

CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	9.2°C	100%
End	11:52	13.4°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	CRISTIANO PEREIRA	casa do povo de mungalde	Senior Masculino	36:43		03:40
2	10	Fabio Correia	sporting clube de espinho	Senior Masculino	37:45	+01:01	03:47
3	5	João Sousa	individual	Senior Masculino	38:45	+02:01	03:53
4	89	António Assunção	clube desportivo feirense	Veterano M40	38:58	+02:14	03:54
5	11	Nuno Pais	sporting clube de espinho	Veterano M40	39:09	+02:25	03:55
6	662	Luis José Gomes Silva	sidel	Veterano M40	39:21	+02:37	03:56
7	88	João Amaro	clube desportivo feirense	Senior Masculino	39:46	+03:02	03:59
8	143	José Costa	g.d.a ronda	Veterano M40	40:46	+04:02	04:05
9	6	Ivan Silva	caldas de são jorge sport clube	Veterano M40	41:49	+05:05	04:11
10	303	João Valente	individual	Senior Masculino	41:52	+05:08	04:11
11	636	Pedro Filipe Soares Pinto	santiago de subarrifana	Senior Masculino	41:55	+05:11	04:12
12	1108	Manuel Silva	individual	Veterano M50	42:10	+05:26	04:13
13	12	Augusto Aluai	sporting clube de espinho	Veterano M50	42:16	+05:32	04:14
14	449	Daniel Silva	individual	Veterano M40	42:25	+05:41	04:15
15	90	Gonçalo Bernardo	clube desportivo feirense	Veterano M40	42:26	+05:42	04:15
16	4	Sandra Ferreira	grupo desportivo e cultural do guilhovai	Veterana F40	42:29	+05:45	04:15
17	69	Ricardo Silva	caldas de são jorge sport clube	Veterano M40	43:11	+06:27	04:19
18	66	Bruno Vidinha	caldas de são jorge sport clube	Senior Masculino	43:31	+06:47	04:21
19	453	Filipe Almeida	individual	Veterano M40	43:36	+06:52	04:22
20	282	Flavio Cunha	individual	Senior Masculino	43:45	+07:01	04:23
21	637	João Pedro Salgueiro	sc salgueiros	Senior Masculino	43:56	+07:12	04:24
22	574	Ricardo Seromenho	jam-juventude atlética mozelense	Veterano M40	43:59	+07:15	04:24
23	299	João Pinho	individual	Senior Masculino	44:16	+07:32	04:26
24	122	Diogo Rouxinol	elite 3700	Senior Masculino	44:20	+07:37	04:26
25	28	Bruno Calado	aej triatlo	Veterano M40	44:27	+07:43	04:27
26	1134	Vitor Resende	união de lamas	Veterano M60	44:39	+07:55	04:28
27	59	Paulo Oliveira	brandoenses running	Veterano M40	44:42	+07:58	04:28
28	600	Fábio Almeida	nightrunners feira	Senior Masculino	44:51	+08:07	04:29
29	348	Ricardo Guedes	individual	Senior Masculino	45:00	+08:16	04:30
30	128	Porfirio Martins	elite 3700	Veterano M50	45:10	+08:26	04:31
31	362	Tiago Costa	individual	Senior Masculino	45:10	+08:26	04:31
32	306	Joel Ramos	individual	Senior Masculino	45:18	+08:34	04:32
33	87	Vera Rodrigues	clube desportivo feirense	Senior Feminino	45:19	+08:35	04:32
34	328	Miguel Tavares	individual	Senior Masculino	45:22	+08:38	04:32
35	1088	Miguel Lopes	individual	Veterano M40	45:27	+08:43	04:33
36	313	José Silva	minho e lima trail	Senior Masculino	45:44	+09:00	04:34
37	65	Serafim Pereira daRocha	cá mouco runners	Veterano M40	45:48	+09:04	04:35
38	355	Rúben Robalinho	individual	Senior Masculino	45:53	+09:09	04:35
39	298	João Penas	individual	Senior Masculino	46:03	+09:19	04:36
40	32	José Godinho	afis/ovar	Veterano M50	46:13	+09:29	04:37
41	1037	Daniel da Costa Calvão	individual	Senior Masculino	46:26	+09:42	04:39
42	2	ANA ALBUQUERQUE	casa do povo de mungalde	Senior Feminino	46:27	+09:43	04:39

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	367	Tiago Pereira	individual	Senior Masculino	46:29	+09:45	04:39
44	687	Tiago Neto	ten team	Senior Masculino	46:34	+09:50	04:39
45	669	André Teixeira	spot	Senior Masculino	46:34	+09:50	04:39
46	1040	Filipe Coelho	individual	Senior Masculino	46:36	+09:52	04:40
47	492	Pedro Gomes	individual	Veterano M40	46:43	+09:59	04:40
48	302	Joao Tavares	individual	Senior Masculino	46:43	+09:59	04:40
49	668	JOÃO NUNO PIAIRO DA SILVA	sporting clube de braga	Veterano M60	46:51	+10:07	04:41
50	587	Rui Almeida	lobos dá montanha	Veterano M40	46:52	+10:08	04:41
51	315	Junior Alcantara	individual	Senior Masculino	47:14	+10:30	04:43
52	504	Vasco Regadas	individual	Veterano M40	47:34	+10:50	04:45
53	270	Duarte Correia	individual	Senior Masculino	47:43	+10:59	04:46
54	276	Fabio Marques	individual	Senior Masculino	47:56	+11:12	04:48
55	1039	Fábio Quintas	individual	Senior Masculino	47:58	+11:14	04:48
56	311	Jose Pablo Hernandez Valenciano	individual	Senior Masculino	48:00	+11:16	04:48
57	541	Pedro Marques	individual	Veterano M50	48:06	+11:22	04:49
58	316	Leonardo Oliveira	individual	Senior Masculino	48:20	+11:36	04:50
59	509	António Carvalho	individual	Veterano M50	48:23	+11:39	04:50
60	481	Miguel Carvalho	individual	Veterano M40	48:24	+11:40	04:50
61	1128	Nelson Pais	run & fun	Veterano M40	48:32	+11:48	04:51
62	554	Carlos Gomes	individual	Veterano M60	48:32	+11:48	04:51
63	591	Luís Silva	lusitania de lourosa fc- secção de atletismo	Senior Masculino	48:33	+11:49	04:51
64	1089	Nuno Bartolomeu	individual	Veterano M40	48:36	+11:52	04:52
65	690	Ricardo Trigo	ten team	Veterano M40	48:40	+11:56	04:52
66	304	Joaquim Gomes	individual	Senior Masculino	48:45	+12:01	04:53
67	127	Pedro Pinheiro	elite 3700	Veterano M40	48:51	+12:07	04:53
68	351	Ricardo Pacheco	individual	Senior Masculino	48:59	+12:15	04:54
69	1100	Alexandre pedrosa	individual	Veterano M50	49:02	+12:18	04:54
70	336	Paulo Resende	individual	Senior Masculino	49:10	+12:26	04:55
71	320	MARCOS HENRIQUE DE OLIVEIRA	individual	Senior Masculino	49:12	+12:28	04:55
72	615	Carlos Couto	outlaw runners	Veterano M50	49:13	+12:29	04:55
73	550	Vítor Santos	individual	Veterano M50	49:14	+12:30	04:55
74	526	João garranas	individual	Veterano M50	49:15	+12:31	04:56
75	580	Tiago Pinho	juf acc	Veterano M40	49:18	+12:34	04:56
76	60	Antonio Espinheira	brandoenses running	Veterano M50	49:21	+12:37	04:56
77	664	Jose Pinho Almeida	sidel	Veterano M50	49:36	+12:52	04:58
78	1038	Diogo da Mota	individual	Senior Masculino	49:36	+12:52	04:58
79	624	Cláudio Santos	run & fun	Veterano M40	49:42	+12:58	04:58
80	169	Ana Catarina	individual	Senior Feminino	49:44	+13:00	04:58
81	280	Fernando Resende	individual	Senior Masculino	50:06	+13:22	05:01
82	363	Tiago Costa	individual	Senior Masculino	50:06	+13:22	05:01
83	46	Manuel Oliveira	arrifana running	Veterano M60	50:13	+13:29	05:01
84	499	Rui Albino	individual	Veterano M40	50:14	+13:30	05:01
85	300	João Rilho	individual	Senior Masculino	50:15	+13:31	05:02

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	681	Cristina Loureiro	taylors	Veterana F50	50:15	+13:31	05:02
87	382	Eva Pimenta	a.c.d.c.d.s.m.f. laranjinhas	Veterana F40	50:16	+13:32	05:02
88	61	José Luís Santos	brandoenses running	Veterano M60	50:18	+13:34	05:02
89	262	David Matos	individual	Senior Masculino	50:19	+13:35	05:02
90	620	Sara Mota	run & fun	Veterana F40	50:21	+13:37	05:02
91	263	Davide Afonso	individual	Senior Masculino	50:26	+13:42	05:03
92	557	Ismael Silva	individual	Veterano M60	50:44	+14:00	05:04
93	8	Andreia Noites	clube desportivo feirense	Veterana F40	50:48	+14:04	05:05
94	478	Marco Oliveira	individual	Veterano M40	50:55	+14:11	05:06
95	488	Paulo Vidal	individual	Veterano M40	50:55	+14:11	05:06
96	645	Nuno Santos	sentir escariz running	Veterano M40	50:57	+14:13	05:06
97	79	Bruno Miguel Ferreira Gonçalves	carregosa lowlanders	Veterano M40	51:04	+14:20	05:06
98	150	Maayan Goren	goren	Senior Masculino	51:07	+14:23	05:07
99	670	António Familiar	spot	Senior Masculino	51:07	+14:23	05:07
100	312	José Rafael Freitas	individual	Senior Masculino	51:13	+14:29	05:07
101	44	Diogo Lopes	arrifana running	Veterano M40	51:16	+14:32	05:08
102	1005	Filipe Soares	aztrail	Veterano M40	51:25	+14:41	05:09
103	330	Myke santos	individual	Senior Masculino	51:26	+14:42	05:09
104	544	Rui Ferreira	individual	Veterano M50	51:33	+14:49	05:09
105	9	FERNANDO ALBUQUERQUE	casa do povo de mangelde	Veterano M50	51:36	+14:52	05:10
106	256	Charles Hazeel	individual	Senior Masculino	51:42	+14:58	05:10
107	257	Charles Hazeel	individual	Senior Masculino	51:42	+14:58	05:10
108	58	Henrique Amorim	brandoenses running	Veterano M40	51:42	+14:58	05:10
109	353	Roberto Nunes Garcia	individual	Senior Masculino	51:47	+15:03	05:11
110	334	Paulo Bruno de Pinho Rebelo	individual	Senior Masculino	51:48	+15:04	05:11
111	695	Pedro Guimarães	trail snakes team	Senior Masculino	51:49	+15:06	05:11
112	64	Miguel Angelo Vieira Lemos	cá mouco runners	Veterano M40	51:55	+15:11	05:12
113	1083	João Amorim	individual	Veterano M40	51:57	+15:13	05:12
114	49	Tiago Silva	artefita	Senior Masculino	51:58	+15:14	05:12
115	71	Miguel Almeida	caldas de são jorge sport clube	Veterano M50	52:04	+15:20	05:12
116	368	Tiago Peres	individual	Senior Masculino	52:05	+15:22	05:13
117	518	Carlos Alberto de Lima Bruno	individual	Veterano M50	52:10	+15:26	05:13
118	1132	Carlos Ribeiro	trail4fun	Veterano M50	52:11	+15:27	05:13
119	243	António Coentrão	individual	Senior Masculino	52:14	+15:30	05:13
120	369	Tomás Pereira	individual	Senior Masculino	52:27	+15:43	05:15
121	26	Paulo Almeida	a.c.d.c.d.s.m.f. laranjinhas	Veterano M50	52:32	+15:49	05:15
122	628	Mário Jorge Almeida	run & fun	Veterano M50	52:38	+15:54	05:16
123	1131	Carlos Teixeira	tainadas team	Veterano M40	52:39	+15:55	05:16
124	239	André Pato	individual	Senior Masculino	52:41	+15:57	05:16
125	443	André Maciel	individual	Veterano M40	52:41	+15:57	05:16
126	647	Helder Pereira	serviços sociais montepio	Veterano M40	52:42	+15:58	05:16
127	359	Sandro Ribeiro	individual	Senior Masculino	52:43	+15:59	05:16
128	547	Vicente João	individual	Veterano M50	52:47	+16:04	05:17
129	458	Hugo Silva	individual	Veterano M40	52:55	+16:11	05:18
130	512	António Jorge Tavares de Melo	individual	Veterano M50	52:56	+16:12	05:18

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10 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	506	Vasco Rocha	individual	Veterano M40	52:57	+16:13	05:18
132	1032	André Silva	individual	Senior Masculino	52:59	+16:16	05:18
133	133	LUIS MARTINS	flechinhas	Veterano M60	53:03	+16:19	05:18
134	579	FERNANDO OLIVEIRA	juf acc	Veterano M40	53:10	+16:26	05:19
135	604	Nuno Marinho	núcleo de corrida solveirde	Senior Masculino	53:22	+16:38	05:20
136	673	Luís Campos	spot	Senior Masculino	53:26	+16:42	05:21
137	545	RUI MANUEL MOREIRA PINTO	individual	Veterano M50	53:30	+16:46	05:21
138	1003	Rodrigo Carlos	acr seixo	Senior Masculino	53:30	+16:46	05:21
139	448	Damásio Pereira	individual	Veterano M40	53:32	+16:48	05:21
140	294	João De Jesus Pereira	individual	Senior Masculino	53:33	+16:49	05:21
141	665	Cláudio Ferreira	sobidexe	Senior Masculino	53:33	+16:49	05:21
142	82	Fernando Nobre	cf perosinho trail & running	Veterano M40	53:34	+16:50	05:21
143	259	Daniel Oliveira Silva	individual	Senior Masculino	53:35	+16:51	05:22
144	511	Antonio Fernando Ferreira Maia	individual	Veterano M50	53:38	+16:55	05:22
145	534	José Ferreira	individual	Veterano M50	53:39	+16:55	05:22
146	677	Telmo Lopes	spot	Senior Masculino	53:57	+17:13	05:24
147	531	José Augusto Ferreira	individual	Veterano M50	53:59	+17:15	05:24
148	251	Carlos Marques	individual	Senior Masculino	54:00	+17:16	05:24
149	67	Christofer Santos	caldas de são jorge sport clube	Senior Masculino	54:01	+17:17	05:24
150	457	Helder Teixeira	individual	Veterano M40	54:02	+17:18	05:24
151	1096	Samuel Pereira	individual	Veterano M40	54:09	+17:25	05:25
152	70	JOAQUIM LOBATO	caldas de são jorge sport clube	Veterano M50	54:10	+17:26	05:25
153	288	Hugo Neves	individual	Senior Masculino	54:11	+17:27	05:25
154	407	Tânia Mateus	individual	Veterana F40	54:11	+17:27	05:25
155	147	Américo Manuel Oliveira	gemba running	Veterano M50	54:21	+17:37	05:26
156	146	Carlos Monteiro	gemba running	Senior Masculino	54:22	+17:38	05:26
157	323	Micael Rocha	individual	Senior Masculino	54:22	+17:39	05:26
158	464	João Rocha	individual	Veterano M40	54:22	+17:39	05:26
159	30	Pedro Necho	afis/ovar	Veterano M40	54:24	+17:40	05:26
160	310	José Carlos Roque Vitorino dos Santos	individual	Senior Masculino	54:27	+17:43	05:27
161	1049	Noé Gomes	individual	Senior Masculino	54:30	+17:46	05:27
162	255	César Pereira	individual	Senior Masculino	54:30	+17:46	05:27
163	638	Fernando Matos	sem treinos	Senior Masculino	54:31	+17:47	05:27
164	290	Humberto Garcia	individual	Senior Masculino	54:31	+17:48	05:27
165	31	José Figueiredo	afis/ovar	Veterano M50	54:33	+17:49	05:27
166	358	Rui Pedro Marques Saraiva	individual	Senior Masculino	54:34	+17:50	05:27
167	86	Vera Ferreira	clube desportivo feirense	Senior Feminino	54:41	+17:57	05:28
168	134	MANUEL GOMES	flechinhas	Veterano M60	54:42	+17:58	05:28
169	435	Teresa Santos Alves	individual	Veterana F50	54:45	+18:01	05:29
170	683	Erasmus Alves	taylors	Veterano M50	54:48	+18:04	05:29
171	289	Hugo Silva	individual	Senior Masculino	54:51	+18:07	05:29
172	460	Humberto Barros	individual	Veterano M40	54:54	+18:10	05:29
173	338	Pedro Oliveira	individual	Senior Masculino	54:59	+18:15	05:30
174	618	Céu Vilar	run & fun	Veterana F40	55:06	+18:22	05:31

