

5 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:29	9,5°C	100%
End	10:14	9.5°C	100%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	14	Jorge Almeida	AEJ TRIATLO	16:38		03:20	
2	2	José Moreira	Individual	16:42	+00:04	03:20	
3	79	Antonio Fernandes	Individual	18:02	+01:24	03:36	
4	6	Fernando Silva	ACR Vale de Cambra	18:18	+01:40	03:40	
5	104	Josue Moreira	Individual	19:11	+02:33	03:50	
6	151	Marco Soares	OS ILHAVOS	19:13	+02:35	03:51	
7	141	Daniel Gomes	Juventude Atletica Mozelense	19:25	+02:47	03:53	
8	91	Francisco Xavier	Individual	20:19	+03:41	04:04	
9	34	1.Ricardo Miguel Martins Gomes	Equipa Trindade	20:26	+03:48	04:05	
10	78	André Mota	Individual	20:41	+04:03	04:08	
11	122	Rodrigo Saramago Silva	Individual	20:57	+04:19	04:11	
12	30	António Fernandes	DOMINGO LEVO UM RADIO	21:01	+04:23	04:12	
13	169	Fatima Pinho	AFIS/OVAR	21:03	+04:25	04:13	
14	75	ALBANO BRAGA	Individual	21:15	+04:37	04:15	
15	127	Thiago Dias	Individual	21:20	+04:42	04:16	
16	88	Diogo Sousa	Individual	21:24	+04:46	04:17	
17	142	Nuno Costa	Juventude Atletica Mozelense	21:41	+05:03	04:20	
18	158	Jorge Tavares	Grupo	21:44	+05:06	04:21	
19	92	Gonçalo Silva	Individual	21:45	+05:07	04:21	
20	16	Roberto Santos	AEJ TRIATLO	21:51	+05:13	04:22	
21	99	João Martins	Individual	22:00	+05:22	04:24	
22	109	Marcelo Marques	Individual	22:01	+05:23	04:24	
23	123	Rui Manuel Ferreira Barroso Gomes	Individual	22:18	+05:40	04:28	
24	29	Alcino Silva	DOMINGO LEVO UM RADIO	22:26	+05:48	04:29	
25	32	Luís Pinho	DOMINGO LEVO UM RADIO	22:31	+05:53	04:30	
26	157	Fátima Tavares	Grupo	22:32	+05:54	04:30	
27	155	Fábio Ferreira	Pupilos do Zé-Tó	22:38	+06:00	04:32	
28	90	Filipe Miguel Alves abreu	Individual	22:44	+06:06	04:33	
29	36	Óscar Miguel Almeida	Equipa Trindade	22:59	+06:21	04:36	
30	100	João Pedro	Individual	23:04	+06:26	04:37	
31	13	João Guimarães	AEJ TRIATLO	23:12	+06:34	04:38	
32	113	nuno saramago	Individual	23:19	+06:41	04:40	
33	33	Jorge Melo	Domingo Levo um Rádio	23:23	+06:45	04:41	
34	7	Adélia Tavares	ADC CJ CLARK de Castelo de Paiva	23:29	+06:51	04:42	
35	17	Rui Oliveira	AEJ TRIATLO	23:33	+06:55	04:43	
36	19	André Rodrigues	Bravos do Batista	23:34	+06:56	04:43	
37	112	Miguel Pereira	Individual	23:42	+07:04	04:44	
38	44	Ana Marques	Individual	23:42	+07:05	04:45	
39	31	ARLINDO SILVA	DOMINGO LEVO UM RADIO	23:51	+07:13	04:46	
40	20	Francisco Vieira	Bravos do Batista	24:19	+07:41	04:52	
41	116	Pedro Tiago Correia Valente	Individual	24:22	+07:44	04:52	
42	85	diogo dias	Individual	24:59	+08:21	05:00	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	71	Paula Oliveira	Individual	25:03	+08:25	05:01	
