

10 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	51	Nuno Miguel	grecas	Senior Masculino	31:16		03:08
2	31	IGOR GAIO	clube atletismo de ovar	Senior Masculino	32:28	+01:12	03:15
3	137	João mouro	individual	Senior Masculino	32:55	+01:38	03:17
4	48	Jorge Cubal	gdc guilhovai	Senior Masculino	33:13	+01:57	03:19
5	16	Henrique Gomes	acd os ilhavs	Senior Masculino	34:04	+02:48	03:24
6	52	Rui Pedro Gala	grecas	Senior Masculino	34:12	+02:56	03:25
7	2	Carla Martinho	recreio desportivo de águeda	Senior Feminino	34:20	+03:04	03:26
8	187	Vicente Regalado	individual	Senior Masculino	34:57	+03:40	03:30
9	145	José Carvalho	individual	Senior Masculino	35:08	+03:52	03:31
10	207	Tiago Miguel Rodrigues Gonçalves	tartarugas	Senior Masculino	35:22	+04:05	03:32
11	17	Rui Costa	acd os ilhavs	Senior Masculino	35:26	+04:10	03:33
12	183	Tiago Ferreira	individual	Senior Masculino	36:12	+04:55	03:37
13	176	Rui Machado	individual	Senior Masculino	37:23	+06:07	03:44
14	125	Frederico Madaleno	individual	Senior Masculino	37:27	+06:11	03:45
15	141	João Sousa	individual	Senior Masculino	38:02	+06:46	03:48
16	30	Lobo do Asfalto	cenap	Senior Masculino	38:29	+07:12	03:51
17	34	José Coutinho	individual	Senior Masculino	38:29	+07:13	03:51
18	122	Felipe Gomes Araujo	individual	Senior Masculino	38:50	+07:33	03:53
19	191	Duarte Eira	lobos do brunheiro de chaves/anteros	Senior Masculino	39:05	+07:49	03:55
20	1	Joao Almeida	recreio desportivo de águeda	Senior Masculino	39:40	+08:23	03:58
21	180	Sandro Duarte	individual	Senior Masculino	39:40	+08:23	03:58
22	130	Henry Wiedenroth	individual	Senior Masculino	39:50	+08:33	03:59
23	175	Rui Alves	individual	Senior Masculino	39:58	+08:42	04:00
24	140	João Rodrigo da Costa Nunes	individual	Senior Masculino	40:20	+09:04	04:02
25	123	Filipe Esteves Rouxinol	individual	Senior Masculino	40:31	+09:15	04:03
26	152	Marco Balsinha	individual	Senior Masculino	40:56	+09:40	04:06
27	13	Francisco Ribeiro	à tua frente	Senior Masculino	41:01	+09:44	04:06
28	184	Tiago Silvestre	individual	Senior Masculino	41:09	+09:52	04:07
29	121	Fabio Jorge Pinto Figueiredo	individual	Senior Masculino	41:14	+09:57	04:07
30	204	Paulo Ramirez	tainadas run team - somengil	Senior Masculino	41:28	+10:12	04:09
31	161	Nuno da Silva Paiva	individual	Senior Masculino	41:30	+10:13	04:09
32	194	Miguel Dinis	mici	Senior Masculino	41:38	+10:21	04:10
33	179	Samuel Verdasca	individual	Senior Masculino	42:00	+10:44	04:12
34	11	Francisco Cabral	à tua frente	Senior Masculino	42:30	+11:14	04:15
35	38	João Laranjeiro	é só até ali	Senior Masculino	42:37	+11:21	04:16
36	124	Francisco de Pinho Correia Domingues	individual	Senior Masculino	42:42	+11:26	04:16
37	138	João Pedro Conde de Almeida	individual	Senior Masculino	42:56	+11:40	04:18
38	182	Tiago dos Santos Ferreira da Silva	individual	Senior Masculino	42:56	+11:40	04:18
39	111	António Santos	individual	Senior Masculino	43:35	+12:18	04:21
40	114	Bruno Bernardes de Jesus	individual	Senior Masculino	43:42	+12:26	04:22

