

MEIA MARATONA - STAGE 1

21,098 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:00	--	--
End	19:48	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	132	Nelson Fonseca	ADPALM-Associação Desportiva de Palmeiros	01:23:13		03:57	
2	58	André Carvalho	Individual	01:24:18	+01:05	04:00	
3	47	Leonel Marques	Individual	01:25:07	+01:54	04:02	
4	32	João Pedro Mártires da Silva	Individual	01:29:03	+05:50	04:13	
5	3	Bruno Pires	Individual	01:29:40	+06:27	04:15	
6	10	Henrique Janota	Caracóis de Pedra	01:29:50	+06:37	04:15	
7	82	Luis Leite	Individual	01:29:56	+06:43	04:16	
8	110	Nuno Hélder Silva	Individual	01:30:26	+07:13	04:17	
9	180	Eduardo Lourenço	Individual	01:30:46	+07:33	04:18	
10	109	NUNO MIGUEL NOBRE LOPES	Clube Millennium BCP	01:31:16	+08:03	04:20	
11	171	Sérgio Pires	Team ElComandante	01:31:33	+08:20	04:20	
12	40	João Caldeira	Linda-A-Pastora Sporting Clube	01:32:20	+09:07	04:23	
13	75	Richie Bampbell	Individual	01:33:09	+09:56	04:25	
14	157	Ricardino Gomes	Individual	01:33:27	+10:14	04:26	
15	48	Cristiano Salgado	Caracóis de Pedra	01:33:53	+10:40	04:27	
16	114	Ricardo Correia de Oliveira Pedro Varanda	Individual	01:34:02	+10:49	04:27	
17	18	Paulo Jesus	Dragon Club	01:34:22	+11:09	04:28	
18	104	Marcos Francisco de Paula	Equipe Advaldo Brasil	01:34:50	+11:37	04:30	
19	46	Agostinho Matos	CCD Siemens	01:34:57	+11:44	04:30	
20	129	Nuno Gonçalo Santos	GRD RIBEIRA DA LAGE	01:35:15	+12:02	04:31	
21	153	Pedro Simões	Individual	01:35:28	+12:15	04:31	
22	25	António Patrício	Individual	01:36:31	+13:18	04:34	
23	140	José Marcelino	G. D.Reboleira	01:37:02	+13:49	04:36	
24	81	João Vicente	Individual	01:37:51	+14:38	04:38	
25	167	Pedro Miguel Ferreira Cardoso dos Santos	Montes Saloios Trail Team	01:38:48	+15:35	04:41	
26	147	Pedro Marques	Individual	01:38:59	+15:46	04:41	
27	62	Paulo Jorge Martins	Individual	01:39:03	+15:50	04:42	
28	24	Jorge Fonseca	Individual	01:40:02	+16:49	04:44	
29	164	RODRIGO FERREIRA MARQUES VAZ ANTUNES	Individual	01:40:17	+17:04	04:45	
30	55	RUI GAMEIRO	Individual	01:40:27	+17:14	04:46	
31	128	Pedro Ribeiro	RUN 4 FUN	01:42:21	+19:08	04:51	
32	93	Rodrigo Madruga	Giritt	01:43:24	+20:11	04:54	
33	83	Julio Fernandes	Individual	01:43:41	+20:28	04:55	
34	107	Nuno Miguel Leal	Individual	01:43:51	+20:38	04:55	
35	7	Pedro Vicente	Individual	01:44:13	+21:00	04:56	
36	138	Tiago Almeida	Caracóis de Pedra	01:44:16	+21:03	04:57	
37	118	Luís Oliveira	CARAP AUS DE CORRIDA	01:44:41	+21:28	04:58	
38	103	Francisco Doutor	Individual	01:44:43	+21:30	04:58	
39	8	Alexandre Lucas	Caracóis de Pedra	01:44:52	+21:39	04:58	
40	183	Daniel Alves	Individual	01:44:53	+21:40	04:58	

