

PROVA PRINCIPAL - STAGE 1

6 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	22:00	19,9°C	80%
End	00:06	19.9°C	80%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	798	Daniel Antunes	SicóTrilhos	28:41		04:47	
2	742	Tiago Alves	VILAVENTURA TRAIL	29:44	+01:03	04:57	
3	205	Sergio Junqueira	CPR-A-do-Barbas	30:36	+01:55	05:06	
4	261	Flavio Esperança	GDRC UNIDOS	31:01	+02:20	05:10	
5	551	Bruno Zanette	NESoure	31:09	+02:28	05:11	
6	461	Joni Grade	Individual	31:10	+02:29	05:12	
7	557	Renato Costa	OS COSTAS	33:23	+04:42	05:34	
8	397	Martim Dias Santos	Individual	34:55	+06:14	05:49	
9	186	Mariana Duarte	Clube de Natação de Torres Novas	35:14	+06:33	05:52	
10	777	José Pedro Ferreira Custódio Pires	Individual	35:17	+06:36	05:53	
11	396	Gustavo Chuva Marques	Individual	35:22	+06:41	05:54	
12	376	Mario Eusebio	Individual	35:28	+06:47	05:55	
13	371	Jordan Silva	Individual	35:38	+06:57	05:56	
14	448	Arnaldo Santos	Individual	36:03	+07:22	06:01	
15	263	João Reis	GDRC UNIDOS	36:04	+07:23	06:01	
16	559	Joel Costa	OS COSTAS	36:13	+07:32	06:02	
17	672	Sara Pedrosa	Sacatrilhos Anadia	36:19	+07:38	06:03	
18	809	Hélder Soares	GDRC UNIDOS	36:20	+07:39	06:03	
19	800	Jorge Henriques	SicóTrilhos	36:25	+07:44	06:04	
20	119	Nuno Moreira	Barras e Bolinhos	36:40	+07:59	06:07	
21	379	Pedro Nogueira	Individual	36:49	+08:08	06:08	
22	754	Jorge Barros	FORunners	36:51	+08:10	06:09	
23	380	Rodrigo Anastácio da Ponte	Individual	37:21	+08:40	06:14	
24	782	Emídio Alves	Individual	37:32	+08:51	06:15	
25	701	Alex Rodrigues Sav yak	Sumol Compal	37:36	+08:55	06:16	
26	746	Roberto Fiúza	Barras e Bolinhos	38:02	+09:21	06:20	
27	799	João Antunes	SicóTrilhos	38:09	+09:28	06:22	
28	7	Luís Carvalho	ACRM Silveirinha Grande e Claras	38:09	+09:28	06:22	
29	111	Pedro Pereira	Barras e Bolinhos	38:12	+09:31	06:22	
30	554	Fernando Jorge Gante Braz da Costa Correia	NESoure	38:14	+09:33	06:22	
31	770	João Gomes	Individual	38:29	+09:48	06:25	
32	509	Simão Simões	Lentos & Furiosos	38:35	+09:54	06:26	
33	552	Fábio Tomé	NESoure	38:53	+10:12	06:29	
34	768	Guilherme Gaspar	Individual	39:05	+10:24	06:31	
35	806	Vitor Monteiro	VILAVENTURA TRAIL	39:06	+10:25	06:31	
36	804	BERNARDO MONTEIRO	VILAVENTURA TRAIL	39:36	+10:55	06:36	
37	377	Miguel Barros	Individual	39:37	+10:57	06:36	
38	38	MARCO GOMES	ACVermoil	39:41	+11:00	06:37	
39	70	Tomás Sousa Vicente	ARB	39:55	+11:14	06:39	
40	5	Filipe Henriques	À toa	40:00	+11:19	06:40	
41	686	Rúben Gonçalves Marques	SicóTrilhos	40:22	+11:41	06:44	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	499	Luís Marques	LAMA SOLTA	40:24	+11:43	06:44	
43	6	Leonardo Pereira	À toa	40:25	+11:44	06:44	
44	744	Henrique Lavaredas	ACRM Silveirinha Grande e Claras	40:30	+11:49	06:45	
45	743	Mónica Jordão	ACRM Silveirinha Grande e Claras	40:43	+12:02	06:47	
46	50	Edgar Fernandes	Amigos do Gin	40:55	+12:14	06:49	
47	95	João Gaspar	Barras e Bolinhos	40:57	+12:16	06:50	
48	797	Sara Gonçalves das Neves	SicóTrilhos	40:59	+12:18	06:50	
49	14	Eduardo Gonçalves	Active	41:06	+12:25	06:51	
50	738	Pedro Neves	trail da ladeia running team	41:07	+12:26	06:51	
51	30	Henrique Santos	Active	41:11	+12:30	06:52	
52	394	Francisco Henriques Monsanto dos Santos	Individual	41:13	+12:32	06:52	
53	17	Ricardo Gameiro Guedes	Active	41:18	+12:37	06:53	
54	638	Sérgio Simões	Pulse	41:30	+12:49	06:55	
55	683	Ruizito Pereira	Sem limites	41:34	+12:53	06:56	
56	497	Susana Fernandes	LAMA SOLTA	41:57	+13:16	07:00	
57	772	Luís Ladeira	Individual	42:06	+13:25	07:01	
58	446	alexandre fernandes marques	Individual	42:15	+13:34	07:02	
59	98	Ruben Silva	Barras e Bolinhos	42:19	+13:38	07:03	
60	121	Ruben Barjona	Barras e Bolinhos	42:29	+13:48	07:05	
61	489	Jorge Miguel Gomes Ferreira	Já corremos por menos	42:30	+13:49	07:05	
62	120	Ricardo Fernandes	Barras e Bolinhos	42:32	+13:51	07:05	
63	99	Ana Gonçalves	Barras e Bolinhos	42:38	+13:57	07:06	
64	680	João Rodrigues	Sem limites	42:44	+14:03	07:07	
65	480	Rui Gaspar	Individual	42:48	+14:07	07:08	
66	15	João miguel Simões Dionísio Gomes	Active	42:57	+14:16	07:10	
67	85	Bruno Gonçalves	ARLU TRAIL	43:06	+14:25	07:11	
68	505	Marco Murgeiro	LAMA SOLTA	43:12	+14:31	07:12	
69	116	Leonel Almeida	Barras e Bolinhos	43:17	+14:36	07:13	
70	109	Sílvia Neves	Barras e Bolinhos	43:19	+14:38	07:13	
71	767	Gabriel de Jesus Lemls	Individual	43:21	+14:40	07:13	
72	86	Gonçalo Ferreira	ARLU TRAIL	43:29	+14:48	07:15	
73	794	António Mendes	Ratatui Team	43:32	+14:51	07:15	
74	671	Rui Valsumo	Run & Fun	43:42	+15:01	07:17	
75	643	Alexandre da Silva Figueiredo	Ratatui Team	43:43	+15:02	07:17	
76	234	Marina Silva	FORunners	43:51	+15:10	07:18	
77	35	LILIANA NEVES	ACVermoil	44:02	+15:21	07:20	
78	20	Tiago Mourão Jorge	Active	44:03	+15:22	07:21	
79	789	Tony Santos	Individual	44:03	+15:22	07:21	
80	19	Rúben Leal	Active	44:05	+15:24	07:21	
81	319	Ana Rita Loureiro Guímaro	Individual	44:18	+15:37	07:23	
82	296	Romeu Bento	GDRC UNIDOS	44:19	+15:38	07:23	
83	684	Mónica Meirinho	Serra D Aire Trail Team	44:27	+15:46	07:24	
84	264	Ludovic Santo	GDRC UNIDOS	44:29	+15:48	07:25	
85	766	Francisco Santos	Individual	44:29	+15:48	07:25	
86	769	João Eusébio	Individual	44:29	+15:48	07:25	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	272	Martim Sousa	GDRC UNIDOS	44:35	+15:54	07:26	
88	235	Diogo Mendes	FPM	44:36	+15:55	07:26	
89	271	Duarte Sousa	GDRC UNIDOS	44:36	+15:55	07:26	
90	773	Marcelo Cleiton	Individual	44:39	+15:58	07:26	
91	665	João Pedrosa	Rocket Team	44:40	+15:59	07:27	
92	34	ELSA SOARES	ACVermoil	44:43	+16:02	07:27	
93	788	Ruany da Silva Souza	Individual	44:45	+16:04	07:28	
94	732	Tiago amorim	100 limites	44:59	+16:18	07:30	
95	447	André Luz	Individual	45:16	+16:35	07:33	
96	68	Luna Ferreira	ARB	45:18	+16:37	07:33	
97	781	António Jesus	Individual	45:27	+16:46	07:34	
98	474	Paulo Araújo	Individual	45:29	+16:48	07:35	
99	79	Gonçalo Deus	ARCD Venda da Luísa	45:44	+17:03	07:37	
100	78	Margarida Moita	ARCD Venda da Luísa	45:44	+17:03	07:37	
101	393	David Silva	Individual	45:45	+17:04	07:38	
102	149	David Sousa Santos	Camelos Selvagens	45:46	+17:05	07:38	
103	786	Paulo Silva	Individual	45:49	+17:08	07:38	
104	476	Paulo Bernardes	Individual	45:52	+17:11	07:39	
105	685	Lurdes vital	Serra D Aire Trail Team	45:54	+17:13	07:39	
106	678	Fábio dias	Sem limites	45:55	+17:14	07:39	
107	2	Gina Domingues	Individual	45:56	+17:15	07:39	
108	598	Joel Ponte	Ponte	45:57	+17:16	07:40	
109	761	Daniel Silva Gaspar	Individual	46:00	+17:19	07:40	
110	3	Bárbara Pereira	À toa	46:04	+17:23	07:41	
111	492	Leandro dos Santos Cravo	Já corremos por menos	46:06	+17:25	07:41	
112	810	João Sintra	Individual	46:09	+17:28	07:41	
113	160	BRUNO MIGUEL FERREIRA SIMÕES LIMA	CCD CRÉDITO AGRICOLA	46:23	+17:42	07:44	
114	682	Tiago Torcato	Sem limites	46:23	+17:42	07:44	
115	363	Fabio Jose Antunes Rosa	Individual	46:29	+17:48	07:45	
116	667	Nelson Matias	Rocket Team	46:30	+17:49	07:45	
117	501	Marisa Silva	LAMA SOLTA	46:30	+17:49	07:45	
118	269	David Silva	GDRC UNIDOS	46:39	+17:58	07:47	
119	270	Dinis Cordeiro	GDRC UNIDOS	46:39	+17:58	07:47	
120	498	Tânia Luís	LAMA SOLTA	46:41	+18:00	07:47	
121	513	Rodrigo Marcos	Lentos & Furiosos	46:45	+18:04	07:48	
122	93	Sandra Pereira	Barras e Bolinhos	46:46	+18:05	07:48	
123	18	Rodolfo Lopes Gaspar	Active	46:58	+18:17	07:50	
124	530	Diogo Curado	Maraturistas	47:01	+18:20	07:50	
125	655	João Ferreira	Ratatui Team	47:18	+18:37	07:53	
126	785	Paulo Pina	Individual	47:19	+18:38	07:53	
127	104	Mónica Alfaiate	Barras e Bolinhos	47:24	+18:43	07:54	
128	399	Xavier Sousa	Individual	47:27	+18:46	07:54	
129	459	Joaquim Sousa	Individual	47:29	+18:48	07:55	
130	150	Marco Duarte de Sousa	Camelos Selvagens	47:40	+18:59	07:57	
131	387	Tito Lourenço	Individual	47:42	+19:01	07:57	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	487	Daniel Ferreira Martins	Já corremos por menos	47:48	+19:07	07:58	
133	28	EDUARDO MARTINS	Active	47:50	+19:09	07:58	
134	753	Patrícia Ramos Cravo	Caracóis Velozes	47:53	+19:13	07:59	
135	383	Rúben Mendes	Individual	47:59	+19:18	08:00	
136	763	Duarte Domingues	Individual	48:00	+19:20	08:00	
137	198	Nuno Carrasqueira	Convas	48:04	+19:23	08:01	
138	114	Humberto Dinis Batista Franco	Barras e Bolinhos	48:05	+19:24	08:01	
139	197	Rute Cardoso	Convas	48:08	+19:27	08:01	
140	645	Tiago Gomes	Ratatui Team	48:11	+19:30	08:02	
141	803	barbara Monteiro	VILAVENTURA TRAIL	48:16	+19:35	08:03	
142	657	Pedro Abreu	Ratatui Team	48:17	+19:36	08:03	
143	179	MIGUEL GONÇALVES	Clube de Atletismo Gaspar & Costa	48:17	+19:36	08:03	
144	646	Tomás Abreu	Ratatui Team	48:23	+19:42	08:04	
145	619	André Silva	Pulse	48:27	+19:46	08:05	
146	735	Hélder Lopes	Trail da Amizade Runners	48:29	+19:48	08:05	
147	529	David Gaspar	Maraturistas	48:32	+19:51	08:05	
148	623	Gabriel Almeida	Pulse	48:47	+20:07	08:08	
149	434	Regina Lisboa	Individual	48:49	+20:08	08:08	
150	460	Joel Martins	Individual	49:05	+20:24	08:11	
151	555	Jorge Tomé	Nexebra Trail Team	49:05	+20:24	08:11	
152	353	Sandra Isabel Santos Nunes	Individual	49:06	+20:25	08:11	
153	97	Miguel Coelho	Barras e Bolinhos	49:06	+20:25	08:11	
154	36	EUGÉNIO MENDES	ACVermoil	49:11	+20:30	08:12	
155	9	Catarina silva	Active	49:12	+20:31	08:12	
156	776	Tomás Conceição	Individual	49:22	+20:41	08:14	
157	739	Alexandre Santos Nogueira	VILAVENTURA TRAIL	49:23	+20:42	08:14	
158	670	Micael Marcelino	Run & Fun	49:31	+20:50	08:15	
159	631	Licínia Lourenço	Pulse	49:32	+20:51	08:15	
160	632	Olga Okulova	Pulse	49:43	+21:02	08:17	
161	374	Lucas Pedrosa	Individual	49:49	+21:08	08:18	
162	490	Telmo Gonçalves Correia	Já corremos por menos	49:50	+21:09	08:18	
163	112	André Henriques	Barras e Bolinhos	49:52	+21:11	08:19	
164	765	Francisco Lopes Gaspar	Individual	49:53	+21:12	08:19	
165	775	Rodrigo Victorino	Individual	49:54	+21:13	08:19	
166	676	Fernando Ferreira	Seleção lá de casa	50:02	+21:21	08:20	
167	452	Eurico Ponte	Individual	50:03	+21:22	08:20	
168	62	Ruí Oliveira	Ansibikeres	50:04	+21:23	08:21	
169	4	Filipa Pereira	À toa	50:09	+21:28	08:22	
170	636	David Lopes	Pulse	50:10	+21:29	08:22	
171	617	Soraia Lopes	Pulse	50:13	+21:32	08:22	
172	419	Isabel Gomes	Individual	50:21	+21:40	08:24	
173	628	Lara Oliveira	Pulse	50:21	+21:41	08:24	
174	192	Ricardo Grilo	COMSOFTWARE - Sistemas Informáticos	50:28	+21:47	08:25	
175	681	Micael Fonseca	Sem limites	50:33	+21:52	08:25	
176	59	Carla Mendes	Ansibikeres	50:37	+21:56	08:26	
177	793	André Gomes	Ratatui Team	50:40	+21:59	08:27	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	8	Beatriz Matias	Active	50:41	+22:00	08:27	
179	10	Eduarda Carvalho	Active	50:41	+22:00	08:27	
180	750	Luis Carlos	Bombeiros V. Pombal	50:44	+22:03	08:27	
181	612	Bruna Moio	Pulse	50:46	+22:05	08:28	
182	135	Samuel Goncalves	CãBuzinos	50:46	+22:05	08:28	
183	61	Silvia Oliveira	Ansibikeres	50:48	+22:07	08:28	
184	471	Nicolau Ferreira	Individual	50:50	+22:09	08:28	
185	549	Rafael Farias	Navegantes da Lua	50:55	+22:14	08:29	
186	386	Tiago Miguel Rodrigues dos Santos	Individual	50:56	+22:15	08:29	
187	550	Joel Santos	Navegantes da Lua	51:02	+22:21	08:30	
188	164	HÉLDER MANUEL DOS SANTOS NUNES	CCD CRÉDITO AGRICOLA	51:03	+22:22	08:31	
189	535	Filipa Madeira	Maraturistas	51:11	+22:30	08:32	
190	211	Rui Silva	Familia Karacois	51:12	+22:31	08:32	
191	553	Rafael Domingues Jerónimo	NESoure	51:16	+22:35	08:33	
192	526	Daniela Curado	Maraturistas	51:17	+22:36	08:33	
193	212	Wilson Silva Santos	Familia Karacois	51:23	+22:42	08:34	
194	67	Lorena Henriques	ARB	51:25	+22:45	08:34	
195	627	Ruben Costa	Pulse	51:26	+22:45	08:34	
196	548	Philippe Miguel	Navegantes da Lua	51:38	+22:57	08:36	
197	60	Nélia Nunes	Ansibikeres	51:53	+23:12	08:39	
198	16	Pedro Costa Lopes	Active	51:57	+23:16	08:39	
199	532	Rodrigo Canelas	Maraturistas	51:59	+23:18	08:40	
200	297	Rodolfo Gonçalves Costa	Gonçalves	52:01	+23:20	08:40	
201	718	Vasco Fernando Gomes Roldao	Sumol Compal	52:03	+23:22	08:41	
202	736	João Neves	trail da ladeia running team	52:06	+23:25	08:41	
203	756	Lara Moreno	Individual	52:17	+23:36	08:43	
204	413	Elsa da Silva Gonçalves	Individual	52:23	+23:42	08:44	
205	648	Carolina Mendes	Ratatui Team	52:26	+23:45	08:44	
206	406	Carina Sousa	Individual	52:29	+23:48	08:45	
207	402	Ana Margarida Santos	Individual	52:31	+23:50	08:45	
208	163	FILIPE MANUEL CARREIRA SIMÕES	CCD CRÉDITO AGRICOLA	52:32	+23:51	08:45	
209	162	André Rafael Costa Lopes	CCD CRÉDITO AGRICOLA	52:33	+23:52	08:46	
210	289	Cláudio Silva	GDRC UNIDOS	52:35	+23:54	08:46	
211	384	Salomão Ribas Venin	Individual	52:39	+23:58	08:47	
212	90	Beatriz Gonçalves Pereira	Barras e Bolinhos	52:44	+24:03	08:47	
213	510	Carolina Resende	Lentos & Furiosos	52:54	+24:13	08:49	
214	630	Edite Nunes	Pulse	52:54	+24:13	08:49	
215	620	Dany Mendes	Pulse	52:55	+24:14	08:49	
216	210	Licinio Silva	Familia Karacois	52:56	+24:15	08:49	
217	352	Rita Martins	Individual	52:59	+24:18	08:50	
218	345	Mónica Gomes	Individual	53:00	+24:19	08:50	
219	51	Isa Marques	AMResgais	53:20	+24:39	08:53	
220	190	José Cardoso	COMSOFTWARE - Sistemas Informáticos	53:31	+24:50	08:55	
221	13	André Rocha Figueiral	Active	53:32	+24:51	08:55	
222	91	Carolina Ferreira	Barras e Bolinhos	53:47	+25:06	08:58	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
223	55	Duarte Silva	AMResgais	53:52	+25:11	08:59	
224	741	Nelson Santos Nogueira	VILAVENTURA TRAIL	53:56	+25:15	08:59	
225	740	João Carlos Santos Nogueira	VILAVENTURA TRAIL	53:57	+25:16	08:59	
226	469	Márcio Miguel Simões Batista	Individual	53:58	+25:17	09:00	
227	426	Maria Salomé Fernandes de Almeida	Individual	54:00	+25:19	09:00	
228	157	David Henrique dos Santos Cravo	Caracóis Velozes	54:05	+25:24	09:01	
229	385	Tiago lopes da Mota	Individual	54:07	+25:26	09:01	
230	556	Lara Costa	OS COSTAS	54:17	+25:36	09:03	
231	624	Henrique Esteves	Pulse	54:31	+25:50	09:05	
232	751	Rodrigo Silva	Bombeiros V. Pombal	54:34	+25:53	09:06	
233	691	Rúben Campos	Sporting de Pombal	54:36	+25:55	09:06	
234	504	Lino Bento	LAMA SOLTA	54:41	+26:00	09:07	
235	503	Sandra Pereira	LAMA SOLTA	54:44	+26:03	09:07	
236	367	João Carrasqueira	Individual	54:48	+26:07	09:08	
237	362	Emanuel Goncalves	Individual	55:00	+26:19	09:10	
238	156	Isabel Lopes Ramos	Caracóis Velozes	55:08	+26:27	09:11	
239	477	Paulo santos	Individual	55:14	+26:33	09:12	
240	350	Patrícia Matias Santos	Individual	55:16	+26:35	09:13	
241	531	João Almeida	Maraturistas	55:22	+26:41	09:14	
242	82	Graça Simões	ARCD Venda da Luísa	55:26	+26:45	09:14	
243	83	Luísa Lacerda	ARCD Venda da Luísa	55:27	+26:46	09:14	
244	415	Fátima Rodrigues	Individual	55:30	+26:49	09:15	
245	444	Virgínia Leal	Individual	55:31	+26:50	09:15	
246	589	ALEXANDRA NEVES	Pombal Jornal	55:32	+26:51	09:15	
247	590	MANUELA FRIAS	Pombal Jornal	55:32	+26:51	09:15	
248	780	Sílvia Pereira	Individual	55:32	+26:51	09:15	
249	760	Alexandre Pereira	Individual	55:35	+26:54	09:16	
250	615	Neide Oliveira	Pulse	55:39	+26:58	09:16	
251	639	Patrícia Ferreira	ran auê	55:42	+27:01	09:17	
252	640	Hugo Gaspar	ran auê	55:42	+27:01	09:17	
253	634	Antonio Freitas Neves	Pulse	55:49	+27:08	09:18	
254	479	Ricardo Jorge Gonçalves da Silva	Individual	55:54	+27:13	09:19	
255	401	Ana Catarina Jesus Ferreira	Individual	55:55	+27:14	09:19	
256	792	Alexandre Blanco	Os Tolinhos	56:06	+27:25	09:21	
257	421	Lídia Gonçalves	Individual	56:07	+27:26	09:21	
258	454	Filipe da Silva Gameiro	Individual	56:08	+27:27	09:21	
259	561	Carlos Emanuel da Silva Francisco	Os Marretas	56:13	+27:32	09:22	
260	707	Carla Sofia de Oliveira Pimenta	Sumol Compal	56:21	+27:40	09:24	
261	49	Susana Pinheira	Amigos do Gin	56:25	+27:44	09:24	
262	223	Carina Silva	Família Ponte	56:29	+27:48	09:25	
263	53	Sandra Teixeira	AMResgais	56:33	+27:52	09:26	
264	560	Bruno Henriques dos Santos	Os Marretas	56:35	+27:54	09:26	
265	666	Liliana Pedrosa	Rocket Team	56:39	+27:58	09:26	
266	227	Nelson Miguel Rodrigues Lopes	Família Ponte	56:39	+27:58	09:27	
267	664	Mariana Pedrosa	Rocket Team	56:39	+27:58	09:27	

