

BENJAMINS - STAGE 1

0,62 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:20	8,4°C	90%
End	10:34	8,4°C	90%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	514	Afonso Jesus	ADC CJ CLARK de Castelo de Paiva	02:01	-	-	
2	513	Tiago Noormahomed	ACDC Villa Cesari	02:03	+00:02	-	
3	587	SANTIAGO MIGUEL DOS SANTOS DIAS COSTA BRÁS	Individual	02:05	+00:04	-	
4	572	Mafalda Basto	Clube de Atletismo Estrelas de Marco de Canaveses	02:11	+00:11	-	
5	551	Vitoria Santos	Caldas são jorge sport clube	02:12	+00:11	-	
6	530	João Teixeira	ARADA ATLÉTICO CLUBE	02:15	+00:14	-	
7	525	Francisco Azevedo Almeida	AEJ TRIATLO	02:16	+00:15	-	
8	586	Guilherme Reis	Individual	02:16	+00:15	-	
9	510	Leticia Almeida	ACDC Villa Cesari	02:21	+00:20	-	
10	538	Diego Oliveira	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	02:23	+00:22	-	
11	599	Tomás Rodrigues	J. A. Mouselense - Amorim Cork	02:24	+00:23	-	
12	545	Miriam santos	Caldas são jorge sport clube	02:26	+00:25	-	
13	574	Gonçalo Magalhães	Clube de Atletismo Estrelas de Marco de Canaveses	02:27	+00:26	-	
14	523	Vasco da Costa Oliveira	AEJ TRIATLO	02:27	+00:26	-	
15	594	Francisco Oliveira	J. A. Mouselense - Amorim Cork	02:29	+00:28	-	
16	603	Leandro Bastos	J. A. Mouselense - Amorim Cork	02:30	+00:29	-	
17	591	André Pereira	J. A. Mouselense - Amorim Cork	02:31	+00:30	-	
18	596	Salvador Silva	J. A. Mouselense - Amorim Cork	02:32	+00:31	-	
19	597	Simão Silva	J. A. Mouselense - Amorim Cork	02:34	+00:33	-	
20	557	SOFIA DOS SANTOS PINTO	Casas Adriano Astromil Clube	02:34	+00:33	-	
21	526	Gustavo Miguel Oliveira Batista	AEJ TRIATLO	02:36	+00:35	-	
22	126	Ildio Pedrosa	GDSPO	02:36	+00:35	-	
23	522	Gabriela Gaspar Santos	AEJ TRIATLO	02:37	+00:36	-	
24	573	Teresa Carvalho	Clube de Atletismo Estrelas de Marco de Canaveses	02:37	+00:36	-	
25	595	Gustavo Amorim	J. A. Mouselense - Amorim Cork	02:40	+00:39	-	
26	509	Sofia Ribeiro	ACDC Villa Cesari	02:41	+00:40	-	
27	546	Davide Santos	Caldas são jorge sport clube	02:41	+00:40	-	
28	536	Afonso Cardoso Rodrigues	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	02:46	+00:45	-	
29	584	David Belinha	GDSPO	02:47	+00:46	-	
30	585	João Belinha	GDSPO	02:48	+00:47	-	
31	571	Carmo Carvalho	Clube de Atletismo Estrelas de Marco de Canaveses	02:48	+00:47	-	
32	549	Mara Laranjeira	Caldas são jorge sport clube	02:51	+00:50	-	
33	544	Inês Pais	Caldas são jorge sport clube	02:52	+00:51	-	
34	508	Rosa Tavares	ACDC Villa Cesari	02:54	+00:53	-	
35	602	Sofia Silva	J. A. Mouselense - Amorim Cork	02:56	+00:55	-	
36	570	Leonor Oliveira Alves	Cirac - Circulo de Recreio Arte e Cultura	02:57	+00:56	-	
37	535	Ana Teresa	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	02:57	+00:56	-	
38	589	Helena Sousa	J. A. Mouselense - Amorim Cork	03:05	+01:04	-	
39	616	Matilde Vieira	PEDRO VIEIRA	03:09	+01:08	-	

BENJAMINS - STAGE 1

0,62 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
40	550	Maria Moreira	Caldas são jorge sport clube	03:12	+01:11	-	
41	590	Inês Ribeiro	J. A. Mouselense - Amorim Cork	03:20	+01:19	-	
42	543	Carolina santos	Caldas são jorge sport clube	03:45	+01:44	-	
43	592	André Rodrigues	J. A. Mouselense - Amorim Cork	04:57	+02:56	-	
44	583	Armindo Belinha	GDSPO	05:01	+03:00	-	

Benjamins

0,62 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:20	8,4°C	90%
End	10:34	8,4°C	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim A Feminino

