

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	18:00	13,8°C	98%
End	19:23	13,8°C	98%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1861	Ricardo Dias	G.D. Castelense	31:31		03:09	
2	1509	Hugo Silva	Olímpico Vianense	32:56	+01:25	03:18	
3	1750	Luís Ceia	CYCLONES SANITOP	32:58	+01:27	03:18	
4	1272	Tomás Carriço	Individual	33:00	+01:29	03:18	
5	1687	Fernando Souza	BOAVISTA FC	33:20	+01:49	03:20	
6	1474	Adelino Sousa	Grupo Desportivo da Goma	33:41	+02:10	03:22	
7	1862	João Tomás	G.D. Castelense	33:55	+02:24	03:23	
8	1802	Paulo Oliveira	G.D.R Santa Tecla	34:14	+02:43	03:25	
9	1879	César Vilas Boas	CDC NAVAIS	34:27	+02:56	03:27	
10	1863	Luciano Faria	G.D. Castelense	34:33	+03:02	03:27	
11	1371	Nuno Viamonte	MARRETAS DO NORTE	34:34	+03:03	03:27	
12	1342	André Guimaraes	LINCE TRIATHLON	34:35	+03:04	03:27	
13	1823	José Fernandes	.COM-Clube de Orientação do Minho	34:36	+03:05	03:28	
14	2026	Vitor Pescadinha	Individual	34:42	+03:11	03:28	
15	1152	Nuno Felgueiras	Centro Atletismo Mazarefes	35:02	+03:31	03:30	
16	1988	Paulo Pereira	DRAGON CLUB	35:24	+03:53	03:32	
17	1924	Doroteia Alves Peixoto	Amigos da Montanha	35:30	+03:59	03:33	
18	1500	Luís Ribeiro	Miles & Vibes	35:33	+04:02	03:33	
19	1972	Bruno Pereira	Team El Comandante	35:34	+04:03	03:33	
20	1425	Rúben Ferreira	G.D. Castelense	35:35	+04:04	03:33	
21	1432	Fábio Cruz	MOVIMENTO DE JUVENTUDE DE MERELIM	35:41	+04:10	03:34	
22	1864	David Oliveira	G.D. Castelense	35:44	+04:13	03:34	
23	1852	Nuno Figueiredo	Águias de Alvelos	36:01	+04:30	03:36	
24	1336	Filipe Correia	Minho e Lima Trail	36:09	+04:38	03:37	
25	1593	Paulo Macedo	airórun	36:15	+04:44	03:37	
26	1745	Marco Silva	Pegasus OCR ProTeam	36:32	+05:01	03:39	
27	1056	Eduardo Oliveira	Núcleo Desportivo da Silva	36:40	+05:09	03:40	
28	1048	Filipe Abreu	Rio Neiva ADA	37:19	+05:48	03:44	
29	2032	Avelino Silva	Individual	37:24	+05:53	03:44	
30	1408	Pedro Cruz	Individual	37:53	+06:22	03:47	
31	1647	Hélder Monteiro	Individual	37:57	+06:26	03:48	
32	1118	Bruno Teixeira	S. Veríssimo Ativo	38:03	+06:32	03:48	
33	1989	Pedro Azevedo	Individual	38:04	+06:33	03:48	
34	1179	Rui Cardoso	Team El Comandante	38:15	+06:44	03:49	
35	1809	Francisco Pilar	JUVMAR	38:17	+06:46	03:50	
36	1318	Cristiano Pereira	Trilhos de Viana	38:29	+06:58	03:51	
37	1455	Pedro Moreira	Clube Fluvial Vilacondense	38:32	+07:01	03:51	
38	1795	João Oliveira	Individual	38:41	+07:10	03:52	
39	1284	Paulo Peixoto	Individual	38:43	+07:12	03:52	
40	1384	Nuno Campos	Barcelos Team Portugal	38:46	+07:15	03:53	
41	1027	Joel Barbosa	Individual	38:50	+07:19	03:53	
42	1204	Gustavo Eiras	Escola Secundária de Barcelinhos	38:56	+07:25	03:54	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	1125	Joao Scott	Associação Figueiredos Runners & Friends	41:12	+09:41	04:07	
89	1401	HUMBERTO NEVES	Ímpar running team	41:13	+09:42	04:07	
90	1054	Tiago De Barros Faria Viana	Individual	41:13	+09:42	04:07	
91	1050	Rui Ramalho	Individual	41:14	+09:43	04:07	
92	1420	Rui Lacerda	Individual	41:21	+09:50	04:08	
93	1024	Luís Freitas	airórun	41:26	+09:55	04:09	
94	1213	Hélder Azevedo	airórun	41:26	+09:55	04:09	
95	1006	Pedro Gramoso	Individual	41:27	+09:56	04:09	
96	1616	Francisco Domingues	Individual	41:35	+10:04	04:10	
97	1020	Guilherme Martins	Agenor Runners	41:36	+10:05	04:10	
98	1315	Jorge Augusto	Augustonis Power	41:41	+10:10	04:10	
99	1128	Miguel Pilar	Pilar Team	41:48	+10:17	04:11	
100	1938	Ricardo José Loureiro Almeida	Individual	41:51	+10:20	04:11	
101	1295	Tiago Oliveira	Individual	41:53	+10:22	04:11	
102	1189	Cristiano pires	Escola Secundária de Barcelinhos	41:57	+10:26	04:12	
103	1892	Pedro Caprichoso	Ade trail running	41:59	+10:28	04:12	
104	1773	Bruno Miranda	Núcleo Desportivo da Silva	42:00	+10:29	04:12	
105	1327	Paulo Moreira	Chisca	42:06	+10:35	04:13	
106	1329	Pedro Caçote	Chisca	42:07	+10:36	04:13	
107	1667	José Abreu	Individual	42:09	+10:38	04:13	
108	1005	José Miguel Pilar	Miles & Vibes	42:10	+10:39	04:13	
109	1694	Sérgio Silva	Águias de Alvelos	42:10	+10:39	04:13	
110	1703	Ezequiel Fernandes	EDL	42:10	+10:39	04:13	
111	1159	Miguel Teixeira	airórun	42:12	+10:41	04:13	
112	1928	Igor Lysyi	Amigos da Montanha	42:14	+10:43	04:13	
113	1279	José Manuel	BRAGA RUNNERS	42:17	+10:46	04:14	
114	1880	Celestino Faria	Individual	42:19	+10:48	04:14	
115	1095	Pedro gomes	Individual	42:20	+10:49	04:14	
116	1965	Luís Pedro Martins	Individual	42:20	+10:49	04:14	
117	1209	Rafael Ribeiro Calás Carvalho Calás	Escola Secundária de Barcelinhos	42:23	+10:52	04:14	
118	1355	Gonçalo Meira	Individual	42:24	+10:53	04:14	
119	1096	Cláudio Cunha	Miles & Vibes	42:26	+10:55	04:15	
120	1607	Miguel Ângelo Faria	Individual	42:29	+10:58	04:15	
121	1004	Jose Pedro Castro Pereira	Miles & Vibes	42:35	+11:04	04:15	
122	1995	Catarina Barbosa	As Aventuras do Careca Barbudo	42:38	+11:07	04:16	
123	1442	Orlando Silva	CAM - VC	42:42	+11:11	04:16	
124	1759	Júlio Morgado	Individual	42:42	+11:11	04:16	
125	1438	Américo Machado	JUVMAR	42:43	+11:12	04:16	
126	1344	André Barbosa	Individual	42:47	+11:16	04:17	
127	1346	Ilídio Carvalho	Lince Triatlo	42:51	+11:20	04:17	
128	1513	Pedro Ferreira	PFArchStudioRunning	42:53	+11:22	04:17	
129	1397	Diogo Quinta	Miles & Vibes	42:55	+11:24	04:18	
130	2015	Paulo Dias	Individual	42:55	+11:24	04:18	
131	1437	Tiago Correia	Individual	42:58	+11:27	04:18	
132	1055	Ricardo Ramalho	Individual	43:00	+11:29	04:18	

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OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	1366	Pedro Fernandes	Miles & Vibes	43:00	+11:29	04:18	
134	1592	Amaro Costa	Alexandra Carvalho TEAM	43:01	+11:30	04:18	
135	1109	Luís Madureira	Individual	43:03	+11:32	04:18	
136	1303	Fátima Oliveira	DiVE - Into the Mountains	43:04	+11:33	04:18	
137	1916	José Manuel Martins da Silva	Amigos da Montanha	43:05	+11:34	04:19	
138	1633	José Viana	Viabike	43:07	+11:36	04:19	
139	1268	Fernando Silva	Individual	43:12	+11:41	04:19	
140	1338	José Silva Mariz	Individual	43:26	+11:55	04:21	
141	1053	Ricardo Moreira	Individual	43:29	+11:58	04:21	
142	1743	Andreia Rocha	DRAGON CLUB	43:30	+11:59	04:21	
143	1360	Filipe Campos	airórun	43:31	+12:00	04:21	
144	1008	Pedro Torres	Miles & Vibes	43:32	+12:01	04:21	
145	1345	Nuno Lomba	Apúlia a correr	43:32	+12:01	04:21	
146	1001	Bruno Carvalho	Miles & Vibes	43:33	+12:02	04:21	
147	1473	Miguel Lopes	Adventure Ultra Trail Runner	43:33	+12:02	04:21	
148	1722	José Carlos Ferraz	Individual	43:38	+12:07	04:22	
149	1241	João Pires	Lobos do Brunheiro de Chaves / Anteros	43:42	+12:11	04:22	
150	1566	Rui Dias	Individual	43:42	+12:11	04:22	
151	1462	Silvério Azevedo	Individual	43:44	+12:13	04:22	
152	1775	José Martins	Núcleo Desportivo da Silva	43:44	+12:13	04:22	
153	1382	Gustavo Gonçalves	Individual	43:50	+12:19	04:23	
154	1047	Samuel Curto	Individual	43:53	+12:22	04:23	
155	1973	Francisco Castro	PVZ SOUL RUNNING CLUB	43:53	+12:22	04:23	
156	2010	Carlos Fernandes	Spin & run Esposende	43:53	+12:22	04:23	
157	1237	Lucas Leao	Life sport Macapá	43:54	+12:23	04:23	
158	1000	Hélder Filipe Silva	Team El Comandante	43:56	+12:25	04:24	
159	1590	Simão Peixoto	Individual	43:57	+12:26	04:24	
160	1249	João Areias	Individual	43:58	+12:27	04:24	
161	1600	Luis Silva	Grupo Desportivo da Goma	44:00	+12:29	04:24	
162	1614	Ricardo Fernandes	Individual	44:02	+12:31	04:24	
163	1140	Diogo Nobre	Grupo Desportivo e Cultural dos Trabalhadores dos ENVC	44:07	+12:36	04:25	
164	2046	Afonso Dias Lage	GCDR GEMESSES	44:08	+12:37	04:25	
165	1855	Paulo Coelho	Individual	44:08	+12:37	04:25	
166	1761	João Miranda	Individual	44:11	+12:40	04:25	
167	1682	Carlos Lopes	Individual	44:14	+12:43	04:25	
168	1477	Antonio Monteiro	Individual	44:15	+12:44	04:26	
169	1966	André Fernandes	Perelhal a correr	44:16	+12:45	04:26	
170	1537	Tiago Ferros	A.D.C.TREGOSA	44:19	+12:48	04:26	
171	1967	Nuno Santos Rocha	Individual	44:20	+12:49	04:26	
172	1319	Alexandra Costa	Individual	44:26	+12:55	04:27	
173	1774	Hélder Faria	Núcleo Desportivo da Silva	44:27	+12:56	04:27	
174	1168	Marco Martins	Individual	44:28	+12:57	04:27	
175	1514	Márcio Costa	Individual	44:30	+12:59	04:27	
176	1650	Vitor Freitas	RIBEITRAIL	44:31	+13:00	04:27	
177	1452	Paulo Carmo	Individual	44:31	+13:00	04:27	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	1099	Tiago Viana	Individual	44:31	+13:00	04:27	
179	1165	João Couto	Trilhos de Viana	44:43	+13:12	04:28	
180	2014	Ricardo Capitão	Spin & Run - Esposende	44:43	+13:12	04:28	
181	1610	Gonçalo Rocha Fernandes	Individual	44:45	+13:14	04:28	
182	1326	Marco Cruz	Individual	44:46	+13:15	04:29	
183	1009	Hugo Ribeiro	Miles & Vibes	44:48	+13:17	04:29	
184	1381	David Pilar	Individual	44:50	+13:19	04:29	
185	1657	Dinis Laranjeira	Individual	44:53	+13:22	04:29	
186	1292	Luís Lameira	www.psicologoclinico.pt	44:54	+13:23	04:29	
187	1521	Horácio da Costa	Individual	44:54	+13:23	04:29	
188	1148	Sandro Gomes	Individual	45:00	+13:29	04:30	
189	1149	Luís Silva	Individual	45:00	+13:29	04:30	
190	1925	Graça Costa	Amigos da Montanha	45:01	+13:30	04:30	
191	1167	JORGE LARANJEIRA	ADCRSME	45:03	+13:32	04:30	
192	1222	Paulo Cerqueira	Trilhos de Viana	45:06	+13:35	04:31	
193	2024	George Araujo	GTMB - Running Team	45:07	+13:36	04:31	
194	1456	Mingos Eiras	Individual	45:09	+13:38	04:31	
195	1531	João Linhares	Individual	45:10	+13:39	04:31	
196	1557	Daniel Nascimento	A.D.C.TREGOSA	45:14	+13:43	04:31	
197	1150	Domingos Sousa	Individual	45:14	+13:43	04:31	
198	1290	Pedro Silva	Individual	45:16	+13:45	04:32	
199	1603	Pedro Costa	Individual	45:16	+13:45	04:32	
200	1760	Luís Morgado	Individual	45:17	+13:46	04:32	
201	1431	Rosa Carmo	Academia Desportiva de Arcos de Valdevez	45:19	+13:48	04:32	
202	1121	Rui Queirós	Individual	45:21	+13:50	04:32	
203	1781	Catarina Borges	VITÓRIA SPORT CLUBE	45:21	+13:50	04:32	
204	1776	Filipe Paulo	Individual	45:25	+13:54	04:32	
205	1872	Leonel Pacheco	ATRIUM AREIAS TEAM	45:25	+13:54	04:32	
206	1881	Tiago Alves	Individual	45:26	+13:55	04:33	
207	1702	Inês Lopes	Individual	45:26	+13:55	04:33	
208	1648	Luís Neiva	Individual	45:29	+13:59	04:33	
209	1874	Daniel Cardoso	airórun	45:30	+13:59	04:33	
210	1012	João Rodrigues	Miles & Vibes	45:31	+14:00	04:33	
211	1542	Joaquim Carvalho	Individual	45:32	+14:01	04:33	
212	1724	Andreia Branco	Individual	45:33	+14:02	04:33	
213	1341	Miguel ROSAS	3DUKES	45:38	+14:07	04:34	
214	1705	Vitor Lopes	Individual	45:41	+14:10	04:34	
215	1267	Artur Pereira	Clube náutico de Marecos	45:41	+14:10	04:34	
216	1457	Camilo Oliveira	NUCLEO DO Sporting de Braga	45:43	+14:12	04:34	
217	1767	António Sousa	LOUSADA RUNNERS	45:44	+14:13	04:34	
218	1334	Henrique Azevedo	Individual	45:46	+14:15	04:35	
219	1652	Tiago Martins	Individual	45:46	+14:15	04:35	
220	1129	Vitor couto Couto	Individual	45:48	+14:17	04:35	
221	1826	João da silva	JUVMAR	45:49	+14:18	04:35	
222	1414	Emanuel Ventura	Individual	45:52	+14:21	04:35	
223	1632	Ricardo Pereira	Individual	45:53	+14:22	04:35	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	1497	José Carlos Braga	Individual	45:56	+14:25	04:36	
225	1493	Jorge Ribeiro	Perelhal a correr	45:56	+14:25	04:36	
226	1807	João Laranjeira	JUVMAR	45:58	+14:27	04:36	
227	1692	Sara Araújo	Águias de Alvelos	45:58	+14:27	04:36	
228	1518	Tiago Cachada	Individual	45:59	+14:28	04:36	
229	1465	André Lages	Individual	46:02	+14:31	04:36	
230	1963	Rafael Silva	Individual	46:04	+14:33	04:36	
231	1935	Valdemar Fragoso.	Individual	46:08	+14:37	04:37	
232	1665	João Costa	UNB CLUB	46:09	+14:38	04:37	
233	1154	António Fernandes	Run You'fools	46:11	+14:40	04:37	
234	1789	Sergio Fernandes	Individual	46:17	+14:46	04:38	
235	1679	Rui Vasquinho	RVCCLVKV	46:18	+14:47	04:38	
236	1242	MANUEL ALVES	ICARUS RUNNING TEAM	46:19	+14:48	04:38	
237	1466	Américo Rebelo	Individual	46:19	+14:48	04:38	
238	1197	Ruben Loureiro	Escola Secundária de Barcelinhos	46:21	+14:50	04:38	
239	1468	Joice jesus	Nascidos para correr	46:21	+14:50	04:38	
240	1876	FERNANDO AREZES	ATRIUM AREIAS TEAM	46:23	+14:52	04:38	
241	1043	José Sousa	Associação de atletismo Lebres do sado	46:25	+14:54	04:39	
242	1658	Joao Pacheco	ATRIUM AREIAS TEAM	46:29	+14:58	04:39	
243	1321	Artur Carqueijó	Individual	46:30	+14:59	04:39	
244	2030	Vitor Barbosa	Individual	46:30	+14:59	04:39	
245	1873	Paulo Novoa	CEPSI - Centro de Psicologia de Braga	46:30	+14:59	04:39	
246	1257	Luis Carlos Barbosa de Bogas	Xe xuber num bou	46:32	+15:01	04:39	
247	1992	Nelson Gonçalves	JUVMAR	46:34	+15:03	04:39	
248	1019	Tania Costa	.COM-Clube de Orientação do Minho	46:35	+15:04	04:40	
249	1936	Daniel Branco	Miles&Vibes	46:36	+15:05	04:40	
250	1403	Jorge Antunes	Individual	46:39	+15:08	04:40	
251	1839	Valter Pereira	Cyclones	46:39	+15:08	04:40	
252	1541	Pedro Reina	Individual	46:39	+15:08	04:40	
253	1160	José Bernardino	3DUKES	46:39	+15:08	04:40	
254	1939	Rui Peixoto	Individual	46:40	+15:09	04:40	
255	1349	CARLOS GAVINHO	GTRunners	46:42	+15:11	04:40	
256	1865	Manuel Caramalho	AG Castelense	46:46	+15:15	04:41	
257	1146	Vitor Martins	Renasce	46:47	+15:16	04:41	
258	1076	Ana Correia	Individual	46:48	+15:17	04:41	
259	1672	António Borges	Individual	46:48	+15:17	04:41	
260	1077	Marisa Ferreira	Individual	46:48	+15:17	04:41	
261	1033	José Silva	Individual	46:49	+15:18	04:41	
262	1902	Filipe Monteiro	Ade trail running	46:50	+15:19	04:41	
263	1827	Inês Viana	JUVMAR	46:50	+15:19	04:41	
264	1377	Joni Novo	Complex Gym	46:51	+15:20	04:41	
265	1034	Carlos Areia	Zé Dos Telhados	46:51	+15:20	04:41	
266	1134	Carlos pereira	Renasce	46:54	+15:23	04:41	
267	1837	Marco Sampaio	Individual	46:54	+15:23	04:41	
268	1685	Pedro Martins	Miles & Vibes	47:01	+15:30	04:42	
269	1041	Nuno Teixeira	Individual	47:02	+15:31	04:42	