PROVA PRINCIPAL - STAGE 1

6 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
268	80	Mafalda Moita	ARCD Venda da Luísa	56:41	+28:00	09:27	
269	81	Maria Deus	ARCD Venda da Luísa	56:41	+28:00	09:27	
270	173	Tiago Domingues Lopes	CERCIPOM Trail Team	56:45	+28:04	09:27	
271	170	Diogo André Marques Santos	CERCIPOM Trail Team	56:46	+28:05	09:28	
272	622	Francisco Ribeiro	Pulse	56:59	+28:18	09:30	
273	416	Filipa Simões	Individual	57:00	+28:19	09:30	
274	361	Diogo Gomes Marques	Individual	57:03	+28:22	09:30	
275	298	Anabela Gameiro Gonçalves	Gonçalves	57:06	+28:25	09:31	
276	254	Carolina Duarte	GDRC UNIDOS	57:09	+28:28	09:31	
277	647	Bruna Abreu	Ratatui Team	57:10	+28:29	09:32	
278	795	Henrique Domingues	Sargões	57:13	+28:32	09:32	
279	674	Telmo Pontes	Sargões	57:15	+28:34	09:32	
280	715	Eusebio Miguel Lourenco Dias	Sumol Compal	57:17	+28:36	09:33	
281	716	José Carlos de Oliveira Neves	Sumol Compal	57:18	+28:37	09:33	
282	370	João Serrano	Individual	57:21	+28:40	09:33	
283	351	Raquel Sabino	GAU Bajouca	57:21	+28:40	09:33	
284	316	Sandra Liceia	GRVILAVERDENSE	57:22	+28:41	09:34	
285	673	Samuel Veiga	Sargões	57:24	+28:43	09:34	
286	722	José Ferreira	Team Gambuzino Powered by LeiriTechSwiss	57:30	+28:49	09:35	
287	414	Elsa Valdrez	Individual	57:39	+28:58	09:37	
288	783	Hugo Rodrigues	Individual	57:40	+28:59	09:37	
289	439	Sofia Beatriz Farate Batista	Individual	57:40	+28:59	09:37	
290	328	Catarina Vieira	Individual	57:43	+29:02	09:37	
291	811	Sandra Santos	Individual	57:48	+29:07	09:38	
292	389	Carolina Henriques Monsanto dos Santos	Individual	58:04	+29:23	09:41	
293	325	Bruna Oliveira	Individual	58:08	+29:27	09:41	
294	791	Marco Rafael Da Silva Baptista	KM108A150	58:15	+29:34	09:43	
295	496	Renato José neto Cardoso	KM108A150	58:15	+29:34	09:43	
296	495	Carlos André Pimentel Lameirinhas	KM108A150	58:16	+29:35	09:43	
297	25	Odete Simões	Active	58:21	+29:40	09:43	
298	429	Natalia Mendes	Individual	58:24	+29:43	09:44	
299	755	JANAYNE DA SILVA IZIDORO	Individual	58:32	+29:51	09:45	
300	117	Miguel Branco	Barras e Bolinhos	58:33	+29:52	09:45	
301	348	Patrícia Ferreira	Individual	58:35	+29:54	09:46	
302	669	Edite Cardoso	Run & Fun	58:42	+30:01	09:47	
303	358	Telma Ferreira Pinto	Individual	58:42	+30:01	09:47	
304	747	Bruna Soares	BFF	58:43	+30:02	09:47	
305	472	Nuno Marques	Individual	58:44	+30:03	09:47	
306	621	Diogo Nunes Ramos	Pulse	58:48	+30:07	09:48	
307	357	Tânia Ferreira	Individual	58:49	+30:08	09:48	
308	563	Frederico Santos Martins	Os Marretas	58:50	+30:09	09:48	
309	748	Inês Soares	BFF	58:50	+30:09	09:48	
310	467	Luis Filipe Rama Terreno	Individual	58:51	+30:10	09:48	
311	124	Romeo Silva	BFF	58:52	+30:11	09:49	
312	592	ANTÓNIO DIAS NEVES	Pombal Jornal	58:55	+30:14	09:49	

