

## MEIA MARATONA - STAGE 1

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 7,9°C       | 89%      |
| End   | 12:29 | 7,9°C       | 89%      |

| RANK | BIB | NAME                  | TEAM                                       | RESULT   | DIFF   | t/KM  | CARD |
|------|-----|-----------------------|--------------------------------------------|----------|--------|-------|------|
| 1    | 330 | Nuno Lopes            | UF Comercio Industria                      | 01:05:05 |        | 03:05 |      |
| 2    | 77  | Filipe Vitorino       | Clube Natação Rio Maior                    | 01:05:41 | +00:36 | 03:07 |      |
| 3    | 60  | Fabio Oliveira        | Clube Atlético de Macedo de Cavaleiros     | 01:05:55 | +00:50 | 03:07 |      |
| 4    | 31  | Rui Teixeira          | ADVC Trail Team                            | 01:05:59 | +00:54 | 03:08 |      |
| 5    | 338 | Nuno Fernandes        | VIZELA CORRE                               | 01:06:15 | +01:10 | 03:08 |      |
| 6    | 96  | RICARDO PEREIRA       | EV-PERALTAFIL                              | 01:08:33 | +03:28 | 03:15 |      |
| 7    | 329 | Bruno Santos          | UF Comercio Industria                      | 01:08:34 | +03:29 | 03:15 |      |
| 8    | 64  | Rui Muga              | Clube Atlético de Macedo de Cavaleiros     | 01:08:40 | +03:35 | 03:15 |      |
| 9    | 214 | Bruno Paixão          | Individual                                 | 01:09:28 | +04:23 | 03:18 |      |
| 10   | 339 | Rafael Pereira        | VIZELA CORRE                               | 01:09:31 | +04:26 | 03:18 |      |
| 11   | 63  | Carlos Lopes          | Clube Atlético de Macedo de Cavaleiros     | 01:09:52 | +04:47 | 03:19 |      |
| 12   | 25  | Tiago Madureira       | ADCP PEDRALVA                              | 01:10:10 | +05:05 | 03:20 |      |
| 13   | 93  | ESMÊNIO BEIRÃO        | EV-PERALTAFIL                              | 01:10:31 | +05:26 | 03:21 |      |
| 14   | 337 | Nuno Costa            | VIZELA CORRE                               | 01:10:52 | +05:47 | 03:22 |      |
| 15   | 217 | Claudio Pica          | Individual                                 | 01:11:15 | +06:10 | 03:23 |      |
| 16   | 218 | Fernando Lemos        | Individual                                 | 01:11:30 | +06:25 | 03:23 |      |
| 17   | 100 | Joaquim Figueiredo    | Associação Figueiredos Runners and Friends | 01:12:11 | +07:06 | 03:25 |      |
| 18   | 38  | Davide Figueiredo     | Associação Figueiredos Runners and Friends | 01:12:12 | +07:07 | 03:25 |      |
| 19   | 226 | Paulo morais          | Associação Figueiredos Runners and Friends | 01:12:27 | +07:22 | 03:26 |      |
| 20   | 83  | Sérgio Junqueira      | CPR A-DO-BARBAS                            | 01:13:39 | +08:34 | 03:29 |      |
| 21   | 108 | Claudio Loureiro      | G.A.Caranguejeira                          | 01:13:51 | +08:46 | 03:30 |      |
| 22   | 116 | Pedro Venâncio        | GDRC UNIDOS                                | 01:14:37 | +09:32 | 03:32 |      |
| 23   | 292 | João Ferreira         | MFGRUPO                                    | 01:14:42 | +09:37 | 03:32 |      |
| 24   | 300 | Nuno Soares           | Paredes                                    | 01:14:48 | +09:43 | 03:33 |      |
| 25   | 62  | Monica Silva          | Clube Atlético de Macedo de Cavaleiros     | 01:15:43 | +10:38 | 03:35 |      |
| 26   | 256 | Luís Baço             | Individual                                 | 01:15:49 | +10:44 | 03:36 |      |
| 27   | 122 | Tiago Ferreira        | Grf-Benedita-atletismo                     | 01:15:50 | +10:45 | 03:36 |      |
| 28   | 239 | LEONARDO SCHWINDT     | Individual                                 | 01:16:00 | +10:55 | 03:36 |      |
| 29   | 75  | Emilia Kumós Pisoeiro | Clube Desportivo de Espite                 | 01:16:08 | +11:03 | 03:37 |      |
| 30   | 120 | Vitor Dinis           | GDRC UNIDOS                                | 01:16:21 | +11:16 | 03:37 |      |
| 31   | 127 | Fernando Matos        | Grupo de Convívio e Amizade nas Donas      | 01:16:37 | +11:32 | 03:38 |      |
| 32   | 280 | HUGO DUARTE           | INDUSTRIAL DESPORTIVO VIEIRENSE            | 01:16:52 | +11:47 | 03:39 |      |
| 33   | 10  | Fábio Filipe          | AC São Mamede                              | 01:17:24 | +12:19 | 03:40 |      |
| 34   | 30  | Luís Magalhães        | ADVC Trail Team                            | 01:18:01 | +12:56 | 03:42 |      |
| 35   | 123 | Tiago Tomas           | Grf-Benedita-atletismo                     | 01:18:16 | +13:11 | 03:43 |      |
| 36   | 110 | Nuno Casalinho        | G.A.Caranguejeira                          | 01:18:53 | +13:48 | 03:44 |      |
| 37   | 95  | HELDER PIRES          | EV-PERALTAFIL                              | 01:19:19 | +14:14 | 03:46 |      |
| 38   | 51  | Jorge Aires           | CA Barreira                                | 01:19:20 | +14:15 | 03:46 |      |
| 39   | 57  | Alexandra Oliveira    | Club Sport Marítimo                        | 01:19:32 | +14:27 | 03:46 |      |
| 40   | 109 | Luis Campino          | G.A.Caranguejeira                          | 01:19:43 | +14:38 | 03:47 |      |
| 41   | 121 | Marcelo coelho        | Grf-Benedita-atletismo                     | 01:19:50 | +14:45 | 03:47 |      |
| 42   | 336 | André Natário         | VIZELA CORRE                               | 01:20:00 | +14:55 | 03:48 |      |

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 1 / 7 | generate 23-nov.-2025 12:58 |
|-----------------------------|-------|-----------------------------|

## MEIA MARATONA - STAGE 1

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                      | TEAM                                            | RESULT   | DIFF   | t/KM  | CARD |
|------|-----|---------------------------|-------------------------------------------------|----------|--------|-------|------|
| 43   | 277 | ALEXIS ROCHA              | INDUSTRIAL DESPORTIVO VIEIRENSE                 | 01:20:03 | +14:58 | 03:48 |      |
| 44   | 333 | Diogo Simões              | VILAVENTURA TRAIL                               | 01:20:14 | +15:09 | 03:48 |      |
| 45   | 66  | Carlos Carneiro           | Clube Atlético de Macedo de Cavaleiros          | 01:21:00 | +15:55 | 03:50 |      |
| 46   | 73  | Paulo Ferreira            | Clube de Atletismo de Ferreira do Zêzere        | 01:21:08 | +16:03 | 03:51 |      |
| 47   | 72  | Danilo Rodrigues          | Clube de Atletismo da Nazaré                    | 01:21:09 | +16:04 | 03:51 |      |
| 48   | 288 | PEDRO MIGUEL SERRA SANTOS | LAMA SOLTA                                      | 01:21:21 | +16:16 | 03:51 |      |
| 49   | 97  | MANUEL BESSA              | EV-PERALTAFIL                                   | 01:21:30 | +16:25 | 03:52 |      |
| 50   | 37  | Joaquim Lopes             | Associação Figueiredos Runners and Friends      | 01:21:43 | +16:38 | 03:52 |      |
| 51   | 98  | VITOR GONÇALVES           | EV-PERALTAFIL                                   | 01:21:59 | +16:54 | 03:53 |      |
| 52   | 26  | João Santana              | ADR Mara                                        | 01:22:01 | +16:56 | 03:53 |      |
| 53   | 61  | Jennifer Maia             | Clube Atlético de Macedo de Cavaleiros          | 01:22:04 | +16:59 | 03:53 |      |
| 54   | 331 | Artur Santiago            | UF Comercio Industria                           | 01:22:15 | +17:10 | 03:54 |      |
| 55   | 124 | Nuno Gonçalo Santos       | Grf-Benedita-atletismo                          | 01:22:16 | +17:11 | 03:54 |      |
| 56   | 19  | PEDRO FERREIRA            | AC VERMOIL                                      | 01:22:26 | +17:21 | 03:54 |      |
| 57   | 306 | Fernando santos           | Reumaticos                                      | 01:22:50 | +17:45 | 03:56 |      |
| 58   | 68  | RENATO PEREIRA            | Clube Atletismo de Ovar                         | 01:22:56 | +17:51 | 03:56 |      |
| 59   | 69  | CARLA ALMEIDA             | Clube Atletismo de Ovar                         | 01:23:01 | +17:56 | 03:56 |      |
| 60   | 321 | Doroteia Peixoto          | Team El Comandante                              | 01:23:12 | +18:07 | 03:57 |      |
| 61   | 283 | PAULO PONTES              | INDUSTRIAL DESPORTIVO VIEIRENSE                 | 01:23:49 | +18:44 | 03:58 |      |
| 62   | 149 | Fabiano Canquerino        | Individual                                      | 01:23:54 | +18:49 | 03:59 |      |
| 63   | 227 | Pedro Barros              | ADVC Trail Team                                 | 01:23:57 | +18:52 | 03:59 |      |
| 64   | 27  | Joel Silva                | ADR Mara                                        | 01:24:00 | +18:55 | 03:59 |      |
| 65   | 208 | Nuno Faria                | Individual                                      | 01:24:01 | +18:56 | 03:59 |      |
| 66   | 130 | Mário Silva               | HM Training Group de Sangalhos                  | 01:24:33 | +19:28 | 04:00 |      |
| 67   | 18  | LICINIO CARREIRA          | AC VERMOIL                                      | 01:24:46 | +19:41 | 04:01 |      |
| 68   | 80  | Ana Bonifácio             | CPR A-DO-BARBAS                                 | 01:25:35 | +20:30 | 04:03 |      |
| 69   | 49  | Filipe Serrario           | CA Barreira                                     | 01:25:38 | +20:33 | 04:04 |      |
| 70   | 135 | Joana Marques             | Individual                                      | 01:25:42 | +20:37 | 04:04 |      |
| 71   | 128 | Manuel Silveira           | Grupo Desportivo e Cultural de Castelo de Paiva | 01:26:09 | +21:04 | 04:05 |      |
| 72   | 146 | Diogo Seavedra            | Individual                                      | 01:26:18 | +21:13 | 04:05 |      |
| 73   | 245 | Vasco Tavares             | Individual                                      | 01:26:23 | +21:18 | 04:06 |      |
| 74   | 12  | PEDRO ROCHA               | AC VERMOIL                                      | 01:26:56 | +21:51 | 04:07 |      |
| 75   | 125 | António Pereira           | Grupo Alegre Unido Bajouca                      | 01:27:00 | +21:55 | 04:07 |      |
| 76   | 282 | LEONEL SOUSA              | INDUSTRIAL DESPORTIVO VIEIRENSE                 | 01:27:02 | +21:57 | 04:08 |      |
| 77   | 117 | Flavio Esperança          | GDRC UNIDOS                                     | 01:27:20 | +22:15 | 04:08 |      |
| 78   | 114 | Luis Guarda               | G.A.Caranguejeira                               | 01:27:33 | +22:28 | 04:09 |      |
| 79   | 107 | Tomás Mota                | G.A.Caranguejeira                               | 01:27:34 | +22:29 | 04:09 |      |
| 80   | 294 | Joana Capelo              | NARM MESSEJANA                                  | 01:28:15 | +23:10 | 04:11 |      |
| 81   | 76  | Sofia Vieira              | Clube Desportivo de Espite                      | 01:28:33 | +23:28 | 04:12 |      |
| 82   | 307 | Paulo pereira             | Reumaticos                                      | 01:28:37 | +23:32 | 04:12 |      |
| 83   | 164 | Jordan Silva              | Individual                                      | 01:28:42 | +23:37 | 04:12 |      |
| 84   | 11  | GUILHERME GASPAR          | AC VERMOIL                                      | 01:28:46 | +23:41 | 04:12 |      |
| 85   | 276 | ADRIANA COELHO            | INDUSTRIAL DESPORTIVO VIEIRENSE                 | 01:29:00 | +23:55 | 04:13 |      |
| 86   | 15  | JOSE MENDES               | AC VERMOIL                                      | 01:29:02 | +23:57 | 04:13 |      |
| 87   | 126 | Martinho pedrosa          | Grupo Alegre Unido Bajouca                      | 01:29:08 | +24:03 | 04:13 |      |
| 88   | 132 | Benvinda Santos           | Individual                                      | 01:29:16 | +24:11 | 04:14 |      |

## MEIA MARATONA - STAGE 1

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                             | TEAM                                       | RESULT   | DIFF   | t/KM  | CARD |
|------|-----|----------------------------------|--------------------------------------------|----------|--------|-------|------|
| 89   | 171 | Paulo Brites                     | Individual                                 | 01:29:24 | +24:19 | 04:14 |      |
| 90   | 67  | Orlando Alves                    | Clube Atlético de Macedo de Cavaleiros     | 01:29:30 | +24:25 | 04:15 |      |
| 91   | 271 | Aquilino Ferreira                | Individual                                 | 01:29:35 | +24:30 | 04:15 |      |
| 92   | 284 | ANTÓNIO ALVES                    | INDUSTRIAL DESPORTIVO VIEIRENSE            | 01:29:45 | +24:40 | 04:15 |      |
| 93   | 285 | CARLOS SIMÕES                    | INDUSTRIAL DESPORTIVO VIEIRENSE            | 01:30:01 | +24:56 | 04:16 |      |
| 94   | 184 | Tiago Gaspar                     | Individual                                 | 01:30:12 | +25:07 | 04:17 |      |
| 95   | 58  | Mafalda Oliveira                 | Clube Atlético de Macedo de Cavaleiros     | 01:30:27 | +25:22 | 04:17 |      |
| 96   | 253 | Joel da Silva                    | Individual                                 | 01:30:47 | +25:42 | 04:18 |      |
| 97   | 281 | ANTÓNIO SILVA                    | INDUSTRIAL DESPORTIVO VIEIRENSE            | 01:30:54 | +25:49 | 04:19 |      |
| 98   | 286 | Nuno Neves                       | LAMA SOLTA                                 | 01:30:56 | +25:51 | 04:19 |      |
| 99   | 200 | Dulcinea Silva                   | Individual                                 | 01:31:01 | +25:56 | 04:19 |      |
| 100  | 113 | António Bento                    | G.A.Caranguejeira                          | 01:31:20 | +26:15 | 04:20 |      |
| 101  | 74  | Mariana Duarte                   | Clube de Natação de Torres Novas           | 01:31:41 | +26:36 | 04:21 |      |
| 102  | 157 | João Neves                       | Individual                                 | 01:32:15 | +27:10 | 04:22 |      |
| 103  | 16  | JOAQUIM QUITÉRIO                 | AC VERMOIL                                 | 01:32:27 | +27:22 | 04:23 |      |
| 104  | 295 | Henrique Fernandes               | NDAP                                       | 01:32:33 | +27:28 | 04:23 |      |
| 105  | 175 | Ricardo Rua                      | Individual                                 | 01:32:35 | +27:30 | 04:23 |      |
| 106  | 313 | Luis Carlos Ferreira Lopes       | SicóTrilhos                                | 01:32:35 | +27:30 | 04:23 |      |
| 107  | 50  | Miguel Pereira                   | CA Barreira                                | 01:33:13 | +28:08 | 04:25 |      |
| 108  | 287 | Filipe Carraco Cerejo            | LAMA SOLTA                                 | 01:33:38 | +28:33 | 04:26 |      |
| 109  | 328 | Estevao Janeiro                  | UF Comercio Industria                      | 01:33:51 | +28:46 | 04:27 |      |
| 110  | 144 | Bernardo Gomes Alves             | Individual                                 | 01:34:01 | +28:56 | 04:27 |      |
| 111  | 167 | Marco Silva                      | Individual                                 | 01:34:19 | +29:14 | 04:28 |      |
| 112  | 39  | Fernando Figueiredo              | Associação Figueiredos Runners and Friends | 01:34:32 | +29:27 | 04:29 |      |
| 113  | 56  | Carlos Amorim                    | CENAP                                      | 01:34:37 | +29:32 | 04:29 |      |
| 114  | 237 | João Pedro Oliveira Rodrigues    | Individual                                 | 01:35:09 | +30:04 | 04:31 |      |
| 115  | 70  | RUI COSTA                        | Clube Atletismo de Ovar                    | 01:35:12 | +30:07 | 04:31 |      |
| 116  | 289 | Rúben Duarte Fernandes           | LAMA SOLTA                                 | 01:35:16 | +30:11 | 04:31 |      |
| 117  | 162 | João Simões                      | Individual                                 | 01:35:18 | +30:13 | 04:31 |      |
| 118  | 297 | Pedro Silva                      | NDAP                                       | 01:35:25 | +30:20 | 04:31 |      |
| 119  | 59  | Edgar Silva                      | Clube Atlético de Macedo de Cavaleiros     | 01:35:25 | +30:20 | 04:31 |      |
| 120  | 94  | PATRICIA FERREIRA                | EV-PERALTAFIL                              | 01:35:26 | +30:21 | 04:31 |      |
| 121  | 129 | Ricardo Ventura Ferreira Lopes   | Grupo Maravilha                            | 01:35:35 | +30:30 | 04:32 |      |
| 122  | 212 | Antonio Leandro Pacheco Campos   | Individual                                 | 01:36:05 | +31:00 | 04:33 |      |
| 123  | 40  | Miguel Medeiros                  | AST - Avelar Sunset Team                   | 01:36:09 | +31:04 | 04:33 |      |
| 124  | 41  | Jorge Moreira                    | Avelar Sunset Team                         | 01:36:10 | +31:05 | 04:33 |      |
| 125  | 34  | João Pedro da Silva Dâmaso       | Amantes Trail & Run                        | 01:36:11 | +31:06 | 04:34 |      |
| 126  | 215 | Bruno Silva                      | Individual                                 | 01:36:12 | +31:07 | 04:34 |      |
| 127  | 44  | Fatima Silva                     | C.D. Póvoa                                 | 01:36:28 | +31:23 | 04:34 |      |
| 128  | 91  | Hugo Amaro                       | Desportivo Náutico da Marinha Grande       | 01:36:29 | +31:24 | 04:34 |      |
| 129  | 235 | Hugo Prazeres                    | Individual                                 | 01:36:38 | +31:33 | 04:35 |      |
| 130  | 242 | Nuno Alexandre Duarte da mota    | Individual                                 | 01:36:40 | +31:35 | 04:35 |      |
| 131  | 13  | CATARINA SANTOS                  | AC VERMOIL                                 | 01:36:40 | +31:35 | 04:35 |      |
| 132  | 147 | Eduardo Marques                  | Individual                                 | 01:36:46 | +31:41 | 04:35 |      |
| 133  | 20  | ANTONIO SILVINO                  | AC VERMOIL                                 | 01:36:48 | +31:43 | 04:35 |      |
| 134  | 102 | Paulo Alexandre Pedroso de Jesus | FitTraining Academy                        | 01:37:05 | +32:00 | 04:36 |      |