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21,098 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	175	Mário Cláudio	CCD Generali Tranquilidade	01:45:19	+22:06	04:59	
42	57	Gijs-Jan Groeneveld	Individual	01:47:14	+24:01	05:05	
43	150	Luís Avó	Individual	01:47:25	+24:12	05:05	
44	123	Diogo Miguel Rodrigues Rocha	Individual	01:47:31	+24:18	05:06	
45	133	Nuno Marques	Nuno Marques	01:47:32	+24:19	05:06	
46	112	José Carlos Abrantes	Individual	01:47:47	+24:34	05:07	
47	178	Tomas Mateus	Individual	01:48:02	+24:49	05:07	
48	12	Nuno Cabeça	Individual	01:48:10	+24:57	05:08	
49	139	Oscar Dias	Individual	01:48:14	+25:01	05:08	
50	9	Sérgio Pedro	Individual	01:48:45	+25:32	05:09	
51	70	Mateus Franco Conde	Individual	01:49:01	+25:48	05:10	
52	99	João Pedro Silva	Individual	01:49:34	+26:21	05:12	
53	184	Bruno Silva	Individual	01:49:40	+26:27	05:12	
54	134	Luis Miguel Junqueiro	Individual	01:49:53	+26:40	05:12	
55	108	Joao Caetano	Individual	01:50:03	+26:50	05:13	
56	64	Nuno Madureira	Individual	01:50:14	+27:01	05:13	
57	177	Evan Venie	Individual	01:50:21	+27:08	05:14	
58	35	Eduardo Leite	Individual	01:50:28	+27:15	05:14	
59	39	Pedro Carvalho	Individual	01:50:28	+27:15	05:14	
60	176	Nelson Mota	CCD Generali Tranquilidade	01:50:37	+27:24	05:15	
61	122	Oleksiy Onishchenko	Individual	01:50:41	+27:28	05:15	
62	50	Nuno Borges Pereira	Individual	01:50:42	+27:29	05:15	
63	141	ANTÓNIO LOURO	Individual	01:50:42	+27:29	05:15	
64	162	Ricardo José Castro Silva	Individual	01:51:43	+28:30	05:18	
65	156	João Caetano	Individual	01:51:52	+28:39	05:18	
66	63	Eduardo Manuel Coelho Luís	Atómicos	01:52:10	+28:57	05:19	
67	56	Carina Castro	Individual	01:52:31	+29:18	05:20	
68	11	José Sousa	Associação de atletismo Lebres do sado	01:53:25	+30:12	05:23	
69	127	Angelo Luis	Individual	01:54:00	+30:47	05:24	
70	155	Luis Miguel Calha Marques	Individual	01:54:05	+30:52	05:24	
71	2	José Luís	Clube Desportivo de Mafra	01:54:13	+31:00	05:25	
72	34	Pedro Simões	RUN 4 FUN	01:54:31	+31:18	05:26	
73	146	Jose Carlos Pereira	Individual	01:54:35	+31:22	05:26	
74	89	Isadora Costa	Individual	01:55:45	+32:32	05:29	
75	22	Paulo Silva	Individual	01:56:09	+32:56	05:30	
76	158	Luis Graça	Individual	01:56:51	+33:38	05:32	
77	170	António Pedro Santos	Salamandrecos	01:56:53	+33:40	05:32	
78	80	Gonçalo Diogo	Individual	01:57:12	+33:59	05:33	
79	72	Paulo Raposo	Individual	01:57:20	+34:07	05:34	
80	96	Ana Luiza Rappel de Amorim	Individual	01:57:53	+34:40	05:35	
81	60	Américo Rodrigues	Casa do Benfica em Algueirão Mem Martins	01:57:53	+34:40	05:35	
82	14	Dina Mota	Associação de atletismo Lebres do sado	01:57:55	+34:42	05:35	
83	137	Paulo Queirós	Individual	01:58:09	+34:56	05:36	
84	161	Jerra Kuster Veríssimo	Individual	01:58:47	+35:34	05:38	
85	6	Pedro Ramos	Individual	01:59:02	+35:49	05:39	
86	1	António Ferreira	Individual	01:59:10	+35:57	05:39	

