

ELITE INTERNACIONAL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:00	23,4°C	55%
End	16:37	24°C	61%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	513	Nelson Loureiro	Pegasus OCR ProTeam	51:09		05:07	
2	504	Carlos Pinto	Exército de Portugal	53:57	+02:48	05:24	
3	515	Marco Lopes	Pegasus OCR ProTeam	54:33	+03:24	05:27	
4	514	Rui Silva	Pegasus OCR ProTeam	56:15	+05:06	05:38	
5	501	Adelino Moreira	Black Bull	01:01:46	+10:37	06:11	
6	510	Gonçalo José Gomes Meneses Pimentel	Individual	01:02:34	+11:25	06:15	
7	502	Telmo Pereira	Black Bull	01:12:22	+21:13	07:14	
8	506	Ricardo Pereira Tinoco	Individual	01:14:39	+23:30	07:28	
9	511	Viktor Strelbitskiy	Individual	01:15:54	+24:45	07:35	
10	509	Paulo Jorge Pereira de Sousa	Individual	01:26:38	+35:29	08:40	
11	507	Cláudio José da Silva Macieira	Individual	01:33:49	+42:40	09:23	

Elite Internacional

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:00	23,4°C	55%
End	16:37	24°C	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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25-29 Masculino

1	506	Ricardo Pereira Tinoco	Individual	25-29 Masculino	01:14:39	07:28
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30-34 Masculino

1	514	Rui Silva	Pegasus OCR ProTeam	30-34 Masculino	56:15	05:38
2	507	Cláudio José da Silva Macieira	Individual	30-34 Masculino	01:33:49	+37:34 09:23

35-39 Masculino

1	504	Carlos Pinto	Exército de Portugal	35-39 Masculino	53:57	05:24
2	501	Adelino Moreira	Black Bull	35-39 Masculino	01:01:46	+07:48 06:11

40-44 Masculino

1	509	Paulo Jorge Pereira de Sousa	Individual	40-44 Masculino	01:26:38	08:40
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45-49 Masculino

1	513	Nelson Loureiro	Pegasus OCR ProTeam	45-49 Masculino	51:09	05:07
2	515	Marco Lopes	Pegasus OCR ProTeam	45-49 Masculino	54:33	+03:24 05:27
3	510	Gonalo Jos� Gomes Meneses Pimentel	Individual	45-49 Masculino	01:02:34	+11:24 06:15
4	502	Telmo Pereira	Black Bull	45-49 Masculino	01:12:22	+21:13 07:14
5	511	Viktor Strelbitskiy	Individual	45-49 Masculino	01:15:54	+24:44 07:35