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	1496	Tiago Ferreira	Individual	47:04	+15:33	04:42	
271	1398	Mário Silva	Trilhos de Viana	47:04	+15:33	04:42	
272	1441	Joaquim Azevedo	Individual	47:04	+15:33	04:42	
273	1147	José Soares	FORrunners	47:06	+15:35	04:43	
274	1052	Hélder Assunção	PIMENTA	47:07	+15:36	04:43	
275	1011	Guilherme Lima	Individual	47:08	+15:37	04:43	
276	1883	Daniel Cachada	Individual	47:09	+15:38	04:43	
277	1836	Domingos Martinho Martins	Individual	47:11	+15:40	04:43	
278	1459	Miguel Morais	SIPE Running	47:12	+15:41	04:43	
279	1736	HELDER RIBEIRO	S. Veríssimo Ativo	47:13	+15:42	04:43	
280	1769	LUIZ HENRIQUE SIMAS	ESPAÇO FIT PILATES	47:13	+15:42	04:43	
281	1451	Nuno Vasconcelos	Individual	47:14	+15:43	04:43	
282	1018	Diana Borlido	Individual	47:16	+15:45	04:44	
283	1347	Sérgio Ferreira Sá	MOVIMENTO DE JUVENTUDE DE MERELIM	47:21	+15:50	04:44	
284	1964	Clara Freire	Individual	47:23	+15:52	04:44	
285	1639	Eunice Sousa	CLUBE DE ATLETISMO OLÍMPICO VIANENSE	47:24	+15:53	04:44	
286	1589	Ricardo Correia	FORrunners	47:24	+15:53	04:44	
287	1900	Manuel Pereira	Ade trail running	47:26	+15:55	04:45	
288	1635	João Pedro Carreirinha	UNB CLUB	47:28	+15:57	04:45	
289	1142	José reigada	Grupo Desportivo e Cultural dos Trabalhadores dos ENVC	47:31	+16:00	04:45	
290	1354	Pedro Matos	GTRunners	47:34	+16:03	04:45	
291	2008	Eduardo Coutada	Spin & run Esposende	47:37	+16:06	04:46	
292	1281	Sérgio Santos	Individual	47:40	+16:09	04:46	
293	2041	William Santos Sampaio	GCDR GEMESES	47:44	+16:13	04:46	
294	1946	Marcio Rodrigues	Individual	47:44	+16:13	04:46	
295	1641	Ana Ribeiro	RRTeam	47:44	+16:13	04:46	
296	1640	Tiago Rodrigues	RRTeam	47:44	+16:13	04:46	
297	1816	Rui couto	JUVMAR	47:45	+16:14	04:46	
298	1063	João Ramos	ADCRSME	47:45	+16:14	04:46	
299	1393	ANTONIO LONGRAS	Impetus Team	47:46	+16:15	04:47	
300	1409	João Ribeiro	Águias de Alvelos	47:46	+16:15	04:47	
301	1586	Carlos Almeida	Individual	47:52	+16:21	04:47	
302	1661	Patrícia de Lemos	GTT - Armazém do Café	48:04	+16:33	04:48	
303	1458	Lourival Costa	Individual	48:05	+16:34	04:48	
304	1503	Olivier Caseiro	Individual	48:07	+16:36	04:49	
305	1832	Francisco Ferreira	Individual	48:08	+16:37	04:49	
306	1418	Luís Silva	Chisca	48:10	+16:39	04:49	
307	2005	Rui Caridade	ATRIUM AREIAS TEAM	48:11	+16:40	04:49	
308	1489	Leonardo Souza	Individual	48:12	+16:41	04:49	
309	1062	Teresa Santos	Individual	48:13	+16:42	04:49	
310	1517	Miguel Correia	Individual	48:17	+16:46	04:50	
311	1516	Carlos dias	S. Veríssimo Ativo	48:19	+16:48	04:50	
312	1085	Elsa de Sá	Individual	48:19	+16:48	04:50	
313	1323	Hugo Oterelo	Individual	48:20	+16:49	04:50	
314	1748	Mário Rosas	Individual	48:20	+16:49	04:50	

PROVA PRINCIPAL - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
315	1535	José Campos	Individual	48:22	+16:51	04:50	
316	1351	JOAO PEREIRA	GTRunners	48:23	+16:52	04:50	
317	1123	Manuel Faria	Individual	48:23	+16:52	04:50	
318	1680	Miguel Oliveira	Individual	48:24	+16:53	04:50	
319	1784	FERNANDO JORGE QUEIRÓS SILVA	Individual	48:25	+16:54	04:51	
320	1228	Roberto Lima	os póneis	48:26	+16:55	04:51	
321	1415	Matias Gaston Gauna	Individual	48:28	+16:57	04:51	
322	1236	Natalia Branco	Águias de Alvelos	48:28	+16:57	04:51	
323	1460	Carlos Eduardo Guerra Mansuído	Individual	48:29	+16:58	04:51	
324	1597	Paula Silva	Individual	48:30	+16:59	04:51	
325	1185	Tiago Silva	Individual	48:32	+17:01	04:51	
326	1532	José Caleiro da Costa	Individual	48:35	+17:04	04:51	
327	1584	Fernando Mansuído	Individual	48:38	+17:07	04:52	
328	1083	Marco Guimarães	Individual	48:40	+17:09	04:52	
329	1072	Gil Losa	Individual	48:44	+17:13	04:52	
330	1102	Carlos Ferreira	Individual	48:45	+17:14	04:53	
331	1721	Filipe Moreira	Individual	48:48	+17:17	04:53	
332	2045	Afonso Silva Marques	GCDR GEMESSES	48:49	+17:18	04:53	
333	1588	João Viana	Individual	48:54	+17:23	04:53	
334	1744	Bruno Sousa	Individual	48:54	+17:23	04:53	
335	1695	Pedro Vilela	Crias dos 10km	48:56	+17:25	04:54	
336	1448	Paulo Lima	SIPE Running	48:58	+17:27	04:54	
337	1162	Fernando Pilar	Individual	48:59	+17:28	04:54	
338	2036	Leonardo Schiavo dos Santos	Individual	49:02	+17:31	04:54	
339	1288	Tiago Sousa	Individual	49:04	+17:33	04:54	
340	1551	Samuel Dias	A.D.C.TREGOSA	49:04	+17:33	04:54	
341	1306	Hugo Silva	Individual	49:07	+17:36	04:55	
342	1416	Álvaro Costa	Altos&baixos	49:08	+17:37	04:55	
343	1817	André Gomes	JUVMAR	49:11	+17:40	04:55	
344	1684	Paula Ferreira	Akuafit	49:14	+17:43	04:55	
345	1404	ANA PAULA ALVES	Individual	49:15	+17:44	04:56	
346	1331	Ricardo Marcelo	3DUKES	49:21	+17:50	04:56	
347	1987	Osvaldo Oliveira	Cluve	49:22	+17:51	04:56	
348	1419	Luciano Fernandes	Individual	49:23	+17:52	04:56	
349	1092	Ana matilde miranda	Individual	49:26	+17:55	04:57	
350	1269	Jose Gonzalez	Mais Que Auga	49:27	+17:56	04:57	
351	1069	Maria Correia	MOVIMENTO DE JUVENTUDE DE MERELIM	49:27	+17:56	04:57	
352	1628	Ricardo Esposende	Individual	49:29	+17:58	04:57	
353	1914	Orlando Pereira	Amigos da Montanha	49:43	+18:12	04:58	
354	1392	Bartolomeu Sampaio	Individual	49:47	+18:16	04:59	
355	1941	Marília Rodrigues	Individual	49:47	+18:16	04:59	
356	1423	Francisco Marinha	Individual	49:48	+18:17	04:59	
357	1480	José Alves	Individual	49:50	+18:19	04:59	
358	1806	Hugo Patrão	ADCRSME	49:52	+18:21	04:59	
359	1163	Rui jorge Sampaio	Miles & Vibes	49:53	+18:22	04:59	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
360	1943	Tiago Ferreira	Individual	49:53	+18:22	04:59	
361	1038	Hélder Azevedo	Individual	49:54	+18:23	04:59	
362	1522	André Silva	Individual	49:55	+18:24	04:59	
363	1765	Helena Fernandes	Individual	49:55	+18:24	05:00	
364	1654	Filipe Pires	Individual	49:58	+18:27	05:00	
365	1084	Pedro Meixedo	Clube Zupper	50:01	+18:30	05:00	
366	1255	Mariana Sabino	Individual	50:05	+18:34	05:01	
367	1089	Francisco Silva	Move on Running	50:07	+18:36	05:01	
368	1049	Vitor Silva	Individual	50:07	+18:36	05:01	
369	1087	Francisco Teixeira	Move on Running	50:07	+18:36	05:01	
370	1226	Paulo Saraiva	Individual	50:09	+18:38	05:01	
371	1126	Ricardo Carqueijó	Individual	50:11	+18:40	05:01	
372	1391	Cesar Lomba	GTRunners	50:11	+18:40	05:01	
373	1957	Carlos Viana	Individual	50:11	+18:40	05:01	
374	1792	Filipe Oliveira	Individual	50:14	+18:43	05:01	
375	1013	Ricardo Marinho	Individual	50:18	+18:47	05:02	
376	1811	Pedro Rocha	JUVMAR	50:23	+18:52	05:02	
377	1728	Domingos Ribeiro	S. Veríssimo Ativo	50:25	+18:54	05:02	
378	1405	João Duarte	Individual	50:26	+18:55	05:03	
379	1375	Orlando Carriço	Individual	50:30	+18:59	05:03	
380	1698	Catarina Magalhães	Individual	50:34	+19:03	05:03	
381	1812	Pedro Silva	JUVMAR	50:35	+19:04	05:04	
382	1804	Crisália Faria	Vital program	50:36	+19:05	05:04	
383	1951	Vitor Gonçalves	Individual	50:37	+19:06	05:04	
384	1483	Elisabete Vidal	Individual	50:38	+19:07	05:04	
385	2022	Erik Hördt	Individual	50:39	+19:08	05:04	
386	1955	Pedro Rocha	Individual	50:39	+19:08	05:04	
387	1731	Miguel Meira	Individual	50:40	+19:09	05:04	
388	1305	Carlos Silva	Individual	50:46	+19:15	05:05	
389	1314	André Costa	Individual	50:46	+19:15	05:05	
390	2007	Sameiro Fraguinha	Spin & run Esposende	50:46	+19:15	05:05	
391	1681	Nuno Castella	Individual	50:51	+19:20	05:05	
392	1256	Paulo Carreiras	Individual	50:54	+19:23	05:05	
393	1220	Filipe Salgueiro	Escola Secundária de Barcelinhos	50:57	+19:26	05:06	
394	1587	José Carvalho	Individual	50:59	+19:28	05:06	
395	1395	Manuel Iglesias	Individual	51:01	+19:30	05:06	
396	1933	Diogo Capitão	Individual	51:03	+19:32	05:06	
397	1285	Hugo Sousa	Linces de Noudar	51:07	+19:36	05:07	
398	1737	Ricardo Vasconcelos	Ricardo Vasconcelos	51:08	+19:37	05:07	
399	1141	Rui Sá	Grupo Desportivo e Cultural dos Trabalhadores dos ENVC	51:09	+19:38	05:07	
400	1262	João Domingues	Individual	51:11	+19:40	05:07	
401	1348	José Machado	Individual	51:11	+19:40	05:07	
402	1596	Jorge Morais	Individual	51:12	+19:41	05:07	
403	1090	Bruna Marques	ADCRSME	51:16	+19:45	05:08	
404	1678	ARTUR VALENTIM	Individual	51:17	+19:46	05:08	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
405	1335	Ana Rita Dias	Individual	51:20	+19:49	05:08	
406	1581	Zaida Costa	S. Veríssimo Ativo	51:20	+19:49	05:08	
407	1860	Monica Gonzalez Fernandez	Mais Que Auga	51:23	+19:52	05:08	
408	1453	Paulo Gomes	Individual	51:23	+19:52	05:08	
409	1002	Lucas Monte	Miles & Vibes	51:25	+19:54	05:08	
410	1066	Rui Veloso	ADCRSME	51:37	+20:06	05:10	
411	1814	Pedro Ribeiro	JUVMAR	51:38	+20:07	05:10	
412	1045	Carlos Lomba	Individual	51:41	+20:10	05:10	
413	1813	António Capitão	JUVMAR	51:43	+20:12	05:10	
414	1890	Gloria Bras	Ade trail running	51:44	+20:13	05:10	
415	1646	Carlos Alberto Neiva	Individual	51:45	+20:14	05:10	
416	1591	Nuno Carvalho	Individual	51:47	+20:16	05:11	
417	1952	Joaquim Sabino	Individual	51:57	+20:26	05:12	
418	2019	Miguel Souto	Individual	51:58	+20:27	05:12	
419	1120	Gustavo Simões	Individual	51:58	+20:27	05:12	
420	1666	Anabela Machado	OntriSports	51:59	+20:28	05:12	
421	1067	Francisca Lima	Perelhal a correr	52:01	+20:30	05:12	
422	1100	Joaquim Miranda	Trilhos de Viana	52:06	+20:35	05:13	
423	1953	Diogo Filipe	Individual	52:06	+20:35	05:13	
424	1885	Judite Torres	Individual	52:07	+20:36	05:13	
425	1960	Mariana Marques	Individual	52:11	+20:40	05:13	
426	1225	José Vieira	TOP TOP RUNNERS	52:13	+20:42	05:13	
427	1007	Marta Portela	Individual	52:14	+20:43	05:13	
428	1670	Fernando Vaz	TOP TOP RUNNERS	52:15	+20:44	05:13	
429	1413	Ana Tavares	Individual	52:15	+20:44	05:14	
430	1187	Domingos Silva	Escola Secundária de Barcelinhos	52:15	+20:44	05:14	
431	1215	Daniel Costa	Escola Secundária de Barcelinhos	52:15	+20:44	05:14	
432	1454	Augusto Coelho	Individual	52:16	+20:45	05:14	
433	1450	Rita Rodrigues	Individual	52:16	+20:45	05:14	
434	1669	Rosa Vaz	TOP TOP RUNNERS	52:19	+20:48	05:14	
435	1854	Tiago Cruz	Individual	52:20	+20:49	05:14	
436	1274	Pedro Ferreira	Individual	52:22	+20:51	05:14	
437	1906	Ricardo Briote	Ade trail running	52:23	+20:52	05:14	
438	1061	Paulo Jorge	Sport Comércio e Salgueiros	52:25	+20:54	05:14	
439	1545	Cátia Filipa Caramalho Moura Viana	Individual	52:26	+20:55	05:15	
440	1135	André Silva	Vital program	52:26	+20:55	05:15	
441	2040	Carina Silva	Individual	52:27	+20:56	05:15	
442	1621	António Coentrão	Individual	52:27	+20:56	05:15	
443	1447	Ricardo Alves	PCRUNNERS	52:28	+20:57	05:15	
444	1968	Manuel Pereira Batista	Individual	52:30	+20:59	05:15	
445	1708	Manuel Araujo	Cuca Trail	52:31	+21:00	05:15	
446	1227	Ana Lages	Akuafit	52:34	+21:03	05:15	
447	1833	João Maurício	Individual	52:37	+21:06	05:16	
448	1638	Diana Costa	UNB CLUB	52:37	+21:06	05:16	
449	1198	Francisco Araújo	Escola Secundária de Barcelinhos	52:40	+21:09	05:16	
450	1971	Nuno Enes	Individual	52:40	+21:09	05:16	

