

21KM - STAGE 1

21 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	18:15	31,1°C	59%
End	21:18	31.1°C	59%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	23	Helder Pires	EV/PERALTAFIL	01:26:24		04:07	
2	21	Rui Gomes	Douroconta	01:31:51	+05:27	04:22	
3	1	JOAQUIM LOPES	Vizela Corre	01:32:40	+06:16	04:25	
4	117	Jorge Daniel Vieira	Runriver-Escola de Atletismo de Rio Tinto	01:34:06	+07:42	04:29	
5	92	João Neves	Individual	01:35:11	+08:47	04:32	
6	127	Américo Santos	Sport Comércio e Salgueiros	01:39:40	+13:16	04:45	
7	126	Francisco Castro	Individual	01:42:12	+15:48	04:52	
8	73	Hugo Sampaio	Individual	01:42:15	+15:51	04:52	
9	5	Paula Santos	All About	01:45:56	+19:33	05:03	
10	83	Hugo Prazeres	Individual	01:45:57	+19:33	05:03	
11	78	Jorge Pinheiro	Individual	01:48:20	+21:56	05:10	
12	58	Pedro Gilvaz	Individual	01:48:35	+22:11	05:10	
13	18	José Macedo	Damira trail team	01:48:48	+22:24	05:11	
14	116	Ricardo Carvalho	Runriver-Escola de Atletismo de Rio Tinto	01:50:32	+24:08	05:16	
15	109	Domingos Silva	Nascidos para Correr - Associação Desportiva	01:51:21	+24:57	05:18	
16	32	Miguel Lopes	Gaia Running	01:51:36	+25:12	05:19	
17	122	Tomé Rodrigues	Tomé Rodrigues	01:52:10	+25:46	05:20	
18	91	Sérgio António Marinho da Silva	Runriver-Escola de Atletismo de Rio Tinto	01:52:30	+26:06	05:21	
19	4	Paula Lage	Furfor Running Project	01:53:19	+26:55	05:24	
20	79	Pedro Paulo	Individual	01:53:33	+27:09	05:24	
21	108	Ricardo Gomes	Nascidos para Correr - Associação Desportiva	01:55:09	+28:45	05:29	
22	103	Manuel Rodrigues	Sporting Clube Espinho/António Leitão	02:01:15	+34:51	05:46	
23	68	Antonio Coentrão	Individual	02:01:28	+35:04	05:47	
24	3	Miguel lopes	Individual	02:01:29	+35:05	05:47	
25	26	Mónica Lopes	Gaia Running	02:02:00	+35:36	05:49	
26	111	Sérgio Sousa	opraticante.pt	02:03:42	+37:18	05:53	
27	20	Alex Cardoso	Dois	02:04:35	+38:11	05:56	
28	19	Jorge Paulo da Silva	Dois	02:04:51	+38:27	05:57	
29	17	Jorge Seabra	Damira trail team	02:05:18	+38:54	05:58	
30	49	Daniel Imanov	Individual	02:05:32	+39:08	05:59	
31	87	Marcos Ourives	Individual	02:06:20	+39:56	06:01	
32	29	João Vieira	Gaia Running	02:07:35	+41:11	06:05	
33	56	Tio Nando	Individual	02:07:43	+41:19	06:05	
34	24	Hugo Cruz	Gaia Running	02:07:52	+41:28	06:05	
35	12	Nuno Freitas	CLUBE NOVO BANCO	02:08:26	+42:02	06:07	
36	90	Pedro Sousa	Individual	02:10:11	+43:47	06:12	
37	118	João Cardoso	Serviços Sociais Montepio Geral	02:10:23	+43:59	06:13	
38	102	Paulo Dias	Individual	02:10:44	+44:20	06:14	
39	55	Pedro Silva	Individual	02:10:54	+44:30	06:14	
40	54	Miguel Costa	Individual	02:10:55	+44:31	06:14	
41	69	bruno costa	Individual	02:11:01	+44:37	06:14	
42	61	Raquel Ferreira	Individual	02:11:21	+44:57	06:15	

