	Individual	Senior Masculino	02:04:52	+41:43	08:55
40	702	Dinis Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:09:55	+46:46	09:17
41	739	Rodrigo Deus	Runners Sernancelhe Terra da Castanha	Senior Masculino	02:10:30	+47:21	09:19
42	509	Hugo João Pereira da Cruz	ADA/ Lamego Tribo Runners	Senior Masculino	02:10:38	+47:29	09:20
43	619	Luís Carlos Correia Gomes	Individual	Senior Masculino	02:13:12	+50:03	09:31
44	510	Joel Paiva	ADA/ Lamego Tribo Runners	Senior Masculino	02:14:57	+51:48	09:38

Official Timekeeper: Lap2Go	2 / 6	generate 02-mar-2025 14:18
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## Trail Curto

## 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

45	613	João Queirós	Individual	Senior Masculino	02:15:02	+51:53	09:39
46	507	André Moutinho	ADA/ Lamego Tribo Runners	Senior Masculino	02:17:30	+54:21	09:49
47	526	Torcato Branco	Alibox	Senior Masculino	02:25:07	+01:01:58	10:22
48	618	Jose Seabra	Individual	Senior Masculino	02:26:03	+01:02:54	10:26
49	609	goncalo correia	Individual	Senior Masculino	02:26:03	+01:02:54	10:26
50	632	Rui Fernando Rodrigues da Rocha	Individual	Senior Masculino	02:32:17	+01:09:08	10:53
51	502	Pedro Miguel Alvares de Moura	228 Runners	Senior Masculino	02:37:26	+01:14:17	11:15
52	614	João Silva	Individual	Senior Masculino	02:39:52	+01:16:43	11:25
53	512	Tiago Conde	ADA/ Lamego Tribo Runners	Senior Masculino	02:39:53	+01:16:43	11:25
54	615	Joao Vidal	Individual	Senior Masculino	02:45:08	+01:21:59	11:48
55	627	Pedro Quim Gomes	Individual	Senior Masculino	02:54:55	+01:31:46	12:30
56	633	TIAGO FILIPE FERREIRA PEREIRA	Individual	Senior Masculino	03:03:50	+01:40:41	13:08
57	607	André Miguel Quental Catalão	Individual	Senior Masculino	03:12:41	+01:49:31	13:46
58	617	Jose Pedro Guedes Borges	Individual	Senior Masculino	03:13:53	+01:50:44	13:51
59	630	Ricardo Marques	Individual	Senior Masculino	03:13:54	+01:50:44	13:51
60	631	Roberto Lopes	Individual	Senior Masculino	03:18:21	+01:55:12	14:10
61	624	Pedro Augusto	Individual	Senior Masculino	03:18:44	+01:55:35	14:12

## Veterana F40

1	555	Anabela Morais	C. R. Ferreira de Aves	Veterana F40	01:38:02		07:00
2	755	Cecília Almeida	TRAIL - Grupo Desportivo de Trancoso	Veterana F40	01:42:06	+04:04	07:18
3	718	Florbela Alves	Núcleo de Atletismo de Vila Real	Veterana F40	01:48:23	+10:21	07:44
4	634	Carla Filipa Vieira Pinto	Individual	Veterana F40	01:55:35	+17:33	08:15
5	717	Arlete Gomes	Núcleo de Atletismo de Vila Real	Veterana F40	02:06:02	+28:00	09:00
6	731	Lucinda Marques	Paredes Runing	Veterana F40	02:09:48	+31:46	09:16
7	756	Mónica Aires	TriWheelsFamily/Tarouca BTT	Veterana F40	02:11:24	+33:22	09:23
8	639	Sónia Fernandes Mourão Pereira	Individual	Veterana F40	02:17:42	+39:40	09:50
9	552	Susete Matos	Bombi Team Tarouca	Veterana F40	02:17:55	+39:53	09:51
10	551	Sónia Assunção	Bombi Team Tarouca	Veterana F40	02:17:56	+39:54	09:51
11	685	Lina Soares	Lamaecus D'Ouro	Veterana F40	02:19:07	+41:05	09:56
12	637	Lígia Alves	Individual	Veterana F40	02:19:27	+41:25	09:58
13	735	Lia Lopes	Runners do Demo	Veterana F40	02:19:43	+41:41	09:59
14	530	Marisa Fernandes	AMA - Mondim Atletismo	Veterana F40	02:22:06	+44:04	10:09
15	636	Gisela Lobo	Individual	Veterana F40	02:22:34	+44:32	10:11
16	554	Ana Catarina Neto	C. R. Ferreira de Aves	Veterana F40	02:23:45	+45:43	10:16
17	576	Salomé Cerqueira	EDV-VIANATRIL	Veterana F40	02:28:21	+50:19	10:36
18	556	Elisabete Figueiredo	C. R. Ferreira de Aves	Veterana F40	02:41:53	+01:03:50	11:34
19	743	Helena Mendes	RUNNING4FUN TEAM VISEU	Veterana F40	02:52:24	+01:14:22	12:19
20	744	Isabel cunha	RUNNING4FUN TEAM VISEU	Veterana F40	02:52:25	+01:14:23	12:19
21	575	Célia Cerqueira	EDV-VIANATRIL	Veterana F40	02:56:16	+01:18:14	12:35
22	635	Célia Varela	Individual	Veterana F40	03:20:23	+01:42:21	14:19
23	691	Claudia Moreira	Linces do Marão	Veterana F40	03:32:46	+01:54:44	15:12

