

TRAIL LONGO - STAGE 1

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	17,5°C	65%
End	13:29	17.5°C	65%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	14	Rodrigo Santos	DURA-F1 RACETEAM	01:56:49		05:19	
2	13	José Pinheiro	DURA-F1 RACETEAM	02:08:00	+11:11	05:49	
3	12	Hugo Silva	DURA-F1 RACETEAM	02:08:40	+11:51	05:51	
4	45	Augusto Tavares	OPraticante.pt	02:10:38	+13:49	05:56	
5	25	Ricardo Martins	Individual	02:13:10	+16:21	06:03	
6	15	António Gomes	DURA-F1 RACETEAM	02:15:29	+18:40	06:09	
7	48	António Silva - Storybuggies	orthia - trail do serrote	02:17:15	+20:26	06:14	
8	16	José Cruz	DURA-F1 RACETEAM	02:20:59	+24:10	06:25	
9	23	Luis Silva	Individual	02:23:27	+26:38	06:31	
10	4	Renato silva	Caldas de sao jorge sport club	02:24:04	+27:15	06:33	
11	47	Frederico Salgado	orthia - trail do serrote	02:26:59	+30:10	06:41	
12	54	Bruno Casal	Ups, Trilhei-me!	02:28:45	+31:56	06:46	
13	42	Élia Rodrigues	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	02:32:11	+35:22	06:55	
14	43	João Neves	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	02:32:12	+35:23	06:55	
15	8	Abílio Costa	CDC São Martinho da Gândara	02:33:49	+37:00	06:59	
16	9	Inês Teixeira	DAR - Desportivo Atlético Recardães	02:37:18	+40:29	07:09	
17	46	João Rocha	OPraticante.pt	02:43:41	+46:52	07:26	
18	37	Sérgio Gonçalves	Individual	02:43:54	+47:05	07:27	
19	38	António David Cerveira Mateus	Individual	02:45:56	+49:07	07:33	
20	53	Marco Balsinha	UME	02:46:30	+49:41	07:34	
21	52	Mauro Romero	UME	02:46:30	+49:41	07:34	
22	41	Mário Jorge Almeida	Individual	02:48:20	+51:31	07:39	
23	44	Ana Mafalda Pereira	OPraticante.pt	02:50:08	+53:19	07:44	
24	30	Luís Madaíl	Individual	02:50:14	+53:25	07:44	
25	40	Sérgio Freitas	CATR-Correio de Albergaria Trail Running	02:50:42	+53:53	07:46	
26	29	Luis Almeida	Telhadela Trail	02:54:20	+57:31	07:55	
27	33	Carlos Estrela	Individual	02:57:51	+01:01:02	08:05	
28	11	Joana Ribeiro	DURA-F1 RACETEAM	02:58:31	+01:01:42	08:07	
29	49	Bruno Albergaria	Run For Fun Laranjinhas	02:58:48	+01:01:59	08:08	
30	6	Severina Almeida	CATR-Correio de Albergaria Trail Running	03:01:34	+01:04:45	08:15	
31	5	Carlos Amílcar Domingues Santos Silva	CATR-Correio de Albergaria Trail Running	03:04:09	+01:07:20	08:22	
32	7	Filipe Este vex	CDC São Martinho da Gândara	03:04:40	+01:07:51	08:24	
33	28	Bruno dias	Individual	03:05:01	+01:08:12	08:25	
34	20	Carlos Cál ix	Individual	03:09:46	+01:12:57	08:38	
35	36	Paulo Santos	Individual	03:11:41	+01:14:52	08:43	
36	21	Fábio Mota	Individual	03:13:42	+01:16:53	08:48	
37	50	SMónica Fernandes	Run&Fun	03:15:09	+01:18:20	08:52	
38	51	Rui Martins	Run&Fun	03:15:09	+01:18:20	08:52	
39	2	Paulo Ferreira	Amigos do Trail OAZ	03:18:25	+01:21:36	09:01	
40	1	André Costa	Amigos do Trail OAZ	03:18:27	+01:21:38	09:01	
41	19	Bruno Marques Pinto	Individual	03:18:50	+01:22:01	09:02	

