

20 KM - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	17,6°C	81%
End	12:35	21.3°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	439	Nuno Lopes	ufci comercio e industria	Veterano M35	01:06:10		03:19
2	438	Bruno Santos	ufci comercio e industria	Veterano M35	01:08:47	+02:36	03:26
3	132	Rui alves	gdc guilhovai	Senior Masculino	01:08:58	+02:48	03:27
4	135	VICTOR CERQUEIRA	gdrc ponterrolense	Senior Masculino	01:09:20	+03:09	03:28
5	88	Ricardo Gomes	cdc santiago	Veterano M40	01:10:41	+04:30	03:32
6	100	Jesus Oliveira	clube desportivo em movimento	Veterano M35	01:12:07	+05:56	03:36
7	101	Luís Rufino	clube desportivo em movimento	Veterano M40	01:12:52	+06:41	03:39
8	338	Luís Baço	individual	Veterano M50	01:13:02	+06:51	03:39
9	251	Luis Machado	individual	Veterano M35	01:13:31	+07:20	03:41
10	437	Ricardo Filipe	ufci comercio e industria	Senior Masculino	01:13:36	+07:25	03:41
11	85	Júlio Finote	ccd sintrense	Veterano M55	01:13:42	+07:31	03:41
12	455	Francisco Da Silva Nunes Freire Gameiro	individual	Veterano M40	01:13:43	+07:33	03:41
13	312	Ricardo Parada	individual	Veterano M45	01:14:00	+07:49	03:42
14	384	Tiago Oliveira	juventude desportiva almansor	Senior Masculino	01:14:24	+08:14	03:43
15	3	David Alfiate	associação 20kms de almeirim	Veterano M40	01:14:45	+08:34	03:44
16	174	Diogo Peseiro	individual	Senior Masculino	01:14:58	+08:47	03:45
17	94	Nuno Pires	club união idanehense	Veterano M40	01:15:24	+09:13	03:46
18	416	Vitor Rito	running espinho	Veterano M40	01:15:48	+09:37	03:47
19	65	Jorge Aires	ca barreira	Veterano M50	01:16:20	+10:10	03:49
20	64	Nilton Silva	ca barreira	Veterano M45	01:16:27	+10:17	03:49
21	460	Nuno Santos	grf-benedita-atletismo	Veterano M45	01:16:40	+10:29	03:50
22	138	Helder Rebelo	grd os fixes	Veterano M55	01:16:44	+10:33	03:50
23	134	Emanuel Diogo	gdc portos de sines e do algarve	Veterano M35	01:16:56	+10:45	03:51
24	442	FERNANDO PEREIRA	vizela corre	Veterano M55	01:17:00	+10:49	03:51
25	193	Manuel Roque	individual	Senior Masculino	01:17:10	+10:59	03:52
26	42	Tiago Andrónico	associação desportiva cultural e recreativa de paço dos negros	Veterano M35	01:17:17	+11:06	03:52
27	121	Sérgio Batalha	cua benaventense - 3b triatlo	Veterano M55	01:17:30	+11:19	03:53
28	441	Filipe José Carvalho Correia	vfc - vitória futebol clube	Veterano M40	01:17:45	+11:34	03:53
29	395	Nuno Silva	madrugas de almeirim running team	Veterano M40	01:17:50	+11:39	03:54
30	387	José Carlos Camacho	linda-a-pastora sporting clube	Veterano M35	01:18:23	+12:12	03:55
31	288	Vitor Parada	individual	Veterano M40	01:18:31	+12:21	03:56
32	270	Gonçalo Martins	individual	Veterano M40	01:18:50	+12:39	03:57
33	399	Gonçalo Roque	madrugas de almeirim running team	Veterano M50	01:19:14	+13:03	03:58
34	108	RICARDO JORGE	clube novobanco	Veterano M45	01:20:09	+13:58	04:00
35	7	João Mota	associação 20kms de almeirim	Veterano M50	01:20:13	+14:02	04:01
36	335	Jorge Correia	individual	Veterano M50	01:20:26	+14:15	04:01
37	125	Samuel Eugénio	diabetes team portugal	Veterano M50	01:20:37	+14:27	04:02
38	1	Filipe Torres	associação 20kms de almeirim	Veterano M40	01:21:01	+14:50	04:03
39	414	Ricardo Costa	runners carregal do sal	Veterano M45	01:21:07	+14:57	04:03
40	72	Davide Oliveira	casa do benfica de reguengos de monsaraz	Veterano M45	01:21:53	+15:42	04:06

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	271	Hugo Loureiro	individual	Veterano M40	01:22:06	+15:55	04:06
42	239	Duarte Reis	individual	Veterano M35	01:22:10	+15:59	04:07
43	71	José Carlos Marques Durão	casa benfica abrantas	Veterano M60	01:22:11	+16:00	04:07
44	241	Filipe Patrício	individual	Veterano M35	01:22:12	+16:01	04:07
45	303	MIGUEL VASCO QUINTAS FERNANDES	individual	Veterano M45	01:22:14	+16:03	04:07
46	102	Ricardo Silva	clube desportivo em movimento	Senior Masculino	01:22:17	+16:06	04:07
47	240	Fábio Silva	individual	Veterano M35	01:22:31	+16:20	04:08
48	19	PEDRO FERREIRA	ac vermoil	Veterano M50	01:22:33	+16:23	04:08
49	392	António Oliveira	lizrunners	Veterano M40	01:22:37	+16:26	04:08
50	394	Diogo Jerónimo	madrugas de almeirim running team	Senior Masculino	01:22:38	+16:27	04:08
51	292	Carlo Almeida	individual	Veterano M45	01:22:42	+16:31	04:08
52	63	Filipe Serrario	ca barreira	Veterano M40	01:22:44	+16:33	04:08
53	165	Rita Furtado	individual	Senior Feminino	01:22:51	+16:40	04:09
54	256	Tiago Cardoso	individual	Veterano M35	01:23:26	+17:15	04:10
55	59	Bruno Fidalgo	c.d. "os águias" de alpiarça	Veterano M40	01:23:41	+17:30	04:11
56	431	Hugo Matos	tramagal sport união	Veterano M40	01:23:50	+17:39	04:12
57	10	Alexandre Diniz	associação 20kms de almeirim	Veterano M40	01:24:17	+18:07	04:13
58	443	Alexandre Ferreira	vizela corre	Veterano M60	01:24:29	+18:18	04:13
59	184	Guilherme Frazão	individual	Senior Masculino	01:24:39	+18:28	04:14
60	194	Micael Agostinho	individual	Senior Masculino	01:24:41	+18:30	04:14
61	430	Gonçalo Lopes	tramagal sport união	Veterano M40	01:25:09	+18:58	04:15
62	203	Ricardo Santos	individual	Senior Masculino	01:26:15	+20:04	04:19
63	329	Dinis Prudencio	individual	Veterano M50	01:26:18	+20:08	04:19
64	330	Filipe Oliveira	individual	Veterano M50	01:26:36	+20:25	04:20
65	423	Luis Silva	sl besuntas	Veterano M40	01:26:45	+20:34	04:20
66	342	Luís Santos	individual	Veterano M50	01:27:03	+20:52	04:21
67	5	Rodrigo Galão	associação 20kms de almeirim	Veterano M40	01:27:11	+21:00	04:22
68	353	Rui galinha	individual	Veterano M50	01:27:13	+21:02	04:22
69	95	José Cruz	club união idanehense	Veterano M50	01:27:14	+21:03	04:22
70	61	José David	c.d. "os águias" de alpiarça	Veterano M45	01:27:24	+21:13	04:22
71	410	Luís Fabiano Lucas Abreu	rodoeste lda.	Senior Masculino	01:27:39	+21:28	04:23
72	452	Hugo Barreto	individual	Veterano M40	01:27:45	+21:34	04:23
73	226	DULCINEA SILVA	individual	Veterana F50	01:27:54	+21:43	04:24
74	96	José Fernandes	club união idanehense	Veterano M65	01:27:59	+21:48	04:24
75	107	ROMÃO MOTA	clube novobanco	Veterano M35	01:28:08	+21:57	04:24
76	349	PAULO ROQUE	individual	Veterano M50	01:28:10	+21:59	04:25
77	401	Antonio Miguel Mindrico Pereira	madrugas de almeirim running team	Veterano M55	01:28:21	+22:10	04:25
78	432	Antonio Manuel Bernardino Ribeiro	tramagal sport união	Veterano M45	01:28:30	+22:19	04:26
79	20	Pedro Azeitona	acportalegre/utsm	Veterano M45	01:28:46	+22:35	04:26
80	287	Telmo Nogueira	individual	Veterano M40	01:29:04	+22:53	04:27
81	417	Francisco Manuel Santos Cunha	runriver-escola de atletismo de rio tinto	Veterano M35	01:29:21	+23:10	04:28
82	320	Valdemar Ferreira	individual	Veterano M45	01:29:35	+23:24	04:29
83	154	Mário Rui Seabra	grupo recreativo janz e associados	Veterano M50	01:29:35	+23:25	04:29

20 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO -

Official Timekeeper: Lap2Go	3 / 10	generate 26-out.-2025 12:35
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20 KM

OFFICIAL RESULT

ON - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	4 / 10	generate 26-out.-2025 12:35
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20 KM - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	24	Filipe branco	alcobela	Veterano M55	01:40:49	+34:38	05:02
170	55	Telma Azevedo	brigada das 6h30m	Veterana F35	01:40:57	+34:46	05:03
171	103	Tó Grunho	clube desportivo em movimento	Veterano M45	01:40:58	+34:47	05:03
172	164	Marta Pombeiro	individual	Senior Feminino	01:40:59	+34:48	05:03
173	454	Francisco Pombas	individual	Senior Masculino	01:41:04	+34:53	05:03
174	143	José Gonçalves	grupo alegre unido bajouca	Veterano M55	01:41:11	+35:00	05:04
175	310	Pedro Ramos	individual	Veterano M45	01:41:32	+35:22	05:05
176	28	Aníbal Godinho	aníbal godinho trail team	Veterano M60	01:41:34	+35:23	05:05
177	305	Nuno Neves	individual	Veterano M45	01:41:42	+35:32	05:05
178	315	Rui Gomes	individual	Veterano M45	01:42:03	+35:52	05:06
179	282	Pedro Pinhão	individual	Veterano M40	01:42:10	+35:59	05:07
180	218	Raquel Sá	individual	Veterana F40	01:42:17	+36:06	05:07
181	137	Fernando Marques	gm team	Veterano M55	01:42:23	+36:12	05:07
182	136	José Marques	gm team	Senior Masculino	01:42:25	+36:14	05:07
183	180	Francisco Ramos	individual	Senior Masculino	01:42:26	+36:15	05:07
184	151	Ângelo Manuel Branco Mendes	grupo desportivo os amarelos	Veterano M50	01:42:29	+36:18	05:07
185	128	João Gregório	ey runners	Veterano M45	01:42:43	+36:32	05:08
186	223	LINA MATEUS	individual	Veterana F45	01:42:52	+36:42	05:09
187	188	Joao Campos	individual	Senior Masculino	01:43:24	+37:13	05:10
188	48	Joao Fernandes	beja	Veterano M40	01:43:35	+37:24	05:11
189	162	Mariana Ferreira	individual	Senior Feminino	01:43:37	+37:26	05:11
190	196	Miguel Frazão	individual	Senior Masculino	01:43:39	+37:28	05:11
191	294	David Jerónimo	individual	Veterano M45	01:43:59	+37:48	05:12
192	155	Daniela Justino	individual	Senior Feminino	01:44:09	+37:58	05:12
193	235	André Miguel Rosa Ferreira	individual	Veterano M35	01:44:09	+37:58	05:12
194	265	David Martinho	individual	Veterano M40	01:44:20	+38:09	05:13
195	323	Andre Silva	individual	Veterano M50	01:44:22	+38:11	05:13
196	352	Pedro santos	individual	Veterano M50	01:44:23	+38:12	05:13
197	370	joao braz	individual	Veterano M60	01:44:24	+38:13	05:13
198	53	Carlos Mestrinho	bombeiros voluntários de montemor-o-novo	Veterano M50	01:44:35	+38:24	05:14
199	35	Nuno Marques	asas nos pés	Veterano M50	01:45:17	+39:06	05:16
200	346	Miguel Loureiro	individual	Veterano M50	01:45:18	+39:08	05:16
201	272	ilisito Ferreira	individual	Veterano M40	01:45:22	+39:11	05:16
202	422	Francisco Zambujo	singarunners	Veterano M45	01:45:29	+39:18	05:16
203	340	Luís Fino	individual	Veterano M50	01:45:31	+39:21	05:17
204	321	Vasco Miguel Carvalho	individual	Veterano M45	01:45:44	+39:33	05:17
205	336	Jorge Ferreira	individual	Veterano M50	01:45:46	+39:35	05:17
206	14	Rodrigo Silva	associação 20kms de almeirim	Senior Masculino	01:45:48	+39:37	05:17
207	99	José Luís	clube desportivo de mafra	Veterano M50	01:45:51	+39:40	05:18
208	351	pedro miguel monteiro	individual	Veterano M50	01:45:53	+39:42	05:18
209	170	Bernardo Camões Brites	individual	Senior Masculino	01:46:05	+39:54	05:18
210	167	Afonso Francisco	individual	Senior Masculino	01:46:09	+39:59	05:18
211	363	José Bonito	individual	Veterano M55	01:46:19	+40:08	05:19
212	456	Tiago Santos	cdrconcavadarunning	Veterano M40	01:46:36	+40:25	05:20
213	113	Narciso Garcia Simões Arromba	cluve	Veterano M65	01:46:58	+40:48	05:21