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10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	1007	António Botelho	botelhocas running	Veterano M50	55:06	+18:23	05:31
176	627	Américo Costa	run & fun	Veterano M50	55:07	+18:23	05:31
177	154	Sónia Almeida	guisande trail running	Veterana F40	55:14	+18:31	05:32
178	1047	Luís Monteiro	individual	Senior Masculino	55:19	+18:35	05:32
179	344	Rafael Odreman	individual	Senior Masculino	55:27	+18:43	05:33
180	447	Carlos Gomes	individual	Veterano M40	55:33	+18:49	05:33
181	701	Pedro Fernandes	união atletismo do porto	Veterano M40	55:38	+18:54	05:34
182	42	Sónia Vidal	arrifana running	Veterana F40	55:41	+18:57	05:34
183	1120	João Costa	os sem fôlego	Senior Masculino	55:43	+18:59	05:34
184	1041	Henrique L. Sousa	individual	Senior Masculino	55:52	+19:08	05:35
185	1122	Simão Valente	os sem fôlego	Senior Masculino	55:55	+19:11	05:36
186	1073	Álvaro José Dias carvalhinho	individual	Veterano M40	56:11	+19:27	05:37
187	29	Márcio Oliveira	aej triatlo	Veterano M40	56:22	+19:39	05:38
188	22	Sandra Silva	a.c.d.c.d.s.m.f. laranjinhas	Veterana F40	56:25	+19:41	05:39
189	688	André Martins	ten team	Veterano M40	56:27	+19:43	05:39
190	691	Vitor Pinho	ten team	Veterano M50	56:31	+19:47	05:39
191	194	Daria Yeremenko	individual	Senior Feminino	56:35	+19:51	05:40
192	296	João Grilo	individual	Senior Masculino	56:40	+19:56	05:40
193	497	Rogério Henriques	individual	Veterano M40	56:41	+19:57	05:40
194	379	Dulce Prêda	individual	Veterana F40	56:42	+19:58	05:40
195	319	Marcelo Martins Barbosa	individual	Senior Masculino	56:43	+19:59	05:40
196	551	Álvaro Henriques	individual	Veterano M60	56:45	+20:01	05:41
197	327	Miguel Rocha	individual	Senior Masculino	56:52	+20:08	05:41
198	1057	Yann Manuel da Silva Lopes	individual	Senior Masculino	56:53	+20:09	05:41
199	703	Priscila Almeida	univida	Veterana F40	56:56	+20:12	05:42
200	466	Jorge Almeida	individual	Veterano M40	56:58	+20:14	05:42
201	588	José Freitas	lobos dá montanha	Veterano M50	57:03	+20:19	05:42
202	1055	Tomas Soares	individual	Senior Masculino	57:10	+20:26	05:43
203	247	Bruno Marques Carvalho	individual	Senior Masculino	57:12	+20:28	05:43
204	1124	Luis Gomes	pastello runners	Veterano M50	57:19	+20:35	05:44
205	253	Carlos Simões	individual	Senior Masculino	57:27	+20:43	05:45
206	272	Eduardo de Melo Rocha	individual	Senior Masculino	57:32	+20:48	05:45
207	482	Miguel Moita	individual	Veterano M40	57:35	+20:51	05:46
208	422	Helena Silva	individual	Veterana F50	57:36	+20:52	05:46
209	1077	Bruno Miguel Leite Moreira	individual	Veterano M40	57:40	+20:56	05:46
210	503	Telmo Nogueira	individual	Veterano M40	57:43	+20:59	05:46
211	619	Elsa Mota	run & fun	Veterana F40	57:43	+21:00	05:46
212	1129	MIKE Ferreira	run & fun	Veterano M50	57:44	+21:00	05:46
213	502	Simão Cardoso	individual	Veterano M40	57:52	+21:08	05:47
214	269	Diogo Oliveira	individual	Senior Masculino	57:58	+21:14	05:48
215	333	Nuno Pinto	individual	Senior Masculino	57:59	+21:15	05:48
216	366	Tiago Lopes	individual	Senior Masculino	58:01	+21:17	05:48
217	119	Alexandre Pinto	elite 3700	Senior Masculino	58:03	+21:19	05:48
218	1121	José Andrade	os sem fôlego	Senior Masculino	58:07	+21:23	05:49
219	123	Gabriel Freitas	elite 3700	Senior Masculino	58:08	+21:24	05:49
220	639	Pedro Matos	sem treinos	Senior Masculino	58:09	+21:26	05:49

CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	249	Bruno Peixoto	individual	Senior Masculino	58:10	+21:27	05:49
222	552	Alvaro Silva	individual	Veterano M60	58:15	+21:31	05:50
223	287	Henrique Mendes	individual	Senior Masculino	58:16	+21:32	05:50
224	1087	Marcelo Teixeira da mota	individual	Veterano M40	58:18	+21:34	05:50
225	1098	Vítor neto	individual	Veterano M40	58:23	+21:40	05:50
226	277	Fabio Santos	individual	Senior Masculino	58:25	+21:41	05:51
227	440	Alberto Vitelo	individual	Veterano M40	58:27	+21:43	05:51
228	350	Ricardo Miguel Gomes Prata	individual	Senior Masculino	58:30	+21:46	05:51
229	626	Tino Silva	run & fun	Veterano M40	58:30	+21:46	05:51
230	658	Carlos Manuel Almeida Magalhães	sidel	Senior Masculino	58:43	+21:59	05:52
231	360	Stefano Moreira Fonseca	individual	Senior Masculino	58:45	+22:01	05:53
232	195	Débora Correia	individual	Senior Feminino	58:58	+22:14	05:54
233	173	Ana Paula Pereira Rocha	individual	Senior Feminino	58:58	+22:14	05:54
234	53	Perpétua Silva	brandoenses running	Veterana F40	59:01	+22:17	05:54
235	646	Fernando Brandão	sentir escariz running	Veterano M50	59:03	+22:19	05:54
236	96	António Oliveira	cmmc vale de cambra	Veterano M60	59:03	+22:19	05:54
237	246	Bruno Costa	individual	Senior Masculino	59:04	+22:20	05:54
238	329	Moises Pinto	individual	Senior Masculino	59:06	+22:22	05:55
239	1053	Tiago Sá	individual	Senior Masculino	59:07	+22:23	05:55
240	682	Rui Pinto	taylors	Veterano M40	59:07	+22:24	05:55
241	442	André Castro	individual	Veterano M40	59:08	+22:24	05:55
242	493	Pedro Miguel Correia Vieira	individual	Veterano M40	59:11	+22:27	05:55
243	513	António Moura	individual	Veterano M50	59:11	+22:27	05:55
244	540	Paulo Silva	individual	Veterano M50	59:11	+22:27	05:55
245	533	José Faria Alves	individual	Veterano M50	59:13	+22:29	05:55
246	560	José Graça	individual	Veterano M60	59:14	+22:30	05:55
247	152	Elisabete Vidal	grupo desportivo castelense	Veterana F40	59:16	+22:32	05:56
248	1103	Carlos Mata	individual	Veterano M50	59:23	+22:39	05:56
249	578	Tiago Sousa	juf acc	Senior Masculino	59:34	+22:50	05:57
250	519	César Monteiro	individual	Veterano M50	59:35	+22:51	05:58
251	125	Ana Santos	elite 3700	Veterana F40	59:40	+22:56	05:58
252	120	Ângelo Rodrigues	elite 3700	Senior Masculino	59:41	+22:57	05:58
253	40	Mária Calmeiro	arrifana running	Senior Feminino	59:43	+22:59	05:58
254	341	Pedro Soares	individual	Senior Masculino	59:45	+23:01	05:59
255	254	CÉSAR DUARTE	individual	Senior Masculino	59:49	+23:05	05:59
256	1033	Bruno Mota	individual	Senior Masculino	59:51	+23:07	05:59
257	1065	Rute Pinto	individual	Veterana F40	59:54	+23:10	05:59
258	562	Manuel constantino silva	individual	Veterano M60	01:00:07	+23:23	06:01
259	112	Catía Costa	elite 3700	Senior Feminino	01:00:08	+23:24	06:01
260	108	Ana Aleixo	elite 3700	Senior Feminino	01:00:13	+23:29	06:01
261	1079	Carlos Ferreira	individual	Veterano M40	01:00:15	+23:31	06:02
262	1125	jorge coelho	physio for me	Veterano M40	01:00:15	+23:31	06:02
263	314	Júlio Vital	individual	Senior Masculino	01:00:16	+23:32	06:02
264	1130	Vítor Santos	s4l/medense f.c.	Veterano M40	01:00:18	+23:34	06:02
265	1074	Anderson Santos de Jesus	individual	Veterano M40	01:00:19	+23:35	06:02

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	1002	Vera Tomé	academia de desportos de condeixa	Veterana F40	01:00:29	+23:45	06:03
267	1085	Jorge Berardo	individual	Veterano M40	01:00:29	+23:45	06:03
268	559	Jorge Pereira	individual	Veterano M60	01:00:29	+23:45	06:03
269	209	Juliana Lopes	individual	Senior Feminino	01:00:30	+23:46	06:03
270	1051	Ricardo Reis Marques Silva	individual	Senior Masculino	01:00:30	+23:46	06:03
271	571	SERGIO VIEIRA	jabardice esmoriz vs cortegaça	Senior Masculino	01:00:30	+23:46	06:03
272	566	DIOGO SÁ	jabardice esmoriz vs cortegaça	Senior Masculino	01:00:30	+23:46	06:03
273	394	Marta Rocha	individual	Veterana F40	01:00:32	+23:48	06:03
274	413	Céu Ferreira	individual	Veterana F50	01:00:35	+23:51	06:04
275	76	António Mota	cap-centro atletismo do porto	Veterano M60	01:00:37	+23:53	06:04
276	475	Márcio Daniel Moura	individual	Veterano M40	01:00:42	+23:58	06:04
277	1056	Vitor Miguel	individual	Senior Masculino	01:00:43	+23:59	06:04
278	474	MANOEL Santos	individual	Veterano M40	01:00:44	+24:00	06:04
279	179	Beatriz Reis Cardoso	individual	Senior Feminino	01:00:46	+24:02	06:05
280	364	Tiago Cunha	individual	Senior Masculino	01:01:01	+24:17	06:06
281	1050	Pedro Ricardo Pereira Tavares	individual	Senior Masculino	01:01:01	+24:17	06:06
282	236	Alberto Alves	individual	Senior Masculino	01:01:03	+24:19	06:06
283	74	João Presumido Valhelhas	câmara lisboa clube	Veterano M50	01:01:12	+24:28	06:07
284	1112	Fernando Fernandes	individual	Veterano M60	01:01:18	+24:34	06:08
285	676	Miguel Alves	spot	Senior Masculino	01:01:19	+24:35	06:08
286	1034	Carlos Pereira	individual	Senior Masculino	01:01:23	+24:39	06:08
287	1017	Marco Pires	guisande trail running	Veterano M40	01:01:31	+24:47	06:09
288	1075	André Souza Ferreira de Almeida	individual	Veterano M40	01:01:31	+24:47	06:09
289	252	Carlos rocha	individual	Senior Masculino	01:01:32	+24:48	06:09
290	223	Rafaela Melo	individual	Senior Feminino	01:01:32	+24:48	06:09
291	301	João Rocha	individual	Senior Masculino	01:01:32	+24:48	06:09
292	486	Paulo Pádua	individual	Veterano M40	01:01:33	+24:49	06:09
293	279	Fernando Ferreira	individual	Senior Masculino	01:01:33	+24:49	06:09
294	456	Helder Carvalho	individual	Veterano M40	01:01:34	+24:50	06:09
295	349	Ricardo Manuel Sousa Bastos	individual	Senior Masculino	01:01:36	+24:52	06:10
296	568	JOÃO GOMES	jabardice esmoriz vs cortegaça	Senior Masculino	01:01:37	+24:53	06:10
297	609	João Costa	núcleo de corrida solveverde	Veterano M40	01:01:42	+24:58	06:10
298	337	Pedro Humberto da Costa e Sousa	individual	Senior Masculino	01:01:43	+24:59	06:10
299	229	Sara Batista	individual	Senior Feminino	01:01:45	+25:01	06:11
300	241	André Tavares	individual	Senior Masculino	01:01:46	+25:02	06:11
301	192	Claudia silva	individual	Senior Feminino	01:01:48	+25:04	06:11
302	225	Rita Mendes	individual	Senior Feminino	01:01:48	+25:04	06:11
303	25	César Araújo	a.c.d.c.d.s.m.f. laranjinhas	Veterano M50	01:01:48	+25:04	06:11
304	347	Ricardo Almeida	individual	Senior Masculino	01:02:05	+25:21	06:13
305	1035	Cassiano Brites Batista	individual	Senior Masculino	01:02:06	+25:22	06:13
306	1090	Pedro Cardoso	individual	Veterano M40	01:02:07	+25:23	06:13
307	470	Leandro Resende	individual	Veterano M40	01:02:09	+25:25	06:13
308	268	Diogo moreira	individual	Senior Masculino	01:02:10	+25:26	06:13
309	403	Sandra Canelha	individual	Veterana F40	01:02:11	+25:27	06:13
310	1127	André Areosa	pouco ritmo, muita espuma	Senior Masculino	01:02:11	+25:27	06:13

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
311	114	Fabiana Pereira	elite 3700	Senior Feminino	01:02:17	+25:33	06:14
312	271	Duarte Ribeiro	individual	Senior Masculino	01:02:20	+25:36	06:14
313	228	Rute Ferreira	individual	Senior Feminino	01:02:30	+25:46	06:15
314	1082	Hugo Azevedo	individual	Veterano M40	01:02:31	+25:47	06:15
315	661	Flávio Marques	sidel	Veterano M40	01:02:34	+25:50	06:15
316	378	Cristiana Moreira	individual	Veterana F40	01:02:44	+26:00	06:16
317	278	FABRICIO SILVA BAIA	individual	Senior Masculino	01:02:47	+26:03	06:17
318	529	Jorge Soares	individual	Veterano M50	01:02:49	+26:05	06:17
319	473	Luís Viegas Guimarães Múrias	individual	Veterano M40	01:02:53	+26:09	06:17
320	188	Catarina Silva	individual	Senior Feminino	01:02:57	+26:13	06:18
321	345	Rafael Santos	individual	Senior Masculino	01:02:57	+26:13	06:18
322	496	Ricardo Bastos	individual	Veterano M40	01:02:58	+26:14	06:18
323	50	Joana Aguiar	artefita	Veterana F40	01:02:58	+26:14	06:18
324	117	Sara Baptista	elite 3700	Senior Feminino	01:03:00	+26:16	06:18
325	1009	Guto Muniz	cashm clube de atletismo de sangalhos training group	Veterano M40	01:03:02	+26:18	06:18
326	1046	Luís Carlos Pereira Pinto	individual	Senior Masculino	01:03:03	+26:19	06:18
327	1109	Marcelo Teixeira Matos	individual	Veterano M50	01:03:05	+26:21	06:19
328	408	Teresa Gandra	individual	Veterana F40	01:03:05	+26:21	06:19
329	523	Francisco Santos	individual	Veterano M50	01:03:11	+26:27	06:19
330	402	Rui Ramalho	individual	Veterana F40	01:03:15	+26:31	06:20
331	191	Cintiane Santana	individual	Senior Feminino	01:03:15	+26:31	06:20
332	212	Manuela Novais	individual	Senior Feminino	01:03:16	+26:32	06:20
333	465	João silveira	individual	Veterano M40	01:03:29	+26:45	06:21
334	187	Catarina Ramos Souto	individual	Senior Feminino	01:03:36	+26:52	06:22
335	1974	Paulo Capitao	individual	Veterano M50	01:03:41	+26:57	06:22
336	1030	Alberto Ferreira	individual	Senior Masculino	01:03:44	+27:01	06:22
337	1095	Salvador Gonçalves	individual	Veterano M40	01:03:46	+27:02	06:23
338	244	António Francisco Rodrigues Cachapuz	individual	Senior Masculino	01:03:48	+27:05	06:23
339	476	Márcio Oliveira	individual	Veterano M40	01:03:57	+27:13	06:24
340	525	Joao Bronze	individual	Veterano M50	01:04:01	+27:17	06:24
341	1060	Joana Barbosa	individual	Veterana F40	01:04:02	+27:18	06:24
342	576	Catarina Pereira	juf acc	Senior Feminino	01:04:06	+27:22	06:25
343	577	João Oliveira	juf acc	Senior Masculino	01:04:06	+27:22	06:25
344	594	SANDRA ALMEIDA	mc	Senior Feminino	01:04:13	+27:29	06:25
345	1119	HELDER MOTA	mc	Veterano M40	01:04:13	+27:29	06:25
346	678	Vitor Mota	spot	Veterano M40	01:04:14	+27:30	06:25
347	35	Tiago Delgado	ameal trail	Veterano M40	01:04:20	+27:36	06:26
348	36	Toni Santos	ameal trail	Veterano M50	01:04:20	+27:36	06:26
349	34	Helena Matos	ameal trail	Veterana F40	01:04:21	+27:37	06:26
350	572	TIAGO CAMBOA	jabardice esmoriz vs cortegaça	Senior Masculino	01:04:22	+27:38	06:26
351	281	Filipe Lacerda	individual	Senior Masculino	01:04:35	+27:51	06:28
352	405	Sandra santos	individual	Veterana F40	01:04:37	+27:53	06:28
353	1080	Filipe Correia	individual	Veterano M40	01:04:37	+27:53	06:28
354	570	RAFAEL SILVA	jabardice esmoriz vs cortegaça	Senior Masculino	01:04:42	+27:58	06:28
355	167	Alexandra Ramos	individual	Senior Feminino	01:04:48	+28:04	06:29

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
356	385	Iolanda Oliveira	individual	Veterana F40	01:04:49	+28:05	06:29
357	431	Rosa Lopes	individual	Veterana F50	01:04:55	+28:11	06:30
358	1063	Paula Sousa	individual	Veterana F40	01:04:55	+28:11	06:30
359	95	Fátima Relvas	cmmc vale de cambra	Veterana F40	01:04:56	+28:12	06:30
360	227	Rose Ramos	individual	Senior Feminino	01:04:56	+28:12	06:30
361	283	Gabriel Mnedes	individual	Senior Masculino	01:04:56	+28:12	06:30
362	543	Ramiro Mendes	individual	Veterano M50	01:04:57	+28:13	06:30
363	1066	Sofia Villaverde Barbino	individual	Veterana F40	01:04:58	+28:14	06:30
364	613	Bruno Barros	outlaw runners	Veterano M40	01:04:59	+28:15	06:30
365	1123	Pedro Miguel	papakilometros	Veterano M50	01:05:00	+28:16	06:30
366	305	Joel Eurresta	individual	Senior Masculino	01:05:03	+28:19	06:30
367	292	Joao Correia	individual	Senior Masculino	01:05:07	+28:23	06:31
368	1110	Paulo Silva	individual	Veterano M50	01:05:20	+28:36	06:32
369	674	Luís Henriques	spot	Senior Masculino	01:05:21	+28:37	06:32
370	335	Paulo Gonçalves	individual	Senior Masculino	01:05:22	+28:39	06:32
371	159	José Pinheiro	guisande trail running	Veterano M60	01:05:25	+28:41	06:33
372	386	Ivone Matos	individual	Veterana F40	01:05:30	+28:46	06:33
373	522	Fernando Manuel Soares Almeida	individual	Veterano M50	01:05:31	+28:47	06:33
374	20	Sérgio Gonçalves	#tudoconta	Veterano M40	01:05:32	+28:48	06:33
375	381	Ester Rocha	individual	Veterana F40	01:05:35	+28:51	06:34
376	1084	João Fernandes	individual	Veterano M40	01:05:37	+28:53	06:34
377	102	Diogo Da Silva Ferreira	dacia carby	Veterano M40	01:05:40	+28:56	06:34
378	55	Victória Bernardes	brandoenses running	Veterana F50	01:05:42	+28:58	06:34
379	258	Cláudio Gomes	individual	Senior Masculino	01:05:43	+28:59	06:34
380	100	Helder Da Silva Ferreira	dacia carby	Senior Masculino	01:05:44	+29:00	06:34
381	5008	Cláudia Patrícia Pinto Tavares Silva	dacia carby	Veterana F50	01:05:53	+29:09	06:35
382	5009	ANTÓNIO TAVARES	individual	Veterano M50	01:05:54	+29:10	06:35
383	702	Luciana Gabrielly dos anjos de Jesus	univida	Senior Feminino	01:05:57	+29:13	06:36
384	5005	Rui Raimuno	individual	Veterano M50	01:05:58	+29:14	06:36
385	78	Pedro Emanuel Ventura Henriques	carby dacia	Veterano M40	01:06:00	+29:16	06:36
386	418	Dulce Bastos	individual	Veterana F50	01:06:00	+29:16	06:36
387	1036	Cláudio Santos	individual	Senior Masculino	01:06:02	+29:18	06:36
388	565	DANIEL MAIA	jabardice esmoriz vs cortegaça	Senior Masculino	01:06:15	+29:31	06:38
389	573	TIAGO FARDILHA	jabardice esmoriz vs cortegaça	Senior Masculino	01:06:16	+29:32	06:38
390	261	David Gunzel	individual	Senior Masculino	01:06:24	+29:40	06:38
391	295	João Faria	individual	Senior Masculino	01:06:24	+29:40	06:38
392	73	Carlos Rocha	câmara lisboa clube	Veterano M50	01:06:32	+29:48	06:39
393	231	Silvia silva	individual	Senior Feminino	01:06:39	+29:55	06:40
394	480	Mário Saraiva	individual	Veterano M40	01:06:40	+29:56	06:40
395	1048	Marco Teixeira	individual	Senior Masculino	01:06:50	+30:06	06:41
396	286	Gustavo Ribeiro	individual	Senior Masculino	01:06:52	+30:08	06:41
397	285	Gustavo Marques	individual	Senior Masculino	01:06:54	+30:10	06:41
398	346	Renato Jesus	individual	Senior Masculino	01:06:55	+30:11	06:42