22 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	18	SOFIA FERREIRA	GDCTDACASADAMOEDA	03:22:07	+01:25:18	09:11	
43	34	Jorge Miguel de Bastos Loureiro	Individual	03:23:20	+01:26:31	09:15	
44	22	Jorge Cardoso	Individual	03:26:55	+01:30:06	09:24	
45	31	Nuno Silva	Individual	03:28:47	+01:31:58	09:29	
46	24	Pedro Henriques	Individual	03:32:25	+01:35:36	09:39	
47	17	António Jorge Dias Santos	GDCR LAJES	03:32:32	+01:35:43	09:40	
48	26	Tiago Lopes	Individual	03:35:33	+01:38:44	09:48	
49	39	Gilberto Almeida	Individual	04:28:45	+02:31:56	12:13	

Trail Longo

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	17,5°C	65%
End	13:29	17.5°C	65%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	9	Inês Teixeira	DAR - Desportivo Atlético Recardães	Senior Feminino	02:37:18	07:09:18
2	44	Ana Mafalda Pereira	OPraticante.pt	Senior Feminino	02:50:08	+12:49 07:44:18
3	11	Joana Ribeiro	DURA-F1 RACETEAM	Senior Feminino	02:58:31	+21:12 08:07:18

Senior Masculino

1	13	José Pinheiro	DURA-F1 RACETEAM	Senior Masculino	02:08:00	05:49
2	12	Hugo Silva	DURA-F1 RACETEAM	Senior Masculino	02:08:40	+00:40 05:51
3	25	Ricardo Martins	Individual	Senior Masculino	02:13:10	+05:09 06:03
4	23	Luis Silva	Individual	Senior Masculino	02:23:27	+15:27 06:31
5	47	Frederico Salgado	orthia - trail do serrote	Senior Masculino	02:26:59	+18:58 06:41
6	54	Bruno Casal	Ups, Trilhei-me!	Senior Masculino	02:28:45	+20:44 06:46
7	20	Carlos Cálix	Individual	Senior Masculino	03:09:46	+01:01:45 08:38
8	21	Fábio Mota	Individual	Senior Masculino	03:13:42	+01:05:41 08:48
9	19	Bruno Marques Pinto	Individual	Senior Masculino	03:18:50	+01:10:49 09:02
10	22	Jorge Cardoso	Individual	Senior Masculino	03:26:55	+01:18:54 09:24
11	24	Pedro Henriques	Individual	Senior Masculino	03:32:25	+01:24:25 09:39
12	26	Tiago Lopes	Individual	Senior Masculino	03:35:33	+01:27:32 09:48

Sub 23 Masculino

1	14	Rodrigo Santos	DURA-F1 RACETEAM	Sub 23 Masculino	01:56:49	05:19:41
2	52	Mauro Romero	UME	Sub 23 Masculino	02:46:30	+49:41 07:34:12
3	17	António Jorge Dias Santos	GDCR LAJES	Sub 23 Masculino	03:32:32	+01:35:42 09:40:14

Veterana F40

1	42	Élia Rodrigues	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Veterana F40	02:32:11	06:55:48
2	50	SMónica Fernandes	Run&Fun	Veterana F40	03:15:09	+42:58 08:52:07

Veterana F45

1	6	Severina Almeida	CATR-Correio de Albergaria Trail Running	Veterana F45	03:01:34	08:15:11
2	18	SOFIA FERREIRA	GDCTDACASADAMOEDA	Veterana F45	03:22:07	+20:33 09:11:44