PROVA PRINCIPAL - STAGE 1

6 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
313	591	AMÉRICO DIAS	Pombal Jornal	58:55	+30:14	09:49	
314	633	Rosália Maria Gameiro	Pulse	58:55	+30:14	09:49	
315	512	João Guedes	Lentos & Furiosos	58:56	+30:15	09:49	
316	333	Eduarda Gomes	Individual	59:03	+30:22	09:51	
317	194	Nicolau Domingues	COMSOFTWARE - Sistemas Informáticos	59:03	+30:22	09:51	
318	123	Marina Batista	BFF	59:04	+30:23	09:51	
319	508	Eduardo Oliveira	Lentos & Furiosos	59:06	+30:25	09:51	
320	291	Frederico Duarte	GDRC UNIDOS	59:08	+30:27	09:51	
321	511	Marta Teixeira	Lentos & Furiosos	59:09	+30:28	09:52	
322	283	Susana Domingues	GDRC UNIDOS	59:10	+30:29	09:52	
323	626	Ricardo Vieira	Pulse	59:11	+30:30	09:52	
324	562	Elton Filipe Marques dos Santos	Os Marretas	59:11	+30:30	09:52	
325	122	Cris Soares	BFF	59:16	+30:35	09:53	
326	779	Lucette Neto	Individual	59:17	+30:36	09:53	
327	749	Filipe Lourenço	BFF	59:20	+30:39	09:53	
328	703	Mário da Silva Gomes	Sumol Compal	59:23	+30:42	09:54	
329	260	Fabio Gaspar	GDRC UNIDOS	59:28	+30:47	09:55	
330	692	Rúben Sebastião	Sporting de Pombal	59:32	+30:51	09:55	
331	195	Toni Calvario	COMSOFTWARE - Sistemas Informáticos	59:34	+30:53	09:56	
332	221	José Pedro Gomes Martins	Família Ponte	01:00:02	+31:21	10:00	
333	134	João Miguel Gameiro	CãBuzinos	01:00:07	+31:26	10:01	
334	442	Ticha Ribeiro	Individual	01:00:21	+31:40	10:03	
335	40	Andreia Silva	Ajudanimal	01:00:23	+31:42	10:04	
336	42	Tania Silva	Ajudanimal	01:00:24	+31:43	10:04	
337	486	Daniel Domingues Sacramento	Já corremos por menos	01:00:33	+31:52	10:06	
338	189	Rita Silva	COMSOFTWARE - Sistemas Informáticos	01:00:41	+32:00	10:07	
339	488	Hugo Gonçalves e Neves	Já corremos por menos	01:00:45	+32:04	10:08	
340	484	Bia Gonçalves Bispo	Já corremos por menos	01:00:51	+32:10	10:08	
341	734	Ricardo Carrasqueira	TLC	01:00:52	+32:11	10:09	
342	733	Raquel Lourenço	TLC	01:00:53	+32:12	10:09	
343	324	Bruna Honório Cardoso	Individual	01:00:54	+32:13	10:09	
344	64	Marco Sousa	ARB	01:00:54	+32:13	10:09	
345	337	Inês Fartura	Individual	01:00:54	+32:13	10:09	
346	784	Jorge Mateus Simão dos Santos	Individual	01:00:59	+32:18	10:10	
347	87	carina Gomes	asas nos pes	01:01:02	+32:21	10:10	
348	478	Pedro Dinis	Individual	01:01:02	+32:21	10:10	
349	88	diana barros	asas nos pes	01:01:04	+32:23	10:11	
350	126	Rúben Pires	Bombeiros V. Pombal	01:01:12	+32:31	10:12	
351	668	Diana Lopes	Run & Fun	01:01:12	+32:31	10:12	
352	369	João Pedro Gonçalves Dias	Individual	01:01:27	+32:46	10:15	
353	33	Ricardo Gonçalves	Active	01:01:35	+32:54	10:16	
354	12	Marcia Gonçalves	Active	01:01:36	+32:55	10:16	
355	180	BEATRIZ GONÇALVES	Clube de Atletismo Gaspar & Costa	01:01:44	+33:03	10:17	
356	178	DAVID FERREIRA	Clube de Atletismo Gaspar & Costa	01:01:44	+33:03	10:17	
357	75	Nelson Oliveira Vicente	ARB	01:01:48	+33:07	10:18	
358	398	Simão Sá	Individual	01:01:50	+33:09	10:18	

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
359	335	Filipa Nogueira	Individual	01:01:52	+33:11	10:19	
360	151	Paulo Jorge Barreira Santos	Camelos Selvagens	01:01:59	+33:18	10:20	
361	450	Bruno Miguel Morgado Sousa	Individual	01:02:04	+33:23	10:21	
362	322	Beatriz Santos	Individual	01:02:05	+33:24	10:21	
363	329	Cristiana Marques	Individual	01:02:08	+33:27	10:21	
364	155	Ricardo Quinteiro	Caracóis Velozes	01:02:25	+33:44	10:24	
365	790	Ana Carolina Pimenta de Jesus	JuntaqnosJunta	01:02:28	+33:47	10:25	
366	524	Rita Jordão	Manchester Desunited	01:02:28	+33:47	10:25	
367	154	Tânia Silva	Caracóis Velozes	01:02:30	+33:49	10:25	
368	687	Sónia Ribeiro	SicóTrilhos	01:02:33	+33:52	10:26	
369	491	André Neves Rodrigues	Já corremos por menos	01:02:36	+33:55	10:26	
370	158	Vítor Miguel Julião	Caracóis Velozes	01:02:38	+33:57	10:26	
371	152	Daniela Oliveira Ribeiro	Caracóis Velozes	01:02:38	+33:57	10:26	
372	485	Patrícia dos Santos Cravo	Já corremos por menos	01:02:39	+33:58	10:27	
373	635	C Quitério	Pulse	01:02:43	+34:02	10:27	
374	125	Ines Pinheiro	Bombeiros V. Pombal	01:03:02	+34:21	10:30	
375	641	Lara Da Silva Figueiredo	Ratatui Team	01:03:02	+34:21	10:30	
376	96	Luís Oliveira	Barras e Bolinhos	01:03:27	+34:46	10:34	
377	525	Tiago Santos	Manchester Desunited	01:03:27	+34:46	10:35	
378	656	José Manuel Marques Figueiredo	Ratatui Team	01:03:28	+34:47	10:35	
379	65	Sérgio Simões	ARB	01:03:39	+34:58	10:37	
380	299	Olga Gameiro Gonçalves	Gonçalves	01:03:43	+35:02	10:37	
381	625	João Alves	Pulse	01:04:05	+35:24	10:41	
382	613	Carolina Lopes	Pulse	01:04:06	+35:25	10:41	
383	318	Ana Lúcia Sá	Individual	01:04:27	+35:46	10:44	
384	115	Jorge Miguel Pereira Lopes	Barras e Bolinhos	01:04:33	+35:53	10:46	
385	679	João Pedro Marques	Sem limites	01:04:34	+35:53	10:46	
386	102	Gisela Maria Ascenso Pedro	Barras e Bolinhos	01:04:34	+35:53	10:46	
387	209	Paula Vieira	Familia Karacois	01:04:35	+35:54	10:46	
388	56	Filipe Mendes	AMResgais	01:04:40	+35:59	10:47	
389	599	Patrício Ponte	Ponte	01:04:40	+35:59	10:47	
390	108	Sílvia Ferreira	Barras e Bolinhos	01:04:51	+36:10	10:49	
391	118	Nuno Miguel Alves	Barras e Bolinhos	01:04:52	+36:11	10:49	
392	577	Eduarda Morgado	Phoenix on Fire	01:04:55	+36:14	10:49	
393	514	Tiago Francisco	Lentos & Furiosos	01:04:55	+36:14	10:49	
394	161	CÁRIN FERREIRA DA COSTA	CCD CRÉDITO AGRICOLA	01:04:56	+36:15	10:49	
395	166	NUNO RICARDO DOMINGUES	CCD CRÉDITO AGRICOLA	01:04:57	+36:16	10:49	
396	520	Sandra Francisco	Lentos & Furiosos	01:04:59	+36:18	10:50	
397	757	Rita Silva	Individual	01:05:04	+36:23	10:51	
398	787	Pedro Carvalho	Individual	01:05:04	+36:23	10:51	
399	94	João Cardoso	Barras e Bolinhos	01:05:07	+36:26	10:51	
400	23	Lúcia Maria Lagoa Rodrigues	Active	01:05:15	+36:34	10:53	
401	699	Diana Nunes Cravo	Sumol Compal	01:05:16	+36:35	10:53	
402	717	Nuno Filipe da Silva Pinto	Sumol Compal	01:05:17	+36:36	10:53	
403	193	Isidro Alves	COMSOFTWARE - Sistemas Informáticos	01:05:19	+36:38	10:53	
404	410	Cristina Maria da Silva Martins	Individual	01:05:20	+36:39	10:53	

PROVA PRINCIPAL - STAGE 1

6 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
405	395	Guilherme Sousa Silva	Individual	01:05:24	+36:43	10:54	
406	191	Adélia Mendes	COMSOFTWEB - Sistemas Informáticos	01:05:27	+36:46	10:55	
407	807	Liliana Silva	Individual	01:05:49	+37:08	10:58	
408	808	Rui Pereira	Individual	01:05:49	+37:08	10:58	
409	356	Tamara Domingues	Individual	01:05:57	+37:16	10:59	
410	759	Tania Rodrigues	Individual	01:06:01	+37:20	11:00	
411	464	José Carlos Lopes	Individual	01:06:02	+37:21	11:00	
412	11	Lidia Silva	Active	01:06:04	+37:23	11:01	
413	45	Frederico Alexandre	Ajudanimal	01:06:07	+37:26	11:01	
414	148	Paulo Gonçalves	CãBuzinos	01:06:11	+37:30	11:02	
415	500	Carla Serralheiro	LAMA SOLTA	01:06:24	+37:44	11:04	
416	545	Barbara Mota	MOTA S	01:06:26	+37:45	11:04	
417	437	Silvia Domingues	Individual	01:06:27	+37:46	11:05	
418	546	RITA GASPAR	MOTA S	01:06:28	+37:47	11:05	
419	217	João Xavier Gomes Rodrigues	Família Ponte	01:06:28	+37:47	11:05	
420	89	Ana Pereira	Barras e Bolinhos	01:06:28	+37:47	11:05	
421	167	TIAGO JOSÉ DA SILVA CARVALHO	CCD CRÉDITO AGRICOLA	01:06:36	+37:55	11:06	
422	159	DANIELA FREITAS NEVES	CCD CRÉDITO AGRICOLA	01:06:40	+37:59	11:07	
423	458	João Manuel da Mota Gonçalves	Individual	01:06:43	+38:02	11:07	
424	165	JOSÉ MANUEL SIMÕES LOURENÇO	CCD CRÉDITO AGRICOLA	01:06:46	+38:05	11:08	
425	54	Adriano Clara	AMResgais	01:06:47	+38:06	11:08	
426	44	Filipa Silva	Ajudanimal	01:06:56	+38:15	11:09	
427	771	Júlio Lopes	Individual	01:06:58	+38:17	11:10	
428	39	Alice Antunes	Ajudanimal	01:07:11	+38:30	11:12	
429	618	Vivi Bottura	Pulse	01:07:18	+38:37	11:13	
430	614	Lara Elias	Pulse	01:07:18	+38:37	11:13	
431	52	Lionel Teixeira	AMResgais	01:07:19	+38:38	11:13	
432	609	Sandro Garcia Emídio	Projeto 3CES-E9G	01:07:23	+38:42	11:14	
433	237	Marisa Gomes	Fugitivos do sofá	01:07:25	+38:44	11:14	
434	240	José Sousa	Fugitivos do sofá	01:07:26	+38:45	11:14	
435	239	Diogo Carreira	Fugitivos do sofá	01:07:26	+38:45	11:14	
436	506	Joana Barata	Lentos & Furiosos	01:07:28	+38:47	11:15	
437	507	Bruno Ferreira	Lentos & Furiosos	01:07:29	+38:48	11:15	
438	236	Ana Margarida Sousa	Fugitivos do sofá	01:07:31	+38:50	11:15	
439	608	Pedro Samuel Emídio Garcia	Projeto 3CES-E9G	01:07:47	+39:06	11:18	
440	242	Rafael Cardoso	Fugitivos do sofá	01:07:54	+39:13	11:19	
441	257	Inês Feliciano	GDRC UNIDOS	01:07:57	+39:16	11:20	
442	238	Romana Sousa	Fugitivos do sofá	01:08:00	+39:19	11:20	
443	611	Tiago Rafael Reis Maia Garcias	Projeto 3CES-E9G	01:08:04	+39:23	11:21	
444	412	Edite João Cardoso	Individual	01:08:08	+39:27	11:21	
445	347	Nicole Isabel Braz	Individual	01:08:50	+40:09	11:28	
446	368	João Diogo da Silva Pereira	Individual	01:08:51	+40:10	11:29	
447	440	Sylvie Rodrigues	Individual	01:08:55	+40:14	11:29	
448	323	Beatrys de Carvalho da Silva Venin	Individual	01:08:57	+40:16	11:29	
449	652	Suzete Figueiredo dos Santos	Ratatui Team	01:09:21	+40:40	11:34	

6 KM

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	11 / 17	generate 29-jun-2025 00:57
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6 KM