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	70	Daniel Vieira	Individual	02:11:26	+45:02	06:16	
44	63	Sandra Amorim	Individual	02:12:20	+45:56	06:18	
45	50	Davide Silva	Individual	02:13:45	+47:21	06:22	
46	65	Maria Pereira	Individual	02:13:47	+47:23	06:22	
47	16	Miguel Gouveia	Corridas & Afins	02:14:07	+47:43	06:23	
48	44	Cláudia Rafaela Neto Rodrigues	Individual	02:14:28	+48:04	06:24	
49	76	Joao Silva	Individual	02:14:53	+48:29	06:25	
50	53	Jorge Sousa	Individual	02:15:14	+48:50	06:26	
51	124	Ivo Oliveira	Individual	02:16:46	+50:22	06:31	
52	15	Joaquim Cunha	Corridas & Afins	02:19:32	+53:08	06:39	
53	14	Vítor M Cardoso	Corre São João	02:20:47	+54:23	06:42	
54	43	Bruno Rafael Barros Alves	Individual	02:21:28	+55:04	06:44	
55	72	Emanuel Pereira	Individual	02:21:31	+55:07	06:44	
56	22	Rui Russo dos Santos	Erdinger Haus	02:22:26	+56:02	06:47	
57	25	Joana Cadinha	Gaia Running	02:22:37	+56:13	06:47	
58	81	Ricardo Ferreira	Individual	02:22:49	+56:25	06:48	
59	6	Alfredo Silva	AMIGOS DA PÍCUA	02:22:54	+56:30	06:48	
60	62	Maria João Varela	Individual	02:22:55	+56:31	06:48	
61	89	Patrício Martins	Individual	02:22:58	+56:34	06:48	
62	84	João Rocha	Individual	02:25:02	+58:38	06:54	
63	41	Barbara Taveira Lisboa	Importante é Participar	02:26:22	+59:58	06:58	
64	31	José Lopes	Gaia Running	02:26:39	+01:00:15	06:59	
65	60	Lola Alves Ribeiro	Individual	02:28:35	+01:02:11	07:05	
66	96	JOSE CORREIA	Individual	02:30:31	+01:04:07	07:10	
67	100	António Alves	Individual	02:31:04	+01:04:40	07:12	
68	86	Marco Vieira	Individual	02:31:30	+01:05:06	07:13	
69	119	Bruce Ascensão	Sole Mates	02:31:32	+01:05:08	07:13	
70	120	Filipe as2	Sole Mates	02:31:32	+01:05:08	07:13	
71	107	Manuel Pereira	MSS Grupo Desportivo de Gondomar	02:31:56	+01:05:32	07:14	
72	71	David Silva	Individual	02:33:12	+01:06:48	07:18	
73	75	Carlos Salvador	Individual	02:33:13	+01:06:49	07:18	
74	27	Antónia Soares	Gaia Running	02:33:28	+01:07:04	07:18	
75	34	Rui Ferraz	Gaia Running	02:33:28	+01:07:04	07:19	
76	77	Joaquim Malheiro	Individual	02:34:22	+01:07:58	07:21	
77	48	Carlos Granja	Individual	02:34:51	+01:08:27	07:22	
78	94	Jose Manuel Mateus Pinhal	Individual	02:35:05	+01:08:41	07:23	
79	105	Mike Kostenko	Kostenko	02:35:44	+01:09:20	07:25	
80	42	Ricardo Taveira Lisboa	Importante é Participar	02:35:52	+01:09:28	07:25	
81	64	Isabel Santos	Individual	02:37:05	+01:10:41	07:29	
82	51	Diogo Nogueira	Individual	02:37:10	+01:10:46	07:29	
83	74	José Raulino	Individual	02:41:36	+01:15:12	07:42	
84	13	Fernando Jacinto Oliveira	Clube Portugal Telecom Zona Norte	02:41:48	+01:15:24	07:42	
85	88	Nuno Dias	Individual	02:41:50	+01:15:26	07:42	
86	121	Paulina soares	Tog Associação Running Team	02:43:05	+01:16:41	07:46	
87	28	Claudia Alvarez	Gaia Running	02:44:57	+01:18:33	07:51	
88	33	Pedro Gonçalves	Gaia Running	02:44:57	+01:18:33	07:51	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	97	José Fernando Pereira Rodrigues	Individual	02:46:27	+01:20:03	07:56	
90	95	Alcindo Silva	Individual	02:46:27	+01:20:03	07:56	
91	45	Joana Dias	Individual	02:46:27	+01:20:03	07:56	
92	99	Paulo Ferreira	Individual	02:48:48	+01:22:24	08:02	
93	67	Maria Melo	Individual	02:50:25	+01:24:01	08:07	
94	39	fernando rocha	GRUPO DESPORTIVO LEÕES DO VENEZA	02:50:40	+01:24:16	08:08	
95	46	Maryna Snizhynska	Individual	02:51:07	+01:24:43	08:09	
96	110	Helena Santos	opraticante.pt	02:51:12	+01:24:48	08:09	
97	11	Ismael Fraga	Centro Cultural D. T. da STCP/N Seguros	02:53:22	+01:26:58	08:15	
98	47	Rosa Maria Silva Gonçalves	Individual	02:53:22	+01:26:58	08:15	
99	10	João Pintado	Centro Cultural D. T. da STCP/N Seguros	02:53:22	+01:26:58	08:15	
100	66	Angela Lopes	Individual	02:58:12	+01:31:48	08:29	
101	101	José Leal	Individual	02:58:12	+01:31:48	08:29	
102	93	JOSE LUIS VILLAVERDE SANISIDRO	Individual	02:58:35	+01:32:11	08:30	
103	106	João Carvalho	LUSOS XXI	03:01:40	+01:35:16	08:39	

21KM

21 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	18:15	31,1°C	59%
End	21:18	31.1°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	43	Bruno Rafael Barros Alves	Individual	Junior Masculino	02:21:28	06:44
2	119	Bruce Ascensão	Sole Mates	Junior Masculino	02:31:32	+10:04 07:13

Senior Feminino

1	44	Cláudia Rafaela Neto Rodrigues	Individual	Senior Feminino	02:14:28	06:24:48
2	45	Joana Dias	Individual	Senior Feminino	02:46:27	+31:59 07:56:47
3	46	Maryna Snizhynska	Individual	Senior Feminino	02:51:07	+36:39 08:09:36
4	47	Rosa Maria Silva Gonçalves	Individual	Senior Feminino	02:53:22	+38:54 08:15:10

Senior Masculino

1	19	Jorge Paulo da Silva	Dois	Senior Masculino	02:04:51	05:57
2	49	Daniel Imanov	Individual	Senior Masculino	02:05:32	+00:40 05:59
3	56	Tio Nando	Individual	Senior Masculino	02:07:43	+02:52 06:05
4	24	Hugo Cruz	Gaia Running	Senior Masculino	02:07:52	+03:01 06:05
5	55	Pedro Silva	Individual	Senior Masculino	02:10:54	+06:02 06:14
6	54	Miguel Costa	Individual	Senior Masculino	02:10:55	+06:03 06:14
7	50	Davide Silva	Individual	Senior Masculino	02:13:45	+08:53 06:22
8	53	Jorge Sousa	Individual	Senior Masculino	02:15:14	+10:22 06:26
9	48	Carlos Granja	Individual	Senior Masculino	02:34:51	+29:59 07:22
10	51	Diogo Nogueira	Individual	Senior Masculino	02:37:10	+32:18 07:29
11	10	João Pintado	Centro Cultural D. T. da STCP/N Seguros	Senior Masculino	02:53:22	+48:30 08:15