1	572	Mafalda Basto	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim A Feminino	02:11	-	-
2	545	Miriam santos	Caldas são jorge sport clube	Benjamim A Feminino	02:26	+00:14	-
3	557	SOFIA DOS SANTOS PINTO	Casas Adriano Astromil Clube	Benjamim A Feminino	02:34	+00:22	-
4	522	Gabriela Gaspar Santos	AEJ TRIATLO	Benjamim A Feminino	02:37	+00:25	-
5	573	Teresa Carvalho	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim A Feminino	02:37	+00:25	-
6	509	Sofia Ribeiro	ACDC Villa Cesari	Benjamim A Feminino	02:41	+00:29	-
7	571	Carmo Carvalho	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim A Feminino	02:48	+00:36	-
8	544	Inês Pais	Caldas são jorge sport clube	Benjamim A Feminino	02:52	+00:40	-
9	508	Rosa Tavares	ACDC Villa Cesari	Benjamim A Feminino	02:54	+00:42	-
10	570	Leonor Oliveira Alves	Cirac - Circulo de Recreio Arte e Cultura	Benjamim A Feminino	02:57	+00:45	-
11	535	Ana Teresa	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Benjamim A Feminino	02:57	+00:45	-
12	589	Helena Sousa	J. A. Mozelense - Amorim Cork	Benjamim A Feminino	03:05	+00:53	-
13	590	Inês Ribeiro	J. A. Mozelense - Amorim Cork	Benjamim A Feminino	03:20	+01:08	-
14	543	Carolina santos	Caldas são jorge sport clube	Benjamim A Feminino	03:45	+01:33	-

Benjamim A Masculino

1	530	João Teixeira	ARADA ATLÉTICO CLUBE	Benjamim A Masculino	02:15	-	-
2	586	Guilherme Reis	Individual	Benjamim A Masculino	02:16	+00:00	-
3	599	Tomás Rodrigues	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	02:24	+00:08	-
4	574	Gonçalo Magalhães	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim A Masculino	02:27	+00:11	-
5	523	Vasco da Costa Oliveira	AEJ TRIATLO	Benjamim A Masculino	02:27	+00:11	-
6	594	Francisco Oliveira	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	02:29	+00:13	-
7	591	André Pereira	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	02:31	+00:15	-
8	596	Salvador Silva	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	02:32	+00:17	-
9	597	Simão Silva	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	02:34	+00:18	-
10	595	Gustavo Amorim	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	02:40	+00:24	-
11	546	Davide Santos	Caldas são jorge sport clube	Benjamim A Masculino	02:41	+00:25	-
12	536	Afonso Cardoso Rodrigues	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Benjamim A Masculino	02:46	+00:31	-
13	584	David Belinha	GDSP0	Benjamim A Masculino	02:47	+00:31	-
14	585	João Belinha	GDSP0	Benjamim A Masculino	02:48	+00:32	-
15	592	André Rodrigues	J. A. Mozelense - Amorim Cork	Benjamim A Masculino	04:57	+02:42	-

Benjamins**0,62 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

16	583	Armando Belinha	GDSPO	Benjamim A Masculino	05:01	+02:45	-
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Benjamim B Feminino

1	551	Vitoria Santos	Caldas são jorge sport clube	Benjamim B Feminino	02:12	-	-
2	510	Leticia Almeida	ACDC Villa Cesari	Benjamim B Feminino	02:21	+00:09	-
3	549	Mara Laranjeira	Caldas são jorge sport clube	Benjamim B Feminino	02:51	+00:38	-
4	602	Sofia Silva	J. A. Mozelense - Amorim Cork	Benjamim B Feminino	02:56	+00:43	-
5	616	Matilde Vieira	PEDRO VIEIRA	Benjamim B Feminino	03:09	+00:57	-
6	550	Maria Moreira	Caldas são jorge sport clube	Benjamim B Feminino	03:12	+00:59	-

Benjamim B Masculino

1	514	Afonso Jesus	ADC CJ CLARK de Castelo de Paiva	Benjamim B Masculino	02:01	-	-
2	513	Tiago Noormahomed	ACDC Villa Cesari	Benjamim B Masculino	02:03	+00:02	-
3	587	SANTIAGO MIGUEL DOS SANTOS DIAS COSTA BRÁS	Individual	Benjamim B Masculino	02:05	+00:04	-
4	525	Francisco Azevedo Almeida	AEJ TRIATLO	Benjamim B Masculino	02:16	+00:15	-
5	538	Diego Oliveira	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Benjamim B Masculino	02:23	+00:21	-
6	603	Leandro Bastos	J. A. Mozelense - Amorim Cork	Benjamim B Masculino	02:30	+00:29	-
7	526	Gustavo Miguel Oliveira Batista	AEJ TRIATLO	Benjamim B Masculino	02:36	+00:35	-
8	126	Ildio Pedrosa	GDSPO	Benjamim B Masculino	02:36	+00:35	-

Infantis

1,24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	7,7°C	93%
End	09:40	8°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Infantil Feminino

1	534	Joana Teixeira	ARADA ATLÉTICO CLUBE	Infantil Feminino	04:28	-	-
2	559	MARIANA COELHO LOPES	Casas Adriano Astromil Clube	Infantil Feminino	04:40	+00:12	-
3	531	Irina Castro	ARADA ATLÉTICO CLUBE	Infantil Feminino	04:45	+00:17	-
4	576	joana Queirós	Clube de Atletismo Estrelas de Marco de Canaveses	Infantil Feminino	05:04	+00:35	-
5	575	Inês Pinto	Clube de Atletismo Estrelas de Marco de Canaveses	Infantil Feminino	05:27	+00:59	-
6	515	Leonor Cunha	ADC CJ CLARK de Castelo de Paiva	Infantil Feminino	05:27	+00:59	-
7	605	Eduarda Oliveira	J. A. Mouselense - Amorim Cork	Infantil Feminino	06:45	+02:17	-

Infantil Masculino

1	527	Afonso Santiago Leite	AEJ TRIATLO	Infantil Masculino	05:11	-	-
2	516	Pedro Sousa	ADC CJ CLARK de Castelo de Paiva	Infantil Masculino	06:08	+00:57	-
3	609	Tomás Oliveira	J. A. Mouselense - Amorim Cork	Infantil Masculino	06:25	+01:14	-