OFFICIAL RESULT

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	12 / 17	generate 29-jun-2025 00:57
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6 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
541	696	Manuela Ribeiro	Sporting de Pombal	01:21:57	+53:16	13:40	
542	694	Carla Mendes	Sporting de Pombal	01:21:58	+53:17	13:40	
543	233	Micael Gomes	FARMÁCIA TORRES & CORREIA	01:22:18	+53:37	13:43	
544	232	João Nogueira	FARMÁCIA TORRES & CORREIA	01:22:23	+53:42	13:44	
545	218	Joana Silva Lopes	Família Ponte	01:22:35	+53:54	13:46	
546	231	Marisa Cordeiro	FARMÁCIA TORRES & CORREIA	01:22:47	+54:06	13:48	
547	321	Anita Leopoldo	Individual	01:22:51	+54:10	13:49	
548	63	Vania Lopes	ARB	01:23:10	+54:29	13:52	
549	84	Luísa Simões	ARCD Venda da Luísa	01:23:32	+54:51	13:55	
550	466	Leonel Rodrigues	Individual	01:23:33	+54:52	13:55	
551	216	Eva Ferreira Lopes	Família Ponte	01:23:34	+54:53	13:56	
552	700	Maria de La Salete Nogueira Francisco	Sumol Compal	01:23:41	+55:00	13:57	
553	714	Silvia Cristina Domingues Simões	Sumol Compal	01:23:41	+55:00	13:57	
554	588	Rui Meireles	Pinantes	01:23:42	+55:01	13:57	
555	586	Cecília Silva	Pinantes	01:23:59	+55:18	14:00	
556	213	Beatriz dos Santos Duarte	Familia Mendes	01:24:00	+55:19	14:00	
557	214	Helder Manuel dos Santos Mendes	Familia Mendes	01:24:02	+55:21	14:00	
558	336	Inês Alexandra Pereira Costa	Individual	01:24:11	+55:30	14:02	
559	312	Artur Gaspar	Grupo Operacional do Gambuzino	01:24:19	+55:38	14:03	
560	309	Fernanda Gaspar	Grupo Operacional do Gambuzino	01:24:21	+55:40	14:03	
561	349	Patrícia Lopes	Individual	01:24:23	+55:43	14:04	
562	303	Ana Beatriz Gaspar	Grupo Operacional do Gambuzino	01:24:24	+55:43	14:04	
563	462	Jorge Almeida Santos	Individual	01:25:19	+56:38	14:13	
564	177	LARA MOTA	Clube de Atletismo Gaspar & Costa	01:25:31	+56:50	14:15	
565	181	CATARINA NETO	Clube de Atletismo Gaspar & Costa	01:25:36	+56:55	14:16	
566	475	Paulo batista	Individual	01:26:22	+57:41	14:24	
567	408	Celia Gonçalves	Individual	01:26:30	+57:49	14:25	
568	435	Sandra Cristina Lopes Patrício	Individual	01:26:52	+58:11	14:29	
569	404	Analia Gonçalves	Individual	01:27:06	+58:25	14:31	
570	411	Dulce Marisa Gonçalves Mota	Individual	01:27:06	+58:25	14:31	
571	443	Vilma Eusébio	Individual	01:27:08	+58:27	14:31	
572	228	Ricardo Jorge Rodrigues Lopes	Família Ponte	01:27:35	+58:54	14:36	
573	58	Filipe Martins	Andarilhos	01:28:08	+59:27	14:41	
574	482	Tiago Filipe Moreira Morais	Individual	01:28:17	+59:36	14:43	
575	441	Tânia Catarina Gonçalves Moreira	Individual	01:28:18	+59:37	14:43	
576	650	Carmen Evaristo	Ratatui Team	01:28:32	+59:51	14:45	
577	317	Ana Gameiro	Individual	01:28:34	+59:53	14:46	
578	354	Sheila Marques	Individual	01:28:35	+59:54	14:46	
579	262	Guilherme Gomes	GDRC UNIDOS	01:28:41	+01:00:00	14:47	
580	259	Marisa Cordeiro	GDRC UNIDOS	01:28:49	+01:00:08	14:48	
581	629	Cecília Neves	Pulse	01:29:04	+01:00:23	14:51	
582	527	Patrícia Rato	Maraturistas	01:29:14	+01:00:33	14:52	
583	220	João Miguel Silva Lopes	Familia Ponte	01:29:14	+01:00:33	14:52	
584	305	Carla Susana Salgueiro	Grupo Operacional do Gambuzino	01:29:17	+01:00:36	14:53	
585	302	Rafael Ribeiro	Grupo Operacional do Gambuzino	01:29:26	+01:00:45	14:54	

6 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
586	304	Francisco Ribeiro	Grupo Operacional do Gambuzino	01:29:30	+01:00:49	14:55	
587	215	Carolina Gomes Rodrigues	Família Ponte	01:29:34	+01:00:53	14:56	
588	314	Miguel Ribeiro	Grupo Operacional do Gambuzino	01:29:39	+01:00:58	14:57	
589	654	António Gomes	Ratatui Team	01:29:50	+01:01:09	14:58	
590	313	Carlos Vieira	Grupo Operacional do Gambuzino	01:29:53	+01:01:12	14:59	
591	516	Elisabete Ferreira	Lentos & Furiosos	01:29:57	+01:01:16	14:59	
592	230	Jéssica Neves	FARMÁCIA TORRES & CORREIA	01:30:00	+01:01:19	15:00	
593	518	Manuela Mota	Lentos & Furiosos	01:30:00	+01:01:19	15:00	
594	229	Daniela Dias	FARMÁCIA TORRES & CORREIA	01:30:01	+01:01:20	15:00	
595	307	Cristina Gaspar	Grupo Operacional do Gambuzino	01:30:02	+01:01:21	15:00	
596	355	Sofia Courelas	Individual	01:30:03	+01:01:22	15:00	
597	57	Ana Liceia	Andarilhos	01:30:06	+01:01:25	15:01	
598	339	Jéssica Gonçalves Pereira	Individual	01:30:09	+01:01:28	15:02	
599	315	Vitor Vieira	Grupo Operacional do Gambuzino	01:30:12	+01:01:31	15:02	
600	427	Marisol Esteves	Individual	01:30:13	+01:01:32	15:02	
601	343	Maribel Esteves	Individual	01:30:16	+01:01:35	15:03	
602	340	Joana Sousa	Individual	01:30:17	+01:01:36	15:03	
603	311	Mónica Freitas	Grupo Operacional do Gambuzino	01:30:17	+01:01:36	15:03	
604	300	Inês Freitas	Grupo Operacional do Gambuzino	01:30:19	+01:01:38	15:03	
605	306	Clara Neves	Grupo Operacional do Gambuzino	01:30:23	+01:01:42	15:04	
606	473	Nuno Oliveira	Individual	01:30:31	+01:01:50	15:05	
607	207	Judite da Silva Santos	Família Karacois	01:30:42	+01:02:01	15:07	
608	308	Dulce Santos	Grupo Operacional do Gambuzino	01:30:45	+01:02:04	15:07	
609	428	Natália Gomes Lopes da Mota	Individual	01:30:49	+01:02:08	15:08	
610	456	Henrique Rodrigues	Individual	01:31:21	+01:02:40	15:13	
611	468	Manuel Cruz	Individual	01:32:30	+01:03:49	15:25	
612	359	Alberto Faustino	Individual	01:32:39	+01:03:58	15:26	
613	705	Anabela Santos Antunes Marques	Sumol Compal	01:32:54	+01:04:13	15:29	
614	711	Monica Paula Soares Gouveia Gomes	Sumol Compal	01:32:56	+01:04:15	15:29	
615	463	Jorge Francisco Lopes Gonçalves	Individual	01:33:06	+01:04:25	15:31	
616	342	Márcia Gonçalves	Individual	01:33:07	+01:04:26	15:31	
617	445	Virgínia Moderno	Individual	01:33:11	+01:04:30	15:32	
618	418	Isabel Cristina Ribeiro	Individual	01:33:13	+01:04:32	15:32	
619	582	Carla Faria Rodrigues	Phoenix on Fire	01:33:14	+01:04:33	15:32	
620	581	Carina Faria Rodrigues	Phoenix on Fire	01:33:15	+01:04:34	15:32	
621	724	Selena Croce	Team Gambuzino Powered by LeiriTechSwiss	01:33:17	+01:04:36	15:33	
622	587	Silvia Silva	Pinantes	01:33:20	+01:04:39	15:33	
623	729	Vivian Lopes	Team Gambuzino Powered by LeiriTechSwiss	01:33:20	+01:04:39	15:33	
624	661	Anabela Gonçalves	Resistentes	01:33:28	+01:04:47	15:35	
625	660	Claudia Reis	Resistentes	01:33:36	+01:04:55	15:36	
626	502	Paula Carvalho	LAMA SOLTA	01:33:38	+01:04:57	15:36	
627	579	Joana Gonçalves Monteiro	Phoenix on Fire	01:33:39	+01:04:58	15:37	
628	653	Tânia Marina Gonçalves da Silva	Ratatui Team	01:33:45	+01:05:04	15:38	
629	585	Tatiana Meireles	Pinantes	01:33:46	+01:05:05	15:38	
630	523	Laura Gonçalves	Manchester Desunited	01:33:47	+01:05:06	15:38	

6 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
631	522	Adriana Gaspar	Manchester Desunited	01:33:48	+01:05:07	15:38	
632	583	Cláudia de Jesus Gonçalves	Phoenix on Fire	01:33:51	+01:05:10	15:39	
633	578	Inês Parreira	Phoenix on Fire	01:33:53	+01:05:12	15:39	
634	576	Daniela Gonçalves Monteiro	Phoenix on Fire	01:33:55	+01:05:14	15:39	
635	649	Ana Silva	Ratatui Team	01:33:57	+01:05:16	15:39	
636	145	Tânia Silva	CãBuzinos	01:34:02	+01:05:21	15:40	
637	704	Tiago Filipe Duarte Mira	Sumol Compal	01:34:20	+01:05:39	15:43	
638	706	Carla Manuela Mendes Silva	Sumol Compal	01:34:21	+01:05:40	15:43	
639	27	Tereza Pereira	Active	01:34:32	+01:05:51	15:45	
640	31	Joao Carlos	Active	01:34:35	+01:05:54	15:46	
641	723	Rúben Cruz	Team Gambuzino Powered by LeiriTechSwiss	01:34:43	+01:06:02	15:47	
642	405	Anália Pereira	Individual	01:34:49	+01:06:08	15:48	
643	24	Maria João	Active	01:35:02	+01:06:21	15:50	
644	420	Judite Oliveira	Individual	01:35:17	+01:06:36	15:53	
645	465	Leonel Oliveira	Individual	01:35:19	+01:06:38	15:53	
646	106	Rita Silva	Barras e Bolinhos	01:35:21	+01:06:40	15:53	
647	290	Edgar Moleirinho	GDRC UNIDOS	01:35:22	+01:06:41	15:54	
648	103	Lucília Branco	Barras e Bolinhos	01:35:28	+01:06:47	15:55	
649	288	Celso Costa	GDRC UNIDOS	01:35:30	+01:06:49	15:55	
650	423	Manuela Rodrigues	Individual	01:35:54	+01:07:13	15:59	
651	249	Joana Santos	GAMBUZIOS	01:35:54	+01:07:13	15:59	
652	252	João Bicho	GAMBUZIOS	01:36:01	+01:07:20	16:00	
653	251	Preciosa Santos	GAMBUZIOS	01:36:04	+01:07:23	16:01	
654	433	Paula Pereira	Individual	01:36:08	+01:07:27	16:01	
655	334	Elisabete Gaspar	Individual	01:36:22	+01:07:41	16:04	
656	519	Raquel Fernandes	Lentos & Furiosos	01:36:38	+01:07:57	16:06	
657	515	Cristina Rodrigues	Lentos & Furiosos	01:36:42	+01:08:01	16:07	
658	517	Irene Lopes	Lentos & Furiosos	01:36:42	+01:08:01	16:07	
659	710	Monica Morgado Pereira	Sumol Compal	01:36:44	+01:08:03	16:07	
660	709	Manuela Engrácia Domingues Gonçalves	Sumol Compal	01:36:45	+01:08:04	16:08	
661	566	Filomena Nunes	Os Nunca Vistos	01:37:04	+01:08:23	16:11	
662	565	António Mota	Os Nunca Vistos	01:37:11	+01:08:30	16:12	
663	567	Nadea Duarte	Os Nunca Vistos	01:37:15	+01:08:34	16:13	
664	564	Soraya Santos	Os Nunca Vistos	01:37:25	+01:08:44	16:14	
665	266	Tiago Gil	GDRC UNIDOS	01:37:39	+01:08:58	16:17	
666	295	Pedro Pereira	GDRC UNIDOS	01:38:04	+01:09:23	16:21	
667	226	Hermínio Lopes Rodrigues	Família Ponte	01:38:23	+01:09:42	16:24	
668	284	Tânia Baboso	GDRC UNIDOS	01:38:25	+01:09:44	16:24	
669	275	Cristiana Oliveira	GDRC UNIDOS	01:38:29	+01:09:48	16:25	
670	388	Toni Mota	Individual	01:38:33	+01:09:52	16:25	
671	344	Marina Cordeiro Cardoso Rosas e Silva	Individual	01:38:33	+01:09:52	16:25	
672	430	Otilia Gonçalves	Individual	01:38:50	+01:10:09	16:28	
673	403	Anabela Rodrigues	Individual	01:38:55	+01:10:14	16:29	
674	222	Adélia Maria Rodrigues Gomes	Família Ponte	01:38:57	+01:10:16	16:30	
675	224	Cidália Maria Rodrigues Gomes	Família Ponte	01:38:58	+01:10:17	16:30	

6 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

Official Timekeeper: Lap2Go	16 / 17	generate 29-jun-2025 00:57
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PROVA PRINCIPAL - STAGE 1

6 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
721	136	Ana Tenente	CãBuzinos	01:44:13	+01:15:32	17:22	
722	539	Guida Marques	MaxiRunners	01:44:13	+01:15:32	17:22	
723	381	Rodrigo Batista	Individual	01:44:17	+01:15:36	17:23	
724	327	Catarina Castro	Individual	01:44:18	+01:15:37	17:23	
725	544	Claudia Junqueira	MaxiRunners	01:44:19	+01:15:38	17:23	
726	127	Bruna Gonçalves	CãBuzinos	01:44:40	+01:15:59	17:27	
727	287	Carlos Carreira	GDRC UNIDOS	01:45:37	+01:16:56	17:36	
728	130	Mariana Gonçalves	CãBuzinos	01:46:10	+01:17:29	17:42	
729	292	Luis Pedrosa	GDRC UNIDOS	01:46:11	+01:17:30	17:42	
730	273	Carmina Pedro	GDRC UNIDOS	01:46:14	+01:17:33	17:42	
731	280	Marlene Carreira	GDRC UNIDOS	01:46:17	+01:17:36	17:43	
732	129	Margarida Barreiro	CãBuzinos	01:46:18	+01:17:37	17:43	
733	279	Maria Augusta Santos	GDRC UNIDOS	01:46:23	+01:17:42	17:44	
734	138	Irene Ferreira	CãBuzinos	01:48:53	+01:20:12	18:09	
735	139	Isabel Gonçalves	CãBuzinos	01:48:59	+01:20:18	18:10	
736	147	Joaquim Alberto	CãBuzinos	01:54:05	+01:25:24	19:01	
737	144	Susana Cruz	CãBuzinos	01:56:10	+01:27:29	19:22	
738	137	Celeste Aquino	CãBuzinos	02:00:25	+01:31:44	20:04	
739	140	Luisa Lopes	CãBuzinos	02:02:17	+01:33:36	20:23	
740	142	Márcia Lopes	CãBuzinos	02:05:51	+01:37:10	20:58	