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[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	111	Catarina Paz	Individual	01:59:16	+36:03	05:39	
88	4	Paulo Lourinho	Individual	01:59:36	+36:23	05:40	
89	136	Nelson Feliciano	Clube EDP - Lisboa	01:59:52	+36:39	05:41	
90	43	Hugo Fernandes	RUN 4 FUN	01:59:55	+36:42	05:41	
91	51	Nuno Afonso	Individual	02:00:28	+37:15	05:43	
92	87	Paulo Brito	Clube de atletismo de Sintra	02:00:53	+37:40	05:44	
93	135	Afonso Ferreira	Individual	02:01:40	+38:27	05:46	
94	113	Alexandre Palmeiro	Individual	02:01:41	+38:28	05:46	
95	102	Bohdan Bodyanchuk	Individual	02:03:09	+39:56	05:50	
96	151	Oleksandr Plysyuk	Individual	02:03:09	+39:56	05:50	
97	168	Fábio Silva	Individual	02:03:17	+40:04	05:51	
98	30	Rui Alegre	Individual	02:04:33	+41:20	05:54	
99	105	Cristina Augusta Ferreira	Equipe Advaldo Brasil	02:04:47	+41:34	05:55	
100	21	Edgar Gonçalves	Individual	02:04:53	+41:40	05:55	
101	148	João Moura	Individual	02:05:54	+42:41	05:58	
102	52	DANIEL JOSE BRITO PEREIRA	Individual	02:06:03	+42:50	05:58	
103	36	Paulo Sousa	Individual	02:06:37	+43:24	06:00	
104	23	Sara Catita	RUN 4 FUN	02:07:25	+44:12	06:02	
105	174	Carlos Freitas	Individual	02:07:36	+44:23	06:03	
106	84	Ana Coutinho	GRD RIBEIRA DA LAGE	02:07:42	+44:29	06:03	
107	145	Sónia Cristina dos Santos Loureiro	Individual	02:08:22	+45:09	06:05	
108	27	Rui Faria	RUN 4 FUN	02:09:06	+45:53	06:07	
109	13	André Beja	Individual	02:09:36	+46:23	06:09	
110	144	Ricardo Pinto	Individual	02:09:46	+46:33	06:09	
111	86	Cândida Ganchas	GRD RIBEIRA DA LAGE	02:09:54	+46:41	06:09	
112	163	Bruno Miguel Espada Félix	Individual	02:10:16	+47:03	06:10	
113	92	João Campos	Individual	02:10:18	+47:05	06:11	
114	91	Patrícia Pereira dos Santos	Individual	02:10:19	+47:06	06:11	
115	185	KITA .	Os Galgos Audazes	02:10:24	+47:11	06:11	
116	78	Luis Miguel Duque Santos	Associação de atletismo Lebres do sado	02:11:04	+47:51	06:13	
117	131	Heitor Costa	Individual	02:12:10	+48:57	06:16	
118	17	João Santos	Clube EDP - Lisboa	02:12:45	+49:32	06:18	
119	85	Cátia Ramos	GRD RIBEIRA DA LAGE	02:12:53	+49:40	06:18	
120	26	Teodoro Trindade	RUN 4 FUN	02:12:56	+49:43	06:18	
121	106	Gonçalo Fontes de Melo	Individual	02:12:56	+49:43	06:18	
122	20	Miguel Castela	Individual	02:14:41	+51:28	06:23	
123	29	Sandra Simões	RUN 4 FUN	02:14:44	+51:31	06:23	
124	53	Adalberto Grilo	RUN 4 FUN	02:15:06	+51:53	06:24	
125	37	Alexandre Reis	Individual	02:15:38	+52:25	06:26	
126	65	Nuno Manuel Sanches Fernandes Alves	Individual	02:15:47	+52:34	06:26	
127	71	Maria da Luz da Cruz Conchinha	Individual	02:17:16	+54:03	06:30	
128	42	Ana Pereira	Individual	02:19:42	+56:29	06:37	
129	28	Marta Palongo	Associação de atletismo Lebres do sado	02:19:55	+56:42	06:38	
130	119	António lucas	CARAPAU DE CORRIDA	02:20:52	+57:39	06:41	
131	16	Bruno Lino	Associação de atletismo Lebres do sado	02:22:08	+58:55	06:44	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	142	Carlos Magalhães	Individual	02:22:24	+59:11	06:45	
133	90	Mafalda Nunes	Associação de atletismo Lebres do sado	02:22:41	+59:28	06:46	
134	15	Paulo Mota	Associação de atletismo Lebres do sado	02:22:41	+59:28	06:46	
135	19	Paulo Conceição	Associação de atletismo Lebres do sado	02:22:42	+59:29	06:46	
136	59	Miguel Costa Macedo	Individual	02:22:51	+59:38	06:46	
137	5	Célia Maria Azenha	Individual	02:23:18	+01:00:05	06:48	
138	66	Francisco Afonso	RUN 4 FUN	02:24:54	+01:01:41	06:52	
139	38	Nuno Luís Lourenço de Sousa	Individual	02:25:49	+01:02:36	06:55	
140	73	Maria João Anastácio Alves	Individual	02:26:53	+01:03:40	06:58	
141	179	José Valentim	Individual	02:28:21	+01:05:08	07:02	
142	149	Filipe Côrte-Real	RUN 4 FUN	02:38:54	+01:15:41	07:32	
143	115	Ludmila Carvalho Bisson	CLUB MARATÓN BADAJOZ	02:39:03	+01:15:50	07:32	
144	67	Ana Cristina Morgado	RUN 4 FUN	02:40:54	+01:17:41	07:38	
145	98	Julie Deeglise	Individual	02:41:36	+01:18:23	07:40	
146	97	Elisabeth Murray	Individual	02:46:43	+01:23:30	07:54	

Meia Maratona

21,098 KM

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:00	-99°C	-99%
End	19:48	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	89	Isadora Costa	Individual	Senior Feminino	01:55:45	05:29:08
2	96	Ana Luiza Rappel de Amorim	Individual	Senior Feminino	01:57:53	+02:08 05:35:16
3	111	Catarina Paz	Individual	Senior Feminino	01:59:16	+03:31 05:39:47
4	84	Ana Coutinho	GRD RIBEIRA DA LAGE	Senior Feminino	02:07:42	+11:56 06:03:39