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
399	1091	Pedro Miguel Gomes Santos	individual	Veterano M40	01:06:56	+30:12	06:42
400	317	Luis Gonzalez	individual	Senior Masculino	01:07:02	+30:18	06:42
401	1086	José Mário Leite	individual	Veterano M40	01:07:05	+30:21	06:43
402	444	António Fonseca	individual	Veterano M40	01:07:05	+30:21	06:43
403	485	Paulo Borges	individual	Veterano M40	01:07:05	+30:21	06:43
404	48	Elisabete Silva	artefita	Senior Feminino	01:07:08	+30:24	06:43
405	197	Eduarda Martins	individual	Senior Feminino	01:07:13	+30:29	06:43
406	80	Nélson Tavares	centro de marcha e corrida vale de cambra	Senior Masculino	01:07:18	+30:34	06:44
407	603	Kevin Silva	núcleo de corrida solveverde	Senior Masculino	01:07:22	+30:38	06:44
408	155	Fernanda Pinheiro	guisande trail running	Veterana F50	01:07:29	+30:45	06:45
409	1106	José Rodrigues	individual	Veterano M50	01:07:35	+30:51	06:46
410	365	Tiago Gomes Leal	individual	Senior Masculino	01:07:38	+30:54	06:46
411	373	Xavier Matos	individual	Senior Masculino	01:07:39	+30:55	06:46
412	491	Pedro Fernandes	individual	Veterano M40	01:07:51	+31:07	06:47
413	629	Quinel Mota	run & fun	Veterano M60	01:08:14	+31:30	06:49
414	412	Celeste Rafael	individual	Veterana F50	01:08:14	+31:30	06:49
415	461	João Paulo Macedo Silva Carvalho	individual	Veterano M40	01:08:22	+31:38	06:50
416	439	Tomásia Escoval	individual	Veterana F60	01:08:29	+31:45	06:51
417	1019	Anglori Domingos de Matos	individual	Senior Feminino	01:08:36	+31:52	06:52
418	650	Sérgio Oliveira	serviços sociais montepio	Veterano M40	01:08:44	+32:00	06:52
419	275	Fábio Jesus	individual	Senior Masculino	01:08:47	+32:03	06:53
420	462	João Pedro Vasconcelos Lucas	individual	Veterano M40	01:08:52	+32:08	06:53
421	149	Ricardino Santos	goodshape	Veterano M40	01:08:54	+32:10	06:53
422	388	Joana Patricia Santos Fernandes Tavares	individual	Veterana F40	01:09:08	+32:24	06:55
423	471	Luís Dias	individual	Veterano M40	01:09:08	+32:24	06:55
424	663	Ricardo Gama	sidel	Veterano M40	01:09:13	+32:30	06:55
425	264	Diego A R Robles	individual	Senior Masculino	01:09:22	+32:38	06:56
426	666	Domingos Sousa	sporting clube de braga	Veterano M60	01:09:27	+32:43	06:57
427	667	Eduardo Cruz	sporting clube de braga	Veterano M60	01:09:28	+32:44	06:57
428	144	Amândio Soares	g.d.s.&v.	Veterano M60	01:09:28	+32:44	06:57
429	409	Vera Agostinho	individual	Veterana F40	01:09:30	+32:46	06:57
430	490	Pedro Azevedo	individual	Veterano M40	01:09:33	+32:49	06:57
431	508	Adriano Oliveira	individual	Veterano M50	01:09:36	+32:52	06:58
432	608	Daniel Couto	núcleo de corrida solveverde	Veterano M40	01:09:37	+32:53	06:58
433	451	Emanuel Tavares Nunes	individual	Veterano M40	01:09:39	+32:55	06:58
434	535	Luís Lourenço	individual	Veterano M50	01:09:43	+32:59	06:58
435	472	Luis Li	individual	Veterano M40	01:09:44	+33:00	06:58
436	356	Rúben Santos	individual	Senior Masculino	01:09:45	+33:01	06:59
437	215	Mariana Almeida	individual	Senior Feminino	01:09:45	+33:01	06:59
438	1006	Jacqueline Botelho	botelhocas running	Senior Feminino	01:09:56	+33:12	07:00
439	245	Bruno Camarinha	individual	Senior Masculino	01:10:04	+33:20	07:00
440	539	Paulo Sérgio Silva Carneiro	individual	Veterano M50	01:10:09	+33:25	07:01
441	556	Filipe da Costa Soares	individual	Veterano M60	01:10:10	+33:26	07:01

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
442	530	JOSÉ ANDRADE	individual	Veterano M50	01:10:16	+33:32	07:02
443	178	Beatriz Antunes Santos	individual	Senior Feminino	01:10:33	+33:50	07:03
444	352	Ricardo Santos	individual	Senior Masculino	01:10:34	+33:50	07:03
445	234	Vera Almeida	individual	Senior Feminino	01:10:37	+33:53	07:04
446	446	Bruno Miguel Vilar Rocha	individual	Veterano M40	01:10:37	+33:53	07:04
447	68	Miguel Santos	caldas de são jorge sport clube	Veterano M40	01:10:39	+33:55	07:04
448	321	Marllon Sales de faria	individual	Senior Masculino	01:10:46	+34:02	07:05
449	248	Bruno Miguel Neves Teixeira	individual	Senior Masculino	01:10:48	+34:04	07:05
450	370	Vitor Hugo Madureira das Neves	individual	Senior Masculino	01:10:49	+34:05	07:05
451	657	Armando André Neves da Volta	sidel	Senior Masculino	01:10:54	+34:10	07:05
452	1116	Marco Santos	ladeia running team	Senior Masculino	01:10:54	+34:10	07:05
453	43	Rosa Silva	arrifana running	Veterana F50	01:11:00	+34:16	07:06
454	1004	Paula Martins	arrifana running	Veterana F50	01:11:01	+34:17	07:06
455	454	Francisco Oliveira	individual	Veterano M40	01:11:09	+34:25	07:07
456	218	Mariana Lourenço	individual	Senior Feminino	01:11:09	+34:25	07:07
457	1114	José Manuel candeias	individual	Veterano M60	01:11:12	+34:28	07:07
458	659	Gustavo Emanuel Barbosa Teixeira	sidel	Senior Masculino	01:11:15	+34:31	07:08
459	1043	José Pinto	individual	Senior Masculino	01:11:18	+34:34	07:08
460	484	Paulo Bartolomeu	individual	Veterano M40	01:11:21	+34:37	07:08
461	325	Miguel Frias Coutinho	individual	Senior Masculino	01:11:21	+34:37	07:08
462	309	Jorge Martins	individual	Senior Masculino	01:11:31	+34:47	07:09
463	428	Paula Ramalho	individual	Veterana F50	01:11:32	+34:48	07:09
464	1021	Daniela Ferreira	individual	Senior Feminino	01:11:33	+34:49	07:09
465	489	Pedro Alexandre da Cunha Alves	individual	Veterano M40	01:11:34	+34:50	07:09
466	450	Edgar Alves	individual	Veterano M40	01:11:47	+35:03	07:11
467	41	Marta Oliveira	arrifana running	Senior Feminino	01:11:48	+35:04	07:11
468	45	Helder Faria	arrifana running	Veterano M40	01:11:49	+35:05	07:11
469	640	Joaquim Mota	sem treinos	Veterano M50	01:11:50	+35:06	07:11
470	1016	Sílvia Maria dos Santos Ferreira	grupo recreativo janz e associados	Veterana F50	01:11:55	+35:11	07:12
471	196	Edna Torrinha	individual	Senior Feminino	01:11:55	+35:12	07:12
472	1113	Friedrich Mayer	individual	Veterano M60	01:12:04	+35:20	07:12
473	240	André Tavares	individual	Senior Masculino	01:12:09	+35:25	07:13
474	660	Vera Mónica Sousa Moreira	sidel	Veterana F40	01:12:12	+35:28	07:13
475	686	serafim fonseca	team fonseca	Veterano M60	01:12:31	+35:47	07:15
476	399	Paula Ferreira	individual	Veterana F40	01:12:34	+35:50	07:15
477	537	Paulo Pinto	individual	Veterano M50	01:12:34	+35:50	07:15
478	524	Frank Coelho	individual	Veterano M50	01:12:44	+36:00	07:16
479	616	Mafalda Isabel Silva	par de flechas	Senior Feminino	01:12:46	+36:02	07:17
480	617	Luís Manuel Silva	par de flechas	Veterano M50	01:12:47	+36:04	07:17
481	610	António Magalhães	núcleo de corrida solveverde	Veterano M50	01:12:50	+36:06	07:17
482	1042	João Almeida	individual	Senior Masculino	01:12:52	+36:08	07:17
483	623	Augusta Rodrigues	run & fun	Veterana F60	01:13:10	+36:26	07:19

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
484	1028	Monique Silva maia	individual	Senior Feminino	01:13:10	+36:26	07:19
485	622	Mila Assunção	run & fun	Veterana F50	01:13:11	+36:27	07:19
486	293	João Costa	individual	Senior Masculino	01:13:26	+36:42	07:21
487	563	Mário Ribeiro	individual	Veterano M60	01:13:34	+36:50	07:21
488	204	Inês Santos Ferreira	individual	Senior Feminino	01:13:39	+36:55	07:22
489	343	Rafael Neves Teixeira	individual	Senior Masculino	01:13:40	+36:56	07:22
490	706	Cláudia Soares	vai de lança	Senior Feminino	01:13:42	+36:58	07:22
491	172	Ana Lei	individual	Senior Feminino	01:13:51	+37:07	07:23
492	555	FERNANDO SILVA	individual	Veterano M60	01:13:52	+37:08	07:23
493	411	Ana Ribeiro	individual	Veterana F50	01:13:55	+37:11	07:24
494	291	João Alves	individual	Senior Masculino	01:13:56	+37:12	07:24
495	680	Anabela Machado	taylors	Veterana F40	01:13:58	+37:14	07:24
496	655	Joana Patricia Fonseca Silva	sidel	Senior Feminino	01:13:58	+37:14	07:24
497	201	Gabriela Pinhal	individual	Senior Feminino	01:14:02	+37:18	07:24
498	528	Jorge Ferreira	individual	Veterano M50	01:14:11	+37:27	07:25
499	222	Patrícia Araújo	individual	Senior Feminino	01:14:20	+37:36	07:26
500	238	André Carvalho	individual	Senior Masculino	01:14:22	+37:38	07:26
501	266	Diogo Alves	individual	Senior Masculino	01:14:24	+37:40	07:26
502	1076	Bruno Lourenço	individual	Veterano M40	01:14:26	+37:42	07:27
503	1029	Sara Felicio	individual	Senior Feminino	01:14:28	+37:44	07:27
504	202	Inês de Oliveira Paredes	individual	Senior Feminino	01:14:30	+37:46	07:27
505	383	Fátima Soares	individual	Veterana F40	01:14:31	+37:47	07:27
506	265	Diogo Alexandre Rafael morrira	individual	Senior Masculino	01:14:48	+38:04	07:29
507	634	José Moreira	salgueiros running	Veterano M40	01:14:48	+38:04	07:29
508	631	José Peres	running4fun team viseu	Veterano M50	01:14:50	+38:06	07:29
509	569	NUNO RAMOS	jabardice esmoriz vs cortegaça	Senior Masculino	01:14:58	+38:14	07:30
510	148	Andreia Monteiro	goodshape	Veterana F40	01:15:12	+38:28	07:31
511	184	Carina Novo	individual	Senior Feminino	01:15:15	+38:31	07:32
512	110	Carolina Figueiredo	elite 3700	Senior Feminino	01:15:15	+38:31	07:32
513	1111	Antonio Carlos Gomes Freitas	individual	Veterano M60	01:15:15	+38:31	07:32
514	1061	Luzia de Fátima Ferreira Dias Soares	individual	Veterana F40	01:15:21	+38:37	07:32
515	111	Catarina Vieira	elite 3700	Senior Feminino	01:15:24	+38:40	07:32
516	601	Virgínia Moreira	nightrunners feira	Veterana F60	01:15:26	+38:42	07:33
517	599	Ana Almeida	nightrunners feira	Senior Feminino	01:15:27	+38:43	07:33
518	180	BRUNA COELHO	individual	Senior Feminino	01:15:39	+38:55	07:34
519	372	Xavier Duarte	individual	Senior Masculino	01:15:40	+38:56	07:34
520	126	Ana Vinha	elite 3700	Veterana F40	01:15:43	+38:59	07:34
521	165	José Gonçalves	ímpar running team	Veterano M50	01:15:43	+38:59	07:34
522	200	Gabriela Canelas	individual	Senior Feminino	01:15:43	+39:00	07:34
523	414	Clara Zita Mesquita	individual	Veterana F50	01:15:44	+39:00	07:34
524	507	Vitor Daniel Ribeiro Pereira	individual	Veterano M40	01:15:49	+39:05	07:35
525	498	Romeu Filipe Oliveira Valente	individual	Veterano M40	01:15:52	+39:08	07:35
526	421	Graça Rodrigues	individual	Veterana F50	01:15:53	+39:09	07:35
527	193	Daniela Silva	individual	Senior Feminino	01:15:58	+39:14	07:36
528	538	Paulo Sérgio Matos Lamego	individual	Veterano M50	01:16:17	+39:33	07:38

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
529	420	Fátima Maria da Costa Maia	individual	Veterana F50	01:16:18	+39:34	07:38
530	1102	Carlos Barroso	individual	Veterano M50	01:16:35	+39:51	07:40
531	307	Joel Teixeira	individual	Senior Masculino	01:16:42	+39:58	07:40
532	162	Gisela Avelar	hmc	Veterana F40	01:16:44	+40:00	07:40
533	113	Cláudia Gomes	elite 3700	Senior Feminino	01:16:52	+40:08	07:41
534	151	DOTAN GOREN	goren	Veterano M40	01:16:54	+40:10	07:41
535	72	Maria João Filipe Rocha	câmara lisboa clube	Veterana F50	01:17:07	+40:23	07:43
536	130	ABILIO SOARES	família soares	Veterano M60	01:17:10	+40:26	07:43
537	704	Carla Nunes	vai de lança	Senior Feminino	01:17:15	+40:31	07:44
538	1064	Rita Sousa	individual	Veterana F40	01:17:18	+40:34	07:44
539	696	Carla Magalhães	trinca orelhas de gato	Veterana F50	01:17:30	+40:46	07:45
540	354	Robson Souza	individual	Senior Masculino	01:17:35	+40:51	07:46
541	132	Alexandra Graça	fénix voadoras	Veterana F50	01:17:40	+40:56	07:46
542	131	Joana Fernandes	fénix voadoras	Veterana F40	01:17:40	+40:56	07:46
543	654	Isila Madalena Correia Muro	sidel	Senior Feminino	01:17:41	+40:57	07:46
544	415	Claudia cristina S. A. Campos	individual	Veterana F50	01:17:54	+41:10	07:47
545	1105	Joaquim Pepe Roque	individual	Veterano M50	01:17:55	+41:11	07:48
546	527	João Guedes	individual	Veterano M50	01:17:59	+41:15	07:48
547	198	Fabiana Monteiro	individual	Senior Feminino	01:18:03	+41:19	07:48
548	595	Ana Diniz	miles & vibes	Senior Feminino	01:18:06	+41:22	07:49
549	118	Afonso Caracol	elite 3700	Senior Masculino	01:18:07	+41:23	07:49
550	124	Rafael Rocha	elite 3700	Senior Masculino	01:18:09	+41:25	07:49
551	417	Deolinda Canelas	individual	Veterana F50	01:18:11	+41:27	07:49
552	15	Natasha da Costa Rocha	#tudoconta	Senior Feminino	01:18:11	+41:27	07:49
553	630	Sílvia Coelho	running4fun team viseu	Veterana F50	01:18:14	+41:30	07:49
554	83	José Manuel Monteiro	cirac - circulo de recreio arte e cultura	Senior Masculino	01:18:17	+41:33	07:50
555	598	António Costa	mss grupo desportivo de gondomar	Veterano M60	01:18:23	+41:39	07:50
556	1094	Rui Pedro Neves	individual	Veterano M40	01:18:28	+41:44	07:51
557	371	Vítor Hugo Nogueira Rego	individual	Senior Masculino	01:18:43	+42:00	07:52
558	515	António Silveira	individual	Veterano M50	01:18:44	+42:00	07:52
559	392	Maria Sales	individual	Veterana F40	01:18:45	+42:01	07:53
560	429	Porcina Maria Soares Marques Oliveira	individual	Veterana F50	01:18:46	+42:02	07:53
561	135	Marta Guedes	friends will be friends	Senior Masculino	01:18:48	+42:04	07:53
562	487	Paulo Ribeiro	individual	Veterano M40	01:18:49	+42:05	07:53
563	141	Vítor silva	friends will be friends	Veterano M40	01:18:49	+42:05	07:53
564	137	Tânia Eocha	friends will be friends	Veterana F40	01:18:50	+42:06	07:53
565	139	Vasco Costa	friends will be friends	Veterano M40	01:18:50	+42:06	07:53
566	468	José Rui Branco	individual	Veterano M40	01:18:50	+42:06	07:53
567	138	Nelson Neves	friends will be friends	Veterano M40	01:18:50	+42:06	07:53
568	432	Rosa Santos	individual	Veterana F50	01:18:51	+42:07	07:53
569	692	Ana Gonçalves	the mountain goat	Veterana F50	01:18:52	+42:08	07:53
570	400	Quézia Fernandes	individual	Veterana F40	01:18:55	+42:11	07:54
571	1107	Luis Miguel Branco Cardoso	individual	Veterano M50	01:19:21	+42:37	07:56
572	685	Pedro Baldaia	team baldaia	Veterano M40	01:19:24	+42:40	07:56
573	1133	Luz Almeida	tsunamiteam/jafoste	Veterana F50	01:19:25	+42:41	07:57

