

MEIA MARATONA - STAGE 1

21,097 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	16,2°C	76%
End	12:55	16,2°C	76%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	5460	Carlos Costa	VIZELA	01:06:26		03:09	
2	5551	Nuno Fernandes	VIZELA	01:07:36	+01:10	03:12	
3	5492	Tiago Costa	VTSC	01:07:49	+01:23	03:13	
4	5463	Bruno Silva	VIZELA	01:08:41	+02:15	03:15	
5	5504	Luís Saraiva	VTSC	01:10:22	+03:56	03:20	
6	5503	João Antunes	VTSC	01:10:25	+03:59	03:20	
7	5583	Rui Muga	CAMC	01:10:26	+04:00	03:20	
8	5502	Miguel Vieira	VTSC	01:10:27	+04:01	03:20	
9	5289	Renato Teixeira	GDG	01:10:39	+04:13	03:21	
10	5499	João Carvalho	VTSC	01:11:26	+05:00	03:23	
11	5505	Denis Tellado	VTSC	01:11:28	+05:02	03:23	
12	5498	Tiago Freitas	VTSC	01:11:43	+05:17	03:24	
13	5465	Rafael Pereira	VIZELA	01:12:02	+05:36	03:25	
14	5654	Rui Silva	CDSSC	01:12:26	+06:00	03:26	
15	5501	Bruno Abreu	VTSC	01:12:34	+06:08	03:26	
16	5461	Nuno Costa	VIZELA	01:13:05	+06:39	03:28	
17	5655	José Moreira	CDSSC	01:13:08	+06:42	03:28	
18	5490	Henrique Costa	ELCT	01:13:34	+07:08	03:29	
19	5471	Leandro Gonçalves	ELCT	01:13:40	+07:14	03:29	
20	5462	Rui Fernandes	VIZELA	01:14:56	+08:30	03:33	
21	5653	Cristiano Ribeiro	CDSSC	01:16:00	+09:34	03:36	
22	5584	Daniel Cruz	CAMC	01:16:36	+10:10	03:38	
23	5494	Mónica Silva	CDSSC	01:16:43	+10:17	03:38	
24	5478	Sérgio Salgueiro	ELCT	01:16:43	+10:17	03:38	
25	5652	Duarte Queirós	CDSSC	01:17:36	+11:10	03:41	
26	5202	Adelino Sousa	Individual	01:17:48	+11:22	03:41	
27	5491	João Castro	ELCT	01:17:55	+11:29	03:42	
28	5329	Bruno Cunha	Individual	01:18:14	+11:48	03:43	
29	5510	Jorge Freitas	VTSC	01:18:26	+12:00	03:43	
30	5509	André Machado	VTSC	01:18:31	+12:05	03:43	
31	5561	Marco Faria	VIZELA	01:18:38	+12:12	03:44	
32	5529	Andreia Santos	CAST	01:18:52	+12:26	03:44	
33	5685	Carlos Silva	AD Vila Chã do Marão	01:20:12	+13:46	03:48	
34	5606	Rui Teixeira	AD Vila Chã do Marão	01:20:13	+13:47	03:48	
35	5475	Pedro Fernandes	ELCT	01:20:48	+14:22	03:50	
36	5656	João Anjos	CDSSC	01:20:49	+14:23	03:50	
37	5139	Tiago Silva	Individual	01:20:53	+14:27	03:50	
38	5573	Tiago Carvalho	ELCT	01:20:53	+14:27	03:50	
39	5468	Fernando Pereira	VIZELA	01:20:53	+14:27	03:50	
40	5469	Paulo Martins	VIZELA	01:22:02	+15:36	03:53	
41	5605	Luís Magalhães	AD Vila Chã do Marão	01:22:16	+15:50	03:54	
42	5094	Rui José Mendes Rodrigues	ELCT	01:22:46	+16:20	03:55	

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[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	5495	Nuno Matias	Individual	01:22:48	+16:22	03:55	
44	5648	Silvia Pereira	ELCT	01:22:48	+16:23	03:56	
45	5481	Fernando Almeida	Individual	01:22:53	+16:27	03:56	
46	5657	Hélder Silva	CDSSC	01:23:53	+17:27	03:59	
47	5603	Flávio Gonçalves	Individual	01:24:08	+17:42	03:59	
48	5602	Filomena Costa	Individual	01:24:08	+17:42	03:59	
49	5364	Rui Alves	Individual	01:25:01	+18:35	04:02	
50	5369	Vitor Silva	ERDAL	01:25:26	+19:00	04:03	
51	5493	Helder Silva	Individual	01:25:33	+19:07	04:03	
52	5366	Nuno Silva	Individual	01:25:36	+19:10	04:03	
53	5100	João Pereira	Individual	01:25:43	+19:17	04:04	
54	5017	Martinho Correia	DRGN	01:25:47	+19:21	04:04	
55	5660	Hélder Oliveira	Individual	01:25:50	+19:24	04:04	
56	5620	Ângelo Santos	Individual	01:26:36	+20:10	04:06	
57	5537	Paulo Mendes	Individual	01:26:45	+20:19	04:07	
58	5446	André Cunha	Individual	01:27:01	+20:35	04:07	
59	5363	Luis Silva	Individual	01:27:18	+20:52	04:08	
60	5274	Alexandre Ferreira	Individual	01:27:21	+20:55	04:08	
61	5508	Silvia Silva	VTSC	01:27:21	+20:55	04:08	
62	5019	André Alves	Individual	01:27:50	+21:24	04:10	
63	5298	Pedro Costa	Individual	01:28:00	+21:34	04:10	
64	5168	João Oliveira	Individual	01:28:03	+21:37	04:10	
65	5615	Jose Figueiredo	Individual	01:28:22	+21:56	04:11	
66	5121	Adão Vaz	Individual	01:28:30	+22:04	04:12	
67	5419	Ricardo Sousa	Individual	01:28:32	+22:06	04:12	
68	5361	Filipe Martins	Individual	01:28:38	+22:12	04:12	
69	5353	Carlos Santos	Individual	01:28:49	+22:23	04:13	
70	5506	Marina Porteiro	VTSC	01:29:03	+22:37	04:13	
71	5272	Nelson Gomes	Individual	01:29:10	+22:44	04:14	
72	5482	Nélson Lopes	ELCT	01:29:24	+22:58	04:14	
73	5258	Pedro Ribeiro	Individual	01:29:38	+23:12	04:15	
74	5618	Rafael Costa	Individual	01:29:45	+23:19	04:15	
75	5190	João Santos	ERDAL	01:30:20	+23:54	04:17	
76	5150	Luís Miguel Santos	ERDAL	01:30:20	+23:54	04:17	
77	5410	Daniel Fernandes	ERDAL	01:30:33	+24:07	04:18	
78	5435	Ricardo Oliveira	Individual	01:30:34	+24:08	04:18	
79	5136	Adão Fernandes	Individual	01:30:38	+24:12	04:18	
80	5703	Pedro Barros	AD Vila Chã do Marão	01:31:27	+25:01	04:20	
81	5649	Beatriz passos	ELCT	01:31:29	+25:03	04:20	
82	5002	Jaime Pereira	Individual	01:31:37	+25:11	04:21	
83	5523	Luís Mendes	VTSC	01:31:47	+25:21	04:21	
84	5521	Daniel Ferreira	VTSC	01:32:09	+25:43	04:22	
85	5442	Daniel Pinto Ferreira	Individual	01:32:14	+25:48	04:22	
86	5507	Céu Fernandes	VTSC	01:32:20	+25:54	04:23	
87	5323	Domingos Leite	VTSC	01:32:36	+26:10	04:23	
88	5057	Hugo Silva	Individual	01:32:42	+26:16	04:24	

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[illegible]

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[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	5432	Filipe ribeiro	Individual	01:32:46	+26:20	04:24	
90	5026	Andre Ferreira	Individual	01:32:50	+26:24	04:24	
91	5398	Bruno Ferreira	Individual	01:32:51	+26:25	04:24	
92	5565	Alvaro Eloi Abreu da Silva	Individual	01:33:06	+26:40	04:25	
93	5389	Armindo Freitas	Individual	01:33:06	+26:40	04:25	
94	5630	Davide Cerqueira	AD Vila Chã do Marão	01:33:08	+26:42	04:25	
95	5260	DANIEL RIBEIRO	A.C.B BRITO	01:33:22	+26:56	04:26	
96	5662	Artur Maciel	Individual	01:33:44	+27:18	04:27	
97	5663	Joao Ferreira	Individual	01:34:16	+27:50	04:28	
98	5106	João Pereira	Individual	01:34:17	+27:51	04:28	
99	5317	João Machado	Individual	01:34:18	+27:52	04:28	
100	5627	António Augusto Santos Pinto Alves	AD Vila Chã do Marão	01:34:19	+27:53	04:28	
101	5259	Paulo Pinto	Individual	01:34:20	+27:54	04:28	
102	5053	Pedro Abreu	Individual	01:34:27	+28:01	04:29	
103	5153	MARIO FERREIRA	Individual	01:34:45	+28:19	04:29	
104	5253	Artur Couto	Individual	01:35:04	+28:38	04:30	
105	5294	Pedro Gomes	Individual	01:35:05	+28:39	04:30	
106	5524	Hélder Vieira	VTSC	01:35:09	+28:43	04:31	
107	5514	Nuno Mota	VTSC	01:35:09	+28:43	04:31	
108	5634	Fernando Gomes	CBRUN	01:35:12	+28:46	04:31	
109	5545	Júlio Morgado	Individual	01:35:13	+28:47	04:31	
110	5120	Cristiano Ferreira	Individual	01:35:30	+29:04	04:32	
111	5433	Carlos Leite	Individual	01:35:32	+29:06	04:32	
112	5558	Filipe Fontes	ACVSM	01:35:32	+29:06	04:32	
113	5064	Carlos Oliveira	Individual	01:35:37	+29:11	04:32	
114	5223	João Vieira	Individual	01:35:40	+29:14	04:32	
115	5031	Vitor Freitas	Individual	01:35:49	+29:23	04:33	
116	5185	Daniel Vieira da Silva	Individual	01:35:50	+29:24	04:33	
117	5421	Diogo Barbosa	Individual	01:36:08	+29:42	04:33	
118	5003	André Alves	Individual	01:36:13	+29:47	04:34	
119	5664	Marco Fontes	Individual	01:36:37	+30:11	04:35	
120	5540	João Miranda	Individual	01:36:38	+30:12	04:35	
121	5516	Rui Gonçalves	VTSC	01:36:38	+30:12	04:35	
122	5515	Jaime Alves	VTSC	01:36:38	+30:12	04:35	
123	5087	Leandro Ferrás	Individual	01:36:46	+30:20	04:35	
124	5013	Pedro Catarino	DRGN	01:36:51	+30:25	04:35	
125	5144	Álvaro Sousa	Individual	01:36:52	+30:26	04:35	
126	5407	Simão Machado	Individual	01:36:53	+30:27	04:36	
127	5130	Amandio Ferreira	Individual	01:36:55	+30:29	04:36	
128	5613	Diogo Oliveira	Individual	01:36:55	+30:29	04:36	
129	5566	Pedro Rodrigues	Individual	01:36:59	+30:33	04:36	
130	5324	Jorge Lobo	GDUC	01:37:07	+30:41	04:36	
131	5512	Manuel A Mendes	VTSC	01:37:07	+30:41	04:36	
132	5488	Paulo Freitas	Individual	01:37:08	+30:42	04:36	
133	5290	José Barbosa	Individual	01:37:19	+30:53	04:37	
134	5227	José Luis Freitas	Individual	01:37:20	+30:54	04:37	

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[illegible]

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[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	5489	Paulo Azevedo	Individual	01:37:22	+30:56	04:37	
136	5280	Gil Dinis	Individual	01:37:23	+30:57	04:37	
137	5023	Wilson Giovanny Zárate Granados	Individual	01:37:26	+31:00	04:37	
138	5304	Hugo Oliveira	Individual	01:37:28	+31:02	04:37	
139	5140	Christophe Fernandes	Individual	01:37:31	+31:05	04:37	
140	5533	Gualter Freitas	ERDAL	01:37:38	+31:12	04:38	
141	5473	Tiago Oliveira	ELCT	01:37:41	+31:15	04:38	
142	5052	Bruno Leite	Individual	01:37:43	+31:17	04:38	
143	5062	Nuno Lopes	Individual	01:37:46	+31:20	04:38	
144	5554	Manuel Melo	Individual	01:37:49	+31:23	04:38	
145	5333	Rui Silva	SRC	01:37:58	+31:32	04:39	
146	5526	Sara Ribeiro	VTSC	01:38:02	+31:36	04:39	
147	5128	Tiago Coelho	Individual	01:38:05	+31:39	04:39	
148	5377	Rui Barbosa	Individual	01:38:17	+31:51	04:40	
149	5412	Valter Santos	Individual	01:38:39	+32:13	04:41	
150	5360	Manuel Palmeiro	Individual	01:38:42	+32:16	04:41	
151	5197	Edgar Costa	Individual	01:38:46	+32:20	04:41	
152	5564	Paulo Lemos	Individual	01:38:46	+32:20	04:41	
153	5292	Carlos Vieira	Individual	01:39:06	+32:40	04:42	
154	5601	JOSÉ FERREIRA	Individual	01:39:08	+32:42	04:42	
155	5257	Luís Martins	Individual	01:39:11	+32:45	04:42	
156	5242	João Soares	Individual	01:39:11	+32:45	04:42	
157	5542	Joao Oliveira	Individual	01:39:15	+32:49	04:42	
158	5365	ALBINO FERNANDES	Individual	01:39:19	+32:53	04:42	
159	5328	César Renato Soares Martins	Individual	01:39:24	+32:58	04:43	
160	5589	Rui Silva	CAMC	01:39:38	+33:12	04:43	
161	5588	Helder Deveza	CAMC	01:39:39	+33:13	04:43	
162	5593	Pedro Miguel Costa Azevedo	Individual	01:39:44	+33:18	04:44	
163	5587	Edgar Silva	CAMC	01:39:47	+33:21	04:44	
164	5192	Bruno Dias	Individual	01:39:55	+33:29	04:44	
165	5598	Paulo Araújo	Individual	01:39:56	+33:30	04:44	
166	5154	Diogo Rodrigues	Individual	01:39:58	+33:32	04:44	
167	5342	Manuel Morais de Magalhães	Individual	01:40:01	+33:35	04:44	
168	5295	Pedro Martins	Individual	01:40:02	+33:36	04:44	
169	5350	Nelson Santos	Individual	01:40:02	+33:36	04:45	
170	5214	Helena Machado	Individual	01:40:05	+33:39	04:45	
171	5381	Joel Pereira	Individual	01:40:10	+33:44	04:45	
172	5368	Helder Silva	Individual	01:40:11	+33:45	04:45	
173	5568	Rui Figueiredo	Individual	01:40:16	+33:50	04:45	
174	5043	Vera Silva	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:40:17	+33:51	04:45	
175	5411	Rafael Dias	Individual	01:40:17	+33:51	04:45	
176	5332	Rui Silva	Individual	01:40:17	+33:51	04:45	
177	5082	Rui Marques	Individual	01:40:18	+33:52	04:45	
178	5004	Rafael Araujo	Individual	01:40:18	+33:52	04:45	
179	5105	Ricardo Duarte	Individual	01:40:21	+33:55	04:45	
180	5638	Fernando Faria	Individual	01:40:21	+33:55	04:45	

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[illegible]

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[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	5571	Hélder Costa	Individual	01:40:22	+33:56	04:45	
182	5027	António Silva	Individual	01:40:23	+33:57	04:46	
183	5135	TIAGO DANIEL PEREIRA	Individual	01:40:25	+33:59	04:46	
184	5219	Paulo Leite	Individual	01:40:25	+33:59	04:46	
185	5264	Rui Peixoto	Individual	01:40:29	+34:03	04:46	
186	5476	Diogo Lopes	Individual	01:40:31	+34:05	04:46	
187	5549	Rafael Galvão	Individual	01:40:39	+34:13	04:46	
188	5579	Manuel Machado	Pioneiros do Parque	01:40:45	+34:19	04:47	
189	5193	Sérgio Ribeiro	Individual	01:40:46	+34:20	04:47	
190	5661	Vítor Salgado	Individual	01:40:51	+34:25	04:47	
191	5386	Nuno Caria Ramalhão	Individual	01:40:55	+34:29	04:47	
192	5297	Filipe Freitas	Individual	01:40:56	+34:30	04:47	
193	5326	Luis Silva	Individual	01:41:07	+34:41	04:48	
194	5315	Pedro Ioureiro	ERDAL	01:41:10	+34:44	04:48	
195	5319	Miguel Silva	Individual	01:41:13	+34:47	04:48	
196	5111	JOSÉ SALGADO	Individual	01:41:15	+34:49	04:48	
197	5609	Vítor Lemos	VTSC	01:41:19	+34:53	04:48	
198	5379	João Vaz	Individual	01:41:33	+35:07	04:49	
199	5354	Adriano Maia	Individual	01:41:36	+35:10	04:49	
200	5252	João Vieira	Individual	01:41:40	+35:14	04:49	
201	5404	Manuel Ferreira	Individual	01:41:40	+35:14	04:49	
202	5241	Ricardo Costa	Individual	01:41:42	+35:16	04:49	
203	5338	Vítor Manuel Pires Barreiras Pinto	Individual	01:41:56	+35:30	04:50	
204	5022	Rui Bastos	Individual	01:41:58	+35:32	04:50	
205	5511	Paulo Abreu	VTSC	01:42:07	+35:41	04:50	
206	5438	Marisa Fernandes	ELCT	01:42:13	+35:47	04:51	
207	5480	Vasco Machado	Individual	01:42:14	+35:48	04:51	
208	5097	Ricardo Ferreira	Individual	01:42:15	+35:49	04:51	
209	5034	João Santos	Individual	01:42:16	+35:50	04:51	
210	5009	Fábio Rompante	Individual	01:42:20	+35:54	04:51	
211	5056	Marco Salgado	Individual	01:42:20	+35:54	04:51	
212	5307	André Rodrigues	Individual	01:42:24	+35:58	04:51	
213	5308	Vítor Azevedo	Individual	01:42:24	+35:58	04:51	
214	5240	Eduardo Ferreira	Individual	01:42:25	+35:59	04:51	
215	5211	Hélder Faria	CRCANDO	01:42:25	+35:59	04:51	
216	5355	José Manuel Mendes Lopes Lopes	Individual	01:42:45	+36:19	04:52	
217	5142	Rita Freitas	Individual	01:42:46	+36:20	04:52	
218	5535	André Guimarães	Individual	01:42:49	+36:23	04:52	
219	5472	Paulo Cardeiras	Individual	01:43:03	+36:37	04:53	
220	5212	Joel Silva	CRCANDO	01:43:12	+36:46	04:54	
221	5215	João Pereira	Individual	01:43:12	+36:46	04:54	
222	5005	Paulo BARTOLO	Individual	01:43:21	+36:55	04:54	
223	5544	Carlos Ribeiro	Individual	01:43:22	+36:56	04:54	
224	5530	José Salgueiro	Individual	01:43:37	+37:11	04:55	
225	5439	Marco Pereira	Individual	01:43:40	+37:14	04:55	
226	5209	Vítor Lourenço	Individual	01:43:40	+37:14	04:55	

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[illegible]

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[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	5195	Jorge Fernandes	Individual	01:43:42	+37:16	04:55	
228	5349	Ana Pires	Individual	01:43:42	+37:16	04:55	
229	5025	Nuno Ferreira	Individual	01:43:43	+37:17	04:55	
230	5244	Nuno Ventura	Individual	01:43:45	+37:19	04:55	
231	5485	Nuno Ribeiro	ELCT	01:43:49	+37:23	04:55	
232	5647	Vitor Martins	Individual	01:43:52	+37:26	04:55	
233	5103	Benjamim Ribeiro	Individual	01:43:56	+37:30	04:56	
234	5049	Luís Lemos	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:43:57	+37:31	04:56	
235	5636	Agostinho Ribeiro	Individual	01:43:58	+37:32	04:56	
236	5637	Liliana Moreira	Individual	01:43:59	+37:33	04:56	
237	5470	Ricardo Oliveira	Individual	01:44:04	+37:38	04:56	
238	5079	Filipe Sousa	VTSC	01:44:06	+37:40	04:56	
239	5263	JOSE SOUSA	Individual	01:44:10	+37:44	04:56	
240	5624	Nuno Carvalhais	Individual	01:44:15	+37:49	04:57	
241	5519	João Oliveira	VTSC	01:44:16	+37:50	04:57	
242	5679	FILIPE CUNHA	Individual	01:44:18	+37:52	04:57	
243	5102	Pedro Oliveira	Individual	01:44:22	+37:56	04:57	
244	5206	Pedro Henrique Cordeiro	Individual	01:44:23	+37:57	04:57	
245	5547	José Gonçalves	Individual	01:44:35	+38:09	04:57	
246	5269	Pedro Magalhães	Individual	01:44:57	+38:31	04:58	
247	5175	Manuel Pacheco	Individual	01:45:00	+38:34	04:59	
248	5592	David Rodrigues	Individual	01:45:08	+38:42	04:59	
249	5621	Romeu Araújo	Individual	01:45:16	+38:50	04:59	
250	5334	Isabel Freitas	SRC	01:45:18	+38:52	04:59	
251	5221	Ricardo Teixeira	Individual	01:45:20	+38:54	05:00	
252	5669	Pedro Baptista	Individual	01:45:21	+38:55	05:00	
253	5174	JORGE CUNHA	Individual	01:45:29	+39:03	05:00	
254	5392	João Gonçalves	Mila Fit	01:45:31	+39:05	05:00	
255	5336	Sandrine Freitas	SRC	01:45:32	+39:06	05:00	
256	5522	Francisco Novais	VTSC	01:45:36	+39:10	05:00	
257	5396	Rui Fonseca	Individual	01:45:42	+39:16	05:01	
258	5610	João Paulo Castro	VTSC	01:45:46	+39:20	05:01	
259	5555	José Fernandes	Individual	01:45:48	+39:22	05:01	
260	5061	Tiago Gomes	Individual	01:45:51	+39:25	05:01	
261	5405	Rui Meira	Individual	01:45:56	+39:30	05:01	
262	5337	Vitor Silva	Individual	01:46:05	+39:39	05:02	
263	5125	José Boído	Individual	01:46:26	+40:00	05:03	
264	5675	CARLOS POLO	Individual	01:46:26	+40:00	05:03	
265	5578	Vitor Hugo Batista	GDUC	01:46:27	+40:01	05:03	
266	5581	Carlos Junco	Individual	01:46:29	+40:03	05:03	
267	5275	Ângelo Martins	Individual	01:46:31	+40:05	05:03	
268	5401	Pedro Lameiras	Individual	01:46:36	+40:10	05:03	
269	5279	ANTÓNIO LOUREIRO	Individual	01:46:41	+40:15	05:03	
270	5399	Samuel Durier	Individual	01:46:41	+40:15	05:03	
271	5299	Hugo Leite	Individual	01:46:42	+40:16	05:03	
272	5018	João Paulo Siqueira dos Santos	Individual	01:46:43	+40:17	05:04	

21,097 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	7 / 14	generate 05-out.-2025 12:56
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MEIA MARATONA - STAGE 1

21,097 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
319	5070	Ricardo Torres	Individual	01:50:11	+43:45	05:13	
320	5261	CRISTIANA RIBEIRO	A.C.B BRITO	01:50:16	+43:50	05:14	
321	5556	Luís Ribafeita	Individual	01:50:27	+44:01	05:14	
322	5196	Vitor rocha	Individual	01:50:30	+44:04	05:14	
323	5415	Luís Filipe Batista	Individual	01:50:31	+44:05	05:14	
324	5352	Bruno Pereira	Individual	01:50:38	+44:12	05:15	
325	5186	Nicolau Macedo	Individual	01:50:46	+44:20	05:15	
326	5575	Bruno Teixeira	Individual	01:50:52	+44:26	05:15	
327	5155	Pedro Rodrigues	Individual	01:50:54	+44:28	05:15	
328	5216	Maximino Silva	Individual	01:50:54	+44:28	05:15	
329	5546	João Marques	Individual	01:51:04	+44:38	05:16	
330	5534	João Fernandes	Individual	01:51:04	+44:38	05:16	
331	5040	Dina Silva	Individual	01:51:06	+44:40	05:16	
332	5038	Juliana Azevedo	Individual	01:51:07	+44:41	05:16	
333	5518	Manuel F Mendes	VTSC	01:51:13	+44:47	05:16	
334	5513	Carlos Gonçalves	VTSC	01:51:13	+44:47	05:16	
335	5639	Patricia Silva	Individual	01:51:17	+44:51	05:16	
336	5466	Diogo Ferreira	Individual	01:51:20	+44:54	05:17	
337	5041	Susana Ribeiro	Individual	01:51:22	+44:56	05:17	
338	5042	Ana Silva	Individual	01:51:26	+45:00	05:17	
339	5246	André Moreira	Individual	01:51:32	+45:06	05:17	
340	5236	Luis Carlos Silva Peixoto	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:51:35	+45:09	05:17	
341	5444	Sara Chaves	Individual	01:51:36	+45:10	05:17	
342	5145	Rui Freitas	Individual	01:51:37	+45:11	05:17	
343	5612	Felipe Magalhães	Individual	01:51:38	+45:12	05:17	
344	5110	MANUEL MENDES	Individual	01:51:51	+45:25	05:18	
345	5591	Paulo Peres	CAMC	01:51:52	+45:26	05:18	
346	5006	Luciano Rocha	Individual	01:51:56	+45:30	05:18	
347	5676	FÁBIO RIBEIRO	Individual	01:51:58	+45:32	05:18	
348	5086	Rui Castro	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:51:59	+45:33	05:18	
349	5285	José Almeida	Individual	01:52:03	+45:37	05:19	
350	5635	Diogo Pires	Individual	01:52:08	+45:42	05:19	
351	5119	Valentina Eccel	Individual	01:52:09	+45:43	05:19	
352	5173	Osvaldo Ferreira	Individual	01:52:11	+45:45	05:19	
353	5335	Francisco Cunha	SRC	01:52:16	+45:50	05:19	
354	5099	Diogo Rodrigues	Individual	01:52:20	+45:54	05:19	
355	5300	Marco Moura	Individual	01:52:20	+45:54	05:19	
356	5188	João Louro	Individual	01:52:21	+45:55	05:20	
357	5378	Ana Fernandes	Individual	01:52:23	+45:57	05:20	
358	5115	CARLOS LOBO	Individual	01:52:28	+46:02	05:20	
359	5143	Marina Piai	Individual	01:52:30	+46:04	05:20	
360	5447	Nuno Novais	Individual	01:52:31	+46:05	05:20	
361	5543	Daniel Vieira	Individual	01:52:32	+46:06	05:20	
362	5303	João Ribeiro	ERDAL	01:52:37	+46:11	05:20	
363	5235	Miguel Pinto	Individual	01:52:40	+46:14	05:20	
364	5645	Álvaro Oliveira	Individual	01:52:40	+46:14	05:20	

MEIA MARATONA - STAGE 1

21,097 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
365	5604	Duarte Moreira	Individual	01:52:41	+46:15	05:20	
366	5014	Vitor Fernandes	DRGN	01:52:47	+46:21	05:21	
367	5457	Filipe Silva	Os Resistentes	01:52:47	+46:21	05:21	
368	5452	Jacinto Mendes	Os Resistentes	01:52:47	+46:21	05:21	
369	5067	Luis Filipe Ferreira	Individual	01:52:50	+46:24	05:21	
370	5210	Carlos Ferreira	Individual	01:53:02	+46:36	05:21	
371	5362	JOSÉ FERREIRA	Individual	01:53:08	+46:42	05:22	
372	5141	Danilo Oliveira	Individual	01:53:16	+46:50	05:22	
373	5311	Marco Aurélio	Individual	01:53:24	+46:58	05:23	
374	5158	José Alberto Lemos	Individual	01:53:25	+46:59	05:23	
375	5033	ZEZITO MACHADO	Individual	01:53:26	+47:00	05:23	
376	5560	David Maia	Individual	01:53:27	+47:01	05:23	
377	5409	Juliana Dias	Individual	01:53:29	+47:03	05:23	
378	5159	Domingos Lopes Martins Dos Santos	Individual	01:53:37	+47:11	05:23	
379	5682	Aventino André Teixeira	Individual	01:53:37	+47:11	05:23	
380	5671	ADRIANA FERNANDES	Individual	01:53:41	+47:15	05:23	
381	5265	Miguel Sousa	Individual	01:53:52	+47:26	05:24	
382	5453	Ricardo Azevedo	Os Resistentes	01:54:04	+47:38	05:24	
383	5217	Vasco Pontes	Individual	01:54:06	+47:40	05:25	
384	5416	Carlos Basto	Individual	01:54:07	+47:41	05:25	
385	5089	Bruno Gonçalves	Individual	01:54:07	+47:41	05:25	
386	5036	António Vila-Chã	Individual	01:54:08	+47:42	05:25	
387	5035	Pedro Vila-Chã	Individual	01:54:09	+47:43	05:25	
388	5232	Michal Dabrowski	Individual	01:54:13	+47:47	05:25	
389	5114	MIGUEL LOPES	Individual	01:54:15	+47:49	05:25	
390	5600	Renato Lopes	Individual	01:54:18	+47:52	05:25	
391	5284	Ricardo Duarte	Individual	01:54:26	+48:00	05:25	
392	5007	Seyyed Sabet	Individual	01:54:26	+48:00	05:25	
393	5107	Armando Pinto	Individual	01:54:30	+48:04	05:26	
394	5122	ANTENOR GOVEIA	Individual	01:54:33	+48:07	05:26	
395	5020	Vânia Miranda	Individual	01:54:34	+48:08	05:26	
396	5124	Alexandre Barroso	Individual	01:54:37	+48:11	05:26	
397	5283	Tiago Pereira	Individual	01:54:42	+48:16	05:26	
398	5203	Olegário Oliveira	Individual	01:54:47	+48:21	05:26	
399	5451	Álvaro Costa	Individual	01:54:50	+48:24	05:27	
400	5599	Mário Rosas	Individual	01:55:00	+48:34	05:27	
401	5646	ALEXANDRE PEREIRA	Individual	01:55:03	+48:37	05:27	
402	5376	Pedro Monteiro	Individual	01:55:07	+48:41	05:27	
403	5226	Tiago Freitas	Individual	01:55:35	+49:09	05:29	
404	5391	Ivo Rocha	Mila Fit	01:55:37	+49:11	05:29	
405	5557	Ricardo Ribafeita	Individual	01:55:47	+49:21	05:29	
406	5066	Filipe Silva	Individual	01:56:05	+49:39	05:30	
407	5390	Iazalde Martins	Individual	01:56:06	+49:40	05:30	
408	5340	Rui Carvalho	Individual	01:56:11	+49:45	05:30	
409	5455	Jaime Rocha	Os Resistentes	01:56:20	+49:54	05:31	

MEIA MARATONA - STAGE 1

21,097 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
410	5456	Ernesto Sousa	Os Resistentes	01:56:20	+49:54	05:31	
411	5454	Manuel Cunha	Os Resistentes	01:56:20	+49:54	05:31	
412	5619	Édi Freitas	Individual	01:56:31	+50:05	05:31	
413	5112	CRISTIANO SOUSA	Individual	01:56:36	+50:10	05:32	
414	5109	CÂNDIDO MACHADO	Individual	01:56:36	+50:10	05:32	
415	5012	Cândido Silva	Individual	01:56:37	+50:11	05:32	
416	5286	Antonio Batista	Individual	01:56:44	+50:18	05:32	
417	5403	José Lemos	Individual	01:56:45	+50:19	05:32	
418	5044	Ana Oliveira	Individual	01:56:50	+50:24	05:32	
419	5045	Filipa Freitas	Individual	01:56:50	+50:24	05:32	
420	5413	Miguel Almeida	Individual	01:56:58	+50:32	05:33	
421	5422	Jaime Teixeira	Individual	01:57:00	+50:34	05:33	
422	5276	Vitor carneiro	Individual	01:57:01	+50:35	05:33	
423	5651	Eduardo Lopes	Individual	01:57:02	+50:36	05:33	
424	5293	Nelson Fernandes	Individual	01:57:12	+50:46	05:33	
425	5249	Francisco Martins	Individual	01:57:15	+50:49	05:33	
426	5176	Ricardo Fernandes	Individual	01:57:22	+50:56	05:34	
427	5273	Ricardo Ribeiro	Individual	01:57:28	+51:02	05:34	
428	5614	Carlos Eusébio	Individual	01:57:34	+51:08	05:34	
429	5243	Julio cesar ferreira	Individual	01:57:35	+51:09	05:34	
430	5270	Baltasar Ribeiro	Individual	01:57:40	+51:14	05:35	
431	5234	Fernando Teixeira	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:58:10	+51:44	05:36	
432	5632	Pedro Pereira	Individual	01:58:22	+51:56	05:37	
433	5146	Diogo Miguel Magalhaes Gois da Silva	Individual	01:58:33	+52:07	05:37	
434	5683	Manuel Abreu	Individual	01:58:49	+52:23	05:38	
435	5408	Bruno Guimarães	Individual	01:58:56	+52:30	05:38	
436	5126	Vitor Coelho	Individual	01:58:58	+52:32	05:38	
437	5194	José Soares	Individual	01:59:01	+52:35	05:38	
438	5170	Lorenzo Cane	Individual	01:59:10	+52:44	05:39	
439	5431	Diogo Sousa	Individual	01:59:11	+52:45	05:39	
440	5372	Márcia Pereira	3qinas!	01:59:15	+52:49	05:39	
441	5373	Miguel Fernandes	3qinas!	01:59:15	+52:49	05:39	
442	5387	Luis Ramalho	Individual	01:59:24	+52:58	05:40	
443	5384	Rui Genésio	Individual	01:59:35	+53:09	05:40	
444	5430	José Sousa	Individual	01:59:40	+53:14	05:40	
445	5165	Vancarlos Pires	Individual	01:59:41	+53:15	05:40	
446	5137	Gonçalo Osório	Individual	01:59:58	+53:32	05:41	
447	5642	Paulo Moreira	Individual	02:00:01	+53:35	05:41	
448	5393	Miguel RIBEIRO	Individual	02:00:32	+54:06	05:43	
449	5394	Jerome MALVAULT	Individual	02:00:35	+54:09	05:43	
450	5101	Christof Turzynski	Individual	02:00:37	+54:11	05:43	
451	5187	Nuno Passos	Individual	02:00:44	+54:18	05:43	
452	5327	Catarina Ribeiro	Individual	02:00:53	+54:27	05:44	
453	5484	EURICO MARTINS	Individual	02:01:03	+54:37	05:44	
454	5344	Pedro Torres	Individual	02:01:05	+54:39	05:44	

MEIA MARATONA - STAGE 1

21,097 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
455	5423	José Azevedo	ANTONIO	02:01:22	+54:56	05:45	
456	5160	Liliana Vieira	Individual	02:01:22	+54:56	05:45	
457	5281	Patricia Freitas	Individual	02:01:24	+54:58	05:45	
458	5429	JOAO FERNANDES	OS CRENTES	02:01:30	+55:04	05:46	
459	5538	Homer Armando Buelvas Moya	Individual	02:01:34	+55:08	05:46	
460	5577	Carlos Diogo Andrade Oliveira Monteiro	Individual	02:01:41	+55:15	05:46	
461	5157	Jorge Silva	Individual	02:01:43	+55:17	05:46	
462	5129	Fernando Bubna	Individual	02:01:44	+55:18	05:46	
463	5420	José Rocha	Individual	02:01:46	+55:20	05:46	
464	5218	Vítor Lopes	Individual	02:02:01	+55:35	05:47	
465	5486	Hugo Araújo	Individual	02:02:07	+55:41	05:47	
466	5201	Cláudia Freitas	Individual	02:02:09	+55:43	05:47	
467	5213	Rui Monteiro	Individual	02:02:10	+55:44	05:47	
468	5163	Rui Santos	Individual	02:02:17	+55:51	05:48	
469	5650	Israel Drummond	Individual	02:02:23	+55:57	05:48	
470	5572	Marco Oliveira	Individual	02:02:27	+56:01	05:48	
471	5179	Fábio Lemos	Individual	02:02:32	+56:06	05:48	
472	5147	Welbert Silva	Individual	02:02:32	+56:06	05:49	
473	5434	Rodrigo Almeida	Individual	02:02:33	+56:07	05:49	
474	5382	Ricardo Oliveira	Individual	02:02:33	+56:07	05:49	
475	5048	João Ribeiro	Quilómetros à Solta / Ases S.Jorge - Atletismo	02:02:41	+56:15	05:49	
476	5351	Paulo Teixeira	União Atletismo Do Porto	02:02:49	+56:23	05:49	
477	5359	Ricardo Alves	Individual	02:02:59	+56:33	05:50	
478	5207	Bruno Pereira	Individual	02:03:10	+56:44	05:50	
479	5322	Miguel Garcia	Individual	02:03:12	+56:46	05:50	
480	5228	António Silva	Individual	02:03:17	+56:51	05:51	
481	5229	Luis Peixoto	Individual	02:03:26	+57:00	05:51	
482	5164	Tiago Carvalho	Individual	02:03:38	+57:12	05:52	
483	5171	Alexandre Sousa	Individual	02:03:48	+57:22	05:52	
484	5527	João Faria	Individual	02:03:50	+57:24	05:52	
485	5674	FREDERICO GONÇALVES	Individual	02:03:57	+57:31	05:53	
486	5670	RITA MACHADO	Individual	02:04:09	+57:43	05:53	
487	5623	Bruno Ribeiro	Individual	02:04:10	+57:44	05:53	
488	5302	Filipa Almeida	Individual	02:04:22	+57:56	05:54	
489	5548	João Ferreira	Individual	02:04:37	+58:11	05:54	
490	5021	António Diogo Abreu	Individual	02:04:44	+58:18	05:55	
491	5138	Adão Coelho	Individual	02:04:46	+58:20	05:55	
492	5330	Sofia Teixeira	Individual	02:04:52	+58:26	05:55	
493	5383	Rita Faria	Individual	02:04:57	+58:31	05:55	
494	5702	Atleta 5702	Individual	02:04:58	+58:32	05:55	
495	5098	João Santos	Individual	02:04:59	+58:33	05:55	
496	5343	Nuno Dinis	Individual	02:04:59	+58:33	05:55	
497	5177	Raphael Silva	Individual	02:05:02	+58:36	05:56	
498	5629	Maria Carvalho	Individual	02:05:03	+58:37	05:56	
499	5628	Rui Martins	Individual	02:05:03	+58:37	05:56	

MEIA MARATONA - STAGE 1

21,097 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
500	5305	João Rocha	Individual	02:05:20	+58:54	05:56	
501	5417	Paulo Machado	Individual	02:05:20	+58:54	05:56	
502	5059	Pedro Viana	Individual	02:05:22	+58:56	05:57	
503	5467	Paulo Pinto	Individual	02:05:22	+58:56	05:57	
504	5058	Teresa Fontes	Individual	02:05:22	+58:56	05:57	
505	5673	RICARDO LIMA	Individual	02:05:22	+58:56	05:57	
506	5567	Luis Fernandes	Individual	02:05:24	+58:58	05:57	
507	5400	Luís Ribeiro	Individual	02:05:29	+59:03	05:57	
508	5237	Ana Beatriz Silva Peixoto	Quilómetros à Solta / Ases S.Jorge - Atletismo	02:05:38	+59:12	05:57	
509	5395	Paula Fernandes	Individual	02:05:40	+59:14	05:57	
510	5181	Jéssica Cerqueira	Individual	02:05:47	+59:21	05:58	
511	5278	Gabriel Carneiro	Individual	02:06:27	+01:00:01	06:00	
512	5134	Margarida Gonçalves	Individual	02:06:49	+01:00:23	06:01	
513	5427	Fernando Lopes	Individual	02:06:51	+01:00:25	06:01	
514	5277	Luis Santos	Individual	02:07:12	+01:00:46	06:02	
515	5180	José manuel Mendes	Individual	02:07:23	+01:00:57	06:02	
516	5091	David Rodrigues	Individual	02:07:55	+01:01:29	06:04	
517	5356	Inês Silva	Individual	02:08:13	+01:01:47	06:05	
518	5208	Diogo Teixeira	Individual	02:08:20	+01:01:54	06:05	
519	5245	Nuno Afonso	Individual	02:08:30	+01:02:04	06:05	
520	5090	Davide Rodrigues	Individual	02:08:55	+01:02:29	06:07	
521	5092	Tiago Rodrigues	Individual	02:08:56	+01:02:30	06:07	
522	5183	Eduardo Costa	Individual	02:09:02	+01:02:36	06:07	
523	5077	Jorge Fernandes	Individual	02:09:23	+01:02:57	06:08	
524	5182	José Silva	Individual	02:09:33	+01:03:07	06:08	
525	5032	Adriana Barbosa	Individual	02:09:39	+01:03:13	06:09	
526	5083	José Ferreira	Individual	02:09:43	+01:03:17	06:09	
527	5199	Fernando Rothes	Individual	02:10:30	+01:04:04	06:11	
528	5380	João Ribeiro	Individual	02:10:34	+01:04:08	06:11	
529	5306	Vania Santos	Individual	02:11:00	+01:04:34	06:13	
530	5582	André Dinis	Individual	02:11:04	+01:04:38	06:13	
531	5595	Daniel Oliveira	Individual	02:11:04	+01:04:38	06:13	
532	5200	Paula Cristina Guedes	Individual	02:11:12	+01:04:46	06:13	
533	5348	Tiago Freitas	Crossbox Montelongo	02:11:40	+01:05:14	06:14	
534	5701	Elsa Ribeiro	Individual	02:11:51	+01:05:25	06:15	
535	5388	Amando Sequeira	Individual	02:12:18	+01:05:52	06:16	
536	5288	Ana Lages	Individual	02:12:35	+01:06:09	06:17	
537	5367	Eugenia Moreira	Individual	02:12:51	+01:06:25	06:18	
538	5607	José Martins	Individual	02:13:04	+01:06:38	06:18	
539	5225	Carlos Vieira	Individual	02:13:11	+01:06:45	06:19	
540	5331	Luís Silva	Individual	02:13:25	+01:06:59	06:19	
541	5528	Herculano Cardoso	Individual	02:13:51	+01:07:25	06:21	
542	5204	Ralfe Mariano	Individual	02:13:56	+01:07:30	06:21	
543	5220	Thiago Dias	Individual	02:14:06	+01:07:40	06:21	
544	5054	Luís Miranda	Individual	02:14:12	+01:07:46	06:22	
545	5385	Neusa Barbeitos	Individual	02:14:23	+01:07:57	06:22	