Senior Masculino

1	58	André Carvalho	Individual	Senior Masculino	01:24:18	04:00
2	3	Bruno Pires	Individual	Senior Masculino	01:29:40	+05:22 04:15
3	82	Luis Leite	Individual	Senior Masculino	01:29:56	+05:37 04:16
4	110	Nuno Hélder Silva	Individual	Senior Masculino	01:30:26	+06:07 04:17
5	75	Richie Bampbell	Individual	Senior Masculino	01:33:09	+08:51 04:25
6	157	Ricardino Gomes	Individual	Senior Masculino	01:33:27	+09:08 04:26
7	48	Cristiano Salgado	Caracóis de Pedra	Senior Masculino	01:33:53	+09:35 04:27
8	114	Ricardo Correia de Oliveira Pedro Varanda	Individual	Senior Masculino	01:34:02	+09:43 04:27
9	153	Pedro Simões	Individual	Senior Masculino	01:35:28	+11:09 04:31
10	147	Pedro Marques	Individual	Senior Masculino	01:38:59	+14:40 04:41
11	164	RODRIGO FERREIRA MARQUES VAZ ANTUNES	Individual	Senior Masculino	01:40:17	+15:58 04:45
12	57	Gijs-Jan Groeneveld	Individual	Senior Masculino	01:47:14	+22:55 05:05
13	123	Diogo Miguel Rodrigues Rocha	Individual	Senior Masculino	01:47:31	+23:13 05:06
14	178	Tomas Mateus	Individual	Senior Masculino	01:48:02	+23:43 05:07
15	184	Bruno Silva	Individual	Senior Masculino	01:49:40	+25:22 05:12
16	108	Joao Caetano	Individual	Senior Masculino	01:50:03	+25:44 05:13
17	80	Gonçalo Diogo	Individual	Senior Masculino	01:57:12	+32:53 05:33
18	161	Jerra Kuster Veríssimo	Individual	Senior Masculino	01:58:47	+34:28 05:38
19	136	Nelson Feliciano	Clube EDP - Lisboa	Senior Masculino	01:59:52	+35:33 05:41
20	43	Hugo Fernandes	RUN 4 FUN	Senior Masculino	01:59:55	+35:36 05:41
21	135	Afonso Ferreira	Individual	Senior Masculino	02:01:40	+37:22 05:46
22	102	Bohdan Bodyanchuk	Individual	Senior Masculino	02:03:09	+38:51 05:50
23	151	Oleksandr Plysyuk	Individual	Senior Masculino	02:03:09	+38:51 05:50
24	168	Fábio Silva	Individual	Senior Masculino	02:03:17	+38:58 05:51
25	144	Ricardo Pinto	Individual	Senior Masculino	02:09:46	+45:27 06:09
26	131	Heitor Costa	Individual	Senior Masculino	02:12:10	+47:52 06:16

Sub 23 Masculino

1	81	João Vicente	Individual	Sub 23 Masculino	01:37:51	04:38
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Official Timekeeper: Lap2Go	1 / 5	generate 13-set.-2025 19:52
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Meia Maratona

21,098 KM

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OFFICIAL RESULT

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2	93	Rodrigo Madruga	Giritt	Sub 23 Masculino	01:43:24	+05:32	04:54
3	103	Francisco Doutor	Individual	Sub 23 Masculino	01:44:43	+06:52	04:58
4	70	Mateus Franco Conde	Individual	Sub 23 Masculino	01:49:01	+11:09	05:10
5	59	Miguel Costa Macedo	Individual	Sub 23 Masculino	02:22:51	+44:59	06:46

Veterana F40

1	56	Carina Castro	Individual	Veterana F40	01:52:31	05:20
2	23	Sara Catita	RUN 4 FUN	Veterana F40	02:07:25	+14:53 06:02
3	85	Cátia Ramos	GRD RIBEIRA DA LAGE	Veterana F40	02:12:53	+20:22 06:18
4	28	Marta Palongo	Associação de atletismo Lebres do sado	Veterana F40	02:19:55	+27:24 06:38

Veterana F45

1	105	Cristina Augusta Ferreira	Equipe Advaldo Brasil	Veterana F45	02:04:47	05:55
2	145	Sónia Cristina dos Santos Loureiro	Individual	Veterana F45	02:08:22	+03:35 06:05
3	115	Ludmila Carvalho Bisson	CLUB MARATÓN BADAJOZ	Veterana F45	02:39:03	+34:15 07:32

Veterana F50

1	86	Cândida Ganchas	GRD RIBEIRA DA LAGE	Veterana F50	02:09:54	06:09
2	91	Patrícia Pereira dos Santos	Individual	Veterana F50	02:10:19	+00:24 06:11
3	73	Maria João Anastácio Alves	Individual	Veterana F50	02:26:53	+16:58 06:58
4	98	Julie Deeglise	Individual	Veterana F50	02:41:36	+31:42 07:40

Veterana F55

1	14	Dina Mota	Associação de atletismo Lebres do sado	Veterana F55	01:57:55	05:35
2	29	Sandra Simões	RUN 4 FUN	Veterana F55	02:14:44	+16:48 06:23
3	42	Ana Pereira	Individual	Veterana F55	02:19:42	+21:46 06:37
4	90	Mafalda Nunes	Associação de atletismo Lebres do sado	Veterana F55	02:22:41	+24:45 06:46
5	67	Ana Cristina Morgado	RUN 4 FUN	Veterana F55	02:40:54	+42:58 07:38

