

OPEN 12K - STAGE 2

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:05	--	--
End	12:22	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	33	Nelson Loureiro	Pegasus OCR ProTeam	59:32		04:58	
2	24	Marco Silva	Pegasus OCR ProTeam	01:03:19	+03:47	05:17	
3	16	Marco lopes	Individual	01:04:51	+05:19	05:24	
4	32	Hélder Rodrigues	Pegasus OCR ProTeam	01:06:34	+07:02	05:33	
5	43	Daniel Rodrigues Soares	T22	01:07:48	+08:16	05:39	
6	31	Carlos Miranda	Pegasus OCR ProTeam	01:12:34	+13:02	06:03	
7	22	Filipe Couto	Pegasus OCR ProTeam	01:12:58	+13:26	06:05	
8	12	diogo azevedo	Individual	01:13:55	+14:23	06:10	
9	422	João Alves	Pegasus OCR ProTeam	01:17:13	+17:41	06:26	
10	219	André Soares	BemMeQuero	01:17:33	+18:01	06:28	
11	447	Luis Filipe Freitas Costa	T22	01:19:08	+19:36	06:36	
12	404	Rui Gomes	MOOVE /AFACYCLES /ALOFT	01:20:10	+20:38	06:41	
13	23	Hugo Magalhães	Pegasus OCR ProTeam	01:20:56	+21:24	06:45	
14	34	Armindo Santos	Pegasus OCR ProTeam	01:21:17	+21:45	06:46	
15	240	Virgínia Abreu	CFARENA- BRAGA	01:21:21	+21:49	06:47	
16	216	João Ribeiro	BemMeQuero	01:22:05	+22:33	06:50	
17	214	Gonçalo Martins	BemMeQuero	01:22:35	+23:03	06:53	
18	357	Rui Alves	Individual	01:22:55	+23:23	06:55	
19	363	Jose Miguel Carvalho Barbosa	Individual	01:24:48	+25:16	07:04	
20	46	Miguel Machado	Ninja Factory	01:25:24	+25:52	07:07	
21	319	Diogo Rafael castro leite	Funmovers	01:26:30	+26:58	07:12	
22	325	Joaquim Agostinho costa felix	Funmovers	01:26:31	+26:59	07:13	
23	211	Daniel Viegas	BemMeQuero	01:27:04	+27:32	07:15	
24	212	André Viegas	BemMeQuero	01:27:46	+28:14	07:19	
25	215	José Ribeiro	BemMeQuero	01:28:04	+28:32	07:20	
26	446	Ângelo Vale de Lemos	T22	01:28:21	+28:49	07:22	
27	222	Abel Viegas	BemMeQuero	01:28:30	+28:58	07:23	
28	26	Elsa Rodrigues	Pegasus OCR ProTeam	01:29:02	+29:30	07:25	
29	253	André Fernandes	CFARENA- BRAGA	01:29:41	+30:09	07:28	
30	237	Gonçalo Tavares Vilas-Boas	CFARENA- BRAGA	01:29:41	+30:09	07:28	
31	221	Vitor Oliveira	BemMeQuero	01:30:49	+31:17	07:34	
32	340	Joao Paulo Costa Rodrigues	GYMSTAR	01:31:23	+31:51	07:37	
33	321	Nuno de Jesus	Funmovers	01:31:24	+31:52	07:37	
34	349	Hugo Carlos Martins Mendes	Individual	01:31:25	+31:53	07:37	
35	3	Carlos Jorge Gomes Araujo	CrossLiberty	01:32:41	+33:09	07:43	
36	217	Pedro Ribeiro	BemMeQuero	01:33:16	+33:44	07:46	
37	21	Jorge Calado	Ninja Factory	01:33:23	+33:51	07:47	
38	445	Dany Costa	T22	01:33:39	+34:07	07:48	
39	17	Viktor Strelbitskiy	Individual	01:34:09	+34:37	07:51	
40	8	Alexandre Gonçalves	HOUSE OF MOVE	01:34:15	+34:43	07:51	
41	254	Carlos Simões	CFARENA- BRAGA	01:34:21	+34:49	07:52	
42	9	Nelson André Carneiro da Costa	HOUSE OF MOVE	01:34:21	+34:49	07:52	

Official Timekeeper: Lap2Go	1 / 7	generate 13-jul.-2025 12:24
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12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	257	José Feliciano Azevedo Ferreira	CFARENA- BRAGA	01:34:22	+34:50	07:52	
44	263	Paula Carolina Sá Costa	CFARENA- BRAGA	01:34:35	+35:03	07:53	
45	213	Gonçalo Dias	BemMeQuero	01:34:35	+35:03	07:53	
46	268	Manuel Fernando Dias Vilas Boas	CFARENA- BRAGA	01:34:38	+35:06	07:53	
47	220	Fernando Dias	BemMeQuero	01:34:58	+35:26	07:55	
48	10	Paulo Pereira	HOUSE OF MOVE	01:35:09	+35:37	07:56	
49	6	Carlos Pereira	HOUSE OF MOVE	01:37:28	+37:56	08:07	
50	503	Luis Miguel Vieira Gonçalves	TEAM Personal Training	01:37:49	+38:17	08:09	
51	502	Tiago Vieira Gonçalves	TEAM Personal Training	01:37:56	+38:24	08:10	
52	374	Andre Ricardo Monteiro da Silva	Individual	01:38:23	+38:51	08:12	
53	18	Eurico Pedro	Individual	01:39:26	+39:54	08:17	
54	37	Edgar Alves	Sem limites	01:39:56	+40:24	08:20	
55	36	Jorge Costa	Sem limites	01:39:59	+40:27	08:20	
56	369	Francisco Silva	Individual	01:41:48	+42:16	08:29	
57	14	António Manuel Macedo da Silva	Individual	01:41:48	+42:16	08:29	
58	25	Ana Margarida Ramos Fernandes	Pegasus OCR ProTeam	01:43:06	+43:34	08:35	
59	317	Sérgio Oliveira	Funmovers	01:44:03	+44:31	08:40	
60	311	André Silva	Funmovers	01:44:06	+44:34	08:40	
61	316	Vânia Miranda	Funmovers	01:44:13	+44:41	08:41	
62	323	Megid Mileipp	Funmovers	01:44:18	+44:46	08:41	
63	499	João Diogo Fernandes Carvalho	TEAM Personal Training	01:44:27	+44:55	08:42	
64	27	Paula Barracho	Pegasus OCR ProTeam	01:44:28	+44:56	08:42	
65	35	Pedro Coelho	Sem limites	01:45:12	+45:40	08:46	
66	208	Luis Sousa	BastoFit	01:45:26	+45:54	08:47	
67	210	Hélder Sousa	BastoFit	01:45:34	+46:02	08:48	
68	362	José lopes	Individual	01:45:41	+46:09	08:48	
69	429	Daniela Alexandra Oliveira	Sem limites	01:45:44	+46:12	08:49	
70	434	Natália Pinto Gomes	Sem limites	01:45:56	+46:24	08:50	
71	4	Catarina Miranda Simões	Exercito de Portugal	01:46:12	+46:40	08:51	
72	368	André Francisco Sousa Almeida	Individual	01:47:01	+47:29	08:55	
73	421	Sílvia Cristina da Silva Fernandes	Os Quartas Feiras	01:47:36	+48:04	08:58	
74	420	Raphaël Nunes Pinto	Os Quartas Feiras	01:47:37	+48:05	08:58	
75	365	Vitor Jorge Lage da Silva	Individual	01:47:54	+48:22	09:00	
76	381	Luís Pereira	INMOVE TEAM	01:49:06	+49:34	09:06	
77	419	José Macedo	Os primos	01:50:13	+50:41	09:11	
78	417	Ana Macedo	Os primos	01:50:17	+50:45	09:11	
79	418	João Soares	Os primos	01:50:18	+50:46	09:12	
80	7	William de Sousa Montenegro	HOUSE OF MOVE	01:50:44	+51:12	09:14	
81	283	André Pereira	CrossLiberty	01:51:06	+51:34	09:15	
82	288	Rui Nogueira	CrossLiberty	01:51:07	+51:35	09:16	
83	282	André Macedo	CrossLiberty	01:51:10	+51:38	09:16	
84	415	Miguel Gomes	OMNIA PARATUS	01:52:11	+52:39	09:21	
85	416	Nuno Gomes	OMNIA PARATUS	01:52:12	+52:40	09:21	
86	236	Facundo Selb	CFARENA- BRAGA	01:52:18	+52:46	09:21	
87	261	Juliana Gomes	CFARENA- BRAGA	01:52:18	+52:46	09:21	
88	245	Isabelle Queiroz	CFARENA- BRAGA	01:52:18	+52:46	09:21	