## MEIA MARATONA - STAGE 1

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                              | TEAM                                   | RESULT   | DIFF   | t/KM  | CARD |
|------|-----|-----------------------------------|----------------------------------------|----------|--------|-------|------|
| 135  | 142 | André Miguel Mota Varejão         | Individual                             | 01:37:24 | +32:19 | 04:37 |      |
| 136  | 263 | Helder Fernandes                  | Individual                             | 01:37:26 | +32:21 | 04:37 |      |
| 137  | 278 | MICAEL PEREIRA                    | INDUSTRIAL DESPORTIVO VIEIRENSE        | 01:37:30 | +32:25 | 04:37 |      |
| 138  | 317 | Vitor Nelson                      | SicóTrilhos                            | 01:37:31 | +32:26 | 04:37 |      |
| 139  | 90  | Maria João Domingues              | Desportivo Náutico da Marinha Grande   | 01:37:36 | +32:31 | 04:38 |      |
| 140  | 257 | Pedro Miguel Mendes Pereira Nunes | Individual                             | 01:37:37 | +32:32 | 04:38 |      |
| 141  | 46  | Jose C. Sousa                     | C.D. Póvoa                             | 01:38:10 | +33:05 | 04:39 |      |
| 142  | 312 | João Antunes                      | SicóTrilhos                            | 01:38:15 | +33:10 | 04:39 |      |
| 143  | 43  | Ana Neves                         | C.D. Póvoa                             | 01:38:16 | +33:11 | 04:39 |      |
| 144  | 65  | Paulo Peres                       | Clube Atlético de Macedo de Cavaleiros | 01:38:36 | +33:31 | 04:40 |      |
| 145  | 111 | Mario Carvalho                    | G.A.Caranguejeira                      | 01:38:38 | +33:33 | 04:41 |      |
| 146  | 279 | LUISA JORGE                       | INDUSTRIAL DESPORTIVO VIEIRENSE        | 01:39:29 | +34:24 | 04:43 |      |
| 147  | 204 | Gelies Afonso                     | Individual                             | 01:39:31 | +34:26 | 04:43 |      |
| 148  | 323 | Ricardo Ruas                      | Team El Comandante                     | 01:40:00 | +34:55 | 04:44 |      |
| 149  | 172 | Pedro Fernandes Costa             | Individual                             | 01:40:13 | +35:08 | 04:45 |      |
| 150  | 177 | Rodrigo fonseca                   | Individual                             | 01:40:32 | +35:27 | 04:46 |      |
| 151  | 311 | André Rodrigues                   | SicóTrilhos                            | 01:40:37 | +35:32 | 04:46 |      |
| 152  | 24  | Amilcar Costa                     | ACRM Silveirinha Grande e Claras       | 01:40:38 | +35:33 | 04:46 |      |
| 153  | 23  | Luís Filipe Carvalheiro           | ACRM Silveirinha Grande e Claras       | 01:40:47 | +35:42 | 04:47 |      |
| 154  | 169 | Miguel Barros                     | Individual                             | 01:41:02 | +35:57 | 04:47 |      |
| 155  | 220 | Filipe Silva                      | Individual                             | 01:41:11 | +36:06 | 04:48 |      |
| 156  | 150 | Fábio Rodrigues Teixo             | Individual                             | 01:41:14 | +36:09 | 04:48 |      |
| 157  | 156 | João Marcos Domingues Esteves     | Individual                             | 01:41:18 | +36:13 | 04:48 |      |
| 158  | 160 | João Reis                         | Individual                             | 01:41:27 | +36:22 | 04:49 |      |
| 159  | 327 | Caua Nunes                        | UF Comercio Industria                  | 01:41:29 | +36:24 | 04:49 |      |
| 160  | 305 | Luis ramos                        | Reumaticos                             | 01:41:49 | +36:44 | 04:50 |      |
| 161  | 250 | Emídio Alves 15                   | Individual                             | 01:41:53 | +36:48 | 04:50 |      |
| 162  | 268 | Vitor Monteiro                    | VILAVENTURA TRAIL                      | 01:42:09 | +37:04 | 04:51 |      |
| 163  | 48  | Cristiano Casalinho               | CA Barreira                            | 01:42:19 | +37:14 | 04:51 |      |
| 164  | 176 | Rodrigo Emanuel Gomes             | Individual                             | 01:42:30 | +37:25 | 04:52 |      |
| 165  | 154 | Isaac De Almeida Silva            | Individual                             | 01:42:30 | +37:25 | 04:52 |      |
| 166  | 36  | Basilio Simoes                    | ARCD VENDA DA LUISA                    | 01:42:33 | +37:28 | 04:52 |      |
| 167  | 231 | Tiago Antunes                     | Individual                             | 01:42:37 | +37:32 | 04:52 |      |
| 168  | 243 | Nuno Santos                       | Individual                             | 01:43:18 | +38:13 | 04:54 |      |
| 169  | 223 | Mauricio Madruga                  | Individual                             | 01:43:22 | +38:17 | 04:54 |      |
| 170  | 228 | Pedro Pereira                     | Individual                             | 01:43:27 | +38:22 | 04:54 |      |
| 171  | 163 | Jonathan Rangel                   | Individual                             | 01:43:29 | +38:24 | 04:54 |      |
| 172  | 103 | Pedro Gil                         | FitTraining Academy                    | 01:43:35 | +38:30 | 04:55 |      |
| 173  | 140 | Paula Crespo Zapico               | Individual                             | 01:43:36 | +38:31 | 04:55 |      |
| 174  | 332 | Bernardo Monteiro                 | VILAVENTURA TRAIL                      | 01:43:46 | +38:41 | 04:55 |      |
| 175  | 308 | Paulo ramos                       | Reumaticos                             | 01:43:47 | +38:42 | 04:55 |      |
| 176  | 139 | Patricia Gameiro GOMes            | Individual                             | 01:44:08 | +39:03 | 04:56 |      |
| 177  | 71  | DINIS BATISTA                     | Clube Atletismo de Ovar                | 01:44:09 | +39:04 | 04:56 |      |
| 178  | 334 | Joselito Da Conceição Pereira     | VILAVENTURA TRAIL                      | 01:44:16 | +39:11 | 04:57 |      |
| 179  | 233 | Elcides da Paz Ferrão da Silva    | Individual                             | 01:44:21 | +39:16 | 04:57 |      |

## MEIA MARATONA - STAGE 1

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                            | TEAM                             | RESULT   | DIFF   | t/KM  | CARD |
|------|-----|---------------------------------|----------------------------------|----------|--------|-------|------|
| 180  | 296 | Ricardo Gomes                   | NDAP                             | 01:44:35 | +39:30 | 04:57 |      |
| 181  | 42  | Conceição Santos                | C.D. Póvoa                       | 01:44:53 | +39:48 | 04:58 |      |
| 182  | 166 | Marco Roque                     | Individual                       | 01:44:59 | +39:54 | 04:59 |      |
| 183  | 119 | Sandro Vilela                   | GDRC UNIDOS                      | 01:45:06 | +40:01 | 04:59 |      |
| 184  | 249 | Delfim Torres                   | Individual                       | 01:45:35 | +40:30 | 05:00 |      |
| 185  | 54  | Aníbal Godinho                  | Caracol Trail Team               | 01:45:37 | +40:32 | 05:00 |      |
| 186  | 104 | Rafael Pereira da Silva         | FitTraining Academy              | 01:45:44 | +40:39 | 05:01 |      |
| 187  | 254 | Jorge Oliveira                  | Individual                       | 01:45:47 | +40:42 | 05:01 |      |
| 188  | 314 | Rúben Simões                    | SicóTrilhos                      | 01:46:20 | +41:15 | 05:02 |      |
| 189  | 79  | Maria Rosário                   | CLUBE VETERANOS DO LIS           | 01:46:52 | +41:47 | 05:04 |      |
| 190  | 310 | Sara da Silva Gonçalves         | SicóTrilhos                      | 01:47:28 | +42:23 | 05:06 |      |
| 191  | 232 | Amilcar Silva                   | Individual                       | 01:48:39 | +43:34 | 05:09 |      |
| 192  | 202 | Kim howes                       | Individual                       | 01:48:54 | +43:49 | 05:10 |      |
| 193  | 33  | Joaquim Vieira                  | Ama(dores) Trail Team/ACRU       | 01:49:21 | +44:16 | 05:11 |      |
| 194  | 92  | Rafael Coelho                   | Diabinhos de Samuel              | 01:49:36 | +44:31 | 05:12 |      |
| 195  | 272 | Fernando Corucho                | Individual                       | 01:49:44 | +44:39 | 05:12 |      |
| 196  | 193 | Flávia Ferraz                   | Individual                       | 01:49:49 | +44:44 | 05:12 |      |
| 197  | 224 | Micael Santos                   | Individual                       | 01:49:49 | +44:44 | 05:12 |      |
| 198  | 89  | José Pereira                    | DCI/Trilhos Luso Bussaco         | 01:50:15 | +45:10 | 05:14 |      |
| 199  | 88  | Júlia Santos                    | DCI/Trilhos Luso Bussaco         | 01:50:21 | +45:16 | 05:14 |      |
| 200  | 185 | Tiago Oliveira                  | Individual                       | 01:50:26 | +45:21 | 05:14 |      |
| 201  | 187 | Tomé Simões                     | Individual                       | 01:50:49 | +45:44 | 05:15 |      |
| 202  | 155 | Israel silva                    | Individual                       | 01:50:50 | +45:45 | 05:15 |      |
| 203  | 99  | Fernando Couteiro               | Fenando Couteiro                 | 01:50:51 | +45:46 | 05:15 |      |
| 204  | 137 | Jujoca Alvadia                  | Individual                       | 01:51:19 | +46:14 | 05:17 |      |
| 205  | 262 | Fernando Medeiros               | Individual                       | 01:51:24 | +46:19 | 05:17 |      |
| 206  | 274 | Jorge Santos                    | Individual                       | 01:51:24 | +46:19 | 05:17 |      |
| 207  | 210 | Yurii Chukhii                   | Individual                       | 01:51:31 | +46:26 | 05:17 |      |
| 208  | 173 | Pedro Távora Poiarez Mexia Lobo | Individual                       | 01:51:37 | +46:32 | 05:17 |      |
| 209  | 45  | Nelson Galante                  | C.D. Póvoa                       | 01:51:38 | +46:33 | 05:17 |      |
| 210  | 319 | Paulo Lopes                     | SOURE MOV                        | 01:51:51 | +46:46 | 05:18 |      |
| 211  | 206 | JOEL GOMES                      | Individual                       | 01:51:58 | +46:53 | 05:18 |      |
| 212  | 195 | Natália Silva MOTA              | Individual                       | 01:52:11 | +47:06 | 05:19 |      |
| 213  | 252 | HENRIQUE RODRIGUES              | Individual                       | 01:52:20 | +47:15 | 05:19 |      |
| 214  | 22  | Mónica Jordão                   | ACRM Silveirinha Grande e Claras | 01:52:27 | +47:22 | 05:20 |      |
| 215  | 261 | António Ferreira                | Individual                       | 01:53:48 | +48:43 | 05:24 |      |
| 216  | 143 | António Almiro                  | Individual                       | 01:53:57 | +48:52 | 05:24 |      |
| 217  | 247 | Daniel Fragoso                  | Individual                       | 01:54:05 | +49:00 | 05:24 |      |
| 218  | 199 | DUARTE MENDES CECILIA           | Individual                       | 01:54:48 | +49:43 | 05:26 |      |
| 219  | 165 | Luís Costa                      | Individual                       | 01:54:54 | +49:49 | 05:27 |      |
| 220  | 182 | Simão Gaspar                    | Individual                       | 01:55:15 | +50:10 | 05:28 |      |
| 221  | 255 | Jose miguel Caetano             | Individual                       | 01:55:17 | +50:12 | 05:28 |      |
| 222  | 270 | Alcides Ferreira                | Individual                       | 01:55:30 | +50:25 | 05:28 |      |
| 223  | 178 | Rodrigo Victorino               | Individual                       | 01:55:34 | +50:29 | 05:29 |      |
| 224  | 153 | Francisco Victorino             | Individual                       | 01:55:34 | +50:29 | 05:29 |      |
| 225  | 35  | Maria Benquerença               | ARCD VENDA DA LUISA              | 01:56:01 | +50:56 | 05:30 |      |

## MEIA MARATONA - STAGE 1

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                                   | TEAM                | RESULT   | DIFF      | t/KM  | CARD |
|------|-----|----------------------------------------|---------------------|----------|-----------|-------|------|
| 226  | 131 | Beatriz Guiomar                        | Individual          | 01:56:10 | +51:05    | 05:30 |      |
| 227  | 55  | Fernando Fonseca                       | CASMILO RUNNERS     | 01:56:29 | +51:24    | 05:31 |      |
| 228  | 229 | Rui Neves                              | Individual          | 01:56:32 | +51:27    | 05:31 |      |
| 229  | 266 | Rui Monteiro                           | Individual          | 01:56:41 | +51:36    | 05:32 |      |
| 230  | 244 | Paulo Simões                           | Individual          | 01:56:41 | +51:36    | 05:32 |      |
| 231  | 32  | Abílio Magalhães                       | ADVC Trail Team     | 01:56:50 | +51:45    | 05:32 |      |
| 232  | 222 | Jose Freitas                           | Individual          | 01:56:50 | +51:45    | 05:32 |      |
| 233  | 267 | Victor Martins                         | Individual          | 01:57:07 | +52:02    | 05:33 |      |
| 234  | 115 | Elisa Ferreira                         | Gaspar&Costa        | 01:57:10 | +52:05    | 05:33 |      |
| 235  | 168 | Martim Costa                           | Individual          | 01:57:22 | +52:17    | 05:34 |      |
| 236  | 260 | António de Carvalho Geraldo            | Individual          | 01:57:28 | +52:23    | 05:34 |      |
| 237  | 241 | Michel Pestana                         | Individual          | 01:57:46 | +52:41    | 05:35 |      |
| 238  | 151 | Flávio Simões                          | Individual          | 01:57:50 | +52:45    | 05:35 |      |
| 239  | 264 | José Pinheiro                          | Individual          | 01:58:08 | +53:03    | 05:36 |      |
| 240  | 180 | Samuel Gomes Duarte                    | Individual          | 01:58:28 | +53:23    | 05:37 |      |
| 241  | 205 | Gualter Gaspar                         | Individual          | 01:58:39 | +53:34    | 05:37 |      |
| 242  | 84  | Nicolau Cravo Ferreira                 | cscrfcharneca       | 01:58:48 | +53:43    | 05:38 |      |
| 243  | 47  | Ana Afonso                             | CA Barreira         | 01:58:49 | +53:44    | 05:38 |      |
| 244  | 158 | João Pedro Silva Gaspar                | Individual          | 01:58:49 | +53:44    | 05:38 |      |
| 245  | 265 | Lino Carraco                           | Individual          | 01:59:39 | +54:34    | 05:40 |      |
| 246  | 219 | Filipe Mateus                          | Individual          | 02:00:20 | +55:15    | 05:42 |      |
| 247  | 320 | Miguel Matias                          | SSCGD               | 02:00:32 | +55:27    | 05:43 |      |
| 248  | 183 | Telmo Menoita                          | Individual          | 02:00:40 | +55:35    | 05:43 |      |
| 249  | 324 | Bruno Pintor                           | The titans          | 02:01:06 | +56:01    | 05:44 |      |
| 250  | 325 | João Silva                             | The titans          | 02:01:06 | +56:01    | 05:44 |      |
| 251  | 299 | Alexandre 1Blanco                      | Os Tolinhos         | 02:01:13 | +56:08    | 05:45 |      |
| 252  | 141 | Afonso Marques                         | Individual          | 02:02:06 | +57:01    | 05:47 |      |
| 253  | 17  | JOSE LOPES                             | AC VERMOIL          | 02:02:31 | +57:26    | 05:48 |      |
| 254  | 152 | Francisco Gaspar                       | Individual          | 02:03:17 | +58:12    | 05:51 |      |
| 255  | 179 | Rúben Neves Mendes                     | Individual          | 02:03:17 | +58:12    | 05:51 |      |
| 256  | 234 | Helio soares                           | Individual          | 02:03:24 | +58:19    | 05:51 |      |
| 257  | 133 | Bruna Morgado                          | Individual          | 02:03:28 | +58:23    | 05:51 |      |
| 258  | 304 | Jaime catarino                         | Reumaticos          | 02:04:10 | +59:05    | 05:53 |      |
| 259  | 82  | Rita Santos                            | CPR A-DO-BARBAS     | 02:04:43 | +59:38    | 05:55 |      |
| 260  | 246 | Claudio Sousa                          | Individual          | 02:04:43 | +59:39    | 05:55 |      |
| 261  | 238 | Jorge Miguel Estevão Martins           | Individual          | 02:05:03 | +59:58    | 05:56 |      |
| 262  | 291 | Joaquim Malheiro                       | Malheiro            | 02:05:12 | +01:00:07 | 05:56 |      |
| 263  | 192 | Fabiana Facas                          | Individual          | 02:05:14 | +01:00:09 | 05:56 |      |
| 264  | 101 | André Alves                            | FitTraining Academy | 02:05:39 | +01:00:34 | 05:57 |      |
| 265  | 148 | Emanuel Gonçalves                      | Individual          | 02:05:39 | +01:00:34 | 05:57 |      |
| 266  | 259 | Agostinho Barros                       | Individual          | 02:05:59 | +01:00:54 | 05:58 |      |
| 267  | 251 | Guilherme Maurício Soares              | Individual          | 02:06:36 | +01:01:31 | 06:00 |      |
| 268  | 136 | Joana Santos                           | Individual          | 02:06:39 | +01:01:34 | 06:00 |      |
| 269  | 269 | Vitor Santos                           | Individual          | 02:06:40 | +01:01:35 | 06:00 |      |
| 270  | 86  | Carlos António Mota Longo da Conceição | cscrfcharneca       | 02:06:56 | +01:01:51 | 06:01 |      |