44	97	Hugo Alexandre Pinheiro Malcato	Individual	25:08	+08:30	05:02	
45	108	Manuel Oliveira	Individual	25:14	+08:36	05:03	
46	119	Ricardo Santos	Individual	25:20	+08:42	05:04	
47	111	Miguel oliveira	Individual	25:23	+08:45	05:05	
48	81	Bruno Costa	Individual	25:29	+08:51	05:06	
49	96	Henrique Silva	Individual	25:30	+08:52	05:06	
50	114	Paulo Henrique da Costa Santos	Individual	25:36	+08:58	05:07	
51	115	Paulo Manuel Ferreira da Silva	Individual	25:44	+09:06	05:09	
52	131	Vitorino Silva	Individual	25:44	+09:06	05:09	
53	74	Vanessa Maia	Individual	25:47	+09:09	05:09	
54	84	Daniel Lopes	Individual	25:59	+09:21	05:12	
55	57	Iara Silva	Individual	26:04	+09:26	05:13	
56	149	José Torres	Maratonistas de Sofá	26:09	+09:31	05:14	
57	8	Andreia Teixeira	ADC CJ CLARK de Castelo de Paiva	26:10	+09:32	05:14	
58	21	Miguel Tavares	Bravos do Batista	26:13	+09:35	05:15	
59	38	Tiago Nicolau da Costa Ventura	Equipa Trindade	26:26	+09:48	05:17	
60	148	Celso Silva	Maratonistas de Sofá	26:35	+09:57	05:19	
61	76	André Filipe Sousa Pinho	Individual	26:36	+09:58	05:19	
62	176	Carla Pinto	Individual	26:37	+09:59	05:19	
63	66	Liliana Batista	Individual	26:40	+10:02	05:20	
64	58	Inês Costa	Individual	27:12	+10:34	05:26	
65	43	Ana Lúcia S Carvalho	Individual	27:13	+10:35	05:27	
66	37	Paulo Jorge Ferreira dos Santos	Equipa Trindade	27:38	+11:00	05:32	
67	98	Jerónimo Cardoso	Individual	27:38	+11:00	05:32	
68	118	Ricardo Pereira	Individual	28:01	+11:23	05:36	
69	124	Santiago Esteves	Individual	28:29	+11:51	05:42	
70	168	Atleta 168	Individual	28:35	+11:57	05:43	
71	94	Guido Bruno	Individual	29:00	+12:22	05:48	
72	9	Elisabete Barbosa	ADC CJ CLARK de Castelo de Paiva	29:02	+12:24	05:48	
73	83	Caique Coutinho De Queiroz	Individual	29:07	+12:29	05:49	
74	137	Alexandre Duarte	Jonas Run	29:19	+12:41	05:52	
75	26	Eduardo Pereira	Couto VIP	29:20	+12:42	05:52	
76	28	Nuno Ribeiro	Couto VIP	29:20	+12:42	05:52	
77	138	André Costa	Jonas Run	29:20	+12:42	05:52	
78	139	Fábio Almeida	Jonas Run	29:28	+12:50	05:54	
79	64	Joana Inês Gonçalves	Individual	29:45	+13:07	05:57	
80	105	Leonardo Martins	Individual	29:47	+13:09	05:57	
81	126	Sebastiao prado	Individual	30:16	+13:38	06:03	
82	80	Antonio Moreira	Individual	30:54	+14:16	06:11	
83	51	Cátia Cardoso	Individual	30:56	+14:18	06:11	
84	170	Atleta 170	Individual	31:03	+14:25	06:13	
85	1	António Pedro Silva Ventura	Equipa Trindade	31:03	+14:25	06:13	
86	101	Joaquim Manuel Jesus Cardoso	Individual	31:03	+14:25	06:13	
87	107	Manuel Brandão	Individual	31:04	+14:26	06:13	
88	35	Óscar Filipe Alves Pinho Almeida	Equipa Trindade	31:08	+14:30	06:14	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	87	Diogo Lopes	Individual	31:08	+14:30	06:14	