20 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
214	379	João Carvalho Jacinto	individual	Veterano M65	01:47:00	+40:49	05:21
215	326	Artur Gonçalves	individual	Veterano M50	01:47:01	+40:50	05:21
216	149	Vitor Silva	grupo desportivo limpeza urbana	Veterano M55	01:47:01	+40:50	05:21
217	436	Caua Nunes	ufci comercio e industria	Senior Masculino	01:47:10	+40:59	05:22
218	253	Marco Santos	individual	Veterano M35	01:47:31	+41:20	05:23
219	31	Diogo Agostinho	apanha-me se puderes	Veterano M35	01:47:41	+41:30	05:23
220	30	Pedro Sanfona	apanha-me se puderes	Senior Masculino	01:47:42	+41:32	05:23
221	260	André Pinela	individual	Veterano M40	01:47:45	+41:35	05:23
222	281	Paulo Lourenço	individual	Veterano M40	01:47:48	+41:37	05:23
223	386	Ana Frutuoso	linda-a-pastora sporting clube	Veterana F50	01:47:53	+41:42	05:24
224	242	Filipe Rito	individual	Veterano M35	01:47:54	+41:43	05:24
225	237	André Rodrigues	individual	Veterano M35	01:47:59	+41:48	05:24
226	146	Diogo Silva	grupo desportivo limpeza urbana	Senior Masculino	01:47:59	+41:48	05:24
227	144	Sandra Jerónimo	grupo desportivo da parreira	Veterana F40	01:48:05	+41:54	05:24
228	145	Pedro Oliveira	grupo desportivo da parreira	Veterano M35	01:48:06	+41:55	05:24
229	245	João Gameiro	individual	Veterano M35	01:48:15	+42:04	05:25
230	152	Pedro Correia	grupo desportivo os amarelos	Veterano M50	01:48:26	+42:15	05:25
231	200	Ricardo Aniceto	individual	Senior Masculino	01:48:32	+42:21	05:26
232	44	Rodrigo Galo	barca delta	Veterano M40	01:48:50	+42:39	05:27
233	89	Ricardo Silva Ferreira	cdes – clube desportivo escola de santana	Senior Masculino	01:48:54	+42:43	05:27
234	276	Miguel Alexandre carrapato	individual	Veterano M40	01:49:05	+42:54	05:27
235	37	Dina Mota	associação de atletismo lebres do sado	Veterana F55	01:49:09	+42:59	05:27
236	259	Alexandre Palmeiro	individual	Veterano M40	01:49:11	+43:00	05:28
237	451	Petru Cesenco	individual	Veterano M50	01:49:12	+43:01	05:28
238	356	Carlos Peso	individual	Veterano M55	01:49:15	+43:05	05:28
239	299	José Paulino	individual	Veterano M45	01:49:17	+43:06	05:28
240	231	Graça Roldão	individual	Veterana F60	01:49:17	+43:06	05:28
241	187	João Aniceto	individual	Senior Masculino	01:49:22	+43:11	05:28
242	160	Mafalda Matos	individual	Senior Feminino	01:49:25	+43:14	05:28
243	159	LARA LUCIA HENRIQUES BATATA	individual	Senior Feminino	01:49:33	+43:22	05:29
244	390	Rui Lacerda	linda-a-pastora sporting clube	Veterano M50	01:49:47	+43:36	05:29
245	229	Gracinda Fernandes	individual	Veterana F55	01:49:48	+43:37	05:29
246	415	Mario Rui Dias	running espinho	Veterano M40	01:50:00	+43:49	05:30
247	357	João António Sousa Rodrigues	individual	Veterano M55	01:50:03	+43:52	05:30
248	293	Carlos Melo	individual	Veterano M45	01:50:09	+43:58	05:30
249	406	Mário Alberto Moreira de Almeida	peniche a correr	Veterano M40	01:50:14	+44:03	05:31
250	284	Rui Lopes Pedro	individual	Veterano M40	01:50:17	+44:07	05:31
251	122	Blisa Simao	desafios positivos d+	Veterana F40	01:50:52	+44:41	05:33
252	124	João Paveia	desafios positivos d+	Veterano M45	01:50:55	+44:44	05:33
253	106	ISABEL ANTUNES	clube novobanco	Veterana F50	01:51:00	+44:49	05:33
254	291	Antonio Fonseca	individual	Veterano M45	01:51:00	+44:50	05:33
255	333	João Pedro Costa	individual	Veterano M50	01:51:05	+44:55	05:33
256	227	Stephanie Tibourtine	individual	Veterana F50	01:51:13	+45:02	05:34
257	354	Rui Pataca	individual	Veterano M50	01:51:14	+45:03	05:34

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
258	380	João Moura	individual	Veterano M65	01:51:57	+45:46	05:36
259	215	Magda Vieira	individual	Veterana F40	01:52:01	+45:50	05:36
260	120	Luís Andrade	cua benaventense - 3b triatlo	Veterano M40	01:52:01	+45:50	05:36
261	119	Daniel Falcão	cua benaventense - 3b triatlo	Veterano M40	01:52:01	+45:50	05:36
262	307	Nuno Rouxinol	individual	Veterano M45	01:52:03	+45:53	05:36
263	175	Eduardo Miguel Ramos ferreiraeduardo.mr@gmail.com	individual	Senior Masculino	01:52:27	+46:16	05:37
264	332	João Paulo Caniço Lopes Rafael	individual	Veterano M50	01:52:27	+46:17	05:37
265	208	Tomas Caetano	individual	Senior Masculino	01:52:31	+46:20	05:38
266	377	Eugénio Pisco	individual	Veterano M65	01:52:35	+46:24	05:38
267	156	Inês Lopes	individual	Senior Feminino	01:53:08	+46:57	05:39
268	421	Vanda Parreira	singarunners	Veterana F45	01:53:08	+46:57	05:39
269	369	Fernando Fonseca	individual	Veterano M60	01:53:09	+46:59	05:39
270	434	Sérgio Arcanjo Sota	trilhos de viana	Veterano M55	01:53:36	+47:25	05:41
271	34	Carlos Ipe	asas nos pés	Veterano M45	01:53:40	+47:29	05:41
272	148	Nuno Costa	grupo desportivo limpeza urbana	Veterano M50	01:53:53	+47:42	05:42
273	13	Rui Marques	associação 20kms de almeirim	Veterano M50	01:53:59	+47:48	05:42
274	67	VÍTOR AMADO	ca vale figueira	Veterano M65	01:54:20	+48:09	05:43
275	311	Ricardo Flores	individual	Veterano M45	01:54:37	+48:26	05:44
276	277	Miguel Petisca	individual	Veterano M40	01:55:03	+48:52	05:45
277	114	Cláudia Pepe	correr em Évora	Veterana F50	01:55:08	+48:57	05:45
278	115	Rui Santos	correr em Évora	Veterano M50	01:55:08	+48:58	05:45
279	221	Tânia Sofia Oliveira Prates	individual	Veterana F40	01:55:31	+49:20	05:47
280	368	CARLOS MIRA	individual	Veterano M60	01:55:33	+49:22	05:47
281	182	Gonçalo Carrasco	individual	Senior Masculino	01:55:35	+49:24	05:47
282	176	Felipe Botelho	individual	Senior Masculino	01:55:37	+49:26	05:47
283	56	Ivanildo Oliveira	brigada do reumático	Veterano M50	01:55:52	+49:41	05:48
284	68	Vitor Domingos	calma tomar	Veterano M50	01:55:59	+49:48	05:48
285	111	JORGE MONTEIRO	clube novobanco	Veterano M55	01:56:20	+50:09	05:49
286	429	Tânia Santo	tramagal sport união	Veterana F40	01:56:27	+50:17	05:49
287	283	Ricardo Manuel Dias da Silva	individual	Veterano M40	01:56:28	+50:17	05:49
288	213	Joana Frazão	individual	Veterana F40	01:57:02	+50:51	05:51
289	383	Vitor Moraes	individual	Veterano M65	01:57:06	+50:56	05:51
290	11	António Cavaleiro	associação 20kms de almeirim	Veterano M35	01:57:09	+50:58	05:51
291	8	Ângela Apolinário	associação 20kms de almeirim	Veterana F40	01:57:13	+51:02	05:52
292	9	Ricardo Mesquita	associação 20kms de almeirim	Veterano M40	01:57:14	+51:03	05:52
293	378	Helder Fernandes	individual	Veterano M65	01:57:26	+51:15	05:52
294	263	Bruno Miguel Espada Félix	individual	Veterano M40	01:57:31	+51:20	05:53
295	318	Sérgio Filipe Esteves Joaquim	individual	Veterano M45	01:57:54	+51:44	05:54
296	186	João Afonso Fulgêncio Rafael	individual	Senior Masculino	01:57:58	+51:48	05:54
297	70	André Filipe Henrique Ferreira	caracol trail team	Veterano M40	01:58:31	+52:20	05:56
298	69	Elisabete Lopes Mateus	caracol trail team	Veterana F40	01:58:31	+52:20	05:56
299	217	Patrícia Machado	individual	Veterana F40	01:58:41	+52:30	05:56
300	76	André Ginó	casa do benfica em algueirão mem martins	Veterano M35	01:58:42	+52:31	05:56
301	183	Guilherme Caldeira	individual	Senior Masculino	01:58:46	+52:35	05:56

20 KM - STAGE 1

20 KM

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OFFICIAL RESULT

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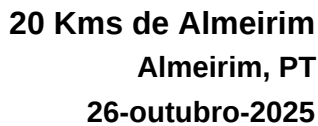
RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
302	49	Patrícia Prates	bombeiros voluntários de montemor-o-novo	Senior Feminino	01:59:00	+52:49	05:57
303	444	Fabício Vieira Dias	individual	Senior Masculino	01:59:12	+53:01	05:58
304	224	Sofia Almeida	individual	Veterana F45	01:59:30	+53:19	05:59
305	367	António Moreira	individual	Veterano M60	01:59:48	+53:37	05:59
306	126	Rita Palma	dream runners évorá	Veterana F55	01:59:54	+53:43	06:00
307	385	Filipe Texeira	linda-a-pastora sporting clube	Senior Masculino	02:00:07	+53:56	06:00
308	391	Carlos Barrento	linda-a-pastora sporting clube	Veterano M60	02:00:07	+53:56	06:00
309	12	Carina Inácio	associação 20kms de almeirim	Veterana F40	02:00:13	+54:02	06:01
310	78	Adalberto Grilo	casa do benfca em algueirão mem martins	Veterano M60	02:00:51	+54:41	06:03
311	74	Vera Toledo	casa do benfca em algueirão mem martins	Veterana F50	02:00:52	+54:41	06:03
312	449	Afonso Guimarães	individual	Veterano M35	02:01:11	+55:00	06:04
313	247	João Paulo Campos Mucamba	individual	Veterano M35	02:01:25	+55:14	06:04
314	207	Tiago Filipe da Silva Rebelo	individual	Senior Masculino	02:01:25	+55:14	06:04
315	161	Maria Gaspar	individual	Senior Feminino	02:02:08	+55:57	06:06
316	97	HUGO CARLOS MIRANDA BELO	clube bbva portugal	Veterano M45	02:02:28	+56:17	06:07
317	458	Cândida Ganchas	grf-benedita-atletismo	Veterana F50	02:02:28	+56:17	06:07
318	98	RUI MANUEL NUNES MENA	clube bbva portugal	Veterano M50	02:02:28	+56:17	06:07
319	43	Bruno Lino	associação desportiva lebres do sado	Veterano M50	02:02:58	+56:47	06:09
320	16	Pedro Figueiredo	a20kms - desportos de montanha	Veterano M40	02:03:08	+56:57	06:09
321	225	CARLA MIRA	individual	Veterana F50	02:03:44	+57:33	06:11
322	238	Bruno Miguel Silva Sousa	individual	Veterano M35	02:04:05	+57:54	06:12
323	92	Jorge Duarte	chester team	Veterano M50	02:04:26	+58:15	06:13
324	376	Carlos Garcia	individual	Veterano M65	02:04:26	+58:15	06:13
325	39	Paulo Mota	associação de atletismo lebres do sado	Veterano M55	02:04:34	+58:23	06:14
326	158	Joana Renata Nunes Rodrigues	individual	Senior Feminino	02:04:41	+58:30	06:14
327	210	Filipa Caleiro	individual	Veterana F35	02:05:01	+58:50	06:15
328	343	Luíz Chaveiro	individual	Veterano M50	02:05:34	+59:23	06:17
329	309	Pedro Miguel dos Santos Pinto	individual	Veterano M45	02:05:49	+59:39	06:17
330	447	Maria Latas	chamusca trail	Senior Feminino	02:05:50	+59:40	06:18
331	90	Bernardo Pereira	chamusca trail	Senior Masculino	02:05:50	+59:40	06:18
332	142	Anabela Fernandes	grupo alegre unido bajouca	Veterana F55	02:06:07	+59:56	06:18
333	212	Isabel Iopo	individual	Veterana F40	02:06:12	+01:00:01	06:19
334	375	antonio vaz de oliveira	individual	Veterano M65	02:06:36	+01:00:26	06:20
335	360	João Mário Justo Marques	individual	Veterano M55	02:06:57	+01:00:47	06:21
336	46	Luis Cabeça	barca delta	Veterano M60	02:07:21	+01:01:11	06:22
337	425	Sérgio Marques	tertúlia do reirão	Veterano M45	02:07:26	+01:01:15	06:22
338	264	Carlos Cardoso	individual	Veterano M40	02:08:39	+01:02:28	06:26
339	214	Mafalda Fortuna	individual	Veterana F40	02:08:50	+01:02:39	06:27
340	36	MARTA ALEXANDRA SILVA PALONGO	associação de atletismo lebres do sado	Veterana F40	02:08:50	+01:02:39	06:27
341	129	João Pereira	fitness factory almeirim	Senior Masculino	02:08:51	+01:02:40	06:27
342	86	Rita Maio	cd arneiro	Senior Feminino	02:09:29	+01:03:18	06:28
343	87	José Maio	cd arneiro	Veterano M60	02:09:31	+01:03:20	06:29

20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
344	47	Francisco nhassengo	beep beep barreiro road runners	Veterano M50	02:10:03	+01:03:52	06:30
345	38	Mafalda Sofia Ceia Nunes	associação de atletismo lebres do sado	Veterana F55	02:10:06	+01:03:55	06:30
346	91	Sara Ferreira	chamusca trail	Veterana F40	02:10:35	+01:04:24	06:32
347	195	Miguel Filipe de Azevedo Simas Rafael	individual	Senior Masculino	02:11:03	+01:04:52	06:33
348	267	Francisco Barata	individual	Veterano M40	02:11:03	+01:04:52	06:33
349	169	Afonso Teixeira Duarte	individual	Senior Masculino	02:12:32	+01:06:22	06:38
350	230	Maria Odete Cardoso da Cruz	individual	Veterana F55	02:12:42	+01:06:31	06:38
351	411	Manuel Paulo	run2finish.pt	Veterano M65	02:14:18	+01:08:07	06:43
352	157	Joana Filipa Almeida de Sà	individual	Senior Feminino	02:14:21	+01:08:11	06:43
353	104	RICARDO JORGE RODRIGUES MATOS	clube millennium bcp	Senior Masculino	02:15:06	+01:08:55	06:45
354	433	Paulo Ribeiro	trilho dos cágados	Veterano M55	02:16:19	+01:10:08	06:49
355	382	MARIO PIRES	individual	Veterano M65	02:16:28	+01:10:17	06:49
356	216	Mariana Diniz	individual	Veterana F40	02:17:08	+01:10:57	06:51
357	219	Raquel Santos	individual	Veterana F40	02:20:56	+01:14:45	07:03
358	80	Joaquim M'ónica	casa do benfica em algueirão mem martins	Veterano M65	02:20:57	+01:14:46	07:03
359	381	LUIS MOURA	individual	Veterano M65	02:23:25	+01:17:15	07:10
360	374	Vitor Manuel Ferreira Prata	individual	Veterano M60	02:25:06	+01:18:56	07:15
361	57	Paula Barroso	c.d. "os águias" de alpiarça	Veterana F45	02:27:54	+01:21:43	07:24
362	191	Lucas Rodrigues	individual	Senior Masculino	02:28:34	+01:22:23	07:26
363	50	Yadira Marmol	bombeiros voluntários de montemor-o-novo	Senior Feminino	02:30:35	+01:24:25	07:32
364	141	Lucio Alberto Bicho Silva	grupo desportivo santander totta	Veterano M55	02:35:11	+01:29:00	07:46

BIB	NOTE	NAME	TEAM	CAT
6	DQ	Gabriel Almeida	Associação 20Kms de Almeirim	Veterano M45
15	DQ	João Madeira	A20kms - Desportos de Montanha	Veterano M35
77	DQ	Nuno Rafael	Casa do Benfica em Algueirão Mem Martins	Veterano M45
166	DQ	Afonso Ferreira	Individual	Senior Masculino
189	DQ	João Freire	Individual	Senior Masculino
232	DQ	Maria de fátima b.v. oliveira	Individual	Veterana F60
246	DQ	Joao Miguel Gomes da Silva	Individual	Veterano M35
304	DQ	Nuno Lopes	Individual	Veterano M45
328	DQ	César Gomes	Individual	Veterano M50
348	DQ	Nuno Miguel Santos	Individual	Veterano M50
359	DQ	João José Mendes Moreira Venâncio	Individual	Veterano M55
407	DQ	Rui Santos	PÓLO AQUÁTICO Nº11	Veterano M45
408	DQ	Joana Domingues	RexRunners	Senior Feminino
409	DQ	João Venâncio	RexRunners	Senior Masculino
426	DQ	Tiago Rosa	Thomar Athletics	Veterano M40
32	DNF	Diogo Narciso	ARCD MENDIGA	Veterano M35
140	DNF	Jorge Miguel Azenha Bernardo	Grupo Desportivo Santander Totta	Veterano M50
163	DNF	Marta Peseiro	Individual	Senior Feminino
228	DNF	Aurora Amaro	Individual	Veterana F55
337	DNF	JOSÉ BRANCO	Individual	Veterano M50