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	264	Miguel Rodrigues	CFARENA- BRAGA	01:52:18	+52:46	09:21	
90	11	Ralfe Mariano	Individual	01:53:41	+54:09	09:28	
91	468	Paulo Magalhães	TEAM Personal Training	01:54:28	+54:56	09:32	
92	457	Jorge Silva	TEAM Personal Training	01:54:28	+54:56	09:32	
93	360	Duarte Nuno Ferreira de Jesus	Individual	01:55:09	+55:37	09:36	
94	315	Andreia Ribeiro	Funmovers	01:55:14	+55:42	09:36	
95	305	Diogo Baptista	Funmovers	01:55:15	+55:43	09:36	
96	20	Vitor Ribeiro	Manco e Perneta	01:56:04	+56:32	09:40	
97	19	Moisés Gaspar	Manco e Perneta	01:56:05	+56:33	09:40	
98	452	André Martins	TEAM Personal Training	01:56:18	+56:46	09:42	
99	496	Bruno Miguel Costa Ribeiro	TEAM Personal Training	01:56:21	+56:49	09:42	
100	442	Alexandre Dias	SundayWorkout	01:57:57	+58:25	09:50	
101	439	Vera Dias	SundayWorkout	01:57:57	+58:25	09:50	
102	438	Ricardo Cunha	SundayWorkout	01:57:57	+58:25	09:50	
103	440	Arlinda Rocha	SundayWorkout	01:57:57	+58:25	09:50	
104	437	Nelson Ferreira	SundayWorkout	01:57:57	+58:25	09:50	
105	476	Mário Gomes	TEAM Personal Training	01:58:12	+58:40	09:51	
106	356	Ricardo Salazar	Individual	01:58:45	+59:13	09:54	
107	495	Luis Rogério de Oliveira Barbosa Faria	TEAM Personal Training	01:58:47	+59:15	09:54	
108	333	Daniel Gomes	Grupo O Setenta	01:59:11	+59:39	09:56	
109	313	João Matos	Funmovers	01:59:14	+59:42	09:56	
110	327	SOFIA FERREIRA	GDCTINCM	01:59:21	+59:50	09:57	
111	329	Antonio Machado	GDCTINCM	01:59:21	+59:50	09:57	
112	328	ARMANDINA TORRES	GDCTINCM	01:59:22	+59:50	09:57	
113	259	Nuno Pinto	CFARENA- BRAGA	01:59:31	+59:59	09:58	
114	332	Rafael Surrador	Grupo O Setenta	01:59:50	+01:00:18	09:59	
115	330	Diogo Alves	Grupo O Setenta	01:59:53	+01:00:21	09:59	
116	320	Miguel Silva	Funmovers	02:00:01	+01:00:29	10:00	
117	358	Natália Cristina Machado Oliveira	Individual	02:00:11	+01:00:39	10:01	
118	361	Emanuel Coelho Ferreira	Individual	02:00:15	+01:00:43	10:01	
119	218	Cátia Gomes	BemMeQuero	02:00:51	+01:01:19	10:04	
120	303	Joaquim Silva	Funmovers	02:03:09	+01:03:37	10:16	
121	326	Luís Vieira	Funmovers	02:03:09	+01:03:37	10:16	
122	367	Viktoriiia Hulieieva	Individual	02:04:18	+01:04:46	10:22	
123	379	Alexandre Pereira	INMOVE TEAM	02:04:41	+01:05:09	10:23	
124	348	Leonor Carvalho	Individual	02:05:11	+01:05:39	10:26	
125	347	Beatriz Carvalho	Individual	02:05:13	+01:05:41	10:26	
126	353	Diogo Silva	Individual	02:05:21	+01:05:49	10:27	
127	375	CARLA COSTA	Individual	02:07:08	+01:07:36	10:36	
128	372	Margarida Vieira de Campos Brás	Individual	02:07:08	+01:07:36	10:36	
129	475	António Fernandes	TEAM Personal Training	02:07:20	+01:07:48	10:37	
130	461	Rui Novais	TEAM Personal Training	02:07:20	+01:07:48	10:37	
131	466	marta novais	TEAM Personal Training	02:07:20	+01:07:48	10:37	
132	306	Gonçalo Bragança	Funmovers	02:08:03	+01:08:31	10:40	
133	384	Daniela Sousa	INMOVE TEAM	02:08:46	+01:09:14	10:44	