Trail Longo

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M40

1	45	Augusto Tavares	OPraticante.pt	Veterano M40	02:10:38	05:56
2	46	João Rocha	OPraticante.pt	Veterano M40	02:43:41	+33:03 07:26
3	53	Marco Balsinha	UME	Veterano M40	02:46:30	+35:51 07:34
4	30	Luís Madaíl	Individual	Veterano M40	02:50:14	+39:36 07:44
5	29	Luis Almeida	Telhadela Trail	Veterano M40	02:54:20	+43:42 07:55
6	49	Bruno Albergaria	Run For Fun Laranjinhas	Veterano M40	02:58:48	+48:09 08:08
7	7	Filipe Este vex	CDC São Martinho da Gândara	Veterano M40	03:04:40	+54:02 08:24
8	28	Bruno dias	Individual	Veterano M40	03:05:01	+54:23 08:25
9	2	Paulo Ferreira	Amigos do Trail OAZ	Veterano M40	03:18:25	+01:07:47 09:01
10	1	André Costa	Amigos do Trail OAZ	Veterano M40	03:18:27	+01:07:49 09:01
11	31	Nuno Silva	Individual	Veterano M40	03:28:47	+01:18:09 09:29

Veterano M45

1	15	António Gomes	DURA-F1 RACETEAM	Veterano M45	02:15:29	06:09
2	48	António Silva - Storybuggies	orthia - trail do serrote	Veterano M45	02:17:15	+01:46 06:14
3	37	Sérgio Gonçalves	Individual	Veterano M45	02:43:54	+28:25 07:27
4	33	Carlos Estrela	Individual	Veterano M45	02:57:51	+42:22 08:05
5	36	Paulo Santos	Individual	Veterano M45	03:11:41	+56:12 08:43
6	51	Rui Martins	Run&Fun	Veterano M45	03:15:09	+59:40 08:52
7	34	Jorge Miguel de Bastos Loureiro	Individual	Veterano M45	03:23:20	+01:07:51 09:15

Veterano M50

1	16	José Cruz	DURA-F1 RACETEAM	Veterano M50	02:20:59	06:25
2	38	António David Cerveira Mateus	Individual	Veterano M50	02:45:56	+24:57 07:33
3	40	Sérgio Freitas	CATR-Correio de Albergaria Trail Running	Veterano M50	02:50:42	+29:42 07:46
4	5	Carlos Amílcar Domingues Santos Silva	CATR-Correio de Albergaria Trail Running	Veterano M50	03:04:09	+43:09 08:22
5	39	Gilberto Almeida	Individual	Veterano M50	04:28:45	+02:07:45 12:13

Veterano M55

1	4	Renato silva	Caldas de sao jorge sport club	Veterano M55	02:24:04	06:33
2	43	João Neves	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Veterano M55	02:32:12	+08:08 06:55
3	8	Abílio Costa	CDC São Martinho da Gândara	Veterano M55	02:33:49	+09:45 06:59
4	41	Mário Jorge Almeida	Individual	Veterano M55	02:48:20	+24:16 07:39

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Official Timekeeper: Lap2Go	1 / 1	generate 15-jun.-2025 12:22
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TRAIL CURTO - STAGE 1

