

TRAIL LONGO - STAGE 1

36 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:05	9,7°C	89%
End	13:45	9.7°C	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	38	António Pereira	Linces do Marão	03:02:37		05:04	
2	22	António Ferreira	Runners do Demo	03:05:30	+02:53	05:09	
3	29	Fábio André da Costa Carvalho	Linces do Marão	03:11:23	+08:46	05:19	
4	37	Luís Miguel Teixeira Leite Pereira	Linces do Marão	03:19:40	+17:03	05:33	
5	30	Ivo Marques da Silva	Linces do Marão	03:25:44	+23:07	05:43	
6	16	Fernando Manuel Pereira Bastos	Grupo Desportivo de Oliveira de Frades	03:25:45	+23:08	05:43	
7	44	Armando Cepeda	Lobos do Brunheiro de Chaves / Anteros	03:38:17	+35:40	06:04	
8	41	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	03:45:25	+42:48	06:16	
9	36	Luís Félix	Linces do Marão	03:46:44	+44:07	06:18	
10	40	Miguel Fernando da Silva Barros	Linces do Marão	03:46:50	+44:13	06:18	
11	35	João Carlos Novais da Silva	Linces do Marão	03:48:27	+45:50	06:21	
12	46	Bruno Marques	Montanha Clube Trail Running/Efapel	03:48:46	+46:09	06:21	
13	59	Filipe Oliveira Lopes	Viriathvs Runners Viseu	03:50:11	+47:34	06:24	
14	25	JULIO MARQUEZ RODRIGUEZ	Individual	03:53:53	+51:16	06:30	
15	3	Heitor Cardoso	AD Marco 09	03:56:18	+53:41	06:34	
16	56	David Gonçalves	S4L / MedenseFC	03:56:51	+54:14	06:35	
17	14	Davide Pacheco	DURIUS AC PESQUEIRA	04:04:49	+01:02:12	06:48	
18	15	Joaquim Silva	DURIUS AC PESQUEIRA	04:05:50	+01:03:13	06:50	
19	27	Sara Lopes Alves	Linces do Marão	04:07:31	+01:04:54	06:53	
20	58	Ricardo Torres	Team Pinhas	04:07:44	+01:05:07	06:53	
21	17	Ruben Aguiar	Individual	04:08:02	+01:05:25	06:53	
22	13	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	04:09:33	+01:06:56	06:56	
23	60	Marco Cursino	Viriathvs Runners Viseu	04:10:02	+01:07:25	06:57	
24	28	Tânia ribeiro	Linces do Marão	04:12:26	+01:09:49	07:01	
25	61	Laurindo Osório	Individual	04:13:20	+01:10:43	07:02	
26	8	Sílvia Soares	CF Perosinho Trail & Running	04:19:52	+01:17:15	07:13	
27	50	João Graça	NÚCLEO DE ATLETISMO DE VILA REAL	04:21:56	+01:19:19	07:17	
28	52	Luis Alvadia	NÚCLEO DE ATLETISMO DE VILA REAL	04:21:56	+01:19:19	07:17	
29	47	Sandra Nunes	NÚCLEO DE ATLETISMO DE VILA REAL	04:21:57	+01:19:20	07:17	
30	55	Rui Cruz	Rui Cruz	04:22:24	+01:19:47	07:17	
31	49	Susana Magalhaes	NÚCLEO DE ATLETISMO DE VILA REAL	04:22:31	+01:19:54	07:18	
32	19	Mário Louzada	Individual	04:24:17	+01:21:40	07:20	
33	9	José Cruz	CF Perosinho Trail & Running	04:26:04	+01:23:27	07:23	
34	12	Ângelo Costa	CTM VILA POUCA DE AGUIAR	04:29:47	+01:27:10	07:30	
35	23	Martin Ferreira	Individual	04:33:47	+01:31:10	07:36	
36	48	Susana Teixeira	NÚCLEO DE ATLETISMO DE VILA REAL	04:35:09	+01:32:32	07:39	
37	51	Nuno Rodrigues	NÚCLEO DE ATLETISMO DE VILA REAL	04:35:49	+01:33:12	07:40	
38	5	Ana Cunha	Ana Cunha	04:36:50	+01:34:13	07:41	
39	6	Rafaela Bento	ARCD Venda da Luisa	04:39:09	+01:36:32	07:45	
40	33	Rosa da Silva Barros	Linces do Marão	04:39:09	+01:36:32	07:45	
41	32	Maria do Céu Rodrigues da Costa	Linces do Marão	04:46:01	+01:43:24	07:57	
42	57	José Brandão	Team Pinhas	04:47:28	+01:44:51	07:59	

Trail Longo

36 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:05	9,7°C	89%
End	13:45	9.7°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	41	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	03:45:25	06:16:00
2	27	Sara Lopes Alves	Linces do Marão	Senior Feminino	04:07:31	+22:05 06:53:00
3	28	Tânia ribeiro	Linces do Marão	Senior Feminino	04:12:26	+27:00 07:01:00

Senior Masculino

1	29	Fábio André da Costa Carvalho	Linces do Marão	Senior Masculino	03:11:23	05:19:00
2	30	Ivo Marques da Silva	Linces do Marão	Senior Masculino	03:25:44	+14:21 05:43:21
3	58	Ricardo Torres	Team Pinhas	Senior Masculino	04:07:44	+56:21 06:53:42
4	17	Ruben Aguiar	Individual	Senior Masculino	04:08:02	+56:39 06:53:42
5	57	José Brandão	Team Pinhas	Senior Masculino	04:47:28	+01:36:05 07:59:47
6	42	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	05:04:01	+01:52:37 08:27:18

Veterana F35

1	6	Rafaela Bento	ARCD Venda da Luisa	Veterana F35	04:39:09	07:45:00
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Veterana F40

1	4	Claudia Coelho	AMA-Mondim Atletismo	Veterana F40	05:39:25	09:26
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Veterana F45

1	8	Silvia Soares	CF Perosinho Trail & Running	Veterana F45	04:19:52	07:13:57
2	47	Sandra Nunes	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	04:21:57	+02:04 07:17:57
3	48	Susana Teixeira	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	04:35:09	+15:17 07:39:57

Veterana F50

1	49	Susana Magalhaes	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F50	04:22:31	07:18:43
2	5	Ana Cunha	Ana Cunha	Veterana F50	04:36:50	+14:19 07:41:02
3	54	Alcina Cruz	Rui Cruz	Veterana F50	05:39:14	+01:16:43 09:25:58

Trail Longo

36 KM

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OFFICIAL RESULT

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Veterana F55

1	33	Rosa da Silva Barros	Linces do Marão	Veterana F55	04:39:09	07:45
2	32	Maria do Céu Rodrigues da Costa	Linces do Marão	Veterana F55	04:46:01	+06:51 07:57
3	11	Lúcia Lemos	CTM VILA POUCA DE AGUIAR	Veterana F55	05:05:52	+26:42 08:30

Veterano M35

1	56	David Gonçalves	S4L / MedenseFC	Veterano M35	03:56:51	06:35:26
2	19	Mário Louzada	Individual	Veterano M35	04:24:17	+27:26 07:20:43
3	12	Ângelo Costa	CTM VILA POUCA DE AGUIAR	Veterano M35	04:29:47	+32:56 07:30:43
4	18	João Borges	Individual	Veterano M35	05:01:29	+01:04:38 08:22:17
5	43	Pedro Alves	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	05:36:17	+01:39:26 09:20:43

Veterano M40

1	37	Luís Miguel Teixeira Leite Pereira	Linces do Marão	Veterano M40	03:19:40	05:33
2	16	Fernando Manuel Pereira Bastos	Grupo Desportivo de Oliveira de Frades	Veterano M40	03:25:45	+06:04 05:43
3	44	Armando Cepeda	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	03:38:17	+18:36 06:04
4	36	Luís Félix	Linces do Marão	Veterano M40	03:46:44	+27:04 06:18
5	35	João Carlos Novais da Silva	Linces do Marão	Veterano M40	03:48:27	+28:46 06:21
6	14	Davide Pacheco	DURIUS AC PESQUEIRA	Veterano M40	04:04:49	+45:09 06:48