PROVA PRINCIPAL - STAGE 1**10 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
451	1990	Telmo Torres	Alexandra Carvalho TEAM	52:42	+21:11	05:16	
452	1064	Hugo Rocha	ADCRSME	52:44	+21:13	05:16	
453	1978	Bruno Lemos	IAT Imobiliária	52:44	+21:13	05:16	
454	1430	Luis Belo	Homens do Mar	52:47	+21:16	05:17	
455	1901	Filipe Gonçalves	Ade trail running	52:52	+21:21	05:17	
456	1184	Joaquim Couto Patrão	Individual	52:52	+21:21	05:17	
457	1060	Mariana Ferreira	Miles & Vibes	52:52	+21:21	05:17	
458	1867	Catarina Miranda Simões	Individual	52:54	+21:23	05:17	
459	1602	António Pereira	Individual	53:01	+21:30	05:18	
460	1558	Ricardo Miranda	A.D.C.TREGOSA	53:02	+21:31	05:18	
461	1790	Vitor Ribeiro	Miles & Vibes	53:03	+21:32	05:18	
462	1567	Orlando Maciel	Individual	53:05	+21:34	05:19	
463	1931	Filipe Sousa	RIBEITRAIL	53:07	+21:36	05:19	
464	2021	Bruno Coelho	Individual	53:07	+21:36	05:19	
465	1720	Carla Alves	CrossfitBarcelos	53:08	+21:37	05:19	
466	1559	Abel Fernandes	A.D.C.TREGOSA	53:08	+21:37	05:19	
467	1407	Vitor Gonçalves	Individual	53:11	+21:40	05:19	
468	1406	Maria De Fátima Torres Pereira	Individual	53:11	+21:40	05:19	
469	1181	Pedro Roseta	NOP	53:12	+21:41	05:19	
470	1251	Bruno Novais	Individual	53:16	+21:45	05:20	
471	1361	Jorge Lima	Individual	53:19	+21:48	05:20	
472	1449	André de Sá	Individual	53:22	+21:51	05:20	
473	1786	Andrea Graça	Individual	53:23	+21:52	05:20	
474	2020	Marco Pereira	Ade trail running	53:24	+21:53	05:20	
475	1294	Eduardo Sousa	Individual	53:25	+21:54	05:21	
476	1283	Pedro Costa	Individual	53:28	+21:57	05:21	
477	1791	Diogo Figueiredo	Individual	53:32	+22:01	05:21	
478	1948	Pedro Vilas-Boas	Individual	53:33	+22:02	05:21	
479	1624	Cecília Viana	Viabike	53:34	+22:03	05:21	
480	1428	Berta Carvalho	Individual	53:35	+22:04	05:22	
481	1124	Ana Sofia Oliveira	HI-FIT	53:36	+22:05	05:22	
482	1974	Stéphanie Sousa	Individual	53:43	+22:12	05:22	
483	1629	Álvaro Fernandes	HI-FIT	53:52	+22:21	05:23	
484	2012	Maria Campos	Spin&Run Esposende	53:53	+22:22	05:23	
485	1799	Luis Miguel Rodrigues	Individual	53:55	+22:24	05:23	
486	1856	Filipe Biscoito	Individual	53:57	+22:26	05:24	
487	1918	Marcia Bandeira	Amigos da Montanha	53:58	+22:27	05:24	
488	1645	Ricardo Carvalho	UTILIS	53:58	+22:27	05:24	
489	1606	Isabel Pires	Individual	54:01	+22:30	05:24	
490	1302	Ricardo manuel nogueira costa	Altos&baixos	54:10	+22:39	05:25	
491	1896	Juliana Pinheiral	Ade trail running	54:11	+22:40	05:25	
492	1716	Hugo Venda	Fão Runners	54:11	+22:40	05:25	
493	1888	David Gomes	Ade trail running	54:11	+22:40	05:25	
494	1174	Jorge Silva	HI-FIT	54:13	+22:42	05:25	
495	1260	Sara Falcão	Lawrunners	54:13	+22:42	05:25	
496	1656	MARTA CUNHA	M.O.VE	54:15	+22:44	05:25	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
497	1886	Sara Gonçalves	Individual	54:15	+22:44	05:25	
498	1637	Samuel Bret	Run Power	54:16	+22:45	05:26	
499	1944	Eduarda Torgal	Individual	54:19	+22:48	05:26	
500	1870	Hugo Carvalho	Individual	54:19	+22:48	05:26	
501	1884	Diogo Alves	Individual	54:19	+22:48	05:26	
502	1751	Helder Silva	Individual	54:26	+22:55	05:27	
503	1399	João Martinho	CrossFit Viana do Castelo	54:27	+22:56	05:27	
504	1471	Nuno de Sousa	Individual	54:29	+22:58	05:27	
505	1470	Paulo Ribeiro	Individual	54:30	+22:59	05:27	
506	1328	Márcia Azevedo	Chisca	54:30	+22:59	05:27	
507	1417	André Nunes	Chisca	54:31	+23:00	05:27	
508	1505	Inês Puga	Individual	54:31	+23:00	05:27	
509	1801	Pedro Serafim	LOUSADA RUNNERS	54:32	+23:01	05:27	
510	1942	Antonio Oliveira	NOP	54:33	+23:02	05:27	
511	1385	Tania Dinis	Individual	54:36	+23:05	05:28	
512	1568	Bruno Marques	100Pernas	54:39	+23:08	05:28	
513	1677	Dulce Sousa	Individual	54:39	+23:08	05:28	
514	1676	Afonso Sousa	Individual	54:39	+23:08	05:28	
515	1175	Luis Cunha	Individual	54:40	+23:09	05:28	
516	1508	Guilherme Ribeiro	Individual	54:40	+23:09	05:28	
517	1572	Catarina Barros	Miles & Vibes	54:44	+23:13	05:28	
518	1133	Marta Borlido	Miles & Vibes	54:44	+23:13	05:28	
519	1741	Tiago Miranda	os póneis	54:47	+23:16	05:29	
520	1576	Sérgio Severino	Individual	54:47	+23:16	05:29	
521	1282	Guilherme Gomes	Individual	54:49	+23:18	05:29	
522	1028	Monica pinto	Vital program	54:50	+23:19	05:29	
523	2018	Miriam Pinheiro	Individual	54:51	+23:20	05:29	
524	1815	Vasco Meira	JUVMAR	54:57	+23:26	05:30	
525	1675	Marina Peixoto	Fão Runners	54:57	+23:26	05:30	
526	1983	Lisandra Moura	Individual	54:58	+23:27	05:30	
527	1746	JOSEVAN SILVA	Individual	55:01	+23:30	05:30	
528	1214	Manuel Silva	Escola Secundária de Barcelinhos	55:01	+23:30	05:30	
529	1201	Simão Araújo	Escola Secundária de Barcelinhos	55:01	+23:30	05:30	
530	1970	Jorge Mandim	Individual	55:03	+23:32	05:30	
531	1182	Marco Zeferino da Silva Barbosa	Individual	55:05	+23:34	05:31	
532	2023	Sérgio Araújo	GTMB Running Team	55:06	+23:35	05:31	
533	1808	Miguel Fino Loureiro	JUVMAR	55:07	+23:36	05:31	
534	2013	Bruno Meira	Spin&Run Esposende	55:08	+23:37	05:31	
535	1718	Saete Lourenço	Individual	55:11	+23:40	05:31	
536	1208	Ricardo Ramos	Escola Secundária de Barcelinhos	55:11	+23:40	05:31	
537	1233	José Ferreira	Individual	55:12	+23:41	05:31	
538	1481	Tiago Silva	Individual	55:12	+23:41	05:31	
539	1078	Alcina Lopes	Individual	55:16	+23:45	05:32	
540	1086	Paula Pereira	Individual	55:17	+23:46	05:32	
541	1613	Artur Silva	Individual	55:19	+23:48	05:32	
542	1848	David Yáñez	Mais Que Auga	55:20	+23:49	05:32	

PROVA PRINCIPAL - STAGE 1
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
543	1820	Miguel Marinho	Argos	55:21	+23:50	05:32	
544	1930	Joaquim Loureiro	Individual	55:23	+23:52	05:32	
545	1642	Patricia roxo	LINCE TRIATHLON	55:25	+23:54	05:32	
546	1467	Isadora Padovani Garcia	Individual	55:27	+23:56	05:33	
547	1469	Pedro Leite	Individual	55:28	+23:57	05:33	
548	1080	Carla Soares	MOVIMENTO DE JUVENTUDE DE MERELIM	55:29	+23:58	05:33	
549	1258	Necas Duarte	Lawrunners	55:32	+24:01	05:33	
550	1577	Diamantino Coelho Rodrigues	IND-BRAGA	55:33	+24:02	05:33	
551	1243	Maria Ribeiro	ICARUS RUNNING TEAM	55:35	+24:04	05:33	
552	1014	Dulcínio Carvalho	Individual	55:35	+24:04	05:34	
553	1402	Márcio Laranjeira	Individual	55:37	+24:06	05:34	
554	1131	Maria do Sameiro Araújo	Individual	55:38	+24:07	05:34	
555	1036	Tiago Peixoto	Individual	55:39	+24:08	05:34	
556	1037	Rebeca Pereira	Miles & Vibes	55:40	+24:09	05:34	
557	1608	Diana Ribeiro	Skills Esposende	55:41	+24:11	05:34	
558	1132	Bruno Loureiro	Renasce	55:42	+24:11	05:34	
559	1499	Ana Rita Costa	Complex Gym	55:42	+24:11	05:34	
560	1498	Ricardo Dantas	Complex Gym	55:42	+24:11	05:34	
561	1111	Antonio Lima	Perelhal a correr	55:44	+24:13	05:34	
562	1996	Mariana Barbosa	As Aventuras do Careca Barbudo	55:45	+24:14	05:34	
563	1649	Carla Sousa	Fão Runners	55:45	+24:14	05:34	
564	1733	Susana Precioso	Lebres	55:45	+24:14	05:35	
565	1623	Alipio Loureiro	Fão Runners	55:45	+24:14	05:35	
566	2043	Beatriz Barros Sá	GCDR GEMESES	55:46	+24:15	05:35	
567	1997	Nuno Martins	As Aventuras do Careca Barbudo	55:46	+24:15	05:35	
568	1309	Adriana Barbosa	Individual	55:49	+24:18	05:35	
569	1877	Rui Matos	ATRIUM AREIAS TEAM	55:50	+24:19	05:35	
570	1373	Vania Jaques	Complex Gym	55:51	+24:20	05:35	
571	1374	Rui Silva	Complex Gym	55:51	+24:20	05:35	
572	1230	Jose Miranda	Individual	55:53	+24:22	05:35	
573	1710	Filipe Ferreira	Go fitness	55:53	+24:22	05:35	
574	1891	Ana Pereira	Ade trail running	55:54	+24:23	05:35	
575	1793	Tiago Reis	Fuinhas	55:55	+24:24	05:35	
576	1954	Diogo Fernandes	Individual	55:55	+24:24	05:36	
577	1782	Miguel Barbosa	Xe xuber num vou	56:00	+24:29	05:36	
578	1363	Luís Lemos	Individual	56:01	+24:30	05:36	
579	1683	Filipe Martins	Individual	56:04	+24:33	05:36	
580	1073	Pedro Brás	NLP Runners	56:05	+24:34	05:36	
581	1427	Diana Alves	Individual	56:05	+24:34	05:37	
582	1098	Antónia Guerra	Corre São João	56:05	+24:34	05:37	
583	1686	Cláudio Bessa	Individual	56:13	+24:42	05:37	
584	1291	Isabel Maria Ribeiro Rodrigues Rodrigues	Individual	56:16	+24:45	05:38	
585	1903	Rui Miguel Rodrigues	Ade trail running	56:18	+24:47	05:38	
586	1240	Rui Pedro Rodrigues	Ade trail running	56:18	+24:47	05:38	
587	1766	Filipe Torre	Individual	56:18	+24:47	05:38	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
588	1172	Mariana Miguela	Miles & Vibes	56:21	+24:50	05:38	
589	1634	Gonçalo Pereira	Miles & Vibes	56:21	+24:50	05:38	
590	1112	Samuel Santos	Individual	56:21	+24:50	05:38	
591	1278	Rafael Silva	Individual	56:22	+24:51	05:38	
592	1173	Maria Silva	Miles & Vibes	56:22	+24:51	05:38	
593	1660	Gonçalo Rito	Individual	56:24	+24:53	05:38	
594	1604	Marta Ferreira	Individual	56:24	+24:53	05:38	
595	1653	Ricardo Lomba	Individual	56:24	+24:53	05:38	
596	1301	Cláudia Pinho	Individual	56:25	+24:54	05:39	
597	2004	Albino Oliveira	GTT - Armazém do Café	56:29	+24:58	05:39	
598	1510	César Carvalho	Individual	56:29	+24:58	05:39	
599	1691	Manuela Peixoto	Fão Runners	56:39	+25:08	05:40	
600	1771	Antonio Mirra	The best is yet to come	56:42	+25:11	05:40	
601	1525	Fernanda Rocha Azevedo	Individual	56:46	+25:15	05:41	
602	1332	Luis Santiago	Individual	56:46	+25:15	05:41	
603	1300	Luciano Rocha	Individual	56:49	+25:18	05:41	
604	1387	Pedro Ribeiro	CARAPAUS DE CORRIDA	56:50	+25:19	05:41	
605	1578	Márcio Costa	Run&Win[e]	56:51	+25:20	05:41	
606	1575	Maria João Saleiro	Run&Win[e]	56:51	+25:20	05:41	
607	1714	Pedro Saleiro	Individual	56:51	+25:20	05:41	
608	1486	Ana Clara Lopes	Individual	56:51	+25:20	05:41	
609	1520	André Queiroz	Individual	56:51	+25:20	05:41	
610	1853	Sergio moreira	Individual	56:55	+25:24	05:41	
611	1571	Joao T G Ribeiro	100Pernas	56:59	+25:28	05:42	
612	1410	Filipe de Abreu	Individual	56:59	+25:28	05:42	
613	1929	José Carlos Loureiro	Amigos da Montanha	57:00	+25:29	05:42	
614	2009	Mónica Ferreira	Spin & run Esposende	57:02	+25:31	05:42	
615	1958	Paula Gonçalves	Individual	57:05	+25:34	05:42	
616	1271	Laura Brito	Individual	57:06	+25:35	05:43	
617	1238	Sandra Costa	Individual	57:12	+25:41	05:43	
618	1029	Tiago Saleiro Costa	Samp&Salt Team	57:18	+25:47	05:44	
619	1030	Henriqueta Sampaio	Individual	57:18	+25:47	05:44	
620	1316	Berta Rodrigues	Augustonis Power	57:19	+25:48	05:44	
621	1620	Willian Manoel	Individual	57:20	+25:49	05:44	
622	1622	Stefani Santos	Individual	57:20	+25:49	05:44	
623	1709	Francisco Costa	Cuca Trail	57:21	+25:50	05:44	
624	1183	Artur Pimenta	Individual	57:25	+25:54	05:44	
625	1565	Ângela Costa	S. Veríssimo Ativo	57:29	+25:58	05:45	
626	1145	Liliana Loureiro	Renasce	57:30	+25:59	05:45	
627	1580	Leandro Teixeira	Individual	57:31	+26:00	05:45	
628	1956	António Jácomo	Carvalho Ferreira	57:32	+26:01	05:45	
629	1949	Fernando Ribeiro	Individual	57:32	+26:01	05:45	
630	1273	Orlando Nogueira	Individual	57:33	+26:02	05:45	
631	1296	Paula Barros	Individual	57:34	+26:03	05:45	
632	1276	Luis Alves	SOPA NA PEDRA	57:35	+26:04	05:46	
633	1772	Diana Amaral	The best is yet to come	57:36	+26:05	05:46	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
634	1094	Isabel Alves	MOVIMENTO DE JUVENTUDE DE MERELIM	57:40	+26:09	05:46	
635	1065	Carlos Campelo	ADCRSME	57:47	+26:16	05:47	
636	1491	Ana Leite	S. Veríssimo Ativo	57:50	+26:19	05:47	
637	1411	Helena Enes	Individual	57:52	+26:21	05:47	
638	1492	Eduardo Mendes	S. Veríssimo Ativo	57:52	+26:21	05:47	
639	1270	Diogo Meira	Individual	57:58	+26:27	05:48	
640	1176	Humberto Barros	Ímpar running team	57:58	+26:27	05:48	
641	2039	Joel Monteiro	Individual	57:59	+26:28	05:48	
642	1838	Inês Barreto	Miles & Vibes	57:59	+26:28	05:48	
643	1984	ERIC AMERICO	Individual	58:05	+26:34	05:48	
644	1359	Bruce Ascensão	Sole Mates	58:12	+26:41	05:49	
645	1311	Diana Fernandes	Individual	58:13	+26:42	05:49	
646	2044	Pedro Senra Oliveira	GCDR GEMESSES	58:14	+26:43	05:49	
647	1362	Simone Carvalho	Miles & Vibes	58:16	+26:45	05:50	
648	2048	Lara castro Lopes	GCDR GEMESSES	58:16	+26:45	05:50	
649	1074	Ludovic Ascensão	NLP Runners	58:16	+26:45	05:50	
650	1615	Guillaume Cepa	No Trilho do Castro	58:18	+26:47	05:50	
651	2042	João Gomes Lima	GCDR GEMESSES	58:19	+26:48	05:50	
652	1548	Charles Hazeel	Individual	58:21	+26:50	05:50	
653	1246	Dinis Areias	Poneis	58:21	+26:50	05:50	
654	1846	Santiago Gaggiolo Joisen	Máis que auga	58:22	+26:51	05:50	
655	1564	Bárbara Teixeira	Individual	58:22	+26:51	05:50	
656	1625	Carina Pinho	Fão Runners	58:24	+26:53	05:50	
657	1358	Filipe Ascensão	Sole Mates	58:25	+26:54	05:50	
658	1104	Suse Oliveira	Individual	58:28	+26:57	05:51	
659	1320	Cátia Silva	Individual	58:32	+27:01	05:51	
660	1671	Aurora Silva	Individual	58:39	+27:08	05:52	
661	1287	ISABEL MARIA VELOSO	TOP TOP RUNNERS	58:39	+27:08	05:52	
662	1777	Emília Gomes	Individual	58:45	+27:14	05:52	
663	1286	JOSE VELOSO	TOP TOP RUNNERS	58:45	+27:14	05:53	
664	1035	Diana Silva	Zé Dos Telhados	58:51	+27:20	05:53	
665	1259	Sara Nóvoa	Lawrunners	58:51	+27:20	05:53	
666	1780	Inês Madureira Rodrigues Parreira Augusto	Águias de Alvelos	58:51	+27:20	05:53	
667	1618	Eduardo Fernandes	Individual	58:58	+27:27	05:54	
668	1619	Luísa Hedvigés Lopes de Araujo	Individual	58:58	+27:27	05:54	
669	1494	Sérgio Soares	Individual	59:00	+27:29	05:54	
670	1764	Rui Castro	The best is yet to come	59:02	+27:31	05:54	
671	1871	Filipe Guedes	ATRIUM AREIAS TEAM	59:07	+27:36	05:55	
672	1752	Joaquim Malheiro	Individual	59:09	+27:38	05:55	
673	1719	Rosalina Lima	M.O.VE	59:10	+27:39	05:55	
674	1412	José Oliveira	Dunkel Time	59:11	+27:40	05:55	
675	1626	Pedro Pires	Viabike	59:11	+27:40	05:55	
676	1895	Pedro Rui Figueiredo	Ade trail running	59:11	+27:40	05:55	
677	1644	Ana Rita de Faria Pereira	Individual	59:17	+27:46	05:56	
678	1352	AMARO ROCHA	GTRunners	59:19	+27:48	05:56	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
679	1549	Maria Graça	Individual	59:21	+27:50	05:56	
680	1434	Rosa Gonçalves	Individual	59:26	+27:55	05:57	
681	1840	José Manuel Fernández González	Mais Que Auga	59:28	+27:57	05:57	
682	1847	Guillermo Gaggiolo	Individual	59:28	+27:57	05:57	
683	1842	Enrique González Pérez	Individual	59:28	+27:57	05:57	
684	1504	Daniela Moreira	Individual	59:31	+28:00	05:57	
685	1763	JOAO PAULO MACEDO	Individual	59:34	+28:03	05:57	
686	1372	Carlos Silva	Gigabit Adventure Team	59:34	+28:03	05:57	
687	1794	Pedro Macedo	Individual	59:35	+28:04	05:58	
688	1231	Paulo Dias	Individual	59:38	+28:07	05:58	
689	1203	Tiago Fernandes	Escola Secundária de Barcelinhos	59:40	+28:09	05:58	
690	1770	Vasco Marta	Spin&Run Esposende	59:41	+28:10	05:58	
691	1368	Joel Moreira	Complex Gym	59:42	+28:11	05:58	
692	1609	Sérgio Correia	Individual	59:44	+28:13	05:58	
693	1555	Cristina Coelho	A.D.C.TREGOSA	59:46	+28:15	05:59	
694	1313	Isacfurtado	Individual	59:52	+28:21	05:59	
695	1554	Alexandra Costa	A.D.C.TREGOSA	59:55	+28:24	06:00	
696	1994	Jose Miguel Silva Carneiro	Individual	01:00:08	+28:37	06:01	
697	1711	Tania Ramos	Individual	01:00:11	+28:40	06:01	
698	1594	Alberto Sa	Lobos do Monte Run	01:00:13	+28:42	06:01	
699	1263	Joana Ramalho	Perelhal a correr	01:00:14	+28:43	06:01	
700	2035	Stefano Boldrini	Individual	01:00:15	+28:44	06:02	
701	1105	Luís Carvalho	ADCRSME	01:00:19	+28:48	06:02	
702	1707	Sousa Maria João	Individual	01:00:22	+28:51	06:02	
703	1171	Ana Dinis	Miles & Vibes	01:00:25	+28:54	06:02	
704	1758	Isabel Ferreira	Individual	01:00:25	+28:54	06:03	
705	1487	André Cunha	Era Porto/Campanhã	01:00:26	+28:55	06:03	
706	1659	Ana Sofia dias Esteves	Individual	01:00:27	+28:56	06:03	
707	1330	Hind Mchaal	HI-FIT	01:00:28	+28:57	06:03	
708	1325	Cilene Gomes	Individual	01:00:30	+28:59	06:03	
709	1797	Antonio Ricardo da Silva Gonçalves Carneiro	Individual Altos&Baixos	01:00:32	+29:01	06:03	
710	1443	Carlos Marques	ADCRSME	01:00:32	+29:01	06:03	
711	1439	João Ramos	Individual	01:00:33	+29:02	06:03	
712	1866	Vera Cruz	Individual	01:00:33	+29:02	06:03	
713	1700	Marina Cepa	HI-FIT	01:00:33	+29:02	06:03	
714	1169	Patrícia de Paula Paty	Individual	01:00:40	+29:09	06:04	
715	1158	PAULO JORGE MADUREIRA RIBEIRO	CLUBE NOVOBANCO	01:00:43	+29:12	06:04	
716	1617	Cátia Guerra	Veranja	01:00:51	+29:20	06:05	
717	1250	Alexandra Cardoso	Individual	01:00:54	+29:23	06:05	
718	2031	Irene Oliveira	Individual	01:00:56	+29:25	06:06	
719	1298	Vera Gonçalves	Individual	01:00:58	+29:27	06:06	
720	1818	Célia Pedrosa Meira	JUVMAR	01:00:59	+29:28	06:06	
721	1436	Maria João Malheiro	Individual	01:01:02	+29:31	06:06	
722	1844	Maite Fernández Ruiz	Mais Que Auga	01:01:04	+29:33	06:06	
723	1845	Alvaro Gonçalves Rolo	Mais Que Auga	01:01:04	+29:33	06:06	