90	121	Rodrigo Rodrigues	Individual	31:09	+14:31	06:14	
91	72	Rita Azevedo	Individual	31:19	+14:41	06:16	
92	136	Tatiana Gomes	Jonas Run	31:19	+14:41	06:16	
93	134	Maria Inês Oliveira	Jonas Run	31:24	+14:46	06:17	
94	60	iolanda ferreira	Individual	31:54	+15:16	06:23	
95	156	Vitor Pereira	Pupilos do Zé-Tó	31:56	+15:18	06:23	
96	150	Bruno Almeida	MARRETAS DA CANECA	31:58	+15:20	06:24	
97	65	Joana Moreira	Individual	32:02	+15:24	06:24	
98	47	Carla Maria silva costa	Individual	32:07	+15:29	06:25	
99	120	Ricardo Teixeira	Individual	32:14	+15:36	06:27	
100	53	Cristiana Duarte	Individual	32:14	+15:36	06:27	
101	22	PAULO JORGE DA CRUZ CAVALEIRO	Chega de São João da Madeira	32:26	+15:48	06:29	
102	143	Luciana Mozzini	LueLu	32:30	+15:52	06:30	
103	42	Ana Filipa Santos Silva	Individual	32:37	+15:59	06:31	
104	50	Catarina Silva	Individual	32:41	+16:03	06:32	
105	70	Marina sophia Brandão Pedrosa	Individual	32:50	+16:12	06:34	
106	135	Rita Silva	Jonas Run	32:50	+16:12	06:34	
107	132	Andresa Ferreira	Jonas Run	32:51	+16:13	06:34	
108	23	Ricardo Diogo Pereira de Almeida	Chega de São João da Madeira	32:53	+16:15	06:35	
109	24	Susana Maria Pinho Duarte	Chega de São João da Madeira	32:53	+16:15	06:35	
110	68	Liliana Sofia Oliveira Pinto	Individual	33:48	+17:10	06:46	
111	144	Estrela Soares	Maratonistas de Sofá	34:35	+17:57	06:55	
112	147	Raquel Soares	Maratonistas de Sofá	34:57	+18:19	06:59	
113	15	Marco Leite	AEJ TRIATLO	35:52	+19:14	07:10	
114	11	Luísa Santiago	AEJ TRIATLO	35:53	+19:15	07:11	
115	128	Tiago Bastos	Individual	35:53	+19:15	07:11	
116	27	Francisco Andrade	Couto VIP	35:54	+19:16	07:11	
117	69	Maria Rosa	Individual	35:54	+19:16	07:11	
118	25	Ana Filipa Resende Pereira	Couto VIP	35:55	+19:17	07:11	
119	10	Filipa Ribeiro	AEJ TRIATLO	35:57	+19:19	07:11	
120	18	Sandro Silva	AEJ TRIATLO	35:57	+19:19	07:11	
121	73	Sónia Moreira	Individual	36:30	+19:52	07:18	
122	146	Liliana Silva	Maratonistas de Sofá	36:36	+19:58	07:19	
123	145	Joana Matos	Maratonistas de Sofá	36:37	+19:59	07:19	
124	152	Alcina Costa	Pace Lentas	36:40	+20:02	07:20	
125	153	Andreza Jesus	Pace Lentas	36:40	+20:02	07:20	
126	49	Carolina Lestre	Individual	36:44	+20:06	07:21	
127	154	Ana Moreira	Pimpeus	37:12	+20:35	07:27	
128	63	Joana Henriques	Individual	37:13	+20:35	07:27	
129	117	pedro valente	Individual	37:23	+20:45	07:29	
130	166	Atleta 166	Individual	37:27	+20:49	07:29	
131	167	Atleta 167	Individual	37:28	+20:50	07:30	
132	110	Mateus Nascimento Barbosa	Individual	37:44	+21:06	07:33	
133	140	Sandra Pinto	Juventude Atletica Mozelense	40:33	+23:55	08:07	