Veterano M45

1	38	António Pereira	Linces do Marão	Veterano M45	03:02:37	05:04:37
2	46	Bruno Marques	Montanha Clube Trail Running/Efapel	Veterano M45	03:48:46	+46:08 06:21:11
3	59	Filipe Oliveira Lopes	Viriathvs Runners Viseu	Veterano M45	03:50:11	+47:33 06:24:44
4	13	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	Veterano M45	04:09:33	+01:06:56 06:56:29
5	60	Marco Cursino	Viriathvs Runners Viseu	Veterano M45	04:10:02	+01:07:24 06:57:26
6	50	João Graça	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M45	04:21:56	+01:19:18 07:17:14
7	55	Rui Cruz	Rui Cruz	Veterano M45	04:22:24	+01:19:47 07:17:41
8	9	José Cruz	CF Perosinho Trail & Running	Veterano M45	04:26:04	+01:23:26 07:23:30
9	51	Nuno Rodrigues	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M45	04:35:49	+01:33:12 07:40:51
10	20	José Barroso	Individual	Veterano M45	04:57:52	+01:55:15 08:16:47
11	21	Mike Bradley	Individual	Veterano M45	05:39:25	+02:36:47 09:26:12
12	1	João Oliveira	CHAVES RUNNING TEAM	Veterano M45	05:39:27	+02:36:49 09:26:14

Trail Longo

36 KM

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OFFICIAL RESULT

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Veterano M50

1	22	António Ferreira	Runners do Demo	Veterano M50	03:05:30	05:09:20
2	15	Joaquim Silva	DURIUS AC PESQUEIRA	Veterano M50	04:05:50	+01:00:20 06:50:10
3	52	Luis Alvadia	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M50	04:21:56	+01:16:26 07:17:52
4	23	Martin Ferreira	Individual	Veterano M50	04:33:47	+01:28:17 07:36:04
5	7	Luís Ribeiro	ARRASTASSOLAS	Veterano M50	05:04:00	+01:58:30 08:27:10

Veterano M55

1	40	Miguel Fernando da Silva Barros	Linces do Marão	Veterano M55	03:46:50	06:18:24
2	25	JULIO MARQUEZ RODRIGUEZ	Individual	Veterano M55	03:53:53	+07:03 06:30:27
3	61	Laurindo Osório	Individual	Veterano M55	04:13:20	+26:30 07:02:20
4	24	Germano Carvalho	Individual	Veterano M55	05:03:15	+01:16:24 08:25:39

Veterano M60

1	3	Heitor Cardoso	AD Marco 09	Veterano M60	03:56:18	06:34
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TRAIL CURTO - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:55	10,8°C	86%
End	12:49	10,8°C	86%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	621	Gabriel Zarrete Vilela	Linces do Marão	01:33:20		04:55	
2	503	Paulo Manuel Monteiro da Costa	A.D. AMARANTE	01:38:41	+05:21	05:12	
3	517	Samuel Lobo	AMA-Mondim Atletismo	01:41:38	+08:18	05:21	
4	649	Isma Toro	Lobos do Brunheiro de Chaves / Anteros	01:41:44	+08:24	05:21	
5	529	Leonardo Fernandes	Atletismo de Miranda do Douro-CDMD	01:44:04	+10:44	05:29	
6	522	Manuel Oliveira	AMA-Mondim Atletismo	01:45:37	+12:17	05:34	
7	618	Alexandre Queiroz	Linces do Marão	01:45:55	+12:35	05:34	
8	542	Maikol Simões	CLTT - CLÍNICA LITORALIS TRAIL TEAM	01:46:34	+13:14	05:37	
9	516	Rafael Teixeira	AMA-Mondim Atletismo	01:46:48	+13:28	05:37	
10	655	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	01:47:22	+14:02	05:39	
11	622	José Pedro Golçalves Teixeira	Linces do Marão	01:47:41	+14:21	05:40	
12	586	Carlos Carvalho	Individual	01:47:53	+14:33	05:41	
13	654	Martin Rodrigues	Lobos do Brunheiro de Chaves / Anteros	01:47:59	+14:39	05:41	
14	545	Moises Machado	Clube atlético de codessoso	01:48:27	+15:07	05:42	
15	700	Jesús Ganado Sastre	Individual	01:48:33	+15:13	05:43	
16	635	Luis Filipe Figueira Novais	Linces do Marão	01:51:51	+18:31	05:53	
17	630	Rui Filipe Cigre Fernandes	Linces do Marão	01:52:54	+19:34	05:57	
18	591	José Pedro Moura Campeão	Individual	01:53:13	+19:53	05:58	
19	596	Gonçalo Pimentel	Clube Desportivo Entre Douro & Tua	01:53:21	+20:01	05:58	
20	658	Bruno Lopes	Lobos do Brunheiro de Chaves / Anteros	01:53:26	+20:06	05:58	
21	520	Fernando Moura	AMA-Mondim Atletismo	01:53:44	+20:24	05:59	
22	540	Rui Oliveira	CF Perosinho Trail & Running	01:54:26	+21:06	06:01	
23	532	Vitor Azevedo	Caliscrossbox	01:56:42	+23:22	06:09	
24	543	André Magalhães	Clube atlético de codessoso	01:57:18	+23:58	06:10	
25	608	Filipe Braz	Individual	01:58:31	+25:11	06:14	
26	650	Gonçalo Alves	Lobos do Brunheiro de Chaves / Anteros	01:58:35	+25:15	06:14	
27	566	Bronwyn Humphrys	Individual	01:58:48	+25:28	06:15	
28	644	Simão Batista	Lobos do Brunheiro de Chaves / Anteros	01:58:54	+25:34	06:15	
29	518	Afonso Seca	AMA-Mondim Atletismo	01:59:17	+25:57	06:17	
30	620	Bruno Miguel Morais Teixeira	Linces do Marão	01:59:47	+26:27	06:18	
31	573	Eduardo Ferreira	Caliscrossbox	02:00:06	+26:46	06:19	
32	624	Lara Fabiana Paradela de Fernandes	Linces do Marão	02:00:36	+27:16	06:21	
33	604	Pedro Sousa	Individual	02:01:12	+27:52	06:23	
34	526	José Oliveira	AMA-Mondim Atletismo	02:01:25	+28:05	06:23	
35	552	Rui Tomé	Clube Desportivo Entre Douro & Tua	02:01:58	+28:38	06:25	
36	592	Márcio Nóbrega	Individual	02:04:06	+30:46	06:32	
37	550	André Martins	Clube Desportivo Entre Douro & Tua	02:04:33	+31:13	06:33	
38	660	Marco Santos	Mirandela a Correr	02:04:42	+31:22	06:34	
39	613	Luís Fonseca	Individual	02:04:48	+31:28	06:34	
40	544	Francisco Magalhães	Clube atlético de codessoso	02:05:42	+32:22	06:37	
41	599	Jorge Ricardo	Individual	02:06:42	+33:22	06:40	

