

MEIA MARATONA - STAGE 1

21,097 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:45	13,8°C	82%
End	12:31	14,8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1036	Bernardo Rocha	s. c. salgueiros	Senior Masculino	01:04:32		03:04
2	200	SAID AMEQRANE	gdrc ponterrolense	Senior Masculino	01:04:49	+00:16	03:04
3	1037	Miguel Ribeiro	s. c. salgueiros	Veterano M35	01:05:01	+00:28	03:05
4	116	Wilson Cabral	clube de atletismo olímpico vianense	Senior Masculino	01:07:04	+02:32	03:11
5	1090	Carlos costa	vizela corre	Veterano M35	01:07:06	+02:33	03:11
6	195	Vitor Oliveira	gdc guilhovai	Veterano M40	01:07:09	+02:36	03:11
7	3	Joao Almeida	recreio desportivo de águeda	Senior Masculino	01:07:57	+03:25	03:13
8	878	Artur Fortes	joão silva ccr praia de mira	Senior Masculino	01:08:56	+04:24	03:16
9	19	Filipe Ferreira	acr vale de cambra	Veterano M35	01:11:27	+06:54	03:23
10	117	Miguel Meira	clube de atletismo olímpico vianense	Veterano M45	01:11:41	+07:09	03:24
11	547	Bruno Pereira	individual	Veterano M35	01:11:45	+07:13	03:24
12	443	Steven Sá	individual	Senior Masculino	01:11:46	+07:14	03:24
13	112	SERGIO PAIVA	clube atletismo de ovar	Veterano M35	01:11:59	+07:27	03:25
14	108	David Pedrosa	centro de atletismo de seia	Senior Masculino	01:12:01	+07:29	03:25
15	475	Solange Jesus	individual	Veterana F35	01:12:05	+07:33	03:25
16	665	Paulo morais	individual	Veterano M40	01:12:28	+07:56	03:26
17	159	CARLOS COSTA	ev/peraltafil	Senior Masculino	01:12:46	+08:13	03:27
18	194	Daniel Sousa	gdc guilhovai	Veterano M35	01:12:56	+08:23	03:27
19	1051	Tiago Rosas	sporting clube de espinho / antónio leitão	Senior Masculino	01:15:33	+11:01	03:35
20	1056	Rui Santos	sporting clube de espinho / antónio leitão	Veterano M50	01:15:47	+11:15	03:36
21	687	Tiago Faria	individual	Veterano M40	01:16:25	+11:53	03:37
22	839	Mário Carreira	individual	Veterano M55	01:16:33	+12:01	03:38
23	166	PAULO PINTO	ev/peraltafil	Veterano M45	01:17:28	+12:55	03:40
24	313	Daniel da Costa Calvão	individual	Senior Masculino	01:18:26	+13:53	03:43
25	66	César Almeida	bobadelas running team	Veterano M40	01:18:49	+14:16	03:44
26	397	Milton César Miranda dos Santos	individual	Senior Masculino	01:18:53	+14:21	03:44
27	120	Manuel Sousa Alves	clube de campismo	Veterano M60	01:18:55	+14:23	03:44
28	332	Filipe Marques Ferreira	individual	Senior Masculino	01:18:59	+14:26	03:45
29	1089	André Natário	vizela corre	Senior Masculino	01:19:13	+14:41	03:45
30	496	Rafaela Fonseca	individual	Veterana F40	01:19:15	+14:43	03:45
31	233	jose afonso	hsantamariart	Veterano M45	01:19:22	+14:50	03:46
32	693	André oliveira	individual	Veterano M45	01:20:03	+15:30	03:48
33	681	Rui Amador	individual	Veterano M40	01:20:07	+15:35	03:48
34	179	Mário Ibarra	g.d.a ronda	Veterano M35	01:20:12	+15:40	03:48
35	409	Pedro Magolo	individual	Senior Masculino	01:20:16	+15:43	03:48
36	560	Ivan Ermolaev	individual	Veterano M35	01:20:22	+15:49	03:49
37	661	Nuno Martins	individual	Veterano M40	01:20:24	+15:52	03:49
38	1054	Nuno Pais	sporting clube de espinho / antónio leitão	Veterano M40	01:20:31	+15:58	03:49
39	643	Joao Canedo	individual	Veterano M40	01:20:31	+15:59	03:49
40	639	Ignacio Vilas Eguileta	individual	Veterano M40	01:21:03	+16:30	03:50
41	376	Junior hartman	individual	Senior Masculino	01:21:14	+16:42	03:51

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	968	Cristian Gonçalves	núcleo sportinguista ilha terceira	Veterano M35	01:21:30	+16:57	03:52
43	559	Hugo Antunes	individual	Veterano M35	01:21:37	+17:05	03:52
44	125	Joana Nunes	clube desportivo são salvador do campo	Veterana F40	01:21:44	+17:12	03:52
45	119	Luis Silva	clube de campismo	Veterano M45	01:21:46	+17:14	03:53
46	710	Helder Costa	individual	Veterano M45	01:21:57	+17:25	03:53
47	207	Pedro Duarte	grupo desportivo 3 santos populares - carregal do sal	Veterano M40	01:22:08	+17:36	03:54
48	1050	Miguel Marques	sporting clube de espinho / antónio leitão	Senior Masculino	01:22:09	+17:37	03:54
49	602	Rui Santos	individual	Veterano M35	01:22:13	+17:40	03:54
50	115	Paulo Ferreira	clube de atletismo de ferreira do zêzere	Veterano M45	01:22:29	+17:56	03:55
51	208	Renato Figueiredo	grupo desportivo 3 santos populares - carregal do sal	Veterano M45	01:22:35	+18:02	03:55
52	33	JOAO PEREIRA	afis/ovar	Veterano M60	01:22:40	+18:07	03:55
53	209	Daniel Fernando Rocha Cardoso	grupo desportivo e cultural de castelo de paiva	Veterano M35	01:22:44	+18:12	03:55
54	696	Augusto Lopes	individual	Veterano M45	01:22:52	+18:20	03:56
55	623	Cristiano Silva	individual	Veterano M40	01:22:53	+18:21	03:56
56	729	Miguel Lopes	individual	Veterano M45	01:22:58	+18:25	03:56
57	101	Fernando Santos	casa do povo de mangualde	Veterano M50	01:23:05	+18:33	03:56
58	63	Domingos Martins	blip	Veterano M35	01:23:09	+18:37	03:56
59	62	Inês Pinto	blip	Senior Feminino	01:23:09	+18:37	03:56
60	111	CARLA ALMEIDA	clube atletismo de ovar	Veterana F35	01:23:20	+18:48	03:57
61	50	Jorge Valente	arvor associação recreativa os veteranos d'ovar	Senior Masculino	01:23:26	+18:54	03:57
62	1014	Rui Pedro Moreira da Silva	run4pancakes	Veterano M40	01:23:35	+19:02	03:58
63	923	Renato Andrade	lusotufo	Senior Masculino	01:23:37	+19:05	03:58
64	20	António Pinto	acr vale de cambra	Veterano M55	01:23:43	+19:11	03:58
65	892	Daniel Jose Silva Barros	juventude cortegacense	Veterano M40	01:23:45	+19:13	03:58
66	743	Pedro Cardoso	individual	Veterano M45	01:23:47	+19:15	03:58
67	320	David Soares	individual	Senior Masculino	01:23:51	+19:19	03:58
68	110	Alexandra Oliveira	club sport marítimo	Senior Feminino	01:23:52	+19:20	03:59
69	667	Pedro Costa	individual	Veterano M40	01:23:55	+19:23	03:59
70	329	Fábio Fernandes Correia	individual	Senior Masculino	01:24:04	+19:32	03:59
71	580	Nuno Pinho	individual	Veterano M35	01:24:16	+19:43	04:00
72	444	Telmo Moura	individual	Senior Masculino	01:24:27	+19:54	04:00
73	402	Nuno Oliveira	individual	Senior Masculino	01:24:27	+19:55	04:00
74	94	RENATO SILVA	caldas são jorge sport clube	Veterano M55	01:24:33	+20:01	04:00
75	981	Hélder Brito	pac running academy	Senior Masculino	01:24:34	+20:02	04:01
76	810	Victor Correia	individual	Veterano M50	01:24:35	+20:02	04:01
77	702	Cláudio Fonseca	individual	Veterano M45	01:24:35	+20:02	04:01
78	716	Jorge Saraiva Alves	individual	Veterano M45	01:24:36	+20:04	04:01
79	413	Pedro Reis	individual	Senior Masculino	01:24:37	+20:05	04:01
80	1040	Américo Valente	serviços sociais culturais dos trabalhadores do município de ovar	Veterano M60	01:24:46	+20:14	04:01
81	113	THIAGO PINTO	clube atletismo de ovar	Veterano M40	01:24:50	+20:18	04:01
82	543	Avelino Silva	individual	Veterano M35	01:24:52	+20:20	04:01
83	193	Sandra Ferreira	gdc guilhovai	Veterana F45	01:24:57	+20:25	04:02
84	335	Francisco Paiva	individual	Senior Masculino	01:25:12	+20:39	04:02

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1057	Augusto Aluai	sporting clube de espinho / antónio leitão	Veterano M55	01:25:17	+20:45	04:03
86	21	Sabina Neca	acrsd	Veterana F45	01:25:21	+20:48	04:03
87	882	SAMUEL SANTIAGO	jota barbosa interiores	Veterano M35	01:25:35	+21:03	04:03
88	845	Pedro Marques	individual	Veterano M55	01:25:43	+21:11	04:04
89	738	Paulo Noormahomed	individual	Veterano M45	01:25:47	+21:15	04:04
90	877	gilberto costa	javalis100limites	Veterano M45	01:26:00	+21:28	04:05
91	53	Vitor Azevedo	associação figueiredo's runners	Veterano M50	01:26:01	+21:29	04:05
92	1068	Fernando Gonçalves	the mountain goat	Veterano M55	01:26:04	+21:32	04:05
93	168	José Silva	ev/peraltafil	Veterano M55	01:26:18	+21:46	04:05
94	368	Jose Almeida	individual	Senior Masculino	01:26:25	+21:53	04:06
95	87	Ricardo Pais	caldas são jorge sport clube	Veterano M35	01:26:25	+21:53	04:06
96	404	Paulo Camboa	individual	Senior Masculino	01:26:40	+22:08	04:06
97	214	Diamantino Martins	grupo desportivo recreativo juventude das ribeiras	Veterano M45	01:26:46	+22:14	04:07
98	212	André Cruz	grupo desportivo recreativo juventude das ribeiras	Veterano M40	01:26:48	+22:15	04:07
99	548	Bruno Vaz	individual	Veterano M35	01:27:00	+22:28	04:07
100	749	Ricardo Jorge	individual	Veterano M45	01:27:05	+22:33	04:08
101	167	Manuel Ferreira	ev/peraltafil	Veterano M50	01:27:16	+22:43	04:08
102	713	Hugo Filipe Marques da Silva	individual	Veterano M45	01:27:22	+22:49	04:08
103	569	João Soares	individual	Veterano M35	01:27:23	+22:50	04:08
104	141	GIOVANNI DIAZ	dar recardães	Veterano M40	01:27:25	+22:53	04:09
105	201	Ricardo Belinha	gdsपो	Veterano M40	01:27:25	+22:53	04:09
106	689	Vitor felix	individual	Veterano M40	01:27:27	+22:54	04:09
107	562	João Adérito	individual	Veterano M35	01:27:34	+23:02	04:09
108	1086	FILIFE OLIVEIRA	vitória s.c.	Veterano M55	01:27:35	+23:03	04:09
109	1081	THOMAS FREITAS	vitória s.c.	Senior Masculino	01:27:40	+23:08	04:09
110	739	Paulo Tavares	individual	Veterano M45	01:27:43	+23:10	04:09
111	360	João Campos	individual	Senior Masculino	01:27:45	+23:12	04:10
112	12	carlos silva	a.d.nós acreditamos	Veterano M55	01:27:47	+23:14	04:10
113	679	Ricardo Meireles	individual	Veterano M40	01:28:03	+23:31	04:10
114	996	Luís Teixeira	powerrun	Veterano M40	01:28:13	+23:41	04:11
115	931	Sérgio Pinto da Mota	lusotufo	Veterano M40	01:28:15	+23:43	04:11
116	619	Carlos Fernandes	individual	Veterano M40	01:28:20	+23:47	04:11
117	302	Antonio Ratola	individual	Senior Masculino	01:28:21	+23:48	04:11
118	311	Clemente Santos	individual	Senior Masculino	01:28:35	+24:03	04:12
119	41	Bruno Oliveira	arada atletico clube	Veterano M45	01:28:35	+24:03	04:12
120	103	João Pedro Ferreira Moita	ccd matosinhos	Veterano M40	01:28:41	+24:09	04:12
121	375	Josué Marques	individual	Senior Masculino	01:28:49	+24:16	04:13
122	672	Pedro Pinto	individual	Veterano M40	01:28:49	+24:17	04:13
123	899	Gonçalo Nuno Silva Antunes	kemedo team	Veterano M35	01:28:52	+24:20	04:13
124	930	Fabio Samuel Silva Pinto	lusotufo	Veterano M35	01:28:56	+24:24	04:13
125	437	Rui Pinto	individual	Senior Masculino	01:28:58	+24:26	04:13
126	1064	josé carlos santos	team el comandante	Veterano M55	01:29:06	+24:34	04:13
127	774	Daniel Ferreira	individual	Veterano M50	01:29:15	+24:43	04:14
128	56	Ricardo Silva	atletismo clube da tocha	Veterano M45	01:29:16	+24:44	04:14
129	959	Paulo Bandalho	night runners feira	Veterano M55	01:29:16	+24:44	04:14

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	703	Daniel Machado	individual	Veterano M45	01:29:19	+24:47	04:14
131	683	Rui Dias	individual	Veterano M40	01:29:28	+24:56	04:14
132	399	Nuno costa	individual	Senior Masculino	01:29:31	+24:59	04:15
133	440	Sérgio Coelho	individual	Senior Masculino	01:29:36	+25:03	04:15
134	658	Miguel Bernardo	individual	Veterano M40	01:29:42	+25:10	04:15
135	817	António Ribeiro	individual	Veterano M55	01:29:43	+25:11	04:15
136	708	Gonçalo Filipe Lóio Martins Pereira	individual	Veterano M45	01:29:47	+25:15	04:15
137	652	José Santos	individual	Veterano M40	01:29:47	+25:15	04:15
138	844	Pedro França	individual	Veterano M55	01:29:51	+25:18	04:16
139	575	Márcio Manuel Reis Machado	individual	Veterano M35	01:29:52	+25:19	04:16
140	220	Francisco Alves	gtr	Veterano M40	01:29:54	+25:21	04:16
141	29	JOSE FIGUEIREDO	afis/ovar	Veterano M55	01:29:56	+25:23	04:16
142	565	João Malheiro	individual	Veterano M35	01:30:06	+25:34	04:16
143	449	Valter Rafael Jesus Leite Soares	individual	Senior Masculino	01:30:12	+25:40	04:17
144	655	Luís Pinheiro Loureiro	individual	Veterano M40	01:30:19	+25:46	04:17
145	289	Sara Raquel Ferreira Oliveira	individual	Senior Feminino	01:30:20	+25:48	04:17
146	382	Luís Jorge	individual	Senior Masculino	01:30:23	+25:51	04:17
147	659	Nuno Filipe Carvalho da Silva	individual	Veterano M40	01:30:38	+26:06	04:18
148	787	Jose Miguel Pereira	individual	Veterano M50	01:30:40	+26:08	04:18
149	39	Aline Santos	apef	Veterana F45	01:30:42	+26:09	04:18
150	881	José carlos Vieira Fonseca	jomi runners	Veterano M35	01:30:46	+26:13	04:18
151	327	Eliseu Laranjeira	individual	Senior Masculino	01:30:46	+26:14	04:18
152	419	Renato Pereira	individual	Senior Masculino	01:30:51	+26:18	04:18
153	215	Emanuel Santos	grupo desportivo recreativo juventude das ribeiras	Veterano M45	01:30:54	+26:21	04:19
154	1033	Marco soares	running espinho	Veterano M45	01:30:54	+26:22	04:19
155	735	Paulo Castro	individual	Veterano M45	01:30:56	+26:24	04:19
156	1076	Daniel Almeida	viseu 360º	Senior Masculino	01:31:00	+26:27	04:19
157	593	Ricardo Andrés Neves dos Santos	individual	Veterano M35	01:31:00	+26:28	04:19
158	762	Vítor Loureiro	individual	Veterano M45	01:31:02	+26:29	04:19
159	1048	Ricardo Machado	sport clube freamunde	Veterano M60	01:31:10	+26:38	04:19
160	954	Fábio Almeida	night runners feira	Senior Masculino	01:31:12	+26:40	04:19
161	309	Cláudio Cunha	individual	Senior Masculino	01:31:13	+26:41	04:19
162	506	Dulce Silva	individual	Veterana F45	01:31:19	+26:46	04:20
163	806	Pedro Silva	individual	Veterano M50	01:31:20	+26:48	04:20
164	830	Joaquim Silva	individual	Veterano M55	01:31:21	+26:49	04:20
165	895	Ernesto Marques Alves	juventude cortegacense	Veterano M55	01:31:22	+26:50	04:20
166	65	Luis Oliveira	boavista fc	Senior Masculino	01:31:22	+26:50	04:20
167	180	Carlos Fazendeiro	g.d.a ronda	Veterano M60	01:31:29	+26:57	04:20
168	731	Nuno Helder Teixeira da Costa	individual	Veterano M45	01:31:31	+26:59	04:20
169	76	Fernando Cruz	brandoenses running	Veterano M45	01:31:36	+27:03	04:20
170	52	Mário Carapinheiro	associação académica de coimbra	Veterano M60	01:31:37	+27:05	04:21
171	17	Vítor Santos	acail gas	Veterano M50	01:31:39	+27:07	04:21
172	131	Belmiro Pereira	costilha running team	Veterano M35	01:31:41	+27:09	04:21

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	132	João Henrique	costilha running team	Veterano M35	01:31:41	+27:09	04:21
174	699	CARLOS RODRIGUES	individual	Veterano M45	01:32:00	+27:27	04:22
175	2	JOAQUIM NETO	os falta d'ar	Veterano M50	01:32:03	+27:30	04:22
176	1066	André Calix	ten team	Senior Masculino	01:32:05	+27:33	04:22
177	432	Rui Dias	individual	Senior Masculino	01:32:08	+27:36	04:22
178	841	nuno cáceres	individual	Veterano M55	01:32:10	+27:38	04:22
179	388	Marco Pires	individual	Senior Masculino	01:32:17	+27:44	04:22
180	356	Ivo Soares	individual	Senior Masculino	01:32:27	+27:55	04:23
181	296	André Correia	individual	Senior Masculino	01:32:27	+27:55	04:23
182	1061	Diogo Melo	team el comandante	Veterano M35	01:32:28	+27:56	04:23
183	752	Ricardo Sérgio	individual	Veterano M45	01:32:29	+27:57	04:23
184	795	Paulo Alexandre de Sousa Carneiro	individual	Veterano M50	01:32:29	+27:57	04:23
185	786	José Marques	individual	Veterano M50	01:32:34	+28:02	04:23
186	1082	FILIPE SOUSA	vitória s.c.	Veterano M35	01:32:37	+28:05	04:23
187	196	Paulo Lages	gdcastelense	Veterano M40	01:32:44	+28:12	04:24
188	820	Francisco Manuel Nunes de Oliveira	individual	Veterano M55	01:32:46	+28:13	04:24
189	598	Rogério Leal	individual	Veterano M35	01:32:48	+28:16	04:24
190	1072	Domingos Lopes	vila de prado a correr	Veterano M45	01:32:50	+28:18	04:24
191	540	Andre mota	individual	Veterano M35	01:32:51	+28:19	04:24
192	431	Rui Alves	individual	Senior Masculino	01:32:53	+28:21	04:24
193	387	Marco Pinto	individual	Senior Masculino	01:32:57	+28:25	04:24
194	874	CARLOS BAPTISTA	jam - juventude atlética mozelense	Veterano M60	01:33:05	+28:33	04:25
195	1062	PEDRO SILVA	team el comandante	Veterano M35	01:33:08	+28:35	04:25
196	348	Hugo Cardoso	individual	Senior Masculino	01:33:12	+28:40	04:25
197	61	Pedro Guimarães	barra oceans runners	Veterano M55	01:33:19	+28:47	04:25
198	725	Luís Mendes	individual	Veterano M45	01:33:26	+28:54	04:26
199	555	Flávio Silva	individual	Veterano M35	01:33:27	+28:55	04:26
200	571	José Miguel Quelhas	individual	Veterano M35	01:33:27	+28:55	04:26
201	914	Leonel Videira	lobos do brunheiro de chaves / anteros	Veterano M35	01:33:29	+28:56	04:26
202	1069	Pedro Santos	trail - grupo desportivo de trancoso	Veterano M45	01:33:34	+29:02	04:26
203	1038	José Lopes	sc coimbrões /equipa a	Veterano M45	01:33:34	+29:02	04:26
204	648	Jorge Filipe Moreira Ramos	individual	Veterano M40	01:33:34	+29:02	04:26
205	138	Carlos Ferreira	csrdc santiago	Veterano M35	01:33:41	+29:09	04:26
206	694	António Magalhães	individual	Veterano M45	01:33:48	+29:16	04:27
207	95	Manuel Valente	caldas são jorge sport clube	Veterano M60	01:33:50	+29:18	04:27
208	592	Rafael Bravo	individual	Veterano M35	01:33:51	+29:18	04:27
209	1084	RUI GONÇALVES	vitória s.c.	Veterano M40	01:33:53	+29:21	04:27
210	323	Dmytro Karpov	individual	Senior Masculino	01:33:56	+29:24	04:27
211	439	Samuel Alves	individual	Senior Masculino	01:33:57	+29:24	04:27
212	162	RAFAEL JESUS	ev/peraltafil	Senior Masculino	01:33:59	+29:27	04:27
213	316	Daniel Maia	individual	Senior Masculino	01:34:04	+29:31	04:28
214	1005	Paulo pereira	reumaticos	Veterano M50	01:34:05	+29:33	04:28
215	675	Ricardo Almeida	individual	Veterano M40	01:34:07	+29:35	04:28
216	451	Vasco Miranda	individual	Senior Masculino	01:34:09	+29:37	04:28
217	44	João Silva	arcd venda da luísa	Veterano M35	01:34:13	+29:41	04:28

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	370	José Couto	individual	Senior Masculino	01:34:18	+29:46	04:28
219	30	JOSE GODINHO	afis/ovar	Veterano M55	01:34:26	+29:54	04:29
220	234	paulo machado	hsantamariart	Veterano M45	01:34:32	+30:00	04:29
221	106	Custodio da Silva Coutinho	cdc paradela do vouga	Veterano M60	01:34:37	+30:04	04:29
222	943	MIGUEL FILIPE SOUSA PINTO	m&m	Veterano M35	01:34:53	+30:21	04:30
223	563	João Alves	individual	Veterano M35	01:34:56	+30:24	04:30
224	715	Joaquim leal	individual	Veterano M45	01:34:56	+30:24	04:30
225	130	Davide Ribeiro	costilha running team	Senior Masculino	01:34:59	+30:26	04:30
226	784	José Dias	individual	Veterano M50	01:35:05	+30:33	04:30
227	887	Xavier Oliveira Barros	juventude cortegacense	Senior Masculino	01:35:10	+30:37	04:31
228	35	Guilherme Martins	agenor runners	Veterano M50	01:35:10	+30:38	04:31
229	216	Jorge Marinho	grupo desportivo recreativo juventude das ribeiras	Veterano M55	01:35:19	+30:47	04:31
230	618	Bruno Silva	individual	Veterano M40	01:35:20	+30:48	04:31
231	77	José Santos	brandoenses running	Veterano M60	01:35:21	+30:49	04:31
232	811	Vitor Araujo	individual	Veterano M50	01:35:33	+31:00	04:32
233	616	Artur Vieira	individual	Veterano M40	01:35:40	+31:07	04:32
234	319	David Rego	individual	Senior Masculino	01:35:40	+31:08	04:32
235	965	João Costa	núcleo de corrida solveverde	Veterano M40	01:35:45	+31:13	04:32
236	609	Vitor Simões	individual	Veterano M35	01:35:45	+31:13	04:32
237	238	Humberto Neves	ímpar running team	Veterano M45	01:35:49	+31:17	04:33
238	205	LÍDIA PEREIRA	grecas - vagos	Veterana F55	01:35:55	+31:22	04:33
239	586	Pedro Batista	individual	Veterano M35	01:36:11	+31:39	04:34
240	150	Paulo Pinheiro	dive into the mountain	Veterano M55	01:36:22	+31:50	04:34
241	455	Wilson Almeida	individual	Senior Masculino	01:36:25	+31:53	04:34
242	218	Paulo Maia	grupo oscacer	Veterano M50	01:36:26	+31:54	04:34
243	315	Daniel Lopes	individual	Senior Masculino	01:36:29	+31:57	04:34
244	181	Rui Graça	gaia-running	Senior Masculino	01:36:33	+32:00	04:35
245	359	João Araújo	individual	Senior Masculino	01:36:34	+32:01	04:35
246	840	Miguel Macieira	individual	Veterano M55	01:36:37	+32:04	04:35
247	1080	Pedro Miguel Laranjo	viseu 360º	Veterano M55	01:36:40	+32:08	04:35
248	1077	João Sá	viseu 360º	Senior Masculino	01:36:40	+32:08	04:35
249	104	Carlos Fernandes	ccd matosinhos	Veterano M45	01:36:45	+32:13	04:35
250	118	Gustavo Lima	clube de campismo	Senior Masculino	01:36:46	+32:14	04:35
251	47	Miguel Fonseca Monteiro	arsm - associação recreativa de s. miguel	Senior Masculino	01:36:52	+32:20	04:35
252	105	Fernando Remelgado	ccd siemens	Veterano M45	01:36:54	+32:22	04:36
253	1010	Pedro Miranda	run4pancakes	Senior Masculino	01:36:56	+32:24	04:36
254	51	José Carlos Simões	associação académica de coimbra	Veterano M50	01:37:11	+32:39	04:36
255	203	António Almeida	gira sol	Veterano M50	01:37:13	+32:41	04:36
256	340	Gonçalo Martins	individual	Senior Masculino	01:37:20	+32:48	04:37
257	1063	Paulo Lopes	team el comandante	Veterano M40	01:37:25	+32:52	04:37
258	1060	Marcia Almeida	team el comandante	Senior Feminino	01:37:25	+32:53	04:37
259	274	Laura Silva	individual	Senior Feminino	01:37:25	+32:53	04:37
260	363	João Paulo Almeida de Pinho e Silva	individual	Senior Masculino	01:37:40	+33:08	04:38
261	991	Vasco Lino	pernas de pau velozes	Senior Masculino	01:37:46	+33:14	04:38

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	471	Maria Manuela Alves Santos	individual	Veterana F35	01:37:50	+33:18	04:38
263	676	Ricardo Doria Duarte	individual	Veterano M40	01:37:53	+33:20	04:38
264	164	HELDER PIRES	ev/peraltafil	Veterano M35	01:37:54	+33:22	04:38
265	163	CRISTIANA SANTOS	ev/peraltafil	Veterana F35	01:37:55	+33:23	04:38
266	835	José Miguel Lopes Gonçalves	individual	Veterano M55	01:37:55	+33:23	04:38
267	343	Gonçalo Tavares da Costa	individual	Senior Masculino	01:38:11	+33:39	04:39
268	723	JP GRINÉ	individual	Veterano M45	01:38:15	+33:43	04:39
269	838	Manuel Rocha	individual	Veterano M55	01:38:21	+33:49	04:40
270	660	Nuno Francisco	individual	Veterano M40	01:38:26	+33:54	04:40
271	290	Sofia Dias	individual	Senior Feminino	01:38:27	+33:54	04:40
272	421	Ricardo Guedes	individual	Senior Masculino	01:38:28	+33:56	04:40
273	748	Ricardo Américo Eiras Ribeiro Capitão	individual	Veterano M45	01:38:30	+33:58	04:40
274	133	Jorge Gonzaga	costilha running team	Veterano M40	01:38:35	+34:03	04:40
275	71	Leandro Soares	bouça alta - running	Veterano M40	01:38:37	+34:05	04:40
276	321	Diogo Antunes da Silva Marques	individual	Senior Masculino	01:38:44	+34:11	04:41
277	812	Vitor Manuel Mendes Lemos	individual	Veterano M50	01:38:50	+34:18	04:41
278	714	Joao Scott	individual	Veterano M45	01:38:51	+34:18	04:41
279	135	JOEL SILVA	cr candoso	Veterano M40	01:38:51	+34:18	04:41
280	1085	PAULO ABREU	vitória s.c.	Veterano M50	01:38:51	+34:18	04:41
281	601	Rui Neves	individual	Veterano M35	01:38:53	+34:21	04:41
282	956	Fabio Azevedo	night runners feira	Veterano M35	01:38:55	+34:23	04:41
283	60	Ricardo Vicente	barra oceans runners	Veterano M45	01:38:58	+34:26	04:41
284	384	Marcelo Abreu Maciel	individual	Senior Masculino	01:39:00	+34:28	04:42
285	632	Filipe Valente Duarte	individual	Veterano M40	01:39:01	+34:29	04:42
286	791	Miguel Nunes	individual	Veterano M50	01:39:05	+34:33	04:42
287	584	Óscar Mendes	individual	Veterano M35	01:39:06	+34:33	04:42
288	176	André Coelho	furadourotrail	Veterano M35	01:39:06	+34:34	04:42
289	624	Daniel Marques	individual	Veterano M40	01:39:09	+34:37	04:42
290	395	Miguel Santos	individual	Senior Masculino	01:39:10	+34:38	04:42
291	519	Bela Ferraz	individual	Veterana F50	01:39:12	+34:40	04:42
292	645	João Ribeiro	individual	Veterano M40	01:39:16	+34:44	04:42
293	670	Pedro Melo	individual	Veterano M40	01:39:21	+34:49	04:43
294	1088	FRANCISCO NOVAIS	vitória s.c.	Veterano M60	01:39:22	+34:49	04:43
295	459	Cátia Costa	individual	Veterana F35	01:39:23	+34:50	04:43
296	988	Rita Alves	pernas de pau velozes	Senior Feminino	01:39:30	+34:58	04:43
297	726	Manuel Lopes	individual	Veterano M45	01:39:34	+35:02	04:43
298	695	António Maia	individual	Veterano M45	01:39:36	+35:03	04:43
299	542	António Coentrão	individual	Veterano M35	01:39:43	+35:11	04:44
300	227	Pedro Martins	h-raky	Veterano M45	01:39:43	+35:11	04:44
301	724	Luis Machado	individual	Veterano M45	01:39:50	+35:18	04:44
302	434	Rui Magalhães	individual	Senior Masculino	01:40:00	+35:27	04:44
303	650	José Augusto Soares Monteiro	individual	Veterano M40	01:40:00	+35:28	04:44
304	239	José Gonçalves	ímpar running team	Veterano M50	01:40:02	+35:29	04:44
305	236	miguel sousa	hsantamariart	Veterano M50	01:40:02	+35:30	04:45
306	853	Carlos Matos	individual	Veterano M60	01:40:10	+35:38	04:45

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
307	93	Fernando Costa	individual	Veterano M50	01:40:12	+35:40	04:45
308	674	Rafael Gonçalves	individual	Veterano M40	01:40:12	+35:40	04:45
309	393	Miguel Figueiredo	individual	Senior Masculino	01:40:13	+35:40	04:45
310	721	José Moreira	individual	Veterano M45	01:40:14	+35:42	04:45
311	318	David Craveiro	individual	Senior Masculino	01:40:21	+35:49	04:45
312	744	Pedro Ferreira	individual	Veterano M45	01:40:23	+35:51	04:46
313	88	Samuel Marques	caldas são jorge sport clube	Veterano M35	01:40:24	+35:52	04:46
314	97	Bruno Ribeiro	canucos	Veterano M35	01:40:26	+35:53	04:46
315	152	Paulo Azevedo	energy runners	Veterano M50	01:40:28	+35:56	04:46
316	778	Jaime Castro	individual	Veterano M50	01:40:30	+35:58	04:46
317	364	João Pedro Pinho	individual	Senior Masculino	01:40:32	+35:59	04:46
318	499	Salomé Mourisco	individual	Veterana F40	01:40:34	+36:02	04:46
319	566	João Manuel Oliveira Lima	individual	Veterano M35	01:40:41	+36:09	04:46
320	873	Francisco Fernandes	jam - juventude atlética mozelense	Veterano M40	01:40:43	+36:11	04:46
321	605	Tomás Castro	individual	Veterano M35	01:40:43	+36:11	04:46
322	386	Marco Martins	individual	Senior Masculino	01:40:44	+36:12	04:46
323	773	Claudio Brito	individual	Veterano M50	01:40:45	+36:12	04:47
324	717	Jorge Xará	individual	Veterano M45	01:40:45	+36:13	04:47
325	45	Basilio Simoes	arcd venda da luísa	Veterano M55	01:40:46	+36:14	04:47
326	803	Pedro Almeida	individual	Veterano M50	01:40:50	+36:17	04:47
327	796	Paulo Fernandes	individual	Veterano M50	01:40:52	+36:20	04:47
328	686	Sérgio Maia	individual	Veterano M40	01:40:55	+36:23	04:47
329	790	Miguel Leao	individual	Veterano M50	01:40:59	+36:27	04:47
330	15	Florbela Araujo	acail gas	Veterana F35	01:41:00	+36:28	04:47
331	527	Sandra Fonseca Gonçalo	individual	Veterana F50	01:41:02	+36:30	04:47
332	452	Vitor Hugo Batista	individual	Senior Masculino	01:41:03	+36:31	04:47
333	1083	Manuel Mendes	vitória s.c.	Veterano M35	01:41:03	+36:31	04:47
334	590	Pedro Ponciano	individual	Veterano M35	01:41:03	+36:31	04:47
335	476	Sónia Dias	individual	Veterana F35	01:41:10	+36:37	04:48
336	134	HÉLDER FARIA	cr candoso	Veterano M40	01:41:12	+36:40	04:48
337	441	Silvio Miguel Ferreira Bulhosa	individual	Senior Masculino	01:41:13	+36:40	04:48
338	594	Ricardo Matos	individual	Veterano M35	01:41:14	+36:42	04:48
339	720	José Melo	individual	Veterano M45	01:41:17	+36:45	04:48
340	189	Peter Silva	gaia-running	Veterano M50	01:41:18	+36:46	04:48
341	127	Alvaro Filipe Tomé Pinheiro	coimbra trail running	Veterano M40	01:41:20	+36:48	04:48
342	970	Luis Silva	núcleo sportinguista ilha terceira	Veterano M60	01:41:20	+36:48	04:48
343	664	Paulo Borges	individual	Veterano M40	01:41:21	+36:49	04:48
344	55	Orlando Ferreira	atletas do parque	Veterano M60	01:41:21	+36:49	04:48
345	945	Telmo Fernandes	manas das camélias	Veterano M45	01:41:22	+36:50	04:48
346	498	Rosália Sousa	individual	Veterana F40	01:41:25	+36:52	04:48
347	635	Helder pinto	individual	Veterano M40	01:41:25	+36:53	04:48
348	916	Luis Torres	luis torres	Veterano M50	01:41:32	+36:59	04:49
349	551	David Ferreira	individual	Veterano M35	01:41:34	+37:02	04:49
350	907	David Ferreira Brandão	lgg advisors	Senior Masculino	01:41:34	+37:02	04:49
351	304	Bruno Esteves	individual	Senior Masculino	01:41:40	+37:08	04:49
352	307	Bruno Rocha Silva	individual	Senior Masculino	01:41:42	+37:10	04:49

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	342	Gonalo Sousa Marques Ferreira da Silva	individual	Senior Masculino	01:41:42	+37:10	04:49
354	886	Rafael Sa Alves	juventude cortegacense	Senior Masculino	01:41:42	+37:10	04:49
355	325	Edgar Rodrigues	individual	Senior Masculino	01:41:51	+37:18	04:50
356	16	Luis Novo	acail gas	Veterano M35	01:41:55	+37:23	04:50
357	90	Hugo Santos	caldas so jorge sport clube	Veterano M40	01:41:57	+37:24	04:50
358	768	Antnio Silveira	individual	Veterano M50	01:42:00	+37:28	04:50
359	14	Ins Gonalves	acail gas	Senior Feminino	01:42:02	+37:30	04:50
360	804	Pedro coelho	individual	Veterano M50	01:42:02	+37:30	04:50
361	860	Herculano Cardoso	individual	Veterano M60	01:42:04	+37:31	04:50
362	1017	Jos Carlos Mendes Ferreira	run4pancakes	Veterano M50	01:42:09	+37:37	04:51
363	537	Adam Lunn	individual	Veterano M35	01:42:12	+37:40	04:51
364	306	Bruno Ribeiro	individual	Senior Masculino	01:42:13	+37:40	04:51
365	89	Tiago Oliveira	caldas so jorge sport clube	Veterano M35	01:42:19	+37:47	04:51
366	870	Virglio Oliveira	individual	Veterano M60	01:42:21	+37:49	04:51
367	546	Bruno Fileno	individual	Veterano M35	01:42:21	+37:49	04:51
368	178	Virglio Neves	furadourotrail	Veterano M45	01:42:27	+37:55	04:51
369	483	Catarina Leite	individual	Veterana F40	01:42:28	+37:55	04:51
370	753	Ricky Matias	individual	Veterano M45	01:42:28	+37:56	04:51
371	776	Diogo Pereira	individual	Veterano M50	01:42:30	+37:57	04:51
372	825	Joo Castro	individual	Veterano M55	01:42:33	+38:01	04:52
373	585	Paulo Silva	individual	Veterano M35	01:42:45	+38:13	04:52
374	673	Pedro Silva Torres	individual	Veterano M40	01:42:54	+38:21	04:53
375	766	Antnio Lameira	individual	Veterano M50	01:42:55	+38:22	04:53
376	740	Paulo Vasconcelos	individual	Veterano M45	01:42:56	+38:24	04:53
377	373	Jose Miguel dos Santos Pilar	individual	Senior Masculino	01:42:57	+38:24	04:53
378	556	Francisco Silva	individual	Veterano M35	01:42:57	+38:24	04:53
379	211	Raquel Mota	grupo desportivo recreativo juventude das ribeiras	Veterana F40	01:42:57	+38:25	04:53
380	1028	Miguel Gouveia	running esmoriz	Veterano M50	01:42:58	+38:26	04:53
381	429	Rogrio Rodrigues	individual	Senior Masculino	01:42:59	+38:27	04:53
382	579	Nuno Martins	individual	Veterano M35	01:43:01	+38:29	04:53
383	1039	Paulo Ribeiro	sc coimbres /equipa a	Veterano M50	01:43:03	+38:30	04:53
384	819	FERNANDO AREZES	individual	Veterano M55	01:43:03	+38:31	04:53
385	961	Rui Coelho	no excuses	Veterano M60	01:43:07	+38:35	04:53
386	666	Paulo Vidal	individual	Veterano M40	01:43:11	+38:39	04:53
387	545	Bruno Flix	individual	Veterano M35	01:43:12	+38:40	04:54
388	554	Fbio Daniel da Silva Ferreira	individual	Veterano M35	01:43:13	+38:41	04:54
389	772	Carlos Rocha	individual	Veterano M50	01:43:14	+38:42	04:54
390	59	Diogo Ramos	barra oceans runners	Veterano M35	01:43:20	+38:47	04:54
391	1016	Paulo Fernandes	run4pancakes	Veterano M45	01:43:23	+38:50	04:54
392	170	Vicente Manuel Sousa Joo	fidelidade gdc	Veterano M55	01:43:24	+38:52	04:54
393	1007	Raul teixeira	reumaticos	Veterano M50	01:43:25	+38:52	04:54
394	561	Ivo Petiz	individual	Veterano M35	01:43:25	+38:53	04:54
395	577	Nuno Gonalves	individual	Veterano M35	01:43:27	+38:55	04:54
396	158	Jos Sousa	estrelas de portugal	Veterano M50	01:43:34	+39:02	04:55
397	896	Manuel Constantino Silva	juventude cortegacense	Veterano M60	01:43:38	+39:06	04:55