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	382	Maria Pereira	INMOVE TEAM	02:08:46	+01:09:14	10:44	
135	231	Roberto Azevedo	Carvalho e Azevedo	02:11:38	+01:12:06	10:58	
136	229	Daniela Carvalho	Carvalho e Azevedo	02:11:38	+01:12:06	10:58	
137	230	Bruno Cunha	Carvalho e Azevedo	02:11:38	+01:12:06	10:58	
138	228	Emiliana Sousa	Carvalho e Azevedo	02:11:38	+01:12:06	10:58	
139	337	Nidia Maria Pereira Marques	GYMSTAR	02:13:08	+01:13:36	11:06	
140	204	Tiago Vieira	Arruaceiros Team	02:13:15	+01:13:43	11:06	
141	201	Bea Peixoto	Arruaceiros Team	02:13:15	+01:13:43	11:06	
142	206	Alex Peixoto	Arruaceiros Team	02:13:18	+01:13:46	11:07	
143	202	Neuza Claro	Arruaceiros Team	02:13:20	+01:13:48	11:07	
144	207	Luis Evangelista	Arruaceiros Team	02:13:21	+01:13:49	11:07	
145	344	Victor Mendes	GYMSTAR	02:13:51	+01:14:19	11:09	
146	336	Hedviges Ribeiro Carvalho	GYMSTAR	02:13:52	+01:14:20	11:09	
147	342	Isabella Paraíso	GYMSTAR	02:13:52	+01:14:20	11:09	
148	341	José Miguel Macedo Maia	GYMSTAR	02:13:52	+01:14:20	11:09	
149	343	Thiago Paraíso	GYMSTAR	02:13:53	+01:14:21	11:09	
150	338	Bruno Fernandes	GYMSTAR	02:15:16	+01:15:44	11:16	
151	281	Diogo Filipe Martins Araújo	CrossLiberty	02:16:06	+01:16:34	11:20	
152	444	Miguel Pereira	SundayWorkout	02:16:06	+01:16:34	11:21	
153	443	Carlos Ribeiro	SundayWorkout	02:16:23	+01:16:51	11:22	
154	371	Joana Castro	Individual	02:16:44	+01:17:12	11:24	
155	295	Paulo Araujo	CrossLiberty	02:16:53	+01:17:21	11:24	
156	322	Brunella Mileipp	Funmovers	02:16:54	+01:17:22	11:24	
157	226	Mário Barroca	Bulldogue	02:17:29	+01:17:57	11:27	
158	406	Nelson da Costa	No Run No Fun	02:17:33	+01:18:01	11:28	
159	407	David Azevedo	No Run No Fun	02:17:35	+01:18:03	11:28	
160	227	Mário Vaz	Bulldogue	02:17:36	+01:18:04	11:28	
161	224	Natália Silva	Bulldogue	02:17:37	+01:18:05	11:28	
162	223	Pedro Ferraz	Bulldogue	02:18:04	+01:18:32	11:30	
163	225	Susana Correia	Bulldogue	02:18:06	+01:18:34	11:30	
164	405	Tiago José Silva Xavier	No Run No Fun	02:18:08	+01:18:36	11:31	
165	408	Sérgio Spulveda	No Run No Fun	02:18:10	+01:18:38	11:31	
166	232	Ana Cristina Ferreira Viana	CFARENA- BRAGA	02:18:16	+01:18:44	11:31	
167	266	Ana Cecília Soares Martins Mazzetti	CFARENA- BRAGA	02:18:18	+01:18:46	11:31	
168	380	Luís Fernandes	INMOVE TEAM	02:18:55	+01:19:23	11:35	
169	389	Susana Mendes	INMOVE TEAM	02:18:57	+01:19:25	11:35	
170	383	Pedro Pereira	INMOVE TEAM	02:18:58	+01:19:26	11:35	
171	470	Joaquina Antunes	TEAM Personal Training	02:19:37	+01:20:05	11:38	
172	497	António Miguel Pereira Carvalho	TEAM Personal Training	02:19:38	+01:20:06	11:38	
173	498	Ana Margarida Ferreira Fernandes	TEAM Personal Training	02:19:38	+01:20:06	11:38	
174	271	Gilda Silva	Cíntia Silva	02:19:50	+01:20:18	11:39	
175	276	Pedro Soares	Cíntia Silva	02:19:50	+01:20:18	11:39	
176	279	Bruno Araújo	Cíntia Silva	02:19:51	+01:20:19	11:39	
177	274	Filipe Chaves	Cíntia Silva	02:19:51	+01:20:19	11:39	
178	278	Telma Silva	Cíntia Silva	02:19:51	+01:20:19	11:39	
179	270	Cíntia Martins da Silva	Cíntia Silva	02:19:51	+01:20:19	11:39	

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	272	André Sobreiro	Cíntia Silva	02:19:51	+01:20:19	11:39	
181	269	Elsa Dias	Cíntia Silva	02:19:51	+01:20:19	11:39	
182	275	Nuno Oliveira	Cíntia Silva	02:19:52	+01:20:20	11:39	
183	397	Afonso Reis	Madrugas 5.7	02:20:27	+01:20:55	11:42	
184	401	Joana Melo	Madrugas 5.7	02:20:28	+01:20:56	11:42	
185	396	Rafaela Cunha	Madrugas 5.7	02:20:28	+01:20:56	11:42	
186	400	Alexandrina Fernandes	Madrugas 5.7	02:20:28	+01:20:56	11:42	
187	399	Tiago Gonçalves	Madrugas 5.7	02:20:28	+01:20:56	11:42	
188	398	Bruno Matos	Madrugas 5.7	02:20:29	+01:20:57	11:42	
189	395	Áurea Salgado	Madrugas 5.7	02:20:32	+01:21:00	11:43	
190	449	Guilherme Gonçalves	TEAM Personal Training	02:20:47	+01:21:15	11:44	
191	460	Rafael Ferreira	TEAM Personal Training	02:20:48	+01:21:16	11:44	
192	493	Filipe Afonso	Wildvets	02:20:52	+01:21:20	11:44	
193	492	Andreia Garcês	Wildvets	02:20:52	+01:21:20	11:44	
194	469	Patrícia Vieira	TEAM Personal Training	02:20:52	+01:21:20	11:44	
195	454	Catarina Vieira	TEAM Personal Training	02:20:52	+01:21:20	11:44	
196	436	Céu Taveira	Sem limites	02:21:42	+01:22:10	11:48	
197	428	Alexandra Araújo	Sem limites	02:21:43	+01:22:11	11:49	
198	345	Joaquim Pepe Roque	Individual	02:23:39	+01:24:07	11:58	
199	387	Maria Pereira	INMOVE TEAM	02:24:52	+01:25:20	12:04	
200	390	Joel Ribeiro	INMOVE TEAM	02:24:54	+01:25:22	12:05	
201	472	Patrícia Lopes	TEAM Personal Training	02:28:28	+01:28:56	12:22	
202	451	Mariana Mendes	TEAM Personal Training	02:28:28	+01:28:56	12:22	
203	458	José Peixoto	TEAM Personal Training	02:29:05	+01:29:33	12:25	
204	427	Marta Costa	Sem limites	02:29:21	+01:29:49	12:27	
205	426	Marlene Machado	Sem limites	02:29:39	+01:30:07	12:28	
206	373	Tânia Vazquez	Individual	02:29:59	+01:30:27	12:30	
207	359	Patricia Wellisch	Individual	02:30:00	+01:30:28	12:30	
208	433	Pedro Xavier Pereira	Sem limites	02:30:22	+01:30:50	12:32	
209	424	Bárbara Meira	Sem limites	02:30:22	+01:30:50	12:32	
210	42	Vítor Pinto	Sem limites	02:30:27	+01:30:55	12:32	
211	39	Sofia Lobo	Sem limites	02:30:28	+01:30:56	12:32	
212	494	Joana Filipa Gonçalves Magalhães	TEAM Personal Training	02:30:46	+01:31:14	12:34	
213	450	Diana Oliveira	TEAM Personal Training	02:30:47	+01:31:15	12:34	
214	45	Adriana Freitas	TEAM Personal Training	02:31:07	+01:31:35	12:36	
215	44	Sara Freitas	TEAM Personal Training	02:31:08	+01:31:36	12:36	
216	376	Ângelo Rafael Duarte Simões	Individual	02:31:13	+01:31:41	12:36	
217	370	Helínia Maria Alves de Sousa	Individual	02:31:14	+01:31:43	12:36	
218	246	Jorunn Müller	CFARENA- BRAGA	02:31:30	+01:31:58	12:37	
219	238	Carla Xavier	CFARENA- BRAGA	02:31:30	+01:31:58	12:37	
220	242	Carlos Xavier	CFARENA- BRAGA	02:31:30	+01:31:58	12:37	
221	308	Ana Gomes	Funmovers	02:31:55	+01:32:23	12:40	
222	314	Miguel Lemos	Funmovers	02:31:56	+01:32:24	12:40	
223	299	Leandro Carvalho	Factory hit	02:32:17	+01:32:45	12:41	
224	300	David Lemos	Factory hit	02:32:31	+01:32:59	12:43	
225	301	Filipe Ribeiro	Factory hit	02:32:36	+01:33:04	12:43	