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
574	361	Tiago Aguiar	individual	Senior Masculino	01:19:30	+42:46	07:57
575	1054	Tiago saramago	individual	Senior Masculino	01:19:31	+42:47	07:57
576	121	Bruno Pina	elite 3700	Senior Masculino	01:19:31	+42:47	07:57
577	430	ROSA Gonçalves	individual	Veterana F50	01:19:50	+43:06	07:59
578	1001	Carlos Fernando Marques	@corredoresderua@	Veterano M60	01:19:55	+43:11	08:00
579	206	Joana Filipa Alves de Sousa da Silva Cavaleiro	individual	Senior Feminino	01:19:58	+43:14	08:00
580	224	Raquel Vilaça	individual	Senior Feminino	01:19:59	+43:15	08:00
581	308	Jorge Fernandes	individual	Senior Masculino	01:20:08	+43:24	08:01
582	75	CONCEIÇÃO MOTA	cap-centro atletismo do porto	Veterana F60	01:20:09	+43:25	08:01
583	398	Patrícia Silva	individual	Veterana F40	01:20:11	+43:27	08:01
584	1067	Vania Amaral	individual	Veterana F40	01:20:16	+43:32	08:02
585	694	João Manuel Oliveira Maeiro	tog	Veterano M50	01:20:16	+43:32	08:02
586	1081	Gil Santos	individual	Veterano M40	01:20:20	+43:36	08:02
587	97	Juliana Gomes	dacia carby	Senior Feminino	01:20:20	+43:36	08:02
588	232	Tatiana Filipa Martins Barroco	individual	Senior Feminino	01:20:21	+43:37	08:02
589	416	Daniela Sá Costa	individual	Veterana F50	01:20:28	+43:44	08:03
590	477	Marco Carvalho	individual	Veterano M40	01:20:35	+43:51	08:04
591	425	Orquidea Gomes	individual	Veterana F50	01:20:42	+43:58	08:04
592	54	Carlota Joaquina	brandoenses running	Veterana F50	01:20:42	+43:58	08:04
593	593	Luís Matos	matos	Veterano M50	01:20:48	+44:04	08:05
594	171	Ana Catarina Brandão	individual	Senior Feminino	01:20:59	+44:16	08:06
595	479	Mário Noronha	individual	Veterano M40	01:21:04	+44:20	08:06
596	374	Catarina Costa	individual	Veterana F40	01:21:04	+44:20	08:06
597	1023	Joana Raquel Gomes Carvalho	individual	Senior Feminino	01:21:06	+44:22	08:07
598	1101	António Fernandes	individual	Veterano M50	01:21:06	+44:22	08:07
599	210	Leonilde Pereira	individual	Senior Feminino	01:21:07	+44:23	08:07
600	553	Carlos Alberto Paiva Novais	individual	Veterano M60	01:21:43	+44:59	08:10
601	1071	Marta Alves	individual	Veterana F50	01:21:43	+44:59	08:10
602	5006	MIMi Ladeira	individual	Senior Feminino	01:21:44	+45:00	08:10
603	605	Marta Rodrigues	núcleo de corrida solveverde	Veterana F40	01:21:46	+45:02	08:11
604	607	António Sá	núcleo de corrida solveverde	Veterano M40	01:21:47	+45:03	08:11
605	698	Diana Marques	trio run	Senior Feminino	01:21:58	+45:14	08:12
606	699	Susana Martins	trio run	Senior Feminino	01:21:59	+45:15	08:12
607	697	Catarina Maia	trio run	Senior Feminino	01:21:59	+45:15	08:12
608	1078	Bruno Santos	individual	Veterano M40	01:21:59	+45:15	08:12
609	326	Miguel Oliveira	individual	Senior Masculino	01:22:05	+45:21	08:13
610	199	Fátima Ferreira	individual	Senior Feminino	01:22:16	+45:32	08:14
611	157	Nuno Silva	guisande trail running	Veterano M40	01:22:20	+45:36	08:14
612	190	Cátia Henriques	individual	Senior Feminino	01:22:22	+45:38	08:14
613	203	Inês Henriques	individual	Senior Feminino	01:22:22	+45:38	08:14
614	116	Sandra Costa	elite 3700	Senior Feminino	01:22:26	+45:42	08:15
615	115	Mariana Ferreira	elite 3700	Senior Feminino	01:22:26	+45:42	08:15
616	168	Ana Beatriz Silva Mendes Couto	individual	Senior Feminino	01:22:44	+46:00	08:16
617	332	Nuno Miguel Soares Silva	individual	Senior Masculino	01:22:47	+46:03	08:17
618	1026	Mariana Ferreira	individual	Senior Feminino	01:22:47	+46:04	08:17

CORRIDA - STAGE 1

10 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
619	51	Ana Ferraz	brandoenses running	Senior Feminino	01:22:58	+46:14	08:18
620	510	António Couto	individual	Veterano M50	01:23:00	+46:16	08:18
621	213	Márcia Alves	individual	Senior Feminino	01:23:02	+46:18	08:18
622	129	SUSANA SOARES	família soares	Veterana F50	01:23:10	+46:26	08:19
623	56	Isabel Ventura	brandoenses running	Veterana F60	01:23:10	+46:26	08:19
624	611	Hermínia Oliveira	os pressinhas	Veterana F50	01:23:10	+46:26	08:19
625	1059	Cláudia Vilela	individual	Veterana F40	01:23:11	+46:27	08:19
626	1115	Luis Afonso Araujo Pina	individual	Veterano M60	01:23:11	+46:27	08:19
627	340	Pedro Santos	individual	Senior Masculino	01:23:12	+46:28	08:19
628	455	Guilherme Araújo	individual	Veterano M40	01:23:18	+46:35	08:20
629	390	Marcela Andrade	individual	Veterana F40	01:23:40	+46:56	08:22
630	1024	Joana Ribeiro	individual	Senior Feminino	01:23:46	+47:02	08:23
631	1044	José Regadas	individual	Senior Masculino	01:23:47	+47:03	08:23
632	384	Filipa Paiva	individual	Veterana F40	01:23:48	+47:04	08:23
633	652	Ana Paula Meneses Brandão	sidel	Senior Feminino	01:23:48	+47:04	08:23
634	24	Dulce Maria	a.c.d.c.d.s.m.f. laranjinhas	Veterana F60	01:24:24	+47:40	08:26
635	339	Pedro Pereira	individual	Senior Masculino	01:24:51	+48:07	08:29
636	1013	Pedro Nunes	elite 3700	Senior Masculino	01:24:59	+48:15	08:30
637	1012	Daniela Silva	elite 3700	Senior Feminino	01:25:00	+48:16	08:30
638	437	Maria Melo	individual	Veterana F60	01:25:09	+48:25	08:31
639	621	Sónia Coelho	run & fun	Veterana F40	01:25:23	+48:39	08:32
640	217	Mariana Gameiro	individual	Senior Feminino	01:25:28	+48:44	08:33
641	230	Sara Moreira	individual	Senior Feminino	01:25:30	+48:46	08:33
642	705	Catarina Paiva	vai de lanço	Senior Feminino	01:25:32	+48:48	08:33
643	235	YULIETH CAROLINA MARTINEZ FRANCO	individual	Senior Feminino	01:25:37	+48:53	08:34
644	500	Sérgio Gomes Ferreira	individual	Veterano M40	01:25:38	+48:54	08:34
645	331	Nelson Moreira	individual	Senior Masculino	01:25:40	+48:56	08:34
646	589	Carolina Silva	love is in the air	Veterana F60	01:25:56	+49:12	08:36
647	693	Marília Fernanda	tog	Veterana F50	01:25:56	+49:12	08:36
648	643	Ana Gomes	sentir escariz running	Veterana F40	01:26:23	+49:39	08:38
649	641	Daniela Santos	sentir escariz running	Senior Feminino	01:26:25	+49:41	08:39
650	642	Diogo Felizardo	sentir escariz running	Senior Masculino	01:26:26	+49:42	08:39
651	586	Alberto Almeida	lobos dá montanha	Veterano M40	01:26:28	+49:44	08:39
652	404	Sandra Melo	individual	Veterana F40	01:26:34	+49:50	08:39
653	602	Anjie Sousa	núcleo de corrida solveverde	Senior Feminino	01:26:49	+50:05	08:41
654	375	Cláudia Gonçalves	individual	Veterana F40	01:26:56	+50:12	08:42
655	436	Ana Oliveira	individual	Veterana F60	01:27:02	+50:18	08:42
656	584	Miguel Ferreira	lama na guelra	Senior Masculino	01:27:44	+51:00	08:46
657	581	Ana Coelho	lama na guelra	Senior Feminino	01:27:44	+51:00	08:46
658	583	David Duarte	lama na guelra	Senior Masculino	01:27:45	+51:01	08:47
659	1058	Catia campos	individual	Veterana F40	01:28:02	+51:18	08:48
660	441	Álvaro Pacheco	individual	Veterano M40	01:28:21	+51:37	08:50
661	182	Bruna Mourão	individual	Senior Feminino	01:28:43	+51:59	08:52
662	211	Mafalda Barbosa da silva	individual	Senior Feminino	01:28:44	+52:00	08:52
663	424	Maria José Silva Barbosa	individual	Veterana F50	01:28:44	+52:00	08:52

CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
664	501	Sérgio Marques	individual	Veterano M40	01:28:46	+52:02	08:53
665	612	Erika Darcilia	outlaw runners	Veterana F40	01:28:48	+52:04	08:53
666	614	Sterling Bolivar	outlaw runners	Veterano M40	01:28:48	+52:05	08:53
667	494	Pedro Valente	individual	Veterano M40	01:29:13	+52:29	08:55
668	166	Alexandra Quesado	individual	Senior Feminino	01:29:27	+52:43	08:57
669	401	Rosa Oliveira	individual	Veterana F40	01:29:27	+52:43	08:57
670	632	Isabel Santos	s s s team	Veterana F50	01:29:51	+53:07	08:59
671	633	Artur Rodrigues	s s s team	Veterano M50	01:29:51	+53:07	08:59
672	21	Ivete Santos	a.c.d.c.d.s.m.f. laranjinhas	Veterana F40	01:30:12	+53:28	09:01
673	606	Yasmin Jaramillo	núcleo de corrida solveverde	Veterana F40	01:30:28	+53:44	09:03
674	216	Mariana Faria	individual	Senior Feminino	01:32:04	+55:20	09:12
675	17	Elisabete Serralve	#tudoconta	Veterana F40	01:32:13	+55:29	09:13
676	107	Fábio Magalhães	dilhães team	Senior Masculino	01:32:21	+55:37	09:14
677	106	Gabriela Dias	dilhães team	Senior Feminino	01:32:22	+55:38	09:14
678	52	Micaela Pires	brandoenses running	Veterana F40	01:32:43	+55:59	09:16
679	160	Andreia Oliveira	happy's	Veterana F40	01:32:54	+56:10	09:17
680	561	Jose Novo	individual	Veterano M60	01:32:57	+56:13	09:18
681	438	Maria Novo	individual	Veterana F60	01:32:57	+56:13	09:18
682	419	Emília Teixeira	individual	Veterana F50	01:33:09	+56:25	09:19
683	1018	Amanda Oliveira	individual	Senior Feminino	01:33:23	+56:39	09:20
684	176	Ana Tavares	individual	Senior Feminino	01:33:32	+56:48	09:21
685	233	Vanessa Almeida	individual	Senior Feminino	01:34:20	+57:37	09:26
686	208	Joana Silva	individual	Senior Feminino	01:34:21	+57:37	09:26
687	5000	Carla Pedrosa	individual	Veterana F50	01:34:22	+57:38	09:26
688	1138	Vasco Silva	viriathvs runners viseu	Veterano M50	01:34:34	+57:50	09:27
689	1136	Isabel Melo	viriathvs runners viseu	Veterana F50	01:34:35	+57:51	09:28
690	1135	Irene Melo	viriathvs runners viseu	Veterana F50	01:34:35	+57:51	09:28
691	1137	José Faro	viriathvs runners viseu	Veterano M50	01:34:36	+57:52	09:28
692	708	Estrela Faro	viriathvs runners viseu	Veterana F50	01:34:36	+57:52	09:28
693	145	Manuel Vieira	g.d.s.&v.	Veterano M60	01:35:03	+58:19	09:30
694	77	Orlando Oliveira	caracóis do asfalto	Veterano M60	01:35:22	+58:38	09:32
695	558	João Luís Frade Cajeira	individual	Veterano M60	01:35:38	+58:54	09:34
696	175	Ana Rocha	individual	Senior Feminino	01:35:41	+58:57	09:34
697	318	Luís Rodrigues	individual	Senior Masculino	01:35:43	+58:59	09:34
698	653	Carolina Oliveira Rodrigues	sidel	Senior Feminino	01:35:48	+59:04	09:35
699	651	Ana Catarina Costa Santos	sidel	Senior Feminino	01:35:49	+59:05	09:35
700	656	Maria Inês Moreira Brandão	sidel	Senior Feminino	01:35:49	+59:05	09:35
701	582	Vanessa Leite	lama na guelra	Senior Feminino	01:35:54	+59:10	09:35
702	1025	Mafalda Moreira	individual	Senior Feminino	01:35:56	+59:12	09:36
703	1118	Joaquim Castro	love is in the air	Veterano M60	01:35:58	+59:15	09:36
704	434	Teresa Bessa	individual	Veterana F50	01:35:58	+59:15	09:36
705	1126	Daniela Morgado	pouco ritmo, muita espuma	Senior Feminino	01:36:26	+59:42	09:39
706	495	Ricardo Almeida	individual	Veterano M40	01:37:36	+01:00:52	09:46
707	273	Emanuel Mendes Pereira	individual	Senior Masculino	01:38:21	+01:01:37	09:50
708	174	Ana Rita Justino	individual	Senior Feminino	01:38:21	+01:01:37	09:50

CORRIDA - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
709	183	Bruna Salomé da Costa Moreira	individual	Senior Feminino	01:38:21	+01:01:37	09:50
710	94	Glória Moraes	clube trilheiros e amigos	Veterana F50	01:40:20	+01:03:36	10:02
711	423	Isabel Ribeiro	individual	Veterana F50	01:40:38	+01:03:54	10:04
712	427	Paula Martins	individual	Veterana F50	01:42:10	+01:05:26	10:13
713	520	Dinis Martins	individual	Veterano M50	01:42:11	+01:05:27	10:13
714	1052	Thiago Magalhães	individual	Senior Masculino	01:42:35	+01:05:51	10:16
715	1045	Luciano Ribeiro	individual	Senior Masculino	01:43:40	+01:06:56	10:22
716	1022	Jéssica castro	individual	Senior Feminino	01:43:40	+01:06:56	10:22
717	597	Miguel Pinto	miles & vibes	Senior Masculino	01:43:52	+01:07:08	10:23
718	596	Inês Marinho	miles & vibes	Senior Feminino	01:43:55	+01:07:11	10:24
719	226	Rosa Frade	individual	Senior Feminino	01:44:19	+01:07:35	10:26
720	189	Cátia Cardoso	individual	Senior Feminino	01:44:19	+01:07:35	10:26
721	592	Fernanda Matos	matos	Veterana F50	01:44:44	+01:08:00	10:28
722	389	Lenilda Lourenço	individual	Veterana F40	01:44:44	+01:08:00	10:28
723	433	Sandra Cepeda	individual	Veterana F50	01:45:04	+01:08:20	10:30
724	1027	Mariana Silva	individual	Senior Feminino	01:45:05	+01:08:21	10:31
725	380	Emi Moreira	individual	Veterana F40	01:45:08	+01:08:24	10:31
726	391	Maria Graça	individual	Veterana F40	01:45:08	+01:08:24	10:31
727	19	Cláudia Cristina Vieira da Silva	#tudoconta	Veterana F50	01:52:31	+01:15:47	11:15