INICIADOS - STAGE 1**1,8 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:45	8°C	91%
End	09:56	8°C	91%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	519	Gonçalo Pinto	ADC CJ CLARK de Castelo de Paiva	06:13	-	-	
2	520	Rodrigo Pinto	ADC CJ CLARK de Castelo de Paiva	06:19	+00:06	-	
3	555	Rodrigo Dias	CASA DO POVO DE MANGUALDE	06:24	+00:11	-	
4	612	Dinis Rodrigues	J. A. Mouselense - Amorim Cork	06:36	+00:23	-	
5	529	Pedro Soares Nunes	AEJ TRIATLO	06:37	+00:24	-	
6	569	Lourenço Garrido	Centro Recreativo de Estarreja	06:43	+00:30	-	
7	517	Lara Sousa	ADC CJ CLARK de Castelo de Paiva	06:45	+00:32	-	
8	561	LUANA DOS ANJOS MOREIRA	Casas Adriano Astromil Clube	07:07	+00:54	-	
9	613	Guilherme Ferreira	J. A. Mouselense - Amorim Cork	07:18	+01:05	-	
10	518	Maria Cunha	ADC CJ CLARK de Castelo de Paiva	07:19	+01:06	-	
11	566	Catarina Dias	Centro Recreativo de Estarreja	07:27	+01:14	-	
12	502	ADRIANA PEREIRA	ACADEMIA FERNANDA RIBEIRO	07:29	+01:16	-	
13	503	ANA DUARTE	ACADEMIA FERNANDA RIBEIRO	07:29	+01:16	-	
14	504	BEATRIZ GONZAGA	ACADEMIA FERNANDA RIBEIRO	07:30	+01:17	-	
15	614	João Sá	J. A. Mouselense - Amorim Cork	07:45	+01:32	-	
16	577	Francisca Carvalho	Clube de Atletismo Estrelas de Marco de Canaveses	07:54	+01:41	-	
17	615	Simão Oliveira	J. A. Mouselense - Amorim Cork	08:08	+01:55	-	
18	567	Mariana Valente	Centro Recreativo de Estarreja	08:55	+02:42	-	
19	610	Leonor Santos	J. A. Mouselense - Amorim Cork	10:52	+04:39	-	
20	565	Alice Chipelo	Centro Recreativo de Estarreja	11:24	+05:11	-	

Iniciados

1,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:45	8°C	91%
End	09:56	8°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Iniciado Feminino

1	517	Lara Sousa	ADC CJ CLARK de Castelo de Paiva	Iniciado Feminino	06:45	-	
2	561	LUANA DOS ANJOS MOREIRA	Casas Adriano Astromil Clube	Iniciado Feminino	07:07	+00:22	
3	518	Maria Cunha	ADC CJ CLARK de Castelo de Paiva	Iniciado Feminino	07:19	+00:34	
4	566	Catarina Dias	Centro Recreativo de Estarreja	Iniciado Feminino	07:27	+00:42	
5	502	ADRIANA PEREIRA	ACADEMIA FERNANDA RIBEIRO	Iniciado Feminino	07:29	+00:44	
6	503	ANA DUARTE	ACADEMIA FERNANDA RIBEIRO	Iniciado Feminino	07:29	+00:44	
7	504	BEATRIZ GONZAGA	ACADEMIA FERNANDA RIBEIRO	Iniciado Feminino	07:30	+00:45	
8	577	Francisca Carvalho	Clube de Atletismo Estrelas de Marco de Canaveses	Iniciado Feminino	07:54	+01:09	
9	567	Mariana Valente	Centro Recreativo de Estarreja	Iniciado Feminino	08:55	+02:10	
10	610	Leonor Santos	J. A. Mozelense - Amorim Cork	Iniciado Feminino	10:52	+04:07	
11	565	Alice Chipelo	Centro Recreativo de Estarreja	Iniciado Feminino	11:24	+04:39	

Iniciado Masculino

1	519	Gonçalo Pinto	ADC CJ CLARK de Castelo de Paiva	Iniciado Masculino	06:13	-	
2	520	Rodrigo Pinto	ADC CJ CLARK de Castelo de Paiva	Iniciado Masculino	06:19	+00:05	
3	555	Rodrigo Dias	CASA DO POVO DE MANGUALDE	Iniciado Masculino	06:24	+00:10	
4	612	Dinis Rodrigues	J. A. Mozelense - Amorim Cork	Iniciado Masculino	06:36	+00:22	
5	529	Pedro Soares Nunes	AEJ TRIATLO	Iniciado Masculino	06:37	+00:23	
6	569	Lourenço Garrido	Centro Recreativo de Estarreja	Iniciado Masculino	06:43	+00:29	
7	613	Guilherme Ferreira	J. A. Mozelense - Amorim Cork	Iniciado Masculino	07:18	+01:04	
8	614	João Sá	J. A. Mozelense - Amorim Cork	Iniciado Masculino	07:45	+01:32	
9	615	Simão Oliveira	J. A. Mozelense - Amorim Cork	Iniciado Masculino	08:08	+01:54	