20 KM

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Official Timekeeper: Lap2Go	10 / 10	generate 26-out.-2025 12:35
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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:00	17,6°C	81%
End	12:35	21,3°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	165	Rita Furtado	Individual	Senior Feminino	01:22:51	+16:40	04:09
2	428	Alexandra Simão	Tramagal Sport União	Senior Feminino	01:38:36	+32:25	04:56
3	164	Marta Pombeiro	Individual	Senior Feminino	01:40:59	+34:48	05:03
4	162	Mariana Ferreira	Individual	Senior Feminino	01:43:37	+37:26	05:11
5	155	Daniela Justino	Individual	Senior Feminino	01:44:09	+37:58	05:12
6	160	Mafalda Matos	Individual	Senior Feminino	01:49:25	+43:14	05:28
7	159	LARA LUCIA HENRIQUES BATATA	Individual	Senior Feminino	01:49:33	+43:22	05:29
8	156	Inês Lopes	Individual	Senior Feminino	01:53:08	+46:57	05:39
9	49	Patrícia Prates	Bombeiros Voluntários De Montemor-O-Novo	Senior Feminino	01:59:00	+52:49	05:57
10	161	Maria Gaspar	Individual	Senior Feminino	02:02:08	+55:57	06:06
11	158	Joana Renata Nunes Rodrigues	Individual	Senior Feminino	02:04:41	+58:30	06:14
12	447	Maria Latas	Chamusca Trail	Senior Feminino	02:05:50	+59:40	06:18
13	86	Rita Maio	CD ARNEIRO	Senior Feminino	02:09:29	+01:03:18	06:28
14	157	Joana Filipa Almeida de Sá	Individual	Senior Feminino	02:14:21	+01:08:11	06:43
15	50	Yadira Marmol	Bombeiros Voluntários De Montemor-O-Novo	Senior Feminino	02:30:35	+01:24:25	07:32

Senior Masculino

1	132	Rui alves	GDC Guilhovai	Senior Masculino	01:08:58	+02:48	03:27:48
2	135	VICTOR CERQUEIRA	GDRC Ponterrolense	Senior Masculino	01:09:20	+03:09	03:28:09
3	437	Ricardo Filipe	UFCI COMERCIO E INDUSTRIA	Senior Masculino	01:13:36	+07:25	03:41:25
4	384	Tiago Oliveira	Juventude Desportiva Almansor	Senior Masculino	01:14:24	+08:14	03:43:14
5	174	Diogo Peseiro	Individual	Senior Masculino	01:14:58	+08:47	03:45:47
6	193	Manuel Roque	Individual	Senior Masculino	01:17:10	+10:59	03:52:59
7	102	Ricardo Silva	Clube Desportivo em Movimento	Senior Masculino	01:22:17	+16:06	04:07:06
8	394	Diogo Jerónimo	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:22:38	+16:27	04:08:27
9	184	Guilherme Frazão	Individual	Senior Masculino	01:24:39	+18:28	04:14:28
10	194	Micael Agostinho	Individual	Senior Masculino	01:24:41	+18:30	04:14:30
11	203	Ricardo Santos	Individual	Senior Masculino	01:26:15	+20:04	04:19:04
12	410	Luís Fabiano Lucas Abreu	Rodoeste Lda.	Senior Masculino	01:27:39	+21:28	04:23:28
13	150	Miguel Moreno	Grupo Desportivo Os Amarelos	Senior Masculino	01:30:48	+24:38	04:32:38
14	209	Tomás Rosado	Individual	Senior Masculino	01:31:01	+24:50	04:33:50
15	419	Leonardo Aniceto	S.R.Camarnal	Senior Masculino	01:31:08	+24:58	04:33:58
16	171	Daniel Macatrão	Individual	Senior Masculino	01:32:06	+25:55	04:36:55
17	51	André Santos	Bombeiros Voluntários De Montemor-O-Novo	Senior Masculino	01:32:19	+26:08	04:37:08
18	179	Filipe Paixão	Individual	Senior Masculino	01:32:36	+26:26	04:38:26

Official Timekeeper: Lap2Go	1 / 10	generate 26-out.-2025 12:36
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19	190	José Loureiro	Individual	Senior Masculino	01:33:18	+27:08	04:40
20	199	Pedro Soveral Neto	Individual	Senior Masculino	01:34:02	+27:51	04:42
21	198	Miguel Soares Rento	Individual	Senior Masculino	01:35:08	+28:58	04:45
22	204	Rodrigo Guerreiro	Individual	Senior Masculino	01:35:50	+29:39	04:48
23	192	Luís Bento	Individual	Senior Masculino	01:36:03	+29:52	04:48
24	457	Bruno Carvalho	Individual	Senior Masculino	01:36:17	+30:06	04:49
25	41	Lucas Mira	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Senior Masculino	01:37:03	+30:52	04:51
26	420	João Santana	Singarunners	Senior Masculino	01:37:05	+30:54	04:51
27	178	Filipe Loureiro	Individual	Senior Masculino	01:37:22	+31:11	04:52
28	435	João Proença	Trilhos dos Templários / ACR Santa Cita	Senior Masculino	01:38:14	+32:03	04:55
29	181	Gonçalo Almeida	Individual	Senior Masculino	01:38:54	+32:44	04:57
30	168	Afonso Gonçalves	Individual	Senior Masculino	01:40:05	+33:54	05:00
31	454	Francisco Pombas	Individual	Senior Masculino	01:41:04	+34:53	05:03
32	136	José Marques	GM TEAM	Senior Masculino	01:42:25	+36:14	05:07
33	180	Francisco Ramos	Individual	Senior Masculino	01:42:26	+36:15	05:07
34	188	Joao Campos	Individual	Senior Masculino	01:43:24	+37:13	05:10
35	196	Miguel Frazão	Individual	Senior Masculino	01:43:39	+37:28	05:11
36	14	Rodrigo Silva	Associação 20Kms de Almeirim	Senior Masculino	01:45:48	+39:37	05:17
37	170	Bernardo Camões Brites	Individual	Senior Masculino	01:46:05	+39:54	05:18
38	167	Afonso Francisco	Individual	Senior Masculino	01:46:09	+39:59	05:18
39	436	Caua Nunes	UFCI COMERCIO E INDUSTRIA	Senior Masculino	01:47:10	+40:59	05:22
40	30	Pedro Sanfona	Apanha-me Se Puderem	Senior Masculino	01:47:42	+41:32	05:23
41	146	Diogo Silva	Grupo Desportivo Limpeza Urbana	Senior Masculino	01:47:59	+41:48	05:24
42	200	Ricardo Aniceto	Individual	Senior Masculino	01:48:32	+42:21	05:26
43	89	Ricardo Silva Ferreira	CDES – Clube Desportivo Escola de Santana	Senior Masculino	01:48:54	+42:43	05:27
44	187	João Aniceto	Individual	Senior Masculino	01:49:22	+43:11	05:28
45	175	Eduardo Miguel Ramos ferreiraeduardo.mr@gmail.com	Individual	Senior Masculino	01:52:27	+46:16	05:37
46	208	Tomas Caetano	Individual	Senior Masculino	01:52:31	+46:20	05:38
47	182	Gonçalo Carrasco	Individual	Senior Masculino	01:55:35	+49:24	05:47
48	176	Felipe Botelho	Individual	Senior Masculino	01:55:37	+49:26	05:47
49	186	João Afonso Fulgêncio Rafael	Individual	Senior Masculino	01:57:58	+51:48	05:54
50	183	Guilherme Caldeira	Individual	Senior Masculino	01:58:46	+52:35	05:56
51	444	Fabício Vieira Dias	Individual	Senior Masculino	01:59:12	+53:01	05:58
52	385	Filipe Texeiraira	Linda-A-Pastora Sporting Clube	Senior Masculino	02:00:07	+53:56	06:00
53	207	Tiago Filipe da Silva Rebelo	Individual	Senior Masculino	02:01:25	+55:14	06:04
54	90	Bernardo Pereira	Chamusca Trail	Senior Masculino	02:05:50	+59:40	06:18
55	129	João Pereira	Fitness Factory Almeirim	Senior Masculino	02:08:51	+01:02:40	06:27
56	195	Miguel Filipe de Azevedo Simas Rafael	Individual	Senior Masculino	02:11:03	+01:04:52	06:33
57	169	Afonso Teixeira Duarte	Individual	Senior Masculino	02:12:32	+01:06:22	06:38
58	104	RICARDO JORGE RODRIGUES MATOS	Clube Millennium BCP	Senior Masculino	02:15:06	+01:08:55	06:45
59	191	Lucas Rodrigues	Individual	Senior Masculino	02:28:34	+01:22:23	07:26

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20 Km

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Veterana F35

1	105	MONICA ALEXANDRA LOPES FERNANDES	Clube Millennium BCP	Veterana F35	01:39:36	+33:26	04:59
2	55	Telma Azevedo	Brigada das 6h30m	Veterana F35	01:40:57	+34:46	05:03
3	210	Filipa Caleiro	Individual	Veterana F35	02:05:01	+58:50	06:15

Veterana F40

1	118	Hélia Santos	CUA Benaventense - 3B Triatlo	Veterana F40	01:40:14	+34:03	05:01
2	218	Raquel Sá	Individual	Veterana F40	01:42:17	+36:06	05:07
3	144	Sandra Jerónimo	Grupo Desportivo da Parreira	Veterana F40	01:48:05	+41:54	05:24
4	122	Blisa Simao	Desafios Positivos D+	Veterana F40	01:50:52	+44:41	05:33
5	215	Magda Vieira	Individual	Veterana F40	01:52:01	+45:50	05:36
6	221	Tânia Sofia Oliveira Prates	Individual	Veterana F40	01:55:31	+49:20	05:47
7	429	Tânia Santo	Tramagal Sport União	Veterana F40	01:56:27	+50:17	05:49
8	213	Joana Frazão	Individual	Veterana F40	01:57:02	+50:51	05:51
9	8	Ângela Apolinário	Associação 20Kms de Almeirim	Veterana F40	01:57:13	+51:02	05:52
10	69	Elisabete Lopes Mateus	Caracol Trail Team	Veterana F40	01:58:31	+52:20	05:56
11	217	Patrícia Machado	Individual	Veterana F40	01:58:41	+52:30	05:56
12	12	Carina Inácio	Associação 20Kms de Almeirim	Veterana F40	02:00:13	+54:02	06:01
13	212	Isabel Iopo	Individual	Veterana F40	02:06:12	+01:00:01	06:19
14	214	Mafalda Fortuna	Individual	Veterana F40	02:08:50	+01:02:39	06:27
15	36	MARTA ALEXANDRA SILVA PALONGO	Associação de atletismo Lebres do sado	Veterana F40	02:08:50	+01:02:39	06:27
16	91	Sara Ferreira	Chamusca Trail	Veterana F40	02:10:35	+01:04:24	06:32
17	216	Mariana Diniz	Individual	Veterana F40	02:17:08	+01:10:57	06:51
18	219	Raquel Santos	Individual	Veterana F40	02:20:56	+01:14:45	07:03

Veterana F45

1	223	LINA MATEUS	Individual	Veterana F45	01:42:52	+36:42	05:09
2	421	Vanda Parreira	Singarunners	Veterana F45	01:53:08	+46:57	05:39
3	224	Sofia Almeida	Individual	Veterana F45	01:59:30	+53:19	05:59
4	57	Paula Barroso	C.D. "Os Águias" de Alpiarça	Veterana F45	02:27:54	+01:21:43	07:24

Veterana F50

1	226	DULCINEA SILVA	Individual	Veterana F50	01:27:54	+21:43	04:24
2	139	Carla Maria Bernardo Lavado Dias	Grupo Desportivo Santander Totta	Veterana F50	01:38:19	+32:08	04:55
3	386	Ana Frutuoso	Linda-A-Pastora Sporting Clube	Veterana F50	01:47:53	+41:42	05:24
4	106	ISABEL ANTUNES	Clube novobanco	Veterana F50	01:51:00	+44:49	05:33
5	227	Stephanie Tibourtine	Individual	Veterana F50	01:51:13	+45:02	05:34
6	114	Cláudia Pepe	Correr em Évora	Veterana F50	01:55:08	+48:57	05:45
7	74	Vera Toledo	Casa do Benfica em Algueirão Mem Martins	Veterana F50	02:00:52	+54:41	06:03

20 Km

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OFFICIAL RESULT

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8	458	Cândida Ganchas	Grf-Benedita-atletismo	Veterana F50	02:02:28	+56:17	06:07
9	225	CARLA MIRA	Individual	Veterana F50	02:03:44	+57:33	06:11

Veterana F55

1	26	ANA CLETO	Amigos do Atletismo Mafra	Veterana F55	01:35:18	+29:07	04:46
2	37	Dina Mota	Associação de atletismo Lebres do sado	Veterana F55	01:49:09	+42:59	05:27
3	229	Gracinda Fernandes	Individual	Veterana F55	01:49:48	+43:37	05:29
4	126	Rita Palma	Dream Runners Évora	Veterana F55	01:59:54	+53:43	06:00
5	142	Anabela Fernandes	Grupo Alegre Unido Bajouca	Veterana F55	02:06:07	+59:56	06:18
6	38	Mafalda Sofia Ceia Nunes	Associação de atletismo Lebres do sado	Veterana F55	02:10:06	+01:03:55	06:30
7	230	Maria Odete Cardoso da Cruz	Individual	Veterana F55	02:12:42	+01:06:31	06:38

Veterana F60

1	231	Graça Roldão	Individual	Veterana F60	01:49:17	+43:06	05:28
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Veterano M35

1	439	Nuno Lopes	UFCI COMERCIO E INDUSTRIA	Veterano M35	01:06:10	03:19
2	438	Bruno Santos	UFCI COMERCIO E INDUSTRIA	Veterano M35	01:08:47	+02:36 03:26
3	100	Jesus Oliveira	Clube Desportivo em Movimento	Veterano M35	01:12:07	+05:56 03:36
4	251	Luis Machado	Individual	Veterano M35	01:13:31	+07:20 03:41
5	134	Emanuel Diogo	GDC Portos de Sines e do Algarve	Veterano M35	01:16:56	+10:45 03:51
6	42	Tiago Andrónico	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterano M35	01:17:17	+11:06 03:52
7	387	José Carlos Camacho	Linda-A-Pastora Sporting Clube	Veterano M35	01:18:23	+12:12 03:55
8	239	Duarte Reis	Individual	Veterano M35	01:22:10	+15:59 04:07
9	241	Filipe Patrício	Individual	Veterano M35	01:22:12	+16:01 04:07
10	240	Fábio Silva	Individual	Veterano M35	01:22:31	+16:20 04:08
11	256	Tiago Cardoso	Individual	Veterano M35	01:23:26	+17:15 04:10
12	107	ROMÃO MOTA	Clube novobanco	Veterano M35	01:28:08	+21:57 04:24
13	417	Francisco Manuel Santos Cunha	Runriver-Escola de Atletismo de Rio Tinto	Veterano M35	01:29:21	+23:10 04:28
14	254	Pedro Fonseca	Individual	Veterano M35	01:29:44	+23:33 04:29
15	58	Bruno Cunha	C.D. "Os Águias" de Alpiarça	Veterano M35	01:31:48	+25:37 04:35
16	257	Tiago Gaspar	Individual	Veterano M35	01:35:01	+28:50 04:45
17	250	Luís Gregório	Individual	Veterano M35	01:38:07	+31:56 04:54
18	234	André Matias Jorge	Individual	Veterano M35	01:39:10	+32:59 04:58
19	255	Rui Lopes	Individual	Veterano M35	01:39:11	+33:00 04:58
20	235	André Miguel Rosa Ferreira	Individual	Veterano M35	01:44:09	+37:58 05:12
21	253	Marco Santos	Individual	Veterano M35	01:47:31	+41:20 05:23
22	31	Diogo Agostinho	Apanha-me Se Puderem	Veterano M35	01:47:41	+41:30 05:23
23	242	Filipe Rito	Individual	Veterano M35	01:47:54	+41:43 05:24