Veterana F60

1	185	KITA .	Os Galgos Audazes	Veterana F60	02:10:24	06:11
2	5	Célia Maria Azenha	Individual	Veterana F60	02:23:18	+12:54 06:48
3	97	Elisabeth Murray	Individual	Veterana F60	02:46:43	+36:18 07:54

Meia Maratona

21,098 KM

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OFFICIAL RESULT

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Veterana F65

1	71	Maria da Luz da Cruz Conchinha	Individual	Veterana F65	02:17:16	06:30
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Veterano M40

1	47	Leonel Marques	Individual	Veterano M40	01:25:07	04:02
2	8	Alexandre Lucas	Caracóis de Pedra	Veterano M40	01:44:52	+19:45 04:58
3	183	Daniel Alves	Individual	Veterano M40	01:44:53	+19:46 04:58
4	139	Oscar Dias	Individual	Veterano M40	01:48:14	+23:06 05:08
5	9	Sérgio Pedro	Individual	Veterano M40	01:48:45	+23:38 05:09
6	64	Nuno Madureira	Individual	Veterano M40	01:50:14	+25:07 05:13
7	162	Ricardo José Castro Silva	Individual	Veterano M40	01:51:43	+26:36 05:18
8	155	Luis Miguel Calha Marques	Individual	Veterano M40	01:54:05	+28:58 05:24
9	22	Paulo Silva	Individual	Veterano M40	01:56:09	+31:02 05:30
10	1	António Ferreira	Individual	Veterano M40	01:59:10	+34:02 05:39
11	113	Alexandre Palmeiro	Individual	Veterano M40	02:01:41	+36:33 05:46
12	163	Bruno Miguel Espada Félix	Individual	Veterano M40	02:10:16	+45:09 06:10

Veterano M45

1	132	Nelson Fonseca	ADPALM-Associação Desportiva de Palmeiros	Veterano M45	01:23:13	03:57
2	32	João Pedro Mártires da Silva	Individual	Veterano M45	01:29:03	+05:49 04:13
3	171	Sérgio Pires	Team ElComandante	Veterano M45	01:31:33	+08:19 04:20
4	18	Paulo Jesus	Dragon Club	Veterano M45	01:34:22	+11:08 04:28
5	46	Agostinho Matos	CCD Siemens	Veterano M45	01:34:57	+11:43 04:30
6	129	Nuno Gonçalo Santos	GRD RIBEIRA DA LAGE	Veterano M45	01:35:15	+12:01 04:31
7	25	António Patrício	Individual	Veterano M45	01:36:31	+13:17 04:34
8	24	Jorge Fonseca	Individual	Veterano M45	01:40:02	+16:48 04:44
9	55	RUI GAMEIRO	Individual	Veterano M45	01:40:27	+17:13 04:46
10	128	Pedro Ribeiro	RUN 4 FUN	Veterano M45	01:42:21	+19:07 04:51
11	83	Julio Fernandes	Individual	Veterano M45	01:43:41	+20:27 04:55
12	138	Tiago Almeida	Caracóis de Pedra	Veterano M45	01:44:16	+21:02 04:57
13	118	Luís Oliveira	CARAP AUS DE CORRIDA	Veterano M45	01:44:41	+21:27 04:58
14	175	Mário Cláudio	CCD Generali Tranquilidade	Veterano M45	01:45:19	+22:05 04:59
15	150	Luís Avó	Individual	Veterano M45	01:47:25	+24:11 05:05
16	134	Luis Miguel Junqueiro	Individual	Veterano M45	01:49:53	+26:39 05:12
17	177	Evan Venie	Individual	Veterano M45	01:50:21	+27:07 05:14
18	35	Eduardo Leite	Individual	Veterano M45	01:50:28	+27:14 05:14
19	39	Pedro Carvalho	Individual	Veterano M45	01:50:28	+27:14 05:14
20	122	Oleksiy Onishchenko	Individual	Veterano M45	01:50:41	+27:27 05:15
21	50	Nuno Borges Pereira	Individual	Veterano M45	01:50:42	+27:29 05:15
22	63	Eduardo Manuel Coelho Luís	Atómicos	Veterano M45	01:52:10	+28:56 05:19

Meia Maratona

21,098 KM

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OFFICIAL RESULT

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23	127	Angelo Luis	Individual	Veterano M45	01:54:00	+30:46	05:24
24	51	Nuno Afonso	Individual	Veterano M45	02:00:28	+37:14	05:43
25	30	Rui Alegre	Individual	Veterano M45	02:04:33	+41:19	05:54
26	21	Edgar Gonçalves	Individual	Veterano M45	02:04:53	+41:39	05:55
27	13	André Beja	Individual	Veterano M45	02:09:36	+46:22	06:09
28	65	Nuno Manuel Sanches Fernandes Alves	Individual	Veterano M45	02:15:47	+52:33	06:26
29	38	Nuno Luís Lourenço de Sousa	Individual	Veterano M45	02:25:49	+01:02:35	06:55