## Trail Curto

**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

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### Veterana F50

1	709	Paula Adagoi	Lobos do Brunheiro de Chaves / Anteros	Veterana F50	01:58:53	08:29
2	531	Rosa Saldanha	AMA - Mondim Atletismo	Veterana F50	02:00:46	+01:53 08:38
3	643	Susana Ferreira	Individual	Veterana F50	02:10:18	+11:25 09:18
4	710	Solange Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Veterana F50	02:19:44	+20:51 09:59
5	560	Sandra Raimundo	CCD CRÉDITO AGRÍCOLA	Veterana F50	02:20:04	+21:11 10:00
6	640	Anabela miranda	Individual	Veterana F50	02:20:56	+22:02 10:04
7	577	Ana Mina	EDV-VIANATRIL	Veterana F50	02:28:21	+29:28 10:36
8	693	Ana Marcelino	Linces do Marão	Veterana F50	02:47:59	+49:05 12:00
9	752	Maria Inês Gomes	Tondela Runners	Veterana F50	02:51:01	+52:07 12:13
10	751	Anabela Correia	Tondela Runners	Veterana F50	02:51:01	+52:07 12:13
11	641	Maria Magalhães	Individual	Veterana F50	03:28:38	+01:29:45 14:54

### Veterana F60

1	715	Amélia Moreira	Moloni Running Team	Veterana F60	02:41:53	11:34
2	646	Teresa Piina	Individual	Veterana F60	02:52:52	+10:59 12:21
3	645	Carla Monteiro	Individual	Veterana F60	03:28:38	+46:44 14:54
4	559	Isabel Clara Coelho Marques	Caminhantes felizes	Veterana F60	03:32:26	+50:32 15:10

### Veterano M40

1	716	José Meneses	NOCTURNOS DE PAREDES	Veterano M40	01:17:06	05:30
2	694	Jorge Costa	Linces do Marão	Veterano M40	01:21:30	+04:24 05:49
3	649	António Branquinho	Serfit Ginasio Sernancelhe	Veterano M40	01:24:13	+07:06 06:01
4	712	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:25:21	+08:14 06:06
5	534	Gonçalo Torres	AMA - Mondim Atletismo	Veterano M40	01:29:57	+12:51 06:26
6	532	Fernando Mota	AMA - Mondim Atletismo	Veterano M40	01:30:52	+13:46 06:29
7	557	Luís Morais	C. R. Ferreira de Aves	Veterano M40	01:31:31	+14:25 06:32
8	695	Rui Cigre	Linces do Marão	Veterano M40	01:34:05	+16:59 06:43
9	519	Vitor Guedes	ADA/ Lamego Tribo Runners	Veterano M40	01:34:40	+17:34 06:46
10	746	Carlos Correia	RUNNING4FUN TEAM VISEU	Veterano M40	01:35:51	+18:44 06:51
11	515	Nuno Figueiredo	ADA/ Lamego Tribo Runners	Veterano M40	01:39:22	+22:16 07:06
12	757	Ruben Mendonça Assunção	TriWheelsFamily/Tarouca BTT	Veterano M40	01:39:46	+22:40 07:08
13	713	Samuel Oliveira	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:44:28	+27:22 07:28
14	719	Gilberto Correia	Núcleo de Atletismo de Vila Real	Veterano M40	01:45:14	+28:08 07:31
15	661	Miguel Gonçalves	Individual	Veterano M40	01:46:42	+29:36 07:37
16	535	Jorge Alves	AMA - Mondim Atletismo	Veterano M40	01:46:50	+29:44 07:38
17	651	Catalino Christophe	Individual	Veterano M40	01:47:06	+30:00 07:39
18	583	Carlos Jorge Rodrigues Rocha	Fitness Lafões Club	Veterano M40	01:48:12	+31:06 07:44
19	721	Nelson Silva	Núcleo de Atletismo de Vila Real	Veterano M40	01:48:23	+31:17 07:45
20	720	João Graça	Núcleo de Atletismo de Vila Real	Veterano M40	01:50:58	+33:52 07:56

