

MEIA MARATONA - STAGE 1

21,097 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	10:00	7,9°C	89%
End	12:29	7.9°C	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	330	Nuno Lopes	UF Comercio Industria	01:05:05		03:05	
2	77	Filipe Vitorino	Clube Natação Rio Maior	01:05:41	+00:36	03:07	
3	60	Fabio Oliveira	Clube Atlético de Macedo de Cavaleiros	01:05:55	+00:50	03:07	
4	31	Rui Teixeira	ADVC Trail Team	01:05:59	+00:54	03:08	
5	338	Nuno Fernandes	VIZELA CORRE	01:06:15	+01:10	03:08	
6	96	RICARDO PEREIRA	EV-PERALTAFIL	01:08:33	+03:28	03:15	
7	329	Bruno Santos	UF Comercio Industria	01:08:34	+03:29	03:15	
8	64	Rui Muga	Clube Atlético de Macedo de Cavaleiros	01:08:40	+03:35	03:15	
9	214	Bruno Paixão	Individual	01:09:28	+04:23	03:18	
10	339	Rafael Pereira	VIZELA CORRE	01:09:31	+04:26	03:18	
11	63	Carlos Lopes	Clube Atlético de Macedo de Cavaleiros	01:09:52	+04:47	03:19	
12	25	Tiago Madureira	ADCP PEDRALVA	01:10:10	+05:05	03:20	
13	93	ESMÊNIO BEIRÃO	EV-PERALTAFIL	01:10:31	+05:26	03:21	
14	337	Nuno Costa	VIZELA CORRE	01:10:52	+05:47	03:22	
15	217	Claudio Pica	Individual	01:11:15	+06:10	03:23	
16	218	Fernando Lemos	Individual	01:11:30	+06:25	03:23	
17	100	Joaquim Figueiredo	Associação Figueiredos Runners and Friends	01:12:11	+07:06	03:25	
18	38	Davide Figueiredo	Associação Figueiredos Runners and Friends	01:12:12	+07:07	03:25	
19	226	Paulo morais	Associação Figueiredos Runners and Friends	01:12:27	+07:22	03:26	
20	83	Sérgio Junqueira	CPR A-DO-BARBAS	01:13:39	+08:34	03:29	
21	108	Claudio Loureiro	G.A.Caranguejeira	01:13:51	+08:46	03:30	
22	116	Pedro Venâncio	GDRC UNIDOS	01:14:37	+09:32	03:32	
23	292	João Ferreira	MFGRUPO	01:14:42	+09:37	03:32	
24	300	Nuno Soares	Paredes	01:14:48	+09:43	03:33	
25	62	Monica Silva	Clube Atlético de Macedo de Cavaleiros	01:15:43	+10:38	03:35	
26	256	Luís Baço	Individual	01:15:49	+10:44	03:36	
27	122	Tiago Ferreira	Grf-Benedita-atletismo	01:15:50	+10:45	03:36	
28	239	LEONARDO SCHWINDT	Individual	01:16:00	+10:55	03:36	
29	75	Emilia Kumós Pisoeiro	Clube Desportivo de Espite	01:16:08	+11:03	03:37	
30	120	Vitor Dinis	GDRC UNIDOS	01:16:21	+11:16	03:37	
31	127	Fernando Matos	Grupo de Convívio e Amizade nas Donas	01:16:37	+11:32	03:38	
32	280	HUGO DUARTE	INDUSTRIAL DESPORTIVO VIEIRENSE	01:16:52	+11:47	03:39	
33	10	Fábio Filipe	AC São Mamede	01:17:24	+12:19	03:40	
34	30	Luís Magalhães	ADVC Trail Team	01:18:01	+12:56	03:42	
35	123	Tiago Tomas	Grf-Benedita-atletismo	01:18:16	+13:11	03:43	
36	110	Nuno Casalinho	G.A.Caranguejeira	01:18:53	+13:48	03:44	
37	95	HELDER PIRES	EV-PERALTAFIL	01:19:19	+14:14	03:46	
38	51	Jorge Aires	CA Barreira	01:19:20	+14:15	03:46	
39	57	Alexandra Oliveira	Club Sport Marítimo	01:19:32	+14:27	03:46	
40	109	Luis Campino	G.A.Caranguejeira	01:19:43	+14:38	03:47	
41	121	Marcelo coelho	Grf-Benedita-atletismo	01:19:50	+14:45	03:47	
42	336	André Natário	VIZELA CORRE	01:20:00	+14:55	03:48	

Official Timekeeper: Lap2Go	1 / 7	generate 27-nov.-2025 11:32
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OFFICIAL RESULT



RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	277	ALEXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	01:20:03	+14:58	03:48	
44	333	Diogo Simões	VILAVENTURA TRAIL	01:20:14	+15:09	03:48	
45	66	Carlos Carneiro	Clube Atlético de Macedo de Cavaleiros	01:21:00	+15:55	03:50	
46	73	Paulo Ferreira	Clube de Atletismo de Ferreira do Zêzere	01:21:08	+16:03	03:51	
47	72	Danilo Rodrigues	Clube de Atletismo da Nazaré	01:21:09	+16:04	03:51	
48	288	PEDRO MIGUEL SERRA SANTOS	LAMA SOLTA	01:21:21	+16:16	03:51	
49	97	MANUEL BESSA	EV-PERALTAFIL	01:21:30	+16:25	03:52	
50	37	Joaquim Lopes	Associação Figueiredos Runners and Friends	01:21:43	+16:38	03:52	
51	98	VITOR GONÇALVES	EV-PERALTAFIL	01:21:59	+16:54	03:53	
52	26	João Santana	ADR Mara	01:22:01	+16:56	03:53	
53	61	Jennifer Maia	Clube Atlético de Macedo de Cavaleiros	01:22:04	+16:59	03:53	
54	331	Artur Santiago	UF Comercio Industria	01:22:15	+17:10	03:54	
55	124	Nuno Gonçalves Santos	Grf-Benedita-atletismo	01:22:16	+17:11	03:54	
56	19	PEDRO FERREIRA	AC VERMOIL	01:22:26	+17:21	03:54	
57	306	Fernando santos	Reumaticos	01:22:50	+17:45	03:56	
58	68	RENATO PEREIRA	Clube Atletismo de Ovar	01:22:56	+17:51	03:56	
59	69	CARLA ALMEIDA	Clube Atletismo de Ovar	01:23:01	+17:56	03:56	
60	321	Doroteia Peixoto	Team El Comandante	01:23:12	+18:07	03:57	
61	283	PAULO PONTES	INDUSTRIAL DESPORTIVO VIEIRENSE	01:23:49	+18:44	03:58	
62	149	Fabiano Canquerino	Individual	01:23:54	+18:49	03:59	
63	227	Pedro Barros	ADVC Trail Team	01:23:57	+18:52	03:59	
64	27	Joel Silva	ADR Mara	01:24:00	+18:55	03:59	
65	208	Nuno Faria	Individual	01:24:01	+18:56	03:59	
66	130	Mário Silva	HM Training Group de Sangalhos	01:24:33	+19:28	04:00	
67	18	LICINIO CARREIRA	AC VERMOIL	01:24:46	+19:41	04:01	
68	80	Ana Bonifácio	CPR A-DO-BARBAS	01:25:35	+20:30	04:03	
69	49	Filipe Serrario	CA Barreira	01:25:38	+20:33	04:04	
70	135	Joana Marques	Individual	01:25:42	+20:37	04:04	
71	128	Manuel Silveira	Grupo Desportivo e Cultural de Castelo de Paiva	01:26:09	+21:04	04:05	
72	146	Diogo Seavedra	Individual	01:26:18	+21:13	04:05	
73	245	Vasco Tavares	Individual	01:26:23	+21:18	04:06	
74	12	PEDRO ROCHA	AC VERMOIL	01:26:56	+21:51	04:07	
75	125	António Pereira	Grupo Alegre Unido Bajouca	01:27:00	+21:55	04:07	
76	282	LEONEL SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	01:27:02	+21:57	04:08	
77	117	Flavio Esperança	GDRC UNIDOS	01:27:20	+22:15	04:08	
78	114	Luis Guarda	G.A.Caranguejeira	01:27:33	+22:28	04:09	
79	107	Tomás Mota	G.A.Caranguejeira	01:27:34	+22:29	04:09	
80	294	Joana Capelo	NARM MESSEJANA	01:28:15	+23:10	04:11	
81	76	Sofia Vieira	Clube Desportivo de Espite	01:28:33	+23:28	04:12	
82	307	Paulo pereira	Reumaticos	01:28:37	+23:32	04:12	
83	164	Jordan Silva	Individual	01:28:42	+23:37	04:12	
84	11	GUILHERME GASPAR	AC VERMOIL	01:28:46	+23:41	04:12	
85	276	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	01:29:00	+23:55	04:13	
86	15	JOSE MENDES	AC VERMOIL	01:29:02	+23:57	04:13	
87	126	Martinho pedrosa	Grupo Alegre Unido Bajouca	01:29:08	+24:03	04:13	
88	132	Benvinda Santos	Individual	01:29:16	+24:11	04:14	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	171	Paulo Brites	Individual	01:29:24	+24:19	04:14	
90	67	Orlando Alves	Clube Atlético de Macedo de Cavaleiros	01:29:30	+24:25	04:15	
91	271	Aquilino Ferreira	Individual	01:29:35	+24:30	04:15	
92	284	ANTÓNIO ALVES	INDUSTRIAL DESPORTIVO VIEIRENSE	01:29:45	+24:40	04:15	
93	285	CARLOS SIMÕES	INDUSTRIAL DESPORTIVO VIEIRENSE	01:30:01	+24:56	04:16	
94	184	Tiago Gaspar	Individual	01:30:12	+25:07	04:17	
95	58	Mafalda Oliveira	Clube Atlético de Macedo de Cavaleiros	01:30:27	+25:22	04:17	
96	253	Joel da Silva	Individual	01:30:47	+25:42	04:18	
97	281	ANTÓNIO SILVA	INDUSTRIAL DESPORTIVO VIEIRENSE	01:30:54	+25:49	04:19	
98	286	Nuno Neves	LAMA SOLTA	01:30:56	+25:51	04:19	
99	200	Dulcinea Silva	Individual	01:31:01	+25:56	04:19	
100	113	António Bento	G.A.Caranguejeira	01:31:20	+26:15	04:20	
101	74	Mariana Duarte	Clube de Natação de Torres Novas	01:31:41	+26:36	04:21	
102	157	João Neves	Individual	01:32:15	+27:10	04:22	
103	16	JOAQUIM QUITÉRIO	AC VERMOIL	01:32:27	+27:22	04:23	
104	295	Henrique Fernandes	NDAP	01:32:33	+27:28	04:23	
105	175	Ricardo Rua	Individual	01:32:35	+27:30	04:23	
106	313	Luis Carlos Ferreira Lopes	SicóTrilhos	01:32:35	+27:30	04:23	
107	50	Miguel Pereira	CA Barreira	01:33:13	+28:08	04:25	
108	287	Filipe Carraco Cerejo	LAMA SOLTA	01:33:38	+28:33	04:26	
109	328	Estevao Janeiro	UF Comercio Industria	01:33:51	+28:46	04:27	
110	144	Bernardo Gomes Alves	Individual	01:34:01	+28:56	04:27	
111	167	Marco Silva	Individual	01:34:19	+29:14	04:28	
112	39	Fernando Figueiredo	Associação Figueiredos Runners and Friends	01:34:32	+29:27	04:29	
113	56	Carlos Amorim	CENAP	01:34:37	+29:32	04:29	
114	237	João Pedro Oliveira Rodrigues	Individual	01:35:09	+30:04	04:31	
115	70	RUI COSTA	Clube Atletismo de Ovar	01:35:12	+30:07	04:31	
116	289	Rúben Duarte Fernandes	LAMA SOLTA	01:35:16	+30:11	04:31	
117	162	João Simões	Individual	01:35:18	+30:13	04:31	
118	297	Pedro Silva	NDAP	01:35:25	+30:20	04:31	
119	59	Edgar Silva	Clube Atlético de Macedo de Cavaleiros	01:35:25	+30:20	04:31	
120	94	PATRICIA FERREIRA	EV-PERALTAFIL	01:35:26	+30:21	04:31	
121	129	Ricardo Ventura Ferreira Lopes	Grupo Maravilha	01:35:35	+30:30	04:32	
122	212	Antonio Leandro Pacheco Campos	Individual	01:36:05	+31:00	04:33	
123	40	Miguel Medeiros	AST - Avelar Sunset Team	01:36:09	+31:04	04:33	
124	41	Jorge Moreira	Avelar Sunset Team	01:36:10	+31:05	04:33	
125	34	João Pedro da Silva Dâmaso	Amantes Trail & Run	01:36:11	+31:06	04:34	
126	215	Bruno Silva	Individual	01:36:12	+31:07	04:34	
127	44	Fatima Silva	C.D. Póvoa	01:36:28	+31:23	04:34	
128	91	Hugo Amaro	Desportivo Náutico da Marinha Grande	01:36:29	+31:24	04:34	
129	235	Hugo Prazeres	Individual	01:36:38	+31:33	04:35	
130	242	Nuno Alexandre Duarte da mota	Individual	01:36:40	+31:35	04:35	
131	13	CATARINA SANTOS	AC VERMOIL	01:36:40	+31:35	04:35	
132	147	Eduardo Marques	Individual	01:36:46	+31:41	04:35	
133	20	ANTONIO SILVINO	AC VERMOIL	01:36:48	+31:43	04:35	
134	102	Paulo Alexandre Pedroso de Jesus	FitTraining Academy	01:37:05	+32:00	04:36	