**21,097 KM**

## OFFICIAL RESULT

[illegible]

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 7 / 7 | generate 23-nov.-2025 12:58 |
|-----------------------------|-------|-----------------------------|



## Meia Maratona

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 7,9°C       | 89%      |
| End   | 12:29 | 7,9°C       | 89%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|    |     |                         |                                        |                 |          |                 |
|----|-----|-------------------------|----------------------------------------|-----------------|----------|-----------------|
| 1  | 57  | Alexandra Oliveira      | Club Sport Marítimo                    | Senior Feminino | 01:19:32 | 03:46           |
| 2  | 80  | Ana Bonifácio           | CPR A-DO-BARBAS                        | Senior Feminino | 01:25:35 | +06:02 04:03    |
| 3  | 135 | Joana Marques           | Individual                             | Senior Feminino | 01:25:42 | +06:09 04:04    |
| 4  | 276 | ADRIANA COELHO          | INDUSTRIAL DESPORTIVO VIEIRENSE        | Senior Feminino | 01:29:00 | +09:27 04:13    |
| 5  | 132 | Benvinda Santos         | Individual                             | Senior Feminino | 01:29:16 | +09:43 04:14    |
| 6  | 58  | Mafalda Oliveira        | Clube Atlético de Macedo de Cavaleiros | Senior Feminino | 01:30:27 | +10:54 04:17    |
| 7  | 74  | Mariana Duarte          | Clube de Natação de Torres Novas       | Senior Feminino | 01:31:41 | +12:08 04:21    |
| 8  | 90  | Maria João Domingues    | Desportivo Náutico da Marinha Grande   | Senior Feminino | 01:37:36 | +18:03 04:38    |
| 9  | 140 | Paula Crespo Zapico     | Individual                             | Senior Feminino | 01:43:36 | +24:03 04:55    |
| 10 | 139 | Patricia Gameiro GOMes  | Individual                             | Senior Feminino | 01:44:08 | +24:36 04:56    |
| 11 | 310 | Sara da Silva Gonçalves | SicóTrilhos                            | Senior Feminino | 01:47:28 | +27:55 05:06    |
| 12 | 137 | Jujoca Alvadia          | Individual                             | Senior Feminino | 01:51:19 | +31:46 05:17    |
| 13 | 131 | Beatriz Guiomar         | Individual                             | Senior Feminino | 01:56:10 | +36:37 05:30    |
| 14 | 133 | Bruna Morgado           | Individual                             | Senior Feminino | 02:03:28 | +43:55 05:51    |
| 15 | 136 | Joana Santos            | Individual                             | Senior Feminino | 02:06:39 | +47:06 06:00    |
| 16 | 134 | Diana Farinha           | Individual                             | Senior Feminino | 02:20:51 | +01:01:18 06:41 |
| 17 | 138 | Juliana Mendes          | Individual                             | Senior Feminino | 02:30:04 | +01:10:31 07:07 |

## Senior Masculino

|    |     |                  |                                        |                  |          |              |
|----|-----|------------------|----------------------------------------|------------------|----------|--------------|
| 1  | 77  | Filipe Vitorino  | Clube Natação Rio Maior                | Senior Masculino | 01:05:41 | 03:07        |
| 2  | 60  | Fabio Oliveira   | Clube Atlético de Macedo de Cavaleiros | Senior Masculino | 01:05:55 | +00:14 03:07 |
| 3  | 338 | Nuno Fernandes   | VIZELA CORRE                           | Senior Masculino | 01:06:15 | +00:33 03:08 |
| 4  | 339 | Rafael Pereira   | VIZELA CORRE                           | Senior Masculino | 01:09:31 | +03:49 03:18 |
| 5  | 93  | ESMÊNIO BEIRÃO   | EV-PERALTAFIL                          | Senior Masculino | 01:10:31 | +04:49 03:21 |
| 6  | 337 | Nuno Costa       | VIZELA CORRE                           | Senior Masculino | 01:10:52 | +05:10 03:22 |
| 7  | 116 | Pedro Venâncio   | GDRC UNIDOS                            | Senior Masculino | 01:14:37 | +08:55 03:32 |
| 8  | 292 | João Ferreira    | MFGRUPO                                | Senior Masculino | 01:14:42 | +09:01 03:32 |
| 9  | 122 | Tiago Ferreira   | Grf-Benedita-atletismo                 | Senior Masculino | 01:15:50 | +10:08 03:36 |
| 10 | 30  | Luís Magalhães   | ADVC Trail Team                        | Senior Masculino | 01:18:01 | +12:19 03:42 |
| 11 | 121 | Marcelo coelho   | Grf-Benedita-atletismo                 | Senior Masculino | 01:19:50 | +14:08 03:47 |
| 12 | 336 | André Natário    | VIZELA CORRE                           | Senior Masculino | 01:20:00 | +14:18 03:48 |
| 13 | 277 | ALEXIS ROCHA     | INDUSTRIAL DESPORTIVO VIEIRENSE        | Senior Masculino | 01:20:03 | +14:22 03:48 |
| 14 | 72  | Danilo Rodrigues | Clube de Atletismo da Nazaré           | Senior Masculino | 01:21:09 | +15:27 03:51 |
| 15 | 68  | RENATO PEREIRA   | Clube Atletismo de Ovar                | Senior Masculino | 01:22:56 | +17:15 03:56 |

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 1 / 8 | generate 23-nov.-2025 12:58 |
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## Meia Maratona

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |     |                                  |                                        |                  |          |        |       |
|----|-----|----------------------------------|----------------------------------------|------------------|----------|--------|-------|
| 16 | 149 | Fabiano Canquerino               | Individual                             | Senior Masculino | 01:23:54 | +18:12 | 03:59 |
| 17 | 146 | Diogo Seavedra                   | Individual                             | Senior Masculino | 01:26:18 | +20:36 | 04:05 |
| 18 | 12  | PEDRO ROCHA                      | AC VERMOIL                             | Senior Masculino | 01:26:56 | +21:14 | 04:07 |
| 19 | 107 | Tomás Mota                       | G.A.Caranguejeira                      | Senior Masculino | 01:27:34 | +21:52 | 04:09 |
| 20 | 164 | Jordan Silva                     | Individual                             | Senior Masculino | 01:28:42 | +23:00 | 04:12 |
| 21 | 11  | GUILHERME GASPAR                 | AC VERMOIL                             | Senior Masculino | 01:28:46 | +23:05 | 04:12 |
| 22 | 171 | Paulo Brites                     | Individual                             | Senior Masculino | 01:29:24 | +23:43 | 04:14 |
| 23 | 184 | Tiago Gaspar                     | Individual                             | Senior Masculino | 01:30:12 | +24:31 | 04:17 |
| 24 | 286 | Nuno Neves                       | LAMA SOLTA                             | Senior Masculino | 01:30:56 | +25:14 | 04:19 |
| 25 | 157 | João Neves                       | Individual                             | Senior Masculino | 01:32:15 | +26:34 | 04:22 |
| 26 | 175 | Ricardo Rua                      | Individual                             | Senior Masculino | 01:32:35 | +26:53 | 04:23 |
| 27 | 313 | Luis Carlos Ferreira Lopes       | SicóTrilhos                            | Senior Masculino | 01:32:35 | +26:54 | 04:23 |
| 28 | 328 | Estevao Janeiro                  | UF Comercio Industria                  | Senior Masculino | 01:33:51 | +28:10 | 04:27 |
| 29 | 144 | Bernardo Gomes Alves             | Individual                             | Senior Masculino | 01:34:01 | +28:19 | 04:27 |
| 30 | 167 | Marco Silva                      | Individual                             | Senior Masculino | 01:34:19 | +28:38 | 04:28 |
| 31 | 162 | João Simões                      | Individual                             | Senior Masculino | 01:35:18 | +29:36 | 04:31 |
| 32 | 59  | Edgar Silva                      | Clube Atlético de Macedo de Cavaleiros | Senior Masculino | 01:35:25 | +29:44 | 04:31 |
| 33 | 40  | Miguel Medeiros                  | AST - Avelar Sunset Team               | Senior Masculino | 01:36:09 | +30:27 | 04:33 |
| 34 | 91  | Hugo Amaro                       | Desportivo Náutico da Marinha Grande   | Senior Masculino | 01:36:29 | +30:47 | 04:34 |
| 35 | 147 | Eduardo Marques                  | Individual                             | Senior Masculino | 01:36:46 | +31:05 | 04:35 |
| 36 | 102 | Paulo Alexandre Pedroso de Jesus | FitTraining Academy                    | Senior Masculino | 01:37:05 | +31:24 | 04:36 |
| 37 | 142 | André Miguel Mota Varejão        | Individual                             | Senior Masculino | 01:37:24 | +31:42 | 04:37 |
| 38 | 278 | MICHAEL PEREIRA                  | INDUSTRIAL DESPORTIVO VIEIRENSE        | Senior Masculino | 01:37:30 | +31:48 | 04:37 |
| 39 | 312 | João Antunes                     | SicóTrilhos                            | Senior Masculino | 01:38:15 | +32:33 | 04:39 |
| 40 | 172 | Pedro Fernandes Costa            | Individual                             | Senior Masculino | 01:40:13 | +34:31 | 04:45 |
| 41 | 177 | Rodrigo Fonseca                  | Individual                             | Senior Masculino | 01:40:32 | +34:50 | 04:46 |
| 42 | 311 | André Rodrigues                  | SicóTrilhos                            | Senior Masculino | 01:40:37 | +34:55 | 04:46 |
| 43 | 169 | Miguel Barros                    | Individual                             | Senior Masculino | 01:41:02 | +35:20 | 04:47 |
| 44 | 150 | Fábio Rodrigues Teixo            | Individual                             | Senior Masculino | 01:41:14 | +35:32 | 04:48 |
| 45 | 156 | João Marcos Domingues Esteves    | Individual                             | Senior Masculino | 01:41:18 | +35:36 | 04:48 |
| 46 | 160 | João Reis                        | Individual                             | Senior Masculino | 01:41:27 | +35:45 | 04:49 |
| 47 | 327 | Caua Nunes                       | UF Comercio Industria                  | Senior Masculino | 01:41:29 | +35:48 | 04:49 |
| 48 | 176 | Rodrigo Emanuel Gomes            | Individual                             | Senior Masculino | 01:42:30 | +36:48 | 04:52 |
| 49 | 154 | Isaac De Almeida Silva           | Individual                             | Senior Masculino | 01:42:30 | +36:48 | 04:52 |
| 50 | 163 | Jonathan Rangel                  | Individual                             | Senior Masculino | 01:43:29 | +37:48 | 04:54 |
| 51 | 103 | Pedro Gil                        | FitTraining Academy                    | Senior Masculino | 01:43:35 | +37:53 | 04:55 |
| 52 | 332 | Bernardo Monteiro                | VILAVENTURA TRAIL                      | Senior Masculino | 01:43:46 | +38:04 | 04:55 |
| 53 | 166 | Marco Roque                      | Individual                             | Senior Masculino | 01:44:59 | +39:17 | 04:59 |
| 54 | 314 | Rúben Simões                     | SicóTrilhos                            | Senior Masculino | 01:46:20 | +40:38 | 05:02 |
| 55 | 92  | Rafael Coelho                    | Diabinhos de Samuel                    | Senior Masculino | 01:49:36 | +43:54 | 05:12 |
| 56 | 185 | Tiago Oliveira                   | Individual                             | Senior Masculino | 01:50:26 | +44:44 | 05:14 |
| 57 | 187 | Tomé Simões                      | Individual                             | Senior Masculino | 01:50:49 | +45:08 | 05:15 |
| 58 | 155 | Israel Silva                     | Individual                             | Senior Masculino | 01:50:50 | +45:08 | 05:15 |
| 59 | 173 | Pedro Távora Poiarez Mexia Lobo  | Individual                             | Senior Masculino | 01:51:37 | +45:56 | 05:17 |

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 2 / 8 | generate 23-nov.-2025 12:58 |
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## Meia Maratona

**21,097 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|    |     |                         |                     |                  |          |           |       |
|----|-----|-------------------------|---------------------|------------------|----------|-----------|-------|
| 60 | 143 | António Almiro          | Individual          | Senior Masculino | 01:53:57 | +48:15    | 05:24 |
| 61 | 165 | Luís Costa              | Individual          | Senior Masculino | 01:54:54 | +49:12    | 05:27 |
| 62 | 182 | Simão Gaspar            | Individual          | Senior Masculino | 01:55:15 | +49:33    | 05:28 |
| 63 | 178 | Rodrigo Victorino       | Individual          | Senior Masculino | 01:55:34 | +49:52    | 05:29 |
| 64 | 153 | Francisco Victorino     | Individual          | Senior Masculino | 01:55:34 | +49:52    | 05:29 |
| 65 | 168 | Martim Costa            | Individual          | Senior Masculino | 01:57:22 | +51:41    | 05:34 |
| 66 | 151 | Flávio Simões           | Individual          | Senior Masculino | 01:57:50 | +52:08    | 05:35 |
| 67 | 180 | Samuel Gomes Duarte     | Individual          | Senior Masculino | 01:58:28 | +52:46    | 05:37 |
| 68 | 158 | João Pedro Silva Gaspar | Individual          | Senior Masculino | 01:58:49 | +53:07    | 05:38 |
| 69 | 183 | Telmo Menoita           | Individual          | Senior Masculino | 02:00:40 | +54:58    | 05:43 |
| 70 | 324 | Bruno Pintor            | The titans          | Senior Masculino | 02:01:06 | +55:24    | 05:44 |
| 71 | 325 | João Silva              | The titans          | Senior Masculino | 02:01:06 | +55:25    | 05:44 |
| 72 | 141 | Afonso Marques          | Individual          | Senior Masculino | 02:02:06 | +56:25    | 05:47 |
| 73 | 152 | Francisco Gaspar        | Individual          | Senior Masculino | 02:03:17 | +57:35    | 05:51 |
| 74 | 179 | Rúben Neves Mendes      | Individual          | Senior Masculino | 02:03:17 | +57:36    | 05:51 |
| 75 | 304 | Jaime catarino          | Reumaticos          | Senior Masculino | 02:04:10 | +58:28    | 05:53 |
| 76 | 101 | André Alves             | FitTraining Academy | Senior Masculino | 02:05:39 | +59:57    | 05:57 |
| 77 | 148 | Emanuel Gonçalves       | Individual          | Senior Masculino | 02:05:39 | +59:58    | 05:57 |
| 78 | 186 | Tomás Santos            | Individual          | Senior Masculino | 02:13:15 | +01:07:34 | 06:19 |