JUVENIS - STAGE 1

3,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	8°C	91%
End	10:16	8°C	91%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	540	Afonso Almeida Hernández	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'ÓVAR	11:53		03:18	
2	580	Guilherme Queirós	Clube de Atletismo Estrelas de Marco de Canaveses	12:20	+00:27	03:26	
3	581	Kirill Lymar	CLUBE DESPORTIVO CAMPINHO	13:20	+01:27	03:42	
4	582	Rodrigo Nunes	CLUBE DESPORTIVO CAMPINHO	14:08	+02:15	03:55	
5	521	Ana Sousa	ADC CJ CLARK de Castelo de Paiva	15:44	+03:51	04:22	
6	556	Duarte Sousa	CASA DO POVO DE MANGUALDE	15:46	+03:53	04:23	
7	505	EDUARDO ROCHA	ACADEMIA FERNANDA RIBEIRO	16:57	+05:04	04:43	

Juvenis

3,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	8°C	91%
End	10:16	8°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Juvenil Feminino

1	521	Ana Sousa	ADC CJ CLARK de Castelo de Paiva	Juvenil Feminino	15:44		04:22
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Juvenil Masculino

1	540	Afonso Almeida Hernández	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Juvenil Masculino	11:53		03:18
2	580	Guilherme Queirós	Clube de Atletismo Estrelas de Marco de Canaveses	Juvenil Masculino	12:20	+00:26	03:26
3	581	Kirill Lymar	CLUBE DESPORTIVO CAMPINHO	Juvenil Masculino	13:20	+01:26	03:42
4	582	Rodrigo Nunes	CLUBE DESPORTIVO CAMPINHO	Juvenil Masculino	14:08	+02:14	03:55
5	556	Duarte Sousa	CASA DO POVO DE MANGUALDE	Juvenil Masculino	15:46	+03:53	04:23
6	505	EDUARDO ROCHA	ACADEMIA FERNANDA RIBEIRO	Juvenil Masculino	16:57	+05:04	04:43

COLETIVO JOVEM
Grande Prémio de Atletismo Vila de Mozelos

Rk	Equipa	Pontos
1	ADC CJ CLARK DE CASTELO DE PAIVA	71
2	J. A. MOZELENSE - AMORIM CORK	64
3	CLUBE DE ATLETISMO ESTRELAS DE MARCO DE CANAVESES	52
4	AEJ TRIATLO	40
5	CALDAS SÃO JORGE SPORT CLUBE	35
6	ARADA ATLÉTICO CLUBE	28
7	CASAS ADRIANO ASTROMIL CLUBE	26
8	ACDC VILLA CESARI	25
9	ACADEMIA FERNANDA RIBEIRO	20
10	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D´OVAR	16
11	CLUBE DESPORTIVO CAMPINHO	15
12	CENTRO RECREATIVO DE ESTARREJA	14
13	CASA DO POVO DE MANGUALDE	14
14	PEDRO VIEIRA	6
15	GDSPO	3
16	CIRAC - CIRCULO DE RECREIO ARTE E CULTURA	1

PROVA PRINCIPAL - STAGE 1

8,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	8,4°C	90%
End	12:06	8,4°C	90%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	62	Vítor Oliveira	GDC Guilhovai	26:46		03:07	
2	39	CRISTIANO PEREIRA	CASA DO POVO DE MANGUALDE	27:32	+00:46	03:12	
3	23	Jorge Almeida	AEJ TRIATLO	29:04	+02:18	03:23	
4	61	Artur Rodrigues	GDC Guilhovai	29:26	+02:40	03:25	
5	63	Leandro Pereira	GDC Guilhovai	30:20	+03:34	03:32	
6	16	Samuel Silva	ADC CJ CLARK de Castelo de Paiva	30:35	+03:49	03:33	
7	77	Diogo Barge	Individual	30:51	+04:05	03:35	
8	46	Domingos Manuel Fidalgo Vieira	Centro Recreativo de Estarreja	31:42	+04:56	03:41	
9	60	Sandra Ferreira	GDC Guilhovai	31:52	+05:06	03:42	
10	21	Hélder Pinto	ADC CJ CLARK de Castelo de Paiva	32:02	+05:16	03:43	
11	43	BRUNO MIGUEL DA ROCHA MOREIRA	Casas Adriano Astromil Clube	32:17	+05:32	03:45	
12	78	Diogo Branco	Individual	32:21	+05:35	03:46	
13	93	Paulo Noormahomed	Individual	32:27	+05:41	03:46	
14	11	André Santos	A.C.D OS Ilhavos	32:39	+05:53	03:48	
15	67	Armando Bastos	GDSPO	32:58	+06:12	03:50	
16	94	José silva reis	Individual	33:01	+06:15	03:50	
17	24	Jose Oliveira	AEJ TRIATLO	33:07	+06:21	03:51	
18	118	Ricardo Seromenho	J. A. Mozelense - Amorim Cork	33:10	+06:24	03:51	
19	26	Bruno Calado	AEJ TRIATLO	33:22	+06:36	03:53	
20	38	Ana albuquerque	CASA DO POVO DE MANGUALDE	33:47	+07:01	03:56	
21	55	Eurico Magalhães	Clube de Atletismo Estrelas de Marco de Canaveses	34:06	+07:20	03:58	
22	70	Benvinda Santos	Individual	34:24	+07:38	04:00	
23	102	Vitor Resende	União de Lamas	34:28	+07:42	04:00	
24	66	Ricardo Belinha	GDSPO	34:44	+07:58	04:02	
25	27	Márcio Oliveira	AEJ TRIATLO	34:55	+08:09	04:04	
26	42	PEDRO FILIPE OLIVEIRA DA SILVA	Casas Adriano Astromil Clube	35:14	+08:28	04:06	
27	52	MARCO SILVA	Clube Atletismo de Ovar	35:26	+08:40	04:07	
28	34	Samuel Marques	Caldas são jorge sport clube	35:31	+08:45	04:08	
29	88	Antonio Francisco	Individual	35:34	+08:48	04:08	
30	101	Martim Cardoso	União de Lamas	35:45	+08:59	04:09	
31	96	Vítor Santos	Individual	35:50	+09:04	04:10	
32	53	ANTONIO LEITÃO CASTRO	Clube Atletismo de Ovar	35:53	+09:07	04:10	
33	15	Nuno Sousa	ADC CJ CLARK de Castelo de Paiva	35:55	+09:09	04:11	
34	68	LÍDIA PEREIRA	GRECAS - Vagos	36:00	+09:14	04:11	
35	114	Bruno Santos	J. A. Mozelense - Amorim Cork	36:05	+09:19	04:12	
36	20	Fernando Sousa	ADC CJ CLARK de Castelo de Paiva	36:12	+09:26	04:13	
37	99	Regina Gilvaz	Núcleo de Atletismo de Cucujães	36:25	+09:39	04:14	
38	103	Alcides de Sousa Relvas	Bravos e Bravitas	36:38	+09:52	04:16	
39	72	André Cruz	Individual	37:01	+10:15	04:18	
40	115	Francisco Fernandes	J. A. Mozelense - Amorim Cork	37:09	+10:23	04:19	