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	296	Mariana Marques	Factory hit	02:32:38	+01:33:06	12:43	
227	5	Gonalo Ribeiro	Factory hit	02:32:39	+01:33:08	12:43	
228	302	Manuel Magalhães	Factory hit	02:32:41	+01:33:09	12:43	
229	298	Vânia Couto	Factory hit	02:33:01	+01:33:29	12:45	
230	297	Andreia Silva	Factory hit	02:33:02	+01:33:30	12:45	
231	487	Helder André Esteves Azevedo	Topo Trainer	02:35:10	+01:35:38	12:56	
232	489	Tiago Dias	Topo Trainer	02:35:10	+01:35:38	12:56	
233	486	Tiago Costa	Topo Trainer	02:35:10	+01:35:38	12:56	
234	491	Hugo Manuel Dias Torres	Topo Trainer	02:35:11	+01:35:39	12:56	
235	484	Ana Serra	Topo Trainer	02:35:11	+01:35:39	12:56	
236	490	Sandra Dias	Topo Trainer	02:35:12	+01:35:40	12:56	
237	485	Ricardo Carneiro	Topo Trainer	02:35:12	+01:35:40	12:56	
238	488	Miguel Silva	Topo Trainer	02:35:12	+01:35:40	12:56	
239	412	João Miranda	OCR4500	02:35:47	+01:36:15	12:59	
240	414	Daniel Gustavo Moreira Oliveira	OCR4500	02:35:48	+01:36:16	12:59	
241	411	Tânia Almeida	OCR4500	02:35:48	+01:36:16	12:59	
242	409	Francisca Silva	OCR4500	02:35:48	+01:36:16	12:59	
243	410	Nicole dos santos Vaz	OCR4500	02:35:48	+01:36:16	12:59	
244	413	Andreia Alexandra Duarte Cabral	OCR4500	02:35:48	+01:36:16	12:59	
245	474	Nuno Leitão	TEAM Personal Training	02:36:01	+01:36:29	13:00	
246	471	Mariela Marques	TEAM Personal Training	02:36:03	+01:36:31	13:00	
247	385	Cláudia Carvalho	INMOVE TEAM	02:36:45	+01:37:13	13:04	
248	378	Rita Gonçalves	INMOVE TEAM	02:36:45	+01:37:13	13:04	
249	388	Sandra Fernandes	INMOVE TEAM	02:36:46	+01:37:14	13:04	
250	467	Luis Ferreira	TEAM Personal Training	02:37:10	+01:37:38	13:06	
251	465	Joana Barros	TEAM Personal Training	02:37:12	+01:37:40	13:06	
252	477	João Sousa	Team Tainadas	02:39:02	+01:39:30	13:15	
253	479	Sónia Moreira	Team Tainadas	02:39:03	+01:39:31	13:15	
254	478	Pedro Freitas	Team Tainadas	02:39:03	+01:39:31	13:15	
255	480	Claudia cristina S. A. Campos	Team Tainadas	02:39:03	+01:39:31	13:15	
256	304	Sandra Dias	Funmovers	02:39:15	+01:39:43	13:16	
257	307	Ruben Alves	Funmovers	02:39:15	+01:39:43	13:16	
258	448	António Igreja	TEAM Personal Training	02:40:32	+01:41:00	13:23	
259	453	Ana Batista	TEAM Personal Training	02:40:49	+01:41:17	13:24	
260	455	Cátia Rocha	TEAM Personal Training	02:41:22	+01:41:50	13:27	
261	463	Bárbara Martins	TEAM Personal Training	02:41:33	+01:42:01	13:28	
262	464	Cátia Alves	TEAM Personal Training	02:41:33	+01:42:01	13:28	
263	462	Tiago Vaz	TEAM Personal Training	02:41:35	+01:42:03	13:28	
264	459	Rafael Fernandes	TEAM Personal Training	02:44:39	+01:45:07	13:43	
265	501	Diogo Côto	TEAM Personal Training	02:44:40	+01:45:08	13:43	
266	481	Clicyane Pereira	Titânio	02:51:16	+01:51:44	14:16	
267	482	Ana Dinis	Titânio	02:51:16	+01:51:44	14:16	
268	483	Mónica Pereira de Abreu	Titânio	02:51:17	+01:51:45	14:16	
269	29	Henrique Loureiro	Pegasus OCR ProTeam	02:51:54	+01:52:22	14:20	
270	394	Samuel Leite Gomes	LasCall	02:57:52	+01:58:20	14:49	
271	393	Christian Deger	LasCall	02:57:53	+01:58:21	14:49	

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
272	392	Marta Oliveira	LasCall	02:57:53	+01:58:21	14:49	
273	391	Laura Costa	LasCall	02:57:54	+01:58:22	14:50	
274	294	Gilberto Sousa	CrossLiberty	03:02:55	+02:03:23	15:15	
275	290	Ricardo Costa	CrossLiberty	03:02:57	+02:03:25	15:15	
276	366	Eduarda Araújo	Individual	03:02:57	+02:03:25	15:15	
277	351	Rayanne Soares da Silva	Individual	03:02:57	+02:03:25	15:15	
278	286	Luiz Fernando Neves	CrossLiberty	03:02:57	+02:03:25	15:15	
279	285	Renata Bárbara Barros Santos Neves	CrossLiberty	03:02:58	+02:03:26	15:15	
280	280	Carolina Ferreira	CrossLiberty	03:02:58	+02:03:26	15:15	
281	284	Barbara Duarte	CrossLiberty	03:02:58	+02:03:26	15:15	
282	293	Marisa sousa	CrossLiberty	03:02:59	+02:03:27	15:15	
283	248	Maria Cortes	CFARENA- BRAGA	03:03:31	+02:03:59	15:18	
284	250	Marcelino Collin	CFARENA- BRAGA	03:03:37	+02:04:05	15:18	
285	249	Jesus Boada	CFARENA- BRAGA	03:05:06	+02:05:34	15:25	
286	235	Stephani Moreno	CFARENA- BRAGA	03:05:08	+02:05:36	15:26	
287	258	Manuel Brandão	CFARENA- BRAGA	03:12:21	+02:12:49	16:02	
288	234	Maria Clara Santos Francisco Salema de Moretto	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
289	243	Amelle Cardoso	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
290	247	Maria Caldas	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
291	255	Fábio Sousa	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
292	256	Jonatan Quinteros	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
293	267	Fátima Gonçalves	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
294	241	Abílio Queirós	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	
295	239	Katherine Jesus	CFARENA- BRAGA	03:12:22	+02:12:50	16:02	

12 KM

OFFICIAL RESULT

10	20	Vitor Ribeiro	Manco e Pernetá	AG20-24M	01:56:04	+33:28	09:40
11	19	Moisés Gaspar	Manco e Pernetá	AG20-24M	01:56:05	+33:29	09:40
12	495	Luis Rogério de Oliveira Barbosa Faria	TEAM Personal Training	AG20-24M	01:58:47	+36:11	09:54
13	332	Rafael Surrador	Grupo O Setenta	AG20-24M	01:59:50	+37:15	09:59
14	330	Diogo Alves	Grupo O Setenta	AG20-24M	01:59:53	+37:18	09:59
15	306	Gonçalo Bragança	Funmovers	AG20-24M	02:08:03	+45:27	10:40
16	281	Diogo Filipe Martins Araújo	CrossLiberty	AG20-24M	02:16:06	+53:30	11:20
17	5	Gonçalo Ribeiro	Factory hit	AG20-24M	02:32:39	+01:10:04	12:43
18	307	Ruben Alves	Funmovers	AG20-24M	02:39:15	+01:16:39	13:16
19	501	Diogo Côtó	TEAM Personal Training	AG20-24M	02:44:40	+01:22:04	13:43