Sub 23 Masculino

1	58	Pedro Gilvaz	Individual	Sub 23 Masculino	01:48:35	05:10
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Veterana F35

1	41	Barbara Taveira Lisboa	Importante é Participar	Veterana F35	02:26:22	06:58
2	110	Helena Santos	opraticante.pt	Veterana F35	02:51:12	+24:49 08:09

Veterana F40

1	61	Raquel Ferreira	Individual	Veterana F40	02:11:21	06:15
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OFFICIAL RESULT

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2	60	Lola Alves Ribeiro	Individual	Veterana F40	02:28:35	+17:13	07:05
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Veterana F45

1	4	Paula Lage	Furfor Running Project	Veterana F45	01:53:19	05:24
2	26	Mónica Lopes	Gaia Running	Veterana F45	02:02:00	+08:40 05:49
3	25	Joana Cadinha	Gaia Running	Veterana F45	02:22:37	+29:17 06:47
4	62	Maria João Varela	Individual	Veterana F45	02:22:55	+29:35 06:48

Veterana F50

1	5	Paula Santos	All About	Veterana F50	01:45:56	05:03
2	63	Sandra Amorim	Individual	Veterana F50	02:12:20	+26:23 06:18
3	27	Antónia Soares	Gaia Running	Veterana F50	02:33:28	+47:31 07:18

Veterana F55

1	65	Maria Pereira	Individual	Veterana F55	02:13:47	06:22
2	64	Isabel Santos	Individual	Veterana F55	02:37:05	+23:18 07:29

Veterana F60

1	121	Paulina soares	Tog Associação Running Team	Veterana F60	02:43:05	07:46
2	28	Claudia Alvarez	Gaia Running	Veterana F60	02:44:57	+01:51 07:51
3	67	Maria Melo	Individual	Veterana F60	02:50:25	+07:19 08:07
4	66	Angela Lopes	Individual	Veterana F60	02:58:12	+15:06 08:29

Veterano M35

1	23	Helder Pires	EV/PERALTAFIL	Veterano M35	01:26:24	04:07
2	73	Hugo Sampaio	Individual	Veterano M35	01:42:15	+15:51 04:52
3	108	Ricardo Gomes	Nascidos para Correr - Associação Desportiva	Veterano M35	01:55:09	+28:45 05:29
4	68	Antonio Coentrão	Individual	Veterano M35	02:01:28	+35:04 05:47
5	29	João Vieira	Gaia Running	Veterano M35	02:07:35	+41:11 06:05
6	69	bruno costa	Individual	Veterano M35	02:11:01	+44:37 06:14
7	70	Daniel Vieira	Individual	Veterano M35	02:11:26	+45:02 06:16
8	72	Emanuel Pereira	Individual	Veterano M35	02:21:31	+55:07 06:44
9	71	David Silva	Individual	Veterano M35	02:33:12	+01:06:47 07:18
10	42	Ricardo Taveira Lisboa	Importante é Participar	Veterano M35	02:35:52	+01:09:27 07:25
11	74	José Raulino	Individual	Veterano M35	02:41:36	+01:15:12 07:42

21KM

21 KM

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OFFICIAL RESULT

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Veterano M40

1	126	Francisco Castro	Individual	Veterano M40	01:42:12	04:52
2	78	Jorge Pinheiro	Individual	Veterano M40	01:48:20	+06:07 05:10
3	116	Ricardo Carvalho	Runriver-Escola de Atletismo de Rio Tinto	Veterano M40	01:50:32	+08:19 05:16
4	122	Tomé Rodrigues	Tomé Rodrigues	Veterano M40	01:52:10	+09:57 05:20
5	79	Pedro Paulo	Individual	Veterano M40	01:53:33	+11:20 05:24
6	111	Sérgio Sousa	opraticante.pt	Veterano M40	02:03:42	+21:29 05:53
7	20	Alex Cardoso	Dois	Veterano M40	02:04:35	+22:23 05:56
8	76	Joao Silva	Individual	Veterano M40	02:14:53	+32:40 06:25
9	81	Ricardo Ferreira	Individual	Veterano M40	02:22:49	+40:37 06:48
10	75	Carlos Salvador	Individual	Veterano M40	02:33:13	+51:00 07:18
11	77	Joaquim Malheiro	Individual	Veterano M40	02:34:22	+52:09 07:21
12	105	Mike Kostenko	Kostenko	Veterano M40	02:35:44	+53:31 07:25
13	106	João Carvalho	LUSOS XXI	Veterano M40	03:01:40	+01:19:27 08:39