MEIA MARATONA - STAGE 1

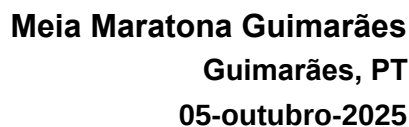
21,097 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
546	5487	Tiago Ribeiro	Individual	02:15:06	+01:08:40	06:24	
547	5132	Vitor Gonçalves	Individual	02:15:45	+01:09:19	06:26	
548	5133	Elisabete Alves	Individual	02:15:45	+01:09:19	06:26	
549	5065	Rúben Machado	Individual	02:15:53	+01:09:27	06:26	
550	5313	Teresa Rocha	Individual	02:16:00	+01:09:34	06:27	
551	5312	Isabel Rocha	Individual	02:16:02	+01:09:36	06:27	
552	5531	Luís da Silva	Individual	02:16:04	+01:09:38	06:27	
553	5314	Diogo Soares	Individual	02:16:05	+01:09:39	06:27	
554	5287	Pedro Silva	Individual	02:17:21	+01:10:55	06:31	
555	5248	Diana Dias	Individual	02:17:46	+01:11:20	06:32	
556	5161	Frédéric Magalhães	Individual	02:17:47	+01:11:21	06:32	
557	5046	Ana Gazola	Individual	02:18:24	+01:11:58	06:34	
558	5231	Ana Bastos	Individual	02:18:39	+01:12:13	06:34	
559	5625	Emanuel Neves	Individual	02:18:52	+01:12:26	06:35	
560	5622	Filipe Poleri	Individual	02:19:07	+01:12:41	06:36	
561	5309	Luna Marques	Individual	02:19:23	+01:12:57	06:36	
562	5562	Sónia Lopes	Individual	02:21:48	+01:15:22	06:43	
563	5325	Rita Ferreira	Individual	02:22:11	+01:15:45	06:44	
564	5402	Marcelo Monteiro	Individual	02:22:22	+01:15:56	06:45	
565	5608	João Afonso Boavida Barroso Pinheiro	Individual	02:22:28	+01:16:02	06:45	
566	5681	José Martins	Individual	02:22:30	+01:16:04	06:45	
567	5641	Luís Barros	Individual	02:23:43	+01:17:17	06:49	
568	5060	Ana Ferreira	DRGN	02:23:53	+01:17:27	06:49	
569	5162	Carla Ferreira	Individual	02:23:54	+01:17:28	06:49	
570	5081	Allan Barbosa	Individual	02:24:13	+01:17:47	06:50	
571	5677	NUNO ARAÚJO	Individual	02:24:34	+01:18:08	06:51	
572	5347	Anabela Gil	As Lutadoras	02:24:46	+01:18:20	06:52	
573	5068	Jean-Yves CAPELA	Individual	02:24:49	+01:18:23	06:52	
574	5084	Miguel Pereira	Individual	02:25:21	+01:18:55	06:53	
575	5085	Leila Lopes	Individual	02:25:22	+01:18:56	06:53	
576	5644	FRANCISCO FREITAS	Individual	02:27:50	+01:21:24	07:00	
577	5093	Luís Paulo	Individual	02:27:50	+01:21:24	07:00	
578	5039	Alexandra Ferreira	Individual	02:28:40	+01:22:14	07:03	
579	5127	Bruno Machado	Individual	02:28:57	+01:22:31	07:04	
580	5428	Adriana Salles	Individual	02:29:09	+01:22:43	07:04	
581	5668	Joaquim Malheiro	Individual	02:29:09	+01:22:43	07:04	
582	5563	Virgílio Oliveira	Individual	02:29:18	+01:22:52	07:05	
583	5239	Pedro Cunha	Individual	02:29:35	+01:23:09	07:05	
584	5238	Joana Pereira	Individual	02:29:35	+01:23:09	07:05	
585	5071	Inês Ribeiro	Individual	02:29:48	+01:23:22	07:06	
586	5072	Daniel Machado	Individual	02:29:48	+01:23:22	07:06	
587	5074	Nuno Pinheiro	Individual	02:30:23	+01:23:57	07:08	
588	5151	Inês Silva	Individual	02:30:39	+01:24:13	07:08	
589	5152	Nuno Cardoso	Individual	02:30:39	+01:24:13	07:08	
590	5345	Ana Martins	As Lutadoras	02:30:46	+01:24:20	07:09	



21,097 KM

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
591	5262	Carlos Rocha	Individual	02:32:27	+01:26:01	07:14	
592	5073	Morgane Picard	Individual	02:32:37	+01:26:11	07:14	
593	5016	Vera Costa	Individual	02:36:59	+01:30:33	07:26	
594	5339	João Salgado	Individual	02:40:28	+01:34:02	07:36	
595	5316	Ana Silva	Individual	02:40:29	+01:34:03	07:36	
596	5156	Teresa Monteiro	Individual	02:44:14	+01:37:48	07:47	
597	5346	Cláudia Lopes	As Lutadoras	02:46:03	+01:39:37	07:52	
598	5266	Rodrigo Esteves	Individual	02:55:54	+01:49:28	08:20	

Meia Maratona

21,097 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	16,2°C	76%
End	12:55	16,2°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	5494	Mónica Silva	CDSSC	Senior Feminino	01:16:43	03:38
2	5508	Sílvia Silva	VTSC	Senior Feminino	01:27:21	+10:38 04:08
3	5506	Marina Porteiro	VTSC	Senior Feminino	01:29:03	+12:20 04:13
4	5649	Beatriz passos	ELCT	Senior Feminino	01:31:29	+14:46 04:20
5	5526	Sara Ribeiro	VTSC	Senior Feminino	01:38:02	+21:19 04:39
6	5043	Vera Silva	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Feminino	01:40:17	+23:34 04:45
7	5142	Rita Freitas	Individual	Senior Feminino	01:42:46	+26:03 04:52
8	5349	Ana Pires	Individual	Senior Feminino	01:43:42	+26:59 04:55
9	5271	Diva Cortinhas	Individual	Senior Feminino	01:47:45	+31:02 05:06
10	5483	Márcia Almeida	ELCT	Senior Feminino	01:48:14	+31:31 05:08
11	5040	Dina Silva	Individual	Senior Feminino	01:51:06	+34:23 05:16
12	5639	Patricia Silva	Individual	Senior Feminino	01:51:17	+34:34 05:16
13	5041	Susana Ribeiro	Individual	Senior Feminino	01:51:22	+34:39 05:17
14	5444	Sara Chaves	Individual	Senior Feminino	01:51:36	+34:53 05:17
15	5119	Valentina Eccel	Individual	Senior Feminino	01:52:09	+35:26 05:19
16	5378	Ana Fernandes	Individual	Senior Feminino	01:52:23	+35:40 05:20
17	5143	Marina Piairo	Individual	Senior Feminino	01:52:30	+35:47 05:20
18	5409	Juliana Dias	Individual	Senior Feminino	01:53:29	+36:46 05:23
19	5671	ADRIANA FERNANDES	Individual	Senior Feminino	01:53:41	+36:58 05:23
20	5020	Vânia Miranda	Individual	Senior Feminino	01:54:34	+37:51 05:26
21	5044	Ana Oliveira	Individual	Senior Feminino	01:56:50	+40:07 05:32
22	5045	Filipa Freitas	Individual	Senior Feminino	01:56:50	+40:07 05:32
23	5372	Márcia Pereira	3qinas!	Senior Feminino	01:59:15	+42:32 05:39
24	5327	Catarina Ribeiro	Individual	Senior Feminino	02:00:53	+44:10 05:44
25	5160	Liliana Vieira	Individual	Senior Feminino	02:01:22	+44:39 05:45
26	5201	Cláudia Freitas	Individual	Senior Feminino	02:02:09	+45:26 05:47
27	5670	RITA MACHADO	Individual	Senior Feminino	02:04:09	+47:26 05:53
28	5302	Filipa Almeida	Individual	Senior Feminino	02:04:22	+47:39 05:54
29	5383	Rita Faria	Individual	Senior Feminino	02:04:57	+48:14 05:55
30	5629	Maria Carvalho	Individual	Senior Feminino	02:05:03	+48:20 05:56
31	5237	Ana Beatriz Silva Peixoto	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Feminino	02:05:38	+48:55 05:57
32	5181	Jéssica Cerqueira	Individual	Senior Feminino	02:05:47	+49:04 05:58
33	5134	Margarida Gonçalves	Individual	Senior Feminino	02:06:49	+50:06 06:01
34	5356	Inês Silva	Individual	Senior Feminino	02:08:13	+51:30 06:05
35	5032	Adriana Barbosa	Individual	Senior Feminino	02:09:39	+52:56 06:09
36	5701	Elsa Ribeiro	Individual	Senior Feminino	02:11:51	+55:08 06:15
37	5288	Ana Lages	Individual	Senior Feminino	02:12:35	+55:52 06:17
38	5367	Eugenia Moreira	Individual	Senior Feminino	02:12:51	+56:08 06:18

Official Timekeeper: Lap2Go	1 / 14	generate 05-out.-2025 12:56
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Meia Maratona

21,097 KM

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OFFICIAL RESULT

[illegible]

39	5133	Elisabete Alves	Individual	Senior Feminino	02:15:45	+59:02	06:26
40	5313	Teresa Rocha	Individual	Senior Feminino	02:16:00	+59:17	06:27
41	5312	Isabel Rocha	Individual	Senior Feminino	02:16:02	+59:19	06:27
42	5248	Diana Dias	Individual	Senior Feminino	02:17:46	+01:01:03	06:32
43	5046	Ana Gazola	Individual	Senior Feminino	02:18:24	+01:01:41	06:34
44	5309	Luna Marques	Individual	Senior Feminino	02:19:23	+01:02:40	06:36
45	5562	Sónia Lopes	Individual	Senior Feminino	02:21:48	+01:05:05	06:43
46	5325	Rita Ferreira	Individual	Senior Feminino	02:22:11	+01:05:28	06:44
47	5039	Alexandra Ferreira	Individual	Senior Feminino	02:28:40	+01:11:57	07:03
48	5238	Joana Pereira	Individual	Senior Feminino	02:29:35	+01:12:52	07:05
49	5071	Inês Ribeiro	Individual	Senior Feminino	02:29:48	+01:13:05	07:06
50	5151	Inês Silva	Individual	Senior Feminino	02:30:39	+01:13:56	07:08
51	5345	Ana Martins	As Lutadoras	Senior Feminino	02:30:46	+01:14:03	07:09
52	5073	Morgane Picard	Individual	Senior Feminino	02:32:37	+01:15:54	07:14
53	5016	Vera Costa	Individual	Senior Feminino	02:36:59	+01:20:16	07:26
54	5316	Ana Silva	Individual	Senior Feminino	02:40:29	+01:23:46	07:36
55	5156	Teresa Monteiro	Individual	Senior Feminino	02:44:14	+01:27:31	07:47
56	5346	Cláudia Lopes	As Lutadoras	Senior Feminino	02:46:03	+01:29:20	07:52

Senior Masculino

1	5460	Carlos Costa	VIZELA	Senior Masculino	01:06:26	03:09
2	5551	Nuno Fernandes	VIZELA	Senior Masculino	01:07:36	+01:09 03:12
3	5492	Tiago Costa	VTSC	Senior Masculino	01:07:49	+01:22 03:13
4	5504	Luís Saraiva	VTSC	Senior Masculino	01:10:22	+03:55 03:20
5	5503	João Antunes	VTSC	Senior Masculino	01:10:25	+03:58 03:20
6	5502	Miguel Vieira	VTSC	Senior Masculino	01:10:27	+04:00 03:20
7	5289	Renato Teixeira	GDG	Senior Masculino	01:10:39	+04:12 03:21
8	5499	João Carvalho	VTSC	Senior Masculino	01:11:26	+04:59 03:23
9	5505	Denis Tellado	VTSC	Senior Masculino	01:11:28	+05:01 03:23
10	5498	Tiago Freitas	VTSC	Senior Masculino	01:11:43	+05:16 03:24
11	5465	Rafael Pereira	VIZELA	Senior Masculino	01:12:02	+05:35 03:25
12	5501	Bruno Abreu	VTSC	Senior Masculino	01:12:34	+06:07 03:26
13	5461	Nuno Costa	VIZELA	Senior Masculino	01:13:05	+06:39 03:28
14	5490	Henrique Costa	ELCT	Senior Masculino	01:13:34	+07:08 03:29
15	5471	Leandro Gonçalves	ELCT	Senior Masculino	01:13:40	+07:13 03:29
16	5462	Rui Fernandes	VIZELA	Senior Masculino	01:14:56	+08:29 03:33
17	5653	Cristiano Ribeiro	CDSSC	Senior Masculino	01:16:00	+09:33 03:36
18	5584	Daniel Cruz	CAMC	Senior Masculino	01:16:36	+10:10 03:38
19	5478	Sérgio Salgueiro	ELCT	Senior Masculino	01:16:43	+10:17 03:38
20	5329	Bruno Cunha	Individual	Senior Masculino	01:18:14	+11:48 03:43
21	5509	André Machado	VTSC	Senior Masculino	01:18:31	+12:04 03:43
22	5685	Carlos Silva	AD Vila Chã do Marão	Senior Masculino	01:20:12	+13:45 03:48
23	5475	Pedro Fernandes	ELCT	Senior Masculino	01:20:48	+14:21 03:50
24	5656	João Anjos	CDSSC	Senior Masculino	01:20:49	+14:22 03:50
25	5139	Tiago Silva	Individual	Senior Masculino	01:20:53	+14:26 03:50

Meia Maratona

21,097 KM

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OFFICIAL RESULT

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26	5573	Tiago Carvalho	ELCT	Senior Masculino	01:20:53	+14:26	03:50
27	5605	Luís Magalhães	AD Vila Chã do Marão	Senior Masculino	01:22:16	+15:50	03:54
28	5094	Rui José Mendes Rodrigues	ELCT	Senior Masculino	01:22:46	+16:20	03:55
29	5657	Hélder Silva	CDSSC	Senior Masculino	01:23:53	+17:26	03:59
30	5366	Nuno Silva	Individual	Senior Masculino	01:25:36	+19:09	04:03
31	5100	João Pereira	Individual	Senior Masculino	01:25:43	+19:17	04:04
32	5363	Luis Silva	Individual	Senior Masculino	01:27:18	+20:51	04:08
33	5019	André Alves	Individual	Senior Masculino	01:27:50	+21:24	04:10
34	5168	João Oliveira	Individual	Senior Masculino	01:28:03	+21:37	04:10
35	5615	Jose Figueiredo	Individual	Senior Masculino	01:28:22	+21:56	04:11
36	5419	Ricardo Sousa	Individual	Senior Masculino	01:28:32	+22:05	04:12
37	5361	Filipe Martins	Individual	Senior Masculino	01:28:38	+22:11	04:12
38	5353	Carlos Santos	Individual	Senior Masculino	01:28:49	+22:22	04:13
39	5272	Nelson Gomes	Individual	Senior Masculino	01:29:10	+22:43	04:14
40	5258	Pedro Ribeiro	Individual	Senior Masculino	01:29:38	+23:11	04:15
41	5618	Rafael Costa	Individual	Senior Masculino	01:29:45	+23:19	04:15
42	5410	Daniel Fernandes	ERDAL	Senior Masculino	01:30:33	+24:06	04:18
43	5703	Pedro Barros	AD Vila Chã do Marão	Senior Masculino	01:31:27	+25:00	04:20
44	5002	Jaime Pereira	Individual	Senior Masculino	01:31:37	+25:10	04:21
45	5442	Daniel Pinto Ferreira	Individual	Senior Masculino	01:32:14	+25:47	04:22
46	5432	Filipe ribeiro	Individual	Senior Masculino	01:32:46	+26:19	04:24
47	5026	Andre Ferreira	Individual	Senior Masculino	01:32:50	+26:24	04:24
48	5630	Davide Cerqueira	AD Vila Chã do Marão	Senior Masculino	01:33:08	+26:41	04:25
49	5662	Artur Maciel	Individual	Senior Masculino	01:33:44	+27:17	04:27
50	5663	Joao Ferreira	Individual	Senior Masculino	01:34:16	+27:49	04:28
51	5106	João Pereira	Individual	Senior Masculino	01:34:17	+27:50	04:28
52	5053	Pedro Abreu	Individual	Senior Masculino	01:34:27	+28:00	04:29
53	5153	MARIO FERREIRA	Individual	Senior Masculino	01:34:45	+28:18	04:29
54	5294	Pedro Gomes	Individual	Senior Masculino	01:35:05	+28:38	04:30
55	5545	Júlio Morgado	Individual	Senior Masculino	01:35:13	+28:47	04:31
56	5120	Cristiano Ferreira	Individual	Senior Masculino	01:35:30	+29:03	04:32
57	5064	Carlos Oliveira	Individual	Senior Masculino	01:35:37	+29:11	04:32
58	5223	João Vieira	Individual	Senior Masculino	01:35:40	+29:14	04:32
59	5031	Vitor Freitas	Individual	Senior Masculino	01:35:49	+29:22	04:33
60	5003	André Alves	Individual	Senior Masculino	01:36:13	+29:46	04:34
61	5664	Marco Fontes	Individual	Senior Masculino	01:36:37	+30:10	04:35
62	5540	João Miranda	Individual	Senior Masculino	01:36:38	+30:11	04:35
63	5013	Pedro Catarino	DRGN	Senior Masculino	01:36:51	+30:24	04:35
64	5407	Simão Machado	Individual	Senior Masculino	01:36:53	+30:26	04:36
65	5613	Diogo Oliveira	Individual	Senior Masculino	01:36:55	+30:29	04:36
66	5566	Pedro Rodrigues	Individual	Senior Masculino	01:36:59	+30:32	04:36
67	5512	Manuel A Mendes	VTSC	Senior Masculino	01:37:07	+30:41	04:36
68	5488	Paulo Freitas	Individual	Senior Masculino	01:37:08	+30:41	04:36
69	5290	José Barbosa	Individual	Senior Masculino	01:37:19	+30:52	04:37
70	5280	Gil Dinis	Individual	Senior Masculino	01:37:23	+30:56	04:37
71	5023	Wilson Giovanny Zárate Granados	Individual	Senior Masculino	01:37:26	+31:00	04:37

Official Timekeeper: Lap2Go	3 / 14	generate 05-out.-2025 12:56
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Meia Maratona

21,097 KM

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OFFICIAL RESULT

[illegible]

72	5473	Tiago Oliveira	ELCT	Senior Masculino	01:37:41	+31:14	04:38
73	5062	Nuno Lopes	Individual	Senior Masculino	01:37:46	+31:19	04:38
74	5333	Rui Silva	SRC	Senior Masculino	01:37:58	+31:31	04:39
75	5128	Tiago Coelho	Individual	Senior Masculino	01:38:05	+31:38	04:39
76	5377	Rui Barbosa	Individual	Senior Masculino	01:38:17	+31:51	04:40
77	5412	Valter Santos	Individual	Senior Masculino	01:38:39	+32:12	04:41
78	5257	Luís Martins	Individual	Senior Masculino	01:39:11	+32:44	04:42
79	5242	João Soares	Individual	Senior Masculino	01:39:11	+32:44	04:42
80	5593	Pedro Miguel Costa Azevedo	Individual	Senior Masculino	01:39:44	+33:17	04:44
81	5587	Edgar Silva	CAMC	Senior Masculino	01:39:47	+33:21	04:44
82	5154	Diogo Rodrigues	Individual	Senior Masculino	01:39:58	+33:32	04:44
83	5295	Pedro Martins	Individual	Senior Masculino	01:40:02	+33:35	04:44
84	5381	Joel Pereira	Individual	Senior Masculino	01:40:10	+33:43	04:45
85	5568	Rui Figueiredo	Individual	Senior Masculino	01:40:16	+33:49	04:45
86	5411	Rafael Dias	Individual	Senior Masculino	01:40:17	+33:50	04:45
87	5004	Rafael Araujo	Individual	Senior Masculino	01:40:18	+33:51	04:45
88	5105	Ricardo Duarte	Individual	Senior Masculino	01:40:21	+33:54	04:45
89	5571	Hélder Costa	Individual	Senior Masculino	01:40:22	+33:55	04:45
90	5027	António Silva	Individual	Senior Masculino	01:40:23	+33:57	04:46
91	5135	TIAGO DANIEL PEREIRA	Individual	Senior Masculino	01:40:25	+33:58	04:46
92	5219	Paulo Leite	Individual	Senior Masculino	01:40:25	+33:59	04:46
93	5264	Rui Peixoto	Individual	Senior Masculino	01:40:29	+34:02	04:46
94	5386	Nuno Caria Ramalhão	Individual	Senior Masculino	01:40:55	+34:28	04:47
95	5326	Luis Silva	Individual	Senior Masculino	01:41:07	+34:40	04:48
96	5315	Pedro loureiro	ERDAL	Senior Masculino	01:41:10	+34:44	04:48
97	5319	Miguel Silva	Individual	Senior Masculino	01:41:13	+34:47	04:48
98	5379	João Vaz	Individual	Senior Masculino	01:41:33	+35:06	04:49
99	5354	Adriano Maia	Individual	Senior Masculino	01:41:36	+35:09	04:49
100	5241	Ricardo Costa	Individual	Senior Masculino	01:41:42	+35:15	04:49
101	5022	Rui Bastos	Individual	Senior Masculino	01:41:58	+35:31	04:50
102	5480	Vasco Machado	Individual	Senior Masculino	01:42:14	+35:47	04:51
103	5034	João Santos	Individual	Senior Masculino	01:42:16	+35:49	04:51
104	5009	Fábio Rompante	Individual	Senior Masculino	01:42:20	+35:53	04:51
105	5307	André Rodrigues	Individual	Senior Masculino	01:42:24	+35:58	04:51
106	5308	Vitor Azevedo	Individual	Senior Masculino	01:42:24	+35:58	04:51
107	5240	Eduardo Ferreira	Individual	Senior Masculino	01:42:25	+35:58	04:51
108	5535	André Guimarães	Individual	Senior Masculino	01:42:49	+36:22	04:52
109	5244	Nuno Ventura	Individual	Senior Masculino	01:43:45	+37:18	04:55
110	5049	Luís Lemos	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	01:43:57	+37:31	04:56
111	5636	Agostinho Ribeiro	Individual	Senior Masculino	01:43:58	+37:31	04:56
112	5079	Filipe Sousa	VTSC	Senior Masculino	01:44:06	+37:39	04:56
113	5624	Nuno Carvalhais	Individual	Senior Masculino	01:44:15	+37:49	04:57
114	5102	Pedro Oliveira	Individual	Senior Masculino	01:44:22	+37:56	04:57
115	5206	Pedro Henrique Cordeiro	Individual	Senior Masculino	01:44:23	+37:57	04:57
116	5175	Manuel Pacheco	Individual	Senior Masculino	01:45:00	+38:33	04:59
117	5221	Ricardo Teixeira	Individual	Senior Masculino	01:45:20	+38:53	05:00

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OFFICIAL RESULT

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118	5396	Rui Fonseca	Individual	Senior Masculino	01:45:42	+39:15	05:01
119	5555	José Fernandes	Individual	Senior Masculino	01:45:48	+39:21	05:01
120	5061	Tiago Gomes	Individual	Senior Masculino	01:45:51	+39:24	05:01
121	5405	Rui Meira	Individual	Senior Masculino	01:45:56	+39:29	05:01
122	5675	CARLOS POLO	Individual	Senior Masculino	01:46:26	+40:00	05:03
123	5578	Vitor Hugo Batista	GDUC	Senior Masculino	01:46:27	+40:00	05:03
124	5581	Carlos Junco	Individual	Senior Masculino	01:46:29	+40:02	05:03
125	5275	Ângelo Martins	Individual	Senior Masculino	01:46:31	+40:04	05:03
126	5401	Pedro Lameiras	Individual	Senior Masculino	01:46:36	+40:09	05:03
127	5399	Samuel Durier	Individual	Senior Masculino	01:46:41	+40:14	05:03
128	5299	Hugo Leite	Individual	Senior Masculino	01:46:42	+40:15	05:03
129	5018	João Paulo Siqueira dos Santos	Individual	Senior Masculino	01:46:43	+40:16	05:04
130	5310	Tiago Oliveira	Individual	Senior Masculino	01:46:51	+40:24	05:04
131	5569	Sérgio Barroso	ELCT	Senior Masculino	01:47:15	+40:48	05:05
132	5536	Jorge Miranda	Individual	Senior Masculino	01:47:29	+41:02	05:06
133	5118	RICARDO FERREIRA	Individual	Senior Masculino	01:47:43	+41:17	05:06
134	5559	André Neves	Individual	Senior Masculino	01:47:49	+41:22	05:07
135	5576	Diogo Teixeira	Individual	Senior Masculino	01:47:50	+41:23	05:07
136	5063	Sérgio Silva	Individual	Senior Masculino	01:47:52	+41:25	05:07
137	5448	José Ferreira	Individual	Senior Masculino	01:48:05	+41:38	05:07
138	5189	José Lemos	Individual	Senior Masculino	01:48:06	+41:40	05:07
139	5008	Rui carvalho	Individual	Senior Masculino	01:48:25	+41:58	05:08
140	5050	Fernando Silva	Individual	Senior Masculino	01:48:46	+42:19	05:09
141	5123	Rafael Pereira	ERDAL	Senior Masculino	01:48:49	+42:22	05:09
142	5078	Paulo Alves	Individual	Senior Masculino	01:49:16	+42:50	05:11
143	5011	Filipe Teixeira	Individual	Senior Masculino	01:49:41	+43:15	05:12
144	5672	NUNO CASTRO	Individual	Senior Masculino	01:49:42	+43:15	05:12
145	5594	André Tse	Individual	Senior Masculino	01:49:53	+43:26	05:12
146	5666	Bruno Baptista	Individual	Senior Masculino	01:49:58	+43:32	05:13
147	5191	João Pedro Pereira Pereira	Individual	Senior Masculino	01:49:59	+43:33	05:13
148	5665	Daniel Repovs	Individual	Senior Masculino	01:50:07	+43:40	05:13
149	5070	Ricardo Torres	Individual	Senior Masculino	01:50:11	+43:44	05:13
150	5556	Luis Ribafeita	Individual	Senior Masculino	01:50:27	+44:00	05:14
151	5196	Vitor rocha	Individual	Senior Masculino	01:50:30	+44:04	05:14
152	5415	Luís Filipe Batista	Individual	Senior Masculino	01:50:31	+44:04	05:14
153	5352	Bruno Pereira	Individual	Senior Masculino	01:50:38	+44:11	05:15
154	5575	Bruno Teixeira	Individual	Senior Masculino	01:50:52	+44:25	05:15
155	5155	Pedro Rodrigues	Individual	Senior Masculino	01:50:54	+44:27	05:15
156	5546	João Marques	Individual	Senior Masculino	01:51:04	+44:37	05:16
157	5534	João Fernandes	Individual	Senior Masculino	01:51:04	+44:37	05:16
158	5466	Diogo Ferreira	Individual	Senior Masculino	01:51:20	+44:53	05:17
159	5246	André Moreira	Individual	Senior Masculino	01:51:32	+45:05	05:17
160	5236	Luis Carlos Silva Peixoto	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	01:51:35	+45:08	05:17
161	5612	Felipe Magalhães	Individual	Senior Masculino	01:51:38	+45:11	05:17
162	5676	FÁBIO RIBEIRO	Individual	Senior Masculino	01:51:58	+45:31	05:18
163	5635	Diogo Pires	Individual	Senior Masculino	01:52:08	+45:42	05:19

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164	5099	Diogo Rodrigues	Individual	Senior Masculino	01:52:20	+45:54	05:19
165	5300	Marco Moura	Individual	Senior Masculino	01:52:20	+45:54	05:19
166	5188	João Louro	Individual	Senior Masculino	01:52:21	+45:54	05:20
167	5543	Daniel Vieira	Individual	Senior Masculino	01:52:32	+46:06	05:20
168	5235	Miguel Pinto	Individual	Senior Masculino	01:52:40	+46:13	05:20
169	5604	Duarte Moreira	Individual	Senior Masculino	01:52:41	+46:14	05:20
170	5141	Danilo Oliveira	Individual	Senior Masculino	01:53:16	+46:49	05:22
171	5158	José Alberto Lemos	Individual	Senior Masculino	01:53:25	+46:58	05:23
172	5560	David Maia	Individual	Senior Masculino	01:53:27	+47:01	05:23
173	5682	Aventino André Teixeira	Individual	Senior Masculino	01:53:37	+47:10	05:23
174	5265	Miguel Sousa	Individual	Senior Masculino	01:53:52	+47:25	05:24
175	5217	Vasco Pontes	Individual	Senior Masculino	01:54:06	+47:39	05:25
176	5416	Carlos Basto	Individual	Senior Masculino	01:54:07	+47:40	05:25
177	5089	Bruno Gonçalves	Individual	Senior Masculino	01:54:07	+47:40	05:25
178	5036	António Vila-Chã	Individual	Senior Masculino	01:54:08	+47:42	05:25
179	5035	Pedro Vila-Chã	Individual	Senior Masculino	01:54:09	+47:42	05:25
180	5124	Alexandre Barroso	Individual	Senior Masculino	01:54:37	+48:11	05:26
181	5376	Pedro Monteiro	Individual	Senior Masculino	01:55:07	+48:40	05:27
182	5226	Tiago Freitas	Individual	Senior Masculino	01:55:35	+49:08	05:29
183	5391	Ivo Rocha	Mila Fit	Senior Masculino	01:55:37	+49:11	05:29
184	5557	Ricardo Ribafeita	Individual	Senior Masculino	01:55:47	+49:20	05:29
185	5340	Rui Carvalho	Individual	Senior Masculino	01:56:11	+49:44	05:30
186	5619	Édi Freitas	Individual	Senior Masculino	01:56:31	+50:04	05:31
187	5012	Cândido Silva	Individual	Senior Masculino	01:56:37	+50:11	05:32
188	5403	José Lemos	Individual	Senior Masculino	01:56:45	+50:18	05:32
189	5422	Jaime Teixeira	Individual	Senior Masculino	01:57:00	+50:34	05:33
190	5276	Vitor carneiro	Individual	Senior Masculino	01:57:01	+50:34	05:33
191	5651	Eduardo Lopes	Individual	Senior Masculino	01:57:02	+50:36	05:33
192	5249	Francisco Martins	Individual	Senior Masculino	01:57:15	+50:48	05:33
193	5176	Ricardo Fernandes	Individual	Senior Masculino	01:57:22	+50:55	05:34
194	5614	Carlos Eusébio	Individual	Senior Masculino	01:57:34	+51:08	05:34
195	5234	Fernando Teixeira	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	01:58:10	+51:43	05:36
196	5632	Pedro Pereira	Individual	Senior Masculino	01:58:22	+51:55	05:37
197	5146	Diogo Miguel Magalhaes Gois da Silva	Individual	Senior Masculino	01:58:33	+52:06	05:37
198	5683	Manuel Abreu	Individual	Senior Masculino	01:58:49	+52:22	05:38
199	5408	Bruno Guimarães	Individual	Senior Masculino	01:58:56	+52:29	05:38
200	5126	Vitor Coelho	Individual	Senior Masculino	01:58:58	+52:32	05:38
201	5194	José Soares	Individual	Senior Masculino	01:59:01	+52:34	05:38
202	5431	Diogo Sousa	Individual	Senior Masculino	01:59:11	+52:44	05:39
203	5387	Luis Ramalho	Individual	Senior Masculino	01:59:24	+52:57	05:40
204	5430	José Sousa	Individual	Senior Masculino	01:59:40	+53:13	05:40
205	5165	Vancarlos Pires	Individual	Senior Masculino	01:59:41	+53:14	05:40
206	5137	Gonçalo Osório	Individual	Senior Masculino	01:59:58	+53:32	05:41
207	5101	Christof Turzynski	Individual	Senior Masculino	02:00:37	+54:11	05:43
208	5344	Pedro Torres	Individual	Senior Masculino	02:01:05	+54:39	05:44
209	5423	José Azevedo	ANTONIO	Senior Masculino	02:01:22	+54:55	05:45

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210	5538	Homer Armando Buelvas Moya	Individual	Senior Masculino	02:01:34	+55:07	05:46
211	5577	Carlos Diogo Andrade Oliveira Monteiro	Individual	Senior Masculino	02:01:41	+55:14	05:46
212	5157	Jorge Silva	Individual	Senior Masculino	02:01:43	+55:17	05:46
213	5420	José Rocha	Individual	Senior Masculino	02:01:46	+55:19	05:46
214	5218	Vítor Lopes	Individual	Senior Masculino	02:02:01	+55:34	05:47
215	5650	Israel Drummond	Individual	Senior Masculino	02:02:23	+55:57	05:48
216	5572	Marco Oliveira	Individual	Senior Masculino	02:02:27	+56:00	05:48
217	5179	Fábio Lemos	Individual	Senior Masculino	02:02:32	+56:05	05:48
218	5147	Welbert Silva	Individual	Senior Masculino	02:02:32	+56:06	05:49
219	5382	Ricardo Oliveira	Individual	Senior Masculino	02:02:33	+56:06	05:49
220	5048	João Ribeiro	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	02:02:41	+56:14	05:49
221	5359	Ricardo Alves	Individual	Senior Masculino	02:02:59	+56:32	05:50
222	5207	Bruno Pereira	Individual	Senior Masculino	02:03:10	+56:43	05:50
223	5322	Miguel Garcia	Individual	Senior Masculino	02:03:12	+56:46	05:50
224	5228	António Silva	Individual	Senior Masculino	02:03:17	+56:50	05:51
225	5164	Tiago Carvalho	Individual	Senior Masculino	02:03:38	+57:11	05:52
226	5171	Alexandre Sousa	Individual	Senior Masculino	02:03:48	+57:21	05:52
227	5527	João Faria	Individual	Senior Masculino	02:03:50	+57:23	05:52
228	5674	FREDERICO GONÇALVES	Individual	Senior Masculino	02:03:57	+57:30	05:53
229	5623	Bruno Ribeiro	Individual	Senior Masculino	02:04:10	+57:44	05:53
230	5548	João Ferreira	Individual	Senior Masculino	02:04:37	+58:10	05:54
231	5021	António Diogo Abreu	Individual	Senior Masculino	02:04:44	+58:17	05:55
232	5702	Atleta 5702	Individual	Senior Masculino	02:04:58	+58:31	05:55
233	5098	João Santos	Individual	Senior Masculino	02:04:59	+58:32	05:55
234	5343	Nuno Dinis	Individual	Senior Masculino	02:04:59	+58:32	05:55
235	5177	Raphael Silva	Individual	Senior Masculino	02:05:02	+58:35	05:56
236	5628	Rui Martins	Individual	Senior Masculino	02:05:03	+58:36	05:56
237	5305	João Rocha	Individual	Senior Masculino	02:05:20	+58:53	05:56
238	5467	Paulo Pinto	Individual	Senior Masculino	02:05:22	+58:55	05:57
239	5567	Luís Fernandes	Individual	Senior Masculino	02:05:24	+58:57	05:57
240	5400	Luís Ribeiro	Individual	Senior Masculino	02:05:29	+59:03	05:57
241	5278	Gabriel Carneiro	Individual	Senior Masculino	02:06:27	+01:00:00	06:00
242	5091	David Rodrigues	Individual	Senior Masculino	02:07:55	+01:01:29	06:04
243	5208	Diogo Teixeira	Individual	Senior Masculino	02:08:20	+01:01:54	06:05
244	5245	Nuno Afonso	Individual	Senior Masculino	02:08:30	+01:02:03	06:05
245	5092	Tiago Rodrigues	Individual	Senior Masculino	02:08:56	+01:02:29	06:07
246	5183	Eduardo Costa	Individual	Senior Masculino	02:09:02	+01:02:35	06:07
247	5182	José Silva	Individual	Senior Masculino	02:09:33	+01:03:06	06:08
248	5380	João Ribeiro	Individual	Senior Masculino	02:10:34	+01:04:07	06:11
249	5348	Tiago Freitas	Crossbox Montelongo	Senior Masculino	02:11:40	+01:05:13	06:14
250	5607	José Martins	Individual	Senior Masculino	02:13:04	+01:06:37	06:18
251	5225	Carlos Vieira	Individual	Senior Masculino	02:13:11	+01:06:44	06:19
252	5331	Luís Silva	Individual	Senior Masculino	02:13:25	+01:06:58	06:19
253	5204	Ralfe Mariano	Individual	Senior Masculino	02:13:56	+01:07:29	06:21
254	5220	Thiago Dias	Individual	Senior Masculino	02:14:06	+01:07:40	06:21
255	5054	Luís Miranda	Individual	Senior Masculino	02:14:12	+01:07:45	06:22

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256	5487	Tiago Ribeiro	Individual	Senior Masculino	02:15:06	+01:08:40	06:24
257	5132	Vitor Gonçalves	Individual	Senior Masculino	02:15:45	+01:09:18	06:26
258	5065	Rúben Machado	Individual	Senior Masculino	02:15:53	+01:09:27	06:26
259	5531	Luís da Silva	Individual	Senior Masculino	02:16:04	+01:09:37	06:27
260	5314	Diogo Soares	Individual	Senior Masculino	02:16:05	+01:09:38	06:27
261	5287	Pedro Silva	Individual	Senior Masculino	02:17:21	+01:10:55	06:31
262	5622	Filipe Poleri	Individual	Senior Masculino	02:19:07	+01:12:40	06:36
263	5402	Marcelo Monteiro	Individual	Senior Masculino	02:22:22	+01:15:55	06:45
264	5608	João Afonso Boavida Barroso Pinheiro	Individual	Senior Masculino	02:22:28	+01:16:02	06:45
265	5681	José Martins	Individual	Senior Masculino	02:22:30	+01:16:03	06:45
266	5081	Allan Barbosa	Individual	Senior Masculino	02:24:13	+01:17:46	06:50
267	5677	NUNO ARAÚJO	Individual	Senior Masculino	02:24:34	+01:18:07	06:51
268	5084	Miguel Pereira	Individual	Senior Masculino	02:25:21	+01:18:54	06:53
269	5127	Bruno Machado	Individual	Senior Masculino	02:28:57	+01:22:31	07:04
270	5239	Pedro Cunha	Individual	Senior Masculino	02:29:35	+01:23:08	07:05
271	5072	Daniel Machado	Individual	Senior Masculino	02:29:48	+01:23:21	07:06
272	5074	Nuno Pinheiro	Individual	Senior Masculino	02:30:23	+01:23:57	07:08
273	5152	Nuno Cardoso	Individual	Senior Masculino	02:30:39	+01:24:12	07:08
274	5262	Carlos Rocha	Individual	Senior Masculino	02:32:27	+01:26:00	07:14
275	5339	João Salgado	Individual	Senior Masculino	02:40:28	+01:34:01	07:36
276	5266	Rodrigo Esteves	Individual	Senior Masculino	02:55:54	+01:49:27	08:20

Veterana F40

1	5529	Andreia Santos	CAST	Veterana F40	01:18:52		03:44
2	5602	Filomena Costa	Individual	Veterana F40	01:24:08	+05:16	03:59
3	5214	Helena Machado	Individual	Veterana F40	01:40:05	+21:13	04:45
4	5438	Marisa Fernandes	ELCT	Veterana F40	01:42:13	+23:21	04:51
5	5637	Liliana Moreira	Individual	Veterana F40	01:43:59	+25:07	04:56
6	5336	Sandrine Freitas	SRC	Veterana F40	01:45:32	+26:40	05:00
7	5256	Luísa Marques	Individual	Veterana F40	01:49:03	+30:11	05:10
8	5038	Juliana Azevedo	Individual	Veterana F40	01:51:07	+32:15	05:16
9	5042	Ana Silva	Individual	Veterana F40	01:51:26	+32:34	05:17
10	5330	Sofia Teixeira	Individual	Veterana F40	02:04:52	+46:00	05:55
11	5306	Vania Santos	Individual	Veterana F40	02:11:00	+52:08	06:13
12	5385	Neusa Barbeitos	Individual	Veterana F40	02:14:23	+55:30	06:22
13	5162	Carla Ferreira	Individual	Veterana F40	02:23:54	+01:05:02	06:49
14	5085	Leila Lopes	Individual	Veterana F40	02:25:22	+01:06:30	06:53
15	5428	Adriana Salles	Individual	Veterana F40	02:29:09	+01:10:17	07:04

Veterana F45

1	5648	Silvia Pereira	ELCT	Veterana F45	01:22:48	03:56
2	5261	CRISTIANA RIBEIRO	A.C.B BRITO	Veterana F45	01:50:16	+27:27 05:14
3	5281	Patricia Freitas	Individual	Veterana F45	02:01:24	+38:35 05:45
4	5058	Teresa Fontes	Individual	Veterana F45	02:05:22	+42:33 05:57

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5	5395	Paula Fernandes	Individual	Veterana F45	02:05:40	+42:51	05:57
6	5231	Ana Bastos	Individual	Veterana F45	02:18:39	+55:50	06:34
7	5060	Ana Ferreira	DRGN	Veterana F45	02:23:53	+01:01:04	06:49
8	5347	Anabela Gil	As Lutadoras	Veterana F45	02:24:46	+01:01:57	06:52

Veterana F50

1	5507	Céu Fernandes	VTSC	Veterana F50	01:32:20	04:23
2	5334	Isabel Freitas	SRC	Veterana F50	01:45:18	+12:57 04:59
3	5029	Laurinda Sousa	DRGN	Veterana F50	01:48:04	+15:43 05:07
4	5254	Paula Couto	Individual	Veterana F50	01:49:30	+17:10 05:11
5	5200	Paula Cristina Guedes	Individual	Veterana F50	02:11:12	+38:52 06:13

Veterano M40

1	5463	Bruno Silva	VIZELA	Veterano M40	01:08:41	03:15
2	5583	Rui Muga	CAMC	Veterano M40	01:10:26	+01:44 03:20
3	5654	Rui Silva	CDSSC	Veterano M40	01:12:26	+03:44 03:26
4	5202	Adelino Sousa	Individual	Veterano M40	01:17:48	+09:07 03:41
5	5491	João Castro	ELCT	Veterano M40	01:17:55	+09:13 03:42
6	5510	Jorge Freitas	VTSC	Veterano M40	01:18:26	+09:44 03:43
7	5606	Rui Teixeira	AD Vila Chã do Marão	Veterano M40	01:20:13	+11:32 03:48
8	5469	Paulo Martins	VIZELA	Veterano M40	01:22:02	+13:20 03:53
9	5603	Flávio Gonçalves	Individual	Veterano M40	01:24:08	+15:26 03:59
10	5364	Rui Alves	Individual	Veterano M40	01:25:01	+16:20 04:02
11	5369	Vitor Silva	ERDAL	Veterano M40	01:25:26	+16:44 04:03
12	5446	André Cunha	Individual	Veterano M40	01:27:01	+18:19 04:07
13	5482	Nélson Lopes	ELCT	Veterano M40	01:29:24	+20:43 04:14
14	5150	Luís Miguel Santos	ERDAL	Veterano M40	01:30:20	+21:38 04:17
15	5565	Alvaro Eloi Abreu da Silva	Individual	Veterano M40	01:33:06	+24:24 04:25
16	5317	João Machado	Individual	Veterano M40	01:34:18	+25:36 04:28
17	5627	António Augusto Santos Pinto Alves	AD Vila Chã do Marão	Veterano M40	01:34:19	+25:38 04:28
18	5514	Nuno Mota	VTSC	Veterano M40	01:35:09	+26:27 04:31
19	5634	Fernando Gomes	CBRUN	Veterano M40	01:35:12	+26:31 04:31
20	5185	Daniel Vieira da Silva	Individual	Veterano M40	01:35:50	+27:08 04:33
21	5516	Rui Gonçalves	VTSC	Veterano M40	01:36:38	+27:56 04:35
22	5087	Leandro Ferrás	Individual	Veterano M40	01:36:46	+28:04 04:35
23	5130	Amandio Ferreira	Individual	Veterano M40	01:36:55	+28:13 04:36
24	5304	Hugo Oliveira	Individual	Veterano M40	01:37:28	+28:47 04:37
25	5140	Christophe Fernandes	Individual	Veterano M40	01:37:31	+28:50 04:37
26	5052	Bruno Leite	Individual	Veterano M40	01:37:43	+29:01 04:38
27	5197	Edgar Costa	Individual	Veterano M40	01:38:46	+30:04 04:41
28	5328	César Renato Soares Martins	Individual	Veterano M40	01:39:24	+30:42 04:43
29	5192	Bruno Dias	Individual	Veterano M40	01:39:55	+31:13 04:44
30	5638	Fernando Faria	Individual	Veterano M40	01:40:21	+31:39 04:45
31	5476	Diogo Lopes	Individual	Veterano M40	01:40:31	+31:50 04:46