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
398	642	Ivo Santos	individual	Veterano M40	01:43:43	+39:10	04:55
399	156	FILIPE COUTO	espinho trail	Veterano M40	01:43:48	+39:16	04:55
400	72	Filipe Correia	bouça alta - running	Veterano M50	01:43:51	+39:18	04:55
401	722	José Salgueiro	individual	Veterano M45	01:43:52	+39:20	04:55
402	757	Rui Duarte	individual	Veterano M45	01:43:53	+39:20	04:55
403	514	Sara Nunes	individual	Veterana F45	01:43:53	+39:21	04:55
404	872	MATILDE BAPTISTA	jam - juventude atlética mozelense	Veterana F55	01:43:55	+39:22	04:56
405	336	Francisco Valente Bastos	individual	Senior Masculino	01:43:55	+39:23	04:56
406	691	Alexandre Gonçalves	individual	Veterano M45	01:44:02	+39:30	04:56
407	165	NUNO DAVID	ev/peraltafil	Veterano M35	01:44:09	+39:37	04:56
408	552	David Silva	individual	Veterano M35	01:44:10	+39:38	04:56
409	154	Maria Carvalho	escola atletismo de coimbra/jpaiva	Veterana F35	01:44:15	+39:43	04:56
410	13	Nélio Vieira	ac batalha	Senior Masculino	01:44:15	+39:43	04:57
411	328	Enoque Filipe dos Santos Guedes	individual	Senior Masculino	01:44:17	+39:44	04:57
412	333	Francisco Monteiro	individual	Senior Masculino	01:44:18	+39:45	04:57
413	888	Marlene Ferreira	juventude cortegacense	Veterana F40	01:44:23	+39:51	04:57
414	933	Márcio Filipe Alves Campelo	lusotufo	Veterano M45	01:44:28	+39:55	04:57
415	1006	Paulo ramos	reumaticos	Veterano M50	01:44:35	+40:02	04:57
416	736	Paulo Lacerda	individual	Veterano M45	01:44:44	+40:12	04:58
417	549	Carlos Simões	individual	Veterano M35	01:44:47	+40:15	04:58
418	297	André Ferreira	individual	Senior Masculino	01:44:53	+40:21	04:58
419	491	Joana FRANCO ROCHA	individual	Veterana F40	01:44:55	+40:23	04:58
420	604	Tiago Santos	individual	Veterano M35	01:44:59	+40:27	04:59
421	807	Rui Manuel da Rocha Ferreira	individual	Veterano M50	01:45:01	+40:28	04:59
422	91	Joaquim Lobato	caldas são jorge sport clube	Veterano M55	01:45:03	+40:30	04:59
423	503	Carla Fiadeiro	individual	Veterana F45	01:45:03	+40:30	04:59
424	668	Pedro Fiadeiro	individual	Veterano M40	01:45:03	+40:31	04:59
425	671	Pedro Miguel da Silva Pinheiro	individual	Veterano M40	01:45:07	+40:35	04:59
426	567	João Paulo da Silva Carvalho	individual	Veterano M35	01:45:08	+40:36	04:59
427	1092	Jorge Gonçalves	individual	Veterano M35	01:45:10	+40:38	04:59
428	79	Júlia Conceição	c.f. oliveira do douro	Veterana F55	01:45:12	+40:40	04:59
429	58	Flávia Pinho	barra oceans runners	Veterana F35	01:45:18	+40:46	04:59
430	656	Marco Pereira	individual	Veterano M40	01:45:20	+40:48	05:00
431	818	Artur Ferreira	individual	Veterano M55	01:45:21	+40:48	05:00
432	732	Nuno Miguel Vieira Ferreira	individual	Veterano M45	01:45:22	+40:50	05:00
433	979	Rui Pereira	os pereiras	Veterano M45	01:45:27	+40:55	05:00
434	596	Ricardo Rodrigues	individual	Veterano M35	01:45:27	+40:55	05:00
435	46	Maria João Matos Vieira	arsm - associação recreativa de s. miguel	Senior Feminino	01:45:29	+40:56	05:00
436	1004	Luis ramos	reumaticos	Veterano M45	01:45:30	+40:58	05:00
437	299	António França	individual	Senior Masculino	01:45:31	+40:59	05:00
438	779	João Almeida	individual	Veterano M50	01:45:33	+41:01	05:00
439	191	ILÍDIO SILVA	gaia-running	Veterano M60	01:45:34	+41:02	05:00
440	188	Pedro Costa	gaia-running	Veterano M50	01:45:34	+41:02	05:00
441	576	Nuno Fernandes	individual	Veterano M35	01:45:37	+41:05	05:00
442	620	Carlos Jesus	individual	Veterano M40	01:45:39	+41:06	05:00

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
443	682	Rui Cardoso	individual	Veterano M40	01:45:43	+41:10	05:01
444	936	Pedro Machado	lusotufo	Veterano M50	01:45:47	+41:15	05:01
445	941	Manuel Jorge Gomes Alves	lusotufo	Veterano M60	01:45:47	+41:15	05:01
446	466	Inês Delgado	individual	Veterana F35	01:45:49	+41:17	05:01
447	777	Fernando Santos	individual	Veterano M50	01:45:59	+41:26	05:01
448	175	Alexandre Santos	furadourotrail	Veterano M35	01:46:02	+41:30	05:02
449	92	Manuel da Silva	caldas são jorge sport clube	Veterano M55	01:46:05	+41:32	05:02
450	603	Tiago Ferreira Barbosa	individual	Veterano M35	01:46:08	+41:35	05:02
451	587	Pedro Diogo Castro	individual	Veterano M35	01:46:08	+41:36	05:02
452	374	José Pedro Ferreira	individual	Senior Masculino	01:46:09	+41:37	05:02
453	253	Catarina Silva	individual	Senior Feminino	01:46:10	+41:38	05:02
454	582	Nuno Sousa	individual	Veterano M35	01:46:12	+41:39	05:02
455	976	MANUEL FERREIRA	os falta d'ar	Veterano M45	01:46:19	+41:46	05:02
456	28	ARLINDO SILVA	afis/ovar	Veterano M50	01:46:23	+41:51	05:03
457	809	Rui Simões	individual	Veterano M50	01:46:23	+41:51	05:03
458	755	Rui Carvalho	individual	Veterano M45	01:46:25	+41:53	05:03
459	411	Pedro Oliveira	individual	Senior Masculino	01:46:34	+42:02	05:03
460	1011	Diana Ribeiro	run4pancakes	Veterana F40	01:46:37	+42:04	05:03
461	400	Nuno Dias	individual	Senior Masculino	01:46:41	+42:08	05:03
462	1021	Nuno Alvim	running esmoriz	Senior Masculino	01:46:41	+42:09	05:03
463	1013	Sofia Miranda	run4pancakes	Veterana F45	01:46:47	+42:15	05:04
464	733	Orlando Gonçalves	individual	Veterano M45	01:46:50	+42:17	05:04
465	349	Hugo Choupina	individual	Senior Masculino	01:46:54	+42:21	05:04
466	425	Roberto Santos	individual	Senior Masculino	01:46:57	+42:24	05:04
467	204	Adérito Curto	gira sol	Veterano M60	01:46:58	+42:25	05:04
468	969	Jorge. Silva	núcleo sportinguista ilha terceira	Veterano M50	01:47:06	+42:33	05:05
469	403	Nuno Rodrigo Pinto Martins	individual	Senior Masculino	01:47:06	+42:33	05:05
470	83	Francisca Sampaio Freitas	cães d'avenida	Veterana F50	01:47:10	+42:38	05:05
471	380	Luís Carlos Guedes Morais	individual	Senior Masculino	01:47:17	+42:44	05:05
472	707	Firmino Gomes	individual	Veterano M45	01:47:22	+42:50	05:05
473	775	Delfim Torres	individual	Veterano M50	01:47:23	+42:51	05:05
474	868	Rodrigo Alcino Dinis Rodrigues da c	individual	Veterano M60	01:47:27	+42:54	05:06
475	864	jose soares correia	individual	Veterano M60	01:47:36	+43:04	05:06
476	903	Carlos Araújo	kemedo team	Veterano M50	01:47:37	+43:05	05:06
477	250	Beatriz Figueiredo	individual	Senior Feminino	01:47:46	+43:14	05:07
478	550	Cristiano Matos de Jesus	individual	Veterano M35	01:47:49	+43:17	05:07
479	588	Pedro Fontes	individual	Veterano M35	01:47:50	+43:17	05:07
480	771	Carlos Bruno	individual	Veterano M50	01:47:54	+43:22	05:07
481	718	JOSE ANTÓNIO MOURÃO PINTO	individual	Veterano M45	01:47:55	+43:23	05:07
482	199	Luis Faria	gdr granja - trutas do mau	Veterano M50	01:47:58	+43:26	05:07
483	197	Isabel Oliveira	gdr granja - trutas do mau	Veterana F50	01:47:58	+43:26	05:07
484	418	Rafael Silva	individual	Senior Masculino	01:48:00	+43:28	05:07
485	850	Alvaro Silva	individual	Veterano M60	01:48:01	+43:29	05:07
486	824	João Bronze	individual	Veterano M55	01:48:04	+43:32	05:07
487	291	Teodora Marvakova	individual	Senior Feminino	01:48:11	+43:38	05:08

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
488	68	Rui Manuel Ferreira Silva	bombeiros esmoriz	Senior Masculino	01:48:14	+43:41	05:08
489	680	Ricardo Zangão	individual	Veterano M40	01:48:14	+43:42	05:08
490	950	Domingos Nogueira	moreira relax runners	Veterano M45	01:48:22	+43:50	05:08
491	591	Pierre Rodrigues da Silva	individual	Veterano M35	01:48:25	+43:52	05:08
492	433	Rui Feiteira	individual	Senior Masculino	01:48:35	+44:02	05:09
493	515	Sónia Gama	individual	Veterana F45	01:48:36	+44:04	05:09
494	719	José Ferreira	individual	Veterano M45	01:48:40	+44:08	05:09
495	1008	Zélia Rodrigues	run crew trail montijo	Veterana F55	01:48:44	+44:12	05:09
496	1026	Joaquim Cunha	running esmoriz	Veterano M50	01:48:46	+44:13	05:09
497	98	João Baptista	canucos	Veterano M35	01:48:49	+44:17	05:09
498	67	Rui Filipe Vieira Sousa	bombeiros esmoriz	Senior Masculino	01:48:51	+44:19	05:10
499	750	Ricardo Pina	individual	Veterano M45	01:48:52	+44:20	05:10
500	704	Daniel Melo	individual	Veterano M45	01:48:56	+44:23	05:10
501	802	Paulo Silva	individual	Veterano M50	01:48:59	+44:27	05:10
502	372	José Garrido	individual	Senior Masculino	01:49:08	+44:36	05:10
503	684	Rui Manuel Fernandes Pereira	individual	Veterano M40	01:49:08	+44:36	05:10
504	1020	VITOR LARANJEIRA	run4pancakes	Veterano M50	01:49:11	+44:39	05:11
505	1079	Ricardo Batista	viseu 360º	Veterano M45	01:49:15	+44:42	05:11
506	351	Hugo Neves	individual	Senior Masculino	01:49:17	+44:44	05:11
507	901	Hugo santos	kemedo team	Veterano M40	01:49:17	+44:45	05:11
508	312	Daniel Barros Branco	individual	Senior Masculino	01:49:20	+44:48	05:11
509	460	Cecília Mendonça	individual	Veterana F35	01:49:22	+44:49	05:11
510	539	André Meireles Ribeiro	individual	Veterano M35	01:49:25	+44:53	05:11
511	557	Frederico Monteiro	individual	Veterano M35	01:49:26	+44:54	05:11
512	292	Thais Azevedo	individual	Senior Feminino	01:49:30	+44:57	05:11
513	1047	André Relvas	sorema	Veterano M50	01:49:31	+44:59	05:11
514	947	Vera Ferreira	maratonistas do sofá	Veterana F35	01:49:35	+45:02	05:12
515	281	Mariana Salvador	individual	Senior Feminino	01:49:37	+45:04	05:12
516	326	Eduardo Gonçalves de Souza	individual	Senior Masculino	01:49:41	+45:09	05:12
517	921	João Pedro Pais Pinhão	lusotufu	Senior Masculino	01:49:48	+45:16	05:12
518	920	Filipe André da Cruz Évora	lusotufu	Senior Masculino	01:49:49	+45:16	05:12
519	190	Paulo Delgado	gaia-running	Veterano M55	01:49:50	+45:17	05:12
520	186	João Vieira	gaia-running	Veterano M35	01:49:50	+45:17	05:12
521	636	helder teixeira	individual	Veterano M40	01:49:52	+45:20	05:12
522	759	Rui Miguel Pinho Silva	individual	Veterano M45	01:49:52	+45:20	05:12
523	347	Hugo Cardoso	individual	Senior Masculino	01:49:54	+45:22	05:13
524	990	João Silva	pernas de pau velozes	Senior Masculino	01:49:55	+45:23	05:13
525	221	Nuno Gavinho	gtr	Veterano M40	01:49:58	+45:25	05:13
526	74	Vitor Pereira	bouça alta - running	Veterano M50	01:50:03	+45:31	05:13
527	442	Simão Pereira	individual	Senior Masculino	01:50:08	+45:36	05:13
528	911	Rui Machado	lobos	Veterano M40	01:50:09	+45:37	05:13
529	685	Sérgio Aleixo	individual	Veterano M40	01:50:12	+45:39	05:13
530	885	Diogo Alberto Santos Silva	juventude cortegacense	Senior Masculino	01:50:12	+45:40	05:13
531	31	JOSE TAVARES	afis/ovar	Veterano M55	01:50:18	+45:45	05:14
532	963	Xavier Fernandes	nozes	Veterano M45	01:50:23	+45:51	05:14
533	781	João Rodrigues	individual	Veterano M50	01:50:24	+45:51	05:14

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
534	394	Miguel Oliveira	individual	Senior Masculino	01:50:28	+45:55	05:14
535	494	Maria Peres Loureiro	individual	Veterana F40	01:50:28	+45:56	05:14
536	371	José Eduardo Ferreira Araújo	individual	Senior Masculino	01:50:30	+45:57	05:14
537	1025	Paulo Reis	running esmoriz	Veterano M45	01:50:33	+46:00	05:14
538	597	Ricardo silva	individual	Veterano M35	01:50:35	+46:02	05:14
539	121	Susana Vieira Dias	clube de montanhismo da guarda	Veterana F45	01:50:36	+46:04	05:15
540	366	João Silva	individual	Senior Masculino	01:50:38	+46:06	05:15
541	277	Maria Inês	individual	Senior Feminino	01:50:40	+46:08	05:15
542	634	Hans Dabó	individual	Veterano M40	01:50:42	+46:10	05:15
543	1034	António Rocha	runriver escola de atletismo de rio tinto	Veterano M45	01:50:48	+46:16	05:15
544	298	André Silva Mota	individual	Senior Masculino	01:50:51	+46:18	05:15
545	747	Pedro Sousa	individual	Veterano M45	01:50:55	+46:23	05:15
546	252	Catarina Pestana Aguiar	individual	Senior Feminino	01:50:56	+46:24	05:16
547	785	José Fernando de Jesus Almeida	individual	Veterano M50	01:51:01	+46:29	05:16
548	526	Sandra Arribança	individual	Veterana F50	01:51:03	+46:30	05:16
549	564	João Luís Santos Parreira	individual	Veterano M35	01:51:03	+46:31	05:16
550	412	Pedro Oliveira	individual	Senior Masculino	01:51:03	+46:31	05:16
551	574	Marcelo José Reis Oliveira Ramalho	individual	Veterano M35	01:51:05	+46:33	05:16
552	935	Luís Pinto	lusotufo	Veterano M50	01:51:12	+46:40	05:16
553	816	António Ferreira	individual	Veterano M55	01:51:13	+46:40	05:16
554	282	MELANIE MARTINHO	individual	Senior Feminino	01:51:17	+46:45	05:16
555	390	Marcos Martins	individual	Senior Masculino	01:51:19	+46:47	05:17
556	1071	Pedro Fernandes	união atletismo do porto	Veterano M45	01:51:19	+46:47	05:17
557	151	Olga Lopes	dr. runner	Veterana F55	01:51:25	+46:52	05:17
558	457	Alice Pinheiro	individual	Veterana F35	01:51:26	+46:54	05:17
559	1058	Sandra Simões	talentos objetivos	Veterana F45	01:51:38	+47:05	05:17
560	615	André Ramos	individual	Veterano M40	01:51:40	+47:07	05:18
561	287	Rita Pinho	individual	Senior Feminino	01:51:40	+47:07	05:18
562	228	Oscar Almeida	h-raky	Veterano M50	01:51:43	+47:11	05:18
563	426	Rodrigo Fernandes	individual	Senior Masculino	01:51:46	+47:14	05:18
564	401	Nuno Manso	individual	Senior Masculino	01:51:56	+47:24	05:18
565	224	Carlos Gavinho	gtr	Veterano M60	01:51:56	+47:24	05:18
566	222	Pedro Matos	gtr	Veterano M55	01:51:56	+47:24	05:18
567	82	Luísa Jervell	cães d'avenida	Veterana F45	01:51:57	+47:25	05:18
568	177	William Martínez	furadourotrail	Veterano M40	01:51:57	+47:25	05:18
569	912	Susana Maldonado	lobos do brunheiro de chaves / anteros	Senior Feminino	01:52:00	+47:28	05:19
570	75	Amadeu Pinto	bouça alta - running	Veterano M60	01:52:08	+47:36	05:19
571	800	paulo ribeiro	individual	Veterano M50	01:52:10	+47:37	05:19
572	801	Paulo Rolo	individual	Veterano M50	01:52:11	+47:38	05:19
573	70	Marcelo Teixeira Matos	botafogo	Veterano M45	01:52:14	+47:42	05:19
574	889	Lúcia Campos Costa	juventude cortegacense	Veterana F45	01:52:17	+47:45	05:19
575	890	Marcia Castro Costa	juventude cortegacense	Veterana F50	01:52:17	+47:45	05:19
576	279	Mariana Amaral Ventura Borges	individual	Senior Feminino	01:52:19	+47:47	05:19
577	438	Rui Teixeira	individual	Senior Masculino	01:52:22	+47:50	05:20

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
578	275	Liliana Oliveira Guerra	individual	Senior Feminino	01:52:24	+47:52	05:20
579	834	Jose Guilherme Parreiral	individual	Veterano M55	01:52:24	+47:52	05:20
580	383	Manuel Gomes	individual	Senior Masculino	01:52:25	+47:53	05:20
581	473	Patrícia Domingos	individual	Veterana F35	01:52:27	+47:54	05:20
582	1041	Helder Pereira	serviços sociais montepio	Veterano M45	01:52:31	+47:58	05:20
583	964	Kevin Silva	núcleo de corrida solveverde	Senior Masculino	01:52:31	+47:58	05:20
584	913	João Filipe Afonso Pereira Pires	lobos do brunheiro de chaves / anteros	Senior Masculino	01:52:33	+48:01	05:20
585	346	Hugo Alexandre Derriça da Silva	individual	Senior Masculino	01:52:33	+48:01	05:20
586	479	Ana Gandra	individual	Veterana F40	01:52:44	+48:12	05:21
587	337	Georgii Krivonosov	individual	Senior Masculino	01:52:47	+48:15	05:21
588	669	Pedro Martins	individual	Veterano M40	01:53:10	+48:38	05:22
589	799	Paulo Pinto	individual	Veterano M50	01:53:13	+48:41	05:22
590	541	Andre Veloso	individual	Veterano M35	01:53:14	+48:41	05:22
591	572	Jose Orlando Freitas	individual	Veterano M35	01:53:19	+48:46	05:22
592	99	Sandra Moreira	carregosa lowlanders	Veterana F40	01:53:20	+48:48	05:22
593	398	Nuno Bastos	individual	Senior Masculino	01:53:23	+48:50	05:22
594	153	Rui Russo dos Santos	erdinger haus	Veterano M60	01:53:25	+48:53	05:23
595	944	Cláudia Fernandes	manas das camélias	Veterana F50	01:53:27	+48:55	05:23
596	972	Carina Gouveia	o praticante.pt	Veterana F35	01:53:35	+49:03	05:23
597	436	Rui Pedro Vieira Gonçalves	individual	Senior Masculino	01:53:38	+49:06	05:23
598	182	Cristiana Macedo	gaia-running	Veterana F45	01:53:39	+49:07	05:23
599	653	Lourenço dos Reis dos Santos Júnior	individual	Veterano M40	01:53:41	+49:08	05:23
600	469	Liliana Ramos	individual	Veterana F35	01:53:42	+49:09	05:23
601	827	João Jorge	individual	Veterano M55	01:53:44	+49:12	05:23
602	955	Marcelo Vieira	night runners feira	Senior Masculino	01:53:48	+49:16	05:24
603	522	federica b	individual	Veterana F50	01:53:52	+49:20	05:24
604	734	Patrício Martins	individual	Veterano M45	01:53:55	+49:23	05:24
605	206	Rosário Miranda	grupo desportivo 3 santos populares - carregal do sal	Veterana F50	01:54:00	+49:27	05:24
606	948	António Novais	miles & vibes	Veterano M40	01:54:01	+49:29	05:24
607	975	Telmo Almeida Santos	os falta d'ar	Senior Masculino	01:54:03	+49:31	05:24
608	109	Alcides Sales	cirac - circulo de recreio arte e cultura	Veterano M60	01:54:04	+49:32	05:24
609	908	Nuno Nobre	lgg advisors	Senior Masculino	01:54:13	+49:40	05:25
610	485	Daniela Caetano De Sá	individual	Veterana F40	01:54:13	+49:40	05:25
611	967	António Magalhães	núcleo de corrida solveverde	Veterano M50	01:54:18	+49:45	05:25
612	423	Ricardo Seca	individual	Senior Masculino	01:54:20	+49:48	05:25
613	862	Hersant patrick	individual	Veterano M60	01:54:23	+49:51	05:25
614	57	Catarina Lopes	barra oceans runners	Senior Feminino	01:54:30	+49:58	05:26
615	389	Marco Sampaio	individual	Senior Masculino	01:54:30	+49:58	05:26
616	706	Filipe Ribeiro	individual	Veterano M45	01:54:33	+50:00	05:26
617	338	Germano José Almeida Vieira	individual	Senior Masculino	01:54:35	+50:02	05:26
618	454	Vítor Ribeiro	individual	Senior Masculino	01:54:38	+50:05	05:26
619	317	Daniel Patraboy	individual	Senior Masculino	01:54:43	+50:11	05:26
620	843	Paulo Moreira	individual	Veterano M55	01:54:45	+50:13	05:26

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
621	122	Narciso Arromba	clube de veteranos de coimbra -clube	Veterano M60	01:54:50	+50:17	05:27
622	847	Vítor Gonzas	individual	Veterano M55	01:55:00	+50:28	05:27
623	649	Jorge Gomes	individual	Veterano M40	01:55:02	+50:29	05:27
624	497	Raquel Zaragoza	individual	Veterana F40	01:55:03	+50:31	05:27
625	701	César Sousa	individual	Veterano M45	01:55:03	+50:31	05:27
626	884	Ana Rita Soares Bastos Valente	juventude cortegacense	Senior Feminino	01:55:12	+50:39	05:28
627	184	Joana Cadinha	gaia-running	Veterana F45	01:55:14	+50:42	05:28
628	458	Ariane Fontes	individual	Veterana F35	01:55:16	+50:44	05:28
629	612	Alberto Barroso	individual	Veterano M40	01:55:18	+50:46	05:28
630	392	Miguel Costa	individual	Senior Masculino	01:55:25	+50:53	05:28
631	185	Antónia Soares	gaia-running	Veterana F50	01:55:26	+50:53	05:28
632	813	Vítor Neto	individual	Veterano M50	01:55:26	+50:54	05:28
633	1027	Jorge Guerra	running esmoriz	Veterano M50	01:55:32	+50:59	05:29
634	265	Francisca Silva	individual	Senior Feminino	01:55:34	+51:02	05:29
635	40	Arnaldo Cardoso	arada atletico clube	Veterano M45	01:55:35	+51:03	05:29
636	918	Cátia Cunha Ribeiro	lusotufo	Senior Feminino	01:55:40	+51:08	05:29
637	919	Filipa Loureiro Pinto de Sá	lusotufo	Senior Feminino	01:55:40	+51:08	05:29
638	126	Paulo Oliveira Pinto	clube portugal telecom zona norte	Veterano M60	01:55:45	+51:13	05:29
639	909	Patricia Matos	linda-a-pastora sporting clube	Veterana F50	01:55:46	+51:14	05:29
640	511	Maria João Varela	individual	Veterana F45	01:55:49	+51:17	05:29
641	1078	Isabel Loureiro	viseu 360º	Veterana F40	01:55:51	+51:18	05:29
642	308	César Augusto Ferreira Oliveira	individual	Senior Masculino	01:55:57	+51:25	05:30
643	1043	Manuel Guedes	serviços sociais montepio	Veterano M50	01:55:58	+51:25	05:30
644	829	Joaquim Pereira	individual	Veterano M55	01:55:59	+51:27	05:30
645	765	Alfredo Roriz	individual	Veterano M50	01:55:59	+51:27	05:30
646	764	Agnelo Marques	individual	Veterano M50	01:55:59	+51:27	05:30
647	463	Filipa Barros	individual	Veterana F35	01:56:01	+51:29	05:30
648	183	Joana Barbosa	gaia-running	Veterana F45	01:56:03	+51:30	05:30
649	447	Tiago José Santos Silva	individual	Senior Masculino	01:56:08	+51:35	05:30
650	854	Carlos Manuel Oliveira e Silva	individual	Veterano M60	01:56:15	+51:42	05:31
651	986	Liliana Pereira	pace feminino	Veterana F40	01:56:16	+51:44	05:31
652	983	Ana Moreira	pace feminino	Veterana F35	01:56:16	+51:44	05:31
653	985	Joana Creissac	pace feminino	Veterana F40	01:56:20	+51:48	05:31
654	614	Álvaro Abreu	individual	Veterano M40	01:56:21	+51:48	05:31
655	737	Paulo Manuel Leitão Pereira	individual	Veterano M45	01:56:22	+51:50	05:31
656	36	Jairo Lourenço	alexianos	Veterano M40	01:56:23	+51:51	05:31
657	505	Cristiana Vanzeler	individual	Veterana F45	01:56:26	+51:54	05:31
658	129	Vítor M Cardoso	corre são joão	Veterano M55	01:56:32	+52:00	05:31
659	396	Miguel Simões	individual	Senior Masculino	01:56:42	+52:09	05:32
660	995	Pedro Rocha	petrus runners	Senior Masculino	01:56:47	+52:15	05:32
661	416	Rafael Marques	individual	Senior Masculino	01:56:47	+52:15	05:32
662	629	Fausto Emanuel Forte dos Reis	individual	Veterano M40	01:56:49	+52:16	05:32
663	971	Ana Chipelo	o praticante.pt	Senior Feminino	01:56:50	+52:17	05:32
664	174	Catarina Sofia Cruz Jorge	furadourotrail	Veterana F35	01:56:50	+52:18	05:32

21,097 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	16 / 22	generate 11-mai.-2025 12:37
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21,097 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	17 / 22	generate 11-mai.-2025 12:37
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MEIA MARATONA - STAGE 1

21,097 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
752	530	Helena Maria Fernandes da Silva	individual	Veterana F55	02:01:52	+57:20	05:47
753	922	Jorge da Silva	lusotufo	Senior Masculino	02:01:58	+57:25	05:47
754	269	Joana Campos	individual	Senior Feminino	02:02:04	+57:32	05:47
755	270	Joana Fonseca	individual	Senior Feminino	02:02:04	+57:32	05:47
756	929	Diogo Costa	lusotufo	Veterano M35	02:02:35	+58:03	05:49
757	244	Ana Dias	individual	Senior Feminino	02:02:37	+58:05	05:49
758	928	Regina Costa	lusotufo	Veterana F35	02:02:53	+58:21	05:49
759	880	João Mendonça	joca	Senior Masculino	02:03:00	+58:28	05:50
760	102	Duarte Pinto	ccd matosinhos	Veterano M40	02:03:03	+58:31	05:50
761	927	Mariana Magalhães	lusotufo	Veterana F35	02:03:04	+58:32	05:50
762	482	Carla Nascimento	individual	Veterana F40	02:03:05	+58:33	05:50
763	11	Miguel Monteiro	a&m dental clinic	Veterano M35	02:03:08	+58:36	05:50
764	264	Francisca Rosas	individual	Senior Feminino	02:03:10	+58:37	05:50
765	341	Gonçalo Silva Santos	individual	Senior Masculino	02:03:10	+58:38	05:50
766	123	Liliana Rego	clube desportivo de leomil	Veterana F40	02:03:22	+58:50	05:51
767	794	Nuno Caçote	individual	Veterano M50	02:03:26	+58:54	05:51
768	48	Sofia Costa	artebemviver	Veterana F45	02:03:27	+58:55	05:51
769	43	Maria João Martins Infante Pereira Benquerença	arcd venda da lúisa	Veterana F50	02:03:34	+59:02	05:51
770	606	Vasco Daniel Ribeiro Branco	individual	Veterano M35	02:03:41	+59:09	05:52
771	866	Manuel Cruz	individual	Veterano M60	02:03:46	+59:14	05:52
772	231	daniel rocha	hsantamariart	Veterano M45	02:03:53	+59:21	05:52
773	229	helder ferreira	hsantamariart	Veterano M40	02:03:57	+59:25	05:53
774	544	Bruno César	individual	Veterano M35	02:04:06	+59:34	05:53
775	310	Cláudio Morgado	individual	Senior Masculino	02:04:10	+59:38	05:53
776	662	Nuno Rafael Armelão Santos	individual	Veterano M40	02:04:27	+59:55	05:54
777	420	Ricardo Filipe Pereira Pinto	individual	Senior Masculino	02:04:31	+59:59	05:54
778	509	Luisa Alves	individual	Veterana F45	02:04:38	+01:00:05	05:54
779	472	Olha Halahan	individual	Veterana F35	02:04:54	+01:00:22	05:55
780	362	João Moreira	individual	Senior Masculino	02:04:56	+01:00:23	05:55
781	793	Noel Oliveira	individual	Veterano M50	02:04:56	+01:00:23	05:55
782	1070	Paulo Valente	trailistas "eu é que sei!"	Veterano M60	02:04:56	+01:00:24	05:55
783	727	MARCO ANTONIO PIMENTEL COSTA	individual	Veterano M45	02:05:03	+01:00:31	05:56
784	513	Patricia laranjeira	individual	Veterana F45	02:05:21	+01:00:48	05:56
785	226	Frederico Martins	h-raky	Veterano M45	02:05:33	+01:01:01	05:57
786	646	Joaquim Malheiro	individual	Veterano M40	02:05:34	+01:01:02	05:57
787	823	Isaías Fernando Ferreira Mendes	individual	Veterano M55	02:05:37	+01:01:05	05:57
788	712	Hélder Silva	individual	Veterano M45	02:05:43	+01:01:11	05:58
789	478	Vânia Pereira Gaspar Resende Silva	individual	Veterana F35	02:05:45	+01:01:12	05:58
790	535	Maria Melo	individual	Veterana F60	02:05:45	+01:01:12	05:58
791	883	Fernando Santiago	jota barbosa interiores	Veterano M60	02:05:49	+01:01:17	05:58
792	385	Marco José Marreiro	individual	Senior Masculino	02:05:54	+01:01:22	05:58
793	267	Inês Ribeiro	individual	Senior Feminino	02:06:03	+01:01:31	05:58

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
794	1053	Janette Fernandes	sporting clube de espinho / antónio leitão	Veterana F45	02:06:09	+01:01:36	05:59
795	641	Ivo Brás	individual	Veterano M40	02:06:17	+01:01:45	05:59
796	34	Bruna Costa	agenor runners	Senior Feminino	02:06:21	+01:01:49	05:59
797	962	Sofia Almeida	nozes	Veterana F35	02:06:25	+01:01:53	06:00
798	517	Ana Paula Bastos Teixeira	individual	Veterana F50	02:06:51	+01:02:19	06:01
799	1024	José Viana	running esmoriz	Veterano M40	02:06:52	+01:02:20	06:01
800	1029	Rui Marques	running esmoriz	Veterano M50	02:06:53	+01:02:21	06:01
801	249	Annika Davis da Cunha	individual	Senior Feminino	02:07:06	+01:02:34	06:01
802	415	Pedro Xavier Carvalho Barbosa	individual	Senior Masculino	02:07:25	+01:02:53	06:02
803	334	Francisco Nevez	individual	Senior Masculino	02:07:32	+01:02:59	06:03
804	262	Elisabete Pereira	individual	Senior Feminino	02:07:32	+01:02:59	06:03
805	84	BRUNA REIS	cal - clube atletismo de lamas	Senior Feminino	02:07:36	+01:03:04	06:03
806	600	Rui Marcelo Ferreira da Silva	individual	Veterano M35	02:07:40	+01:03:08	06:03
807	751	Ricardo Pitta-Groz	individual	Veterano M45	02:07:43	+01:03:10	06:03
808	754	Rony Santos	individual	Veterano M45	02:07:44	+01:03:11	06:03
809	697	Bruno Correia	individual	Veterano M45	02:07:58	+01:03:26	06:04
810	746	Pedro Matos	individual	Veterano M45	02:07:58	+01:03:26	06:04
811	856	Fernando Azevedo	individual	Veterano M60	02:08:07	+01:03:35	06:04
812	831	Jorge Esteves	individual	Veterano M55	02:08:13	+01:03:40	06:05
813	926	Cátia Ribeiro	lusotufu	Veterana F35	02:08:16	+01:03:44	06:05
814	905	Marília Lima	les big mecs	Senior Feminino	02:08:20	+01:03:48	06:05
815	477	Tatiana Filipa Salgueiro Sanches	individual	Veterana F35	02:08:26	+01:03:54	06:05
816	210	Elsa Dinis	grupo desportivo recreativo juventude das ribeiras	Veterana F35	02:08:45	+01:04:13	06:06
817	330	Fernando Pinho	individual	Senior Masculino	02:09:01	+01:04:29	06:07
818	833	José António Sequeira Cardoso Soares	individual	Veterano M55	02:09:07	+01:04:35	06:07
819	521	Dèbora Ana Fortuna Soares Sequeira Cardoso	individual	Veterana F50	02:09:07	+01:04:35	06:07
820	280	Mariana Leite Sousa	individual	Senior Feminino	02:09:11	+01:04:39	06:07
821	502	Aurora silva	individual	Veterana F45	02:09:29	+01:04:57	06:08
822	283	Michelle de Jesús	individual	Senior Feminino	02:09:31	+01:04:59	06:08
823	1075	Viriato Coelho	viriahtvs runners viseu	Veterano M55	02:09:34	+01:05:02	06:08
824	1073	Claudia Nunes	viriahtvs runners viseu	Veterana F35	02:09:34	+01:05:02	06:09
825	900	Gerson Alves	kemedo team	Veterano M40	02:09:51	+01:05:19	06:09
826	288	Rita Seara	individual	Senior Feminino	02:10:01	+01:05:28	06:10
827	558	Gustavo Sanches de Castro	individual	Veterano M35	02:10:35	+01:06:02	06:11
828	994	Teresa Reis	petrus runners	Veterana F50	02:11:06	+01:06:34	06:13
829	528	Eva Recmanová	individual	Veterana F55	02:11:10	+01:06:38	06:13
830	953	Ana almeida	night runners feira	Senior Feminino	02:11:21	+01:06:49	06:14
831	465	Giovana Kaupe da Cruz	individual	Veterana F35	02:11:35	+01:07:03	06:14
832	246	Ana Luísa Marques Mano	individual	Senior Feminino	02:11:38	+01:07:06	06:14
833	187	Marco Sequeira	gaia-running	Veterano M35	02:11:41	+01:07:09	06:15
834	993	Susana Marques	petrus runners	Veterana F40	02:11:43	+01:07:11	06:15
835	1059	Nelson Sousa	tartaruginhas team	Veterano M45	02:11:48	+01:07:15	06:15
836	797	Paulo Fernandes	individual	Veterano M50	02:12:03	+01:07:31	06:16

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
837	852	Arnaldo Lourenço	individual	Veterano M60	02:12:09	+01:07:37	06:16
838	37	António Lima	alexianos	Veterano M45	02:12:19	+01:07:46	06:16
839	625	Daniel Polonio	individual	Veterano M40	02:12:28	+01:07:56	06:17
840	622	Carlos Santos	individual	Veterano M40	02:12:28	+01:07:56	06:17
841	96	Sérgio Manuel	canianos	Veterano M40	02:12:28	+01:07:56	06:17
842	980	Jéssica Luz	pac running academy	Senior Feminino	02:12:30	+01:07:58	06:17
843	484	Cláudia Griné	individual	Veterana F40	02:12:36	+01:08:04	06:17
844	855	Domingos Alberto Cardoso Rodrigues	individual	Veterano M60	02:12:47	+01:08:14	06:18
845	391	Miguel Branco	individual	Senior Masculino	02:12:47	+01:08:15	06:18
846	1030	Maurício Lins	running esmoriz	Veterano M55	02:13:01	+01:08:28	06:18
847	904	José Ferreira	kemedo team	Veterano M50	02:13:09	+01:08:36	06:19
848	377	Leonardo Alexandre Soares Rainha da Costa e Silva	individual	Senior Masculino	02:13:14	+01:08:42	06:19
849	470	Maria João Rio	individual	Veterana F35	02:13:15	+01:08:43	06:19
850	146	Luísa Sousa	desnível positivo	Veterana F55	02:13:20	+01:08:48	06:19
851	978	Daniela Pereira	os pereiras	Veterana F40	02:13:33	+01:09:01	06:20
852	81	Bárbara Barbosa	cães d'avenida	Veterana F45	02:13:42	+01:09:10	06:20
853	453	Vitor Hugo Gomes Ferreira	individual	Senior Masculino	02:13:46	+01:09:14	06:20
854	255	Cátia Daniela Pinho Rocha	individual	Senior Feminino	02:13:46	+01:09:14	06:20
855	139	Daniela Santos	dar recardães	Veterana F35	02:13:50	+01:09:18	06:21
856	140	Ana Castro	dar recardães	Veterana F40	02:13:51	+01:09:18	06:21
857	1045	Daniela Martins	slow down	Veterana F40	02:14:07	+01:09:35	06:21
858	1046	Rui Silva	slow down	Veterano M50	02:14:07	+01:09:35	06:21
859	271	Joana Isabel de Pinho Santos	individual	Senior Feminino	02:14:25	+01:09:53	06:22
860	493	Maria das Dores Moleiro Graça	individual	Veterana F40	02:14:47	+01:10:14	06:23
861	407	Pedro Ferreira	individual	Senior Masculino	02:15:05	+01:10:33	06:24
862	1031	Joaquim Pinto	running esmoriz	Veterano M60	02:15:09	+01:10:37	06:24
863	741	Pedro Amorim	individual	Veterano M45	02:15:13	+01:10:40	06:25
864	1023	Maria Manuel Soares	running esmoriz	Veterana F50	02:15:13	+01:10:40	06:25
865	254	Catarina Sousa	individual	Senior Feminino	02:15:16	+01:10:44	06:25
866	240	Ana Alves Correia	individual	Senior Feminino	02:15:28	+01:10:56	06:25
867	462	Dulce Almeida	individual	Veterana F35	02:15:31	+01:10:59	06:25
868	536	Natasa Frias Valtrová	individual	Veterana F60	02:15:37	+01:11:05	06:26
869	902	Jose Pinto	kemedo team	Veterano M45	02:16:30	+01:11:58	06:28
870	973	Teresa Sofia Nunes da Silva leite	os falta d'ar	Senior Feminino	02:16:46	+01:12:13	06:29
871	148	Jose Figueiredo	devexperts	Veterano M35	02:16:59	+01:12:27	06:30
872	149	Mike Kostenko	devexperts	Veterano M40	02:17:02	+01:12:30	06:30
873	507	Fabiola Costa Moutinho	individual	Veterana F45	02:18:06	+01:13:33	06:33
874	1032	Dulce Ferreira	running espinho	Veterana F35	02:18:11	+01:13:39	06:33
875	260	Diana Silva	individual	Senior Feminino	02:18:12	+01:13:40	06:33
876	501	Ana França	individual	Veterana F45	02:18:20	+01:13:47	06:33
877	286	Patrícia Carvalho	individual	Senior Feminino	02:18:21	+01:13:49	06:33
878	538	André Filipe Araújo carvalho	individual	Veterano M35	02:18:22	+01:13:50	06:34
879	273	Joana Sousa Pereira	individual	Senior Feminino	02:18:29	+01:13:57	06:34
880	1	RUI SANTOS	os falta d'ar	Veterano M50	02:19:20	+01:14:48	06:36