Veterano M45

1	21	Rui Gomes	Douroconta	Veterano M45	01:31:51	04:22
2	117	Jorge Daniel Vieira	Runriver-Escola de Atletismo de Rio Tinto	Veterano M45	01:34:06	+02:15 04:29
3	83	Hugo Prazeres	Individual	Veterano M45	01:45:57	+14:05 05:03
4	109	Domingos Silva	Nascidos para Correr - Associação Desportiva	Veterano M45	01:51:21	+19:30 05:18
5	32	Miguel Lopes	Gaia Running	Veterano M45	01:51:36	+19:44 05:19
6	91	Sérgio António Marinho da Silva	Runriver-Escola de Atletismo de Rio Tinto	Veterano M45	01:52:30	+20:39 05:21
7	3	Miguel lopes	Individual	Veterano M45	02:01:29	+29:37 05:47
8	17	Jorge Seabra	Damira trail team	Veterano M45	02:05:18	+33:27 05:58
9	87	Marcos Ourives	Individual	Veterano M45	02:06:20	+34:28 06:01
10	90	Pedro Sousa	Individual	Veterano M45	02:10:11	+38:19 06:12
11	124	Ivo Oliveira	Individual	Veterano M45	02:16:46	+44:54 06:31
12	89	Patrício Martins	Individual	Veterano M45	02:22:58	+51:06 06:48
13	84	João Rocha	Individual	Veterano M45	02:25:02	+53:10 06:54
14	31	José Lopes	Gaia Running	Veterano M45	02:26:39	+54:47 06:59
15	86	Marco Vieira	Individual	Veterano M45	02:31:30	+59:38 07:13
16	120	Filipe as2	Sole Mates	Veterano M45	02:31:32	+59:41 07:13
17	88	Nuno Dias	Individual	Veterano M45	02:41:50	+01:09:58 07:42
18	11	Ismael Fraga	Centro Cultural D. T. da STCP/N Seguros	Veterano M45	02:53:22	+01:21:30 08:15

Veterano M50

1	92	João Neves	Individual	Veterano M50	01:35:11	04:32
2	127	Américo Santos	Sport Comércio e Salgueiros	Veterano M50	01:39:40	+04:28 04:45
3	12	Nuno Freitas	CLUBE NOVO BANCO	Veterano M50	02:08:26	+33:14 06:07

21KM

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21 KM

OFFICIAL RESULT

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4	118	João Cardoso	Serviços Sociais Montepio Geral	Veterano M50	02:10:23	+35:12	06:13
5	16	Miguel Gouveia	Corridas & Afins	Veterano M50	02:14:07	+38:56	06:23
6	15	Joaquim Cunha	Corridas & Afins	Veterano M50	02:19:32	+44:21	06:39
7	94	Jose Manuel Mateus Pinhal	Individual	Veterano M50	02:35:05	+59:54	07:23
8	33	Pedro Gonçalves	Gaia Running	Veterano M50	02:44:57	+01:09:46	07:51
9	93	JOSE LUIS VILLAVERDE SANISIDRO	Individual	Veterano M50	02:58:35	+01:23:23	08:30

Veterano M55

1	18	José Macedo	Damira trail team	Veterano M55	01:48:48	05:11
2	14	Vítor M Cardoso	Corre São João	Veterano M55	02:20:47	+31:59 06:42
3	96	JOSE CORREIA	Individual	Veterano M55	02:30:31	+41:43 07:10
4	34	Rui Ferraz	Gaia Running	Veterano M55	02:33:28	+44:40 07:19
5	13	Fernando Jacinto Oliveira	Clube Portugal Telecom Zona Norte	Veterano M55	02:41:48	+53:00 07:42
6	97	José Fernando Pereira Rodrigues	Individual	Veterano M55	02:46:27	+57:38 07:56
7	95	Alcindo Silva	Individual	Veterano M55	02:46:27	+57:39 07:56
8	99	Paulo Ferreira	Individual	Veterano M55	02:48:48	+01:00:00 08:02

Veterano M60

1	1	JOAQUIM LOPES	Vizela Corre	Veterano M60	01:32:40	04:25
2	102	Paulo Dias	Individual	Veterano M60	02:10:44	+38:04 06:14
3	22	Rui Russo dos Santos	Erdinger Haus	Veterano M60	02:22:26	+49:46 06:47
4	6	Alfredo Silva	AMIGOS DA PÍCUA	Veterano M60	02:22:54	+50:14 06:48
5	100	António Alves	Individual	Veterano M60	02:31:04	+58:24 07:12
6	101	José Leal	Individual	Veterano M60	02:58:12	+01:25:32 08:29

Veterano M65

1	107	Manuel Pereira	MSS Grupo Desportivo de Gondomar	Veterano M65	02:31:56	07:14
2	39	fernando rocha	GRUPO DESPORTIVO LEÕES DO VENEZA	Veterano M65	02:50:40	+18:43 08:08

Veterano M70

1	103	Manuel Rodrigues	Sporting Clube Espinho/António Leitão	Veterano M70	02:01:15	05:46
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Official Timekeeper: Lap2Go	1 / 1	generate 28-jun.-2025 21:15
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14KM - STAGE 1