1	240	Virgínia Abreu	CFARENA- BRAGA	AG25-29F	01:21:21	06:47
2	4	Catarina Miranda Simões	Exercito de Portugal	AG25-29F	01:46:12	+24:51 08:51
3	201	Bea Peixoto	Arruaceiros Team	AG25-29F	02:13:15	+51:54 11:06
4	202	Neuza Claro	Arruaceiros Team	AG25-29F	02:13:20	+51:59 11:07
5	451	Mariana Mendes	TEAM Personal Training	AG25-29F	02:28:28	+01:07:07 12:22
6	427	Marta Costa	Sem limites	AG25-29F	02:29:21	+01:08:00 12:27
7	426	Marlene Machado	Sem limites	AG25-29F	02:29:39	+01:08:18 12:28
8	424	Bárbara Meira	Sem limites	AG25-29F	02:30:22	+01:09:01 12:32
9	450	Diana Oliveira	TEAM Personal Training	AG25-29F	02:30:47	+01:09:26 12:34
10	238	Carla Xavier	CFARENA- BRAGA	AG25-29F	02:31:30	+01:10:09 12:37
11	308	Ana Gomes	Funmovers	AG25-29F	02:31:55	+01:10:33 12:40
12	296	Mariana Marques	Factory hit	AG25-29F	02:32:38	+01:11:17 12:43
13	378	Rita Gonçalves	INMOVE TEAM	AG25-29F	02:36:45	+01:15:24 13:04
14	392	Marta Oliveira	LasCall	AG25-29F	02:57:53	+01:36:32 14:49
15	391	Laura Costa	LasCall	AG25-29F	02:57:54	+01:36:33 14:50
16	351	Rayanne Soares da Silva	Individual	AG25-29F	03:02:57	+01:41:36 15:15
17	239	Katherine Jesus	CFARENA- BRAGA	AG25-29F	03:12:22	+01:51:01 16:02

1	357	Rui Alves	Individual	AG25-29M	01:22:55	06:55
2	215	José Ribeiro	BemMeQuero	AG25-29M	01:28:04	+05:09 07:20
3	6	Carlos Pereira	HOUSE OF MOVE	AG25-29M	01:37:28	+14:32 08:07
4	503	Luis Miguel Vieira Gonçalves	TEAM Personal Training	AG25-29M	01:37:49	+14:53 08:09
5	36	Jorge Costa	Sem limites	AG25-29M	01:39:59	+17:03 08:20
6	311	André Silva	Funmovers	AG25-29M	01:44:06	+21:10 08:40
7	208	Luis Sousa	BastoFit	AG25-29M	01:45:26	+22:31 08:47
8	420	Raphaël Nunes Pinto	Os Quartas Feiras	AG25-29M	01:47:37	+24:41 08:58
9	381	Luís Pereira	INMOVE TEAM	AG25-29M	01:49:06	+26:10 09:06
10	7	William de Sousa Montenegro	HOUSE OF MOVE	AG25-29M	01:50:44	+27:48 09:14
11	283	André Pereira	CrossLiberty	AG25-29M	01:51:06	+28:10 09:15
12	282	André Macedo	CrossLiberty	AG25-29M	01:51:10	+28:14 09:16
13	452	André Martins	TEAM Personal Training	AG25-29M	01:56:18	+33:22 09:42

12 KM

OFFICIAL RESULT

14	496	Bruno Miguel Costa Ribeiro	TEAM Personal Training	AG25-29M	01:56:21	+33:25	09:42
15	356	Ricardo Salazar	Individual	AG25-29M	01:58:45	+35:50	09:54
16	333	Daniel Gomes	Grupo O Setenta	AG25-29M	01:59:11	+36:16	09:56
17	313	João Matos	Funmovers	AG25-29M	01:59:14	+36:18	09:56
18	379	Alexandre Pereira	INMOVE TEAM	AG25-29M	02:04:41	+41:45	10:23
19	353	Diogo Silva	Individual	AG25-29M	02:05:21	+42:26	10:27
20	204	Tiago Vieira	Arruaceiros Team	AG25-29M	02:13:15	+50:20	11:06
21	223	Pedro Ferraz	Bulldogue	AG25-29M	02:18:04	+55:08	11:30
22	380	Luís Fernandes	INMOVE TEAM	AG25-29M	02:18:55	+55:59	11:35
23	242	Carlos Xavier	CFARENA- BRAGA	AG25-29M	02:31:30	+01:08:34	12:37
24	314	Miguel Lemos	Funmovers	AG25-29M	02:31:56	+01:09:00	12:40
25	394	Samuel Leite Gomes	LasCall	AG25-29M	02:57:52	+01:34:56	14:49
26	393	Christian Deger	LasCall	AG25-29M	02:57:53	+01:34:57	14:49
27	241	Abílio Queirós	CFARENA- BRAGA	AG25-29M	03:12:22	+01:49:26	16:02

1	316	Vânia Miranda	Funmovers	AG30-34F	01:44:13	08:41
2	429	Daniela Alexandra Oliveira	Sem limites	AG30-34F	01:45:44	+01:31 08:49
3	245	Isabelle Queiroz	CFARENA- BRAGA	AG30-34F	01:52:18	+08:05 09:21
4	315	Andreia Ribeiro	Funmovers	AG30-34F	01:55:14	+11:00 09:36
5	358	Natália Cristina Machado Oliveira	Individual	AG30-34F	02:00:11	+15:58 10:01
6	382	Maria Pereira	INMOVE TEAM	AG30-34F	02:08:46	+24:33 10:44
7	337	Nídia Maria Pereira Marques	GYMSTAR	AG30-34F	02:13:08	+28:55 11:06
8	336	Hedviges Ribeiro Carvalho	GYMSTAR	AG30-34F	02:13:52	+29:39 11:09
9	269	Elsa Dias	Cíntia Silva	AG30-34F	02:19:51	+35:38 11:39
10	396	Rafaela Cunha	Madrugas 5.7	AG30-34F	02:20:28	+36:15 11:42
11	395	Áurea Salgado	Madrugas 5.7	AG30-34F	02:20:32	+36:19 11:43
12	492	Andreia Garcês	Wildvets	AG30-34F	02:20:52	+36:39 11:44
13	454	Catarina Vieira	TEAM Personal Training	AG30-34F	02:20:52	+36:39 11:44
14	428	Alexandra Araújo	Sem limites	AG30-34F	02:21:43	+37:30 11:49
15	359	Patricia Wellisch	Individual	AG30-34F	02:30:00	+45:47 12:30
16	494	Joana Filipa Gonçalves Magalhães	TEAM Personal Training	AG30-34F	02:30:46	+46:33 12:34
17	44	Sara Freitas	TEAM Personal Training	AG30-34F	02:31:08	+46:55 12:36
18	246	Jorunn Müller	CFARENA- BRAGA	AG30-34F	02:31:30	+47:17 12:37
19	298	Vânia Couto	Factory hit	AG30-34F	02:33:01	+48:48 12:45
20	297	Andreia Silva	Factory hit	AG30-34F	02:33:02	+48:49 12:45
21	484	Ana Serra	Topo Trainer	AG30-34F	02:35:11	+50:58 12:56
22	453	Ana Batista	TEAM Personal Training	AG30-34F	02:40:49	+56:36 13:24
23	455	Cátia Rocha	TEAM Personal Training	AG30-34F	02:41:22	+57:09 13:27
24	285	Renata Bárbara Barros Santos Neves	CrossLiberty	AG30-34F	03:02:58	+01:18:45 15:15
25	284	Barbara Duarte	CrossLiberty	AG30-34F	03:02:58	+01:18:45 15:15
26	248	Maria Cortes	CFARENA- BRAGA	AG30-34F	03:03:31	+01:19:18 15:18
27	243	Amelle Cardoso	CFARENA- BRAGA	AG30-34F	03:12:22	+01:28:09 16:02
28	247	Maria Caldas	CFARENA- BRAGA	AG30-34F	03:12:22	+01:28:09 16:02