TRAIL CURTO - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	556	Carlos Sousa	CTM VILA POUCA DE AGUIAR	02:07:37	+34:17	06:43	
43	580	Alexandre Ferreira da Veiga	Individual	02:07:45	+34:25	06:43	
44	687	Manuel Campos	Viriathvs Runners Viseu	02:07:57	+34:37	06:44	
45	672	Gilberto Correia	NÚCLEO DE ATLETISMO DE VILA REAL	02:08:37	+35:17	06:46	
46	605	Sérgio gomes	Caliscrossbox	02:08:54	+35:34	06:47	
47	668	Florbela Alves	NÚCLEO DE ATLETISMO DE VILA REAL	02:09:32	+36:12	06:49	
48	689	Tomaz Jorge Monteiro da Fonseca	Viriathvs Runners Viseu	02:09:39	+36:19	06:49	
49	598	Jesús Carro Pernia	Individual	02:09:48	+36:28	06:50	
50	677	David Fonseca	Team Pinhas	02:10:09	+36:49	06:51	
51	539	Leandro Ferreira	CF Perosinho Trail & Running	02:10:22	+37:02	06:52	
52	669	Bruno Peixoto	NÚCLEO DE ATLETISMO DE VILA REAL	02:11:24	+38:04	06:55	
53	535	Paulo Tavares	CCD Crédito Agrícola	02:12:10	+38:50	06:57	
54	633	Estêvão Gonçalves	Linces do Marão	02:13:01	+39:41	07:00	
55	571	André Machado	Individual	02:13:13	+39:53	07:01	
56	670	Nelson Silva	NÚCLEO DE ATLETISMO DE VILA REAL	02:13:54	+40:34	07:03	
57	666	Sara Santos	NÚCLEO DE ATLETISMO DE VILA REAL	02:14:01	+40:41	07:03	
58	688	Paulo Silva	Viriathvs Runners Viseu	02:14:30	+41:10	07:05	
59	587	Domingos Martins	Individual	02:14:55	+41:35	07:06	
60	632	Antonio Silva	Linces do Marão	02:15:22	+42:02	07:07	
61	525	Luis Costa	AMA-Mondim Atletismo	02:15:33	+42:13	07:08	
62	524	Jorge Alves	AMA-Mondim Atletismo	02:15:37	+42:17	07:08	
63	572	Carlos Manuel Soares Lourenço	Individual	02:16:53	+43:33	07:12	
64	629	Hélio Maurício Moutinho Polido	Linces do Marão	02:16:54	+43:34	07:12	
65	663	Joana Marreco	Montanha Clube Trail Running/Efapel	02:17:19	+43:59	07:14	
66	533	Susana Soares	Caliscrossbox	02:17:35	+44:15	07:14	
67	558	Olga Gouveia	DURIUS AC PESQUEIRA	02:17:44	+44:24	07:15	
68	647	Paula Adagoi	Lobos do Brunheiro de Chaves / Anteros	02:17:59	+44:39	07:16	
69	527	João Moreira	Amigos 100 Limites	02:18:39	+45:19	07:18	
70	551	Nuno fernandes	Clube Desportivo Entre Douro & Tua	02:18:46	+45:26	07:18	
71	616	Antonio Carlos	Individual	02:19:26	+46:06	07:20	
72	646	Marlene Pereira	Lobos do Brunheiro de Chaves / Anteros	02:20:31	+47:11	07:24	
73	664	Vitor Silva	NOCTURNOS DE PAREDES	02:21:09	+47:49	07:26	
74	588	Hugo Alexandre Matos Santos	Individual	02:22:29	+49:09	07:30	
75	505	Valentim Henriques	A.D. AMARANTE	02:23:05	+49:45	07:32	
76	667	Arlete Gomes	NÚCLEO DE ATLETISMO DE VILA REAL	02:23:22	+50:02	07:33	
77	671	Pedro Nunes	NÚCLEO DE ATLETISMO DE VILA REAL	02:23:41	+50:21	07:34	
78	534	Nuno Rebelo	Caliscrossbox	02:23:59	+50:39	07:35	
79	627	Carlos Mesquita	Linces do Marão	02:25:43	+52:23	07:40	
80	636	Nelson dos Santos Corriça Afonso	Linces do Marão	02:25:43	+52:23	07:40	
81	560	Diogo Mendes	Familia Mendes	02:26:20	+53:00	07:42	
82	617	Manuel Neves	Individual	02:26:35	+53:15	07:43	
83	639	Jéssica da Silva	Lobos do Brunheiro de Chaves / Anteros	02:26:37	+53:17	07:43	
84	651	Igor Rodrigues	Lobos do Brunheiro de Chaves / Anteros	02:26:45	+53:25	07:43	
85	643	Sérgio Guimarães	Lobos do Brunheiro de Chaves / Anteros	02:26:47	+53:27	07:44	
86	531	Stefan Pitrez	Caliscrossbox	02:27:26	+54:06	07:46	
87	519	Rosa Saldanha	AMA-Mondim Atletismo	02:27:53	+54:33	07:47	

TRAIL CURTO - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	530	Rui Freitas	BikeAventuraAlijó	02:28:11	+54:51	07:48	
89	662	Joaquim Guilherme Mendes Pais	Montanha Clube Mangualde	02:29:13	+55:53	07:51	
90	681	Gorete dos Santos Oliveira Pereira	Viriathvs Runners Viseu	02:29:14	+55:54	07:51	
91	576	João Lucena	Individual	02:29:32	+56:12	07:52	
92	553	Estefânia Pinto	CTM VILA POUCA DE AGUIAR	02:30:02	+56:42	07:54	
93	679	João oliveira	Team Pinhas	02:30:03	+56:43	07:54	
94	603	Nuno Lopes	Individual	02:30:08	+56:48	07:54	
95	657	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	02:31:04	+57:44	07:57	
96	693	Pedro Manuel Nunes Martins	AZTrail	02:32:54	+59:34	08:03	
97	692	Gonçalo Santos	Individual	02:33:20	+01:00:00	08:04	
98	507	Ana Silva	AFISOVAR	02:35:01	+01:01:41	08:10	
99	508	ANTÓNIO FERREIRA	AFISOVAR	02:35:01	+01:01:41	08:10	
100	614	MANUEL VITORINO TEIXEIRA CARDOSO	Individual	02:35:44	+01:02:24	08:12	
101	680	Lucilia Fernandes	Viriathvs Runners Viseu	02:36:24	+01:03:04	08:14	
102	656	Paulo Santos	Lobos do Brunheiro de Chaves / Anteros	02:36:43	+01:03:23	08:15	
103	648	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	02:36:44	+01:03:24	08:15	
104	642	Mattia Cruzeiro	Lobos do Brunheiro de Chaves / Anteros	02:36:45	+01:03:25	08:15	
105	640	Macy Monteiro	Lobos do Brunheiro de Chaves / Anteros	02:36:45	+01:03:25	08:15	
106	685	Anselmo Dias	Viriathvs Runners Viseu	02:36:50	+01:03:30	08:15	
107	686	Miguel Batista	Viriathvs Runners Viseu	02:36:51	+01:03:31	08:15	
108	682	Otília Carneiro	Viriathvs Runners Viseu	02:36:51	+01:03:31	08:15	
109	607	Eduardo cardoso	Individual	02:37:00	+01:03:40	08:16	
110	559	Paulo Alves	DURIUS AC PESQUEIRA	02:37:42	+01:04:22	08:18	
111	582	Sandra Ribeiro	Individual	02:37:56	+01:04:36	08:19	
112	606	Sérgio Pereira	Individual	02:38:56	+01:05:36	08:22	
113	684	Fátima Costa	Viriathvs Runners Viseu	02:38:57	+01:05:37	08:22	
114	554	Cristina Saraiva	CTM VILA POUCA DE AGUIAR	02:39:14	+01:05:54	08:23	
115	563	André Matos	HERE4BEER	02:39:16	+01:05:56	08:23	
116	562	Daniel Leal	Geadas Running	02:39:54	+01:06:34	08:25	
117	578	Nuno Moreira	Individual	02:40:01	+01:06:41	08:25	
118	569	Sara Afonso Ribeiro Pinto	Individual	02:40:12	+01:06:52	08:26	
119	502	Marco Paulo Ribeiro Nunes	A.D. AMARANTE	02:40:32	+01:07:12	08:27	
120	509	Carlos Campos	AFISOVAR	02:41:14	+01:07:54	08:29	
121	547	Tiago Caseiro	Clube Atlético de Macedo de Cavaleiros	02:45:04	+01:11:44	08:41	
122	548	Rui Lopes	Clube Atlético de Macedo de Cavaleiros	02:45:04	+01:11:44	08:41	
123	561	Marília Guedes	Geadas Running	02:46:07	+01:12:47	08:45	
124	678	Fabio silva	Team Pinhas	02:46:15	+01:12:55	08:45	
125	528	Armindo Torres Lopes	ARC Vale S. Cosme	02:46:18	+01:12:58	08:45	
126	600	Leandro Costa	Individual	02:48:50	+01:15:30	08:53	
127	653	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	02:53:33	+01:20:13	09:08	
128	515	Ivete Alves	Alibox	02:54:12	+01:20:52	09:10	
129	510	Rui Filipe Correia Leite	Alcateia da bila	02:54:16	+01:20:56	09:10	
130	512	José Jorge Alves Fernandes	Alcateia da bila	02:54:16	+01:20:56	09:10	
131	511	João Carlos Dias Morais	Alcateia da bila	02:54:16	+01:20:56	09:10	
132	513	Nuno Miguel Correia Leite	Alcateia da bila	02:54:16	+01:20:56	09:10	