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	54	Francisco Martins	hut runners aveiro	Senior Masculino	43:45	+12:28	04:22
42	164	Pedro da Silva	individual	Senior Masculino	43:58	+12:42	04:24
43	116	David de Sousa Quitério	individual	Senior Masculino	44:01	+12:45	04:24
44	168	Rafael Gomes	individual	Senior Masculino	44:07	+12:51	04:25
45	77	Inês Pereira	individual	Senior Feminino	44:10	+12:54	04:25
46	173	Rogério Santos	individual	Senior Masculino	44:26	+13:10	04:27
47	102	Sara Melo	individual	Senior Feminino	44:31	+13:15	04:27
48	126	Gonçalo de Almeida Tavares	individual	Senior Masculino	44:31	+13:15	04:27
49	19	Ricardo Dias	bloco	Senior Masculino	44:37	+13:21	04:28
50	185	Tomás Pereira	individual	Senior Masculino	44:46	+13:30	04:29
51	155	Mario Alvarez	individual	Senior Masculino	44:47	+13:31	04:29
52	159	Miguel Reia	individual	Senior Masculino	44:53	+13:37	04:29
53	127	Gonçalo Silva	individual	Senior Masculino	44:54	+13:38	04:29
54	142	João Vidal	individual	Senior Masculino	44:57	+13:41	04:30
55	156	Mateus Abreu	individual	Senior Masculino	45:04	+13:48	04:30
56	177	Rui Simões	individual	Senior Masculino	45:15	+13:58	04:31
57	163	Paulo Cardoso	individual	Senior Masculino	45:22	+14:06	04:32
58	53	PEDRO ROCHA	grupo desportivo da gafanha	Senior Masculino	45:24	+14:08	04:32
59	148	Júlio Tomás Gomes Teixeira	individual	Senior Masculino	45:38	+14:21	04:34
60	35	LILIANA MARTINHO	dci/trilhos luso bussaco	Senior Feminino	45:38	+14:22	04:34
61	166	Pedro Inácio	individual	Senior Masculino	46:36	+15:20	04:40
62	120	Elder Neves	individual	Senior Masculino	46:48	+15:32	04:41
63	144	Jorge Rodrigues	individual	Senior Masculino	46:49	+15:33	04:41
64	143	Joaquim Santos	individual	Senior Masculino	47:17	+16:00	04:44
65	55	Jorge Branco	hut runners aveiro	Senior Masculino	47:19	+16:02	04:44
66	113	Arménio Neves	individual	Senior Masculino	47:41	+16:24	04:46
67	136	João Monge Coutinho	individual	Senior Masculino	47:49	+16:33	04:47
68	157	Miguel Galrinho	individual	Senior Masculino	47:53	+16:36	04:47
69	33	Vasco Mendes	corre, que a avó vem aí!	Senior Masculino	48:04	+16:48	04:48
70	20	Jhonny Eurresta	caramelos runnig	Senior Masculino	48:17	+17:00	04:50
71	205	Susana Cerqueira	tartarugas	Senior Feminino	48:19	+17:03	04:50
72	206	Jorge Rodrigues	tartarugas	Senior Masculino	48:20	+17:03	04:50
73	97	RAQUEL BRITO	individual	Senior Feminino	48:29	+17:13	04:51
74	49	Sandra Vieira	greas	Senior Feminino	49:04	+17:48	04:54
75	78	Inês Sá	individual	Senior Feminino	49:16	+17:59	04:56
76	118	David Nunes Aires Duarte	individual	Senior Masculino	49:23	+18:07	04:56
77	219	Sara Tschumi	we can run aveiro	Senior Feminino	49:33	+18:17	04:57
78	220	Kevin amoedo	we can run aveiro	Senior Masculino	49:35	+18:19	04:57
79	131	Hugo Malcato	individual	Senior Masculino	49:44	+18:28	04:58
80	32	José Miguel Mendes	corre, que a avó vem aí!	Senior Masculino	49:53	+18:36	04:59
81	103	Sofia Assunção	individual	Senior Feminino	49:59	+18:43	05:00
82	172	Rodrigo Manuel Machacaz Colhe	individual	Senior Masculino	50:00	+18:44	05:00
83	25	Carlos M. Correia	carapaus de corrida	Senior Masculino	50:11	+18:55	05:01
84	28	Pedro Nunes	carapaus de corrida	Senior Masculino	50:11	+18:55	05:01
85	221	Leandro Klauck	we can run aveiro	Senior Masculino	50:24	+19:08	05:02