PROVA PRINCIPAL - STAGE 1

8,6 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	40	Fernando Albuquerque	CASA DO POVO DE MANGUALDE	37:14	+10:28	04:20	
42	41	DANIELA SOFIA PEREIRA FERNANDES	Casas Adriano Astromil Clube	37:34	+10:48	04:22	
43	36	Hugo Santos	Caldas são jorge sport clube	37:42	+10:56	04:23	
44	89	Antonio Manuel Pais Assunção	Individual	37:52	+11:06	04:24	
45	91	Manuel Silva	Individual	37:59	+11:13	04:25	
46	123	Manuel Gomes	J. A. Mozelense - Amorim Cork	38:26	+11:40	04:28	
47	113	Matilde Baptista	J. A. Mozelense - Amorim Cork	38:27	+11:41	04:28	
48	49	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	38:45	+11:59	04:30	
49	44	MANUEL ILÍDIO MOREIRA DE OLIVEIRA	Casas Adriano Astromil Clube	39:20	+12:34	04:34	
50	18	Adélia Tavares	ADC CJ CLARK de Castelo de Paiva	39:34	+12:48	04:36	
51	105	Lúcia Soares	J. A. Mozelense - Amorim Cork	39:39	+12:53	04:37	
52	107	João Santos	J. A. Mozelense - Amorim Cork	39:56	+13:10	04:39	
53	124	Manuel Santos	J. A. Mozelense - Amorim Cork	39:57	+13:11	04:39	
54	29	Sandro Silva	AEJ TRIATLO	39:58	+13:12	04:39	
55	25	Roberto Santos	AEJ TRIATLO	39:58	+13:12	04:39	
56	28	Marco Paulo Moreira Leite	AEJ TRIATLO	40:01	+13:15	04:39	
57	19	Fernando Jesus	ADC CJ CLARK de Castelo de Paiva	40:25	+13:39	04:42	
58	57	Dora Nunes	CLUBE DESPORTIVO CAMPINHO	40:26	+13:40	04:42	
59	56	António Pinto	Clube de Atletismo Estrelas de Marco de Canaveses	40:33	+13:47	04:43	
60	73	ANDRÉS YEPES	Individual	40:36	+13:50	04:43	
61	121	Manuel Oliveira	J. A. Mozelense - Amorim Cork	40:37	+13:51	04:43	
62	92	Mário Jorge Gomes Aguiar Pereira	Individual	40:48	+14:02	04:45	
63	100	Pedro Vieira	PEDRO VIEIRA	40:49	+14:03	04:45	
64	120	Justino Soares	J. A. Mozelense - Amorim Cork	40:56	+14:10	04:46	
65	13	Ângela Silva	ADC CJ CLARK de Castelo de Paiva	40:58	+14:12	04:46	
66	59	Paula Oliveira	GDC Guilhovai	41:12	+14:26	04:47	
67	31	Perpétua Silva	Brandoenses Running	41:35	+14:49	04:50	
68	97	Joaquim silva costa	Individual	41:44	+14:58	04:51	
69	87	Maria Santos	Individual	42:10	+15:24	04:54	
70	82	Paulo Duarte	Individual	42:11	+15:25	04:54	
71	119	Américo Vicente	J. A. Mozelense - Amorim Cork	42:18	+15:32	04:55	
72	32	PAULO NEVES	CAL - Clube Atletismo de Lamas	42:33	+15:47	04:57	
73	75	CARLOS MANUEL DA SILVA OLIVEIRA	Individual	42:40	+15:54	04:58	
74	58	Elisabete Silva	Elisabete Silva	43:06	+16:20	05:01	
75	98	Ruben Silva	Lourosa em Movimento	43:23	+16:37	05:03	
76	64	Antonio Santos	GDC Guilhovai	43:28	+16:42	05:03	
77	47	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	43:36	+16:50	05:04	
78	81	Óscar Rafael Carvalho Ferreira	Individual	43:46	+17:00	05:05	
79	109	Vítor Almeida	J. A. Mozelense - Amorim Cork	44:09	+17:23	05:08	
80	14	Maria Nunes	ADC CJ CLARK de Castelo de Paiva	44:31	+17:45	05:11	
81	85	Cristiana Moreira	Individual	44:59	+18:13	05:14	
82	90	JORGE ALMEIDA	Individual	45:04	+18:18	05:14	
83	48	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	45:06	+18:20	05:15	
84	125	Victor Santos	J. A. Mozelense - Amorim Cork	45:06	+18:20	05:15	