Official Timekeeper: Lap2Go

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generate 02-mar-2025 14:18

## Trail Curto

**14 KM**

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## OFFICIAL RESULT

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21	580	António Ferreira	Esgalhada Trail Team	Veterano M40	01:51:58	+34:52	08:00
22	505	Pedro Vieira	A.D. Amarante Trail Running	Veterano M40	01:52:43	+35:36	08:03
23	527	Paulo Sá	Alibox	Veterano M40	01:52:58	+35:52	08:04
24	516	Pedro Vicente	ADA/ Lamego Tribo Runners	Veterano M40	01:54:18	+37:11	08:10
25	566	Guilhermino Meireles	CTM VILA POUCA DE AGUIAR	Veterano M40	01:56:25	+39:18	08:19
26	711	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:57:35	+40:29	08:24
27	553	Belmiro Costa	Bouça Alta - Running	Veterano M40	01:57:36	+40:30	08:24
28	657	Francisco Ventura	Individual	Veterano M40	01:58:33	+41:27	08:28
29	659	Jorge Emanuel Mendonça Duarte Pinto	Individual	Veterano M40	01:59:50	+42:43	08:34
30	518	Steeve Haté	ADA/ Lamego Tribo Runners	Veterano M40	02:00:25	+43:18	08:36
31	563	João Sequeira	Clube Desportivo Sanfinense	Veterano M40	02:01:14	+44:08	08:40
32	653	Duarte Lobo	Individual	Veterano M40	02:01:32	+44:26	08:41
33	544	Paulo Ribeiro	Amigos do Trail de Mesão Frio	Veterano M40	02:02:31	+45:25	08:45
34	725	Nuno Almeida	Os Convidados	Veterano M40	02:03:03	+45:57	08:47
35	561	Hélder Trigo	CLTT - CLÍNICA LITORALIS TRAIL TEAM	Veterano M40	02:03:31	+46:25	08:49
36	654	Elder Domingues	Individual	Veterano M40	02:06:21	+49:15	09:02
37	565	César Sousa	CTM VILA POUCA DE AGUIAR	Veterano M40	02:07:10	+50:04	09:05
38	664	Sergio Pereira	Individual	Veterano M40	02:09:22	+52:15	09:14
39	748	Joaquim Guilherme Mendes Pais	Sena Clube	Veterano M40	02:11:14	+54:08	09:22
40	545	Victor Cardoso	Amigos do Trail de Mesão Frio	Veterano M40	02:12:17	+55:11	09:27
41	741	Francisco Moreira	Runners Sernancelhe Terra da Castanha	Veterano M40	02:14:05	+56:59	09:35
42	513	Eduardo Ferreira	ADA/ Lamego Tribo Runners	Veterano M40	02:16:13	+59:07	09:44
43	652	Daniel Silva	Individual	Veterano M40	02:18:58	+01:01:52	09:56
44	66	Nuno miranda	Individual	Veterano M40	02:20:55	+01:03:49	10:04
45	546	Angelo paiva	Angelo paiva	Veterano M40	02:21:53	+01:04:47	10:08
46	514	Filipe Pereira	ADA/ Lamego Tribo Runners	Veterano M40	02:22:07	+01:05:00	10:09
47	742	Paulo Gomes	Runners Sernancelhe Terra da Castanha	Veterano M40	02:28:15	+01:11:09	10:35
48	724	Simão Vicente	Os Baldrufeiros	Veterano M40	02:34:14	+01:17:08	11:01
49	543	Marco Mota	Amigos do Trail de Mesão Frio	Veterano M40	02:37:51	+01:20:45	11:16
50	726	Nuno Fidalgo	Os Convidados	Veterano M40	02:39:56	+01:22:49	11:25
51	729	Alberto Martins	Outlaw Runners	Veterano M40	02:42:13	+01:25:07	11:35
52	647	André Barroso	Individual	Veterano M40	02:49:48	+01:32:42	12:08
53	503	João Pedro Pinto Baptista	228 Runners	Veterano M40	02:50:53	+01:33:47	12:12
54	660	Manuel António Lourenço dos Reis	Individual	Veterano M40	03:04:26	+01:47:20	13:10
55	650	Carlos Jorge Chuva Morgado	Individual	Veterano M40	03:04:27	+01:47:21	13:10
56	648	André carvalho	Individual	Veterano M40	03:10:01	+01:52:54	13:34

## Veterano M50

1	589	Paulo Matos	Fox Running Team	Veterano M50	01:28:49		06:21
2	666	Cláudio Monteiro	Individual	Veterano M50	01:36:46	+07:57	06:55
3	522	Manuel Gomes	ADA/ Lamego Tribo Runners	Veterano M50	01:39:16	+10:27	07:05
4	670	José Alves	Individual	Veterano M50	01:44:10	+15:21	07:26



**TEAM RESULTS - TRAIL CURTO - F**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	LOBOS DO BRUNHEIRO DE CHAVES / ANTEROS	1 + 4 + 11	16
2	LINCES DO MARÃO	3 + 10 + 49	62
3	C. R. FERREIRA DE AVES	2 + 37 + 44	83
4	EDV-VIANATRIL	39 + 40 + 59	138