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	26	Gabriel Matias Neto	carapaus de corrida	Senior Masculino	50:52	+19:35	05:05
87	165	Pedro Ferreira	individual	Senior Masculino	51:24	+20:07	05:08
88	80	Joana Macedo	individual	Senior Feminino	51:29	+20:13	05:09
89	65	Beatriz Matos	individual	Senior Feminino	51:32	+20:16	05:09
90	87	Manuela Sousa	individual	Senior Feminino	51:58	+20:42	05:12
91	37	Marisa Moreira	é só até ali	Senior Feminino	51:59	+20:42	05:12
92	100	Rute Forte	individual	Senior Feminino	51:59	+20:42	05:12
93	170	Ricardo Casqueira	individual	Senior Masculino	52:01	+20:45	05:12
94	112	ANTÓNIO TAVARES	individual	Senior Masculino	52:06	+20:50	05:13
95	115	Bruno Henrique Alves Ciloto	individual	Senior Masculino	52:11	+20:55	05:13
96	231	Gonçalo Barros	individual	Senior Masculino	52:16	+20:59	05:14
97	86	Mafalda Segura	individual	Senior Feminino	52:17	+21:01	05:14
98	223	Tiago Martinho	we can run aveiro	Senior Masculino	52:23	+21:07	05:14
99	85	Laura Santos	individual	Senior Feminino	52:23	+21:07	05:14
100	101	Sandrina Pereira	individual	Senior Feminino	52:46	+21:30	05:17
101	14	João Castanheira	à tua frente	Senior Masculino	52:49	+21:33	05:17
102	12	Francisco Pereira	à tua frente	Senior Masculino	52:49	+21:33	05:17
103	21	Joel Eurresta	caramelos runnig	Senior Masculino	52:49	+21:33	05:17
104	214	Pedro Machado	voltaren run club	Senior Masculino	53:04	+21:48	05:18
105	76	Inês Ferreira	individual	Senior Feminino	53:05	+21:49	05:19
106	200	Bernardo Marçal	super ct	Senior Masculino	53:10	+21:53	05:19
107	66	Briana Pereira	individual	Senior Feminino	53:23	+22:07	05:20
108	47	Sébastien Bertrand Marques Lacroix	gambozinos	Senior Masculino	53:29	+22:13	05:21
109	178	Rui Soares	individual	Senior Masculino	53:33	+22:17	05:21
110	186	Tymon Gawrych	individual	Senior Masculino	53:47	+22:31	05:23
111	181	Thiago Sampaio de Castro Silva	individual	Senior Masculino	53:56	+22:39	05:24
112	27	João A. Oliveira	carapaus de corrida	Senior Masculino	54:00	+22:44	05:24
113	162	Otemberg Evangelista da Silva	individual	Senior Masculino	54:10	+22:54	05:25
114	88	Margarida Henriques Pereira	individual	Senior Feminino	54:11	+22:55	05:25
115	84	kesia silvani	individual	Senior Feminino	54:31	+23:15	05:27
116	149	Karl Freiwald	individual	Senior Masculino	54:31	+23:15	05:27
117	167	Pedro Seabra	individual	Senior Masculino	54:47	+23:31	05:29
118	63	Andreia Barreira	individual	Senior Feminino	54:48	+23:32	05:29
119	68	Carolina Silva Santos	individual	Senior Feminino	54:48	+23:32	05:29
120	160	Miguel Rocha	individual	Senior Masculino	54:48	+23:32	05:29
121	158	Miguel Oliveira	individual	Senior Masculino	55:08	+23:52	05:31
122	139	JOAO PEDRO CORREIA ALVES	individual	Senior Masculino	55:18	+24:02	05:32
123	150	Lucas Bertoloto Pereira	individual	Senior Masculino	55:19	+24:03	05:32
124	56	Akram jahanshahi	individual	Senior Feminino	55:20	+24:03	05:32
125	196	Marco Costa	pinchavelho e companhia	Senior Masculino	55:22	+24:06	05:32
126	44	Verena Puttrich	gambozinos	Senior Feminino	55:34	+24:18	05:33
127	171	Ricardo Silva Jorge	individual	Senior Masculino	55:40	+24:24	05:34
128	198	Carla Tavares	sentinelas do vouga	Senior Feminino	55:54	+24:37	05:35

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	147	Jose Pedro da Costa Bastos Ribeiro Pereira	individual	Senior Masculino	55:54	+24:38	05:35
130	199	Mário Sequeira	sentinelas do vouga	Senior Masculino	55:54	+24:38	05:35
131	50	Helder Rodrigues	grecas	Senior Masculino	55:59	+24:42	05:36
132	117	David Joel Anjos Medeiros	individual	Senior Masculino	56:01	+24:45	05:36
133	99	Renata Rocha	individual	Senior Feminino	56:41	+25:25	05:40
134	75	Inês Falcão	individual	Senior Feminino	57:03	+25:46	05:42
135	202	José Jordão	super ct	Senior Masculino	57:07	+25:51	05:43
136	36	José Carvalho	digá!	Senior Masculino	57:13	+25:56	05:43
137	203	Leonardo Luís	super ct	Senior Masculino	57:16	+25:59	05:44
138	134	João Cardoso	individual	Senior Masculino	57:24	+26:08	05:44
139	94	Maria Sousa	individual	Senior Feminino	57:25	+26:09	05:44
140	108	Afonso Duarte Pocinho	individual	Senior Masculino	57:25	+26:09	05:45
141	128	Guilherme Henriques Pinto	individual	Senior Masculino	57:43	+26:26	05:46
142	90	Maria dos anjos	individual	Senior Feminino	57:49	+26:32	05:47
143	95	Mariana Ferreira	individual	Senior Feminino	57:51	+26:34	05:47
144	213	Joel Antunes	voltaren run club	Senior Masculino	58:03	+26:47	05:48
145	212	Joana Correia	voltaren run club	Senior Feminino	58:03	+26:47	05:48
146	188	VINICIUS OLIVEIRA	individual	Senior Masculino	58:35	+27:18	05:51
147	74	Gabriela Luiza de Oliveira	individual	Senior Feminino	58:42	+27:26	05:52
148	193	Cíntia Lopes	mici	Senior Feminino	59:02	+27:46	05:54
149	190	Wescley Soares Silva	individual	Senior Masculino	59:03	+27:47	05:54
150	201	Gabriel Janicas	super ct	Senior Masculino	59:18	+28:02	05:56
151	215	Thierry Pires	voltaren run club	Senior Masculino	59:25	+28:08	05:56
152	153	Marco Catarino	individual	Senior Masculino	59:47	+28:31	05:59
153	133	João Baldaia	individual	Senior Masculino	59:58	+28:42	06:00
154	132	Jaime Ricardo Costa Lopes Catarino	individual	Senior Masculino	01:00:33	+29:17	06:03
155	230	Eduarda Bradão	individual	Senior Feminino	01:01:02	+29:45	06:06
156	197	Pedro Lima	play out	Senior Masculino	01:01:02	+29:46	06:06
157	15	Nuno Fahla	à tua frente	Senior Masculino	01:01:10	+29:54	06:07
158	46	João Pedro Martins Coelho	gambozinos	Senior Masculino	01:01:19	+30:02	06:08
159	218	Isabel Gonçalves	we can run aveiro	Senior Feminino	01:01:37	+30:21	06:10
160	217	Estéfani Laux	we can run aveiro	Senior Feminino	01:01:37	+30:21	06:10
161	216	CATARINA MARQUES	we can run aveiro	Senior Feminino	01:01:37	+30:21	06:10
162	42	Marisa Freitas	gambozinos	Senior Feminino	01:01:56	+30:40	06:12
163	73	Filipa Rodrigues Loureiro	individual	Senior Feminino	01:02:55	+31:38	06:17
164	24	Maria Matias Neto	carapaus de corrida	Senior Feminino	01:03:05	+31:49	06:19
165	70	cristina soares	individual	Senior Feminino	01:03:17	+32:00	06:20
166	41	Inês de Sousa Machado	gambozinos	Senior Feminino	01:03:21	+32:05	06:20
167	43	Mélodie Ribeiro	gambozinos	Senior Feminino	01:03:21	+32:05	06:20
168	45	Gabriel Santiago Marques	gambozinos	Senior Masculino	01:03:21	+32:05	06:20
169	71	Daniela Ribeiro	individual	Senior Feminino	01:03:22	+32:06	06:20
170	23	Mafalda Gonçalves	carapaus de corrida	Senior Feminino	01:03:23	+32:06	06:20
171	96	Otilia Rodrigues	individual	Senior Feminino	01:03:32	+32:15	06:21
172	81	Joana Monteiro	individual	Senior Feminino	01:05:55	+34:38	06:35
173	83	Júlia Goulart	individual	Senior Feminino	01:06:01	+34:44	06:36