Prova Principal

6 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	22:00	19,9°C	80%
End	00:06	19,9°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	186	Mariana Duarte	Clube de Natação de Torres Novas	Senior Feminino	35:14	05:52
2	672	Sara Pedrosa	Sacatrilhos Anadia	Senior Feminino	36:19	+01:04 06:03
3	797	Sara Gonçalves das Neves	SicóTrilhos	Senior Feminino	40:59	+05:45 06:50
4	497	Susana Fernandes	LAMA SOLTA	Senior Feminino	41:57	+06:43 07:00
5	319	Ana Rita Loureiro Guímaro	Individual	Senior Feminino	44:18	+09:04 07:23
6	684	Mónica Meirinho	Serra D Aire Trail Team	Senior Feminino	44:27	+09:13 07:24
7	78	Margarida Moita	ARCD Venda da Luísa	Senior Feminino	45:44	+10:30 07:37
8	3	Bárbara Pereira	À toa	Senior Feminino	46:04	+10:50 07:41
9	498	Tânia Luís	LAMA SOLTA	Senior Feminino	46:41	+11:27 07:47
10	93	Sandra Pereira	Barras e Bolinhos	Senior Feminino	46:46	+11:32 07:48
11	753	Patrícia Ramos Cravo	Caracóis Velozes	Senior Feminino	47:53	+12:39 07:59
12	197	Rute Cardoso	Convras	Senior Feminino	48:08	+12:54 08:01
13	803	barbara Monteiro	VILAVENTURA TRAIL	Senior Feminino	48:16	+13:02 08:03
14	353	Sandra Isabel Santos Nunes	Individual	Senior Feminino	49:06	+13:52 08:11
15	9	Catarina silva	Active	Senior Feminino	49:12	+13:58 08:12
16	4	Filipa Pereira	À toa	Senior Feminino	50:09	+14:55 08:22
17	617	Soraia Lopes	Pulse	Senior Feminino	50:13	+14:59 08:22
18	59	Carla Mendes	Ansibikeres	Senior Feminino	50:37	+15:23 08:26
19	8	Beatriz Matias	Active	Senior Feminino	50:41	+15:27 08:27
20	10	Eduarda Carvalho	Active	Senior Feminino	50:41	+15:27 08:27
21	612	Bruna Moio	Pulse	Senior Feminino	50:46	+15:32 08:28
22	526	Daniela Curado	Maraturistas	Senior Feminino	51:17	+16:03 08:33
23	756	Lara Moreno	Individual	Senior Feminino	52:17	+17:03 08:43
24	90	Beatriz Gonçalves Pereira	Barras e Bolinhos	Senior Feminino	52:44	+17:30 08:47
25	352	Rita Martins	Individual	Senior Feminino	52:59	+17:45 08:50
26	345	Mónica Gomes	Individual	Senior Feminino	53:00	+17:46 08:50
27	51	Isa Marques	AMResgais	Senior Feminino	53:20	+18:06 08:53
28	91	Carolina Ferreira	Barras e Bolinhos	Senior Feminino	53:47	+18:33 08:58
29	556	Lara Costa	OS COSTAS	Senior Feminino	54:17	+19:03 09:03
30	350	Patrícia Matias Santos	Individual	Senior Feminino	55:16	+20:02 09:13
31	615	Neide Oliveira	Pulse	Senior Feminino	55:39	+20:24 09:16
32	639	Patrícia Ferreira	ran auê	Senior Feminino	55:42	+20:28 09:17
33	254	Carolina Duarte	GDRC UNIDOS	Senior Feminino	57:09	+21:55 09:31
34	351	Raquel Sabino	GAU Bajouca	Senior Feminino	57:21	+22:07 09:33
35	328	Catarina Vieira	Individual	Senior Feminino	57:43	+22:29 09:37
36	325	Bruna Oliveira	Individual	Senior Feminino	58:08	+22:53 09:41
37	755	JANAYNE DA SILVA IZIDORO	Individual	Senior Feminino	58:32	+23:18 09:45
38	348	Patrícia Ferreira	Individual	Senior Feminino	58:35	+23:21 09:46
39	358	Telma Ferreira Pinto	Individual	Senior Feminino	58:42	+23:28 09:47

Official Timekeeper: Lap2Go	1 / 18	generate 29-jun-2025 00:57
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6 KM

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	2 / 18	generate 29-jun-2025 00:57
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6 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

Official Timekeeper: Lap2Go	3 / 18	generate 29-jun-2025 00:57
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6 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - T

1	798	Daniel Antunes	SicóTrilhos	Senior Masculino	28:41	04:47
2	742	Tiago Alves	VILAVENTURA TRAIL	Senior Masculino	29:44	+01:03 04:57
3	261	Flavio Esperança	GDRC UNIDOS	Senior Masculino	31:01	+02:20 05:10
4	551	Bruno Zanette	NESoure	Senior Masculino	31:09	+02:27 05:11
5	376	Mário Eusebio	Individual	Senior Masculino	35:28	+06:47 05:55
6	371	Jordan Silva	Individual	Senior Masculino	35:38	+06:56 05:56
7	263	João Reis	GDRC UNIDOS	Senior Masculino	36:04	+07:22 06:01
8	809	Hélder Soares	GDRC UNIDOS	Senior Masculino	36:20	+07:38 06:03
9	800	Jorge Henriques	SicóTrilhos	Senior Masculino	36:25	+07:43 06:04
10	379	Pedro Nogueira	Individual	Senior Masculino	36:49	+08:07 06:08
11	754	Jorge Barros	FORunners	Senior Masculino	36:51	+08:10 06:09
12	380	Rodrigo Anastácio da Ponte	Individual	Senior Masculino	37:21	+08:40 06:14
13	701	Alex Rodrigues Sav yak	Sumol Compal	Senior Masculino	37:36	+08:55 06:16
14	799	João Antunes	SicóTrilhos	Senior Masculino	38:09	+09:28 06:22
15	770	João Gomes	Individual	Senior Masculino	38:29	+09:48 06:25
16	509	Simão Simões	Lentos & Furiosos	Senior Masculino	38:35	+09:54 06:26
17	552	Fábio Tomé	NESoure	Senior Masculino	38:53	+10:11 06:29
18	768	Guilherme Gaspar	Individual	Senior Masculino	39:05	+10:24 06:31
19	804	BERNARDO MONTEIRO	VILAVENTURA TRAIL	Senior Masculino	39:36	+10:54 06:36
20	377	Miguel Barros	Individual	Senior Masculino	39:37	+10:56 06:36
21	5	Filipe Henriques	À toa	Senior Masculino	40:00	+11:19 06:40
22	686	Rúben Gonçalves Marques	SicóTrilhos	Senior Masculino	40:22	+11:41 06:44
23	499	Luís Marques	LAMA SOLTA	Senior Masculino	40:24	+11:43 06:44
24	6	Leonardo Pereira	À toa	Senior Masculino	40:25	+11:44 06:44
25	95	João Gaspar	Barras e Bolinhos	Senior Masculino	40:57	+12:16 06:50
26	14	Eduardo Gonçalves	Active	Senior Masculino	41:06	+12:25 06:51

Official Timekeeper: Lap2Go	4 / 18	generate 29-jun-2025 00:57
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6 KM

OFFICIAL RESULT

27	17	Ricardo Gameiro Guedes	Active	Senior Masculino	41:18	+12:36	06:53
28	772	Luís Ladeira	Individual	Senior Masculino	42:06	+13:25	07:01
29	98	Ruben Silva	Barras e Bolinhos	Senior Masculino	42:19	+13:38	07:03
30	489	Jorge Miguel Gomes Ferreira	Já corremos por menos	Senior Masculino	42:30	+13:49	07:05
31	680	João Rodrigues	Sem limites	Senior Masculino	42:44	+14:03	07:07
32	15	João miguel Simões Dionísio Gomes	Active	Senior Masculino	42:57	+14:16	07:10
33	767	Gabriel de Jesus Lemls	Individual	Senior Masculino	43:21	+14:39	07:13
34	643	Alexandre da Silva Figueiredo	Ratatui Team	Senior Masculino	43:43	+15:02	07:17
35	20	Tiago Mourão Jorge	Active	Senior Masculino	44:03	+15:22	07:21
36	19	Rúben Leal	Active	Senior Masculino	44:05	+15:23	07:21
37	264	Ludovic Santo	GDRC UNIDOS	Senior Masculino	44:29	+15:47	07:25
38	766	Francisco Santos	Individual	Senior Masculino	44:29	+15:47	07:25
39	769	João Eusébio	Individual	Senior Masculino	44:29	+15:47	07:25
40	235	Diogo Mendes	FPM	Senior Masculino	44:36	+15:54	07:26
41	773	Marcelo Cleiton	Individual	Senior Masculino	44:39	+15:57	07:26
42	732	Tiago amorim	100 limites	Senior Masculino	44:59	+16:18	07:30
43	79	Gonçalo Deus	ARCD Venda da Luísa	Senior Masculino	45:44	+17:02	07:37
44	149	David Sousa Santos	Camelos Selvagens	Senior Masculino	45:46	+17:05	07:38
45	678	Fábio dias	Sem limites	Senior Masculino	45:55	+17:14	07:39
46	761	Daniel Silva Gaspar	Individual	Senior Masculino	46:00	+17:18	07:40
47	160	BRUNO MIGUEL FERREIRA SIMÕES LIMA	CCD CRÉDITO AGRICOLA	Senior Masculino	46:23	+17:41	07:44
48	682	Tiago Torcato	Sem limites	Senior Masculino	46:23	+17:42	07:44
49	363	Fabio Jose Antunes Rosa	Individual	Senior Masculino	46:29	+17:47	07:45
50	18	Rodolfo Lopes Gaspar	Active	Senior Masculino	46:58	+18:16	07:50
51	387	Tito Lourenço	Individual	Senior Masculino	47:42	+19:00	07:57
52	487	Daniel Ferreira Martins	Já corremos por menos	Senior Masculino	47:48	+19:06	07:58
53	383	Rúben Mendes	Individual	Senior Masculino	47:59	+19:17	08:00
54	763	Duarte Domingues	Individual	Senior Masculino	48:00	+19:19	08:00
55	198	Nuno Carrasqueira	Convras	Senior Masculino	48:04	+19:22	08:01
56	645	Tiago Gomes	Ratatui Team	Senior Masculino	48:11	+19:29	08:02
57	179	MIGUEL GONÇALVES	Clube de Atletismo Gaspar & Costa	Senior Masculino	48:17	+19:35	08:03
58	646	Tomás Abreu	Ratatui Team	Senior Masculino	48:23	+19:41	08:04
59	619	André Silva	Pulse	Senior Masculino	48:27	+19:46	08:05
60	735	Hélder Lopes	Trail da Amizade Runners	Senior Masculino	48:29	+19:47	08:05
61	623	Gabriel Almeida	Pulse	Senior Masculino	48:47	+20:06	08:08
62	97	Miguel Coelho	Barras e Bolinhos	Senior Masculino	49:06	+20:25	08:11
63	776	Tomás Conceição	Individual	Senior Masculino	49:22	+20:40	08:14
64	739	Alexandre Santos Nogueira	VILAVENTURA TRAIL	Senior Masculino	49:23	+20:41	08:14
65	374	Lucas Pedrosa	Individual	Senior Masculino	49:49	+21:07	08:18
66	490	Telmo Gonçalves Correia	Já corremos por menos	Senior Masculino	49:50	+21:09	08:18
67	765	Francisco Lopes Gaspar	Individual	Senior Masculino	49:53	+21:12	08:19
68	775	Rodrigo Victorino	Individual	Senior Masculino	49:54	+21:12	08:19
69	681	Micael Fonseca	Sem limites	Senior Masculino	50:33	+21:51	08:25
70	750	Luis Carlos	Bombeiros V. Pombal	Senior Masculino	50:44	+22:03	08:27
71	549	Rafael Farias	Navegantes da Lua	Senior Masculino	50:55	+22:14	08:29