Meia Maratona

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OFFICIAL RESULT

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32	5193	Sérgio Ribeiro	Individual	Veterano M40	01:40:46	+32:04	04:47
33	5661	Vítor Salgado	Individual	Veterano M40	01:40:51	+32:10	04:47
34	5338	Vítor Manuel Pires Barreiras Pinto	Individual	Veterano M40	01:41:56	+33:14	04:50
35	5097	Ricardo Ferreira	Individual	Veterano M40	01:42:15	+33:33	04:51
36	5212	Joel Silva	CRCANDO	Veterano M40	01:43:12	+34:30	04:54
37	5215	João Pereira	Individual	Veterano M40	01:43:12	+34:30	04:54
38	5209	Vítor Lourenço	Individual	Veterano M40	01:43:40	+34:58	04:55
39	5025	Nuno Ferreira	Individual	Veterano M40	01:43:43	+35:01	04:55
40	5485	Nuno Ribeiro	ELCT	Veterano M40	01:43:49	+35:07	04:55
41	5269	Pedro Magalhães	Individual	Veterano M40	01:44:57	+36:15	04:58
42	5592	David Rodrigues	Individual	Veterano M40	01:45:08	+36:26	04:59
43	5337	Vítor Silva	Individual	Veterano M40	01:46:05	+37:23	05:02
44	5426	Bruno Silva	Individual	Veterano M40	01:46:47	+38:05	05:04
45	5205	João Carreira	Individual	Veterano M40	01:46:49	+38:08	05:04
46	5028	Luis Goncalves	Individual	Veterano M40	01:46:54	+38:12	05:04
47	5320	Filipe Barbosa	Individual	Veterano M40	01:48:11	+39:29	05:08
48	5477	Paulo Lopes	Individual	Veterano M40	01:48:14	+39:32	05:08
49	5247	Sérgio Pereira	Individual	Veterano M40	01:48:27	+39:45	05:08
50	5233	Renato Vieira	Individual	Veterano M40	01:48:39	+39:57	05:09
51	5552	Sergio Mendes	Pioneiros do Parque	Veterano M40	01:49:11	+40:29	05:11
52	5617	Vasco silva	Individual	Veterano M40	01:49:52	+41:10	05:12
53	5145	Rui Freitas	Individual	Veterano M40	01:51:37	+42:55	05:17
54	5006	Luciano Rocha	Individual	Veterano M40	01:51:56	+43:14	05:18
55	5447	Nuno Novais	Individual	Veterano M40	01:52:31	+43:49	05:20
56	5303	João Ribeiro	ERDAL	Veterano M40	01:52:37	+43:55	05:20
57	5645	Álvaro Oliveira	Individual	Veterano M40	01:52:40	+43:58	05:20
58	5033	ZEZITO MACHADO	Individual	Veterano M40	01:53:26	+44:44	05:23
59	5232	Michal Dabrowski	Individual	Veterano M40	01:54:13	+45:31	05:25
60	5284	Ricardo Duarte	Individual	Veterano M40	01:54:26	+45:44	05:25
61	5007	Seyyed Sabet	Individual	Veterano M40	01:54:26	+45:44	05:25
62	5283	Tiago Pereira	Individual	Veterano M40	01:54:42	+46:00	05:26
63	5646	ALEXANDRE PEREIRA	Individual	Veterano M40	01:55:03	+46:21	05:27
64	5112	CRISTIANO SOUSA	Individual	Veterano M40	01:56:36	+47:54	05:32
65	5413	Miguel Almeida	Individual	Veterano M40	01:56:58	+48:16	05:33
66	5293	Nelson Fernandes	Individual	Veterano M40	01:57:12	+48:30	05:33
67	5170	Lorenzo Cane	Individual	Veterano M40	01:59:10	+50:28	05:39
68	5373	Miguel Fernandes	3qinas!	Veterano M40	01:59:15	+50:33	05:39
69	5642	Paulo Moreira	Individual	Veterano M40	02:00:01	+51:19	05:41
70	5429	JOAO FERNANDES	OS CRENTES	Veterano M40	02:01:30	+52:48	05:46
71	5129	Fernando Bubna	Individual	Veterano M40	02:01:44	+53:02	05:46
72	5434	Rodrigo Almeida	Individual	Veterano M40	02:02:33	+53:51	05:49
73	5673	RICARDO LIMA	Individual	Veterano M40	02:05:22	+56:41	05:57
74	5277	Luis Santos	Individual	Veterano M40	02:07:12	+58:30	06:02
75	5083	José Ferreira	Individual	Veterano M40	02:09:43	+01:01:01	06:09
76	5582	André Dinis	Individual	Veterano M40	02:11:04	+01:02:22	06:13
77	5595	Daniel Oliveira	Individual	Veterano M40	02:11:04	+01:02:22	06:13

Official Timekeeper: Lap2Go	10 / 14	generate 05-out.-2025 12:56
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Meia Maratona

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OFFICIAL RESULT

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78	5161	Frédéric Magalhães	Individual	Veterano M40	02:17:47	+01:09:05	06:32
79	5668	Joaquim Malheiro	Individual	Veterano M40	02:29:09	+01:20:27	07:04

Veterano M45

1	5655	José Moreira	CDSSC	Veterano M45	01:13:08		03:28
2	5652	Duarte Queirós	CDSSC	Veterano M45	01:17:36	+04:27	03:41
3	5561	Marco Faria	VIZELA	Veterano M45	01:18:38	+05:29	03:44
4	5495	Nuno Matias	Individual	Veterano M45	01:22:48	+09:39	03:55
5	5481	Fernando Almeida	Individual	Veterano M45	01:22:53	+09:44	03:56
6	5493	Helder Silva	Individual	Veterano M45	01:25:33	+12:24	04:03
7	5017	Martinho Correia	DRGN	Veterano M45	01:25:47	+12:38	04:04
8	5660	Hélder Oliveira	Individual	Veterano M45	01:25:50	+12:41	04:04
9	5620	Ângelo Santos	Individual	Veterano M45	01:26:36	+13:27	04:06
10	5121	Adão Vaz	Individual	Veterano M45	01:28:30	+15:21	04:12
11	5190	João Santos	ERDAL	Veterano M45	01:30:20	+17:11	04:17
12	5435	Ricardo Oliveira	Individual	Veterano M45	01:30:34	+17:25	04:18
13	5523	Luís Mendes	VTSC	Veterano M45	01:31:47	+18:38	04:21
14	5057	Hugo Silva	Individual	Veterano M45	01:32:42	+19:33	04:24
15	5398	Bruno Ferreira	Individual	Veterano M45	01:32:51	+19:43	04:24
16	5260	DANIEL RIBEIRO	A.C.B BRITO	Veterano M45	01:33:22	+20:13	04:26
17	5259	Paulo Pinto	Individual	Veterano M45	01:34:20	+21:11	04:28
18	5524	Hélder Vieira	VTSC	Veterano M45	01:35:09	+22:00	04:31
19	5433	Carlos Leite	Individual	Veterano M45	01:35:32	+22:23	04:32
20	5558	Filipe Fontes	ACVSM	Veterano M45	01:35:32	+22:23	04:32
21	5421	Diogo Barbosa	Individual	Veterano M45	01:36:08	+22:59	04:33
22	5589	Rui Silva	CAMC	Veterano M45	01:39:38	+26:29	04:43
23	5598	Paulo Araújo	Individual	Veterano M45	01:39:56	+26:47	04:44
24	5350	Nelson Santos	Individual	Veterano M45	01:40:02	+26:53	04:45
25	5368	Helder Silva	Individual	Veterano M45	01:40:11	+27:02	04:45
26	5297	Filipe Freitas	Individual	Veterano M45	01:40:56	+27:47	04:47
27	5252	João Vieira	Individual	Veterano M45	01:41:40	+28:31	04:49
28	5056	Marco Salgado	Individual	Veterano M45	01:42:20	+29:11	04:51
29	5211	Hélder Faria	CRCANDO	Veterano M45	01:42:25	+29:16	04:51
30	5530	José Salgueiro	Individual	Veterano M45	01:43:37	+30:28	04:55
31	5195	Jorge Fernandes	Individual	Veterano M45	01:43:42	+30:33	04:55
32	5647	Vitor Martins	Individual	Veterano M45	01:43:52	+30:44	04:55
33	5103	Benjamim Ribeiro	Individual	Veterano M45	01:43:56	+30:48	04:56
34	5679	FILIPE CUNHA	Individual	Veterano M45	01:44:18	+31:09	04:57
35	5621	Romeu Araújo	Individual	Veterano M45	01:45:16	+32:07	04:59
36	5174	JORGE CUNHA	Individual	Veterano M45	01:45:29	+32:20	05:00
37	5392	João Gonçalves	Mila Fit	Veterano M45	01:45:31	+32:23	05:00
38	5610	João Paulo Castro	VTSC	Veterano M45	01:45:46	+32:37	05:01
39	5125	José Boído	Individual	Veterano M45	01:46:26	+33:17	05:03
40	5301	Ricardo Barroso	Individual	Veterano M45	01:46:45	+33:37	05:04
41	5198	Nuno Vinha	Individual	Veterano M45	01:47:16	+34:08	05:05

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OFFICIAL RESULT

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42	5321	Moises Soares	Individual	Veterano M45	01:47:41	+34:32	05:06
43	5113	ANGÊLO CARDOSO	Individual	Veterano M45	01:47:49	+34:40	05:07
44	5296	Rogério Silva	Individual	Veterano M45	01:48:04	+34:55	05:07
45	5069	Márcio Silva	ERDAL	Veterano M45	01:48:51	+35:42	05:10
46	5186	Nicolau Macedo	Individual	Veterano M45	01:50:46	+37:37	05:15
47	5591	Paulo Peres	CAMC	Veterano M45	01:51:52	+38:43	05:18
48	5086	Rui Castro	Quilómetros à Solta / Ases S.Jorge - Atletismo	Veterano M45	01:51:59	+38:50	05:18
49	5173	Oswaldo Ferreira	Individual	Veterano M45	01:52:11	+39:02	05:19
50	5014	Vítor Fernandes	DRGN	Veterano M45	01:52:47	+39:38	05:21
51	5453	Ricardo Azevedo	Os Resistentes	Veterano M45	01:54:04	+40:55	05:24
52	5114	MIGUEL LOPES	Individual	Veterano M45	01:54:15	+41:06	05:25
53	5600	Renato Lopes	Individual	Veterano M45	01:54:18	+41:09	05:25
54	5107	Armando Pinto	Individual	Veterano M45	01:54:30	+41:22	05:26
55	5393	Miguel RIBEIRO	Individual	Veterano M45	02:00:32	+47:23	05:43
56	5394	Jerome MALVAULT	Individual	Veterano M45	02:00:35	+47:26	05:43
57	5187	Nuno Passos	Individual	Veterano M45	02:00:44	+47:35	05:43
58	5484	EURICO MARTINS	Individual	Veterano M45	02:01:03	+47:54	05:44
59	5486	Hugo Araújo	Individual	Veterano M45	02:02:07	+48:58	05:47
60	5351	Paulo Teixeira	União Atletismo Do Porto	Veterano M45	02:02:49	+49:40	05:49
61	5229	Luis Peixoto	Individual	Veterano M45	02:03:26	+50:17	05:51
62	5417	Paulo Machado	Individual	Veterano M45	02:05:20	+52:11	05:56
63	5059	Pedro Viana	Individual	Veterano M45	02:05:22	+52:13	05:57

Veterano M50

1	5537	Paulo Mendes	Individual	Veterano M50	01:26:45	04:07
2	5136	Adão Fernandes	Individual	Veterano M50	01:30:38	+03:53 04:18
3	5521	Daniel Ferreira	VTSC	Veterano M50	01:32:09	+05:24 04:22
4	5323	Domingos Leite	VTSC	Veterano M50	01:32:36	+05:51 04:23
5	5324	Jorge Lobo	GDUC	Veterano M50	01:37:07	+10:22 04:36
6	5227	José Luis Freitas	Individual	Veterano M50	01:37:20	+10:35 04:37
7	5533	Gualter Freitas	ERDAL	Veterano M50	01:37:38	+10:53 04:38
8	5554	Manuel Melo	Individual	Veterano M50	01:37:49	+11:04 04:38
9	5564	Paulo Lemos	Individual	Veterano M50	01:38:46	+12:01 04:41
10	5365	ALBINO FERNANDES	Individual	Veterano M50	01:39:19	+12:34 04:42
11	5588	Helder Deveza	CAMC	Veterano M50	01:39:39	+12:53 04:43
12	5332	Rui Silva	Individual	Veterano M50	01:40:17	+13:32 04:45
13	5082	Rui Marques	Individual	Veterano M50	01:40:18	+13:33 04:45
14	5549	Rafael Galvão	Individual	Veterano M50	01:40:39	+13:54 04:46
15	5111	JOSÉ SALGADO	Individual	Veterano M50	01:41:15	+14:30 04:48
16	5609	Vítor Lemos	VTSC	Veterano M50	01:41:19	+14:34 04:48
17	5404	Manuel Ferreira	Individual	Veterano M50	01:41:40	+14:55 04:49
18	5511	Paulo Abreu	VTSC	Veterano M50	01:42:07	+15:22 04:50
19	5355	José Manuel Mendes Lopes Lopes	Individual	Veterano M50	01:42:45	+16:00 04:52
20	5472	Paulo Cardeiras	Individual	Veterano M50	01:43:03	+16:18 04:53

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OFFICIAL RESULT

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21	5005	Paulo BÁRTOLO	Individual	Veterano M50	01:43:21	+16:36	04:54
22	5544	Carlos Ribeiro	Individual	Veterano M50	01:43:22	+16:37	04:54
23	5470	Ricardo Oliveira	Individual	Veterano M50	01:44:04	+17:19	04:56
24	5547	José Gonçalves	Individual	Veterano M50	01:44:35	+17:49	04:57
25	5669	Pedro Baptista	Individual	Veterano M50	01:45:21	+18:36	05:00
26	5166	Pedro Flores	Individual	Veterano M50	01:46:58	+20:13	05:04
27	5108	AFONSO PEREIRA	Individual	Veterano M50	01:47:35	+20:50	05:06
28	5131	Sergio Capelas	Individual	Veterano M50	01:47:46	+21:01	05:06
29	5633	Nuno Freitas	Individual	Veterano M50	01:48:27	+21:42	05:08
30	5255	Agostinho Mendes	Individual	Veterano M50	01:49:31	+22:46	05:11
31	5216	Maximino Silva	Individual	Veterano M50	01:50:54	+24:09	05:15
32	5518	Manuel F Mendes	VTSC	Veterano M50	01:51:13	+24:28	05:16
33	5335	Francisco Cunha	SRC	Veterano M50	01:52:16	+25:30	05:19
34	5115	CARLOS LOBO	Individual	Veterano M50	01:52:28	+25:43	05:20
35	5457	Filipe Silva	Os Resistentes	Veterano M50	01:52:47	+26:02	05:21
36	5452	Jacinto Mendes	Os Resistentes	Veterano M50	01:52:47	+26:02	05:21
37	5067	Luis Filipe Ferreira	Individual	Veterano M50	01:52:50	+26:05	05:21
38	5362	JOSÉ FERREIRA	Individual	Veterano M50	01:53:08	+26:23	05:22
39	5311	Marco Aurélio	Individual	Veterano M50	01:53:24	+26:39	05:23
40	5159	Domingos Lopes Martins Dos Santos	Individual	Veterano M50	01:53:37	+26:52	05:23
41	5599	Mário Rosas	Individual	Veterano M50	01:55:00	+28:15	05:27
42	5066	Filipe Silva	Individual	Veterano M50	01:56:05	+29:20	05:30
43	5390	Iazalde Martins	Individual	Veterano M50	01:56:06	+29:21	05:30
44	5456	Ernesto Sousa	Os Resistentes	Veterano M50	01:56:20	+29:35	05:31
45	5109	CÂNDIDO MACHADO	Individual	Veterano M50	01:56:36	+29:51	05:32
46	5243	Julio cesar ferreira	Individual	Veterano M50	01:57:35	+30:50	05:34
47	5270	Baltasar Ribeiro	Individual	Veterano M50	01:57:40	+30:55	05:35
48	5213	Rui Monteiro	Individual	Veterano M50	02:02:10	+35:25	05:47
49	5090	Davide Rodrigues	Individual	Veterano M50	02:08:55	+42:10	06:07
50	5077	Jorge Fernandes	Individual	Veterano M50	02:09:23	+42:38	06:08
51	5199	Fernando Rothes	Individual	Veterano M50	02:10:30	+43:45	06:11
52	5388	Amando Sequeira	Individual	Veterano M50	02:12:18	+45:33	06:16
53	5625	Emanuel Neves	Individual	Veterano M50	02:18:52	+52:07	06:35
54	5641	Luís Barros	Individual	Veterano M50	02:23:43	+56:57	06:49
55	5068	Jean-Yves CAPELA	Individual	Veterano M50	02:24:49	+58:04	06:52
56	5644	FRANCISCO FREITAS	Individual	Veterano M50	02:27:50	+01:01:05	07:00
57	5093	Luís Paulo	Individual	Veterano M50	02:27:50	+01:01:05	07:00

Veterano M55

1	5468	Fernando Pereira	VIZELA	Veterano M55	01:20:53		03:50
2	5298	Pedro Costa	Individual	Veterano M55	01:28:00	+07:06	04:10
3	5389	Armindo Freitas	Individual	Veterano M55	01:33:06	+12:12	04:25
4	5253	Artur Couto	Individual	Veterano M55	01:35:04	+14:10	04:30
5	5515	Jaime Alves	VTSC	Veterano M55	01:36:38	+15:45	04:35
6	5144	Álvaro Sousa	Individual	Veterano M55	01:36:52	+15:58	04:35

Official Timekeeper: Lap2Go	13 / 14	generate 05-out.-2025 12:56
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Meia Maratona

21,097 KM

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OFFICIAL RESULT

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7	5489	Paulo Azevedo	Individual	Veterano M55	01:37:22	+16:28	04:37
8	5292	Carlos Vieira	Individual	Veterano M55	01:39:06	+18:12	04:42
9	5601	JOSÉ FERREIRA	Individual	Veterano M55	01:39:08	+18:15	04:42
10	5579	Manuel Machado	Pioneiros do Parque	Veterano M55	01:40:45	+19:51	04:47
11	5439	Marco Pereira	Individual	Veterano M55	01:43:40	+22:46	04:55
12	5279	ANTÓNIO LOUREIRO	Individual	Veterano M55	01:46:41	+25:47	05:03
13	5024	Ricardo Ceia	Individual	Veterano M55	01:47:34	+26:40	05:06
14	5251	José Neto	Individual	Veterano M55	01:47:42	+26:48	05:06
15	5513	Carlos Gonçalves	VTSC	Veterano M55	01:51:13	+30:19	05:16
16	5210	Carlos Ferreira	Individual	Veterano M55	01:53:02	+32:08	05:21
17	5203	Olegário Oliveira	Individual	Veterano M55	01:54:47	+33:53	05:26
18	5451	Álvaro Costa	Individual	Veterano M55	01:54:50	+33:57	05:27
19	5455	Jaime Rocha	Os Resistentes	Veterano M55	01:56:20	+35:26	05:31
20	5273	Ricardo Ribeiro	Individual	Veterano M55	01:57:28	+36:35	05:34
21	5384	Rui Genésio	Individual	Veterano M55	01:59:35	+38:41	05:40
22	5163	Rui Santos	Individual	Veterano M55	02:02:17	+41:24	05:48
23	5138	Adão Coelho	Individual	Veterano M55	02:04:46	+43:52	05:55

Veterano M60

1	5274	Alexandre Ferreira	Individual	Veterano M60	01:27:21		04:08
2	5360	Manuel Palmeiro	Individual	Veterano M60	01:38:42	+11:21	04:41
3	5263	JOSE SOUSA	Individual	Veterano M60	01:44:10	+16:49	04:56
4	5519	João Oliveira	VTSC	Veterano M60	01:44:16	+16:54	04:57
5	5522	Francisco Novais	VTSC	Veterano M60	01:45:36	+18:14	05:00
6	5110	MANUEL MENDES	Individual	Veterano M60	01:51:51	+24:30	05:18
7	5122	ANTENOR GOVEIA	Individual	Veterano M60	01:54:33	+27:12	05:26
8	5454	Manuel Cunha	Os Resistentes	Veterano M60	01:56:20	+28:59	05:31
9	5286	Antonio Batista	Individual	Veterano M60	01:56:44	+29:22	05:32
10	5427	Fernando Lopes	Individual	Veterano M60	02:06:51	+39:29	06:01
11	5180	José manuel Mendes	Individual	Veterano M60	02:07:23	+40:01	06:02
12	5528	Herculano Cardoso	Individual	Veterano M60	02:13:51	+46:29	06:21
13	5563	Virgílio Oliveira	Individual	Veterano M60	02:29:18	+01:01:56	07:05

Veterano M65

1	5542	Joao Oliveira	Individual	Veterano M65	01:39:15		04:42
2	5342	Manuel Morais de Magalhães	Individual	Veterano M65	01:40:01	+00:46	04:44
3	5285	José Almeida	Individual	Veterano M65	01:52:03	+12:48	05:19

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10 KM - STAGE 1

10 KM

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	16,2°C	76%
End	11:36	16,2°C	76%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	4033	João Rodrigues	Individual	33:19		03:20	
2	4008	Tiago Costa	Individual	34:03	+00:44	03:24	
3	3309	Domingos Fernandes	Individual	35:24	+02:05	03:32	
4	3796	Leonel Alves	Individual	35:59	+02:40	03:36	
5	3794	Joaquim Cruz	Individual	36:06	+02:47	03:37	
6	3672	Nuno Fernandes	CAF-FR	36:30	+03:11	03:39	
7	3804	Marco André Sousa Pinto	Brabus Runners	37:19	+04:00	03:44	
8	3830	Beatriz Fernandes	VTSC	37:31	+04:12	03:45	
9	3881	Paulo Gomes	AFR&F	37:45	+04:26	03:46	
10	3829	Joaquim Pacheco	VTSC	38:12	+04:53	03:49	
11	3186	Roberto Costa	Individual	38:28	+05:09	03:51	
12	3273	JOSE FREITAS	Individual	38:50	+05:31	03:53	
13	3825	Miguel Peixoto	VTSC	39:16	+05:57	03:56	
14	3179	Sergio Rodrigues	Individual	39:26	+06:07	03:57	
15	3357	Americo Lima	Individual	39:29	+06:10	03:57	
16	3789	Pedro Ricardo Monteiro Costa	Individual	39:30	+06:11	03:57	
17	3216	Adelino Jose Pereira Fernandes	Individual	39:53	+06:34	03:59	
18	3904	Francisco Pereira	Individual	40:18	+06:59	04:02	
19	4080	Chardler Horton	Individual	40:39	+07:20	04:04	
20	3886	Adelino Fernandes	ACVSM	40:44	+07:25	04:04	
21	4072	Andreia Cunha	DRGN	40:53	+07:34	04:05	
22	3080	Afonso Reis	Individual	40:56	+07:37	04:06	
23	3574	Manuel Ribeiro	NATAIPAS	41:29	+08:10	04:09	
24	3585	Sérgio Ferreira	Individual	41:42	+08:23	04:10	
25	3659	Mariana Machado	Individual	41:58	+08:39	04:12	
26	3614	Francisco Mota	Individual	42:01	+08:42	04:12	
27	3004	Pedro Serra	Individual	42:07	+08:48	04:13	
28	3185	Fábio Oliveira	Individual	42:10	+08:51	04:13	
29	3964	Miguel Lima	Individual	42:15	+08:56	04:14	
30	4047	Pedro Pereira	Individual	42:22	+09:03	04:14	
31	3503	Ruben Lima	SRC	42:36	+09:17	04:16	
32	4070	Óscar Silva	Individual	43:01	+09:42	04:18	
33	3947	Orlando Alves	Individual	43:02	+09:43	04:18	
34	3547	Dinis Silva	Individual	43:32	+10:13	04:21	
35	3885	Roberto Machado	ACVSM	43:53	+10:34	04:23	
36	3005	Filipe Lobo	Individual	43:56	+10:37	04:24	
37	3254	Claudio Lopes	Individual	44:08	+10:49	04:25	
38	3982	Esmeralda Meira	VTSC	44:15	+10:56	04:26	
39	3780	Pedro Guimarães	Individual	44:50	+11:31	04:29	
40	3440	Rui Costa	Individual	44:51	+11:32	04:29	
41	3948	Claudio Gonçalves	Individual	44:59	+11:40	04:30	
42	4096	Gaspar Santoalha	Individual	44:59	+11:40	04:30	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	3288	Tiago Oliveira	Individual	45:00	+11:41	04:30	
44	3802	Tiago vieira	ELCT	45:04	+11:45	04:30	
45	3488	António Batista	SRC	45:06	+11:47	04:31	
46	3224	Tomas Nunes	Individual	45:07	+11:48	04:31	
47	3388	Pedro Colaco	Individual	45:07	+11:48	04:31	
48	3754	Sérgio Venâncio	Individual	45:14	+11:55	04:31	
49	3788	Luis Lobo	Individual	45:16	+11:57	04:32	
50	3495	João Coelho	Individual	45:38	+12:19	04:34	
51	3826	António Marques	VTSC	45:40	+12:21	04:34	
52	4067	David Gonçalves Ribeiro	Individual	45:42	+12:23	04:34	
53	3770	Francisco Oliveira	Individual	45:49	+12:30	04:35	
54	3696	Gonçalo Branco	Individual	45:54	+12:35	04:35	
55	3695	Amadeu Branco	Individual	46:05	+12:46	04:37	
56	4136	LUÍS SILVEIRA	Individual	46:06	+12:47	04:37	
57	3683	EDUARDO RODRIGUES	OS CRENTES	46:16	+12:57	04:38	
58	3827	Ramiro Pinheiro	VTSC	46:20	+13:01	04:38	
59	3493	Vítor Martins	SRC	46:45	+13:26	04:40	
60	3687	José Diogo	Individual	46:46	+13:27	04:41	
61	4097	Paulo Teixeira	Individual	46:49	+13:30	04:41	
62	3651	Rui Carvalho	Individual	46:49	+13:30	04:41	
63	3434	Rui Lopes	Individual	46:53	+13:34	04:41	
64	4073	Vítor Gonçalves	Individual	47:28	+14:09	04:45	
65	3354	Paulo Pereira	Individual	47:28	+14:09	04:45	
66	3263	Miguel Silva	Individual	47:35	+14:16	04:45	
67	3650	Marco Carvalho	Individual	47:37	+14:18	04:46	
68	4081	Anna Nezamova	Individual	47:44	+14:25	04:46	
69	3509	Miguel Silva	Individual	47:44	+14:25	04:46	
70	3242	Diogo Pereira	Individual	47:47	+14:28	04:47	
71	4090	Atleta 4090	Individual	47:48	+14:29	04:47	
72	3540	Vitor Sousa	Individual	47:50	+14:31	04:47	
73	3520	Bruno costa	Individual	47:51	+14:32	04:47	
74	4024	JORDI FARIA	POTES DE OURO	47:54	+14:35	04:47	
75	4110	FLÁVIO RODRIGUES	Individual	48:00	+14:41	04:48	
76	3447	Ângelo Constante	Individual	48:02	+14:43	04:48	
77	3843	Tiago Carneiro	Individual	48:09	+14:50	04:49	
78	4186	Tiago Tomás Silva Pinto	Individual	48:09	+14:50	04:49	
79	4083	João Dias	Individual	48:10	+14:51	04:49	
80	3306	José Manuel Barbosa Marques	Individual	48:12	+14:53	04:49	
81	4163	Luís Silva	Individual	48:12	+14:53	04:49	
82	3381	Jorge Silva	Individual	48:15	+14:56	04:49	
83	3452	João Ribeiro	Individual	48:19	+15:00	04:50	
84	3011	João Cruz	Individual	48:19	+15:00	04:50	
85	3666	Bruno Gomes	Individual	48:23	+15:04	04:50	
86	3966	Ivo Cunha	Individual	48:24	+15:05	04:50	
87	3984	Diogo Azevedo	Individual	48:24	+15:05	04:50	
88	3742	Raul Silva	SSCGD	48:30	+15:11	04:51	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	3642	Daniel Silva	Individual	48:30	+15:11	04:51	
90	3582	Miguel Castro	Individual	48:41	+15:22	04:52	
91	3949	Francisco Alves	Individual	48:44	+15:25	04:52	
92	3700	Tiago Magalhaes	Individual	48:56	+15:37	04:54	
93	3120	Gil Castro	Individual	49:00	+15:41	04:54	
94	3739	Jose Azevedo	Individual	49:02	+15:43	04:54	
95	3977	Rodrigo Silva	Individual	49:02	+15:43	04:54	
96	3289	Abel Dias	Individual	49:14	+15:55	04:55	
97	3371	João Teixeira	Individual	49:14	+15:55	04:55	
98	3412	JÚLIO LOBO	Individual	49:19	+16:00	04:56	
99	3364	Ernesto Sousa	Individual	49:23	+16:04	04:56	
100	3519	Tiago Tropa	Individual	49:24	+16:05	04:56	
101	3855	António Caldas	Individual	49:29	+16:10	04:57	
102	3617	José Vieira	Individual	49:31	+16:12	04:57	
103	3740	Jose Silva	Individual	49:40	+16:21	04:58	
104	3662	RUI ALMEIDA	Individual	49:42	+16:23	04:58	
105	3670	Bruno Costa	Individual	49:43	+16:24	04:58	
106	4137	MIGUEL MARINHO	Individual	49:46	+16:27	04:59	
107	3776	Miguel Gonçalves	Individual	49:50	+16:31	04:59	
108	3860	Francisco Pereira	Individual	49:56	+16:37	05:00	
109	3963	Tomás Mendes	Individual	50:00	+16:41	05:00	
110	3522	José João Sampaio	Individual	50:00	+16:41	05:00	
111	3486	António Mendes	SRC	50:06	+16:47	05:01	
112	3016	Rui Cunha	Individual	50:06	+16:47	05:01	
113	3970	João Bernardino	ELCT	50:06	+16:47	05:01	
114	3616	Rui Rodrigues	Individual	50:11	+16:52	05:01	
115	3688	Leandro Silva	Individual	50:14	+16:55	05:01	
116	3928	Diogo Boavida	Individual	50:15	+16:56	05:01	
117	4115	DAVID LEITE	Individual	50:23	+17:04	05:02	
118	4162	Adolfo Ricardo Macedo Silva	Individual	50:32	+17:13	05:03	
119	3386	João Rodrigues	Mila Fit	50:33	+17:14	05:03	
120	3463	Tiago Dinis	Individual	50:34	+17:15	05:03	
121	3902	Sérgio Sousa	Individual	50:35	+17:16	05:04	
122	3165	José Silva	Individual	50:36	+17:17	05:04	
123	3939	Alvaro Silva	Individual	50:37	+17:18	05:04	
124	3766	Pedro Pereira	Individual	50:38	+17:19	05:04	
125	4004	Joel silva	ERDAL	50:40	+17:21	05:04	
126	3913	Mário Saraiva	Individual	50:41	+17:22	05:04	
127	3850	Nelson Teixeira	ELITE Run	50:41	+17:22	05:04	
128	3208	Alexandre Roque	Individual	50:43	+17:24	05:04	
129	3833	Luís Moreira	Mila Fit	50:48	+17:29	05:05	
130	3989	Ricardo Castro	Riofit	50:53	+17:34	05:05	
131	4114	JORGE LEITE	Individual	50:56	+17:37	05:06	
132	3003	Pedro Pereira	Individual	50:57	+17:38	05:06	
133	3584	André Barbosa	Titanics	50:57	+17:38	05:06	
134	4014	Filipe Abreu	Individual	50:57	+17:38	05:06	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	3145	Rui da Silva	Individual	50:59	+17:40	05:06	
136	3358	João Catarino	Individual	50:59	+17:40	05:06	
137	3075	João Salgado	Individual	50:59	+17:40	05:06	
138	3428	Mario Faria	Individual	51:03	+17:44	05:06	
139	3983	Patrícia Fertuzinhos	VTSC	51:04	+17:45	05:06	
140	3272	MANUEL NOVAIS	Individual	51:10	+17:51	05:07	
141	4150	Vítor sérgio Fernandes	Individual	51:13	+17:54	05:07	
142	3074	José Novais	Individual	51:15	+17:56	05:08	
143	3418	José Sousa	Individual	51:15	+17:56	05:08	
144	3554	Rui Oliveira	Individual	51:16	+17:57	05:08	
145	4156	Tiago Agra	Individual	51:17	+17:58	05:08	
146	3341	João Lopes	Individual	51:17	+17:58	05:08	
147	4176	Gonçalo Teixeira	Individual	51:17	+17:58	05:08	
148	3504	João Lima	SRC	51:23	+18:04	05:08	
149	4016	Ivo Moraes	Individual	51:24	+18:05	05:08	
150	3856	Rui Lobo	Individual	51:25	+18:06	05:09	
151	3433	Miguel Mendes	Individual	51:26	+18:07	05:09	
152	3676	Jorge Ferreira	Individual	51:28	+18:09	05:09	
153	3805	Natália Maria Silva Lima	Brabus Runners	51:31	+18:12	05:09	
154	3636	Miguel Barros	Individual	51:32	+18:13	05:09	
155	4022	AFONSO FREITAS	POTES DE OURO	51:32	+18:13	05:09	
156	4023	GONÇALO COSTA	POTES DE OURO	51:33	+18:14	05:09	
157	3067	Pedro Alves	Individual	51:35	+18:16	05:10	
158	3059	Helder Rodrigues	Individual	51:37	+18:18	05:10	
159	4092	João Mendes	Individual	51:40	+18:21	05:10	
160	3393	Rui Miguel Silva Pereira	Individual	51:44	+18:25	05:10	
161	3330	Manuel Pereira	CRCANDO	51:44	+18:25	05:10	
162	3799	Daniel Costa	Individual	51:45	+18:26	05:11	
163	3644	André Santos	Individual	51:46	+18:27	05:11	
164	3643	José Carlos Oliveira	Individual	51:47	+18:28	05:11	
165	3561	João Cunha	Individual	51:48	+18:29	05:11	
166	3236	Eduardo Novais	Individual	51:50	+18:31	05:11	
167	3762	Adão Pereira	Individual	51:54	+18:35	05:11	
168	3497	Gonçalo Azevedo	Individual	51:57	+18:38	05:12	
169	4020	Filipe Castro	Individual	51:58	+18:39	05:12	
170	3734	Wellington Silva	Individual	51:58	+18:39	05:12	
171	3198	Afonso Lemos	Individual	51:59	+18:40	05:12	
172	3661	Ana Azevedo	Individual	52:02	+18:43	05:12	
173	3380	João Xavier	Individual	52:05	+18:46	05:13	
174	4040	Rui Faria	ERDAL	52:06	+18:47	05:13	
175	3737	Evangelista Barbosa	Individual	52:12	+18:53	05:13	
176	3468	Silvia Lima	Individual	52:13	+18:54	05:13	
177	3791	Miguel Sousa	Individual	52:14	+18:55	05:13	
178	3738	Nuno Antunes	Individual	52:17	+18:58	05:14	
179	3870	Helder Costa	Individual	52:18	+18:59	05:14	
180	3627	Pedro Pereira	Individual	52:20	+19:01	05:14	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	3808	Miguel Dias	Individual	52:24	+19:05	05:14	
182	3104	MANUEL ALVES	Individual	52:25	+19:06	05:14	
183	3362	João Silva	Individual	52:25	+19:06	05:15	
184	3455	André Almeida	Individual	52:27	+19:08	05:15	
185	3677	PAULO RIBEIRO	Individual	52:30	+19:11	05:15	
186	3399	Pedro Barroso	Individual	52:33	+19:14	05:15	
187	3253	Rui Alves	Individual	52:34	+19:15	05:15	
188	3239	Dine Mazri	Individual	52:34	+19:15	05:15	
189	3847	Alfredo Rodrigues	Individual	52:35	+19:16	05:15	
190	3333	Diogo Ribeiro	Individual	52:36	+19:17	05:16	
191	3862	Sandra Salgueiro	Individual	52:38	+19:19	05:16	
192	3250	Helder Cação	Individual	52:39	+19:20	05:16	
193	3954	Dinis Guimarães	Individual	52:39	+19:20	05:16	
194	3064	Miguel Henriques	Individual	52:40	+19:21	05:16	
195	3350	Manuel Pereira	Ribeiro-Pereira	52:40	+19:21	05:16	
196	4104	Noel Pereira	Individual	52:40	+19:21	05:16	
197	3114	Amanda Mandim	Individual	52:42	+19:23	05:16	
198	3212	Pedro Castro	Individual	52:44	+19:25	05:16	
199	3968	Bruno Marques	100Pernas	52:47	+19:28	05:17	
200	3667	Luís Pontes	Individual	52:51	+19:32	05:17	
201	3171	Eduardo Machado	Individual	52:52	+19:33	05:17	
202	3494	Barbara Maia	SRC	52:53	+19:34	05:17	
203	4101	Hugo Mendes	Individual	52:54	+19:35	05:17	
204	3736	Alberto Moreira	Individual	52:54	+19:35	05:17	
205	3297	Paulo Gonçalves	Quilómetros à Solta / Ases S.Jorge - Atletismo	52:57	+19:38	05:18	
206	3091	Daniel Pereira	Individual	52:57	+19:38	05:18	
207	3655	Ângela Ferreira	Individual	53:00	+19:41	05:18	
208	3603	Jorge Silva	Individual	53:05	+19:46	05:18	
209	3191	Bruno Nunes	Individual	53:07	+19:48	05:19	
210	4178	João Pereira	Individual	53:08	+19:49	05:19	
211	4126	Atleta 4126	Individual	53:08	+19:49	05:19	
212	4039	Mafalda Castro	Individual	53:08	+19:49	05:19	
213	4127	Atleta 4127	Individual	53:08	+19:49	05:19	
214	4191	Atleta 4191	Individual	53:08	+19:49	05:19	
215	3458	Davide Ribeiro	JIBREIROS	53:09	+19:50	05:19	
216	3456	João Costa	Individual	53:09	+19:50	05:19	
217	3828	Jorge Teixeira	VTSC	53:10	+19:51	05:19	
218	4098	Raissa Reis	Individual	53:11	+19:52	05:19	
219	3490	António Augusto	SRC	53:13	+19:54	05:19	
220	3858	Leonel Da Costa	Individual	53:17	+19:58	05:20	
221	3859	André PEIXOTO	Individual	53:17	+19:58	05:20	
222	3773	Tiago Pereira	Individual	53:18	+19:59	05:20	
223	3056	Nuno Gomes	Individual	53:26	+20:07	05:21	
224	3564	Manuel Mota	NATAIPAS	53:27	+20:08	05:21	
225	3597	Diogo Castro	Individual	53:28	+20:09	05:21	
226	3469	Maria Lopes	Individual	53:30	+20:11	05:21	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	3810	Nuno Sampaio	Individual	53:31	+20:12	05:21	
228	3699	Ricardo Faria	Individual	53:33	+20:14	05:21	
229	3158	Rodrigo Gomes	Individual	53:36	+20:17	05:22	
230	3425	José Teixeira	Individual	53:37	+20:18	05:22	
231	3086	Afonso Nogueira	Individual	53:37	+20:18	05:22	
232	3090	João Antonio Conceição	Individual	53:37	+20:18	05:22	
233	3197	Henrique Silva	Individual	53:38	+20:19	05:22	
234	3526	Vitor Mendes	Individual	53:41	+20:22	05:22	
235	3814	Tiago Ferreira	Individual	53:42	+20:23	05:22	
236	3155	Sara Oliveira	Individual	53:44	+20:25	05:22	
237	3266	Domingos Silva	Individual	53:45	+20:26	05:22	
238	3100	CARLOS ALBERTO	Individual	53:46	+20:27	05:23	
239	3082	Nuno Fernandes	Individual	53:47	+20:28	05:23	
240	3268	Francisco Soares	Individual	53:47	+20:28	05:23	
241	3085	António Freitas	Individual	53:47	+20:28	05:23	
242	3824	José Mendes	Individual	53:48	+20:29	05:23	
243	3445	Ricardo Rodrigues	Titanics	53:48	+20:29	05:23	
244	3103	JOAQUIM PEREIRA	Individual	53:52	+20:33	05:23	
245	3883	Carlos Palma	Individual	53:57	+20:38	05:24	
246	3113	André Oliveira	Individual	53:58	+20:39	05:24	
247	3259	João Carvalho	Individual	53:59	+20:40	05:24	
248	4085	José Carlos Cunha	Individual	54:00	+20:41	05:24	
249	4015	Paulo Abreu	Individual	54:04	+20:45	05:24	
250	3767	João Pereira	Individual	54:05	+20:46	05:24	
251	3741	Manuel Moreira	SSCGD	54:13	+20:54	05:25	
252	3194	Jorge Silva	Individual	54:19	+21:00	05:26	
253	3891	Sérgio Lopes	Joroplás Sports	54:23	+21:04	05:26	
254	3359	Isabel Sofia Cardoso	Individual	54:25	+21:06	05:27	
255	3958	Tiago Andre Silva Martins	Individual	54:25	+21:06	05:27	
256	3363	Guilherme Sousa	Individual	54:25	+21:06	05:27	
257	4064	Nuno Silva	Individual	54:26	+21:07	05:27	
258	3138	Tiago Macedo	Individual	54:26	+21:07	05:27	
259	3705	Xavier Meireles	Individual	54:27	+21:08	05:27	
260	4030	Manuel Gonçalves	Individual	54:31	+21:12	05:27	
261	3464	João Oliveira	Individual	54:31	+21:12	05:27	
262	3238	José Pedro Lopes	Individual	54:31	+21:12	05:27	
263	4089	Nataliia Dovhanych	Individual	54:32	+21:13	05:27	
264	3483	Pedro Porto	Individual	54:34	+21:15	05:27	
265	3991	Gilberto Ribeiro	Individual	54:35	+21:16	05:28	
266	3539	Pedro Xavier	Mila Fit	54:36	+21:17	05:28	
267	3972	José Moreira	Individual	54:40	+21:21	05:28	
268	3226	Ricardo Ribeiro	Individual	54:42	+21:23	05:28	
269	4054	Tiago Helena	Individual	54:42	+21:23	05:28	
270	3325	José Minteiro	Individual	54:42	+21:23	05:28	
271	3339	Susana Silva	Individual	54:48	+21:29	05:29	
272	3633	Rita Campos	Individual	54:48	+21:29	05:29	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
273	3719	Donaldo Cavalcante Loureiro	Individual	54:48	+21:29	05:29	
274	3923	Rafael Pedroso	Individual	54:48	+21:29	05:29	
275	3649	Pedro Fernandes	Individual	54:49	+21:30	05:29	
276	3269	Paulo Pereira	Individual	54:54	+21:35	05:29	
277	3599	Pedro Fernandes	Individual	54:54	+21:35	05:29	
278	3348	António Vasconcelos	Individual	54:55	+21:36	05:30	
279	3697	Manuel França	Individual	54:56	+21:37	05:30	
280	3223	Pedro Nunes	Individual	54:56	+21:37	05:30	
281	3849	Manuel Araújo	Individual	54:57	+21:38	05:30	
282	3055	Hélder Silva	Individual	55:07	+21:48	05:31	
283	3375	Cristiano Rodrigues	Individual	55:08	+21:49	05:31	
284	3787	Jose Preza-Fernandrs	Individual	55:09	+21:50	05:31	
285	3271	Sofia Leite	Individual	55:09	+21:50	05:31	
286	3716	Jaqueline Foresto	Individual	55:10	+21:51	05:31	
287	3461	João Leite	Individual	55:12	+21:53	05:31	
288	3303	Avelino Silva	Individual	55:12	+21:53	05:31	
289	3462	Francisco Fernandes	Individual	55:13	+21:54	05:31	
290	3088	Júlio Silva	Individual	55:15	+21:56	05:32	
291	3398	Pedro Cruz	Individual	55:16	+21:57	05:32	
292	3608	Tiago Azevedo	Individual	55:17	+21:58	05:32	
293	3092	Miguel Luzes	Individual	55:20	+22:01	05:32	
294	3801	Tânia Azevedo	Individual	55:24	+22:05	05:32	
295	3501	Tânia Costa	SRC	55:24	+22:05	05:32	
296	3029	Carlos Ferreira	Individual	55:24	+22:05	05:32	
297	3888	André Monteiro	Individual	55:25	+22:06	05:32	
298	3457	Diana Oliveira	Individual	55:25	+22:06	05:33	
299	3326	Miguel Fonte	Individual	55:25	+22:06	05:33	
300	3879	Fernando Oliveira	Individual	55:27	+22:08	05:33	
301	3439	Bárbara Castro	Individual	55:38	+22:19	05:34	
302	4138	JOANA ALVES	Individual	55:38	+22:19	05:34	
303	3684	FILIPÉ GONÇALVES	OS CRENTES	55:39	+22:20	05:34	
304	3438	Carlitos Silva	Individual	55:39	+22:20	05:34	
305	3284	Miguel Ribeiro	Individual	55:40	+22:21	05:34	
306	3514	Daniel Gonçalves	Individual	55:41	+22:22	05:34	
307	3558	Sandra Mesquita	Individual	55:45	+22:26	05:34	
308	3752	Maria Vasconcelos	Individual	55:45	+22:26	05:34	
309	3638	Narciso Oliveira	Individual	55:46	+22:27	05:35	
310	3951	Caroline Ferreira	Individual	55:49	+22:30	05:35	
311	3852	Carlos Ribeiro	ELITE Run	55:53	+22:34	05:35	
312	3209	Fabio Macedo	Individual	55:53	+22:34	05:35	
313	3707	Paulo Sá	Individual	55:57	+22:38	05:36	
314	3485	Valter Silva	SRC	55:59	+22:40	05:36	
315	3630	Dinis Mendes	Individual	56:01	+22:42	05:36	
316	3969	Rafael Silva	Individual	56:03	+22:44	05:36	
317	3401	João Brás	Individual	56:06	+22:47	05:37	
318	3264	Vitor Hugo Sampaio	Individual	56:07	+22:48	05:37	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
319	3441	José Luís Simões	Individual	56:09	+22:50	05:37	
320	3070	Paulo Almeida	Individual	56:10	+22:51	05:37	
321	3302	Teresa Frazao	Individual	56:11	+22:52	05:37	
322	3301	Luis Mendes	Individual	56:11	+22:52	05:37	
323	3941	Clarissa Micharki	Individual	56:12	+22:53	05:37	
324	3612	Nuno Pereira	Individual	56:14	+22:55	05:37	
325	3749	João Santoalha	Individual	56:15	+22:56	05:38	
326	4180	RUI DIAS	Individual	56:20	+23:01	05:38	
327	3336	João Ferreira	Individual	56:21	+23:02	05:38	
328	4142	Fernanda Machado	Individual	56:22	+23:03	05:38	
329	3602	José Gomes	Individual	56:24	+23:05	05:38	
330	3601	Paula Rosa	Individual	56:25	+23:06	05:39	
331	3512	Vitor Mendes	Individual	56:30	+23:11	05:39	
332	4187	Aias Santino de Lima	Individual	56:32	+23:13	05:39	
333	3036	Alexandrina Fernandes	Individual	56:33	+23:14	05:39	
334	3122	Pedro Meira	Individual	56:33	+23:14	05:39	
335	4144	José Abreu	Individual	56:35	+23:16	05:40	
336	3867	José Carvalho	Pioneiros do Parque	56:38	+23:19	05:40	
337	3800	Horácio Rodrigues	Individual	56:38	+23:19	05:40	
338	3682	EMILIANO COUTO	OS CRENTES	56:39	+23:20	05:40	
339	3276	Laura Azevedo	Individual	56:42	+23:23	05:40	
340	3285	Pedro Azevedo	Individual	56:42	+23:23	05:40	
341	4133	DANIELA FERNANDES	Individual	56:44	+23:25	05:40	
342	3015	Paulo Lopes	Individual	56:45	+23:26	05:41	
343	3300	Marco Pacheco	Individual	56:46	+23:27	05:41	
344	4185	Diogo Couto	Individual	56:47	+23:28	05:41	
345	3568	António Afonso	NATAIPAS	56:49	+23:30	05:41	
346	3729	Francisco Leite Silva	Individual	56:55	+23:36	05:41	
347	3631	José Ferreira	Individual	56:55	+23:36	05:42	
348	4078	Alfredo Silva	Individual	56:57	+23:38	05:42	
349	4071	Bruno Cunha	Individual	57:00	+23:41	05:42	
350	3893	Duarte Duarte	Individual	57:01	+23:42	05:42	
351	3971	João Dias	Individual	57:03	+23:44	05:42	
352	4113	MIGUEL CASTRO	Individual	57:04	+23:45	05:42	
353	3725	André Sampaio	Individual	57:04	+23:45	05:42	
354	4112	ROSÁLIA OLIVEIRA	Individual	57:04	+23:45	05:42	
355	3421	Rogério Magalhães	Individual	57:05	+23:46	05:42	
356	3555	Fátima Ferreira	Individual	57:07	+23:48	05:43	
357	3199	Miguel Sampaio	Individual	57:10	+23:51	05:43	
358	3906	Ricardo Salgado	Individual	57:15	+23:56	05:43	
359	3146	Maria Silva	Individual	57:15	+23:56	05:44	
360	3102	ANTÓNIO ALMEIDA	Individual	57:15	+23:56	05:44	
361	3587	Manuel Silva	Individual	57:16	+23:57	05:44	
362	3533	Raquel Meireles	Individual	57:16	+23:57	05:44	
363	3571	Manuel Gonçalves Ribeiro	NATAIPAS	57:17	+23:58	05:44	
364	3981	Bernardo Gomes	Individual	57:19	+24:00	05:44	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
365	3822	José Vieira	Individual	57:20	+24:01	05:44	
366	3316	Marta Pereira	Individual	57:20	+24:01	05:44	
367	4140	MARYNA KALAU	Individual	57:21	+24:02	05:44	
368	3069	Nuno Pereira	Individual	57:22	+24:03	05:44	
369	3241	Diogo Silva	Individual	57:24	+24:05	05:44	
370	3869	Antonio Borges	Individual	57:25	+24:06	05:44	
371	3604	Pedro Faria	Individual	57:25	+24:06	05:45	
372	3605	Patrícia Sousa	Individual	57:25	+24:06	05:45	
373	3327	Jorge Teixeira	Individual	57:28	+24:09	05:45	
374	3573	Maria Lima	NATAIPAS	57:31	+24:12	05:45	
375	3423	Joao Ribeiro	Individual	57:33	+24:14	05:45	
376	3192	Joaquim Silva	Individual	57:33	+24:14	05:45	
377	3851	Alexandra Fernades	ELITE Run	57:33	+24:14	05:45	
378	3572	Rui Mota	NATAIPAS	57:34	+24:15	05:45	
379	3566	Pedro Regueiras	NATAIPAS	57:34	+24:15	05:45	
380	3786	João Sousa	Individual	57:34	+24:15	05:45	
381	3903	José Manuel oliveira	Individual	57:35	+24:16	05:46	
382	4009	Bruno Rebelo	ERDAL	57:36	+24:17	05:46	
383	3470	Pedro Fernandes	Individual	57:38	+24:19	05:46	
384	3953	Paulo Miranda	Individual	57:39	+24:20	05:46	
385	3722	Filipe Rebelo	Individual	57:40	+24:21	05:46	
386	3713	Adriano Ribeiro	Individual	57:40	+24:21	05:46	
387	4095	José Ribeiro	Individual	57:40	+24:21	05:46	
388	3081	João Gonçalves	Individual	57:41	+24:22	05:46	
389	3570	Nuno Martinho	NATAIPAS	57:43	+24:24	05:46	
390	3467	Ricardo Dinis	JIBREIROS	57:46	+24:27	05:47	
391	3225	Pedro Felgueiras	Individual	57:46	+24:27	05:47	
392	3099	CARLOS CARDOSO	Individual	57:47	+24:28	05:47	
393	3837	José Cubal	Individual	57:47	+24:28	05:47	
394	3334	Carlos Alberto Fernandes	Individual	57:47	+24:28	05:47	
395	3868	Sandra Silva	Individual	57:48	+24:29	05:47	
396	3473	Luís Sousa	Individual	57:49	+24:30	05:47	
397	3066	João Almeida	Individual	57:51	+24:32	05:47	
398	3408	Sergio Oliveira	Individual	57:53	+24:34	05:47	
399	3744	Americo Coutinho	NATAIPAS	57:55	+24:36	05:47	
400	3174	João Pereira	Individual	57:55	+24:36	05:48	
401	3756	João Silva	Individual	57:55	+24:36	05:48	
402	3924	Rita Silva	Individual	57:55	+24:36	05:48	
403	3743	Manuel Coutinho	NATAIPAS	57:55	+24:36	05:48	
404	3559	Ana Raquel Lobo de Cardoso Lage	Individual	57:55	+24:36	05:48	
405	3188	Alberto Ferreira	Individual	57:56	+24:37	05:48	
406	3156	Salvador Gonçalves	Individual	57:57	+24:38	05:48	
407	4041	Susana Leite	Individual	57:58	+24:39	05:48	
408	4045	Nicolas Buitrago	Individual	57:59	+24:40	05:48	
409	3527	Silvina Esteves	Individual	58:00	+24:41	05:48	
410	4143	Eduardo Alcino Pereira	Individual	58:04	+24:45	05:48	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
411	3356	Helder Macedo	Individual	58:05	+24:46	05:49	
412	3704	Gonalo Martins	Individual	58:08	+24:49	05:49	
413	4194	Atleta 4194	Individual	58:08	+24:49	05:49	
414	4103	Atleta 4103	Individual	58:10	+24:51	05:49	
415	3844	Ivo Fernandes	Individual	58:12	+24:53	05:49	
416	3037	Francisco Salgado	Individual	58:12	+24:53	05:49	
417	3818	Marco Almeida	Mila Fit	58:13	+24:54	05:49	
418	3840	Sofia Lopes	ERDAL	58:14	+24:55	05:49	
419	3839	Adelino Silva	ERDAL	58:14	+24:55	05:49	
420	3320	Francisco Ferreira	Individual	58:15	+24:56	05:50	
421	3992	Gabriel Vieira	Individual	58:17	+24:58	05:50	
422	4118	MICHELE BIANCHESSI	Individual	58:18	+24:59	05:50	
423	3407	Alexandra Oliveira	Individual	58:18	+24:59	05:50	
424	3908	Carolina Martins	Individual	58:18	+24:59	05:50	
425	3406	Domingos Coelho	Individual	58:19	+25:00	05:50	
426	3784	Miguel Faria	Individual	58:20	+25:01	05:50	
427	4011	Ant3nio Pereira	Individual	58:20	+25:01	05:50	
428	3957	Wagner Silva	Individual	58:21	+25:02	05:50	
429	4076	Nuno Dantas	Individual	58:25	+25:06	05:51	
430	3027	Boris Tchikolaev	Individual	58:25	+25:06	05:51	
431	4128	BENEDITO ARA3JO	Individual	58:28	+25:09	05:51	
432	3717	Fernanda Palhares Goncalves	Individual	58:30	+25:11	05:51	
433	3511	Fabio Alves	Individual	58:31	+25:12	05:51	
434	3189	Sharlane Costa	Individual	58:33	+25:14	05:51	
435	4005	Carlos Ribeiro	Individual	58:33	+25:14	05:51	
436	3355	JOSEFINA TINOCO	Individual	58:36	+25:17	05:52	
437	3210	Jo3o Garcia	Individual	58:40	+25:21	05:52	
438	3715	Jos3 Martins	Individual	58:42	+25:23	05:52	
439	3170	Alexandre Machado	Individual	58:44	+25:25	05:52	
440	3025	Joao Queiros	Individual	58:44	+25:25	05:52	
441	3144	Hugo Sousa	Individual	58:45	+25:26	05:52	
442	3565	Augusto Marques	NATAIPAS	58:48	+25:29	05:53	
443	3709	H3lder Silva	Individual	58:53	+25:34	05:53	
444	3409	Martinho Novais	Individual	58:54	+25:35	05:53	
445	3907	Rui Martins	Individual	58:55	+25:36	05:54	
446	3215	Jo3o Miguel Pereira da Silva	Individual	58:56	+25:37	05:54	
447	3710	Rui Costa	Individual	58:56	+25:37	05:54	
448	4082	Jawed Roshan	Individual	58:57	+25:38	05:54	
449	3987	Laura Rodrigues	Riofit	58:59	+25:40	05:54	
450	3988	Paula Ribeiro	Riofit	58:59	+25:40	05:54	
451	3990	Francisco Cerca	Riofit	58:59	+25:40	05:54	
452	3671	V3tor Fernandes	Individual	59:01	+25:42	05:54	
453	3668	Marcelo Oliveira	Individual	59:01	+25:42	05:54	
454	4061	Miguel Costa	Individual	59:02	+25:43	05:54	
455	3598	Fernando Alves	Individual	59:03	+25:44	05:54	
456	3157	Tiago Alves	Individual	59:07	+25:48	05:55	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
457	3595	Alexandre Ribeiro	Individual	59:09	+25:50	05:55	
458	3535	Rúben Ribeiro	Individual	59:13	+25:54	05:55	
459	4063	CARLA SAMPAIO	Individual	59:17	+25:58	05:56	
460	3060	Leandro Gomez	Individual	59:17	+25:58	05:56	
461	3419	Juliana Pinto	Individual	59:17	+25:58	05:56	
462	4123	RICARDO NEVES	Individual	59:19	+26:00	05:56	
463	3265	Edna Oliveira	Individual	59:19	+26:00	05:56	
464	3448	Inês Faria	Individual	59:20	+26:01	05:56	
465	3424	Catarina Silva	Individual	59:21	+26:02	05:56	
466	3233	Joana Gonçalves	ERDAL	59:23	+26:04	05:56	
467	3459	Sofia Fernandes	Individual	59:23	+26:04	05:56	
468	3234	Marlene Gonçalves	Individual	59:23	+26:04	05:56	
469	3235	Bruno Fernandes	Individual	59:23	+26:04	05:56	
470	4167	Carlos Fernandes	Individual	59:24	+26:05	05:56	
471	3499	Sergio sa	Individual	59:24	+26:05	05:56	
472	3673	Cédric Silva	Individual	59:24	+26:05	05:56	
473	3880	Manuel Pinheiro	Individual	59:25	+26:06	05:56	
474	3556	Florêncio Silva	Individual	59:28	+26:09	05:57	
475	3790	Ilídio Manuel Rodrigues	Individual	59:31	+26:12	05:57	
476	4021	Alexandra Salgado	Individual	59:32	+26:13	05:57	
477	3184	Cesar Freitas	Individual	59:34	+26:15	05:57	
478	3068	Mariana Ferreira	Individual	59:34	+26:15	05:57	
479	3164	Margarida Miranda	Individual	59:34	+26:15	05:57	
480	3382	Joao Castro	Individual	59:34	+26:15	05:57	
481	4195	Manuel Araujo	Individual	59:37	+26:18	05:58	
482	4043	Andre Castro	Individual	59:38	+26:19	05:58	
483	3282	Andreia Castro	Individual	59:38	+26:19	05:58	
484	4042	Marisa Castro	Individual	59:39	+26:20	05:58	
485	3877	Bruno Marques	Individual	59:41	+26:22	05:58	
486	4146	João Rabaça	Individual	59:41	+26:22	05:58	
487	4179	Ricardo Quintas	Individual	59:44	+26:25	05:58	
488	4170	ANA MOURA	Individual	59:46	+26:27	05:59	
489	3112	João Oliveira	Individual	59:47	+26:28	05:59	
490	3896	Jorge Silva	Individual	59:47	+26:28	05:59	
491	4190	Atleta 4190	Individual	59:47	+26:28	05:59	
492	3111	Isaias Mendes	Individual	59:48	+26:29	05:59	
493	3706	Vitor Gonçalves	Individual	59:51	+26:32	05:59	
494	3872	Helder Ribeiro	Individual	59:53	+26:34	05:59	
495	4079	João Guimarães	Individual	59:58	+26:39	06:00	
496	3553	Samanta Araujo	Individual	59:58	+26:39	06:00	
497	3515	João Pereira	Individual	59:59	+26:40	06:00	
498	3653	João Fontão	Individual	59:59	+26:40	06:00	
499	3819	PEDRO MACHADO MACHADO	Individual	01:00:00	+26:41	06:00	
500	4182	LUIS FERNANDES	Individual	01:00:01	+26:42	06:00	
501	3035	Edgar Silva	Individual	01:00:01	+26:42	06:00	
502	3959	Sócrates Teixeira	ERDAL	01:00:01	+26:42	06:00	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
503	3931	Filipe Almendra	Individual	01:00:05	+26:46	06:00	
504	3978	Victor Rocha	Individual	01:00:08	+26:49	06:01	
505	3374	Diana Costa	Individual	01:00:09	+26:50	06:01	
506	3373	Sesira Ferreira	Individual	01:00:10	+26:51	06:01	
507	3832	Pedro Carvalho	Individual	01:00:12	+26:53	06:01	
508	3351	Wenderson Ventura	Individual	01:00:12	+26:53	06:01	
509	3823	Roberto Pinto	Individual	01:00:13	+26:54	06:01	
510	3048	Arnaldo Teixeira	Individual	01:00:17	+26:58	06:02	
511	3723	Rodrigo Sousa	Individual	01:00:19	+27:00	06:02	
512	3876	Nuno Pereira	Individual	01:00:22	+27:03	06:02	
513	3884	Hélder Paulo	Individual	01:00:22	+27:03	06:02	
514	3882	Bruno Fontão	Individual	01:00:23	+27:04	06:02	
515	3222	Gonçalo Almeida	Individual	01:00:23	+27:04	06:02	
516	3747	Ricardo Vilela	Individual	01:00:25	+27:06	06:02	
517	3079	Alberto Guzman	Individual	01:00:25	+27:06	06:03	
518	3204	Tiago Coelho	Individual	01:00:25	+27:06	06:03	
519	3053	Vitor Lopes	Individual	01:00:26	+27:07	06:03	
520	3054	Tiago Marques	Individual	01:00:26	+27:07	06:03	
521	3778	Diogo de Sa Machado	Individual	01:00:29	+27:10	06:03	
522	3779	Francisca de Sá Machado	Individual	01:00:29	+27:10	06:03	
523	3777	João Paulo F.Machado	Individual	01:00:29	+27:10	06:03	
524	3243	Leandro Silva	Individual	01:00:31	+27:12	06:03	
525	3544	Marco Ferreira	Individual	01:00:32	+27:13	06:03	
526	3332	Humberto Correia	Individual	01:00:33	+27:14	06:03	
527	4158	Nestor Pinheiro	Individual	01:00:33	+27:14	06:03	
528	3047	Luís Silva	Individual	01:00:34	+27:15	06:03	
529	4002	Carlos Ribeiro	Individual	01:00:34	+27:15	06:03	
530	3077	Tiago Guimarães	Individual	01:00:34	+27:15	06:03	
531	3160	Lídia Lemos Ribeiro	Individual	01:00:34	+27:15	06:03	
532	3052	Rui Gonçalves	Individual	01:00:34	+27:15	06:03	
533	4165	Pedro Afonso Freitas Monteiro	Individual	01:00:37	+27:18	06:04	
534	3795	Roland Ribeiro	Individual	01:00:38	+27:19	06:04	
535	3106	Adriano Salgado	Individual	01:00:39	+27:20	06:04	
536	3397	Emanuel Ferreira	Individual	01:00:40	+27:21	06:04	
537	3040	Pedro Duraes	Individual	01:00:40	+27:21	06:04	
538	3041	Tiago Santos	Individual	01:00:40	+27:21	06:04	
539	3444	Gonçalo Gonçalves	Titanics	01:00:44	+27:25	06:04	
540	4154	Pedro Teixeira	Individual	01:00:46	+27:27	06:05	
541	3420	José Monteiro	Individual	01:00:46	+27:27	06:05	
542	3925	Isabel Magalhaes	Individual	01:00:49	+27:30	06:05	
543	3735	Álvaro Guedes	Individual	01:00:51	+27:32	06:05	
544	3675	Kláudia Fonseca	Individual	01:00:51	+27:32	06:05	
545	3298	Ângela Fraga	Individual	01:00:52	+27:33	06:05	
546	3328	Nathalie Novais	Individual	01:00:55	+27:36	06:05	
547	3431	Bruno Rocha	Individual	01:00:58	+27:39	06:06	
548	3436	Gabriel Vieira	Individual	01:00:59	+27:40	06:06	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
549	3230	Liliana Astorga	Individual	01:01:00	+27:41	06:06	
550	3229	Filipe Morais	Individual	01:01:01	+27:42	06:06	
551	4166	Sara Lopes	Individual	01:01:01	+27:42	06:06	
552	3976	Lázaro Ferreira	Individual	01:01:03	+27:44	06:06	
553	3726	Marco Paredes	Individual	01:01:03	+27:44	06:06	
554	4003	Paula Alves	Individual	01:01:03	+27:44	06:06	
555	3974	Hugo Ribeiro	Individual	01:01:03	+27:44	06:06	
556	4135	MADALENA SOUSA	Individual	01:01:04	+27:45	06:06	
557	3012	Renato Baptista	Individual	01:01:05	+27:46	06:07	
558	3916	Rui Silva	Individual	01:01:06	+27:47	06:07	
559	3384	Maria Castro	Individual	01:01:09	+27:50	06:07	
560	3831	Diana Teixeira	Individual	01:01:13	+27:54	06:07	
561	3129	Pedro Henrique Da Silva	Individual	01:01:14	+27:55	06:07	
562	3615	Cátia Cunha	Individual	01:01:14	+27:55	06:07	
563	3720	Mário Cunha	Individual	01:01:16	+27:57	06:08	
564	3475	Sandra Dias	Individual	01:01:20	+28:01	06:08	
565	3190	Carina Miranda	Individual	01:01:20	+28:01	06:08	
566	4139	PEDRO MARTINS	Individual	01:01:21	+28:02	06:08	
567	3000	Ana Pina Cabral	Individual	01:01:21	+28:02	06:08	
568	3625	Cristina Lopes	Individual	01:01:22	+28:03	06:08	
569	4007	Ines Costa	Individual	01:01:22	+28:03	06:08	
570	3474	Hélder Sousa	Individual	01:01:27	+28:08	06:09	
571	3986	Rosa Ribeiro	Riofit	01:01:27	+28:08	06:09	
572	3985	Susana Silva	Riofit	01:01:27	+28:08	06:09	
573	4051	Zizina Moreira	Individual	01:01:30	+28:11	06:09	
574	3546	João Fernandes	Individual	01:01:30	+28:11	06:09	
575	3618	Francisco Fonseca	Individual	01:01:30	+28:11	06:09	
576	3758	Diego Mera	Individual	01:01:31	+28:12	06:09	
577	3290	João Ribeiro	Individual	01:01:32	+28:13	06:09	
578	3201	Anabela Lobo	Individual	01:01:32	+28:13	06:09	
579	3258	Ricardo Freitas	Individual	01:01:32	+28:13	06:09	
580	4044	Eduardo Pereira	Individual	01:01:32	+28:13	06:09	
581	3487	Conceição Pereira	SRC	01:01:34	+28:15	06:09	
582	4106	Diana Costa	Individual	01:01:34	+28:15	06:09	
583	3127	Maria Inês Faria	Individual	01:01:34	+28:15	06:09	
584	3532	Sofia Fernandes	Individual	01:01:37	+28:18	06:10	
585	3137	Tomás Werner	Individual	01:01:39	+28:20	06:10	
586	3287	Nikita Luksha	Individual	01:01:42	+28:23	06:10	
587	3183	Joana Ferreira	Individual	01:01:42	+28:23	06:10	
588	3689	Luís Pinto	Individual	01:01:43	+28:24	06:10	
589	3063	Hugo Veloso	Individual	01:01:44	+28:25	06:10	
590	3009	Joao Freitas	Individual	01:01:44	+28:25	06:10	
591	3286	Celso Soares	Individual	01:01:44	+28:25	06:10	
592	3774	Francisco Carvalho	Individual	01:01:46	+28:27	06:11	
593	3389	Pedro Freitas	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:01:47	+28:28	06:11	
594	3152	Alanna pahl	Individual	01:01:51	+28:32	06:11	