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	39	Miguel Cordeiro Costa	família guedes costa	Senior Masculino	01:06:14	+34:58	06:37
175	40	Rafael Guedes	família guedes costa	Senior Masculino	01:06:15	+34:59	06:38
176	109	Antonio moreira	individual	Senior Masculino	01:06:43	+35:27	06:40
177	79	Joana Cabral	individual	Senior Feminino	01:06:43	+35:27	06:40
178	22	Ana Delgado	carapaus de corrida	Senior Feminino	01:06:56	+35:40	06:42
179	61	Ana Margarida	individual	Senior Feminino	01:06:59	+35:43	06:42
180	62	Ana Rita Silva	individual	Senior Feminino	01:06:59	+35:43	06:42
181	222	Renato Bata Mota	we can run aveiro	Senior Masculino	01:07:36	+36:20	06:46
182	57	Alexandra Maria Patrício Alves da Costa	individual	Senior Feminino	01:07:37	+36:21	06:46
183	98	Raquel Fonseca	individual	Senior Feminino	01:07:47	+36:31	06:47
184	60	Ana Luís Sousa	individual	Senior Feminino	01:08:30	+37:14	06:51
185	91	Maria Fernandes	individual	Senior Feminino	01:09:35	+38:19	06:58
186	104	Suzana Costa	individual	Senior Feminino	01:12:14	+40:58	07:13
187	59	Ana Gonçalves	individual	Senior Feminino	01:14:26	+43:10	07:27
188	195	Regina Marvão	pinchavelho e companhia	Senior Feminino	01:14:28	+43:12	07:27
189	58	Ana Cristina Soares Mendes	individual	Senior Feminino	01:15:22	+44:05	07:32
190	82	Joaquina Vandende Cambiete	individual	Senior Feminino	01:16:56	+45:39	07:42
191	169	Ricardo Alexandre Florentino da Silva	individual	Senior Masculino	01:17:12	+45:55	07:43
192	93	Maria Margarida Nunes de Almeida	individual	Senior Feminino	01:17:16	+46:00	07:44
193	211	Marcelo Monteiro	velocidade duvidosa	Senior Masculino	01:22:47	+51:31	08:17
194	210	Gonçalo Ribeiro	velocidade duvidosa	Senior Masculino	01:22:49	+51:33	08:17
195	208	Beatriz Fernandes	velocidade duvidosa	Senior Feminino	01:23:10	+51:54	08:19
196	209	Diana Monteiro	velocidade duvidosa	Senior Feminino	01:23:11	+51:54	08:19

BIB	NOTE	NAME	TEAM	CAT
18	DNF	Alexandre Azevedo	Associação Académica de Coimbra	Senior Masculino
106	DNF	Abdelghafour Abraray	Individual	Senior Masculino
110	DNF	António Nunes de Almeida	Individual	Senior Masculino
119	DNF	Diego Ribeiro Dantas Pontes	Individual	Senior Masculino