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
881	828	Joaquim Pepe Roque	individual	Veterano M55	02:19:30	+01:14:57	06:37
882	951	Margarida gomes	movimento de juventude de merelim	Veterana F50	02:19:30	+01:14:58	06:37
883	266	Inês Paredes	individual	Senior Feminino	02:19:32	+01:14:59	06:37
884	251	Casimira Gonçalves	individual	Senior Feminino	02:19:33	+01:15:00	06:37
885	949	José Silva	minho e lima trail/grupo monte	Veterano M35	02:19:34	+01:15:02	06:37
886	85	JOAQUIM PAULINO	cal - clube atletismo de lamas	Veterano M60	02:20:34	+01:16:01	06:40
887	611	Adam Valtr	individual	Veterano M40	02:20:48	+01:16:16	06:40
888	243	Ana Catarina Lei	individual	Senior Feminino	02:21:17	+01:16:45	06:42
889	495	Mónica Alexandra coelho Batista Ribeiro	individual	Veterana F40	02:21:49	+01:17:17	06:43
890	257	Daniela Gomes	individual	Senior Feminino	02:22:18	+01:17:46	06:45
891	865	Luis Miguel Ciravegna Martins da Fonseca	individual	Veterano M60	02:23:09	+01:18:36	06:47
892	876	ainhoa delgado	javalis100limites	Veterana F35	02:25:16	+01:20:43	06:53
893	1067	Ricardo Gil Santos Mota	the boys	Senior Masculino	02:25:48	+01:21:15	06:55
894	906	Gonçalo Magalhães	les big mecs	Senior Masculino	02:26:04	+01:21:32	06:55
895	977	Belmiro Aguiar	os kágados	Veterano M60	02:26:18	+01:21:46	06:56
896	1035	Artur Rodrigues	s s s team	Veterano M55	02:26:21	+01:21:48	06:56
897	492	Magalhaes Pereira	individual	Veterana F40	02:27:51	+01:23:19	07:00
898	223	Amaro Rocha	gtr	Veterano M60	02:29:39	+01:25:06	07:06
899	992	Marlene Oliveira	petrus runners	Veterana F40	02:29:58	+01:25:26	07:07
900	284	Natacha Silva Santos	individual	Senior Feminino	02:37:32	+01:33:00	07:28
901	531	Maria Helena Santos	individual	Veterana F55	02:37:35	+01:33:03	07:28
902	486	Daniela Santos Simão	individual	Veterana F40	02:37:37	+01:33:04	07:28
903	504	Carla Pacheco	individual	Veterana F45	02:37:37	+01:33:05	07:28
904	408	Pedro Henrique	individual	Senior Masculino	02:37:59	+01:33:27	07:29
905	261	Edna Torrinha	individual	Senior Feminino	02:38:00	+01:33:27	07:29
906	879	Catarina Madureira	joca	Senior Feminino	02:39:11	+01:34:39	07:33
907	869	Sergio Roberto Gomes	individual	Veterano M60	02:43:04	+01:38:32	07:44
908	422	Ricardo Pereira	individual	Senior Masculino	02:48:11	+01:43:39	07:58

Obs

BIB	NOTE	NAME	TEAM	CAT
64	DQ	Silvana Rocha	Bloco On The Road	Veterana F40
114	DQ	DINIS BATISTA	Clube Atletismo de Ovar	Veterano M50
128	DQ	Claudina Reigada	Corre São João	Veterana F45
169	DQ	João Baldaia	Família Baldaia	Veterano M35
172	DQ	PEDRO MIGUEL PAIXAO REIS ALMEIDA	Flex2000	Veterano M45
272	DQ	Joana Rita Moreira Pascoal	Individual	Senior Feminino
301	DQ	Antonio Moura	Individual	Senior Masculino
628	DQ	Duarte Pinho	Individual	Veterano M40
647	DQ	Joel Barros	Individual	Veterano M40
837	DQ	Luís Vieira	Individual	Veterano M55
942	DQ	Manuel Rodrigues Oliveira	Lusotufo	Veterano M60
957	DQ	Tiago Martins	NIGHT Runners Feira	Veterano M35
960	DQ	Joaquim Pinto	NIGHT Runners Feira	Veterano M60

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OFFICIAL RESULT

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BIB	NOTE	NAME	TEAM	CAT
966	DQ	José Pires	Núcleo de Corrida Solverde	Veterano M45
1087	DQ	José Carlos Freitas	Vitória S.C.	Veterano M55
1152	DQ	PAULO SÁ	RUNFORFEST	Veterano M55
1153	DQ	EDUARDO FERREIRA	RUNFORFEST	Veterano M50
78	DNF	João Pereira	C. D. São Salvador do Campo	Veterano M50
161	DNF	PEDRO MAGALHÃES	EV/PERALTAFIL	Senior Masculino
219	DNF	Ana Ramos	GTR	Veterana F60
230	DNF	pedro fernandes	hSantamariaRT	Veterano M40
232	DNF	jorge moreira	hSantamariaRT	Veterano M45
241	DNF	Ana Beatriz	Individual	Senior Feminino
242	DNF	Ana Catarina	Individual	Senior Feminino
278	DNF	Maria João Silva Borges	Individual	Senior Feminino
339	DNF	Gonçalo Graça	Individual	Senior Masculino
358	DNF	João Afonso Esteves Amaral	Individual	Senior Masculino
474	DNF	Rita Alves	Individual	Veterana F35
490	DNF	Helena Ferreira	Individual	Veterana F40
644	DNF	João Oliveira	Individual	Veterano M40
663	DNF	Osvaldo Daniel Ferreira Pinho	Individual	Veterano M40
842	DNF	Paulo Alexandre	Individual	Veterano M55
894	DNF	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	Veterano M45
915	DNF	Michelangelo Lopes	Lourosa Em Movimento	Senior Masculino
938	DNF	Luís Cunha	Lusotufo	Veterano M55
974	DNF	Filipe José Martins Baptista	Os Falta D'Ar	Senior Masculino
1003	DNF	Helena silva	Reumaticos	Veterana F40
1049	DNF	RICARDO PEREIRA	Sporting Clube de Espinho / António Leitão	Senior Masculino

Meia Maratona

21,097 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:45	13,8°C	82%
End	12:31	14,8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	62	Inês Pinto	Blip	Senior Feminino	01:23:08	+18:37	03:56
2	110	Alexandra Oliveira	Club Sport Marítimo	Senior Feminino	01:23:52	+19:20	03:59
3	289	Sara Raquel Ferreira Oliveira	Individual	Senior Feminino	01:30:20	+25:48	04:17
4	1060	Marcia Almeida	Team El Comandante	Senior Feminino	01:37:24	+32:53	04:37
5	274	Laura Silva	Individual	Senior Feminino	01:37:24	+32:53	04:37
6	290	Sofia Dias	Individual	Senior Feminino	01:38:26	+33:54	04:40
7	988	Rita Alves	Pernas de Pau Velozes	Senior Feminino	01:39:30	+34:58	04:43
8	14	Inês Gonçalves	ACAIL GAS	Senior Feminino	01:42:02	+37:30	04:50
9	46	Maria João Matos Vieira	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	01:45:28	+40:56	05:00
10	253	Catarina Silva	Individual	Senior Feminino	01:46:10	+41:38	05:02
11	250	Beatriz Figueiredo	Individual	Senior Feminino	01:47:46	+43:14	05:07
12	291	Teodora Marvakova	Individual	Senior Feminino	01:48:10	+43:38	05:08
13	292	Thais Azevedo	Individual	Senior Feminino	01:49:29	+44:57	05:11
14	281	Mariana Salvador	Individual	Senior Feminino	01:49:36	+45:04	05:12
15	277	Maria Inês	Individual	Senior Feminino	01:50:40	+46:08	05:15
16	252	Catarina Pestana Aguiar	Individual	Senior Feminino	01:50:56	+46:24	05:16
17	282	MELANIE MARTINHO	Individual	Senior Feminino	01:51:17	+46:45	05:16
18	287	Rita Pinho	Individual	Senior Feminino	01:51:39	+47:07	05:18
19	912	Susana Maldonado	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:52:00	+47:28	05:19
20	279	Mariana Amaral Ventura Borges	Individual	Senior Feminino	01:52:18	+47:47	05:19
21	275	Liliana Oliveira Guerra	Individual	Senior Feminino	01:52:24	+47:52	05:20
22	57	Catarina Lopes	Barra Oceans Runners	Senior Feminino	01:54:29	+49:58	05:26
23	884	Ana Rita Soares Bastos Valente	Juventude Cortegacense	Senior Feminino	01:55:11	+50:39	05:28
24	265	Francisca Silva	Individual	Senior Feminino	01:55:34	+51:02	05:29
25	918	Cátia Cunha Ribeiro	Lusotufo	Senior Feminino	01:55:40	+51:08	05:29
26	919	Filipa Loureiro Pinto de Sá	Lusotufo	Senior Feminino	01:55:40	+51:08	05:29
27	971	Ana Chipelo	O praticante.pt	Senior Feminino	01:56:49	+52:17	05:32
28	256	Cátia Leal	Individual	Senior Feminino	01:57:46	+53:15	05:35
29	258	Daniela Valente	Individual	Senior Feminino	01:57:52	+53:21	05:35
30	247	Ana Pinheiro	Individual	Senior Feminino	01:59:02	+54:31	05:39
31	259	Débora Pinto	Individual	Senior Feminino	01:59:28	+54:56	05:40
32	871	CÁTIA BAPTISTA	JAM - Juventude Atlético Mozelense	Senior Feminino	01:59:31	+54:59	05:40
33	248	Anna Linskaia	Individual	Senior Feminino	02:00:36	+56:04	05:43
34	263	Filipa Jacome	Individual	Senior Feminino	02:01:47	+57:15	05:46
35	269	Joana Campos	Individual	Senior Feminino	02:02:03	+57:32	05:47
36	270	Joana Fonseca	Individual	Senior Feminino	02:02:04	+57:32	05:47
37	244	Ana Dias	Individual	Senior Feminino	02:02:37	+58:05	05:49

Official Timekeeper: Lap2Go	1 / 22	generate 11-mai.-2025 12:38
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Meia Maratona

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OFFICIAL RESULT

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38	264	Francisca Rosas	Individual	Senior Feminino	02:03:09	+58:37	05:50
39	267	Inês Ribeiro	Individual	Senior Feminino	02:06:02	+01:01:31	05:58
40	34	Bruna Costa	AGENOR RUNNERS	Senior Feminino	02:06:21	+01:01:49	05:59
41	249	Annika Davis da Cunha	Individual	Senior Feminino	02:07:06	+01:02:34	06:01
42	262	Elisabete Pereira	Individual	Senior Feminino	02:07:31	+01:02:59	06:03
43	84	BRUNA REIS	CAL - Clube Atletismo de Lamas	Senior Feminino	02:07:36	+01:03:04	06:03
44	905	Marília Lima	LES BIG MECS	Senior Feminino	02:08:19	+01:03:48	06:05
45	280	Mariana Leite Sousa	Individual	Senior Feminino	02:09:11	+01:04:39	06:07
46	283	Michelle de Jesús	Individual	Senior Feminino	02:09:31	+01:04:59	06:08
47	288	Rita Seara	Individual	Senior Feminino	02:10:00	+01:05:28	06:10
48	953	Ana almeida	NIGHT Runners Feira	Senior Feminino	02:11:21	+01:06:49	06:14
49	246	Ana Luísa Marques Mano	Individual	Senior Feminino	02:11:38	+01:07:06	06:14
50	980	Jéssica Luz	PAC RUNNING ACADEMY	Senior Feminino	02:12:30	+01:07:58	06:17
51	255	Cátia Daniela Pinho Rocha	Individual	Senior Feminino	02:13:46	+01:09:14	06:20
52	271	Joana Isabel de Pinho Santos	Individual	Senior Feminino	02:14:25	+01:09:53	06:22
53	254	Catarina Sousa	Individual	Senior Feminino	02:15:16	+01:10:44	06:25
54	240	Ana Alves Correia	Individual	Senior Feminino	02:15:27	+01:10:56	06:25
55	973	Teresa Sofia Nunes da Silva leite	Os Falta D'Ar	Senior Feminino	02:16:45	+01:12:13	06:29
56	260	Diana Silva	Individual	Senior Feminino	02:18:12	+01:13:40	06:33
57	286	Patrícia Carvalho	Individual	Senior Feminino	02:18:21	+01:13:49	06:33
58	273	Joana Sousa Pereira	Individual	Senior Feminino	02:18:28	+01:13:57	06:34
59	266	Inês Paredes	Individual	Senior Feminino	02:19:31	+01:14:59	06:37
60	251	Casimira Gonçalves	Individual	Senior Feminino	02:19:32	+01:15:00	06:37
61	243	Ana Catarina Lei	Individual	Senior Feminino	02:21:17	+01:16:45	06:42
62	257	Daniela Gomes	Individual	Senior Feminino	02:22:18	+01:17:46	06:45
63	284	Natacha Silva Santos	Individual	Senior Feminino	02:37:32	+01:33:00	07:28
64	261	Edna Torrinha	Individual	Senior Feminino	02:37:59	+01:33:27	07:29
65	879	Catarina Madureira	JoCa	Senior Feminino	02:39:11	+01:34:39	07:33

Senior Masculino

1	1036	Bernardo Rocha	S. C. SALGUEIROS	Senior Masculino	01:04:31		03:04
2	200	SAID AMEQRANE	GDRC Ponterrolense	Senior Masculino	01:04:48	+00:16	03:04
3	116	Wilson Cabral	CLUBE DE ATLETISMO OLÍMPICO VIANENSE	Senior Masculino	01:07:04	+02:32	03:11
4	3	Joao Almeida	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	01:07:57	+03:25	03:13
5	878	Artur Fortes	João silva CCR Praia de Mira	Senior Masculino	01:08:56	+04:24	03:16
6	443	Steven Sá	Individual	Senior Masculino	01:11:45	+07:14	03:24
7	108	David Pedrosa	Centro de Atletismo de Seia	Senior Masculino	01:12:00	+07:29	03:25
8	159	CARLOS COSTA	EV/PERALTAFIL	Senior Masculino	01:12:45	+08:13	03:27
9	1051	Tiago Rosas	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:15:32	+11:01	03:35
10	313	Daniel da Costa Calvão	Individual	Senior Masculino	01:18:25	+13:53	03:43
11	397	Milton César Miranda dos Santos	Individual	Senior Masculino	01:18:53	+14:21	03:44
12	332	Filipe Marques Ferreira	Individual	Senior Masculino	01:18:58	+14:26	03:45
13	1089	André Natário	Vizela Corre	Senior Masculino	01:19:13	+14:41	03:45

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Meia Maratona

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OFFICIAL RESULT

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14	409	Pedro Magolo	Individual	Senior Masculino	01:20:15	+15:43	03:48
15	376	Junior hartman	Individual	Senior Masculino	01:21:14	+16:42	03:51
16	1050	Miguel Marques	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:22:09	+17:37	03:54
17	50	Jorge Valente	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	01:23:25	+18:54	03:57
18	923	Renato Andrade	Lusotufo	Senior Masculino	01:23:37	+19:05	03:58
19	320	David Soares	Individual	Senior Masculino	01:23:50	+19:19	03:58
20	329	Fábio Fernandes Correia	Individual	Senior Masculino	01:24:03	+19:32	03:59
21	444	Telmo Moura	Individual	Senior Masculino	01:24:26	+19:54	04:00
22	402	Nuno Oliveira	Individual	Senior Masculino	01:24:27	+19:55	04:00
23	981	Hélder Brito	PAC RUNNING ACADEMY	Senior Masculino	01:24:34	+20:02	04:01
24	413	Pedro Reis	Individual	Senior Masculino	01:24:37	+20:05	04:01
25	335	Francisco Paiva	Individual	Senior Masculino	01:25:11	+20:39	04:02
26	368	Jose Almeida	Individual	Senior Masculino	01:26:25	+21:53	04:06
27	404	Paulo Camboa	Individual	Senior Masculino	01:26:40	+22:08	04:06
28	1081	THOMAS FREITAS	Vitória S.C.	Senior Masculino	01:27:40	+23:08	04:09
29	360	João Campos	Individual	Senior Masculino	01:27:44	+23:12	04:10
30	302	Antonio Ratola	Individual	Senior Masculino	01:28:20	+23:48	04:11
31	311	Clemente Santos	Individual	Senior Masculino	01:28:34	+24:03	04:12
32	375	Josué Marques	Individual	Senior Masculino	01:28:48	+24:16	04:13
33	437	Rui Pinto	Individual	Senior Masculino	01:28:58	+24:26	04:13
34	399	Nuno costa	Individual	Senior Masculino	01:29:31	+24:59	04:15
35	440	Sérgio Coelho	Individual	Senior Masculino	01:29:35	+25:03	04:15
36	449	Valter Rafael Jesus Leite Soares	Individual	Senior Masculino	01:30:12	+25:40	04:17
37	382	Luís Jorge	Individual	Senior Masculino	01:30:23	+25:51	04:17
38	327	Eliseu Laranjeira	Individual	Senior Masculino	01:30:46	+26:14	04:18
39	419	Renato Pereira	Individual	Senior Masculino	01:30:50	+26:18	04:18
40	1076	Daniel Almeida	Viseu 360º	Senior Masculino	01:30:59	+26:27	04:19
41	954	Fábio Almeida	NIGHT Runners Feira	Senior Masculino	01:31:12	+26:40	04:19
42	309	Cláudio Cunha	Individual	Senior Masculino	01:31:12	+26:41	04:19
43	65	Luis Oliveira	BOAVISTA FC	Senior Masculino	01:31:21	+26:50	04:20
44	1066	André Calix	TEN TEAM	Senior Masculino	01:32:05	+27:33	04:22
45	432	Rui Dias	Individual	Senior Masculino	01:32:08	+27:36	04:22
46	388	Marco Pires	Individual	Senior Masculino	01:32:16	+27:44	04:22
47	356	Ivo Soares	Individual	Senior Masculino	01:32:26	+27:55	04:23
48	296	André Correia	Individual	Senior Masculino	01:32:27	+27:55	04:23
49	431	Rui Alves	Individual	Senior Masculino	01:32:53	+28:21	04:24
50	387	Marco Pinto	Individual	Senior Masculino	01:32:57	+28:25	04:24
51	348	Hugo Cardoso	Individual	Senior Masculino	01:33:11	+28:40	04:25
52	323	Dmytro Karpov	Individual	Senior Masculino	01:33:55	+29:24	04:27
53	439	Samuel Alves	Individual	Senior Masculino	01:33:56	+29:24	04:27
54	162	RAFAEL JESUS	EV/PERALTAFIL	Senior Masculino	01:33:59	+29:27	04:27
55	316	Daniel Maia	Individual	Senior Masculino	01:34:03	+29:31	04:28
56	451	Vasco Miranda	Individual	Senior Masculino	01:34:09	+29:37	04:28
57	370	José Couto	Individual	Senior Masculino	01:34:18	+29:46	04:28

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Meia Maratona

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OFFICIAL RESULT

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58	130	Davide Ribeiro	Costilha Running Team	Senior Masculino	01:34:58	+30:26	04:30
59	887	Xavier Oliveira Barros	Juventude Cortegacense	Senior Masculino	01:35:09	+30:37	04:31
60	319	David Rego	Individual	Senior Masculino	01:35:40	+31:08	04:32
61	455	Wilson Almeida	Individual	Senior Masculino	01:36:24	+31:53	04:34
62	315	Daniel Lopes	Individual	Senior Masculino	01:36:29	+31:57	04:34
63	181	Rui Graça	GAIA-RUNNING	Senior Masculino	01:36:32	+32:00	04:35
64	359	João Araújo	Individual	Senior Masculino	01:36:33	+32:01	04:35
65	1077	João Sá	Viseu 360º	Senior Masculino	01:36:40	+32:08	04:35
66	118	Gustavo Lima	Clube de Campismo	Senior Masculino	01:36:46	+32:14	04:35
67	47	Miguel Fonseca Monteiro	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:36:51	+32:20	04:35
68	1010	Pedro Miranda	Run4Pancakes	Senior Masculino	01:36:56	+32:24	04:36
69	340	Gonçalo Martins	Individual	Senior Masculino	01:37:20	+32:48	04:37
70	363	João Paulo Almeida de Pinho e Silva	Individual	Senior Masculino	01:37:40	+33:08	04:38
71	991	Vasco Lino	Pernas de Pau Velozes	Senior Masculino	01:37:46	+33:14	04:38
72	343	Gonçalo Tavares da Costa	Individual	Senior Masculino	01:38:11	+33:39	04:39
73	421	Ricardo Guedes	Individual	Senior Masculino	01:38:28	+33:56	04:40
74	321	Diogo Antunes da Silva Marques	Individual	Senior Masculino	01:38:43	+34:11	04:41
75	384	Marcelo Abreu Maciel	Individual	Senior Masculino	01:39:00	+34:28	04:42
76	395	Miguel Santos	Individual	Senior Masculino	01:39:09	+34:38	04:42
77	434	Rui Magalhães	Individual	Senior Masculino	01:39:59	+35:27	04:44
78	393	Miguel Figueiredo	Individual	Senior Masculino	01:40:12	+35:40	04:45
79	318	David Craveiro	Individual	Senior Masculino	01:40:21	+35:49	04:45
80	364	João Pedro Pinho	Individual	Senior Masculino	01:40:31	+35:59	04:46
81	386	Marco Martins	Individual	Senior Masculino	01:40:44	+36:12	04:46
82	452	Vitor Hugo Batista	Individual	Senior Masculino	01:41:02	+36:31	04:47
83	441	Silvio Miguel Ferreira Bulhosa	Individual	Senior Masculino	01:41:12	+36:40	04:48
84	907	David Ferreira Brandão	LGG Advisors	Senior Masculino	01:41:34	+37:02	04:49
85	304	Bruno Esteves	Individual	Senior Masculino	01:41:40	+37:08	04:49
86	307	Bruno Rocha Silva	Individual	Senior Masculino	01:41:41	+37:10	04:49
87	342	Gonçalo Sousa Marques Ferreira da Silva	Individual	Senior Masculino	01:41:42	+37:10	04:49
88	886	Rafael Sa Alves	Juventude Cortegacense	Senior Masculino	01:41:42	+37:10	04:49
89	325	Edgar Rodrigues	Individual	Senior Masculino	01:41:50	+37:18	04:50
90	306	Bruno Ribeiro	Individual	Senior Masculino	01:42:12	+37:40	04:51
91	373	Jose Miguel dos Santos Pilar	Individual	Senior Masculino	01:42:56	+38:24	04:53
92	429	Rogério Rodrigues	Individual	Senior Masculino	01:42:59	+38:27	04:53
93	336	Francisco Valente Bastos	Individual	Senior Masculino	01:43:55	+39:23	04:56
94	13	Nélio Vieira	AC Batalha	Senior Masculino	01:44:15	+39:43	04:57
95	328	Enoque Filipe dos Santos Guedes	Individual	Senior Masculino	01:44:16	+39:44	04:57
96	333	Francisco Monteiro	Individual	Senior Masculino	01:44:17	+39:45	04:57
97	297	André Ferreira	Individual	Senior Masculino	01:44:53	+40:21	04:58
98	299	António França	Individual	Senior Masculino	01:45:31	+40:59	05:00
99	374	José Pedro Ferreira	Individual	Senior Masculino	01:46:09	+41:37	05:02
100	411	Pedro Oliveira	Individual	Senior Masculino	01:46:33	+42:02	05:03
101	400	Nuno Dias	Individual	Senior Masculino	01:46:40	+42:08	05:03
102	1021	Nuno Alvim	Running Esmoriz	Senior Masculino	01:46:41	+42:09	05:03

Official Timekeeper: Lap2Go	4 / 22	generate 11-mai.-2025 12:38
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Meia Maratona

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OFFICIAL RESULT

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103	349	Hugo Choupina	Individual	Senior Masculino	01:46:53	+42:21	05:04
104	425	Roberto Santos	Individual	Senior Masculino	01:46:56	+42:24	05:04
105	403	Nuno Rodrigo Pinto Martins	Individual	Senior Masculino	01:47:05	+42:33	05:05
106	380	Luís Carlos Guedes Morais	Individual	Senior Masculino	01:47:16	+42:44	05:05
107	418	Rafael Silva	Individual	Senior Masculino	01:48:00	+43:28	05:07
108	68	Rui Manuel Ferreira Silva	Bombeiros Esmoriz	Senior Masculino	01:48:13	+43:41	05:08
109	433	Rui Feiteira	Individual	Senior Masculino	01:48:34	+44:02	05:09
110	67	Rui Filipe Vieira Sousa	Bombeiros Esmoriz	Senior Masculino	01:48:51	+44:19	05:10
111	372	José Garrido	Individual	Senior Masculino	01:49:07	+44:36	05:10
112	351	Hugo Neves	Individual	Senior Masculino	01:49:16	+44:44	05:11
113	312	Daniel Barros Branco	Individual	Senior Masculino	01:49:19	+44:48	05:11
114	326	Eduardo Gonçalves de Souza	Individual	Senior Masculino	01:49:41	+45:09	05:12
115	921	João Pedro Pais Pinhão	Lusotufos	Senior Masculino	01:49:48	+45:16	05:12
116	920	Filipe André da Cruz Évora	Lusotufos	Senior Masculino	01:49:48	+45:16	05:12
117	347	Hugo Cardoso	Individual	Senior Masculino	01:49:54	+45:22	05:13
118	990	João Silva	Pernas de Pau Velozes	Senior Masculino	01:49:54	+45:23	05:13
119	442	Simão Pereira	Individual	Senior Masculino	01:50:08	+45:36	05:13
120	885	Diogo Alberto Santos Silva	Juventude Cortegacense	Senior Masculino	01:50:12	+45:40	05:13
121	394	Miguel Oliveira	Individual	Senior Masculino	01:50:27	+45:55	05:14
122	371	José Eduardo Ferreira Araújo	Individual	Senior Masculino	01:50:29	+45:57	05:14
123	366	João Silva	Individual	Senior Masculino	01:50:38	+46:06	05:15
124	298	André Silva Mota	Individual	Senior Masculino	01:50:50	+46:18	05:15
125	412	Pedro Oliveira	Individual	Senior Masculino	01:51:03	+46:31	05:16
126	390	Marcos Martins	Individual	Senior Masculino	01:51:18	+46:47	05:17
127	426	Rodrigo Fernandes	Individual	Senior Masculino	01:51:46	+47:14	05:18
128	401	Nuno Manso	Individual	Senior Masculino	01:51:56	+47:24	05:18
129	438	Rui Teixeira	Individual	Senior Masculino	01:52:22	+47:50	05:20
130	383	Manuel Gomes	Individual	Senior Masculino	01:52:24	+47:53	05:20
131	964	Kevin Silva	Núcleo de Corrida Solverde	Senior Masculino	01:52:30	+47:58	05:20
132	913	João Filipe Afonso Pereira Pires	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:52:33	+48:01	05:20
133	346	Hugo Alexandre Derriça da Silva	Individual	Senior Masculino	01:52:33	+48:01	05:20
134	337	Georgii Krivonosov	Individual	Senior Masculino	01:52:47	+48:15	05:21
135	398	Nuno Bastos	Individual	Senior Masculino	01:53:22	+48:50	05:22
136	436	Rui Pedro Vieira Gonçalves	Individual	Senior Masculino	01:53:38	+49:06	05:23
137	955	Marcelo Vieira	NIGHT Runners Feira	Senior Masculino	01:53:48	+49:16	05:24
138	975	Telmo Almeida Santos	Os Falta D'Ar	Senior Masculino	01:54:03	+49:31	05:24
139	908	Nuno Nobre	LGG Advisors	Senior Masculino	01:54:12	+49:40	05:25
140	423	Ricardo Seca	Individual	Senior Masculino	01:54:20	+49:48	05:25
141	389	Marco Sampaio	Individual	Senior Masculino	01:54:30	+49:58	05:26
142	338	Germano José Almeida Vieira	Individual	Senior Masculino	01:54:34	+50:02	05:26
143	454	Vítor Ribeiro	Individual	Senior Masculino	01:54:37	+50:05	05:26
144	317	Daniel Patrabo	Individual	Senior Masculino	01:54:43	+50:11	05:26
145	392	Miguel Costa	Individual	Senior Masculino	01:55:24	+50:53	05:28
146	308	César Augusto Ferreira Oliveira	Individual	Senior Masculino	01:55:57	+51:25	05:30
147	447	Tiago José Santos Silva	Individual	Senior Masculino	01:56:07	+51:35	05:30
148	396	Miguel Simões	Individual	Senior Masculino	01:56:41	+52:09	05:32

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149	995	Pedro Rocha	PETRUS RUNNERS	Senior Masculino	01:56:47	+52:15	05:32
150	416	Rafael Marques	Individual	Senior Masculino	01:56:47	+52:15	05:32
151	381	Luís de Sousa Martins	Individual	Senior Masculino	01:57:22	+52:50	05:34
152	171	CARLOS SANTOS PEREIRA	Flex2000	Senior Masculino	01:57:32	+53:00	05:34
153	322	Diogo Rocha	Individual	Senior Masculino	01:57:40	+53:08	05:35
154	357	Jaime Ricardo da Costa Lopes Catarino	Individual	Senior Masculino	01:57:43	+53:11	05:35
155	300	António Luís de Amorim Alves	Individual	Senior Masculino	01:57:48	+53:16	05:35
156	410	Pedro Nunes	Individual	Senior Masculino	01:57:55	+53:23	05:35
157	353	Hugo Sarabando Ventura	Individual	Senior Masculino	01:58:24	+53:52	05:37
158	305	Bruno Miguel Pereira Guimarães	Individual	Senior Masculino	01:58:30	+53:58	05:37
159	430	Rúben Fernandes	Individual	Senior Masculino	01:58:39	+54:07	05:37
160	435	Rui Pedro de Amorim Alves	Individual	Senior Masculino	01:59:28	+54:56	05:40
161	427	Rodrigo Reis da Silva	Individual	Senior Masculino	01:59:33	+55:01	05:40
162	367	Jorge Maciel	Individual	Senior Masculino	01:59:49	+55:17	05:41
163	405	Paulo Pinheiro	Individual	Senior Masculino	01:59:53	+55:21	05:41
164	989	Fábio Novo	Pernas de Pau Velozes	Senior Masculino	01:59:57	+55:26	05:41
165	378	Leonardo Laranjeira de Neves Ferreira	Individual	Senior Masculino	01:59:59	+55:27	05:41
166	365	João Pereira	Individual	Senior Masculino	02:00:29	+55:57	05:43
167	369	José António Ferreira Barbosa	Individual	Senior Masculino	02:00:53	+56:21	05:44
168	450	Vasco Freitas	Individual	Senior Masculino	02:00:53	+56:21	05:44
169	361	Joao ferreira	Individual	Senior Masculino	02:00:54	+56:22	05:44
170	352	Hugo Pinto	Individual	Senior Masculino	02:01:11	+56:40	05:45
171	445	Tiago Correia de sa	Individual	Senior Masculino	02:01:47	+57:15	05:46
172	922	Jorge da Silva	Lusotufu	Senior Masculino	02:01:57	+57:25	05:47
173	880	João Mendonça	JoCa	Senior Masculino	02:03:00	+58:28	05:50
174	341	Gonçalo Silva Santos	Individual	Senior Masculino	02:03:10	+58:38	05:50
175	310	Cláudio Morgado	Individual	Senior Masculino	02:04:10	+59:38	05:53
176	420	Ricardo Filipe Pereira Pinto	Individual	Senior Masculino	02:04:31	+59:59	05:54
177	362	João Moreira	Individual	Senior Masculino	02:04:55	+01:00:23	05:55
178	385	Marco José Marreiro	Individual	Senior Masculino	02:05:53	+01:01:22	05:58
179	415	Pedro Xavier Carvalho Barbosa	Individual	Senior Masculino	02:07:24	+01:02:53	06:02
180	334	Francisco Nevez	Individual	Senior Masculino	02:07:31	+01:02:59	06:03
181	330	Fernando Pinho	Individual	Senior Masculino	02:09:01	+01:04:29	06:07
182	391	Miguel Branco	Individual	Senior Masculino	02:12:47	+01:08:15	06:18
183	377	Leonardo Alexandre Soares Rainha da Costa e Silva	Individual	Senior Masculino	02:13:14	+01:08:42	06:19
184	453	Vitor Hugo Gomes Ferreira	Individual	Senior Masculino	02:13:46	+01:09:14	06:20
185	407	Pedro Ferreira	Individual	Senior Masculino	02:15:05	+01:10:33	06:24
186	1067	Ricardo Gil Santos Mota	The Boys	Senior Masculino	02:25:47	+01:21:15	06:55
187	906	Gonçalo Magalhães	LES BIG MECS	Senior Masculino	02:26:04	+01:21:32	06:55
188	408	Pedro Henrique	Individual	Senior Masculino	02:37:59	+01:33:27	07:29
189	422	Ricardo Pereira	Individual	Senior Masculino	02:48:11	+01:43:39	07:58

Veterana F35

1	475	Solange jesus	Individual	Veterana F35	01:12:04	+07:33	03:25
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2	111	CARLA ALMEIDA	Clube Atletismo de Ovar	Veterana F35	01:23:20	+18:48	03:57
3	471	Maria Manuela Alves Santos	Individual	Veterana F35	01:37:49	+33:18	04:38
4	163	CRISTIANA SANTOS	EV/PERALTAFIL	Veterana F35	01:37:54	+33:23	04:38
5	459	Cátia Costa	Individual	Veterana F35	01:39:22	+34:50	04:43
6	15	Florbelá Araujo	ACAIL GAS	Veterana F35	01:41:00	+36:28	04:47
7	476	Sónia Dias	Individual	Veterana F35	01:41:09	+36:37	04:48
8	154	Maria Carvalho	Escola Atletismo de Coimbra/JPAIVA	Veterana F35	01:44:14	+39:43	04:56
9	58	Flávia Pinho	Barra Oceans Runners	Veterana F35	01:45:18	+40:46	04:59
10	466	Inês Delgado	Individual	Veterana F35	01:45:49	+41:17	05:01
11	460	Cecília Mendonça	Individual	Veterana F35	01:49:21	+44:49	05:11
12	947	Vera Ferreira	Maratonistas do Sofá	Veterana F35	01:49:34	+45:02	05:12
13	457	Alice Pinheiro	Individual	Veterana F35	01:51:25	+46:54	05:17
14	473	Patrícia Domingos	Individual	Veterana F35	01:52:26	+47:54	05:20
15	972	Carina Gouveia	O praticante.pt	Veterana F35	01:53:35	+49:03	05:23
16	469	Liliana Ramos	Individual	Veterana F35	01:53:41	+49:09	05:23
17	458	Ariane Fontes	Individual	Veterana F35	01:55:16	+50:44	05:28
18	463	Filipa Barros	Individual	Veterana F35	01:56:00	+51:29	05:30
19	983	Ana Moreira	Pace Feminino	Veterana F35	01:56:15	+51:44	05:31
20	174	Catarina Sofia Cruz Jorge	Furadourotrail	Veterana F35	01:56:50	+52:18	05:32
21	456	Adriana Vieira	Individual	Veterana F35	01:57:14	+52:42	05:33
22	468	Isa Daniela Marinho Queirós	Individual	Veterana F35	01:57:25	+52:53	05:34
23	461	Daniela Cristina Brito Matos	Individual	Veterana F35	01:58:10	+53:38	05:36
24	997	Sara Marques	RainRunners	Veterana F35	01:59:19	+54:47	05:39
25	464	Filipa Soares	Individual	Veterana F35	01:59:59	+55:27	05:41
26	928	Regina Costa	Lusotufó	Veterana F35	02:02:53	+58:21	05:49
27	927	Mariana Magalhães	Lusotufó	Veterana F35	02:03:04	+58:32	05:50
28	472	Olha Halahan	Individual	Veterana F35	02:04:53	+01:00:22	05:55
29	478	Vânia Pereira Gaspar Resende Silva	Individual	Veterana F35	02:05:44	+01:01:12	05:58
30	962	Sofia Almeida	Nozes	Veterana F35	02:06:25	+01:01:53	06:00
31	926	Cátia Ribeiro	Lusotufó	Veterana F35	02:08:16	+01:03:44	06:05
32	477	Tatiana Filipa Salgueiro Sanches	Individual	Veterana F35	02:08:26	+01:03:54	06:05
33	210	Elsa Dinis	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterana F35	02:08:44	+01:04:13	06:06
34	1073	Claudia Nunes	Viriathvs Runners Viseu	Veterana F35	02:09:34	+01:05:02	06:09
35	465	Giovana Kaupe da Cruz	Individual	Veterana F35	02:11:34	+01:07:03	06:14
36	470	Maria João Rio	Individual	Veterana F35	02:13:14	+01:08:43	06:19
37	139	Daniela Santos	DAR Recardães	Veterana F35	02:13:50	+01:09:18	06:21
38	462	Dulce Almeida	Individual	Veterana F35	02:15:31	+01:10:59	06:25
39	1032	Dulce Ferreira	RUNNING ESPINHO	Veterana F35	02:18:11	+01:13:39	06:33
40	876	ainhoa delgado	javalis100limites	Veterana F35	02:25:15	+01:20:43	06:53

Veterana F40

1	496	Rafaela Fonseca	Individual	Veterana F40	01:19:15	+14:43	03:45
2	125	Joana Nunes	CLUBE DESPORTIVO SÃO SALVADOR DO CAMPO	Veterana F40	01:21:44	+17:12	03:52

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3	499	Salomé Mourisco	Individual	Veterana F40	01:40:34	+36:02	04:46
4	498	Rosália Sousa	Individual	Veterana F40	01:41:24	+36:52	04:48
5	483	Catarina Leite	Individual	Veterana F40	01:42:27	+37:55	04:51
6	211	Raquel Mota	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterana F40	01:42:57	+38:25	04:53
7	888	Marlene Ferreira	Juventude Cortegacense	Veterana F40	01:44:23	+39:51	04:57
8	491	Joana FRANCO ROCHA	Individual	Veterana F40	01:44:55	+40:23	04:58
9	1011	Diana Ribeiro	Run4Pancakes	Veterana F40	01:46:36	+42:04	05:03
10	494	Maria Peres Loureiro	Individual	Veterana F40	01:50:27	+45:56	05:14
11	479	Ana Gandra	Individual	Veterana F40	01:52:44	+48:12	05:21
12	99	Sandra Moreira	Carregosa Lowlanders	Veterana F40	01:53:20	+48:48	05:22
13	485	Daniela Caetano De Sá	Individual	Veterana F40	01:54:12	+49:40	05:25
14	497	Raquel Zaragoza	Individual	Veterana F40	01:55:03	+50:31	05:27
15	1078	Isabel Loureiro	Viseu 360º	Veterana F40	01:55:50	+51:18	05:29
16	986	Liliana Pereira	Pace Feminino	Veterana F40	01:56:15	+51:44	05:31
17	985	Joana Creissac	Pace Feminino	Veterana F40	01:56:20	+51:48	05:31
18	1052	Isabel Aguiar	Sporting Clube de Espinho / António Leitão	Veterana F40	01:57:30	+52:58	05:34
19	1022	Aléxia Gomes	Running Esmoriz	Veterana F40	01:57:53	+53:21	05:35
20	982	Carmina Gomes	PAC Running academy Porto Antistress club	Veterana F40	01:58:10	+53:38	05:36
21	481	Andreia Fernandes	Individual	Veterana F40	01:58:46	+54:15	05:38
22	487	Evgeniya Shamonova	Individual	Veterana F40	01:58:50	+54:18	05:38
23	489	Filipa Ângela	Individual	Veterana F40	01:58:52	+54:20	05:38
24	80	Patrícia Arrochella	Cães d'Avenida	Veterana F40	02:00:38	+56:06	05:43
25	482	Carla Nascimento	Individual	Veterana F40	02:03:05	+58:33	05:50
26	123	Liliana Rego	Clube Desportivo de Leomil	Veterana F40	02:03:21	+58:50	05:51
27	993	Susana Marques	PETRUS RUNNERS	Veterana F40	02:11:43	+01:07:11	06:15
28	484	Cláudia Griné	Individual	Veterana F40	02:12:36	+01:08:04	06:17
29	978	Daniela Pereira	Os Pereiras	Veterana F40	02:13:32	+01:09:01	06:20
30	140	Ana Castro	DAR Recardães	Veterana F40	02:13:50	+01:09:18	06:21
31	1045	Daniela Martins	Slow down	Veterana F40	02:14:07	+01:09:35	06:21
32	493	Maria das Dores Moleiro Graça	Individual	Veterana F40	02:14:46	+01:10:14	06:23
33	495	Mónica Alexandra coelho Batista Ribeiro	Individual	Veterana F40	02:21:49	+01:17:17	06:43
34	492	Magalhaes Pereira	Individual	Veterana F40	02:27:51	+01:23:19	07:00
35	992	Marlene Oliveira	PETRUS RUNNERS	Veterana F40	02:29:57	+01:25:26	07:07
36	486	Daniela Santos Simão	Individual	Veterana F40	02:37:36	+01:33:04	07:28