Veterano M50

1	10	Henrique Janota	Caracóis de Pedra	Veterano M50	01:29:50	04:15
2	109	NUNO MIGUEL NOBRE LOPES	Clube Millennium BCP	Veterano M50	01:31:16	+01:25 04:20
3	104	Marcos Francisco de Paula	Equipe Advaldo Brasil	Veterano M50	01:34:50	+05:00 04:30
4	167	Pedro Miguel Ferreira Cardoso dos Santos	Montes Saloios Trail Team	Veterano M50	01:38:48	+08:58 04:41
5	112	José Carlos Abrantes	Individual	Veterano M50	01:47:47	+17:57 05:07
6	141	ANTÓNIO LOURO	Individual	Veterano M50	01:50:42	+20:52 05:15
7	156	João Caetano	Individual	Veterano M50	01:51:52	+22:02 05:18
8	11	José Sousa	Associação de atletismo Lebres do sado	Veterano M50	01:53:25	+23:34 05:23
9	2	José Luís	Clube Desportivo de Mafra	Veterano M50	01:54:13	+24:23 05:25
10	34	Pedro Simões	RUN 4 FUN	Veterano M50	01:54:31	+24:41 05:26
11	72	Paulo Raposo	Individual	Veterano M50	01:57:20	+27:29 05:34
12	87	Paulo Brito	Clube de atletismo de Sintra	Veterano M50	02:00:53	+31:03 05:44
13	52	DANIEL JOSE BRITO PEREIRA	Individual	Veterano M50	02:06:03	+36:13 05:58
14	36	Paulo Sousa	Individual	Veterano M50	02:06:37	+36:46 06:00
15	27	Rui Faria	RUN 4 FUN	Veterano M50	02:09:06	+39:16 06:07
16	92	João Campos	Individual	Veterano M50	02:10:18	+40:28 06:11
17	20	Miguel Castela	Individual	Veterano M50	02:14:41	+44:50 06:23
18	16	Bruno Lino	Associação de atletismo Lebres do sado	Veterano M50	02:22:08	+52:18 06:44

Veterano M55

1	180	Eduardo Lourenço	Individual	Veterano M55	01:30:46	04:18
2	62	Paulo Jorge Martins	Individual	Veterano M55	01:39:03	+08:16 04:42
3	107	Nuno Miguel Leal	Individual	Veterano M55	01:43:51	+13:05 04:55
4	133	Nuno Marques	Nuno Marques	Veterano M55	01:47:32	+16:45 05:06
5	12	Nuno Cabeça	Individual	Veterano M55	01:48:10	+17:24 05:08
6	99	João Pedro Silva	Individual	Veterano M55	01:49:34	+18:47 05:12
7	176	Nelson Mota	CCD Generali Tranquilidade	Veterano M55	01:50:37	+19:50 05:15
8	146	Jose Carlos Pereira	Individual	Veterano M55	01:54:35	+23:49 05:26
9	158	Luis Graça	Individual	Veterano M55	01:56:51	+26:05 05:32
10	170	António Pedro Santos	Salamandrecos	Veterano M55	01:56:53	+26:06 05:32
11	137	Paulo Queirós	Individual	Veterano M55	01:58:09	+27:22 05:36
12	6	Pedro Ramos	Individual	Veterano M55	01:59:02	+28:16 05:39

Meia Maratona

21,098 KM

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OFFICIAL RESULT

[illegible]

13	4	Paulo Lourinho	Individual	Veterano M55	01:59:36	+28:49	05:40
14	174	Carlos Freitas	Individual	Veterano M55	02:07:36	+36:50	06:03
15	17	João Santos	Clube EDP - Lisboa	Veterano M55	02:12:45	+41:59	06:18
16	106	Gonçalo Fontes de Melo	Individual	Veterano M55	02:12:56	+42:10	06:18
17	119	António lucas	CARAP AUS DE CORRIDA	Veterano M55	02:20:52	+50:05	06:41
18	142	Carlos Magalhães	Individual	Veterano M55	02:22:24	+51:38	06:45
19	15	Paulo Mota	Associação de atletismo Lebres do sado	Veterano M55	02:22:41	+51:55	06:46
20	19	Paulo Conceição	Associação de atletismo Lebres do sado	Veterano M55	02:22:42	+51:55	06:46

Veterano M60

1	40	João Caldeira	Linda-A-Pastora Sporting Clube	Veterano M60	01:32:20	04:23
2	140	José Marcelino	G. D.Reboleira	Veterano M60	01:37:02	+04:42 04:36
3	7	Pedro Vicente	Individual	Veterano M60	01:44:13	+11:52 04:56
4	78	Luis Miguel Duque Santos	Associação de atletismo Lebres do sado	Veterano M60	02:11:04	+38:44 06:13
5	26	Teodoro Trindade	RUN 4 FUN	Veterano M60	02:12:56	+40:36 06:18
6	53	Adalberto Grilo	RUN 4 FUN	Veterano M60	02:15:06	+42:46 06:24
7	37	Alexandre Reis	Individual	Veterano M60	02:15:38	+43:18 06:26
8	66	Francisco Afonso	RUN 4 FUN	Veterano M60	02:24:54	+52:34 06:52
9	149	Filipe Côrte-Real	RUN 4 FUN	Veterano M60	02:38:54	+01:06:34 07:32