Prova Principal

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	15,1°C	61%
End	11:23	18,8°C	53%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2	Carla Martinho	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	34:20	+03:04	03:26
2	77	Inês Pereira	Individual	Senior Feminino	44:10	+12:54	04:25
3	102	Sara Melo	Individual	Senior Feminino	44:30	+13:15	04:27
4	35	LILIANA MARTINHO	DCI/Trilhos Luso Bussaco	Senior Feminino	45:38	+14:22	04:34
5	205	Susana Cerqueira	Tartarugas	Senior Feminino	48:19	+17:03	04:50
6	97	RAQUEL BRITO	Individual	Senior Feminino	48:29	+17:13	04:51
7	49	Sandra Vieira	GRECAS	Senior Feminino	49:04	+17:48	04:54
8	78	Inês Sá	Individual	Senior Feminino	49:15	+17:59	04:56
9	219	Sara Tschumi	WE CAN RUN AVEIRO	Senior Feminino	49:33	+18:17	04:57
10	103	Sofia Assunção	Individual	Senior Feminino	49:59	+18:43	05:00
11	80	Joana Macedo	Individual	Senior Feminino	51:29	+20:13	05:09
12	65	Beatriz Matos	Individual	Senior Feminino	51:32	+20:16	05:09
13	87	Manuela Sousa	Individual	Senior Feminino	51:58	+20:42	05:12
14	37	Marisa Moreira	É só até ali	Senior Feminino	51:58	+20:42	05:12
15	100	Rute Forte	Individual	Senior Feminino	51:58	+20:42	05:12
16	86	Mafalda Segura	Individual	Senior Feminino	52:17	+21:01	05:14
17	85	Laura Santos	Individual	Senior Feminino	52:23	+21:07	05:14
18	101	Sandrina Pereira	Individual	Senior Feminino	52:45	+21:30	05:17
19	76	Inês Ferreira	Individual	Senior Feminino	53:05	+21:49	05:19
20	66	Briana Pereira	Individual	Senior Feminino	53:23	+22:07	05:20
21	88	Margarida Henriques Pereira	Individual	Senior Feminino	54:11	+22:55	05:25
22	84	kesia silvani	Individual	Senior Feminino	54:30	+23:15	05:27
23	63	Andreia Barreira	Individual	Senior Feminino	54:48	+23:32	05:29
24	68	Carolina Silva Santos	Individual	Senior Feminino	54:48	+23:32	05:29
25	56	Akram jahanshahi	Individual	Senior Feminino	55:19	+24:03	05:32
26	44	Verena Puttrich	Gambozinos	Senior Feminino	55:34	+24:18	05:33
27	198	Carla Tavares	Sentinelas do Vouga	Senior Feminino	55:53	+24:37	05:35
28	99	Renata Rocha	Individual	Senior Feminino	56:41	+25:25	05:40
29	75	Inês Falcão	Individual	Senior Feminino	57:02	+25:46	05:42
30	94	Maria Sousa	Individual	Senior Feminino	57:24	+26:09	05:44
31	90	Maria dos anjos	Individual	Senior Feminino	57:48	+26:32	05:47
32	95	Mariana Ferreira	Individual	Senior Feminino	57:50	+26:34	05:47
33	212	Joana Correia	Voltaren Run Club	Senior Feminino	58:03	+26:47	05:48
34	74	Gabriela Luiza de Oliveira	Individual	Senior Feminino	58:41	+27:26	05:52
35	193	Cíntia Lopes	MICI	Senior Feminino	59:02	+27:46	05:54
36	230	Eduarda Bradão	Individual	Senior Feminino	01:01:01	+29:45	06:06
37	218	Isabel Gonçalves	WE CAN RUN AVEIRO	Senior Feminino	01:01:36	+30:21	06:10
38	217	Estéfani Laux	WE CAN RUN AVEIRO	Senior Feminino	01:01:37	+30:21	06:10
39	216	CATARINA MARQUES	WE CAN RUN AVEIRO	Senior Feminino	01:01:37	+30:21	06:10