## Veterana F35

|   |     |                       |                                        |              |          |                 |
|---|-----|-----------------------|----------------------------------------|--------------|----------|-----------------|
| 1 | 75  | Emília Kumós Pisoeiro | Clube Desportivo de Espite             | Veterana F35 | 01:16:08 | 03:37           |
| 2 | 61  | Jennifer Maia         | Clube Atlético de Macedo de Cavaleiros | Veterana F35 | 01:22:04 | +05:55 03:53    |
| 3 | 69  | CARLA ALMEIDA         | Clube Atletismo de Ovar                | Veterana F35 | 01:23:01 | +06:52 03:56    |
| 4 | 294 | Joana Capelo          | NARM MESSEJANA                         | Veterana F35 | 01:28:15 | +12:06 04:11    |
| 5 | 115 | Elisa Ferreira        | Gaspar&Costa                           | Veterana F35 | 01:57:10 | +41:02 05:33    |
| 6 | 82  | Rita Santos           | CPR A-DO-BARBAS                        | Veterana F35 | 02:04:43 | +48:34 05:55    |
| 7 | 189 | Marília Cruz          | Individual                             | Veterana F35 | 02:20:31 | +01:04:23 06:40 |

## Veterana F40

|    |     |                    |                                        |              |          |              |
|----|-----|--------------------|----------------------------------------|--------------|----------|--------------|
| 1  | 62  | Monica Silva       | Clube Atlético de Macedo de Cavaleiros | Veterana F40 | 01:15:43 | 03:35        |
| 2  | 321 | Doroteia Peixoto   | Team El Comandante                     | Veterana F40 | 01:23:12 | +07:28 03:57 |
| 3  | 76  | Sofia Vieira       | Clube Desportivo de Espite             | Veterana F40 | 01:28:33 | +12:50 04:12 |
| 4  | 94  | PATRICIA FERREIRA  | EV-PERALTAFIL                          | Veterana F40 | 01:35:26 | +19:43 04:31 |
| 5  | 13  | CATARINA SANTOS    | AC VERMOIL                             | Veterana F40 | 01:36:40 | +20:57 04:35 |
| 6  | 279 | LUISA JORGE        | INDUSTRIAL DESPORTIVO VIEIRENSE        | Veterana F40 | 01:39:29 | +23:46 04:43 |
| 7  | 42  | Conceição Santos   | C.D. Póvoa                             | Veterana F40 | 01:44:53 | +29:10 04:58 |
| 8  | 193 | Flávia Ferraz      | Individual                             | Veterana F40 | 01:49:49 | +34:05 05:12 |
| 9  | 195 | Natália Silva MOTA | Individual                             | Veterana F40 | 01:52:11 | +36:28 05:19 |
| 10 | 22  | Mónica Jordão      | ACRM Silveirinha Grande e Claras       | Veterana F40 | 01:52:27 | +36:44 05:20 |
| 11 | 47  | Ana Afonso         | CA Barreira                            | Veterana F40 | 01:58:49 | +43:06 05:38 |

## Meia Maratona

**21,097 KM**

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## OFFICIAL RESULT

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|    |     |                |                    |              |          |        |       |
|----|-----|----------------|--------------------|--------------|----------|--------|-------|
| 12 | 192 | Fabiana Facas  | Individual         | Veterana F40 | 02:05:14 | +49:31 | 05:56 |
| 13 | 197 | Sandra Antunes | Individual         | Veterana F40 | 02:10:38 | +54:54 | 06:12 |
| 14 | 14  | ELSA SOARES    | AC VERMOIL         | Veterana F40 | 02:10:49 | +55:06 | 06:12 |
| 15 | 322 | Paula Juliet's | Team El Comandante | Veterana F40 | 02:10:59 | +55:16 | 06:13 |

## Veterana F50

|    |     |                               |                          |              |          |              |
|----|-----|-------------------------------|--------------------------|--------------|----------|--------------|
| 1  | 200 | Dulcinea Silva                | Individual               | Veterana F50 | 01:31:01 | 04:19        |
| 2  | 44  | Fatima Silva                  | C.D. Póvoa               | Veterana F50 | 01:36:28 | +05:27 04:34 |
| 3  | 43  | Ana Neves                     | C.D. Póvoa               | Veterana F50 | 01:38:16 | +07:15 04:39 |
| 4  | 79  | Maria Rosário                 | CLUBE VETERANOS DO LIS   | Veterana F50 | 01:46:52 | +15:50 05:04 |
| 5  | 202 | Kim howes                     | Individual               | Veterana F50 | 01:48:54 | +17:53 05:10 |
| 6  | 88  | Júlia Santos                  | DCI/Trilhos Luso Bussaco | Veterana F50 | 01:50:21 | +19:20 05:14 |
| 7  | 199 | DUARTE MENDES CECILIA         | Individual               | Veterana F50 | 01:54:48 | +23:47 05:26 |
| 8  | 35  | Maria Benquerença             | ARCD VENDA DA LUISA      | Veterana F50 | 01:56:01 | +25:00 05:30 |
| 9  | 201 | Isabel maria moniz vieira     | Individual               | Veterana F50 | 02:20:14 | +49:13 06:39 |
| 10 | 198 | Associação O Mundo da Corrida | Individual               | Veterana F50 | 02:24:01 | +53:00 06:50 |

## Veterano M35

|    |     |                                    |                        |              |          |                 |
|----|-----|------------------------------------|------------------------|--------------|----------|-----------------|
| 1  | 330 | Nuno Lopes                         | UF Comercio Industria  | Veterano M35 | 01:05:05 | 03:05           |
| 2  | 96  | RICARDO PEREIRA                    | EV-PERALTAFIL          | Veterano M35 | 01:08:33 | +03:28 03:15    |
| 3  | 329 | Bruno Santos                       | UF Comercio Industria  | Veterano M35 | 01:08:34 | +03:28 03:15    |
| 4  | 25  | Tiago Madureira                    | ADCP PEDRALVA          | Veterano M35 | 01:10:10 | +05:05 03:20    |
| 5  | 108 | Claudio Loureiro                   | G.A.Caranguejeira      | Veterano M35 | 01:13:51 | +08:46 03:30    |
| 6  | 10  | Fábio Filipe                       | AC São Mamede          | Veterano M35 | 01:17:24 | +12:18 03:40    |
| 7  | 123 | Tiago Tomas                        | Grf-Benedita-atletismo | Veterano M35 | 01:18:16 | +13:10 03:43    |
| 8  | 95  | HELDER PIRES                       | EV-PERALTAFIL          | Veterano M35 | 01:19:19 | +14:13 03:46    |
| 9  | 333 | Diogo Simões                       | VILAVENTURA TRAIL      | Veterano M35 | 01:20:14 | +15:08 03:48    |
| 10 | 26  | João Santana                       | ADR Mara               | Veterano M35 | 01:22:01 | +16:56 03:53    |
| 11 | 27  | Joel Silva                         | ADR Mara               | Veterano M35 | 01:24:00 | +18:55 03:59    |
| 12 | 208 | Nuno Faria                         | Individual             | Veterano M35 | 01:24:01 | +18:55 03:59    |
| 13 | 117 | Flavio Esperança                   | GDRC UNIDOS            | Veterano M35 | 01:27:20 | +22:14 04:08    |
| 14 | 204 | Gelies Afonso                      | Individual             | Veterano M35 | 01:39:31 | +34:25 04:43    |
| 15 | 104 | Rafael Pereira da Silva            | FitTraining Academy    | Veterano M35 | 01:45:44 | +40:38 05:01    |
| 16 | 210 | Yurii Chukhii                      | Individual             | Veterano M35 | 01:51:31 | +46:25 05:17    |
| 17 | 45  | Nelson Galante                     | C.D. Póvoa             | Veterano M35 | 01:51:38 | +46:32 05:17    |
| 18 | 206 | JOEL GOMES                         | Individual             | Veterano M35 | 01:51:58 | +46:52 05:18    |
| 19 | 205 | Gualter Gaspar                     | Individual             | Veterano M35 | 01:58:39 | +53:33 05:37    |
| 20 | 84  | Nicolau Cravo Ferreira             | cscrfcharneca          | Veterano M35 | 01:58:48 | +53:42 05:38    |
| 21 | 298 | Nuno Filipe Agostinho Carrasqueira | Os pés coxinhos        | Veterano M35 | 02:29:43 | +01:24:37 07:06 |

## Veterano M40

|   |    |              |                 |              |          |       |
|---|----|--------------|-----------------|--------------|----------|-------|
| 1 | 31 | Rui Teixeira | ADVC Trail Team | Veterano M40 | 01:05:59 | 03:08 |
|---|----|--------------|-----------------|--------------|----------|-------|

## Meia Maratona

**21,097 KM**

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## OFFICIAL RESULT

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|    |     |                                   |                                            |              |          |           |       |
|----|-----|-----------------------------------|--------------------------------------------|--------------|----------|-----------|-------|
| 2  | 64  | Rui Muga                          | Clube Atlético de Macedo de Cavaleiros     | Veterano M40 | 01:08:40 | +02:40    | 03:15 |
| 3  | 214 | Bruno Paixão                      | Individual                                 | Veterano M40 | 01:09:28 | +03:28    | 03:18 |
| 4  | 63  | Carlos Lopes                      | Clube Atlético de Macedo de Cavaleiros     | Veterano M40 | 01:09:52 | +03:53    | 03:19 |
| 5  | 217 | Claudio Pica                      | Individual                                 | Veterano M40 | 01:11:15 | +05:15    | 03:23 |
| 6  | 218 | Fernando Lemos                    | Individual                                 | Veterano M40 | 01:11:30 | +05:31    | 03:23 |
| 7  | 226 | Paulo morais                      | Associação Figueiredos Runners and Friends | Veterano M40 | 01:12:27 | +06:28    | 03:26 |
| 8  | 300 | Nuno Soares                       | Paredes                                    | Veterano M40 | 01:14:48 | +08:48    | 03:33 |
| 9  | 280 | HUGO DUARTE                       | INDUSTRIAL DESPORTIVO VIEIRENSE            | Veterano M40 | 01:16:52 | +10:52    | 03:39 |
| 10 | 109 | Luis Campino                      | G.A.Caranguejeira                          | Veterano M40 | 01:19:43 | +13:43    | 03:47 |
| 11 | 288 | PEDRO MIGUEL SERRA SANTOS         | LAMA SOLTA                                 | Veterano M40 | 01:21:21 | +15:22    | 03:51 |
| 12 | 227 | Pedro Barros                      | ADVC Trail Team                            | Veterano M40 | 01:23:57 | +17:57    | 03:59 |
| 13 | 49  | Filipe Serrario                   | CA Barreira                                | Veterano M40 | 01:25:38 | +19:38    | 04:04 |
| 14 | 295 | Henrique Fernandes                | NDAP                                       | Veterano M40 | 01:32:33 | +26:34    | 04:23 |
| 15 | 50  | Miguel Pereira                    | CA Barreira                                | Veterano M40 | 01:33:13 | +27:14    | 04:25 |
| 16 | 287 | Filipe Carraco Cerejo             | LAMA SOLTA                                 | Veterano M40 | 01:33:38 | +27:38    | 04:26 |
| 17 | 289 | Rúben Duarte Fernandes            | LAMA SOLTA                                 | Veterano M40 | 01:35:16 | +29:16    | 04:31 |
| 18 | 129 | Ricardo Ventura Ferreira Lopes    | Grupo Maravilha                            | Veterano M40 | 01:35:35 | +29:35    | 04:32 |
| 19 | 212 | Antonio Leandro Pacheco Campos    | Individual                                 | Veterano M40 | 01:36:05 | +30:06    | 04:33 |
| 20 | 34  | João Pedro da Silva Dâmaso        | Amantes Trail & Run                        | Veterano M40 | 01:36:11 | +30:11    | 04:34 |
| 21 | 215 | Bruno Silva                       | Individual                                 | Veterano M40 | 01:36:12 | +30:13    | 04:34 |
| 22 | 220 | Filipe Silva                      | Individual                                 | Veterano M40 | 01:41:11 | +35:11    | 04:48 |
| 23 | 48  | Cristiano Casalinho               | CA Barreira                                | Veterano M40 | 01:42:19 | +36:19    | 04:51 |
| 24 | 231 | Tiago Antunes                     | Individual                                 | Veterano M40 | 01:42:37 | +36:38    | 04:52 |
| 25 | 223 | Mauricio Madruga                  | Individual                                 | Veterano M40 | 01:43:22 | +37:22    | 04:54 |
| 26 | 228 | Pedro Pereira                     | Individual                                 | Veterano M40 | 01:43:27 | +37:28    | 04:54 |
| 27 | 296 | Ricardo Gomes                     | NDAP                                       | Veterano M40 | 01:44:35 | +38:35    | 04:57 |
| 28 | 224 | Micael Santos                     | Individual                                 | Veterano M40 | 01:49:49 | +43:49    | 05:12 |
| 29 | 229 | Rui Neves                         | Individual                                 | Veterano M40 | 01:56:32 | +50:33    | 05:31 |
| 30 | 222 | Jose Freitas                      | Individual                                 | Veterano M40 | 01:56:50 | +50:51    | 05:32 |
| 31 | 219 | Filipe Mateus                     | Individual                                 | Veterano M40 | 02:00:20 | +54:21    | 05:42 |
| 32 | 291 | Joaquim Malheiro                  | Malheiro                                   | Veterano M40 | 02:05:12 | +59:13    | 05:56 |
| 33 | 225 | Nuno Leal                         | Individual                                 | Veterano M40 | 02:08:03 | +01:02:04 | 06:04 |
| 34 | 230 | Rui Silva                         | Individual                                 | Veterano M40 | 02:08:47 | +01:02:48 | 06:06 |
| 35 | 216 | Carlos Tiago Silva Matias         | Individual                                 | Veterano M40 | 02:09:50 | +01:03:50 | 06:09 |
| 36 | 85  | António João Duarte Santana       | cscrfcharneca                              | Veterano M40 | 02:12:32 | +01:06:32 | 06:17 |
| 37 | 213 | António Miguel Ferreira das Neves | Individual                                 | Veterano M40 | 02:15:03 | +01:09:03 | 06:24 |

## Veterano M45

|   |     |                   |                                          |              |          |              |
|---|-----|-------------------|------------------------------------------|--------------|----------|--------------|
| 1 | 83  | Sérgio Junqueira  | CPR A-DO-BARBAS                          | Veterano M45 | 01:13:39 | 03:29        |
| 2 | 239 | LEONARDO SCHWINDT | Individual                               | Veterano M45 | 01:16:00 | +02:20 03:36 |
| 3 | 110 | Nuno Casalinho    | G.A.Caranguejeira                        | Veterano M45 | 01:18:53 | +05:14 03:44 |
| 4 | 73  | Paulo Ferreira    | Clube de Atletismo de Ferreira do Zézere | Veterano M45 | 01:21:08 | +07:28 03:51 |

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 5 / 8 | generate 23-nov.-2025 12:58 |
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## Meia Maratona

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## OFFICIAL RESULT

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|    |     |                                |                                            |              |          |        |       |
|----|-----|--------------------------------|--------------------------------------------|--------------|----------|--------|-------|
| 5  | 37  | Joaquim Lopes                  | Associação Figueiredos Runners and Friends | Veterano M45 | 01:21:43 | +08:03 | 03:52 |
| 6  | 124 | Nuno Gonçalo Santos            | Grf-Benedita-atletismo                     | Veterano M45 | 01:22:16 | +08:37 | 03:54 |
| 7  | 245 | Vasco Tavares                  | Individual                                 | Veterano M45 | 01:26:23 | +12:43 | 04:06 |
| 8  | 125 | António Pereira                | Grupo Alegre Unido Bajouca                 | Veterano M45 | 01:27:00 | +13:21 | 04:07 |
| 9  | 15  | JOSE MENDES                    | AC VERMOIL                                 | Veterano M45 | 01:29:02 | +15:23 | 04:13 |
| 10 | 237 | João Pedro Oliveira Rodrigues  | Individual                                 | Veterano M45 | 01:35:09 | +21:29 | 04:31 |
| 11 | 70  | RUI COSTA                      | Clube Atletismo de Ovar                    | Veterano M45 | 01:35:12 | +21:32 | 04:31 |
| 12 | 41  | Jorge Moreira                  | Avelar Sunset Team                         | Veterano M45 | 01:36:10 | +22:30 | 04:33 |
| 13 | 235 | Hugo Prazeres                  | Individual                                 | Veterano M45 | 01:36:38 | +22:58 | 04:35 |
| 14 | 242 | Nuno Alexandre Duarte da mota  | Individual                                 | Veterano M45 | 01:36:40 | +23:00 | 04:35 |
| 15 | 65  | Paulo Peres                    | Clube Atlético de Macedo de Cavaleiros     | Veterano M45 | 01:38:36 | +24:56 | 04:40 |
| 16 | 323 | Ricardo Ruas                   | Team El Comandante                         | Veterano M45 | 01:40:00 | +26:21 | 04:44 |
| 17 | 305 | Luis ramos                     | Reumaticos                                 | Veterano M45 | 01:41:49 | +28:10 | 04:50 |
| 18 | 243 | Nuno Santos                    | Individual                                 | Veterano M45 | 01:43:18 | +29:38 | 04:54 |
| 19 | 233 | Elcides da Paz Ferrão da Silva | Individual                                 | Veterano M45 | 01:44:21 | +30:42 | 04:57 |
| 20 | 119 | Sandro Vilela                  | GDRC UNIDOS                                | Veterano M45 | 01:45:06 | +31:26 | 04:59 |
| 21 | 232 | Amilcar Silva                  | Individual                                 | Veterano M45 | 01:48:39 | +34:59 | 05:09 |
| 22 | 244 | Paulo Simões                   | Individual                                 | Veterano M45 | 01:56:41 | +43:02 | 05:32 |
| 23 | 241 | Michel Pestana                 | Individual                                 | Veterano M45 | 01:57:46 | +44:06 | 05:35 |
| 24 | 299 | Alexandre 1Blanco              | Os Tolinhos                                | Veterano M45 | 02:01:13 | +47:34 | 05:45 |
| 25 | 234 | Helio soares                   | Individual                                 | Veterano M45 | 02:03:24 | +49:44 | 05:51 |
| 26 | 238 | Jorge Miguel Estevão Martins   | Individual                                 | Veterano M45 | 02:05:03 | +51:24 | 05:56 |
| 27 | 290 | Nilton Caetano                 | LAMA SOLTA                                 | Veterano M45 | 02:08:56 | +55:16 | 06:07 |