TRAIL CURTO - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	579	Rafael marques	Individual	02:54:30	+01:21:10	09:11	
134	584	José bessa	Individual	02:55:30	+01:22:10	09:14	
135	590	João Queirós	Individual	02:56:52	+01:23:32	09:19	
136	690	Daniel Conde	Individual	03:03:29	+01:30:09	09:39	
137	570	Alexandre Rodrigues de Carvalho	Individual	03:04:52	+01:31:32	09:44	
138	536	Andreia Duarte	CF Perosinho Trail & Running	03:07:37	+01:34:17	09:52	
139	514	Pedro Nuno Santos Lopes Minhava	Alcateia da bila	03:07:48	+01:34:28	09:53	
140	610	Carlos Pereira	Individual	03:07:49	+01:34:29	09:53	
141	538	Ana Vilas	CF Perosinho Trail & Running	03:08:49	+01:35:29	09:56	
142	568	MiMi Ladeira	Individual	03:11:21	+01:38:01	10:04	
143	581	Inês Santos	Individual	03:11:21	+01:38:01	10:04	
144	659	Cristina Ramires	Mirandela a Correr	03:11:21	+01:38:01	10:04	
145	574	Fernando Pacheco	Individual	03:12:54	+01:39:34	10:09	
146	567	Filipa Correia	Individual	03:12:55	+01:39:35	10:09	
147	645	Mara Machado	Lobos do Brunheiro de Chaves / Anteros	03:15:51	+01:42:31	10:18	
148	593	Vitor Peixoto	Individual	03:16:07	+01:42:47	10:19	
149	665	João Rocha	NÓIS & VÓIS	03:20:07	+01:46:47	10:32	
150	675	João Silva	RUN 4 FUN	03:20:53	+01:47:33	10:34	
151	506	António Veríssimo Pereira Gonçalves	A.D. AMARANTE	03:22:09	+01:48:49	10:38	
152	564	Fernando Manuel Silveira Lopes	Impar Running Team	03:37:06	+02:03:46	11:26	
153	565	Luís Hilário dos Santos Ramos	Impar Running Team	03:37:12	+02:03:52	11:26	
154	611	Fernando Almeida	Individual	03:37:12	+02:03:52	11:26	
155	537	Lurdes Oliveira	CF Perosinho Trail & Running	03:37:49	+02:04:29	11:28	
156	626	Ana Paula Teixeira Marcelino	Linces do Marão	03:37:49	+02:04:29	11:28	
157	501	Pedro Gonçalves	Vassoura NTN	03:48:16	+02:14:56	12:01	

Trail Curto

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:55	10,8°C	86%
End	12:49	10,8°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	566	Bronwyn Humphrys	Individual	Senior Feminino	01:58:48		06:15:48
2	639	Jéssica da Silva	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:26:37	+27:49	07:43:36
3	553	Estefânia Pinto	CTM VILA POUCA DE AGUIAR	Senior Feminino	02:30:02	+31:14	07:54:50
4	640	Macy Monteiro	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:36:45	+37:56	08:15:01
5	569	Sara Afonso Ribeiro Pinto	Individual	Senior Feminino	02:40:12	+41:23	08:26:13
6	568	MiMi Ladeira	Individual	Senior Feminino	03:11:21	+01:12:32	10:04:45
7	567	Filipa Correia	Individual	Senior Feminino	03:12:55	+01:14:06	10:09:00

Senior Masculino

1	621	Gabriel Zarrete Vilela	Linces do Marão	Senior Masculino	01:33:20		04:55
2	517	Samuel Lobo	AMA-Mondim Atletismo	Senior Masculino	01:41:38	+08:17	05:21
3	618	Alexandre Queiroz	Linces do Marão	Senior Masculino	01:45:55	+12:35	05:34
4	516	Rafael Teixeira	AMA-Mondim Atletismo	Senior Masculino	01:46:48	+13:28	05:37
5	622	José Pedro Golçalves Teixeira	Linces do Marão	Senior Masculino	01:47:41	+14:20	05:40
6	540	Rui Oliveira	CF Perosinho Trail & Running	Senior Masculino	01:54:26	+21:06	06:01
7	532	Vitor Azevedo	Caliscrossbox	Senior Masculino	01:56:42	+23:21	06:09
8	543	André Magalhães	Clube atlético de codessoso	Senior Masculino	01:57:18	+23:58	06:10
9	620	Bruno Miguel Morais Teixeira	Linces do Marão	Senior Masculino	01:59:47	+26:27	06:18
10	573	Eduardo Ferreira	Caliscrossbox	Senior Masculino	02:00:06	+26:45	06:19
11	550	André Martins	Clube Desportivo Entre Douro & Tua	Senior Masculino	02:04:33	+31:13	06:33
12	677	David Fonseca	Team Pinhas	Senior Masculino	02:10:09	+36:48	06:51
13	571	André Machado	Individual	Senior Masculino	02:13:13	+39:52	07:01
14	572	Carlos Manuel Soares Lourenço	Individual	Senior Masculino	02:16:53	+43:32	07:12
15	560	Diogo Mendes	Familia Mendes	Senior Masculino	02:26:20	+52:59	07:42
16	643	Sérgio Guimarães	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:26:47	+53:26	07:44
17	531	Stefan Pitrez	Caliscrossbox	Senior Masculino	02:27:26	+54:05	07:46
18	576	João Lucena	Individual	Senior Masculino	02:29:32	+56:11	07:52
19	679	João oliveira	Team Pinhas	Senior Masculino	02:30:03	+56:42	07:54
20	692	Gonçalo Santos	Individual	Senior Masculino	02:33:20	+59:59	08:04
21	642	Mattia Cruzeiro	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:36:45	+01:03:24	08:15
22	578	Nuno Moreira	Individual	Senior Masculino	02:40:01	+01:06:40	08:25
23	678	Fabio silva	Team Pinhas	Senior Masculino	02:46:15	+01:12:54	08:45
24	579	Rafael marques	Individual	Senior Masculino	02:54:30	+01:21:09	09:11
25	570	Alexandre Rodrigues de Carvalho	Individual	Senior Masculino	03:04:52	+01:31:31	09:44

Official Timekeeper: Lap2Go	1 / 6	generate 16-nov.-2025 12:53
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Trail Curto

19 KM

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OFFICIAL RESULT

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26	574	Fernando Pacheco	Individual	Senior Masculino	03:12:54	+01:39:33	10:09
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Sub 23 Feminino

1	624	Lara Fabiana Paradela de Fernandes	Linces do Marão	Sub 23 Feminino	02:00:36	06:21
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Sub 23 Masculino