14 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	19,2°C	68%
End	12:45	19,2°C	68%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	318	António Assunção	Clube Desportivo Feirense	01:05:42		04:42	
2	331	Carlos Dias	GranjaDias	01:15:02	+09:20	05:22	
3	332	Bruno Silva	Grupo Juvenil Pinheiro da Bemposta	01:16:18	+10:36	05:27	
4	322	António Silva	DCI/Trilhos Luso Bussaco	01:18:57	+13:15	05:38	
5	316	Marco Silva	CLUBE ATLETISMO OVAR	01:19:23	+13:41	05:40	
6	10	Márcia Martins	DCI/Trilhos Luso Bussaco	01:20:14	+14:32	05:44	
7	389	Suse Silva	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	01:24:10	+18:28	06:01	
8	349	João Silva	Individual	01:25:40	+19:58	06:07	
9	326	Filipe Fonseca	DURA-F1 RACETEAM	01:26:10	+20:28	06:09	
10	345	Helder Marques	Individual	01:26:31	+20:49	06:11	
11	376	António Sousa	Individual	01:28:53	+23:11	06:21	
12	381	Marco Aurélio Rodrigues Neves	Individual	01:28:55	+23:13	06:21	
13	390	Marcelo Fonseca	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	01:28:58	+23:16	06:21	
14	355	Miguel Paiva Brandão	Individual	01:29:01	+23:19	06:22	
15	325	João Portugal	DURA-F1 RACETEAM	01:30:22	+24:40	06:27	
16	401	André Filipe Martins dos Santos	orthia - trail do serrote	01:30:44	+25:02	06:29	
17	329	RICARDO MENDES	Gens SC Trail	01:32:14	+26:32	06:35	
18	301	Nuno Martinho	ADI- Associação Desportiva Ílhavo	01:33:27	+27:45	06:41	
19	339	Armenio Ferreira	Individual	01:34:35	+28:53	06:45	
20	348	João Filipe Marques Sousa	Individual	01:34:37	+28:55	06:45	
21	367	Hugo Almeida	Individual	01:35:22	+29:40	06:49	
22	358	Tiago Oliveira	Individual	01:37:24	+31:42	06:57	
23	369	Manuel ventura da Silva Marques	Individual	01:37:43	+32:01	06:59	
24	386	Joana Almeida	Adões Trail	01:38:30	+32:48	07:02	
25	406	Amaro Daniel Ferreira Martins	orthia - trail do serrote	01:39:00	+33:18	07:04	
26	365	Duarte Ricciardi	Individual	01:39:02	+33:20	07:04	
27	303	Tomás Silva	Carpe Diem	01:40:02	+34:20	07:09	
28	312	Carlos Negrão	CATR-Correio de Albergaria Trail Running	01:40:09	+34:27	07:09	
29	378	Daniel Pinto Bicho Marques da Costa	Individual	01:40:55	+35:13	07:13	
30	343	Francisco Manuel Teixeira Marques	Individual	01:41:14	+35:32	07:14	
31	342	Damião Filipe Silva Henriques	Individual	01:42:53	+37:11	07:21	
32	356	Rúben Silva	Individual	01:44:27	+38:45	07:28	
33	375	Américo da Silva Bessa	Individual	01:44:28	+38:46	07:28	
34	414	Daniel Almeida	Individual	01:45:29	+39:47	07:32	
35	391	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	01:47:00	+41:18	07:39	
36	377	Carlos Augusto Martins da Silva	Individual	01:47:58	+42:16	07:43	
37	302	António Cruz	Bastos Cruz	01:48:16	+42:34	07:44	
38	409	João Saraiva	Sport Clube Paradela	01:48:20	+42:38	07:44	
39	324	Palmira Vieira	DURA-F1 RACETEAM	01:50:06	+44:24	07:52	
40	392	Pedro Vieira	Love tiles	01:50:07	+44:25	07:52	
41	393	Raul Loura	Love tiles	01:50:09	+44:28	07:52	