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
724	1506	Miguel Rego	QUALY - Detergentes	01:01:05	+29:34	06:07	
725	1488	Catarina Rosas	QUALY - Detergentes	01:01:05	+29:34	06:07	
726	1905	Ana Carina Sá Pereira	Ade trail running	01:01:14	+29:43	06:07	
727	1107	Vania Santos	Ade trail running	01:01:14	+29:43	06:07	
728	1605	Carolina Lira	Individual	01:01:14	+29:43	06:07	
729	1426	Aleksandra Rolof	Individual	01:01:14	+29:43	06:07	
730	1573	Joaquim Faria	Run Girls	01:01:18	+29:47	06:08	
731	1016	Bernadete Faria	Individual	01:01:18	+29:47	06:08	
732	1484	Alessandra Kauer	Individual	01:01:19	+29:48	06:08	
733	1959	Ana Gonçalves	Individual	01:01:23	+29:52	06:08	
734	1051	Margarida Martins	Individual	01:01:23	+29:52	06:08	
735	1113	Alexandre Regado	Miles & Vibes	01:01:25	+29:54	06:08	
736	1136	Vitor Miranda	Miles & Vibes	01:01:28	+29:57	06:09	
737	1433	Cláudia Gonçalves	Individual	01:01:32	+30:01	06:09	
738	1265	Marcelo Silva	Individual	01:01:33	+30:02	06:09	
739	1611	Lisette Dood	Individual	01:01:34	+30:03	06:09	
740	1322	Acácia Silva	Individual	01:01:40	+30:09	06:10	
741	1907	Jorge pinto	Ade trail running	01:01:41	+30:10	06:10	
742	1583	Nuno Ferreira	Individual	01:01:41	+30:10	06:10	
743	1962	Paula Caetano	Individual	01:01:44	+30:13	06:10	
744	1479	André Belchior	Individual	01:01:48	+30:17	06:11	
745	1293	Fernanda Lima	Individual	01:01:48	+30:17	06:11	
746	1194	João Marcelo	Escola Secundária de Barcelinhos	01:01:50	+30:19	06:11	
747	1699	Ana Magalhães	Individual	01:01:52	+30:21	06:11	
748	1651	Liliana Vieira	RIBETRAIL	01:01:59	+30:28	06:12	
749	1367	Luis Miguel Fonseca	Individual	01:02:06	+30:35	06:13	
750	1689	Felipe dos Santos Dotti do Prado	Individual	01:02:08	+30:37	06:13	
751	2017	Sandra Ramos	RunGirlsEsposende	01:02:09	+30:38	06:13	
752	1110	Marco Rodrigues	Individual	01:02:10	+30:39	06:13	
753	1697	Liliana Mano	Perelhal a correr	01:02:11	+30:40	06:13	
754	1696	Adélio Ramalho	Perelhal a correr	01:02:11	+30:40	06:13	
755	2034	Eunice Moreira	Individual	01:02:34	+31:03	06:15	
756	1878	Gustavo Romão	Individual	01:02:35	+31:04	06:16	
757	1831	Inês Landolt Ferreira Gomes Abrunhosa Landolt	ADCRSME	01:02:35	+31:04	06:16	
758	1993	Paula Ribeiro	Individual	01:02:36	+31:05	06:16	
759	1829	César Fernandes	Apúlia a correr	01:02:36	+31:05	06:16	
760	1688	Filipa Braga	The best is yet to come	01:02:38	+31:07	06:16	
761	1312	Daniela Furtado	Individual	01:02:42	+31:11	06:16	
762	1868	Marta Estévez Alonso	Mais Que Auga	01:02:43	+31:12	06:16	
763	1364	Camila Machado	Individual	01:02:46	+31:15	06:17	
764	1353	Diana Costa	Individual	01:02:46	+31:15	06:17	
765	1527	Francisco Rodrigues	Individual	01:02:55	+31:24	06:17	
766	1524	Sónia Grilo	Individual	01:02:56	+31:25	06:18	
767	1909	José Gonçalves	Amigos da Montanha	01:02:56	+31:25	06:18	
768	2049	Maria Azevedo Sousa	GCDR GEMESES	01:02:58	+31:27	06:18	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
769	2047	Joana Ferreira Peixoto	GCDR GEMESES	01:02:58	+31:27	06:18	
770	1950	Joana Malvar Da Costa	PowerPuff Girls	01:03:18	+31:47	06:20	
771	1234	Manuel Novo	Renasce	01:03:19	+31:48	06:20	
772	2003	Mariana Pereira	PowerPuff Girls	01:03:20	+31:49	06:20	
773	1556	Maria do Céu Figueiras	A.D.C.TREGOSA	01:03:55	+32:24	06:24	
774	1550	Fátima Pedroso	A.D.C.TREGOSA	01:03:55	+32:24	06:24	
775	1805	Carlos Fernandes	ADCRSME	01:04:11	+32:40	06:25	
776	1768	Thais Leifeld	ESPAÇO FIT PILATES	01:04:12	+32:41	06:25	
777	1490	Mário Fernandes	Individual	01:04:15	+32:44	06:26	
778	1843	Rosa Alvarez Domínguez	Individual	01:04:29	+32:58	06:27	
779	1177	Marina Ribeiro	HI-FIT	01:04:45	+33:14	06:29	
780	1899	Joana Maia	Ade trail running	01:04:46	+33:15	06:29	
781	1755	Herminia Oliveira	Os Pressinhas	01:04:47	+33:16	06:29	
782	1787	Barbara Maia	Individual	01:04:48	+33:17	06:29	
783	1915	Cristiana VilasBoas	Amigos da Montanha	01:04:49	+33:18	06:29	
784	1081	Agostinho Enes	Individual	01:04:53	+33:22	06:29	
785	1082	Marlene Enes	Individual	01:04:53	+33:22	06:29	
786	1788	Rita Maia	Individual	01:05:18	+33:47	06:32	
787	1472	Goncalo Cardoso	Individual	01:05:22	+33:51	06:32	
788	1307	Sofia Figueiras	Individual	01:05:25	+33:54	06:32	
789	1869	Beatriz Roselló	Mais Que Auga	01:05:28	+33:57	06:33	
790	1851	Marta Farrapeira	Individual	01:05:28	+33:57	06:33	
791	1339	Carolina Fernandes	Individual	01:05:29	+33:58	06:33	
792	1461	Adriana Vale	Individual	01:05:31	+34:00	06:33	
793	1463	Catia Rosa	Individual	01:05:31	+34:00	06:33	
794	1986	Pedro Rego	Individual	01:05:38	+34:07	06:34	
795	1985	Stephanie P	Individual	01:05:39	+34:08	06:34	
796	1178	Rafael Barros	HI-FIT	01:05:39	+34:08	06:34	
797	1574	Carla Morgado	Individual	01:05:41	+34:10	06:34	
798	1482	Fabio Gomes	Os de Fragoso	01:05:41	+34:10	06:34	
799	1388	Ana Ramos	GTRunners	01:05:43	+34:12	06:34	
800	1612	Jean-Jacques Costa	Team Ala-Arriba	01:05:45	+34:14	06:34	
801	1380	Ana Salgueiro	Individual	01:05:52	+34:21	06:35	
802	1379	João Silva	Individual	01:05:52	+34:21	06:35	
803	1636	Mariana Lopes	Miles & Vibes	01:05:56	+34:25	06:36	
804	1631	Filipe Cunha	Arco4run Ju	01:05:58	+34:27	06:36	
805	1630	Ana Peixoto	Arco4Run	01:05:58	+34:27	06:36	
806	1882	Paulo gonçalves	Individual	01:06:15	+34:44	06:37	
807	1547	Veronica Pereira	Individual	01:06:23	+34:52	06:38	
808	1747	Maria Teixeira	Individual	01:06:26	+34:55	06:39	
809	1396	Ana Catarina Ferreira	Individual	01:06:26	+34:55	06:39	
810	1464	Margarida Miranda	Divas	01:06:29	+34:58	06:39	
811	1424	Isaura Mesquita	Divas	01:06:29	+34:58	06:39	
812	1734	Patricia Miranda	Individual	01:06:30	+34:59	06:39	
813	1218	Ana Francisca Costa	Escola Secundária de Barcelinhos	01:06:38	+35:07	06:40	
814	1191	Eliana Costa	Escola Secundária de Barcelinhos	01:06:38	+35:07	06:40	

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
815	1188	Iris Martins	Escola Secundária de Barcelinhos	01:06:38	+35:07	06:40	
816	1822	Joana Dias Fernandes	Individual	01:06:40	+35:09	06:40	
817	1501	José António Nascimento Fernandes	ADCRSME	01:06:41	+35:10	06:40	
818	1975	Ana Nunes	CPOC	01:06:41	+35:10	06:40	
819	1749	Pedro Moura	Individual	01:06:51	+35:20	06:41	
820	1275	Salete Monteiro	SOPA NA PEDRA	01:06:52	+35:21	06:41	
821	1908	Isa Catarina M. Ribeiro	Ade trail running	01:06:55	+35:24	06:42	
822	1543	Júlia Magalhães	BRAGUINHAS RUNNERS	01:06:57	+35:26	06:42	
823	1544	Filomena Magalhães	BRAGUINHAS RUNNERS	01:06:57	+35:26	06:42	
824	1127	José Azevedo	Individual	01:07:02	+35:31	06:42	
825	1561	Elisabete Curto	Individual	01:07:03	+35:32	06:42	
826	1560	Daniel Moreda	Individual	01:07:03	+35:32	06:42	
827	1386	Isabel Gonçalves	Alexandra Carvalho TEAM	01:07:03	+35:32	06:42	
828	1039	Luis Nogueira	Individual	01:07:03	+35:32	06:42	
829	1116	Maria Macedo	HI-FIT	01:07:09	+35:38	06:43	
830	1015	Vitória Carneiro	Miles & Vibes	01:07:32	+36:01	06:45	
831	1803	João Alves	Individual	01:07:37	+36:06	06:46	
832	2027	Marcio Gomes	Individual	01:07:46	+36:15	06:47	
833	1627	Patricia Leite Viana	Viabike	01:07:58	+36:27	06:48	
834	1216	Maria Amorim	Escola Secundária de Barcelinhos	01:08:04	+36:33	06:48	
835	1190	Sofia oliveira	Escola Secundária de Barcelinhos	01:08:04	+36:33	06:48	
836	1091	Bruna Leandro	ADCRSME	01:08:07	+36:36	06:49	
837	1031	Nuno Costa	Individual	01:08:11	+36:40	06:49	
838	1712	Miguel Costa	SEMPRE EM FRENTE	01:08:11	+36:40	06:49	
839	1310	Liliana Patrícia Fernandes da Cunha	M.O.VE	01:08:14	+36:43	06:49	
840	1221	Diana Martins Ferreira	Individual	01:08:19	+36:48	06:50	
841	1850	Javier Vazquez	Mais Que Auga	01:08:25	+36:54	06:51	
842	1849	Sara Asensio	Mais Que Auga	01:08:26	+36:55	06:51	
843	1934	Maria Nogueira	Individual	01:08:59	+37:28	06:54	
844	1421	João Duarte	Ímpar running team	01:08:59	+37:28	06:54	
845	1528	Sónia Cunha	Individual	01:09:22	+37:51	06:56	
846	1389	Mónica Pedrosa	Individual	01:09:22	+37:51	06:56	
847	1097	Márcia Silva	Individual	01:09:23	+37:52	06:56	
848	1254	Antonio Fraguas	Individual	01:09:34	+38:03	06:57	
849	2033	Rosa Souto	Individual	01:09:38	+38:07	06:58	
850	1003	Sara Filipa Martins	Miles & Vibes	01:09:46	+38:15	06:59	
851	1562	Carla Sá	Individual	01:10:06	+38:35	07:01	
852	1515	Raquel Painço	Individual	01:10:06	+38:35	07:01	
853	1601	Juliana Oliveira	Individual	01:10:12	+38:41	07:01	
854	1536	Jorge Teles Domingos	Gandra	01:10:14	+38:43	07:01	
855	1010	Ana Ribeiro	Individual	01:10:21	+38:50	07:02	
856	1859	Antonio Monteiro	Individual	01:10:35	+39:04	07:03	
857	1324	SILVIA OLIVEIRA	Individual	01:10:43	+39:12	07:04	
858	1299	Bruno Rocha	Individual	01:10:43	+39:12	07:04	
859	1507	Paulo Ribeiro	Individual Altos e baixos	01:10:44	+39:13	07:04	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
906	1445	Beatriz Silva	Individual	01:18:10	+46:39	07:49	
907	1446	Hugo Silva	Individual	01:18:11	+46:40	07:49	
908	1858	Franciele Juliana Da silva	Individual	01:18:27	+46:56	07:51	
909	1704	Céu Leite	Viabike	01:18:48	+47:17	07:53	
910	1266	Filipa Belo	Individual	01:18:58	+47:27	07:54	
911	1940	Catarina Costa	Individual	01:19:11	+47:40	07:55	
912	1937	Henrique Faria	Individual	01:19:13	+47:42	07:55	
913	1570	J Miguel R Ferreira	100Pernas	01:19:17	+47:46	07:56	
914	2037	André Branco	Individual	01:20:19	+48:48	08:02	
915	2006	Isabel Marinha	Spin&Run Esposende	01:21:59	+50:28	08:12	
916	1897	Nuno Lomba	Ade trail running	01:21:59	+50:28	08:12	
917	1526	Carla Pereira	Individual	01:23:42	+52:11	08:22	
918	1530	Elisabete Rocha	Individual	01:23:43	+52:12	08:22	