1	658	Bruno Lopes	Lobos do Brunheiro de Chaves / Anteros	Sub 23 Masculino	01:53:26		05:58
2	644	Simão Batista	Lobos do Brunheiro de Chaves / Anteros	Sub 23 Masculino	01:58:54	+05:28	06:15
3	518	Afonso Seca	AMA-Mondim Atletismo	Sub 23 Masculino	01:59:17	+05:51	06:17
4	580	Alexandre Ferreira da Veiga	Individual	Sub 23 Masculino	02:07:45	+14:19	06:43

Veterana F35

1	666	Sara Santos	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F35	02:14:01	07:03
2	645	Mara Machado	Lobos do Brunheiro de Chaves / Anteros	Veterana F35	03:15:51	+01:01:50 10:18

Veterana F40

1	663	Joana Marreco	Montanha Clube Trail Running/Efapel	Veterana F40	02:17:19	07:14
2	533	Susana Soares	Caliscrossbox	Veterana F40	02:17:35	+00:15 07:14
3	646	Marlene Pereira	Lobos do Brunheiro de Chaves / Anteros	Veterana F40	02:20:31	+03:11 07:24
4	561	Marília Guedes	Geadas Running	Veterana F40	02:46:07	+28:47 08:45
5	581	Inês Santos	Individual	Veterana F40	03:11:21	+54:01 10:04

Veterana F45

1	668	Florbela Alves	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	02:09:32		06:49
2	667	Arlete Gomes	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	02:23:22	+13:49	07:33
3	680	Lucilia Fernandes	Viriathvs Runners Viseu	Veterana F45	02:36:24	+26:52	08:14
4	515	Ivete Alves	Alibox	Veterana F45	02:54:12	+44:40	09:10
5	536	Andreia Duarte	CF Perosinho Trail & Running	Veterana F45	03:07:37	+58:05	09:52

Veterana F50

1	558	Olga Gouveia	DURIUS AC PESQUEIRA	Veterana F50	02:17:44	07:15
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Trail Curto

19 KM

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OFFICIAL RESULT

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2	647	Paula Adagoi	Lobos do Brunheiro de Chaves / Anteros	Veterana F50	02:17:59	+00:15	07:16
3	519	Rosa Saldanha	AMA-Mondim Atletismo	Veterana F50	02:27:53	+10:09	07:47
4	681	Gorete dos Santos Oliveira Pereira	Viriathvs Runners Viseu	Veterana F50	02:29:14	+11:30	07:51
5	507	Ana Silva	AFISOVAR	Veterana F50	02:35:01	+17:17	08:10
6	682	Otilia Carneiro	Viriathvs Runners Viseu	Veterana F50	02:36:51	+19:07	08:15
7	582	Sandra Ribeiro	Individual	Veterana F50	02:37:56	+20:12	08:19
8	659	Cristina Ramires	Mirandela a Correr	Veterana F50	03:11:21	+53:37	10:04

Veterana F55

1	538	Ana Vilas	CF Perosinho Trail & Running	Veterana F55	03:08:49	09:56
2	626	Ana Paula Teixeira Marcelino	Linces do Marão	Veterana F55	03:37:49	+29:00 11:28

Veterana F60

1	684	Fátima Costa	Viriathvs Runners Viseu	Veterana F60	02:38:57	08:22
2	554	Cristina Saraiva	CTM VILA POUCA DE AGUIAR	Veterana F60	02:39:14	+00:17 08:23

Veterana F65

1	537	Lurdes Oliveira	CF Perosinho Trail & Running	Veterana F65	03:37:49	11:28
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Veterano M35

1	649	Isma Toro	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	01:41:44		05:21
2	529	Leonardo Fernandes	Atletismo de Miranda do Douro-CDMD	Veterano M35	01:44:04	+02:20	05:29
3	544	Francisco Magalhães	Clube atlético de codessoso	Veterano M35	02:05:42	+23:57	06:37
4	664	Vitor Silva	NOCTURNOS DE PAREDES	Veterano M35	02:21:09	+39:25	07:26
5	627	Carlos Mesquita	Linces do Marão	Veterano M35	02:25:43	+43:58	07:40
6	636	Nelson dos Santos Correça Afonso	Linces do Marão	Veterano M35	02:25:43	+43:58	07:40
7	693	Pedro Manuel Nunes Martins	AZTrail	Veterano M35	02:32:54	+51:09	08:03
8	648	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	02:36:44	+55:00	08:15
9	563	André Matos	HERE4BEER	Veterano M35	02:39:16	+57:31	08:23
10	584	José bessa	Individual	Veterano M35	02:55:30	+01:13:45	09:14
11	501	Pedro Gonçalves	Vassoura NTN	Veterano M35	03:48:16	+02:06:31	12:01

Veterano M40

1	542	Maikol Simões	CLTT - CLÍNICA LITORALIS TRAIL TEAM	Veterano M40	01:46:34	05:37
2	586	Carlos Carvalho	Individual	Veterano M40	01:47:53	+01:19 05:41
3	700	Jesús Ganado Sastre	Individual	Veterano M40	01:48:33	+01:58 05:43

Official Timekeeper: Lap2Go	3 / 6	generate 16-nov.-2025 12:53
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Trail Curto

19 KM

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OFFICIAL RESULT

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4	630	Rui Filipe Cigre Fernandes	Linces do Marão	Veterano M40	01:52:54	+06:20	05:57
5	591	José Pedro Moura Campeão	Individual	Veterano M40	01:53:13	+06:38	05:58
6	520	Fernando Moura	AMA-Mondim Atletismo	Veterano M40	01:53:44	+07:09	05:59
7	650	Gonçalo Alves	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:58:35	+12:00	06:14
8	592	Márcio Nóbrega	Individual	Veterano M40	02:04:06	+17:32	06:32
9	539	Leandro Ferreira	CF Perosinho Trail & Running	Veterano M40	02:10:22	+23:48	06:52
10	587	Domingos Martins	Individual	Veterano M40	02:14:55	+28:21	07:06
11	629	Hélio Maurício Moutinho Polido	Linces do Marão	Veterano M40	02:16:54	+30:19	07:12
12	588	Hugo Alexandre Matos Santos	Individual	Veterano M40	02:22:29	+35:54	07:30
13	534	Nuno Rebelo	Caliscrossbox	Veterano M40	02:23:59	+37:24	07:35
14	651	Igor Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	02:26:45	+40:10	07:43
15	562	Daniel Leal	Geadas Running	Veterano M40	02:39:54	+53:19	08:25
16	547	Tiago Caseiro	Clube Atlético de Macedo de Cavaleiros	Veterano M40	02:45:04	+58:29	08:41
17	590	João Queirós	Individual	Veterano M40	02:56:52	+01:10:17	09:19
18	690	Daniel Conde	Individual	Veterano M40	03:03:29	+01:16:54	09:39
19	593	Vitor Peixoto	Individual	Veterano M40	03:16:07	+01:29:32	10:19

Veterano M45

1	503	Paulo Manuel Monteiro da Costa	A.D. AMARANTE	Veterano M45	01:38:41	05:12
2	522	Manuel Oliveira	AMA-Mondim Atletismo	Veterano M45	01:45:37	+06:56 05:34
3	655	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	01:47:22	+08:41 05:39
4	654	Martin Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	01:47:59	+09:18 05:41
5	545	Moises Machado	Clube atlético de codessoso	Veterano M45	01:48:27	+09:46 05:42
6	635	Luis Filipe Figueira Novais	Linces do Marão	Veterano M45	01:51:51	+13:09 05:53
7	596	Gonçalo Pimentel	Clube Desportivo Entre Douro & Tua	Veterano M45	01:53:21	+14:39 05:58
8	604	Pedro Sousa	Individual	Veterano M45	02:01:12	+22:31 06:23
9	552	Rui Tomé	Clube Desportivo Entre Douro & Tua	Veterano M45	02:01:58	+23:16 06:25
10	660	Marco Santos	Mirandela a Correr	Veterano M45	02:04:42	+26:00 06:34
11	599	Jorge Ricardo	Individual	Veterano M45	02:06:42	+28:01 06:40
12	605	Sérgio gomes	Caliscrossbox	Veterano M45	02:08:54	+30:13 06:47
13	598	Jesús Carro Pernia	Individual	Veterano M45	02:09:48	+31:06 06:50
14	669	Bruno Peixoto	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M45	02:11:24	+32:43 06:55
15	633	Estêvão Gonçalves	Linces do Marão	Veterano M45	02:13:01	+34:19 07:00
16	670	Nelson Silva	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M45	02:13:54	+35:13 07:03
17	632	Antonio Silva	Linces do Marão	Veterano M45	02:15:22	+36:41 07:07
18	551	Nuno fernandes	Clube Desportivo Entre Douro & Tua	Veterano M45	02:18:46	+40:05 07:18
19	671	Pedro Nunes	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M45	02:23:41	+45:00 07:34