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	142	André Miguel Mota Varejão	Individual	01:37:24	+32:19	04:37	
136	263	Helder Fernandes	Individual	01:37:26	+32:21	04:37	
137	278	MICAEL PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	01:37:30	+32:25	04:37	
138	317	Vitor Nelson	SicóTrilhos	01:37:31	+32:26	04:37	
139	90	Maria João Domingues	Desportivo Náutico da Marinha Grande	01:37:36	+32:31	04:38	
140	257	Pedro Miguel Mendes Pereira Nunes	Individual	01:37:37	+32:32	04:38	
141	46	Jose C. Sousa	C.D. Póvoa	01:38:10	+33:05	04:39	
142	312	João Antunes	SicóTrilhos	01:38:15	+33:10	04:39	
143	43	Ana Neves	C.D. Póvoa	01:38:16	+33:11	04:39	
144	65	Paulo Peres	Clube Atlético de Macedo de Cavaleiros	01:38:36	+33:31	04:40	
145	111	Mario Carvalho	G.A.Caranguejeira	01:38:38	+33:33	04:41	
146	279	LUIA JORGE	INDUSTRIAL DESPORTIVO VIEIRENSE	01:39:29	+34:24	04:43	
147	204	Gelies Afonso	Individual	01:39:31	+34:26	04:43	
148	323	Ricardo Ruas	Team El Comandante	01:40:00	+34:55	04:44	
149	172	Pedro Fernandes Costa	Individual	01:40:13	+35:08	04:45	
150	177	Rodrigo fonseca	Individual	01:40:32	+35:27	04:46	
151	311	André Rodrigues	SicóTrilhos	01:40:37	+35:32	04:46	
152	24	Amilcar Costa	ACRM Silveirinha Grande e Claras	01:40:38	+35:33	04:46	
153	23	Luís Filipe Carvalheiro	ACRM Silveirinha Grande e Claras	01:40:47	+35:42	04:47	
154	169	Miguel Barros	Individual	01:41:02	+35:57	04:47	
155	220	Filipe Silva	Individual	01:41:11	+36:06	04:48	
156	150	Fábio Rodrigues Teixo	Individual	01:41:14	+36:09	04:48	
157	156	João Marcos Domingues Esteves	Individual	01:41:18	+36:13	04:48	
158	160	João Reis	Individual	01:41:27	+36:22	04:49	
159	327	Caua Nunes	UF Comercio Industria	01:41:29	+36:24	04:49	
160	305	Luis ramos	Reumaticos	01:41:49	+36:44	04:50	
161	250	Emídio Alves 15	Individual	01:41:53	+36:48	04:50	
162	268	Vitor Monteiro	VILAVENTURA TRAIL	01:42:09	+37:04	04:51	
163	48	Cristiano Casalinho	CA Barreira	01:42:19	+37:14	04:51	
164	176	Rodrigo Emanuel Gomes	Individual	01:42:30	+37:25	04:52	
165	154	Isaac De Almeida Silva	Individual	01:42:30	+37:25	04:52	
166	36	Basilio Simoes	ARCD VENDA DA LUISA	01:42:33	+37:28	04:52	
167	231	Tiago Antunes	Individual	01:42:37	+37:32	04:52	
168	243	Nuno Santos	Individual	01:43:18	+38:13	04:54	
169	223	Mauricio Madruga	Individual	01:43:22	+38:17	04:54	
170	228	Pedro Pereira	Individual	01:43:27	+38:22	04:54	
171	163	Jonathan Rangel	Individual	01:43:29	+38:24	04:54	
172	103	Pedro Gil	FitTraining Academy	01:43:35	+38:30	04:55	
173	140	Paula Crespo Zapico	Individual	01:43:36	+38:31	04:55	
174	332	Bernardo Monteiro	VILAVENTURA TRAIL	01:43:46	+38:41	04:55	
175	308	Paulo ramos	Reumaticos	01:43:47	+38:42	04:55	
176	139	Patricia Gameiro GOMes	Individual	01:44:08	+39:03	04:56	
177	71	DINIS BATISTA	Clube Atletismo de Ovar	01:44:09	+39:04	04:56	
178	334	Joselito Da Conceição Pereira	VILAVENTURA TRAIL	01:44:16	+39:11	04:57	
179	233	Elcides da Paz Ferrão da Silva	Individual	01:44:21	+39:16	04:57	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	296	Ricardo Gomes	NDAP	01:44:35	+39:30	04:57	
181	42	Conceição Santos	C.D. Póvoa	01:44:53	+39:48	04:58	
182	166	Marco Roque	Individual	01:44:59	+39:54	04:59	
183	119	Sandro Vilela	GDRC UNIDOS	01:45:06	+40:01	04:59	
184	249	Delfim Torres	Individual	01:45:35	+40:30	05:00	
185	54	Aníbal Godinho	Caracol Trail Team	01:45:37	+40:32	05:00	
186	104	Rafael Pereira da Silva	FitTraining Academy	01:45:44	+40:39	05:01	
187	254	Jorge Oliveira	Individual	01:45:47	+40:42	05:01	
188	314	Rúben Simões	SicóTrilhos	01:46:20	+41:15	05:02	
189	79	Maria Rosário	CLUBE VETERANOS DO LIS	01:46:52	+41:47	05:04	
190	310	Sara da Silva Gonçalves	SicóTrilhos	01:47:28	+42:23	05:06	
191	232	Amílcar Silva	Individual	01:48:39	+43:34	05:09	
192	202	Kim howes	Individual	01:48:54	+43:49	05:10	
193	33	Joaquim Vieira	Ama(dores) Trail Team/ACRU	01:49:21	+44:16	05:11	
194	92	Rafael Coelho	Diabinhos de Samuel	01:49:36	+44:31	05:12	
195	272	Fernando Corucho	Individual	01:49:44	+44:39	05:12	
196	193	Flávia Ferraz	Individual	01:49:49	+44:44	05:12	
197	224	Micael Santos	Individual	01:49:49	+44:44	05:12	
198	89	José Pereira	DCI/Trilhos Luso Bussaco	01:50:15	+45:10	05:14	
199	88	Júlia Santos	DCI/Trilhos Luso Bussaco	01:50:21	+45:16	05:14	
200	185	Tiago Oliveira	Individual	01:50:26	+45:21	05:14	
201	187	Tomé Simões	Individual	01:50:49	+45:44	05:15	
202	155	Israel silva	Individual	01:50:50	+45:45	05:15	
203	99	Fernando Couteiro	Fenando Couteiro	01:50:51	+45:46	05:15	
204	137	Jujoca Alvadia	Individual	01:51:19	+46:14	05:17	
205	262	Fernando Medeiros	Individual	01:51:24	+46:19	05:17	
206	274	Jorge Santos	Individual	01:51:24	+46:19	05:17	
207	210	Yurii Chukhii	Individual	01:51:31	+46:26	05:17	
208	173	Pedro Távora Poiarez Mexia Lobo	Individual	01:51:37	+46:32	05:17	
209	45	Nelson Galante	C.D. Póvoa	01:51:38	+46:33	05:17	
210	319	Paulo Lopes	SOURE MOV	01:51:51	+46:46	05:18	
211	206	JOEL GOMES	Individual	01:51:58	+46:53	05:18	
212	195	Natália Silva MOTA	BBC Run team	01:52:11	+47:06	05:19	
213	252	HENRIQUE RODRIGUES	Individual	01:52:20	+47:15	05:19	
214	22	Mónica Jordão	ACRM Silveirinha Grande e Claras	01:52:27	+47:22	05:20	
215	261	António Ferreira	Individual	01:53:48	+48:43	05:24	
216	143	António Almiro	Individual	01:53:57	+48:52	05:24	
217	247	Daniel Fragoso	Individual	01:54:05	+49:00	05:24	
218	199	DUARTE MENDES CECILIA	Individual	01:54:48	+49:43	05:26	
219	165	Luís Costa	Individual	01:54:54	+49:49	05:27	
220	182	Simão Gaspar	Individual	01:55:15	+50:10	05:28	
221	255	Jose miguel Caetano	Individual	01:55:17	+50:12	05:28	
222	270	Alcides Ferreira	Individual	01:55:30	+50:25	05:28	
223	178	Rodrigo Victorino	Individual	01:55:34	+50:29	05:29	
224	153	Francisco Victorino	Individual	01:55:34	+50:29	05:29	
225	35	Maria Benquerença	ARCD VENDA DA LUISA	01:56:01	+50:56	05:30	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	131	Beatriz Guiomar	Individual	01:56:10	+51:05	05:30	
227	55	Fernando Fonseca	CASMILO RUNNERS	01:56:29	+51:24	05:31	
228	229	Rui Neves	Individual	01:56:32	+51:27	05:31	
229	266	Rui Monteiro	Individual	01:56:41	+51:36	05:32	
230	244	Paulo Simões	Individual	01:56:41	+51:36	05:32	
231	32	Abílio Magalhães	ADVC Trail Team	01:56:50	+51:45	05:32	
232	222	Jose Freitas	Individual	01:56:50	+51:45	05:32	
233	267	Victor Martins	Individual	01:57:07	+52:02	05:33	
234	115	Elisa Ferreira	Gaspar&Costa	01:57:10	+52:05	05:33	
235	168	Martim Costa	Individual	01:57:22	+52:17	05:34	
236	260	António de Carvalho Geraldo	Individual	01:57:28	+52:23	05:34	
237	241	Michel Pestana	Individual	01:57:46	+52:41	05:35	
238	151	Flávio Simões	Individual	01:57:50	+52:45	05:35	
239	264	José Pinheiro	Individual	01:58:08	+53:03	05:36	
240	180	Samuel Gomes Duarte	Individual	01:58:28	+53:23	05:37	
241	205	Gualter Gaspar	Individual	01:58:39	+53:34	05:37	
242	84	Nicolau Cravo Ferreira	cscrfcharneca	01:58:48	+53:43	05:38	
243	47	Ana Afonso	CA Barreira	01:58:49	+53:44	05:38	
244	158	João Pedro Silva Gaspar	Individual	01:58:49	+53:44	05:38	
245	265	Lino Carraco	Individual	01:59:39	+54:34	05:40	
246	219	Filipe Mateus	Individual	02:00:20	+55:15	05:42	
247	320	Miguel Matias	SSCGD	02:00:32	+55:27	05:43	
248	183	Telmo Menoita	Individual	02:00:40	+55:35	05:43	
249	324	Bruno Pintor	The titans	02:01:06	+56:01	05:44	
250	325	João Silva	The titans	02:01:06	+56:01	05:44	
251	299	Alexandre 1Blanco	Os Tolinhas	02:01:13	+56:08	05:45	
252	141	Afonso Marques	Individual	02:02:06	+57:01	05:47	
253	17	JOSE LOPES	AC VERMOIL	02:02:31	+57:26	05:48	
254	152	Francisco Gaspar	Individual	02:03:17	+58:12	05:51	
255	179	Rúben Neves Mendes	Individual	02:03:17	+58:12	05:51	
256	234	Helio soares	Individual	02:03:24	+58:19	05:51	
257	133	Bruna Morgado	Individual	02:03:28	+58:23	05:51	
258	304	Jaime catarino	Reumaticos	02:04:10	+59:05	05:53	
259	82	Rita Santos	CPR A-DO-BARBAS	02:04:43	+59:38	05:55	
260	246	Claudio Sousa	Individual	02:04:43	+59:39	05:55	
261	238	Jorge Miguel Estevão Martins	Individual	02:05:03	+59:58	05:56	
262	291	Joaquim Malheiro	Malheiro	02:05:12	+01:00:07	05:56	
263	192	Fabiana Facas	Individual	02:05:14	+01:00:09	05:56	
264	101	André Alves	FitTraining Academy	02:05:39	+01:00:34	05:57	
265	148	Emanuel Gonçalves	Individual	02:05:39	+01:00:34	05:57	
266	259	Agostinho Barros	Individual	02:05:59	+01:00:54	05:58	
267	251	Guilherme Maurício Soares	Individual	02:06:36	+01:01:31	06:00	
268	136	Joana Santos	Individual	02:06:39	+01:01:34	06:00	
269	269	Vitor Santos	Individual	02:06:40	+01:01:35	06:00	
270	86	Carlos António Mota Longo da Conceição	cscrfcharneca	02:06:56	+01:01:51	06:01	