Veterana F45

1	193	Sandra Ferreira	GDC Guilhovai	Veterana F45	01:24:57	+20:25	04:02
2	21	Sabina Neca	ACRSD	Veterana F45	01:25:20	+20:48	04:03
3	39	Aline Santos	APEF	Veterana F45	01:30:41	+26:09	04:18
4	506	Dulce Silva	Individual	Veterana F45	01:31:18	+26:46	04:20
5	514	Sara Nunes	Individual	Veterana F45	01:43:52	+39:21	04:55
6	503	Carla Fiadeiro	Individual	Veterana F45	01:45:02	+40:30	04:59

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7	1013	Sofia Miranda	Run4Pancakes	Veterana F45	01:46:47	+42:15	05:04
8	515	Sónia Gama	Individual	Veterana F45	01:48:36	+44:04	05:09
9	121	Susana Vieira Dias	Clube de Montanhismo da Guarda	Veterana F45	01:50:36	+46:04	05:15
10	1058	Sandra Simões	Talentos Objetivos	Veterana F45	01:51:37	+47:05	05:17
11	82	Luísa Jervell	Cães d'Avenida	Veterana F45	01:51:57	+47:25	05:18
12	889	Lúcia Campos Costa	Juventude Cortegacense	Veterana F45	01:52:16	+47:45	05:19
13	182	Cristiana Macedo	GAIA-RUNNING	Veterana F45	01:53:39	+49:07	05:23
14	184	Joana Cadinha	GAIA-RUNNING	Veterana F45	01:55:13	+50:42	05:28
15	511	Maria João Varela	Individual	Veterana F45	01:55:49	+51:17	05:29
16	183	Joana Barbosa	GAIA-RUNNING	Veterana F45	01:56:02	+51:30	05:30
17	505	Cristiana Vanzeler	Individual	Veterana F45	01:56:26	+51:54	05:31
18	23	Cesénia Ferreira	AD Galomar	Veterana F45	01:56:58	+52:26	05:33
19	510	Maria Felismina Leandro	Individual	Veterana F45	01:58:13	+53:42	05:36
20	69	Sofia Villaverde Barbino	BOTAFOGO	Veterana F45	01:59:00	+54:28	05:38
21	24	Vanda Abreu	AD Galomar	Veterana F45	02:00:44	+56:12	05:43
22	48	Sofia Costa	Artebemviver	Veterana F45	02:03:27	+58:55	05:51
23	509	Luisa Alves	Individual	Veterana F45	02:04:37	+01:00:05	05:54
24	513	Patricia Iaranjeira	Individual	Veterana F45	02:05:20	+01:00:48	05:56
25	1053	Janette Fernandes	Sporting Clube de Espinho / António Leitão	Veterana F45	02:06:08	+01:01:36	05:59
26	502	Aurora Silva	Individual	Veterana F45	02:09:29	+01:04:57	06:08
27	81	Bárbara Barbosa	Cães d'Avenida	Veterana F45	02:13:42	+01:09:10	06:20
28	507	Fabiola Costa Moutinho	Individual	Veterana F45	02:18:05	+01:13:33	06:33
29	501	Ana França	Individual	Veterana F45	02:18:19	+01:13:47	06:33
30	504	Carla Pacheco	Individual	Veterana F45	02:37:37	+01:33:05	07:28

Veterana F50

1	519	Bela Ferraz	Individual	Veterana F50	01:39:12	+34:40	04:42
2	527	Sandra Fonseca Gonçalo	Individual	Veterana F50	01:41:01	+36:30	04:47
3	83	Francisca Sampaio Freitas	Cães d'Avenida	Veterana F50	01:47:10	+42:38	05:05
4	197	Isabel Oliveira	GDR Granja - TRUTAS DO MAU	Veterana F50	01:47:58	+43:26	05:07
5	526	Sandra Arribança	Individual	Veterana F50	01:51:02	+46:30	05:16
6	890	Marcia Castro Costa	Juventude Cortegacense	Veterana F50	01:52:17	+47:45	05:19
7	944	Cláudia Fernandes	Manas das Camélias	Veterana F50	01:53:27	+48:55	05:23
8	522	federica b	Individual	Veterana F50	01:53:52	+49:20	05:24
9	206	Rosário Miranda	grupo desportivo 3 santos populares - Carregal do Sal	Veterana F50	01:53:59	+49:27	05:24
10	185	Antónia Soares	GAIA-RUNNING	Veterana F50	01:55:25	+50:53	05:28
11	909	Patricia Matos	Linda-A-Pastora Sporting Clube	Veterana F50	01:55:46	+51:14	05:29
12	22	Carla Fernandes	AD Galomar	Veterana F50	01:56:50	+52:18	05:32
13	518	Anabela Pereira Lopes	Individual	Veterana F50	01:57:02	+52:30	05:33
14	952	Maria José Gomes Correia	MOVIMENTO DE JUVENTUDE DE MERELIM	Veterana F50	02:01:35	+57:04	05:46
15	43	Maria João Martins Infante Pereira Benquerença	ARCD Venda da Luísa	Veterana F50	02:03:33	+59:02	05:51
16	517	Ana Paula Bastos Teixeira	Individual	Veterana F50	02:06:51	+01:02:19	06:01

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17	521	Dèbora Ana Fortuna Soares Sequeira Cardoso	Individual	Veterana F50	02:09:07	+01:04:35	06:07
18	994	Teresa Reis	PETRUS RUNNERS	Veterana F50	02:11:06	+01:06:34	06:13
19	1023	Maria Manuel Soares	Running Esmoriz	Veterana F50	02:15:12	+01:10:40	06:25
20	951	Margarida gomes	MOVIMENTO DE JUVENTUDE DE MERELIM	Veterana F50	02:19:30	+01:14:58	06:37

Veterana F55

1	205	LÍDIA PEREIRA	GRECAS - Vagos	Veterana F55	01:35:54	+31:22	04:33
2	872	MATILDE BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F55	01:43:54	+39:22	04:56
3	79	Júlia Conceição	C.F. Oliveira do Douro	Veterana F55	01:45:12	+40:40	04:59
4	1008	Zélia Rodrigues	Run Crew Trail Montijo	Veterana F55	01:48:43	+44:12	05:09
5	151	Olga Lopes	Dr. Runner	Veterana F55	01:51:24	+46:52	05:17
6	1009	Olga gomes	Run fun	Veterana F55	01:59:25	+54:53	05:40
7	529	Fatima Oliveira	Individual	Veterana F55	01:59:31	+55:00	05:40
8	530	Helena Maria Fernandes da Silva	Individual	Veterana F55	02:01:52	+57:20	05:47
9	528	Eva Recmanová	Individual	Veterana F55	02:11:10	+01:06:38	06:13
10	146	Luísa Sousa	Desnível Positivo	Veterana F55	02:13:20	+01:08:48	06:19
11	531	Maria Helena Santos	Individual	Veterana F55	02:37:35	+01:33:03	07:28

Veterana F60

1	533	ADELAIDE MENDES	Individual	Veterana F60	01:58:02	+53:30	05:36
2	535	Maria Melo	Individual	Veterana F60	02:05:44	+01:01:12	05:58
3	536	Natasa Frias Valtrová	Individual	Veterana F60	02:15:37	+01:11:05	06:26

Veterano M35

1	1037	Miguel Ribeiro	S. C. SALGUEIROS	Veterano M35	01:05:00	+00:28	03:05
2	1090	Carlos costa	Vizela Corre	Veterano M35	01:07:05	+02:33	03:11
3	19	Filipe Ferreira	ACR Vale de Cambra	Veterano M35	01:11:26	+06:54	03:23
4	547	Bruno Pereira	Individual	Veterano M35	01:11:44	+07:13	03:24
5	112	SERGIO PAIVA	Clube Atletismo de Ovar	Veterano M35	01:11:59	+07:27	03:25
6	194	Daniel Sousa	GDC Guilhovai	Veterano M35	01:12:55	+08:23	03:27
7	179	Mário Ibarra	G.D.A RONDA	Veterano M35	01:20:12	+15:40	03:48
8	560	Ivan Ermolaev	Individual	Veterano M35	01:20:21	+15:49	03:49
9	968	Cristian Gonçalves	Núcleo sportinguista ilha Terceira	Veterano M35	01:21:29	+16:57	03:52
10	559	Hugo Antunes	Individual	Veterano M35	01:21:36	+17:05	03:52
11	602	Rui Santos	Individual	Veterano M35	01:22:12	+17:40	03:54
12	209	Daniel Fernando Rocha Cardoso	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	01:22:44	+18:12	03:55
13	63	Domingos Martins	Blip	Veterano M35	01:23:08	+18:37	03:56
14	580	Nuno Pinho	Individual	Veterano M35	01:24:15	+19:43	04:00
15	543	Avelino Silva	Individual	Veterano M35	01:24:52	+20:20	04:01

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16	882	SAMUEL SANTIAGO	Jota Barbosa Interiores	Veterano M35	01:25:35	+21:03	04:03
17	87	Ricardo Pais	Caldas São Jorge Sport Clube	Veterano M35	01:26:25	+21:53	04:06
18	548	Bruno Vaz	Individual	Veterano M35	01:27:00	+22:28	04:07
19	569	João Soares	Individual	Veterano M35	01:27:22	+22:50	04:08
20	562	João Adérito	Individual	Veterano M35	01:27:34	+23:02	04:09
21	899	Gonçalo Nuno Silva Antunes	KeMedo Team	Veterano M35	01:28:52	+24:20	04:13
22	930	Fabio Samuel Silva Pinto	Lusotufo	Veterano M35	01:28:55	+24:24	04:13
23	575	Márcio Manuel Reis Machado	Individual	Veterano M35	01:29:51	+25:19	04:16
24	565	João Malheiro	Individual	Veterano M35	01:30:06	+25:34	04:16
25	881	José carlos Vieira Fonseca	JOMI RUNNERS	Veterano M35	01:30:45	+26:13	04:18
26	593	Ricardo Andrés Neves dos Santos	Individual	Veterano M35	01:31:00	+26:28	04:19
27	131	Belmiro Pereira	Costilha Running Team	Veterano M35	01:31:40	+27:09	04:21
28	132	João Henrique	Costilha Running Team	Veterano M35	01:31:41	+27:09	04:21
29	1061	Diogo Melo	Team El Comandante	Veterano M35	01:32:27	+27:56	04:23
30	1082	FILIPE SOUSA	Vitória S.C.	Veterano M35	01:32:37	+28:05	04:23
31	598	Rogério Leal	Individual	Veterano M35	01:32:48	+28:16	04:24
32	540	Andre mota	Individual	Veterano M35	01:32:51	+28:19	04:24
33	1062	PEDRO SILVA	Team El Comandante	Veterano M35	01:33:07	+28:35	04:25
34	555	Flávio Silva	Individual	Veterano M35	01:33:27	+28:55	04:26
35	571	José Miguel Quelhas	Individual	Veterano M35	01:33:27	+28:55	04:26
36	914	Leonel Videira	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	01:33:28	+28:56	04:26
37	138	Carlos Ferreira	CSRDC Santiago	Veterano M35	01:33:40	+29:09	04:26
38	592	Rafael Bravo	Individual	Veterano M35	01:33:50	+29:18	04:27
39	44	João Silva	ARCD Venda da Luísa	Veterano M35	01:34:12	+29:41	04:28
40	943	MIGUEL FILIPE SOUSA PINTO	M&M	Veterano M35	01:34:53	+30:21	04:30
41	563	João Alves	Individual	Veterano M35	01:34:55	+30:24	04:30
42	609	Vitor Simões	Individual	Veterano M35	01:35:45	+31:13	04:32
43	586	Pedro Batista	Individual	Veterano M35	01:36:11	+31:39	04:34
44	164	HELDER PIRES	EV/PERALTAFIL	Veterano M35	01:37:54	+33:22	04:38
45	601	Rui Neves	Individual	Veterano M35	01:38:53	+34:21	04:41
46	956	Fabio Azevedo	NIGHT Runners Feira	Veterano M35	01:38:55	+34:23	04:41
47	584	Óscar Mendes	Individual	Veterano M35	01:39:05	+34:33	04:42
48	176	André Coelho	Furadourotrail	Veterano M35	01:39:05	+34:34	04:42
49	542	António Coentrão	Individual	Veterano M35	01:39:43	+35:11	04:44
50	88	Samuel Marques	Caldas São Jorge Sport Clube	Veterano M35	01:40:23	+35:52	04:46
51	97	Bruno Ribeiro	Canucos	Veterano M35	01:40:25	+35:53	04:46
52	566	João Manuel Oliveira Lima	Individual	Veterano M35	01:40:40	+36:09	04:46
53	605	Tomás Castro	Individual	Veterano M35	01:40:43	+36:11	04:46
54	1083	Manuel Mendes	Vitória S.C.	Veterano M35	01:41:03	+36:31	04:47
55	590	Pedro Ponciano	Individual	Veterano M35	01:41:03	+36:31	04:47
56	594	Ricardo Matos	Individual	Veterano M35	01:41:14	+36:42	04:48
57	551	David Ferreira	Individual	Veterano M35	01:41:34	+37:02	04:49
58	16	Luis Novo	ACAIL GAS	Veterano M35	01:41:54	+37:23	04:50
59	537	Adam Lunn	Individual	Veterano M35	01:42:12	+37:40	04:51
60	89	Tiago Oliveira	Caldas São Jorge Sport Clube	Veterano M35	01:42:18	+37:47	04:51
61	546	Bruno Fileno	Individual	Veterano M35	01:42:21	+37:49	04:51

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62	585	Paulo Silva	Individual	Veterano M35	01:42:45	+38:13	04:52
63	556	Francisco Silva	Individual	Veterano M35	01:42:56	+38:24	04:53
64	579	Nuno Martins	Individual	Veterano M35	01:43:01	+38:29	04:53
65	545	Bruno Félix	Individual	Veterano M35	01:43:12	+38:40	04:54
66	554	Fábio Daniel da Silva Ferreira	Individual	Veterano M35	01:43:12	+38:41	04:54
67	59	Diogo Ramos	Barra Oceans Runners	Veterano M35	01:43:19	+38:47	04:54
68	561	Ivo Petiz	Individual	Veterano M35	01:43:25	+38:53	04:54
69	577	Nuno Gonçalves	Individual	Veterano M35	01:43:27	+38:55	04:54
70	165	NUNO DAVID	EV/PERALTAFIL	Veterano M35	01:44:08	+39:37	04:56
71	552	David Silva	Individual	Veterano M35	01:44:10	+39:38	04:56
72	549	Carlos Simões	Individual	Veterano M35	01:44:47	+40:15	04:58
73	604	Tiago Santos	Individual	Veterano M35	01:44:58	+40:27	04:59
74	567	João Paulo da Silva Carvalho	Individual	Veterano M35	01:45:08	+40:36	04:59
75	1092	Jorge Gonçalves	Individual	Veterano M35	01:45:09	+40:38	04:59
76	596	Ricardo Rodrigues	Individual	Veterano M35	01:45:27	+40:55	05:00
77	576	Nuno Fernandes	Individual	Veterano M35	01:45:37	+41:05	05:00
78	175	Alexandre Santos	Furadourotrail	Veterano M35	01:46:02	+41:30	05:02
79	603	Tiago Ferreira Barbosa	Individual	Veterano M35	01:46:07	+41:35	05:02
80	587	Pedro Diogo Castro	Individual	Veterano M35	01:46:08	+41:36	05:02
81	582	Nuno Sousa	Individual	Veterano M35	01:46:11	+41:39	05:02
82	550	Cristiano Matos de Jesus	Individual	Veterano M35	01:47:48	+43:17	05:07
83	588	Pedro Fontes	Individual	Veterano M35	01:47:49	+43:17	05:07
84	591	Pierre Rodrigues da Silva	Individual	Veterano M35	01:48:24	+43:52	05:08
85	98	João Baptista	Canucos	Veterano M35	01:48:49	+44:17	05:09
86	539	André Meireles Ribeiro	Individual	Veterano M35	01:49:25	+44:53	05:11
87	557	Frederico Monteiro	Individual	Veterano M35	01:49:26	+44:54	05:11
88	186	João Vieira	GAIA-RUNNING	Veterano M35	01:49:49	+45:17	05:12
89	597	Ricardo silva	Individual	Veterano M35	01:50:34	+46:02	05:14
90	564	João Luís Santos Parreira	Individual	Veterano M35	01:51:02	+46:31	05:16
91	574	Marcelo José Reis Oliveira Ramalho	Individual	Veterano M35	01:51:05	+46:33	05:16
92	541	Andre Veloso	Individual	Veterano M35	01:53:13	+48:41	05:22
93	572	Jose Orlando Freitas	Individual	Veterano M35	01:53:18	+48:46	05:22
94	608	vitor Hugo gonçalves	Individual	Veterano M35	01:58:15	+53:43	05:36
95	891	Americo Jorge Pereira da Costa	Juventude Cortegacense	Veterano M35	01:59:47	+55:15	05:41
96	998	Renato Gomes	RainRunners	Veterano M35	02:01:01	+56:29	05:44
97	86	Miguel Santos	Caldas São Jorge Sport Clube	Veterano M35	02:01:33	+57:01	05:46
98	929	Diogo Costa	Lusotufu	Veterano M35	02:02:35	+58:03	05:49
99	11	Miguel Monteiro	A&M dental clinic	Veterano M35	02:03:08	+58:36	05:50
100	606	Vasco Daniel Ribeiro Branco	Individual	Veterano M35	02:03:41	+59:09	05:52
101	544	Bruno César	Individual	Veterano M35	02:04:06	+59:34	05:53
102	600	Rui Marcelo Ferreira da Silva	Individual	Veterano M35	02:07:39	+01:03:08	06:03
103	558	Gustavo Sanches de Castro	Individual	Veterano M35	02:10:34	+01:06:02	06:11
104	187	Marco Sequeira	GAIA-RUNNING	Veterano M35	02:11:41	+01:07:09	06:15
105	148	Jose Figueiredo	Devexperts	Veterano M35	02:16:59	+01:12:27	06:30
106	538	André Filipe Araújo carvalho	Individual	Veterano M35	02:18:22	+01:13:50	06:34

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107	949	José Silva	Minho e Lima Trail/Grupo Monte	Veterano M35	02:19:33	+01:15:02	06:37
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Veterano M40

1	195	Vitor Oliveira	GDC Guilhovai	Veterano M40	01:07:08	+02:36	03:11
2	665	Paulo morais	Individual	Veterano M40	01:12:27	+07:56	03:26
3	687	Tiago Faria	Individual	Veterano M40	01:16:25	+11:53	03:37
4	66	César Almeida	Bobadelas Running Team	Veterano M40	01:18:48	+14:16	03:44
5	681	Rui Amador	Individual	Veterano M40	01:20:07	+15:35	03:48
6	661	Nuno Martins	Individual	Veterano M40	01:20:24	+15:52	03:49
7	1054	Nuno Pais	Sporting Clube de Espinho / António Leitão	Veterano M40	01:20:30	+15:58	03:49
8	643	Joao Canedo	Individual	Veterano M40	01:20:31	+15:59	03:49
9	639	Ignacio Vilas Eguileta	Individual	Veterano M40	01:21:02	+16:30	03:50
10	207	Pedro Duarte	grupo desportivo 3 santos populares - Carregal do Sal	Veterano M40	01:22:08	+17:36	03:54
11	623	Cristiano Silva	Individual	Veterano M40	01:22:53	+18:21	03:56
12	1014	Rui Pedro Moreira da Silva	Run4Pancakes	Veterano M40	01:23:34	+19:02	03:58
13	892	Daniel Jose Silva Barros	Juventude Cortegacense	Veterano M40	01:23:45	+19:13	03:58
14	667	Pedro Costa	Individual	Veterano M40	01:23:55	+19:23	03:59
15	113	THIAGO PINTO	Clube Atletismo de Ovar	Veterano M40	01:24:50	+20:18	04:01
16	212	André Cruz	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterano M40	01:26:47	+22:15	04:07
17	141	GIOVANNI DIAZ	DAR Recardães	Veterano M40	01:27:25	+22:53	04:09
18	201	Ricardo Belinha	GDSPO	Veterano M40	01:27:25	+22:53	04:09
19	689	Vitor felix	Individual	Veterano M40	01:27:26	+22:54	04:09
20	679	Ricardo Meireles	Individual	Veterano M40	01:28:02	+23:31	04:10
21	996	Luís Teixeira	PowerRun	Veterano M40	01:28:13	+23:41	04:11
22	931	Sérgio Pinto da Mota	Lusotufu	Veterano M40	01:28:15	+23:43	04:11
23	619	Carlos Fernandes	Individual	Veterano M40	01:28:19	+23:47	04:11
24	103	João Pedro Ferreira Moita	CCD Matosinhos	Veterano M40	01:28:41	+24:09	04:12
25	672	Pedro Pinto	Individual	Veterano M40	01:28:48	+24:17	04:13
26	683	Rui Dias	Individual	Veterano M40	01:29:27	+24:56	04:14
27	658	Miguel Bernardo	Individual	Veterano M40	01:29:42	+25:10	04:15
28	652	José Santos	Individual	Veterano M40	01:29:47	+25:15	04:15
29	220	Francisco Alves	GTR	Veterano M40	01:29:53	+25:21	04:16
30	655	Luís Pinheiro Loureiro	Individual	Veterano M40	01:30:18	+25:46	04:17
31	659	Nuno Filipe Carvalho da Silva	Individual	Veterano M40	01:30:38	+26:06	04:18
32	196	Paulo Lages	GDCastelense	Veterano M40	01:32:44	+28:12	04:24
33	648	Jorge Filipe Moreira Ramos	Individual	Veterano M40	01:33:33	+29:02	04:26
34	1084	RUI GONÇALVES	Vitória S.C.	Veterano M40	01:33:53	+29:21	04:27
35	675	Ricardo Almeida	Individual	Veterano M40	01:34:06	+29:35	04:28
36	618	Bruno Silva	Individual	Veterano M40	01:35:20	+30:48	04:31
37	616	Artur Vieira	Individual	Veterano M40	01:35:39	+31:07	04:32
38	965	João Costa	Núcleo de Corrida Solverde	Veterano M40	01:35:44	+31:13	04:32
39	1063	Paulo Lopes	Team El Comandante	Veterano M40	01:37:24	+32:52	04:37

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40	676	Ricardo Doria Duarte	Individual	Veterano M40	01:37:52	+33:20	04:38
41	660	Nuno Francisco	Individual	Veterano M40	01:38:26	+33:54	04:40
42	133	Jorge Gonzaga	Costilha Running Team	Veterano M40	01:38:34	+34:03	04:40
43	71	Leandro Soares	Bouça Alta - Running	Veterano M40	01:38:36	+34:05	04:40
44	135	JOEL SILVA	CR Candoso	Veterano M40	01:38:50	+34:18	04:41
45	632	Filipe Valente Duarte	Individual	Veterano M40	01:39:01	+34:29	04:42
46	624	Daniel Marques	Individual	Veterano M40	01:39:09	+34:37	04:42
47	645	João Ribeiro	Individual	Veterano M40	01:39:16	+34:44	04:42
48	670	Pedro Melo	Individual	Veterano M40	01:39:21	+34:49	04:43
49	650	José Augusto Soares Monteiro	Individual	Veterano M40	01:40:00	+35:28	04:44
50	674	Rafael Gonçalves	Individual	Veterano M40	01:40:12	+35:40	04:45
51	873	Francisco Fernandes	JAM - Juventude Atlético Mozelense	Veterano M40	01:40:42	+36:11	04:46
52	686	Sérgio Maia	Individual	Veterano M40	01:40:55	+36:23	04:47
53	134	HÉLDER FARIA	CR Candoso	Veterano M40	01:41:12	+36:40	04:48
54	127	Alvaro Filipe Tomé Pinheiro	Coimbra Trail Running	Veterano M40	01:41:20	+36:48	04:48
55	664	Paulo Borges	Individual	Veterano M40	01:41:21	+36:49	04:48
56	635	Helder pinto	Individual	Veterano M40	01:41:25	+36:53	04:48
57	90	Hugo Santos	Caldas São Jorge Sport Clube	Veterano M40	01:41:56	+37:24	04:50
58	673	Pedro Silva Torres	Individual	Veterano M40	01:42:53	+38:21	04:53
59	666	Paulo Vidal	Individual	Veterano M40	01:43:11	+38:39	04:53
60	642	Ivo Santos	Individual	Veterano M40	01:43:42	+39:10	04:55
61	156	FILIPE COUTO	Espinho Trail	Veterano M40	01:43:48	+39:16	04:55
62	668	Pedro Fiadeiro	Individual	Veterano M40	01:45:02	+40:31	04:59
63	671	Pedro Miguel da Silva Pinheiro	Individual	Veterano M40	01:45:07	+40:35	04:59
64	656	Marco Pereira	Individual	Veterano M40	01:45:20	+40:48	05:00
65	620	Carlos Jesus	Individual	Veterano M40	01:45:38	+41:06	05:00
66	682	Rui Cardoso	Individual	Veterano M40	01:45:42	+41:10	05:01
67	680	Ricardo Zangão	Individual	Veterano M40	01:48:14	+43:42	05:08
68	684	Rui Manuel Fernandes Pereira	Individual	Veterano M40	01:49:08	+44:36	05:10
69	901	Hugo santos	KeMedo Team	Veterano M40	01:49:17	+44:45	05:11
70	636	helder teixeira	Individual	Veterano M40	01:49:51	+45:20	05:12
71	221	Nuno Gavinho	GTR	Veterano M40	01:49:57	+45:25	05:13
72	911	Rui Machado	Lobos	Veterano M40	01:50:09	+45:37	05:13
73	685	Sérgio Aleixo	Individual	Veterano M40	01:50:11	+45:39	05:13
74	634	Hans Dabó	Individual	Veterano M40	01:50:41	+46:10	05:15
75	615	André Ramos	Individual	Veterano M40	01:51:39	+47:07	05:18
76	177	William Martínez	Furadourotrail	Veterano M40	01:51:57	+47:25	05:18
77	669	Pedro Martins	Individual	Veterano M40	01:53:10	+48:38	05:22
78	653	Lourenço dos Reis dos Santos Júnior	Individual	Veterano M40	01:53:40	+49:08	05:23
79	948	António Novais	Miles & Vibes	Veterano M40	01:54:01	+49:29	05:24
80	649	Jorge Gomes	Individual	Veterano M40	01:55:01	+50:29	05:27
81	612	Alberto Barroso	Individual	Veterano M40	01:55:18	+50:46	05:28
82	614	Álvaro Abreu	Individual	Veterano M40	01:56:20	+51:48	05:31
83	36	Jairo Lourenço	Alexianos	Veterano M40	01:56:23	+51:51	05:31
84	629	Fausto Emanuel Forte dos Reis	Individual	Veterano M40	01:56:48	+52:16	05:32
85	157	RICARDO SOUSA	Espinho Trail	Veterano M40	01:57:13	+52:41	05:33

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86	155	Bruno Duarte	Espinho Trail	Veterano M40	01:57:13	+52:41	05:33
87	638	Humberto Barros	Individual	Veterano M40	01:57:14	+52:42	05:33
88	958	Bruno Valente	NIGHT Runners Feira	Veterano M40	01:57:25	+52:54	05:34
89	225	Pedro Renato Familiar	H-RAKY	Veterano M40	01:58:10	+53:38	05:36
90	677	Ricardo Fernandes	Individual	Veterano M40	01:58:50	+54:18	05:38
91	198	Fernando Ribeiro	GDR Granja - TRUTAS DO MAU	Veterano M40	01:59:04	+54:32	05:39
92	621	Carlos Rocha	Individual	Veterano M40	02:00:27	+55:55	05:43
93	657	Mario Brito	Individual	Veterano M40	02:00:27	+55:56	05:43
94	124	Pedro Miguel Silva	Clube Desportivo de Leomil	Veterano M40	02:01:14	+56:42	05:45
95	617	Bruno José de Matos Freitas	Individual	Veterano M40	02:01:29	+56:57	05:46
96	654	Luís Machado	Individual	Veterano M40	02:01:40	+57:08	05:46
97	102	Duarte Pinto	CCD Matosinhos	Veterano M40	02:03:03	+58:31	05:50
98	229	helder ferreira	hSantamariaRT	Veterano M40	02:03:56	+59:25	05:53
99	662	Nuno Rafael Armelão Santos	Individual	Veterano M40	02:04:27	+59:55	05:54
100	646	Joaquim Malheiro	Individual	Veterano M40	02:05:34	+01:01:02	05:57
101	641	Ivo Brás	Individual	Veterano M40	02:06:17	+01:01:45	05:59
102	1024	José Viana	Running Esmoriz	Veterano M40	02:06:52	+01:02:20	06:01
103	900	Gerson Alves	KeMedo Team	Veterano M40	02:09:51	+01:05:19	06:09
104	625	Daniel Polonio	Individual	Veterano M40	02:12:27	+01:07:56	06:17
105	622	Carlos Santos	Individual	Veterano M40	02:12:27	+01:07:56	06:17
106	96	Sérgio Manuel	CANIANOS	Veterano M40	02:12:27	+01:07:56	06:17
107	149	Mike Kostenko	Devexperts	Veterano M40	02:17:02	+01:12:30	06:30
108	611	Adam Valtr	Individual	Veterano M40	02:20:47	+01:16:16	06:40

Veterano M45

1	117	Miguel Meira	CLUBE DE ATLETISMO OLÍMPICO VIANENSE	Veterano M45	01:11:41	+07:09	03:24
2	166	PAULO PINTO	EV/PERALTAFIL	Veterano M45	01:17:27	+12:55	03:40
3	233	jose afonso	hSantamariaRT	Veterano M45	01:19:22	+14:50	03:44
4	693	André oliveira	Individual	Veterano M45	01:20:02	+15:30	03:48
5	119	Luis Silva	Clube de Campismo	Veterano M45	01:21:45	+17:14	03:53
6	710	Helder Costa	Individual	Veterano M45	01:21:57	+17:25	03:53
7	115	Paulo Ferreira	Clube de Atletismo de Ferreira do Zêzere	Veterano M45	01:22:28	+17:56	03:55
8	208	Renato Figueiredo	grupo desportivo 3 santos populares - Carregal do Sal	Veterano M45	01:22:34	+18:02	03:55
9	696	Augusto Lopes	Individual	Veterano M45	01:22:51	+18:20	03:56
10	729	Miguel Lopes	Individual	Veterano M45	01:22:57	+18:25	03:56
11	743	Pedro Cardoso	Individual	Veterano M45	01:23:46	+19:15	03:58
12	702	Cláudio Fonseca	Individual	Veterano M45	01:24:34	+20:02	04:01
13	716	Jorge Saraiva Alves	Individual	Veterano M45	01:24:36	+20:04	04:01
14	738	Paulo Noormahomed	Individual	Veterano M45	01:25:47	+21:15	04:04
15	877	gilberto costa	javalis100limites	Veterano M45	01:25:59	+21:28	04:05
16	214	Diamantino Martins	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterano M45	01:26:46	+22:14	04:07
17	749	Ricardo Jorge	Individual	Veterano M45	01:27:05	+22:33	04:08

Official Timekeeper: Lap2Go	15 / 22	generate 11-mai.-2025 12:38
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18	713	Hugo Filipe Marques da Silva	Individual	Veterano M45	01:27:21	+22:49	04:08
19	739	Paulo Tavares	Individual	Veterano M45	01:27:42	+23:10	04:09
20	41	Bruno Oliveira	Arada Atletico Clube	Veterano M45	01:28:35	+24:03	04:12
21	56	Ricardo Silva	Atletismo Clube da Tocha	Veterano M45	01:29:15	+24:44	04:14
22	703	Daniel Machado	Individual	Veterano M45	01:29:18	+24:47	04:14
23	708	Gonalo Filipe Lio Martins Pereira	Individual	Veterano M45	01:29:47	+25:15	04:15
24	215	Emanuel Santos	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterano M45	01:30:53	+26:21	04:19
25	1033	Marco soares	RUNNING ESPINHO	Veterano M45	01:30:54	+26:22	04:19
26	735	Paulo Castro	Individual	Veterano M45	01:30:56	+26:24	04:19
27	762	Vtor Loureiro	Individual	Veterano M45	01:31:01	+26:29	04:19
28	731	Nuno Helder Teixeira da Costa	Individual	Veterano M45	01:31:31	+26:59	04:20
29	76	Fernando Cruz	Brandoenses running	Veterano M45	01:31:35	+27:03	04:20
30	699	CARLOS RODRIGUES	Individual	Veterano M45	01:31:59	+27:27	04:22
31	752	Ricardo Srgio	Individual	Veterano M45	01:32:28	+27:57	04:23
32	1072	Domingos Lopes	Vila de Prado a Correr	Veterano M45	01:32:50	+28:18	04:24
33	725	Lus Mendes	Individual	Veterano M45	01:33:25	+28:54	04:26
34	1069	Pedro Santos	Trail - Grupo Desportivo de Trancoso	Veterano M45	01:33:33	+29:02	04:26
35	1038	Jos Lopes	SC COIMBRES /EQUIPA A	Veterano M45	01:33:33	+29:02	04:26
36	694	Antnio Magalhes	Individual	Veterano M45	01:33:48	+29:16	04:27
37	234	paulo machado	hSantamariaRT	Veterano M45	01:34:31	+30:00	04:29
38	715	Joaquim leal	Individual	Veterano M45	01:34:55	+30:24	04:30
39	238	Humberto Neves	MPAR RUNNING TEAM	Veterano M45	01:35:49	+31:17	04:33
40	104	Carlos Fernandes	CCD Matosinhos	Veterano M45	01:36:45	+32:13	04:35
41	105	Fernando Remelgado	CCD Siemens	Veterano M45	01:36:54	+32:22	04:36
42	723	JP GRIN	Individual	Veterano M45	01:38:15	+33:43	04:39
43	748	Ricardo Amrico Eiras Ribeiro Capito	Individual	Veterano M45	01:38:29	+33:58	04:40
44	714	Joao Scott	Individual	Veterano M45	01:38:50	+34:18	04:41
45	60	Ricardo Vicente	Barra Oceans Runners	Veterano M45	01:38:58	+34:26	04:41
46	726	Manuel Lopes	Individual	Veterano M45	01:39:33	+35:02	04:43
47	695	Antnio Maia	Individual	Veterano M45	01:39:35	+35:03	04:43
48	227	Pedro Martins	H-RAKY	Veterano M45	01:39:43	+35:11	04:44
49	724	Luis Machado	Individual	Veterano M45	01:39:50	+35:18	04:44
50	721	Jos Moreira	Individual	Veterano M45	01:40:13	+35:42	04:45
51	744	Pedro Ferreira	Individual	Veterano M45	01:40:23	+35:51	04:46
52	717	Jorge Xar	Individual	Veterano M45	01:40:45	+36:13	04:47
53	720	Jos Melo	Individual	Veterano M45	01:41:17	+36:45	04:48
54	945	Telmo Fernandes	Manas das Camlias	Veterano M45	01:41:22	+36:50	04:48
55	178	Virglio Neves	Furadourotrail	Veterano M45	01:42:27	+37:55	04:51
56	753	Ricky Matias	Individual	Veterano M45	01:42:27	+37:56	04:51
57	740	Paulo Vasconcelos	Individual	Veterano M45	01:42:55	+38:24	04:53
58	1016	Paulo Fernandes	Run4Pancakes	Veterano M45	01:43:22	+38:50	04:54
59	722	Jos Salgueiro	Individual	Veterano M45	01:43:52	+39:20	04:55
60	757	Rui Duarte	Individual	Veterano M45	01:43:52	+39:20	04:55
61	691	Alexandre Gonalves	Individual	Veterano M45	01:44:02	+39:30	04:56
62	933	Mrcio Filipe Alves Campelo	Lusotufu	Veterano M45	01:44:27	+39:55	04:57

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63	736	Paulo Lacerda	Individual	Veterano M45	01:44:44	+40:12	04:58
64	732	Nuno Miguel Vieira Ferreira	Individual	Veterano M45	01:45:21	+40:50	05:00
65	979	Rui Pereira	Os Pereiras	Veterano M45	01:45:27	+40:55	05:00
66	1004	Luis ramos	Reumaticos	Veterano M45	01:45:30	+40:58	05:00
67	976	MANUEL FERREIRA	Os Falta D'Ar	Veterano M45	01:46:18	+41:46	05:02
68	755	Rui Carvalho	Individual	Veterano M45	01:46:25	+41:53	05:03
69	733	Orlando Gonçalves	Individual	Veterano M45	01:46:49	+42:17	05:04
70	707	Firmino Gomes	Individual	Veterano M45	01:47:21	+42:50	05:05
71	718	JOSE ANTÓNIO MOURÃO PINTO	Individual	Veterano M45	01:47:55	+43:23	05:07
72	950	Domingos Nogueira	Moreira Relax Runners	Veterano M45	01:48:21	+43:50	05:08
73	719	José Ferreira	Individual	Veterano M45	01:48:40	+44:08	05:09
74	750	Ricardo Pina	Individual	Veterano M45	01:48:52	+44:20	05:10
75	704	Daniel Melo	Individual	Veterano M45	01:48:55	+44:23	05:10
76	1079	Ricardo Batista	Viseu 360º	Veterano M45	01:49:14	+44:42	05:11
77	759	Rui Miguel Pinho Silva	Individual	Veterano M45	01:49:52	+45:20	05:12
78	963	Xavier Fernandes	Nozes	Veterano M45	01:50:22	+45:51	05:14
79	1025	Paulo Reis	Running Esmoriz	Veterano M45	01:50:32	+46:00	05:14
80	1034	António Rocha	Runriver Escola de Atletismo de Rio Tinto	Veterano M45	01:50:48	+46:16	05:15
81	747	Pedro Sousa	Individual	Veterano M45	01:50:55	+46:23	05:15
82	1071	Pedro Fernandes	União Atletismo do Porto	Veterano M45	01:51:19	+46:47	05:17
83	70	Marcelo Teixeira Matos	BOTAFOGO	Veterano M45	01:52:14	+47:42	05:19
84	1041	Helder Pereira	Serviços Sociais Montepio	Veterano M45	01:52:30	+47:58	05:20
85	734	Patrício Martins	Individual	Veterano M45	01:53:54	+49:23	05:24
86	706	Filipe Ribeiro	Individual	Veterano M45	01:54:32	+50:00	05:26
87	701	César Sousa	Individual	Veterano M45	01:55:03	+50:31	05:27
88	40	Arnaldo Cardoso	Arada Atletico Clube	Veterano M45	01:55:35	+51:03	05:29
89	737	Paulo Manuel Leitão Pereira	Individual	Veterano M45	01:56:22	+51:50	05:31
90	932	José Manuel Rocha Correia	Lusotufo	Veterano M45	01:57:47	+53:15	05:35
91	698	Bruno Marques	Individual	Veterano M45	01:57:51	+53:20	05:35
92	730	Nelson Gomes	Individual	Veterano M45	01:58:39	+54:08	05:37
93	700	Celso Fernandes	Individual	Veterano M45	01:58:53	+54:21	05:38
94	711	Helder José Ferreira Rodrigues	Individual	Veterano M45	02:00:09	+55:37	05:42
95	709	Gustavo Maisler	Individual	Veterano M45	02:00:14	+55:43	05:42
96	49	Pedro Pinto	Artebemviver	Veterano M45	02:01:47	+57:16	05:46
97	231	daniel rocha	hSantamariaRT	Veterano M45	02:03:53	+59:21	05:52
98	727	MARCO ANTONIO PIMENTEL COSTA	Individual	Veterano M45	02:05:03	+01:00:31	05:56
99	226	Frederico Martins	H-RAKY	Veterano M45	02:05:32	+01:01:01	05:57
100	712	Hélder Silva	Individual	Veterano M45	02:05:43	+01:01:11	05:58
101	751	Ricardo Pitta-Groz	Individual	Veterano M45	02:07:42	+01:03:10	06:03
102	754	Rony Santos	Individual	Veterano M45	02:07:43	+01:03:11	06:03
103	697	Bruno Correia	Individual	Veterano M45	02:07:57	+01:03:26	06:04
104	746	Pedro Matos	Individual	Veterano M45	02:07:58	+01:03:26	06:04
105	1059	Nelson Sousa	Tartaruginhas Team	Veterano M45	02:11:47	+01:07:15	06:15
106	37	António Lima	Alexianos	Veterano M45	02:12:18	+01:07:46	06:16
107	741	Pedro Amorim	Individual	Veterano M45	02:15:12	+01:10:40	06:25