PROVA PRINCIPAL - STAGE 1**8,6 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
85	12	Andreia Teixeira	ADC CJ CLARK de Castelo de Paiva	45:09	+18:23	05:15	
86	54	ARLINDO SILVA	Clube Atletismo de Ovar	45:11	+18:25	05:15	
87	33	Miguel Santos	Caldas são jorge sport clube	45:24	+18:38	05:17	
88	83	Samuel Gonçalves	Individual	45:56	+19:10	05:20	
89	37	Abel Santos	Caldas são jorge sport clube	46:12	+19:26	05:22	
90	116	Nuno Silva	J. A. Mozelense - Amorim Cork	46:17	+19:31	05:23	
91	30	Patrícia Laranjeira	Brandoenses Running	46:49	+20:03	05:27	
92	65	Hélder MC Ramos	GDG - Grupo Desportivo da Gafanha	47:13	+20:27	05:29	
93	71	Joana Machado	Individual	47:31	+20:45	05:32	
94	127	Vitor Teixeira	Individual	48:03	+21:17	05:35	
95	79	Diogo Mendes	Individual	48:12	+21:26	05:36	
96	95	Rui Mendes	Individual	48:13	+21:27	05:36	
97	84	Vitor Correia	Individual	48:49	+22:03	05:41	
98	110	Carina Santos	J. A. Mozelense - Amorim Cork	49:27	+22:41	05:45	
99	76	chris rosário	Individual	49:27	+22:41	05:45	
100	111	Inês Santos	J. A. Mozelense - Amorim Cork	52:08	+25:22	06:04	
101	35	Juliana Alves	Caldas são jorge sport clube	54:21	+27:35	06:19	
102	50	Joaquim Oliveira	Cirac - Circulo de Recreio Arte e Cultura	55:07	+28:21	06:25	
103	69	Ana Raquel Sousa Martins	Individual	56:53	+30:07	06:37	
104	128	Barbara Lopes	Individual	58:56	+32:10	06:51	
105	106	Sara Cristina Matos	J. A. Mozelense - Amorim Cork	59:57	+33:11	06:58	
106	104	Andreia Rodrigues	J. A. Mozelense - Amorim Cork	01:01:22	+34:36	07:08	
107	112	Sandra Pinto	J. A. Mozelense - Amorim Cork	01:06:00	+39:14	07:40	

Prova Principal

8,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	8,4°C	90%
End	12:06	8,4°C	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Junior Feminino

1	38	Ana albuquerque	CASA DO POVO DE MANGUALDE	Junior Feminino	33:47		03:56
2	41	DANIELA SOFIA PEREIRA FERNANDES	Casas Adriano Astromil Clube	Junior Feminino	37:34	+03:46	04:22

Junior Masculino

1	101	Martim Cardoso	União de Lamas	Junior Masculino	35:45		04:09
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Senior Feminino

1	60	Sandra Ferreira	GDC Guilhovai	Senior Feminino	31:52		03:42
2	70	Benvinda Santos	Individual	Senior Feminino	34:24	+02:32	04:00
3	105	Lúcia Soares	J. A. Mouselense - Amorim Cork	Senior Feminino	39:39	+07:46	04:37
4	13	Ângela Silva	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	40:58	+09:05	04:46
5	14	Maria Nunes	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	44:31	+12:39	05:11
6	12	Andreia Teixeira	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	45:09	+13:16	05:15
7	71	Joana Machado	Individual	Senior Feminino	47:31	+15:39	05:32
8	69	Ana Raquel Sousa Martins	Individual	Senior Feminino	56:53	+25:01	06:37
9	128	Barbara Lopes	Individual	Senior Feminino	58:56	+27:03	06:51
10	106	Sara Cristina Matos	J. A. Mouselense - Amorim Cork	Senior Feminino	59:57	+28:05	06:58
11	104	Andreia Rodrigues	J. A. Mouselense - Amorim Cork	Senior Feminino	01:01:22	+29:29	07:08

Senior Masculino

1	62	Vítor Oliveira	GDC Guilhovai	Senior Masculino	26:46		03:07
2	39	CRISTIANO PEREIRA	CASA DO POVO DE MANGUALDE	Senior Masculino	27:32	+00:46	03:12
3	23	Jorge Almeida	AEJ TRIATLO	Senior Masculino	29:04	+02:18	03:23
4	63	Leandro Pereira	GDC Guilhovai	Senior Masculino	30:20	+03:34	03:32
5	16	Samuel Silva	ADC CJ CLARK de Castelo de Paiva	Senior Masculino	30:35	+03:48	03:33
6	77	Diogo Barge	Individual	Senior Masculino	30:51	+04:04	03:35
7	46	Domingos Manuel Fidalgo Vieira	Centro Recreativo de Estarreja	Senior Masculino	31:42	+04:55	03:41
8	78	Diogo Branco	Individual	Senior Masculino	32:21	+05:34	03:46
9	11	André Santos	A.C.D OS Ilhavsos	Senior Masculino	32:39	+05:52	03:48
10	24	Jose Oliveira	AEJ TRIATLO	Senior Masculino	33:07	+06:21	03:51