TRAIL CURTO - STAGE 1

14 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	337	Alexandre Dias	Individual	01:50:42	+45:00	07:54	
43	328	ANTONIO MACHADO	GDCTDACASADAMOEDA	01:51:15	+45:33	07:57	
44	319	Paulo Silva	DAR - Desportivo Atlético Recardães	01:52:37	+46:55	08:03	
45	311	Luís dos Santos Rodrigues Tavares	CATR-Correio de Albergaria Trail Running	01:52:46	+47:04	08:03	
46	407	Delfim Santos	orthia - trail do serrote	01:52:46	+47:04	08:03	
47	359	Carina Lopes	Individual	01:53:24	+47:42	08:06	
48	362	Sandrine Nunes Pinto de Sousa	Individual	01:53:35	+47:53	08:07	
49	374	Sérgio Manuel Silva I	Individual	01:53:50	+48:08	08:08	
50	357	Tiago Chará	Individual	01:53:51	+48:09	08:08	
51	333	Daniela Neves	Telhadela Trail	01:53:51	+48:09	08:08	
52	353	Martim Julião	Individual	01:54:14	+48:32	08:10	
53	398	José Rocha	OPraticante.pt	01:57:07	+51:25	08:22	
54	346	Hugo Gabriel Romero	Individual	01:57:29	+51:47	08:24	
55	360	Helena Pires	Individual	01:57:45	+52:03	08:25	
56	338	Alvaro Ramos	Individual	01:57:51	+52:09	08:25	
57	347	João Alberto Oliveira Pereira	Individual	01:58:12	+52:30	08:27	
58	382	Nelson Nunes	Individual	01:58:34	+52:52	08:28	
59	405	Lucia Teles	orthia - trail do serrote	02:03:29	+57:47	08:49	
60	305	Sérgio Silva	Carpe Diem	02:03:30	+57:48	08:49	
61	313	Paulo Manuel Marques da Rocha	CATR-Correio de Albergaria Trail Running	02:03:36	+57:54	08:50	
62	400	Raquel Ruiz	orthia - trail do serrote	02:08:47	+01:03:05	09:12	
63	385	José Luís Martins Silva	Individual	02:10:13	+01:04:31	09:18	
64	404	Cláudia Melo	orthia - trail do serrote	02:10:52	+01:05:10	09:21	
65	403	Ricardo Cardoso	orthia - trail do serrote	02:10:53	+01:05:11	09:21	
66	368	Jose Fernandes	Individual	02:11:47	+01:06:05	09:25	
67	412	Carlos Cachulo	Individual	02:12:17	+01:06:35	09:27	
68	321	Nuno Martelo	day 5	02:14:24	+01:08:42	09:36	
69	320	Carolina Fernandes	day 5	02:14:25	+01:08:43	09:36	
70	306	Gabriel Resende Ferreira	CATR-Correio de Albergaria Trail Running	02:14:50	+01:09:08	09:38	
71	383	Paulo Dias	Individual	02:15:48	+01:10:06	09:42	
72	330	Catarina Granja	GranjaDias	02:18:20	+01:12:38	09:53	
73	361	Otilia Maria Neves Rodrigues	Individual	02:19:03	+01:13:21	09:56	
74	340	Bruno Martins	Individual	02:19:03	+01:13:21	09:56	
75	350	João Sousa	Individual	02:19:04	+01:13:22	09:56	
76	370	Marcus Paulo santos	Individual	02:19:33	+01:13:51	09:58	
77	366	Eduardo vieira	Individual	02:20:53	+01:15:11	10:04	
78	352	Luis Coutinho	Individual	02:22:29	+01:16:47	10:11	
79	351	José Ricardo Marques Reis	Individual	02:22:54	+01:17:12	10:12	
80	304	Anabela Silva	Carpe Diem	02:23:12	+01:17:30	10:14	
81	323	Guilherme Coutinho	DURA-F1 RACETEAM	02:27:59	+01:22:17	10:34	
82	388	Liliana Pereira	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	02:28:29	+01:22:47	10:36	
83	387	Esmeralda Soares	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	02:28:31	+01:22:49	10:36	
84	334	Mafalda Mota dos Santos	Individual	02:30:01	+01:24:19	10:43	
85	373	Pedro Santos	Individual	02:30:02	+01:24:20	10:43	
86	411	Susana Gomes	Susana Gomes	02:30:52	+01:25:10	10:47	
87	327	ARMANDINA TORRES	GDCTDACASADAMOEDA	02:32:15	+01:26:33	10:53	

TRAIL CURTO - STAGE 1

14 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	335	Magda Duarte	Individual	02:36:40	+01:30:58	11:11	
89	380	José Miguel Brandão	Individual	02:36:40	+01:30:58	11:11	
90	363	Ana Maria Tavares Teixeira Vieira	Individual	02:36:41	+01:30:59	11:11	
91	364	Candida Ferreira Brandao	Individual	02:36:42	+01:31:00	11:12	
92	395	Catarina Pinho	OPraticante.pt	02:42:10	+01:36:28	11:35	
93	371	Nuno Miguel Silva Freitas	Individual	02:46:26	+01:40:44	11:53	
94	372	Nuno Vigário	Individual	02:54:19	+01:48:37	12:27	
95	413	Sara Quinta	Individual	03:00:03	+01:54:21	12:52	
96	310	Isaura Gonçalves Costa Marques Da Silva	CATR-Correio de Albergaria Trail Running	03:00:04	+01:54:22	12:52	
97	344	Francisco Santos Ribeiro	Bombeiros de Albergaria	03:00:06	+01:54:24	12:52	
98	415	Daniel Alexandre de Sousa Carvalho	Bombeiros de Albergaria	03:00:07	+01:54:25	12:52	
99	308	Ana Margarida Ramos Viegas	CATR-Correio de Albergaria Trail Running	03:12:14	+02:06:32	13:44	
100	307	Iolanda Isabel Telha Babo	CATR-Correio de Albergaria Trail Running	03:14:54	+02:09:12	13:55	