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72	386	Tiago Miguel Rodrigues dos Santos	Individual	Senior Masculino	50:56	+22:15	08:29
73	553	Rafael Domingues Jerónimo	NESoure	Senior Masculino	51:16	+22:34	08:33
74	627	Ruben Costa	Pulse	Senior Masculino	51:26	+22:44	08:34
75	548	Philippe Miguel	Navegantes da Lua	Senior Masculino	51:38	+22:57	08:36
76	16	Pedro Costa Lopes	Active	Senior Masculino	51:57	+23:15	08:39
77	297	Rodolfo Gonçalves Costa	Gonçalves	Senior Masculino	52:01	+23:20	08:40
78	736	João Neves	trail da ladeia running team	Senior Masculino	52:06	+23:24	08:41
79	384	Salomão Ribas Venin	Individual	Senior Masculino	52:39	+23:57	08:47
80	620	Dany Mendes	Pulse	Senior Masculino	52:55	+24:13	08:49
81	190	José Cardoso	COMSOFTWARE - Sistemas Informáticos	Senior Masculino	53:31	+24:49	08:55
82	13	André Rocha Figueiral	Active	Senior Masculino	53:32	+24:50	08:55
83	741	Nelson Santos Nogueira	VILAVENTURA TRAIL	Senior Masculino	53:56	+25:15	08:59
84	740	João Carlos Santos Nogueira	VILAVENTURA TRAIL	Senior Masculino	53:57	+25:15	08:59
85	385	Tiago lopes da Mota	Individual	Senior Masculino	54:07	+25:26	09:01
86	624	Henrique Esteves	Pulse	Senior Masculino	54:31	+25:50	09:05
87	751	Rodrigo Silva	Bombeiros V. Pombal	Senior Masculino	54:34	+25:53	09:06
88	367	João Carrasqueira	Individual	Senior Masculino	54:48	+26:07	09:08
89	362	Emanuel Goncalves	Individual	Senior Masculino	55:00	+26:18	09:10
90	760	Alexandre Pereira	Individual	Senior Masculino	55:35	+26:53	09:16
91	640	Hugo Gaspar	ran auê	Senior Masculino	55:42	+27:01	09:17
92	561	Carlos Emanuel da Silva Francisco	Os Marretas	Senior Masculino	56:13	+27:31	09:22
93	560	Bruno Henriques dos Santos	Os Marretas	Senior Masculino	56:35	+27:53	09:26
94	173	Tiago Domingues Lopes	CERCIPOM Trail Team	Senior Masculino	56:45	+28:03	09:27
95	170	Diogo André Marques Santos	CERCIPOM Trail Team	Senior Masculino	56:46	+28:04	09:28
96	622	Francisco Ribeiro	Pulse	Senior Masculino	56:59	+28:17	09:30
97	361	Diogo Gomes Marques	Individual	Senior Masculino	57:03	+28:21	09:30
98	795	Henrique Domingues	Sargões	Senior Masculino	57:13	+28:32	09:32
99	674	Telmo Pontes	Sargões	Senior Masculino	57:15	+28:33	09:32
100	370	João Serrano	Individual	Senior Masculino	57:21	+28:39	09:33
101	673	Samuel Veiga	Sargões	Senior Masculino	57:24	+28:43	09:34
102	722	José Ferreira	Team Gambuzino Powered by LeiriTechSwiss	Senior Masculino	57:30	+28:49	09:35
103	621	Diogo Nunes Ramos	Pulse	Senior Masculino	58:48	+30:06	09:48
104	563	Frederico Santos Martins	Os Marretas	Senior Masculino	58:50	+30:08	09:48
105	124	Romeo Silva	BFF	Senior Masculino	58:52	+30:10	09:49
106	508	Eduardo Oliveira	Lentos & Furiosos	Senior Masculino	59:06	+30:25	09:51
107	626	Ricardo Vieira	Pulse	Senior Masculino	59:11	+30:29	09:52
108	562	Elton Filipe Marques dos Santos	Os Marretas	Senior Masculino	59:11	+30:30	09:52
109	749	Filipe Lourenço	BFF	Senior Masculino	59:20	+30:38	09:53
110	703	Mário da Silva Gomes	Sumol Compal	Senior Masculino	59:23	+30:41	09:54
111	260	Fabio Gaspar	GDRC UNIDOS	Senior Masculino	59:28	+30:46	09:55
112	486	Daniel Domingues Sacramento	Já corremos por menos	Senior Masculino	01:00:33	+31:52	10:06
113	488	Hugo Gonçalves e Neves	Já corremos por menos	Senior Masculino	01:00:45	+32:04	10:08
114	64	Marco Sousa	ARB	Senior Masculino	01:00:54	+32:12	10:09
115	126	Rúben Pires	Bombeiros V. Pombal	Senior Masculino	01:01:12	+32:30	10:12
116	369	João Pedro Gonçalves Dias	Individual	Senior Masculino	01:01:27	+32:45	10:15

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117	178	DAVID FERREIRA	Clube de Atletismo Gaspar & Costa	Senior Masculino	01:01:44	+33:03	10:17
118	155	Ricardo Quinteiro	Caracóis Velozes	Senior Masculino	01:02:25	+33:43	10:24
119	96	Luís Oliveira	Barras e Bolinhos	Senior Masculino	01:03:27	+34:45	10:34
120	525	Tiago Santos	Manchester Desunited	Senior Masculino	01:03:27	+34:46	10:35
121	65	Sérgio Simões	ARB	Senior Masculino	01:03:39	+34:58	10:37
122	625	João Alves	Pulse	Senior Masculino	01:04:05	+35:23	10:41
123	679	João Pedro Marques	Sem limites	Senior Masculino	01:04:34	+35:53	10:46
124	94	João Cardoso	Barras e Bolinhos	Senior Masculino	01:05:07	+36:25	10:5
125	217	João Xavier Gomes Rodrigues	Família Ponte	Senior Masculino	01:06:28	+37:47	11:05
126	771	Júlio Lopes	Individual	Senior Masculino	01:06:58	+38:17	11:10
127	52	Lionel Teixeira	AMResgais	Senior Masculino	01:07:19	+38:38	11:13
128	240	José Sousa	Fugitivos do sofá	Senior Masculino	01:07:26	+38:44	11:14
129	239	Diogo Carreira	Fugitivos do sofá	Senior Masculino	01:07:26	+38:45	11:14
130	507	Bruno Ferreira	Lentos & Furiosos	Senior Masculino	01:07:29	+38:48	11:15
131	242	Rafael Cardoso	Fugitivos do sofá	Senior Masculino	01:07:54	+39:13	11:19
132	368	João Diogo da Silva Pereira	Individual	Senior Masculino	01:08:51	+40:10	11:29
133	201	Alexandre Miguel Lopes Silva	CORRE QUE A MÃE GRITA	Senior Masculino	01:10:58	+42:17	11:50
134	204	Tomás Sousa santos	CORRE QUE A MÃE GRITA	Senior Masculino	01:11:00	+42:18	11:50
135	382	Rúben Domingues	Individual	Senior Masculino	01:11:11	+42:29	11:52
136	202	André da Ponde Silva	CORRE QUE A MÃE GRITA	Senior Masculino	01:11:30	+42:48	11:55
137	203	Tomás Gonçalves Silva	CORRE QUE A MÃE GRITA	Senior Masculino	01:14:47	+46:05	12:28
138	366	João Carlos Gonçalves Silva	Individual	Senior Masculino	01:15:51	+47:10	12:39
139	265	Ruben Gomes	GDRC UNIDOS	Senior Masculino	01:16:44	+48:02	12:47
140	247	DIOGO CONTINS	Gambuzinó-Chillerz	Senior Masculino	01:17:00	+48:18	12:50
141	248	Hugo Silva	Gambuzinó-Chillerz	Senior Masculino	01:17:00	+48:18	12:50
142	246	Cédric Domingues	Gambuzinó-Chillerz	Senior Masculino	01:17:43	+49:02	12:57
143	601	Fabiano Garcia Emidio	Projeto 3CES-E9G	Senior Masculino	01:18:46	+50:04	13:08
144	378	Paulo Marto	Individual	Senior Masculino	01:18:48	+50:06	13:08
145	593	José Pimenta	Ponte	Senior Masculino	01:19:06	+50:25	13:11
146	250	Nilton Santos	GAMBUZIOS	Senior Masculino	01:21:57	+53:15	13:39
147	233	Micael Gomes	FARMÁCIA TORRES & CORREIA	Senior Masculino	01:22:18	+53:37	13:43
148	232	João Nogueira	FARMÁCIA TORRES & CORREIA	Senior Masculino	01:22:23	+53:42	13:44
149	262	Guilherme Gomes	GDRC UNIDOS	Senior Masculino	01:28:41	+01:00:00	14:47
150	302	Rafael Ribeiro	Grupo Operacional do Gambuzino	Senior Masculino	01:29:26	+01:00:45	14:54
151	359	Alberto Faustino	Individual	Senior Masculino	01:32:39	+01:03:57	15:26
152	704	Tiago Filipe Duarte Mira	Sumol Compal	Senior Masculino	01:34:20	+01:05:39	15:43
153	723	Rúben Cruz	Team Gambuzino Powered by LeiriTechSwiss	Senior Masculino	01:34:43	+01:06:01	15:47
154	565	António Mota	Os Nunca Vistos	Senior Masculino	01:37:11	+01:08:30	16:12
155	266	Tiago Gil	GDRC UNIDOS	Senior Masculino	01:37:39	+01:08:58	16:17
156	388	Toni Mota	Individual	Senior Masculino	01:38:33	+01:09:51	16:25
157	43	Andre pedro	Ajudanimal	Senior Masculino	01:41:47	+01:13:05	16:58
158	131	Sebastien de Melo	CãBuzinos	Senior Masculino	01:42:19	+01:13:38	17:03
159	172	Tiago André Neves Gonçalves	CERCIPOM Trail Team	Senior Masculino	01:42:37	+01:13:55	17:06
160	543	Carlos Rodrigues	MaxiRunners	Senior Masculino	01:43:33	+01:14:52	17:16
161	542	Bruno Ferreira	MaxiRunners	Senior Masculino	01:43:36	+01:14:55	17:16

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162	721	Hakan Eroglu	Team Gambuzino Powered by LeiriTechSwiss	Senior Masculino	01:43:51	+01:15:10	17:19
163	381	Rodrigo Batista	Individual	Senior Masculino	01:44:17	+01:15:35	17:23

Sub 20 Feminino

1	68	Luna Ferreira	ARB	Sub 20 Feminino	45:18	07:33
2	628	Lara Oliveira	Pulse	Sub 20 Feminino	50:21	+05:03 08:24
3	67	Lorena Henriques	ARB	Sub 20 Feminino	51:25	+06:07 08:34
4	648	Carolina Mendes	Ratatui Team	Sub 20 Feminino	52:26	+07:07 08:44
5	510	Carolina Resende	Lentos & Furiosos	Sub 20 Feminino	52:54	+07:36 08:49
6	664	Mariana Pedrosa	Rocket Team	Sub 20 Feminino	56:39	+11:21 09:27
7	80	Mafalda Moita	ARCD Venda da Luísa	Sub 20 Feminino	56:41	+11:23 09:27
8	81	Maria Deus	ARCD Venda da Luísa	Sub 20 Feminino	56:41	+11:23 09:27
9	647	Bruna Abreu	Ratatui Team	Sub 20 Feminino	57:10	+11:51 09:32
10	389	Carolina Henriques Monsanto dos Santos	Individual	Sub 20 Feminino	58:04	+12:46 09:41
11	511	Marta Teixeira	Lentos & Furiosos	Sub 20 Feminino	59:09	+13:51 09:52
12	180	BEATRIZ GONÇALVES	Clube de Atletismo Gaspar & Costa	Sub 20 Feminino	01:01:44	+16:26 10:17
13	545	Barbara Mota	MOTA S	Sub 20 Feminino	01:06:26	+21:08 11:04
14	44	Filipa Silva	Ajudanimal	Sub 20 Feminino	01:06:56	+21:38 11:09
15	66	Bianca Simões	ARB	Sub 20 Feminino	01:10:16	+24:58 11:43
16	390	Clara Nogueira Carrasqueira	Individual	Sub 20 Feminino	01:13:48	+28:30 12:18
17	133	Jéssica Pedrosa	CãBuzinos	Sub 20 Feminino	01:13:59	+28:40 12:20
18	132	Erica Freire	CãBuzinos	Sub 20 Feminino	01:14:00	+28:42 12:20
19	528	Verónica Gonçalves	Maraturistas	Sub 20 Feminino	01:14:03	+28:45 12:21
20	219	Luna Ferreira Lopes	Família Ponte	Sub 20 Feminino	01:14:47	+29:29 12:28
21	69	Luz Ferreira	ARB	Sub 20 Feminino	01:14:50	+29:32 12:28
22	391	Leticia Silva	Individual	Sub 20 Feminino	01:18:48	+33:30 13:08
23	690	Erica jacinto	Sporting de Pombal	Sub 20 Feminino	01:21:47	+36:29 13:38
24	218	Joana Silva Lopes	Família Ponte	Sub 20 Feminino	01:22:35	+37:17 13:46
25	213	Beatriz dos Santos Duarte	Familia Mendes	Sub 20 Feminino	01:24:00	+38:42 14:00
26	303	Ana Beatriz Gaspar	Grupo Operacional do Gambuzino	Sub 20 Feminino	01:24:24	+39:06 14:04
27	527	Patrícia Rato	Maraturistas	Sub 20 Feminino	01:29:14	+43:56 14:52
28	724	Selena Croce	Team Gambuzino Powered by LeiriTechSwiss	Sub 20 Feminino	01:33:17	+47:59 15:33
29	585	Tatiana Meireles	Pinantes	Sub 20 Feminino	01:33:46	+48:28 15:38
30	268	Leonor Moleirinho	GDRC UNIDOS	Sub 20 Feminino	01:39:15	+53:57 16:32
31	267	Erica Costa	GDRC UNIDOS	Sub 20 Feminino	01:39:26	+54:08 16:34
32	570	Helena Cordeiro Vieira	Patrulha do Passeio	Sub 20 Feminino	01:41:11	+55:53 16:52
33	569	Diana Cordeiro Vieira	Patrulha do Passeio	Sub 20 Feminino	01:41:26	+56:08 16:54

Sub 20 Masculino

1	557	Renato Costa	OS COSTAS	Sub 20 Masculino	33:23	05:34
2	397	Martim Dias Santos	Individual	Sub 20 Masculino	34:55	+01:31 05:49