5 KM

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	54	Daniela Silva	Individual	40:52	+24:14	08:10	
135	67	Liliana Gomes	Individual	40:53	+24:15	08:11	
136	46	Ana Rita Silva	Individual	44:54	+28:16	08:59	
137	45	Ana Rita Pinto Barros	Individual	44:55	+28:17	08:59	
138	129	Tiago Filipe Costa Lima	Individual	44:55	+28:17	08:59	
139	93	Gonalo Sousa	Individual	44:55	+28:17	08:59	
140	102	Jos� Barboza	Individual	44:55	+28:17	08:59	
141	59	In�s Silva	Individual	44:55	+28:17	08:59	

Corrida

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:29	9,5°C	100%
End	10:14	9.5°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	169	Fátima Pinho	AFIS/OVAR	Senior Feminino	21:03	04:13
2	157	Fátima Tavares	Grupo	Senior Feminino	22:32	+01:29 04:30
3	7	Adélia Tavares	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	23:29	+02:26 04:42
4	44	Ana Marques	Individual	Senior Feminino	23:42	+02:39 04:45
5	71	Paula Oliveira	Individual	Senior Feminino	25:03	+04:00 05:01
6	74	Vanessa Maia	Individual	Senior Feminino	25:47	+04:44 05:09
7	57	Iara Silva	Individual	Senior Feminino	26:04	+05:01 05:13
8	8	Andreia Teixeira	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	26:10	+05:07 05:14
9	176	Carla Pinto	Individual	Senior Feminino	26:37	+05:33 05:19
10	66	Liliana Batista	Individual	Senior Feminino	26:40	+05:37 05:20
11	58	Inês Costa	Individual	Senior Feminino	27:12	+06:09 05:26
12	43	Ana Lúcia S Carvalho	Individual	Senior Feminino	27:13	+06:09 05:27
13	9	Elisabete Barbosa	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	29:02	+07:59 05:48
14	64	Joana Inês Gonçalves	Individual	Senior Feminino	29:45	+08:42 05:57
15	51	Cátia Cardoso	Individual	Senior Feminino	30:56	+09:53 06:11
16	72	Rita Azevedo	Individual	Senior Feminino	31:19	+10:15 06:16
17	136	Tatiana Gomes	Jonas Run	Senior Feminino	31:19	+10:16 06:16
18	134	Maria Inês Oliveira	Jonas Run	Senior Feminino	31:24	+10:20 06:17
19	60	iolanda ferreira	Individual	Senior Feminino	31:54	+10:51 06:23
20	65	Joana Moreira	Individual	Senior Feminino	32:02	+10:58 06:24
21	47	Carla Maria silva costa	Individual	Senior Feminino	32:07	+11:03 06:25
22	53	Cristiana Duarte	Individual	Senior Feminino	32:14	+11:11 06:27
23	143	Luciana Mozzini	LueLu	Senior Feminino	32:30	+11:27 06:30
24	42	Ana Filipa Santos Silva	Individual	Senior Feminino	32:37	+11:34 06:31
25	50	Catarina Silva	Individual	Senior Feminino	32:41	+11:37 06:32
26	70	Marina sophia Brandão Pedrosa	Individual	Senior Feminino	32:50	+11:47 06:34
27	135	Rita Silva	Jonas Run	Senior Feminino	32:50	+11:47 06:34
28	132	Andresa Ferreira	Jonas Run	Senior Feminino	32:51	+11:47 06:34
29	68	Liliana Sofia Oliveira Pinto	Individual	Senior Feminino	33:48	+12:44 06:46
30	144	Estrela Soares	Maratonistas de Sofá	Senior Feminino	34:35	+13:31 06:55
31	147	Raquel Soares	Maratonistas de Sofá	Senior Feminino	34:57	+13:54 06:59
32	11	Luísa Santiago	AEJ TRIATLO	Senior Feminino	35:53	+14:49 07:11
33	69	Maria Rosa	Individual	Senior Feminino	35:54	+14:51 07:11
34	25	Ana Filipa Resende Pereira	Couto VIP	Senior Feminino	35:55	+14:52 07:11
35	10	Filipa Ribeiro	AEJ TRIATLO	Senior Feminino	35:57	+14:54 07:11
36	73	Sónia Moreira	Individual	Senior Feminino	36:30	+15:26 07:18
37	146	Liliana Silva	Maratonistas de Sofá	Senior Feminino	36:36	+15:33 07:19