MEIA MARATONA - STAGE 1**21,097 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
271	225	Nuno Leal	Individual	02:08:03	+01:02:58	06:04	
272	230	Rui Silva	Individual	02:08:47	+01:03:42	06:06	
273	290	Nilton Caetano	LAMA SOLTA	02:08:56	+01:03:51	06:07	
274	216	Carlos Tiago Silva Matias	Individual	02:09:50	+01:04:45	06:09	
275	197	Sandra Antunes	Individual	02:10:38	+01:05:33	06:12	
276	14	ELSA SOARES	AC VERMOIL	02:10:49	+01:05:44	06:12	
277	322	Paula Juliet's	Team El Comandante	02:10:59	+01:05:54	06:13	
278	258	Abel Fernandes	Individual	02:12:05	+01:07:00	06:16	
279	85	António João Duarte Santana	cscrffcharneca	02:12:32	+01:07:27	06:17	
280	186	Tomás Santos	Individual	02:13:15	+01:08:10	06:19	
281	213	António Miguel Ferreira das Neves	Individual	02:15:03	+01:09:58	06:24	
282	201	Isabel maria moniz vieira	Individual	02:20:14	+01:15:09	06:39	
283	335	Hélder Monteiro	VILAVENTURA TRAIL	02:20:14	+01:15:09	06:39	
284	189	Marília Cruz	Individual	02:20:31	+01:15:26	06:40	
285	134	Diana Farinha	Individual	02:20:51	+01:15:46	06:41	
286	87	Arlindo de Jesus Oliveira	cscrffcharneca	02:24:00	+01:18:55	06:50	
287	198	Associação O Mundo da Corrida	Individual	02:24:01	+01:18:56	06:50	
288	273	Jorge Justo	Individual	02:24:01	+01:18:56	06:50	
289	298	Nuno Filipe Agostinho Carrasqueira	Os pés coxinhos	02:29:43	+01:24:38	07:06	
290	138	Juliana Mendes	Individual	02:30:04	+01:24:59	07:07	

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OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	7,9°C	89%
End	12:29	7,9°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	57	Alexandra Oliveira	Club Sport Marítimo	Senior Feminino	01:19:32		03:46
2	80	Ana Bonifácio	CPR A-DO-BARBAS	Senior Feminino	01:25:35	+06:02	04:03
3	135	Joana Marques	Individual	Senior Feminino	01:25:42	+06:09	04:04
4	276	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	01:29:00	+09:27	04:13
5	132	Benvinda Santos	Individual	Senior Feminino	01:29:16	+09:43	04:14
6	58	Mafalda Oliveira	Clube Atlético de Macedo de Cavaleiros	Senior Feminino	01:30:27	+10:54	04:17
7	74	Mariana Duarte	Clube de Natação de Torres Novas	Senior Feminino	01:31:41	+12:08	04:21
8	90	Maria João Domingues	Desportivo Náutico da Marinha Grande	Senior Feminino	01:37:36	+18:03	04:38
9	140	Paula Crespo Zapico	Individual	Senior Feminino	01:43:36	+24:03	04:55
10	139	Patricia Gameiro GOMes	Individual	Senior Feminino	01:44:08	+24:36	04:56
11	310	Sara da Silva Gonçalves	SicóTrilhos	Senior Feminino	01:47:28	+27:55	05:06
12	137	Jujoca Alvadia	Individual	Senior Feminino	01:51:19	+31:46	05:17
13	131	Beatriz Guiomar	Individual	Senior Feminino	01:56:10	+36:37	05:30
14	133	Bruna Morgado	Individual	Senior Feminino	02:03:28	+43:55	05:51
15	136	Joana Santos	Individual	Senior Feminino	02:06:39	+47:06	06:00
16	134	Diana Farinha	Individual	Senior Feminino	02:20:51	+01:01:18	06:41
17	138	Juliana Mendes	Individual	Senior Feminino	02:30:04	+01:10:31	07:07

Senior Masculino

1	77	Filipe Vitorino	Clube Natação Rio Maior	Senior Masculino	01:05:41		03:07
2	60	Fabio Oliveira	Clube Atlético de Macedo de Cavaleiros	Senior Masculino	01:05:55	+00:14	03:07
3	338	Nuno Fernandes	VIZELA CORRE	Senior Masculino	01:06:15	+00:33	03:08
4	339	Rafael Pereira	VIZELA CORRE	Senior Masculino	01:09:31	+03:49	03:18
5	93	ESMÉNIO BEIRÃO	EV-PERALTAFIL	Senior Masculino	01:10:31	+04:49	03:21
6	337	Nuno Costa	VIZELA CORRE	Senior Masculino	01:10:52	+05:10	03:22
7	116	Pedro Venâncio	GDRC UNIDOS	Senior Masculino	01:14:37	+08:55	03:32
8	292	João Ferreira	MFGRUPO	Senior Masculino	01:14:42	+09:01	03:32
9	122	Tiago Ferreira	Grf-Benedita-atletismo	Senior Masculino	01:15:50	+10:08	03:36
10	30	Luís Magalhães	ADVC Trail Team	Senior Masculino	01:18:01	+12:19	03:42
11	121	Marcelo coelho	Grf-Benedita-atletismo	Senior Masculino	01:19:50	+14:08	03:47
12	336	André Natário	VIZELA CORRE	Senior Masculino	01:20:00	+14:18	03:48
13	277	ALEXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	01:20:03	+14:22	03:48
14	72	Danilo Rodrigues	Clube de Atletismo da Nazaré	Senior Masculino	01:21:09	+15:27	03:51
15	68	RENATO PEREIRA	Clube Atletismo de Ovar	Senior Masculino	01:22:56	+17:15	03:56

Official Timekeeper: Lap2Go	1 / 8	generate 27-nov.-2025 11:32
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OFFICIAL RESULT

16	149	Fabiano Canquerino	Individual	Senior Masculino	01:23:54	+18:12	03:59
17	146	Diogo Seavedra	Individual	Senior Masculino	01:26:18	+20:36	04:05
18	12	PEDRO ROCHA	AC VERMOIL	Senior Masculino	01:26:56	+21:14	04:07
19	107	Tomás Mota	G.A.Caranguejeira	Senior Masculino	01:27:34	+21:52	04:09
20	164	Jordan Silva	Individual	Senior Masculino	01:28:42	+23:00	04:12
21	11	GUILHERME GASPAR	AC VERMOIL	Senior Masculino	01:28:46	+23:05	04:12
22	171	Paulo Brites	Individual	Senior Masculino	01:29:24	+23:43	04:14
23	184	Tiago Gaspar	Individual	Senior Masculino	01:30:12	+24:31	04:17
24	286	Nuno Neves	LAMA SOLTA	Senior Masculino	01:30:56	+25:14	04:19
25	157	João Neves	Individual	Senior Masculino	01:32:15	+26:34	04:22
26	175	Ricardo Rua	Individual	Senior Masculino	01:32:35	+26:53	04:23
27	313	Luis Carlos Ferreira Lopes	SicóTrilhos	Senior Masculino	01:32:35	+26:54	04:23
28	328	Estevao Janeiro	UF Comercio Industria	Senior Masculino	01:33:51	+28:10	04:27
29	144	Bernardo Gomes Alves	Individual	Senior Masculino	01:34:01	+28:19	04:27
30	167	Marco Silva	Individual	Senior Masculino	01:34:19	+28:38	04:28
31	162	João Simões	Individual	Senior Masculino	01:35:18	+29:36	04:31
32	59	Edgar Silva	Clube Atlético de Macedo de Cavaleiros	Senior Masculino	01:35:25	+29:44	04:31
33	40	Miguel Medeiros	AST - Avelar Sunset Team	Senior Masculino	01:36:09	+30:27	04:33
34	91	Hugo Amaro	Desportivo Náutico da Marinha Grande	Senior Masculino	01:36:29	+30:47	04:34
35	147	Eduardo Marques	Individual	Senior Masculino	01:36:46	+31:05	04:35
36	102	Paulo Alexandre Pedroso de Jesus	FitTraining Academy	Senior Masculino	01:37:05	+31:24	04:36
37	142	André Miguel Mota Varejão	Individual	Senior Masculino	01:37:24	+31:42	04:37
38	278	MICAEL PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	01:37:30	+31:48	04:37
39	312	João Antunes	SicóTrilhos	Senior Masculino	01:38:15	+32:33	04:39
40	172	Pedro Fernandes Costa	Individual	Senior Masculino	01:40:13	+34:31	04:45
41	177	Rodrigo fonsaca	Individual	Senior Masculino	01:40:32	+34:50	04:46
42	311	André Rodrigues	SicóTrilhos	Senior Masculino	01:40:37	+34:55	04:46
43	169	Miguel Barros	Individual	Senior Masculino	01:41:02	+35:20	04:47
44	150	Fábio Rodrigues Teixo	Individual	Senior Masculino	01:41:14	+35:32	04:48
45	156	João Marcos Domingues Esteves	Individual	Senior Masculino	01:41:18	+35:36	04:48
46	160	João Reis	Individual	Senior Masculino	01:41:27	+35:45	04:49
47	327	Caua Nunes	UF Comercio Industria	Senior Masculino	01:41:29	+35:48	04:49
48	176	Rodrigo Emanuel Gomes	Individual	Senior Masculino	01:42:30	+36:48	04:52
49	154	Isaac De Almeida Silva	Individual	Senior Masculino	01:42:30	+36:48	04:52
50	163	Jonathan Rangel	Individual	Senior Masculino	01:43:29	+37:48	04:54
51	103	Pedro Gil	FitTraining Academy	Senior Masculino	01:43:35	+37:53	04:55
52	332	Bernardo Monteiro	VILAVENTURA TRAIL	Senior Masculino	01:43:46	+38:04	04:55
53	166	Marco Roque	Individual	Senior Masculino	01:44:59	+39:17	04:59
54	314	Rúben Simões	SicóTrilhos	Senior Masculino	01:46:20	+40:38	05:02
55	92	Rafael Coelho	Diabinhos de Samuel	Senior Masculino	01:49:36	+43:54	05:12
56	185	Tiago Oliveira	Individual	Senior Masculino	01:50:26	+44:44	05:14
57	187	Tomé Simões	Individual	Senior Masculino	01:50:49	+45:08	05:15
58	155	Israel Silva	Individual	Senior Masculino	01:50:50	+45:08	05:15
59	173	Pedro Távora Poiarez Mexia Lobo	Individual	Senior Masculino	01:51:37	+45:56	05:17

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60	143	António Almiro	Individual	Senior Masculino	01:53:57	+48:15	05:24
61	165	Luís Costa	Individual	Senior Masculino	01:54:54	+49:12	05:27
62	182	Simão Gaspar	Individual	Senior Masculino	01:55:15	+49:33	05:28
63	178	Rodrigo Victorino	Individual	Senior Masculino	01:55:34	+49:52	05:29
64	153	Francisco Victorino	Individual	Senior Masculino	01:55:34	+49:52	05:29
65	168	Martim Costa	Individual	Senior Masculino	01:57:22	+51:41	05:34
66	151	Flávio Simões	Individual	Senior Masculino	01:57:50	+52:08	05:35
67	180	Samuel Gomes Duarte	Individual	Senior Masculino	01:58:28	+52:46	05:37
68	158	João Pedro Silva Gaspar	Individual	Senior Masculino	01:58:49	+53:07	05:38
69	183	Telmo Menoita	Individual	Senior Masculino	02:00:40	+54:58	05:43
70	324	Bruno Pintor	The titans	Senior Masculino	02:01:06	+55:24	05:44
71	325	João Silva	The titans	Senior Masculino	02:01:06	+55:25	05:44
72	141	Afonso Marques	Individual	Senior Masculino	02:02:06	+56:25	05:47
73	152	Francisco Gaspar	Individual	Senior Masculino	02:03:17	+57:35	05:51
74	179	Rúben Neves Mendes	Individual	Senior Masculino	02:03:17	+57:36	05:51
75	304	Jaime catarino	Reumaticos	Senior Masculino	02:04:10	+58:28	05:53
76	101	André Alves	FitTraining Academy	Senior Masculino	02:05:39	+59:57	05:57
77	148	Emanuel Gonçalves	Individual	Senior Masculino	02:05:39	+59:58	05:57
78	186	Tomás Santos	Individual	Senior Masculino	02:13:15	+01:07:34	06:19