## Veterano M50

|    |     |                                   |                                                 |              |          |              |
|----|-----|-----------------------------------|-------------------------------------------------|--------------|----------|--------------|
| 1  | 38  | Davide Figueiredo                 | Associação Figueiredos Runners and Friends      | Veterano M50 | 01:12:12 | 03:25        |
| 2  | 256 | Luís Baço                         | Individual                                      | Veterano M50 | 01:15:49 | +03:37 03:36 |
| 3  | 120 | Vitor Dinis                       | GDRC UNIDOS                                     | Veterano M50 | 01:16:21 | +04:09 03:37 |
| 4  | 51  | Jorge Aires                       | CA Barreira                                     | Veterano M50 | 01:19:20 | +07:08 03:46 |
| 5  | 97  | MANUEL BESSA                      | EV-PERALTAFIL                                   | Veterano M50 | 01:21:30 | +09:18 03:52 |
| 6  | 98  | VITOR GONÇALVES                   | EV-PERALTAFIL                                   | Veterano M50 | 01:21:59 | +09:47 03:53 |
| 7  | 331 | Artur Santiago                    | UF Comercio Industria                           | Veterano M50 | 01:22:15 | +10:03 03:54 |
| 8  | 19  | PEDRO FERREIRA                    | AC VERMOIL                                      | Veterano M50 | 01:22:26 | +10:14 03:54 |
| 9  | 306 | Fernando santos                   | Reumaticos                                      | Veterano M50 | 01:22:50 | +10:38 03:56 |
| 10 | 18  | LICINIO CARREIRA                  | AC VERMOIL                                      | Veterano M50 | 01:24:46 | +12:33 04:01 |
| 11 | 128 | Manuel Silveira                   | Grupo Desportivo e Cultural de Castelo de Paiva | Veterano M50 | 01:26:09 | +13:57 04:05 |
| 12 | 307 | Paulo pereira                     | Reumaticos                                      | Veterano M50 | 01:28:37 | +16:25 04:12 |
| 13 | 253 | Joel da Silva                     | Individual                                      | Veterano M50 | 01:30:47 | +18:35 04:18 |
| 14 | 16  | JOAQUIM QUITÉRIO                  | AC VERMOIL                                      | Veterano M50 | 01:32:27 | +20:15 04:23 |
| 15 | 297 | Pedro Silva                       | NDAP                                            | Veterano M50 | 01:35:25 | +23:12 04:31 |
| 16 | 257 | Pedro Miguel Mendes Pereira Nunes | Individual                                      | Veterano M50 | 01:37:37 | +25:24 04:38 |
| 17 | 46  | Jose C. Sousa                     | C.D. Póvoa                                      | Veterano M50 | 01:38:10 | +25:58 04:39 |

## Meia Maratona

**21,097 KM**

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## OFFICIAL RESULT

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|    |     |                                        |                                  |              |          |        |       |
|----|-----|----------------------------------------|----------------------------------|--------------|----------|--------|-------|
| 18 | 111 | Mario Carvalho                         | G.A.Caranguejeira                | Veterano M50 | 01:38:38 | +26:26 | 04:41 |
| 19 | 23  | Luís Filipe Carvalho                   | ACRM Silveirinha Grande e Claras | Veterano M50 | 01:40:47 | +28:35 | 04:47 |
| 20 | 250 | Emídio Alves 15                        | Individual                       | Veterano M50 | 01:41:53 | +29:41 | 04:50 |
| 21 | 308 | Paulo ramos                            | Reumaticos                       | Veterano M50 | 01:43:47 | +31:35 | 04:55 |
| 22 | 71  | DINIS BATISTA                          | Clube Atletismo de Ovar          | Veterano M50 | 01:44:09 | +31:57 | 04:56 |
| 23 | 334 | Joselito Da Conceição Pereira          | VILAVENTURA TRAIL                | Veterano M50 | 01:44:16 | +32:04 | 04:57 |
| 24 | 249 | Delfim Torres                          | Individual                       | Veterano M50 | 01:45:35 | +33:23 | 05:00 |
| 25 | 254 | Jorge Oliveira                         | Individual                       | Veterano M50 | 01:45:47 | +33:34 | 05:01 |
| 26 | 319 | Paulo Lopes                            | SOURE MOV                        | Veterano M50 | 01:51:51 | +39:39 | 05:18 |
| 27 | 252 | HENRIQUE RODRIGUES                     | Individual                       | Veterano M50 | 01:52:20 | +40:08 | 05:19 |
| 28 | 247 | Daniel Fragoso                         | Individual                       | Veterano M50 | 01:54:05 | +41:53 | 05:24 |
| 29 | 255 | Jose miguel Caetano                    | Individual                       | Veterano M50 | 01:55:17 | +43:05 | 05:28 |
| 30 | 320 | Miguel Matias                          | SSCGD                            | Veterano M50 | 02:00:32 | +48:20 | 05:43 |
| 31 | 17  | JOSE LOPES                             | AC VERMOIL                       | Veterano M50 | 02:02:31 | +50:19 | 05:48 |
| 32 | 246 | Claudio Sousa                          | Individual                       | Veterano M50 | 02:04:43 | +52:31 | 05:55 |
| 33 | 251 | Guilherme Maurício Soares              | Individual                       | Veterano M50 | 02:06:36 | +54:24 | 06:00 |
| 34 | 86  | Carlos António Mota Longo da Conceição | cscrfcharneca                    | Veterano M50 | 02:06:56 | +54:43 | 06:01 |

## Veterano M55

|    |     |                    |                                            |              |          |              |
|----|-----|--------------------|--------------------------------------------|--------------|----------|--------------|
| 1  | 100 | Joaquim Figueiredo | Associação Figueiredos Runners and Friends | Veterano M55 | 01:12:11 | 03:25        |
| 2  | 127 | Fernando Matos     | Grupo de Convívio e Amizade nas Donas      | Veterano M55 | 01:16:37 | +04:25 03:38 |
| 3  | 66  | Carlos Carneiro    | Clube Atlético de Macedo de Cavaleiros     | Veterano M55 | 01:21:00 | +08:48 03:50 |
| 4  | 283 | PAULO PONTES       | INDUSTRIAL DESPORTIVO VIEIRENSE            | Veterano M55 | 01:23:49 | +11:37 03:58 |
| 5  | 282 | LEONEL SOUSA       | INDUSTRIAL DESPORTIVO VIEIRENSE            | Veterano M55 | 01:27:02 | +14:50 04:08 |
| 6  | 126 | Martinho pedrosa   | Grupo Alegre Unido Bajouca                 | Veterano M55 | 01:29:08 | +16:56 04:13 |
| 7  | 281 | ANTÓNIO SILVA      | INDUSTRIAL DESPORTIVO VIEIRENSE            | Veterano M55 | 01:30:54 | +18:42 04:19 |
| 8  | 56  | Carlos Amorim      | CENAP                                      | Veterano M55 | 01:34:37 | +22:25 04:29 |
| 9  | 263 | Helder Fernandes   | Individual                                 | Veterano M55 | 01:37:26 | +25:14 04:37 |
| 10 | 317 | Vitor Nelson       | SicóTrilhos                                | Veterano M55 | 01:37:31 | +25:19 04:37 |
| 11 | 24  | Amilcar Costa      | ACRM Silveirinha Grande e Claras           | Veterano M55 | 01:40:38 | +28:26 04:46 |
| 12 | 268 | Vitor Monteiro     | VILAVENTURA TRAIL                          | Veterano M55 | 01:42:09 | +29:57 04:51 |
| 13 | 36  | Basilio Simoes     | ARCD VENDA DA LUISA                        | Veterano M55 | 01:42:33 | +30:21 04:52 |
| 14 | 33  | Joaquim Vieira     | Ama(dores) Trail Team/ACRU                 | Veterano M55 | 01:49:21 | +37:09 05:11 |
| 15 | 89  | José Pereira       | DCI/Trilhos Luso Bussaco                   | Veterano M55 | 01:50:15 | +38:03 05:14 |
| 16 | 99  | Fernando Couteiro  | Fenando Couteiro                           | Veterano M55 | 01:50:51 | +38:39 05:15 |
| 17 | 262 | Fernando Medeiros  | Individual                                 | Veterano M55 | 01:51:24 | +39:12 05:17 |
| 18 | 261 | António Ferreira   | Individual                                 | Veterano M55 | 01:53:48 | +41:36 05:24 |
| 19 | 266 | Rui Monteiro       | Individual                                 | Veterano M55 | 01:56:41 | +44:29 05:32 |
| 20 | 32  | Abílio Magalhães   | ADVC Trail Team                            | Veterano M55 | 01:56:50 | +44:38 05:32 |
| 21 | 267 | Victor Martins     | Individual                                 | Veterano M55 | 01:57:07 | +44:55 05:33 |



## Meia Maratona

**21,097 KM**

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## OFFICIAL RESULT

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|    |     |                             |               |              |          |           |       |
|----|-----|-----------------------------|---------------|--------------|----------|-----------|-------|
| 22 | 260 | António de Carvalho Geraldo | Individual    | Veterano M55 | 01:57:28 | +45:16    | 05:34 |
| 23 | 264 | José Pinheiro               | Individual    | Veterano M55 | 01:58:08 | +45:56    | 05:36 |
| 24 | 265 | Lino Carraco                | Individual    | Veterano M55 | 01:59:39 | +47:27    | 05:40 |
| 25 | 259 | Agostinho Barros            | Individual    | Veterano M55 | 02:05:59 | +53:47    | 05:58 |
| 26 | 269 | Vitor Santos                | Individual    | Veterano M55 | 02:06:40 | +54:28    | 06:00 |
| 27 | 258 | Abel Fernandes              | Individual    | Veterano M55 | 02:12:05 | +59:53    | 06:16 |
| 28 | 87  | Arlindo de Jesus Oliveira   | cscrfcharneca | Veterano M55 | 02:24:00 | +01:11:48 | 06:50 |

## Veterano M60

|    |     |                     |                                            |              |          |              |
|----|-----|---------------------|--------------------------------------------|--------------|----------|--------------|
| 1  | 130 | Mário Silva         | HM Training Group de Sangalhos             | Veterano M60 | 01:24:33 | 04:00        |
| 2  | 114 | Luis Guarda         | G.A.Caranguejeira                          | Veterano M60 | 01:27:33 | +02:59 04:09 |
| 3  | 67  | Orlando Alves       | Clube Atlético de Macedo de Cavaleiros     | Veterano M60 | 01:29:30 | +04:56 04:15 |
| 4  | 271 | Aquilino Ferreira   | Individual                                 | Veterano M60 | 01:29:35 | +05:01 04:15 |
| 5  | 284 | ANTÓNIO ALVES       | INDUSTRIAL DESPORTIVO VIEIRENSE            | Veterano M60 | 01:29:45 | +05:11 04:15 |
| 6  | 285 | CARLOS SIMÕES       | INDUSTRIAL DESPORTIVO VIEIRENSE            | Veterano M60 | 01:30:01 | +05:27 04:16 |
| 7  | 113 | António Bento       | G.A.Caranguejeira                          | Veterano M60 | 01:31:20 | +06:46 04:20 |
| 8  | 39  | Fernando Figueiredo | Associação Figueiredos Runners and Friends | Veterano M60 | 01:34:32 | +09:59 04:29 |
| 9  | 20  | ANTONIO SILVINO     | AC VERMOIL                                 | Veterano M60 | 01:36:48 | +12:14 04:35 |
| 10 | 54  | Aníbal Godinho      | Caracol Trail Team                         | Veterano M60 | 01:45:37 | +21:03 05:00 |
| 11 | 272 | Fernando Corucho    | Individual                                 | Veterano M60 | 01:49:44 | +25:10 05:12 |
| 12 | 274 | Jorge Santos        | Individual                                 | Veterano M60 | 01:51:24 | +26:50 05:17 |
| 13 | 270 | Alcides Ferreira    | Individual                                 | Veterano M60 | 01:55:30 | +30:56 05:28 |
| 14 | 55  | Fernando Fonseca    | CASMILO RUNNERS                            | Veterano M60 | 01:56:29 | +31:55 05:31 |
| 15 | 335 | Hélder Monteiro     | VILAVENTURA TRAIL                          | Veterano M60 | 02:20:14 | +55:40 06:39 |
| 16 | 273 | Jorge Justo         | Individual                                 | Veterano M60 | 02:24:01 | +59:27 06:50 |



[illegible]

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 1 / 1 | generate 23-nov.-2025 12:58 |
|-----------------------------|-------|-----------------------------|

## CORRIDA - STAGE 1

**7,5 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 7,9°C       | 89%      |
| End   | 11:14 | 7,9°C       | 89%      |

| RANK | BIB | NAME                           | TEAM                                   | RESULT | DIFF   | t/KM  | CARD |
|------|-----|--------------------------------|----------------------------------------|--------|--------|-------|------|
| 1    | 661 | Nuno Miguel                    | Individual                             | 23:34  |        | 03:09 |      |
| 2    | 720 | André Lemos                    | Team El Comandante                     | 25:27  | +01:53 | 03:24 |      |
| 3    | 517 | Ricardo Andrade                | ADCP PEDRALVA                          | 25:47  | +02:13 | 03:26 |      |
| 4    | 516 | Óscar Maia                     | ADCP PEDRALVA                          | 25:58  | +02:24 | 03:28 |      |
| 5    | 678 | Vicente Regalado               | Individual                             | 26:31  | +02:57 | 03:32 |      |
| 6    | 721 | Tiago Alves                    | VILAVENTURA TRAIL                      | 27:03  | +03:29 | 03:36 |      |
| 7    | 525 | Paulo Renato Mesquita Monteiro | Casa do Povo de Lavos                  | 27:10  | +03:36 | 03:37 |      |
| 8    | 677 | Vasco Miguel Martins Lourenço  | Individual                             | 27:45  | +04:11 | 03:42 |      |
| 9    | 511 | MIGUEL GONÇALVES               | AC VERMOIL                             | 27:54  | +04:20 | 03:43 |      |
| 10   | 618 | Alexandre Abreu                | Individual                             | 30:14  | +06:40 | 04:02 |      |
| 11   | 507 | HELDER MIRANDA                 | AC VERMOIL                             | 30:35  | +07:01 | 04:05 |      |
| 12   | 532 | Rui Silva                      | Clube Atlético de Macedo de Cavaleiros | 30:36  | +07:02 | 04:05 |      |
| 13   | 531 | Claudio Gonçalves              | Clube Atlético de Macedo de Cavaleiros | 30:38  | +07:04 | 04:05 |      |
| 14   | 662 | Nuno Moreira                   | Individual                             | 30:46  | +07:12 | 04:06 |      |
| 15   | 633 | Fábio Vieira                   | Individual                             | 30:46  | +07:12 | 04:06 |      |
| 16   | 668 | Rafael Abreu                   | Individual                             | 31:45  | +08:11 | 04:14 |      |
| 17   | 657 | Miguel Carreira                | Individual                             | 31:57  | +08:23 | 04:16 |      |
| 18   | 672 | Sérgio Ruas                    | Individual                             | 32:10  | +08:36 | 04:17 |      |
| 19   | 547 | Bryan Rodrigues                | FitTraining Academy                    | 32:38  | +09:04 | 04:21 |      |
| 20   | 658 | Miguel Cordeiro Lourenço       | Individual                             | 32:57  | +09:23 | 04:24 |      |
| 21   | 538 | Vera Portela                   | CSMarítimo                             | 32:59  | +09:25 | 04:24 |      |
| 22   | 663 | Paulino Ecundi                 | Individual                             | 33:01  | +09:27 | 04:24 |      |
| 23   | 515 | Mário Miguel Ferreira          | ADCP PEDRALVA                          | 33:02  | +09:28 | 04:24 |      |
| 24   | 625 | Bruno Simões Martins           | Individual                             | 33:20  | +09:46 | 04:27 |      |
| 25   | 622 | André Pereira Carnide          | Individual                             | 33:33  | +09:59 | 04:28 |      |
| 26   | 641 | João Gaspar                    | Individual                             | 33:46  | +10:12 | 04:30 |      |
| 27   | 520 | Roberto Fiuza                  | Barras e Bolinhos                      | 33:46  | +10:12 | 04:30 |      |
| 28   | 655 | Miguel Ângelo Delgado Maia     | Individual                             | 33:48  | +10:14 | 04:30 |      |
| 29   | 503 | DAVID MENDES                   | AC VERMOIL                             | 33:50  | +10:16 | 04:31 |      |
| 30   | 638 | Gonçalo Gonçalves              | Individual                             | 34:11  | +10:37 | 04:34 |      |
| 31   | 619 | Álvaro Cunha                   | Individual                             | 34:21  | +10:47 | 04:35 |      |
| 32   | 502 | BLANDINA LOURENÇO              | AC VERMOIL                             | 34:22  | +10:48 | 04:35 |      |
| 33   | 679 | Vitor Ribeiro                  | Individual                             | 34:44  | +11:10 | 04:38 |      |
| 34   | 521 | Germano Capela                 | CA Barreira                            | 35:15  | +11:41 | 04:42 |      |
| 35   | 649 | José Manuel Gaspar Lopes       | Individual                             | 35:24  | +11:50 | 04:43 |      |
| 36   | 697 | João Tomé Ferreira             | Ratatui Team                           | 35:24  | +11:50 | 04:43 |      |
| 37   | 642 | João Gomes                     | Individual                             | 35:26  | +11:52 | 04:43 |      |
| 38   | 669 | Renato Miguel da Mota Santos   | Individual                             | 35:26  | +11:52 | 04:43 |      |
| 39   | 710 | Pedro Ribeiro                  | Se tu vais, eu vou                     | 35:31  | +11:57 | 04:44 |      |
| 40   | 573 | Catarina Anselmo               | Individual                             | 35:38  | +12:04 | 04:45 |      |
| 41   | 508 | JAIME SANTOS                   | AC VERMOIL                             | 36:05  | +12:31 | 04:49 |      |
| 42   | 654 | Micael Marcelino               | Individual                             | 36:13  | +12:39 | 04:50 |      |