Trail Curto

14 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	19,2°C	68%
End	12:45	19,2°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	389	Suse Silva	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Senior Feminino	01:24:10	06:01:10
2	386	Joana Almeida	Adões Trail	Senior Feminino	01:38:30	+14:20 07:02:10
3	333	Daniela Neves	Telhadela Trail	Senior Feminino	01:53:51	+29:41 08:08:11
4	400	Raquel Ruiz	orthia - trail do serrote	Senior Feminino	02:08:47	+44:36 09:12:11
5	330	Catarina Granja	GranjaDias	Senior Feminino	02:18:20	+54:10 09:53:11
6	388	Liliana Pereira	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Senior Feminino	02:28:29	+01:04:19 10:36:11
7	387	Esmeralda Soares	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Senior Feminino	02:28:31	+01:04:21 10:36:11
8	335	Magda Duarte	Individual	Senior Feminino	02:36:40	+01:12:30 11:11:11

Senior Masculino

1	331	Carlos Dias	GranjaDias	Senior Masculino	01:15:02	05:22:22
2	349	João Silva	Individual	Senior Masculino	01:25:40	+10:37 06:07:52
3	345	Helder Marques	Individual	Senior Masculino	01:26:31	+11:29 06:11:53
4	390	Marcelo Fonseca	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Senior Masculino	01:28:58	+13:55 06:21:13
5	355	Miguel Paiva Brandão	Individual	Senior Masculino	01:29:01	+13:59 06:22:16
6	401	André Filipe Martins dos Santos	orthia - trail do serrote	Senior Masculino	01:30:44	+15:41 06:29:00
7	329	RICARDO MENDES	Gens SC Trail	Senior Masculino	01:32:14	+17:11 06:35:45
8	339	Armenio Ferreira	Individual	Senior Masculino	01:34:35	+19:33 06:45:58
9	358	Tiago Oliveira	Individual	Senior Masculino	01:37:24	+22:22 06:57:56
10	343	Francisco Manuel Teixeira Marques	Individual	Senior Masculino	01:41:14	+26:11 07:14:15
11	342	Damião Filipe Silva Henriques	Individual	Senior Masculino	01:42:53	+27:51 07:21:14
12	356	Rúben Silva	Individual	Senior Masculino	01:44:27	+29:25 07:28:16
13	392	Pedro Vieira	Love tiles	Senior Masculino	01:50:07	+35:05 07:52:16
14	393	Raul Loura	Love tiles	Senior Masculino	01:50:09	+35:07 07:52:18
15	337	Alexandre Dias	Individual	Senior Masculino	01:50:42	+35:40 07:54:11
16	357	Tiago Chará	Individual	Senior Masculino	01:53:51	+38:49 08:08:10
17	346	Hugo Gabriel Romero	Individual	Senior Masculino	01:57:29	+42:27 08:24:16
18	338	Alvaro Ramos	Individual	Senior Masculino	01:57:51	+42:48 08:25:18
19	347	João Alberto Oliveira Pereira	Individual	Senior Masculino	01:58:12	+43:10 08:27:19
20	403	Ricardo Cardoso	orthia - trail do serrote	Senior Masculino	02:10:53	+55:50 09:21:13
21	306	Gabriel Resende Ferreira	CATR-Correio de Albergaria Trail Running	Senior Masculino	02:14:50	+59:48 09:38:11
22	340	Bruno Martins	Individual	Senior Masculino	02:19:03	+01:04:01 09:56:14
23	350	João Sousa	Individual	Senior Masculino	02:19:04	+01:04:01 09:56:15
24	352	Luis Coutinho	Individual	Senior Masculino	02:22:29	+01:07:26 10:11:14