Veterano M65

1	60	Américo Rodrigues	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:57:53	05:35
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Veterano M70

1	148	João Moura	Individual	Veterano M70	02:05:54	05:58
2	179	José Valentim	Individual	Veterano M70	02:28:21	+22:26 07:02

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Official Timekeeper: Lap2Go	1 / 1	generate 13-set.-2025 19:53
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MEIA RAMPA - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:00	--	--
End	18:40	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	549	Antonio José Pinto	CPA CHESMAS	51:53		03:59	
2	529	Manuel Mascarenhas	NAZA	52:35	+00:42	04:03	
3	544	Diogo Azevedo	Casa Benfica Seixal	55:15	+03:22	04:15	
4	546	Hugo Borges	Individual	57:36	+05:43	04:26	
5	518	MÁRIO MOREIRA	Correr Queluz	59:33	+07:40	04:35	
6	520	Nuno Queija	C.F. Os Belenenses	01:01:10	+09:17	04:42	
7	525	José Veríssimo	Individual	01:01:25	+09:32	04:43	
8	506	André Riscado	U.R.Charneca	01:02:00	+10:07	04:46	
9	554	André Valério	Individual	01:04:18	+12:25	04:57	
10	543	Remerson Soares	Individual	01:06:33	+14:40	05:07	
11	541	Luísa Palminhas	CPA CHESMAS	01:06:45	+14:52	05:08	
12	528	Patrícia Arromba	Individual	01:06:50	+14:57	05:08	
13	522	João Manuel Nunes Rosinha	ARSM	01:08:29	+16:36	05:16	
14	524	Ricardo Domingues Leitão	Individual	01:08:29	+16:36	05:16	
15	534	Isabel Abrantes	Individual	01:08:30	+16:37	05:16	
16	547	Viacheslav Matveev	Individual	01:09:36	+17:43	05:21	
17	550	Nuno Torres	CPA CHESMAS	01:11:21	+19:28	05:29	
18	540	José María Caballero	Individual	01:12:06	+20:13	05:33	
19	509	Marina Marques	RUN 4 FUN	01:12:26	+20:33	05:34	
20	555	Cláudio Alexandre Duarte Silva	Individual	01:13:36	+21:43	05:40	
21	551	Armando Parreira	CCD Generali Tranquilidade	01:14:35	+22:42	05:44	
22	538	Martim Cabral	Clarinha Alves Team	01:15:32	+23:39	05:49	
23	557	Helder de Jesus Paulo	Individual	01:17:34	+25:41	05:58	
24	519	Rita Isabel Bia da Silva	Individual	01:17:38	+25:45	05:58	
25	523	Mário Duarte	Individual	01:22:00	+30:07	06:18	
26	531	Pedro Braz	Agualva Runners	01:23:15	+31:22	06:24	
27	553	Sandra Maximiano	Individual	01:23:17	+31:24	06:24	
28	548	Mauro Serra	Individual	01:23:52	+31:59	06:27	
29	503	Paulo Jorge Gonçalves Rodrigues	Individual	01:25:44	+33:51	06:36	
30	556	Atleta 556	Individual	01:26:35	+34:42	06:40	
31	501	Manuel Graça	Individual	01:27:43	+35:50	06:45	
32	120	Filipa ferrujento	CARAPAU DE CORRIDA	01:27:51	+35:58	06:45	
33	117	Marta Vieira	CARAPAU DE CORRIDA	01:27:52	+35:59	06:46	
34	527	Diogo sousa	CARAPAU DE CORRIDA	01:29:55	+38:02	06:55	
35	74	Ana Baptista	Individual	01:30:17	+38:24	06:57	
36	532	Rogério Mordido Venâncio	Individual	01:31:24	+39:31	07:02	
37	521	Paula alexandra correia	Individual	01:31:40	+39:47	07:03	
38	511	André da Silva Reis	Individual	01:32:33	+40:40	07:07	
39	504	Rosa Figueiredo	Individual	01:33:05	+41:12	07:10	
40	510	Sónia Raquel Rodrigues Coelho Reis	Individual	01:33:06	+41:13	07:10	
41	530	Alexandre Sandinha	Individual	01:33:06	+41:13	07:10	

13 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	2 / 2	generate 13-set.-2025 19:31
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Meia Rampa

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	17:00	-99°C	-99%
End	18:40	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	528	Patrícia Arromba	Individual	Senior Feminino	01:06:50	05:08
2	519	Rita Isabel Bia da Silva	Individual	Senior Feminino	01:17:38	+10:47 05:58
3	74	Ana Baptista	Individual	Senior Feminino	01:30:17	+23:26 06:57
4	504	Rosa Figueiredo	Individual	Senior Feminino	01:33:05	+26:14 07:10
5	502	Sandra Coelho	Individual	Senior Feminino	01:33:07	+26:16 07:10
6	533	Paula Severino	Individual	Senior Feminino	01:33:07	+26:16 07:10