## CORRIDA - STAGE 1

**7,5 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                           | TEAM                                   | RESULT | DIFF   | t/KM  | CARD |
|------|-----|--------------------------------|----------------------------------------|--------|--------|-------|------|
| 43   | 653 | Maksym Rohatynskyy             | Individual                             | 36:30  | +12:56 | 04:52 |      |
| 44   | 630 | Diogo Trincão                  | Individual                             | 36:42  | +13:08 | 04:54 |      |
| 45   | 552 | Stéphane Lopes                 | FitTraining Academy                    | 36:43  | +13:09 | 04:54 |      |
| 46   | 557 | Carlos Gonçalves               | FullProtein Trail Team                 | 36:51  | +13:17 | 04:55 |      |
| 47   | 674 | Tiago Ferreira                 | Individual                             | 36:51  | +13:17 | 04:55 |      |
| 48   | 536 | David Rodrigues Fernandes      | cscrxfcharneca                         | 36:54  | +13:20 | 04:55 |      |
| 49   | 646 | Joel Pedrosa Simões            | Individual                             | 37:00  | +13:26 | 04:56 |      |
| 50   | 512 | VITOR LOPES                    | AC VERMOIL                             | 37:00  | +13:26 | 04:56 |      |
| 51   | 695 | António Mendes                 | Ratatui Team                           | 37:02  | +13:28 | 04:56 |      |
| 52   | 551 | Robson Luiz                    | FitTraining Academy                    | 37:10  | +13:36 | 04:57 |      |
| 53   | 549 | Luís Miguel Gomes Antunes      | FitTraining Academy                    | 37:20  | +13:46 | 04:59 |      |
| 54   | 534 | Pedro Roque                    | CPT SOBTAL DE Ceira                    | 37:49  | +14:15 | 05:03 |      |
| 55   | 664 | Paulo Fonseca                  | Individual                             | 37:53  | +14:19 | 05:03 |      |
| 56   | 665 | Pedro Costa                    | Individual                             | 37:54  | +14:20 | 05:03 |      |
| 57   | 647 | Jonas filho                    | Individual                             | 38:09  | +14:35 | 05:05 |      |
| 58   | 632 | Eduardo Vieira                 | Individual                             | 38:17  | +14:43 | 05:06 |      |
| 59   | 681 | Marco Murgeiro                 | LAMA SOLTA                             | 38:28  | +14:54 | 05:08 |      |
| 60   | 526 | Rui Manuel de Faria            | Casa do Povo de Lavos                  | 38:38  | +15:04 | 05:09 |      |
| 61   | 696 | Bruno Pereira                  | Ratatui Team                           | 38:40  | +15:06 | 05:09 |      |
| 62   | 506 | HELDER GOMES                   | AC VERMOIL                             | 38:41  | +15:07 | 05:09 |      |
| 63   | 652 | luís Pereiea                   | Individual                             | 38:49  | +15:15 | 05:10 |      |
| 64   | 624 | Bavieche Samgi                 | Individual                             | 38:54  | +15:20 | 05:11 |      |
| 65   | 513 | João Sintra                    | ACRM Silveirinha Grande e Claras       | 38:55  | +15:21 | 05:11 |      |
| 66   | 660 | Nuno Barros                    | Individual                             | 38:57  | +15:23 | 05:12 |      |
| 67   | 533 | José Silva                     | Clube de Atletismo os Gaienses/Toyota  | 38:59  | +15:25 | 05:12 |      |
| 68   | 609 | Susana Moreira                 | Individual                             | 39:00  | +15:26 | 05:12 |      |
| 69   | 629 | Diogo Santos                   | Individual                             | 39:14  | +15:40 | 05:14 |      |
| 70   | 620 | André Cardoso                  | Individual                             | 39:43  | +16:09 | 05:18 |      |
| 71   | 623 | Antonio Ribeiro                | Individual                             | 39:56  | +16:22 | 05:19 |      |
| 72   | 567 | Annabelle Luis                 | Individual                             | 39:56  | +16:22 | 05:19 |      |
| 73   | 627 | Dário Neves                    | Individual                             | 39:57  | +16:23 | 05:20 |      |
| 74   | 523 | Patrícia Ramos Cravo           | Caracóis Velozes                       | 40:03  | +16:29 | 05:20 |      |
| 75   | 612 | Tania cresco domingues         | Individual                             | 40:07  | +16:33 | 05:21 |      |
| 76   | 615 | Verónica Jaulino               | Individual                             | 40:07  | +16:33 | 05:21 |      |
| 77   | 505 | FILIPE SILVA                   | AC VERMOIL                             | 40:10  | +16:36 | 05:21 |      |
| 78   | 504 | EUGENIO MENDES                 | AC VERMOIL                             | 40:44  | +17:10 | 05:26 |      |
| 79   | 556 | Raquel Francisco               | FullProtein Trail Team                 | 40:46  | +17:12 | 05:26 |      |
| 80   | 558 | Tiago Francisco                | FullProtein Trail Team                 | 40:47  | +17:13 | 05:26 |      |
| 81   | 709 | Milton Cordeiro                | Se tu vais, eu vou                     | 40:48  | +17:14 | 05:26 |      |
| 82   | 640 | João Costa                     | Individual                             | 40:49  | +17:15 | 05:27 |      |
| 83   | 605 | Sara Garstka Elisio Canquerino | Individual                             | 40:49  | +17:15 | 05:27 |      |
| 84   | 707 | Alex G.                        | Se tu vais, eu vou                     | 40:50  | +17:16 | 05:27 |      |
| 85   | 718 | KEVIN SANTOS                   | SOMOS MAIS QUE UM                      | 40:51  | +17:17 | 05:27 |      |
| 86   | 530 | Elisabete Alves                | Clube Atlético de Macedo de Cavaleiros | 40:52  | +17:18 | 05:27 |      |
| 87   | 675 | Tiago Gonçalves                | Individual                             | 40:58  | +17:24 | 05:28 |      |
| 88   | 635 | Francisco Maia Mineiro         | Individual                             | 41:04  | +17:30 | 05:29 |      |

## CORRIDA - STAGE 1

**7,5 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                             | TEAM                             | RESULT | DIFF   | t/KM  | CARD |
|------|-----|----------------------------------|----------------------------------|--------|--------|-------|------|
| 89   | 576 | Cindy Faria                      | Individual                       | 41:15  | +17:41 | 05:30 |      |
| 90   | 708 | David M.                         | Se tu vais, eu vou               | 41:31  | +17:57 | 05:32 |      |
| 91   | 501 | ANA PAULA BRITES                 | AC VERMOIL                       | 41:32  | +17:58 | 05:32 |      |
| 92   | 659 | Miguel Martins Felgueiras        | Individual                       | 41:32  | +17:58 | 05:32 |      |
| 93   | 639 | Gonalo Vieira                   | Individual                       | 41:37  | +18:03 | 05:33 |      |
| 94   | 617 | Adriel de sena pedreira          | Individual                       | 42:01  | +18:27 | 05:36 |      |
| 95   | 711 | Pedro S.                         | Se tu vais, eu vou               | 42:02  | +18:28 | 05:36 |      |
| 96   | 524 | David Henrique dos Santos Cravo  | Carac3ois Velozes                | 42:12  | +18:38 | 05:38 |      |
| 97   | 509 | LEANDRO SANTOS                   | AC VERMOIL                       | 42:13  | +18:39 | 05:38 |      |
| 98   | 699 | Ricardo Silva                    | Ratatui Team                     | 42:14  | +18:40 | 05:38 |      |
| 99   | 578 | Daniela Marcelino                | Individual                       | 42:17  | +18:43 | 05:38 |      |
| 100  | 705 | Ticha Ribeiro                    | Se tu vais, eu vou               | 42:28  | +18:54 | 05:40 |      |
| 101  | 543 | In3s Gomes                       | FitTraining Academy              | 42:37  | +19:03 | 05:41 |      |
| 102  | 700 | Tom3s Abreu                      | Ratatui Team                     | 42:40  | +19:06 | 05:41 |      |
| 103  | 603 | N3lia Rodrigues                  | Individual                       | 42:42  | +19:08 | 05:42 |      |
| 104  | 587 | J3ssica Marques                  | Individual                       | 42:43  | +19:09 | 05:42 |      |
| 105  | 529 | Tiago Domingues Lopes            | CERCIPOM Trail Team              | 42:46  | +19:12 | 05:42 |      |
| 106  | 592 | Licinia Duarte                   | Individual                       | 42:50  | +19:16 | 05:43 |      |
| 107  | 637 | Gonalo Gaspar                   | Individual                       | 43:03  | +19:29 | 05:44 |      |
| 108  | 595 | M3ria Gaspar                     | Individual                       | 43:03  | +19:29 | 05:44 |      |
| 109  | 608 | S3lvia Pereira                   | Individual                       | 43:08  | +19:34 | 05:45 |      |
| 110  | 643 | Jo3o Mineiro                     | Individual                       | 43:09  | +19:35 | 05:45 |      |
| 111  | 554 | Catia Andrade                    | FullProtein Trail Team           | 43:20  | +19:46 | 05:47 |      |
| 112  | 537 | Jorge Manuel Fernandes Figueiral | cscrffharneca                    | 43:24  | +19:50 | 05:47 |      |
| 113  | 698 | Pedro Abreu                      | Ratatui Team                     | 43:26  | +19:52 | 05:48 |      |
| 114  | 570 | Beatriz Matias                   | Individual                       | 43:29  | +19:55 | 05:48 |      |
| 115  | 667 | Pedro Manuel Rodrigues Dinis     | Individual                       | 43:40  | +20:06 | 05:49 |      |
| 116  | 666 | Pedro Daniel Dias                | Individual                       | 44:11  | +20:37 | 05:53 |      |
| 117  | 651 | Kevin Marques                    | Individual                       | 44:21  | +20:47 | 05:55 |      |
| 118  | 716 | Stephanie Silvq                  | Sic3Trilhos                      | 44:32  | +20:58 | 05:56 |      |
| 119  | 671 | Saulo Nogueira Coutinho          | Individual                       | 44:43  | +21:09 | 05:58 |      |
| 120  | 545 | Marta Pereira                    | FitTraining Academy              | 44:54  | +21:20 | 05:59 |      |
| 121  | 593 | Lucia Corucho                    | Individual                       | 44:54  | +21:20 | 05:59 |      |
| 122  | 703 | C3tia Gaioso                     | Se tu vais, eu vou               | 44:56  | +21:22 | 06:00 |      |
| 123  | 706 | Vanessa F.                       | Se tu vais, eu vou               | 44:57  | +21:23 | 06:00 |      |
| 124  | 702 | C3tia D.                         | Se tu vais, eu vou               | 44:58  | +21:24 | 06:00 |      |
| 125  | 514 | Luc3dio Dias                     | ACRM Silveirinha Grande e Claras | 45:00  | +21:26 | 06:00 |      |
| 126  | 719 | In3s Sabino                      | SOURE MOV                        | 45:04  | +21:30 | 06:01 |      |
| 127  | 539 | Rodrigo Cardoso                  | Diabinhos de Samuel              | 45:04  | +21:30 | 06:01 |      |
| 128  | 713 | Isabelle Rosa Nunes              | Sic3Trilhos                      | 45:08  | +21:34 | 06:01 |      |
| 129  | 599 | Marta In3s Marcelos Jord3o       | Individual                       | 45:09  | +21:35 | 06:01 |      |
| 130  | 518 | Caty Costa                       | Ameal trail                      | 45:22  | +21:48 | 06:03 |      |
| 131  | 634 | Fernando Maia9                   | Individual                       | 45:22  | +21:48 | 06:03 |      |
| 132  | 560 | Ilidio Santos                    | Imobili3ria Argilipe             | 45:29  | +21:55 | 06:04 |      |
| 133  | 559 | Alexandre Gonalves              | Imobili3ria Argilipe             | 45:29  | +21:55 | 06:04 |      |
| 134  | 561 | Marcelo Ferreira                 | Imobili3ria Argilipe             | 45:29  | +21:55 | 06:04 |      |

## CORRIDA - STAGE 1

**7,5 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                          | TEAM                     | RESULT | DIFF   | t/KM  | CARD |
|------|-----|-------------------------------|--------------------------|--------|--------|-------|------|
| 135  | 714 | Luísa Monteiro                | SicóTrilhos              | 45:31  | +21:57 | 06:04 |      |
| 136  | 541 | Dulce Cardoso Martins         | FitTraining Academy      | 45:32  | +21:58 | 06:04 |      |
| 137  | 628 | dino marques                  | Individual               | 46:02  | +22:28 | 06:08 |      |
| 138  | 1   | Pedro Pimpao                  | Individual               | 46:04  | +22:30 | 06:09 |      |
| 139  | 569 | Aurélie Marchand              | Individual               | 46:16  | +22:42 | 06:10 |      |
| 140  | 535 | Álvaro José Vieira Lopes      | cscrcharneca             | 46:43  | +23:09 | 06:14 |      |
| 141  | 579 | Diana Lopes                   | Individual               | 46:54  | +23:20 | 06:15 |      |
| 142  | 676 | Tiago Parafita                | Individual               | 46:54  | +23:20 | 06:15 |      |
| 143  | 522 | Isabel Lopes Ramos            | Caracóis Velozes         | 47:06  | +23:32 | 06:17 |      |
| 144  | 717 | Adriana Costa                 | SOMOS MAIS QUE UM        | 47:18  | +23:44 | 06:18 |      |
| 145  | 645 | João Pereira                  | Individual               | 47:18  | +23:44 | 06:18 |      |
| 146  | 542 | Eduarda Gomes                 | FitTraining Academy      | 47:20  | +23:46 | 06:19 |      |
| 147  | 670 | Ricardo Brás                  | Individual               | 47:21  | +23:47 | 06:19 |      |
| 148  | 546 | Sofia Gonçalves               | FitTraining Academy      | 47:29  | +23:55 | 06:20 |      |
| 149  | 562 | Alexandra Oliveira            | Individual               | 47:58  | +24:24 | 06:24 |      |
| 150  | 602 | Natalia Mendes                | Individual               | 49:35  | +26:01 | 06:37 |      |
| 151  | 580 | Edite Neves                   | Individual               | 49:39  | +26:05 | 06:37 |      |
| 152  | 572 | Carlota Sena                  | Individual               | 49:40  | +26:06 | 06:37 |      |
| 153  | 565 | Andreia Maricato              | Individual               | 49:56  | +26:22 | 06:39 |      |
| 154  | 589 | Joana Araújo                  | Individual               | 49:57  | +26:23 | 06:40 |      |
| 155  | 686 | Paulo Fernando da Costa Neves | Os Sem Fôlego            | 50:01  | +26:27 | 06:40 |      |
| 156  | 582 | Filipa Gonçalves              | Individual               | 50:31  | +26:57 | 06:44 |      |
| 157  | 621 | André Filipe Simões Leonardo  | Individual               | 50:45  | +27:11 | 06:46 |      |
| 158  | 597 | Mariana Mineiro               | Individual               | 50:55  | +27:21 | 06:47 |      |
| 159  | 601 | Mónica Dâmaso                 | Individual               | 51:07  | +27:33 | 06:49 |      |
| 160  | 591 | Leonor Cruz                   | Individual               | 51:08  | +27:34 | 06:49 |      |
| 161  | 585 | Inês Madalena Rocha Loureiro  | Individual               | 51:23  | +27:49 | 06:51 |      |
| 162  | 590 | Lara Gomes Capitão            | Individual               | 52:02  | +28:28 | 06:56 |      |
| 163  | 519 | Dulce Medeiros                | AST - Avelar Sunset Team | 52:18  | +28:44 | 06:58 |      |
| 164  | 610 | Suzi Gaspar                   | Individual               | 52:20  | +28:46 | 06:59 |      |
| 165  | 614 | Telma Batista                 | Individual               | 52:23  | +28:49 | 06:59 |      |
| 166  | 598 | Marina Murgeiro               | Individual               | 52:49  | +29:15 | 07:03 |      |
| 167  | 577 | Cristiana Ferreira            | Individual               | 52:54  | +29:20 | 07:03 |      |
| 168  | 604 | Patricia Luis                 | Individual               | 53:20  | +29:46 | 07:07 |      |
| 169  | 550 | Mickael Freire                | FitTraining Academy      | 54:11  | +30:37 | 07:14 |      |
| 170  | 540 | Andreia Gonçalves             | FitTraining Academy      | 54:12  | +30:38 | 07:14 |      |
| 171  | 684 | Cindy Neves Ferreira          | Os Sem Fôlego            | 54:47  | +31:13 | 07:18 |      |
| 172  | 683 | Ana Marília Leal dos Santos   | Os Sem Fôlego            | 54:48  | +31:14 | 07:18 |      |
| 173  | 611 | Tamara Domingues              | Individual               | 55:39  | +32:05 | 07:25 |      |
| 174  | 613 | Tatiana Gomes                 | Individual               | 55:39  | +32:05 | 07:25 |      |
| 175  | 584 | Helena Correia                | Individual               | 55:40  | +32:06 | 07:25 |      |
| 176  | 574 | Catarina Vieira               | Individual               | 56:29  | +32:55 | 07:32 |      |
| 177  | 588 | Jéssica Neves                 | Individual               | 56:30  | +32:56 | 07:32 |      |
| 178  | 650 | José Pimenta                  | Individual               | 56:32  | +32:58 | 07:32 |      |
| 179  | 631 | Eduardo Pacheco               | Individual               | 56:32  | +32:58 | 07:32 |      |
| 180  | 616 | Virginie Leal                 | Individual               | 56:50  | +33:16 | 07:35 |      |