14 KM

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	18:00	30,9°C	61%
End	20:20	30.9°C	61%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1001	Fábio Oliveira	Individual	54:50		03:55	
2	1003	Luís Gomes	MSS Grupo Desportivo de Gondomar	56:59	+02:09	04:04	
3	1051	Ricardo Barros	Individual	58:51	+04:01	04:12	
4	1020	Ricardo Brandão	Gens SC Trail	01:01:06	+06:16	04:22	
5	1005	Marta Martins	GDC Guilhovai	01:01:07	+06:17	04:22	
6	1019	André Almeida	Gens SC Trail	01:01:15	+06:25	04:23	
7	1016	Sérgio Pinto	Escola de Atletismo da Trofa	01:03:21	+08:31	04:32	
8	1092	Manuel Curral	ARA-Alfandeguense	01:04:20	+09:30	04:36	
9	1067	Americo Areias	Individual	01:04:24	+09:34	04:36	
10	1023	Rui Miguel Duarte Henriques	GRUPO DESPORTIVO SANTANDER TOTTA	01:04:30	+09:40	04:36	
11	1013	Bruno Santos	Douroconta	01:05:24	+10:34	04:40	
12	1066	Victor Fernandes	Individual	01:06:03	+11:13	04:43	
13	1021	Paulo Jorge	Gens SC Trail	01:07:57	+13:07	04:51	
14	1002	Lucinda Sousa	Individual	01:11:41	+16:51	05:07	
15	1069	João Correia	Individual	01:11:42	+16:52	05:07	
16	1014	Rogério Moreira	Douroconta	01:12:01	+17:11	05:09	
17	1071	João Pinto	Individual	01:12:41	+17:51	05:12	
18	1017	Cristiana Santos	EV/PERALTAFIL	01:17:06	+22:16	05:30	
19	1053	Hélder António de Oliveira Mendes	Individual	01:19:16	+24:26	05:40	
20	1042	Sandra Lage	Boavista Trail	01:23:00	+28:10	05:56	
21	1012	Júlio Macedo	Damira trail team	01:26:03	+31:13	06:09	
22	1075	ANTÓNIO SILVA	Individual	01:26:29	+31:39	06:11	
23	1024	Daniel Lara	Boavista Trail	01:26:35	+31:45	06:11	
24	1037	João Varão	Individual	01:27:22	+32:32	06:14	
25	1072	José Matos	Boavista Trail	01:27:40	+32:50	06:16	
26	1033	Claudio Rodrigues	Individual	01:27:44	+32:54	06:16	
27	1059	DOTAN GOREN	Individual	01:29:00	+34:10	06:21	
28	1009	Ariane Fontes	Correndo de problemas	01:32:43	+37:53	06:37	
29	1027	Catarina Lage	Individual	01:34:32	+39:42	06:45	
30	1032	Bruno Miguel Alves Pacheco	Individual	01:34:41	+39:51	06:46	
31	1007	António Mota	CAP-CENTRO ATLETISMO DO PORTO	01:35:29	+40:39	06:49	
32	1052	Daniel Sousa	Individual	01:35:30	+40:40	06:49	
33	1050	Joaquin de oliveira	Individual	01:36:42	+41:52	06:54	
34	1060	Filipe Ferreira	Individual	01:38:26	+43:36	07:02	
35	1061	Francisco Cardona	Individual	01:39:35	+44:45	07:07	
36	1074	Paulo Lara	Boavista Trail	01:39:46	+44:56	07:08	
37	1065	Rui Manuel Vilas Boas Alves	Individual	01:39:57	+45:07	07:08	
38	1054	Pedro Azevedo	Individual	01:39:57	+45:07	07:08	
39	1088	Fernando Paiva	Trups	01:43:15	+48:25	07:23	
40	1062	Márcio Ferreira	Individual	01:43:31	+48:41	07:24	
41	1039	Camila Guedes	Individual	01:43:33	+48:43	07:24	
42	1056	Tiago Salgado	Individual	01:43:33	+48:43	07:24	

14KM - STAGE 1

14 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1085	Clara Pacheco	Serviços Sociais Montepio Geral	01:44:15	+49:25	07:27	
44	1086	Agostinho Pacheco	Serviços Sociais Montepio Geral	01:44:15	+49:25	07:27	
45	1089	Nuno José Borges de Pinho Monteiro	TURBOLENTOS	01:47:22	+52:32	07:40	
46	1045	Maria de Fátima Teixeira dos Santos	Individual	01:47:23	+52:33	07:40	
47	1079	Serafim Fonseca	MSS Grupo Desportivo de Gondomar	01:49:16	+54:26	07:48	
48	1077	ABILIO SOARES	Individual	01:49:53	+55:03	07:51	
49	1011	Cláudia Cardinal	Correndo de problemas	01:51:07	+56:17	07:56	
50	1046	Susana Oliveira	Individual	01:53:31	+58:41	08:07	
51	1040	Lara Reis	Individual	01:53:41	+58:51	08:07	
52	1034	Daniel Duarte Marques Oliveira	Individual	01:53:56	+59:06	08:08	
53	1029	Diana Margarida de Almeida Guerra	Individual	01:53:56	+59:06	08:08	
54	1041	Joana FRANCO ROCHA	Individual	01:53:56	+59:06	08:08	
55	1025	Carla Ferreira	Individual	01:53:57	+59:07	08:08	
56	1031	Patricia Pereira	Individual	01:54:21	+59:31	08:10	
57	1091	Carla Lopes	Cruz Vermelha	01:54:43	+59:53	08:12	
58	1082	Teresa Reis	Petrus Runners	01:57:23	+01:02:33	08:23	
59	1087	Artur Carvalho	Serviços Sociais Montepio Geral	01:57:24	+01:02:34	08:23	
60	1015	Fernando Coutinho	EquipaBoot	01:57:39	+01:02:49	08:24	
61	1080	Orlando Oliveira	Orlando Oliveira	01:58:05	+01:03:15	08:26	
62	1035	Fábio Pinto	Individual	01:58:35	+01:03:45	08:28	
63	1063	Marco Teixeira	Individual	02:00:50	+01:06:00	08:38	
64	1030	Joana Andrade	Individual	02:01:07	+01:06:17	08:39	
65	1026	Carolina Sousa	Individual	02:01:07	+01:06:17	08:39	
66	1090	Teresa Silva	Cruz Vermelha	02:01:09	+01:06:19	08:39	
67	1078	Lígia Ribeiro	Leões de Tardariz Trail	02:01:38	+01:06:48	08:41	
68	1018	Lurdes Sanguedo	Gens SC Trail	02:02:11	+01:07:21	08:44	
69	1006	Conceição Mota	CAP-CENTRO ATLETISMO DO PORTO	02:02:11	+01:07:21	08:44	
70	1068	Filipe José Pimenta Gomes	Individual	02:02:11	+01:07:21	08:44	
71	1038	Rúben Gonçalves	Individual	02:03:40	+01:08:50	08:50	
72	1047	Susana Soares	Individual	02:07:27	+01:12:37	09:06	
73	1076	Jose Carlos Stella da Silva	Individual	02:07:28	+01:12:38	09:06	
74	1044	Madalena Santos	Individual	02:08:44	+01:13:54	09:12	
75	1022	Sandra Antunes Cunha	GRUPO DESPORTIVO SANTANDER TOTTA	02:08:54	+01:14:04	09:12	
76	1083	Jorge Santos	Petrus Runners	02:08:54	+01:14:04	09:12	
77	1081	Hermínia Oliveira	Os Pressinhas	02:09:25	+01:14:35	09:15	
78	1028	Daniela Moreira	Individual	02:10:14	+01:15:24	09:18	
79	1043	Susana Carvalho	Individual	02:10:14	+01:15:24	09:18	
80	1048	Maria Praça	Individual	02:15:18	+01:20:28	09:40	
81	1049	Teresa Bessa	Individual	02:15:19	+01:20:29	09:40	
82	1010	Carla Aguiar	Correndo de problemas	02:20:04	+01:25:14	10:00	