Official Timekeeper: Lap2Go	4 / 6	generate 16-nov.-2025 12:53
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Trail Curto

19 KM

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OFFICIAL RESULT

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20	662	Joaquim Guilherme Mendes Pais	Montanha Clube Mangualde	Veterano M45	02:29:13	+50:32	07:51
21	603	Nuno Lopes	Individual	Veterano M45	02:30:08	+51:26	07:54
22	656	Paulo Santos	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:36:43	+58:02	08:15
23	606	Sérgio Pereira	Individual	Veterano M45	02:38:56	+01:00:15	08:22
24	502	Marco Paulo Ribeiro Nunes	A.D. AMARANTE	Veterano M45	02:40:32	+01:01:51	08:27
25	600	Leandro Costa	Individual	Veterano M45	02:48:50	+01:10:09	08:53
26	653	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:53:33	+01:14:52	09:08
27	510	Rui Filipe Correia Leite	Alcateia da bila	Veterano M45	02:54:16	+01:15:35	09:10

Veterano M50

1	608	Filipe Braz	Individual	Veterano M50	01:58:31	06:14
2	672	Gilberto Correia	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M50	02:08:37	+10:06 06:46
3	535	Paulo Tavares	CCD Crédito Agricola	Veterano M50	02:12:10	+13:38 06:57
4	524	Jorge Alves	AMA-Mondim Atletismo	Veterano M50	02:15:37	+17:05 07:08
5	530	Rui Freitas	BikeAventuraAlijó	Veterano M50	02:28:11	+29:40 07:48
6	657	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	Veterano M50	02:31:04	+32:33 07:57
7	508	ANTÓNIO FERREIRA	AFISOVAR	Veterano M50	02:35:01	+36:30 08:10
8	685	Anselmo Dias	Viriathvs Runners Viseu	Veterano M50	02:36:50	+38:19 08:15
9	686	Miguel Batista	Viriathvs Runners Viseu	Veterano M50	02:36:51	+38:19 08:15
10	607	Eduardo cardoso	Individual	Veterano M50	02:37:00	+38:29 08:16
11	548	Rui Lopes	Clube Atlético de Macedo de Cavaleiros	Veterano M50	02:45:04	+46:33 08:41
12	512	José Jorge Alves Fernandes	Alcateia da bila	Veterano M50	02:54:16	+55:45 09:10
13	511	João Carlos Dias Morais	Alcateia da bila	Veterano M50	02:54:16	+55:45 09:10
14	513	Nuno Miguel Correia Leite	Alcateia da bila	Veterano M50	02:54:16	+55:45 09:10
15	514	Pedro Nuno Santos Lopes Minhava	Alcateia da bila	Veterano M50	03:07:48	+01:09:17 09:53
16	665	João Rocha	NÓIS & VÓIS	Veterano M50	03:20:07	+01:21:36 10:32
17	564	Fernando Manuel Silveira Lopes	Impar Running Team	Veterano M50	03:37:06	+01:38:35 11:26
18	565	Luís Hilário dos Santos Ramos	Impar Running Team	Veterano M50	03:37:12	+01:38:40 11:26

Veterano M55

1	613	Luís Fonseca	Individual	Veterano M55	02:04:48	06:34
2	556	Carlos Sousa	CTM VILA POUCA DE AGUIAR	Veterano M55	02:07:37	+02:48 06:43
3	687	Manuel Campos	Viriathvs Runners Viseu	Veterano M55	02:07:57	+03:09 06:44
4	688	Paulo Silva	Viriathvs Runners Viseu	Veterano M55	02:14:30	+09:42 07:05
5	525	Luis Costa	AMA-Mondim Atletismo	Veterano M55	02:15:33	+10:44 07:08
6	505	Valentim Henriques	A.D. AMARANTE	Veterano M55	02:23:05	+18:17 07:32
7	614	MANUEL VITORINO TEIXEIRA CARDOSO	Individual	Veterano M55	02:35:44	+30:55 08:12
8	559	Paulo Alves	DURIUS AC PESQUEIRA	Veterano M55	02:37:42	+32:54 08:18
9	509	Carlos Campos	AFISOVAR	Veterano M55	02:41:14	+36:25 08:29

Official Timekeeper: Lap2Go	5 / 6	generate 16-nov.-2025 12:53
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Trail Curto

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

10	528	Armindo Torres Lopes	ARC Vale S. Cosme	Veterano M55	02:46:18	+41:29	08:45
11	610	Carlos Pereira	Individual	Veterano M55	03:07:49	+01:03:00	09:53
12	611	Fernando Almeida	Individual	Veterano M55	03:37:12	+01:32:23	11:26

Veterano M60

1	526	José Oliveira	AMA-Mondim Atletismo	Veterano M60	02:01:25	06:23
2	527	João Moreira	Amigos 100 Limites	Veterano M60	02:18:39	+17:13 07:18
3	506	António Veríssimo Pereira Gonçalves	A.D. AMARANTE	Veterano M60	03:22:09	+01:20:44 10:38

Veterano M65

1	689	Tomaz Jorge Monteiro da Fonseca	Viriathvs Runners Viseu	Veterano M65	02:09:39	06:49
2	616	Antonio Carlos	Individual	Veterano M65	02:19:26	+09:46 07:20
3	617	Manuel Neves	Individual	Veterano M65	02:26:35	+16:55 07:43
4	675	João Silva	RUN 4 FUN	Veterano M65	03:20:53	+01:11:14 10:34