Veterana F35

1	75	Emília Kumós Piseiro	Clube Desportivo de Espite	Veterana F35	01:16:08		03:37
2	61	Jennifer Maia	Clube Atlético de Macedo de Cavaleiros	Veterana F35	01:22:04	+05:55	03:53
3	69	CARLA ALMEIDA	Clube Atletismo de Ovar	Veterana F35	01:23:01	+06:52	03:56
4	294	Joana Capelo	NARM MESSEJANA	Veterana F35	01:28:15	+12:06	04:11
5	115	Elisa Ferreira	Gaspar&Costa	Veterana F35	01:57:10	+41:02	05:33
6	82	Rita Santos	CPR A-DO-BARBAS	Veterana F35	02:04:43	+48:34	05:55
7	189	Marília Cruz	Individual	Veterana F35	02:20:31	+01:04:23	06:40

Veterana F40

1	62	Monica Silva	Clube Atlético de Macedo de Cavaleiros	Veterana F40	01:15:43		03:35
2	321	Doroteia Peixoto	Team El Comandante	Veterana F40	01:23:12	+07:28	03:57
3	76	Sofia Vieira	Clube Desportivo de Espite	Veterana F40	01:28:33	+12:50	04:12
4	94	PATRICIA FERREIRA	EV-PERALTAFIL	Veterana F40	01:35:26	+19:43	04:31
5	13	CATARINA SANTOS	AC VERMOIL	Veterana F40	01:36:40	+20:57	04:35
6	279	LUIZA JORGE	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	01:39:29	+23:46	04:43
7	42	Conceição Santos	C.D. Póvoa	Veterana F40	01:44:53	+29:10	04:58
8	193	Flávia Ferraz	Individual	Veterana F40	01:49:49	+34:05	05:12
9	195	Natália Silva MOTA	BBC Run team	Veterana F40	01:52:11	+36:28	05:19
10	22	Mónica Jordão	ACRM Silveirinha Grande e Claras	Veterana F40	01:52:27	+36:44	05:20
11	47	Ana Afonso	CA Barreira	Veterana F40	01:58:49	+43:06	05:38

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OFFICIAL RESULT

12	192	Fabiana Facas	Individual	Veterana F40	02:05:14	+49:31	05:56
13	197	Sandra Antunes	Individual	Veterana F40	02:10:38	+54:54	06:12
14	14	ELSA SOARES	AC VERMOIL	Veterana F40	02:10:49	+55:06	06:12
15	322	Paula Juliet's	Team El Comandante	Veterana F40	02:10:59	+55:16	06:13

Veterana F50

1	200	Dulcinea Silva	Individual	Veterana F50	01:31:01		04:19
2	44	Fatima Silva	C.D. Póvoa	Veterana F50	01:36:28	+05:27	04:34
3	43	Ana Neves	C.D. Póvoa	Veterana F50	01:38:16	+07:15	04:39
4	79	Maria Rosário	CLUBE VETERANOS DO LIS	Veterana F50	01:46:52	+15:50	05:04
5	202	Kim howes	Individual	Veterana F50	01:48:54	+17:53	05:10
6	88	Júlia Santos	DCI/Trilhos Luso Bussaco	Veterana F50	01:50:21	+19:20	05:14
7	199	DUARTE MENDES CECILIA	Individual	Veterana F50	01:54:48	+23:47	05:26
8	35	Maria Benquerença	ARCD VENDA DA LUISA	Veterana F50	01:56:01	+25:00	05:30
9	201	Isabel maria moniz vieira	Individual	Veterana F50	02:20:14	+49:13	06:39
10	198	Associação O Mundo da Corrida	Individual	Veterana F50	02:24:01	+53:00	06:50

Veterano M35

1	330	Nuno Lopes	UF Comercio Industria	Veterano M35	01:05:05		03:05
2	96	RICARDO PEREIRA	EV-PERALTAFIL	Veterano M35	01:08:33	+03:28	03:15
3	329	Bruno Santos	UF Comercio Industria	Veterano M35	01:08:34	+03:28	03:15
4	25	Tiago Madureira	ADCP PEDRALVA	Veterano M35	01:10:10	+05:05	03:20
5	108	Claudio Loureiro	G.A.Caranguejeira	Veterano M35	01:13:51	+08:46	03:30
6	10	Fábio Filipe	AC São Mamede	Veterano M35	01:17:24	+12:18	03:40
7	123	Tiago Tomas	Grf-Benedita-atletismo	Veterano M35	01:18:16	+13:10	03:43
8	95	HELDER PIRES	EV-PERALTAFIL	Veterano M35	01:19:19	+14:13	03:46
9	333	Diogo Simões	VILAVENTURA TRAIL	Veterano M35	01:20:14	+15:08	03:48
10	26	João Santana	ADR Mara	Veterano M35	01:22:01	+16:56	03:53
11	27	Joel Silva	ADR Mara	Veterano M35	01:24:00	+18:55	03:59
12	208	Nuno Faria	Individual	Veterano M35	01:24:01	+18:55	03:59
13	117	Flavio Esperança	GDRC UNIDOS	Veterano M35	01:27:20	+22:14	04:08
14	204	Gelies Afonso	Individual	Veterano M35	01:39:31	+34:25	04:43
15	104	Rafael Pereira da Silva	FitTraining Academy	Veterano M35	01:45:44	+40:38	05:01
16	210	Yurii Chukhii	Individual	Veterano M35	01:51:31	+46:25	05:17
17	45	Nelson Galante	C.D. Póvoa	Veterano M35	01:51:38	+46:32	05:17
18	206	JOEL GOMES	Individual	Veterano M35	01:51:58	+46:52	05:18
19	205	Gualter Gaspar	Individual	Veterano M35	01:58:39	+53:33	05:37
20	84	Nicolau Cravo Ferreira	cscrcharneca	Veterano M35	01:58:48	+53:42	05:38
21	298	Nuno Filipe Agostinho Carrasqueira	Os pés coxinhos	Veterano M35	02:29:43	+01:24:37	07:06

Veterano M40

1	31	Rui Teixeira	ADVC Trail Team	Veterano M40	01:05:59		03:08
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Official Timekeeper: Lap2Go	4 / 8	generate 27-nov.-2025 11:32
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OFFICIAL RESULT

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REVISED

2	64	Rui Muga	Clube Atlético de Macedo de Cavaleiros	Veterano M40	01:08:40	+02:40	03:15
3	214	Bruno Paixão	Individual	Veterano M40	01:09:28	+03:28	03:18
4	63	Carlos Lopes	Clube Atlético de Macedo de Cavaleiros	Veterano M40	01:09:52	+03:53	03:19
5	217	Claudio Pica	Individual	Veterano M40	01:11:15	+05:15	03:23
6	218	Fernando Lemos	Individual	Veterano M40	01:11:30	+05:31	03:23
7	226	Paulo morais	Associação Figueiredos Runners and Friends	Veterano M40	01:12:27	+06:28	03:26
8	300	Nuno Soares	Paredes	Veterano M40	01:14:48	+08:48	03:33
9	280	HUGO DUARTE	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	01:16:52	+10:52	03:39
10	109	Luis Campino	G.A.Caranguejeira	Veterano M40	01:19:43	+13:43	03:47
11	288	PEDRO MIGUEL SERRA SANTOS	LAMA SOLTA	Veterano M40	01:21:21	+15:22	03:51
12	227	Pedro Barros	ADVC Trail Team	Veterano M40	01:23:57	+17:57	03:59
13	49	Filipe Serrario	CA Barreira	Veterano M40	01:25:38	+19:38	04:04
14	295	Henrique Fernandes	NDAP	Veterano M40	01:32:33	+26:34	04:23
15	50	Miguel Pereira	CA Barreira	Veterano M40	01:33:13	+27:14	04:25
16	287	Filipe Carraco Cerejo	LAMA SOLTA	Veterano M40	01:33:38	+27:38	04:26
17	289	Rúben Duarte Fernandes	LAMA SOLTA	Veterano M40	01:35:16	+29:16	04:31
18	129	Ricardo Ventura Ferreira Lopes	Grupo Maravilha	Veterano M40	01:35:35	+29:35	04:32
19	212	Antonio Leandro Pacheco Campos	Individual	Veterano M40	01:36:05	+30:06	04:33
20	34	João Pedro da Silva Dâmaso	Amantes Trail & Run	Veterano M40	01:36:11	+30:11	04:34
21	215	Bruno Silva	Individual	Veterano M40	01:36:12	+30:13	04:34
22	220	Filipe Silva	Individual	Veterano M40	01:41:11	+35:11	04:48
23	48	Cristiano Casalinho	CA Barreira	Veterano M40	01:42:19	+36:19	04:51
24	231	Tiago Antunes	Individual	Veterano M40	01:42:37	+36:38	04:52
25	223	Mauricio Madruga	Individual	Veterano M40	01:43:22	+37:22	04:54
26	228	Pedro Pereira	Individual	Veterano M40	01:43:27	+37:28	04:54
27	296	Ricardo Gomes	NDAP	Veterano M40	01:44:35	+38:35	04:57
28	224	Micael Santos	Individual	Veterano M40	01:49:49	+43:49	05:12
29	229	Rui Neves	Individual	Veterano M40	01:56:32	+50:33	05:31
30	222	Jose Freitas	Individual	Veterano M40	01:56:50	+50:51	05:32
31	219	Filipe Mateus	Individual	Veterano M40	02:00:20	+54:21	05:42
32	291	Joaquim Malheiro	Malheiro	Veterano M40	02:05:12	+59:13	05:56
33	225	Nuno Leal	Individual	Veterano M40	02:08:03	+01:02:04	06:04
34	230	Rui Silva	Individual	Veterano M40	02:08:47	+01:02:48	06:06
35	216	Carlos Tiago Silva Matias	Individual	Veterano M40	02:09:50	+01:03:50	06:09
36	85	António João Duarte Santana	cscrfcharneca	Veterano M40	02:12:32	+01:06:32	06:17
37	213	António Miguel Ferreira das Neves	Individual	Veterano M40	02:15:03	+01:09:03	06:24

Veterano M45

1	83	Sérgio Junqueira	CPR A-DO-BARBAS	Veterano M45	01:13:39	03:29
2	239	LEONARDO SCHWINDT	Individual	Veterano M45	01:16:00	+02:20 03:36
3	110	Nuno Casalinho	G.A.Caranguejeira	Veterano M45	01:18:53	+05:14 03:44
4	73	Paulo Ferreira	Clube de Atletismo de Ferreira do Zézere	Veterano M45	01:21:08	+07:28 03:51

Official Timekeeper: Lap2Go	5 / 8	generate 27-nov.-2025 11:32
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21,097 KM