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20 Km

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24	237	André Rodrigues	Individual	Veterano M35	01:47:59	+41:48	05:24
25	145	Pedro Oliveira	Grupo Desportivo da Parreira	Veterano M35	01:48:06	+41:55	05:24
26	245	João Gameiro	Individual	Veterano M35	01:48:15	+42:04	05:25
27	11	António Cavaleiro	Associação 20Kms de Almeirim	Veterano M35	01:57:09	+50:58	05:51
28	76	André Ginó	Casa do Benfica em Algueirão Mem Martins	Veterano M35	01:58:42	+52:31	05:56
29	449	Afonso Guimarães	Individual	Veterano M35	02:01:11	+55:00	06:04
30	247	João Paulo Campos Mucamba	Individual	Veterano M35	02:01:25	+55:14	06:04
31	238	Bruno Miguel Silva Sousa	Individual	Veterano M35	02:04:05	+57:54	06:12

Veterano M40

1	88	Ricardo Gomes	CDC Santiago	Veterano M40	01:10:41	+04:30	03:32
2	101	Luís Rufino	Clube Desportivo em Movimento	Veterano M40	01:12:52	+06:41	03:39
3	455	Francisco Da Silva Nunes Freire Gameiro	Individual	Veterano M40	01:13:43	+07:33	03:41
4	3	David Alfaiate	Associação 20Kms de Almeirim	Veterano M40	01:14:45	+08:34	03:44
5	94	Nuno Pires	Club União Idanehense	Veterano M40	01:15:24	+09:13	03:46
6	416	Vitor Rito	RUNNING ESPINHO	Veterano M40	01:15:48	+09:37	03:47
7	441	Filipe José Carvalho Correia	VFC - Vitória Futebol Clube	Veterano M40	01:17:45	+11:34	03:53
8	395	Nuno Silva	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M40	01:17:50	+11:39	03:54
9	288	Vitor Parada	Individual	Veterano M40	01:18:31	+12:21	03:56
10	270	Gonçalo Martins	Individual	Veterano M40	01:18:50	+12:39	03:57
11	1	Filipe Torres	Associação 20Kms de Almeirim	Veterano M40	01:21:01	+14:50	04:03
12	271	Hugo Loureiro	Individual	Veterano M40	01:22:06	+15:55	04:06
13	392	António Oliveira	Lizrunners	Veterano M40	01:22:37	+16:26	04:08
14	63	Filipe Serrario	CA Barreira	Veterano M40	01:22:44	+16:33	04:08
15	59	Bruno Fidalgo	C.D. "Os Águias" de Alpiarça	Veterano M40	01:23:41	+17:30	04:11
16	431	Hugo Matos	Tramagal Sport União	Veterano M40	01:23:50	+17:39	04:12
17	10	Alexandre Diniz	Associação 20Kms de Almeirim	Veterano M40	01:24:17	+18:07	04:13
18	430	Gonçalo Lopes	Tramagal Sport União	Veterano M40	01:25:09	+18:58	04:15
19	423	Luis Silva	SL Besuntas	Veterano M40	01:26:45	+20:34	04:20
20	5	Rodrigo Galão	Associação 20Kms de Almeirim	Veterano M40	01:27:11	+21:00	04:22
21	452	Hugo Barreto	Individual	Veterano M40	01:27:45	+21:34	04:23
22	287	Telmo Nogueira	Individual	Veterano M40	01:29:04	+22:53	04:27
23	60	Bruno Raposeira	C.D. "Os Águias" de Alpiarça	Veterano M40	01:31:39	+25:28	04:35
24	261	Angelo Jesus	Individual	Veterano M40	01:32:13	+26:02	04:37
25	450	João Amante	Individual	Veterano M40	01:32:33	+26:22	04:38
26	269	Gil Almeida	Individual	Veterano M40	01:32:46	+26:35	04:38
27	404	Samuel Galveia	Navigator clube de Setúbal	Veterano M40	01:32:49	+26:38	04:38
28	274	Jorge VIEIRA	Individual	Veterano M40	01:33:33	+27:23	04:41
29	123	Igor Dias	Desafios Positivos D+	Veterano M40	01:35:06	+28:55	04:45
30	262	Bruno Lopes	Individual	Veterano M40	01:37:07	+30:56	04:51
31	22	Pedro Belas	Adega Taurina running	Veterano M40	01:37:14	+31:03	04:52
32	413	Sergio Vicente	Runner Fandangos	Veterano M40	01:37:25	+31:14	04:52
33	279	Nuno Costa	Individual	Veterano M40	01:38:24	+32:14	04:55

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34	266	Dino Ramos	Individual	Veterano M40	01:38:49	+32:39	04:56
35	289	Vitor Rodrigues	Individual	Veterano M40	01:39:36	+33:25	04:59
36	275	Mário Moura	Individual	Veterano M40	01:39:38	+33:27	04:59
37	23	Rui Miguel Friezas Aldeano	ADR "O Relâmpago"	Veterano M40	01:40:35	+34:24	05:02
38	282	Pedro Pinhão	Individual	Veterano M40	01:42:10	+35:59	05:07
39	48	Joao Fernandes	BEJA	Veterano M40	01:43:35	+37:24	05:11
40	265	David Martinho	Individual	Veterano M40	01:44:20	+38:09	05:13
41	272	ilisito Ferreira	Individual	Veterano M40	01:45:22	+39:11	05:16
42	456	Tiago Santos	CDRConcavadaRUNNING	Veterano M40	01:46:36	+40:25	05:20
43	260	André Pinela	Individual	Veterano M40	01:47:45	+41:35	05:23
44	281	Paulo Lourenço	Individual	Veterano M40	01:47:48	+41:37	05:23
45	44	Rodrigo Galo	Barca delta	Veterano M40	01:48:50	+42:39	05:27
46	276	Miguel Alexandre carrapato	Individual	Veterano M40	01:49:05	+42:54	05:27
47	259	Alexandre Palmeiro	Individual	Veterano M40	01:49:11	+43:00	05:28
48	415	Mario Rui Dias	RUNNING ESPINHO	Veterano M40	01:50:00	+43:49	05:30
49	406	Mário Alberto Moreira de Almeida	Peniche a Correr	Veterano M40	01:50:14	+44:03	05:31
50	284	Rui Lopes Pedro	Individual	Veterano M40	01:50:17	+44:07	05:31
51	120	Luís Andrade	CUA Benaventense - 3B Triatlo	Veterano M40	01:52:01	+45:50	05:36
52	119	Daniel Falcão	CUA Benaventense - 3B Triatlo	Veterano M40	01:52:01	+45:50	05:36
53	277	Miguel Petisca	Individual	Veterano M40	01:55:03	+48:52	05:45
54	283	Ricardo Manuel Dias da Silva	Individual	Veterano M40	01:56:28	+50:17	05:49
55	9	Ricardo Mesquita	Associação 20Kms de Almeirim	Veterano M40	01:57:14	+51:03	05:52
56	263	Bruno Miguel Espada Félix	Individual	Veterano M40	01:57:31	+51:20	05:53
57	70	André Filipe Henrique Ferreira	Caracol Trail Team	Veterano M40	01:58:31	+52:20	05:56
58	16	Pedro Figueiredo	A20kms - Desportos de Montanha	Veterano M40	02:03:08	+56:57	06:09
59	264	Carlos Cardoso	Individual	Veterano M40	02:08:39	+01:02:28	06:26
60	267	Francisco Barata	Individual	Veterano M40	02:11:03	+01:04:52	06:33

Veterano M45

1	312	Ricardo Parada	Individual	Veterano M45	01:14:00	+07:49	03:42
2	64	Nilton Silva	CA Barreira	Veterano M45	01:16:27	+10:17	03:49
3	460	Nuno Santos	Grf-Benedita-atletismo	Veterano M45	01:16:40	+10:29	03:50
4	108	RICARDO JORGE	Clube novobanco	Veterano M45	01:20:09	+13:58	04:00
5	414	Ricardo Costa	Runners Carregal do sal	Veterano M45	01:21:07	+14:57	04:03
6	72	Davide Oliveira	Casa do Benfica de Reguengos de Monsaraz	Veterano M45	01:21:53	+15:42	04:06
7	303	MIGUEL VASCO QUINTAS FERNANDES	Individual	Veterano M45	01:22:14	+16:03	04:07
8	292	Carlo Almeida	Individual	Veterano M45	01:22:42	+16:31	04:08
9	61	José David	C.D. "Os Águias" de Alpiarça	Veterano M45	01:27:24	+21:13	04:22
10	432	Antonio Manuel Bernardino Ribeiro	Tramagal Sport União	Veterano M45	01:28:30	+22:19	04:26
11	20	Pedro Azeitona	ACPortalegre/UTSM	Veterano M45	01:28:46	+22:35	04:26
12	320	Valdemar Ferreira	Individual	Veterano M45	01:29:35	+23:24	04:29
13	316	Rui Oliveira	Individual	Veterano M45	01:29:57	+23:46	04:30
14	314	Rui Brites	Individual	Veterano M45	01:30:13	+24:02	04:31
15	453	paulo andrade	Individual	Veterano M45	01:31:24	+25:13	04:34

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16	52	Pedro Pereira	Bombeiros Voluntários De Montemor-O-Novo	Veterano M45	01:31:55	+25:45	04:36
17	301	Marco Gomes	Individual	Veterano M45	01:32:41	+26:30	04:38
18	319	Sérgio Rafael Conceição Lima de Almeida	Individual	Veterano M45	01:33:59	+27:48	04:42
19	62	Nuno Maia	C.D. "Os Águias" de Alpiarça	Veterano M45	01:34:08	+27:57	04:42
20	393	David Pereira	Lizrunners	Veterano M45	01:35:01	+28:50	04:45
21	397	Hugo Miguel Vaz Monteiro do Céu Pereira	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	01:36:57	+30:46	04:51
22	147	Ricardo Silva	Grupo Desportivo Limpeza Urbana	Veterano M45	01:39:54	+33:43	05:00
23	290	Anatolie Popovici	Individual	Veterano M45	01:40:34	+34:23	05:02
24	306	Nuno Nuno Miguel Agostinho cabaço	Individual	Veterano M45	01:40:40	+34:29	05:02
25	103	Tó Grunho	Clube Desportivo em Movimento	Veterano M45	01:40:58	+34:47	05:03
26	310	Pedro Ramos	Individual	Veterano M45	01:41:32	+35:22	05:05
27	305	Nuno Neves	Individual	Veterano M45	01:41:42	+35:32	05:05
28	315	Rui Gomes	Individual	Veterano M45	01:42:03	+35:52	05:06
29	128	João Gregório	EY Runners	Veterano M45	01:42:43	+36:32	05:08
30	294	David Jerónimo	Individual	Veterano M45	01:43:59	+37:48	05:12
31	422	Francisco Zambujo	Singarunners	Veterano M45	01:45:29	+39:18	05:16
32	321	Vasco Miguel Carvalho	Individual	Veterano M45	01:45:44	+39:33	05:17
33	299	José Paulino	Individual	Veterano M45	01:49:17	+43:06	05:28
34	293	Carlos Melo	Individual	Veterano M45	01:50:09	+43:58	05:30
35	124	João Paveia	Desafios Positivos D+	Veterano M45	01:50:55	+44:44	05:33
36	291	Antonio Fonseca	Individual	Veterano M45	01:51:00	+44:50	05:33
37	307	Nuno Rouxinol	Individual	Veterano M45	01:52:03	+45:53	05:36
38	34	Carlos Ipe	Asas nos Pés	Veterano M45	01:53:40	+47:29	05:41
39	311	Ricardo Flores	Individual	Veterano M45	01:54:37	+48:26	05:44
40	318	Sérgio Filipe Esteves Joaquim	Individual	Veterano M45	01:57:54	+51:44	05:54
41	97	HUGO CARLOS MIRANDA BELO	Clube BBVA Portugal	Veterano M45	02:02:28	+56:17	06:07
42	309	Pedro Miguel dos Santos Pinto	Individual	Veterano M45	02:05:49	+59:39	06:17
43	425	Sérgio Marques	Tertúlia do Reirão	Veterano M45	02:07:26	+01:01:15	06:22

Veterano M50

1	338	Luís Baço	Individual	Veterano M50	01:13:02	+06:51	03:39
2	65	Jorge Aires	CA Barreira	Veterano M50	01:16:20	+10:10	03:49
3	399	Gonçalo Roque	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:19:14	+13:03	03:58
4	7	João Mota	Associação 20Kms de Almeirim	Veterano M50	01:20:13	+14:02	04:01
5	335	Jorge Correia	Individual	Veterano M50	01:20:26	+14:15	04:01
6	125	Samuel Eugénio	Diabetes Team Portugal	Veterano M50	01:20:37	+14:27	04:02
7	19	PEDRO FERREIRA	AC VERMOIL	Veterano M50	01:22:33	+16:23	04:08
8	329	Dinis Prudencio	Individual	Veterano M50	01:26:18	+20:08	04:19
9	330	Filipe Oliveira	Individual	Veterano M50	01:26:36	+20:25	04:20
10	342	Luís Santos	Individual	Veterano M50	01:27:03	+20:52	04:21
11	353	Rui galinha	Individual	Veterano M50	01:27:13	+21:02	04:22
12	95	José Cruz	Club União Idanehense	Veterano M50	01:27:14	+21:03	04:22

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13	349	PAULO ROQUE	Individual	Veterano M50	01:28:10	+21:59	04:25
14	154	Mário Rui Seabra	Grupo Recreativo Janz e Associados	Veterano M50	01:29:35	+23:25	04:29
15	400	Vasco Carvalho	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:30:24	+24:13	04:31
16	345	Miguel Alexandre Dias Alves Garcia	Individual	Veterano M50	01:31:26	+25:15	04:34
17	350	Pedro Galvão Pisco	Individual	Veterano M50	01:31:45	+25:34	04:35
18	327	Carlos Caetano	Individual	Veterano M50	01:32:11	+26:00	04:37
19	331	João Manuel Mendes Galvão	Individual	Veterano M50	01:32:11	+26:00	04:37
20	109	LUIS MONTEIRO	Clube novobanco	Veterano M50	01:33:07	+26:57	04:39
21	33	Acácio Gomes	ARCD MENDIGA	Veterano M50	01:33:37	+27:26	04:41
22	344	Mário Salgueiro	Individual	Veterano M50	01:33:46	+27:35	04:41
23	324	António Bértolo	Individual	Veterano M50	01:33:48	+27:38	04:41
24	334	João sousa	Individual	Veterano M50	01:36:44	+30:33	04:50
25	110	PEDRO ALMEIDA	Clube novobanco	Veterano M50	01:37:30	+31:19	04:53
26	339	Luís Cipriano	Individual	Veterano M50	01:37:34	+31:23	04:53
27	151	Ângelo Manuel Branco Mendes	Grupo Desportivo Os Amarelos	Veterano M50	01:42:29	+36:18	05:07
28	323	Andre Silva	Individual	Veterano M50	01:44:22	+38:11	05:13
29	352	Pedro santos	Individual	Veterano M50	01:44:23	+38:12	05:13
30	53	Carlos Mestrinho	Bombeiros Voluntários De Montemor-O-Novo	Veterano M50	01:44:35	+38:24	05:14
31	35	Nuno Marques	Asas nos Pés	Veterano M50	01:45:17	+39:06	05:16
32	346	Miguel Loureiro	Individual	Veterano M50	01:45:18	+39:08	05:16
33	340	Luís Fino	Individual	Veterano M50	01:45:31	+39:21	05:17
34	336	Jorge Ferreira	Individual	Veterano M50	01:45:46	+39:35	05:17
35	99	José Luís	Clube Desportivo de Mafra	Veterano M50	01:45:51	+39:40	05:18
36	351	pedro miguel monteiro	Individual	Veterano M50	01:45:53	+39:42	05:18
37	326	Artur Gonçalves	Individual	Veterano M50	01:47:01	+40:50	05:21
38	152	Pedro Correia	Grupo Desportivo Os Amarelos	Veterano M50	01:48:26	+42:15	05:25
39	451	Petru Cesenco	Individual	Veterano M50	01:49:12	+43:01	05:28
40	390	Rui Lacerda	Linda-A-Pastora Sporting Clube	Veterano M50	01:49:47	+43:36	05:29
41	333	João Pedro Costa	Individual	Veterano M50	01:51:05	+44:55	05:33
42	354	Rui Pataca	Individual	Veterano M50	01:51:14	+45:03	05:34
43	332	João Paulo Caniço Lopes Rafael	Individual	Veterano M50	01:52:27	+46:17	05:37
44	148	Nuno Costa	Grupo Desportivo Limpeza Urbana	Veterano M50	01:53:53	+47:42	05:42
45	13	Rui Marques	Associação 20Kms de Almeirim	Veterano M50	01:53:59	+47:48	05:42
46	115	Rui Santos	Correr em Évora	Veterano M50	01:55:08	+48:58	05:45
47	56	Ivanildo Oliveira	Brigada do Reumático	Veterano M50	01:55:52	+49:41	05:48
48	68	Vitor Domingos	Calma Tomar	Veterano M50	01:55:59	+49:48	05:48
49	98	RUI MANUEL NUNES MENA	Clube BBVA Portugal	Veterano M50	02:02:28	+56:17	06:07
50	43	Bruno Lino	Associação Desportiva Lebres do Sado	Veterano M50	02:02:58	+56:47	06:09
51	92	Jorge Duarte	Chester team	Veterano M50	02:04:26	+58:15	06:13
52	343	Luíz Chaveiro	Individual	Veterano M50	02:05:34	+59:23	06:17
53	47	Francisco nhassengo	Beep Beep Barreiro road runners	Veterano M50	02:10:03	+01:03:52	06:30