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:15	23,4°C	56%
End	18:39	23.4°C	56%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1419	Luis Filipe Freitas Costa	T22	59:33		05:57	
2	1064	Ismael Correlo	BemMeQuero	01:00:52	+01:19	06:05	
3	1082	Ricardo Tinoco	BemMeQuero	01:00:58	+01:26	06:06	
4	1225	Jorge Emanuel Ferreira Pedrosa	Individual	01:05:01	+05:28	06:30	
5	1240	Rui Alves	Individual	01:06:18	+06:45	06:38	
6	1208	Bruno Lima	Individual	01:08:05	+08:32	06:48	
7	1066	João Ribeiro	BemMeQuero	01:09:28	+09:55	06:57	
8	1053	André Soares	BemMeQuero	01:09:28	+09:55	06:57	
9	1220	Hugo Emanuel Ferreira da Silva	Individual	01:09:52	+10:19	06:59	
10	1230	Marcos Moreira	Individual	01:10:51	+11:18	07:05	
11	1297	António José Campos de Magalhães	NINJAS	01:12:01	+12:28	07:12	
12	1216	Eduardo Marques	Individual	01:12:19	+12:46	07:14	
13	1160	rduardo silva	ELITE SQUAD	01:15:08	+15:35	07:31	
14	1232	Nuno Cadilhe	Individual	01:15:16	+15:43	07:32	
15	1228	José Manuel Pereira Araújo	Individual	01:15:33	+16:00	07:33	
16	1055	Bruno Ferreira	BemMeQuero	01:16:19	+16:46	07:38	
17	1084	Vitor Oliveira	BemMeQuero	01:16:44	+17:11	07:40	
18	1396	Carlos Ferreira	T22	01:16:59	+17:27	07:42	
19	1054	André Viegas	BemMeQuero	01:17:00	+17:27	07:42	
20	1083	Ricardo Vieira	BemMeQuero	01:17:09	+17:36	07:43	
21	1051	Abel Viegas	BemMeQuero	01:17:32	+17:59	07:45	
22	1209	Bruno Miguel S Silva	Individual	01:17:49	+18:16	07:47	
23	1219	Gilberto Cunha	Individual	01:18:21	+18:48	07:50	
24	1061	Gonçalo Martins	BemMeQuero	01:18:35	+19:02	07:51	
25	1159	pedro barros	ELITE SQUAD	01:18:58	+19:25	07:54	
26	1229	José Neves	Individual	01:19:22	+19:49	07:56	
27	1443	Pedro Silva	Today`s workout	01:19:51	+20:18	07:59	
28	1423	Marcelo Rodrigo Mendes da Silva	T22	01:20:31	+20:58	08:03	
29	1424	Marco Vaz	T22	01:20:34	+21:01	08:03	
30	1052	André Silva	BemMeQuero	01:20:37	+21:04	08:04	
31	1093	Paulo Coelho	Black Bull	01:20:48	+21:15	08:05	
32	1432	Ricardo Magalhães	T22	01:21:29	+21:56	08:09	
33	1019	José Sampaio	A Cimenteira da Ponte do Porto Lda	01:21:37	+22:04	08:10	
34	1218	Filipe Silva	Individual	01:21:38	+22:05	08:10	
35	1298	Bruno Miguel Fernandes da Silva	NINJAS	01:21:39	+22:06	08:10	
36	1070	José Ribeiro	BemMeQuero	01:21:54	+22:21	08:11	
37	1227	José Fernandes	Individual	01:22:12	+22:39	08:13	
38	1412	Jorge Fernando Oliveira Coelho	T22	01:22:41	+23:08	08:16	
39	1417	Luís Antunes	T22	01:22:59	+23:26	08:18	
40	1210	Bruno Silva	Individual	01:23:05	+23:32	08:18	
41	1399	Eduardo Daniel Antunes Cruz	T22	01:23:23	+23:50	08:20	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	1296	André Filipe Magalhães Machado	NINJAS	01:23:23	+23:50	08:20	
43	1215	David Pinto Assunção	Individual	01:24:21	+24:48	08:26	
44	1416	Leonel Magalhães Pereira	T22	01:25:28	+25:55	08:33	
45	1206	Andre Ricardo Monteiro da Silva	Individual	01:26:31	+26:58	08:39	
46	1058	Diogo Vale	BemMeQuero	01:26:47	+27:14	08:41	
47	1401	Emanuel Carvalho	T22	01:26:52	+27:19	08:41	
48	1394	António Vieira	T22	01:27:01	+27:28	08:42	
49	1190	Filipe Gonçalves	Gang dos Frangos	01:28:09	+28:36	08:49	
50	1420	LUÍS LEITE	T22	01:28:14	+28:41	08:49	
51	1441	Ivo Brás	Today`s workout	01:28:37	+29:04	08:52	
52	1060	Frederico Vieira	BemMeQuero	01:28:59	+29:26	08:54	
53	1012	Francisco Ventura	4615	01:29:10	+29:37	08:55	
54	1074	Micael Silva	BemMeQuero	01:29:10	+29:37	08:55	
55	1062	Hugo Costa	BemMeQuero	01:29:42	+30:09	08:58	
56	1077	Paulo Costa	BemMeQuero	01:30:24	+30:51	09:02	
57	1410	João Silva	T22	01:30:30	+30:57	09:03	
58	1065	João Gomes	BemMeQuero	01:31:06	+31:33	09:07	
59	1405	Hugo Carvalho	T22	01:31:25	+31:52	09:08	
60	1092	Luís Miguel Herman de Sousa	Black Bull	01:31:52	+32:19	09:11	
61	1075	Miguel Oliveira	BemMeQuero	01:32:09	+32:36	09:13	
62	1253	Antonio Carlos Duarte Novais	Manguços	01:32:10	+32:37	09:13	
63	1254	João Pedro Miranda Costa	Manguços	01:32:10	+32:37	09:13	
64	1207	André Silva	Manguços	01:32:11	+32:38	09:13	
65	1384	Sofia Gonçalves	T22	01:32:14	+32:41	09:13	
66	1363	Andreia Araújo Gonçalves	T22	01:32:14	+32:41	09:13	
67	1163	tiago carvalho	ELITE SQUAD	01:32:48	+33:15	09:17	
68	1403	Fernando Fernandes	T22	01:33:17	+33:44	09:20	
69	1413	Jorge Monteiro	T22	01:33:26	+33:53	09:21	
70	1080	Pedro Ribeiro	BemMeQuero	01:33:40	+34:07	09:22	
71	1033	Cátia Sousa	BemMeQuero	01:33:49	+34:16	09:23	
72	1056	Carlos Ramos	BemMeQuero	01:33:58	+34:25	09:24	
73	1223	João Rocha	Individual	01:34:11	+34:38	09:25	
74	1156	nuno gonçalves	ELITE SQUAD	01:34:29	+34:56	09:27	
75	1235	Pedro Queijo	Individual	01:35:38	+36:05	09:34	
76	1300	Helena Barroso	Nuno&Helena	01:36:34	+37:01	09:39	
77	1428	Pedro Carvalho	T22	01:36:45	+37:12	09:40	
78	1301	Nuno Costa	Nuno&Helena	01:36:51	+37:18	09:41	
79	1373	Joana Silva	T22	01:38:31	+38:58	09:51	
80	1433	Ricardo Vilaça	T22	01:38:42	+39:09	09:52	
81	1312	Miguel Lopes	Os Augustos	01:38:47	+39:14	09:53	
82	1310	João Cerejeira	Os Augustos	01:39:09	+39:36	09:55	
83	1470	Elisa Gonçalves	Zinzins de l'Espace	01:39:27	+39:54	09:57	
84	1471	Joan Soulier	Zinzins de l'Espace	01:39:41	+40:08	09:58	
85	1429	Pedro Costa Matos	T22	01:39:43	+40:10	09:58	
86	1091	Susana Gonçalves	Black Bull	01:39:53	+40:20	09:59	
87	1472	Jules Garrido	Zinzins de l'Espace	01:40:00	+40:27	10:00	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	1447	Sérgio Venâncio	Tomara eles ser como nós	01:40:05	+40:33	10:01	
89	1087	Joana Rocha	Black Bull	01:40:07	+40:34	10:01	
90	1414	José Manuel dos Santos Ribeiro	T22	01:40:42	+41:09	10:04	
91	1446	Pedro Moniz	Tomara eles ser como nós	01:40:57	+41:24	10:06	
92	1217	Filipe Fernandes	Individual	01:41:16	+41:43	10:08	
93	1372	Joana Rodrigues	T22	01:42:09	+42:36	10:13	
94	1402	Fábio Silva	T22	01:42:26	+42:53	10:15	
95	1089	Raquel Pereira	Black Bull	01:42:50	+43:17	10:17	
96	1086	Joana Manuela Vieira Barbosa	Black Bull	01:43:17	+43:44	10:20	
97	1214	Carlos Manuel da Silva Barbosa	Individual	01:43:21	+43:48	10:20	
98	1427	Nuno Manuel Rebelo Silva	T22	01:43:33	+44:00	10:21	
99	1364	Catarina Tinoco Silva	T22	01:43:41	+44:08	10:22	
100	1226	Jorge Silveiredo	Individual	01:43:45	+44:12	10:22	
101	1224	João Rodrigues	Individual	01:43:51	+44:18	10:23	
102	1288	Gabriel Fernando Oliveira Meira	Município da Póvoa de Lanhoso	01:43:55	+44:22	10:24	
103	1022	Justine VIAL	À Fond Les Liloustines	01:44:04	+44:31	10:24	
104	1023	Lilou ALLAIN	À Fond Les Liloustines	01:44:04	+44:31	10:24	
105	1242	Tiago Neves Dionísio	Individual	01:44:13	+44:40	10:25	
106	1387	Vânia Cristina Carneiro Silva Carvalho	T22	01:44:27	+44:54	10:27	
107	1426	nuno Filipe Silva Carvalho	T22	01:44:39	+45:06	10:28	
108	1293	Ana Cristina Campos de Magalhães	NINJAS	01:45:28	+45:55	10:33	
109	1474	Carla sofia dos Santos Silva Ferreira	Os Augustos	01:45:29	+45:56	10:33	
110	1309	Augusto Franco	Os Augustos	01:45:31	+45:58	10:33	
111	1299	Sérgio Paulo Moreira Dionísio	NINJAS	01:45:33	+46:00	10:33	
112	1397	Carlos Gaspar	T22	01:45:48	+46:15	10:35	
113	1076	Nelson Silva	BemMeQuero	01:45:51	+46:18	10:35	
114	1321	Marco Silva	Os Lobos - BlueFit	01:45:55	+46:22	10:36	
115	1322	Nuno Ribeiro	Os Lobos - BlueFit	01:46:09	+46:36	10:37	
116	1319	José Raposo	Os Lobos - BlueFit	01:46:26	+46:53	10:39	
117	1315	Tânia Marques	Os Lobos - BlueFit	01:46:30	+46:57	10:39	
118	1317	Diogo Teixeira	Os Lobos - BlueFit	01:46:39	+47:06	10:40	
119	1059	Edgar Vieira	BemMeQuero	01:46:51	+47:18	10:41	
120	1161	ricardo gonçalves	ELITE SQUAD	01:47:04	+47:31	10:42	
121	1314	Odete Lopes	Os Lobos - BlueFit	01:47:12	+47:39	10:43	
122	1072	Luís Silva	BemMeQuero	01:47:15	+47:42	10:43	
123	1320	Luis Alves	Os Lobos - BlueFit	01:47:18	+47:45	10:44	
124	1123	ana gonçalves	ELITE SQUAD	01:47:27	+47:55	10:45	
125	1153	Luis gomes	ELITE SQUAD	01:47:45	+48:12	10:47	
126	1313	Diana Barros	Os Lobos - BlueFit	01:47:53	+48:20	10:47	
127	1316	Bruno Sousa	Os Lobos - BlueFit	01:47:58	+48:25	10:48	
128	1047	Sara Vieira	BemMeQuero	01:48:41	+49:08	10:52	
129	1040	Margarida Silva	BemMeQuero	01:48:48	+49:15	10:53	
130	1011	Dário Pinto	4615	01:48:52	+49:19	10:53	
131	1079	Pedro Gonçalves	BemMeQuero	01:48:56	+49:23	10:54	
132	1357	Marcelo Garces	SundayWorkout	01:49:13	+49:40	10:55	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	1358	Nelson Ferreira	SundayWorkout	01:49:14	+49:41	10:55	
134	1221	Hugo Sevivas Serralheiro	Individual	01:49:16	+49:43	10:56	
135	1241	Samuel Salcedo	Individual	01:49:17	+49:44	10:56	
136	1407	Jaime Rodrigues	T22	01:49:26	+49:53	10:57	
137	1192	Pedro Oliveira	Gang dos Frangos	01:49:37	+50:04	10:58	
138	1154	Manuel Magalhaes	ELITE SQUAD	01:50:05	+50:32	11:01	
139	1195	Diogo Alves	Grupo O Setenta	01:50:29	+50:56	11:03	
140	1193	Cristiano Pereira	Grupo O Setenta	01:50:46	+51:13	11:05	
141	1452	Luis Pinto	Turtles	01:50:56	+51:23	11:06	
142	1451	João Ribeiro	Turtles	01:51:03	+51:30	11:06	
143	1198	Leonardo Imperadeiro	Grupo O Setenta	01:51:04	+51:31	11:06	
144	1354	Helena Pinho	SundayWorkout	01:51:05	+51:32	11:07	
145	1453	Pedro Silva	Turtles	01:51:11	+51:38	11:07	
146	1361	Vitor Dias	SundayWorkout	01:51:17	+51:44	11:08	
147	1355	Ines seabra	SundayWorkout	01:51:57	+52:24	11:12	
148	1360	Ricardo Ferreira	SundayWorkout	01:52:03	+52:30	11:12	
149	1359	Ricardo Cunha	SundayWorkout	01:52:13	+52:40	11:13	
150	1356	Carlos Ribeiro	SundayWorkout	01:52:23	+52:50	11:14	
151	1247	Ricardo Ribeiro	Lentos e a Furiosa	01:52:23	+52:50	11:14	
152	1245	Eduardo Torres	Lentos e a Furiosa	01:52:31	+52:58	11:15	
153	1102	Romeu Costa	Carrazedo FC	01:53:07	+53:34	11:19	
154	1101	alexandre freitas	Carrazedo FC	01:53:09	+53:36	11:19	
155	1246	Rafael Antunes	Lentos e a Furiosa	01:53:17	+53:44	11:20	
156	1379	Paula Cristina Monteiro da Silva	T22	01:53:21	+53:48	11:20	
157	1191	Márcio Dias	Gang dos Frangos	01:53:28	+53:55	11:21	
158	1029	Alex Peixoto	ArruaceirosTeam	01:53:29	+53:56	11:21	
159	1028	Neuza Claro	ArruaceirosTeam	01:53:30	+53:57	11:21	
160	1202	andreia manuela lopes ferreira	Individual	01:53:38	+54:05	11:22	
161	1200	Rafael Surrador	Grupo O Setenta	01:53:58	+54:26	11:24	
162	1103	tomás faria	Carrazedo FC	01:54:09	+54:36	11:25	
163	1194	Daniel Gomes	Grupo O Setenta	01:54:13	+54:40	11:25	
164	1421	Luis Silva	T22	01:54:15	+54:42	11:26	
165	1398	Davide Coelho	T22	01:54:37	+55:04	11:28	
166	1386	Tatiana Oliveira	T22	01:54:55	+55:22	11:30	
167	1375	Maria Amélia Oliveira Machado	T22	01:55:25	+55:52	11:32	
168	1383	Sílvia Maria de Oliveira Machado	T22	01:55:26	+55:53	11:33	
169	1197	José Rocha	Grupo O Setenta	01:55:37	+56:04	11:34	
170	1048	Susana Carvalho	BemMeQuero	01:55:48	+56:15	11:35	
171	1196	Joao Faria	Grupo O Setenta	01:56:14	+56:41	11:37	
172	1388	Vera Pires	T22	01:56:15	+56:42	11:37	
173	1393	António Abreu	T22	01:56:36	+57:03	11:40	
174	1376	Maria João Oliveira Sousa	T22	01:56:55	+57:22	11:41	
175	1418	Luís Fernando Coelho de Oliveira	T22	01:57:09	+57:36	11:43	
176	1069	José Baptista	BemMeQuero	01:57:13	+57:40	11:43	
177	1430	Pedro Vaz	T22	01:57:44	+58:11	11:46	
178	1148	Carlos cunha alves	ELITE SQUAD	01:58:02	+58:29	11:48	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	T/KM	CARD
179	1448	Paulo Sousa	Tt22	01:58:06	+58:33	11:49	
180	1385	Tatiana Cotorobai	T22	01:58:07	+58:34	11:49	
181	1018	Armando Costa	A Cimenteira da Ponte do Porto Lda	01:58:13	+58:40	11:49	
182	1016	Monica rocha	A Cimenteira da Ponte do Porto Lda	01:58:22	+58:49	11:50	
183	1158	nuno mota barroso	ELITE SQUAD	01:58:23	+58:50	11:50	
184	1017	orlanda Rocha	A Cimenteira da Ponte do Porto Lda	01:58:23	+58:50	11:50	
185	1013	Alice Martins	A Cimenteira da Ponte do Porto Lda	01:58:40	+59:07	11:52	
186	1067	Joaquim Rodrigues	BemMeQuero	01:58:42	+59:09	11:52	
187	1367	Cristina vieira	T22	01:59:14	+59:41	11:55	
188	1381	Rita vaz	T22	01:59:43	+01:00:10	11:58	
189	1213	Carlos Daniel Silva Dias	Individual	02:00:09	+01:00:36	12:01	
190	1114	José Fernandes	ECHO BRAVO	02:00:14	+01:00:41	12:01	
191	1112	ALVARO AFONSO	ECHO BRAVO	02:00:14	+01:00:41	12:01	
192	1117	PEDRO ROCHA	ECHO BRAVO	02:00:15	+01:00:42	12:01	
193	1305	Pedro Soares	OCR*alhos	02:00:19	+01:00:46	12:02	
194	1303	Telma silva	OCR*alhos	02:00:20	+01:00:47	12:02	
195	1304	André Sobreiro	OCR*alhos	02:00:21	+01:00:48	12:02	
196	1302	Gilda Silva	OCR*alhos	02:00:21	+01:00:48	12:02	
197	1371	Isabel Vieira Veiga	T22	02:00:23	+01:00:50	12:02	
198	1115	JOSÉ LAGES	ECHO BRAVO	02:00:25	+01:00:52	12:02	
199	1119	TIAGO SOUSA	ECHO BRAVO	02:00:29	+01:00:56	12:03	
200	1116	MIGUEL MARQUES	ECHO BRAVO	02:00:32	+01:00:59	12:03	
201	1113	GONÇALO SILVA	ECHO BRAVO	02:00:32	+01:00:59	12:03	
202	1378	Mónica Costa	T22	02:00:46	+01:01:13	12:05	
203	1377	Mariana Ferreiar	T22	02:01:25	+01:01:52	12:08	
204	1020	Manuel Cunha	A Cimenteira da Ponte do Porto Lda	02:01:51	+01:02:18	12:11	
205	1139	monica oliveira	ELITE SQUAD	02:01:56	+01:02:23	12:12	
206	1408	Jerome Oliveira	T22	02:02:01	+01:02:28	12:12	
207	1395	Bruno Miguel Oliveira	T22	02:02:23	+01:02:50	12:14	
208	1409	João Pedro Soares	T22	02:02:35	+01:03:02	12:15	
209	1368	Daniela Gonçalves	T22	02:02:55	+01:03:22	12:17	
210	1010	André Mendes	4615	02:04:40	+01:05:07	12:28	
211	1294	Ana Rita Magalhães Machado	NINJAS	02:04:52	+01:05:20	12:29	
212	1292	Alexandrina Manuela Rodrigues da Silva	NINJAS	02:04:53	+01:05:20	12:29	
213	1231	Miguel Carvalho	Individual	02:05:02	+01:05:29	12:30	
214	1236	Rodrigo Gomes	Individual	02:05:03	+01:05:30	12:30	
215	1237	Rodrigo Manuel Silva Vieira	Individual	02:05:04	+01:05:31	12:30	
216	1222	João Francisco Ferreira Cruz	Individual	02:05:11	+01:05:38	12:31	
217	1295	Liliana Teixeira Pereira	NINJAS	02:05:19	+01:05:46	12:32	
218	1366	Cláudia Pereira	T22	02:05:49	+01:06:16	12:35	
219	1025	Ana Isabel Rodrigues Castro	ARRASTÕES	02:07:10	+01:07:37	12:43	
220	1027	Ricardo Ferreira	ARRASTÕES	02:07:11	+01:07:38	12:43	
221	1411	Joel Sousa	T22	02:07:11	+01:07:38	12:43	
222	1382	Sara Oliveira	T22	02:07:13	+01:07:40	12:43	
223	1380	Paula Sousa	T22	02:07:15	+01:07:42	12:43	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	1435	Tiago Ramalho Fernandes	T22	02:07:21	+01:07:48	12:44	
225	1362	Ana Luísa Pereira	T22	02:07:30	+01:07:57	12:45	
226	1390	André Dias	T22	02:07:30	+01:07:58	12:45	
227	1415	José Manuel Pereira Henriques	T22	02:07:36	+01:08:03	12:46	
228	1400	Eduardo Ferreira	T22	02:07:46	+01:08:13	12:47	
229	1431	Rafael Amorim	T22	02:07:51	+01:08:18	12:47	
230	1199	Paulo H. Alves	Grupo O Setenta	02:08:25	+01:08:52	12:50	
231	1111	José Manuel Carneiro Lopes	Domingueiros Madrugadores! Miles & Vibes	02:09:33	+01:10:00	12:57	
232	1126	catarina veiga	ELITE SQUAD	02:09:46	+01:10:13	12:59	
233	1124	andrea matos	ELITE SQUAD	02:09:49	+01:10:16	12:59	
234	1131	isabel magalhaes	ELITE SQUAD	02:09:50	+01:10:17	12:59	
235	1475	Nuno Costa	Domingueiros Madrugadores! Miles & Vibes	02:09:52	+01:10:19	12:59	
236	1105	Jéssica Lopes	Domingueiros Madrugadores! Miles & Vibes	02:11:04	+01:11:31	13:06	
237	1186	João Costa	Fora da caixa	02:11:07	+01:11:34	13:07	
238	1073	Micael Rodrigues	BemMeQuero	02:11:08	+01:11:35	13:07	
239	1175	Ana Rita Oliveira	Fora da caixa	02:11:09	+01:11:36	13:07	
240	1233	Nuno Pontes	Individual	02:11:11	+01:11:38	13:07	
241	1118	SAMUEL MOTA	ECHO BRAVO	02:11:14	+01:11:41	13:07	
242	1037	Juliana Cunha	BemMeQuero	02:11:20	+01:11:47	13:08	
243	1050	Vera Castro	BemMeQuero	02:11:36	+01:12:03	13:10	
244	1108	André Gomes	Domingueiros Madrugadores! Miles & Vibes	02:11:38	+01:12:05	13:10	
245	1034	Elisa Vieira	BemMeQuero	02:11:52	+01:12:19	13:11	
246	1187	JOSÉ CARLOS	Fora da caixa	02:12:02	+01:12:29	13:12	
247	1184	Edgar Galante	Fora da caixa	02:12:10	+01:12:37	13:13	
248	1180	Sandra Galante	Fora da caixa	02:12:14	+01:12:41	13:13	
249	1188	Luis Silva	Fora da caixa	02:12:18	+01:12:45	13:14	
250	1107	Leonor Carvalho	Domingueiros Madrugadores! Miles & Vibes	02:12:26	+01:12:53	13:15	
251	1176	Cláudia Cid	Fora da caixa	02:12:34	+01:13:01	13:15	
252	1178	Lisa Ramos	Fora da caixa	02:12:42	+01:13:09	13:16	
253	1104	Beatriz Carvalho	Domingueiros Madrugadores! Miles & Vibes	02:12:50	+01:13:17	13:17	
254	1032	Cátia Gomes	BemMeQuero	02:13:08	+01:13:35	13:19	
255	1109	Diogo Silva	Domingueiros Madrugadores! Miles & Vibes	02:13:14	+01:13:41	13:19	
256	1110	João Faria	Domingueiros Madrugadores! Miles & Vibes	02:13:14	+01:13:41	13:19	
257	1181	André Ferreira	Fora da caixa	02:13:41	+01:14:08	13:22	
258	1182	Ângelo Costa	Fora da caixa	02:13:44	+01:14:11	13:22	
259	1165	João Freitas	Fama Dawgs	02:13:48	+01:14:15	13:23	
260	1166	João Silva	Fama Dawgs	02:13:48	+01:14:15	13:23	
261	1185	Helder Gonçalves	Fora da caixa	02:14:07	+01:14:34	13:25	
262	1183	Carlos Alves	Fora da caixa	02:14:17	+01:14:44	13:26	
263	1179	Margarida Lousinha Correia	Fora da caixa	02:14:23	+01:14:50	13:26	
264	1189	Rui Mendes	Fora da caixa	02:14:23	+01:14:50	13:26	
265	1169	Marco Ferreira	Fama Dawgs	02:14:54	+01:15:21	13:29	
266	1057	Daniel Sampaio	BemMeQuero	02:15:07	+01:15:34	13:31	
267	1106	Joana coelho	Domingueiros Madrugadores! Miles & Vibes	02:15:16	+01:15:43	13:32	
268	1042	Raquel Dias	BemMeQuero	02:15:30	+01:15:57	13:33	
269	1001	Andrea Silverio Alestrand	16weeksofhell	02:15:32	+01:15:59	13:33	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	1168	Marco Araújo	Fama Dawgs	02:15:32	+01:15:59	13:33	
271	1164	Adrian Silva	Fama Dawgs	02:15:40	+01:16:07	13:34	
272	1167	Luís Araújo	Fama Dawgs	02:15:44	+01:16:11	13:34	
273	1063	Igor Rosete	BemMeQuero	02:15:46	+01:16:13	13:35	
274	1002	Magnus Alestrand	16weeksofhell	02:16:10	+01:16:37	13:37	
275	1045	Sara Gonçalves	BemMeQuero	02:16:24	+01:16:51	13:38	
276	1099	André Filipe Gouveia Teixeira da Silva	Borussia Doutromundo	02:16:30	+01:16:57	13:39	
277	1100	Paulo André Martins Oliveira	Borussia Doutromundo	02:17:00	+01:17:27	13:42	
278	1097	Sara Fernandes Vieira Lopes	Borussia Doutromundo	02:18:32	+01:18:59	13:51	
279	1434	Ruben Vieira	T22	02:18:32	+01:18:59	13:51	
280	1389	Adriano rocha	T22	02:18:39	+01:19:06	13:52	
281	1365	Cátia Fernandes	T22	02:18:42	+01:19:09	13:52	
282	1205	SONIA FRAGA	Individual	02:18:57	+01:19:24	13:54	
283	1243	VICTOR FREITAS	Individual	02:19:00	+01:19:27	13:54	
284	1436	Ana Amélia Corriça Lopes Pereira	Teammadrugada Elite	02:19:17	+01:19:44	13:56	
285	1440	Nel Macedo	Teammadrugada Elite	02:19:17	+01:19:44	13:56	
286	1438	Susana Alexandra Teixeira Viana	Teammadrugada Elite	02:19:17	+01:19:44	13:56	
287	1439	Micael Cerdeira Brandão	Teammadrugada Elite	02:19:18	+01:19:45	13:56	
288	1098	Silvia Fernandes Vieira Lopes	Borussia Doutromundo	02:19:31	+01:19:58	13:57	
289	1096	Patrícia Lisete Ribeiro Cação	Borussia Doutromundo	02:19:31	+01:19:58	13:57	
290	1095	Maria Miguel Marques Fernandes	Borussia Doutromundo	02:19:32	+01:19:59	13:57	
291	1349	Gonçalo Machado	Somos+Q6	02:20:24	+01:20:51	14:02	
292	1348	António Martins	Somos+Q6	02:20:25	+01:20:52	14:02	
293	1351	Luis Cunha	Somos+Q6	02:20:25	+01:20:52	14:03	
294	1347	Patricia Carvalho	Somos+Q6	02:20:25	+01:20:52	14:03	
295	1352	Rui Lopes	Somos+Q6	02:20:25	+01:20:52	14:03	
296	1345	Joana Ramoa	Somos+Q6	02:20:25	+01:20:52	14:03	
297	1346	Maria José Martins	Somos+Q6	02:20:26	+01:20:53	14:03	
298	1021	Ricardo Rocha	A Cimenteira da Ponte do Porto Lda	02:20:27	+01:20:54	14:03	
299	1350	José Rodrigues	Somos+Q6	02:20:30	+01:20:57	14:03	
300	1406	Ivan Sousa	T22	02:21:17	+01:21:44	14:08	
301	1030	Bárbara Cruz	BemMeQuero	02:22:06	+01:22:33	14:13	
302	1039	Manuela Duarte	BemMeQuero	02:22:09	+01:22:36	14:13	
303	1170	Marisa Daniela Gomes Viana	Fênix	02:23:28	+01:23:55	14:21	
304	1174	Leandro Matos Pais	Fênix	02:23:28	+01:23:55	14:21	
305	1171	Silvana Daniela Pereira Pais	Fênix	02:23:29	+01:23:56	14:21	
306	1173	João Tiago Rodrigues Lopes	Fênix	02:23:29	+01:23:56	14:21	
307	1015	Luana Rocha	A Cimenteira da Ponte do Porto Lda	02:23:41	+01:24:08	14:22	
308	1014	Juliana Gomes	A Cimenteira da Ponte do Porto Lda	02:23:41	+01:24:08	14:22	
309	1090	Sandra Teixeira	Black Bull	02:23:50	+01:24:17	14:23	
310	1085	Cristiana Gonçalves	Black Bull	02:23:51	+01:24:18	14:23	
311	1088	Maria Inês Ferreira Pinto Carvalho	Black Bull	02:23:54	+01:24:21	14:23	
312	1328	Marcelo Fernandes	Posição de Atleta	02:24:00	+01:24:27	14:24	
313	1094	Pedro Caçote	Black Bull	02:24:07	+01:24:34	14:25	
314	1329	Nelson Araújo	Posição de Atleta	02:24:23	+01:24:50	14:26	

GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
315	1343	Nuno Oliveira	Rookies	02:24:31	+01:24:58	14:27	
316	1339	Daniel Ferreira	Rookies	02:24:33	+01:25:00	14:27	
317	1338	Bruno Moura	Rookies	02:24:50	+01:25:17	14:29	
318	1334	Eunice Barroso	Rookies	02:24:54	+01:25:21	14:29	
319	1332	Carla da Conceição Gonçalves Afonso	Rookies	02:24:54	+01:25:21	14:29	
320	1335	Maria João Sá	Rookies	02:24:58	+01:25:25	14:30	
321	1333	Diana Oliveira	Rookies	02:25:05	+01:25:32	14:30	
322	1344	Ricardo Lancão	Rookies	02:25:09	+01:25:36	14:31	
323	1130	elsa silva	ELITE SQUAD	02:25:12	+01:25:39	14:31	
324	1152	Luís Fernandes	ELITE SQUAD	02:25:16	+01:25:43	14:32	
325	1342	Nuno Afonso	Rookies	02:25:17	+01:25:44	14:32	
326	1141	patricia teixeira	ELITE SQUAD	02:25:32	+01:25:59	14:33	
327	1146	teresa esteves	ELITE SQUAD	02:25:37	+01:26:04	14:34	
328	1125	beatriz esteves	ELITE SQUAD	02:25:41	+01:26:08	14:34	
329	1137	marcia marques	ELITE SQUAD	02:25:43	+01:26:10	14:34	
330	1140	patricia magalhaes	ELITE SQUAD	02:26:02	+01:26:29	14:36	
331	1127	Catia canelas	ELITE SQUAD	02:26:09	+01:26:36	14:37	
332	1336	Sónia Faria	Rookies	02:26:16	+01:26:43	14:38	
333	1150	diogo silva	ELITE SQUAD	02:26:20	+01:26:47	14:38	
334	1128	clara gonçaves	ELITE SQUAD	02:26:21	+01:26:48	14:38	
335	1331	Ana Isabel Fernandes Lopes da Silva	Rookies	02:26:49	+01:27:16	14:41	
336	1135	Lurdes andrade	ELITE SQUAD	02:26:57	+01:27:24	14:42	
337	1129	elisabete martins	ELITE SQUAD	02:27:16	+01:27:43	14:44	
338	1404	Fernando Rodrigues	T22	02:27:18	+01:27:45	14:44	
339	1134	kelly Gonçalves	ELITE SQUAD	02:27:36	+01:28:03	14:46	
340	1391	Ângelo Fernandes	T22	02:27:39	+01:28:06	14:46	
341	1445	Bruno Cunha	Tomara eles ser como nós	02:27:41	+01:28:08	14:46	
342	1325	Cláudia Lage	Posição de Atleta	02:27:55	+01:28:22	14:48	
343	1144	rafaela mota	ELITE SQUAD	02:28:06	+01:28:33	14:49	
344	1145	Sandra guerra	ELITE SQUAD	02:28:13	+01:28:40	14:49	
345	1143	paula mendes	ELITE SQUAD	02:28:14	+01:28:41	14:49	
346	1142	paula martins	ELITE SQUAD	02:28:18	+01:28:45	14:50	
347	1291	Ricardo Teixeira Alves	Município da Póvoa de Lanhoso	02:28:46	+01:29:13	14:53	
348	1369	Eulália Rodrigues	T22	02:29:21	+01:29:48	14:56	
349	1031	Cátia Costa	BemMeQuero	02:29:32	+01:29:59	14:57	
350	1283	Celia Gonçalves	Município da Póvoa de Lanhoso	02:30:20	+01:30:47	15:02	
351	1282	Ana Isabel Teixeira Barbosa	Município da Póvoa de Lanhoso	02:30:21	+01:30:48	15:02	
352	1374	Madalena Rodrigues	T22	02:30:30	+01:30:57	15:03	
353	1071	Luís Rodrigues	BemMeQuero	02:30:34	+01:31:01	15:03	
354	1049	Susana Rodrigues	BemMeQuero	02:30:36	+01:31:03	15:04	
355	1422	Manuel Silva	T22	02:30:42	+01:31:09	15:04	
356	1274	Filipe Mendonça	Mendonça	02:31:34	+01:32:01	15:09	
357	1273	Vivian Mendonça	Mendonça	02:31:50	+01:32:17	15:11	
358	1120	ana alves	ELITE SQUAD	02:33:54	+01:34:21	15:23	
359	1121	Ana antunes	ELITE SQUAD	02:33:55	+01:34:22	15:24	