Open 12K

12 KM

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OFFICIAL RESULT

[illegible]

AG30-34M

1	43	Daniel Rodrigues Soares	T22	AG30-34M	01:07:48	05:39
2	22	Filipe Couto	Pegasus OCR ProTeam	AG30-34M	01:12:58	+05:10 06:05
3	216	João Ribeiro	BemMeQuero	AG30-34M	01:22:05	+14:17 06:50
4	363	Jose Miguel Carvalho Barbosa	Individual	AG30-34M	01:24:48	+17:00 07:04
5	217	Pedro Ribeiro	BemMeQuero	AG30-34M	01:33:16	+25:28 07:46
6	8	Alexandre Gonçalves	HOUSE OF MOVE	AG30-34M	01:34:15	+26:26 07:51
7	37	Edgar Alves	Sem limites	AG30-34M	01:39:56	+32:07 08:20
8	317	Sérgio Oliveira	Funmovers	AG30-34M	01:44:03	+36:14 08:40
9	210	Hélder Sousa	BastoFit	AG30-34M	01:45:34	+37:46 08:48
10	362	José lopes	Individual	AG30-34M	01:45:41	+37:53 08:48
11	365	Vitor Jorge Lage da Silva	Individual	AG30-34M	01:47:54	+40:06 09:00
12	288	Rui Nogueira	CrossLiberty	AG30-34M	01:51:07	+43:18 09:16
13	11	Ralfe Mariano	Individual	AG30-34M	01:53:41	+45:52 09:28
14	457	Jorge Silva	TEAM Personal Training	AG30-34M	01:54:28	+46:40 09:32
15	360	Duarte Nuno Ferreira de Jesus	Individual	AG30-34M	01:55:09	+47:21 09:36
16	438	Ricardo Cunha	SundayWorkout	AG30-34M	01:57:57	+50:08 09:50
17	437	Nelson Ferreira	SundayWorkout	AG30-34M	01:57:57	+50:08 09:50
18	361	Emanuel Coelho Ferreira	Individual	AG30-34M	02:00:15	+52:26 10:01
19	461	Rui Novais	TEAM Personal Training	AG30-34M	02:07:20	+59:31 10:37
20	206	Alex Peixoto	Arruaceiros Team	AG30-34M	02:13:18	+01:05:30 11:07
21	207	Luis Evangelista	Arruaceiros Team	AG30-34M	02:13:21	+01:05:33 11:07
22	338	Bruno Fernandes	GYMSTAR	AG30-34M	02:15:16	+01:07:28 11:16
23	405	Tiago José Silva Xavier	No Run No Fun	AG30-34M	02:18:08	+01:10:19 11:31
24	383	Pedro Pereira	INMOVE TEAM	AG30-34M	02:18:58	+01:11:10 11:35
25	397	Afonso Reis	Madrugas 5.7	AG30-34M	02:20:27	+01:12:39 11:42
26	398	Bruno Matos	Madrugas 5.7	AG30-34M	02:20:29	+01:12:41 11:42
27	460	Rafael Ferreira	TEAM Personal Training	AG30-34M	02:20:48	+01:13:00 11:44
28	493	Filipe Afonso	Wildvets	AG30-34M	02:20:52	+01:13:03 11:44
29	458	José Peixoto	TEAM Personal Training	AG30-34M	02:29:05	+01:21:17 12:25
30	299	Leandro Carvalho	Factory hit	AG30-34M	02:32:17	+01:24:29 12:41
31	486	Tiago Costa	Topo Trainer	AG30-34M	02:35:10	+01:27:21 12:56
32	485	Ricardo Carneiro	Topo Trainer	AG30-34M	02:35:12	+01:27:23 12:56
33	478	Pedro Freitas	Team Tainadas	AG30-34M	02:39:03	+01:31:14 13:15
34	462	Tiago Vaz	TEAM Personal Training	AG30-34M	02:41:35	+01:33:46 13:28
35	459	Rafael Fernandes	TEAM Personal Training	AG30-34M	02:44:39	+01:36:51 13:43
36	286	Luiz Fernando Neves	CrossLiberty	AG30-34M	03:02:57	+01:55:08 15:15
37	250	Marcelino Collin	CFARENA- BRAGA	AG30-34M	03:03:37	+01:55:48 15:18
38	249	Jesus Boada	CFARENA- BRAGA	AG30-34M	03:05:06	+01:57:17 15:25

AG35-39F

1	421	Sílvia Cristina da Silva Fernandes	Os Quartas Feiras	AG35-39F	01:47:36	08:58
2	417	Ana Macedo	Os primos	AG35-39F	01:50:17	+02:40 09:11
3	439	Vera Dias	SundayWorkout	AG35-39F	01:57:57	+10:20 09:50

Official Timekeeper: Lap2Go	4 / 8	generate 13-jul.-2025 12:24
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12 KM

OFFICIAL RESULT

4	218	Cátia Gomes	BemMeQuero	AG35-39F	02:00:51	+13:15	10:04
5	367	Viktoriiia Hulieieva	Individual	AG35-39F	02:04:18	+16:42	10:22
6	466	marta novais	TEAM Personal Training	AG35-39F	02:07:20	+19:43	10:37
7	384	Daniela Sousa	INMOVE TEAM	AG35-39F	02:08:46	+21:09	10:44
8	228	Emiliana Sousa	Carvalho e Azevedo	AG35-39F	02:11:38	+24:02	10:58
9	224	Natália Silva	Bulldogue	AG35-39F	02:17:37	+30:00	11:28
10	225	Susana Correia	Bulldogue	AG35-39F	02:18:06	+30:29	11:30
11	271	Gilda Silva	Cíntia Silva	AG35-39F	02:19:50	+32:14	11:39
12	270	Cíntia Martins da Silva	Cíntia Silva	AG35-39F	02:19:51	+32:15	11:39
13	39	Sofia Lobo	Sem limites	AG35-39F	02:30:28	+42:51	12:32
14	45	Adriana Freitas	TEAM Personal Training	AG35-39F	02:31:07	+43:30	12:36
15	465	Joana Barros	TEAM Personal Training	AG35-39F	02:37:12	+49:35	13:06
16	463	Bárbara Martins	TEAM Personal Training	AG35-39F	02:41:33	+53:56	13:28
17	464	Cátia Alves	TEAM Personal Training	AG35-39F	02:41:33	+53:56	13:28
18	482	Ana Dinis	Titânio	AG35-39F	02:51:16	+01:03:40	14:16
19	366	Eduarda Araújo	Individual	AG35-39F	03:02:57	+01:15:20	15:15