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Veterano M55

1	85	Júlio Finote	CCD Sintrense	Veterano M55	01:13:42	+07:31	03:41
2	138	Helder Rebelo	GRD OS FIXES	Veterano M55	01:16:44	+10:33	03:50
3	442	FERNANDO PEREIRA	Vizela Corre	Veterano M55	01:17:00	+10:49	03:51
4	121	Sérgio Batalha	CUA Benaventense - 3B Triatlo	Veterano M55	01:17:30	+11:19	03:53
5	401	Antonio Miguel Mindrico Pereira	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M55	01:28:21	+22:10	04:25
6	362	Jorge Sirgado	Clube de Atletismo de Ferreira do Zêzere	Veterano M55	01:31:34	+25:23	04:35
7	355	Arnaldo José Gonçalves Rolo	Individual	Veterano M55	01:32:34	+26:23	04:38
8	402	Jorge polidoro	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M55	01:33:00	+26:49	04:39
9	27	RUI CLETO	Amigos do Atletismo Mafra	Veterano M55	01:35:18	+29:07	04:46
10	361	Joao Paulo Guerreiro Simao	Individual	Veterano M55	01:35:32	+29:21	04:47
11	358	João Esteves	Individual	Veterano M55	01:38:30	+32:19	04:56
12	365	Paulo Jorge Rodrigues Ramos	Individual	Veterano M55	01:38:40	+32:29	04:56
13	364	Miguel Ribeiro	Individual	Veterano M55	01:40:49	+34:38	05:02
14	24	Filipe branco	alcobela	Veterano M55	01:40:49	+34:38	05:02
15	143	José Gonçalves	Grupo Alegre Unido Bajouca	Veterano M55	01:41:11	+35:00	05:04
16	137	Fernando Marques	GM TEAM	Veterano M55	01:42:23	+36:12	05:07
17	363	José Bonito	Individual	Veterano M55	01:46:19	+40:08	05:19
18	149	Vitor Silva	Grupo Desportivo Limpeza Urbana	Veterano M55	01:47:01	+40:50	05:21
19	356	Carlos Peso	Individual	Veterano M55	01:49:15	+43:05	05:28
20	357	João António Sousa Rodrigues	Individual	Veterano M55	01:50:03	+43:52	05:30
21	434	Sérgio Arcanjo Sota	Trilhos de Viana	Veterano M55	01:53:36	+47:25	05:41
22	111	JORGE MONTEIRO	Clube novobanco	Veterano M55	01:56:20	+50:09	05:49
23	39	Paulo Mota	Associação de atletismo Lebres do sado	Veterano M55	02:04:34	+58:23	06:14
24	360	João Mário Justo Marques	Individual	Veterano M55	02:06:57	+01:00:47	06:21
25	433	Paulo Ribeiro	TRILHO DOS CÁGADOS	Veterano M55	02:16:19	+01:10:08	06:49
26	141	Lucio Alberto Bicho Silva	Grupo Desportivo Santander Totta	Veterano M55	02:35:11	+01:29:00	07:46

Veterano M60

1	71	José Carlos Marques Durão	Casa Benfica Abrantes	Veterano M60	01:22:11	+16:00	04:07
2	443	Alexandre Ferreira	Vizela Corre	Veterano M60	01:24:29	+18:18	04:13
3	127	Paulo Palma	Dream Runners Évora	Veterano M60	01:29:59	+23:48	04:30
4	459	Mário Carvalho	Vilarinho de Cima	Veterano M60	01:31:42	+25:31	04:35
5	153	Vasco Agostinho	Grupo Desportivo Os Amarelos	Veterano M60	01:35:16	+29:05	04:46
6	112	António Jorge Martinho	CLUVE	Veterano M60	01:37:03	+30:52	04:51
7	133	Valdemar Alves	GDC Guilhovai	Veterano M60	01:39:02	+32:51	04:57
8	373	Vitor Lopes	Individual	Veterano M60	01:39:11	+33:00	04:58
9	28	Aníbal Godinho	Aníbal Godinho Trail Team	Veterano M60	01:41:34	+35:23	05:05
10	370	joao braz	Individual	Veterano M60	01:44:24	+38:13	05:13
11	369	Fernando Fonseca	Individual	Veterano M60	01:53:09	+46:59	05:39
12	368	CARLOS MIRA	Individual	Veterano M60	01:55:33	+49:22	05:47

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13	367	António Moreira	Individual	Veterano M60	01:59:48	+53:37	05:59
14	391	Carlos Barrento	Linda-A-Pastora Sporting Clube	Veterano M60	02:00:07	+53:56	06:00
15	78	Adalberto Grilo	Casa do Benfica em Algueirão Mem Martins	Veterano M60	02:00:51	+54:41	06:03
16	46	Luis Cabeça	Barca delta	Veterano M60	02:07:21	+01:01:11	06:22
17	87	José Maio	CD ARNEIRO	Veterano M60	02:09:31	+01:03:20	06:29
18	374	Vitor Manuel Ferreira Prata	Individual	Veterano M60	02:25:06	+01:18:56	07:15

Veterano M65

1	96	José Fernandes	Club União Idanehense	Veterano M65	01:27:59	+21:48	04:24
2	403	Manuel Rodrigues Almeida	Manuel Rodrigues Almeida	Veterano M65	01:36:15	+30:05	04:49
3	79	João Soares	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:37:39	+31:28	04:53
4	427	Manuel Martins	Thomar Athletics	Veterano M65	01:40:47	+34:37	05:02
5	113	Narciso Garcia Simões Arromba	CLUVE	Veterano M65	01:46:58	+40:48	05:21
6	379	João Carvalho Jacinto	Individual	Veterano M65	01:47:00	+40:49	05:21
7	380	João Moura	Individual	Veterano M65	01:51:57	+45:46	05:36
8	377	Eugénio Pisco	Individual	Veterano M65	01:52:35	+46:24	05:38
9	67	VÍTOR AMADO	CA VALE FIGUEIRA	Veterano M65	01:54:20	+48:09	05:43
10	383	Vitor Morais	Individual	Veterano M65	01:57:06	+50:56	05:51
11	378	Helder Fernandes	Individual	Veterano M65	01:57:26	+51:15	05:52
12	376	Carlos Garcia	Individual	Veterano M65	02:04:26	+58:15	06:13
13	375	antonio vaz de oliveira	Individual	Veterano M65	02:06:36	+01:00:26	06:20
14	411	Manuel Paulo	Run2Finish.PT	Veterano M65	02:14:18	+01:08:07	06:43
15	382	MARIO PIRES	Individual	Veterano M65	02:16:28	+01:10:17	06:49
16	80	Joaquim M´Onica	Casa do Benfica em Algueirão Mem Martins	Veterano M65	02:20:57	+01:14:46	07:03
17	381	LUIS MOURA	Individual	Veterano M65	02:23:25	+01:17:15	07:10

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1044	Alexandre Miguel Pereira	associação desportiva nucleoeiras	Senior Masculino	33:16		03:20
2	1073	César Isidro	caob	Veterano M35	33:16	+00:00	03:20
3	1075	João Plácido	caracol trail team	Veterano M40	36:12	+02:56	03:37
4	1225	Tomé Ferreira	individual	Senior Masculino	38:02	+04:46	03:48
5	1034	Núrio Ramos	asas nos pés	Veterano M35	38:31	+05:15	03:51
6	1112	João Caniço	cua benaventense - 3b triatlo	Veterano M45	38:54	+05:38	03:53
7	1193	Fábio Cardoso	individual	Senior Masculino	39:01	+05:45	03:54
8	1151	Nuno Silva	hecateam	Veterano M45	39:05	+05:49	03:55
9	1222	Tiago Martins	individual	Senior Masculino	40:15	+06:59	04:02
10	1045	Américo Pereira	associação vale grande	Veterano M50	41:37	+08:20	04:10
11	1103	LUIS GODINHO	clube novobanco	Veterano M55	42:05	+08:49	04:13
12	1135	João Carlos Ribeiro Canas	grf benedita- atletismo	Veterano M50	42:05	+08:49	04:13
13	1198	Gonçalo Pereira	individual	Senior Masculino	42:21	+09:05	04:14
14	1439	MIGUEL SOUSA	núcleo de atletismo "os papagaios de cascais"	Veterano M50	42:29	+09:13	04:15
15	1063	João Nunes	c.d. "os águias" de alpiarça	Veterano M35	42:33	+09:17	04:15
16	1188	Daniel Rodrigues	individual	Senior Masculino	42:40	+09:24	04:16
17	1461	Rafael Gomes	run tejo - prevent sprain	Senior Masculino	42:46	+09:30	04:17
18	1081	CLAUDIO ALEXANDRE DUARTE SILVA	cd mafra	Veterano M40	42:49	+09:33	04:17
19	1368	Paulo Tavares	individual	Veterano M45	42:51	+09:35	04:17
20	1491	João Pedro Moedas Aranha	individual	Senior Masculino	43:01	+09:45	04:18
21	1345	Ricardo Pires	individual	Veterano M40	43:03	+09:46	04:18
22	1429	DAVID GUERRA INÁCIO	juventude desportiva almansor	Veterano M40	43:04	+09:48	04:18
23	1428	DANIELA OLIVEIRA INÁCIO	juventude desportiva almansor	Senior Feminino	43:05	+09:49	04:19
24	1068	Nuno Salgado	ca vale figueira	Veterano M45	43:11	+09:55	04:19
25	1385	Luís Caetano	individual	Veterano M50	43:20	+10:04	04:20
26	1140	Sérgio Augusto Santos Sales	grupo desportivo santander totta	Veterano M40	43:37	+10:21	04:22
27	1213	Nuno Garcias	individual	Senior Masculino	43:39	+10:23	04:22
28	1064	Daniel Lourenço	ca barreira	Veterano M50	43:41	+10:25	04:22
29	1194	Francisco Alarico	individual	Senior Masculino	43:48	+10:32	04:23
30	1376	Carlos Caeiro	individual	Veterano M50	44:07	+10:50	04:25
31	1419	Jose Vital	individual	Veterano M60	44:09	+10:52	04:25
32	1037	Joana Hipólito	associação cultural sambrasense	Veterana F35	44:47	+11:31	04:29
33	1080	Alexandre Cavalheiro	cavalheiros	Veterano M50	44:49	+11:33	04:29
34	1150	Helena Moreira	hecateam	Veterana F45	45:01	+11:45	04:30
35	1315	Rodolfo Colhe	individual	Veterano M35	45:03	+11:46	04:30
36	1199	Henrique Freitas	individual	Senior Masculino	45:08	+11:52	04:31
37	1318	Sérgio Cardoso	individual	Veterano M35	45:08	+11:52	04:31
38	1048	Nuno Castanheira	baleal club	Senior Masculino	45:09	+11:53	04:31
39	1425	LUISA JORGE	industrial desportivo vieirense	Veterana F45	45:21	+12:05	04:32
40	1205	João Pedro Neves	individual	Senior Masculino	45:32	+12:16	04:33
41	1095	Marco Paulo Estêvão Franco	clube de atletismo de ferreira do zêzere	Veterano M45	45:44	+12:28	04:34

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1114	Cláudia Nunes	desafios positivos d+	Veterana F35	45:49	+12:33	04:35
43	1317	Rui Pereira	individual	Veterano M35	45:51	+12:35	04:35
44	1038	PAULO SANTOS	associação cultural sambrasense	Veterano M55	46:22	+13:06	04:38
45	1085	Flávio Carvalho	chamusca trail	Veterano M40	46:32	+13:16	04:39
46	1101	CARLOS CRUZ	clube novobanco	Veterano M35	46:40	+13:24	04:40
47	1217	Ricardo Peralta	individual	Senior Masculino	46:41	+13:25	04:40
48	1336	João Simões	individual	Veterano M40	46:46	+13:30	04:41
49	1096	Tiago Pedro	clube desportivo "os águias" de alpiarça	Veterano M35	47:05	+13:49	04:43
50	1060	José Caravela	bombeiros voluntários de montemor-o-novo	Veterano M65	47:13	+13:56	04:43
51	1190	Diogo Martins	individual	Senior Masculino	47:18	+14:02	04:44
52	1458	Inês Domingues	rexrunners	Veterana F35	47:19	+14:03	04:44
53	1105	Luis Mota	clube ogma	Veterano M50	47:45	+14:29	04:47
54	1082	Rafael Pereira	chamusca trail	Senior Masculino	47:51	+14:35	04:47
55	1320	Tiago Simões	individual	Veterano M35	47:53	+14:36	04:47
56	1200	Ivanildo de Lima Moraes	individual	Senior Masculino	48:08	+14:52	04:49
57	1342	Nuno Ramos	individual	Veterano M40	48:09	+14:53	04:49
58	1424	Vitor Ribeiro	individual	Veterano M65	48:11	+14:55	04:49
59	1327	Gonçalo sergio	individual	Veterano M40	48:45	+15:29	04:53
60	1314	Ricardo Pereira	individual	Veterano M35	48:48	+15:32	04:53
61	1303	Carlos Caria	individual	Veterano M35	48:51	+15:35	04:53
62	1386	Luis Miguel Gameiro Inácio Lopes Lopes	individual	Veterano M50	49:04	+15:48	04:54
63	1478	Diogo Coelho	turbolentos	Veterano M40	49:07	+15:51	04:55
64	1025	Luís Maurício	acportalegre/utsm	Veterano M55	49:16	+16:00	04:56
65	1223	Tiago Montez	individual	Senior Masculino	49:22	+16:06	04:56
66	1387	Miguel Carreira	individual	Veterano M50	49:37	+16:20	04:58
67	1399	Sérgio Luís Troeira	individual	Veterano M50	49:40	+16:24	04:58
68	1047	Francisco Machado	baleal club	Senior Masculino	49:51	+16:35	04:59
69	1344	Pedro Carmo	individual	Veterano M40	49:52	+16:36	04:59
70	1058	Carlos Madeira	bombeiros voluntários de montemor-o-novo	Veterano M55	49:53	+16:37	04:59
71	1307	Jaime Filipe Lopes Domingues Domingues	individual	Veterano M35	49:57	+16:40	05:00
72	1497	Claudia Simão	individual	Veterana F45	50:01	+16:44	05:00
73	1402	Carlos Rosado	individual	Veterano M55	50:05	+16:48	05:01
74	1181	António Jorge	individual	Senior Masculino	50:07	+16:51	05:01
75	1308	João Campião	individual	Veterano M35	50:11	+16:55	05:01
76	1301	Andre Lima	individual	Veterano M35	50:21	+17:05	05:02
77	1053	Maria Mocisso	bombeiros voluntários de montemor-o-novo	Veterana F50	50:22	+17:06	05:02
78	1392	Nuno Manuel Pires Nunes	individual	Veterano M50	50:37	+17:21	05:04
79	1479	Carlos Baptista	turbolentos	Veterano M45	50:44	+17:28	05:04
80	1456	Gonçalo Mesquita	ram training	Senior Masculino	50:45	+17:29	05:05
81	1496	João Palhoto	associação 20kms de almeirim	Veterano M35	50:47	+17:31	05:05
82	1258	Rita Alexandra Pereira dos Reis	individual	Veterana F40	50:50	+17:34	05:05
83	1172	Patrícia Filipa Magina da Naia	individual	Senior Feminino	50:54	+17:37	05:05