10 KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
595	3295	Hugo Lemos	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:01:57	+28:38	06:12	
596	3296	Eva Oliveira	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:01:57	+28:38	06:12	
597	3510	Carlos Silva	Individual	01:01:57	+28:38	06:12	
598	3187	João Pantaleão	Individual	01:01:59	+28:40	06:12	
599	3854	João Xavier	Individual	01:02:02	+28:43	06:12	
600	3377	Tiago Soares	Individual	01:02:02	+28:43	06:12	
601	3206	Joana Machado Sampaio	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:02:03	+28:44	06:12	
602	3219	Rodolfo Castro	Individual	01:02:03	+28:44	06:12	
603	3901	Rafaela Cunha	Individual	01:02:04	+28:45	06:12	
604	3548	Rafael Ramirez	Individual	01:02:04	+28:45	06:12	
605	3416	Cátia Guerra	Individual	01:02:05	+28:46	06:12	
606	3492	Bino Fernandes	SRC	01:02:06	+28:47	06:13	
607	3606	Nuno Ribeiro	Individual	01:02:06	+28:47	06:13	
608	3607	João Leite	Individual	01:02:06	+28:47	06:13	
609	3724	Pedro Sampaio	Individual	01:02:09	+28:50	06:13	
610	3089	David Branco	Individual	01:02:12	+28:53	06:13	
611	3477	Mariana Schaefer	Individual	01:02:12	+28:53	06:13	
612	3910	Francisco Marques	Individual	01:02:14	+28:55	06:13	
613	3049	Afonso Teixeira	Individual	01:02:15	+28:56	06:13	
614	3345	GONÇALO DINIS MARTINS	Individual	01:02:15	+28:56	06:14	
615	3820	Rui Costa	Individual	01:02:15	+28:56	06:14	
616	3415	Maria Sousa	Individual	01:02:17	+28:58	06:14	
617	4152	Francisca Fernandes	Individual	01:02:20	+29:01	06:14	
618	4145	Inês Faria	Individual	01:02:22	+29:03	06:14	
619	3062	Amilcar Varela	Individual	01:02:28	+29:09	06:15	
620	3623	Amandine De Sousa	Individual	01:02:31	+29:12	06:15	
621	3281	Rui baptista	Individual	01:02:37	+29:18	06:16	
622	3369	André Araujo	Individual	01:02:38	+29:19	06:16	
623	3395	Vítor Gomes	Os Craques	01:02:38	+29:19	06:16	
624	4148	Carlos Santos	Individual	01:02:42	+29:23	06:16	
625	3315	Gabriela Azevedo	Individual	01:02:49	+29:30	06:17	
626	4028	João Oliveira	Individual	01:02:52	+29:33	06:17	
627	4029	Daniela Santos	Individual	01:02:52	+29:33	06:17	
628	3411	Francisca Coelho	Individual	01:02:54	+29:35	06:17	
629	4084	Isália Pereira	Individual	01:02:55	+29:36	06:17	
630	3410	Rita Coelho	Individual	01:02:55	+29:36	06:17	
631	3311	Nuno Lobo	Individual	01:02:56	+29:37	06:18	
632	3094	Luís Teixeira	Individual	01:03:02	+29:43	06:18	
633	3857	Tiago Azevedo	Individual	01:03:02	+29:43	06:18	
634	3084	Ricardo Fernandes	Individual	01:03:03	+29:44	06:18	
635	3899	Elsa Marques	Individual	01:03:04	+29:45	06:18	
636	4155	Rodrigo Galante	Individual	01:03:04	+29:45	06:18	
637	3897	Kaka Cristovam	Individual	01:03:05	+29:46	06:18	
638	3898	Margarida Correia	Individual	01:03:05	+29:46	06:19	
639	3950	Elisabete Alves	Individual	01:03:07	+29:48	06:19	
640	3034	Patricia Silva	Individual	01:03:08	+29:49	06:19	

10 KM - STAGE 1

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
641	3648	João Silva	Individual	01:03:09	+29:50	06:19	
642	3169	Guilherme Almeida	Individual	01:03:09	+29:50	06:19	
643	4108	Ricardo Silva	Individual	01:03:10	+29:51	06:19	
644	3887	Fabio Oliveira	Individual	01:03:10	+29:51	06:19	
645	3340	Agostinho Abreu	Individual	01:03:12	+29:53	06:19	
646	3760	Pedro Cotovio Jordão Marques	Individual	01:03:16	+29:57	06:20	
647	3866	João Pedro Guimarães	Individual	01:03:16	+29:57	06:20	
648	4088	Avelino Dias	Individual	01:03:17	+29:58	06:20	
649	4034	Joao Rodrigues	Individual	01:03:18	+29:59	06:20	
650	4111	JOAQUIM GUIMARÃES	Individual	01:03:18	+29:59	06:20	
651	3304	Anita Pereira	Individual	01:03:20	+30:01	06:20	
652	3211	Rita Viana	Individual	01:03:20	+30:01	06:20	
653	3312	Jéssica Silva	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:03:22	+30:03	06:20	
654	3294	Alexandrina Martins	Individual	01:03:24	+30:05	06:20	
655	3798	Gustavo Romão	Individual	01:03:25	+30:06	06:21	
656	3797	Jorge Pires	Individual	01:03:27	+30:08	06:21	
657	3685	RUI CRISTIANO	OS CRENTES	01:03:32	+30:13	06:21	
658	3845	João Bessa	Individual	01:03:34	+30:15	06:21	
659	3227	Domingos Martins	Individual	01:03:37	+30:18	06:22	
660	3543	DIEGO XAVIER	Individual	01:03:38	+30:19	06:22	
661	3781	Flávio Alves	Individual	01:03:41	+30:22	06:22	
662	3010	Pedro Salgado	Individual	01:03:46	+30:27	06:23	
663	3213	Sérgio Leite	Individual	01:03:47	+30:28	06:23	
664	3620	Lucinda Silva	Individual	01:03:48	+30:29	06:23	
665	3895	Marcela Fernandes	Individual	01:03:49	+30:30	06:23	
666	3413	MARGARIDA LOBO	Individual	01:03:49	+30:30	06:23	
667	3894	Diogo Barros	Individual	01:03:49	+30:30	06:23	
668	3143	Tiago Oliveira	Individual	01:03:49	+30:30	06:23	
669	3920	Paulo Dias	Individual	01:03:50	+30:31	06:23	
670	3750	André Pimenta	ON TRACK RUN CLUB	01:03:53	+30:34	06:23	
671	3365	Cristiana Lopes	Individual	01:03:54	+30:35	06:23	
672	3751	Luísa Duarte	ON TRACK RUN CLUB	01:03:54	+30:35	06:23	
673	4099	Ivone Ribeiro	Individual	01:03:54	+30:35	06:23	
674	3918	Inês Soares	Individual	01:03:54	+30:35	06:23	
675	3871	Claudio Lima	Individual	01:03:55	+30:36	06:23	
676	3168	Rui Silva	Individual	01:03:57	+30:38	06:24	
677	3202	João Vale	Individual	01:04:00	+30:41	06:24	
678	3759	Pedro Miguel Jordão Marques	Individual	01:04:03	+30:44	06:24	
679	3658	Manuel Azevedo	Individual	01:04:04	+30:45	06:24	
680	3656	Tiago Azevedo	Individual	01:04:04	+30:45	06:24	
681	3660	Bruno Azevedo	Individual	01:04:05	+30:46	06:24	
682	3807	Patrícia Faria	Individual	01:04:05	+30:46	06:24	
683	3517	Andreia Pereira	Individual	01:04:06	+30:47	06:25	
684	4109	Alberto Lopes	Individual	01:04:09	+30:50	06:25	
685	3874	Ana Neves	Individual	01:04:10	+30:51	06:25	
686	4147	Sineme Tola	Individual	01:04:10	+30:51	06:25	

10 KM - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
687	3889	Camila Silva	Individual	01:04:11	+30:52	06:25	
688	4149	Ailton Veiga	Individual	01:04:12	+30:53	06:25	
689	3846	Ana Vieira	Individual	01:04:13	+30:54	06:25	
690	3771	Armando Moura	Individual	01:04:13	+30:54	06:25	
691	3775	Patrícia Araújo	Individual	01:04:14	+30:55	06:25	
692	3733	Gabriela Cardoso	Individual	01:04:16	+30:57	06:26	
693	3664	MARIA ISABEL SILVA	Individual	01:04:16	+30:57	06:26	
694	3817	Dany Peixoto	Individual	01:04:17	+30:58	06:26	
695	3663	NUNO GUERRA	Individual	01:04:17	+30:58	06:26	
696	3753	Manuela Sá	Individual	01:04:19	+31:00	06:26	
697	3755	Marisa Azevedo	Individual	01:04:19	+31:00	06:26	
698	3337	Pedro Rocha	Individual	01:04:20	+31:01	06:26	
699	4000	Manuel Jordão	Individual	01:04:20	+31:01	06:26	
700	3443	Herculano Fernandes	Individual	01:04:25	+31:06	06:26	
701	3712	Sara Mateus	Individual	01:04:25	+31:06	06:26	
702	3299	Gabriela Dinis	Quilómetros à Solta / Ases S.Jorge - Atletismo	01:04:25	+31:06	06:26	
703	3161	Pedro Pereira	Individual	01:04:26	+31:07	06:27	
704	3507	Elsa Ribeiro	Individual	01:04:27	+31:08	06:27	
705	3529	Flora Ferreira	Individual	01:04:30	+31:11	06:27	
706	3061	Vanessa Oliveira	Individual	01:04:31	+31:12	06:27	
707	3577	Filipe Ribeiro	Individual	01:04:31	+31:12	06:27	
708	3652	Alexandre Silva	BOB	01:04:32	+31:13	06:27	
709	3032	Andrea Ribeiro	Individual	01:04:32	+31:13	06:27	
710	3550	Gonçalo Bragança	Individual	01:04:32	+31:13	06:27	
711	3110	Inês de Castro	Individual	01:04:34	+31:15	06:27	
712	3538	Ricardo Peixoto	Individual	01:04:36	+31:17	06:28	
713	3629	Juliana Baptista	Individual	01:04:37	+31:18	06:28	
714	3632	Jorge Mendes	Individual	01:04:37	+31:18	06:28	
715	3999	Patrícia Carvalhosa	Individual	01:04:37	+31:18	06:28	
716	3536	Cristiano Soares	Individual	01:04:38	+31:19	06:28	
717	3927	Cláudia Bragança	Individual	01:04:38	+31:19	06:28	
718	3586	Geraldo Almeida	Individual	01:04:39	+31:20	06:28	
719	3861	Ricardo Cunha	Individual	01:04:40	+31:21	06:28	
720	3864	Luis Ramos	Individual	01:04:40	+31:21	06:28	
721	3072	Isabel Machado	Individual	01:04:44	+31:25	06:28	
722	3460	Gonçalo Rodrigues	Titanics	01:04:46	+31:27	06:29	
723	3379	Diana Salgado	Individual	01:04:48	+31:29	06:29	
724	3841	Annalaura Vuoto	Individual	01:04:50	+31:31	06:29	
725	3588	Rui Ribeiro	Individual	01:04:51	+31:32	06:29	
726	3125	Isaura Antunes	Individual	01:04:53	+31:34	06:29	
727	3645	Paulo Mendes	Individual	01:04:58	+31:39	06:30	
728	3669	Nair Garrido	Individual	01:04:59	+31:40	06:30	
729	3109	Raquel Cunha	Individual	01:04:59	+31:40	06:30	
730	3936	Alvaro Soares	Individual	01:04:59	+31:40	06:30	
731	3679	Claudia Leite	Individual	01:05:00	+31:41	06:30	
732	3965	Pedro Canha	Individual	01:05:03	+31:44	06:30	

10 KM - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
733	3107	Jose MAGALHAES	Individual	01:05:05	+31:46	06:30	
734	3057	Susana Mendes	Individual	01:05:10	+31:51	06:31	
735	3058	Luísa Q Oliveira	Individual	01:05:10	+31:51	06:31	
736	4031	Cátia Silva	Individual	01:05:11	+31:52	06:31	
737	3078	Marian Alegre	Individual	01:05:11	+31:52	06:31	
738	3149	Carla Fonseca	Individual	01:05:12	+31:53	06:31	
739	3279	Vanessa Basilio	Individual	01:05:13	+31:54	06:31	
740	3821	Miguel Magalhães	Individual	01:05:15	+31:56	06:31	
741	3305	Maria Gomes	Individual	01:05:16	+31:57	06:32	
742	3378	Chirin Jörg	Individual	01:05:21	+32:02	06:32	
743	3017	Andreia Marques	Individual	01:05:21	+32:02	06:32	
744	3018	Cátia Marques	Individual	01:05:21	+32:02	06:32	
745	3126	Daniela Oliveira	Individual	01:05:22	+32:03	06:32	
746	3915	Guilherme Oliveira	Velozes e furiosos	01:05:22	+32:03	06:32	
747	3396	Ricardo Costa	Os Craques	01:05:23	+32:04	06:32	
748	3732	Antonio Miranda	Individual	01:05:25	+32:06	06:32	
749	4086	Alexandre Sameiro	Individual	01:05:28	+32:09	06:33	
750	4087	José Silva	Individual	01:05:29	+32:10	06:33	
751	3124	Andreia Figueiredo	Individual	01:05:29	+32:10	06:33	
752	3680	Carlos Silva	Individual	01:05:38	+32:19	06:34	
753	3624	Luciana Gonçalves	Individual	01:05:40	+32:21	06:34	
754	3083	Marta Martins	Individual	01:05:41	+32:22	06:34	
755	3076	Lilian Curvo	Individual	01:05:42	+32:23	06:34	
756	3772	Maria Sofia Rocha	Individual	01:05:44	+32:25	06:34	
757	3400	Marta Santos	Individual	01:05:48	+32:29	06:35	
758	3686	Diana Barata	Individual	01:05:50	+32:31	06:35	
759	3095	Mário Almeida	Individual	01:05:50	+32:31	06:35	
760	3551	Maria Ribeiro	Individual	01:05:50	+32:31	06:35	
761	3909	Dora Castro	Individual	01:05:52	+32:33	06:35	
762	3123	Diana Rocha	Individual	01:05:55	+32:36	06:35	
763	4077	Pedro Henriques	Individual	01:05:58	+32:39	06:36	
764	3681	RUI RESENDE	OS CRENTES	01:05:59	+32:40	06:36	
765	4164	Dina Fernandes	Individual	01:06:07	+32:48	06:37	
766	3639	Isilda Sousa	Individual	01:06:07	+32:48	06:37	
767	3322	Catarina pessoa	Individual	01:06:09	+32:50	06:37	
768	3502	Conceição Oliveira	SRC	01:06:11	+32:52	06:37	
769	3491	Ilda Correia	SRC	01:06:12	+32:53	06:37	
770	4091	Bernardino Monteiro	Individual	01:06:15	+32:56	06:38	
771	3480	Margarida Machado	Individual	01:06:15	+32:56	06:38	
772	3769	João Miguel Teixeira Martins	Individual	01:06:18	+32:59	06:38	
773	3098	Sandro Abreu	Individual	01:06:21	+33:02	06:38	
774	4100	Eduarda Vila Chã	Individual	01:06:21	+33:02	06:38	
775	3450	Simea Rocha Vieira	Individual	01:06:22	+33:03	06:38	
776	3914	Pedro Oliveira	Velozes e furiosos	01:06:23	+33:04	06:38	
777	3019	Eduardo Ribeiro	Individual	01:06:25	+33:06	06:38	
778	3414	Rafaela Castro	Individual	01:06:28	+33:09	06:39	

10 KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
779	3534	Levi da silva Guimarães	Individual	01:06:31	+33:12	06:39	
780	3228	Raquel Eusébio	Individual	01:06:34	+33:15	06:39	
781	3973	Eliseu Costa	Individual	01:06:36	+33:17	06:40	
782	3761	Jorge Barros	Individual	01:06:43	+33:24	06:40	
783	3277	Letícia Mendes	Individual	01:06:43	+33:24	06:40	
784	3343	Braulio Martins	Individual	01:06:46	+33:27	06:41	
785	3267	Márcia Gonçalves	Individual	01:06:49	+33:30	06:41	
786	3811	Mariana Marques	Individual	01:06:49	+33:30	06:41	
787	3580	Andreia Silva	Individual	01:06:50	+33:31	06:41	
788	3591	Sandra Figueiredo	Individual	01:06:56	+33:37	06:42	
789	3030	Pedro Silva	Individual	01:06:56	+33:37	06:42	
790	3427	João Castro	Individual	01:06:57	+33:38	06:42	
791	3932	Francisco Teixeira	Individual	01:07:00	+33:41	06:42	
792	4132	AUGUSTO CUNHA	Individual	01:07:00	+33:41	06:42	
793	3173	Jorge Pereira	Individual	01:07:06	+33:47	06:43	
794	3392	Francisco Ferreira	Individual	01:07:07	+33:48	06:43	
795	3335	Silvia Dias	Individual	01:07:11	+33:52	06:43	
796	3938	Micaela Andreia Lopes da Silveira Viegas Duarte	Individual	01:07:11	+33:52	06:43	
797	3955	Sandra Pereira	Individual	01:07:12	+33:53	06:43	
798	4010	Joana Almeida	Individual	01:07:13	+33:54	06:43	
799	3023	Marisa Cruz	Individual	01:07:13	+33:54	06:43	
800	3757	Catarina Ferreira	Individual	01:07:17	+33:58	06:44	
801	3853	Wendy Ferreira	Km com Treta	01:07:17	+33:58	06:44	
802	3442	Tânia Gonçalves	Individual	01:07:19	+34:00	06:44	
803	4153	Margarida Renatos	Individual	01:07:23	+34:04	06:44	
804	3579	DANIELA SILVA	CB MONTELINGO	01:07:28	+34:09	06:45	
805	4129	LISANDRA SOUSA	Individual	01:07:29	+34:10	06:45	
806	4006	Kamyar Shahrbijari	Individual	01:07:31	+34:12	06:45	
807	3449	Reza Mohammadifirouz	Individual	01:07:31	+34:12	06:45	
808	3583	SUSETE MAIA RIBEIRO	Individual	01:07:32	+34:13	06:45	
809	3865	José Abreu	Individual	01:07:33	+34:14	06:45	
810	3007	Daniela Neves	Individual	01:07:34	+34:15	06:45	
811	3518	Maria de los Angeles Meza Abalo	Individual	01:07:34	+34:15	06:45	
812	3530	Jorge Abreu	Individual	01:07:35	+34:16	06:46	
813	4192	Margarida Cardoso	Individual	01:07:40	+34:21	06:46	
814	3600	Joana Pereira	Individual	01:07:41	+34:22	06:46	
815	4117	DIANA CARDOSO	Individual	01:07:41	+34:22	06:46	
816	4107	Lua Moreira	Individual	01:07:46	+34:27	06:47	
817	3809	Cristina Araujo	Individual	01:07:55	+34:36	06:48	
818	4141	Juliana Pereira	Individual	01:08:02	+34:43	06:48	
819	4068	Rubén Campos	Individual	01:08:02	+34:43	06:48	
820	3372	Rita Ferreira	Individual	01:08:12	+34:53	06:49	
821	3275	Vitor Gonçalves	Individual	01:08:13	+34:54	06:49	
822	3701	Cátia Pereira	Individual	01:08:15	+34:56	06:49	
823	3175	Juliana Sousa	Individual	01:08:22	+35:03	06:50	

10 KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
824	3044	Diana Ferreira	Individual	01:08:22	+35:03	06:50	
825	3045	Luís Mendes	Individual	01:08:22	+35:03	06:50	
826	3481	Catarina Gouveia	Individual	01:08:23	+35:04	06:50	
827	3353	Jorge Martins	Individual	01:08:28	+35:09	06:51	
828	3207	BRUNO CRISTIANO DA JESUS	Individual	01:08:30	+35:11	06:51	
829	3621	Fátima Costa	Individual	01:08:39	+35:20	06:52	
830	3622	Vânia Cunha	Individual	01:08:39	+35:20	06:52	
831	3021	Sílvia Graça	Individual	01:08:43	+35:24	06:52	
832	3310	Miguel Braga	Individual	01:08:43	+35:24	06:52	
833	3231	Cecilia Vieira	Individual	01:08:46	+35:27	06:53	
834	3665	Marta Peixoto	Individual	01:08:46	+35:27	06:53	
835	3635	Gonçalo Ferreira	Individual	01:08:48	+35:29	06:53	
836	3344	ANA RITA SANTOS	Individual	01:08:51	+35:32	06:53	
837	3172	Tomás Neves	Individual	01:08:53	+35:34	06:53	
838	3838	Sónia Sousa	Individual	01:08:53	+35:34	06:53	
839	3942	Tiago Machado	correr com o Benfica	01:09:00	+35:41	06:54	
840	3610	Manuel Marques	Individual	01:09:05	+35:46	06:54	
841	3609	Vânia Mendes	Individual	01:09:05	+35:46	06:54	
842	3997	Teresa Pereira	Individual	01:09:09	+35:50	06:55	
843	3008	Patrícia Neves	Individual	01:09:09	+35:50	06:55	
844	3430	Manuel Leite	Individual	01:09:13	+35:54	06:55	
845	3765	Marta Fertuzinhos	Individual	01:09:17	+35:58	06:56	
846	3429	Dores Barroso	Individual	01:09:20	+36:01	06:56	
847	3711	Liliana Oliveira	Individual	01:09:26	+36:07	06:57	
848	3980	Javier Leon	Individual	01:09:27	+36:08	06:57	
849	3994	Carina Ferreira	Individual	01:09:33	+36:14	06:57	
850	3935	Márcio Ferreira	Individual	01:09:34	+36:15	06:57	
851	1	Nélson Felgueiras	Individual	01:09:34	+36:15	06:57	
852	4074	Arlete Pica	Individual	01:09:34	+36:15	06:57	
853	3065	Carina Silva	Individual	01:09:37	+36:18	06:58	
854	3998	Sofia Silva	Individual	01:09:40	+36:21	06:58	
855	3525	Nuno Oliveira	Individual	01:09:41	+36:22	06:58	
856	3437	Marco Ferreira	Individual	01:09:42	+36:23	06:58	
857	3479	Alice Isabel Faria Soares	Individual	01:09:42	+36:23	06:58	
858	3995	Guilherme Magalhaes	Individual	01:09:50	+36:31	06:59	
859	4069	Ana Lima	Individual	01:09:50	+36:31	06:59	
860	3562	Manuel Magalhães	Individual	01:09:50	+36:31	06:59	
861	3218	Renata Oliveira	Individual	01:10:00	+36:41	07:00	
862	3280	Marta Cabral	Individual	01:10:00	+36:41	07:00	
863	3531	Nuno Pedroso	Individual	01:10:05	+36:46	07:01	
864	3307	Ana Rita Fernandes	Individual	01:10:21	+37:02	07:02	
865	3308	César Fernandes	Individual	01:10:21	+37:02	07:02	
866	3836	Dora Almeida	Individual	01:10:23	+37:04	07:02	
867	3513	Daniela Fontes	Individual	01:10:24	+37:05	07:02	
868	3516	Maria Silva	Individual	01:10:24	+37:05	07:02	
869	3905	DEMIAN CALDERON	Individual	01:10:37	+37:18	07:04	