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Veterana F40

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7	685	Lurdes vital	Serra D Aire Trail Team	Veterana F40	45:54	+05:10	07:39
8	2	Gina Domingues	Individual	Veterana F40	45:56	+05:12	07:39
9	501	Marisa Silva	LAMA SOLTA	Veterana F40	46:30	+05:47	07:45
10	104	Mónica Alfaiate	Barras e Bolinhos	Veterana F40	47:24	+06:40	07:54
11	434	Regina Lisboa	Individual	Veterana F40	48:49	+08:05	08:08
12	631	Licinia Lourenço	Pulse	Veterana F40	49:32	+08:48	08:15
13	632	Olga Okulova	Pulse	Veterana F40	49:43	+09:00	08:17
14	419	Isabel Gomes	Individual	Veterana F40	50:21	+09:37	08:24
15	192	Ricardo Grilo	COMSOFTWARE - Sistemas Informáticos	Veterana F40	50:28	+09:45	08:25
16	61	Silvia Oliveira	Ansibikeres	Veterana F40	50:48	+10:04	08:28
17	535	Filipa Madeira	Maraturistas	Veterana F40	51:11	+10:27	08:32
18	60	Nélia Nunes	Ansibikeres	Veterana F40	51:53	+11:10	08:39
19	413	Elsa da Silva Gonçalves	Individual	Veterana F40	52:23	+11:40	08:44
20	406	Carina Sousa	Individual	Veterana F40	52:29	+11:46	08:45
21	402	Ana Margarida Santos	Individual	Veterana F40	52:31	+11:47	08:45
22	630	Edite Nunes	Pulse	Veterana F40	52:54	+12:11	08:49
23	426	Maria Salomé Fernandes de Almeida	Individual	Veterana F40	54:00	+13:16	09:00
24	503	Sandra Pereira	LAMA SOLTA	Veterana F40	54:44	+14:01	09:07
25	156	Isabel Lopes Ramos	Caracóis Velozes	Veterana F40	55:08	+14:24	09:11
26	82	Graça Simões	ARCD Venda da Luísa	Veterana F40	55:26	+14:42	09:14
27	83	Luísa Lacerda	ARCD Venda da Luísa	Veterana F40	55:27	+14:43	09:14
28	415	Fátima Rodrigues	Individual	Veterana F40	55:30	+14:46	09:15
29	444	Virgínia Leal	Individual	Veterana F40	55:31	+14:47	09:15
30	589	ALEXANDRA NEVES	Pombal Jornal	Veterana F40	55:32	+14:48	09:15
31	590	MANUELA FRIAS	Pombal Jornal	Veterana F40	55:32	+14:48	09:15
32	780	Sílvia Pereira	Individual	Veterana F40	55:32	+14:49	09:15
33	401	Ana Catarina Jesus Ferreira	Individual	Veterana F40	55:55	+15:11	09:19
34	421	Lídia Gonçalves	Individual	Veterana F40	56:07	+15:23	09:21
35	707	Carla Sofia de Oliveira Pimenta	Sumol Compal	Veterana F40	56:21	+15:38	09:24
36	49	Susana Pinheira	Amigos do Gin	Veterana F40	56:25	+15:41	09:24
37	223	Carina Silva	Família Ponte	Veterana F40	56:29	+15:45	09:25
38	53	Sandra Teixeira	AMResgais	Veterana F40	56:33	+15:49	09:26
39	666	Liliana Pedrosa	Rocket Team	Veterana F40	56:39	+15:55	09:26
40	416	Filipa Simões	Individual	Veterana F40	57:00	+16:16	09:30
41	298	Anabela Gameiro Gonçalves	Gonçalves	Veterana F40	57:06	+16:22	09:31
42	316	Sandra Liceia	GRVILAVERDENSE	Veterana F40	57:22	+16:38	09:34
43	414	Elsa Valdrez	Individual	Veterana F40	57:39	+16:56	09:37
44	439	Sofia Beatriz Farate Batista	Individual	Veterana F40	57:40	+16:57	09:37
45	811	Sandra Santos	Individual	Veterana F40	57:48	+17:04	09:38
46	25	Odete Simões	Active	Veterana F40	58:21	+17:37	09:43
47	429	Natalia Mendes	Individual	Veterana F40	58:24	+17:41	09:44
48	669	Edite Cardoso	Run & Fun	Veterana F40	58:42	+17:58	09:47
49	633	Rosália Maria Gameiro	Pulse	Veterana F40	58:55	+18:12	09:49
50	283	Susana Domingues	GDRC UNIDOS	Veterana F40	59:10	+18:26	09:52
51	779	Lucette Neto	Individual	Veterana F40	59:17	+18:34	09:53
52	442	Ticha Ribeiro	Individual	Veterana F40	01:00:21	+19:37	10:08

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143	587	Silvia Silva	Pinantes	Veterana F40	01:33:20	+52:36	15:33
144	729	Vivian Lopes	Team Gambuzino Powered by LeiriTechSwiss	Veterana F40	01:33:20	+52:36	15:33
145	661	Anabela Gonçalves	Resistentes	Veterana F40	01:33:28	+52:44	15:35
146	502	Paula Carvalho	LAMA SOLTA	Veterana F40	01:33:38	+52:55	15:36
147	653	Tânia Marina Gonçalves da Silva	Ratatui Team	Veterana F40	01:33:45	+53:01	15:38
148	583	Cláudia de Jesus Gonçalves	Phoenix on Fire	Veterana F40	01:33:51	+53:08	15:39
149	649	Ana Silva	Ratatui Team	Veterana F40	01:33:57	+53:13	15:39
150	145	Tânia Silva	CãBuzinos	Veterana F40	01:34:02	+53:18	15:4
151	706	Carla Manuela Mendes Silva	Sumol Compal	Veterana F40	01:34:21	+53:37	15:43
152	27	Tereza Pereira	Active	Veterana F40	01:34:32	+53:49	15:45
153	405	Anália Pereira	Individual	Veterana F40	01:34:49	+54:05	15:48
154	24	Maria João	Active	Veterana F40	01:35:02	+54:18	15:50
155	420	Judite Oliveira	Individual	Veterana F40	01:35:17	+54:33	15:53
156	106	Rita Silva	Barras e Bolinhos	Veterana F40	01:35:21	+54:37	15:53
157	103	Lucília Branco	Barras e Bolinhos	Veterana F40	01:35:28	+54:44	15:55
158	423	Manuela Rodrigues	Individual	Veterana F40	01:35:54	+55:10	15:59
159	251	Preciosa Santos	GAMBUZIOS	Veterana F40	01:36:04	+55:20	16:01
160	433	Paula Pereira	Individual	Veterana F40	01:36:08	+55:25	16:01
161	519	Raquel Fernandes	Lentos & Furiosos	Veterana F40	01:36:38	+55:55	16:06
162	515	Cristina Rodrigues	Lentos & Furiosos	Veterana F40	01:36:42	+55:58	16:07
163	517	Irene Lopes	Lentos & Furiosos	Veterana F40	01:36:42	+55:58	16:07
164	710	Monica Morgado Pereira	Sumol Compal	Veterana F40	01:36:44	+56:00	16:07
165	709	Manuela Engrácia Domingues Gonçalves	Sumol Compal	Veterana F40	01:36:45	+56:01	16:08
166	566	Filomena Nunes	Os Nunca Vistos	Veterana F40	01:37:04	+56:20	16:11
167	567	Nadea Duarte	Os Nunca Vistos	Veterana F40	01:37:15	+56:32	16:13
168	284	Tânia Baboso	GDRC UNIDOS	Veterana F40	01:38:25	+57:42	16:24
169	275	Cristiana Oliveira	GDRC UNIDOS	Veterana F40	01:38:29	+57:45	16:25
170	430	Otília Gonçalves	Individual	Veterana F40	01:38:50	+58:06	16:28
171	403	Anabela Rodrigues	Individual	Veterana F40	01:38:55	+58:12	16:29
172	222	Adélia Maria Rodrigues Gomes	Família Ponte	Veterana F40	01:38:57	+58:13	16:30
173	224	Cidália Maria Rodrigues Gomes	Família Ponte	Veterana F40	01:38:58	+58:14	16:30
174	282	Rosa Quitéria	GDRC UNIDOS	Veterana F40	01:39:19	+58:35	16:33
175	276	Dora Costa	GDRC UNIDOS	Veterana F40	01:39:27	+58:43	16:34
176	534	Elsa Graça	Maraturistas	Veterana F40	01:39:36	+58:52	16:36
177	533	Corine Silva	Maraturistas	Veterana F40	01:39:49	+59:05	16:38
178	536	Sónia Ferreira	Maraturistas	Veterana F40	01:39:50	+59:06	16:38
179	47	Silvia lopes	Ajudanimal	Veterana F40	01:40:08	+59:24	16:41
180	46	Sandra Diniz	Ajudanimal	Veterana F40	01:40:11	+59:27	16:42
181	277	Inês Clemente	GDRC UNIDOS	Veterana F40	01:40:20	+59:36	16:43
182	573	Silvana Maria Marques Cordeiro	Patrulha do Passeio	Veterana F40	01:40:53	+01:00:09	16:49
183	141	Lurdes de Melo	CãBuzinos	Veterana F40	01:41:45	+01:01:01	16:57
184	572	Célia Marques Cordeiro	Patrulha do Passeio	Veterana F40	01:41:51	+01:01:07	16:59
185	662	Celeste Domingues	Resistentes	Veterana F40	01:41:59	+01:01:16	17:00
186	737	Mira Teixeira	trail da ladeia running team	Veterana F40	01:42:44	+01:02:00	17:07

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Prova Principal

6 KM

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OFFICIAL RESULT

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187	802	Cândida Silva	Team Gambuzino Powered by LeiriTechSwiss	Veterana F40	01:42:55	+01:02:11	17:09
188	713	Sandra Margarida Santos Morais	Sumol Compal	Veterana F40	01:43:12	+01:02:29	17:12
189	143	Sonia Lopes	CãBuzinos	Veterana F40	01:43:24	+01:02:40	17:14
190	801	Blandina Silva	Team Gambuzino Powered by LeiriTechSwiss	Veterana F40	01:43:57	+01:03:13	17:19
191	136	Ana Tenente	CãBuzinos	Veterana F40	01:44:13	+01:03:29	17:22
192	544	Claudia Junqueira	MaxiRunners	Veterana F40	01:44:19	+01:03:35	17:23
193	273	Carmina Pedro	GDRC UNIDOS	Veterana F40	01:46:14	+01:05:31	17:42
194	280	Marlene Carreira	GDRC UNIDOS	Veterana F40	01:46:17	+01:05:34	17:43
195	279	Maria Augusta Santos	GDRC UNIDOS	Veterana F40	01:46:23	+01:05:39	17:44
196	138	Irene Ferreira	CãBuzinos	Veterana F40	01:48:53	+01:08:09	18:09
197	139	Isabel Gonçalves	CãBuzinos	Veterana F40	01:48:59	+01:08:16	18:10
198	144	Susana Cruz	CãBuzinos	Veterana F40	01:56:10	+01:15:26	19:22
199	137	Celeste Aquino	CãBuzinos	Veterana F40	02:00:25	+01:19:42	20:04
200	140	Luisa Lopes	CãBuzinos	Veterana F40	02:02:17	+01:21:33	20:23
201	142	Márcia Lopes	CãBuzinos	Veterana F40	02:05:51	+01:25:07	20:58

Veterano M40

1	205	Sergio Junqueira	CPR-A-do-Barbas	Veterano M40	30:36	05:06
2	461	Joni Grade	Individual	Veterano M40	31:10	+00:34 05:12
3	448	Arnaldo Santos	Individual	Veterano M40	36:03	+05:27 06:01
4	559	Joel Costa	OS COSTAS	Veterano M40	36:13	+05:36 06:02
5	119	Nuno Moreira	Barras e Bolinhos	Veterano M40	36:40	+06:04 06:07
6	782	Emídio Alves	Individual	Veterano M40	37:32	+06:55 06:15
7	746	Roberto Fiúza	Barras e Bolinhos	Veterano M40	38:02	+07:26 06:20
8	7	Luís Carvalho	ACRM Silveirinha Grande e Claras	Veterano M40	38:09	+07:33 06:22
9	111	Pedro Pereira	Barras e Bolinhos	Veterano M40	38:12	+07:36 06:22
10	554	Fernando Jorge Gante Braz da Costa Correia	NESoure	Veterano M40	38:14	+07:38 06:22
11	806	Vitor Monteiro	VILAVENTURA TRAIL	Veterano M40	39:06	+08:29 06:31
12	38	MARCO GOMES	ACVermoil	Veterano M40	39:41	+09:04 06:37
13	744	Henrique Lavaredas	ACRM Silveirinha Grande e Claras	Veterano M40	40:30	+09:54 06:45
14	50	Edgar Fernandes	Amigos do Gin	Veterano M40	40:55	+10:19 06:49
15	738	Pedro Neves	trail da ladeia running team	Veterano M40	41:07	+10:30 06:51
16	30	Henrique Santos	Active	Veterano M40	41:11	+10:35 06:52
17	638	Sérgio Simões	Pulse	Veterano M40	41:30	+10:54 06:55
18	446	alexandre fernandes marques	Individual	Veterano M40	42:15	+11:39 07:02
19	121	Ruben Barjona	Barras e Bolinhos	Veterano M40	42:29	+11:53 07:05
20	120	Ricardo Fernandes	Barras e Bolinhos	Veterano M40	42:32	+11:56 07:05
21	480	Rui Gaspar	Individual	Veterano M40	42:48	+12:12 07:08
22	85	Bruno Gonçalves	ARLU TRAIL	Veterano M40	43:06	+12:29 07:11
23	505	Marco Murgeiro	LAMA SOLTA	Veterano M40	43:12	+12:36 07:12
24	116	Leonel Almeida	Barras e Bolinhos	Veterano M40	43:17	+12:41 07:13
25	86	Gonçalo Ferreira	ARLU TRAIL	Veterano M40	43:29	+12:52 07:15
26	794	António Mendes	Ratatui Team	Veterano M40	43:32	+12:56 07:15