Official Timekeeper: Lap2Go	8 / 10	generate 07-jun.-2025 18:40
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GUERREIRO - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
360	1151	gabriel pereira	ELITE SQUAD	02:35:55	+01:36:22	15:35	
361	1324	Catarina Costa	Posição de Atleta	02:36:04	+01:36:31	15:36	
362	1330	Paulo Pereira	Posição de Atleta	02:36:06	+01:36:33	15:37	
363	1326	Maria Inês Rodrigo	Posição de Atleta	02:36:18	+01:36:45	15:38	
364	1327	Teresa Gonçalves	Posição de Atleta	02:36:40	+01:37:07	15:40	
365	1204	Rita Rodrigues Gonçalves	Individual	02:36:41	+01:37:08	15:40	
366	1162	Roberto Lopes	ELITE SQUAD	02:37:26	+01:37:53	15:45	
367	1024	Cé Meneses	ARRASTÕES	02:38:32	+01:38:59	15:51	
368	1026	Rafael Cunha	ARRASTÕES	02:38:51	+01:39:18	15:53	
369	1473	Cátia Rafaela Alves Teixeira	ARRASTÕES	02:39:18	+01:39:45	15:56	
370	1281	Rui Marques	Minhocas Prateadas	02:39:58	+01:40:25	16:00	
371	1279	José Ferreira	Minhocas Prateadas	02:41:19	+01:41:46	16:08	
372	1278	Eduardo Ferreira	Minhocas Prateadas	02:41:20	+01:41:47	16:08	
373	1277	Liliana Cardoso	Minhocas Prateadas	02:41:21	+01:41:48	16:08	
374	1275	Cátia Cunha	Minhocas Prateadas	02:41:22	+01:41:49	16:08	
375	1280	Pedro Oliveira	Minhocas Prateadas	02:41:28	+01:41:55	16:09	
376	1276	Constança Fragosos	Minhocas Prateadas	02:41:29	+01:41:56	16:09	
377	1252	Valter Moreira	Maiores de 18	02:43:01	+01:43:28	16:18	
378	1248	Florbelá Moreira	Maiores de 18	02:43:01	+01:43:28	16:18	
379	1258	Andre silva	Manipulus	02:43:36	+01:44:03	16:22	
380	1251	Leandro Castro	Maiores de 18	02:44:17	+01:44:44	16:26	
381	1260	Nelson ricardo sousa pinto	Manipulus	02:44:21	+01:44:48	16:26	
382	1268	Maria de Fátima Ribeiro Ferreira	Maratonistas do Sofá 2.0	02:44:45	+01:45:12	16:29	
383	1250	Paula Sousa	Maiores de 18	02:45:05	+01:45:32	16:31	
384	1249	Mariana Ordaz	Maiores de 18	02:45:09	+01:45:36	16:31	
385	1261	Sérgio Brás Ferreira	Manipulus	02:45:19	+01:45:46	16:32	
386	1256	Joana pinto	Manipulus	02:46:08	+01:46:35	16:37	
387	1271	Francisco José Gonçalves Oliveira	Maratonistas do Sofá 2.0	02:46:16	+01:46:43	16:38	
388	1262	Ângela Silva	Maratonistas do Sofá 2.0	02:46:38	+01:47:05	16:40	
389	1264	Eduarda Fernanda Gomes Silva	Maratonistas do Sofá 2.0	02:47:09	+01:47:36	16:43	
390	1267	Mágui Novais Lobo	Maratonistas do Sofá 2.0	02:47:26	+01:47:53	16:45	
391	1265	Helena Pereira	Maratonistas do Sofá 2.0	02:47:52	+01:48:19	16:47	
392	1269	Maria João Matos Dias	Maratonistas do Sofá 2.0	02:48:58	+01:49:25	16:54	
393	1270	Matilde Leonor Martins Branco	Maratonistas do Sofá 2.0	02:49:04	+01:49:31	16:54	
394	1266	Luísa Maria Gonçalves Cruz	Maratonistas do Sofá 2.0	02:49:29	+01:49:56	16:57	
395	1272	João Pedro Alves Silva Sousa Cruz	Maratonistas do Sofá 2.0	02:49:40	+01:50:07	16:58	
396	1464	Soraia Campos	YRun	02:54:14	+01:54:41	17:25	
397	1466	Alexandre Rocha	YRun	02:54:14	+01:54:41	17:25	
398	1468	Hugo Sousa	YRun	02:54:36	+01:55:03	17:28	
399	1463	Marta Maria Couto Ferreira	YRun	02:55:18	+01:55:45	17:32	
400	1462	Eugénia Monteiro	YRun	02:55:18	+01:55:45	17:32	
401	1467	Hugo Rosas	YRun	02:57:15	+01:57:42	17:44	
402	1461	Carla Lopes	YRun	02:57:17	+01:57:44	17:44	
403	1469	Ricardo Pinto	YRun	02:57:29	+01:57:56	17:45	
404	1465	Teresa Silva	YRun	02:57:36	+01:58:03	17:46	
405	1459	Diogo Filipe	Velozes e Preguiçosos	03:13:40	+02:14:07	19:22	

10 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	10 / 10	generate 07-jun.-2025 18:40
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Guerreiro

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:15	23,4°C	56%
End	18:39	23.4°C	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1384	Sofia Gonçalves	T22	Senior Feminino	01:32:14	09:13
2	1363	Andreia Araújo Gonçalves	T22	Senior Feminino	01:32:14	+00:00 09:13
3	1033	Cátia Sousa	BemMeQuero	Senior Feminino	01:33:49	+01:35 09:23
4	1300	Helena Barroso	Nuno&Helena	Senior Feminino	01:36:34	+04:20 09:39
5	1373	Joana Silva	T22	Senior Feminino	01:38:31	+06:17 09:51
6	1470	Elisa Gonçalves	Zinzins de l'Espace	Senior Feminino	01:39:27	+07:13 09:57
7	1091	Susana Gonçalves	Black Bull	Senior Feminino	01:39:53	+07:38 09:59
8	1087	Joana Rocha	Black Bull	Senior Feminino	01:40:07	+07:53 10:01
9	1372	Joana Rodrigues	T22	Senior Feminino	01:42:09	+09:55 10:13
10	1089	Raquel Pereira	Black Bull	Senior Feminino	01:42:50	+10:36 10:17
11	1086	Joana Manuela Vieira Barbosa	Black Bull	Senior Feminino	01:43:17	+11:03 10:20
12	1364	Catarina Tinoco Silva	T22	Senior Feminino	01:43:41	+11:27 10:22
13	1022	Justine VIAL	À Fond Les Liloustines	Senior Feminino	01:44:04	+11:50 10:24
14	1023	Lilou ALLAIN	À Fond Les Liloustines	Senior Feminino	01:44:04	+11:50 10:24
15	1387	Vânia Cristina Carneiro Silva Carvalho	T22	Senior Feminino	01:44:27	+12:13 10:27
16	1293	Ana Cristina Campos de Magalhães	NINJAS	Senior Feminino	01:45:28	+13:14 10:33
17	1474	Carla sofia dos Santos Silva Ferreira	Os Augustos	Senior Feminino	01:45:29	+13:14 10:33
18	1315	Tânia Marques	Os Lobos - BlueFit	Senior Feminino	01:46:30	+14:16 10:39
19	1314	Odete Lopes	Os Lobos - BlueFit	Senior Feminino	01:47:12	+14:58 10:43
20	1123	ana gonçalves	ELITE SQUAD	Senior Feminino	01:47:27	+15:13 10:45
21	1313	Diana Barros	Os Lobos - BlueFit	Senior Feminino	01:47:53	+15:38 10:47
22	1047	Sara Vieira	BemMeQuero	Senior Feminino	01:48:41	+16:26 10:52
23	1040	Margarida Silva	BemMeQuero	Senior Feminino	01:48:48	+16:33 10:53
24	1354	Helena Pinho	SundayWorkout	Senior Feminino	01:51:05	+18:51 11:07
25	1355	Ines seabra	SundayWorkout	Senior Feminino	01:51:57	+19:43 11:12
26	1379	Paula Cristina Monteiro da Silva	T22	Senior Feminino	01:53:21	+21:06 11:20
27	1028	Neuza Claro	ArruaceirosTeam	Senior Feminino	01:53:30	+21:15 11:21
28	1202	andreia manuela lopes ferreira	Individual	Senior Feminino	01:53:38	+21:23 11:22
29	1386	Tatiana Oliveira	T22	Senior Feminino	01:54:55	+22:41 11:30
30	1375	Maria Amélia Oliveira Machado	T22	Senior Feminino	01:55:25	+23:11 11:32
31	1383	Sílvia Maria de Oliveira Machado	T22	Senior Feminino	01:55:26	+23:12 11:33
32	1048	Susana Carvalho	BemMeQuero	Senior Feminino	01:55:48	+23:34 11:35
33	1388	Vera Pires	T22	Senior Feminino	01:56:15	+24:00 11:37
34	1376	Maria João Oliveira Sousa	T22	Senior Feminino	01:56:55	+24:41 11:41
35	1385	Tatiana Cotorobai	T22	Senior Feminino	01:58:07	+25:53 11:49
36	1016	Monica rocha	A Cimenteira da Ponte do Porto Lda	Senior Feminino	01:58:22	+26:08 11:50
37	1017	orlanda Rocha	A Cimenteira da Ponte do Porto Lda	Senior Feminino	01:58:23	+26:09 11:50