Senior Masculino

1	554	André Valério	Individual	Senior Masculino	01:04:18		04:57
2	543	Remerson Soares	Individual	Senior Masculino	01:06:33	+02:14	05:07
3	547	Viacheslav Matveev	Individual	Senior Masculino	01:09:36	+05:17	05:21
4	540	José María Caballero	Individual	Senior Masculino	01:12:06	+07:47	05:33
5	523	Mário Duarte	Individual	Senior Masculino	01:22:00	+17:41	06:18
6	503	Paulo Jorge Gonçalves Rodrigues	Individual	Senior Masculino	01:25:44	+21:25	06:36
7	556	Atleta 556	Individual	Senior Masculino	01:26:35	+22:16	06:40
8	530	Alexandre Sandinha	Individual	Senior Masculino	01:33:06	+28:47	07:10

Sub 23 Feminino

1	534	Isabel Abrantes	Individual	Sub 23 Feminino	01:08:30	05:16
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Sub 23 Masculino

1	538	Martim Cabral	Clarinha Alves Team	Sub 23 Masculino	01:15:32	05:49
2	542	Diogo Silva	Clarinha Alves Team	Sub 23 Masculino	01:33:39	+18:06 07:12
3	539	Jónatas Anselmo	Clarinha Alves Team	Sub 23 Masculino	01:38:03	+22:30 07:33

Veterana F40

1	510	Sónia Raquel Rodrigues Coelho Reis	Individual	Veterana F40	01:33:06	07:10
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Veterana F45

1	553	Sandra Maximiano	Individual	Veterana F45	01:23:17	06:24
2	117	Marta Vieira	CARAPAU DE CORRIDA	Veterana F45	01:27:52	+04:35 06:46

Meia Rampa

13 KM

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OFFICIAL RESULT

[illegible]

3	545	Iris Maurício	Individual	Veterana F45	01:33:21	+10:03	07:11
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Veterana F50

1	509	Marina Marques	RUN 4 FUN	Veterana F50	01:12:26	05:34
2	120	Filipa ferrujento	CARAPUS DE CORRIDA	Veterana F50	01:27:51	+15:25 06:45

Veterana F55

1	541	Luísa Palminhas	CPA CHESMAS	Veterana F55	01:06:45	05:08
2	521	Paula alexandra correia	Individual	Veterana F55	01:31:40	+24:55 07:03
3	552	Ana Mendes	CCD Generali Tranquilidade	Veterana F55	01:38:53	+32:08 07:36

Veterano M40

1	529	Manuel Mascarenhas	NAZA	Veterano M40	52:35	04:03
2	546	Hugo Borges	Individual	Veterano M40	57:36	+05:01 04:26
3	550	Nuno Torres	CPA CHESMAS	Veterano M40	01:11:21	+18:45 05:29
4	555	Cláudio Alexandre Duarte Silva	Individual	Veterano M40	01:13:36	+21:00 05:40
5	548	Mauro Serra	Individual	Veterano M40	01:23:52	+31:17 06:27
6	511	André da Silva Reis	Individual	Veterano M40	01:32:33	+39:57 07:07

Veterano M45

1	544	Diogo Azevedo	Casa Benfica Seixal	Veterano M45	55:15	04:15
2	518	MÁRIO MOREIRA	Correr Queluz	Veterano M45	59:33	+04:17 04:35
3	506	André Riscado	U.R.Charneca	Veterano M45	01:02:00	+06:45 04:46
4	524	Ricardo Domingues Leitão	Individual	Veterano M45	01:08:29	+13:13 05:16
5	531	Pedro Braz	Agualva Runners	Veterano M45	01:23:15	+27:59 06:24
6	527	Diogo sousa	CARAPUS DE CORRIDA	Veterano M45	01:29:55	+34:40 06:55

Veterano M50

1	549	Antonio José Pinto	CPA CHESMAS	Veterano M50	51:53	03:59
2	520	Nuno Queija	C.F. Os Belenenses	Veterano M50	01:01:10	+09:16 04:42
3	522	João Manuel Nunes Rosinha	ARSM	Veterano M50	01:08:29	+16:36 05:16

Veterano M55

1	525	José Veríssimo	Individual	Veterano M55	01:01:25	04:43
2	551	Armando Parreira	CCD Generali Tranquilidade	Veterano M55	01:14:35	+13:10 05:44

13 KM

OFFICIAL RESULT

[illegible]

1	557	Helder de Jesus Paulo	Individual	Veterano M65	01:17:34	05:58
2	501	Manuel Graça	Individual	Veterano M65	01:27:43	+10:08 06:45
3	532	Rogério Mordido Venâncio	Individual	Veterano M65	01:31:24	+13:49 07:02
4	535	Ventura Saraiva	Runlovers	Veterano M65	01:33:22	+15:47 07:11
5	515	Paulo Quaresma	Veteranos de Massama	Veterano M65	01:36:48	+19:13 07:27

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