Corrida

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	9.2°C	100%
End	11:52	13.4°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	87	Vera Rodrigues	Clube Desportivo Feirense	Senior Feminino	45:19	+08:35	04:32
2	2	ANA ALBUQUERQUE	CASA DO POVO DE MANGUALDE	Senior Feminino	46:27	+09:43	04:39
3	169	Ana Catarina	Individual	Senior Feminino	49:44	+13:00	04:58
4	86	Vera Ferreira	Clube Desportivo Feirense	Senior Feminino	54:41	+17:57	05:28
5	194	Daria Yeremenko	Individual	Senior Feminino	56:35	+19:51	05:40
6	195	Débora Correia	Individual	Senior Feminino	58:58	+22:14	05:54
7	173	Ana Paula Pereira Rocha	Individual	Senior Feminino	58:58	+22:14	05:54
8	40	Mária Calmeiro	Arrifana Running	Senior Feminino	59:43	+22:59	05:58
9	112	Catía Costa	Elite 3700	Senior Feminino	01:00:08	+23:24	06:01
10	108	Ana Aleixo	Elite 3700	Senior Feminino	01:00:13	+23:29	06:01
11	209	Juliana Lopes	Individual	Senior Feminino	01:00:30	+23:46	06:03
12	179	Beatriz Reis Cardoso	Individual	Senior Feminino	01:00:46	+24:02	06:05
13	223	Rafaela Melo	Individual	Senior Feminino	01:01:32	+24:48	06:09
14	229	Sara Batista	Individual	Senior Feminino	01:01:45	+25:01	06:11
15	192	Claudia silva	Individual	Senior Feminino	01:01:48	+25:04	06:11
16	225	Rita Mendes	Individual	Senior Feminino	01:01:48	+25:04	06:11
17	114	Fabiana Pereira	Elite 3700	Senior Feminino	01:02:17	+25:33	06:14
18	228	Rute Ferreira	Individual	Senior Feminino	01:02:30	+25:46	06:15
19	188	Catarina Silva	Individual	Senior Feminino	01:02:57	+26:13	06:18
20	117	Sara Baptista	Elite 3700	Senior Feminino	01:03:00	+26:16	06:18
21	191	Cintiane Santana	Individual	Senior Feminino	01:03:15	+26:31	06:20
22	212	Manuela Novais	Individual	Senior Feminino	01:03:16	+26:32	06:20
23	187	Catarina Ramos Souto	Individual	Senior Feminino	01:03:36	+26:52	06:22
24	576	Catarina Pereira	JUF ACC	Senior Feminino	01:04:06	+27:22	06:25
25	594	SANDRA ALMEIDA	MC	Senior Feminino	01:04:13	+27:29	06:25
26	167	Alexandra Ramos	Individual	Senior Feminino	01:04:48	+28:04	06:29
27	227	Rose Ramos	Individual	Senior Feminino	01:04:56	+28:12	06:30
28	702	Luciana Gabrielly dos anjos de Jesus	Univida	Senior Feminino	01:05:57	+29:13	06:36
29	231	Silvia silva	Individual	Senior Feminino	01:06:39	+29:55	06:40
30	48	Elisabete Silva	ARTEFITA	Senior Feminino	01:07:08	+30:24	06:43
31	197	Eduarda Martins	Individual	Senior Feminino	01:07:13	+30:29	06:43
32	1019	Anglori Domingos de Matos	Individual	Senior Feminino	01:08:36	+31:52	06:52
33	215	Mariana Almeida	Individual	Senior Feminino	01:09:45	+33:01	06:59
34	1006	Jacqueline Botelho	Botelhocas running	Senior Feminino	01:09:56	+33:12	07:00
35	178	Beatriz Antunes Santos	Individual	Senior Feminino	01:10:33	+33:50	07:03
36	234	Vera Almeida	Individual	Senior Feminino	01:10:37	+33:53	07:04
37	218	Mariana Lourenço	Individual	Senior Feminino	01:11:09	+34:25	07:07
38	1021	Daniela Ferreira	Individual	Senior Feminino	01:11:33	+34:49	07:09
39	41	Marta Oliveira	Arrifana Running	Senior Feminino	01:11:48	+35:04	07:11

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Corrida

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

40	196	Edna Torrinha	Individual	Senior Feminino	01:11:55	+35:12	07:12
41	616	Mafalda Isabel Silva	Par de flechas	Senior Feminino	01:12:46	+36:02	07:17
42	1028	Monique Silva maia	Individual	Senior Feminino	01:13:10	+36:26	07:19
43	204	Inês Santos Ferreira	Individual	Senior Feminino	01:13:39	+36:55	07:22
44	706	Cláudia Soares	Vai de Lanço	Senior Feminino	01:13:42	+36:58	07:22
45	172	Ana Lei	Individual	Senior Feminino	01:13:51	+37:07	07:23
46	655	Joana Patricia Fonseca Silva	SIDEL	Senior Feminino	01:13:58	+37:14	07:24
47	201	Gabriela Pinhal	Individual	Senior Feminino	01:14:02	+37:18	07:24
48	222	Patrícia Araújo	Individual	Senior Feminino	01:14:20	+37:36	07:26
49	1029	Sara Felicio	Individual	Senior Feminino	01:14:28	+37:44	07:27
50	202	Inês de Oliveira Paredes	Individual	Senior Feminino	01:14:30	+37:46	07:27
51	184	Carina Novo	Individual	Senior Feminino	01:15:15	+38:31	07:32
52	110	Carolina Figueiredo	Elite 3700	Senior Feminino	01:15:15	+38:31	07:32
53	111	Catarina Vieira	Elite 3700	Senior Feminino	01:15:24	+38:40	07:32
54	599	Ana Almeida	NightRunners Feira	Senior Feminino	01:15:27	+38:43	07:33
55	180	BRUNA COELHO	Individual	Senior Feminino	01:15:39	+38:55	07:34
56	200	Gabriela Canelas	Individual	Senior Feminino	01:15:43	+39:00	07:34
57	193	Daniela Silva	Individual	Senior Feminino	01:15:58	+39:14	07:36
58	113	Cláudia Gomes	Elite 3700	Senior Feminino	01:16:52	+40:08	07:41
59	704	Carla Nunes	Vai de Lanço	Senior Feminino	01:17:15	+40:31	07:44
60	654	Isila Madalena Correia Muro	SIDEL	Senior Feminino	01:17:41	+40:57	07:46
61	198	Fabiana Monteiro	Individual	Senior Feminino	01:18:03	+41:19	07:48
62	595	Ana Diniz	Miles & Vibes	Senior Feminino	01:18:06	+41:22	07:49
63	15	Natasha da Costa Rocha	#Tudoconta	Senior Feminino	01:18:11	+41:27	07:49
64	206	Joana Filipa Alves de Sousa da Silva Cavaleiro	Individual	Senior Feminino	01:19:58	+43:14	08:00
65	224	Raquel Vilaça	Individual	Senior Feminino	01:19:59	+43:15	08:00
66	97	Juliana Gomes	DACIA CARBY	Senior Feminino	01:20:20	+43:36	08:02
67	232	Tatiana Filipa Martins Barroco	Individual	Senior Feminino	01:20:21	+43:37	08:02
68	171	Ana Catarina Brandão	Individual	Senior Feminino	01:20:59	+44:16	08:06
69	1023	Joana Raquel Gomes Carvalho	Individual	Senior Feminino	01:21:06	+44:22	08:07
70	210	Leonilde Pereira	Individual	Senior Feminino	01:21:07	+44:23	08:07
71	5006	MiMi Ladeira	Individual	Senior Feminino	01:21:44	+45:00	08:10
72	698	Diana Marques	Trio Run	Senior Feminino	01:21:58	+45:14	08:12
73	699	Susana Martins	Trio Run	Senior Feminino	01:21:59	+45:15	08:12
74	697	Catarina Maia	Trio Run	Senior Feminino	01:21:59	+45:15	08:12
75	199	Fátima Ferreira	Individual	Senior Feminino	01:22:16	+45:32	08:14
76	190	Cátia Henriques	Individual	Senior Feminino	01:22:22	+45:38	08:14
77	203	Inês Henriques	Individual	Senior Feminino	01:22:22	+45:38	08:14
78	116	Sandra Costa	Elite 3700	Senior Feminino	01:22:26	+45:42	08:15
79	115	Mariana Ferreira	Elite 3700	Senior Feminino	01:22:26	+45:42	08:15
80	168	Ana Beatriz Silva Mendes Couto	Individual	Senior Feminino	01:22:44	+46:00	08:16
81	1026	Mariana Ferreira	Individual	Senior Feminino	01:22:47	+46:04	08:17
82	51	Ana Ferraz	Brandoenses Running	Senior Feminino	01:22:58	+46:14	08:18
83	213	Márcia Alves	Individual	Senior Feminino	01:23:02	+46:18	08:18
84	1024	Joana Ribeiro	Individual	Senior Feminino	01:23:46	+47:02	08:23
85	652	Ana Paula Meneses Brandão	SIDEL	Senior Feminino	01:23:48	+47:04	08:23

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Corrida

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

86	1012	Daniela Silva	Elite 3700	Senior Feminino	01:25:00	+48:16	08:30
87	217	Mariana Gameiro	Individual	Senior Feminino	01:25:28	+48:44	08:33
88	230	Sara Moreira	Individual	Senior Feminino	01:25:30	+48:46	08:33
89	705	Catarina Paiva	Vai de Lanço	Senior Feminino	01:25:32	+48:48	08:33
90	235	YULIETH CAROLINA MARTINEZ FRANCO	Individual	Senior Feminino	01:25:37	+48:53	08:34
91	641	Daniela Santos	Sentir Escariz Running	Senior Feminino	01:26:25	+49:41	08:39
92	602	Anjie Sousa	Núcleo de Corrida Solverde	Senior Feminino	01:26:49	+50:05	08:41
93	581	Ana Coelho	Lama na Guelra	Senior Feminino	01:27:44	+51:00	08:46
94	182	Bruna Mourão	Individual	Senior Feminino	01:28:43	+51:59	08:52
95	211	Mafalda Barbosa da silva	Individual	Senior Feminino	01:28:44	+52:00	08:52
96	166	Alexandra Quesado	Individual	Senior Feminino	01:29:27	+52:43	08:57
97	216	Mariana Faria	Individual	Senior Feminino	01:32:04	+55:20	09:12
98	106	Gabriela Dias	Dilhães Team	Senior Feminino	01:32:22	+55:38	09:14
99	1018	Amanda Oliveira	Individual	Senior Feminino	01:33:23	+56:39	09:20
100	176	Ana Tavares	Individual	Senior Feminino	01:33:32	+56:48	09:21
101	233	Vanessa Almeida	Individual	Senior Feminino	01:34:20	+57:37	09:26
102	208	Joana Silva	Individual	Senior Feminino	01:34:21	+57:37	09:26
103	175	Ana Rocha	Individual	Senior Feminino	01:35:41	+58:57	09:34
104	653	Carolina Oliveira Rodrigues	SIDEL	Senior Feminino	01:35:48	+59:04	09:35
105	651	Ana Catarina Costa Santos	SIDEL	Senior Feminino	01:35:49	+59:05	09:35
106	656	Maria Inês Moreira Brandão	SIDEL	Senior Feminino	01:35:49	+59:05	09:35
107	582	Vanessa Leite	Lama na Guelra	Senior Feminino	01:35:54	+59:10	09:35
108	1025	Mafalda Moreira	Individual	Senior Feminino	01:35:56	+59:12	09:36
109	1126	Daniela Morgado	Pouco Ritmo, Muita Espuma	Senior Feminino	01:36:26	+59:42	09:39
110	174	Ana Rita Justino	Individual	Senior Feminino	01:38:21	+01:01:37	09:50
111	183	Bruna Salomé da Costa Moreira	Individual	Senior Feminino	01:38:21	+01:01:37	09:50
112	1022	Jéssica castro	Individual	Senior Feminino	01:43:40	+01:06:56	10:22
113	596	Inês Marinho	Miles & Vibes	Senior Feminino	01:43:55	+01:07:11	10:24
114	226	Rosa Frade	Individual	Senior Feminino	01:44:19	+01:07:35	10:26
115	189	Cátia Cardoso	Individual	Senior Feminino	01:44:19	+01:07:35	10:26
116	1027	Mariana Silva	Individual	Senior Feminino	01:45:05	+01:08:21	10:31

Senior Masculino

1	1	CRISTIANO PEREIRA	CASA DO POVO DE MANGUALDE	Senior Masculino	36:43	03:40
2	10	Fabio Correia	Sporting Clube de Espinho	Senior Masculino	37:45	+01:01 03:47
3	5	João Sousa	Individual	Senior Masculino	38:45	+02:01 03:53
4	88	João Amaro	Clube Desportivo Feirense	Senior Masculino	39:46	+03:02 03:59
5	303	João Valente	Individual	Senior Masculino	41:52	+05:08 04:11
6	636	Pedro Filipe Soares Pinto	Santiago de Subarrifana	Senior Masculino	41:55	+05:11 04:12
7	66	Bruno Vidinha	Caldas de São Jorge Sport Clube	Senior Masculino	43:31	+06:47 04:21
8	282	Flavio Cunha	Individual	Senior Masculino	43:45	+07:01 04:23
9	637	João Pedro Salgueiro	SC Salgueiros	Senior Masculino	43:56	+07:12 04:24
10	299	João Pinho	Individual	Senior Masculino	44:16	+07:32 04:26
11	122	Diogo Rouxinol	Elite 3700	Senior Masculino	44:20	+07:37 04:26

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Corrida

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

12	600	Fábio Almeida	NightRunners Feira	Senior Masculino	44:51	+08:07	04:29
13	348	Ricardo Guedes	Individual	Senior Masculino	45:00	+08:16	04:30
14	362	Tiago Costa	Individual	Senior Masculino	45:10	+08:26	04:31
15	306	Joel Ramos	Individual	Senior Masculino	45:18	+08:34	04:32
16	328	Miguel Tavares	Individual	Senior Masculino	45:22	+08:38	04:32
17	313	José Silva	Minho e Lima Trail	Senior Masculino	45:44	+09:00	04:34
18	355	Rúben Robalinho	Individual	Senior Masculino	45:53	+09:09	04:35
19	298	João Penas	Individual	Senior Masculino	46:03	+09:19	04:36
20	1037	Daniel da Costa Calvão	Individual	Senior Masculino	46:26	+09:42	04:39
21	367	Tiago Pereira	Individual	Senior Masculino	46:29	+09:45	04:39
22	687	Tiago Neto	Ten Team	Senior Masculino	46:34	+09:50	04:39
23	669	André Teixeira	SPOT	Senior Masculino	46:34	+09:50	04:39
24	1040	Filipe Coelho	Individual	Senior Masculino	46:36	+09:52	04:40
25	302	Joao Tavares	Individual	Senior Masculino	46:43	+09:59	04:40
26	315	Junior Alcantara	Individual	Senior Masculino	47:14	+10:30	04:43
27	270	Duarte Correia	Individual	Senior Masculino	47:43	+10:59	04:46
28	276	Fabio Marques	Individual	Senior Masculino	47:56	+11:12	04:48
29	1039	Fábio Quintas	Individual	Senior Masculino	47:58	+11:14	04:48
30	311	Jose Pablo Hernandez Valenciano	Individual	Senior Masculino	48:00	+11:16	04:48
31	316	Leonardo Oliveira	Individual	Senior Masculino	48:20	+11:36	04:50
32	591	Luís Silva	Lusitania de Lourosa FC- Secção de Atletismo	Senior Masculino	48:33	+11:49	04:51
33	304	Joaquim Gomes	Individual	Senior Masculino	48:45	+12:01	04:53
34	351	Ricardo Pacheco	Individual	Senior Masculino	48:59	+12:15	04:54
35	336	Paulo Resende	Individual	Senior Masculino	49:10	+12:26	04:55
36	320	MARCOS HENRIQUE DE OLIVEIRA	Individual	Senior Masculino	49:12	+12:28	04:55
37	1038	Diogo da Mota	Individual	Senior Masculino	49:36	+12:52	04:58
38	280	Fernando Resende	Individual	Senior Masculino	50:06	+13:22	05:01
39	363	Tiago Costa	Individual	Senior Masculino	50:06	+13:22	05:01
40	300	João Rilho	Individual	Senior Masculino	50:15	+13:31	05:02
41	262	David Matos	Individual	Senior Masculino	50:19	+13:35	05:02
42	263	Davide Afonso	Individual	Senior Masculino	50:26	+13:42	05:03
43	150	Maayan Goren	Goren	Senior Masculino	51:07	+14:23	05:07
44	670	António Familiar	SPOT	Senior Masculino	51:07	+14:23	05:07
45	312	José Rafael Freitas	Individual	Senior Masculino	51:13	+14:29	05:07
46	330	Myke santos	Individual	Senior Masculino	51:26	+14:42	05:09
47	256	Charles Hazeel	Individual	Senior Masculino	51:42	+14:58	05:10
48	257	Charles Hazeel	Individual	Senior Masculino	51:42	+14:58	05:10
49	353	Roberto Nunes Garcia	Individual	Senior Masculino	51:47	+15:03	05:11
50	334	Paulo Bruno de Pinho Rebelo	Individual	Senior Masculino	51:48	+15:04	05:11
51	695	Pedro Guimarães	Trail Snakes Team	Senior Masculino	51:49	+15:06	05:11
52	49	Tiago Silva	ARTEFITA	Senior Masculino	51:58	+15:14	05:12
53	368	Tiago Peres	Individual	Senior Masculino	52:05	+15:22	05:13
54	243	António Coentrão	Individual	Senior Masculino	52:14	+15:30	05:13
55	369	Tomás Pereira	Individual	Senior Masculino	52:27	+15:43	05:15
56	239	André Pato	Individual	Senior Masculino	52:41	+15:57	05:16
57	359	Sandro Ribeiro	Individual	Senior Masculino	52:43	+15:59	05:16