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1207	Joaquim Pombeiro	individual	Senior Masculino	53:41	+20:25	05:22
128	1322	Bruno Rodrigues	individual	Veterano M40	53:42	+20:26	05:22
129	1364	Marco Alexandre Neves Madeira	individual	Veterano M45	53:45	+20:28	05:23
130	1021	TIAGO MIGUEL CARDOSO PISCO	academia100%	Veterano M35	53:57	+20:41	05:24
131	1076	Rogério Luis	casa do benfica em algueirão mem martins	Veterano M50	54:07	+20:51	05:25
132	1319	Tiago Roberto	individual	Veterano M35	54:09	+20:53	05:25
133	1123	António Barbas	filsat	Veterano M55	54:13	+20:57	05:25
134	1380	hernani madeira	individual	Veterano M50	54:18	+21:01	05:26
135	1416	João Rodrigues	individual	Veterano M60	54:30	+21:14	05:27
136	1397	Rui Jorge Nunes Gonçalves	individual	Veterano M50	54:32	+21:16	05:27
137	1407	Luís Miguel Saturnino Pinhão	individual	Veterano M55	54:35	+21:18	05:28
138	1247	Ana Rita Neves	individual	Veterana F40	54:36	+21:19	05:28
139	1221	Thomas Barnett	individual	Senior Masculino	54:50	+21:34	05:29
140	1377	Evan Farmer	individual	Veterano M50	54:50	+21:34	05:29
141	1396	Ricardo Vicente Lopes Gonçalves	individual	Veterano M50	54:52	+21:35	05:29
142	1049	Nuno Nunes	benecar runners	Veterano M55	54:58	+21:42	05:30
143	1231	Cláuda Sofia Oliveira	individual	Veterana F35	54:59	+21:42	05:30
144	1411	Ricardo Matos	individual	Veterano M55	55:01	+21:45	05:30
145	1302	Bráulio Lourenço de Oliveira Nunes	individual	Veterano M35	55:16	+21:59	05:32
146	1018	CEU GONÇALVES	academia100%	Veterana F45	55:27	+22:11	05:33
147	1483	Nuno Bernardo	viemos pela sopa!	Veterano M50	55:29	+22:13	05:33
148	1340	Luís Urbano	individual	Veterano M40	55:30	+22:13	05:33
149	1284	Stenia Roberia Sousa Figueiredo	individual	Veterana F50	55:35	+22:19	05:34
150	1438	Oscar Faria	mozrun	Veterano M40	55:45	+22:29	05:35
151	1390	Nuno Ferreira	individual	Veterano M50	55:46	+22:30	05:35
152	1130	Frederico Oliveira	fitness factory almeirim	Veterano M35	55:49	+22:32	05:35
153	1220	Rui Minhava	individual	Senior Masculino	55:50	+22:33	05:35
154	1133	PAULA MARTINS	gdr os fixes	Veterana F55	55:50	+22:34	05:35
155	1115	Diogo Jesus	desafios positivos d+	Veterano M40	55:56	+22:40	05:36
156	1215	Pedro Lebreiro	individual	Senior Masculino	55:57	+22:41	05:36
157	1143	Carlos Manuel Barata Bras	grupo desportivo santander totta	Veterano M55	55:59	+22:43	05:36
158	1237	Jakeline Guimarães Batista	individual	Veterana F35	56:01	+22:44	05:36
159	1360	João Raquel	individual	Veterano M45	56:11	+22:55	05:37
160	1427	Jose Luis Martins	jose luis martins	Veterano M60	56:12	+22:56	05:37
161	1168	Margarida Oliveira	individual	Senior Feminino	56:13	+22:57	05:37
162	1211	Mário Redondo	individual	Senior Masculino	56:21	+23:04	05:38
163	1209	Lucas Moreira da Silva	individual	Senior Masculino	56:21	+23:04	05:38
164	1179	Telma Catarina Nunes Picanço	individual	Senior Feminino	56:21	+23:05	05:38
165	1174	Rita Pereira	individual	Senior Feminino	56:25	+23:09	05:39
166	1355	Fabio Rodrigo Zaccantte	individual	Veterano M45	56:30	+23:14	05:39
167	1061	Manuel António	bombeiros voluntários de montemor-o-novo	Veterano M65	56:32	+23:16	05:39

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
212	1389	Nelson Patrício	individual	Veterano M50	01:00:03	+26:47	06:00
213	1475	Alexandra Abreu	trilhos de viana	Veterana F50	01:00:06	+26:50	06:01
214	1381	João Filipe Santos Quina Bento	individual	Veterano M50	01:00:09	+26:53	06:01
215	1382	Joaqim Tomé	individual	Veterano M50	01:00:12	+26:56	06:01
216	1469	Maria Santos	singarunners	Veterana F45	01:00:12	+26:56	06:01
217	1468	Inês Viriato	singarunners	Senior Feminino	01:00:13	+26:57	06:01
218	1278	Helena Maria Matos Jorge	individual	Veterana F50	01:00:19	+27:03	06:02
219	1269	Marta Sofia Silva Pernas	individual	Veterana F45	01:00:24	+27:08	06:02
220	1062	Luis Pires	brigada das 6h30m	Veterano M40	01:00:25	+27:09	06:03
221	1100	XANA FILIPE	clube novobanco	Veterana F50	01:00:29	+27:13	06:03
222	1413	Carlos Alberto Marques dos Santos	individual	Veterano M60	01:00:30	+27:14	06:03
223	1128	Paulo Gomes	fitness factory almeirim	Senior Masculino	01:00:32	+27:15	06:03
224	1341	Michel Rodrigues de Carvalho Perroti	individual	Veterano M40	01:00:32	+27:16	06:03
225	1460	Luís Manuel Abreu	rodoeste lda.	Veterano M55	01:00:47	+27:31	06:05
226	1304	Diogo Carmo	individual	Veterano M35	01:00:52	+27:36	06:05
227	1500	sakura de raynal	individual	Veterana F45	01:00:54	+27:38	06:05
228	1120	Josué Duarte	digital manager guru	Senior Masculino	01:01:03	+27:47	06:06
229	1408	Paulo Silva	individual	Veterano M55	01:01:06	+27:50	06:07
230	1163	Eduarda Silva	individual	Senior Feminino	01:01:07	+27:51	06:07
231	1051	André Santos	bombeiros voluntários de montemor-o-novo	Senior Masculino	01:01:19	+28:03	06:08
232	1296	Ana Paula Pinto	individual	Veterana F60	01:01:31	+28:15	06:09
233	1400	Sérgio Mendes	individual	Veterano M50	01:01:34	+28:18	06:09
234	1347	Thiago Costa	individual	Veterano M40	01:01:37	+28:21	06:10
235	1467	Martim Santos	salada estarola	Veterano M40	01:01:39	+28:23	06:10
236	1367	Paulo Jorge Marques Anunciacao	individual	Veterano M45	01:01:44	+28:28	06:10
237	1350	Antonio Jorge Marques Anunciação	individual	Veterano M45	01:01:45	+28:28	06:11
238	1375	Carlos Anunciação	individual	Veterano M50	01:01:49	+28:33	06:11
239	1334	João Prata	individual	Veterano M40	01:01:51	+28:35	06:11
240	1162	Cláudia Sofia	individual	Senior Feminino	01:01:56	+28:40	06:12
241	1251	Elisangela Oliveira	individual	Veterana F40	01:01:56	+28:40	06:12
242	1311	Luís Castilho	individual	Veterano M35	01:02:00	+28:44	06:12
243	1227	Wesley Wandre	individual	Senior Masculino	01:02:04	+28:47	06:12
244	1234	Débora Vargas	individual	Veterana F35	01:02:04	+28:48	06:12
245	1401	Vitor Jose Pisco Martins	individual	Veterano M50	01:02:17	+29:01	06:14
246	1473	Pedro Lopes	thomar athletics	Senior Masculino	01:02:20	+29:04	06:14
247	1246	Ana Rita Freire	individual	Veterana F40	01:02:23	+29:07	06:14
248	1035	Arlindo Florindo	asas nos pés	Veterano M50	01:02:25	+29:09	06:15
249	1289	Gina Oliveira	individual	Veterana F55	01:02:27	+29:11	06:15
250	1287	Elisabete Bento Narciso Venâncio	individual	Veterana F55	01:02:29	+29:13	06:15
251	1007	Gonçalo Fortunato	a20kms - desportos de montanha	Veterano M35	01:02:32	+29:16	06:15
252	1165	Filipa Fidalgo	individual	Senior Feminino	01:02:48	+29:31	06:17

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
337	1270	Patricia Alexandra Figueiredo Mendes	individual	Veterana F45	01:11:02	+37:46	07:06
338	1241	Susana Margarida da Silva Batista	individual	Veterana F35	01:11:02	+37:46	07:06
339	1285	Vanda Lamúria	individual	Veterana F50	01:11:08	+37:51	07:07
340	1361	Jorge Carvalho	individual	Veterano M45	01:11:12	+37:56	07:07
341	1132	Salete Serrano	gdcr graça do divor	Veterana F45	01:11:17	+38:01	07:08
342	1293	Kristina Hookom Brack	individual	Veterana F55	01:11:21	+38:05	07:08
343	1431	Telmo Marques	lartel	Veterano M45	01:11:23	+38:06	07:08
344	1430	Lara Marques	lartel	Senior Feminino	01:11:23	+38:07	07:08
345	1146	Hélder Figueiredo	grupo barraqueiro	Veterano M50	01:11:56	+38:40	07:12
346	1279	Lúcia Silva	individual	Veterana F50	01:12:26	+39:10	07:15
347	1102	FERNANDO FILIPE	clube novobanco	Veterano M55	01:12:32	+39:16	07:15
348	1182	Bernardo Galante	individual	Senior Masculino	01:12:33	+39:17	07:15
349	1494	Patricia Pedro	casa do benfica em algueirão mem martins	Veterana F60	01:12:47	+39:31	07:17
350	1111	Rozitta Silva	cua benaventense - 3b triatlo	Veterana F35	01:13:07	+39:51	07:19
351	1449	Luis Cotrim	os tartarugas	Veterano M50	01:13:09	+39:53	07:19
352	1137	Carina Sofia Ferreira Silva	grupo desportivo santander totta	Veterana F35	01:13:22	+40:06	07:20
353	1388	Miguel Ferreira	individual	Veterano M50	01:13:33	+40:17	07:21
354	1277	Elia Granja	individual	Veterana F50	01:13:33	+40:17	07:21
355	1484	Rui Alexandre Antunes Barcelos	zecas	Senior Masculino	01:14:17	+41:00	07:26
356	1335	João Ricardo Inácio Rosa Liz	individual	Veterano M40	01:14:56	+41:40	07:30
357	1264	Ângela Cristina Cruz Martins	individual	Veterana F45	01:14:56	+41:40	07:30
358	1176	Sofia Vedor	individual	Senior Feminino	01:14:56	+41:40	07:30
359	1254	Joana Santos	individual	Veterana F40	01:15:06	+41:50	07:31
360	1374	Bruno Roque	individual	Veterano M50	01:15:08	+41:52	07:31
361	1158	Beatriz Cardoso	individual	Senior Feminino	01:15:32	+42:16	07:33
362	1028	Cindy de Sousa	adeга taurina running	Senior Feminino	01:15:44	+42:28	07:34
363	1092	Verónica Paiva	clube canhão	Veterana F35	01:16:00	+42:44	07:36
364	1027	Catarina Machado	adar - associação desportiva de aldeia da ribeira	Veterana F45	01:16:49	+43:33	07:41
365	1026	Sofia Quitério	adar - associação desportiva de aldeia da ribeira	Veterana F40	01:16:49	+43:33	07:41
366	1173	Rita Margarida Cordeiro Alves	individual	Senior Feminino	01:17:04	+43:48	07:42
367	1195	Francisco José Silva Costa	individual	Senior Masculino	01:17:34	+44:18	07:45
368	1499	Maria Vedor	individual	Senior Feminino	01:17:34	+44:18	07:45
369	1108	Patrícia Antunes	corredoras da ginástica	Senior Feminino	01:18:42	+45:26	07:52
370	1109	Rui Carvalho	corredoras da ginástica	Senior Masculino	01:18:42	+45:26	07:52
371	1019	Cristina Marcos	academia100%	Veterana F55	01:19:34	+46:18	07:57
372	1004	Susana Sérgio	a20kms - desportos de montanha	Veterana F45	01:19:37	+46:21	07:58
373	1122	FATIMA ALMEIDA	flsat	Veterana F65	01:20:00	+46:44	08:00
374	1041	Solange Fernandes	associação desportiva cultural e recreativa de paço dos negros	Senior Feminino	01:20:13	+46:57	08:01
375	1481	Manuel Azevedo	veteranos de massama	Veterano M65	01:21:13	+47:57	08:07
376	1086	Ilidio Vicente	chamusca trail	Veterano M60	01:22:28	+49:12	08:15
377	1450	Sérgio Conceição	os tartarugas	Veterano M50	01:22:40	+49:24	08:16

10 KM

OFFICIAL RESULT

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Obs				
BIB	NOTE	NAME	TEAM	CAT
1066	DQ	Rafael Salgado	CA VALE FIGUEIRA	Senior Masculino
1214	DQ	Pedro Alexandre Pinto de Carvalho	Individual	Senior Masculino
1272	DQ	Sandra Isabel Pinheiro Correia	Individual	Veterana F45
1482	DQ	Paulo Quaresma	Veteranos de Massama	Veterano M65
1036	DNF	Paulo Marques	Asas nos Pés	Veterano M50
1126	DNF	Leandro Costa	Fitness Factory Almeirim	Senior Masculino
1142	DNF	Fábio Pio Dias	Grupo Desportivo Santander Totta	Veterano M50
1282	DNF	Sara Margarida Rosado Aranha Pereira	Individual	Veterana F50
1283	DNF	Sara Silva	Individual	Veterana F50
1292	DNF	Isabel Maria Bento Dias Carvalho	Individual	Veterana F55
1299	DNF	Margarida Fonseca	Individual	Veterana F65
1352	DNF	Vitor Hugo Gameiro	Individual	Veterano M35
1358	DNF	Joao Ferreira	Individual	Veterano M45
1391	DNF	Nuno Gonçalves	Individual	Veterano M50