Prova Principal

8,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT

11	42	PEDRO FILIPE OLIVEIRA DA SILVA	Casas Adriano Astromil Clube	Senior Masculino	35:14	+08:28	04:06
12	34	Samuel Marques	Caldas são jorge sport clube	Senior Masculino	35:31	+08:44	04:08
13	15	Nuno Sousa	ADC CJ CLARK de Castelo de Paiva	Senior Masculino	35:55	+09:08	04:11
14	72	André Cruz	Individual	Senior Masculino	37:01	+10:15	04:18
15	107	João Santos	J. A. Mozelense - Amorim Cork	Senior Masculino	39:56	+13:10	04:39
16	25	Roberto Santos	AEJ TRIATLO	Senior Masculino	39:58	+13:12	04:39
17	73	ANDRÉS YEPES	Individual	Senior Masculino	40:36	+13:50	04:43
18	82	Paulo Duarte	Individual	Senior Masculino	42:11	+15:25	04:54
19	75	CARLOS MANUEL DA SILVA OLIVEIRA	Individual	Senior Masculino	42:40	+15:54	04:58
20	98	Ruben Silva	Lourosa em Movimento	Senior Masculino	43:23	+16:37	05:03
21	47	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	Senior Masculino	43:36	+16:49	05:04
22	81	Óscar Rafael Carvalho Ferreira	Individual	Senior Masculino	43:46	+16:59	05:05
23	109	Vítor Almeida	J. A. Mozelense - Amorim Cork	Senior Masculino	44:09	+17:22	05:08
24	33	Miguel Santos	Caldas são jorge sport clube	Senior Masculino	45:24	+18:37	05:17
25	83	Samuel Gonçalves	Individual	Senior Masculino	45:56	+19:10	05:20
26	127	Vitor Teixeira	Individual	Senior Masculino	48:03	+21:16	05:35
27	79	Diogo Mendes	Individual	Senior Masculino	48:12	+21:26	05:36
28	84	Vítor Correia	Individual	Senior Masculino	48:49	+22:02	05:41
29	76	chris rosário	Individual	Senior Masculino	49:27	+22:40	05:45

Veterana F40

1	57	Dora Nunes	CLUBE DESPORTIVO CAMPINHO	Veterana F40	40:26		04:42
2	59	Paula Oliveira	GDC Guilhovai	Veterana F40	41:12	+00:45	04:47
3	31	Perpétua Silva	Brandoenses Running	Veterana F40	41:35	+01:09	04:50
4	85	Cristiana Moreira	Individual	Veterana F40	44:59	+04:32	05:14
5	30	Patrícia Laranjeira	Brandoenses Running	Veterana F40	46:49	+06:23	05:27
6	110	Carina Santos	J. A. Mozelense - Amorim Cork	Veterana F40	49:27	+09:00	05:45
7	111	Inês Santos	J. A. Mozelense - Amorim Cork	Veterana F40	52:08	+11:41	06:04
8	35	Juliana Alves	Caldas são jorge sport clube	Veterana F40	54:21	+13:55	06:19
9	112	Sandra Pinto	J. A. Mozelense - Amorim Cork	Veterana F40	01:06:00	+25:34	07:40

Veterana F50

1	68	LÍDIA PEREIRA	GRECAS - Vagos	Veterana F50	36:00		04:11
2	99	Regina Gilvaz	Núcleo de Atletismo de Cucujães	Veterana F50	36:25	+00:25	04:14
3	113	Matilde Baptista	J. A. Mozelense - Amorim Cork	Veterana F50	38:27	+02:26	04:28
4	18	Adélia Tavares	ADC CJ CLARK de Castelo de Paiva	Veterana F50	39:34	+03:33	04:36
5	87	Maria Santos	Individual	Veterana F50	42:10	+06:09	04:54
6	58	Elisabete Silva	Elisabete Silva	Veterana F50	43:06	+07:05	05:01