10 KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
870	3946	Leandro Gonçalves	Individual	01:10:40	+37:21	07:04	
871	3945	Daniela Pereira	Individual	01:10:40	+37:21	07:04	
872	3764	Mariana Gomes	Individual	01:10:40	+37:21	07:04	
873	3782	João Cunha	Individual	01:10:40	+37:21	07:04	
874	4102	Carlos Mora	Individual	01:10:40	+37:21	07:04	
875	3944	João Costa	Individual	01:10:41	+37:22	07:04	
876	3148	Fernando Costa	Individual	01:10:43	+37:24	07:04	
877	4049	Andreia Martins	Individual	01:10:45	+37:26	07:05	
878	4053	Katia Silva	Individual	01:10:45	+37:26	07:05	
879	3454	Francisca Batista Silva	Individual	01:10:53	+37:34	07:05	
880	4038	Marisa Freitas	Individual	01:10:55	+37:36	07:06	
881	3498	Paulo Goncalves	Individual	01:10:57	+37:38	07:06	
882	3922	Patricia Ferreira	Individual	01:10:59	+37:40	07:06	
883	3921	Fernando Sampaio	Individual	01:10:59	+37:40	07:06	
884	3394	Valter Junior	Os Craques	01:11:14	+37:55	07:07	
885	3117	Ana Silva	Individual	01:11:15	+37:56	07:08	
886	3426	Liliana Dias	Individual	01:11:18	+37:59	07:08	
887	3240	Sandra Martins	Individual	01:11:18	+37:59	07:08	
888	3313	Paulo Lemos	Individual	01:11:18	+37:59	07:08	
889	3646	Paula Silva	Individual	01:11:26	+38:07	07:09	
890	3930	Rui Carvalho	Joroplás Sports	01:11:28	+38:09	07:09	
891	3247	Beatriz Pires	Individual	01:11:35	+38:16	07:09	
892	4019	Teresa Castro	Individual	01:11:38	+38:19	07:10	
893	3257	Sergio costa	Individual	01:11:47	+38:28	07:11	
894	3900	Bruno Matos	Individual	01:11:49	+38:30	07:11	
895	3046	Tiago Gonçalves	Individual	01:11:50	+38:31	07:11	
896	3521	Tiago Batista	Individual	01:11:51	+38:32	07:11	
897	4001	Diogo Batista	Individual	01:11:58	+38:39	07:12	
898	3180	Andreia Araújo	Individual	01:11:59	+38:40	07:12	
899	3181	Carlos Pereira	Individual	01:11:59	+38:40	07:12	
900	3135	Rui Novais	Individual	01:12:01	+38:42	07:12	
901	3366	Inês Silva	Individual	01:12:03	+38:44	07:12	
902	3961	Paula Gonçalves	Individual	01:12:08	+38:49	07:13	
903	3960	Angelo Ribeiro	Individual	01:12:08	+38:49	07:13	
904	3293	Cleidiane Abreu	Individual	01:12:13	+38:54	07:13	
905	3806	Ângela Costa	Individual	01:12:23	+39:04	07:14	
906	3338	Zara Abreu	Individual	01:12:32	+39:13	07:15	
907	4018	Nuno Costa	Individual	01:12:34	+39:15	07:15	
908	3390	Ana Magalhães	Individual	01:12:42	+39:23	07:16	
909	3131	Marco Paulo Pereira de Castro	Individual	01:12:50	+39:31	07:17	
910	3154	Margarida Lima	Individual	01:12:51	+39:32	07:17	
911	4025	Carlos Rodrigues	Individual	01:12:51	+39:32	07:17	
912	4027	Nuno Pinto	Individual	01:12:52	+39:33	07:17	
913	3590	Gaspar Figueiredo	Individual	01:12:54	+39:35	07:17	
914	4157	João Saraiva	Individual	01:12:55	+39:36	07:18	
915	3182	Inês Rodrigues	Individual	01:12:55	+39:36	07:18	

10 KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
916	3118	Ricardo Costa	Individual	01:13:04	+39:45	07:18	
917	3014	Lurdes Sousa	Individual	01:13:06	+39:47	07:19	
918	3013	Carlos Araújo	Individual	01:13:07	+39:48	07:19	
919	4189	Gabriele Ferreira	Individual	01:13:09	+39:50	07:19	
920	3596	David Meireles	Individual	01:13:11	+39:52	07:19	
921	3150	Júlio Ribeiro	Individual	01:13:12	+39:53	07:19	
922	3151	Susana Pereira	Individual	01:13:12	+39:53	07:19	
923	3178	LUIS RIBEIRO	Individual	01:13:19	+40:00	07:20	
924	3731	Joana matos	Mila Fit	01:13:19	+40:00	07:20	
925	3387	Rita Gonzalez	Mila Fit	01:13:19	+40:00	07:20	
926	3730	Teresa São Simão	Individual	01:13:24	+40:05	07:20	
927	4059	Eduardo Pereira	Individual	01:13:26	+40:07	07:21	
928	3962	Miguel Nuno	Individual	01:13:31	+40:12	07:21	
929	3541	Cláudia Silva	Individual	01:13:32	+40:13	07:21	
930	3162	João Duarte	Individual	01:13:38	+40:19	07:22	
931	4075	Eva Fernandes	Individual	01:13:50	+40:31	07:23	
932	3637	Helena Ferreira	Individual	01:13:50	+40:31	07:23	
933	3873	Catarina Ribeiro	Individual	01:13:59	+40:40	07:24	
934	3451	Maria Antonia Vaz Ferreira	Individual	01:14:03	+40:44	07:24	
935	3892	Mariana Pastor	FRUNNERS	01:14:06	+40:47	07:25	
936	3020	Antonio Peres	Individual	01:14:16	+40:57	07:26	
937	4013	Rits Pontes	Individual	01:14:33	+41:14	07:27	
938	3128	Sofia Faria	Individual	01:14:34	+41:15	07:27	
939	4161	Diana Filipa Sousa Crespo	Individual	01:14:44	+41:25	07:28	
940	4160	Joana Mafalda Castro Pereira	Individual	01:14:44	+41:25	07:28	
941	3166	Gabriela Macieira	Individual	01:14:46	+41:27	07:29	
942	3167	Tiago Pereira	Individual	01:14:47	+41:28	07:29	
943	3195	José Ferreira	Individual	01:14:51	+41:32	07:29	
944	3619	Anabela da Mota	Individual	01:14:52	+41:33	07:29	
945	3252	Filipe Marques	Individual	01:14:53	+41:34	07:29	
946	3251	Catarina Gomes	Individual	01:14:54	+41:35	07:29	
947	3528	Filipa Boído Costa	Individual	01:14:58	+41:39	07:30	
948	3537	Olinda Melo	Individual	01:14:58	+41:39	07:30	
949	3952	Lucia Gonçalves	Individual	01:15:08	+41:49	07:31	
950	3278	Afonso Lima	Individual	01:15:09	+41:50	07:31	
951	3435	Bruno Rocha	Individual	01:15:11	+41:52	07:31	
952	3702	Bruno Pereira	Individual	01:15:21	+42:02	07:32	
953	4062	ALICE CASTRO	Individual	01:15:22	+42:03	07:32	
954	3039	Filipa Freitas	Individual	01:15:22	+42:03	07:32	
955	3038	Bruno Silva	Individual	01:15:23	+42:04	07:32	
956	3248	Fernanda Lima	Individual	01:15:25	+42:06	07:32	
957	3214	PAULA Cunha	Individual	01:15:28	+42:09	07:33	
958	3549	Rafaela Martins	3qinas!	01:15:34	+42:15	07:33	
959	4159	José Miguel Sousa Pereira	Individual	01:15:35	+42:16	07:33	
960	3246	Beatriz Rocha	Individual	01:15:36	+42:17	07:34	
961	3244	Agostinho Pinheiro	Individual	01:15:38	+42:19	07:34	

10 KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
962	3245	Lúcia Pinheiro	Individual	01:15:39	+42:20	07:34	
963	3996	Elsa Baptista	Individual	01:15:40	+42:21	07:34	
964	4193	Elisiane Costa	Individual	01:15:41	+42:22	07:34	
965	4169	Luís Pereira	Individual	01:15:43	+42:24	07:34	
966	3318	Ricardo Mendes	Individual	01:15:46	+42:27	07:35	
967	3317	Audrey Goncalves	Individual	01:15:46	+42:27	07:35	
968	4055	Joana Pereira	Individual	01:15:48	+42:29	07:35	
969	4056	Tânia Ribeiro	Individual	01:15:49	+42:30	07:35	
970	3593	Verónica Silva	Individual	01:16:00	+42:41	07:36	
971	3594	Vera Fernandes	Individual	01:16:00	+42:41	07:36	
972	3402	Raquel Guimarães	Individual	01:16:06	+42:47	07:37	
973	3153	Rui Jorge Pereira	Individual	01:16:13	+42:54	07:37	
974	3361	Cristina Ferreira	Individual	01:16:21	+43:02	07:38	
975	3917	Carlos Ferreira	Individual	01:16:22	+43:03	07:38	
976	3349	Luis Pereira	Ribeiro-Pereira	01:16:24	+43:05	07:38	
977	3654	José Silva	Individual	01:16:39	+43:20	07:40	
978	3728	Ariana Silva	Individual	01:16:51	+43:32	07:41	
979	3691	Joana Pinheiro	Individual	01:16:52	+43:33	07:41	
980	3690	Vânia Pereira	Individual	01:16:53	+43:34	07:41	
981	3453	Ana Gazola	Individual	01:16:55	+43:36	07:41	
982	4036	Jussara Gonzaga	Individual	01:16:57	+43:38	07:42	
983	3505	Bárbara Castro	Individual	01:17:05	+43:46	07:42	
984	3506	José Vilela	Individual	01:17:05	+43:46	07:42	
985	4121	HORÁCIO VALENTE	Individual	01:17:10	+43:51	07:43	
986	4122	TÓNIO VALENTE	Individual	01:17:10	+43:51	07:43	
987	3121	NAZARÉ GOVEIA	Individual	01:17:57	+44:38	07:48	
988	3026	Ana Faria	Individual	01:18:30	+45:11	07:51	
989	3028	Ana Magalhaes	Individual	01:18:30	+45:11	07:51	
990	3472	Daniel Frasquete	Individual	01:18:58	+45:39	07:54	
991	3221	Paulo Carvalho	Individual	01:18:58	+45:39	07:54	
992	3196	Ilídio Martins	Individual	01:19:15	+45:56	07:56	
993	3367	Maria Campelos	Individual	01:19:20	+46:01	07:56	
994	3523	Isabel Lopes	Individual	01:19:30	+46:11	07:57	
995	3324	Tiago Monteiro	Individual	01:19:32	+46:13	07:57	
996	3177	Margarida Andrade	Individual	01:19:35	+46:16	07:57	
997	4066	Atleta 4066	Individual	01:19:56	+46:37	08:00	
998	3674	Mariana Vasconcelos	Individual	01:19:56	+46:37	08:00	
999	3640	Carlos Sousa	Individual	01:20:00	+46:41	08:00	
1000	3352	Maria Sousa	Individual	01:20:01	+46:42	08:00	
1001	3403	Helena Arantes	Individual	01:20:27	+47:08	08:03	
1002	3042	Jacqueline Camargo	Individual	01:21:04	+47:45	08:06	
1003	3626	Beatriz Andrade	Individual	01:22:23	+49:04	08:14	
1004	3262	Silvia Lopes	Individual	01:22:26	+49:07	08:15	
1005	3200	Odete Coelho	Individual	01:22:36	+49:17	08:16	
1006	3314	Pedro Santos	Individual	01:23:01	+49:42	08:18	
1007	4130	ALTAMIRO CRUZ	Individual	01:23:26	+50:07	08:21	

10 KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1008	3119	Dominique Chávez	Individual	01:24:00	+50:41	08:24	
1009	3051	Dévora Costa	Individual	01:24:36	+51:17	08:28	
1010	3050	Madalena Costa	Individual	01:24:37	+51:18	08:28	
1011	3576	Isabel Oliveira	Individual	01:25:04	+51:45	08:30	
1012	3563	Tatiana Fernandes	Individual	01:25:04	+51:45	08:30	
1013	3560	Inês Teixeira	Individual	01:25:05	+51:46	08:30	
1014	4119	ABÍLIO VALENTE	Individual	01:25:16	+51:57	08:32	
1015	4120	LILIANA SILVA	Individual	01:25:17	+51:58	08:32	
1016	3159	Sabrina Silva	Individual	01:26:03	+52:44	08:36	
1017	3217	Eduardo Silva	Individual	01:26:04	+52:45	08:36	
1018	3703	Ana Almeida	Individual	01:26:13	+52:54	08:37	
1019	3478	Pamela Marcondes	Individual	01:26:49	+53:30	08:41	
1020	3812	Luiz Felipe Silva	Individual	01:27:31	+54:12	08:45	
1021	3911	Marcio Pasolini	Individual	01:27:33	+54:14	08:45	
1022	3813	Priscilla Gazinhato	Individual	01:27:34	+54:15	08:45	
1023	3132	Cristina Macedo	Individual	01:28:20	+55:01	08:50	
1024	3634	Cátia Monteiro	Individual	01:28:24	+55:05	08:50	
1025	3134	Silvestre Moura	Individual	01:30:56	+57:37	09:06	
1026	3863	Berta Salgueiro	Individual	01:35:03	+01:01:44	09:30	
1027	4134	EVELY REZENDE	Individual	01:35:36	+01:02:17	09:34	
1028	4057	Angélica Machado	Individual	01:35:36	+01:02:17	09:34	
1029	4058	Luís Gonçalves	Individual	01:35:36	+01:02:17	09:34	
1030	3321	Humberto Ferreira	Individual	01:36:53	+01:03:34	09:41	
1031	3783	Helio Silva	Individual	01:36:53	+01:03:34	09:41	
1032	3718	Leonardo Lourenço	Individual	01:36:54	+01:03:35	09:41	

10 Km

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	16,2°C	76%
End	11:36	16,2°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	3830	Beatriz Fernandes	VTSC	Senior Feminino	37:31	03:45
2	4080	Chardler Horton	Individual	Senior Feminino	40:39	+03:08 04:04
3	4072	Andreia Cunha	DRGN	Senior Feminino	40:53	+03:21 04:05
4	3659	Mariana Machado	Individual	Senior Feminino	41:58	+04:26 04:12
5	3982	Esmeralda Meira	VTSC	Senior Feminino	44:15	+06:44 04:26
6	4081	Anna Nezamova	Individual	Senior Feminino	47:44	+10:12 04:46
7	3983	Patrícia Fertuzinhos	VTSC	Senior Feminino	51:04	+13:32 05:06
8	3805	Natália Maria Silva Lima	Brabus Runners	Senior Feminino	51:31	+13:59 05:09
9	3661	Ana Azevedo	Individual	Senior Feminino	52:02	+14:30 05:12
10	3468	Sílvia Lima	Individual	Senior Feminino	52:13	+14:42 05:13
11	3862	Sandra Salgueiro	Individual	Senior Feminino	52:38	+15:06 05:16
12	3114	Amanda Mandim	Individual	Senior Feminino	52:42	+15:11 05:16
13	3494	Barbara Maia	SRC	Senior Feminino	52:53	+15:21 05:17
14	3655	Ângela Ferreira	Individual	Senior Feminino	53:00	+15:29 05:18
15	4039	Mafalda Castro	Individual	Senior Feminino	53:08	+15:37 05:19
16	4098	Raissa Reis	Individual	Senior Feminino	53:11	+15:40 05:19
17	3469	Maria Lopes	Individual	Senior Feminino	53:30	+15:59 05:21
18	3155	Sara Oliveira	Individual	Senior Feminino	53:44	+16:13 05:22
19	3359	Isabel Sofia Cardoso	Individual	Senior Feminino	54:25	+16:54 05:27
20	4089	Nataliia Dovhanych	Individual	Senior Feminino	54:32	+17:01 05:27
21	3339	Susana Silva	Individual	Senior Feminino	54:48	+17:16 05:29
22	3633	Rita Campos	Individual	Senior Feminino	54:48	+17:16 05:29
23	3271	Sofia Leite	Individual	Senior Feminino	55:09	+17:37 05:31
24	3716	Jaqueline Foresto	Individual	Senior Feminino	55:10	+17:38 05:31
25	3801	Tânia Azevedo	Individual	Senior Feminino	55:24	+17:52 05:32
26	3501	Tânia Costa	SRC	Senior Feminino	55:24	+17:52 05:32
27	3457	Diana Oliveira	Individual	Senior Feminino	55:25	+17:54 05:33
28	3439	Bárbara Castro	Individual	Senior Feminino	55:38	+18:06 05:34
29	4138	JOANA ALVES	Individual	Senior Feminino	55:38	+18:07 05:34
30	3558	Sandra Mesquita	Individual	Senior Feminino	55:45	+18:13 05:34
31	3752	Maria Vasconcelos	Individual	Senior Feminino	55:45	+18:13 05:34
32	3951	Caroline Ferreira	Individual	Senior Feminino	55:49	+18:17 05:35
33	3302	Teresa Frazao	Individual	Senior Feminino	56:11	+18:39 05:37
34	3941	Clarissa Micharki	Individual	Senior Feminino	56:12	+18:41 05:37
35	4142	Fernanda Machado	Individual	Senior Feminino	56:22	+18:51 05:38
36	3601	Paula Rosa	Individual	Senior Feminino	56:25	+18:54 05:39
37	3036	Alexandrina Fernandes	Individual	Senior Feminino	56:33	+19:02 05:39
38	3276	Laura Azevedo	Individual	Senior Feminino	56:42	+19:10 05:40
39	4133	DANIELA FERNANDES	Individual	Senior Feminino	56:44	+19:12 05:40

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10 Km

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OFFICIAL RESULT

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40	4112	ROSÁLIA OLIVEIRA	Individual	Senior Feminino	57:04	+19:33	05:42
41	3555	Fátima Ferreira	Individual	Senior Feminino	57:07	+19:36	05:43
42	3146	Maria Silva	Individual	Senior Feminino	57:15	+19:44	05:44
43	3533	Raquel Meireles	Individual	Senior Feminino	57:16	+19:45	05:44
44	3316	Marta Pereira	Individual	Senior Feminino	57:20	+19:48	05:44
45	4140	MARYNA KALAU	Individual	Senior Feminino	57:21	+19:49	05:44
46	3605	Patrícia Sousa	Individual	Senior Feminino	57:25	+19:54	05:45
47	3573	Maria Lima	NATAIPAS	Senior Feminino	57:31	+19:59	05:45
48	3851	Alexandra Fernades	ELITE Run	Senior Feminino	57:33	+20:01	05:45
49	3903	José Manuel oliveira	Individual	Senior Feminino	57:35	+20:04	05:46
50	3868	Sandra Silva	Individual	Senior Feminino	57:48	+20:16	05:47
51	3924	Rita Silva	Individual	Senior Feminino	57:55	+20:24	05:48
52	3559	Ana Raquel Lobo de Cardoso Lage	Individual	Senior Feminino	57:55	+20:24	05:48
53	4041	Susana Leite	Individual	Senior Feminino	57:58	+20:26	05:48
54	3527	Silvina Esteves	Individual	Senior Feminino	58:00	+20:28	05:48
55	3840	Sofia Lopes	ERDAL	Senior Feminino	58:14	+20:42	05:49
56	3407	Alexandra Oliveira	Individual	Senior Feminino	58:18	+20:47	05:50
57	3908	Carolina Martins	Individual	Senior Feminino	58:18	+20:47	05:50
58	3717	Fernanda Palhares Goncalves	Individual	Senior Feminino	58:30	+20:58	05:51
59	3189	Sharlane Costa	Individual	Senior Feminino	58:33	+21:02	05:51
60	3355	JOSEFINA TINOCO	Individual	Senior Feminino	58:36	+21:04	05:52
61	3987	Laura Rodrigues	Riofit	Senior Feminino	58:59	+21:28	05:54
62	3988	Paula Ribeiro	Riofit	Senior Feminino	58:59	+21:28	05:54
63	4063	CARLA SAMPAIO	Individual	Senior Feminino	59:17	+21:45	05:56
64	3419	Juliana Pinto	Individual	Senior Feminino	59:17	+21:46	05:56
65	3265	Edna Oliveira	Individual	Senior Feminino	59:19	+21:48	05:56
66	3448	Inês Faria	Individual	Senior Feminino	59:20	+21:48	05:56
67	3424	Catarina Silva	Individual	Senior Feminino	59:21	+21:49	05:56
68	3233	Joana Gonçalves	ERDAL	Senior Feminino	59:23	+21:51	05:56
69	3459	Sofia Fernandes	Individual	Senior Feminino	59:23	+21:51	05:56
70	3234	Marlene Gonçalves	Individual	Senior Feminino	59:23	+21:51	05:56
71	4021	Alexandra Salgado	Individual	Senior Feminino	59:32	+22:01	05:57
72	3068	Mariana Ferreira	Individual	Senior Feminino	59:34	+22:02	05:57
73	3164	Margarida Miranda	Individual	Senior Feminino	59:34	+22:03	05:57
74	3282	Andreia Castro	Individual	Senior Feminino	59:38	+22:06	05:58
75	4042	Marisa Castro	Individual	Senior Feminino	59:39	+22:07	05:58
76	4170	ANA MOURA	Individual	Senior Feminino	59:46	+22:15	05:59
77	3553	Samanta Araujo	Individual	Senior Feminino	59:58	+22:27	06:00
78	3374	Diana Costa	Individual	Senior Feminino	01:00:09	+22:38	06:01
79	3373	Sesira Ferreira	Individual	Senior Feminino	01:00:10	+22:38	06:01
80	3779	Francisca de Sá Machado	Individual	Senior Feminino	01:00:29	+22:58	06:03
81	3160	Lídia Lemos Ribeiro	Individual	Senior Feminino	01:00:34	+23:03	06:03
82	3925	Isabel Magalhaes	Individual	Senior Feminino	01:00:49	+23:18	06:05
83	3675	Kláudia Fonseca	Individual	Senior Feminino	01:00:51	+23:20	06:05
84	3298	Ângela Fraga	Individual	Senior Feminino	01:00:52	+23:20	06:05
85	3328	Nathalie Novais	Individual	Senior Feminino	01:00:55	+23:23	06:05

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86	3230	Liliana Astorga	Individual	Senior Feminino	01:01:00	+23:29	06:06
87	4166	Sara Lopes	Individual	Senior Feminino	01:01:01	+23:30	06:06
88	4003	Paula Alves	Individual	Senior Feminino	01:01:03	+23:32	06:06
89	4135	MADALENA SOUSA	Individual	Senior Feminino	01:01:04	+23:32	06:06
90	3384	Maria Castro	Individual	Senior Feminino	01:01:09	+23:37	06:07
91	3831	Diana Teixeira	Individual	Senior Feminino	01:01:13	+23:41	06:07
92	3615	Cátia Cunha	Individual	Senior Feminino	01:01:14	+23:43	06:07
93	3475	Sandra Dias	Individual	Senior Feminino	01:01:20	+23:48	06:08
94	3190	Carina Miranda	Individual	Senior Feminino	01:01:20	+23:48	06:08
95	3000	Ana Pina Cabral	Individual	Senior Feminino	01:01:21	+23:50	06:08
96	3625	Cristina Lopes	Individual	Senior Feminino	01:01:22	+23:50	06:08
97	4007	Ines Costa	Individual	Senior Feminino	01:01:22	+23:50	06:08
98	3986	Rosa Ribeiro	Riofit	Senior Feminino	01:01:27	+23:55	06:09
99	3985	Susana Silva	Riofit	Senior Feminino	01:01:27	+23:56	06:09
100	4051	Zizina Moreira	Individual	Senior Feminino	01:01:30	+23:58	06:09
101	3201	Anabela Lobo	Individual	Senior Feminino	01:01:32	+24:00	06:09
102	3487	Conceição Pereira	SRC	Senior Feminino	01:01:34	+24:02	06:09
103	4106	Diana Costa	Individual	Senior Feminino	01:01:34	+24:03	06:09
104	3127	Maria Inês Faria	Individual	Senior Feminino	01:01:34	+24:03	06:09
105	3532	Sofia Fernandes	Individual	Senior Feminino	01:01:37	+24:06	06:10
106	3183	Joana Ferreira	Individual	Senior Feminino	01:01:42	+24:11	06:10
107	3152	Alanna pahl	Individual	Senior Feminino	01:01:51	+24:20	06:11
108	3296	Eva Oliveira	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Feminino	01:01:57	+24:25	06:12
109	3206	Joana Machado Sampaio	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Feminino	01:02:03	+24:31	06:12
110	3901	Rafaela Cunha	Individual	Senior Feminino	01:02:04	+24:32	06:12
111	3416	Cátia Guerra	Individual	Senior Feminino	01:02:05	+24:33	06:12
112	3477	Mariana Schaefer	Individual	Senior Feminino	01:02:12	+24:40	06:13
113	3415	Maria Sousa	Individual	Senior Feminino	01:02:17	+24:46	06:14
114	4152	Francisca Fernandes	Individual	Senior Feminino	01:02:20	+24:49	06:14
115	4145	Inês Faria	Individual	Senior Feminino	01:02:22	+24:51	06:14
116	3623	Amandine De Sousa	Individual	Senior Feminino	01:02:31	+24:59	06:15
117	3315	Gabriela Azevedo	Individual	Senior Feminino	01:02:49	+25:17	06:17
118	4029	Daniela Santos	Individual	Senior Feminino	01:02:52	+25:21	06:17
119	3411	Francisca Coelho	Individual	Senior Feminino	01:02:54	+25:22	06:17
120	4084	Isália Pereira	Individual	Senior Feminino	01:02:55	+25:23	06:17
121	3410	Rita Coelho	Individual	Senior Feminino	01:02:55	+25:23	06:17
122	3899	Elsa Marques	Individual	Senior Feminino	01:03:04	+25:32	06:18
123	3897	Kaka Cristovam	Individual	Senior Feminino	01:03:05	+25:33	06:18
124	3898	Margarida Correia	Individual	Senior Feminino	01:03:05	+25:33	06:19
125	3950	Elisabete Alves	Individual	Senior Feminino	01:03:07	+25:36	06:19
126	3034	Patricia Silva	Individual	Senior Feminino	01:03:08	+25:37	06:19
127	3304	Anita Pereira	Individual	Senior Feminino	01:03:20	+25:49	06:20
128	3211	Rita Viana	Individual	Senior Feminino	01:03:20	+25:49	06:20
129	3312	Jéssica Silva	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Feminino	01:03:22	+25:50	06:20

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130	3294	Alexandrina Martins	Individual	Senior Feminino	01:03:24	+25:53	06:20
131	3620	Lucinda Silva	Individual	Senior Feminino	01:03:48	+26:16	06:23
132	3895	Marcela Fernandes	Individual	Senior Feminino	01:03:49	+26:17	06:23
133	3413	MARGARIDA LOBO	Individual	Senior Feminino	01:03:49	+26:17	06:23
134	3365	Cristiana Lopes	Individual	Senior Feminino	01:03:54	+26:22	06:23
135	3751	Luísa Duarte	ON TRACK RUN CLUB	Senior Feminino	01:03:54	+26:22	06:23
136	3918	Inês Soares	Individual	Senior Feminino	01:03:54	+26:23	06:23
137	3807	Patrícia Faria	Individual	Senior Feminino	01:04:05	+26:33	06:24
138	3517	Andreia Pereira	Individual	Senior Feminino	01:04:06	+26:34	06:25
139	3874	Ana Neves	Individual	Senior Feminino	01:04:10	+26:39	06:25
140	3889	Camila Silva	Individual	Senior Feminino	01:04:11	+26:40	06:25
141	3846	Ana Vieira	Individual	Senior Feminino	01:04:13	+26:42	06:25
142	3775	Patrícia Araújo	Individual	Senior Feminino	01:04:14	+26:42	06:25
143	3733	Gabriela Cardoso	Individual	Senior Feminino	01:04:16	+26:44	06:26
144	3664	MARIA ISABEL SILVA	Individual	Senior Feminino	01:04:16	+26:45	06:26
145	3753	Manuela Sá	Individual	Senior Feminino	01:04:19	+26:47	06:26
146	3755	Marisa Azevedo	Individual	Senior Feminino	01:04:19	+26:47	06:26
147	3712	Sara Mateus	Individual	Senior Feminino	01:04:25	+26:53	06:26
148	3299	Gabriela Dinis	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Feminino	01:04:25	+26:53	06:26
149	3507	Elsa Ribeiro	Individual	Senior Feminino	01:04:27	+26:55	06:27
150	3529	Flora Ferreira	Individual	Senior Feminino	01:04:30	+26:58	06:27
151	3061	Vanessa Oliveira	Individual	Senior Feminino	01:04:31	+26:59	06:27
152	3032	Andrea Ribeiro	Individual	Senior Feminino	01:04:32	+27:01	06:27
153	3110	Inês de Castro	Individual	Senior Feminino	01:04:34	+27:02	06:27
154	3629	Juliana Baptista	Individual	Senior Feminino	01:04:37	+27:05	06:28
155	3999	Patrícia Carvalhosa	Individual	Senior Feminino	01:04:37	+27:05	06:28
156	3927	Cláudia Bragança	Individual	Senior Feminino	01:04:38	+27:06	06:28
157	3072	Isabel Machado	Individual	Senior Feminino	01:04:44	+27:12	06:28
158	3379	Diana Salgado	Individual	Senior Feminino	01:04:48	+27:17	06:29
159	3841	Annalaura Vuoto	Individual	Senior Feminino	01:04:50	+27:18	06:29
160	3125	Isaura Antunes	Individual	Senior Feminino	01:04:53	+27:22	06:29
161	3669	Nair Garrido	Individual	Senior Feminino	01:04:59	+27:27	06:30
162	3109	Raquel Cunha	Individual	Senior Feminino	01:04:59	+27:27	06:30
163	3679	Claudia Leite	Individual	Senior Feminino	01:05:00	+27:28	06:30
164	3057	Susana Mendes	Individual	Senior Feminino	01:05:10	+27:38	06:31
165	3058	Luísa Q Oliveira	Individual	Senior Feminino	01:05:10	+27:39	06:31
166	4031	Cátia Silva	Individual	Senior Feminino	01:05:11	+27:39	06:31
167	3078	Marian Alegre	Individual	Senior Feminino	01:05:11	+27:39	06:31
168	3149	Carla Fonseca	Individual	Senior Feminino	01:05:12	+27:40	06:31
169	3279	Vanessa Basilio	Individual	Senior Feminino	01:05:13	+27:42	06:31
170	3305	Maria Gomes	Individual	Senior Feminino	01:05:16	+27:44	06:32
171	3378	Chirin Jörg	Individual	Senior Feminino	01:05:21	+27:49	06:32
172	3017	Andreia Marques	Individual	Senior Feminino	01:05:21	+27:50	06:32
173	3018	Cátia Marques	Individual	Senior Feminino	01:05:21	+27:50	06:32
174	3126	Daniela Oliveira	Individual	Senior Feminino	01:05:22	+27:50	06:32
175	3124	Andreia Figueiredo	Individual	Senior Feminino	01:05:29	+27:58	06:33

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OFFICIAL RESULT

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176	3624	Luciana Gonçalves	Individual	Senior Feminino	01:05:40	+28:08	06:34
177	3083	Marta Martins	Individual	Senior Feminino	01:05:41	+28:10	06:34
178	3076	Lilian Curvo	Individual	Senior Feminino	01:05:42	+28:10	06:34
179	3772	Maria Sofia Rocha	Individual	Senior Feminino	01:05:44	+28:12	06:34
180	3400	Marta Santos	Individual	Senior Feminino	01:05:48	+28:16	06:35
181	3686	Diana Barata	Individual	Senior Feminino	01:05:50	+28:18	06:35
182	3551	Maria Ribeiro	Individual	Senior Feminino	01:05:50	+28:19	06:35
183	3909	Dora Castro	Individual	Senior Feminino	01:05:52	+28:20	06:35
184	3123	Diana Rocha	Individual	Senior Feminino	01:05:55	+28:23	06:35
185	4164	Dina Fernandes	Individual	Senior Feminino	01:06:07	+28:35	06:37
186	3639	Isilda Sousa	Individual	Senior Feminino	01:06:07	+28:35	06:37
187	3322	Catarina pessoa	Individual	Senior Feminino	01:06:09	+28:37	06:37
188	3502	Conceição Oliveira	SRC	Senior Feminino	01:06:11	+28:40	06:37
189	3491	Ilda Correia	SRC	Senior Feminino	01:06:12	+28:40	06:37
190	3480	Margarida Machado	Individual	Senior Feminino	01:06:15	+28:44	06:38
191	4100	Eduarda Vila Chã	Individual	Senior Feminino	01:06:21	+28:50	06:38
192	3450	Simea Rocha Vieira	Individual	Senior Feminino	01:06:22	+28:50	06:38
193	3414	Rafaela Castro	Individual	Senior Feminino	01:06:28	+28:57	06:39
194	3228	Raquel Eusébio	Individual	Senior Feminino	01:06:34	+29:03	06:39
195	3277	Letícia Mendes	Individual	Senior Feminino	01:06:43	+29:12	06:40
196	3267	Márcia Gonçalves	Individual	Senior Feminino	01:06:49	+29:17	06:41
197	3811	Mariana Marques	Individual	Senior Feminino	01:06:49	+29:18	06:41
198	3580	Andreia Silva	Individual	Senior Feminino	01:06:50	+29:19	06:41
199	3591	Sandra Figueiredo	Individual	Senior Feminino	01:06:56	+29:24	06:42
200	3335	Silvia Dias	Individual	Senior Feminino	01:07:11	+29:39	06:43
201	3938	Micaela Andreia Lopes da Silveira Viegas Duarte	Individual	Senior Feminino	01:07:11	+29:39	06:43
202	3955	Sandra Pereira	Individual	Senior Feminino	01:07:12	+29:40	06:43
203	4010	Joana Almeida	Individual	Senior Feminino	01:07:13	+29:41	06:43
204	3023	Marisa Cruz	Individual	Senior Feminino	01:07:13	+29:41	06:43
205	3757	Catarina Ferreira	Individual	Senior Feminino	01:07:17	+29:46	06:44
206	3853	Wendy Ferreira	Km com Treta	Senior Feminino	01:07:17	+29:46	06:44
207	3442	Tânia Gonçalves	Individual	Senior Feminino	01:07:19	+29:48	06:44
208	4153	Margarida Renatos	Individual	Senior Feminino	01:07:23	+29:52	06:44
209	3579	DANIELA SILVA	CB MONTELINGO	Senior Feminino	01:07:28	+29:57	06:45
210	4129	LISANDRA SOUSA	Individual	Senior Feminino	01:07:29	+29:57	06:45
211	3583	SUSETE MAIA RIBEIRO	Individual	Senior Feminino	01:07:32	+30:00	06:45
212	3007	Daniela Neves	Individual	Senior Feminino	01:07:34	+30:02	06:45
213	3518	Maria de los Angeles Meza Abalo	Individual	Senior Feminino	01:07:34	+30:03	06:45
214	4192	Margarida Cardoso	Individual	Senior Feminino	01:07:40	+30:08	06:46
215	3600	Joana Pereira	Individual	Senior Feminino	01:07:41	+30:09	06:46
216	4117	DIANA CARDOSO	Individual	Senior Feminino	01:07:41	+30:09	06:46
217	4107	Lua Moreira	Individual	Senior Feminino	01:07:46	+30:15	06:47
218	3809	Cristina Araujo	Individual	Senior Feminino	01:07:55	+30:23	06:48
219	4141	Juliana Pereira	Individual	Senior Feminino	01:08:02	+30:30	06:48
220	3372	Rita Ferreira	Individual	Senior Feminino	01:08:12	+30:40	06:49
221	3701	Cátia Pereira	Individual	Senior Feminino	01:08:15	+30:43	06:49

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OFFICIAL RESULT

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222	3175	Juliana Sousa	Individual	Senior Feminino	01:08:22	+30:50	06:50
223	3044	Diana Ferreira	Individual	Senior Feminino	01:08:22	+30:50	06:50
224	3481	Catarina Gouveia	Individual	Senior Feminino	01:08:23	+30:51	06:50
225	3621	Fátima Costa	Individual	Senior Feminino	01:08:39	+31:08	06:52
226	3622	Vânia Cunha	Individual	Senior Feminino	01:08:39	+31:08	06:52
227	3021	Silvia Graça	Individual	Senior Feminino	01:08:43	+31:11	06:52
228	3231	Cecília Vieira	Individual	Senior Feminino	01:08:46	+31:14	06:53
229	3665	Marta Peixoto	Individual	Senior Feminino	01:08:46	+31:14	06:53
230	3344	ANA RITA SANTOS	Individual	Senior Feminino	01:08:51	+31:19	06:53
231	3838	Sónia Sousa	Individual	Senior Feminino	01:08:53	+31:22	06:53
232	3609	Vânia Mendes	Individual	Senior Feminino	01:09:05	+31:33	06:54
233	3997	Teresa Pereira	Individual	Senior Feminino	01:09:09	+31:37	06:55
234	3008	Patrícia Neves	Individual	Senior Feminino	01:09:09	+31:37	06:55
235	3765	Marta Fertuzinhos	Individual	Senior Feminino	01:09:17	+31:46	06:56
236	3429	Dores Barroso	Individual	Senior Feminino	01:09:20	+31:49	06:56
237	3711	Liliana Oliveira	Individual	Senior Feminino	01:09:26	+31:54	06:57
238	3994	Carina Ferreira	Individual	Senior Feminino	01:09:33	+32:02	06:57
239	4074	Arlete Pica	Individual	Senior Feminino	01:09:34	+32:03	06:57
240	3065	Carina Silva	Individual	Senior Feminino	01:09:37	+32:05	06:58
241	3998	Sofia Silva	Individual	Senior Feminino	01:09:40	+32:09	06:58
242	3479	Alice Isabel Faria Soares	Individual	Senior Feminino	01:09:42	+32:11	06:58
243	4069	Ana Lima	Individual	Senior Feminino	01:09:50	+32:18	06:59
244	3218	Renata Oliveira	Individual	Senior Feminino	01:10:00	+32:28	07:00
245	3280	Marta Cabral	Individual	Senior Feminino	01:10:00	+32:28	07:00
246	3307	Ana Rita Fernandes	Individual	Senior Feminino	01:10:21	+32:50	07:02
247	3836	Dora Almeida	Individual	Senior Feminino	01:10:23	+32:52	07:02
248	3513	Daniela Fontes	Individual	Senior Feminino	01:10:24	+32:52	07:02
249	3516	Maria Silva	Individual	Senior Feminino	01:10:24	+32:52	07:02
250	3945	Daniela Pereira	Individual	Senior Feminino	01:10:40	+33:08	07:04
251	3764	Mariana Gomes	Individual	Senior Feminino	01:10:40	+33:08	07:04
252	4049	Andreia Martins	Individual	Senior Feminino	01:10:45	+33:14	07:05
253	4053	Katia Silva	Individual	Senior Feminino	01:10:45	+33:14	07:05
254	3454	Francisca Batista Silva	Individual	Senior Feminino	01:10:53	+33:21	07:05
255	4038	Marisa Freitas	Individual	Senior Feminino	01:10:55	+33:24	07:06
256	3922	Patricia Ferreira	Individual	Senior Feminino	01:10:59	+33:27	07:06
257	3117	Ana Silva	Individual	Senior Feminino	01:11:15	+33:44	07:08
258	3426	Liliana Dias	Individual	Senior Feminino	01:11:18	+33:46	07:08
259	3240	Sandra Martins	Individual	Senior Feminino	01:11:18	+33:46	07:08
260	3646	Paula Silva	Individual	Senior Feminino	01:11:26	+33:54	07:09
261	3247	Beatriz Pires	Individual	Senior Feminino	01:11:35	+34:03	07:09
262	4019	Teresa Castro	Individual	Senior Feminino	01:11:38	+34:07	07:10
263	3180	Andreia Araújo	Individual	Senior Feminino	01:11:59	+34:27	07:12
264	3366	Inês Silva	Individual	Senior Feminino	01:12:03	+34:31	07:12
265	3961	Paula Gonçalves	Individual	Senior Feminino	01:12:08	+34:36	07:13
266	3293	Cleidiane Abreu	Individual	Senior Feminino	01:12:13	+34:42	07:13
267	3806	Ângela Costa	Individual	Senior Feminino	01:12:23	+34:51	07:14

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OFFICIAL RESULT

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268	3338	Zara Abreu	Individual	Senior Feminino	01:12:32	+35:00	07:15
269	3390	Ana Magalhães	Individual	Senior Feminino	01:12:42	+35:10	07:16
270	3154	Margarida Lima	Individual	Senior Feminino	01:12:51	+35:19	07:17
271	3182	Inês Rodrigues	Individual	Senior Feminino	01:12:55	+35:24	07:18
272	3014	Lurdes Sousa	Individual	Senior Feminino	01:13:06	+35:35	07:19
273	4189	Gabriele Ferreira	Individual	Senior Feminino	01:13:09	+35:37	07:19
274	3151	Susana Pereira	Individual	Senior Feminino	01:13:12	+35:40	07:19
275	3731	Joana matos	Mila Fit	Senior Feminino	01:13:19	+35:48	07:20
276	3387	Rita Gonzalez	Mila Fit	Senior Feminino	01:13:19	+35:48	07:20
277	3730	Teresa São Simão	Individual	Senior Feminino	01:13:24	+35:52	07:20
278	3541	Cláudia Silva	Individual	Senior Feminino	01:13:32	+36:00	07:21
279	4075	Eva Fernandes	Individual	Senior Feminino	01:13:50	+36:18	07:23
280	3637	Helena Ferreira	Individual	Senior Feminino	01:13:50	+36:18	07:23
281	3873	Catarina Ribeiro	Individual	Senior Feminino	01:13:59	+36:27	07:24
282	3451	Maria Antonia Vaz Ferreira	Individual	Senior Feminino	01:14:03	+36:31	07:24
283	3892	Mariana Pastor	FRUNNERS	Senior Feminino	01:14:06	+36:34	07:25
284	4013	Rits Pontes	Individual	Senior Feminino	01:14:33	+37:01	07:27
285	3128	Sofia Faria	Individual	Senior Feminino	01:14:34	+37:02	07:27
286	4161	Diana Filipa Sousa Crespo	Individual	Senior Feminino	01:14:44	+37:12	07:28
287	4160	Joana Mafalda Castro Pereira	Individual	Senior Feminino	01:14:44	+37:12	07:28
288	3166	Gabriela Macieira	Individual	Senior Feminino	01:14:46	+37:15	07:29
289	3619	Anabela da Mota	Individual	Senior Feminino	01:14:52	+37:20	07:29
290	3251	Catarina Gomes	Individual	Senior Feminino	01:14:54	+37:22	07:29
291	3528	Filipa Boído Costa	Individual	Senior Feminino	01:14:58	+37:27	07:30
292	3537	Olinda Melo	Individual	Senior Feminino	01:14:58	+37:27	07:30
293	3952	Lucia Gonçalves	Individual	Senior Feminino	01:15:08	+37:37	07:31
294	4062	ALICE CASTRO	Individual	Senior Feminino	01:15:22	+37:50	07:32
295	3039	Filipa Freitas	Individual	Senior Feminino	01:15:22	+37:51	07:32
296	3248	Fernanda Lima	Individual	Senior Feminino	01:15:25	+37:53	07:32
297	3214	PAULA Cunha	Individual	Senior Feminino	01:15:28	+37:56	07:33
298	3549	Rafaela Martins	3qinas!	Senior Feminino	01:15:34	+38:02	07:33
299	3246	Beatriz Rocha	Individual	Senior Feminino	01:15:36	+38:04	07:34
300	3245	Lúcia Pinheiro	Individual	Senior Feminino	01:15:39	+38:07	07:34
301	3996	Elsa Baptista	Individual	Senior Feminino	01:15:40	+38:08	07:34
302	4193	Elisiane Costa	Individual	Senior Feminino	01:15:41	+38:10	07:34
303	3317	Audrey Goncalves	Individual	Senior Feminino	01:15:46	+38:15	07:35
304	4055	Joana Pereira	Individual	Senior Feminino	01:15:48	+38:17	07:35
305	4056	Tânia Ribeiro	Individual	Senior Feminino	01:15:49	+38:17	07:35
306	3593	Verónica Silva	Individual	Senior Feminino	01:16:00	+38:28	07:36
307	3594	Vera Fernandes	Individual	Senior Feminino	01:16:00	+38:28	07:36
308	3402	Raquel Guimarães	Individual	Senior Feminino	01:16:06	+38:34	07:37
309	3361	Cristina Ferreira	Individual	Senior Feminino	01:16:21	+38:49	07:38
310	3728	Ariana Silva	Individual	Senior Feminino	01:16:51	+39:19	07:41
311	3691	Joana Pinheiro	Individual	Senior Feminino	01:16:52	+39:21	07:41
312	3690	Vânia Pereira	Individual	Senior Feminino	01:16:53	+39:22	07:41
313	3453	Ana Gazola	Individual	Senior Feminino	01:16:55	+39:23	07:41