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Corrida

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OFFICIAL RESULT

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58	1032	André Silva	Individual	Senior Masculino	52:59	+16:16	05:18
59	604	Nuno Marinho	Núcleo de Corrida Solverde	Senior Masculino	53:22	+16:38	05:20
60	673	Luís Campos	SPOT	Senior Masculino	53:26	+16:42	05:21
61	1003	Rodrigo Carlos	ACR Seixo	Senior Masculino	53:30	+16:46	05:21
62	294	João De Jesus Pereira	Individual	Senior Masculino	53:33	+16:49	05:21
63	665	Cláudio Ferreira	SOBIdexe	Senior Masculino	53:33	+16:49	05:21
64	259	Daniel Oliveira Silva	Individual	Senior Masculino	53:35	+16:51	05:22
65	677	Telmo Lopes	SPOT	Senior Masculino	53:57	+17:13	05:24
66	251	Carlos Marques	Individual	Senior Masculino	54:00	+17:16	05:24
67	67	Christofer Santos	Caldas de São Jorge Sport Clube	Senior Masculino	54:01	+17:17	05:24
68	288	Hugo Neves	Individual	Senior Masculino	54:11	+17:27	05:25
69	146	Carlos Monteiro	Gemba Running	Senior Masculino	54:22	+17:38	05:26
70	323	Micael Rocha	Individual	Senior Masculino	54:22	+17:39	05:26
71	310	José Carlos Roque Vitorino dos Santos	Individual	Senior Masculino	54:27	+17:43	05:27
72	1049	Noé Gomes	Individual	Senior Masculino	54:30	+17:46	05:27
73	255	César Pereira	Individual	Senior Masculino	54:30	+17:46	05:27
74	638	Fernando Matos	Sem treinos	Senior Masculino	54:31	+17:47	05:27
75	290	Humberto Garcia	Individual	Senior Masculino	54:31	+17:48	05:27
76	358	Rui Pedro Marques Saraiva	Individual	Senior Masculino	54:34	+17:50	05:27
77	289	Hugo Silva	Individual	Senior Masculino	54:51	+18:07	05:29
78	338	Pedro Oliveira	Individual	Senior Masculino	54:59	+18:15	05:30
79	1047	Luís Monteiro	Individual	Senior Masculino	55:19	+18:35	05:32
80	344	Rafael Odreman	Individual	Senior Masculino	55:27	+18:43	05:33
81	1120	João Costa	Os sem fôlego	Senior Masculino	55:43	+18:59	05:34
82	1041	Henrique L. Sousa	Individual	Senior Masculino	55:52	+19:08	05:35
83	1122	Simão Valente	Os sem fôlego	Senior Masculino	55:55	+19:11	05:36
84	296	João Grilo	Individual	Senior Masculino	56:40	+19:56	05:40
85	319	Marcelo Martins Barbosa	Individual	Senior Masculino	56:43	+19:59	05:40
86	327	Miguel Rocha	Individual	Senior Masculino	56:52	+20:08	05:41
87	1057	Yann Manuel da Silva Lopes	Individual	Senior Masculino	56:53	+20:09	05:41
88	1055	Tomas Soares	Individual	Senior Masculino	57:10	+20:26	05:43
89	247	Bruno Marques Carvalho	Individual	Senior Masculino	57:12	+20:28	05:43
90	253	Carlos Simões	Individual	Senior Masculino	57:27	+20:43	05:45
91	272	Eduardo de Melo Rocha	Individual	Senior Masculino	57:32	+20:48	05:45
92	269	Diogo Oliveira	Individual	Senior Masculino	57:58	+21:14	05:48
93	333	Nuno Pinto	Individual	Senior Masculino	57:59	+21:15	05:48
94	366	Tiago Lopes	Individual	Senior Masculino	58:01	+21:17	05:48
95	119	Alexandre Pinto	Elite 3700	Senior Masculino	58:03	+21:19	05:48
96	1121	José Andrade	Os sem fôlego	Senior Masculino	58:07	+21:23	05:49
97	123	Gabriel Freitas	Elite 3700	Senior Masculino	58:08	+21:24	05:49
98	639	Pedro Matos	Sem treinos	Senior Masculino	58:09	+21:26	05:49
99	249	Bruno Peixoto	Individual	Senior Masculino	58:10	+21:27	05:49
100	287	Henrique Mendes	Individual	Senior Masculino	58:16	+21:32	05:50
101	277	Fabio Santos	Individual	Senior Masculino	58:25	+21:41	05:51
102	350	Ricardo Miguel Gomes Prata	Individual	Senior Masculino	58:30	+21:46	05:51
103	658	Carlos Manuel Almeida Magalhães	SIDEL	Senior Masculino	58:43	+21:59	05:52

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Corrida

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OFFICIAL RESULT

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104	360	Stefano Moreira Fonseca	Individual	Senior Masculino	58:45	+22:01	05:53
105	246	Bruno Costa	Individual	Senior Masculino	59:04	+22:20	05:54
106	329	Moises Pinto	Individual	Senior Masculino	59:06	+22:22	05:55
107	1053	Tiago Sá	Individual	Senior Masculino	59:07	+22:23	05:55
108	578	Tiago Sousa	JUF ACC	Senior Masculino	59:34	+22:50	05:57
109	120	Ângelo Rodrigues	Elite 3700	Senior Masculino	59:41	+22:57	05:58
110	341	Pedro Soares	Individual	Senior Masculino	59:45	+23:01	05:59
111	254	CÉSAR DUARTE	Individual	Senior Masculino	59:49	+23:05	05:59
112	1033	Bruno Mota	Individual	Senior Masculino	59:51	+23:07	05:59
113	314	Júlio Vital	Individual	Senior Masculino	01:00:16	+23:32	06:02
114	1051	Ricardo Reis Marques Silva	Individual	Senior Masculino	01:00:30	+23:46	06:03
115	571	SERGIO VIEIRA	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:00:30	+23:46	06:03
116	566	DIOGO SÁ	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:00:30	+23:46	06:03
117	1056	Vitor Miguel	Individual	Senior Masculino	01:00:43	+23:59	06:04
118	364	Tiago Cunha	Individual	Senior Masculino	01:01:01	+24:17	06:06
119	1050	Pedro Ricardo Pereira Tavares	Individual	Senior Masculino	01:01:01	+24:17	06:06
120	236	Alberto Alves	Individual	Senior Masculino	01:01:03	+24:19	06:06
121	676	Miguel Alves	SPOT	Senior Masculino	01:01:19	+24:35	06:08
122	1034	Carlos Pereira	Individual	Senior Masculino	01:01:23	+24:39	06:08
123	252	Carlos rocha	Individual	Senior Masculino	01:01:32	+24:48	06:09
124	301	João Rocha	Individual	Senior Masculino	01:01:32	+24:48	06:09
125	279	Fernando Ferreira	Individual	Senior Masculino	01:01:33	+24:49	06:09
126	349	Ricardo Manuel Sousa Bastos	Individual	Senior Masculino	01:01:36	+24:52	06:10
127	568	JOÃO GOMES	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:01:37	+24:53	06:10
128	337	Pedro Humberto da Costa e Sousa	Individual	Senior Masculino	01:01:43	+24:59	06:10
129	241	André Tavares	Individual	Senior Masculino	01:01:46	+25:02	06:11
130	347	Ricardo Almeida	Individual	Senior Masculino	01:02:05	+25:21	06:13
131	1035	Cassiano Brites Batista	Individual	Senior Masculino	01:02:06	+25:22	06:13
132	268	Diogo moreira	Individual	Senior Masculino	01:02:10	+25:26	06:13
133	1127	André Areosa	Pouco Ritmo, Muita Espuma	Senior Masculino	01:02:11	+25:27	06:13
134	271	Duarte Ribeiro	Individual	Senior Masculino	01:02:20	+25:36	06:14
135	278	FABRICIO SILVA BAIA	Individual	Senior Masculino	01:02:47	+26:03	06:17
136	345	Rafael Santos	Individual	Senior Masculino	01:02:57	+26:13	06:18
137	1046	Luís Carlos Pereira Pinto	Individual	Senior Masculino	01:03:03	+26:19	06:18
138	1030	Alberto Ferreira	Individual	Senior Masculino	01:03:44	+27:01	06:22
139	244	António Francisco Rodrigues Cachapuz	Individual	Senior Masculino	01:03:48	+27:05	06:23
140	577	João Oliveira	JUF ACC	Senior Masculino	01:04:06	+27:22	06:25
141	572	TIAGO CAMBOA	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:04:22	+27:38	06:26
142	281	Filipe Lacerda	Individual	Senior Masculino	01:04:35	+27:51	06:28
143	570	RAFAEL SILVA	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:04:42	+27:58	06:28
144	283	Gabriel Mnedes	Individual	Senior Masculino	01:04:56	+28:12	06:30
145	305	Joel Eurresta	Individual	Senior Masculino	01:05:03	+28:19	06:30
146	292	Joao Correia	Individual	Senior Masculino	01:05:07	+28:23	06:31

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Corrida

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147	674	Luís Henriques	SPOT	Senior Masculino	01:05:21	+28:37	06:32
148	335	Paulo Gonçalves	Individual	Senior Masculino	01:05:22	+28:39	06:32
149	258	Cláudio Gomes	Individual	Senior Masculino	01:05:43	+28:59	06:34
150	100	Helder Da Silva Ferreira	DACIA CARBY	Senior Masculino	01:05:44	+29:00	06:34
151	1036	Cláudio Santos	Individual	Senior Masculino	01:06:02	+29:18	06:36
152	565	DANIEL MAIA	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:06:15	+29:31	06:38
153	573	TIAGO FARDILHA	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:06:16	+29:32	06:38
154	261	David Gunzel	Individual	Senior Masculino	01:06:24	+29:40	06:38
155	295	João Faria	Individual	Senior Masculino	01:06:24	+29:40	06:38
156	1048	Marco Teixeira	Individual	Senior Masculino	01:06:50	+30:06	06:41
157	286	Gustavo Ribeiro	Individual	Senior Masculino	01:06:52	+30:08	06:41
158	285	Gustavo Marques	Individual	Senior Masculino	01:06:54	+30:10	06:41
159	346	Renato Jesus	Individual	Senior Masculino	01:06:55	+30:11	06:42
160	317	Luis Gonzalez	Individual	Senior Masculino	01:07:02	+30:18	06:42
161	80	Nélson Tavares	Centro de Marcha e Corrida Vale De Cambra	Senior Masculino	01:07:18	+30:34	06:44
162	603	Kevin Silva	Núcleo de Corrida Solverde	Senior Masculino	01:07:22	+30:38	06:44
163	365	Tiago Gomes Leal	Individual	Senior Masculino	01:07:38	+30:54	06:46
164	373	Xavier Matos	Individual	Senior Masculino	01:07:39	+30:55	06:46
165	275	Fábio Jesus	Individual	Senior Masculino	01:08:47	+32:03	06:53
166	264	Diego A R Robles	Individual	Senior Masculino	01:09:22	+32:38	06:56
167	356	Rúben Santos	Individual	Senior Masculino	01:09:45	+33:01	06:59
168	245	Bruno Camarinha	Individual	Senior Masculino	01:10:04	+33:20	07:00
169	352	Ricardo Santos	Individual	Senior Masculino	01:10:34	+33:50	07:03
170	321	Marllon Sales de faria	Individual	Senior Masculino	01:10:46	+34:02	07:05
171	248	Bruno Miguel Neves Teixeira	Individual	Senior Masculino	01:10:48	+34:04	07:05
172	370	Vitor Hugo Madureira das Neves	Individual	Senior Masculino	01:10:49	+34:05	07:05
173	657	Armando André Neves da Volta	SIDEL	Senior Masculino	01:10:54	+34:10	07:05
174	1116	Marco Santos	Ladeia Running Team	Senior Masculino	01:10:54	+34:10	07:05
175	659	Gustavo Emanuel Barbosa Teixeira	SIDEL	Senior Masculino	01:11:15	+34:31	07:08
176	1043	José Pinto	Individual	Senior Masculino	01:11:18	+34:34	07:08
177	325	Miguel Frias Coutinho	Individual	Senior Masculino	01:11:21	+34:37	07:08
178	309	Jorge Martins	Individual	Senior Masculino	01:11:31	+34:47	07:09
179	240	André Tavares	Individual	Senior Masculino	01:12:09	+35:25	07:13
180	1042	João Almeida	Individual	Senior Masculino	01:12:52	+36:08	07:17
181	293	João Costa	Individual	Senior Masculino	01:13:26	+36:42	07:21
182	343	Rafael Neves Teixeira	Individual	Senior Masculino	01:13:40	+36:56	07:22
183	291	João Alves	Individual	Senior Masculino	01:13:56	+37:12	07:24
184	238	André Carvalho	Individual	Senior Masculino	01:14:22	+37:38	07:26
185	266	Diogo Alves	Individual	Senior Masculino	01:14:24	+37:40	07:26
186	265	Diogo Alexandre Rafael morrira	Individual	Senior Masculino	01:14:48	+38:04	07:29
187	569	NUNO RAMOS	JABARDICE ESMORIZ vs CORTEGAÇA	Senior Masculino	01:14:58	+38:14	07:30
188	372	Xavier Duarte	Individual	Senior Masculino	01:15:40	+38:56	07:34
189	307	Joel Teixeira	Individual	Senior Masculino	01:16:42	+39:58	07:40
190	354	Robson Souza	Individual	Senior Masculino	01:17:35	+40:51	07:46

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191	118	Afonso Caracol	Elite 3700	Senior Masculino	01:18:07	+41:23	07:49
192	124	Rafael Rocha	Elite 3700	Senior Masculino	01:18:09	+41:25	07:49
193	83	José Manuel Monteiro	Cirac - Circulo de Recreio Arte e Cultura	Senior Masculino	01:18:17	+41:33	07:50
194	371	Vítor Hugo Nogueira Rego	Individual	Senior Masculino	01:18:43	+42:00	07:52
195	135	Marta Guedes	Friends Will be friends	Senior Masculino	01:18:48	+42:04	07:53
196	361	Tiago Aguiar	Individual	Senior Masculino	01:19:30	+42:46	07:57
197	1054	Tiago saramago	Individual	Senior Masculino	01:19:31	+42:47	07:57
198	121	Bruno Pina	Elite 3700	Senior Masculino	01:19:31	+42:47	07:57
199	308	Jorge Fernandes	Individual	Senior Masculino	01:20:08	+43:24	08:01
200	326	Miguel Oliveira	Individual	Senior Masculino	01:22:05	+45:21	08:13
201	332	Nuno Miguel Soares Silva	Individual	Senior Masculino	01:22:47	+46:03	08:17
202	340	Pedro Santos	Individual	Senior Masculino	01:23:12	+46:28	08:19
203	1044	José Regadas	Individual	Senior Masculino	01:23:47	+47:03	08:23
204	339	Pedro Pereira	Individual	Senior Masculino	01:24:51	+48:07	08:29
205	1013	Pedro Nunes	Elite 3700	Senior Masculino	01:24:59	+48:15	08:30
206	331	Nelson Moreira	Individual	Senior Masculino	01:25:40	+48:56	08:34
207	642	Diogo Felizardo	Sentir Escariz Running	Senior Masculino	01:26:26	+49:42	08:39
208	584	Miguel Ferreira	Lama na Guelra	Senior Masculino	01:27:44	+51:00	08:46
209	583	David Duarte	Lama na Guelra	Senior Masculino	01:27:45	+51:01	08:47
210	107	Fábio Magalhães	Dilhães Team	Senior Masculino	01:32:21	+55:37	09:14
211	318	Luís Rodrigues	Individual	Senior Masculino	01:35:43	+58:59	09:34
212	273	Emanuel Mendes Pereira	Individual	Senior Masculino	01:38:21	+01:01:37	09:50
213	1052	Thiago Magalhães	Individual	Senior Masculino	01:42:35	+01:05:51	10:16
214	1045	Luciano Ribeiro	Individual	Senior Masculino	01:43:40	+01:06:56	10:22
215	597	Miguel Pinto	Miles & Vibes	Senior Masculino	01:43:52	+01:07:08	10:23

Veterana F40

1	4	Sandra Ferreira	Grupo Desportivo e Cultural do Guilhovai	Veterana F40	42:29	+05:45	04:15
2	382	Eva Pimenta	A.C.D.C.D.S.M.F. Laranjinhass	Veterana F40	50:16	+13:32	05:02
3	620	Sara Mota	Run & Fun	Veterana F40	50:21	+13:37	05:02
4	8	Andreia Noites	Clube Desportivo Feirense	Veterana F40	50:48	+14:04	05:05
5	407	Tânia Mateus	Individual	Veterana F40	54:11	+17:27	05:25
6	618	Céu Vilar	Run & Fun	Veterana F40	55:06	+18:22	05:31
7	154	Sónia Almeida	Guisande Trail Running	Veterana F40	55:14	+18:31	05:32
8	42	Sónia Vidal	Arrifana Running	Veterana F40	55:41	+18:57	05:34
9	22	Sandra Silva	A.C.D.C.D.S.M.F. Laranjinhass	Veterana F40	56:25	+19:41	05:39
10	379	Dulce Prêda	Individual	Veterana F40	56:42	+19:58	05:40
11	703	Priscila Almeida	Univida	Veterana F40	56:56	+20:12	05:42
12	619	Elsa Mota	Run & Fun	Veterana F40	57:43	+21:00	05:46
13	53	Perpétua Silva	Brandoenses Running	Veterana F40	59:01	+22:17	05:54
14	152	Elisabete Vidal	Grupo Desportivo Castelense	Veterana F40	59:16	+22:32	05:56
15	125	Ana Santos	Elite 3700	Veterana F40	59:40	+22:56	05:58
16	1065	Rute Pinto	Individual	Veterana F40	59:54	+23:10	05:59

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17	1002	Vera Tomé	Academia de desportos de condeixa	Veterana F40	01:00:29	+23:45	06:03
18	394	Marta Rocha	Individual	Veterana F40	01:00:32	+23:48	06:03
19	403	Sandra Canelha	Individual	Veterana F40	01:02:11	+25:27	06:13
20	378	Cristiana Moreira	Individual	Veterana F40	01:02:44	+26:00	06:16
21	50	Joana Aguiar	ARTEFITA	Veterana F40	01:02:58	+26:14	06:18
22	408	Teresa Gandra	Individual	Veterana F40	01:03:05	+26:21	06:19
23	402	Rui Ramalho	Individual	Veterana F40	01:03:15	+26:31	06:20
24	1060	Joana Barbosa	Individual	Veterana F40	01:04:02	+27:18	06:24
25	34	Helena Matos	Ameal trail	Veterana F40	01:04:21	+27:37	06:26
26	405	Sandra santos	Individual	Veterana F40	01:04:37	+27:53	06:28
27	385	Iolanda Oliveira	Individual	Veterana F40	01:04:49	+28:05	06:29
28	1063	Paula Sousa	Individual	Veterana F40	01:04:55	+28:11	06:30
29	95	Fátima Relvas	CMMC VALE DE CAMBRA	Veterana F40	01:04:56	+28:12	06:30
30	1066	Sofia Villaverde Barbino	Individual	Veterana F40	01:04:58	+28:14	06:30
31	386	Ivone Matos	Individual	Veterana F40	01:05:30	+28:46	06:33
32	381	Ester Rocha	Individual	Veterana F40	01:05:35	+28:51	06:34
33	388	Joana Patrícia Santos Fernandes Tavares	Individual	Veterana F40	01:09:08	+32:24	06:55
34	409	Vera Agostinho	Individual	Veterana F40	01:09:30	+32:46	06:57
35	660	Vera Mónica Sousa Moreira	SIDEL	Veterana F40	01:12:12	+35:28	07:13
36	399	Paula Ferreira	Individual	Veterana F40	01:12:34	+35:50	07:15
37	680	Anabela Machado	TAYLORS	Veterana F40	01:13:58	+37:14	07:24
38	383	Fátima Soares	Individual	Veterana F40	01:14:31	+37:47	07:27
39	148	Andreia Monteiro	Goodshape	Veterana F40	01:15:12	+38:28	07:31
40	1061	Luzia de Fátima Ferreira Dias Soares	Individual	Veterana F40	01:15:21	+38:37	07:32
41	126	Ana Vinha	Elite 3700	Veterana F40	01:15:43	+38:59	07:34
42	162	Gisela Avelar	HMC	Veterana F40	01:16:44	+40:00	07:40
43	1064	Rita Sousa	Individual	Veterana F40	01:17:18	+40:34	07:44
44	131	Joana Fernandes	Fénix Voadoras	Veterana F40	01:17:40	+40:56	07:46
45	392	Maria Sales	Individual	Veterana F40	01:18:45	+42:01	07:53
46	137	Tânia Eocha	Friends Will be friends	Veterana F40	01:18:50	+42:06	07:53
47	400	Quézia Fernandes	Individual	Veterana F40	01:18:55	+42:11	07:54
48	398	Patrícia Silva	Individual	Veterana F40	01:20:11	+43:27	08:01
49	1067	Vania Amaral	Individual	Veterana F40	01:20:16	+43:32	08:02
50	374	Catarina Costa	Individual	Veterana F40	01:21:04	+44:20	08:06
51	605	Marta Rodrigues	Núcleo de Corrida Solverde	Veterana F40	01:21:46	+45:02	08:11
52	1059	Cláudia Vilela	Individual	Veterana F40	01:23:11	+46:27	08:19
53	390	Marcela Andrade	Individual	Veterana F40	01:23:40	+46:56	08:22
54	384	Filipa Paiva	Individual	Veterana F40	01:23:48	+47:04	08:23
55	621	Sónia Coelho	Run & Fun	Veterana F40	01:25:23	+48:39	08:32
56	643	Ana Gomes	Sentir Escariz Running	Veterana F40	01:26:23	+49:39	08:38
57	404	Sandra Melo	Individual	Veterana F40	01:26:34	+49:50	08:39
58	375	Cláudia Gonçalves	Individual	Veterana F40	01:26:56	+50:12	08:42
59	1058	Catia campos	Individual	Veterana F40	01:28:02	+51:18	08:48
60	612	Erika Darcilia	Outlaw Runners	Veterana F40	01:28:48	+52:04	08:53
61	401	Rosa Oliveira	Individual	Veterana F40	01:29:27	+52:43	08:57