Prova Principal**8,6 KM**

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OFFICIAL RESULT

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Veterano M40

1	61	Artur Rodrigues	GDC Guilhovai	Veterano M40	29:26		03:25
2	21	Hélder Pinto	ADC CJ CLARK de Castelo de Paiva	Veterano M40	32:02	+02:35	03:43
3	43	BRUNO MIGUEL DA ROCHA MOREIRA	Casas Adriano Astromil Clube	Veterano M40	32:17	+02:51	03:45
4	93	Paulo Noormahomed	Individual	Veterano M40	32:27	+03:00	03:46
5	118	Ricardo Seromenho	J. A. Mouselense - Amorim Cork	Veterano M40	33:10	+03:44	03:51
6	26	Bruno Calado	AEJ TRIATLO	Veterano M40	33:22	+03:55	03:53
7	55	Eurico Magalhães	Clube de Atletismo Estrelas de Marco de Canaveses	Veterano M40	34:06	+04:39	03:58
8	66	Ricardo Belinha	GDSPPO	Veterano M40	34:44	+05:17	04:02
9	27	Márcio Oliveira	AEJ TRIATLO	Veterano M40	34:55	+05:29	04:04
10	52	MARCO SILVA	Clube Atletismo de Ovar	Veterano M40	35:26	+05:59	04:07
11	88	Antonio Francisco	Individual	Veterano M40	35:34	+06:07	04:08
12	114	Bruno Santos	J. A. Mouselense - Amorim Cork	Veterano M40	36:05	+06:38	04:12
13	20	Fernando Sousa	ADC CJ CLARK de Castelo de Paiva	Veterano M40	36:12	+06:45	04:13
14	115	Francisco Fernandes	J. A. Mouselense - Amorim Cork	Veterano M40	37:09	+07:42	04:19
15	36	Hugo Santos	Caldas são jorge sport clube	Veterano M40	37:42	+08:15	04:23
16	89	Antonio Manuel Pais Assunção	Individual	Veterano M40	37:52	+08:25	04:24
17	91	Manuel Silva	Individual	Veterano M40	37:59	+08:33	04:25
18	29	Sandro Silva	AEJ TRIATLO	Veterano M40	39:58	+10:31	04:39
19	28	Marco Paulo Moreira Leite	AEJ TRIATLO	Veterano M40	40:01	+10:34	04:39
20	19	Fernando Jesus	ADC CJ CLARK de Castelo de Paiva	Veterano M40	40:25	+10:58	04:42
21	92	Mário Jorge Gomes Aguiar Pereira	Individual	Veterano M40	40:48	+11:21	04:45
22	100	Pedro Vieira	PEDRO VIEIRA	Veterano M40	40:49	+11:22	04:45
23	90	JORGE ALMEIDA	Individual	Veterano M40	45:04	+15:37	05:14
24	125	Victor Santos	J. A. Mouselense - Amorim Cork	Veterano M40	45:06	+15:40	05:15
25	116	Nuno Silva	J. A. Mouselense - Amorim Cork	Veterano M40	46:17	+16:50	05:23

Veterano M50

1	67	Armando Bastos	GDSPPO	Veterano M50	32:58		03:50
2	94	José silva reis	Individual	Veterano M50	33:01	+00:03	03:50
3	102	Vitor Resende	União de Lamas	Veterano M50	34:28	+01:29	04:00
4	96	Vitor Santos	Individual	Veterano M50	35:50	+02:52	04:10
5	53	ANTONIO LEITÃO CASTRO	Clube Atletismo de Ovar	Veterano M50	35:53	+02:54	04:10
6	40	Fernando Albuquerque	CASA DO POVO DE MANGUALDE	Veterano M50	37:14	+04:15	04:20
7	56	António Pinto	Clube de Atletismo Estrelas de Marco de Canaveses	Veterano M50	40:33	+07:35	04:43
8	121	Manuel Oliveira	J. A. Mouselense - Amorim Cork	Veterano M50	40:37	+07:39	04:43
9	120	Justino Soares	J. A. Mouselense - Amorim Cork	Veterano M50	40:56	+07:58	04:46
10	119	Américo Vicente	J. A. Mouselense - Amorim Cork	Veterano M50	42:18	+09:20	04:55
11	32	PAULO NEVES	CAL - Clube Atletismo de Lamas	Veterano M50	42:33	+09:35	04:57

Official Timekeeper: Lap2Go	3 / 4	generate 09-mar.-2025 12:07
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Prova Principal

8,6 KM

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OFFICIAL RESULT

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12	64	Antonio Santos	GDC Guilhovai	Veterano M50	43:28	+10:29	05:03
13	65	Hélder MC Ramos	GDG - Grupo Desportivo da Gafanha	Veterano M50	47:13	+14:14	05:29
14	95	Rui Mendes	Individual	Veterano M50	48:13	+15:15	05:36

Veterano M60

1	103	Alcides de Sousa Relvas	Bravos e Bravitas	Veterano M60	36:38		04:16
2	123	Manuel Gomes	J. A. Mouselense - Amorim Cork	Veterano M60	38:26	+01:47	04:28
3	49	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	38:45	+02:06	04:30
4	44	MANUEL ILÍDIO MOREIRA DE OLIVEIRA	Casas Adriano Astromil Clube	Veterano M60	39:20	+02:42	04:34
5	124	Manuel Santos	J. A. Mouselense - Amorim Cork	Veterano M60	39:57	+03:18	04:39
6	97	Joaquim silva costa	Individual	Veterano M60	41:44	+05:06	04:51
7	48	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	45:06	+08:28	05:15
8	54	ARLINDO SILVA	Clube Atletismo de Ovar	Veterano M60	45:11	+08:33	05:15
9	37	Abel Santos	Caldas são jorge sport clube	Veterano M60	46:12	+09:34	05:22
10	50	Joaquim Oliveira	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	55:07	+18:29	06:25

**TEAM RESULTS - PROVA PRINCIPAL
MASCULINO**

RANK	TEAM	DESCRIPTION	POINTS
1	AEJ TRIATLO	3 + 16 + 18 + 22	59
2	GDC GUILHOVAI	1 + 4 + 5 + 61	71
3	ADC CJ CLARK DE CASTELO DE PAIVA	6 + 9 + 30 + 32	77
4	J. A. MOZELENSE - AMORIM CORK	17 + 31 + 35 + 40	123
5	CALDAS SÃO JORGE SPORT CLUBE	25 + 37 + 69 + 71	202
6	CIRAC - CIRCULO DE RECREIO ARTE E CULTURA	41 + 62 + 66 + 79	248