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314	4036	Jussara Gonzaga	Individual	Senior Feminino	01:16:57	+39:25	07:42
315	3505	Bárbara Castro	Individual	Senior Feminino	01:17:05	+39:33	07:42
316	3121	NAZARÉ GOVEIA	Individual	Senior Feminino	01:17:57	+40:26	07:48
317	3026	Ana Faria	Individual	Senior Feminino	01:18:30	+40:58	07:51
318	3028	Ana Magalhaes	Individual	Senior Feminino	01:18:30	+40:59	07:51
319	3367	Maria Campelos	Individual	Senior Feminino	01:19:20	+41:49	07:56
320	3523	Isabel Lopes	Individual	Senior Feminino	01:19:30	+41:58	07:57
321	3177	Margarida Andrade	Individual	Senior Feminino	01:19:35	+42:03	07:57
322	3674	Mariana Vasconcelos	Individual	Senior Feminino	01:19:56	+42:25	08:00
323	3352	Maria Sousa	Individual	Senior Feminino	01:20:01	+42:29	08:00
324	3403	Helena Arantes	Individual	Senior Feminino	01:20:27	+42:55	08:03
325	3042	Jacqueline Camargo	Individual	Senior Feminino	01:21:04	+43:32	08:06
326	3626	Beatriz Andrade	Individual	Senior Feminino	01:22:23	+44:52	08:14
327	3262	Silvia Lopes	Individual	Senior Feminino	01:22:26	+44:55	08:15
328	3200	Odete Coelho	Individual	Senior Feminino	01:22:36	+45:04	08:16
329	3119	Dominique Chávez	Individual	Senior Feminino	01:24:00	+46:28	08:24
330	3051	Dévora Costa	Individual	Senior Feminino	01:24:36	+47:05	08:28
331	3050	Madalena Costa	Individual	Senior Feminino	01:24:37	+47:05	08:28
332	3576	Isabel Oliveira	Individual	Senior Feminino	01:25:04	+47:33	08:30
333	3563	Tatiana Fernandes	Individual	Senior Feminino	01:25:04	+47:33	08:30
334	3560	Inês Teixeira	Individual	Senior Feminino	01:25:05	+47:33	08:30
335	4120	LILIANA SILVA	Individual	Senior Feminino	01:25:17	+47:45	08:32
336	3159	Sabrina Silva	Individual	Senior Feminino	01:26:03	+48:32	08:36
337	3703	Ana Almeida	Individual	Senior Feminino	01:26:13	+48:42	08:37
338	3478	Pamela Marcondes	Individual	Senior Feminino	01:26:49	+49:17	08:41
339	3813	Priscilla Gazinhato	Individual	Senior Feminino	01:27:34	+50:02	08:45
340	3132	Cristina Macedo	Individual	Senior Feminino	01:28:20	+50:48	08:50
341	3634	Cátia Monteiro	Individual	Senior Feminino	01:28:24	+50:53	08:50
342	3863	Berta Salgueiro	Individual	Senior Feminino	01:35:03	+57:32	09:30
343	4134	EVELY REZENDE	Individual	Senior Feminino	01:35:36	+58:04	09:34
344	4057	Angélica Machado	Individual	Senior Feminino	01:35:36	+58:04	09:34

Senior Masculino

1	4033	João Rodrigues	Individual	Senior Masculino	33:19	03:20
2	4008	Tiago Costa	Individual	Senior Masculino	34:03	+00:44 03:24
3	3309	Domingos Fernandes	Individual	Senior Masculino	35:24	+02:04 03:32
4	3796	Leonel Alves	Individual	Senior Masculino	35:59	+02:39 03:36
5	3794	Joaquim Cruz	Individual	Senior Masculino	36:06	+02:47 03:37
6	3672	Nuno Fernandes	CAF-FR	Senior Masculino	36:30	+03:11 03:39
7	3804	Marco André Sousa Pinto	Brabus Runners	Senior Masculino	37:19	+04:00 03:44
8	3881	Paulo Gomes	AFR&F	Senior Masculino	37:45	+04:25 03:46
9	3829	Joaquim Pacheco	VTSC	Senior Masculino	38:12	+04:52 03:49
10	3186	Roberto Costa	Individual	Senior Masculino	38:28	+05:09 03:51
11	3273	JOSE FREITAS	Individual	Senior Masculino	38:50	+05:31 03:53
12	3825	Miguel Peixoto	VTSC	Senior Masculino	39:16	+05:57 03:56

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13	3179	Sergio Rodrigues	Individual	Senior Masculino	39:26	+06:07	03:57
14	3357	Americo Lima	Individual	Senior Masculino	39:29	+06:10	03:57
15	3789	Pedro Ricardo Monteiro Costa	Individual	Senior Masculino	39:30	+06:11	03:57
16	3216	Adelino Jose Pereira Fernandes	Individual	Senior Masculino	39:53	+06:33	03:59
17	3904	Francisco Pereira	Individual	Senior Masculino	40:18	+06:59	04:02
18	3886	Adelino Fernandes	ACVSM	Senior Masculino	40:44	+07:25	04:04
19	3080	Afonso Reis	Individual	Senior Masculino	40:56	+07:36	04:06
20	3574	Manuel Ribeiro	NATAIPAS	Senior Masculino	41:29	+08:10	04:09
21	3585	Sérgio Ferreira	Individual	Senior Masculino	41:42	+08:22	04:10
22	3614	Francisco Mota	Individual	Senior Masculino	42:01	+08:42	04:12
23	3004	Pedro Serra	Individual	Senior Masculino	42:07	+08:48	04:13
24	3185	Fábio Oliveira	Individual	Senior Masculino	42:10	+08:51	04:13
25	3964	Miguel Lima	Individual	Senior Masculino	42:15	+08:56	04:14
26	4047	Pedro Pereira	Individual	Senior Masculino	42:22	+09:02	04:14
27	3503	Ruben Lima	SRC	Senior Masculino	42:36	+09:17	04:16
28	4070	Óscar Silva	Individual	Senior Masculino	43:01	+09:42	04:18
29	3947	Orlando Alves	Individual	Senior Masculino	43:02	+09:43	04:18
30	3547	Dinis Silva	Individual	Senior Masculino	43:32	+10:13	04:21
31	3885	Roberto Machado	ACVSM	Senior Masculino	43:53	+10:34	04:23
32	3005	Filipe Lobo	Individual	Senior Masculino	43:56	+10:37	04:24
33	3254	Claudio Lopes	Individual	Senior Masculino	44:08	+10:49	04:25
34	3780	Pedro Guimarães	Individual	Senior Masculino	44:50	+11:31	04:29
35	3440	Rui Costa	Individual	Senior Masculino	44:51	+11:32	04:29
36	3948	Claudio Gonçalves	Individual	Senior Masculino	44:59	+11:39	04:30
37	4096	Gaspar Santoalha	Individual	Senior Masculino	44:59	+11:40	04:30
38	3288	Tiago Oliveira	Individual	Senior Masculino	45:00	+11:41	04:30
39	3802	Tiago vieira	ELCT	Senior Masculino	45:04	+11:45	04:30
40	3488	António Batista	SRC	Senior Masculino	45:06	+11:47	04:31
41	3224	Tomas Nunes	Individual	Senior Masculino	45:07	+11:48	04:31
42	3388	Pedro Colaco	Individual	Senior Masculino	45:07	+11:48	04:31
43	3754	Sérgio Venâncio	Individual	Senior Masculino	45:14	+11:54	04:31
44	3788	Luis Lobo	Individual	Senior Masculino	45:16	+11:57	04:32
45	3495	João Coelho	Individual	Senior Masculino	45:38	+12:19	04:34
46	3826	António Marques	VTSC	Senior Masculino	45:40	+12:21	04:34
47	4067	David Gonçalves Ribeiro	Individual	Senior Masculino	45:42	+12:23	04:34
48	3770	Francisco Oliveira	Individual	Senior Masculino	45:49	+12:30	04:35
49	3696	Gonçalo Branco	Individual	Senior Masculino	45:54	+12:35	04:35
50	3695	Amadeu Branco	Individual	Senior Masculino	46:05	+12:46	04:37
51	4136	LUÍS SILVEIRA	Individual	Senior Masculino	46:06	+12:46	04:37
52	3683	EDUARDO RODRIGUES	OS CRENTES	Senior Masculino	46:16	+12:57	04:38
53	3827	Ramiro Pinheiro	VTSC	Senior Masculino	46:20	+13:01	04:38
54	3493	Vítor Martins	SRC	Senior Masculino	46:45	+13:25	04:40
55	3687	José Diogo	Individual	Senior Masculino	46:46	+13:27	04:41
56	4097	Paulo Teixeira	Individual	Senior Masculino	46:49	+13:30	04:41
57	3651	Rui Carvalho	Individual	Senior Masculino	46:49	+13:30	04:41
58	3434	Rui Lopes	Individual	Senior Masculino	46:53	+13:33	04:41

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59	4073	Vítor Gonçalves	Individual	Senior Masculino	47:28	+14:09	04:45
60	3354	Paulo Pereira	Individual	Senior Masculino	47:28	+14:09	04:45
61	3263	Miguel Silva	Individual	Senior Masculino	47:35	+14:16	04:45
62	3650	Marco Carvalho	Individual	Senior Masculino	47:37	+14:17	04:46
63	3509	Miguel Silva	Individual	Senior Masculino	47:44	+14:25	04:46
64	3242	Diogo Pereira	Individual	Senior Masculino	47:47	+14:28	04:47
65	4090	Atleta 4090	Individual	Senior Masculino	47:48	+14:29	04:47
66	3540	Vítor Sousa	Individual	Senior Masculino	47:50	+14:31	04:47
67	3520	Bruno costa	Individual	Senior Masculino	47:51	+14:32	04:47
68	4024	JORDI FARIA	POTES DE OURO	Senior Masculino	47:54	+14:35	04:47
69	4110	FLÁVIO RODRIGUES	Individual	Senior Masculino	48:00	+14:41	04:48
70	3447	Ângelo Constante	Individual	Senior Masculino	48:02	+14:42	04:48
71	3843	Tiago Carneiro	Individual	Senior Masculino	48:09	+14:50	04:49
72	4186	Tiago Tomás Silva Pinto	Individual	Senior Masculino	48:09	+14:50	04:49
73	4083	João Dias	Individual	Senior Masculino	48:10	+14:51	04:49
74	3306	José Manuel Barbosa Marques	Individual	Senior Masculino	48:12	+14:53	04:49
75	4163	Luís Silva	Individual	Senior Masculino	48:12	+14:53	04:49
76	3381	Jorge Silva	Individual	Senior Masculino	48:15	+14:56	04:49
77	3452	João Ribeiro	Individual	Senior Masculino	48:19	+15:00	04:50
78	3011	João Cruz	Individual	Senior Masculino	48:19	+15:00	04:50
79	3666	Bruno Gomes	Individual	Senior Masculino	48:23	+15:04	04:50
80	3966	Ivo Cunha	Individual	Senior Masculino	48:24	+15:05	04:50
81	3984	Diogo Azevedo	Individual	Senior Masculino	48:24	+15:05	04:50
82	3742	Raul Silva	SSCGD	Senior Masculino	48:30	+15:11	04:51
83	3642	Daniel Silva	Individual	Senior Masculino	48:30	+15:11	04:51
84	3582	Miguel Castro	Individual	Senior Masculino	48:41	+15:21	04:52
85	3949	Francisco Alves	Individual	Senior Masculino	48:44	+15:25	04:52
86	3700	Tiago Magalhaes	Individual	Senior Masculino	48:56	+15:37	04:54
87	3120	Gil Castro	Individual	Senior Masculino	49:00	+15:41	04:54
88	3739	Jose Azevedo	Individual	Senior Masculino	49:02	+15:43	04:54
89	3977	Rodrigo Silva	Individual	Senior Masculino	49:02	+15:43	04:54
90	3289	Abel Dias	Individual	Senior Masculino	49:14	+15:55	04:55
91	3371	João Teixeira	Individual	Senior Masculino	49:14	+15:55	04:55
92	3412	JÚLIO LOBO	Individual	Senior Masculino	49:19	+16:00	04:56
93	3364	Ernesto Sousa	Individual	Senior Masculino	49:23	+16:04	04:56
94	3519	Tiago Tropa	Individual	Senior Masculino	49:24	+16:04	04:56
95	3855	António Caldas	Individual	Senior Masculino	49:29	+16:10	04:57
96	3617	José Vieira	Individual	Senior Masculino	49:31	+16:12	04:57
97	3740	Jose Silva	Individual	Senior Masculino	49:40	+16:20	04:58
98	3662	RUI ALMEIDA	Individual	Senior Masculino	49:42	+16:22	04:58
99	3670	Bruno Costa	Individual	Senior Masculino	49:43	+16:24	04:58
100	4137	MIGUEL MARINHO	Individual	Senior Masculino	49:46	+16:27	04:59
101	3776	Miguel Gonçalves	Individual	Senior Masculino	49:50	+16:31	04:59
102	3860	Francisco Pereira	Individual	Senior Masculino	49:56	+16:37	05:00
103	3963	Tomás Mendes	Individual	Senior Masculino	50:00	+16:41	05:00
104	3522	José João Sampaio	Individual	Senior Masculino	50:00	+16:41	05:00

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105	3486	António Mendes	SRC	Senior Masculino	50:06	+16:46	05:01
106	3016	Rui Cunha	Individual	Senior Masculino	50:06	+16:47	05:01
107	3970	João Bernardino	ELCT	Senior Masculino	50:06	+16:47	05:01
108	3616	Rui Rodrigues	Individual	Senior Masculino	50:11	+16:52	05:01
109	3688	Leandro Silva	Individual	Senior Masculino	50:14	+16:55	05:01
110	3928	Diogo Boavida	Individual	Senior Masculino	50:15	+16:56	05:01
111	4115	DAVID LEITE	Individual	Senior Masculino	50:23	+17:04	05:02
112	4162	Adolfo Ricardo Macedo Silva	Individual	Senior Masculino	50:32	+17:12	05:03
113	3386	João Rodrigues	Mila Fit	Senior Masculino	50:33	+17:14	05:03
114	3463	Tiago Dinis	Individual	Senior Masculino	50:34	+17:15	05:03
115	3902	Sérgio Sousa	Individual	Senior Masculino	50:35	+17:16	05:04
116	3165	José Silva	Individual	Senior Masculino	50:36	+17:17	05:04
117	3939	Alvaro Silva	Individual	Senior Masculino	50:37	+17:18	05:04
118	3766	Pedro Pereira	Individual	Senior Masculino	50:38	+17:19	05:04
119	4004	Joel silva	ERDAL	Senior Masculino	50:40	+17:21	05:04
120	3913	Mário Saraiva	Individual	Senior Masculino	50:41	+17:22	05:04
121	3850	Nelson Teixeira	ELITE Run	Senior Masculino	50:41	+17:22	05:04
122	3208	Alexandre Roque	Individual	Senior Masculino	50:43	+17:24	05:04
123	3833	Luís Moreira	Mila Fit	Senior Masculino	50:48	+17:29	05:05
124	3989	Ricardo Castro	Riofit	Senior Masculino	50:53	+17:34	05:05
125	4114	JORGE LEITE	Individual	Senior Masculino	50:56	+17:36	05:06
126	3003	Pedro Pereira	Individual	Senior Masculino	50:57	+17:38	05:06
127	3584	André Barbosa	Titanics	Senior Masculino	50:57	+17:38	05:06
128	4014	Filipe Abreu	Individual	Senior Masculino	50:57	+17:38	05:06
129	3145	Rui da Silva	Individual	Senior Masculino	50:59	+17:40	05:06
130	3358	João Catarino	Individual	Senior Masculino	50:59	+17:40	05:06
131	3075	João Salgado	Individual	Senior Masculino	50:59	+17:40	05:06
132	3428	Mario Faria	Individual	Senior Masculino	51:03	+17:43	05:06
133	3272	MANUEL NOVAIS	Individual	Senior Masculino	51:10	+17:51	05:07
134	4150	Vítor sérgio Fernandes	Individual	Senior Masculino	51:13	+17:53	05:07
135	3074	José Novais	Individual	Senior Masculino	51:15	+17:56	05:08
136	3418	José Sousa	Individual	Senior Masculino	51:15	+17:56	05:08
137	3554	Rui Oliveira	Individual	Senior Masculino	51:16	+17:57	05:08
138	4156	Tiago Agra	Individual	Senior Masculino	51:17	+17:57	05:08
139	3341	João Lopes	Individual	Senior Masculino	51:17	+17:58	05:08
140	4176	Gonçalo Teixeira	Individual	Senior Masculino	51:17	+17:58	05:08
141	3504	João Lima	SRC	Senior Masculino	51:23	+18:04	05:08
142	4016	Ivo Moraes	Individual	Senior Masculino	51:24	+18:05	05:08
143	3856	Rui Lobo	Individual	Senior Masculino	51:25	+18:06	05:09
144	3433	Miguel Mendes	Individual	Senior Masculino	51:26	+18:07	05:09
145	3676	Jorge Ferreira	Individual	Senior Masculino	51:28	+18:09	05:09
146	3636	Miguel Barros	Individual	Senior Masculino	51:32	+18:13	05:09
147	4022	AFONSO FREITAS	POTES DE OURO	Senior Masculino	51:32	+18:13	05:09
148	4023	GONÇALO COSTA	POTES DE OURO	Senior Masculino	51:33	+18:13	05:09
149	3067	Pedro Alves	Individual	Senior Masculino	51:35	+18:16	05:10
150	3059	Helder Rodrigues	Individual	Senior Masculino	51:37	+18:18	05:10

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151	4092	João Mendes	Individual	Senior Masculino	51:40	+18:21	05:10
152	3393	Rui Miguel Silva Pereira	Individual	Senior Masculino	51:44	+18:25	05:10
153	3330	Manuel Pereira	CRCANDO	Senior Masculino	51:44	+18:25	05:10
154	3799	Daniel Costa	Individual	Senior Masculino	51:45	+18:26	05:11
155	3644	André Santos	Individual	Senior Masculino	51:46	+18:26	05:11
156	3643	José Carlos Oliveira	Individual	Senior Masculino	51:47	+18:28	05:11
157	3561	João Cunha	Individual	Senior Masculino	51:48	+18:29	05:11
158	3236	Eduardo Novais	Individual	Senior Masculino	51:50	+18:31	05:11
159	3762	Adão Pereira	Individual	Senior Masculino	51:54	+18:34	05:11
160	3497	Gonçalo Azevedo	Individual	Senior Masculino	51:57	+18:38	05:12
161	4020	Filipe Castro	Individual	Senior Masculino	51:58	+18:38	05:12
162	3734	Wellington Silva	Individual	Senior Masculino	51:58	+18:39	05:12
163	3198	Afonso Lemos	Individual	Senior Masculino	51:59	+18:40	05:12
164	3380	João Xavier	Individual	Senior Masculino	52:05	+18:46	05:13
165	4040	Rui Faria	ERDAL	Senior Masculino	52:06	+18:46	05:13
166	3737	Evangelista Barbosa	Individual	Senior Masculino	52:12	+18:53	05:13
167	3791	Miguel Sousa	Individual	Senior Masculino	52:14	+18:55	05:13
168	3738	Nuno Antunes	Individual	Senior Masculino	52:17	+18:58	05:14
169	3870	Helder Costa	Individual	Senior Masculino	52:18	+18:59	05:14
170	3627	Pedro Pereira	Individual	Senior Masculino	52:20	+19:01	05:14
171	3808	Miguel Dias	Individual	Senior Masculino	52:24	+19:04	05:14
172	3104	MANUEL ALVES	Individual	Senior Masculino	52:25	+19:06	05:14
173	3362	João Silva	Individual	Senior Masculino	52:25	+19:06	05:15
174	3455	André Almeida	Individual	Senior Masculino	52:27	+19:07	05:15
175	3677	PAULO RIBEIRO	Individual	Senior Masculino	52:30	+19:11	05:15
176	3399	Pedro Barroso	Individual	Senior Masculino	52:33	+19:14	05:15
177	3253	Rui Alves	Individual	Senior Masculino	52:34	+19:15	05:15
178	3239	Dine Mazri	Individual	Senior Masculino	52:34	+19:15	05:15
179	3847	Alfredo Rodrigues	Individual	Senior Masculino	52:35	+19:15	05:15
180	3333	Diogo Ribeiro	Individual	Senior Masculino	52:36	+19:17	05:16
181	3250	Helder Cação	Individual	Senior Masculino	52:39	+19:20	05:16
182	3954	Dinis Guimarães	Individual	Senior Masculino	52:39	+19:20	05:16
183	3064	Miguel Henriques	Individual	Senior Masculino	52:40	+19:20	05:16
184	3350	Manuel Pereira	Ribeiro-Pereira	Senior Masculino	52:40	+19:20	05:16
185	4104	Noel Pereira	Individual	Senior Masculino	52:40	+19:21	05:16
186	3212	Pedro Castro	Individual	Senior Masculino	52:44	+19:24	05:16
187	3968	Bruno Marques	100Pernas	Senior Masculino	52:47	+19:28	05:17
188	3667	Luís Pontes	Individual	Senior Masculino	52:51	+19:32	05:17
189	3171	Eduardo Machado	Individual	Senior Masculino	52:52	+19:32	05:17
190	4101	Hugo Mendes	Individual	Senior Masculino	52:54	+19:35	05:17
191	3736	Alberto Moreira	Individual	Senior Masculino	52:54	+19:35	05:17
192	3297	Paulo Gonçalves	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	52:57	+19:38	05:18
193	3091	Daniel Pereira	Individual	Senior Masculino	52:57	+19:38	05:18
194	3603	Jorge Silva	Individual	Senior Masculino	53:05	+19:45	05:18
195	3191	Bruno Nunes	Individual	Senior Masculino	53:07	+19:48	05:19
196	4178	João Pereira	Individual	Senior Masculino	53:08	+19:49	05:19

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197	4126	Atleta 4126	Individual	Senior Masculino	53:08	+19:49	05:19
198	4127	Atleta 4127	Individual	Senior Masculino	53:08	+19:49	05:19
199	4191	Atleta 4191	Individual	Senior Masculino	53:08	+19:49	05:19
200	3458	Davide Ribeiro	JIBREIROS	Senior Masculino	53:09	+19:50	05:19
201	3456	João Costa	Individual	Senior Masculino	53:09	+19:50	05:19
202	3828	Jorge Teixeira	VTSC	Senior Masculino	53:10	+19:50	05:19
203	3490	António Augusto	SRC	Senior Masculino	53:13	+19:53	05:19
204	3858	Leonel Da Costa	Individual	Senior Masculino	53:17	+19:58	05:20
205	3859	André PEIXOTO	Individual	Senior Masculino	53:17	+19:58	05:20
206	3773	Tiago Pereira	Individual	Senior Masculino	53:18	+19:59	05:20
207	3056	Nuno Gomes	Individual	Senior Masculino	53:26	+20:07	05:21
208	3564	Manuel Mota	NATAIPAS	Senior Masculino	53:27	+20:08	05:21
209	3597	Diogo Castro	Individual	Senior Masculino	53:28	+20:08	05:21
210	3810	Nuno Sampaio	Individual	Senior Masculino	53:31	+20:12	05:21
211	3699	Ricardo Faria	Individual	Senior Masculino	53:33	+20:14	05:21
212	3158	Rodrigo Gomes	Individual	Senior Masculino	53:36	+20:17	05:22
213	3425	José Teixeira	Individual	Senior Masculino	53:37	+20:18	05:22
214	3086	Afonso Nogueira	Individual	Senior Masculino	53:37	+20:18	05:22
215	3090	João Antonio Conceição	Individual	Senior Masculino	53:37	+20:18	05:22
216	3197	Henrique Silva	Individual	Senior Masculino	53:38	+20:19	05:22
217	3526	Vitor Mendes	Individual	Senior Masculino	53:41	+20:22	05:22
218	3814	Tiago Ferreira	Individual	Senior Masculino	53:42	+20:23	05:22
219	3266	Domingos Silva	Individual	Senior Masculino	53:45	+20:26	05:22
220	3100	CARLOS ALBERTO	Individual	Senior Masculino	53:46	+20:27	05:23
221	3082	Nuno Fernandes	Individual	Senior Masculino	53:47	+20:28	05:23
222	3268	Francisco Soares	Individual	Senior Masculino	53:47	+20:28	05:23
223	3085	António Freitas	Individual	Senior Masculino	53:47	+20:28	05:23
224	3824	José Mendes	Individual	Senior Masculino	53:48	+20:29	05:23
225	3445	Ricardo Rodrigues	Titanics	Senior Masculino	53:48	+20:29	05:23
226	3103	JOAQUIM PEREIRA	Individual	Senior Masculino	53:52	+20:33	05:23
227	3883	Carlos Palma	Individual	Senior Masculino	53:57	+20:38	05:24
228	3113	André Oliveira	Individual	Senior Masculino	53:58	+20:39	05:24
229	3259	João Carvalho	Individual	Senior Masculino	53:59	+20:40	05:24
230	4085	José Carlos Cunha	Individual	Senior Masculino	54:00	+20:41	05:24
231	4015	Paulo Abreu	Individual	Senior Masculino	54:04	+20:45	05:24
232	3767	João Pereira	Individual	Senior Masculino	54:05	+20:46	05:24
233	3741	Manuel Moreira	SSCGD	Senior Masculino	54:13	+20:54	05:25
234	3194	Jorge Silva	Individual	Senior Masculino	54:19	+21:00	05:26
235	3891	Sérgio Lopes	Joroplás Sports	Senior Masculino	54:23	+21:04	05:26
236	3958	Tiago Andre Silva Martins	Individual	Senior Masculino	54:25	+21:06	05:27
237	3363	Guilherme Sousa	Individual	Senior Masculino	54:25	+21:06	05:27
238	4064	Nuno Silva	Individual	Senior Masculino	54:26	+21:06	05:27
239	3138	Tiago Macedo	Individual	Senior Masculino	54:26	+21:07	05:27
240	3705	Xavier Meireles	Individual	Senior Masculino	54:27	+21:08	05:27
241	4030	Manuel Gonçalves	Individual	Senior Masculino	54:31	+21:11	05:27
242	3464	João Oliveira	Individual	Senior Masculino	54:31	+21:12	05:27

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243	3238	José Pedro Lopes	Individual	Senior Masculino	54:31	+21:12	05:27
244	3483	Pedro Porto	Individual	Senior Masculino	54:34	+21:14	05:27
245	3991	Gilberto Ribeiro	Individual	Senior Masculino	54:35	+21:16	05:28
246	3539	Pedro Xavier	Mila Fit	Senior Masculino	54:36	+21:17	05:28
247	3972	José Moreira	Individual	Senior Masculino	54:40	+21:21	05:28
248	3226	Ricardo Ribeiro	Individual	Senior Masculino	54:42	+21:23	05:28
249	4054	Tiago Helena	Individual	Senior Masculino	54:42	+21:23	05:28
250	3325	José Minteiro	Individual	Senior Masculino	54:42	+21:23	05:28
251	3719	Donaldo Cavalcante Loureiro	Individual	Senior Masculino	54:48	+21:29	05:29
252	3923	Rafael Pedroso	Individual	Senior Masculino	54:48	+21:29	05:29
253	3649	Pedro Fernandes	Individual	Senior Masculino	54:49	+21:30	05:29
254	3269	Paulo Pereira	Individual	Senior Masculino	54:54	+21:35	05:29
255	3599	Pedro Fernandes	Individual	Senior Masculino	54:54	+21:35	05:29
256	3348	António Vasconcelos	Individual	Senior Masculino	54:55	+21:36	05:30
257	3697	Manuel França	Individual	Senior Masculino	54:56	+21:36	05:30
258	3223	Pedro Nunes	Individual	Senior Masculino	54:56	+21:37	05:30
259	3849	Manuel Araújo	Individual	Senior Masculino	54:57	+21:38	05:30
260	3055	Hélder Silva	Individual	Senior Masculino	55:07	+21:48	05:31
261	3375	Cristiano Rodrigues	Individual	Senior Masculino	55:08	+21:49	05:31
262	3787	Jose Preza-Fernandrs	Individual	Senior Masculino	55:09	+21:49	05:31
263	3461	João Leite	Individual	Senior Masculino	55:12	+21:53	05:31
264	3303	Avelino Silva	Individual	Senior Masculino	55:12	+21:53	05:31
265	3462	Francisco Fernandes	Individual	Senior Masculino	55:13	+21:54	05:31
266	3088	Júlio Silva	Individual	Senior Masculino	55:15	+21:56	05:32
267	3398	Pedro Cruz	Individual	Senior Masculino	55:16	+21:57	05:32
268	3608	Tiago Azevedo	Individual	Senior Masculino	55:17	+21:58	05:32
269	3092	Miguel Luzes	Individual	Senior Masculino	55:20	+22:01	05:32
270	3029	Carlos Ferreira	Individual	Senior Masculino	55:24	+22:05	05:32
271	3888	André Monteiro	Individual	Senior Masculino	55:25	+22:06	05:32
272	3326	Miguel Fonte	Individual	Senior Masculino	55:25	+22:06	05:33
273	3879	Fernando Oliveira	Individual	Senior Masculino	55:27	+22:07	05:33
274	3684	FILIPE GONÇALVES	OS CRENTES	Senior Masculino	55:39	+22:20	05:34
275	3438	Carlitos Silva	Individual	Senior Masculino	55:39	+22:20	05:34
276	3284	Miguel Ribeiro	Individual	Senior Masculino	55:40	+22:21	05:34
277	3514	Daniel Gonçalves	Individual	Senior Masculino	55:41	+22:22	05:34
278	3638	Narciso Oliveira	Individual	Senior Masculino	55:46	+22:27	05:35
279	3852	Carlos Ribeiro	ELITE Run	Senior Masculino	55:53	+22:34	05:35
280	3209	Fabio Macedo	Individual	Senior Masculino	55:53	+22:34	05:35
281	3707	Paulo Sá	Individual	Senior Masculino	55:57	+22:38	05:36
282	3485	Valter Silva	SRC	Senior Masculino	55:59	+22:40	05:36
283	3630	Dinis Mendes	Individual	Senior Masculino	56:01	+22:42	05:36
284	3969	Rafael Silva	Individual	Senior Masculino	56:03	+22:44	05:36
285	3401	João Brás	Individual	Senior Masculino	56:06	+22:47	05:37
286	3264	Vitor Hugo Sampaio	Individual	Senior Masculino	56:07	+22:47	05:37
287	3441	José Luís Simões	Individual	Senior Masculino	56:09	+22:50	05:37
288	3070	Paulo Almeida	Individual	Senior Masculino	56:10	+22:50	05:37

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289	3301	Luis Mendes	Individual	Senior Masculino	56:11	+22:52	05:37
290	3612	Nuno Pereira	Individual	Senior Masculino	56:14	+22:55	05:37
291	3749	João Santoalha	Individual	Senior Masculino	56:15	+22:56	05:38
292	4180	RUI DIAS	Individual	Senior Masculino	56:20	+23:01	05:38
293	3336	João Ferreira	Individual	Senior Masculino	56:21	+23:02	05:38
294	3602	José Gomes	Individual	Senior Masculino	56:24	+23:05	05:38
295	3512	Vitor Mendes	Individual	Senior Masculino	56:30	+23:11	05:39
296	4187	Aias Santino de Lima	Individual	Senior Masculino	56:32	+23:13	05:39
297	3122	Pedro Meira	Individual	Senior Masculino	56:33	+23:14	05:39
298	4144	José Abreu	Individual	Senior Masculino	56:35	+23:16	05:40
299	3867	José Carvalho	Pioneiros do Parque	Senior Masculino	56:38	+23:19	05:40
300	3800	Horácio Rodrigues	Individual	Senior Masculino	56:38	+23:19	05:40
301	3682	EMILIANO COUTO	OS CRENTES	Senior Masculino	56:39	+23:20	05:40
302	3285	Pedro Azevedo	Individual	Senior Masculino	56:42	+23:23	05:40
303	3015	Paulo Lopes	Individual	Senior Masculino	56:45	+23:26	05:41
304	3300	Marco Pacheco	Individual	Senior Masculino	56:46	+23:27	05:41
305	4185	Diogo Couto	Individual	Senior Masculino	56:47	+23:28	05:41
306	3568	António Afonso	NATAIPAS	Senior Masculino	56:49	+23:30	05:41
307	3729	Francisco Leite Silva	Individual	Senior Masculino	56:55	+23:36	05:41
308	3631	José Ferreira	Individual	Senior Masculino	56:55	+23:36	05:42
309	4078	Alfredo Silva	Individual	Senior Masculino	56:57	+23:37	05:42
310	4071	Bruno Cunha	Individual	Senior Masculino	57:00	+23:41	05:42
311	3893	Duarte Duarte	Individual	Senior Masculino	57:01	+23:42	05:42
312	3971	João Dias	Individual	Senior Masculino	57:03	+23:44	05:42
313	4113	MIGUEL CASTRO	Individual	Senior Masculino	57:04	+23:45	05:42
314	3725	André Sampaio	Individual	Senior Masculino	57:04	+23:45	05:42
315	3421	Rogério Magalhães	Individual	Senior Masculino	57:05	+23:46	05:42
316	3199	Miguel Sampaio	Individual	Senior Masculino	57:10	+23:50	05:43
317	3906	Ricardo Salgado	Individual	Senior Masculino	57:15	+23:56	05:43
318	3102	ANTÓNIO ALMEIDA	Individual	Senior Masculino	57:15	+23:56	05:44
319	3587	Manuel Silva	Individual	Senior Masculino	57:16	+23:57	05:44
320	3571	Manuel Gonçalves Ribeiro	NATAIPAS	Senior Masculino	57:17	+23:57	05:44
321	3981	Bernardo Gomes	Individual	Senior Masculino	57:19	+23:59	05:44
322	3822	José Vieira	Individual	Senior Masculino	57:20	+24:00	05:44
323	3069	Nuno Pereira	Individual	Senior Masculino	57:22	+24:02	05:44
324	3241	Diogo Silva	Individual	Senior Masculino	57:24	+24:05	05:44
325	3869	Antonio Borges	Individual	Senior Masculino	57:25	+24:05	05:44
326	3604	Pedro Faria	Individual	Senior Masculino	57:25	+24:06	05:45
327	3327	Jorge Teixeira	Individual	Senior Masculino	57:28	+24:09	05:45
328	3423	Joao Ribeiro	Individual	Senior Masculino	57:33	+24:13	05:45
329	3192	Joaquim Silva	Individual	Senior Masculino	57:33	+24:13	05:45
330	3572	Rui Mota	NATAIPAS	Senior Masculino	57:34	+24:14	05:45
331	3566	Pedro Regueiras	NATAIPAS	Senior Masculino	57:34	+24:15	05:45
332	3786	João Sousa	Individual	Senior Masculino	57:34	+24:15	05:45
333	4009	Bruno Rebelo	ERDAL	Senior Masculino	57:36	+24:17	05:46
334	3470	Pedro Fernandes	Individual	Senior Masculino	57:38	+24:19	05:46

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335	3953	Paulo Miranda	Individual	Senior Masculino	57:39	+24:20	05:46
336	3722	Filipe Rebelo	Individual	Senior Masculino	57:40	+24:20	05:46
337	3713	Adriano Ribeiro	Individual	Senior Masculino	57:40	+24:21	05:46
338	4095	José Ribeiro	Individual	Senior Masculino	57:40	+24:21	05:46
339	3081	João Gonçalves	Individual	Senior Masculino	57:41	+24:22	05:46
340	3570	Nuno Martinho	NATAIPAS	Senior Masculino	57:43	+24:24	05:46
341	3467	Ricardo Dinis	JIBREIROS	Senior Masculino	57:46	+24:27	05:47
342	3225	Pedro Felgueiras	Individual	Senior Masculino	57:46	+24:27	05:47
343	3099	CARLOS CARDOSO	Individual	Senior Masculino	57:47	+24:27	05:47
344	3837	José Cubal	Individual	Senior Masculino	57:47	+24:28	05:47
345	3334	Carlos Alberto Fernandes	Individual	Senior Masculino	57:47	+24:28	05:47
346	3473	Luís Sousa	Individual	Senior Masculino	57:49	+24:30	05:47
347	3066	João Almeida	Individual	Senior Masculino	57:51	+24:32	05:47
348	3408	Sergio Oliveira	Individual	Senior Masculino	57:53	+24:34	05:47
349	3744	Americo Coutinho	NATAIPAS	Senior Masculino	57:55	+24:36	05:47
350	3174	João Pereira	Individual	Senior Masculino	57:55	+24:36	05:48
351	3756	João Silva	Individual	Senior Masculino	57:55	+24:36	05:48
352	3743	Manuel Coutinho	NATAIPAS	Senior Masculino	57:55	+24:36	05:48
353	3188	Alberto Ferreira	Individual	Senior Masculino	57:56	+24:37	05:48
354	3156	Salvador Gonçalves	Individual	Senior Masculino	57:57	+24:38	05:48
355	4045	Nicolas Buitrago	Individual	Senior Masculino	57:59	+24:40	05:48
356	4143	Eduardo Alcino Pereira	Individual	Senior Masculino	58:04	+24:45	05:48
357	3356	Helder Macedo	Individual	Senior Masculino	58:05	+24:46	05:49
358	3704	Gonçalo Martins	Individual	Senior Masculino	58:08	+24:49	05:49
359	4194	Atleta 4194	Individual	Senior Masculino	58:08	+24:49	05:49
360	4103	Atleta 4103	Individual	Senior Masculino	58:10	+24:51	05:49
361	3844	Ivo Fernandes	Individual	Senior Masculino	58:12	+24:53	05:49
362	3037	Francisco Salgado	Individual	Senior Masculino	58:12	+24:53	05:49
363	3818	Marco Almeida	Mila Fit	Senior Masculino	58:13	+24:54	05:49
364	3839	Adelino Silva	ERDAL	Senior Masculino	58:14	+24:55	05:49
365	3320	Francisco Ferreira	Individual	Senior Masculino	58:15	+24:56	05:50
366	3992	Gabriel Vieira	Individual	Senior Masculino	58:17	+24:58	05:50
367	4118	MICHELE BIANCHESSI	Individual	Senior Masculino	58:18	+24:59	05:50
368	3406	Domingos Coelho	Individual	Senior Masculino	58:19	+24:59	05:50
369	3784	Miguel Faria	Individual	Senior Masculino	58:20	+25:01	05:50
370	4011	António Pereira	Individual	Senior Masculino	58:20	+25:01	05:50
371	3957	Wagner Silva	Individual	Senior Masculino	58:21	+25:02	05:50
372	4076	Nuno Dantas	Individual	Senior Masculino	58:25	+25:06	05:51
373	3027	Boris Tchikolaev	Individual	Senior Masculino	58:25	+25:06	05:51
374	4128	BENEDITO ARAÚJO	Individual	Senior Masculino	58:28	+25:09	05:51
375	3511	Fabio Alves	Individual	Senior Masculino	58:31	+25:12	05:51
376	4005	Carlos Ribeiro	Individual	Senior Masculino	58:33	+25:14	05:51
377	3210	João Garcia	Individual	Senior Masculino	58:40	+25:20	05:52
378	3715	José Martins	Individual	Senior Masculino	58:42	+25:23	05:52
379	3170	Alexandre Machado	Individual	Senior Masculino	58:44	+25:24	05:52
380	3025	Joao Queiros	Individual	Senior Masculino	58:44	+25:25	05:52

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10 Km

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OFFICIAL RESULT

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381	3144	Hugo Sousa	Individual	Senior Masculino	58:45	+25:25	05:52
382	3565	Augusto Marques	NATAIPAS	Senior Masculino	58:48	+25:28	05:53
383	3709	Hélder Silva	Individual	Senior Masculino	58:53	+25:34	05:53
384	3409	Martinho Novais	Individual	Senior Masculino	58:54	+25:35	05:53
385	3907	Rui Martins	Individual	Senior Masculino	58:55	+25:36	05:54
386	3215	João Miguel Pereira da Silva	Individual	Senior Masculino	58:56	+25:37	05:54
387	3710	Rui Costa	Individual	Senior Masculino	58:56	+25:37	05:54
388	4082	Jawed Roshan	Individual	Senior Masculino	58:57	+25:38	05:54
389	3990	Francisco Cerca	Riofit	Senior Masculino	58:59	+25:40	05:54
390	3671	Vitor Fernandes	Individual	Senior Masculino	59:01	+25:42	05:54
391	3668	Marcelo Oliveira	Individual	Senior Masculino	59:01	+25:42	05:54
392	4061	Miguel Costa	Individual	Senior Masculino	59:02	+25:43	05:54
393	3598	Fernando Alves	Individual	Senior Masculino	59:03	+25:44	05:54
394	3157	Tiago Alves	Individual	Senior Masculino	59:07	+25:48	05:55
395	3595	Alexandre Ribeiro	Individual	Senior Masculino	59:09	+25:50	05:55
396	3535	Rúben Ribeiro	Individual	Senior Masculino	59:13	+25:54	05:55
397	3060	Leandro Gomez	Individual	Senior Masculino	59:17	+25:58	05:56
398	4123	RICARDO NEVES	Individual	Senior Masculino	59:19	+26:00	05:56
399	3235	Bruno Fernandes	Individual	Senior Masculino	59:23	+26:04	05:56
400	4167	Carlos Fernandes	Individual	Senior Masculino	59:24	+26:05	05:56
401	3499	Sergio sa	Individual	Senior Masculino	59:24	+26:05	05:56
402	3673	Cédric Silva	Individual	Senior Masculino	59:24	+26:05	05:56
403	3880	Manuel Pinheiro	Individual	Senior Masculino	59:25	+26:05	05:56
404	3556	Florêncio Silva	Individual	Senior Masculino	59:28	+26:09	05:57
405	3790	Ilídio Manuel Rodrigues	Individual	Senior Masculino	59:31	+26:12	05:57
406	3184	Cesar Freitas	Individual	Senior Masculino	59:34	+26:15	05:57
407	3382	Joao Castro	Individual	Senior Masculino	59:34	+26:15	05:57
408	4195	Manuel Araujo	Individual	Senior Masculino	59:37	+26:18	05:58
409	4043	Andre Castro	Individual	Senior Masculino	59:38	+26:19	05:58
410	3877	Bruno Marques	Individual	Senior Masculino	59:41	+26:22	05:58
411	4146	João Rabaça	Individual	Senior Masculino	59:41	+26:22	05:58
412	4179	Ricardo Quintas	Individual	Senior Masculino	59:44	+26:24	05:58
413	3112	João Oliveira	Individual	Senior Masculino	59:47	+26:27	05:59
414	3896	Jorge Silva	Individual	Senior Masculino	59:47	+26:28	05:59
415	4190	Atleta 4190	Individual	Senior Masculino	59:47	+26:28	05:59
416	3111	Isaías Mendes	Individual	Senior Masculino	59:48	+26:29	05:59
417	3706	Vitor Gonçalves	Individual	Senior Masculino	59:51	+26:32	05:59
418	3872	Helder Ribeiro	Individual	Senior Masculino	59:53	+26:34	05:59
419	4079	João Guimarães	Individual	Senior Masculino	59:58	+26:39	06:00
420	3515	João Pereira	Individual	Senior Masculino	59:59	+26:40	06:00
421	3653	João Fontão	Individual	Senior Masculino	59:59	+26:40	06:00
422	3819	PEDRO MACHADO MACHADO	Individual	Senior Masculino	01:00:00	+26:41	06:00
423	4182	LUIS FERNANDES	Individual	Senior Masculino	01:00:01	+26:42	06:00
424	3035	Edgar Silva	Individual	Senior Masculino	01:00:01	+26:42	06:00
425	3959	Sócrates Teixeira	ERDAL	Senior Masculino	01:00:01	+26:42	06:00
426	3931	Filipe Almendra	Individual	Senior Masculino	01:00:05	+26:46	06:00