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 16-nov.-2025 12:54
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MINI TRAIL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	10,8°C	86%
End	11:51	10,8°C	86%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1008	Mário torrado	Atletismo de Miranda do Douro-CDMD	46:35		04:40	
2	1085	Manuel Curral	ARA - Alfandeguense	48:05	+01:30	04:48	
3	1035	Tiago Ferreira	Fox Running team	49:19	+02:44	04:56	
4	1081	Fábio Campos	Sport Sup	50:00	+03:25	05:00	
5	1022	Nuno Monteiro	EDV - Viana Trail	50:33	+03:58	05:03	
6	1052	Ignacio Feijoo Traveso	Individual	51:24	+04:49	05:08	
7	1065	Rubén Melo	Lobos do Brunheiro de Chaves / Anteros	55:59	+09:24	05:36	
8	1042	Tiago Silva	Individual	58:20	+11:45	05:50	
9	1064	Francisco Queiroz Silva	Linces do Marão	59:16	+12:41	05:56	
10	1040	Nuno Cunha	Geadas Running	01:02:38	+16:03	06:16	
11	1057	Luís Botelho	Individual	01:03:33	+16:58	06:21	
12	1011	Alcides Santos	Caliscrossbox	01:04:14	+17:39	06:25	
13	1010	Susana Padilha	Caliscrossbox	01:05:15	+18:40	06:32	
14	1013	Tiago Machado	Caliscrossbox	01:05:15	+18:40	06:32	
15	1044	Sara Baptista	Individual	01:06:51	+20:16	06:41	
16	1078	Luis Gomes	NÚCLEO DE ATLETISMO DE VILA REAL	01:08:51	+22:16	06:53	
17	1060	Nuno Silva	Individual	01:10:52	+24:17	07:05	
18	1051	HUGO FUNDO	Individual	01:11:01	+24:26	07:06	
19	1054	John Hovius	Individual	01:11:08	+24:33	07:07	
20	1049	Daniel cunha	Individual	01:11:20	+24:45	07:08	
21	1062	Afonso Pereira	Linces do Marão	01:11:37	+25:02	07:10	
22	1055	José Pedro Felgar Pinto	Individual	01:12:03	+25:28	07:12	
23	1034	Catarina Caria	Fox Running team	01:12:40	+26:05	07:16	
24	1039	Francisco Sousa Teixeira	Geadas Running	01:12:52	+26:17	07:17	
25	1015	Hélder Trigo	CLTT - CLÍNICA LITORALIS TRAIL TEAM	01:13:03	+26:28	07:18	
26	1043	Jenifer Espinosa Freitas	Individual	01:13:19	+26:44	07:20	
27	1029	Henrique de Barros Moreira	Familia Mendes	01:13:52	+27:17	07:23	
28	1032	João Moreira	Familia Mendes	01:13:52	+27:17	07:23	
29	1047	Burno Peixoto	Individual	01:14:16	+27:41	07:26	
30	1080	Rui Silva	Valongo trail team	01:17:20	+30:45	07:44	
31	1012	José Martins	Caliscrossbox	01:17:56	+31:21	07:48	
32	1009	Joana Carneiro	Caliscrossbox	01:17:56	+31:21	07:48	
33	1076	Bruno Silva	Mirandela a Correr	01:19:20	+32:45	07:56	
34	1041	Carla Andreia Neves Pereira de Almeida	Grupo Desportivo de Oliveira de Frades	01:19:30	+32:55	07:57	
35	1002	Rui Pina	ADA/Lamego Tribo Runners	01:19:32	+32:57	07:57	
36	1045	Sónia Pereira	Individual	01:21:20	+34:45	08:08	
37	1071	Solange Rodrigues	Lobos do Brunheiro de Chaves / Anteros	01:21:25	+34:50	08:09	
38	1073	Tamara Fernandes	Lobos do Brunheiro de Chaves / Anteros	01:21:30	+34:55	08:09	
39	1058	NUNO CARVALHO	Individual	01:21:35	+35:00	08:09	
40	1038	António Quadros	Geadas Running	01:21:36	+35:01	08:10	
41	1030	Juliana Mendes	Familia Mendes	01:23:11	+36:36	08:19	

Official Timekeeper: Lap2Go	1 / 2	generate 16-nov.-2025 11:52
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MINI TRAIL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	1072	Sónia Costa	Lobos do Brunheiro de Chaves / Anteros	01:23:11	+36:36	08:19	
43	1003	Aníbal Freitas	AMA-Mondim Atletismo	01:24:18	+37:43	08:26	
44	1056	José Silveira	Individual	01:26:32	+39:57	08:39	
45	1001	Teresa Pina	ADA/Lamego Tribo Runners	01:26:59	+40:24	08:42	
46	1014	Artur Mário de Carvalho Morais	Caretos OCR	01:27:03	+40:28	08:42	
47	1053	Joaquim Roberto de Araújo Alves	Individual	01:31:05	+44:30	09:07	
48	1005	Paula Moreira	Amigos 100 Limites	01:31:23	+44:48	09:08	
49	1082	Fernanda Carneiro	Linces do Marão	01:33:36	+47:01	09:22	
50	1075	Sandra Vilares	Mirandela a Correr	01:34:02	+47:27	09:24	
51	1074	Carmo Santos	Mirandela a Correr	01:34:03	+47:28	09:24	
52	1004	José Cerdeira	AMA-Mondim Atletismo	01:35:41	+49:06	09:34	
53	1069	Fernanda Rodrigues	Lobos do Brunheiro de Chaves / Anteros	01:35:45	+49:10	09:34	
54	1006	André Fernando Penarroias Cristino	ARA - Alfandeguense	01:35:52	+49:17	09:35	
55	1007	Lídia Simões	ARV Valpereiro	01:36:27	+49:52	09:39	
56	1017	Elisa Rodrigues	Clube Desportivo Entre Douro & Tua	01:40:46	+54:11	10:05	
57	1018	Liliana Cruz	Clube Desportivo Entre Douro & Tua	01:40:46	+54:11	10:05	
58	1046	Teresa Moutinho	Clube Desportivo Entre Douro & Tua	01:40:46	+54:11	10:05	
59	1068	Catarina Lopes	Lobos do Brunheiro de Chaves / Anteros	01:55:33	+01:08:58	11:33	
60	1067	Anabela Penas	Lobos do Brunheiro de Chaves / Anteros	01:55:34	+01:08:59	11:33	
61	1037	Carla Morais	Geadas Running	01:58:44	+01:12:09	11:52	
62	1036	Andreia Brandão	Geadas Running	01:58:46	+01:12:11	11:53	
63	1070	Lara Martinho	Lobos do Brunheiro de Chaves / Anteros	02:03:49	+01:17:14	12:23	
64	1066	Ana Xavier	Lobos do Brunheiro de Chaves / Anteros	02:04:04	+01:17:29	12:24	
65	1061	Vitor Pinto	Individual	02:04:55	+01:18:20	12:30	
66	1016	Ana Karolina de Faria	Clube Desportivo Entre Douro & Tua	02:36:41	+01:50:06	15:40	
67	1019	Olinda Barbosa	Clube Desportivo Entre Douro & Tua	02:36:42	+01:50:07	15:40	
68	1083	Vitor Rodrigues	Vassoura NTN	02:36:42	+01:50:07	15:40	

Mini Trail

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	10,8°C	86%
End	11:51	10,8°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	1078	Luis Gomes	NÚCLEO DE ATLETISMO DE VILA REAL	Junior Masculino	01:08:51	06:53
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Juvenil Masculino

1	1065	Rubén Melo	Lobos do Brunheiro de Chaves / Anteros	Juvenil Masculino	55:59	05:36
2	1042	Tiago Silva	Individual	Juvenil Masculino	58:20	+02:21 05:50
3	1062	Afonso Pereira	Linces do Marão	Juvenil Masculino	01:11:37	+15:37 07:10
4	1029	Henrique de Barros Moreira	Família Mendes	Juvenil Masculino	01:13:52	+17:52 07:23

Senior Feminino

1	1010	Susana Padilha	Caliscrossbox	Senior Feminino	01:05:15	06:32
2	1044	Sara Baptista	Individual	Senior Feminino	01:06:51	+01:36 06:41
3	1034	Catarina Caria	Fox Running team	Senior Feminino	01:12:40	+07:25 07:16
4	1043	Jenifer Espinosa Freitas	Individual	Senior Feminino	01:13:19	+08:03 07:20
5	1009	Joana Carneiro	Caliscrossbox	Senior Feminino	01:17:56	+12:41 07:48
6	1041	Carla Andreia Neves Pereira de Almeida	Grupo Desportivo de Oliveira de Frades	Senior Feminino	01:19:30	+14:14 07:57
7	1045	Sónia Pereira	Individual	Senior Feminino	01:21:20	+16:04 08:08
8	1071	Solange Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:21:25	+16:10 08:09
9	1073	Tamara Fernandes	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:21:30	+16:15 08:09
10	1030	Juliana Mendes	Familia Mendes	Senior Feminino	01:23:11	+17:55 08:19
11	1072	Sónia Costa	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:23:11	+17:55 08:19
12	1001	Teresa Pina	ADA/Lamego Tribo Runners	Senior Feminino	01:26:59	+21:43 08:42
13	1005	Paula Moreira	Amigos 100 Limites	Senior Feminino	01:31:23	+26:08 09:08
14	1082	Fernanda Carneiro	Linces do Marão	Senior Feminino	01:33:36	+28:20 09:22
15	1075	Sandra Vilarés	Mirandela a Correr	Senior Feminino	01:34:02	+28:46 09:24
16	1074	Carmo Santos	Mirandela a Correr	Senior Feminino	01:34:03	+28:47 09:24
17	1069	Fernanda Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:35:45	+30:29 09:34
18	1007	Lídia Simões	ARV Valpereiro	Senior Feminino	01:36:27	+31:11 09:39
19	1017	Elisa Rodrigues	Clube Desportivo Entre Douro & Tua	Senior Feminino	01:40:46	+35:31 10:05
20	1018	Liliana Cruz	Clube Desportivo Entre Douro & Tua	Senior Feminino	01:40:46	+35:31 10:05
21	1046	Teresa Moutinho	Clube Desportivo Entre Douro & Tua	Senior Feminino	01:40:46	+35:31 10:05