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38	1013	Alice Martins	A Cimenteira da Ponte do Porto Lda	Senior Feminino	01:58:40	+26:25	11:52
39	1367	Cristina vieira	T22	Senior Feminino	01:59:14	+27:00	11:55
40	1381	Rita vaz	T22	Senior Feminino	01:59:43	+27:28	11:58
41	1303	Telma silva	OCR*alhos	Senior Feminino	02:00:20	+28:06	12:02
42	1302	Gilda Silva	OCR*alhos	Senior Feminino	02:00:21	+28:07	12:02
43	1371	Isabel Vieira Veiga	T22	Senior Feminino	02:00:23	+28:09	12:02
44	1378	Mónica Costa	T22	Senior Feminino	02:00:46	+28:32	12:05
45	1377	Mariana Ferreiar	T22	Senior Feminino	02:01:25	+29:11	12:08
46	1139	monica oliveira	ELITE SQUAD	Senior Feminino	02:01:56	+29:42	12:12
47	1368	Daniela Gonçalves	T22	Senior Feminino	02:02:55	+30:41	12:17
48	1294	Ana Rita Magalhães Machado	NINJAS	Senior Feminino	02:04:52	+32:38	12:29
49	1292	Alexandrina Manuela Rodrigues da Silva	NINJAS	Senior Feminino	02:04:53	+32:39	12:29
50	1295	Liliana Teixeira Pereira	NINJAS	Senior Feminino	02:05:19	+33:04	12:32
51	1366	Cláudia Pereira	T22	Senior Feminino	02:05:49	+33:35	12:35
52	1025	Ana Isabel Rodrigues Castro	ARRASTÕES	Senior Feminino	02:07:10	+34:56	12:43
53	1382	Sara Oliveira	T22	Senior Feminino	02:07:13	+34:59	12:43
54	1380	Paula Sousa	T22	Senior Feminino	02:07:15	+35:01	12:43
55	1362	Ana Luísa Pereira	T22	Senior Feminino	02:07:30	+35:16	12:45
56	1126	catarina veiga	ELITE SQUAD	Senior Feminino	02:09:46	+37:32	12:59
57	1124	andreia matos	ELITE SQUAD	Senior Feminino	02:09:49	+37:35	12:59
58	1131	isabel magalhaes	ELITE SQUAD	Senior Feminino	02:09:50	+37:35	12:59
59	1105	Jéssica Lopes	Domingueiros Madrugadores! Miles & Vibes	Senior Feminino	02:11:04	+38:50	13:06
60	1175	Ana Rita Oliveira	Fora da caixa	Senior Feminino	02:11:09	+38:55	13:07
61	1037	Juliana Cunha	BemMeQuero	Senior Feminino	02:11:20	+39:06	13:08
62	1050	Vera Castro	BemMeQuero	Senior Feminino	02:11:36	+39:22	13:10
63	1034	Elisa Vieira	BemMeQuero	Senior Feminino	02:11:52	+39:38	13:11
64	1180	Sandra Galante	Fora da caixa	Senior Feminino	02:12:14	+40:00	13:13
65	1107	Leonor Carvalho	Domingueiros Madrugadores! Miles & Vibes	Senior Feminino	02:12:26	+40:12	13:15
66	1176	Cláudia Cid	Fora da caixa	Senior Feminino	02:12:34	+40:20	13:15
67	1178	Lisa Ramos	Fora da caixa	Senior Feminino	02:12:42	+40:28	13:16
68	1104	Beatriz Carvalho	Domingueiros Madrugadores! Miles & Vibes	Senior Feminino	02:12:50	+40:36	13:17
69	1032	Cátia Gomes	BemMeQuero	Senior Feminino	02:13:08	+40:54	13:19
70	1179	Margarida Lousinha Correia	Fora da caixa	Senior Feminino	02:14:23	+42:09	13:26
71	1106	Joana coelho	Domingueiros Madrugadores! Miles & Vibes	Senior Feminino	02:15:16	+43:02	13:32
72	1042	Raquel Dias	BemMeQuero	Senior Feminino	02:15:30	+43:16	13:33
73	1001	Andrea Silverio Alestrand	16weeksofhell	Senior Feminino	02:15:32	+43:18	13:33
74	1045	Sara Gonçalves	BemMeQuero	Senior Feminino	02:16:24	+44:10	13:38
75	1097	Sara Fernandes Vieira Lopes	Borussia Doutromundo	Senior Feminino	02:18:32	+46:18	13:51
76	1365	Cátia Fernandes	T22	Senior Feminino	02:18:42	+46:28	13:52
77	1205	SONIA FRAGA	Individual	Senior Feminino	02:18:57	+46:43	13:54
78	1436	Ana Amélia Corriça Lopes Pereira	Teammadrugada Elite	Senior Feminino	02:19:17	+47:03	13:56
79	1438	Susana Alexandra Teixeira Viana	Teammadrugada Elite	Senior Feminino	02:19:17	+47:03	13:56

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80	1098	Silvia Fernandes Vieira Lopes	Borussia Doutromundo	Senior Feminino	02:19:31	+47:17	13:57
81	1096	Patrícia Lisete Ribeiro Cação	Borussia Doutromundo	Senior Feminino	02:19:31	+47:17	13:57
82	1095	Maria Miguel Marques Fernandes	Borussia Doutromundo	Senior Feminino	02:19:32	+47:18	13:57
83	1347	Patricia Carvalho	Somos+Q6	Senior Feminino	02:20:25	+48:11	14:03
84	1345	Joana Ramoa	Somos+Q6	Senior Feminino	02:20:25	+48:11	14:03
85	1346	Maria José Martins	Somos+Q6	Senior Feminino	02:20:26	+48:12	14:03
86	1030	Bárbara Cruz	BemMeQuero	Senior Feminino	02:22:06	+49:52	14:13
87	1039	Manuela Duarte	BemMeQuero	Senior Feminino	02:22:09	+49:55	14:13
88	1170	Marisa Daniela Gomes Viana	Fênix	Senior Feminino	02:23:28	+51:14	14:21
89	1171	Silvana Daniela Pereira Pais	Fênix	Senior Feminino	02:23:29	+51:15	14:21
90	1015	Luana Rocha	A Cimenteira da Ponte do Porto Lda	Senior Feminino	02:23:41	+51:27	14:22
91	1014	Juliana Gomes	A Cimenteira da Ponte do Porto Lda	Senior Feminino	02:23:41	+51:27	14:22
92	1090	Sandra Teixeira	Black Bull	Senior Feminino	02:23:50	+51:36	14:23
93	1085	Cristiana Gonçalves	Black Bull	Senior Feminino	02:23:51	+51:37	14:23
94	1088	Maria Inês Ferreira Pinto Carvalho	Black Bull	Senior Feminino	02:23:54	+51:40	14:23
95	1334	Eunice Barroso	Rookies	Senior Feminino	02:24:54	+52:40	14:29
96	1332	Carla da Conceição Gonçalves Afonso	Rookies	Senior Feminino	02:24:54	+52:40	14:29
97	1335	Maria João Sá	Rookies	Senior Feminino	02:24:58	+52:44	14:30
98	1333	Diana Oliveira	Rookies	Senior Feminino	02:25:05	+52:51	14:30
99	1130	elsa silva	ELITE SQUAD	Senior Feminino	02:25:12	+52:58	14:31
100	1141	patricia teixeira	ELITE SQUAD	Senior Feminino	02:25:32	+53:18	14:33
101	1146	teresa esteves	ELITE SQUAD	Senior Feminino	02:25:37	+53:23	14:34
102	1125	beatriz esteves	ELITE SQUAD	Senior Feminino	02:25:41	+53:27	14:34
103	1137	marcia marques	ELITE SQUAD	Senior Feminino	02:25:43	+53:29	14:34
104	1140	patricia magalhaes	ELITE SQUAD	Senior Feminino	02:26:02	+53:48	14:36
105	1127	Catia canelas	ELITE SQUAD	Senior Feminino	02:26:09	+53:55	14:37
106	1336	Sónia Faria	Rookies	Senior Feminino	02:26:16	+54:02	14:38
107	1128	clara gonçalves	ELITE SQUAD	Senior Feminino	02:26:21	+54:07	14:38
108	1331	Ana Isabel Fernandes Lopes da Silva	Rookies	Senior Feminino	02:26:49	+54:35	14:41
109	1135	Lurdes andrade	ELITE SQUAD	Senior Feminino	02:26:57	+54:43	14:42
110	1129	elisabete martins	ELITE SQUAD	Senior Feminino	02:27:16	+55:02	14:44
111	1134	kelly Gonçalves	ELITE SQUAD	Senior Feminino	02:27:36	+55:22	14:46
112	1325	Cláudia Lage	Posição de Atleta	Senior Feminino	02:27:55	+55:41	14:48
113	1144	rafaela mota	ELITE SQUAD	Senior Feminino	02:28:06	+55:52	14:49
114	1145	Sandra guerra	ELITE SQUAD	Senior Feminino	02:28:13	+55:59	14:49
115	1143	paula mendes	ELITE SQUAD	Senior Feminino	02:28:14	+56:00	14:49
116	1142	paula martins	ELITE SQUAD	Senior Feminino	02:28:18	+56:04	14:50
117	1369	Eulália Rodrigues	T22	Senior Feminino	02:29:21	+57:07	14:56
118	1031	Cátia Costa	BemMeQuero	Senior Feminino	02:29:32	+57:18	14:57
119	1283	Celia Gonçalves	Município da Póvoa de Lanhoso	Senior Feminino	02:30:20	+58:06	15:02
120	1282	Ana Isabel Teixeira Barbosa	Município da Póvoa de Lanhoso	Senior Feminino	02:30:21	+58:07	15:02
121	1374	Madalena Rodrigues	T22	Senior Feminino	02:30:30	+58:16	15:03
122	1049	Susana Rodrigues	BemMeQuero	Senior Feminino	02:30:36	+58:22	15:04
123	1273	Vivian Mendonça	Mendonça	Senior Feminino	02:31:50	+59:36	15:11
124	1120	ana alves	ELITE SQUAD	Senior Feminino	02:33:54	+01:01:40	15:23