1	24	Marco Silva	Pegasus OCR ProTeam	AG35-39M	01:03:19	05:17
2	12	diogo azevedo	Individual	AG35-39M	01:13:55	+10:36 06:10
3	23	Hugo Magalhães	Pegasus OCR ProTeam	AG35-39M	01:20:56	+17:37 06:45
4	46	Miguel Machado	Ninja Factory	AG35-39M	01:25:24	+22:05 07:07
5	319	Diogo Rafael castro leite	Funmovers	AG35-39M	01:26:30	+23:10 07:12
6	253	André Fernandes	CFARENA- BRAGA	AG35-39M	01:29:41	+26:21 07:28
7	340	Joao Paulo Costa Rodrigues	GYMSTAR	AG35-39M	01:31:23	+28:04 07:37
8	321	Nuno de Jesus	Funmovers	AG35-39M	01:31:24	+28:04 07:37
9	21	Jorge Calado	Ninja Factory	AG35-39M	01:33:23	+30:04 07:47
10	445	Dany Costa	T22	AG35-39M	01:33:39	+30:20 07:48
11	254	Carlos Simões	CFARENA- BRAGA	AG35-39M	01:34:21	+31:01 07:52
12	9	Nelson André Carneiro da Costa	HOUSE OF MOVE	AG35-39M	01:34:21	+31:02 07:52
13	257	José Feliciano Azevedo Ferreira	CFARENA- BRAGA	AG35-39M	01:34:22	+31:02 07:52
14	369	Francisco Silva	Individual	AG35-39M	01:41:48	+38:29 08:29
15	368	André Francisco Sousa Almeida	Individual	AG35-39M	01:47:01	+43:42 08:55
16	468	Paulo Magalhães	TEAM Personal Training	AG35-39M	01:54:28	+51:09 09:32
17	259	Nuno Pinto	CFARENA- BRAGA	AG35-39M	01:59:31	+56:11 09:58
18	320	Miguel Silva	Funmovers	AG35-39M	02:00:01	+56:41 10:00
19	341	José Miguel Macedo Maia	GYMSTAR	AG35-39M	02:13:52	+01:10:33 11:09
20	226	Mário Barroca	Bulldogue	AG35-39M	02:17:29	+01:14:09 11:27
21	406	Nelson da Costa	No Run No Fun	AG35-39M	02:17:33	+01:14:13 11:28
22	227	Mário Vaz	Bulldogue	AG35-39M	02:17:36	+01:14:16 11:28
23	276	Pedro Soares	Cíntia Silva	AG35-39M	02:19:50	+01:16:31 11:39
24	274	Filipe Chaves	Cíntia Silva	AG35-39M	02:19:51	+01:16:32 11:39
25	272	André Sobreiro	Cíntia Silva	AG35-39M	02:19:51	+01:16:32 11:39
26	275	Nuno Oliveira	Cíntia Silva	AG35-39M	02:19:52	+01:16:33 11:39
27	399	Tiago Goncalves	Madruças 5.7	AG35-39M	02:20:28	+01:17:09 11:42

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12 KM

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28	300	David Lemos	Factory hit	AG35-39M	02:32:31	+01:29:12	12:43
29	487	Helder André Esteves Azevedo	Topo Trainer	AG35-39M	02:35:10	+01:31:50	12:56
30	488	Miguel Silva	Topo Trainer	AG35-39M	02:35:12	+01:31:52	12:56
31	467	Luis Ferreira	TEAM Personal Training	AG35-39M	02:37:10	+01:33:51	13:06
32	258	Manuel Brandão	CFARENA- BRAGA	AG35-39M	03:12:21	+02:09:02	16:02
33	255	Fábio Sousa	CFARENA- BRAGA	AG35-39M	03:12:22	+02:09:02	16:02
34	256	Jonatan Quinteros	CFARENA- BRAGA	AG35-39M	03:12:22	+02:09:02	16:02

1	26	Elsa Rodrigues	Pegasus OCR ProTeam	AG40-44F	01:29:02	07:25
2	263	Paula Carolina Sá Costa	CFARENA- BRAGA	AG40-44F	01:34:35	+05:32 07:53
3	25	Ana Margarida Ramos Fernandes	Pegasus OCR ProTeam	AG40-44F	01:43:06	+14:04 08:35
4	27	Paula Barracho	Pegasus OCR ProTeam	AG40-44F	01:44:28	+15:26 08:42
5	261	Juliana Gomes	CFARENA- BRAGA	AG40-44F	01:52:18	+23:15 09:21
6	440	Arlinda Rocha	SundayWorkout	AG40-44F	01:57:57	+28:55 09:50
7	372	Margarida Vieira de Campos Brás	Individual	AG40-44F	02:07:08	+38:06 10:36
8	229	Daniela Carvalho	Carvalho e Azevedo	AG40-44F	02:11:38	+42:36 10:58
9	342	Isabella Paraíso	GYMSTAR	AG40-44F	02:13:52	+44:50 11:09
10	371	Joana Castro	Individual	AG40-44F	02:16:44	+47:41 11:24
11	322	Brunella Mileipp	Funmovers	AG40-44F	02:16:54	+47:51 11:24
12	498	Ana Margarida Ferreira Fernandes	TEAM Personal Training	AG40-44F	02:19:38	+50:36 11:38
13	278	Telma Silva	Cíntia Silva	AG40-44F	02:19:51	+50:49 11:39
14	401	Joana Melo	Madrugas 5.7	AG40-44F	02:20:28	+51:26 11:42
15	400	Alexandrina Fernandes	Madrugas 5.7	AG40-44F	02:20:28	+51:26 11:42
16	469	Patrícia Vieira	TEAM Personal Training	AG40-44F	02:20:52	+51:49 11:44
17	373	Tânia Vazquez	Individual	AG40-44F	02:29:59	+01:00:57 12:30
18	370	Helínia Maria Alves de Sousa	Individual	AG40-44F	02:31:14	+01:02:12 12:36
19	411	Tânia Almeida	OCR4500	AG40-44F	02:35:48	+01:06:46 12:59
20	409	Francisca Silva	OCR4500	AG40-44F	02:35:48	+01:06:46 12:59
21	410	Nicole dos santos Vaz	OCR4500	AG40-44F	02:35:48	+01:06:46 12:59
22	483	Mónica Pereira de Abreu	Titânio	AG40-44F	02:51:17	+01:22:15 14:16

1	422	João Alves	Pegasus OCR ProTeam	AG40-44M	01:17:13	06:26
2	219	André Soares	BemMeQuero	AG40-44M	01:17:33	+00:20 06:28
3	404	Rui Gomes	MOOVE /AFACYCLES /ALOFT	AG40-44M	01:20:10	+02:56 06:41
4	446	Ângelo Vale de Lemos	T22	AG40-44M	01:28:21	+11:07 07:22
5	10	Paulo Pereira	HOUSE OF MOVE	AG40-44M	01:35:09	+17:55 07:56
6	374	Andre Ricardo Monteiro da Silva	Individual	AG40-44M	01:38:23	+21:10 08:12
7	14	António Manuel Macedo da Silva	Individual	AG40-44M	01:41:48	+24:35 08:29
8	323	Megid Mileipp	Funmovers	AG40-44M	01:44:18	+27:04 08:41
9	419	José Macedo	Os primos	AG40-44M	01:50:13	+33:00 09:11
10	418	João Soares	Os primos	AG40-44M	01:50:18	+33:05 09:12
11	416	Nuno Gomes	OMNIA PARATUS	AG40-44M	01:52:12	+34:58 09:21