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5	37	Joaquim Lopes	Associação Figueiredos Runners and Friends	Veterano M45	01:21:43	+08:03	03:52
6	124	Nuno Gonçalves Santos	Grf-Benedita-atletismo	Veterano M45	01:22:16	+08:37	03:54
7	245	Vasco Tavares	Individual	Veterano M45	01:26:23	+12:43	04:06
8	125	António Pereira	Grupo Alegre Unido Bajouca	Veterano M45	01:27:00	+13:21	04:07
9	15	JOSE MENDES	AC VERMOIL	Veterano M45	01:29:02	+15:23	04:13
10	237	João Pedro Oliveira Rodrigues	Individual	Veterano M45	01:35:09	+21:29	04:31
11	70	RUI COSTA	Clube Atletismo de Ovar	Veterano M45	01:35:12	+21:32	04:31
12	41	Jorge Moreira	Avelar Sunset Team	Veterano M45	01:36:10	+22:30	04:33
13	235	Hugo Prazeres	Individual	Veterano M45	01:36:38	+22:58	04:35
14	242	Nuno Alexandre Duarte da mota	Individual	Veterano M45	01:36:40	+23:00	04:35
15	65	Paulo Peres	Clube Atlético de Macedo de Cavaleiros	Veterano M45	01:38:36	+24:56	04:40
16	323	Ricardo Ruas	Team El Comandante	Veterano M45	01:40:00	+26:21	04:44
17	305	Luis ramos	Reumaticos	Veterano M45	01:41:49	+28:10	04:50
18	243	Nuno Santos	Individual	Veterano M45	01:43:18	+29:38	04:54
19	233	Elcides da Paz Ferrão da Silva	Individual	Veterano M45	01:44:21	+30:42	04:57
20	119	Sandro Vilela	GDRC UNIDOS	Veterano M45	01:45:06	+31:26	04:59
21	232	Amilcar Silva	Individual	Veterano M45	01:48:39	+34:59	05:09
22	244	Paulo Simões	Individual	Veterano M45	01:56:41	+43:02	05:32
23	241	Michel Pestana	Individual	Veterano M45	01:57:46	+44:06	05:35
24	299	Alexandre 1Blanco	Os Tolinhos	Veterano M45	02:01:13	+47:34	05:45
25	234	Helio soares	Individual	Veterano M45	02:03:24	+49:44	05:51
26	238	Jorge Miguel Estevão Martins	Individual	Veterano M45	02:05:03	+51:24	05:56
27	290	Nilton Caetano	LAMA SOLTA	Veterano M45	02:08:56	+55:16	06:07

Veterano M50

1	38	Davide Figueiredo	Associação Figueiredos Runners and Friends	Veterano M50	01:12:12	03:25
2	256	Luís Baço	Individual	Veterano M50	01:15:49	+03:37 03:36
3	120	Vitor Dinis	GDRC UNIDOS	Veterano M50	01:16:21	+04:09 03:37
4	51	Jorge Aires	CA Barreira	Veterano M50	01:19:20	+07:08 03:46
5	97	MANUEL BESSA	EV-PERALTAFIL	Veterano M50	01:21:30	+09:18 03:52
6	98	VITOR GONÇALVES	EV-PERALTAFIL	Veterano M50	01:21:59	+09:47 03:53
7	331	Artur Santiago	UF Comercio Industria	Veterano M50	01:22:15	+10:03 03:54
8	19	PEDRO FERREIRA	AC VERMOIL	Veterano M50	01:22:26	+10:14 03:54
9	306	Fernando santos	Reumaticos	Veterano M50	01:22:50	+10:38 03:56
10	18	LICINIO CARREIRA	AC VERMOIL	Veterano M50	01:24:46	+12:33 04:01
11	128	Manuel Silveira	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M50	01:26:09	+13:57 04:05
12	307	Paulo pereira	Reumaticos	Veterano M50	01:28:37	+16:25 04:12
13	253	Joel da Silva	Individual	Veterano M50	01:30:47	+18:35 04:18
14	16	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M50	01:32:27	+20:15 04:23
15	297	Pedro Silva	NDAP	Veterano M50	01:35:25	+23:12 04:31
16	257	Pedro Miguel Mendes Pereira Nunes	Individual	Veterano M50	01:37:37	+25:24 04:38
17	46	Jose C. Sousa	C.D. Póvoa	Veterano M50	01:38:10	+25:58 04:39

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18	111	Mario Carvalho	G.A.Caranguejeira	Veterano M50	01:38:38	+26:26	04:41
19	23	Luís Filipe Carvalho	ACRM Silveirinha Grande e Claras	Veterano M50	01:40:47	+28:35	04:47
20	250	Emídio Alves 15	Individual	Veterano M50	01:41:53	+29:41	04:50
21	308	Paulo ramos	Reumaticos	Veterano M50	01:43:47	+31:35	04:55
22	71	DINIS BATISTA	Clube Atletismo de Ovar	Veterano M50	01:44:09	+31:57	04:56
23	334	Joselito Da Conceição Pereira	VILAVENTURA TRAIL	Veterano M50	01:44:16	+32:04	04:57
24	249	Delfim Torres	Individual	Veterano M50	01:45:35	+33:23	05:00
25	254	Jorge Oliveira	Individual	Veterano M50	01:45:47	+33:34	05:01
26	319	Paulo Lopes	SOURE MOV	Veterano M50	01:51:51	+39:39	05:18
27	252	HENRIQUE RODRIGUES	Individual	Veterano M50	01:52:20	+40:08	05:19
28	247	Daniel Fragoso	Individual	Veterano M50	01:54:05	+41:53	05:24
29	255	Jose miguel Caetano	Individual	Veterano M50	01:55:17	+43:05	05:28
30	320	Miguel Matias	SSCGD	Veterano M50	02:00:32	+48:20	05:43
31	17	JOSE LOPES	AC VERMOIL	Veterano M50	02:02:31	+50:19	05:48
32	246	Claudio Sousa	Individual	Veterano M50	02:04:43	+52:31	05:55
33	251	Guilherme Maurício Soares	Individual	Veterano M50	02:06:36	+54:24	06:00
34	86	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M50	02:06:56	+54:43	06:01

Veterano M55

1	100	Joaquim Figueiredo	Associação Figueiredos Runners and Friends	Veterano M55	01:12:11	03:25
2	127	Fernando Matos	Grupo de Convívio e Amizade nas Donas	Veterano M55	01:16:37	+04:25 03:38
3	66	Carlos Carneiro	Clube Atlético de Macedo de Cavaleiros	Veterano M55	01:21:00	+08:48 03:50
4	283	PAULO PONTES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	01:23:49	+11:37 03:58
5	282	LEONEL SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	01:27:02	+14:50 04:08
6	126	Martinho pedrosa	Grupo Alegre Unido Bajouca	Veterano M55	01:29:08	+16:56 04:13
7	281	ANTÓNIO SILVA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	01:30:54	+18:42 04:19
8	56	Carlos Amorim	CENAP	Veterano M55	01:34:37	+22:25 04:29
9	263	Helder Fernandes	Individual	Veterano M55	01:37:26	+25:14 04:37
10	317	Vitor Nelson	SicóTrilhos	Veterano M55	01:37:31	+25:19 04:37
11	24	Amilcar Costa	ACRM Silveirinha Grande e Claras	Veterano M55	01:40:38	+28:26 04:46
12	268	Vitor Monteiro	VILAVENTURA TRAIL	Veterano M55	01:42:09	+29:57 04:51
13	36	Basilio Simoes	ARCD VENDA DA LUISA	Veterano M55	01:42:33	+30:21 04:52
14	33	Joaquim Vieira	Ama(dores) Trail Team/ACRU	Veterano M55	01:49:21	+37:09 05:11
15	89	José Pereira	DCI/Trilhos Luso Bussaco	Veterano M55	01:50:15	+38:03 05:14
16	99	Fernando Couteiro	Fenando Couteiro	Veterano M55	01:50:51	+38:39 05:15
17	262	Fernando Medeiros	Individual	Veterano M55	01:51:24	+39:12 05:17
18	261	António Ferreira	Individual	Veterano M55	01:53:48	+41:36 05:24
19	266	Rui Monteiro	Individual	Veterano M55	01:56:41	+44:29 05:32
20	32	Abílio Magalhães	ADVC Trail Team	Veterano M55	01:56:50	+44:38 05:32
21	267	Victor Martins	Individual	Veterano M55	01:57:07	+44:55 05:33

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21,097 KM



OFFICIAL RESULT

22	260	António de Carvalho Geraldo	Individual	Veterano M55	01:57:28	+45:16	05:34
23	264	José Pinheiro	Individual	Veterano M55	01:58:08	+45:56	05:36
24	265	Lino Carraco	Individual	Veterano M55	01:59:39	+47:27	05:40
25	259	Agostinho Barros	Individual	Veterano M55	02:05:59	+53:47	05:58
26	269	Vitor Santos	Individual	Veterano M55	02:06:40	+54:28	06:00
27	258	Abel Fernandes	Individual	Veterano M55	02:12:05	+59:53	06:16
28	87	Arlindo de Jesus Oliveira	cscrfcharneca	Veterano M55	02:24:00	+01:11:48	06:50

Veterano M60

1	130	Mário Silva	HM Training Group de Sangalhos	Veterano M60	01:24:33		04:00
2	114	Luis Guarda	G.A.Caranguejeira	Veterano M60	01:27:33	+02:59	04:09
3	67	Orlando Alves	Clube Atlético de Macedo de Cavaleiros	Veterano M60	01:29:30	+04:56	04:15
4	271	Aquilino Ferreira	Individual	Veterano M60	01:29:35	+05:01	04:15
5	284	ANTÓNIO ALVES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	01:29:45	+05:11	04:15
6	285	CARLOS SIMÕES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	01:30:01	+05:27	04:16
7	113	António Bento	G.A.Caranguejeira	Veterano M60	01:31:20	+06:46	04:20
8	39	Fernando Figueiredo	Associação Figueiredos Runners and Friends	Veterano M60	01:34:32	+09:59	04:29
9	20	ANTONIO SILVINO	AC VERMOIL	Veterano M60	01:36:48	+12:14	04:35
10	54	Aníbal Godinho	Caracol Trail Team	Veterano M60	01:45:37	+21:03	05:00
11	272	Fernando Corucho	Individual	Veterano M60	01:49:44	+25:10	05:12
12	274	Jorge Santos	Individual	Veterano M60	01:51:24	+26:50	05:17
13	270	Alcides Ferreira	Individual	Veterano M60	01:55:30	+30:56	05:28
14	55	Fernando Fonseca	CASMILO RUNNERS	Veterano M60	01:56:29	+31:55	05:31
15	335	Hélder Monteiro	VILAVENTURA TRAIL	Veterano M60	02:20:14	+55:40	06:39
16	273	Jorge Justo	Individual	Veterano M60	02:24:01	+59:27	06:50

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Official Timekeeper: Lap2Go	1 / 1	generate 23-nov.-2025 12:58
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CORRIDA - STAGE 1

7,5 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:00	7,9°C	89%
End	11:14	7.9°C	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	661	Nuno Miguel	Individual	23:34		03:09	
2	720	André Lemos	Team El Comandante	25:27	+01:53	03:24	
3	517	Ricardo Andrade	ADCP PEDRALVA	25:47	+02:13	03:26	
4	516	Óscar Maia	ADCP PEDRALVA	25:58	+02:24	03:28	
5	678	Vicente Regalado	Individual	26:31	+02:57	03:32	
6	721	Tiago Alves	VILAVENTURA TRAIL	27:03	+03:29	03:36	
7	525	Paulo Renato Mesquita Monteiro	Casa do Povo de Lavos	27:10	+03:36	03:37	
8	677	Vasco Miguel Martins Lourenço	Individual	27:45	+04:11	03:42	
9	511	MIGUEL GONÇALVES	AC VERMOIL	27:54	+04:20	03:43	
10	618	Alexandre Abreu	Individual	30:14	+06:40	04:02	
11	507	HELDER MIRANDA	AC VERMOIL	30:35	+07:01	04:05	
12	532	Rui Silva	Clube Atlético de Macedo de Cavaleiros	30:36	+07:02	04:05	
13	531	Claudio Gonçalves	Clube Atlético de Macedo de Cavaleiros	30:38	+07:04	04:05	
14	662	Nuno Moreira	Individual	30:46	+07:12	04:06	
15	633	Fábio Vieira	Individual	30:46	+07:12	04:06	
16	668	Rafael Abreu	Individual	31:45	+08:11	04:14	
17	657	Miguel Carreira	Individual	31:57	+08:23	04:16	
18	672	Sérgio Ruas	Individual	32:10	+08:36	04:17	
19	547	Bryan Rodrigues	FitTraining Academy	32:38	+09:04	04:21	
20	658	Miguel Cordeiro Lourenço	Individual	32:57	+09:23	04:24	
21	538	Vera Portela	CSMarítimo	32:59	+09:25	04:24	
22	663	Paulino Ecundi	Individual	33:01	+09:27	04:24	
23	515	Mário Miguel Ferreira	ADCP PEDRALVA	33:02	+09:28	04:24	
24	625	Bruno Simões Martins	Individual	33:20	+09:46	04:27	
25	622	André Pereira Carnide	Individual	33:33	+09:59	04:28	
26	641	João Gaspar	Individual	33:46	+10:12	04:30	
27	520	Roberto Fiuza	Barras e Bolinhos	33:46	+10:12	04:30	
28	655	Miguel Ângelo Delgado Maia	Individual	33:48	+10:14	04:30	
29	503	DAVID MENDES	AC VERMOIL	33:50	+10:16	04:31	
30	638	Gonçalo Gonçalves	Individual	34:11	+10:37	04:34	
31	619	Álvaro Cunha	Individual	34:21	+10:47	04:35	
32	502	BLANDINA LOURENÇO	AC VERMOIL	34:22	+10:48	04:35	
33	679	Vitor Ribeiro	Individual	34:44	+11:10	04:38	
34	521	Germano Capela	CA Barreira	35:15	+11:41	04:42	
35	649	José Manuel Gaspar Lopes	Individual	35:24	+11:50	04:43	
36	697	João Tomé Ferreira	Ratatui Team	35:24	+11:50	04:43	
37	642	João Gomes	Individual	35:26	+11:52	04:43	
38	669	Renato Miguel da Mota Santos	Individual	35:26	+11:52	04:43	
39	710	Pedro Ribeiro	Se tu vais, eu vou	35:31	+11:57	04:44	
40	573	Catarina Anselmo	Individual	35:38	+12:04	04:45	
41	508	JAIME SANTOS	AC VERMOIL	36:05	+12:31	04:49	
42	654	Micael Marcelino	Individual	36:13	+12:39	04:50	