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125	1121	Ana antunes	ELITE SQUAD	Senior Feminino	02:33:55	+01:01:41	15:24
126	1324	Catarina Costa	Posição de Atleta	Senior Feminino	02:36:04	+01:03:50	15:36
127	1326	Maria Inês Rodrigo	Posição de Atleta	Senior Feminino	02:36:18	+01:04:04	15:38
128	1327	Teresa Gonçalves	Posição de Atleta	Senior Feminino	02:36:40	+01:04:26	15:40
129	1204	Rita Rodrigues Gonçalves	Individual	Senior Feminino	02:36:41	+01:04:27	15:40
130	1024	Cé Meneses	ARRASTÕES	Senior Feminino	02:38:32	+01:06:18	15:51
131	1473	Cátia Rafaela Alves Teixeira	ARRASTÕES	Senior Feminino	02:39:18	+01:07:04	15:56
132	1277	Liliana Cardoso	Minhocas Prateadas	Senior Feminino	02:41:21	+01:09:07	16:08
133	1275	Cátia Cunha	Minhocas Prateadas	Senior Feminino	02:41:22	+01:09:08	16:08
134	1276	Constança Fragosos	Minhocas Prateadas	Senior Feminino	02:41:29	+01:09:15	16:09
135	1248	Florbela Moreira	Maiores de 18	Senior Feminino	02:43:01	+01:10:47	16:18
136	1268	Maria de Fátima Ribeiro Ferreira	Maratonistas do Sofá 2.0	Senior Feminino	02:44:45	+01:12:31	16:29
137	1250	Paula Sousa	Maiores de 18	Senior Feminino	02:45:05	+01:12:51	16:31
138	1249	Mariana Ordaz	Maiores de 18	Senior Feminino	02:45:09	+01:12:55	16:31
139	1256	Joana pinto	Manipulus	Senior Feminino	02:46:08	+01:13:54	16:37
140	1262	Ângela Silva	Maratonistas do Sofá 2.0	Senior Feminino	02:46:38	+01:14:24	16:40
141	1264	Eduarda Fernanda Gomes Silva	Maratonistas do Sofá 2.0	Senior Feminino	02:47:09	+01:14:55	16:43
142	1267	Mágui Novais Lobo	Maratonistas do Sofá 2.0	Senior Feminino	02:47:26	+01:15:12	16:45
143	1265	Helena Pereira	Maratonistas do Sofá 2.0	Senior Feminino	02:47:52	+01:15:38	16:47
144	1269	Maria João Matos Dias	Maratonistas do Sofá 2.0	Senior Feminino	02:48:58	+01:16:44	16:54
145	1270	Matilde Leonor Martins Branco	Maratonistas do Sofá 2.0	Senior Feminino	02:49:04	+01:16:50	16:54
146	1266	Luísa Maria Gonçalves Cruz	Maratonistas do Sofá 2.0	Senior Feminino	02:49:29	+01:17:15	16:57
147	1464	Soraia Campos	YRun	Senior Feminino	02:54:14	+01:22:00	17:25
148	1463	Marta Maria Couto Ferreira	YRun	Senior Feminino	02:55:18	+01:23:04	17:32
149	1462	Eugénia Monteiro	YRun	Senior Feminino	02:55:18	+01:23:04	17:32
150	1461	Carla Lopes	YRun	Senior Feminino	02:57:17	+01:25:03	17:44
151	1465	Teresa Silva	YRun	Senior Feminino	02:57:36	+01:25:22	17:46
152	1454	Sandra Patrícia Magalhães	Velozes e Preguiçosos	Senior Feminino	03:13:48	+01:41:34	19:23
153	1456	Vanessa da Silva Oliveira	Velozes e Preguiçosos	Senior Feminino	03:13:49	+01:41:35	19:23
154	1455	Tânia Filipa Pacheco Magalhães	Velozes e Preguiçosos	Senior Feminino	03:13:59	+01:41:45	19:24

Senior Masculino

1	1419	Luis Filipe Freitas Costa	T22	Senior Masculino	59:33	05:57
2	1064	Ismael Correlo	BemMeQuero	Senior Masculino	01:00:52	+01:18 06:05
3	1082	Ricardo Tinoco	BemMeQuero	Senior Masculino	01:00:58	+01:25 06:06
4	1225	Jorge Emanuel Ferreira Pedrosa	Individual	Senior Masculino	01:05:01	+05:27 06:30
5	1240	Rui Alves	Individual	Senior Masculino	01:06:18	+06:44 06:38
6	1208	Bruno Lima	Individual	Senior Masculino	01:08:05	+08:31 06:48
7	1066	João Ribeiro	BemMeQuero	Senior Masculino	01:09:28	+09:54 06:57
8	1053	André Soares	BemMeQuero	Senior Masculino	01:09:28	+09:54 06:57
9	1220	Hugo Emanuel Ferreira da Silva	Individual	Senior Masculino	01:09:52	+10:18 06:59
10	1230	Marcos Moreira	Individual	Senior Masculino	01:10:51	+11:17 07:05
11	1297	António José Campos de Magalhães	NINJAS	Senior Masculino	01:12:01	+12:27 07:12
12	1216	Eduardo Marques	Individual	Senior Masculino	01:12:19	+12:45 07:14
13	1160	rduardo silva	ELITE SQUAD	Senior Masculino	01:15:08	+15:34 07:31

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14	1232	Nuno Cadilhe	Individual	Senior Masculino	01:15:16	+15:42	07:32
15	1228	José Manuel Pereira Araújo	Individual	Senior Masculino	01:15:33	+16:00	07:33
16	1055	Bruno Ferreira	BemMeQuero	Senior Masculino	01:16:19	+16:45	07:38
17	1084	Vitor Oiveira	BemMeQuero	Senior Masculino	01:16:44	+17:10	07:40
18	1396	Carlos Ferreira	T22	Senior Masculino	01:16:59	+17:26	07:42
19	1054	André Viegas	BemMeQuero	Senior Masculino	01:17:00	+17:26	07:42
20	1083	Ricardo Vieira	BemMeQuero	Senior Masculino	01:17:09	+17:35	07:43
21	1051	Abel Viegas	BemMeQuero	Senior Masculino	01:17:32	+17:58	07:45
22	1209	Bruno Miguel S Silva	Individual	Senior Masculino	01:17:49	+18:15	07:47
23	1219	Gilberto Cunha	Individual	Senior Masculino	01:18:21	+18:47	07:50
24	1061	Gonçalo Martins	BemMeQuero	Senior Masculino	01:18:35	+19:01	07:51
25	1159	pedro barros	ELITE SQUAD	Senior Masculino	01:18:58	+19:24	07:54
26	1229	José Neves	Individual	Senior Masculino	01:19:22	+19:48	07:56
27	1443	Pedro Silva	Today's workout	Senior Masculino	01:19:51	+20:17	07:59
28	1423	Marcelo Rodrigo Mendes da Silva	T22	Senior Masculino	01:20:31	+20:57	08:03
29	1424	Marco Vaz	T22	Senior Masculino	01:20:34	+21:00	08:03
30	1052	André Silva	BemMeQuero	Senior Masculino	01:20:37	+21:03	08:04
31	1093	Paulo Coelho	Black Bull	Senior Masculino	01:20:48	+21:14	08:05
32	1432	Ricardo Magalhães	T22	Senior Masculino	01:21:29	+21:55	08:09
33	1019	José Sampaio	A Cimenteira da Ponte do Porto Lda	Senior Masculino	01:21:37	+22:03	08:10
34	1218	Filipe Silva	Individual	Senior Masculino	01:21:38	+22:04	08:10
35	1298	Bruno Miguel Fernandes da Silva	NINJAS	Senior Masculino	01:21:39	+22:05	08:10
36	1070	José Ribeiro	BemMeQuero	Senior Masculino	01:21:54	+22:20	08:11
37	1227	José Fernandes	Individual	Senior Masculino	01:22:12	+22:38	08:13
38	1412	Jorge Fernando Oliveira Coelho	T22	Senior Masculino	01:22:41	+23:07	08:16
39	1417	Luís Antunes	T22	Senior Masculino	01:22:59	+23:25	08:18
40	1210	Bruno Silva	Individual	Senior Masculino	01:23:05	+23:31	08:18
41	1399	Eduardo Daniel Antunes Cruz	T22	Senior Masculino	01:23:23	+23:49	08:20
42	1296	André Filipe Magalhães Machado	NINJAS	Senior Masculino	01:23:23	+23:49	08:20
43	1215	David Pinto Assunção	Individual	Senior Masculino	01:24:21	+24:47	08:26
44	1416	Leonel Magalhães Pereira	T22	Senior Masculino	01:25:28	+25:54	08:33
45	1206	Andre Ricardo Monteiro da Silva	Individual	Senior Masculino	01:26:31	+26:57	08:39
46	1058	Diogo Vale	BemMeQuero	Senior Masculino	01:26:47	+27:13	08:41
47	1401	Emanuel Carvalho	T22	Senior Masculino	01:26:52	+27:18	08:41
48	1394	António Vieira	T22	Senior Masculino	01:27:01	+27:27	08:42
49	1190	Filipe Gonçalves	Gang dos Frangos	Senior Masculino	01:28:09	+28:35	08:49
50	1420	LUÍS LEITE	T22	Senior Masculino	01:28:14	+28:40	08:49
51	1441	Ivo Brás	Today's workout	Senior Masculino	01:28:37	+29:03	08:52
52	1060	Frederico Vieira	BemMeQuero	Senior Masculino	01:28:59	+29:25	08:54
53	1012	Francisco Ventura	4615	Senior Masculino	01:29:10	+29:36	08:55
54	1074	Micael Silva	BemMeQuero	Senior Masculino	01:29:10	+29:36	08:55
55	1062	Hugo Costa	BemMeQuero	Senior Masculino	01:29:42	+30:08	08:58
56	1077	Paulo Costa	BemMeQuero	Senior Masculino	01:30:24	+30:50	09:02
57	1410	João Silva	T22	Senior Masculino	01:30:30	+30:56	09:03
58	1065	João Gomes	BemMeQuero	Senior Masculino	01:31:06	+31:32	09:07
59	1405	Hugo Carvalho	T22	Senior Masculino	01:31:25	+31:51	09:08