## CORRIDA - STAGE 1

**7,5 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

| RANK | BIB | NAME                               | TEAM                   | RESULT   | DIFF   | t/KM  | CARD |
|------|-----|------------------------------------|------------------------|----------|--------|-------|------|
| 181  | 704 | Nélia Santos                       | Se tu vais, eu vou     | 58:16    | +34:42 | 07:46 |      |
| 182  | 636 | Gabriel Cordeiro Gaspar Dos Santos | Individual             | 58:52    | +35:18 | 07:51 |      |
| 183  | 692 | Tomás Adão                         | Pelotão Wi-Fi          | 01:00:18 | +36:44 | 08:02 |      |
| 184  | 689 | Sofia Nunes                        | Pelotão Wi-Fi          | 01:00:19 | +36:45 | 08:02 |      |
| 185  | 691 | João Tomás                         | Pelotão Wi-Fi          | 01:00:19 | +36:45 | 08:02 |      |
| 186  | 687 | Cátia Nunes                        | Pelotão Wi-Fi          | 01:00:19 | +36:45 | 08:03 |      |
| 187  | 690 | Fábio Marques                      | Pelotão Wi-Fi          | 01:00:20 | +36:46 | 08:03 |      |
| 188  | 607 | Sarah Rockenbach                   | Individual             | 01:01:09 | +37:35 | 08:09 |      |
| 189  | 673 | Tiago André Dias Ricardo           | Individual             | 01:01:30 | +37:56 | 08:12 |      |
| 190  | 563 | Ana Margarida Gaspar Roque         | Individual             | 01:01:30 | +37:56 | 08:12 |      |
| 191  | 528 | João Fernando Neves Silva Amaral   | CERCIPOM Trail Team    | 01:02:02 | +38:28 | 08:16 |      |
| 192  | 596 | Mariana Dorigatti Woritovicz       | Individual             | 01:02:12 | +38:38 | 08:18 |      |
| 193  | 581 | Filipa Domingues                   | Individual             | 01:03:35 | +40:01 | 08:29 |      |
| 194  | 682 | Diogo Oliveira                     | Leiria Marcha Atlético | 01:06:32 | +42:58 | 08:52 |      |
| 195  | 527 | Diogo André Marques Santos         | CERCIPOM Trail Team    | 01:07:11 | +43:37 | 08:58 |      |
| 196  | 680 | Vitor Schweitzer Thiesen           | Individual             | 01:11:38 | +48:04 | 09:33 |      |
| 197  | 583 | Gabriela Dorigatti Woritovicz      | Individual             | 01:11:39 | +48:05 | 09:33 |      |
| 198  | 568 | Ariane Cristina Dorigatti          | Individual             | 01:11:40 | +48:06 | 09:33 |      |
| 199  | 626 | Claudio Lindolfo Rinnert           | Individual             | 01:11:42 | +48:08 | 09:34 |      |
| 200  | 644 | João Nascimento                    | Individual             | 01:11:49 | +48:15 | 09:35 |      |
| 201  | 555 | Lúcia Pedrosa                      | FullProtein Trail Team | 01:14:54 | +51:20 | 09:59 |      |



## Corrida

**7,5 KM**

[illegible]

## OFFICIAL RESULT

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 7,9°C       | 89%      |
| End   | 11:14 | 7,9°C       | 89%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|    |     |                                |                                        |                 |       |        |       |
|----|-----|--------------------------------|----------------------------------------|-----------------|-------|--------|-------|
| 1  | 538 | Vera Portela                   | CSMarítimo                             | Senior Feminino | 32:59 |        | 04:24 |
| 2  | 502 | BLANDINA LOURENÇO              | AC VERMOIL                             | Senior Feminino | 34:22 | +01:23 | 04:35 |
| 3  | 573 | Catarina Anselmo               | Individual                             | Senior Feminino | 35:38 | +02:39 | 04:45 |
| 4  | 609 | Susana Moreira                 | Individual                             | Senior Feminino | 39:00 | +06:01 | 05:12 |
| 5  | 567 | Annabelle Luis                 | Individual                             | Senior Feminino | 39:56 | +06:56 | 05:19 |
| 6  | 523 | Patrícia Ramos Cravo           | Caracóis Velozes                       | Senior Feminino | 40:03 | +07:03 | 05:20 |
| 7  | 612 | Tania cresco domingues         | Individual                             | Senior Feminino | 40:07 | +07:08 | 05:21 |
| 8  | 615 | Verónica Jaulino               | Individual                             | Senior Feminino | 40:07 | +07:08 | 05:21 |
| 9  | 556 | Raquel Francisco               | FullProtein Trail Team                 | Senior Feminino | 40:46 | +07:46 | 05:26 |
| 10 | 605 | Sara Garstka Elisio Canquerino | Individual                             | Senior Feminino | 40:49 | +07:50 | 05:27 |
| 11 | 530 | Elisabete Alves                | Clube Atlético de Macedo de Cavaleiros | Senior Feminino | 40:52 | +07:52 | 05:27 |
| 12 | 576 | Cindy Faria                    | Individual                             | Senior Feminino | 41:15 | +08:15 | 05:30 |
| 13 | 501 | ANA PAULA BRITES               | AC VERMOIL                             | Senior Feminino | 41:32 | +08:33 | 05:32 |
| 14 | 578 | Daniela Marcelino              | Individual                             | Senior Feminino | 42:17 | +09:18 | 05:38 |
| 15 | 705 | Ticha Ribeiro                  | Se tu vais, eu vou                     | Senior Feminino | 42:28 | +09:29 | 05:40 |
| 16 | 543 | Inês Gomes                     | FitTraining Academy                    | Senior Feminino | 42:37 | +09:38 | 05:41 |
| 17 | 603 | Nélia Rodrigues                | Individual                             | Senior Feminino | 42:42 | +09:42 | 05:42 |
| 18 | 587 | Jéssica Marques                | Individual                             | Senior Feminino | 42:43 | +09:43 | 05:42 |
| 19 | 592 | Licinia Duarte                 | Individual                             | Senior Feminino | 42:50 | +09:50 | 05:43 |
| 20 | 595 | Maria Gaspar                   | Individual                             | Senior Feminino | 43:03 | +10:04 | 05:44 |
| 21 | 608 | Silvia Pereira                 | Individual                             | Senior Feminino | 43:08 | +10:08 | 05:45 |
| 22 | 554 | Catía Andrade                  | FullProtein Trail Team                 | Senior Feminino | 43:20 | +10:21 | 05:47 |
| 23 | 570 | Beatriz Matias                 | Individual                             | Senior Feminino | 43:29 | +10:30 | 05:48 |
| 24 | 716 | Stephanie Silvq                | SicóTrilhos                            | Senior Feminino | 44:32 | +11:33 | 05:56 |
| 25 | 545 | Marta Pereira                  | FitTraining Academy                    | Senior Feminino | 44:54 | +11:54 | 05:59 |
| 26 | 593 | Lucia Corucho                  | Individual                             | Senior Feminino | 44:54 | +11:55 | 05:59 |
| 27 | 703 | Cátia Gaioso                   | Se tu vais, eu vou                     | Senior Feminino | 44:56 | +11:57 | 06:00 |
| 28 | 706 | Vanessa F.                     | Se tu vais, eu vou                     | Senior Feminino | 44:57 | +11:58 | 06:00 |
| 29 | 702 | Cátia D.                       | Se tu vais, eu vou                     | Senior Feminino | 44:58 | +11:59 | 06:00 |
| 30 | 719 | Inês Sabino                    | SOURE MOV                              | Senior Feminino | 45:04 | +12:04 | 06:01 |
| 31 | 713 | Isabelle Rosa Nunes            | SicóTrilhos                            | Senior Feminino | 45:08 | +12:08 | 06:01 |
| 32 | 599 | Marta Inês Marcelos Jordão     | Individual                             | Senior Feminino | 45:09 | +12:09 | 06:01 |
| 33 | 518 | Caty Costa                     | Ameal trail                            | Senior Feminino | 45:22 | +12:22 | 06:03 |
| 34 | 714 | Luísa Monteiro                 | SicóTrilhos                            | Senior Feminino | 45:31 | +12:31 | 06:04 |
| 35 | 541 | Dulce Cardoso Martins          | FitTraining Academy                    | Senior Feminino | 45:32 | +12:33 | 06:04 |
| 36 | 569 | Aurélié Marchand               | Individual                             | Senior Feminino | 46:16 | +13:16 | 06:10 |
| 37 | 579 | Diana Lopes                    | Individual                             | Senior Feminino | 46:54 | +13:55 | 06:15 |
| 38 | 522 | Isabel Lopes Ramos             | Caracóis Velozes                       | Senior Feminino | 47:06 | +14:06 | 06:17 |
| 39 | 717 | Adriana Costa                  | SOMOS MAIS QUE UM                      | Senior Feminino | 47:18 | +14:18 | 06:18 |

|                             |       |                             |
|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 1 / 5 | generate 23-nov.-2025 12:56 |
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## Corrida

**7,5 KM**

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## OFFICIAL RESULT

[illegible]

|    |     |                               |                          |                 |          |        |       |
|----|-----|-------------------------------|--------------------------|-----------------|----------|--------|-------|
| 40 | 542 | Eduarda Gomes                 | FitTraining Academy      | Senior Feminino | 47:20    | +14:20 | 06:19 |
| 41 | 546 | Sofia Gonçalves               | FitTraining Academy      | Senior Feminino | 47:29    | +14:29 | 06:20 |
| 42 | 562 | Alexandra Oliveira            | Individual               | Senior Feminino | 47:58    | +14:59 | 06:24 |
| 43 | 602 | Natalia Mendes                | Individual               | Senior Feminino | 49:35    | +16:35 | 06:37 |
| 44 | 580 | Edite Neves                   | Individual               | Senior Feminino | 49:39    | +16:40 | 06:37 |
| 45 | 572 | Carlota Sena                  | Individual               | Senior Feminino | 49:40    | +16:40 | 06:37 |
| 46 | 565 | Andreia Maricato              | Individual               | Senior Feminino | 49:56    | +16:56 | 06:39 |
| 47 | 589 | Joana Araújo                  | Individual               | Senior Feminino | 49:57    | +16:58 | 06:40 |
| 48 | 582 | Filipa Gonçalves              | Individual               | Senior Feminino | 50:31    | +17:32 | 06:44 |
| 49 | 597 | Mariana Mineiro               | Individual               | Senior Feminino | 50:55    | +17:55 | 06:47 |
| 50 | 601 | Mónica Dâmaso                 | Individual               | Senior Feminino | 51:07    | +18:08 | 06:49 |
| 51 | 591 | Leonor Cruz                   | Individual               | Senior Feminino | 51:08    | +18:08 | 06:49 |
| 52 | 585 | Inês Madalena Rocha Loureiro  | Individual               | Senior Feminino | 51:23    | +18:23 | 06:51 |
| 53 | 590 | Lara Gomes Capitão            | Individual               | Senior Feminino | 52:02    | +19:02 | 06:56 |
| 54 | 519 | Dulce Medeiros                | AST - Avelar Sunset Team | Senior Feminino | 52:18    | +19:18 | 06:58 |
| 55 | 610 | Suzi Gaspar                   | Individual               | Senior Feminino | 52:20    | +19:21 | 06:59 |
| 56 | 614 | Telma Batista                 | Individual               | Senior Feminino | 52:23    | +19:23 | 06:59 |
| 57 | 598 | Marina Murgeiro               | Individual               | Senior Feminino | 52:49    | +19:50 | 07:03 |
| 58 | 577 | Cristiana Ferreira            | Individual               | Senior Feminino | 52:54    | +19:55 | 07:03 |
| 59 | 604 | Patricia Luis                 | Individual               | Senior Feminino | 53:20    | +20:21 | 07:07 |
| 60 | 540 | Andreia Gonçalves             | FitTraining Academy      | Senior Feminino | 54:12    | +21:12 | 07:14 |
| 61 | 684 | Cindy Neves Ferreira          | Os Sem Fôlego            | Senior Feminino | 54:47    | +21:47 | 07:18 |
| 62 | 683 | Ana Marília Leal dos Santos   | Os Sem Fôlego            | Senior Feminino | 54:48    | +21:48 | 07:18 |
| 63 | 611 | Tamara Domingues              | Individual               | Senior Feminino | 55:39    | +22:39 | 07:25 |
| 64 | 613 | Tatiana Gomes                 | Individual               | Senior Feminino | 55:39    | +22:40 | 07:25 |
| 65 | 584 | Helena Correia                | Individual               | Senior Feminino | 55:40    | +22:40 | 07:25 |
| 66 | 574 | Catarina Vieira               | Individual               | Senior Feminino | 56:29    | +23:30 | 07:32 |
| 67 | 588 | Jéssica Neves                 | Individual               | Senior Feminino | 56:30    | +23:30 | 07:32 |
| 68 | 616 | Virginie Leal                 | Individual               | Senior Feminino | 56:50    | +23:50 | 07:35 |
| 69 | 704 | Nélia Santos                  | Se tu vais, eu vou       | Senior Feminino | 58:16    | +25:16 | 07:46 |
| 70 | 689 | Sofia Nunes                   | Pelotão Wi-Fi            | Senior Feminino | 01:00:19 | +27:19 | 08:02 |
| 71 | 687 | Cátia Nunes                   | Pelotão Wi-Fi            | Senior Feminino | 01:00:19 | +27:19 | 08:03 |
| 72 | 607 | Sarah Rockenbach              | Individual               | Senior Feminino | 01:01:09 | +28:09 | 08:09 |
| 73 | 563 | Ana Margarida Gaspar Roque    | Individual               | Senior Feminino | 01:01:30 | +28:31 | 08:12 |
| 74 | 596 | Mariana Dorigatti Woritovicz  | Individual               | Senior Feminino | 01:02:12 | +29:12 | 08:18 |
| 75 | 581 | Filipa Domingues              | Individual               | Senior Feminino | 01:03:35 | +30:36 | 08:29 |
| 76 | 583 | Gabriela Dorigatti Woritovicz | Individual               | Senior Feminino | 01:11:39 | +38:39 | 09:33 |
| 77 | 568 | Ariane Cristina Dorigatti     | Individual               | Senior Feminino | 01:11:40 | +38:41 | 09:33 |
| 78 | 555 | Lúcia Pedrosa                 | FullProtein Trail Team   | Senior Feminino | 01:14:54 | +41:55 | 09:59 |

## Senior Masculino

|   |     |                 |                    |                  |       |              |
|---|-----|-----------------|--------------------|------------------|-------|--------------|
| 1 | 661 | Nuno Miguel     | Individual         | Senior Masculino | 23:34 | 03:09        |
| 2 | 720 | André Lemos     | Team El Comandante | Senior Masculino | 25:27 | +01:52 03:24 |
| 3 | 517 | Ricardo Andrade | ADCP PEDRALVA      | Senior Masculino | 25:47 | +02:12 03:26 |
| 4 | 516 | Óscar Maia      | ADCP PEDRALVA      | Senior Masculino | 25:58 | +02:23 03:28 |

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| Official Timekeeper: Lap2Go | 2 / 5 | generate 23-nov.-2025 12:56 |
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## Corrida