14KM

14 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	18:00	30,9°C	61%
End	20:20	30.9°C	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Juvenil Masculino

1	1024	Daniel Lara	Boavista Trail	Juvenil Masculino	01:26:35	06:11
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Senior Feminino

1	1005	Marta Martins	GDC Guilhovai	Senior Feminino	01:01:07		04:22
2	1027	Catarina Lage	Individual	Senior Feminino	01:34:32	+33:24	06:45
3	1029	Diana Margarida de Almeida Guerra	Individual	Senior Feminino	01:53:56	+52:48	08:08
4	1025	Carla Ferreira	Individual	Senior Feminino	01:53:57	+52:50	08:08
5	1031	Patricia Pereira	Individual	Senior Feminino	01:54:21	+53:13	08:10
6	1030	Joana Andrade	Individual	Senior Feminino	02:01:07	+01:00:00	08:39
7	1026	Carolina Sousa	Individual	Senior Feminino	02:01:07	+01:00:00	08:39
8	1028	Daniela Moreira	Individual	Senior Feminino	02:10:14	+01:09:06	09:18

Senior Masculino

1	1001	Fábio Oliveira	Individual	Senior Masculino	54:50	03:55
2	1003	Luís Gomes	MSS Grupo Desportivo de Gondomar	Senior Masculino	56:59	+02:09 04:04
3	1092	Manuel Curral	ARA-Alfandeguense	Senior Masculino	01:04:20	+09:30 04:36
4	1037	João Varão	Individual	Senior Masculino	01:27:22	+32:32 06:14
5	1033	Claudio Rodrigues	Individual	Senior Masculino	01:27:44	+32:54 06:16
6	1032	Bruno Miguel Alves Pacheco	Individual	Senior Masculino	01:34:41	+39:51 06:46
7	1034	Daniel Duarte Marques Oliveira	Individual	Senior Masculino	01:53:56	+59:05 08:08
8	1035	Fábio Pinto	Individual	Senior Masculino	01:58:35	+01:03:45 08:28
9	1038	Rúben Gonçalves	Individual	Senior Masculino	02:03:40	+01:08:50 08:50

Sub 23 Masculino

1	1012	Júlio Macedo	Damira trail team	Sub 23 Masculino	01:26:03	06:09
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Veterana F35

1	1017	Cristiana Santos	EV/PERALTAFIL	Veterana F35	01:17:06	05:30
2	1009	Ariane Fontes	Correndo de problemas	Veterana F35	01:32:43	+15:37 06:37
3	1039	Camila Guedes	Individual	Veterana F35	01:43:33	+26:27 07:24
4	1040	Lara Reis	Individual	Veterana F35	01:53:41	+36:34 08:07

14KM

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14 KM

OFFICIAL RESULT

[illegible]

Veterana F40

1	1011	Cláudia Cardinal	Correndo de problemas	Veterana F40	01:51:07	07:56
2	1041	Joana FRANCO ROCHA	Individual	Veterana F40	01:53:56	+02:48 08:08
3	1091	Carla Lopes	Cruz Vermelha	Veterana F40	01:54:43	+03:35 08:12
4	1078	Lígia Ribeiro	Leões de Tardariz Trail	Veterana F40	02:01:38	+10:31 08:41
5	1010	Carla Aguiar	Correndo de problemas	Veterana F40	02:20:04	+28:57 10:00

Veterana F45

1	1042	Sandra Lage	Boavista Trail	Veterana F45	01:23:00	05:56
2	1043	Susana Carvalho	Individual	Veterana F45	02:10:14	+47:13 09:18

Veterana F50

1	1002	Lucinda Sousa	Individual	Veterana F50	01:11:41	05:07
2	1085	Clara Pacheco	Serviços Sociais Montepio Geral	Veterana F50	01:44:15	+32:33 07:27
3	1045	Maria de Fátima Teixeira dos Santos	Individual	Veterana F50	01:47:23	+35:41 07:40
4	1046	Susana Oliveira	Individual	Veterana F50	01:53:31	+41:49 08:07
5	1082	Teresa Reis	Petrus Runners	Veterana F50	01:57:23	+45:42 08:23
6	1090	Teresa Silva	Cruz Vermelha	Veterana F50	02:01:09	+49:27 08:39
7	1018	Lurdes Sanguedo	Gens SC Trail	Veterana F50	02:02:11	+50:29 08:44
8	1047	Susana Soares	Individual	Veterana F50	02:07:27	+55:45 09:06
9	1044	Madalena Santos	Individual	Veterana F50	02:08:44	+57:02 09:12
10	1022	Sandra Antunes Cunha	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana F50	02:08:54	+57:12 09:12