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CORRIDA - STAGE 1

7,5 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	653	Maksym Rohatynskyy	Individual	36:30	+12:56	04:52	
44	630	Diogo Trincão	Individual	36:42	+13:08	04:54	
45	552	Stéphane Lopes	FitTraining Academy	36:43	+13:09	04:54	
46	557	Carlos Gonçalves	FullProtein Trail Team	36:51	+13:17	04:55	
47	674	Tiago Ferreira	Individual	36:51	+13:17	04:55	
48	536	David Rodrigues Fernandes	cscrfcharneca	36:54	+13:20	04:55	
49	646	Joel Pedrosa Simões	Individual	37:00	+13:26	04:56	
50	512	VITOR LOPES	AC VERMOIL	37:00	+13:26	04:56	
51	695	António Mendes	Ratatui Team	37:02	+13:28	04:56	
52	551	Robson Luiz	FitTraining Academy	37:10	+13:36	04:57	
53	549	Luís Miguel Gomes Antunes	FitTraining Academy	37:20	+13:46	04:59	
54	534	Pedro Roque	CPT SOBTAL DE Ceira	37:49	+14:15	05:03	
55	664	Paulo Fonseca	Individual	37:53	+14:19	05:03	
56	665	Pedro Costa	Individual	37:54	+14:20	05:03	
57	647	Jonas filho	Individual	38:09	+14:35	05:05	
58	632	Eduardo Vieira	Individual	38:17	+14:43	05:06	
59	681	Marco Murgeiro	LAMA SOLTA	38:28	+14:54	05:08	
60	526	Rui Manuel de Faria	Casa do Povo de Lavos	38:38	+15:04	05:09	
61	696	Bruno Pereira	Ratatui Team	38:40	+15:06	05:09	
62	506	HELDER GOMES	AC VERMOIL	38:41	+15:07	05:09	
63	652	luís Pereiea	Individual	38:49	+15:15	05:10	
64	624	Bavieche Samgi	Individual	38:54	+15:20	05:11	
65	513	João Sintra	ACRM Silveirinha Grande e Claras	38:55	+15:21	05:11	
66	660	Nuno Barros	Individual	38:57	+15:23	05:12	
67	533	José Silva	Clube de Atletismo os Gaienses/Toyota	38:59	+15:25	05:12	
68	609	Susana Moreira	Individual	39:00	+15:26	05:12	
69	629	Diogo Santos	Individual	39:14	+15:40	05:14	
70	620	André Cardoso	Individual	39:43	+16:09	05:18	
71	623	Antonio Ribeiro	Individual	39:56	+16:22	05:19	
72	567	Annabelle Luis	Individual	39:56	+16:22	05:19	
73	627	Dário Neves	Individual	39:57	+16:23	05:20	
74	523	Patrícia Ramos Cravo	Caracóis Velozes	40:03	+16:29	05:20	
75	612	Tania cresco domingues	Individual	40:07	+16:33	05:21	
76	615	Verónica Jaulino	Individual	40:07	+16:33	05:21	
77	505	FILIPPE SILVA	AC VERMOIL	40:10	+16:36	05:21	
78	504	EUGENIO MENDES	AC VERMOIL	40:44	+17:10	05:26	
79	556	Raquel Francisco	FullProtein Trail Team	40:46	+17:12	05:26	
80	558	Tiago Francisco	FullProtein Trail Team	40:47	+17:13	05:26	
81	709	Milton Cordeiro	Se tu vais, eu vou	40:48	+17:14	05:26	
82	640	João Costa	Individual	40:49	+17:15	05:27	
83	605	Sara Garstka Elisio Canquerino	Individual	40:49	+17:15	05:27	
84	707	Alex G.	Se tu vais, eu vou	40:50	+17:16	05:27	
85	718	KEVIN SANTOS	SOMOS MAIS QUE UM	40:51	+17:17	05:27	
86	530	Elisabete Alves	Clube Atlético de Macedo de Cavaleiros	40:52	+17:18	05:27	
87	675	Tiago Gonçalves	Individual	40:58	+17:24	05:28	
88	635	Francisco Maia Mineiro	Individual	41:04	+17:30	05:29	

CORRIDA - STAGE 1

7,5 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	576	Cindy Faria	Individual	41:15	+17:41	05:30	
90	708	David M.	Se tu vais, eu vou	41:31	+17:57	05:32	
91	501	ANA PAULA BRITES	AC VERMOIL	41:32	+17:58	05:32	
92	659	Miguel Martins Felgueiras	Individual	41:32	+17:58	05:32	
93	639	Gonalo Vieira	Individual	41:37	+18:03	05:33	
94	617	Adriel de sena pedreira	Individual	42:01	+18:27	05:36	
95	711	Pedro S.	Se tu vais, eu vou	42:02	+18:28	05:36	
96	524	David Henrique dos Santos Cravo	Carac3is Velozes	42:12	+18:38	05:38	
97	509	LEANDRO SANTOS	AC VERMOIL	42:13	+18:39	05:38	
98	699	Ricardo Silva	Ratatui Team	42:14	+18:40	05:38	
99	578	Daniela Marcelino	Individual	42:17	+18:43	05:38	
100	705	Ticha Ribeiro	Se tu vais, eu vou	42:28	+18:54	05:40	
101	543	In3s Gomes	FitTraining Academy	42:37	+19:03	05:41	
102	700	Tom3s Abreu	Ratatui Team	42:40	+19:06	05:41	
103	603	N3lia Rodrigues	Individual	42:42	+19:08	05:42	
104	587	J3ssica Marques	Individual	42:43	+19:09	05:42	
105	529	Tiago Domingues Lopes	CERCIPOM Trail Team	42:46	+19:12	05:42	
106	592	Licinia Duarte	Individual	42:50	+19:16	05:43	
107	637	Gonalo Gaspar	Individual	43:03	+19:29	05:44	
108	595	Maria Gaspar	Individual	43:03	+19:29	05:44	
109	608	S3lvia Pereira	Individual	43:08	+19:34	05:45	
110	643	Jo3o Mineiro	Individual	43:09	+19:35	05:45	
111	554	Catia Andrade	FullProtein Trail Team	43:20	+19:46	05:47	
112	537	Jorge Manuel Fernandes Figueiral	cscrffcharneca	43:24	+19:50	05:47	
113	698	Pedro Abreu	Ratatui Team	43:26	+19:52	05:48	
114	570	Beatriz Matias	Individual	43:29	+19:55	05:48	
115	667	Pedro Manuel Rodrigues Dinis	Individual	43:40	+20:06	05:49	
116	666	Pedro Daniel Dias	Individual	44:11	+20:37	05:53	
117	651	Kevin Marques	Individual	44:21	+20:47	05:55	
118	716	Stephanie Silvq	Sic3Trilhos	44:32	+20:58	05:56	
119	671	Saulo Nogueira Coutinho	Individual	44:43	+21:09	05:58	
120	545	Marta Pereira	FitTraining Academy	44:54	+21:20	05:59	
121	593	Lucia Corucho	Individual	44:54	+21:20	05:59	
122	703	C3tia Gaioso	Se tu vais, eu vou	44:56	+21:22	06:00	
123	706	Vanessa F.	Se tu vais, eu vou	44:57	+21:23	06:00	
124	702	C3tia D.	Se tu vais, eu vou	44:58	+21:24	06:00	
125	514	Luc3dio Dias	ACRM Silveirinha Grande e Claras	45:00	+21:26	06:00	
126	719	In3s Sabino	SOURE MOV	45:04	+21:30	06:01	
127	539	Rodrigo Cardoso	Diabinhos de Samuel	45:04	+21:30	06:01	
128	713	Isabelle Rosa Nunes	Sic3Trilhos	45:08	+21:34	06:01	
129	599	Marta In3s Marcelos Jord3o	Individual	45:09	+21:35	06:01	
130	518	Caty Costa	Ameal trail	45:22	+21:48	06:03	
131	634	Fernando Maia9	Individual	45:22	+21:48	06:03	
132	560	Ilidio Santos	Imobili3ria Argilipe	45:29	+21:55	06:04	
133	559	Alexandre Gonalves	Imobili3ria Argilipe	45:29	+21:55	06:04	
134	561	Marcelo Ferreira	Imobili3ria Argilipe	45:29	+21:55	06:04	

CORRIDA - STAGE 1

7,5 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	714	Luísa Monteiro	SicóTrilhos	45:31	+21:57	06:04	
136	541	Dulce Cardoso Martins	FitTraining Academy	45:32	+21:58	06:04	
137	628	dino marques	Individual	46:02	+22:28	06:08	
138	1	Pedro Pimpao	Individual	46:04	+22:30	06:09	
139	569	Aurélie Marchand	Individual	46:16	+22:42	06:10	
140	535	Álvaro José Vieira Lopes	cscrfcharneca	46:43	+23:09	06:14	
141	579	Diana Lopes	Individual	46:54	+23:20	06:15	
142	676	Tiago Parafita	Individual	46:54	+23:20	06:15	
143	522	Isabel Lopes Ramos	Caracóis Velozes	47:06	+23:32	06:17	
144	717	Adriana Costa	SOMOS MAIS QUE UM	47:18	+23:44	06:18	
145	645	João Pereira	Individual	47:18	+23:44	06:18	
146	542	Eduarda Gomes	FitTraining Academy	47:20	+23:46	06:19	
147	670	Ricardo Brás	Individual	47:21	+23:47	06:19	
148	546	Sofia Gonçalves	FitTraining Academy	47:29	+23:55	06:20	
149	562	Alexandra Oliveira	Individual	47:58	+24:24	06:24	
150	602	Natalia Mendes	Individual	49:35	+26:01	06:37	
151	580	Edite Neves	Individual	49:39	+26:05	06:37	
152	572	Carlota Sena	Individual	49:40	+26:06	06:37	
153	565	Andreia Maricato	Individual	49:56	+26:22	06:39	
154	589	Joana Araújo	Individual	49:57	+26:23	06:40	
155	686	Paulo Fernando da Costa Neves	Os Sem Fôlego	50:01	+26:27	06:40	
156	582	Filipa Gonçalves	Individual	50:31	+26:57	06:44	
157	621	André Filipe Simões Leonardo	Individual	50:45	+27:11	06:46	
158	597	Mariana Mineiro	Individual	50:55	+27:21	06:47	
159	601	Mónica Dâmaso	Individual	51:07	+27:33	06:49	
160	591	Leonor Cruz	Individual	51:08	+27:34	06:49	
161	585	Inês Madalena Rocha Loureiro	Individual	51:23	+27:49	06:51	
162	590	Lara Gomes Capitão	Individual	52:02	+28:28	06:56	
163	519	Dulce Medeiros	AST - Avelar Sunset Team	52:18	+28:44	06:58	
164	610	Suzi Gaspar	Individual	52:20	+28:46	06:59	
165	614	Telma Batista	Individual	52:23	+28:49	06:59	
166	598	Marina Murgeiro	Individual	52:49	+29:15	07:03	
167	577	Cristiana Ferreira	Individual	52:54	+29:20	07:03	
168	600	Marta Marto Reis	Individual	53:03	+29:29	07:04	
169	604	Patricia Luis	Individual	53:20	+29:46	07:07	
170	550	Mickael Freire	FitTraining Academy	54:11	+30:37	07:14	
171	540	Andreia Gonçalves	FitTraining Academy	54:12	+30:38	07:14	
172	684	Cindy Neves Ferreira	Os Sem Fôlego	54:47	+31:13	07:18	
173	683	Ana Marília Leal dos Santos	Os Sem Fôlego	54:48	+31:14	07:18	
174	611	Tamara Domingues	Individual	55:39	+32:05	07:25	
175	613	Tatiana Gomes	Individual	55:39	+32:05	07:25	
176	584	Helena Correia	Individual	55:40	+32:06	07:25	
177	574	Catarina Vieira	Individual	56:29	+32:55	07:32	
178	588	Jéssica Neves	Individual	56:30	+32:56	07:32	
179	650	José Pimenta	Individual	56:32	+32:58	07:32	
180	631	Eduardo Pacheco	Individual	56:32	+32:58	07:32	