Official Timekeeper: Lap2Go	1 / 4	generate 23-nov.-2025 10:14
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Corrida

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[illegible]

OFFICIAL RESULT

[illegible]

38	145	Joana Matos	Maratonistas de Sofá	Senior Feminino	36:37	+15:33	07:19
39	152	Alcina Costa	Pace Lentas	Senior Feminino	36:40	+15:36	07:20
40	153	Andreza Jesus	Pace Lentas	Senior Feminino	36:40	+15:37	07:20
41	49	Carolina Lestre	Individual	Senior Feminino	36:44	+15:41	07:21
42	154	Ana Moreira	Pimpeus	Senior Feminino	37:12	+16:09	07:27
43	63	Joana Henriques	Individual	Senior Feminino	37:13	+16:09	07:27
44	140	Sandra Pinto	Juventude Atletica Mozelense	Senior Feminino	40:33	+19:30	08:07
45	54	Daniela Silva	Individual	Senior Feminino	40:52	+19:48	08:10
46	67	Liliana Gomes	Individual	Senior Feminino	40:53	+19:49	08:11
47	46	Ana Rita Silva	Individual	Senior Feminino	44:54	+23:51	08:59
48	45	Ana Rita Pinto Barros	Individual	Senior Feminino	44:55	+23:51	08:59
49	59	Inês Silva	Individual	Senior Feminino	44:55	+23:52	08:59

Senior Masculino

1	14	Jorge Almeida	AEJ TRIATLO	Senior Masculino	16:38		03:20
2	2	José Moreira	Individual	Senior Masculino	16:42	+00:03	03:20
3	79	Antonio Fernandes	Individual	Senior Masculino	18:02	+01:23	03:36
4	6	Fernando Silva	ACR Vale de Cambra	Senior Masculino	18:18	+01:40	03:40
5	104	Josue Moreira	Individual	Senior Masculino	19:11	+02:33	03:50
6	151	Marco Soares	OS ILHAVOS	Senior Masculino	19:13	+02:35	03:51
7	141	Daniel Gomes	Juventude Atletica Mozelense	Senior Masculino	19:25	+02:47	03:53
8	91	Francisco Xavier	Individual	Senior Masculino	20:19	+03:41	04:04
9	34	1.Ricardo Miguel Martins Gomes	Equipa Trindade	Senior Masculino	20:26	+03:48	04:05
10	78	André Mota	Individual	Senior Masculino	20:41	+04:02	04:08
11	122	Rodrigo Saramago Silva	Individual	Senior Masculino	20:57	+04:19	04:11
12	30	António Fernandes	DOMINGO LEVO UM RADIO	Senior Masculino	21:01	+04:22	04:12
13	75	ALBANO BRAGA	Individual	Senior Masculino	21:15	+04:37	04:15
14	127	Thiago Dias	Individual	Senior Masculino	21:20	+04:41	04:16
15	88	Diogo Sousa	Individual	Senior Masculino	21:24	+04:45	04:17
16	142	Nuno Costa	Juventude Atletica Mozelense	Senior Masculino	21:41	+05:02	04:20
17	158	Jorge Tavares	Grupo	Senior Masculino	21:44	+05:06	04:21
18	92	Gonçalo Silva	Individual	Senior Masculino	21:45	+05:07	04:21
19	16	Roberto Santos	AEJ TRIATLO	Senior Masculino	21:51	+05:13	04:22
20	99	João Martins	Individual	Senior Masculino	22:00	+05:21	04:24
21	109	Marcelo Marques	Individual	Senior Masculino	22:01	+05:23	04:24
22	123	Rui Manuel Ferreira Barroso Gomes	Individual	Senior Masculino	22:18	+05:40	04:28
23	29	Alcino Silva	DOMINGO LEVO UM RADIO	Senior Masculino	22:26	+05:48	04:29
24	32	Luís Pinho	DOMINGO LEVO UM RADIO	Senior Masculino	22:31	+05:52	04:30
25	155	Fábio Ferreira	Pupilos do Zé-Tó	Senior Masculino	22:38	+06:00	04:32
26	90	Filipe Miguel Alves abreu	Individual	Senior Masculino	22:44	+06:06	04:33
27	36	Óscar Miguel Almeida	Equipa Trindade	Senior Masculino	22:59	+06:20	04:36
28	100	João Pedro	Individual	Senior Masculino	23:04	+06:26	04:37
29	13	João Guimarães	AEJ TRIATLO	Senior Masculino	23:12	+06:33	04:38
30	113	nuno saramago	Individual	Senior Masculino	23:19	+06:41	04:40
31	33	Jorge Melo	Domingo Levo um Rádio	Senior Masculino	23:23	+06:45	04:41