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12 KM

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12	264	Miguel Rodrigues	CFARENA- BRAGA	AG40-44M	01:52:18	+35:04	09:21
13	442	Alexandre Dias	SundayWorkout	AG40-44M	01:57:57	+40:43	09:50
14	230	Bruno Cunha	Carvalho e Azevedo	AG40-44M	02:11:38	+54:25	10:58
15	344	Victor Mendes	GYMSTAR	AG40-44M	02:13:51	+56:38	11:09
16	343	Thiago Paraíso	GYMSTAR	AG40-44M	02:13:53	+56:40	11:09
17	443	Carlos Ribeiro	SundayWorkout	AG40-44M	02:16:23	+59:09	11:22
18	407	David Azevedo	No Run No Fun	AG40-44M	02:17:35	+01:00:21	11:28
19	408	Sérgio Spulveda	No Run No Fun	AG40-44M	02:18:10	+01:00:56	11:31
20	279	Bruno Araújo	Cíntia Silva	AG40-44M	02:19:51	+01:02:38	11:39
21	433	Pedro Xavier Pereira	Sem limites	AG40-44M	02:30:22	+01:13:08	12:32
22	42	Vítor Pinto	Sem limites	AG40-44M	02:30:27	+01:13:13	12:32
23	301	Filipe Ribeiro	Factory hit	AG40-44M	02:32:36	+01:15:23	12:43
24	489	Tiago Dias	Topo Trainer	AG40-44M	02:35:10	+01:17:56	12:56
25	412	João Miranda	OCR4500	AG40-44M	02:35:47	+01:18:33	12:59
26	29	Henrique Loureiro	Pegasus OCR ProTeam	AG40-44M	02:51:54	+01:34:40	14:20
27	290	Ricardo Costa	CrossLiberty	AG40-44M	03:02:57	+01:45:43	15:15

1	434	Natália Pinto Gomes	Sem limites	AG45-49F	01:45:56	08:50
2	327	SOFIA FERREIRA	GDCTINCM	AG45-49F	01:59:21	+13:25 09:57
3	375	CARLA COSTA	Individual	AG45-49F	02:07:08	+21:11 10:36
4	389	Susana Mendes	INMOVE TEAM	AG45-49F	02:18:57	+33:01 11:35
5	470	Joaquina Antunes	TEAM Personal Training	AG45-49F	02:19:37	+33:41 11:38
6	387	Maria Pereira	INMOVE TEAM	AG45-49F	02:24:52	+38:56 12:04
7	472	Patrícia Lopes	TEAM Personal Training	AG45-49F	02:28:28	+42:31 12:22
8	490	Sandra Dias	Topo Trainer	AG45-49F	02:35:12	+49:15 12:56
9	413	Andreia Alexandra Duarte Cabral	OCR4500	AG45-49F	02:35:48	+49:52 12:59
10	471	Mariela Marques	TEAM Personal Training	AG45-49F	02:36:03	+50:07 13:00
11	385	Cláudia Carvalho	INMOVE TEAM	AG45-49F	02:36:45	+50:49 13:04
12	388	Sandra Fernandes	INMOVE TEAM	AG45-49F	02:36:46	+50:50 13:04
13	479	Sónia Moreira	Team Tainadas	AG45-49F	02:39:03	+53:06 13:15
14	293	Marisa sousa	CrossLiberty	AG45-49F	03:02:59	+01:17:02 15:15

1	33	Nelson Loureiro	Pegasus OCR ProTeam	AG45-49M	59:32	04:58
2	16	Marco lopes	Individual	AG45-49M	01:04:51	+05:19 05:24
3	32	Hélder Rodrigues	Pegasus OCR ProTeam	AG45-49M	01:06:34	+07:02 05:33
4	31	Carlos Miranda	Pegasus OCR ProTeam	AG45-49M	01:12:34	+13:02 06:03
5	447	Luis Filipe Freitas Costa	T22	AG45-49M	01:19:08	+19:36 06:36
6	325	Joaquim Agostinho costa felix	Funmovers	AG45-49M	01:26:31	+26:58 07:13
7	221	Vitor Oliveira	BemMeQuero	AG45-49M	01:30:49	+31:17 07:34
8	3	Carlos Jorge Gomes Araujo	CrossLiberty	AG45-49M	01:32:41	+33:09 07:43
9	17	Viktor Strelbitskiy	Individual	AG45-49M	01:34:09	+34:37 07:51
10	220	Fernando Dias	BemMeQuero	AG45-49M	01:34:58	+35:26 07:55

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12 KM

OFFICIAL RESULT

11	326	Luís Vieira	Funmovers	AG45-49M	02:03:09	+01:03:36	10:16
12	231	Roberto Azevedo	Carvalho e Azevedo	AG45-49M	02:11:38	+01:12:06	10:58
13	444	Miguel Pereira	SundayWorkout	AG45-49M	02:16:06	+01:16:34	11:21
14	295	Paulo Araujo	CrossLiberty	AG45-49M	02:16:53	+01:17:20	11:24
15	497	António Miguel Pereira Carvalho	TEAM Personal Training	AG45-49M	02:19:38	+01:20:06	11:38
16	390	Joel Ribeiro	INMOVE TEAM	AG45-49M	02:24:54	+01:25:22	12:05
17	376	Ângelo Rafael Duarte Simões	Individual	AG45-49M	02:31:13	+01:31:41	12:36
18	302	Manuel Magalhães	Factory hit	AG45-49M	02:32:41	+01:33:09	12:43
19	491	Hugo Manuel Dias Torres	Topo Trainer	AG45-49M	02:35:11	+01:35:38	12:56
20	414	Daniel Gustavo Moreira Oliveira	OCR4500	AG45-49M	02:35:48	+01:36:16	12:59
21	474	Nuno Leitão	TEAM Personal Training	AG45-49M	02:36:01	+01:36:29	13:00
22	294	Gilberto Sousa	CrossLiberty	AG45-49M	03:02:55	+02:03:22	15:15

1	328	ARMANDINA TORRES	GDCTINCM	AG50-54F	01:59:22	09:57
2	266	Ana Cecília Soares Martins Mazzetti	CFARENA- BRAGA	AG50-54F	02:18:18	+18:55 11:31
3	436	Céu Taveira	Sem limites	AG50-54F	02:21:42	+22:19 11:48
4	480	Claudia cristina S. A. Campos	Team Tainadas	AG50-54F	02:39:03	+39:40 13:15
5	267	Fátima Gonçalves	CFARENA- BRAGA	AG50-54F	03:12:22	+01:12:59 16:02

1	34	Armindo Santos	Pegasus OCR ProTeam	AG50-54M	01:21:17		06:46
2	222	Abel Viegas	BemMeQuero	AG50-54M	01:28:30	+07:13	07:23
3	268	Manuel Fernando Dias Vilas Boas	CFARENA- BRAGA	AG50-54M	01:34:38	+13:20	07:53
4	18	Eurico Pedro	Individual	AG50-54M	01:39:26	+18:09	08:17
5	476	Mário Gomes	TEAM Personal Training	AG50-54M	01:58:12	+36:55	09:51
6	329	Antonio Machado	GDCTINCM	AG50-54M	01:59:21	+38:04	09:57
7	475	António Fernandes	TEAM Personal Training	AG50-54M	02:07:20	+46:02	10:37

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5 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:35	--	--
End	10:58	--	--

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5 KM

OFFICIAL RESULT

17	629	Fábio Silva	INMOVE TEAM	Elite Masculino	01:02:41	+25:07	12:32
18	630	Rui Silva	INMOVE TEAM	Elite Masculino	01:02:44	+25:10	12:33
19	633	Diogo Lopes	Lagoas Team	Elite Masculino	01:03:16	+25:42	12:39
20	634	Jorge Guimarães	Lagoas Team	Elite Masculino	01:03:39	+26:05	12:44
21	650	Sergio Gomes	Os iluminados	Elite Masculino	01:22:59	+45:25	16:36
22	649	Pedro Miguel da Silva Pinto	Os iluminados	Elite Masculino	01:23:12	+45:38	16:38
23	648	Leandro Rodrigues	Os iluminados	Elite Masculino	01:23:17	+45:43	16:39
24	647	Francisco Paiva	Os iluminados	Elite Masculino	01:23:23	+45:49	16:41