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108	902	Jose Pinto	KeMedo Team	Veterano M45	02:16:30	+01:11:58	06:28
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Veterano M50

1	1056	Rui Santos	Sporting Clube de Espinho / António Leitão	Veterano M50	01:15:47	+11:15	03:36
2	101	Fernando Santos	CASA DO POVO DE MANGUALDE	Veterano M50	01:23:05	+18:33	03:56
3	810	Victor Correia	Individual	Veterano M50	01:24:34	+20:02	04:01
4	53	Vitor Azevedo	Associação Figueiredo's Runners	Veterano M50	01:26:01	+21:29	04:05
5	167	Manuel Ferreira	EV/PERALTAFIL	Veterano M50	01:27:15	+22:43	04:08
6	774	Daniel Ferreira	Individual	Veterano M50	01:29:15	+24:43	04:14
7	787	Jose Miguel Pereira	Individual	Veterano M50	01:30:40	+26:08	04:18
8	806	Pedro Silva	Individual	Veterano M50	01:31:20	+26:48	04:20
9	17	Vítor Santos	ACAIL GAS	Veterano M50	01:31:39	+27:07	04:21
10	2	JOAQUIM NETO	Os Falta D'Ar	Veterano M50	01:32:02	+27:30	04:22
11	795	Paulo Alexandre de Sousa Carneiro	Individual	Veterano M50	01:32:29	+27:57	04:23
12	786	José Marques	Individual	Veterano M50	01:32:33	+28:02	04:23
13	1005	Paulo pereira	Reumaticos	Veterano M50	01:34:05	+29:33	04:28
14	784	José Dias	Individual	Veterano M50	01:35:05	+30:33	04:30
15	35	Guilherme Martins	AGENOR RUNNERS	Veterano M50	01:35:09	+30:38	04:31
16	811	Vítor Araujo	Individual	Veterano M50	01:35:32	+31:00	04:32
17	218	Paulo Maia	Grupo Oscacer	Veterano M50	01:36:25	+31:54	04:34
18	51	José Carlos Simões	Associação Académica de Coimbra	Veterano M50	01:37:10	+32:39	04:36
19	203	António Almeida	Gira Sol	Veterano M50	01:37:12	+32:41	04:36
20	812	Vitor Manuel Mendes Lemos	Individual	Veterano M50	01:38:50	+34:18	04:41
21	1085	PAULO ABREU	Vitória S.C.	Veterano M50	01:38:50	+34:18	04:41
22	791	Miguel Nunes	Individual	Veterano M50	01:39:04	+34:33	04:42
23	239	José Gonçalves	ÍMPAR RUNNING TEAM	Veterano M50	01:40:01	+35:29	04:44
24	236	miguel sousa	hSantamariaRT	Veterano M50	01:40:02	+35:30	04:45
25	93	Fernando Costa	Individual	Veterano M50	01:40:12	+35:40	04:45
26	152	Paulo Azevedo	ENERGY RUNNERS	Veterano M50	01:40:27	+35:56	04:46
27	778	Jaime Castro	Individual	Veterano M50	01:40:30	+35:58	04:46
28	773	Claudio Brito	Individual	Veterano M50	01:40:44	+36:12	04:47
29	803	Pedro Almeida	Individual	Veterano M50	01:40:49	+36:17	04:47
30	796	Paulo Fernandes	Individual	Veterano M50	01:40:52	+36:20	04:47
31	790	Miguel Leao	Individual	Veterano M50	01:40:59	+36:27	04:47
32	189	Peter Silva	GAIA-RUNNING	Veterano M50	01:41:17	+36:46	04:48
33	916	Luis Torres	Luis Torres	Veterano M50	01:41:31	+36:59	04:49
34	768	António Silveira	Individual	Veterano M50	01:42:00	+37:28	04:50
35	804	Pedro coelho	Individual	Veterano M50	01:42:02	+37:30	04:50
36	1017	José Carlos Mendes Ferreira	Run4Pancakes	Veterano M50	01:42:09	+37:37	04:51
37	776	Diogo Pereira	Individual	Veterano M50	01:42:29	+37:57	04:51
38	766	António Lameira	Individual	Veterano M50	01:42:54	+38:22	04:53
39	1028	Miguel Gouveia	Running Esmoriz	Veterano M50	01:42:58	+38:26	04:53

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40	1039	Paulo Ribeiro	SC COIMBRÕES /EQUIPA A	Veterano M50	01:43:02	+38:30	04:53
41	772	Carlos Rocha	Individual	Veterano M50	01:43:13	+38:42	04:54
42	1007	Raul teixeira	Reumaticos	Veterano M50	01:43:24	+38:52	04:54
43	158	José Sousa	estrelas de Portugal	Veterano M50	01:43:33	+39:02	04:55
44	72	Filipe Correia	Bouça Alta - Running	Veterano M50	01:43:50	+39:18	04:55
45	1006	Paulo ramos	Reumaticos	Veterano M50	01:44:34	+40:02	04:57
46	807	Rui Manuel da Rocha Ferreira	Individual	Veterano M50	01:45:00	+40:28	04:59
47	779	João Almeida	Individual	Veterano M50	01:45:32	+41:01	05:00
48	188	Pedro Costa	GAIA-RUNNING	Veterano M50	01:45:34	+41:02	05:00
49	936	Pedro Machado	Lusotufo	Veterano M50	01:45:46	+41:15	05:01
50	777	Fernando Santos	Individual	Veterano M50	01:45:58	+41:26	05:01
51	28	ARLINDO SILVA	AFIS/OVAR	Veterano M50	01:46:23	+41:51	05:03
52	809	Rui Simões	Individual	Veterano M50	01:46:23	+41:51	05:03
53	969	Jorge. Silva	Núcleo sportinguista ilha Terceira	Veterano M50	01:47:05	+42:33	05:05
54	775	Delfim Torres	Individual	Veterano M50	01:47:22	+42:51	05:05
55	903	Carlos Araújo	KeMedo Team	Veterano M50	01:47:37	+43:05	05:06
56	771	Carlos Bruno	Individual	Veterano M50	01:47:54	+43:22	05:07
57	199	Luis Faria	GDR Granja - TRUTAS DO MAU	Veterano M50	01:47:57	+43:26	05:07
58	1026	Joaquim Cunha	Running Esmoriz	Veterano M50	01:48:45	+44:13	05:09
59	802	Paulo Silva	Individual	Veterano M50	01:48:59	+44:27	05:10
60	1020	VITOR LARANJEIRA	Run4Pancakes	Veterano M50	01:49:11	+44:39	05:11
61	1047	André Relvas	SOREMA	Veterano M50	01:49:31	+44:59	05:11
62	74	Vitor Pereira	Bouça Alta - Running	Veterano M50	01:50:03	+45:31	05:13
63	781	João Rodrigues	Individual	Veterano M50	01:50:23	+45:51	05:14
64	785	José Fernando de Jesus Almeida	Individual	Veterano M50	01:51:00	+46:29	05:16
65	935	Luís Pinto	Lusotufo	Veterano M50	01:51:12	+46:40	05:16
66	228	Oscar Almeida	H-RAKY	Veterano M50	01:51:43	+47:11	05:18
67	800	paulo ribeiro	Individual	Veterano M50	01:52:09	+47:37	05:19
68	801	Paulo Rolo	Individual	Veterano M50	01:52:10	+47:38	05:19
69	799	Paulo Pinto	Individual	Veterano M50	01:53:13	+48:41	05:22
70	967	António Magalhães	Núcleo de Corrida Solverde	Veterano M50	01:54:17	+49:45	05:25
71	813	Vitor Neto	Individual	Veterano M50	01:55:26	+50:54	05:28
72	1027	Jorge Guerra	Running Esmoriz	Veterano M50	01:55:31	+50:59	05:29
73	1043	Manuel Guedes	Serviços Sociais Montepio	Veterano M50	01:55:57	+51:25	05:30
74	765	Alfredo Roriz	Individual	Veterano M50	01:55:59	+51:27	05:30
75	764	Agnelo Marques	Individual	Veterano M50	01:55:59	+51:27	05:30
76	73	Pedro Cardoso	Bouça Alta - Running	Veterano M50	01:57:11	+52:39	05:33
77	42	Rui Neves	Arada Atletico Clube	Veterano M50	01:57:34	+53:02	05:34
78	808	Rui Raimundo	Individual	Veterano M50	01:57:36	+53:04	05:34
79	767	António Rodrigues	Individual	Veterano M50	01:57:41	+53:10	05:35
80	770	Bruno Filipe Fernandes Rodrigues	Individual	Veterano M50	01:59:00	+54:29	05:38
81	999	Jorge Simões	RainRunners	Veterano M50	01:59:19	+54:47	05:39
82	769	Augusto Pacheco	Individual	Veterano M50	01:59:55	+55:23	05:41
83	788	julio costa	Individual	Veterano M50	02:01:42	+57:10	05:46
84	794	Nuno Caçote	Individual	Veterano M50	02:03:26	+58:54	05:51
85	793	Noel Oliveira	Individual	Veterano M50	02:04:55	+01:00:23	05:58

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86	1029	Rui Marques	Running Esmoriz	Veterano M50	02:06:53	+01:02:21	06:01
87	797	Paulo Fernandes	Individual	Veterano M50	02:12:02	+01:07:31	06:16
88	904	José Ferreira	KeMedo Team	Veterano M50	02:13:08	+01:08:36	06:19
89	1046	Rui Silva	Slow down	Veterano M50	02:14:07	+01:09:35	06:21
90	1	RUI SANTOS	Os Falta D'Ar	Veterano M50	02:19:20	+01:14:48	06:36

Veterano M55

1	839	Mario Carreira	Individual	Veterano M55	01:16:33	+12:01	03:38
2	20	António Pinto	ACR Vale de Cambra	Veterano M55	01:23:43	+19:11	03:58
3	94	RENATO SILVA	Caldas São Jorge Sport Clube	Veterano M55	01:24:33	+20:01	04:00
4	1057	Augusto Aluai	Sporting Clube de Espinho / António Leitão	Veterano M55	01:25:17	+20:45	04:03
5	845	Pedro Marques	Individual	Veterano M55	01:25:42	+21:11	04:04
6	1068	Fernando Gonçalves	The Mountain Goat	Veterano M55	01:26:04	+21:32	04:05
7	168	José Silva	EV/PERALTAFIL	Veterano M55	01:26:18	+21:46	04:05
8	1086	FILIPE OLIVEIRA	Vitória S.C.	Veterano M55	01:27:35	+23:03	04:09
9	12	carlos silva	A.D.Nós Acreditamos	Veterano M55	01:27:46	+23:14	04:10
10	1064	josé carlos santos	Team El Comandante	Veterano M55	01:29:06	+24:34	04:13
11	959	Paulo Bandalho	NIGHT Runners Feira	Veterano M55	01:29:16	+24:44	04:14
12	817	António Ribeiro	Individual	Veterano M55	01:29:43	+25:11	04:15
13	844	Pedro França	Individual	Veterano M55	01:29:50	+25:18	04:16
14	29	JOSE FIGUEIREDO	AFIS/OVAR	Veterano M55	01:29:55	+25:23	04:16
15	830	Joaquim Silva	Individual	Veterano M55	01:31:21	+26:49	04:20
16	895	Ernesto Marques Alves	Juventude Cortegacense	Veterano M55	01:31:21	+26:50	04:20
17	841	nuno cáceres	Individual	Veterano M55	01:32:10	+27:38	04:22
18	820	Francisco Manuel Nunes de Oliveira	Individual	Veterano M55	01:32:45	+28:13	04:24
19	61	Pedro Guimarães	Barra Oceans Runners	Veterano M55	01:33:18	+28:47	04:25
20	30	JOSE GODINHO	AFIS/OVAR	Veterano M55	01:34:26	+29:54	04:29
21	216	Jorge Marinho	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterano M55	01:35:18	+30:47	04:31
22	150	Paulo Pinheiro	Dive Into the Mountain	Veterano M55	01:36:22	+31:50	04:34
23	840	Miguel Macieira	Individual	Veterano M55	01:36:36	+32:04	04:35
24	1080	Pedro Miguel Laranjo	Viseu 360º	Veterano M55	01:36:39	+32:08	04:35
25	835	José Miguel Lopes Gonçalves	Individual	Veterano M55	01:37:55	+33:23	04:38
26	838	Manuel Rocha	Individual	Veterano M55	01:38:20	+33:49	04:40
27	45	Basilio Simoes	ARCD Venda da Luísa	Veterano M55	01:40:46	+36:14	04:47
28	825	João Castro	Individual	Veterano M55	01:42:33	+38:01	04:52
29	819	FERNANDO AREZES	Individual	Veterano M55	01:43:03	+38:31	04:53
30	170	Vicente Manuel Sousa João	FIDELIDADE GDC	Veterano M55	01:43:24	+38:52	04:54
31	91	Joaquim Lobato	Caldas São Jorge Sport Clube	Veterano M55	01:45:02	+40:30	04:59
32	818	Artur Ferreira	Individual	Veterano M55	01:45:20	+40:48	05:00
33	92	Manuel da Silva	Caldas São Jorge Sport Clube	Veterano M55	01:46:04	+41:32	05:02
34	824	João Bronze	Individual	Veterano M55	01:48:04	+43:32	05:07
35	190	Paulo Delgado	GAIA-RUNNING	Veterano M55	01:49:49	+45:17	05:12
36	31	JOSE TAVARES	AFIS/OVAR	Veterano M55	01:50:17	+45:45	05:14
37	816	António Ferreira	Individual	Veterano M55	01:51:12	+46:40	05:16

Meia Maratona

21,097 KM

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OFFICIAL RESULT

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38	222	Pedro Matos	GTR	Veterano M55	01:51:56	+47:24	05:18
39	834	Jose Guilherme Parreiral	Individual	Veterano M55	01:52:24	+47:52	05:20
40	827	João Jorge	Individual	Veterano M55	01:53:44	+49:12	05:23
41	843	Paulo Moreira	Individual	Veterano M55	01:54:45	+50:13	05:26
42	847	Vítor Gonzas	Individual	Veterano M55	01:54:59	+50:28	05:27
43	829	Joaquim Pereira	Individual	Veterano M55	01:55:59	+51:27	05:30
44	129	Vítor M Cardoso	Corre São João	Veterano M55	01:56:31	+52:00	05:31
45	939	Pedro Bruno Silva Marques Rola	Lusotufu	Veterano M55	01:56:50	+52:18	05:32
46	1001	Carlos Pinto	RainRunners	Veterano M55	01:57:15	+52:43	05:33
47	836	Luis Manuel Marques Matos Ventura	Individual	Veterano M55	01:58:23	+53:51	05:37
48	937	António Alves	Lusotufu	Veterano M55	02:01:32	+57:00	05:46
49	823	Isaías Fernando Ferreira Mendes	Individual	Veterano M55	02:05:36	+01:01:05	05:57
50	831	Jorge Esteves	Individual	Veterano M55	02:08:12	+01:03:40	06:05
51	833	José António Sequeira Cardoso Soares	Individual	Veterano M55	02:09:07	+01:04:35	06:07
52	1075	Viriato Coelho	Viriathvs Runners Viseu	Veterano M55	02:09:33	+01:05:02	06:08
53	1030	Maurício Lins	Running Esmoriz	Veterano M55	02:13:00	+01:08:28	06:18
54	828	Joaquim Pepe Roque	Individual	Veterano M55	02:19:29	+01:14:57	06:37
55	1035	Artur Rodrigues	S S S TEAM	Veterano M55	02:26:20	+01:21:48	06:56

Veterano M60

1	120	Manuel Sousa Alves	Clube de Campismo	Veterano M60	01:18:55	+14:23	03:44
2	33	JOAO PEREIRA	AFIS/OVAR	Veterano M60	01:22:39	+18:07	03:55
3	1040	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	01:24:46	+20:14	04:01
4	1048	Ricardo Machado	Sport Clube Freamunde	Veterano M60	01:31:10	+26:38	04:19
5	180	Carlos Fazendeiro	G.D.A RONDA	Veterano M60	01:31:29	+26:57	04:20
6	52	Mário Carapinheiro	Associação Académica de Coimbra	Veterano M60	01:31:37	+27:05	04:21
7	874	CARLOS BAPTISTA	JAM - Juventude Atlético Mozelense	Veterano M60	01:33:05	+28:33	04:25
8	95	Manuel Valente	Caldas São Jorge Sport Clube	Veterano M60	01:33:50	+29:18	04:27
9	106	Custodio da Silva Coutinho	CDC PARADELA DO VOUGA	Veterano M60	01:34:36	+30:04	04:29
10	77	José Santos	Brandoenses running	Veterano M60	01:35:21	+30:49	04:31
11	1088	FRANCISCO NOVAIS	Vitória S.C.	Veterano M60	01:39:21	+34:49	04:43
12	853	Carlos Matos	Individual	Veterano M60	01:40:10	+35:38	04:45
13	970	Luis Silva	Núcleo sportinguista ilha Terceira	Veterano M60	01:41:20	+36:48	04:48
14	55	Orlando Ferreira	Atletas do Parque	Veterano M60	01:41:21	+36:49	04:48
15	860	Herculano Cardoso	Individual	Veterano M60	01:42:03	+37:31	04:50
16	870	Virgílio Oliveira	Individual	Veterano M60	01:42:20	+37:49	04:51
17	961	Rui Coelho	No Excuses	Veterano M60	01:43:06	+38:35	04:53
18	896	Manuel Constantino Silva	Juventude Cortegacense	Veterano M60	01:43:38	+39:06	04:55
19	191	ILÍDIO SILVA	GAIA-RUNNING	Veterano M60	01:45:33	+41:02	05:00
20	941	Manuel Jorge Gomes Alves	Lusotufo	Veterano M60	01:45:47	+41:15	05:01
21	204	Adérito Curto	Gira Sol	Veterano M60	01:46:57	+42:25	05:04
22	868	Rodrigo Alcino Dinis Rodrigues da c	Individual	Veterano M60	01:47:26	+42:54	05:06

Meia Maratona

21,097 KM

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OFFICIAL RESULT

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23	864	jose soares correia	Individual	Veterano M60	01:47:36	+43:04	05:06
24	850	Alvaro Silva	Individual	Veterano M60	01:48:00	+43:29	05:07
25	224	Carlos Gavinho	GTR	Veterano M60	01:51:56	+47:24	05:18
26	75	Amadeu Pinto	Bouça Alta - Running	Veterano M60	01:52:08	+47:36	05:19
27	153	Rui Russo dos Santos	Erdinger Haus	Veterano M60	01:53:25	+48:53	05:23
28	109	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	01:54:04	+49:32	05:24
29	862	Hersant patrick	Individual	Veterano M60	01:54:23	+49:51	05:25
30	122	Narciso Arromba	Clube de Veteranos de Coimbra - CluVe	Veterano M60	01:54:49	+50:17	05:27
31	126	Paulo Oliveira Pinto	Clube Portugal Telecom Zona Norte	Veterano M60	01:55:44	+51:13	05:29
32	854	Carlos Manuel Oliveira e Silva	Individual	Veterano M60	01:56:14	+51:42	05:31
33	857	Fernando Correia	Individual	Veterano M60	01:57:30	+52:58	05:34
34	849	Agostinho Fontes	Individual	Veterano M60	01:58:10	+53:38	05:36
35	866	Manuel Cruz	Individual	Veterano M60	02:03:45	+59:14	05:52
36	1070	Paulo Valente	Trailistas "Eu é que sei!"	Veterano M60	02:04:55	+01:00:24	05:55
37	883	Fernando Santiago	Jota Barbosa Interiores	Veterano M60	02:05:49	+01:01:17	05:58
38	856	Fernando Azevedo	Individual	Veterano M60	02:08:07	+01:03:35	06:04
39	852	Arnaldo Lourenço	Individual	Veterano M60	02:12:09	+01:07:37	06:16
40	855	Domingos Alberto Cardoso Rodrigues	Individual	Veterano M60	02:12:46	+01:08:14	06:18
41	1031	Joaquim Pinto	Running Esmoriz	Veterano M60	02:15:09	+01:10:37	06:24
42	85	JOAQUIM PAULINO	CAL - Clube Atletismo de Lamas	Veterano M60	02:20:33	+01:16:01	06:40
43	865	Luis Miguel Ciravegna Martins da Fonseca	Individual	Veterano M60	02:23:08	+01:18:36	06:47
44	977	Belmiro Aguiar	Os Kágados	Veterano M60	02:26:18	+01:21:46	06:56
45	223	Amaro Rocha	GTR	Veterano M60	02:29:38	+01:25:06	07:06
46	869	Sergio Roberto Gomes	Individual	Veterano M60	02:43:03	+01:38:32	07:44

CORRIDA 10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	13,8°C	82%
End	11:40	15,8°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2109	RICARDO PEREIRA	ev/peraltafil	Senior Masculino	32:34		03:15
2	2505	Tiago Silva	sport comércio e salgueiros	Senior Masculino	32:45	+00:11	03:17
3	2101	JOÃO Oliveira	dar recardães	Senior Masculino	33:09	+00:35	03:19
4	2042	Fábio Barbosa	atletico clube penha longa	Senior Masculino	33:28	+00:54	03:21
5	2041	Carlos Gomes	atletico clube penha longa	Senior Masculino	33:59	+01:25	03:24
6	2107	MARCO MARQUES	ev/peraltafil	Senior Masculino	34:02	+01:28	03:24
7	2108	RENATO SOUSA	ev/peraltafil	Senior Masculino	34:26	+01:52	03:27
8	2299	Rui Ferreira	individual	Senior Masculino	34:51	+02:17	03:29
9	2360	Joao Castro	team el comandante	Veterano M40	34:57	+02:23	03:30
10	2135	Artur Rodrigues	gdc guilhovai	Veterano M40	35:46	+03:12	03:35
11	2089	CELSO LEITE	clube atletismo de ovar	Senior Masculino	36:08	+03:34	03:37
12	2141	Renato Correia	grupo desportivo recreativo juventude das ribeiras	Senior Masculino	37:05	+04:31	03:42
13	2092	MARCO JORGE	clube atletismo de ovar	Veterano M40	37:11	+04:36	03:43
14	2459	Bruno Miguel Santos	pac running academy	Senior Masculino	37:16	+04:42	03:44
15	2111	MANUEL BESSA	ev/peraltafil	Veterano M50	37:17	+04:43	03:44
16	2043	Pedro Pinto	atletico clube penha longa	Senior Masculino	37:22	+04:47	03:44
17	2460	Hugo Sampaio	pac running academy	Senior Masculino	37:32	+04:57	03:45
18	2132	Hugo Ferreira	g.d.a ronda	Veterano M40	37:47	+05:13	03:47
19	2407	Vitor Gonçalves	individual	Veterano M50	37:59	+05:25	03:48
20	2506	Telma Pinho	team el comandante	Senior Feminino	38:00	+05:26	03:48
21	2260	João Salgueiro	individual	Senior Masculino	38:25	+05:51	03:51
22	2008	António Veiga	acd os ilhavs	Senior Masculino	38:30	+05:56	03:51
23	2099	PEDRO SILVA	clube atletismo de ovar	Veterano M50	38:31	+05:57	03:51
24	2088	INES GONÇALVES	clube atletismo de ovar	Senior Feminino	38:31	+05:57	03:51
25	2098	MARIO VAZ	clube atletismo de ovar	Veterano M50	38:47	+06:13	03:53
26	2090	IGOR GAIO	clube atletismo de ovar	Senior Masculino	38:50	+06:16	03:53
27	2087	Rafael Pereira	club união idanhense	Senior Masculino	38:56	+06:22	03:54
28	2241	David Maia	individual	Senior Masculino	38:58	+06:24	03:54
29	2137	JOAQUIM LEAL	gdrc ponterrolense	Veterano M50	39:00	+06:25	03:54
30	2009	André Santos	acd os ilhavs	Veterano M40	39:11	+06:37	03:55
31	2306	Sérgio Pires	individual	Senior Masculino	39:18	+06:44	03:56
32	2489	Telmo nunes	running espinho	Senior Masculino	39:24	+06:50	03:56
33	2418	Williams da Conceição Rodriguez	juventude cortegacense	Veterano M40	39:29	+06:54	03:57
34	934	Nuno Ribeiro	lusotufo	Veterano M40	39:30	+06:56	03:57
35	2225	André Dias Teresinho	individual	Senior Masculino	39:31	+06:57	03:57
36	2040	Alexandre Azevedo	associação académica de coimbra	Senior Masculino	39:32	+06:58	03:57
37	2010	Paulo Silva	acd os ilhavs	Veterano M40	39:35	+07:00	03:57
38	2022	Lara Costa	arada atletico clube	Senior Feminino	39:55	+07:21	03:59
39	2033	Manuel Ferreira	arada atletico clube	Veterano M50	39:55	+07:21	04:00
40	2039	JULIO CESAR DA COSTA LEGENTIL	arvor associação recreativa os veteranos d'ovar	Veterano M40	39:59	+07:25	04:00

CORRIDA 10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	2491	Eduardo Brandão	runriver escola de atletismo de rio tinto	Veterano M40	40:05	+07:31	04:00
42	2394	José silva reis	individual	Veterano M50	40:13	+07:39	04:01
43	2091	CARLOS SEQUEIRA	clube atletismo de ovar	Veterano M40	40:16	+07:41	04:02
44	2424	Diogo Branco	l&r	Senior Masculino	40:20	+07:45	04:02
45	2280	Oleksandr Tarasov	individual	Senior Masculino	40:23	+07:49	04:02
46	2262	João Tomás Oliveira Vieira Cardoso Matias	individual	Senior Masculino	40:25	+07:51	04:03
47	2461	Manuel Tomás Oliveira Monteiro	pac running academy	Senior Masculino	40:36	+08:02	04:04
48	2372	Pedro Espírito Santo	individual	Veterano M40	40:37	+08:03	04:04
49	2052	Ana Raquel Ribeiro Costa	boavista fc	Senior Feminino	40:37	+08:03	04:04
50	2115	ANTÓNIO RICARDO COIMBRA HENRIQUES	flex2000	Senior Masculino	40:53	+08:19	04:05
51	2097	JOSE PINTO	clube atletismo de ovar	Veterano M50	41:05	+08:31	04:06
52	2352	Antonio Manuel Pais Assunção	individual	Veterano M40	41:26	+08:52	04:09
53	2085	Tiago Marcelino	cenap	Senior Masculino	41:32	+08:58	04:09
54	2257	João Carlos Ferreira Abreu	individual	Senior Masculino	41:35	+09:01	04:10
55	2014	JOSE COSTA	afis/ovar	Senior Masculino	41:37	+09:03	04:10
56	2140	Raquel Cirne	greças - vagos	Senior Feminino	41:37	+09:03	04:10
57	2247	Fabio Costa	individual	Senior Masculino	41:42	+09:08	04:10
58	2093	MARCO SILVA	clube atletismo de ovar	Veterano M40	42:10	+09:35	04:13
59	2082	André Nunes	casa do povo de mangelde	Senior Masculino	42:13	+09:39	04:13
60	2400	Manuel Lázaro Pereira Silva	individual	Veterano M50	42:13	+09:39	04:13
61	2301	Rui Santos	individual	Senior Masculino	42:47	+10:13	04:17
62	2072	Ricardo Silva	caldas são jorge sport clube	Veterano M40	42:50	+10:16	04:17
63	2094	ANTONIO CASTRO	clube atletismo de ovar	Veterano M50	42:59	+10:25	04:18
64	2182	Joana Marques	individual	Senior Feminino	43:01	+10:27	04:18
65	2265	José Filipe Silva Lemos	individual	Senior Masculino	43:05	+10:31	04:19
66	2244	Duarte Correia	individual	Senior Masculino	43:46	+11:12	04:23
67	2144	rafael ferreira	hsantamariart	Senior Masculino	44:12	+11:38	04:25
68	2278	Nuno Reis	individual	Senior Masculino	44:35	+12:00	04:27
69	2236	Bruno Pinto	individual	Senior Masculino	44:36	+12:02	04:28
70	568	João Paulo Neves Seródio	individual	Senior Masculino	44:36	+12:02	04:28
71	2397	Luis Pedro Dias Couto Rodrigues	individual	Veterano M50	44:43	+12:08	04:28
72	2310	Tiago Costa	individual	Senior Masculino	44:50	+12:16	04:29
73	2296	Rúben Manuel Dias Almeida	individual	Senior Masculino	44:58	+12:23	04:30
74	2110	JOAQUIM PEREIRA	ev/peraltafil	Veterano M50	45:04	+12:30	04:30
75	2242	Diogo Barreto	individual	Senior Masculino	45:07	+12:32	04:31
76	2484	Pedro Barros	run for eat	Senior Masculino	45:09	+12:35	04:31
77	2500	Armando Castro	sosense trail- corind / braga&fernandes	Veterano M50	45:17	+12:43	04:32
78	2331	Juliana Figueiras	individual	Veterana F40	45:18	+12:44	04:32
79	2420	Domingos Fernando Oliveira Camboa 12121960	juventude cortegacense	Veterano M50	45:20	+12:46	04:32
80	2105	PATRICIA FERREIRA	ev/peraltafil	Senior Feminino	45:24	+12:50	04:32
81	2106	SARA PEREIRA	ev/peraltafil	Senior Feminino	45:28	+12:54	04:33
82	2273	Manuel Castro	individual	Senior Masculino	45:35	+13:01	04:34

CORRIDA 10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	2438	Alexandre Rafael Sousa Vieira	lusotufo	Senior Masculino	45:36	+13:02	04:34
84	2452	Rui Miguel Costa Vieira	lusotufo	Veterano M50	45:37	+13:03	04:34
85	2261	João Silva	individual	Senior Masculino	45:40	+13:06	04:34
86	2380	Vasco Regadas	individual	Veterano M40	45:41	+13:07	04:34
87	2508	Tiago Neto	ten team	Senior Masculino	45:47	+13:13	04:35
88	2443	Rúben Domingues Rocha	lusotufo	Senior Masculino	45:47	+13:13	04:35
89	2062	António Espinheira	brandoenses running	Veterano M50	45:51	+13:16	04:35
90	2348	Adriano Fonseca	individual	Veterano M40	45:54	+13:20	04:35
91	2083	Carlos Almeida	casa do povo de mangualde	Veterano M50	45:57	+13:23	04:36
92	2011	FATIMA PINHO	afis/ovar	Senior Feminino	46:00	+13:26	04:36
93	2013	GIL DUDOT	afis/ovar	Senior Masculino	46:06	+13:31	04:37
94	2499	Tiago Castro	sosense trail- corind / braga&fernandes	Senior Masculino	46:06	+13:31	04:37
95	2252	Guilherme Casais	individual	Senior Masculino	46:09	+13:35	04:37
96	2248	Fabio Oliveira	individual	Senior Masculino	46:21	+13:47	04:38
97	2228	André Mota	individual	Senior Masculino	46:24	+13:50	04:38
98	2027	abel azevedo	arada atletico clube	Veterano M40	46:28	+13:54	04:39
99	2038	Valter Rodrigues	arroz de carril	Veterano M40	46:50	+14:16	04:41
100	2385	CECILIO MANUEL SILVA FERREIRA	individual	Veterano M50	47:10	+14:36	04:43
101	2277	Moises Pinto	individual	Senior Masculino	47:13	+14:39	04:43
102	2511	Ricardo Trigo	ten team	Veterano M40	47:18	+14:44	04:44
103	2217	Sara Neves	individual	Senior Feminino	47:20	+14:46	04:44
104	2453	Nuno Marinho	núcleo de corrida solveverde	Senior Masculino	47:21	+14:46	04:44
105	2502	João Sousa	sousa	Veterano M50	47:21	+14:47	04:44
106	2255	Hugo Brito	individual	Senior Masculino	47:23	+14:48	04:44
107	2448	Mário Joel Silva Sequeira	lusotufo	Veterano M40	47:27	+14:53	04:45
108	2253	Guilherme Pestana Aguiar	individual	Senior Masculino	47:29	+14:55	04:45
109	2044	MIGUEL MOREIRA	aztrail	Senior Masculino	47:47	+15:13	04:47
110	2021	Ema Oliveira	arada atletico clube	Senior Feminino	47:50	+15:16	04:47
111	2240	Daniel Sarabanda	individual	Senior Masculino	48:07	+15:33	04:49
112	2124	João Colónia	fresenius kabi runners	Senior Masculino	48:19	+15:44	04:50
113	2379	Tiago Tavares	individual	Veterano M40	48:19	+15:45	04:50
114	2019	MANUEL GOMES	afis/ovar	Veterano M50	48:23	+15:48	04:50
115	18	Rui Lopes	acd os ilhavs	Veterano M40	48:32	+15:58	04:51
116	2285	Pedro Nuno da Silva Gomes	individual	Senior Masculino	48:34	+16:00	04:51
117	2291	Ricardo Marques Lopes	individual	Senior Masculino	48:36	+16:02	04:52
118	2078	Rui Moreira	caldas são jorge sport clube	Veterano M50	48:44	+16:10	04:52
119	2375	Ricardo Fonseca	individual	Veterano M40	48:44	+16:10	04:52
120	2353	Bruno João de Resende Peres Loureiro	individual	Veterano M40	48:45	+16:11	04:53
121	2466	Rui Araujo	peixinhos do rio	Senior Masculino	48:53	+16:19	04:53
122	2075	Carlos Sousa	caldas são jorge sport clube	Veterano M50	48:54	+16:20	04:53
123	2467	Simão Machado	peixinhos do rio	Senior Masculino	49:07	+16:32	04:55
124	2077	Manuel Almeida	caldas são jorge sport clube	Veterano M50	49:17	+16:42	04:56
125	2408	Pedro leitao	jam - juventude atlética mozelense	Veterano M40	49:19	+16:45	04:56
126	2061	Perpétua Silva	brandoenses running	Veterana F40	49:20	+16:46	04:56
127	500	Sandra Salgueiro	individual	Veterana F40	49:36	+17:02	04:58

CORRIDA 10KM - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	2139	Ricardino Santos	goodshape	Veterano M40	49:41	+17:07	04:58
129	2268	Luís Carlos da Rocha Carneiro Pais	individual	Senior Masculino	49:44	+17:10	04:58
130	2396	Luis Barosa	individual	Veterano M50	49:50	+17:16	04:59
131	27	PEDRO NECHO	afis/ovar	Veterano M40	49:53	+17:19	04:59
132	2073	Riki Silva	caldas são jorge sport clube	Veterano M40	49:58	+17:24	05:00
133	2309	Tiago Camboa	individual	Senior Masculino	50:01	+17:27	05:00
134	2393	JOSE CASALEIRO	individual	Veterano M50	50:03	+17:29	05:00
135	2237	Bruno Ricardo da Silva Gomes	individual	Senior Masculino	50:06	+17:31	05:01
136	2116	LEONARDO SANTOS PEREIRA	flex2000	Senior Masculino	50:09	+17:35	05:01
137	2436	Rosana Sofia Gomes Moreira	lusotufo	Senior Feminino	50:10	+17:36	05:01
138	2121	ANDRÉ BRUNO ALMEIDA MAIA	flex2000	Veterano M40	50:15	+17:41	05:02
139	2476	José Matos	recreio desportivo de águeda	Veterano M50	50:19	+17:45	05:02
140	2350	André Pereira	individual	Veterano M40	50:22	+17:47	05:02
141	2058	José Manuel Costa Pinto	bombeiros esmoriz	Veterano M50	50:22	+17:48	05:02
142	2256	Hugo Sousa	individual	Senior Masculino	50:23	+17:49	05:02
143	2266	José Pinto	individual	Senior Masculino	50:26	+17:52	05:03
144	2226	André dos Santos Ferreira	individual	Senior Masculino	50:28	+17:54	05:03
145	2439	Artur Enes	lusotufo	Senior Masculino	50:43	+18:08	05:04
146	2444	Anabela Barata	lusotufo	Veterana F40	50:43	+18:09	05:04
147	2270	Luís Manuel Coelho dos Santos	individual	Senior Masculino	50:44	+18:09	05:04
148	2246	Eurico Germano	individual	Senior Masculino	50:50	+18:15	05:05
149	2318	Ana Gandarela	individual	Veterana F40	50:53	+18:19	05:05
150	2233	Bruno Carvalho	individual	Senior Masculino	51:01	+18:27	05:06
151	2421	Joao Ferreira	juventude cortegacense	Veterano M50	51:02	+18:28	05:06
152	2294	Ricardo Reis Marques Silva	individual	Senior Masculino	51:05	+18:30	05:06
153	2311	Tiago Henriques	individual	Senior Masculino	51:05	+18:31	05:07
154	2449	Américo Fonseca	lusotufo	Veterano M50	51:08	+18:34	05:07
155	2387	Fernando Lopes	individual	Veterano M50	51:17	+18:43	05:08
156	2478	Lisa Robalinho	run for eat	Senior Feminino	51:26	+18:52	05:09
157	2051	Arnaldo Tomás	barra oceans runners	Veterano M50	51:33	+18:59	05:09
158	2056	Rui Filipe Reis Moreira	bombeiros esmoriz	Senior Masculino	51:35	+19:01	05:10
159	2494	Maria Costa	serviços sociais culturais dos trabalhadores do município de ovar	Veterana F50	51:38	+19:04	05:10
160	2382	André Rocha	individual	Veterano M50	51:38	+19:04	05:10
161	2271	Luís Miguel	individual	Senior Masculino	51:38	+19:04	05:10
162	2401	Manuel Oliveira	individual	Veterano M50	51:51	+19:17	05:11
163	2507	Filipe Pereira	team el comandante	Veterano M40	51:54	+19:20	05:11
164	2136	José Pedro Alves	gdr granja - trutas do mau	Senior Masculino	52:01	+19:27	05:12
165	2473	André Silva	petrus runners	Veterano M40	52:18	+19:43	05:14
166	2012	PAULA CRUZ	afis/ovar	Senior Feminino	52:18	+19:43	05:14
167	2224	André Costa	individual	Senior Masculino	52:19	+19:45	05:14
168	2249	Fernando Loureiro Rolo	individual	Senior Masculino	52:19	+19:45	05:14
169	2374	Pedro Santos	individual	Veterano M40	52:20	+19:46	05:14
170	2434	Ana da Costa Pinho	lusotufo	Senior Feminino	52:25	+19:51	05:15

CORRIDA 10KM - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
171	2314	Vítor Almeida	individual	Senior Masculino	52:27	+19:53	05:15
172	2206	Núria Sousa	individual	Senior Feminino	52:27	+19:53	05:15
173	2503	Maria Campos	spin&run esposende	Veterana F50	52:28	+19:54	05:15
174	2017	ELISABETE SILVA	afis/ovar	Veterana F50	52:31	+19:57	05:15
175	2283	Pedro Granja	individual	Senior Masculino	52:32	+19:57	05:15
176	2185	Joana Pereira	individual	Senior Feminino	52:32	+19:58	05:15
177	2287	Pedro Vieira Rodrigues	individual	Senior Masculino	52:33	+19:58	05:15
178	2263	João Valente	individual	Senior Masculino	52:34	+19:59	05:15
179	2510	André Martins	ten team	Veterano M40	52:34	+19:59	05:15
180	2032	ricardo resende	arada atletico clube	Veterano M40	52:35	+20:01	05:16
181	2483	Luís Belinha	run for eat	Senior Masculino	52:40	+20:06	05:16
182	2074	Abel Santos	caldas são jorge sport clube	Veterano M50	52:41	+20:07	05:16
183	2425	Rafael Ferreira	l&r	Senior Masculino	52:42	+20:08	05:16
184	2367	Nuno Correia	individual	Veterano M40	52:46	+20:12	05:17
185	2146	Alexandra Marques Alves de Sá	individual	Senior Feminino	52:48	+20:14	05:17
186	2122	ANTÓNIO JOSÉ MONTEIRO MORGADO	flex2000	Veterano M40	52:50	+20:16	05:17
187	2440	Jaime Resende	lusotufo	Senior Masculino	52:59	+20:25	05:18
188	2307	Sérgio Silva	individual	Senior Masculino	53:01	+20:27	05:18
189	2003	Diogo Pinto	100desculpas	Senior Masculino	53:01	+20:27	05:18
190	2364	Luís Miguel Gonçalves da Cruz	individual	Veterano M40	53:02	+20:27	05:18
191	2204	Marta Sousa	individual	Senior Feminino	53:03	+20:29	05:18
192	2281	Paulo Amorim	individual	Senior Masculino	53:04	+20:30	05:18
193	2213	Rita Moreira	individual	Senior Feminino	53:08	+20:34	05:19
194	2334	Marisa Gonçalves	individual	Veterana F40	53:10	+20:36	05:19
195	2395	Licínio Conceição	individual	Veterano M50	53:14	+20:39	05:19
196	2457	Jorge Amorim	os falta d'ar	Veterano M50	53:15	+20:40	05:19
197	2209	Patrícia da Silva Tavares	individual	Senior Feminino	53:16	+20:42	05:20
198	2477	Carla Faria	run for eat	Senior Feminino	53:21	+20:47	05:20
199	2450	Daniel Rola França	lusotufo	Veterano M50	53:23	+20:49	05:20
200	2096	ARLINDO SILVA	clube atletismo de ovar	Veterano M50	53:26	+20:52	05:21
201	2234	Bruno Lacerda	individual	Senior Masculino	53:35	+21:01	05:21
202	2212	Rita Augusto	individual	Senior Feminino	53:39	+21:05	05:22
203	2431	Rui Ferreira	lgg advisors	Senior Masculino	53:40	+21:06	05:22
204	2171	Diana Oliveira	individual	Senior Feminino	53:42	+21:08	05:22
205	2264	Joel Teixeira	individual	Senior Masculino	53:44	+21:10	05:22
206	2229	Andre Queiros	individual	Senior Masculino	53:48	+21:14	05:23
207	2130	Marcia Campos	furadourotrail	Veterana F40	53:52	+21:18	05:23
208	2411	Odeta Cruz	joão silva ccr praia de mira	Veterana F50	53:59	+21:25	05:24
209	2414	Ivo Jose Moreira Valente	juventude cortegacense	Senior Masculino	54:00	+21:25	05:24
210	2168	Cátia Moreira	individual	Senior Feminino	54:02	+21:27	05:24
211	2427	Sara Freitas	leoteam	Veterana F40	54:04	+21:30	05:24
212	2332	Juliana Fleming	individual	Veterana F40	54:04	+21:30	05:24
213	2428	Andrés Soares	leoteam	Veterano M40	54:05	+21:31	05:25
214	2275	Mauro Filipe	individual	Senior Masculino	54:07	+21:33	05:25
215	2081	Pedro Carvalho	canucos	Senior Masculino	54:08	+21:34	05:25