Official Timekeeper: Lap2Go	2 / 4	generate 23-nov.-2025 10:14
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Corrida

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

32	17	Rui Oliveira	AEJ TRIATLO	Senior Masculino	23:33	+06:55	04:43
33	19	André Rodrigues	Bravos do Batista	Senior Masculino	23:34	+06:56	04:43
34	112	Miguel Pereira	Individual	Senior Masculino	23:42	+07:04	04:44
35	31	ARLINDO SILVA	DOMINGO LEVO UM RADIO	Senior Masculino	23:51	+07:13	04:46
36	20	Francisco Vieira	Bravos do Batista	Senior Masculino	24:19	+07:41	04:52
37	116	Pedro Tiago Correia Valente	Individual	Senior Masculino	24:22	+07:43	04:52
38	85	diogo dias	Individual	Senior Masculino	24:59	+08:21	05:00
39	97	Hugo Alexandre Pinheiro Malcato	Individual	Senior Masculino	25:08	+08:30	05:02
40	108	Manuel Oliveira	Individual	Senior Masculino	25:14	+08:36	05:03
41	119	Ricardo Santos	Individual	Senior Masculino	25:20	+08:42	05:04
42	111	Miguel oliveira	Individual	Senior Masculino	25:23	+08:44	05:05
43	81	Bruno Costa	Individual	Senior Masculino	25:29	+08:50	05:06
44	96	Henrique Silva	Individual	Senior Masculino	25:30	+08:52	05:06
45	114	Paulo Henrique da Costa Santos	Individual	Senior Masculino	25:36	+08:58	05:07
46	115	Paulo Manuel Ferreira da Silva	Individual	Senior Masculino	25:44	+09:05	05:09
47	131	Vitorino Silva	Individual	Senior Masculino	25:44	+09:05	05:09
48	84	Daniel Lopes	Individual	Senior Masculino	25:59	+09:21	05:12
49	149	José Torres	Maratonistas de Sofá	Senior Masculino	26:09	+09:30	05:14
50	21	Miguel Tavares	Bravos do Batista	Senior Masculino	26:13	+09:35	05:15
51	38	Tiago Nicolau da Costa Ventura	Equipa Trindade	Senior Masculino	26:26	+09:47	05:17
52	148	Celso Silva	Maratonistas de Sofá	Senior Masculino	26:35	+09:57	05:19
53	76	André Filipe Sousa Pinho	Individual	Senior Masculino	26:36	+09:57	05:19
54	37	Paulo Jorge Ferreira dos Santos	Equipa Trindade	Senior Masculino	27:38	+10:59	05:32
55	98	Jerónimo Cardoso	Individual	Senior Masculino	27:38	+11:00	05:32
56	118	Ricardo Pereira	Individual	Senior Masculino	28:01	+11:23	05:36
57	124	Santiago Esteves	Individual	Senior Masculino	28:29	+11:50	05:42
58	168	Atleta 168	Individual	Senior Masculino	28:35	+11:57	05:43
59	94	Guido Bruno	Individual	Senior Masculino	29:00	+12:21	05:48
60	83	Caique Coutinho De Queiroz	Individual	Senior Masculino	29:07	+12:29	05:49
61	137	Alexandre Duarte	Jonas Run	Senior Masculino	29:19	+12:41	05:52
62	26	Eduardo Pereira	Couto VIP	Senior Masculino	29:20	+12:41	05:52
63	28	Nuno Ribeiro	Couto VIP	Senior Masculino	29:20	+12:42	05:52
64	138	André Costa	Jonas Run	Senior Masculino	29:20	+12:42	05:52
65	139	Fábio Almeida	Jonas Run	Senior Masculino	29:28	+12:49	05:54
66	105	Leonardo Martins	Individual	Senior Masculino	29:47	+13:08	05:57
67	126	Sebastiao prado	Individual	Senior Masculino	30:16	+13:38	06:03
68	80	Antonio Moreira	Individual	Senior Masculino	30:54	+14:16	06:11
69	170	Atleta 170	Individual	Senior Masculino	31:03	+14:25	06:13
70	1	António Pedro Silva Ventura	Equipa Trindade	Senior Masculino	31:03	+14:25	06:13
71	101	Joaquim Manuel Jesus Cardoso	Individual	Senior Masculino	31:03	+14:25	06:13
72	107	Manuel Brandão	Individual	Senior Masculino	31:04	+14:25	06:13
73	35	Óscar Filipe Alves Pinho Almeida	Equipa Trindade	Senior Masculino	31:08	+14:29	06:14
74	87	Diogo Lopes	Individual	Senior Masculino	31:08	+14:29	06:14
75	121	Rodrigo Rodrigues	Individual	Senior Masculino	31:09	+14:30	06:14
76	156	Vitor Pereira	Pupilos do Zé-Tó	Senior Masculino	31:56	+15:17	06:23
77	150	Bruno Almeida	MARRETAS DA CANECA	Senior Masculino	31:58	+15:20	06:24