CORRIDA - STAGE 1

7,5 KM

R

REVISED

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	616	Virginie Leal	Individual	56:50	+33:16	07:35	
182	704	Nélia Santos	Se tu vais, eu vou	58:16	+34:42	07:46	
183	636	Gabriel Cordeiro Gaspar Dos Santos	Individual	58:52	+35:18	07:51	
184	692	Tomás Adão	Pelotão Wi-Fi	01:00:18	+36:44	08:02	
185	689	Sofia Nunes	Pelotão Wi-Fi	01:00:19	+36:45	08:02	
186	691	João Tomás	Pelotão Wi-Fi	01:00:19	+36:45	08:02	
187	687	Cátia Nunes	Pelotão Wi-Fi	01:00:19	+36:45	08:03	
188	690	Fábio Marques	Pelotão Wi-Fi	01:00:20	+36:46	08:03	
189	607	Sarah Rockenbach	Individual	01:01:09	+37:35	08:09	
190	673	Tiago André Dias Ricardo	Individual	01:01:30	+37:56	08:12	
191	563	Ana Margarida Gaspar Roque	Individual	01:01:30	+37:56	08:12	
192	528	João Fernando Neves Silva Amaral	CERCIPOM Trail Team	01:02:02	+38:28	08:16	
193	596	Mariana Dorigatti Woritovicz	Individual	01:02:12	+38:38	08:18	
194	581	Filipa Domingues	Individual	01:03:35	+40:01	08:29	
195	682	Diogo Oliveira	Leiria Marcha Atlético	01:06:32	+42:58	08:52	
196	527	Diogo André Marques Santos	CERCIPOM Trail Team	01:07:11	+43:37	08:58	
197	680	Vitor Schweitzer Thiesen	Individual	01:11:38	+48:04	09:33	
198	583	Gabriela Dorigatti Woritovicz	Individual	01:11:39	+48:05	09:33	
199	568	Ariane Cristina Dorigatti	Individual	01:11:40	+48:06	09:33	
200	626	Claudio Lindolfo Rinnert	Individual	01:11:42	+48:08	09:34	
201	644	João Nascimento	Individual	01:11:49	+48:15	09:35	
202	555	Lúcia Pedrosa	FullProtein Trail Team	01:14:54	+51:20	09:59	

Corrida

7,5 KM

R

REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	7,9°C	89%
End	11:14	7,9°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	538	Vera Portela	CSMarítimo	Senior Feminino	32:59		04:24
2	502	BLANDINA LOURENÇO	AC VERMOIL	Senior Feminino	34:22	+01:23	04:35
3	573	Catarina Anselmo	Individual	Senior Feminino	35:38	+02:39	04:45
4	609	Susana Moreira	Individual	Senior Feminino	39:00	+06:01	05:12
5	567	Annabelle Luis	Individual	Senior Feminino	39:56	+06:56	05:19
6	523	Patrícia Ramos Cravo	Caracóis Velozes	Senior Feminino	40:03	+07:03	05:20
7	612	Tania cresco domingues	Individual	Senior Feminino	40:07	+07:08	05:21
8	615	Verónica Jaulino	Individual	Senior Feminino	40:07	+07:08	05:21
9	556	Raquel Francisco	FullProtein Trail Team	Senior Feminino	40:46	+07:46	05:26
10	605	Sara Garstka Elisio Canquerino	Individual	Senior Feminino	40:49	+07:50	05:27
11	530	Elisabete Alves	Clube Atlético de Macedo de Cavaleiros	Senior Feminino	40:52	+07:52	05:27
12	576	Cindy Faria	Individual	Senior Feminino	41:15	+08:15	05:30
13	501	ANA PAULA BRITES	AC VERMOIL	Senior Feminino	41:32	+08:33	05:32
14	578	Daniela Marcelino	Individual	Senior Feminino	42:17	+09:18	05:38
15	705	Ticha Ribeiro	Se tu vais, eu vou	Senior Feminino	42:28	+09:29	05:40
16	543	Inês Gomes	FitTraining Academy	Senior Feminino	42:37	+09:38	05:41
17	603	Nélia Rodrigues	Individual	Senior Feminino	42:42	+09:42	05:42
18	587	Jéssica Marques	Individual	Senior Feminino	42:43	+09:43	05:42
19	592	Licinia Duarte	Individual	Senior Feminino	42:50	+09:50	05:43
20	595	Maria Gaspar	Individual	Senior Feminino	43:03	+10:04	05:44
21	608	Silvia Pereira	Individual	Senior Feminino	43:08	+10:08	05:45
22	554	Catía Andrade	FullProtein Trail Team	Senior Feminino	43:20	+10:21	05:47
23	570	Beatriz Matias	Individual	Senior Feminino	43:29	+10:30	05:48
24	716	Stephanie Silvq	SicóTrilhos	Senior Feminino	44:32	+11:33	05:56
25	545	Marta Pereira	FitTraining Academy	Senior Feminino	44:54	+11:54	05:59
26	593	Lucia Corucho	Individual	Senior Feminino	44:54	+11:55	05:59
27	703	Cátia Gaioso	Se tu vais, eu vou	Senior Feminino	44:56	+11:57	06:00
28	706	Vanessa F.	Se tu vais, eu vou	Senior Feminino	44:57	+11:58	06:00
29	702	Cátia D.	Se tu vais, eu vou	Senior Feminino	44:58	+11:59	06:00
30	719	Inês Sabino	SOURE MOV	Senior Feminino	45:04	+12:04	06:01
31	713	Isabelle Rosa Nunes	SicóTrilhos	Senior Feminino	45:08	+12:08	06:01
32	599	Marta Inês Marcelos Jordão	Individual	Senior Feminino	45:09	+12:09	06:01
33	518	Caty Costa	Ameal trail	Senior Feminino	45:22	+12:22	06:03
34	714	Luísa Monteiro	SicóTrilhos	Senior Feminino	45:31	+12:31	06:04
35	541	Dulce Cardoso Martins	FitTraining Academy	Senior Feminino	45:32	+12:33	06:04
36	569	Aurélie Marchand	Individual	Senior Feminino	46:16	+13:16	06:10
37	579	Diana Lopes	Individual	Senior Feminino	46:54	+13:55	06:15
38	522	Isabel Lopes Ramos	Caracóis Velozes	Senior Feminino	47:06	+14:06	06:17
39	717	Adriana Costa	SOMOS MAIS QUE UM	Senior Feminino	47:18	+14:18	06:18

Official Timekeeper: Lap2Go	1 / 5	generate 27-nov.-2025 11:33
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Corrida

7,5 KM



OFFICIAL RESULT

40	542	Eduarda Gomes	FitTraining Academy	Senior Feminino	47:20	+14:20	06:19
41	546	Sofia Gonçalves	FitTraining Academy	Senior Feminino	47:29	+14:29	06:20
42	562	Alexandra Oliveira	Individual	Senior Feminino	47:58	+14:59	06:24
43	602	Natalia Mendes	Individual	Senior Feminino	49:35	+16:35	06:37
44	580	Edite Neves	Individual	Senior Feminino	49:39	+16:40	06:37
45	572	Carlota Sena	Individual	Senior Feminino	49:40	+16:40	06:37
46	565	Andreia Maricato	Individual	Senior Feminino	49:56	+16:56	06:39
47	589	Joana Araújo	Individual	Senior Feminino	49:57	+16:58	06:40
48	582	Filipa Gonçalves	Individual	Senior Feminino	50:31	+17:32	06:44
49	597	Mariana Mineiro	Individual	Senior Feminino	50:55	+17:55	06:47
50	601	Mónica Dâmaso	Individual	Senior Feminino	51:07	+18:08	06:49
51	591	Leonor Cruz	Individual	Senior Feminino	51:08	+18:08	06:49
52	585	Inês Madalena Rocha Loureiro	Individual	Senior Feminino	51:23	+18:23	06:51
53	590	Lara Gomes Capitão	Individual	Senior Feminino	52:02	+19:02	06:56
54	519	Dulce Medeiros	AST - Avelar Sunset Team	Senior Feminino	52:18	+19:18	06:58
55	610	Suzi Gaspar	Individual	Senior Feminino	52:20	+19:21	06:59
56	614	Telma Batista	Individual	Senior Feminino	52:23	+19:23	06:59
57	598	Marina Murgeiro	Individual	Senior Feminino	52:49	+19:50	07:03
58	577	Cristiana Ferreira	Individual	Senior Feminino	52:54	+19:55	07:03
59	600	Marta Marto Reis	Individual	Senior Feminino	53:03	+20:03	07:04
60	604	Patricia Luis	Individual	Senior Feminino	53:20	+20:21	07:07
61	540	Andreia Gonçalves	FitTraining Academy	Senior Feminino	54:12	+21:12	07:14
62	684	Cindy Neves Ferreira	Os Sem Fôlego	Senior Feminino	54:47	+21:47	07:18
63	683	Ana Marília Leal dos Santos	Os Sem Fôlego	Senior Feminino	54:48	+21:48	07:18
64	611	Tamara Domingues	Individual	Senior Feminino	55:39	+22:39	07:25
65	613	Tatiana Gomes	Individual	Senior Feminino	55:39	+22:40	07:25
66	584	Helena Correia	Individual	Senior Feminino	55:40	+22:40	07:25
67	574	Catarina Vieira	Individual	Senior Feminino	56:29	+23:30	07:32
68	588	Jéssica Neves	Individual	Senior Feminino	56:30	+23:30	07:32
69	616	Virginie Leal	Individual	Senior Feminino	56:50	+23:50	07:35
70	704	Nélia Santos	Se tu vais, eu vou	Senior Feminino	58:16	+25:16	07:46
71	689	Sofia Nunes	Pelotão Wi-Fi	Senior Feminino	01:00:19	+27:19	08:02
72	687	Cátia Nunes	Pelotão Wi-Fi	Senior Feminino	01:00:19	+27:19	08:03
73	607	Sarah Rockenbach	Individual	Senior Feminino	01:01:09	+28:09	08:09
74	563	Ana Margarida Gaspar Roque	Individual	Senior Feminino	01:01:30	+28:31	08:12
75	596	Mariana Dorigatti Woritovicz	Individual	Senior Feminino	01:02:12	+29:12	08:18
76	581	Filipa Domingues	Individual	Senior Feminino	01:03:35	+30:36	08:29
77	583	Gabriela Dorigatti Woritovicz	Individual	Senior Feminino	01:11:39	+38:39	09:33
78	568	Ariane Cristina Dorigatti	Individual	Senior Feminino	01:11:40	+38:41	09:33
79	555	Lúcia Pedrosa	FullProtein Trail Team	Senior Feminino	01:14:54	+41:55	09:59

Senior Masculino

1	661	Nuno Miguel	Individual	Senior Masculino	23:34		03:09
2	720	André Lemos	Team El Comandante	Senior Masculino	25:27	+01:52	03:24
3	517	Ricardo Andrade	ADCP PEDRALVA	Senior Masculino	25:47	+02:12	03:26

Official Timekeeper: Lap2Go	2 / 5	generate 27-nov.-2025 11:33
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Corrida