CORRIDA 10KM - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
216	2297	Rui Campos Sousa	individual	Senior Masculino	54:11	+21:37	05:25
217	2485	Pedro Silva	run for eat	Senior Masculino	54:11	+21:37	05:25
218	2430	Nuno Alves	lgg advisors	Senior Masculino	54:16	+21:41	05:26
219	2445	Alberto Manuel Oliveira Ferreira	lusotufu	Veterano M40	54:16	+21:42	05:26
220	2282	Pedro Emanuel Rodrigues Pinheiro Ferreira	individual	Senior Masculino	54:28	+21:54	05:27
221	2120	ANDRÉ AUGUSTO VAZ PAIS	flex2000	Veterano M40	54:30	+21:56	05:27
222	2276	Miguel Pinho	individual	Senior Masculino	54:33	+21:58	05:27
223	2354	Bruno Maciel da Costa Mendes	individual	Veterano M40	54:41	+22:07	05:28
224	2211	Raquel Pereira	individual	Senior Feminino	54:48	+22:14	05:29
225	2034	rui fardilha	arada atletico clube	Veterano M50	54:48	+22:14	05:29
226	2029	joao valente	arada atletico clube	Veterano M40	54:48	+22:14	05:29
227	2423	Helder Gomes	kemedo team	Veterano M40	54:49	+22:15	05:29
228	2126	Joana Pais	furadourotrail	Senior Feminino	54:53	+22:19	05:29
229	2049	Guilherme Ferreira	barra oceans runners	Senior Masculino	54:53	+22:19	05:29
230	2145	daniela machado	hsantamariart	Veterana F40	55:11	+22:37	05:31
231	2406	Ramos da Silva	individual	Veterano M50	55:13	+22:39	05:31
232	2076	José Torres	caldas são jorge sport clube	Veterano M50	55:14	+22:40	05:31
233	2196	Mariana cardoso	individual	Senior Feminino	55:15	+22:41	05:31
234	2412	Ines Gomes Cardoso	juventude cortegacense	Senior Feminino	55:16	+22:42	05:32
235	2100	MAFALDA SEGURA	dar recardães	Senior Feminino	55:16	+22:42	05:32
236	2295	Rodrigo Oliveira	individual	Senior Masculino	55:17	+22:43	05:32
237	2355	Edgar Pinto	individual	Veterano M40	55:17	+22:43	05:32
238	2419	Celso Lino Oliveira Gomes	juventude cortegacense	Veterano M50	55:18	+22:43	05:32
239	2304	Saul Tavares	individual	Senior Masculino	55:26	+22:51	05:33
240	2381	Vitor Licinio Silva Gomes	individual	Veterano M40	55:28	+22:54	05:33
241	2218	Sofia Martins	individual	Senior Feminino	55:33	+22:58	05:33
242	2177	Inês Santos Pereira	individual	Senior Feminino	55:36	+23:02	05:34
243	2274	Manuel José de Oliveira Campos do Carmo da Silva	individual	Senior Masculino	56:01	+23:27	05:36
244	2317	Ana Dias	individual	Veterana F40	56:03	+23:28	05:36
245	2326	Elisabete Maria Rodrigues da Silva	individual	Veterana F40	56:07	+23:33	05:37
246	2231	André Tiago Silva Grilo	individual	Senior Masculino	56:12	+23:38	05:37
247	2320	Carla Soares	individual	Veterana F40	56:13	+23:38	05:37
248	2340	sandra costa	individual	Veterana F40	56:15	+23:41	05:38
249	2245	Eduardo Costa	individual	Senior Masculino	56:29	+23:54	05:39
250	2068	AnaPaula Castro	cal - clube atletismo de lamas	Veterana F50	56:29	+23:55	05:39
251	2474	Bruno Silva	petrus runners	Veterano M40	56:35	+24:01	05:40
252	2086	José Manuel Monteiro	cirac - circulo de recreio arte e cultura	Senior Masculino	56:37	+24:03	05:40
253	2409	AUGUSTO BAPTISTA	jam - juventude atlética mozelense	Veterano M50	56:37	+24:03	05:40
254	2129	Cristiana Resende	furadourotrail	Veterana F40	56:40	+24:06	05:40
255	2158	Ângela Reis	individual	Senior Feminino	56:43	+24:09	05:40
256	2370	Paulo José Sampaio de Almeida	individual	Veterano M40	56:43	+24:09	05:40
257	2230	André Santos	individual	Senior Masculino	56:50	+24:16	05:41

CORRIDA 10KM - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
258	2497	Tiago Silva	silva ferreira e pinto	Veterano M40	56:53	+24:19	05:41
259	2149	Ana Ferreira	individual	Senior Feminino	56:54	+24:19	05:41
260	2490	Sandra Souto	runriver escola de atletismo de rio tinto	Veterana F40	56:54	+24:19	05:41
261	2159	Bárbara Assunção Alves	individual	Senior Feminino	57:00	+24:26	05:42
262	2363	José Quintas	individual	Veterano M40	57:01	+24:26	05:42
263	2054	Daniela Soares	bombeiros esmoriz	Senior Feminino	57:07	+24:33	05:43
264	2057	Susana Fernanda de Sousa Almeida Tavares	bombeiros esmoriz	Veterana F50	57:07	+24:33	05:43
265	2293	Ricardo Reis	individual	Senior Masculino	57:10	+24:36	05:43
266	2045	Filipe Cunha	aztrail	Veterano M40	57:12	+24:38	05:43
267	2163	Carolina Capela	individual	Senior Feminino	57:13	+24:39	05:43
268	2404	Pedro Nunes	individual	Veterano M50	57:13	+24:39	05:43
269	2201	Marina Arsénio	individual	Senior Feminino	57:14	+24:40	05:43
270	2351	André Rocha	individual	Veterano M40	57:14	+24:40	05:43
271	2356	Filipe Miguel Ferreira Oliveira	individual	Veterano M40	57:29	+24:54	05:45
272	2143	Pedro Veiga	grupo oscacer	Veterano M50	57:31	+24:56	05:45
273	2200	Mariella Borrelli	individual	Senior Feminino	57:33	+24:59	05:45
274	2055	Lara Maria Pinto Silva	bombeiros esmoriz	Senior Feminino	57:33	+24:59	05:45
275	2371	Paulo Rola	individual	Veterano M40	57:38	+25:04	05:46
276	2357	Francisco Caldas	individual	Veterano M40	57:39	+25:04	05:46
277	2302	Rui Tiago Pereira dos Reis	individual	Senior Masculino	57:39	+25:04	05:46
278	2112	Carolina Matos	família baldaia	Senior Feminino	57:41	+25:07	05:46
279	2031	manuel jorge	arada atletico clube	Veterano M40	57:43	+25:09	05:46
280	2373	Pedro Miguel Gomes Fernandes	individual	Veterano M40	57:54	+25:20	05:47
281	2512	Ana Gonçalves	the mountain goat	Veterana F50	57:54	+25:20	05:47
282	2359	João Abreu	individual	Veterano M40	57:56	+25:22	05:48
283	2366	Nelson Costa	individual	Veterano M40	57:56	+25:22	05:48
284	2164	Carolina Leite	individual	Senior Feminino	57:59	+25:24	05:48
285	2349	Aleksei Tatarenko	individual	Veterano M40	57:59	+25:25	05:48
286	2219	Sofia Oliveira	individual	Senior Feminino	58:11	+25:37	05:49
287	2239	Cláudio Miguel Ferreira Sá	individual	Senior Masculino	58:13	+25:39	05:49
288	2162	Carlota Silva Pimenta Almeida	individual	Senior Feminino	58:13	+25:39	05:49
289	2184	Joana Neves	individual	Senior Feminino	58:13	+25:39	05:49
290	2437	Soraia Moreira Oliveira	lusotufo	Senior Feminino	58:19	+25:45	05:50
291	2178	Isabel Falcão	individual	Senior Feminino	58:30	+25:56	05:51
292	2361	José Leite	individual	Veterano M40	58:33	+25:59	05:51
293	2498	Ana Relvas	sorema	Veterana F50	58:48	+26:14	05:53
294	2128	Ana Andrade	furadourotrail	Veterana F40	58:50	+26:15	05:53
295	2138	Andreia Monteiro	goodshape	Veterana F40	58:51	+26:17	05:53
296	2221	Tatiana Varandas	individual	Senior Feminino	58:53	+26:18	05:53
297	2338	Paula Catarino	individual	Veterana F40	58:58	+26:23	05:54
298	2020	PAULO ALMEIDA	afis/ovar	Veterano M50	58:58	+26:24	05:54
299	2114	Fernando Baldaia	família baldaia	Veterano M50	59:01	+26:26	05:54
300	2188	Joana Rochinha	individual	Senior Feminino	59:04	+26:30	05:54
301	2269	Luís Carlos Pereira Pinto	individual	Senior Masculino	59:07	+26:32	05:55
302	2454	Silvia Rocha	núcleo de corrida solveverde	Veterana F40	59:16	+26:42	05:56

CORRIDA 10KM - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
303	2066	Jorge Rodrigues	caetano star	Senior Masculino	59:26	+26:52	05:57
304	245	Ana Garcia	individual	Senior Feminino	59:28	+26:54	05:57
305	2416	Laura Nidia Santos Soares	juventude cortegacense	Veterana F40	59:34	+27:00	05:57
306	2330	Joana Macedo	individual	Veterana F40	59:35	+27:00	05:57
307	2243	Diogo Rodrigues de Almeida	individual	Senior Masculino	59:36	+27:02	05:58
308	2202	Marta Almeida	individual	Senior Feminino	59:36	+27:02	05:58
309	2323	Caty Dias	individual	Veterana F40	59:38	+27:04	05:58
310	2300	Rui Ferreira	individual	Senior Masculino	59:38	+27:04	05:58
311	2272	Luís Silva	individual	Senior Masculino	59:39	+27:05	05:58
312	2151	Ana Rita	individual	Senior Feminino	59:42	+27:08	05:58
313	2216	Sara Cristina Paiva de Almeida	individual	Senior Feminino	59:42	+27:08	05:58
314	2015	SUSANA PINTO	afis/ovar	Veterana F40	59:42	+27:08	05:58
315	2016	CLAUDIA GOMES	afis/ovar	Veterana F50	59:42	+27:08	05:58
316	2402	Paulo santos	individual	Veterano M50	59:46	+27:12	05:59
317	2048	Fabiana Sarabando	barra oceans runners	Senior Feminino	59:47	+27:13	05:59
318	2198	Mariana Ferreira Pinto	individual	Senior Feminino	59:48	+27:14	05:59
319	2388	FERNANDO SILVA	individual	Veterano M50	59:52	+27:18	05:59
320	2174	Filipa Silva	individual	Senior Feminino	59:55	+27:21	06:00
321	2232	Arno Zours	individual	Senior Masculino	59:59	+27:24	06:00
322	2147	Ana Beatriz Silva	individual	Senior Feminino	01:00:05	+27:31	06:01
323	2480	André Silva	run for eat	Senior Masculino	01:00:18	+27:44	06:02
324	2050	Ana Catarina Filipe Pinheiro	barra oceans runners	Veterana F40	01:00:25	+27:51	06:02
325	2250	Francisco António dos Santos Freitas	individual	Senior Masculino	01:00:35	+28:00	06:03
326	2426	Samuel Gonçalves	l&r	Senior Masculino	01:00:36	+28:02	06:04
327	2207	Patrícia Almeida	individual	Senior Feminino	01:00:46	+28:12	06:05
328	2267	José Teixeira	individual	Senior Masculino	01:00:46	+28:12	06:05
329	2154	Ana Teresa Teles	individual	Senior Feminino	01:00:47	+28:13	06:05
330	2383	António Manuel Azevedo Aguiar	individual	Veterano M50	01:00:56	+28:22	06:06
331	2347	Suzana Duarte	individual	Veterana F50	01:00:58	+28:24	06:06
332	2344	Manuela Maria Nogueira Pinto	individual	Veterana F50	01:00:59	+28:25	06:06
333	2527	MÁRCIA SILVA	individual	Senior Feminino	01:00:59	+28:25	06:06
334	2024	Sónia Silva	arada atletico clube	Veterana F40	01:01:00	+28:26	06:06
335	2025	Isabel Santos	arada atletico clube	Veterana F50	01:01:00	+28:26	06:06
336	2070	Liliana Costa	caldas são jorge sport clube	Veterana F40	01:01:02	+28:28	06:06
337	2125	Ana Lúcia S Carvalho	furadourotrail	Senior Feminino	01:01:08	+28:33	06:07
338	2059	Emanuel Silva	brandoenses running	Senior Masculino	01:01:13	+28:39	06:07
339	2465	EDGAR FERREIRA	pé na estrada	Veterano M50	01:01:32	+28:58	06:09
340	2481	Diogo Sobral	run for eat	Senior Masculino	01:01:42	+29:07	06:10
341	2298	Rui Ferreira	individual	Senior Masculino	01:01:46	+29:12	06:11
342	2060	Catarina Leite	brandoenses running	Veterana F40	01:01:53	+29:18	06:11
343	2290	Ricardo João dos Santos Costa	individual	Senior Masculino	01:02:04	+29:30	06:12
344	2030	leonardo marques	arada atletico clube	Veterano M40	01:02:05	+29:31	06:13
345	2023	henrique marques	arada atletico clube	Senior Masculino	01:02:06	+29:31	06:13
346	848	Abílio Pinto	individual	Veterano M50	01:02:12	+29:38	06:13

CORRIDA 10KM - STAGE 1

10 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
347	2220	Tânia Cunha	individual	Senior Feminino	01:02:21	+29:47	06:14
348	2525	Laisa Diana	individual	Senior Feminino	01:02:22	+29:48	06:14
349	2329	Isabel Cristina Moreira Carvalho	individual	Veterana F40	01:02:22	+29:48	06:14
350	2339	Rita Sousa	individual	Veterana F40	01:02:24	+29:49	06:14
351	2422	Jorge Manuel Amaral Godinho	juventude cortegacense	Veterano M50	01:02:25	+29:50	06:14
352	2284	Pedro Miguel Silva Baptista	individual	Senior Masculino	01:02:30	+29:56	06:15
353	2036	Maria João Couto	arroz de carril	Veterana F40	01:02:37	+30:03	06:16
354	2131	Tiago Carriola	furadourotrail	Veterano M40	01:02:38	+30:04	06:16
355	2208	Patrícia Costa	individual	Senior Feminino	01:02:41	+30:07	06:16
356	2142	Alexandra Gonçalves	grupo desportivo recreativo juventude das ribeiras	Veterana F40	01:02:46	+30:12	06:17
357	2172	Fabiana Monteiro	individual	Senior Feminino	01:03:04	+30:30	06:18
358	2513	Hugo Morais	tomé morais	Veterano M40	01:03:09	+30:35	06:19
359	2346	Maria Susana Da Costa Silva	individual	Veterana F50	01:03:11	+30:37	06:19
360	2447	Gonçalo Nuno Costa Paulo de Oliveira	lusotufo	Veterano M40	01:03:12	+30:38	06:19
361	2161	Bruna Pereira Marques	individual	Senior Feminino	01:03:13	+30:39	06:19
362	2258	João Pedro Magalhães Soares	individual	Senior Masculino	01:03:13	+30:39	06:19
363	2492	Salomé Apitz	saltoura	Senior Feminino	01:03:17	+30:43	06:20
364	2493	Pedro Fontoura	saltoura	Veterano M40	01:03:17	+30:43	06:20
365	2215	Sara Almeida	individual	Senior Feminino	01:03:23	+30:48	06:20
366	2289	Renato Sá	individual	Senior Masculino	01:03:23	+30:49	06:20
367	2322	Catia Lopes	individual	Veterana F40	01:03:31	+30:57	06:21
368	2166	Catarina Ferrão	individual	Senior Feminino	01:03:34	+31:00	06:21
369	2319	Ana Sousa	individual	Veterana F40	01:03:37	+31:03	06:22
370	2524	Maria dos Anjos	individual	Veterana F50	01:03:38	+31:04	06:22
371	2170	Diana Fernandes Rodrigues	individual	Senior Feminino	01:03:41	+31:07	06:22
372	2386	David Fajfer	individual	Veterano M50	01:04:14	+31:39	06:25
373	2047	Vânia Leal	backstreet girls	Veterana F40	01:04:18	+31:43	06:26
374	2405	Pedro Nuno Tavares Costa	individual	Veterano M50	01:04:33	+31:59	06:27
375	2251	Gonçalo Pinto	individual	Senior Masculino	01:04:55	+32:21	06:30
376	2199	Mariana Pereira	individual	Senior Feminino	01:04:56	+32:22	06:30
377	2501	Fátima Barros	sousa	Veterana F50	01:04:57	+32:23	06:30
378	2181	Joana Beatriz Godinho Martins Pisco	individual	Senior Feminino	01:04:57	+32:23	06:30
379	2432	Márcio Cunha	lgg advisors	Veterano M40	01:05:03	+32:29	06:30
380	2071	Maria Valente	caldas são jorge sport clube	Veterana F50	01:05:06	+32:32	06:31
381	2327	Filipa França	individual	Senior Feminino	01:05:15	+32:41	06:31
382	2475	Jorge Santos	petrus runners	Veterano M50	01:05:16	+32:42	06:32
383	626	Daniel Silva	individual	Veterano M40	01:05:24	+32:49	06:32
384	678	Ricardo Ferreira	individual	Veterano M40	01:05:24	+32:50	06:32
385	2127	Sara Geraz Coelho	furadourotrail	Senior Feminino	01:05:24	+32:50	06:32
386	2288	Rafael Pinto	individual	Senior Masculino	01:05:31	+32:57	06:33
387	2080	Mariana Santos	canucos	Senior Feminino	01:05:32	+32:58	06:33
388	2325	Cristina Araújo	individual	Veterana F40	01:05:34	+33:00	06:33
389	637	Hugo Fardilha	individual	Veterano M40	01:05:35	+33:00	06:33

Official Timekeeper: Lap2Go	9 / 12	generate 11-mai.-2025 12:09
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CORRIDA 10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
390	2392	Joaquim da Silva Martins	individual	Veterano M50	01:05:45	+33:11	06:35
391	2194	Maria Monteiro	individual	Senior Feminino	01:06:01	+33:27	06:36
392	2223	Verónica Rodrigues	individual	Senior Feminino	01:06:06	+33:32	06:37
393	2377	Samuel Costa	individual	Veterano M40	01:06:07	+33:33	06:37
394	2313	Vicente Van der Linden	individual	Senior Masculino	01:06:08	+33:34	06:37
395	2179	Isabella Hayes	individual	Senior Feminino	01:06:08	+33:34	06:37
396	2191	Lupe Neira	individual	Senior Feminino	01:06:11	+33:37	06:37
397	2018	FERNANDO SANTOS	afis/ovar	Veterano M50	01:06:13	+33:39	06:37
398	2441	João Sousa Martins	lusotufu	Senior Masculino	01:06:27	+33:53	06:39
399	2417	Marcia Almeida Rola	juventude cortegacense	Veterana F40	01:06:28	+33:54	06:39
400	2415	Cristina Maria Rodrigues Sá	juventude cortegacense	Veterana F40	01:06:30	+33:56	06:39
401	2514	Ana Beatriz Gonçalves	zequinha	Senior Feminino	01:06:31	+33:57	06:39
402	2515	Marta Diogo	zequinha	Senior Feminino	01:06:31	+33:57	06:39
403	2516	Rafael Camargo	zequinha	Senior Masculino	01:06:31	+33:57	06:39
404	2103	Carlos Malheiro	equilibrium training	Veterano M50	01:06:46	+34:12	06:41
405	2180	Joana Almeida	individual	Senior Feminino	01:06:48	+34:14	06:41
406	2035	Fátima Gramaxo	arcd venda da lúsa	Veterana F40	01:07:01	+34:27	06:42
407	2333	Liliana Resende	individual	Veterana F40	01:07:09	+34:35	06:43
408	2376	Ricardo Tavares	individual	Veterano M40	01:07:14	+34:40	06:43
409	2046	Jaqueline Ferreira	backstreet girls	Senior Feminino	01:07:15	+34:41	06:44
410	2210	Patrícia Pereira	individual	Senior Feminino	01:07:16	+34:42	06:44
411	2187	Joana Rocha	individual	Senior Feminino	01:07:17	+34:43	06:44
412	2104	Patrícia Gomes	espinho trail	Veterana F40	01:07:25	+34:50	06:44
413	2292	Ricardo Nogueira	individual	Senior Masculino	01:07:34	+35:00	06:45
414	2175	Francisca Alves Correia	individual	Senior Feminino	01:07:34	+35:00	06:45
415	2305	Sebastião Rodrigues	individual	Senior Masculino	01:07:37	+35:03	06:46
416	2169	Cláudia Duarte	individual	Senior Feminino	01:07:39	+35:05	06:46
417	2197	Mariana Costa	individual	Senior Feminino	01:07:43	+35:09	06:46
418	2190	PATRÍCIA SANTOS	individual	Veterana F40	01:07:51	+35:17	06:47
419	2134	Sónia Matos	gaia-running	Veterana F40	01:07:53	+35:19	06:47
420	2435	Inês Ferreira de Oliveira	lusotufu	Senior Feminino	01:07:59	+35:24	06:48
421	2365	Luís Tiago Fontes Oliveira	individual	Veterano M40	01:08:01	+35:27	06:48
422	2148	Ana Beatriz Travassos Cavaleiro	individual	Senior Feminino	01:08:04	+35:29	06:48
423	2183	Joana Marques de Oliveira Ramos de Carvalho	individual	Senior Feminino	01:08:07	+35:33	06:49
424	2458	Elisabete Dalila Lima dos Santos Fonseca	os kágados	Veterana F50	01:08:20	+35:45	06:50
425	2464	Afonso Ferreira	pé na estrada	Senior Masculino	01:09:16	+36:42	06:56
426	2167	Cátia Ferreira	individual	Senior Feminino	01:09:19	+36:45	06:56
427	2119	DEOLINDA PAULA OLIVEIRA FERREIRA	flex2000	Veterana F50	01:09:19	+36:45	06:56
428	2001	Andreia Oliveira	100desculpas	Senior Feminino	01:09:19	+36:45	06:56
429	2002	Bruno Cardoso	100desculpas	Senior Masculino	01:09:19	+36:45	06:56
430	2117	MD JABED	flex2000	Senior Masculino	01:09:26	+36:52	06:57
431	2118	MIGUEL FILIPE ANDRADE PEREIRA	flex2000	Senior Masculino	01:09:27	+36:52	06:57

CORRIDA 10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
432	2192	Maria Carolina Alves de Sousa Pereira	individual	Senior Feminino	01:09:38	+37:04	06:58
433	2195	Mariana Borges Faria	individual	Senior Feminino	01:10:04	+37:29	07:00
434	2469	Joana Rodriguez	pernas de pau velozes	Senior Feminino	01:10:28	+37:53	07:03
435	2053	Dinis Sousa	bobadelas running team	Veterano M40	01:10:35	+38:00	07:03
436	2079	Ana martins	canucos	Senior Feminino	01:10:45	+38:10	07:04
437	2113	Catarina Baldaia	família baldaia	Senior Feminino	01:10:56	+38:22	07:06
438	2429	Patricia Matos	lgg advisors	Senior Feminino	01:11:22	+38:48	07:08
439	2433	Palmira Fontes	lourosa em movimento	Veterana F50	01:11:40	+39:06	07:10
440	2069	Juliana Alves	caldas são jorge sport clube	Veterana F40	01:11:41	+39:07	07:10
441	2488	Sandra Carraca	running esmoriz	Veterana F50	01:11:55	+39:21	07:11
442	2495	Marlene Ferreira	silva ferreira e pinto	Senior Feminino	01:11:55	+39:21	07:12
443	2156	Andreia Teixeira	individual	Senior Feminino	01:11:58	+39:24	07:12
444	2203	Marta Maria Santos Gomes	individual	Senior Feminino	01:11:59	+39:25	07:12
445	2335	Marta Rocha	individual	Veterana F40	01:12:04	+39:30	07:12
446	2160	Barbara Santos	individual	Senior Feminino	01:12:12	+39:37	07:13
447	2259	João Pinho	individual	Senior Masculino	01:12:12	+39:38	07:13
448	2205	Nicole Silva	individual	Senior Feminino	01:12:18	+39:44	07:14
449	2173	Filipa Chaves	individual	Senior Feminino	01:12:19	+39:45	07:14
450	2005	Adriana Ventura	acail gas	Senior Feminino	01:12:39	+40:04	07:16
451	2391	João Silva	individual	Veterano M50	01:13:19	+40:45	07:20
452	2455	Yasmin Jaramillo	núcleo de corrida solveverde	Veterana F40	01:13:56	+41:22	07:24
453	2155	Andreia Braga	individual	Senior Feminino	01:14:02	+41:27	07:24
454	2487	Rosa Frade	running esmoriz	Senior Feminino	01:14:08	+41:34	07:25
455	2398	LUIS SERGIO DA SILVA LIMA	individual	Veterano M50	01:14:24	+41:50	07:26
456	2486	Cátia Cardoso	running esmoriz	Senior Feminino	01:14:47	+42:13	07:29
457	2133	Cátia Silva	gaia-running	Senior Feminino	01:15:08	+42:34	07:31
458	2150	Ana Filipa Coelho Oliveira	individual	Senior Feminino	01:15:29	+42:54	07:33
459	2509	Armanda Queirós	ten team	Veterana F50	01:15:34	+43:00	07:33
460	2479	Sofia Belinha	run for eat	Senior Feminino	01:16:04	+43:30	07:36
461	2482	Hugo Carneiro	run for eat	Senior Masculino	01:16:05	+43:30	07:36
462	2341	Tixa Catarino	individual	Veterana F40	01:16:44	+44:09	07:40
463	2518	Ana Teixeira	caetano star	Veterana F40	01:16:59	+44:25	07:42
464	2324	Clara Guedes Pinto	individual	Veterana F40	01:17:11	+44:37	07:43
465	2471	Sandra Feliciano	pés ao caminho	Veterana F50	01:17:42	+45:07	07:46
466	2472	Jaime Areia	pés ao caminho	Veterano M50	01:17:45	+45:10	07:46
467	2456	António Sá	núcleo de corrida solveverde	Veterano M40	01:17:53	+45:19	07:47
468	2189	Karen Bastos	individual	Senior Feminino	01:18:43	+46:09	07:52
469	2235	Bruno Oliveira	individual	Senior Masculino	01:18:43	+46:09	07:52
470	54	Emília Teixeira	atletas do parque	Veterana F50	01:21:37	+49:02	08:10
471	2462	Shara Soguilon	pace feminino	Senior Feminino	01:21:39	+49:05	08:10
472	2157	ÂNGELA ALVES	individual	Senior Feminino	01:21:40	+49:05	08:10
473	2358	Hugo Brandão{	individual	Veterano M40	01:21:40	+49:05	08:10
474	2004	Adriana Martins	acail gas	Senior Feminino	01:22:42	+50:08	08:16
475	2496	Claudia Pinto	silva ferreira e pinto	Veterana F40	01:24:29	+51:55	08:27
476	2328	Helena Silva	individual	Veterana F40	01:25:52	+53:18	08:35



10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
477	2342	Berta Salgueiro	individual	Veterana F50	01:30:55	+58:21	09:06

BIB	NOTE	NAME	TEAM	CAT
2007	DQ	Luis Oliveira	ACAIL GAS	Veterano M50
2321	DQ	Cátia Ferreira	Individual	Veterana F40
2446	DQ	António Constantino Silva	Lusotufu	Veterano M40
2463	DQ	Ana Júlia Amorim Rodrigues	Pace Feminino	Veterana F40
2504	DQ	Sameiro Fraginha	Spin&Run Esposende	Veterana F50
2214	DNF	Sara Adriana Ferreira Oliveira	Individual	Senior Feminino
2227	DNF	André Guimarães	Individual	Senior Masculino
2368	DNF	Nuno Figueiredo	Individual	Veterano M40

Corrida 10Km

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	13,8°C	82%
End	11:40	15.8°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2506	Telma Pinho	Team El Comandante	Senior Feminino	38:00	+05:26	03:48
2	2088	INES GONÇALVES	Clube Atletismo de Ovar	Senior Feminino	38:31	+05:57	03:51
3	2022	Lara Costa	Arada Atletico Clube	Senior Feminino	39:54	+07:21	03:59
4	2052	Ana Raquel Ribeiro Costa	BOAVISTA FC	Senior Feminino	40:37	+08:03	04:04
5	2140	Raquel Cirne	GRECAS - Vagos	Senior Feminino	41:37	+09:03	04:10
6	2182	Joana Marques	Individual	Senior Feminino	43:01	+10:27	04:18
7	2105	PATRICIA FERREIRA	EV/PERALTAFIL	Senior Feminino	45:23	+12:50	04:32
8	2106	SARA PEREIRA	EV/PERALTAFIL	Senior Feminino	45:28	+12:54	04:33
9	2011	FATIMA PINHO	AFIS/OVAR	Senior Feminino	46:00	+13:26	04:36
10	2217	Sara Neves	Individual	Senior Feminino	47:19	+14:46	04:44
11	2021	Ema Oliveira	Arada Atletico Clube	Senior Feminino	47:50	+15:16	04:47
12	2436	Rosana Sofia Gomes Moreira	Lusotufo	Senior Feminino	50:10	+17:36	05:01
13	2478	Lisa Robalinho	Run for Eat	Senior Feminino	51:26	+18:52	05:09
14	2012	PAULA CRUZ	AFIS/OVAR	Senior Feminino	52:17	+19:43	05:14
15	2434	Ana da Costa Pinho	Lusotufo	Senior Feminino	52:25	+19:51	05:15
16	2206	Núria Sousa	Individual	Senior Feminino	52:27	+19:53	05:15
17	2185	Joana Pereira	Individual	Senior Feminino	52:31	+19:58	05:15
18	2146	Alexandra Marques Alves de Sá	Individual	Senior Feminino	52:48	+20:14	05:17
19	2204	Marta Sousa	Individual	Senior Feminino	53:02	+20:29	05:18
20	2213	Rita Moreira	Individual	Senior Feminino	53:08	+20:34	05:19
21	2209	Patrícia da Silva Tavares	Individual	Senior Feminino	53:16	+20:42	05:20
22	2477	Carla Faria	Run for Eat	Senior Feminino	53:21	+20:47	05:20
23	2212	Rita Augusto	Individual	Senior Feminino	53:39	+21:05	05:22
24	2171	Diana Oliveira	Individual	Senior Feminino	53:42	+21:08	05:22
25	2168	Cátia Moreira	Individual	Senior Feminino	54:01	+21:27	05:24
26	2211	Raquel Pereira	Individual	Senior Feminino	54:47	+22:14	05:29
27	2126	Joana Pais	Furadourotrail	Senior Feminino	54:53	+22:19	05:29
28	2196	Mariana cardoso	Individual	Senior Feminino	55:14	+22:41	05:31
29	2412	Ines Gomes Cardoso	Juventude Cortegacense	Senior Feminino	55:16	+22:42	05:32
30	2100	MAFALDA SEGURA	DAR Recardães	Senior Feminino	55:16	+22:42	05:32
31	2218	Sofia Martins	Individual	Senior Feminino	55:32	+22:58	05:33
32	2177	Inês Santos Pereira	Individual	Senior Feminino	55:35	+23:02	05:34
33	2158	Ângela Reis	Individual	Senior Feminino	56:42	+24:09	05:40
34	2149	Ana Ferreira	Individual	Senior Feminino	56:53	+24:19	05:41
35	2159	Bárbara Assunção Alves	Individual	Senior Feminino	56:59	+24:26	05:42
36	2054	Daniela Soares	Bombeiros Esmoriz	Senior Feminino	57:07	+24:33	05:43
37	2163	Carolina Capela	Individual	Senior Feminino	57:13	+24:39	05:43
38	2201	Marina Arsénio	Individual	Senior Feminino	57:13	+24:40	05:43
39	2200	Mariella Borrelli	Individual	Senior Feminino	57:32	+24:59	05:45

Official Timekeeper: Lap2Go	1 / 12	generate 11-mai.-2025 12:09
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Corrida 10Km

10 KM

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OFFICIAL RESULT

[illegible]

40	2055	Lara Maria Pinto Silva	Bombeiros Esmoriz	Senior Feminino	57:33	+24:59	05:45
41	2112	Carolina Matos	Família Baldaia	Senior Feminino	57:40	+25:07	05:46
42	2164	Carolina Leite	Individual	Senior Feminino	57:58	+25:24	05:48
43	2219	Sofia Oliveira	Individual	Senior Feminino	58:11	+25:37	05:49
44	2162	Carlota Silva Pimenta Almeida	Individual	Senior Feminino	58:12	+25:39	05:49
45	2184	Joana Neves	Individual	Senior Feminino	58:13	+25:39	05:49
46	2437	Soraia Moreira Oliveira	Lusotufo	Senior Feminino	58:18	+25:45	05:50
47	2178	Isabel Falcão	Individual	Senior Feminino	58:29	+25:56	05:51
48	2221	Tatiana Varandas	Individual	Senior Feminino	58:52	+26:18	05:53
49	2188	Joana Rochinha	Individual	Senior Feminino	59:04	+26:30	05:54
50	245	Ana Garcia	Individual	Senior Feminino	59:27	+26:54	05:57
51	2202	Marta Almeida	Individual	Senior Feminino	59:35	+27:02	05:58
52	2151	Ana Rita	Individual	Senior Feminino	59:41	+27:08	05:58
53	2216	Sara Cristina Paiva de Almeida	Individual	Senior Feminino	59:41	+27:08	05:58
54	2048	Fabiana Sarabando	Barra Oceans Runners	Senior Feminino	59:46	+27:13	05:59
55	2198	Mariana Ferreira Pinto	Individual	Senior Feminino	59:48	+27:14	05:59
56	2174	Filipa Silva	Individual	Senior Feminino	59:55	+27:21	06:00
57	2147	Ana Beatriz Silva	Individual	Senior Feminino	01:00:05	+27:31	06:01
58	2207	Patrícia Almeida	Individual	Senior Feminino	01:00:46	+28:12	06:05
59	2154	Ana Teresa Teles	Individual	Senior Feminino	01:00:47	+28:13	06:05
60	2527	MÁRCIA SILVA	Individual	Senior Feminino	01:00:59	+28:25	06:06
61	2125	Ana Lúcia S Carvalho	Furadourotrail	Senior Feminino	01:01:07	+28:33	06:07
62	2220	Tânia Cunha	Individual	Senior Feminino	01:02:21	+29:47	06:14
63	2525	Laisa Diana	Individual	Senior Feminino	01:02:21	+29:48	06:14
64	2208	Patrícia Costa	Individual	Senior Feminino	01:02:40	+30:07	06:16
65	2172	Fabiana Monteiro	Individual	Senior Feminino	01:03:03	+30:30	06:18
66	2161	Bruna Pereira Marques	Individual	Senior Feminino	01:03:13	+30:39	06:19
67	2492	Salomé Apitz	Saltoura	Senior Feminino	01:03:17	+30:43	06:20
68	2215	Sara Almeida	Individual	Senior Feminino	01:03:22	+30:48	06:20
69	2166	Catarina Ferrão	Individual	Senior Feminino	01:03:34	+31:00	06:21
70	2170	Diana Fernandes Rodrigues	Individual	Senior Feminino	01:03:41	+31:07	06:22
71	2199	Mariana Pereira	Individual	Senior Feminino	01:04:56	+32:22	06:30
72	2181	Joana Beatriz Godinho Martins Pisco	Individual	Senior Feminino	01:04:57	+32:23	06:30
73	2327	Filipa França	Individual	Senior Feminino	01:05:14	+32:41	06:31
74	2127	Sara Geraz Coelho	Furadourotrail	Senior Feminino	01:05:24	+32:50	06:32
75	2080	Mariana Santos	Canucos	Senior Feminino	01:05:32	+32:58	06:33
76	2194	Maria Monteiro	Individual	Senior Feminino	01:06:01	+33:27	06:36
77	2223	Verónica Rodrigues	Individual	Senior Feminino	01:06:06	+33:32	06:37
78	2179	Isabella Hayes	Individual	Senior Feminino	01:06:08	+33:34	06:37
79	2191	Lupe Neira	Individual	Senior Feminino	01:06:10	+33:37	06:37
80	2514	Ana Beatriz Gonçalves	Zequinha	Senior Feminino	01:06:30	+33:57	06:39
81	2515	Marta Diogo	Zequinha	Senior Feminino	01:06:30	+33:57	06:39
82	2180	Joana Almeida	Individual	Senior Feminino	01:06:48	+34:14	06:41
83	2046	Jaqueline Ferreira	Backstreet Girls	Senior Feminino	01:07:15	+34:41	06:44
84	2210	Patricia Pereira	Individual	Senior Feminino	01:07:16	+34:42	06:44
85	2187	Joana Rocha	Individual	Senior Feminino	01:07:17	+34:43	06:44

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86	2175	Francisca Alves Correia	Individual	Senior Feminino	01:07:34	+35:00	06:45
87	2169	Cláudia Duarte	Individual	Senior Feminino	01:07:38	+35:05	06:46
88	2197	Mariana Costa	Individual	Senior Feminino	01:07:43	+35:09	06:46
89	2435	Inês Ferreira de Oliveira	Lusotufo	Senior Feminino	01:07:58	+35:24	06:48
90	2148	Ana Beatriz Travassos Cavaleiro	Individual	Senior Feminino	01:08:03	+35:29	06:48
91	2183	Joana Marques de Oliveira Ramos de Carvalho	Individual	Senior Feminino	01:08:07	+35:33	06:49
92	2167	Cátia Ferreira	Individual	Senior Feminino	01:09:18	+36:45	06:56
93	2001	Andreia Oliveira	100desculpas	Senior Feminino	01:09:19	+36:45	06:56
94	2192	Maria Carolina Alves de Sousa Pereira	Individual	Senior Feminino	01:09:38	+37:04	06:58
95	2195	Mariana Borges Faria	Individual	Senior Feminino	01:10:03	+37:29	07:00
96	2469	Joana Rodriguez	Pernas de Pau Velozes	Senior Feminino	01:10:27	+37:53	07:03
97	2079	Ana martins	Canucos	Senior Feminino	01:10:44	+38:10	07:04
98	2113	Catarina Baldaia	Família Baldaia	Senior Feminino	01:10:56	+38:22	07:06
99	2429	Patricia Matos	LGG Advisors	Senior Feminino	01:11:21	+38:48	07:08
100	2495	Marlene Ferreira	Silva Ferreira e Pinto	Senior Feminino	01:11:55	+39:21	07:12
101	2156	Andreia Teixeira	Individual	Senior Feminino	01:11:57	+39:24	07:12
102	2203	Marta Maria Santos Gomes	Individual	Senior Feminino	01:11:59	+39:25	07:12
103	2160	Barbara Santos	Individual	Senior Feminino	01:12:11	+39:37	07:13
104	2205	Nicole Silva	Individual	Senior Feminino	01:12:18	+39:44	07:14
105	2173	Filipa Chaves	Individual	Senior Feminino	01:12:19	+39:45	07:14
106	2005	Adriana Ventura	ACAIL GAS	Senior Feminino	01:12:38	+40:04	07:16
107	2155	Andreia Braga	Individual	Senior Feminino	01:14:01	+41:27	07:24
108	2487	Rosa Frade	Running Esmoriz	Senior Feminino	01:14:08	+41:34	07:25
109	2486	Cátia Cardoso	Running Esmoriz	Senior Feminino	01:14:46	+42:13	07:29
110	2133	Cátia Silva	GAIA-RUNNING	Senior Feminino	01:15:08	+42:34	07:31
111	2150	Ana Filipa Coelho Oliveira	Individual	Senior Feminino	01:15:28	+42:54	07:33
112	2479	Sofia Belinha	Run for Eat	Senior Feminino	01:16:04	+43:30	07:36
113	2189	Karen Bastos	Individual	Senior Feminino	01:18:43	+46:09	07:52
114	2462	Shara Soguilon	Pace Feminino	Senior Feminino	01:21:39	+49:05	08:10
115	2157	ÂNGELA ALVES	Individual	Senior Feminino	01:21:39	+49:05	08:10
116	2004	Adriana Martins	ACAIL GAS	Senior Feminino	01:22:42	+50:08	08:16