Veterana F55

1	1081	Hermínia Oliveira	Os Pressinhas	Veterana F55	02:09:25	09:15:30
2	1048	Maria Praça	Individual	Veterana F55	02:15:18	+05:53 09:40:48
3	1049	Teresa Bessa	Individual	Veterana F55	02:15:19	+05:53 09:40:49

Veterana F65

1	1006	Conceição Mota	CAP-CENTRO ATLETISMO DO PORTO	Veterana F65	02:02:11	08:44
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Veterano M35

1	1051	Ricardo Barros	Individual	Veterano M35	58:51		04:12
2	1013	Bruno Santos	Douroconta	Veterano M35	01:05:24	+06:32	04:40
3	1014	Rogério Moreira	Douroconta	Veterano M35	01:12:01	+13:09	05:09

14KM

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14 KM

OFFICIAL RESULT

[illegible]

4	1050	Joaquin de oliveira	Individual	Veterano M35	01:36:42	+37:51	06:54
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Veterano M40

1	1020	Ricardo Brandão	Gens SC Trail	Veterano M40	01:01:06	04:22
2	1019	André Almeida	Gens SC Trail	Veterano M40	01:01:15	+00:09 04:23
3	1053	Hélder António de Oliveira Mendes	Individual	Veterano M40	01:19:16	+18:09 05:40
4	1052	Daniel Sousa	Individual	Veterano M40	01:35:30	+34:23 06:49
5	1054	Pedro Azevedo	Individual	Veterano M40	01:39:57	+38:50 07:08
6	1056	Tiago Salgado	Individual	Veterano M40	01:43:33	+42:27 07:24

Veterano M45

1	1066	Victor Fernandes	Individual	Veterano M45	01:06:03	04:43
2	1021	Paulo Jorge	Gens SC Trail	Veterano M45	01:07:57	+01:53 04:51
3	1059	DOTAN GOREN	Individual	Veterano M45	01:29:00	+22:57 06:21
4	1060	Filipe Ferreira	Individual	Veterano M45	01:38:26	+32:22 07:02
5	1061	Francisco Cardona	Individual	Veterano M45	01:39:35	+33:31 07:07
6	1065	Rui Manuel Vilas Boas Alves	Individual	Veterano M45	01:39:57	+33:53 07:08
7	1062	Márcio Ferreira	Individual	Veterano M45	01:43:31	+37:27 07:24
8	1063	Marco Teixeira	Individual	Veterano M45	02:00:50	+54:47 08:38

Veterano M50

1	1016	Sérgio Pinto	Escola de Atletismo da Trofa	Veterano M50	01:03:21	04:32
2	1067	Americo Areias	Individual	Veterano M50	01:04:24	+01:02 04:36
3	1023	Rui Miguel Duarte Henriques	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M50	01:04:30	+01:08 04:36
4	1069	João Correia	Individual	Veterano M50	01:11:42	+08:20 05:07
5	1071	João Pinto	Individual	Veterano M50	01:12:41	+09:20 05:12
6	1072	José Matos	Boavista Trail	Veterano M50	01:27:40	+24:19 06:16
7	1074	Paulo Lara	Boavista Trail	Veterano M50	01:39:46	+36:25 07:08
8	1088	Fernando Paiva	Trups	Veterano M50	01:43:15	+39:54 07:23
9	1086	Agostinho Pacheco	Serviços Sociais Montepio Geral	Veterano M50	01:44:15	+40:53 07:27
10	1087	Artur Carvalho	Serviços Sociais Montepio Geral	Veterano M50	01:57:24	+54:02 08:23
11	1015	Fernando Coutinho	EquipaBoot	Veterano M50	01:57:39	+54:17 08:24
12	1068	Filipe José Pimenta Gomes	Individual	Veterano M50	02:02:11	+58:50 08:44
13	1083	Jorge Santos	Petrus Runners	Veterano M50	02:08:54	+01:05:32 09:12

Veterano M60

1	1075	ANTÓNIO SILVA	Individual	Veterano M60	01:26:29	06:11
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14KM

14 KM

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OFFICIAL RESULT

[illegible]

Veterano M65

1	1007	António Mota	CAP-CENTRO ATLETISMO DO PORTO	Veterano M65	01:35:29	06:49
2	1076	Jose Carlos Stella da Silva	Individual	Veterano M65	02:07:28	+31:59 09:06

Veterano M70

1	1089	Nuno José Borges de Pinho Monteiro	TURBOLENTOS	Veterano M70	01:47:22	07:40
2	1079	Serafim Fonseca	MSS Grupo Desportivo de Gondomar	Veterano M70	01:49:16	+01:54 07:48
3	1077	ABILIO SOARES	Individual	Veterano M70	01:49:53	+02:30 07:51
4	1080	Orlando Oliveira	Orlando Oliveira	Veterano M70	01:58:05	+10:42 08:26

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Official Timekeeper: Lap2Go	1 / 1	generate 28-jun.-2025 20:58
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CAMINHADA - STAGE 1