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Prova Principal

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OFFICIAL RESULT

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40	42	Marisa Freitas	Gambozinos	Senior Feminino	01:01:56	+30:40	06:12
41	73	Filipa Rodrigues Loureiro	Individual	Senior Feminino	01:02:54	+31:38	06:17
42	24	Maria Matias Neto	CARAPUS DE CORRIDA	Senior Feminino	01:03:05	+31:49	06:19
43	70	cristina soares	Individual	Senior Feminino	01:03:16	+32:00	06:20
44	41	Inês de Sousa Machado	Gambozinos	Senior Feminino	01:03:21	+32:05	06:20
45	43	Mélodie Ribeiro	Gambozinos	Senior Feminino	01:03:21	+32:05	06:20
46	71	Daniela Ribeiro	Individual	Senior Feminino	01:03:22	+32:06	06:20
47	23	Mafalda Gonçalves	CARAPUS DE CORRIDA	Senior Feminino	01:03:22	+32:06	06:20
48	96	Otilia Rodrigues	Individual	Senior Feminino	01:03:31	+32:15	06:21
49	81	Joana Monteiro	Individual	Senior Feminino	01:05:54	+34:38	06:35
50	83	Júlia Goulart	Individual	Senior Feminino	01:06:00	+34:44	06:36
51	79	Joana Cabral	Individual	Senior Feminino	01:06:43	+35:27	06:40
52	22	Ana Delgado	CARAPUS DE CORRIDA	Senior Feminino	01:06:56	+35:40	06:42
53	61	Ana Margarida	Individual	Senior Feminino	01:06:59	+35:43	06:42
54	62	Ana Rita Silva	Individual	Senior Feminino	01:06:59	+35:43	06:42
55	57	Alexandra Maria Patrício Alves da Costa	Individual	Senior Feminino	01:07:36	+36:21	06:46
56	98	Raquel Fonseca	Individual	Senior Feminino	01:07:46	+36:31	06:47
57	60	Ana Luís Sousa	Individual	Senior Feminino	01:08:30	+37:14	06:51
58	91	Maria Fernandes	Individual	Senior Feminino	01:09:35	+38:19	06:58
59	104	Suzana Costa	Individual	Senior Feminino	01:12:14	+40:58	07:13
60	59	Ana Gonçalves	Individual	Senior Feminino	01:14:26	+43:10	07:27
61	195	Regina Marvão	PINCHAVELHO E COMPANHIA	Senior Feminino	01:14:27	+43:12	07:27
62	58	Ana Cristina Soares Mendes	Individual	Senior Feminino	01:15:21	+44:05	07:32
63	82	Joaquina Vandende Cambiete	Individual	Senior Feminino	01:16:55	+45:39	07:42
64	93	Maria Margarida Nunes de Almeida	Individual	Senior Feminino	01:17:15	+46:00	07:44
65	208	Beatriz Fernandes	Velocidade Duvidosa	Senior Feminino	01:23:10	+51:54	08:19
66	209	Diana Monteiro	Velocidade Duvidosa	Senior Feminino	01:23:10	+51:54	08:19

Senior Masculino

1	51	Nuno Miguel	GRECAS	Senior Masculino	31:15	03:08
2	31	IGOR GAIO	Clube Atletismo de Ovar	Senior Masculino	32:28	+01:12 03:15
3	137	João mouro	Individual	Senior Masculino	32:54	+01:38 03:17
4	48	Jorge Cubal	GDC Guilhovai	Senior Masculino	33:13	+01:57 03:19
5	16	Henrique Gomes	ACD Os Ilhavos	Senior Masculino	34:03	+02:48 03:24
6	52	Rui Pedro Gala	GRECAS	Senior Masculino	34:11	+02:56 03:25
7	187	Vicente Regalado	Individual	Senior Masculino	34:56	+03:40 03:30
8	145	José Carvalho	Individual	Senior Masculino	35:07	+03:52 03:31
9	207	Tiago Miguel Rodrigues Gonçalves	Tartarugas	Senior Masculino	35:21	+04:05 03:32
10	17	Rui Costa	ACD Os Ilhavos	Senior Masculino	35:26	+04:10 03:33
11	183	Tiago Ferreira	Individual	Senior Masculino	36:11	+04:55 03:37
12	176	Rui Machado	Individual	Senior Masculino	37:23	+06:07 03:44
13	125	Frederico Madaleno	Individual	Senior Masculino	37:27	+06:11 03:45
14	141	João Sousa	Individual	Senior Masculino	38:02	+06:46 03:48
15	30	Lobo do Asfalto	CENAP	Senior Masculino	38:28	+07:12 03:51