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	18:00	13,8°C	98%
End	19:23	13,8°C	98%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1130	Beatriz Passos	Team El Comandante	Senior Feminino	40:43		04:04
2	1357	Helena Martins	Quebrarritmo	Senior Feminino	41:12	+00:29	04:07
3	1995	Catarina Barbosa	As Aventuras do Careca Barbudo	Senior Feminino	42:38	+01:54	04:16
4	1303	Fátima Oliveira	DIVE - Into the Mountains	Senior Feminino	43:04	+02:21	04:18
5	1319	Alexandra Costa	Individual	Senior Feminino	44:26	+03:43	04:27
6	1431	Rosa Carmo	Academia Desportiva de Arcos de Valdevez	Senior Feminino	45:19	+04:35	04:32
7	1702	Inês Lopes	Individual	Senior Feminino	45:26	+04:43	04:33
8	1692	Sara Araújo	Águias de Alvelos	Senior Feminino	45:58	+05:15	04:36
9	1827	Inês Viana	JUVMAR	Senior Feminino	46:50	+06:07	04:41
10	1018	Diana Borlido	Individual	Senior Feminino	47:16	+06:33	04:44
11	1639	Eunice Sousa	CLUBE DE ATLETISMO OLÍMPICO VIANENSE	Senior Feminino	47:24	+06:40	04:44
12	1641	Ana Ribeiro	RRTeam	Senior Feminino	47:44	+07:01	04:46
13	1661	Patrícia de Lemos	GTT - Armazém do Café	Senior Feminino	48:04	+07:21	04:48
14	1092	Ana matilde miranda	Individual	Senior Feminino	49:26	+08:42	04:57
15	1941	Marília Rodrigues	Individual	Senior Feminino	49:47	+09:03	04:59
16	1255	Mariana Sabino	Individual	Senior Feminino	50:05	+09:22	05:01
17	1804	Crisália Faria	Vital program	Senior Feminino	50:36	+09:53	05:04
18	1090	Bruna Marques	ADCRSME	Senior Feminino	51:16	+10:33	05:08
19	1335	Ana Rita Dias	Individual	Senior Feminino	51:20	+10:37	05:08
20	1860	Monica Gonzalez Fernandez	Mais Que Auga	Senior Feminino	51:23	+10:39	05:08
21	1067	Francisca Lima	Perelhal a correr	Senior Feminino	52:01	+11:18	05:12
22	1413	Ana Tavares	Individual	Senior Feminino	52:15	+11:32	05:14
23	1450	Rita Rodrigues	Individual	Senior Feminino	52:16	+11:32	05:14
24	1545	Cátia Filipa Caramalho Moura Viana	Individual	Senior Feminino	52:26	+11:42	05:15
25	2040	Carina Silva	Individual	Senior Feminino	52:27	+11:44	05:15
26	1227	Ana Lages	Akuafit	Senior Feminino	52:34	+11:51	05:15
27	1638	Diana Costa	UNB CLUB	Senior Feminino	52:37	+11:54	05:16
28	1060	Mariana Ferreira	Miles & Vibes	Senior Feminino	52:52	+12:09	05:17
29	1867	Catarina Miranda Simões	Individual	Senior Feminino	52:54	+12:11	05:17
30	1406	Maria De Fátima Torres Pereira	Individual	Senior Feminino	53:11	+12:27	05:19
31	1124	Ana Sofia Oliveira	HI-FIT	Senior Feminino	53:36	+12:53	05:22
32	1606	Isabel Pires	Individual	Senior Feminino	54:01	+13:18	05:24
33	1896	Juliana Pinheiral	Ade trail running	Senior Feminino	54:11	+13:28	05:25
34	1260	Sara Falcão	Lawrunners	Senior Feminino	54:13	+13:30	05:25
35	1656	MARTA CUNHA	M.O.VE	Senior Feminino	54:15	+13:31	05:25
36	1886	Sara Gonçalves	Individual	Senior Feminino	54:15	+13:32	05:25
37	1944	Eduarda Torgal	Individual	Senior Feminino	54:19	+13:36	05:26
38	1328	Márcia Azevedo	Chisca	Senior Feminino	54:30	+13:47	05:27

Official Timekeeper: Lap2Go	1 / 22	generate 11-jan-2025 19:45
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	1385	Tania Dinis	Individual	Senior Feminino	54:36	+13:53	05:28
40	1572	Catarina Barros	Miles & Vibes	Senior Feminino	54:44	+14:01	05:28
41	1028	Monica pinto	Vital program	Senior Feminino	54:50	+14:06	05:29
42	2018	Miriam Pinheiro	Individual	Senior Feminino	54:51	+14:07	05:29
43	1675	Marina Peixoto	Fão Runners	Senior Feminino	54:57	+14:14	05:30
44	1983	Lisandra Moura	Individual	Senior Feminino	54:58	+14:15	05:30
45	1718	Saete Lourenço	Individual	Senior Feminino	55:11	+14:28	05:31
46	1086	Paula Pereira	Individual	Senior Feminino	55:17	+14:34	05:32
47	1467	Isadora Padovani Garcia	Individual	Senior Feminino	55:27	+14:44	05:33
48	1258	Necas Duarte	Lawrunners	Senior Feminino	55:32	+14:49	05:33
49	1037	Rebeca Pereira	Miles & Vibes	Senior Feminino	55:40	+14:56	05:34
50	1499	Ana Rita Costa	Complex Gym	Senior Feminino	55:42	+14:59	05:34
51	1996	Mariana Barbosa	As Aventuras do Careca Barbudo	Senior Feminino	55:45	+15:01	05:34
52	1649	Carla Sousa	Fão Runners	Senior Feminino	55:45	+15:01	05:34
53	1733	Susana Precioso	Lebres	Senior Feminino	55:45	+15:02	05:35
54	1309	Adriana Barbosa	Individual	Senior Feminino	55:49	+15:05	05:35
55	1427	Diana Alves	Individual	Senior Feminino	56:05	+15:22	05:37
56	1172	Mariana Miguela	Miles & Vibes	Senior Feminino	56:21	+15:38	05:38
57	1173	Maria Silva	Miles & Vibes	Senior Feminino	56:22	+15:38	05:38
58	1575	Maria João Saleiro	Run&Win[e]	Senior Feminino	56:51	+16:08	05:41
59	1486	Ana Clara Lopes	Individual	Senior Feminino	56:51	+16:08	05:41
60	1238	Sandra Costa	Individual	Senior Feminino	57:12	+16:29	05:43
61	1622	Stefani Santos	Individual	Senior Feminino	57:20	+16:37	05:44
62	1411	Helena Enes	Individual	Senior Feminino	57:52	+17:08	05:47
63	1838	Inês Barreto	Miles & Vibes	Senior Feminino	57:59	+17:16	05:48
64	1362	Simone Carvalho	Miles & Vibes	Senior Feminino	58:16	+17:32	05:50
65	1625	Carina Pinho	Fão Runners	Senior Feminino	58:24	+17:41	05:50
66	1104	Suse Oliveira	Individual	Senior Feminino	58:28	+17:45	05:51
67	1320	Cátia Silva	Individual	Senior Feminino	58:32	+17:49	05:51
68	1035	Diana Silva	Zé Dos Telhados	Senior Feminino	58:51	+18:08	05:53
69	1259	Sara Nóvoa	Lawrunners	Senior Feminino	58:51	+18:08	05:53
70	1619	Luísa Hedvigés Lopes de Araujo	Individual	Senior Feminino	58:58	+18:15	05:54
71	1504	Daniela Moreira	Individual	Senior Feminino	59:31	+18:48	05:57
72	1263	Joana Ramalho	Perelhal a correr	Senior Feminino	01:00:14	+19:31	06:01
73	1707	Sousa Maria João	Individual	Senior Feminino	01:00:22	+19:39	06:02
74	1171	Ana Dinis	Miles & Vibes	Senior Feminino	01:00:25	+19:41	06:02
75	1659	Ana Sofia dias Esteves	Individual	Senior Feminino	01:00:27	+19:43	06:03
76	1250	Alexandra Cardoso	Individual	Senior Feminino	01:00:54	+20:11	06:05
77	1298	Vera Gonçalves	Individual	Senior Feminino	01:00:58	+20:14	06:06
78	1436	Maria João Malheiro	Individual	Senior Feminino	01:01:02	+20:19	06:06
79	1488	Catarina Rosas	QUALY - Detergentes	Senior Feminino	01:01:05	+20:22	06:07
80	1107	Vania Santos	Ade trail running	Senior Feminino	01:01:14	+20:31	06:07
81	1605	Carolina Lira	Individual	Senior Feminino	01:01:14	+20:31	06:07
82	1426	Aleksandra Rolof	Individual	Senior Feminino	01:01:14	+20:31	06:07
83	1484	Alessandra Kauer	Individual	Senior Feminino	01:01:19	+20:36	06:08
84	1051	Margarida Martins	Individual	Senior Feminino	01:01:23	+20:39	06:08

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	1019	Tania Costa	.COM-Clube de Orientação do Minho	Veterana F40	46:35	+11:05	04:40
6	1077	Marisa Ferreira	Individual	Veterana F40	46:48	+11:17	04:41
7	1236	Natalia Branco	Águias de Alvelos	Veterana F40	48:28	+12:58	04:51
8	1597	Paula Silva	Individual	Veterana F40	48:30	+13:00	04:51
9	1684	Paula Ferreira	Akuafit	Veterana F40	49:14	+13:43	04:55
10	1404	ANA PAULA ALVES	Individual	Veterana F40	49:15	+13:45	04:56
11	1765	Helena Fernandes	Individual	Veterana F40	49:55	+14:25	05:00
12	1698	Catarina Magalhães	Individual	Veterana F40	50:34	+15:04	05:03
13	1483	Elisabete Vidal	Individual	Veterana F40	50:38	+15:08	05:04
14	1581	Zaida Costa	S. Veríssimo Ativo	Veterana F40	51:20	+15:50	05:08
15	1666	Anabela Machado	OntriSports	Veterana F40	51:59	+16:28	05:12
16	1720	Carla Alves	CrossfitBarcelos	Veterana F40	53:08	+17:37	05:19
17	1786	Andrea Graça	Individual	Veterana F40	53:23	+17:53	05:20
18	1428	Berta Carvalho	Individual	Veterana F40	53:35	+18:05	05:22
19	1974	Stéphanie Sousa	Individual	Veterana F40	53:43	+18:13	05:22
20	1918	Marcia Bandeira	Amigos da Montanha	Veterana F40	53:58	+18:27	05:24
21	1677	Dulce Sousa	Individual	Veterana F40	54:39	+19:08	05:28
22	1078	Alcina Lopes	Individual	Veterana F40	55:16	+19:46	05:32
23	1642	Patricia roxo	LINCE TRIATHLON	Veterana F40	55:25	+19:54	05:32
24	1608	Diana Ribeiro	Skills Esposende	Veterana F40	55:41	+20:11	05:34
25	1373	Vania Jaques	Complex Gym	Veterana F40	55:51	+20:21	05:35
26	1891	Ana Pereira	Ade trail running	Veterana F40	55:54	+20:24	05:35
27	1098	Antónia Guerra	Corre São João	Veterana F40	56:05	+20:35	05:37
28	1291	Isabel Maria Ribeiro Rodrigues Rodrigues	Individual	Veterana F40	56:16	+20:46	05:38
29	1604	Marta Ferreira	Individual	Veterana F40	56:24	+20:53	05:38
30	2009	Mónica Ferreira	Spin & run Esposende	Veterana F40	57:02	+21:32	05:42
31	1030	Henriqueta Sampaio	Individual	Veterana F40	57:18	+21:47	05:44
32	1316	Berta Rodrigues	Augustonis Power	Veterana F40	57:19	+21:48	05:44
33	1565	Ângela Costa	S. Veríssimo Ativo	Veterana F40	57:29	+21:58	05:45
34	1145	Liliana Loureiro	Renasce	Veterana F40	57:30	+21:59	05:45
35	1296	Paula Barros	Individual	Veterana F40	57:34	+22:04	05:45
36	1772	Diana Amaral	The best is yet to come	Veterana F40	57:36	+22:06	05:46
37	1094	Isabel Alves	MOVIMENTO DE JUVENTUDE DE MERELIM	Veterana F40	57:40	+22:09	05:46
38	1491	Ana Leite	S. Veríssimo Ativo	Veterana F40	57:50	+22:19	05:47
39	1564	Bárbara Teixeira	Individual	Veterana F40	58:22	+22:52	05:50
40	1777	Emília Gomes	Individual	Veterana F40	58:45	+23:14	05:52
41	1644	Ana Rita de Faria Pereira	Individual	Veterana F40	59:17	+23:47	05:56
42	1549	Maria Graça	Individual	Veterana F40	59:21	+23:50	05:56
43	1434	Rosa Gonçalves	Individual	Veterana F40	59:26	+23:55	05:57
44	1554	Alexandra Costa	A.D.C.TREGOSA	Veterana F40	59:55	+24:25	06:00
45	1711	Tania Ramos	Individual	Veterana F40	01:00:11	+24:41	06:01
46	1330	Hind Mchaal	HI-FIT	Veterana F40	01:00:28	+24:58	06:03
47	1866	Vera Cruz	Individual	Veterana F40	01:00:33	+25:03	06:03
48	1700	Marina Cepa	HI-FIT	Veterana F40	01:00:33	+25:03	06:03

Prova Principal

10 KM

OFFICIAL RESULT

49	1169	Patrícia de Paula Paty	Individual	Veterana F40	01:00:40	+25:10	06:04
50	1617	Cátia Guerra	Veranja	Veterana F40	01:00:51	+25:21	06:05
51	2031	Irene Oliveira	Individual	Veterana F40	01:00:56	+25:26	06:06
52	1905	Ana Carina Sá Pereira	Ade trail running	Veterana F40	01:01:14	+25:43	06:07
53	1959	Ana Gonçalves	Individual	Veterana F40	01:01:23	+25:52	06:08
54	1433	Cláudia Gonçalves	Individual	Veterana F40	01:01:32	+26:02	06:09
55	1611	Lisette Dood	Individual	Veterana F40	01:01:34	+26:03	06:09
56	2017	Sandra Ramos	RunGirlsEsposende	Veterana F40	01:02:09	+26:38	06:13
57	1697	Liliana Mano	Perelhal a correr	Veterana F40	01:02:11	+26:41	06:13
58	2034	Eunice Moreira	Individual	Veterana F40	01:02:34	+27:03	06:15
59	1688	Filipa Braga	The best is yet to come	Veterana F40	01:02:38	+27:08	06:16
60	1524	Sónia Grilo	Individual	Veterana F40	01:02:56	+27:25	06:18
61	1768	Thais Leifeld	ESPAÇO FIT PILATES	Veterana F40	01:04:12	+28:41	06:25
62	1787	Barbara Maia	Individual	Veterana F40	01:04:48	+29:18	06:29
63	1082	Marlene Enes	Individual	Veterana F40	01:04:53	+29:23	06:29
64	1985	Stephanie P	Individual	Veterana F40	01:05:39	+30:08	06:34
65	1574	Carla Morgado	Individual	Veterana F40	01:05:41	+30:11	06:34
66	1630	Ana Peixoto	Arco4Run	Veterana F40	01:05:58	+30:28	06:36
67	1015	Vitória Carneiro	Miles & Vibes	Veterana F40	01:07:32	+32:02	06:45
68	1031	Nuno Costa	Individual	Veterana F40	01:08:11	+32:41	06:49
69	1528	Sónia Cunha	Individual	Veterana F40	01:09:22	+33:52	06:56
70	1389	Mónica Pedrosa	Individual	Veterana F40	01:09:22	+33:52	06:56
71	2033	Rosa Souto	Individual	Veterana F40	01:09:38	+34:07	06:58
72	1324	SILVIA OLIVEIRA	Individual	Veterana F40	01:10:43	+35:13	07:04
73	1435	Ana Rita Lopes	Individual	Veterana F40	01:11:12	+35:42	07:07
74	1693	Sofia Sá.	The best is yet to come	Veterana F40	01:12:01	+36:31	07:12
75	1701	Sandra Leite	Viabike	Veterana F40	01:12:54	+37:24	07:17
76	1122	Carla Vilar	Individual	Veterana F40	01:13:46	+38:16	07:23
77	2016	Ana Moura	Individual	Veterana F40	01:14:35	+39:04	07:27
78	1961	Carla Mulauzi	The best is yet to come	Veterana F40	01:14:56	+39:25	07:30
79	1248	Joana Mourão	Individual	Veterana F40	01:15:12	+39:41	07:31
80	1025	Rosa Lopes	Individual	Veterana F40	01:17:51	+42:21	07:47
81	1976	Carla Brito	Individual	Veterana F40	01:18:03	+42:32	07:48
82	1266	Filipa Belo	Individual	Veterana F40	01:18:58	+43:27	07:54
83	1526	Carla Pereira	Individual	Veterana F40	01:23:42	+48:12	08:22