Official Timekeeper: Lap2Go	3 / 4	generate 23-nov.-2025 10:14
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Corrida

5 KM

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OFFICIAL RESULT

[illegible]

78	120	Ricardo Teixeira	Individual	Senior Masculino	32:14	+15:36	06:27
79	22	PAULO JORGE DA CRUZ CAVALEIRO	Chega de São João da Madeira	Senior Masculino	32:26	+15:48	06:29
80	23	Ricardo Diogo Pereira de Almeida	Chega de São João da Madeira	Senior Masculino	32:53	+16:15	06:35
81	24	Susana Maria Pinho Duarte	Chega de São João da Madeira	Senior Masculino	32:53	+16:15	06:35
82	15	Marco Leite	AEJ TRIATLO	Senior Masculino	35:52	+19:14	07:10
83	128	Tiago Bastos	Individual	Senior Masculino	35:53	+19:15	07:11
84	27	Francisco Andrade	Couto VIP	Senior Masculino	35:54	+19:15	07:11
85	18	Sandro Silva	AEJ TRIATLO	Senior Masculino	35:57	+19:19	07:11
86	117	pedro valente	Individual	Senior Masculino	37:23	+20:45	07:29
87	166	Atleta 166	Individual	Senior Masculino	37:27	+20:49	07:29
88	167	Atleta 167	Individual	Senior Masculino	37:28	+20:49	07:30
89	110	Mateus Nascimento Barbosa	Individual	Senior Masculino	37:44	+21:06	07:33
90	129	Tiago Filipe Costa Lima	Individual	Senior Masculino	44:55	+28:17	08:59
91	93	Gonçalo Sousa	Individual	Senior Masculino	44:55	+28:17	08:59
92	102	José Barbosa	Individual	Senior Masculino	44:55	+28:17	08:59