Senior Masculino

1	2109	RICARDO PEREIRA	EV/PERALTAFIL	Senior Masculino	32:33		03:15
2	2505	Tiago Silva	Sport Comércio e Salgueiros	Senior Masculino	32:45	+00:11	03:17
3	2101	JOÃO Oliveira	DAR Recardães	Senior Masculino	33:08	+00:35	03:19
4	2042	Fábio Barbosa	ATLETICO CLUBE PENHA LONGA	Senior Masculino	33:27	+00:54	03:21
5	2041	Carlos Gomes	ATLETICO CLUBE PENHA LONGA	Senior Masculino	33:59	+01:25	03:24
6	2107	MARCO MARQUES	EV/PERALTAFIL	Senior Masculino	34:01	+01:28	03:24
7	2108	RENATO SOUSA	EV/PERALTAFIL	Senior Masculino	34:26	+01:52	03:27
8	2299	Rui Ferreira	Individual	Senior Masculino	34:51	+02:17	03:29
9	2089	CELSO LEITE	Clube Atletismo de Ovar	Senior Masculino	36:08	+03:34	03:37

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10	2141	Renato Correia	Grupo Desportivo Recreativo Juventude das Ribeiras	Senior Masculino	37:04	+04:31	03:42
11	2459	Bruno Miguel Santos	PAC RUNNING ACADEMY	Senior Masculino	37:15	+04:42	03:44
12	2043	Pedro Pinto	ATLETICO CLUBE PENHA LONGA	Senior Masculino	37:21	+04:47	03:44
13	2460	Hugo Sampaio	PAC RUNNING ACADEMY	Senior Masculino	37:31	+04:57	03:45
14	2260	João Salgueiro	Individual	Senior Masculino	38:25	+05:51	03:51
15	2008	António Veiga	ACD Os Ilhavos	Senior Masculino	38:30	+05:56	03:51
16	2090	IGOR GAIO	Clube Atletismo de Ovar	Senior Masculino	38:50	+06:16	03:53
17	2087	Rafael Pereira	Club União Idanhense	Senior Masculino	38:56	+06:22	03:54
18	2241	David Maia	Individual	Senior Masculino	38:57	+06:24	03:54
19	2306	Sérgio Pires	Individual	Senior Masculino	39:18	+06:44	03:56
20	2489	Telmo nunes	RUNNING ESPINHO	Senior Masculino	39:23	+06:50	03:56
21	2225	André Dias Teresinho	Individual	Senior Masculino	39:31	+06:57	03:57
22	2040	Alexandre Azevedo	Associação Académica de Coimbra	Senior Masculino	39:32	+06:58	03:57
23	2424	Diogo Branco	L&R	Senior Masculino	40:19	+07:45	04:02
24	2280	Oleksandr Tarasov	Individual	Senior Masculino	40:22	+07:49	04:02
25	2262	João Tomás Oliveira Vieira Cardoso Matias	Individual	Senior Masculino	40:25	+07:51	04:03
26	2461	Manuel Tomás Oliveira Monteiro	PAC RUNNING ACADEMY	Senior Masculino	40:35	+08:02	04:04
27	2115	ANTÓNIO RICARDO COIMBRA HENRIQUES	Flex2000	Senior Masculino	40:53	+08:19	04:05
28	2085	Tiago Marcelino	CENAP	Senior Masculino	41:31	+08:58	04:09
29	2257	João Carlos Ferreira Abreu	Individual	Senior Masculino	41:35	+09:01	04:10
30	2014	JOSE COSTA	AFIS/OVAR	Senior Masculino	41:37	+09:03	04:10
31	2247	Fabio Costa	Individual	Senior Masculino	41:42	+09:08	04:10
32	2082	André Nunes	CASA DO POVO DE MANGUALDE	Senior Masculino	42:13	+09:39	04:13
33	2301	Rui Santos	Individual	Senior Masculino	42:46	+10:13	04:17
34	2265	José Filipe Silva Lemos	Individual	Senior Masculino	43:05	+10:31	04:19
35	2244	Duarte Correia	Individual	Senior Masculino	43:46	+11:12	04:23
36	2144	rafael ferreira	hSantamariaRT	Senior Masculino	44:11	+11:38	04:25
37	2278	Nuno Reis	Individual	Senior Masculino	44:34	+12:00	04:27
38	2236	Bruno Pinto	Individual	Senior Masculino	44:36	+12:02	04:28
39	568	João Paulo Neves Serôdio	Individual	Senior Masculino	44:36	+12:02	04:28
40	2310	Tiago Costa	Individual	Senior Masculino	44:50	+12:16	04:29
41	2296	Rúben Manuel Dias Almeida	Individual	Senior Masculino	44:57	+12:23	04:30
42	2242	Diogo Barreto	Individual	Senior Masculino	45:06	+12:32	04:31
43	2484	Pedro Barros	Run for Eat	Senior Masculino	45:09	+12:35	04:31
44	2273	Manuel Castro	Individual	Senior Masculino	45:35	+13:01	04:34
45	2438	Alexandre Rafael Sousa Vieira	Lusotufo	Senior Masculino	45:36	+13:02	04:34
46	2261	João Silva	Individual	Senior Masculino	45:39	+13:06	04:34
47	2508	Tiago Neto	TEN TEAM	Senior Masculino	45:46	+13:13	04:35
48	2443	Rúben Domingues Rocha	Lusotufo	Senior Masculino	45:47	+13:13	04:35
49	2013	GIL DUDOT	AFIS/OVAR	Senior Masculino	46:05	+13:31	04:37
50	2499	Tiago Castro	Sosense Trail- Corind / Braga&Fernandes	Senior Masculino	46:05	+13:31	04:37
51	2252	Guilherme Casais	Individual	Senior Masculino	46:09	+13:35	04:37

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98	2275	Mauro Filipe	Individual	Senior Masculino	54:06	+21:33	05:25
99	2081	Pedro Carvalho	Canucos	Senior Masculino	54:08	+21:34	05:25
100	2297	Rui Campos Sousa	Individual	Senior Masculino	54:10	+21:37	05:25
101	2485	Pedro Silva	Run for Eat	Senior Masculino	54:11	+21:37	05:25
102	2430	Nuno Alves	LGG Advisors	Senior Masculino	54:15	+21:41	05:26
103	2282	Pedro Emanuel Rodrigues Pinheiro Ferreira	Individual	Senior Masculino	54:28	+21:54	05:27
104	2276	Miguel Pinho	Individual	Senior Masculino	54:32	+21:58	05:27
105	2049	Guilherme Ferreira	Barra Oceans Runners	Senior Masculino	54:53	+22:19	05:28
106	2295	Rodrigo Oliveira	Individual	Senior Masculino	55:16	+22:43	05:32
107	2304	Saul Tavares	Individual	Senior Masculino	55:25	+22:51	05:33
108	2274	Manuel José de Oliveira Campos do Carmo da Silva	Individual	Senior Masculino	56:01	+23:27	05:36
109	2231	André Tiago Silva Grilo	Individual	Senior Masculino	56:12	+23:38	05:37
110	2245	Eduardo Costa	Individual	Senior Masculino	56:28	+23:54	05:39
111	2086	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	Senior Masculino	56:36	+24:03	05:40
112	2230	André Santos	Individual	Senior Masculino	56:50	+24:16	05:41
113	2293	Ricardo Reis	Individual	Senior Masculino	57:10	+24:36	05:43
114	2302	Rui Tiago Pereira dos Reis	Individual	Senior Masculino	57:38	+25:04	05:46
115	2239	Cláudio Miguel Ferreira Sá	Individual	Senior Masculino	58:12	+25:39	05:49
116	2269	Luís Carlos Pereira Pinto	Individual	Senior Masculino	59:06	+26:32	05:55
117	2066	Jorge Rodrigues	caetano Star	Senior Masculino	59:26	+26:52	05:57
118	2243	Diogo Rodrigues de Almeida	Individual	Senior Masculino	59:35	+27:02	05:58
119	2300	Rui Ferreira	Individual	Senior Masculino	59:38	+27:04	05:58
120	2272	Luís Silva	Individual	Senior Masculino	59:38	+27:05	05:58
121	2232	Arno Zours	Individual	Senior Masculino	59:58	+27:24	06:00
122	2480	André Silva	Run for Eat	Senior Masculino	01:00:18	+27:44	06:02
123	2250	Francisco António dos Santos Freitas	Individual	Senior Masculino	01:00:34	+28:00	06:03
124	2426	Samuel Gonçalves	L&R	Senior Masculino	01:00:36	+28:02	06:04
125	2267	José Teixeira	Individual	Senior Masculino	01:00:46	+28:12	06:05
126	2059	Emanuel Silva	Brandoenses running	Senior Masculino	01:01:12	+28:39	06:07
127	2481	Diogo Sobral	Run for Eat	Senior Masculino	01:01:41	+29:07	06:10
128	2298	Rui Ferreira	Individual	Senior Masculino	01:01:46	+29:12	06:11
129	2290	Ricardo João dos Santos Costa	Individual	Senior Masculino	01:02:03	+29:30	06:12
130	2023	henrique marques	Arada Atletico Clube	Senior Masculino	01:02:05	+29:31	06:13
131	2284	Pedro Miguel Silva Baptista	Individual	Senior Masculino	01:02:30	+29:56	06:15
132	2258	João Pedro Magalhães Soares	Individual	Senior Masculino	01:03:13	+30:39	06:19
133	2289	Renato Sá	Individual	Senior Masculino	01:03:23	+30:49	06:20
134	2251	Gonçalo Pinto	Individual	Senior Masculino	01:04:55	+32:21	06:30
135	2288	Rafael Pinto	Individual	Senior Masculino	01:05:31	+32:57	06:33
136	2313	Vicente Van der Linden	Individual	Senior Masculino	01:06:07	+33:34	06:37
137	2441	João Sousa Martins	Lusotufo	Senior Masculino	01:06:27	+33:53	06:39
138	2516	Rafael Camargo	Zequinha	Senior Masculino	01:06:30	+33:57	06:39
139	2292	Ricardo Nogueira	Individual	Senior Masculino	01:07:34	+35:00	06:45
140	2305	Sebastião Rodrigues	Individual	Senior Masculino	01:07:37	+35:03	06:46
141	2464	Afonso Ferreira	Pé na Estrada	Senior Masculino	01:09:16	+36:42	06:58

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142	2002	Bruno Cardoso	100desculpas	Senior Masculino	01:09:19	+36:45	06:56
143	2117	MD JABED	Flex2000	Senior Masculino	01:09:26	+36:52	06:57
144	2118	MIGUEL FILIPE ANDRADE PEREIRA	Flex2000	Senior Masculino	01:09:26	+36:52	06:57
145	2259	João Pinho	Individual	Senior Masculino	01:12:11	+39:38	07:13
146	2482	Hugo Carneiro	Run for Eat	Senior Masculino	01:16:04	+43:30	07:36
147	2235	Bruno Oliveira	Individual	Senior Masculino	01:18:43	+46:09	07:52

Veterana F40

1	2331	Juliana Figueiras	Individual	Veterana F40	45:17	+12:44	04:32
2	2061	Perpétua Silva	Brandoenses running	Veterana F40	49:20	+16:46	04:56
3	500	Sandra Salgueiro	Individual	Veterana F40	49:36	+17:02	04:58
4	2444	Anabela Barata	Lusotufo	Veterana F40	50:42	+18:09	05:04
5	2318	Ana Gandarela	Individual	Veterana F40	50:52	+18:19	05:05
6	2334	Marisa Gonçalves	Individual	Veterana F40	53:09	+20:36	05:19
7	2130	Marcia Campos	Furadourotrail	Veterana F40	53:52	+21:18	05:23
8	2427	Sara Freitas	Leoteam	Veterana F40	54:03	+21:30	05:24
9	2332	Juliana Fleming	Individual	Veterana F40	54:04	+21:30	05:24
10	2145	daniela machado	hSantamariaRT	Veterana F40	55:11	+22:37	05:31
11	2317	Ana Dias	Individual	Veterana F40	56:02	+23:28	05:36
12	2326	Elisabete Maria Rodrigues da Silva	Individual	Veterana F40	56:07	+23:33	05:37
13	2320	Carla Soares	Individual	Veterana F40	56:12	+23:38	05:37
14	2340	sandra costa	Individual	Veterana F40	56:15	+23:41	05:38
15	2129	Cristiana Resende	Furadourotrail	Veterana F40	56:40	+24:06	05:40
16	2490	Sandra Souto	Runriver Escola de Atletismo de Rio Tinto	Veterana F40	56:53	+24:19	05:41
17	2128	Ana Andrade	Furadourotrail	Veterana F40	58:49	+26:15	05:53
18	2138	Andreia Monteiro	Goodshape	Veterana F40	58:50	+26:17	05:53
19	2338	Paula Catarino	Individual	Veterana F40	58:57	+26:23	05:54
20	2454	Silvia Rocha	Núcleo de Corrida Solverde	Veterana F40	59:16	+26:42	05:56
21	2416	Laura Nidia Santos Soares	Juventude Cortegacense	Veterana F40	59:33	+27:00	05:57
22	2330	Joana Macedo	Individual	Veterana F40	59:34	+27:00	05:57
23	2323	Caty Dias	Individual	Veterana F40	59:37	+27:04	05:58
24	2015	SUSANA PINTO	AFIS/OVAR	Veterana F40	59:42	+27:08	05:58
25	2050	Ana Catarina Filipe Pinheiro	Barra Oceans Runners	Veterana F40	01:00:24	+27:51	06:02
26	2024	Sónia Silva	Arada Atletico Clube	Veterana F40	01:00:59	+28:26	06:06
27	2070	Liliana Costa	Caldas São Jorge Sport Clube	Veterana F40	01:01:01	+28:28	06:06
28	2060	Catarina Leite	Brandoenses running	Veterana F40	01:01:52	+29:18	06:11
29	2329	Isabel Cristina Moreira Carvalho	Individual	Veterana F40	01:02:21	+29:48	06:14
30	2339	Rita Sousa	Individual	Veterana F40	01:02:23	+29:49	06:14
31	2036	Maria João Couto	Arroz de Carril	Veterana F40	01:02:37	+30:03	06:16
32	2142	Alexandra Gonçalves	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterana F40	01:02:46	+30:12	06:17
33	2322	Catia Lopes	Individual	Veterana F40	01:03:30	+30:57	06:21
34	2319	Ana Sousa	Individual	Veterana F40	01:03:37	+31:03	06:22
35	2047	Vânia Leal	Backstreet Girls	Veterana F40	01:04:17	+31:43	06:26
36	2325	Cristina Araújo	Individual	Veterana F40	01:05:34	+33:00	06:33

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OFFICIAL RESULT

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37	2417	Marcia Almeida Rola	Juventude Cortegacense	Veterana F40	01:06:28	+33:54	06:39
38	2415	Cristina Maria Rodrigues Sá	Juventude Cortegacense	Veterana F40	01:06:30	+33:56	06:39
39	2035	Fátima Gramaxo	ARCD Venda da Luísa	Veterana F40	01:07:01	+34:27	06:42
40	2333	Liliana Resende	Individual	Veterana F40	01:07:09	+34:35	06:43
41	2104	Patrícia Gomes	Espinho Trail	Veterana F40	01:07:24	+34:50	06:44
42	2190	PATRÍCIA SANTOS	Individual	Veterana F40	01:07:51	+35:17	06:47
43	2134	Sónia Matos	GAIA-RUNNING	Veterana F40	01:07:52	+35:19	06:47
44	2069	Juliana Alves	Caldas São Jorge Sport Clube	Veterana F40	01:11:40	+39:07	07:10
45	2335	Marta Rocha	Individual	Veterana F40	01:12:04	+39:30	07:12
46	2455	Yasmin Jaramillo	Núcleo de Corrida Solverde	Veterana F40	01:13:55	+41:22	07:24
47	2341	Tixa Catarino	Individual	Veterana F40	01:16:43	+44:09	07:40
48	2518	Ana Teixeira	caetano Star	Veterana F40	01:16:58	+44:25	07:42
49	2324	Clara Guedes Pinto	Individual	Veterana F40	01:17:10	+44:37	07:43
50	2496	Claudia Pinto	Silva Ferreira e Pinto	Veterana F40	01:24:29	+51:55	08:27
51	2328	Helena Silva	Individual	Veterana F40	01:25:52	+53:18	08:35

Veterana F50

			SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR				
1	2494	Maria Costa		Veterana F50	51:38	+19:04	05:10
2	2503	Maria Campos	Spin&Run Esposende	Veterana F50	52:28	+19:54	05:15
3	2017	ELISABETE SILVA	AFIS/OVAR	Veterana F50	52:31	+19:57	05:15
4	2411	Odeta Cruz	João silva CCR Praia de Mira	Veterana F50	53:59	+21:25	05:24
5	2068	AnaPaula Castro	CAL - Clube Atletismo de Lamas	Veterana F50	56:28	+23:55	05:39
6	2057	Susana Fernanda de Sousa Almeida Tavares	Bombeiros Esmoriz	Veterana F50	57:07	+24:33	05:43
7	2512	Ana Gonçalves	The Mountain Goat	Veterana F50	57:54	+25:20	05:47
8	2498	Ana Relvas	SOREMA	Veterana F50	58:48	+26:14	05:53
9	2016	CLAUDIA GOMES	AFIS/OVAR	Veterana F50	59:42	+27:08	05:58
10	2347	Suzana Duarte	Individual	Veterana F50	01:00:58	+28:24	06:06
11	2344	Manuela Maria Nogueira Pinto	Individual	Veterana F50	01:00:58	+28:25	06:06
12	2025	Isabel Santos	Arada Atletico Clube	Veterana F50	01:00:59	+28:26	06:06
13	2346	Maria Susana Da Costa Silva	Individual	Veterana F50	01:03:11	+30:37	06:19
14	2524	Maria dos Anjos	Individual	Veterana F50	01:03:38	+31:04	06:22
15	2501	Fátima Barros	Sousa	Veterana F50	01:04:56	+32:23	06:30
16	2071	Maria Valente	Caldas São Jorge Sport Clube	Veterana F50	01:05:06	+32:32	06:31
17	2458	Elisabete Dalila Lima dos Santos Fonseca	Os Kágados	Veterana F50	01:08:19	+35:45	06:50
18	2119	DEOLINDA PAULA OLIVEIRA FERREIRA	Flex2000	Veterana F50	01:09:19	+36:45	06:56
19	2433	Palmira Fontes	Lourosa Em Movimento	Veterana F50	01:11:40	+39:06	07:10
20	2488	Sandra Carraca	Running Esmoriz	Veterana F50	01:11:54	+39:21	07:11
21	2509	Armanda Queirós	TEN TEAM	Veterana F50	01:15:34	+43:00	07:33
22	2471	Sandra Feliciano	Pés ao Caminho	Veterana F50	01:17:41	+45:07	07:46
23	54	Emília Teixeira	Atletas do Parque	Veterana F50	01:21:36	+49:02	08:10

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Corrida 10Km

10 KM

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OFFICIAL RESULT

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24	2342	Berta Salgueiro	Individual	Veterana F50	01:30:55	+58:21	09:06
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Veterano M40

1	2360	Joao Castro	Team El Comandante	Veterano M40	34:57	+02:23	03:30
2	2135	Artur Rodrigues	GDC Guilhovai	Veterano M40	35:45	+03:12	03:35
3	2092	MARCO JORGE	Clube Atletismo de Ovar	Veterano M40	37:10	+04:36	03:43
4	2132	Hugo Ferreira	G.D.A RONDA	Veterano M40	37:47	+05:13	03:47
5	2009	André Santos	ACD Os Ilhavos	Veterano M40	39:10	+06:37	03:55
6	2418	Williams da Conceição Rodriguez	Juventude Cortegacense	Veterano M40	39:28	+06:54	03:57
7	934	Nuno Ribeiro	Lusotufo	Veterano M40	39:29	+06:56	03:57
8	2010	Paulo Silva	ACD Os Ilhavos	Veterano M40	39:34	+07:00	03:57
9	2039	JULIO CESAR DA COSTA LEGENTIL	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Veterano M40	39:59	+07:25	04:00
10	2491	Eduardo Brandão	Runriver Escola de Atletismo de Rio Tinto	Veterano M40	40:04	+07:31	04:00
11	2091	CARLOS SEQUEIRA	Clube Atletismo de Ovar	Veterano M40	40:15	+07:41	04:02
12	2372	Pedro Espírito Santo	Individual	Veterano M40	40:37	+08:03	04:04
13	2352	Antonio Manuel Pais Assunção	Individual	Veterano M40	41:25	+08:52	04:09
14	2093	MARCO SILVA	Clube Atletismo de Ovar	Veterano M40	42:09	+09:35	04:13
15	2072	Ricardo Silva	Caldas São Jorge Sport Clube	Veterano M40	42:49	+10:16	04:17
16	2380	Vasco Regadas	Individual	Veterano M40	45:41	+13:07	04:34
17	2348	Adriano Fonseca	Individual	Veterano M40	45:53	+13:20	04:35
18	2027	abel azevedo	Arada Atletico Clube	Veterano M40	46:27	+13:54	04:39
19	2038	Valter Rodrigues	Arroz de Carril	Veterano M40	46:50	+14:16	04:41
20	2511	Ricardo Trigo	TEN TEAM	Veterano M40	47:18	+14:44	04:44
21	2448	Mário Joel Silva Sequeira	Lusotufo	Veterano M40	47:27	+14:53	04:45
22	2379	Tiago Tavares	Individual	Veterano M40	48:19	+15:45	04:50
23	18	Rui Lopes	ACD Os Ilhavos	Veterano M40	48:32	+15:58	04:51
24	2375	Ricardo Fonseca	Individual	Veterano M40	48:44	+16:10	04:52
25	2353	Bruno João de Resende Peres Loureiro	Individual	Veterano M40	48:45	+16:11	04:53
26	2408	Pedro leitao	JAM - Juventude Atlética Mozelense	Veterano M40	49:19	+16:45	04:56
27	2139	Ricardino Santos	Goodshape	Veterano M40	49:41	+17:07	04:58
28	27	PEDRO NECHO	AFIS/OVAR	Veterano M40	49:52	+17:19	04:59
29	2073	Riki Silva	Caldas São Jorge Sport Clube	Veterano M40	49:57	+17:24	05:00
30	2121	ANDRÉ BRUNO ALMEIDA MAIA	Flex2000	Veterano M40	50:15	+17:41	05:02
31	2350	André Pereira	Individual	Veterano M40	50:21	+17:47	05:02
32	2507	Filipe Pereira	Team El Comandante	Veterano M40	51:54	+19:20	05:11
33	2473	André Silva	PETRUS RUNNERS	Veterano M40	52:17	+19:43	05:14
34	2374	Pedro Santos	Individual	Veterano M40	52:20	+19:46	05:14
35	2510	André Martins	TEN TEAM	Veterano M40	52:33	+19:59	05:15
36	2032	ricardo resende	Arada Atletico Clube	Veterano M40	52:35	+20:01	05:16
37	2367	Nuno Correia	Individual	Veterano M40	52:46	+20:12	05:17

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Corrida 10Km

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38	2122	ANTÓNIO JOSÉ MONTEIRO MORGADO	Flex2000	Veterano M40	52:50	+20:16	05:17
39	2364	Luís Miguel Gonçalves da Cruz	Individual	Veterano M40	53:01	+20:27	05:18
40	2428	Andrés Soares	Leoteam	Veterano M40	54:05	+21:31	05:25
41	2445	Alberto Manuel Oliveira Ferreira	Lusotufo	Veterano M40	54:16	+21:42	05:26
42	2120	ANDRÉ AUGUSTO VAZ PAIS	Flex2000	Veterano M40	54:30	+21:56	05:27
43	2354	Bruno Maciel da Costa Mendes	Individual	Veterano M40	54:41	+22:07	05:28
44	2029	joao valente	Arada Atletico Clube	Veterano M40	54:48	+22:14	05:29
45	2423	Helder Gomes	KeMedo Team	Veterano M40	54:49	+22:15	05:29
46	2355	Edgar Pinto	Individual	Veterano M40	55:17	+22:43	05:32
47	2381	Vitor Licínio Silva Gomes	Individual	Veterano M40	55:28	+22:54	05:33
48	2474	Bruno Silva	PETRUS RUNNERS	Veterano M40	56:35	+24:01	05:40
49	2370	Paulo José Sampaio de Almeida	Individual	Veterano M40	56:43	+24:09	05:40
50	2497	Tiago Silva	Silva Ferreira e Pinto	Veterano M40	56:52	+24:19	05:41
51	2363	José Quintas	Individual	Veterano M40	57:00	+24:26	05:42
52	2045	Filipe Cunha	AZTrail	Veterano M40	57:12	+24:38	05:43
53	2351	André Rocha	Individual	Veterano M40	57:14	+24:40	05:43
54	2356	Filipe Miguel Ferreira Oliveira	Individual	Veterano M40	57:28	+24:54	05:45
55	2371	Paulo Rola	Individual	Veterano M40	57:38	+25:04	05:46
56	2357	Francisco Caldas	Individual	Veterano M40	57:38	+25:04	05:46
57	2031	manuel jorge	Arada Atletico Clube	Veterano M40	57:42	+25:09	05:46
58	2373	Pedro Miguel Gomes Fernandes	Individual	Veterano M40	57:54	+25:20	05:47
59	2359	João Abreu	Individual	Veterano M40	57:55	+25:22	05:48
60	2366	Nelson Costa	Individual	Veterano M40	57:55	+25:22	05:48
61	2349	Aleksei Tatarenko	Individual	Veterano M40	57:58	+25:25	05:48
62	2361	José Leite	Individual	Veterano M40	58:33	+25:59	05:51
63	2030	leonardo marques	Arada Atletico Clube	Veterano M40	01:02:05	+29:31	06:13
64	2131	Tiago Carriola	Furadourotrail	Veterano M40	01:02:37	+30:04	06:16
65	2513	Hugo Morais	Tomé Morais	Veterano M40	01:03:08	+30:35	06:19
66	2447	Gonçalo Nuno Costa Paulo de Oliveira	Lusotufo	Veterano M40	01:03:11	+30:38	06:19
67	2493	Pedro Fontoura	Saltoura	Veterano M40	01:03:17	+30:43	06:20
68	2432	Márcio Cunha	LGG Advisors	Veterano M40	01:05:03	+32:29	06:30
69	626	Daniel Silva	Individual	Veterano M40	01:05:23	+32:49	06:32
70	678	Ricardo Ferreira	Individual	Veterano M40	01:05:23	+32:50	06:32
71	637	Hugo Fardilha	Individual	Veterano M40	01:05:34	+33:00	06:33
72	2377	Samuel Costa	Individual	Veterano M40	01:06:07	+33:33	06:37
73	2376	Ricardo Tavares	Individual	Veterano M40	01:07:13	+34:40	06:43
74	2365	Luís Tiago Fontes Oliveira	Individual	Veterano M40	01:08:01	+35:27	06:48
75	2053	Dinis Sousa	Bobadelas Running Team	Veterano M40	01:10:34	+38:00	07:03
76	2456	António Sá	Núcleo de Corrida Solverde	Veterano M40	01:17:53	+45:19	07:47
77	2358	Hugo Brandão{	Individual	Veterano M40	01:21:39	+49:05	08:10

Veterano M50

1	2111	MANUEL BESSA	EV/PERALTAFIL	Veterano M50	37:16	+04:43	03:44
2	2407	Vitor Gonçalves	Individual	Veterano M50	37:59	+05:25	03:48

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Corrida 10Km

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OFFICIAL RESULT

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3	2099	PEDRO SILVA	Clube Atletismo de Ovar	Veterano M50	38:31	+05:57	03:51
4	2098	MARIO VAZ	Clube Atletismo de Ovar	Veterano M50	38:46	+06:13	03:53
5	2137	JOAQUIM LEAL	GDRC Ponterrolense	Veterano M50	38:59	+06:25	03:54
6	2033	Manuel Ferreira	Arada Atletico Clube	Veterano M50	39:55	+07:21	04:00
7	2394	José silva reis	Individual	Veterano M50	40:12	+07:39	04:01
8	2097	JOSE PINTO	Clube Atletismo de Ovar	Veterano M50	41:04	+08:31	04:06
9	2400	Manuel Lázaro Pereira Silva	Individual	Veterano M50	42:13	+09:39	04:13
10	2094	ANTONIO CASTRO	Clube Atletismo de Ovar	Veterano M50	42:59	+10:25	04:18
11	2397	Luis Pedro Dias Couto Rodrigues	Individual	Veterano M50	44:42	+12:08	04:28
12	2110	JOAQUIM PEREIRA	EV/PERALTAFIL	Veterano M50	45:04	+12:30	04:30
13	2500	Armando Castro	Sosense Trail- Corind / Braga&Fernandes	Veterano M50	45:17	+12:43	04:32
14	2420	Domingos Fernando Oliveira Camboa 12121960	Juventude Cortegacense	Veterano M50	45:20	+12:46	04:32
15	2452	Rui Miguel Costa Vieira	Lusotufo	Veterano M50	45:37	+13:03	04:34
16	2062	António Espinheira	Brandoenses running	Veterano M50	45:50	+13:16	04:35
17	2083	Carlos Almeida	CASA DO POVO DE MANGUALDE	Veterano M50	45:57	+13:23	04:36
18	2385	CECILIO MANUEL SILVA FERREIRA	Individual	Veterano M50	47:10	+14:36	04:43
19	2502	João Sousa	Sousa	Veterano M50	47:21	+14:47	04:44
20	2019	MANUEL GOMES	AFIS/OVAR	Veterano M50	48:22	+15:48	04:50
21	2078	Rui Moreira	Caldas São Jorge Sport Clube	Veterano M50	48:44	+16:10	04:52
22	2075	Carlos Sousa	Caldas São Jorge Sport Clube	Veterano M50	48:54	+16:20	04:53
23	2077	Manuel Almeida	Caldas São Jorge Sport Clube	Veterano M50	49:16	+16:42	04:56
24	2396	Luis Barosa	Individual	Veterano M50	49:50	+17:16	04:59
25	2393	JOSE CASALEIRO	Individual	Veterano M50	50:03	+17:29	05:00
26	2476	José Matos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	50:19	+17:45	05:02
27	2058	José Manuel Costa Pinto	Bombeiros Esmoriz	Veterano M50	50:22	+17:48	05:02
28	2421	Joao Ferreira	Juventude Cortegacense	Veterano M50	51:02	+18:28	05:06
29	2449	Américo Fonseca	Lusotufo	Veterano M50	51:08	+18:34	05:07
30	2387	Fernando Lopes	Individual	Veterano M50	51:17	+18:43	05:08
31	2051	Arnaldo Tomás	Barra Oceans Runners	Veterano M50	51:33	+18:59	05:09
32	2382	André Rocha	Individual	Veterano M50	51:38	+19:04	05:10
33	2401	Manuel Oliveira	Individual	Veterano M50	51:51	+19:17	05:11
34	2074	Abel Santos	Caldas São Jorge Sport Clube	Veterano M50	52:41	+20:07	05:16
35	2395	Licínio Conceição	Individual	Veterano M50	53:13	+20:39	05:19
36	2457	Jorge Amorim	Os Falta D'Ar	Veterano M50	53:14	+20:40	05:19
37	2450	Daniel Rola França	Lusotufo	Veterano M50	53:22	+20:49	05:20
38	2096	ARLINDO SILVA	Clube Atletismo de Ovar	Veterano M50	53:26	+20:52	05:21
39	2034	rui fardilha	Arada Atletico Clube	Veterano M50	54:48	+22:14	05:29
40	2406	Ramos da Silva	Individual	Veterano M50	55:12	+22:39	05:31
41	2076	José Torres	Caldas São Jorge Sport Clube	Veterano M50	55:14	+22:40	05:31
42	2419	Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	55:17	+22:43	05:32
43	2409	AUGUSTO BAPTISTA	JAM - Juventude Atlética Mozelense	Veterano M50	56:37	+24:03	05:40
44	2404	Pedro Nunes	Individual	Veterano M50	57:13	+24:39	05:43
45	2143	Pedro Veiga	Grupo Oscacer	Veterano M50	57:30	+24:56	05:45

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Corrida 10Km

10 KM

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46	2020	PAULO ALMEIDA	AFIS/OVAR	Veterano M50	58:58	+26:24	05:54
47	2114	Fernando Baldaia	Família Baldaia	Veterano M50	59:00	+26:26	05:54
48	2402	Paulo santos	Individual	Veterano M50	59:46	+27:12	05:59
49	2388	FERNANDO SILVA	Individual	Veterano M50	59:52	+27:18	05:59
50	2383	António Manuel Azevedo Aguiar	Individual	Veterano M50	01:00:55	+28:22	06:06
51	2465	EDGAR FERREIRA	Pé na Estrada	Veterano M50	01:01:32	+28:58	06:09
52	848	Abílio Pinto	Individual	Veterano M50	01:02:12	+29:38	06:13
53	2422	Jorge Manuel Amaral Godinho	Juventude Cortegacense	Veterano M50	01:02:24	+29:50	06:14
54	2386	David Fajfer	Individual	Veterano M50	01:04:13	+31:39	06:25
55	2405	Pedro Nuno Tavares Costa	Individual	Veterano M50	01:04:32	+31:59	06:27
56	2475	Jorge Santos	PETRUS RUNNERS	Veterano M50	01:05:15	+32:42	06:32
57	2392	Joaquim da Silva Martins	Individual	Veterano M50	01:05:45	+33:11	06:35
58	2018	FERNANDO SANTOS	AFIS/OVAR	Veterano M50	01:06:13	+33:39	06:37
59	2103	Carlos Malheiro	Equilibrium Training	Veterano M50	01:06:46	+34:12	06:41
60	2391	João Silva	Individual	Veterano M50	01:13:19	+40:45	07:20
61	2398	LUIS SERGIO DA SILVA LIMA	Individual	Veterano M50	01:14:23	+41:50	07:26
62	2472	Jaime Areia	Pés ao Caminho	Veterano M50	01:17:44	+45:10	07:46

Corrida 10Km

10 KM

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	13,8°C	82%
End	11:40	15,8°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2506	Telma Pinho	Team El Comandante	Senior Feminino	38:00	+05:26	03:48
2	2088	INES GONÇALVES	Clube Atletismo de Ovar	Senior Feminino	38:31	+05:57	03:51
3	2022	Lara Costa	Arada Atletico Clube	Senior Feminino	39:54	+07:21	03:59
4	2052	Ana Raquel Ribeiro Costa	BOAVISTA FC	Senior Feminino	40:37	+08:03	04:04
5	2140	Raquel Cirne	GRECAS - Vagos	Senior Feminino	41:37	+09:03	04:10
6	2182	Joana Marques	Individual	Senior Feminino	43:01	+10:27	04:18
7	2105	PATRICIA FERREIRA	EV/PERALTAFIL	Senior Feminino	45:23	+12:50	04:32
8	2106	SARA PEREIRA	EV/PERALTAFIL	Senior Feminino	45:28	+12:54	04:33
9	2011	FATIMA PINHO	AFIS/OVAR	Senior Feminino	46:00	+13:26	04:36
10	2217	Sara Neves	Individual	Senior Feminino	47:19	+14:46	04:44
11	2021	Ema Oliveira	Arada Atletico Clube	Senior Feminino	47:50	+15:16	04:47
12	2436	Rosana Sofia Gomes Moreira	Lusotufo	Senior Feminino	50:10	+17:36	05:01
13	2478	Lisa Robalinho	Run for Eat	Senior Feminino	51:26	+18:52	05:09
14	2012	PAULA CRUZ	AFIS/OVAR	Senior Feminino	52:17	+19:43	05:14
15	2434	Ana da Costa Pinho	Lusotufo	Senior Feminino	52:25	+19:51	05:15
16	2206	Núria Sousa	Individual	Senior Feminino	52:27	+19:53	05:15
17	2185	Joana Pereira	Individual	Senior Feminino	52:31	+19:58	05:15
18	2146	Alexandra Marques Alves de Sá	Individual	Senior Feminino	52:48	+20:14	05:17
19	2204	Marta Sousa	Individual	Senior Feminino	53:02	+20:29	05:18
20	2213	Rita Moreira	Individual	Senior Feminino	53:08	+20:34	05:19
21	2209	Patrícia da Silva Tavares	Individual	Senior Feminino	53:16	+20:42	05:20
22	2477	Carla Faria	Run for Eat	Senior Feminino	53:21	+20:47	05:20
23	2212	Rita Augusto	Individual	Senior Feminino	53:39	+21:05	05:22
24	2171	Diana Oliveira	Individual	Senior Feminino	53:42	+21:08	05:22
25	2168	Cátia Moreira	Individual	Senior Feminino	54:01	+21:27	05:24
26	2211	Raquel Pereira	Individual	Senior Feminino	54:47	+22:14	05:29
27	2126	Joana Pais	Furadourotrail	Senior Feminino	54:53	+22:19	05:29
28	2196	Mariana cardoso	Individual	Senior Feminino	55:14	+22:41	05:31
29	2412	Ines Gomes Cardoso	Juventude Cortegacense	Senior Feminino	55:16	+22:42	05:32
30	2100	MAFALDA SEGURA	DAR Recardães	Senior Feminino	55:16	+22:42	05:32
31	2218	Sofia Martins	Individual	Senior Feminino	55:32	+22:58	05:33
32	2177	Inês Santos Pereira	Individual	Senior Feminino	55:35	+23:02	05:34
33	2158	Ângela Reis	Individual	Senior Feminino	56:42	+24:09	05:40
34	2149	Ana Ferreira	Individual	Senior Feminino	56:53	+24:19	05:41
35	2159	Bárbara Assunção Alves	Individual	Senior Feminino	56:59	+24:26	05:42
36	2054	Daniela Soares	Bombeiros Esmoriz	Senior Feminino	57:07	+24:33	05:43
37	2163	Carolina Capela	Individual	Senior Feminino	57:13	+24:39	05:43
38	2201	Marina Arsénio	Individual	Senior Feminino	57:13	+24:40	05:43
39	2200	Mariella Borrelli	Individual	Senior Feminino	57:32	+24:59	05:45