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60	1092	Luís Miguel Herman de Sousa	Black Bull	Senior Masculino	01:31:52	+32:18	09:11
61	1075	Miguel Oliveira	BemMeQuero	Senior Masculino	01:32:09	+32:35	09:13
62	1253	Antonio Carlos Duarte Novais	Manguços	Senior Masculino	01:32:10	+32:36	09:13
63	1254	João Pedro Miranda Costa	Manguços	Senior Masculino	01:32:10	+32:36	09:13
64	1207	André Silva	Manguços	Senior Masculino	01:32:11	+32:37	09:13
65	1163	tiago carvalho	ELITE SQUAD	Senior Masculino	01:32:48	+33:14	09:17
66	1403	Fernando Fernandes	T22	Senior Masculino	01:33:17	+33:43	09:20
67	1413	Jorge Monteiro	T22	Senior Masculino	01:33:26	+33:53	09:21
68	1080	Pedro Ribeiro	BemMeQuero	Senior Masculino	01:33:40	+34:06	09:22
69	1056	Carlos Ramos	BemMeQuero	Senior Masculino	01:33:58	+34:24	09:24
70	1223	João Rocha	Individual	Senior Masculino	01:34:11	+34:37	09:25
71	1156	nuno gonçalves	ELITE SQUAD	Senior Masculino	01:34:29	+34:55	09:27
72	1235	Pedro Queijo	Individual	Senior Masculino	01:35:38	+36:04	09:34
73	1428	Pedro Carvalho	T22	Senior Masculino	01:36:45	+37:11	09:40
74	1301	Nuno Costa	Nuno&Helena	Senior Masculino	01:36:51	+37:17	09:41
75	1433	Ricardo Vilaça	T22	Senior Masculino	01:38:42	+39:08	09:52
76	1312	Miguel Lopes	Os Augustos	Senior Masculino	01:38:47	+39:14	09:53
77	1310	João Cerejeira	Os Augustos	Senior Masculino	01:39:09	+39:35	09:55
78	1471	Joan Soulier	Zinzins de l'Espace	Senior Masculino	01:39:41	+40:07	09:58
79	1429	Pedro Costa Matos	T22	Senior Masculino	01:39:43	+40:09	09:58
80	1472	Jules Garrido	Zinzins de l'Espace	Senior Masculino	01:40:00	+40:26	10:00
81	1447	Sérgio Venâncio	Tomara eles ser como nós	Senior Masculino	01:40:05	+40:32	10:01
82	1414	José Manuel dos Santos Ribeiro	T22	Senior Masculino	01:40:42	+41:08	10:04
83	1446	Pedro Moniz	Tomara eles ser como nós	Senior Masculino	01:40:57	+41:23	10:06
84	1217	Filipe Fernandes	Individual	Senior Masculino	01:41:16	+41:42	10:08
85	1402	Fábio Silva	T22	Senior Masculino	01:42:26	+42:52	10:15
86	1214	Carlos Manuel da Silva Barbosa	Individual	Senior Masculino	01:43:21	+43:47	10:20
87	1427	Nuno Manuel Rebelo Silva	T22	Senior Masculino	01:43:33	+43:59	10:21
88	1226	Jorge Silveiredo	Individual	Senior Masculino	01:43:45	+44:11	10:22
89	1224	João Rodrigues	Individual	Senior Masculino	01:43:51	+44:17	10:23
90	1288	Gabriel Fernando Oliveira Meira	Município da Póvoa de Lanhoso	Senior Masculino	01:43:55	+44:21	10:24
91	1242	Tiago Neves Dionísio	Individual	Senior Masculino	01:44:13	+44:39	10:25
92	1426	nuno Filipe Silva Carvalho	T22	Senior Masculino	01:44:39	+45:05	10:28
93	1309	Augusto Franco	Os Augustos	Senior Masculino	01:45:31	+45:57	10:33
94	1299	Sérgio Paulo Moreira Dionísio	NINJAS	Senior Masculino	01:45:33	+45:59	10:33
95	1397	Carlos Gaspar	T22	Senior Masculino	01:45:48	+46:14	10:35
96	1076	Nelson Silva	BemMeQuero	Senior Masculino	01:45:51	+46:17	10:35
97	1321	Marco Silva	Os Lobos - BlueFit	Senior Masculino	01:45:55	+46:21	10:36
98	1322	Nuno Ribeiro	Os Lobos - BlueFit	Senior Masculino	01:46:09	+46:35	10:37
99	1319	José Raposo	Os Lobos - BlueFit	Senior Masculino	01:46:26	+46:52	10:39
100	1317	Diogo Teixeira	Os Lobos - BlueFit	Senior Masculino	01:46:39	+47:05	10:40
101	1059	Edgar Vieira	BemMeQuero	Senior Masculino	01:46:51	+47:18	10:41
102	1161	ricardo gonçalves	ELITE SQUAD	Senior Masculino	01:47:04	+47:31	10:42
103	1072	Luís Silva	BemMeQuero	Senior Masculino	01:47:15	+47:41	10:43
104	1320	Luis Alves	Os Lobos - BlueFit	Senior Masculino	01:47:18	+47:44	10:44
105	1153	Luis gomes	ELITE SQUAD	Senior Masculino	01:47:45	+48:11	10:47

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106	1316	Bruno Sousa	Os Lobos - BlueFit	Senior Masculino	01:47:58	+48:24	10:48
107	1011	Dário Pinto	4615	Senior Masculino	01:48:52	+49:18	10:53
108	1079	Pedro Gonçalves	BemMeQuero	Senior Masculino	01:48:56	+49:22	10:54
109	1357	Marcelo Garces	SundayWorkout	Senior Masculino	01:49:13	+49:39	10:55
110	1358	Nelson Ferreira	SundayWorkout	Senior Masculino	01:49:14	+49:40	10:55
111	1221	Hugo Sevivas Serralheiro	Individual	Senior Masculino	01:49:16	+49:43	10:56
112	1241	Samuel Salcedo	Individual	Senior Masculino	01:49:17	+49:43	10:56
113	1407	Jaime Rodrigues	T22	Senior Masculino	01:49:26	+49:52	10:57
114	1192	Pedro Oliveira	Gang dos Frangos	Senior Masculino	01:49:37	+50:03	10:58
115	1154	Manuel Magalhaes	ELITE SQUAD	Senior Masculino	01:50:05	+50:31	11:01
116	1195	Diogo Alves	Grupo O Setenta	Senior Masculino	01:50:29	+50:55	11:03
117	1193	Cristiano Pereira	Grupo O Setenta	Senior Masculino	01:50:46	+51:12	11:05
118	1452	Luis Pinto	Turtles	Senior Masculino	01:50:56	+51:22	11:06
119	1451	João Ribeiro	Turtles	Senior Masculino	01:51:03	+51:29	11:06
120	1198	Leonardo Imperadeiro	Grupo O Setenta	Senior Masculino	01:51:04	+51:30	11:06
121	1453	Pedro Silva	Turtles	Senior Masculino	01:51:11	+51:37	11:07
122	1361	Vitor Dias	SundayWorkout	Senior Masculino	01:51:17	+51:43	11:08
123	1360	Ricardo Ferreira	SundayWorkout	Senior Masculino	01:52:03	+52:29	11:12
124	1359	Ricardo Cunha	SundayWorkout	Senior Masculino	01:52:13	+52:40	11:13
125	1356	Carlos Ribeiro	SundayWorkout	Senior Masculino	01:52:23	+52:49	11:14
126	1247	Ricardo Ribeiro	Lentos e a Furiosa	Senior Masculino	01:52:23	+52:49	11:14
127	1245	Eduardo Torres	Lentos e a Furiosa	Senior Masculino	01:52:31	+52:57	11:15
128	1102	Romeu Costa	Carrazedo FC	Senior Masculino	01:53:07	+53:33	11:19
129	1101	alexandre freitas	Carrazedo FC	Senior Masculino	01:53:09	+53:35	11:19
130	1246	Rafael Antunes	Lentos e a Furiosa	Senior Masculino	01:53:17	+53:43	11:20
131	1191	Márcio Dias	Gang dos Frangos	Senior Masculino	01:53:28	+53:54	11:21
132	1029	Alex Peixoto	ArruaceirosTeam	Senior Masculino	01:53:29	+53:55	11:21
133	1200	Rafael Surrador	Grupo O Setenta	Senior Masculino	01:53:58	+54:25	11:24
134	1103	tomás faria	Carrazedo FC	Senior Masculino	01:54:09	+54:35	11:25
135	1194	Daniel Gomes	Grupo O Setenta	Senior Masculino	01:54:13	+54:39	11:25
136	1421	Luis Silva	T22	Senior Masculino	01:54:15	+54:41	11:26
137	1398	Davide Coelho	T22	Senior Masculino	01:54:37	+55:03	11:28
138	1197	José Rocha	Grupo O Setenta	Senior Masculino	01:55:37	+56:03	11:34
139	1196	Joao Faria	Grupo O Setenta	Senior Masculino	01:56:14	+56:40	11:37
140	1393	António Abreu	T22	Senior Masculino	01:56:36	+57:02	11:40
141	1418	Luís Fernando Coelho de Oliveira	T22	Senior Masculino	01:57:09	+57:35	11:43
142	1069	José Baptista	BemMeQuero	Senior Masculino	01:57:13	+57:39	11:43
143	1430	Pedro Vaz	T22	Senior Masculino	01:57:44	+58:10	11:46
144	1148	Carlos cunha alves	ELITE SQUAD	Senior Masculino	01:58:02	+58:28	11:48
145	1448	Paulo Sousa	Tt22	Senior Masculino	01:58:06	+58:32	11:49
146	1018	Armando Costa	A Cimenteira da Ponte do Porto Lda	Senior Masculino	01:58:13	+58:39	11:49
147	1158	nuno mota barroso	ELITE SQUAD	Senior Masculino	01:58:23	+58:49	11:50
148	1067	Joaquim Rodrigues	BemMeQuero	Senior Masculino	01:58:42	+59:08	11:52
149	1213	Carlos Daniel Silva Dias	Individual	Senior Masculino	02:00:09	+01:00:35	12:01
150	1114	José Fernandes	ECHO BRAVO	Senior Masculino	02:00:14	+01:00:40	12:01
151	1112	ALVARO AFONSO	ECHO BRAVO	Senior Masculino	02:00:14	+01:00:40	12:01