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Prova Principal

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OFFICIAL RESULT

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16	34	José Coutinho	Individual	Senior Masculino	38:28	+07:13	03:51
17	122	Felipe Gomes Araujo	Individual	Senior Masculino	38:49	+07:33	03:53
18	191	Duarte Eira	Lobos do Brunheiro de Chaves/Anteros	Senior Masculino	39:05	+07:49	03:55
19	1	Joao Almeida	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	39:39	+08:23	03:58
20	180	Sandro Duarte	Individual	Senior Masculino	39:39	+08:23	03:58
21	130	Henry Wiedenroth	Individual	Senior Masculino	39:49	+08:33	03:59
22	175	Rui Alves	Individual	Senior Masculino	39:57	+08:42	04:00
23	140	João Rodrigo da Costa Nunes	Individual	Senior Masculino	40:19	+09:04	04:02
24	123	Filipe Esteves Rouxinol	Individual	Senior Masculino	40:31	+09:15	04:03
25	152	Marco Balsinha	Individual	Senior Masculino	40:56	+09:40	04:06
26	13	Francisco Ribeiro	à TUA frente	Senior Masculino	41:00	+09:44	04:06
27	184	Tiago Silvestre	Individual	Senior Masculino	41:08	+09:52	04:07
28	121	Fabio Jorge Pinto Figueiredo	Individual	Senior Masculino	41:13	+09:57	04:07
29	204	Paulo Ramirez	Tainadas Run Team - Somengil	Senior Masculino	41:28	+10:12	04:09
30	161	Nuno da Silva Paiva	Individual	Senior Masculino	41:29	+10:13	04:09
31	194	Miguel Dinis	MICI	Senior Masculino	41:37	+10:21	04:10
32	179	Samuel Verdasca	Individual	Senior Masculino	42:00	+10:44	04:12
33	11	Francisco Cabral	à TUA frente	Senior Masculino	42:29	+11:14	04:15
34	38	João Laranjeiro	É só até ali	Senior Masculino	42:36	+11:21	04:16
35	124	Francisco de Pinho Correia Domingues	Individual	Senior Masculino	42:42	+11:26	04:16
36	138	João Pedro Conde de Almeida	Individual	Senior Masculino	42:55	+11:40	04:18
37	182	Tiago dos Santos Ferreira da Silva	Individual	Senior Masculino	42:56	+11:40	04:18
38	111	António Santos	Individual	Senior Masculino	43:34	+12:18	04:21
39	114	Bruno Bernardes de Jesus	Individual	Senior Masculino	43:42	+12:26	04:22
40	54	Francisco Martins	Hut Runners Aveiro	Senior Masculino	43:44	+12:28	04:22
41	164	Pedro da Silva	Individual	Senior Masculino	43:58	+12:42	04:24
42	116	David de Sousa Quitério	Individual	Senior Masculino	44:00	+12:45	04:24
43	168	Rafael Gomes	Individual	Senior Masculino	44:06	+12:51	04:25
44	173	Rogério Santos	Individual	Senior Masculino	44:26	+13:10	04:27
45	126	Gonçalo de Almeida Tavares	Individual	Senior Masculino	44:31	+13:15	04:27
46	19	Ricardo Dias	Bloco	Senior Masculino	44:37	+13:21	04:28
47	185	Tomás Pereira	Individual	Senior Masculino	44:46	+13:30	04:29
48	155	Mario Alvarez	Individual	Senior Masculino	44:46	+13:31	04:29
49	159	Miguel Reia	Individual	Senior Masculino	44:53	+13:37	04:29
50	127	Gonçalo Silva	Individual	Senior Masculino	44:54	+13:38	04:29
51	142	João Vidal	Individual	Senior Masculino	44:57	+13:41	04:30
52	156	Mateus Abreu	Individual	Senior Masculino	45:04	+13:48	04:30
53	177	Rui Simões	Individual	Senior Masculino	45:14	+13:58	04:31
54	163	Paulo Cardoso	Individual	Senior Masculino	45:22	+14:06	04:32
55	53	PEDRO ROCHA	GRUPO DESPORTIVO DA GAFANHA	Senior Masculino	45:24	+14:08	04:32
56	148	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	45:37	+14:21	04:34
57	166	Pedro Inácio	Individual	Senior Masculino	46:36	+15:20	04:40
58	120	Elder Neves	Individual	Senior Masculino	46:47	+15:32	04:41
59	144	Jorge Rodrigues	Individual	Senior Masculino	46:48	+15:33	04:41

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60	143	Joaquim Santos	Individual	Senior Masculino	47:16	+16:00	04:44
61	55	Jorge Branco	Hut Runners Aveiro	Senior Masculino	47:18	+16:02	04:44
62	113	Arménio Neves	Individual	Senior Masculino	47:40	+16:24	04:46
63	136	João Monge Coutinho	Individual	Senior Masculino	47:49	+16:33	04:47
64	157	Miguel Galrinho	Individual	Senior Masculino	47:52	+16:36	04:47
65	33	Vasco Mendes	Corre, que a avó vem aí!	Senior Masculino	48:04	+16:48	04:48
66	20	Jhonny Eurresta	Caramelos runnig	Senior Masculino	48:16	+17:00	04:50
67	206	Jorge Rodrigues	Tartarugas	Senior Masculino	48:19	+17:03	04:50
68	118	David Nunes Aires Duarte	Individual	Senior Masculino	49:23	+18:07	04:56
69	220	Kevin amoedo	WE CAN RUN AVEIRO	Senior Masculino	49:34	+18:19	04:57
70	131	Hugo Malcato	Individual	Senior Masculino	49:44	+18:28	04:58
71	32	José Miguel Mendes	Corre, que a avó vem aí!	Senior Masculino	49:52	+18:36	04:59
72	172	Rodrigo Manuel Machacaz Colhe	Individual	Senior Masculino	50:00	+18:44	05:00
73	25	Carlos M. Correia	CARAP AUS DE CORRIDA	Senior Masculino	50:10	+18:55	05:01
74	28	Pedro Nunes	CARAP AUS DE CORRIDA	Senior Masculino	50:11	+18:55	05:01
75	221	Leandro Klauck	WE CAN RUN AVEIRO	Senior Masculino	50:23	+19:08	05:02
76	26	Gabriel Matias Neto	CARAP AUS DE CORRIDA	Senior Masculino	50:51	+19:35	05:05
77	165	Pedro Ferreira	Individual	Senior Masculino	51:23	+20:07	05:08
78	170	Ricardo Casqueira	Individual	Senior Masculino	52:01	+20:45	05:12
79	112	ANTÓNIO TAVARES	Individual	Senior Masculino	52:06	+20:50	05:13
80	115	Bruno Henrique Alves Ciloto	Individual	Senior Masculino	52:11	+20:55	05:13
81	231	Gonçalo Barros	Individual	Senior Masculino	52:15	+20:59	05:14
82	223	Tiago Martinho	WE CAN RUN AVEIRO	Senior Masculino	52:23	+21:07	05:14
83	14	João Castanheira	à TUA frente	Senior Masculino	52:48	+21:33	05:17
84	12	Francisco Pereira	à TUA frente	Senior Masculino	52:49	+21:33	05:17
85	21	Joel Eurresta	Caramelos runnig	Senior Masculino	52:49	+21:33	05:17
86	214	Pedro Machado	Voltaren Run Club	Senior Masculino	53:03	+21:48	05:18
87	200	Bernardo Marçal	Super CT	Senior Masculino	53:09	+21:53	05:19
88	47	Sébastien Bertrand Marques Lacroix	Gambozinos	Senior Masculino	53:29	+22:13	05:21
89	178	Rui Soares	Individual	Senior Masculino	53:33	+22:17	05:21
90	186	Tymon Gawrych	Individual	Senior Masculino	53:47	+22:31	05:23
91	181	Thiago Sampaio de Castro Silva	Individual	Senior Masculino	53:55	+22:39	05:24
92	27	João A. Oliveira	CARAP AUS DE CORRIDA	Senior Masculino	54:00	+22:44	05:24
93	162	Otemberg Evangelista da Silva	Individual	Senior Masculino	54:10	+22:54	05:25
94	149	Karl Freiwald	Individual	Senior Masculino	54:31	+23:15	05:27
95	167	Pedro Seabra	Individual	Senior Masculino	54:47	+23:31	05:29
96	160	Miguel Rocha	Individual	Senior Masculino	54:48	+23:32	05:29
97	158	Miguel Oliveira	Individual	Senior Masculino	55:08	+23:52	05:31
98	139	JOAO PEDRO CORREIA ALVES	Individual	Senior Masculino	55:18	+24:02	05:32
99	150	Lucas Bertoloto Pereira	Individual	Senior Masculino	55:19	+24:03	05:32
100	196	Marco Costa	PINCHAVELHO E COMPANHIA	Senior Masculino	55:21	+24:06	05:32
101	171	Ricardo Silva Jorge	Individual	Senior Masculino	55:40	+24:24	05:34
102	147	Jose Pedro da Costa Bastos Ribeiro Pereira	Individual	Senior Masculino	55:53	+24:38	05:35
103	199	Mário Sequeira	Sentinelas do Vouga	Senior Masculino	55:54	+24:38	05:35
104	50	Helder Rodrigues	GRECAS	Senior Masculino	55:58	+24:42	05:36
105	117	David Joel Anjos Medeiros	Individual	Senior Masculino	56:01	+24:45	05:36