9 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	18:00	30,9°C	61%
End	20:30	30.9°C	61%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2067	Rafael Barquinha	Individual	01:10:44		07:52	
2	2002	Inês Monge	Correndo de problemas	01:15:02	+04:18	08:20	
3	2057	Antonio Francisco Teixeira rosário	Individual	01:22:19	+11:35	09:09	
4	2025	Daniela Rosário	Individual	01:22:19	+11:35	09:09	
5	2040	Maria Oliveira	Individual	01:27:41	+16:57	09:45	
6	2064	João Tiago Pereira	Individual	01:28:32	+17:48	09:50	
7	2020	Ana Beatriz Leite Machado	Individual	01:28:33	+17:49	09:50	
8	2056	Virbelly esparza	Individual	01:34:09	+23:25	10:28	
9	2058	armandino cramez	Individual	01:36:58	+26:14	10:46	
10	2051	Silvana Isabel Isidro Leite da Silva	Individual	01:37:55	+27:11	10:53	
11	2048	Rute Silva	Individual	01:37:57	+27:13	10:53	
12	2062	David Barquinha	Individual	01:39:31	+28:47	11:03	
13	2053	SONIA FILIPA da silva	Individual	01:39:52	+29:08	11:06	
14	2059	Avelino Pacheco	Individual	01:39:53	+29:09	11:06	
15	2037	Maria Correia	Individual	01:43:15	+32:31	11:28	
16	2011	Alexandre Vicente Benídio	Família Benídio	01:46:57	+36:13	11:53	
17	2015	Rui Alves	Gaia Running	01:47:07	+36:23	11:54	
18	2001	Andreia Santos	CSRDC Santiago	01:49:56	+39:12	12:13	
19	2014	Fábio França	Gaia Running	01:51:23	+40:39	12:23	
20	2013	Helen Palma	Gaia Running	01:51:23	+40:39	12:23	
21	2024	Cristina Monteiro	Individual	01:51:32	+40:48	12:24	
22	2073	Rosa Pereira	MSS Grupo Desportivo de Gondomar	01:51:40	+40:56	12:24	
23	2022	Cátia Silva	Gaia Running	01:52:46	+42:02	12:32	
24	2012	Aline Trevisan	Gaia Running	01:52:54	+42:10	12:33	
25	2009	Estefânia Silva	Estefânia Silva	01:55:23	+44:39	12:49	
26	2090	Margarida Oliveira	Trups	01:55:23	+44:39	12:49	
27	2044	Paula Marques	Individual	01:56:49	+46:05	12:59	
28	2061	Carlos Ferreira	Individual	01:56:50	+46:06	12:59	
29	2042	Monica Vilela	Individual	01:57:34	+46:50	13:04	
30	2045	Raquel Santos	Individual	01:57:35	+46:51	13:04	
31	2027	Fernanda Ferreira	Individual	01:57:41	+46:57	13:05	
32	2031	Isabel Pinheiro	Individual	01:57:41	+46:57	13:05	
33	2075	Helena Maria da Conceição Loureiro Ferreira	Ótimaas	01:59:53	+49:09	13:19	
34	2076	Maria Madalena Magalhães de Castro	Ótimaas	01:59:54	+49:10	13:19	
35	2074	Claudia Maria da Conceição Loureiro Maia	Ótimaas	01:59:55	+49:11	13:19	
36	2003	Miss Oliveira	Correndo de problemas	02:03:39	+52:55	13:44	
37	2004	Susana Silva	Correndo de problemas	02:03:39	+52:55	13:44	
38	2084	Hélder Ribeiro	Taylors	02:03:49	+53:05	13:45	
39	2082	Fátima Cardoso	Taylors	02:03:50	+53:06	13:46	
40	2049	Sandra Cristina Sandra	Individual	02:04:54	+54:10	13:53	

CAMINHADA - STAGE 1

9 KM

[illegible]

UNOFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	2050	sandra sousa	Individual	02:04:55	+54:11	13:53	
42	2060	Berto castro	Individual	02:07:38	+56:54	14:11	
43	2054	Valeria castro	Individual	02:07:38	+56:54	14:11	
44	2038	Maria Eugénia Fernandes	Individual	02:11:36	+01:00:52	14:37	
45	2039	Maria Fernanda Alves	Individual	02:11:36	+01:00:52	14:37	
46	2017	Manuela Castro	Gens SC Trail	02:11:47	+01:01:03	14:39	
47	2016	Dulce Sanguedo	Gens SC Trail	02:11:47	+01:01:03	14:39	
48	2019	Pascal Rochatte	Gens SC Trail	02:11:48	+01:01:04	14:39	
49	2018	Zélia Sousa	Gens SC Trail	02:11:48	+01:01:04	14:39	
50	2046	Rosa Braga	Individual	02:13:48	+01:03:04	14:52	
51	2068	Santiago Camelo	Individual	02:15:45	+01:05:01	15:05	
52	2086	Ema Tomé Morais	Tomé Morais	02:15:45	+01:05:01	15:05	
53	2088	Dinis Tomé Morais	Tomé Morais	02:15:45	+01:05:01	15:05	
54	2087	Joana Tomé	Tomé Morais	02:15:46	+01:05:02	15:05	
55	2026	Fátima Ribeiro	Individual	02:17:14	+01:06:30	15:15	
56	2005	Maria Teresa Feijó	Corridas & Afins	02:17:15	+01:06:31	15:15	
57	2071	Alla Korchuganova	Kostenko	02:17:29	+01:06:45	15:17	
58	2072	Mila Kostenko	Kostenko	02:17:29	+01:06:45	15:17	
59	2006	Natália Ferreira	Corridas & Afins	02:17:30	+01:06:46	15:17	
60	2008	Ricardo Ferreira	Corridas & Afins	02:17:31	+01:06:47	15:17	
61	2007	Vanessa Ribeiro	Corridas & Afins	02:17:31	+01:06:47	15:17	
62	2089	Hugo Morais	Tomé Morais	02:19:42	+01:08:58	15:31	
63	2036	Maria Alzamora	Individual	02:21:28	+01:10:44	15:43	
64	2041	Mariana Cabral	Individual	02:21:30	+01:10:46	15:43	