7,5 KM



OFFICIAL RESULT

4	516	Óscar Maia	ADCP PEDRALVA	Senior Masculino	25:58	+02:23	03:28
5	678	Vicente Regalado	Individual	Senior Masculino	26:31	+02:56	03:32
6	721	Tiago Alves	VILAVENTURA TRAIL	Senior Masculino	27:03	+03:29	03:36
7	525	Paulo Renato Mesquita Monteiro	Casa do Povo de Lavos	Senior Masculino	27:10	+03:35	03:37
8	677	Vasco Miguel Martins Lourenço	Individual	Senior Masculino	27:45	+04:10	03:42
9	511	MIGUEL GONÇALVES	AC VERMOIL	Senior Masculino	27:54	+04:20	03:43
10	618	Alexandre Abreu	Individual	Senior Masculino	30:14	+06:40	04:02
11	507	HELDER MIRANDA	AC VERMOIL	Senior Masculino	30:35	+07:00	04:05
12	532	Rui Silva	Clube Atlético de Macedo de Cavaleiros	Senior Masculino	30:36	+07:01	04:05
13	531	Claudio Gonçalves	Clube Atlético de Macedo de Cavaleiros	Senior Masculino	30:38	+07:03	04:05
14	662	Nuno Moreira	Individual	Senior Masculino	30:46	+07:11	04:06
15	633	Fábio Vieira	Individual	Senior Masculino	30:46	+07:11	04:06
16	668	Rafael Abreu	Individual	Senior Masculino	31:45	+08:10	04:14
17	657	Miguel Carreira	Individual	Senior Masculino	31:57	+08:22	04:16
18	672	Sérgio Ruas	Individual	Senior Masculino	32:10	+08:35	04:17
19	547	Bryan Rodrigues	FitTraining Academy	Senior Masculino	32:38	+09:03	04:21
20	658	Miguel Cordeiro Lourenço	Individual	Senior Masculino	32:57	+09:22	04:24
21	663	Paulino Ecundi	Individual	Senior Masculino	33:01	+09:26	04:24
22	515	Mário Miguel Ferreira	ADCP PEDRALVA	Senior Masculino	33:02	+09:27	04:24
23	625	Bruno Simões Martins	Individual	Senior Masculino	33:20	+09:45	04:27
24	622	André Pereira Carnide	Individual	Senior Masculino	33:33	+09:59	04:28
25	641	João Gaspar	Individual	Senior Masculino	33:46	+10:11	04:30
26	520	Roberto Fiuza	Barras e Bolinhos	Senior Masculino	33:46	+10:11	04:30
27	655	Miguel Ângelo Delgado Maia	Individual	Senior Masculino	33:48	+10:13	04:30
28	503	DAVID MENDES	AC VERMOIL	Senior Masculino	33:50	+10:15	04:31
29	638	Gonçalo Gonçalves	Individual	Senior Masculino	34:11	+10:36	04:34
30	619	Álvaro Cunha	Individual	Senior Masculino	34:21	+10:47	04:35
31	679	Vitor Ribeiro	Individual	Senior Masculino	34:44	+11:10	04:38
32	521	Germano Capela	CA Barreira	Senior Masculino	35:15	+11:40	04:42
33	649	José Manuel Gaspar Lopes	Individual	Senior Masculino	35:24	+11:49	04:43
34	697	João Tomé Ferreira	Ratatui Team	Senior Masculino	35:24	+11:49	04:43
35	642	João Gomes	Individual	Senior Masculino	35:26	+11:51	04:43
36	669	Renato Miguel da Mota Santos	Individual	Senior Masculino	35:26	+11:51	04:43
37	710	Pedro Ribeiro	Se tu vais, eu vou	Senior Masculino	35:31	+11:56	04:44
38	508	JAIME SANTOS	AC VERMOIL	Senior Masculino	36:05	+12:30	04:49
39	654	Micael Marcelino	Individual	Senior Masculino	36:13	+12:38	04:50
40	653	Maksym Rohatynskyy	Individual	Senior Masculino	36:30	+12:55	04:52
41	630	Diogo Trincão	Individual	Senior Masculino	36:42	+13:07	04:54
42	552	Stéphane Lopes	FitTraining Academy	Senior Masculino	36:43	+13:08	04:54
43	557	Carlos Gonçalves	FullProtein Trail Team	Senior Masculino	36:51	+13:16	04:55
44	674	Tiago Ferreira	Individual	Senior Masculino	36:51	+13:16	04:55
45	536	David Rodrigues Fernandes	cscrcharneca	Senior Masculino	36:54	+13:19	04:55
46	646	Joel Pedrosa Simões	Individual	Senior Masculino	37:00	+13:25	04:56
47	512	VITOR LOPES	AC VERMOIL	Senior Masculino	37:00	+13:26	04:56
48	695	António Mendes	Ratatui Team	Senior Masculino	37:02	+13:27	04:56

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49	551	Robson Luiz	FitTraining Academy	Senior Masculino	37:10	+13:35	04:57
50	549	Luís Miguel Gomes Antunes	FitTraining Academy	Senior Masculino	37:20	+13:46	04:59
51	534	Pedro Roque	CPT SOBTAL DE Ceira	Senior Masculino	37:49	+14:15	05:03
52	664	Paulo Fonseca	Individual	Senior Masculino	37:53	+14:18	05:03
53	665	Pedro Costa	Individual	Senior Masculino	37:54	+14:19	05:03
54	647	Jonas filho	Individual	Senior Masculino	38:09	+14:34	05:05
55	632	Eduardo Vieira	Individual	Senior Masculino	38:17	+14:43	05:06
56	681	Marco Murgeiro	LAMA SOLTA	Senior Masculino	38:28	+14:53	05:08
57	526	Rui Manuel de Faria	Casa do Povo de Lavos	Senior Masculino	38:38	+15:03	05:09
58	696	Bruno Pereira	Ratatui Team	Senior Masculino	38:40	+15:05	05:09
59	506	HELDER GOMES	AC VERMOIL	Senior Masculino	38:41	+15:06	05:09
60	652	luís Pereiea	Individual	Senior Masculino	38:49	+15:14	05:10
61	624	Bavieche Samgi	Individual	Senior Masculino	38:54	+15:19	05:11
62	513	João Sintra	ACRM Silveirinha Grande e Claras	Senior Masculino	38:55	+15:20	05:11
63	660	Nuno Barros	Individual	Senior Masculino	38:57	+15:22	05:12
64	533	José Silva	Clube de Atletismo os Gaienses/Toyota	Senior Masculino	38:59	+15:25	05:12
65	629	Diogo Santos	Individual	Senior Masculino	39:14	+15:40	05:14
66	620	André Cardoso	Individual	Senior Masculino	39:43	+16:08	05:18
67	623	Antonio Ribeiro	Individual	Senior Masculino	39:56	+16:21	05:19
68	627	Dário Neves	Individual	Senior Masculino	39:57	+16:23	05:20
69	505	FILIPE SILVA	AC VERMOIL	Senior Masculino	40:10	+16:35	05:21
70	504	EUGENIO MENDES	AC VERMOIL	Senior Masculino	40:44	+17:09	05:26
71	558	Tiago Francisco	FullProtein Trail Team	Senior Masculino	40:47	+17:12	05:26
72	709	Milton Cordeiro	Se tu vais, eu vou	Senior Masculino	40:48	+17:13	05:26
73	640	João Costa	Individual	Senior Masculino	40:49	+17:14	05:27
74	707	Alex G.	Se tu vais, eu vou	Senior Masculino	40:50	+17:15	05:27
75	718	KEVIN SANTOS	SOMOS MAIS QUE UM	Senior Masculino	40:51	+17:16	05:27
76	675	Tiago Gonçalves	Individual	Senior Masculino	40:58	+17:23	05:28
77	635	Francisco Maia Mineiro	Individual	Senior Masculino	41:04	+17:29	05:29
78	708	David M.	Se tu vais, eu vou	Senior Masculino	41:31	+17:56	05:32
79	659	Miguel Martins Felgueiras	Individual	Senior Masculino	41:32	+17:57	05:32
80	639	Gonçalo Vieira	Individual	Senior Masculino	41:37	+18:02	05:33
81	617	Adriel de sena pedreira	Individual	Senior Masculino	42:01	+18:26	05:36
82	711	Pedro S.	Se tu vais, eu vou	Senior Masculino	42:02	+18:27	05:36
83	524	David Henrique dos Santos Cravo	Caracóis Velozes	Senior Masculino	42:12	+18:37	05:38
84	509	LEANDRO SANTOS	AC VERMOIL	Senior Masculino	42:13	+18:38	05:38
85	699	Ricardo Silva	Ratatui Team	Senior Masculino	42:14	+18:39	05:38
86	700	Tomás Abreu	Ratatui Team	Senior Masculino	42:40	+19:05	05:41
87	529	Tiago Domingues Lopes	CERCIPOM Trail Team	Senior Masculino	42:46	+19:11	05:42
88	637	Gonçalo Gaspar	Individual	Senior Masculino	43:03	+19:28	05:44
89	643	João Mineiro	Individual	Senior Masculino	43:09	+19:34	05:45
90	537	Jorge Manuel Fernandes Figueiral	cscrcharneca	Senior Masculino	43:24	+19:50	05:47
91	698	Pedro Abreu	Ratatui Team	Senior Masculino	43:26	+19:52	05:48
92	667	Pedro Manuel Rodrigues Dinis	Individual	Senior Masculino	43:40	+20:05	05:49
93	666	Pedro Daniel Dias	Individual	Senior Masculino	44:11	+20:36	05:53
94	651	Kevin Marques	Individual	Senior Masculino	44:21	+20:46	05:55

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95	671	Saulo Nogueira Coutinho	Individual	Senior Masculino	44:43	+21:08	05:58
96	514	Lucídio Dias	ACRM Silveirinha Grande e Claras	Senior Masculino	45:00	+21:25	06:00
97	539	Rodrigo Cardoso	Diabinhos de Samuel	Senior Masculino	45:04	+21:29	06:01
98	634	Fernando Maia9	Individual	Senior Masculino	45:22	+21:47	06:03
99	560	Ilidio Santos	Imobiliária Argilipe	Senior Masculino	45:29	+21:55	06:04
100	559	Alexandre Gonçalves	Imobiliária Argilipe	Senior Masculino	45:29	+21:55	06:04
101	561	Marcelo Ferreira	Imobiliária Argilipe	Senior Masculino	45:29	+21:55	06:04
102	628	dino marques	Individual	Senior Masculino	46:02	+22:27	06:08
103	1	Pedro Pimpao	Individual	Senior Masculino	46:04	+22:29	06:09
104	535	Álvaro José Vieira Lopes	cscrfcharneca	Senior Masculino	46:43	+23:08	06:14
105	676	Tiago Parafita	Individual	Senior Masculino	46:54	+23:20	06:15
106	645	João Pereira	Individual	Senior Masculino	47:18	+23:43	06:18
107	670	Ricardo Brás	Individual	Senior Masculino	47:21	+23:46	06:19
108	686	Paulo Fernando da Costa Neves	Os Sem Fôlego	Senior Masculino	50:01	+26:27	06:40
109	621	André Filipe Simões Leonardo	Individual	Senior Masculino	50:45	+27:10	06:46
110	550	Mickael Freire	FitTraining Academy	Senior Masculino	54:11	+30:36	07:14
111	650	José Pimenta	Individual	Senior Masculino	56:32	+32:57	07:32
112	631	Eduardo Pacheco	Individual	Senior Masculino	56:32	+32:57	07:32
113	636	Gabriel Cordeiro Gaspar Dos Santos	Individual	Senior Masculino	58:52	+35:17	07:51
114	692	Tomás Adão	Pelotão Wi-Fi	Senior Masculino	01:00:18	+36:44	08:02
115	691	João Tomás	Pelotão Wi-Fi	Senior Masculino	01:00:19	+36:44	08:02
116	690	Fábio Marques	Pelotão Wi-Fi	Senior Masculino	01:00:20	+36:45	08:03
117	673	Tiago André Dias Ricardo	Individual	Senior Masculino	01:01:30	+37:56	08:12
118	528	João Fernando Neves Silva Amaral	CERCIPOM Trail Team	Senior Masculino	01:02:02	+38:27	08:16
119	682	Diogo Oliveira	Leiria Marcha Atlética	Senior Masculino	01:06:32	+42:57	08:52
120	527	Diogo André Marques Santos	CERCIPOM Trail Team	Senior Masculino	01:07:11	+43:37	08:58
121	680	Vitor Schweitzer Thiesen	Individual	Senior Masculino	01:11:38	+48:04	09:33
122	626	Claudio Lindolfo Rinnert	Individual	Senior Masculino	01:11:42	+48:07	09:34
123	644	João Nascimento	Individual	Senior Masculino	01:11:49	+48:14	09:35