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10 Km

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OFFICIAL RESULT

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427	3978	Victor Rocha	Individual	Senior Masculino	01:00:08	+26:48	06:01
428	3832	Pedro Carvalho	Individual	Senior Masculino	01:00:12	+26:53	06:01
429	3351	Wenderson Ventura	Individual	Senior Masculino	01:00:12	+26:53	06:01
430	3823	Roberto Pinto	Individual	Senior Masculino	01:00:13	+26:53	06:01
431	3048	Arnaldo Teixeira	Individual	Senior Masculino	01:00:17	+26:58	06:02
432	3723	Rodrigo Sousa	Individual	Senior Masculino	01:00:19	+27:00	06:02
433	3876	Nuno Pereira	Individual	Senior Masculino	01:00:22	+27:03	06:02
434	3884	Hélder Paulo	Individual	Senior Masculino	01:00:22	+27:03	06:02
435	3882	Bruno Fontão	Individual	Senior Masculino	01:00:23	+27:03	06:02
436	3222	Gonçalo Almeida	Individual	Senior Masculino	01:00:23	+27:04	06:02
437	3747	Ricardo Vilela	Individual	Senior Masculino	01:00:25	+27:06	06:02
438	3079	Alberto Guzman	Individual	Senior Masculino	01:00:25	+27:06	06:03
439	3204	Tiago Coelho	Individual	Senior Masculino	01:00:25	+27:06	06:03
440	3053	Vitor Lopes	Individual	Senior Masculino	01:00:26	+27:06	06:03
441	3054	Tiago Marques	Individual	Senior Masculino	01:00:26	+27:06	06:03
442	3778	Diogo de Sa Machado	Individual	Senior Masculino	01:00:29	+27:10	06:03
443	3777	João Paulo F.Machado	Individual	Senior Masculino	01:00:29	+27:10	06:03
444	3243	Leandro Silva	Individual	Senior Masculino	01:00:31	+27:12	06:03
445	3544	Marco Ferreira	Individual	Senior Masculino	01:00:32	+27:13	06:03
446	3332	Humberto Correia	Individual	Senior Masculino	01:00:33	+27:14	06:03
447	4158	Nestor Pinheiro	Individual	Senior Masculino	01:00:33	+27:14	06:03
448	3047	Luís Silva	Individual	Senior Masculino	01:00:34	+27:15	06:03
449	4002	Carlos Ribeiro	Individual	Senior Masculino	01:00:34	+27:15	06:03
450	3077	Tiago Guimarães	Individual	Senior Masculino	01:00:34	+27:15	06:03
451	3052	Rui Gonçalves	Individual	Senior Masculino	01:00:34	+27:15	06:03
452	4165	Pedro Afonso Freitas Monteiro	Individual	Senior Masculino	01:00:37	+27:18	06:04
453	3795	Roland Ribeiro	Individual	Senior Masculino	01:00:38	+27:19	06:04
454	3106	Adriano Salgado	Individual	Senior Masculino	01:00:39	+27:20	06:04
455	3397	Emanuel Ferreira	Individual	Senior Masculino	01:00:40	+27:20	06:04
456	3040	Pedro Duraes	Individual	Senior Masculino	01:00:40	+27:21	06:04
457	3041	Tiago Santos	Individual	Senior Masculino	01:00:40	+27:21	06:04
458	3444	Gonçalo Gonçalves	Titanics	Senior Masculino	01:00:44	+27:24	06:04
459	4154	Pedro Teixeira	Individual	Senior Masculino	01:00:46	+27:26	06:05
460	3420	José Monteiro	Individual	Senior Masculino	01:00:46	+27:27	06:05
461	3735	Álvaro Guedes	Individual	Senior Masculino	01:00:51	+27:31	06:05
462	3431	Bruno Rocha	Individual	Senior Masculino	01:00:58	+27:38	06:06
463	3436	Gabriel Vieira	Individual	Senior Masculino	01:00:59	+27:40	06:06
464	3229	Filipe Morais	Individual	Senior Masculino	01:01:01	+27:42	06:06
465	3976	Lázaro Ferreira	Individual	Senior Masculino	01:01:03	+27:44	06:06
466	3726	Marco Paredes	Individual	Senior Masculino	01:01:03	+27:44	06:06
467	3974	Hugo Ribeiro	Individual	Senior Masculino	01:01:03	+27:44	06:06
468	3012	Renato Baptista	Individual	Senior Masculino	01:01:05	+27:46	06:07
469	3916	Rui Silva	Individual	Senior Masculino	01:01:06	+27:47	06:07
470	3129	Pedro Henrique Da Silva	Individual	Senior Masculino	01:01:14	+27:55	06:07
471	3720	Mário Cunha	Individual	Senior Masculino	01:01:16	+27:57	06:08
472	4139	PEDRO MARTINS	Individual	Senior Masculino	01:01:21	+28:02	06:08

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OFFICIAL RESULT

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473	3474	Hélder Sousa	Individual	Senior Masculino	01:01:27	+28:08	06:09
474	3546	João Fernandes	Individual	Senior Masculino	01:01:30	+28:10	06:09
475	3618	Francisco Fonseca	Individual	Senior Masculino	01:01:30	+28:11	06:09
476	3758	Diego Mera	Individual	Senior Masculino	01:01:31	+28:12	06:09
477	3290	João Ribeiro	Individual	Senior Masculino	01:01:32	+28:12	06:09
478	3258	Ricardo Freitas	Individual	Senior Masculino	01:01:32	+28:13	06:09
479	4044	Eduardo Pereira	Individual	Senior Masculino	01:01:32	+28:13	06:09
480	3137	Tomás Werner	Individual	Senior Masculino	01:01:39	+28:20	06:10
481	3287	Nikita Luksha	Individual	Senior Masculino	01:01:42	+28:22	06:10
482	3689	Luís Pinto	Individual	Senior Masculino	01:01:43	+28:24	06:10
483	3063	Hugo Veloso	Individual	Senior Masculino	01:01:44	+28:25	06:10
484	3009	Joao Freitas	Individual	Senior Masculino	01:01:44	+28:25	06:10
485	3286	Celso Soares	Individual	Senior Masculino	01:01:44	+28:25	06:10
486	3774	Francisco Carvalho	Individual	Senior Masculino	01:01:46	+28:27	06:11
487	3389	Pedro Freitas	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	01:01:47	+28:27	06:11
488	3295	Hugo Lemos	Quilómetros à Solta / Ases S.Jorge - Atletismo	Senior Masculino	01:01:57	+28:38	06:12
489	3510	Carlos Silva	Individual	Senior Masculino	01:01:57	+28:38	06:12
490	3187	João Pantaleão	Individual	Senior Masculino	01:01:59	+28:40	06:12
491	3854	João Xavier	Individual	Senior Masculino	01:02:02	+28:43	06:12
492	3377	Tiago Soares	Individual	Senior Masculino	01:02:02	+28:43	06:12
493	3219	Rodolfo Castro	Individual	Senior Masculino	01:02:03	+28:44	06:12
494	3548	Rafael Ramirez	Individual	Senior Masculino	01:02:04	+28:45	06:12
495	3492	Bino Fernandes	SRC	Senior Masculino	01:02:06	+28:47	06:13
496	3606	Nuno Ribeiro	Individual	Senior Masculino	01:02:06	+28:47	06:13
497	3607	João Leite	Individual	Senior Masculino	01:02:06	+28:47	06:13
498	3724	Pedro Sampaio	Individual	Senior Masculino	01:02:09	+28:50	06:13
499	3089	David Branco	Individual	Senior Masculino	01:02:12	+28:52	06:13
500	3910	Francisco Marques	Individual	Senior Masculino	01:02:14	+28:55	06:13
501	3049	Afonso Teixeira	Individual	Senior Masculino	01:02:15	+28:56	06:13
502	3345	GONÇALO DINIS MARTINS	Individual	Senior Masculino	01:02:15	+28:56	06:14
503	3820	Rui Costa	Individual	Senior Masculino	01:02:15	+28:56	06:14
504	3062	Amilcar Varela	Individual	Senior Masculino	01:02:28	+29:09	06:15
505	3281	Rui baptista	Individual	Senior Masculino	01:02:37	+29:18	06:16
506	3369	André Araujo	Individual	Senior Masculino	01:02:38	+29:19	06:16
507	3395	Vítor Gomes	Os Craques	Senior Masculino	01:02:38	+29:19	06:16
508	4148	Carlos Santos	Individual	Senior Masculino	01:02:42	+29:23	06:16
509	4028	João Oliveira	Individual	Senior Masculino	01:02:52	+29:33	06:17
510	3311	Nuno Lobo	Individual	Senior Masculino	01:02:56	+29:37	06:18
511	3094	Luís Teixeira	Individual	Senior Masculino	01:03:02	+29:43	06:18
512	3857	Tiago Azevedo	Individual	Senior Masculino	01:03:02	+29:43	06:18
513	3084	Ricardo Fernandes	Individual	Senior Masculino	01:03:03	+29:44	06:18
514	4155	Rodrigo Galante	Individual	Senior Masculino	01:03:04	+29:45	06:18
515	3648	João Silva	Individual	Senior Masculino	01:03:09	+29:49	06:19
516	3169	Guilherme Almeida	Individual	Senior Masculino	01:03:09	+29:50	06:19
517	4108	Ricardo Silva	Individual	Senior Masculino	01:03:10	+29:51	06:19

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OFFICIAL RESULT

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518	3887	Fabio Oliveira	Individual	Senior Masculino	01:03:10	+29:51	06:19
519	3340	Agostinho Abreu	Individual	Senior Masculino	01:03:12	+29:53	06:19
520	3760	Pedro Cotovio Jordão Marques	Individual	Senior Masculino	01:03:16	+29:57	06:20
521	3866	João Pedro Guimarães	Individual	Senior Masculino	01:03:16	+29:57	06:20
522	4088	Avelino Dias	Individual	Senior Masculino	01:03:17	+29:58	06:20
523	4034	Joao Rodrigues	Individual	Senior Masculino	01:03:18	+29:59	06:20
524	4111	JOAQUIM GUIMARÃES	Individual	Senior Masculino	01:03:18	+29:59	06:20
525	3798	Gustavo Romão	Individual	Senior Masculino	01:03:25	+30:06	06:21
526	3797	Jorge Pires	Individual	Senior Masculino	01:03:27	+30:07	06:21
527	3685	RUI CRISTIANO	OS CRENTES	Senior Masculino	01:03:32	+30:12	06:21
528	3845	João Bessa	Individual	Senior Masculino	01:03:34	+30:15	06:21
529	3227	Domingos Martins	Individual	Senior Masculino	01:03:37	+30:18	06:22
530	3543	DIEGO XAVIER	Individual	Senior Masculino	01:03:38	+30:19	06:22
531	3781	Flávio Alves	Individual	Senior Masculino	01:03:41	+30:22	06:22
532	3010	Pedro Salgado	Individual	Senior Masculino	01:03:46	+30:27	06:23
533	3213	Sérgio Leite	Individual	Senior Masculino	01:03:47	+30:28	06:23
534	3894	Diogo Barros	Individual	Senior Masculino	01:03:49	+30:30	06:23
535	3143	Tiago Oliveira	Individual	Senior Masculino	01:03:49	+30:30	06:23
536	3920	Paulo Dias	Individual	Senior Masculino	01:03:50	+30:31	06:23
537	3750	André Pimenta	ON TRACK RUN CLUB	Senior Masculino	01:03:53	+30:34	06:23
538	4099	Ivone Ribeiro	Individual	Senior Masculino	01:03:54	+30:35	06:23
539	3871	Claudio Lima	Individual	Senior Masculino	01:03:55	+30:36	06:23
540	3168	Rui Silva	Individual	Senior Masculino	01:03:57	+30:38	06:24
541	3202	João Vale	Individual	Senior Masculino	01:04:00	+30:41	06:24
542	3759	Pedro Miguel Jordão Marques	Individual	Senior Masculino	01:04:03	+30:44	06:24
543	3658	Manuel Azevedo	Individual	Senior Masculino	01:04:04	+30:45	06:24
544	3656	Tiago Azevedo	Individual	Senior Masculino	01:04:04	+30:45	06:24
545	3660	Bruno Azevedo	Individual	Senior Masculino	01:04:05	+30:45	06:24
546	4109	Alberto Lopes	Individual	Senior Masculino	01:04:09	+30:50	06:25
547	4147	Sineme Tola	Individual	Senior Masculino	01:04:10	+30:51	06:25
548	4149	Ailton Veiga	Individual	Senior Masculino	01:04:12	+30:53	06:25
549	3771	Armando Moura	Individual	Senior Masculino	01:04:13	+30:54	06:25
550	3817	Dany Peixoto	Individual	Senior Masculino	01:04:17	+30:58	06:26
551	3663	NUNO GUERRA	Individual	Senior Masculino	01:04:17	+30:58	06:26
552	3337	Pedro Rocha	Individual	Senior Masculino	01:04:20	+31:00	06:26
553	4000	Manuel Jordão	Individual	Senior Masculino	01:04:20	+31:01	06:26
554	3443	Herculano Fernandes	Individual	Senior Masculino	01:04:25	+31:05	06:26
555	3161	Pedro Pereira	Individual	Senior Masculino	01:04:26	+31:07	06:27
556	3577	Filipe Ribeiro	Individual	Senior Masculino	01:04:31	+31:12	06:27
557	3652	Alexandre Silva	BOB	Senior Masculino	01:04:32	+31:13	06:27
558	3550	Gonçalo Bragança	Individual	Senior Masculino	01:04:32	+31:13	06:27
559	3538	Ricardo Peixoto	Individual	Senior Masculino	01:04:36	+31:17	06:28
560	3632	Jorge Mendes	Individual	Senior Masculino	01:04:37	+31:18	06:28
561	3536	Cristiano Soares	Individual	Senior Masculino	01:04:38	+31:19	06:28
562	3586	Geraldo Almeida	Individual	Senior Masculino	01:04:39	+31:20	06:28
563	3861	Ricardo Cunha	Individual	Senior Masculino	01:04:40	+31:21	06:28

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OFFICIAL RESULT

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564	3864	Luis Ramos	Individual	Senior Masculino	01:04:40	+31:21	06:28
565	3460	Gonalo Rodrigues	Titanics	Senior Masculino	01:04:46	+31:26	06:29
566	3588	Rui Ribeiro	Individual	Senior Masculino	01:04:51	+31:32	06:29
567	3645	Paulo Mendes	Individual	Senior Masculino	01:04:58	+31:39	06:30
568	3936	Alvaro Soares	Individual	Senior Masculino	01:04:59	+31:40	06:30
569	3965	Pedro Canha	Individual	Senior Masculino	01:05:03	+31:43	06:30
570	3107	Jose MAGALHAES	Individual	Senior Masculino	01:05:05	+31:46	06:30
571	3821	Miguel Magalhães	Individual	Senior Masculino	01:05:15	+31:55	06:31
572	3915	Guilherme Oliveira	Velozes e furiosos	Senior Masculino	01:05:22	+32:02	06:32
573	3396	Ricardo Costa	Os Craques	Senior Masculino	01:05:23	+32:04	06:32
574	3732	Antonio Miranda	Individual	Senior Masculino	01:05:25	+32:05	06:32
575	4086	Alexandre Sameiro	Individual	Senior Masculino	01:05:28	+32:09	06:33
576	4087	José Silva	Individual	Senior Masculino	01:05:29	+32:10	06:33
577	3680	Carlos Silva	Individual	Senior Masculino	01:05:38	+32:19	06:34
578	3095	Mário Almeida	Individual	Senior Masculino	01:05:50	+32:31	06:35
579	4077	Pedro Henriques	Individual	Senior Masculino	01:05:58	+32:39	06:36
580	3681	RUI RESENDE	OS CRENTES	Senior Masculino	01:05:59	+32:40	06:36
581	4091	Bernardino Monteiro	Individual	Senior Masculino	01:06:15	+32:56	06:38
582	3769	João Miguel Teixeira Martins	Individual	Senior Masculino	01:06:18	+32:59	06:38
583	3098	Sandro Abreu	Individual	Senior Masculino	01:06:21	+33:02	06:38
584	3914	Pedro Oliveira	Velozes e furiosos	Senior Masculino	01:06:23	+33:03	06:38
585	3019	Eduardo Ribeiro	Individual	Senior Masculino	01:06:25	+33:05	06:38
586	3534	Levi da silva Guimarães	Individual	Senior Masculino	01:06:31	+33:12	06:39
587	3973	Eliseu Costa	Individual	Senior Masculino	01:06:36	+33:17	06:40
588	3761	Jorge Barros	Individual	Senior Masculino	01:06:43	+33:24	06:40
589	3343	Braulio Martins	Individual	Senior Masculino	01:06:46	+33:27	06:41
590	3030	Pedro Silva	Individual	Senior Masculino	01:06:56	+33:37	06:42
591	3427	João Castro	Individual	Senior Masculino	01:06:57	+33:38	06:42
592	3932	Francisco Teixeira	Individual	Senior Masculino	01:07:00	+33:41	06:42
593	4132	AUGUSTO CUNHA	Individual	Senior Masculino	01:07:00	+33:41	06:42
594	3173	Jorge Pereira	Individual	Senior Masculino	01:07:06	+33:47	06:43
595	3392	Francisco Ferreira	Individual	Senior Masculino	01:07:07	+33:48	06:43
596	4006	Kamyar Shahrbiari	Individual	Senior Masculino	01:07:31	+34:12	06:45
597	3449	Reza Mohammadifirouz	Individual	Senior Masculino	01:07:31	+34:12	06:45
598	3865	José Abreu	Individual	Senior Masculino	01:07:33	+34:14	06:45
599	3530	Jorge Abreu	Individual	Senior Masculino	01:07:35	+34:16	06:46
600	4068	Rubén Campos	Individual	Senior Masculino	01:08:02	+34:43	06:48
601	3275	Vitor Gonçalves	Individual	Senior Masculino	01:08:13	+34:54	06:49
602	3045	Luís Mendes	Individual	Senior Masculino	01:08:22	+35:03	06:50
603	3353	Jorge Martins	Individual	Senior Masculino	01:08:28	+35:09	06:51
604	3207	BRUNO CRISTIANO DA JESUS	Individual	Senior Masculino	01:08:30	+35:11	06:51
605	3310	Miguel Braga	Individual	Senior Masculino	01:08:43	+35:24	06:52
606	3635	Gonalo Ferreira	Individual	Senior Masculino	01:08:48	+35:28	06:53
607	3172	Tomás Neves	Individual	Senior Masculino	01:08:53	+35:34	06:53
608	3942	Tiago Machado	correr com o Benfica	Senior Masculino	01:09:00	+35:41	06:54
609	3610	Manuel Marques	Individual	Senior Masculino	01:09:05	+35:46	06:54

Official Timekeeper: Lap2Go	21 / 23	generate 05-out.-2025 12:28
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10 Km

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

610	3430	Manuel Leite	Individual	Senior Masculino	01:09:13	+35:54	06:55
611	3980	Javier Leon	Individual	Senior Masculino	01:09:27	+36:08	06:57
612	3935	Márcio Ferreira	Individual	Senior Masculino	01:09:34	+36:15	06:57
613	1	Nélson Felgueiras	Individual	Senior Masculino	01:09:34	+36:15	06:57
614	3525	Nuno Oliveira	Individual	Senior Masculino	01:09:41	+36:22	06:58
615	3437	Marco Ferreira	Individual	Senior Masculino	01:09:42	+36:22	06:58
616	3995	Guilherme Magalhaes	Individual	Senior Masculino	01:09:50	+36:30	06:59
617	3562	Manuel Magalhães	Individual	Senior Masculino	01:09:50	+36:31	06:59
618	3531	Nuno Pedroso	Individual	Senior Masculino	01:10:05	+36:46	07:01
619	3308	César Fernandes	Individual	Senior Masculino	01:10:21	+37:02	07:02
620	3905	DEMIAN CALDERON	Individual	Senior Masculino	01:10:37	+37:18	07:04
621	3946	Leandro Gonçalves	Individual	Senior Masculino	01:10:40	+37:21	07:04
622	3782	João Cunha	Individual	Senior Masculino	01:10:40	+37:21	07:04
623	4102	Carlos Mora	Individual	Senior Masculino	01:10:40	+37:21	07:04
624	3944	João Costa	Individual	Senior Masculino	01:10:41	+37:22	07:04
625	3148	Fernando Costa	Individual	Senior Masculino	01:10:43	+37:24	07:04
626	3498	Paulo Goncalves	Individual	Senior Masculino	01:10:57	+37:38	07:06
627	3921	Fernando Sampaio	Individual	Senior Masculino	01:10:59	+37:40	07:06
628	3394	Valter Junior	Os Craques	Senior Masculino	01:11:14	+37:55	07:07
629	3313	Paulo Lemos	Individual	Senior Masculino	01:11:18	+37:59	07:08
630	3930	Rui Carvalho	Joroplás Sports	Senior Masculino	01:11:28	+38:09	07:09
631	3257	Sergio costa	Individual	Senior Masculino	01:11:47	+38:28	07:11
632	3900	Bruno Matos	Individual	Senior Masculino	01:11:49	+38:30	07:11
633	3046	Tiago Gonçalves	Individual	Senior Masculino	01:11:50	+38:31	07:11
634	3521	Tiago Batista	Individual	Senior Masculino	01:11:51	+38:32	07:11
635	4001	Diogo Batista	Individual	Senior Masculino	01:11:58	+38:39	07:12
636	3181	Carlos Pereira	Individual	Senior Masculino	01:11:59	+38:40	07:12
637	3135	Rui Novais	Individual	Senior Masculino	01:12:01	+38:42	07:12
638	3960	Angelo Ribeiro	Individual	Senior Masculino	01:12:08	+38:49	07:13
639	4018	Nuno Costa	Individual	Senior Masculino	01:12:34	+39:15	07:15
640	3131	Marco Paulo Pereira de Castro	Individual	Senior Masculino	01:12:50	+39:31	07:17
641	4025	Carlos Rodrigues	Individual	Senior Masculino	01:12:51	+39:32	07:17
642	4027	Nuno Pinto	Individual	Senior Masculino	01:12:52	+39:32	07:17
643	3590	Gaspar Figueiredo	Individual	Senior Masculino	01:12:54	+39:35	07:17
644	4157	João Saraiva	Individual	Senior Masculino	01:12:55	+39:36	07:18
645	3118	Ricardo Costa	Individual	Senior Masculino	01:13:04	+39:45	07:18
646	3013	Carlos Araújo	Individual	Senior Masculino	01:13:07	+39:47	07:19
647	3596	David Meireles	Individual	Senior Masculino	01:13:11	+39:51	07:19
648	3150	Júlio Ribeiro	Individual	Senior Masculino	01:13:12	+39:53	07:19
649	3178	LUIS RIBEIRO	Individual	Senior Masculino	01:13:19	+40:00	07:20
650	4059	Eduardo Pereira	Individual	Senior Masculino	01:13:26	+40:07	07:21
651	3962	Miguel Nuno	Individual	Senior Masculino	01:13:31	+40:12	07:21
652	3162	João Duarte	Individual	Senior Masculino	01:13:38	+40:19	07:22
653	3020	Antonio Peres	Individual	Senior Masculino	01:14:16	+40:57	07:26
654	3167	Tiago Pereira	Individual	Senior Masculino	01:14:47	+41:28	07:29
655	3195	José Ferreira	Individual	Senior Masculino	01:14:51	+41:32	07:29

Official Timekeeper: Lap2Go	22 / 23	generate 05-out.-2025 12:28
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10 Km

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

656	3252	Filipe Marques	Individual	Senior Masculino	01:14:53	+41:34	07:29
657	3278	Afonso Lima	Individual	Senior Masculino	01:15:09	+41:50	07:31
658	3435	Bruno Rocha	Individual	Senior Masculino	01:15:11	+41:52	07:31
659	3702	Bruno Pereira	Individual	Senior Masculino	01:15:21	+42:02	07:32
660	3038	Bruno Silva	Individual	Senior Masculino	01:15:23	+42:04	07:32
661	4159	José Miguel Sousa Pereira	Individual	Senior Masculino	01:15:35	+42:15	07:33
662	3244	Agostinho Pinheiro	Individual	Senior Masculino	01:15:38	+42:19	07:34
663	4169	Luís Pereira	Individual	Senior Masculino	01:15:43	+42:23	07:34
664	3318	Ricardo Mendes	Individual	Senior Masculino	01:15:46	+42:27	07:35
665	3153	Rui Jorge Pereira	Individual	Senior Masculino	01:16:13	+42:54	07:37
666	3917	Carlos Ferreira	Individual	Senior Masculino	01:16:22	+43:03	07:38
667	3349	Luis Pereira	Ribeiro-Pereira	Senior Masculino	01:16:24	+43:05	07:38
668	3654	José Silva	Individual	Senior Masculino	01:16:39	+43:19	07:40
669	3506	José Vilela	Individual	Senior Masculino	01:17:05	+43:46	07:42
670	4121	HORÁCIO VALENTE	Individual	Senior Masculino	01:17:10	+43:51	07:43
671	4122	TÓNIO VALENTE	Individual	Senior Masculino	01:17:10	+43:51	07:43
672	3472	Daniel Frasquete	Individual	Senior Masculino	01:18:58	+45:39	07:54
673	3221	Paulo Carvalho	Individual	Senior Masculino	01:18:58	+45:39	07:54
674	3196	Ilídio Martins	Individual	Senior Masculino	01:19:15	+45:56	07:56
675	3324	Tiago Monteiro	Individual	Senior Masculino	01:19:32	+46:13	07:57
676	4066	Atleta 4066	Individual	Senior Masculino	01:19:56	+46:37	08:00
677	3640	Carlos Sousa	Individual	Senior Masculino	01:20:00	+46:41	08:00
678	3314	Pedro Santos	Individual	Senior Masculino	01:23:01	+49:42	08:18
679	4130	ALTAMIRO CRUZ	Individual	Senior Masculino	01:23:26	+50:07	08:21
680	4119	ABÍLIO VALENTE	Individual	Senior Masculino	01:25:16	+51:57	08:32
681	3217	Eduardo Silva	Individual	Senior Masculino	01:26:04	+52:44	08:36
682	3812	Luiz Felipe Silva	Individual	Senior Masculino	01:27:31	+54:12	08:45
683	3911	Marcio Pasolini	Individual	Senior Masculino	01:27:33	+54:14	08:45
684	3134	Silvestre Moura	Individual	Senior Masculino	01:30:56	+57:37	09:06
685	4058	Luís Gonçalves	Individual	Senior Masculino	01:35:36	+01:02:17	09:34
686	3321	Humberto Ferreira	Individual	Senior Masculino	01:36:53	+01:03:34	09:41
687	3783	Helio Silva	Individual	Senior Masculino	01:36:53	+01:03:34	09:41
688	3718	Leonardo Lourenço	Individual	Senior Masculino	01:36:54	+01:03:34	09:41

5 KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	16,2°C	76%
End	10:59	16,2°C	76%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1449	Leonardo Oliveira	Individual	16:55		03:23	
2	1262	Nuno Gabriel Sousa	Individual	18:10	+01:15	03:38	
3	1237	André Lemos	Individual	18:14	+01:19	03:39	
4	1115	Flávio Costa	Individual	18:17	+01:22	03:39	
5	1297	Jorge mendes	Individual	18:51	+01:56	03:46	
6	1443	DINIS MENDES	ELCT	19:32	+02:37	03:54	
7	1136	Pedro Silva	Individual	19:40	+02:45	03:56	
8	1133	Sérgio Maia	Individual	19:53	+02:58	03:59	
9	1306	FÁBIO FARIA	Individual	19:54	+02:59	03:59	
10	1045	Romário Pinho	Individual	20:14	+03:19	04:03	
11	1264	Hermegildo Ferreira	Individual	20:21	+03:26	04:04	
12	1082	Antonio Ribeiro	Individual	20:30	+03:35	04:06	
13	1395	Ricardo Torres	Individual	20:31	+03:36	04:06	
14	1218	Ana Pereira	Individual	20:34	+03:39	04:07	
15	1265	Eduardo Pereira	Individual	20:37	+03:42	04:07	
16	1263	João Silva	Individual	20:47	+03:52	04:09	
17	1394	Simão Monteiro	Individual	20:54	+03:59	04:11	
18	1447	SALVADOR FERNANDES	ELCT	21:02	+04:07	04:12	
19	1327	André Fernandes	Individual	21:28	+04:33	04:18	
20	1450	Vitor Lopes	Individual	21:40	+04:45	04:20	
21	1020	Hugo Félix	Individual	22:07	+05:12	04:25	
22	1247	Christophe Fernandes	Individual	22:24	+05:29	04:29	
23	1130	Marcelo Teixeira	Individual	22:28	+05:33	04:30	
24	1141	Gilberto Souza	Individual	23:11	+06:16	04:38	
25	1076	Rafaela Araújo	Individual	23:16	+06:21	04:39	
26	1280	Elisabete Ferreira	Individual	23:32	+06:37	04:42	
27	1142	Miguel Ângelo Mendes Pacheco	Individual	23:51	+06:56	04:46	
28	1199	Cristiano Fernandes	Individual	23:58	+07:03	04:48	
29	1302	Gaspar Fernandes	Individual	24:15	+07:20	04:51	
30	1448	MARTIM PEREIRA	ELCT	24:24	+07:29	04:53	
31	1400	Rui Costa	Individual	24:30	+07:35	04:54	
32	1349	Paulo Leite	Individual	24:45	+07:50	04:57	
33	1193	Catarina Borges	Individual	24:58	+08:03	05:00	
34	1382	Rodrigo Ferreira	Individual	26:30	+09:35	05:18	
35	1415	André Coelho Lima	Individual	26:48	+09:53	05:22	
36	1021	Lara Martins	Individual	26:55	+10:00	05:23	
37	1304	Miguel Silva	Individual	27:08	+10:13	05:26	
38	1348	Rita Sousa	Individual	27:13	+10:18	05:27	
39	1437	Joaquim Quintas	Individual	28:24	+11:29	05:41	
40	1435	Paulo Machado	Individual	28:31	+11:36	05:42	
41	1030	Mariana Rodrigues De Lima	Individual	28:51	+11:56	05:46	
42	1204	André Graça	Individual	28:55	+12:00	05:47	

5 KM - STAGE 1

5 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1444	Francisco Daniel Leite Azevedo	Individual	29:09	+12:14	05:50	
44	1039	Raissa Silva	Individual	29:15	+12:20	05:51	
45	1140	Antonio Monteiro	Individual	29:26	+12:31	05:53	
46	1081	Rita Almeida	Individual	29:40	+12:45	05:56	
47	1425	JOSÉ NOBRE	Individual	29:48	+12:53	05:58	
48	1212	Francisco Monteiro	Individual	29:51	+12:56	05:58	
49	1332	Diana Castro	Individual	29:53	+12:58	05:59	
50	1148	Amadeu Carvalho	Individual	29:54	+12:59	05:59	
51	1270	Anisia Teixeira	Individual	29:55	+13:00	05:59	
52	1103	Sofia Gonçalves	Individual	30:02	+13:07	06:00	
53	1424	RICARDO SILVEIRA	Individual	30:05	+13:10	06:01	
54	1104	António Ferreira	Individual	30:06	+13:11	06:01	
55	1041	Rita Teixeira	Individual	30:11	+13:16	06:02	
56	1311	Natalia Gonçalves	Individual	30:12	+13:17	06:02	
57	1034	António Silva	Individual	30:14	+13:19	06:03	
58	1156	Leonardo Machado	Individual	30:23	+13:28	06:05	
59	1419	MATHEUS GATO	Individual	30:26	+13:31	06:05	
60	1111	Diogo Castro	Individual	30:33	+13:38	06:07	
61	1112	Ana Paula Silva	Individual	30:36	+13:41	06:07	
62	1150	Duarte Carvalho	Individual	30:36	+13:41	06:07	
63	1376	Maria Lopes	Individual	30:41	+13:46	06:08	
64	1360	Afonso Dias	Individual	30:53	+13:58	06:11	
65	1239	Arnaldo Silva	Individual	31:00	+14:05	06:12	
66	1176	Carla Oliveira	Individual	31:03	+14:08	06:13	
67	1389	Emilia Fernandes	Individual	31:07	+14:12	06:13	
68	1190	Jose Pereira	Individual	31:09	+14:14	06:14	
69	1385	Vasco castro	Individual	31:10	+14:15	06:14	
70	1434	Natália Rodrigues	Individual	31:10	+14:15	06:14	
71	1260	Filipa Faustino	Individual	31:16	+14:21	06:15	
72	1423	Teresa Rodrigues	Individual	31:17	+14:22	06:15	
73	1075	Carolina Ferreira	Individual	31:18	+14:23	06:16	
74	1085	Mariana Ferreira	Individual	31:23	+14:28	06:17	
75	1414	António Galvão	Individual	31:28	+14:33	06:18	
76	1407	Wojt Rzeszow	Individual	31:30	+14:35	06:18	
77	1285	Ricardo Freitas	Individual	31:31	+14:36	06:18	
78	1110	Tiago Gonçalves	Individual	31:32	+14:37	06:18	
79	1187	Adriana Fonte	Individual	31:36	+14:41	06:19	
80	1196	Diana Pereira	Individual	31:36	+14:41	06:19	
81	1386	Carla Silva	Individual	31:37	+14:42	06:19	
82	1012	Inês Sampaio	Individual	31:38	+14:43	06:20	
83	1095	Carina Fernandes	Individual	31:43	+14:48	06:21	
84	1392	Barbara Mota	Individual	31:48	+14:53	06:22	
85	1343	Abílio Mendes	Individual	31:51	+14:56	06:22	
86	1251	Guilherme Castro	Individual	31:51	+14:56	06:22	
87	1238	Vasco Ferreira	Individual	31:54	+14:59	06:23	
88	1365	Tiago Correia	Individual	31:56	+15:01	06:23	

5 KM - STAGE 1

5 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1371	Francisco Mendes	Individual	31:57	+15:02	06:23	
90	1370	Márcia Oliveira	Individual	31:57	+15:02	06:23	
91	1364	Tânia Silva	Individual	31:57	+15:02	06:23	
92	1441	PEDRO FREITAS	ELCT	32:00	+15:05	06:24	
93	1070	Sara Fonseca	Individual	32:02	+15:07	06:24	
94	1165	Antonio Fernandes	Individual	32:06	+15:11	06:25	
95	1269	Elisabete Teixeira	Individual	32:07	+15:12	06:25	
96	1413	João Diogo Faria	Individual	32:09	+15:14	06:26	
97	1357	Camila Machado	Individual	32:10	+15:15	06:26	
98	1127	Carlos Piairo	Individual	32:20	+15:25	06:28	
99	1200	Carolina Ribeiro	Individual	32:30	+15:35	06:30	
100	1321	Rui Fernandes	Individual	32:30	+15:35	06:30	
101	1256	Francesco Mastrapasqua	Individual	32:33	+15:38	06:31	
102	1160	Ricardina Coelho	Individual	32:38	+15:43	06:32	
103	1162	Andre Silva	Individual	32:50	+15:55	06:34	
104	1317	Rafaela Nunes	Individual	32:52	+15:57	06:34	
105	1358	António Machado	Individual	32:54	+15:59	06:35	
106	1388	Guilherme Lopes	Individual	32:55	+16:00	06:35	
107	1155	Francisco Sousa	Individual	32:56	+16:01	06:35	
108	1180	Mário Silva	Individual	33:00	+16:05	06:36	
109	1276	António Oliveira	Individual	33:03	+16:08	06:37	
110	1117	Diogo Teixeira	Individual	33:03	+16:08	06:37	
111	1135	Joana Pereira	Individual	33:05	+16:10	06:37	
112	1245	Rafael Soares	Individual	33:13	+16:18	06:39	
113	1231	André Pontes	Individual	33:14	+16:19	06:39	
114	1244	Rui Soares	Individual	33:17	+16:22	06:39	
115	1293	Vanessa Cáceres	Individual	33:17	+16:22	06:39	
116	1363	Filipa Fernandes	Individual	33:18	+16:23	06:40	
117	1279	João Oliveira	Individual	33:22	+16:27	06:40	
118	1001	Márcia Oliveira	Individual	33:25	+16:30	06:41	
119	1007	Vitor Oliveira	Individual	33:26	+16:31	06:41	
120	1288	Matilde Xavier	Individual	33:27	+16:32	06:41	
121	1346	Francisca Gonçalves	Individual	33:27	+16:32	06:41	
122	1286	Eduardo Xavier	Individual	33:28	+16:33	06:42	
123	1022	Sara Azevedo	Individual	33:28	+16:33	06:42	
124	1002	Bruno Lopes	Individual	33:29	+16:34	06:42	
125	1432	Fábio Dias	Individual	33:30	+16:35	06:42	
126	1453	Atleta 1453	Individual	33:32	+16:37	06:42	
127	1233	Sara Preza Fernandes	Individual	33:32	+16:37	06:42	
128	1393	Ana Leite	Individual	33:36	+16:41	06:43	
129	1406	Aleksandra Kopicxak	Individual	33:37	+16:42	06:43	
130	1397	Mariana Brito	Individual	33:39	+16:44	06:44	
131	1019	José Fernandes	Individual	33:45	+16:50	06:45	
132	1003	Soon Khei	Individual	33:46	+16:51	06:45	
133	1050	Rui Freitas	Individual	33:46	+16:51	06:45	
134	1086	Maria João Neto	Individual	33:51	+16:56	06:46	

5 KM - STAGE 1

5 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	1408	Neusa Oliveira	Individual	33:51	+16:56	06:46	
136	1058	Paula Caetano	Individual	33:55	+17:00	06:47	
137	1014	Lílian Oliveira	Individual	33:56	+17:01	06:47	
138	1391	Cátia Henriques	Individual	33:57	+17:02	06:47	
139	1380	Catarina Costa	Individual	33:57	+17:02	06:47	
140	1339	Rita Freitas	Individual	33:59	+17:04	06:48	
141	1170	Rui Alves	Individual	33:59	+17:04	06:48	
142	1428	Natália Mendes	Individual	34:02	+17:07	06:48	
143	1422	NATHÁLIA SILVA	Individual	34:10	+17:15	06:50	
144	1442	Vítor Paulo sequeira Esteves	Individual	34:10	+17:15	06:50	
145	1440	Leonor Ribeiro Esteves	Individual	34:10	+17:15	06:50	
146	1240	Ernesto Gonçalves	Individual	34:11	+17:16	06:50	
147	1108	Rita Silva	Individual	34:15	+17:20	06:51	
148	1106	Armindo Pereira	Individual	34:20	+17:25	06:52	
149	1273	Liliana Cardoso	Individual	34:22	+17:27	06:52	
150	1094	Beatriz Novais	Individual	34:22	+17:27	06:52	
151	1289	Lucie Silva	Individual	34:26	+17:31	06:53	
152	1290	Luís Silva	Individual	34:26	+17:31	06:53	
153	1029	Ana Rego	Individual	34:26	+17:31	06:53	
154	1322	Barac Pedreira	Individual	34:28	+17:33	06:54	
155	1078	Márcia Costa	Individual	34:28	+17:33	06:54	
156	1088	Mariana Guerreiro	Individual	34:28	+17:33	06:54	
157	1159	Osvaldo Fernandes	Individual	34:30	+17:35	06:54	
158	1166	Pedro Cunha	Individual	34:31	+17:36	06:54	
159	1234	Lucia Oliveira	Individual	34:34	+17:39	06:55	
160	1375	Luís Silva	Individual	34:39	+17:44	06:56	
161	1336	João Fernandes	Individual	34:39	+17:44	06:56	
162	1381	Rui Pires da cal	Individual	34:43	+17:48	06:57	
163	1206	Maria José Oliveira	Individual	34:49	+17:54	06:58	
164	1384	Diogo Silva	Individual	34:50	+17:55	06:58	
165	1009	Joana Lopes	Individual	34:50	+17:55	06:58	
166	1000	Diogo Pinto	Individual	34:52	+17:57	06:58	
167	1010	Rui Cunha	Individual	34:52	+17:57	06:58	
168	1223	Inês Bessa	Individual	35:00	+18:05	07:00	
169	1220	Rosa Fernandes	Individual	35:01	+18:06	07:00	
170	1044	Sofía Navarro	Individual	35:05	+18:10	07:01	
171	1037	Maria João Torres	Individual	35:11	+18:16	07:02	
172	1097	Ana Rodrigues	Individual	35:12	+18:17	07:02	
173	1067	Rita Monteiro	Individual	35:14	+18:19	07:03	
174	1268	Rute Teixeira	Individual	35:14	+18:19	07:03	
175	1118	Francisco Pinto	Individual	35:20	+18:25	07:04	
176	1033	José Manuel Pérez Castillo	Individual	35:26	+18:31	07:05	
177	1219	José Silva	Individual	35:26	+18:31	07:05	
178	1271	Rai Teixeira	Individual	35:32	+18:37	07:06	
179	1412	João Faria	Individual	35:32	+18:37	07:06	
180	1272	Catarina Ribeiro	Individual	35:34	+18:39	07:07	

5 KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	1361	Cláudia Araujo	Individual	35:38	+18:43	07:08	
182	1163	José Sousa	Individual	35:44	+18:49	07:09	
183	1143	José Ferreira	Individual	35:53	+18:58	07:11	
184	1373	Angélica Santos	Individual	35:54	+18:59	07:11	
185	1144	Carolina Alves	Individual	35:54	+18:59	07:11	
186	1372	Francsico Mendes	Individual	35:55	+19:00	07:11	
187	1418	SÉRGIO PEREIRA	Individual	35:56	+19:01	07:11	
188	1098	Orquidia Silva	Individual	35:58	+19:03	07:12	
189	1099	Vania Leite	Individual	35:59	+19:04	07:12	
190	1101	Ana Matos	Individual	35:59	+19:04	07:12	
191	1100	Fabio Oliveira	Individual	36:00	+19:05	07:12	
192	1377	Cátia Azevedo	Individual	36:00	+19:05	07:12	
193	1149	Mércia Mendes	Individual	36:06	+19:11	07:13	
194	1451	Maria Alves	Individual	36:07	+19:12	07:13	
195	1278	Letícia Martins	Individual	36:13	+19:18	07:15	
196	1189	Francisca Fernandes	Individual	36:16	+19:21	07:15	
197	1059	Catarina Silva	Individual	36:16	+19:21	07:15	
198	1008	Beatriz Peres	Individual	36:17	+19:22	07:15	
199	1410	Amirmahdi Zarghami	Individual	36:19	+19:24	07:16	
200	1242	Vera Martins	Individual	36:25	+19:30	07:17	
201	1226	Pedro Teixeira	Individual	36:25	+19:30	07:17	
202	1066	Beatriz Monteiro	Individual	36:26	+19:31	07:17	
203	1328	Margarida Oliveira	Individual	36:27	+19:32	07:17	
204	1109	Liliana Mendes	Individual	36:29	+19:34	07:18	
205	1201	Ângela Freitas	Individual	36:30	+19:35	07:18	
206	1303	Carlos Costa	Individual	36:33	+19:38	07:19	
207	1235	Francisco Silva	Individual	36:37	+19:42	07:19	
208	1023	Inês Azevedo	Individual	36:38	+19:43	07:20	
209	1430	Irina Oliveira	Individual	36:38	+19:43	07:20	
210	1431	Alexandre Silva	Individual	36:38	+19:43	07:20	
211	1427	Irene Almeida	Individual	36:38	+19:43	07:20	
212	1042	Gabriela Machado	Individual	36:39	+19:44	07:20	
213	1229	SONIA FERNANDES	Individual	36:41	+19:46	07:20	
214	1074	Isabela Vale	Individual	36:44	+19:49	07:21	
215	1107	Micael Carmo	Individual	36:44	+19:49	07:21	
216	1295	Ondina Rodrigues	Individual	36:52	+19:57	07:22	
217	1338	Marta Magalhães	Individual	36:55	+20:00	07:23	
218	1197	Zita Vieira da Silva	Individual	36:57	+20:02	07:23	
219	1198	Diana Rodrigues	Individual	36:57	+20:02	07:23	
220	1153	Inês Sampaio	Individual	36:57	+20:02	07:23	
221	1222	Alice Silva	Individual	36:57	+20:02	07:23	
222	1356	Josefa Teixeira	Individual	36:58	+20:03	07:24	
223	1362	Maria João Araujo	Individual	36:58	+20:03	07:24	
224	1246	Ângela Pereira	Individual	36:58	+20:03	07:24	
225	1314	Ana Barroso	Individual	36:58	+20:03	07:24	
226	1185	ANA LUISA SANTOS	Individual	36:59	+20:04	07:24	