Veterana F50

1	1076	Ana Correia	Individual	Veterana F50	46:48		04:41
2	1964	Clara Freire	Individual	Veterana F50	47:23	+00:35	04:44
3	1062	Teresa Santos	Individual	Veterana F50	48:13	+01:25	04:49
4	1085	Elsa de Sá	Individual	Veterana F50	48:19	+01:31	04:50
5	1069	Maria Correia	MOVIMENTO DE JUVENTUDE DE MERELIM	Veterana F50	49:27	+02:39	04:57
6	2007	Sameiro Fraguinha	Spin & run Esposende	Veterana F50	50:46	+03:58	05:05
7	1890	Gloria Bras	Ade trail running	Veterana F50	51:44	+04:56	05:10

Prova Principal

10 KM

OFFICIAL RESULT

8	1885	Judite Torres	Individual	Veterana F50	52:07	+05:19	05:13
9	1669	Rosa Vaz	TOP TOP RUNNERS	Veterana F50	52:19	+05:31	05:14
10	1624	Cecília Viana	Viabike	Veterana F50	53:34	+06:45	05:21
11	2012	Maria Campos	Spin&Run Esposende	Veterana F50	53:53	+07:05	05:23
12	1080	Carla Soares	MOVIMENTO DE JUVENTUDE DE MERELIM	Veterana F50	55:29	+08:41	05:33
13	1243	Maria Ribeiro	ICARUS RUNNING TEAM	Veterana F50	55:35	+08:47	05:33
14	1131	Maria do Sameiro Araújo	Individual	Veterana F50	55:38	+08:49	05:34
15	1301	Cláudia Pinho	Individual	Veterana F50	56:25	+09:37	05:39
16	1958	Paula Gonçalves	Individual	Veterana F50	57:05	+10:17	05:42
17	1271	Laura Brito	Individual	Veterana F50	57:06	+10:17	05:43
18	1671	Aurora Silva	Individual	Veterana F50	58:39	+11:50	05:52
19	1287	ISABEL MARIA VELOSO	TOP TOP RUNNERS	Veterana F50	58:39	+11:51	05:52
20	1719	Rosalina Lima	M.O.VE	Veterana F50	59:10	+12:22	05:55
21	1555	Cristina Coelho	A.D.C.TREGOSA	Veterana F50	59:46	+12:58	05:59
22	1758	Isabel Ferreira	Individual	Veterana F50	01:00:25	+13:37	06:03
23	1325	Cilene Gomes	Individual	Veterana F50	01:00:30	+13:42	06:03
24	1818	Célia Pedrosa Meira	JUVMAR	Veterana F50	01:00:59	+14:11	06:06
25	1844	Maite Fernández Ruiz	Mais Que Auga	Veterana F50	01:01:04	+14:15	06:06
26	1016	Bernadete Faria	Individual	Veterana F50	01:01:18	+14:30	06:08
27	1293	Fernanda Lima	Individual	Veterana F50	01:01:48	+15:00	06:11
28	1699	Ana Magalhães	Individual	Veterana F50	01:01:52	+15:04	06:11
29	1993	Paula Ribeiro	Individual	Veterana F50	01:02:36	+15:48	06:16
30	1556	Maria do Céu Figueiras	A.D.C.TREGOSA	Veterana F50	01:03:55	+17:07	06:24
31	1550	Fátima Pedroso	A.D.C.TREGOSA	Veterana F50	01:03:55	+17:07	06:24
32	1755	Herminia Oliveira	Os Pressinhas	Veterana F50	01:04:47	+17:59	06:29
33	1307	Sofia Figueiras	Individual	Veterana F50	01:05:25	+18:36	06:32
34	1388	Ana Ramos	GTRunners	Veterana F50	01:05:43	+18:55	06:34
35	1464	Margarida Miranda	Divas	Veterana F50	01:06:29	+19:41	06:39
36	1424	Isaura Mesquita	Divas	Veterana F50	01:06:29	+19:41	06:39
37	1275	Saete Monteiro	SOPA NA PEDRA	Veterana F50	01:06:52	+20:04	06:41
38	1386	Isabel Gonçalves	Alexandra Carvalho TEAM	Veterana F50	01:07:03	+20:15	06:42
39	1117	Manuela Costa	HI-FIT	Veterana F50	01:12:22	+25:34	07:14
40	1704	Céu Leite	Viabike	Veterana F50	01:18:48	+32:00	07:53
41	1530	Elisabete Rocha	Individual	Veterana F50	01:23:43	+36:55	08:22

Veterana F60

1	1925	Graça Costa	Amigos da Montanha	Veterana F60	45:01		04:30
2	1691	Manuela Peixoto	Fão Runners	Veterana F60	56:39	+11:38	05:40
3	1525	Fernanda Rocha Azevedo	Individual	Veterana F60	56:46	+11:44	05:41
4	1843	Rosa Alvarez Domínguez	Individual	Veterana F60	01:04:29	+19:28	06:27
5	1543	Júlia Magalhães	BRAGUINHAS RUNNERS	Veterana F60	01:06:57	+21:55	06:42
6	1544	Filomena Magalhães	BRAGUINHAS RUNNERS	Veterana F60	01:06:57	+21:56	06:42

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	1861	Ricardo Dias	G.D. Castelense	Veterano M40	31:31		03:09
2	1509	Hugo Silva	Olímpico Vianense	Veterano M40	32:56	+01:25	03:18
3	1474	Adelino Sousa	Grupo Desportivo da Goma	Veterano M40	33:41	+02:10	03:22
4	1879	César Vilas Boas	CDC NAVAIS	Veterano M40	34:27	+02:56	03:27
5	1342	André Guimaraes	LINCE TRIATHLON	Veterano M40	34:35	+03:04	03:27
6	2026	Vitor Pescadinha	Individual	Veterano M40	34:42	+03:11	03:28
7	1152	Nuno Felgueiras	Centro Atletismo Mazarefes	Veterano M40	35:02	+03:31	03:30
8	1988	Paulo Pereira	DRAGON CLUB	Veterano M40	35:24	+03:53	03:32
9	1593	Paulo Macedo	airórun	Veterano M40	36:15	+04:44	03:37
10	1118	Bruno Teixeira	S. Veríssimo Ativo	Veterano M40	38:03	+06:32	03:48
11	1989	Pedro Azevedo	Individual	Veterano M40	38:04	+06:33	03:48
12	1179	Rui Cardoso	Team El Comandante	Veterano M40	38:15	+06:44	03:49
13	1809	Francisco Pilar	JUVMAR	Veterano M40	38:17	+06:46	03:50
14	1284	Paulo Peixoto	Individual	Veterano M40	38:43	+07:12	03:52
15	1075	Pedro Torres	Individual	Veterano M40	39:04	+07:33	03:54
16	1778	Samuel Amorim	G.D. Castelense	Veterano M40	39:31	+08:00	03:57
17	1114	Emilio Vilarinho	CAVE - Esposende	Veterano M40	39:39	+08:08	03:58
18	1157	Paulo Lages	G.D. Castelense	Veterano M40	39:51	+08:20	03:59
19	1977	Marco Ribeiro	Erdal - Vimarunners	Veterano M40	40:03	+08:32	04:00
20	1739	Hugo Moutinho	Individual	Veterano M40	40:04	+08:33	04:00
21	1911	João Rodrigues	Amigos da Montanha	Veterano M40	40:13	+08:42	04:01
22	1376	Pedro Sousa	Os Koalas	Veterano M40	40:32	+09:01	04:03
23	1245	César Gonçalves	Trilhos de Viana	Veterano M40	40:40	+09:09	04:04
24	1350	FRANCISCO ALVES	GTRunners	Veterano M40	40:58	+09:27	04:06
25	1485	Sebastião Pinto	Quebrarritmo	Veterano M40	41:10	+09:39	04:07
26	1125	Joao Scott	Associação Figueiredos Runners & Friends	Veterano M40	41:12	+09:41	04:07
27	1401	HUMBERTO NEVES	Ímpar running team	Veterano M40	41:13	+09:42	04:07
28	1050	Rui Ramalho	Individual	Veterano M40	41:14	+09:43	04:07
29	1024	Luís Freitas	airórun	Veterano M40	41:26	+09:55	04:09
30	1213	Hélder Azevedo	airórun	Veterano M40	41:26	+09:55	04:09
31	1128	Miguel Pilar	Pilar Team	Veterano M40	41:48	+10:17	04:11
32	1892	Pedro Caprichoso	Ade trail running	Veterano M40	41:59	+10:28	04:12
33	1694	Sérgio Silva	Águias de Alvelos	Veterano M40	42:10	+10:39	04:13
34	1159	Miguel Teixeira	airórun	Veterano M40	42:12	+10:41	04:13
35	1965	Luís Pedro Martins	Individual	Veterano M40	42:20	+10:49	04:14
36	1355	Gonçalo Meira	Individual	Veterano M40	42:24	+10:53	04:14
37	1442	Orlando Silva	CAM - VC	Veterano M40	42:42	+11:11	04:16
38	1438	Américo Machado	JUVMAR	Veterano M40	42:43	+11:12	04:16
39	1346	Ilídio Carvalho	Lince Triatlo	Veterano M40	42:51	+11:20	04:17
40	1513	Pedro Ferreira	PFArchStudioRunning	Veterano M40	42:53	+11:22	04:17
41	1055	Ricardo Ramalho	Individual	Veterano M40	43:00	+11:29	04:18
42	1592	Amaro Costa	Alexandra Carvalho TEAM	Veterano M40	43:01	+11:30	04:18
43	1109	Luís Madureira	Individual	Veterano M40	43:03	+11:32	04:18
44	1053	Ricardo Moreira	Individual	Veterano M40	43:29	+11:58	04:21

Prova Principal

10 KM

OFFICIAL RESULT

45	1360	Filipe Campos	airórun	Veterano M40	43:31	+12:00	04:21
46	1473	Miguel Lopes	Adventure Ultra Trail Runner	Veterano M40	43:33	+12:02	04:21
47	1722	José Carlos Ferraz	Individual	Veterano M40	43:38	+12:07	04:22
48	2010	Carlos Fernandes	Spin & run Esposende	Veterano M40	43:53	+12:22	04:23
49	1682	Carlos Lopes	Individual	Veterano M40	44:14	+12:43	04:25
50	1165	João Couto	Trilhos de Viana	Veterano M40	44:43	+13:12	04:28
51	2014	Ricardo Capitão	Spin & Run - Esposende	Veterano M40	44:43	+13:12	04:28
52	1167	JORGE LARANJEIRA	ADCRSME	Veterano M40	45:03	+13:32	04:30
53	1222	Paulo Cerqueira	Trilhos de Viana	Veterano M40	45:06	+13:35	04:31
54	1531	João Linhares	Individual	Veterano M40	45:10	+13:39	04:31
55	1872	Leonel Pacheco	ATRIUM AREIAS TEAM	Veterano M40	45:25	+13:54	04:32
56	1542	Joaquim Carvalho	Individual	Veterano M40	45:32	+14:01	04:33
57	1341	Miguel ROSAS	3DUKES	Veterano M40	45:38	+14:07	04:34
58	1705	Vitor Lopes	Individual	Veterano M40	45:41	+14:10	04:34
59	1129	Vítor couto Couto	Individual	Veterano M40	45:48	+14:17	04:35
60	1632	Ricardo Pereira	Individual	Veterano M40	45:53	+14:22	04:35
61	1807	João Laranjeira	JUVMAR	Veterano M40	45:58	+14:27	04:36
62	1963	Rafael Silva	Individual	Veterano M40	46:04	+14:33	04:36
63	1154	António Fernandes	Run You'fools	Veterano M40	46:11	+14:40	04:37
64	1789	Sergio Fernandes	Individual	Veterano M40	46:17	+14:46	04:38
65	1679	Rui Vasquinho	RVCCLVKV	Veterano M40	46:18	+14:47	04:38
66	1468	Joice Jesus	Nascidos para correr	Veterano M40	46:21	+14:50	04:38
67	1839	Valter Pereira	Cyclones	Veterano M40	46:39	+15:08	04:40
68	1541	Pedro Reina	Individual	Veterano M40	46:39	+15:08	04:40
69	1146	Vitor Martins	Renasce	Veterano M40	46:47	+15:16	04:41
70	1033	José Silva	Individual	Veterano M40	46:49	+15:18	04:41
71	1902	Filipe Monteiro	Ade trail running	Veterano M40	46:50	+15:19	04:41
72	1041	Nuno Teixeira	Individual	Veterano M40	47:02	+15:31	04:42
73	1052	Hélder Assunção	PIMENTA	Veterano M40	47:07	+15:36	04:43
74	1836	Domingos Martinho Martins	Individual	Veterano M40	47:11	+15:40	04:43
75	1736	HELDER RIBEIRO	S. Veríssimo Ativo	Veterano M40	47:13	+15:42	04:43
76	1900	Manuel Pereira	Ade trail running	Veterano M40	47:26	+15:55	04:45
77	1946	Marcio Rodrigues	Individual	Veterano M40	47:44	+16:13	04:46
78	1503	Olivier Caseiro	Individual	Veterano M40	48:07	+16:36	04:49
79	1832	Francisco Ferreira	Individual	Veterano M40	48:08	+16:37	04:49
80	1418	Luís Silva	Chisca	Veterano M40	48:10	+16:39	04:49
81	1516	Carlos dias	S. Veríssimo Ativo	Veterano M40	48:19	+16:48	04:50
82	1323	Hugo Oterelo	Individual	Veterano M40	48:20	+16:49	04:50
83	1351	JOAO PEREIRA	GTRunners	Veterano M40	48:23	+16:52	04:50
84	1123	Manuel Faria	Individual	Veterano M40	48:23	+16:52	04:50
85	1784	FERNANDO JORGE QUEIRÓS SILVA	Individual	Veterano M40	48:25	+16:54	04:51
86	1415	Matias Gaston Gauna	Individual	Veterano M40	48:28	+16:57	04:51
87	1460	Carlos Eduardo Guerra Mansuído	Individual	Veterano M40	48:29	+16:58	04:51
88	1584	Fernando Mansuído	Individual	Veterano M40	48:38	+17:07	04:52
89	1072	Gil Losa	Individual	Veterano M40	48:44	+17:13	04:52
90	1721	Filipe Moreira	Individual	Veterano M40	48:48	+17:17	04:53

Prova Principal

10 KM

OFFICIAL RESULT

91	2036	Leonardo Schiavo dos Santos	Individual	Veterano M40	49:02	+17:31	04:54
92	1288	Tiago Sousa	Individual	Veterano M40	49:04	+17:33	04:54
93	1269	Jose Gonzalez	Mais Que Auga	Veterano M40	49:27	+17:56	04:57
94	1392	Bartolomeu Sampaio	Individual	Veterano M40	49:47	+18:16	04:59
95	1423	Francisco Marinha	Individual	Veterano M40	49:48	+18:17	04:59
96	1806	Hugo Patrão	ADCRSME	Veterano M40	49:52	+18:21	04:59
97	1943	Tiago Ferreira	Individual	Veterano M40	49:53	+18:22	04:59
98	1038	Hélder Azevedo	Individual	Veterano M40	49:54	+18:23	04:59
99	1522	André Silva	Individual	Veterano M40	49:55	+18:24	04:59
100	1084	Pedro Meixedo	Clube Zupper	Veterano M40	50:01	+18:30	05:00
101	1089	Francisco Silva	Move on Running	Veterano M40	50:07	+18:36	05:01
102	1049	Vitor Silva	Individual	Veterano M40	50:07	+18:36	05:01
103	1013	Ricardo Marinho	Individual	Veterano M40	50:18	+18:47	05:02
104	1811	Pedro Rocha	JUVMAR	Veterano M40	50:23	+18:52	05:02
105	1955	Pedro Rocha	Individual	Veterano M40	50:39	+19:08	05:04
106	1681	Nuno Castella	Individual	Veterano M40	50:51	+19:20	05:05
107	1256	Paulo Carreiras	Individual	Veterano M40	50:54	+19:23	05:05
108	1395	Manuel Iglesias	Individual	Veterano M40	51:01	+19:30	05:06
109	1678	ARTUR VALENTIM	Individual	Veterano M40	51:17	+19:46	05:08
110	1814	Pedro Ribeiro	JUVMAR	Veterano M40	51:38	+20:07	05:10
111	1120	Gustavo Simões	Individual	Veterano M40	51:58	+20:27	05:12
112	1906	Ricardo Briote	Ade trail running	Veterano M40	52:23	+20:52	05:14
113	1447	Ricardo Alves	PCRUNNERS	Veterano M40	52:28	+20:57	05:15
114	1971	Nuno Enes	Individual	Veterano M40	52:40	+21:09	05:16
115	1990	Telmo Torres	Alexandra Carvalho TEAM	Veterano M40	52:42	+21:11	05:16
116	1064	Hugo Rocha	ADCRSME	Veterano M40	52:44	+21:13	05:16
117	1978	Bruno Lemos	IAT Imobiliária	Veterano M40	52:44	+21:13	05:16
118	1430	Luis Belo	Homens do Mar	Veterano M40	52:47	+21:16	05:17
119	1901	Filipe Gonçalves	Ade trail running	Veterano M40	52:52	+21:21	05:17
120	1558	Ricardo Miranda	A.D.C.TREGOSA	Veterano M40	53:02	+21:31	05:18
121	1567	Orlando Maciel	Individual	Veterano M40	53:05	+21:34	05:19
122	1559	Abel Fernandes	A.D.C.TREGOSA	Veterano M40	53:08	+21:37	05:19
123	2020	Marco Pereira	Ade trail running	Veterano M40	53:24	+21:53	05:20
124	1948	Pedro Vilas-Boas	Individual	Veterano M40	53:33	+22:02	05:21
125	1799	Luis Miguel Rodrigues	Individual	Veterano M40	53:55	+22:24	05:23
126	1645	Ricardo Carvalho	UTILIS	Veterano M40	53:58	+22:27	05:24
127	1302	Ricardo manuel nogueira costa	Altos&baixos	Veterano M40	54:10	+22:39	05:25
128	1888	David Gomes	Ade trail running	Veterano M40	54:11	+22:40	05:25
129	1174	Jorge Silva	HI-FIT	Veterano M40	54:13	+22:42	05:25
130	1870	Hugo Carvalho	Individual	Veterano M40	54:19	+22:48	05:26
131	1801	Pedro Serafim	LOUSADA RUNNERS	Veterano M40	54:32	+23:01	05:27
132	1568	Bruno Marques	100Pernas	Veterano M40	54:39	+23:08	05:28
133	1508	Guilherme Ribeiro	Individual	Veterano M40	54:40	+23:09	05:28
134	2023	Sérgio Araújo	GTMB Running Team	Veterano M40	55:06	+23:35	05:31
135	2013	Bruno Meira	Spin&Run Esposende	Veterano M40	55:08	+23:37	05:31
136	1997	Nuno Martins	As Aventuras do Careca Barbudo	Veterano M40	55:46	+24:15	05:35