Prova Principal

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OFFICIAL RESULT

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106	202	José Jordão	Super CT	Senior Masculino	57:07	+25:51	05:43
107	36	José Carvalho	Digá!	Senior Masculino	57:12	+25:56	05:43
108	203	Leonardo Luís	Super CT	Senior Masculino	57:15	+25:59	05:44
109	134	João Cardoso	Individual	Senior Masculino	57:24	+26:08	05:44
110	108	Afonso Duarte Pocinho	Individual	Senior Masculino	57:25	+26:09	05:43
111	128	Guilherme Henriques Pinto	Individual	Senior Masculino	57:42	+26:26	05:46
112	213	Joel Antunes	Voltaren Run Club	Senior Masculino	58:03	+26:47	05:48
113	188	VINICIUS OLIVEIRA	Individual	Senior Masculino	58:34	+27:18	05:51
114	190	Wesley Soares Silva	Individual	Senior Masculino	59:02	+27:47	05:54
115	201	Gabriel Janicas	Super CT	Senior Masculino	59:18	+28:02	05:56
116	215	Thierry Pires	Voltaren Run Club	Senior Masculino	59:24	+28:08	05:56
117	153	Marco Catarino	Individual	Senior Masculino	59:46	+28:31	05:59
118	133	João Baldaia	Individual	Senior Masculino	59:58	+28:42	06:00
119	132	Jaime Ricardo Costa Lopes Catarino	Individual	Senior Masculino	01:00:32	+29:17	06:03
120	197	Pedro Lima	Play Out	Senior Masculino	01:01:01	+29:46	06:06
121	15	Nuno Fahla	à TUA frente	Senior Masculino	01:01:10	+29:54	06:07
122	46	João Pedro Martins Coelho	Gambozinos	Senior Masculino	01:01:18	+30:02	06:08
123	45	Gabriel Santiago Marques	Gambozinos	Senior Masculino	01:03:21	+32:05	06:20
124	39	Miguel Cordeiro Costa	Família Guedes Costa	Senior Masculino	01:06:14	+34:58	06:37
125	40	Rafael Guedes	Família Guedes Costa	Senior Masculino	01:06:15	+34:59	06:38
126	109	Antonio moreira	Individual	Senior Masculino	01:06:42	+35:27	06:40
127	222	Renato Bata Mota	WE CAN RUN AVEIRO	Senior Masculino	01:07:36	+36:20	06:46
128	169	Ricardo Alexandre Florentino da Silva	Individual	Senior Masculino	01:17:11	+45:55	07:43
129	211	Marcelo Monteiro	Velocidade Duvidosa	Senior Masculino	01:22:46	+51:31	08:17
130	210	Gonçalo Ribeiro	Velocidade Duvidosa	Senior Masculino	01:22:49	+51:33	08:17