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152	1117	PEDRO ROCHA	ECHO BRAVO	Senior Masculino	02:00:15	+01:00:41	12:01
153	1305	Pedro Soares	OCR*alhos	Senior Masculino	02:00:19	+01:00:45	12:02
154	1304	André Sobreiro	OCR*alhos	Senior Masculino	02:00:21	+01:00:47	12:02
155	1115	JOSÉ LAGES	ECHO BRAVO	Senior Masculino	02:00:25	+01:00:51	12:02
156	1119	TIAGO SOUSA	ECHO BRAVO	Senior Masculino	02:00:29	+01:00:55	12:03
157	1116	MIGUEL MARQUES	ECHO BRAVO	Senior Masculino	02:00:32	+01:00:58	12:03
158	1113	GONÇALO SILVA	ECHO BRAVO	Senior Masculino	02:00:32	+01:00:58	12:03
159	1020	Manuel Cunha	A Cimenteira da Ponte do Porto Lda	Senior Masculino	02:01:51	+01:02:17	12:01
160	1408	Jerome Oliveira	T22	Senior Masculino	02:02:01	+01:02:27	12:12
161	1395	Bruno Miguel Oliveira	T22	Senior Masculino	02:02:23	+01:02:49	12:14
162	1409	João Pedro Soares	T22	Senior Masculino	02:02:35	+01:03:01	12:15
163	1010	André Mendes	4615	Senior Masculino	02:04:40	+01:05:06	12:28
164	1231	Miguel Carvalho	Individual	Senior Masculino	02:05:02	+01:05:28	12:30
165	1236	Rodrigo Gomes	Individual	Senior Masculino	02:05:03	+01:05:29	12:30
166	1237	Rodrigo Manuel Silva Vieira	Individual	Senior Masculino	02:05:04	+01:05:30	12:30
167	1222	João Francisco Ferreira Cruz	Individual	Senior Masculino	02:05:11	+01:05:37	12:31
168	1027	Ricardo Ferreira	ARRASTÕES	Senior Masculino	02:07:11	+01:07:37	12:43
169	1411	Joel Sousa	T22	Senior Masculino	02:07:11	+01:07:37	12:43
170	1435	Tiago Ramalho Fernandes	T22	Senior Masculino	02:07:21	+01:07:47	12:44
171	1390	André Dias	T22	Senior Masculino	02:07:30	+01:07:57	12:45
172	1415	José Manuel Pereira Henriques	T22	Senior Masculino	02:07:36	+01:08:02	12:46
173	1400	Eduardo Ferreira	T22	Senior Masculino	02:07:46	+01:08:12	12:47
174	1431	Rafael Amorim	T22	Senior Masculino	02:07:51	+01:08:17	12:47
175	1199	Paulo H. Alves	Grupo O Setenta	Senior Masculino	02:08:25	+01:08:51	12:50
176	1111	José Manuel Carneiro Lopes	Domingueiros Madrugadores! Miles & Vibes	Senior Masculino	02:09:33	+01:09:59	12:57
177	1475	Nuno Costa	Domingueiros Madrugadores! Miles & Vibes	Senior Masculino	02:09:52	+01:10:18	12:59
178	1186	João Costa	Fora da caixa	Senior Masculino	02:11:07	+01:11:33	13:07
179	1073	Micael Rodrigues	BemMeQuero	Senior Masculino	02:11:08	+01:11:34	13:07
180	1233	Nuno Pontes	Individual	Senior Masculino	02:11:11	+01:11:37	13:07
181	1118	SAMUEL MOTA	ECHO BRAVO	Senior Masculino	02:11:14	+01:11:40	13:07
182	1108	André Gomes	Domingueiros Madrugadores! Miles & Vibes	Senior Masculino	02:11:38	+01:12:04	13:10
183	1187	JOSÉ CARLOS	Fora da caixa	Senior Masculino	02:12:02	+01:12:28	13:12
184	1184	Edgar Galante	Fora da caixa	Senior Masculino	02:12:10	+01:12:36	13:13
185	1188	Luis Silva	Fora da caixa	Senior Masculino	02:12:18	+01:12:44	13:14
186	1109	Diogo Silva	Domingueiros Madrugadores! Miles & Vibes	Senior Masculino	02:13:14	+01:13:40	13:19
187	1110	João Faria	Domingueiros Madrugadores! Miles & Vibes	Senior Masculino	02:13:14	+01:13:40	13:19
188	1181	André Ferreira	Fora da caixa	Senior Masculino	02:13:41	+01:14:07	13:22
189	1182	Ângelo Costa	Fora da caixa	Senior Masculino	02:13:44	+01:14:10	13:22
190	1165	João Freitas	Fama Dawgs	Senior Masculino	02:13:48	+01:14:14	13:23
191	1166	João Silva	Fama Dawgs	Senior Masculino	02:13:48	+01:14:15	13:23
192	1185	Helder Gonçalves	Fora da caixa	Senior Masculino	02:14:07	+01:14:33	13:25
193	1183	Carlos Alves	Fora da caixa	Senior Masculino	02:14:17	+01:14:43	13:26

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194	1189	Rui Mendes	Fora da caixa	Senior Masculino	02:14:23	+01:14:49	13:26
195	1169	Marco Ferreira	Fama Dawgs	Senior Masculino	02:14:54	+01:15:20	13:29
196	1057	Daniel Sampaio	BemMeQuero	Senior Masculino	02:15:07	+01:15:33	13:31
197	1168	Marco Araújo	Fama Dawgs	Senior Masculino	02:15:32	+01:15:58	13:33
198	1164	Adrian Silva	Fama Dawgs	Senior Masculino	02:15:40	+01:16:06	13:34
199	1167	Luís Araújo	Fama Dawgs	Senior Masculino	02:15:44	+01:16:10	13:34
200	1063	Igor Rosete	BemMeQuero	Senior Masculino	02:15:46	+01:16:12	13:35
201	1002	Magnus Alestrand	16weeksofhell	Senior Masculino	02:16:10	+01:16:36	13:37
202	1099	André Filipe Gouveia Teixeira da Silva	Borussia Doutromundo	Senior Masculino	02:16:30	+01:16:56	13:39
203	1100	Paulo André Martins Oliveira	Borussia Doutromundo	Senior Masculino	02:17:00	+01:17:26	13:42
204	1434	Ruben Vieira	T22	Senior Masculino	02:18:32	+01:18:58	13:51
205	1389	Adriano rocha	T22	Senior Masculino	02:18:39	+01:19:05	13:52
206	1243	VICTOR FREITAS	Individual	Senior Masculino	02:19:00	+01:19:26	13:54
207	1440	Nel Macedo	Teammadrugada Elite	Senior Masculino	02:19:17	+01:19:43	13:56
208	1439	Micael Cerdeira Brandão	Teammadrugada Elite	Senior Masculino	02:19:18	+01:19:44	13:56
209	1349	Gonçalo Machado	Somos+Q6	Senior Masculino	02:20:24	+01:20:50	14:02
210	1348	António Martins	Somos+Q6	Senior Masculino	02:20:25	+01:20:51	14:02
211	1351	Luis Cunha	Somos+Q6	Senior Masculino	02:20:25	+01:20:51	14:03
212	1352	Rui Lopes	Somos+Q6	Senior Masculino	02:20:25	+01:20:51	14:03
213	1021	Ricardo Rocha	A Cimenteira da Ponte do Porto Lda	Senior Masculino	02:20:27	+01:20:53	14:03
214	1350	José Rodrigues	Somos+Q6	Senior Masculino	02:20:30	+01:20:56	14:03
215	1406	Ivan Sousa	T22	Senior Masculino	02:21:17	+01:21:43	14:08
216	1174	Leandro Matos Pais	Fênix	Senior Masculino	02:23:28	+01:23:54	14:21
217	1173	João Tiago Rodrigues Lopes	Fênix	Senior Masculino	02:23:29	+01:23:55	14:21
218	1328	Marcelo Fernandes	Posição de Atleta	Senior Masculino	02:24:00	+01:24:26	14:24
219	1094	Pedro Caçote	Black Bull	Senior Masculino	02:24:07	+01:24:33	14:25
220	1329	Nelson Araújo	Posição de Atleta	Senior Masculino	02:24:23	+01:24:49	14:26
221	1343	Nuno Oliveira	Rookies	Senior Masculino	02:24:31	+01:24:57	14:27
222	1339	Daniel Ferreira	Rookies	Senior Masculino	02:24:33	+01:24:59	14:27
223	1338	Bruno Moura	Rookies	Senior Masculino	02:24:50	+01:25:16	14:29
224	1344	Ricardo Lancão	Rookies	Senior Masculino	02:25:09	+01:25:35	14:31
225	1152	Luís Fernandes	ELITE SQUAD	Senior Masculino	02:25:16	+01:25:42	14:32
226	1342	Nuno Afonso	Rookies	Senior Masculino	02:25:17	+01:25:43	14:32
227	1150	diogo silva	ELITE SQUAD	Senior Masculino	02:26:20	+01:26:46	14:38
228	1404	Fernando Rodrigues	T22	Senior Masculino	02:27:18	+01:27:44	14:44
229	1391	Ângelo Fernandes	T22	Senior Masculino	02:27:39	+01:28:05	14:46
230	1445	Bruno Cunha	Tomara eles ser como nós	Senior Masculino	02:27:41	+01:28:07	14:46
231	1291	Ricardo Teixeira Alves	Município da Póvoa de Lanhoso	Senior Masculino	02:28:46	+01:29:13	14:53
232	1071	Luís Rodrigues	BemMeQuero	Senior Masculino	02:30:34	+01:31:00	15:03
233	1422	Manuel Silva	T22	Senior Masculino	02:30:42	+01:31:08	15:04
234	1274	Filipe Mendonça	Mendonça	Senior Masculino	02:31:34	+01:32:00	15:09
235	1151	gabriel pereira	ELITE SQUAD	Senior Masculino	02:35:55	+01:36:21	15:35
236	1330	Paulo Pereira	Posição de Atleta	Senior Masculino	02:36:06	+01:36:32	15:37
237	1162	Roberto Lopes	ELITE SQUAD	Senior Masculino	02:37:26	+01:37:52	15:45
238	1026	Rafael Cunha	ARRASTÕES	Senior Masculino	02:38:51	+01:39:17	15:53
239	1281	Rui Marques	Minhocas Prateadas	Senior Masculino	02:39:58	+01:40:24	16:00

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240	1279	José Ferreira	Minhocas Prateadas	Senior Masculino	02:41:19	+01:41:45	16:08
241	1278	Eduardo Ferreira	Minhocas Prateadas	Senior Masculino	02:41:20	+01:41:46	16:08
242	1280	Pedro Oliveira	Minhocas Prateadas	Senior Masculino	02:41:28	+01:41:54	16:09
243	1252	Valter Moreira	Maiores de 18	Senior Masculino	02:43:01	+01:43:27	16:18
244	1258	Andre silva	Manipulus	Senior Masculino	02:43:36	+01:44:02	16:22
245	1251	Leandro Castro	Maiores de 18	Senior Masculino	02:44:17	+01:44:43	16:26
246	1260	Nelson ricardo sousa pinto	Manipulus	Senior Masculino	02:44:21	+01:44:47	16:26
247	1261	Sérgio Brás Ferreira	Manipulus	Senior Masculino	02:45:19	+01:45:45	16:32
248	1271	Francisco José Gonçalves Oliveira	Maratonistas do Sofá 2.0	Senior Masculino	02:46:16	+01:46:42	16:38
249	1272	João Pedro Alves Silva Sousa Cruz	Maratonistas do Sofá 2.0	Senior Masculino	02:49:40	+01:50:06	16:58
250	1466	Alexandre Rocha	YRun	Senior Masculino	02:54:14	+01:54:40	17:25
251	1468	Hugo Sousa	YRun	Senior Masculino	02:54:36	+01:55:02	17:28
252	1467	Hugo Rosas	YRun	Senior Masculino	02:57:15	+01:57:41	17:44
253	1469	Ricardo Pinto	YRun	Senior Masculino	02:57:29	+01:57:55	17:45
254	1459	Diogo Filipe	Velozes e Preguiçosos	Senior Masculino	03:13:40	+02:14:06	19:22
255	1460	Rui Pedro Teixeira Pereira	Velozes e Preguiçosos	Senior Masculino	03:13:49	+02:14:15	19:23
256	1458	Bruno Lopes	Velozes e Preguiçosos	Senior Masculino	03:13:56	+02:14:22	19:24

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