Official Timekeeper: Lap2Go	1 / 3	generate 16-nov.-2025 11:52
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Mini Trail

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

22	1068	Catarina Lopes	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:55:33	+50:18	11:33
23	1067	Anabela Penas	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:55:34	+50:18	11:33
24	1037	Carla Morais	Geadas Running	Senior Feminino	01:58:44	+53:29	11:52
25	1036	Andreia Brandão	Geadas Running	Senior Feminino	01:58:46	+53:31	11:53
26	1070	Lara Martinho	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:03:49	+58:33	12:23
27	1066	Ana Xavier	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:04:04	+58:48	12:24
28	1016	Ana Karolina de Faria	Clube Desportivo Entre Douro & Tua	Senior Feminino	02:36:41	+01:31:25	15:40
29	1019	Olinda Barbosa	Clube Desportivo Entre Douro & Tua	Senior Feminino	02:36:42	+01:31:26	15:40

Senior Masculino

1	1008	Mário torrado	Atletismo de Miranda do Douro- CDMD	Senior Masculino	46:35	04:40
2	1085	Manuel Curral	ARA - Alfandeguense	Senior Masculino	48:05	+01:29 04:48
3	1035	Tiago Ferreira	Fox Running team	Senior Masculino	49:19	+02:43 04:56
4	1081	Fábio Campos	Sport Sup	Senior Masculino	50:00	+03:24 05:00
5	1022	Nuno Monteiro	EDV - Viana Trail	Senior Masculino	50:33	+03:57 05:03
6	1052	Ignacio Feijoo Traveso	Individual	Senior Masculino	51:24	+04:48 05:08
7	1064	Francisco Queiroz Silva	Linces do Marão	Senior Masculino	59:16	+12:40 05:56
8	1040	Nuno Cunha	Geadas Running	Senior Masculino	01:02:38	+16:02 06:16
9	1057	Luís Botelho	Individual	Senior Masculino	01:03:33	+16:57 06:21
10	1011	Alcides Santos	Caliscrossbox	Senior Masculino	01:04:14	+17:39 06:25
11	1013	Tiago Machado	Caliscrossbox	Senior Masculino	01:05:15	+18:39 06:32
12	1060	Nuno Silva	Individual	Senior Masculino	01:10:52	+24:17 07:05
13	1051	HUGO FUNDO	Individual	Senior Masculino	01:11:01	+24:25 07:06
14	1054	John Hovius	Individual	Senior Masculino	01:11:08	+24:32 07:07
15	1049	Daniel cunha	Individual	Senior Masculino	01:11:20	+24:44 07:08
16	1055	José Pedro Felgar Pinto	Individual	Senior Masculino	01:12:03	+25:27 07:12
17	1039	Francisco Sousa Teixeira	Geadas Running	Senior Masculino	01:12:52	+26:17 07:17
18	1015	Hélder Trigo	CLTT - CLÍNICA LITORALIS TRAIL TEAM	Senior Masculino	01:13:03	+26:28 07:18
19	1032	João Moreira	Familia Mendes	Senior Masculino	01:13:52	+27:16 07:23
20	1047	Burno Peixoto	Individual	Senior Masculino	01:14:16	+27:40 07:26
21	1080	Rui Silva	Valongo trail team	Senior Masculino	01:17:20	+30:44 07:44
22	1012	José Martins	Caliscrossbox	Senior Masculino	01:17:56	+31:20 07:48
23	1076	Bruno Silva	Mirandela a Correr	Senior Masculino	01:19:20	+32:44 07:56
24	1002	Rui Pina	ADA/Lamego Tribo Runners	Senior Masculino	01:19:32	+32:56 07:57
25	1058	NUNO CARVALHO	Individual	Senior Masculino	01:21:35	+34:59 08:09
26	1038	António Quadros	Geadas Running	Senior Masculino	01:21:36	+35:00 08:10
27	1003	Aníbal Freitas	AMA-Mondim Atletismo	Senior Masculino	01:24:18	+37:42 08:26
28	1056	José Silveira	Individual	Senior Masculino	01:26:32	+39:56 08:39
29	1014	Artur Mário de Carvalho Morais	Caretos OCR	Senior Masculino	01:27:03	+40:27 08:42

Official Timekeeper: Lap2Go	2 / 3	generate 16-nov.-2025 11:52
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RANK	TEAM	DESCRIPTION	POINTS
1	CALISCROSSBOX	12 + 13 + 14	39
2	GEADAS RUNNING	10 + 24 + 40	74
3	LINCES DO MARÃO	9 + 21 + 49	79
4	LOBOS DO BRUNHEIRO DE CHAVES / ANTEROS	7 + 37 + 38	82
5	FAMILIA MENDES	27 + 28 + 41	96
6	MIRANDELA A CORRER	33 + 50 + 51	134
7	CLUBE DESPORTIVO ENTRE DOURO & TUA	56 + 57 + 58	171

UNOFFICIAL RESULT

Mini Trail | atleta do concelho de sabrosa

10000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
1	1062	Afonso Pereira	Linces do Marão	Juvenil Masculino	01:11:37		07:10
2	1039	Francisco Sousa Teixeira	Geadas Running	Senior Masculino	01:12:52	+01:15	07:17

Trail Curto | atleta do concelho de sabrosa

19000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	V/KM
1	586	Carlos Carvalho	Individual	Veterano M40	01:47:53		05:41
2	592	Márcio Nóbrega	Individual	Veterano M40	02:04:06	+16:12	06:32
3	613	Luís Fonseca	Individual	Veterano M55	02:04:48	+16:54	06:34
4	580	Alexandre Ferreira da Veiga	Individual	Sub 23 Masculino	02:07:45	+19:51	06:43
5	672	Gilberto Correia	NÚCLEO DE ATLETISMO DE VILA REAL	Veterano M50	02:08:37	+20:43	06:46
6	605	Sérgio gomes	Caliscrossbox	Veterano M45	02:08:54	+21:00	06:47
7	668	Florbela Alves	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	02:09:32	+21:38	06:49
8	633	Estêvão Gonçalves	Linces do Marão	Veterano M45	02:13:01	+25:07	07:00
9	572	Carlos Manuel Soares Lourenço	Individual	Senior Masculino	02:16:53	+28:59	07:12
10	578	Nuno Moreira	Individual	Senior Masculino	02:40:01	+52:07	08:25
11	561	Marília Guedes	Geadas Running	Veterana F40	02:46:07	+58:13	08:45
12	570	Alexandre Rodrigues de Carvalho	Individual	Senior Masculino	03:04:52	+01:16:58	09:44
13	581	Inês Santos	Individual	Veterana F40	03:11:21	+01:23:27	10:04
14	665	João Rocha	NÓIS & VÓIS	Veterano M50	03:20:07	+01:32:13	10:32

Trail Longo | atleta do concelho de sabrosa

36000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	VKM
1	38	Antônio Pereira	Linces do Marão	Veterano M45	03:02:37		05:04
2	61	Laurindo Osório	Individual	Veterano M55	04:13:20	+01:10:42	07:02