10 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:00	17,6°C	81%
End	11:53	20,8°C	63%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1428	DANIELA OLIVEIRA INÁCIO	Juventude Desportiva Almansor	Senior Feminino	43:05	+09:49	04:19
2	1172	Patrícia Filipa Magina da Naia	Individual	Senior Feminino	50:54	+17:37	05:05
3	1124	Soraia Fonseca	Fitness Factory Almeirim	Senior Feminino	51:21	+18:05	05:08
4	1013	Bárbara Cruz	2600TR	Senior Feminino	51:48	+18:32	05:11
5	1153	Adriana Hipólito	Individual	Senior Feminino	52:14	+18:58	05:13
6	1107	Mariana Cunha	Corredoras da ginástica	Senior Feminino	52:50	+19:34	05:17
7	1159	Beatriz Guedes	Individual	Senior Feminino	53:01	+19:44	05:18
8	1160	Catarina Leitão	Individual	Senior Feminino	53:27	+20:10	05:21
9	1168	Margarida Oliveira	Individual	Senior Feminino	56:13	+22:57	05:37
10	1179	Telma Catarina Nunes Picanço	Individual	Senior Feminino	56:21	+23:05	05:38
11	1174	Rita Pereira	Individual	Senior Feminino	56:25	+23:09	05:39
12	1169	Margarida Pereira Cunha	Individual	Senior Feminino	58:46	+25:30	05:53
13	1161	Cláudia Mira	Individual	Senior Feminino	59:05	+25:49	05:55
14	1468	Inês Viriato	Singarunners	Senior Feminino	01:00:13	+26:57	06:01
15	1163	Eduarda Silva	Individual	Senior Feminino	01:01:07	+27:51	06:07
16	1162	Cláudia Sofia	Individual	Senior Feminino	01:01:56	+28:40	06:12
17	1165	Filipa Fidalgo	Individual	Senior Feminino	01:02:48	+29:31	06:17
18	1170	Mariana Ramos	Individual	Senior Feminino	01:05:11	+31:55	06:31
19	1477	Carolina Teodoro	TURBOLENTOS	Senior Feminino	01:05:26	+32:10	06:33
20	1178	Tatiana Rosa	Individual	Senior Feminino	01:05:44	+32:27	06:34
21	1177	Tânia Neves	Individual	Senior Feminino	01:05:45	+32:29	06:35
22	1432	Susana Rosado	LOL Young	Senior Feminino	01:06:45	+33:29	06:41
23	1014	Andreia Bessa	ACADEMIA100%	Senior Feminino	01:06:46	+33:29	06:41
24	1015	Inês Caneco	ACADEMIA100%	Senior Feminino	01:06:47	+33:30	06:41
25	1154	Alexandra Costa Martins Vedor Colaço	Individual	Senior Feminino	01:08:08	+34:51	06:49
26	1166	Joana Vassalo	Individual	Senior Feminino	01:08:28	+35:11	06:51
27	1156	Alice Dourado	Individual	Senior Feminino	01:08:46	+35:30	06:53
28	1171	Matilde Salvador	Individual	Senior Feminino	01:08:47	+35:31	06:53
29	1157	Bárbara Almeida Galinha	Individual	Senior Feminino	01:09:35	+36:19	06:58
30	1167	Luana Caetano Ceris	Individual	Senior Feminino	01:09:35	+36:19	06:58
31	1148	Rita Silva	Grupo Desportivo Os Amarelos	Senior Feminino	01:10:04	+36:48	07:00
32	1490	Nilsa Gonçalves	Individual	Senior Feminino	01:10:04	+36:48	07:00
33	1442	Carolina Conceição	os tartarugas	Senior Feminino	01:10:06	+36:50	07:01
34	1046	Ana Marta Castanheira	Baleal Club	Senior Feminino	01:10:31	+37:15	07:03
35	1430	Lara Marques	Lartel	Senior Feminino	01:11:23	+38:07	07:08
36	1176	Sofia Vedor	Individual	Senior Feminino	01:14:56	+41:40	07:30
37	1158	Beatriz Cardoso	Individual	Senior Feminino	01:15:32	+42:16	07:33
38	1028	Cindy de Sousa	Adega Taurina running	Senior Feminino	01:15:44	+42:28	07:34
39	1173	Rita Margarida Cordeiro Alves	Individual	Senior Feminino	01:17:04	+43:48	07:42

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36	1197	Gonalo Marques da Costa	Individual	Senior Masculino	57:52	+24:35	05:47
37	1016	FILIFE POLONIA	ACADEMIA100%	Senior Masculino	57:59	+24:43	05:48
38	1189	Diogo Madeira	Individual	Senior Masculino	58:03	+24:47	05:48
39	1184	Bernardo Machacaz Ferreira	Individual	Senior Masculino	58:46	+25:30	05:53
40	1191	Diogo Mendes	Individual	Senior Masculino	58:55	+25:39	05:54
41	1116	Joo Flor	Devagar	Senior Masculino	59:40	+26:23	05:58
42	1128	Paulo Gomes	Fitness Factory Almeirim	Senior Masculino	01:00:32	+27:15	06:03
43	1120	Josué Duarte	Digital Manager Guru	Senior Masculino	01:01:03	+27:47	06:06
44	1051	Andr� Santos	Bombeiros Volunt�rios De Montemor-O-Novo	Senior Masculino	01:01:19	+28:03	06:08
45	1227	Wesley Wandre	Individual	Senior Masculino	01:02:04	+28:47	06:12
46	1473	Pedro Lopes	Thomar Athletics	Senior Masculino	01:02:20	+29:04	06:14
47	1125	Fabio Florindo	Fitness Factory Almeirim	Senior Masculino	01:03:21	+30:04	06:20
48	1201	Joo Bento	Individual	Senior Masculino	01:03:56	+30:40	06:24
49	1204	Joo Pedro Louro Correia	Individual	Senior Masculino	01:03:57	+30:40	06:24
50	1224	Tiago Samuel da Mata Colao	Individual	Senior Masculino	01:08:03	+34:47	06:48
51	1180	Andr� Caetano	Individual	Senior Masculino	01:10:59	+37:42	07:06
52	1182	Bernardo Galante	Individual	Senior Masculino	01:12:33	+39:17	07:15
53	1484	Rui Alexandre Antunes Barcelos	Zecas	Senior Masculino	01:14:17	+41:00	07:26
54	1195	Francisco Jos� Silva Costa	Individual	Senior Masculino	01:17:34	+44:18	07:45
55	1109	Rui Carvalho	Corredoras da gin�stica	Senior Masculino	01:18:42	+45:26	07:52

Veterana F35

1	1037	Joana Hipólito	ASSOCIAÇÃO CULTURAL SAMBRASENSE	Veterana F35	44:47	+11:31	04:29
2	1114	Cláudia Nunes	Desafios Positivos D+	Veterana F35	45:49	+12:33	04:35
3	1458	Inês Domingues	RexRunners	Veterana F35	47:19	+14:03	04:44
4	1229	Ana Carolina Mira	Individual	Veterana F35	51:46	+18:30	05:11
5	1236	Inês Maria de Figueiredo Marques dos Santos	Individual	Veterana F35	52:23	+19:06	05:14
6	1231	Cláuda Sofia Oliveira	Individual	Veterana F35	54:59	+21:42	05:30
7	1237	Jakeline Guimarães Batista	Individual	Veterana F35	56:01	+22:44	05:36
8	1459	LÍDIA JORGE	RexRunners	Veterana F35	57:57	+24:41	05:48
9	1017	TÂNIA SANTOS	ACADEMIA100%	Veterana F35	58:51	+25:35	05:53
10	1457	Célia Domingues	RexRunners	Veterana F35	59:55	+26:38	06:00
11	1234	Débora Vargas	Individual	Veterana F35	01:02:04	+28:48	06:12
12	1466	Alice Apolonia	RUNNING ESPINHO	Veterana F35	01:03:06	+29:50	06:19
13	1228	Adriana Palmeiro	Individual	Veterana F35	01:04:26	+31:10	06:27
14	1042	Ana Duarte	Associação Desportiva Cultural e Recreativa de Paço dos Negros	Veterana F35	01:05:24	+32:07	06:32
15	1242	Tânia Martins	Individual	Veterana F35	01:05:36	+32:20	06:34
16	1233	Daniela Sofia Belo Pascoal	Individual	Veterana F35	01:08:38	+35:22	06:52
17	1232	Claudia Feijão	Individual	Veterana F35	01:09:22	+36:06	06:56
18	1241	Susana Margarida da Silva Batista	Individual	Veterana F35	01:11:02	+37:46	07:06
19	1111	Rozitta Silva	CUA Benaventense - 3B Triatlo	Veterana F35	01:13:07	+39:51	07:19
20	1137	Carina Sofia Ferreira Silva	Grupo Desportivo Santander Totta	Veterana F35	01:13:22	+40:06	07:20

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21	1092	Verónica Paiva	CLUBE CANHÃO	Veterana F35	01:16:00	+42:44	07:36
22	1091	Núria Marques	CLUBE CANHÃO	Veterana F35	01:26:31	+53:15	08:39
23	1230	Andreia Oliveira	Individual	Veterana F35	01:53:29	+01:20:13	11:21

Veterana F40

1	1258	Rita Alexandra Pereira dos Reis	Individual	Veterana F40	50:50	+17:34	05:05
2	1247	Ana Rita Neves	Individual	Veterana F40	54:36	+21:19	05:28
3	1005	Ana Rodrigues	A20kms - Desportos de Montanha	Veterana F40	57:02	+23:46	05:42
4	1259	Rita Sofia Almeida Russo	Individual	Veterana F40	58:06	+24:50	05:49
5	1440	Sandra Arraias	Os Arraias	Veterana F40	58:57	+25:41	05:54
6	1257	Regiane Fichtner	Individual	Veterana F40	59:19	+26:03	05:56
7	1245	Ana Monteiro	Individual	Veterana F40	59:27	+26:11	05:57
8	1251	Elisangela Oliveira	Individual	Veterana F40	01:01:56	+28:40	06:12
9	1246	Ana Rita Freire	Individual	Veterana F40	01:02:23	+29:07	06:14
10	1012	Mónica Apolinário	Associação 20Kms de Almeirim	Veterana F40	01:03:25	+30:09	06:21
11	1253	Inês Gonçalves	Individual	Veterana F40	01:03:45	+30:29	06:23
12	1255	Margarida de Jesus Nunes	Individual	Veterana F40	01:03:47	+30:31	06:23
13	1252	Filipa Oliveira	Individual	Veterana F40	01:06:11	+32:54	06:37
14	1250	Daphne van Winkel	Individual	Veterana F40	01:06:11	+32:55	06:37
15	1249	Cláudia da Silva Martins	Individual	Veterana F40	01:09:13	+35:57	06:55
16	1254	Joana Santos	Individual	Veterana F40	01:15:06	+41:50	07:31
17	1026	Sofia Quitério	ADAR - Associação Desportiva de Aldeia da Ribeira	Veterana F40	01:16:49	+43:33	07:41
18	1093	Diana Flor	CLUBE CANHÃO	Veterana F40	01:26:31	+53:15	08:39

Veterana F45

1	1150	Helena Moreira	HeCaTEAM	Veterana F45	45:01	+11:45	04:30
2	1425	LUISA JORGE	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F45	45:21	+12:05	04:32
3	1497	Claudia Simão	Individual	Veterana F45	50:01	+16:44	05:00
4	1018	CEU GONÇALVES	ACADEMIA100%	Veterana F45	55:27	+22:11	05:33
5	1275	Susana Maria Varela Guedes Madeira	Individual	Veterana F45	58:03	+24:47	05:48
6	1469	Maria Santos	Singarunners	Veterana F45	01:00:12	+26:56	06:01
7	1269	Marta Sofia Silva Pernas	Individual	Veterana F45	01:00:24	+27:08	06:02
8	1500	sakura de raynal	Individual	Veterana F45	01:00:54	+27:38	06:05
9	1268	Marisa Lopes de Freitas	Individual	Veterana F45	01:04:26	+31:09	06:27
10	1138	Andreia Sofia Costa Bandeira	Grupo Desportivo Santander Totta	Veterana F45	01:07:23	+34:07	06:44
11	1267	Marisa Jacinta da Fonseca Pereira	Individual	Veterana F45	01:08:39	+35:23	06:52
12	1273	Sónia Lobato	Individual	Veterana F45	01:08:41	+35:25	06:52
13	1265	Liliana Nunes Tome Bento	Individual	Veterana F45	01:10:11	+36:55	07:01
14	1263	Anabela Maurício Semedo	Individual	Veterana F45	01:10:59	+37:43	07:06
15	1270	Patricia Alexandra Figueiredo Mendes	Individual	Veterana F45	01:11:02	+37:46	07:06
16	1132	Salete Serrano	GDCR Graça do Divor	Veterana F45	01:11:17	+38:01	07:08
17	1264	Ângela Cristina Cruz Martins	Individual	Veterana F45	01:14:56	+41:40	07:30

10 Km

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OFFICIAL RESULT

18	1027	Catarina Machado	ADAR - Associação Desportiva de Aldeia da Ribeira	Veterana F45	01:16:49	+43:33	07:41
19	1004	Susana Sérgio	A20kms - Desportos de Montanha	Veterana F45	01:19:37	+46:21	07:58
20	1274	Sónia Rodrigues Pereira da Silva	Individual	Veterana F45	01:23:53	+50:36	08:23
21	1271	Rosa Almeida	Individual	Veterana F45	01:24:46	+51:30	08:29
22	1446	Sandra Caratão	os tartarugas	Veterana F45	01:38:38	+01:05:22	09:52
23	1262	Ana Paula Teixeira	Individual	Veterana F45	01:38:46	+01:05:30	09:53
24	1266	Manuela Martins	Individual	Veterana F45	01:42:18	+01:09:02	10:14

Veterana F50

1	1053	Maria Mocisso	Bombeiros Voluntários De Montemor-O-Novo	Veterana F50	50:22	+17:06	05:02
2	1284	Stenia Roberia Sousa Figueiredo	Individual	Veterana F50	55:35	+22:19	05:34
3	1475	Alexandra Abreu	Trilhos de Viana	Veterana F50	01:00:06	+26:50	06:01
4	1278	Helena Maria Matos Jorge	Individual	Veterana F50	01:00:19	+27:03	06:02
5	1100	XANA FILIPE	Clube novobanco	Veterana F50	01:00:29	+27:13	06:03
6	1276	Carla Guerreiro	Individual	Veterana F50	01:03:54	+30:37	06:23
7	1099	Manuela Lopes	Clube novobanco	Veterana F50	01:04:26	+31:09	06:27
8	1280	Paula Oliveira	Individual	Veterana F50	01:08:53	+35:37	06:53
9	1285	Vanda Lamúria	Individual	Veterana F50	01:11:08	+37:51	07:07
10	1279	Lúcia Silva	Individual	Veterana F50	01:12:26	+39:10	07:15
11	1277	Elia Granja	Individual	Veterana F50	01:13:33	+40:17	07:21
12	1052	Graça Lopes	Bombeiros Voluntários De Montemor-O-Novo	Veterana F50	01:25:35	+52:18	08:34
13	1281	Sandra Isabel	Individual	Veterana F50	01:44:16	+01:11:00	10:26

Veterana F55

1	1133	PAULA MARTINS	GDR OS FIXES	Veterana F55	55:50	+22:34	05:35
2	1295	Paula Matos	Individual	Veterana F55	57:56	+24:39	05:48
3	1289	Gina Oliveira	Individual	Veterana F55	01:02:27	+29:11	06:15
4	1287	Elisabete Bento Narciso Venâncio	Individual	Veterana F55	01:02:29	+29:13	06:15
5	1286	ana daniel	Individual	Veterana F55	01:10:15	+36:59	07:02
6	1293	Kristina Hookom Brack	Individual	Veterana F55	01:11:21	+38:05	07:08
7	1019	Cristina Marcos	ACADEMIA100%	Veterana F55	01:19:34	+46:18	07:57
8	1291	Isabel Garcia	Individual	Veterana F55	01:34:58	+01:01:41	09:30