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

137	1793	Tiago Reis	Fuinhas	Veterano M40	55:55	+24:24	05:35
138	1954	Diogo Fernandes	Individual	Veterano M40	55:55	+24:24	05:36
139	1683	Filipe Martins	Individual	Veterano M40	56:04	+24:33	05:36
140	1903	Rui Miguel Rodrigues	Ade trail running	Veterano M40	56:18	+24:47	05:38
141	1771	Antonio Mirra	The best is yet to come	Veterano M40	56:42	+25:11	05:40
142	1300	Luciano Rocha	Individual	Veterano M40	56:49	+25:18	05:41
143	1029	Tiago Saleiro Costa	Samp&Salt Team	Veterano M40	57:18	+25:47	05:44
144	1183	Artur Pimenta	Individual	Veterano M40	57:25	+25:54	05:44
145	1580	Leandro Teixeira	Individual	Veterano M40	57:31	+26:00	05:45
146	1949	Fernando Ribeiro	Individual	Veterano M40	57:32	+26:01	05:45
147	1492	Eduardo Mendes	S. Verissimo Ativo	Veterano M40	57:52	+26:21	05:47
148	1176	Humberto Barros	Ímpar running team	Veterano M40	57:58	+26:27	05:48
149	1358	Filipe Ascensão	Sole Mates	Veterano M40	58:25	+26:54	05:50
150	1618	Eduardo Fernandes	Individual	Veterano M40	58:58	+27:27	05:54
151	1494	Sérgio Soares	Individual	Veterano M40	59:00	+27:29	05:54
152	1764	Rui Castro	The best is yet to come	Veterano M40	59:02	+27:31	05:54
153	1871	Filipe Guedes	ATRIUM AREIAS TEAM	Veterano M40	59:07	+27:36	05:55
154	1412	José Oliveira	Dunkel Time	Veterano M40	59:11	+27:40	05:55
155	1842	Enrique González Pérez	Individual	Veterano M40	59:28	+27:57	05:57
156	1763	JOAO PAULO MACEDO	Individual	Veterano M40	59:34	+28:03	05:57
157	1794	Pedro Macedo	Individual	Veterano M40	59:35	+28:04	05:58
158	1770	Vasco Marta	Spin&Run Esposende	Veterano M40	59:41	+28:10	05:58
159	1609	Sérgio Correia	Individual	Veterano M40	59:44	+28:13	05:58
160	1313	Isacfurtado	Individual	Veterano M40	59:52	+28:21	05:59
161	1487	André Cunha	Era Porto/Campanhã	Veterano M40	01:00:26	+28:55	06:03
162	1443	Carlos Marques	ADCRSME	Veterano M40	01:00:32	+29:01	06:03
163	1158	PAULO JORGE MADUREIRA RIBEIRO	CLUBE NOVOBANCO	Veterano M40	01:00:43	+29:12	06:04
164	1506	Miguel Rego	QUALY - Detergentes	Veterano M40	01:01:05	+29:34	06:07
165	1265	Marcelo Silva	Individual	Veterano M40	01:01:33	+30:02	06:09
166	1583	Nuno Ferreira	Individual	Veterano M40	01:01:41	+30:10	06:10
167	1696	Adélio Ramalho	Perelhal a correr	Veterano M40	01:02:11	+30:40	06:13
168	1878	Gustavo Romão	Individual	Veterano M40	01:02:35	+31:04	06:16
169	1829	César Fernandes	Apúlia a correr	Veterano M40	01:02:36	+31:05	06:16
170	1081	Agostinho Enes	Individual	Veterano M40	01:04:53	+33:22	06:29
171	1986	Pedro Rego	Individual	Veterano M40	01:05:38	+34:07	06:34
172	1631	Filipe Cunha	Arco4run Ju	Veterano M40	01:05:58	+34:27	06:36
173	1254	Antonio Fraguas	Individual	Veterano M40	01:09:34	+38:03	06:57
174	1536	Jorge Teles Domingos	Gandra	Veterano M40	01:10:14	+38:43	07:01
175	1299	Bruno Rocha	Individual	Veterano M40	01:10:43	+39:12	07:04
176	1706	Rui silva Gomes	Altos&baixos	Veterano M40	01:10:44	+39:13	07:04
177	1511	Henrique Rebelo	Individual	Veterano M40	01:12:31	+41:00	07:15
178	1945	Antonio jose Amorim Matos	AMORIM	Veterano M40	01:15:05	+43:34	07:30
179	1857	Diogo Rosa	Individual	Veterano M40	01:15:21	+43:50	07:32
180	1810	Carlos Carreira	JUVMAR	Veterano M40	01:15:52	+44:21	07:35
181	1023	João Felgueiras	Ade trail running	Veterano M40	01:15:56	+44:25	07:36
182	1727	Joaquim Castro	Individual	Veterano M40	01:18:03	+46:32	07:48

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

183	1937	Henrique Faria	Individual	Veterano M40	01:19:13	+47:42	07:55
184	1897	Nuno Lomba	Ade trail running	Veterano M40	01:21:59	+50:28	08:12

Veterano M50

1	1384	Nuno Campos	Barcelos Team Portugal	Veterano M50	38:46		03:53
2	1400	Artur Rocha	Trilhos de Viana	Veterano M50	39:17	+00:31	03:56
3	1139	António Fernandes	Grupo Desportivo e Cultural dos Trabalhadores dos ENVC	Veterano M50	39:46	+00:59	03:59
4	1828	Carlos Pereira	JUVMAR	Veterano M50	40:19	+01:33	04:02
5	1394	Fernando Silva	CDC NAVAIS	Veterano M50	40:49	+02:02	04:05
6	1538	Leandro Barbosa	A.D.C.TREGOSA	Veterano M50	41:02	+02:15	04:06
7	1020	Guilherme Martins	Agenor Runners	Veterano M50	41:36	+02:50	04:10
8	1315	Jorge Augusto	Augustonis Power	Veterano M50	41:41	+02:55	04:10
9	1703	Ezequiel Fernandes	EDL	Veterano M50	42:10	+03:24	04:13
10	1279	José Manuel	BRAGA RUNNERS	Veterano M50	42:17	+03:31	04:14
11	1916	José Manuel Martins da Silva	Amigos da Montanha	Veterano M50	43:05	+04:19	04:19
12	1633	José Viana	Viabike	Veterano M50	43:07	+04:21	04:19
13	1268	Fernando Silva	Individual	Veterano M50	43:12	+04:25	04:19
14	1855	Paulo Coelho	Individual	Veterano M50	44:08	+05:22	04:25
15	1477	Antonio Monteiro	Individual	Veterano M50	44:15	+05:29	04:26
16	1452	Paulo Carmo	Individual	Veterano M50	44:31	+05:45	04:27
17	1381	David Pilar	Individual	Veterano M50	44:50	+06:04	04:29
18	1521	Horácio da Costa	Individual	Veterano M50	44:54	+06:08	04:29
19	2024	George Araujo	GTMB - Running Team	Veterano M50	45:07	+06:21	04:31
20	1557	Daniel Nascimento	A.D.C.TREGOSA	Veterano M50	45:14	+06:27	04:31
21	1150	Domingos Sousa	Individual	Veterano M50	45:14	+06:28	04:31
22	1603	Pedro Costa	Individual	Veterano M50	45:16	+06:29	04:32
23	1874	Daniel Cardoso	airórun	Veterano M50	45:30	+06:43	04:33
24	1457	Camilo Oliveira	NUCLEO DO Sporting de Braga	Veterano M50	45:43	+06:57	04:34
25	1935	Valdemar Fragoso.	Individual	Veterano M50	46:08	+07:21	04:37
26	1242	MANUEL ALVES	ICARUS RUNNING TEAM	Veterano M50	46:19	+07:32	04:38
27	1876	FERNANDO AREZES	ATRIUM AREIAS TEAM	Veterano M50	46:23	+07:36	04:38
28	1043	José Sousa	Associação de atletismo Lebres do sado	Veterano M50	46:25	+07:39	04:39
29	1658	Joao Pacheco	ATRIUM AREIAS TEAM	Veterano M50	46:29	+07:43	04:39
30	1403	Jorge Antunes	Individual	Veterano M50	46:39	+07:52	04:40
31	1160	José Bernardino	3DUKES	Veterano M50	46:39	+07:53	04:40
32	1865	Manuel Caramalho	AG Castelense	Veterano M50	46:46	+08:00	04:41
33	1672	António Borges	Individual	Veterano M50	46:48	+08:01	04:41
34	1134	Carlos pereira	Renasce	Veterano M50	46:54	+08:08	04:41
35	1398	Mário Silva	Trilhos de Viana	Veterano M50	47:04	+08:18	04:42
36	1441	Joaquim Azevedo	Individual	Veterano M50	47:04	+08:18	04:42
37	1459	Miguel Morais	SIPE Running	Veterano M50	47:12	+08:26	04:43
38	1354	Pedro Matos	GTRunners	Veterano M50	47:34	+08:48	04:45
39	2008	Eduardo Coutada	Spin & run Esposende	Veterano M50	47:37	+08:50	04:46
40	1281	Sérgio Santos	Individual	Veterano M50	47:40	+08:54	04:46

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

29	1144	Fernando Lopes	Individual	Veterano M60	01:16:40	+36:42	07:40
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BENJAMINS - STAGE 1

0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	47	Martim Pinto	Quebrarritmo	03:46	+00:52	-	
44	22	António Fernandes	Run You'fools	03:47	+00:53	-	
45	73	Joana Cruz	Individual	03:47	+00:53	-	
46	51	Clara Sousa	JUVMAR	03:49	+00:55	-	
47	19	Maria Silva	Individual	03:49	+00:55	-	
48	65	Leonardo Martins	JUVMAR	03:50	+00:56	-	
49	93	Benedita Reimão	Sporting Clube de Braga	03:51	+00:57	-	
50	61	Duarte Gonçalves	JUVMAR	03:52	+00:58	-	
51	18	Xavier Madureira	Individual	03:54	+01:00	-	
52	48	Leonardo Cardoso	Individual	03:55	+01:01	-	
53	1	Leonor Vasquinho	Individual	03:55	+01:01	-	
54	37	Luís Fernandes	GCDR GEMESES	03:56	+01:02	-	
55	45	Leah Gil Monteiro	Ade trail running	03:57	+01:03	-	
56	58	Bruno Calheiros	JUVMAR	03:57	+01:03	-	
57	76	José Silva	Clube Náutico de Fão	04:00	+01:06	-	
58	55	José Silva	JUVMAR	04:02	+01:08	-	
59	103	Inês Ribeiro	Centro Atletismo Mazarefes	04:04	+01:10	-	
60	28	Gabriela Gomes Lima	GCDR GEMESES	04:05	+01:11	-	
61	99	Julieta Martins	Sporting Clube de Braga	04:05	+01:11	-	
62	20	Daniel Dias	Individual	04:06	+01:12	-	
63	69	Cátia teixeira	airórun	04:08	+01:14	-	
64	70	Rita leite	airórun	04:09	+01:15	-	
65	87	Diogo Torres	Até ao infinito...	04:10	+01:16	-	
66	90	Emily Ferreira	Individual	04:11	+01:17	-	
67	524	Tiago Fragoso	JUVMAR	04:12	+01:18	-	
68	94	Duarte Maciel	Centro Atletismo Mazarefes	04:15	+01:21	-	
69	23	Miguel Lacerda	Individual	04:17	+01:23	-	
70	84	Mara Figueiredo	Run You'fools	04:18	+01:24	-	
71	54	Diana Loureiro	JUVMAR	04:20	+01:26	-	
72	89	Gabriel Fonseca	Individual	04:21	+01:27	-	
73	119	Edgar Alves	Centro Atletismo Mazarefes-CAM	04:22	+01:28	-	
74	13	Marco Guedes	Marco António Silva	04:23	+01:29	-	
75	25	Marta Miguel Garrido Barbosa	GCDR GEMESES	04:28	+01:34	-	
76	36	Lisandro Garrido Alibert	GCDR GEMESES	04:28	+01:34	-	
77	38	Salvador Furtado	Individual	04:29	+01:35	-	
78	49	Gustavo Cardoso	Individual	04:32	+01:38	-	
79	24	Mélyssa Santos Sampaio	GCDR GEMESES	04:33	+01:39	-	
80	56	Clara Alves	JUVMAR	04:34	+01:40	-	
81	105	Paz Carvalho	Individual	04:34	+01:40	-	
82	66	Antonia Castro	Individual	04:41	+01:47	-	
83	39	Francisca Furtado	Individual	04:42	+01:48	-	
84	7	Chloe Cruz e Silva	Individual	04:49	+01:55	-	
85	10	Guilherme Briote	Ade trail running	04:50	+01:56	-	
86	9	Inês Briote	Ade trail running	04:50	+01:56	-	
87	86	Leonor Ferreira	Individual	04:51	+01:57	-	
88	60	Gabriela Marques	JUVMAR	04:56	+02:02	-	

BENJAMINS - STAGE 1

0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	14	Filipe Martins	Individual	05:00	+02:06	-	
90	107	Daniel Torres	Até ao infinito...	05:13	+02:19	-	
91	11	Gonçalo Briote	Ade trail running	05:18	+02:24	-	
92	52	Maria Silva	JUVMAR	05:21	+02:27	-	

Benjamins

0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	16:00	16,2°C	91%
End	16:04	16,2°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim Feminino

1	96	Penélope Rodrigues	Sporting Clube de Braga	Benjamim Feminino	03:10	-	-
2	106	Mafalda Soares	Sporting Clube de Braga	Benjamim Feminino	03:11	+00:00	-
3	116	Renata Dias	GRUPO DESPORTIVO CASTELENSE	Benjamim Feminino	03:13	+00:02	-
4	74	Maria Regada	Clube Náutico de Fão	Benjamim Feminino	03:19	+00:08	-
5	104	Matilde Martins	Individual	Benjamim Feminino	03:19	+00:09	-
6	29	Camila Dias Lage	GCDR GEMESES	Benjamim Feminino	03:27	+00:16	-
7	92	Juliana Pacheco	Centro Atletismo Mazarefes	Benjamim Feminino	03:27	+00:17	-
8	95	Carolina Gonçalves	Sporting Clube de Braga	Benjamim Feminino	03:32	+00:21	-
9	71	Beatriz loureiro	airórun	Benjamim Feminino	03:33	+00:23	-
10	5	Matilde Viana	Individual	Benjamim Feminino	03:35	+00:24	-
11	17	Íris Cardoso	CN Fão	Benjamim Feminino	03:37	+00:26	-
12	16	Ines González	Mais Que Auga	Benjamim Feminino	03:40	+00:30	-
13	77	Alice Pinto	Sporting Clube de Braga	Benjamim Feminino	03:40	+00:30	-
14	6	Laura Cruz e Silva	Individual	Benjamim Feminino	03:42	+00:31	-
15	15	Francisca Teixeira	Individual	Benjamim Feminino	03:43	+00:33	-
16	100	Eduarda Martins	Sporting Clube de Braga	Benjamim Feminino	03:44	+00:33	-
17	73	Joana Cruz	Individual	Benjamim Feminino	03:47	+00:37	-
18	51	Clara Sousa	JUVMAR	Benjamim Feminino	03:49	+00:38	-
19	19	Maria Silva	Individual	Benjamim Feminino	03:49	+00:38	-
20	93	Benedita Reimão	Sporting Clube de Braga	Benjamim Feminino	03:51	+00:40	-
21	1	Leonor Vasquinho	Individual	Benjamim Feminino	03:55	+00:44	-
22	45	Leah Gil Monteiro	Ade trail running	Benjamim Feminino	03:57	+00:46	-
23	103	Inês Ribeiro	Centro Atletismo Mazarefes	Benjamim Feminino	04:04	+00:54	-
24	28	Gabriela Gomes Lima	GCDR GEMESES	Benjamim Feminino	04:05	+00:54	-
25	99	Julieta Martins	Sporting Clube de Braga	Benjamim Feminino	04:05	+00:55	-
26	69	Catía teixeira	airórun	Benjamim Feminino	04:08	+00:57	-
27	70	Rita leite	airórun	Benjamim Feminino	04:09	+00:58	-
28	90	Emily Ferreira	Individual	Benjamim Feminino	04:11	+01:00	-
29	84	Mara Figueiredo	Run You'fools	Benjamim Feminino	04:18	+01:08	-
30	54	Diana Loureiro	JUVMAR	Benjamim Feminino	04:20	+01:09	-
31	25	Marta Miguel Garrido Barbosa	GCDR GEMESES	Benjamim Feminino	04:28	+01:17	-
32	24	Mélyssa Santos Sampaio	GCDR GEMESES	Benjamim Feminino	04:33	+01:22	-
33	56	Clara Alves	JUVMAR	Benjamim Feminino	04:34	+01:23	-
34	105	Paz Carvalho	Individual	Benjamim Feminino	04:34	+01:23	-
35	66	Antonia Castro	Individual	Benjamim Feminino	04:41	+01:31	-
36	39	Francisca Furtado	Individual	Benjamim Feminino	04:42	+01:32	-
37	7	Chloe Cruz e Silva	Individual	Benjamim Feminino	04:49	+01:38	-
38	9	Inês Briote	Ade trail running	Benjamim Feminino	04:50	+01:40	-
39	86	Leonor Ferreira	Individual	Benjamim Feminino	04:51	+01:40	-