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Trail Curto

14 KM

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25	351	José Ricardo Marques Reis	Individual	Senior Masculino	02:22:54	+01:07:51	10:12
26	344	Francisco Santos Ribeiro	Bombeiros de Albergaria	Senior Masculino	03:00:06	+01:45:04	12:52
27	415	Daniel Alexandre de Sousa Carvalho	Bombeiros de Albergaria	Senior Masculino	03:00:07	+01:45:04	12:52

Sub 23 Feminino

1	320	Carolina Fernandes	day 5	Sub 23 Feminino	02:14:25	09:36
2	334	Mafalda Mota dos Santos	Individual	Sub 23 Feminino	02:30:01	+15:36 10:43

Sub 23 Masculino

1	348	João Filipe Marques Sousa	Individual	Sub 23 Masculino	01:34:37	06:45
2	303	Tomás Silva	Carpe Diem	Sub 23 Masculino	01:40:02	+05:24 07:09
3	302	António Cruz	Bastos Cruz	Sub 23 Masculino	01:48:16	+13:38 07:44
4	353	Martim Julião	Individual	Sub 23 Masculino	01:54:14	+19:37 08:10
5	321	Nuno Martelo	day 5	Sub 23 Masculino	02:14:24	+39:47 09:36
6	323	Guilherme Coutinho	DURA-F1 RACETEAM	Sub 23 Masculino	02:27:59	+53:21 10:34

Veterana F40

1	10	Márcia Martins	DCI/Trilhos Luso Bussaco	Veterana F40	01:20:14	05:44
2	324	Palmira Vieira	DURA-F1 RACETEAM	Veterana F40	01:50:06	+29:52 07:52
3	359	Carina Lopes	Individual	Veterana F40	01:53:24	+33:10 08:06
4	362	Sandrine Nunes Pinto de Sousa	Individual	Veterana F40	01:53:35	+33:21 08:07
5	360	Helena Pires	Individual	Veterana F40	01:57:45	+37:30 08:25
6	404	Cláudia Melo	orthia - trail do serrote	Veterana F40	02:10:52	+50:38 09:21
7	361	Otilia Maria Neves Rodrigues	Individual	Veterana F40	02:19:03	+58:48 09:56
8	395	Catarina Pinho	OPraticante.pt	Veterana F40	02:42:10	+01:21:55 11:35
9	413	Sara Quinta	Individual	Veterana F40	03:00:03	+01:39:49 12:52
10	307	Iolanda Isabel Telha Babo	CATR-Correio de Albergaria Trail Running	Veterana F40	03:14:54	+01:54:39 13:55

Veterana F50

1	405	Lucia Teles	orthia - trail do serrote	Veterana F50	02:03:29		08:49
2	304	Anabela Silva	Carpe Diem	Veterana F50	02:23:12	+19:42	10:14
3	411	Susana Gomes	Susana Gomes	Veterana F50	02:30:52	+27:22	10:47
4	327	ARMANDINA TORRES	GDCTDACASADAMOEDA	Veterana F50	02:32:15	+28:46	10:53
5	363	Ana Maria Tavares Teixeira Vieira	Individual	Veterana F50	02:36:41	+33:11	11:11
6	364	Candida Ferreira Brandao	Individual	Veterana F50	02:36:42	+33:13	11:12
7	308	Ana Margarida Ramos Viegas	CATR-Correio de Albergaria Trail Running	Veterana F50	03:12:14	+01:08:44	13:44

Trail Curto

14 KM

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Veterana F60

1	310	Isaura Gonçalves Costa Marques Da Silva	CATR-Correio de Albergaria Trail Running	Veterana F60	03:00:04	12:52
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Veterano M40