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Prova Principal

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OFFICIAL RESULT

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27	671	Rui Valsumo	Run & Fun	Veterano M40	43:42	+13:05	07:17
28	789	Tony Santos	Individual	Veterano M40	44:03	+13:27	07:21
29	296	Romeu Bento	GDRC UNIDOS	Veterano M40	44:19	+13:43	07:23
30	788	Ruany da Silva Souza	Individual	Veterano M40	44:45	+14:09	07:28
31	447	André Luz	Individual	Veterano M40	45:16	+14:40	07:33
32	781	António Jesus	Individual	Veterano M40	45:27	+14:51	07:34
33	474	Paulo Araújo	Individual	Veterano M40	45:29	+14:53	07:35
34	786	Paulo Silva	Individual	Veterano M40	45:49	+15:13	07:38
35	476	Paulo Bernardes	Individual	Veterano M40	45:52	+15:16	07:39
36	598	Joel Ponte	Ponte	Veterano M40	45:57	+15:21	07:40
37	810	João Sintra	Individual	Veterano M40	46:09	+15:33	07:41
38	667	Nelson Matias	Rocket Team	Veterano M40	46:30	+15:54	07:45
39	655	João Ferreira	Ratatui Team	Veterano M40	47:18	+16:41	07:53
40	785	Paulo Pina	Individual	Veterano M40	47:19	+16:43	07:53
41	459	Joaquim Sousa	Individual	Veterano M40	47:29	+16:52	07:55
42	150	Marco Duarte de Sousa	Camelos Selvagens	Veterano M40	47:40	+17:04	07:57
43	28	EDUARDO MARTINS	Active	Veterano M40	47:50	+17:14	07:58
44	114	Humberto Dinis Batista Franco	Barras e Bolinhos	Veterano M40	48:05	+17:29	08:01
45	657	Pedro Abreu	Ratatui Team	Veterano M40	48:17	+17:40	08:03
46	460	Joel Martins	Individual	Veterano M40	49:05	+18:29	08:11
47	555	Jorge Tomé	Nexebra Trail Team	Veterano M40	49:05	+18:29	08:11
48	36	EUGÉNIO MENDES	ACVermoil	Veterano M40	49:11	+18:34	08:12
49	670	Micael Marcelino	Run & Fun	Veterano M40	49:31	+18:55	08:15
50	112	André Henriques	Barras e Bolinhos	Veterano M40	49:52	+19:15	08:19
51	676	Fernando Ferreira	Seleção lá de casa	Veterano M40	50:02	+19:25	08:20
52	452	Eurico Ponte	Individual	Veterano M40	50:03	+19:26	08:20
53	62	Rui Oliveira	Ansibikeres	Veterano M40	50:04	+19:27	08:21
54	636	David Lopes	Pulse	Veterano M40	50:10	+19:34	08:22
55	793	André Gomes	Ratatui Team	Veterano M40	50:40	+20:04	08:27
56	471	Nicolau Ferreira	Individual	Veterano M40	50:50	+20:14	08:28
57	550	Joel Santos	Navegantes da Lua	Veterano M40	51:02	+20:25	08:30
58	164	HÉLDER MANUEL DOS SANTOS NUNES	CCD CRÉDITO AGRICOLA	Veterano M40	51:03	+20:27	08:31
59	211	Rui Silva	Familia Karacois	Veterano M40	51:12	+20:36	08:32
60	212	Wilson Silva Santos	Familia Karacois	Veterano M40	51:23	+20:47	08:34
61	718	Vasco Fernando Gomes Roldao	Sumol Compal	Veterano M40	52:03	+21:27	08:41
62	163	FILIPE MANUEL CARREIRA SIMÕES	CCD CRÉDITO AGRICOLA	Veterano M40	52:32	+21:56	08:45
63	162	André Rafael Costa Lopes	CCD CRÉDITO AGRICOLA	Veterano M40	52:33	+21:57	08:46
64	289	Cláudio Silva	GDRC UNIDOS	Veterano M40	52:35	+21:59	08:46
65	210	Licínio Silva	Familia Karacois	Veterano M40	52:56	+22:20	08:49
66	55	Duarte Silva	AMResgais	Veterano M40	53:52	+23:15	08:59
67	469	Márcio Miguel Simões Batista	Individual	Veterano M40	53:58	+23:22	09:00
68	157	David Henrique dos Santos Cravo	Caracóis Velozes	Veterano M40	54:05	+23:29	09:01
69	504	Lino Bento	LAMA SOLTA	Veterano M40	54:41	+24:05	09:07
70	477	Paulo santos	Individual	Veterano M40	55:14	+24:38	09:12
71	634	Antonio Freitas Neves	Pulse	Veterano M40	55:49	+25:12	09:18
72	479	Ricardo Jorge Gonçalves da Silva	Individual	Veterano M40	55:54	+25:17	09:19

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73	792	Alexandre Blanco	Os Tolinhos	Veterano M40	56:06	+25:30	09:21
74	454	Filipe da Silva Gameiro	Individual	Veterano M40	56:08	+25:32	09:21
75	227	Nelson Miguel Rodrigues Lopes	Família Ponte	Veterano M40	56:39	+26:03	09:27
76	715	Eusebio Miguel Lourenco Dias	Sumol Compal	Veterano M40	57:17	+26:41	09:33
77	716	José Carlos de Oliveira Neves	Sumol Compal	Veterano M40	57:18	+26:42	09:33
78	783	Hugo Rodrigues	Individual	Veterano M40	57:40	+27:04	09:37
79	791	Marco Rafael Da Silva Baptista	KM108A150	Veterano M40	58:15	+27:39	09:43
80	496	Renato José neto Cardoso	KM108A150	Veterano M40	58:15	+27:39	09:43
81	495	Carlos André Pimentel Lameirinhas	KM108A150	Veterano M40	58:16	+27:40	09:43
82	117	Miguel Branco	Barras e Bolinhos	Veterano M40	58:33	+27:56	09:45
83	472	Nuno Marques	Individual	Veterano M40	58:44	+28:08	09:47
84	467	Luis Filipe Rama Terreno	Individual	Veterano M40	58:51	+28:14	09:48
85	592	ANTÓNIO DIAS NEVES	Pombal Jornal	Veterano M40	58:55	+28:18	09:49
86	591	AMÉRICO DIAS	Pombal Jornal	Veterano M40	58:55	+28:18	09:49
87	194	Nicolau Domingues	COMSOFTWARE - Sistemas Informáticos	Veterano M40	59:03	+28:27	09:51
88	291	Frederico Duarte	GDRC UNIDOS	Veterano M40	59:08	+28:32	09:51
89	195	Toni Calvario	COMSOFTWARE - Sistemas Informáticos	Veterano M40	59:34	+28:58	09:56
90	734	Ricardo Carrasqueira	TLC	Veterano M40	01:00:52	+30:16	10:09
91	784	Jorge Mateus Simão dos Santos	Individual	Veterano M40	01:00:59	+30:23	10:10
92	478	Pedro Dinis	Individual	Veterano M40	01:01:02	+30:26	10:10
93	33	Ricardo Gonçalves	Active	Veterano M40	01:01:35	+30:59	10:16
94	75	Nelson Oliveira Vicente	ARB	Veterano M40	01:01:48	+31:11	10:18
95	151	Paulo Jorge Barreira Santos	Camelos Selvagens	Veterano M40	01:01:59	+31:22	10:20
96	450	Bruno Miguel Morgado Sousa	Individual	Veterano M40	01:02:04	+31:28	10:21
97	158	Vítor Miguel Julião	Caracóis Velozes	Veterano M40	01:02:38	+32:01	10:26
98	635	C Quitério	Pulse	Veterano M40	01:02:43	+32:06	10:27
99	656	José Manuel Marques Figueiredo	Ratatui Team	Veterano M40	01:03:28	+32:51	10:35
100	115	Jorge Miguel Pereira Lopes	Barras e Bolinhos	Veterano M40	01:04:33	+33:57	10:46
101	56	Filipe Mendes	AMResgais	Veterano M40	01:04:40	+34:04	10:47
102	599	Patrício Ponte	Ponte	Veterano M40	01:04:40	+34:04	10:47
103	118	Nuno Miguel Alves	Barras e Bolinhos	Veterano M40	01:04:52	+34:15	10:49
104	166	NUNO RICARDO DOMINGUES	CCD CRÉDITO AGRICOLA	Veterano M40	01:04:57	+34:20	10:49
105	787	Pedro Carvalho	Individual	Veterano M40	01:05:04	+34:28	10:51
106	717	Nuno Filipe da Silva Pinto	Sumol Compal	Veterano M40	01:05:17	+34:40	10:53
107	193	Isidro Alves	COMSOFTWARE - Sistemas Informáticos	Veterano M40	01:05:19	+34:42	10:53
108	808	Rui Pereira	Individual	Veterano M40	01:05:49	+35:13	10:58
109	464	José Carlos Lopes	Individual	Veterano M40	01:06:02	+35:26	11:00
110	148	Paulo Gonçalves	CãBuzinos	Veterano M40	01:06:11	+35:35	11:02
111	167	TIAGO JOSÉ DA SILVA CARVALHO	CCD CRÉDITO AGRICOLA	Veterano M40	01:06:36	+36:00	11:06
112	458	João Manuel da Mota Gonçalves	Individual	Veterano M40	01:06:43	+36:07	11:07
113	165	JOSÉ MANUEL SIMÕES LOURENÇO	CCD CRÉDITO AGRICOLA	Veterano M40	01:06:46	+36:09	11:08
114	54	Adriano Clara	AMResgais	Veterano M40	01:06:47	+36:11	11:08
115	113	Daniel Cunha	Barras e Bolinhos	Veterano M40	01:11:15	+40:39	11:53
116	451	Daniel Martins Carrasqueira	Individual	Veterano M40	01:13:47	+43:11	12:18

Prova Principal

6 KM

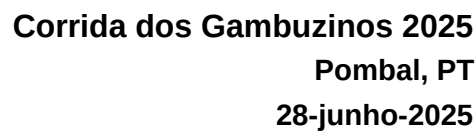
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OFFICIAL RESULT

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117	174	João Fernando Neves Silva Amaral	CERCIPOM Trail Team	Veterano M40	01:15:13	+44:37	12:32
118	449	Bruno Caetano	Individual	Veterano M40	01:15:13	+44:55	12:35
119	285	Ângelo Silva	GDRC UNIDOS	Veterano M40	01:16:16	+45:40	12:43
120	483	Vitor Bernardino	Individual	Veterano M40	01:16:32	+45:56	12:45
121	184	EDUARDO MARQUES	Clube de Atletismo Gaspar & Costa	Veterano M40	01:17:59	+47:23	13:00
122	185	EURICO COUTO	Clube de Atletismo Gaspar & Costa	Veterano M40	01:18:19	+47:42	13:03
123	77	Sergio Rodrigues Sousa	ARB	Veterano M40	01:19:33	+48:57	13:16
124	294	Nuno Filipe	GDRC UNIDOS	Veterano M40	01:19:35	+48:59	13:16
125	293	Mario Cordeiro	GDRC UNIDOS	Veterano M40	01:20:34	+49:58	13:26
126	453	Fernando Pereira Marques	Individual	Veterano M40	01:21:17	+50:40	13:33
127	466	Leonel Rodrigues	Individual	Veterano M40	01:23:33	+52:56	13:55
128	588	Rui Meireles	Pinantes	Veterano M40	01:23:42	+53:06	13:57
129	214	Helder Manuel dos Santos Mendes	Familia Mendes	Veterano M40	01:24:02	+53:26	14:00
130	312	Artur Gaspar	Grupo Operacional do Gambuzino	Veterano M40	01:24:19	+53:43	14:03
131	462	Jorge Almeida Santos	Individual	Veterano M40	01:25:19	+54:43	14:13
132	475	Paulo batista	Individual	Veterano M40	01:26:22	+55:45	14:24
133	228	Ricardo Jorge Rodrigues Lopes	Família Ponte	Veterano M40	01:27:35	+56:58	14:36
134	58	Filipe Martins	Andarilhos	Veterano M40	01:28:08	+57:32	14:41
135	482	Tiago Filipe Moreira Morais	Individual	Veterano M40	01:28:17	+57:41	14:43
136	314	Miguel Ribeiro	Grupo Operacional do Gambuzino	Veterano M40	01:29:39	+59:03	14:57
137	654	António Gomes	Ratatui Team	Veterano M40	01:29:50	+59:13	14:58
138	313	Carlos Vieira	Grupo Operacional do Gambuzino	Veterano M40	01:29:53	+59:17	14:59
139	315	Vitor Vieira	Grupo Operacional do Gambuzino	Veterano M40	01:30:12	+59:36	15:02
140	473	Nuno Oliveira	Individual	Veterano M40	01:30:31	+59:55	15:05
141	456	Henrique Rodrigues	Individual	Veterano M40	01:31:21	+01:00:44	15:13
142	468	Manuel Cruz	Individual	Veterano M40	01:32:30	+01:01:54	15:25
143	463	Jorge Francisco Lopes Gonçalves	Individual	Veterano M40	01:33:06	+01:02:29	15:31
144	31	Joao Carlos	Active	Veterano M40	01:34:35	+01:03:59	15:46
145	465	Leonel Oliveira	Individual	Veterano M40	01:35:19	+01:04:43	15:53
146	290	Edgar Moleirinho	GDRC UNIDOS	Veterano M40	01:35:22	+01:04:45	15:54
147	288	Celso Costa	GDRC UNIDOS	Veterano M40	01:35:30	+01:04:53	15:55
148	252	João Bicho	GAMBUZIOS	Veterano M40	01:36:01	+01:05:25	16:00
149	295	Pedro Pereira	GDRC UNIDOS	Veterano M40	01:38:04	+01:07:27	16:21
150	226	Hermínio Lopes Rodrigues	Família Ponte	Veterano M40	01:38:23	+01:07:46	16:24
151	286	Artur Gomes	GDRC UNIDOS	Veterano M40	01:39:18	+01:08:41	16:33
152	575	Pedro Francisco Dos Santos	Patrulha do Passeio	Veterano M40	01:41:20	+01:10:43	16:53
153	574	David Aniceto Pião Marques Vieira	Patrulha do Passeio	Veterano M40	01:41:20	+01:10:43	16:53
154	146	João Gameiro	CãBuzinos	Veterano M40	01:41:22	+01:10:46	16:54
155	663	José Domingues	Resistentes	Veterano M40	01:41:49	+01:11:12	16:58
156	730	Bruno Sousa	Team Gambuzino Powered by LeiriTechSwiss	Veterano M40	01:43:57	+01:13:21	17:19
157	731	Francisco Fugas	Team Gambuzino Powered by LeiriTechSwiss	Veterano M40	01:44:00	+01:13:24	17:20
158	287	Carlos Carreira	GDRC UNIDOS	Veterano M40	01:45:37	+01:15:00	17:36
159	292	Luis Pedrosa	GDRC UNIDOS	Veterano M40	01:46:11	+01:15:34	17:42

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6 KM

OFFICIAL RESULT

160	147	Joaquim Alberto	CãBuzinos	Veterano M40	01:54:05	+01:23:28	19:01
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