Veterana F60

1	1296	Ana Paula Pinto	Individual	Veterana F60	01:01:31	+28:15	06:09
2	1067	CONCEIÇÃO PEREIRA	CA VALE FIGUEIRA	Veterana F60	01:04:08	+30:52	06:25
3	1298	Isabel América	Individual	Veterana F60	01:07:53	+34:37	06:47
4	1297	Elisabete Branco	Individual	Veterana F60	01:09:39	+36:23	06:58
5	1494	Patricia Pedro	Casa do Benfica em Algueirão Mem Martins	Veterana F60	01:12:47	+39:31	07:17

10 KM

OFFICIAL RESULT

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Veterana F65

Veterana F65

Veterano M35

Veterano M35

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10 KM

OFFICIAL RESULT

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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10 Km

10 KM

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OFFICIAL RESULT

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37	1335	João Ricardo Inácio Rosa Liz	Individual	Veterano M40	01:14:56	+41:40	07:30
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Veterano M45

1	1112	João Caniço	CUA Benaventense - 3B Triatlo	Veterano M45	38:54	+05:38	03:53
2	1151	Nuno Silva	HeCaTEAM	Veterano M45	39:05	+05:49	03:55
3	1368	Paulo Tavares	Individual	Veterano M45	42:51	+09:35	04:17
4	1068	Nuno Salgado	CA VALE FIGUEIRA	Veterano M45	43:11	+09:55	04:19
5	1095	Marco Paulo Estêvão Franco	Clube de Atletismo de Ferreira do Zêzere	Veterano M45	45:44	+12:28	04:34
6	1479	Carlos Baptista	TURBOLENTOS	Veterano M45	50:44	+17:28	05:04
7	1453	Óscar Martins	Pápa - Léguas	Veterano M45	50:55	+17:38	05:06
8	1079	Diogo Cavalheiro	Cavalheiros	Veterano M45	51:01	+17:45	05:06
9	1353	Carlos Monteiro	Individual	Veterano M45	51:21	+18:05	05:08
10	1354	Catalin Lala	Individual	Veterano M45	52:37	+19:21	05:16
11	1364	Marco Alexandre Neves Madeira	Individual	Veterano M45	53:45	+20:28	05:23
12	1360	João Raquel	Individual	Veterano M45	56:11	+22:55	05:37
13	1355	Fabio Rodrigo Zaccantte	Individual	Veterano M45	56:30	+23:14	05:39
14	1472	Luis Rosa	Tertúlia do Reirão	Veterano M45	57:27	+24:11	05:45
15	1371	VALTER TAINHA	Individual	Veterano M45	57:31	+24:14	05:45
16	1056	Joaquim Santos	Bombeiros Voluntários De Montemor-O-Novo	Veterano M45	57:47	+24:31	05:47
17	1370	Tiago Felicia	Individual	Veterano M45	59:31	+26:15	05:57
18	1367	Paulo Jorge Marques Anunciacao	Individual	Veterano M45	01:01:44	+28:28	06:10
19	1350	Antonio Jorge Marques Anunciação	Individual	Veterano M45	01:01:45	+28:28	06:11
20	1356	Francisco José Martins Gomes	Individual	Veterano M45	01:03:20	+30:04	06:20
21	1010	João Cavaleiro	Associação 20Kms de Almeirim	Veterano M45	01:03:25	+30:09	06:21
22	1357	Hélder Moreira	Individual	Veterano M45	01:03:41	+30:25	06:22
23	1498	Rogério Palmeiro	Individual	Veterano M45	01:05:14	+31:57	06:31
24	1359	João Miguel dos Santos Cavaleiro	Individual	Veterano M45	01:07:04	+33:48	06:42
25	1141	CELIO JOSE VIDINHA ANASTACIO	Grupo Desportivo Santander Totta	Veterano M45	01:07:23	+34:07	06:44
26	1121	André CRuz	Digital Manager Guru	Veterano M45	01:09:35	+36:19	06:58
27	1369	Ricardo Fonseca	Individual	Veterano M45	01:09:35	+36:19	06:58
28	1361	Jorge Carvalho	Individual	Veterano M45	01:11:12	+37:56	07:07
29	1431	Telmo Marques	Lartel	Veterano M45	01:11:23	+38:06	07:08
30	1057	Nuno Marques	Bombeiros Voluntários De Montemor-O-Novo	Veterano M45	01:25:34	+52:18	08:33
31	1363	Ludovico do Rio	Individual	Veterano M45	01:38:46	+01:05:30	09:53

Veterano M50

1	1045	Américo Pereira	Associação Vale Grande	Veterano M50	41:37	+08:20	04:10
2	1135	João Carlos Ribeiro Canas	GRF Benedita- Atletismo	Veterano M50	42:05	+08:49	04:13
3	1439	MIGUEL SOUSA	Núcleo de Atletismo "Os Papagaios de Cascais"	Veterano M50	42:29	+09:13	04:15

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10 Km

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OFFICIAL RESULT

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4	1385	Luís Caetano	Individual	Veterano M50	43:20	+10:04	04:20
5	1064	Daniel Lourenço	CA Barreira	Veterano M50	43:41	+10:25	04:22
6	1376	Carlos Caeiro	Individual	Veterano M50	44:07	+10:50	04:25
7	1080	Alexandre Cavalheiro	Cavalheiros	Veterano M50	44:49	+11:33	04:29
8	1105	Luis Mota	Clube OGMA	Veterano M50	47:45	+14:29	04:47
9	1386	Luis Miguel Gameiro Inácio Lopes Lopes	Individual	Veterano M50	49:04	+15:48	04:54
10	1387	Miguel Carreira	Individual	Veterano M50	49:37	+16:20	04:58
11	1399	Sérgio Luís Troeira	Individual	Veterano M50	49:40	+16:24	04:58
12	1392	Nuno Manuel Pires Nunes	Individual	Veterano M50	50:37	+17:21	05:04
13	1379	Hélder Amílcar De Oliveira António	Individual	Veterano M50	51:25	+18:09	05:09
14	1024	Luís Miguel Casimiro Rodrigues	ACPortalegre/UTSM	Veterano M50	51:30	+18:14	05:09
15	1395	Pedro Neves	Individual	Veterano M50	53:00	+19:44	05:18
16	1029	José Ferreira	alcobela	Veterano M50	53:37	+20:20	05:22
17	1076	Rogério Luis	Casa do Benfica em Algueirão Mem Martins	Veterano M50	54:07	+20:51	05:25
18	1380	hernani madeira	Individual	Veterano M50	54:18	+21:01	05:26
19	1397	Rui Jorge Nunes Gonçalves	Individual	Veterano M50	54:32	+21:16	05:27
20	1377	Evan Farmer	Individual	Veterano M50	54:50	+21:34	05:29
21	1396	Ricardo Vicente Lopes Gonçalves	Individual	Veterano M50	54:52	+21:35	05:29
22	1483	Nuno Bernardo	Vimos pela Sopa!	Veterano M50	55:29	+22:13	05:33
23	1390	Nuno Ferreira	Individual	Veterano M50	55:46	+22:30	05:35
24	1022	RUI FROIS	ACADEMIA100%	Veterano M50	58:51	+25:35	05:53
25	1373	António Martins	Individual	Veterano M50	59:29	+26:13	05:57
26	1389	Nelson Patrício	Individual	Veterano M50	01:00:03	+26:47	06:00
27	1381	João Filipe Santos Quina Bento	Individual	Veterano M50	01:00:09	+26:53	06:01
28	1382	Joaquim Tomé	Individual	Veterano M50	01:00:12	+26:56	06:01
29	1400	Sérgio Mendes	Individual	Veterano M50	01:01:34	+28:18	06:09
30	1375	Carlos Anunciação	Individual	Veterano M50	01:01:49	+28:33	06:11
31	1401	Vitor Jose Pisco Martins	Individual	Veterano M50	01:02:17	+29:01	06:14
32	1035	Arlindo Florindo	Asas nos Pés	Veterano M50	01:02:25	+29:09	06:15
33	1378	Filipe Vargas	Individual	Veterano M50	01:03:06	+29:50	06:19
34	1462	António Martins	Run2Finish.PT	Veterano M50	01:03:15	+29:58	06:20
35	1383	Joaquim Guerreiro	Individual	Veterano M50	01:03:54	+30:38	06:23
36	1113	Nuno Cordeiro	CUA Benaventense - 3B Triatlo	Veterano M50	01:05:51	+32:35	06:35
37	1394	Paulo Rosado	Individual	Veterano M50	01:07:50	+34:33	06:47
38	1146	Hélder Figueiredo	Grupo Barraqueiro	Veterano M50	01:11:56	+38:40	07:12
39	1449	Luis Cotrim	os tartarugas	Veterano M50	01:13:09	+39:53	07:19
40	1388	Miguel Ferreira	Individual	Veterano M50	01:13:33	+40:17	07:21
41	1374	Bruno Roque	Individual	Veterano M50	01:15:08	+41:52	07:31
42	1450	Sérgio Conceição	os tartarugas	Veterano M50	01:22:40	+49:24	08:16

Veterano M55

1	1103	LUIS GODINHO	Clube novobanco	Veterano M55	42:05	+08:49	04:13
2	1038	PAULO SANTOS	ASSOCIAÇÃO CULTURAL SAMBRASENSE	Veterano M55	46:22	+13:06	04:38

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10 Km

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OFFICIAL RESULT

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3	1025	Luís Maurício	ACPortalegre/UTSM	Veterano M55	49:16	+16:00	04:56
4	1058	Carlos Madeira	Bombeiros Voluntários De Montemor-O-Novo	Veterano M55	49:53	+16:37	04:59
5	1402	Carlos Rosado	Individual	Veterano M55	50:05	+16:48	05:01
6	1412	Sérgio Rui da Silveira Lança Carinhas	Individual	Veterano M55	51:02	+17:46	05:06
7	1410	Quiterio Correia Paulo	Individual	Veterano M55	52:15	+18:58	05:14
8	1031	Luis ferreira	alcobela	Veterano M55	53:16	+19:59	05:20
9	1104	PAULO VERISSIMO	Clube novobanco	Veterano M55	53:19	+20:03	05:20
10	1405	Jorge Silva	Individual	Veterano M55	53:35	+20:19	05:22
11	1123	António Barbas	Filsat	Veterano M55	54:13	+20:57	05:25
12	1407	Luís Miguel Saturnino Pinhão	Individual	Veterano M55	54:35	+21:18	05:28
13	1049	Nuno Nunes	Benecar Runners	Veterano M55	54:58	+21:42	05:30
14	1411	Ricardo Matos	Individual	Veterano M55	55:01	+21:45	05:30
15	1143	Carlos Manuel Barata Bras	Grupo Desportivo Santander Totta	Veterano M55	55:59	+22:43	05:36
16	1403	Diogo Carlos Tiçao Santos Pereira Dias	Individual	Veterano M55	57:37	+24:20	05:46
17	1404	Jorge Bruno Barbosa	Individual	Veterano M55	58:16	+25:00	05:50
18	1406	Luís Lopes	Individual	Veterano M55	58:55	+25:39	05:54
19	1460	Luís Manuel Abreu	Rodoeste Lda.	Veterano M55	01:00:47	+27:31	06:05
20	1408	Paulo Silva	Individual	Veterano M55	01:01:06	+27:50	06:07
21	1102	FERNANDO FILIPE	Clube novobanco	Veterano M55	01:12:32	+39:16	07:15

Veterano M60

1	1419	Jose Vital	Individual	Veterano M60	44:09	+10:52	04:25
2	1417	José Garraão	Individual	Veterano M60	50:57	+17:41	05:06
3	1414	Eurico Gomes	Individual	Veterano M60	52:36	+19:20	05:16
4	1147	José Manuel Pereira	Grupo Barraqueiro	Veterano M60	52:44	+19:28	05:16
5	1416	João Rodrigues	Individual	Veterano M60	54:30	+21:14	05:27
6	1427	Jose Luis Martins	Jose Luis Martins	Veterano M60	56:12	+22:56	05:37
7	1023	Joaquim carpinteiro	ACADEMIA100%	Veterano M60	57:04	+23:48	05:42
8	45	Carlos Azevedo	Barca delta	Veterano M60	58:00	+24:44	05:48
9	1087	João Paulo Luís	Chester team	Veterano M60	58:51	+25:35	05:53
10	1032	Gabriel antonio	alcobela	Veterano M60	59:25	+26:09	05:57
11	1463	Adelino Pereira	Run2Finish.PT	Veterano M60	59:44	+26:27	05:58
12	1413	Carlos Alberto Marques dos Santos	Individual	Veterano M60	01:00:30	+27:14	06:03
13	1418	Jose Paulo Lopes Costa	Individual	Veterano M60	01:03:01	+29:44	06:18
14	1464	Joaquim Simão	Run2Finish.PT	Veterano M60	01:03:14	+29:58	06:19
15	1144	Paulo Jose Silva Coelho	Grupo Desportivo Santander Totta	Veterano M60	01:10:43	+37:27	07:04
16	1086	Ilidio Vicente	Chamusca Trail	Veterano M60	01:22:28	+49:12	08:15
17	1415	Fernando Martins	Individual	Veterano M60	01:42:20	+01:09:03	10:14

Veterano M65

1	1060	José Caravela	Bombeiros Voluntários De Montemor-O-Novo	Veterano M65	47:13	+13:56	04:43
2	1424	Vitor Ribeiro	Individual	Veterano M65	48:11	+14:55	04:49

10 Km

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OFFICIAL RESULT

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3	1059	Abílio Catarro	Bombeiros Voluntários De Montemor-O-Novo	Veterano M65	51:00	+17:44	05:06
4	1149	JOSE MONTEIRO	GRUPO DESPORTIVO SAO DOMINGOS	Veterano M65	52:13	+18:57	05:13
5	1134	Carlos Gomes	Gomes & Figas	Veterano M65	52:59	+19:43	05:18
6	1065	Jorge Agostinho	CA Barreira	Veterano M65	53:01	+19:45	05:18
7	1061	Manuel António	Bombeiros Voluntários De Montemor-O-Novo	Veterano M65	56:32	+23:16	05:39
8	1421	Carlos Arraiolos	Individual	Veterano M65	59:31	+26:15	05:57
9	1422	Jose Julio Anastacio	Individual	Veterano M65	59:54	+26:38	05:59
10	1423	Malcolm Barber	Individual	Veterano M65	01:02:49	+29:33	06:17
11	1465	Manuel Torres	Run2Finish.PT	Veterano M65	01:03:29	+30:13	06:21
12	1069	ANTÓNIO CAMACHO	CA VALE FIGUEIRA	Veterano M65	01:05:19	+32:03	06:32
13	1072	Virgílio Nascimento	CA VALE FIGUEIRA	Veterano M65	01:05:19	+32:03	06:32
14	1071	JOSÉ LINDO	CA VALE FIGUEIRA	Veterano M65	01:08:03	+34:47	06:48
15	1098	Jorge Paulino	Clube Desportivo de Mafra	Veterano M65	01:08:11	+34:55	06:49
16	1097	Diamantino Albuquerque	Clube Desportivo de Mafra	Veterano M65	01:08:11	+34:55	06:49
17	1495	José Inocêncio	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:09:07	+35:51	06:55
18	1481	Manuel Azevedo	Veteranos de Massama	Veterano M65	01:21:13	+47:57	08:07
19	1077	Joaquim Grilo	Casa do Benfica em Algueirão Mem Martins	Veterano M65	01:24:24	+51:08	08:26
20	1441	Diogo Arraias	Os Arraias	Veterano M65	01:24:24	+51:08	08:26
21	1493	José António Flor	Individual	Veterano M65	01:29:01	+55:44	08:54