Official Timekeeper: Lap2Go	1 / 3	generate 11-jan-2025 19:43
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Benjamins

0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	60	Gabriela Marques	JUVMAR	Benjamim Feminino	04:56	+01:46	-
41	52	Maria Silva	JUVMAR	Benjamim Feminino	05:21	+02:10	-

Benjamim Masculino

1	44	Tiago Pimenta	Centro Atletismo Mazarefes	Benjamim Masculino	02:54		-
2	102	Santiago Alves	Sporting Clube de Braga	Benjamim Masculino	02:55	+00:00	-
3	97	Manuel Pimenta	Sporting Clube de Braga	Benjamim Masculino	02:57	+00:02	-
4	3	Miguel Javarini	Individual	Benjamim Masculino	02:57	+00:02	-
5	88	Atleta 88	Individual	Benjamim Masculino	03:01	+00:06	-
6	40	Guilherme Carreira de Oliveira	Guilherme	Benjamim Masculino	03:06	+00:11	-
7	27	Miguel Azevedo Sousa	GCDR GEMESES	Benjamim Masculino	03:06	+00:12	-
8	2	João Teixeira	ARADA ATLÉTICO CLUBE	Benjamim Masculino	03:10	+00:15	-
9	109	Vicente « Freixo Lima	Centro Atletismo Mazarefes	Benjamim Masculino	03:11	+00:17	-
10	8	Duarte Araújo	Associação Académica de S. Mamede	Benjamim Masculino	03:16	+00:22	-
11	91	Guilherme Pacheco	Centro Atletismo Mazarefes	Benjamim Masculino	03:21	+00:27	-
12	78	Lourenço Lopes	Individual	Benjamim Masculino	03:21	+00:27	-
13	41	António Laranjeira	Individual	Benjamim Masculino	03:22	+00:27	-
14	21	Gabriel Machado	Individual	Benjamim Masculino	03:24	+00:29	-
15	79	Santiago Silva	Silva Team	Benjamim Masculino	03:26	+00:32	-
16	62	Guilherme Caseiro	JUVMAR	Benjamim Masculino	03:29	+00:34	-
17	50	Guilherme Sá e Sá	Individual	Benjamim Masculino	03:31	+00:36	-
18	42	João Felgueiras	Individual	Benjamim Masculino	03:31	+00:37	-
19	26	Miguel Miranda Duarte	GCDR GEMESES	Benjamim Masculino	03:36	+00:41	-
20	4	Miguel Machado	Figueiredo	Benjamim Masculino	03:38	+00:44	-
21	75	Afonso Silva	Clube Náutico de Fão	Benjamim Masculino	03:40	+00:46	-
22	114	Bernardo de Almeida	Mini Iebes	Benjamim Masculino	03:41	+00:46	-
23	12	Gustavo Araújo Pedro	Individual	Benjamim Masculino	03:41	+00:47	-
24	32	Tomás Gonçalves Passos	GCDR GEMESES	Benjamim Masculino	03:41	+00:47	-
25	98	Leonardo Rodrigues	Sporting Clube de Braga	Benjamim Masculino	03:44	+00:50	-
26	80	Miguel Silva	Silva Team	Benjamim Masculino	03:45	+00:51	-
27	47	Martim Pinto	Quebrarritmo	Benjamim Masculino	03:46	+00:52	-
28	22	António Fernandes	Run You'fools	Benjamim Masculino	03:47	+00:52	-
29	65	Leonardo Martins	JUVMAR	Benjamim Masculino	03:50	+00:56	-
30	61	Duarte Gonçalves	JUVMAR	Benjamim Masculino	03:52	+00:58	-
31	18	Xavier Madureira	Individual	Benjamim Masculino	03:54	+00:59	-
32	48	Leonardo Cardoso	Individual	Benjamim Masculino	03:55	+01:00	-
33	37	Luís Fernandes	GCDR GEMESES	Benjamim Masculino	03:56	+01:01	-
34	58	Bruno Calheiros	JUVMAR	Benjamim Masculino	03:57	+01:02	-
35	76	José Silva	Clube Náutico de Fão	Benjamim Masculino	04:00	+01:06	-
36	55	José Silva	JUVMAR	Benjamim Masculino	04:02	+01:07	-
37	20	Daniel Dias	Individual	Benjamim Masculino	04:06	+01:12	-
38	87	Diogo Torres	Até ao infinito...	Benjamim Masculino	04:10	+01:16	-
39	524	Tiago Fragoso	JUVMAR	Benjamim Masculino	04:12	+01:18	-
40	94	Duarte Maciel	Centro Atletismo Mazarefes	Benjamim Masculino	04:15	+01:21	-

Benjamins**0,8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

41	23	Miguel Lacerda	Individual	Benjamim Masculino	04:17	+01:22	-
42	89	Gabriel Fonseca	Individual	Benjamim Masculino	04:21	+01:26	-
43	119	Edgar Alves	Centro Atletismo Mazarefes-CAM	Benjamim Masculino	04:22	+01:28	-
44	13	Marco Guedes	Marco António Silva	Benjamim Masculino	04:23	+01:29	-
45	36	Lisandro Garrido Alibert	GCDR GEMESES	Benjamim Masculino	04:28	+01:34	-
46	38	Salvador Furtado	Individual	Benjamim Masculino	04:29	+01:34	-
47	49	Gustavo Cardoso	Individual	Benjamim Masculino	04:32	+01:38	-
48	10	Guilherme Briote	Ade trail running	Benjamim Masculino	04:50	+01:56	-
49	14	Filipe Martins	Individual	Benjamim Masculino	05:00	+02:05	-
50	107	Daniel Torres	Até ao infinito...	Benjamim Masculino	05:13	+02:19	-
51	11	Gonçalo Briote	Ade trail running	Benjamim Masculino	05:18	+02:23	-

INFANTIS - STAGE 1

1,609 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	16:05	16,2°C	91%
End	16:22	16,2°C	91%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	401	Joana Teixeira	ARADA ATLÉTICO CLUBE	05:55		-	
2	403	Henrique Araújo	Associação Académica de S. Mamede	06:01	+00:06	-	
3	400	Leonardo Vasquinho	Individual	06:07	+00:12	-	
4	410	Guilherme Silva Marques	GCDR GEMESSES	06:11	+00:16	-	
5	451	Luis Moreira	Clube Fluvial Vilacondense	06:14	+00:19	-	
6	519	Guilherme Martins	Sporting Clube de Braga	06:15	+00:20	-	
7	534	Leonor Miranda Miranda	AG Castelense	06:16	+00:21	-	
8	516	Diana Silva	Sporting Clube de Braga	06:18	+00:23	-	
9	517	Constança Duarte	Sporting Clube de Braga	06:18	+00:23	-	
10	526	Guilherme Freitas	Individual	06:26	+00:31	-	
11	470	Diego Macedo	JUVMAR	06:29	+00:34	-	
12	455	Mateus Laranjeira	JUVMAR	06:32	+00:37	-	
13	468	Beatriz Arezes	JUVMAR	06:32	+00:37	-	
14	415	João Miranda Duarte	GCDR GEMESSES	06:35	+00:40	-	
15	518	Briana Ferreira	Sporting Clube de Braga	06:37	+00:42	-	
16	531	Maria Miranda	AG Castelense	06:40	+00:45	-	
17	409	Bruno Miguel Santos Pereira	GCDR GEMESSES	06:43	+00:48	-	
18	510	Gustavo Mimoso	Rui Mimoso (ADE)	06:45	+00:50	-	
19	535	Eunice Pereira	AG Castelense	06:45	+00:50	-	
20	419	Miguel Nogueira Ramos do Monte	GCDR GEMESSES	06:49	+00:54	-	
21	466	Francisca Silva	JUVMAR	06:52	+00:57	-	
22	464	Gustavo Guimarães	JUVMAR	06:58	+01:03	-	
23	537	Flor Rei	AG Castelense	07:00	+01:05	-	
24	463	André Meira	JUVMAR	07:04	+01:09	-	
25	498	Miguel Duarte	Clube Náutico de Fão	07:07	+01:12	-	
26	482	Nuno Correia	Clube Náutico de Fão	07:07	+01:12	-	
27	467	Regina Viana	JUVMAR	07:08	+01:13	-	
28	413	Tomás Santos Pereira	GCDR GEMESSES	07:10	+01:15	-	
29	486	Gonçalo Viana	Clube Náutico de Fão	07:13	+01:18	-	
30	459	Inês Pilar	JUVMAR	07:13	+01:18	-	
31	491	Sílvia Correia	Clube Náutico de Fão	07:15	+01:20	-	
32	407	Leonor Silva	Individual	07:16	+01:21	-	
33	488	Ana Rita Fernandes	Clube Náutico de Fão	07:17	+01:22	-	
34	418	Dinis Senra Oliveira	GCDR GEMESSES	07:26	+01:31	-	
35	427	Diogo Renato Garrido Barbosa	GCDR GEMESSES	07:26	+01:31	-	
36	423	Benedita dos Santos Faria	GCDR GEMESSES	07:26	+01:31	-	
37	515	Abigail Jesus	Sporting Clube de Braga	07:29	+01:34	-	
38	492	Marta Correia	Clube Náutico de Fão	07:34	+01:39	-	
39	421	Tiago Matos Figueiredo	GCDR GEMESSES	07:52	+01:57	-	
40	485	Tiago Solinho	Clube Náutico de Fão	07:53	+01:58	-	
41	452	José Tomás Souto Costa e Silva	Individual	07:58	+02:03	-	
42	481	Gustavo Lima	Clube Náutico de Fão	08:00	+02:05	-	

INFANTIS - STAGE 1**1,609 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	447	Óscar Miguel Domingues Moreira	GCDR GEMESES	08:18	+02:23	-	
44	480	Rafael D'Aniello	Clube Náutico de Fão	09:30	+03:35	-	
45	521	Teresa Fernandes	Individual	10:25	+04:30	-	
46	525	Antónia Leite Brito	Individual	10:29	+04:34	-	
47	435	Bárbara Carneiro Gonçalves	GCDR GEMESES	10:50	+04:55	-	
48	450	Ana Beatriz Menina	Apúlia a correr	11:28	+05:33	-	
49	465	Joana Cachada	JUVMAR	11:29	+05:34	-	
50	441	Filipa Fernandes	GCDR GEMESES	12:10	+06:15	-	

Infantis

1,609 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	16:05	16,2°C	91%
End	16:22	16,2°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Infantil Feminino

1	401	Joana Teixeira	ARADA ATLÉTICO CLUBE	Infantil Feminino	05:55	-	-
2	534	Leonor Miranda Miranda	AG Castelense	Infantil Feminino	06:16	+00:21	-
3	516	Diana Silva	Sporting Clube de Braga	Infantil Feminino	06:18	+00:23	-
4	517	Constança Duarte	Sporting Clube de Braga	Infantil Feminino	06:18	+00:23	-
5	468	Beatriz Arezes	JUVMAR	Infantil Feminino	06:32	+00:37	-
6	518	Briana Ferreira	Sporting Clube de Braga	Infantil Feminino	06:37	+00:42	-
7	531	Maria Miranda	AG Castelense	Infantil Feminino	06:40	+00:45	-
8	535	Eunice Pereira	AG Castelense	Infantil Feminino	06:45	+00:50	-
9	466	Francisca Silva	JUVMAR	Infantil Feminino	06:52	+00:57	-
10	537	Flor Rei	AG Castelense	Infantil Feminino	07:00	+01:05	-
11	467	Regina Viana	JUVMAR	Infantil Feminino	07:08	+01:13	-
12	459	Inês Pilar	JUVMAR	Infantil Feminino	07:13	+01:18	-
13	491	Sílvia Correia	Clube Náutico de Fão	Infantil Feminino	07:15	+01:20	-
14	407	Leonor Silva	Individual	Infantil Feminino	07:16	+01:21	-
15	488	Ana Rita Fernandes	Clube Náutico de Fão	Infantil Feminino	07:17	+01:22	-
16	423	Benedita dos Santos Faria	GCDR GEMESES	Infantil Feminino	07:26	+01:31	-
17	515	Abigail Jesus	Sporting Clube de Braga	Infantil Feminino	07:29	+01:34	-
18	492	Marta Correia	Clube Náutico de Fão	Infantil Feminino	07:34	+01:39	-
19	521	Teresa Fernandes	Individual	Infantil Feminino	10:25	+04:30	-
20	525	Antónia Leite Brito	Individual	Infantil Feminino	10:29	+04:34	-
21	435	Bárbara Carneiro Gonçalves	GCDR GEMESES	Infantil Feminino	10:50	+04:55	-
22	450	Ana Beatriz Menina	Apúlia a correr	Infantil Feminino	11:28	+05:33	-
23	465	Joana Cachada	JUVMAR	Infantil Feminino	11:29	+05:34	-
24	441	Filipa Fernandes	GCDR GEMESES	Infantil Feminino	12:10	+06:15	-

Infantil Masculino

1	403	Henrique Araújo	Associação Académica de S. Mamede	Infantil Masculino	06:01	-	-
2	400	Leonardo Vasquinho	Individual	Infantil Masculino	06:07	+00:05	-
3	410	Guilherme Silva Marques	GCDR GEMESES	Infantil Masculino	06:11	+00:09	-
4	451	Luis Moreira	Clube Fluvial Vilacondense	Infantil Masculino	06:14	+00:12	-
5	519	Guilherme Martins	Sporting Clube de Braga	Infantil Masculino	06:15	+00:13	-
6	526	Guilherme Freitas	Individual	Infantil Masculino	06:26	+00:24	-
7	470	Diego Macedo	JUVMAR	Infantil Masculino	06:29	+00:27	-
8	455	Mateus Laranjeira	JUVMAR	Infantil Masculino	06:32	+00:30	-
9	415	João Miranda Duarte	GCDR GEMESES	Infantil Masculino	06:35	+00:33	-
10	409	Bruno Miguel Santos Pereira	GCDR GEMESES	Infantil Masculino	06:43	+00:41	-
11	510	Gustavo Mimoso	Rui Mimoso (ADE)	Infantil Masculino	06:45	+00:43	-

Infantis

1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	419	Miguel Nogueira Ramos do Monte	GCDR GEMESES	Infantil Masculino	06:49	+00:47	-
13	464	Gustavo Guimarães	JUVMAR	Infantil Masculino	06:58	+00:56	-
14	463	André Meira	JUVMAR	Infantil Masculino	07:04	+01:02	-
15	498	Miguel Duarte	Clube Náutico de Fão	Infantil Masculino	07:07	+01:05	-
16	482	Nuno Correia	Clube Náutico de Fão	Infantil Masculino	07:07	+01:05	-
17	413	Tomás Santos Pereira	GCDR GEMESES	Infantil Masculino	07:10	+01:08	-
18	486	Gonçalo Viana	Clube Náutico de Fão	Infantil Masculino	07:13	+01:11	-
19	418	Dinis Senra Oliveira	GCDR GEMESES	Infantil Masculino	07:26	+01:24	-
20	427	Diogo Renato Garrido Barbosa	GCDR GEMESES	Infantil Masculino	07:26	+01:24	-
21	421	Tiago Matos Figueiredo	GCDR GEMESES	Infantil Masculino	07:52	+01:50	-
22	485	Tiago Solinho	Clube Náutico de Fão	Infantil Masculino	07:53	+01:51	-
23	452	José Tomás Souto Costa e Silva	Individual	Infantil Masculino	07:58	+01:56	-
24	481	Gustavo Lima	Clube Náutico de Fão	Infantil Masculino	08:00	+01:58	-
25	447	Óscar Miguel Domingues Moreira	GCDR GEMESES	Infantil Masculino	08:18	+02:16	-
26	480	Rafael D'Aniello	Clube Náutico de Fão	Infantil Masculino	09:30	+03:28	-