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Corrida

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62	21	Ivete Santos	A.C.D.C.D.S.M.F. Laranjinhas	Veterana F40	01:30:12	+53:28	09:01
63	606	Yasmin Jaramillo	Núcleo de Corrida Solverde	Veterana F40	01:30:28	+53:44	09:03
64	17	Elisabete Serralve	#Tudoconta	Veterana F40	01:32:13	+55:29	09:13
65	52	Micaela Pires	Brandoenses Running	Veterana F40	01:32:43	+55:59	09:16
66	160	Andreia Oliveira	Happy's	Veterana F40	01:32:54	+56:10	09:17
67	389	Lenilda Lourenço	Individual	Veterana F40	01:44:44	+01:08:00	10:28
68	380	Emi Moreira	Individual	Veterana F40	01:45:08	+01:08:24	10:31
69	391	Maria Graça	Individual	Veterana F40	01:45:08	+01:08:24	10:31

Veterana F50

1	681	Cristina Loureiro	TAYLORS	Veterana F50	50:15	+13:31	05:02
2	435	Teresa Santos Alves	Individual	Veterana F50	54:45	+18:01	05:29
3	422	Helena Silva	Individual	Veterana F50	57:36	+20:52	05:46
4	413	Céu Ferreira	Individual	Veterana F50	01:00:35	+23:51	06:04
5	431	Rosa Lopes	Individual	Veterana F50	01:04:55	+28:11	06:30
6	55	Victória Bernardes	Brandoenses Running	Veterana F50	01:05:42	+28:58	06:34
7	5008	Cláudia Patrícia Pinto Tavares Silva	DACIA CARBY	Veterana F50	01:05:53	+29:09	06:35
8	418	Dulce Bastos	Individual	Veterana F50	01:06:00	+29:16	06:36
9	155	Fernanda Pinheiro	Guisande Trail Running	Veterana F50	01:07:29	+30:45	06:45
10	412	Celeste Rafael	Individual	Veterana F50	01:08:14	+31:30	06:49
11	43	Rosa Silva	Arrifana Running	Veterana F50	01:11:00	+34:16	07:06
12	1004	Paula Martins	Arrifana Running	Veterana F50	01:11:01	+34:17	07:06
13	428	Paula Ramalho	Individual	Veterana F50	01:11:32	+34:48	07:09
14	1016	Sílvia Maria dos Santos Ferreira	Grupo Recreativo Janz e Associados	Veterana F50	01:11:55	+35:11	07:12
15	622	Mila Assunção	Run & Fun	Veterana F50	01:13:11	+36:27	07:19
16	411	Ana Ribeiro	Individual	Veterana F50	01:13:55	+37:11	07:24
17	414	Clara Zita Mesquita	Individual	Veterana F50	01:15:44	+39:00	07:34
18	421	Graça Rodrigues	Individual	Veterana F50	01:15:53	+39:09	07:35
19	420	Fátima Maria da Costa Maia	Individual	Veterana F50	01:16:18	+39:34	07:38
20	72	Maria João Filipe Rocha	Câmara Lisboa Clube	Veterana F50	01:17:07	+40:23	07:43
21	696	Carla Magalhães	Trinca Orelhas de Gato	Veterana F50	01:17:30	+40:46	07:45
22	132	Alexandra Graça	Fénix Voadoras	Veterana F50	01:17:40	+40:56	07:46
23	415	Claudia cristina S. A. Campos	Individual	Veterana F50	01:17:54	+41:10	07:47
24	417	Deolinda Canelas	Individual	Veterana F50	01:18:11	+41:27	07:49
25	630	Sílvia Coelho	Running4Fun Team Viseu	Veterana F50	01:18:14	+41:30	07:49
26	429	Porcina Maria Soares Marques Oliveira	Individual	Veterana F50	01:18:46	+42:02	07:53
27	432	Rosa Santos	Individual	Veterana F50	01:18:51	+42:07	07:53
28	692	Ana Gonçalves	The Mountain Goat	Veterana F50	01:18:52	+42:08	07:53
29	1133	Luz Almeida	Tsunamiteam/Jafoste	Veterana F50	01:19:25	+42:41	07:57
30	430	ROSA Gonçalves	Individual	Veterana F50	01:19:50	+43:06	07:59
31	416	Daniela Sá Costa	Individual	Veterana F50	01:20:28	+43:44	08:03
32	425	Orquidea Gomes	Individual	Veterana F50	01:20:42	+43:58	08:04
33	54	Carlota Joaquina	Brandoenses Running	Veterana F50	01:20:42	+43:58	08:04
34	1071	Marta Alves	Individual	Veterana F50	01:21:43	+44:59	08:10

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35	129	SUSANA SOARES	FAMÍLIA SOARES	Veterana F50	01:23:10	+46:26	08:19
36	611	Hermínia Oliveira	Os Pressinhas	Veterana F50	01:23:10	+46:26	08:19
37	693	Marília Fernanda	Tog	Veterana F50	01:25:56	+49:12	08:36
38	424	Maria José Silva Barbosa	Individual	Veterana F50	01:28:44	+52:00	08:52
39	632	Isabel Santos	S S S Team	Veterana F50	01:29:51	+53:07	08:59
40	419	Emília Teixeira	Individual	Veterana F50	01:33:09	+56:25	09:19
41	5000	Carla Pedrosa	Individual	Veterana F50	01:34:22	+57:38	09:26
42	1136	Isabel Melo	Viriathvs Runners Viseu	Veterana F50	01:34:35	+57:51	09:28
43	1135	Irene Melo	Viriathvs Runners Viseu	Veterana F50	01:34:35	+57:51	09:28
44	708	Estrela Faro	Viriathvs Runners Viseu	Veterana F50	01:34:36	+57:52	09:28
45	434	Teresa Bessa	Individual	Veterana F50	01:35:58	+59:15	09:36
46	94	Glória Morais	clube trilheiros e amigos	Veterana F50	01:40:20	+01:03:36	10:02
47	423	Isabel Ribeiro	Individual	Veterana F50	01:40:38	+01:03:54	10:04
48	427	Paula Martins	Individual	Veterana F50	01:42:10	+01:05:26	10:13
49	592	Fernanda Matos	Matos	Veterana F50	01:44:44	+01:08:00	10:28
50	433	Sandra Cepeda	Individual	Veterana F50	01:45:04	+01:08:20	10:30
51	19	Cláudia Cristina Vieira da Silva	#Tudoconta	Veterana F50	01:52:31	+01:15:47	11:15

Veterana F60

1	439	Tomásia Escoval	Individual	Veterana F60	01:08:29	+31:45	06:51
2	623	Augusta Rodrigues	Run & Fun	Veterana F60	01:13:10	+36:26	07:19
3	601	Virgínia Moreira	NightRunners Feira	Veterana F60	01:15:26	+38:42	07:33
4	75	CONCEIÇÃO MOTA	CAP-CENTRO ATLETISMO DO PORTO	Veterana F60	01:20:09	+43:25	08:01
5	56	Isabel Ventura	Brandoenses Running	Veterana F60	01:23:10	+46:26	08:19
6	24	Dulce Maria	A.C.D.C.D.S.M.F. Laranjinhas	Veterana F60	01:24:24	+47:40	08:26
7	437	Maria Melo	Individual	Veterana F60	01:25:09	+48:25	08:31
8	589	Carolina Silva	Love is in the air	Veterana F60	01:25:56	+49:12	08:36
9	436	Ana Oliveira	Individual	Veterana F60	01:27:02	+50:18	08:42
10	438	Maria Novo	Individual	Veterana F60	01:32:57	+56:13	09:18

Veterano M40

1	89	António Assunção	Clube Desportivo Feirense	Veterano M40	38:58	+02:14	03:54
2	11	Nuno Pais	Sporting Clube de Espinho	Veterano M40	39:09	+02:25	03:55
3	662	Luis José Gomes Silva	SIDEL	Veterano M40	39:21	+02:37	03:56
4	143	José Costa	G.D.A Ronda	Veterano M40	40:46	+04:02	04:05
5	6	Ivan Silva	Caldas de São Jorge Sport Clube	Veterano M40	41:49	+05:05	04:11
6	449	Daniel Silva	Individual	Veterano M40	42:25	+05:41	04:15
7	90	Gonçalo Bernardo	Clube Desportivo Feirense	Veterano M40	42:26	+05:42	04:15
8	69	Ricardo Silva	Caldas de São Jorge Sport Clube	Veterano M40	43:11	+06:27	04:19
9	453	Filipe Almeida	Individual	Veterano M40	43:36	+06:52	04:22
10	574	Ricardo Seromenho	JAM-Juventude Atlético Mozelense	Veterano M40	43:59	+07:15	04:24
11	28	Bruno Calado	AEJ Triatlo	Veterano M40	44:27	+07:43	04:27
12	59	Paulo Oliveira	Brandoenses Running	Veterano M40	44:42	+07:58	04:28

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13	1088	Miguel Lopes	Individual	Veterano M40	45:27	+08:43	04:33
14	65	Serafim Pereira daRocha	Cá Mouco Runners	Veterano M40	45:48	+09:04	04:35
15	492	Pedro Gomes	Individual	Veterano M40	46:43	+09:59	04:40
16	587	Rui Almeida	Lobos dá montanha	Veterano M40	46:52	+10:08	04:41
17	504	Vasco Regadas	Individual	Veterano M40	47:34	+10:50	04:45
18	481	Miguel Carvalho	Individual	Veterano M40	48:24	+11:40	04:50
19	1128	Nelson Pais	Run & Fun	Veterano M40	48:32	+11:48	04:51
20	1089	Nuno Bartolomeu	Individual	Veterano M40	48:36	+11:52	04:52
21	690	Ricardo Trigo	Ten Team	Veterano M40	48:40	+11:56	04:52
22	127	Pedro Pinheiro	Elite 3700	Veterano M40	48:51	+12:07	04:53
23	580	Tiago Pinho	JUF ACC	Veterano M40	49:18	+12:34	04:56
24	624	Cláudio Santos	Run & Fun	Veterano M40	49:42	+12:58	04:58
25	499	Rui Albino	Individual	Veterano M40	50:14	+13:30	05:01
26	478	Marco Oliveira	Individual	Veterano M40	50:55	+14:11	05:06
27	488	Paulo Vidal	Individual	Veterano M40	50:55	+14:11	05:06
28	645	Nuno Santos	Sentir Escariz Running	Veterano M40	50:57	+14:13	05:06
29	79	Bruno Miguel Ferreira Gonçalves	Carregosa Lowlanders	Veterano M40	51:04	+14:20	05:06
30	44	Diogo Lopes	Arrifana Running	Veterano M40	51:16	+14:32	05:08
31	1005	Filipe Soares	AZTrail	Veterano M40	51:25	+14:41	05:09
32	58	Henrique Amorim	Brandoenses Running	Veterano M40	51:42	+14:58	05:10
33	64	Miguel Angelo Vieira Lemos	Cá Mouco Runners	Veterano M40	51:55	+15:11	05:12
34	1083	João Amorim	Individual	Veterano M40	51:57	+15:13	05:12
35	1131	Carlos Teixeira	Tainadas Team	Veterano M40	52:39	+15:55	05:16
36	443	André Maciel	Individual	Veterano M40	52:41	+15:57	05:16
37	647	Helder Pereira	Serviços Sociais Montepio	Veterano M40	52:42	+15:58	05:16
38	458	Hugo Silva	Individual	Veterano M40	52:55	+16:11	05:18
39	506	Vasco Rocha	Individual	Veterano M40	52:57	+16:13	05:18
40	579	FERNANDO OLIVEIRA	JUF ACC	Veterano M40	53:10	+16:26	05:19
41	448	Damásio Pereira	Individual	Veterano M40	53:32	+16:48	05:21
42	82	Fernando Nobre	CF Perosinho Trail & Running	Veterano M40	53:34	+16:50	05:21
43	457	Helder Teixeira	Individual	Veterano M40	54:02	+17:18	05:24
44	1096	Samuel Pereira	Individual	Veterano M40	54:09	+17:25	05:25
45	464	João Rocha	Individual	Veterano M40	54:22	+17:39	05:26
46	30	Pedro Necho	AFIS/OVAR	Veterano M40	54:24	+17:40	05:26
47	460	Humberto Barros	Individual	Veterano M40	54:54	+18:10	05:29
48	447	Carlos Gomes	Individual	Veterano M40	55:33	+18:49	05:33
49	701	Pedro Fernandes	União Atletismo do Porto	Veterano M40	55:38	+18:54	05:34
50	1073	Álvaro José Dias carvalhinho	Individual	Veterano M40	56:11	+19:27	05:37
51	29	Márcio Oliveira	AEJ Triatlo	Veterano M40	56:22	+19:39	05:38
52	688	André Martins	Ten Team	Veterano M40	56:27	+19:43	05:39
53	497	Rogério Henriques	Individual	Veterano M40	56:41	+19:57	05:40
54	466	Jorge Almeida	Individual	Veterano M40	56:58	+20:14	05:42
55	482	Miguel Moita	Individual	Veterano M40	57:35	+20:51	05:46
56	1077	Bruno Miguel Leite Moreira	Individual	Veterano M40	57:40	+20:56	05:46
57	503	Telmo Nogueira	Individual	Veterano M40	57:43	+20:59	05:46
58	502	Simão Cardoso	Individual	Veterano M40	57:52	+21:08	05:47

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59	1087	Marcelo Teixeira da mota	Individual	Veterano M40	58:18	+21:34	05:50
60	1098	Vítor neto	Individual	Veterano M40	58:23	+21:40	05:50
61	440	Alberto Vitelo	Individual	Veterano M40	58:27	+21:43	05:51
62	626	Tino Silva	Run & Fun	Veterano M40	58:30	+21:46	05:51
63	682	Rui Pinto	TAYLORS	Veterano M40	59:07	+22:24	05:55
64	442	André Castro	Individual	Veterano M40	59:08	+22:24	05:55
65	493	Pedro Miguel Correia Vieira	Individual	Veterano M40	59:11	+22:27	05:55
66	1079	Carlos Ferreira	Individual	Veterano M40	01:00:15	+23:31	06:02
67	1125	jorge coelho	Physio For Me	Veterano M40	01:00:15	+23:31	06:02
68	1130	Vítor Santos	S4L/Medense F.C.	Veterano M40	01:00:18	+23:34	06:02
69	1074	Anderson Santos de Jesus	Individual	Veterano M40	01:00:19	+23:35	06:02
70	1085	Jorge Berardo	Individual	Veterano M40	01:00:29	+23:45	06:03
71	475	Márcio Daniel Moura	Individual	Veterano M40	01:00:42	+23:58	06:04
72	474	MANOEL Santos	Individual	Veterano M40	01:00:44	+24:00	06:04
73	1017	Marco Pires	Guisande Trail Running	Veterano M40	01:01:31	+24:47	06:09
74	1075	André Souza Ferreira de Almeida	Individual	Veterano M40	01:01:31	+24:47	06:09
75	486	Paulo Pádua	Individual	Veterano M40	01:01:33	+24:49	06:09
76	456	Helder Carvalho	Individual	Veterano M40	01:01:34	+24:50	06:09
77	609	João Costa	Núcleo de Corrida Solverde	Veterano M40	01:01:42	+24:58	06:10
78	1090	Pedro Cardoso	Individual	Veterano M40	01:02:07	+25:23	06:13
79	470	Leandro Resende	Individual	Veterano M40	01:02:09	+25:25	06:13
80	1082	Hugo Azevedo	Individual	Veterano M40	01:02:31	+25:47	06:15
81	661	Flávio Marques	SIDEL	Veterano M40	01:02:34	+25:50	06:15
82	473	Luís Viegas Guimarães Múrias	Individual	Veterano M40	01:02:53	+26:09	06:17
83	496	Ricardo Bastos	Individual	Veterano M40	01:02:58	+26:14	06:18
84	1009	Guto Muniz	CASHM CLUBE DE ATLETISMO DE SANGALHOS TRAINING GROUP	Veterano M40	01:03:02	+26:18	06:18
85	465	João silveira	Individual	Veterano M40	01:03:29	+26:45	06:21
86	1095	Salvador Gonçalves	Individual	Veterano M40	01:03:46	+27:02	06:23
87	476	Márcio Oliveira	Individual	Veterano M40	01:03:57	+27:13	06:24
88	1119	HELDER MOTA	MC	Veterano M40	01:04:13	+27:29	06:25
89	678	Vítor Mota	SPOT	Veterano M40	01:04:14	+27:30	06:25
90	35	Tiago Delgado	Ameal trail	Veterano M40	01:04:20	+27:36	06:26
91	1080	Filipe Correia	Individual	Veterano M40	01:04:37	+27:53	06:28
92	613	Bruno Barros	Outlaw Runners	Veterano M40	01:04:59	+28:15	06:30
93	20	Sérgio Gonçalves	#Tudoconta	Veterano M40	01:05:32	+28:48	06:33
94	1084	João Fernandes	Individual	Veterano M40	01:05:37	+28:53	06:34
95	102	Diogo Da Silva Ferreira	DACIA CARBY	Veterano M40	01:05:40	+28:56	06:34
96	78	Pedro Emanuel Ventura Henriques	CARBY DACIA	Veterano M40	01:06:00	+29:16	06:36
97	480	Mário Saraiva	Individual	Veterano M40	01:06:40	+29:56	06:40
98	1091	Pedro Miguel Gomes Santos	Individual	Veterano M40	01:06:56	+30:12	06:42
99	1086	José Mário Leite	Individual	Veterano M40	01:07:05	+30:21	06:43
100	444	António Fonseca	Individual	Veterano M40	01:07:05	+30:21	06:43
101	485	Paulo Borges	Individual	Veterano M40	01:07:05	+30:21	06:43
102	491	Pedro Fernandes	Individual	Veterano M40	01:07:51	+31:07	06:47
103	461	João Paulo Macedo Silva Carvalho	Individual	Veterano M40	01:08:22	+31:38	06:50