1	318	António Assunção	Clube Desportivo Feirense	Veterano M40	01:05:42	04:42
2	332	Bruno Silva	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	01:16:18	+10:36 05:27
3	322	António Silva	DCI/Trilhos Luso Bussaco	Veterano M40	01:18:57	+13:14 05:38
4	316	Marco Silva	CLUBE ATLETISMO OVAR	Veterano M40	01:19:23	+13:41 05:40
5	325	João Portugal	DURA-F1 RACETEAM	Veterano M40	01:30:22	+24:39 06:27
6	301	Nuno Martinho	ADI- Associação Desportiva Ílhavo	Veterano M40	01:33:27	+27:45 06:41
7	367	Hugo Almeida	Individual	Veterano M40	01:35:22	+29:40 06:49
8	369	Manuel ventura da Silva Marques	Individual	Veterano M40	01:37:43	+32:00 06:59
9	406	Amaro Daniel Ferreira Martins	orthia - trail do serrote	Veterano M40	01:39:00	+33:17 07:04
10	365	Duarte Ricciardi	Individual	Veterano M40	01:39:02	+33:20 07:04
11	414	Daniel Almeida	Individual	Veterano M40	01:45:29	+39:47 07:32
12	409	João Saraiva	Sport Clube Paradelas	Veterano M40	01:48:20	+42:37 07:44
13	311	Luís dos Santos Rodrigues Tavares	CATR-Correio de Albergaria Trail Running	Veterano M40	01:52:46	+47:03 08:03
14	374	Sérgio Manuel Silva I	Individual	Veterano M40	01:53:50	+48:08 08:08
15	398	José Rocha	OPraticante.pt	Veterano M40	01:57:07	+51:25 08:22
16	368	Jose Fernandes	Individual	Veterano M40	02:11:47	+01:06:04 09:25
17	412	Carlos Cachulo	Individual	Veterano M40	02:12:17	+01:06:35 09:27
18	370	Marcus Paulo santos	Individual	Veterano M40	02:19:33	+01:13:50 09:58
19	366	Eduardo vieira	Individual	Veterano M40	02:20:53	+01:15:11 10:04
20	373	Pedro Santos	Individual	Veterano M40	02:30:02	+01:24:20 10:43
21	371	Nuno Miguel Silva Freitas	Individual	Veterano M40	02:46:26	+01:40:44 11:53
22	372	Nuno Vigário	Individual	Veterano M40	02:54:19	+01:48:36 12:27

Veterano M50

1	326	Filipe Fonseca	DURA-F1 RACETEAM	Veterano M50	01:26:10	06:09
2	376	António Sousa	Individual	Veterano M50	01:28:53	+02:43 06:21
3	381	Marco Aurélio Rodrigues Neves	Individual	Veterano M50	01:28:55	+02:44 06:21
4	312	Carlos Negrão	CATR-Correio de Albergaria Trail Running	Veterano M50	01:40:09	+13:59 07:09
5	378	Daniel Pinto Bicho Marques da Costa	Individual	Veterano M50	01:40:55	+14:45 07:13
6	375	Américo da Silva Bessa	Individual	Veterano M50	01:44:28	+18:17 07:28
7	391	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	01:47:00	+20:49 07:39
8	377	Carlos Augusto Martins da Silva	Individual	Veterano M50	01:47:58	+21:48 07:43
9	328	ANTONIO MACHADO	GDCTDACASADAMOEDA	Veterano M50	01:51:15	+25:05 07:57

Trail Curto

14 KM

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10	319	Paulo Silva	DAR - Desportivo Atlético Recardães	Veterano M50	01:52:37	+26:27	08:03
11	407	Delfim Santos	orthia - trail do serrote	Veterano M50	01:52:46	+26:35	08:03
12	382	Nelson Nunes	Individual	Veterano M50	01:58:34	+32:24	08:28
13	305	Sérgio Silva	Carpe Diem	Veterano M50	02:03:30	+37:20	08:49
14	313	Paulo Manuel Marques da Rocha	CATR-Correio de Albergaria Trail Running	Veterano M50	02:03:36	+37:25	08:50
15	383	Paulo Dias	Individual	Veterano M50	02:15:48	+49:38	09:42
16	380	José Miguel Brandão	Individual	Veterano M50	02:36:40	+01:10:30	11:11

Veterano M60

1	385	José Luís Martins Silva	Individual	Veterano M60	02:10:13	09:18
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