5 KM - STAGE 1

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	1079	Marcela Pinho	Individual	37:12	+20:17	07:26	
228	1158	Diana Ribeiro	Individual	37:14	+20:19	07:27	
229	1228	HELENA RODRIGUES	Individual	37:15	+20:20	07:27	
230	1283	Mariana Lage	Individual	37:19	+20:24	07:28	
231	1291	Ricardo Silva	Individual	37:20	+20:25	07:28	
232	1445	Fernando Ricardo Oliveira Azevedo	Individual	37:20	+20:25	07:28	
233	1281	Filipe Freitas	Individual	37:21	+20:26	07:28	
234	1353	Miguel Halfeld Magalhães de Oliveira	Individual	37:21	+20:26	07:28	
235	1352	Giovanna da Conceição Gomes	Individual	37:22	+20:27	07:28	
236	1175	José Rodrigues	Individual	37:30	+20:35	07:30	
237	1324	Firmino Lopes	Individual	37:34	+20:39	07:31	
238	1146	Vera Castro	Individual	37:36	+20:41	07:31	
239	1209	Maria Gonçalves	Individual	37:37	+20:42	07:31	
240	1216	Ana Costa	Individual	37:39	+20:44	07:32	
241	1417	PAULA ARAÚJO	Individual	37:44	+20:49	07:33	
242	1214	Jéssica Castaneda	Individual	37:45	+20:50	07:33	
243	1131	Beatriz Ribeiro	Individual	37:45	+20:50	07:33	
244	1038	Cátia Carvalho	Individual	37:47	+20:52	07:33	
245	1405	Julia Bielak	Individual	37:48	+20:53	07:34	
246	1294	Rosário Cardoso	Individual	37:53	+20:58	07:35	
247	1230	FILIPA GONÇALVES	Individual	37:53	+20:58	07:35	
248	1236	Fatima Pereira	Individual	37:55	+21:00	07:35	
249	1202	Anabela Portilha	Individual	37:56	+21:01	07:35	
250	1203	Mafalda Portilha	Individual	37:56	+21:01	07:35	
251	1241	Inês Garcia	Individual	37:58	+21:03	07:36	
252	1208	Valentina Ivanchuk	Individual	38:00	+21:05	07:36	
253	1205	Shakhlo RAKHMANKULOVA	Individual	38:00	+21:05	07:36	
254	1300	Alla Geysun	Individual	38:01	+21:06	07:36	
255	1337	Fernando Merino	Individual	38:09	+21:14	07:38	
256	1210	Ana isabel Fernandes	Individual	38:10	+21:15	07:38	
257	1436	Patrícia Costa	Individual	38:10	+21:15	07:38	
258	1188	Raquel Faria	Individual	38:11	+21:16	07:38	
259	1027	Patricia Oliveira	Individual	38:12	+21:17	07:38	
260	1426	PATRÍCIA TEIXEIRA	Individual	38:22	+21:27	07:40	
261	1062	Susana Ribeiro	Individual	38:23	+21:28	07:41	
262	1063	Monica Ribeiro	Individual	38:23	+21:28	07:41	
263	1186	Ricardo Dias	Individual	38:28	+21:33	07:42	
264	1323	Cláudia Sampaio	Individual	38:28	+21:33	07:42	
265	1119	Ana Pinto	Individual	38:34	+21:39	07:43	
266	1051	Elisabete Clara Rodrigues Rodrigues	Individual	38:54	+21:59	07:47	
267	1243	Rui Pedro Peixoto	Individual	38:54	+21:59	07:47	
268	1052	Joaquim Sá	Individual	38:54	+21:59	07:47	
269	1071	Sónia Fernandes	Individual	38:57	+22:02	07:47	
270	1083	Renata Teixeira	Individual	38:59	+22:04	07:48	
271	1455	Atleta 1455	Individual	38:59	+22:04	07:48	

5 KM - STAGE 1

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
272	1145	Maria Inês Mendes	Individual	39:04	+22:09	07:49	
273	1139	Afonso Monteiro	Individual	39:04	+22:09	07:49	
274	1169	Quiteria Fonseca	Individual	39:13	+22:18	07:51	
275	1168	Antonio Fonseca	Individual	39:13	+22:18	07:51	
276	1137	Bárbara Oliveira	Individual	39:14	+22:19	07:51	
277	1138	João Pedro Cunha	Individual	39:14	+22:19	07:51	
278	1341	Maria Teixeira	Individual	39:15	+22:20	07:51	
279	1174	Leonor Machado	Individual	39:15	+22:20	07:51	
280	1345	Sara Martins	Individual	39:16	+22:21	07:51	
281	1452	Maria Oliveira	Individual	39:22	+22:27	07:52	
282	1015	Joana Melo	Individual	39:23	+22:28	07:53	
283	1128	Bárbara Soares	Individual	39:23	+22:28	07:53	
284	1017	Vânia Lima	Individual	39:23	+22:28	07:53	
285	1129	Sofia Teixeira	Individual	39:23	+22:28	07:53	
286	1454	Atleta 1454	Individual	39:29	+22:34	07:54	
287	1255	Ilídia Vale	Individual	39:33	+22:38	07:55	
288	1340	Sandrina Matos	Individual	39:35	+22:40	07:55	
289	1296	Tatiana Hashevsksa	Individual	39:36	+22:41	07:55	
290	1379	Ricardo Lopes	Individual	39:40	+22:45	07:56	
291	1398	Sebastião Sousa	Individual	39:40	+22:45	07:56	
292	1399	Pedro Ferreira	Individual	39:41	+22:46	07:56	
293	1090	Branca Faria	Individual	39:42	+22:47	07:56	
294	1093	Cláudia Alves	Individual	39:42	+22:47	07:56	
295	1309	Luisa Silva	Individual	39:43	+22:48	07:57	
296	1420	ALBERSON MÁRQUEZ	Individual	39:47	+22:52	07:57	
297	1132	Bahar Feizollahbeigi	Individual	39:52	+22:57	07:58	
298	1043	Gabriel Machado	Individual	39:53	+22:58	07:59	
299	1048	Margarida Vale	Individual	39:56	+23:01	07:59	
300	1252	Gustavo Castro	Individual	39:56	+23:01	07:59	
301	1161	Bárbara Machado	Individual	40:06	+23:11	08:01	
302	1167	João Oliveira	Individual	40:06	+23:11	08:01	
303	1368	Daniela Nogueira	Individual	40:19	+23:24	08:04	
304	1292	Vânia Couto	Individual	40:28	+23:33	08:06	
305	1164	Fatima Peixoto	Individual	40:29	+23:34	08:06	
306	1316	Sandra Machado	Individual	40:40	+23:45	08:08	
307	1257	Márcia Silva	Individual	40:41	+23:46	08:08	
308	1342	Eduardo Pinto	Individual	40:52	+23:57	08:10	
309	1305	Gonçalo Costa	Individual	40:58	+24:03	08:12	
310	1217	Carolina Barros	Individual	40:59	+24:04	08:12	
311	1215	Claudia Silva	Individual	41:06	+24:11	08:13	
312	1154	Sofia Fernandes	Individual	41:24	+24:29	08:17	
313	1006	Diana Azevedo	Individual	41:44	+24:49	08:21	
314	1005	Tiago Martins	Individual	41:44	+24:49	08:21	
315	1116	Verónica Ferreira	Individual	41:50	+24:55	08:22	
316	1227	CARLA MENDES	Individual	41:52	+24:57	08:22	
317	1125	Manuel Matos	Individual	41:56	+25:01	08:23	

5 KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
318	1126	Nelson Silva	Individual	41:57	+25:02	08:23	
319	1026	Larissa Gonçalves	Individual	42:00	+25:05	08:24	
320	1157	Rui Oliveira	Individual	42:00	+25:05	08:24	
321	1335	Marta Ferreira	Individual	42:05	+25:10	08:25	
322	1355	Teresa Reis	Individual	42:06	+25:11	08:25	
323	1344	Verónica Martins	Individual	42:06	+25:11	08:25	
324	1325	Jorge Vitorino	Individual	42:28	+25:33	08:30	
325	1429	Maria Azevedo	Individual	42:32	+25:37	08:30	
326	1319	Jennifer Pahl	Individual	42:36	+25:41	08:31	
327	1232	Margarida Alves	Individual	42:37	+25:42	08:31	
328	1032	Cynthia Pamela Ortega Espinosa	Individual	42:40	+25:45	08:32	
329	1390	Miguel Lopes	Individual	42:48	+25:53	08:34	
330	1096	Diana Cardoso	Individual	42:56	+26:01	08:35	
331	1225	Giovanna Boaventura	Individual	43:00	+26:05	08:36	
332	1224	Luiz Boaventura	Individual	43:00	+26:05	08:36	
333	1114	Daniela Machado	Individual	43:22	+26:27	08:40	
334	1173	Ângela Abreu	Individual	43:27	+26:32	08:41	
335	1077	Tânia Oliveira	Individual	43:32	+26:37	08:42	
336	1195	Margarida Santos	Individual	43:33	+26:38	08:43	
337	1416	Daniela Faria	Individual	43:37	+26:42	08:43	
338	1299	Leticia Azevedo	Individual	43:59	+27:04	08:48	
339	1298	Filipe Vaz da Cunha	Individual	44:06	+27:11	08:49	
340	1301	Catarina Azevedo	Individual	44:07	+27:12	08:49	
341	1123	Sónia Matos	Individual	44:10	+27:15	08:50	
342	1124	Julio Cartucho	Individual	44:13	+27:18	08:51	
343	1331	Danielle Lacerda	Individual	44:25	+27:30	08:53	
344	1122	Keyth Andressa Soares da Silva	Individual	44:38	+27:43	08:56	
345	1080	Francisca Fonte	Individual	44:41	+27:46	08:56	
346	1250	Luisa roriz mendes	Individual	44:41	+27:46	08:56	
347	1194	Isabel Mendes	Individual	44:44	+27:49	08:57	
348	1326	Cristina Pastor	Individual	45:05	+28:10	09:01	
349	1287	Simone Pereira	Individual	45:07	+28:12	09:01	
350	1147	Jessica Castro	Individual	45:38	+28:43	09:08	
351	1061	Anne Neves	Individual	47:47	+30:52	09:33	
352	1060	Ruan Siqueira	Individual	47:47	+30:52	09:33	
353	1121	Maria Gomes	Individual	48:38	+31:43	09:44	
354	1367	Sara Castro	Individual	48:40	+31:45	09:44	
355	1369	Óscar Barros	Individual	48:40	+31:45	09:44	
356	1277	Joana Fernandes	Individual	50:51	+33:56	10:10	
357	1254	Carlos roberto firmino	Individual	51:08	+34:13	10:14	
358	1253	Gisela Maria Domingos	Individual	51:09	+34:14	10:14	

5 Km

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	16,2°C	76%
End	10:59	16,2°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1218	Ana Pereira	Individual	Senior Feminino	20:34	04:07
2	1076	Rafaela Araújo	Individual	Senior Feminino	23:16	+02:42 04:39
3	1280	Elisabete Ferreira	Individual	Senior Feminino	23:32	+02:57 04:42
4	1193	Catarina Borges	Individual	Senior Feminino	24:58	+04:23 05:00
5	1021	Lara Martins	Individual	Senior Feminino	26:55	+06:20 05:23
6	1348	Rita Sousa	Individual	Senior Feminino	27:13	+06:38 05:27
7	1030	Mariana Rodrigues De Lima	Individual	Senior Feminino	28:51	+08:16 05:46
8	1039	Raissa Silva	Individual	Senior Feminino	29:15	+08:40 05:51
9	1081	Rita Almeida	Individual	Senior Feminino	29:40	+09:06 05:56
10	1332	Diana Castro	Individual	Senior Feminino	29:53	+09:18 05:59
11	1270	Anisia Teixeira	Individual	Senior Feminino	29:55	+09:21 05:59
12	1103	Sofia Gonçalves	Individual	Senior Feminino	30:02	+09:27 06:00
13	1041	Rita Teixeira	Individual	Senior Feminino	30:11	+09:36 06:02
14	1311	Natalia Gonçalves	Individual	Senior Feminino	30:12	+09:38 06:02
15	1112	Ana Paula Silva	Individual	Senior Feminino	30:36	+10:01 06:07
16	1376	Maria Lopes	Individual	Senior Feminino	30:41	+10:06 06:08
17	1176	Carla Oliveira	Individual	Senior Feminino	31:03	+10:28 06:13
18	1389	Emilia Fernandes	Individual	Senior Feminino	31:07	+10:32 06:13
19	1434	Natália Rodrigues	Individual	Senior Feminino	31:10	+10:36 06:14
20	1260	Filipa Faustino	Individual	Senior Feminino	31:16	+10:42 06:15
21	1423	Teresa Rodrigues	Individual	Senior Feminino	31:17	+10:43 06:15
22	1075	Carolina Ferreira	Individual	Senior Feminino	31:18	+10:43 06:16
23	1085	Mariana Ferreira	Individual	Senior Feminino	31:23	+10:49 06:17
24	1187	Adriana Fonte	Individual	Senior Feminino	31:36	+11:01 06:19
25	1196	Diana Pereira	Individual	Senior Feminino	31:36	+11:01 06:19
26	1386	Carla Silva	Individual	Senior Feminino	31:37	+11:02 06:19
27	1012	Inês Sampaio	Individual	Senior Feminino	31:38	+11:03 06:20
28	1095	Carina Fernandes	Individual	Senior Feminino	31:43	+11:08 06:21
29	1392	Barbara Mota	Individual	Senior Feminino	31:48	+11:14 06:22
30	1370	Márcia Oliveira	Individual	Senior Feminino	31:57	+11:22 06:23
31	1364	Tânia Silva	Individual	Senior Feminino	31:57	+11:22 06:23
32	1070	Sara Fonseca	Individual	Senior Feminino	32:02	+11:27 06:24
33	1269	Elisabete Teixeira	Individual	Senior Feminino	32:07	+11:32 06:25
34	1357	Camila Machado	Individual	Senior Feminino	32:10	+11:35 06:26
35	1200	Carolina Ribeiro	Individual	Senior Feminino	32:30	+11:55 06:30
36	1160	Ricardina Coelho	Individual	Senior Feminino	32:38	+12:03 06:32
37	1317	Rafaela Nunes	Individual	Senior Feminino	32:52	+12:17 06:34
38	1135	Joana Pereira	Individual	Senior Feminino	33:05	+12:31 06:37
39	1293	Vanessa Cáceres	Individual	Senior Feminino	33:17	+12:43 06:39

Official Timekeeper: Lap2Go	1 / 9	generate 05-out.-2025 12:28
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5 Km

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[illegible]

OFFICIAL RESULT

[illegible]

40	1363	Filipa Fernandes	Individual	Senior Feminino	33:18	+12:43	06:40
41	1001	Márcia Oliveira	Individual	Senior Feminino	33:25	+12:51	06:41
42	1288	Matilde Xavier	Individual	Senior Feminino	33:27	+12:52	06:41
43	1346	Francisca Gonçalves	Individual	Senior Feminino	33:27	+12:52	06:41
44	1022	Sara Azevedo	Individual	Senior Feminino	33:28	+12:54	06:42
45	1233	Sara Preza Fernandes	Individual	Senior Feminino	33:32	+12:58	06:42
46	1393	Ana Leite	Individual	Senior Feminino	33:36	+13:02	06:43
47	1406	Aleksandra Kopiczak	Individual	Senior Feminino	33:37	+13:03	06:43
48	1397	Mariana Brito	Individual	Senior Feminino	33:39	+13:04	06:44
49	1086	Maria João Neto	Individual	Senior Feminino	33:51	+13:16	06:46
50	1408	Neusa Oliveira	Individual	Senior Feminino	33:51	+13:16	06:46
51	1058	Paula Caetano	Individual	Senior Feminino	33:55	+13:21	06:47
52	1014	Lílian Oliveira	Individual	Senior Feminino	33:56	+13:22	06:47
53	1391	Cátia Henriques	Individual	Senior Feminino	33:57	+13:22	06:47
54	1380	Catarina Costa	Individual	Senior Feminino	33:57	+13:22	06:47
55	1339	Rita Freitas	Individual	Senior Feminino	33:59	+13:24	06:48
56	1428	Natália Mendes	Individual	Senior Feminino	34:02	+13:27	06:48
57	1422	NATHÁLIA SILVA	Individual	Senior Feminino	34:10	+13:35	06:50
58	1440	Leonor Ribeiro Esteves	Individual	Senior Feminino	34:10	+13:36	06:50
59	1108	Rita Silva	Individual	Senior Feminino	34:15	+13:40	06:51
60	1273	Liliana Cardoso	Individual	Senior Feminino	34:22	+13:47	06:52
61	1094	Beatriz Novais	Individual	Senior Feminino	34:22	+13:47	06:52
62	1289	Lucie Silva	Individual	Senior Feminino	34:26	+13:51	06:53
63	1029	Ana Rego	Individual	Senior Feminino	34:26	+13:52	06:53
64	1078	Márcia Costa	Individual	Senior Feminino	34:28	+13:53	06:54
65	1088	Mariana Guerreiro	Individual	Senior Feminino	34:28	+13:54	06:54
66	1234	Lucia Oliveira	Individual	Senior Feminino	34:34	+14:00	06:55
67	1206	Maria José Oliveira	Individual	Senior Feminino	34:49	+14:14	06:58
68	1009	Joana Lopes	Individual	Senior Feminino	34:50	+14:15	06:58
69	1223	Inês Bessa	Individual	Senior Feminino	35:00	+14:26	07:00
70	1220	Rosa Fernandes	Individual	Senior Feminino	35:01	+14:27	07:00
71	1044	Sofia Navarro	Individual	Senior Feminino	35:05	+14:30	07:01
72	1037	Maria João Torres	Individual	Senior Feminino	35:11	+14:36	07:02
73	1097	Ana Rodrigues	Individual	Senior Feminino	35:12	+14:37	07:02
74	1067	Rita Monteiro	Individual	Senior Feminino	35:14	+14:39	07:03
75	1268	Rute Teixeira	Individual	Senior Feminino	35:14	+14:39	07:03
76	1272	Catarina Ribeiro	Individual	Senior Feminino	35:34	+14:59	07:07
77	1361	Cláudia Araujo	Individual	Senior Feminino	35:38	+15:04	07:08
78	1373	Angélica Santos	Individual	Senior Feminino	35:54	+15:19	07:11
79	1144	Carolina Alves	Individual	Senior Feminino	35:54	+15:20	07:11
80	1098	Orquídia Silva	Individual	Senior Feminino	35:58	+15:23	07:12
81	1099	Vania Leite	Individual	Senior Feminino	35:59	+15:24	07:12
82	1101	Ana Matos	Individual	Senior Feminino	35:59	+15:25	07:12
83	1377	Cátia Azevedo	Individual	Senior Feminino	36:00	+15:26	07:12
84	1149	Mércia Mendes	Individual	Senior Feminino	36:06	+15:31	07:13
85	1451	Maria Alves	Individual	Senior Feminino	36:07	+15:32	07:13

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86	1278	Leticia Martins	Individual	Senior Feminino	36:13	+15:38	07:15
87	1189	Francisca Fernandes	Individual	Senior Feminino	36:16	+15:41	07:15
88	1059	Catarina Silva	Individual	Senior Feminino	36:16	+15:42	07:15
89	1008	Beatriz Peres	Individual	Senior Feminino	36:17	+15:42	07:15
90	1242	Vera Martins	Individual	Senior Feminino	36:25	+15:50	07:17
91	1066	Beatriz Monteiro	Individual	Senior Feminino	36:26	+15:52	07:17
92	1328	Margarida Oliveira	Individual	Senior Feminino	36:27	+15:52	07:17
93	1109	Liliana Mendes	Individual	Senior Feminino	36:29	+15:54	07:18
94	1201	Ângela Freitas	Individual	Senior Feminino	36:30	+15:56	07:18
95	1023	Inês Azevedo	Individual	Senior Feminino	36:38	+16:03	07:20
96	1430	Irina Oliveira	Individual	Senior Feminino	36:38	+16:03	07:20
97	1427	Irene Almeida	Individual	Senior Feminino	36:38	+16:04	07:20
98	1042	Gabriela Machado	Individual	Senior Feminino	36:39	+16:04	07:20
99	1229	SONIA FERNANDES	Individual	Senior Feminino	36:41	+16:07	07:20
100	1074	Isabela Vale	Individual	Senior Feminino	36:44	+16:09	07:21
101	1295	Ondina Rodrigues	Individual	Senior Feminino	36:52	+16:17	07:22
102	1338	Marta Magalhães	Individual	Senior Feminino	36:55	+16:21	07:23
103	1197	Zita Vieira da Silva	Individual	Senior Feminino	36:57	+16:22	07:23
104	1198	Diana Rodrigues	Individual	Senior Feminino	36:57	+16:22	07:23
105	1153	Inês Sampaio	Individual	Senior Feminino	36:57	+16:23	07:23
106	1222	Alice Silva	Individual	Senior Feminino	36:57	+16:23	07:23
107	1356	Josefa Teixeira	Individual	Senior Feminino	36:58	+16:23	07:24
108	1362	Maria João Araujo	Individual	Senior Feminino	36:58	+16:23	07:24
109	1246	Ângela Pereira	Individual	Senior Feminino	36:58	+16:23	07:24
110	1314	Ana Barroso	Individual	Senior Feminino	36:58	+16:24	07:24
111	1185	ANA LUISA SANTOS	Individual	Senior Feminino	36:59	+16:24	07:24
112	1079	Marcela Pinho	Individual	Senior Feminino	37:12	+16:37	07:26
113	1158	Diana Ribeiro	Individual	Senior Feminino	37:14	+16:40	07:27
114	1228	HELENA RODRIGUES	Individual	Senior Feminino	37:15	+16:41	07:27
115	1283	Mariana Lage	Individual	Senior Feminino	37:19	+16:45	07:28
116	1352	Giovanna da Conceição Gomes	Individual	Senior Feminino	37:22	+16:47	07:28
117	1175	José Rodrigues	Individual	Senior Feminino	37:30	+16:55	07:30
118	1146	Vera Castro	Individual	Senior Feminino	37:36	+17:01	07:31
119	1209	Maria Gonçalves	Individual	Senior Feminino	37:37	+17:02	07:31
120	1216	Ana Costa	Individual	Senior Feminino	37:39	+17:04	07:32
121	1417	PAULA ARAÚJO	Individual	Senior Feminino	37:44	+17:10	07:33
122	1214	Jéssica Castaneda	Individual	Senior Feminino	37:45	+17:10	07:33
123	1131	Beatriz Ribeiro	Individual	Senior Feminino	37:45	+17:10	07:33
124	1038	Cátia Carvalho	Individual	Senior Feminino	37:47	+17:13	07:33
125	1405	Julia Bielak	Individual	Senior Feminino	37:48	+17:13	07:34
126	1294	Rosário Cardoso	Individual	Senior Feminino	37:53	+17:18	07:35
127	1230	FILIPA GONÇALVES	Individual	Senior Feminino	37:53	+17:18	07:35
128	1236	Fatima Pereira	Individual	Senior Feminino	37:55	+17:20	07:35
129	1202	Anabela Portilha	Individual	Senior Feminino	37:56	+17:21	07:35
130	1203	Mafalda Portilha	Individual	Senior Feminino	37:56	+17:21	07:35
131	1241	Inês Garcia	Individual	Senior Feminino	37:58	+17:23	07:36

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132	1208	Valentina Ivanchuk	Individual	Senior Feminino	38:00	+17:26	07:36
133	1205	Shakhlo RAKHMANKULOVA	Individual	Senior Feminino	38:00	+17:26	07:36
134	1300	Alla Geysun	Individual	Senior Feminino	38:01	+17:26	07:36
135	1210	Ana isabel Fernandes	Individual	Senior Feminino	38:10	+17:35	07:38
136	1436	Patrícia Costa	Individual	Senior Feminino	38:10	+17:36	07:38
137	1188	Raquel Faria	Individual	Senior Feminino	38:11	+17:37	07:38
138	1027	Patrícia Oliveira	Individual	Senior Feminino	38:12	+17:37	07:38
139	1426	PATRÍCIA TEIXEIRA	Individual	Senior Feminino	38:22	+17:48	07:40
140	1062	Susana Ribeiro	Individual	Senior Feminino	38:23	+17:48	07:41
141	1063	Monica Ribeiro	Individual	Senior Feminino	38:23	+17:48	07:41
142	1323	Cláudia Sampaio	Individual	Senior Feminino	38:28	+17:53	07:42
143	1119	Ana Pinto	Individual	Senior Feminino	38:34	+17:59	07:43
144	1051	Elisabete Clara Rodrigues Rodrigues	Individual	Senior Feminino	38:54	+18:19	07:47
145	1071	Sónia Fernandes	Individual	Senior Feminino	38:57	+18:22	07:47
146	1083	Renata Teixeira	Individual	Senior Feminino	38:59	+18:24	07:48
147	1145	Maria Inês Mendes	Individual	Senior Feminino	39:04	+18:29	07:49
148	1169	Quiteria Fonseca	Individual	Senior Feminino	39:13	+18:38	07:51
149	1137	Bárbara Oliveira	Individual	Senior Feminino	39:14	+18:39	07:51
150	1341	Maria Teixeira	Individual	Senior Feminino	39:15	+18:40	07:51
151	1174	Leonor Machado	Individual	Senior Feminino	39:15	+18:40	07:51
152	1345	Sara Martins	Individual	Senior Feminino	39:16	+18:41	07:51
153	1452	Maria Oliveira	Individual	Senior Feminino	39:22	+18:47	07:52
154	1015	Joana Melo	Individual	Senior Feminino	39:23	+18:48	07:53
155	1128	Bárbara Soares	Individual	Senior Feminino	39:23	+18:48	07:53
156	1017	Vânia Lima	Individual	Senior Feminino	39:23	+18:48	07:53
157	1129	Sofia Teixeira	Individual	Senior Feminino	39:23	+18:49	07:53
158	1255	Ilídia Vale	Individual	Senior Feminino	39:33	+18:59	07:55
159	1340	Sandrina Matos	Individual	Senior Feminino	39:35	+19:01	07:55
160	1296	Tatiana Hashevska	Individual	Senior Feminino	39:36	+19:02	07:55
161	1090	Branca Faria	Individual	Senior Feminino	39:42	+19:07	07:56
162	1093	Cláudia Alves	Individual	Senior Feminino	39:42	+19:07	07:56
163	1309	Luisa Silva	Individual	Senior Feminino	39:43	+19:09	07:57
164	1132	Bahar Feizollahbeigi	Individual	Senior Feminino	39:52	+19:18	07:58
165	1048	Margarida Vale	Individual	Senior Feminino	39:56	+19:21	07:59
166	1161	Bárbara Machado	Individual	Senior Feminino	40:06	+19:31	08:01
167	1368	Daniela Nogueira	Individual	Senior Feminino	40:19	+19:44	08:04
168	1292	Vânia Couto	Individual	Senior Feminino	40:28	+19:54	08:06
169	1164	Fatima Peixoto	Individual	Senior Feminino	40:29	+19:54	08:06
170	1316	Sandra Machado	Individual	Senior Feminino	40:40	+20:05	08:08
171	1257	Márcia Silva	Individual	Senior Feminino	40:41	+20:06	08:08
172	1342	Eduardo Pinto	Individual	Senior Feminino	40:52	+20:17	08:10
173	1217	Carolina Barros	Individual	Senior Feminino	40:59	+20:24	08:12
174	1215	Claudia Silva	Individual	Senior Feminino	41:06	+20:32	08:13
175	1154	Sofia Fernandes	Individual	Senior Feminino	41:24	+20:49	08:17
176	1006	Diana Azevedo	Individual	Senior Feminino	41:44	+21:09	08:21
177	1116	Verónica Ferreira	Individual	Senior Feminino	41:50	+21:15	08:22

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178	1227	CARLA MENDES	Individual	Senior Feminino	41:52	+21:18	08:22
179	1026	Larissa Gonçalves	Individual	Senior Feminino	42:00	+21:25	08:24
180	1335	Marta Ferreira	Individual	Senior Feminino	42:05	+21:30	08:25
181	1355	Teresa Reis	Individual	Senior Feminino	42:06	+21:31	08:25
182	1344	Verónica Martins	Individual	Senior Feminino	42:06	+21:31	08:25
183	1429	Maria Azevedo	Individual	Senior Feminino	42:32	+21:57	08:30
184	1319	Jennifer Pahl	Individual	Senior Feminino	42:36	+22:02	08:31
185	1232	Margarida Alves	Individual	Senior Feminino	42:37	+22:03	08:31
186	1032	Cynthia Pamela Ortega Espinosa	Individual	Senior Feminino	42:40	+22:06	08:32
187	1096	Diana Cardoso	Individual	Senior Feminino	42:56	+22:21	08:35
188	1225	Giovanna Boaventura	Individual	Senior Feminino	43:00	+22:26	08:36
189	1114	Daniela Machado	Individual	Senior Feminino	43:22	+22:47	08:40
190	1173	Ângela Abreu	Individual	Senior Feminino	43:27	+22:52	08:41
191	1077	Tânia Oliveira	Individual	Senior Feminino	43:32	+22:57	08:42
192	1195	Margarida Santos	Individual	Senior Feminino	43:33	+22:59	08:43
193	1416	Daniela Faria	Individual	Senior Feminino	43:37	+23:03	08:43
194	1299	Leticia Azevedo	Individual	Senior Feminino	43:59	+23:24	08:48
195	1301	Catarina Azevedo	Individual	Senior Feminino	44:07	+23:33	08:49
196	1123	Sónia Matos	Individual	Senior Feminino	44:10	+23:36	08:50
197	1331	Danielle Lacerda	Individual	Senior Feminino	44:25	+23:50	08:53
198	1122	Keyth Andressa Soares da Silva	Individual	Senior Feminino	44:38	+24:03	08:56
199	1080	Francisca Fonte	Individual	Senior Feminino	44:41	+24:06	08:56
200	1250	Luisa roriz mendes	Individual	Senior Feminino	44:41	+24:06	08:56
201	1194	Isabel Mendes	Individual	Senior Feminino	44:44	+24:09	08:57
202	1326	Cristina Pastor	Individual	Senior Feminino	45:05	+24:31	09:01
203	1287	Simone Pereira	Individual	Senior Feminino	45:07	+24:32	09:01
204	1147	Jessica Castro	Individual	Senior Feminino	45:38	+25:03	09:08
205	1061	Anne Neves	Individual	Senior Feminino	47:47	+27:12	09:33
206	1121	Maria Gomes	Individual	Senior Feminino	48:38	+28:04	09:44
207	1367	Sara Castro	Individual	Senior Feminino	48:40	+28:05	09:44
208	1277	Joana Fernandes	Individual	Senior Feminino	50:51	+30:17	10:10
209	1253	Gisela Maria Domingos	Individual	Senior Feminino	51:09	+30:34	10:14

Senior Masculino

1	1449	Leonardo Oliveira	Individual	Senior Masculino	16:55		03:23
2	1262	Nuno Gabriel Sousa	Individual	Senior Masculino	18:10	+01:14	03:38
3	1237	André Lemos	Individual	Senior Masculino	18:14	+01:18	03:39
4	1115	Flávio Costa	Individual	Senior Masculino	18:17	+01:21	03:39
5	1297	Jorge mendes	Individual	Senior Masculino	18:51	+01:55	03:46
6	1443	DINIS MENDES	ELCT	Senior Masculino	19:32	+02:36	03:54
7	1136	Pedro Silva	Individual	Senior Masculino	19:40	+02:44	03:56
8	1133	Sérgio Maia	Individual	Senior Masculino	19:53	+02:58	03:59
9	1306	FÁBIO FARIA	Individual	Senior Masculino	19:54	+02:59	03:59
10	1045	Romário Pinho	Individual	Senior Masculino	20:14	+03:18	04:03
11	1264	Hermegildo Ferreira	Individual	Senior Masculino	20:21	+03:25	04:04

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12	1082	Antonio Ribeiro	Individual	Senior Masculino	20:30	+03:35	04:06
13	1395	Ricardo Torres	Individual	Senior Masculino	20:31	+03:35	04:06
14	1265	Eduardo Pereira	Individual	Senior Masculino	20:37	+03:41	04:07
15	1263	João Silva	Individual	Senior Masculino	20:47	+03:52	04:09
16	1394	Simão Monteiro	Individual	Senior Masculino	20:54	+03:58	04:11
17	1447	SALVADOR FERNANDES	ELCT	Senior Masculino	21:02	+04:06	04:12
18	1327	André Fernandes	Individual	Senior Masculino	21:28	+04:32	04:18
19	1450	Vitor Lopes	Individual	Senior Masculino	21:40	+04:45	04:20
20	1020	Hugo Félix	Individual	Senior Masculino	22:07	+05:12	04:25
21	1247	Christophe Fernandes	Individual	Senior Masculino	22:24	+05:28	04:29
22	1130	Marcelo Teixeira	Individual	Senior Masculino	22:28	+05:32	04:30
23	1141	Gilberto Souza	Individual	Senior Masculino	23:11	+06:15	04:38
24	1142	Miguel Ângelo Mendes Pacheco	Individual	Senior Masculino	23:51	+06:55	04:46
25	1199	Cristiano Fernandes	Individual	Senior Masculino	23:58	+07:02	04:48
26	1302	Gaspar Fernandes	Individual	Senior Masculino	24:15	+07:19	04:51
27	1448	MARTIM PEREIRA	ELCT	Senior Masculino	24:24	+07:29	04:53
28	1400	Rui Costa	Individual	Senior Masculino	24:30	+07:34	04:54
29	1349	Paulo Leite	Individual	Senior Masculino	24:45	+07:50	04:57
30	1382	Rodrigo Ferreira	Individual	Senior Masculino	26:30	+09:34	05:18
31	1415	André Coelho Lima	Individual	Senior Masculino	26:48	+09:52	05:22
32	1304	Miguel Silva	Individual	Senior Masculino	27:08	+10:12	05:26
33	1437	Joaquim Quintas	Individual	Senior Masculino	28:24	+11:28	05:41
34	1435	Paulo Machado	Individual	Senior Masculino	28:31	+11:35	05:42
35	1204	André Graça	Individual	Senior Masculino	28:55	+11:59	05:47
36	1444	Francisco Daniel Leite Azevedo	Individual	Senior Masculino	29:09	+12:13	05:50
37	1140	Antonio Monteiro	Individual	Senior Masculino	29:26	+12:30	05:53
38	1425	JOSÉ NOBRE	Individual	Senior Masculino	29:48	+12:52	05:58
39	1212	Francisco Monteiro	Individual	Senior Masculino	29:51	+12:55	05:58
40	1148	Amadeu Carvalho	Individual	Senior Masculino	29:54	+12:58	05:59
41	1424	RICARDO SILVEIRA	Individual	Senior Masculino	30:05	+13:10	06:01
42	1104	António Ferreira	Individual	Senior Masculino	30:06	+13:10	06:01
43	1034	António Silva	Individual	Senior Masculino	30:14	+13:18	06:03
44	1156	Leonardo Machado	Individual	Senior Masculino	30:23	+13:27	06:05
45	1419	MATHEUS GATO	Individual	Senior Masculino	30:26	+13:31	06:05
46	1111	Diogo Castro	Individual	Senior Masculino	30:33	+13:37	06:07
47	1150	Duarte Carvalho	Individual	Senior Masculino	30:36	+13:41	06:07
48	1360	Afonso Dias	Individual	Senior Masculino	30:53	+13:58	06:11
49	1239	Arnaldo Silva	Individual	Senior Masculino	31:00	+14:04	06:12
50	1190	Jose Pereira	Individual	Senior Masculino	31:09	+14:13	06:14
51	1385	Vasco castro	Individual	Senior Masculino	31:10	+14:15	06:14
52	1414	António Galvão	Individual	Senior Masculino	31:28	+14:32	06:18
53	1407	Wojt Rzeszow	Individual	Senior Masculino	31:30	+14:34	06:18
54	1285	Ricardo Freitas	Individual	Senior Masculino	31:31	+14:36	06:18
55	1110	Tiago Gonçalves	Individual	Senior Masculino	31:32	+14:36	06:18
56	1343	Abílio Mendes	Individual	Senior Masculino	31:51	+14:55	06:22
57	1251	Guilherme Castro	Individual	Senior Masculino	31:51	+14:55	06:22

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58	1238	Vasco Ferreira	Individual	Senior Masculino	31:54	+14:58	06:23
59	1365	Tiago Correia	Individual	Senior Masculino	31:56	+15:00	06:23
60	1371	Francisco Mendes	Individual	Senior Masculino	31:57	+15:01	06:23
61	1441	PEDRO FREITAS	ELCT	Senior Masculino	32:00	+15:05	06:24
62	1165	Antonio Fernandes	Individual	Senior Masculino	32:06	+15:11	06:25
63	1413	João Diogo Faria	Individual	Senior Masculino	32:09	+15:13	06:26
64	1127	Carlos Piairo	Individual	Senior Masculino	32:20	+15:24	06:28
65	1321	Rui Fernandes	Individual	Senior Masculino	32:30	+15:34	06:30
66	1256	Francesco Mastrapasqua	Individual	Senior Masculino	32:33	+15:38	06:31
67	1162	Andre Silva	Individual	Senior Masculino	32:50	+15:54	06:34
68	1358	António Machado	Individual	Senior Masculino	32:54	+15:58	06:35
69	1388	Guilherme Lopes	Individual	Senior Masculino	32:55	+15:59	06:35
70	1155	Francisco Sousa	Individual	Senior Masculino	32:56	+16:00	06:35
71	1180	Mário Silva	Individual	Senior Masculino	33:00	+16:05	06:36
72	1276	António Oliveira	Individual	Senior Masculino	33:03	+16:07	06:37
73	1117	Diogo Teixeira	Individual	Senior Masculino	33:03	+16:08	06:37
74	1245	Rafael Soares	Individual	Senior Masculino	33:13	+16:17	06:39
75	1231	André Pontes	Individual	Senior Masculino	33:14	+16:18	06:39
76	1244	Rui Soares	Individual	Senior Masculino	33:17	+16:21	06:39
77	1279	João Oliveira	Individual	Senior Masculino	33:22	+16:27	06:40
78	1007	Vitor Oliveira	Individual	Senior Masculino	33:26	+16:30	06:41
79	1286	Eduardo Xavier	Individual	Senior Masculino	33:28	+16:33	06:42
80	1002	Bruno Lopes	Individual	Senior Masculino	33:29	+16:33	06:42
81	1432	Fábio Dias	Individual	Senior Masculino	33:30	+16:34	06:42
82	1453	Atleta 1453	Individual	Senior Masculino	33:32	+16:36	06:42
83	1019	José Fernandes	Individual	Senior Masculino	33:45	+16:49	06:45
84	1003	Soon Khei	Individual	Senior Masculino	33:46	+16:51	06:45
85	1050	Rui Freitas	Individual	Senior Masculino	33:46	+16:51	06:45
86	1170	Rui Alves	Individual	Senior Masculino	33:59	+17:03	06:48
87	1442	Vitor Paulo sequeira Esteves	Individual	Senior Masculino	34:10	+17:15	06:50
88	1240	Ernesto Gonçalves	Individual	Senior Masculino	34:11	+17:16	06:50
89	1106	Armindo Pereira	Individual	Senior Masculino	34:20	+17:24	06:52
90	1290	Luís Silva	Individual	Senior Masculino	34:26	+17:30	06:53
91	1322	Barac Pedreira	Individual	Senior Masculino	34:28	+17:32	06:54
92	1159	Oswaldo Fernandes	Individual	Senior Masculino	34:30	+17:35	06:54
93	1166	Pedro Cunha	Individual	Senior Masculino	34:31	+17:35	06:54
94	1375	Luís Silva	Individual	Senior Masculino	34:39	+17:43	06:56
95	1336	João Fernandes	Individual	Senior Masculino	34:39	+17:43	06:56
96	1381	Rui Pires da cal	Individual	Senior Masculino	34:43	+17:47	06:57
97	1384	Diogo Silva	Individual	Senior Masculino	34:50	+17:54	06:58
98	1000	Diogo Pinto	Individual	Senior Masculino	34:52	+17:56	06:58
99	1010	Rui Cunha	Individual	Senior Masculino	34:52	+17:57	06:58
100	1118	Francisco Pinto	Individual	Senior Masculino	35:20	+18:24	07:04
101	1033	José Manuel Pérez Castillo	Individual	Senior Masculino	35:26	+18:30	07:05
102	1219	José Silva	Individual	Senior Masculino	35:26	+18:31	07:05
103	1271	Rai Teixeira	Individual	Senior Masculino	35:32	+18:36	07:06

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5 Km

5 KM

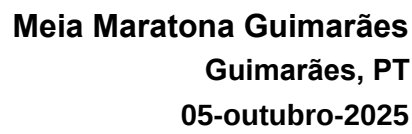
[illegible]

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[illegible]

104	1412	João Faria	Individual	Senior Masculino	35:32	+18:36	07:06
105	1163	José Sousa	Individual	Senior Masculino	35:44	+18:48	07:09
106	1143	José Ferreira	Individual	Senior Masculino	35:53	+18:57	07:11
107	1372	Francsico Mendes	Individual	Senior Masculino	35:55	+18:59	07:11
108	1418	SÉRGIO PEREIRA	Individual	Senior Masculino	35:56	+19:00	07:11
109	1100	Fabio Oliveira	Individual	Senior Masculino	36:00	+19:04	07:12
110	1410	Amirmahdi Zarghami	Individual	Senior Masculino	36:19	+19:23	07:16
111	1226	Pedro Teixeira	Individual	Senior Masculino	36:25	+19:30	07:17
112	1303	Carlos Costa	Individual	Senior Masculino	36:33	+19:38	07:19
113	1235	Francisco Silva	Individual	Senior Masculino	36:37	+19:42	07:19
114	1431	Alexandre Silva	Individual	Senior Masculino	36:38	+19:42	07:20
115	1107	Micael Carmo	Individual	Senior Masculino	36:44	+19:49	07:21
116	1291	Ricardo Silva	Individual	Senior Masculino	37:20	+20:24	07:28
117	1445	Fernando Ricardo Oliveira Azevedo	Individual	Senior Masculino	37:20	+20:24	07:28
118	1281	Filipe Freitas	Individual	Senior Masculino	37:21	+20:25	07:28
119	1353	Miguel Halfeld Magalhães de Oliveira	Individual	Senior Masculino	37:21	+20:26	07:28
120	1324	Firmino Lopes	Individual	Senior Masculino	37:34	+20:39	07:31
121	1337	Fernando Merino	Individual	Senior Masculino	38:09	+21:13	07:38
122	1186	Ricardo Dias	Individual	Senior Masculino	38:28	+21:32	07:42
123	1243	Rui Pedro Peixoto	Individual	Senior Masculino	38:54	+21:59	07:47
124	1052	Joaquim Sá	Individual	Senior Masculino	38:54	+21:59	07:47
125	1455	Atleta 1455	Individual	Senior Masculino	38:59	+22:04	07:48
126	1139	Afonso Monteiro	Individual	Senior Masculino	39:04	+22:08	07:49
127	1168	Antonio Fonseca	Individual	Senior Masculino	39:13	+22:17	07:51
128	1138	João Pedro Cunha	Individual	Senior Masculino	39:14	+22:18	07:51
129	1454	Atleta 1454	Individual	Senior Masculino	39:29	+22:34	07:54
130	1379	Ricardo Lopes	Individual	Senior Masculino	39:40	+22:44	07:56
131	1398	Sebastião Sousa	Individual	Senior Masculino	39:40	+22:45	07:56
132	1399	Pedro Ferreira	Individual	Senior Masculino	39:41	+22:45	07:56
133	1420	ALBERSON MÁRQUEZ	Individual	Senior Masculino	39:47	+22:51	07:57
134	1043	Gabriel Machado	Individual	Senior Masculino	39:53	+22:58	07:59
135	1252	Gustavo Castro	Individual	Senior Masculino	39:56	+23:00	07:59
136	1167	João Oliveira	Individual	Senior Masculino	40:06	+23:11	08:01
137	1305	Gonçalo Costa	Individual	Senior Masculino	40:58	+24:02	08:12
138	1005	Tiago Martins	Individual	Senior Masculino	41:44	+24:49	08:21
139	1125	Manuel Matos	Individual	Senior Masculino	41:56	+25:00	08:23
140	1126	Nelson Silva	Individual	Senior Masculino	41:57	+25:01	08:23
141	1157	Rui Oliveira	Individual	Senior Masculino	42:00	+25:05	08:24
142	1325	Jorge Vitorino	Individual	Senior Masculino	42:28	+25:33	08:30
143	1390	Miguel Lopes	Individual	Senior Masculino	42:48	+25:53	08:34
144	1224	Luiz Boaventura	Individual	Senior Masculino	43:00	+26:05	08:36
145	1298	Filipe Vaz da Cunha	Individual	Senior Masculino	44:06	+27:11	08:49
146	1124	Julio Cartucho	Individual	Senior Masculino	44:13	+27:18	08:51
147	1060	Ruan Siqueira	Individual	Senior Masculino	47:47	+30:51	09:33
148	1369	Óscar Barros	Individual	Senior Masculino	48:40	+31:44	09:44

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149	1254	Carlos roberto firmino	Individual	Senior Masculino	51:08	+34:12	10:14
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