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104	650	Sérgio Oliveira	Serviços Sociais Montepio	Veterano M40	01:08:44	+32:00	06:52
105	462	João Pedro Vasconcelos Lucas	Individual	Veterano M40	01:08:52	+32:08	06:53
106	149	Ricardino Santos	Goodshape	Veterano M40	01:08:54	+32:10	06:53
107	471	Luís Dias	Individual	Veterano M40	01:09:08	+32:24	06:55
108	663	Ricardo Gama	SIDEL	Veterano M40	01:09:13	+32:30	06:55
109	490	Pedro Azevedo	Individual	Veterano M40	01:09:33	+32:49	06:57
110	608	Daniel Couto	Núcleo de Corrida Solverde	Veterano M40	01:09:37	+32:53	06:58
111	451	Emanuel Tavares Nunes	Individual	Veterano M40	01:09:39	+32:55	06:58
112	472	Luis Li	Individual	Veterano M40	01:09:44	+33:00	06:58
113	446	Bruno Miguel Vilar Rocha	Individual	Veterano M40	01:10:37	+33:53	07:04
114	68	Miguel Santos	Caldas de São Jorge Sport Clube	Veterano M40	01:10:39	+33:55	07:04
115	454	Francisco Oliveira	Individual	Veterano M40	01:11:09	+34:25	07:07
116	484	Paulo Bartolomeu	Individual	Veterano M40	01:11:21	+34:37	07:08
117	489	Pedro Alexandre da Cunha Alves	Individual	Veterano M40	01:11:34	+34:50	07:09
118	450	Edgar Alves	Individual	Veterano M40	01:11:47	+35:03	07:11
119	45	Helder Faria	Arrifana Running	Veterano M40	01:11:49	+35:05	07:11
120	1076	Bruno Lourenço	Individual	Veterano M40	01:14:26	+37:42	07:27
121	634	José Moreira	salgueiros running	Veterano M40	01:14:48	+38:04	07:29
122	507	Vitor Daniel Ribeiro Pereira	Individual	Veterano M40	01:15:49	+39:05	07:35
123	498	Romeu Filipe Oliveira Valente	Individual	Veterano M40	01:15:52	+39:08	07:35
124	151	DOTAN GOREN	Goren	Veterano M40	01:16:54	+40:10	07:41
125	1094	Rui Pedro Neves	Individual	Veterano M40	01:18:28	+41:44	07:51
126	487	Paulo Ribeiro	Individual	Veterano M40	01:18:49	+42:05	07:53
127	141	Vitor silva	Friends Will be friends	Veterano M40	01:18:49	+42:05	07:53
128	139	Vasco Costa	Friends Will be friends	Veterano M40	01:18:50	+42:06	07:53
129	468	José Rui Branco	Individual	Veterano M40	01:18:50	+42:06	07:53
130	138	Nelson Neves	Friends Will be friends	Veterano M40	01:18:50	+42:06	07:53
131	685	Pedro Baldaia	Team BALDAIA	Veterano M40	01:19:24	+42:40	07:56
132	1081	Gil Santos	Individual	Veterano M40	01:20:20	+43:36	08:02
133	477	Marco Carvalho	Individual	Veterano M40	01:20:35	+43:51	08:04
134	479	Mário Noronha	Individual	Veterano M40	01:21:04	+44:20	08:06
135	607	António Sá	Núcleo de Corrida Solverde	Veterano M40	01:21:47	+45:03	08:11
136	1078	Bruno Santos	Individual	Veterano M40	01:21:59	+45:15	08:12
137	157	Nuno Silva	Guisande Trail Running	Veterano M40	01:22:20	+45:36	08:14
138	455	Guilherme Araújo	Individual	Veterano M40	01:23:18	+46:35	08:20
139	500	Sérgio Gomes Ferreira	Individual	Veterano M40	01:25:38	+48:54	08:34
140	586	Alberto Almeida	Lobos dá montanha	Veterano M40	01:26:28	+49:44	08:39
141	441	Álvaro Pacheco	Individual	Veterano M40	01:28:21	+51:37	08:50
142	501	Sérgio Marques	Individual	Veterano M40	01:28:46	+52:02	08:53
143	614	Sterling Bolivar	Outlaw Runners	Veterano M40	01:28:48	+52:05	08:53
144	494	Pedro Valente	Individual	Veterano M40	01:29:13	+52:29	08:55
145	495	Ricardo Almeida	Individual	Veterano M40	01:37:36	+01:00:52	09:46

Veterano M50

1	1108	Manuel Silva	Individual	Veterano M50	42:10	+05:26	04:13
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2	12	Augusto Aluai	Sporting Clube de Espinho	Veterano M50	42:16	+05:32	04:14
3	128	Porfírio Martins	Elite 3700	Veterano M50	45:10	+08:26	04:31
4	32	José Godinho	AFIS/OVAR	Veterano M50	46:13	+09:29	04:37
5	541	Pedro Marques	Individual	Veterano M50	48:06	+11:22	04:49
6	509	António Carvalho	Individual	Veterano M50	48:23	+11:39	04:50
7	1100	Alexandre pedrosa	Individual	Veterano M50	49:02	+12:18	04:54
8	615	Carlos Couto	Outlaw Runners	Veterano M50	49:13	+12:29	04:55
9	550	Vítor Santos	Individual	Veterano M50	49:14	+12:30	04:55
10	526	João garranas	Individual	Veterano M50	49:15	+12:31	04:56
11	60	Antonio Espinheira	Brandoenses Running	Veterano M50	49:21	+12:37	04:56
12	664	Jose Pinho Almeida	SIDEL	Veterano M50	49:36	+12:52	04:58
13	544	Rui Ferreira	Individual	Veterano M50	51:33	+14:49	05:09
14	9	FERNANDO ALBUQUERQUE	CASA DO POVO DE MANGUALDE	Veterano M50	51:36	+14:52	05:10
15	71	Miguel Almeida	Caldas de São Jorge Sport Clube	Veterano M50	52:04	+15:20	05:12
16	518	Carlos Alberto de Lima Bruno	Individual	Veterano M50	52:10	+15:26	05:13
17	1132	Carlos Ribeiro	Trail4Fun	Veterano M50	52:11	+15:27	05:13
18	26	Paulo Almeida	A.C.D.C.D.S.M.F. Laranjinhas	Veterano M50	52:32	+15:49	05:15
19	628	Mário Jorge Almeida	Run & Fun	Veterano M50	52:38	+15:54	05:16
20	547	Vicente João	Individual	Veterano M50	52:47	+16:04	05:17
21	512	António Jorge Tavares de Melo	Individual	Veterano M50	52:56	+16:12	05:18
22	545	RUI MANUEL MOREIRA PINTO	Individual	Veterano M50	53:30	+16:46	05:21
23	511	Antonio Fernando Ferreira Maia	Individual	Veterano M50	53:38	+16:55	05:22
24	534	José Ferreira	Individual	Veterano M50	53:39	+16:55	05:22
25	531	José Augusto Ferreira	Individual	Veterano M50	53:59	+17:15	05:24
26	70	JOAQUIM LOBATO	Caldas de São Jorge Sport Clube	Veterano M50	54:10	+17:26	05:25
27	147	Américo Manuel Oliveira	Gemba Running	Veterano M50	54:21	+17:37	05:26
28	31	José Figueiredo	AFIS/OVAR	Veterano M50	54:33	+17:49	05:27
29	683	Erasmó Alves	TAYLORS	Veterano M50	54:48	+18:04	05:29
30	1007	António Botelho	Botelhocas running	Veterano M50	55:06	+18:23	05:31
31	627	Américo Costa	Run & Fun	Veterano M50	55:07	+18:23	05:31
32	691	Vítor Pinho	Ten Team	Veterano M50	56:31	+19:47	05:39
33	588	José Freitas	Lobos dá montanha	Veterano M50	57:03	+20:19	05:42
34	1124	Luis Gomes	Pastello Runners	Veterano M50	57:19	+20:35	05:44
35	1129	MIKE Ferreira	Run & Fun	Veterano M50	57:44	+21:00	05:46
36	646	Fernando Brandão	Sentir Escariz Running	Veterano M50	59:03	+22:19	05:54
37	513	António Moura	Individual	Veterano M50	59:11	+22:27	05:55
38	540	Paulo Silva	Individual	Veterano M50	59:11	+22:27	05:55
39	533	José Faria Alves	Individual	Veterano M50	59:13	+22:29	05:55
40	1103	Carlos Mata	Individual	Veterano M50	59:23	+22:39	05:56
41	519	César Monteiro	Individual	Veterano M50	59:35	+22:51	05:58
42	74	João Presumido Valhelhas	Câmara Lisboa Clube	Veterano M50	01:01:12	+24:28	06:07
43	25	César Araújo	A.C.D.C.D.S.M.F. Laranjinhas	Veterano M50	01:01:48	+25:04	06:11
44	529	Jorge Soares	Individual	Veterano M50	01:02:49	+26:05	06:17
45	1109	Marcelo Teixeira Matos	Individual	Veterano M50	01:03:05	+26:21	06:19
46	523	Francisco Santos	Individual	Veterano M50	01:03:11	+26:27	06:19
47	1974	Paulo Capitao	Individual	Veterano M50	01:03:41	+26:57	06:22

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48	525	Joao Bronze	Individual	Veterano M50	01:04:01	+27:17	06:24
49	36	Toni Santos	Ameal trail	Veterano M50	01:04:20	+27:36	06:26
50	543	Ramiro Mendes	Individual	Veterano M50	01:04:57	+28:13	06:30
51	1123	Pedro Miguel	Papakilometros	Veterano M50	01:05:00	+28:16	06:30
52	1110	Paulo Silva	Individual	Veterano M50	01:05:20	+28:36	06:32
53	522	Fernando Manuel Soares Almeida	Individual	Veterano M50	01:05:31	+28:47	06:33
54	5009	ANTÓNIO TAVARES	Individual	Veterano M50	01:05:54	+29:10	06:35
55	5005	Rui Raimuno	Individual	Veterano M50	01:05:58	+29:14	06:36
56	73	Carlos Rocha	Câmara Lisboa Clube	Veterano M50	01:06:32	+29:48	06:39
57	1106	José Rodrigues	Individual	Veterano M50	01:07:35	+30:51	06:46
58	508	Adriano Oliveira	Individual	Veterano M50	01:09:36	+32:52	06:58
59	535	Luís Lourenço	Individual	Veterano M50	01:09:43	+32:59	06:58
60	539	Paulo Sérgio Silva Carneiro	Individual	Veterano M50	01:10:09	+33:25	07:01
61	530	JOSÉ ANDRADE	Individual	Veterano M50	01:10:16	+33:32	07:02
62	640	Joaquim Mota	Sem treinos	Veterano M50	01:11:50	+35:06	07:11
63	537	Paulo Pinto	Individual	Veterano M50	01:12:34	+35:50	07:15
64	524	Frank Coelho	Individual	Veterano M50	01:12:44	+36:00	07:16
65	617	Luís Manuel Silva	Par de flechas	Veterano M50	01:12:47	+36:04	07:17
66	610	António Magalhães	Núcleo de Corrida Solverde	Veterano M50	01:12:50	+36:06	07:17
67	528	Jorge Ferreira	Individual	Veterano M50	01:14:11	+37:27	07:25
68	631	José Peres	Running4Fun Team Viseu	Veterano M50	01:14:50	+38:06	07:29
69	165	José Gonçalves	Ímpar running team	Veterano M50	01:15:43	+38:59	07:34
70	538	Paulo Sérgio Matos Lamego	Individual	Veterano M50	01:16:17	+39:33	07:38
71	1102	Carlos Barroso	Individual	Veterano M50	01:16:35	+39:51	07:40
72	1105	Joaquim Pepe Roque	Individual	Veterano M50	01:17:55	+41:11	07:48
73	527	João Guedes	Individual	Veterano M50	01:17:59	+41:15	07:48
74	515	António Silveira	Individual	Veterano M50	01:18:44	+42:00	07:52
75	1107	Luis Miguel Branco Cardoso	Individual	Veterano M50	01:19:21	+42:37	07:56
76	694	João Manuel Oliveira Maeiro	Tog	Veterano M50	01:20:16	+43:32	08:02
77	593	Luís Matos	Matos	Veterano M50	01:20:48	+44:04	08:05
78	1101	António Fernandes	Individual	Veterano M50	01:21:06	+44:22	08:07
79	510	António Couto	Individual	Veterano M50	01:23:00	+46:16	08:18
80	633	Artur Rodrigues	S S S Team	Veterano M50	01:29:51	+53:07	08:59
81	1138	Vasco Silva	Viriathvs Runners Viseu	Veterano M50	01:34:34	+57:50	09:27
82	1137	José Faro	Viriathvs Runners Viseu	Veterano M50	01:34:36	+57:52	09:28
83	520	Dinis Martins	Individual	Veterano M50	01:42:11	+01:05:27	10:13

Veterano M60

1	1134	Vitor Resende	União de Lamas	Veterano M60	44:39	+07:55	04:28
2	668	JOÃO NUNO PIAIRO DA SILVA	Sporting Clube de Braga	Veterano M60	46:51	+10:07	04:41
3	554	Carlos Gomes	Individual	Veterano M60	48:32	+11:48	04:51
4	46	Manuel Oliveira	Arrifana Running	Veterano M60	50:13	+13:29	05:01
5	61	José Luís Santos	Brandoenses Running	Veterano M60	50:18	+13:34	05:02
6	557	Ismael Silva	Individual	Veterano M60	50:44	+14:00	05:04
7	133	LUIS MARTINS	FLECHINHAS	Veterano M60	53:03	+16:19	05:18

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8	134	MANUEL GOMES	FLECHINHAS	Veterano M60	54:42	+17:58	05:28
9	551	Álvaro Henriques	Individual	Veterano M60	56:45	+20:01	05:41
10	552	Alvaro Silva	Individual	Veterano M60	58:15	+21:31	05:50
11	96	António Oliveira	CMMC VALE DE CAMBRA	Veterano M60	59:03	+22:19	05:54
12	560	José Graça	Individual	Veterano M60	59:14	+22:30	05:55
13	562	Manuel constantino silva	Individual	Veterano M60	01:00:07	+23:23	06:01
14	559	Jorge Pereira	Individual	Veterano M60	01:00:29	+23:45	06:03
15	76	António Mota	CAP-CENTRO ATLETISMO DO PORTO	Veterano M60	01:00:37	+23:53	06:04
16	1112	Fernando Fernandes	Individual	Veterano M60	01:01:18	+24:34	06:08
17	159	José Pinheiro	Guisande Trail Running	Veterano M60	01:05:25	+28:41	06:33
18	629	Quinel Mota	Run & Fun	Veterano M60	01:08:14	+31:30	06:49
19	666	Domingos Sousa	Sporting Clube de Braga	Veterano M60	01:09:27	+32:43	06:57
20	667	Eduardo Cruz	Sporting Clube de Braga	Veterano M60	01:09:28	+32:44	06:57
21	144	Amândio Soares	G.D.S.&V.	Veterano M60	01:09:28	+32:44	06:57
22	556	Filipe da Costa Soares	Individual	Veterano M60	01:10:10	+33:26	07:01
23	1114	José Manuel candeias	Individual	Veterano M60	01:11:12	+34:28	07:07
24	1113	Friedrich Mayer	Individual	Veterano M60	01:12:04	+35:20	07:12
25	686	serafim fonseca	TEAM FONSECA	Veterano M60	01:12:31	+35:47	07:15
26	563	Mário Ribeiro	Individual	Veterano M60	01:13:34	+36:50	07:21
27	555	FERNANDO SILVA	Individual	Veterano M60	01:13:52	+37:08	07:23
28	1111	Antonio Carlos Gomes Freitas	Individual	Veterano M60	01:15:15	+38:31	07:32
29	130	ABILIO SOARES	FAMÍLIA SOARES	Veterano M60	01:17:10	+40:26	07:43
30	598	António Costa	MSS GRUPO DESPORTIVO DE GONDOMAR	Veterano M60	01:18:23	+41:39	07:50
31	1001	Carlos Fernando Marques	@corredoresderua@	Veterano M60	01:19:55	+43:11	08:00
32	553	Carlos Alberto Paiva Novais	Individual	Veterano M60	01:21:43	+44:59	08:10
33	1115	Luis Afonso Araujo Pina	Individual	Veterano M60	01:23:11	+46:27	08:19
34	561	Jose Novo	Individual	Veterano M60	01:32:57	+56:13	09:18
35	145	Manuel Vieira	G.D.S.&V.	Veterano M60	01:35:03	+58:19	09:30
36	77	Orlando Oliveira	Caracóis do Asfalto	Veterano M60	01:35:22	+58:38	09:32
37	558	João Luís Frade Cajeira	Individual	Veterano M60	01:35:38	+58:54	09:34
38	1118	Joaquim Castro	Love is in the air	Veterano M60	01:35:58	+59:15	09:36

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