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Corrida 10Km

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OFFICIAL RESULT

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40	2055	Lara Maria Pinto Silva	Bombeiros Esmoriz	Senior Feminino	57:33	+24:59	05:45
41	2112	Carolina Matos	Família Baldaia	Senior Feminino	57:40	+25:07	05:46
42	2164	Carolina Leite	Individual	Senior Feminino	57:58	+25:24	05:48
43	2219	Sofia Oliveira	Individual	Senior Feminino	58:11	+25:37	05:49
44	2162	Carlota Silva Pimenta Almeida	Individual	Senior Feminino	58:12	+25:39	05:49
45	2184	Joana Neves	Individual	Senior Feminino	58:13	+25:39	05:49
46	2437	Soraia Moreira Oliveira	Lusotufo	Senior Feminino	58:18	+25:45	05:50
47	2178	Isabel Falcão	Individual	Senior Feminino	58:29	+25:56	05:51
48	2221	Tatiana Varandas	Individual	Senior Feminino	58:52	+26:18	05:53
49	2188	Joana Rochinha	Individual	Senior Feminino	59:04	+26:30	05:54
50	245	Ana Garcia	Individual	Senior Feminino	59:27	+26:54	05:57
51	2202	Marta Almeida	Individual	Senior Feminino	59:35	+27:02	05:58
52	2151	Ana Rita	Individual	Senior Feminino	59:41	+27:08	05:58
53	2216	Sara Cristina Paiva de Almeida	Individual	Senior Feminino	59:41	+27:08	05:58
54	2048	Fabiana Sarabando	Barra Oceans Runners	Senior Feminino	59:46	+27:13	05:59
55	2198	Mariana Ferreira Pinto	Individual	Senior Feminino	59:48	+27:14	05:59
56	2174	Filipa Silva	Individual	Senior Feminino	59:55	+27:21	06:00
57	2147	Ana Beatriz Silva	Individual	Senior Feminino	01:00:05	+27:31	06:01
58	2207	Patrícia Almeida	Individual	Senior Feminino	01:00:46	+28:12	06:05
59	2154	Ana Teresa Teles	Individual	Senior Feminino	01:00:47	+28:13	06:05
60	2527	MÁRCIA SILVA	Individual	Senior Feminino	01:00:59	+28:25	06:06
61	2125	Ana Lúcia S Carvalho	Furadourotrail	Senior Feminino	01:01:07	+28:33	06:07
62	2220	Tânia Cunha	Individual	Senior Feminino	01:02:21	+29:47	06:14
63	2525	Laisa Diana	Individual	Senior Feminino	01:02:21	+29:48	06:14
64	2208	Patrícia Costa	Individual	Senior Feminino	01:02:40	+30:07	06:16
65	2172	Fabiana Monteiro	Individual	Senior Feminino	01:03:03	+30:30	06:18
66	2161	Bruna Pereira Marques	Individual	Senior Feminino	01:03:13	+30:39	06:19
67	2492	Salomé Apitz	Saltoura	Senior Feminino	01:03:17	+30:43	06:20
68	2215	Sara Almeida	Individual	Senior Feminino	01:03:22	+30:48	06:20
69	2166	Catarina Ferrão	Individual	Senior Feminino	01:03:34	+31:00	06:21
70	2170	Diana Fernandes Rodrigues	Individual	Senior Feminino	01:03:41	+31:07	06:22
71	2199	Mariana Pereira	Individual	Senior Feminino	01:04:56	+32:22	06:30
72	2181	Joana Beatriz Godinho Martins Pisco	Individual	Senior Feminino	01:04:57	+32:23	06:30
73	2327	Filipa França	Individual	Senior Feminino	01:05:14	+32:41	06:31
74	2127	Sara Geraz Coelho	Furadourotrail	Senior Feminino	01:05:24	+32:50	06:32
75	2080	Mariana Santos	Canucos	Senior Feminino	01:05:32	+32:58	06:33
76	2194	Maria Monteiro	Individual	Senior Feminino	01:06:01	+33:27	06:36
77	2223	Verónica Rodrigues	Individual	Senior Feminino	01:06:06	+33:32	06:37
78	2179	Isabella Hayes	Individual	Senior Feminino	01:06:08	+33:34	06:37
79	2191	Lupe Neira	Individual	Senior Feminino	01:06:10	+33:37	06:37
80	2514	Ana Beatriz Gonçalves	Zequinha	Senior Feminino	01:06:30	+33:57	06:39
81	2515	Marta Diogo	Zequinha	Senior Feminino	01:06:30	+33:57	06:39
82	2180	Joana Almeida	Individual	Senior Feminino	01:06:48	+34:14	06:41
83	2046	Jaqueline Ferreira	Backstreet Girls	Senior Feminino	01:07:15	+34:41	06:44
84	2210	Patricia Pereira	Individual	Senior Feminino	01:07:16	+34:42	06:44
85	2187	Joana Rocha	Individual	Senior Feminino	01:07:17	+34:43	06:44

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86	2175	Francisca Alves Correia	Individual	Senior Feminino	01:07:34	+35:00	06:45
87	2169	Cláudia Duarte	Individual	Senior Feminino	01:07:38	+35:05	06:46
88	2197	Mariana Costa	Individual	Senior Feminino	01:07:43	+35:09	06:46
89	2435	Inês Ferreira de Oliveira	Lusotufo	Senior Feminino	01:07:58	+35:24	06:48
90	2148	Ana Beatriz Travassos Cavaleiro	Individual	Senior Feminino	01:08:03	+35:29	06:48
91	2183	Joana Marques de Oliveira Ramos de Carvalho	Individual	Senior Feminino	01:08:07	+35:33	06:49
92	2167	Cátia Ferreira	Individual	Senior Feminino	01:09:18	+36:45	06:56
93	2001	Andreia Oliveira	100desculpas	Senior Feminino	01:09:19	+36:45	06:56
94	2192	Maria Carolina Alves de Sousa Pereira	Individual	Senior Feminino	01:09:38	+37:04	06:58
95	2195	Mariana Borges Faria	Individual	Senior Feminino	01:10:03	+37:29	07:00
96	2469	Joana Rodriguez	Pernas de Pau Velozes	Senior Feminino	01:10:27	+37:53	07:03
97	2079	Ana martins	Canucos	Senior Feminino	01:10:44	+38:10	07:04
98	2113	Catarina Baldaia	Família Baldaia	Senior Feminino	01:10:56	+38:22	07:06
99	2429	Patricia Matos	LGG Advisors	Senior Feminino	01:11:21	+38:48	07:08
100	2495	Marlene Ferreira	Silva Ferreira e Pinto	Senior Feminino	01:11:55	+39:21	07:12
101	2156	Andreia Teixeira	Individual	Senior Feminino	01:11:57	+39:24	07:12
102	2203	Marta Maria Santos Gomes	Individual	Senior Feminino	01:11:59	+39:25	07:12
103	2160	Barbara Santos	Individual	Senior Feminino	01:12:11	+39:37	07:13
104	2205	Nicole Silva	Individual	Senior Feminino	01:12:18	+39:44	07:14
105	2173	Filipa Chaves	Individual	Senior Feminino	01:12:19	+39:45	07:14
106	2005	Adriana Ventura	ACAIL GAS	Senior Feminino	01:12:38	+40:04	07:16
107	2155	Andreia Braga	Individual	Senior Feminino	01:14:01	+41:27	07:24
108	2487	Rosa Frade	Running Esmoriz	Senior Feminino	01:14:08	+41:34	07:25
109	2486	Cátia Cardoso	Running Esmoriz	Senior Feminino	01:14:46	+42:13	07:29
110	2133	Cátia Silva	GAIA-RUNNING	Senior Feminino	01:15:08	+42:34	07:31
111	2150	Ana Filipa Coelho Oliveira	Individual	Senior Feminino	01:15:28	+42:54	07:33
112	2479	Sofia Belinha	Run for Eat	Senior Feminino	01:16:04	+43:30	07:36
113	2189	Karen Bastos	Individual	Senior Feminino	01:18:43	+46:09	07:52
114	2462	Shara Soguilon	Pace Feminino	Senior Feminino	01:21:39	+49:05	08:10
115	2157	ÂNGELA ALVES	Individual	Senior Feminino	01:21:39	+49:05	08:10
116	2004	Adriana Martins	ACAIL GAS	Senior Feminino	01:22:42	+50:08	08:16

Senior Masculino

1	2109	RICARDO PEREIRA	EV/PERALTAFIL	Senior Masculino	32:33	03:15
2	2505	Tiago Silva	Sport Comércio e Salgueiros	Senior Masculino	32:45	+00:11 03:17
3	2101	JOÃO Oliveira	DAR Recardães	Senior Masculino	33:08	+00:35 03:19
4	2042	Fábio Barbosa	ATLETICO CLUBE PENHA LONGA	Senior Masculino	33:27	+00:54 03:21
5	2041	Carlos Gomes	ATLETICO CLUBE PENHA LONGA	Senior Masculino	33:59	+01:25 03:24
6	2107	MARCO MARQUES	EV/PERALTAFIL	Senior Masculino	34:01	+01:28 03:24
7	2108	RENATO SOUSA	EV/PERALTAFIL	Senior Masculino	34:26	+01:52 03:27
8	2299	Rui Ferreira	Individual	Senior Masculino	34:51	+02:17 03:29
9	2089	CELSO LEITE	Clube Atletismo de Ovar	Senior Masculino	36:08	+03:34 03:37

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10	2141	Renato Correia	Grupo Desportivo Recreativo Juventude das Ribeiras	Senior Masculino	37:04	+04:31	03:42
11	2459	Bruno Miguel Santos	PAC RUNNING ACADEMY	Senior Masculino	37:15	+04:42	03:44
12	2043	Pedro Pinto	ATLETICO CLUBE PENHA LONGA	Senior Masculino	37:21	+04:47	03:44
13	2460	Hugo Sampaio	PAC RUNNING ACADEMY	Senior Masculino	37:31	+04:57	03:45
14	2260	João Salgueiro	Individual	Senior Masculino	38:25	+05:51	03:51
15	2008	António Veiga	ACD Os Ilhavos	Senior Masculino	38:30	+05:56	03:51
16	2090	IGOR GAIO	Clube Atletismo de Ovar	Senior Masculino	38:50	+06:16	03:53
17	2087	Rafael Pereira	Club União Idanhense	Senior Masculino	38:56	+06:22	03:54
18	2241	David Maia	Individual	Senior Masculino	38:57	+06:24	03:54
19	2306	Sérgio Pires	Individual	Senior Masculino	39:18	+06:44	03:56
20	2489	Telmo nunes	RUNNING ESPINHO	Senior Masculino	39:23	+06:50	03:56
21	2225	André Dias Teresinho	Individual	Senior Masculino	39:31	+06:57	03:57
22	2040	Alexandre Azevedo	Associação Académica de Coimbra	Senior Masculino	39:32	+06:58	03:57
23	2424	Diogo Branco	L&R	Senior Masculino	40:19	+07:45	04:02
24	2280	Oleksandr Tarasov	Individual	Senior Masculino	40:22	+07:49	04:02
25	2262	João Tomás Oliveira Vieira Cardoso Matias	Individual	Senior Masculino	40:25	+07:51	04:03
26	2461	Manuel Tomás Oliveira Monteiro	PAC RUNNING ACADEMY	Senior Masculino	40:35	+08:02	04:04
27	2115	ANTÓNIO RICARDO COIMBRA HENRIQUES	Flex2000	Senior Masculino	40:53	+08:19	04:05
28	2085	Tiago Marcelino	CENAP	Senior Masculino	41:31	+08:58	04:09
29	2257	João Carlos Ferreira Abreu	Individual	Senior Masculino	41:35	+09:01	04:10
30	2014	JOSE COSTA	AFIS/OVAR	Senior Masculino	41:37	+09:03	04:10
31	2247	Fabio Costa	Individual	Senior Masculino	41:42	+09:08	04:10
32	2082	André Nunes	CASA DO POVO DE MANGUALDE	Senior Masculino	42:13	+09:39	04:13
33	2301	Rui Santos	Individual	Senior Masculino	42:46	+10:13	04:17
34	2265	José Filipe Silva Lemos	Individual	Senior Masculino	43:05	+10:31	04:19
35	2244	Duarte Correia	Individual	Senior Masculino	43:46	+11:12	04:23
36	2144	rafael ferreira	hSantamariaRT	Senior Masculino	44:11	+11:38	04:25
37	2278	Nuno Reis	Individual	Senior Masculino	44:34	+12:00	04:27
38	2236	Bruno Pinto	Individual	Senior Masculino	44:36	+12:02	04:28
39	568	João Paulo Neves Serôdio	Individual	Senior Masculino	44:36	+12:02	04:28
40	2310	Tiago Costa	Individual	Senior Masculino	44:50	+12:16	04:29
41	2296	Rúben Manuel Dias Almeida	Individual	Senior Masculino	44:57	+12:23	04:30
42	2242	Diogo Barreto	Individual	Senior Masculino	45:06	+12:32	04:31
43	2484	Pedro Barros	Run for Eat	Senior Masculino	45:09	+12:35	04:31
44	2273	Manuel Castro	Individual	Senior Masculino	45:35	+13:01	04:34
45	2438	Alexandre Rafael Sousa Vieira	Lusotufo	Senior Masculino	45:36	+13:02	04:34
46	2261	João Silva	Individual	Senior Masculino	45:39	+13:06	04:34
47	2508	Tiago Neto	TEN TEAM	Senior Masculino	45:46	+13:13	04:35
48	2443	Rúben Domingues Rocha	Lusotufo	Senior Masculino	45:47	+13:13	04:35
49	2013	GIL DUDOT	AFIS/OVAR	Senior Masculino	46:05	+13:31	04:37
50	2499	Tiago Castro	Sosense Trail- Corind / Braga&Fernandes	Senior Masculino	46:05	+13:31	04:37
51	2252	Guilherme Casais	Individual	Senior Masculino	46:09	+13:35	04:37

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98	2275	Mauro Filipe	Individual	Senior Masculino	54:06	+21:33	05:25
99	2081	Pedro Carvalho	Canucos	Senior Masculino	54:08	+21:34	05:25
100	2297	Rui Campos Sousa	Individual	Senior Masculino	54:10	+21:37	05:25
101	2485	Pedro Silva	Run for Eat	Senior Masculino	54:11	+21:37	05:25
102	2430	Nuno Alves	LGG Advisors	Senior Masculino	54:15	+21:41	05:26
103	2282	Pedro Emanuel Rodrigues Pinheiro Ferreira	Individual	Senior Masculino	54:28	+21:54	05:27
104	2276	Miguel Pinho	Individual	Senior Masculino	54:32	+21:58	05:27
105	2049	Guilherme Ferreira	Barra Oceans Runners	Senior Masculino	54:53	+22:19	05:28
106	2295	Rodrigo Oliveira	Individual	Senior Masculino	55:16	+22:43	05:32
107	2304	Saul Tavares	Individual	Senior Masculino	55:25	+22:51	05:33
108	2274	Manuel José de Oliveira Campos do Carmo da Silva	Individual	Senior Masculino	56:01	+23:27	05:36
109	2231	André Tiago Silva Grilo	Individual	Senior Masculino	56:12	+23:38	05:37
110	2245	Eduardo Costa	Individual	Senior Masculino	56:28	+23:54	05:39
111	2086	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	Senior Masculino	56:36	+24:03	05:40
112	2230	André Santos	Individual	Senior Masculino	56:50	+24:16	05:41
113	2293	Ricardo Reis	Individual	Senior Masculino	57:10	+24:36	05:43
114	2302	Rui Tiago Pereira dos Reis	Individual	Senior Masculino	57:38	+25:04	05:46
115	2239	Cláudio Miguel Ferreira Sá	Individual	Senior Masculino	58:12	+25:39	05:49
116	2269	Luís Carlos Pereira Pinto	Individual	Senior Masculino	59:06	+26:32	05:55
117	2066	Jorge Rodrigues	caetano Star	Senior Masculino	59:26	+26:52	05:57
118	2243	Diogo Rodrigues de Almeida	Individual	Senior Masculino	59:35	+27:02	05:58
119	2300	Rui Ferreira	Individual	Senior Masculino	59:38	+27:04	05:58
120	2272	Luís Silva	Individual	Senior Masculino	59:38	+27:05	05:58
121	2232	Arno Zours	Individual	Senior Masculino	59:58	+27:24	06:00
122	2480	André Silva	Run for Eat	Senior Masculino	01:00:18	+27:44	06:02
123	2250	Francisco António dos Santos Freitas	Individual	Senior Masculino	01:00:34	+28:00	06:03
124	2426	Samuel Gonçalves	L&R	Senior Masculino	01:00:36	+28:02	06:04
125	2267	José Teixeira	Individual	Senior Masculino	01:00:46	+28:12	06:05
126	2059	Emanuel Silva	Brandoenses running	Senior Masculino	01:01:12	+28:39	06:07
127	2481	Diogo Sobral	Run for Eat	Senior Masculino	01:01:41	+29:07	06:10
128	2298	Rui Ferreira	Individual	Senior Masculino	01:01:46	+29:12	06:11
129	2290	Ricardo João dos Santos Costa	Individual	Senior Masculino	01:02:03	+29:30	06:12
130	2023	henrique marques	Arada Atletico Clube	Senior Masculino	01:02:05	+29:31	06:13
131	2284	Pedro Miguel Silva Baptista	Individual	Senior Masculino	01:02:30	+29:56	06:15
132	2258	João Pedro Magalhães Soares	Individual	Senior Masculino	01:03:13	+30:39	06:19
133	2289	Renato Sá	Individual	Senior Masculino	01:03:23	+30:49	06:20
134	2251	Gonçalo Pinto	Individual	Senior Masculino	01:04:55	+32:21	06:30
135	2288	Rafael Pinto	Individual	Senior Masculino	01:05:31	+32:57	06:33
136	2313	Vicente Van der Linden	Individual	Senior Masculino	01:06:07	+33:34	06:37
137	2441	João Sousa Martins	Lusotufo	Senior Masculino	01:06:27	+33:53	06:39
138	2516	Rafael Camargo	Zequinha	Senior Masculino	01:06:30	+33:57	06:39
139	2292	Ricardo Nogueira	Individual	Senior Masculino	01:07:34	+35:00	06:45
140	2305	Sebastião Rodrigues	Individual	Senior Masculino	01:07:37	+35:03	06:46
141	2464	Afonso Ferreira	Pé na Estrada	Senior Masculino	01:09:16	+36:42	06:58

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142	2002	Bruno Cardoso	100desculpas	Senior Masculino	01:09:19	+36:45	06:56
143	2117	MD JABED	Flex2000	Senior Masculino	01:09:26	+36:52	06:57
144	2118	MIGUEL FILIPE ANDRADE PEREIRA	Flex2000	Senior Masculino	01:09:26	+36:52	06:57
145	2259	João Pinho	Individual	Senior Masculino	01:12:11	+39:38	07:13
146	2482	Hugo Carneiro	Run for Eat	Senior Masculino	01:16:04	+43:30	07:36
147	2235	Bruno Oliveira	Individual	Senior Masculino	01:18:43	+46:09	07:52

Veterana F40

1	2331	Juliana Figueiras	Individual	Veterana F40	45:17	+12:44	04:32
2	2061	Perpétua Silva	Brandoenses running	Veterana F40	49:20	+16:46	04:56
3	500	Sandra Salgueiro	Individual	Veterana F40	49:36	+17:02	04:58
4	2444	Anabela Barata	Lusotufu	Veterana F40	50:42	+18:09	05:04
5	2318	Ana Gandarela	Individual	Veterana F40	50:52	+18:19	05:05
6	2334	Marisa Gonçalves	Individual	Veterana F40	53:09	+20:36	05:19
7	2130	Marcia Campos	Furadourotrail	Veterana F40	53:52	+21:18	05:23
8	2427	Sara Freitas	Leoteam	Veterana F40	54:03	+21:30	05:24
9	2332	Juliana Fleming	Individual	Veterana F40	54:04	+21:30	05:24
10	2145	daniela machado	hSantamariaRT	Veterana F40	55:11	+22:37	05:31
11	2317	Ana Dias	Individual	Veterana F40	56:02	+23:28	05:36
12	2326	Elisabete Maria Rodrigues da Silva	Individual	Veterana F40	56:07	+23:33	05:37
13	2320	Carla Soares	Individual	Veterana F40	56:12	+23:38	05:37
14	2340	sandra costa	Individual	Veterana F40	56:15	+23:41	05:38
15	2129	Cristiana Resende	Furadourotrail	Veterana F40	56:40	+24:06	05:40
16	2490	Sandra Souto	Runriver Escola de Atletismo de Rio Tinto	Veterana F40	56:53	+24:19	05:41
17	2128	Ana Andrade	Furadourotrail	Veterana F40	58:49	+26:15	05:53
18	2138	Andreia Monteiro	Goodshape	Veterana F40	58:50	+26:17	05:53
19	2338	Paula Catarino	Individual	Veterana F40	58:57	+26:23	05:54
20	2454	Silvia Rocha	Núcleo de Corrida Solverde	Veterana F40	59:16	+26:42	05:56
21	2416	Laura Nidia Santos Soares	Juventude Cortegacense	Veterana F40	59:33	+27:00	05:57
22	2330	Joana Macedo	Individual	Veterana F40	59:34	+27:00	05:57
23	2323	Caty Dias	Individual	Veterana F40	59:37	+27:04	05:58
24	2015	SUSANA PINTO	AFIS/OVAR	Veterana F40	59:42	+27:08	05:58
25	2050	Ana Catarina Filipe Pinheiro	Barra Oceans Runners	Veterana F40	01:00:24	+27:51	06:02
26	2024	Sónia Silva	Arada Atletico Clube	Veterana F40	01:00:59	+28:26	06:06
27	2070	Liliana Costa	Caldas São Jorge Sport Clube	Veterana F40	01:01:01	+28:28	06:06
28	2060	Catarina Leite	Brandoenses running	Veterana F40	01:01:52	+29:18	06:11
29	2329	Isabel Cristina Moreira Carvalho	Individual	Veterana F40	01:02:21	+29:48	06:14
30	2339	Rita Sousa	Individual	Veterana F40	01:02:23	+29:49	06:14
31	2036	Maria João Couto	Arroz de Carril	Veterana F40	01:02:37	+30:03	06:16
32	2142	Alexandra Gonçalves	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterana F40	01:02:46	+30:12	06:17
33	2322	Catia Lopes	Individual	Veterana F40	01:03:30	+30:57	06:21
34	2319	Ana Sousa	Individual	Veterana F40	01:03:37	+31:03	06:22
35	2047	Vânia Leal	Backstreet Girls	Veterana F40	01:04:17	+31:43	06:26
36	2325	Cristina Araújo	Individual	Veterana F40	01:05:34	+33:00	06:33

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37	2417	Marcia Almeida Rola	Juventude Cortegacense	Veterana F40	01:06:28	+33:54	06:39
38	2415	Cristina Maria Rodrigues Sá	Juventude Cortegacense	Veterana F40	01:06:30	+33:56	06:39
39	2035	Fátima Gramaxo	ARCD Venda da Luísa	Veterana F40	01:07:01	+34:27	06:42
40	2333	Liliana Resende	Individual	Veterana F40	01:07:09	+34:35	06:43
41	2104	Patrícia Gomes	Espinho Trail	Veterana F40	01:07:24	+34:50	06:44
42	2190	PATRÍCIA SANTOS	Individual	Veterana F40	01:07:51	+35:17	06:47
43	2134	Sónia Matos	GAIA-RUNNING	Veterana F40	01:07:52	+35:19	06:47
44	2069	Juliana Alves	Caldas São Jorge Sport Clube	Veterana F40	01:11:40	+39:07	07:10
45	2335	Marta Rocha	Individual	Veterana F40	01:12:04	+39:30	07:12
46	2455	Yasmin Jaramillo	Núcleo de Corrida Solverde	Veterana F40	01:13:55	+41:22	07:24
47	2341	Tixa Catarino	Individual	Veterana F40	01:16:43	+44:09	07:40
48	2518	Ana Teixeira	caetano Star	Veterana F40	01:16:58	+44:25	07:42
49	2324	Clara Guedes Pinto	Individual	Veterana F40	01:17:10	+44:37	07:43
50	2496	Claudia Pinto	Silva Ferreira e Pinto	Veterana F40	01:24:29	+51:55	08:27
51	2328	Helena Silva	Individual	Veterana F40	01:25:52	+53:18	08:35

Veterana F50

			SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR				
1	2494	Maria Costa		Veterana F50	51:38	+19:04	05:10
2	2503	Maria Campos	Spin&Run Esposende	Veterana F50	52:28	+19:54	05:15
3	2017	ELISABETE SILVA	AFIS/OVAR	Veterana F50	52:31	+19:57	05:15
4	2411	Odeta Cruz	João silva CCR Praia de Mira	Veterana F50	53:59	+21:25	05:24
5	2068	AnaPaula Castro	CAL - Clube Atletismo de Lamas	Veterana F50	56:28	+23:55	05:39
6	2057	Susana Fernanda de Sousa Almeida Tavares	Bombeiros Esmoriz	Veterana F50	57:07	+24:33	05:43
7	2512	Ana Gonçalves	The Mountain Goat	Veterana F50	57:54	+25:20	05:47
8	2498	Ana Relvas	SOREMA	Veterana F50	58:48	+26:14	05:53
9	2016	CLAUDIA GOMES	AFIS/OVAR	Veterana F50	59:42	+27:08	05:58
10	2347	Suzana Duarte	Individual	Veterana F50	01:00:58	+28:24	06:06
11	2344	Manuela Maria Nogueira Pinto	Individual	Veterana F50	01:00:58	+28:25	06:06
12	2025	Isabel Santos	Arada Atletico Clube	Veterana F50	01:00:59	+28:26	06:06
13	2346	Maria Susana Da Costa Silva	Individual	Veterana F50	01:03:11	+30:37	06:19
14	2524	Maria dos Anjos	Individual	Veterana F50	01:03:38	+31:04	06:22
15	2501	Fátima Barros	Sousa	Veterana F50	01:04:56	+32:23	06:30
16	2071	Maria Valente	Caldas São Jorge Sport Clube	Veterana F50	01:05:06	+32:32	06:31
17	2458	Elisabete Dalila Lima dos Santos Fonseca	Os Kágados	Veterana F50	01:08:19	+35:45	06:50
18	2119	DEOLINDA PAULA OLIVEIRA FERREIRA	Flex2000	Veterana F50	01:09:19	+36:45	06:56
19	2433	Palmira Fontes	Lourosa Em Movimento	Veterana F50	01:11:40	+39:06	07:10
20	2488	Sandra Carraca	Running Esmoriz	Veterana F50	01:11:54	+39:21	07:11
21	2509	Armanda Queirós	TEN TEAM	Veterana F50	01:15:34	+43:00	07:33
22	2471	Sandra Feliciano	Pés ao Caminho	Veterana F50	01:17:41	+45:07	07:46
23	54	Emília Teixeira	Atletas do Parque	Veterana F50	01:21:36	+49:02	08:10

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24	2342	Berta Salgueiro	Individual	Veterana F50	01:30:55	+58:21	09:06
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Veterano M40

1	2360	Joao Castro	Team El Comandante	Veterano M40	34:57	+02:23	03:30
2	2135	Artur Rodrigues	GDC Guilhovai	Veterano M40	35:45	+03:12	03:35
3	2092	MARCO JORGE	Clube Atletismo de Ovar	Veterano M40	37:10	+04:36	03:43
4	2132	Hugo Ferreira	G.D.A RONDA	Veterano M40	37:47	+05:13	03:47
5	2009	André Santos	ACD Os Ilhavos	Veterano M40	39:10	+06:37	03:55
6	2418	Williams da Conceição Rodriguez	Juventude Cortegacense	Veterano M40	39:28	+06:54	03:57
7	934	Nuno Ribeiro	Lusotufo	Veterano M40	39:29	+06:56	03:57
8	2010	Paulo Silva	ACD Os Ilhavos	Veterano M40	39:34	+07:00	03:57
9	2039	JULIO CESAR DA COSTA LEGENTIL	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Veterano M40	39:59	+07:25	04:00
10	2491	Eduardo Brandão	Runriver Escola de Atletismo de Rio Tinto	Veterano M40	40:04	+07:31	04:00
11	2091	CARLOS SEQUEIRA	Clube Atletismo de Ovar	Veterano M40	40:15	+07:41	04:02
12	2372	Pedro Espírito Santo	Individual	Veterano M40	40:37	+08:03	04:04
13	2352	Antonio Manuel Pais Assunção	Individual	Veterano M40	41:25	+08:52	04:09
14	2093	MARCO SILVA	Clube Atletismo de Ovar	Veterano M40	42:09	+09:35	04:13
15	2072	Ricardo Silva	Caldas São Jorge Sport Clube	Veterano M40	42:49	+10:16	04:17
16	2380	Vasco Regadas	Individual	Veterano M40	45:41	+13:07	04:34
17	2348	Adriano Fonseca	Individual	Veterano M40	45:53	+13:20	04:35
18	2027	abel azevedo	Arada Atletico Clube	Veterano M40	46:27	+13:54	04:39
19	2038	Valter Rodrigues	Arroz de Carril	Veterano M40	46:50	+14:16	04:41
20	2511	Ricardo Trigo	TEN TEAM	Veterano M40	47:18	+14:44	04:44
21	2448	Mário Joel Silva Sequeira	Lusotufo	Veterano M40	47:27	+14:53	04:45
22	2379	Tiago Tavares	Individual	Veterano M40	48:19	+15:45	04:50
23	18	Rui Lopes	ACD Os Ilhavos	Veterano M40	48:32	+15:58	04:51
24	2375	Ricardo Fonseca	Individual	Veterano M40	48:44	+16:10	04:52
25	2353	Bruno João de Resende Peres Loureiro	Individual	Veterano M40	48:45	+16:11	04:53
26	2408	Pedro leitao	JAM - Juventude Atlética Mozelense	Veterano M40	49:19	+16:45	04:56
27	2139	Ricardino Santos	Goodshape	Veterano M40	49:41	+17:07	04:58
28	27	PEDRO NECHO	AFIS/OVAR	Veterano M40	49:52	+17:19	04:59
29	2073	Riki Silva	Caldas São Jorge Sport Clube	Veterano M40	49:57	+17:24	05:00
30	2121	ANDRÉ BRUNO ALMEIDA MAIA	Flex2000	Veterano M40	50:15	+17:41	05:02
31	2350	André Pereira	Individual	Veterano M40	50:21	+17:47	05:02
32	2507	Filipe Pereira	Team El Comandante	Veterano M40	51:54	+19:20	05:11
33	2473	André Silva	PETRUS RUNNERS	Veterano M40	52:17	+19:43	05:14
34	2374	Pedro Santos	Individual	Veterano M40	52:20	+19:46	05:14
35	2510	André Martins	TEN TEAM	Veterano M40	52:33	+19:59	05:15
36	2032	ricardo resende	Arada Atletico Clube	Veterano M40	52:35	+20:01	05:16
37	2367	Nuno Correia	Individual	Veterano M40	52:46	+20:12	05:17

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38	2122	ANTÓNIO JOSÉ MONTEIRO MORGADO	Flex2000	Veterano M40	52:50	+20:16	05:17
39	2364	Luís Miguel Gonçalves da Cruz	Individual	Veterano M40	53:01	+20:27	05:18
40	2428	Andrés Soares	Leoteam	Veterano M40	54:05	+21:31	05:25
41	2445	Alberto Manuel Oliveira Ferreira	Lusotufo	Veterano M40	54:16	+21:42	05:26
42	2120	ANDRÉ AUGUSTO VAZ PAIS	Flex2000	Veterano M40	54:30	+21:56	05:27
43	2354	Bruno Maciel da Costa Mendes	Individual	Veterano M40	54:41	+22:07	05:28
44	2029	joao valente	Arada Atletico Clube	Veterano M40	54:48	+22:14	05:29
45	2423	Helder Gomes	KeMedo Team	Veterano M40	54:49	+22:15	05:29
46	2355	Edgar Pinto	Individual	Veterano M40	55:17	+22:43	05:32
47	2381	Vitor Licínio Silva Gomes	Individual	Veterano M40	55:28	+22:54	05:33
48	2474	Bruno Silva	PETRUS RUNNERS	Veterano M40	56:35	+24:01	05:40
49	2370	Paulo José Sampaio de Almeida	Individual	Veterano M40	56:43	+24:09	05:40
50	2497	Tiago Silva	Silva Ferreira e Pinto	Veterano M40	56:52	+24:19	05:41
51	2363	José Quintas	Individual	Veterano M40	57:00	+24:26	05:42
52	2045	Filipe Cunha	AZTrail	Veterano M40	57:12	+24:38	05:43
53	2351	André Rocha	Individual	Veterano M40	57:14	+24:40	05:43
54	2356	Filipe Miguel Ferreira Oliveira	Individual	Veterano M40	57:28	+24:54	05:45
55	2371	Paulo Rola	Individual	Veterano M40	57:38	+25:04	05:46
56	2357	Francisco Caldas	Individual	Veterano M40	57:38	+25:04	05:46
57	2031	manuel jorge	Arada Atletico Clube	Veterano M40	57:42	+25:09	05:46
58	2373	Pedro Miguel Gomes Fernandes	Individual	Veterano M40	57:54	+25:20	05:47
59	2359	João Abreu	Individual	Veterano M40	57:55	+25:22	05:48
60	2366	Nelson Costa	Individual	Veterano M40	57:55	+25:22	05:48
61	2349	Aleksei Tatarenko	Individual	Veterano M40	57:58	+25:25	05:48
62	2361	José Leite	Individual	Veterano M40	58:33	+25:59	05:51
63	2030	leonardo marques	Arada Atletico Clube	Veterano M40	01:02:05	+29:31	06:13
64	2131	Tiago Carriola	Furadourotrail	Veterano M40	01:02:37	+30:04	06:16
65	2513	Hugo Morais	Tomé Morais	Veterano M40	01:03:08	+30:35	06:19
66	2447	Gonçalo Nuno Costa Paulo de Oliveira	Lusotufo	Veterano M40	01:03:11	+30:38	06:19
67	2493	Pedro Fontoura	Saltoura	Veterano M40	01:03:17	+30:43	06:20
68	2432	Márcio Cunha	LGG Advisors	Veterano M40	01:05:03	+32:29	06:30
69	626	Daniel Silva	Individual	Veterano M40	01:05:23	+32:49	06:32
70	678	Ricardo Ferreira	Individual	Veterano M40	01:05:23	+32:50	06:32
71	637	Hugo Fardilha	Individual	Veterano M40	01:05:34	+33:00	06:33
72	2377	Samuel Costa	Individual	Veterano M40	01:06:07	+33:33	06:37
73	2376	Ricardo Tavares	Individual	Veterano M40	01:07:13	+34:40	06:43
74	2365	Luís Tiago Fontes Oliveira	Individual	Veterano M40	01:08:01	+35:27	06:48
75	2053	Dinis Sousa	Bobadelas Running Team	Veterano M40	01:10:34	+38:00	07:03
76	2456	António Sá	Núcleo de Corrida Solverde	Veterano M40	01:17:53	+45:19	07:47
77	2358	Hugo Brandão{	Individual	Veterano M40	01:21:39	+49:05	08:10

Veterano M50

1	2111	MANUEL BESSA	EV/PERALTAFIL	Veterano M50	37:16	+04:43	03:44
2	2407	Vitor Gonçalves	Individual	Veterano M50	37:59	+05:25	03:48

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3	2099	PEDRO SILVA	Clube Atletismo de Ovar	Veterano M50	38:31	+05:57	03:51
4	2098	MARIO VAZ	Clube Atletismo de Ovar	Veterano M50	38:46	+06:13	03:53
5	2137	JOAQUIM LEAL	GDRC Ponterrolense	Veterano M50	38:59	+06:25	03:54
6	2033	Manuel Ferreira	Arada Atletico Clube	Veterano M50	39:55	+07:21	04:00
7	2394	José silva reis	Individual	Veterano M50	40:12	+07:39	04:01
8	2097	JOSE PINTO	Clube Atletismo de Ovar	Veterano M50	41:04	+08:31	04:06
9	2400	Manuel Lázaro Pereira Silva	Individual	Veterano M50	42:13	+09:39	04:13
10	2094	ANTONIO CASTRO	Clube Atletismo de Ovar	Veterano M50	42:59	+10:25	04:18
11	2397	Luis Pedro Dias Couto Rodrigues	Individual	Veterano M50	44:42	+12:08	04:28
12	2110	JOAQUIM PEREIRA	EV/PERALTAFIL	Veterano M50	45:04	+12:30	04:30
13	2500	Armando Castro	Sosense Trail- Corind / Braga&Fernandes	Veterano M50	45:17	+12:43	04:32
14	2420	Domingos Fernando Oliveira Camboa 12121960	Juventude Cortegacense	Veterano M50	45:20	+12:46	04:32
15	2452	Rui Miguel Costa Vieira	Lusotufo	Veterano M50	45:37	+13:03	04:34
16	2062	António Espinheira	Brandoenses running	Veterano M50	45:50	+13:16	04:35
17	2083	Carlos Almeida	CASA DO POVO DE MANGUALDE	Veterano M50	45:57	+13:23	04:36
18	2385	CECILIO MANUEL SILVA FERREIRA	Individual	Veterano M50	47:10	+14:36	04:43
19	2502	João Sousa	Sousa	Veterano M50	47:21	+14:47	04:44
20	2019	MANUEL GOMES	AFIS/OVAR	Veterano M50	48:22	+15:48	04:50
21	2078	Rui Moreira	Caldas São Jorge Sport Clube	Veterano M50	48:44	+16:10	04:52
22	2075	Carlos Sousa	Caldas São Jorge Sport Clube	Veterano M50	48:54	+16:20	04:53
23	2077	Manuel Almeida	Caldas São Jorge Sport Clube	Veterano M50	49:16	+16:42	04:56
24	2396	Luis Barosa	Individual	Veterano M50	49:50	+17:16	04:59
25	2393	JOSE CASALEIRO	Individual	Veterano M50	50:03	+17:29	05:00
26	2476	José Matos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	50:19	+17:45	05:02
27	2058	José Manuel Costa Pinto	Bombeiros Esmoriz	Veterano M50	50:22	+17:48	05:02
28	2421	Joao Ferreira	Juventude Cortegacense	Veterano M50	51:02	+18:28	05:06
29	2449	Américo Fonseca	Lusotufo	Veterano M50	51:08	+18:34	05:07
30	2387	Fernando Lopes	Individual	Veterano M50	51:17	+18:43	05:08
31	2051	Arnaldo Tomás	Barra Oceans Runners	Veterano M50	51:33	+18:59	05:09
32	2382	André Rocha	Individual	Veterano M50	51:38	+19:04	05:10
33	2401	Manuel Oliveira	Individual	Veterano M50	51:51	+19:17	05:11
34	2074	Abel Santos	Caldas São Jorge Sport Clube	Veterano M50	52:41	+20:07	05:16
35	2395	Licínio Conceição	Individual	Veterano M50	53:13	+20:39	05:19
36	2457	Jorge Amorim	Os Falta D'Ar	Veterano M50	53:14	+20:40	05:19
37	2450	Daniel Rola França	Lusotufo	Veterano M50	53:22	+20:49	05:20
38	2096	ARLINDO SILVA	Clube Atletismo de Ovar	Veterano M50	53:26	+20:52	05:21
39	2034	rui fardilha	Arada Atletico Clube	Veterano M50	54:48	+22:14	05:29
40	2406	Ramos da Silva	Individual	Veterano M50	55:12	+22:39	05:31
41	2076	José Torres	Caldas São Jorge Sport Clube	Veterano M50	55:14	+22:40	05:31
42	2419	Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	55:17	+22:43	05:32
43	2409	AUGUSTO BAPTISTA	JAM - Juventude Atlética Mozelense	Veterano M50	56:37	+24:03	05:40
44	2404	Pedro Nunes	Individual	Veterano M50	57:13	+24:39	05:43
45	2143	Pedro Veiga	Grupo Oscacer	Veterano M50	57:30	+24:56	05:45

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46	2020	PAULO ALMEIDA	AFIS/OVAR	Veterano M50	58:58	+26:24	05:54
47	2114	Fernando Baldaia	Família Baldaia	Veterano M50	59:00	+26:26	05:54
48	2402	Paulo santos	Individual	Veterano M50	59:46	+27:12	05:59
49	2388	FERNANDO SILVA	Individual	Veterano M50	59:52	+27:18	05:59
50	2383	António Manuel Azevedo Aguiar	Individual	Veterano M50	01:00:55	+28:22	06:06
51	2465	EDGAR FERREIRA	Pé na Estrada	Veterano M50	01:01:32	+28:58	06:09
52	848	Abílio Pinto	Individual	Veterano M50	01:02:12	+29:38	06:13
53	2422	Jorge Manuel Amaral Godinho	Juventude Cortegacense	Veterano M50	01:02:24	+29:50	06:14
54	2386	David Fajfer	Individual	Veterano M50	01:04:13	+31:39	06:25
55	2405	Pedro Nuno Tavares Costa	Individual	Veterano M50	01:04:32	+31:59	06:27
56	2475	Jorge Santos	PETRUS RUNNERS	Veterano M50	01:05:15	+32:42	06:32
57	2392	Joaquim da Silva Martins	Individual	Veterano M50	01:05:45	+33:11	06:35
58	2018	FERNANDO SANTOS	AFIS/OVAR	Veterano M50	01:06:13	+33:39	06:37
59	2103	Carlos Malheiro	Equilibrium Training	Veterano M50	01:06:46	+34:12	06:41
60	2391	João Silva	Individual	Veterano M50	01:13:19	+40:45	07:20
61	2398	LUIS SERGIO DA SILVA LIMA	Individual	Veterano M50	01:14:23	+41:50	07:26
62	2472	Jaime Areia	Pés ao Caminho	Veterano M50	01:17:44	+45:10	07:46