**7,5 KM**

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## OFFICIAL RESULT

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|    |     |                                |                                        |                  |       |        |       |
|----|-----|--------------------------------|----------------------------------------|------------------|-------|--------|-------|
| 5  | 678 | Vicente Regalado               | Individual                             | Senior Masculino | 26:31 | +02:56 | 03:32 |
| 6  | 721 | Tiago Alves                    | VILAVENTURA TRAIL                      | Senior Masculino | 27:03 | +03:29 | 03:36 |
| 7  | 525 | Paulo Renato Mesquita Monteiro | Casa do Povo de Lavos                  | Senior Masculino | 27:10 | +03:35 | 03:37 |
| 8  | 677 | Vasco Miguel Martins Lourenço  | Individual                             | Senior Masculino | 27:45 | +04:10 | 03:42 |
| 9  | 511 | MIGUEL GONÇALVES               | AC VERMOIL                             | Senior Masculino | 27:54 | +04:20 | 03:43 |
| 10 | 618 | Alexandre Abreu                | Individual                             | Senior Masculino | 30:14 | +06:40 | 04:02 |
| 11 | 507 | HELDER MIRANDA                 | AC VERMOIL                             | Senior Masculino | 30:35 | +07:00 | 04:05 |
| 12 | 532 | Rui Silva                      | Clube Atlético de Macedo de Cavaleiros | Senior Masculino | 30:36 | +07:01 | 04:05 |
| 13 | 531 | Claudio Gonçalves              | Clube Atlético de Macedo de Cavaleiros | Senior Masculino | 30:38 | +07:03 | 04:05 |
| 14 | 662 | Nuno Moreira                   | Individual                             | Senior Masculino | 30:46 | +07:11 | 04:06 |
| 15 | 633 | Fábio Vieira                   | Individual                             | Senior Masculino | 30:46 | +07:11 | 04:06 |
| 16 | 668 | Rafael Abreu                   | Individual                             | Senior Masculino | 31:45 | +08:10 | 04:14 |
| 17 | 657 | Miguel Carreira                | Individual                             | Senior Masculino | 31:57 | +08:22 | 04:16 |
| 18 | 672 | Sérgio Ruas                    | Individual                             | Senior Masculino | 32:10 | +08:35 | 04:17 |
| 19 | 547 | Bryan Rodrigues                | FitTraining Academy                    | Senior Masculino | 32:38 | +09:03 | 04:21 |
| 20 | 658 | Miguel Cordeiro Lourenço       | Individual                             | Senior Masculino | 32:57 | +09:22 | 04:24 |
| 21 | 663 | Paulino Ecundi                 | Individual                             | Senior Masculino | 33:01 | +09:26 | 04:24 |
| 22 | 515 | Mário Miguel Ferreira          | ADCP PEDRALVA                          | Senior Masculino | 33:02 | +09:27 | 04:24 |
| 23 | 625 | Bruno Simões Martins           | Individual                             | Senior Masculino | 33:20 | +09:45 | 04:27 |
| 24 | 622 | André Pereira Carnide          | Individual                             | Senior Masculino | 33:33 | +09:59 | 04:28 |
| 25 | 641 | João Gaspar                    | Individual                             | Senior Masculino | 33:46 | +10:11 | 04:30 |
| 26 | 520 | Roberto Fiuza                  | Barras e Bolinhos                      | Senior Masculino | 33:46 | +10:11 | 04:30 |
| 27 | 655 | Miguel Ângelo Delgado Maia     | Individual                             | Senior Masculino | 33:48 | +10:13 | 04:30 |
| 28 | 503 | DAVID MENDES                   | AC VERMOIL                             | Senior Masculino | 33:50 | +10:15 | 04:31 |
| 29 | 638 | Gonçalo Gonçalves              | Individual                             | Senior Masculino | 34:11 | +10:36 | 04:34 |
| 30 | 619 | Álvaro Cunha                   | Individual                             | Senior Masculino | 34:21 | +10:47 | 04:35 |
| 31 | 679 | Vitor Ribeiro                  | Individual                             | Senior Masculino | 34:44 | +11:10 | 04:38 |
| 32 | 521 | Germano Capela                 | CA Barreira                            | Senior Masculino | 35:15 | +11:40 | 04:42 |
| 33 | 649 | José Manuel Gaspar Lopes       | Individual                             | Senior Masculino | 35:24 | +11:49 | 04:43 |
| 34 | 697 | João Tomé Ferreira             | Ratatui Team                           | Senior Masculino | 35:24 | +11:49 | 04:43 |
| 35 | 642 | João Gomes                     | Individual                             | Senior Masculino | 35:26 | +11:51 | 04:43 |
| 36 | 669 | Renato Miguel da Mota Santos   | Individual                             | Senior Masculino | 35:26 | +11:51 | 04:43 |
| 37 | 710 | Pedro Ribeiro                  | Se tu vais, eu vou                     | Senior Masculino | 35:31 | +11:56 | 04:44 |
| 38 | 508 | JAIME SANTOS                   | AC VERMOIL                             | Senior Masculino | 36:05 | +12:30 | 04:49 |
| 39 | 654 | Micael Marcelino               | Individual                             | Senior Masculino | 36:13 | +12:38 | 04:50 |
| 40 | 653 | Maksym Rohatynskyy             | Individual                             | Senior Masculino | 36:30 | +12:55 | 04:52 |
| 41 | 630 | Diogo Trincão                  | Individual                             | Senior Masculino | 36:42 | +13:07 | 04:54 |
| 42 | 552 | Stéphane Lopes                 | FitTraining Academy                    | Senior Masculino | 36:43 | +13:08 | 04:54 |
| 43 | 557 | Carlos Gonçalves               | FullProtein Trail Team                 | Senior Masculino | 36:51 | +13:16 | 04:55 |
| 44 | 674 | Tiago Ferreira                 | Individual                             | Senior Masculino | 36:51 | +13:16 | 04:55 |
| 45 | 536 | David Rodrigues Fernandes      | cscrfcharneca                          | Senior Masculino | 36:54 | +13:19 | 04:55 |
| 46 | 646 | Joel Pedrosa Simões            | Individual                             | Senior Masculino | 37:00 | +13:25 | 04:56 |
| 47 | 512 | VITOR LOPES                    | AC VERMOIL                             | Senior Masculino | 37:00 | +13:26 | 04:56 |
| 48 | 695 | António Mendes                 | Ratatui Team                           | Senior Masculino | 37:02 | +13:27 | 04:56 |
| 49 | 551 | Robson Luiz                    | FitTraining Academy                    | Senior Masculino | 37:10 | +13:35 | 04:57 |

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| Official Timekeeper: Lap2Go | 3 / 5 | generate 23-nov.-2025 12:56 |
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## Corrida

**7,5 KM**

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## OFFICIAL RESULT

[illegible]

|    |     |                                  |                                       |                  |       |        |       |
|----|-----|----------------------------------|---------------------------------------|------------------|-------|--------|-------|
| 50 | 549 | Luís Miguel Gomes Antunes        | FitTraining Academy                   | Senior Masculino | 37:20 | +13:46 | 04:59 |
| 51 | 534 | Pedro Roque                      | CPT SOBTAL DE Ceira                   | Senior Masculino | 37:49 | +14:15 | 05:03 |
| 52 | 664 | Paulo Fonseca                    | Individual                            | Senior Masculino | 37:53 | +14:18 | 05:03 |
| 53 | 665 | Pedro Costa                      | Individual                            | Senior Masculino | 37:54 | +14:19 | 05:03 |
| 54 | 647 | Jonas filho                      | Individual                            | Senior Masculino | 38:09 | +14:34 | 05:05 |
| 55 | 632 | Eduardo Vieira                   | Individual                            | Senior Masculino | 38:17 | +14:43 | 05:06 |
| 56 | 681 | Marco Murgeiro                   | LAMA SOLTA                            | Senior Masculino | 38:28 | +14:53 | 05:08 |
| 57 | 526 | Rui Manuel de Faria              | Casa do Povo de Lavos                 | Senior Masculino | 38:38 | +15:03 | 05:09 |
| 58 | 696 | Bruno Pereira                    | Ratatui Team                          | Senior Masculino | 38:40 | +15:05 | 05:09 |
| 59 | 506 | HELDER GOMES                     | AC VERMOIL                            | Senior Masculino | 38:41 | +15:06 | 05:09 |
| 60 | 652 | luís Pereiea                     | Individual                            | Senior Masculino | 38:49 | +15:14 | 05:10 |
| 61 | 624 | Bavieche Samgi                   | Individual                            | Senior Masculino | 38:54 | +15:19 | 05:11 |
| 62 | 513 | João Sintra                      | ACRM Silveirinha Grande e Claras      | Senior Masculino | 38:55 | +15:20 | 05:11 |
| 63 | 660 | Nuno Barros                      | Individual                            | Senior Masculino | 38:57 | +15:22 | 05:12 |
| 64 | 533 | José Silva                       | Clube de Atletismo os Gaienses/Toyota | Senior Masculino | 38:59 | +15:25 | 05:12 |
| 65 | 629 | Diogo Santos                     | Individual                            | Senior Masculino | 39:14 | +15:40 | 05:14 |
| 66 | 620 | André Cardoso                    | Individual                            | Senior Masculino | 39:43 | +16:08 | 05:18 |
| 67 | 623 | Antonio Ribeiro                  | Individual                            | Senior Masculino | 39:56 | +16:21 | 05:19 |
| 68 | 627 | Dário Neves                      | Individual                            | Senior Masculino | 39:57 | +16:23 | 05:20 |
| 69 | 505 | FILIPE SILVA                     | AC VERMOIL                            | Senior Masculino | 40:10 | +16:35 | 05:21 |
| 70 | 504 | EUGENIO MENDES                   | AC VERMOIL                            | Senior Masculino | 40:44 | +17:09 | 05:26 |
| 71 | 558 | Tiago Francisco                  | FullProtein Trail Team                | Senior Masculino | 40:47 | +17:12 | 05:26 |
| 72 | 709 | Milton Cordeiro                  | Se tu vais, eu vou                    | Senior Masculino | 40:48 | +17:13 | 05:26 |
| 73 | 640 | João Costa                       | Individual                            | Senior Masculino | 40:49 | +17:14 | 05:27 |
| 74 | 707 | Alex G.                          | Se tu vais, eu vou                    | Senior Masculino | 40:50 | +17:15 | 05:27 |
| 75 | 718 | KEVIN SANTOS                     | SOMOS MAIS QUE UM                     | Senior Masculino | 40:51 | +17:16 | 05:27 |
| 76 | 675 | Tiago Gonçalves                  | Individual                            | Senior Masculino | 40:58 | +17:23 | 05:28 |
| 77 | 635 | Francisco Maia Mineiro           | Individual                            | Senior Masculino | 41:04 | +17:29 | 05:29 |
| 78 | 708 | David M.                         | Se tu vais, eu vou                    | Senior Masculino | 41:31 | +17:56 | 05:32 |
| 79 | 659 | Miguel Martins Felgueiras        | Individual                            | Senior Masculino | 41:32 | +17:57 | 05:32 |
| 80 | 639 | Gonçalo Vieira                   | Individual                            | Senior Masculino | 41:37 | +18:02 | 05:33 |
| 81 | 617 | Adriel de sena pedreira          | Individual                            | Senior Masculino | 42:01 | +18:26 | 05:36 |
| 82 | 711 | Pedro S.                         | Se tu vais, eu vou                    | Senior Masculino | 42:02 | +18:27 | 05:36 |
| 83 | 524 | David Henrique dos Santos Cravo  | Caracóis Velozes                      | Senior Masculino | 42:12 | +18:37 | 05:38 |
| 84 | 509 | LEANDRO SANTOS                   | AC VERMOIL                            | Senior Masculino | 42:13 | +18:38 | 05:38 |
| 85 | 699 | Ricardo Silva                    | Ratatui Team                          | Senior Masculino | 42:14 | +18:39 | 05:38 |
| 86 | 700 | Tomás Abreu                      | Ratatui Team                          | Senior Masculino | 42:40 | +19:05 | 05:41 |
| 87 | 529 | Tiago Domingues Lopes            | CERCIPOM Trail Team                   | Senior Masculino | 42:46 | +19:11 | 05:42 |
| 88 | 637 | Gonçalo Gaspar                   | Individual                            | Senior Masculino | 43:03 | +19:28 | 05:44 |
| 89 | 643 | João Mineiro                     | Individual                            | Senior Masculino | 43:09 | +19:34 | 05:45 |
| 90 | 537 | Jorge Manuel Fernandes Figueiral | cscrcharneca                          | Senior Masculino | 43:24 | +19:50 | 05:47 |
| 91 | 698 | Pedro Abreu                      | Ratatui Team                          | Senior Masculino | 43:26 | +19:52 | 05:48 |
| 92 | 667 | Pedro Manuel Rodrigues Dinis     | Individual                            | Senior Masculino | 43:40 | +20:05 | 05:49 |
| 93 | 666 | Pedro Daniel Dias                | Individual                            | Senior Masculino | 44:11 | +20:36 | 05:53 |
| 94 | 651 | Kevin Marques                    | Individual                            | Senior Masculino | 44:21 | +20:46 | 05:55 |
| 95 | 671 | Saulo Nogueira Coutinho          | Individual                            | Senior Masculino | 44:43 | +21:08 | 05:58 |

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| Official Timekeeper: Lap2Go | 4 / 5 | generate 23-nov.-2025 12:56 |
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## Corrida

**7,5 KM**

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## OFFICIAL RESULT

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|     |     |                                    |                                  |                  |          |        |       |
|-----|-----|------------------------------------|----------------------------------|------------------|----------|--------|-------|
| 96  | 514 | Lucídio Dias                       | ACRM Silveirinha Grande e Claras | Senior Masculino | 45:00    | +21:25 | 06:00 |
| 97  | 539 | Rodrigo Cardoso                    | Diabinhos de Samuel              | Senior Masculino | 45:04    | +21:29 | 06:01 |
| 98  | 634 | Fernando Maia9                     | Individual                       | Senior Masculino | 45:22    | +21:47 | 06:03 |
| 99  | 560 | Ilidio Santos                      | Imobiliária Argilipe             | Senior Masculino | 45:29    | +21:55 | 06:04 |
| 100 | 559 | Alexandre Gonçalves                | Imobiliária Argilipe             | Senior Masculino | 45:29    | +21:55 | 06:04 |
| 101 | 561 | Marcelo Ferreira                   | Imobiliária Argilipe             | Senior Masculino | 45:29    | +21:55 | 06:04 |
| 102 | 628 | dino marques                       | Individual                       | Senior Masculino | 46:02    | +22:27 | 06:08 |
| 103 | 1   | Pedro Pimpao                       | Individual                       | Senior Masculino | 46:04    | +22:29 | 06:09 |
| 104 | 535 | Álvaro José Vieira Lopes           | cscrcharneca                     | Senior Masculino | 46:43    | +23:08 | 06:14 |
| 105 | 676 | Tiago Parafita                     | Individual                       | Senior Masculino | 46:54    | +23:20 | 06:15 |
| 106 | 645 | João Pereira                       | Individual                       | Senior Masculino | 47:18    | +23:43 | 06:18 |
| 107 | 670 | Ricardo Brás                       | Individual                       | Senior Masculino | 47:21    | +23:46 | 06:19 |
| 108 | 686 | Paulo Fernando da Costa Neves      | Os Sem Fôlego                    | Senior Masculino | 50:01    | +26:27 | 06:40 |
| 109 | 621 | André Filipe Simões Leonardo       | Individual                       | Senior Masculino | 50:45    | +27:10 | 06:46 |
| 110 | 550 | Mickael Freire                     | FitTraining Academy              | Senior Masculino | 54:11    | +30:36 | 07:14 |
| 111 | 650 | José Pimenta                       | Individual                       | Senior Masculino | 56:32    | +32:57 | 07:32 |
| 112 | 631 | Eduardo Pacheco                    | Individual                       | Senior Masculino | 56:32    | +32:57 | 07:32 |
| 113 | 636 | Gabriel Cordeiro Gaspar Dos Santos | Individual                       | Senior Masculino | 58:52    | +35:17 | 07:51 |
| 114 | 692 | Tomás Adão                         | Pelotão Wi-Fi                    | Senior Masculino | 01:00:18 | +36:44 | 08:02 |
| 115 | 691 | João Tomás                         | Pelotão Wi-Fi                    | Senior Masculino | 01:00:19 | +36:44 | 08:02 |
| 116 | 690 | Fábio Marques                      | Pelotão Wi-Fi                    | Senior Masculino | 01:00:20 | +36:45 | 08:03 |
| 117 | 673 | Tiago André Dias Ricardo           | Individual                       | Senior Masculino | 01:01:30 | +37:56 | 08:12 |
| 118 | 528 | João Fernando Neves Silva Amaral   | CERCIPOM Trail Team              | Senior Masculino | 01:02:02 | +38:27 | 08:16 |
| 119 | 682 | Diogo Oliveira                     | Leiria Marcha Atlético           | Senior Masculino | 01:06:32 | +42:57 | 08:52 |
| 120 | 527 | Diogo André Marques Santos         | CERCIPOM Trail Team              | Senior Masculino | 01:07:11 | +43:37 | 08:58 |
| 121 | 680 | Vitor Schweitzer Thiesen           | Individual                       | Senior Masculino | 01:11:38 | +48:04 | 09:33 |
| 122 | 626 | Claudio Lindolfo Rinnert           | Individual                       | Senior Masculino | 01:11:42 | +48:07 | 09:34 |
| 123 | 644 | João Nascimento                    | Individual                       | Senior Masculino | 01:11:49 | +48:14 | 09:35 |